



# Appropriations for household hazardous waste rise in 2017

BY THOMAS P. CALDWELL  
Contributing Writer

BRISTOL — The town will be spending \$593 more next year for the annual household hazardous waste collection day, according to Tom Keegan, Bristol’s coordinator with the Lakes Region Planning Commission for the event.

Keegan said the popularity of the collection day has resulted in Bristol and other participating communities taking in more than their allotted amount of hazardous waste, resulting in a \$10,000 net loss for the

LRPC to dispose of it. To make up for the shortfall, the agency recalculated the distribution of the \$90,405 in costs among the participating towns, based on the number of households they serve.

For Bristol, the 2017 appropriation will be \$3,848, based on it having 4.26 percent of the total dwelling units in the area. The 2016 appropriation was \$3,265.

Other towns dropping off hazardous waste in Bristol include Alexandria, whose appropriation will increase from \$1,233 to \$1,496; Ando-

ver, from \$1,635 to \$1,734; Bridgewater, from \$1,339 to \$1,539; Franklin, from \$5,789 to \$6,091; Hebron, from \$814 to \$928; Hill, from \$687 to \$792; Holderness, from \$1,902 to \$2,335; New Hampton, from \$1,487 to \$1,675; Sanbornton, from \$2,140 to \$2,493; and Tilton, from \$2,568 to \$2,854.

Residents are allowed to drop off hazardous waste at any of the collection sites, so Franklin, for example, had five households using the Bristol location and 159 using the Franklin site. While most Bristol resi-

dents (108) used the local collection site off Ayers Island Road, two used the Belmont site and one used Meredith, bringing the total number of Bristol households partici-

pating to 111.

In 2016, Bristol residents comprised 5.2 percent of the total number of dwelling units dropping off hazardous waste, while the Bristol site represented 11 percent of the total participation.

With 111 Bristol dwelling units taking part this year, the per-household cost among participants

SEE WASTE, PAGE A15



FILE PHOTO

The 30th annual Turkey Trot in Bridgewater is set to take place at 9 a.m. on Nov. 24, and participants are encouraged to pull out their best turkey gear for a special prize in the traditional event that raises money for local families in need.

## The tradition continues this Thanksgiving with 30th Annual Turkey Trot

BY DONNA RHODES  
drhodes@salmonpress.news

BRIDGEWATER — Fall is here and that means it’s almost time for the 30th annual “Turkey Trot,” a family-oriented 3.2 mile run/walk through Bridgewater that benefits families in the Newfound Area over the holidays.

As a Thanksgiving morning tradition in the region, the Turkey Trot raises money and/or donations that provide food baskets, clothing and gifts to local families

and children through the local Santa Fund. The charitable event is all done in hopes of making the holidays a bit brighter and the winter a bit warmer for neighbors and friends.

Beginning and ending at Newfound Grocery on the Mayhew Turnpike in Bridgewater, people will head north along the highway before turning left onto the Whittemore Point Road North and returning to the store along Witte-

more Point South Road.

Pre-registration for the event is already underway but people may also register beginning at 8 a.m. on the morning of the “Trot,” which begins at 9 a.m. There is no set registration fee for the event. People are just encouraged to donate any amount they can.

Adding to the fun this year will be prizes for the “Best Dressed Turkey” among those who participate.



DONNA RHODES

### Newfound residents cast their votes

Voting in the Newfound Region was steady on Tuesday, as people from all towns came out in high volume to cast votes for president, governor, congressional leaders and other state and regional offices. Results on how the votes tallied up in local towns will be found in next week’s edition of the Newfound Landing.



DONNA RHODES

Barbara Platts-Comeau and her husband Bill Comeau of Meadow Artisans in Alexandria offered their fine wood, sand-cast pottery, wool and hand-dyed silk items as part of last weekend’s N.H. Open Doors, sponsored by the League of New Hampshire Craftsmen.

## Open Doors event spotlights Alexandria's Meadow Artisans

BY DONNA RHODES  
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ALEXANDRIA — The League of New Hampshire Craftsmen hosted their annual Open Doors event last weekend, where craftsmen, shop owners and galleries registered to be placed on a statewide map that

the public could use to explore a variety of local talents.

“The greatest thing about Open Doors is people have the ability to meet one on one with the artists, crafters and business owners,” said the league’s Operations Director, Katie Sussman. “It’s a way to introduce people to businesses and talents in their area and get them out to places they may not have been to before.”

At each registered location, visitors could get their “Passport” signed by the store or gallery owners and those who stopped at least five locations over the weekend were then eligible for special prizes to be raffled off by the League.

Throughout both days, there were also special sales, demonstrations and refreshments at many of the stops.

The Newfound Region had many locations signed up to be a part of the two-day affair, but one stop was extra special for those who enjoy one-of-a-kind, finely-crafted items.

Meadow Artisans, Bill Comeau and Barbara Platts-Comeau, operate out of their workshop on Lynn Road in Alexandria, which is only open to the public for one weekend each year when they participate in N.H. Open Doors.

“This is our fifth year of taking part in Open Doors and it’s a time when we turn our workshop into a store for the weekend,” said Barbara.

That workshop is a place where many visitors agreed, great things happen.

Barbara is a skilled artisan in sand-casted bowls, birdbaths and

SEE OPEN DOORS, PAGE A15

### Thanksgiving makes for early deadlines

MEREDITH — With our offices at 5 Water St. in Meredith closing in observance of Thanksgiving on Thursday, Nov. 24, that week’s edition of the Newfound Landing will be published a day earlier than usual, arriving on local newsstands on Wednesday, Nov. 23.

The submission deadline for any press releases, letters to

the editor, and obituaries intended for publication the week of Thanksgiving has also been moved up to Monday, Nov. 21 at noon. Submissions are welcome in person at our offices or by e-mail at record@salmonpress.com.

Any submissions received after noon on the 21st will be held for publication on Dec. 1.

For information regarding the Thanksgiving deadlines for display advertising, please contact our Sales Representative, Tracy Lewis, or Sales Assistant Lori Lynch at 444-3927 or courieradv@salmonpress.com.

The staff of the Newfound Landing wishes our readers a safe and very happy Thanksgiving.



# Bristol preps for Bicentennial in 2019

BRISTOL — Bristol has big plans to celebrate its Bicentennial in 2019. The Select Board has appointed a Bicentennial Committee and these volunteers have been busy with idea sharing, brainstorming and organizing four seasons of fun and events in 2019 to celebrate the Town's 200th Birthday!

To this end the Bicentennial Committee is announcing its meetings will be held the fourth Tuesday of the month at 7 p.m. at the Town Office Meeting Room. All are welcome and encouraged to attend and partici-

pate.

Committee Chair Janet Cote states "It is important to start early on an event of this importance and with all the great community groups and businesses in Bristol, 2019 could be a jammed packed year of events all centered around celebrating Bristol's Bicentennial!"

In an effort to reach out, gather input and engage the community, committee members are planning a mailing to local businesses and community organizations. Other communications outlets will include the use of so-

cial media and development of a Bicentennial Facebook Page.

For more information about the Bicentennial Committee visit the Town of Bristol website at [www.town-ofbristolnh.org](http://www.town-ofbristolnh.org) or contact the Town Offices, 230 Lake St. in Bristol, at 744-3354.

## Alzheimer's disease...Let's Talk

BRISTOL — The Day Away Program welcomes you to join them on Saturday, Nov. 12, from -3 p.m. at the Minot-Sleeper Library, 35 Pleasant St. in Bristol, as we delve into the world of Alzheimer's disease and related dementias.

A panel of Medical professionals will be presenting on topics such as coping strategies, how to handle dif-

ficult conversations and how to intervene when needed. Current treatments available for those struggling with the disease will also be discussed, as well as recent studies held working towards a cure. Someone will be on-hand for information on local support groups in our area. Time will be allotted for questions following the presentations.

If you are caring for

a loved one with Alzheimer's or a related dementia you are not alone. If you are working with elderly or have questions and are more interested in this epidemic, this forum is a perfect opportunity for you to understand more about this complex disease. According to the Alzheimer's Association 2016 Facts and Figures, more than 5 million Americans are living

with Alzheimer's disease-it is the sixth leading cause of death in this country.

Come and get the facts. Get your questions answered and become informed. The event is free and open to the public and light refreshments will be provided. For more information, contact Mary Lapanus at 774-282-0588 or [mtlapanus@comcast.net](mailto:mtlapanus@comcast.net).

## NRHS hosting holiday craft fair Nov. 26

BRISTOL — Please join us on Saturday, Nov. 26 from 9 a.m. till 3 p.m. at Newfound Regional High School, to support the Class of 2018 at this year's fundraising event, the NRHS Fine Arts and Crafts Holiday Fair. Vendors of all types will be present to share their crafts and sell their fine wares. You can expect to find fine art, photography, artists who hand make all of their pieces, whether it be Christmas decorations, seasonal decor, wood pieces, Native American items, hand painted items, crocheted, knitted, sewn and quilted pieces, blankets, jewelry, syrup, maple products, fudge, jams and jellies, or hand painted stones, just to name a few. We will also have representatives present from Usborne books, Thirty-One, and Origami Owl. Other vendors will be present to share information on cultural aware-

ness, the historical society, and other local clubs. Join us for some holiday shopping.

Treat yourself to breakfast or lunch while you're with us. The students from the Class of 2018 will be onsite selling breakfast and lunch items, as well as, baked goods, fruit and drinks. Come and spend an hour or the whole day.

Each vendor will be donating an item to our raffle table, stop by and try your luck. You could win a beautiful handmade something! Or stop by for a picture with Santa! However, you choose to spend your time with us doesn't matter, The Class of 2018 just hopes to see you there!

And when you're finished, please visit our sister event, being put on by the friends of Newfound Theatre, the Festival of Trees, being held at the Old Town Hall in Bristol center, on the same day.



A coyote was spotted frolicking in a resident's backyard after enjoying some fermented apples in Bridgewater.

COURTESY

## Gordon-Nash Library hosting program on Kelley-Drake Conservation Area

NEW HAMPTON — "The Kelley-Drake Conservation Area, Past, Present and Future" will be presented by Gordon DuBois and

Daniel Moore at the Gordon-Nash Library, 69 Main St., on Tuesday, Nov. 15 at 7 p.m.

This program will provide an historical overview of the Kelley-Drake Conservation Area and plans for the future use of this historical, recreational and cultural resource. The area was first settled by the Samuel Kelley Family and later farmed for more than 130 years by Nathaniel Drake and his ancestors. In 1978, the Town of New Hampton purchased the property and plans are being laid out for the long term use of the proper-

ty for recreation and educational use, wild life management, and scenic beauty. Learn more about the history of New Hampton and this valuable town re-

source.

Our programs are free and open to the public. Light refreshments will be served, along with fundraising items for sale.

## Newfound Area Churches to host Advent services

Newfound Area Churches (NAC) will be hosting their annual midweek Advent services beginning on Wednesday, Nov. 30. Each weekly service at noon will be followed by a light lunch.

The church rotation

will be New Hampton Community Church on Nov. 30, Hebron's Union Congregational Church on Dec. 7, Bristol United Church of Christ on Dec. 14, and Bristol Baptist Church on Dec. 21. For more information, please call 744-3885.



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## 8 Central Square Bristol





DONNA RHODES

Team Letter Rip took home top prize in this year's Pemi-Baker Literacy Spelling Bee at the Common Man Inn & Spa last weekend. From left to right are literacy director Darci McCarthy, team members Jessica Halm, Clare Eckert and Christine Perry, and emcee AJ Coppola.



DONNA RHODES

In the final round of the Pemi-Baker Literacy Spelling Bee last Friday, two teams of friends pondered over the spelling of the word "cannoneer" for the win. On team Letter Rip (left) was Christine Perry, Jessica Halm and Clare Eckert and challenging them for the win were the Misadventures (right), which included Kristine Perry, Lisa Ford and Marty Humphrey.

# Fifth Annual Pemi-Baker Literacy Spelling Bee a s-u-c-c-e-s-s

BY DONNA RHODES  
drhodes@salmonpress.news

PLYMOUTH — While "s-u-c-c-e-s-s" was not one of the words on the list last

Friday evening, it aptly spells out the results of the fifth annual Pemi-Baker Literacy Spelling Bee, held before a packed house at

the Common Man Inn & Spa in Plymouth. Taking part in the fun-packed event this year were 20 teams made up of local busi-

nesses, civic groups, schools and community members. Each team of three were provided with a list of words to study and, for the most

part, they all showed up prepped and ready for the challenge. "We just don't want to go out on the first word," joked law enforcement members from the team, Under the Radar.

Emceeding the event for the fourth year in a row and lending all the laughter was "Teacher" AJ Coppola who this year was dressed as a "Rain-Bee" while assisting him was timekeeper Will Gunn and his gong. Once again Kate Donahue served as "Teacher's Pet," delivering the words to spell in each round of competition and students from Plymouth Regional High School's National Honor Society pitched in to display the proper spelling of each word presented to the contestants. Judges this year were Kathy Bagley, Cindy Day and Lisa Davis of the Meredith Altrusa Club who took home top honors in last year's competition.

Round 1 pitted The Wise Wasps, What the Spell?, Under the Radar, Beeloiters and the Plymouth Rotary against each other in arguably the most competitive round of the

night. Under the Radar managed to make it though the first two words before falling by the wayside and were soon followed by Beeloiters and Wise Wasps who succumbed to the word "finicky." It took four more words before the Rotary team was finally stumped by "dipthong."

Round 2 saw Bee-Attitudes, the PRHS National Honor Society team "B is for Bobcat," Vowel Movement, the Kween Bees, and Words with Peeps all going head to head for four words before Vowel Movements won the round with the word "gambol," meaning to skip about.

In the third round, The Diction-Fairies, Rolled By the River, Misadventures, Spell on You and the Russell Elementary School team, Webster's Recurring Nightmare, had the practice word, "dictionary" to start them off.

"Dictionary — an obsolete book replaced by Google," laughed Coppola.

That round went through six challenging words before "tyrannize" knocked off SEE SPELLING BEE, PAGE A16

## New Hampshire Humane Society welcomes new Development Director

LACONIA — The New Hampshire Humane Society is pleased to announce that Lissa Mascio has joined the team as the new Development Director.

Mascio was raised in Kingston with two brothers, a dog and a parade of cats. After graduating from University of New Hampshire in 1999 with a dual English and Journalism degree, she spent

some time in Vermont working for various non-profits doing marketing and advocacy before going to law school in 2003. After graduating from Hofstra Law School in 2006, Mascio moved to Arizona, joining a plaintiff personal injury firm before transitioning into family law. She returned to New Hampshire in 2011 to be closer to family, and continued

to practice family law in the Laconia area before returning to her non-profit advocacy roots. Lissa currently lives in Belmont with her daughter, 3 cats (Buttercup, Oliver and Rusty) and a rescue lab/retriever mix, Mango.

The New Hampshire Humane Society is a 501(c)3 non-profit whose mission is to find responsible and caring forever

homes; provide shelter for the lost, abandoned and unwanted animals; advocate and be the voice for the voiceless. The Society works hard to prevent cruelty to animals and offers education and outreach programs, pet therapy, and many community initiatives to help people and their pets. To view adoptable pets, visit [www.nhhumane.org](http://www.nhhumane.org).

## The cougar returns to the east with special program in Plymouth

PLYMOUTH — Is it possible I just saw a cougar?!

Though you may have called it a mountain lion or a catamount, many of us who spend a lot of time in the forests of New

Hampshire have asked ourselves that question.

On Saturday, Nov. 19 at 6:30 p.m. at the Common Man, Plymouth, well-known naturalist, tracker and wildlife photographer, Susan C.

Morse, founder of Keeping Track, will address that question.

During her talk, richly illustrated by her stunning photography, Sue will present an introduction to cougar biology, ecology, habitat diversity and dispersal. One of the most experienced naturalists in the United States, Sue will present her findings on cougars returning to the East.

"We need our apex carnivores in a big way," Morse says. "We need them for the health of our forests."

In some areas of the

east, the absence of apex predators has led to a surplus of deer, which have then ravaged the understory and ground levels of vegetation.

Vermont's last known cougar, also known as a mountain lion or catamount, was killed in 1881 in Barnard, Vt. In 2011, a cougar was hit by a car and killed on a Connecticut highway. Subsequent DNA testing found that the animal was from South Dakota. Sue says, "There is no question about it: cougars are not only being

SEE COUGAR, PAGE A16

## Squam Lakes Conservation Society to speak to SLA about preservation efforts

HOLDERNESS — The Squam Lakes region has been a source of inspiration for thousands of people. But, the beauty of Squam's landscape is not limited to its iconic lakes. There are mountain peaks that have been admired for generations, tributaries that continue to sustain the beauty and health of land, a trail network that leads hikers to breathtaking scenery, a significant share of the region's managed forests, and the watershed's largest block of unfragmented habitat. This area is known as the Squam Uplands, and there are many who are working together to

protect it.

On Wednesday, Nov. 16 at 7 p.m., join Executive Director of the Squam Lakes Conservation Society (SLCS) is the leading organization working to protect this highland area through what is known as the Squam Uplands Initiative.

The Squam Uplands Initiative establishes a framework for the pro- SEE SLA, PAGE A16

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## PET of the Week



New Hampshire Humane Society is the kind of shelter where you will find some of our residents roaming and enjoying a suite of rooms – so are the arrangements for Bagel, a big tabby cat leads here with us.

Bagel is feline inquisitiveness personified. From her sturdy, robust though agile personage, to her gentle and constant talk, and thank god she cannot speak English, since she has accompanied many into the ‘smallest room’ in the building!

She loves to over-see the comings and goings of humans and enjoys and often demands the sweet, cool H2O only found

from the kitchen sink. Is this a little bizarre (?) we think not; rather this adorable idiosyncrasy gives Bagel a little bit of feline edge, and shows how her superior intelligence.

We know Bagel would prefer to be the main cat in your life. WE’VE seen her in action, a canine free home would be appropriate, she is NOT enamored with dogs! If you’re looking for a cat with a real zest for fun and exploration in your home, then Bagel, surely is the perfect choice.

She’s been calling NHHS home since May – let’s see if she could be home for the holidays – check [www.nhhumane.org](http://www.nhhumane.org)

## North Country Notebook



By JOHN HARRIGAN  
COLUMNIST

Whenever I have to go down to Dartmouth-Hitchcock in Lebanon, I like to take the slow way back on Route 10, up along the Connecticut River. Along the way, not far north of Hanover, are two neat little roundabouts, also called traffic circles. I say “neat little” because they are neatly built, able to handle 18-wheelers, and are in fact quite small, as roundabouts go.

In Lancaster, where Route 2 veers off into Vermont and Route 3 continues north, the Department of Transportation spent most of the summer building a much larger roundabout. And as usual when DOT decides to build something, its planners and builders did a handsome job, employing lots of granite curbing and even planting some shrubberies in the middle.

Drivers in Plymouth, meanwhile, have been getting used to their rotary on the north end of downtown, which I discovered and used with aplomb on my last visit. There it wasn’t, it seemed, and suddenly there it was.

In fact, I thought,

## And now, a few things about all those neat new roundabouts



TIM SHELLMER — COURTESY

Lancaster’s handsome roundabout was still under construction when Tim Shellmer of Jackson took this photo back in September, using his Phantom fourth generation quadcopter drone, equipped with three stabilizers and mounted with a 20-24 mm lens.



JOHN HARRIGAN

Plymouth’s little roundabout fits neatly where the river meets the road, handling traffic between the bridge over the Pemigewasset and downtown, and around to points north and west.

roundabouts seem to be popping up all over the place around New Hampshire, and this gave me an excuse to call up Bill Boynton, DOT’s main media person, whom I hadn’t called for quite a while and who is always fun to talk with. “What about all these round-

abouts?”, I asked Bill.

“There is admittedly an educational aspect,” Bill said sort of defensively, so I figured that he thought I was calling about complaints, so I quickly said no, I’m a big fan of roundabouts and am glad to see them popping up like mushrooms.

“We’ve got about 40 of them around the state,” Bill said, noting that not all communities are all that hot on roundabouts. “Generally, if a town doesn’t want one we won’t build one,” he said.

Here are some of the benefits of a roundabout, SEE NOTEBOOK, PAGE A16

## Newfound Landing

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### Power Outage Tips

#### BEFORE

- Follow directions from local officials
- Check flashlight and radio batteries
- Charge mobile devices
- Add warm clothes and blankets to emergency kit
- Keep gas tank full
- Take cash out (ATM’s may not work)

#### DURING

- Conserve energy
- Go to community warming shelters & check on neighbors, family, seniors and homeless
- Only use generators in open areas away from windows and home to prevent carbon monoxide poisoning

#### AFTER

- Throw out unsafe food

[www.Ready.gov/blackouts](http://www.Ready.gov/blackouts)



**Ready**

BY REBECCA HANSON

Squam Lakes Association

As the temperature drops and snow threatens on the weather forecast, it is an important time to think about road salt application. The very thing that is engineered to keep us safe during hazardous winter driving conditions poses a serious and lasting threat to our ground and surface water. The impacts of salt applied to winter roads, parking lots, and sidewalks already has a noticeable effect on aquatic life, and, in some areas of the country, chloride levels (from sodium chloride application in de-icing) in drinking water exceed quality standards.

Within New Hampshire, the problem is more pronounced in the southern part of the state where several watersheds face such serious impacts from road salt that the state is mandated to reduce the impacts. This is a problem locally, too. Water quality measurements in the town of Plymouth’s drinking water and in more urban streams indicate impact from

road salt. Though it’s not just the more developed areas that experience impact. Tributaries to Squam Lake also exhibit elevated levels of sodium and chloride.

It is an important balance: how can we both protect the health of our aquatic ecosystems, while allowing for safe travel during the winter months? There are several things municipalities, homeowners, and business owners can do to help alleviate salt impacts to water while safely maintaining roads, parking lots and sidewalks.

We can be more efficient with our salt application. Private residents and business owners can reduce salt use on their properties by understanding how to be efficient and effective with application. According to the state of Minnesota, it takes just about four pounds (one pound is enough to fill a coffee cup) of rock salt to properly de-ice a 1000 square foot section of driveway, parking lot or sidewalk. Salt as a de-icing agent works best at temperatures

above 15 degrees Fahrenheit.

For snow removal professionals, New Hampshire Department of Environmental Services and University of New Hampshire Cooperative Extension offers a Green Snow Pro certification. This program is designed to provide both municipal and private operators with skills and understanding necessary to reduce the quantity of salt added to roadways and parking lots, while maintaining the highest level of safety. Upon completion of the program, participants can obtain liability protection from slip and falls.

There are alternatives for road salt. Sand is commonly used, but can also impact water quality. Other innovative de-icers are under development such as beet juice, molasses and cheese byproduct. There are more infrastructure-based solutions too. Permeable pavement allows for water to flow through the pavement, reducing the need for a de-icer. But by simply

ensuring we are using salt efficiently and effectively can reduce the harmful impacts to the environment, and save money.

There are a number of things individuals at home and business owners can do to help maintain safe winter travel. Learn more about how to safely maintain your property and protect the environment. Ask if your town’s plow drivers are certified in the Green Snow Pro Program. If you hire private winter maintenance professionals, make sure they are certified too. More information on the salt use in New Hampshire, including the Green Snow Pro program, can be found here: <http://t2.unh.edu/road-salt-reduction>.

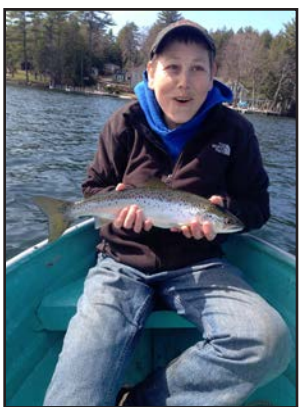
A monthly column focused on conservation education, as the result of collaboration among several area conservation commissions and organizations. If your town’s commission or conservation organization would like to contribute articles, please contact Jessica Tabolt Halm [jess\\_tabolt@hotmail.com](mailto:jess_tabolt@hotmail.com)



BRISTOL — Taylor William Schaefer of Bristol passed away Monday, Oct. 31, 2016 in the presence of his mother, father, sister, and grandmother after a courageous battle with cancer. He leaves behind many loving friends, family members and his cherished dog, Purdy. Taylor was born in Concord on Nov. 2, 1985. He is survived by his

mother, Suzanne M. DiPietro of Newmarket; his father, Mark E. Schaefer of Campton; his sister, Anna L. Schaefer of Rochester; his niece, Abigail R. Ruel; and his grandmother, Irene Schaefer of Randolph, Vt. He graduated from Gilford High School, Class of 2004. Taylor attended Lakes Region Community College,

Taylor William Schaefer, 30



where he studied Restaurant Management. Tay-

lor was employed at a number of Lakes Region restaurants, including the The Weirs Beach Lobster Pound and Faro Italian Grille. He was known to his closest friends as “Tater Tot.” Taylor made it his mission to enjoy every moment of his life while keeping his unique sense of humor intact through difficult times. Taylor enjoyed many activities

including working on his home, fishing, skiing, camping, and road trips. The family would like to take this opportunity to thank everyone that was so supportive during this most difficult time. A Celebration of Life will be held at the Gilford Community Church, Gilford, on Saturday, Nov. 12 at 11 a.m.

In Lieu of flowers, memorial donations in Taylor’s name may be made to the following organizations; Make a Wish Foundation, CHAD at Dartmouth Hospital, Jimmy Fund Clinic at Dana Farber Boston, Gilford Community Church, Gilford. The Cremation Society of New Hampshire is assisting the family with arrangements.

Towns

Alexandria

Judy Kraemer 744-3532  
judy7@metrocast.net

Family reunion

The best time to visit New Hampshire is when the Leaves change color, before the clocks change and November has its way with the garden. So my siblings came from Florida, No. Carolina and Massachusetts to have an early celebration of my 80th birthday. As always the pictures, stories, laughter and good food made the time go too fast. We always hope to do it again next year.

From the town

Selectmen’s Meeting Meeting minutes from Oct. 18 were approved.

Items Reviewed and Signed

HealthTrust Dental Insurance Coverageam The Town of Alexandria Board of Selectmen, in a majority vote, accepted the terms of the Emergency Management Performance Grant (EMPG) as presented in the amount of \$29,208.00 for the purchase of a generator for the community’s EOC/Shelter. Furthermore, the Board acknowledges that the total cost of the project will be \$58,416.00, in which the Town will be responsible for a 50% match (\$29,208.00). 2016 Equalization Municipal Assessment Data Certificate

Appointments/ Department Heads

Michael Putnam presented an abatement application for land use change tax bills he received for his properties (Map 418 Lot 62.1.1 and Map 418 Lot 62.1.2).

Business

Mr. Tuthill reminded residents that the General Election will be held on Tuesday, November 8, 2016 at the Town Hall and polls will be open from 8:00 am to 7:00 pm. There was also discussion regarding the need for additional people to serve as ballot clerks on election day.

The Selectmen reviewed the Upper Valley Humane Society’s 2017 fee structure.

The Selectmen discussed the 2016 tax rate setting. The Selectmen voted to keep the tax rate at \$21 by using \$62,500 from the fund balance to reduce taxes.

Danbury

Donna Sprague  
huntoonfarm@myfairpoint.net

South Danbury Church

Rev. Gail Kinney will lead the Sunday worship at the South Dan-

bury Church. All are welcome—and encouraged—to attend. The service will be at 11 a.m. on Sunday, Nov. 13, with a brief Annual Meeting afterward, followed by refreshments and conversation. We are also looking forward to hearing about what Gail has been learning through her Doctor of Ministry studies at the Hartford Seminary.

The fall South Danbury Church Speaker Series begins on Friday, Nov. 11, at 7 p.m., when Keegan Farr – a talented singer-songwriter from Vermont -- returns to the South Danbury Church for an evening of original works and songs from the ‘60s to the present, featuring vocals, guitar and harmonica. Come for a toe-tapping time, great refreshments, and wonderful community camaraderie!

The next day – Saturday, Nov. 12, from 10 a.m. to 2 p.m. – the talented bakers of South Danbury are having a sale of delicious homemade pies and gently used cookbooks. For those who don’t prefer pie, there will be other baked items for sale, and some holiday items. Donations of pies and cookbooks will be eagerly welcomed!

Watch for posters or follow “Friends of Danbury” on Facebook for more details. All proceeds benefit the Church Preservation Fund. Donations of cookbooks and homemade pies will be welcome.

Grange Chicken Pie Supper

This Saturday is the chicken pot pie supper at the grange from from 5-6:30 pm. Everything is homemade! Adults are \$9, \$4 for kids under 12, and under three is free.

Groton

Ruth Millett 603-786-2926  
rem1752nh@gmail.com

I’m writing this from the polling place. We’ve had a great turn out to-

day. I did want to get a short article out to everyone this week, especially to let you know about the Annual Groton Senior Turkey Dinner, which I’ll be held on Sunday, Nov. 20 from 11:30 a.m.-1 p.m. If you would like more information, please call Alison Bagley at 744-5268.

Upcoming meetings

Select Board Meetings on Nov. 15 and 29 at 7 p.m. at the Town House.

Select Board work session Nov. 29 at 5 p.m. at the Town House.

Conservation Committee Meeting Nov. 10 at 7 p.m.

The Select Board office will be closed through Nov. 18.

Groton Historical Society calendars are available by calling Pam at 744-5747 or Sherry at 744-9744.

Since I’m working on my tablet this will be quite short. Plus multitasking from the polling place can be quite interesting. Hope to see you all out today.

Have a great week.

Hebron

Bob Brooks 744-3597  
hebronnnews@live.com

Hebron Historical Society

Veterans Day Program Friday, Nov. 11 at 10:45 a.m.

On Friday morning, Nov. 11 at 10:45 a.m., the Hebron Historical Society will sponsor a 30-minute Veterans Day memorial ceremony on the Common in Hebron. The program is open to the public without charge.

The keynote speaker will be Marine Corps Lt. Col. (ret.) Val Scarborough.

Members of a local Girl Scout Troop, veterans from Bristol VFW Post 10604 and honored

Hebron veterans will also participate.

Following the ceremony, everyone is invited to enjoy free refreshments in the Hebron Community Hall (basement of the Union Congregational Church) located directly across from the Common and which is fully handicap-accessible.

For additional information, please call 744-3335.

Hebron Library Book Group

Hebron Library Book Group will meet the second and fourth Monday at 7 p.m. beginning Nov. 14. We are going to read

Churches

Ashland Episcopal (St. Mark’s Church)

The Ecumenical Thanksgiving Service for Ashland Churches will be Sunday, Nov. 20 at 6 p.m. at the Ashland Methodist Church and will feature gospel singer Scott Brunt.

The 9:30 a.m. Sunday Service has been moved to the Church of the Holy Spirit in Plymouth until next Spring.

A new Book Group will be starting this month. Two books have been chosen for study “Compassion: Living in the Spirit of St. Francis” by Ilia Delio and “Habits of the Soul: Learning to Live on Purpose: by Linda Perrone Rooney. If you wish to join this book study group, call or email Joan Bowers at

My Sister’s Keeper by Jodi Picoult. The books are in so stop by and pick up your copy along with a discussion guide.

Hebron Area Women’s Group

Hebron Area Women’s Group will be meeting on Thursday, Nov. 17 at the Hebron Union Congregational Church, at noon. Our guest speaker will be Linda Carmichael, of the family-owned Mill Fudge Factory. She will talk about her life in Scotland and her move to New Hampshire and the trials and tribulations of a business owner. Refresh-

ments will be provided by Sue Hunt, Sue Jackson & Barb Nicholson. Set-up with the help of Barbara Stevens. Please bring some non-perishable food items for the Bristol Food Pantry. All area residents and HAWG guests are welcome.

Friends of the Hebron Library Raffle

\*Raffle tickets are being sold at the library for two goodie bags, one for adults and another for children. Stop into the library to see what’s in them and to grab a few tickets! Drawing will be held on Saturday, Dec. 3.

ajbowers@roadrunner.com or 536-5889 – or call Maryan Davis at 548-7994. Time and Place to be announced.

Sunday School will be in the undercroft of

Church of the Holy Spirit at 9:30 a.m. The subject for the winter will be Joseph of the Coat of Many Colors.

The Healing Eucharist SEE CHURCHES, PAGE A6

**FRANCONIA SKI CLUB**  
**Ski Sale & Swap**  
**WHEN: Saturday, November 12, 2016**  
**TIME: 8 a.m. to 1 p.m.**  
**NEW LOCATION!**  
**Peabody Lodge at Cannon Mtn.**  
*Come sell or buy new and used equipment and clothing:*  
• Skis • Boots • Snowboards  
• Good Condition Clothing  
• Helmets • Skates  
**EQUIPMENT DROP OFF:**  
**Friday, Nov. 11th, from 5 p.m. to 8 p.m.**  
**at Peabody Lodge at Cannon Mtn.**  
*30% of each sale will be donated to the Franconia Ski Club*  
**Any questions call Maria Batten 617-212-6867.**

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If you are a car dealer, you will be the only car dealer on the front page.  
If you sell furniture, you will be the only furniture store on the front page.  
Restaurant? You guessed it, you will be the only restaurant on the front page!  
**THAT’S A COMBINED TOTAL OF 11 ADS/BLASTS!!!**  
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**Limited spaces available, reserve your space today by calling Tracy Lewis at 603-444-3927 or email: tracy@salmonpress.com**

**BRISTOL UNITED CHURCH OF CHRIST**  
15 Church Street • Bristol, New Hampshire  
**POT ROAST DINNER**  
**SATURDAY, NOVEMBER 12<sup>TH</sup> FROM 5:30 – 7 PM**  
*Pot Roast, Mashed Potatoes, Carrots, Gravy, Garden Salad, Rolls, Beverages, and Homemade Cake and Ice Cream for Dessert.*  
ADULTS: \$9.00 — CHILDREN 12 & UNDER: \$4.00  
Take out meals are available.  
**For more information call the Church at 744-8132.**  
**PUBLIC WELCOME!**



Churches

FROM PAGE A5

rist will be held every Thursday 11 a.m. at St. Mark's and celebrated by Rev. Randy Dales. This is a short but very meaningful service that will return to Ashland after being held in Plymouth for the summer months. This was a very popular and well attended service when held here last winter. It will be held in the church until Christmas when it will move to Sherrill Hall for the remainder of the winter. If you know anyone needing comfort from an injury or illness or just to come and be with friends, please invite those people to this service. One can always call the office at 968-7640 for further information.

Family Worship Center Ply. Assembly of God

**Thursday, Nov. 10**  
Thursday, Nov. 10, 6:30-8 p.m., you are invited to join us for our Family Night at the Church. We offer Godly ministry for children, youth, and adults with programs for people of all ages: Royal Rangers Club for boys, elementary through high school; Mpack Club for girls, preschool through high school; Youth 4 Truth for High School age, and two Adult Bible Study groups. Do come for this great time of fellowship and learning.

**Sunday, Nov. 13**  
Sunday, Nov. 13, you are invited to join us at 8:30 a.m. for bagels, coffee and juice; 9 a.m.: Bible Education for all age groups preschool through Adult Bible Studies. 10 a.m.: Sunday morning service. Scott Gusha will be guest speaker. Children's church during the morning service for age 3-K, and grades one through four. The monthly fellowship luncheon will follow the morning service. Please bring food to share, and join in the fellowship. 5:00 p.m: Prayer meeting. "You do not need any experience in order to pray, only faith and trust in Jesus our Lord." You may put prayer requests in the green box marked "Prayer Requests" on the hall table.

**TUESDAY, Nov. 15**  
Tuesday, Nov. 15, 6:30-7:30 p.m., Youth 4 Truth for grades five through eight at the church.

**Thursday, Nov. 17**  
Operation Christmas Child  
Thursday, Nov. 17, 6:30 p.m., please join us in the fellowship hall

to pack boxes of school supplies and other items for children who are in need for the Operation Christmas Child project. Scott Gusha, who is in charge, has a list of needs and do's and don'ts on the table in the hall opposite the sanctuary. Items can still be brought in up to that night. Please contact him for information.  
You can also check online for samaritanspurse.org/occ for information.

**Looking Ahead Monday, Nov. 21**  
Monday, Nov. 21, noon-2 p.m. - the Church's Helping Hands Food Pantry will be held and free clothing will be available.

**Thursday, Nov. 24**  
Thursday, Nov. 24, Thanksgiving Day. No church activities. We do pray you will have a happy Thanksgiving, and will remember to thank the Lord for His manifold blessings, and provisions.

**Nov. 26**  
Saturday, Nov. 26, 10 a.m., Men's brunch at the church. Please contact Pastor Glen or Willy Gusha for information or reservations.

**Other announcements**  
Michelle Thayer has a ministry to the residents at Forestview Manor in Meredith. Keep her ministry in prayer.

**Our mission statement**  
Our Mission Statement is "Transforming lives through God's Word."  
Prayer requests for the bulletin may be given to Candy Gusha at craftmom03264@yahoo.com.  
Please give announcements for the Sunday bulletin to the Church office by 4:30 p.m. on Tuesdays by e-mailing fwcag@hotmail.com or Pastor Yunghans at gyunghans@hotmail.com, or phone the church at 536-1966 or Pastor Glen at 726-0254. Everyone is welcome at all of our services. The Church is handicapped accessible, east entrance. Note the Church's new Web site: www.assemblyofgod-plymouthnh.org.

**Holy Trinity (Roman Catholic)**  
**Call for Prayers!**  
The results of the election on Nov. 8 will have an unprecedented impact on the direction our country will take for many years to come. All Americans will feel the impact in one way or another.

With this in mind, Fr. Leo and the Holy Trinity Pastoral Council are urging all parishioners to join in prayer for God's grace, wisdom, and guidance as the citizens of the United States go to cast their votes for the President, representatives in Federal and State Legislatures, and for the Governor of New Hampshire. We are calling for all parishioners to pause briefly at 3 p.m. on Monday, Nov. 7 to pray for our country. Also, we invite you to attend 8 a.m. morning Mass at St. Matthew on Monday or Tuesday, or both days for the same intention. Please join in this prayer

**Campus Ministry**  
Veterans Day service at PSU will take place on Thursday, Nov. 10, at 12:15 p.m. at the Veterans Common, between Hyde Hall and High St. The community is welcome to attend. Delivering Thanksgiving baskets: Students interested in delivering baskets that PSU provides to the community on Monday, Nov. 21, should contact Kathy Tardif at 535-2673 or kmardif@plymouth.edu by Thursday, Nov. 10.

**Knights of Columbus spaghetti supper and auction!**  
The Knights of Columbus Family Council in Plymouth will host their annual Spaghetti Supper and Auction after the 4 p.m. Mass on Saturday, Nov. 19. Come and enjoy a delicious meal and buy some Christmas presents at the fun-filled auction. All proceeds go to the Knights charities as well as their scholarship fund. Please visit our Web site at kofcplymouthnh.org.

**Bristol Campus ~ Help for Blood Drives**  
We need volunteers to help keep our blood drives going.  
We need help to run the food table, make food, welcome the donors, etc. If you would be willing to help with this valuable ministry, please email holytrinitybristol@gmail.com

Alzheimer's Disease, Memory Loss and other Dementia: A Medical Panel Discussion When: Saturday, Nov. 12 Where: Minot Sleeper Library 35 Pleasant St., Bristol, 1-3 p.m. The Day Away Program invites you to join us and a panel of medical professionals as we delve into the world of Alzheimer's disease and related Dementias. The forum will cover issues such as learning about the disease, treatments for the disease and ways to cope living with a loved one with Alzheimer's/Dementia. Time will be allotted for Q&A after panel presentations. The Event is free and light refreshments will be provided. Call Mary Lapanus at 774-282-0588 for more information.

**Need some help this Thanksgiving...or know someone who does?**  
Sign up for a free, home-delivered

Thanksgiving Basket from the faculty, staff, and students at Plymouth State University. To request a basket, call Kathy Tardif at 535-2673 by Thursday, Nov. 10. The project is coordinated by PSU's Catholic Campus Ministry and United Campus Ministry, with support from the Phi Beta Upsilon alumni group and Sodexo.

**Weekly meetings**  
**Sundays Faith Formation Class:**  
Bristol: Simard Hall, 10:30 a.m. - noon  
Boy Scout Meeting, St. Matthew Hall, 5 p.m.  
Tuesday, Oct. 11 ALPHA, St. Matthew Hall, 6 - 8:30 p.m. (dinner included)  
**Wednesday Bible Study:**  
Bristol, Marian Center, 9 - 10:30 a.m.  
Plymouth, St. Matthew Meeting Room, 3:30 - 5 p.m.  
**Thursday**  
Day Away, Simard Hall, 9 a.m.  
Faith Formation Class:  
Boy Scout Meeting, St. Matthew Hall, 5 p.m.  
~ AA meeting Monday-Saturday, St. Matthew Hall, 11 a.m.

**Star King Unitarian Universalist Fellowship**  
Starr King Unitarian Universalist Fellowship is a multigenerational, welcoming congregation where different beliefs come together in common covenant. We work together in our fellowship, our community, and our world to nurture justice, respect, and love.

**Sunday, Nov. 13, 9:30 a.m. The Universalists - Spiritual Ancestors and Radicals**  
Worship Leader: Rev. Linda Barnes  
Worship Associate: Betty Ann Trought  
Music: Sarah Dan Jones  
The theme for the month of November is Story. Join us as we tell the story of our American Universalist ancestors and how they gave our faith its moral compass. We will explore democracy in a UU context, a little of our American Universalist history, and our Transylvanian Unitarian heritage.

Visitors are invited to attend the service as well as all programs at the church. Nursery care is provided for infants and toddlers. The children's program is held downstairs con-

currently with the service. Join us for coffee and conversation following the service.

**Children and Youth Religious Education, Meredith Flynn, DRE**  
All ages hike at Rainbow Falls!

The morning of the 13th, the kids and their parents will meet in the lower parking lot at 9:30 a.m. After all have arrived, they will carpool to the Rainbow Falls hiking trail in Plymouth. The approximately 1.5 mile hike is kid friendly, but everyone should come dressed for the weather. After the hike, families can head back to skuuf for coffee hour, or go directly home. Please contact Meredith Flynn, DRE with questions. This is a fun way to meet new families and enjoy some time in the woods.  
High school: Youth Group- The Youth Group meets the second and fourth Sundays of the month from 6-7:30 p.m. in the Youth Room.

**Social Justice Community Outreach - Plymouth Area Community Closet**  
Once a month Starr King donates the collection taken during the service to a local charity. The Social Justice Outreach for November is Plymouth Area Community Closet. The general mission of PACC is to assist those in need by providing limited emergency funds for food, prescriptions and clothing. In January, Financial Assistance will be able to provide help with fuel thanks to the KTHO program. PACC provides assistance to fourteen communities: Plymouth, Alexandria, Ashland, Bridgewater, Campton, Dorchester, Ellsworth, Groton, Hebron, Holderness, Rumney, Thornton, Warren, Waterville Valley and Wentworth. In order to provide the assistance PACC relies on private donations and the profits from the Thrift Shop. The collection for PACC will be on Nov. 20. Over the years our Fellowship has been extremely generous to PACC. The folks at PACC are very grateful!

**Ongoing activities**  
Choir meets on most Thursday evenings, 7-8:30 p.m. in the sanctuary.  
Lay Pastoral Care Under the guidance of the Rev. Linda Barnes, the Lay Pastoral Care Associates are here for you. When you have a pastoral care need

or know of a need in our Starr King family, please contact Rev. Linda.  
See Activities committee on the Web site at www.starrkingfellowship.org where you can access the up to date calendar of events.

1st Friday morning Breakfast Group will meet at the PSU dining hall at 8:30 a.m. for a casual gathering of SKUUF members and friends for good food and discussion followed by an occasional discovery outing. Parking has been arranged through PSU security in Commuter Lot #301. Contact Deedie at cdkriebel@gmail.com for more info and, if needed, a parking permit to place in the front window of your car during these mornings only.

Second Sunday Hike Depart SKUUF rear lot at 11:30 a.m. Join us for an easy/moderate intergenerational hike of Whitten Woods in Ashland. This is an excellent opportunity to get to know an easily available local hiking resource right in our own backyard. Refreshments and dinner following the hike if interested. Contact Mitch at mitch@newfoundfarm.org to register and receive updates. Rain cancels.  
Wise Women in Training is a women's group to discuss issues related to women. Each meeting will have a theme that will be facilitated by a volunteer member of the group. Contact Betty Ann Trought at batrought@gmail.com or just come and meet with this welcoming group. Wise Women regularly meets every second and fourth Wednesday at 10:30 a.m.

Starr King Men's Group meets 6-8 p.m., on the first and third Sundays.

Gentle Yoga meets in the Fellowship Hall on Wednesdays from 5-6 p.m., and Saturdays from 8:30-9:30 a.m. For information, contact Darlene Nadeau at 493-1478.

Bridge players meet on Thursdays in the Fellowship Room from 12:30-3:30 p.m.

Starr King UU Fellowship is located at 101 Fairgrounds Rd., Plymouth. The phone number is 536-8908. The Web site is www.starrkingfellowship.org, where you can access "Newsletters" to read, or print out, any of several past issues; "Podcast" to enjoy listening to sermons you have missed, or just want to hear again; "Events Calendar" to find out what is going on in our Fellowship.

Best Pies in NH

Basic Ingredients Bakery

DEADLINE FOR ORDERING PIES IS NOVEMBER 20TH!

Pickup is at the Basic Ingredients on November 23th

Available flavors: Blueberry, mixed berry, apple, apple crumb, strawberry rhubarb, raspberry, pumpkin, pecan, and chocolate cream

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# New Hampton School brings "The 39 Steps" to the stage

NEW HAMPTON — “The 39 Steps,” a suspenseful-romantic-comedy by Patrick Barlow, based on the 1935 movie by Alfred Hitchcock, plays in McEvoy Theatre on Friday and Saturday, Nov. 11 and 12. The Friday performance is for the New Hampton School community and the Saturday performance is for the general public. The showtime is 7:30 p.m. It is part juicy spy novel, part Monty Python, and it preserves the brilliance originally created by the master of suspense.

Four-year senior Torre Davy '17 plays our suave hero Richard Hannay who learns from a beautiful spy about a plot of international espionage. The woman is killed in Hannay's flat and he suddenly finds himself caught up in a race from London to Scotland in hopes of stopping military secrets from being smuggled out of the country. As he searches for the secret of "The 39 Steps" he is doggedly pursued by the police who believe he is a murderer. The cast includes two other four-year seniors, Sarah Snow and Emma Wellington. Four-year senior Kacinka Farr-Williams serves as Stage Manager.

Also appearing in the show is three-year senior Leo Liang. Joining Torre, Sarah, Leo, and Emma onstage are Evan Dell '20, Ilyana Fornes '20, Alyxandra Huckaby '19, Gwendolyn Liu '20, Olivia McLean '19, Karina Nguyen '18, Mairead Ryan '18, Ruby Schechter '19, Elliot Sezalory '18, Sophia Tsekov '20, and Maggie-Molloy Van-Dyne '19.

Performing Arts Director Joe Sampson directs and says the play is full of fun and suspense, and he's very impressed with his young cast's ability to find the right tone in this cheesy homage to old cinema. Technical Director Meredith C. Brown designs sets and lights.

Founded in 1821, New Hampton School is an independent, co-educational, college preparatory secondary school of 320 students who come from over 28 states and 31 countries. An International Baccalaureate school, New Hampton School cultivates lifelong learners who will serve as active global citizens. Students benefit from an average class size of 11 and a student-faculty ratio of five to one. For more information, please visit [www.newhampton.org](http://www.newhampton.org).



COURTESY

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## Giving voice to women

*NH Master Chorale weaves a rich choral tapestry from female perspectives*

PLYMOUTH — The opening program of the New Hampshire Master Chorale's 14th season is all about women.

There are choral settings of poems written from a woman's point of view; songs about mythical, fictional and historical women; and pieces by female composers.



COURTESY

The opening program of the New Hampshire Master Chorale's 14th season is all about women. There are choral settings of poems written from a woman's point of view; songs about mythical, fictional and historical women; and pieces by female composers.

ical women; and pieces by female composers.

The program is called “Eve, Absinthe, Alice” after its centerpiece – a new choral work commissioned by the Master Chorale that will receive its world premiere on November 19 at 8

p.m. at the Eagle Square Atrium in Concord and Nov. 20 at 4 p.m. at the Plymouth Congregational Church.

“Eve, Absinthe, Alice” by Boston-based

composer Oliver Caplan sets three poems by Ruth Kessler – part of a suite of 17 poems that give voice to women known to us from myth, visual arts

and fiction who have customarily been depicted from a male point of view. Eve, from the Bible, tastes a forbidden fruit, awakening a world of knowledge and earning her eternal blame for all humankind's woes. “Would I do it again?”

she asks. “Would I?”

The Absinthe Drinker is inspired by a painting by Edgar Degas of a Parisian woman who escapes

from despair over lost opportunities by imbibing the infamous green hallucinogenic.

Alice, from the beloved fantasy story by Lewis Carroll, falls through a rabbit hole into the nonsensical realm of Wonderland. On her quizzical journey she encounters people turned into

beasts, “inane, self-appointed judges” and hookah-smoking hypocrites who would rob life of wonder.

These radically disparate females, in Caplan's and Kessler's imaginings, tell us something beneath appearances about beauty, curiosity, loss, and the transforming power of Art.

Caplan explores both the differences and unities among these out-

SEE CHORALE, PAGE A9

## VNA of Franklin to hold 23rd Annual “Gathering of Music”

BRISTOL — The Visiting Nurse Association of Franklin will present its annual musical concert for the benefit of its Hospice Program on Sunday, Nov. 13. This program, titled the “Gathering of Music,” is held the second Sunday of November every year but the venue changes year-to-year. This year's program is being hosted by the Bristol Baptist Church, 30 Summer St., Bristol. Rev. Tobias Nyatsambo, coordinator of the event for the VNA, says “November is national Hospice month. The VNA of Franklin's Hospice program, along with Clayton Bushman, on behalf of the Lakes Association of Churches, presents this program every November to support and to honor the Hospice program. Traditionally, Hospice programs have been mostly self-supporting thru fundraising efforts and this is one of those efforts. However, we also honor the Hospice program with this afternoon of music, as Hospice offers such an important means of support to patients and their families who are dealing with a terminal illness.”

In addition to the musical program, a memorial service will also be held.

Rev. Nyatsambo explains, “This gathering also gives us the opportunity for a memorial service to remember

our Hospice patients who have died over the past year. We have invited their families to attend and will have a simple but meaningful ceremony to remember their loved ones.”

The program begins at 2 p.m. on Sunday, Nov. 13, and runs for about an hour and a half. Refreshments will be served at the end of the program and a free will donation in support of the Hospice program will be taken.

“This is a program for the entire community,” says Nyatsambo, “and we hope that everyone will come and enjoy an afternoon of fine music provided by

the area's talented pool of church musicians. It's a great way to kick off the holiday season.”

Franklin VNA & Hospice is an independent, non-profit organization established in 1945 to serve the Home Health care needs of the community. They provide home care, Hospice, clinic and community education services to Andover, Belmont, Boscawen, Canterbury, Franklin, Hill, Northfield, Sanbornton, Salisbury, Tilton, Webster and surrounding towns, as requested.

For more information, call Franklin VNA & Hospice at 934-3454.

### Newfound Area School District

#### Employment Opportunities

##### Danbury Elementary School

- Title 1 Teacher: Long term substitute March 6 - end of the school year. Must be a certified teacher.

##### Newfound Memorial Middle School

- Paraprofessional – Full time
- Coaches – Ski Team, Girls and Boys Basketball and Spirit

##### Newfound Regional High School

- Custodian - Second shift, year round, 28 hours a week

##### District Wide

- Substitutes – Teachers, Custodians and Food Service

Interested qualified candidates should send a letter of interest, resume, transcripts, job application, and letters of recommendation to:

Stacy Buckley – Superintendent  
Newfound Area School District  
20 North Main Street, Bristol, NH 03222

For more information and a copy of the application go to:  
<http://www.sau4.org/human-resources/employment-information>

It's A Wonderful Life  
Casual Cape

Sneak Peek Friday, Nov. 11 • 4-8pm

Dear friends,  
we cordially invite you to our  
Christmas Open House

November 12th & 13th  
10:00am - 5:00pm

Closed Nov. 7-10 for preparation.  
Will reopen Friday, Nov. 11th  
4:00pm-8:00pm

Feel, smell and taste an  
Old-Fashioned Christmas

Browse our 1760's cape  
brimming with  
Old-Fashioned Christmas  
ideas and ambiance.  
There will be  
Holiday Refreshments  
to lift your Yuletide Spirit.

518 Whittier Hwy. (Rt. 25), Moultonboro, NH  
(603) 253-7951



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Park & Go Bristol

Parkhurst Plaza

Shacketts

Rite Aid Bristol

Shop& Save Bristol

Wizard of Wash

**DANBURY:**

Danbury Country Store

**PUBLISHED  
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**HEBRON:**

Hebron Post Office(Outside Box)

Hebron Town Hall

Hebron Village Store

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# Squirrel Nut Zippers revived for Hot Tour

PLYMOUTH — The Flying Monkey Performance Center presents Squirrel Nut Zippers on the Plymouth stage on Friday, Nov. 18 at 7:30 p.m. Known for vintage sounding hot jazz and swing music, the Zippers led the swing revival of the '90s. Tickets for this concert start at \$35.

Buoyed by their hit single “Hell,” this band of brothers and one sister from Chapel Hill, North Carolina, formed in 1993, played way-retro hot jazz/swing of the 1920s and '30s as well as vintage-sounding original material, and dressed the part. The “Hell” video was unlike anything on MTV at the time, and was followed by the single and video “Put a Lid On It.”

Lead singer/guitarist Jimbo Mathus has re-formed the band for a tour celebrating the 20th anniversary of Hot's 1996 release, which is being reissued on vinyl and features a lost track from the era, “The Puffer.”

“The anniversary was the impetus, and I decided I wanted to put a Zippers together again that could be around for a while and really showcase the repertoire,” Mathus says. “And the people I’m working with now have got me fired up. I’m not trying to re-create something. I’m trying to create a new chapter. And I want to have a fun,



The Flying Monkey Performance Center presents Squirrel Nut Zippers on the Plymouth stage on Friday, Nov. 18 at 7:30 p.m.

## Workshops at Artistic Roots feature making decorations for the Holidays

PLYMOUTH — Workshops and classes in November will feature making ornaments, sun catchers, paintings and signs to give to those you love or to decorate your own home for the holidays. The month starts with an Acrylic Painting Class on Nov. 12 from 10 a.m. - 1 p.m. with teacher Jeannette McArthur. This fun class teaches acrylic technique with mediums and palette knives. Students receive a canvas board, acrylic paints and brushes to use with the class. Students will go home with a finished landscape painting. Cost of the class \$25 for members, \$30 for non-members and Mrs. McArthur is offering this class free to veterans. Students can purchase a frame for an additional cost.

On Sunday, Nov. 13 from 1 – 3 p.m., Jennifer Alba will offer a class to Make your own Hand-Embroidered Ornament featuring one of Jen’s original designs. You will learn some basic stitches and come away with a beautiful ornament for your tree. Cost of the class \$30 for members and \$35 for non-members.

On Thursday, Nov. 17 from 5 -7 p.m., Stacey Lucas a.k.a. Veggie Girl will be making Barn Board Signs. Bring your favorite quote or design to add to a barn board sign. Consider a holiday theme. This is a start to finish project. Cost of the class is \$25 for members and \$30 for non-members.

On Saturday, Nov. 26 from 10 a.m. – noon, Suzan Gannett and Judy

Detzel will offer an “Ornament Making Class for Kids.” Kids will rotate through stations and make an ornament at each station. This workshop is suggested for students five years and up. The cost of the workshop is \$7.50 for members and \$10 for non-members.

## Local Art Live! Pop up Shop and reception

PLYMOUTH — Local artists are coming together for a local pop up art shop at 91 Main St. in beautiful downtown Plymouth. The shop is called “Local Art Live! Pop up Sale!” and will be open from Nov. 17-19, from 9 a.m. – 8 p.m. for three days only.

Thursday, there will be face painting in the afternoon, so bring your kids over! There is

multi-generational experience in the concerts.”

But Mathus wants to make one thing very clear: that this anniversary jaunt is a revival, not a reunion. He fully anticipates that this incarnation of the Zippers – which features vocalist Ingrid Lucia of the Flying Neutrinos and a crack group of New Orleans players — will have a life beyond the tour.

“I’m just glad I’m in a position now to not only have the name and the concept of the band which I started

and, frankly, I own, through all the trials and tribulations that were thrown at me,” he sums up. “I want to reinvigorate the fans and show them one thing: The Zippers are back in town!”

Indeed, the Zippers are coming to town. Be prepared for a wild ride.

Tickets for Squirrel Nut Zippers are \$35, and \$45 for premier seating. For more information on upcoming shows or to purchase tickets call the box office at 536-2551 or go online at [www.flyingmonkeynh.com](http://www.flyingmonkeynh.com).

## Chorale

FROM PAGE A7

wardly dissimilar women. Eve

and Alice, he says, represent an “ultimate celebration of curiosity,” a desire “to reach further,”

which is both “a very human trait” and a fundamental wellspring of art. The absinthe drinker, like

the others, also seeks an alternate existence, Caplan says, but in her case “it’s an escape from a

dreary reality.”

Ruth Kessler says her poems are “meant to give voice to women” but she doesn’t consider herself

a feminist poet.

“I consider myself as a female poet writing from the female point of view, definitely,” she says.

“But I’m more concerned with the human part, certainly more than the political part. So there is

no agenda beyond giving women their due – on a human level.”

Master Chorale Music Director Dan Perkins says the Caplan commission – proposed last spring

by the composer -- was the starting point for the unusual program. “When I program concerts, I

try to have some type of connective tissue,” he says.

“I was excited about Ruth Kessler’s poetry and the concept of comparing these three, wildly

disparate women,” Perkins says. Inspired by Caplan’s treatment,

Perkins says, he then set about

“finding other music celebrating the poetry of women or music by women.”

Perkins and Caplan have a 15-year friendship, and Perkins has previously performed Caplan’s

chamber music. The other works on the program also weave together diverse poetry and recently composed music

into a tapestry of female sensibility with universal messages.

For instance, there’s a lyrical setting of Ruth’s immortal testament of loyalty and commitment from the Bible: “Entreat me not to leave you...Where you go, I will go,” composed in 2012 by

Dan Forrest.

Six Emily Dickinson poems are newly realized in a 2007 suite of songs for chorus and soloists by

Vermont composer Gwyneth Walker. Her title, “A Heart in Hiding,” alludes to the passionate but

reclusive Belle of Am-

herst.

The great American lyric poet Sara Teasdale is represented by two poems full of longing for

purity and peace – “There Will Be Rest,” set in 1999 by Frank Ticheli and “To See the Sky,” a

2014 piece by Jocelyn Hagen.

Emma Lazarus’s quintessentially American promise in the voice of Liberty – “Give me your

tired, your poor, your huddled masses yearning to breathe free” – is given new expression in a

2015 setting by Joshua Fishbein.

And Alice appears again in a new piece called “Wonders Unfold” by Andrew Morrissey, a

Master Chorale baritone who’s working on a musical that imagines Alice and Lewis Carroll collaborating on the construction – or reconstruction – of Wonderland.

“Alice in this version grows up in Wonderland and decides that she wants to make changes,”

Morrissey says. “She’s twisted all the

characters to make them wrong in Lewis’s eyes, so when

he shows up he has no choice but to try to fix things. She tries to convince him that she’ll be a partner in making it the way it was and making it better.”

The New Hampshire Master Chorale, led by Dr. Dan Perkins, is a non-profit choir established in

the spring of 2003. This premier chamber ensemble is dedicated to excellence in the art of choral

music performance. Members of the group are trained singers, auditioned from throughout New

England, who have performed as soloists and in choral ensembles throughout the world. You can

get a taste of the NHMC on our SoundCloud page: [soundcloud.com/nh-master-chorale](https://soundcloud.com/nh-master-chorale) or find us

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LRGHealthcare recognizes our employees and all Americans who have served in our armed forces to defend and keep us from harm. On this Veteran's Day, we honor and salute with gratitude and sincerity.

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# PBCH celebrates hospice team

PLYMOUTH — November is Hospice Month, and PBCH would like to take this time to celebrate our hospice team, which includes our medical director, Dr. Diane Arsenault, hospice manager and social worker, Mary Francis Drake, hospice chaplain, Brenda Wentworth, hospice nurses: Stefanie Bissonette, Penny Conlon, Sarah Fabian, Jan Murray and Kim Soltysik, and hospice LNAs: Cheryl Somers, Kayleen Burhoe and Aly

Day. Other members of the PBCH staff support the hospice program, along with 20 hospice volunteers who provide over 600 hours annually of patient companionship, caregiver respite, errands, petcare, music and more.

Each year the PBCH hospice team provides compassionate end of life care at home to 50-60 patients and their families. Hospice supports a dignified death focused on the care and comfort of our patients. Research



Left to right: Brenda Wentworth, Leonetta Doyle, Resa Cirrincione, Kathy Piper and Karen Young attending the NHHPCO Hospice Volunteer Education Day.

shows that both quality and quantity of life increase for patients who choose hospice as their end of life support sys-

tem. Bereavement support in the form of grief counseling, bereavement support groups & mailings, and an annual

Remembrance Service continue to support family members in their grief after the loss of a loved one.

PBCH is a non-profit community health care center and hospice is just one of many services offered to support our community from birth to death, and beyond. We are available to speak with you and your family about options for home health care, palliative care, assistance in completing advance di-

rectives, and eligibility for the hospice benefit. Feel free to contact Mary Francis Drake at PBCH, 536-2232 for more information. Mary Francis will also be providing a community education program at Pease Library on advance directives and end of life choices on Tuesday, Nov. 15, 6-8 p.m. We gratefully accept donations to support our many community health programs and services online at pbhha.org.

## When it is time to consider respite care

BY MARTHA SWATS  
Owner/Administrator  
Comfort Keepers

Respite care is not self-indulgent. It's a necessity. Caring for an older or ill family member can be hugely rewarding and bring you closer but being consumed by it will drain you physically and emotionally, and eventually cause burnout.

That's why it's important for caregivers to seek occasional respite from their responsibilities, whether it's for a few hours a week to run personal errands or longer to take a much-needed vacation. Respite care offers you the chance to de-stress, restore your physical and mental energy, and keep your own life in balance.

**The Many Benefits of Respite Care**

Respite care for loved ones provides short-term breaks for caregivers, for their own wellbeing, and the wellbeing of the person for whom they are providing care. After all, you want to be at your very best, both physically and mentally. There are many benefits to be had through respite care. They include having:

1. Leisure time for renewal – Take a walk, read a book, browse the internet, visit an art gallery or museum, listen to music – whatever brings you a sense of joy and calm.
2. A change of venue – Escaping routine caregiving can help you relax, bring you a new perspective on the situation, and gives you a chance to

- clear your head to come up with new solutions to problems or concerns.
3. Enjoyment and pleasure – As a caregiver, you must remember that you have the right to enjoy life. You also have no reason to feel guilty.
4. A renewed sense of self – You are an individual who also needs to live your life and keep a firm grip on your own identity.
5. Socialization – Don't be isolated or feel alone. Take time to engage with friends, family, and co-workers by sharing meals, conversation, and experiences.

**Once You Have Decided to Pursue Respite Care**

- Involve your loved one. When planning for time off from your caregiving duties, make sure to keep your loved one informed. Involve him or her in deciding how much time you will be away, and who will fill in for you when you're gone. Express how he or she will benefit from you being more relaxed and refreshed. Reinforce the idea that they will also benefit from socializing with other people.
- Acknowledge your role. A survey of family caregivers by the National Family Caregivers Association showed that family caregivers often refuse to accept that caregiving is a separate role from their role as a parent or spouse. The survey found that shifting this attitude and accepting that caregiving is a separate role had a profound impact on their situations.

- Assess your needs. Decide what care will be needed in your absence, and if there are specific caregiver skills needed to take care of your loved one.
- Stay organized. Use a calendar to organize and plan for assistance, and don't forget to schedule time for yourself. Schedule in some respite time and indicate how you plan to use it.
- Create your own space. Once you've decided on having respite relief, find a place for yourself, whether it's a porch, spare bedroom, or simply a corner of a room. You shouldn't have to leave the house to get some alone time to enjoy hobbies, relax – and do the things you love most.
- Deal with your feelings. Bottling up your emotions takes a toll on your psyche and your health. Share feelings of frustration with friends and family. Seek support from others who are in a similar situation. Talk with a professional counselor, or join a caregiver support group.
- Remember to say "no" when it's necessary. Accept the fact that you can't do everything, and resist the urge to take on more than you can handle. If someone asks you to do something that you just can't take on, be honest, explain why you can't and don't feel badly about it.
- Stay positive. Do your best to not dwell on the negative. Hold a family meeting or call a senior care mediator to resolve conflicts with sib-

lings and other relatives. Remember to be proud of all that you are doing, and focus on the rewards of caring for someone you love.

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Comfort Keepers is a leader in providing in-home care consisting of such services as companionship, transportation, housekeeping, meal preparation, bathing, mobility assistance, nursing services, and a host of additional items all meant to keep seniors living independently worry free in the comfort of their homes. Comfort Keepers have been serving New Hampshire residents since 2005. Let us help you stay independent. Please call 536-6060 or visit our Web site at [www.comfortkeepers.com/plymouthnh](http://www.comfortkeepers.com/plymouthnh) for more information.

## Adult Functional Fitness and Balance Testing Project presented at ALLWell North

PLYMOUTH — Adults age 50 and older are invited to participate in a functional fitness and balance assessment workshop provided at no charge by student practitioners in the Physical Activity and Health course at Plymouth State University under the supervision of Barbara McCahan, Ph.D. This project is designed for adults, age 50 and older, who would like to have feedback on their general balance, strength, flexibility and aerobic capacity and have guidance in setting goals for improvement. The tests require only moderate effort and people of all levels of experience or physical activity history are welcomed.

The testing will happen on both Thursday, Nov. 17 and again on Tuesday, Nov. 22. The same tests will be avail-

able on each day. There is capacity for 20-25 participants. Please consider partnering in this active learning opportunity and receive in return education for using the Go4Life home course from the National Institute on Aging at the National Institute of Health.

Please plan to arrive by 10:45 a.m. to complete registration forms. Parking is available at ALL-Well North for 50 cents per hour. An elevator is available to reach the track level (second floor). Testing will take about one hour, and each person will have a designated student practitioner. Please contact Barbara McCahan at [bmccahan@plymouth.edu](mailto:bmccahan@plymouth.edu) or call 535-2578 to reserve a spot. Participants will be enrolled on a first request, first served basis.

## Winnepesaukee Playhouse to host workshop at Golden View

MEREDITH — The public is invited to Golden View Health Care Center on November 16 from 2:30-3:30 p.m. for a free workshop titled "Parents & Children" by Meredith's Winnepesaukee Playhouse.

This workshop, which will be held in The Terrace assisted living at Golden View, focuses on plays that deal with the relationships between parents and children, as well as families in general. The workshop will involve general discussion of the plays, some critical viewing of pictures and video, and some

reading, with an emphasis on unlocking the text itself.

The Winnepesaukee Playhouse will be back at Golden View on Dec. 7 at 2:30 p.m. for another free workshop centering on the American Musical.

Golden View is located at 19 NH Route 104 in Meredith. This workshop is sponsored by The Bank of New Hampshire Charitable Fund. Light refreshments will be served. Please RSVP by calling Becky at 279-8111, ext. 4194 or by emailing [info@goldenview.org](mailto:info@goldenview.org), as seating is limited.

### HELP FREE ME!

**My name is Officer Arro. I find lost children and catch bad guys, helping to make our communities safer. I've already made many friends throughout the Newfound and Plymouth area (as I am now the only "K9" working for any of our towns). My friends have purchased a Hot-N-Pop® door release for my car, which will protect me in case the A/C fails, and allow me to quickly assist my handler in an emergency.**

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This is the Acrylic Painting that Jeannette McArthur will be demonstrating at Artistic Roots on Saturday, Nov. 12. Students will come away with a finished painting. Cost of the class is \$25 for members and \$30 for non-members. Mrs. McArthur is offering this class free to veterans.

## Workshops

FROM PAGE A9

The star can be used as an ornament or as a decoration for a special package. Cost of the class is \$15 for members and \$20 for non-members.

Each month Artistic Roots also offers an open class in Knitting held weekly on Sundays from 2-4 p.m., sponsored by fi-

ber artist, Polly Bartlett. This class is free and all are welcome to attend.

Become a Supporting Member! The cost is \$25 annually and you receive a discount on all classes offered at the gallery. Artistic Roots is on 73 Main St. in Plymouth. You can register for classes by stopping by the gallery or phoning 536-2750.



# THE REAL REPORT

RECENT REAL ESTATE TRANSACTIONS

Town	Address	Type	Price	Seller	Buyer
Ashland	18 Circle Drive, Unit 47	Condominium	\$136,533	Steven and Kathleen Markiewicz	Frederick Gorell
Ashland	96 Fairway Drive, Unit 1	Condominium	\$135,933	Marie L. Copsey RET and Marie L. Copsey	Kass FT and Martin D. Kass
Ashland	283 River St, Unit 94	Deeded Slip	\$134,000	Franklin FT and Jennifer C. Campbell	Dustin F. and Lynne L. Sheldon
Bridgewater	206 Coach Rd.	Single-Family Residential	\$639,000	Hobart M. and Joan L. Harmon	Christine Segalas
Bristol	90 4th St.	Mobile Home	\$18,533	NHFA	KMH Realty Corp.
Bristol	7 Don Gerry Rd., Unit 7	Condominium	\$188,000	Ross J. and Kimberly E. Hergenbahn	Christopher M. and Michelle K. Martino
Campton	96 Donovan Farms Rd.	Single-Family Residential	\$150,000	Michael and Marie Nolan	Timothy and Michelle Nordbeck
Campton	7 Overlook Rd., Unit 6	Condominium	\$115,000	Daniel J. and Valentine J. Ellis	Elizabeth A. and Jacob R. McCleary
Campton	8 Round Top Rd.	Single-Family Residential	\$159,000	Peter M. Burnham and Erica J. Burnham	Jeannine A. Wood
Groton	117 Victorias Mountain Way	Single-Family Residential	\$135,000	Eric and Michelle Woodman	James G. Vigar RET and James G. Vigar
Groton	176 Victorias Mountain Way	Single-Family Residential	\$185,000	Green Acre Woodlands Inc.	Judith Vigar RET and James G. Vigar
Hebron	444 W. Shore Rd.	Single-Family Residential	\$172,000	John K. Stockwell	Craig W. and Kimberly S. Karner
Holderness	27 Prospect Ridge Rd.	Single-Family Residential	\$250,000	Heritage Hill Capital LLC	Leesa A. and Jason S. Conway
Holderness	Route 3	N/A	\$90,000	Christopher and Mary A. Hogan	Donlon FT and James P. Donlon
New Hampton	7 Lake View Drive	Single-Family Residential	\$342,000	Bayview Loan Servicing	Glenn A. Arber and Marla Walker-Arber
New Hampton	745 Old Bristol Rd.	Single-Family Residential	\$195,283	Lori A. Harding and Antonio O. Chiefe	Beneficial New Hampshire
New Hampton	14 Seminole Ave.	Single-Family Residential	\$410,000	Kimberly Hassan and Robin Blake	Terry L. Buchmiller
New Hampton	163 Sky Pond Rd.	Single-Family Residential	\$264,000	Carolyn G. Gailey	Arthur F. and Lori A. Card
Plymouth	520 River Rd.	N/A	\$140,000	Stephen N. Huckins T and Stephen N. Huckins	Raymond Bailey
Rumney	245 Stinson Lake Rd.	Single-Family Residential	\$159,800	Richard J. and Marian B. Wildenberger	Joseph L. and Laurel S. Dodge
Thornton	Route 175	N/A	\$21,533	Penny J. Forti	Patricia Selmer
Warren	120 Pine Hill Rd.	Single-Family Residential	\$214,000	Susan S. Barlow	Reginald T. and Jessika N. Szatny
Warren	175 Swain Hill Rd.	Mobile Home	\$60,000	Theodore W. Pearson	Curtis RET and Donald R. Curtis
Wentworth	180 E. Side Rd.	Single-Family Residential	\$126,933	Baker Valley Nurseries	Bruce A. Welch and Hannah R. Carle
Wentworth	66 Goves Lane	Single-Family Residential	\$245,000	Helen L. Ray	Nigel D. Furlonge and Nicole L. Furlonge

## ABOUT THE REAL REPORT

Here are recent real estate transactions in Alton and the surrounding areas. These sales summaries are informational only, not a legal record. Names shown are

usually the first listed in the deed. Sales might involve additional parties or locations. Prices are usually based on tax stamps and might be inaccurate for public agency sales. Refer to actual public documents before forming opinions or relying on this information. Additional publicly recorded information on these sales, prior sales and

data from Department of Revenue Administration forms is available at [www.real-data.com](http://www.real-data.com) or 669-3822. Copyright 2011. Real Data Corp. In the column "Type": land= land only; L/B= land and building; MH= mobile home; and COND=condominium.

# MARK ON THE MARKETS

## "Safe money"



BY MARK PATTERSON

Since the Federal Reserve can't raise rates substantially, we are stuck with very low bond yields, money market or CD rates. These are places that we all kept that "safe money" for un-expected events. But a common theme that I now see with many clients is, money sitting in bank accounts earning little to no interest. No matter what happens in these crazy elections, I am betting on some real volatility

in our equity and debt markets.

Let me share a couple of alternatives that could give you the liquidity that you desire, but maybe offer some real value.

The first scenario is a 62 year old female with \$100,000 in the bank or credit union getting 1 percent on her money. She wants the money available to her, but is tired of low returns. She also would like a plan to offset some of the potential cost if she were to need home health or facility care. By shifting the money to this account she could receive, an immediate long term care benefit of 191,629 which she can spread over 50 months. Her account will be credited with a minimum of 3 percent interest per year. If she has not used this money it would be a death

benefit to her beneficiaries, tax free. If she needed access to her money, she can request a return of \$100,000 premium, less money used by her, at any time.

This is called an Asset based long term care policy, with return of premium. This is an underwritten policy that usually requires a phone interview and possibly medical records. But for those of you who do not have long term care coverage or would like to get some of those assets working while maintaining liquidity this could be a great option.

The same 62 year old woman with \$100,000 earning low interest wants the ability to get at her money but recognizes the need for growth. Her \$100,000 premium receives an immediate 6% bonus, bringing her account

balance up to \$106,000. Her account value may increase due to positive index gains relative to equity indices, and she will not be exposed to market losses. In the future she can take guaranteed lifetime income without the loss of control of her money. Because of the return of premium rider, she can request that her original premium, or surrender value (whichever is greater) will be returned to her at any time.

This is an Indexed annuity with a return of premium rider. A few companies offer them with this type of rider. Also keep in mind that these scenarios are just that, and everyone's situation is different.

These are just a

few methods of taking that "Safe money" and putting it to work and maintaining that ability to get your money back if you need it. You are welcome to call with questions.

The implementation of certain insurance based products into your portfolio of

investment assets can offer stability and sustainable predictable income to the "at risk" portion of your assets.

Mark Patterson is an advisor with MHP Asset Management and can be reached at 447-1979 or [Mark@MHP-Asset.com](mailto:Mark@MHP-Asset.com).

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## LRGHealthcare Senior Safety Day a big success

LACONIA — In conjunction with area fire departments, LRG-Healthcare held its 16th Annual Senior Safety Day on Saturday, Oct. 15.

This year's event was a huge success reaching over 288 homes across the region where senior citizens had a free home visit from their local fire department to supply and change their smoke detector batteries or smoke detectors free of charge.

For 16 years, LRG-Healthcare has raised money to provide the batteries and smoke detectors and worked with area fire departments to offer this program. This year, we also partnered with the American Red Cross Smoke Alarm and Home Safety Check program to offer important home safety information and resources. Participating communities include Franklin, Tilton/Northfield, Sanbornton, Belmont, Hill, Andover,

Bristol, New Hampton, Meredith, Center Harbor, Moultonborough, Laconia, and Gilford.

LRGHealthcare Community Educator, Melissa Lee comments, "We'd like to thank all our participating area fire departments for helping us keep seniors safe and independent living in their homes. We're making homes safer and more importantly, keeping people safe and we're appreciative of the work our local fire departments do to help make that happen."

Smoke detectors are an early warning that you don't want to be

without. It's recommended that if your smoke detectors are over ten years old, they should be replaced. And, general rule of thumb is to change the batteries in your detectors when you change your clocks in the fall and spring.

LRGHealthcare is a not-for-profit healthcare charitable trust representing Lakes Region General Hospital, Franklin Regional Hospital, and affiliated medical providers. LRG-Healthcare's mission is to provide quality, compassionate care and to strengthen the well-being of our community.



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Aubree

This 8 month old young dog is a real sweetheart and looking for her forever home. We adopted Aubree's litter mate and the vet says that in addition to pure bred Miniature Pincher (her mom) there is a lot of Shiba Inu in her. Aubree has been raised around children and other dogs, is shy but confident when with other dogs and is between 30-40 pounds. She is spayed and shots/tests/treatments are all up to date!

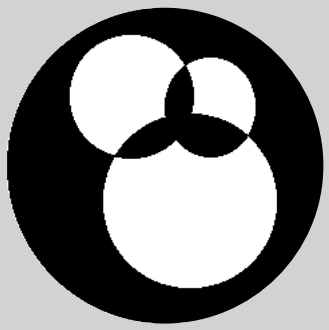
Her adoption fee is \$250 and transportation from her foster care site in Arkansas is an additional \$140.

For more information regarding adoption email [kelley.aasr@gmail.com](mailto:kelley.aasr@gmail.com)

[adoptastray.rescuegroups.org](http://adoptastray.rescuegroups.org)







# NFI North, Inc.

*Inspire and Empower people to reach their full potential so they can live successfully within their home and community*

**NFI NORTH is a leading nonprofit human service agency specializing in the treatment of children and adults with behavioral health challenges. The Agency is accredited by the Joint Commission as a Behavioral Health Care Organization.**

**Due to growth and expansion in our programs we have career opportunities in the following areas:**

**Jefferson and Bradford, NH** – Teenagers needing caring, positive role models

**Concord and Bethlehem, NH** – Adults working towards independence and employment skills

**Direct Care Counselors/Supervisors all sites (all shifts available)** – Base pay is \$13 an hour (negotiable based on experience) Supportive coaching, engage in activities and relationship building

**Social Worker – Jefferson** – Must have a Master's Degree in Social Work or Human Services (free clinical supervision provided for those seeking licensure). Base pay is \$45K (negotiable based on experience)

**Assistant Director – Jefferson and Concord** – Help lead a team of professionals and move the Agency mission forward. The position is a combination of management and guidance of direct support. Bachelor's Degree required. Base pay \$40K (negotiable based on experience)

**Drivers– Jefferson and Bradford** – Great opportunity for people that need a flexible schedule or only want to work a few hours a week to take consumers to appointments. Must have a driver's license. Base pay \$13 per hour (negotiable based on experience)

**Per Diem/Part Time Direct Care Counselor** – All sites (all shifts) Great opportunity for people that only want to work a few hours a week. Potential for more hours exists. Base pay \$12 an hour (negotiable based on experience)

Full background check is required for all positions.

We offer an excellent benefits package for 30plus hour employees with health and dental, tuition reimbursement and generous time off package (3 weeks' vacation, 7 sick days, 11 holidays and more).

For all of our employees we provide excellent training, career growth opportunities, a supportive work environment and access to an affordable higher education through our partnership with Southern New Hampshire University (see below). NFI North also pays for all Professional Development Trainings, CEU's and Licensure Renewals!

NFI North is a proud partner with Southern New Hampshire University's (SNHU) College for America, an accredited, nonprofit college designed to develop working adults through cost effective, competency based higher education. Not only do we offer our employees access at incredibly low and affordable rates but now you can also enroll your immediate family members. SNHU offers accredited bachelor and associate degree programs completely online at your own pace for only \$3,000 a year or less when eligible for our tuition reimbursement program.

**Please send cover letter and resume (please put location interested in subject line) to [nfinorthhr@nafi.com](mailto:nfinorthhr@nafi.com) EOE/AA**



Waste

FROM PAGE A1

was \$29.41. If the same number participates in 2017, the cost would rise to \$34.67 per household.

Keegan noted that the town benefits from the collection in more than one way. While the goal is to provide a safe place for residents to dispose of hazardous waste, the highway department uses the waste oil collected that day in its furnace, reducing the town's heating costs.

Discussing the household hazardous waste collection day at the Nov. 3 meeting of the Bristol Board of Selectmen, Keegan said two dates are available for 2017: July 29 and Aug. 5.

The town has selected an August date for the past couple of years, but found that the date conflicted with the Summer Town Meeting and the "Making It In Bristol" events. The Summer Town Meeting gives seasonal residents a chance to learn what has been happening in Bristol during the past year and ask questions of town officials. Making It In Bristol showcases the businesses that manufacture or create items for sale locally and around the world.

The selectmen suggested holding the household hazardous waste collection day on July 29 so it would not detract from the other activities.

The discussion later touched on improvements at the town's solid waste transfer station, one of the projects identified by the town's space needs committee as being a priority. Preliminary plans to upgrade the area had been drawn up in September 2010, but the town has been sitting on the project since then, focusing on other priorities.

Town Administrator Nik Coates said the town has accumulated about \$160,000 in a revolving fund established to hold money coming back to the town from the Concord Regional Solid Waste Resource Recovery Cooperative, which is disbanding after capping the Franklin ash dump and completing other contractual arraignments. One more refund is expected, although it may not come until 2017 or 2018.

The money can be used for the transfer station improvements, which include relocating the hopper and compactor and rerouting traffic away from the town highway garage.

The highway department has been placing fill on the sloping property to build it up for the eventual relocation of the transfer station, but Highway Superintendent Mark Bucklin said the fill includes leaves and brush, so better fill may be necessary before installing the new facility. Plans also may need to be updated to allow for an expansion of the highway garage — another recommendation of the space needs committee — and the building of a larger storage building — a suggestion coming out of a regional meeting of municipal highway officials.

Selectman Rick Alpers suggested that the town do test borings of

the fill area in preparation for moving ahead on the project, so the needs will be known when developing working plans for the facilities upgrade.

Bucklin, along with Christina Goodwin of the assessing and land use office, reported on the regional highway meeting, where area road agents met with Bristol and Newfound Area School District officials to determine how the towns might cooperate to save on expenses. While sharing equipment was discussed, they agreed that, in most cases, everyone is doing the same sort of work at the same time, so sharing of a grader, for instance, would not be feasible. However, they thought the bulk purchase of material such as road salt could result in significant savings.

Bucklin said that, with a larger salt shed and scales — which also could be used for commercial haulers at the transfer station — the town could purchase a larger amount of salt from the state for best pricing, and then allow other towns to purchase it by weight or per load at lower prices than they could buy it on their own. The cost of providing the additional space could be worked into the sale price, he said.

Other regional options discussed were developing agreements for hauling sand, sharing material on paving projects, hauling asphalt, vacuuming basins, sweeping, striping, tree limbing, and staff sharing. They also discussed the importance of developing capital improvement plans that spaced out equipment purchases so not everyone had "the same piece of junk at the same time" which would allow one town to cover another in the event of an equipment breakdown. School Administrative Unit 4 Business Manager Michael Limanni offered to assist in the development of a capital improvement plan.

The road agents also shared knowledge of how to use calcium chloride on gravel roads, policies for public digging on roads, how to deal with speeding traffic on improved roads, the ability to communicate with

difficult topography and lack of cellular telephone towers, and how to save on health insurance costs.

Goodwin and Bucklin, along with Land Use Officer Scott Lacroix, also discussed revised policies for downtown parking and snow removal. Their proposals, which will be on the agenda for discussion at the next selectmen's meeting, on Nov. 17, would prohibit vehicles from parking on a public sidewalk or crosswalk, in front of a driveway, within 30 feet of a stop or yield sign, or on the wrong side, facing traffic.

Winter parking would be prohibited between midnight and 6 a.m., to allow highway crews to clear the roads, with residents allowed to park in the town-owned lots at the Minot-Sleeper Library and in front of TD Bank, as long as the vehicles are removed by 6 a.m.

The parking ordinance sets a fee schedule for fines, ranging from \$20 to \$125, with late fees as appropriate, with provisions for the Bristol Police Department to tow violators at their expense.

The ordinance on snow obstruction prohibits placing snow on roadways and sidewalks, as well as on town property such as the common on Central Square.

Residents will have an opportunity to comment on the proposed policies on Nov. 17, when the selectmen plan to consider their adoption.

In other business, selectmen awarded a health insurance contract to NH Interlocal Trust, the only agency submitting a bid to the town, according to Coates. The bid reflects a 4.73 percent increase from current-year costs, but Coates noted that many municipalities have been hit with 20 to 25 percent increases. The town's portion of health insurance costs increases by \$11,850.41 for the year, while the average employee will see a \$1,300 increase.

Selectmen also approved residents' requests to bring back some streetlights the town had shut off on North Main and Prospect streets, which would add

between \$205 and \$280 per year to the town's electric bill. Alpers termed the amount "short dollars in the long run" and said it was a public safety issue.

One-of-a-kind, handmade wood picture frames, felted wool pieces, sand-cast pottery and dried floral designs were just some of the many items available at Meadow Artisans in Alexandria during the 2016 N.H. Open Doors weekend, which featured local talents all across the state.

her workshop, all derived from "upcycled" sweaters and other older woolen pieces.

Her husband Bill is an integral part of their venture with his amazing wood products.

Utilizing burlled apple, lilac roots and other unusual wood, his photo frames are a true work of art. Each frame is unique in its style and shape with a soft patina that comes from hours of sanding and specially detailed attention.

"I have a thing about quality," he confessed.

Bill doesn't only create artistic frames however. He also uses select pieces of wood to fashion things such as salad utensils that have been a big hit with customers. The handles have the bark of the tree incorporated into them, creating a rustic affect that is popular with their clientele.

Recently, he began using pieces left over from his frames to design serving dishes and triv-

ets, and a new addition to the couple's inventory are his wooden scarf accessories, that pair fashionably with his wife's handmade creations.

During the N.H. Open Doors event people flocked to their workshop for the once-a-year opportunity to meet the couple and purchase many of their fine crafts, typically only found at craft fairs, such as an upcoming holiday fair in Bow. Creations produced by Meadow Artisans can also be found at Squam Lakes Artisans in Helderess from Memorial Day through Labor Day and a few of their items are also available at Cardigan Mountain Store in Bristol for the holidays.

Other local participants in this year's N.H. Open Doors were Twin Design's Gift Shop, White Mountain Smile Makers, Newfound Lake Vineyards and Winery, Cardigan Mountain SoapWorks, and Homestead Creations.

town initially will turn on the middle light to see how well it serves, and will consider adding another if it proves to be insufficient.



DONNA RHODES

One-of-a-kind, handmade wood picture frames, felted wool pieces, sand-cast pottery and dried floral designs were just some of the many items available at Meadow Artisans in Alexandria during the 2016 N.H. Open Doors weekend, which featured local talents all across the state.

Open Doors

FROM PAGE A1

other beautiful pottery pieces, using natural imprints from nature as a focal point for many of her creations.

She also is quite talented when it comes to felting, a process where she uses specially treated wool fabrics to make not only outerwear clothing items, but art as well.

"I love doing felted landscapes through wet and needle-felted processes. Bill and I collaborate on a lot of those where I do the scene, like a four season tree I did, then he creates a frame for it," she said, pointing out an exceptional piece in their showroom.

Barbara is also adept at hand-dyeing fabrics such as silk, which she then pairs with her felted handbags or designs women's blouses and scarves.

Fleece-lined felted mittens are another popular item she creates in

her workshop, all derived from "upcycled" sweaters and other older woolen pieces.

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Don't Overlook Long-term Care Costs

How much money will you need in retirement? To arrive at an estimate, you should consider various factors, such as where you'll live, how much you plan to travel, and so on. Not surprisingly, you'll also need to think about health care costs, which almost always rise during retirement. But there's one area you might overlook: long-term care. Should you be concerned about these costs?

In a word, yes. Expenses for long-term care — which can include receiving assistance at home as well as prolonged care in a facility — can be surprisingly expensive. Consider the following statistics, taken from the 2016 Cost of Care Study issued by Genworth, an insurance company:

- The average annual cost for a private room in a nursing home is more than \$92,000. And in some places, particularly major metropolitan areas, the cost is considerably higher.
- The average annual cost for full-time services of an in-home health care aide is more than \$46,000.

These costs are certainly daunting. Of course, you

might think that you won't have to worry about them, because you won't ever need any type of long-term care, particularly if you've always been in good health and your family has no history of later-in-life cognitive impairment. However, the odds may not always be in your favor, because almost 70% of people turning age 65 will need some kind of assistance or long-term care at some point in their lives, according to the U.S. Department of Health and Human Services.

Given the costs of long-term care, and the possibility that you might really need this care, how can you prepare for the costs?

Things may change in the future, but at this point, you really can't count much on government programs to help pay for long-term care. Medicare typically pays for only a small percentage of these costs, and, to be eligible for Medicaid, you must have limited income and assets. In fact, you might need to "spend down" some of your assets to qualify for Medicaid long-term care services. Obviously, this is not an attractive choice, particularly if you'd like to someday "leave something behind" to your family or

favorite charity.

Consequently, you need to look at your options for paying for long-term care — just in case. You could earmark a certain percentage of your investment portfolio to cover long-term care costs; if you never need this care, you can simply use the money to pay for other areas of your retirement or for other purposes, such as charitable gifts or financial support to your grown children or grandchildren.

Or, as an alternative, you might want to work with a financial professional, who can recommend a strategy specifically designed to help you address long-term care costs. The marketplace in this area has evolved rapidly in recent years, so you should be able to find a solution that is both affordable and effective. Keep in mind, though, that the earlier you purchase a long-term care solution, the more economical it will likely be for you.

In any case, don't delay your planning for long-term care. Knowing that you're protected against potentially catastrophic costs can make your retirement years less stressful for you and your family.

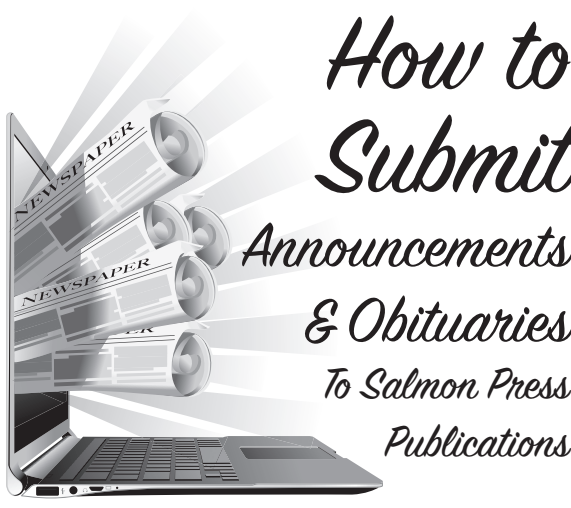


This article was written by Edward Jones for use by your local Edward Jones Financial Advisor.

For more information or to sign up for their monthly newsletter, contact **Jacqueline Taylor**, Financial Advisor, at **279-3161** or email Jacki at [Jacqueline.Taylor@edwardjones.com](mailto:Jacqueline.Taylor@edwardjones.com).

Her office is located at 14 Main Street, Downtown Meredith.

For more information, see <http://www.edwardjones.com/> or "like" her on Facebook [www.facebook.com/EJAdvisorJacquelineTaylor](https://www.facebook.com/EJAdvisorJacquelineTaylor).



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Spelling Bee

FROM PAGE A3

the competition for Misadventures, who advanced to the finals. In the fourth and final round, Chuckles Champions from the PSU Writing Center competed against Letter Rip, Good Spellas from Circle Program/Venture Print, The Spelling Beegles, and Pemi-Baker Community Health's team, the Glittering Mermaids. They were all disappointed when it took only one word, "principal," to send Letter Rip on to the championship round. For the champaionship, "flocculant," a word referring to a clump of wool, took two of the four teams out right away, leaving two groups of friends, Letter Rip and Misad-

ventures, left to face the final challenges. It was the word "cannoneer" that shot a hole in the hopes of the Misadventures and propelled Letter Rip to the championship. Comprised of New Hampton's Christine Perron, Jessica Halm of Campton and Clare Eckert of Plymouth, the team received gift cards to Café Monte Alto in downtown Plymouth for their spelling prowess. The runners up were Kristine Perry, Lisa Ford and Marty Humphrey of Campton, Bristol and Thornton. Throughout the night Coppola not only delivered many humorous quips, he also reiterated some of the statistics from Pemi-Baker Literacy's director Darci McCarthy.

In the past 15 years of its existence, the center has provided literacy support to the greater Plymouth, Bristol and Lincoln areas. During that time 650 people have requested their assistance, 82 received their high school equivalency diplomas, and 10,000 hours of instruction time has been provided by 150 volunteers of the program. "This has all been possible thanks to you and all the sponsors who support them," Coppola told the crowd. Audience members also had the chance to boost financial support to the literacy program by purchasing tickets, which they then used as votes for their favorite team. For 2016, Bee-Attitudes (Lisa Laverack, Jessica Davis and Lisa Mure) garnered the

most sponsorship votes by raising \$960 through their participation in the spelling bee. There were also raffles for several great prizes that were donated by local artists and businesses and all proceeds benefitted Pemi-Baker Literacy. McCarthy said she was pleased to see such a large crowd come out for the spelling bee, the organizations major fundraiser each year. She also welcomed 30 past and present members of their board of directors who were in the audience as well. "We're happy to see so many returning contestants and we're thankful for all of our board members," McCarthy said, "I would also like to say thank you to everyone for supporting us all these years."

Cougar

FROM PAGE A3

seen in eastern North America, some are attempting to recolonize their former habitats." Where once it was flatly dismissed as an impossibility in the so-called "developed" east, scientists have now documented cougar dispersals and occupancy of a growing list of eastern states and provinces. Join us for a magnificently illustrated introduction to cougar biology and ecology in the broad diversity of habitats where Sue has studied them, from Alberta to the Mexican border. We will also get the low-down regarding the latest confirmations of cougars in the east, including the recently documented suitability of a substantial amount of wild habitats from Manitoba to Louisiana and Maine to Georgia. Sue Morse is a nationally recognized naturalist and habitat specialist with forty years of experience tracking and monitoring wildlife uses of habitat throughout North America. When not in the field conducting research, leading training programs or photographing wildlife, Sue can often be found presenting her findings and award-winning images to a wide range of audiences, including the general public, conservation leaders and students of all ages. She has been monitoring wildlife

since 1977, with an emphasis on documenting the presence and habitat requirements of bobcat, black bear, Canada lynx and cougar. Sue lives in Jericho, Vermont at the edge of a rich and diverse forest which she has helped conserve and which serves as a living laboratory for her own wildlife research and the training of wildlife monitoring teams. This program is geared for adults and children over 10, and is designed to be an educational workshop for wild animal lovers and conservationists. Please save the date and join us! This program is co-sponsored by the Hebron Conservation Commission, The Newfound Keeping Track Team, Dr. Lisa Doner and the Newfound Lake Region Association. Donations of \$5 for adults and \$2 for children are requested at the door.

Tracking walk  
Sunday, Nov. 20

The following day: Sunday, the 20th, Sue will lead a 3-hour tracking session in Hebron from 9 - noon. Participation is limited to 15 participants at a cost of \$24/person. Rain or shine. Reservations are required. To reserve or for additional information, contact Martha Twombly at marthamosaic@gmail.com or call 530-2606.

SLA

FROM PAGE A3

tection of the large tracts of land lying above 900' in elevation, which includes the well-recognized Squam Range in Holderness and Sandwich; Mt. Prospect, Church Hill and Leavitt Hill in Ashland; and Red Hill in Moultonborough and Sandwich. The Squam Uplands cover roughly 7,000 acres, just slightly less than the total surface area of the Squam Lakes. There are two components of the Squam Uplands Initiative. First, SLCS is prioritizing its conservation efforts in the Squam watershed by focusing on the con-



COURTESY

On Wednesday, Nov. 16 at 7 p.m., join Executive Director of the Squam Lakes Conservation Society, Roger Larochelle, as he describes the case for prioritizing the protection of Squam Uplands and the strategies for their permanent protection.

servation of land within and adjacent to the defined Uplands area, such as Whitten Woods, a newly established trail network in Ashland. A second effort is being led by both The Conservation Fund and SLCS to conserve 6,500 acres of

abutting land along the north flank of the Squam Range. Together, both elements could permanently conserve significant acreage between the Squam Lakes and the White Mountain National Forest. In short, the Squam Uplands Initia-

tive is an unprecedented opportunity to unify and coordinate conservation priorities, organizations, and funding. This free program starts at 7 p.m. at the SLA Resource Center, 534 Route 3, in Holderness. All are welcome. For more information call the SLA at 968-7336 or e-mail info@squam.org. The Squam Lakes Association is dedicated to conserving for the public benefit the natural beauty, peaceful character and unique resource values of the Squam Lakes and surrounding watershed. For more information on any of our programs, visit: www.squamlakes.org.



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Notebook

FROM PAGE A4

as noted on the DOT's Web site:  
--A 76 percent reduction in crash injuries  
--30 to 40 percent fewer pedestrian accidents  
--A 30 to 50 percent increase in traffic capacity  
--Traffic slows to 30 m.p.h. or less  
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There are those who think we have a traffic problem in downtown Colebrook, where Colby Street and Parsons Street bring drivers onto Main Street, and they sometimes have to wait, especially if they're turning across traffic. I'm not one to agree that there's all that big a problem, only a minor one that can easily be solved with a little stopping and waving, as seems to be an increasing nicety. A traffic light is implausible there because Colby and Parsons streets are offset, and the necessary turn lanes would devour priceless storefront parking spaces, and besides, the waits would be interminable. So the last time I was up Route 10 I stopped at one of the little roundabouts and paced it off, just for the heck of it, and then on my return

home found, to no great surprise, that a roundabout in downtown Colebrook would be a tight fit. The rear wheels of a left-turning 18-wheeler would have to roll pretty close to the middle, close enough for horseshoes. Maybe. When I went to England with my Dad, I did the driving, my first time of driving on the wrong side of the road, and quite soon we came to a roundabout, this one a very big one, where two major highways converged. And instantly there were lots of blaring horns, a thing that would make me jump right out of my skin in downtown Colebrook, because in the dictates of small-town etiquette, blowing one's horn is just not done, although a toot to wave hello is all right.

(This column runs in weekly newspapers covering two-thirds of New Hampshire from Concord to Lower Quebec and parts of western Maine and northeastern Vermont. Letters must include the writer's telephone numbers and town. Write to campguyhooligan@gmail.com or Box 39, Colebrook, NH 03576.)

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# Newfound Landing Sports

Section **B**  
Thursday,

Thursday, November 10, 2016

## Newfound hands out fall sports awards

BY JOSHUA SPAULDING  
Sports Editor

BRISTOL — The Newfound community officially wrapped up the fall sports season with the sports awards on Thursday, Nov. 3.

For the boys' cross country team, James Moore earned the Most Improved Award, while Patrick O'Neill won the True Grit Award. The Bears Booster Club Student Athlete Award (BBCSAA) went to Nick Crosby.

For the girls' cross country team, Solene Bille won the Most Improved Award. Molly Schilling was presented the True Grit Award and was also given the BBCSAA honor.

For the field hockey team, Julianne Marchand was presented the Unsung Hero Award, Mackenzie Ryan won the Coaches Award and Montana Bassett was named Rookie of the Year. Amanda Johnston got the award for Outstanding Offense, Hayleigh LeTourneau won the award for Outstanding Defense and Savanna Bony won the Field Hockey Ball Award. Johnston also picked up the BBCSAA honors.

For the football team, Adam Nelson earned the Most Improved Award, while Scott Sargent was presented the Coaches Award. Tyler Haskell won the Ironman Award and Cody McGee was the BBCSAA recipient.

For the soccer Bears, Jarrod Fairbank won the Coaches Awards, Cian Connor was presented the Most Improved Award, Brad MacDonald

was given the Hardest Worker Award and the BBCSAA honors went to James Shokal.

Alyssa Shaw, Becky Norton and Ashlee Dukette all earned the Coaches Award for the volleyball Bears, while the BBCSAA honor went to Cierra Greene.

Cole Frye won the Most Improved Award for the unified soccer team and Alec Dostie won the Program Builder Award. Zeke Richardson was named Most Valuable Player and Reece Sharps was presented the BBCSAA honor.

The Cathy Leaver Athletic Director's Awards were presented to Suzanne Pfister and Joe Souza. Pfister spearheaded the fundraising drive to have electricity restored to the soccer and baseball scoreboard. The fundraising effort yielded more than \$3,600 and the scoreboard is working. Souza was the longtime sports editor at the Laconia Citizen, who provided the best daily athletic coverage to the Lakes Region for many years.

Additionally, NHI-HAA Sportsmanship Awards were presented, with one player from each team being honored for their sportsmanship throughout the season.

For cross country, the winner was Tyler Austin, while Kylee MacDonald was the varsity field hockey winner and Naomi Wade was the JV field hockey winner. Ricky DeLuca was the recipient for the football team and Mackenzie Morton-Kevlin was the unified soccer winner. Devon Kraemer-Roberts



COURTESY PHOTO

Joe Souza and Suzanne Pfister were presented the Cathy Leaver Athletic Director's Award at last week's Newfound fall sports awards.

won for the varsity soccer team, James Rogers was the winner from the

JV soccer team, Grace Page won for the varsity volleyball team and

Riley Pierce was the JV volleyball winner. Joshua Spaulding can

be reached at 569-3126 or [sportsgsn@salmonpress.com](mailto:sportsgsn@salmonpress.com).

## Not many games, but still one busy week

### SPORTING CHANCE



By JOSHUA SPAULDING

past few falls, I am involved in the Village Players musical production, which this year happens to be Kiss Me, Kate. The musicals are a lot of work in many ways for a lot of people. Last year's production of Spamalot was a huge time commitment on my part, as I helped build the set, worked on the stage crew, did publicity and even had a very minor role. While this year's production has not eaten up quite as much of my time, the past few weeks have been a busy time.

I was at the theater almost every night last week, starting with rehearsal on Sunday and continuing with set building on Monday and Tuesday and rehearsal again on Wednesday. We finished up building the set on Thursday before it was back to rehearsal on Saturday and Sunday.

I am no carpenter, by any stretch of the imagination, but working with guys like Jay Sydow, Russ Ellis, Bob Tuttle and Mike Shaw, who all bring different

areas of expertise and experience, I've really enjoyed building sets for a number of shows over the past few years. I can stand and hold a flat or a board and carry heavy objects up and down stairs as well as anyone. And I can even operate a drill now and then, if need be. It's been a learning experience and with help from fellow crew members Mark Pierce, Cate Poole, Kaylin Dean and Don Hargy, I think we've built a pretty good set.

Relatively speaking, that was the easy part. The hard part comes this weekend as we hit opening night. I volunteered to serve as stage manager for this production and it's proving to be a fun and interesting challenge.

I've been stage manager for a number of "straight" shows, a job that traditionally doesn't involve a lot of moving of sets. However, musicals, with their numerous sets, are a whole new challenge to me. Being part of building the set certainly helped, since we were able to figure things out as we went

along and build the pieces in accordance to what might work best for us as stage crew.

Whatever the case may be, a busy few weeks will culminate on Friday night as the curtain opens on the first performance. If you are in the Wolfeboro area, I can promise you that a lot of good people worked hard to put this show together and there are some talented actors and actresses on the stage. The show is at 8 p.m. the next two Fridays and Saturdays (Nov. 11, 12, 18 and 19) and 2 p.m. on Sundays (Nov. 13 and 20).

Finally, have a great day Carol Bense.

Joshua Spaulding is the Sports Editor for the Granite State News, Carroll County Independent, Meredith News, Gilford Steamer, Winnisquam Echo, Plymouth Record-Enterprise, Littleton Courier, Newfound Landing, Coos County Democrat, Berlin Reporter and The Baysider. He can be reached at [sportsgsn@salmonpress.com](mailto:sportsgsn@salmonpress.com), at 569-3126, or PO Box 250, Wolfeboro Falls, NH 03896.

## Broomball players sought for new season

WATERVILLE VALLEY — A few good men and women are wanted to form broomball teams for the 38th year of competitive play in the Waterville Valley Broomball League.

The league currently features six teams from Campton, Lincoln and Waterville Valley, sponsored by local

businesses. The age of participants range from 18 to 50+ and modified hockey rules apply, with no checking permitted. Promote your business as a team sponsor and be a part of the 30+ years of tradition.

For more information, contact Ray O'Hara had 254-8858.

## Newfound searching for JV baseball coach

BRISTOL — Newfound Regional High School has an opening for a JV baseball coach. Please send letter of intent, resume and names and phone numbers of three references to

Superintendent Stacy Buckley, SAU4, 20 North Main St., Bristol, NH. 03222. Questions should be directed to Peter Cofran, Athletic Director at [pcofran@sau4.org](mailto:pcofran@sau4.org) or 744-6006, x1507.

## Winter sports under way soon in Bristol

BRISTOL — The winter sports season will officially kick off at Newfound Regional High School next week.

The girls' basketball team and the spirit team will both begin official practices on Monday, Nov. 14. The hoop girls will practice at 3 p.m.

and the spirit team will practice at 5:30 p.m.

The boys' basketball and alpine skiing teams will start their official practices the following week, with the basketball boys starting at 6:30 p.m. and skiing starting at a time to be determined.

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# Locals tackle Meet of Champions

BY JOSHUA SPAULDING  
Sports Editor

NASHUA — A number of local runners competed in the Meet of Champions after top finishes at last week’s State Meets.

The Meet of Champions took place at Mines Falls at Nashua South High School on Saturday, Nov. 5.

While no local girls qualified for the Meet of Champions, the Kennett boys’ team and one runner each from Kingswood, Prospect Mountain and Plymouth squads all qualified for the race, which brings together the top runners from each division in a single race.

Patrick O’Brien of Oyster River set the pace for the boys, finishing in 15:03, almost 50 seconds ahead of his closest competitor, Cameron Starr of Pelham.

The Kennett boys were led by senior Nick Whitley, who finished in a time of 16:37 for 32nd place overall.

Fellow senior Darren Piotrow ran to 47th place overall in a time of 16:44 and sophomore Aidan



TARA GILES — COOS COUNTY DEMOCRAT  
Plymouth’s Garrison Hiltz runs with the pack during Saturday’s Meet of Champions.

Hagerty ran to 123rd place overall in a time of 17:59 to finish as the third Eagle.

Senior Jonathan Caputo was 127th overall in 18:08 and classmate Logan Hagerty rounded out the scoring for Ken-

nett with a time of 18:42 for 142nd place.

Sophomore Colby Livingston finished in 143rd place in 18:51 and freshman Chris Desmaris, who did not race last week but replaced teammate Caleb Esmay,

finished in 146th overall in 19:09.

Overall, the Eagle boys finished in 17th place, while Nashua North ran to first place. Concord, Keene, Pinkerton and Coe-Brown rounded out the top five

boys’ teams.

Kingswood junior Wyatt Pooler, in his first season running cross country, finished in 52nd place in a time of 16:47.

Plymouth senior Garrison Hiltz ran to 64th place overall in his fi-

nal cross country race, finishing with a time of 16:56.

Prospect Mountain’s Tommy Howlett, the first Timber Wolf freshman to qualify for the Meet of Champions, finished in a time of 17:36 for 104th place overall.

Jacqueline Gaughan of Exeter took the win in the girls’ race in a time of 17:14, almost 40 seconds ahead of her closest competitor, freshman Caroline Fischer of Bishop Guertin.

Division II champion Souhegan ran to the Meet of Champions title, easily outdistancing Pinkerton by 30 points, while Coe-Brown, Bishop Guertin and Alvirne rounded out the top five girls’ teams.

Joshua Spaulding can be reached at 569-3126 or sportsgsn@salmonpress.com.

## Eastern Region event honors Ronnie Berlack

STOWE, Vt. — The top U16 alpine racers in the U.S. Ski and Snowboard Association’s (USSA) Eastern region will compete for regional titles this season at the Ronnie Berlack U16 Eastern Region Championships Grand Prix, named in honor of the late U.S. Ski Team athlete from Franconia. The event, sponsored by Nordica, will take place March 9-14, at Stowe Mountain Resort, Vt.

Berlack, a New Hampshire native, used the Eastern Region Championships as a stepping stone to earning his spot on the U.S. Ski Team. At 13 years old, he had a tough go at the event his first year, but earned a trip to Canadian K2 Nationals in his second year. Berlack followed that performance with more notable junior finishes, including a third place finish at J2 Nationals and a second place U21

result in downhill at the 2014 U.S. Alpine Championships at Copper Mountain, Colo. Tragically, Berlack was killed in an avalanche alongside his teammate Bryce Astle on Jan. 5, 2015 in Soelden, Austria.

“Ronnie was extremely motivated to qualify and be competitive at regional events,” said his father, Steve Berlack. “Racing at those events was a big part of helping his achieve his dream of making the U.S. Ski Team. Ronnie would be hugely honored to have such an important and meaningful event named in his memory.”

In memory of Berlack and Astle, the USSA, together with the Berlack and Astle families, established the Bryce and Ronnie Athlete Snow Safety (BRASS) Foundation in 2015. The foundation aims to increase awareness, promote training and education, and advance invest-

ments regarding athlete safety and security. As part of the championships, the BRASS Foundation will be hosting an educational opportunity on avalanche awareness and safety. The “know before you go” presentation will be featured during the awards banquet attended by athletes, parents, coaches and officials of the Eastern region.

“The USSA is committed to raising awareness about how our athletes and staff can stay safe both on and off the hill,” said USSA President and CEO Tiger Shaw. “The members of the BRASS Foundation have done a phenomenal job leading the charge with these efforts and the USSA will continue to support educational opportunities at events like this and we hope to see them expand in the future.”

“Ronnie exhibited a desire and passion for

ski racing that would take him far. He was a serious student of the sport,” said Martin Guyer, Regional Development Director, USSA Eastern Region. “Watching Ronnie develop, there was an awareness and calculated method in his approach. He had a strong peer group around him and they pushed each other hard, all hoping to achieve their dream of making the U.S. Ski Team. Naming the U16 Eastern Regional championships in his memory will keep

his dream alive and help develop awareness in all aspects for our up and coming junior racers.”

Qualifying for regional championships is a season goal for many Eastern region racers. The championships will bring top performers from each of the eight Eastern divisions to compete head to head, hoping to advance to events such as the U16 National Championships.

For more information on USSA Eastern region events, visit ussa.org.

## Salmon Sunday set for this weekend

TUFTONBORO — Bring the kids and explore the life cycle of landlocked salmon, fish prized by anglers on New Hampshire’s big

lakes, at the New Hampshire Fish and Game Department’s annual “Salmon Sunday” event on Sunday, Nov. 13, from noon to 2 p.m. at Pope Dam in Melvin Village. Pope Dam is nine miles north of Wolfboro on Route 109 in the town of Tuftonboro.

During the event, fisheries biologists will be busy harvesting, or “stripping,” eggs and milt from adult salmon. Standing knee-deep in the cold water of the Melvin River, scientists expertly relieve the colorful adult female salmon of their eggs by stroking their stomachs. Milt from the male fish is obtained in the same way, and mixed with the gold-colored eggs to fertilize them.

This activity is all part of the work the New Hampshire Fish and Game Department carries out each year, with support from the Federal Aid in Sport Fish Restoration Program, to maintain the landlocked salmon population in New Hampshire’s big lakes.

Salmon used for the stripping demonstration are netted from Lake Winnepesaukee

during October and early November. They are returned to the lake after their eggs and milt have been collected. The fertilized eggs are taken to Powder Mill Hatchery in New Durham, where they will hatch in three to four months. The salmon are raised in the hatchery for about 18 months, then stocked into Lake Winnepesaukee and other New Hampshire lakes.

Fish and Game staff will be on hand to answer questions about salmon, the egg-stripping process and the stocking program that ensures these beautiful fish continue to be available in the lakes for anglers to catch. Salmon Sunday is a “rain or shine” event. Dress warmly. If you have questions about Salmon Sunday, call 744-5470.

Learn more about fisheries management in New Hampshire, which is funded in part by the federal Sport Fish Registration Program (financed by your purchases of fishing equipment and motorboat fuel) at [www.fish-nh.com/fishing/fisheries-mgt.html](http://www.fish-nh.com/fishing/fisheries-mgt.html).

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# Bobcats do their job, beat defending champs

## Plymouth football moves on to Division II semifinals

BY JOSHUA SPAULDING  
Sports Editor

PLYMOUTH — Coach Chris Sanborn knew his Plymouth football team had a tough task in the opening round of the Division II tournament on Saturday, as the Bobcats played host to the defending champions from St. Thomas.

But he was also aware that if each player did his job and they executed the game plan, his team would be able to get past the Saints and on to the semifinals.

Mission accomplished.

The Bobcats ran the ball all day long behind a superior effort from the offensive line and limited the vaunted St. Thomas attack to just six completions and only six points on the way to a dominating 28-6 win at George C. Zoulias Field.

“We talked about doing your job, knowing where to line up, and the kids did that,” Sanborn said. “I’m proud of the boys, they played their tails off and now they get to play another week.”

The Bobcats did what they’ve done successfully for many years, which is run the football. Quarterback Brandon Roy did not throw a single pass and every yard gained by the Plymouth offense came on the ground.

Garrett Macomber topped the 2,000-yard mark for the season, rushing for 132 yards, while Owen Brickley rushed for 114 yards and Colby Moore picked up 54. The bad news for the Bobcats is that they may be without Brickley when they face off with top-seeded Windham in the semifinals, as the back suffered a shoulder injury late in the game and Sanborn was unsure of whether he’d be able to play the following week.

The Saints got the ball first and got off to a promising start, as they ran the ball three times to get across midfield. But Rowan Drew got in the backfield on second down and Brickley had good coverage on third down to force the Saints into a fourth and four situation. They were able to convert with a screen pass, but two plays later, Brickley made a diving interception and the Bobcats had the ball.

Macomber had an 18-yard run out of the gate and then was stopped for one yard. Roy recovered a fumble but the Bobcats had to punt away to end the first drive. The Saints picked up a first down on the ground but on third and 11, good coverage from Isaiah Crane forced an incomple tion and Plymouth got the ball back.

Brickley stepped in at quarterback for a few direct snap plays, as Sanborn looked to put a little wrinkle in the offense. Moore and Macomber also ran and the ball got to the 30, but a fumble gave St. Thomas its third chance of the game.

A Bobcat penalty moved the visitors forward even more but Cody Campbell got in the backfield on first and five for a five-yard loss and the Saints eventual-



The Plymouth seniors pose for a photo after their final game on Zoulias Field. Back row (l to r), Collin Goodale, Rowan Drew, Austin Appleby, Brandon Roy, Harrison Macomber, Chad Merrill and coach Chris Sanborn. Front row (l to r), Tyler Morrison, Sam Slaughter, Cody Campbell, Drew Hodges and Jared Benoit.

ly had to punt away as time ran out on the first quarter with no score.

Connor Magowan picked up a first down on the first play of the second quarter and after runs from Macomber and Brickley got the ball to the 12, Brickley carried in with 2:04 gone in the second quarter for a 7-0 lead for the Bobcats.

St. Thomas came back and picked up a pair of first downs but they could not get the ball much further, as Wes Lambert had a big hit and an incomplete pass eventually forced a punt.

Moore, Brickley, Roy and Macomber continued the Plymouth ground assault, starting at the 20-yard line and working their way up the field. Macomber got the big gain, a 26-yard jaunt along the far sidelines to the 21. Brickley carried for the first down inside the 10 and then consecutive carries from Macomber brought Plymouth to the end zone for a 14-0 lead (with the second Danny Carey extra point of the game) with 24 seconds to go in the half and the teams went to the break with that score.

The Bobcats struggled to open the second half and a bad punt gave St. Thomas decent field position at the 35. Plymouth’s defense went to work, with Crane breaking up a pass and Drew getting a stop, but the Saints were able to get to the one-yard line for a first and goal. Camden MacDonald helped stuff the first try and after the second try came up short, Lambert and Macomber were in on the hit. However, on fourth and goal from the two, St. Thomas finally got in the end zone. However, the Saints missed the extra point and Plymouth’s lead was 14-6 with 5:20 to go in the third quarter.

Jordan Docen got a big kick return, getting the ball out past midfield and the Bobcats needed just five plays to get the ball to the end zone. Moore carried twice for a total of 16 yards and after a Magowan run picked up nine, Macomber broke free for 22

yards to get the ball to the one. Roy carried in from there with 2:56 to go. Carey’s third extra point made it 21-6.

The Saints were able to pick up another first down on the next drive, but another stop by Drew and an incomplete pass helped force a punt and Plymouth took over as the third quarter drew to a close.

The Bobcats ate up the clock in the fourth, as Macomber, Moore and Brickley kept the line of scrimmage moving forward. Roy converted a fourth and inches and then a third and one to get the ball to the 12. From there, Brickley charged in with 6:56 on the clock and Carey’s extra point made it 28-6 for the Bobcats.

The Saints drove down the field on their next drive but on first and 10 from the 29, Tony Velez leaped in front of a St. Thomas pass and pulled down the interception. From there, Plymouth ran out the clock, with Macomber, Moore and Roy all running to finish the 28-6 win.

“Right from the start we moved the ball a lot,” Sanborn said. “Garrett was a beast again today and Colby and Brickley ran well.

“Up front, we played well,” he continued. “Rowan Drew had a monster game.”

Sanborn noted the play of the line was key in picking up the win.



Colby Moore moves through the St. Thomas defense during Saturday’s playoff win.



Jordan Docen races up the field with a kick return in action on Saturday afternoon.

“Our line outplayed them up front, which was huge,” the Bobcat coach said.

He also praised the work of the defense, which held the Saints to less than 200 yards of offense on the day.

“The defense was just spectacular,” Sanborn said. “That is an unbelievable job by our defense.

“They confused St. Thomas at times by moving all around,” he continued, also praising the defensive backs for their tight coverage.

The Bobcats now move on to play top-seeded Windham in the Division II semifinals in Windham on Saturday, Nov. 12, at 1 p.m.

Joshua Spaulding can be reached at 569-3126 or sportsgsn@salmonpress.com.

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**Kingsbury Companies LLC** is currently seeking qualified reliable General Labor & Heavy Equipment Operators in the Gorham, New Hampshire area.

Work of the Project includes renovation of water and electrical utilities and the possibility of constructing toilet/shower buildings and leachfields at Dolly Copp Campground, White Mountain National Forest.

If you or anyone you know is interested or have any further questions, please feel free to call Project Manager Rob Maccini at (802) 496-2205 ext. 25 or Superintendent John Sanborn at (802) 377-2201. Resumes can be sent to [rmaccini@kingsburyco.com](mailto:rmaccini@kingsburyco.com). To request an application email [agagne@kingsburyco.com](mailto:agagne@kingsburyco.com) with Gorham, NH application request in the subject line.

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Neither the Publisher nor the advertiser will be liable for misinformation, typographical errors, etc. herein contained. The Publisher reserves the right to refuse any advertising.

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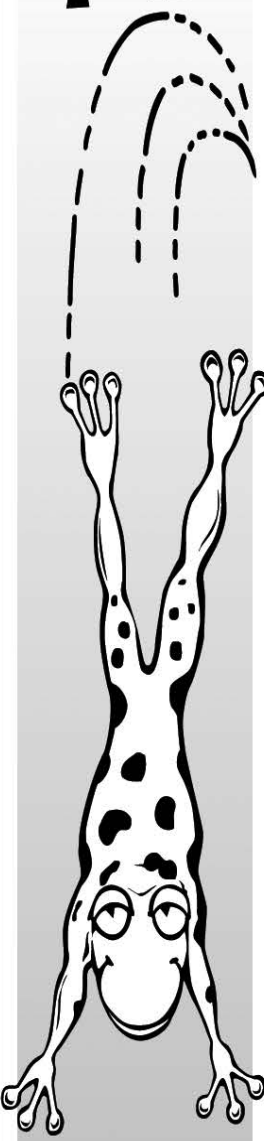
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A full job description and application packet is available at the Town Office and on the town website: <http://www.townofthornton.org>.  
  
Applications must be submitted to:  
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ATTN: Transfer Station Attendant  
16 Merrill Access Road  
Thornton, NH 03285  
  
Interviews will be scheduled as applications are received and a qualified applicant is found.  
  
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# Bobcat cheerleaders take fourth at state meet

DERRY — Plymouth Regional varsity cheerleaders completed their state competition at Pinkerton Academy on Sunday, Nov. 6. Competing against a total of 12 teams, and being one of the smallest schools in the division, Plymouth proudly placed fourth.

“This group of athletes has worked incredibly hard this season,” head coach Danee Morrison d “They start with camp in July and really put in a tremendous amount of time to improve their skills and build their competitive routine.”

The team practices daily including twice a week at Top Gun Gymnastics Academy. Top Gun has incredible new facilities in Holderness, which the cheerleaders have truly enjoyed and appreciated. Morrison extended an enormous thank you to numerous people, including assistant coaches Denise Petrycki and Danielle



The Plymouth cheerleaders placed fourth in the state competition on Sunday.



The Plymouth cheerleaders will be continuing the season at Saturday's football game in Windham.

# Waterville Valley hosting Rev Tour in January

WATERVILLE VALLEY — Waterville Valley Resort will be hosting the U.S. Ski and Snowboard Association's (USSA) Revolution Tour (the Rev Tour) Jan. 8-13. The next generation of Olympic freeskiers and snowboarders competing in slopestyle will descend upon Waterville Valley Resort's Exhibition Terrain Park for the second stop of the Rev Tour. Waterville Valley Resort is proud to add the U.S. Revolution Tour to its history of hosting premier skiing and snowboarding events.

This season Waterville Valley Resort is honored to be the only destination in New England to host the Rev Tour since 2012.

“We're very thrilled to host the Rev Tour here at Waterville Valley. Athletes from around the country and the world will get to experience our first class hospitality and terrain parks,” said Jamie Cobbett, Waterville Valley Resort Marketing Event Manager

“We are excited to bring the U.S. Revolution Tour back to New England this season after a five-year hiatus,”

said Sarah Welliver, USSA Event Manager. “The Rev Tour is focused on providing the best venues for athletes to progress their careers and Waterville Valley Resort is certain to be a valuable addition to the 2017 Tour.”

Established in 2004 the U.S. Revolution Tour is the premier series of progressive events for top junior riders. Focused towards 13-19 year-old athletes, the Rev Tour is designed to serve as a stepping stone from the grassroots to the elite level. Top winners may earn an invite to be

part of the U.S. Grand Prix, Junior Worlds, USASA Nationals, and participate in Project Gold camps.

For more information on the Revolution Tour visit [ussnowboarding.com/events/revolution-tour](http://ussnowboarding.com/events/revolution-tour).

# River Drivers battle to win in home opener

BY JODY HOULE  
Contributing writer

BERLIN – The Federal Hockey League Berlin River Drivers excited

fans at the season home opener on Oct. 29 at the Notre Dame Arena. A lively crowd cheered at the end for the Berlin 4-3 win against the Danville Dashers. Berlin has won one and lost two since and is currently ranked second with a 2-3 record in five games.

On Friday, Oct. 28, the season kicked off with Berlin away at Danbury. In a nail-biting battle, the two teams were back-and-forth each tying it up throughout the game and reaching sudden death overtime in which the Titans sunk the winning puck for a final score of 7-6.

In the second period at about a minute in, Danbury scored and it wasn't until near the last minutes of the clock when Cole Gunner passed to Scott Holm who gave Berlin a 3-2 lead. About two minutes later, Pavel Kubena scored assisted by Brown.

At 5:12, 6:17 and 10:23 of the third period, Danbury had three back-to-back goals taking the lead. Berlin fought back with Gunner scoring off of Brown and Brancik, and with Jiri Pestuka assisted by Sean Maktaak and John Celli. Two minutes later the Titans tied it up again sending the teams to overtime during which Danbury made the final score.

The next day, Berlin faced the Danville Dashers and came out on top. In the first period, a

shot from the point by a Dasher repelled off of a Berlin defender for a 1-0 lead.

In the second period, Kubena scored at 6:08 tying it 1-1, Gunner and Holm assisted. Danville scored two goals after and took the lead. Nick Wright, the River Drivers “enforcer,” was sent to the box for five minutes after brawling Danville's Matt Broman at 13:40.

Berlin tied it up again at 14:21 in the third period when Pestuka swiftly skated around Dasher defense and netted. He was assisted by Lester Brown and Artur Drindrozhik. The Berlin fans screamed with excitement at this point.


Berlin took the win at 18:15 when Celli received a pass from Gunner and Brancik and sunk it for the 4-3 win. A timeout was called and there was just a little over a minute left of play. Danville pulled their goalie for an end-of-game strategy, giving them an extra attacker to go after Berlin in the final seconds, but the attempt failed.

After the home opener, Berlin faced Danville again the next day on Oct. 30 and lost 6-1.

On Friday, Berlin lost 4-3 to the Cornwall Nationals. This past Saturday, Berlin beat the Port Huron Prowlers 4-3.






The River Drivers face the Watertown Wolves at home this Friday.

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