

THURSDAY, JULY 16, 2020

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COMPLIMENTARY

Walker's Farm Stand open for the season



BY DONNA RHODES drhodes@salmonpress.news

BRISTOL – Summer crops have begun to come in, and Walker's Farm Stand is up and running once again with plenty of fresh products available straight from their extensive fields and even their family kitchens.

Vegetables currently available are lettuce, cabbage, squash, zucchini, cucumbers and radishes. There are also green bell peppers, broccoli, onions, beet greens and tomatoes fresh from their green house. More items will be available as they become ready to pick.

Walker's has herbs for those summer recipes everyone enjoys making, honey to sweeten any dish, and even their own maple syrup to help make breakfast special.

Berries are also being picked right now and quarts of strawberries and blueberries are on hand while supplies last.

New this year is their selection of fresh beef. Ground hamburger, chuck roast, N.Y. Strip Sirloin, tenderloin and eye of round roast are among the many cuts of meat available at the farm stand.

Unfortunately, they don't have their own ice cream this year, but ice cream bars are on sale for those who want to leave with a cool treat in hand.

Finally, no meal is complete without dessert, and SEE **WALKER'S** PAGE A5

Blacklite Band to perform in Bristol

BRISTOL — The Blacklite Band will be featured at the July 23 Summer Concert in Bristol's Kelley Park. Established in 2013 the Blacklite Band has grown steadily in popularity with performances at many outdoor summer concert venues to include: New Boston, Milford, Greenfield, Auburn. Hampstead, Gorham, Alton Bay and more, with a list that keeps growing. PUBLIC LISTENING SESSION SCHEDULED



PBCH, Newfound Area Nursing

Association forge alliance

DONNA RHODES Shoppers can now find a wide selection of fresh, locally grown vegetables, berries, meats and more at Walker's Farm Stand on Smith River Road in Bristol

Featuring Denis Maltais on Guitar and vocals, Frank Arcidi on Bass and vocals, Paul Goodridge on Guitar/synth and vocals, and Butch Green on Drums, these seasoned musicians bring a blend of three-part harmonies and provide a wide variety of music ranging from the '60's through to today, including hits by the Beatles, the Stones, Tom Petty, The Bee Gees, Credence, The Buckinghams, and many more. Playing a little rock, a little country, and an occasional original tune like "Livin' in New Hampsha or Rockin' out the 603," the Blacklite Band is sure to provide a memorable show. You can check them out SEE **BLACKLITE** PAGE A5

FOR JULY 21

BY ANNA SWANSON Pemi-Baker Community Health

PLYMOUTH — PBCH and NANA are pleased to announce that the Board Chairs of Pemi-Baker Community Health and Newfound Area Nursing Association signed a Letter of Intent to integrate in June. This started the process to formally unite the two organizations, providing a stronger and expanded foundation for

Left to right: William York, NANA Board Chair, Chandra Engelbert, PBCH CEO and NANA Interim Director, Marty Humphrey, PBCH Board Chair.

delivering the highest quality homecare and hospice services possible. Their decision is the natural outgrowth of many years of cooperation, collaboration, and coordination and will improve services to 24 communities in Central

New Hampshire.

PBCH and NANA are confident that this integration will benefit all SEE ALLIANCE PAGE A5

Experience Newfound offers all your summer essentials

BY DONNA RHODES

drhodes@salmonpress.news

BRISTOL – Residents and visitors to the area can now get the most out

of these hot summer days by stopping by Experience Newfound on their way to the lake. There, they'll find all sorts of rentals for fun in the water, a great lunch and dinner menu, and



Experience Newfound has everything one needs to enjoy a day on the lake, including rental kayaks and other water sports equipment, inflatables for the beach, great food, and the area's only soft serve ice cream.

delicious soft serve ice cream treats to enjoy when the day is done.

Experience Newfound is owned by Trish Miller, a lifelong seasonal resident of the Newfound Lake community, and managed by Jeff Imhos, who oversees the day-to-day operations of the rentals, gift shop and the Lakeside Grille.

Miller owned a daycare center in Massachusetts for 35 years but on her weekends in New Hampshire, she began to think about making a change when she saw the former Cu Na Mara restaurant building was for sale. Located at the foot of the lake, she decided it would be the perfect spot to rent kayaks and other fun water equipment so she eventually sold her daycare and began her next venture in life.

"I want to offer anything that will help people really experience Newfound Lake," she explained.

Open now for the first full summer, Miller brought Imhos on board this year to help run the business. They have full and half-day rentals available for not only kayaks but wakeboards, paddle boards, water skis, tow tubes, knee boards, large inflatables and even a floating cooler that can be pulled along behind a kayak or canoe.

"People can rent them for either a whole day, from 9a.m. until 1 p.m., or pick them up at one and bring them back by nine the next morning," said Imhos.

And if someone doesn't have a way to get the equipment to the water, the staff will walk it down to Avery-Crouse for them.

The kitchen is Imhos' specialty, however. He has been working in restaurants since he was a young boy and even spent some time working at a Dairy Queen where he learned about ice cream. Therefore, with the kayak rentals already well established, his main focus was to develop the Lakeside Grille side of the business. Drawing upon all he learned while cooking over the years, he and Miller came up with a menu that

SEE **EXPERIENCE** PAGE A5

Local

A2 NEWFOUND LANDING, THURSDAY, JULY 16, 2020

Science Center offers discounted trail admission



Broad-winged Hawk during an outdoor outreach program.

HOLDERNESS — Squam Lakes Natural Science Center continues to educate the public about nature and ecology in New Hampshire despite changes brought on by the COVID-19 pan-

demic. It has adapted its trademark live animal education programs to meet the needs of its cus-



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tomers both virtually or in-person.

Science Center naturalists can bring live animal outreach programs to libraries and other groups in the comfort of their own homes through Virtual Live Animal Outreach programs. These presentations are 45 minutes in length, are taught by expert naturalists, and feature two live animal ambassadors. Programs are held securely and privately via Zoom, allowing for interactivity and providing a more personal experience for participants. Live all animals viewed are up close, directly in front of the camera, giving program participants a closer look than they may have had at an in-person program. Virtual Live Animal Outreach program fees are \$150 per program with a suggested maximum of 40 families to better facilitate exchange and questions. There is a \$25 discount per program when two or more program are scheduled for the same group.

Live Animal Outreach programs in person may be scheduled for outdoor venues only, where appropriate physical distancing can take place.

There are a variety of topics available or

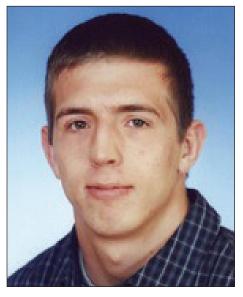
the Science Center can customize a program to meet a group's particular needs. One popular program is Animals with Bad Reputations. This program focuses on the public images of some animals that are often inaccurate and can result in negative attitudes. Attendees will learn about animals that have a bad "rep" and talk about the good side of these wild neighbors.

All outreach programs, virtual and in person, include materials to help promote the event. Information about live animal outreach programs and a scheduling form are available at nhnature.org/programs.

James Gilbert named to Newfound Athletics Hall of Fame

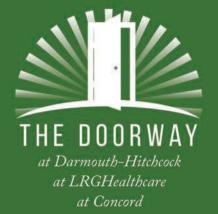
BRISTOL — James Gilbert was a 1998 graduate of Newfound Regional High School and was selected as an inductee into the 2020 Newfound Athletics Hall of Fame because of his success as a member of the Bears wrestling program. James grew up in Bristol and began his wrestling career in sixth grade. He had a bit of a slow start as James admits to not winning a match until eighth grade. "Gilly" did not let his slow start prevent him from future accomplishments as he went on to finish with over 100 wins in high school.

At NRHS, Gilbert prided himself on hard work and dedication. His improvements provided great results as he was crowned a 1998 I/M/S Champion, Meet of Champions finalist, and a New England place finisher. His achievements were noticed and he was granted the opportunity to continue his wrestling career at Johnson & Wales University in Providence, R.I.



James Gilbert

& Wales honored James by inducting him into their athletics hall of fame. His passion for wrestling and Johnson & Wales has kept him the area as he is working on his 18th season as their assistant wrestling coach.



For help with drug or alcohol issues visit **theDoorway.NH.gov** OR dial **2-1-1**. During college, 'Gilly' continued his dominance on the mat. Some of his collegiate accomplishments included being a 4-time conference place finisher, 3-time scholar athlete, and a two-time national qualifier. Gilly's 2002 season was his most dominant one as he was a conference champion and recognized as an NCAA Division III All-American. His 2002 All-American distinction was the first one for any athlete in the history of JWU athletics. In 2006, Johnson

Newfound will be celebrating their fifth annual Athletics Hall of Fame Ceremony on Oct. 24 at Newfound Regional High School. This year, Newfound will be welcoming in 4 individuals and 1 team. Congratulations to David Chorney, Cliff Cutter, Les Dion, James Gilbert, & the 1959/1960 Bristol Memorial High School Girls Basketball Team.

NH Electric Co-op Foundation announces grant recipients

PLYMOUTH — The New Hampshire Electric Co-op Foundation (NHEC Foundation) awarded 12 grants in June totaling \$54,395 to organizations throughout New Hampshire. The following organizations received grants ranging from \$2,000 - \$7,500.

Carroll County RSVP, Easterseals New Hampshire, Gibson Center for Senior Services, Lakes Region Community Services, LISTEN Community Services, Local Foods Plymouth, NH Audubon, New Hampshire Public Radio, Pemi Youth Center, Reach High Scholars Program (Raymond), Squam Lakes Association, White Horse Addiction Center.

The NHEC Foundation is funded by the generosity of more than 40,000 New Hampshire Electric Co-op members who participate in the Round Up Program.



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Participating members agree to have their monthly electric bill rounded up to the next dollar, which enables the NHEC Foundation to award quarterly grants as well as scholarships to the children of NHEC members. To learn more about the NHEC Foundation, enroll in the Round Up Program or apply for a Foundation grant, please visit www.nhec.com/ nhec-foundation.

New Hampshire Electric Co-op is a member-led electric distribution cooperative serving 84,000 homes and businesses in 115 New Hampshire communities. www.nhec.com.



NEWFOUND LANDING, THURSDAY, JULY 16, 2020 A3

Lnca



David Chorney

David Chorney joins Newfound Hall of Fame

BRISTOL — David Chorney was a 2005 graduate of Newfound Regional High School and was selected as a 2020 Newfound Athletics Hall of Fame Inductee. During his time as a Bear, he excelled in the sports of Cross Country, Nordic Skiing, Alpine Skiing, and Track & Field. David was proudly selected as a captain for each of those teams. In addition to being a stellar athlete. David was also involved in Student Council, The National Honor Society, and he was the Class Treasurer.

On the track, David Chorney established two school records (1600 & 3200) that still stand to this day. Not only did he break those school records in 2005, but he also won the Class M/S Championship, qualified for the Meet of Champions and New Englands in both events. David equally excelled in the fall while running the cross country trails at Newfound. In 2003, David's cross country team was the Class M/S Runner-Up. In 2004, David finished in 6th place at the Class M/S Meet and in 17th at the Meet of Champions to help

him qualify for New Englands.

After Newfound, David went on to run Cross Country and Track & Field at Muhlenberg College. His success did not stop at Newfound. While at Muhlenberg, David qualified for Nationals 5 times. He was crowned as a Centennial Conference Champion 4 times while being honored as a three-time Mideast All Region Cross Country Runner. In addition, David set 10 school records at the time of his graduation. 2009 was a peak performance year for David as he was honored as an

Indoor Track All-American. His performances in college was highlighted with a 2015 induction into the Muhlenberg Athletics Hall of Fame.

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NHEC applies for state funding to expand Broadband

PLYMOUTH — New Hampshire Electric Cooperative (NHEC) announced today that it has applied to the State of New Hampshire for funding to expand high speed internet access to its members in Colebrook and Lempster.

NHEC is seeking funding for the two projects from the Connecting New Hampshire Emergency Broadband Expansion Program (Connecting NH Program). The Connecting NH Program is a \$50 million state initiative funded through the CARES Act - Coronavirus Relief Fund aimed at expanding high speed internet access to areas of New Hampshire that do not have broadband

internet service.

As part of its ongoing efforts to make affordable, reliable, high speed internet service available to all members, NHEC submitted two applications to support the construction of fiber optic networks, one in Colebrook, and the other in Lempster. NHEC's proposal to build broadband networks in Colebrook and Lempster is contingent on receiving support from the Connecting NH Program.

In response to its members' critical need for high speed internet service, NHEC's Board of Directors has authorized the organization to take steps to ensure that all of its members

have access to affordable, reliable, high speed Internet. NHEC's initial step towards that larger goal is to secure funding from the Connecting NH Program to support the construction of fiber optic networks in Colebrook and Lempster. These projects would provide fiber to the premises (FTTP) with internet service options with one gigabit per second (Gbps) symmetrical upload and download speeds to NHEC members who are currently without broadband internet in the two towns.

"NHEC is excited to support the Governor's broadband initiative, and we are looking forward to helping the communities we serve achieve their economic potential. For the communities NHEC serves to remain vibrant, our members need to be able to fully participate in the digital economy. We believe this initiative is an important part of community building in our service territory," said Jeff Morrill, Vice Chair of NHEC's Board of Directors and Chair of the Co-op's Broadband Committee.

"NHEC's Board of Directors and the Broadband Committee have worked expeditiously to take steps to address our members' broadband needs," stated Tom Mongeon, Chair of NHEC's Board of Directors.

"We are hopeful as we begin our work towards the goal of ensuring all NHEC members have access to high speed internet. This work may take several years, but these applications are a start," continued Mongeon.

New Hampshire expects to award grants from the Connecting NH Program by mid-July, and projects must be completed by December 2020. NHEC continues to pursue funding opportunities and strategic partnerships to achieve its goal of ensuring all its members have access to high speed internet.

About New Hampshire Electric Cooperative

NHEC is a member-owned electric distribution cooperative serving 85,000 homes and businesses in 115 New Hampshire communities. Headquartered in Plymouth, our business is to keep, maintain and service our 5,500 miles of energized line in order to provide our members with the best possible service.

Spots still open for Squam Canoe Classic



Newfound's Lily Hewitt receives

Cardigan Lodge scholarship

Lily Hewitt, a 2020 graduate of Newfound Regional High School, is the recipient of a \$2,000 scholarship from Cardigan Lodge #38 of Bristol. Lily will be enrolled in the nursing program this fall at Plymouth State University. 1.0.0.F. (Independent Order of Odd Fellows) is a worldwide fraternal order involved in a variety of civic and philanthropic efforts on a local, national, and international level. Membership is open to men and women. For more information, please contact Charles Moore at 217-7234.

HOLDERNESS — The first of two tournaments in the Squam Canoe Classic: Bass Fishing Tournament is this Saturday, July 18. Load up the canoe, kayak, float tube or any style of human powered watercraft and head out for a day of timeless moments on the water.

Seasoned pros alongside the most amateur anglers are going to love this event! The Squam Lakes Association is excited to host our Sixth Annual Squam Canoe Classic, a very approachable bass tournament experience. This two part fishing series is all about the love of the lake, having a great time on the water, going after the big one, and good-natured sportsmanship. It is an opportunity to test your skills against the fish and each other, and a laid back way to introduce beginners to the art and pleasure of recre-

ational fishing. Quietly ease up to that favorite fishing hole and use all your skill and cunning to hook yourself a winner!

This tournament series is open to any vessel completely powered by human effort (think canoe, kayak...). Participants must fish with lead-free tackle. It is a catch and immediate release tournament. Anglers document their catch by measuring and taking a photo and then release the fish back into the deep where the legend can swim on.

For more information or to register, please visit https://www.squamlakes.org/2020-squamcanoe-classic-bass-fishing-tournament-series or call the SLA at 968-7336.



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CADY Corner

How to talk to your child about marijuana

BY DEB NARO

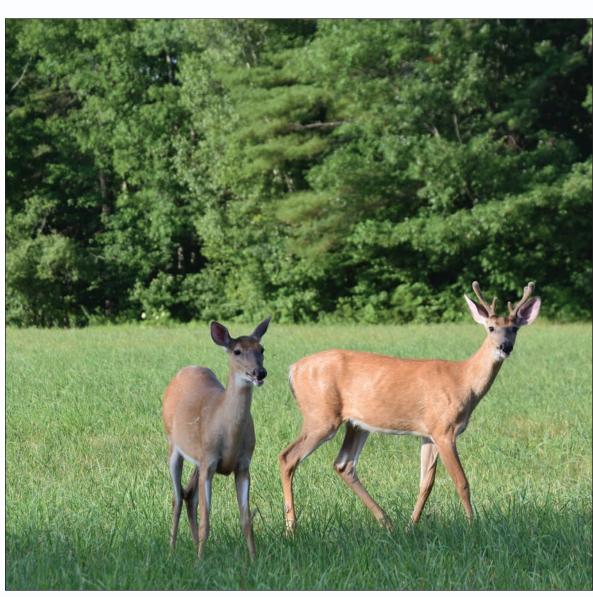
Contributor

Where do you start? What do you say? Between legalization efforts, increased normalization in pop culture and new ways of using, it's becoming more and more complicated to know how to address marijuana use with your kids.

Start with a better understanding of marijuana and the teen brain. The parts of the adolescent brain that develop first are those responsible for physical coordination, emotion and motivation. However, the part of the brain that controls reasoning and impulses — known as the prefrontal cortex does not fully develop until the age of 25.

During the teen and young adult years, your child is especially susceptible to the negative effects of any drug use, including marijuana. Marijuana can increase risk of chronic cough, bronchitis and schizophrenia in vulnerable individuals. It also may increase risk of anxiety, depression and a series of attitude and personality changes. These changes can also include poor performance in school, eating and sleeping problems. Marijuana, as with any other drug misuse, can lead to addiction. It affects the brain's reward system in the same way as all other drugs of addiction — and the likelihood of addiction increases considerably for those who start young. Marijuana potency has tripled in the past 20 years and sends more youth to treatment than any other drug.

When preparing to talk to you child, get in the right frame of mind. Whether planning to discuss marijuana or other substance use, the following strategies are key to setting the stage for an effective conversation: Keep an open mind. When a child feels judged or condemned, they will be less receptive to the message. Try to project objectivity and openness. Put yourself in your kid's shoes. How would you prefer to be addressed when speaking about a difficult topic? Try to remember how you felt as a teen. Be calm and relaxed. Approaching the conversation with anger or panic will make it harder to achieve your goal. Be positive. Approaching the situation with shame, anger or scare tactics will be counterproductive. Aim for respect and understanding. Avoid lecturing. It will most likely lead to shutting down, tuning out, and anger. Find a comfortable setting. Announcing a sitdown meeting will likely be met with resistance, while a more spontaneous, casual approach will lower anxiety (including your own). Be aware of body language. Finger-pointing and crossed arms are closed gestures, while uncrossed legs and a relaxed posture are more open. The drug landscape will continue to change with the times, but the one thing that will remain constant is that you are the most important, and most powerful influence in your child's life. For more information about how to talk with your child about staying drug and alcohol free, visit our website at cadyinc.org. If you, or someone you know, struggles with substance misuse or addiction, please call 2-1-1 or the Doorway at LRGHealthcare (934-8905) for help.



Handsome couple

DONNA RHODES

This handsome couple, the male showing off his velvety new antlers, was spotted strolling through a hayfield in Alexandria last week.

Sustainable Bristol

BY LAUREN THERRIAULT

My family and I recently went on our annual trip to Martha's Vineyard. While we were getting ready to go there, I realized how many small things you can do to make a vacation a bit more eco-friendly. We stayed in a condo so some of these may not be applicable for hotel travel.

from hotels that I have saved for three years and refill before going on vacation. You don't have to buy new tiny toiletries every time you go on a trip.

Turn off the lights and air conditioning when going out for the day, just like at home.

Take a picture of a brochure or map with your phone to reference so you don't need to use the paper version which will end up in the trash.

Bring your compost home. I was upset with myself for not bringing our compost bin. Half- your kids individually way through the trip I got a salad to go and used the empty compostable container to collect the food scraps we produced and brought them home.

didn't have to use plastic bags or wrap.

Pick a place to stay that is within walking distance to the activities you are interested in so you don't have to drive.

Lastly don't beat yourself up over buying wrapped snacks to enjoy at the beach.

Bring dish towels, cloth napkins and dish rags, this means you don't have to use paper towels or napkins.

Save toiletry bottles. I have two containers for shampoo and lotion

To the Editor:

poll the membership and

state that a two thirds

majority would deter-

mine if a new policy

Use sunscreen and bug spray that is safe for aquatic life.

Hang towels to dry instead of washing/replacing them after a single use.

Pack only what you need. It wastes gas and space to haul 20 outfits on vacation when you only need three.

Bring food in reusable containers. The place we stayed does not have any tupperware so we brought a few for storing leftovers and carrying food to the beach so we

Despite the pandemic people are still traveling this summer, with a little extra thought you can be safe and also keep the Earth healthy too.

Lauren's Green Tip of the Week: Wash out Ziplock bags and dry them to reuse them.

Letters to the Editor

Why bother asking?

would be followed, and I am wondering why then when that majority the NHEC Board would was not reached, vote

to enact the new policy anyway.

Naturally, I am addressing the new broadband implementation, which seems to be a done deal in spite of not meeting the stated membership vote. Obviously, I feel that the votes and opinions of the 35 per-

cent

of members has no value. Why ask?

> PETER W. SMITH GROTON

ALL WE KNOW IS LOCAL ~ SalmonPress.com













The Rest of the Story

NEWFOUND LANDING, THURSDAY, JULY 16, 2020 A5

Blacklite FROM PAGE A1

www.blackliteband. at com.

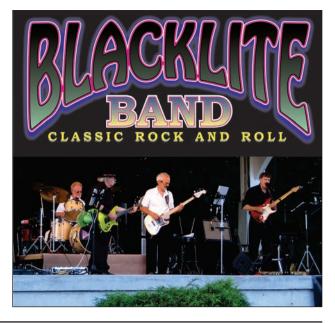
The Bristol Community Events Committee would like to remind everyone that this is a "bring your own" seating event and are asking people to seat themselves six feet apart from others. Kelley Park provides plenty of space for social distancing. It is recommended that attendees

bring masks for entering/exiting the park or when passing close by others in attendance. Also, a reminder that no refreshments will be sold at Kelley Park concession stand this year. However, attendees are encouraged to bring their own drinks & snacks, or why not pick up some 'take-out' from your favorite Bristol restaurant! No alcoholic beverages are allowed at Kelley Park and we are asking that people follow a "Carry In, Carry Out" policy regarding trash. The playground area next to the Pavilion at Kelley Park will not be available for use due to the proximity of the equipment to the concert pavilion.

Concerts will be held every Thursday night in July and August in the Kelley Park Pavilion. The scheduled performer for July 30 is the "Cole Robbie Band." Concerts begin at 6:30 p.m. and

end at 8 p.m., and in the event of inclement weather, concerts will be cancelled.

You can find a complete list of concerts and other great summer fun by visiting www. townofbristolnh.org or www.ttccrec.org. Follow the Bristol Community Events Committee on Facebook at www.facebook.com/Bristol-Community-Events.



Alliance FROM PAGE A1

communities currently served by the two organizations.

"For over a decade. PBCH and NANA have been allies in sharing programing and staff resources. By uniting the two agencies into one stronger organization, our communities will benefit from the team depth and commitment to high quality, individ-

ualized care," said Chandra Engelbert, PBCH CEO and NANA Interim Director.

After combining the NANA and PBCH staff teams, the integrated organization will employ over 85 staff members in a variety of capacities and roles. All clinics and screenings presently offered in Bristol and Plymouth will continue at their respective office locations. NANA's patients will have access

to PBCH's Outpatient, Membership, and Community Classes, and Palliative Care will expand to the Newfound area. The NANA office in Bristol will continue to be the center of services in the Newfound area.

Successful integration of the two organizations requires a great deal of thought, care and action on many different levels. To facilitate the gathering of information and community input, a public listening session is scheduled for July 21 at 4:30 p.m. via Zoom. Following a short presentation on the planned merger, PBCH and NANA want to hear from you - clients, supporters, neighbors, and partners in community service. This time will be reserved for listening to your comments and answering your questions. The procedure for joining the online session is detailed below and will

be posted on the PBCH (www.pbhha.org) and NANA (www.newfoundareanursingassociation. org) websites.

PBCH and NANA are excited about their future alliance and hope to have a good turnout for their listening session. You may join with video via computer, tablet or smart phone. To listen without video, simply dial the phone number below at 4:30pm on the 21st.

To Join Zoom Meeting: https://us02web. zoom.us/j/8319062797

MeetingID:8319062797 Dial: 1-646-558-8656

If you wish to contact Chandra Engelbert, PBCH CEO and NANA Interim Director, directly please email info@ nanainc.org or info@ pbhha.org. For further information please call 603-744-2733 for NANA offices or 603-536-2232 for PBCH offices.

New Hampshire Democrats to host virtual **#VoteFromHome** house party

PLYMOUTH — On Tuesday, July 14 at 6 p.m., Plymouth-area Democrats will host a virtual house party to discuss the importance of voting absentee this year – in the midst of a global pandemic - and to share need-to-know information about how to do it.

Virtual #VoteFromHome house parties like this one are being hosted in dozens of communities across the state this week by Organize NH, the unified organizing operation for the Biden, Shaheen, Pappas, and Kuster campaigns as well as Democratic

Experience **FROM PAGE A1**

bears the name of many familiar sights and places along Newfound Lake.

Among the appetizers are Bald Eagle Wings (actually chicken) and Pop's Cove Tenders with a variety of dipping sauces available. Some other catchy names listed are the Mayhew Island Mozzarella Sticks, Imhos' handmade and battered **Owls Head Onion Rings**, and Pike's Point Fried Pickle Chips. There are also Fried Ravioli and three kinds of quesadillias. Sandwiches include choices like Indian Point Steak and Cheese, their signature Experience Burger made with pepper jack cheese, fried jalapenos and chipotle ranch dressing, and a West Shore Marina Fish Sandwich. There are also steak tip wraps or subs along with burgers named for a few of the summer camps along the lake. The Minnow's Menu, for children ages 12 and under, offers burgers, chicken fingers, grilled cheese and hot dogs that come with drinks and fries. There are Newfie's Salads, as well as weekly specials like the popular 50-cent

Wing Night on Tuesdays.

For the working crowd or people on the go, there are "Ledge's Lunch Box Specials" from 11 a.m. to 2 p.m. that come with drinks and fries for under \$10.

Originally intended to be indoor dining and take out service, Miller and Imhos quickly adapted to the mandatory outdoor dining, too, this year and it's worked out so well that they hope to continue it into the future. In addition to those options, Lakeside Grille also caters to those who get hungry but hate to leave their lounge chairs. at Avery-Crouse or Cummings beaches.

"We have a green electric bike that our staff uses to bring lunch right to you," Imhos explained. "We have a friendly and hardworking staff that'll do anything we can to serve not just the vacationers but the local residents, too. They're very important to us!" And at the end of the day, or even right in the midst of the summer heat, there's the ice cream. As the area's only soft serve ice cream there are a number of delicious options from waffle or sugar cones (available with sprinkles, chocolate or cherry

dip) to frappes, banana splits, and hot fudge, strawberry or caramel sundaes. And for a fun frosty treat there's the Lakeside Swirl, similar to a DQ Blizzard, with a variety of candy or cookie pieces mixed in.

"What a lot of people really like is that other than some of the 'Mix In' selections for the Swirl, all the ice cream choices are nut-free," said Imhos.

Finally, on the weekiumps ends Miller aboard the Ice Cream Boat to make her rounds on the lake with a supply of novelty ice cream selections for sale. She and her boat also led this year's Fourth of July Boat Parade, which she organized with support from West Side Marine, Cielito's Mexican

Restaurant and The Big Catch who each joined Experience Newfound in supplying prizes for the winning boat entries.

"We're so excited to be part of the local community and I'm really grateful to all of them for helping us out this year," said Miller.

Experience Newfound is located at the intersection of West Shore Road and Lake St., beside the blinking light. Their Lakeside Grille is open daily from 11 a.m. to 9 p.m., while the ice cream window remains available until 10 p.m. Kayaks and all the other rentals also get underway at 9 a.m. each day. For more information on rentals, or to place an order for take-out or beach delivery, please call 217-0104.

campaigns up and down the entire ballot.

"No one should have to choose between their health and safety and their right to vote," said Liz Wester, director of Organize NH. "Any Granite Stater who is a U.S. citizen, is over 18, and is concerned about COVID-19 can vote by absentee ballot this year. We're hosting these events in Plymouth and across the state this week to make sure Granite Staters know their rights and know how to exercise them."

These #VoteFromHome house parties are part of Organize NH and the New Hampshire Democratic Party's expanded efforts in 2020 to keep Granite Staters informed about voting, as some processes are adapted to ensure the health and safety of voters during the COVID-19 pandemic. These efforts also include a voter information hotline - 603-GO-N-VOTE (466-8683) - which provides live assistance to answer Granite Staters' questions about voting ahead of the September primary and November general election, and a voter information website, www.VoteInNH. org.

"While Republicans like Donald Trump and Chris Sununu are doing everything they can to try to keep certain groups of Granite Staters they don't agree with from casting their ballots, Democrats believe that when more people vote democracy wins," said Ray Buckley, chair of the New Hampshire Democratic Party. "Call us at 603-GO-N-VOTE, visit VoteInNH. org, join a #VoteFromHome house party in your community, and make a plan to vote today."

Members of the media wishing to join their local #VoteFromHome virtual house party can email press@nhdp.org. Members of the public looking to join a house party can visit this link to find a virtual house party in their community.



readers in ELEVEN NH Weekly Papers. From the Lakes Region to the Canadian Border.



Walker's FROM PAGE A1

at this time there are cherry, blueberry, apple and strawberry rhubarb pies to choose from. Add a fresh bouquet of their cut flowers and dinner can be complete with just one local stop.

Walker's Farm Stand, located at 2760 Smith

Serving all of New Hampshire for 50 years.

River Rd. in Bristol, is open from 9 a.m. until 5 p.m. each day. Once the corn is ready, the hours will be extended until 6 p.m.

For more information, visit their Facebook page, where they can also be reached through Messenger, or call 744-8459.



Paid Advertis Paid Advertis Paid Advertisement Paid Advertisement Paid Advertisement **Jones: Financial Focus** Edward

Protect Yourself Against Financial Scammers useful

It's unfortunate, but true: During this period of economic uncertainty, one of the busiest "industries" has been financial scamming. But it goes on even during normal times, too, so you'll want to know what to look for, and how to defend yourself. For starters, just how widespread is financial fraud? Consider this: In 2019,

more than 3.2 million fraud cases were reported to the Federal Trade Commission, with identity theft being the most common type of fraud, accounting for about one-fifth of the overall cases. And fraudulent new accounts (mortgages, student loans, car loans and credit cards) amounted to about \$3.4 billion in 2018, according to a study by Javelin Strategy & Research.

To help yourself from being victimized, consider the following suggestions. They are certainly not an exhaustive list, but they should prove

Make sure a website is secure before entering any payment or personal information. Look for sites that start with HTTPS, rather than those with just HTTP, which are not secure and can be hacked. But even a site with HTTPS can still be used by scammers, so, if you don't recognize the name of the company or group that's requesting your information, do some research to make sure it's legitimate.

Watch out for unsecure websites.

· Review your credit reports. As mentioned above, the fraudulent opening of new accounts is a big source of financial scams. To be sure nobody has opened new accounts under your name, try to review your credit reports at least once a year. You can get them for free at AnnualCreditReport

· Follow up on fraud. If you've al-

Jacqueline Taylor Financial Advisor 3 Mill Street PO Box 176 Meredith NH 03253 603-279-3161 Fax 866-532-8685

ready been victimized by having new accounts opened in your name, contact one of the three major credit reporting agencies (Experian, Equifax or TransUnion) and place a 90-day fraud alert on your credit file. You might also want to file a complaint with the Federal Trade Commission. print it out and file it with your local law enforcement agency. And it's also a good idea to contact the fraud department of the financial companies where the thief has opened a fraudulent account in your name. • Be alert for suspicious links. "Phish-

ers" have gotten quite good at sending out messages that look like they're from reputable businesses. But if you examine these messages carefully, you can usually determine if there's something off about them. For example, no legitimate business will tell you, via this type of message, that you have to "correct your account" by providing

additional information. And if you do hit the link provided, and it takes you to a third-party site, you can be pretty sure it's bogus.

· Resist "act now" offers. If you get an offer, via phone or online, urging you to "act immediately" on an in vestment opportunity, discontinue the communication. No reputable financial advisor will ever try to force you to take such swift action, and if an investment is legitimate, it will be available tomorrow, next week and next vear.

· Use your shredder. You probably have the option to "go paperless" with all your banks and financial services providers, but, if you still do receive paper documents, be sure to shree them when they're no longer needed. You save and invest for years to help achieve your long-term goals. Don't let any of your efforts be undone by financial fraudsters.

This article was written by Edward Jones for use by your local Edward Jones

Member SIPC

Financial Advisor. For more information or to sign up for their monthly newsletter, contact your local Financial Advisor.

Towns/ Churches

Towns

Bristol

Al Blakeley adblakeley0@gmail.com

My wife and I are so impressed with the downtown of Bristol! The flowers, the green, the banners and all the care taken to improve storefronts all make traveling through a pleasure. Kudos to all who have taken part and still take part of the Improvements with little or no recognition for their efforts. We notice and I'm sure many folks do every day. Well done devoted citizens of Bristol! Thank you for all you do.

The Newfound Area Nursing Association (NANA) is in the process of merging with the Pemi-Baker Visiting Nurses Association. A Listening Session will be held on Zoom or by telephone on Tuesday, July 21 at 4:30 p.m. where information will be shared concerning the merger and its advantages for communities inthe volved. Contact NANA for more information and how you may participate in the session.

This Thursday, July 16, another Concert in the Park will be held featuring Annie and the Orphans. Concerts are from 6:30 - 8:00pm at the Concert Pavilion at Kelley Park. Lawn seating, bring your own chairs or blanket and please practice social distancing and seating at least 6 feet from other groups. Concert attendees are asked to keep 25 feet distant from the pavilion, bring masks to wear when wandering close to other folks in attendance and portable toilets and rest rooms will be available for use at your own risk! Concerts will be cancelled in case of inclement weather and decisions will be posted by 2 p.m. on concert day. No indoor concerts will be held. Other groups scheduled for the summer include: The Blacklist Band July 23, The Cole Robbie Band July 30, Jackie Lee and the Cold Steel Ramblers Aug. 6, Carroll Brown Aug. 13, Audrey Drake Trio

Aug. 20, Michael Vincent Band 8/27 and Studio Two-Beatles Tribute Aug. 29. Refreshments will not be available at the park, but you are welcome to bring your own, remembering that no alcoholic beverages are allowed and please carry out your trash. Enjoy it all!

The Minot-Sleeper Library is making progress with its annual Summer Reading Program for all ages and is having a Phased Reopening which is now under way with curbside services, virtual programming, home delivery service for homebound individuals and weekly bulletins as to what is offered.

Communicating about these services and opportunities can happen using the following information:

Email: librariean@ townofbristolnh.org web site: www.minotsleeperlibrary.org Telephone: 744-3352

As part of the Youth Summer Reading Program, Stories on the Wild Side with Squam Lakes Science Center will take place on Wednesday, July 17 at 10:45 a.m. Reading and science come together in this fun program blending storytelling with up close encounters with three live, native New Hampshire wild animals to help challenge kids to separate fact from fiction. On Wednesday, July 22 at 10:45 a.m., Stories and Art with Currier Art Museum will take place.

Third Monday Book Group Discussion: "There, There" by Tommy Orange will be held on Monday, July 20 at 10 a.m.

Upcoming programs

as much as they wish. I still enjoy watching a 'good' storm, but not the destruction some have caused. Let's hope we get more rain...only at night and lots for those who need it!

Groton

Ruth Millett 603-786-2926 rem1752nh@gmail.com

We've seen many of you at the Town Hall this week getting your dump passes. We hope we will have stickers soon to put into your cars. The envelopes are all ready to go when they come in.

Gina would like to thank all those who emailed her with suggestions on whether to have fireworks this year or not. She specifically asked me to thank you for your thoughts. If anyone else has ideas, please contact the office at townclerk@grotonnh. org and we'll be sure to take your comments in consideration. I don't think any plans have been made yet.

The Highway Department wanted me to let you know the work is being done on the old Town Office/Library and some stone has been laid to help the fire department access the water source down there. It is good to see the old building go as it was becoming a health hazard. Though it is sad that we are seeing a part of our Town's history go, it needed to be done. There was a lot of mold in the building after all the floods that have occurred over the years so it would not have been wise to try to save the structure.

drought we've been having, the new dry hydrant is working great.

The Town of Groton is currently accepting bids for the following items (there are two of the same item): Two MPI Monitor 2,400 Kerosene Heaters (starting bid \$200 per unit)

Items can be seen at the Groton Town House. Any interested parties should submit a bid in writing by mail, fax or e-mail to the Town Office by July 9 at 4 p.m. Payment and pick-up for the winning bid must be completed by July 30.

The Town of Groton has made the difficult decision to cancel the 2020 Groton Old Home Day. We know the residents look forward to this each year so it wasn't an easy decision. We look forward to seeing everyone at the 2021 Old Home Day.

News from the Hebron Library

We are pleased to announce we have extended our Porch-side Pick-up to Monday and Wednesday afternoons and Saturday mornings! Call or email your book requests (744-7998 or hebronlibrary@metrocast. net). If you do not yet have a library card, we can get you set up with a card over the phone please let us know!

We'll be having a Summer Reading Program - "Imagine Your Story" - please check our website and our front porch information display case for upcoming details! Our summer reading program will be from July 6- Aug. 15 and it will be not just for kids, but all kids at heart In a nutshell, the sumreading piles and activity kits being put together with your name on it and set out just for you each week on the library porch for pick-up!

Scheduled Meetings and Closures for the Town of Groton:

Select Board, Planning Board and Zoning Board joint meeting July 21 at 5 p.m. See announcement above.

Select Board Work Session – Tuesday, July 21, 6 p.m. at the Town House

Select Board Meeting - Tuesday, the 21st, 7 p.m. at the Town House

Planning Board Meetings have been cancelled until further notice.

Conservation Commission will be meeting at the Town House Aug. 13 at 7 p.m.

Select Board Office will be closed July 14 through 20, and will close early at 2 p.m. on July 22.

Hebron

Bob Brooks 744-3597 hebronnhnews@live.com

Town Library - Porch Side Pickup Service Available

The Hebron Library is happy to announce that we will be offering zero personal contact porch side pickup each Wednesday!

Pickups will be every Wednesday afternoon. Requests can be made at any time during the week. Requests received by Wednesday at noon will be ready for pickup in the afternoon. We will

call you when your mate-

rials are ready for pick-

up. Requests made after

noon will be available for pickup the following Wednesday. Available titles can be found on our website catalogue, hebronlibrary.org, or patrons can give general directions for us to choose for them. Requests may be submitted either by email or by leaving a message on the library phone.

By email: hebronlibrary@metrocast.net

• Please leave your first and last name and phone number so we can call you for pickup.

Include the call ٠ number, title, and author for each selection.

DVDs are avail-٠ able by title.

By phone: 744-7998

Please leave your first and last name and phone number so we can call you for pickup.

Include the call • number, title, and author for each selection.

DVDs are avail-٠ able by title.

Patrons are encouraged to return materials promptly. When materials are returned, they will be wiped down with disinfectant and held in quarantine for one week before being checked in and made available for checkout. If you currently have library materials checked out, you may return them. Any person in the library will wear a mask and wear gloves or use hand sanitizer between each patron's order whenever handling books or DVDs. If you do not have a library card and you live in Hebron or Groton please call or email us your name and number and someone will get back to you and get you enrolled. We will check your ID when you pick up your selections. Please be patient as we are not in the library every day. Let's get reading!

of interest: Movie Group, July 28. A talk about the film "Captain Fantastic," July 29 - A presentation by Dr. Richard Lobban on Native Americans and Early History of New Hampshire.

Well, we have had plenty of rain these past couple of weeks, but not everyone is getting the benefits as it has been spotty at best and some of the folks who really need it haven't received

The Select Board, Planning Board and Zoning Board will be meeting for a work session on Tuesday, July 21 at 5 p.m. They will be meeting first at the Town House, then going off site for a site visit, and will be returning to the Town House after to meet if necessary.

At the Select Board Meeting on Tuesday it was brought to our attention that the clean up will commence on 1214 N. Groton Rd. It was also brought to our attention that even through the

Thinking about moving, but you're just not ready? Get on our waiting list today!

Call Chris for an appointment to tour our homes and discuss our waiting list opportunities.

mer reading will follow the Porch-side pick-up format, with personal

Churches

Plymouth Congregational UCC

YOU ARE INVITED to join Pastor Mike Carrier for worship at 9:30 a.m. via our Facebook Page when we will be livestreaming our morning service. The Sunday Bulletin for this service as well as videos and Bulletins from past services

can be found on our church's Web site at www.uccplymouth. org.

In order to protect everyone's health and safety, we have made the decision to suspend all gathered worship services and meetings until further notice.

How do I access the church's Facebook Page? You can find our Page by searching for "Plymouth Congregational United Church of Christ Plymouth NH." "Like" the Page and you will receive notifications when the weekly service goes live! Missed something? Scroll down to the date of the service or program you missed. It is all there!

Feeding Our Children Together

From the start of this school year, we have been providing 3,000 calories to food insecure children in the Head Start Program and to Plymouth Elementary School so that they will have enough to eat over the weekend. We are currently working with our partners to support the needs of these children while the schools are closed.

PCUCC is a vibrant community of faith that is welcoming, theologically progressive, socially liberal, open and affirming, inclusive and enthused about sharing Christ's love with the world. Please visit our Web site at www.uccplymouth.org.

How to Submit Obituaries & Announcements To Salmon Press Publications

Obituaries and **Announcements** of special events such as weddings, engagements, and anniversaries are published FREE OF CHARGE in any/all Salmon Press newspapers. **Obituaries** can be sent to: obituaries@salmonpress.com Wedding, engagement, and anniversary announcements are welcome at: weddings@salmonpress.com

Photos are also welcome, but must be submitted in jpeg format. Please contact Executive Editor Brendan Berube at (603) 279-4516, ext. 111 with any questions regarding the submission process.





All US and foreign silver and gold coins, estate jewelry, scrap gold, diamonds. Free oral appraisals. NORTH COUNTRY COINS. Main St., Plymouth, NH 536-2625.



NEWFOUND LANDING, THURSDAY, JULY 16, 2020 A7

<text>

fine local businesses: BRIDGEWATER: HEBRON:

Newfound Grocery

BRISTOL:

Bristol Post Office (Outside Box) Bristol Town Hall Bristol Laundry Cumberland Farms Bristol Park & Go Bristol Shacketts Rite Aid Bristol Hannaford Wizard of Wash

DANBURY:

Danbury Country Store



Hebron Post Office(Outside Box) Hebron Town Hall Hebron Village Store

> HILL: Hill Public Library

NEW HAMPTON:

Mobil Gas Station Irving Gas Station Gordon Nash Library **PLYMOUTH:** Tenney Mt. Store

RUMNEY: Common Café Stinson Lake Store

A new publication full of local news, sports & happenings from the following communities: Alexandria • Bridgewater • Bristol • Danbury • Groton • Hebron • Hill • New Hampton



www.NewfoundLanding.com

Headquarters: 5 Water Street, P.O. 729 Meredith, New Hampshire • (603) 279-4516

Local News

NEWFOUND LANDING, THURSDAY, JULY 16, 2020 **A8**

THE REAL REPORT RECENT REAL ESTATE TRANSACTIONS

Town	Address	Туре	Price
Alexandria	289 Plumer Hill Rd.	Single-Family Residence	\$190,000
Bristol	84-a Windridge Rd.	N/A	\$250,000
Bristol	N/A	N/A	\$80,000
Hebron	Hobart Hill Road	N/A	\$255,000
Holderness	68 Pinehurst Rd.	Single-Family Residence	\$470,733
New Hampton	1035 NH Route 132 N.	Single-Family Residence	\$228,000
Rumney	N/A (Lot 1)	N/A	\$59,933
Thornton	Bradleys Sugar House Road N/A		\$175,000
Thornton	Thornton Gore Road	N/A	\$15,000
Thornton	N/A	N/A	\$210,000
Thornton	N/A (Lot 14)	N/A	\$10,000
Warren	Eagles Nest Road	N/A	\$25,000
Waterville Valley 92 Noon Peak Rd., Unit 6c Condominium			\$275,000
Wentworth	N/A	N/A	\$176,066

ABOUT THE REAL REPORT

Here are recent real estate transactions in Alton and the surrounding areas. These sales summaries are informational only, not a legal record. Names shown are usually the first listed in the deed. Sales might in-



Seller	Buyer		
R&A Holdings Trust and Ryan Hasselton	Robin J. Ramirez		
Ronald F. Crete	Richard J. and Kathleen M. Cornell		
Patricia Miller	Kane and Sharon Lorah		
Elizabeth Nemchcik	Mark L. Pasierb and Janice C. Peterson		
Georgette Mehalik	Marie Payton		
Paul H. and Lori J. Freitas	Ethan J. and Eva M. Bush		
Arthur N. Luhtala	Nancy D. Keniston		
Wendy Wagner	Robert Seely		
Hall Heritage RT and Michael A. Hall	Roger J. Robidoux		
Albert C. and Eleanor F. Sullivan	Tatiana K. and Evgeniy E. Filina		
Bruce W. and Karin M. Cookson	Paul Kelleher		
Marc Nyberg	Adam M. and Joy A. Brais		
Linda L. Navarro RET	Marissa R. Ross		
Nelsen NH RET and Donald E. Nelsen Edmund M. Livingstone and P. Grullon-Livingstone			

volve additional parties or locations. Prices are usually based on tax stamps and might be inaccurate for public agency sales. Refer to actual public documents before forming opinions or relying on this information. Additional publicly recorded information on these sales, prior sales and data from Department of Revenue Administration forms is available at www.real-data.com

or 669-3822. Copyright 2011. Real Data Corp. In the column "Type": land= land only; L/B= land and building; MH= mobile home; and COND=condominium. Transactions provided by The Warren Group, Boston Ma., publishers of The Registry Review and Bankers and Tradesman newspapers, Phone: 1-800-356-8805. Website: www.thewarrengroup.com





Steenburgh Auctioneers Auction of Antiques & Accessories • Saturday July 18, 2020 @ 10 AM 2695 Mt. Moosilauke Hwy. East Haverhill, NH

We are pleased to present at public auction a variety of quality antique items from estates in Vermont and NH. Please note: FACE MASKS ARE A REQUIREMENT AT THIS EVENT HELD ON OUR PROPERTY. We appreciate your cooperation. PLEASE BRING YOUR OWN LUNCH. NO FOOD WILL BE SERVED. We will have large auction tents set up so the lots are spread out, and social distancing guidelines will be in effect. PAYMENT BY CHECK OR CASH ONLY. Absentee bidding accepted. Auction Preview will be on Friday July 17 from 12-5 PM and the day of sale from 8-10 AM.

The following is only a partial listing. Please visit our website www.steenburgh.com for updates

Furniture: 4 drawer Haverhill NH dresser with birdseye maple drawer fronts circa 1845-50 with provenance from a local family. Queen Anne country table; 2 drawer lift top blanket chest in old paint; late 18th c. stretcher base tavern table with pine top; country table with painted legs; late 18th c. corner chair; good quality Hoosier cabinet; early double door cupboard in old grey paint; s-curve roll top oak desk; oak Larkin side by side secretary cabinet; empire sideboard; lots of dressers and commodes; fine early bowfront 4 drawer Sheraton dresser; selection of Victorian furniture; Paine Furn. Co. side cabinet with leaded glass sides; antique cabinets and cupboards and much more. Country Primitives and Accessories: fine early red painted trencher bowl, shaker style wooden bucket in old blue paint; large mid 19th c. pantry box in old red paint; Sampler dated 1801 in old painted frame (possibly from Plymouth, VT); old wooden bowls; painted boxes; mortar and pestle; crocks, some with blue decoration; Canary yellow early 19th C. Child S motto mug; selection of old document boxes; primitive knife trays; old carved and painted duck decoys; early wrought iron fireplace tools; old iron forged key collections; treenware pitcher in old red stain; collection of marble carved stone fruit; misc. Old bottles; old hogscraper candlesticks; redware; Paintings, Prints, and Artwork: large scale portrait of a gentleman signed Cadeau 1830 in original gilt frame; watercolor landscape with house signed Claghorne; unusual early litho of the Lathrop family tree; European genre interior painting; selection of antique primitive paintings of cats and kittens; Maritime painting of ship; other 19th c. portrait of a gentleman; Antique Guns: Springfield Saddle ring carbine; Spencer rifle with saddle ring; Winchester rifle; unusual early target pistol with long barrel; other early percussion dueling pistols; tiny vest pocket pistol from the 19th c.; old gun ammo in original packaging; Accessories: Unusual etched and frosted cut glass Czechloslovakian lamp with glass shade (missing burner font); signed letter from Bobby Kennedy; quantity of old pewter items to include Townsend & Compton tankard, R.Dunham Westbrook, ME pewter teapot and more; Lot of flow blue floral pattern dinnerware; small group of old snuff bottles; collection of old toy marbles; collection of jackknives; G. Washington printed centennial parade banner; group of local town history books; Edison cylinder roll player with box of old cylinder rolls; 2 letters signed by Edwin Booth (brother of John Wilkes Booth); stereo views and viewers; collection of old military medals and buttons; large collection of banks - mostly 20th c. in book form and with Bank name plates identifying; selection of old Pike glass top advertising stones; Enterprise Coffee Grinder with eagle finial; Group of DeLaval tin cows; Pike Mfg. Co. glass top advertising stones; old Wooden Crescent Orchards Ayrshire Cattle sign; 2 Singer Featherweight sewing machines; large collection of antique bayonets; Cigar advertising mirror; old school bells; group of White Mt. Books; lots of old sewing related items and buttons; lots of Militaria to include buttons, badges and patches; unusual Victorian floor and table lamps with birds feet base design; group of old bottles and flasks; antique clothing and linen; Silver: quantity of sterling silver items to include: sterling flatware service 79 pieces; other sterling silver flatware service 51 pieces; Persian silver box; large ornate sterling silver ladle; other large sterling silver ladle; selection of sterling silver bowls and dishes; sterling weighted table items; other sterling; some small lots of coins including group of Barber halves; Jewelry: sterling silver Indian squash blossom necklace; Egyptian scarab jewelry; good lots of costume jewelry; pocket watches



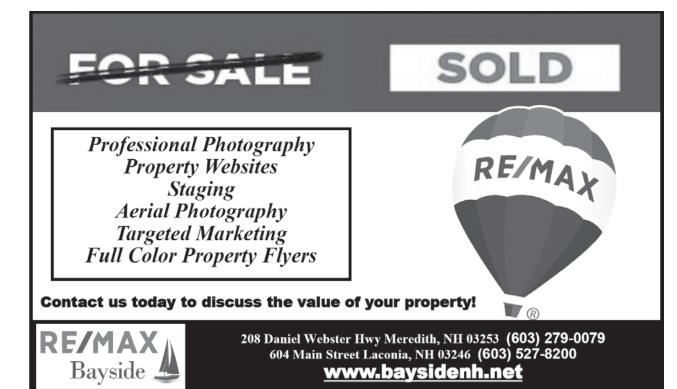
Plymouth's Farmers' Market only available online this summer

PLYMOUTH -- Local Foods Plymouth (LFP) announced today they will continue to offer curbside pick-up and free home delivery of local foods and goods through their weekly on-line farmers market. Ordinarily, this time of year Local Foods Plymouth also runs the outdoor market located at the Plymouth Regional Senior Center on Green Street in Plymouth.

"The safety guidelines set forth by the state would be challenging to meet and difficult to enforce," said Local Foods Plymouth Manager, Brandon Miller. "Basically, the state is encouraging farmers' markets to move to an on-line ordering system a lot like what

MUCH MORE TO BE ADDED OVER THE NEXT WEEK !!!!!! TERMS: CASH OR CHECK - NO CREDIT CARDS. 10% Buyer's Premium.

> STEENBURGH AUCTIONEERS LLC. 523 JEFFERS HILL RD, PIKE, NH 03780 phone: 603-303-3072 NH AUCTION LICENSES 2194 & 2754 website: WWW.STEENBURGH.COM email: JOSH@STEENBURGH.COM



we currently operate via our Web site."

After consulting with some of their regular farmers about those safety guidelines, LFP made the difficult decision to cancel the outdoor market for 2020.

Miller continues, "The fact that the aspects that make a Farmers' Markets fun could no longer happen (such as no live music and no lingering), we decided it made better sense to concentrate on serving the community and our farmers more safely through our existing on-line market."

Since the outbreak of COVID-19, the demand for local foods has grown 400% at Local Foods Plymouth and has remained steady. To meet this demand, LFP organizers reached out to local food producers and farmers such as Mad River Roasters, Sunnyfield Bakery, Wendy Town Farm and Cattle Landing Farm to increase the product quantities and variety available on LFP. Over the last three months, LFP owes a big thank you to local farm favorites such as Huckins Farm, Longview Farm, Huntoon Farm, See To It Farm and Dead Red Farm who worked hard to meet their food orders that suddenly quadrupled in size.

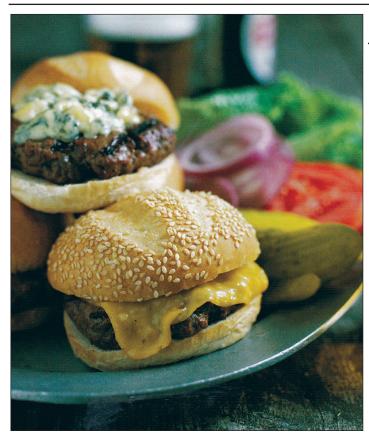
Outdoor market goers are encouraged to still support their favorite farmers and vendors by instead placing an order Saturday at noon through Wednesday at 7 a.m. at www.localfoodsplymouth.org . Prebought orders can then be picked up at the PARE/ Local Foods Plymouth office on Thursdays from 3:30 – 5:30 p.m. or shoppers can choose home delivery by requesting "delivery" in the special notes box at checkout. Shoppers will find many products that vary seasonally including salad greens, vegetables, breads, baked goods, prepared meals, meats, cheese, raw milk, flowers, plants, eggs, condiments, sweets, jams, maple syrup, herbs, crafts and more.

"We know people are going to miss the outside market so we are planning to bring some fun to the curbside pick-up offering raffles, special offers and educational information on wellness, healthy recipes and gardening" continued, Brandon Miller.

To receive the weekly e-newsletter about the On-Line Market send your name and e-mail to localfoodsplymouth@gmail.com or call 536-5030. The Plymouth Area Renewable Energy Initiative (PAREI) serves as LFP's fiscal agent working toward the overall mission to make our community more resilient, spend food dollars locally, and reduce the number of miles food travels from farm to plate.

Local News

SUMMER RECIPES



Master burger cooking for grilling season

Juicy, mouthwatering, hamburgers are a warm weather staple that taste perfect right off the grill. Everyone can benefit from having a tried-and-true burger recipe in his or her repertoire when entertaining a backyard full of guests or enjoying a cozy weeknight meal with the family.

Many things constitute a great burger, including flavorful meat, the right ratio of fat content, a crispy roll or bun, and fresh, cold toppings and condiments. That's all guaranteed and more in this recipe for "The Great American Hamburger and Cheeseburger" from "Mastering the Grill: The Owner's Manual for Outdoor Cooking" (Chronicle Books), by Andrew Schloss & David Joachim.

THE GREAT AMERICAN HAMBURGER AND CHEESEBURGER

(6 servings)

- 2 pounds ground beef chuck, 85 percent lean
- 5 tablespoons ice-cold water
- 1 teaspoon ketchup
- 1/2 teaspoon ground black pepper

Oil for coating grill grate 12 slices good-quality American, provolone, or cheddar cheese (optional)

- 6 hamburger buns, split
- 1. Heat the grill to 425 F for gas or achieve light ash for charcoal or light ash for wood.

2. Using your hands, mix the beef, water, ketchup, and pepper in a bowl until well blended; do not overmix. Using a light touch, form into 6 patties no more than 1 inch thick. Refrigerate the burgers until the grill is ready.

3. Brush the grill grate and coat it with oil. Put the burgers on the grill, cover and cook for 7 minutes, flipping after about 4 minutes, for medium-done (150 F, slightly pink). Add a minute per side for well-done (160 F).

4. If you are making cheeseburgers, put 2 slices of cheese on each burger 1 minute before the burgers are going to be done.

5. To toast the buns, put them cut-sides down directly over the fire for the last minute of cooking.

6. If serving the burgers directly from the grill, serve on the buns. If the burgers will sit, even for a few minutes, keep the buns and the burgers separate until just before eating.

The best garnishes for burgers are the classics: a slice of ripe beefsteak tomato, a mound of sautéed onions, a leaf of romaine lettuce, a dollop of coleslaw, or a few slices of dill pickles.

Turn your grill into a pizza maker

Some say an outdoor kitchen isn't complete without a pizza oven. A delicious pie straight out of a blazing hot oven can be delectable when dining al fresco, but pizza also can be made right on the grill.

This recipe for "The Chicagoan" from Craig W. Priebe's "Grilled Pizzas & Piadinas" (DK) utilizes grilled beef and sliced potatoes to give this grilled pizza a steakhouse flavor. Use a homemade dough or your favorite premade variety available at your local grocery store.

THE CHICAGOAN

Makes a 12-inch pizza

1 russet potato, peeled and sliced about 1/4-inch thick

3 tablespoons extra virgin olive oil 1 teaspoon salt

1/2 teaspoon freshly ground black pepper

8 ounces top sirloin or strip steak 1/2 teaspoon salt Freshly ground black pepper

1 grilled pizza crust

1 tablespoon grated Parmesan

- 1 cup shredded mozzarella 1/2 cup shredded cheddar
- 1 cup chunky tomato sauce
- 1/2 cup thinly sliced red onions
- 1/4 cup sour cream
- 2 tablespoons minced fresh chives

1. Preheat the oven to 400 F. Place the sliced potato in a large bowl and toss with two tablespoons olive oil, salt and pepper. Line a baking sheet with foil and spread the slices in a single layer. Bake for about 15 minutes, until the potato is golden and tender. While still hot, loosen the slices with a spatula so they don't stick.

2. Prepare a grill for direct cooking over high heat. Season the steak liberally on both sides with the salt and pepper. Grill the steak over the hottest part of the fire for 4 minutes. Turn and grill for 4 minutes longer, until the steak is medium-rare and well charred. Remove and let sit for 5 minutes. Slice thinly.

3. Brush the grilled side of the pizza crust with the remaining one tablespoon olive oil and dust with the Parmesan. Sprinkle the mozzarella and cheddar on top. Drop spoonfuls of the chunky tomato sauce onto the pizza. Top with the potato, red onion and the steak.

4. Grill the pizza with indirect heat. If your grill is still hot, move coals to one side or turn off one burner and allow the pizza to cook on the side without a direct flame. Grill the pizza for 5 to 8 minutes, or until the crust is crisp and brown. The bottom may have a few black spots from charring. Optional: Broil the cooked pizza in the oven for 1 to 2 minutes more to caramelize the top.

5. Before serving, drop teaspoons of the sour cream onto the pizza, and garnish with the fresh chives.

GRILLING THE CRUST

To grill a pizza crust for this recipe, roll out to a 12-inch circle and place on a cookie sheet. Adjust the grill to reach a temperature of 400 F.



Slide the dough onto the grill. The dough should take about 3 minutes to cook. Watch for bubbles. The crust will be soft at first and tear easily. To check doneness, lift the underside. It should be an even light brown with brown grill marks.

Pick up the crust using tongs and place it on your cookie sheet. Flip it over so the grilled side is face up. This browned side becomes the top of your pizza.

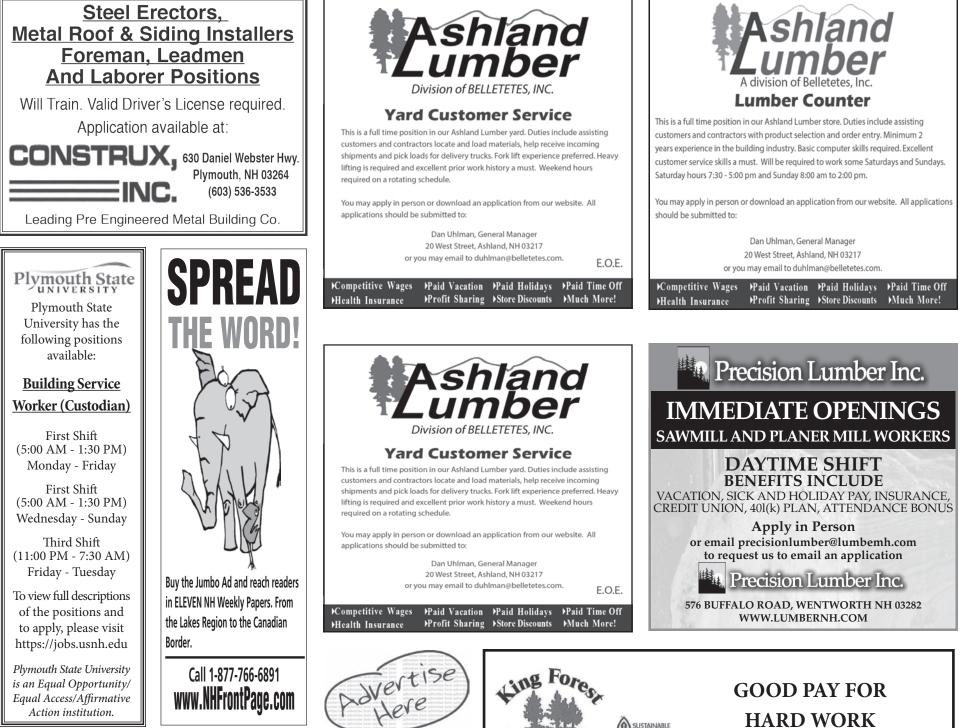
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