

# Gilford Steamer

THURSDAY, FEBRUARY 13, 2020

GILFORD, N.H.



**LRSF 2020 Executive Committee members with new Board members of the Lakes Region Scholarship Foundation Directors.** Sitting (l to r): James Waldron, Treasurer; Lori Fasshauer, President and Joan Frates, Vice President (missing from picture Jim Carroll, Secretary.) Standing: (l to r) Karen Switzer, Assistant Director; new elected Trustee, Lois Kessin; newly elected Trustee Kathy Gilman and Paulette Loughlin, Executive Director.



**Executive Director, Paulette Loughlin (center left) and Karen Switzer (center right) offer best wishes to outgoing Board members Susan Brown (r) and Kathy Davis (l).**

## Scholarship Foundation enters their 65th year

On Jan. 15, the Lakes Region Scholarship Foundation held their Annual Board of Trustees meeting.

In a letter to all the foundation supporters shared at the meeting, outgoing President, Donna Hennessey commented on

the Foundations accomplishments over the past year, writing “My second year as president has been so rewarding, we awarded scholarships to 298 local students to continue their education through the generosity of 269 donors. Scholarship

awards in 2019 totaled over \$499,000.00. Additionally, we were the recipients of 15 new funds, some ongoing and a few one-time. Our Annual Community Spelling Bee was a great success, with net proceeds of over \$14,000, the best year we have ever had!”

Additionally, Hennessey mentioned some other projects the Foundation had taken on. In January of last year, the organization hosted Leadership Lakes Region

at their offices for an information session on Education Day. The Annalee Thorndike Art Competition (which awards art merit scholarships) was held at a new location at the Gilford Public Library and awarded over \$2,500 in scholarships. Fundraising plans for the year included participation with Amazon Smile, a dine out/take out night in March at Fratellos in Laconia and a collaboration with the Hannaford’s

in Gilford with their Hannaford Helps Reusable Bag Program in February of last year.

Before handing over the gavel to the newly elected president of the Foundation, Lori Fasshauer, Hennessey led the Board in saying farewell to two board members, Susan Brown and Kathy Davis. Brown has been on the board nine years, and reached her term limit. She has been an outstanding board member, participating in every event

and duty that the Foundation has sponsored. She worked on the Annalee Thorndike Art Competition committee for most of her nine years, chairing the event in 2019.

Kathy Davis had just completed her first term as a Board member and was also very active. She is moving on to other commitments. Both of these individuals have been valued members of the LRSF team, sharing their knowl-

SEE LRSF PAGE A9

### Town officials urge voters to reject groundwater study

BY ERIN PLUMMER  
mnews@salmonpress.news

The board of selectmen and the Budget Committee are both recommending against an article putting money for a study on possible ground water contamination on town property because it is seen as an unfunded mandate from the state.

Article 22 was the only article that generated considerable discussion during Saturday’s town deliberative session. All articles

were placed on the warrant as written with little discussion during the 45 minute meeting.

Article 22, which calls for \$6,500 to comply with a request by the Department of Environmental Services to conduct a site investigation to evaluate the source of PFOA and PFOS compounds in the ground water at the municipal complex. Both the board of selectmen and the Budget Committee

SEE TOWN PAGE A9

### Funding request for turf field withdrawn

BY ERIN PLUMMER  
mnews@salmonpress.news

A petitioned article for a nearly \$63,00 engineering study on a potential turf field at Gilford High School was amended to \$0 by its petitioner with approval from voters after opposition was expressed during the school district budget hearing.

The amendment was made and approved during the school district’s deliberative session last Tuesday.

Article 9 of the school district warrant is a petition article putting \$62,883 to hire an engineer and develop concep-

tual and engineering plans and a cost estimate for a multi-sport turf field. During the budget hearing on Jan. 14 Chris McDonough, a school board member speaking as a resident, said several months ago an architect approached athletic director Rick Acquiliano and offered to donate his services to design a turf field complex. A number of school representatives discussed this with him and saw a concept video of a possible complex, which can be found at ghsfield.com. The concept includes a lighted synthetic field for multiple sports, bleachers on one side, conces-

sions, and restroom facilities.

McDonough said the deadline had passed to request any funding towards this from the school board, so he personally put together a petition warrant article to move this forward. The aim would be to use taxpayer money for an engineering study with a fundraising campaign offsetting any potential bond in the future.

While a few supported the article as a step forward, more people spoke in opposition. Arguments against the article included that the engineering study should be fundraised

SEE TURF PAGE A9

## Turnout strong for Fishing Derby despite wintry weather

BY ERIN PLUMMER  
mnews@salmonpress.news

MEREDITH — Despite wild weather, the 41st annual Great Meredith Rotary Ice Fishing Derby brought anglers by the hundreds to Meredith Bay.

Anglers took to the ice Saturday and Sunday on fresh waterbodies across New Hampshire. The Rotary set up its headquarters in Hesky Park, and Meredith Bay was a big center of activity though the weekend.

Derby Chair Heidi Barrett-Kitchen said the derby itself went well overall. There was some great weather during the weekend itself, though the snowy and icy weather on Friday posed significant



(Left) Spectators take a look at the board on Sunday morning.

problems.

Pre-sales in general were up, though the weather seemed to keep a lot of other people away.

“I think we have fewer spectators this year,” Barrett-Kitchen said. “I think the anglers are used to this, but the spectator portion is definitely down.”

The snow, ice, and winds made for some significant power and technology disruptions. Friday night, the power went out across the entirety of Meredith Village for around four hours. Barrett-Kitchen said as a

SEE DERBY PAGE A10



Notes from the Gilford Public Library

BY MARK THOMAS  
Library Correspondent

The language of love is the written word. Words have the power to evoke emotion in so many ways. When you want to show your love for someone, consider how you can use words and text to share with them.

Poetry has power. A

few seconds of reading can contain incredible meaning, so, consider sharing a poem or writing one yourself. Even the process of picking or writing a poem helps to clarify your own thoughts and feelings.

Stories of revitalizing love are so much better when passed

from friend to friend. The Library is built on the idea of shared stories, and it works because we have so much in common: A beautiful read is beautiful to many.

Reading or telling a story with someone else, especially with children, gives a story life. Reading with children accomplishes more than entertainment, it's subliminal education and a demonstration of shared experience. Besides, it's fun to do the voices.

If the way to someone's heart is through their stomach, then cookbooks are the map. Plating something you've working hard on shows the people at the table that they are worth your time and energy.

To care for the

struggles of others, we have to understand their perspective. Reading thoughtful books draws you into the minds of characters and their real-world counterparts. It's not exactly walking in their shoes, but it's something.

Finally, sharing your love for others is so important, but loving yourself is essential. Reading relaxes us and untangles the mind.

There's a lot of love in this Library. Come by and be welcome.

Discussion, 12:30-1:30 p.m.

Conversational French, 4-5 p.m.

Evening Book Discussion, 6-7 p.m.

This month's book is "LaRose" by Louise Erdrich, described as "a masterly tale of grief and love...". The discussion will be lead by Molly Harper, and copies of the book are available at the front desk.

Friday, Feb. 14

Bridge, 10:30 a.m.-12:30 p.m.

Preschool Storytime, 10:30-11:30 a.m.

Knit Wits, 1:30-2:30 p.m.

Advanced Conversational German, 2:30-3:30 p.m.

Monday, Feb. 17

CLOSED FOR PRESIDENT'S DAY

Tuesday, Feb. 18

Geri Fit, 9-10 a.m.

Hook Nook, 10-11

a.m.

Bridge, 10:30 a.m.-12:30 p.m.

Preschool Storytime, 10:30-11:30 a.m.

Learn Chinese, 3:30-4:30 p.m.

Wednesday, Feb. 19

Line Dancing, 9-10:30 a.m.

Check out an Expert, 10 a.m.-noon

Lakes Region Fiber Artists and Crafters, 10 a.m.-noon

The IneTween: Library Tween/Teen Club, 2:30-3:30 p.m.

Thursday, Feb. 20

Geri Fit, 9-10 a.m.

Music and Movement, 10:30-11:30 a.m.

Homeschool Game Club, 12:15-2:15 p.m.

Conversational French, 4-5 p.m.

Foreign Movie Night, 7-9 p.m.

This month's movie is "I am Kalam," an unrated drama/comedy film from India with a runtime of 87 minutes.

Gilford Public Library  
Top Ten Requests

1. "Lost" by James Patterson
2. "The River Murders" by James Patterson
3. "Catch and Kill" by Ronan Farrow
4. "American Dirt" by Jeanine Cummins
5. "Treason" by Stuart Woods
6. "The Museum of Desire" by Jonathan Kellerman
7. "The Wives" by Tarryn Fisher
8. "Where the Crawdads Sing" by Delia Owens
9. "The Yellow House" by Sarah M. Broom
10. "Dear Edward" by Ann Napolitano

Classes & Special Events

Feb. 13-Feb. 20

Thursday, Feb. 13

Geri Fit, 9-10 a.m.

Music and Movement, 10:30-11:30 a.m.

Homeschool Game Club, 12:15-2:15 p.m.

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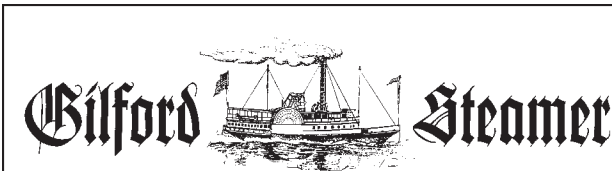
The Gilford Police Department reported the following arrests from Feb. 4-9.

Christopher Lee Copp, age 33, of Lacomia was arrested on Feb. 4 for Resisting Arrest or Detention and two counts of Criminal Trespassing.

Brendon Murphy,

age 26, of New River, Az. Was arrested on Feb. 6 for Driving While Intoxicated.

Christopher J. Greene, age 27, identified as a transient, was arrested on Feb. 8 in connection with two outstanding bench warrants.



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USPS 024967

The Gilford Steamer is published weekly by Salmon Press, P.O. Box 729, 5 Water St., Meredith, NH 03253. Periodicals, postage paid at Meredith, NH 03253. POSTMASTER: Send address changes to the Gilford Steamer, P.O. Box 729, Meredith, NH 03253.

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# Belknap Landscape trains employees on CPR, First Aid, and OSHA 10

GILFORD — In between plowing, shoveling, salting, and sanding this winter, Belknap Landscape has found the time to focus on safety. Over the span of several days, employees at the Gilford-based landscape company have received training in CPR, First Aid, Stop the Bleed, winter driving tips, and OSHA-10 hour topics.

“We put a lot of effort into creating what we call the Belknap Experience for our clients, but there’s also a Belknap Experience for our employees,” Hayden McLaughlin, owner of Belknap Landscape states. “We strive to make sure our employees know that their safety, health, and well-being are the most important thing to us. We take that very seriously. We care about them, and we leave no room for doubt that we expect them to be safe. The hours, resources, and efforts we give towards safety are not about what we feel we need to do, it’s about who we are.”

Over the first day of training, 30 Belknap Landscape employees were guided through CPR training, provided by representatives of the Hebron NH fire



COURTESY

Dr. Sam Steel (Far Right) of the NALP with Belknap Landscape Employees at the conclusion of OSHA 10 training.

department, where they learned how to respond to an emergency situation and provide life-saving measures. The training continued into the second day where, again assisted by the Hebron Fire Department, emergency response training included First Aid and Stop the Bleed training. All 30 Belknap Landscape employees received certification in CPR and First Aid as the result of this training.

As their safety training programs continued into a third day Sam Steel, Safety Advisor for the National Association of Landscape Profes-

sionals, joined the Belknap Landscape efforts. Over a two-day span, Dr. Steel provided OSHA 10-hour training, consisting of specific safety topics regarding the landscape industry as recommended by the Occupational Safety and Health Administration.

Dr. Steel commented, "During the delivery of the OSHA-NALP Alliance 10-hour landscape construction safety program, I am constantly monitoring the attention of students - are they interested in the information being presented; do they stop me when they need clarification;

do they have their own experiences that reinforce the training; and will they take the information being pre-

sented and use it to make their worksites safer and healthier? The recent Belknap Landscape Compa-

ny program in New Hampshire was a feel-good moment for me as the firm’s employees SEE BELKNAP PAGE A9

## GILFORD PARKS AND RECREATION NEWS

BY HERB GREENE  
Director  
Gilford Parks and Recreation

### Senior Moment-um Bagels and a Movie on Feb. 17

The Gilford Parks and Recreation Department will be sponsoring a Senior Moment-um program on Monday, Feb. 17. We will meet at the Community Church, Fellowship Hall at 9:00 am for bagels and a movie! We will be watching the comedy/drama "I'll See You In My Dreams," starring Blythe Danner, Martin Starr, Sam Elliot, Rhea Perlman and Mary Kay Place. The movie and coffee are free of charge. We will also have bagel breakfast with a variety of toppings available for anyone interested at \$1 per person. So please join us for this modern classic! Participants are asked to RSVP by Thursday, Feb. 13.

For more information or to RSVP please call the Parks and Recreation Office at 527-4722.

### Adult Curling Program Continues on Thursday evenings

The Gilford Parks and Recreation Department is sponsoring a four-week pickup curling program for adults on Thursday evenings. The program will be held on

Thursday evenings at the Arthur A. Tilton Ice Rink from 6:30 - 7:30 p.m. through Feb. 27. Curling is the sport of "sliding stones" down the ice in an attempt to get your "stones" closer to the target than your opponent. Although this activity is held on the ice, participants do not wear ice skates. Participants should dress to be outside and should wear sneakers or boots. Cost for this program is \$1 per evening, and participants can register at the start of the program.

For more information please contact the Gilford Parks and Recreation Department at 527-4722.

### Seats still available for Boston Celtics bus trip scheduled for March 18

There are still seats available on a Bus Trip to Boston to see the Celtics take on the New York Knicks on Wednesday, March 18. Cost of the trip is \$80 per person, and includes round trip motor coach from Gilford or Belmont and your ticket (section 311 of the balcony) to the game. Our deluxe motor coach will depart from Gilford High School at 4:45 p.m. and the Tioga Pavilion in Belmont at 5 p.m. for the 7:30 p.m. game. You will have time to visit the pro-shop and

get dinner on your own prior to the game. Seats are limited; a registration form must be completed accompanied by payment and tickets are non-refundable.

For more information, please contact the Gilford Parks and Recreation Department at 527-4722 or visit their Web site at [www.gilfordrec.com](http://www.gilfordrec.com).

### Cardboard Box Sled Derby - Wednesday, Feb. 26!

The Gilford Parks and Recreation Department will be holding their Annual Cardboard Box Sled Derby on Wednesday, Feb. 26 at 10 a.m. at the Gilford Outing Club sledding hill on Cherry Valley Road. Participants in this program will build their own sled ahead of time to have their sled judged and compete in a race down the sledding hill the day of the event. This program is open to participants of all ages. All interested participants are asked to pre-register by Tuesday, Feb. 25. Derby guidelines and registration forms are available in the Town Hall and on the Parks and Recreation Web site at [www.gilfordrec.com](http://www.gilfordrec.com).

For more information and Derby Design Guidelines, please call the Parks and Rec Office at 527-4722.

## Treat your valentine to some Hot Jazz at Pitman’s

LACONIA — Jim and Tim Wildman, leaders of Brooklyn's JT Wildman Jazz Band, will join up with the State Street Jazz Band and vocalist Mary Fagan on Valentine's Day at Pitman's Freight Room for an exciting night of Hot Jazz. Also known as traditional jazz, this style of music originated in New Orleans in the early 20th century and flourished into the 1930s.

The Wildman brothers literally have jazz in their blood. Their father Howard played trumpet with famous jazzman Red Nichols and his Five Pennies band in the 1930s. As

young boys, Tim followed in his father's footsteps with the trumpet while Jim took up the trombone. The two brothers went on to professional careers; Jim as an attorney for a major US law firm, and Tim as a psychotherapist and minister. Some 20 years ago they rediscovered their love for playing jazz together and they commenced to hone their craft in earnest. Their band now performs regularly to packed houses of admiring fans in Brooklyn, N.Y. One hot jazz band isn't enough for Jim, though, so he also fronts New York City's Hot Papa Jazz Band.

Vocalist Mary Fagan has performed across the US and overseas in Ireland, China & Japan. As well as The State Street Jazz Band, she fronts The Tall Granite Big Band, The Honey Bees Band and performs solo shows up and down the East Coast and in Austin, Texas. Colorado's Summit Daily News calls her "...Billie Holiday in bell bottoms..." and the Charlotte Observer says "...Her voice will knock you off your chair!"

Doors open at 7 p.m., and we are a BYO Venue. For reservations, call 494-3334. And don't forget you dancing shoes!

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## A Valentine's Day playlist

This Friday is Valentine's Day, and love is in the air. For most, the day will consist of chocolates, roses, diamonds, gifts, candle lit dinners and all things heart shaped. Feb. 14 is a day that is either loved or hated. The once Pagan holiday turned Hallmark money maker is a day to celebrate love or to wallow in the 'woe is me' life of a single person.

If you're single, ignore society's ideals that we have to be involved in a relationship to find happiness. It's simply not true, and there are millions of people across the globe who find themselves skipping happily down the sidewalk of life solo. If you do have a sweetheart, enjoy the day and all of the happiness that goes hand in hand as a result of Cupid's arrow.

We think, as we often do, that the best part of any holiday is of course the music. Music is something we can enjoy regardless of our relationship status. Love has been the fuel for some of the greatest songs to pass over our ears. Below we came up with some favorites, and dug deeper to find the meaning behind the lyrics or how the songs came to be.

"Fly Me to the Moon" was originally titled "In Other Words" (for obvious reasons), and was written in 1954 by Bart Howard. In 1964, Frank Sinatra put a new spin on the old jazz standard and it has become a favorite classic. The song was written at the request of Howard's publisher for a simpler song. Howard wrote the song in 20 minutes.

"I Say a Little Prayer," another romantic classic with an unexpectedly deep message, was written by Burt Bacharach and Hal David in 1967 for Dionne Warwick. The song is about a woman's concern for her significant other, serving in the Vietnam War. The song became one of the most successful hits of that era.

"What a Wonderful World" was written by George David Weiss and Bob Thiele and recorded, most famously, by Louis Armstrong in 1967. The writers originally had Tony Bennett in mind to record and release the song however Bennett turned it down. Weiss later admitted that he wrote the song expressly for Armstrong because of his ability to bring people of different backgrounds together. The song was a huge hit in the United Kingdom before it reached more fame in the United States almost ten years later. The reason for the halt, was the hesitation of ABC to promote the song.

"The Greatest Love of All" just might be the best song to belt out while driving down the highway, or in our minds, at the very least a close tie with Queen's "Bohemian Rhapsody." The ballad was written by Michael Masser and Linda Creed in 1977. The first to record the tune was George Benson who brought the song to number two on the charts. Whitney Houston took the song to a new level in 1985 where it reached the number one spot. The message is a good one, 'learning to love yourself is the greatest love of all'.

"At Last" is a classic that was written in 1941 by Mack Gordon and Harry Warren for the movie "Sun Valley Serenade." The lyrics were ultimately never heard in the movie, but the powerful vocal laid down by the legendary Etta James for Chess Records in 1960 led the song to the Grammy Hall of Fame in 1999.

We can't have a list of favorite love songs without including a power ballad from the 1980's. What better band to honor today than Def Leppard. After all, nothing says "I love you" like big hair and fluorescent colored tank tops...at least, to us. In 1987, the song "Love Bites" was released, offering a tongue in cheek view of the pitfalls of romance. The song was written by five people, but it was celebrated producer Robert John "Mutt" Lange who brought the song to the attention of the band. The song was originally written with a Country artist in mind; however, Def Leppard added the rock flare that made the song climb the charts.

"Your Body is a Wonderland," written by John Mayer in 2001, was apparently about Mayer's first girlfriend at the age of 14. The original title was "Strawberry Wonderland," but was later changed.

Last but not least to make our list is perhaps the definitive love song — "My Girl" by the Temptations. This classic was recorded in 1964. The song was written by Smokey Robinson and Ronald White. The inspiration for the song came from Robinson's wife Claudette Rogers Robinson.

Valentine's Day, with its tricky origins, still serves as a solid reminder that romance is timeless and we have the music to prove it.

## Send us your letters!

We seek your input! Tax rate got you down? Glendale too congested for your liking? Do you approve of a recent selectmen decision? Hate the paper? Love the paper? Let us know!

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We're looking forward to hearing from you!

## NORTH COUNTRY NOTEBOOK

### Ads to pry your money away, and the craziest sport of all



JOHN HARRIGAN

The snow was finally just right, sculpted by wind and sun at the old Charlie Andrews place, now the Brooks place, overlooking the Mohawk River valley between Colebrook and Dixville Notch.



By JOHN HARRIGAN  
COLUMNIST

Once in a while, I feel like staying up late, and instead of reading a book, stacks of which are always awaiting, or delving back into a half-read magazine, ditto, I decide to veg out with late-night television. As adventurous readers and insomniacs will attest, it's a whole different world.

First, right up front, to get the ugly side of things out of the way, late-night TV is where the scam artists prowl. Many of their commercials are finely focused on the now-budding bloom of Baby Boomers, a demographic anomaly that the great social planners and fixers should have seen coming but didn't, or at least didn't plan for very well---or didn't plan for at all.

The most prevalent of the predatory ads focus on Medicare. We've all seen them, even sandwiched in around the evening news. Many begin with a dramatic "announcement" that Medicare is offering this or that new "coverage" for a predictable list of longstanding issues: co-pay-free doctor's appointments, hearing aid coverage, coverage for eyesight issues, even doctors' visits at home.

Complaints about lack of hearing and eyesight coverage are

nothing new, and people on Medicare have always been able to buy extra insurance. And it is all going to cost extra money, of course, and you will wind up paying.

The ads promise the Promised Land, and are so slick and seductive that you can almost envision hordes of seniors lining up to buy extra coverage for everything under the sun---and a never-ending array of gadgets and gizmos, too.

These "announcements" of "new coverage" are a cruel hoax, aimed at hornswogling senior citizens into parting with some of their retirement funds.

I'm a Baby Boomer, the very demographic that these ads target, and I'd suggest one thing for families that want to stop this insidious form of white-collar theft. It is that I'd never even think about signing up for anything at all, whatsoever, without first running it by my kids. After they get done laughing and rolling their eyes, they're always ready to get serious and listen.

Seniors, if your youngsters have fled the nest, unload some questions onto your hapless grandchildren instead---that's a big part of why the Great Creator invented grandchildren. They're great for loading up with computer problems, too. None of the above applies to grandchildren still on pacifiers or pabulum.

+++++

Fellow columnist Gary Moore, who lives on the wrong side of the river but is a nice guy anyway, served as Commissioner of Vermont's Fish & Wildlife

Department, but now focuses on his syndicated column and on haz-mat training for far-flung companies and government entities. He trains and updates North Country and Northeast Kingdom fire departments as well.

Gary's column runs in the Caledonian-Record and several other Vermont newspapers. He travels all over the continent, and sometimes fetches up on this side of the Connecticut for lunch at the Black Bear Tavern in Colebrook, at which point I'm fond of asking if he's carrying his Green Card.

Once in a while, Bob Vashaw shows up to see whatever wisdom might be flowing off the table, armed with a teaspoon in case he wants to preserve it. This little group usually holds forth at a corner table (the first one, to cut down on travel time) on various issues confronting what passes for civilization.

Most recently, Gary reminded his readers that we have gained about 50 minutes of daylight since the Winter Solstice. I'd never thought of it that way, sort of as a bulk commodity, but it has a certain panache.[i][ii]

Gary also reminded readers who fish through the ice and haul shelters out there---i.e., the certifiably insane---not to use corrugated paper, otherwise known as cardboard, to insulate their ice-houses, which are also known as bob-houses, ice-shanties, fishing shacks, and a host of other terms. The cardboard tends to warm in the sun and sink into the ice, and get left behind to wind up as big gooey foul-smelling messes on beaches.

The cardboard is often relegated to the far recesses of what little brain remains after someone has decided to take up ice-fishing, a torturous process---the decision, not the ice-fishing. Ice-fishing, for the ill-informed, is described as a "sport," which involves boring holes through the ice and trying to catch fish, for sure, but more to the point, encourages socializing, whether among a necessarily small group within a single gasping hot shanty, or a large number of aficionados wandering around on what are often referred to as "visitations" to other fishing domiciles near and far.

Visitations are often interrupted by furious sprinting, in an often vicious race involving punching and kicking, for a flag that's gone up, which sometimes means a fish has hit the bait a glancing blow or is on, but often is caused by the wind or a passing snowmobile.

However, this is not the only exciting thing about ice-fishing. There is all that visiting. Sometimes, too, people make guessing games out of other people's names. Sometimes there is a certain loss of direction, as in a blizzard or a white-out. Arguments erupt over bait: "No---hook it under the dorsal fin!", and like that.

I still have all my traps and trappings, and may well decide to give a friend a call, pull on my mukluks, and go.

(Please address mail, with phone numbers in case of questions, to [campguyhooligan@gmail.com](mailto:campguyhooligan@gmail.com) or 386 South Hill Rd., Colebrook, NH 03576.)

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# Next Ferber Gallery Show to feature lake cottages

WOLFEBORO — Thoughts of New Hampshire’s Lakes Region evoke memories and emotions of a sense of place, of belonging, community, and times spent with family and friends. Often, the centerpiece for this nostalgia is a cottage, typically a summer cottage shaded by big pines

with a porch, a cozy reading nook, and glimpses of a lake or mountains. Perhaps a kayak rests against the woodpile, a dog chases children along the water’s edge, or a sailboat flutters out along the horizon. This is the place to enjoy the beginning and ending of the days, giving reverence to the

sun as it moves between white fluffy clouds, and thanks for all that has transpired in between.

Words often fall short of capturing the essence of these experiences and places but local artist Peter Ferber has an astonishing ability to pour it all onto canvas. As we look into the intricate details that Peter paints and draws with such realism, we can’t help but be moved by the multiplicity of stories hidden in the layers and perspective – and identify with them.

At the upcoming Peter Ferber Gallery Show on Saturday, Feb. 15, nearly half the new original paintings feature glimpses of a lake cottage: a warm and inviting interior, or a weathered exterior that speaks to a historic and generational past. There’s also a cut paper piece of a boat-house, a medium that Peter Ferber says he enjoys immensely because it’s a very defined process of putting things together that appeals to the architect in him.

Although there’s shared content in these new originals such as the cottage glimpses, each one has something different in it, according to Ferber.

“Whenever I approach a subject, I ask myself how will I render that, how can I take a new approach or put a new order



COURTESY

Peter Ferber

into how it goes down on the canvas? My approach is more about how can I do this rather than having any preconceptions about what it should look like. It’s much more enjoyable and fun that way and creates surprises for me in the process,” he explains.

“For me, the lake cottage suggests a simplicity to life, a more relaxed routine where we are not concerned about maintaining things. Where it’s not a problem if things are a bit rough around the edges – we can let go. It is a place where’s there’s a sense of being at ease and relaxed, and not

having to care and fuss about things,” Ferber shared.

The winter Peter Ferber Gallery Show will feature more than a dozen new original works in watercolor, oil, and acrylic, as well as the cut paper, in a variety of sizes. Considering the variety of beautiful hues in Ferber’s watercolors, it comes as a surprise to learn that he only works with about six or seven different pigments on his palette.

“That was my training, he explains, to keep it simple. I find I can mix any color from these. Even with oils, I only use

about ten pigments,” he explains.

This year’s paintings also include scenes from areas around Lake Winnepesaukee that he had never been to.

“Quite a number of them have come as a result of someone introducing me to a location for the first time. One man took me out in his boat around the NW corner of the lake for the whole day around Forty Islands, scenes from which appear in these paintings,” Ferber shared.

The Peter Ferber Gallery Show is held twice a year – in February and a summer show in August – at The Art Place, 9 N. Main St. in downtown Wolfeboro. Many people, some traveling long distances, arrive early before the doors open at 9:30 am and line up to ensure they are first to see the new works. Peter Ferber will be present at the show during the day, providing a wonderful opportunity to hear the stories behind the paintings directly from the artist, and light refreshments will be served. The Gallery Show will run from Feb. 15 to 29, with a show opening snow date of Sunday, Feb. 16 at 11 a.m. More information is available by calling 569-6159 or keep posted for updates on our Facebook page at /theartplace-wolfeboro.

## STRATEGIES FOR LIVING

### From bondage to rebellion

BY LARRY SCOTT

In the Sept. 24, 2009 issue of the Winnisquam Echo, Bill Tobin, who had for many years served in the New Hampshire House of Representatives, posted what has become known as the Cycle of Nations:

“The average age of the world’s greatest civilizations has been about 200 years. During those 200 years, those nations always progressed through the following sequence:

- From bondage to rebellion;
- From rebellion to spiritual faith;
- From spiritual faith to great courage;
- From great courage to liberty;
- From liberty to abundance;
- From abundance to complacency;
- From complacency to apathy;
- From apathy to dependence, and,
- From dependence back to bondage.

I often wonder where we are in this cycle. It is clear to many of us that, as a nation, we are in deep trouble. Many of us who have been influenced by the Judeo-Christian ethic are aghast. In our view, we are living in a godless, self-centered and misdirected society. Having abandoned the Bible as an objective standard of morality, we have been damaged by the absence of those principles of right and wrong that used to be commonly taught in our schools and universities. Far from being snobbish and judgmental, the Christian community has agonized over the state of our nation. There is here no joy when things have deteriorated to the point where our young people can’t even determine their gender! Give me a break!

We have hit “complacency” and are well on our way to “apathy” and, true to the model, no one seems to care. Live and let live, be happy, you only go

around once, so live it to the fullest... seems to be our society’s philosophy.

We have taken the privilege of living in America so much for granted the champions of socialism are getting a hearing. Touting proposals we cannot afford and entertaining changes that defy common sense, their promises, if implemented, would destroy us as a nation. Political expediency is no alternative to the principles of sound government established by our founding fathers. Wake up, America. There is no free ride!

There is little need for me to enumerate the many expressions of political correctness and personal freedom that have permeated every level of our society. So pervasive has become an almost total disregard for those moral principles we once accepted as truth, it is difficult for the Christian community to keep from giving up. It would be easy for us to conclude that we are the victims of a godless society and that nothing we can do will make a difference. “Cash it in, fold your wings, bury your head in the sand”... and leave society to live out the pleasure of its own will. But Christians, we have no such option. Our nation’s future is at stake; it is time to stand and be counted.

This is God’s world, and although most generally disregarded, He is available to all who are prepared to make Him welcome. He created us as an act of love and has given of Himself to make possible a change in the purpose and direction of both our lives and our nation. I fear for America but I am not about to give up! Whatever the future course of our history, I shall proclaim this foundation principle as often as I can: there is an alternative... and His Name is Jesus Christ.

For more thought like these, follow me at [indefenseoffruth.net](http://indefenseoffruth.net).

## Mercy College of Ohio announces Honors List

TOLEDO, Ohio — Tracie Bettez of Gilford was awarded honors for the 2019 Fall semester at Mercy College of Ohio. To be named on the Dean's List, a student must achieve a grade point average of 3.3 or higher and be enrolled for 12 or more credit hours. To be named on the Honor's List, a

student must achieve a grade point average of 3.3 or higher and be enrolled for 6-11 credit hours. To be named on the President's List, a student must achieve a 4.0 grade point average and be enrolled for 14 or more credit hours.

Mercy College of Ohio is a Catholic institution with a campus in Tole-

do, Ohio and a location in Youngstown, Ohio. It focuses on healthcare and health science programs. Mercy College offers graduate degrees in Nursing and Health Administration; Bachelor's degrees in Biology, Healthcare Administration, Medical Imaging and Nursing; Associate degrees in Health Sci-

ences, Health Information Technology, Nursing, and Radiologic Technology; and Credit Certificates in Community Health Worker, Emergency Medical Technician-Basic, Medical Coding, Ophthalmic Assistant, Paramedic and Polysomnographic Technology and specialty imaging certificates.

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William Angevine, 90

LACONIA — William “Bill” Angevine, 90, of Laconia, passed away peacefully on Friday, Jan. 31, 2020 at Lakes Region General Hospital surrounded by family and friends.

Bill was born on Sept. 19, 1929 in Boston, Mass., the son of Ernest G. and Helen (Crosby) Angevine. He graduated from Newton High School, Williams College and received his MBA from Harvard University. Bill served as a first lieutenant in the Air Force during the Korean War where he was awarded the Bronze Star.

Bill was formerly a resident of Gilmanton for many years and was a member of the Trustee of Trusts, chairman of the Zoning Board of Adjustment, as well as an active volunteer at Gilmanton’s

Old Home Day and the Gilmanton Public Corner Library. Bill was a member of the Gilmanton Community Church and First Congregational Society in Gilmanton.

Bill is survived by his wife, Barbara Angevine; two sons, William S. Angevine and his wife Roxanne of Hollis and Richard Angevine and his wife, Kelly of Londonderry; three granddaughters, Katherine Angevine Leary and her husband, Sean, Amelia Angevine Comeau and her husband, Edward, and Mary Elizabeth Angevine; two grandsons, Brett Angevine and Brian Angevine; one step-granddaughter, Chloe Phillips and her husband, Seth; and his great grandchildren, Sophia, Mia, Olivia and Jude.

A Celebration of Life will be held in the spring at the Gilmanton Community Church.

Burial will take place in the spring at Smith Meetinghouse Cemetery.

In Lieu of flowers for those who wish, the family suggest memorial donations be made to New Hampshire Humane Society, PO Box 572, Laconia, NH 03246 or to the Gilmanton Community Church, C/O Book Award, PO Box 16, Gilmanton, NH 03237.

Wilkinson-Beane-Simoneau-Paquette Funeral Home & Cremation Services, 164 Pleasant St., Laconia, is assisting the family with the arrangements. For more information and to view an online memorial go to [www.wilkinsonbeane.com](http://www.wilkinsonbeane.com).

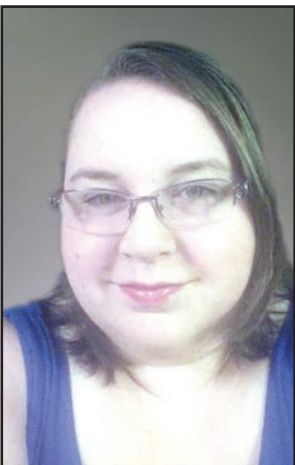
Britany Joann Smith, 31, of Annis Drive, passed away suddenly on Sunday, Feb. 2, 2020 at the Dartmouth - Hitchcock Medical Center, Lebanon.

Britany was born on Feb. 29, 1988 in Warwick, R.I., the daughter of Dennis Etchells, Sr. and Darcee (Smith) Etchells.

Britany had worked for Hannafords; she was a Licensed Nursing Assistant at Golden View Nursing Home, and was an avid school volunteer.

Britany was a devoted mother and wife; she touched many lives. She will be missed by all who knew her.

Britany is survived by her parents, Darcee and Dennis Etchells, Sr. of Gilford; her husband, Matthew Smith of Gilford; a son, Jaxon Smith of Gilford; daughters Vanessa and Sophia Smith,



both of Gilford; brothers Dennis Etchells, Jr. and his wife Gina of Gilford, Douglas Etchells and his wife Ashley of Rhode Island and Brian Etchells and his wife Brittany of Vermont; sister Christal Hebert and her husband Nathan of Rhode Island; four nieces, two nephews; and by her large extended family.

Calling Hours were held on Friday, Feb. 7, 2020 from 6 – 8 p.m. at the Wilkinson-Beane-Simoneau-Paquette Funeral Home, 164

Pleasant St., Laconia, using the Carriage House entrance.

A Funeral Service was held on Saturday, Feb. 8, 2020, at 11 a.m. at the Good Shepherd Lutheran Church, 2238 Parade Rd., Laconia.

Spring Burial will be held in Pine Grove Cemetery, Gilford.

For those who wish the family suggests that memorial donations may be made in Britany's name to the Gilford Middle School Theatre, payable to Wilkinson-Beane Inc., (memo line- GMS Theatre), PO Box 67, Laconia, NH 03247.

Wilkinson-Beane-Simoneau-Paquette Funeral Home & Cremation Services, 164 Pleasant St., Laconia, is assisting the family with the arrangements. For more information and to view an online memorial, go to [www.wilkinsonbeane.com](http://www.wilkinsonbeane.com).

Comfort Keepers  
Living with Arthritis

BY MARTHA SWATS  
Owner/Administrator  
Comfort Keepers

One in five adults suffer from arthritis, and the majority of these are seniors.

For those that live with arthritis every day, the symptoms can be a barrier to doing the hobbies they love. But with management strategies and lifestyle changes, many seniors find that they can continue the activities that bring them hope, purpose and joy.

For older adults to understand the stages of living with arthritis, it’s helpful to talk about how the disease is identified, diagnosed and managed.

**Signs and symptoms:**

Generally, symptoms of arthritis can include any of the following: joint redness, swelling, pain, stiffness, warmth, or difficulty with movement. Many people are familiar with arthritis of the hands and feet, but they don’t always realize that it can affect any joint in the body. Anyone experiencing these symptoms should visit their physician.

**Diagnosis:**

When diagnosing arthritis, medical professionals will typically conduct a physical exam, and gather medical history and genetics information to help identify the type of arthritis. Blood tests and imaging may be necessary as well. While arthritis cannot be cured, it can be managed to limit the impact it has on seniors.

**Strategies for**

**arthritis management:**

A physician can recommend arthritis management strategies and approve all plans to change or increase physical activity.

- Lifestyle changes: Seniors with arthritis may need to stop performing certain activities, or limit them. Depending on the area of the body affected, some hobbies may become more difficult. However, planning ahead can be helpful – for example, having a stool to sit on in the kitchen can help seniors that want to cook but have difficulty standing for long periods of time due to arthritis pain.
- Movement: For some types of arthritis, sitting or working in one position for too long can cause the condition to worsen. Moving, walking and stretching every 15 minutes can be helpful. For some, setting an alarm as a reminder to prompt movement can be helpful. A doctor should be consulted before seniors begin any exercise regimen.
- Weight – Maintaining a healthy weight can be helpful in managing arthritis. Excess weight can cause strain on joints, worsening the condition. Anyone concerned about this should consult their physician for exercise and diet recommendations.

Education and awareness are critical – seniors that may have arthritis, or have already been diagnosed, should engage their care team to develop

management strategies.

**Comfort Keepers® Can Help**

A care plan for arthritis can minimize the impact of the disease on a senior’s life, and Comfort Keepers can provide support for a management program. Our caregivers remind clients to take medication, provide transportation to scheduled appointments, and support physician-prescribed exercise regimens and diets. As part of an individualized care plan, caregivers can also help with activities like cooking, cleaning and physical care. Our goal is to see that clients have the means to find the joy and happiness in each day, regardless of age or acuity.

To learn more about our in-home care services, contact your local Comfort Keepers location today.

**About Comfort Keepers**

Comfort Keepers is a leader in providing in-home care consisting of such services as companionship, transportation, housekeeping, meal preparation, bathing, mobility assistance, nursing services, and a host of additional items, all meant to keep seniors living independently worry free in the comfort of their homes.

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Please call 536-6060 or visit our Web site at [www.nhcomfortkeepers.com](http://www.nhcomfortkeepers.com) for more information.

MARK ON THE MARKETS  
It’s just math



BY MARK PATTERSON

Why does risk matter? The risk that I am referring to is investment risk made up primarily of market risk when dealing with equities or stocks and interest rate risk as well as credit risk when dealing with bonds or fixed income.

Concepts that I’ve expressed in previous articles, are dealing with quantifying risk and reporting returns. Let me talk about two portfolios made up with a variety of asset classes. We can assign each portfolio with a standard deviation, (difference from the middle), which measures the volatility and a range of upside and downside of potential returns. Portfolio one has a wide standard deviation (more risk and potential return) and portfolio two has a lesser standard deviation.

Portfolio number one started with

\$100,000 and had a wonderful first year return of 60 percent.

The second-year portfolio one sustained a minus 40 percent loss. The average return for this portfolio over two years is 10 percent. Not a bad return!

Portfolio number two started with the same \$100,000, a 30 percent first year return but a 10% second year loss. Again, a 10 percent average return over the two-year span, again, not a bad return!

But let’s look at the compounded annual growth which is measuring dollars not average returns.

Portfolio one, \$100,000 invested after one year is equal to \$160,000, 40 percent loss of \$60,000 brings our dollars down to \$96,000!

Portfolio two, \$100,000 with a 30 percent return equals \$130,000, followed by a 10 percent loss or \$13,000 brings us down to \$117,000.

I prefer portfolio number two, how about you?

So, you can see that bringing down the risk or standard deviation in a portfolio will lead to superior returns of real dollars.

This concept very important not only understand, but to implement in your own portfolio especially as we approach a time in our lives that we may depend on these assets for income.

What these numbers illustrate is a simple concept of avoiding big losses which will almost always reduce potential upside. If your advisor is attempting

to build your portfolio with a variety of non and low correlated asset classes which will lower the standard deviation or volatility and risk in a portfolio, using very low-cost or no cost investment vehicles such as exchange traded funds or individual stocks and bonds, you can assume they are probably working for your best interest.

Risk management is only part of the story. The purpose of your money is more important than risk assessment in my opinion. It’s very easy to answer questions to create a risk profile which is typically matched up to a corresponding prefabricated portfolio. But if you answer questions that match you up a growth portfolio and income is needed soon; your portfolio will not be designed what its purpose really is!

It is common for my client that is near or in retirement to reminisce about the returns of their investment portfolio 25 years ago, as a retail broker I was not really concerned about losses at that time either. I didn’t really understand the concept of compounded annual growth versus average returns.

Staying away from big losses in your investment portfolio not only maintains your monetary capital but preserves emotional capital!

*Mark Patterson advisor MHP asset management and can be reached at 447-1979 or [Mark@MHP-asset.com](mailto:Mark@MHP-asset.com).*

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*Photos are also welcome, but must be submitted in jpeg format.*

*Please contact Executive Editor*

*Brendan Berube at (603) 279-4516, ext. 101 with any questions regarding the submission process.*

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~Lori Salvi, daughter of Peabody Home resident, Mary Censato

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# Boat Museum announces new board members

WOLFEBORO — In 2019, New Hampshire Boat Museum (NHBM) in Wolfeboro welcomed Jim Farina and Bob Conrad onto its Board of Trustees.

Farina, who joined the Board in June, oversees NHBM sailing programs and leads the Governance Committee, while Conrad was appointed in November.

“Jim immediately made an impact this past year by revising our Sailboat Share program and helping to commission our J/24 sailboat,” said NHBM Executive Director Martha Cummings. “Bob is getting to know other Board members, so we look forward to seeing where his interests and talents can best



In 2019, New Hampshire Boat Museum (NHBM) in Wolfeboro welcomed Jim Farina and Bob Conrad onto its Board of Trustees.

be applied here.” spent his professional career in the pharmaceutical industry

during which time he worked in R&D and business development before retiring in 2019.

Retiring from NXP/Freescale in 2019 where he ran the Automotive Microcontroller and Microprocessor division, Conrad has more than 35 years experience as a semiconductor industry

executive.

“We are excited to have the talents and expertise of both Jim and Bob on our Board,” added Cummings, who said 2019 also marked the departure of two Board members whose terms expired.

Tom Bell most recently served as Board Secretary while Rick Kourian served in a number of capacities, including among others Chairman of both the Board and Capital Campaign.

“We are very grateful for their service,” said Cummings, who said a strong, dynamic Board underscores the museum’s long-term vision.

In early 2019, NHBM paid off the mortgage on four acres of waterfront property it purchased last year on Lake Winnepesaukee’s Back Bay in Wolfeboro with plans to break grounds on a new facility.

“Our Board is a big part of the Capital Campaign that is still ongoing,” she added.

When the new facility is built, which will be open year-round and offer substantially more programming, the current museum structure will serve as a boat building and restoration workshop center.

“It is an exciting time for us as we continue to build momentum and enter the last phases of needed fund-raising so we can break ground,” said Cummings. “We are thankful to have Jim and Bob ‘on board’ with us. Their business acumen and love of New Hampshire’s waterways will prove invaluable as we move forward.”

Founded in 1992 by antique and classic boating enthusiasts, NHBM is committed to inspire people of all ages with an understanding of, and appreciation for, the boating heritage of New Hampshire’s fresh waterways.

To learn more about NHBM, or its Capital Campaign, visit nhbm.org.

## Temple B’nai Israel announces “We Care” fundraising concerts

LACONIA — Temple B’nai Israel (TBI) announces the eighth year of We Care fundraising continuing the mission of “lending a helping hand to Lakes Region non-profits.” Since inception, We Care has raised more than \$100,000 for local non-profit agencies that provide vital services to the Lakes Region community. The stage is set for a terrific concert series in 2020.

The first of two We Care concerts will take place on Saturday, May 23 with the return of Five O’Clock Shadow (focs.com), one of Boston’s premiere vocal groups. These six vocalists produce rock solid leads and harmonies, while exploring instrumental mimicry and creating unique textures that excite, entertain and inspire audiences of all ages. What’s more, these guys love what they do, and their joy is contagious, as was evident in their nearly sold out We Care performance last May. FOCS will perform to benefit The Bridge House (tbhshelter.org) based

in Plymouth, NH. The Bridge House believes in the worth and dignity of all individuals and provides services to help men, women, families and veterans build the skills needed for healthy independence. They are committed to ending homelessness, one family at a time.

The second We Care concert will take place on Saturday, Oct. 24. Veteran entertainer and local resident John Davidson (johndavidson.com) will take the stage in a one man 90-minute performance of song and humorous stories. Who is John Davidson you may wonder? He is best remembered as the TV host of “The Hollywood Squares,” and “That’s Incredible!” as well as a regular guest host of “The Tonight Show Starring Johnny Carson.” John is a comedian, an author, an actor, a musician, a TV host, and a recording artist with over 70 years in the entertainment industry. This very talented troubadour will delight and amuse the audience to benefit the Meredith

Altrusa club (altrusameredithnh.org). The mission of Altrusa is to support individuals, families, and organizations within communities, local and global through AMITY. LOYALTY. TALENT. RECIPROCITY. UNITY. SERVICE. ACHIEVEMENT. The Altrusa Club of Meredith is comprised of women from the surrounding area who are recognized as leaders in service. Meredith Altrusa contributes to the betterment of the Lakes Region through a variety of community-based initiatives and fund-raising efforts.

Both concerts will take place at the Inter-Lakes High School in Meredith. Doors open at 7 p.m. for complimentary snacks and desserts. The show will begin at 7:45 p.m. Tickets are \$29.00 per person and are available online at WWW.TBINH.ORG. Students with ID just \$10 at the door. Children 12 and under admitted free with paying adult. We Care thanks 2020 event sponsors, Audi Nashua and Miracle Farms Landscaping.

## Taylor Community hosts resident art show

LACONIA — Taylor Community recently hosted its First Annual Resident Art Show in the Woodside Building. More than 200 people enjoyed the exceptional art on display, which included stained glass, photography, oil & watercolor paintings, quilts, cross-stitch, jewelry, weaving, carved stone, sculptures, and dyed silk.

“I was so thrilled with the quality and diversity of the artwork,” commented Taylor Community’s Director of Resident Life Brenda Kean. “It was a proud moment for me—to stand in the exhibition hall and welcome visitors to enjoy the exceptional talent of our residents. How lucky we are that so many chose



Taylor Community resident Jane Cleary shares a warm embrace with her art instructor, Ann Xavier, at Taylor Community’s recent Resident Art Show.

to share their extraordinary gifts with us.”

Members of the Opechee Garden Club were among the visitors to the show. The Opechee Garden Club will be pairing their lovely floral arrangements with art created by many Lakes Region artists—including Taylor Community residents—at their Art in Bloom exhibit, to be

held on April 23, 24 and 25 at Taylor Community.

Taylor Community is a not-for-profit continuing care retirement community with campuses in Laconia and Wolfeboro. Follow us on Facebook to keep up with all our free, public events. For more information, please call 524-5600 or visit www.taylorcommunity.org.

## Mental Health Center receives grant supporting children’s programming

LACONIA — Lakes Region Mental Health Center (LRMHC) was recently awarded a grant from the Greater Lakes Region Children’s Auction to design and implement a Coordinated Specialty Care (CSC) team that would consist of a Case Manager, Child & Family Therapist, a Supported Employment and education provider, a psychiatrist, and includes primary care coordination and family support and education. The CSC team would provide Evidenced-Based Practices to transitional-aged youth (adolescence to early adult) in the Lakes Region. Last year, LRMHC served 1,039 children under the age of 18.

“We are very grateful for the support from the Greater Lakes Region Children’s Auction. The first episode of psychosis typically occurs in midst of the critical

developmental period of adolescence and young adulthood and can impact all major spheres of functioning and there are often long delays between symptom onset and the receipt of evidence-based interventions. Early treatment of psychosis leads to the best outcomes and helps young individuals stay in school and employed as opposed to requiring life-long state-funded services. Currently, New Hampshire does not offer specialized care for individuals with first episode psychosis statewide,” stated Maggie Pritchard, Chief Executive Officer.

“This grant will help fund the start-up costs associated with First Episode Psychosis service implementation, to include resources needed to outreach to local schools and to support the training, staffing and monitoring of the LRMHC team while it

is still reaching a full caseload. We are very appreciative of the Children’s Auction ongoing support of our mission” said Charlotte Hasset, Director of Child & Family Services at LRMHC.

The Lakes Region Mental Health Center, Inc. is designated by the State of New Hampshire as the community mental health center serving Belknap and southern Grafton Counties. A private, non-profit corporation, LRMHC has two campuses, in Laconia and Plymouth that serves nearly 4,000 children, families, adults and older adults each year. LRMHC provides Emergency Services 24 hours a day, seven days a week, to anyone in the community experiencing a mental health crisis, regardless of their ability to pay. Additionally, LRMHC provides individual, group and fam-

ily therapy; mobile crisis teams in the event a tragic event occurs that impacts a community at large, psychiatry; nursing; community support programs for people with severe and persistent mental illness; care management; community-based supports; housing; supported employment; substance use disorder treatment; and specialty services and evidence-based practices for children and their families, including trauma-focused therapy, art therapy and play therapy. Child Impact seminars are offered in Laconia and Plymouth for divorcing families.

For more information or to schedule an appointment, call 524-1100 or visit the Web site at www.lrmhc.org. Find the Lakes Region Mental Health Center on Facebook and follow us on Twitter for updates and information.





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# Derby a new experience for many anglers

BY ERIN PLUMMER  
ernews@salmonpress.news

MEREDITH — The 41st annual Great Meredith Rotary Ice Fishing Derby brought anglers of all ages to the ice, many traveling long distances to spend time on New Hampshire lakes and ponds.

Anglers set up bob-houses and tip-ups on fresh waterbodies all around the state. Meredith Bay was an especially popular draw for many of the anglers.

Members of the Middleton family from Saugus, Mass., came to the derby. Richard Middleton has been coming to the derby since he was a kid and brought his family. Daughters Chloe, 10, and Cassidy, eight, said they also came up to visit “papa” in the area.

Erin Middleton said the girls took a fishing class hosted by Fish and Game, which she thought was a great opportunity for kids to learn how to fish. She said she also noticed how many women were part of Fish and Game and how many were at the derby in general.

“I thought it was amazing to see so many women on the ice,” Middleton said.

The girls put those lessons to good use and caught some of their own fish.

“I caught a fish today and Chloe caught one yesterday,” Cassidy said.

Erin said the kids loved watching the board.

A group of six came up from the areas of Mashpee, Mass., through Hooksett. Some had been to the derby a few years while one had been coming for 28 years.

Tim McCarthy of



ERIN PLUMMER

Rick Middleton does some fishing with his daughters Cassidy and Chloe during the 41st annual Great Meredith Rotary Ice Fishing Derby.



ERIN PLUMMER

The Inter-Lakes High School class of 2020 sold homemade food and printed t-shirts to raise money for the After Prom with the help of parent volunteers. From left to right Lisa Pendergast, Becca Leberman, Catelyn Bousquet, and Monica Edgar.



ERIN PLUMMER

Jaden Booth, nine, stands with his sister Kyra Booth, 4, holding the fish he caught.

Mashpee, Mass., said they had back to back beautiful days for fishing. McCarthy said this is the only fishing trip he goes on all year.

“Definitely right here on the bay, it’s great,” McCarthy said.

Members of the Booth family came to their first derby. Jared Booth said members of the family had the weekend off and it was good timing to check out the derby. Members of the group came down on Friday night from New London when it was pretty windy out on Meredith Bay.

“We’ve had a good time,” Jared said.

Jared said it was great to get out with the family.

“We met some interesting people out there,” said Jared’s dad, Peter Booth.

Scott Bowie of Gorham said they spent the night in the bob house, which was kept warm by a heater.

“The location is ideal fishing with people you haven’t fished with before,” Bowie said.

They said they’ll try to get out another year.

Gabrielle Grilo of East Providence, Rhode Island, came to the derby for the first time with her boyfriend Nicholas Botella and his family from Coventry, Rhode Island.

“I’ve been (fishing) a handful of times, my grandfather likes to fish,” Grilo said.

She said she thought it

was a great experience.

“It’s really cool how people are coming out from the community,” Grilo said.

Nicholas’ mom Donna Botella said this is her second time at the derby and said it’s fun.

“We like ice fishing, just coming out with everybody is kind of cool,” Donna said.

Members of the Inter-Lakes High School senior class sold t-shirts and homemade food to benefit the After Prom Party. Families made meals in slow cookers and brought them to the ice. Senior Damon Patraw designed a t-shirt for the derby and Just Hit Print donated its services.

The table drew a good crowd through the weekend.

“I would definitely want to say thank you to the community for its support,” said parent volunteer Monica Edgar.

Senior Becca Leberman said she had a lot of fun at the table and said she really appreciated the parents’ work.

“The fact parents can help has been really awesome,” Leberman said.

Senior Katelyn Bousquet said she also appreciated everyone’s support.

“We’re just trying to have a fun senior year,” she said.

The senior class will have another benefit on March 25 with a silent auction and trivia night.

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LRSF

(Continued from Page A1)

edge, time, and expertise throughout their years on the Board.

Lori Fasshauer continued the meeting recognizing the newly elected members of the Executive Committee. Joan Frates will serve as the board vice-president, and Jim Carroll will serve as the board secretary. Fasshauer then welcomed new board members, Kathy Gilman and Lois Kessin.

Gilman, a native of Laconia, recently retired after a 40-year career as a Property & Casualty insurance agent with Byse Agency in Laconia. While her children were growing up, she also served as the Insurance Coordinator for Laconia Little League, and was a Pop Warner Football cheerleading coach. Currently, she is working, part time, for Creations by Collis. Gilman also serves on the Board of Advocates at Taylor Community. Lois Kessin graduated from LHS in the late 1960's and moved back to Laconia a few years ago from Cambridge, Mass., where she coached women's soccer and softball. She was recognized for her work by the Massachusetts and New England Halls of Fame. She is a member of the Laconia Heritage Committee and Temple B'Nai Israel.

Executive Direc-

tor Paulette Loughlin added, "We will not be resting on our laurels in 2020; we are already planning for an outstanding year to follow up our success from the past. Scholarship applications for 2020 are now available online through our Web site, [www.lrscholarship.org](http://www.lrscholarship.org), with an application deadline of Monday, April 1. The Annalee Thorndike Art Competition committee is working and planning for the art show in April. We will be hosted again this year by the Gilford Public Library. Our Donors' Day date has been set for Wednesday, May 22, and we have plans for our 20th Annual Community Spelling Bee, tentatively scheduled for Thursday, Oct. 22 of this year at Laconia High School. All of this would not be possible without the support of our donors, benefactors and the Lakes Region Community."

Assistant Director Karen Switzer continued Loughlin's remarks, adding "Any additional application information or questions may be answered by contacting us via email [scholarship@lrscholarship.org](mailto:scholarship@lrscholarship.org) or calling the office at 527-3533. LRSF also has a number of specially designated scholarships available through an addition-

al application process that can be downloaded from our website. One of these exceptions is the Annalee Thorndike Art Competition which Paulette mentioned. A few other exceptional scholarship opportunities are the John F. Mullen Memorial Essay Competition, the Leonard A. and Ruth A. Stockwell Essay Competition and the Klaus Biemann Science Essay Competition. Please check our Web site for the specific requirements to qualify for these awards as well."

with the rest of the project and this should go through the capital improvements process. Both the school board and the Budget Committee voted to not recommend the article.

During Tuesday's deliberative session, McDonough proposed to amend the article dropping the dollar amount to zero and thus negating the article. McDonough said he made the decision to ask for the amendment after hearing the feedback at the budget hearing.

"It's important for a project of this magnitude to be successful; it needs to have the full support of the school board," McDonough said.

He assured people

TOWN

(Continued from Page A1)

voted to not recommend the article.

Selectman Chan Eddy said the board opposed the article because this was an unconstitutional unfunded mandate from the state pushing the costs to the towns

"It's not up to the town to fund something the state is demanding that we do," Eddy said.

David Tyler proposed to amend the article for the \$6,500 to be reduced to \$0 given the recommendations of the selectmen and the Budget Committee.

Town Administrator Scott Dunn said the aim is to leave the full amount in the article and the legislative body rejecting the article will meet the requirement under the state constitution to tell the state no.

"We're trying to stay no to the state of New Hampshire," Dunn said. "We want to say no to the \$6,500. If you take the money out, then we're not really doing that."

Tyler said indicators that the selectmen, school board, and budget committee vot-

ed to not recommend certain articles have not deterred voters in the past from passing those articles.

"If it's something unconstitutional and voters vote yes, we're obligating ourselves to vote for (it)," Tyler said.

Dunn said if the voters approve the \$6,500, then it's no longer an unfunded mandate because it has voter approval.

The amendment failed, and the article was placed on the ballot as is.

TURF

(Continued from Page A1)

that this efforts for this project would still go on.

"This is not the end, this is not giving up — this is a reset to gain that support, find alternate funding mechanisms," McDonough said.

School board member Gretchen Gandini thanked McDonough for reconsidering.

"I want to publicly thank Chris for reconsidering this petitioned warrant article and reinforce I personally support the effort," she said. "We just need to work on how we go about funding this."

Mike Normandin, who coaches the lacrosse team, said he knows firsthand the rough conditions at the Meadows. He said the team didn't get the chance to practice on the field until almost

half of its season was done. He said a turf field would give Gilford an equal advantage to schools like Laconia and Inter-Lakes who also have turf fields.

"I just think moving forward with a field like that on campus would be a huge draw and a big benefit to the community," Normandin said.

He asked what the school board and Budget Committee's major opposition was to the article. McDonough said the majority of the feedback was that people would rather see it done through private funding. Normandin asked if the district would allow donations from local companies to support such a venture. Superintendent Kirk Beitler said the board has policies on donations and a com-

pany could still donate within those rules.

Gandini said most purchases and projects like this are made through the CIP process. Additionally, the Gilford board keeps Gilmanton updated on different capital needs and they wouldn't want to put anything forward without Gilmanton knowing about it.

"Most of the Budget Committee did agree the school already has enough on its plate with doing capital improvements that are scheduled," said Budget Committee Chair Sean Murphy. "I believe once they are done we can start to take a look at this, just not right now."

The amendment passed overwhelmingly and the revised article will be placed on the ballot.

BELKNAP

(Continued from Page A3)

were truly a critical component of a company safety culture that has a positive impact in the workplace."

At the completion of this training the 30 employees in attendance received OSHA 10 cards, illustrating the successful completion of the program.

Concluding the fourth day of safety training, representatives from Cross Insurance in Laconia presented topics to the group regarding general workplace safety information, and winter driving safety tips. The presentation included interactive question and answer

sessions, video illustrations, and company-specific topics.

"It's an absolute joy to partner with Belknap Landscape in these regular safety meetings," said Mark Cote, Branch Manager at Cross Insurance. "Belknap Landscape has a proactive ap-

proach to safety and they strive to get better every day. They've developed a terrific culture with a focus on accountability. They understand that there is value in owning mistakes and learning from them in order to be better in the future."

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DON'T  
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AND  
DRIVE



DERBY

(Continued from Page A1)

result of the power outage and power spikes their systems had a lot of glitches such as database crashes and repeated losses in inter-

net connection. There was another power outage on Sunday afternoon that created more problems.

Barrett-Kitchen said

a number of rumors floated around social media that the derby was canceled and the volunteers had to put the word out that ev-



Bob houses dotted Meredith Bay during the Great Meredith Rotary Ice Fishing Derby.



Volunteers from the Meredith Rotary weighed fish as they came in on Sunday morning.

everything was running as scheduled.

Barrett-Kitchen said with the derby in its 41st year this has become a tradition for many.

“It’s something that people look forward to every year and this year is no exception,” Barrett-Kitchen said. “We have a lot of excited fishermen.”

New Hampshire Fish and Game held its kids fishing clinic on Saturday, which Barrett-Kitchen said drew a lot of kids. he said they try to provide as many things for the whole family as possible.

“We have some kids on the board that



Michael Steffan of Wells, Maine (joined by derby chair Heidi Barrett-Kitchen) won the grand prize at the 41st annual Great Meredith Rotary Ice Fishing Derby.

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fish have got,” Barrett-Kitchen said.

The winners of the heaviest fish of the weekend went into a drawing for the grand prizes.

Michael Steffen of Wells, Maine, won the grand prize of \$15,000 (which will come to \$11,250 after taxes). Steffan caught a 2.54 pound, 16 inch long black crappie.

Second place of \$5,000 went to Travis Williams of Center Harbor, who caught a white perch weighing 2.64 pounds and was 16 inches long.

Third place went to Bill Glowik of Lynnfield, Mass., who won \$3,000. Glowick caught 5.38 pound, 27-inch long pickerel.

The weekend’s heaviest fish overall was a 12.1 pound, 30-inch long lake trout caught by Bradley Sar-

gent of Concord.

Adam Hamilton of Derry caught the largest cusk of the weekend at 7.31 pounds, 30.25 inches.

The biggest rainbow trout of the weekend at 5.25 pounds and 22.75 inches was caught by Michael Hogan of Derry. Eric Bouchard of Newfields caught the biggest yellow perch at 1.71 pounds and 15 inches.

All fish on the board that weren’t claimed will make for tasty treats for the animals at the Squam lakes Natural Science Center.

The derby is the Meredith Rotary Club’s biggest fundraiser and the money goes toward charitable efforts such as scholarships, community projects, youth programs, international relief, and so many more.

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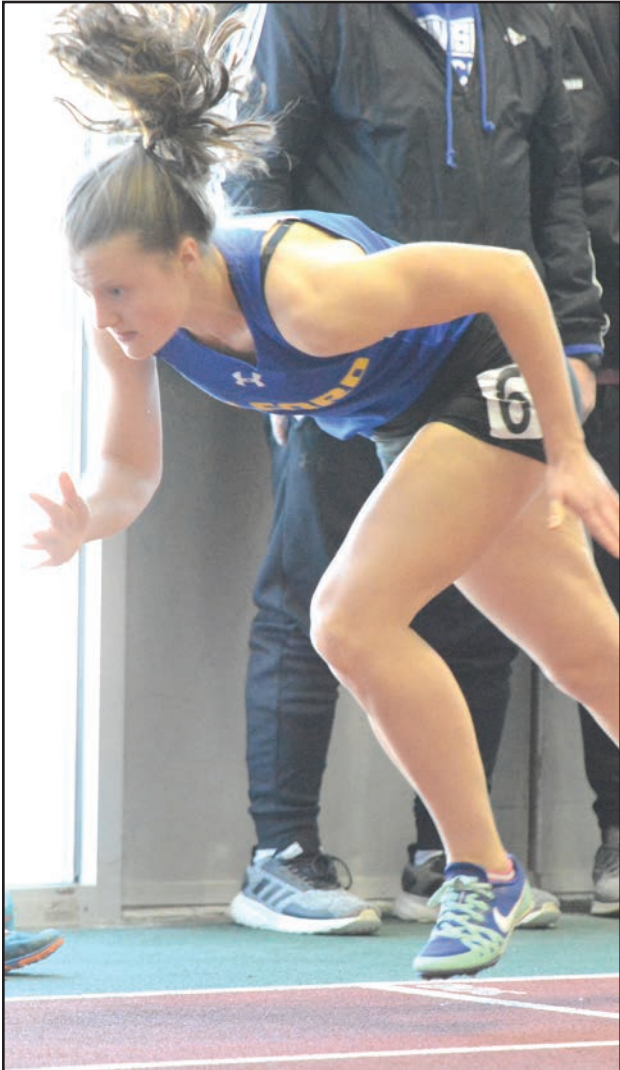
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## SPORTS

# Natalie Fraser wins 300-meter indoor D2 title



JOSHUA SPAULDING  
Natalie Fraser was the winner of the 300 meters last weekend at the Division 2 state championship meet.



JOSHUA SPAULDING  
Brianna Fraser competed in the Division 2 state championship meet last week for Gilford.



JOSHUA SPAULDING  
Emma Ramsey was part of the Gilford 4X200-meter relay team last weekend in a meet at Dartmouth College.

BY BOB MARTIN  
Bob@Salmonpress.news

HANOVER – The Gilford girls' track team

competed in the Division 2 state championship last weekend and several athletes stood

out with big days for the Golden Eagles, highlighted by a win by Natalie Fraser in the 300 meters.

In the 300-meter dash, Fraser took the state title with a time of 43.30. Brianna Fraser was 11th with a time of 44.88.

In the 55-meter hurdles, Emma Ramsey was 16th with a time of 10.20.

In the 4X200-meter

relay, Gilford was ninth with a time of 1:55.38. The team included the Frasers, Ramsey and Allison Kenyon.

## Lakes Region United accepting registrations for spring season

REGION — Lakes Region United Soccer Club is now registering athletes for the upcoming spring outdoor season with the New Hampshire Soccer League (NHSL) and to compete in the annual Amherst Memorial Day Classic Soccer Tournament. Lakes Region United receives support from Grapone Automotive Group in Bow as its primary uniform sponsor, helping to keep competitive travel soccer affordable and accessible in the Lakes Region. LRU is always looking for new volunteers and coaches to help existing teams or build new teams - especially at the younger age groups. The club offers support and opportunities for coach education and development. E-mail info@lrusoccer.com with any questions or for more information.

Lakes Region United is a 100 percent parent and volunteer-run soccer club drawing athletes from around the Lakes Region. For more than a decade, LRU has been developing players who aspire to play soccer

at high levels, as they move through elementary and middle school and beyond. Many LRU players go on to play varsity high school soccer, and there's a growing list of players who have competed in college soccer at various levels.

Lakes Region United receives support from Grapone Automotive Group in Bow as its primary uniform sponsor, helping to keep competitive travel soccer affordable and accessible in the Lakes Region. LRU is always looking for new volunteers and coaches to help existing teams or build new teams - especially at the younger age groups. The club offers support and opportunities for coach education and development. E-mail info@lrusoccer.com with any questions or for more information.

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BOB MARTIN

Joey Blake helped the Bulldogs to a pair of solid wins last week for Belmont/Gilford.



BOB MARTIN

Nate Shirley has been playing excellent defense for the Belmont/Gilford Bulldogs this season.

# Bulldogs continue strong play with two more wins

BY BOB MARTIN

Bob@Salmonpress.news

LACONIA – The Belmont/Gilford Bulldogs remained hot with a pair of wins last week over Laconia/Winnisquam/Inter-Lakes and Pembroke/Campbell.

On Wednesday, the Bulldogs took on Pembroke/Campbell and for the third straight game, Colin McGreevy was lights out with a shutout win by a score of 6-0. Belmont/Gilford came out on fire with a three-goal first period. Griffin Tondreau got



BOB MARTIN

Colin McGreevy had a pair of wins last week in net, including a 6-0 shutout over Pembroke/Campbell.

the Bulldogs on the board early with an unassisted goal with 11:16 remaining in the period. Three min-

utes later, Belmont/Gilford struck again with a goal by Brady Logan, assisted by Joey Blake. The third goal came as time was winding down in the first period, on a goal by Hayden Parent assisted by Nate Shirley and Dylan Flannery.

Parent scored his second goal in the next period to make it a 4-0 game. In the third period, Tondreau scored his second goal of the game with assists by Parent and Shirley. The final goal came with 1:11 on the clock by Will Robarge, with an assist by Trevor Chassie. McGreevy finished with 20 saves in the shutout victory.

On Saturday, Belmont/Gilford took on Laconia/Winnisquam/Inter-Lakes and

won an exciting battle 7-4 with hat tricks from Parent and Blake. Tondreau added a goal and two assists in the win over the Lakes Region rival.

Belmont/Gilford jumped up with an early four-goal lead in the first period and despite the game getting chippy and the Lakers battling, Belmont/Gilford was able to fend off the Lakers and secure the win.

“The game got chippy and Laconia was able to battle back with a couple goals, but B/G kept answering to keep a minimum of a two goal lead all game,” said coach Jason Parent. “Some timely saves from Colin McGreevy keep B/G rolling with a fourth consecutive win.”

## Hughes buzzer-beater puts Gilford past Laconia

BY BOB MARTIN

Bob@Salmonpress.news

GILFORD – The Gilford High School boys' basketball team hosted cross divisional rival Laconia last week and the Golden Eagles remained undefeated with a gutsy 55-54 overtime victory.

The Golden Eagles only had the lead twice, once being 6-4 early in the game and then at the buzzer when Gilford secured the win on a shot by Logan Hughes as time expired. Adrian Siravo scored 14 points despite getting into foul trouble. Malik Reese scored 14 points and was also commended by coach Rick Acquilano for his solid de-

fense. Jalen Reese was big off the bench for the Golden Eagles with 11 points in the win.

The Gilford girls' basketball team took on the Laconia Sachems last week and while the majority of the game was evenly matched, the Sachems proved to be too much for the Golden Eagles in a 44-31 win.

Gilford had an 8-6 lead after one quarter but Laconia surged back in the second quarter to take a 21-19 lead into the half. Gilford came out flat in the third quarter and were outscored 10-1 which was the deciding factor in the game.

Allison Carr was the scoring leader with a

14-point night for the Golden Eagles. Kate Sullivan continued to play well-rounded basketball with eight points, eight boards, four steals and a pair of blocks. Abby O'Connor had eight rebounds and four blocks in the game while Vanessa Flanders scored three points.

“We played them pretty even in the first half but we made way too many turnovers and were five for 27 from the floor in the second half,” said coach Rick Forge. “Laconia was just too much for us to handle and they shot well enough in the second half to pull away.”

# Wolfeboro Winter Carnival to feature curling open house



COURTESY PHOTO

WOLFEBORO WINTER CARNIVAL will feature a curling open house on Feb. 23.

WOLFEBORO — Have you found yourself scrolling television channels late in the day and stumbling on a curling match in progress and have you maybe lingered, mystified by the way a large granite stone can travel 100 feet with pinpoint accuracy, steered by madly shouting sweepers? Do you know someone who plays on a curling team and is endlessly enthusiastic about the competition, the strategy and the teamwork?

If so, here's your chance to find out what the fuss is all about.

Again this year,

Wolfeboro Winter Carnival, sponsored by the Department of Parks and Recreation, will feature a curling open house at Pop Whalen Ice Arena. The session, which is set for Sunday, Feb. 23, at 2:15 p.m., is free and open to the public.

Members of the Lakes Region Curling Association will be on hand to provide an overview of the game of curling and to offer participants an opportunity to learn scoring and curling skills. Instructions will include an opportunity to try the classic sliding delivery of the curling stone as well

as a standing delivery using a specially designed "delivery stick."

Participants are asked to bring a pair of clean-soled shoes, athletic shoes work well, that they can change into at the rink in order to protect the ice surface from grit and de-icing chemicals found on walkways and parking lots.

For more information, see the LRCA web site at lakescurlingnh.org. Visitors to the site can view informative videos, access information about curling rules and game play, and find the latest information about LRCA events and activities.



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# Gilford swimmers wrap up the regular season

BY BOB MARTIN  
Bob@salmonpress.news

HANOVER – The Gilford High School swim team competed in the last regular season meet last week and coach Dave Gingrich was very pleased with the team's performance, noting that the Golden Eagles girls' team was the second highest scorer and there were 18 personal bests with dropped times.

Laurel Gingrich was first in the 50-yard free with a time of 25.73, qualifying her for the Division 2 state meet. Lauren Sikoski was ninth with a time of 29.92 and Reagan McIntire was 10th with a time of 30.65.

Grace Shoemaker qualified for the state meet in the 100-yard butterfly with a time of 1:11.01.

In the 200-yard medley relay, the Golden Eagles were third with a time of 2:15.05. The team included Claire Bartley, Sikoski, McIntire and Gingrich.

In the 200-yard medley relay boys' race, the Golden Eagles were third with a time of 2:29.60. The team included Aidan Malek, Neal Miller, Griffin Plourde and Charles Purcell.

In the girls' 200-yard individual medley, Catherine Pingol was fourth with a time of 3:06.23. Jillian Cookinham was seventh with a time of 3:21.34.

In the girls' 200-yard



Gilford swimmers pose for a photo. Front row (l to r), Jillian Cookinham, Laurel Gingrich, Grace Shoemaker and Leilani Watt. Back row (l to r), Madison Eastman, Charles Purcell, Neal Miller, Reagan McIntire and Elena Uicker.

freestyle, Avery Totten was 11th with a time of 2:45.35.

In the boys' 50-yard freestyle, Malek was 14th with a time of 29.38 and Purcell was 16th with a time of 30.50.

In the girls' 100-yard butterfly, Gingrich was fourth with a time of 1:06.66, which qualified her for the state meet. Sikoski was ninth with a time of 1:22.37.

In the 100-yard freestyle, Madison Heyman was 17th with a time of 1:16.24 and Madison Eastman was 18th with a time



Aidan Malek competes in the breaststroke for the Golden Eagles.

of 1:17.07. Cookinham was 20th with a time of 1:17.49.

In the boys' 100-yard freestyle, Plourde was 11th with a time of 1:14.09.

In the girls' 500-yard freestyle, Shoemaker was fifth with a time of 6:33.21.

In the boys' 500-yard

freestyle, Neal Miller was third with a time of 8:28.40.

In the girls' 200-yard freestyle relay, Gilford was third with a time of 1:59.30. The team included Emily Watson, McIntire, Sikoski and Gingrich.



Leilani Watt competes in the freestyle for the Gilford swim team.

In the girls' 100-yard backstroke, Bartley was sixth with a time of 1:17.18 and McIntire was eighth with a time of 1:18.25. Alexa Leonard was 10th with a time of 1:22.90.

In the girls' 100-yard breaststroke, Taryn Wernig was seventh with a

time of 1:36.42 and Maria Uicker was 11th with a time of 1:37.81. Watson was 15th with a time of 1:41.98.

In the boys' 100-yard breaststroke, Malek was eighth with a time of 1:26.62 and Miller was 10th with a time of 1:36.08.

## Mt. Washington road race registration open until Feb. 24

PINKHAM NOTCH — Registration for the 60th running of the Northeast Delta Dental Mount Washington Road Race will be open until Feb. 24 at 11:59 p.m. Following the close of registration, a computer will randomly select the runners who will be entered in the race. The entry fee, charged to those who are selected, is \$95, not including administrative fees. Notification of acceptance or rejection by the lottery will be sent via e-mail to each applicant on Feb. 27.

Lottery registration is at <https://mtwashingtonautoroad.com/mount-washington-road-race/for-racers/race-registration>. Runners may register individually or as a group. Runners registering as a group (up to 25 runners) will either all be selected together or all be turned down by the lottery.

Reigning World Mountain Running Champion, Joe Gray, 36, from Colorado Springs, Colo., and last year's Mt. Washington winner, Eric Blake, are both set to return to the Northeast Delta Dental Mount Washington Road Race. Gray has won at Mt. Washington four times consecutively from 2014 through 2017. He missed the race the last two

years. Blake, 41, of West Hartford, Conn., has won the Mt. Washington Road Race four times.

Heidi Caldwell from Craftsbury Common, Vt., the 2019 winner of the women's race, and Kim Nedeau, 40, of Leverett, Mass., the second place finisher last year, are returning to race in the 60th anniversary event. Caldwell was part of the first tie in Mt. Washington Road Race history last year. Nedeau finished second, trailing the winners by 30 seconds.

Sponsored by Northeast Delta Dental, the race ascends the Mt. Washington Auto Road from Pinkham Notch to the 6,288-foot summit of Mt. Washington. In addition to the unrelenting grade, runners face the added challenge of Mt. Washington's famously high winds, precipitation, and unpredictable temperatures.

Prizes include \$1,000 apiece for the first male and female finishers, smaller cash prizes for the next five men and women and the top three male and female masters (over 40), prizes for the first male and female finishers from New Hampshire, and a \$5,000 bonus for setting a new course record. The race will take place on Saturday, June 20, starting at 9 a.m.

2020 SALMON PRESS

Plymouth  
Community Guide

Published end of April 2020

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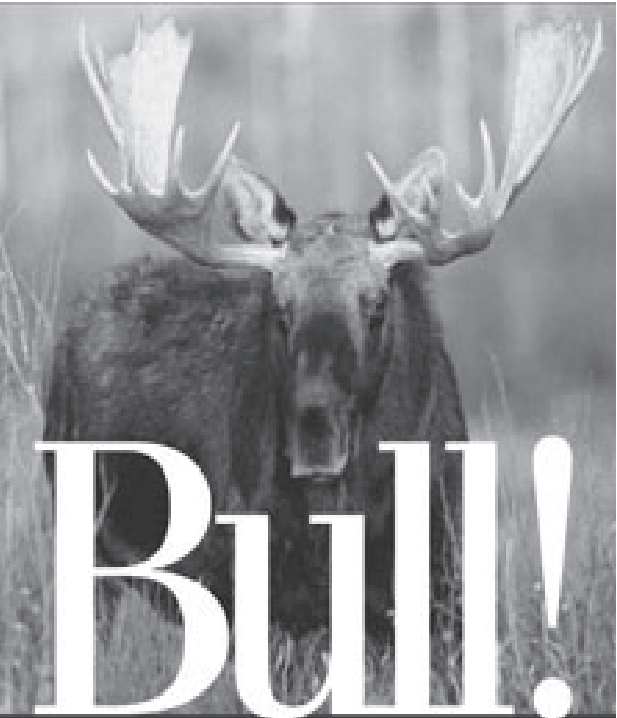
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- Know your children's friends
- Ensure your children's social environments are alcohol-free
- Have daily, positive communication and interaction with your children
- Eat dinner together



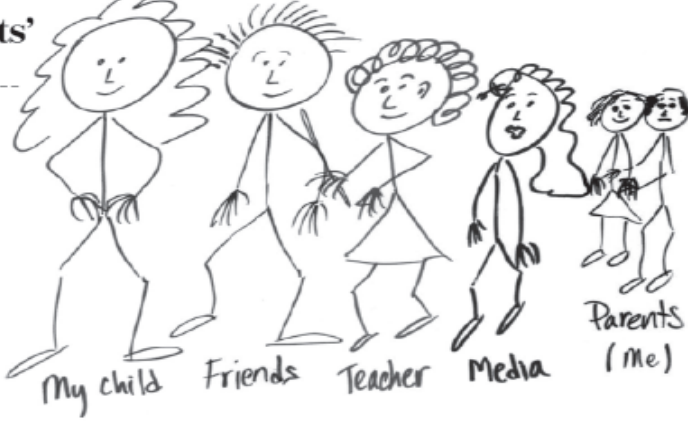
Research shows teens who regularly eat as a family (5-7 times per week) are **33 percent** less likely to use alcohol.



**Most parents don't realize they are the No. 1 influence in their children's lives.**

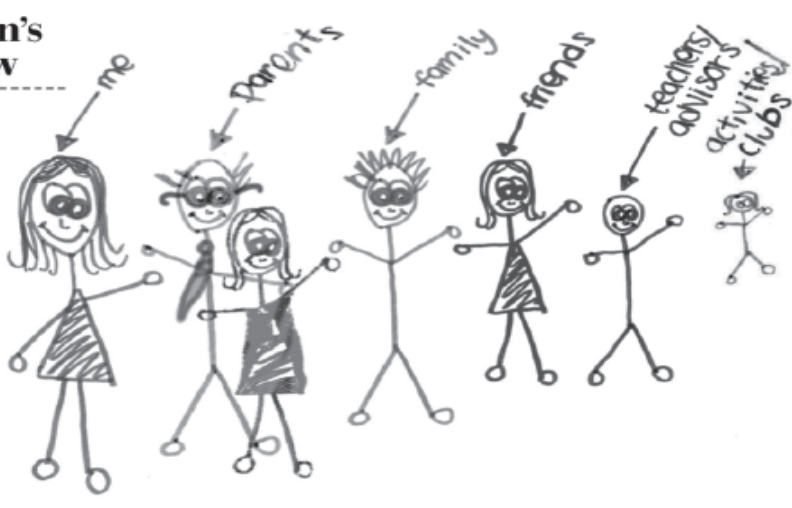
When parents were asked to draw the greatest influences on their teens, they placed themselves last.

**Parents' view**



When teens were asked to draw the major influences in their lives, they placed their parents first, before peers and activities.

**Teen's view**



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TOM MISSERT – COURTESY PHOTO

Game-winner

Tommy Condon scores the game-winning goal for the New England Wolves in action against the Worcester Junior Railers over the weekend. The Wolves got the 4-3 win.

A disappointing, but likely necessary, move

I love Mookie Betts. He is a dynamic player with charisma that is hard to match. However, it had become fairly clear that he was not resigning with the Red Sox at the end of this season. Losing such a great player and getting nothing in return would be a tough pill to swallow. Reported accounts have stated that the Red Sox made a huge offer to Mookie in order to get him to sign a new deal, but he was determined to go to free agency and it became more and more apparent this off-season that he was likely getting traded at some point.

SPORTING CHANCE



By JOSHUA SPAULDING

Well, that day came on Tuesday. I was at the Village Players Theater in Wolfeboro finishing up set build when the notification came through from the ESPN app on my iPad that the trade was made. It's disappointing to lose Mookie Betts, without a question. The Red Sox are not as good without him as they were with him, but I completely understand the reasoning for trading him. Chaim Bloom has had a

tough first few months on the job, first having to deal with the cheating scandal that led to Alex Cora being relieved of his duties and now with this massive trade. But, in my opinion, the Red Sox did the best they could with this trade. They got a solid Major League outfielder to fill the void left by Mookie's departure and they got a pitcher with plenty of power who has Major League ability and should be a key piece of the puzzle going forward. The fact is that the Red Sox farm system was decimated by the regime of Dave Dombrowski. Bringing in two young

pieces to add to the fairly young crew of Major League players, such as Xander Bogaerts, Christian Vazquez, Rafael Devers and Jackie Bradley should have the Sox in a decent position moving forward. Though, Mookie would still be a better piece than both of those new pieces. While Mookie was the big name in the trade, the fact that the Sox also got the Dodgers to take most of the massive contract of David Price is also a blessing. Not only does it give the Sox some financial flexibility, it also clears the team of what most people have viewed as a clubhouse cancer over the last few years. His fights with perhaps one of the most

iconic Red Sox players of all time, Dennis Eckersley, pretty much proved that he was not the right fit in Boston. Obviously, Price was instrumental in the 2018 World Series championship but being able to rid themselves of the presence and the contract is a positive moving forward. I'm not going to say this is the best move in Red Sox history, but unfortunately, it was a necessary move given what Mookie was looking for in free agency. It's apparent now that this is Chaim Bloom's team. It is going to be interesting to see just how this season unfolds. Then again, as the weekend progressed

came word that the third team involved in the trade was backing out. There's always drama. Of course, it would be nice if there was a manager named at some point soon. Finally, have a great day, Luke LaFreniere. Joshua Spaulding is the Sports Editor for the Granite State News, Carroll County Independent, Meredith News, Gilford Steamer, Winnisquam Echo, Plymouth Record-Enterprise, Littleton Courier, Newfound Landing, Coos County Democrat, Berlin Reporter and The Baysider. He can be reached at josh@salmonpress.news at 279-4516, or PO Box 729, Meredith, NH 03253.

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