

Gilford Steamer

THURSDAY, OCTOBER 20, 2016

GILFORD, N.H. - FREE

Gilford, Meredith Police take on the Harlem Rockets

BY ERIN PLUMMER

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MEREDITH — Police and friends from Gilford and Meredith joined forces for an evening of basketball and fun for a good cause in a game against the Harlem Rockets.

On Saturday night, members and friends of the Gilford and Meredith Police Departments came together as a team to play against the Harlem Rockets comedy basketball game at Inter-Lakes High School.

Police personnel were joined on the court by young friends and family members playing against the Rockets complete with some humorous interludes and plenty of fun activities for people of all ages.

Proceeds from the event goes to the police relief associations and to local charities.

Det. Corp. John Eichhorn of the Meredith Police Department said the two departments have been utilizing the services of Charity Link for fundraising for the past few years and have been



ERIN PLUMMER

Members of the Harlem Rockets clowned around with their opponents, including Lt. Keith True of the Meredith Police Department.

doing joint fundraisers. Previously, they played against each other in a benefit softball game at Robbie Mills Field in Laconia.

Eichhorn said they are "Trying to create unity in the police departments in the area." Eichhorn said the

Meredith officers went into the tournament with mostly no practice. He said it ended up being a lot of fun.

"It was good to go out there in person and play as a (team) when we could," Eichhorn said. "It was good to get family and friends

involved."

Eichhorn said they enjoyed playing with Gilford.

"We get along really well with their organization," Eichhorn said.

Charlene Crowell, Communications Specialist with the Gilford Police Department and Treasurer of the Gilford Police Relief Association, said it was a fun event and Gilford officers absolutely work well with Meredith. She said she especially liked how it included the kids.

"It was great fun," said Tessa Stevens, Executive Secretary and Communications Specialist with the Gilford Police Department.

Stevens said members of the department played soccer that afternoon, warming them up for the

SEE ROCKETS PAGE A13

Fire damages department training site

BY ERIN PLUMMER

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A fire training facility was heavily damaged last week by a fire that is believed to be accidental.

On Wednesday, Gilford Fire Chief Stephen Carrier reported to the board of selectmen that the training facility by the Laconia Airport was significantly damaged in a fire the previous week.

The training facility

was owned by Gilford and available for use by other departments. The interior of the training facility is made from shipping containers framed with wood with sheetrock in the interior. Fires were also burned in pits inside. The structure's roof was large with all wood framed rafter and plywood decking with asphalt shingles.

Carrier said on the

evening of Oct. 4 the department received a call of an outside fire around the area of the airport. Crews came to the scene and found the roof of the training center completely burnt and fire on the top two floors of the containers.

Carrier said it appears the fire started on the second floor of the building with the first floor

SEE FIRE PAGE A13



ERIN PLUMMER

Dave Pinkham and Rick Acquiliano induct Stefan Defregger into the GHS Athletic Hall of Fame.

Defregger inducted into GHS Athletic Hall of Fame

BY ERIN PLUMMER

eplummer@salmonpress.com

Gilford High School inducted alumnus Stefan Defregger into the GHS Athletic Hall of Fame last week, honor-

ing his athletic career from the soccer fields of GHS to playing professionally.

Defregger was inducted into the hall of fame in a special ceremony on Friday night.

The Athletics Hall of Fame is an annual tradition that has been going on for 23 years. Each candidate must have graduated from GHS at least five years ago and candidates are chosen by a committee.

Defregger graduated from GHS in 2010 after leading his team to win the state championships. He went on to play soccer at Dartmouth College and is now playing professionally with the Wilmington Hammerheads.

Athletic Director Rick Acquiliano said they reached out to a number of people who know Defregger and asked for comments about him as a person. Comments they received included:

"His work ethic stood out from others" and "He was inspirational to so many players not only from his gifted playing but his sportsmanship."

Defregger got into soccer as a small child through his father Herman, who coached junior varsity soccer for Gilford.

"For as long as Stefan could walk, he was always kicking a soccer ball," said his former coach Dave Pinkham.

Defregger said he remembered being involved with the Gilford team since he was a child, including joining them on the bus. He said he always dreamed of the moment he would be wearing the white Gilford jersey himself.

When he got into high school, Defregger spent one year on the alpine ski team and two years in varsity tennis, both of which were champion seasons.

SEE DEFREGGER PAGE A13

"Secret Garden" sets pose a fun challenge for GHS tech crew

BY ERIN PLUMMER

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From complicated scenes to multiple set changes, the coming Gilford High School production of "The Secret Garden" is posing some fun challenges for members of the tech crew.

The crew has been working since the beginning of the year planning, designing, constructing, and putting together the sets and scenes for the com-



ERIN PLUMMER

Tristan Beroff and Buck Gardener work on the rigging for the set of the upcoming Gilford High School production of "The Secret Garden."

ing show.

Planning for the scenery started with reading

the script.

"We realized we really needed to know the flow

of the scenes," said auditorium director Scott Piddington.

They interpreted the whole script in a series of storyboards that are presented on a dry erase board backstage. He said they will do storyboards for other productions, but usually not to the extent of this one.

After this planning sketches were done of the set pieces that students turned into CAD

SEE SECRET GARDEN PAGE A14

Notes from the Gilford Public Library

BY MARK THOMAS

Library Correspondent

Imagine a book that you don't read. Instead, the story is compacted into a few hours, with breathtaking visual and audio impressions. The pace is quick, and all of the characters and scenes that the book would leave to your imagination are instead depicted in HD. Yeah, we call those 'books' DVDs and the library is brimming with them.

We get new DVDs regularly, often on the recommendation of patrons watching upcoming DVD release dates. Just like books, some are well written, and some are... entertaining, but there is a viewer for every DVD we get. We also get the gambit of genres, from children's movies, to horror, to documentaries, to complete TV series, to foreign films (anything by the BBC or ACORN is sure to be popular).

"Free State of Jones" has gotten mixed reviews, but whether or not the story is historically accurate, the portrayal of a country in Mississippi declaring themselves autonomous from the Confederacy is engaging. "Swiss Army Man" is so bizarre it evades description. Explaining that an addled survivor on a deserted island finds a corpse that he perceives to have almost unlimited utility doesn't capture the essence of the film. Srinivasa Ramanujan Iyengar is the "Man Who Knew Infinity." In this historical depiction of the genius Indian-born Cambridge mathematician, viewers get another perspective on the clash of ideals and the real world.

Like superhero films? We just got "Captain America: Civil War" and "X-Men: Apocalypse." Like comedy? Recent additions include "Popstar: Never Stop Never Stopping," "Mike and Dave Need Wedding Dates," "How to be Single," "Brooklyn Nine-Nine" (personal favorite), and "Keanu," among several others.

If you're feeling dramatic, we've got "Blue Bloods," "Turn: Washington's Spies" (Historical drama!), "Longmire," "Narcos," and several others. Romantics can

look for "Mother's Day," "The Meddler," "Love and Friendship," to start. Horrific viewers will enjoy the "Penny Dreadful" series, "Viral," "American Horror Story," and even classic "The Haunting" from 1963 that was just added. "Blood Father" and John Travolta's "I am Wrath" are new action films, though younger action fans can look for "Teenage Mutant Ninja Turtles - Out of the Shadows" and "Warcraft."

The Children's Room has recently added "The Jungle Book" (the new one) and "Adventures in Babysitting." Soon we will have "Kubo and the Two Strings" and "The BFG." "Kubo and the Two Strings" is worth a watch at any age, and the soundtrack is stellar.

They're not books, but DVDs are a worthwhile medium nonetheless. These brief, bright, noisy presentations are worth pulling away from a book for, sometimes.

Classes & Special Events Oct. 20 to Oct. 26

Thursday, Oct. 20

Brown Bag Book Discussion, 12:30-1:30 p.m.

This month's book is Book of Strange New Things by Michael Faber, described as "Intergalactic in scope..." Led by Mark Thomas, copies of the book are available at the Circulation Desk.

Magic the Gathering Club, 2:30-3:30 p.m.

Conversational French, 3:30-4:30 p.m.

Evening Book Discussion, 6:30-7:30 p.m.

See Brown Bag Book Discussion above.

Friday, Oct. 21

Social Bridge, 10:30 a.m.-12:30 p.m.

Storytime, 10:30-11 a.m.

Songs, stories, rhymes, and a craft. For three to five year olds with caregiver. Sign up required.

Knit Wits, 1:30-2:30 p.m.

Conversational German, 2:30-3:30 p.m.

Monday, Oct. 24

Mahjong, 12:30-3 p.m.

Lego Club, 3:30-4:30 p.m.

Evening Line Dancing, 4-5 p.m.

Tuesday, Oct. 25

Fiber Friends, 10 a.m.-12:30 p.m.

Come to Fiber Friends for a chance to work on your fiber crafts! Rug hooking, latch hooking, quilting, needle felting, and any other fiber crafts are welcome to join in!

Social Bridge, 10:30 a.m.-12:30 p.m.

Lapsit Storytime, 10:30-11 a.m.

Songs, lap bounces, finger plays, books, and playtime for children ages newborn to two and

their caregivers.

Storytime, 11:15-11:45 a.m.

Stories, songs, and a craft for children ages three to five. Independent.

Makerspace Club: Natural Art, 3:15-4:30 p.m.

Eight to 11 year olds are invited to sign up for this three week program meeting Oct. 11, 18, and 25 from 3:15-4:30 p.m. This month's theme is Natural Art! Put on by the Gilford Public Library, the Gilford Youth

Center, and the Gilford Parks and Rec. Funded by the Friends of the Gilford Public Library.

Nightly Knitting, 6-8 p.m.

Gilford Clickers Photography Club, 6:30-7:30 p.m.

Wednesday, Oct. 26

Line Dancing, 9-10:30 a.m.

Check Out an Expert, 10 a.m.-noon

Early Release: Build Fairy Houses, 1:30-2:30 p.m.

Elementary aged

students are invited to build fairy houses with Wendy Oellers during early release. We will walk from the library to the adjacent woods. Sign up and release forms are required.

Teen Zombie Makeup Workshop, 3-4 p.m.

The undead hordes will swarm the library after their makeovers! Teens can use makeup and miscellany to make themselves look like horrific dead things that walk and groan and eat brains.

GILFORD POLICE LOG

The Gilford Police Department responded to 248 calls for service and made the following arrests during the week of Oct. 11-17. Please note that the names of juveniles, and those of individuals taken into protective custody but not formally charged, have

been withheld.

Brendon Johnson, age 21, of Belmont was arrested on Oct. 12 for Driving After Revocation or Suspension and being in possession of a Suspended Registration (an Operating misdemeanor).

Morgan R. Carter, age 20, of Meredith and Bri-

an Reinholz, age 32, of Laconia were arrested on Oct. 12 for Possession of Controlled/Narcotic Drugs. Carter was also charged with Possession of Drugs in a Motor Vehicle.

Jaime Stone, age 36, of Gilford was arrested on Oct. 13 for Conduct

After an Accident.

Nicole L. Fry, age 28, of Laconia was arrested on Oct. 14 for Theft By Unauthorized Taking or Transfer (Larceny).

A 30-year-old male from Gilford was taken into protective custody for intoxication on Oct. 15.

18th Annual Gathering of Marines set for Nov. 12

GILFORD — The Lakes Region Detachment of the Marine Corps League will celebrate the 18th Annual "Gathering of Marines" on Saturday, Nov. 12 at the Pheasant Ridge Country Club, 140 Country Club Rd., Gilford.

The annual event was announced by Robert Patenaude, Commandant of the Lakes Region Detachment # 506 to commemorate the 241st birthday of the founding of the United States Marine Corps at Tun Tavern in Philadelphia, Pennsylvania on Nov. 10, 1775.

Each year Marines, old and new, from WWII to those now on active duty throughout the world celebrate the occasion which is unique amongst all the branches of the military services.

During the evening's ceremonies which will begin at 7 p.m., a presentation of the Colors occurs, the National Anthem, and all service hymns are played, and honor salutes to all the branches of the services are conducted. The "Commandant's



COURTESY

The Lakes Region Detachment of the Marine Corps League will celebrate the 18th Annual "Gathering of Marines" on Saturday, Nov. 12 at the Pheasant Ridge Country Club, 140 Country Club Rd., Gilford.

Birthday Letter" is read and the traditional "cake cutting" ceremony in which the first and second pieces are given to the youngest and the oldest Marines in attendance. Recognition is also rendered to any special attendee who has been awarded honors for his or her

service to the Marine Corps. Once again, the very favorable Contigiani's buffet will be served, and dancing will be available to all throughout the evening. Those who wish to attend this year's "Gathering" with spouses and guests are encouraged

to contact Commandant Patenaude at 455-0636 or via e-mail at rppatenaude@aol.com as soon as possible to ensure reservations. (Cost is \$30 person, before Nov. 1, \$45 after Nov. 1). Mail checks to Lakes Region Det., MCL, PO Box 764, Center Harbor 03226.

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Gilford Public Library Top Ten Requests

1. "Small Great Things" by Jodi Picoult
2. "The Underground Railroad" by Colson Whitehead
3. "Lilac Girls" by Martha Hall Kelly
4. "All the Light We Cannot See" by Anthony Doerr
5. "Killing the Rising Sun" by Bill O'Reilly
6. "Missing" by James Patterson
7. "The Girls" by Emma Cline
8. "Two by Two" by Nicholas Sparks
9. "A Great Reckoning" by Louise Penny
10. "Order to Kill" by Vince Flynn

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Belknap House kicks off Pumpkin Festival with Masquerade Ball Friday

BY ERIN PLUMMER
 erinplummer@salmonpress.com

LACONIA — Volunteers are pooling their talents for an evening of fun and dancing for the first ever Belknap House Pumpkin Masquerade Ball.

The ball is scheduled for the evening of Friday, Oct. 21, and will also be a kickoff event for the New Hampshire Pumpkin Festival on Oct. 22.

Located on Church Street in Laconia, Belknap House is a short term, cold weather shelter for homeless families. The house is scheduled to open around the end of December.

"We're thinking this is our inaugural event and we're hoping to do

it yearly," said Masquerade Ball Chair Edie Gault.

Artist Marlene Makowski is the overall designer and decorator for the ball.

"A little bit of magic, a little bit of keeping in mind it's a little formal but a little whimsical at the same time," Makowski said.

For the past 11 years, Makowski has been the primary designer for New Hampshire Catholic Charities' Mardi Gras themed ball at the Grapone Center in Concord.

When she took part in the first discussions for the Belknap House ball she said she considered what balls were today. The result was the de-



ERIN PLUMMER

Local artists and volunteers have joined forces to help put on the Belknap House Pumpkin Masquerade Ball. From left to right: back row: Jeri Bothamley, Dick Smith, Joseph Kildune, and Matthew Gault. Front Row: Edie Gault, Elaine Morrison, Marlene Makowski, and Heather Hilton-Gault.

sign of the Pumpkin Ball.

After the initial meeting, Makowski got together whoever could help her with the ball, especially a number of artists contributing may

different elements. "Everybody's still trying to feel their way; what will this ball be," Makowski said.

Makowski said everyone has had their own parts, though everyone is working together to make this more cohesive.

One of the volunteers was artist Jeri Bothamley, who is head of the Design Committee at Belknap House, and has helped design interior elements of the house.

Bothamley will paint the giant pumpkin sculpture on the ball's walkway. Gault said they approached many local businesses for donations. Photographer Dick Smith and painter Elaine Morrison were invited to be part of the event as both are artists in their own mediums and work with the homeless.

"It was a natural involvement to be part of the Belknap House working with homeless families," Morrison said.

The two donated their pieces to the silent auc-

tion.

Smith donated a photo showing a father and daughter together, a piece that emphasizes the importance of fathers.

Morrison donated a number of paintings, from a pair of clamdigger boots to an extreme snowboarder.

"I tried to bring New Hampshire, the environment, and children and families in the snow," Morrison said.

Joseph Kildune offered to make chandelier-shaped decorations for the ball. He carved the shapes of the chandeliers from sheets of insulation foam and put them together before painting them.

Kildune works for AutoServ and created sculptures made from car scraps. He has also helped out at the charity

GILFORD PARKS AND RECREATION NEWS

BY HERB GREENE

Director
 Gilford Parks and Recreation

Youth Basketball registration night on Wednesday, Oct. 26

The Gilford Parks and Recreation Department will begin accepting registrations for the Youth Basketball Program for Gilford children in grades one through six on Monday, Oct. 24. The Recreation Department will be holding a Registration Night on Wednesday, Oct. 26 from 5:30 - 7 p.m. in the Parks and Recreation Office. Registration deadline for all divisions is Wednesday, Nov. 9.

For more information, please contact Parks and Recreation Director, Herb Greene at 527-4722.

Senior Moment-um Hong Kong Buffet Trip -Monday, Oct. 24

The Gilford Parks and Recreation is sponsoring a Senior Moment-um Program on Monday, Oct. 24. We will be travelling to the Hong Kong Buffet Restaurant in Belmont, located near the Belknap Mall to partake in their large spread buffet. We will meet at the restaurant at 11 a.m., when they first open. The cost of the meal is \$7.99 plus tax and addition dink costs. Participants are asked to please RSVP by Thursday, Oct. 20.

For more information or to RSVP, please contact the Gilford Parks and Recreation Department at 527-4722.

Senior Strides weekly walking program on Wednesday mornings

The Gilford Parks and Recreation Department and Gilford Youth Center are co-sponsoring a weekly walking program for senior adults on Wednesday mornings from 9-10 a.m. at the Gilford Youth Center. Participants can track their progress or just walk for fun and socialize with friends. There will be

plenty of chairs available to take a break as you wish and coffee, tea and water will be provided. A \$2 donation is suggested and fees will go towards monthly raffles and prizes.

For more information, please contact the Parks and Recreation Department at 527-4722

Adult Men's Pick-up Basketball continues on Thursday evenings

The Gilford Parks and Recreation Department is sponsoring a pick-up men's basketball program for adults ages 18 and up, every Thursday evening from 7 - 9 p.m. in the Gilford Middle School Gymnasium. This program will run through the Nov. 17. There is a \$2 fee per participant, per evening. This program is open to any interested adult men and no pre registration is required.

For more information, please contact the Parks and Recreation Department at 527-4722

Annual "Halloween Happening" Party on Oct. 28

The Gilford Parks and Recreation Department will be sponsoring their annual "Halloween Happening" Party on Friday, Oct. 28 from 5:30 - 7:30 p.m. in the Gilford Middle School Gym and Cafeteria. This party is open to all Gilford children up through the 6th grade. Activities will include; Give-Aways,

The Monster Mash Raffle, Costume Contest, Halloween Games and of course the annual Halloween Jail and Pillow Fight Ring. Cupcake decorating and Halloween crafts will again be available in the cafeteria (until 6:30 p.m.)!

As always, the Parks and Recreation Department is looking for volunteers to assist with the party. Help is needed with running games/activities during the party and clean-up following the party.

For more information or to sign up to volunteer, please call the Parks and Recreation Office at 527-4722.

*The Gilford Police Department has set Trick-or-Treating in Gilford for Monday, Oct. 31st from 5:00 - 8:30 p.m. During these hours, Belknap Mountain Road will be closed from Potter Hill Road to the Imagination Station Parking Lot at the GES.

Boston Celtics bus trip scheduled for March 15, 2017

The Gilford and Belmont Parks and Recreation Departments are co-sponsoring a Bus Trip to Boston to see the Celtics take on the Minnesota Timberwolves on Wednesday, March 15. Cost of the trip is \$137 for lower level Loge seats and \$92.00 upper level balcony seats and includes round trip motor coach from Gilford

or Belmont and tickets to the game. Our deluxe motor coach will depart from Gilford High School at 5:00PM and the Belmont Park & Ride-share (Route 106) at 5:15 p.m. You will have time to visit the pro-shop and get dinner on your own prior to the game. Our seats are in section #19 (Loge) and 329 (Balcony) for the 7:30PM game. Seats are limited; a registration form must be completed accompanied by payment and tickets are non-refundable.

For more information, please contact the Gilford Parks and Recreation Department at 527-4722 or visit their Web site at www.gilfordrec.com.



COURTESY

This past week, Belknap Landscape Company has been busy installing nine new sugar maples at the Pine Grove Cemetery. This is one of the first phases in a master plan to beautify this section of Gilford's only active cemetery. The new trees match those that boarder the great stone wall and archway as you enter Pine Grove. Thank you, Belknap Landscaping, for some much needed color, great job!

SEE PUMPKIN PAGE A13



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MARK ON THE MARKETS

Long Term Care Awareness Month



BY MARK PATTERSON

November is Long Term Care Awareness Month. A short time ago, I wrote about immediate long term care that can

be a great solution for those situations where the person in need of LTC is already meeting some of the criteria for LTC benefits. That is not the best time to plan for you and your families Long Term Care needs. Your Premium will be less, or more benefits available the younger and healthier you are at the time of application.

Often times when discussing LTCI with clients, I am told that they once looked at LTCI and found it to be too expensive for something that they hope that they will never need! I understand exactly what they are saying because I used to feel the same way.

A few years ago, there were many insurance companies offering LTCI. Now there are few. Traditional LTCI is very difficult to set and maintain steady premiums because of certain variables that forced many very good insurance companies out of the LTCI business, unable to make a profit and control losses. Modern medicine has become very good at extending our lifespans beyond

our cognitive abilities. That along with higher cost of care makes it very difficult for actuaries to set and maintain premiums.

Only 5 percent of people in the USA have LTCI; however, 70 percent will at some time in their lives need Long term care either in a skilled nursing facility, or more likely at home.

There are companies that are providing LTCI in a method that makes a lot more sense to me. It is an asset based LTC policy that is designed on a life insurance chassis. You may have seen life insurance with living benefits that can a great alternative, but that is not what I am referring to here.

For example; Bob is

67 and uses tobacco, Sue is 62. Both Bob and Sue have a few issues in their health histories and take some common meds for High blood pressure and cholesterol. They have some money set aside for emergencies.

If Bob and Sue applied a single premium of \$100,000 that may be money set aside for there "safe money," they may qualify for a joint policy that offers a \$200,000 death benefit or LTC benefit, after some mortality expense and fees they earn 4% per year on the \$100,000 or if they needed that money back, they have a guaranteed return of premium provided they have not used the benefits. They elected for a 2% payout for 50 months that would

provide an approximate \$4,000 per month benefit. They could pay for an additional rider that would double the benefit period, however that rider is not included in the return of premium feature of the policy.

This policy can be structured for annual pay or 10 and 20 year pay. IRA money or existing Annuities may also be used to fund this policy.

This is an example, please call for an accurate illustration regarding this type of Long Term Care Insurance based on your needs.

Mark Patterson is an advisor with MHP Asset Management and can be reached at 447-1979 or Mark@MHP-Asset.com.

Pet of the Week: Snoopy & Lizzie



Otherwise known as Little & Large, or The Quiet One & The Chaty One -or just 2 Travelers On Life's Road.

Lizzie, tall, lithe, elegant and super friendly Labrador mix, and her sidekick, Snoopy the enthusiastic, cheery Beagle have been calling New Hampshire Humane Society home for about a month.

Their human owner was victimized in a vicious attack that rendered her hospitalized for quite some time. During recovery, NHHS has provided safe harbor for these two canine friends. The humans in their lives have asked us to find the two furry pals

a forever home, why they focus on family healing. We've solemnly promised to do our very best to keep these two sweet dogs together. Of course, we recognize only those very special animal lovers will step forward taking two dogs into your home requires more commitment and love than one. Both dogs are in good health and spirits smiling through it all as they enjoy the sun on their backs and lots of attention from staff and volunteers at the shelter on Meredith Center Road.

Call 524-3252 or check www.nhhumane.org

FROM OUR READERS

Join me in supporting Lisa DiMartino for State Re.

To the Editor:

I'm writing to express my enthusiastic support of Lisa DiMartino for New Hampshire State Representative.

For years, Lisa DiMartino and I stood together as devoted mothers of students who attended Gilford Public Schools, and I watched with a sense of awe as she reached beyond her parental role into the realm of politics to serve our community with reason and compassion. As a writer, I'm inspired by words and I take note of meaningful quotations. When I think about Lisa DiMartino's role in our community, certain well-known quotations come to mind.

"There, but for the grace of God, go I." In my youth, when faced with those who were struggling under the weight of life's hardships, my mother often reminded me of this. The spirit of John Bradford's words embodies what most impresses me about Lisa DiMartino. Her dedication to the vulnerable—those devastated by the opioid crisis, children dependent upon our choices to receive suitable education and necessary community services, the elderly and disabled who require our care to experience a decent quality of life—is why we need Lisa to be an advocate in our community. In her previous experience as a state representative, Lisa DiMartino demonstrated her commitment through

her role as Clerk of the Health, Human Services, and Elderly Affairs Committee. In addition, Lisa currently serves on numerous committees as a disability and health care rights advocate.

As you mull over the candidates in the race for New Hampshire State Representative, I urge you to consider a meaningful sentiment declared by religious leaders, politicians, and authors, alike. "A society will be judged on the basis of how it treats its most vulnerable members." I am confident that Lisa DiMartino, who is dependable, perseverant, and empathetic, will pay attention to the needs of the vulnerable in Gilford and Meredith while remaining attentive to budget restraints.

And finally, consider the African Proverb, "It takes a village to raise a child." The entire community is necessary to raise our children, and because parents and individuals cannot possibly take on every role, it's important that we support candidates like Lisa DiMartino who will serve our children's needs with thoughtfulness and care.

I'm thankful that Lisa DiMartino is part of my village, and I plan to vote for her for New Hampshire State Representative on Nov. 8.

*Kristen Remick
Gilford*

Please consider returning me to the Executive Council

To the Editor:

I am running for re-election to Executive Council District 1, and I ask for your vote on Tuesday, Nov. 8. The New Hampshire Executive Council has gotten more notoriety this time, as two of my colleagues are now running for Governor representing their respective parties. The Executive Council is a two part Executive Branch system in which the Council administers the Executive Branch along with the Governor.

The five Executive Councilors are elected every two years, concurrently with the Governor. Each Councilor represents approximately 265, 000 citizens. We oversee state contracts, approve the spending of the major portion of the billions of dollars that is appropriated annually by the legislature. Additionally, the Council also acts on a wide variety of official actions, such as the nomination and confirmation of some 350 commissioners and directors who administer the 65 departments and agencies in state government. The Council also votes on the judicial appointments to the bench.

Over the past two years, I have traveled over 120,000 miles to get around the District One which consists of 108 towns, four cities and 23 unincorporated territories. I have fielded hundreds upon hundreds of constituent calls, attended dozens and dozens of events and meetings, visited over 70 businesses and produced a newsletter after each Council meeting.

It has been my pleasure to help out so many people with their concerns, whatever they maybe. I have stated "if it is a problem for you, then it is a problem for me and let's solve it together." I have approached

the job trying to build bridges and relationships with citizens, community leaders and others to make the position of Executive Council more accessible to the people. Too often, citizens do not know how to navigate state government and it has been my pleasure to help them.

My past experience as a local selectman, a Marine veteran and state legislator (eight years in the NH House and six years in the State Senate) and now three years on the Council have given me even more experience to help people in the District. I have a hundred percent attendance at all Executive Council meetings, Judicial and Health and Education Finance Authority hearings. I have committed myself to the Executive Council full time and I have enjoyed it greatly.

If re-elected, the issues I want to work on are: constituent service, work with the economic development corporations to create more New Hampshire jobs and to shape the ten year highway plan to better assist our communities and transportation system in District 1. I want to help fight the drug opioid crisis in New Hampshire (the Council has passed over 24 million dollars in contracts to help with prevention, treatment and recovery programs) and work with higher education and the community college system to develop a future work force. I also want to see if we can limit our sole source contracts in state government, there needs to be more competitive bidding process within our contracting system and we need to keep as many contracts here in New Hampshire, millions and millions of dollars are going out of state.

I hope to continue to educate students on the uniqueness of Governor and Council and its history. As of last year, my office re-instituted the District 1 college internship program and it now has the support from Plymouth State University as an accredited internship program.

Finally, the Council is a great check and balance system in state government, the Governor knows she has to count to three before anything passes during a Council meeting.

On Nov. 8, I ask for your vote, and it has been a pleasure serving you.

*Joseph D. Kenney
Executive Councilor
District 1
Wakefield*

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NORTH COUNTRY NOTEBOOK

A compendium of desktop stuff which contains (I hope) no fluff



By JOHN HARRIGAN
COLUMNIST



JOHN HARRIGAN
This view of Cannon Mountain from the southbound barrel of I-93 is an example of how tree-growth is obscuring views, to the point where they are a rare and endangered species along a highway once known nation-wide for its wonderful views.

This is a desktop column, meaning not a column about stray icons festooning my computer's desktop, but stuff that's flying around or cluttering up my actual desktop--newspaper clippings, missives from readers, those little 3-M sticky thingies, stuff like that.

In the missives from readers department, I actually expected a firestorm of indignity from an item in last week's column suggesting clearing some of Interstate 93's right of way of forty years' worth of trees, the idea being to regain some of the stunning views revealed back when the highway was built.

Instead, the first call I got was a kudo from Woodstock, and a comment that the views up the Merrimack and Pemigewasset valleys resulted in a good many calendar covers back then. "It was great for tourism," the retired road agent said.

+++++

I never know what I'm going to find when

I finally get around to checking my e-mail--usually at around 11 in the morning, by the way, and definitely not every day. This drives some readers (who evidently check their e-mail every five minutes) nuts.

But then too, my cell phone is a Jitterbug, a product aimed precisely at people like me--baby boomers who do not want any more complicated devices, in this case just a p-h-o-n-e. This phone, which I have run over with a tractor, survives in indestructible condition to ride around in my shirt, vest and frock pockets while I'm fixing fence, dragging trees or sitting in my porch rocker. My children hate it. In fact, they squeal in frustration over it.

+++++

Speaking of Social Media gadgets, I took

My casual research, via a number of sources, shows that around 16 percent of American households do not have a computer, and 30 percent have no broadband access.

+++++

Telephone companies are trumpeting each other's ability to install ever more cell phone towers to cover ever more territory. This makes me wonder if it would be a plus for some states to advertise the fact that visitors could actually get away from find-you-anywhere technology. Sections of northern New England still have no cell phone coverage except from Canada, where even if you're able to greet the operator in French (they, of course, politely speak both languages), the tariff is Megabucks per minute.

"Come to northern New Hampshire, where no one can find you," might be the Bureau of Tourism's ad campaign. I think it would sell. Hey, sign me up, and I already live here.

But on reflection, the safety issue would intrude, because cellphones save lives, and there is no fighting the Goddess of Safety, as I found when I could no longer fight the removal of trees on my road forming one of the most beautiful arborways, or arches, anywhere.



COURTESY

This trail camera photo caught what sure looks like the front end of a mountain lion. It's a pretty big animal, as evidenced by the faint outline of a tree trunk in the background.

"Car meets snowplow" was the Goddess of Safety mantra, because that section of the road was, okay, a bit narrow. "But it's no problem if people will just slow down for that hill," was my reply. But they increasingly will not, and so "If it saves just one life," the intonation goes.

+++++

Also among this past week's e-mail was a note from a reader in the Haverhill area, in the Connecticut River's Mid-Valley region (take that, "Upper Valley," way down in Lebanon, for heaven's sake) about what sure looks like a mountain lion caught on his trail camera. He says he and many others know that cougars are back, and agrees that it's only a matter of time until one is killed in the road or by someone defending livestock.

I've been paying attention to good, reliable mountain lion reports for more than four decades, and have published only the best of the best--those I believe to be beyond doubt. This one I could not go further with because the image shows only half the cat.

+++++

There are great benefits from syndication of this column, one of which is a wide reach in a dozen or more newspapers, encompassing most of the northern two-thirds of

the state, but a downside is that it has to be written a week ahead of time. This runs the risk of it being outdated by events.

In this case, this column will reach most readers just before the third presidential debate.

This prompts two thoughts. One is that I'm sick and tired of political ads on TV, which get in the way of actual news, not that there is even any much of that. In fact, there is hardly any television news worth watching except Channel 9's state coverage, which is why I so value New Hampshire Public Radio. I dislike the decidedly liberal slant of National Public Radio, but still I think about the baby and the bathwater, and pay my fair share to support NHPR.

The other is that this election is too weird even for me, and makes me feel like the mouse in the carnival games of yesterday, in which the mouse really had nowhere to go.

And this comes from a guy who has covered every election since 1968. Nattering nabobs of negativism, indeed.

(This column runs in weekly newspapers covering two-thirds of New Hampshire from Concord to Lower Quebec and parts of western Maine and northeastern Vermont. Letters must include the writer's telephone numbers and town. Write to campguyhooligan@gmail.com or Box 39, Colebrook, NH 03576.)

LRPA's celebration of Halloween continues with 1965's "Planet of the Vampires"

LACONIA—Through-out October, join Lakes Region Public Access Television each Friday and Saturday night at 10:30 p.m. for a scary good time! "LRPA After Dark" celebrates Halloween with four frightening films from Hollywood's past. This weekend (Oct. 21 & 23), we present 1965's eerie sci-fi-alien gem "Planet of the Vampires," directed by Italian horror master Mario Bava (the visually inventive auteur behind the Gothic masterpiece "Black Sunday") and starring an international cast that features American film actor Barry Sullivan.

In "Planet of the Vampires," two spaceships -- the Argos and the Galliot -- are sent on a mission to the uncharted planet of Aura. As the crew of the Galliot enters the planet's murky atmosphere, the crew inexplicably begins to violently attack one another. Only Captain Mark Markary (Sullivan) has the ability to resist this murderous urge, and he keeps the crew from killing each other. Upon leaving the ship, the crew finds the remains of the Argo, only to discover that the entire crew is dead, having apparently killed one another! Markary and his crew bury some of the dead, but most seem to be locked in the Argos' control room. When the Galliot's crew returns with tools to unlock the doors, the dead bodies have disappeared. As the realization that not all is well begins to set in, the crew of the Galliot tries to leave, but their ship has some dam-

age that must first be repaired. One by one, the crew begins to be found dead. Will the Markary and the rest of the crew get back to civilization? Or will the mysterious planet Aura keep them all from returning home?

Many film critics and sci-fi writers agree that Ridley Scott, director of the classic horror movie "Alien," was greatly influenced by "Planet of the Vampires." Some of the plot points share similarities. It is also interesting to note that, as the cast was international, each actor spoke his or her own native language -- Italian, Spanish, Portuguese and English -- often with no way of understanding what the other actor was saying. The film was then dubbed for individual markets. The movie was made with a very low budget, and so Bava (influenced by his father Eugenio, who was widely regarded as the founder of the Italian special effects industry) used miniatures, forced perspectives, colored lights, leftover props, etc. to achieve the look and atmosphere of the film. Sci-fi and horror fans love it, and you will too. So grab your candy corn and join LRPA after dark for this rarely screened gem from the past.

And mark your calendars for these coming Halloween treats:

Oct. 28 & 29: 1968's "Night of the Living Dead": The classic that set the stage for zombie mania!

Plus a Halloween marathon starting at 5:00 p.m.

on Oct. 31! We'll be airing creepy cartoons and freaky films, culminating with 1972's cult favorite, "Horror Express," starring the Christopher Lee, Peter Cushing and Telly Savalas! What's not to love?

You can't find television like this it anywhere but LRPA TV, MetroCast Channel 25. Not a subscriber? Then log onto Live Stream through our website (www.lrpa.org) where you can catch all the fun.

About Lakes Region Public Access Television (LRPA)

Lakes Region Public Access Television (LRPA) is a nonprofit, noncommercial public access TV station and community media center located on the Laconia High School campus in Laconia. LRPA cablecasts locally on MetroCast Channel 24 (educa-

tional programming and public bulletin board), Channel 25 (information and entertainment) and Channel 26 (government meetings) to nearly 12,000 viewers in our member communities of Belmont, Gilford, Laconia, Meredith and Northwood. Programming is produced by and for the people of the greater Lakes Region. LRPA's mission is to empower our community members to produce content that

- fosters free speech and the open exchange of ideas,
 - encourages artistic and creative expression,
 - promotes a well-informed public through governmental transparency, and unites our communities through the power of media and technology.
- LRPA's slogan: Community empowered by media. Visit us on the Web at www.lrpa.org.

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**NOTICE OF SESSION
SUPERVISORS OF THE CHECKLIST - GILFORD**

Saturday, October 29, 2016, 11:00 - 11:30 a.m.
Gilford Town Hall, Supervisors'/Trustees' Office
47 Cherry Valley Rd., Gilford
(Across from the Town Clerk's office)

New registrations accepted, and all changes to the Checklist will be reviewed. **NO ADDITIONS OR CORRECTIONS WILL BE MADE TO THE CHECKLIST AFTER THIS SESSION UNTIL THE GENERAL ELECTION ON NOVEMBER 8, 2016.**

NEW VOTERS are strongly encouraged to register by October 29, 2016 either at the Town Clerk's office OR during this Supervisor's session to avoid potential delays at the polls.

The Public Voter Checklist is posted in the Town Clerk's office.

ARE YOU ALREADY REGISTERED? DO YOU WANT TO CHECK?
GO TO: <https://app.sos.nh.gov/Public/Partyinfo.aspx>

SUPERVISOR'S OF THE CHECKLIST
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Division of Public Health Services

Rebecca R. Boudreau, 76

BOSCAWEN — Rebecca R. Boudreau, 76, of 325 Daniel Webster Highway, died peacefully on Tuesday, Oct. 11, 2016 at Merrimack County Nursing Home in Boscawen.

She was born on Sept. 12, 1940 in Rochester, N.Y., the daughter of the late Walter and Ada (Marshall) Slifer. She was a 1963 graduate of Columbia University. Rebecca worked as a Registered Nurse, primarily serving as a patient home care provider for Community Health and Hospice for many years. She was a member of Sacred Heart Church in Laconia where she served as a CCD teacher and a Eucharistic Minister. Rebecca also volunteered for the St. Vincent de Paul Society.

She is survived by her two sons, John Upton and



his wife Renee of Minneapolis, Minn. and Mark Upton of Kansas; three daughters, Mary Breton and her husband Dan of Gilford, Sara Perkins and her husband Dan of Loudon and Jennifer Boudreau of Manchester; one step son, Michael Boudreau of Laconia; four step daughters, Linda Marcoux, Michelle Hubbard, Adrien Kreadler and April Houle; several grandchildren, great grandchildren, nieces and nephews.

In addition to her

parents, she was predeceased by her husband, Adrian M. Boudreau, in 1994.

There will be no calling hours.

A graveside service was held at 1 p.m. on Monday, Oct. 17, 2016 at Beech Grove Cemetery in Gilmanton.

For those who wish, memorial contributions may be made to the Alzheimer's Association, 5 Bedford Farms Drive, STE 201, Bedford, NH 03110.

Wilkinson-Beane-Simoneau-Paquette Funeral Home & Cremation Services, 164 Pleasant St., Laconia, is assisting the family with the arrangements. For more information and to view an online memorial, go to www.wilkinsonbeane.com.

Rachel M. Giguere, 91

LACONIA — Rachel M. Giguere passed away in her sleep on the night of Aug. 12, 2016, at Genesis Healthcare on Laconia.

Rachel was born Nov. 6, 1921, in Laconia, the daughter of George J. Cardinal and Aurore (Marcoux) Cardinal. She grew up in Laconia and graduated from Laconia High School, class of 1939. She was married to the love of her life, Raymond P. Giguere, on Sept. 2, 1940. They were married for just short of 75 years when Raymond died in 2015. He loved music and singing. They loved to dance, play golf, be near the lake and spend time with family and friends.

Rachel is survived by sons Peter R. Giguere of Sanborton and Dennis



Rachel Giguere with husband Raymond

M. Giguere (Onami) of Alexandria; a daughter Marilyn J. Dunten, of White River Junction, Vt.; and a sister, Grace Dubreille of Laconia; six grandchildren and several great-grandchildren, and one great-great grandchild.

She was predeceased by brothers, Roland, Lionel, Father Maurice, and Aime, and sister Marcelle DeFosse.

A Mass of Christian Burial for both Raymond

and Rachel will be celebrated on Saturday, Oct. 22, 2016 at 11 a.m. at St. Joseph Church, 96 Main St., Belmont. A celebration of their lives and a lunch will follow the service. Burial will follow at 2 p.m. in the family plot at Sacred Heart Cemetery, Garfield Street, Laconia.

For those who wish, Donations in their memory may be made to St. Joseph Church, 96 Main St., Belmont, NH 03220.

Wilkinson-Beane-Simoneau-Paquette Funeral Home & Cremation Services, 164 Pleasant St., Laconia, is assisting the family with the arrangements. For more information and to view an online memorial, go to www.wilkinsonbeane.com.

Keynote address at Genesis Annual Meeting to focus on technology and the future of mental health

MEREDITH — At a time of unprecedented change in the field of mental health, Genesis Behavioral Health will host a keynote address about exciting technological developments that help patients monitor and manage their mental illnesses, primarily by using smartphones. Dr. Dror Ben-Zeev, Associate Professor of Psychiatry at Dartmouth College and Director of Dartmouth's mHealth for the Mental Health Program at the Department of Biomedical Data Science, will be at Mill Falls at the Lake, Church Landing in Meredith on Oct. 25 as

part of Genesis's Annual Meeting and 50th Anniversary Celebration.

Specializing in the development and evaluation of technology-based approaches in the study, assessment, and treatment of mental illness, Dr. Dror Ben-Zeev, with his team, is leading the way to help patients both in crises and management of their severe mental illnesses. The innovations he has developed include smartphone applications for self-management of schizophrenia, sensing systems for detection of psychotic relapse, and the training of Mobile

Interventionists for real-time/real-place treatments.

"Dr. Ben-Zeev's talk will highlight ways we can enhance the quality of care for our patients. Moving forward with technology assists us in the expansion of our methods to promote and maintain recovery," said Maggie Pritchard, Executive Director of Genesis Behavioral Health. "As so many families & communities deal with these realities, we want to demonstrate how we can meet such challenges."

The Annual Meeting of the Board of Directors of Genesis Behavioral

Health will begin at 5:30 p.m. at Mill Falls at the Lake, Church Landing in Meredith on Tuesday, Oct. 25. In addition to the fundraising dinner, Genesis will showcase the many items up for bid in their online auction which began on October 12 and will end on October 26. Tickets are still available by contacting

Kim Beardwood Smith at 524-1100, ext. 445 or kbeardwood-smith@genesishb.org.

Genesis Behavioral Health is designated by the State of New Hampshire as the community mental health center serving Belknap and southern Grafton Counties. A private, non-profit corporation,

Genesis serves nearly 4,000 children, families, adults and older adults each year. For more information or to schedule an appointment, call 524-1100 or visit the Web site at www.genesishb.org. Find Genesis Behavioral Health on Facebook and follow us on Twitter for updates and information.

First ever "Voices That Care" online sing-off to benefit Voices against Violence & New Beginnings

Temple B'nai Israel of Laconia announced its first ever online sing-off, "Voices That Care," to raise money in conjunction with its sixth 'We Care' benefit concert featuring North Shore Acappella on November 19. The sing-off consists of community groups from a variety of organizations, businesses and schools who will record a song from the list of eligible pieces. That video will be uploaded to a website

and everyone will have a chance to vote on the winners by buying blocks of votes and casting them for their favorite group. All net proceeds will go to the Nov. 19 "We Care" beneficiaries Voices against Violence and Abuse.

There are four categories from which to choose. Upload videos to one or all of them!

A. Business Organizations

B. Religious Organizations

C. Student Organizations

D. Individuals/Families

To Enter

1. Register at <http://votdo.com/campaigns/voices-that-care>

2. Record a video with a. A brief introduction: "We are [Names] from [Organization], and we are raising our voices against domestic violence..." and

b. A 30 - 60 second clip of an empowering song ("I Will Survive," "Lean on Me," "Stand by You")

3. Upload the video to YouTube and embedded with your profile

Once the video is approved, groups will be sent payment instruction. The email address wecarevideocontest@gmail.com has been set up for those needing technical assistance.

Registration and uploading closes on Oct. 29.

At the end of the registration period, all videos will go live at the same time and an email will be sent out to each contestant with a link to their specific video and instructions on how to share and vote.

Each vote raises \$1, so the more votes you receive, the more money you raise for these deserving non-profits.

Each entry will receive a free ticket to the Nov. 19 benefit concert featuring North Shore Acappella. Winners from each category will be recognized at the concert. More information about the concert is at www.tbinh.org/.

Registration for the sing-off is \$50, and payment instructions will be emailed after the video has been approved. Complete contest rules are listed on <http://votdo.com/campaigns/voices-that-care/>.

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Title Sponsor Joe and Pasena Maroun Family Foundation

Applications now available for Children's Auction funding

LACONIA — Applications are now open for the Greater Lakes Region Children's Auction. All nonprofit organizations that share in the Auction's mission of helping children and families are invited to apply for funding.

Each organization's funding request will be considered in four different categories: A, B, C, and D based on its need. Applications for needs that fit the Category A classification will be accepted until Nov. 15.

Applications for all other categories will be accepted until Dec. 15.

For more information, or to apply, log on to www.ChildrensAuction.com.

Tune in Dec. 6-10 on 104.9 the Hawk, 101.5 WZEI, MetroCast Channel 12, MetroCast LRPA Channel 25, or online at ChildrensAuction.com. The Auction will be broadcast live from the Contigiani's Conference and Event Center at Pheasant Ridge Golf Club in Gilford.

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COURTESY

Gilford resident shares rare petrified wood with students

Richard Sonia, a resident of Gilford, has donated a highly valuable piece of petrified wood to the Gilford High School science department. The piece is exceptional in size for a piece of petrified wood, and is estimated to be roughly 220 million years old (placing it somewhere in time between the Jurassic and Triassic periods, i.e. the Age of the Dinosaurs). GHS students have been fascinated by the petrified wood, which has sparked interest in both the geology and the chemistry involved with such a piece. At present, GHS students are working with radiometric dating which helps them to better understand the history of the Earth through determining the age of rocks.

Leadership class begins program year

GILFORD — Leadership Lakes Region recently began its 19th class of students with Orientation Day held at, and sponsored by, Gunstock Mountain Resort and Centerplate Foods of Gunstock.

The day began with introductions of the 26 class members, followed by a welcome from Gunstock GM, Greg Goddard. Don Morrissey, Leadership Board Chairman and Jennifer McLean, Program Coordinator, presented an overview of the class year ahead. Morrissey introduced a special guest of the day, Leadership Lakes graduate from its first class in 1998 and current board member, Dr. Leo Sanfacon.

Fortified by a great Continental breakfast by Centerplate, the class then embarked on their first task together; the Great Bicycle Build Off. Jeni Williams, a graduate from last year, planned an interesting ice-breaker exercise in which six groups of

classmates had to assemble a child's bicycle. Williams, a manager with Meredith Village Savings Bank (MVS), secured six brand new bicycles which had been donated for the occasion by her employer.

The class eagerly began assembling the bikes but only after one member of each team was blindfolded. The blindfolded team member then had to respond to verbal cues from teammates in assembling the bikes. Upon completion, Williams had another surprise for the new class. She had invited Nicole Lyons, also a Leadership Lakes graduate to attend. Lyons works for the New Hampshire Make-a-Wish Foundation. The newly assembled bikes were then donated to Make-a-Wish for some deserving children. This was one ice-breaking exercise that had a double successful ending; the class bonded over the fun exercise and six children will receive new



COURTESY

Lori Haney, T-Bones Manager, Tom Boucher, CEO/owner, Marius Rosioru, T-Bones Trainer and member for the new leadership class and Greg Goddard, GM of Gunstock Mountain Resort are shown at Orientation Day.

bikes compliments of MVS.

Following the ice-breaker, Lori Haney, a graduate of last year's class, introduced our featured speaker Tom Boucher, CEO and owner of Great NH Restaurants including T-Bones and Cactus Jack's. Boucher spoke to the class on the theme Leadership Through Articulating a Vision. Boucher explained his company's corporate philosophy which includes employee recognition programs, promoting from within the company

and eventual ownership shares for top level managers.

After a delicious lunch by Centerplate, the class moved outside for an afternoon of Gunstock adventures including the recently opened



COURTESY

Nicole Lyons, (left) NH Make-a-Wish and Jeni Williams, Meredith Village Savings Bank, pose with two of the bicycles donated by the Bank for a unique new class ice-breaker exercise and subsequently donated to Make-a-Wish.

Mountain Coaster ride and Ziplining. Late afternoon saw the new class joining numerous Leadership Lakes Region alumni for a social in the Powder Keg Lounge at Gunstock.

The Board of Leadership Lakes Region extends its thanks to Gunstock, Centerplate, MVS and Tom Boucher for their contributions to the success of Orientation Day for the Class of 2017.

LRCC to hold two-day QuickBooks workshop

LACONIA — QB Support Services, LLC Owner, Charlene Smith (Belmont), will be holding Two-Day QuickBooks Workshops in October and November at Lakes Region Community College, each workshop costs \$100.

A two-day Basic QuickBooks I workshop

will be held on Thursday, Oct. 22 and Thursday, Nov. 3 from 5 – 8 p.m.

A two-day Basic QuickBooks II workshop will be held Thursday, Nov. 10 and Thursday, Nov. 17 from 5 – 8 p.m.

Smith specializes in assisting small businesses, non-profits and

individuals keep track of finances and accounting using the QuickBooks database.

For more information, visit www.lrcc.edu/QuickBooks. To register, please call 366-5235, or to register online visit www.lrcc.edu, click on Workforce Development, Non-Credit Workshops.



COURTESY

Laconia High Interact Club meets the Turkey

The Laconia High School Interact Club recently joined the annual Salvation Army Turkey Plunge which takes place Oct. 29 at Opechee Beach in Laconia. The group, and their teacher/advisor Amanda Stefanik, posed for a photo with the Plunge's official mascot, Tommy Turkey. The Interact Club students challenged other area high schools to join the fun and take the plunge with them. Its fun and raises much needed funds for a very worthy cause; the community outreach programs of our local Salvation Army. Any high or middle schooler or school group or team interested in accepting the LHS Interact Club challenge should visit the Web site: <http://saTurkeyPlunge.org>.

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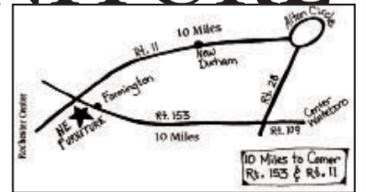
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Kids' dreams take flight at Laconia Airport

GILFORD — The Experimental Aircraft Association (EAA), the largest pilot organization in the World, has a free program designed to allow youth to fly at the controls of an airplane and realize their dreams of flight.

The EAA Young Eagles Program pairs youth ages eight to 17 with licensed pilots. The pilots are all volunteers who provide their FAA registered aircraft and flying expertise at no cost to the student. EAA's goal is to interest young people in aviation and the many careers available to them through aviation. This chance for youth to fly at no cost will take place at the Laconia Airport on Saturday, Oct. 22 from 9 a.m. to 1 p.m. The event is being spon-

sored by the Lakes Region Chapter 1516 of the EAA with several local pilots prepared to offer flights. Following each flight, the participants will receive a souvenir certificate documenting their accomplishment and proclaiming them to be an official "Young Eagle". Parents of youth interested in this unparalleled opportunity to fly should plan to pre-register between 9AM and Noon at the Laconia Airport terminal building. Just look for the EAA Chapter 1516 Young Eagle signs for your opportunity to lift off. Additional information about the Young Eagles Program and the EAA is available at the organization's Web site: www.eaa.org.



John Seeler, EAA Chapter 1516 President, is shown pre-flying and checking out his Piper Seneca which will be one of the aircraft used for the Young Eagles flight program. Seeler holds dual licenses from the FAA; one as a pilot and one as an Airframe and Powerplant (A&P) technician. Seeler is President of ATS Precision Manufacturing of New Hampton.

Streetcar Company brings "The Laramie Project" to the stage

LACONIA — The cast and crew of The Streetcar Company are hard at work on their upcoming presentation of Moisés Kaufman's "The Laramie Project."

This thought provoking piece, recalling the murder of Matthew Shepard, will be presented at The First United Methodist Church in Gilford. The show will be presented Nov. 3, 4, and 5 at 7:30 p.m.

After well attended auditions in August, director J. Alward has assembled a cast of veterans and newcomers that includes Carlos Cardona, Lynn Dadian, Meredith Imbimbo, David Bownes, Hillary Ayers, Mark Lambert, Frank Stetson, Emily Getchell Lacey, Peter Ayer, Rachael McCarthy, Tom Getchell Lacey, Aaron Witham, Riley Alward, Cody Hodgins, Deb Connors, Ryan Witham, Sandy McLaughlin, and Kelli Powers as the people of Laramie and the Tectonic theatre project.

Kaffee Chris Fernan-

- dez
- Jo Doreen Sheppard
 - Sam Scott Alward
 - Ross Hillary Ayers
 - Jessup Rick Kincaid
 - Kendrick Rodney Martell
 - Markinson Peter Ayer
 - Howard Eric Marsh
 - Whittaker David Bownes
 - Judge Doug Embree
 - Dr. Stone Johan Andersen
 - Orderly/Sarg Kylieh Farley
 - MP/ Hammaker Riley Alward
 - Lawyers Saphaedra Renee Meli
- Director Alward and producer Raelyn Cottrell are working with the production staff to fine tune the behind the scenes arrangements that help pull the show together. Some of those heading up the various positions include Aaron Witham designing the set, Peter Ayer, organizing props, and Frank Stetson creating the visual effects.
- We hope to see you at the show Nov. 3-5.

Are you ready to take the first step?

LACONIA — What is that first step that will lead us to decide between two choices? How can we take that first step towards a more harmonious relationship with friends or relatives? And, what is that connection with God the Bible tells us we have, that enables us to enjoy a better, more stable health?



Enrique Smeke

to Him for support we witness how God unfolds the path to the awaited solution.

It seems difficult to break through self-doubts and fears. Sometimes we can't see how to advance forward; we may feel stuck in the problem.

Come join us to hear answers to these questions by Enrique Smeke, C.S.B., a member of the Christian Science Board of lectureship, from Newburyport, Massachusetts. The purpose of this lecture is to show that there is great value in taking a first step towards a solution. When we find ourselves in difficult situations, God is there to support and guide us. And as we look

for more eddy, please contact the Christian Science church in Laconia at 524-7132.

LACONIA — Showcasing wonderful local products, and raising funds to support Lakes Region Community Services' family-focused mission throughout the area, this year's Uncorked event to be held Nov. 3 at Church Landing in Meredith, has become even more of a special occasion.

Chef Kevin Halligan, Owner and Executive Chef of Laconia Local Eatery, a strong supporter of the Lakes community, will prepare his original and delicious culinary creations at 5:30 and 6:30 p.m. 'Celebrity Chef' Ticket holders will enjoy a special cooking and tasting session, pairing fine foods with wines and spirits produced by Uncorked vendors. Seating is limited and a separate ticket is required.

"Local wines, beer, meads, ciders and spirits and 'farm to table' produce are always on the menu at the Local Eatery restaurant. As with Chef Halligan, a 2002 graduate of the New England Culinary Institute, and long-time Laconia resident, many Uncorked vendors support each other in their use of high quality, regionally sourced items. Together these businesses help sustain the economic vitality of the Lakes Region and state," commented Joanne Piper Lang, LRCS Development Director.

In its fourth year, this signature event introduces new vendors to join popular favorites. New to Uncorked are distilleries offering fine spirits - Tamworth, Tall Ship and Flag Hill. And Black Cove Beverages of Mer-



Chef Kevin Halligan of The Local Eatery prepares a course for a Wine Release Dinner hosted by Hermit Woods Winery of Meredith. Chef Halligan and Hermit Woods will both be participating at Lakes Region Uncorked on Nov. 3 at Church Landing to benefit Lakes Region Community Services.

edith will be debuting their Morecello, a blackberry liqueur. Also joining the 25 vendors this year, on the sweet side, are Ooo La La Creative Cakes and Hampshire Toffee. Uncorked guests will enjoy appetizers catered by The Common Man.

As this event has grown, so has the Uncorked silent auction.

"We are grateful for the support we have gotten from businesses near and far. Amazing and unique items and experiences have been donated this year including a luxurious seven-day cruise for two on Holland America Line; Disney World Park Hopper Passes; two Round-trip tickets on Southwest Airlines; golf foursome at Candia Woods; Boston Red Sox autographed ball; overnight at a Mill Falls hotel; restaurant and retail gift

certificates; lift tickets; private tasting tours; NE Patriots tickets and cord wood!," commented Shannon Robinson-Beland, owner of Wood & Clay Fine Homes of Gilford and volunteer member of the Uncorked Planning Committee. "The auction is a great place to start your holiday shopping," added Robinson-Beland.

Another popular Uncorked feature is the 'Wall of Wine' Raffle, where Uncorked guests pull a cork to get a bottle generously donated by

individuals, supporters and vendors. Many of the bottles on the Wall retail for much more than the raffle ticket donation.

Tickets are on sale now and can be purchased at www.uncorked16.eventbrite.com or by contacting LRCS at www.lrcs.org or uncorked@lrcs.org or call Joanne Piper Lang at 524-8811.

Lakes Region Community Services (LRCS) is a nonprofit, comprehensive family support agency with a primary focus of providing supports to individuals with developmental disabilities and/or acquired brain disorders and their families. A dynamic human services organization, LRCS offers other essential and critical services to individuals in our Greater Lakes Region communities from birth throughout their lifespan.

At the core of LRCS' work is inclusion, acceptance, and building strengths and partnerships - whether at the individual, family or community level. LRCS has offices in Laconia and Plymouth which combine to serve families residing throughout Belknap and Southern Grafton Counties. For more information, contact Joanne Piper Lang at 524-8811 or visit www.lrcs.org.

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with any questions regarding the submission process.

Belknap House landscape renewal moves ahead

LACONIA — Belknap Landscape Company recently spent two full days at Belknap House at 200 Court St., Laconia, removing overgrown shrubbery, grading, replenishing top soil, and installing drip line stone. These donated efforts prepared the property for the coming installation of an entrance stairway, new shrubbery, and lawn hydroseeding. During cold weather months, Belknap House will serve as a safe shelter for homeless families in Belknap County. The shelter will open in late December 2016.

Mike Collins, owner of Ready Equipment, donated specialty equipment for part of the landscape renewal work, while Buzz Holmes of Iron Wood Stump Grinding completed the stump grinding. After an irrigation supply line is installed, Bruce Tibbets of Liquid Lawn will contribute hydroseeding services.

Belknap Landscape Company is a fami-

ly owned landscape business established in 1988 by Hayden McLaughlin. The company has a distinguished history of expertise in the landscaping business. It supports the community by generously assisting organizations like the Kirkwood Gardens, New Beginnings, the United Way, the Boys and Girls Club, and the New Hampshire State Police Association.

McLaughlin commented “Belknap Landscape Company is pleased to be a part of the Belknap House project. We’re committed to our community and know that needs sometimes go unanswered. Management and staff are always willing to pitch in and make a positive impact where we live and work.”

In remarks following completion of this part of the renewal efforts, Alfred Columb, Belknap House Treasurer & Landscape Coordinator said, “We are extremely thankful and happy for the

excellent work that the Belknap Landscape crew did for us. It was a lot of effort to remove all of the old overgrown vegetation, sidewalks and steps no longer needed, and to prepare everything for new plantings. They did a beautiful job. Also deserving of our thanks are the businesses of Mike Collins and Buzz Holmes for their help in seeing that this project gets done. It really takes a supportive community to get a place like Belknap House up and running for the families and children who need it.”

Belknap House encourages and welcomes volunteers. To view the current list of volunteer opportunities, please visit www.facebook.com/belknaphouse/ Fundraisers and donations from generous area residents, businesses, and community and religious organizations support the shelter. To donate, please go to www.belknap-house.org.



COURTESY Alfred Columb, BH Treasurer & Landscape Coordinator; Hayden McLaughlin, owner, Belknap Landscape; Steve Osmer, Project Manager, Belknap Landscape; and Mark Smith, Construction Department Head, Belknap Landscape.



Opechee Beach is ready for Plunging

Salvation Army Captain Scott McNeil and his sidekick Tommy Turkey recently visited Opechee Beach and deemed it ready to go for the annual Turkey Plunge. Tommy gave the beach a personal “Plunger Up”, the turkey equivalent of a thumb’s up sign. The event takes place on Saturday, Oct. 29 at 11 a.m. with a luncheon open to plungers and the general public to follow in the Laconia Middle School. Come out and enjoy this fun-filled family event and stay for a delicious luncheon for only \$5. Numerous gift certificates will be drawn at the luncheon.



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YOU CAN LEARN A LOT from NEWSPAPERS

Gilbert family contributes \$10,000 to raise the roof over the Belknap Mill

LACONIA — The Belknap Mill Society gratefully acknowledges David and Dallas Gilbert, and Rene and Elizabeth Gilbert, who came together to make a generous \$10,000 contribution to the \$25,000 Karagianis Matching Gift Challenge. The Karagianis family presented the challenge in honor of Peter S. Karagianis, to support the Society's work to raise a new roof over the Belknap Mill.

Both David and his father, Rene, have enjoyed a long relationship with the Karagianis family. Their gift was inspired by their admiration and respect for Peter S. Karagianis. "Thank goodness the Mill was saved and wasn't destroyed during urban renewal," said Rene, attributing the out-

come to the commitment of Peter Karagianis and others, whose hard work preserved the Belknap Mill for future generations.

"Our history is about who we are as a community," added David. "Manufacturing has been the soul of Laconia for almost two centuries. It's what has made our community such a vibrant center of New Hampshire. This is not just about an old mill building. It's about everyone who worked at the mills. It's about who we are today. It's about all of us."

As the owners of a home construction business on Mill Street in Laconia during the 1960's and 1970's, the Gilberts were happy to learn that the Belknap Mill hired a local contractor



David and Rene Gilbert join Donna Harris, Vice President of the Belknap Mill Society, and Peter Karagianis at the entrance to the Belknap Mill. The Gilbert family's combined gift of \$10,000 is helping to fund a new roof for the Mill and will support painting of the clerestory windows and trim next spring.

COURTESY

to replace the roof over the Belknap Mill. Jim

French, of Jim French Home Improvements, oversaw the project.

"Keeping it local is very important," said David, commenting that he'd worked with Jim French on prior projects. "Jim did a great job for me, and I knew he would do a great job for the Belknap Mill."

"History comes alive here," said Rene of the Belknap Mill. "It doesn't take much imagination to see the Mill as it must have been in its heyday. Even now, after all these

years, it keeps on telling the story of our community."

Preserving the historic Belknap Mill is the work of the entire community. To make a donation to raise a new roof over the Mill, email development@belknapmill.org or call 524-8813.

The Belknap Mill Society is a 501(c)(3) nonprofit organization whose mission is to preserve the Belknap Mill as the Lakes Region's unique historic gathering place and the community's

center for award-winning cultural and educational programs. Built in 1823, the Belknap Mill is the oldest unaltered textile mill in the United States and is recognized on the National Register of Historic Places as a site worthy of preservation. The Society relies on the continued support of donors and its members. To learn more about the Belknap Mill Society, to make a general donation or to learn about becoming a member, visit www.belknapmill.org.



COURTESY

Three years and nearly 200 lunch boxes have helped Lakes Region children in need start their new school year since 2014. Lakes Region area businesses and volunteers "truly stepped up to the plate again," according to Sue Page, volunteer for the Children's Foundation of the St. Vincent DePaul Society (SVDP). With Sue are, left, Dawn Johnson of Laconia and far right, Gina Knott of Gilford, both contributors through Thirty-One Gives who spearheaded the Lunch Box Give Back campaign again this year. Other partners for the community effort included Giguere Electric, Lakes Region Truck Services, Napa Auto, Michelle Cole and Karen Goss. Nationwide, St. Vincent DePaul helped more than 14 million people with 11.6 million volunteer hours last year.

The Legacy continues!

Lakes Region Tourism Association celebrates 80 year milestone

A lot has happened since 1936! The Lakes Region family of tourism professionals has made the region a premier destination for travelers from all over the world. Those seeking a quintessential New England experience, find the astounding beauty of the New Hampshire's Lakes Region unsurpassed. The Lakes Region Tourism Association marks their 80th year by celebrating some of the most historic places and heartwarming stories found in the hospitality industry.

On Nov. 1, the non-profit association that was established in 1936 will hold their annual meeting. The celebration will honor the numerous family-owned businesses in the region, many of which have been in business for over 50 years! The Lakes Region Tourism Association was founded by visionaries who saw the need and had the foresight to establish tourism as the Lakes Region's "industry." This incredible destination has thrived ever since,

with beauty, nature, fun activities, great food and lodging and above all the reputation for providing a welcoming hospitality found nowhere else.

The organization is funded through membership dues, advertising dollars, state joint promotional program grants and fundraising. They are known for producing the annual "Where To in the Lakes Region" guidebook which started in 1936. Years later the LRTA also began producing the "Lakes Region Map and Guide," both are still produced today and distributed in state, out-of-state, and internationally. The very active association also maintains the regions premier destination website found online at LakesRegion.org.

The region, with the famous Lake Winnepesaukee as its foundation, has been drawing visitors for generations. Governor John Wentworth is credited with the Wolfeboro claim of being the oldest summer resort in America. In the 1800's, steamers would transport people to

Center Harbor and after the Civil War, the railroad brought people from Concord to Alton. Today, one of the most popular and iconic attractions is the M/S Mount Washington Cruise Ship which continues to delight to this day.

There are some 15 Lakes Region businesses that have been family owned and operated for more than 50 years!

Here is a quick look at these landmark operations.

Ames Farm Inn – The oldest family-owned and operated business is the Ames Farm Inn, located on the shores of Winnepesaukee in Gilford. The property was first purchased

SEE TOURISM PAGE A12

Indoor golf tournament to benefit the Children's Auction

GILFORD — How about playing a round of golf this fall, with the proceeds going to support the Greater Lakes Region Children's Auction?

Club Manager Dan Wilkins, along with Cheri Sweeney and Ann Wainwright of Laconia Country Club, are inviting area golfers to play at the Lakes Region's newest golf amenity, the Golf Club at Patrick's Place, with proceeds going to support children and families here in the Lakes Region.

Sweeney and Wainwright are the newest tea captains for the Laconia Country Club 19th Hold Pub Mania Team, and will be leading the way for their effort at Patrick's Pub Mania event on Dec. 8 & 9. One hundred percent of the donations to Pub Mania pass through to the Children's Auction.

"We're excited to be part of the Pub Mania event, and proud to represent Laconia Country Club," says Swee-

ney. "We're grateful for the Golf Club and Dan Wilkins to allow us to run this fundraiser at their facility."

"This facility is a really great place to play golf whenever the weather is not cooperating, which is quite often around here," said Wilkins. "Also, it is an ideal place for golf lessons and those serious about improving their game."

The Club will make available their facility through Dec. 7 for this fundraising effort; how-

ever, with only three simulator bays, availability will be limited.

"It's a great way for the local golfers to experience the club while supporting the Children's Auction," said Wilkins.

Rates for golfers for this fundraiser will be \$160 per foursome, playing the TPC Sawgrass course.

For more information, contact Club Manager Dan Wilkins at 387-2597 or visit www.TheGolfClubatPatrick'sPlace.com.

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TOURISM

(Continued from Page A11)

chased and operated as a working farm in 1777. In 1890, when the demand for tourism increased, James Noah Ames turned the property into a place for travelers to stay. The first visitors on the property pitched tents in the fields. Later the farmhouse was operated as an Inn, and the first cottage was built in 1954. People arrived by train and would then take a scenic cruise on the Governor Endicott Steamship. They provided entertainers, movies and dancing up until the 1960's in the beautiful old barn. Peter Ames and daughter Peggy just welcomed a family that has been staying with them since the 1930's...a fifth generation guest!

Purity Springs Resort – The Hoyt family of East Madison has been providing year-round family camp destinations since the 1800's. This 4th generation family-owned business operates an Inn, house rentals, lodging rooms, campground, restaurant and ski area. Originally named Purity

Spring Farms and Cottages, guests from around New England were attracted to the more than 1,000 natural acres of fields and forests which surrounded spring-fed Purity Lake. Over the years the family made land preservation a priority, opened a camp for boys, and in 1938 installed a rope tow near Bald Ledge to interest people in the new sport of snow skiing! In 1962 the first trails were cut for the King Pine Ski Area which now welcomes over 60,000 skiers each season.

Half Moon Cottages – In the 1930's, Robert Wagner constructed the Half Moon Tea Room, a restaurant, snack bar, bowling alley and cabins on Lakeside Avenue in Weirs Beach. The property has continued to grow throughout the years. Sidney Ames purchased the property in the 1950's and has been family-owned and operated for more than 50 years. Friendly service and reasonable rates have been enjoyed by guests for generations. A vintage menu

from the Half Moon Tea Room boasts a Lobster Dinner for just \$1.75! Those were the days!

Hart's Turkey Farm – Russ and Larry Hart and their wives established this unique brand in the late 1940's. They left New Jersey to begin farming in New Hampshire. Helen and Gerda helped their husbands grow vegetables and apples. In addition, the two couples sold chickens, eggs and turkeys from a delivery truck. In 1953, they raised turkeys exclusively and in 1954 opened a 12-seat restaurant specializing in turkey sandwiches and dinners. "Quality, service and home-style cooking" has always been the restaurant's motto and highest priority. Back in the day, guests remember coming down the hill on Route 3 into Meredith and hearing the turkeys gobbling behind the restaurant. Today, on a busy day, Hart's serves more than one ton of turkey, 40 gallons of gravy, 1,000 pounds of potatoes, 4,000 dinner rolls and more than 100 pies. The

third generation keeps the business growing with a restaurant that seats 500, a lobby gift shop as well as off-site catering services.

Clark's Trading Post – Florence and Ed Clark opened "Ed Clark's Eskimo Sled Dog Ranch" in 1928. It featured guided tours of their pure-bred Eskimo sled dogs and artifacts from the far North. The Trading Post offered souvenirs, tonic and maple candy to visitors. They purchased their first Black Bear in 1931. The bears were the perfect "stopper" gaining much attention of the curious passer-by. In 1949, their sons began teaching and training the bears for shows. The shows entertained and educated the audience with a healthy dose of wit, humor and hospitality. This fifth generation business has up to 20 family members still working at this unique attraction.

Maxfield Real Estate – Founded in 1954, the Maxfield family has provided real estate services for over 60 years. Chip Maxfield, President and co-owner and wife Tina Maxfield bring a lifetime of real estate experience to the region. Chip, the second generation to run the business fondly recalls joining his dad on property showings at the age of eight! The family has three offices which are located in Wolfeboro, Alton and Center Harbor.

NASWA Resort – Jim and Fannie Salta were exploring a rocky hillside near Weirs Beach and found a natural spring of clear water. The purchased the property in 1935 and founded the Natural Spring Water Company. They sold spring water and homemade baked beans cooked in an outdoor oven from their general store. Demand grew for lodging, so they added five one bedroom cabins. They raised their children at the NASWA and their daughter, Hope purchased the property with her husband Peter in the 1940's and added even more cabins. The colorful cottages that exist today were built by Peter in the 1950's. The resort features a large sandy beach, a beach bar called the NazBar and Grill, and an upscale restaurant called the Blue Bistro. Now, some four generations later, the children and grandchildren operate the resort with lakeside room, suites and cottages, boat dock and plenty of entertainment and activities for the entire family.

Santa's Village – Owned and operated by three generations of its founding family for 64 years, Santa's Village offers rides, shows, visits with Santa, crafts and fun for the entire family. Located in Jefferson, Santa's Village opened in 1953 and is a unique Christmas-themed amusement park featuring 23 rides and spectacular shows. Normand and Cecile Dubois were in the dry cleaning and clothing business on Main Street in Jefferson for more than a decade when they decided to open a Christmas-themed amusement park! Their vision continues to amaze visitors to this day and was recently noted as TripAdvisor's top 25 amusement parks in the nation.

Pow-Wow Lodges – Located on Mirror Lake, just outside the quaint and picturesque town of Wolfeboro, Pow-Wow Lodges provide cottages and motel suites offering guests a relaxing experience of nature along this pristine lake with mountain views. Charlie and Beverly Fairbanks purchased the property in 1963 and today, their daughters keep the dream alive by providing a place where families can build unforgettable memories.

Irwin Marine – What's a lakeside vacation without a full-service marina? Irwin Marine was established in 1919 by Jim Irwin Sr. Jim was a musician from South Boston who came to the Lakes Region of New Hampshire with his trumpet and his band to play for weddings, dance parties, dinners, clambakes and picnics. Jim would take the train to the Weirs to enjoy the excitement of the area. In 1921, Jim bought the old music hall which was his first business. One day, Jim said to his sons, "Boys, I know there's a really big fortune in boating and I have an idea." That idea was the inspiration to open the marina on the shores of Paugus Bay and the oldest Chris Craft dealer in the country for more than 66 years. The third generation Irwin family now operates the marina and features one of the largest boat company brands, Sea Ray.

Margate Resort – For more than 64 years, the Margate Resort has been family-owned and operated by the Antico/Parisi family. On the shores of Paugus Bay, the resort has a beautiful sandy beach and outdoor beach bar serving lunch or dinner. The facility also provides meeting and function facilities as well as breakfast, lunch and dinner served in their Blackstones Restaurant.

Abakee Cottages – Once a part of the Indian village known as Aqueoctan, Abakee Cottages are on the shores of Lake Winnepesaukee and offer an impressive view of the White Mountains, Mt. Chocorua, the Ossipee Range and Mt. Washington. Owner Denise Poirier is proud of the natural and secluded setting located at the end of a private road. The extensive shorefront and sandy bottom provide a protected beach for youngsters and keeps families com-

ing back year after year for their annual vacation getaways.

Fay's Marina – In 1944, Fay's Marina, a full service marina, was established in Gilford on Lake Winnepesaukee. Led by Merrill Fay, this third generation family business prides itself on its personal service, offering pre-owned boats, new boats, boat rentals, slips, storage and boat repairs and are top rated in power and sailboat brands and service.

Lamprey Real Estate – Robert Lamprey Jr. and his brother Stewart formed Lamprey & Lamprey in 1945. Today, Bob's daughter Mary is at the helm and the company remains one of the oldest independent agencies in the area. The first office was located right in the center of Moultonborough, on the site that is now home to the Moultonborough Historical Society Museum, which was the home that Bob and Stewart grew up in. Even with all of the "new" technology in the real estate industry, the benchmark of Lamprey Real Estate is still "good, old fashioned service". Their in-depth knowledge of the region has provided them with repeat customers and many referrals from friends and family who find that knowledge a valuable resource.

FunSpot – At the age of 21, Bob Lawton borrowed \$750 from his grandmother Mary Long, to start his own miniature golf course and arcade. The year was 1952 and the venture was called The Weirs Sports Center and was located on Lakeside Avenue. Bob and his two brothers formed a partnership and in 1964 moved to the current Route 3 location and named it "FunSpot." They continued to add new features, coin operated games, billiards, and a snack bar. In 1978, the video games took over. Over the years FunSpot continued to grow with more and more video games, a bowling center, and bingo hall. FunSpot is now the largest arcade in the world, according to Guinness World Records, with over 600 games of all types and 75,000 square feet of family entertainment. It is a family business and Bob, now in his 80's continues to work over 60 hours a week and opens FunSpot daily!

Amy Landers, Executive Director of the Lakes Region Tourism Association encourages other Lakes Region businesses and visitors to send their stories about this premier vacation destination. "We are using this 80 year milestone as an opportunity to thank and honor these great businesses and the families that keep them running," Landers comments. "We urge everyone to send in photos and stories so we can continue the legacy of hospitality that we as a group have built." Share your stories and photos at www.lakesregion.org/stories.

The Lakes Region Tourism Association is the official tourism board of the region, representing **SEE TOURISM PAGE A13**

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It's National Save for Retirement Week – So Take Action

Congress has dedicated the third week of October as National Save for Retirement Week. Clearly, the government feels the need to urge people to do a better job of preparing for retirement. Are you doing all you can?

Many of your peers aren't – or at least they think they aren't. In a recent survey conducted by Bankrate.com, respondents reported that "not saving for retirement early enough" was their biggest financial regret. Other evidence seems to show they have good cause for remorse: 52% of households 55 and older haven't saved anything for retirement, according to a report from the U.S. Government Accountability Office, although half of this group reported having a pension.

Obviously, you'll want to avoid having either financial regrets or major shortfalls in your retirement savings. And that means you may need to consider making moves such as these:

- **Take advantage of all your opportunities.** You may well have access to more than one tax-advantaged retirement plan. Your employer may offer a 401(k) or similar plan, and even if you participate in your employer's plan, you are probably still eligible to contribute to an IRA. You may not be able to afford to

"max out" on both plans, but try to contribute as much as you can afford. At the very least, put in enough to your employer's plan to earn a matching contribution, if one is offered, and boost your annual contributions every year in which your salary goes up.

- **Create an appropriate investment mix.** It's not enough just to invest regularly through your IRA, 401(k) or other retirement plan – you also need to invest wisely. You can fund your IRA with virtually any investments you choose, while your 401(k) or similar plan likely offers an array of investment accounts. So, between your IRA and 401(k), you can create portfolios that reflect your goals, risk tolerance and time horizon. It's especially important that your investment mix offers sufficient growth potential to help you make progress toward the retirement lifestyle you've envisioned.
- **Don't "raid" your retirement accounts early.** If you start withdrawing from your traditional IRA before you turn 59½, you may have to pay a 10% tax penalty in addition to normal income taxes due. (If you have a Roth IRA and start taking withdrawals before you are 59½, the

earnings will be taxed and may be subject to a 10% penalty – but contributions can be withdrawn without any tax and penalty consequences.) As for your 401(k) or similar plan, you may be able to take out a loan, but you'll have to pay yourself back to avoid any tax or penalty consequences. (Also, not all plans offer a loan option.) More importantly, any money you take out early is money that no longer has a chance to grow to help you meet your goals. Try to do everything you can, then, to keep your retirement plans intact until you actually do retire. One suggestion: Build an emergency fund containing three to six months' worth of living expenses, kept in a liquid, low-risk vehicle outside your IRA or 401(k).

National Save for Retirement Week reminds us that we all must act to help ourselves retire comfortably. By making the moves described above, you can do your part.

This article was written by Edward Jones for use by your local Edward Jones Financial Advisor.

This article was written by Edward Jones for use by your local Edward Jones Financial Advisor. For more information or to sign up for their monthly newsletter, contact **Jacqueline Taylor**, Financial Advisor, at **279-3161** or email Jacki@EdwardJones.com. Her office is located at 14 Main Street, Downtown Meredith. For more information, see <http://www.edwardjones.com/> or "like" her on Facebook www.facebook.com/EJAdvisorJacquelineTaylor.



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ROCKETS

(Continued from Page A1)



ERIN PLUMMER

Members of the Harlem Rockets lead a big dance at the end of the game against the Gilford and Meredith Police Departments.



ERIN PLUMMER

Kids had their chance against the Harlem Rockets during Saturday night's game.

game. Stevens said she liked how they got the crowd involved.

"The game was excellent, we had a great time playing against the police department," said Harlem Rockets' #43 player Jay Bryant. "It was just a phenomenal time. We look forward to doing it again."

He said the police departments made for some tough competition.



ERIN PLUMMER

The Gilford and Meredith Police Departments took on the Harlem Rockets during a game benefiting their police associations.

FIRE

(Continued from Page A1)

"virtually untouched." The cause was listed as "undetermined," but does not appear to be suspicious.

"We don't feel there was anything unusual with the fire," Carrier said.

He said they looked into the possibility that someone could have gotten into the structure or if it was vandalized, though there is no evidence of any of that.

Carrier said a neigh-

boring department had used that facility earlier in the day and said it appears the fire was related to that activity.

"It seems like it's an unfortunate accident," Carrier said.

Carrier said they have always told those who use that building they have to watch their fires.

"That wasn't the type of facility where you could let the room burn for five minutes and have somebody go in to

attack it," Carrier said.

Carrier said they have had issues where fire would lap out of the second floor windows and touch the eaves.

The insurance adjuster was scheduled to be at the scene the Tuesday after that meeting. A leadership meeting was scheduled that Thursday to discuss what should be done with the site for the future. He said he did not know if that facility could be re-created.

PUMPKIN

(Continued from Page A3)

auction for Holy Trinity School.

"All I know is how to dress out a room," Kildune said.

Matthew Gault created the pumpkin-shaped archway for the ball.

"As people park their cars and approach the building, the goal was kind of to have an amazing walkthrough," Matthew Gault said.

In the initial plan the 12-foot tall archway was going to be made from aluminum, but the decision was made to construct it from plywood panels back with pine boards. Matthew Gault said this is something that can be brought back every year. He also created a 10-foot tall, aluminum moon for photos.

His wife Heather Hilton-Gault painted all the structures.

Matthew Gault owns Aqua Greens, which creates aquatic driving ranges. This business led him to doing special events and corporate functions. He said doing this event was a natural process for him. He also created the ball's billboard on Route 106 in Belmont.

Some of the artists are also painting a series of large masks that will be put around the ball.

Makowski said they are doing what they can to help people.

"We're helping people figure out if they even have value," Makowski said. "Everybody is trying to do what they do to help their fellow human beings."

Makowski said she might not have a lot of money to give but can give her talents, which

she said is a common theme with many of these artists.

The Belknap House Pumpkin Masquerade Ball will take place on Friday, Oct. 21 at 6 p.m. in the St. Andre Bessette Parish Hall on Gilford Avenue in Laconia.

Semi-formal and formal attire is required for the ball and attendees are asked to wear masks.

DEFREGGER

(Continued from Page A1)

Defregger's main sport would be soccer. He played as a midfielder and Pinkham said he was both a great scorer and a great defender.

"It is unbelievably rare to find a player who is not only your most outstanding scorer, but your most outstanding defender," Pinkham said.

In his senior season he had 123 goals and 56 assists, which Pinkham said is the third in goals in the history of New Hampshire boys soccer.

The team won the state championship his senior year.

"That feeling of winning that championship my senior year is one of the top moments in my entire athletic career," Defregger said.

Defregger has received numerous awards and honors for his playing. Defregger played soccer across the country as well as in South America and Europe. He has also played in All New England and All American games.

Pinkham said Defregger was not only an excellent athlete but a dedicated student as well. He was a member of National Honor Society and was an honor roll student all four years among other achievements.



ERIN PLUMMER

Stefan Defregger speaks during his induction to the Gilford High School Athletic Hall of Fame.

Pinkham said the moment Defregger became a high school athlete, colleges and universities such as UNH and Notre Dame took an interest in him. Defregger ultimately chose to play at Dartmouth.

After his playing earned many accolades in college, he went professional and plays for the USL team the Wilmington Hammerheads.

Acquiliano and Pinkham handed him his award.

"I grew up going to these ceremonies almost every year," Defregger said. "Being up here now is almost pretty surreal. It's a great honor."

Defregger said playing in Gilford not only defined him as a person, it also helped him to become a good athlete and a great student.

He thanked his family for their support through his life. He said his mom

Cathy used to keep him grounded. He said he always looked up to his dad Herman, who would work all day and drive him to practice at night.

"I definitely wouldn't be where I am today without him," Defregger said.

He thanked all of his Gilford coaches and the school district in general, with special thanks to Pinkham.

"He always taught me that hard work equals winning," Defregger said.

Defregger said Pinkham taught him to "lose with class." He said even in college and the pros he has been complimented on being a good loser.

Defregger credits luck along with hard work to get where he is today.

"I carry everyone with me wherever I go," Defregger said. "I don't really play for myself, I play for the town of Gilford wherever I go."

TOURISM

(Continued from Page A12)

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The Rest of the Story

SECRET GARDEN

(Continued from Page A1)

designs. Senior Rachel William said designing the sets was the hardest part of this process.

This production poses some challenges for the tech crew. There are a lot of scenery changes; senior Mary Davis said in the prologue alone there are nine set changes.

Plus the scene changes do not take place during a blackout, or when the stage lights go out, and have to be done as discreetly as possible right in front of the audience. Davis said she has done around 10 shows and this is the first one she has ever worked on that didn't have scene changes during blackouts.

Piddington said to keep the transitions smooth the sets are being rigged with lines so they can be raised and lowered on and off the set.



ERIN PLUMMER

Mary Davis puts details on the set of "The Secret Garden."

"We use light to distract the audience from the area where we do the scene change," Piddington said.

The design process started the day after Labor Day and construction began Oct. 3.

Members of the crew said this has been a challenge, but it has been a fun challenge.

"It's such a neat mu-

sical in itself," William said.

Freshman Jack Brown said he is also enjoying the challenge of this production.

"I like it, it's really interesting especially with little to no blackouts," Brown said.

Piddington said they have a lot of veterans on the crew as well as a lot of new students.

Freshman Reise Jacques said she was encouraged to join by her friend Anthony. She said it has been a fun challenge and she enjoys doing the hands-on work.

"You get crafty, I like getting crafty," Jacques said.

Brown is doing tech for his first high school show after doing it at the middle school for three years. Brown said he has noticed quite a few differences between middle school and high school tech, especially how in the high school the crew members seem to enjoy themselves more in the process.

Members of the crew said this is like a family to them.

"It becomes your family," Davis said.

She said she find herself spending more time on the set than at home.

William and Davis said they meet many different types of people.

"When you work with the same people for so long they become like your family or they are your family," Brown said.

The tech crew is seeking new members. Piddington said they have a lot of seniors new people will be needed to take their places after the seniors graduate.

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Eagles dominate second half but can't convert in loss to Berlin

BY JEFF LAJOIE

jlajoie@salmonpress.com

GILFORD – The pace of play and possession game continue to improve for the Gilford High School girls' soccer team. But just a few days after the team's biggest win over Newport, the Golden Eagles were stymied in the offensive third last week. Visiting Berlin High School scored early and held on for dear life in the waning minutes, edging Gilford by a 1-0 margin in a Division III contest on Oct. 11.

"It's obviously a little frustrating to not be able to get a goal with all the pressure we put on them," admitted Gilford head coach Tom Raymond.

Gilford (2-10-2) held a decisive 16-5 edge in shots on the day, but the Mountaineers managed to score the game's lone goal in the seventh minute of action. Emily Theriault notched the tally, as a cross bounced over the head of goalkeeper Jaylin Tully, and Theriault steered it into the open net for a 1-0 lead.

Berlin nearly made



JEFF LAJOIE

Gilford's Julianna Coulstring stays between a Berlin defender and the ball in the first half of the host Eagles' 1-0 loss in Division III action on Oct. 11.



JEFF LAJOIE

Maddie Rector of Gilford recorded five shots in the Eagles' 1-0 loss to Berlin last week.



JEFF LAJOIE

Gilford's Taryn Breton traps a bouncing ball in front of a Berlin defender last week.

it 2-0 just six minutes later, but Tully, starting in place of an injured Hannah Perkins, came up with her best save of the day – a diving effort to keep it a one-goal deficit.

The Mountaineers (7-4-2) held the 1-0 lead into the second half, though the game shifted significantly towards their goal thanks to a hungry Gilford side that amped up the pressure. Maddie Rector, who had five shots in the loss, forced a big save just 2:30 into the second half, and thanks to offensive bursts from teammates Julianna Coulstring and Micaela Niskala, the Eagles had Berlin on its heels. "We've been trying to improve every day and working a lot on ball movement," said Raymond. "I think we've really improved in that department, and it showed in the game."

Niskala took a through pass from Taryn Breton with

15:10 left and nearly equalized, while Rector's shot just one minute later was also turned away at point blank range. Lauren Dean also had several chances, recording a team-high seven shots.

The best chance of the half came with just 1:30 remaining however. On a corner kick, a mad scramble in the box went off the foot of two Eagles, though Berlin cleared the line with bodies diving everywhere. The Mountaineers survived, despite a dominant final 20 minutes from a determined Gilford team.

"I can't be disappointed with the second half we played," Raymond explained. "We had the opportunities and chances, we just couldn't bury them. It's disappointing like I said, but we played very well in the second half."

The loss came after the team scored a season-high three goals in a 3-2 win over Newport

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COURTESY PHOTO

The Gilford volleyball team shows off its pink uniforms following a 3-1 win over visiting John Stark in the Eagles' annual Dig Pink Game on Friday night.



COURTESY PHOTO

The Gilford volleyball team, their coaching staff, family members and friends took part in the Making Strides for Breast Cancer Walkathon on Sunday at Opechee Park in Laconia. The Gilford volleyball team raised an impressive \$4,000.30 for the fundraiser.

Eagles slam Stark in annual Dig Pink Game

BY JEFF LAJOIE

jlajoie@salmonpress.com

GILFORD – With the NHIAA Division II tournament fast approaching, the Gilford High School volleyball team came together for a big win on Friday night against a team it could very well see again down the road.

The host Golden Eagles shook off a second set loss and blitzed visiting John Stark in their annual Dig Pink Game to support breast cancer awareness, 25-11, 18-25, 25-16, 25-7, to improve to 11-2 overall on the season entering the final week of regular season action.

The Gilford offense was particularly efficient on the night, putting down 30 kills out of 78 spike attempts. Senior Cynthia Gagnon led the way with a .474 hitting percentage and 10 kills to go with 10 digs, while classmate Stevie Orton

had a team-high 11 kills and 15 digs.

Sophomore setter Karly Sanborn totaled 24 assists and nine digs for Gilford, while Maggie McNeil (3 kills, 8 digs), Maddi Currier (4 kills, 6 digs) and Sydney Holland (8 digs) also chipped

in on the night.

The Eagles, which participated in the Making Strides for Breast Cancer Walk on Sunday, close out their regular season this week with matches against Portsmouth, St. Thomas Aquinas and Kennett. The

team sat in second place in the D-II standings entering this week behind undefeated Windham (13-0), which beat Gilford in the season-opening match. The squad raised an impressive \$4,000.30 for the fundraiser on Sunday.

Lakes Region Soccer Club looking to revive teams

WOLFEBORO — The Lakes Region Soccer Club celebrated its 20 years of life with a pre-Thanksgiving dinner and business meeting at the Wolfeboro Inn on Thursday, Oct. 13.

Several members of the original board of directors and coaches were in attendance with their spouses and partners to review the progress the club has made in its 20 years of existence and to make plans for the future.

It was determined that there is now significant interest in Wolfeboro and the surrounding area to revive the club by continuing to offer the very experienced coaching that had made the club a soccer force in the New Hampshire Soccer Association.

The Lakes Region Soccer Club was founded and guided in all of its activities by its president, Terence Stamp, a United States Soccer Federation licensed coach, who was able to recruit many volunteers in the Wolfeboro area. The club had many teams of boys and girls from ages 10 to under 19 who played on the field in the good weather and in the indoors of the many gyms of local schools and indoor facilities during the winter. The club also had four co-ed teams of adults with both men and women playing many enjoyable games, finalizing the competition for the annual Adult Cup.

The young ladies U19 team had previously

won the New Hampshire Open Cup four times and two state championships under the guidance of the club's executive vice president, Peter Clifford. The U19 boys, under the expert coaching of Matthew Locke, had won the New Hampshire Open Cup three times.

The meeting decided to try to revitalize the club's soccer activities in addition to continuing its scholarship program to graduating seniors to help them with their initial transition to college life and also to assist interested adults in gaining their initial coaching license.

An initial committee of three experienced club members volunteered to serve on this new committee. Their initial task was to review the many aspects of restarting the active playing of soccer for the many players who are interested in improving their skills and want to enjoy playing soccer with an emphasis on good sportsmanship.

These committee members are Clifford (455-6977), Robert Kelley (539-5017) and Peter Smith (569-4078). Any players who are interested in playing for the club and any adult who is interested in volunteering in any way, even if they want to revive their initial past accomplishments in playing soccer and would like to coach or referee, should call any member of the committee.



RC GREENWOOD

First win for Eagles

Gilford-Belmont tailback Joe Bonnell crosses the goal line for a touchdown on Saturday, as the Golden Eagles picked up their first victory of the season and first as a Division II program in a 40-0 rout of Pembroke Academy at the Meadows.

Salmon Sunday set for Nov. 13

TUFTONBORO — Bring the kids and explore the life cycle of landlocked salmon, fish prized by anglers on New Hampshire's big lakes, at the New Hampshire Fish and Game Department's annual "Salmon Sunday" event on Sunday, Nov. 13, from noon to 2 p.m. at Pope Dam in Melvin Village. Pope Dam is nine miles north of Wolfeboro on Route 109 in the town of Tuftonboro.

During the event, fisheries biologists will be busy harvesting, or "stripping," eggs and milt from adult salmon. Standing knee-deep in the cold water of the

Melvin River, scientists expertly relieve the colorful adult female salmon of their eggs by stroking their stomachs. Milt from the male fish is obtained in the same way, and mixed with the gold-colored eggs to fertilize them.

This activity is all part of the work the New Hampshire Fish and Game Department carries out each year, with support from the Federal Aid in Sport Fish Restoration Program, to maintain the landlocked salmon population in New Hampshire's big lakes.

Salmon used for the

stripping demonstration are netted from Lake Winnepesaukee during October and early November. They are returned to the lake after their eggs and milt have been collected. The fertilized eggs are taken to Powder Mill Hatchery in New Durham, where they will hatch in three to four months. The salmon are raised in the hatchery for about 18 months, then stocked into Lake Winnepesaukee and other New Hampshire lakes.

Fish and Game staff will be on hand to answer questions about salmon, the egg-stripping pro-

cess and the stocking program that ensures these beautiful fish continue to be available in the lakes for anglers to catch. Salmon Sunday is a "rain or shine" event. Dress warmly. If you have questions about Salmon Sunday, call 744-5470.

Learn more about fisheries management in New Hampshire, which is funded in part by the federal Sport Fish Registration Program (financed by your purchases of fishing equipment and motorboat fuel) at www.fishnh.com/fishing/fisheries-mgt.html.

GILFORD HIGH SCHOOL SPORTS SCHEDULE

<p>Thursday, October 20 GIRLS SOCCER Raymond at Gilford, 4 p.m.</p> <p>CROSS COUNTRY Gilford, Winnisquam, Inter-Lakes, Belmont at Merrimack Valley, Capital Area Championships, 4 p.m.</p> <p>Friday, October 21 FOOTBALL Gilford-Belmont at Merrimack Valley, 6 p.m.</p>	<p>BOYS SOCCER Gilford at Berlin, 3 p.m.</p> <p>VOLLEYBALL St. Thomas Aquinas at Gilford, 5:45 p.m.</p> <p>Saturday, October 22 FIELD HOCKEY Division III quarter-finals, 2 p.m.</p> <p>Tuesday, October 25 BOYS SOCCER Division III First Round, 3 p.m.</p>	<p>Wednesday, October 26 GIRLS SOCCER Division III preliminary, 3 p.m.</p> <p>FIELD HOCKEY Division III semifinals, 5 & 7 p.m., Bill Ball Stadium, Exeter</p> <p>Thursday, October 27 BOYS SOCCER Division III Second Round, 3 p.m.</p> <p>VOLLEYBALL Division II preliminary, 6 p.m.</p>
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Belknap Country Sportsmen's Association celebrating 85 years

Organization raising funds to purchase land where clubhouse is located

BELKNAP COUNTY — The Belknap County Sportsmen's Association (BCSA) is committed to providing opportunities for people, young and old, to experience the outdoors, to educate them in environmental and conservation programs, as well as the strict adherence to the Fish and Game laws of the state of New Hampshire. BCSA actively participates with other organizations in projects that ensure the continuation of New Hampshire wildlife for future generations. The organization is completely staffed by member volunteers.

BCSA history
Organized April 16, 1931 with more than 135 enthusiastic residents at the meeting. Elected were Victor Norton, President, Frank Pearson, Vice President, Ted Kirk, Secretary and Frank Bucklin, Treasurer.

Sled dog races
Laconia Sled Dog Races were started in 1929/1930. They were sponsored by the New England Sled Dog Club. The races ended in 1938 due to the threat of WWII. In 1956, BCSA sponsored the comeback of sled dog races to Laconia. In 1957, former members of Laconia Sled Dog Club formed the Lakes Region Sled Dog Club and have produced the race ever since.

Winnepesaukee summer fishing derby
The derby was started by BCSA in May of 1982 with the Lakes Region Chamber of Commerce as co-sponsors. This is an ongoing annual event drawing thousands to

the Lakes Region each year. It is now organized and run by the Meredith Rotary Club.

Archery program
In 2002, the group donated \$5,000 in support of the "National Archery In The Schools Program" to Gilford High School, Gilford Middle School, Laconia Christian Bible School and Belmont Middle School.

Current annual activities
BCSA runs two kids fishing derbies annually, a March ice fishing derby on Lily Pond and a June derby at the Gunstock Mountain Pond. These events are completely free to all children 16 and under. Each participant gets a gift and the top three winners receive special awards. Food and drinks are also provided free of charge.

Hunter safety course, spring and fall
A two and one half day course focused on how to hunt safely, responsibly and ethically. Emphasizing safe gun handling knowledge of firearms and ammunition, wildlife identification, conservation and wildlife management. More than 4,500 participants have been trained in the last 30+ years.

Becoming An Outdoors Woman (BOW)
This is a chance for women to learn outdoor skills such as learning how to survive in an outdoor emergency situation. Learn how to fly fish, tie flies, cook over an open fire and wildlife track identification. This program is taught by Fish and

Game. BCSA sponsors three women per year. **Barry Camp** BCSA sponsors 4-5 children per year to the Barry Conservation Camp outside Berlin. **Laconia Scholarship Fund** BCSA contributes \$2,000 each year to award scholarships to students who are furthering their education in the field of environmental sciences. More than \$30,000 has been contributed to date. **Sig Sauer course** BCSA contributes



COURTESY PHOTO

The Belknap County Sportsmen's Association clubhouse is located at the Laconia Airport.

\$100 for up to three women per year to take this gun safety course.

Spring clean-up of Gilford Beach
Gilford Beach is left open for ice fishermen and snowmobilers who use it for access to and from the lake. This is made possible because BCSA has made a commitment to the town of Gilford that the club will completely clean the beach of all debris left by the ice fishermen and snowmobilers in the spring.

Hiking program
In 2006, BCSA began sponsoring a program

where participants can earn a patch by hiking all 12 mountains in the Belknap Range. More than 600 patches have been earned to date.

501c3 recently formed. The association's 30-year lease with the Laconia Airport Authority ends in March 2017. The association owns the buildings but the land they sit on is owned by the Airport Authority. The BCSA needs to purchase the land from the airport and are currently in negotiations attempting to settle on a price. By setting up a 501c3

charitable, non-profit, the group can fund-raise and accept donations for the land purchase (which will be tax-deductible to the donor). The Belknap County Sportsmen's Association has actively supported the community for more than 85 years. It now needs the community's help to allow to continue the mission of outdoor education. Every donation large or small will be gratefully accepted. Donations can be made to: Belknap County Sportsmen's Charitable Fund, PO Box 214, Laconia, NH 03246.

SOCCER

(5-8). "That was a strong offensive effort for us but really, we need to

be more effective offensively," said Raymond, whose team ended its week with a 1-1 draw

against Laconia on Friday. Gilford's regular season schedule comes

(Continued from Page B1)

to a close this week, with games against Inter-Lakes (Oct. 18) and Raymond (Oct. 20).

PMHS seeking JV girls' hoop coach

ALTON — Prospect Mountain High School in Alton is looking for a girls' JV basketball coach for the upcoming winter season. Anyone

interested in the position can find more information or can apply on the school's web site at www.pmhschool.com.



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Peg Thurston 581-2823 & Robin Dionne 581-2867



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Welcome Autumn with these great listings from Coldwell Banker Residential Brokerage!!



Quality construction 3 BR 4 BA cape w/maple flrs. & cabinets. Master BR suite w/attchd 3 season room. 5.9 private acres. 2 car garage. \$329,000 #4602452 • Deanna St. Pierre



Year round 2 bedroom apartment over a 3 car garage with 20 feet of limited common area on Ossipee Lake and a boat slip! \$229,000 #4602837 • Sarah Kelley Ford



Sunrise Lake Waterfront 2 BR 1 BA wonderful year round retreat. 1st floor BR, soaking tub, gas burning stove. \$245,900 #4485664 • Susan Vail



GREAT VIEWS of Paugus Bay greet you as you enter off a new front porch into an updated kitchen w/granite countertops. Gas fireplace & oversized deck. \$189,900 #4601317 • Carol Cloutier



Custom built 3 BR 2 1/2 BA cape w/oak floors, marble FP, built-ins, 2 Master BRs, 5 zone heat, great storage. Lg. yard w/small brook. \$299,900 #4465777 • Pat Brewitt



Spacious 3 BR 2 BA contemporary in desirable Mountain Shadows neighborhood. Open kitchen with eat-in area leads to family room & 4 season sunroom. \$369,000 #4504706 • Candy Sharp

Visit All Lakes Region listings at www.ColdwellBankerHomes.com

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EMPLOY CLASSIFIED FIRST

AUG 2011



What did the day before Hurricane Irene look like? Any other day.

Prepare for tomorrow. Ready.gov/today



Encouraging news:

Central to this media campaign to eliminate underage drinking is the encouraging news that studies show parent disapproval is the **No. 1** reason children choose not to drink alcohol. Parents empowered can trump peer pressure.

The most effective parenting techniques are among the most simple, including:

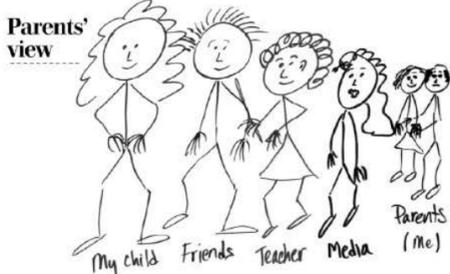
- Set clear rules about no underage drinking
- Know where your children are and whom they are with
- Know your children's friends
- Ensure your children's social environments are alcohol-free
- Have daily, positive communication and interaction with your children
- Eat dinner together

Research shows teens who regularly eat as a family (5-7 times per week) are **33 percent** less likely to use alcohol.

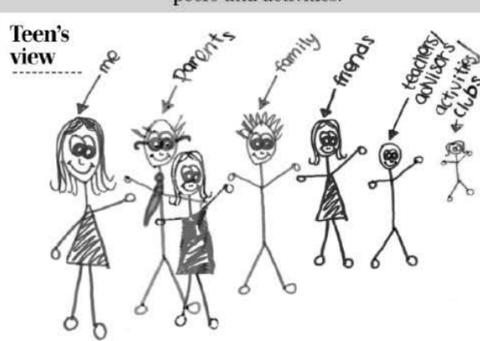


Most parents don't realize they are the No. 1 influence in their children's lives.

When parents were asked to draw the greatest influences on their teens, they placed themselves last.



When teens were asked to draw the major influences in their lives, they placed their parents first, before peers and activities.



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Registered Sleep Technologist

A Registered Sleep Technologist performs comprehensive polysomnographic testing and analysis, and associated interventions under the general supervision of the practice manager and clinical director (MD, PhD, DO) or designee.

Must have current RPST and or RST credentials, high school graduate or GED, Associate's degree in life science related field preferred. CPR certification is required. Basic knowledge of applicable physiology and pathology must be demonstrated. Judgment capabilities and interpretation skills concerning test performed must be developed in order to notify primary healthcare providers of documented abnormalities. Typing, office, and basic computer skills are necessary. Good judgment is required to deal appropriately with emergency medical situations. Must be able to work independently or with others and without direct supervision. Must be able to work third shift as assigned and maintain alertness and cognition. Must possess good interpersonal skills

Littleton Regional Healthcare offers generous benefits, competitive salaries and ample opportunity for professional growth and development.

Littleton Regional Healthcare

Human Resources Department
600 St. Johnsbury Road Littleton, NH 03561
Phone: (603) 444-9331 Fax: (603) 444-9087
Apply online at our website
www.lrhcares.org



RN, Endocrinology

Littleton Regional Healthcare has an exciting and challenging opportunity for a full time Registered Nurse to work in our Endocrinology practice.

The Registered Nurse (RN) is accountable for the coordination of nursing care, including direct patient care, patient/family education and transitions of care. The RN supports professional nursing practice across practice settings and across the continuum of care to meet the needs of the patient and family, which includes accountability for planning, implementing, evaluating and communicating all phases of nursing care for assigned patients.

Viable candidate must have a minimum of 1 year of recent clinical experience in acute patient care setting required. Previous IV placement and POC glycemic monitoring experience preferred. Minimum 2 years experience in endocrinology.

Littleton Regional Healthcare offers competitive compensation and a generous benefits package

Qualified candidates are invited to apply at our website: www.lrhcares.org

Littleton Regional Healthcare

Human Resources Department
600 St. Johnsbury Road, Littleton, NH 03561
Phone: 800-464-7731 or 603-444-9331
Fax: 603-444-9087

EOE



RADIOLOGIC TECHNOLOGIST PART TIME

Performs radiographic procedures at appropriate technical levels to assist in diagnosis of disease and injuries. Performs a variety of technical procedures that will require independent judgment, with ingenuity and initiative to apply prescribed ionizing radiation for diagnosis. Performs multiple tasks such as assisting patients in positioning for anatomical exposure, maintaining order and cleanliness of work area and performing routine clerical tasks and working independently. Computer literacy and PACS experience is required.

Must demonstrate excellent customer service skills, establish and maintain a good rapport and cooperative work relationship with all departmental staff, hospital staff, patients, families and hospital visitors. Qualified individual must be ARRT registered. Willing to learn CT and rotate call, including nights, weekends and holidays is a must. This is a part-time position (24 hrs./week) and benefit eligible.

If interested please apply Online

www.ucvh.org
Human Resources
Upper Connecticut Valley Hospital
181 Corliss Lane
Colebrook, NH 03576
603.388.4236
ucvh-hr@ucvh.org
EOE

TOWN OF NEW DURHAM – Town Hall Admin Clerk Position

This 12-20 hour per week, part-time, position with flexible scheduling is part of the Town Hall staff including Town Administrator, Finance, Human Resources, Town Clerk, Tax Collector and Land Use. Position requires strong knowledge of word-processing, spreadsheet and data tracking, standard office computer software and equipment, excellent filing and organizational skills, and the ability to multi-task in a multi-faceted office. Required minimum qualifications are five years of general office clerical or related experience or any equivalent combination of education, training and experience which demonstrates possession of the required knowledge, skills and ability. Preference is given to those with advanced degrees and municipal administrative experience.

Submit letter of interest, resume and standard town application form (go to www.newdurhamnh.us, click on Forms & Documents, and click on Job application) to the Town of New Durham, Attn: Scott D. Kinmond, Town Administrator, PO Box 207, New Durham, NH 03855 or skinmond@newdurhamnh.us. Position is open until filled. Must be able to adequately pass a background check.



Assistant Nurse Manager

Littleton Regional Healthcare is seeking a full time Assistant Nurse Manager to join our team.

Under direction of the Clinical Director of Inpatient Services and the Clinical Director of Critical Care, the Assistant Nurse Manager assumes leadership accountability and responsibility for the nursing care team operations while maintaining responsibility as defined in the RN job description.

Essential functions include:

- Staffing and scheduling personnel on all nursing units
- Participating in recruitment, selection, orientation and retention of personnel
- Providing support to staff and functions as a clinical resource, ensures that all shifts are covered, stepping in as needed to provide clinical support, coverage and appropriate staffing in conjunction with Clinical Directors, Clinical Supervisors and the Manager of the Day
- Participating in planning of capital and operational budgets
- Participating in performance appraisal of staff
- Facilitates educational needs of staff
- Participating in the event management process
- Facilitating patient and staff flow in all nursing units
- Participating in policy development and review
- Participating in continuous Quality Improvements
- Providing support to the Case Management Department as needed
- Rotating of administrative and clinical call responsibilities with other members of the Nursing Leadership Team, to include participation in Manager of the Day

This position has clinical responsibilities, including the ability and expectation of taking patient assignments as necessary in all Inpatient and Critical Care Nursing areas, at their level of expertise and provides patient care, subject to the Registered Nurse job description

Viable candidates must be currently licensed as a Registered Nurse in New Hampshire. Graduate from an accredited school of nursing. BSN or related degree required. MSN degree preferred. Three to five years of clinical experience required. Leadership experience preferred. Certification within clinical area(s) of responsibility is preferred. Membership in a professional organization is preferred. ACLS, PALS, NRP, TNCC preferred, required within one year.

Littleton Regional Healthcare, located in the White Mountains of New Hampshire is a desired vacation setting which offers year round recreation including hiking, fishing, golfing, skiing, and snowmobiling, has great schools, and is conveniently located between Boston and Montreal. It's a place to build a life and a future for yourself and your family.

Littleton Regional Healthcare offers competitive compensation and a generous benefits package

Qualified candidates are invited to apply at our website www.lrhcares.org

Littleton Regional Healthcare

Human Resources Department
600 St. Johnsbury Road, Littleton, NH 03561
Phone: 800-464-7731 or 603-444-9331
Fax: 603-444-9087

EOE



Machine Operators and Plating Technician openings

Nesco Resource a nationwide staffing service is currently partnering with Burndy LLC to hire over 20 people in their Lincoln facility.

Please contact Deb Allaire
toll free 1-603-417-3000

Burndy® and Nesco Resource are Equal Opportunity Employers-M/F/Veteran/Disability. All Qualified applicants will receive consideration for employment without regard to race, color, religion, sex, natural origin, disability, protected veteran status or any other protected class.

PROSPECT MOUNTAIN HIGH SCHOOL Alton, NH

Prospect Mountain High School is accepting applications for the following position:

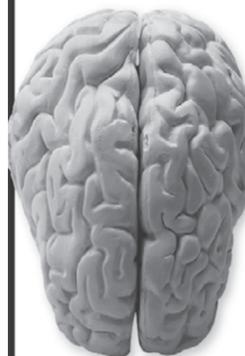
Substitute/Per Diem Custodians

Position will include variable night and weekend hours on an as needed basis. Interested applicants should contact Andy Callaghan, Facilities Supervisor, wage commensurate with experience. Extension 3031 or acallaghan@pmhschool.com

Prospect Mountain High School
242 Suncook Valley Road
Alton, NH 03809
(603) 875-3800

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Prospect Mountain High School is an equal opportunity employer

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FREE STATE INSPECTIONS FOR LIFE!

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Customer Cash Rebate -\$1000

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0% APR
FOR 66 MONTHS AVAILABLE*

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Buy For **\$227**/MO*
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LEASE

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†The Kia Soul and Sportage received the lowest number of problems per 100 vehicles among compact MPVs and Small SUVs in the J.D. Power 2016 Initial Quality Study, based on 80,157 total responses, evaluating 245 models, and measures the opinions of new 2016 vehicle owners after 90 days of ownership, surveyed in February-May 2016. Your experiences may vary. Visit jdpower.com.