

THURSDAY, APRIL 15, 2021

"Footloose" returns to GHS stage this weekend

BY FRIN PLUMMER

mnews@salmonpress.news

Audiences will get another chance to see Gilford High School students cut loose onstage with the production of the popular musical "Footloose."

The musical is coming back this Friday and Saturday night with a second cast of students in the story of Ren McCormack and his friends trying to make dancing legal again in their small town.

The students have been rehearsing with a number adding their own choreography all while managing the challenges of the pandemic.

Chandler Green plays Shaw Moore, a minister who influences the town to change many ordinances after a family tragedy.

"Shaw is very straightforward, he loves following a set of rules and he feels like he has to uphold



ERIN PLUMMER The new cast of the Gilford High School production of "Footloose" rehearse for the show this weekend.

Town, school district adopt relaxed travel guidelines

the rules all the time," Green said.

Anna Cook plays Ariel Moore, Shaw's daughter who becomes close with Ren.

Cook described her as a teenage girl trying to find her own way.

"She's just trying to figure out who she is and who her friends are and what she's into,"

Cook said. Saying of her and Ren, "When the new shiny toy comes into the town, she takes notice."

Chelsea Sasserson plays Vi Moore, Rev. Moore's wife and Ariel's mom. Sasserson said Vi is feels "sort of lost at the moment" given the situation with her family and the town.

"Vi's kind of a more

relaxed person compared to Shaw," Sasserson said. "She's trying to keep the family together."

Camryn Marshall plays Rusty, Ariel's friend.

"Rusty, she's really energetic, just goes with the flow," Marshall said. "She's your typical best friend side character.

Members of the cast

said the rehearsals were going pretty well overall. Cook said they have been working to get the show done quick, so the process has been going really fast.

"We have a cast of really hard-working people who are willing to work no matter what," Sasserson said.

Work on the production has required some innovation and extra student input because of the pandemic. Just that week one performer was in quarantine due to a family exposure to COVID-19 and was participating over the computer.

Usually the shows have an outside choreographer, though now outside people are no longer allowed to participate. Through the process a number of students have been contributing choreography to the show.

Overall, students said they have been working well together and making things happen.

"The cast is really nice because we all get along so well," Green said, adding, "I just like how we can have a solid plan," SEE FOOTLOOSE PAGE A11

BY ERIN PLUMMER

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The school district and the town have adopted the state's recommended guidelines for travel, including not requiring quarantining after travelling out of New England.

Before March 16, state guidelines stated

On Saturday, April

17, from noon -4 p.m.,

the Laconia-Gilford Li-

ons Club will partner

with the Green Sanctu-

ary Committee of the

Unitarian Universalist

Society on a soft plas-

tics recycling collection

drive in front of the lit-

tle white church at 172

Pleasant Street, Laco-

nia. All forms of plastic

bags - grocery bags, pro-

duce bags, store bags, ice

bags, bread bags, pet food

bags, vegetable bags, air

packing bags, newspa-

per bags, dry cleaning

bags, zip lock and other

disposable bags, bubble

wrap – will be accepted.

Hard plastics such as

bottles or containers will

prevent plastics from

ending up in landfills

or lakes, contaminating

from being burned and

releasing toxins in the

air. Plastics donated

must be clean, dry and

free of all food and or-

"This effort will help

not be accepted.

that any New Hampshire resident traveling to any state in the country other than the six New England States was required to quarantine for 10 days and/or produce a negative PCR test within 72 hours of travel. The same ap-SEE **TRAVEL** PAGE A11

Parks and Rec getting ready for summer

BY ERIN PLUMMER

mnews@salmonpress.news The Gilford Parks and Recreation Department is getting ready for summer, looking for lifeguards and getting ready for a number of activities

including Old Home Day.

The summer season was marred last year by the pandemic. This year Parks and Recreation is already scheduling a few activities for this coming summer and setting a tentative date for Old Home Dav.

Parks and Recreation is hiring lifeguards and gatekeepers at the Gilford town beach.

Lifeguards must have American Red Cross Waterfront Lifeguard Certification. Water Safety Instructor (WSI)

certification is preferred, but not mandatory. The pay range for lifeguards is \$11.75-14 an hour and \$9.50-\$11 for gatekeepeers. Call the Parks and Rec Department at 527-4722 for more information.

Parks and Rec will be offering a coding course for kids: CodeWiz Minecraft World Builder will run virtually from May 6 through June 10. Kids ages seven to 12 can take part in this camp where they run a city in the 3D world of Minecraft. Participants will work together and, in the process, develop their teamwork and presentation skills while learning about some real-world topics like city planning, economics, and life management.

Kids must have Minecraft Java edition already installed on PC or Mac and create a Minecraft account.

The camp will be Thursday nights from May 6-June 10 from 6-7 p.m. over Zoom. The course fee is \$150 and registration is due by Friday, April 30. Space is limited and will be available on a first come-first served basis.

Challenger International Soccer Camp is returning this July. The program will July 12-16 at the Gilford Village Field. A half-day program is SEE PARKS AND REC PAGE A11



drinking water or soils. Left to right: Inez Andrews, Matt Soza, Roger Andrews, Lori Chandler and Marylin Brown at last fall's plastic recycling drive. It will also keep them

ganic residue," said Lions Club President Matt Soza. "There is no fee or charge. Simply drop off your plastics at curbside." "This event is designed to be as safe and responsible as possible," explained UU Green

Sanctuary Co-Chair Inez Andrews. "Please note that the Church remains closed at this time due to Covid 19. If you intend

to participate, please wear a mask and maintain social distance. If you have traveled out SEE PLASTICS DRIVE PAGE A11

COURTESY

A2 THE GILFORD STEAMER



THURSDAY, APRIL 15, 2021

Notes from the Gilford Public Library

Classes & **Special Events** April 15 - April 22

*Sign up and face masks required

Thursday, April 15 *Geri Fit, 9:45-10:45 a.m.

Gilford Public Library **Top Ten Requests**

- 1."The Red Book" by James Patterson
- 2."The Four Winds" by Kristin Hannah
- 3."The Bounty" by Janet Evanovich
- 4."Win" by Harlan Coben
- 5."The Last Traverse" by Ty Gagne
- 6."Double Jeopardy" by Stuart Woods
- 7."The Nature of Fragile Things" by Susan Meissner
- 8."The Girl from the Channel Islands" by Jenny Lecoat
- 9."The Consequences of Fear" by Jacqueline Winspear
- 10. "The Henna Artist" by Alka Joshi

Breast Cancer Patients and Survivors

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Abramson, Brown & Dugan, P.A.

(603) 627-1819

www.arbd.com

There is no charge for initial consultation and all inquiries remain confidential.



*Bridge, 10:30-11:30 3:30 p.m. a.m.

Mother Goose On the Loose (Virtual), 10:30-11 a.m.

The Last Traverse by Ty Gagne-A Book Discussion, 6-7 p.m.

Join the Gilford Library and the Laconia Public Library for a discussion on the book The Last Traverse by Ty Gagne. Copies of the book will be available at both libraries. This discussion will be facilitated by Maura MacNeil, Professor of Creative Writing at New England College.

Friday, April 16 *Advanced Line Dancing, 9-10 a.m.

*Preschool Story Time, 10:30-11:30 a.m. *Knit Wits, 1:30-2:30 p.m.

*Advanced Conversational German, 2:30-

Monday, April 19 *Geri Fit, 9:45-10:45 a.m.

*Mahjong, 12:30-3p.m.

Tuesday, April 20

*Geri Fit, 9:45-10:45 a.m.

Bilingual Storytime, 10:30 a.m.

Wednesday, April 21

Check out an Expert, 10 a.m.-noon

Club, 2:30-3:30 p.m.

Afterschool Teen Club. Hangout with friends, play games, and make stuff. This club is whatever you want it to be! 5th-12th grade.

Science @ Home, 3:30-4:30 p.m.

Learn how to make colorful bouncy balls with Miss Jill! Sign-

up isn't required and it will be on Facebook Live. Please contact Miss Jill for a list of ingredients.

Thursday, April 22 *Geri Fit, 9:45-10:45

a.m. *Bridge, 10:30-11:30

a.m. Mother Goose on

the Loose, 10:30 a.m.

Book Discussion, 1-2 p.m.

This month's book is "Furious Hours" After School Teen by Casey Cep, a true crime documentary style book, focused on events involving the author Harper Lee and a serial killer, Reverend Willie Maxwell. The discussion will be led by Kayleigh Thomas, and copies of the book are available at the front desk. Sign up to join us in person.

GILFORD POLICE LOG

The Gilford Police Department reported the following arrests from March 29 to April 11.

Brenda Marie Hansen, age 51, of Gilford was arrested on April 3 for Domestic Violence-Simple Assault-Physical Contact. Hansen was subarrested sequently again on April 6 for Reckless Conduct-Domestic Violence involving Deadly а Weapon and multiple counts of Domestic Violence-Simple Assault-Physical Con-

tact.

son, Jr., age 54, of Laconia was arrested on April 6 for Operating After Certification as a Habitual Offender.

Joshua M. Williams, age 39, of Canaan was arrested on April 7 for Theft By Unauthorized Taking (after two prior convictions).

Paul Dunham, age 33, of Laconia was arrested on April 7 for making a False Report to Law Enforcement.

Richard C. Vashaw, age 53, of Laconia was arrested on April 8 in connection with multiple bench warrants.

byshire, age 35, of Gilford was arrested on April 8 for Driving Under the Influence-Impairment.

Trevor J. Dinneen, age 27, of Laconia and Crystal Lois Collins, age 32, also of Laconia, were arrested on April 9 in connection with warrants.

Edward J. Young, age 30, of Dover was arrested on April 10 for Driving Under the Influence-Impairment.

McPhee Megan O'Connell, age 42, of Laconia was arrested on April 11 in connec-

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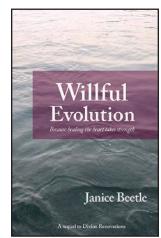
Janice Beetle Books releases "Willful Evolution"

Memoir a sequel to Beetle's first book, Divine Renovations

LACONIA—Janice Beetle of Laconia, a longtime writer and editor, has released her second book, Willful Evolution: Because healing the heart takes strength, through her own publishing imprint, Janice Beetle Books LLC.

In 2010, Beetle was laid off from her fulltime job at a hospital Western Massain chusetts and her late husband, Ed Godleski, died four days later. Beetle tells the story of her grief journey in her first memoir, Divine Renovations, published in 2011. Her new book, "Willful Evolution," is a sequel that tells the story of the past decade and how Beetle survived and reinvented herself.

On more personal notes, the book shows how travelling, family, a series of adventures and bad turns, and exercise helped Beetle gain physical and emotional strength and survive online dating. Willful Evolution is both poignant and funny.



"My hope is that readers will be inspired to find strength to be introspective in their own lives and take risks and set new goals," Beetle said.

Beetle compares her book to Eat, Pray, Love by Elizabeth Gilbert; Love Warrior by Glennon Doyle; and Daring Greatly by Brené Brown.

Through Janice Beetle Books, Beetle also helps authors of all skill levels—as well as nonwriters—carry a book idea through to publication. She also offers writing coaching services.

One recent client is Charlene Moses of Laconia, the author of



Janice Beetle

a memoir, "Given to Submission: A journey of shame, truth and forgiveness."

Beetle's and Moses' books are available at JaniceBeetleBooks. com and on Amazon.

For more information visit JaniceBeetleBooks.com.

Bank of New Hampshire installs Chris Logan as President and CEO

LACONIA — Bank of New Hampshire's Board of Directors is proud to announce the installment of Christopher Logan as Presi-



Zoom Festival premiers this Friday!

LACONIA — Powerhouse Theatre Collaborative is kicking off its 2021 season with a new play Zoom Festival which premiers on Friday, April 16 on the Belknap Mill's You-Tube channel, and is available to watch any time through April 25. Produced in collaboration with the Community Players of Concord, NH, seven teams have been hard at work creating theatre magic designed to be performed on Zoom.

Written by New Hampshire playwrights in our Fall 2020 playwriting workshop. plays by Chuck Fray, Doug Schwarz, Doreen Sheppard, Sharleigh Thompson, and Brenda Wilbert will be directed by Doris Ballard, Ken Chapman, Lauren Shelby Douglas, Katie Dunn, Katie Griffiths, Joel Iwaskiewicz, and Rogato. While Judi there is nothing particularly inappropriate for younger viewers, the subject matter of the plays is more geared towards older teens and

adults. The Festival is generously sponsored by Taylor Community and Chisholm, Persson and Ball PC.

Powerhouse Producer Bryan Halperin led the fall workshop.

"Knowing that presenting these plays in the Spring of 2021 would be complicated by Covid, we purposely asked the playwrights to write something either designed to be played on Zoom, or outdoors in a park setting. This has given local actors and directors a chance to get back into theatre in a safe manner," says Halperin. will be available on Powerhouse Theatre Collaborative's and the Community Players of Concord's FB or website pages. There is no fee to watch the plays, but if a viewer is inspired to help Powerhouse and the Players raise money for future productions, donations to both organizations will be gladly accepted via their websites. Powerhouse's 2021 season is generously sponsored by Spectacle Live. For more details on Powerhouse and all the programs at the Belknap Mill or to find out how to be-

COURTESY

dent and CEO of Bank of New Hampshire.

Logan joined Bank of New Hampshire and their Executive Management Team in 2017 and has more than 20 years of experience in the financial services industry. Most recentserving as Bank ly of New Hampshire's Chief Operating Officer, he has played a key role leading the community bank into a \$2 billion institution. Logan is a graduate of Siena College and earned his MBA with a concentration in Finance from the University of Connecticut.

"Chris' commitment to delivering the best customer experience and building business through longrelationships term and enhancements in technology make him an ideal candidate to take us into the future today's challengin ing banking environment," stated Suzanne Stiles, Chairman of the Board for Bank of New Hampshire. "Chris is a proven leader, and we look forward to much success under his direction."

Logan succeeds interim President and CEO, Michael J. Long. Mr. Long was appointed and stepped up from Bank of New Hamp-

Chris Logan

shire's Board of Directors to serve as the interim President and CEO from April, 2020 through March, 2021. Mr. Long will remain as a Director of the Bank as Vice Chairperson.

Bank of New Hampshire is thrilled to have Chris Logan leading our team as we aspire to remain an independent mutual financial institution, delivering innovative solutions and exceptional service, while assisting our employees, customers and communities to build brighter futures.

Bank of New Hampshire, founded in 1831

provides deposit, lending and wealth prodmanagement ucts and services to families and businesses throughout New Hampshire and southern Maine. With 21 banking offices and assets exceeding \$2 billion, Bank of New Hampshire is the oldest and one of the largest independent banks in the state. Bank of New Hampshire is a mutual organization, focused on the success of the bank's customers, communities and employees, rather than stockholders. For more information, call 1-800-832-0912 or visit www.BankNH.com.

The Zoom Festival will be available on the Belknap Mill's You-Tube channel. The link come a sponsor, visit www.belknapmill.org or email powerhouse@ belknapmill.org.







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A Revolutionary legacy

April 19, 1775, next week, 246 years ago, was the start of the Revolutionary War after the battles of Lexington and Concord. The big debate still remains as to whether or not 'The Shot Heard Round' the World' took place in Concord, or in neighboring Lexington.

This time in our history, while brutal and necessary brings with it much intrigue for many. The tenacity and bravery of those who fought for our independence is beyond admirable. The events that took place during the Revolutionary War, read like a novel in modern times and have been brought to life through such works as Howard Fast's "April Morning," where we need to be reminded that this story is not fiction.

On that spring morning, more than 700 British soldiers who were given a secret tip on the whereabouts of colonial military supplies in Concord, marched towards town to confiscate the lot. The Patriots who had developed a top-notch intelligence network, largely the work of George Washington's Culper Ring, and the Sons of Liberty, had received notice weeks in advance and were able to move the supplies to safety.

Paul Revere and William Dawes had plans to ride ahead of the British troops to warn other Patriots. Knowing the task was risky, Revere secured the help of about 30 other men to make sure word reached Lexington and Concord if the two were captured. Revere told militia leaders to look at the steeple of the Old North Church each night for a signal. One lit lantern meant the Regulars would come by land through the Boston Neck. Two lanterns meant the British would come via the Charles river on row boats into Cambridge, "One if by land, two if by sea."

The night before the famous battle, Dr. Joseph Warren sent Dawes to Lexington where he was joined with Revere to warn Sam Adams and John Hancock that the British were coming.

It was midnight in Lexington when Revere and Dawes were joined by a third rider, Dr.Samuel Prescott. Prescott had been courting a woman in Lexington and met Dawes and Revere by chance. Because he believed in the cause, Prescott joined the men. The three riders were stopped by a British patrol not long after. Dawes was able to escape by reversing his direction. Prescott jumped a stone wall and fled using a short cut only locals knew about. The doctor was the only rider to reach Concord. Revere who was now captured, was surrounded by six Regulars and was searched and interrogated. "An officer clapped his pistol to my head, called me by name and told me he was going to ask me some questions, and if I did not give him true answers, he would blow my brains out." Revere wrote in his diary. The Regulars were spooked by the sound of gunfire in the distance, and let Revere go after asking him for an alternative route to town. Revere made his way back to Lexington where he regrouped with Hancock and Adams, who planned an escape to Woburn.

Throughout the night, the 'Rebels' gathered to intercept the British. When the red coats were seen marching onto the Lexington green, the local minutemen knew they were outnumbered. Out of the dawn a shot was fired, and no one knows to this day which side was responsible for it. After the scuttle on the green, eight minutemen and one British soldier were killed. There were accusations from both sides laying blame on one another. William Sutherland, a British soldier, is on record saying, "I heard Major Pitcairn's voice call out. 'Soldiers, don't fire, keep your ranks, form and surround them.' Instantly some of the villains who got over the hedge fired at us which our men for the first time returned." Sylvanus Wood, a minute man had recalled something different: "He swung his sword, and said, 'Lay down your arms, you damned rebels, or you are all dead men – fire!' Some guns were fired by the British at us from the first platoon, but no person was killed or hurt, being probably charged only with gunpowder. The company immediately dispersed; and while the company was dispersing and leaping over the wall, the second platoon of the British fired, and killed some of our men. There was not a gun fired by any of Captain Parker's company, within my knowledge." While the British soldiers continued to search for supplies, the colonial militia was able to regroup in Concord where they later met the red coats at the North Bridge. The British were outnumbered this time and retreated to South Boston after losing several soldiers. Some say the Shot Heard Round the World happened on the bridge in Concord, while residents in Lexington have long said the first shot to kick off the revolution took place on their green.



OPINION

By John Harrigan Columnist

A bird flew up from nowhere early Friday morning, going like sixty and giving me just a glimpse through the window as it sped over the house toward Maine. "Kestrel," I thought. The glimpse had said just "hawk."

Such a sight at this time of year quickly turns to wondering whether this bird was from right around here, or from Nova Scotia, or maybe Newfoundland. Who knows? There was no interviewing the bird.

Raptors are flying along the Eastern Flyway about now, including the Connecticut River Flyway, an adjunct. Many of the birds we see are hunting their way home, to nest in northern lands. Perhaps the flock of geese I saw yesterday knew their map lore, and were going a thousand miles north, to Goose Bay, in Labrador.

Here is where someone in the crowd might cry "Where's Labrador?" and if you say that it's above Newfoundland, someone is bound to cry "Where's Newfoundland?"



NORTH COUNTRY NOTEBOOK

Wherever the place was, going there meant work

An American kestrel in a perch, on the lookout for anything it can catch, tear apart, and eat.

shore, given the driving northwest winds. Once around the cape, they could seek out sheltered places where the best timber grew. This seems to be what the Vikings were after, having denuded the land back home.

They were not alone in history or choice of cargo. Most of the forests in England and along the coast of Europe were long gone. Ships supplying the North American colonies needed something in their holds to take home, and one of the better commodities was lumber.

How did they do this? Entire trees in Viking longboats at least seem feasible, but to put down hatches into a hold you need trees sawed into lumber.

With no sufficient water-power near the shores, pit-saws would seem the answer. As the term implies, a man in the bottom of a pit powers one end of the saw, while a man on a platform powers the other. In between is an elaborate roll-upand-feed cribwork. COURTESY BIRDOBSERVER.ORG

proved, European fishermen became more adventurous about going farther out to sea. While the Spaniards sought silver to the south, the Portuguese found silver of a different kind in the flash of fish on the Grand Banks.

Knowledge of the tremendous catches on the mid-ocean plateau remained a closely held secret. In all my reading on early sail and the age of first contact, I've never seen so much as a footnote on Portuguese sharing of this great secret with anyone, least of all the Spanish. This should be no great surprise to today's people who love to fish. When you find a good spot, who talks?

+++++

I just can't let Newfoundland and Labrador and the Vikings and First Contact pass without mentioning the poor Beothuk.

Now, you won't see me putting "poor" before many indigenous people, because it's so often perceived as such a slight. their neighbors, the neighbors said, and the Beothuk had a special fondness for red ochre, normally procured via rust-colored clay. By some accounts, the Beothuk got theirs from a special root found in a lake.

As European settlement took hold and their comfort zone shrank, the Beothuk held on to their homelands in central and northern Newfoundland. But as even the harsh outer coasts of the island were settled, more incidents of theft and friction seemed to involve the Beothuk. Reprisals and raids eroded their ranks.

Finally, as incipient sociologists experienced some angst, someone thought to go looking for the Beothuk. The Beothuk, still refusing to acknowledge authority or tolerate contact, put up a fight. Little is known about the remnants.

But here is the haunting part. People on the island's north shore said they saw a skin boat, round like the bull-boat of the West, its occupants paddling furiously for the coast of Labrador, just nine miles away.

To this day, mixedtribe descendants of the Beothuk genes are thought to be very much of the living landscape throughout Newfoundland and Labrador, and many a Montagnais, Metis, or Mi'kmaq is proud to claim some ownership.

(For more on the Beothuk, there's a lot on the Internet, with the usual caution about sources.

The phrase 'Shot Heard Round the World' was coined by author Ralph Waldo Emerson 62 years after the battle. His poem titled "Concord Hymn" was about the Battle of Concord.

By the rude bridge that arched the flood,

SEE EDITORIAL PAGE A11

Send us your letters!

We seek your input! Tax rate got you down? Glendale too congested for your liking? Do you approve of a recent selectmen decision? Hate the paper? Love the paper? Let us know!

Send your letters to: Gilford Steamer 5 Water Street • Meredith, NH, 03253

Our fax number is 279 3331. E-mail us at brendan@salmonpress.news. We're looking forward to hearing from you! +++++

Labrador was named for João Fernandes Lavrador, who sailed its coast in 1498-99. His last name meant "farmer" in Portuguese, or literally, "laborer." The land (but mostly, the water) seems true to the name--lots of work, mainly being careful in a place waiting to kill you.

Perhaps early sailors had a hard time slowing down to gain the rocky The Maritimes and the north and south shores of the St. Lawrence offered some of the earliest and best places for the crews of Portuguese fishing ships to go ashore to dry and salt their catches.

I'm dwelling on Portugal here because adventurers from that small country seemed to make such a mark on the northeastern part of the continent.

Historians relate that as sails and hulls im-

But the Beothuk certainly deserve it, as do many other tribes and nations swept by the wave of First Contact.

The Beothuk lived in Newfoundland, their origins a matter of mystery. To their neighbors all around---the Mi'kmaq, the Cree, the Montagnais---the Beothuk were known as elusive, unwilling even to come into the light of the campfire, unwilling to trade, stealthy, even sly, and sneaky.

They were taller than

For more traditional approaches, a good beginning is Samuel Eliot Morison's "European Discovery of North America." A much more thorough treatment is rendered in "A History and Ethnography of the Beothuk" [1996], by Ingeborg Marshall.)

(Please address mail, with contact info in case of questions, to campguyhooligan@gmail.com or 386 South Hill Rd., Colebrook, NH 03576.)

FROM OUR READERS

Conservation District supports regional Rail Trail project

To the Editor:

Now more than ever, Lakes Region residents and visitors are enjoying walking and bicycling on local trails as a welcome break outdoors. The Belknap County Conservation District (BCCD) recognizes completing the 20-mile Winnipesaukee Regional Rail Trail from Lakeport to Franklin as a Regional Priority. BCCD recommends that Lakes Region Planning Commission assign a top priority to extend the popular WOW-Lake Winnisquam Scenic Trail section to 5 miles.

Almost half of the Winnipesaukee Regional Rail Trail is completed, but there's critical fivemile gap in the middle that needs to be filled. A proposed project to extend the WOW-Lake Winnisquam Trail another half mile moves us closer to connecting to 5.1 miles of completed trail in Tilton and Franklin and the 58-mile long Northern Rail Trail. Construction costs to fill this Regional Rail Trail gap between Belmont and Tilton are high, but worth the investment. This project provides public access, a safe traffic crossing on Route 3, and a scenic 1,200-foot boardwalk trail across a wetland. Since this route parallels the railroad track, it leaves the tracks available for rail transportation. Transportation Alternative Program funding is only available every other year, so this opportunity should not be missed.

The Belknap County Conservation District is in strong support of connecting almost 80 miles of rail trails in our Region. Recreation trails provide an opportunity for local people and visitors to experience and learn about nature. We also recognize the importance of outdoor recreation to our quality of life and local economy. A 2019 Study by Alta Planning projected the 20-mile Regional Rail Trail would generate \$6 million in additional visitor spending, 40-60 new jobs with a 20-year estimate of \$67-89 million in total economic benefit.

> Dean Anson Laconia

Jessica Bailey Laconia

> Donna Hepp Belmont

Jamie Irving Meredith

Ken Kettering New Hampton

Belknap County Board of Supervisors

LRAA Art Gallery reopening promises to be grand

TILTON — On Sunday, May 2, the Lakes Region Art Association is hosting its big Grand Opening at their new and larger Gallery in the Tanger Outlets, Suite #300, 120 Laconia Road, Tilton, from 2 until 5 p.m. To ensure it'll be a memorable event, the LRAA Gallery will join with Lakes Region area florists and garden centers who have created large and beautiful displays of flowers and plants, juxtaposed with hundreds of LRAA artists' fine art paintings and photography.

"We've challenged the florists and garden centers to be creative with their artistic displays. The public will have a chance to vote for the best floral and/ or plant display," said LRAA/Gallery Marketing Director, Pat Edsall.

"And... It'll be fabulous, I guarantee it," she added.

In addition, throughout the Festival, the public will be treated to complimentary wine and cheese, fruit homemade punch. cookies, hors d'oeuvres and pastries. Festive music will fill the



The Lakes Region Art Association/Gallery recently relocated its space to suite 300, Tanger Outlets, 120 Laconia Rd., Tilton. The much larger gallery will have its grand opening on Sun. May 2, 2-5 p.m., and it'll include a special event titled: Fabulous Flowers and Fine Arts Festival. A number of area florist shops and garden centers will exhibit their creative and artistic floral and plant displays, juxtaposed with hundreds of LRAA members fine art and photography. Included in the Festival is complimentary food, beverages and live music. The grand opening is free and open to the public.

Gallery by "The Saxman" Dom DiNardo. The LRAA/Gallery as a non-profit 501 c-3 organization and is raising funds for community projects, scholarships, and its charitable giving, with a raffle. Tickets can be purchased at the Gallery. Prizes include donations by lo-

cal businesses as well as items donated by LRAA member artists. Since 1920, the Lakes Region Art Association has been in continuous operation with its stated goal of supporting artists and the arts. In 2020 the Gallery was voted by consumers, as 'Best Art Gallery in

the Lakes Region' in the Laconia Daily Sun. For information on attending the "Fabulous Flowers and Fine Arts Festival" Grand Opening, drop by the Gallery, 120 Laconia Rd., Tanger Outlets, Suite #300, Tilton. RSVP's appreciated.

STRATEGIES FOR LIVING

On failure, recovery and a chance to live again

BY LARRY SCOTT

afternoon, July 16, my stature in the com- gone up in flames and warded when God

thing significant in of a pastor whose mar- twenty years "in the It was late Monday the Kingdom of God, riage and ministry had wilderness" was re-1984, and I can still munity, my legacy, it survived to rise above brought us back to-

HIGH SCHOOL

Thursday, April 15 BELMONT Girls' Lacrosse at Gilford; 4 GILFORD Boys' Lacrosse at Laconia; 4 Boys' Tennis vs. Prospect Mountain; 4 Girls' Lacrosse vs. Laconia; 4 Girls' Tennis at Prospect Mountain; 4

Saturday, April 17 WINNISQUAM Track Home Meet; 10

Monday, April 19 BELMONT

Baseball Inat ter-Lakes; 4:30 Softball vs.

Inter-Lakes; 4

GILFORD

WINNISQUAM

swood; 4

swood; 4

Track

ter-Lakes; 4

Kennett; 4

Baseball at Kennett; 4

Softball at Kennett; 4

Baseball vs. King-

Softball vs. King-

Tuesday, April 20

BELMONT

GILFORD

Boys' Lacrosse vs.

at

In-

Boys' Tennis vs. Kennett; 4

- Girls' Lacrosse at Kennett; 4
- Tennis Girls' at Kennett; 4

Track at In ter-Lakes; 4

WINNISQUAM Track at Laconia; 4

Wednesday, April 21 BELMONT

Baseball VS. In ter-Lakes; 4

Softball at In ter-Lakes; 4:30 GILFORD

Baseball vs. Kennett; 4

Softball vs. Kennett; 4 WINNISQUAM

Baseball at Kingswood; 4 Softball at Kingswood; 4

remember the dread with which I made my way home. I had been forewarned, so I was as prepared as I could be, but the moment had arrived and there was nothing I could do about it.

As I entered the front room of our mobile home, familiar objects were missing and not a sound was to be heard. My wife had left me. It was my first evening as an ex-husband, the beginning of a solitary lifestyle that would last for twenty vears.

There had been no third-party involvement, no hint of abuse, verbal or otherwise, no drugs or alcohol. The marriage simply died. A letter on my desk informed me she "just couldn't take it anymore." If I wanted to re-establish the marriage, she wrote, there were changes I had to make. I was the problem, she implied; she could tolerate me no longer. Twenty-five years of marriage, the dreams of doing some-

all lay in ashes at my feet.

Ι was destroyed. This was, for me, the end of the line. Finished! My reason for being, the source of my self-image, the drive behind everything I had ever dreamed of doing, was over.

What made the experience so devastating was a fundamental conviction that my value as a man was not determined by my stature in the church but by my standing at home. My public image was but a reflection of who and what people thought me to be; my family knew me for what I was. And my wife had made her case: I was not the man she had hoped I would be!

But as unbelievable as it seems, God was there. I had not been abandoned. Someday I would be writing a book... and telling the story of how God can take a man from deepest despair and put him in orbit again! I would model the life



it all.

My story is not unique. Failure is, almost without exception, inherent in every dream. It is the price we pay to succeed. In marriage, in ministry, in business, in politics, men and women have succeeded despite setbacks, opposition, and abominable mistakes.

How grateful I am that God did not abandon me. I was not always aware of His presence, but standing quietly in the shadows, He was there. And now, despite the downhill slide over the next thirty years, I have a new story to tell.

On June 6, 2004, twenty years minus five weeks after the wife walked out, she walked back in. Our

gether. The road has not been easy, for we have had to deal with issues prompting our separation in the first place. But we have grown, individually and together, and this year will mark our sixty-second/eighteenth wedding anniversary. God, indeed, has been good to us.

For more thoughts like these, follow me at indefenseoftruth.net.

debt. Try to put away anywhere

from about \$500 to one month's

worth of living expenses, with the

money kept in a liquid account -

one that's separate from an account

you use for your everyday spend-

ing. Later on, you'll want to expand

this emergency fund, but, for now,

You can also take other steps to

build your financial foundation.

Try to put in enough to your health

savings account (HSA) and your

401(k) to earn your employer's

matching contribution, if one is

offered. And if you can, pay down

• Gaining stability - Continue to

build on the momentum from

the "foundation" milestone by

ramping up your savings and in-

vestments. For starters, build your

emergency fund so it contains one

and a half to two months' worth of

living expenses. Also, set a goal to

high-interest, nondeductible debts.

even this amount can help.



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The road to financial security, like many long journeys toward important goals, can be filled with ups and downs. The financial markets can be volatile, shaking up your short-term investment results, and illness or downsizing may temporarily disrupt your career - and your earnings. In fact, just 46% of adults feel financially stable, ac-cording to a survey by Morning Consult and Edward Jones. Still, there's much you can do to gain stability - and you can chart your progress by marking three important milestones:

• Building a foundation – You need to base your financial stability on a strong foundation, which means you must start accumulating the necessary resources. Start by creating an emergency fund, which can help you deal with unexpected costs, such as an expensive car repair, without taking on additional

This article was written by Edward Jones for use by your local Edward Jones Financial Advisor. Edward Jones, Member SIPC Before investing in bonds, you should understand the risks involved, including credit risk and market risk. Bond investments are also subject to interest rate risk, such that where interest rates rise, the prices of bonds can decrease, and the investor can lose principal value if the investment is sold prior to maturity.

save perhaps 10% to 15% of your gross income, including employer matches, in your 401(k) or similar retirement account. If you can't reach this level yet, do the best you can now and increase your contributions over time, as your salary goes up. If the monthly debt payments are straining your budget, consider paying them down even if they have lower interest rates.

• Reaching independence - The final milestone toward achieving financial stability is marked by a feeling of independence - knowing you are taking the steps necessary, and putting a strategy in place, to allow you to reach your financial goals. Work to build a full three to six months' worth of expenses in your emergency fund, which will of-



Thursday, April 22 GILFORD

Boys' Lacrosse at Kennett; 4 Boys' Tennis at Kennett; 4 Girls' Lacrosse vs.

Kennett; 4 Girls' Tennis vs.

Kennett; 4

All schedules are subject to change.

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fer even greater protection against being forced to tap into long-term investments, such as your IRA and 401(k), to pay for unanticipated expenses. Plus, having a sizable emergency fund gives you room to consider making moves such as taking a sabbatical, switching careers or taking time off to care for a loved one. And, while you're still working, save enough for the type of retirement lifestyle you desire. Even though your debt may be manageable at this point, it may still be source of stress. If so, continue paying it down. The less you owe, the more you can put away for retirement.

Achieving these milestones can help you gain the financial stability and flexibility to live life on your terms

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Young Gilford lax-ers expected to learn on the job

BY JOSHUA SPAULDING Sports Editor

GILFORD — A year ago, things were look-

ing pretty good for the Gilford girls' lacrosse team.

Coach Dave Rogacki had his entire team back along with strong incoming а freshman class looking to gain experience alongside the veterans. Additionally, the Golden Eagles had Shelby Cole, who was headed toward 300 career goals. With those things combined, it appeared that Gilford could compete with traditional Division III powers Laconia and Hopkinton.

Flash forward 12 months and Cole is

New Hampshire University and the Golden Eagles have 21 freshmen and sophomores who are learning the high school game for the very first time.

Needless to say, the 2020 season cancellation was a tough one for the Gilford girls' lacrosse program to swallow. However, the team is determined to get to work and turn things in the right direction.

"The foundation we had started was weakened by the virus and now we are rebuilding and learning at the same time," said Rogacki. "The upperclassmen who return will have to take on

playing at Southern the role of teacher on school game as the the field."

> The Gilford coach expects that senior midfielders Taryn Fountain and Kayla Loureiro will be counted on heavily to lead the way in teaching at both ends of the field, while senior goalie Julia Spooner will get defensive protection from senior Bethany Tanner and junior Sophia Lehr. On the offensive side of things, senior Ashley Hart and junior Molly Mc-Lean will be counted on to provide scoring opportunities for the Golden Eagles.

"These seven upperclassmen will have to help the 21 underclassmen learn the high season progresses," Rogacki said.

The Golden Eagles will be leaning on the youth to pick up the game at the varsity level and play some significant minutes. The list includes Emily Watson, Lauren Gallant, Caroline and Maddie Guest, Lexi Shute, Aly Pichette, Sydney Irons, Savannah Neuman, Jordan Spooner, Lydia Stefan, Tessa Tanner and Addy Wernig.

"Those are just some of the 21 underclassmen that will be expected to give us immediate contributions," Rogacki stated.

The good news is that the numbers are strong and the program continues to but Rogacki grow. knows that there will be some speed bumps along the way with a young group of girls.

"As a coach, our numbers are great," Rogacki said. "But this season will be a growth process for the young Eagles to take the program into the future."

The Golden Eagles will be looking at a schedule that features teams almost exclusively from around the Lakes Region. They are scheduled to play five games with Laconia, two games each with Kennett, Plymouth and Kingswood and a single game against Inter-Lakes.

Gilford opened the season after deadline on Wednesday, April 14, at Laconia and is scheduled to host Belmont today, April 15, at 4 p.m. On Tuesday, April 20, the Golden Eagles are slated to be at Kennett and are scheduled to host Kennett on Thursday, April 22, both with 4 p.m. start times.

Sports Editor Joshua Spaulding can be reached at 279-4516, ext. 155 or josh@salmonpress.news.

Mutual Fire Aidcelebrates

Public Safety

Telecommunicators Week

Tanger Outlets offers shopping, savings & style this spring

TILTON — This year's spring collections at Tanger Outlets Tilton have experienced a bright and fashionable makeover. Tanger is offering shopping and savings for a wide assortment of this season's must-have items from top-brand name and designer stores, including Polo Ralph Lauren, Brooks Brothers Factory Store, Banana Republic Factory, Kate Spade New York, Talbots and more. The 2021 TangerSTYLE Sales Event arrived just in time for shoppers to break the cycle of winter's leggings and sweats and

opt for the freshness of spring trends.

From now until April 25, Tanger Outlets Tilton, is offering unbeatable deals on a full assortment of spring products and seasonal additional savings through its exclusive TangerSTYLE Shoppers program. can access the deals before they shop when visiting tangeroutlet. com for an exclusive 25 percent off savings offer.

"This and showcase the latest trends to meet the demands and lifestyle changes of our valued

customers," said Carrie Warren, Chief Marketing Officer at Tanger Outlets. "While fashions have become more relaxed this past year, due to the pandemic, we still wanted to provide our shoppers with the chic, trendy and affordable options to keep them looking their best, even if they're working from home."

TangerSTYLE spring's curated guide has something for evyear, we eryone, from bright worked closely with colors and cheerful our retailers to choose prints, to delicate neutrals and earth tones. This season's popular trends include: Surprising silhouettes are making a comeback. From wide roomy legged trousers to flowy dresses and joyful prints, Tanger has everything you need to stay comfortable and fashionable this spring. Next-Level Neutrals – Slide into the season with shades of baby's breath white. butter cream and desert mist. These delicate, earthy layers make a statement on their own and also blend beautifully with other palettes. · Coastal and Classic – Dip into rich hues of blues, denim and natural at Tanger this spring. Classic styles

that demand attentions from some of our brands like Polo Ralph Lauren Factory Store, Kate Spade, J. Crew and more.

 Spark some joy with color and prints - Vibrant colors and dramatic prints will let your outfit do the talking this season.

For more style, tricks, and savings, please visit tangeroutlets.com/tilton.

> **About Tanger Factory Outlet** Centers, Inc. Tanger Factory

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Region Mutual Fire Aid provides 24/7 Fire/EMS Emergen-Communications cv Dispatch services and mutual aid coordination to 35 communities in the Lakes Region of New Hampshire, and is celebrating the second full week of April (April 11-17) as National Public Safety Telecommunicators Week. This week, sponsored by the Association of Public-Safety Communications Officials (APCO) International and celebrated annually, honors the men and women who respond to emergency calls, dispatch emergen-

LACONIA — Lakes

dividual radio transmissions, over 31,800 telephone phone calls on our emergency lines, and over 21,000 phone calls through non-emergency our phone lines. Continuing to deliver such a high-quality level of service would not be possible without our dedicated and committed staff.

LRMFA Dispatchers are some of the most professional, highly trained, and highly educated Dispatchers in their industry. Their skill and dedication is critical to the success and safety of our areas public safety first responders and the citizens we serve. We are unable to host our annual open house this year due to COVID-19; however, we encourage you to leave a word of encouragement on our Facebook page, or if in your day you need to make a phone call to us, take a moment to thank those who provide critical lifesaving services from "Behind

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cy professionals and equipment, and render life-saving assistance to those in need.

National Public Safety Telecommunicators Week is an opportunity for Lakes Region Mutual Fire Aid to celebrate the work and dedication our employees. of processed LRMFA 26,982 emergency incidents in 2020. These incidents translated to almost 300,000 in-



CARLIN

Carlin is a medium sized, three year old mixed breed who wants to be your best friend! He is easygoing, likes to meet new people, and loves to play a game of fetch! Carlin is very social and seems like he would do well with children, would likely do ok with cats with proper management and introductions, and can be picky with dogs (although he seems to prefer female dog friends).



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Continuing a legacy of companionship Local family works to provide diabetic alert dogs to others

BY ERIN PLUMMER

mnews@salmonpress.news MEREDITH - Mandy Grier's family said the moment she got her diabetic alert dog Mylo, "her life was forever changed"; she got a companion and helped her live an independent life with her type 1 diabetes. Two years after her passing, her family is now working to give children facing the same condition their furry companion and protector.

Mandy's dad, Kevin Morris, and her sisters, Anne Grier and Kelly McAllister, are working to raise money to give a diabetic alert dog every year to one child. To cover the costs, the family has created a cruise service around the lake as well as a GoFundMe account for donations. So far the GoFundMe has raised \$18,560 as of Monday and the cruise company is in progress for this summer. They have already found a good dog for a young girl and will present her with her new companion in May.

Members of the Morris family all come from Meredith. Amanda, Anne, and Kelly all went to Inter-Lakes Schools and the family attended St. Charles Church.

Mandy was diagnosed with Type 1 diabetes at seven-yearsold and she struggled with it her whole life. About eight years ago the family raised money to get her a diabetes alert dog named Mylo.



Mandy Grier with her alert dog and companion Mylo.



M&M Island Cruises is getting ready for its inaugural season.

Mylo was trained to trained to recognize Kevin said. "I would when Mandy's blood love to raise money to sugar level went below get a dog." 80 and she would alert Kevin along with her before she even knew something was going on. Her family said Mylo gave Mandy a healthier and more independent life without as many trips to the hospital.

child with diabetes,"

can get a diabetic alert dog. They are also aiming to turn it into a nonprofit organization.

said his family has been on the lake their whole lives and members of the family have had places on Cotton and Bear Islands.

The boat can hold around 20 people and has an upper deck with a spiral staircase and a bathroom. The company will offer charter cruises around the lake for groups of up to 18 people for morning cruises, wedding parties, bachelor and bachelorette parties, and many other occasions. A portion of the proceeds from each cruise will go toward getting a diabetic alert dog for a child.

Kevin has been working to make the boat suitable for commercial cruises, including getting all the licenses and following all the safety requirements.

Researching the dogs, Kevin said he was surprised to learn a diabetic alert dog costs an average of \$15,000 to \$30,000. He said he also didn't know where to find a trainer or find a child who could use one.

About five weeks ago he found Gilford's Golden Guardians Service Animal Training, a Gilford-based company founded by Kaarla Westin to train golden retrievers to be medical alert animals, SEE **SERVICE DOGS** PAGE A8

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Diabetic alert dogs are trained to recognize when their handler is having low or high blood sugar and is able to alert them so they can take and actions before their blood sugar gets to dangerous levels.

"It was her happiest six years of her life," Kevin said. "Not only was she a companion, but it was like having a doctor with her at all times."

Mandy died on Feb. 22, 2019 from complications with diabetes at the age of 42.

"When Mandy passed away, I really wanted to do something in memory of Mandy and to help a



his Anne and Kelly put together M&M Angel Service Dogs, named after Mandy and Mylo, raise money so a child

To help with this endeavor, Kevin bought a 39-foot pontoon boat and started M&M Island Cruises. Kevin



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LRPA continues celebration of films Overlooked by the Oscars

LACONIA — This year, April is Oscar® month, and as always, LRPA After Dark wants celebrate achieveto ments is film. But what about when Hollywood fails to recognize great movies, including some that go on to be considered classics? It turns out that many fine films get passed over during awards season. This month, Lakes Region Public Access Television will screen movies "overlooked by the Oscars," featuring wonderful films and spectacular performances that never won anything. This weekend (April 16 & 17) we present 1934's melodrama "Of Human Bondage," starring Bette Davis and Leslie Howard.

Philip Carey (Howard) is socially awkward and painfully self-conscious due to a congenital deformity of his foot. He has dreams of becoming an

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his teacher to give up on those dreams due to limited talent. Philip returns home to London to enroll in medical school. Joining a fellow student at a tearoom, Philip meets Mildred Rogers (Davis), an unrefined Cockney waitress who attracts many of her male customers with her wanton ways. Philip tries to flirt with Mildred, but she rudely rebuffs him. Undaunted, he persuades her to go on a dinner date, where she continues to mistreat him. Philip becomes obsessed with Mildred, daydreaming of her instead of studying for his exams. He proposes marriage, but she rejects him for another man, taunting him for loving her, and leaving Philip brokenhearted. Just as Philip is getting his life back together and finding contentment with another woman, Mildred

artist but is advised by his teacher to give up on those dreams due to limited talent. Philip returns home to London to enroll in medical school. Join-

Bette Davis was so convinced that "Of Human Bondage" would be her breakthrough film that for six straight months, she begged Jack L. Warner, the head of Warner Brothers, to lend her out to RKO to make this picture. Warner felt that the terribly unglamorous and indecent part would ruin her career. but he eventually gave in. It was the right decision, as both critics and movie goers alike found her spellbinding in this sadistic, heartless role. Davis had made 21 films before "Of Human Bondage," but it was the character of Mildred the waitress that catapulted her to Hollywood superstardom. Many critics (and Davis herself) believed that she would be nominated for an Oscar for her raw and riveting performance, but the nominations committee did not agree. The public created an uproar, so Davis received an unusual writein nomination. However, It Happened One Night received all five of the top awards, including Claudette Colbert for Best Actress. However, Davis's snub led to a great deal of publicity and helped further her career. It also prompted the Academy to change the rules, forever banning write-in votes.

Adapted from the novel by W. Somerset Maugham, "Of Human Bondage" was made into a movie two more times, once in 1946 with Paul Henreid and Eleanor Parker, and again in 1964, with Kim Novak and Laurence Harvey. Neither film was the critical success that is our original. The New York Times critic Mordaunt Hall wrote that Davis's portrayal of Mildred was "enormously effective" and said this of Leslie Howard's performance: "One might be tempted to say that his portrait of Philip Carey excels any performance he has given before the camera." This film truly is a classic. Grab your popcorn and meet us after dark for the movie that made la Davis a star.

SERVICE DOGS

service animals for people with autism, and emotional support animals. Kevin said he learned Weston already knew a lot of the answers he was look-



Mark your calendars as LRPA After Dark celebrates a month of films overlooked by Oscar®:

April 16 & 17: 1934's "Of Human Bondage," starring Bette Davis and Leslie Howard

April 23 & 24: 1 9 4 0 ' s "His Girl Friday," starring Rosalind Russell and Cary Grant

You can't find television like this it anywhere but LRPA TV, Atlantic Broadband Channel 25. Not a subscriber? Join our live stream at lrpa. org/watch-us-live/ to catch all the fun.

About Lakes Region Public Access

Television (LRPA) Lakes Region Public

Access Television (LRPA) is a nonprofit, non-commercial public access TV station and community media center located on the Laconia High School campus in Laconia. LRPA cablecasts locally

ing for, including con-

nections to different

hospital's endocrinol-

ogy departments and

contact with five dif-

ferent breeders around

service was still get-

ting underway, Kevin

said they thought they

wouldn't be able to get

a dog for someone un-

til around 2022. Kevin's

daughter Annie start-

ed a GoFundMe page

to raise money to get a

dog sooner. Since then

the fund has raised over

\$18,500.

Since the charter

New England.

on Atlantic Broadband Channel 24 (educational programming), Channel 25 (information and entertainment) and Channel 26 (government meetings) to more than 12,000 homes in our member communities of Belmont, Gilford, Laconia, Meredith and Northwood. Programming is produced by and for the people of the greater Lakes Region. LRPA's mission is to empower our community members to produce content that

• fosters free speech and the open exchange of ideas,

• encourages artistic and creative expression,

• promotes a well-informed public through governmental transparency, and

• unites our communities through the power of media and technology.

LRPA's slogan: Community empowered by media. Visit us on the Web at www.lrpa.org.

(Continued from Page A7)

during a special presentation at the Meredith town docks on May 29.

After about a month, the dog will go through a 10-week training period and learn how to recognize when her blood sugar goes over or below certain numbers. The dog will go through two hours of training a day, then return home with her family. At the end of training the dog will be a full alert dog and be able to accompany her to school and other places.

The family spoke p



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Tracy Lewis or Lori Lynch (603) 616-7103 (603)444-3927 tracy@salmonpress.news lori@salmonpress.news with the endocrinology department at Wentworth-Douglass Hospital in Dover and the hospital put them in contact with a family that really could use this dog.

The recipient will be a little girl who was diagnosed with type 1 diabetes at 4. Kevin said he and Annie and Kelly met the girl and her family.

"It was a little emotional for them because they were going to receive the dog, emotional to us because were doing this in memory of my daughter," Kevin said. "The thing that makes my side of the family happy, we actually had a dream or a mission and now we're actually giving the dog away."

The girl will receive her 12-week-old puppy

Kevin said he even found out the puppy's mother was named Mandy.

"That kind of made us all say maybe my daughter is running the show from heaven," Kevin said.

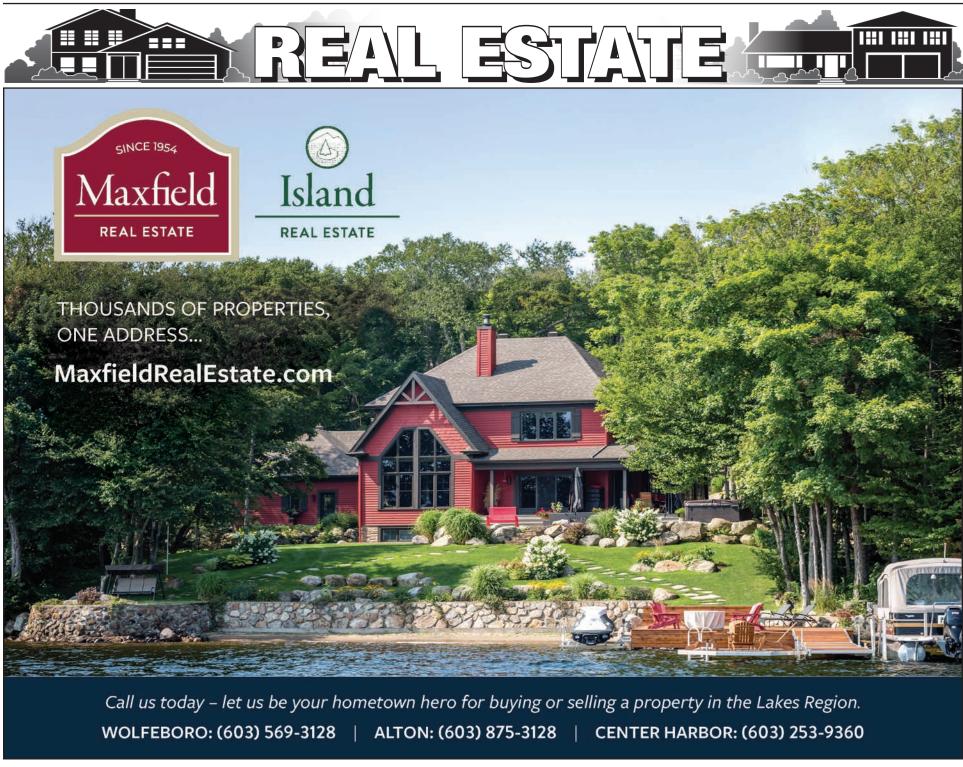
Kevin said they hope to present a new dog to a new child every June. He said he wants to continue doing this for the rest of his life and has told his daughters he wants them to continue the tradition when he's gone.

For more information on M&M Island Cruises visit www. mandmislandcruisesnh.com.

To contribute to the GoFundMe for M&M Angel Service Dogs, visit https://gofund. me/1e08352b.



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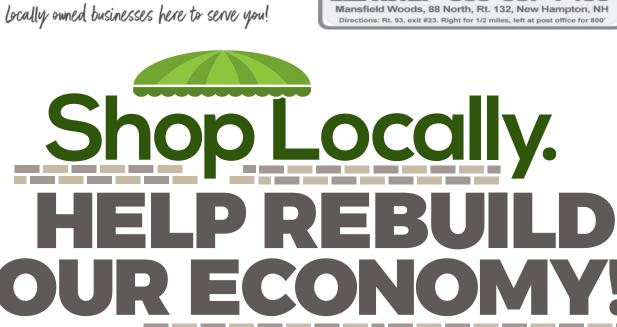
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The Town of Barnstead is seeking qualified applicants to fill a seasonal position. Candidate must be at least 18 years of age, possess a valid NH drivers' license and successfully complete a pre-employment criminal background check.

> Job description and applications available at Town Hall and on the website at: www.barnstead.org

Letter of interest and resume must be submitted by the close of business May 17th, 2021, to:

Board of Selec



NC: Upper Connecticut Valley Hospital

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The Rest of the Story

FOOTLOOSE

(Continued from Page A1)

TRAVEL

plied to any visitors to the state from outside New England.

In response, the town of Gilford applied this policy to its employees and the Gilford School Board applied it to all students, faculty, and staff in the district. On March 16, Gov. Sununu relaxed that guideline, and both the town and the school district have followed suit.

Under the revised policy New Hampshire residents aren't required to quarantine after travel anywhere in the 50 states. People are advised to follow the CDC's guidance on traveling including properly wearing well-fitted masks, practicing social distanc-

ing, getting a PCR test within three to five days after returning home, and limiting public interactions after travel.

Quarantine is still required for anyone who travels outside the country or goes on a cruise ship. People will be required to quarantine for 10 days, or quarantine for seven days with a negative PCR test. The only exception to this is people who are traveling to Canada for reasons that qualify as essential under the policy.

More details on the state's travel guidelines can be found here https://www.dhhs. nh.gov/dphs/cdcs/ covid19/documents/

travel-guidance.pdf.

(Continued from Page A1)

In response, town administrator Scott Dunn drafted a relaxed policy for town employees and presented it to the selectmen during their March 24 meeting.

"I think this is indicative of a slow relaxing of the pandemic conditions and it's based on state regulations," Dunn said.

The board unanimously approved the new policy.

The Gilford School Board also voted on a revised travel policy for students, staff, and faculty during the April 5 meeting. An announcement of the change was posted on the Gilford Middle School Web site.



The new cast of the Gilford High School production of "Footloose" rehearse for the show this weekend.

Green said.

EDITORIAL

"Footloose" will take the stage at the GHS Auditorium on Friday,

April 16, and Saturday, April 17, at 7 p.m. Tickets are only available online and can be found at

https://www.onthestage. com/show/gilford-highschool/getting-to-knowfootloose-73745.

PARKS AND REC

open for ages 6-14 from 9 a.m.-noon, and a Mini Soccer program is available for ages three to five from 5-6 p.m.

The program costs \$132 for the Half Day program and \$97 for the Mini Soccer program. Register online by June 12 to receive a free jersey.

Gilford Old Home Day is tentatively scheduled for Aug. 28 this year. Last year's event was canceled due to the pandemic, though the town is looking toward holding it this

PLASTICS DRIVE

of state, been around someone who is Covid 19 positive or suspected positive, please stay safe at home."

"All guidelines set up by the CDC and Governor Sununu will be followed," Lions Vice-President Allyn Bridge

added.

"Plastics donated will be used safely by a manufacturer of composite decking and outdoor furniture in Maine," said Lion Bill Chandler. "This is our second plastics recycling drive. Start saving your

sought for the Old Home Day Committee.

year. Volunteers are also

(Continued from Page A1)

For information and registration forms for any these programs, visit https://www.gilfordrec. com/parks-recreation and call 527-4722.

(Continued from Page A1)

soft plastics now to keep them out of our eco-system. Look for the yellow Lions vests in front of the little white church at 172 Pleasant St."

For more information on the event or on the Lions Club, you can call 998-5549.

Their flag to April's breeze unfurled, Here once the embattled farmers stood,

And fired the shot heard 'round the world

Some historians say that because the Battle of Concord was the first real American victory in the Revolutionary War, that shot, should be considered the one heard 'round the world'. Other historians say that because the first shot took place in Lexington, that should be the famous "shot heard 'round the world."

In his diary, Paul Revere wrote about the battle, "I heard the report, turned my head, and saw the smoke in front of the British troops, they immediately gave a great shout, ran a few paces, and then the whole fired. I could first distinguish irregular firing, which I suppose was the advance guard, and then platoons. At the time I could not see our Militia, for they were covered from me, by a house at the bottom of the street."

In Concord, British Lieutenant Colonel Francis Smith in a report to General Thomas Gage said that the British were the first to fire in Concord, stating "While at Concord we saw vast numbers assembling in many parts; at one of the bridges they marched down, with a very considerable body, on the light infantry posted there. On their

(Continued from Page A4)

coming pretty near, one of our men fired on them, which they returned."

The debate has continued between the towns of Concord and Lexington, as to which is the birth place of American Liberty. Even though the first shots took place in Lexington, Emerson's 'Shot' was fired in Concord.

In 1875, President Ulysses S. Grant wanted to forgo attending the centennial to avoid conflict between the two towns. In 1894, the Lexington Historical Society sought to name April 19, 'Lexington Day' to the outright objections of Concord citizens. To ease both towns, a compromise was made where April 19 is now referred to as Patriot's Day.

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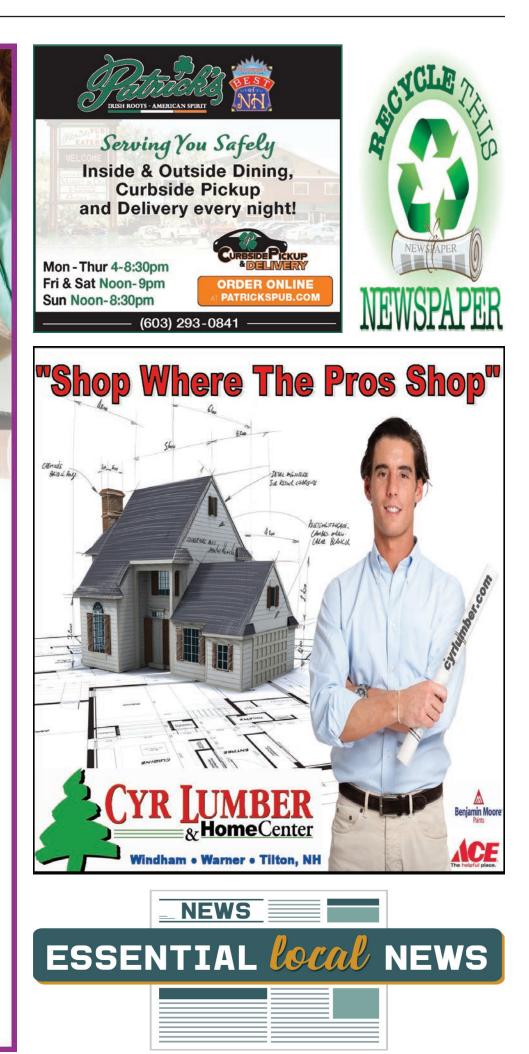
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