THURSDAY, AUGUST 20, 2020

COVERING ALTON, BARNSTEAD, & NEW DURHAM - WWW.SALMONPRESS.COM

Lawsuit against fish hatchery moves forward

BY CATHY ALLYN Contributing Writer

NEW DURHAM — As with most things today, even the courts have gone virtual.

Those concerned about the ongoing pollution of the Merrymeeting River had the opportunity recently to watch the Conservation Law Foundation (CLF) pursue its suit against New Hampshire Fish and Game (NHF&G) regarding the discharge of wastewater by the Powder Mill Fish Hatchery via Zoom.

"I think it went well," Fred Quimby, a New Durham resident, retired professor of Environmental Toxicology at Cornell University, and member of the New Durham-Alton nobacteria Mitigation Steering Committee said of the proceeding. "The judge met with both parties to make certain he understood the points each was making before he decides whether or not to give a sum-



The Powder Mill Fish Hatchery in New Durham stocks waterways in New Hampshire with fish, and in non-pandemic times, is a fascinating place to visit. Currently, however, it is also at the center of a lawsuit filed by the Conservation Law Foundation for allegedly polluting the Merrymeeting River.

mary judgment to either party."

Otherwise, everyone is headed to a tri-

least

members of the public watched the proceedings from their computers.

Director of the Clean Air and Water division of CLF and lead

attorney in the case Heather Govern said, "There's something missing when you're not there in person. We had a lot of figures, charts,

and exhibits that would have been good to walk the judge through, so it's hard to deal with those logistics."

Even so, Govern as-

serted, "We are feeling confident there may be one to two claims granted a summary judgment," but chances are high that she and opposing counsel Chris Aslin, Senior Assistant Attorney General in the Attorney General's Environmental Protection Bureau, will go to trial in September or October.

Mr. Aslin had no comment on the case.

The suit, alleging violations of the Clean Water Act, was first filed in 2018 in U.S. District Court before Judge Paul Barbadoro after waterfront homeowners frustrated by inaction by the Environmental Protection Agency (EPA) and the New Hampshire Fish and Game Department (NHF&G) regarding conditions of the waterways, contacted CLF for assistance.

The background of the pollution problem SEE LAWSUIT, PAGE A6

The return of sports... and sports coverage

BY JOSHUA SPAULDING Sports Editor

REGION — At this point, high school sports are scheduled to return next month, and if all goes as planned, coverage of high school sports in your local Salmon Press newspaper will also be returning.

But just as sports will certainly be impacted by the Covid-19 pandemic, there will probably be some differences in the coverage the papers provide compared to what readers might be used to.

Salmon Press is asking for the help of the local community in providing the coverage of the teams and athletes that inhabit the schools we cover, which range from Prospect Mountain High School in Alton in the south to Groveton High School in the north.

We are going to do our best to cover as much as we possibly can, but as the fall sports season gets underway, there is just one full-time staffer available to do this.

Which is why we are hopeful that athletic directors, coaches and other community members will be able to lend us a hand.

Athletic directors and coaches have always played a key role in the coverage we have provided over the years and we are hopeful this can continue.

If you are an athletic director, we hope you continue to work with us by sending us schedules, providing us updates or schedule changes and helping keep us on the same page with the coaches each sea-

If you are a coach, we would love to highlight the work that your team is doing and we are available at any time to take phone calls, texts or e-mails with game notes. All coaches are invited to make contact with information about what their team did after each game or once a week with an update on the games that took place the previous week. If we are at a game, we'd be happy to talk right after the contest as well.

And finally, if you are a community member or parent who attends a lot of games and who takes pictures, we'd be interested in using some of your pictures to help supplement the coverage of the local teams.

There is no question that the sports coverage will be a little different, but we believe if we all work SEE SPORTS, PAGE A7

A saint among us

St. Katharine Drexel Parish

CELEBRATES ANNIVERSARY OF NAMESAKE'S NH VISIT



ed from Sister Consuela

Saint Katharine Drexel at age 16 (left) and later in life (right).

ALTON — Saint Katharine Drexel Parish on Route 28 between Alton and Wolfeboro is celebrating two important anniversaries this year.

It was 20 years ago that Pope John Paul II canonized a Philadelphia heiress, Katharine Drexel, who gave up a fortune to help African Americans and Native Americans. And it was fifteen years ago that Saint Katharine Drexel Parish opened its doors on a new campus midway between Wolfeboro and Alton.

Saint Katharine Drexel is only the second American to be canonized as a saint, and she is thought to be the first saint who vacationed in New Hampshire.

"We had a saint among us back in the 1870s," said Father Bob Cole, recalling the young Katharine Drexel's fourweek vacation with family in New Hampshire.

Like many visitors to our state, Katharine drew inspiration from the natural beauty of our lakes and mountains. She was only a girl of 12 when she wrote, "Our weeks in the White Mountains of New Hampshire were filled with the beauty of God's creation...." Her ter Elizabeth described their family vacation in

weeks of unparalleled enjoyment...amongst the glories of the White Mountains."

The beauties of New Hampshire and the pleasures of Philadelphia society did not distract Katharine from the plight of America's poorest children, the descendants of recently freed African-Americans and Native Americans. She and her sisters were already providing financial support to schools and missions for these neglected people. But in 1887, during an audience with Pope Leo XIII, she told the Pope that he needed to send a missionary to some of the missions that they had been financing. The Pope suggested that she herself be that missionary. A Philadelphia debutante, Katharine

New Hampshire as "four already had received proposals of marriage, but she consulted her spiritual advisor and entered the convent two years later, over the objections of her family and to the surprise of Philadelphia society. A newspaper in that city ran the headline, "Miss Drexel Enters a Catholic Convent—Gives Up Seven Million."

Katharine devoted the next 66 years of her life (and the many millions of dollars of her inheritance) to serving African American and Native American people in the South, Southwest, and West. All told, she established not only her religious order, The Sisters of the Blessed Sacrament, but also 145 missions, 50 schools for African Americans,

SEE SAINT, PAGE A7



St. Katharine Drexel Church in Alton.

Motorcycle Week® just a few days away

LACONIA — With only two days to go before the start of Laconia Motorcycle Week, the event schedule has been finalized, and serves as an accurate illustration as to what people can expect at the 97th year or the world's oldest rally: Less close quarters gatherings and more riding. And with New Hampshire's governor recently announcing a mask mandate for gatherings of more than 100 people, participants will now be required to wear a mask when they are not rid-

There will be no centerline parking on Lakeside Avenue, and vendor booths will be limited to non-profit organizations (including Rally Headquarters). Entertainment will be provided by individual establish-

ments only, such as NAS-WA Resort and Tower Hill Tavern. In addition to the hundreds of miles of scenic roads available to explore around the state, riders are encouraged to participate in three organized rides taking place during the week: The Peter Makris Memorial Ride around Lake Winnipesaukee on August 22nd, the USCRA Vintage Race Gypsy Tour Ride on August 23rd and the Mae West Memorial "For the Love

of Pets" Ride on Aug. 24. Although there will be no vendor displays, concessions or demo rides at the nearby New Hampshire Motor Speedway, there will be plenty of track action, including the U.S. Classic Racing Association's FIM North American Vintage Championships, the 97th Annual Loudon Classic and the Granite State Legends Cars races. Note that there will be no vendor displays, concessions or demo rides

The Winnipesaukee

Scenic Railroad will be running daily from both their Meredith and Weirs Beach stations for shuttle or scenic rides through the Lakes Region. The M/S Mount Washington will be open daily to the public for boating excursions on Lake Winnipesaukee as will the Mount Washington Auto Road for riders interested in a trip up the northeast's highest mountain peak.

"Our number one priority at this year's rally is public safety," says Executive Director, Charlie St. Clair. "When not riding all visitors will be required to wear a mask if they are within six feet of others. We also have Nano Coating Technologies, LLC (NCT NH) assisting with sanitization of public surfaces with their Germ Inhibitor System with Bio-Protect. All area establishments continue to follow enhanced cleaning and safety guidelines established by the state. Overall, New Hampshire

has been a safe place to travel, however, if you feel uncomfortable visiting us this August, we encourage you to stay home, be safe where you are and plan on joining us next year for an action-packed 98th Laconia Motorcycle Week."

Any/all updates will be posted to Laconia-MCWeek.com, through their e-newsletter and on all LaconiaMCWeek social media channels.

For more information on visiting New Hampshire and our state's guidelines relating to COVID-19, please visit: https://www.visitnh.gov/covid19/reopen-

Laconia Motorcycle Week® gives great appreciation to all of our sponsors, especially our Presenting Sponsors: AMSOIL, and Team Motorcycle as well as the State of New Hampshire for their large financial support of our rally each year.

ALTON POLICE NEWS

ALTON — The Alton Police Department responded to 182 calls for service during the week of Aug. 9-15, including one arrest.

-One Male Subject was arrested for Driving While Intoxicated.

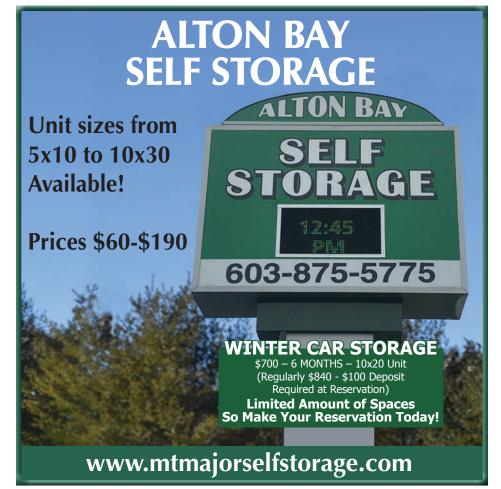
There were 7 Motor Vehicle Accidents.

There was 1 Theft Reported on Mt. Major Highway.

There were 3 Suspicious Person/Activity Reports on Mt. Major Highway, Frank C. Gilman Highway & Marlene Drive.

Police made 17 Motor Vehicle Stops and handled 5 Motor Vehicle Complaint-Incidents.

There were 149 other calls for services that consisted of the following: 6 Town Ordinance, 3 Assist Fire Department, 2 Employment Fingerprinting, 4 Assist Other Agencies, 1 Intoxicated Person, 3 Animal Complaints, 1 Juvenile Incident, 2 Domestic Complaints, 6 General Assistance, 3 Miscellaneous, 5 Lost/Found Properties, 1 Highway/Roadway Hazard Report, 9 General Information, 3 Vehicle ID Checks, 2 Sex Offender Registrations, 4 Wellness Checks, 1 Criminal Mischief, 2 Disputes, 1 Disabled Motor Vehicle, 40 Directed Patrols, 1 Follow-Up Reporting, (2) 911 Hang Ups, 1 Motor Vehicle Lockout, 1 Medical Assist, 2 Property Checks & 43 Paperwork Services.









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Make memories and learn something new with Prescott Farm's new Adventure Packs

LACONIA – You want to get outside with your friends and family. You want to try something new and make lasting memories. You want an activity that will satisfy your whole crew, from age three to 83. You want to do all of this safely and without spending a for-

Prescott Farm Adventure Packs to the rescue!

Guests of all ages and experience levels can safely enjoy time together using the new Adventure Packs at Prescott Farm. Adaptable, educational, COVID-safe, and most of all fun, Adventure Packs can be tackled as a solo mission, with a partner, or even with a "quaren-team!" Prescott Farm Executive Director, Jude Hamel. knows that outdoor activities that accommodate the times we are living in are more important than ever. "Our staff sought

for the Kids Community Challenge.

Lake in Wolfeboro.

shut down to focus on long-term projects that further our mission of helping people explore and understand the natural world," Hamel said. "These Adventure Packs were a perfect opportunity for our talented and creative education team to create COVID-safe programs that inspire visitors of all experience levels."

Each Adventure Pack contains everything curious explorers need for a morning or afternoon of fun, including activities, games and plenty of fun facts. Environmental Educators have expertly developed packs on three popular topics:

Stories of the Undergrowth: The forest floor is an extremely important part of forest ecosystems because everything starts from the ground up! Explore the forest floor and learn about

Gift Card Gala will

support Children's Auction

Community Challenge

formed from the popular bingo event to an online bidding opportunity. All pro-

ceeds will benefit the Greater Lakes Region Children's Auction, in support of It's

local businesses. Tagg Team Captain Judi Taggart has combined donations

into prize packages that are available for public viewing and bidding on the

Facebook page "Patrick's Pub Mania." Weekly packages will be posted every

Monday through August 24, with bids due every Friday by 6 p.m. and ending on

August 28. Gift cards for local restaurants, retail stores, recreation, overnight

stays, massages, salons and more, along with unique NH artwork and prizes,

will be awarded to high bidders. A leader in community support, Kathy Tognac-

ci is awarding each high bidder a 10 percent discount on non-consigned purchas-

es valid at Gilford Country Store, Nahamsha Gifts in Meredith and Live Love

to raise funds for nonprofits providing essential services to Central New Hamp-

shire children and families. I am overwhelmed with the tremendous support

received from so many businesses and individuals in our community. We in-

In these changing and very challenging times, Tagg Team members want

GILFORD — The Seventh Annual Pub Mania Gift Card Gala has been trans-

More than \$5,000 in gift cards and prizes have been collected from almost 100

to use the time during everything from the nutrients in the soil, what grows on the forest floor, the creatures who live and play there, and play some games along the

History of the Land: The Prescott Family has owned the land since 1796. How has this history influenced the landscape? Journey around the lower field, past the barn, and into the Red Trail. As you complete each section, the content becomes more advanced. Explore and have fun while you choose your own adventure!

Life in the Field: Many species of plants and animals call the fields of Prescott Farm home. With this Adventure Pack, you will discover more about the maminvertebrates. birds, and wildflowers of these fields.

Pack reservations are required (please reserve



Two visitors dig into Prescott Farm's "Stories of the Undergrowth" Adventure Pack.

24-hours in advance ty) and can be made at prescottfarm.org. Members of Prescott Farm can borrow packs for free, while non-Members pay just \$20. For more information please contact info@prescottfarm.org or visit prescottfarm.org.

Rotary guest urges continued caution to prevent spread of COVID-19

ALTON — Although Belknap County has the lowest infection rate for the Coronavirus in New Hampshire (only 1.06 percent), we're all still very vulnerable to getting Covid-19 if you fail to follow a few precautionary

That was the reminder by June Gallup, Quality Improvement Director, Cornerstone VNA, Rochester,

as a warning to members of the Alton Centennial Rotary Club, via Zoom, at its weekly Thursday

morning meeting.

She reminded everyone of President Trump's early dismissal about the danger of Covid-19, when he said in early Marchm, "We have it totally under control. It's one person coming in from China, and we have it under control. It's going to be fine." One person has now grown to more than million cases and more than 170,000 deaths in the USA, and there's dire predictions it'll get exponentially worse this fall and

winter because of the annual flu and colds season.

Nurse Gallup's advice on how to avoid getting sick from Covid-19, colds and the flu is to first recognize

and heed the signs that you are catching something. And she emphasized the importance of

testing to see if you have the virus, if you do have Covid-19, you are likely to be asymptomat-

and spreading the disease for two weeks or more to others, your family, friends etc. before getting

deadly ill yourself. Her precautions include not only wearing a face mask, maintaining social

distancing of six feet or more, and frequently washing your hands, down with

alcohol based (not methanol) disinfectants

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on surfaces in your own home, such as handles,

doorknobs, telephone, TV and remote 'clickers,' virtually any surface all family members will touch.

You never know who it is or when it was someone has caught any of the Coronavirus diseases,

which are the same viruses, but of a different strain, for the flu and the common colds.

Cornerstone

VNA is a Home, Health and Hospice service organizations employing a staff of 200 and has not

had a single case of Coronavirus among its employees. Rotarian Jim Fontaine introduced

Speaker June Gallup. To contact Cornerstone VNA, call 211, or go to: it also includes wiping https;//www.nh.gov/

.Finish

569-4545

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vite everyone to be part of this fun online activity and bid to win their favorite nems, snared raggart. Questions can be addressed to Judi Taggart at tagtem@metrocast.net or call

Pub Mania Tagg Team Captain Judi Taggart, holding the Lake Winnipesaukee watercolor print donated by WaterMark Maps in Concord, collected the Nahamsha Gifts sports bucket from Taylor Tognacci for the Gift Card Gala.

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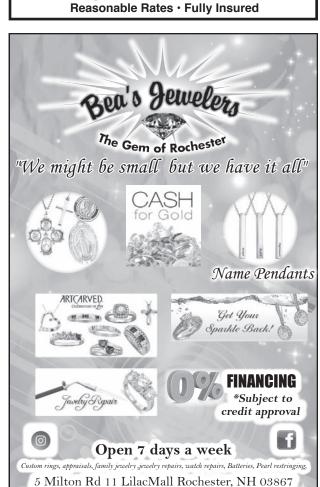
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Opinion

A change of opinion signals growth

As the world turns, so do people's opinions — even moreso now that it's an election year. Further, there has been so much civil unrest currently, in addition to the fact that we are all living through a global pandemic. We are all constantly being bombarded with opinions. You see them on social media, the radio, television, newspapers, and even on signs in people's yards.

As overwhelming, and sometimes unsettling, as this can be, it is actually quite healthy to have and share your opinions. Some individuals have no issue sharing their opinions, while others tend to shy away. Perhaps the latter is on to something but we digress. As we write this, and as you read it, somewhere, two people are in the midst of a debate.

When we share opinions, it's a sign that we are yearning to be more educated and more knowledgeable about the world we live in. The problem arises when a person will insult, lie and attack to turn their opinion into truth. It's important during a debate or heated discussion to remain open minded, as hard as that can be at times. When harsh words are exchanged, they are here for good.

There's also a difference between facts and opinions. When an uninformed person tosses out talking points with misinformation, the point of the conversation goes right out the window. Likewise, both facts and opinions can and do change. Sometimes a person will have a light bulb moment that changes everything they thought they once knew, leading to a change in their mindset. A researcher can find new discoveries, which can alter something that prior, was fact.

A person's viewpoint on something can change over the course of their lifetime. Growth happens every day with all of us. What we once thought when we were 17, could be and is likely vastly different than how we think at 50.

With that said, it's also important to not hold an individual to past statements or actions that may have been troubling. When we hold people accountable to things they did and said in the distant past, they are less likely to share their opinions, and that would be a bad thing.

Opinions are important to share, but that doesn't mean they are right. Backing up an opinion with facts is crucial and responsible. We can all agree that when it comes to personal choices that don't hurt anyone else, other's opinions are irrelevant.

We must also remember that as individuals, our life experiences have brought us each to a unique place, unlike anyone else we encounter, therefore nothing is ever cut and dry. We are seeing this too much in today's politics. Instead of looking at things issue by issue, people are automatically jumping behind one party and calling it a day. The fact remains that we are living in a complicated world, and our thoughts are naturally all over the place, and that's a good thing. Rejecting labels is refreshing.

As we grow our opinions evolve and shape who we are. So while we all have opinions, (on more than just politics) it's important to be flexible with them. Changing how we think does not make us weak, it's a sign of maturity and intelligence.





COURTESY

Food Truck night a success

Food truck and "wheels" night held in Locke Lake Colony last Friday was an extremely well attended, enjoyable (socially distanced) evening for many locals! "People seem to love food truck events, so why not try It here? It supports our local small businesses and offers a safer way for neighbors that are feeling cooped-up to get out and get together.=," said Rick DeMars, the coordinator of this event. This proved to be spot on. In spite of the relatively short notice, well over 150 Barnstead area residents stopped by. As sort of a test run, just two trucks were planned: "Tiede's Smokehouse" (Donna Tiede) and "Baked, Brewed and organically Moo'ed" (Genevieve Michaud). Donna Tiede planted the seed with Rick about the cars just a week prior. A call for wheels was extended and many stepped up to share their unique vehicles including Bruce / Donna Baron, Dennis / Kelley Boucher, Eli / Lisa English, Rob/Melissa Cushion, Rich Lane, Dick/Nancy Gardner, Mike/Pat Speikers, Bill Connors. It seems the turnout confirms interest in holding another similar event here soon! "Thank you" to all that participated and supported.

Letters to the Editor

A dubious milestone

To the Editor:

As the Town of Alton closes in on the end of our summer season and Labor Day, another milestone was not so quietly reached at the lefthand turn of Old New Durham Road and the short roadway leading to McDonald's, our local grocery store Hannaford, a medical center and other establishments. This turn is heavily traveled year round by residents and increased traffic by summer visitors as it is an access road to many businesses.

On Aug. 12, at 1:23 p.m., the one millionth automobile hit this town's old, old landmark, "The Pothole." The driver of the car, carrying out of state plates, instantly celebrated with a mashing of teeth, while jerking the steering wheel hard to the left and with words that should not have been uttered in front of his two children, his wife and the dog who were also traveling in the vehicle. Narrowly missing another vehicle, he chose to hit the pothole for anoth-

er bumpy ride!

Congratulations to the winner!

Meanwhile, there is a rumor that the selectmen will continue providing additional roadway thrills and milestones by adding more non road Alton Bay "pet projects" for the road agent and his crew to complete: including building yet another overbudgeted, ugly Soviet bloc style wall. I'm sure these are just "rumors."

As a side note: As citizens cannot attend public selectmen meetings and give public input, please note: with the town having car shows, band concerts, zumba classes (what the heck is that?), chicken barbeques, etc... it's time to open the Swap Shop at the dump for us socialites! Thank you for reading my comments!

R. LORING CARR ALTON

Mail-in balloting system is weak

To the Editor:

Mail-in-ballots such as Absentee Ballots have become a controversial subject of late. This year, we found out just how weak the system is in New Durham.

We inadvertently scheduled ourselves to be in Florida during New Durham's March 10 election. We had always voted in town at the polls in the past. Hence, we went to the Town Clerk's office and obtained applications for absentee ballots and returned them with the address of the house we were staying at in Florida. We watched the mailbox daily for the ballots. We even went to the Post Office and inquired, but nothing. I called the Town Clerk's Office, and was assured they sent the ballots out. The ballots never arrived. Did the Post Office lose them? We never found out.

However, when we came back to New Durham, I

wrote to the Town Clerk and asked how many ballots were sent out versus how many arrived back in New Durham for counting. She said she got 25 requests for Absentee Ballots, and 16 were returned in time to be counted with one coming in too late.

This is a pretty small sample, but it does bring to light concerns about everyone's vote counting. Concerned citizens in other towns may want to check with their Town Clerk to see how their Mail-In-Ballots fair.

In New Durham, over a third, or 36 percent, of those using Absentee Ballots ended up not getting their votes counted in the March 10 election.

DAVID A. BICKFORD NEW DURHAM

Community Challenge is on... Gift Card Gala will benefit Children's Auction

To the Editor:

The year 2020 will be memorable for so many reasons. For me and others volunteering for the GLR Children's Auction Community Challenge, we are committed to bringing individuals together to support essential programs serving children and families. The need will be greater than ever moving forward

At the beginning of 2020, Tagg Team was in high gear and collected over \$5,000 in donations for the Seventh Annual Pub Mania Gift Card Gala. Because our original bingo plans were cancelled, we have organized donations into an online bidding event. We invite others to be part of our success by visiting the Facebook page PATRICK'S PUB MANIA. While on this page, you can view many weekly prize packages and place your high bids to win. During August, new prize packages are posted on Mondays at 9am, with bids ending on Friday, Aug. 28 at 6 p.m.

I want to publicly thank these community-minded businesses that donated gift cards and prizes: Adornments & Creative Clothing, Airport Country Store, All Brite Cleaning & Restoration, All My Life Jewelers, Ames Farm Inn, Annalee Dolls, Art Escape.

Behold the Beauty, Bootleggers, Brick Front Restaurant, Burrito Me, Café Deja Vu, Cascade Spa at Mill Falls, ClothesLine Children's Resale Boutique, Crazy Gringo, CrossFit Juggernaut, Dairy Queen, Distinctive Artistic Finishes by Cat Magnant, El Jimador, Engraving Awards & Gifts, The Escape Room Experience, Fireside Inn & Suites, Fratello's, Funspot, Gilford Cinema 8, Gilford Country Store, Gilford True Value, Giuseppe's Pizzeria, Great Northern Trading Co, Green Tangerine, H. Salon, Hannaford, Hart's Turkey Farm Restaurant, Irwin Marine, Jennifer's Color Bar, Jerico's Hair & Nail Care, Jordan's, Kellerhaus, Laconia Car Wash, Laconia Pet Center, Laconia Village Bakery, Lee's Candy Kitchen, Liliuokalani's Ice Cream, Looney Bin Bar & Grill, Lyons' Den, Massage Therapy & Hypnosis by Nancy Lee, Mello Moose Coffee House, Mill Falls at the Lake, M/S Mt Washington Cruises, Myrna's Classic Cuisine, Nahamsha Gifts, Narcissus Salon & Spa, New Leaf Shop, Nu Skin by LeeAnn Fay-Ellis, O'Du's Hair Salon, O's Steak & Seafood, Osborne's Winnisquam Agway, Patrick's Pub, Piche's Ski & Sports, Prescott's Florist, Sal's Pizza, Shaw's, Shooter's Tavern, Soda Shoppe, South End Pizza & Seafood, Spa Girl-NH, Squam Lakes Natural Science Center, Sunflower Natural Foods, T-Bones/CJs, The Hair Factory, The Studio, U-Frame We Frame, The Village Store, Vista Foods, Wal-Mart, WaterMark Maps by Morgan & Scott Walton, Watermark Marine Systems, Wayfarer Coffee Roasters, Wild Women's Studio & Gifts, Wine'ing Butcher, Winnipesaukee Bay Gulls 2, Winnipesaukee Playhouse and Wrap City Sandwich Co. During these difficult times for businesses, it's heart-warming to review this extensive list of supporters!

Each high bidder will receive a 10 percent discount card, valid on their entire non-consigned purchase at Gilford Country Store, Nahamsha Gifts in Meredith or Live Love Lake in Wolfeboro.

To address any questions, please call me at 493-9524 or email tagtem@metrocast.net. Let's all come together once again and be part of the Plus \$1 Community Challenge goal – It's for the Kids!

JUDI TAGGART TAGG TEAM CAPTAIN GILFORD

terial was so thin that I couldn't even see it. I watched intently as the spider went up and down

I just had dinner out on my front porch. I take advantage of this wonderful weather whenever I can. In midsummer, the sun pours into the porch so much in the evening that it's way too warm to sit out there. Now that the sun is getting lower, it's once again pleasantly perfect.

As I took my last bite, the sun was weaving its way down through the trees. I just sat there enjoying the moment. I noticed something moving out in front of me. It was a tiny spider, less than a tenth of an inch long, going up and down, apparently making a new web.

I had never seen a spider building its web, so I hung around and watched. The web maand back and forth, making what you would consider to be the star of the

Spiders produce different kinds of web material. There's the sticky stuff, and the nonsticky structural stuff, which must have been what was going on now, because the spider was traveling all over the place on this web material and not getting stuck. The truth is, spiders can get stuck in their own webs if they mess up and touch the sticky stuff. Lucky for them, they can tell the difference. And the structural material made by some spiders is stronger than steel. Scientists still haven't figured that one out yet.

Looking out

While I was watching the spider, a pair of doves landed in the driveway. They were busying themselves with their dove style courtship ritual when I was alerted by a commotion going on down there. A Merlin falcon, a.k.a. pigeon hawk, had attacked them. All that I saw was the two doves flying full speeds away and a bewildered hawk standing in the driveway wondering how both of them got away. It stood there for close to a minute so I had a good bit of time to identify it. I've been on numerous hawk watches and in two bands with that name and I had never till then seen a real live Merlin. Crazy.

I got up from my seat to check on the spider's progress and had to put my glasses on to see the web as it was so fine. Upon further investigation there were at least three more tiny spiders making similar webs in similar places. There's certainly plenty of wildlife watching around here.

The next day, after church I did some gardening and then attended a graduation celebration. When I got back to the house, the sun had switched sides, so I went up to my room to open the shady side windows. Before doing so, I gazed out and noticed a large brownish thing sitting on the garden fence post. It was a hawk, I wasn't sure what kind, but I had

plenty of time to check him out. He flew down by the door to the sauna shed and tried to investigate a potential snack without any luck, then flew back to his perch. By now I had my binoculars and was able to watch him for ten minutes or so.

There always seems to be something that makes positive bird identification difficult. For one, you usually never get to observe a bird for ten minutes. After looking in numerous bird books, I determined that it was a juvenile Red Shouldered Hawk. Most books only show adults. Juveniles usually look quite different making them a challenge to iden-

When we bought

this place thirty years ago and put in our first garden, a hawk used to come every day between ten and eleven o'clock and stand on a dead tree branch overlooking it. This hawk went back and forth between the fence post and a similar tree branch. I hope he makes this a regular haunt. Maybe he'll have some luck with the moles that have been gruesome this year. This whole ground area is crisscrossed with tunnels and potted with soft spots.

So many things have totally changed, it's nice to see that some things remain pretty consistent.

E. Twaste

Correspondence welcome at edwintwaste@ gmail.com

STRATEGIES FOR LIVING If my faith is bogus, then what?

BY LARRY SCOTT

Have you ever asked yourself, "What if?" Two words ... but the conflict they sometimes generate can be very disconcert-

What if my faith is bogus? What if there is no God and therefore no objective moral standard by which I can guide my life? What if Jesus was a fraud, or a distraught rabbi with a wild imagination? What if the writers of our New Testament were sincere, but sincerely deluded?

Atheist philosopher Thomas Nagel had his own "what if?" What if there really is a God? "It isn't just that I don't believe in God and, naturally, hope that I'm right in my belief. It's that I hope there is no God! (from his book "The Last Word," quoted by Timothy Keller in "Preaching," p. 82). Not me! I want there to be a God and I can't imagine what my life would be like if He were not the primary moving force in my life.

Now, please stay with me. Believe me, I am neither bragging nor complaining; I want, however, to make a point.

Because of my faith, think of all that I have missed. I trust you don't know what I have missed, but if you do, I suspect you can verify that life without God is no cakewalk. Current headlines will answer that one. Exploiting the freedom to live as we please without an objective moral standard, "doing what come naturally" as the saying goes, often demands an awful price. Eventually we must "pay the piper."

I must be honest and admit that if it were not for my relationship with God and my decision many years ago to live "by the Book" I would be in a heap of trouble. I need God! I need His forgiveness for a clear conscience; I need His strength to face the crises of life; I need His moral standard to keep me from doing something stupid and counter-productive; I need the assurance of an eternity in His presence after death to give me stability during tough times. Yes! I need God! My entire outlook on life, my planning and the goals

for which I strive have all been affected by my perspective on God.

So ... back to the question: what if my faith is bogus? The Apostle Paul, who had to deal with that question for himself, put his conclusion this way: "If only for this life we have hope in Christ, we are to be pitied more than all men. But Christ has indeed been raised from the dead."

It is, finally, the res-

urrection of Jesus Christ that gives me supreme confidence that I am on the right track. The resurrection, which He had predicted on several occasions, verified His message. When Jesus was being abandoned by so many who found the principles He taught to be too demanding, he asked his disciples, "You do not want to leave too, do you?" and Peter was quick to respond, "Lord,

to whom shall we go? You have the words of eternal life."

And I can point to millions who will tell you from personal experience, knowing Jesus Christ changes everything!

For more thoughts like these, follow me at indefenseoftruth.net.

New Durham Supervisors of Checklist Session LAST DAY TO REGISTER BEFORE STATE PRIMARY ELECTION

August 28, 2020 10am to noon New Durham Town Hall

No additions or corrections shall be made to the checklist after this session until election day.

> Cheryl Cullimore Pat Grant Mary Poston

Letters to the Editor

The attacks do not fit the real Ruth Larson

To the Editor:

After reading all the negative letters regarding my friend and neighbor, Ruth Larson, I need to say none of this fits Ruth Larson. To those of you who don't know her, and have read these letters, don't believe them. You'd be hard pressed to find a friend or neighbor with her integrity, compassion, empathy, and willingness to help others. She's intelligent, capable, truthful, hard working and dedicated to the community and its people. When she sees a wrong, she tries to right it and for this she has had to endure callous comments. Please keep an open mind this election year, and vote your conscience, for the good of us all.

KAREN POOR ALTON

TOWN OF NEW DURHAM PLANNING BOARD PUBLIC HEARING NOTICE

TUESDAY, SEPTEMBER 01, 2020 7:00 PM @ NEW DURHAM TOWN HALL

Kathy Dwyer-Hydorn and Paul Tzitzon

You are hereby notified that a virtual Public Hearing will be held via Zoom by the New Durham Planning Board on Tuesday, September 01, 2020 at 7:00 pm. The hearing is regarding a Conditional Use Permit submitted by Varney Engineering LLC. for Kathy Dwyer-Hydorn and Paul Tzitzon. Any questions on how to connect using Zoom contact Brian Cauler Land Use Administrative Assistant via email ndlanduse@newdurhamnh.us or the Planning Board.

The property is located at 320 Kings Highway, Map 209 Lot 034.

Posted August 21, 2020

Town Hall, P O Box 207, 4 Main Street, New Durham, NH 03855-0207, 603-859-2091

Leadership Group takes a "Gap Year"

REGION — Leadership Lakes Region, the regional leadership non-profit group founded in 1996 has decided to take one year off due to the health consequences and uncertainty of COVID-19.

Normally, a new leadership class begins in early October for 25 class members and concludes its Program

Year in May of the following year. The decision to not hold a class in 2020-2021was made by unanimous decision of the Board of Directors at

their August Zoom meeting. "There were just too many unknowns and health safety issues right now for us to feel comfortable starting

He added that the annual leadership program relies on businesses and agencies sending students to populate each new class along with area venues where the class can tour and meet monthly as well as hosting a variety of guest speakers on specific Program Days. Given the health concerns for class members, venue operators and speakers, the decision to postpone a year, although difficult, was the right thing to do, Morrissey said.

Applications of individuals who already applied for the next class have been reviewed and acceptances granted, albeit for October 2021 not October 2020. Others interested in the program may still apply with the understanding their class won't start until fall, 2021. More information is available on the Web site; www. leadershiplakesregion.org.

Handy Dad fixes things. Leave a

a new class," said Board Chair Don Morrissey.

message and play telephone tag.

Gunnar

269-3616



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TOWN OF NEW DURHAM PLANNING BOARD PUBLIC HEARING NOTICE

TUESDAY, SEPTEMBER 01, 2020 7:00 PM @ NEW DURHAM TOWN HALL

Scott and Sandra Dunn

You are hereby notified that a virtual Public Hearing will be held via Zoom by the New Durham Planning Board on Tuesday, September 01, 2020 at 7:00 pm. The hearing is regarding a Conditional Use Permit for Scott and Sandra Dunn Any questions on how to connect using Zoom contact Brian Cauler Land Use Administrative Assistant via email ndlanduse@ newdurhamnh.us or the Planning Board.

The property is located at 5 Hilltop Circle, Map 244 Lot 055.

Posted August 21, 2020

Town Hall, P O Box 207, 4 Main Street, New Durham, NH 03855-0207, 603-859-2091

LAWSUIT

(continued from Page A1)

is long; many will say much longer than it ever should have been.

Overt degradation of the waterways by blooms and green algae growth has occurred since 2015 and the Department of Environmental Services (DES) has marked the ponds as impaired since 2016. When those signs go up, recreational use goes down.

Flowing as it does from the pristine Merrymeeting Lake, how has this happened to the river?

The lawsuit alleges the fish hatchery has caused the pollution.

Tremendous amounts of phosphorus from fish food and waste are discharged from the hatchery, the largest in the state and operated by NHF&G, into the Merrymeeting River. The water flows down the river, through a series of ponds including Marsh

Pond, Jones Dam Pond, and Downing Pond, and eventually reaches Lake Winnipesaukee in Alton

Cyanobacteria live along the bottom and with enough sunlight, warm water, and phosphorus, they go through uncontrollable reproduction that halts only when the amount of phosphorus is exhausted. Then they all die, and that is when the trouble begins.

In death, the cyanobacteria release toxins that cause the dangerous blooms of toxic compounds that can kill fish, mammals, and birds and cause skin rashes, nausea, and other gastrointestinal problems in humans and pets.

More seriously, blooms are increasingly being linked to neurological diseases such as Alzheimer's and Lou Gehrig's disease, and they can last for several weeks or even up to several months.

(800) 539-3450

The solution to this threat to a valuable natural resource and to public health would seem to be simple, and, indeed, is one NHF&G actually considered following a study conducted in 2002a wastewater treatment facility.

An engineering firm designed a treatment plan, but nothing was followed up on.

Quimby said the state has known the pollution has been a problem since the 1980s.

"When we had our first bloom in 2015," he said, "the state told us to look for a source of phosphorus. At that time, we had no idea the state already knew the hatchery was producing the phosphorus."

He points to the 2002 study. "Why did Fish and Game conduct this study?"

He said the answer goes beyond a DES report completed in 1986 that signified high concentrations of phosphorus in Marsh and Downing Ponds were due to the hatchery.

Quimby said a document marked simply "Water Quality" found in the archives of Alton Town Hall indicate DES conducted "a comprehensive analysis of all water from Merrymeeting Lake all the way down to Lake Winnipesaukee in 1985."

The results?

"The conclusion was that the hatchery had contaminated the entire river, and a wastewater treatment facility needed to be built."

The report was never published.

"Who is at fault here?" Quimby asked. "We can't trust the state to fix this; they've known for 35 years. They'll wait until the lake is polluted."

That, unfortunately, is a real possibility unless measures are taken.

According to regular water testing, 1,800 pounds of pure phosphorus is leaving New Durham and entering Lake Winnipesaukee annually.

"That is astronomical," Quimby said.

He explained that the phosphorus has built up over decades and is in the sediment.

"We're at the point where you have to do something with the sediment, but the state has said, 'No way.' CLF is fighting to build the facility and for the state to clean up the mess they've put in the water."

The Lake Winnipesaukee Watershed Association has also taken notice.

"The lake communities of Alton and Gilford are starting to get it," Quimby said.

One obstacle standing in the way of mitigation is the hatchery's expired permit regarding discharge issued by the EPA.

"A new permit should be coming out," Govern said, "but we don't know when that will happen."

The public was allowed to comment on a draft permit issued in

the spring. "The EPA reviews all of the comments and

then issues a final per-

MARSH POND BOAT ACCESS MERRYMEETING RIVER NEW DURHAM, NH

The Marsh Pond access on the Merrymeeting River is just one of several water bodies in New Durham posted by the Department of Environmental Services for high concentrations of cyanobacteria. The Conservation Law Foundation has brought suit against New Hampshire Fish and Game, claiming the Powder Mill Fish Hatchery is the source of the pollution.

mit," Govern said.

It is assumed that the final permit will be similar to the draft.

"That's troublesome," Govern said, "because the draft permit allowed NHF&G five years to build a treatment system to deal with the phosphorus overload in the Merrymeeting River, and during those five years the facility does not need to meet any phosphorus limits."

Govern has an opinion on that.

"That is just ridiculous in our eyes, to give them that long and not require anything else from them."

"We've been doing those surveys," Quimby said of the water testing, "and this year, it is

worse than ever." Since 2018, the hatchery has implemented some steps to make the discharge water cleaner, including changing fish food and an adaptation

of New Durham resident

Mike Gelinas' suggestion of a "sandbox," rather than relying on sedimentation ponds.

But Quimby said none of those mitigation measures have been reflected in the testing.

"The sediment is releasing so much phosphorus from decades of build-up that it will obscure the changes the hatchery has made. I have no doubt that the changes are doing good, but we just can't measure the good they are doing."

Govern noted a corroborating point. "We're seeking to protect the ponds and the river, and a few days before the hearing, cyanobacteria blooms occurred in those ponds."

July blooms occurred on the 10th in Marsh Pond, the 27th in Jones Dam Pond, and, sadly, "in a pond we've never seen a bloom in before," Wentworth Pond in Al-

"It's shocking to us," Govern said. "Fish and Game continues to argue that they have taken all of these measures to reduce the phosphorus and they are going above and beyond what the permit requires of them. They're touting these small measures they're taking, but this year the blooms occurred even earlier than normal, demonstrating that nothing has changed and there is still a real problem going on here."

Govern "So often they play the card that they are doing all they can; but look at what's actually happening on the river as they are making those arguments."

She said it was upsetting that NHF&G indicated in comments regarding the draft permit that the five-year timeline written into the permit is too short.

"It's really difficult to know when they will get a system up and running," she said. "They should have had it the last twenty years or more."

More than the health of local waters is at stake. Loss of tourist revenues could affect everyone's pocketbook, and pollution at the top of the waterway causing bacteria to grow downstream will eventually impact drinking water quality.

"We have a problem that can be fixed at this point," Quimby said. "Fix it now before it becomes irreparable no matter how much money you throw at it."

At this point, the situation is in the hands of the legal system.

"Finding the document from 1985 has convinced me the state has known about it and decided not to do anything about it," Quimby said. "Well, it's time to do something about it."

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www.farmingtonnbucc.org

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School. Pastor Sam Huggard, www.befreechurch.net. CENTER BARNSTEAD

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COMMUNITY CHURCH OF ALTON Prayer Meeting 9:00 am Rev. Dr. Samuel J. Hollo. 875-5561.

Bay service 8:30am Alton Bay Gazebo, Alton , NH 10 am Worsbip Service 20 Church Street, Alton Our services are live streamed on YouTube Sundays at 10 am

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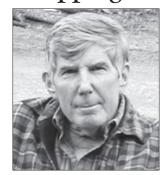
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MAPLE STREET CHURCH Sunday Service 11am 96 Maple Street

Stepping along and swinging the scythenwhere a tractor-drawn mower can't reach



By John Harrigan

COLUMNIST

Old Allie Forbes was wrinkled and bent by the time I came along, but he could still step right along with a scythe. The rhythm of mowing was almost a dance---step and swing, step and swing---and Allie and partner could cut quite a rug.

Allie and his wife lived on one of the seven farms their son Lyman, my boss, said we had to hay that summer, at the dawn of the era when dairy farms had to get bigger to survive. This is how we came to be milking 105, considered a huge number for the times.

"The Rural Electric," as so many people called it for the rest of their lives, changed farming forever when it arrived as part of Franklin Roosevelt's vast New Deal. Not since the invention of the water ram, which made running water possible in milk-house and kitchen, had there been such emancipating change.

Now, with the advent of the cooling and agitating bulk tank, farmers



Awash in a sea of bales: Baling the middle row, the last trip around the field for the baler, with the bales now ready to be picked up and piled on a wagon. (Courtesy shutterstock.com)

could keep milk fresh until one of the big dairy trucks picked it up.

+++++

Allie moved along like a man possessed, not by speed but by great concentration. In his mind, he was mowing good grass that should not go to waste.

Mowing machines were a great invention, coming along after the Civil War in great numbers of horse-drawn models, one of the first examples of the economy of scale, an umbrella that helped explain the assembly line. The boys coming home from the first Great World War knew all about tanks, the forerunners of tractors.

Mowing the outside row of a field, the beginning of what would be an ever-dwindling circular routine, was an art-form with horse-drawn mowing machines---you had to have a push-button team that would back up

quickly, to get at the biggest odd-shaped patches between bushes and trees---and even then it was impossible to reach all the grass.

Thus, a man like Allie would go along with a scythe to mow every speck of tall grass, and later on a boy or a hired hand would come along and rake the hay into the outside windrow. Labor was cheap, for decades almost cheaper than dirt. Getting every bit of hay made sense.

Allie's place had a big barn on it, the lower floor used to house young stock, and the two upper floors featuring vast open areas in their middles, used as mows (pronounced like "Wow!") for the storage of hay.

A hay elevator got the bales from wagon to whoever was piling in the mow. My job was to take away from the elevator, and throw the

bales to the two men putting away.

In this, we often used a "dead man," a trick I'd been shown earlier in the season. It was a couple of bales, placed strategically and within tossing distance of the elevator's business end. If you could toss a bale accurately---and as a tall and strong teenager, I could---it hit the dead man just so, and went tumbling to the crew piling away.

With a good crew working as one, a hay wagon cold be unloaded as fast as the man putting the bales onto the elevator could move. In this case it was Harold Phillips, and he was fast.

+++++

One of Old Allie's chores was to haul pails of water from an outside spigot to a calf-pen in the barn, but he was tuckered out from mowing, and the job fell to me.



Making hay the relatively new-fangled way, in which speed is of the essence. (Courtesy agriculture.com)



This salt-marsh having photo is thrown in just to startle up-country farmers, who at least never have to contend with tides. (Courtesy Hampton Public Library)

Allie sat in a rocker on the porch, and watched me haul water. "That boy walks like a farmer," he said to someone, loudly enough for me to hear.

"Little does he know," I thought, envisioning the jobs friends and family and I thought likely back then---game warden, factory worker, sporting camp handyman and guide.

"Little did he know," I found myself thinking much later in life, when there I was, working away in a barnful of cows.

(Please address mail, with phone numbers in case of questions, campguyhooligan@ gmail.com or 386 South Hill Rd., Colebrook, NH 03576.)

together, we can help to

SPORTS

(continued from Page A1)

highlight local athletes and teams at the 19 different schools in our coverage area. Of course, we also know that each school will choose to handle sports differently this fall, and we will do what we can to make sure everyone is aware of how things are being handled.

And of course, if there's an event going on that you want publicized ahead of time or if there's something you think we might be interested in covering, please let us know. We can't cover it if we don't know

Sports Editor Joshua Spaulding can be reached at josh@salmonpress.news at any time, and we look forward to seeing teams on the fields, courts and courses over the next few weeks.

Sports Editor Joshua Spaulding can be reached at

279-4516, ext. 155 or josh@salmonpress.news.

A big and heartfelt Chippy and the Ya Yas; "Thank You" to the Aug. 23- Final Approach; Alton Garden Club (4-6 p.m.); Aug. 28- Chris members for the beau-Bonoli; Aug. 29- Saxx tiful flowers planted Roxx. Event capacity throughout Alton and is approximately 100. Alton Bay. Alton looks Social distancing guidebeautiful this summer, lines are in place for our and the flowers make a communities' safety. big difference, especial-

Bandstand. Thank you Garden Club- you make

ly the gardens in Alton

Bay and the lovely color

around the Alton Bay

Alton a great place to be.

2020 Alton Bay August Concerts

Concerts are scheduled for 7:00p.m.-9:00p.m. at Visitors; August 22-

Virtual Art Show

The Alton Parks and Recreation Department is inviting local artists to submit photos of their hand drawn, painted or sculptured works of art to be included in a Virtual Art Show- slide show. Submissions should be Alton themed (lakes,

Thank You stand on: Aug. 21-The historic buildings, etc.). nh.gov by Aug. 21. Please submit photos of your handmade work

Alton Garden Club the Alton Bay Band- mountains, animals, to parksrec-asst@alton.

SAINT

Alton Parks and Recreation

Connection

(continued from Page A1)

and 12 schools for Native Americans as well as Xavier University of Louisiana, the only historically Black Catholic college in the US. She died in 1955 at the age of

In 2005 a new church was dedicated on Route 28 between Alton and Wolfeboro, replacing three small churches in Alton, Barnstead, and Wolfeboro. The Alton church had burned in 2000, and the Wolfeboro church was a converted

barn now used as an art center by a school. The Barnstead church was a small mission church. In 2003 a new combined parish was formed, serving Alton, Alton Bay, Barnstead, Center Barnstead, Gilmanton Iron Works, New Durham, Tuftonboro, Wolfeboro, and Wolfeboro Falls. Named Saint Katharine Drexel, the parish includes nearly 3,000 residents and summer visitors in an average year. It is a very active community of faith, with

at least eight Masses a week; numerous prayer and study groups; active charitable outreach that includes on-campus free-clothing distribution; and a charity fund assisting neighbors in need with food, shelter, fuel, transportation, and medical costs. In addition, the parish supports local towns' food pantries and partners with local welfare offices and other agencies to assist neighbors in need without regard to their religion.

During the COVID

period of distancing, the parish has been livestreaming Masses, prayer groups, and other organizations' events as well as broadcasting Sunday Masses on WASR AM and FM. Public ceremonies celebrating the anniversaries of Saint Drexel's Katharine Canonization and the Saint Katharine Drexel Parish's Dedication have been postponed until further notice. For schedules and other information, please see stkdrexel.org or call 875-2548.

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Jason Hicks named Executive Vice President at New Hampshire Mutual Bancorp



Jason Hicks REGION — Jason Hicks has been appointed Executive Vice President at New Hampshire Mutual Bancorp (NHMB). As Executive Vice President, Hicks will be a part of the NHMB Executive Leadership Team, and will also continue his roles as

In his oversight of Enterprise Risk Management, Hicks ensures

Chief Financial Officer

and Chief Risk Officer.

that NHMB's operating procedures for sister companies Meredith Village Savings Bank, Merrimack County Savings Bank, Savings Bank of Walpole and NHTrust provide for the long term security of those companies. He also champions the risk management strategy that directs operational and financial risk for the organization.

As Chief Financial Officer (CFO), Hicks is the senior executive responsible for managing the financial actions of NHMB, the Merrimack, MVSB, Savings Bank of Walpole and NHTrust. His primary duties include policy development and management for all accounting, treasury and investment functions. He also heads the asset and liability management committee for each bank and is responsible for developing and implementing necessary strategies to ensure long term financial stability.

"Jason's collaborative approach to problem solving makes him the ideal person to join our Executive Leadership Team," said Gregg Tewksbury, President and CEO of NHMB. "Jason has exceptional knowledge and expertise in risk related to banking including credit, interest rate, liquidity and market value risks. His contribution ensures a balanced approach between efficiency and mitigation. I'm excited to have his perspective and experience in this role as we move our companies forward."

Hicks joined MVSB in 2009 as Vice President of Finance and Controller at MVSB following extensive career in public accounting as well as commercial and community banking. He was promoted to Corporate Treasurer and Investment Officer for both MVSB and the Merrimack in 2013. In 2014, Hicks was promoted again to Senior Vice President, Corporate Treasurer and Investment Officer for NHMB. He was appointed to Chief Financial Officer in 2016 and Chief Risk Officer in 2020.

Active in the community, Hicks is currently an investment committee member for Lakes Region Community Developers, and has served previously as their Board Chair and Treasurer. In addition. he is a finance committee member and board director for the Society for the Preservation of NH Forests. He has also served as Vice President of the board for Lakes Region Habitat for Humanity. Hicks received his Bachelor of Science and Master of Science degrees in Accounting from the University of North Texas, and is a Certified Public Accountant for the State of New Hampshire. New Hampshire Mu-

tual Bancorp, a shared services organization, was formed in 2013 when two New Hampshire-based community banks, Meredith Village Savings Bank and Merrimack County Savings Bank, formally affiliated – the first relationship of its kind in the state. This strategic partnership has positioned the banks

to leverage each other's strengths as they work together to advance a shared vision of maintaining and enhancing community standards and values. MillRiver Wealth Management joined as a third affiliate in 2015, combining the financial advisory divisions of MVSB and the Merrimack. Savings Bank of Walpole joined NHMB in 2018. In 2020, Mill-River Wealth Management affiliated with the New Hampshire Trust Company and Savings Bank of Walpole Wealth Management to become NHTrust. NHMB combined assets total more than \$2.6 billion. For more information, vis-

New Hampshire Mutual Bancorp welcomes Elizabeth ("Beth") Hazen

REGION — New Hampshire Mutual Bancorp (NHMB) has recently welcomed Elizabeth ("Beth") Hazen as the newest Collections Officer for the organization's sister companies Meredith Village Savings Bank, Merrimack County Savings Bank and Savings Bank of Walpole. She is based out of NHMB's operations facility on Foundry Street in Concord.

"It has been wonderful to have Beth on our team," said Kim Carter, Vice President, Loan Operations. "Her expertise, competence, leadership and mentorship experi-

ence serve as great assets for our organization. The pandemic created financial challenges for many of the households in our community. Adding Beth to the team has allowed us to address the associated concerns for our customers even more readily. We are really proud of helping our customers through these difficult times so that they can concentrate on their own recovery. Adding someone as talented and dedicated to customers as Beth has helped us expand that ability."

"I really care about people and it has always been rewarding to help them in any way I can," said Hazen. "With this in mind, I was immediately drawn to NHMB's unique mutual model and have found synergy with all three of our banks. By remaining mutual, MVSB, the Merrimack and Savings Bank of Walpole are able to keep their decision making local to the towns and cities they each serve. It feels really good to be part of an organization that cares so deeply about our communities and the people within them."

Prior to joining NHMB, Hazen spent more than 10 years in

banking, focused in collections management.

Hazen is certified in Advanced Collections and Bankruptcy. Prior to re-locating to Southern NH last year, she actively volunteered for various food and clothing drives, homeless shelters and the local Humane Societies in VT and NH. She currently resides in Deering.

New Hampshire Mutual Bancorp, a shared services organization, was formed in 2013 when two New Hampshire-based community banks, Meredith Village Savings Bank and Merrimack County Savings Bank, formally affiliated – the first relationship of its kind in the state. This strategic partnership has positioned the banks to leverage each other's strengths as they work together to advance a shared vision of maintaining and enhancing banking community standards and values. MillRiver Wealth Management joined as a third affiliate in 2015, combining the financial advisory divisions of MVSB and the Merrimack. Savings Bank of Walpole joined NHMB in 2018. In 2020, Mill-River Wealth Management affiliated with the



it nhmutual.com.

Beth Hazen

New Hampshire Trust Company and Savings Bank of Walpole Wealth Management to become NHTrust. For more information, visit nhmutual.com.

WinnAero President earns pilot's license

GILFORD of WinnAero, youth non-profit based at Laconia Airport, had to make the very difficult decision three months ago to cancel their popular summer day camps, the ACE Academies, due to the COVID-pandemic. The Board chose to concentrate on providing STEM project bags and supplies to all of their pre-registered students while planning for ACE Academies 2021.

The Board President,

aviation and aerospace examples in its STEM work with youth.

President Karen Mitchell, a local high school teacher, made

use of any spare time to take flight lessons. She enrolled at Sky Bright Aviation at Laconia Airport, one of two fixed-based operators at Laconia offering flight lessons. Amassing 45 flight hours over several months, Ms. Mitchell

— The however, chose to add soloed on March 31, and Directors a new qualification to then kept up her instructhe her resume in keeping tion under the guidance with WinnAero's use of of one of Sky Bright's Certified Flight Instructors, Mark Donovan, until she completed all the hours necessary for her FAA license.

> That big day came on July 15, when she passed her checkride with FAA Designated Pilot Examiner Jim Loranger. A typical checkride for a private pilot license requires a pilot candidate to perform 20 basic maneuvers in the air (including various take-off and landing scenarios), as well as an extensive oral exam with topics from navigation systems to meteorology to aeronautical safety. Ms. Mitchell, reflecting on her accomplishment, thanked the WinnAero Board members, several of them pilots themselves, who encouraged her to keep pursuing her dream of flying! She also thanked the staff at SkyBright for being so accommodating and supportive. Lastly, she wanted to acknowledge the generosity of the Ninety-Nines, the official international asso-

ciation of women pilots. "Without the Amelia



Karen Mitchell poses planeside following her successful checkride and certification

Earhart FlyNow scholarship from the 99s, it would have taken me far longer to achieve my flight goal. I am indebted to my sisters in the sky who helped make my dream a reality," said Mitchell.

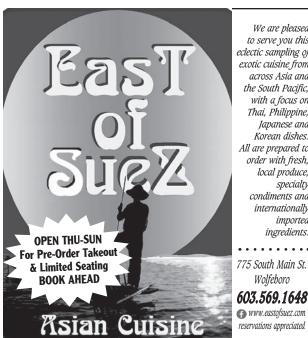
The Eastern New England Chapter of the 99s Chapter Chair, Jessie Zuberek, added "We are so proud of Karen for all her hard work and determination to receive her PPL certificate. We count ourselves lucky to have her among our membership. Starting

day one she contributed in a strong way; from working with the Museum of Science in Boston to have our members present at the highly successful Women and Girls in Science and Engineering Day (WISE), to coordinating what is becoming an annual birthday celebration each year at the Laconia Airport honoring one of our founding members, Amelia Earhart. It is experiences like these, and so many more offered by the Ninety Nines, that we hope will share our

history and help build the future for women and girls in aviation."

Ms. Mitchell is looking forward to more flight time with the aviation community at the Laconia Airport and beyond as she continues training toward advanced pilot ratings. She hopes to one day add "flight instructor" to her teaching credentials. Read more about Winn-Aero at www.winnaero. org. Questions about the 99s may be directed to info@womenpilotsene.





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We are pleased

Mountainside Pit NOW OPEN

Off of Sandy Knoll Road, Tuftonboro Sand Fill For questions call Jim Bean 603-455-5700



Motorcycle Week kicks off with Peter Makris Memorial Run



LACONIA — When several hundred-motorcycle riders gathered 13 years ago to honor the life of Peter Makris, patriarch of The NASWA Resort and community leader, it began a snowball roll of benefits for the Laconia community. While the initial run benefited the Laconia Fire Department Lifesaving Fund, a non-profit that encompasses all the fire department does to man

and equip a water rescue unit—boat, training, and supplies—that Makris helped to start years ago, the Peter Makris Memorial Fund grew, expanded its beneficiaries and became the Official Kickoff of Laconia Motorcycle Week.

Another important aspect of Makris' life was his service in the U.S. Marine Corps, so when Cynthia Makris, Presi-

dent of The NASWA and Board member of Easter Seals NH, learned of the "Veterans Count" Statewide program which aids active duty military and their families, she added the non-profit to be a beneficiary of the fund as well. Fast-forward a few years and the Lakes Region CERT emergency response team needed funds to continue training its community force to address area emergencies, the Peter Makris Fund stepped forward to help this and other area non-profits.

The annual Peter Makris Memorial Run has to date raised over \$450,000 for area charities and embraces the aspects of life that meant most to Peter—family, friends, The NASWA, and giving back to his Laconia community. As a proud U.S. military veteran, Peter relished the friendship of his fellow U.S. Marine Corps Leathernecks and the group has become an integral part of the event, flying their colors to honor his service and memory.

"My family remembers what was dear to our father," says Cynthia Makris, president of the NASWA Resort, the Official Hotel of Laconia Motorcycle Week, "My 95-year old mother, Hope is still active in the operations and events at The NASWA, rode with my Dad for years and supports his causes. This annual run brings his life full circle and allows us to give back to Laconia in my Dad's memory."

COVID can't stop charitable giving during the legendary motorcycle event and official kickoff, and the

event will look a little different this year due to social distancing, starting a half-hour earlier, and with Peter Makris Memorial Run masks, but it still promises to be a glorious day! Organizers send a big thank you

to all who have continued to participate for the past 13 years and support these worthwhile chari-

14th Annual Peter Makris Memorial Run -Saturday, Aug. 22

Registration is online at: naswa.com/PMMR. \$50 pre-registration,

by Aug. 20 \$75 VIP front of the

First 150 to Register: Receive 14th Annual Commemorative FREE beer chip,

Gourmet Lunch Bag and entry to the waterfront NAZBar & Grill.

You may still register in person after August 20th at the NASWA Re-

Boaters, bikers and exotic/collector fans are all welcomed to join! After the ride, the party continues on the beach at the NAZBar & Grill with live music by the James Montgomery Band.

Peter Makris Memorial Run features:

- 8:30 9:30 a.m. | Registration: Bikers/ Boaters/Drivers Meet at the NASWA Resort 1086 Weirs Blvd., Laconia, NH — Proceed to the two-level parking lot across from the NASWA Resort — Receive wrist band, Commemorative 14th Annual pin and face mask, beer chip and sign NHMS waiver.
- 9:30 10 a.m. | Final gathering and placement of motorcycles and cars in NASWA Parking Lot. • 10 a.m. | Opening
- Ceremony and Blessing of the Bikes 10:30 a.m. | Kick-
- stands up!
- 10:30 a.m. 12:30 p.m. | State Police escorted "feet up" scenic run to include laps around The New Hampshire Motor Speedway's track and road course, thanks to

NHMS GM Dave Mc-Grath, who offers Memorial Run riders this breathtaking

- 12:30 p.m. | NAZBar & Grill The After-Ride Party Rolls On! Pick up your Gourmet Lunch Bag — Lunch graciously provided by Affinity Group, Enjoy a free beer "On Peter," 50/50 raffle and have plenty of fun with new and old friends!
- The James Montgomery Band returns to The NASWA to rock the party all afternoon.

James Montgomery, named "The John Mayall of New England" will bring his rockin' James Montgomery Blues Band to the NAZBar & Grill to celebrate this 14th Anniversary! Montgomery has played with bands from Kid Rock and Gregg Allman to Johnny Winter and Bruce Springsteen — be there to welcome him to the NAZBar and thank him for graciously donating his time each year!!

The NASWA Resort, is The Official Hotel of Laconia Motorcycle Week and located in the heart of all the motorcycle week action. Reservations can be made at www.naswa.com or by calling 366-4341.

Veterans' vouchers available at Barnstead Farmers' Market

BARNSTEAD — Attention, veterans...if you live in Belknap County, you are eligible for the Vouchers for Veterans Program in September.

The Vouchers for Veterans Program is funded primarily by the businesses and residents living in your county to thank you for your service. They want to show recognition and gratitude for the many sacrifices you made protecting our freedoms.

As a small token of your community's appreciation you will receive vouchers valued at \$20 each week in the month of September to purchase local food from the local farmers and growers at designated farmers markets in your county. The program operates only in the month of September when the farmers and growers have an abundance of crops yet farmers market sales slump due to tourists returning home and children once again involved in after school activities. The purchases made by the Veterans

and keeps the money in the community. The veteran needs to come to the Vouchers for Veterans bright red tent, and with proof of both service and residency be given vouchers. Below are the locations for picking up

Belknap County Veterans may pick up vouchers at the Barnstead Farmers Market each Saturday in September between 9 a.m. and noon.

The farmers market is an ideal place to bring veterans together, as it provides a fresh clean atmosphere where veterans may sit and have cathartic conversations. Combat veterans will "open up" to other com-

keep the market vibrant bat veterans validating they are not alone in dealing with their issues which continues the healing process. Vouchers for Veterans also provides a representative of Veterans Services to help them understand their benefits and offer assistance in obtaining them.

Vouchers for Veterans has been operating since 2016 and is a 501c-3 charity operated by an all-volunteer board. When you donate to Vouchers for Veterans you can watch your dollar at work locally. Vouchers for Veterans goal is to be in all 10 New Hampshire Counties by 2026. For this goal to be a reality we need your



scrap gold, diamonds. Free oral appraisals.

NORTH COUNTRY COINS.

Main St., Plymouth, NH 536-2625.

Veterans, please visit org. Please consider giv-

For more informa- our website at www. tion about Vouchers for vouchers for veterans.

ing a one time, annual or monthly donation.



Copy Deadline: Wednesday, September 3rd at 3PM To place an ad please contact:

> Tracy at (603) 616-7103 email: tracy@salmonpress.news

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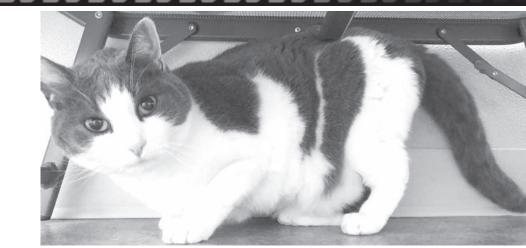
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Crescent is a 9-year-old neutered male who is current on vaccinations and seeking a quiet and calm home. He has only known one owner (who sadly passed away) and unaccustomed to living with children or other pets - he can be timid so kids and pets will drive him into hiding. If interested in adopting

1305 Meredith Center Rd Laconia, NH 03246 • (603) 524-9539 visit www.LRHS.net and submit the online adoption application.

~ Comfort Keepers~

Managing Parkinson's Disease symptoms

BY MARTHA SWATS

Owner/Administrator Comfort Keepers

Parkinson's disease is the second most common neurodegenerative disease in the U.S. after Alzheimer's disease, and the number of people affected by Parkinson's is increasing as the population ages.

Parkinson's disease can manifest in the following ways:

Tremors

Balance problems Cognitive impairment Mood disorders

Short steps slowed movement (bradykinesia)

Speech and writing changes

While there is no known cure for Parkinson's, taking steps to

manage the disease can increase a senior's quality of life and help to reduce the impact of symp-

Those that have been diagnosed with Parkinson's should discuss management strategies with a healthcare professional. There are a variety of medications and therapies that a doctor can recommend.

Everyday symptom management strategies can include:

Finding ways to relieve stress: There is ample evidence that stress can make symptoms worse. However, they usually return to normal levels once the cause of stress is removed. Activities that can help reduce stress include meditation, yoga, deep breathing, getting outside, spending time with loved ones, participating in hobbies or physical activity approved by a physician.

Maintaining a good diet: For those with Parkinson's, proper nutrition will not only help manage symptoms, but can help slow the progression of the disease in some seniors. In addition to healthy, nutritious food, it's important to prevent dehydration too.

Adapting your home: Depending on the Parkinson's symptoms that someone is experiencing, there are a variety of ways to improve everyday life with a few adjustments to living space. For those with trouble walking, or those that needs a wheelchair, wide walkways help manage mobility. Mattresses with adjustable features can be helpful for anyone with difficulty getting in and out of bed, and grab bars may be helpful for those with balance is-

Preventing falls: Having trouble walking is a common Parkinson's disease symptom. Minimizing fall risk is an important safety management strategy that is easy to execute. Wearing proper footwear, making sure rooms are properly lit and removing trip hazards can all help reduce the risk of falls.

Comfort Keepers® Can Help

For those who need extra help, in-home caregivers can help facilitate stress management activities, provide support for physician-approved diet and exercise plans and will evaluate a home for safety as part of an inhome assessment. Caregivers can also help with mobility, improve home safety, provide transportation to appointments and events and can help seniors maintain positive mental health through connection, engagement and companionship. For more information on how in-home caregiving can provide assistance to those with disease. Parkinson's contact your nearest Comfort Keepers® office

About Comfort Keepers Comfort Keepers is a leader in providing inhome care consisting of such services as comtransporpanionship, tation, housekeeping, meal preparation, bathing, mobility assistance, nursing services, and a host of additional items, all meant to keep seniors living independently worry free in the comfort of their homes. Comfort Keepers have been serving New Hampshire residents since 2005. Let us help you stay independent. Please call 536-6060 or visit our Web site at NHComfortKeepers.com for more information.

actions, that they were

acting in the client's best

interest and considered

themselves a fiduciary!

So you can imagine that

when attending confer-

ences speaking to some

of these insurance agents

with a series 65, many did

not understand my point,

that the series 65 only

gives them the ability to

act with fiduciary duty,

but how they actually

treated the client deter-

mined if they were acting

in a fiduciary capacity. It

is just my opinion, that

you cannot take a salesperson that has always

worked on commission selling product, and flip a switch by taking an exam, and have them no longer weigh commission and fee based on what is best for the client and not them! I am not saying that these financial advi-

sors or insurance agents

are bad people. I just do

not believe you can wear

multiple hats, having

multiple licenses, some of which allow you to sell

investment product for

commission, insurance

for commission, and a

license to collect a fee. I also believe that some

insurance product and annuities do have a place

in some people's portfoli-

os in certain situations.

But it must always be for

MARK ON THE MARKETS Fiduciary?



A few years ago, the Department of Labor attempted to pass a ruling that would require

any broker, advisor, or insurance agent to act in the client's best interest when working with retirement assets. This ruling never came to fruition, so brokers advisors and insurance agents went back to business as usual. A Registered investment Advisor has a fiduciary duty to clients. Broker-dealers just have to meet the less stringent suitability standard which does not require putting the client's interest above their own.

The same is true for insurance agents most of which are salespeople. With billions of dollars being spent on advertising to win retirement assets, how can that, soon to be retired person, decipher who is the best firm or persons that will do the best job for them and place the client's needs above their own? This has been made an even more difficult decision due to advertisements that are designed to persuade you to trust these

firms, all fighting for your assets. But this is not only confusing to the public, but oftentimes, in my opinion, financial advisors are unclear what being a fiduciary actually means. For example, when the DOL ruling had not yet been decided many insurance agents that primarily sell annuities were encouraged to take an exam that would give them the ability to place client money on a fee driven platform. That exam is referred to

as a series 65. The platform used by these newly anointed investment advisor representatives was supplied by a third-party asset management firm. So suddenly, the annuity salespeople who typically still placed most of the clients' money into insurance product, and maybe a small portion on the fee platform, now proclaim to be fiduciaries! These annuity reps with a series 65 believed because of the license, not necessarily their



1977: THE SPACE PROBE VOYAGER 2 IS LAUNCHED. IT IS STILL IN USE AND IS NOW MORE THAN 7 BILLION MILES FROM EARTH.

• 1988: IRAN AND IRAQ AGREE TO A CEASEFIRE AFTER NEARLY EIGHT YEARS OF WAR.

• **2014**: A MONTH'S WORTH OF RAIN FALLS IN A SINGLE DAY IN JAPAN'S HIROSHIMA PREFECTURE.

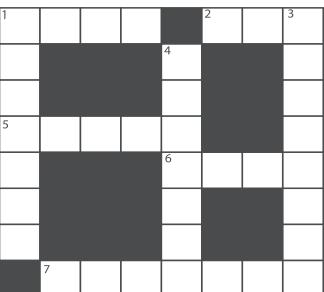




ANCIENT EGYPTIANS MADE THE FIRST OF THESE ITEMS, WHICH WERE BUILT BY SEWING PLANKS WITH STRAPS AND STUFFING GRASS AND REEDS IN BETWEEN.

YNSMEK: SHIPS

Crossword Puzzle



ACROSS

- 1. Floating navigation marker
- 2. The ocean
- 5. Poison
- 6. Nourishment
- 7. Using rod and reel

DOWN

- 1. Riding on a ship
- 3. Steering clear of
- 4. One of the heaviest known bony fishes

1. Boating 3. Avoiding 4. Sunfish UMOCI 1. Buoy 2. Sea 5. Toxin 6. Food 7. Fishing :SIÐMSUY



PORT

the left side of a boat that is facing forward



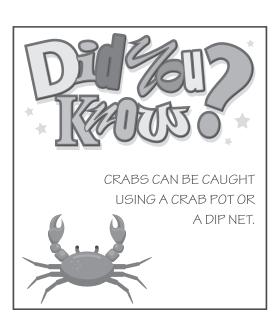
ENGLISH: Fish

SPANISH: Pescar

ITALIAN: Pescare

FRENCH: Pêcher

GERMAN: Angeln





the bigger picture is?

PNSMEK: DOCK CLEAT AND LINE

the client's benefit, and it must be in the proper amounts. When choosing an advisor to work with your money, don't be afraid to ask about fiduciary duty, how the advisors compensated, and if you are working with an registered investment advisory firm, you should receive disclosure documentation that spells out any conflicts of interest they may have by selling product. If you are working with an insurance agent you will not get that disclosure document, but just know they are salespeople and are not bound fiduciary duty. A registered representative or broker is only bound to a much less stringent suitability requirement.

Mark Patterson is an advisor with MHP asset management and can be reached at 447-1979 or Mark@MHP-asset.com.

THE REAL REPORT

RECENT REAL ESTATE TRANSACTIONS

Town	Address	Type	Price
Alton	12 Beach St.	Single-Family Residence	\$180,000
Alton	Chestnut Cove Road	N/A	\$240,000
Alton	15 Hayes Rd.	Single-Family Residence	\$350,000
Alton	100 Hayes Rd.	Residential Developed Land	l \$86,000
Alton	Hutchins Circle	N/A	\$75,000
Alton	6 Mitchell Ave.	N/A	\$117,000
Alton	Old Route 28	N/A	\$55,000
Alton	27 Route 11-D	Single-Family Residence	\$172,533
Alton	43 Stephanie Dr.	Single-Family Residence	\$199,000
Alton	N/A	N/A	\$935,000
Barnstead	9 Emerson Dr.	Single-Family Residence	\$199,933
Barnstead	118 Varney Rd.	Single-Family Residence	\$570,000
Barnstead	N/A	N/A	\$165,000
New Durham	172 Brackett Rd.	Single-Family Residence	\$210,000
New Durham	Jenkins Road	N/A	\$180,000
New Durham	27 Miller Rd.	Single-Family Residence	\$195,000
New Durham	Pine Point		\$279,933
New Durham	Powder Mill Road	N/A	\$470,000
New Durham	29 Saint Moritz Dr.	Single-Family Residence	\$237,000
New Durham	Valley Road	N/A	\$205,000

Seller

Berube IRT and Anne L. Davis Alan and Jayne Picken Patricia S. and William E. Palmer Robert H. McLaughlin Fiscal Trust and Jill McLaughlin Timothy & S. Koumrian Trust David F. Widerstom Trust R&M Fiscal Trust and Reed M. Marbury Mary A. and Harris A. Tucker Kenneth Lance Debra L. Hornsby Richard J. Hornsby Lorraine Sacco and Grace M. Greeno Ryan L. Heath LLC Secher RT 2 and Arthur A. Secher Evan Vogel Roman and Teres A. Ptashka John R. Bonasoro and Mary M. Johnson T.R. & I.E. Stocker IRT L.E. Ogonowski Michaud Fiscal Trust Herbert A. and Gail L. Winters Candice L. and Stephen J. Johnson Sherrie Paltrineri Aaron Z. and Jennifer L. Stevens Andrea E. and George C. Robbins Fabrizio and Jennifer Cusson John R. and Crystal L. Clement Anna P. and Nicholas J. Labbe Philip G. Jones RET Mary and Geoffrey Houle Richard H. and James M. Corson Robert Fischer Michael G. and Jean A. LabrecqueRoss Raymond Fiscal Trust and Kenneth Ross-Raymond GT Nadeau Properties LLC Marcia A. Nadeau Michael Bedard Daniel Smith

ABOUT THE REAL REPORT

Here are recent real estate transactions in Alton and the surrounding areas. These sales summaries are informational only, not a legal record. Names shown are usually the first listed in the deed. Sales might involve based on tax stamps and might be inaccurate for public agency sales. Refer to actual public documents before forming opinions or relying on this information. Additional publicly recorded information on these sales. prior sales and data from Department of Revenue Administration forms is available at www.real-data.com site: www.thewarrengroup.com

Maynard A. and Agnes B. Ellingwood

additional parties or locations. Prices are usually or 669-3822. Copyright 2011. Real Data Corp. In the column "Type": land= land only; L/B= land and building; MH= mobile home; and COND=condominium. Transactions provided by The Warren Group, Boston Ma., publishers of The Registry Review and Bankers and Tradesman newspapers, Phone: 1-800-356-8805. Web-

Sharon Cardosi and Pauline L. Gardner

LRPA's "Alfred in August" festival continues with "Sabotage"

LACONIA— Alfred Hitchcock is recognized as one of cinema's most intriguing and successful directors, and with good reason. LRPA After Dark is celebrating "The Master of Suspense" during his birthday month of August with a festival of some of his early works Join us each Friday and Saturday night at our new showtime of 10 p.m. for a thrilling good time. For your viewing pleasure this weekend (Aug. 21 & 22): Alfred Hitchcock's 1936 espionage thriller starring "Sabotage," Sylvia Sidney, Oscar Homolka and John Loder.

All of London goes dark, and people at a cinema are angry, demanding their money back. Just as the blackout occurs, the cinema's owner, Karl Verloc (Homolka), secretly comes home to his upstairs residence through the back entrance, pretending that has been asleep. When his much young-

er wife (Sidney) comes to get him, Verloc tells her to refund the customers' money, much to Mrs. Verloc's surprise, as they are short of cash. Verloc reassures her, stating that her that he will be "coming into money soon." Shortly thereafter, the electricity is restored, and it is revealed that the blackout was an act of sabotage on the city's power grid. Verloc is a member of a secret European terrorist group and took part in the thwarted blackout. As such, he gets a new, more serious and dangerous assignment to place explosives at the Piccadilly Circus train station, a job that he makes him uncomfortable. Unbeknownst to Verloc, he has aroused the suspicions of Scotland Yard. Detective Ted Spencer (Loder) has been assigned to investigate Verloc. Spencer goes undercover as a and begreengrocer friends Mrs. Verloc's

younger brother Stevie, using his friendship with the boy to get closer to the family, as Scotland Yard is unsure as to whether or not Mrs. Verloc is part of the terrorist plot. Spencer grows fonder of both Stevie and his sister as Verloc becomes more suspicious. The detective begins to create doubt in Mrs. Verloc's mind: what is her husband really doing when he leaves the house? She starts to pay closer attention to her husband and question his actions. Verloc realizes that he's being watched so his contacts come up with a devious plan to get the bomb to Piccadilly Circus, which includes getting Stevie to unknowingly deliver the package. Will Spencer be able to intervene in time? And what will happen to those who engage in sabotage?

The subject matter of "Sabotage" - organized terrorist activities - may have felt outrageous to

pre-WWII audiences, but will seem very believable to today's viewer. The film includes one of Hitchcock's most infamous scenes, involving a young boy, a crowded bus and London's always-busy Piccadilly Circus. The scene shocked and divided both audiences and critics in 1939 and is still quite powerful more than 80 years later. Indeed, even Hitch himself questioned his choice regarding that scene years later when interviewed by French director Francois Truffaut. "Sabotage" features outstanding performances from Oscar Homolka well as first-rate production values and cinematography. Four years after completing this film, Hitchcock moved to Hollywood and directed "Rebecca" for David O. Selznick, beginning his long and illustrious U.S. career. If you've never seen "Sabotage," then grab your popcorn and

meet us after dark for

this thrilling movie from the past.

Mark your calendars for "Alfred in August," a month-long tribute to Alfred Hitchcock!

All showings are at 10 p.m. on LRPA TV

Aug. 21 & 22: "Sabotage," 1936

Aug. 28 & 29: "The 39 Steps," 1935

Coming in September: LRPA's Third Annual "Silent September"

Film Festival! You can't find television like this it anywhere but LRPA TV, Atlantic Broadband Channel 25. Not a subscriber? Then watch us online at live.lrpa.org to catch all the fun.

About Lakes Region Public Access Television (LRPA)

Lakes Region Public Access Television (LRPA) is a nonprofit, non-commercial lic access TV station and community media center located on the Laconia High School campus in Laconia, NH. LRPA cablecasts locally on Atlantic Broadband Channel 24 (educationprogramming and public bulletin board), Channel 25 (information and entertainment) and Channel 26 (government meetings) to more than 12,000 homes in our member communities of Belmont, Gilford, Laconia, Meredith and Northwood. Programming is produced by and for the people of the greater Lakes Region. LRPA's mission is to empower our community members to produce content that

fosters free speech and the open exchange

encourages and creative expression, promotes a well-informed public through governmental transparency, and

unites our communities through the power of media and technology.

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Village Players online shows this weekend

WOLFEBORO — The Village Players Theater in Wolfeboro was forced to shut down in mid-March as the pandemic swept through the area. Live productions were eventually postponed from 2020 to next year, with "Broadway Bound," "Laughing Stock," "The Sound of Music" and "The Nutcracker" all set to go live on the stage in 2021.

The Village Players Board of Directors were presented an idea by member Emily Judkins for an online production. Judkins was able to find some sketches that could work well in an online form and after seeing some comedy clubs do their shows on Zoom, decided to make this an option for Village Players members and guests.

Judkins came up with a pair of Abbott and Costello sketches from a radio show in 1944, an adaptation of the Grimm's fairytale "Cat and Mouse in Partnership," "Naughty List" by Maine playwright Robert LeBlanc and "Spading" and "Television Man" by Australian author Alex Broun.

Village Players newcomers Amelia Bickford and Jennifer Schaffner are joined by recent familiar faces Joshua Spaulding, Anna Jortikka and Andrew Long and a pair of actors returning to the "stage" for the first time in a while, Tom Bickford and Peter Moses.

The sketches will combine for an hour of laughs that you can enjoy from your home on Friday, Aug. 21, and Saturday, Aug. 22.

Those looking to be a part of this online experience are invited to visit village-players.com to find the links to make a donation. Once that is complete, you will receive an e-mail with a link to the Zoom meeting where you can watch the show starting at 7 p.m. on the night you choose. The audience is encouraged to unmute their computers and laugh along with the action. Judkins notes that the Village Players will have ways to monitor the Zoom meeting to avoid distractions for the cast and the audience.

Judkins points out that her hope is to do these types of shows again to help keep people entertained while safely on their couch, especially until the pandemic is under control and live theater can begin again in Wolfeboro

The shows are set for Friday, Aug. 21, and Saturday, Aug. 22, at 7 p.m. each night. Visit village-players.com for the links and any updates on the theater.

Gilman Library to benefit from Hannaford Community Bag Program

ALTON — Gilman Library has once again been selected by our Alton Hannaford store leadership as the benefiting non-profit in the Community Bag Program! You can give to the Gilman Library by picking up a \$2.50 reusable Community Bag at the Alton Hannaford located at 80 Wolfeboro Hwy, during the entire month of Septem**ber.** We will receive a \$1 donation for every bag sold during that time.

The Hannaford Helps

Reusable Bag Program makes it easy for shoppers to support their community and environment by buying durable, reusable shopping bags. A portion of each Community Bag purchase goes to a local non-profit, and for the entire month of September, the Gilman Library is a beneficiary of this wonderful program.

Holly Brown, Gilman Library Director, says, "We are so pleased to once again be chosen as the beneficiary

of this wonderful program. Thank you, Hannaford, and thank you to our community members, for your support."

If you do pick one up, be sure to practice standard safety protocols. Just like you need to wash your hands regularly, always wash your reusable bags before and after use. If possible, bag your own groceries at check out when using a reusable bag. Thank you in advance for your support!







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SHAKER REGIONAL SCHOOL DISTRICT FULL-TIME YEAR-ROUND GROUNDS

Shaker Regional School District has an opening for a full-time, year-round, grounds worker to perform grounds work. Hours are 6:30 am - 3:00 pm, with a half-hour lunch. Must be reliable, have the ability to work independently and follow written and verbal instructions. Our full time positions qualify for our comprehensive benefit package including health, dental, life, long-term disability and paid sick, personal and holidays. Please submit an application and 3 letters of reference to Steve Dalzell, 58 School Street, Belmont, NH 03220. You may contact Mr. Dalzell at 267-9223 to obtain an application or visit the Human Resources section of our website: www.sau80.org. Successful completion of a post-offer pre-employment physical and criminal background check, including fingerprinting, are required. Shaker Regional School District is an equal opportunity employer.

Shaker Regional School District Girls Varsity Basketball Coach

Shaker Regional School District is seeking a Girls Varsity Basketball Coach. This is a stipend position and it is open until filled. Previous experience coaching is preferred but not required. Interested applicants should send a current resume and letter of interest via email to Cayman Belyea, Athletic Director at cbelyea@sau80.org or through the mail to Cayman Belyea, Athletic Director, Belmont High School, 255 Seavey Rd, Belmont, NH 03220.

SHAKER REGIONAL SCHOOL DISTRICT FOOD SERVICE SUBSTITUTES

Shaker Regional School District's Food Service Department has an immediate opening for Food Service Substitutes. Duties include, but are not limited to, prep work, serving, cleaning, washing dishes and pots/pans, and other tasks directed by the Kitchen Manager. Ability to lift up to 40 pounds. Prior experience in the food service industry is preferred, but not necessary. The successful candidate must be able to work in a fast paced, ever changing environment and perform as a team player.

Applications may be found on the Shaker Regional School District website or can be picked up at the SAU Office at 58 School Street; Belmont, NH 03220. Please contact Nancy Cate, Director of Food Service at 603-267-6525 ext. 1352, if you have any questions.



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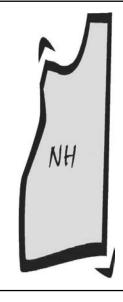
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Pub Mania teams pivot for the kids

REGION — Referred to as the backbone of the Pub Mania event, the 31 teams and 75 team captains had begun to wonder if or how the 24-hour barstool challenge would happen in the face of the Covid-19 pandemic.

"I think we all were wondering if we'd be able to pull it off this year," said Greg Peverly, co-Team Captain of Verani Realty and winner of the 2019 Outstanding Participation Award. when we were called about this new event, I think we were anticipating some kind of change. Our colleagues here at Verani understand this is not about the event, it's about the kids."

Meghan Dodds is the



2019 Top Pub Mania Team Captains (front left to right) Lisa Cornish (The Downtown Gym); Kathy and Will Swart (Laconia Harley Davidson), Susan Cummins, Mitch Hammel, Greg and Deb Peverly (Verani Realty).

new team captain for Laconia Harley Davidson, winner of last year's Top Dollar contest.

"Last year's team set the bar very high," said Dodds, Marketing Manager at LHD, "but we're fortunate to have the backing of owners Steve and Anne Deli, who are very supportive of the Children's Auction. We're excited about this new version."

Holly Ruggeiri has been a Pub Mania Team Captain for Ladies of the Lake for the last 5 years, and now is taking on the role of Co-Chair for the new Challenge event.

"We know it will be extremely difficult to top last year's overall fundraising total" said Ruggieri, "so our goal this year is to double the number of teams and be positioned for growth in 2021

Amoskeag Beverages: John Valliere & Tim Quinn

Bar Hum Bugs: Stephanie Caldon

Barstool Bankers: Becky Reposa, Stacy Trites, Jami Bourdeau & Kristi Maciejewski

Birdies for a Cause: Allison Mitzel & Rachael Rollins

Blue Angels: Faith Francis

BNH We Got This Warriors: Cindy Audia & Jim Glover

Body Covers: Sarah Gray

BPS: Keith McBey & Randy Remick

Randy Remick Café Déjà Vu: Brenda

Martel & Tony Felch Coldwell Banker: Su-

san Spooner, Kathy Mc-Lellan & Sue Ippolito Color Me Christmas:

Jennifer & Richard Fielders & Sherri Collis Crossfit Juggernaut:

Anna Terry
Dream Team Su-

preme: Matt Resca & Ashley Riopel Fruitcakes: Rhonda

Humiston & Tracy Neal Fusion: Jaimie Sousa & Brandee Loughlin

Gunstock "A Snowball's Chance in...":

Litterhof Kennel: Brian Beetle & Lois Cole

Merry Misfits: Samantha Jewett, Ruth Mc-Laughlin & Angie Carignan

Merry Stoolers: Lisa Fowler & Cheryl O'Hara Naughty & Nice: Lisa Abreau

Nutcrackers: Ashley Davis, Becky Whitcher & Rachel Xavier

Patrick's King's Corner: Janet McKone, Eric Vachon & Rob Finlayson

Vachon & Rob Finlayson Real Downtown Santas: Lisa Cornish, Janet

Brough & Trish Tryon Santa's Sheriffs: Jen Schillinger & Mike Moy-

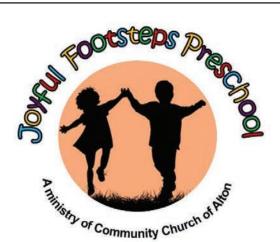
Tagg Team: Butch & Judi Taggart

The Rising Suns: Rick Hopper & Julie Hart

Verani Realty Reindeer: Greg & Deb Peverly & Susan Cummins

WYC Diving Ducks: Andrea Morin & Jason Bordeau

"The Children's Auction anticipates the need for assistance to children and families will continue to grow in the coming year" said Jaimie Sousa, chairperson of the Chil-



For over 15 years our morning preschool program has offered high quality early childhood education within a Christian environment full of love and support that inspires each student to develop socially, emotionally, intellectually, physically and spiritually.

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Enrollments are now being accepted for the 2020-2021 school year!

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Huggins Hospital welcomes **Deborah Mueller, MD**to Wolfeboro Women's Health



Huggins Hospital welcomes Deborah Mueller, MD, to Wolfeboro Women's Health, where she joins Timothy Pinard, MD.

Dr. Mueller is a gynecologist who looks forward to caring for community members of the Eastern Lakes Region and beyond. She has special interest in genetic counseling for cancer-causing genes. She appreciates being able to

help families learn more about their risks and help them make more holistic decisions in health care. She also has special interest in transgender health care.

She is Board Certified in Obstetrics and Gynecology and is a Fellow of the American College of Obstetricians and Gynecologists. She has received New Hampshire Magazine's "Top Doctor" award for the past four years.

To schedule an appointment with Dr. Mueller, please call Huggins Hospital's PATH Specialists at 603.569.7669.





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