

# Plenty on tap for Halloween

**BY DONNA RHODES**  
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BRISTOL – Children in the Newfound area are gathering their costumes together and looking forward to all the fun and excitement to come on Halloween.

The night of Wednesday, Oct. 31, will kick off in Bristol with the traditional Halloween parade from Kelley Park to Central Square. This year the parade will also be followed by a special surprise in the square before boys and girls head off to gather treats from downtown businesses. Festivities begin at 5 p.m. but parade participants are asked to join the line-up at 4:30 p.m. at the



**DONNA RHODES**  
**(Left) Scarecrows have been popping up all over Central Square and downtown Bristol where they look forward to being part of all the Halloween fun next week.**

loween activities.

Other posted times for Trick or Treat in surrounding communities are as follows: Hill 6-8 p.m.; New Hampton 5-8 p.m. and Groton 6-8 p.m.. Danbury has not scheduled Trick or Treat times in their community but there will be a Trunk or Treat event at the Danbury Elementary School on Saturday, Oct. 27, from 1-3 p.m. when children are encouraged to wear their costumes and stop by for all the fun.

Due to their rural setting, Alexandria, Bridgewater and Hebron have no official times set for Halloween, but Trick or Treating is still permitted on Oct. 31 at reasonable times.

## Court approves special town meeting on building purchase

**BY THOMAS CALDWELL**  
Contributing Writer

BRISTOL — Voters will decide on Thursday, Nov. 1, whether to purchase the former Newfound Family Practice building, now that a Grafton County Superior Court judge has approved Bristol's request for a special town meeting.

Selectmen are hoping voters will approve the proposed purchase so the building can be renovated to accommodate town offices currently housed in the Bristol Municipal Building on Lake Street. The purchase would avoid having to build a new town hall, as originally planned, to accommodate the governmental offices that currently are facing a space crunch.

Voters at the March Town Meeting tabled a \$2,650,000 article that would have included a new town hall and renovations to the Municipal Building to better accommodate the Bristol Police Department. The town had just learned that LRGHealthcare would be closing Newfound Fam-

ily Practice and offering the building for sale, and selectmen asked for time to look into the feasibility of purchasing that building instead.

In August, the town signed a \$335,800 purchase-and-sales agreement with LRGHealthcare, contingent upon voters' approval at a special town meeting. The

Oct. 22 court ruling clears the way for the town to make its case that the building is the best option for solving the space issues at the Municipal Building.

The professional building will require some modifications — mainly removing some partitions to better accommodate

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middle school. The excitement doesn't stop there though. Tappley-Thompson Community Center will also be hosting their annual Haunted Basement from 5 to 7:30 p.m. and town wide Trick or Treating in

local neighborhoods is scheduled for those same hours.

In Alexandria, the fire department will host a Pumpkin Open House on Friday, Oct. 26, from 6 to 8 p.m. There will be pumpkins to decorate, treats to enjoy and other Hal-

## Town, school relationship takes a downturn

**BY THOMAS CALDWELL**  
Contributing Writer

BRISTOL — The selectmen's decision to discontinue the plowing among the towns that make up the district will unravel.

Town Administrator Nik Coates, along with Selectmen Les Dion and Wayne Anderson, have been meeting with Superintendent Stacy Buckley and Business Manager Mike Limanni to try and resolve the issues between the town and the school district.

From Bristol's perspective, the highway equipment is designed to take care of the public roads and is difficult to maneuver in the school parking lot. A bigger concern for Highway Superintendent Mark Bucklin is the plowing schedule: The crews have to clear Central Square early and then work to keep the other town roads clear of snow and ice to accommodate the daily traffic. During a storm, the school parking lot may need plowing closer to the time classes start, while the highway crews are elsewhere.

Limanni said he recognizes the difficulties that the town faces, so the school district has been trying to work out a compromise that would work for both parties. His solution was to have the town take over the main-

tenance of Newfound Road, which leads to the high school, in exchange for the district hiring a contractor to clear the elementary school parking lot.

The Bristol selectmen were willing to make that exchange until the school district also asked to have access to sand and salt stockpiles in Bristol. Bucklin said the town does not have the space to store the additional sand and salt it would require.

In discussing the matter, Bucklin recalled an incident when the plow had accidentally struck the cover of the school's oil tank, allowing water to get into the fuel. The district wanted the town to cover the cost of pumping and replacing the fuel, he said.

Chair Rick Alpers said the town and the school district had enjoyed a good relationship until this year when "any momentum we had was thrown out with the \$800,000 gorilla" — an apparent reference to the school board's decision to use last year's appropriation for the replacement of the high school roof as an opening to include all capital expenditures in the default budget, in effect bypassing any decision by the taxpayers. They "dug it deep-

SEE **SCHOOL**, PAGE A11



**COURTESY**  
**Matt Libby, a senior at Newfound Regional High School, led the discussion on the NRHS Student-Staff Senate when the school was asked to make a presentation at the NEASC conference in Westford, Mass. last week.**

## Newfound group presents at NEASC conference

**BY DONNA RHODES**  
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BRISTOL — Newfound Regional High School was pleased to be invited to make a presentation at the 2018 fall conference of the

New England Association of Schools and Colleges on Oct. 16-17 at the Westford Regency Inn and Conference Center in Westford, Mass., where this year's theme was "Showcase of Mod-

el School Programs and Promising Practices."

At the Redesigning for Student Success, a student-centered secondary schools showcase in San Diego, Ca-SEE **NEWFOUND**, PAGE A11



# Plymouth transfer station helps launch school recycling

PLYMOUTH — Sarah McGraw, School Programs Special Projects Manager for Northeast Resource Recovery Association (NRRRA), traveled to The NRRRA School Recycling CLUB's newest member school, Mountain Village Charter School in Plymouth on Oct. 17, to support the Plymouth Transfer Station's unveiling of their new recycling trailer and talk about school CLUB programs.

Jessie Jennings, the transfer station manager, along with his employees, took the old school recycling trailer and made it new again with some ingenuity and recycled materials. The trailer will be parked at the school to be filled with school recycling and the transfer station will come around on specified days to pick up and possibly weigh the materials. In addition to the trailer, the transfer station also purchased ClearStream™ kits for the school as well as recycling bins. The ClearStream™ kits and 18-gallon recycling bins were purchased through NRRRA and made available to Jennings and the school at a discounted price thanks to funding from NH the Beautiful.

During the presentation, Jennings gave the students some background information on what he does and about



Sarah McGraw of Northeast Resource Recovery Association and Plymouth Transfer Station Director Jesse Jennings (far left) were pleased to help students at Mountain Village Charter School begin a recycling program in their classrooms last week. Joining the students for a photo were teachers Kelsey Gadwah (third from left) and Brianna Frost (second from right) along with Head of School Katy Gautsch (far right).

recycling in general. He explained what the Plymouth Transfer Station accepts for materials and how the students are helping the environment by removing recyclables from the trash. McGraw talked about what NRRRA does to help transfer stations and what the School Recycling CLUB program does to help educate schools about how to reduce, reuse and recycle. She handed out Water Recycles Posters to all the attendees. The students had lots of questions for both Jennings and McGraw and the teachers were eager to start recycling as part of their curriculum. The School Recycling CLUB is excited to welcome its newest members and help them get started on

their new recycling program.

Special thanks to Jennings and Head of School Katy Gautsch for their warm welcome at this recycling kick-off event.

The School Recycling CLUB (The CLUB) is a

program for all schools in New England and is supported by NRRRA and NH the Beautiful. For students and teachers in grades K-12, The CLUB serves as a centralized organization to become more active in the world of recycling. The CLUB

is a fun and innovative way to give kids encouragement, direction and networking possibilities for school recycling programs. For more information, visit [www.schoolrecycling.net](http://www.schoolrecycling.net).

The Northeast Resource Recovery Association (NRRRA) provides a clearinghouse for current, up-to-date information and a source of technical and marketing assistance in the general areas of waste reduction and recycling. NRRRA is a member driven organization made up of more than 400 municipalities, individuals, and businesses in New Hampshire, Vermont, Massachusetts, Connecticut and Southern Maine. NRRRA is a non-profit 501(c) organization. NRRRA's School Club assists schools in implementing, maintaining and improving

recycling programs. To learn more visit [www.nrra.net](http://www.nrra.net).

New Hampshire the Beautiful, Inc. (NHtB) has been a longtime supporter of NRRRA's School Recycling CLUB and environmental education in NH. NHtB is a private non-profit charitable trust founded in 1983 and supported by the soft drink, malt beverage and grocery industries of New Hampshire. NHtB offers municipal recycling grants, recycling education grants (over \$2.5 million), recycling signs, anti-litter programs and technical assistance. NHtB is a unique organization that represents a voluntarily-funded alternative to expensive legislation intended to achieve the same end results. For more information, visit [www.nhthebeautiful.org/](http://www.nhthebeautiful.org/).

# PSU launches program for high school students

PLYMOUTH — Plymouth State University (PSU) has created a new program to help high school students expand their coursework and challenge themselves at the collegiate level and deepen their educational experiences. Starting with the Spring 2019 semester, juniors and seniors can take PSU classes at half the cost of regular tuition, and earn college credits while still

in high school.

Students in the Accelerated High School program will have the opportunity to take any PSU class – on campus or online, depending on where the class meets. Classes will be taught by PSU faculty members, and students will be held to the same standards and expectations as their college-age classmates.

“The Accelerated High School Student

program is just the latest way that Plymouth State is helping students develop the critical-thinking and problem-solving skills they'll need to tackle future challenges,” said Jason Moran, dean of enrollment management, Plymouth State University. “This new program allows high school students to experience college-level coursework and expectations alongside Plymouth State ungraduated students, and prepare for the next step in their education journey.”

Current high school juniors and seniors who maintain a “B” grade point average and are enrolled in college preparatory classes are eligible to apply for the Accelerated High School Student program. Students may apply to participate in any PSU class as long as they meet all pre-requisites for the specific course.

To apply, students must identify the specific

course in which they would like to enroll, complete and submit an application, a letter of recommendation from a school guidance counselor or detailing the student's academic qualifications and relevance of the PSU course to the high school program, and his or her official high school transcript to the Assistant Director of Admissions for New Hampshire. Once the application is reviewed, the PSU Admissions Office will notify students and help those who qualify enroll in the approved classes.

For more information about the PSU Accelerated High School Student program, the application process and available courses, contact Ryan Patten, Senior Assistant Director of Admissions, [atrwppatten1@plymouth.edu](mailto:atrwppatten1@plymouth.edu) or 800-842-6900. The Admissions Office is now accepting applications from high school juniors and seniors for the Spring 2019 semester.

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**Learn about Mary Baker Eddy in Groton Sunday**

GROTON — You have no doubt heard of Mary Baker Eddy, but do you know why she had a house in Groton? To hear the answer, come to the Groton Town House at 754 North Groton Road on Sunday, Oct. 28, at 2:30 p.m.

Two members of Sanbornton's Historical Society, Linda Salatiello and Evelyn Auger have researched Eddy's life and will share the highlights. Auger will dress and play the part of Eddy. Salatiello will “be” an interviewing journalist.

Refreshments will be served.

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# Drug Take Back Day Saturday in Alexandria

BY DONNA RHODES  
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ALEXANDRIA – Saturday, Oct. 26, is the annual Fall Drug Take Back Day and to help residents dispose of expired or unwanted prescription medications, the Al-

exandria Police Department will be stationed at the town transfer station from 10 a.m. until 2 p.m. that day to collect those medications for proper disposal.  
“It’s all part of our multi-prong approach to

today’s drug problem,” said Chief Donald Sullivan.  
The removal of unwanted or unnecessary medications from a residence helps curtail any drug diversion from family members or even

strangers who enter a home. While people are encouraged to bring those medications to the collection center on Saturday, Sullivan noted that they are unable to take any needles at this time.  
Also that day, Alexandria Police will have portions of their “Hidden in Plain Sight” display on hand to help educate the public about the every-

day items that may indicate someone is using drugs.  
There is no fee for the drug disposal, however the department will be accepting donation for the Newfound Area Addiction Treatment scholarship. With the cost of treatment unattainable for many affected by opioid or other drug addictions, the scholarship is being used to help local

residents get the help they need.  
Other secure drug disposal units are also available on a year round basis at the Bristol, Franklin, Belmont and Plymouth police departments. For more information about National Drug Take Back Day or to find other collection locations in your area, please visit [www.deadiversion.usdoj.gov](http://www.deadiversion.usdoj.gov).



COURTESY PHOTO  
The One Girl, One Day campaign fundraiser was held on Lake Winnepesaukee.

## Circle Program’s giving campaign exceeds expectations

REGION — The Circle Program’s 72-hour annual giving campaign, “One Girl, One Day,” was a huge success. They created this campaign to coincide with Oct. 11, the day the United Nations has designated as “The International Day of the Girl Child.” They couldn’t think of a better day to celebrate the 80-plus girls and raise money for them to attend a portion of the seven-week summer residential camp session.  
With Circle girls coming from 33 different towns throughout New Hampshire, they were blessed with a wide variety of sponsors who showed their support. Over the three-day cam-

paign, the goal was to raise \$25,000. Kicking off the fundraiser on Lake Winnepesaukee, they literally blew the goal out of the water by raising more than \$40,000. The dinner cruise launched on the M/S Mount Washington, setting sail with generous sponsors, mentors, board members, Circle staff, and friends on board, all ready to “do good” on behalf of the girls. Most importantly, the Circle girls participated by giving back to the program that gives so much to them.  
It was great to see the girls ‘in action’ selling raffle tickets, handing out prizes, introducing themselves and mingling with guests, while a few of them shared

some of their personal stories. The live auction held by Alex Ray of the Common Man was a lot of fun and exceeded all expectations. Dr. Dan O’Neill continued the fundraising with a reverse auction that aimed to fund a girl for a day, a week or an entire camp session. Organizers were thrilled by the amount of community support Circle received, with so many people stepping up to support the girls. It ‘takes a tribe’ to run an organization like Circle Program and they are blessed with a very supportive one. The donations continue to roll in online at [www.circleprogram.org](http://www.circleprogram.org) and they are filled with gratitude.

## Blood drives coming in next few weeks

REGION — As influenza activity picks up, the American Red Cross is urging healthy donors of all blood types to give blood or platelets to ensure a strong blood supply for patients in need.  
Blood and platelets can only be given by donors who are feeling well. One way to maintain health is to get a flu vaccine each fall. There is no waiting period to give blood or platelets after receiving a flu shot as long as the donor is symptom-free and fe-

ver-free.  
Stay healthy this flu season and make an appointment to donate blood by downloading the free American Red Cross Blood Donor App, visiting [RedCrossBlood.org](http://RedCrossBlood.org) or calling 1-800-RED CROSS (1-800-733-2767).  
Donors of all blood types, especially type O, are needed this fall after Hurricanes Michael and Florence forced the cancellation of about 200 blood drives, causing approximately 7,000 units of blood and platelets to

go uncollected.  
There will be a couple of local blood drives in the coming weeks. On Nov. 2, there will be a drive at New Hampton School on Nov. 2 from 2 to 7 p.m. On Nov. 3, there will be a blood drive at the Tanger Outlet Center from 10 a.m. to 3 p.m. There will be two blood drives in Laconia, on Nov. 8 at Viant, 45 Lexington Drive from 10 a.m. to 3 p.m. and on Nov. 15 from 12:30 to 5:30 p.m. at Woodside Building at 227 Ledges Drive.

## Concerto competition winner to perform on Nov. 3

MEREDITH — The Lakes Region Symphony Orchestra (LRSO) invites the public to its season-opening concert on Saturday, Nov. 3, at 7:30 p.m. at Inter-Lakes Auditorium in Meredith.  
They are honored to feature the winner of the 2018 Student Concerto and Scholarship Competition, pianist Penny Brant. She will be performing the first movement of Edvard Grieg’s “Piano Concerto No. 1 in A minor”.  
Also on the November program are Grieg’s “Peer Gynt Suite No. 1”, Sibelius’ “Finlandia,” “Variations on a Theme by Haydn” by Brahms, and Georges Bizet’s “L’Arlesienne Suite No. 1.”  
The LRSO concerto competition is now entering its 10th year. This year’s winner, Brant, is a remarkable young pianist. Born in 2002 in Beijing, China, she moved to the U.S. at age 12 and studied piano with

Gregg Pauley. Thus far Brant has been practicing and performing piano for more than 10 years, including many recent performances in China.  
Tickets are \$20 for adults and \$10 for students and are available online at [www.LRSO.org/tickets](http://www.LRSO.org/tickets), by phone at 800-838-3006, and at Innisfree Bookshop in Meredith and Greenlaw’s Music in Laconia.  
Save 25 percent with discount season tickets, available now through the Nov. 3 concert. You may purchase season tickets online at [www.LRSO.org/tickets](http://www.LRSO.org/tickets) or by phone at 800-838-3006.

The Lakes Region Symphony Orchestra is a Meredith-based, non-profit orchestra that performs throughout the fall, winter, and spring. Orchestra members range in age from teens through retired seniors, representing more than 30 communities in the Lakes Region. For more than 40 years the orchestra has been focused on showcasing young talent and providing a venue for local musicians to perform or orchestral music ranging from classics to contemporary, all in the valued community setting of the Lakes Region of New Hampshire.

## Auditions being held for The Little Mermaid

PLYMOUTH — The Educational Theater Collaborative (ETC) is holding auditions for its 2019 production of Disney’s The Little Mermaid at Plymouth State University (PSU). The auditions are being held in The Silver Center for the Arts and the production is meant to celebrate Educational Theatre Collaborative’s 25th Silver Jubilee Anniversary. Honored by the Moss Hart Trophy, given by the New England Theatre Conference, ETC is an intergenerational university and community-based arts program that holds a full-length musical, a children’s arts festival, an integrated arts conference for educators, and a state-wide art exhibit each Janu-

ary. Disney’s The Little Mermaid will be directed by ETC Co-Founder and Producing/Artistic Director Trish Linberg, with musical direction by William Ogmundson and choreography by NYC-based choreographer Dan Biggart. ETC is seeking children ages eight and up, high school students, college students and community members to create the cast. Depending on your age, your auditions will be taking place: Sunday, Nov. 4: grades 3-4 at 1:30-2:45 p.m., grades 5-6 at 3:4-4:15 p.m., grades 7-8 at 4:30-5:45 p.m., high school, university students, adult community members at 6:30-9:30 p.m.  
Monday, Nov. 5, and Tuesday, Nov. 6: Grades 3-5 at 3:30-4:15 p.m.,

grades 6-8 at 4:30-5:45 p.m., high school, university students, adult community members at 6:30-9:30 p.m.  
Wednesday, Nov. 7, callbacks, if required at 6-8 p.m.  
High school students, university students, and adults must contact Pam Irish at 535-2647 or [pmirish@plymouth.edu](mailto:pmirish@plymouth.edu) beginning to schedule an individual audition time and should bring a piece of prepared music. Students in grades 3-8 do not need to prepare anything in advance or schedule an individual time. The production will be held at PSU on Jan. 23-27, with tickets on sale now at the Silver Center Box Office (535-ARTS and silver-plymouth.edu).



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## From the Editor's Desk

### Good sports

Life in the Lakes Region can be a tough and tricky thing. Some of our summer, spring and winter months have been known to deliver a lot of misery, with endless rain, snow, ice, and summer heat. Those seasons are definitely challenging. But there is an argument to be made that October is the hardest month....for a non-sports fan.

October hosts a “perfect storm” of post-season major league baseball, pre-season NBA basketball, and the promising early weeks of the National Hockey League and of course NFL Sundays (...and Mondays. And Thursdays.) And everywhere you go, people are talking about sports. The talk at the office and in line at the store is all about the Red Sox, Patriots and eventually the Celtics. How will Kyrie do with the Celtics this year? Can the Sox make it all the way? How long will Brady be able to make it happen? How about those Bruins? October is a buffet line filled with the best of professional sports and we are ready to dig in!

But what if you're the one person in town who doesn't know Tom Brady from Alex Cora? What if Monday morning finds you mumbling a sheepish hello to co-workers who can't stop high-fiving each other about the Patriots easy win and you think it's a Revolutionary War reference? How does a non-sports fan survive the month of October in a region steeped in professional sports greatness?

Well, first of all, take comfort: there's pumpkin spice and maple flavor – lots of it. There are also hayrides and harvest festivals, flannel shirts and cozy sweat-shirts. There are craft fairs, warm cider, and cold crunchy leaves. There are football games - the fun high school type, complete with marching bands and drum battles. There's Halloween and trick-or-treat and spooky inflatable ghosts, pumpkins and spiders.

If Red SOX don't do it for you, how about the red leaves of the sugar maples? There isn't a more beautiful and colorful region in the country than the Lakes Region in October. The lakes and woods and mountains that surround us might not offer many “Bruin” sightings but they have their share of coyotes, bats, squirrels, raccoons, wild turkey and moose.

Taking nothing away from our friends and neighbors who spend October glued to any device that will live-stream the MLB playoffs, it is nevertheless great to remember that this region is our playground and it's there to be enjoyed all year long, in every season. But the colorful, magical, pumpkin-spice-scented month of October just seems to – well – hit a grand slam.

## Newfound Landing

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COURTESY PHOTO

### Candidate visit

**Brad Bailey, candidate for Grafton County Register of Deeds, visited the Newfound Senior Center recently along with Rep. Vincent Migliore, who is running for reelection. Bailey lives in Monroe and is finishing up serving three terms in the New Hampshire House of Representatives. While visiting the center, Bailey said, "What a family atmosphere here. They do a great job. I was impressed with Bob Patten tickling the ivories of the piano. I asked him if he knew "Won't You Come Home Bill Bailey" and he belted it right out." Bailey has been traveling throughout Grafton County meeting and talking with residents in his quest to win the seat. Pictured (l to r), Brad Bailey, Linda Mancini, Carol Huber and Rep. Vincent Migliore.**

## Letters to the Editor

### Thanks to Friends of the Library

To the Editor:

This week is National Friends of the Library week and the Minot-Sleeper Library in Bristol is fortunate to have an active, thriving, generous Friends of the Library organization. Since 2000, when the Friends were started, the members have worked hard to provide support, subsidize programs, donate various items to the library and attend and assist at most programs offered. The Friends have raised funds to assist in the building of the “new” addition completed in 2013 and each year their fundraising efforts make it possible for the library to provide passes to museums and other cultural and educational venues

for our patrons. They represent the library at events like the New Hampshire Marathon, serving water to runners, they give out candy in front of the library on Halloween, they are our ambassadors and our biggest cheerleaders. Minot-Sleeper Library wouldn't be the warm, welcoming place in the same way if it were not for the work of these tireless dedicated Friends. So, we, the Minot-Sleeper Board of Trustees and the staff, salute each and every Friend and thank you for all that you do. We honor you all during this National Friends of the Library Week.

*Minot-Sleeper Board of Trustees  
Minot-Sleeper Library staff*

### Bristol tax man coming again

To the Editor:

Here comes the Bristol tax man again and it is up to you to decide to spend or save \$900,000. You should come to the special town meeting Thursday, Nov. 1, at 7 p.m. at the Old Town Hall and cast your vote. This is the final decision to spend \$900,000 on a new town office building. It is up to you to shape Bristol the way you think it should be.

At the last town meeting in March 2018 they tabled a similar article to vote for a new town office to be built next to the current town office. Why, maybe because they knew it would be voted down or maybe they changed their minds again on what they believe is best for Bristol. What do I mean by this is, they first wanted to buy the boat shop, which is now Aubuchon's hardware and take \$15,000 per year off the tax roll, then they bought and tore down the Smith building next to the current town office and removed about \$2,000 per year off the tax roll and now we have 5 School St., which will remove \$12,000 per year off the tax roll. No planning. To them, money is no object, why, because they have plenty. They believe everyone can afford an additional 30 cents

per thousand or \$60 bucks more per year on a property valued at \$200,000.

This selectboard needs to start finding ways to reduce our taxes, not raise them. Our seniors and others struggle daily to get by on what they have. Our town needs to come up with a plan and provide good analysis for that plan. They need to come clean and explain to the voters on all buildings and renovations they plan to do over the next several years, so you can make an intelligent decision.

What I see here is, if Bristol gets this huge building, they will fill it with more government workers, which will cost you more in taxes, which will give us less control over our own lives and property. Do we really need the town to become our parents and security blanket and do every little thing for us? Lastly and maybe most importantly, you voted last March at town meeting to save \$620,000 and now our leaders think you want to spend \$900,000. I hope I see you at the special town meeting, live free or die.

*John Sellers  
Bristol*

### Ruth Gulick is the best

To the Editor:

Ruth Gulick is our Center Harbor and New Hampton candidate for Representative to the General Court again. Three cheers. Ruthie, a practicing lawyer for 25 years, who after a six-year hiatus, feels the pressures in our world urging her to serve again, putting her efforts toward moderating the tense and caustic tone at all levels of government today. She will continue to work for legislation giving everyone not just adequate medical care and leave insurance, to work for education funding that comes from both government and business communities, and a \$15 minimum wage. And she welcomes community dis-

course on whatever concerns them.

Ruth has a BA from the U of Maine, Orono; M.ED from PSC, JD from Franklin Pierce Law Center. She will work together with her colleagues to address countless challenges, especially those affecting children and families; but she looks forward to talking to the other Chamber members, where they were speaking peaceably all the time. “Let's work on the paranoia that strangles our current political scene, with frequent discourse and good manners.” Thanks Ruthie for standing up for us.

*Pat Schlesinger  
New Hampton*

### Bailey is the right choice

To the Editor:

Brad Bailey of Monroe is the right choice for the office of Grafton County Register of Deeds. Over the last 30 years, I have watched Brad become successful in business and his many volunteer activities.

Brad began his career at Littleton's WLTN AM/FM radio station, ultimately becoming sales manager and co-owner. He became a licensed, real estate professional selling properties in Grafton and Coos Counties; served our public school's employees as an insurance professional and over the past 10 years started and grew his own real estate agency.

Executive Councilor Ray Burton and colleagues, in the 1980s, appointed Brad to the NH Elderly and Adult Services Committee. He has also served as president of the Littleton Area Chamber of Commerce; was elected and served on the Monroe Budget Committee, Monroe School Board and for the past six years as a legislator in the NH House of Representatives, representing seven towns. He is known

for working with members of both parties on issues, including: opposition to the Northern Pass; the effort to stop power companies from obtaining a new property tax formula to decrease their property taxes, forcing other property owners to compensate for the loss; to provide health care to our most needy without raising taxes and he voted for increased funding in the NH budget to fight the opioid crisis.

The Grafton County Register of Deeds is a non-partisan position, which is why Republicans, Democrats and Independents support Brad. Brad treats all people with respect. He will work to make the office more efficient, more responsive to the public and will provide a fresh, but experienced, outlook to its operations.

On Tuesday, Nov. 6, please join me in voting for Brad Bailey as Grafton County Register of Deeds.

*Dolly McPhaul  
Sugar Hill*



■

# Letters to the Editor

## New town office building is needed

■

To the Editor:

Over the last several years the town of Bristol has seen some dramatic changes, from the addition to the historic Minot-Sleeper Library, renovation of the historic Town Hall, beautification of the downtown core, new shops and businesses, and the walking and bicycling paths currently being expanded, ours is a town that has worked hard to improve the look and quality of life.

Now we have an opportunity to take advantage of the availability of a building that is perfectly situated to become the town offices. Easily accessible with adequate parking, the building is in good shape. Many have toured the building and the feedback has been largely positive.

The price is competitive and the building can be renovated to suit the needs of the town.

However, the build-

ing wasn't designed to be town offices, there is no meeting space and the rooms are designed for medical purposes not for the business of running a small town. Now, we have the opportunity to create a space that works for our town employees and that functions well for the citizens and the various elected officials who meet and conduct their business in the town offices.

Over the years, many of us have visited the town offices regularly to pay a water bill, register cars, discuss various questions with the town administrator, town clerk and assessor. We've attended select board meetings, and occasionally tried to watch them on TV, where the recordings are sometimes difficult to understand. We have visited the "dungeon" that is the police station and observed the shabby

conditions in the building in general. Privacy is not possible, there is no place to wait without being in the way and if I were an employee, I would struggle to deal with the lack of space for storage and the lack of appropriate facilities to take a break or have lunch.

We cannot run our town without considering the ability of our talented and committed employees and our dedicated and generous elected officials to do their jobs. The building we are considering can make their experiences and ours more efficient, effective and pleasant. The cost of the proposed renovations is considerable, but the current building is in need of significant repair and is totally inadequate for its current occupants.

We believe that buying and renovating the medical building makes it possible to attract and

retain qualified employees, create a pleasant meeting space for employees, elected officials and citizens and allow for storage of essential files. It seems to us the smart thing to do is take advantage of the opportunity, buy the building, do the renovations necessary now rather than wait, or do it piece-meal. It will not get less expensive.

Finally, it appears possible from what the architectural company has designed that in addition to creating a meeting space that

would allow the public to comfortably attend board and committee meetings and hearings, voting could take place in the meeting space. This has been a significant issue for some of our more elderly citizens, since they find access to the historic Town Hall difficult and some have had to resort to absentee ballots because of the limited on-site parking and the fact that they cannot navigate the hill.

So many much-needed things can be addressed with the purchase and renovation of this build-

ing. It would be a shame to let short-sighted thinking keep us from adding this building to our efforts to make Bristol the modern, welcoming town it is in so many other ways. We hope you will vote to purchase and renovate the Laco-

*Janet Cavanagh  
Rosemary D'Arcy  
Nancy Dowey  
Barbara Greenwood  
Bristol*

## Support Bill Bolton for State Senate

To the Editor:

I am proud to support Bill Bolton for NH State Senate/District 2. Bill supports public education and the continuation of Medicaid expansion. Bill has also been a longtime and active opponent against Northern Pass.

As a state representative, I have worked hard against legislation that would take our property tax dollars, designated for public education, and allocate a portion to subsidize tuition for families who wish to send their children to private and religious schools. Bill Bolton supports public education, from pre-K through our community colleges and university system. Bill is opposed to any voucher scheme, which will take funding from New Hampshire public schools.

work with colleagues on both sides of the aisle to keep this program running efficiently.

As a legislator who has fought against the Northern Pass project for eight years, I cannot speak highly enough of Plymouth Selectman Bill Bolton and the town of Plymouth for their efforts to stop this project. The Site Evaluation Committee denied Northern Pass its certificate of operation in part, because of the negative effect the project would have on Plymouth's Main Street businesses. If the selectboard had not voted to participate in the process as intervenors, the outcome could have been much different.

As State Senator, Bill Bolton will be assigned to committees where he, along with his Senate

colleagues, will study hundreds of pieces of legislation. Working with colleagues to find common ground and take the needs of the people of New Hampshire into consideration is challenging and sometimes frustrating. But as I have observed the energy which Bill Bolton has put into the volunteer positions he has undertaken, selectboard, Pemigawasset River Local Advisory Committee, and Educational Theatre Collaborative producer among others, I know Bill Bolton will be a hard-working senator for the citizens of Senate District 2. I urge you to vote for Bill Bolton on Nov. 6,

*State Rep. Suzanne Smith  
Grafton 8  
Plymouth, Hebron, Holderness*

## Morris seeking county commissioner seat

To the Editor:

The race for Grafton County Commissioner may appear last on the ballot when voters arrive at the polls on Tuesday Nov. 6. But make no mistake, that doesn't mean that it is any less important than all the other choices voters will face.

As a first time politician, I am stepping up to the plate, and doing something I never imagined I would do - run for office. I hope I will hit it out of the park.

Why? Because these are not ordinary times. We need new ideas and different perspectives on the daunting challenges we face - not the least of which is finding creative and more effective strategies to deal with the devastation of New Hampshire's mental health and addiction crisis.

County government, through the sheriff's department, county attorney's office, alternative sentencing programs and recovery and re-entry programs at the correctional facility, is at the frontline of this crisis. Our law enforce-

ment professionals need and deserve our steadfast support for all the tools they need to meet the challenge.

Grafton County social service agencies, including our homeless shelters, community mental health centers and treatment providers also deserve our support as soldiers on the frontline of this crisis.

I will work hand in glove with our community partners to help improve outcomes for justice-involved citizens so that we can all be more effective. That is what will make our communities truly safer. We will all have to work together to begin to turn this around. But we can do it. Treatment works. Recovery is possible. But we need to make it more readily available.

I have 30 years of lived experience helping young people achieve and sustain recovery from substance misuse disorder and mental illness. I believe we need more voices of recovery at the decision-making table.

More importantly, I

bring advanced professional training in comparative policy analysis, negotiation theory, and mediation and conflict resolution from Boston University and M.I.T.

As a Harvard Law School certified community mediator, I have learned how to bring people together across differences of opinion, find common ground, and work together to find solutions.

As a writer, reporter, editor and photographer for this wonderful community newspaper I have poured my time and energy into writing about the people and political process in the towns that comprise District 3 for Grafton County Commissioner.

Now I am asking for your vote. Please help me gain a seat at the table where we make important decisions affecting our most vulnerable citizens, their neighbors, and family members.

In any case, don't forget to vote on Tuesday Nov. 6, all the way to the bottom of the ballot.

*Marcia Morris*

CRUISE



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Join us Saturday, October 27 on a boat  
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Edward Jones: Financial Focus

Pension Buyout Offer: Annuity or Lump Sum?

If you participate in a pension plan at work, you might be offered a buyout at some point. This could happen if your employer wants to shrink its future pension obligations or if your company has been bought, and your new employer decides to terminate your existing pension plan. In either case, you will likely have two main options: You can take your pension as a lump sum of your accrued benefits, or you can convert it to an annuity, which can be structured to provide you with a lifetime income stream. Which choice is best?

There's no right answer, but here are some factors to consider:

Comfort in investing – If you take your pension as a lump sum, you can invest it yourself – but you'll be solely responsible for making the money last throughout your retirement. To help ensure your lump sum is invested in a way that's appropriate for your goals and risk tolerance, you may want to work with a financial professional.

Other sources of retirement income – If you don't think you will have enough money from

other sources – such as Social Security and your investment portfolio – to meet your essential living expenses during retirement, you may want to consider taking your pension funds as a lifetime annuity. (Keep in mind that the lifetime income payments from an annuity are subject to the issuer's ability to meet its commitments.) Conversely, if you think your retirement income will be more than sufficient to meet your living expenses, you could take the lump sum and put it in a mix of investments, some of which could offer long-term growth potential.

Projected longevity – If you come from a long-living family and you are in good health at the time of your pension buyout, you may want to annuitize your pension to provide a source of income you can't outlive. However, if you anticipate a shorter life span, possibly due to your family's medical history, you might be better off by taking the lump sum.

Wealth transfer goals – You might not be able to transfer a pension's annuity payments to your children or grandchildren. On the other hand, by taking the lump sum and investing it,

you might have assets remaining at the time of your death – and you can include these assets in your estate plans.

Taxes – If you take your pension buyout as a lump sum, it will be taxable as ordinary income, unless you roll it over to an IRA or an employer's qualified retirement plan. A direct rollover from your employer's pension plan to your IRA provider won't incur immediate taxes and can allow your investment to grow on a tax-deferred basis. Consult with your tax advisor before making this rollover. (Eventually, you will be

taxed on the withdrawals, and withdrawals made before you reach 59 ½ may be subject to a 10% tax penalty.)

It's worth noting that some pension plans may allow you to split your benefit between an annuity and a lump sum, although these plans seem to be in the minority. Clearly, you'll have much to consider if you're offered a buyout of your pension. So, take your time, evaluate all the factors, and work with your tax, legal and financial professionals to reach the decision that makes the most sense for you.

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CADY Corner

How to know if your kid is vaping Marijuana — and what to do about it

Hardly a week goes by without another news article about vaping. In 2014, vaping was selected as Oxford Dictionary’s word of the year, beating out other candidates like “Bae” and “Budtender.” If they were picking a word today, it would more likely be JUUL or Juuling, the wildly popular “stealth vape” of adolescents.

Juuling kids are vaporizing flavored e-juices with nicotine, but what about vaping marijuana? According to Monitoring the Future, an annual survey of nearly 50,000 adolescents, three percent, eight percent and 10 percent of eighth, 10th, and 12th graders respectively had vaped marijuana in 2017.

According to a study published by the American Academy of Pediatrics, e-cigarettes use may lead to marijuana initiation. The authors hypothesize that e-cigarette use may be a marker of risk-taking behaviors, and that e-cigarette users are more likely to smoke cigarettes and drink alcohol, which are associated with marijuana use. There is also the concern that vaping nicotine, which is in Juuls and many other vaping devices, may pave the way to other substance use problems in the developing adolescent brain.

Vaping refers to the inhalation of an aerosol produced by heating a liquid/oil or substance in a compact electronic portable vaporizer. While many young “vapers” say they inhale flavored liquids like Gummy Bear, German Chocolate Cake and Cotton Candy, youth can vaporize marijuana – either the ground plant itself, waxes often referred to as dabs, or THC and CBD oils.

Marijuana is used recreationally and medically, so what’s the big deal for adolescents and young adults? It turns out that the brain of an adolescent or young adult is still growing, and therefore on a mission to

increase efficiency and to develop critical skills related to problem-solving, impulse control, anticipating consequences and more. Marijuana can get in the way of this development, causing brain circuits to wire in a less optimal way. One way to think about this is comparing the developing brain and its neural connections to your home electrical wiring grid. You want the best possible wiring for your house, so that when you need to use your appliances, everything works as it should with no shorts or blown fuses. The house can still function if everything isn’t up to code, but it won’t be ideal. Marijuana use can impact the wiring of the brain in a similar way, with the impact being subtle in some cases and more severe in others.

According to the CDC, marijuana use may have long-lasting or permanent effects on the developing adolescent brain. Negative effects include difficulty with critical thinking skills like attention, problem solving and memory; impaired reaction time and coordination, especially as it relates to driving; decline in school performance; increased risk of mental health issues including depression or anxiety and in some cases, psychosis where there is a family history of it; and research also shows that about one in six teens who repeatedly use marijuana can become addicted, as compared to one in nine adults. It’s really important for parents and caregivers to note that these impacts of marijuana differ from the impacts on a fully mature adult brain. Delaying substance use of any kind, including marijuana, gives your child the best opportunity to have optimal brain functioning.

How can I recognize use, especially if there is no smoke and telltale smell? Vaping can be difficult to detect as there is no smoke, minimal odor (although you may catch

a whiff) and the vapor produced dissipates rapidly. However, just like smoking, vaping marijuana can result in bloodshot eyes, dry mouth and thirst, increased appetite and shifts in behavior and mood. Sometimes, there is a noticeable change in friends and a decrease in activities that were once enjoyed. You may also find vaping paraphernalia such as devices that look like flash drives, gel jars that contain dabs, and pods or cartridges that contain THC oil.

What can I do if I suspect my child is at risk for vaping or is already vaping marijuana? Given the growth of marijuana use and vaping among American youth, it’s a good idea to explore your son’s or daughter’s views on vaping and perceptions of the risks. Have conversations often. Before any talk, it helps to be able to share facts, but don’t assume that an information download to your child will translate into healthy behaviors. Look for good opportunities to have a discussion. You can do this when passing a vape shop, smelling marijuana on the street, seeing someone vaping on TV or in person or seeing one of the ads for vapes. Try to listen, rather than give a lecture. Open-ended questions can be a great way to get your child’s perspective, i.e. “I understand that some kids are vaping marijuana. What are your thoughts about it?” Set clear expectations. Express your understanding of the risks, but also why a person may want to vape. Share why you don’t want him/her vaping, and remember, it’s important to avoid scare tactics. Be honest. Teach refusal skills. It’s likely that your teen or young adult will be introduced to vaping marijuana by a friend or older sibling. It helps to rehearse what he/she will say if that happens. Have your loved one talk to other trusted adults who can reinforce your message. Sometimes, messages coming from your pediatrician, school counselor, favorite aunt or uncle, etc. can be more impactful. Model healthy behaviors. If you come home from work and discuss what a tough day it’s been while popping open a beer, pouring a glass of wine or smoking a joint, you are conveying this is how you handle stress. It’s healthier for your child — and you — if you take a walk with the dog or a bath or go for a run rather than turn to substances as stress busters.

For more ways to talk with your kids about drugs and alcohol, visit the CADY web site at cadyinc.org and Partnership for Drug-Free Kids at drugfree.org. If you or someone you know struggle with addiction or substance use, call the NH Statewide Addiction Crisis Line at 1-844-711-4357 for help.

Source: Partnership for Drug-Free Kids

Letter to the Editor

Bailey seeks vote for Register of Deeds

To the Editor:

My name is Brad Bailey and I am asking for your vote as Grafton County Register of Deeds. While many of my constituents know me as a member of the New Hampshire House of Representatives, many in other areas of the county do not.

As a young person right out of college, I took a job as a morning announcer at WLTN Radio with the intent of working there for a year and moving on to a large and exciting city somewhere else. But that didn’t go according to plan. I enjoyed my job, established strong friendships in the community, and loved the freedom and space that northern New Hampshire offered, so I stayed. I also obtained my real estate license and sold property in the area.

After my wife and I married, we decided to raise our children here. In 1994, I became a licensed insurance professional and provided in-

surance to public school employees. After several years, I was promoted to agency manager of New Hampshire and Vermont and supervised 20 agents. Ten years ago, I opened my own insurance agency on Main Street in Littleton and each year it has continued to grow.

I’ve served on the New Hampshire Elderly and Adult Services Committee, been president of the Littleton Area Chamber of Commerce, was elected to the Monroe Budget Committee, Monroe School Board and after six years I am about to step down representing seven towns in the New Hampshire House of Representatives.

In all of my interactions with people, whether in a business or public setting, I treat each person respectfully, which I believe is needed now more than ever. I am someone who works across party lines to build consensus. Most recently, I worked with others to successfully override

the governor’s veto of the bio-mass bill, which would have devastated the timber industry. This is one reason why I have the support of Republicans, Democrats and Independents.

The Grafton County Register of Deeds is a non-partisan position. While the office serves vital functions regarding the transfer of property, it is also an incredible historical resource with original documents older than our nation. If elected, I will be respectful of the office and work with staff on their suggestions as to how we can be more responsive and efficient. I will also seek input from realtors, attorneys, title company employees and residents. I believe with my background I am ready to serve as your register of deeds.

On Tuesday, Nov. 6, I respectfully ask for your vote for Grafton County Register of Deeds.

Brad Bailey  
Monroe

MARK ON THE MARKETS

The inquisition of my self



BY LARRY SCOTT

One can scarcely imagine what it would be like, over a span of some 60 years, to house and care for 10,024 children. George Muller did so, and what was most outstanding, he did so without disclosing his financial needs to anyone but God. Self-interests were subordinated to the divine will, and God honored the effort. The secret of his success was disclosed when he made this observation:

“There was a day when I died; died to self, my opinion, preferences, tastes and will; died to the world, its approval or censure; died to the approval or blame even of my brethren or friends; and since then I have studied only to show myself approved of God (from AZ Quotes, George Muller Quotes). Additionally, he founded 117 schools, and provided education to more than 120,000 children prior to

his death in 1898 (Wikipedia, George Muller).

It is almost impossible for any of us to reach that level of self-sacrifice, even when our surrender is to God. I believe it can be stated that, almost without exception, every human conflict comes down to the issue of self. Some call it the ego, the Bible calls it the flesh, but whatever you call it, self demands to be King! Self is in the docket; it has been tried and found guilty.

I have been humbled, shamed, and distressed beyond words to discover that after years of prayer, self-discipline and living by my Christian convictions, my self is still clamoring to believe the world revolves around me! I was, of course, born that way. Within just a few moments after birth, my doctor thought I needed a “good one” across the backside. Ten minutes old, and my temper exploded! I let the world know what I thought of these miserable creatures called people.

I began life demanding my own way. Although restricted by common sense, my parents, and the law, I have continued to demand my own way ever since. I want to play the fiddle; I want the rest

of the world dance to MY tune!

“Every person ... is seeking to build and establish his own self-image, his own self, his own empire. The most naturally loving and kind are yet fully “selfish.”... [O]utside of the lordship of the Lord Jesus Christ, the flesh will rule and destroy (Sandford, Restoring the Christian Family, Ch. 11).

Many of us have a sincere desire to model the Master; we just want to do so on our own terms! Man’s way and God’s way have been in conflict ever since those heady days in the Garden of Eden. By nature, we don’t want anyone – including God – to tell us how to live. I, too, would enjoy a life of unrestrained freedom, if only I could avoid the consequences.

I am still motivated by the drive to be supreme. I am also pleased to tell you I am changing, and, despite the struggle, I remain positive. I believe in a God of the impossible, a God of second chances. As I have often signed-off in my journal, PBPGIT-WMY! Please be patient; God’s isn’t through with me yet!

You want to talk about it? Hit me up at rlarry-scott@gmail.com.

Franklin Savings Bank supports Belknap EDC efforts

FRANKLIN — Franklin Savings Bank (FSB) recently purchased New Hampshire tax credits, which will help support Belknap EDC’s economic development initiatives in the county for 2019. Upon receiving the generous donation, Justin Slattery, Executive Director of Belknap EDC, appreciated and acknowledged Franklin Savings Bank’s commitment to their local community and generous support of Belknap EDC and its mission.

Ron Magoon, CEO of Franklin Savings




COURTESY PHOTO

Left to right, Ron Magoon, FSB CEO, Chris Kelly, Chair, Board of Director of Belknap EDC, Brian Bozak, FSB CFO, with Justin Slattery, Executive Director of Belknap EDC.

Bank, said, “We enjoy our strong partnership with Belknap EDC and appreciate the great

work they do in our communities on important economic de-



## How to Submit Obituaries & Announcements To Salmon Press Publications

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*Photos are also welcome, but must be submitted in jpeg format.*

*Please contact Executive Editor*

*Brendan Berube at (603) 279-4516, ext. 111*

*with any questions regarding the submission process.*



# THE REAL REPORT

RECENT REAL ESTATE TRANSACTIONS

Town	Address	Type	Price	Seller	Buyer
Ashland	16 Cottage St.	Single-Family Residence	\$157,000	Margaret A. Lynch	Edward J. Sullivan
Ashland	283 River St., Unit 8	Deeded Slip	\$79,400	NHNY Marina Development LLC	Claudio and Cherie Morfe
Bridgewater	71 Algonquin Path, Unit 71	Condominium	\$620,000	Robert Y. and Judith N. Twombly	Steven S. Spaulding and Kenna J. Bradford
Bristol	55 Green Acres Dr.	Mobile Home	\$20,000	Peggy R. Moses	Ed J. Batchelder
Campton	Bog Road	N/A	\$12,533	Patricia A. Currier (RET)	Michael R. Johnson
Campton	Puckerbrush Road	N/A	\$30,000	Patricia N. Readyhough	Michael DiPietro and Christina Bortz
Campton	81 Richardson Trail, Unit 30	Condominium	\$190,000	Kenneth D. and Rachael A. Rich	Jolene Wilson-Glah
New Hampton	Pinnacle Hill Road	Non-Productive Land	\$358,000	Raymond G. and Dawn S. Landry	Thomas and Marcia A. Upperman
Thornton	Doe Run (Lot)	Residential Open Land	\$11,533	Jason T. Stopas	Fabricio Peres
Thornton	56 Mountain River Ave., Unit 6	Condominium	\$172,533	Eleanor Epstein	Learry FP LLC
Thornton	612 Upper Mad River Rd., Unit 12	Condominium	\$82,533	Dana M. Gagnon	Levin Holdings LLC
Waterville Valley	30 Klosters Way, Unit 72	Condominium	\$257,533	Sean P. Curtin	Neeladri Roy
Waterville Valley	Mountain Garages Condo Unit 9	Condominium	\$40,000	Daniel P. and Barbara T. Bancroft	Harry P. and Jan P. Stearns
Waterville Valley	3 Windsor Hill Way, Unit 41	Condominium	\$136,500	John A. Palmieri (for Joan R. Palmieri Estate)	James and Colleen Sullivan
Waterville Valley	37 Windsor Hill Way, Unit 94	Condominium	\$157,500	Robert B. and Charlotte L. Simpson	Robert R. and Alison W. Darnell
Wentworth	34 Lookaway Lane	Single-Family Residence	\$301,000	David T. and Amy L. McKenney	Scott and Stefanie Baker
Wentworth	N. Dorchester Road	Residential Open Ladn	\$17,533	Dennis D. Bilodeau	Mark S. Herbert (2010 RET)

## ABOUT THE REAL REPORT

Here are recent real estate transactions in Alton and the surrounding areas. These sales summaries are informational only, not a legal record. Names shown are

usually the first listed in the deed. Sales might involve additional parties or locations. Prices are usually based on tax stamps and might be inaccurate for public agency sales. Refer to actual public documents before forming opinions or relying on this information. Additional publicly recorded information on these sales, prior sales and

data from Department of Revenue Administration forms is available at [www.real-data.com](http://www.real-data.com) or 669-3822. Copyright 2011. Real Data Corp. In the column "Type": land= land only; L/B= land and building; MH= mobile home; and COND=condominium.

# Whole Village energy makeover brings everyone to the table

PLYMOUTH — A one-of-a-kind partnership is saving thousands in energy costs and putting food on the table – literally - at a Plymouth area homeless shelter.

Extensive upgrades of the energy infrastructure at Whole Village Family Resource Center and the neighboring Bridge House shelter is projected to save up to \$25,000 annually in propane and electricity costs, some of which has already been repurposed to start a nightly family-style meal for Bridge House residents and staff.

"It's done wonders for the cohesiveness of the group," said Susan Amburg, Director of the Whole Village Family Resource Center. "You have a different relationship after you've sat across the table from someone."

It's the culmination of a two-and-a-half year project that involved nearly as many partners as the number of solar panels installed on the roof of the two buildings. Local and state organizations, from the Granite United Way and NH Charitable Foundation to New Hampshire Electric Cooperative



COURTESY PHOTO

A new 33 KW solar PV array is the centerpiece of energy efficiency improvements at the Whole Village Family Resource Center.

(NHEC) and Plymouth Area Renewable Energy Initiative (PAREI), joined forces to identify energy-saving opportunities and create a detailed project schedule. The result has been an overall 80 percent reduction in annual electricity consumption.

Sandra Jones, Director of PAREI and de facto project manager, said the Whole Village project was guided by a simple mantra: "Reduce Before You Produce." Initial efforts focused on improving the energy efficiency of the buildings by retrofitting indoor and outdoor lighting with LED fixtures and timers, installing a new cen-

tral air conditioning unit, reducing standby power loss, adjusting HVAC controls, and educating building occupants on behavioral changes that make more efficient use of energy.

With an efficient building shell and energy systems in place, construction was completed in May 2018 on a new 33 kilowatt (kW) solar photovoltaic (PV) array capable of producing enough power for eight typical homes. The new array on the roof of the Whole Village building joins a 25 kW solar PV array at the Bridge House, which was one of the project's first under-

takings. At Whole Village the combination of the occupant's energy conservation, the new energy efficiency upgrades and two month old solar PV array, have resulted in an annual electricity consumption drop from 122,610 kilowatt-hours (kWh) to 47,537kWh in July of 2018.

"And once the solar PV is on line for a year we expect to see their electric load at Whole Village drop to 22,200kWh annually. That's an 82 percent drop", said Jones. "The directors of both Whole Village and Bridge House came to PAREI asking for ways to reduce their energy and

their costs. We made it happen one meeting, one step and one building at a time."

The majority of funding for the project came from the generosity of local and statewide businesses who pur-

chased \$321,875 in NH tax credits provided by the New Hampshire Community Development Finance Authority (CDFA).

Businesses that donate to local projects that have received a CDFA business tax credit grant can get at least 75 percent of that contribution back in the form of a state business tax credit. A roster of local and statewide businesses stepped up to purchase the tax credits and donate to the project.

Also taking a lead role in the project was NHEC, which provided technical advice and incentives totaling more than \$20,000.

"The amount of staff time the Co-op dedicated to this project was so appreciated," Amburg said.

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Alexandria

Merry Ruggirello 744-5383  
sunshine\_eyes51@yahoo.com

Blow ye winds hi-ho and away we go. Now that we've had some frost on the pumpkins, even a "dusting" of snow, we can say that Fall has arrived. I'm hoping the power stays on long enough for me to get my "to do" list completed for today. Tomorrow is the day I head to CMC to have total hip replacement and from there to rehabilitation for a bit. It certainly has been an adventure thus far, and I'm looking forward to the next step.

Town

Board of Selectmen meeting Tuesday, Oct. 30, at 6 p.m. in the Municipal Building. The budget committee will be meeting immediately following the selectmen's meeting. The budget committee will be asking the police department, fire department and emergency management to review their budgets.

These meetings are open to the public.

Friday, Oct. 26, from 5 until 8 p.m. is the AVFD Pumpkin Open House. Come one, come all for an evening of family fun. There will be face painting, snacks, check out the fire trucks, emergency vehicles and police cruiser. Each child will receive a pumpkin to take home

Alexandria UMC

The office will be open on Thursday, Oct. 25, from 11 a.m. until 6 p.m. At 2 p.m. there will be a prayer on next Sunday's Scripture, which will be Mark 10:46-52. Prayer Shawl Ministry will be at 2:30, which is open to anyone who enjoys knitting and crocheting.

Saturday, Oct. 27, the Sunday School will be having their annual Halloween Party at 5 p.m. There will be games, stories, pumpkin carving and snacks. There will be fun for the whole family, and don't forget the costumes.

Sunday, Oct. 28, services begin at 9 a.m. and will be based on Mark 10:46-52. Sunday School will begin at 10:15 a.m. Trustees will meet at noon in the Vestry, with lunch being served. Thanks Donna DeLuca, I'm sure it will be scrumptious.

There we have the happenings out and about for this week. I know the Halloween parties mentioned are a great deal of fun, and will miss the giggles, laughter, goodies and fellowship this year. Have fun, be safe and mindful of the little ones out trick or treating on Oct. 31.

Danbury

Donna Sprague  
huntoonfarm@myfairpoint.net

South Danbury Church

The South Danbury Church worship service on Sunday, Oct. 28, will be at 11 a.m., the regular time, with conversation and refreshments afterward. Looking ahead, their

Holiday Happy Hour returns on Friday, Nov. 16, from 3:30 to 6:30 p.m. There will be baked goods, meals to go and Mary Lyn Ray will be on hand to sign her children's books. Donations of baked good, crafts, or holiday items will be gratefully accepted. All proceeds benefit the Church Preservation Fund.

For anyone who would like to attend worship or events but needs a ride, contact them to make arrangements. For more information about the South Danbury Church and its activities, follow "Friends of the South Danbury Christian Church" on Facebook, e-mail southdanburychurch@gmail.com, or call 491-3196. The South Danbury Church is an open and affirming congregation of the United Church of Christ located at 1411 U.S. Route 4, South Danbury NH 03230.

Veterans' fundraiser

Last Saturday, 24 participants showed up at the grange hall parking lot to play corn hole to benefit the Merrimack County Conservation District's Veterans' Value Bucks Program. Grange members provided hot meals, drinks and desserts with all donations and proceeds going to the cause. Area veterans should bring some type of ID to Merrimack County farmers' markets to receive a book of value coupons redeemable for \$20 in market products. Donations to the program may be sent to MCCD with veterans' program in the note section and mailed to 10 Ferry Street, Suite 211, Concord, NH 03301. The program along with the SNAP/EBT program will be made available to customers at the Danbury Winter Market.

Danbury Winter Market

The Danbury Winter Market begins on Nov. 4 at the Blazing Star Grange Hall. From 9 a.m. to 1 p.m., the market will offer a hot

breakfast and lunch along with two floors of locally made products. Items to be found at the market include meats, eggs, honey, maple syrup, jams, bakery items, wool socks, art work, dairy, veggies, soap, chocolates and many types of handicrafts. November will feature a second market on Nov. 17 to be followed in December through April with one market on the first Saturday.

Third Thursday drop off day

Beginning in December, a third Thursday drop off will be hosted by the grange to allow vendors to bring their items to the grange hall from 5 to 7 p.m. Customers may order directly from vendors, through the online market harvesttomarket.com or at localfoodsplymouth.org. The Local Foods Plymouth option is a pilot program between the grange and Local Foods Plymouth to create a satellite area aimed at increasing the buying choices for Danbury customers as well as pickup location for existing LFP customers. Local Foods Plymouth has offered a year round market since 2008. A variety of vendors drop off preordered items in Plymouth, with customers being able to pick up their orders between 3:30 and 6 p.m. at the PAREI office on Highland Street in Plymouth or at the Senior Center on Depot Street during the summer market season. Local Foods Plymouth vendors include conventional and organic farmers as well as local artisans. For information about market opportunities, call Donna at 768-5579.

Groton

Ruth Millett 603-786-2926  
rem1752nh@gmail.com

The Special Town Meeting will be held Tuesday night and there will be much more to report next week, though I hope that many of you will

be there to vote.

The town of Groton is currently accepting bids for a 8' tow behind York Rake (minimum bid \$1,000). This item can be seen at the Groton Town Garage on North Groton Road. Any interested parties should submit a bid in writing by mail, fax or e-mail to the Town Office by Oct. 18, at 4 p.m. Payment and pick-up for the winning bids must be completed by Nov. 1.

The Groton Historical Society will be holding a special program about Mary Baker Eddy and her connection to the town of Groton. The program will be held Sunday, Oct. 28, at 2:30 p.m. at the Groton Town House. Two members of Sanbornton's Historical Society, Linda Saltiello and Evelyn Auger have completed extensive research using letters and other first person documents that shed light on the life of Mary Baker Eddy. For the program, Evelyn dresses in period clothing and speaks as Mrs. Eddy and Linda plays the part of a journalist interviewing her. Come and find out why Mary Baker Eddy came to North Groton.

Take advantage of the free library services to Groton residents at the Hebron Public Library. The library hours are Mondays, 4 – 7 p.m., Wednesdays, 1 – 5 p.m. and Saturdays, 9 a.m. – 1 p.m.

Trick or Treating for the town of Groton will take place Wednesday, Oct. 31, from 6 to 8 p.m. We hope everyone has a safe and happy Halloween.

Scheduled meetings and office closures:

Select board work sessions – Tuesday, Nov. 6, at 4:30 p.m. 13th and 20th at 5 p.m. and Dec. 4 at 4 p.m. all at the Town House.

Select board meetings (open to the public) –Nov/ 13 and 20 at 7 p.m. at the Town House.

Planning board meeting Wednesday, Oct. 31 – 7 p.m. at the Town House.

Road Committee Meeting – Monday,

Nov. 12, at 7 p.m. at the Town House.

The Town Clerk/Tax Collector office will be closed Oct. 24 through 26 for the annual Town Clerk Educational Conference.

Total of all taxes due to the town as of Oct. 22 are \$133,229.83. We do have a tax kiosk on the town web site so you may find out your tax balance only and if you would like to pay your taxes online use the red button on the town clerk/tax collector's page. If you should have any trouble with the online payment system, please call the town clerk at 744-8849.

EDC

FROM PAGE A6

velopment initiatives. Having an organization like Belknap EDC is critical to the economic health and vitality of Belknap County and beyond."

Franklin Savings Bank is one of central New Hampshire's leading banks, they have been a true community partner for over 100 years. It's local initiatives like this that continue to build the economic development and opportunities of Belknap County and the Lakes Region.

More information and be found at https://

Hebron

Bob Brooks 744-3597  
hebronnnews@live.com

The Town of Hebron extends its sympathies to the family of Norton Braley, who passed away recently. He was an institution in the town for many years and he is definitely missed. On a personal note, I had the pleasure to bowl with him in the IPC League many years ago. One could not find a nicer, funnier, knowledgeable teammate to have. He always had the perfect comment when needed whether to help you focus or loosen up.

www.fsbnh.bank.

Belknap EDC is a non-profit regional development corporation. Its main focuses are resources on workforce development programming, developing strategies to retain and attract young talent to the region, supporting entrepreneurs, and development opportunities in Belknap County including the redevelopment of the Colonial Theater block in Laconia. More details can be found at belknapedc.org.

More information on the NH Tax Credit program is available at nhcdfa.org.

TOWN OF HEBRON

The Supervisors of the Checklist will be in session at the Town Clerks Office on Tuesday, October 23, 2018, from 7:00 p.m. to 7:30 p.m. Party changes, new registrations, additions and corrections to the checklist will be accepted. Last opportunity before the General Election 11/6/18.

Supervisors of the Checklist  
Barbara Brooks  
Judy Dodge  
Audrey Johnson

Notice: The Town of Bristol has posted a corrected version of the Warrant for the November 1, 2018, Special Town Meeting in two public places, its website, and elsewhere. The correct amount of the Warrant is \$899,637, which was the amount voted on by the Select Board and Budget Committee.

ALEXANDRIA RESIDENTS

The Supervisors of the Checklist will be in session at the Alexandria Town Hall on Saturday, October 27, 2018 from 11:00 to 11:30 a.m. for additions and corrections to the checklist. Last day for supervisors to accept voter registration applications. No additions or corrections shall be made to the checklist after this session, until General Election Day on Tuesday, November 6, 2018. Party changes will be accepted at this session.

George Whittaker  
Suzanne Cheney  
Loretta Brouillard

CORRECTED WARRANT FOR A SPECIAL TOWN MEETING  
TOWN OF BRISTOL

To the inhabitants of the Town of Bristol, New Hampshire, who are qualified to vote in Town affairs:

You are hereby notified that a Special Town Meeting of the Town of Bristol, New Hampshire, will be held on November 1, 2018, subject to approval of the Grafton County Superior Court, at the Old Town Hall at 45 Summer Street at 7:00 PM, to act on the following subject:

**ARTICLE ONE:** To see if the Town will vote to raise and appropriate the sum of Eight Hundred Ninety Nine Thousand Six Hundred Thirty Seven Dollars (\$899,637) to purchase the land and buildings at 5 School Street (Tax Map 114, Lot 012), and to pay for the final design and renovation of the property to create a new Town Office Building with Two Hundred Fifty Thousand Dollars (\$250,000) to come from the unassigned fund balance and to authorize the issuance of not more than Six Hundred Forty Nine Thousand Six Hundred Thirty Seven Dollars (\$649,637) of bonds or notes in accordance with the Municipal Finance Act (RSA 33) and authorize the Selectmen to issue and negotiate such bonds or notes and to determine the rate of interest thereon. The first principal and interest payments will be included in the 2020 budget. (2/3 ballot vote required, polls open for one hour).

**The Budget Committee Recommends this Article 8-3-1**  
**The Select Board Recommends this Article 5-0**

This Special Town Meeting will have the same authority as that of an Annual Town Meeting, to be held on November 1, 2018, subject to approval by the Grafton County Superior Court.

Given under our hand this October 19, 2018.

Town of Bristol Selectmen

Richard Alpers, Chairman

Donald Milbrand, Vice-Chairman

Leslie Dion

J.P. Morrison

Wayne Anderson



GIVE SAFETY A  
**Green Light.**

School is in session, and before you can say, "red light, green light, one..two..three", a child can dart out of nowhere, and get hurt. Please be prepared to stop and exercise extra caution when driving near playgrounds and schools.

**Please Drive Carefully.**  
**Our Kids Are Depending On You.**



Ashland Community Church

Ashland Community Church is located at 55 Main St., on Route 3 in Ashland (across from Shurfine Market). Parking is available next to and behind the church. Pastor Ernie Madden Phone: 968-9464 Email: accernie@hotmail.com Website: ashland-communitychurch.com

**Sundays:** 9 a.m. - Early Worship Service, followed by coffee and fellowship in the church dining room.

10:30 a.m. - Contemporary Worship Service. Coffee and snacks are available in the back of the sanctuary before the service. Toddler Zone (for infants - five years old) and KidZone (for K-6th grade) are available during the Contemporary Service. Special Needs Class - For teens-adults at the Contemporary Service. Participants meet in the sanctuary for singing, and are dismissed to their class at approximately 10:45 a.m.

**Kidzone:** Debbie Madden leads the K-sixth grade class. Kids will love the great videos and games that teach age appropriate lessons in a loving atmosphere.

**Alcoholics Anonymous Group:** Monday's at 8 p.m. in the church dining room.

It is our desire to help you understand God's incredible grace,

mercy and love. We believe that you will love Ashland Community Church. We are a friendly, loving, and caring church that studies and shares the word of our dear Lord and Savior.

Our Vision is to become a church that unchurched people will love to attend.

Our mission is to lead people to live and love like Jesus and to help others to do the same.

If you have any questions please don't hesitate to contact Pastor Ernie Madden at any of the contact information above.

Real Church, Real People, Real Simple

We look forward to seeing you on Sunday, and remember to just come as you are. No perfect people allowed!

Bristol United Church of Christ ("the Church on the Hill")

Our doors are always open wide to all those seeking to find a safe, but invigorating place for spiritual life, growth, fellowship and service. Wherever you are on your spiritual journey, you are welcome here.

Sundays: Pastor: Rev. Andrew MacLeod Intergenerational Service: 10 a.m., Coffee Fellowship following service

Sunday School: 10 a.m. Wheelchair accessibility can accommodate up to three wheelchairs in our sanctuary.

Location: P.O. Box 424, 15 Church St., Bristol, NH 03222. Phone

744-8132. Office hours: Main Office - Monday thru Friday - 9 a.m. to noon. Pastor's hours: Monday thru Thursday - 9 a.m. to noon and other times by appointment. Rev. Andrew's Home Phone 217-0704, e-mail pastorbucc@myfairpoint.net.

**Weekly events:** Mondays: A.A. Step meeting - 7:30 p.m. Bible Study - 7 p.m. Tuesdays: Bone Builders - 9:30 a.m., Senior Crafts: 9:30 a.m., Senior Luncheon - noon, AA Discussion - 8 p.m.

Wednesdays: Our very popular Morning Reflection, led by Don Sorrie, has been extended through October. We are presently gathering at 7:30 a.m. on Wednesday mornings in Fellowship Hall. Coffee is provided. Come join us. Fridays: Bone Builders - 9:30 a.m.

**Monthly Events:** WIC (Women/Infant/Children) Clinic - second Monday at 8:30 a.m.

T.E.A. (Time, Encourage, Accept) - for Women. - third Tuesday at 4 p.m. Meeting place varies. Check with the church office for exact place and time.

Women's Fellowship - Next meeting - Thursday, Nov. 15, in Fellowship Hall at 10 a.m. Some of our members are continuing with the creation of small crafts that will also be available for sale at the Christmas Bazaar on Saturday, Dec. 1. Next craft meeting will be on Monday, Nov. 19, downstairs in the church at 11:30 a.m. Bring a sandwich and come for craft and/or fellowship. Choir rehearsal continues at 4:30 p.m. every Wednesday.

**Ongoing** Bristol Community Services is in need of everything. Please help if you can.

Events: The many who attended the dinner on Oct. 6 can attest to the fabulous-tasting roast pork. Our next monthly church supper will be held on Nov. 10 in Fellowship Hall, boasting an awesome pot roast dinner. Be sure not to miss. Adults \$9, children \$4. Serving 5:30 to 7 p.m.

Take out available, 744-8132

Ukelele players wanted. Christian Ed. And Music Committees have started up a ukelele band. We have several interested brave souls, and are looking for more. The band is getting together once a week for lessons and practice and once they feel comfortable about playing, they will share their music with the congregation. If you are interested, please contact Debbie Doe.

The annual Fall Vesper Service took place at 5 p.m. on Sunday, Oct. 14, at Inspiration Point. A potluck supper followed at 5:30 p.m., just below, at Slim Baker Lodge.

B.U.C.C. cooperates with other churches and community organizations to serve the needs of all people who live near us. Our reach extends around the world through our work with other members of the United Church of Christ.

Restoration Church, Plymouth (Assemblies of God)

Greetings from Restoration Church Plymouth, located at 319 Highland Street, Plymouth, NH 03264. If you do not have a home church we invite you to come and join our warm and friendly family here at Restoration Church. Please feel free to contact us at hello@restorationchurch.cc.. Our church phone number is still the same, 536-1966. Our schedule has changed to the following:

**Sunday:** 10:30 a.m. Morning Service Monday: First and third Monday of the Month

Noon-2 p.m. Helping Hands Food Pantry Friday: Second Friday of the month 6 p.m. Food, Fun, Fellowship

On Sunday, Nov. 5, 2017, we officially launched as Restoration Church Plymouth. More details about this service will be included in the next article. We also started a new series entitled, Stories. We will be continuing this series this week as

well. We have our own worship team during our services in our auditorium and then we watch as a Pastor Nate Gagne preaches via video during our service.

**Our Mission Statement:** Just One More! Everyone is welcome to all of our services. The church is handicapped accessible on the east entrance.

Rumney Baptist Church

Rumney Baptist Church invites area families to our annual Fall Fest on Wednesday, Oct. 31, from 5 to 8 p.m. Whether you make the event one of your stops on your trick-or-treating route, or if you are looking for a kid-friendly party, there'll be a little something for everyone. Fuel your night with a variety of hot soups and chilis then test your skills at the many carnival-style games such as pumpkin chucking, Frankenstein's nose, and spider racing. The brave of heart may want to venture into the all-new crazy maze especially designed for the evening. There will also be several photo booths to snap a picture of your favorite little goblin along with the whole family. Please note: all children must be accompanied by an adult. This is a child friendly event - no scary costumes please.

If you are looking to learn more about God or are searching for a church to call home, we invite you to come just as you are any Sunday to Rumney Baptist Church located at 375 Main St., Rumney. Coffee is served in the Welcome Center before the morning worship service, which begins at 10 a.m. Our Sunday service includes blended, worshipful music, friendly greetings, relevant Bible teaching, and childcare by trained staff. For more information, call us at 786-9918, visit our web site at www.rumneybaptist.org or "like us" on Facebook.

A Shared Ministry of St. Mark's, Ashland and Church of the Holy Spirit, Plymouth

Services: Sundays 8 a.m., 263 Highland St. Plymouth; 9:30 a.m., 18 Highland St. Ashland; Sunday School, 9:30 a.m., St. Mark's Ashland

Thursdays 11 a.m. Eucharist and Healing Service, St. Mark's Ashland.

Healing Service: This is a short but meaningful service for those who wish to remember or pray for a friend or loved one who is ill - or just to come and enjoy the camaraderie of friends, hear God's word and sometimes a story of a historical religious figure. Everyone is invited to come and partake or not of the Holy Eucharist at the end of the service.

On Wednesday, Nov. 7, the fall book group will discuss Bishop Curry's book 'Crazy Christians' from 5 to 6 p.m. in the Senior Lounge of Weld Hall, Holderness School. Copies of this book will be arriving for sale in the office. Please contact Rev. Kelly if you would like a copy

Ashland Community Breakfast will be served from 8 to 9 a.m. on Saturday, Oct. 27, in Sherrill Hall at St. Mark's. The meal is free and all are invited to attend this fun group and bounteous meal.

Time is getting short to make a contribution to CHIPS. The contributions will be taken to the Diocesan Conference in early November. This benefits the children of incarcerated parents who are presently in NH State Prisons. Please put CHIPS on the menu line of your check made out to St. Mark's or Holy Spirit.

Do you need a ride to the doctor or to the store? Contact the Whole Village Resource Center at 1-855-654-3200 for more information. Call the same number if you are interested in becoming a volunteer driver.

Day Away Respite Care is a day care program for adults with early stages of Alzheimer's Disease or related dementias. It is held on Thursdays from 9 a.m. to 3 p.m. in Simard Hall at Our Lady of Grace Chapel in Bristol. Fee is \$25 a day and includes lunch

PLYMOUTH REGIONAL HIGH SCHOOL

Plymouth, NH 03264

IMMEDIATE OPENING 2018-2019 School Year

Full-time 3rd Shift Custodial Position

Interested candidates please send letter of intent, resume and references to:

Jon Francis, Facilities Director c/o SAU #48 47 Old Ward Bridge Road Plymouth, NH 03264 jfrancis@pemibaker.org

TOWN OF CAMPTON PART-TIME SEASONAL WINTER PLOW DRIVER

The Town of Campton is accepting applications for the position of a Seasonal Winter Plow Driver from November 1, 2018 through April 1, 2019. The position will be 29 hours per week, with additional hours as necessary depending on the needs of the Town of Campton. All hours over 40 will be paid at an overtime rate. CDL-B preferred but not required. Valid Medical Card required.

To Apply:

Applications are available on the Town's website at www.camptonnh.org and are to be returned to the Road Agent, Butch Bain or Town Administrator, Carina Park, 12 Gearty Way, Campton NH 03223.

The Town of Campton is an equal opportunity employer. Applications will be accepted until position is filled.

Help Wanted Town of Rumney, NH Highway Department Employee

The Rumney Highway Department is accepting applications for a full-time employee. The candidate will have experience with heavy and light construction equipment and have a history of safe operation of this equipment. Knowledge of maintaining town streets, culverts and other public works project is preferred. A clean driving record and current CDL-B endorsement is required. The Town of Rumney is an Equal Opportunity Employer and offers a competitive benefit package. A completed Town of Rumney Employment Application must be submitted to the Office of the Selectmen no later than 2:00 p.m. November 16, 2018.

Applications are available at Rumney Town Office 79 Depot Street, Rumney and on the Town of Rumney website.

TOWN OF RUMNEY PART-TIME POSITION AVAILABLE

DEPUTY TOWN CLERK/ TAX COLLECTOR

- Must be detail oriented
- Must be proficient in office work
- Must be willing to learn a variety of computer programs, as well as laws and regulations
- Must excel in communication skills
- Approximately 22 Hours/Week

Candidates must be a Rumney resident and able to pass a criminal and motor vehicle record check, credit check and able to be bonded.

Pay will be commensurate with experience. Rumney is an EOE.

Send resumes to selectmen@rumneynh.org.

Resumes accepted through November 8, 2018



**Bristol**  
FROM PAGE A1

date the staff needs and opening up one wing to create a large meeting room that also can accommodate elections. The renovation plans also call for preparing an area to accommodate an elevator in the future, but the elevator is not in the current plan in an effort to keep the costs down.

The warrant seeks a total appropriation of \$899,637, with \$250,000 of that coming from the town's unassigned fund balance. Selectmen propose purchasing a bond

for \$649,637 to cover the remainder of the cost. Because of the size of the bond, it will require a two-thirds majority vote for passage of the article.

Plans call for the staff to remain at the Municipal Building until the renovations are complete next year, and the first bond payments would not come due until 2020.

Once the governmental offices are relocated, the Bristol Police Department will be able to take over the space and eventually make the modifications it has been seeking for many years. The total cost is projected to

be well under the \$2.7 million that was proposed in March.

The committee that has been working on a solution to the town's space needs believes the professional building at the intersection of School and Summer streets is ideal because of its downtown location and proximity to the Old Town Hall, at 45 Summer St., where voting currently takes place. Voters have used the parking lot at the professional building in the past because of the shortage of parking in front of the Old Town Hall.

**School**  
FROM PAGE A1

er" by asking for the town to provide the salt and sand, he said.

Highway Foreman Victor Greenwood said the town already plows the roads that allow students from the other Newfound Area towns to get to the middle and high school, as well as taking care of the sidewalks for those students who walk to school.

**Implications for the district**  
At the Oct. 22 meet-

ing of the Newfound Area School Board, when Buckley and Limanni reported on Bristol's decision, they suggested that the school board ask the selectmen to reconsider the decision, which would have a devastating effect on the school budget.

Limanni pointed out that the additional maintenance required easily could reach \$7,000.

"If the other towns pull out, it could be very expensive," Limanni said. "It goes back to the taxpay-

er, and it hurts the school."

Buckley said the town of Danbury covers the cost of plowing the Danbury Elementary School parking lot and New Hampton pays for the plowing of the Community School parking lot. They have a contractor who does the lots at the middle and high schools, and those costs are shared by all the towns.

Limanni said it may require more than one vendor, yet the last time they contacted 10 vendors, they got a response from only one.

**Newfound**  
FROM PAGE A1

lif. last February, the NRHS team had been recognized by NEASC as a strong group of presenters and were therefore selected to take part in last week's regional

conference.

Last week the team therefore presented "High School 3.0: The Impact of Student Voice and Choice on Whole-School Redesign." Topics included in their session were restorative justice, flex block,

extended learning, gateways and seminars, Student-Staff Senate and competency based approaches.

Faculty members representing the school at the event were French teacher and Chair of World Lan-

guages James LeBaron, along with Amy Yeakel, Extended Learning Coordinator at NRHS. Students Tuan Nguyen, Matt Libby and Hayleigh Pabst joined them for presentation and Newfound Area School District Superin-

tendent Stacy Buckley and Curriculum Coordinator Kim Sarfde were also in attendance.

Yeakel wished to congratulate to each of the students who took part for "a fantastic and well-received presentation."

He said the school district has worked with Bristol in a number of areas, helping with its efforts to bring fiber optics into town and improve information technology, and the district also supports the costs of maintaining Kelley Park.

**Churches**  
FROM PAGE A10

and a craft project. Volunteers needed for this program. Brochure at back of church.

Please remember to let Rev. Kelly or Deacon Maryan know if you are in the hospital or at home recovering from surgery or illness and would enjoy a pastoral visit. Office phone is 536-1321.

**Star King Unitarian Universalist Fellowship**

Starr King Unitarian Universalist Fellowship, 101 Fairground Road, Plymouth, is a multigenerational, welcoming congregation where different beliefs come together in common covenant. We work together in our fellowship, our community, and our world to nurture justice, respect, and love.

Sunday, Oct. 28 – 9:30 a.m.

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Reverend Dr. Linda Barnes, Worship Leader

Sarah Dan Jones, Music Director and Choir

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**UCC Plymouth**

PCUCC is a vibrant community of faith that is welcoming, theologically progressive, social liberal, open and affirming, inclusive and enthused about sharing Christ's love with the world. Weekly worship service begins at 9:30 each Sunday at the white church on the Town Common. Everyone is welcome.

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Rev. França receives prayer requests at [pastor@uccplymouth.org](mailto:pastor@uccplymouth.org).

**Live-Streamed and More.**  
Don't miss a thing. Sunday Worship services are live streamed on Facebook every Sun-

day. "Like" the church Facebook page and you will receive notifications when the weekly service goes live. Missed something? You can find it on the Facebook, "Plymouth Congregational United Church of Christ Plymouth NH." Scroll down to the date of the service or program you missed. It is all there. You will also find current information about upcoming church events and a few posts to make you laugh.

**Choral Scholars**  
Our church choir offers scholarships for young adults interested in singing with our choir on Sunday mornings. If you would like to sing with a church choir that has a great time together, contact the director at [musicdirector@uccplymouth.org](mailto:musicdirector@uccplymouth.org).

**Feeding Our Children Together**  
We provide 3,000 calories to food insecure children in the Head Start Program and to Plymouth Elementary School during the academic year. Every Friday, grocery bags are delivered to the children so that they will have enough to eat over the weekend. If you would like to find out more on how you can help packing, delivering, or shopping for Feeding Our Children together, e-mail [office@uccplymouth.org](mailto:office@uccplymouth.org).

**Wentworth Church**  
Join us each Sunday morning for our worship

service.

Worship service is at 10:15 a.m. The choir will sing "All Nature's Works His Praise Declare."

Choir rehearsal is on Sunday right after worship and fellowship time.

We have started work on our Christmas Cantata.

Adult study time has resumed at 9 a.m. in Pastor's study. They are reading/studying Max Lucado's "Unshakable Hope." Everyone is welcome.

We would like to thank everyone who shopped for, prepared for, cooked for and came out to our annual Harvest Dinner this past Saturday.

Blessings to all.

"We're the only non-profit that pays for police protection in Bristol," he added. "We let them use our buildings at no cost. We may have to look at ways to recover costs."

School Board Chair Jeff Levesque of Groton said, "It's interesting that they decided to pull out of a town-by-town obligation that's been in effect for 60 years without any advance notice. We don't have the money in the budget to take care of it. Now I wonder how the other select boards are going to behave."

Levesque suggested billing Bristol if the town does not provide the service.

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# Breast Cancer Awareness 2018



## Breast cancer survival rates soar

A breast cancer diagnosis can be a devastating blow. Upon receiving such a diagnosis, people may begin to ask questions about treatment and the impact cancer may have on their personal lives. Many people who are diagnosed with cancer also begin to wonder about their mortality.

An estimated 266,120 new cases of invasive breast cancer and 63,960 new cases of non-invasive, or in situ, breast cancer are expected to be diagnosed among women in the United States this year, according to Breastcancer.org. According to the latest statistics presented by the Canadian Breast Cancer foundation, 26,300 women and 230 men had been diagnosed with breast cancer in Canada in 2017.



The good news is that breast cancer incidence rates began decreasing in 2000 after increasing for the previous two decades. In addition, death rates from breast cancer have been decreasing steadily since 1989.

The National Cancer Institute says that the change in age-adjusted mortality rates are an indi-

Early detection and better treatment options are improving the chances of surviving breast cancer.

cator of the progress being made in the fight against breast cancer. The most recent SEER Cancer Statistics Review released in April 2018 indicates cancer death rates among women decreased by 1.4 percent per year between the years of 2006 and 2015. The American Cancer

Society says that decreasing death rates among major cancer types, including prostate, colorectal, lung, and breast cancers, are driving the overall shift in survival. The ACS says breast cancer death rates among women declined by 39 percent from 1989 to 2015. That progress is attributed

to improvements in early detection and treatment protocols. For anyone doing the math, over the last 25 years or so, 322,000 lives have been saved from breast cancer.

A similar scenario has unfolded in Canada. Breast cancer mortality rates in Canada recently decreased to 21.4

percent, down from 21.8 percent in 2011, states data from the Canadian Cancer Society. Currently, the five-year survival rate for breast cancer among Canadians is 87 percent, and the five-year net survival in the United States is 85 percent.

Increased knowledge about breast cancer, early detection through examinations and mammography and improved treatments are helping to drive up the survival rates of breast cancer. Although this does not make diagnosis any less scary, it does offer hope to those recently diagnosed.

### Did You Know?

While the vast majority of breast cancer diagnoses involve women, men are not immune to the disease. According to the American Cancer Society, the lifetime risk of getting breast cancer is about one in 1,000 among men in the United States. By comparison, the risk for women in the United States is one in eight. While a man's risk for breast cancer is considerably lower than a woman's, the ACS still estimates that roughly 480 men will die from breast cancer in 2018, when more than 2,500 new cases of invasive breast cancer will be diagnosed in men. In addition, the ACS notes that black men diagnosed with breast cancer tend to have a worse prognosis than white men. Though breast cancer may be a disease widely associated with women, men should not hesitate to report any discomfort to their physicians, as the National Cancer Institute notes that men are often diagnosed with breast cancer at a later stage than women. The ACS suggests that men may be less likely to report symptoms, thereby leading to delays in diagnosis. The more advanced the cancer is at the time of diagnosis, the lower the patient's survival rate. Men are urged to report any discomfort or abnormalities in their chests to their physicians immediately.



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# Breast Cancer Awareness 2018

## Speare Memorial Hospital Expands Breast Health Services

(Plymouth, NH, October 1, 2018) — Speare Memorial Hospital is now working with Southern New Hampshire Radiology Consultants (SNHRC) to provide more breast health services to the women of Central New Hampshire. Chief of radiology at Speare, Dr. Kevin Rivera, is leading the expansion of services. Technological updates will be completed by the end of the month.

In addition to state-of-the-art 3D

screening mammography, services include:

### BREAST BIOPSY PROCEDURES

1. Ultrasound guided breast biopsy uses sound waves to help locate a lump or abnormality and remove a tissue sample for examination under a microscope.
2. Ultrasound guided cyst aspiration to identify if a lump is a fluid-filled cyst or a solid lump. If it is fluid, the aspiration will remove the fluid from inside the lump.



### Facts and figures about cancer

A global concern in every way, cancer affects people from all walks of life. But as prevalent as cancer is, some facts and figures may still surprise you.

- 8.8 million: The number of people, according to the World Health Organization, who died from cancer in 2015, making it the second leading cause of death across the globe.

- 70: Percentage of cancer deaths that occur in low- and middle-income countries. (Source: WHO)

- 22: Percentage of cancer deaths across the globe that can be traced to tobacco use. (Source: Global Burden of Disease Study 2015)

- 90: Percentage of high-income countries in which treatment services are available to citizens afflicted with cancer. (Source: WHO)

- <30: Percentage of low-income countries in which treatment services are available to citizens afflicted with cancer. (Source: WHO)

- 25: Percentage of cancer cases in low- and middle-income countries caused

by infections such as hepatitis and the human papilloma virus, or HPV. (Source: WHO).

- 12: Percentage of cancers worldwide linked to viruses. (Source: National Toxicology Program, National Institute of Environmental Health Sciences)

- 1.69 million: The number of deaths attributed to lung cancer across the globe in 2015, making it the most deadly cancer in the world. Liver cancer (788,00 deaths), colorectal cancer (774,000), stomach cancer (754,000), and breast cancer (571,000) were the other most common causes of cancer deaths in 2015. (Source: WHO)

- 1.16 trillion: Economic cost, in American dollars, of cancer in 2010. (Source: International Agency for Research on Cancer)

- 33: Percentage of cancer deaths that can be linked to five leading behavioral and dietary risks: high body mass index, low fruit and vegetable intake, lack of physical activity, tobacco use, and alcohol consumption. (Source: WHO)



### VACUUM ASSISTED STEREOTACTIC BREAST BIOPSY

1. Stereotactic core breast biopsy is a minimally invasive procedure to remove a sample of tissue from the breast for examination. This procedure will help determine whether you have breast cancer or any other abnormalities in your breast to be concerned about.

Speare Memorial Hospital has a dedicated and experienced team of mammography staff. Appointments can be made from 8am to 4 pm Monday through Friday. Late afternoon

appointments are also available. Appointments can be made by calling 603-238-2232.

Speare Memorial Hospital is a 24-hour, acute care, non-profit critical access com-

munity hospital and health care provider serving Plymouth and the communities of Central New Hampshire. Visit online at <http://www.spearehospital.com> and join us on Facebook and Twitter.

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## Q&A with Jessica Ryan, MD

Medical Director and Breast Surgeon at the CMC Breast Care Center

*CMC, a member of GraniteOne Health, is pleased to welcome Jessica Ryan, MD, the new medical director and breast surgeon at the CMC Breast Care Center. Dr. Ryan is a board-certified, fellowship-trained surgeon with special interests in nipple-sparing mastectomy, breast conservation, and oncoplastic surgery. CMC is excited for you to get to know Dr. Ryan and asked her a few questions to get the conversation started.*



**What are some of the misconceptions you hear from women about breast screening and/or breast cancer?**

One of the most confusing aspects of breast health today is the debate surrounding mammogram screening guidelines. The disagreements over recommendations can be frustrating to women and providers alike. I remain confidently in-line with the ACR, ACS and ASBrS in recommending an annual mammogram, for most women, beginning at age 40. With the use of 3D tomosynthesis mammography, we are able to evaluate dense breasts even more thoroughly, leading to a decrease in false positive findings and call-backs.

**Other common misconceptions?**

Underwire bras do not cause cancer (wear whatever fits comfortably), but alcohol intake can increase cancer risk. I advise my patients have fewer than 7 alcoholic drinks per week. We have good evidence showing that, in addition to smoking and obesity, there is an association between excessive alcohol consumption and breast cancer.

**How would you describe your approach to patient care, especially when giving a tough diagnosis?**

Receiving a cancer diagnosis is an emotionally traumatic experience. One of my first steps with a woman is to provide support and education in order to help her understand her diagnosis rather than fear it. My goal is to guide her in making decisions that are uniquely her own. Just as each woman is unique, so too is her cancer. This first step helps develop a plan that is right for her – both in the throes of the initial diagnosis and in years to come.

The next step is to encourage a woman to make herself the most important person in her life. This may sound simple, but a woman will almost always name many others (children, spouses, partners) before ever considering herself. In order to survive treatments and thrive as a healthy woman afterwards, she has to make herself her first priority. This helps her gain control of therapy and provides the motivation needed to get through it all.

**What breast health technologies are you most excited about?**

One of the largest changes in the treatment of breast cancer is oncoplastic breast conservation. Oncoplasty refers to the use of plastic surgery techniques to allow the surgeon to remove the tumor more completely and reshape the breast to create a superior cosmetic outcome. We have growing evidence suggesting breast conservation, when feasible, is the most ideal pathway for a woman. This allows her to return to her daily life more quickly, while feeling more comfortable and confident with her body image.

3D tomosynthesis mammography is still relatively new and is becoming the standard of care in breast screening because our radiologists can evaluate the breast tissue more thoroughly, finding very early cancers, and providing women with added peace of mind.

Targeted chemotherapy is also making a positive impact on patient care, as is the emerging treatment of intraoperative radiation therapy. I’m hopeful that this will prove to be a very beneficial tool for some women.







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# Market Basket proposal continues forward in Plymouth

BY DONNA RHODES  
drhodes@salmonpress.news

PLYMOUTH – Will Davis of Horizons Engineering, Mike McGinley of Riverside Landing, LLC, and John Matthews, Real Estate Consultant for Market Basket, appeared before the Plymouth Planning Board last week for a non-binding conceptual presentation of their proposal to build a Market Basket store on Tenney Mountain Highway.

Davis said the building would be 69,000 square feet with a total of 324 parking spaces available, both in front and on two sides of the business. Pedestrian walkways would be put in place to connect with the nearby N.H. State Liquor Store while other walkways in the commercial development would facilitate foot traffic from the nearby motel as well as McDonald's and Bank of New Hampshire.

During the meeting, Planning Board Chair Rebecca Hanson reminded board members that the pad for the site has already been approved. Davis added that storm drainage for the new store would be handled with the same underground chamber system, previously approved for use at other buildings on the property. Another additional note was that this five-acre parcel of property has also received a special exemption for two buildings, which would be the grocery store and a small convenience store/gas station adjacent to it.

Davis said the proj-



DONNA RHODES

At last week's planning board meeting in Plymouth, Will Davis of Horizons Engineering gave a nonbinding conceptual presentation of the plans to build a Market Basket at Riverside Landing on the Tenney Mountain Highway.

ect is moving forward smoothly and they hoped to have finalized plans for lighting and landscaping in the near future. He said that he did review their new Master Plan, as suggested at his last appearance before the board, and felt this project was well in line with it. He saw that the Master Plan indicated the Tenney Mountain Highway as a suitable area for commercial development so long as there is an approved flood plain compensation plan in place. By adding more commercial business to the town, members of the Master Plan committee also felt there would be a positive affect on the tax base and lesser burden on property owners.

"A nice new grocery store will increase the tax base and provide employment. We think it's well-suited to the views of the Master Plan and we're hoping to come to you soon with a full application

package," said Davis.

Matthews spoke up to say that a substantial number of people from Plymouth and the surrounding area already shop at the Market Basket in Tilton. Building a new, state-of-the-art store in Plymouth would be more convenient for residents of Plymouth and surrounding towns, while adding synergy and economic development to the community.

Looking over their preliminary plans, board members were pleased with all that was presented, but asked that they consider building sidewalks along Tenney Mountain Highway for those walking or biking to the businesses at Riverside Landing. After later hearing from a resident in attendance however, they withdrew that request, agreeing the town should first speak with the N.H. Department of Transportation to see if there are any future

plans for the road.

"It would be a waste if the state came in and tore them out to put in a four-lane highway," they said.

Board member Chris Buckley asked if perhaps McGinley would allow public access to the river from his property, with perhaps some trails or a walkway for people to enjoy the waterfront.

"The intent is well taken but I would have to consider my liability," said McGinley. "It's not a bad question but I'd certainly have to take the temperature of everyone

involved (the inn and other business owners who own their own parcels on the property)."

Finally, the board said they would also like to consider the regional impact a project of this size would have and would contact nearby towns to apprise them of the expansion to Riverside Landing.

Residents on hand to learn more about the proposal had a chance to give their own input and all agreed that they were pleased to welcome Market Basket to the town.

Joyce Weston said she was "totally in favor" of the proposal but asked that there be some type of light sensors installed in the parking lots so there would not be the "light pollution" found at the WalMart parking lot down the road. Matthews assured her that the company would use downward facing LED lighting, which would be computerized to shut off after the store closes at night.

"I think the whole site has been very well laid out...the whole process was very well reviewed over the years," commented an-

other gentleman.

Peter French said he is an abutter to the proposed Market Basket and is also pleased with what he already sees at Riverside Landing. While there were a few concerns expressed earlier about another grocery store bringing competition to Hannaford and WalMart, French saw no problem with that.

"It's not just competition, which can be good, it means jobs. Plymouth is burdened with a lot of untaxed land and we need more commercial business," he said.

Another woman later agreed with that point, citing later that 1,800 residents bear the brunt of the taxes for the town and businesses like Market Basket will certainly help to relieve some of that financial burden.

In closing, Hanson told Davis and the others representing the project, "Thank you for checking all the boxes ahead of time."

Davis and the team said they hope to return soon with their DOT driveway permits in place and a complete proposal package for the town's final consideration.



DONNA RHODES

## First snow

Residents in the Newfound, Pemi-Baker and Waterville Valley regions awoke to a reminder of things to come last Thursday morning when the first glimpse of snow mixed with autumn leaves. While the valleys for the most part had only a dusting of the "white stuff" on the ground, some higher elevations saw an inch or more of snow, causing black ice conditions on a few local roads.

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# Newfound Landing Sports

Section **B**  
Thursday,  
Thursday, October 25, 2018



Tiellar Mitchell looks for room to run in action against Franklin on Saturday.

RC GREENWOOD



Brett Pidgeon looks to cut up the field with Franklin's Ben Lafrance in pursuit during Saturday's key Division IV contest in Franklin.

JOE SOUZA

## Bears knock Franklin from undefeated ranks

BY JOE SOUZA  
Contributing Writer

FRANKLIN — When Ray Kershaw took over

### What's On Tap

The football regular season wraps up in the coming week while the remainder of the local teams continue postseason play.

The Kennett and Kingswood football teams will meet in North Conway on Friday, Oct. 26, at 7 p.m.

The Plymouth football team will wrap up the regular season on Friday, Oct. 26, at Hanover at 7 p.m.

The Newfound football team finishes its regular season on Saturday, Oct. 27, at 2 p.m. at home against Fall Mountain.

The cross country State Meets will take place at Derryfield Park in Manchester on Saturday, Oct. 27. The Division III girls will run at 11:30 a.m. and the Division III boys will run at 12:10 p.m. The Division II girls will run at 1 p.m. and the Division II boys follow at 1:40 p.m.

The field hockey finals will take place on Sunday, Oct. 28, at Bedford High School. Division II will play at 11 a.m. and Division III will play at 4 p.m.

The boys' soccer tournament continues with quarterfinal action on Saturday, Oct. 27, at the home of the higher seed for both Division II and Division III. The semifinals for Division II are at Stellos Stadium on Wednesday, Oct. 31, at 4 and 6 p.m. and the semifinals for Division III are at Laconia High School at 4 and 6 p.m. on Wednesday, Oct. 31.

The girls' soccer tournaments also continue next week. In Division II, the opening round is today, Oct. 25, and the quarterfinals are Sunday, Oct. 28, both at the home of the higher seed. The semifinals are Thursday, Nov. 1, at Stellos Stadium in Nashua at 4 and 6 p.m. The Division III quarterfinals are Friday, Oct. 26, at the home of the higher seed and the semifinals are Tuesday, Oct. 30, at Laconia High School at 4 and 6 p.m.

The unified soccer tournament opens on Tuesday, Oct. 30 and continues on Thursday, Nov. 1, both at the home of the higher seed.

The Division II volleyball tournament quarterfinals are Saturday, Oct. 27, at the home of the higher seed and the semifinals

SEE **ON TAP** PAGE B3

the Newfound Regional football program three years ago, the veteran coach was determined to turn it around.

Following a couple of two win campaigns, the Bears appear ready to make some noise.

"We are getting better," Kershaw said after his squad put together their best defensive performance of the season to knock area rival Franklin from the unbeaten ranks 18-0 on Saturday afternoon. Newfound forced nine turnovers and completely frustrated the Golden Tornadoes all afternoon.

"We are getting better. When we played Winnisquam (a 34-18 loss), we went backward and we're still not playing our best. We're still making mental mistakes, but we are getting better. The program is heading in the right direction. We are getting great support from the community and from the parents, and that's what you need to have a successful program.

"I am happy... and

18-0 win over Franklin is huge," added Kershaw. "It's huge because they're a great team."

It's also big as it moves Newfound ahead of Franklin and into second place, both sporting 5-1 records.

While not perfect, the Bears came out and proved they could be a team to reckon with heading into the playoffs by forcing a number of Franklin mistakes and taking advantage of enough to post the impressive road win. All six of Franklin's possessions in the first half ended in turnovers, and Newfound scored on the first two for all the points the Bears would need.

The contest started similar to Newfound's battle with Winnisquam as the Bears marched down the field with their power running attack only to come away with no points when Ben LaFrance stopped Brett Pidgeon at the one on a fourth-and-goal play.

Franklin, who steamrolled past its first five opponents, coughed the

ball up two plays later with Shawn Huckins jumping on a Tornadoes fumble at the Franklin five. Two plays later, Huckins barreled his way into the end zone for a 6-0 lead with 6:13 on the first quarter clock.

The Golden Tornadoes looked to respond, marching from its own 38 down to the Newfound 19. A holding penalty would push them back before Newfound's Logan Rouille came up with the first of six Bear interceptions on the afternoon at the 13.

It took Newfound just five plays to go 87 yards. Pidgeon capped the scoring drive from 16 yards out for a 12-0 lead with 2:04 remaining in the first quarter. The big play on the drive was a 63-yard burst down the left sideline by Tiellar Mitchell, who finished with 133 yards on 19 carriers to lead the Bears.

Newfound's defensive unit kept on coming up with big plays from there en route to the shutout. Huckins had two interceptions and a fumble

recovery, while Rouille had two interceptions. Mason Greene recovered two fumbles. Tyler Boulanger and Mitchell also had interceptions for the Bears.

"That's the best our defense has played all season," Kershaw said. "We knew they would throw the ball and we've had trouble defending the pass. This week we focused on defense. We would bite on the play action and they'd complete a big pass in previous games. The kids really stepped up and got it done today."

Franklin had some success moving the ball but could not overcome the turnovers.

"Turnovers killed us all game long," Franklin coach Jeff Davis said. "You go on this winning streak and something is bound to go wrong in one of these games. It's tough to stay perfect."

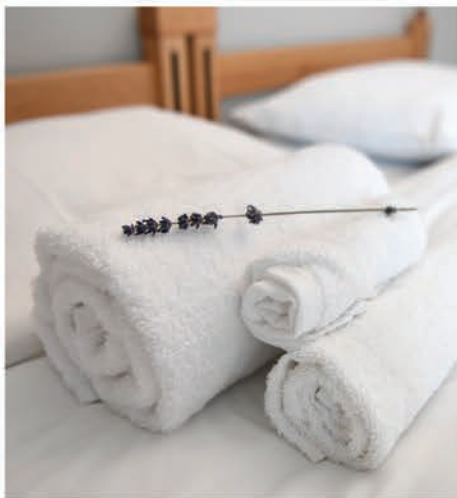
"It was just an off day. We'll bounce back," added Davis. "The good thing about this is the pressure is off. The press-

SEE **FOOTBALL** PAGE B3

## What's Happening at Plymouth State University

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See further up here.



Sports Editor - Joshua Spaulding - 279-4516 (phone) - 279-3331 (fax) - [josh@salmonpress.news](mailto:josh@salmonpress.news)





Tuan Nguyen battles for the ball in action against Winnisquam last week.

JOSHUA SPAULDING



Jacob Pfister turned in a shutout in Newfound's final home game of the season against Winnisquam last week.

JOSHUA SPAULDING

# Newfound wins Dutton Cup with shutout of Winnisquam

BY JOSHUA SPAULDING  
Sports Editor

BRISTOL — The Newfound soccer Bears captured the Amy Dutton Cup during its annual game with Winnisquam on Tuesday, Oct. 25.

The Bears scored twice in the first half and added two more in the second half for the 4-0 win.

Justin Shokal led the way for the Bears, scoring a hat trick in the win.

Winnisquam actually had the better of the chances early on, sending a shot wide of keeper Jacob Pfister and then got a corner kick chance but could not put the ball in the net.

Cian Connor and Shokal teamed up on a bid that was stopped by the oncoming Winnisquam keeper. Newfound got its first corner kick and Connor sent the ball through the crease and it was cleared out of the zone.

Matt Libby came up with some good defense in the Winnisquam zone and Shokal came back with a bid in the zone that was deflected.

Bohdi Smith had a chance on a corner kick, heading the ball toward the corner of the net but the Newfound keeper was there to make the save.

Tuan Nguyen had a bid go wide and Winnisquam came back with a couple of chances at the other end, sending the ball wide of the net.

Reid Wilkins just missed connecting with Shokal on a chance in the offensive zone and Adrian Ehmann had a good defensive stand for Newfound at the other end of the field.

Shokal scored the first two goals for the Bears, putting both in the net before the end of the first half and Newfound took the 2-0 lead to the break.

Shokal completed his hat trick in the second half, scoring his third goal and then Connor added a tally on a free kick to push the lead to 4-0 and Newfound cruised from there.

Pfister finished with seven saves in the Newfound net and coach Jason Hill praised the defensive work of Jack Gosson, Libby, Ehmann and Ryan Lyford in front of the net in helping to preserve the shutout.

Newfound dropped a 1-0 decision to Inter-Lakes to close out the

regular season at 5-11. The Division III tournament kicked off after



Ashlee Dukette was honored at the final home game after getting her 500th kill in a road game the previous week.

RC GREENWOOD

deadline Wednesday and continues on Saturday, Oct. 27, at 2 p.m. at

the home of the higher seed. The semifinals are Wednesday, Oct. 31, at

Laconia High School at 4 and 6 p.m. *Joshua Spaulding can*

*be reached at 279-4516, ext. 155 or josh@salmonpress.news.*

## Bears battle hard with Tigers, best Cougars

BY JOSHUA SPAULDING  
Sports Editor

BRISTOL — The Newfound volleyball team welcomed Farmington to town on Wednesday night, Oct. 17, and got off to a quick start, winning the first game, but couldn't keep the momentum up and dropped the 3-1 decision to the Tigers.

"They were all really

close, point for point," said coach Amy Fairbank. "We made some errors and we were not attacking as much as they were attacking us."

Newfound won the first game by a 25-19 score but Farmington came back and battled to 25-20, 30-28 and 25-22 wins in the next three matches to sweep the

evening.

"Our defense was really solid," Fairbank said. "We had a lot of digs on their attacks."

Ashlee Dukette and Maura Geldermann both finished with nine kills on the day while Megan Stafford finished with eight kills and Aryn Prescott added seven. Dukette was 17 of 18 on block

attempts and Geldermann was 18 of 18 on block attempts.

"Our passing was solid, our defense was solid but we didn't get enough attack kills," Fairbank stated.

The Bears wrapped up the season with a 3-0 win over Campbell on Friday to finish at 11-5 on the regular season.

The Division III tour-

namment opens today, Oct. 25, at 6 p.m. and continues on Saturday, Oct. 27, at 6 p.m., both at the home of the higher seed. The semifinals are Wednesday, Oct. 31, at 5 and 7 p.m. at Plymouth State.

*Joshua Spaulding can be reached at 279-4516, ext. 155 or josh@salmonpress.news.*



Kasey Basford goes up for a kill in action against Campbell last week.

RC GREENWOOD

## Late nights are worth it in the long run



By JOSHUA SPAULDING

to watch too many games on television this season. If I'm not out covering a game in the evenings, I'm probably at Brewster Academy, working at my other job cleaning the floors in the kitchen and dining hall. It's not tons of fun, but the good news is they have a radio in the kitchen and I can turn on the Sox games and listen to the dulcet tones of Joe Castiglione and Tim Neverett as they call the game on WEEI, thanks to the 101.5 signal that comes through loud and clear inside Estabrook Hall.

That routine has not changed in the postseason, though the games have been starting later, which means they take up most of the time that I'm working. That, in turn, cuts down on the amount of time I can listen to the podcasts that I subscribe to, so I have to find more time to listen

to those at other points of the day.

Game four of the ALDS was a grinder for sure, running past 1 a.m. Thursday morning. If I start the job on time, I usually finish at just about 1 a.m. So, as I walked through the kitchen closing up, the final inning was playing out. However, I couldn't pull myself away as Craig Kimbrel was doing his best

to cough the game up. Thankfully, Andrew Benintendi was there to save the day, allowing me to go home and get a couple of hours of sleep.

And the next night, I was able to watch the final few innings in a much more comfortable location, my couch.

Finally, have a great day Joe Collie.

*Joshua Spaulding*

*is the Sports Editor for the Granite State News, Carroll County Independent, Meredith News, Gilford Steamer, Winnisquam Echo, Plymouth Record-Enterprise, Littleton Courier, Newfound Landing, Coos County Democrat, Berlin Reporter and The Baysider. He can be reached at josh@salmonpress.news at 279-4516, or PO Box 729, Meredith, NH 03253.*

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JOSHUA SPAULDING  
Hayes Broome brings the ball up the field in action last week against Con-Val.



JOSHUA SPAULDING  
Madi Dalphonse looks to drive the ball in action against Con-Val in the Division III tournament.

# Champs eliminated in OT stunner

## Con-Val knocks off Newfound field hockey

BY JOSHUA SPAULDING  
Sports Editor

BRISTOL — The last time Kammi Williams coached in a field hockey playoff game, her top-ranked Newfound field hockey team was defeated on its home field in the opening round of the playoffs.

Needless to say, last Tuesday’s Division III tournament opener against Con-Val brought back a lot of memories.

The Cougars scored less than three minutes into the seven-on-seven overtime period to take the 1-0 win over the Bears, bringing Newfound’s season to an unexpected early end.

“That’s a tough loss, I think we were a better team, but that’s how field hockey works,” Williams said. “I did not want to relive this.

“That was a heart-breaker,” she added. “We outplayed them, we kept pounding them and she (Con-Val goalie) stopped everything.”

Con-Val came out of the gate with a couple of good chances. Hannah Eastman turned in a strong defensive stop for Newfound and Hayleigh Pabst made a nice save on a Cougar corner chance. The Cougars also sent another shot wide as they opened the game strong.

Newfound got its first corner but could not convert and then Caroline Marchand and Madison Hanley had bids in the zone that were cleared away. Marchand also had a long drive in that missed its mark.

The Cougars came

back with a chance at the other end but Pabst was there to kick the ball out of the way and then Mackenzie Bohlmann and Haley Dukette combined for a good defensive stop on a Con-Val corner. Lexi Douville sent a strong drive up the field to Marchand but they couldn’t get the ball in the net.

The Bears had a corner chance and Tiffany Doan sent the ball through the circle and Katy Drapeau made a move into the circle but was turned away by the defense. The Cougars had their own corner that missed its mark and Hanley came back up the field with a chance that was stopped, as did Doan.

Newfound got a series of four corners in a row as time was winding down in the first half. Marchand had a shot on the first one that was stopped and after Hanley had a run in to the zone after a steal, the next two corners were cleared out by the defense. Marchand had a shot stopped on the fourth corner and then just missed connecting with Hayes Broome on a crossing pass, sending the game to halftime with no score on the board.

Both teams had early chances, with Doan and Marchand teaming up for Newfound’s first bid and then Con-Val’s corner chance went wide of the net. Doan also had a crossing pass cleared.

Newfound came back with a couple of corners. Drapeau and Marchand got in close on the first one but were de-



JOSHUA SPAULDING  
Haley Dukette battles for the ball in playoff action against Con-Val last week.

nied by the keeper. On the second one, Hanley, Broome and Marchand got in close, only to see the Con-Val keeper shut things down.

Doan had a great bid to the top of the cage that the keeper reached up and swatted out of the air. Dukette, Marchand and Madi Dalphonse all had bids in close but could not convert.

Con-Val came back with four corners in a span, with Pabst making a nice save on one of those bids and another going wide. Broome, Hanley and Marchand combined for another chance that was denied.

The Bears continued to pressure, getting three more corners before the clock ticked down to the end, as Marchand and Doan had good chances but the Cougars tightened up the defense and the game went to the end of regulation with the game still scoreless.

Newfound had a corner early in the 15-minute seven-on-seven overtime period but

Marchand’s shot went wide of the net.

Con-Val was able to capitalize with 12:10 to go in the frame, putting home a rebound after an initial Pabst save to give the Cougars the 1-0 win.

Williams noted that it was important for

her young team to learn from the loss and not dwell on it too much.

“We just had a breakdown in overtime,” Williams said. “We’re really young, so hopefully they’ll learn from that.

“Whether you lose in the first round or lose

in the last round, only one team wins the whole thing,” the first-year head coach continued. “We did a lot of good things this year.”

The Bears graduated most of their starters from last year’s championship team so this year’s group was learning on the fly and Williams was happy to see them finish at 11-2-1. And she praised the work of the Cougars.

“Con-Val is a well-coached team,” she said. “And we just couldn’t capitalize on the chances we had.”

The Bears lose Drapeau, Dalphonse and Eastman to graduation next June.

Joshua Spaulding can be reached at 279-4516, ext. 155 or josh@salmonpress.news.

### Football

FROM PAGE B1

sure is off from being that number one team, and we’ve still got a chance to be that number one team.”

The second half turned into a defensive struggle between the two teams.

Franklin made some adjustments down 12-0 at the half and came up with some big stops to force Newfound to punt the ball. The hosts though could not get any rhythm on offense against Newfound.

Newfound would add another touchdown in the fourth quarter. After stopping the Golden Tornadoes on fourth down, the Bears went 37 yards in six plays. Pidgeon made a spectacular catch on a Rouille pass for a 20-yard touchdown with 5:09 remaining in the game, making it 18-

0. That was Newfound’s lone pass completion of the day.

Pidgeon had the one catch for a touchdown to go with 57 yards rushing, with a TD, on nine carries. Huckins finished with 44 yards on the ground.

Franklin was led by Kainan Clark, who rushed for 100 yards on 17 carries. Jakob Beaupre rushed the ball four times for 20 yards and had three receptions for 50 yards.

With the win, and just one week remaining in the regular season, the Bears could finish second in Division IV. Winnisquam is now alone at the top of the division with a 6-0 mark, with Newfound second and Franklin third at 5-1.

Winnisquam entertains rival Franklin next Saturday, while Newfound plays host to Fall Mountain. The Wildcats

have won three straight and are currently in position to grab the fourth and final playoff berth in the division.

The Bears will look to improve again as they prepare for the playoffs.

“We’re still making mental mistakes on offense, but those are things we can fix,” Kershaw said. “Fall Mountain is a good team. They’ve been improving every week. We have to have another good week of practice if we want to win that game.”

### On Tap

FROM PAGE B1

are Tuesday, Oct. 30, at Pinkerton Academy at 5 and 7 p.m. The Division III tournament opens today, Oct. 25, and the quarterfinals are Saturday, Oct. 27, both at the home of the higher seed and the semifinals are Wednesday, Oct. 31, at 5 and 7 p.m. at Plymouth State.

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# Bears wrap up regular season at Merrimack Valley

BY JOSHUA SPAULDING  
Sports Editor

PENACOOK — The Newfound cross country teams joined teams from around the Capital Area, including Division I and II squads as well as a couple of private schools, in the Capital Area Cross

Country Invitational, held at Merrimack Valley High School on Thursday, Oct. 18. In the varsity boys' race, Kyle Rosendahl led the way, finishing with a time of 20:23 for 64th place overall. Nick Comeau was

## Learn to skate at Laconia rink

LACONIA — The 2018-19 Learn to Skate Program at the Merrill Fay Arena in Laconia has been officially announced. LTS is a "learn to skate" program with an emphasis on skating skills. Each session includes one hour of on-ice instruction per week, games and fun activities including skating skills, stride development, fun-filled drills to encourage the child's love of the ice. Required equipment includes hockey skates with nylon laces, helmet (HECC approved helmet and face mask with side and chin straps). Players seeking equipment, check out the Lakes Re-

gion Lakers equipment page. Program is divided up into two sessions on Saturday mornings. Session 1: Nov. 10 to Dec. 15. Session 2: Jan. 5 to Feb. 9. Program runs for six weeks and will be held on Saturdays from 10:50 to 11:50 a.m. Coaches include members of the Lakes Region Lakers coaching staff, Andrew Trimble of the New England Wolves Junior Program and current New England Wolves hockey players. Costs is \$75 - when signing up for one session or \$100 total for two sessions. For more info, visit The Lakes Region Lakers web site at <https://www.lryha.org>.

## Trout Unlimited wins Silver Trout award

PLYMOUTH — Trout Unlimited awarded the Pemigewasset Chapter the Silver Trout award for its work restoring the Beebe River watershed in Campton. The Silver Trout award recognized the chapter's dedication to conserve, protect and restore cold-water fisheries and watersheds. Dave Pushee, Pemigewasset Chapter's project manager, accepted the Silver Trout award from Mick McCorcle, Chair of the Trout Unlimited National Leadership Council in Redding, Calif. The Conservation Fund purchased the Beebe property in 2014. The Pemigewasset Chapter, NH Fish and Game and Plymouth State University began to monitor the brook trout population in the Beebe River and its tributaries. The stream habitat was found to be in fairly good condition. But high summer temperatures in the mainstem plus perched culverts blocking brook trout from reaching their spawning areas in the cooler tributary streams were problems. The Pemigewasset Chapter built a powerful partnership with other agencies to resolve some



COURTESY PHOTO  
Pemigewasset Chapter of Trout Unlimited recently won the Silver Trout award for its work on the Beebe watershed.

of the problems. Funds were raised, and work began. Thanks to a lot of volunteers, culverts were replaced with bridges and tributary streams were reconnected to the mainstem. In 2010, Todd Baldwin accepted the 1st Silver Trout award for the Pemigewasset Chapter for its restoration work in a section of the Pemigewasset River in Woodstock. The Silver Trout award will be on display at the Pemigewasset Chapter (pemigewasset.tu.org) meeting on Nov. 13, 7 p.m. at the Common Man Inn in Plymouth. Guest speaker is Tyson Morrill, a MS Biology student at Plymouth State University, whose study on the movement of brook trout and the influences of undersized road crossings contributed to Beebe project.



next for the Bears, finishing in a time of 20:38 for 69th place and Joe Sullivan was right behind, finishing in 70th place in a time of 20:39. Ashlar Dotson was the fourth Newfound scorer, placing 72nd in 20:44 and Wyatt Day rounded out the scoring for the Bears in a time of 20:47 for 75th place. Luke Gordon finished in 87th place in 21:20 and Connor Downes rounded out the field of Bears in the varsity race with his time of 22:18 for 97th place. The JV race had the boys and girls running together and Connor Springer was the first Bear, finishing in 39th place in a time of 22:00.

Ryder Downes finished in 22:25 for 42nd place overall, with Hunter Pease in 60th place in 23:39. Greta Gruss finished in 93rd place in a time of 25:54 to lead the Newfound girls. Sophia Pettit finished in 116th place in 26:13, Gretchen McGowan was 136th in 31:40 and Sadira Dukette was 142nd in 36:12.

The Bears will now head to the Division III State Meet at Derryfield Park in Manchester on Saturday, Oct. 27, with the girls running at 11:30 a.m. and the boys following at 12:10 p.m.

Joshua Spaulding can be reached at 279-4516, ext. 155 or [josh@salmon-press.news](mailto:josh@salmon-press.news).

JOSHUA SPAULDING  
(LEFT) Ashlar Dotson and the Newfound cross country team will run in Manchester this weekend.



Volunteers and racers alike had a good time at the annual Fall Foliage Foot Race in Waterville Valley.

## Runners head to Waterville Valley for annual Fall Foliage Foot Race

WATERVILLE VALLEY — The 11th annual Fall Foliage Foot Race in Waterville Valley saw record participant numbers during a beautiful leaf peeping display. There were 133 in the 5K, 74 fun runners and 53 10-mile trail racers. Town Square was abuzz with a good crowd and excellent weather. Waterville Valley Recreation offered a thank you to WV Public Safety and all the wonderful volunteers and staff for making this a fun and safe event.

Overall winners  
Fun Run: Boys - Tommy Casey, 12. Girls -

Jaye Niskaren, 12  
5K: Men - James Sullivan, 32 18:09. Women - Erica Labella, 39, 21:38  
10-mile trail: Men - Michael Day, 38 1:12:13. Women - Leah Peters, 25 1:21:51

Local highlights  
Rene Schwartz got 5th overall in the 10-mile trail race with a 1:21:02. Ross and Riley Smith took second and third place, respectively in the boys' Fun Run. Dad, Tim Smith, took 5th in the men's 5K race. Eleven-year-old Mia Weglarz took seventh place in the women's 5K. Ava Gasowski (Rachel) took fifth



place in the girls' Fun Run. For the full results, go to <http://www.gsr.com/results/3632>. Major sponsors this year included Mark Invernizzi Landscaping, Roper Real Estate, Speare Memorial Hospital and Waterville Valley Foundation. Community Sponsors were WMAC and Waterville Valley Realty. Each year race organizers from the town of Waterville Valley

Recreation Department choose a charity to benefit from a portion of the race proceeds. This year a check for \$925 went to The Rey Center. For more information about the race, or other year-round programs offered by the Waterville Valley Recreation Department (WVRD), please go to [www.watervillevalley.org/recreation](http://www.watervillevalley.org/recreation) or contact Recreation Director Brooke Wakefield at 236-4695.

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