

# Sanbornton Historical Society to host program on immigration

SANBORNTON — The Sanbornton Historical Society is proud to present “A Brief History of Immigration to New England” on Thursday, Aug. 12 at the Old Town Hall.

Immigration to New England has long been a way of life in the northeastern United States. A presentation examining that way of life will be presented by Brad Wolff. This program will examine the wide variety of people who have migrated to New England and trace some of the influence those relocations have exerted on the area’s culture, economy and way of life. Reference will be made to circumstances in other parts of the world that encouraged migration, America’s well known reputation as the land of opportunity, and the evolving legal framework governing immigration. The 2010 census data and first glimpses of 2020 data will be used to investigate what current patterns of immigration exist.

Brad Wolf is a retired social studies teacher and former New Hampshire Department of Education Social Studies Teacher of the Year. He is a frequent presenter of historical programs in a variety of settings. He resides in Moultonborough with his wife Karen. This program is open to anyone interested in this fascinating historical topic.

Please note that the Sanbornton Historical Society programs for 2021 will be held at the Old Town Hall at 19 Old Meetinghouse Hill Rd. in Sanbornton for more room and social distancing. Programs are free to the public, and all are welcome.

# HealthFirst Family Care Center celebrates National Health Center Week Aug. 9-14

FRANKLIN — HealthFirst Family Care Center’s two sites based in Laconia and Franklin will join other community health centers (CHC) in celebrating National Health Center Week, Aug. 9-14. National Health Center Week recognizes the work of health centers nationwide and the health care teams working to keep their communities healthy and safe.

Community health centers provide preventive and primary care services to almost 30 million people, 93,000 of whom are in New Hampshire alone. We are committed to providing care to underserved community members and those who disproportionately suffer from chronic disease and lack access to affordable, quality care and have continued to do so while facing a global pandemic. While our approach is community-based and local, collectively we are a critical piece of the nation’s health care system and collaborate with hospitals, local and state governments, social, health and business organizations to improve health outcomes for people who are medically vulnerable.

HealthFirst’s integrated health care model is designed to address the needs of the whole person, not just one’s physical health, and does so by coordinating various wraparound services for an individual. Services may include assistance to address the factors that may cause poor health, such as poverty, homelessness, substance use, mental health, food insecurity, unemployment, and more.

HealthFirst’s Chief Executive Officer, Russell Keene stated, “While COVID-19 continues to exacerbate social and medical inequities across the country, HealthFirst has stretched itself to reconfigure services for those in need such as serving our communities through telehealth, offering convenient COVID-19 testing and vaccinations, offering same day appointments, all while still ensuring our patients can access necessities like food and housing resources.”

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# Community and comics come together at RePetes

National Free Comic Book Day coincides with Belmont’s Old Home Day



DONNA RHODES

Peter Swain of RePetes Comics and Collectibles on Main Street in Belmont and his comic book pal Deadpool look forward to seeing everyone this Saturday, Aug. 14 for a joint celebration of Old Home Day and National Free Comic Book Day.

BY DONNA RHODES  
Contributing Writer

BELMONT — Saturday, Aug. 14, is not only Old Home Day in Belmont; it is also National Free Comic Book Day, and Belmont’s newest business, RePetes Com-

ics and Collectibles at 141 Main St., hopes that as the celebration gets under way on the town green, people of all ages will come across the street for not only a free comic book but a chance to see all his

new store has to offer. There will also be raffles and giveaways for those who stop by that day.

Open since March 6, owner Peter Swain now offers not only collectible comic books and

action figures known to many generations, but current comics, pop culture collectibles, custom art and much more. In fact, greeting customers to Swain’s shop are life-size stat-

SEE REPETES, PAGE A8

# Franklin Savings buys tax credits for Gale School

BELMONT — Franklin Savings Bank purchased \$50,000 in New Hampshire business tax credits from Lakes Region Community Developers (LRCD) to support the redevelopment of the Gale School in Belmont. The project will transform the dilapidated historic building into a vibrant community facility hosting a child care center operated by the Boys & Girls Club of Central NH and a program center operated by Lakes Region Community Services (LRCS).

Construction could begin as early as next year if fundraising is successful. LRCD must sell \$574,000 more in tax credits to move ahead with construction.

“We are thrilled to support the redevelopment of the Gale School,” said Ron Magoon, President of Franklin Savings Bank. “The family supports that will be offered in the renovated space are critical to the health of our local economy. We also love the collaboration between these three long-standing organizations that serve our region so well.”

“This project is very exciting,” said Carmen

Lorentz, LRCD’s Executive Director. “We are so grateful to Franklin Savings Bank for their sup-

port. Lots of people have worked incredibly hard over decades to save the Gale School and bring it

back to life to serve the community again. It’s humbling to be part of

SEE CREDITS, PAGE A9



COURTESY

Left, Ron Magoon, President & CEO of Franklin Savings Bank; Right, Carmen Lorentz, Executive Director of Lakes Region Community Developers standing in front of the Gale School in its new location at 60 Concord St., Belmont.



# Master illusionist to appear at Lakeport Opera House



Lyn Dillies

LACONIA—The most highly acclaimed female illusionist in America, Lyn Dillies, will deliver a dazzling display of magic at the Lakeport Opera House on Aug. 21 at 7:30 p.m. This spectacular, eye-defying illusion show will astound audiences of all ages and keep everyone on the edge of their seat.

“Magic has been my vehicle to not only en-

tertain, but inspire lives and make a difference,” said Dillies who found her destiny at the age of 12. “It’s what I was born to do.”

Dillies, from Westport, Massachusetts, is a pioneer in a male-dominated field and has been performing for more than 20 years. From the grandeur of New York City’s Lincoln Center to Hollywood’s Mag-

ic Castle, her unique brand of mystery, comedy and audience participation amazes and astounds through some of the most masterful, mind-blowing illusions in magic today. Dillies was the first illusionist ever to make two live Asian elephants appear in succession during the grand opening of the Buttonwood Park Zoo in New Bedford, Mass.

“Lyn is amazing and on the cutting edge of illusionists,” said Emma Teto, Opera House talent director. “She’s wowed audiences at sold out shows all over the world. Her shows are visually stunning, with a Vegas flair of glitz and glamour mixed with a family-friendly appeal.”

In 2013, she became the first female illusionist in history to receive the prestigious Milbourne Christopher Award from the Society of American Magicians, joining a list that includes David Copperfield, Penn and Teller and Siegfried and Roy. In 2009, Dillies was awarded the Merlin Award for Female Illusionist of the Year from the International Magician’s Society. Dillies has appeared on television and has shared the stage with notable entertainers such as Marvin Hamlisch, Jeff Dunham, Bill Engvall and Mikhail Baryshnikov. A pioneer in her field, Dillies produces her Learn

Magic with Lyn DVD, which empowers children to perform their own magic; has founded Your Vote is Magic!, a public service campaign to promote voter awareness to young people; and has created Magic at the Symphony program, which sets some of the most breathtaking illusions in magic against the beauty and drama of classical music played by a full symphony orchestra – a truly unique entertainment experience.

The Opera House is a 200-seat venue built for comfort, style and mobility. Every seat in the house has an unobstructed view, cocktail service and the best sound system for an experience unlike anything else in the area. More than \$1 million was invested in the Opera House renovation which opened in June after being closed for 60 years. Originally built in 1882, this venue mixes modern design elements with historic

charm for a unique cultural experience. The Opera House is once again home to live musical performances, theatre productions, comedians, magicians as well as being host to community-focused events, weddings, and private and corporate gatherings. Once a mainstay of Laconia’s Lakeport community, the Opera House is on center stage in New Hampshire’s Lakes Region.

Upcoming performances include: medium Maureen Hancock on Aug. 8, An Evening of Opera on Aug. 13, a Michael Jackson Experience on Aug. 14, The Miss Winnepesaukee Competition 2021 on Aug. 15, Rockphoria on Aug. 19, Murder Mystery on Aug. 22, That Motown Band on Aug. 27 and Femmes of Rock on Aug. 28.

For more information on events and to purchase tickets in advance, visit lakeportopera.com.

## You’re invited to “The Dinner Party” at the Colonial

LACONIA — Powerhouse Theatre Collaborative, a program of the Belknap Mill and the resident theatre company of the Colonial Theatre, is excited to kick off its 2021 Colonial Series with Neil Simon’s “The Dinner Party,” directed by Bryan Halperin and produced in collaboration with The Community Players of Concord. “The Dinner Party” is sponsored by Franklin Savings Bank, Dow Realty Group, and Bonnette, Page and Stone.

“The Dinner Party” is one of Simon’s last plays, and one in which he attempted to do something he hadn’t done before - write a farce. But not just any farce! Simon wanted to attempt a farce that at the end became real. Combining humor and pathos, “The Dinner Party” is set in 1999 in a private dining room in a fancy restaurant in Paris. As guests

arrive, they see that the party will be an intimate affair, as the table is set for only six guests. But why they have been invited, and who the other guests will be, remains a puzzle to be solved in time for dinner!

“The Dinner Party” cast is filled with veteran New Hampshire community theatre performers with experience at theatre companies all over the state. A talented group of comedians, the cast includes Aaron Compagna, Jennifer Schaffner, Jake Stone, Tess Hodges, Doug Schwarz and Ursula Boutwell. The production team also has extensive experience with both professional and community theatre credits throughout New Hampshire. Led by Powerhouse producers Bryan and Johanna Halperin, Gay Bean handles costumes, Jim Webber is the set design-

er, Chuck Fray provides sound effects and music, Lauren-Shelby Douglas assistant directs and handles props, and Tyler Soucy’s team at TS Event Productions will build the set and provide light and sound designs. Katie Duncan serves as Stage Manager and as co-producer.

Says Bryan, “We’ve been waiting for so long to bring a show to the beautiful Colonial! ‘The Dinner Party’ is a light and funny comedy perfect for dipping our toes back into the live performance arena and for testing out the new space before we dive into bigger productions this fall.”

The production runs Friday and Saturday, Aug. 13 and 14 at 7:30 p.m. and Sunday, Aug. 15 at 2 p.m. Social distancing will be in effect, and masks will be required for patrons. The show runs one hour and 40



COURTESY

Albert (Aaron Compagna, left) regales fellow dinner party guests Mariette (Tess Hodges) and Gabrielle (Ursula Boutwell, right) at a recent rehearsal.

minutes with no intermission. Tickets can be purchased at [www.coloniallaconia.com](http://www.coloniallaconia.com).

Powerhouse’s 2021 season is sponsored by Spectacle Live and the Colonial Series is sponsored by the RE/MAX Bayside and Taylor

Community. For more details on Powerhouse and all the programs at the Belknap Mill or to find out how to become a sponsor, visit [www.belknapmill.org](http://www.belknapmill.org) or email [powerhouse@belknapmill.org](mailto:powerhouse@belknapmill.org). For info on the Community Players

of Concord, go to [www.communityplayersofconcord.org](http://www.communityplayersofconcord.org).

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## Helicopter parenting a college student

Gone are the days when your child would head off to college to only place a collect call home once a week, or perhaps would send a letter once a month. In those days, our parents had no idea what we were doing on a daily basis, who we were with or where we were at. They had no idea what test scores were coming in or what we had for dinner.

In current times, college students are in instant, constant contact with their parents and we're not so sure that's a good thing. Sure, it's nice to keep in touch but at what cost to your child? Do we really need to know about every fleeting moment of our child's lives? Naturally, we want to protect our children and keep them safe, but this is not the way to do it. Teach them the skills to protect themselves long before they fill out that college application.

To make things worse, most universities now have Facebook pages for parents. While this can be a great resource, it is also a breeding ground for parents to enable other parents, to enable their children, to lack independence and the skills to be resourceful.

Way back when, children had to be home by dark. In today's world, you have parents posting questions on parent's pages on whether or not to use Tide Pods in the washers at school. Why not let your child head off to the laundry mat at school, with a Tide Pod and figure it out for themselves? Other questions are often posed in regard to the furniture in dorm rooms, where parents are asking other parents for pictures so they can better prepare their student prior to moving in. Window sizes, storage space under the bed, outlets, you name it, it's been asked. Again, why not let your college student figure these things out for themselves along with their roommates? They are not in middle school anymore and can very well handle figuring out what they need on their own. If they ask for your help, then of course step in.

Point blank, parents are asking questions on behalf of their children. If a student has a question about parking, or a class or something in regard to move in day, teach them to pick up the phone and call the appropriate person, you know, like an adult would do.

While we think parent to parent support is a great resource, it has gone too far. Parents are posting pictures of their child in their dorm rooms as if it is their first day of Kindergarten. We know that parents are proud, as they should be, but wouldn't those pictures be better suited for a private page for friends and family to see, instead of potentially embarrassing your child?

If a student is having an issue with a roommate, parents are leaning on these pages to sort it out, asking for advice on how to handle it. Why not just tell your student, how to handle it themselves? It is natural for parents to want to swoop in and save the day and fix everything, but in doing so you are creating a way for your young adult to not be self-sufficient. Common sense tells us, that if your student is having a roommate issue, they need to talk to their hall director.

Parents have asked questions such as 'What winter jackets are boys wearing this year?' 'Does my child need an umbrella?' 'Does anyone do grocery delivery?' 'Where can my son sign up for activities?' These appear to us to be a bit over the top.

Trust in your parenting and trust in your child to take care of their own needs. When parents hover, it can have adverse effects. This doesn't mean parents can't be involved or shouldn't be involved in some way.

When helicopter parents overparent, they are sending the message to their student that they cannot do these simple things on their own. A survey of 450 students with helicopter parents, discovered that these individuals lacked the confidence in thinking they could accomplish their own goals in the workplace. As a result, they were more dependent on others and had difficulty coping which led to an increase in anxiety and panic attacks when put under pressure. You will not be around forever, and your child is capable of handling things on their own. The purpose of child rearing is to teach them how to navigate the world on their own, so they can live the best quality of life possible.

The solution is to have a conversation with your child, and ask them how they want you to be involved and how and when you can support them.

## STRATEGIES FOR LIVING

BY LARRY SCOTT

After Tiger Woods had been caught violating his marital covenant and disappointing many who had grown to respect him and admire his extra-ordinary abilities, the media was finally given access to him. One very sharp journalist asked him this question, "How could you have lied to so many for so long?" And that from a journalist? Anyway, Tiger was quite candid. "Because," he responded, "I lied to myself."

In a question and answer session with Christian Apologist Ravi Zacharias, Jeff Foxworthy asked him, "What are some of the biggest lies that our culture tells us today?" Zacharias, to answer the question, brought up this interview with Tiger Woods and said this: "I would have loved to have had a follow-up question. 'What did you lie to your-

self about? Did you lie to yourself that you would never get caught, or did you lie to yourself that in doing what you did, that's where lay your happiness?' That, you see, is the deadly lie! The real lie in the system is that you think you can violate the boundaries that God has set and think that in that violation you will find your fulfillment and find your happiness. It simply is not true." (From You-Tube, "Ravi Zacharias and Dennis Prager, 'The Death of Truth, the Decline of Culture' Q&A"). God made us as we are. Our drives, predispositions and interests come from God himself, built into us from the day of creation. Why would God, you must ask yourself, put such restrictions on our happiness? Why would he do such a thing?

God has given us these boundaries that

we might live a balanced life. The boundaries are there and thank God for them. Without the checks and balances that He has given we are all prone to self-destruct. We live in a day when the mantra of so many is, "We live in a free country; I deserve to exercise my rights!" However aberrant their interests, they call for justification and the validation of their behavior. Sooner rather than later, I fear they are going to discover the answer to some of the questions we have raised. Sin is a terrible taskmaster; you play with fire, Mr., and sooner or later you will be burned!

I am grateful for my Christian heritage. If after death I discover that my faith is bogus, that there is no God, no heaven or hell, no day of reckoning for the Hitler's and Stalin's of history, I am still pleased to have

discovered what I call "the way of truth." Had I not been born into a Christian home, I would have indulged myself on any number of things that are clearly self-destructive. Granted there are some experiences I will never have, some "highs" I will never experience. I am neither bragging nor complaining; I am just profoundly grateful.

So what does one do when caught, as was Tiger Woods. How does one recover? Jesus said, "Come unto me, all you who are weary and burdened, and I will give you rest." That invitation stands; it was true then, and it is still true today. God's solution to our deepest disappointments and our most intractable problems has been given; his name is Jesus Christ.

You want to talk about it? Hit me up at rlarryscott@gmail.com.

## LETTERS TO THE EDITOR

### A perfectly timed Editorial

To the Editor:  
The July 15 Editorial, "Keep it civil," is perfectly noted. I agree completely, and we must bring some class and civility back into this very sad culture. Does it make one feel better to yell obscenities and try to demean others? Thank you for writing on this. And to Larry Scott, he is so inspiring. Keep ministering to us, Larry. You speak well about all Jesus

has done and given to us, His life in love. Thank you as well, and may God continue to bless you.  
Last but not the least, John Harrigan. I'm a faithful reader, and love all his stories. They're great. Makes me proud to live in New Hampshire.  
Sincerely,  
Carol Seely  
Belmont

## Comfort Keepers

### Seniors and kitchen safety: Tips for the "heart of the home"

BY MARTHA SWATS  
Owner/Administrator  
Comfort Keepers

A kitchen is often the central gathering place in the home. Family dinners, special occasions and time shared together all happen in the heart of the home.

Making sure the kitchen a safe, happy place is important. On a daily basis, many of us spend time in our kitchens, and it is easy to forget that the kitchen can be a place where dangerous accidents are not uncommon – especially for seniors.

When it comes to senior adults and kitchen safety, the numbers show where potential issues can occur:

The National Fire Protection Association reports that three (3) in ten (10) home fires start in the kitchen, more than any other room in the house.

The Centers for Disease Control and Prevention reports that 76 million cases of foodborne illness occur each year, including 5,000 fatal cases. Older adults, due to a natural decrease in their immune systems, can succumb to food poisoning more easily and have a harder time fighting it off if they do.

Kitchens are also areas with high fall-risk areas: items stored out

of reach, slippery floors, and the likelihood that meals are carried to eat in another room.

The Federal Emergency Management Agency (FEMA) reports that people over the age of 65 have a 2.7 times greater risk of dying in a kitchen fire than the general population.

For those that want to ensure that the kitchen is as safe as possible for their senior loved ones, there are three key areas to consider:

Fire prevention and safety – The primary cause of kitchen fires is unattended food – seniors should never leave the kitchen when food is cooking. Automatic shut-off devices are a great tool to help seniors that have memory issues but like to spend time cooking. Loose clothing, kitchen towels and potholders can all catch fire if too close to the stove, so it is good to be mindful about fabric near flames. And, on a regular basis, a qualified electrician should check wiring and outlets to ensure safety compliance – this is a common cause of fires in older homes.

Foodborne illness prevention – Because of the ways our bodies change when we get older, foodborne illness can become a much more serious issue. This can be

prevented by properly storing food, checking fridge temperatures often, properly reheating food, cleaning old items out of the fridge and pantry often and checking expiration dates.

Reduce fall risks – When seniors need to reach an item, whether stored too high or too low, it can cause a balance issue that may lead to a fall. Keeping cooking items within reach is critical. Clutter on counters should be removed, bright lights are helpful, and the heaviest objects should be stored at waist level. Water is often a problem in the kitchen – possible issues include spilled water from the sink, leaking refrigerators and pipe leaks. Spilled water can make kitchen floors slippery, so adding mats and checking water sources often is important.

The kitchen can be a joyful place in the home, with intentional action to minimize the risk of accident or illness. Being safe in the kitchen is not just common sense - and revisiting safety tips for the kitchen is never a waste of time.

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and out of bed or a chair. Our trained caregivers can help with these and other tasks, while engaging clients in activities that improve quality of life. They can also provide support for physician approved diet and exercise plans, provide transportation to appointments and community events and can assess a home for safety issues and reducing fall hazards. For more information on how we can help, contact your nearest Comfort Keepers® office today.

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## Mammoths and mastodons, and place-names of the past



By JOHN HARRIGAN  
COLUMNIST

Cohasse, Coashaukees, Coös County, and Cohas Brook, not to mention Coos Bay (pronounced “cooze”) in the Pacific Northwest--what’s an armchair historian and map aficionado to do?

Place-name similarities occurred on early maps of New Hampshire, just as they did all along the East Coast. Pre-Revolution maps of New Hampshire tended to label everything above the Fifteen Mile Falls (on the Connecticut River, from Littleton on down) as the Upper Cohasse Intervales, and called everything below them the Lower Cohasse.

The Fifteen-Mile Falls began more or less at the towns of Dalton, New Hampshire and Gilman, Vermont, and tumbled southward for about that many miles in one foaming cataract after another. Today, much of the fast water is buried behind dams.

However, many wild and free stretches remain, enough to offer plenty of recreation for the adventurous, from either side of the river. These range from nice little kayak runs to places just right for a forked stick and a night-crawler. The curious need only to scrutinize a good map, and seek them out.

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Early cartographers spelled the name of a little tributary that flowed into the Merrimack River below the stupendous Amoskeag Falls as “Cohas Brook.”

There are at least two obscure sources for this name, and some day I’m going to check them out. I’ve always wondered if early Europeans were simply confused between the Merrimack and the Connecticut rivers.

“Up north,” after all, was (and in some ways still is) a big mystery.

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While we’re on the subject of map mysteries, why are there so many places named “calef” this and that across the nation? They’re everywhere. The word can mean leader, or chief, or calf, or calves, or for all I know, caves, of maybe even “chafe,” which is what chasing it down makes me do.

Similarly, there are many “mammoth” and “mastodon” roads across the country. The reason for this is surprisingly simple: the media were to blame. Well, partly.

In 1848, workers digging a railroad through a ridge in southern Vermont unearthed the bones of a woolly mammoth. The find was the first of its kind, at least the first to make the press. It caused a sensation.

But the nation was expanding quickly, and mammoth and mastodon bones and fossils began turning up all across the continent, and the stories wore off. Today, similar place-name stories (“pigeon roost,” “salmon run,” “buffalo jump,” and so on) are buried on Page 17 or the like and

barely generate a yawn.  
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European newcomers dickering for other people’s land (the Penacooks, the Ameriscogins, the Coashaukees) preferred to think they were dealing with “sachems,” or “sagamos,” to wit, persons of high stature. Sometimes this was true, many times not so very much so.

All too often, land speculators went looking for any Indian of apparent high station, which could be any Indian with the most European trade-goods. Often, this person had no authority to deed land. Private ownership of common land was incomprehensible to Native Americans anyway.

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In all my life, I’ve never been out of sight or sound of Indian place-names. In a region of harsh climate and acidic soils, it is the most enduring legacy we have.

In Nashua, where I landed my first newspaper job, I had the city’s place-name itself as a steady reminder. “Nash-away” is the old phonetic spelling for the people who originally lived there. The river had several rapids and small falls along that stretch, and was augmented by aquifers welling up from adjacent hills.

European settlements tended to move on up the river on a generational basis, with another leap up the river, like migrating salmon, every ten year or so. Every falls in the river seemed to be up for grabs, a mind-boggling opportunity for settlers. Water-rights in Europe had been bought up centuries before, and kept in the family.



JOHN ROCKWOOD — COURTESY

One rides, and two paddle. Photographer John Rockwood will be featured at the Loon Preservation Committee’s annual meeting (via Zoom) on Aug. 26.

Early accounts in Nashua refer to what stood as a local landmark for many years--an Indian-head carved into the trunk of a giant pine tree where the Nashua River flows into the Merrimack. Supposedly, it was left by Indians angry after a one-sided trading session. Why angry Indians would take the time to carve such a thing has always escaped me.

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Somehow, this story reminded me of Frank Parker, the veteran outdoor writer who preceded me at the New Hampshire Sunday News. We didn’t get along so well at first, mainly because of some ignorant stuff I’d written about the pheasant program, but once we’d shot a few games of pool on his basement table we got along just fine.

Frank and I wound up hunting together, and one day we went to one of his favorite places west of Merrimack, in territory I’d come to know well.

Sure enough, we flushed a bird right away, and Frank dropped it

with a clean shot.

“That gun shoots nice,” I said, by way of an off-handed compliment.

“I’ve got another one even better,” Frank said.

A couple of months later, he reached up during a game of pool and handed me the gun, a twenty-gauge ca.-1920s French double. “It’s yours for a C-note,” he said, and I hunt with it today.

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In those days, Route 101-A from Milford to Nashua was open farm country, with one gas station and adjacent restaurant (“Eat Here and Get Gas”) where the road to Merrimack took off. Now, all nine miles are the epitome of a strip-mall.

About where the Coca-Cola bottling plant is (or maybe was), I pulled over one day to take a photograph of the huge and fast-flowing outflow from the high country of Hollis and other towns all around the horizon, from the aquifer that later became the fabled Pennichuck Water Works.

Someone was living along the northeastern bank in a sort of shack, and one of the inhabitants, more or less tending a fishing pole from the comfort of a lawnchair, waved me over and immediately offered me a beer. Sorry, couldn’t stop long, and all that (damned job).

We talked a bit about the behavior of aquifers, and previous inhabitants, and bottling plants, and he said, “Hold on a minute, let me show you something.”

He fetched a round-pointed shovel, and in a spot where I’d just walked drove it in to form a small square, and lifted the sod out, and deep, dark water gurgled below.

“Here, fish here,” he said, offering me a chair:

(Please address mail, with phone numbers in case of questions, to campguyhooligan@gmail.com or 386 South Hill Rd., Colebrook, NH 03576.)

## Granite VNA offers Living with Grief support group

LACONIA — Granite VNA, formerly Concord Regional VNA and Central NH VNA & Hospice, is offering a seven-week Living with Grief Support Group on Mondays beginning Sept. 13 from 5 - 6:30 p.m. Sessions will be held at the Granite VNA Branch at 780 North Main St. in Laconia.

This weekly group offers adults a safe, caring space to share and learn alongside others whose lives and hearts have been broken open by loss. Together, we discuss ways of coping with our grief and the challenges of making our way in a changed world. We welcome people who have suffered the loss of any beloved – in a partnership, family of origin, family of choice, or friendship. While each of our loves and lives are unique, grief is a deeply shared human experience – one where we have much to learn from listening and sharing with each other.

Sessions are free of charge. Registration is required and space is limited to six participants. Participants are expected to wear masks and seating will be spaced. An online option may also be available. Please ask if you are interested.

To register, call Dan Kusch at 524-8444, ext. 2393 or e-mail dan.kusch@granitevna.org.

### About Granite VNA

Granite VNA is a not-for-profit licensed and certified home health and hospice care provider. The agency serves people of all ages in 82 communities across the Greater Capital Region and Central New Hampshire by providing home care, hospice care, palliative care, personal home services, pediatric and maternal child health services, and wellness programming. The agency has offices in Concord, Laconia and Wolfeboro. Formed through the merger of Concord Regional VNA and Central New Hampshire VNA & Hospice, Granite VNA has served New Hampshire since 1899. For more information about Granite VNA, visit [www.granitevna.org](http://www.granitevna.org).



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This project was made possible with support from NH Humanities, in partnership with the National Endowment for the Humanities.

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# Tokyo brings the heat (and the humidity)



JOSHUA SPAULDING

ONE OF THE FEW VENUES where the press tribune was in the shade was the Oi Field Hockey Stadium.

As I write this, it is Friday afternoon in Tokyo, very early Friday morning on the East Coast of the United States. I have a busy few days ahead, including attending the closing ceremonies, something I was hoping would happen and was confirmed yesterday with a trip to the

United States Olympic and Paralympic Committee office here in the Main Press Center.

With so much ahead in the next two days, including gathering everything together to head back to the United States, I thought I would get this column written a few days early. By

the time you are reading this, if all goes as planned, I have returned to the United States in one piece.

This Olympic experience has been interesting to say the least (look for my account of the closing ceremonies next week), but I will say if I can use one word to de-

scribe this trip, it would be “hot.”

And that doesn’t even begin to describe it. My first Olympics, Sochi back in 2014, were surprisingly mild for a Winter Olympics. I rarely needed a hat or gloves and was able to stand outside easily. Four years later, I found PyeongChang to be much colder, with hats and gloves almost always necessary when outside watching the sports.

Tokyo has taken the weather to another extreme. It is brutally hot. And humid. My friend, Bob Tuttle, who spent many years living in Japan, told me it would be this way, and while I don’t always believe what he says, on this, I did believe him and he was right.

Most days, the temperatures hovered in the low to mid-90s, but it was the humidity that pushed the “feels like” number even higher. Numerous days when I checked my phone for a weather update, the “feels like” number was 105 or higher. Simply sitting outside to watch the

## SPORTING CHANCE



By JOSHUA SPAULDING

events had me sweating like crazy.

Part of the issue is that the press tribunes seemed to be in the direct sunlight. No more was this true than at the beach volleyball venue. I was there for the gold medal game earlier today, and even though the US women made quick work of the match, by the time I got on the bus, my shirt was absolutely soaked. Of course, not only did I spend the match out in the sun, at Shiokaze Park where the matches are played, there is a long walk from the bus drop off to the venue and back, almost all of which is in direct sunlight.

A few hours later, after some time in the air conditioning, I had dried out a little before the trip to Olympic Stadium, another venue where the sun beats down on the press venue. Luckily this

trip is at night, so the heat will be a bit more bearable.

One of the few exceptions to the press tribune in direct sunlight rule was at field hockey, where the stands were covered, including the press area, and while it was warm, the respite from the direct sunlight was great. And at skateboarding I found a spot just in front of a large wall where I was almost entirely in the shade. That was a win.

I was prepared for the heat, but I am not sure I was as prepared as I should have been. After all, Bob did warn me.

*Joshua Spaulding is the Sports Editor for the Granite State News, Carroll County Independent, Meredith News, Gilford Steamer, Winnisquam Echo, Plymouth Record-Enterprise, Littleton Courier, Newfound Landing, Coos County Democrat, Berlin Reporter and The Baysider. He can be reached at josh@salmonpress.news at 279-4516, or PO Box 729, Meredith, NH 03253.*

# UNH graduate advances to finals in first Olympics

BY JOSHUA SPAULDING  
Sports Editor

TOKYO, Japan — Elle Purrier St. Pierre rewrote the history books at the University of New Hampshire.

Now that her time in Durham has come to a close, she is competing on the world stage and made her Olympic debut on Tuesday, Aug. 2 at Olympic Stadium in Tokyo, Japan.

Running in the second heat, Purrier St. Pierre ran with the lead pack most of the way and worked her way to the front of the pack as the race entered its last lap. She held the lead most of the way around the track but was overtaken in the final stretch and finished third overall with a time of 4:05.34. The top six in each heat moved on to the semifinals, so she easily qualified to move on. Sifan Hassan of the Netherlands and Jessica Hull of Australia took the top two spots in the heat. Fellow Americans Corey Ann McGee and

Heather MacLean also advanced to the semifinals.

Purrier St. Pierre then moved on to the finals with a sixth place finish in her semifinal on Wednesday, Aug. 4, finishing in 4:01. While she was not one of the top five finishers who automatically qualified, she was the fastest outside of those runners and earned a spot in the finals.

Friday, Aug. 6, was the 1,500-meter finals and Purrier St. Pierre hung in with the very fast pack through the first few laps, crossing the finish line in sixth place and then in seventh place with two laps to go. She dropped back to 12th place as the bell lap started, but she rallied and finished strong, finishing in 10th place overall with a time of 4:01.75. Defending Olympic champion Faith Kipyegon of Kenya defended her title and also broke the Olympic record in a time of 3:53.11. The top

eight women all broke four minutes.

Purrier St. Pierre, who qualified for the Olympic team by winning the 1,500 meters at the Olympic Team Trials in Oregon, is the fifth athlete with ties to the UNH track and field program to represent the US in the Olympics, the most recent being Clare Egan in the biathlon in 2018.

Purrier St. Pierre was an 11-time All-American and 17-time America East champion across UNH’s cross country, indoor track and field and outdoor track and field teams; she was the NCAA national champion in the mile at the 2018 indoor meet.

She swept the America East conference Scholar-Athlete season awards for women’s cross country, women’s indoor track and field and women’s outdoor track and field in both the 2016-17 and 2020-21 academic years. She was also named the America



JOSHUA SPAULDING

ELLE PURRIER ST. PIERRE runs to the lead in her first-round race at Olympic Stadium in Tokyo.

East Scholar-Athlete of the Year both years.

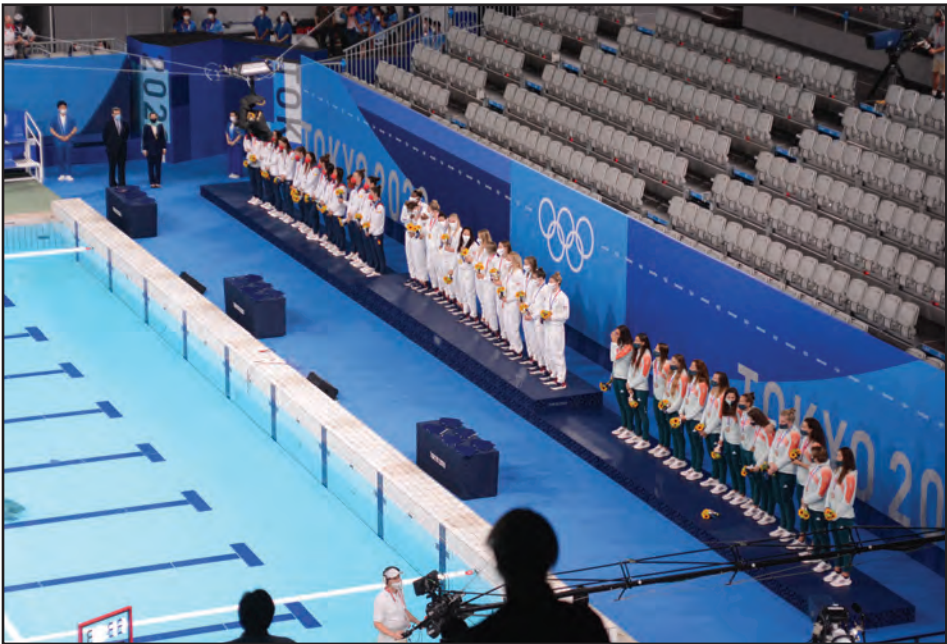
Purrier St. Pierre holds six individual records and is part of four record relays in the UNH record book. On the indoor leaderboard, she is at the top of the list in the 800 meters

(2:03.64), 1,000m (2:46.02), mile (4:26.55) and 3,000m (8:55.68); she is also part of the record distance medley relay team. On the outdoor leaderboard, she is the top Wildcat in the 1,500m (4:10.08) and steeplechase (9:43.65), as well as the sprint medley,

4x800m and 4x1,500m relays; she also graduated as the UNH record holder in the 800m.

*Sports Editor Joshua Spaulding can be reached at 279-4516, ext. 155 or josh@salmonpress.news.*

# Gold medal Saturday for US hoop, water polo teams



JOSHUA SPAULDING

THE US WOMEN’S water polo team celebrates its third consecutive Olympic gold medal.

BY JOSHUA SPAULDING  
Sports Editor

TOKYO, Japan — As the Olympics draw to a close, most of the contests that show up on the schedule are medal matches and Saturday, Aug. 7, saw a couple of gold medal games for the United States.

First up was the US men’s basketball team, which took on France in the gold medal game at Saitama Super Arena. The US team was look-

ing to avenge a loss in the opening game of the Olympics, when France handed Team USA what would be its only loss of the tournament. Since that loss, the United States has managed to take care of business, beating Iran and the Czech Republic in pool play and going on to beat Spain in the quarterfinals and Australia in the semifinals to advance to the title game. France entered the title game undefeated. The US was

looking to win its fourth straight gold medal, following Beijing, London and Rio De Janeiro.

The US team avenge its loss to France, though it wasn’t easy. The USA built as much as a 14-point lead before France chipped away at the margin, drawing as close as three points when Nando de Colo made two free throws with 10 seconds remaining for an 85-82 score. Two Kevin Durant free throws with eight sec-

onds left sealed the win.

Durant led all scorers with 29 points. Celtic Jayson Tatum added 19 and led the team with seven rebounds. Jrue Holiday and Damian Lillard added 11 apiece. Former Celtic Evan Fournier had 16 points for France to lead a balanced offensive attack that saw four players reach double figures.

“It’s a hell of a feeling. Slow start when we first got here, tough couple of games in Vegas, not being able to bring our families. Having three guys come late, we had to figure it out. But we figured it out,” Tatum said after the win. “I can’t wait (to get the gold medal around my neck). That’s what we came here for. I’m grateful. I’m happy. A hell of a feeling. It’s a great feeling.”

The gold medal is the 19th won by Team USA in men’s basketball: 16 gold, one silver (Munich 1972), and two bronze (Seoul 1988 and Athens 2004). They move their record in Olympic competition to 150-6, a .962 winning percentage.

Next up was the women’s water polo gold medal game at Tatsumi Water Polo Centre and like in basketball, the US has

dominated this sport at the Olympics, as Team USA was looking to become the first women’s team to ever win three consecutive Olympic gold medals.

The US women didn’t leave much anticipation, as they took charge at the start and never looked back, beating Spain 14-5.

The USA broke on top early, with Alys Williams scoring a mere 27 seconds into the match. Maggie Steffens added another goal with 3:36 left, then Spain found the goal on its sixth shot attempt when Roser Tarago Aymerich tallied at the 2:15 mark. Maddie Musselman and Rachel Fattal each scored in the last minute to give the USA a 4-1 advantage after one quarter.

Musselman picked up a second goal and Makenzie Fischer and Kaleigh Gilchrist each scored in the second quarter, but Maica Garcia Godoy scored twice and Bea Ortiz got one goal to make the half-time score 7-4.

Five unanswered goals in the third quarter gave the USA an insurmountable margin. Goalkeeper Ashleigh Johnson shut down the Spain offense with a

series of stops in the second half. Elena Ruiz snuck a shot past substitute goalkeeper Amanda Longan with just over two minutes left in the game for Spain’s lone goal of the second half.

Nine players scored for Team USA, led by Musselman’s three goals. Williams, Gilchrist, and Aria Fischer each had a pair.

“They’re unwavering in their approach. Obviously, when you’ve had success before it gives you some confidence going into a game like this,” said US coach Adam Krikorian. “We’ve talked a lot about the fine line between confidence and complacency.”

“But we’ve done a fantastic job of just staying focused through this process and it’s amazing,” he added.

“We’re having fun out there and I think you could see that today,” Musselman said. “Everyone brought their best when their best was needed and it showed in all four quarters.”

*Sports Editor Joshua Spaulding can be reached at 279-4516, ext. 155 or josh@salmonpress.news.*

# A treat to see legends do their thing



**ALLYSON FELIX** shows off her bronze medal after Friday's 400 meters at Tokyo's Olympic Stadium.

BY JOSHUA SPAULDING  
Sports Editor

TOKYO, Japan — One of the highlights for me in the 2018 Winter Olympics was getting the chance to see Lindsey Vonn ski. She was injured in 2014, so I didn't get to see her in Sochi. The draw of seeing her ski is that you are seeing one of the best of all time doing her thing and any time you can do that, it's a treat.

Coming into the Summer Olympics in Tokyo, one of the things I wanted to do was see more of the best do their thing. And I accomplished that, at least on a few occasions.

On the first day I was able to get out of my hotel, I saw Katie Ledecky swim. Granted, it was just the trials, but it was still Katie Ledecky, who has cemented her legacy as one of the best swimmers of all time.

I was scheduled to see Simone Biles compete in the floor exercise in my second week in Tokyo, but as has been widely reported, Biles had to back out of competition and did not compete until the day after I saw gymnastics.

## From extreme to intense

BY JOSHUA SPAULDING  
Sports Editor

TOKYO, Japan — After spending Sunday morning at BMX freestyle, I changed things up and went to the Tokyo Metropolitan Gymnasium, where the table tennis competition was taking place.

Entering the arena, there were four tables set up on the floor of an arena that was comparable to the former Verizon Wireless Arena in Manchester, maybe a tad bit bigger. I had to register at the venue media center for a seat in the press tribune and since the US was playing on table three, I asked for a seat in front of that table. Tables three and four were on opposite ends of the arena, with tables one and two in the middle.

The United States was playing in the women's team competition. Team matches consist of four singles matches and one doubles match, each played over the best of five games. Each team consists of three players and matches end when a team has won three individual games.

While table tennis and BMX freestyle likely don't get compared too often, there was a level of intensity in each of the sports that was comparable. The BMX riders, while certainly focused on what they were doing, also seemed to be pretty laid back, while the table tennis players seemed hyper-focused and incredibly intense.

The US team of Juan Liu and Lily Zhang got off to a tough start, falling to Chinese Taipei in the first game by an 11-6 score. They took an early lead in the second game, only to see their opponents come charging back to cut the lead to three, however, they scored an 11-6 win to even things up.

The third game saw the two teams go back and forth, but the US duo finished strong, pulling away for another 11-6 win for the 2-1 lead. After the US got out to an early lead in the fourth game, Chinese Taipei rallied for a 12-10 win, forcing a fifth and deciding doubles game. The US fell 11-8 in that game to go down 1-0 heading to singles.

Huijing Wang got the US started in singles play and fell 11-5 in the opening game, 11-1 in the second game and 11-4 in the third game, giving Chinese Taipei the 2-0 lead.

Liu took the table next for her singles match, with the US needing a win to stay alive and she got a 13-11 win in the opening game. Chinese Taipei took the 11-4 win in the second game to even things up while the third game was a marathon, with Liu falling 16-14. Chinese Taipei won 11-4 in the fourth game to take the overall 3-0 win.

*Sports Editor Joshua Spaulding can be reached at 279-4516, ext. 155 or josh@salmonpress.news.*

By winning a medal in her fifth Olympics,

Felix ties the record for track and field athletics (men or women) set by Jamaican sprinters Ottey and Veronica Campbell-Brown.

Her winning medals in five Olympics is surpassed among USA Olympians only by shooter Kim Rhode (with six) and equals Torres, hoopster Teresa Edwards and rider J. Michael Plumb, all with five.

Felix then added another medal as part of the 4X400-meter relay the next night.

The foursome of Sydney McLaughlin, Felix, Dalilah Muhammad, and Athing Mu posted a time of 3:16.85, 3.68 seconds ahead of Poland, who took the silver med-

al in 3:20.53. Jamaica won the bronze medal in 3:21.24.

With her 11th career Olympic medal, Felix takes second place behind Nurmi for all-time Olympic track and field medals in a career. She also adds to her record among USA track and field women and is seventh all-time among all women at the Olympic Games.

The gold is the seventh of that hue won by Felix, which is second among all USA women at the Olympic Games. With gold medals won at four different Olympic Games, she is first among all USA athletes and ties for fourth among female summer Olympians regardless of

nation.

At 35 years and 263 days, Felix also becomes the oldest USA female gold medalist in track and field, the oldest USA gold medalist (male or female) in a track event, and the second-oldest female gold medalist in a track event regardless of nation, trailing only Constantina Diță-Tomescu of Romania, who was 38 years and 206 days when she won the marathon at the Olympic Games Beijing 2008.

Seeing legends is always a treat and was a great part of my trip to Tokyo.

*Sports Editor Joshua Spaulding can be reached at 279-4516, ext. 155 or josh@salmonpress.news.*

## A new Olympic sport, but nothing new to many



JOSHUA SPAULDING

**THE SPORT CLIMBING** wall at the Olympics included courses for (left to right) lead, bouldering and speed.

BY JOSHUA SPAULDING  
Sports Editor

TOKYO, Japan — I always tell people that my brother climbs mountains for a living. In a way, this is true, though I am well aware that his job entails much more than climbing mountains.

He has worked as an instructor for National Outdoor Leadership School for many years now. He currently works out of the office in Lander, Wyo., and while he has more of an office job now, he still leads trips on the regular. In a sense, he gets paid to climb mountains.

But he also gets paid to teach, helping kids learn about the outdoors and skills that they might need. He teaches things like rock climbing, backpacking and ice climbing and even has some training with horses. For a person like him, who has been in to the outdoors for as long as I can remember, it really is the perfect job. He can spend a few weeks at a time living out of a tent in a mountain range in Wyoming or even in the mountains of New Zealand or India and it doesn't phase him.

Being old and out of shape, my idea of rock

climbing is squeezing between the boulders lining the parking lot by the Prospect Mountain High School track and softball field to get to a game faster. My idea of sleeping outside is catching a few winks in my car prior to an evening basketball game at one of the many local high schools.

But, I have seen many pictures of him climbing steep rock faces with friends, sleeping on narrow ledges and generally living a life that is much more dangerous, and much more adventurous, than my own.

Tuesday, Aug. 3, I ventured out to Aomi Urban Sports Park to have an up close look at some of the things that he does, just in a more controlled setting. Sport climbing was making its debut at the Olympics and I spent a few hours in the baking sun (and a few after the sun mercifully went behind a building) watching some elite athletes do some crazy things on a climbing wall.

I must say, it was a lot of fun to watch. The event of the evening was the men's combined qualifications, so I got to see a little of each event that makes up sport

climbing. First up was the speed event, where competitors went head-to-head on a wall trying to register the fastest time up the wall. Each athlete got two runs (one on each side of the wall) and the fastest time counted as their score.

Next up was the bouldering event. In this one, there were four different "problems" that the athletes had to solve, one at a time. They got five minutes on each one, getting points if they were able to reach a certain zone on each course and more points if they reached the top and held on for a determined period of time.

The final event was the lead climbing, where athletes had six minutes to get as high as they could on a wall. It didn't matter which exact course they took, but the higher they got, the better they scored.

Colin Duffy of the United States put on an impressive performance, especially in lead, and qualified third overall, while Mikael Mawem of France was incredibly strong on the bouldering portion and was the top qualifier. Nathaniel Coleman of the United States also used

a strong finish in lead to earn the final qualifying spot.

Coleman went on to finish second overall in the finals, with Duffy finishing in seventh overall.

While I know that my brother spends most of his time on real rocks, not on the rock walls used in the Olympics, it was cool to see what he does for a living being featured in international competition.

I asked him if he had seen the competition and he noted he had seen some of it and pointed out that, obviously, what he does is definitely different. Climbing on real rocks as opposed to walls with plastic hand holds, is a different animal.

I was curious as to whether or not the guys in the Olympics could cut it in the world of real rock climbing and he said that there are definitely some crossovers. He pointed to Adam Ondra of the Czech Republic, who finished fifth overall in the qualifying and said he is, "arguably one of the strongest climbers out there."

*Sports Editor Joshua Spaulding can be reached at 279-4516, ext. 155 or josh@salmonpress.news.*

## Seidel wins bronze in just her third-ever marathon

SAPPORO, Japan — Molly Seidel of Cambridge, Mass. won a bronze medal Saturday in the women's marathon, which was held in Sapporo on the northern island of Hokkaido, because of the concern over the heat and humidity in Tokyo.

Seidel finished third in only her third race at the marathon distance, finishing in 2:27:46 and trailing two Kenyans, gold medal winner Peres Jepchirchir (2:27:20) and silver medalist Brigid Kosgei (2:27:36). Seidel was with the lead pack throughout the race but lost contact with Jepchirchir and Kosgei shortly before the 40km mark. She was more than one minute ahead of the fourth-place finisher, Ethiopia's Roza Dereje.

"We didn't go out super fast and I kept it very controlled at the beginning. After halfway, rather than follow, I wanted to make moves and be aggressive. These races are tactical, so I wanted to be a little bit of a bulldog and not let people walk all over me," Seidel said. "Truthfully, I wanted it as hard as possible. I wanted it hot and windy knowing a lot of these women run really fast in conditions that are very good. I think I thrive off a little bit of adversity. The course in Atlanta (at the US trials) was a tough, hilly course. When the going gets tough, that's my strong suit."

Seidel's medal was the third for Team USA women in the Olympic marathon, after Joan Benoit's gold medal in the inaugural Olympic women's marathon in 1984 and Deena Kastor's bronze medal at Athens in 2004. Seidel made her marathon debut at the 2020 US Olympic Trials in February 2020, then finished sixth at the 2020 London Marathon in October. Sally Kipyego finished 17th today in the Olympic marathon, while Olympic Trials winner Aliphine Tuliamuk had to stop due to injury and did not finish.

"To get a medal for the US and to do it in the US uniform is huge. I've seen other US athletes do such incredible things these Games. Seeing my friend Courtney Frerichs win silver (in the women's 3,000m steeplechase) the other day was my inspiration. Seeing her do that and race aggressively was truthfully what gave me the strength to not be afraid to stick my nose in it."

REPETES

CONTINUED FROM PAGE A1  
ues in the likes of Dead-pool, Spiderman and even an impressive Creature of the Black Lagoon statue, which is one of only three in the world.  
RePetes is owned and operated by Swain and his companion Jeanne Blair, who are both art and reading enthusiasts. Blair teaches art at both Compass Classical Academy in Franklin and a Laconia elementary school, while Swain has made a name for himself in the art world by restoring classic movie and entertainment venue statues. Throughout the years he has restored fiberglass figures “rescued” from exhibits from Universal Studios to Great Britain, and has even created original movies props for a few lesser-known studios in the southwest. His artistry also drew the attention of television stations in Arizona when

he delivered a Creature of the Black Lagoon coffee table he built to a local movie company.  
Swain said that between Blair’s love for education and fine arts and his interests in comics, “man cave” art and reading, the couple decided to combine their passions and create RePetes Comics and Collectibles.  
Opening a business during a pandemic was a bit concerning but Swain said he worked hard on laying out a business plan for the shop with current CDC recommendations built included and felt it was time to put those plans in motion.  
“I wanted a business that will last 20 years, not be here for two years then be gone. We did a lot of planning so we can be here long term and we feel we’re on track for that,” said Swain.  
The shop is open and uncluttered, with displays properly distanced

for multiple customers, and kept clean at all times.  
In keeping with their business plan, the couple has also begun establishing themselves as part of their new community. Among the hundreds of items for sale in RePetes are comic books by artist and comic book writer Michael Mitchell, who died in 2019 at the age of just 53. His talents were so loved and respected by Swain that he not only decided to sell Mitchell’s classic New Hampshire-oriented comic books, he also took it one step further.  
“We established an art scholarship in Mike’s name at Belmont High School this year and we’ll be doing some fundraisers now to help keep that going,” said Swain.  
Another community-driven factor is the presence of local art in the shop, and he currently has art pieces on sale

from both students and adults, including former local newspaper comic artist J.Whitlock.  
But there are more plans in the process, including an addition to the town recreation department’s Trunk or Treat activities in October. Besides some spirited fun at their Main St. shop, a haunted tour of the walking trail in Belmont village is just one idea he and Blair are working on at this time.  
“I love Halloween, so I’m planning on making it a big event here in Belmont this year,” Swain said.  
In the meantime, his shop is filled with collectibles that go beyond just comic books. Remember Masters of the Universe? G.I. Joe? Transformers? X Men? Power Rangers? Collectibles from those childhood favorites and more can be found at RePetes in all forms imaginable, including action figures,

lunchboxes, comic books and other forms of memorabilia.  
There are also much loved cartoon characters like the Flintstones and Muppets along with Super Heroes such as Batman, Spiderman and anything else one might imagine- even a Ghostbuster car and an Elvis doll.  
One of his current most popular items however are the Pop! collectibles.  
“Those go out as quick as they come in. They’re one of my biggest sellers right now,” Swain said.  
Fortunately, he has an abundant supply to keep kids and collectors happy.  
Swain said he wants RePetes to be a destination for people; a place to reminisce about the memorabilia on display while picking out items that mean the most to them and hopefully putting a few on their “wish lists” for the future.

“I change the shop up every month so there is always something new here when customers come back,” Swain said. “If someone’s looking for something special and doesn’t find it though, all they have to do is ask and I’ll see if I have it.”  
He also welcomes those with collectible comics and toys they want to sell or trade.  
RePetes is open Monday, Wednesday, Thursday and Friday from noon-6 p.m., Saturday from 10 a.m. until 6 p.m., and Sunday from noon until 5 p.m.  
“I’m closed Tuesdays because that’s when I go to Massachusetts and North Hampton to pick up the new (comic book) releases and maybe even some new toys they might have available. That’s why you’ll always find something new here,” Swain said.

Medium connects with the departed at Lakeport Opera House



Maureen Hancock

LACONIA — Spirits will come alive when world renowned spirit medium, Maureen Hancock, performs for a sold-out crowd at the Lakeport Opera House on Aug. 8 at 4 p.m. This will be the Opera House’s first medium to ever take the stage in the 140-year old building on a night that promises to be unforgettable.  
“This will be the most unique family reunion you’ll ever witness as you laugh, cry and heal with me,” said Hancock, who has been connecting with spirits for almost 30 years. “Spirits really come alive in old historic spaces so I can’t wait to visit the Lake-

port Opera House for a celebration of life, memories and those who have passed.”  
Hancock, a New England-native from Bridgewater, Massachusetts, is known as an intuitive teacher, holistic healer and author who has a sixth sense and can connect the living to the dead. She has an honest, raw, compassionate delivery of profound messages from beyond with a subtle way of bringing laughter into her events as a former stand-up comedian.  
She has spent decades demystifying the overwhelming subject matter of death, helping

individuals to flex their intuitive muscle and tapping into messages from spirits. A teacher of sorts, Hancock’s work has brought comfort, hope and healing to the masses. She has taught workshops on intuition building to law enforcement, medical professionals and financial experts. She spends much of her time giving back by assisting those with terminal illness, sitting with newly bereaved parents, aiding law enforcement- including the FBI, and motivational speaking about life after death, stress management, intuition and perspective building.  
Hancock is the author of the bestselling book, “The Medium Next Door: Adventures of a Real-Life Ghost Whisperer” and star of the Style Network documentary, “Psychic in Suburbia.”

Hancock was a reoccurring guest on the Ricki Lake Show, and recently filmed a television pilot for a major network with the hopes of having a nationally syndicated talk show in the near future.  
“Maureen is the real-deal and has the reputation as a legitimate medium,” said Emma Teto, Lakeport Opera House talent director. “Her events sell out all over the country as she keeps audiences entertained and interested, and everyone leaves different than how they came in.”  
As a child, Hancock’s connection to beyond began when she was just two years old after a near death experience from severe lead paint poisoning which had her in and out of the hospital for three years and in a coma. When she returned home at the age

of five after her recovery, she began seeing spirits for the first time. Fast forward to 1992 when she had her second near-death experience and broke every bone in her face but while waiting for multiple surgeries, she completely healed on her own and started to hear the voices. Hancock began her professional career as a medium in 2001 after 9/11 occurred and she began helping victims family members with healing.  
The Opera House is a 200-seat venue built for comfort, style and mobility. Every seat in the house has an unobstructed view, cocktail service and the best sound system for an experience unlike anything else in the area. More than \$1 million was invested in the Opera House renovation which opened in June after being closed for 60 years. Originally built in 1882, this venue mixes modern design

elements with historic charm for a unique cultural experience. The Opera House is once again home to live musical performances, theatre productions, comedians, magicians as well as being host to community-focused events, weddings, and private and corporate gatherings. Once a mainstay of Laconia’s Lakeport community, the Opera House is on center stage in New Hampshire’s Lakes Region.  
Upcoming performances include: An Evening of Opera on Aug. 13, a Michael Jackson Experience on Aug. 14, Rockphoria on Aug.19, Master Illusionist Magic on Aug. 21, Murder Mystery on Aug. 22, The Motown Band on Aug. 27 and Femmes of Rock on Aug. 28.  
For more information on events and to purchase tickets in advance, visit lakeportopera.com.

LRAA Gallery hosting Painting for Relaxation class

TILTON — Have you ever wanted to get more creative with painting, but didn’t know how? Have fun with Painting for Relaxation. This is a beginner class where we will experiment with different subjects of abstract and techniques. All experiences and ages 16+ are welcome.  
This class will be held at the LRAA Gallery 120 Laconia Rd., Suite 132, Tilton, NH 03276. Every other Sunday 2-3:00 pm, the next class is Aug. 15.  
Class size is limited and pre-registration is required. To sign up, please contact Krista Doran at 833-7795 or marblestudiosllc@gmail.com.

WEEK

CONTINUED FROM PAGE A1

During a pandemic or otherwise, HealthFirst and other community health centers across the country recognize the compassion and professionalism of their staff during National Health Center Week and every day. Show your support during National Health Center Week by supporting your local community health center – we will be there when you need us.  
For more information or to make an appointment, call the Laconia office at 366-1070 or the Franklin office at 934-1464.



PETS OF THE WEEK



Gannon

Meet Gannon! This big doofus loves to play, go for walks and eat treats. He’s an inexperienced fella who needs an experienced owner to help him learn his manners! Gannon isn’t a big fan of other dogs or cats, so he’s seeking to be the only pet in his new home. Because Gannon is inexperienced with petting and handling, and he’s still learning to share his things, he will do best in a home without children. Gannon is currently being treated for a skin condition that may or may not resolve with his current treatment plan. His adopters should speak to their veterinarian, and be prepared for the possibility that Gannon will need to take medication or be on a prescription diet for the rest of his life.  
If you are looking for a mature dog who needs help learning what love is really all about, then ask us about Gannon!



Zephyr

My face says it all! I am a man of mystery and adorableness, and yes that is a word. The world is a big, loud place my friend and I am not sure I am a fan of those words. Small and quiet win me any day. I think that my future home understands that. Perfect cats like myself need to have the most perfect home. I want a hideaway that consists of a warm bed and the time that I need to come out of my shell. I want attention, I just don’t know how to ask for it. I may hiss at first, but don’t let that fool you I like the pets! In the spirit of honesty, I do have a medical history that should not imply-CAT me at all, if you are interested in learning more fill out an application or inquire with the lovely adoptions team, they know exactly what I am looking for!

1305 Meredith Center Rd Laconia, NH 03246 • (603) 524-9539

# East of Suez

## Asian Cuisine

We are pleased to serve you this eclectic sampling of exotic cuisine from across Asia and the South Pacific, with a focus on Thai, Philippine, Japanese and Korean dishes. All are prepared to order with fresh, local produce, specialty condiments and internationally imported ingredients.

775 South Main St.  
Wolfeboro  
**603.569.1648**  
www.eastofsuez.com  
reservations appreciated

## CREDITS

CONTINUED FROM PAGE A1

this effort.”

The Gale School was built in 1894, and was used by the Belmont school district until the mid-1980s. The building has been mostly vacant since then, and years of neglect have taken their toll. The Gale School was named to the New Hampshire State Register of Historic Places in 2018, and was selected as one of New Hampshire's Seven to Save in 2017.

In July 2020, the

building was successfully moved by the local Save Our Gale School Committee (SOGS) to a new location at 60 Concord Street in Belmont Village. LRCD agreed to partner with SOGS to redevelop the building.

The tax credits are administered by New Hampshire Community Development Finance Authority (CDFA). Any business with operations in New Hampshire that contributes to a CDFA tax credit project receives a New Hampshire state tax credit worth 75

percent of their contribution. The credit can be used over a period of five years to reduce the business' state tax liability (business profits, business enterprise or insurance premium taxes). The tax credit program allows New Hampshire businesses to redirect a significant portion of their state tax dollars to support local projects that they care about.

CDFA reviews many project applications each year and awards tax credits to those they determine are feasible

and will make the biggest impact on economic development in the state. LRCD was awarded \$750,000 in credits for the Gale School project, and has sold \$176,000 to date.

Businesses interested in supporting the Gale School project by purchasing tax credits should contact Carmen Lorentz at 524-0747, ext. 110.

Lakes Region Community Developers helps the Lakes Region thrive by developing healthy homes, creating vibrant community as-

sets and engaging residents. Founded in 1988 as the Laconia Area Community Land Trust, LRCD operates 366 rental homes in Ashland, Gilford, Laconia, Meredith, Tilton, and Wolfeboro. In 2017, LRCD expanded its mission to include new types of real estate development, such as affordable commercial space for local non-profits who provide critical services. For more information, visit [lrcommunitydevelopers.org](http://lrcommunitydevelopers.org).

Established in 1869, Franklin Savings

Bank is an independent, mutually-owned community bank, offering a full array of commercial lending, personal banking and investment services. Headquartered in Franklin, the Bank has offices in Bristol, Boscawen, Tilton, Gilford, Merrimack and Goffstown. Through its wholly-owned subsidiary, Independence Financial Advisors, Franklin Savings Bank also offers investment, insurance and financial planning services. To learn more, visit [www.fsbnh.bank](http://www.fsbnh.bank).

# REAL ESTATE

**ROCHE REALTY GROUP**

**MEREDITH OFFICE**  
**97 Daniel Webster Hwy**  
**(603) 279-7046**

**LACONIA OFFICE**  
**1921 Parade Road**  
**(603) 528-0088**

**SEARCH NH REAL ESTATE: WWW.ROCHEREALTY.COM**

**\$479,900**  
MLS #4876254

4BR/3BA colonial w/open kitchen/dining, huge entertainment room, office & formal dining room. Spacious master suite w/ walk-in closet. Oversized 2-garage has finished space above that could be used for additional living space. Close to Gunstock.

**\$329,900**  
MLS# 4875903

Single-level living w/ a private & sunny 1.2 ac. lot. 3BR/2BA ranch w/ a walk-out basement that has a finished family room. Brick heart, gas stove, 4-season sunroom, back deck, insulated attic, oversized two-car garage w/ storage space.

**\$425,000**  
MLS# 4870895

Unique property consisting of 21 acres of beautiful landscaped open fields, riding trails, a pond, two working barns with water, 15 stalls and a lovely post and beam farmhouse! The 2,700 sf. home has 4BR/3BA hardwood floors & a fireplace.

**\$259,900**  
MLS# 4872689

3-BR home w/ HW floors, tongue-in-groove walls, finished lower level & large 3-season porch with a foundation under — could be converted to a year-round room. New kitchen appliances & flooring. Detached garage and new vinyl siding and roof installed in 2016.

**Roche Realty Group Gets Results!** Consistently a top independent real estate firm within the state, Roche Realty Group has had over **\$2.5 Billion in sales volume & 8,300 transaction sides since 1997!** Voted **#1 Real Estate Company in NH's Lakes Region, 2019, 2020 & 2021** & **Best Commercial Real Estate Company 2020 & 2021**

\* Statistics obtained from NREEN for the past 23 years since 1997 for all real estate firms reporting sales in the entire state of NH during that time.

**TO VIEW THESE AND OTHER PROPERTIES, VISIT:**

Alpine Lakes Real Estate: [www.alpinelakes.com](http://www.alpinelakes.com)

Bean Group: [www.beangroup.com](http://www.beangroup.com)

Century 21 Country Lakes Realty: [www.countrylakesrealty.com](http://www.countrylakesrealty.com)

Century 21 Twin Rivers Realty: [www.nhreal21.com](http://www.nhreal21.com)

Coldwell Banker: [www.cbldmill.com](http://www.cbldmill.com)

Coldwell Banker Residential Brokerage  
[www.newenglandmoves.com](http://www.newenglandmoves.com)

ERA Masiello: [www.masiello.com](http://www.masiello.com)

Exit Lakeside Realty Group: [www.exitleakeside.com](http://www.exitleakeside.com)

Granite Group Realty Services:  
[www.granitegrouprealtyservices.com](http://www.granitegrouprealtyservices.com)

Gowen Realty: [www.gowenrealty.com](http://www.gowenrealty.com)

Kressy Real Estate: [www.kressy.com](http://www.kressy.com)

Lakes Region Realty: [www.lakesregionrealestate.com](http://www.lakesregionrealestate.com)

Lamprey & Lamprey Realtors: [www.lampreyandlamprey.com](http://www.lampreyandlamprey.com)

Maxfield Real Estate: [www.maxfieldrealestate.com](http://www.maxfieldrealestate.com)

McLane Realty: [www.mclanerealtyplymouth.com](http://www.mclanerealtyplymouth.com)

Mountain Country Realty: [www.mountaincountryrealestate.com](http://www.mountaincountryrealestate.com)

Nash Realty: [www.nashrealty.com](http://www.nashrealty.com)

New Hampshire Colonials Real Estate: [www.squamlake.com](http://www.squamlake.com)

Noseworthy Real Estate: [www.noseworthyrealestate.com](http://www.noseworthyrealestate.com)

Old Mill Properties: [www.oldmillprops.com](http://www.oldmillprops.com)

Peabody and Smith: [www.peabodysmith.com](http://www.peabodysmith.com)

Pine Shores Real Estate: [www.pineshoresllc.com](http://www.pineshoresllc.com)

Preferred Vacation Rentals: [www.preferredrentals.com](http://www.preferredrentals.com)

Remax Bayside: [www.baysidenh.net](http://www.baysidenh.net)

Roche Realty: [www.rocherealty.com](http://www.rocherealty.com)

Strawberry Lane Real Estate: [www.strawberrylane.com](http://www.strawberrylane.com)

Town & Forest Realty: [www.townandforest.com](http://www.townandforest.com)

**Equal Housing Opportunity**

All real estate advertising in this newspaper is subject to The Federal Fair Housing Law which makes it illegal to make, print, or published any notice, statement, or advertisement, with respect to the sale, or rental of a dwelling that indicates any preference, limitation, or discrimination based on race, color, religion, sex, handicap, familial status or national origin, or an intention to make any such preference, limitation or discrimination.

(The Fair Housing Act of 1968 at 42 U.S.C. 3604(c))

This paper will not knowingly accept any advertising which is in violation of the law. Our readers are hereby informed, that all dwellings advertised in this newspaper are available on an equal opportunity basis.

To complain of discrimination call HUD toll free at 1-800-669-9777

For The Washington DC area, please call HUD at 275-9200. The toll free telephone number for the hearing impaired is 1-800-927-9275.

You may also call The New Hampshire Commission for Human Rights at 603-271-2767 or write The Commission at 163 Loudon Road, Concord, NH 03301

Neither the Publisher nor the advertiser will be liable for misinformation, typographical errors, etc. herein contained. The Publisher reserves the right to refuse any advertising.

EQUAL HOUSING OPPORTUNITY

## The Dover Antique Show & Vintage Market

**2021 Season**  
**Aug. 21**  
**Sept. 18**

Early Admission \$6 at 9am  
Free Admission from 10am to 2pm

*A Fabulously Fun & Funky Flea*  
*Rain or Shine at The Dover Elks Lodge*  
*282 Durham Road. Dover, New Hampshire*

**\$1. off with this Ad!**

— [www.GurleyAntiqueShows.com](http://www.GurleyAntiqueShows.com) —

Joshua (207) 229-0403 Rachel (207) 396-4255

**Camelot HomeCenter**  
ALWAYS OPEN DAILY • 10 TO 6 SATURDAYS & 10 TO 5 SUNDAYS

**NEW 14 WIDES**

Unit Price \$55,995  
56' 2 Bed

**\$57,995**

Unit Price \$60,995  
64' 2 Bed, 2 Bath

**\$60,995**

**BUY NOW WHILE PRICES ARE LOW!**

**DOUBLE WIDES**

Unit Price \$61,995  
68' 2 Bed, 2 Bath

**\$61,995**

Unit Price \$61,995  
40' 3 Bed, 2 Bath

**\$90,995**

Unit Price \$102,995  
48' 3 Bed, 2 Bath

**\$106,995**

**Homes From COLONY, NEW ERA, & TITAN**

**MODULARS**

3 Bedroom (Barn Price)

**\$134,995**

2 Bedroom

**\$164,995**

1,000 sq. ft. 2 Story 1st Floor Master Bedroom

**\$202,995**

WE HAVE DELIVERED OVER 10,000 HOMES TO SATISFIED CUSTOMERS. CAN WE DELIVER ONE TO YOU?  
Rt. 3, Tilton NH, exit 20 on Rt. 1-93 across from Lakes Region Factory Mall WWW.CM-H.COM

**BELMONT, NH**  
**2 BR TOWN HOUSE APARTMENTS**  
**NOW AVAILABLE - VOUCHERS ACCEPTED**

- On-site laundry, parking
- 24-hr maintenance
- Close to center of town

Must meet income limit guidelines

Rent starting at \$960 + utilities

Security deposit required.

Download application at

<http://www.sterling-management.net/application.pdf>  
or contact mgmt. at (603)267-6787

**FOR SALE**

**FOR SALE**

**55 Plus MODEL HOME**  
**OPEN SUNDAY 12 to 2**

**\$169,995 Come and take a look!**  
**Garage, Porch, Appliances**  
**\*10% down - 25 years at 6%**

**Call Kevin - 603-387-7463**  
Mansfield Woods, 88 North, Rt. 132, New Hampton, NH  
Directions: Rt. 93, exit #23, Right for 1/2 miles, left at post office for 800'

## GENERAL SERVICES

**VENDORS WANTED**

**Plymouth Town Wide Yard Sale 2021**

Group Site at the Plymouth Airport

Individual sites at homes and businesses

Contact  
[sheila@coppertoppe.com](mailto:sheila@coppertoppe.com)

**LOW COST SPAY/NEUTER**

Rozzie May

Animal Alliance, cats and dogs.

Cat Cab service available. Military discounts.

Sign up on line  
[www.rozziemay.org](http://www.rozziemay.org)  
or call 603-447-1373

**Think**

**OUTSIDE THE BOX**

Contact your Sales Representative to discuss advertising options

Tracy Lewis  
603.616.7103  
[tracy@salmonpress.news](mailto:tracy@salmonpress.news)

**LOCAL FOLKS**  
*Locally owned businesses here to serve you!*

**FOR SALE**

Yard Sale  
Buy  
Help  
Auctions  
Rooms

# CLASSIFIED

FOR ADVERTISING CALL (603) 444-3927

Boats  
Services  
Public Notice  
Camp  
Lost  
FOUND  
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Sell!

## Come Join our Team WE ARE HIRING!

- Steel Erectors
- Metal Roof & Siding Installers
- Forman, Leadmen
- Laborers Position

Valid Driver's License required.  
Application available at:

630 Daniel Webster Highway  
Plymouth, NH 03264  
(603) 536-3553

**Leading Pre Engineered Metal Building Co.**

### WINNISQUAM REGIONAL SCHOOL DISTRICT SAU 59 2021-2022 School Year

#### Current Openings

- Special Education Paraprofessionals
- Long Term Substitute Teachers  
(Teaching Certification Required)
- Custodian
- Food Service Staff
- Substitute Teachers, Paraprofessionals,  
Nurses, Custodians
- Fall Coaches

\*\*\* Applications accepted until positions are filled \*\*\*

Please visit: [www.schoolspring.com](http://www.schoolspring.com)  
to view open positions and to apply online.

EOE

#### SAU #2 Paraeducator & Substitute Openings

**- SPECIAL EDUCATION PARAEDUCATORS -**  
Ashland Elementary School and  
Inter-Lakes School District

**Terms:** School-year, 7 hours per day

**Qualifications:** Seeking applicants who hold Paraeducator II  
certification through the NH Department of Education (or eligible  
for certification). Must possess strong communication skills, have  
the ability to take direction and be able to understand and assist  
with instruction. The successful applicant must meet all required  
conditions of employment.

**- SUBSTITUTE TEACHERS -**  
Substitute Teacher applications are being accepted for the 21-22  
school year for Ashland Elementary School and the Inter-Lakes  
School District.

**Applications:**  
<https://www.interlakesd.nh.schools.bz/sau2/Content/aes-employment>  
for a Support Staff Application

**Please submit cover letter, resume, application and three  
letters of reference to:**

Ashley Dolloff, Human Resources Director  
[ashley.dolloff@interlakes.org](mailto:ashley.dolloff@interlakes.org)  
or  
103 Main Street, Suite 2  
Meredith, NH 03253

**Application Deadline: Open Until Filled**  
EOE

## VARNEY-SMITH Lumber Company, Inc.

### CDL TRUCK DRIVER/ YARD MAN

Duties to include:

- Local deliveries of lumber-building materials.
- Loading-off loading incoming and outgoing deliveries
- Must be conscientious, self-motivated, good with people, a team player
- Able to lift a variety of building materials
- Preferably long-term employee

Benefit to include:

- Competitive Wages
- Health Insurance
- Vacations
- Holidays
- Overtime pay

Please Apply in person at  
2701 Route 302, Lisbon, NH 03585  
No phone calls please.

### Full-Time Installers Assistant

Energysavers Inc, a 46 year old hearth & spa product retailer in the Lakes Region, is looking for a motivated individual that wants to learn the trade of installing hearth products. You must be comfortable working on roofs when necessary and able to work with an installer to move heavy items. Energysavers pays for all educational costs to get and maintain NFI wood, gas and pellet certifications as well as a NH gas fitters license for gas hearth installations and service. LEARN WHILE YOU EARN!

No prior experience required. Must have a valid driver's license and pass the pre-employment drug screening. Stop in to fill out an application:

**Energysavers Inc,  
163 Daniel Webster Hwy, Meredith NH**

### TOWN HOUSE APARTMENTS \* 2 & 3 BEDROOMS NORTHERN VIEW APARTMENTS

W. Stewartstown, NH  
Heat, Hot water and Electric Included  
On-site Laundry  
24-hour Maintenance

Federally subsidized -  
must meet income guidelines  
Rents based on 30% of your gross income

PLEASE CONTACT FOXFIRE PROPERTY MANAGEMENT  
FOR AN APPLICATION AT  
(603)228-2151 ext.312 or (TDD) 800-545-1833

This institution is an Equal Opportunity Provider & Employer

### Precision Lumber Inc.

## IMMEDIATE OPENINGS SAWMILL AND PLANER MILL WORKERS

#### DAYTIME SHIFT BENEFITS INCLUDE

VACATION, SICK AND HOLIDAY PAY, INSURANCE,  
CREDIT UNION, 401(k) PLAN, ATTENDANCE BONUS

Apply in Person  
or email [precisionlumber@lumbemh.com](mailto:precisionlumber@lumbemh.com)  
to request us to email an application

576 BUFFALO ROAD, WENTWORTH NH 03282  
[WWW.LUMBERNH.COM](http://WWW.LUMBERNH.COM)

### Precision Lumber Inc.

## WATCHMEN WANTED

### PART TIME WATCHMEN POSITIONS AVAILABLE

576 BUFFALO ROAD, WENTWORTH NH 03282  
[WWW.LUMBERNH.COM](http://WWW.LUMBERNH.COM)  
603-764-9450

Upper Connecticut  
Valley Hospital

### JOB OPPORTUNITIES

#### FULL-TIME

Multi-Modality Radiologic Technologist  
RN Surgical Services Manager  
RN – M/S Charge, Night Shift  
RN E.D. Charge, Night Shift  
Unit Coordinator, Days/Evenings  
Rehab Services Director  
RN Nurse Manager  
Physical Therapist  
Screener  
Cook  
LNA

#### PART-TIME

Cook (temporary)  
Medical Records Technician

#### PER DIEM

Cook  
LNAs – RNs – Certified Surgical Tech – Medical Assistant  
Patient Access Representative – Environmental Services Technician

APPLY ONLINE  
[WWW.UCVH.ORG](http://WWW.UCVH.ORG)  
Upper Connecticut Valley Hospital  
181 Corliss Lane, Colebrook, NH 03576  
Phone: (603) 388-4236  
[Ucvh-hr@ucvh.org](mailto:Ucvh-hr@ucvh.org)  
EOE

### YOU DON'T WANT THEM RESPONDING TO YOUR TEXT.

STOP TEXTS STOP WRECKS.ORG

### LAKE REGION COMMUNITY SERVICES

Engage. Empower. Inspire.

Lakes Region Community Services (LRCS) is recruiting home providers to serve individuals in its Shared Family Living program. Shared Family Living finds families or single persons to provide supportive, caring homes to individuals with disabilities.

Being a home provider allows you to work from home and receive a tax-exempt, non-reportable stipend based on the difficulty of care of each individual. Many individuals go out during the day to explore their communities and/or work which affords some down time for the home providers.

Lakes Region Community Services is always seeking new home providers, but are currently specifically seeking provider for the following:

- A woman in her mid-30s. She is independent in many activities. She needs someone to manage her medications, medical appointments and diet. Ideally, the home provider would engage her in exercise and maintain a healthy diet. She has day services out the home for 6 hours each weekday.
- A friendly 21-year old man. He requires assistance with some daily living activities. He needs assistance with medication administration. He is very friendly and personable.
- A 22-year old young woman. She requires support with regulating her emotions. She has day services out of the home for 6 hours each weekday.

If you have any questions, want to learn more about becoming a home provider and/or are interested in meeting one of these individuals, please contact Ellen Bean at (603)581.1556 or [ellen.bean@lrccs.org](mailto:ellen.bean@lrccs.org)

### BLUEBERRY STATION

is looking for  
Friendly & Reliable  
**NIGHT CASHIER**  
Other shifts available.

Also in need of a  
**STOCK PERSON**

Please apply in person:  
**BLUEBERRY STATION**  
1 Suncook Valley Road  
Barnstead, NH

### ADMINISTRATIVE ASSISTANT

for Small  
Convenience Store Chain

Job requires basic computer skills to include Excel. Duties include reconciling cashiers' paperwork and preparing sales sheets for the day. Position is for 30 hours a week and hours are flexible.

Please apply in person to:  
**BLUEBERRY STATION**  
1 Suncook Valley Rd., Barnstead



## WE ARE HIRING!

PSI Molded Plastics is located in beautiful Wolfeboro, NH.

We offer competitive pay rates

Benefits include Health & Dental Insurance, Vision, Short Term Disability, Long Term Disability, Life Insurance, 401k, 10 paid holidays, paid vacation time, paid sick time, and many other incentives!

**Assembler – 2nd & 3rd Shift - Starting Pay \$14.50**

**Machine Operator – 1st, 2nd and 3rd Shift - Starting Pay \$14.50**

**Process Technician – 2nd Shift - Starting Pay \$19.00**

**Spray Painter – 1st Shift - Starting Pay \$16.00**

**Sander 1st Shift - Starting Pay \$14.50**

\$.75 per hour shift differential on 2<sup>nd</sup> shift.  
\$1.50 per hour shift differential on 3<sup>rd</sup> shift.

**\*\*\$1,000 SIGN ON BONUS**

**\*\*SUBJECT TO TERMS AND CONDITIONS\*\***

For immediate consideration, please come to Five Wickers Drive Wolfeboro, NH to complete an application or visit our website for more information at [www.psimp.com](http://www.psimp.com). You can also email your resume directly to [donna.doyle@psimp.com](mailto:donna.doyle@psimp.com), please be specific as to what shift and position.

*PSIMP an Equal Opportunity Employer.  
ISO 9001:2015 Registered.*



### Lumber & Building Materials Contractor Sales

Our Ashland location is searching for a member of our Lumber & Building Materials Contractor Sales Team. You will prepare quotes, orders, invoices, special orders and purchase orders. This position will also coordinate deliveries and returns as necessary. You will serve as a resource for the customer, helping them make selections and build their confidence using your product knowledge and excellent customer service. Weekend hours required on a rotating basis.

You may apply in person or download an application from our website. All applications should be submitted to:

Dan Uhlman, General Manager  
20 West Street, Ashland, NH 03217  
or you may email to [duhlman@belletetes.com](mailto:duhlman@belletetes.com).

E.O.E.

▶ Competitive Wages

▶ Paid Vacation

▶ Paid Holidays

▶ Paid Time Off

▶ Health Insurance

▶ Profit Sharing

▶ Store Discounts

▶ 401k

## Town of Sandwich Help Wanted

The Town of Sandwich is accepting job applications for a full-time employee position in our Highway Department. A leadership role is available for an individual with supervisory experience. Opportunity for overtime seasonally. Experience operating equipment is desired but training and certification available. Applicants must be 18 years of age and hold a valid driver's license and medical card; NH CDL A or B license ideal. Full job description and application are available at the Selectmen's Office at Town Hall, 8 Maple Street. Applications are due by Thursday, August 26th at 3:30 P.M. For inquiries, please call 520-1538.

Equal Opportunity Employer.  
Sandwich Board of Selectmen

We are looking for motivated and dependable individuals to join our

## Dining Services Team.

Full and Part Time Positions available  
Visit our website for staff opportunities

[www.newhampton.org/about/careers](http://www.newhampton.org/about/careers)



## Framers and Laborers Wanted

Wallace Building Products, a 100% employee owned business, is a successful and growing manufacturer of building products for the construction industry. We seek full-time Framers and Laborers to join our team in Danbury.

This position will work with other employees to build rough-framed walls for the construction industry in a shop environment. Framing experience is a plus, but we will train.

Apply in person at 1525 US Rte 4 in Danbury NH  
Or call 768-5900 to set up an appointment



- Residential Site Work
- Commercial Site Work
- Septic Systems Installed
- Driveway & Road Construction
- Sand - Gravel - Loam

Route 3 • Meredith, NH • 03253

## 279-4444



### Join our growing team! - \$1,000 sign on bonus\* New Pay Structure & Shift Differential Advancement Opportunities!

Flexible 3 - to 5 - day work week options, including a Full - Time weekend shift.  
It's a great opportunity to start a new career or even a 2<sup>nd</sup> career with a solid, growing company!



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## Lakes Region Art Association announces 81st Annual Members Art Exhibit

TILTON — The Lakes Region Art Association, a non-profit 501-C-3 organization, opens their 81st Members Art Exhibit at the LRAA Art Gallery in Suite 300 at the Tanger Outlets, 120 Laconia Rd., Tilton, on Aug. 26.

Every year, the LRAA has put on this wonderful creative exhibit of art & photography. Most of our members are local artists and have a love of creating fine art paintings, drawing, and beautiful images in photography and digital art. The Gallery showcases an appreciation for local artists in the Lakes Region.

All ages are welcome to come and enjoy this Annual Exhibit on display for the community. Our Open House for the Show is Sunday, Aug. 29 from 2 to 5 p.m. in the gallery.

## Local students named to President’s List at Northern Vermont University

LYNDONVILLE, Vt. — Rebekah Persson of Belmont was named to the President’s List for the spring 2021 semester at Northern Vermont University. Students who achieve a 4.00 semester average are placed on the President’s List.

Northern Vermont University is a two-campus institution of higher education with campuses in Johnson and Lyndonville, Vermont as well as an online division that combines the best of our campuses’ nationally recognized liberal arts and professional programs. At Northern Vermont University, our goal is to guide curious, motivated, and engaged students on their paths to success and their places in the world. Learn more at [NorthernVermont.edu](http://NorthernVermont.edu).

# HELP WANTED



**Loon Mountain Resort**



**HR Coordinator – Full Time Year Round**  
Benefits eligible position.  
Primary duties include onboarding team members, benefits processing, managing HR information systems and payroll administration and HR Generalist projects. Microsoft Office and Excel skills required.

**HR Administrative Assistant – Full Time or Part Time**  
Full Time is a benefits eligible position.  
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Apply today at: [www.loonmtn.com/jobs](http://www.loonmtn.com/jobs)

**Moultonborough School District**  
**Fall Coaching Opportunities**

The Moultonborough School District has the following coaching opportunities available for Fall 2021:

**Varsity Girls Soccer**  
**Assistant/JV Girls Soccer**  
**Assistant/JV Boys Soccer**  
**ML Volleyball A**

To apply, complete application found at: <http://www.sau45.org/district/employment> and submit along with a letter of interest to:

Chris Wood, Athletic Director  
Moultonborough School District  
PO Box 228  
Moultonborough, NH 03254  
or email all documents to: [cwood@sau45.org](mailto:cwood@sau45.org)  
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(Contact Kerry Brady, AD, for application, etc. – 837-2528 or [kbrady@sau36.org](mailto:kbrady@sau36.org))

**WHITE MOUNTAINS REGIONAL SCHOOL DISTRICT**  
Reading Specialist  
District-Wide Special Education Secretary

**WHITE MOUNTAINS REGIONAL HIGH SCHOOL**  
Middle School or High School - School Counselor  
Physical Science Long-Term Substitute (September 7th – November 5th)  
Paraeducator

**WHITEFIELD ELEMENTARY SCHOOL**  
Title I Teacher  
Paraprofessionals (Anticipated)  
Special Educator Case Manager (Anticipated)  
Full-Time Custodian  
Substitute Teachers

**LANCASTER ELEMENTARY SCHOOL**  
Part-Time Title I Teacher  
Full-Time Paraeducator  
Part-Time Paraeducator  
Preschool Paraeducator (2 positions)  
Case Manager  
Upper Elementary Teacher  
Substitute Teachers

*Applicants must hold the appropriate NH credential for most positions or a Statement of Eligibility (SOE) issued by the NH Department of Education.*

For further information, contact:  
Cody Arsenaault, HR/Payroll Manager  
White Mountains Regional School District, SAU #36  
14 King Square, Whitefield, New Hampshire 03598  
TEL.: 603-837-9363/FAX: 603-837-2326  
Email: [codyarsenaault@sau36.org](mailto:codyarsenaault@sau36.org)

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PE/Health Teacher  
Alternative School Paraeducator  
Social Studies Teacher

**Middle School:**  
Health Teacher  
FACS Teacher  
Industrial Arts Teacher  
Grade 7-8 Science Teacher  
Title 1 Teacher

**Elementary school:**  
Special Education Secretary – School Year  
Preschool Teacher

Interested candidates should send letter of intent, resume, application, certification, transcripts and 3 letters of reference to the:

Superintendent’s Office  
Franklin School District  
119 Central Street  
Franklin, NH 03235  
[dlegallo@gm.sau18.org](mailto:dlegallo@gm.sau18.org)  
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# M/S Mount Washington among newest listings to state Register of Historic Places

LACONIA — The M/S Mount Washington is one of the five properties that the State Historical Resources Council has added to the New Hampshire State Register of Historic Places. The current Mount has served New Hampshire on Lake Winnepesaukee since 1940. In addition to its history within the tourism industry, it continues to be integral to the tradition of determining “ice out” on the lake, which is officially determined when the ship can travel to all five of its ports of call. Today’s Mount is last in a line of vessels that provided water transportation between the major communities surrounding Lake Winnepesaukee.

“Our primary goal is to preserve the M/S Mount Washington so that she that she will continue to be available for future generations,” said Captain Jim Morash. “It’s quite an honor to be included in the State Registry of Historic Places, and it validates decades of work by hundreds of crew to keep her tradition going season after season.”

The Mount joins four other special places, including:

Built in 1903-05 as a small chapel with the primary intent of educating children on Sundays, the one-story Cheever Union Sunday School in Dorchester

has several distinctive architectural features, including a canted bell tower with an open belfry and an off-center large stained glass window on the front. Largely unchanged for more than 100 years, its interior is still finished in dark-stained beadboard and has all of its original hardware.

The John Howland Homestead includes a circa 1830 Greek Revival-style house and a timber-framed barn on 160 acres. It was one of the longest-running farmsteads in Easton and has significance as a rural agricultural landscape, specifically as a relatively intact example of an early nineteenth-century farm that was part

of a larger agricultural community. A large percentage of its land is protected by a conservation easement.

Built in 1891 when Sunapee Harbor was Sunapee’s tourism center, the post-and-beam Flanders-Osborne Stable had 18 horse stalls and room for carriages; visitors could rent single and double teams. As modes of transportation changed, it later provided service and seasonal storage for boats and automobiles. The building was owned by generations of the same family until 1980 when it was donated to the Sunapee Historical Society, which maintains it as a museum.

Located near the town common in Warren, the eight-ton, 73-foot tall Redstone Missile was built circa 1950 and is reportedly the only authentic Redstone rocket available for tourist viewing in the United States. Henry “Ted” Aselin, who was stationed at the Redstone Arsenal in Alabama, was able to bring the decommissioned missile back to his hometown in 1971 to commemorate Alan B. Shepard, Jr., another New Hampshire native and the first American in space.

Anyone wishing to nominate a property to the New Hampshire State Register of Historic Places must research the history of the nominated property and document it on an individual inventory form from the New Hampshire Division of Historical Resources. Having a property listed in the Register does not impose restrictions on property owners. For more information, visit [nh.gov/nhdhr](http://nh.gov/nhdhr).

The M/S Mount Washington has been a New Hampshire icon since 1872. Departure times and options vary through the season. To learn more about the Mount Washington and to view a complete schedule with times and ticket prices, visit [www.cruisenh.com](http://www.cruisenh.com) or call 366-5531.

# HELP WANTED



The Village of Loon Mountain is located in the heart of the White Mountains, New Hampshire. We have 92 units, including lodge and townhouse condos. Our mission is to improve the quality of work/life by providing equal employment opportunities for all candidates and team members.

**Current Full Time Positions Available:**

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**How to Apply:**

In person: 72 Loon Village Rd. Lincoln, NH 03251

Email: [info@villageofloon.com](mailto:info@villageofloon.com) or call 603.745.3401

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# US women win seventh consecutive hoop gold

TOKYO, Japan — Team USA continued its dominance in women's basketball, claiming its seventh consecutive Olympic gold medal by defeating Japan 90-75 Sunday at Tokyo's Saitama Super Arena. The win extends the USA undefeated streak in Olympic play to 55 games and gives them gold medals in nine of the last 10 Olympic Games.

Veteran guard Sue Bird scored six of the USA's first 10 points to run out to a 10-2 lead that would not be relinquished. The USA led 23-14 at the end of the first quarter and 50-39 at the half.

Brittney Griner hit 14 of her 18 field goal attempts and led all scorers with 30 points, while A'ja Wilson added 19. Breanna Stewart scored 14 and grabbed a game-high 14 rebounds.

"Seven in a row, I mean that's just amazing. That just goes to show everything USA basketball's about," Griner said. "Japan's hard to guard. They can shoot it anywhere on the court. They're a tough guard, they're a really good team. I'm just glad we've got this gold."

Bird and Diana Taurasi each won their fifth Olympic gold medal, which is the most by any basketball player. It also ties them for third place for most Olympic Games earning a gold medal. Two athletes have won gold at six Olympic Games: sprint kayaker Birgit Fischer-Schmidt of East Germany and fencer Aladar Gerevich of Hungary.

"What can you say? It's 20 years of sacrifice, of putting everything aside and just wanting to win. It's never easy playing on this team (with) the pressure, but this group found a way to win and I'm just happy this group got to enjoy it," Taurasi said.

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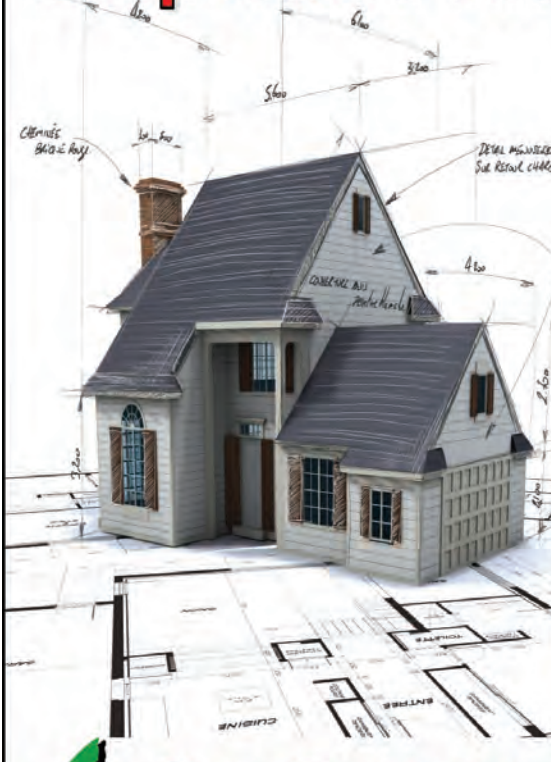
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