



# Newfound Landing

THURSDAY, MARCH 29, 2018

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COMPLIMENTARY

## Minute to Win It event brings mothers and sons together in friendly competition

BY DONNA RHODES  
drhodes@salmonpress.news

BRISTOL — At the third annual Minute to Win It competition last Friday evening, boys and their moms had a chance to spend time working together as a team when they competed for this year's championship at Tapply-Thompson Community Center.

Team Fire Dragon, comprised of Alexandria residents Shevaun Cazeault and her seven-year-old Chase, said they heard about the event and decided to give it a try this year.

"We like to have a mother-son date night now and then and this just sounded like a lot of fun," said Shevaun.

Other mom and son teams from Bristol, Danbury, Hebron, Hill and New Hampton were also excited to be



Fourteen teams of mothers and sons enjoyed a fun night out when they took part in the third annual Minute to Win It competition at Tapply-Thompson Community Center in Bristol last Friday.

DONNA RHODES

part of the action.

"I always came to the Daddy-Daughter Dance when I was a little girl. Now this is something super fun for moms and their sons to do together," said Lindsay Hogan

of Danbury, who was partnered with her six-year-old son Liam.

The evening began with each mother-son pair creating a poster to represent their team before the action got underway.

After a brief warm-up exercise, the games began, each lasting for exactly one minute.

First up was a Cookie Face challenge where team members took turns working

an Oreo cookie from their forehead to their mouth without using their hands; a funny sight for all who watched, a bit tricky for those who were doing it.

The Elephant March was another fun competition where players placed a nylon stocking on their head that had a ball in the toe, causing it to droop down like an elephant's trunk. By swinging the "trunk" back and forth with their head, the boys had one minute to try to knock over two rows of water bottles.

"That was pretty easy, but it was pretty hard at the same time," said eight-year-old Ethan from New Hampton after he took his turn.

Next up was a Marshmallow Toss where team members had to throw marshmallows into a cup their partner gripped with their teeth.

After a quick break for cupcakes and cold

SEE MINUTE, PAGE A11



DONNA RHODES

Jason, Joe and Jeff Walker welcomed everyone to the Walker family's 15th season of producing maple syrup and other maple-based goods during the statewide Maple Weekend open house last Saturday and Sunday.

### Walker Farm welcomes visitors for Maple Weekend

BY DONNA RHODES  
drhodes@salmonpress.news

BRISTOL — During New Hampshire's annual Maple Weekend, the Walker Farm Sugar Shack in Bristol opened its doors for tours of their operations, wagon rides and sales of their many maple products.

Once again this year, there were not only jugs and decorative glass bottles of their syrup available, but maple breads, whoopee pies, maple mustard, maple cream, lollipops, maple cotton candy, fudge and much

more. New products this year were maple lip balms and even a maple body scrub, which sold out quickly.

The family said they are always on the lookout for new maple products and was pleased with how much everyone seemed to enjoy all

of their goods last weekend.

While the sugar shack is not open to the public on a regular basis, their products can be found in a few local stores and will be available at their farm stand on Walker Road in just a few months.

## Area residents blast school board for delaying discussion on budget controversy

BY THOMAS P. CALDWELL  
Contributing Writer

BRISTOL — Five weeks after Bristol resident Archie Auger questioned the legality of including capital improvement items in the school district's default budget, the Newfound Area School Board is delaying discussion on the complaint, further alienating taxpayers who say they feel they can no longer trust the board.

Selectmen from several member towns, as well as residents of the district, attended the last two school board meetings in hopes of getting the board to admit it was wrong in its interpretation of what costs can legitimately be included in the default budget, but

the matter was tabled on March 12 and not even included on the March 26 agenda.

School administrators say that Auger's amendment to add \$800,000 to last year's operating budget to allow the district to replace the high school roof was not a one-time expenditure, which would prevent its placement in the default budget. Instead, they said the roof repair was part of an ongoing maintenance plan, so funding for other items in the capital improvement plan can be included in the default budget each year going forward.

Auger argued that, because the School Board had not formally adopted its capital improve-

ment plan until after last year's annual meeting, voters never had a chance to decide whether to approve it, a necessary step for an item to go into the default budget. A former long-time school district employee, Auger said a roof replacement cannot be considered an ongoing expense.

If the school board had addressed the issue right away, it could have determined whether his argument was valid and, if necessary, corrected the default budget before the annual School District Meeting. Instead, School Board Chair Jeff Levesque of Groton delayed discussion until March 12, a day before the ballot vote and a date

SEE BUDGET, PAGE A11

### INDEX

Volume 5 • Number 13

Opinion.....A4

Obituaries.....A6

Towns.....A3

Churches.....A3, A5

Arts & Ent.....A6, A7

Sports.....A13 & A16

Classifieds.....A14-A15

16 pages in 1 section  
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## Local students get a lesson in respect from PSU's T.I.G.E.R.

BY DONNA RHODES  
drhodes@salmonpress.news

BRIDGEWATER — Students from Bridgewater-Hebron Village School and Danbury School gathered at BHVS for a special presentation from Plymouth State University's TIGER Educational Theatre troupe last week where the children had a lot of fun but learned some important life lessons, too.

Since 2002, TIGER has been touring not only the state but the nation and overseas as well to bring their messages of kindness and respect to school children.

During their 45-min-



DONNA RHODES

Tony (Jakob Stone), Isabelle (Megan Daniel), Gigi (Megan Reid), Ella (Meghan Bailey) and Rick (Dave Heard) of Plymouth State University's TIGER educational theater troupe, finished on a high note when they performed for the boys and girls of Bridgewater-Hebron Village School and Danbury Elementary School last week.

ute presentation, the characters "Tony," "Isabelle," "Gigi," "Ella," and "Rick" sang, danced, performed skits and

threw in a few catchy Rap songs, too, that had boys and girls paying close attention to all they had to say.

The acronym TIGER, they told the students, stands for "Trust," "I Accept," "Giving," "(no) Exclusion," and "Respect."

"Trust is big. Trust is truth. Trust is the best thing anyone can do," students heard as the program got underway.

One of the popular performances in the production was about building trust between friends. One way to accomplish that is to not talk about people behind their back nor spread rumors about them to others.

"The most important thing that I've got to say is, you should build trust each and every day," Tony declared in his toe-tapping rap tune.

A fun Star Wars-SEE TIGER, PAGE A11

# Snow days pose challenge for Newfound district

BY THOMAS P. CALDWELL  
Contributing Writer

BRISTOL — The Newfound Area School District has had nine no-school days due to winter snowstorms, just one behind the Shaker Regional School District, where there were 10 snow days, and the school year is likely to extend into late June.

cy Buckley asked the Newfound Area School Board to approve a plan to end school on June 22, rather than carrying it into the following week. By counting hours, rather than days, the district can shave a couple of days off the schedule and still meet the state requirements.

The option of counting hours is increasing-

ly appealing to school districts with winters such as this year's. The state requires 180 days of school, or 990 hours of instruction, for students in grades seven through 12. The requirement for grades one through six is 945 hours.

Superintendents often consult with one another before deciding whether to cancel a day of school, but the decision comes down to one of safety.

The New Hampshire Department of Safety, Division of Homeland Security and Emergency Management, provides a call-in service for superintendents, providing the latest weather information and answering questions about road conditions and travel. The

superintendents also speak with their bus companies and road agents to learn the local conditions. Sometimes a delayed opening will provide the extra time needed to make sure the roads are plowed and treated, but, often, they will learn that it's better to just call off school.

Doing so creates more of a problem than just extending the school year for students. Snow days also create problems for school employees. Contracts with salaried employees specify a number of workdays they must meet, and, while hourly support staff are not required to make up the time, it is in their interest to do so, since they receive no pay when school is

called off.

Buckley asked the school board to allow the district to make up the teachers' obligations by providing them with a copy of "The New Art and Science of Teaching" which they will have to read prior to returning to school in the fall. The book provides an overview of the changes in doing evaluations that will go into effect at the start of the 2018-19 academic year.

Buckley and Newfound Teachers Union President Deirdre Conway will come up with another book for teachers to read to make up for the last missed day — "something that will tie into our opening-day presentation and work to be tackled next year," Buckley

told the school board.

She also turned a scheduled early-release day into an all-day professional development day in which they were to focus on competencies and grading.

Teachers also will be required to attend the end-of-the-year barbecue sponsored by the school board on June 22.

To address the shortfall in income by the support staff, Buckley said she would work with the administration to find relevant training for them on the April 13 teacher workshop day, and she would determine interest in additional professional development days on June 25 and 26 for those who do not have to report to summer jobs at that time.

## Theme announced for Bristol's Fourth of July Parade

BRISTOL — It may be spring but the Bristol Events Committee is thinking summer! The theme for this year's Bristol Fourth of July Parade has been selected and we want everyone to have plenty of time to plan their entry.

"Celebrate Family" will be the theme and

we are confident that many families will want to participate either with a float or walking as a group. The parade is a great way to kick off the long weekend with family and friends and what better way to do it than be in the parade! Prizes will be awarded!

## Work begins on three bridges in Andover and Danbury

DANBURY/ANDOVER — The New Hampshire Department of Transportation (NHDOT) announces bridge repair work is beginning this week on three bridges in the towns of Andover and Danbury.

Two of the bridges are in Andover on NH Route

11. The third bridge is in Danbury on US Route 4. All three bridges will require alternating one-way traffic utilizing temporary traffic signals.

Evroks Corporation, of Winnisquam is the prime contractor of the \$1.56 million project, which has a final completion date of Oct. 19.

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## Applications open for NHEC Foundation scholarships

PLYMOUTH — Applications are now being accepted for seven scholarships to be awarded this year by the New Hampshire Electric Co-op (NHEC) Foundation.

The NHEC Foundation will award six \$1,500 scholarships in 2018 (one of which will be reserved for a student entering a vocational/technical institution) to support the education and resulting careers of

NHEC members and their children. Applicants must be at least a senior in high school at the time of applying and must either be a NHEC member or the child of a NHEC member. College and non-traditional students are eligible and welcome to apply. The deadline for applications is April 20.

The NHEC Foundation will also be awarding the Kathy Anderson Scholarship

to a deserving female adult learner who is working towards her undergraduate degree. This \$2,500 scholarship will be awarded to the applicant who best exemplifies the legacy of Kathy Anderson, the wife of former NHEC President/CEO Fred Anderson, who passed away in 2010. The deadline for applications is May 18.

For eligibility criteria and scholarship applications for both

programs, please visit the Community tab at [www.nhec.com](http://www.nhec.com), or call 536-8884.

NHEC is a member-owned electric distribution cooperative serving 84,000 homes and businesses in 115 New Hampshire communities. The NHEC Foundation, a non-profit 501(c)(3) organization, has awarded more than \$3 million to non-profits and charities in New Hampshire since 2006.

**KINDERGARTEN REGISTRATION FOR 2018-2019 SCHOOL YEAR**

The Newfound Area School District will hold its annual Kindergarten Connection for all children who will be entering kindergarten in August 2018 as follows:

- Tuesday, May 8 for children residing in **New Hampton (744-3221)**
- Wednesday, May 9 for children residing in **Danbury (768-3434)**
- Thursday, May 10 for children residing in **Bristol & Alexandria (744-2761)**
- Friday, May 11 for children residing in **Bridgewater/Groton/Hebron (744-6969)**

If you have a child who will be five years old on or before September 30, 2018, please call the school in the town you reside: Bristol Elementary School (744-2761), Bridgewater-Hebron Village School (744-6969), New Hampton Community School (744-3221) or the Danbury Elementary School (768-3434) as soon as possible. Appointment times and registration packets will be mailed to all parents with kindergarten eligible students.

**Note:** Children residing in Alexandria will attend either the Bristol Elementary School or the Bridgewater-Hebron Village School. Determination is made according to physical address. You may contact either school for more information.

## Tom Babcock joins realty firm

BRISTOL — Tom Babcock has joined the sales department of Old Mill Properties, REALTORS® it was announced by Lorna Platts, owner of the Real Estate brokerage office at 507 Lake St., Bristol.

Upon retiring from his management position at Raytheon, Mr. Babcock began his real estate career. Babcock has been a real estate agent in the Newfound Area for more than 16 years assisting buyers and sellers closing millions of dollars worth of transactions each year.

Originally from Chelmsford, Mass., Tom and his wife Mary "Betty" chose to make the area their primary home after retiring from Raytheon. The Newfound Area is a special place to Tom

and Betty. Her family owned a summer home on the lake for most of her life. Tom & Betty purchased their own vacation home at the lake to share their love of the area with their three children. They now reside in Bristol, and are active in the community.

Community and church activities have been an important part of Babcock's life. He has served on the Bristol Planning Board in the past. He is Grand Knight of the Knights of Columbus of Bristol Council 7073. In his spare time, Tom enjoys helping friends, volunteering and spending time with his family.

Babcock looks forward to assisting you with your real estate needs. Old Mill Properties has been in the same location on Route 3A across from the Bike Path Bridge in Bristol since 1979.

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WRINKLE IN TIME PG  
Thurs.: 3:45, 6:45 PM  
I CAN ONLY IMAGINE PG  
Fri.-Sat.: 1:15, 4:15, 7:15, 9:45 PM  
Sun.&Mon.: 1:15, 4:15, 7:15 PM  
Tues.-Thurs.: 4:15, 7:15 PM  
SHERLOCK GNOMES PG  
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# Towns

## Alexandria

Merry Ruggirello 744-5383  
sunshine\_eyes51@yahoo.com

It certainly has been nice to have warmer days! Snow is going down at a nice pace, and puddles are minimal, as is the mud. We shall see how that changes as warmer and more balmy days come along. Not complaining by any means.

### Town

Selectmen's Meeting Tuesday, April 3 at 6 p.m. in the Municipal Building.

The Town Clerk/Tax Collector's Office will be closed on Thursdays until further notice.

### Alexandria Volunteer Firefighters Association Rabies Clinic

Alexandria Volunteer Firefighters Association will be hosting a Rabies Clinic at the Alexandria Fire Station, 158 Washburn Rd., on Tuesday, April 10 from 6 to 7 p.m. \$10/pet. All cats & dogs over 3 months. Please have pets on leash or otherwise restrained. Benefit AVFD John Pyne Memorial Rabies Clinic.

### Alexandria UMC

Thursday, March 29 at 6:30 p.m. will be Passover/Seder Meal Experience at the church.

Friday, March 30, Good Friday Service at 7 p.m.

Sunday, April 1, Sunrise Service at Wellington Boat Launch at 6:15 a.m., with breakfast following at AUMC. Easter Worship 9 a.m.

Wednesday, April 4, NAC meets at 9 a.m. At the New Hampton Church.

Saturday, April 7, Community Dinner at 5 p.m. in the Vestry. On the menu is turkey pot pie, sliced turkey, squash, stuffing, gravy and an array of desserts. There may well be a surprise dish or dessert too, but they are always welcome!

Pastor Deb will be on vacation from Monday, April 2 through Monday, April 16. For any Pastoral Emergency, please contact our Lay Leader

Margaret Clayman at 744-9924 (home) or 254-7346 (cell);

Worship on April 8 will be lead by Servant Minister Martha Flanders and Lay Leader Margaret Clayman.

Worship on April 15 will be lead by our District Superintendent, Rev. Taesung Kang.

Think I will go outside for a bit so enjoy the sunshine and listen to the birds singing. Was off like a herd of turtles this morning for an appointment at Dartmouth. Thank you to my long distance drivers, Debbi, Anita and Becky, I sure do appreciate it! May you all have a blessed Holy Week and Easter, no matter how you worship! Be safe in your travels, kind to your neighbor, and give freely of smiles and hugs!

## Hebron

Bob Brooks 744-3597  
hebronnhnews@live.com

### Rabies Clinic!

The 27th Annual Hebron Fire Dept. Rescue Rabies Clinic will be held on Saturday, March 31 from 1-2 p.m. at the Hebron Public Safety Building. Dogs and cats from any town are welcome; \$12 each. There is also a Microchip procedure which includes paperwork registration and insertion for \$47. Licenses are available for Hebron residents at the clinic that day or during your Town Clerks' regular office hours. State law requires all dogs and cats to be vaccinated. Please call ahead with number of animals to be vaccinated: 744-5584 or 744-3371.

### Election and Town Meeting Results:

Paul Hazelton was elected Selectman  
Roger Larochele was elected Moderator  
Madeline McDougall was elected Treasurer  
Marion Weber was elected Trustee of the Trust Funds  
Judy Dodge was elected Supervisor of the Checklist  
Tracey Steenber-

gen was elected Town Clerk

Bill Powers was elected Library Trustee

Don Franklin was elected Auditor

### Town Meeting

All articles passed. Here is a quick summary:

2. Stoney Brook Road will be paved, 3. We will be getting a new Police Cruiser, 4. The usual appropriations were added to the Capital Reserve Funds, 5. The Gazebo Program will be continuing (hope to see you there!), 6. There will be a "hydrant" near the gazebo, 7. The Town will change to an 18 month accounting period, 8. Town Meeting will now be held in May, and 9. The Operating budget passed.

Supervisors of the Checklist in Session - Saturday, March 31 at 11 a.m.

The Supervisors of the Checklist will be in session downstairs in the Selectmen's Office Building on Saturday, March 31, from 11 to 11:30 a.m. This will be your last opportunity to register to vote, and/or make corrections to the Hebron Checklist prior to the Hebron/Bridgewater School District Elections on Tuesday, April 10.

### Supervisors of the Checklist

Barbara Brooks  
Judith Dodge  
Audrey Johnson

# Churches

## Ashland Community Church

Ashland Community Church is located at 55 Main St., on Route 3 in Ashland (across from Shurfine Market). Parking is available next to and behind the church.

### Sundays

9 a.m. — Early Worship Service, followed by coffee/fellowship in the church dining room.

9:25 a.m. — KidZone for K-grade six

Special Needs Ministry-high school-adults 11 a.m. — Contemporary Worship Service

11:15 a.m. — KidZone for K-grade 6

11:15 a.m. — Youth Sunday School

"Toddler Zone" is available at both services for infants to age five. Before the contemporary service, please join us for coffee and healthy snacks.

### KidZone

Debbie Madden leads the K-sixth grade class. Kids will love the great videos and games that teach someone age appropriate lessons in a loving atmosphere.

### Axyon Youth Ministry, for grades six through 12

Fridays from 6:30-8:30 p.m. at Mill #3 (39 Winter St.), just around the corner from the church. This youth ministry will be meeting every week, and is led by our youth and worship pastor, Aaron Stout, along with our

volunteer youth leader staff. This youth group ministry is open to youth not only from Ashland, but surrounding towns as well. Spread the word and bring your friends.

### Mondays

8 p.m. — Alcoholics Anonymous Group meets in the Church dining room.

It is our desire to help you understand God's incredible grace and love. If you have any questions, please call Pastor Ernie Madden at (office phone number) 968-9463. You can also e-mail him at accernie@hotmail.com or visit the church Web site, ashlandcommunitychurch.com.

We believe that you will love it at Ashland Community Church. We are a friendly, loving and caring church that studies and shares the word of our dear Lord and Savior. Our vision is to become a church that un-churched people will love to attend. Our mission is to lead people to live and love like Jesus, and to help others do the same.

Real church. Real people. Real simple.

We look forward to seeing you on Sunday. And remember, just come as you are! No perfect people allowed!

## Hebron Union Congregational Church

All are welcome to join in our worship services on Sundays at

10 a.m., followed by fellowship and coffee. Please come meet our Interim Minister, Rev. Earl Miller

During Holy Week we will have a Maundy Thursday Service. We will meet in the

Pastor's office at 7 p.m. and then proceed to Community Hall. The Pastor's office

entrance is located on the right side of the church if you are facing the front door.

Although we do not have a service planned on Good Friday, our sanctuary will be open from 10 a.m. - 4 p.m. for anyone who would like to come in to pray or worship.

Our church is located in the center of historic Hebron village at the intersections

of North Shore Road and West Shore Road. Our church secretary's office hours are

Tuesdays from 9:30-11:30 a.m. and Wednesday and Thursday afternoons from 1

p.m.-3 p.m. and our phone number is 744-5883. Our address is 16 Church Lane, PO

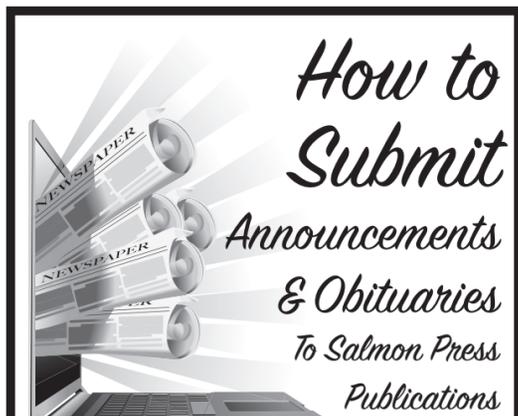
Box 67, Hebron, NH 03241. The secretary's email address is

staff@hebron-churchnh.org. To find out more about our church, please visit the church

website at www.hebronchurchnh.org. Rev. Miller is also available to meet with

parishioners and community members.

You can call him at 491-SEE CHURCHES, PAGE A5



**How to Submit Announcements & Obituaries To Salmon Press Publications**

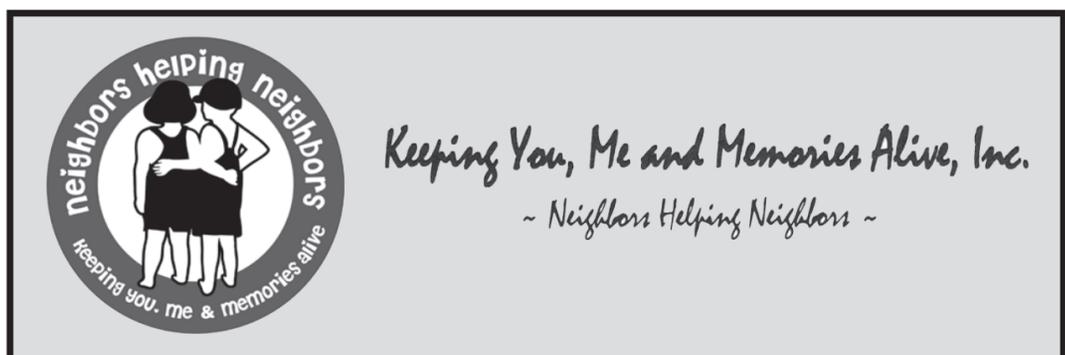
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Please contact Executive Editor  
Brendan Berube at (603) 279-4516, ext. 111  
with any questions regarding the submission process.



**Keeping You, Me and Memories Alive, Inc.**  
~ Neighbors Helping Neighbors ~

It is with much sadness that KYMMA announces that after nearly 20 years of serving our local community, it is no longer accepting referrals and/or donations. On March 22, 2018, KYMMA completed the steps necessary to dissolve its 501c3. This has been a painstaking decision for its Directors, but we find peace and take pride in knowing that through all these years we have been able to gift approximately \$250,000 by assisting hundreds of individuals and their families with the daily essentials of groceries, gas cards, heating fuel, medications, and so much more.

KYMMA sincerely thanks you, our sponsors, our event participants, our patients/recipients! Without your loyal support, Keeping You, Me & Memories Alive, Inc. would not have been so successful.

As our last farewell, we encourage you to continue with our motto of "Neighbors Helping Neighbors". It really can go a long way and means so much, to so may.

Thank you again,



Keeping You, Me & Memories Alive, Inc.

## The facts about juuling

BY DEB NARO  
Contributor

Vaping is the act of inhaling and exhaling the aerosol (often referred to as vapor), produced by an e-cigarette or similar device. It's become more popular among teens than regular cigarettes, especially given that vaping devices can be used for anything from flavors like mango, mint or tutti frutti, to flavorings containing nicotine or THC, the chemical compound in marijuana that produces the high.

Let's start at the beginning — what exactly is a Juul? Juuling is a dangerous form of vaping sweeping through high school hallways, bathrooms, locker rooms, libraries, and under desks across the country, as it can be hidden in plain sight. The Juul consists of a long, slim vaporizer and disposable "pods" of nicotine juice. The Juul can be physically broken down into two pieces: the shell and the pod. The shell is made of aluminum encasing a Lithium ion battery, a circuit board, and a pressure sensor. The other piece is the replaceable pod, which comes in many flavors, made of food-grade plastics, and contains a stainless-steel vapor path. This stainless-steel vapor path, combined with the battery, powers and heats the vapor, delivering a "smooth and consistent delivery" and "high quality vaping experience."

The pods come in flavors such as mango, creme brulee and cucumber, increasing their appeal to kids. And rather than smelling like an ashtray, Juul smells pleasant. And then there's the cool factor—the Juul device is sleek, available in an array of colors, and resembles a thumb drive that's easily concealed, so it's easy to see why they're popular with teens. It's a popular e-cigarette system that looks a lot

like a USB flash drive. Some call the Juul the "iPhone of Vapes" because of its sleek and minimalistic design. It charges on a laptop or other USB port. The device heats the nicotine juice to create vapor, which is inhaled by the user.

Each pod has about the same amount of nicotine as a pack of cigarettes, or 200 puffs. Specifically, the nicotine concentration can be more than double that of other vaping products. It gives users a strong, fast punch. Nicotine and tobacco are not only highly addictive, but even the smallest of doses can impair a person's health. And, even though you must be age 21 to purchase Juul products, teens are finding ways to get them.

Here's a breakdown of how exactly one puff of a juul streams nicotine into your body and what its effects are. In the brain, one puff of nicotine disrupts normal activity, causing chemical changes throughout the brain that rapidly lead to addiction. One of the most common effects of the juul, and why it is so attractive, is because users feel light-headed and it gives a "head rush". This head rush is just releasing adrenaline and increasing the oxygen flow to your brain. When nicotine enters the body, blood and oxygen are prevented from reaching their target cells easily and efficiently, stimulating a head rush. Your body becomes increasingly stressed trying to transfer the blood and oxygen to where it needs to go. This increased stress increases the risk of heart attack and stroke drastically. Even a little bit of nicotine in the blood stream redirects the path of the blood and oxygen, rapidly increasing risk of suffering from nicotine's negative side effects.

Is this ten-second  
SEE CADY, PAGE A12

## PET of the Week Jazmin



Lost and lonely in a foreign land describes Jazmin, a petite Labrador mix who will be 1yr old in July. She's been calling New Hampshire Humane Society home since December -and has been horribly overlooked by the adopting public for months. We hope and pray this young dog will not celebrate her first birthday in our shelter!

Jazmin was abandoned outside the gates of a rescue in Puerto Rico. Whomever dumped her did so, with no regard for her health and well-being. She was seen to literally staggering and



falling over in the dirt almost succumbing to dehydration. This little dog has weathered the

storms of human indifference and disregard for the basics - food, water, shelter, love.

We've provided all that and more, but who can blame her for not trusting people. Jazmin is by degrees shy then bold. Timid but so incredibly clever, she's learned many new tricks. She doesn't 'show well' in her kennel, but outside, she her special Obsidian gem qualities shine. Her pensive look and those mournful eyes truly speak volumes.

Please give this young dog a chance, she surely deserves it.

Ask to speak with our Adoption Team to learn more.

Call 524-3252 - check www.nhhumane.org

## Yield on watches and cell phones? What's next? A generator? TV?

### NORTH COUNTRY NOTEBOOK

By JOHN HARRIGAN



Coming soon to a camp near you, "The Cell Phone Dilemma." Sharp-eyed students of Camp Culture will recognize this as a sequel to the acclaimed horror film "The Watch Dilemma."

The common theme is just how far technology should be allowed to creep into camp. Camp, for the uninitiated or forgetful, is supposed to be, among many other things, a place to get away from it all, a different world. Yet many of us



COURTESY PHOTO

AN ANONYMOUS member of the camp's core group, showing no respect, sent me this image of a cell phone looming over (or under) camp. That's me hauling in the first piece of furniture back in 2004, a reading chair, it being a camp of musicians and readers.

can point to "camps" that have become, through techno-creep, houses. The only difference be-

tween home and camp is perhaps 120 miles of geography.

Our camp, built back

in 2004 in a remote, hike-in wilderness setting over a three-day weekend by volunteers from all over the continent, including two from Alaska, is about as far away from everything as anything can be. Staging at a base camp at a log landing at the end of the nearest road, work crews hiked a mile and a half up a ridge to the building site, put in a long, hard day's work, and trudged back downhill at day's end for food, drink, music, a bonfire and everything else that goes on when a bunch of outdoor-oriented souls get together for common cause.

SEE NOTEBOOK, PAGE A12

## Letters to the Editor

### Report from the House

To the Editor:

This is the 41st report on what your legislature is doing for (or to) you in Concord. We are operating on a "Special Order" because all bills have not been processed in the time allocated. The deadline (crossover) is this Thursday, the 22nd. Two more sessions are scheduled to address the remaining bills. This isn't as bad as Congress that adjusted the fiscal year from July to October to accommodate their inability to pass a budget but still can't get their job done.

Shakespeare wrote "Beware the ides of March" and this "ides" ..., well we did pass some good bills. HB 1443 advises a jury that they can acquit in a specific situation to serve justice even if contrary to the existing law. This reinforces our founders establishment of a jury of our peers to judge the law in order to have the final check on the judicial system. We passed another bill HB 1672 prohibiting the records of therapeutic cannabis patients from being given to Federal agencies. I agreed with this only because patient records should not be distributed to anyone without the patient's authorization.

House slipped an amendment into HB 2018, the 10 Year Highway Plan, authorizing \$4 million of your federal taxes to study rail for southern New Hampshire again. What a boondoggle. A massive expense for a few. This same amount of allotted study money, if applied to the expansion of our current bus fleets, would accomplish the job more efficiently. The majority of the legislators (not me) believe we can't pass-up "free" money. I didn't know there were so many legislators who pay no federal income tax.

The Family Medical Leave bill, HB 1405, would reduce the number of hours for certain school employees to be eligible. This is currently a School Board decision. The House voted to leave the authority with

the School Board. This does not affect anybody but school staff. There is another bill on Family Medical leave currently in the House for everybody else.

CACR 19, a Constitutional Amendment Resolution proposed allowing individual schools to make laws, like gun control, that supersedes State law. This is a bad idea, and did not garner the required two thirds vote.

The House Resolution, HCR 11, to ask the President to pardon Jerry DeLemus failed. Jerry, a patriot, was incarcerated by the Federal Government for supporting the constitutional rights of the Bundy families in Nevada. The indictments in the Bundy case were recently dismissed with prejudice. Still, Jerry remains behind bars.

HB 1686 passed and allows you to donate a portion of your Interest and Dividends tax to Education Scholarships. Businesses already can donate a portion of their taxes. The I&D tax is our dirty little secret income tax. I support this minor benefit. Somehow government schools claim they will lose money. How? The New Hampshire Constitution says we should "cherish" education. It doesn't say provide. Nor does it specify one size for all.

Please realize the bills I talked about above are only part of the way to becoming law. They still have to go through the Senate, possibly conference committees, and get signed by the Governor. We have sessions March 21 and 22 to clear the rest of our bills. Please contact me at 320-9524 or email at dave@sambornhall.net with any concerns.

Cheers!

Dave Testerman  
State Representative  
Franklin and Hill

## Newfound Landing

Proudly serving Alexandria, Bridgewater, Bristol, Danbury, Groton, Hebron, Hill, New Hampton and the surrounding communities.

ESTABLISHED SEPTEMBER 18<sup>TH</sup>, 2014

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## Churches

FROM PAGE A3

8738 or you can make an appointment by contacting the Church Secretary, Linda Kriss using the contact information in this paragraph.

### Holy Trinity (Roman Catholic)

**Holy Week Schedule:**  
 Good Friday: March 30 Solemn Morning Prayer 8 a.m. St. Matthew Church Stations of the Cross 3 p.m. St. Agnes Church Good Friday Services The Passion of Our Lord Jesus Christ 5 p.m. Our Lady of Grace Chapel 7 p.m. St. Matthew Church Easter Vigil, Saturday, March 31 Solemn Morning Prayer 9 a.m. St. Matthew Church Easter Vigil Mass 8 p.m. St. Matthew Church Easter Sunday 7:30 a.m. St. Matthew Church 9:30 a.m. Our Lady of Grace Chapel 11:30 a.m.

Support for Separated & Divorced Divorce and separation can be painful experiences. Support groups are available to those who are seeking healing, comfort, and empowerment. Visit [www.catholicnh.org/support](http://www.catholicnh.org/support) for a listing of groups. Do you know someone who is going through a separation or divorce? Please consider passing this information along to them.

Day Away Program needs volunteers. Day Away is a weekly senior day care program for those diagnosed with Alzheimer's disease or related dementia. When we volunteer, the participant's caregiver can "catch a breath" for several hours, 9:00am to 3:00pm every Thursday. For the participant it is good food, great challenges, nice games, and great company. The heart of a volunteer is not measured by size but by the depth of the commitment to make a difference. Each morning and afternoon we need nine volunteers and one R.N. Will you join us? Together we can make a person joke a little easier, chuckle a little lighter. - Sandra Coleman Sandra Coleman BSN, RN [sjrhatt@roadrunner.com](mailto:sjrhatt@roadrunner.com) Phone: 536-6304

### Lenten Stations of the Cross Fridays during Lent

Noon: St. Matthew Church, Plymouth  
 3:30 p.m. St. Agnes Church, Ashland,  
 6 p.m. Our Lady of Grace, Bristol

### Campus Ministry

Enjoy Spring Break this week! Whether you're staying on campus, going home, taking a vacation, or doing a service project, have a good time, and be safe.

Way of the Cross and Resurrection: Lynn Durham will offer a series of thought-provoking reflections has created for the Stations of the Cross on Tuesday, March 27, 7:30-8:30 p.m., at St. Matthew Church. Sponsored by PSU's Catholic Campus Ministry, we invite all parishioners to join us. And bring your journal - you'll want to capture your own insights throughout this journey!

### Weekly Meetings: Thursday, March 29

Day Away Program, Simard Hall, 9 a.m. - 3 p.m.  
 Men's Group, North American Martyrs Oratory, 10 a.m.  
 Boy Scouts, St. Matthew Hall, 6 p.m.  
 Friday, March 30  
 RCIA, St. Matthew Rectory, 6:30 p.m.

### Restoration Church, Plymouth (Assemblies of God)

Happy New Year and greetings from Restoration Church Plymouth located at 319 Highland Street, Plymouth, NH 03264. If you do not have a home church we invite you to come and join our warm and friendly family here at Restoration Church. Please feel free to contact us at [hello@restorationchurch.cc](mailto:hello@restorationchurch.cc). Our church phone number is still the same, 1-603-536-1966. Our schedule has changed to the following:

Sunday: 10:30 a.m. Morning Service  
 Monday: First and third Monday of the Month  
 Noon-2 p.m. Helping Hands Food Pantry  
 Friday: Second Friday of the month  
 6 p.m. Food, Fun,

### Fellowship

On Sunday, Nov. 5 we officially launched as Restoration Church Plymouth. More details about this service will be included in the next article. We also started a new series entitled, Stories. We will be continuing this series this week as well. We have our own worship team during our services in our auditorium and then we watch as a Pastor Nate Gagne preaches via video during our service.

### Our Mission Statement:

**Just One More!**  
 Everyone is welcome to all of our services. The church is handicapped accessible on the east entrance.

### Star King Unitarian Universalist Fellowship

Starr King Unitarian Universalist Fellowship, 101 Fairground Rd., Plymouth, is a multigenerational, welcoming congregation where different beliefs come together

in common covenant. We work together in our fellowship, our community, and our world to nurture justice, respect, and love.

### Sunday, April 1

Nursery and Religious Education - 9:30 a.m. - 10:30 a.m. - Contact: Jane Clay, DRE  
 Service 9:30 - 10:30 a.m. - Again, We Rise  
 Dr. Rev. Linda Barnes, Worship Leader  
 Sarah Dan Jones, Music Director

On this Easter morning, let's emerge into spring and rise up into what's next for us. Many religious traditions have rites of spring that offer hope, release, and renewal. Let's explore the fundamental human capacity to make ourselves new again.

### Visit our Web site

[www.starrkingfellowship.org](http://www.starrkingfellowship.org)  
 536-8908

Piano Dedication, Sunday April 15, 4:00 PM Join us for a celebration of gratitude. The service will feature congregational

singing, as well as piano and voice music by musicians who have contributed to Starr King's music ministry. Led by Director of Music, Sarah Dan Jones, other artists include Laura Belanger, Abigail Charbeneau, Will Gunn, Emily Jaworski, Betty Nicholson, and Liddy Marunowski.

"An Evening in Good Company" Join us for our annual Silent Auction and musical concert with composer Will Ogmundson Saturday, April 7 at 5:30 p.m. Auction items include fine items and great experiences.

The Conversation Project - Have you had the conversation? Ninety percent of people say that talking with their loved ones about end-of-life care is important, twenty-seven percent have actually done so. Pemi-Baker Community Health is offering The Conversation Project to encourage individuals and families to talk about their wishes for end of life care, put them in writing, and share

them with others. Join us on Sunday, April 22 at 11 a.m. to learn how to have the conversation.

The Tea Party is Coming! The Tea Party is Coming! Don't Be Late, Don't Be Late! Plans are underway for our annual tea party to be held on Sunday, April 29 from 4 - 6 p.m.

The Next Meeting of the Wise Women in Training is to be held on Wednesday, April 11 from 10:30 a.m. to noon.

What's Happening Around the Starr King UU?? The Activities Committee would love to see you at one or all of their events. Whether it's a hike through the woods, meeting for breakfast, or an evening out at the theater, it's just one more way to come together as a community and enjoy each other's company. Please take a look at the latest copy of our monthly newsletter, or visit the Events Page on our Web site: [www.starrkingfellowship.org](http://www.starrkingfellowship.org).

**PUBLIC NOTICE**  
 The Hebron Select Board will be holding a public hearing on Thursday, April 5, 2018 at 7:00 p.m. in the Select Board Office located at 7 School Street. The purpose of the hearing is to expend funds from the following Capital Reserve Funds:  
 Entitled "Communications" for the new copier in the Selectmen's Office  
 Entitled "Town Offices Expansion and Refurbishment" for renovations and the addition to the Hebron Academy Building Project  
 Entitled "Government Building Repair" for the furnace in the Town Clerk and Tax Collector Office Building  
 Hebron Select Board,  
 Patrick K. Moriarty, Chair  
 John W. Dunklee, Selectman  
 Paul Hazelton, Selectman

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 Hebron Select Board,  
 Patrick K. Moriarty, Chair  
 John W. Dunklee, Selectman  
 Paul Hazelton, Selectman

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**TOWN OF GROTON**  
**PUBLIC NOTICE**  
 The Select Board has scheduled a public hearing for Tuesday, April 3, 2018 at 7:00pm, regarding RSA 74:10, for the public to provide comments on one's liability to be taxed. This meeting will be held at the Town House at 754 North Groton Road.

**RARE COIN & CURRENCY SHOW**  
 Friday, Mar. 30 • 10 AM - 7 PM  
 Saturday, Mar. 31 • 9 AM - 6 PM  
 Radisson Hotel/Center of NH  
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 120 Tables and Over 80 Dealers from New England, NY, NJ, PA, MD, VA, NE, IN and WI  
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**NEWFOUND BABE RUTH FUNDRAISING BANQUET**  
**APRIL 14TH**  
**KATHLEEN'S COTTAGE**  
 COCKTAIL HOUR 5:00-6:00 (cash bar)  
 DINNER AT 6:00  
 MUSIC, PRIZES AND DANCING TILL 10:00  
**\$40.00 PER PERSON**  
 EACH PAID TICKET RECEIVES 2 COMPLIMENTARY RAFFLE TICKETS  
 CHILD CARE PROVIDED BY TEEN COUNCIL AT T.T.C.C  
 (1 CHILD PER EACH PAID EVENT TICKET, EACH ADDITIONAL CHILD \$ 10.00)  
**MANY PRIZES TO BE WON!!!!**  
 ADDITIONAL RAFFLE TICKETS WILL BE ON SALE  
 NIGHT OF THE BANQUET  
 \$2 ea, or 3 for \$5.00  
**PRIZES INCLUDE:**  

- KAYAK valued at \$ 249.99 (donated by Dick's Sporting Goods)
- 100 Gallons of heating oil est. value \$ 303.00 (donated by Dead River Co.)
- Full Auto Detailing valued at \$ 100.00 (donated by Cantera Auto Body)
- 4 Pack Fisher Cats Tickets & \$ 100.00 gift card to Piche's (donated by Fisher Cats & Piche's)

**PLEASE JOIN US IN THANKING ALL WHO HAVE MADE DONATIONS!**



## Lucy Cusson Lahey, 74

PLYMOUTH — Lucy Cusson Lahey, a lifelong resident of New Hampshire, passed away on March 6, 2018 in Plymouth after a strong fight against heart and lung complications.

Lucy was born on Aug. 9, 1943 to Clement and Doris Cusson in North Woodstock. Her family had a strong presence in the community. Her father worked for the Lincoln Papermill, and eventually built the Blue Jay Motel, now known as Inn 32. Lucy was very proud of her family's involvement in the community, as noted on the local US Post Office building that is dedicated to her parents. Lucy was also known for her love of birds, in particular the red cardinal. You could always find a picture or stuffed animal of a cardinal around her in the house and sometimes the real deal outside on the bird feeder. She also had an affinity for genealogy and loved researching the lineage of her family.

Many people knew Lucy as a local hairdresser. She worked out of her house, known as Lucy's Beauty Shoppe. Her children spent many hours spinning in cir-



cles on her salon chairs or jumping under a hair dryer chair even when their hair wasn't wet. She was later known as the "nice" lunch lady at Plymouth Regional High School, and very much loved helping out and talking with all the school kids.

Lucy is survived by her longtime companion, Gary Lane. Lucy and Gary met at a handheld CB Radio club, the Smartphone of choice in those days.

Lucy was better known as Mom, Mommy, or Mumma by her five children (John Lahey of Mount Vernon, Wash., Anthony Lewis-Lahey of Oxford, N.J., David Lahey of Newark, Del., Heather Lane Lymburner of New Windsor, N.Y. and Andrea Norton of Arizona). Lucy also has nine grandchildren (Joey, Danielle, Mason, AJ, Justin, Shannan, Samantha, Oliver and

Cadence) as well as three great grandchildren, Louisa-Kay, Gulianna and Joseph.

Mom will always be remembered by her family for her warm heart, selflessness, and being humble. She was very soft spoken but always quick to teach her kids right from wrong, good vs. bad.

Lucy was a very loving and gentle person who will be sorely missed. Her life was celebrated on Wednesday, March 21, 2018 from 5-8 p.m. at the Common Man Inn, Plymouth. In lieu of flowers, memorial gifts can be made in Lucy's name to the New Hampshire Humane Society, 1305 Meredith Center Rd., Laconia, NH 03246 or [www.nhhumane.org](http://www.nhhumane.org).

Arrangements are by Fournier-Hale Funeral Home, 144 Main St., North Woodstock, NH 03262.

Online guestbook at [www.fournier-hale.com](http://www.fournier-hale.com).

BRISTOL — Formerly from Waltham, Mass., Steven T. Ukraine, 61, died Tuesday, March 20, 2018 at home, surrounded by his loving family.

He was born in Waltham, Mass., the fourth of five children of Michael and Olga (Boyko) Ukraine. Steven graduated from Waltham High School and Wentworth Institute. He worked for many years as the head of maintenance at the Waltham YMCA before establishing his own business, Steve Ukraine Fine Carpentry and Painting. In 1997, he and Joanne relocated to Bristol. Steven was known throughout Massachusetts and New Hampshire for his skilled labor, unique and custom woodworking pieces and renovations.

Steven loved life with his faithful companion Lucky and Joanne by his side. He loved Newfoundland Lake, where his family summered for



years at Camp Wulamat. He looked forward to his yearly trip to his paradise island of Barbados. He spent his time boating, water skiing, canoeing and hiking. His favorite celebration was the fourth of July. He would always be prepared with an impressive display of fireworks for his family and friends. These gatherings were times everyone looked forward to. He sure will be missed by more people than he would have imagined. In the winter months, his passion was skiing, and he spent every moment he could at Loon or in Aspen with family on the mountains.

In addition to his wife, Joanne (Cameron) Ukraine of Bristol, he leaves his best buddy, "Lucky"; a brother, John (and wife Michele) Ukraine of Rockport, Mass.; three sisters, Susan (and husband Robert) Salembier of Doylestown, Pa., Vivian (and husband Edwin) Sweeney of New Canaan, Conn., and Diane Monagan of Middlebury, Conn.; eight nephews, one niece; and two grand nieces.

Memorial calling hours will be held Saturday, March 31, 2018 from 11 a.m. to 1 p.m. at the Emmons Funeral Home, 115 South Main St., Bristol. In lieu of flowers, donations may be made in Steven's memory to either the Norris Cotton Cancer Center, D-H/Geisel Office of Development, One Medical Center Drive, HB 707, Lebanon, NH 03756-0001 or the NH Humane Society, PO Box 572, Laconia, NH 03247.

## The Lakes Region Muffin & Scone Tour

### First stop: The Nutmeg Inn

*Editor's note: The following article is in a series of seven detailing several unique and beautiful bed & breakfasts located in the Lakes Region. These articles will lead up to the Lakes Region B&B Association's annual Muffin & Scone Tour on April 21 & 22.*



First established as a homestead by Eliphalet Rawlings in 1763 on one square mile of land granted to Rawlings by King George III, what is now the Nutmeg Inn is the oldest inn in the Lakes Region of New Hampshire, having been converted into a stagecoach inn and

tavern in 1802. The original building, constructed some time before 1768, is still intact, with original post and beam construction, wood paneling and floors and five fire places gracing the great room and two upstairs bed-

rooms. While it began life as a working farm, this historic estate has been variously a tavern, restaurant, dinner theater, international boarding school, Girl Scout camp and a way point for runaway slaves. Since its origins before the American revolution, the inn has been owned by twenty-six families; two former owners, Rawlings and Capt. William Davis

were signatories to a document in 1776 pledging to "hereby solemnly engage and promise that we will do the utmost of our power, at the risk of our lives and fortunes, with arms oppose the hostile proceedings of the British fleets and armies against the United American Colonies."

Today, the Nutmeg Inn is situated on seven and one-half acres adjacent to approximately 55 acres of conservation land. The current owners, Lynne and Mark, have made the Nutmeg Inn their home since 2013 and are proud and happy to share this special place with their guests. Guests can take advantage of many amenities at the inn including the large great room and fireplace, a TV/game

SEE NUTMEG INN, PAGE A12

**Full time landscape and mowing crew members**

Monday Thru Friday  
Experience not required.

Part time greenhouse and garden help also wanted.

We work the Newfound lake area  
**Call Mark @ 359-3622**

**PLYMOUTH ELEMENTARY SCHOOL**  
2018-2019 SCHOOL YEAR

**GRADE 6 TEACHER**

Must be certified and have strengths in English/Language Arts.

Please send letter of intent, resume, certification, transcripts and references to:

Julie Flynn, Principal  
Plymouth Elementary School  
43 Old Ward Bridge Road  
Plymouth, NH 03264  
[jflynn@pemibaker.org](mailto:jflynn@pemibaker.org)

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Office: (603) 279-4516 ext. 155  
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YOU HOLD THE KEY TO OUR CHILDREN'S FUTURE

Each year, thousands of schoolchildren are killed or injured by automobiles. Remember, you hold the key to their safety and future in your hands.  
Please drive carefully.

**PLYMOUTH ELEMENTARY SCHOOL**  
2018-2019 SCHOOL YEAR

**FULL-TIME ADMINISTRATIVE ASSISTANT**

Applicant should have skillful use of technology to manage budget, purchasing and student records. Must be a self-starter with the ability to work independently while multi-tasking to perform the usual office routines and practices associated with a busy, smoothly run school office. The Administrative Assistant must have strong, positive interpersonal relationship skills to engage with students, parents, community members and staff.

Please send letter of intent, resume, and references to:

Julie Flynn, Principal  
Plymouth Elementary School  
43 Old Ward Bridge Road  
Plymouth, NH 03264  
[jflynn@pemibaker.org](mailto:jflynn@pemibaker.org)

**Newfound Area School District**  
2018-2019  
Employment Opportunities

**Newfound Memorial Middle School**

- 6<sup>th</sup> Grade Math Teacher

**Bridgewater Hebron Village School**

- 4<sup>th</sup> Grade Teacher
- Pre-School/Special Education Teacher

**APPROPRIATE CERTIFICATION REQUIRED**

Applicants for all positions should submit a letter of interest, resume, supportive credentials, job application and three current written references to:

Stacy Buckley – Superintendent of School  
Newfound Area School District  
20 North Main Street  
Bristol, NH 03222

Application is available at:  
<http://www.sau4.org/human-resources/employment-information>



COURTESY  
The Flying Monkey Performance Center presents Carbon Leaf on Friday, April 20 at 7:30 p.m.

## Indie rockers Carbon Leaf celebrate silver anniversary in Plymouth

PLYMOUTH — The Flying Monkey Performance Center presents Carbon Leaf on Friday, April 20 at 7:30 p.m. Carbon Leaf is known by legions of loyal fans as DIY indie rockers with energetic live shows. Tickets for this show start at \$25.

Sitting amid stops in major cities up and down the east coast, Virginia-based alt-country indie rock band Carbon Leaf makes a stop at The Flying Monkey Performance Center in Plymouth on April 20.

The band celebrates their 25th anniversary

behind a new album and the polish, precision and maturity is palpable in the band's sound, which spans from rocky-pop to folky, Celtic-infused jams to twangy alt-country.

The group jumped onto the national scene in 2002, winning an American Music Awards in the "New Music," category performing its Irish-tinged song "The Boxer" to an audience of 80 million TV viewers as an unsigned band.

Over the years, the

SEE CARBON LEAF, PAGE A12

# Allman Brothers' next generation comes to the Flying Monkey

PLYMOUTH — The Flying Monkey Performance Center presents The Devon Allman Project featuring Duane Betts on Saturday, April 21 at 7:30 p.m. Devon is the son of Gregg Allman, and Duane of Dickey Betts. Tickets for this show start at \$29.

When you're a part of a musical dynasty, it's only natural that the personal and professional aspects of your life should intersect. It was no different for Devon Allman, whose late father Gregg Allman helped helm one of the most important and influential American bands of the past 50 years. It's also little wonder that the younger Allman, an accomplished singer, songwriter and guitarist in his own



The Flying Monkey Performance Center presents The Devon Allman Project featuring Duane Betts on Saturday, April 21 at 7:30 p.m.

right, should feel the tug of family responsibility and the desire to honor his father's fabled legacy.

In March, his new six-piece band, The Devon Allman Project, launched a world tour with special guest Duane

Betts, the son of Allman Brothers co-founder Dickey Betts. The two men have known each since they were kids in the '80s.

"We've had this enduring friendship ever since we were kids," Devon muses. "We've

always talked about going out on tour together, and now the time seems right. He'll start the show, then I'll do my portion and finally the two of us will share the stage for the encore."

It will, he says, be about comfort, remem-

brance and a special bond between musical brothers, sentiments that are especially meaningful at this particular time.

Tickets to see The Devon Allman Project

are \$29, and \$39 for premier seating. For more information on upcoming shows or to purchase tickets call the box office at 536-2551 or go online at [www.flyingmonkeynh.com](http://www.flyingmonkeynh.com).

## Living legends Hot Tuna set their sights on the Flying Monkey

PLYMOUTH — The Flying Monkey Performance Center presents an acoustic evening with Hot Tuna on Thursday, April 5. Jorma Kaukonen and Jack Casady are known as both successful solo artists and as founding members of Jefferson Airplane. Tickets for this concert start at \$45.

The name Hot Tuna invokes as many different moods and reactions as there are Hot Tuna fans — millions of them. To some, Hot Tuna is a reminder of some wild and happy times. To others, that name will forever be linked to their own discovery of the power and depth of American blues and roots music.

To more fans, Hot Tuna is a tight, masterful duo that is on the cutting edge of great music.

All of those things are correct, and more. For more than four decades, Hot Tuna has played, toured, and recorded some of the best and most memorable acoustic and electric music ever. And Hot Tuna is still going

strong — some would say stronger than ever.

In the mid-1960s, Kaukonen was invited to play in a rock 'n roll band that was forming in San Francisco; he knew just the guy to play bass and summoned his old friend from back east. The striking signature guitar and bass riffs in

SEE HOT TUNA, PAGE A12

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# Five reasons why summer camp is a good choice for kids

Summer vacation offers students a respite from lessons and the routine of school. Children might once have eagerly awaited those final days of classes so they could lounge poolside, skip rocks across ponds and spend the long days of the season playing with friends. But many of today's youngsters spend much of their summer vacations indoors playing with their digital devices.

Perhaps that's why one of the last vestiges of the classic summer vacation escape — summer camp — remains such a viable option for parents who want their children to get outdoors once the school year

ends. Although kids needn't be in camp all summer long, a week or two can benefit campers of all ages. The following are five reasons why summer camp might be the right fit this year.

1. Explore talents. Summer camps help young people explore their unique interests and talents. Under an organized, yet often easygoing, camp schedule, kids can dabble in sports, arts and crafts, leadership, community support, and so many other activities that may not be fully available to them elsewhere.

2. Physical activity: Lots of camps build their itineraries around



physical activities that takes place outdoors. Campers may spend their time swimming, running, hiking, playing sports, climbing, and so much more. This can be a welcome change for kids accustomed to living sedentary lifestyles. Regular physical activity has many health

benefits and can set a foundation for healthy habits as an adult.

3. Gain confidence. Day and sleepaway camps offer campers the opportunity to get comfortable in their own skin. Camps can foster activities in self-esteem by removing the academic measures of

success and fill in with noncompetitive opportunities to succeed. Campers learn independence, decision-making skills and the ability to thrive outside of the shadow of their parents, siblings or other students.

4. Try new things. Camp gives children

the chance to try new things, whether that's learning to cook, exploring new environments or embracing a new sport or leisure activity. Opening oneself up to new opportunities can build character and prove enlightening for children.

5. Make new friends. Camp is a great place to meet new people and make lifelong friends. Campers flood in from areas near and far. This provides kids with a chance to expand their social circles beyond their immediate neighborhoods and schools.

Camps benefit children in a variety of ways. Lessons learned in camp can strengthen values, build confidence, develop coping mechanisms when adversity strikes, and enable campers to make lifelong friends.



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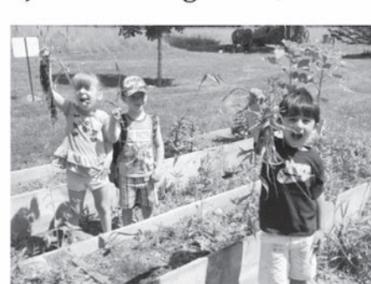
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# Get prepared for summer camp season

Summer camp season is just around the corner. Each summer, millions of children depart for campsites around the country to swim, hike, craft, and enjoy the companionship of friends.

Summer camps in North America were first established in the 1880s and were attended by children without their parents for overnight stays. By the 20th century, summer camps had become an international phenomenon,

and various organizations hosted traditional summer camps or camps geared toward religion, sports, music and other subjects and activities. According to the American Camp Association, each year more than 14 million children and adults in the United States attend camp. America is home to more than 14,000 day and resident camps (8,400 are overnight camps and 5,600 are day camps). Nonprofit groups are



the largest sponsors of summer camps.

Many people put off summer camp planning until it is too late. Parents should keep in mind that camps begin registration early in the year and have specific cut-off dates for enrollment. Parents

who want to beat the crowds this year can use this guide to help plan a summer camp agenda.

- Attend an orientation seminar. Take the time to visit prospective camps for a tour, and use this open house as an opportunity

to learn more about the programs offered. If available, find a camp employee to discuss your child's eligibility for enrollment. Some camps may offer webinars for convenience.

- Fill out the enrollment package completely. Each camp has its own requirements for registration. Expect to submit some personal information, including a medical background and proof of insurance, names and numbers of emergency contacts, and any other pertinent information as it applies to the camper. This may include allergies, fears, physical or mental disabilities, or even preferences in camp courses.

- Establish payment schedules. Summer camps vary in price. The ACA says camp costs range from \$100 to more than \$1,500 per week. However, many accredited camps offer some sort of financial assistance for children with limited financial means. If cost is a factor, be sure to broach the subject.

- Prepare children for the physical challenges a camp may present. Summer camp activities may be rigorous, and campers may need to be cleared by a physician before starting. Be sure to schedule your child a physical and bring along any pertinent forms. Children also can increase their levels of physical activity compared to the often sedentary nature of winter. Such preparation can prevent injuries when engaging in outdoor and physical activities.

- Shop for supplies. Camps are likely to provide a list of requirements with regard to clothing and other equipment campers will need. Make sure kids have enough shorts, T-shirts, socks, athletic shoes, swimsuits, toiletries, and other camp necessities before they leave.

- Keep children in the loop. Engage children in the planning process to help alleviate their fears and get them excited about summer camp.

Summer camp can foster lifelong memories. Parents can help kids prepare in advance for the fun that's soon to arrive.

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## Minute

FROM PAGE A1

drinks, the competition continued with the Runny Nose race. Moms placed one arm behind their back then yanked out tissues, one at a time, to see who could empty their box first. There were all-important points and a lot of high fives for the moms who finished quickly.

Shoe Fly Shoe paired the moms and sons up again as they unlaced their shoes the tried to kick them up and onto a table for more points before the final, and possibly most anticipated, game got underway.

As the boys laid down on a rolling dolly, clutching a small laundry basket upside down, moms grabbed their feet and rolled them around the gym floor. Each boy tried to capture as many balls as they could under the basket. They were then rolled back to deposit them inside a hula hoop in their corner before racing out to collect more. Each ball that was inside the hoop after one minute added points to their scores.

TTCC volunteers Gina Richford, Jesse Mitchell, Tammy Mettue and Dylan Peck performed the duties of score keeping, timing, and oversight for the games, and when all the scores were tabulated and the posters judged for creativity, it was the Hiking Guinea Pigs who climbed to the top of the leader board. They were followed by Team Skidoo in second place and the Blake Bombers in third.

Samantha Austin and her son Kelton of the Hiking Guinea Pigs from Hebron were pleased to have won but were also happy just to have been a part of the night.

"We love all the events here at the center," Samantha said.

Next up at TTCC will be the annual Easter Egg Hunt, scheduled for Saturday, March 31, at 1 p.m.



DONNA RHODES

As their sons tried to scoot a cookie from their forehead to their mouth, moms pulled out their cell phones to capture all the action during last week's Minute to Win It competition in Bristol.



DONNA RHODES

Ethan Peterson of New Hampton carefully swung a ball inside a stocking to try and knock over bottles of water in the Elephant March, one of several fun competitions moms and their sons enjoyed at Tapply-Thompson Community Center last Friday night.



DONNA RHODES

Eight-year-old Ryan of New Hampton celebrated when his mom had a great finish in the Runny Nose competition during the Minute to Win It game night at Tapply-Thompson Community Center.



DONNA RHODES

One of the more popular games at last week's mother/son Minute to Win It competition was Hungry Hippos where teams rolled across the floor and gathered balls for points in a quest for the championship.

## Tiger

FROM PAGE A1

based skit addressed ways to be a good friend, then two teachers were brought forward to hold up Yes or No signs each time the performers acted out examples of either good or bad behaviors.

Isabelle told the audience that being a good friend was also very important through her song she stressed that boys and girls should "make new friends but keep the old, for one is silver and the other is gold."

Gigi's message was for children to give of themselves whenever they see someone in need, while Ella asked that they never exclude someone purposefully.

"Remember how you felt when you were left out of something? There's always room for another friend," she said.

With some role play presentations, Ella showed that "telling" isn't "tattling" when they see someone being hurt, then Rick and Tony performed a humorous camping skit about respecting the feelings of others.

Through music and dance, the children were asked to be the problem solvers, not the ones creating a problem. If people would all do unto others as they would want done to them, everyone would



DONNA RHODES

Members of Plymouth State University's TIGER Educational Theatre troupe donned some chef hats to show students from Bridgewater-Hebron Village School and Danbury Elementary School how to whip up a Recipe for Acceptance.

learn to care, the TIGER group said.

The group also donned some floppy chef hats to whip up a "Recipe for Acceptance," then added ingredients such as a cup of kindness, some respect, and a touch of trust into a large soup pot. Finally, they whisked it all together until nothing was excluded from the finished product.

Following their last musical performance, the actors presented a poster that could be hung in the school to help students remember the meaning of "T.I.G.E.R." They also gave the school a tiger statue to place on display as a special thank you for inviting them.

BHVS Guidance Counselor Kathleen Connors said she always looks forward to TIGER's visit to the school. Their performances, she added, bring a visual, fun and novel way of reinforcing the message of friendship and respect. "School isn't just read-

ing, writing and science—these are skills for life," Connors said.

Plymouth General Dentistry was the co-sponsor of this year's visit from the TIGER troupe, which also paid a visit to the students of Bristol Elementary School and New Hampton Community School earlier in the day.

Dr. Joan Kirschner of PGD was pleased to be able to bring such an entertaining yet meaningful program to students in the Newfound Area School District and said, "Having sponsored several TIGER performances in the past, I was strongly moved by the support that the program has consistently received from local teachers and administrators. It is my sincere hope that other Granite State professionals and corporate leaders will invest in our state's future by helping to bring TIGER to their communities as well."

## Budget

FROM PAGE A1

Levesque already knew Auger would be out of town.

When residents showed up at the March 12 meeting demanding answers, Vincent Paul Migliore of Bridgewater tabled the question, saying he wanted to wait until Auger could be present to make his case. Because Auger planned to be out of town until the end of the month, the discussion was not placed on the March 26 agenda, legally preventing the board from taking it up.

Auger did come to the meeting, but he said he was not feeling well and agreed to wait until the board's April 9 meeting for the discussion.

That did not sit well with those who had come for the second time, only to be told there would be no discussion.

New Hampton resident Dana Torsey said the board's behavior was insulting, while Groton Selectman John Rescigno questioned the integrity of Superintendent Stacy Buckley, Business

Manager Michael Limani, and the entire school board for bypassing the voters on expenditures.

The administrators say the school district attorney had advised that they were correct in including \$712,300 in new capital projects in the default budget because it was for continuing maintenance on school buildings.

Those who believe the administration was wrong said it undermined their faith in those in charge, and would end up hurting the students. Voters on March 13 affirmed that sentiment, defeating the proposed budget and leaving the district to operate on a smaller default budget.

Prior to its next meeting, the school board consulted with its attorney in a special meeting.

On the 26th, Rescigno argued against delaying the discussion, saying the board was already familiar with Auger's arguments through emails with the administration. He said he would not be able to attend the April meeting, and others who were there also were be-

ing inconvenienced by another delay.

He also contended that it took more than two weeks for Buckley to respond to an email from him, and that Levesque had never responded.

Buckley sharply denied that claim, later prompting Rescigno to note that the board's policy of listening and not responding during the public comment periods appeared to be a rule that was only sometimes followed.

Several residents have vowed to take the school board to court if they do not relent, believing that a recent decision on a similar matter in Hillsborough County Superior Court supports their contention that no spending can be included in a default budget that has not first been put through a public hearing and a vote of the legislative body.

Bristol resident Paul Simard told the board that, if their logic were allowed to stand, they could get a new, \$30 million building simply by putting the project in the capital improvement plan.

Bristol Selectman Don Milbrand said he agreed with the board's previous decision to table the question until Auger could be present, but he took exception to Migliore's statement that people did not attend school board meetings unless there was a hot button issue.

He called that characterization "derogatory" and said, "We're going to come when there's something important on the agenda. You were elected to represent us. If nobody's here, it means you are being trusted. ... There is no trust right now. We're going to have to sit here and micro-manage things so you don't do things behind our backs again."

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## CADY

FROM PAGE A4

headrush worth the short- and long-term consequences of nicotine entering the body? Once the first hit is taken, brains automatically associate the sweet flavor as “good,” triggering pleasure centers to automatically equate juuling as good, fostering a lifetime addiction to tobacco and nicotine.

Teenage brains are still developing, so they’re uniquely vulnerable to addiction. Nicotine is very addic-

tive, and exposure to nicotine in adolescence has been shown to have long-term impacts on brain development. It may affect teens’ behavior, concentration, memory and their ability to learn. Also, a lot of teenagers have no idea what’s in their vape. In a study sponsored by the National Institute on Drug Abuse, when high schoolers were asked what they believed was in the last product they vaped, most said “just flavoring.” As for the Juul, some teens are filling the pods with other

substances, which is even more dangerous. E-cigarettes contain more than fun, fruity flavors, and when teenag-

ers use them, there may be lasting consequences.

If your teen is vaping, let them know that you do not approve, and

work with them to replace the unhealthy behavior with a positive one. If you or someone you know struggles with

addiction or substance use, call the NH State-wide Addiction Crisis Line at 1-844-711-4357.

## Nutmeg Inn

FROM PAGE A6

room, two dining areas, a billiard room with antique billiard table, and in the summer and fall months, a heated, salt water swimming pool, fire pit, two outdoor decks, and flower gardens.

Breakfast at the Nutmeg Inn is special, too, different every day with some unvarying staples: Mark’s fresh homemade sourdough bread, and Lynne’s homemade granola. In addition to homemade breads and granola, each breakfast consists of a fruit starter and either an egg or French toast entrée. In the winter, you might start with a warm fruit compote, baked, stuffed apples, or maple spiced poached pears followed by a Mexican frittata or baked French toast. In the summer, you will begin your day with fresh fruit soups, watermelon salad or peach/mango smoothies and blueber-

ry-cinnamon raisin strata with fresh blueberry sauce or “featherbed” eggs. We also make every effort to accommodate those guests with food allergies or special food needs. Children are welcome at the Nutmeg Inn: kids six years old and over in the main inn and those younger than six in either of two separate suites behind the main inn. Dogs are welcome, too, in our dog-friendly suites.

What is it like staying at the Nutmeg Inn? We have earned a five-star rating by TripAdvisor.com and Certificates of Excellence for each year since 2013. Our guests have said it all. Please visit the Nutmeg Inn for the Lakes Region Bed and Breakfast Association Muffin and Scone tour, April 21 and 22 from 1 to 5 p.m. or stay at the inn for both days for a special rate with tour tickets included. Check our Web site, [www.nutmeginn-nh.com](http://www.nutmeginn-nh.com), for further details.

## Notebook

FROM PAGE A4

“Our camp” is a misnomer. It’s actually my camp, since my name is on the deed, which is actually a deed to nothing, because the camp is on a site leased from the timber company that owns the land. A so-called “camp lease” is in reality nothing more than a pin-prick on the map. You own the camp, but the company owns everything else, including the land underneath it. It all makes perfect sense to me.

So as sole-owner and, by fiat, absolute ruler, even despot, I get to make the rules, set policy, issue edicts. Or at least I think I do. Time has a way of eating away at such things.

One of my very first edicts was “No watches in camp.” This had, to me, a noble ring to it. In camp, time would stand still. We could forget or not even care what time it was, eat when hungry, sleep when tired, do odd jobs or go fishing or just sit on the porch and read when the spirit moved. Ergo, the rule went, leave your watch in your truck. Miscreants would

be caught, their watches to hang on the accursed Watch Nail on the porch until it was time for those two most dreaded words of all, “Break Camp.”

As the presumed dictator over this fiasco called camp, now in its 10th year, I’ve got to admit partial failure, if there is such a thing, right there with “half dead” or “A little bit pregnant.” New visitors to camp tend to be awed and humbled in the face of the No Watch Edict, abandoning their watches and declaring their ineffable lightness of being as they caper up the trail, seemingly 10 pounds lighter.

Grizzled veterans of camp, however, are another matter. These would be members of the core group who’ve been part of the camp since its inception. In this case familiarity indeed breeds contempt. They have taken to flaunting their disdain for the No Watch Edict, hardly even trying to conceal their watches under cuffs as they flip bacon, turn a card, twist a wrist or wet a line. In the face of this blatant disregard I do what all good despots do, pretend not to notice.

Still, this dismays me. Why does anyone need a watch in camp? To check the bus schedule? To the question “When do we eat?” I’d lots rather answer “You still have time for the evening rise” than “Seven-thirty, and be prompt about it.”

Now, as cell towers are going up everywhere across the land, including, in the latest monster-themed horror show coming to a camp near you, even Pittsburg, New Hampshire’s northernmost town, which we in fact look down on, although not figuratively, the topic of debate is cell phones.

As things stand now, cell phone addicts can pick up faint signals from the upper log landing and even the camp porch. The silver lining in this dark cloud is that they’re from Lower Quebec, which means that the user must be willing to (a) speak a little French, if only as a courtesy, and (b) be ready to take out a second mortgage, such as the Canadian cell-phone rates.

Still, what passes for progress marches on, and just as all-night lights twinkle on hither

and yon, all across the land, stealing the dark in a thumb-suck, the day is going to come when someone at camp yells, in a voice reserved for sighting Bigfoot, “Hey! Guys! Look! I’ve got four bars.”

What then? My vote is that we should beat this person to a pulp and throw his cell phone as far out into the pond as possible. The other voting group in camp, the Care Bears group, wants to sit down and discuss it, eyelids fluttering, perhaps over cookies and milk.

“Let them bring their cell phones in, for emergency use only, and confiscate the batteries,” came one supposedly sage piece of advice. To which, battle-scarred veteran that I am, my reply was (a) who decides what constitutes an “emergency” (a Red Sox score?), and (b) who watches the batteries?

*This column runs in 13 weekly papers covering the northern two-thirds of New Hampshire and parts of Maine and Vermont. John Harrigan’s address: Box 39, Colebrook, NH 03576, or [campguyhooligan@gmail.com](mailto:campguyhooligan@gmail.com)*

## Carbon Leaf

FROM PAGE A6

quintet has shared the stage with such acts

as The Avett Brothers, Toad The Wet Sprocket, Dave Matthews Band, Jason Mraz and David Gray.

Tickets to see Carbon Leaf are \$25, and \$35 for premier seating. For more information on upcoming shows or to

purchase tickets call the box office at 536-2551 or go online at [www.flying-monkeyNH.com](http://www.flying-monkeyNH.com).

## Hot Tuna

FROM PAGE A7

the now-legendary songs by the Jefferson Airplane were the result.

The half-decade foray into 1960s San Francisco rock music was for Jack and Jorma an additional destination, not the final one. They continued to play their acoustic blues on the side, sometimes performing a mini-concert amid a Jefferson Airplane performance, sometimes finding a gig afterwards in some local club.

They were, as Casady says, “Scouting, always scouting, for places where we could play.”

The duo did not go un-



COURTESY

The Flying Monkey Performance Center presents an acoustic evening with Hot Tuna on Thursday, April 5.

noticed and soon there was a record contract and not long afterwards a tour. Thus began a career that would result in more than two-dozen albums, thousands of concerts around the world,

and continued popularity.

Hot Tuna has gone through changes, certainly, but the one constant has always been Jorma and Jack. Hot Tuna has never broken

up, never ceased to exist, nor have the two boyhood pals ever wavered in one of the most enduring friendships in music.

Two things have never changed: They still love playing as much as they did as kids in Washington, D.C. and there are still many, many exciting miles yet to travel on their musical odyssey.

Tickets for the Hot Tuna concert are \$45, and \$55 for premium seats. For tickets and more information on concerts and the Flying Monkey Performance Center, visit [www.flying-monkeynh.com](http://www.flying-monkeynh.com) or call 536-2551.

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## Edward Jones: Financial Focus

### Newer Investors: Don’t Panic if Bear Market Returns

If you’re in your twenties or thirties, you might be starting to focus more on investing to reach your financial goals. Because of this, you also may be more attuned to moves in the financial markets. Depending on your age, you may have only experienced the bull market of the past nine years, so you might not know what to expect – or how to respond – whenever the next bear market strikes.

Of course, just recently, you’ve witnessed a market correction – a drop of at least 10 percent in the major stock market indices,

such as the S&P 500. This sudden plunge made big news and reminded many investors of how volatile the financial markets can be.

But a full-fledged bear market usually isn’t identified until the markets are down 20 percent from their recent highs. Plus, bear markets, unlike corrections, tend to linger for a while.

The last “bear” emerged from hibernation in October 2007 and stayed on the prowl until early March 2009. During that time, the S&P 500 declined by about 50 percent. Clearly, invest-

ors were not happy – but the market recovered and moved to new heights. This long and strong run-up may have obliterated your bear market memories, if you ever had them at all. And that’s why you might want to familiarize yourself with some of the bare facts about bear markets:

**Bear markets may provide good buying opportunities.** When gas is expensive, you may just buy a few gallons at a time – but when the price falls, you’re probably more likely to fill up your tank. The same principle can

apply to investing – when stock prices are down, your investment dollars will buy more shares. And the more shares you own, the greater your ability to build wealth once the share price rises. In short, a bear market may provide you with a chance to buy quality investments at good prices.

**Bear markets don’t last forever.** No one can predict precisely how long bear markets will run, but they’ve typically been much shorter than bull markets. So, while you might not particularly like looking at your investment

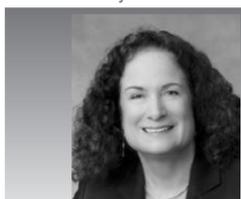
statement during a decline, you can take some comfort in knowing such downturns are a normal feature of the investment landscape.

**Bear markets don’t affect all investments equally.** If you only own U.S. stocks, your portfolio may well take a sizable hit during a bear market. But other types of investment vehicles may not be as directly affected – and some may even show positive results. Consequently, you could reduce the bear’s “bite” if you also own a variety of other investments, such as international

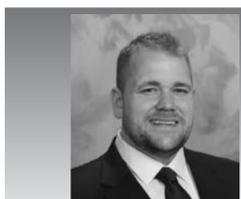
stocks, bonds, government securities, certificates of deposit (CDs) and so on. However, while owning this type of diversified portfolio can help reduce the impact of market volatility, it does not guarantee profits or protect against losses.

A bear market can be challenging. But by making the right moves, such as staying patient, looking for buying opportunities and maintaining a diversified portfolio, you may be able to prevent a market decline from becoming unbearable.

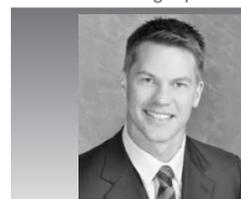
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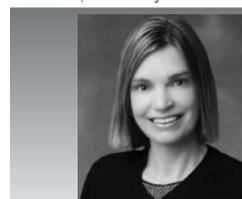
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# Newfound Landing Sports

A13  
Thursday, March 29, 2018



COURTESY PHOTOS

Young Xavier Corbin poses with US Ski Team member Marco Sullivan.



Xavier Corbin is making a name for himself on the NASTAR courses.

COURTESY PHOTO

## Young Ragged Mountain skier making tracks around country

BY JOSHUA SPAULDING

Sports Editor

DANBURY — Lots of kids get on skis at a young age and get out and enjoy the sport for the rest of their lives.

Six-year-old Xavier Corbin in many ways is a lot like other kids his age.

But his love of skiing and his ability have taken him around the country competing in NASTAR races at many different mountains.

Xavier is part of the Ragged Mountain Ski Team and is the grandson of Danbury resident Patty Derosier, who lives within sight of the mountain. Xavier, the son of Skylar Miller, attends Elm Street School in La-

conia when he is not out racing around the country.

Xavier skis giant slalom and recently returned from a trip to Park City, Utah, which was the sight of many of the Olympic events during the Salt Lake City Olympic Games. The youngster was there for 10 days and his grandmother reported that he skied for nine of those 10 days, including racing in the NASTAR races. He put up a time of 20.35 seconds.

Derosier, whose husband works as an instructor at Ragged Mountain, noted that they had Xavier on skis at 18 months old.

“He just took to it,” she said. “He was a total natural.”

“Just give him a mountain and he’s happy,” she added with a laugh.

In November, Xavier traveled to Copper Mountain in Colorado where he had the opportunity to serve as a forerunner.

His grandmother said that the officials were a bit curious as to how he would handle it, as he was the first person under the age of 20 to be invited to serve in that capacity, but he handled it quite well.

Of course, all the traveling can be an issue

when it comes to school, but Xavier has tutors that help him keep up with his work while he’s away. The teachers provide his family with the work he needs to complete while he’s at a race and the tutoring helps him complete the work.

Xavier was scheduled

to head out this week to the NASTAR national competition in Squaw Valley, Calif. as he continues to enjoy his life of downhill.

*Joshua Spaulding can be reached at 279-4516, ext. 155 or [josh@salmonpress.news](mailto:josh@salmonpress.news).*

## The best season of the year has arrived

### SPORTING CHANCE



BY JOSHUA SPAULDING

Spring brings around my favorite season of the year, baseball season.

I love baseball. It has always been my favorite sport and it continues to this day to be the sport I enjoy the most.

I played baseball as a kid in Pelham in the Little League system and when I moved up north, I played at Groveton High School, first on the junior high team in eighth grade and then to the varsity team for four years after that.

I didn’t play much as a freshman, as one would expect from a guy who was about four feet tall and weighed about 90 pounds and had limited athletic ability (my brother got the athletic genes in our family). But I was part of the team and worked hard in practice to be better.

My sophomore year, we lost a lot of players and there were openings on the team for me to start and I played a lot that year, mostly in the outfield.

My junior year, I actually played a little less since we had an influx of younger players who earned spots over me, since they were better players. I did see some time on the field, again mostly in the outfield, though I had some time in the infield as well.

My senior year I saw the most time. I played second base pretty much the entire season and we had our best season as a team in the four years I was there. We won our first playoff game and advanced to the quarterfinals, which at the time were held at Plymouth State. The quarterfinal game was held the day after my high school graduation and we were playing our rival from just up the road, Colebrook. It probably would’ve made much more sense for us to both travel 10 miles to Stratford and play on a neutral site, but that’s not the way things work. It’s good to know that some things never change, as those neutral site matchups between neighboring teams played 100 miles away from both schools, are still a thing.

I remember that playoff game vividly. We were locked in an extra-inning battle with the Mohawks and they managed to squeak a run across to take the lead in extra innings. We were the “home team,” so we had our chance. The Colebrook

lefty on the hill had shut down the lineup for the few innings he’d been in the game and the first two batters ahead of me had no luck. I stepped in and I fouled off what seemed like 25 pitches (it was likely more like eight to 10). I stayed alive, only to ground to second base, ending our season (and my baseball career).

That disappointing ending to my baseball career aside, I’ve always loved the sport and when baseball is around the corner, I get excited.

I try not to get too excited before the season begins, but once the regular season is on, I listen or watch every single game.

Over the last five years or so, I’ve also been fortunate enough to travel with the Kingswood baseball team to

Florida to enjoy some high school baseball before it’s possible to get the season going in our neck of the woods. As this comes out, I’ll be on a plane heading to Vero Beach for another fun baseball experience.

Let the baseball begin.

Finally, have a great day Terri and Bubba Noyes.

*Joshua Spaulding is the Sports Editor for the Granite State News, Carroll County Independent, Meredith News, Gilford Steamer, Winnisquam Echo, Plymouth Record-Enterprise, Littleton Courier, Newfound Landing, Coos County Democrat, Berlin Reporter and The Baysider. He can be reached at [josh@salmonpress.news](mailto:josh@salmonpress.news) at 279-4516, or PO Box 729, Meredith, NH 03253.*

## Newfound Babe Ruth fundraiser April 14

BRISTOL — A fundraising banquet to benefit Newfound Babe Ruth will be held at Kathleen’s Cottage at 90 Lake St. in Bristol on Saturday, April 14. The proceeds from this event will benefit the Kelley Park Improvement Fund for the new scoreboards and future improvements.

Area residents are advised to enjoy a fun-filled night of music, food, drinks and raffle prizes that include 100

gallons of heating oil from Dead River, a kayak from Dick’s Sporting Goods, Fisher Cats tickets and more.

The ticket price includes full dinner and dessert, two raffle tickets, entertainment and free childcare provided by the Tapply-Thompson Teen Council.

Tickets can be purchased at the Tapply-Thompson Community Center office or online at [www.tccrec.org](http://www.tccrec.org).

## Summer hoops offered in Gilford

GILFORD — The Lakes Region Elite Basketball League will take place this summer at the Gilford Youth Center.

The league is seeking skilled players, boys and girls, ages 8-11. There will be tryouts for the league on Saturday, May 26 and June 3. It is free to try out, but you must be pre-registered.

The league will run for 10 weeks beginning mid-June. Each week, teams will have a prac-

tice during the week, followed by a game on Friday or Saturday. The season will end with a three-day tournament/championship.

All players who make the league will receive a reversible game jersey. Weekly highlights/stats will be posted on the LRE web site. For more information about the league, including tryout information and fees, visit [www.lreelitebasketball.com](http://www.lreelitebasketball.com).

**Newfound Landing**

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- Charge mobile devices
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- Keep gas tank full
- Take cash out (ATM's may not work)

### DURING

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### AFTER

- Throw out unsafe food

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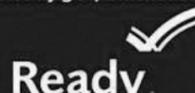
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Belmont Parks & Recreation is seeking qualified candidates to fill our anticipated seasonal openings. Job descriptions and applications are available on the town website.

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- Beach Director
- Sargent Park Attendant
- Summer Camp Counselors

Janet Breton, Recreation Director

Town of Belmont, PO Box 310, Belmont, NH 03220-0310  
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**NCH**  
north country healthcare



**North Country Home  
Health & Hospice Agency**

## VOLUNTEER COORDINATOR

COME JOIN OUR GROWING TEAM! New Day, New Management, New Staff.

We are currently looking for a part-time, Volunteer Coordinator, to join our Hospice team. The Hospice Volunteer Coordinator is responsible for planning, coordinating, and managing all volunteer program activities in the organization.

### POSITION QUALIFICATIONS:

1. College degree, advanced degree in human services preferred.
2. Minimum of two years experience in a health care setting. Hospice and/or volunteer experience preferred.
3. Ability to supervise, coordinate, and evaluate volunteer services.
4. Understands Hospice philosophy.
5. Ability to organize and develop volunteer personnel for both patient and organizational needs.
6. Ability to manage a group of individuals providing volunteer time and who will be considered employees.

For more information, please contact Jennifer Everleth, Human Resources (603) 444-5317 or [jeverleth@nchha.org](mailto:jeverleth@nchha.org) • Apply online at [www.nchha.org](http://www.nchha.org)

North Country Home Health & Hospice Agency is an Equal Opportunity Employer



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If you wish to apply, stop in to our Wentworth office for an application or drop off a resume and a completed employment application, which can be downloaded from our website and dropped off in person Monday thru Thursday 7am-4:30pm and Friday until 4pm. No phone calls please.

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# Reisert named CAA Football Scholar-Athlete of the Year

DURHAM — Kyle Reisert (Plymouth) of the University of New Hampshire was named the 2017-18 CAA Football Scholar-Athlete of the Year on Wednesday.

The junior defensive end was sidelined the first four games of the 2017 season and then started six consecutive games before incurring a season-ending injury Nov. 11. Reisert tallied 10 tackles (five solo, five assisted), including six total tackles against No. 1-ranked James Madison University; he was also credited with two pass breakups. In a full 2016 season, he led UNH in sacks (4.5) and tallied 36 tackles (21-15-36) in 13 games.

Reisert is a mechanical engineering major with a 4.00 cumulative grade-point average who was voted to the 2017 CoSIDA Academic All-America Division I Football First Team this past December. He is a three-time member of the CAA Commissioner's Academic Honor Roll and a two-time CAA Academic All-Conference honoree who was inducted into Chi Alpha Sigma in 2017.

Nominees for the CAA Football Scholar-Athlete of the Year must have maintained a minimum of senior standing (academically) with the intent of pursuing graduate or professional studies, as



UNH ATHLETICS – COURTESY PHOTO

Kyle Reisert was named the CAA Football Scholar-Athlete of the Year.

well as both excellent academic credentials – minimum cumulative GPA of 3.00 – and outstanding athletic performance.

Reisert helped lead UNH to the NCAA Division I FCS playoffs for the 14th consecu-

tive year, which is the longest active streak in the nation. The Wildcats won two postseason games to advance to the quarterfinals and end the year with a 9-5 record and No. 21 national ranking.

In its second season

as home of the UNH football team, Wildcat Stadium saw a 13-percent attendance increase, highlighted by the all-time largest crowd for a home opener (15,854) and largest on-campus crowd (22,135) in school his-

tory. The Wildcats averaged 12,751 fans per home game in 2017, up from the previous high of 11,108 in 2016. The overall attendance of 63,756 for five home dates eclipsed the regular-season attendance of 55,542 in 2016.

## New England Football League seeking teams

REGION — The New England Football League is expanding and is in search of new teams.

The NEFL is full-contact adult football for players 18 and older, with three levels of play

to accommodate all talent levels. The game is played with NCAA rules, with some modifications for player protection and all games are played in the presence of five certified officials and a certi-

fied EMT. Depending on the number of teams, each season is eight or 10 games, with rosters of 35 to 65 people. Games are played throughout New England with a season

from July through November. For more information, call Peter Vorias at 207-229-9950, e-mail [gamerfifty@comcast.net](mailto:gamerfifty@comcast.net) or visit [newenglandfootballleague.com](http://newenglandfootballleague.com).



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This will be our last day before we close for the rest of April.

Two seatings available; 11:30am and 1:30pm  
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Cena di Pasqua (Easter Dinner)  
\$28.99 per person - 4 courses

**Zuppa:** Soup of the Day

**Antipasti:** Cinque Ravioli al Formaggio: (2) Raviolis filled with a tastefully balanced blend of imported fontina, Wisconsin white cheddar, ricotta, fresh mozzarella and a touch of pecorino, with marinara sauce.

**Antipasto:** Coscia di Agnello Arrosto: Slow roasted boneless leg of lamb with garlic and rosemary. Accompanied by fresh green beans in fire roasted diced tomatoes and roasted potatoes.

**Dolce:** Pizza Dolce: Italian cheesecake, made with fresh ricotta cheese and a hint of lemon. Topped with a dollop of lemon curd.

Our regular menu will also be available.  
*Walk-ins Welcome!*

**Business Hours:**  
Thursday, Friday, Saturday 4-9pm; Sunday 11:30am-4pm  
[NonnasGorham.com](http://NonnasGorham.com) • [mike@nonnsgorham.com](mailto:mike@nonnsgorham.com)

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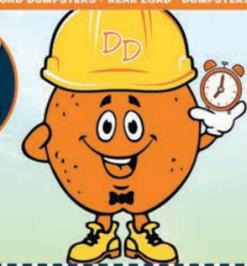
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## What's Happening at Plymouth State University

### SCHOLARLY PRESENTATIONS: YOU'RE INVITED!

Plymouth State University offers a variety of provocative, stimulating, and engaging public presentations throughout the year. All are led by expert lecturers who provide essential background on the issues of our times.

The following events are free of charge and will be held in the Smith Recital Hall of the Silver Center for the Arts.

**“Innovations in Teaching: How Serving the Student Serves the Teacher”**  
Professor Emma Norbrothen Wright,  
PSU Mathematics Department  
Ed and Marilyn Wixson Endowed  
Professorship of Mathematics Lecture |  
Thursday, April 5, 4 p.m.

**“Does Science Bring Balance to Environmental Policy? A View from the Inside.”**

Dr. Celia Chen, Research Professor of Biological Sciences and Research Translation Core Leader of the Toxic Metals Superfund Research Program, Dartmouth College  
Sidore Lecture Series | Tuesday, April 17, 7 p.m.

**Poet Barbara Edelman**

Edelman is the author of *Dream of the Gone-From City*.  
Eagle Pond Authors' Series | Thursday, April 26, 7 p.m.

Reservations are recommended. For Sidore or Eagle Pond, call 535-ARTS.  
For other lectures e-mail [psu-events@plymouth.edu](mailto:psu-events@plymouth.edu).