



Gilford Steamer

THURSDAY, JANUARY 26, 2017

GILFORD, N.H. - FREE

School board working on goals

BY ERIN PLUMMER
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Community outreach, capital projects, and curriculum development are some of the goals being brought to fruition by the Gilford School Board.

Superintendent Kirk Beitler updated the board of selectmen on the school board's goals and activity in the school district during a regular update to the board on Jan. 11.

Beitler said they have seen a little dip in enrollment and it is projected to dip a little more.

"We want to make sure with those dips we're keeping up with what we need to do with staffing, capital improvements," Beitler said.

One goal is to create a committee to evaluate the school district's World Language program. Last year a resident made an amendment at the

deliberative session adding money back into the budget for a world language teacher at Gilford elementary School. The voters rejected the amended budget, though the school board decided it wanted to look closer at world language

Another goal is to monitor the K-8 Eureka Math program, which is in its first year of implementation.

The district has been working with students on writing across the curriculum, strengthening students' writing skills across all subjects.

"Writing and communicating is one of the skills we must instill in our students," Beitler said.

As part of their Families and Communities goals, the Gilford School Board has been meeting twice a year with the Gilmanton School Board and started curriculum meetings with the Gilman-

ton School District. Beitler also praised the work of two differ-

ent student and community organizations: the Gilford PTA and

the revamped Gilford Together groups. The PTA and Gilford

Together will be holding community pre-

SEE SCHOOL PAGE A10



ERIN PLUMMER

"Legally Blonde" opens tonight!

Gilford Middle School students will share Elle Woods' unexpected journey to become an attorney in the upcoming musical "Legally Blonde, Jr." The show will take the stage at the Gilford High School Auditorium Thursday through Saturday, Jan. 26-28.



COURTESY

Camp Resilience vets enjoy Mindful Eating class

LRGH's Elizabeth White, Registered Dietitian, recently conducted a Mindful Eating class at the Laconia Elks Lodge for a group of Camp Resilience veterans. The veterans came from Vermont, Connecticut, Massachusetts and New Hampshire for this session and spent four days filled with recreational activities, life skills sessions and facilitated discussions on emotional health, PTSD coping mechanisms and dealing with addictive behaviors. Ms. White taught the vets a life-skills session centering on healthy eating habits and food preparation. After the classroom portion, the vets rolled up their sleeves and prepared their own nutritious chicken and vegetable lunch under the guidance of Ms. White. The Patriot Resilient Leader Institute, parent organization for Camp Resilience, extends its sincere thanks to Laconia Elks Lodge 876 for the use of their kitchen and dining area. Thanks also to LRGHealthcare for offering Elizabeth White's time and talent as part of its community outreach to help veterans. For more information about Camp Resilience and how you can help, please visit the Web site at www.prii.us.

Full Gilford warrant to be posted soon

BY ERIN PLUMMER
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Articles for a transfer station, a few fire engine, and town hall improvements are some of the money-related articles on this year's draft warrant in Gilford. A public hearing was held on the draft warrant on Jan. 12, and some details have been changed and discussed since. The last day for the formal warrant to be posted is Jan. 30.

Articles 6 and 7 are for two projects requiring bonds.

Article 6 calls for the town to raise and appropriate \$950,000 for

improvements to the recycling center and to establish a solid waste transfer station.

Article 7, calling for the raising and appropriation of \$725,000 for improvements to the

two sewer pump stations on Varney Point.

The general operating budget will be decided in Article 8. Voters will decide on a proposed budget of

SEE WARRANT PAGE A11

Town, school office filing period open now through Feb. 3

BY ERIN PLUMMER
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Registered Gilford voters can file to get their names on the ballot for town and school offices starting this week.

Filing for town and school district offices opened on Wednesday, Jan. 25 and will continue until 5 p.m. on Friday, Feb. 3. All candidates must be registered voters in Gilford to file.

One position is open on the board of selectmen for a three-year term. Richard Grenier currently occupies that office.

The office of town clerk/tax collector is open for filing for a three-year term. The current town clerk/tax collector is Denise Gonyer.

A three-year term as town treasurer is open for filing. Karen Saunders currently holds the position.

The town is seeking candidates for one three-year position as trustee of the trust funds, a position currently held by Donald Clarke.

There is one three-year position open for library trustee, currently held by Kate Bishop Hamel.

One three-year position for cemetery trustee, currently held by Dee Chitty, is open for filing.

The board of Fire Engineers has one position open for a three-year term. Don Spear currently holds that position.

There are three open positions on the Budget Committee, each for a three-year term. Currently Kevin Leandro, Susan Greene, and Geoff Ruggles are in those seats.

Filing hours at the town clerk's office are 8 a.m.-4:30 p.m. Mon-SEE FILING PAGE A11

Coffeehouse brings out student talent at GHS

BY ERIN PLUMMER
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Students displayed a wide variety of talents in front of their peers during Gilford High School's annual Coffeehouse event.

Students from across all grades and all forms of talent performed on Thursday night during the special event in the Performing Arts Department. The chorus room was turned into a little coffeehouse with special lighting, decorations, and plenty of coffee and snacks.

A student committee organized Coffeehouse, and the students did the majority



ERIN PLUMMER

Ryan Hutchins and Brian Hogan face off in a rap battle during Coffeehouse at Gilford High School.

SEE COFFEEHOUSE PAGE A12

Notes from the Gilford Public Library

BY MARK THOMAS

Library Correspondent

1. Did you know, the moon used to be composed of a substance that was almost, but not quite, entirely unlike tea?

2. Thirty-four percent of dogs are allergic to Cheerios.

3. According to a study of 7,804 students conducted at Stanford University, most students have a difficult time distinguishing reliable news from fake or misinforming news. Of those three statements, I can only verify #3. Turns out, it is surprisingly easy to make up news.

The study tested middle school students to see if they could distinguish fake news from substantiated news, and the researchers were surprised by the results. When presented with an imgur.com post, for example, of a stock photo of deformed daisies claiming to be 'nuclear birth defects' from Japan's Fukushima Daiichi nuclear disaster, some students believed that the compelling image was strong evidence about the conditions at that site in Japan even though there was no proof or citation linking the image to the site.

When we are careless about the infor-

mation we consume, we become susceptible to inaccurate and misleading information that is promoted as true. Worse, when we are careless in talking about what we assume to be true, we run the risk of spreading misinformation. This week, I will try to be as certain with what I write so as not to add to the problem.

I believe the spread of misinformation through fake news is harmful to consumers. I believe this because it seems like having access to reliable information is critical to making educated decisions. I assume that educated decisions are preferable to uneducated decisions or decisions based on misinformation. Therefore, quality of information is important no matter who you are or what you are trying to accomplish. One of the roles of the library is to help people find quality information.

With the advent of online news sources, proliferation of fake news may be more prevalent than ever. I could post 'facts' like #1 and #2 on a 'news' website and make it appear reputable without much difficulty. The difficult task is for the consumer.

It is up to us as read-

ers, viewers, citizens, and content creators to be discerning about what media we consume. If we are careful, and if we educate ourselves to better identify fake news when it is presented to us, then we will be better informed. I used to get so angry at my teacher for saying, 'You may not use Wikipedia as a resource.' Wikipedia articles are so concise and accessible! Now I know that, though the articles are improving, they are often written by volunteers with unclear qualifications. Instead, go to the bottom of the page and follow the citations for more original sources.

The trouble is that verifying news, especially the news you glance at over a cup of coffee in the morning, is hard... and time consuming... and way less interesting than a Buzzfeed top ten list. It feels like work. Professional fields value detailed citations with reputable sources because the information is useful or not (damaging at worst) according to its reliability. When someone posts a statistic on Facebook it hardly seems as critical, but that information affects us just the same. It's just so easy to assume its true and that someone else fact checked it before it

was published. I say, 'No.' Our standards are higher than that. When someone claims '34 percent of dogs are allergic to Cheerios' without a scrutinized source, I do myself a huge favor just by thinking, 'Hold on, that may not be true.' Then, if I want to, I can research it further.

With our powers combined, we can fight fake news and improve the information that we base our decisions on. We work to find reliable information all the time at the library, and we have access to some of the best resources to do so, so just ask next time you want to be sure. Ensuring quality and accessible information is kind of our thing. Visit <https://sheg.stanford.edu/upload/V3LessonPlans/Executive%20Summary%2011.21.16.pdf> to read the summary of the Stanford University study for yourself.

Classes & Special Events Jan. 26 to Feb. 1

Thursday, Jan. 26
Music and Movement, 10:30-11:30 a.m.

Brown Bag Book Discussion, 12:30-1:30 p.m.

This month's book is Persepolis by Marjane Satrapi, described as "A dazzlingly singu-

lar achievement." This discussion will be led by Mark Thomas and copies of the book are available at the front desk.

Magic the Gathering Club, 2:30-3:30 p.m.

Conversational French, 3:30-4:30 p.m.

Evening Book Discussion, 6-7 p.m.

See 'Brown Bag Book Discussion' above.

Friday, Jan. 27
Social Bridge, 10:30 a.m.-12:30 p.m.

Storytime, 10:45-11:45 a.m.

Knit Wits, 1:30-2:30 p.m.

Conversational German, 2:30-3:30 p.m.

Monday, Jan. 30
Mahjong, 12:30-3 p.m.

Little Builder's Club, 1:30-2:30 p.m.

Join us for an unstructured time to build with blocks, Duplo, Legos, and more! Ages three to six.

Lego Club, 3:30-4:30 p.m.

Tuesday, Jan. 31
Board Books and Bubbles, 10-10:30 a.m.

Rhymes, songs, stories, and play for babies and toddlers. For roughly newborns to two year olds.

Fiber Friends, 10 a.m.-12:30 p.m.

Social Bridge, 10:30 a.m.-12:30 p.m.

Storytime, 10:45-

11:45 a.m.

Makerspace Club, 3:15-4:30 p.m.

Eight to 11 year olds are invited to sign up for this three week program meeting Jan. 17, 24, and 31 from 3:15-4:30 p.m. This month's theme is WoodWorking! Put on by the Gilford Public Library, the Gilford Youth Center, and the Gilford Parks and Rec. Funded by the Friends of the Gilford Public Library.

Book Bites Cookbook Club, 5-6:30 p.m.

Join us for Book Bites! Share your favorite recipes and sample some home-cooked meals - all revolving around a fun monthly theme. January's theme is soup! Cost is \$5. Please sign up at the Circulation Desk with your library card.

Wednesday, Feb. 1
Line Dancing, 9-10:30 a.m.

Check Out an Expert, 10 a.m.-noon

Let's Play Teen Club, 3-4 p.m.

Let's Play all kinds of games! Video games, party games, board games. Let's talk about the games we love and the games we want to play as we snack on nice things. Let's talk about making games and how we could totally design games better than the game development companies. Teens. Gaming. Food.

Gilford Public Library Top Ten Requests

1. "A Man Called Ove" by Fredrik Backman
2. "Never Never" by James Patterson
3. "Night School" by Lee Child
4. "The Whistler" by John Grisham
5. "Cross the Line" by James Patterson
6. "No Man's Land" by David Baldacci
7. "Sleepwalker" by Chris Bohjalian
8. "Small Great Things" by Jodi Picoult
9. "Born A Crime" by Trevor Noah
10. "This Was a Man" by Jeffrey Archer

GILFORD POLICE LOG

The Gilford Police Department responded to 194 calls for service and made the following arrests during the week of Jan. 17-23. Please note that the names of juveniles, and those of individuals taken into protective custody but not formally charged,

have been withheld.

Dennis Blais, age 40, of Laconia was arrested on Jan. 17 for Receiving Stolen Property.

Allen Spencer Fish, age 20, of Laconia was arrested on Jan. 18 in connection with two outstanding warrants.

Todd M. Nilsson, age 41, of Concord was arrested on Jan. 19 for a False Inspection or Registration Sticker.

Bruce Ellsworth, age 42, of Gilford was arrested on Jan. 19 for Resisting Arrest or De-

tention and Simple Assault.

Steven Richard Persons, age 60, of Gilford was arrested on Jan. 20 for Default or Breach of Bail Conditions and Violation of a Protective Order; Penalty.

Jeffrey Roy, age 24, of Laconia was arrested on Jan. 21 for Aggravated Driving While Intoxicated, Driving After Revocation or Suspension, and illegal transportation of alcoholic beverages by a driver.

Melinda L. McDon-

ald, age 36, of Concord was arrested on Jan. 21 in connection with an outstanding bench warrant.

Raymond Caraballo, age 28, of Bedford, Mass. was arrested on Jan. 21 for Driving Without Giving Proof, Driving After Revocation or Suspension, and Violation of a Protective Order; Penalty.

Amy Horne, age 28, of Gilford was arrested on Jan. 23 in connection with an outstanding bench warrant.

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Area residents share their thoughts on the inauguration of Donald Trump

BY DONNA RHODES

drhodes@salmonpress.news

REGION — President Donald J. Trump was sworn into office at high noon on Friday, Jan. 20, and among the throngs of people who were on hand to witness that historic event in our nation's history was New Hampshire Executive Councilor Joe Kenney.

Kenney, who represents residents of Executive District 1, which encompasses much of central and northern New Hampshire, said he was excited to be on hand for such a momentous occasion.

"This has been a great opportunity to see to our democracy in action and witnessing the American Experience of the transfer of power from one president to another," he wrote in a message to the Salmon Press staff. "The large crowd was enthusiastic and very respectful and peaceful. So proud to be an American and seeing history first-hand being made."

Back home, his constituents had a variety of mixed reactions however.

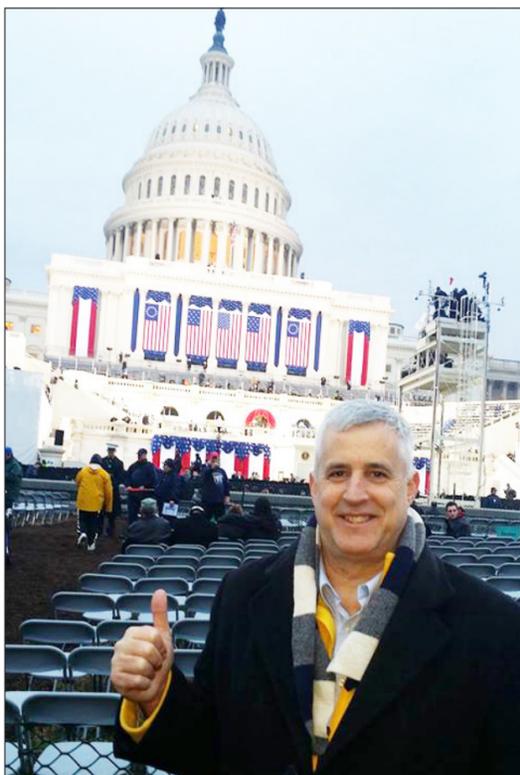
Some patrons of Pauli's Restaurant in Tilton said they would be watching the inauguration as their workday allowed, stating that, no matter whom anyone voted for, the day was still an "historic event in our nation's history."

Employees of the



COURTESY OF COUNCILOR JOE KENNEY

The nation's Capitol was resplendent in red, white and blue last weekend as ceremonies were being prepared for the inauguration of Donald J. Trump as 45th President of the United States.



COURTESY OF COUNCILOR JOE KENNEY

Executive Councilor Joe Kenney gave the thumbs up as he stood before the nation's capitol in the early morning hours of Inauguration Day in Washington, D.C. last Friday.

popular breakfast and lunch spot said that there was a steady stream of people on both sides stopping by before the inauguration.

"I have a military background, so I like his thoughts on boosting security," said one Tilton man as he watched preliminary events unfold on a television inside the restaurant.

Across the region, others disagreed though, feeling Trump's presence as Commander in Chief could be threatening.

"I will not be watching and I fear war is at hand, although I think that would happen no matter who was elected," a Bridgewater woman stated.

A few said they would watch, regardless of who was elected because it was simply "history in the mak-

ing" while another Bridgewater man said, "I will be definitely be watching. I'm excited

SEE INAUGURATION PAGE A11

GILFORD PARKS AND RECREATION NEWS

BY HERB GREENE

Director

Gilford Parks and Recreation

Senior Moment-um Winter Potluck on Jan. 30

The Gilford Parks and Recreation Department will be sponsoring a Senior Moment-um program on Monday, Jan. 30. We will meet at the Community Church, Fellowship Hall at noon for a potluck lunch. Participants are invited to bring a dish to share with the group and join us for a great meal. If you have a copy of the recipe for your dish please feel free to bring it to share with the rest of the group. Participants are asked to RSVP and let us know what they plan to bring by Friday, Jan. 27.

For more information

or to RSVP, please contact the Gilford Parks and Rec. Department at 527-4722.

Boston Celtics bus trip scheduled for March 15

The Gilford and Belmont Parks and Recreation Departments are co-sponsoring a Bus Trip to Boston to see the Celtics take on the Minnesota Timberwolves on Wednesday, March 15. Cost of the trip is \$137 for lower level Loge seats and \$92 upper level balcony seats and includes round trip motor coach from Gilford or Belmont and tickets to the game. Our deluxe motor coach will depart from Gilford High School at 5 p.m. and the Belmont Park & Rideshare (Route 106) at 5:15 p.m. You will have

time to visit the pro-shop and get dinner on your own prior to the game. Our seats are in section #19 (Loge) and 329 (Balcony) for the 7:30 p.m. game. Seats are limited; a registration form must be completed accompanied by payment and tickets are non-refundable.

For more information, please contact the Gilford Parks and Recreation Department at 527-4722 or visit their Web site at www.gilfordrec.com.

Adult snowshoeing program held on Tuesday mornings

The Gilford Parks and Recreation Department is once again sponsoring a series of snowshoe hikes for any

adults looking for fresh air, fun and exercise on Tuesday mornings this winter. Participants will meet in the Gilford Town Hall at 9:30 a.m. prior to each hike. The scheduled hikes continue on Tuesday, Jan. 31 at the GES Nature Trail in Gilford and Tuesday, Feb. 7 at Weeks Woods in Gilford. If you are in need of snowshoes, we do have a limited supply available for each hike at a nominal fee. They may be reserved one hike in advance on a first come basis by calling the Parks and Rec office. All interested participants must RSVP at least one day prior to each hike. The cost of the hikes is \$1 per person, per hike and snowshoe rentals are \$4 per hike.

For more information or to RSVP, please contact the Gilford Parks and Recreation Department at 527-4722.

New Bible studies being offered at UMC

The First United Methodist Church of Gilford is pleased to be offering two chances to participate in several Bible studies.

Starting on Sunday, Jan. 22, at 9 a.m., the First United Methodist Church of Gilford will begin a six-week study "Christianity and World Religions: Wrestling with Questions People Ask." This study is authored by well known United Methodist Pastor Adam Hamilton. The class will be using printed and DVD resources

to guide us in learning more about Hinduism, Buddhism, Judaism, and Islam. The study will respectfully compare their beliefs with Christianity's while striving to build bridges, seek peace, and find authentic and appropriate ways to share our faith in the increasingly diverse world in which we live.

Following on the well-received study of the Gospel of Mark, Pastor Tom Getchell-Lacey will lead a ten-week study of the Gospel of Matthew starting on

Jan. 25. The study books are The Gospel of Matthew Daily Bible Study (volumes 1 and 2) by William Barclay. The class will meet on Wednesday afternoons from 1-2:30 p.m.

To register for either or both of these classes and receive a copy of the guide books, please call the church office at 524-3289. There is a \$15 donation to cover the materials for each of the studies. The Methodist church is located at 18 Wesley Way (off Route 11A, near the 3/11 bypass).



Welcome, April Linda Wright!

MANCHESTER — John and Shannon Wright of Bedford, formerly of Gilford, are thrilled to announce the birth of their daughter, April Linda Wright, at Elliot Hospital on Dec. 27, 2016 at 8:17 a.m.

The nine pound, five ounce baby girl, who measured 20 inches in length, was also welcomed by big sister Melody May Wright, age three, and grandparents mark and Linda Wright and Alan and Diane Cupples.



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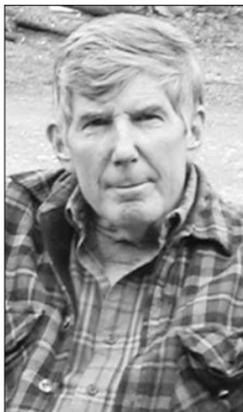
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Pet of the Week: Momma Cat



Life on the streets is tough for cats in any season. Contrary to what humans think, that they can fend for themselves, survival skills are not inherent and have to be learned. Little Momma cat, luckily found herself homeless in the heat of last summer. Luckily a concerned citizen brought her to New Hampshire Humane Society rather than turning a blind eye to her obvious distress. Momma Cat, so named at our shelter, is the epitome of sublime tranquility. She has realized humans

can be trusted, will take care of her and are a source of pleasure and companionship; she's just a little leery of your advances at first, but loves that tickle under the chin. She relishes the company of other cats and creates calmness in our feline social room. Should you be interested in adopting a new pet, think of Momma Cat first. She has those Zen like qualities that will exude peace in your home. Namaste! Check www.nhhumane.org for more details.



By JOHN HARRIGAN
COLUMNIST

Every few weeks--it must be something in the air--it turns out to be Wildlife Week at the South Hill compound. One week, it's snow fleas (yes, there are snow fleas). The next week, big Canada jays.

And then came the bears, bobcats, and coyotes.

The week started off with a couple of Camp Robbers, a.k.a. Whiskey Jacks, a.k.a. gray jays, technically known as Canada Jays. These big birds, bigger than a blue jay, inhabit boreal forest from the northern fringe of the Lower Forty-Eight right on up over the Canadian Shield to the tree line. They are fat, puffy birds when their feathers are all fluffed out, and they grab food, such as a good-sized hunk of fat or gristle, and haul it off to nearby trees, where they sit on branches to tear it apart. At camp, they will take food from your fingers, and occasionally alight on your arm.

When the Canada jays arrived at my feeders, a red squirrel had already taken up residence in a little snow-cave. A red squirrel is a pretty fierce and fast little unit, but the jay is no slouch, and is pretty imposing on account of its size. The squirrel was, as the old-timers would say, askeered.

Along about mid-week I got an e-mail from Sharon Paton, of Moultonborough, and Nelson Dion, with photos of two bears in neighboring trees.

"We were traveling down Black Cat Island Road heading towards Leopard's Leap,

NORTH COUNTRY NOTEBOOK

Whiskey Jacks, bears in trees, and a dramatic scene on the ice



SHARON PATON — COURTESY

Sharon Paton and Nelson Dion were traveling along Winnepesaukee's Black Cat Island when they came upon these two young bears up in the trees. The mother and another juvenile ran off.



www.erniemillsphotography.com © 2017

ERNIE MILLS PHOTOGRAPHY — COURTESY

The coyote was bigger but pound for pound there's nothing like a bobcat, and this photo makes it obvious who backed away.

which is on Lake Winnepesaukee in Moultonborough, and noticed two black figures on some branches," Sharon said. "We noticed two more on the ground. They looked at us and I tried to get a picture but they both moved away from us."

My guess is that they encountered a mother and three cubs, and Mom managed to put the two more obedient young ones up the tree before she quit the scene with the third.

Sharon and Nelson were lucky to come onto such a scene. In normal circumstances bears will hear or smell you coming from quite a distance, and just get out of the way, fast, which is what a wild black bear in wild circumstances is always going to want to do, unless you get between a mother and cubs.

Then came the deer kill on the ice, and competition for the feast.

This deer, apparently

hamstrung by coyotes, dragged itself out onto the ice of the Androscoggin River in Gorham. Coyotes immediately began to grab various portions of its body and tear away, including its nose. Bobcats soon arrived to join in.

This is painful stuff to watch, and this was a very visible and public place. Residents and bystanders called the authorities, but said it was nearly two hours before someone got there to shoot the deer.

What to do in such a circumstance? There are laws on the books saying that you shouldn't do this and you can't do that. But what about the very human, and humane, impulse to do what's right for the animal?

As a hunter I've always been taught to make a clean kill, and never let a wild animal suffer. Ditto for livestock. If all hope is lost, you owe the animal a quick death.

We are all earnestly taught these days to wait for Officialdom. But what if Officialdom is a lot of time and miles away, and a horribly mangled animal is windmilling around?

I'll go to the back of my truck and grab an axe, as I once had to do in the middle of the night on a remote road when I had no gun at hand, and do whatever it takes to put a pitifully suffering animal down. And then if the arriving officer of the law proves unable or unwilling to understand the basic human impulse of it all, I'll take my chances with the judge.

(This column runs in papers covering two-thirds of New Hampshire and parts of Maine and Vermont. Letters should include town and telephone numbers in case of questions. Write to campguyhooligan@gmail.com or Box 39, Colebrook, NH 03576.)

THE WINNIPESAUKEE TALKIE

Want to buy a home? How's your credit?



BY RANDY HILMAN

Thinking of buying a home? Are you what bankers refer to as

"creditworthy?"

A couple of weeks ago, I wrote about some of the things people do to be denied a home loan after having been pre-approved for a mortgage loan; things like changing jobs or buying expensive new snowmobiles, motorcycles and cars.

A few loan officers contacted me to suggest that I write another col-

umn on the process of credit evaluation and why it matters to pay attention to one's credit rating, since it is a key benchmark used by lenders to determine how likely we are to repay on time the money we've borrowed.

Most of you, no doubt, have heard about credit scores. Your credit score is a snapshot of your income, employment status, financial habits and scope of indebtedness. It tells those who lend money how well you manage your debts, and ultimately, whether you are a good credit risk.

The analysis of credit risk is expressed by a numerical score based on details such as how many credit accounts you have, how much you owe at any given time, the amount of your

credit limits, the length of time you've been paying off your debts and the timeliness of those payments. Also included in your report is information pertaining to bankruptcies, tax liens and settled delinquent accounts.

Consumers with a high credit score are deemed likely to repay their debts in full and on time, whereas those with lower scores carry a higher mathematical probability of default.

There are three principal credit bureaus that receive financial information about you. These credit bureaus are Experian, TransUnion and Equifax. Each month, these bureaus update your report with new financial information supplied by your creditors and obtained from

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Gilford Steamer

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2MIN 2XDAY

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Martin & Lewis are "At War with the Army" on LRPA this weekend

LACONIA—Join Lakes Region Public Access Television at 10:30 p.m. this Friday and Saturday night (Jan. 27 & 28) for our "LRPA

After Dark" presentation of 1951's musical comedy "At War With the Army," starring the classic comedy team of Dean Martin and Jerry

Lewis. Sgt. Victor Puccinelli and Private First Class Alvin Korwin serve in the U.S. Army during WWII. Before enlisting,

they were best friends and partners in a nightclub song-and-dance act. Since enlisting and serving on the same base, they tend to get

on each other's nerves. Puccinelli (Martin), a suave ladies' man, is good at his boring, paper-pushing desk job, but dreams of being transferred to active duty overseas. His CO has no intentions of letting him leave, intending instead to commission him as the company's Warrant Officer. Korwin (Lewis) is a lovable goofball who works in the mess hall but can't do anything right. Everything he touches turns to disaster. He's on K.P. duty as a result of his incompetence. Korwin begs for a weekend pass visit his wife, but can't seem to catch a break. Things are further complicated by Puccinelli's love life, which is in a constant whirlwind, plus the fact that Korwin wants his old partner to record a song they have co-written and rehearse for a USO show, much to Puccinelli's chagrin. Will Puccinelli get to see active duty? Will Korwin get to see his wife back home? Most importantly, will the guys get together and put on the show?

before egos and jealousy got in the way. If it sounds like fun, then grab your popcorn and meet us after dark for this wacky sendup of Army bureaucracy.

You can't find television like this anywhere but LRPA TV, MetroCast Channel 25. Not a subscriber? Then log onto Live Stream through our website (www.lrpa.org) where you can catch all the fun.

About Lakes Region Public Access Television (LRPA)

Lakes Region Public Access Television (LRPA) is a nonprofit, noncommercial public access TV station and community media center located on the Laconia High School campus in Laconia, NH. LRPA cablecasts locally on MetroCast channels 24 (education), 25 (information and entertainment) and 26 (government) to nearly 12,000 viewers in our member municipalities of Belmont, Gilford, Laconia, Meredith and Northwood, and around the world via LiveStream at www.lrpa.org. Programming is produced by and for the people of the greater Lakes Region. LRPA's mission is to empower our community members to produce content that:

- fosters free speech and the open exchange of ideas,
- encourages artistic and creative expression,
- promotes a well-informed public through governmental transparency, and
- unites our communities through the power of media and technology.

LRPA's slogan: Community empowered by media. Visit us on the Web at www.lrpa.org.

Grammy Award winning Tedeschi Trucks Band returns to Gilford July 1

GILFORD—Tedeschi Trucks Band is returning to the Bank of New Hampshire Pavilion on Saturday, July 1 with The Wood Brothers and Hot Tuna. Tickets go on sale Friday, Jan. 27 at 10 a.m., and range from \$24.75 to \$89.75. Get your tickets by calling the Box Office at 293-4700 or online at www.BankNHPavilion.com.

Driven by Susan Tedeschi's impassioned, blues-soaked vocals and Derek Trucks' virtuoso guitar, Tedeschi Trucks Band is a 12-member, American roots-rock tour-de-force. With a growing worldwide reputation for legendary live performances, the Grammy Award winning group have proven themselves as the preeminent leader in modern blues rock. Their latest studio album, "Let Me Get By," features new and original songs that together, stand the testament to the hard work, independent spirit, and now full-on commitment

of the husband-and-wife team of Derek and Susan, plus the musicians who are all part of the band's ongoing musical journey.

With an incomparable live show that embodies the vision of a large touring family bound by music, the Wheels of Soul summer dates are favorite among fans and critics alike. The Oakland Press has deemed Wheels of Soul "the best musical hang of the season...a celebration of kindred creative spirits," while Denver Westword calls TTB's summer package "a wall of talent on stage."

Joining Tedeschi Trucks Band July 1 are The Wood Brothers. Dubbed "masters of soulful folk" by Paste, when The Wood Brothers released their debut studio album, Chris Wood already had legions of devoted fans for his incomparable work as one-third of Medeski Martin & Wood, while his brother Oliver toured with Tinsley Ellis before

releasing a half-dozen albums with his band King Johnson.

Rounding out this "rock and soul" triple-header is the legendary Hot Tuna. For more than four decades, Hot Tuna has played, toured, and recorded some of the best and most memorable acoustic and electric music ever. Jorma Kaukonen and Jack Casady are former members of Jefferson Airplane, the influential San Francisco psychedelic rock band.

Tedeschi Trucks Band continues the tradition, bringing their Wheels of Soul 2017 Tour to Gilford, Saturday, July 1! Get your tickets Friday, Jan. 27 at 10 a.m. by contacting the Box Office at 293-4700 or log on to www.BankNHPavilion.com!

About Bank of New Hampshire Pavilion

Located on the banks of beautiful Lake Winnepesaukee in Gilford, Bank of New Hampshire Pavilion is New En-

gland's premier outdoor venue with 6,000 seats under a large pavilion roof and a spectacular lawn seating area for an additional 2,000 patrons. Bank of New Hampshire Pavilion is known for attracting world-renowned artists from Luke Bryan to James Taylor, from Train to Crosby, Stills & Nash, Dave Matthews Band to Chris Stapleton, and especially for its state-of-the-art audio system. Bank of New Hampshire Pavilion was nominated for the Music Venue of the Year Award by the Academy of Country Music six times; Pollstar Magazine Red Rocks Award for best small outdoor venue five times; named USA Today's 10 Best Concert Venues in the USA; and, nominated for Music Venue of the Year by the Country Music Association two times. Each summer more than 200,000 concertgoers enjoy the venue's beautiful location, clean facility, and friendly staff.

Pitman's welcomes the Tyler Road Bluegrass Band

LACONIA—Pitman's Freight Room at 94 New Salem St. in Laconia, is pleased to announce the following events for this weekend:

Friday, Jan. 27, 8 p.m., \$20: Tyler Road Bluegrass Band

Tyler Road has been performing publicly and at private functions since 2003. Tyler Road has acquired the talent of various musicians from central New Hampshire to create a blend of music that you will



The Tyler Road Bluegrass Band

not find anywhere else. With the combination of banjo, acoustic guitar, fiddle, mandolin, bass, accordion, box drum and bluesy vo-

cals, Tyler Road creates the best foot stomping jams in the Northeast. Tyler Road has performed at arts and music festivals across New



Rosemary Casey and her blues band

England.

Scott: Guitar, Dobro, Vocals, Steve: Banjo, Vocals, Theresa: Viola Dave: Mandolin, Vocals Andy: Percussion, Vocals Woody: Mandolin, Banjo Beth: Stand Up Bass Drew: Djembe

Doors open at 7 p.m., and we are a BYO venue! For reservations, call 527-0043.

Saturday, Jan. 28, 8 p.m., \$20: Rosemary's Baby Blues

This is the blues... the way it's meant to be done - gritty and soulful, no slick suits and no BS. Texas blues, Chicago blues, and Delta blues with a boogie back-beat that keeps you grooving all night, delivered by Rosemary Casey and her fabulous Band. Rosemary Casey will deliver her high energy and her love of all things Blues! You won't want to miss this one!



On Saturday, Jan. 21, the Winnepesaukee Playhouse joined with other professional, community, and youth theatre companies from throughout the state to celebrate the amazing theatre produced in New Hampshire in 2016.

Winnepesaukee Playhouse wins big at NH Theatre Awards

MEREDITH — On Saturday, Jan. 21, the Winnepesaukee Playhouse joined with other professional, community, and youth theatre companies from throughout the state to celebrate the amazing theatre produced in New Hampshire in 2016. The Playhouse was honored to take home 13 awards including Best Profes-

sional Drama/Comedy for "The Waltz" and Best Professional Musical for "Cabaret."

"The Waltz," which the Playhouse debuted in September, was the big winner of the night receiving eight awards. In addition to Best Professional Drama/Comedy, Neil Pankhurst won for Best Director, Carolyn Kirsch for Best Actress, Kel-

ley Davies for Best SEE AWARD PAGE A11



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Dartmouth College Wind Ensemble in concert at Taylor Community Jan. 29

LACONIA — Members of the Dartmouth College Wind Ensemble, under the direction of Conductor Matthew M. Marsit, will perform Sunday, Jan. 29 at 3 p.m. at Taylor Community's Woodside Building. The event is free and open to the public.

The 19 members will play chamber music by Mozart, Strauss, Stravinsky and Oliver Caplan. Instruments include flute, oboe,

clarinet, bassoon, saxophone, horn, trumpet and trombone.

Taylor Community is a not-for-profit Continuing Care Retirement Community whose mission is to provide the highest quality retirement living options to support the independence, health and dignity of community residents. For more information, visit www.taylorcommunity.org.

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Raymond Falconer, 92

LACONIA — Raymond Falconer, 92, former longtime resident of Sanbornton, died Thursday, Jan. 19, 2017 at Concord Hospital surrounded by his loving family.

Raymond was born July 20, 1924 in New York, N.Y., son to the late Wallace and Beatrice (Tighe) Falconer. He served in the United States Army from April 12, 1946 to Oct. 8, 1947 and was stationed in the Philippines during World War II. Raymond worked for Allenair as the shipping and receiving manager for 30 years. Raymond was an active member for many years of the American Legion Post #200 in Hempstead, N.Y. After retiring he later moved to Sanbornton with his loving wife.

Raymond enjoyed bowling, photography and family vacations in New Hampshire. His faith was also very important to him. He was a devout catholic and an active member of Sacred Heart Church for many years. Above all family was most important to him. He adored taking care of his wife and family. Especially spending time with his grandchildren and great-grand-



children.

Oct. 12, 2017 would have marked his 60th wedding anniversary with his loving wife.

Raymond is survived by his wife, Rita (Hartmann) Falconer of Laconia; two sons, Raymond W. Falconer, and his wife, Jane of Selden, N.Y. and Steve J. Falconer of Port Jefferson, N.Y.; two daughters, Diane Falconer and her husband David Lapointe of Laconia and Laura Falconer and her husband Steve Lewis of Sumner, Maine; six grandchildren (Janice Chase and her husband, Patrick, Jasmine Favez and her fiancé, Eric Baker, Karim Favez, David Falconer, Michael Falconer, Jeanette Price and her husband, James); five great-grandchildren (Colby Patrick, Marley Mae and Lucas Raymond Chase, Peyton Reid and Liam Kane

Price); a brother, Frederick Falconer, and his wife, Judith of East Islip, N.Y.; a brother-in-law, Herbert Heinlein, and his wife, BJ of Danbury, Conn.; and several nieces and nephews.

In addition to his parents, he was predeceased by his brother, Wallace "Sonny" Falconer, and his sister, Joyce Heinlein.

A Mass of Christian burial was celebrated Monday, Jan. 22, 2017 at 10 a.m. at St. Andre Bessette Parish - Sacred Heart Church, 291 Union Ave., Laconia. Burial was held at noon at the New Hampshire State Veterans Cemetery, 110 Daniel Webster Highway, Boscawen.

For those who wish, memorial donations may be made to St. Francis Rehabilitation & Nursing Center, 406 Court St., Laconia, NH 03246.

Wilkinson-Beane-Simoneau-Paquette Funeral Home & Cremation Services, 164 Pleasant St., Laconia, is assisting the family with the arrangements. For more information and to view an online memorial, please visit www.wilkisonbeane.com.

Louise Evelyn Hildreth, 85

LACONIA — Mrs. Louise Evelyn (DuPont) Hildreth, 85, passed peacefully into her next life on Jan. 22, surrounded by family and the wonderful staff at St. Francis Home in Laconia.

She was born in Laconia on Nov. 14, 1931, the daughter of Allison and Lillian (Allard) DuPont. She was raised in Laconia, one of 11 children, just a few hundred yards from her last residence at St. Francis Home. Louise was a life-long communicant of Saint Andre Bessette Parish, and her faith was a central part of her life. After attending St. Josephs School at Sacred Heart Church, she graduated from Laconia High School, where she met Charlie Hildreth, the love of her life, in an English class.

After a two year courtship, they were married on Sept. 16, 1950, and remained in love throughout their 66 years of marriage.

Louise was a wonderful, caring and devoted mother to their seven children.

After Charlie's retirement in 1989, they enjoyed decades of winters in Florida, lots of travel, visiting family and friends and seeing the country.

She is survived by her best friend and husband, Charles W. Hildreth,



Sr.; four sons (Peter C. Hildreth and his wife, Holly of De Soto, Kan., Jon A. Hildreth and his wife, Tracy, of Laconia, James P. Hildreth and his wife, Susan of Gilford, and Charles W. Hildreth, Jr. and his wife, Donna, also of Gilford); three daughters (Nancy L. Moore of Colorado Springs, Colo., Diane M. Howe and her husband, Brian, of Boothbay Harbor, Maine, and Susan L. Hildreth-Bruno and her husband, Daniel, of Avon, Colo.). Charlie and Louise were also blessed with 17 grandchildren and 19 great-grandchildren. Louise is also survived by her brothers, Robert DuPont, Richard DuPont and his wife, Diane, and Paul DuPont and his wife, Jean, and her sisters, Rita Laflamme, Lorraine Daigle, Irene Simoneau, Patricia McNamara and her husband, Thomas, and Elizabeth Gauthier and her husband, Allan.

In addition to her parents, she was predeceased by a brother, Don-

ald DuPont, and a sister, Jeannette Lawton, as well as brothers-in-law, Romeo Pelchat, Norman Janelle, Archelas Simoneau, Raymond Daigle, Albert Laflamme, and Roland Hildreth, sisters-in-law, Barbara DuPont and Gwen Pelchat.

Calling hours will be held from 4 to 7 p.m. on Tuesday, Jan. 31, 2017 at the Wilkinson-Beane-Simoneau-Paquette Funeral Home, 164 Pleasant St., Laconia, using the Carriage house entrance.

A Mass of Christian burial will be celebrated at 10:30 a.m. on Wednesday, Feb. 1, 2017 St. Andre Bessette Parish - Sacred Heart Church, 291 Union Ave., Laconia.

Burial will be held in the spring in the family plot at Sacred Heart Cemetery, Garfield Street, Laconia.

In lieu of flowers, donations may be made in Louise's memory to the St. Francis Rehabilitation & Nursing Center-Recreation Fund, 406 Court St., Laconia, NH 03246.

Wilkinson-Beane-Simoneau-Paquette Funeral Home & Cremation Services, 164 Pleasant St., Laconia, is assisting the family with the arrangements. For more information and to view an online memorial, go to www.wilkinsonbeane.com.

Judith Carol Karlson, 82

GILMANTON — Judith Carol Karlson, 82, of 158 Sargent Rd. died Monday, Jan. 16, 2017 at Lakes Region General Hospital after a period of failing health.

She was born on Aug. 20, 1934 in Medford, Mass., the daughter of the late Gustav E.H. and Ethel A. (Gulaker) Karlson. Judith worked for several years for the Department of Public Works for the Commonwealth of Massachusetts. She enjoyed 20 great years living by



Manning Lake in Gilmanton where she enjoyed swimming.

She is survived by her two sisters, Cynthia Wahlstrom and her husband John of

Gilmanton Iron Works and Kristine Faulkingham of Gilmanton; one nephew, Kenneth Wahlstrom, and his wife Barbara of Rockland, Mass.; two nieces, Beverly Wahlstrom of Gilmanton Iron Works and Cheryl Thurber and her husband John of Belmont; two great nieces and two great nephews.

She was predeceased by her parents.

There were no calling hours.

A memorial service was celebrated at 2 p.m. on Wednesday, Jan. 25, 2017 at the Gilmanton Community Church, located on the Corner of Routes 107 and 140 in Gilmanton.

For those who wish, memorial contributions may be made to the Gilmanton Community Church, PO Box 16, Gilmanton, NH 03237.

Wilkinson-Beane-Simoneau-Paquette Funeral Home & Cremation Services, 164 Pleasant St., Laconia, is assisting the family with the arrangements. For more information and to view an online memorial, go to www.wilkinsonbeane.com.

Helen Velita Lawrence, 93

GILFORD — Helen Velita (Leonard) Lawrence, 93, of Gilford, passed away at her home surrounded by her loving family on Saturday, Jan. 7, 2017.

Born in Ashland on Aug. 2, 1923, she was the daughter of the late Frederick and Eva (Heath) Leonard.

Helen was predeceased by the love of her life, Ernest "Junie" Lawrence, Jr., who passed in 2010. They will celebrate their 77th wedding anniversary together in heaven on Jan. 13.

Helen was a proud stay-at-home wife and mother, raising their five children. Helen was also a second mother, and grandmother to many children over the years. She was called "Mom" and "Gram" by the friends of all her children and grandchildren. Having "the kids" around was her greatest joy.

She was a proud member of the Gilford Community Church since 1946. She was delighted to have worked many years on



the White Elephant and the famous Fried Dough booth at the church's annual Old Home Celebration, and the craft table at the Christmas Fair.

Helen is survived by her five children (Roger Lawrence and his wife, Barbara of Sweetwater, Texas, Bradley Lawrence and his wife, Roxanne, of Belmont, Laurel Greenlaw and her husband, David, of Gilford, Sharon Cram, and her husband, Leon, of Belmont, and Wanda Carder and her husband, Carl, of Gilford). She was a devoted Grammie to her many grandchildren, great-grandchildren and great-great grandchild, each holding a special place in her heart. She

took great delight in attending recitals, plays, programs and games over the years-always cheering all the "kids" on.

She was predeceased by two great-grandchildren, Cody Frizzell and Andrew (AJ) Frizzell.

Mrs. Lawrence is also survived by many nieces and nephews, all of whom thought the world of her.

She was predeceased by three brothers, George Leonard, John Leonard and James Leonard and a sister, Thelma Jenot.

A memorial service was held at the Gilford Community Church, 19 Potter Hill Rd., Gilford, on Wednesday, Jan. 11, 2017 at 11 a.m. The Rev. Michael C. Graham officiated. Burial will be in the family lot at a later date.

Wilkinson-Beane-Simoneau-Paquette Funeral Home & Cremation Services 164 Pleasant St., Laconia, is assisting the family with the arrangements. For more information and to view an online memorial, please visit www.wilkinsonbeane.com.

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MARK ON THE MARKETS



BY MARK PATTERSON

Dec. 2, 2001 through Dec. 2, 2011 is known as the lost decade to stock market investors. If you had invested \$10,000 in 2001 and did not take profits at any time when they may have been available during that period, you would have \$10,000 in 2011. I recall that period of time very well because it demanded a lot of work to make money for clients. It was also a period of time when it paid to be a "stock picker" as opposed to an index or mutual fund investor. There

was money to be made if you chose stocks that you did not marry and were willing to take a reasonable profit. Three and half years after the "getting even" point, it seems that the markets have placed people back into that complacent trance that really worries the contrarian and sometimes pessimistic side of my brain.

Over the past few months, I have attempted to touch on investment management topics like Mutual funds vs. Exchange traded funds, using option contracts for income and hedging, annuities that are tied to an index that can provide downside protection and lifetime income, indexed universal life insurance that is also tied to a

variety of indices that have market loss protection and tax free income and a death benefit. Any or all of these strategies can work to protect what you have accumulated and to increase income from your investments. The key is finding the right mix for your financial situation and risk tolerance. Assessing risk tolerance is not as easy as asking a few questions and putting check marks in the box next to a multiple choice response. My belief is that all clients are risk adverse until they can prove otherwise. What I mean by that is; expectations must be reasonable to meet, based on the investable assets and age of the client. If a client truly has assets over and above what they

need to sustain a comfortable life style, then we can stretch for additional yield. A difficult situation is when the client needs to take on too much risk because they do not have sufficient assets to sustain that lifestyle. Retirement and Social Security Planning sooner, than later, can make a big difference with the client's retirement income.

Long term care, life insurance or other types of asset preser-

vation tools are much cheaper and attainable the younger you are. Long term care, in my opinion is very important for a certain asset level or family health history, but may not be the best product for many people. There are some hybrid life insurance policies with living benefits that may be a better fit. It depends on the clients specific needs.

The message I want to convey is simple: Protect the principal

and assets that you have acquired, especially if you are nearing or have entered retirement. Even if you plan on working and investing for ten or more years longer, another "lost decade" may be lurking around the corner.

Mark Patterson is an investment advisor with MHP Asset Management and can be reached at 447-1979 or Mark@MHP-Asset.com.

Principal protection

The Merrimack & MVSB gather thousands of mittens for community and donate more than \$4,000 to the NH Food Bank

REGION — Merrimack County Savings Bank (the Merrimack) and Meredith Village Savings Bank (MVSB) wish to thank the members of the community who donated cold weather items, such as hats, mittens, gloves and scarves for the recent annual Mitten Tree drive. More than 2,000 pieces were collected and distributed to local schools and non-profits. In keeping with the tradition of donating \$2 for each item given, more than \$4,000 was donated by the two banks to the New Hampshire Food Bank for use at food pantries in the Concord, Nashua and Lakes Region areas.

"The Mitten Tree is a true holiday tradition we have been proud to uphold each year," said Philip Emma, President of the Merrimack.

"It's an honor to support the New Hampshire Food Bank, who help so many families in our communities, especially during these cold winter months," added Rick Wyman, President of MVSB.

The Merrimack is celebrating its 150 year anniversary of serving the people, businesses,



A fully decorated Mitten Tree.

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non-profits and municipalities of the greater Concord and Nashua regions since 1867. The Merrimack and its employees are guided and inspired by Merrimack style: living up to the values of accountability, mutuality, excellence, respect, integrity, teamwork and stewardship. To learn more, visit any of the local offices in Concord, Nashua, Bow, Contoocook or Hooksett, call 800-541-0006 or visit themerrimack.com.

For nearly 150 years, MVSB has been serving the people, businesses, non-profits and municipalities of Central New Hampshire. MVSB and its employees are guided by the values of accountability, mutuality, excellence, respect, integrity, teamwork and stewardship. To learn more, visit any of the local branch offices located in Alton, Ashland, Center Harbor, Gilford, North Hampton, Laconia, Melvin Village, Meredith, Moultonborough, Plymouth or Wolfeboro, call 800-922-6872 or visit mvsvb.com.

TD Charitable Foundation awards \$10,000 to the Laconia Area Community Land Trust

LACONIA — TD Bank, through the TD Charitable Foundation, the charitable giving arm of TD Bank, America's Most Convenient Bank® awarded the Laconia Area Community Land Trust (LACLT) a \$10,000 contribution to support its affordable housing development.

"We believe that organizations such as LACLT's play a significant role in sustaining vibrant and thriving communities," said Steve Webb, Market President for TD Bank. "The TD Charitable Foundation carries a legacy of supporting not-for-profit institutions and their important work throughout our region and Laconia Area Community Land Trust is a true partner in this work."

The goal of LACLT's Housing Development Program is to increase the supply of high-quality, permanently affordable housing available to the Laconia community and surrounding towns. LACLT's apartments are rented to low- and moderate-income families at below market rents. LACLT apartments are currently home to 535 adults and children; over 2,500 people have been housed to date.

Laconia Area Community Land Trust, a 501(c)(3) nonprofit, is a member of NeighborWorks® America, and is supported in part by membership donations and the Lakes Region United Way. Its mission is to assist low and moderate income families achieve economic self-sufficiency through the development of permanently

affordable housing opportunities and associated support programs. For more information about LACLT and its programs, call 524-0747, or visit www.laclt.org.

A staunch commitment to active involvement in the local community is a vital element of the TD Bank philosophy. TD Bank, America's Most Convenient Bank® and the TD Charitable Foundation provide support to affordable housing, financial literacy and education, and environmental initiatives, many of which focus on improving the welfare of children and families.

About the TD Charitable Foundation

The TD Charitable Foundation is the charitable giving arm of TD Bank N.A., which operates as TD Bank, America's Most Convenient Bank®, and is one of the 10 largest commercial banking organizations in the United States. The Foundation's mission is to serve the individuals, families and businesses in all the communities where TD Bank operates, having made more than \$159.8 million in charitable donations since its inception in 2002. The Foundation's areas of focus are affordable housing, financial literacy and education, and the environment. More information on the TD Charitable Foundation, including an online grant appli-

cation, is available at www.TDBank.com.

About TD Bank, America's Most Convenient Bank®
TD Bank, America's Most Convenient Bank, is one of the 10 largest banks in the U.S., providing more than 8 million customers with a full range of retail, small business and commercial banking products and services at approximately 1,300 convenient locations throughout the Northeast, Mid-Atlantic, Metro D.C., the Carolinas and Florida. In addition, TD Bank and its subsidiaries offer customized private banking and wealth management services through TD Wealth®, and vehicle financing and dealer commercial services through TD Auto Finance. TD Bank is headquartered in Cherry Hill, N.J. To learn more, visit www.tdbank.com. Find TD Bank on Facebook at www.facebook.com/TDBank and on Twitter at www.twitter.com/TDBank_US.

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"Screenagers" presentation educates parents and teens on the dangers posed by Smart Phones

The "Screenagers" video presentation/discussion on Thursday, Jan. 19, was attended by a large gathering of concerned parents, school administrators, community members, and students. The video was produced by Delaney Ruston, a Seattle mother who was concerned about her 13 year old daughter's obsession with Smart Phones. The presentation addressed the growing concern of excessive social media usage (six and a half hours daily) on the behavior of teenagers and surprisingly, their parents. The presentation was sponsored by the Gilford PTA and "Gilford Together," and was emceed by Kerri Lowe of the "Partnership for Public Health." Prior to the presentation, attendees were treated to a wonderful buffet of pizza, vegetable plates,

and fruit plates.

It was interesting to note that approximately 68 percent of school age children have Smart Phones, but that these phones have nothing to do with enhancing school achievement and/or intelligence (according to the video). The primary use was for social media, while boys also tended to video games that promoted aggressiveness, and girls used the media for self-esteem enhancement. The excessive use of violent video games has fostered a lack of empathy among teens, desensitized them to violence, as well as promoted bullying over the net. Self-esteem enhancement has encouraged some to exhibit risky behavior, e.g. suggestive photos, over the net, which makes them prone to "predators." Not surprising, the so-

cial media/gaming industry has spent over 483 million dollars to

dissuade Congress from addressing this issue.

Evidence presented suggested that 40 percent of school age stu-

dents are not involved in after-school activities. SEE SCREENAGERS PAGE A11

Emily Curtis of Gilford named to Springfield College Dean's List

SPRINGFIELD, Mass. — Springfield College has named Emily Curtis of Gilford to the dean's list for academic excellence for the fall 2016 term. Curtis is studying Psychology.

Criteria for selection to the dean's list requires that the student must have completed a minimum of 12 credit hours of graded coursework for the semester, the student must not have any incompletes in the designated semester, and the student must have a minimum semester grade point average of 3.500 for the semester.

Founded in 1885, Springfield College is known worldwide for the guiding principles of its Humanics philosophy-educating students in spirit, mind and body for leadership in service to others. With its foundation of academic excellence and rich athletic heritage, Springfield College prepares students with real-world leadership skills for careers that transform lives and communities. The college offers a range of undergraduate and graduate degree programs in the fields of health sciences, hu-

man and social services, sport management and movement studies, education, business, and the arts and sciences. It also offers doctoral programs in physical education, physical therapy, and counseling psychology. The college is ranked in the 2017 edition of "Best

Colleges" in the top tier of "Best Regional Universities - North Region" by U.S. News & World Report, and is ranked one of the top 12 in the North Region of the U.S. News Best Values report. It is also designated as a College of Distinction and a premier Leadership

Development Center by the YMCA of the USA. Nearly 5,000 traditional, nontraditional and international students study at its main campus in Springfield, Mass., and at its School of Professional and Continuing Studies across the country.

Caitlin Houston named to Castleton University Dean's List

CASTLETON, Vt. — Caitlin Houston of Gilford was recently named to the Castleton University Dean's List for the fall semester of the 2016-17 academic year.

To qualify for this academic honor, the student

must maintain full-time status and a semester grade point average of 3.5.

Castleton University is small enough to be a community where every student matters, yet offers more than 75 programs of study for undergraduate

and graduate students, 29 varsity sports, and over 40 clubs and organizations. The university stresses community service and provides exceptional programs for first year students.

Tessa D. Schrupp named to Dean's List at Colby College

WATERVILLE, Maine — Tessa D. Schrupp of Gilford, was named to the Dean's List at Colby College in Waterville, Maine, for outstanding academic achievement during the fall semester of the 2016-17 year. Schrupp is one of 521 Colby students -- or 27 percent of the student body -- to qualify for the Dean's List this semester.

Schrupp, a member of the Class of 2020, attended St Pauls School and is the daughter of Troy Schrupp and Eliza Deery of Gilford, N.H. Schrupp

earned a semester grade point average of 3.75 or higher this spring to be included on Colby's highly selective Dean's List.

Founded in 1813, Colby is one of America's most selective colleges and the first previously all-male college in New England to admit women. Serving only undergraduates, Colby offers a rigorous academic program and a rich global experience rooted in deep exploration of ideas. Through close interaction with world-class faculty schol-

ars, students pursue intellectual passions, choosing among 58 majors or developing their own. Independent and collaborative research, study abroad, and internships offer robust opportunities to prepare students for postgraduate success. Colby is home to a community of 2,000 dedicated and diverse students from around the globe. Its Maine location provides easy access to world-class research institutions and civic engagement experiences.

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When Do You Need a Financial Advisor?

Are you a "do-it-yourselfer"? If you can take care of home repairs, lawn work and other types of maintenance by yourself, you'll save money and probably gain satisfaction. But you will almost certainly need some help in other areas of your life -- one of which may be investing. In fact, you could benefit from the services of a professional financial advisor at several points in your life:

- When you're starting out in your career -- When you land your first "career-type" job, you will have some financial decisions to make: Should I participate in my employer's 401(k) or other retirement plan? (Hint: Yes!) If so, how much should I contribute? How can I juggle saving for retirement with paying off student loans? These are the types of questions you can answer with the help of a financial advisor.
- When you're saving for important goals -- Whether you're saving for a down payment on your first home, or for your children's college education, or for your own comfortable retirement, you'll face many choices. A financial advisor -- someone with experience in helping people work toward these

goals -- can assist you in making the choices most appropriate for your individual situation.

- When you're experiencing a personal "milestone" -- Like everyone, you'll go through many major life events. Some will be joyful, such as marriage and the arrival of children, while others may be unpleasant or sad, such as divorce or the death of a loved one. But virtually all these events carry with them some type of financial component -- establishing new investment accounts, purchasing sufficient insurance, naming and changing of beneficiaries, and so on. A financial advisor who truly understands you and your needs can help you make appropriate moves for all your milestones.
- When you're close to retirement -- As you near retirement, you'll have several issues to consider: About how much income will you need each year? When should you start taking Social Security? How much can you afford to withdraw annually from your IRA and 401(k)? A financial advisor has the tools, training and

experience to explore alternatives and suggest suitable moves for you.

- When you're retired -- Even after you retire, you've got plenty to think about, in terms of financial moves. For one thing, you need to ensure that your investment portfolio provides you with both sufficient income for your desired lifestyle and adequate growth potential to help you stay ahead of inflation. What's the correct balance of investments for your needs? Are there investments that can provide you with rising income without exposing you to undue risk? Once you're retired, you just won't get a lot of "do-overs," so getting the right help is important.

If you're a do-it-yourselfer, you may not get it right each and every time. But you won't pay much of a price (except, perhaps in embarrassment) if that chair you built collapses under a stack of newspapers. However, you also know when it's time to call in a professional -- and that's whom you need when it comes to building your financial future. So, get the assistance you need, when you need it, from a financial advisor.

This article was written by Edward Jones for use by your local Edward Jones Financial Advisor.

For more information or to sign up for their monthly newsletter, contact

Jacqueline Taylor, Financial Advisor, at 279-3161 or email Jacki at Jacqueline.Taylor@edwardjones.com.

Her office is located at 14 Main Street, Downtown Meredith.

For more information, see <http://www.edwardjones.com/> or "like" her on Facebook

www.facebook.com/EJAdvisorJacquelineTaylor.

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ADVERTISEMENT FOR BIDS

Town of Gilford Fire Department
39 Cherry Valley Road
Gilford, NH 03249

Separate sealed BIDS for the construction of: **Alvah Wilson Fire Pond Water Supply Maintenance** will be received by the **Town of Gilford Fire Department** at **39 Cherry Valley Road** until **4:00 PM** (Local Time) on **Friday, February 24th, 2017**. Bids will be publicly opened and read aloud at the **Fire Department**. The work includes:

Base Bid - Stream Diversion: Inlet and outlet improvements to the fire pond and stream channel restoration in Gunstock Brook
Add Alternate #1 - Fire Pond Maintenance Dredging: Pond dredging to restore storage capacity
Add Alternate #2 - Access Improvements: Grading improvements, gravel driveway, two (2) dry hydrant assemblies and slope stabilization.

1. Completion time for the project will be calculated as calendar days from the date specified in the "Notice to Proceed" as follows:

- 45 Calendar days for **Substantial Completion** (excluding shutdown periods).
- 60 Calendar days for **Final Payment** (excluding shutdown and warranty periods).
- 30 **Additional** calendar days will be allowed for each Bid Alternate awarded.
- Liquidated damages shall be in the amount of **\$500.00** for each calendar day beyond the date established for Substantial Completion and **\$250.00** for each calendar day beyond the date established for Final Payment.

2. **Award of Bid Alternates may be delayed until additional funds are available (anticipated after Town Meeting - March 2017). The Contractor may elect to begin Base Bid work prior to March 2017 if weather conditions are favorable. A winter shutdown period will be allowed if poor weather conditions prevent the work from continuing. In the case of a winter shutdown, the work shall resume no later than May 1st 2017.**

The Town reserves the right to add the Bid Alternates by change order at any time during the contract. Bid items are provided for subsequent mobilization and/or water diversion operations needed for the work in the event the alternate is authorized after the Base Bid work is substantially complete.

- 3. Bid security is to accompany bid proposals and shall be 5% of the total bid price.
- 4. The successful bidder must furnish 100% Performance and Payment Bonds and will be required to execute the Contract Agreement.
- 5. The Owner reserves the right to reject any or all bids, to accept any bid, to waive any informality on bids received, and to take any action that it may deem to be in the best interest of the Owner.
- 6. No Bidder may withdraw a Bid within 60 days after the actual date of opening thereof.

- 7. There will be a pre-bid meeting (non-mandatory) for all prospective bidders held at the: Gilford Fire Department, 39 Cherry Valley Road, on Wednesday, February 8, 2017 at 9:00 AM.
- 8. Inquiries as to availability of Contract Documents and technical questions regarding the plans and specifications shall be directed to Underwood Engineers, Inc. at (603) 436-6192.

The CONTRACT DOCUMENTS may be examined at the following locations:

- Underwood Engineers, Inc. - 25 Vaughan Mall, Portsmouth, NH 03801-4012
- Underwood Engineers, Inc. - 99 North State Street, Concord, NH 03301
- Construction Summary of NH - 734 Chestnut St., Manchester, NH 03104
- Dodge Reports-McGraw Hill - 34 Crosby Drive, Suite 201, Bedford, MA 01730
- Associated General Contractors, 48 Grandview Road, Bow, NH 03304
- Gilford Fire Department, 39 Cherry Valley Road, Gilford, NH 03249

Neither the Owner nor the Engineer will be responsible for full or partial sets of Contract Documents.

Copies of Contract Documents may be obtained from Underwood Engineers, Inc., 25 Vaughan Mall - Unit 1, Portsmouth, New Hampshire 03801-4012, upon payment of a fee of **\$50.00** per set, which will not be refunded. Partial sets will not be distributed. All requests for mailed documents must be accompanied by an additional fee of **\$10.00** to cover the cost of postage and handling by regular UPS ground.

Your heart needs love too!

February is Heart Health Month – tips to treat it right

REGION — The month of February has been dedicated to cardiovascular health since 1964, when President Johnson declared February as American Heart Month. Heart disease affects the blood vessels and cardiovascular system. Numerous problems can result from

this, many of which are related to a process called atherosclerosis, a condition which develops when plaques build up in the walls of arteries, making it harder for blood to flow through. Cardiovascular disease is the nation's no. 1 killer of both men and women, but steps can be taken to

reduce risk and improve the outcome.

It's not a coincidence that February was chosen for this time to reflect on this important health topic. What better way to recognize Valentine's Day than with a plan to make a few small changes that could help treat your heart right

and keep it ticking! Everyone has heard that the number one thing to do is to quit smoking, but there are a few other things that everyone should be aware of when it comes to heart health.

Focus on a few small changes that you can make that can lead you to a healthier heart.

Switch to fish! You can do it...eat more fish like tuna, sardines, or salmon which are rich in omega-3 fatty acids and help boost your good cholesterol. Switch to dark chocolate! Dark chocolate is a better choice than milk chocolate...all eaten with moderation, of course. Try to avoid salty and high sodium foods...don't automatically salt food. Taste first and add later. Be sure to have some salt-free seasonings and herbs on your table to help break that salt habit.

Stay active! No matter what your age, we all tend to be more sedentary these days with too much TV and computer time. Get up and walk! Make fitness fun with dancing, yoga, or even making a conscious effort to pick up the pace going to and from your car or even as you clean your house. Put on your favorite music and let loose...dancing is a fun way to keep every part of your body moving and stretching...and remember, no one is watching as you get your heart pumping to the beat.

And, here is a tip that

should be pretty easy for everyone...make sleep a priority! Get 7 to 8 hours of sleep most nights. Sleeping too little can have an effect on blood pressure and inflammation.

"We see the results of heart issues all the time at the LRVNA," comments Executive Director, Cheryl Gonzalo. "Recovering from a major heart surgery can be a lengthy process, and although we are ready to provide in-home nursing care for recuperation, we urge everyone to make a few small changes to help prevent a major incident."

To receive special health tips and notices about flu clinics and health screenings, you are invited to sign-up for the free LRVNA "Nurses Care" email newsletter program by visiting www.LRVNA.org. The Lakes Region Visiting Nurse Association is located at 186 Waukegan St. in Meredith, phone 279-6611. The LRVNA serves Laconia, Meredith, Gilford, Center Harbor, Moultonborough, Tuftonboro, Melvin Village, Sandwich, Belmont and Tilton.

Central New Hampshire VNA & Hospice offering bereavement support groups

REGION — Central New Hampshire VNA & Hospice is offering seven-week Bereavement Support Groups in two locations during February and March, 2017. One group will meet in Laconia on Thursdays and the other group will meet in Wolfeboro on Tuesdays. Each group consists of a series of one and a half hour meetings held each week for seven weeks.

Support Groups give people the opportunity to discuss and learn ways of coping with their loss, to gain the support of others in safe and caring ways,

and to learn about the grief process. Although grief is a unique experience through which each person finds his or her own way, there are common threads we all share when going through grief.

Pre-registration is required / The support group is offered free of charge

The support groups are offered free of charge, to register for the group or for more information, call or email Dan Kusch, Hospice Bereavement Coordinator to schedule an appointment. Phone: 524-8444, ext. 2390 (La-

conia) / 569-2729, ext. 3256 (Wolfeboro) & email: dkusch@centralvna.org.

About Central New Hampshire VNA & Hospice

The Mission of Central New Hampshire VNA & Hospice is "Promoting dignity, independence, and well-being through the delivery of quality home health, hospice and community-based care services." Central New Hampshire VNA & Hospice has served Lakes Region communities in Belknap and Southern Carroll County for 100

years and currently provides Home Care (nursing and rehabilitation services in the home); Pediatric Care (direct health care, education and support services for children and families); and a comprehensive, team-based Hospice program. Central New Hampshire VNA & Hospice is a not-for-profit, Medicare-certified provider of home care and hospice services, licensed by the State of New Hampshire. The agency is governed by a volunteer Board of Trustees and supported by private and corporate donations.

Dermatologist to visit Wesley Woods

Wesley Woods and The First United Methodist Church are pleased to offer the services provided by OnSite Dermatology, the leading provider of mobile dermatology to senior communities across the country.

Starting Feb. 15 at 1 p.m., Isabelle Waddell NP-C, a specialist in general dermatology, will visit the Wesley Woods / First United Methodist Church on a monthly basis to assist our residents, church members, and local residents in Gilford and Laconia.

OnSite Dermatology is a leading mobile dermatology practice specializing in the prevention, detection and treatment of pre-cancerous and cancerous growths of the skin as well as other dermatological conditions.

Do you suffer from:

- Rashes
- Eczema
- Itchy/Irritated Skin
- Dry Skin
- Growths
- Psoriasis
- Dermatitis
- Sun Damage
- Cysts
- Skin Cancer

This new service makes lives easier by eliminating the need for transportation arrangements in other areas; lengthy wait times in doctor's offices and directs more one on one attention to the patient.

OnSite Dermatology accepts various insurance plans as well as being a Medicare participating provider. There is absolutely no

additional cost for this service.

To learn more please join us on Thursday, Feb. 9 at 10 a.m. in the Community Center hear a presentation on

the "Healthy Skin and Skin Cancer Awareness." Learn about this important subject and the services offered by OnSite Dermatology. Free gifts will be

provided. Please contact Stace at 528-2555 or sdhendricks@wesleywoods-nh.org to RSVP or for more information.

Downsizing Made Easy seminars - two dates, two locations

LACONIA — What on earth are we going to do with all this stuff? Are you or someone you know looking to scale back, trim down and just plain old reduce some of that stuff? Then come to Taylor Community's Downsizing Made Easy seminar.

Senior Move Managers Sarah Lopez and Robin Felch have a wealth of experience in orchestrating many moves and helping people downsize. Receive invaluable advice to assist you from start to finish - step-by-step

directions, helpful tips and even hear from some people who've gone through the process.

Attendees will receive a Five-Step Plan to get started on the process, a 40-page Downsizing Made Easy Booklet and a Local Resource Guide with area businesses ready to help.

Choose from two convenient locations and dates: Thursday, Feb. 2 at 11 a.m., in Taylor Community's Woodside Building or Wednesday, Feb. 15 at 11 a.m. at 13 Taylor

Drive, Taylor's Back Bay Community off Bay Street, Wolfeboro. Please RSVP to ensure seating for this popular seminar. Call 366-1400 today to reserve your place.

Taylor Community is a not-for-profit Continuing Care Retirement Community whose mission is to provide the highest quality retirement living options to support the independence, health and dignity of community residents. For more information, visit www.taylorcommunity.org.

Discover the benefits of puzzles at Wesley Woods

Jan. 30 is National Puzzle Day, and at 10:30 a.m., please join Wesley Woods in welcoming Charlie Kellogg as we discuss the history of puzzles, how doing puzzles benefits and aids your brain power, and learn the

art of putting together a puzzle. Coffee and a light breakfast will be served.

For more information or to RSVP, please contact Stace at 528-2555 or sdhendricks@wesleywoods-nh.org.

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SCHOOL

(Continued from Page A1)

sentations on the third Thursday of every month from 6-8 p.m. in the GES cafeteria. The latest presentation was a showing of "Screenagers," a movie about how much time teens use personal devices and the balance that is needed within homes and lives.

Capital improvement and resource allocation plans are part of those goals. Beitler said the district has

some of the largest buildings in the community, and they want to make sure they are up to date, especially considering one is the town emergency shelter.

They have met the goal of having the Department of Safety and Homeland Security and Emergency Management conduct a safety assessment of the schools. Beitler said that assessment

was done last year and recommendations were made.

Work will continue on Phase 2 of the Mechanical, Electrical, and Plumbing project.

Some unanticipated work needed to be done. Two roof drains coming off a section of clay pipes were deteriorated and needed to be worked on. A sewer line inside the building also needed to be bored out, though Beitler

said it didn't need to be replaced.

Another goal is to work collaboratively with the selectmen and the Budget Committee to develop a fiscally responsible budget to address the district's needs and goals.

"I think we have shown good faith with the Budget Committee this year," Beitler said. "The school board did a lot of hard work crunching numbers."

The goal of negotiating a contract between the school board and the Gilford Educational Association is closer to fruition. The contract has been negotiated, and will go to the voters.

"A number of years ago, the board of selectmen and the school board mad a conscious decision to work together," said Selectman Gus Benavides. Benavides said a lot

of people didn't realize they were two different boards. The selectmen made it a goal to have the superintendent update the board, which was being done that night.

Benavides said keeping this cooperation is exceedingly important, as the strength of a school reflects the strength of a town. He said Gilford has worked hard at keeping the reputation of the school district.

He said there are families in the district that are in need.

"Having a good rapport between the town and the school is an important thing to meet the needs of the community," Benavides said.

Benavides said the town and the school district will look into ways to collaborate to save taxpayer money, such as joint purchases.

Laconia Adult Education Winter 2017 Enrichment Catalog

Course Title	Day(s)	Start date	Times	# weeks	Cost	Location	Instructor Name
Arts & Crafts							
{ Adult Coloring with Eye Shadow	Thurs	1/26/2017	6:00-8:00	4 weeks	\$45.00	LHS-514	Ellen Olson
Cake Decorating Basics & Beyond	Tues	3/7/2017	6:00-8:00	6 weeks	\$55.00	LHS-605	Jean Cadrette
Ink Tiles	Thurs	1/26/2017	6:00-8:00	1 week	\$25.00	LHS-509	Elizabeth Keefe
Knitting for Beginners (No online registration)	Tues	1/24/2017	6:00-8:00	5 weeks	*\$60.00*	Lamb's Ear Yarns	Susan Greene
Mosaics: A New Modern Technique	Thurs	2/2/2017	6:00-8:00	4 weeks	\$65.00	LHS-509	Elizabeth Keefe
{ Beginner Quilting	Tues	1/24/2017	6:30-8:30	3 weeks	*\$35.00*	LHS-901	Ardy Eaton
Water Color Painting Workshop	Mon	3/20/2017	6:00-8:30	6 weeks	*\$70.00*	LHS-514	Mary Lou John
Cooking							
{ Buttercream 101	Tues	3/21/2017	6:00-7:30	1 week	\$25.00	ctc-H220	Gretchen Preston
Chinese Cooking	Thurs	3/9/2017	6:00-8:30	5 weeks	*\$55.00*	ctc-H220	Yan Li
{ Just Desserts!	Tues	1/24/2017	6:00-8:00	6 weeks	*\$60.00*	ctc-H220	Gretchen Preston
Easy Cooking: Quick, Healthy & Delicious	Wed	1/25/2017	5:30-7:30	3 weeks	*Free*	ctc-H220	Elizabeth White RD, LD
Health & Wellness							
Abundance and the Law of Attraction!	Tues	1/24/2017	6:30-8:00	1 week	Free	LHS-203	Celeste Lovett
Acupuncture, Herbs, & Holistic Medicine	Tues	1/24/2017	7:00-8:30	1 week	Free	LHS-608	Brian Paterson, ND
Belly Dancing Fun & Exercise for Beginners	Mon	2/6/2017	6:15-7:30	10 weeks	\$65.00	LHS-Café	Andrea Aldrovandi
Holistic Roots to Healthy Living & Life Style Choices	Tues	1/31/2017	7:00-8:30	6 week	Free	LHS-608	Brian Paterson, ND
Life Coach- How to be the Best You in 2017	Wed	1/4/2017	6:00-7:30	5 weeks	\$99.00	LHS-615	Emily Clement
{ Life Empowerment 101	Wed	4/5/2017	6:00-8:00	3 weeks	Free	LHS-828	Phill Reed
Mah Jongg Made Easy and Fun	Wed	1/25/2017	7:00-9:00	5 weeks	\$50.00	LHS-514	Sharon Fleishman
Reiki Level I Certification	Mon/Wed	3/13,3/15/17	6:00-8:30	1 week	\$125.00	LHS-Library	Carol Wallace
Reiki Level II Certification	Mon/Wed	3/20,3/22/17	6:00-8:30	1 week	\$150.00	LHS-Library	Carol Wallace
T'ai Chi Chih for Beginners	Thurs	1/26/2017	5:15-6:30	8 weeks	\$65.00	ctc-H235	Nancy Frost
Tone and Strengthen Your Body : Do It Now	Mon	1/23/2017	6:00-7:00	4 weeks	\$40.00	LHS-916	Janine Page
Yoga for Everyone: Beginning	Tues	1/24/2017	5:00-6:15	8 weeks	*\$55.00*	ctc-H225	Bonnie Morin
Zumba	Tues	1/24/2017	6:15-7:15	8 weeks	\$55.00	LHS-Café	Alison Witham
Informational Classes/Seminars							
Affordable Healthcare: Understanding How it Works	Mon	1/9/2017	6:30-8:30	1 week	Free	LHS-614	Donna Toomey
{ Business Strategy for the Mid-Size Corporation	Thurs	2/9/2017	6:00-7:30	7 weeks	\$220.00	LHS-615	Mel Ingalls
Estate, Wills, Trusts & Guardianship Planning	Tues	1/24/2017	7:00-9:00	1 week	Free	LHS-613	Catelyn McCurdy
{ Intro to Business Strategy	Mon	1/23/2017	6:00-7:30	1 week	Free	LHS-615	Mel Ingalls
Savvy Social Security & Medicare Planning	Wed	1/25/2017	6:30-8:30	1 week	Free	LHS-613	Greg Cauffied
Smart Retirement Strategies	Wed	2/1/2017	6:30-8:30	1 week	Free	LHS-613	Greg Cauffied
{ Strategy for Small Business	Mon	2/6/2017	6:00-7:30	6 weeks	\$55.00	LHS-615	Mel Ingalls
Wealth Planning 101	Wed	2/8/2017	6:30-8:30	1 week	Free	LHS-613	Greg Cauffied
Language							
French for Beginners (Conversation)	Mon	1/23/2017	7:00-8:15	10 weeks	*\$50.00*	LHS-202	Marta Burke
Portuguese for Beginners	Wed	2/1/2017	6:00-8:00	10 weeks	\$55.00	LHS-612	Alice Gomes
Spanish for Beginners	Mon	1/23/2017	6:00-7:00	10 weeks	*\$45.00*	LHS-203	Mark Frattarola
Spanish Intermediate Level I	Mon	1/23/2017	7:00-8:00	10 weeks	*\$45.00*	LHS-203	Mark Frattarola
Spanish Intermediate Level II	Mon	1/23/2017	8:00-9:00	10 weeks	*\$45.00*	LHS-203	Mark Frattarola
Learning a skill							
Dog Obedience: Beginning	Wed	3/22/2017	6:00-7:00	8 weeks	*\$55.00*	WHS	Carolyn Bancroft
Dog Obedience: Advanced	Wed	3/22/2017	7:00-8:00	8 weeks	*\$55.00*	WHS	Carolyn Bancroft
{ Fine Furniture Making, Level 1	Thurs	1/26/2017	6:00-9:00	8 weeks	*\$310.00*	LHS-517	Tom McLaughlin
Fly Tying	Mon	1/23/2017	6:30-8:30	9 weeks	*\$50.00*	LHS-509	Mike Cox
Genealogy: Problems Finding your Family Roots?	Wed	1/25/2017	6:30-8:30	4 weeks	\$30.00	LHS-203	Chuck North
Golf for Beginners: Learn How to Play	Tues	5/2/2017	5:30-6:30	5 weeks	\$99.00	Laconia Country Club	Ben Stone
Golf: Intermediate-Sharpen your game	Thurs	5/4/2017	5:30-6:30	5 weeks	\$99.00	Laconia Country Club	Ben Stone
Guitar for Beginners (Level 1)	Thurs	1/26/2017	8:00-9:00	6 weeks	\$50.00	LHS-607	Carlton Page
Guitar for Beginners (Level 2)	Wed	1/25/2017	8:00-9:00	8 weeks	\$60.00	LHS-607	Carlton Page
Welding Basics: ARC, GAS, MIG & TIG	Tues	1/31/2017	5:30-8:30	10 weeks	*\$225.00*	LHS- Welding Lab	Rick Hewitt
Welding Basics: ARC, GAS, MIG & TIG	Wed	2/1/2017	5:30-8:30	10 weeks	*\$225.00*	LHS- Welding Lab	Rick Hewitt
Welding: Advanced MIG, TIG, Stick, Fabrication	Thurs	2/2/2017	5:30-8:30	10 weeks	*\$225.00*	LHS- Welding Lab	Rick Hewitt
Woodworking	Tues	1/24/2017	6:00-8:30	10 weeks	*\$110.00*	LHS-517	Ed Fellona

* * Additional Supply/book fee or pre-class requirement is additional in this course. Call Laconia Adult Education at 524-5712 for details.

{ New Course offering at Laconia Adult Education

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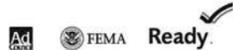
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WARRANT

(Continued from Page A1)

\$12,414,164, a total that does not include warrant articles. If this article is defeated, the default budget will be \$12,145,615.

In Article 9 the town will enter a five-year lease purchase agreement for \$538,650 for a new fire engine with a payment of \$50,000 in the first year.

Town administrator Scott Dunn said the town had planned to make the first payment of \$200,000 from the Fire Equipment Capital Reserve Fund, though the town was told that this cannot be done due to a little-known statute. The lease carries a non-appropriation clause. According to the opinion the town was given, the town can only use money from the capital reserve fund for the last payment in the case of a non-appropriation clause. This will result in a higher interest rate for this purchase.

Dunn said the best option was to make people aware in the warrant

that \$50,000 will be paid up front and the last payment of \$200,000 will come from that capital reserve fund.

Article 10 raises and appropriates \$175,000 to purchase a medium duty plow truck with accessories.

Article 11 is for phase two of the town hall improvement project, including new heating and cooling fixtures, upgrades to the water system, and hallway flooring and sidewalks. Last week the selectmen approved for the amount in this article to be \$450,000. This was the original amount, though later the amount was raised to \$525,000. The budget committee voted to not recommend the original article with committee members saying the amount could be cut in half.

Articles 12 through 17 put money into capital reserve funds. Article 12 will put \$20,000 for the Building Repair Capital Reserve Fund; \$25,000 in the Fire Water Sup-

ply Maintenance fund in Article 13; \$58,000 for the Lakes Business Park fund; and \$10,000 each in the Recreation Facilities Maintenance Fund (Article 14), Glendale Boat and Launch Ramp Facilities Maintenance fund (15), and the Sewer Maintenance fund (17).

Articles 18 through 20 are petition articles by local nonprofit organizations requesting town contributions.

Article 18 is for \$9,000 for the Laconia Area Center if Community Action Program. Article 19 would put \$3,000 toward counseling and family support services for residents by Child and Family Services.

Article 20 would out \$21,000 toward emergency mental health services provided by Genesis Behavioral Health.

The board of selectmen and the budget committee all voted not to recommend these articles. Members of both boards have said the decisions on these articles are up to the voters.

FILING

(Continued from Page A1)

day through Friday and 8 a.m.-6 p.m. on Thursday. On the last day of the filing period, Feb. 3, the town clerk's office is required by law to be open until 5 p.m.

Call the town clerk's office at 527-4713 for any questions.

Filings are open for school district offices.

There is one position school board member for a three-year

term is open, an office currently occupied by Rae Mello-Andrews.

The one-year position of school district moderator is also open, a position currently held by Sandy McGonagle.

The district is seeking candidates for a one-year position for school district clerk, which currently held by Kim Zyla. The position for a one-year

term for school district treasurer is open, which is currently held by Dawn Scribner.

Interested candidates can apply with school district clerk Kim Zyla at the SAU offices. For more information call 527-9215.

Voting on town and school offices and town meeting warrant articles will take place on Tuesday, March 14.

INAUGURATION

(Continued from Page A3)

about the chance for a change."

A naturalized citizen from the Philippines said she, too, was behind Trump all the way.

"I really believe in America," she said. "There is so much opportunity here if you are willing to work for it. I voted for Trump because I think we need a change and now I think we should give him a chance."

In Hill, another gentleman said he was excited for the future, but hoped Trump would live up to his promises.

"It's about time to listen to the people and 'drain the swamp,' as he promised," he said. "We need people who will listen to us in Washington."

Others also liked the idea of having someone outside the typical political arena as their new president.

"Success breeds success, and I look forward to it," one woman said. "We need to go back and take over our title as Leader of the Free World and I truly believe Donald Trump has the skills and knowledge to do so."

A Bristol resident chimed in by saying, "I'm eager to see how the next four years in this country go- yes,

even for those who live here but won't acknowledge our country's new president. I believe the next four years will be 'great.'"

A few polled throughout central New Hampshire however were on the fence as Trump was sworn into office.

"Trump has been a controversial candidate who reached out to the citizens and gained enough support through the Electoral College to make his way to Washington. Many applauded his election and expressed their thoughts last week," one woman said. "We'll just have to wait and see how it goes."

Then there was the other side of the coin; those who were going to miss Obama's presence in the White House, and were afraid for the future.

"I loved Obama — really a class act, even if you didn't like his policies. Trump is scary. Divisive, cold, arrogant, prejudiced," one man said. "Most of all, he can't take any criticism. Anyone who disagrees with him is fake, phony, a loser... What happens when a foreign power or leader starts blasting him? I get so scared for World

War III."

Some women were also dismayed that the country didn't support its opportunity to have the first woman elected to the highest office in the land.

"I don't understand why people couldn't rally more to support Hillary. I think they were just afraid of a woman in an office like that," said one Clinton supporter.

Despite all of those opinions, Trump was sworn in last week and got right to work the very next day, taking steps toward his mission to "Make America Great Again."

"We'll see," many responded over the weekend as they kept tabs on his first steps as President.

As events unfolded, though, perhaps the most thought provoking comment came from a teenager girl in Tilton who, during the ceremonies last Friday afternoon, had this to add: "Today is a day to come together as a country. As we venture into this new era, I hope we are all able to see the goodness in each other- as well as the areas in need of improvement. Stay strong, USA. We will make it through this."

TALKIE

(Continued from Page A4)

other public sources. By law, consumers have the right, once a year, to ask for free reports from each of these bureaus.

My friend and colleague, Diane Hooper, a licensed mortgage loan originator with Annie-Mac Home Mortgage, explained that our credit scores are expressed as a number that usually falls within a range from 350 to 850, although other credit scoring products to consider ranges from 501 to 990.

"Maintaining a high credit score is important because this is one of the (key) factors that determines whether you will be approved for credit and how much you will have to pay for the money you borrow," Diane notes, adding that "applicants with high credit scores typically are offered lower interest rates and better terms and conditions than applicants with lower scores".

Moreover, low scores

severely raise the odds that a credit application, especially for a home loan, will be denied, she says.

Besides having the right to one free report a year from each of the reporting bureaus, consumers who have been denied credit also have the right to obtain a free copy of the credit report their lender used in making its decision, according to Diane. She advises that people who have been denied follow up with a review to ensure the report is accurate and file a dispute with the credit bureau if inaccuracies are discovered. Here are the websites of each of the three major reporting bureaus: www.experian.com; www.transunion.com; www.equifax.com

Be sure to call me if you're contemplating the purchase of a home and need help getting pre-approved for a loan. Diane Hooper is among the region's very best financial

experts who make themselves available with free advice, counseling and financial analysis to get people started on the path to homeownership. Plus, my own buyer/seller consultations and home valuations are always free. Contact me today, because what you don't know about our current real estate market could cost you valuable time and money.

Thank you for reading The Winnepesaukee Talkie.

The Winnepesaukee Talkie is a real estate feature column produced by Randy Hilman, an award-winning former business journalist for The Tennessean, a Gannett daily newspaper located in Nashville, Tenn. Mr. Hilman today is an associate broker at Keller Williams Lakes & Mountains Realty, Wolfboro. He can be reached at 610-8963 or by email at rhilman@randyhilman-homes.com.

SCREENAGERS

ties, and consequently rely on social media for their social interactions. Too much social media has been shown to decrease a child's attention span, and to have a negative effect on learning and social skills. Multi-tasking has been shown to decrease the efficiency of assignments, even though the assignments are

supposedly fully "completed". A false sense of achievement is misled by inadequate accomplishment! Evidence indicated that self-control, not intellectual ability, was a better predictor of academic achievement.

Since the solution to excessive use depends on parents, some suggestions were to set reasonable guidelines(-

contracts) agreeable to both the child and the parents. And the parents would have to set the example! One direction was to "ban" the use of social media during meals, in the family automobile, and in the bedroom. This would allow the parents to actually interact with their children, rather than have the Smart Phone replace

(Continued from Page A8)

the parents. The ultimate decision rests with the parents.

The Gilford PTA and "Gilford Together" will continue their community programs with "High and Seek" on Thursday, Feb. 16, at 6 p.m. at the Gilford Elementary School. This presentation will focus on increasing the awareness and early detection of teenage alcohol and drug use, and identification of high risk behaviors.

Supporting Actress, Lori McGinley for Best Costume Design, Thom Beaulieu for Best Lighting Design, and Neil Pankhurst for Best Sound Design. Broadway veteran Kirsch also took home the award for Recognition of Playwriting Excellence for her original script which had its world premiere at the Playhouse.

In addition to winning Best Professional Musical, "Cabaret" won Best Director for Clayton Phillips and Best Choreographer for Bryan Knowlton.

In the Community Theatre Division, Ray Dudley won Best Supporting Actor Drama/Comedy for his powerful performance as Big Daddy in "Cat on a Hot Tin Roof" last February. This is the second time Ray has won this award for his work at

the Playhouse.

The Best Actor in a Youth Production went to Gilford High School senior Jack Harding for his incredible performance as Romeo in "Romeo and Juliet."

Additionally, the Playhouse was named "Top 3" for sixteen other awards including Best Professional Drama/Comedy for Peter and the Starcatcher and Best Production Youth for "Romeo and Juliet." Each participating theatre company has the opportunity to choose their own "Theatre Hero" who is recognized with a certificate. The Playhouse chose volunteer coordinator Laura Stephan for the honor.

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COFFEEHOUSE

(Continued from Page A1)

of the work. Committee member Jack Harding said they had a preliminary meeting last Friday to help pull the event together. Committee members bought food and everyone came in after school to get the room ready. Coffee was donated for the event by Wayfarer Coffee of Laconia. Committee member Kaia Langathianos said they got student artwork from the Art Department to adorn the walls of the Coffeehouse. "It's definitely great to have a lot of participants," said committee member Luke Hard-

ing. "When people start seeing other people who have the confidence to do it they... find the confidence to do it themselves." Luke Harding said he first came to Coffeehouse as an eighth grader watching his freshman brother Jack perform. Jack is now a senior and Luke is a junior. "Ever since then I look forward to it," Luke Harding said. Teachers Louise Jagusch, Dense Sanborn, Lyvie Beyrent, and auditorium director Scott Piddington working with them through the process. "I think it's cool

because we're seeing some different types of acts," Jagusch said. She said it is really exciting to see the students perform. "I am surprised every year, there's some who walk the halls of this school with this amazing talent and this night showcases them," Jagusch said. Freshman Ryan Hamel did a breakdance routine. Hamel said he has done seven years worth of Michael Jackson impersonations and displayed his skills at talent shows. He said he rehearsed the routine for about a day before taking the



ERIN PLUMMER
Sophie Leggett performs an original song at Coffeehouse at Gilford High School.

stage at Coffeehouse for the first time. "It was really amazing; one of the best feelings I've ever had," Hamel said. "Being able to be who I really am is just amazing." Seniors Stevie Orton and Kaylee Lemire sang a duet of "Cherry Wine" by Hozier. Lemire said they came up with their performance three hours before the show. "All we did is we figured out the harmony and who was singing when," Orton said. "This is a good song to end off on."



ERIN PLUMMER
Ryan Hamel shows his breakdancing skills.

Both of them are regulars at Coffeehouse. "We're kind of pros at this point," Lemire said. She said now coffeehouse is such a stress-free environment. Lemire said it is bittersweet to be doing this for the last time. "It's a little bitter-sweet, but there are really bigger and better things to do," Lemire said.



ERIN PLUMMER
Stevie Orton and Kaylee Lemire perform "Cherry Wine" during Coffeehouse.

Seniors Brian Hogan and Ryan Hutchins squared off in a rap battle. Hogan said they have done these kinds of battles before, this time he came in with a script. "I love it a lot, it was a lot of fun," Hogan said. He said it was a little sad knowing this was his last year of doing Coffeehouse.

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JEFF LAJOIE

Gilford junior Olivia Harris (5) battles for a rebound with Somersworth's Sylvia Hamilton in the host Eagles' 45-21 victory on Friday night at GHS.



JEFF LAJOIE

Sophomore Lexi Boisvert boxes out a Somersworth player for a rebound in the second quarter of the Eagles' 45-21 win on Friday night.



JEFF LAJOIE

Lauren Dean of Gilford closes in on a Somersworth ball handler during a full court press early in the Eagles' win on Friday night.

Cole, Orton lift Eagles to dominant win over Somersworth

BY JEFF LAJOIE

jlajoie@salmonpress.com

GILFORD – There hasn't been a game this season that the Gilford High School girls' basketball team hasn't been in. The results are finally starting to turn in their favor.

The host Golden Eagles never trailed on Friday night, capturing their third win in a row to get back to the .500 mark entering this week with a convincing 45-21 dismantling

of Somersworth High School in an NHIAA Division III contest.

"It's always a big win when you can beat Somersworth," said Gilford head coach Rick Forge, whose team improved to 5-5 overall after beginning the season 2-5. "I thought we played a pretty good game overall but defensively, we played very, very well. We had a lot of different people involved."

The streak began

with wins over Berlin and Franklin, and it moved to three games when the Eagles stormed out of the gates against Somersworth and didn't look back. Gilford held the visiting Hilltoppers (4-6) to just one point in the first quarter, and the squad never reached double digit points in any of the four frames en route to their second-lowest point total of the season (21).

"We've gotten bet-

ter each of the last five games we've played," said Forge. "We've been in every single game this season so there's been a lot of good effort by the kids. We've started to get some scoring and that's made a big difference."

Freshman Shelby Cole certainly contributed to that newfound scoring load, as the sharpshooting rookie came off the bench to lead the way with 13 points. Cole made

three three-pointers, sinking five of her nine shots in total.

"She's started to get more and more playing time so we've been able to develop a shooter there," Forge said of Cole. "Once you get a shooter on the floor, you saw what can happen. Things opened up inside for kids like Stevie (Orton) and we can do a little bit more offensively."

Orton scored seven of her 11 points in the second half, as she was able to weave through Somersworth defenders and get to the basket for either points or assists to open teammates underneath. The senior filled up the stat sheet in another big effort, pulling down 13 rebounds to go with nine steals and four assists.

"We can do a lot more when we have outside shooting along with Stevie doing some damage inside," Forge offered.

Gilford led 7-1 after one quarter, holding

Somersworth scoreless over the final 5:09 of the frame. The Hilltoppers got within 7-5 with the first four points of the second quarter, but that would be as close as they would get. Gilford answered with a 13-2 run to close out the half, with hoops coming from Olivia Harris, Lexi Boisvert, Taryn Breton, Cole and Orton. Emily Bell, who hit three three-pointers in the win over Franklin, drained a triple in the waning seconds of the half to give the Eagles a 20-7 advantage at intermission.

The Eagles exploded in the third quarter, getting into their rhythm offensively with the inside/outside game working. Cole drilled all three of her three-pointers in the third, while Harris hit her second of two three's on the night. Orton got inside for a basket and a foul as well, as Gilford took off and snagged a commanding 35-12 lead entering the

SEE HOOPS PAGE B3

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Gingrich, Mclean amongst top Eagle swimmers at Bobcat Invitational

BY JEFF LAJOIE

jjajolie@salmonpress.com

DURHAM – In one of the biggest meets of the year, the Gilford High School swim team had a busy day in the pool on Sunday. The Golden Eagles traveled to UNH's Swasey Pool for the 2017 Bobcat Invitational, an event with hundreds of

competitors from around the Granite State.

Gilford was paced by freshman Laurel Gingrich, who scored three top 20 finishes on Sunday. Gingrich's best event finish was in the 100 Freestyle, where she raced to an 11th place finish with a time of 1:00.34. Gingrich also added a

12th place showing in the 200 Individual Medley (2:37.88) while tossing in a 19th place showing in the 100 Breaststroke (1:20.62).

Junior Olivia Morea was also impressive for the Eagles on Sunday. Her top finish came in the 100 Butterfly, touching the wall in 1:11.73 for a

13th place overall finish. Morea was 15th in the 50 Freestyle (27.53) and 24th in the 100 Breaststroke (1:21.88).

Senior Zoe Fullerton also scored a trio of top 25 finishes, with the 100 Freestyle leading the way thanks to a 16th place finish (1:01.13). Fullerton was 21st in the 50

Free (27.90) and 25th in the 200 IM (2:52.12) to aid the Eagles at UNH.

Junior Michele Young had her best race of the day in the 100 Butterfly, taking 39th overall in 1:28.07 to go along with a 106th place showing in the 50 Free (33.03). Sophomore Jennie Gannon was 77th in the 100 Backstroke

(1:29.96), 81st in the 200 Free (3:25.83) and 159th in the 100 Free (1:22.36), while freshman Madison Eastman notched a 45th place performance in the 100 Fly (2:06.97) along with a 68th place finish in the 200 Free (2:59.62) and a 153rd place finish in the 100 Free (1:21.82).

Fellow freshman Cyndal VanSteenburg was 73rd in the 200 Free (3:05.26) and 177th in the 50 Free (36.28) for Gilford.

On the boys' side, junior Beck Mclean had the best finish of any Eagle all day in the 500 Freestyle. Mclean swam to a fifth place finish in the grueling event, touching the wall with a time of 5:51.59. He also added top 25 finishes in the 200 Free (13th, 2:06.81) and 50 Free (22nd, 25.67) to account for an outstanding day in the pool.

Senior Michael Hart was also solid, scoring three top 20 finishes with a consistent day's worth of work. Hart was 17th in the 200 IM (2:42.40), 18th in the 100 Fly (1:14.07) and 18th in the 100 Backstroke (1:10.67).

James Richardson swam three events as well for Gilford, with his best finish coming in the 100 Backstroke (39th, 1:50.47) to go along with the 100 Free (87th, 1:15.77) and the 50 Free (81st, 30.55). Ryan Witham was also in three events, taking part in the 200 Free (45th, 2:56.89), 100 Free (92nd, 1:17.59) and 50 Free (95th, 31.78).

Bulldogs knock Kennett from the ranks of the unbeaten

BY JEFF LAJOIE

jjajolie@salmonpress.com

CONWAY – Thanks to the Belmont-Gilford hockey team, there are no more unbeaten teams left in Division III.

The Bulldogs made sure of that last week, as they traveled to Ham Arena and took care of business in a solid 4-1 win over host Kennett on Jan. 18.

It was the first regular season meeting between the two teams, though the squads met over the Christmas holiday at Kennett's annual tournament – an overtime win for the Eagles.

Belmont-Gilford (6-1-1 entering this week) broke a scoreless tie in the second period, as freshman Hayden Parent took a feed from Chaz Hacking and buried a shot to put the Bulldogs up 1-0. It was the first varsity goal for Parent, who picked a good time to find the back of the net against the undefeated Eagles.

That advantage carried over into the third period, when B-G took a 2-0 lead thanks to an unassisted Hacking goal. Senior defenseman James Buckley made it 3-0 in the third, scoring a goal just two minutes after Hacking with an



Senior goalkeeper Bailey Defosie made 14 saves in leading Belmont-Gilford to a 4-1 win over Kennett.

Kierstead kicks off new snocross season

ALTON — The weekend of Jan. 28 and 29 will be the start of the ninth season of snocross competition for Tucker Kierstead of Alton. Kierstead began racing snowmobiles at the age of seven, and he hasn't looked back since. What began as a family hobby, has turned into a serious commitment over the years. Sponsored locally by Andrew's Marine Service and Eastern Propane, Kierstead will continue to pursue his passion for snocross, riding his Arctic Cat ZR600 in competition this winter.

While the national snocross season began in November, the competition on Jan. 28 and 29 in Bangor, Maine will be the first in a series of seven scheduled events across New England and upstate New York as part of the race circuit Kierstead runs with EastCoast Snocross. As a member of the Kislowski Racing team, 15-year-old Kierstead has been approved to compete in the Sport class with racers aged 18 and older. Racing at this level will give him the challenge he seeks, both physical and mental, amidst this group of



TUCKER KIERSTEAD of Alton will be starting a new snocross season this weekend in Maine.

accomplished riders.

The sport of snocross demands extreme mental focus, as well as strategic and tactical thinking, both on and off the track. And, to be highly competitive, it also requires the athlete to be in top physical condition to achieve the strength and stamina necessary to stay out in front of the pack. Kierstead works diligently to accomplish these goals through his off-season activities and training routines. He continues to work closely with Jeremy Jorgensen of Core Dynamix

in Alton, where he finds the competitive edge necessary to improve not only his muscle power, but his inner strength as well. This type of training has been pivotal in helping Kierstead discover and maintain the driving force that he will use to gain advantage over his competition.

Fast-paced and thrilling, snocross is best experienced live and trackside. Unfortunately, New Hampshire is not on Kierstead's schedule this season, but you will find him racing in Maine, Vermont and Connecti-

cut, as well as venues in upstate New York. You can check the full schedule, watch live events, and follow Kierstead's race results at www.EastCoastSnocross.com.

Kierstead and AMS Racing would like to thank the many fans and sponsors who have followed and supported them throughout the years. A special thank you, also, to Eastern Propane for their continued partnership with the AMS Racing family, and their shared interest in the success of Kierstead's racing career.

JEFF LAJOIE

(Left) Sophomore Connor Dupuis and the visiting Bulldogs picked up a huge win last week, knocking off the last remaining undefeated team in Division III. B-G powered to a 4-1 win over Kennett on Jan. 18 at Ham Arena in Conway.

assist to sophomore Alex Muthersbaugh.

Kennett cut the deficit to 3-1 on an Anthony Graziano goal, but with the Eagle net empty, B-G put things out of reach when Hunter Dupuis tallied with just 36 seconds left to close out the 4-1 victory.

Senior goalkeeper Bailey Defosie turned away 14 of the 15 shots that came his way, as the B-G defense did an outstanding job limiting Kennett scoring chances. Kennett keeper John Biggio finished with 19 saves on the night.

GILFORD HIGH SCHOOL SPORTS SCHEDULE

Friday, January 27
GIRLS BASKETBALL
 Gilford at Prospect Mountain, 6 p.m.
BOYS BASKETBALL
 Prospect Mountain at Gilford, 6 p.m.
ALPINE SKIING
 Belmont, Gilford at Gunstock, 10 a.m.

Saturday, January 28
HOCKEY
 Belmont-Gilford at Hollis-Brookline, TBA

Sunday, January 29
INDOOR TRACK
 Winnisquam, Gilford, Belmont at UNH, 1 p.m.

Monday, January 30
UNIFIED BASKETBALL
 Belmont at Gilford, 4 p.m.

Tuesday, January 31
GIRLS BASKETBALL
 Hopkinton at Gil-

ford, 6:30 p.m.
BOYS BASKETBALL
 Gilford at Hopkinton, 7 p.m.
NORDIC SKIING
 Gilford, Belmont at TBA, 2:30 p.m.
SWIMMING
 Gilford, Winnisquam at Goffstown, 7 p.m.

Wednesday, February 1
HOCKEY
 Somersworth/Coe-Brown at Belmont-Gilford, 5 p.m.

Friday, February 3
GIRLS BASKETBALL
 Gilford at St. Thomas Aquinas, 6:30 p.m.

BOYS BASKETBALL
 St. Thomas Aquinas at Gilford, 6 p.m.
ALPINE SKIING
 Gilford, Moultonborough, Belmont at Gunstock, Winnisquam at Alpine Race (WAR), 10 a.m.

Newfound searching for three coaches

BRISTOL — Newfound Regional High School has an opening for a JV baseball coach, an assistant track coach and a JV softball coach. Please send letter of intent, resume and names and phone numbers of three ref-

erences to Superintendent Stacy Buckley, SAU4, 20 North Main St., Bristol, NH. 03222. Questions should be directed to Peter Coffran, Athletic Director at pcofran@sau4.org or 744-6006, x1507.

Balanced JV Eagles thump Somersworth

BY JEFF LAJOIE

jlajoie@salmonpress.com

GILFORD — A dominant effort from start to finish lifted the Gilford High School JV girls' basketball team to a convincing 54-22 victory over visiting Somersworth on Friday night.

Freshman Shelby Cole led the way with a stellar first quarter, as she scored 10 of her 13 points in the opening stanza to help Gilford to an impressive 18-point first period. Teammates Reagan McIntire, Alysha Burton, Karly Sanborn and Colby Butterfield also added hoops as the Eagles stormed out to a big early lead and never looked back.

Gwen Knipping sank a three-pointer in the second quarter and Abigail O'Connor scored five points in the frame to help continue the momentum.

The Eagles scored 14 points in the third quarter, with Sanborn scoring four points and Cole sinking a three-pointer. Laurel Normandin, Abigail Warren and O'Connor



JEFF LAJOIE

Gilford's Abigail Warren tries to twist around for a basket in the fourth quarter of the JV Eagles' 54-22 win over Somersworth on Friday night.

nor also added offense in the frame.

In the fourth, Jaylin Tully notched all five of her points to finish off the Hilltoppers. Hannah Perkins and Maddi Rector also scored in the fourth as the Eagles pulled away for the 32-point victory.



JEFF LAJOIE

Forward Elena Uicker defends a Somersworth player late in Gilford's 54-22 victory on Friday night. Cole's 13 points led the way, while O'Connor added seven points and Sanborn tossed in six. All told, 12 different Gilford players scored points in the balanced thumping of Somersworth.

Teen Master Tennis continues winter session

TUFTONBORO — Teen Master Tennis Academy continues its winter tennis sessions on Tuesday and Fridays at Pick Point Tennis Club in Tuftonboro. Phil Eisenmann, tennis pro, leads students from Kingswood, Brewster Academy, Prospect Mountain, Gilford and Inter-Lakes High Schools through drills and match play. Drills focus on warm ups, foot work, forehand and back hand strokes, volley, overhead and serving during the two-hour sessions, which started in November and will continue through April. Contact Eisenmann at 267-7912 for more information on the summer session.

This professional development opportunity for local teen players who commit to enhancing their tennis skills is made affordable to all thanks to support from Wolfeboro businesses, including Peoples United Bank, Meredith Village Savings Bank, Eastern Propane Gas Inc., Dive Winnepesaukee Corp., and P&D Zimmerman FLP as well as many of the members of the Wolfeboro Tennis Club and local and summer residents. Scholarship support is available. TMTA is a 501C3 corporation registered in New Hampshire. Donations

are solicited to help subsidize this program and are tax deductible. Please mail to Teen Master Tennis Academy, PO Box 118, Wolfeboro Falls NH 03896. Contact Hank Why at 387-9180 for more information on TMTA.

Inter-Lakes Outing Club hosting Warren Miller film screening

MEREDITH — The most respected name in action-sports film production, Warren Miller Entertainment has announced its 67th full-length feature film will be titled, Here, There and Everywhere. The industry leader also reveals the original cinematographer, narrator and household name Warren Miller himself will appear on-screen in this year's movie.

In 1949, original ski bum and adventure film pioneer Miller began capturing the wonder, the adventure, the humor and the beauty that is skiing. Since that

time, Warren Miller film crews have traveled the globe, from storied slopes to hidden, snow-covered corners, taking powder-hungry filmgoers Here, There and Everywhere. This year, Warren Miller Entertainment continues that legacy.

In this 67th annual Warren Miller film, take a freeski voyage with industry veterans Ingrid Backstrom and Wendy Fisher in Crested Butte, tour Eastern Greenland by dog sled with Seth Wescott and Rob Kingwill and follow Jess McMillan and Grete Eliassen on a Swiss holiday aboard the Glacier Express. Explore the backcountry of Western Montana's Glacier Country with Tyler Ciccanti, Collin Collins and Keith Curtis and catch a powder day with Kaylin Richardson, Matt Elliott, Marcus Caston and the Kicking Horse ski patrol in British Columbia.

Travel along as Warren Miller Entertainment commemorates Stein Eriksen in Deer Valley, captures the big air at Boston's Fenway Park and rides the big lines of Cordova, Alaska with snowboarders Ryland Bell and Morgan Hebert, plus much more.

Hosted at the Inter-Lakes Community auditorium on Feb. 3, tickets are available at the door, online at <http://www.skinet.com/warrenmiller/events> and www.interlakes.org. Contact Tim Hayman tim.hayman@interlakes.org. The show is a fundraiser for the Inter-Lakes Outing Club.

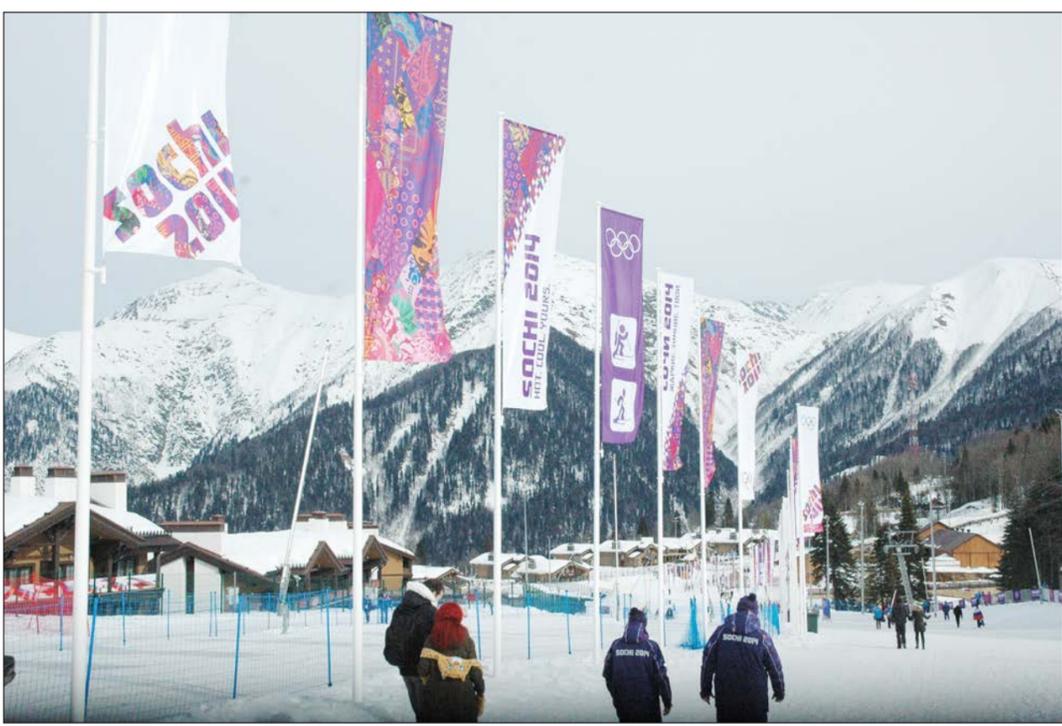
Sponsors of the 2016 Warren Miller Film Tour include Western Montana's Glacier Country, Gosling's, L.L. Bean, Moosehead Lager, Switzerland Tourism, Helly Hansen, Korbel and SKI Magazine.

So I guess this Olympics thing is official again

Back at the end of October, I got an e-mail from the US Olympic Committee, announcing that they were giving me a credential for the 2018 Winter Olympics in Pyeongchang.

My experience with the 2014 Olympics in Sochi was beyond compare. I was blown away by everything that went in to the Olympics and enjoyed everything about my trip to Russia. Getting a chance to cover local athletes who I covered in high school who are now on the biggest stage in the world was fantastic and just getting the chance to see elite athletes compete on said stage was impressive. I tried to see as much as I possibly could and got to all of the venues and saw almost every single sport, at least for a little while.

But most impressive to me about the entire experience was that so many people helped me to make the experience



JOSHUA SPAULDING

THE 2014 OLYMPIC credentials took me to Sochi, the 2018 Olympics will take me to Korea.

SPORTING CHANCE



By JOSHUA SPAULDING

possible. Going to the Olympics is not a cheap venture, even as someone who is going there to work. As I worked toward the Sochi Olympics, so many people came out to help me, sending donations and holding fundraisers. I billed it as an experience of a lifetime and it indeed was just that. I was blown away by people I didn't even know helping to make this experience happen for me.

As a result, I was able to experience Sochi without going into any more credit card debt. I remain truly grateful to everyone who made that experience a possibility

for me.

As I prepare for my second Olympics experience, I realize that I can't expect that I can promote this as an experience of a lifetime, since I already experienced it once before. So I've yet to figure out just how I want to go about funding this trip.

I was likely going to put off thinking about it for a little bit, but my brother, despite being in the southern hemisphere for Christmas, got me thinking about it over the holidays. One of his gifts to me was a check to go toward my Olympic experience and after leaving it on my table for a few weeks, I took it to TD Bank here in Wolfeboro last week and Donna helped me to set up a new Olympic account. Four years ago, the folks at TD Bank were very helpful in helping me get

this going (while Citizens Bank came through with a huge assist when currency exchange became an issue) and I am thankful for them for helping me out.

So now there is an account at TD Bank in Wolfeboro under my name and 2018 Olympic Fund. If someone wants to help out, I would be grateful but I completely understand that this is a different situation than it was four years ago. I am brainstorming ideas to raise money and my company has again agreed to match anything I raise (in addition to paying me while I'm there), so I'm optimistic that it can happen.

Any donations can be sent to TD Bank in Wolfeboro (PO Box 549, Wolfeboro Falls 03896) or to me at the address below. And any fundrais-

ing ideas are more than welcome. And, if you know of someone with local connections who will be there in any capacity, let me know, since there are always good stories of locals on the big stage.

And I'm hopeful that this Olympic experience will be just as much fun and just as exciting as 2014.

Joshua Spaulding is the Sports Editor for the Granite State News, Carroll County Independent, Meredith News, Gilford Steamer, Winnepesaukee Echo, Plymouth Record-Enterprise, Littleton Courier, Newfound Landing, Coos County Democrat, Berlin Reporter and The Baysider. He can be reached at sportsgsn@salmonpress.com, at 569-3126, or PO Box 250, Wolfeboro Falls, NH 03896.

HOOPS

fourth.

Gilford closed things out in the final stanza, with Emily Smith and Bell scoring late. The defense held Somersworth to just 14 points in the second half, forcing mostly outside jump shots and cleaning up the boards. The Eagles held a decisive 37-23 edge on the glass and kept their turnovers under 20 (17) to pull away for the 45-21 victory.

Cole and Orton were the double digit scorers for the Eagles, while Harris added eight

(Continued from Page B1)

points to go along with a busy night defensively as an integral part of the team's full court press.

"Olivia Harris did a great job defensively for us," Forge said.

Looking ahead, Gilford now turns its attention to road games against Inter-Lakes and undefeated Prospect Mountain this week.

"We still have eight games left so we have to maintain and continue to improve the rest of the way," Forge said.

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Keep in mind we are a weekly publication and for best results you should run your ad more than once.

Read your ad carefully the first time it appears in the paper. If it contains any errors, or if you wish to make a change, call us immediately. Errors will only be credited after the first run date.



A/V TECHNICIAN

Encore Event Technologies is looking for a Full Time A/V Event Technician at one of our contracted properties. We offer terrific benefits! We are the leading provider of creative and innovative in-house audiovisual services for hotels, conference centers and resorts throughout the United States. Encore has state-of-the-art equipment and hospitality-minded, technology professionals. Come be a part of it!

Visit www.encore-us.com/careers or email ELISABETH.DWYER@ENCORE-US.COM

Alton Central School Alton, NH

is a Pre-K – 8 School, seeking applicants for the following positions:
Technology Assistant

Provide technical support for PowerSchool, student data, website, Performance Pathways, Edline, etc. Assist with monthly server maintenance and basic server tasks. Maintain printers, and order technology supplies. Candidate should be outgoing and have good organizational and data skills. Proficiency with Microsoft Office, especially Excel, required. PowerSchool and NWEA experience a plus. Full-time year round 40 hour per week position. Please forward a letter of interest, application, resume, copies of transcripts if applicable to:

Naim Syed, Technology Director
Alton School District – SAU #72
252 Suncook Valley Road
Alton, NH 03809

Deadline: January 31, 2017 or until filled

LITTLETON REGIONAL HEALTHCARE

Cafeteria Aide

Littleton Regional Healthcare is seeking a full time Cafeteria Aide to join our team.

The primary objective of the Cafeteria Aide is to provide guests and staff with quality service in a timely manner.

The Cafeteria Aide responsibilities include;

- Communicate to the Kitchen Manager and/or Supervisor about daily changes with menu or routine, and keeping them promptly and fully informed of all problems or unusual matters of significance and takes prompt corrective action where necessary
- Knowledgeable with the POS and the proper procedure for cashing out
- Crossed trained in both the opening shift and closing shift and flexible with scheduling both shifts
- Must be willing to continually seek new training and education in the department
- Perform all duties and responsibilities in a timely and effective manner
- Work with the Kitchen Manager, Supervisor, line cooks and other staff to provide food service needs in accordance with food safety and sanitation guidelines

Viable candidates must have a GED or high school diploma.

Littleton Regional Healthcare offers competitive compensation, a generous benefits package

Qualified candidates are invited to apply at our website www.lrhcares.org

Littleton Regional Healthcare
Human Resources Department
600 St. Johnsbury Road, Littleton, NH 03561
Phone: 800-464-7731 or 603-444-9331
Fax: 603-444-9087

EOE

✧
Bring your classified ad right into the office located nearest to you and drop it off. We'd love to see you!
✧



Town of New Durham

DELIBERATIVE SESSION OF THE TOWN MEETING

When: Monday, February 6, 2017

Time: 7:00 p.m.

Place: New Durham Elementary School Gymnasium

TOWN ELECTION

When: Tuesday, March 14, 2017

Time: 8:00 a.m. to 7:00 p.m.

Place: New Durham Elementary School Gymnasium

Senate Bill #2 (SB2) provides for absentee voting on all warrant articles as well as the town and school district officers. Any person who is absent from the town in which he or she is registered to vote on the day of the election or has a religious commitment or a physical disability may request an absentee ballot. No additions can be made to the checklist after February 28, but voters may register at the polls on Election Day.

NOTICE TO BELMONT RESIDENTS

Declaration of Candidacy for the March 2017 election will be accepted at the Office of the Town Clerk weekdays between the hours of 7:30AM to 4:00PM from Wednesday, January 25, 2017 to Friday, February 3, 2017.

ONLY DECLARATIONS will be accepted between the hours of 4:00 to 5:00PM on Friday, February 3, 2017.

POSITION	OPENINGS	TERM
Selectmen	(1)	3 Year Term
Trustee of Trust Funds	(1)	3 Year Term
Cemetery Trustees	(1)	3 Year Term
Planning Board	(2)	3 Year Term
Library Trustees	(1)	3 Year Term
Zoning Board	(2)	3 Year Term
Budget Committee	(4)	3 Year Term

COLDWELL BANKER

RESIDENTIAL BROKERAGE

CENTER HARBOR

32 Whittier Hwy
603-253-4345

CenterHarbor.NH@NEMoves.com

LACONIA

348 Court Street
603-524-2255

LakesRegionInfo@NEMoves.com



Moultonboro \$1,895,000 #4613747
Custom home set on 1 acre with 200 ft. of waterfront, exquisite interior, wide plank floors, 4 bedrooms, Thermador kitchen, deck, patio, perched beach, and 48 ft. dock.
Ellen Karman 603-986-8556



Wolfeboro \$849,000 #4613063
Private Keniston Island dream property on southeastern point known as "Camp Comfort" The house is loaded with charm, 3 bedrooms, 2 baths, a modern bright kitchen, several sitting areas.
Ellen Mulligan 603-387-0369



Gilford, \$679,000 #4613511
Stunning Governor's Island home that has been restored and enlarged with the utmost care and style. Amenities inc. tennis, beach, and clubhouse.
Susan Bradley 581-2810



Meredith \$645,000 #4507272
Majestically located to take in awesome views of nearby mountains, nearly 6,000 sq. ft. of living space, great views, updated kitchen with eat in breakfast nook, formal dining, large first floor master.
Bob Williams 603-455-0275/Danielle McIntosh 603-393-9538



Moultonboro, \$584,900 #4613434
This waterfront home is move-in ready. Quality built with many upgraded features. Some views of the Osipee Mountain Range. 24' dock will be installed before the closing. Balmoral amenities.
Bill Richards 603-253-4345



Gilford, \$289,000 #4613295
VIEWS!! One of 4 lots available on top of Trailview Dr. Substantial residential building lot for the home of your dreams with captivating long range views of the Lakes Region & Lake Winnepesaukee.
Ellen Mulligan 603-387-0369



Belmont \$284,900 #4606070
Year round Winnisquam waterfront fun! 7 year young home, open concept living room, kitchen featuring plenty of storage and island seating. Windows span living room for wide views across Lake Winnisquam.
Linda Fields 603-244-6889



Belmont \$275,000 #4611688
Established Restaurant in the heart of the Lakes Region. Dining area accommodates 90 seats plus bar. 2 attached rental units for additional income.
Shelly Brewer 581-2879



Franklin \$239,900 #4612172
Beautiful Victorian, currently a 3 family home. Located in a business zone, great opportunity for owner occupant w/ business. 1.4 AC w/ frontage on the Pemigewasset river.
Nancy Desrosiers 581-2884



Titton \$191,000 #4611430
Wonderful opportunity to own on Lake Winnisquam at an affordable price! 2 BR with large balcony & shared beach, docks and more.
Brenda Rowan 581-2829



Gilford, \$144,900 #4614332
Turnkey, beautifully furnished 2 BR, 3 BA condo with private deck. Finished lower level with family room, bath and laundry. Close to beach, skiing and all Lakes Region amenities.
Robin Dionne 581-2867



Franklin, \$139,900 #4613933
A lot of potential for this home on a level, nicely landscaped .93 acre lot in a great location near everything.
Sean Wallin 581-2821



Meredith, \$69,000 #4453649
Walking distance to Meredith parks, Community Center and all of Meredith's amenities. Mobile Home being sold as-is. Nice lot with public septic, water & zoned for commercial use.
Bob Williams 603-455-0275/Danielle McIntosh 603-393-9538



ONE STOP SHOPPING:

- Real Estate
- Mortgage
- Title Services



Moultonboro, \$66,500 #4614415
Easy to get in and out. Electrical hookups are available at each dock. Dock box allowed. Pump out station. Included with the boat slip comes access to Quayside Yacht Club.
Ellen Karman 603-986-8556

www.NewEnglandMoves.com

LOVE YOUR COMMUNITY:
Spend Locally!

THANK YOU for browsing The Town-to-Town Classifieds!

KIDS' CORNER

THIS DAY IN...



HISTORY

- **1933:** ADOLF HITLER IS SWORN IN AS THE CHANCELLOR OF GERMANY.
- **1968:** THE NORTH VIETNAMESE LAUNCH AN OFFENSIVE AGAINST THE SOUTH VIETNAMESE AND THEIR ALLIES DURING THE VIETNAM WAR.
- **1972:** BRITISH TROOPS CLASH WITH NORTH IRELAND CIVIL RIGHTS MARCHERS.

What's the Difference?

There are four things different between Picture A and Picture B. Can you find them all?

A



B



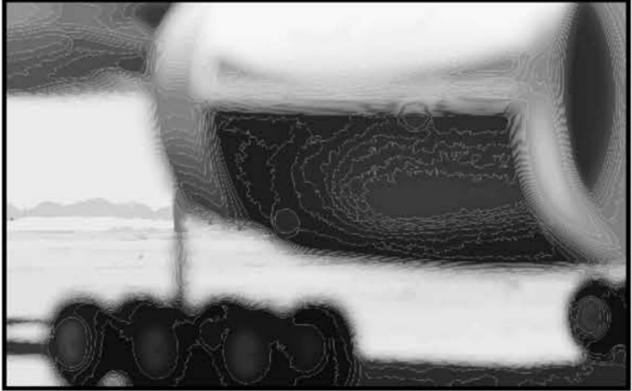
Answers: 1. Bus number is 5555 2. Woman's hat is missing the brim 3. Woman's bag is gone

New
word

SEMI

a tractor-trailer

GET THE PICTURE?

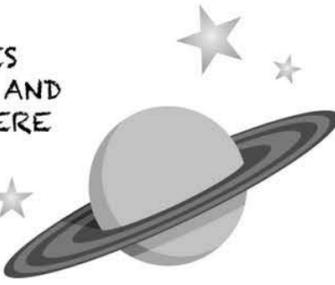


CAN YOU GUESS WHAT THE BIGGER PICTURE IS?

ANSWER: AIRPLANE

SPACE FACT:

THIS MODE OF TRANSPORTATION TAKES ASTRONAUTS INTO SPACE, AND MAY TAKE CIVILIANS THERE IN THE FUTURE



ANSWER: SHUTTLE

Did You Know?



RECREATIONAL VEHICLES ARE JUST LIKE HOMES ON WHEELS. MANY HAVE COMPLETE KITCHENS, BATHROOMS, LIVING SPACES AND BEDROOMS.

How they SAY that in...

- ENGLISH:** Truck
- SPANISH:** Camión
- ITALIAN:** Camion
- FRENCH:** Camion
- GERMAN:** Tausch

J.D. Power 2016 IQS Results Are In And We Couldn't Be More Proud!



"Highest Ranked Compact Multi-Purpose Vehicle in Initial Quality" by J.D. Power
For the 2016 Soul[†]



"Highest Ranked Small SUV in Initial Quality" by J.D. Power
For the 2016 Sportage[†]



SIGN IT & DRIVE IT

\$0 Down + \$0 1st Month's Payment + \$0 Security Deposit + \$0 Due at Signing

2017 FORTE LX



FREE OIL CHANGES FOR LIFE!^{**}
FREE STATE INSPECTIONS FOR LIFE!^{**}

MSRP **\$18,765**
AutoServ -\$1076
Customer Cash Rebate -\$2000

Buy For **\$15,689***

0% APR
FOR 66 MONTHS AVAILABLE[†]

#KC7059

SAVE UP TO **\$3,076**

Buy For **\$219**/MO*
ZERO DOWN!

SIGN IT & DRIVE IT
LEASE

\$175 /39 MO*
ZERO DOWN!

2016 OPTIMA LX



FREE OIL CHANGES FOR LIFE!^{**}
FREE STATE INSPECTIONS FOR LIFE!^{**}

MSRP **\$23,120**
AutoServ -\$1223
Customer Cash Rebate -\$2500
Loyalty Rebate -\$500
Bonus Cash -\$500

Buy For **\$18,397***

0% APR
FOR 66 MONTHS AVAILABLE[†]

#KC6248

SAVE UP TO **\$4,723**

Buy For **\$256**/MO*
ZERO DOWN!

SIGN IT & DRIVE IT
LEASE

\$186 /39 MO*
ZERO DOWN!

2016 SOUL



FREE OIL CHANGES FOR LIFE!^{**}
FREE STATE INSPECTIONS FOR LIFE!^{**}

MSRP **\$18,365**
AutoServ -\$1165
Customer Cash Rebate -\$1000

Buy For **\$16,200***

0% APR
FOR 66 MONTHS AVAILABLE[†]

#KC6230

SAVE UP TO **\$2,165**

Buy For **\$226**/MO*
ZERO DOWN!

SIGN IT & DRIVE IT
LEASE

\$207 /39 MO*
ZERO DOWN!

2017 SPORTAGE LX AWD



FREE OIL CHANGES FOR LIFE!^{**}
FREE STATE INSPECTIONS FOR LIFE!^{**}

MSRP **\$26,135**
AutoServ -\$2154

Buy For **\$23,981***

0.9% APR
FOR 60 MONTHS AVAILABLE[†]

#KT7076

SAVE UP TO **\$2,154**

Buy For **\$332**/MO*
ZERO DOWN!

SIGN IT & DRIVE IT
LEASE

\$241 /39 MO*
ZERO DOWN!

2017 SORENTO LX AWD V6



FREE OIL CHANGES FOR LIFE!^{**}
FREE STATE INSPECTIONS FOR LIFE!^{**}

MSRP **\$32,080**
AutoServ -\$1637
Customer Cash Rebate -\$1500
Loyalty Rebate -\$500

Buy For **\$28,443***

0.9% APR
FOR 66 MONTHS AVAILABLE[†]

#KT7029

SAVE UP TO **\$3,637**

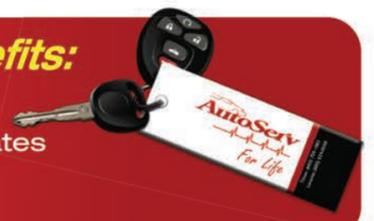
Buy For **\$392**/MO*
ZERO DOWN!

SIGN IT & DRIVE IT
LEASE

\$280 /39 MO*
ZERO DOWN!

Every Eligible Vehicle Comes With AutoServ for Life Benefits:

- Lifetime Engine Guarantee
- Lifetime Oil Changes
- Lifetime State Inspection
- Lifetime Multi-Point Inspection
- Lifetime Pre-Vacation Check-Up
- Lifetime Free Auto Body Shop Estimates
- 50% Off Paintless Dent Repair
- AND MUCH MORE!



AutoServKia.com



40 Tilton Road • Tilton (603)524-0552

*Pricing assumes all factory rebates and applicable incentives assigned to dealer and may not be combined with other promo offers or any direct mail sale voucher. Payments based on tier 0 (A credit) approval. KIA RETAIL: all 'Buy For' payments require: ZERO down, 3.89% APR for 84mos & include all fees; actual rate and term depend on conditions of credit approval. KIA LEASES: All "Sign & Drive" (S&D) lease payments require NO security deposit, NO money down & include all fees in payment. All advertised lease payments reflect all discounts, manufacture rebates and promotions (not all will qualify). KIA 39 month leases: #KC7059: TOP \$6825 S&D, LEV \$9570.15; #KC6248: TOP \$7254 S&D, LEV \$12253.60; #KC6230: TOP \$8073 S&D, LEV \$8815.20; #KT7076: TOP \$9399 S&D, LEV \$16465; #KT7029: TOP \$10920 S&D, LEV \$18927.20. Oil change offer limited to maximum value of \$40 per oil change. See dealer for details. All offers end on Jan. 31, 2017. †The Kia Soul and Sportage received the lowest number of problems per 100 vehicles among compact MPVs and Small SUVs in the J.D. Power 2016 Initial Quality Study, based on 80,157 total responses, evaluating 245 models, and measures the opinions of new 2016 vehicle owners after 90 days of ownership, surveyed in February-May 2016. Your experiences may vary. Visit jdpower.com.