

Officer Evan Boulanger of the Belmont Police Department demonstrates commands with his partner Vito during Belknap County Public Safety Day.



Trooper First Class Lawrence Lundt of the New Hampshire State Police shows the State Police

### Local first responders meet the public during Public Safety Day

BY ERIN PLUMMER

eplummer@salmonpress.com

Families could meet with firefighters, police officers, rescue vehicles, and many others that secure the safety of people in Belknap County and beyond during the annual Belknap County Public Safety Day.

Cruisers, fire trucks, dogs,

demonstrations and more could be found at Gunstock on Saturday. This was the second Public Safety day after a long period of dormancy and a resurgence last year.

Sgt. Rob Nedeau of the Belknap County Sheriff's Office said this was a good opportunity for different departments to come out in one place

and interact with members of the community.

Nedeau said many of the police departments interact on a regular ba-

"We don't talk to the fire side a lot, so it's a good chance to talk with them," Nedeau said. The event saw participation by 14 different departments, including

local police and fire departments as well as the Sheriff's Office, Belknap County Regional Special Operations Program, NH State Police, New Hampshire Marine Patrol, Lakes Region Mutual Fire Aid, LRGHealth-

care, and others. Each department had vehicles on display that people could take a look at. Kids could also climb in the seats. Some goodies like Frisbees, hats, stickers, and other items. Departments also passed along safety tips

and information.

The Gilford Fire Department did a demonstration on auto extrication with a simulated accident with help from Rusty's Towing.

Belmont Officer Evan Boulanger and Alton Off. Chris Johnson did a demonstration with their respective K-9 partners Vito and Syren. They showed their respective dogs' skills departments also had in discipline and commands, tracking items, and finished with a bite demonstration. During the demonstration they

explained the work and abilities of their K-9 partners and answered questions.

Officer Steve Marsh of the Center Harbor Police Department talked with visitors, letting kids see the inside of his cruiser, and passing out Frisbees and stickers.

"It's a good opportunity to meet people," Marsh said.

Marsh said this is an opportunity to see a lot of people they would not normally see.

"It's just a chance to SEE **SAFETY DAY** PAGE A14

### School district submits CIP

BY ERIN PLUMMER

eplummer@salmonpress.com

Classroom locks will be addressed earlier and the district will look into setting aside money for locker room renovations as part of discussions on capital projects in the school district.

On Tuesday, Finance Director Scott Isabelle presented the list of projects on the district's Capital Improvements Program to the Gilford School Board. After approval by the board, the list will be presented to the town.

The list of items for next year includes \$75,000 to resurface the track. The track is 14-years-old, Isabelle said that surface is in "pretty good shape" and has been well maintained. The rubber surface, however, is starting to peel off and will need to be redone.

Another project will be to replace the older lighting in the auditorium with LED lights. The lighting was installed in 1974 and they have been having problems replacing bulbs.

Phase two of the project will replace the stage curtains, which were installed in 1980.

Another project for this year will be to replace projectors and Smartboards.

The total cost of the capital items for next year's budget will be \$206,200. Isabelle said it has been a goal of the board is to keep year-

ly capital costs close to \$200,000 to not have big budget spikes.

Installing a new roof at Gilford Middle School is scheduled for the 2018-2019 school year. The roof was installed in 2003 and had a 15-year guarantee, though the roof was made with PVC material that is now shrinking and pulling away from the walls.

In the 2019-2020 school year is the proposal to repoint the masonry at Gilford Elementary School and replace windows with more energy efficient ones. The bricks were last repointed in 1956 and Isabelle said they are showing cracks.

That year the district is also aiming to upgrade the wireless system and

access points. Replacing the fire alarm system at GMS has been scheduled for 2020-2021, as the district has been having trouble finding replacement parts for the system.

Replacing the classroom door locks at GES was scheduled for the 2021-2022 school year. Because of the different ages of the building there are different locksets on the classroom doors. A review by the Department of Homeland Security recommended that all the locks be changed to have one type of key so a teacher could close and lock the door in a second in the event of a

lockdown. Gilmanton school

board member Adam Mini said the Gilmanton School installed a separate lock mechanism in the classrooms, avoiding a big project to change all the locks. The system activates from inside and the only way it can be opened from outside is by first responders, who would have a key.

Board member Sue Allen said that project should be moved forward, asking if the wireless project could be moved back to 2021 so the locks could be addressed

SEE CIP PLAN PAGE A14

### GHS Student Council getting a busy start to the year

BY ERIN PLUMMER

eplummer@salmonpress.com

Homecoming, the pumpkin decorating contest, and a new school wide motto are just a few activities Gilford High School's Student Council has been working on for the first few months of Council is doing at the

On Tuesday, student representatives and student council co-presidents Jack Harding and Kayla Zarella updated the Gilford School Board on what the Student

beginning of school year.

On Friday, the council held freshmen elections, electing two representatives from Gilford and one from Gilmanton.

The week before mem-SEE **STUDENT** PAGE A14

### Gilford PTA hosts big movie night

**BY ERIN PLUMMER** 

eplummer@salmonpress.com Gilford area families enjoyed a movie night under the stars thanks to the PTA and some

friends. On Friday night, families gathered at the Gilford Village Field for the PTA's movie night.

The event was held with support from the Parks and Recreation Department and the Gilford Youth Center. The GYC offered use of it big inflatable movie screen for the event.

Members of the PTA served free popcorn for attendees. There were also games out on the field.

the sky When darker families



ERIN PLUMMER

PTA members Gigi Johnson and Jill Desruisseaux help serve popcorn before the movie.

watched the newest adaptation of "The Jungle Book" on the big screen.

The event was entirely free and anyone in the district was welcome to attend.

**PTA** president Sharyn Sasserson said they did a middle school movie night in March, then she and PTA sec-

retary Jill Desruisseaux have been talking about doing one in the summer. Sasserson said when she lived in Cal-SEE MOVIE NIGHT PAGE A14 A2 THE GILFORD STEAMER
THURSDAY, SEPTEMBER 15, 2016

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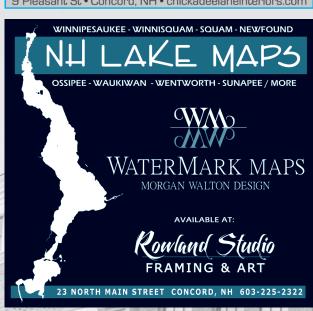
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### Notes from the Gilford Public Library

BY MARK THOMAS

Library Correspondent

We have some heavy art on display at the library. It's mostly wood, some granite, and as much meaning as you can wrap your head around. Wood and stone are serious mediums to sculpt, but T. Sammie Wakefield has a natural gift and compulsion to turn them into something wondrous. Her sculptures are here throughout September and they have been marveled at by most patrons visiting the library.

As she explains, she has "sawdust in [her] gene pool." Her ancestors have worked with wood for much of their lives. Her grandfather had a white oak bourbon barrel stave mill and her parents lived on a tree-farm. Wood has natural defects and qualities unique to each cut which she uses a part of the design. Leveraging the natural beauty of the wood, she is able to make art that wouldn't have been possible with other mediums. She says

that she sculpts as a "way of responding to the beauty and lushness of the natural world." Sculpture lets her convey complex ideas without words. One of the most breathtaking pieces even has a sign 'Please Touch' to encourage us to experience the art.

Many of the pieces have a natural motif, depicting animals and insects in lifelike poses. The styles vary to emulate the impression that each scene suggests. The down bird resting in a stone nest looks supernaturally soft as wood in contrast. The flowing, curvy knots of another piece of wood support the harsh and speckled lines of a granite slab. Some of the polished wood appears to flow, suggesting movement, even away from the same wood hunk. The variety speaks to Sammie's tal-

Sammie has worked as an occupational therapist for much of her life and is still volunteering her time to seating-clinic work with children in

Peru. Most of sculptures have been created over the last 36 years. The art on display are in personal or private collections, many of which usually reside in Sammie's home in Moultonborough. The art will only be on display until the end of September, so be certain to come by and witness the exhibit while it's still here!

> Classes & **Special Events Sept. 15 to Sept. 21**

Thursday, Sept. 15 Library Card Sign Up Month Visits, 10 a.m.-

Kayleigh will visit the Walmart Plaza with library card mascot Rita Book to promote Library Card Sign Up Month. Visit her to sign up for a new library card and to learn about all the services a library card offers.

Play and Learn, 10:30-11:30 a.m.

Bring your child to this special sign-up playgroup. A new activity will be offered each week. and coffee will be served to caregivers.

Magic the Gathering

Club, 2:30-3:30 p.m.

The Magic the Gathering Club has started again this school year at this new time. For fifth-12th graders. The library has some decks, but feel free to bring your own cards if you have them and get excited for some good games.

Conversational French, 3:30-4:30 p.m.

Friday, Sept. 16 Social Bridge, 10:30 a.m.-12:30 p.m.

Knit Wits, 1:30-2:30

Conversational Ger-

man Class, 2:30-3:30 p.m.

Saturday, Sept. 17 Library Card Sign Up Month Visits, 11:30 a.m.-

Kayleigh will visit the Gilford Farmer's Market with library card mascot Rita Book to promote Library Card Sign Up Month. Visit her to sign up for a new library card and to learn about all the services a library card of-

> Monday, Sept. 19 Mahjong, 12:30-3 p.m. SEE **LIBRARY** PAGE A14

#### GILFORD POLICE LOG

The Gilford Police Department responded to 271 calls for service and made the following arrests from Sept. 6-11. Please note that the names of juveniles, and those of individuals taken into protective custody but not formally charged, have been withheld.

Isaac Paul Brake, age 43, of Gilford was arrested on Sept. 7 for Driving After Revocation or Suspension and Driving Without Giving Proof.

Michael E. Noonan, age 40, of Gilford was arrested on Sept. 7 in connection with an outstanding bench warrant.

Ruth O. Lund, age 57, of York, Maine was arrested on Sept. 8 for Aggravated Driving While Intoxicated.

Todd A. Duval, age 28, of Laconia was arrested on Sept. 9 for Driving After Revocation or Suspension.

Kathryn Moore, age 51, of Laconia was arrested on Sept. 9 for Driving While Intoxicated and Conduct After an Accident.

Christopher

Columb, age 32, of Laconia was arrested on Sept. 10 for a Stop Sign/ Yield Sign violation, Disobeying an Officer, and a Line Violation.

A 27-year-old male from Lowell, Mass. was taken into protective custody for intoxication on Sept. 10.

A 32-year-old male, identified as a transient, was taken into protective custody for intoxication on Sept. 11.



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Announcements





Gilford Public Library

Top Ten Requests

3. "A Great Reckoning" by Louise Penny

4. "The Woman in Cabin 10" by Ruth Ware

9. "Sweet Tomorrows" by Debbie Macomber

2. "After You" by Jojo Moyes

6. "The Girls" by Emma Cline 7. "Obsession" by Nora Roberts 8. "Hillbilly Elegy" by J. D. Vance

10. "Bullseye" by James Patterson

1. "The Underground Railroad" by Colson Whitehead

5. "The Light Between Oceans" by M. L. Stedman



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Obituaries and Announcements

Photos are also welcome, but must be submitted in jpeg format. Please contact Executive Editor Brendan Berube at (603) 279-4516, ext. 111 with any questions regarding the submission process.



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# ()PINION

### **Pet of the Week:** Hoagie



Hoagie arrived at New Hampshire Humane Society in May. There really is nothing about this extremely handsome cat you could not be totally enamored with. He's resplendent in his lovely luminous white coat, and those spectacular yellow eyes will pierce your heart. Look down at his paws and see he has that special feline gene that created extra toes, his paws look ever so much like oven mitts!

Hoagie wasn't in the best of shape when we first took him in – but we've fatten him up, brought his vaccines up to date, freed him of the parasites that were living off his body, and generally given him hope that a new forever home awaits. Hoagie of course, rests many years of cozy companionship. Visit this majestic boy – you be glad you did.

Call 524-3252 check

#### blissfully at our animal shelter, he may be hard of hearing making a firm pre-requisite, we want him to be an indoor cat- assured of safety at all times. Perhaps about four years young, Hoagie and his new family will enjoy

www.nhhumane.org

### Bilford

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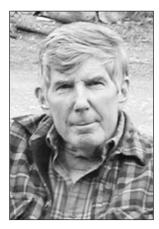




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#### NORTH COUNTRY NOTEBOOK

### One season ends, another begins: Time for the garden to die



By John Harrigan

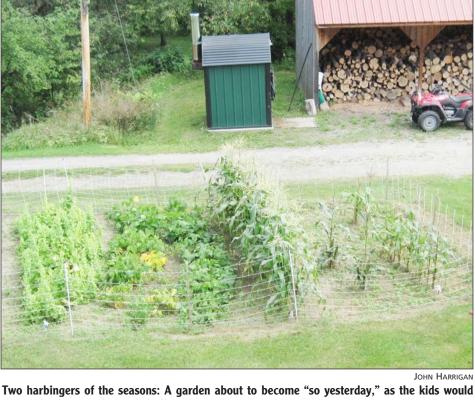
**COLUMNIST** 

My garden is like a weekend guest---it arrives all of a sudden, we get to know each other again, and then it's gone.

I put it in just yesterday, over Memorial Day weekend, in the usual manner: corn to the rear, then beans, then beets and carrots and radishes and lettuce, and finally three round mounds of cucumbers. It all has a seasonal cadence, near the end a foxtrot with

And now most of it has seen its day, ready to be pulled, gone to

I remember riding in a car with my mother and her mother, when I was very small, driving down the Vermont side of the Connecticut Riv-



say, and a furnace about to chuff.

er, in Lemington, along the steep and dark and spooky side of Monadnock, our Monadnock, not to be confused with Thoreau's love story in Jaffrey, and my grandmother saying that most of the wildflowers had gone to seed. I heard it as "Gone to sea," and in the wonders of childhood imagined thousands of flowers floating down the river, floating all the

way to the sea.

No, gone to seed, as in "Job done, time to die." There is my Black-Seeded Simpson, for instance, bolting for the sky, too late to reach, its leaves long since too bitter to eat.

Grandfather Carl Harrigan was one of the best gardeners in Lisbon, 70 or so miles and ten days' growing season down the valley from where I live now, and every spring he would compete with a

gardener across town, on the other side of the Ammonoosuc, for the first peas. When I was five or so he bought me a little kid's gardening set, and sectioned off a little square of his garden nearest the house for me, and taught me how to plant it.

And there is was in the good soil and bright sun along the road to Landaff, my own little garden, and as I spent SEE **NOTEBOOK** PAGE A15

### **Thoughts from the Thrift Shop**

#### News from the Gilmanton Community Church Thrift Shop and Food Pantry

ing a 50 percent off sale on all children's clothing and accessories during the month of September.

In addition, fall and winter clothing will also be available starting Sept. 19. Note that Oct. 3 will be the last day that we will be open on Monday. Wednesday and Saturday hours will remain the same.

The Director and volunteers at the Food

the anonymous person or persons who have kept our lawn mowed this summer. It is not always easy to transport one's lawnmower to the site and this act of kindness is most appreciat-

The Food Pantry welcomes donations which may include cash, unexpired food items and gently worn clothing and accessories in good

Children are back to Pantry and Thrift Shop condition. In addition, book.com/Gilmantonunteers. Two hours on a Wednesday or Saturday afternoon. If you have a couple of hours a month to spare and enjoy meeting people, please contact Barbara Reed, Volunteer Coordinator at 556-9449.

> Gilmanton Food Pantry & Thrift Shop is an outreach program of the Gilmanton Community Church. Visit us on Facebook at: www.face-

> in a retirement account.

What that really means

is that all the IRAs and

401(k)s that were set up

by brokers with A, B or

C shares are now being

converted to advisor

class funds in a fee based

account. The problem

with this from the cli-

ent's perspective is that

they have been paying

school and the Gilman- extend a heartfelt thank the Thrift Shop is al- CommunityChurch and ton Thrift Shop is featur- you to Pastor Chris and ways seeking new vol- we thank you for your patronage and support.

> Hours: Monday, 1-4 p.m., Wednesday, 3-6 p.m. and Saturday, 10 a.m.-2 p.m.

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### **MARK ON THE MARKETS**

### Commission to fee?



This spring, a new

law goes into effect de-

signed by the Department of Labor known as the fiduciary rule. While there are many lawsuits in the making attempting to overturn parts of this rule, no one knows if there will be any changes. But as of now what the broker community knows is that soon, they can no longer use commissioned, or loaded funds with 12 b1 fees

commission for fund shares in lieu of advisor class funds in a feebased account for many

years. Now those funds are being shifted into a fee-based account anyway. Brokers who sell products like loaded mutual funds in retirement accounts received an upfront commission for the sale of the shares and

then a trail commission on assets in those funds. Because this new ruling

requires that your bro-

ker, advisor or anyone

else who works with your retirement money act in a fiduciary capacity, in other words, doing what's best for the client, not the broker. Investment advisors like myself are obligated to treat our clients with fiduciary care and that retirement money be placed in an account that uses low-cost mutual funds, exchange traded funds or individual stocks and bonds. Products like indexed annuities, if used must be well justified and fee transparent. Asset management fees charged to manage those assets should be very fair and transparent to the client, along with any fees or cost charged by the fund itself.

If you are one of those clients that has been told that you are going

SEE MARKETS PAGE A15

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### **Annual Turkey Plunge approaching**

LACONIA — The 12th Annual Turkey Plunge for the local Salvation Army will take place on Saturday, Oct. 29 at Opechee Cove Beach in Laconia. This fun-filled family oriented event allows daring souls to run into the water at Opechee Beach while raising money through pledges for the work of our local Salvation Army.

The festivities will start at 11 a.m. with radio host, the incomparable Pat Kelly at the mike once again. Plungers are encour-



Tommy Turkey, mascot of the Salvation Army's Turkey Plunge and Captain Scott McNeill ask everyone to save the date for this year's event.

aged to go jump in the lake wearing costumes

with prizes awarded for the best costumes. Im-

mediately following the Laconia Middle School. Plungers and the team

Plunge, a luncheon will Door prizes and awards raising the most money be served at the adjacent for the team with most for the Salvation Army SEE **TURKEY** PAGE A15

### Join Prescott Farm for their **Seventh Annual Harvest Festival on Saturday**

LACONIA — Prescott Farm is excited to share that we will be holding our Seventh Annual Harvest Festival on Saturday, Sept. 17 from 10 a.m. – 3 p.m. Join us again as we celebrate harvest time at the farm!

> Come and enjoy

a variety of festivities including; horse drawn hayrides, face painting, petting farm, music, games, food and more! There will be something for everyone and admission is free!

Prescott Farm offers public programs designed to encourage environmental ploration for all ages; field trips; WildQuest Day Camps (during school vacation weeks February, April & June-August); a Naturalist in the Classroom program which fosters long-term partnerships with local elementary schools; and Fledglings, a nature-based preschool. The 160 acre historic

family farm features woodland and field trails, historic barns,

ple sugaring operation SEE **HARVEST** PAGE A15

### Gilford Parks and Recreation News

Gilford Parks and Recreation

Senior Moment-um

Movie and Breakfast -Monday, Sept. 19

The Gilford Parks and Recreation Department will be sponsoring a Senior Moment-um program on Monday, September 19th. We will meet at the Community Church, Fellowship Hall at 9:00 am for breakfast and a movie! We will be watching the "The Intern", the newly released

comedy starring Robert De Niro, Anne Hathaway and Rene Russo. The movie and coffee are free of charge. We will also have breakfast available for anyone interested at \$2 per person featuring pancakes, sausage and juice. So please join us to watch this modern classic! Participants are asked to RSVP by Thursday, Sept. 15.

For more information or to RSVP, please call the Parks and Recreation Office at 527-4722.



#### Laconia Rotary Club announces 2016-17 officers

The 2016-17 Laconia Rotary Club Board of Directors recently met with Rotary District 7870 Governor Dennis McMann of Nashua and Assistant Governor David Pereira of Gilford to discuss Rotary Club goals for the year. Pictured at the Belknap Mill in Laconia are (standing left to right): David Pereira (District AG); Curtis Stafford, Director; Pat Anderson, Secretary; Rob Stewart, President-Elect; Joanne Piper Lang, President; Kevin Conway, Director and District Governor Dennis McMann. Seated are Jon Nivus, Treasurer, Jim Lowell, Director and Hazel Zimmer, Sergeant At Arms. Laconia Rotary, founded in 1925, is a committed, friendly and diverse group of professionals who value service to the community and education. We support local projects that are of benefit to our community and its youth, seniors, and people in need. Laconia Rotary is part of an international network that values service above self. The club meets at noon on Thursdays at the Belknap Mill. For more information about Rotary and to learn how you can get involved, call Joanne Lang at 524-8811 or email laconiarotary@gmail.com, visit the website at www.laconiarotary.org and find us on Facebook.



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LACONIA ADULT EDUCATION LACONIA SCHOOL DISTRICT
345 Union Avenue, Laconia, NH 03246
603-524-5712 **FALL SEMESTER 2016** 



COURSE TITLE W	EEKS	FIRST CLASS	TIME	ROOM	TUITION	INSTRUCTOR
A Mindfulness & Movement Approach to Back & Neck Pain	4	Wed. Sept. 21	6:30-8:00	CTC: H235	\$40.00	R. Hochsprung
Abundance and the Law of Attraction!	1	Tues. Oct. 18	6:30-8:00	203	FREE	C. Lovett
Acupuncture, Herbs & Holistic Medicine	1	Tues. Sept. 27	7:00-8:30	608	FREE	B. Paterson, ND
Affordable Health Care/Marketplace: Understanding How it Works		Mon. Oct. 17	6:30-8:30	614	FREE	D. Toomey
Bead Weaving: Learn the Basics!*	6	Wed. Sept. 28	5:00-8:00	Bead Divine	\$50.00	C. Ordway
Belly Dancing Fun & Exercise for Beginners!	10	Mon. Sept. 26	6:15-7:30	Cafeteria	\$60.00	A. Aldrovandi
Computer: IPAD & Social Media: Tips & Tricks	4	Wed. Sept. 28	6:00-7:30	611	\$30.00	S. Fortin
COOKING: Chinese Cooking*	5	Thurs. Sept. 29	6:00-8:30	CTC: H220	\$50.00	Y. Li
Easy Cooking: Quick, Healthy & Delicious*	3	Wed. Sept. 28	5:30-7:30	CTC: H220	FREE	E. White, RD,LD
Farm to Table Cuisine: Seasonal & Locally Grown!*	5	Tues. Sept. 27	6:00-7:30	CTC: H220	\$50.00	S Baldwin-Welcom
Dog Obedience: Beginning*	8	Wed. Sept. 28	6:00-7:00	WHS	\$50.00	C. Bancroft
Dog Obedience: Advanced*	8	Wed. Sept. 28	7:00-8:00	WHS	\$50.00	C. Bancroft
Emotional Freedom Technique (EFT): Change is Possible	1	Tues. Nov. 8	6:00-7:00	604	\$10.00	C. Turgeon
Estate, Wills, Trust & Guardianship Planning	1	Tues. Oct. 4	7:00-9:00	613	FREE	S. McGuffin
Fly Tying*	9	Mon. Sept. 26	6:30-8:30	509	\$45.00	M. Cox
French for Beginners (Conversation)*	10	Mon. Sept. 26	7:00-8:15	202	\$45.00	M. Burke
Genealogy: Problems Finding Your Family Roots?? Learn How!	3	Wed. Sept. 28	6:30-8:30	204	\$25.00	C. North
Golf for Beginners: Learn to Play!	5	Sat. Sept. 17	1:00-2:00	Laconia C.C.	\$70.00	D. Wilkins Golf Pro
Golf Intermediate: Sharpen your Game!	5	Sat. Sept. 17	2:30-3:30	Laconia C.C.	\$70.00	D. Wilkins Golf Pro
Guitar for Beginners! (Level I & II)	6	Thur. Sept. 29	8:00-9:00	607	\$50.00	C. Page
Holistic Roots to Healthy Living & Life Style Choices!	6	Tues. Oct. 4	7:00-8:30	608	FREE	B. Paterson, ND
How To Handle the Hectic Holiday	1	Tues. Nov. 15	6:00-7:30	604	\$10.00	C. Turgeon
How To Start A Business	6	Tue. Sept. 27	6:00-7:30	614	FREE	S. Pierce
Ink Tiles	1	Wed. Oct. 26	6:00-8:00	509	\$20.00	E. Keefe
Life Coach	5	Tues. Sept. 27	6:00-7:30	615	\$99.00	E. Clement
Line Dancing for All Ages!	6	Thur. Sept. 22	6:30-7:30	Cafeteria	\$40.00	G. Maloof
Line Dancing for All Ages!	6	Thur. Nov. 3	6:30-7:30	Cafeteria	\$40.00	G. Maloof
Mosaics: A New Modern Technique!	4	Wed. Sept. 28	6:00-8:00	509	\$60.00	E. Keefe
Oil Painting Studio*	10	Thur. Sept. 29	6:00-8:30	509	\$70.00	C. Halsey-Keller
Photography Fun: Using Your Digital Camera!*	5	Tues. Sept. 27	7:00-9:00	508	\$40.00	A. Platon
Portuguese for Beginners	10	Mon. Sept. 26	6:00-8:00	610	\$50.00	A. Gomes
Quilting for Novice: Make a quilt in 8 weeks!	8	Mon. Sept. 26	6:30-8:30	605	\$50.00	A. Colburn
Quilting: Foundation Machine Paper Piecing*	6	Wed. Sept. 28	6:30-8:30	605	\$40.00	A. Colburn
Reiki Level I Certification	1	Oct. 3 & Oct. 5	6:00-8:30	Media Ctr/223	\$125.00	C. Wallace
Reiki Level II Certification	1	Oct. 17 & Oct. 19	6:00-8:30	Media Ctr/223	\$150.00	C. Wallace
Reiki Review & Re-Attunement	1	Thur. Oct. 13	6:00-8:00	Media Ctr/223	\$35.00	C. Wallace
Retirement Tips & Strategies: Savvy Soc. Sec. & Medicare Plann	ing 1	Wed. Sept. 28	6:30-8:30	613	FREE	G. Caulfield
Smart Retirement Strategies	1	Wed. Oct. 5	6:30-8:30	613	FREE	G. Caulfield
Wealth Planning 101	1	Wed. Oct. 12	6:30-8:30	613	FREE	G. Caulfield
Sign Language for Beginners!*	10	Tues. Sept. 27	7:00-8:00	612	\$45.00	B. Caron
Spanish for Beginners*	10	Mon. Sept. 26	6:00-7:00	203	\$40.00	M. Frattarola
Spanish Intermediate Level I*	10	Mon. Sept. 26	7:00-8:00	203	\$40.00	M. Frattarola
Spanish Intermediate Level II (Conversation)*	10	Mon. Sept. 26	8:00-9:00	203	\$40.00	M. Frattarola
T'ai Chi Chih for Beginners	8	Thur. Sept. 29	5:15-6:30	CTC: H235	\$60.00	N. Frost
Transform Stress to Vitality through Chi Kung	4	Wed. Oct. 19	6:30-8:00	CTC: H235	\$40.00	R. Hochsprung
Water Color Painting Workshop*	10	Mon. Oct. 3	6:30-8:30	514	\$65.00	M. John
Welding Basics: ARC, GAS, MIG & TIG*	10	Tues. Sept. 27	5:30-8:30	Welding Lab	\$225.00	R. Hewitt
Welding Basics: ARC, GAS, MIG & TIG*	10	Wed. Sept. 28	5:30-8:30	Welding Lab	\$225.00	R. Hewitt
Welding: Advanced MIG, TIG, STICK & FABRICATION!*	10	Thur. Sept. 29	5:30-8:30	Welding Lab	\$225.00	R. Hewitt
Wine Tasting Seminar & Gourmet Dinner	1	Thurs. Nov. 3	6:00-9:00	Fratello's	\$45.00	Fratello's
Woodworking*	10	Tues. Sept. 27	6:00-8:30	517	\$100.00	E. Fellona
Yoga for Everyone: Beginning	8	Tues. Sept. 27	5:00- 6:15	CTC: H225	\$50.00	B. Morin

#### \* ADDITIONAL FEE FOR BOOKS & SUPPLIES

LACONIA ACADEMY	– ADUI	T HIGH SCHOO	L DIPLOM	A PROGRA	<u>ΔΜ**</u>	
ed Physics	15	Mon. Aug. 29	6:00-9:00	921	**	J. Gilbert
for Today	15	Mon. Aug. 29	6:00-9:00	611	**	<ul> <li>Kunhardt</li> </ul>
n Biology & Lab	15	Mon. Aug. 29	6:00-9:00	902	**	J. Kaplan
Var America	15	Tues. Aug. 30	6:00-9:00	317	**	L. Hubbard
Madness	15	Tues. Aug. 30	6:00-9:00	611	**	S. Giguere
Yesterday & Today	15	Wed. Aug. 31	6:00-9:00	612	**	E. Gonzalez
e of the World	15	Wed. Aug. 31	6:00-9:00	315	**	N. Kaplan
ra I	15	Thur. Sep. 1	6:00-9:00	610	**	D. Borchers
rn Short Stories	15	Thur. Sep. 1	6:00-9:00	612	**	R. Eliason
istry & Lab (Two nights per week - Tues. & Thurs.)	15	Aug.30 & Sep. 1	7:00-9:30	901	\$350.00	J. Kaplan

\*\* There will be a \$250.00 Registration Fee per semester at Laconia Academy. REGISTRATION FEE IS DUE AND PAYABLE AT THE TIME OF REGISTRATION.

Registration Deadline: August 12, 2016. Registration after this date is subject to a \$50.00 Late Fee. There will be an additional charge for books in most classes. Each class meets one night per week for a 15-week semester unless otherwise noted.

ADULT BASIC EDUCATION (Free Math & Reading & ESL Classes)

HiSET Preparation Classes: DAYTIME (Jan - Jun)	15	Mon-Thurs.	9:00-2:00	104 & 105		J. Rogato
Math Clinic & HiSET Math Preparation	11	Sep. 6 & Sep. 8	6:00-8:30	101	FREE	R. Wixson
Reading Clinic & HiSET Reading Preparation	11	Sep. 6 & Sep. 8	6:00-8:30	103	FREE	H. Mitchell
High School Equivalency-HiSET Preparation Classes	11	Sep. 6 & Sep. 8	6:00-8:30	101 & 103	FREE	Mitchell/Wixson
ESOL: English as a Second Language	11	Sep. 6 & Sep. 8	6:00-8:30	603	FREE	P. Giguere

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MAIL REGISTRATIONS: Please mail coupon with tuition. IN PERSON: Register at Laconia High School any school day, or Wednesday, September 21, 2016 from 7:00-8:30 PM. Registration must be completed BEFORE THE START OF THE FIRST CLASS TUITION AND SUPPLIES:Tuition covers cost of instruction ONLY. Books, lab fees, and supplied Any class may be cancelled if minimum enrollment is not reached. Tuition will be returned ONLY CLASS that she/he will be unable to attend any class sessions. property left in the buildings. FOR ADDITIONAL INFORMATION AND COURSE DESCRIPTIONS CALL: Mr. Christopher Ennis, Director Laconia Adult Education

**TELEPHONE: 524-5712** 

RETURN REGISTRATION TO: Mr. Christopher Ennis. Director LACONIA ADULT EDUCATION 345 Union Avenue, Laconia, NH 03246

#### Murray Allen Fay, 69

GILMANTON — Murray A. Fay, 69, a resident of Gilmanton for over 16 years, died Monday, Sept. 5, 2016 at Lakes Region General Hospital in Laconia following a period of failing health.

Murray was born in Laconia, July 17, 1947, son of the late James and Arline (Meserve) Fav. He lived in the Northfield-Tilton area 53 years before moving Gilmanton. Murray retired in 2002 as a biologist with the New Hampshire Fish and Game following 37 years of employment. He worked with animal and fish populations, stocking of New Hampshire waterways, New Hampshire deer and moose check stations and Fish and Game signage in the state. He enjoyed volunteering and for many years, helped with the Tilton-Northfield Rotary Club Children's Fishing Derby in Tilton, held each year at the Tilton School Pond. Murray also worked for several years in the maintenance department at the St. Francis Home following his retirement from New Hampshire Fish and Game.

He schooled in Tiland graduated from the Tilton-Northfield High School, class of 1965.

Murray served from 1966 to 1969 in the U.S. Army, discharged as a Sgt (T). He served honorably with the 663d



Transportation Company, Fort Eustis, Va. as a Stock Control and Accounting Specialist during the Vietnam

He enjoyed the outdoors, watching and listening to the

birds and hunting and fishing over the years. Murray enjoyed spending time with family and friends and was known as the "master of the grill!"

In addition to his parents, Murray was predeceased by a brother, James Fay.

He leaves his significant other and companion for over 17 years, Phyllis L. Clairmont (Jewell) of Gilmanton; daugh-Michelle Fay of Gloucester, Mass. and Laura Ordway of Wells, Maine; son, Nathan Fay of Portsmouth; brother, Thomas Fay and his wife Sue of Zolfo Springs, Fla.; sister, Dorcas Norton and her husband, Peter of Hudson, Fla.; three grandchildren; nieces and nephews

Others dear to Murray are Phyllis' children, Nancy Willis of Burlington, Vt. and Cindy Fillion of Gilmanton.

Calling hours were Sunday, Sept. 11, 2016 from 2 to 4 p.m. at the William F. Smart, Sr. Memorial Home, Franklin-Tilton Road (584 West Main St.) in Tilton.

A brief committal service with military honors was held Monday, Sept. 12 at 11 a.m. at the New Hampshire State Veterans Cemetery 110 D. W. Highway, in Boscawen, with burial following.

Those wishing may make memorial contributions in Murray's name to the NH Make-A-Wish Foundation, 814 Elm St., Suite 300, Manchester, NH 03101.

For more information, go to www.smartfuneralhome.com.

Taylor, 94, of Gilford

passed away peacefully

Sept. 10, 2016 following

a period of declining

Boston, Mass. on July

5, 1922, daughter of the

late John and Mary

Mayder Poloczanski.

She was raised in Chel-

high school from the

local public schools.

After high school, Olga

worked at a local cigar

manufacturing compa-

ny then at United Carr

Fastener in Cambridge

married Harry Basil

Taylor on June 6, 1948,

and they moved to Bil-

>>> Wolfeboro <<<

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Massachusetts.

and graduated

Olga was born in

health.

Poloczanska

#### Jacqueline Lord Murray, 80

LACONIA — Jacqueline Lord Murray, 80, of 1193 Old North Main Street, went to be with the Lord on Sunday, Sept. 11, 2016 in her home surrounded by her family.

She was born on Feb. 18, 1936 in Wolfeboro, the daughter of the late Charles and Jeanie (Bain) Lord. Jacqueline worked for many years as a nurse, most recently for the Tilton School. She enjoyed watching QVC, and was an avid fan of the TV show "The Walking Dead." loved her family and especially hugs from her grandchildren.

She is survived by her husband of 56 years, Malcolm Murray of Laconia: two sons. William Murray and his wife Diane of Colesville, N.Y.

and James Murray and his wife Nicole of Laconia: one brother. Myron Lord of Bow; one sister, Katherine Witham of Alton; two grandchildren, Lora Deducca of Atlanta, Ga. and Nicolas Murray of Laconia; and several nieces and nephews.

In addition to her parents, she was predeceased by her three brothers, Charles Lord, John Lord and William Lord, and one sister, Jean.

Calling hours will be held from 4 to 7 p.m. on Thursday, Sept. 15, 2016 at the Wilkinson-Beane-Simoneau-Paquette Funeral Home, 164 Pleasant St., Laconia, using the Carriage House en-

Funeral services will be private.

In lieu of flowers, memorial contributions may be made to The Brewster Academy, Class of '54, 80 Academy Drive, Wolfeboro, NH 03894.

Wilkinson-Beane-Simoneau-Paquette Funeral Home & Cremation Services, 164 Pleasant St., Laconia, is assisting the family with the arrangements. For more information and to view an online memorial, go to www. wilkinsonbeane.com.

#### Olga Poloczanska Taylor, 94



lerica, Mass. to raise a family.

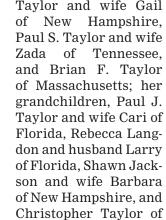
Ten years Olga moved to Gilford Knolls Two at 41 Potter Hill Rd., Gilford, where she enjoyed being with her new close friends and family.

In earlier years, Olga (a.k.a. 'Toots') enjoyed bowling at the Moose Club, and was also a past Commander of the Billerica Chapter 47 of the Disabled American Veterans Auxiliary (DAV). She enjoyed the Red Sox, the Patriots games, bingo and parties at "The Home" and a good fried haddock dinner with fries.

Olga is survived by her sons, Wayne R.

### Taylor and wife Gail





Seth Taylor. In addition to her parents, Olga was predeceased by her husband, Harry B Taylor; her son, Donald R. Taylor: her brother. Anthony Poloczanski, and his wife Anna; and sistersin-law Eleanor Wilson

Tennessee; her great

grandchildren, Patrick

and Britney Jackson,

Kaylee and Courtney

Langdon, Adam, and

and Gloria Massacotte. Family and friends are invited to gath-Thursday, Sept. 15, 11 a.m. to 1 p.m. at Phaneuf Funeral Homes & Crematorium, 172 King St. in Boscawen. A memorial service will be held at 12:30 p.m. in the funeral home chapel. Inurnment will follow immediately at the New Hampshire State Veterans Cemetery, 110 Daniel Webster Highway where Olga and Harry will be laid to rest in a dual committal service. In lieu of flowers donations in Olga's memory may be made to the charity of one's choice.

**Funeral** Phaneuf Home is assisting the family with arrangements. For more information or to leave a message of condolence, please go to www. phaneuf.net





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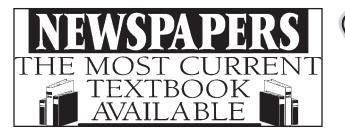
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#### Scott Frazier Wolff, 68

Scott Frazier Wolff, 68, of Morrill Street, unexpectedly passed away at home on Friday, Sept. 9, 2016.

Scott was born on Oct. 9, 1947 in Yonkers, N.Y., the son of the late Kurt G. and Anita (Phillips) Wolff. He had been a resident of the Lakes Region for more than 50 years.

Scott was well known to many in the community for his years in law enforcement, achieving the rank of Sergeant for the Laconia Police Department prior to his departure. He then had a second career in real estate, retiring in December 2015. His passions were the care and maintenance of his beautiful home but most importantly, golf. He would golf every day if he could and he will be



missed very much by George, Joe and Ray.

He was a devoted husband, son-in-law to Dave, father, grandfather and friend. If anyone ever needed help with anything, he was there for them.

Scott is survived by his beloved wife of 18 years, Ellen (DeVeber) Wolff of Gilford; two sons, Craig Wolff and his wife Sara, of Yarmouth Maine and Kyle Wolff and his wife, Jackie Henke, of Swampscott, Mass.; four grandchildren (Conor, Robert, Graeme and Theodore): two brothers, Kurt Wolff, of Wayzata, Minn., and Richard Wolff, of Truckee, Calif.

There will be no calling hours or funeral services, per Scott's wish-

For those who wish, the family suggests that memorial donations may be made to the NH Humane Society, P.O. Box 572, Laconia, NH 03247 or to the Laconia Police Relief Association (LPRA), 126 New Salem St., Laconia, NH 03246.

Wilkinson-Beane-Simoneau-Paquette Funeral Home & Cremation Services, 164 Pleasant St., Laconia, is assisting the family with the arrangements. For more information and to view an online memorial, go to www. wilkinsonbeane.com.

### **Fall prevention** begins at home

Free balance class from LRVNA

Each year, more than two million older adults are treated for fall-related emergencies in the United States, according to the U.S. Centers for Disease and Prevention. Nearly half of those patients wind up hospitalized and for some, the resulting injuries can be permanently life-altering. Even more troubling: experts estimate one in three adults aged 65 or older will fall each vear, but less than half of them will report it to a physician.

With wet leaves that make steps and sidewalks slippery during these months, autumn can be an especially treacherous time for the elderly population. The good news is that regardless of the weather conditions outside, nearly all falls can be prevented. At Lakes Region Visiting Nurse Association, the staff is not only experts in treating seniors recovering from fall-related injuries; they can help them avoid falling in the first place! Executive Director Cheryl Gonzalo noted that a variety of factors can lead to falls. including side-effects of medications, diminished vision, changes in muscle mass and slower reflexes.

For many older adults, the constant fear of falling can prevent them from leading an active and healthy lifestyle. Aimed at encouraging local seniors to get out and enjoy life while reducing their risk of falling, a free, eight-week class, A Matter of Balance, a fall-prevention program tailored especially for older adults, at the Meredith Community Center that is hosted by Lakes Region Visiting Nurse Association will begin Oct. 5 and run through Nov. 23. All classes will take place on Wednesday mornings from 9:30-11:30 a.m. Though the program is free for any interested adult aged 60 or older, donations to the LRVNA are gratefully accepted.

"Often, your best weapon against falls can be as simple as getting regular exercise," Gonzalo said.

"Improving balance can also make a world of difference." Gonzalo and other members of the LRVNA team are certified coaches for A Matter of Balance. LRVNA began offering free classes at its Meredith office in 2015 and feedback has been positive. "Since we launched this program, we're hearing some great things from our clients," Gonzalo said. "But the truth is, if we can prevent even just one person from falling, it will be worth all our efforts."

The LRVNA recommends several other simple steps for preventing future falls. A quick inventory of the home or yard can be an important first-step in reducing fall hazards, while a healthy diet can keep patients feeling fitter and stay firmly on their feet. Those who enjoy walking may also consider slip-proof soles and walking sticks.

For more information or to register for an upcoming program, visit www.lrvna.org or call 279-6611.

### Dr. Christopher Smart to speak at Taylor Community

LACONIA — Dr. Smart Christopher spent the past six years as a senior policymaker to international economic affairs in the Obama Administration. He will speak at Taylor Community's Woodside Building Wednesday, Sept. 21 at 6 p.m. The event is free and open to the public, but RSVPs are requested by calling 524-5600.

Special Assistant to the president at the National Economic Council and the National Security Council, Doctor Smart was principal advisor on trade, investment and a wide range of global economic issues. From 2001-2013, he was Deputy Assistant Secretary of Treasury, where he led the response to the European financial crisis and

designed U.S. engagement on financial policy across Europe, Russia and Central Asia.

Doctor Smart is also the author of "The Imagery of Soviet Foreign Policy and the Collapse of the Russian Empire" (New York: Praeger Publishers, 1995) and numerous analytical and opinion articles.

He is currently at the Harvard Kennedy School of Government as a Resident Fellow in the Institute of Politics and a Senior Fellow in the Mossavar-Rahmani Center for Business and Government.

For more information on Taylor Community – a not-for-profit Continuing Care Retirement Community – visit www.taylorcommunity. org, or like our Facebook Page.



### LRGHealthcare

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### U.S. Cellular adds new tower to increase wireless network coverage in Gilford

U.S. Cellular (NYSE: USM) continues to invest in its high-qualitv network with a new cell tower in Gilford. The site will increase U.S. Cellular's coverage in the town of Gilford and is one of more

the state.

"At U.S. Cellular, the best wireless experience for our customers in Belknap County through a high-qual-

than 135 sites U.S. Celity network with nalular has built across tional coverage along with the latest 4G LTE devices," said Matt we focus on providing Kasper, director of sales for U.S. Cellular in New England. "We care about our local communities, and we

in our network so your phone works whether you are in your backyard or across the country."

U.S. Cellular keeps customers connected to a 4G LTE network

will continue to invest with devices for a variety of consumer and business needs that include smartphones, such as the iPhone 6s and Samsung Galaxy S 7, tablets, such as the iPad Air 3, as well as hotspots, vehicle monitoring, home phone solutions and machine-to machine (M2M) technology.

> To select locations for new cell sites, U.S. Cellular has teams of system performance engineers who drive through the company's network coverage area, sometimes hundreds of miles a day, to test the signal strength and call quality. The company also listens to customer feedback to help identify the communities that would benefit from another cell site.

For more information about network coverage in the area. visit uscellular.com/ coverage-map.

#### **About King Street** Wireless, L.P.

King Street Wireless, L.P. currently holds 700 MHz wireless spectrum in 27 states and is partnering with Chicago-based Cellular to deliver high-speed 4G LTE service to U.S. Cellular's customers in several of the carrier's markets. King Street Wireless is headquartered in

Alexandria, Virginia where it is recognized for its involvement in its community both through its economic development and philanthropic efforts. To learn more about King Street Wireless, visit www.kingstreetwireless.com.

#### About U.S. Cellular

U.S. Cellular is the fifth-largest full-service wireless carrier in the United States, providing national network coverage and industry-leading novations designed to elevate the customer experience. The Chicago-based carrier has a strong line-up of cutting-edge devices that are all backed by a high-quality network in big and small cities and rural communities, and currently, 99 percent of customers have access to 4G LTE speeds. U.S. Cellular was named a J.D. Power and Associates Customer Champion in 2014 for the third time in four years. To learn more about U.S. Cellular, visit one of its retail stores or uscellular.com. To get the latest news, promos and videos, connect with U.S. Cellular on Facebook.com/uscellular, Twitter.com/uscellular and YouTube.com/ uscellularcorp.

### **Next Chamber Meet & Greet at Central New Hampshire Employment Services**

LACONIA —The Lakes Region Chamber of Commerce is pleased to announce the next Chamber Meet & Greet will be on Thursday. Sept. 15 from 4:30-6:30 p.m. at Central New Hampshire Employment at their office at 281 South Main St. in Laco-

Central NH Employ-Services, Inc. (CNHES, INC) is a full service Staffing Firm servicing companies throughout New Hampshire for more than 36 years. Their expertise is in matching employers' staffing needs with qualified, experienced employees in both direct and contract positions.

According to President of CNHES, Christine St. Cyr, "Our longevity in the staffing industry has resulted in placing well over 10,000 people in the past 10 years alone. Our recruiting methods have consistently exceeded client expectations and needs, resulting in narrowing the gap between unemployment and employment throughout the state."

For more than three decades and three famgenerations, Cen-New Hampshire Employment Services has been a leader in the staffing industry. It has had tremendous positive economic impact in the Lakes Region and beyond by helping businesses grow and employees succeed. This local business has received many honors including "Hire a Veteran" awards and several recognitions by Business NH Magazine as one of the Top



Central New Hampshire Employment Services is getting ready to host the September Lakes Region Chamber Meet & Greet on Thursday, Sept. 15 at their Laconia Office: (L to R) Christine St. Cyr, President along with Gary Adams, Vice-President, Derek St. Cyr, Operations Manager and Bill Clarke, Staffing Coordinator.

Women-Led Businesses and also as one of the Top Family Owned Businesses in 2015 and 2016.

Meet & Greets provide a casual atmosphere to network to grow your business connections and get a behind the scenes look at a local business. Bring along your business cards to Refreshments from Contigiani Cater-

ing Service will be served along with a selection of beverages and a drawing for prizes.

The Lakes Region Chamber of Commerce is a non-profit organization made up of a member businesses making a financial commitment to the Lakes Region business community. The Chamber's vision is to create new opportunities and drive economic growth through collaboration with other organizations and thereby building a stronger community. For more information or to register to attend, contact the Lakes Region Chamber of Commerce at 524-5531. Registration if free and open on the Chamber's Web site at LakesRegion-Chamber.org.

### 'Lakes Region Uncorked' returns Nov. 3

#### A tasteful tradition benefits LRCS and celebrates the best of the Lakes Region

corked returns Church Landing at Mill Falls in Meredith on Thursday, Nov. 3 from 5-8 p.m., where the rustic elegance of Church Landing creates the perfect atmosphere for guests to sample locally crafted food and beverages that are second to

In its fourth year, Lakes Region Uncorked has become New Hampshire's showcase event to enjoy locally-made

Monday October, 10

\$25 Full business card • 2x4" \$40

Contact us today!

Call Beth or Mikaela

(603) 279-4516

**Email: beth@salmonpress.com** 



The popular Wall of Wine raffle is one of many popular and unique features of Lakes Region Uncorked, the signature fundraising event for Lakes Region Community Services. Tickets are on sale now for Uncorked 2016 - Nov. 3 at Church Landing in Meredith.

2nd Annual Supporting Laconia Pumpkin Fest Oct. 22, 2016

Let your local Community know about your fall festivities and/or promote your business with your SPOOKTACULAR discounts and services this Holiday season!

spirits, fine foods and much more.

"We are grateful for the excitement and enthusiasm Lakes Region Uncorked generates year after year. It has quickly become an event that people look forward to and share with their friends and colleagues. Uncorked is great fun, supports small local businesses and is the largest fundraiser of the year for LRCS," said Christine Santaniello, LRCS Executive Direc-

Each year, this event features new and returning vendors. Uncorked guests enjoy trying new products and sampling their favorites intro-

duced in past years. "We are excited to welcome New Hampshire - made spirits to the tasting room this year. Libations are very popular and New Hampshire boasts some very fine local distilleries. Joining Uncorked 2016 are Tamworth Distilling, Tall Ship Distillery, Flag Hill Distillery and Haunting Whisper Spirits," commented Joanne Piper Lang, LRCS Director of Development.

All guests enjoy an assortment of fine foods - appetizers and hors d'oeuvres and New Hampshire made chocolates, cheeses, cakes, toffee and locally roasted coffees. This year, Uncorked will feature Chef Kevin Halligan, owner and executive chef of Laconia Local Eatery. The

wine, beer, mead, cider, Chef will prepare dishes using fresh, local ingredients and pair small plates with wines and spirits featured at the event. A limited number of Celebrity Chef Tickets for a 5:30 or 6:30 p.m. session with Chef Halligan are available.

At every turn, guests will find Uncorked to be a truly special occasion – as they enjoy live harp music presented by Harpist Emilia Pepen, start their holiday shopping with silent auction items donated by local artisans and businesses and participate in an expanded 'Wall of Wine' charity raffle where everyone is a winner!

Vendors in our Tast-Room include: Canterbury Aleworks, Coffin Cellars Winery, Farnum Hill Ciders, Flag Hill Winery and Distillery, Gilmanton Winery and Vineyard, Haunting Whisper Vineyard & Spirits, Hermit Woods Winery, LaBelle Winery, Moat Mountain Brewing Co., Newfound Lake Vineyards, Sap House Meadery, Squam Brewing, Tamworth Distilling; Tall Ship Distillery; Seven Birches Winery; Whippletree Winery; and Woodstock Inn Brewery. The Tasting room also features Hampshire Toffee, Huckins Farm; Ooo La La Creative Cakes; Sweet to Eat Cheesecakes; Winnipesaukee Chocolates and Woodshed Roasting Company.

For those who truly SEE **UNCORKED** PAGE A15

### **Bank of New Hampshire President & CEO announces retirement**

the annual Corporators' meeting held on Wednesday, Aug. 31, Bruce D. Clow. Chairman of the Board for Bank of New Hampshire, announced that after more than nine years of leadership as President & CEO, K. Mark Primeau plans to retire as of June 30, 2017.

Primeau joined Bank of New Hampshire in 2008, at the beginning of the toughest economic recession this country has faced in generations. In the years to follow, he guided the bank through the recession by investing in new technology, marketing, and employees resulting in growth and strong financial performance. Under Primeau's leadership, Bank of New Hampshire has grown from 17 banking offices to 24 and increased assets from \$966 million to over \$1.4 billion, all while remaining committed to providing the best banking products and services with outstanding customer



Bruce D. Clow (left), Chairman of the Board for Bank of New Hampshire announced that after more than nine years of leadership as President & CEO, K. Mark Primeau (right) plans to service. After his retirement, Primeau will remain as a Director of the bank.

In addition to leading the bank, Primeau has been very active in the community. He currently serves on the Board for the Daniel Webster Council - Boy Scouts of America where he was Council President 2011-2014 and Chairman until April 2016. He was recognized by the Daniel Webster Council in 2011 for his dedication to the community with the Good

Scout Award. In addition, he currently sits on the Board for the Granite United Way. where he served as Chair in 2015. He was acclaimed recently as their 2015 Volunteer of the Year in appreciation of his time, personal support and dedication. Primeau has also served as a Trustee for LRGHealthcare for the past six years, is a founding member of the New Hampshire Coalition for Business and Education and served as Chairman of the New Hampshire Bankers Association in 2014.

The board has selected Atlantic Financial Marketing, under the direction of Ted Amazeen and Rick Lund, to conduct a national search to identify the next President & CEO of Bank of New Hampshire.

Bank of New Hampshire, founded in 1831, provides deposit, lending and wealth management products and services to families and businesses throughout New Hampshire. With 24 banking offices throughout New Hampshire and assets exceeding \$1.4 billion, Bank of New Hampshire is the oldest and largest independent bank in the state. Bank of New Hampshire is a mutual organization, focused on the success of the bank's customers, communities and employees, rather than stockholders. For more information, call 1-800-832-0912 or www.BankNH.

### Pumpkins and chuckins and goblins...Oh, my!

#### NH Pumpkin Festival will be held in the Lakes Region of New Hampshire

The Lakes Region Tourism Association welcomes visitors to the Lakes Region of New Hampshire during the NH Pumpkin Festival, October 22, 2016. This one day event will have lots to do and see in downtown Laconia, including the attempt to break the Guinness World Record for the most lit jack-o-lanterns at one time, the beer garden, the giant pumpkin parade and much more.

Take a mini vacation ... the fun kicks off Oct. 15 with extreme Chucking at the NHMS. There are many options for overnight accommodations, dining and attractions in the Lakes Region. Here are other autumn happenings in the area in October.

-Paint a pumpkin at Libby Museum, Wright Museum of WWII, The NH Boat Museum or paint your own at home. On Oct. 7 and 8 from 10 a.m. to 2 p.m. at the listed locations, pumpkins and paint will be provided. When you have created a masterpiece enter your painted pumpkin in the Painted Pumpkin Patch Contest on Sunday, Oct. 9 from 10 a.m. to 3 p.m.

Extreme Chunking at the New Hampshire Motor Speedway on Oct. 15 and 16. Teams from all over the country will try to go the distance in an all-out battle using machines such as trebuchets, catapults, and air cannons to launch pumpkins and other extreme items into the air. There will also be carnival rides, pumpkin carving, face painting and more.

-All aboard! Nothing says fall like a trip on the Hobo Harvest Time Express. Your train ticket includes more than just a train ride, it also includes samples of NH-Made seasonal items & specialty products aboard the train, access to our Farm Stand and Farm Yard featuring a variety of outdoor games, a variety of antique tractors and our popular Cornstalk Critters which are lifesize Scarecrows created by the world famous Annalee Doll Company. The Hobo Harvest Time Express starts departing on Sept. 17 through Oct. 16 – Departing daily from Lincoln at 11 a.m. & 1 p.m.

-Come in costume

to the Halloween Hoot 'n Howl at the Squam Lakes Science Center in Holderness on Oct.15 from 6-8:30 p.m. The Halloween Hoot 'n Howl is an eerily entertaining 40-minute guided tour around the science center grounds. Trail walks feature live skits with a seasonal theme and depart every 10 minutes. After your journey, take part in Halloween games and tasty treats.

-Get lost in the 16th annual corn maze at the Moulton Farms in Meredith. Their corn maze covers several acres and corn can be as high as 15 feet depending on when you visit. There is also a maze trivia game with a treat after completing the trivia game.

-Challenge yourself loween costume and vis-

and friends at Beans and it the Halloween Town Greens Farm in Gilford on their corn maze that is designed for difficulty. Beans and Greens Farm offers a night corn maze as well, that gets haunted more and more as the season progresses. There is also a hay maze – a fall playground for the little ones with slides and tunnels that will entertain children for hours.

-Canterbury er Village is hosting a "Ghost Encounter" experience from 3 to 8 p.m. on Saturday, Oct . 22 in Canterbury. This special night has something for everyone, stroll through the village for trick-ortreating, contests and much more.

-Dress up in your Hal-

event on the grounds Camp Tohkomeupog hosted by Purity Springs Resort in Madison. Halloween Town is a free event on Oct. 22 for families looking for good old-fashion fun. Purity Springs Resort offer trick or treating among a lighted pathway throughout camp, bouncy house, face painting and much more.

-Join a ship full of spooky characters on a fun cruise aboard the M/S Mount Washing-Departing from Weirs Beach, this is your chance to be someone else for the night or just get creative from 6pm to 9pm on Saturday, Oct. 22. This cruise is for adults 21+ only.

-"Mayhem at the Mill"

will be held during the weekend of the Pumpkin Festival. This professionally created haunted house is sure to scare you out of your socks. Visit the Belknap Mill in Laconia on Oct. 21, 22, 28 and 29 from 6 to 10 p.m. -Take your family to

see a Halloween classic, "Carrie the Musical" at the Winni Playhouse in Meredith. This is a show you will never forget, based on the Stephen King novel. Performances will take place on Friday, Oct. 21 and Saturday, Oct. 22 at 7:30 and at 11 p.m., and Sunday, Oct. 23 at 4 p.m.

For a full schedule of events, visit www. lakesregion.org/events or call the Lakes Region Tourism Association at 286-8008.

### Bank of NH President/CEO wins NHBA Community Banker of the Year Award

LACONIA — New Hampshire Bankers Association (NHBA) President and CEO Christiana Thornton announced that K. Mark Primeau. President and CEO of Bank of New Hampshire, is the recipient of the "2016 Community Banker of the Year" award. Mr. Primeau received the award at NHBA's Annual Conference this past weekend.

Primeau was selected for this prestigious honor by a panel of leading public officials from the State of New Hampshire, including Senate President Chuck Morse, House Commerce and Consumer Affairs Chairman Rep. John



Pictured, left to right: Mark Primeau, President/CEO of Bank of New Hampshire; Christiana L. Thornton. President/CEO of NHBA.

Hunt, and Kathleen Reardon, CEO of the New Hampshire Center for Nonprofits.

NHBA President and CEO Christiana Thornton said, "It was an honor to present Mark with our Community Banker

of the Year Award in cation to the communirecognition of his outstanding leadership, community dedication, philanthropy, and volunteerism."

Primeau received an unprecedented number of letters in support of his nomination. Each letter highlighted a unique perspective and reason why Primeau should be the recipient of this year's award. Beyond the dedication to the bank and his employees, Mr. Primeau serves on the Board for the Daniel Webster Council – Boy Scouts of America after serving as President and Chairman, and in 2011, was recognized for his dedity with the Good Scout Award.

He also holds a seat on the board of the Granite United Way and was similarly recognized as the 2015 Volunteer of the Year in recognition of his time, personal support and dedication, and he also serves as trustee for LR-GHealthcare.

Finally. having served as Chairman of the New Hampshire Bankers Association Board of Directors, Mr. Primeau has also been a fierce advocate at the federal level raising awareness of the challenges New Hamp-SEE **AWARD** PAGE A15





**Scenic Cruises** From Weirs Beach daily

Also serving other ports. Sunday Brunch

From Weirs Beach at 10 & 12:30 Alton Bay 11:15

**Dinner Cruises** Rock 'n' Roll Sat. Night

Dine, Dance & Cruise

From Weirs Beach - 6 PM **Country Rock** 

Friday, September 23 Adults 60+ get \$10 discount. From Weirs Beach, 6-9 PM

#### Sunday Dinner **Cruises**

In September and October. Kids cruise free. From Weirs Beach, 5-7 PM

Complete schedule on line: www.cruiseNH.com 603-366-5531



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### Ohm Lifestyle Center, LLC

#### Health "Buzzword" Education Friday 6pm-7pm

This week: Essential Oils-Learn how to use them for cabin closing, cleaning, kids health and immunity.

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VITAMINS - VITAMINS - VITAMINS

#### LAKES REGION ADULT SINGLES Meet & Greet

**SEPTEMBER 17, 2016** 4 PM BRING A DISH TO PASS BYOB (NO GLASS) ELLACOYA STATE PARK

> Single adults Ages 40-60 (but not limited to)

FOR INFORMATION CONTACT:

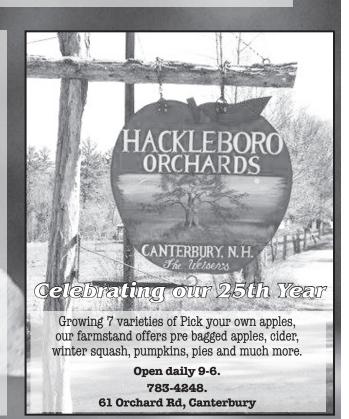
KATHY @ 630-4422 OR **CAREY @ 455-4252** 



### A special supplement to Salmon Press newspapers

### **Local Events this Fall!**

- •White Mountain Oktoberfest, Lincoln, October 8–9, 2016
- •Fall Foliage Festival, Waterville Valley, October 8–10, 2016
- •NH Pumpkin Festival, Laconia, October 22, 2016
- Littleton Harvest Festival & Gathering of the Jack o' Lanterns, Littleton, October 29, 2016
- •Moultons Farm, Meredith, Pick your own Pumpkin Patch, September 15, 2016.
- •Moultons Farm, Meredith, Corn Maze Starts September 22, 2016 and will be open 7 days a week.
- •NH Pumpkin Festival
- •Gilford Farmers Market, Summer Market; September 17-24th
- •Beans and Greens, Gilford, Harvest Festival; Sat-Mon Columbus Day weekend. Corn maze; opening on Friday September 16. Day Maze-10am-5pm & Night Maze!





#### **SATURDAY 9 AM TO 12 NOON** Now thru Sept. 24th.

**LOCAL FARM PRODUCE, FRESH BAKE BREADS** & PASTRIES, SWEET CORN, CINNOMAN ROLLS "AND LOTS MORE"

AT THE GILFORD FARMER'S MARKET HISTORIC **BENJAMIN ROWE HOUSE** 88 BELKNAP MOUNTAIN ROAD, GILFORD VILLAGE **Hosted by Thompson-Ames Historical Society** 



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Rte. 3A to So. end of Newfound Lake (near Bristol) Take West Shore Rd. & follow our signs. www.cardiganmountainorchard.com



Opening September 22 **Old Farm Days** October 15 - 16 Pumpkin Drop Weekend

October 22 - 23

18 Quarry Road Meredith, NH 03253 (603) 279-3915 info@moultonfarm.com

### The Fall Foliage Foot Race

Columbus Day Weekend-Sunday, October 9th, 2016 Waterville Valley, NH

Event Sponsor, Mark Invernizzi Landscaping



Professionally timed by Granite State Race Services

\$5 from each 5K registration goes to benefit: Central NH Chamber of http://centralnh.org/

Race Day Tshirts for our 1st

100 registrants!

Great Prizes for our top 5K & 10-mile finishers!

Walkers, Strollers & Leashed dogs welcome!

Awards following the 5K!

Race Day Registration & Pre-Registration check-in starts at 9:00am-Town Square

10:30am Start, All Ages Welcome \$10 if postmarked by October 1st \$15 after October 1st & on race day

1.6 K Family Fun Run

5K Foot Race II:00 am start \$25 if postmarked by October 1st \$30 after October 1st & on race day

10 Mile Trail Race II:00am start \$35 if postmarked by October 1st \$40 after October 1st & on race day

Contact Info: Call us at (603) 236-4695









**8 in mums** \$6.95 ea 3/\$19.95 5/\$27.95

Cabbage/Kale 8 in

**Small Hay Bales** 

\$4.00 reg bales \$6.00



Corn stalks

\$3.00 a bunch

Gourds, pumpkins and more coming next week

Small local family owned and operated



#### GHS students demonstrate blacksmithing skills at Lancaster Fair

LANCASTER —Brothers Christian Workman and Colton Workman, both students at Gilford High School, were invited to demonstrate their blacksmithing skills at the Lancaster Fair in Coös County over Labor Day Weekend. The fair has been in operation since the 19th Century. and features many traditional blue ribbon events, including oxen pulls, draft horses, show horses and other activities that draw on the agricultural



Christian Workman, 16, forging chain links at the Lancaster Fair Blacksmith



Colton Workman, 14, forging window hinges at the Lancaster Fair Blacksmith barn.

past of New Hampshire as well as modern day attractions.

The Workman broth-

ers' interest in blacksmithing began several years ago, when Colton's fourth grade class studied colonial trades with Mrs. Bryant. Since that time, the brothers, along with their cousin Bryce Workman have been honing their skills. Their craft has grown as they built a coal fired brake drum forge, a paint can gas forge, and a homemade smelter. Tools of the trade

have been forged with their own hands or found at yard sales and old

barns. Their raw materials are equally unique, salvaged relics of earlier times given new lives and purpose like old railroad spikes, truck leafs/ springs, and tire irons.

While most of their skills have developed through trial and error and "YouTube Universitv." Christian attended a blade smithing course at the New England School of Metalwork last spring to learn the finer points of metal work. They also learn from mentors in the community who pass along tips of the trade.

Their work includes forged hooks, knives, railroad spike bottle openers, drawer pulls, hair pins, bracelets, napkin holders and custom

#### Mariah Nelson joins the Class of 2020 at Rensselaer Polytechnic Institute for the 2016-2017 school year

TROY, N.Y. — Mariah Nelson of Gilford joined more than 1.700 freshmen when Rensselaer Polytechnic Institute began

selaer Polytechnic Institute is America's oldest technological research university. For nearly two

centuries, the Institute has been a driving force behind breakthroughs in engineering and science in virtually every arena-from transportation and infrastructure to business, medicine, outer

As it approaches its bi-

the Institute continues to define The New Polvtechnic, a new paradigm for teaching, learning, and research that uses advanced technologies to enable fresh collaborations across disciplines, sectors, and regions, in order to answer the global

#### **Champlain College welcomes** new students for Fall 2016

— In August, Champlain College welcomed the

Take advantage of

the 30% Federal

**Tax Credit and** 

State rebate.

Coby Goodwin of Gilford. Goodwin is majorclass of 2020 to its Burl- ing in Business Admin- SEE CHAMPLAIN PAGE A16

**Go Solar Electric** 

Before the snow flies!

Matthew kopf Gilford.

### BURLINGTON, Vt. ington, Vt. campus.

classes on Aug. 29. Founded in 1824, Rens-

> space, and cyberspace. centennial anniversary.

challenges of our day.

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#### Use "Open Enrollment" to Help Improve Your Financial Outlook

It's Open Enrollment Season, so if you work for a mediumor large-sized company, you will need to make some choices regarding your employee benefits - and these choices can have a big impact on your financial situation.

Depending on employer, your benefits package may include various types of insurance, plus access to a 401(k) or similar retirement plan. Here are some suggestions for getting the most out of these benefits:

- Health insurance Companies regularly plans change and providers, so the coverage and premiums you had last year may not be the same this year. In any case, look at all aspects of your coverage options premiums, deductibles, co-pays and total out-ofpocket limits. A lower premium may seem attractive, but you could end up paying even more if the coverage is not as good. So, choose wisely.
- Life insurance You may want to take whatever life insurance your employer offers, but it still might not be enough. To determine how much life insurance you need, consider a spouse's income, and so and

on. If your employer's before age 59½ may be may want to supplement it with a

separate policy. • Disability insurance – This could be a valuable employee benefit - but, as is the case with life insurance, your employer's As far as your investment not be enough for your needs, especially if you'd like to protect yourself against an illness or injury that could sideline you from work for a long time. Consequently, you might want to consider purchasing your own

disability policy. Apart from reviewing your insurance options, you may want to examine your 401(k) or similar retirement plan. Of course, your employer may allow you to change your 401(k) throughout the year, but you've got a particularly good opportunity to do so during open enrollment, when you're already looking at all your employee benefits. So look at your contribution level. Are you putting in as much as you can afford? Your 401(k)'s earnings can grow tax deferred, and you typically contribute pretax dollars, so the more you put in, the lower your taxable variety of factors - your income for the year. (Taxes reconsider - and maybe even age, income, family size, are due upon withdrawal, upgrade - many areas of

coverage is insufficient, subject to a 10% IRS penalty.) At a minimum, invest enough to earn your employer's matching contribution, if one is offered. And increase your own contributions whenever you get a raise.

disability coverage may choices, you'll want to spread your dollars among the different investments within your 401(k) in a way that reflects your risk tolerance and time horizon. During the early stages of your career, when you have many years to go until you retire, you can probably afford to invest more heavily in growth-oriented accounts. These will fluctuate more in value, but you have time to potentially overcome the downturns. When you're nearing retirement, you may want to shift some of your assets into more conservative vehicles - but even at this point, you still need some growth opportunities. After all, you may spend two or three decades in retirement, so you'll need to draw on as many resources as possible.

Open enrollment isn't just a time to fill out a bunch of papers. It's also a chance to withdrawals made your financial outlook.

This article was written by Edward Jones for use by your local Edward Jones Financial Advisor. For more information or to sign up for their monthly newsletter, contact **Jacqueline Taylor**, Financial Advisor, at **279-3161** or email Jacki at Jacqueline. Taylor@edwardjones.com. Her office is located at 14 Main Street, Downtown Meredith.

For more information, see http://www.edwardjones. com/ or "like" her on Facebookwww.facebook.com/ EJAdvisorJacquelineTaylor.



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#### **Community Education Programs**

#### **Living Well**

Chronic Disease Self-Management Program Thursday's, 9/15-10/20 1:00-3:00 p.m., FREE Bessie Rowell Comm. Ctr., Co-Sponsored by Franklin VNA

#### Matter of Balance

Fall Prevention Program Wednesday's, 9/14-11/2 9:30-11:30 a.m., FREE Northfield Pines Comm. Center

### **Powerful Tools**

Tuesday's, 9/20-10/25 1:00-2:30 p.m., FREE

### For Caregivers

Bessie Rowell Comm. Ctr., Franklin

### Hypnosis For Pain Management

Saturday's, 9/10 & 9/17 9:00-11:00 a.m., \$75 Franklin Regional Hospital

#### Advance Directives

Kim Frase - NH Lic #4146

kim@fraseelectric.com www.fraseelectric.com

Sandwich, New Hampshire

Questions & assistance in completing advance directives. FREE 1st Tuesday of month, FRH 11:00 a.m.-12:00 p.m. 1st Wednesday of month, LRGH 9:00-10:00 a.m. 934-2060 ext. 8369 to register

#### **Balance & Flexibility**

Thursday, 10/20 6:00-7:00 p.m., FREE Hillside Medical Park, Gilford 524-2852 to register

### Stop Smoking with Hypnosis Saturday, 10/8

Lakes Region General Hospital 9:00 a.m.-12:00 p.m., \$85.00

### Bariatric Surgery Info Sessions

2<sup>nd</sup> Tuesday of month, LRGH Info: 527-2946

#### Senior Safety Day

Saturday, 10/15 Info: 934-2060 ext. 8369

LRGHealthcare Irgh.org

Please remember to register! Programs may be cancelled due to low registration.

A12 THE GILFORD STEAMER



### NEW ENGLAND FURNITURE

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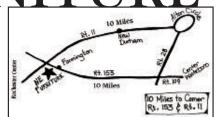
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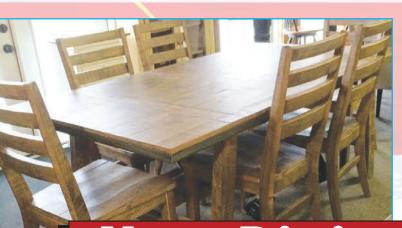
Twin sets start at \$399











New Dining Room Sets!

\$25 OFF

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\$299 OR MORE

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### LRSO announces 2016-2017 season

MEREDITH -The Meredith-based Lakes Region Symphony Orchestra (LRSO) is proud to announce its upcoming 2016-2017 season. Celebrating our 41st year, the LRSO begins another fabulous concert season on Saturday, Nov. 5 at 7:30 p.m. Due to auditorium seating renovations at Inter-Lakes High School (for which we are very excited!) this November concert will be held at Moultonborough Academy. We thank them for welcoming us to their facility.

The November concert features the winner of our 2016 Student Concerto Competition Nanako Shirai, an amazing violinist from Hanover High School. Nanako will be performing Mendelssohn's "Violin Concerto in E Minor." Also on the November program, the "Overture to Don Giovanni" by Mozart, and Beethoven's magnificent "Symphony No. 7."

We return to the newlv-renovated Inter-Lakes Auditorium for our glorious holiday concerts on Saturday, Dec. 10 at 7:30 p.m., and Sunday, Dec. 11 at 3 p.m. These holiday concerts are perennial family favorites for young and old alike. This year we feature local soprano Karen Jordan performing a variety of holiday classics. Snuggle in to the delightfully comfortable new seats at Inter-Lakes and enjoy this holiday spectacular.

On March 18, 2017,

we present an original composition by local composer and former New Hampshire resident Ken Piotrowski. LRSO will be performing Ken's "Anishinaabeg Rhapsody," conjuring images of rippling grasslands and crashing waterfalls of nature. Also on the program are "Nimrod from the Enigma Variations" by Elgar, "Sinfonia Concertante for Violin and Viola" by Mozart, and the incomparable Symphony No. 9 "New World" by Dvorak.

April 9, 2017 is our family-friendly and activity-filled Family Concert. We will feature a local student performance, along with Benjamin Britten's famous "Young Person's Guide to the Orchestra". This special family concert is free for students, and only \$5 for adults.

We end the season on May 13, 2017 with "The Sounds of Sinatra!" Returning for a second appearance with the LRSO is sensational crooner Michael Gallagan with our tribute to Frank Sinatra. Those who attended our Holiday concerts in December 2015 recall Michael's incomparable showmanship and outstanding vocal facility. This will be a sold out concert. Please purchase your tickets early.

Tickets are \$15 for adults and \$8 for students college-age and under and are available online now at www.LRSO.org/tickets, or by mail using the order form on that



LRSO 2016-2017 Soloists (L to R): Nanako Shirai, Karen Jordan, Margaret Hopkins, Sally Wituszynski, Michael Gallagan.

web page. Save 20 percent with our adult discount season tickets, available now through the November concert.

Tickets will be available in October at the fol-

lowing ticket outlets: Innisfree Bookshop and the Mobil station across from the town docks in Meredith; Greenlaw's Music in Laconia; and Bayswater Books in Center Hartion is available at www. LRSO.org, and find us on Facebook at /LRSO1. LRSO wishes to thank

bor. Complete informa-

LRSO wishes to thank its sponsors for their generous support of our upcoming season: Bank of New Hampshire, E.M. Heath, Foley Oil & Propane, Fay's Boat Yard, Bellwether Credit Union, and Sharon Satnick.

As always we appreciate your patronage and look forward to seeing

you this season.

#### About The Lakes Region Symphony Orchestra

The Lakes Region Symphony Orchestra is a Meredith-based, non-profit orchestra that performs throughout the fall, winter, and spring months. Orchestra members range in age from teens through retired seniors, representing over 36 communities in the Lakes Region and beyond.

#### Discover the secret of "The Red House" on LRPA

LACONIA—Join
Lakes Region Public Access Television at 10:30
p.m. this Friday and Saturday night (Sept. 16 & 17) for our "LRPA After Dark" presentation of 1947's psychological film noir "The Red House," starring Edward G. Robinson, Judith Anderson, Allene Roberts and Lon McCallister.

"The Red House" introduces us to Pete Morgan (Robinson), a disabled farmer who lives on an isolated farm with his sister Ellen (Anderson) and Meg (Roberts), a teen that they adopted as an infant when her parents died. Pete is having trouble keeping up with the farm, so Meg's classmate Nath Storm (McCallister) comes as a hired hand to help with the chores. Meg is delighted, as she has a crush on Nath, even though he has a girlfriend. The Morgan farm is surrounded by Ox Head Woods. Pete forbids the teens to enter the woods, and warns them

of an abandoned building there known as The Red House. One night, Nath takes a shortcut through the woods, where someone knocks him out cold. As more strange events unfold, Nath and Meg become suspicious of Pete's obsession with the woods and the Red House. They begin to ask questions and explore on their own, which fills Pete with unspeakable rage - and slowly drives him mad. Meg and Nath feel that their lives may be in danger; what might have happened at The Red House to turn Pete into such a jealous, unstable person?

"The Red House" has all the makings of a film noir classic: great stars (Robinson and Anderson), along with fantastic performances from the supporting cast (including a young Rory Calhoun and a gorgeous Julie London); a cool plot with psychological surprises; creepy music that sets the film's tone, etc. So why hasn't it become a cinematic

classic? Some reviewers think it's because the pacing of the plot is a bit slow, while others feel that it's because the subject matter was, for its time, distasteful. "The Red House" was well received by critics, who thought that Robinson's performance was very strong. This truly is a film that is not shown very often, so grab your popcorn and meet us after dark for this rare cinematic gem.

You can't find television like this it anywhere but LRPA TV, MetroCast Channel 25. Not a subscriber? Then log onto Live Stream through our website (www.lrpa.org) where you can catch all the fun.

#### About Lakes Region Public Access Television (LRPA)

Lakes Region Public Access Television (LRPA) is a nonprofit, noncommercial public access TV station and community media center located on the Laconia High School

campus in Laconia. LRPA cablecasts locally on MetroCast Channel 24 (educational programming and public bulletin board), Channel 25 (information and entertainment) and Channel 26 (government meetings) to nearly 12,000 viewers in our member communities of Belmont. Gilford, Laconia, Meredith and Northwood. Programming is produced by and for the people of the greater Lakes Region. LRPA's mission is to empower our community members to produce con-

tent that
fosters free speech
and the open exchange of
ideas,

encourages artistic and creative expression,

promotes a well-informed public through governmental transparency, and

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LRPA's slogan: Community empowered by media. Visit us on the Web at www.lrpa.org.



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#### **SAFETY DAY**

(Continued from Page A1)

go out in the community," Marsh said. Members of

mont's Police and Fire Departments were also at the event showing everything from the police bike to the tower truck.

Students from Belmont also worked with Gilford on the auto exdemonstratrication tion. Belmont Capt. Mike Newhall said this lets the public see what they have.

"(The) ability for the public to come in, talk to us, ask us questions, learn a little bit about us, plus we get to work with Gilford fire," Newhall said.

Lego Club, 3:30-4:30

Evening Line Danc-

and perfect some smooth

Tuesday, Sept. 20

Social Bridge, 10:30

Songs, lap bounces,

finger plays, books, and

playtime for children

ages 0 to 2 and their care-

Storytime, 11:15 a.m.-

Stories, songs, and a

Eight to 11 year olds

are invited to sign up

craft for children ages

three to five. Indepen-

Makerspace

Cardboard

3:15–4:30 p.m.

Storytime,

Club:

Creations,

End your day

Bonnie Deutch,

**LIBRARY** 

ing, 4-5 p.m.

a.m.-12:30 p.m.

Lapsit

10:30-11 a.m.

11:45 p.m.

dent.

moves.



The Gilford Fire Department with help from Rusty's Towing does a demonstration of extricating victims of a simulated car accident.

"It helps with open communication with towns, lets them know where their money's going," Cilley said.

Trooper First Class Lawrence Lundt of the NH State Police showed the bomb disposal unit

for this three week pro-

gram meeting Septe. 13,

20, and 27 from 3:15-4:30

p.m. This month's theme

is Cardboard Creations!

Put on by the Gilford

Public Library, the

Gilford Youth Center,

and the Gilford Parks

and Rec. Funded by the

Friends of the Gilford

pice 101, 6:30–7:30 p.m.

Being Mortal: Hos-

The Being Mortal

Series picks up this fall

with Donna Tondreau

sharing what she has

learned over her many

years as a Hospice

nurse. This program is

free and welcome to all

and questions are wel-

Wednesday, Sept. 21

Line Dancing, 9-10:30

Check Out an Expert,

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10 a.m.-noon

from the ground up.

Public Library.

and their robot, explaining how the robot works and its capabilities.

"It's a chance to kind of explain to the public what we do," Lundt said. "Maybe they can get a sort of appreciation."

(Continued from Page A3)

Teen Early Release Movie, 12:30–2:30 p.m.

The new film "Allegiant" will be shown in the Teen Room during early release.

Content Creators

ed to make a Youtube series, stream Twitch, or even just make clips for Snapchat or Vine? Are you already a content creator? This monthly club for teens will help you get started.

Welcoming Week:

In recognition of Welcoming Week we will host a panel on the stories and lives of immigrants and refugees to the United States and to the Lakes region in particular. This program is part of the partnership

Club, 1:30-2:30 p.m.

Have you ever want-

Immigrant and Refugee Stories, 5-7 p.m.

for Public Health.

#### **CIP PLAN**

in 2019.

"This is a safety issue for our kids," Allen said. "I don't want to wait until 2021 to address the doors in our schools."

project Another scheduled for that year is lighting upgrades at the middle and high schools.

In the 2022-2023 school year the district is aiming to renovate the locker rooms at GHS. The backs of the tiles and the mortar in the boys and girls locker rooms have asbestos. The concrete would all have to be torn out and the asbestos entirely removed. Isabelle said they looked into doing the project in phases, but there is shared piping between the walls that would all have to be replaced.

Isabelle said this does not pose any risks to students now.

The project is estimated to cost \$870,000. Isabelle said they could look into options for setting money aside for this

project, including setting up capital reserve fund and putting aside money from the end of the year fund balance.

(Continued from Page A1)

Around 2023 the district is aiming to replace the roof at GES.

Allen made the motion to move the 2019-2020 projects to 2021-2022 and do the lock project two years sooner. The motion was approved unanimously.

The school board then approved the overall CIP plan as presented.

#### **STUDENT**

bers of the student council went to freshman advisories and talked to students. Zarella spoke at the freshmen assembly about getting involved with their class.

"As a freshman, I ran for student council," Zarella said. "It was a great way to meet the upperclassmen; it's a great way to have a say. I really wanted to help them get involved. I think some of them were really excited about it."

Homecoming is scheduled for the weekend of Sept. 24. Earlier that week, the classes will work on their own spirit wallways. Zarella said everyone will have a say in the theme.

"Although it is a competition, it's a really great way for the classes to bond," Zarella said.

Harding said they did

cancel the Homecoming dance due to low participation.

Around Halloween each of the advisories will take part in the pumpkin decorating contest. In the middle of October each advisory will get their own pumpkin to decorate. Zarella said there is usually not a theme for the whole competition, but each class puts its own spin on it.

Harding said the council will be talking about collecting pumpkins. Usually they get pumpkins from places like Shaw's and Walmart. Sometimes they will go to local farms, but Harding said they learned the growing season wasn't that good this year.

"We'll try to get as many as we can," Harding said.

Harding said this year

(Continued from Page A1) the Student Council is

trying to hone in on its new motto LEAD, which means "Learn, Excel, Achieve, Dream."

The motto was voted on last year by the student body.

"It's basically just trying to get kids to focus on learning and making it more accessible to learn and excel in the school system," Harding said.

Zarella said the Student Council promotes school spirit.

"That's something we'd like to see a little more," Zarella said.

She said they had a spirit week last year, but it didn't get as much of a response as they were hoping for.

"You guys have done tremendous in a short period of time," said board Chair Karen Thur-

(Continued from Page A1)

#### **MOVIE NIGHT**

ifornia there was a big outdoor movie night and she waned to have the same in Gilford.

"Just want to bring everyone together, and make everyone aware the PTA is a part of the school," Sasserson said.

Desruisseaux said she was happy to see so many people at the event. The start time was listed at 6:30 p.m., and by 6:45 p.m. the field was covered in lawn chairs with a lot of people around.

"It's pretty exciting just to see how many people have showed up," Sasserson said.

Sasserson said Gilford has had a working PTA for a long time, though it has not been as active. Last year the PTA held a large fundraiser, which reignited the group. Now

ERIN PLUMMER Families set up their chairs and blankets at Gilford Village

Field for the PTA's movie night. they have a new group of

parents happy to volunteer.

"It's kind of rejuvenated us to reach for bigger and better things," Sasserson said.

The PTA gives back to the school district through the year in many ways. Some of its projects are school events, the "Reflections" national literature contest, Valentines Day Bingo at GES, the spring poetry contest, information for parents, and many more. They are also working to promote drug and alcohol awareness for parents.

The Gilford PTA will be hosting another big fundraiser on Oct. 15 at Bank of New Hampshire Pavilion. The event will feature music by Paul Warnick and the Eric Grant Band, a live and silent auction, a 50/50 raffle, and food from Rubbin Butts Bar-B-Q. Tickets are \$100 a person, all proceeds go to the PTA and go back through the schools.

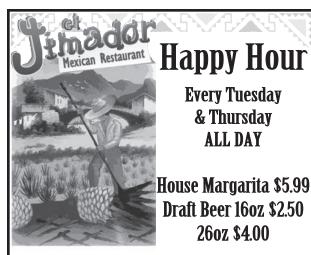
Sasserson said the PTA is always looking for members and parents of children in any of the three Gilford schools are welcome to join. Prospective members can get an application at all three school offices or on the website at https://sites.google. com/a/sau73.org/pta/ home. The application can be turned into any teacher. Membership costs \$10 per person per year or \$20 a couple.

Desruisseaux said she loves being part of the PTA. She said she joined last year as soon as her daughter entered kindergarten.

"I think Gilford's awesome," Desruisseaux said. "It's my daughter's school, and I feel like I'm making it better for her."



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important to them to have a banking partner with the same

understand the importance of delivering outstanding service

with Ruth and Hayden McLaughlin of Belknap Landscape Company

Business Development Administrator at Meredith Village Savings Bank meets

(Continued from Page A4)

#### **NOTEBOOK**

(Continued from Page A4)

another happy summer there, given up by my parents for the season, up it grew, with me.

So the other day I went out to the garden for a cuke, and contemplated the havoc of what just yesterday was straight and neat. It is a disheveled mess, awaiting the heap that will begin its transition back to soil. If you want an example of something holistic, contemplate a garden.

But pulling up a garden planted just a moment ago is not a sad thing for me, any more than thinking about when to start dragging trees for the outdoor furnace or splitting up a little more kindling. It is all about loving the life.

(This column runs in weekly newspapers covering two-thirds New Hampshire from Concord to Low-Quebec and parts of western Maine and northeastern Vermont. Letters must include the writer's telephone numbers and town. Write to campguyhooligan@ gmail.com or Box 39, Colebrook, NH 03576.)

#### **TURKEY**

will be made at the luncheon. The luncheon is open to the general public for a modest \$5 with soup, chowder, chili and desserts coming from some of the Lakes Region's finest restaurants. Plungers receive free admission to the luncheon.

"This is a significant fund-raising activity for our local Salvation Army," said Captain Scott McNeill of the Army.

He added that 100 percent of the funds raised at the Turkey Plunge, after expenses, will go directly to fund Salvation Army programs like homeless shelter at the Carey House, the Food Pantry, which last year, had 6,500 visitors, provided toys for over 1,600 children during 2015Holidays, served 16,000 meals to

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tion; Mainstay Tech-

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ings Bank- Coaster and

Bank of New Hamp-

shire Pavilion – Music

advance and \$65 at the

door. Tickets for Un-

corked with the Celeb-

rity Chef session are

\$75 in advance or at the

door space permitting.

Visit www.lrcs.org or

the Lakes Region Com-

information.

Tickets are \$55 in

sponsor.

(Continued from Page A5)

our neighbors in need and helped send low income kids to summer camp. Anyone interested in learning more about the Turkey Plunge is invited to visit our Web site at

www. saTurkey-Plunge.org. Don't forget to join the Plunge Party on Oct. 29... gather up your friends and co-workers to challenge others to "Take the Plunge!"

#### **UNCORKED**

want to make a night of it, overnight accommodations for Thursday night are being offered at a discounted rate at the Inn at Mill Falls and Church Landing. Availability may be limited. For reservations and details, call 1-800-622-6455.

"Because of the generosity of our corporate sponsors, ticket sales directly help the many people LRCS serves in Belknap and S. Grafton counties – people developmental disabilities, brain injuries, and children and families in need of support, as well as elders and veterans, added Santaniello. This is a wonderful event for the all of us living and working in the Lakes Region and for visitors who appreciate what our state has to offer."

Special thanks are extended to the major

(Continued from Page A8)

available online www.uncorked16. eventbrite.com. For a print brochure or questions email uncorked@ lrcs.org.

Lakes Region Community Services is a nonprofit, comprehensive family support agency with a primary focus of providing supports to individuals developmental with disabilities and/or acquired brain disorders and their families.

A dynamic human services organization, LRCS offers other essential and critical services to individuals in the greater Lakes Region from throughout their lifespan. At the core of LRCS' work are inclusion, acceptance, and building strengths and partnerships – whethmunity Services Face- er at the individual, book page for more family or community Tickets level.

#### **MARKETS**

to be moved to a fee account, maybe it is time to ask yourself, should I re-evaluate my retirement plan and asset mix to make sure that I am not paying too much in fees and my needs and objectives are aligned with the current portfolio make up. If your financial advisor did not treat you in a fiduciary manner before the new fiduciary rule, what makes you think that advisor has suddenly learn to manage client money with the client's best interest in mind? There is a big difference between a sales organization concerned with product placement versus asset management and or allocation. Selling product requires sales skills. Managing money requires knowledge and training that typically takes many years to acquire. The long-term effect of this new fiduciary rule, I believe will be positive. But there is a time we are entering where salespeople are expected to view their clients with a whole other set of eyes and

skill set they may not possess. To re-evaluate your current retirement plan, a good place to start is at my website www.MHP-asset.com. Then go to "tools", in the drop-down choose risk analysis to evaluate your current risk tolerance and potentially match up the portfolio that is more suited for you now.

Mark Patterson is an advisor with MHP asset management and can be reached at 447-1979 Mark@MHP-asset.

(Continued from Page A5)

#### **HARVEST**

dawn to dusk.

during the month of March, heritage gardens, and a forested pond. Prescott Farm is open year-round, seven days a week from 9 a.m.-4 p.m. Hiking trails and our Natural Playscape are open to the public daily from

This is sure to be an enjoyable event for all, and what better way to end the summer? We hope you will be able to join us. For more information on this event please visit our website at www.prescottfarm. org. You can also find us on Facebook!



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#### AWARD

shire banks face in the overburdening environment of rules and regulations. He has been a long-standing member of the NHBA's Legislative Committee, and currently serves as Chair - informing and shaping our role in the state legislature each legislative

Thornton closed her remarks with, "Please join me in thanking Mark for all he has personally and professionally given to the banking industry and to so many communities in this great state."

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munity engagement. Recipients are respected industry professionals who have made a significant impact on those around them by inspiring others to become involved in community service.

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(Continued from Page A9)

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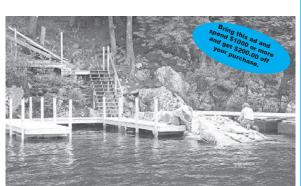
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(Continued from Page A11)

#### **CHAMPLAIN**

Schwartzkopf is majoring in Computer Science and Innovation.

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ucation embodies the notion that true learning occurs when information and experience come together to create knowledge. Champlain College is included in the Princeton Review's The Best 381 Colleges: 2017 Edition.

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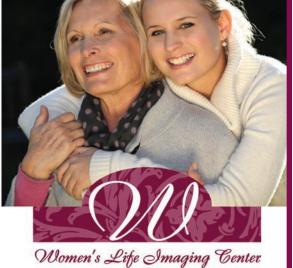
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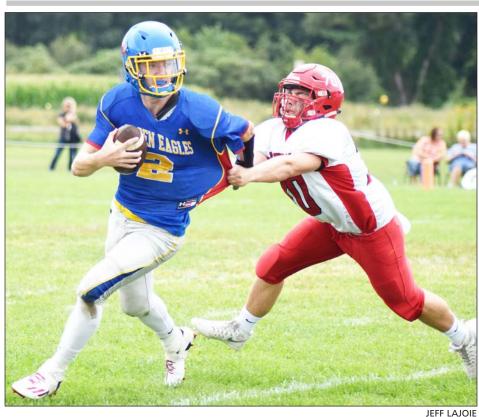
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A Dept. of Lakes Region General Hospital

**THURSDAY SEPTEMBER 15, 2016** 

THE GILFORD STEAMER

NewHampshireLakesAndMountains.com



Gilford-Belmont quarterback Braedon Lacroix tries escape the grasp of a John Stark player during Saturday's 42-0 loss to the visiting Generals at the Meadows.



Gilford-Belmont junior Brandon Scheffer leads a defensive stop on John Stark tailback Leif Mailloux on Saturday afternoon at the Meadows.

### John Stark thumps Eagles in home opener, 42-0

**BY JEFF LAJOIE** 

jlajoie@salmonpress.com

GILFORD – After a solid road performance in Week 1, the Gilford-Belmont football team certainly had its work cut out for it on Saturday in the home opener. Facing a John Stark team that many expect to be amongst the top squads in Division II this fall, the Golden Eagles were overmatched in a 42-0 thumping at the Meadows.

"(John Stark is) a program that is playing at a high level right now and we're working hard to become a pro-

gram like that in the future," said G-B head coach Josh Marzahl. whose team fell to 0-2 on the young season after a season-opening loss to Kennett. "(Stark) hasn't always been a top flight program, but the last few years they've been very solid."

The visiting Generals (2-0), which beat Souhegan in the opener before coming to town on Saturday, scored on all five of their offensive possessions in the first half, and added a sixth score on an interception return for a touchdown to lead

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42-0 at intermission. That triggered running time in the second half, and the teams matched zeroes for the final 24 minutes of play.

"(Against Kennett), I thought our execution was a lot better than it was (on Saturday)," said Marzahl. "We didn't execute the way we need to in order to be successful. We're going to have to go back to practice and ramp up our preparation in order to get better next week."

John Stark senior quarterback Drew Mc-Quarrie, who has college scholarship offers

from several schools, threw two touchdowns and ran for two more. The 6-foot-5 signal caller was 7-of-10 through the air for 95 yards, and he added 49 yards on eight carries in just under a half of work. He guided the General to a 7-0 lead just 2:26 into the game with a 26-yard TD toss, and he threw a second to Leif Mailloux just over three minutes later to make it 14-0.

Gilford-Belmont's offense was unable to match the Stark attack, as the Eagles were held to just 11 yards of offense in the opening

half. It was 21-0 after one quarter before Stark put up 21 more points in the second period to take the 42-0 halftime advantage.

G-B did have two drives move into Stark territory on the day, though the Eagles did not take a trip into the red zone. The best drive came in the third quarter, when quarterback Braedon Lacroix guided his team from

their own 18 yard line to the Stark 32. Lacroix connected with Dom Troiano on backto-back completions of 23 and 13 yards during the march, and Lacroix added a 12-yard carry of his own while Dylan Gansert scampered for nine yards two plays later. But two sacks stalled things and moved the ball all the way back towards mid-

SEE FOOTBALL PAGE B3





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### Offense held in check as Eagles fall to Inter-Lakes, 2-0

**BY JEFF LAJOIE** 

jlajoie@salmonpress.com

In a GILFORD where goals hard come by, visiting Inter-Lakes High School made big plays in crunch time on Sept. 7.

The Lakers got goals from a pair of freshmen in the final 13 minutes of the second half, breaking through in a scoreless game to earn a 2-0 victory over host Gilford High School in Division III action.

The win enabled I-L to surpass last year's win total, as the Lakers nabbed their second victory of 2016 on the road against a Lakes Region foe.

With the teams trading zeroes for the first 67 minutes of regulation, I-L freshman Makenna Edgar put the visitors on the board. After the ball deflected around between several players near the edge of the penalty area, Edgar gathered control, spun and fired a left-footed shot into the corner of the net that beat a diving Hannah Perkins in the Gilford net for a 1-0 lead.

While the Eagles pressed for the equalizer over the final 10



Gilford's Caitlyn Nash-Boucher traps a bouncing ball in the second half of the host Eagles' 2-0 loss to Inter-Lakes in Division III action on Sept. 7.

minutes, the Lakers managed to tack on the clincher with just 2:49 remaining. Senior sweeper Kailee Bennett took a free kick from distance, and her blast on net clanked off

the crossbar. The rebound was taken down by freshman Molly Kernen, who blasted home the rebound to give I-L a 2-0 lead with little time remaining.

It was the second



Junior Micaela Niskala dribbles down the field for Gilford in its 2-0 loss to visiting Inter-Lakes on Sept. 7.

win of the season for an Inter-Lakes team that is much improved from a year ago. Thanks to an influx of freshmen, the Lakers have played competitive games during the early going, and they were rewarded with another victory.

Gilford's offensive woes continued in the loss. Through their first three games of the regular season slate, the Eagles scored just as Samantha Knowles'

one goal in dropping games to Berlin, Fall Mountain and I-L.

The first half of the Lakes Region showdown saw both defenses hold firm. The squads are solid in the back, with Gilford's Olivia Trindade and I-L's Bennett keying things as the last line of defense.

Gilford nearly got on the board with 33:30 left in the second half,

shot on a cross was turned away by I-L freshman goalkeeper Taylor Ambrose at point blank range.

Midway through the second half, the Eagles again brought the pressure that nearly brought the go-ahead tally. This time it was Sarah Currier, who floated a free kick to the upper corner before being snatched away by Ambrose just in time.

I-L's Olivia Pendergast, who had a solid game in the midfield. had a scoring chance iust one minute later. as her shot inside the box was turned away by Perkins. The rookie tandem of Pendergast and Edgar made things happen throughout the contest for the Lakers.

Gilford got strong play in the back from Trindade, along with offensive work out of Lauren Dean and Sarah Fillion.

Ambrose and senior Makenzie Giroux combined for the shutout in goal for the Lakers, their second of the season. With Bennett pacing the defense, the unit that also featured Margaux Dickinson and Gabriele Nedeau was stout.

The teams will meet one more time late in the regular season, when the Eagles travel to Meredith to play Inter-Lakes on the turf of Charles Burrows Memorial Field on Oct.

### **Madison Relf captures** top spot in Sanbornton

was an impressive performance for the Gilford High School cross country teams on Sept. 8. Both teams took the top spots in a quad meet hosted by Winnisquam at the Sanbornton Town Park.

In the girls' race, Madison Relf nabbed the top spot overall with a time of 23 minutes, 16 seconds; 21 seconds clear of the next-fastest finisher

beth Relf was next for Gilford in third place overall with a time of 23:38, while the Eagles had the next two finishers in Natalie Fraser (fourth, 23:42) and Kaitlyn Callahan (fifth, 24:45).

In the boys' race, Gilford's Josh Valentine was his team's top performer as the overall runner-up be-Winnisquam's

him 27 seconds back of Mann, while senior Mark Young was third overall in 18:19.

Steven MacDonald was next for the Eagles in seventh place overall (19:29), while Matthew McDonough (eighth, 19:45) Eddie Demers (11th, 20:22) also contributed in the scoring on the afternoon.

### SANBORNTON – It on the 2.8-mile course. Kyle Mann. Valenas an impressive per- Twin sister Eliza- tine's time of 17:58 put Newfound bands Eagles first loss, 2-0

BY JEFF LAJOIE

ilaioie@salmonnress com

BRISTOL – For the first time this season, the Gilford High School field hockey team found itself on the losing end of things on Friday.

The Golden Eagles battled with fellow unbeaten Newfound Regional High School, and

the host Bears managed to keep Gilford off the scoreboard for the first time all year en route to a 2-0 victory in Division III action. The loss dropped the Eagles to 3-1 on the season entering this week.

Kylee McDonald and Caroline Marchand scored for Newfound (4-

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0), which led midway through the first half and added an insurance marker late in the second.

The loss came on the heels of a 5-0 shutout of Mascoma earlier in the week, also on the road in Canaan.

Junior Kellie Ryan recorded three goals and added two assists in the win, including a penalty stroke in the first half. All three of her tallies came before intermission, where Gilford led 3-0 at the break.

In the second half, Cloe Boucher and freshman Sydnie Lehr found the back of the net with feeds from Ryan. Nicole Berube recorded an assist in the first half, while goalkeeper Jenna Delucca turned away two shots in net for the team's third shutout of the season.



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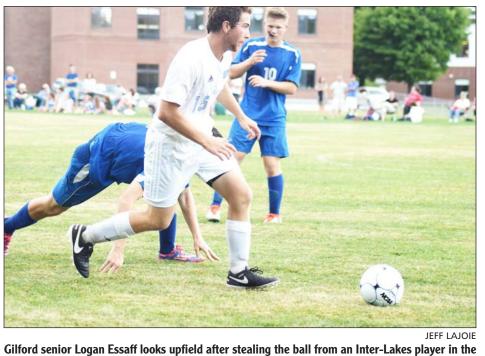
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Sandor Gamache of Gilford battles shoulder to shoulder with I-L's Alex Losada in the second half of the Eagles' 8-0 win on Sept. 6.



### Eagles continue to roll

**BY JEFF LAJOIE** 

jlajoie@salmonpress.com

GILFORD - A year ago en route to the state championship, the Gilford High School boys' soccer team got its fair share of push back Inter-Lakes High School. The Lakers earned their first result against Gilford in 15 years with a tie during the regular season, and a late Golden Eagle goal in regulation was all that separated the teams in the D-III tournament.

Eagles' 8-0 victory in Division III action last week.

Fast forward a year however, and the two teams found themselves in very different places last week. The defending champs return the bulk of their starting lineup and have dominated competition so far this season, while the Lakers start five sophomores and are learning to navigate their way through the D-III landscape.

The clashing of styles came to a head, as the host Eagles had no problems dispatching the young Lakers, 8-0, in the lone regular season meeting between the two Patrick O'Connor had clubs on Sept. 6.

"They were ready to play and we weren't," admitted I-L head coach Dan Curnyn. "The stage was a little too big for us at the beginning of the game. But we're starting five sophomores and learning right now. Eventually, I think things will work out for

The game showcased Gilford's complete package, as the Eagles dominated play, leading 6-0 at halftime and never being threatened.

"We've had a great distribution from a good, diverse group of players so far. It's been a great start

to the season," offered GHS head coach Dave Pinkham.

Connor Leggett had three goals in the win for Gilford, while Owen Ramsey added a pair. a goal and two assists, while Branden Lemay also scored a goal and chipped in a pair of assists.

"The bulk of our goals are coming from the outside and in, which is where we have a strength with players like Lemay and O'Connor out there," Pinkham said. "But I'll be honest, with the way we started off in the preseason offensively, I wouldn't have thought that we'd be scoring as many goals as we have so far."

The Lakers did play a much better second half, while backup goalkeeper Ian McCabe came into the contest late and made some strong saves. The squad was powered by senior captain Logan Taylor up top, while Alex Losada's usual hustle and hard work were showcased in the sweat clinging to his blue jer-

"We kept our heads up. That's a really good team," said Curnyn of Gilford. "They're the defending champs. Our second half was much better but we're still trying to figure out ourselves."

Gilford's lockdown defense led by seniors Logan Essaff and Alden Blais along with juniors Tyler Hanf and Seth Valpey, made life difficult for Taylor and the Lakers up front. It was the team's third shutout in the first four games of the year.

"We're skillful in the back and we've established so much of our offensive presence because of the way we play in the back," Pinkham said.

In the JV game that followed, the Eagles completed a sweep of Inter-Lakes with an identical 8-0 win.

Colton Workman pumped in four goals in the victory, while single goals were scored by Mikey Eisenmann, Brian Tremblay, Deagan Boucher and Devin Farrell. The goalkeeping tandem of Carter Segalini and Troy Gallagher combined for three saves to pick up the shutout.

The Eagles closed out the week with a huge 2-1 win over Prospect Mountain, as they took to the road and nabbed their biggest win of the season on Sept. 8.

Sander Valpey continued his blistering goal streak to open the year, as he put Gilford up 1-0 with a tally 5:33 into the second half.

After PM tied the game, Lemay buried the game-winner with 9:10 remaining. His shot to the far post beat the keeper, and the Eagles quelled any further threats to earn the 2-1 victory.

### Workman's 36 sends Eagles to sweep

GILFORD – In a three school match on Sept. 7. host Gilford High School breezed to a sweep of Belmont High School and Plymouth Regional High School in Division III golf action at Pheas-

The Golden Eagles combined for a team to-per Blackev all shot 48s. tal of 178, 21 shots clear of Belmont's 199. Plvmouth was third with a total of 211.

Gilford's Grant Workman took home medalist honors by a wide margin, as he carded a round of 36 in the number one slot. Ethan Carrier was the Eagles' second scorer with a round of 46, while Shaun Edson, Hunter Wilson and Coo-Brendan Bergman (54) and Connor Hayes (56) also competed for Gilford on the day.

#### Dragons softball tryouts are Sept. 25 Dragons ASA Soft- by noon on Sept. 25. and catchers. Tryouts on the field as much as

U10 and U14 teams will be Sunday, Sept. 25, at Woodland Heights Elementary School, 225 Winter St. in Laconia. A rain date will be posted on Facebook if needed

ball open tryouts for Tryouts for 14U are free.

pitchers and catchers will be from 1:30 to 2 p.m. Tryouts for all 14U players are 2 to 3 p.m., from 3 to 4 p.m. for all 10U and from 4 to 4:30 p.m. for 10U pitchers

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play.

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petitive future high school teams. Therefore these teams will have tournaments after the closing of the Babe Ruth season. They will have practices, however they will be working closely with Babe Ruth coaches so schedules don't conflict with practices.

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Lacroix was under fire all day from the Stark defense, and he finished the afternoon 4-of-13 for 59 yards and an interception through the air. Troiano caught two passes while Gansert and Tanner Woods also hauled in single receptions. Joe Bonnell was

a bright spot on the ground for the Eagles, as he totaled four carries for 24 yards.

The regular continues the Eagles on Friday night (Sept. 16), as Gilford-Belmont travels to Bow High School, which also moved up from D-III this fall, for a 7 p.m. kickoff.





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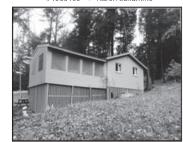
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10:00 a.m.-Strafford, NH - Selling to the Highest Bidder Above: \$55,000 202 Roller Coaster Road is a 1,296± sq.ft. manufactured home that was built in 2008± and includes 3 bedrooms and 2 bathrooms. The property totals 1.08± acres. Tax Map



12:00 p.m.-Laconia, NH - Selling to the Highest Bidder Above: \$59,000 63 Pine Street is a 1,298± sq.ft. New Englander style home and includes 3 bedrooms and 1 bathroom. The home sits on a .09± acre lot and includes a 2 car

detached garage. Municipal water and sewer. Tax Map 448, Block 184, Lot 60. Assessed Value: \$105,500.



2:00 p.m.-Middleton, NH - Selling Absolute. 300 Kings Highway is a 1,296± sq.ft. Cape style home that was built in 1978± and includes 2 bedrooms and 1 bathroom. Full basement and sits on a .030± acre lot. Tax Map 16, Lot 11.

Assessed Value: \$139,600.

**Inspections:** One half hour prior to the auctions, if permitted.

Terms: \$5,000 deposit in cash, certified check or bank check at time and place of sale. Balance due at closing within 30 days or when the mortgagee's deed is ready for delivery. Subject to all terms of mortgagee's notice of sale.

Broker Participation Invited

Paul M<sup>c</sup>Innis Inc.™ For a property information REAL ESTATE package go to www.paulmcinnis.com

Lic. #2089 - (603) 964-1301 - Ref. #16PM-38 A,B&C



Has fabulous views and is located on quiet, paved road less than 3 minutes to downtown. Features modern open concept living space w/ cathedral wood ceilings, sliders to wrap around decks, 2 fireplaces, 3 bedrooms and 2.5 baths situated on a beautiful landscaped lot w/dock on Crescent Lake. Includes a cozy year round 2 bedroom Guest house, 2 bay garage, paved driveway & more...Walk to the Bridge Falls Path to town, the Nick and Lake Wentworth Beach!

Check out Wolfeboro Bay at: WWW.Wolfecam.com



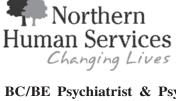
Seeking BC/BE Psychiatrist & Psychiatric APRN - FT (35hrs) at The Mental Health Center in Berlin, NH (prefer FT but PT possible for Psych APRN; child/family certification preferred). Integrated multidisciplinary clinical team. 100% outpatient; 90-min evals and 30min med appts. Optional paid phone-only

Benefits include medical insurance, 403(b) with employer match, 11 paid holidays, generous vacation.

State of NH Loan Repayment Programs. Must have current NH License, accredited training, and skills in community psychiatry.

requirements to Melissa Myers, MD, NHS, 25 W. Main St., Conway, NH 03818 or e-mail to mmyers@northernhs.org.

adequate auto insurance and the completion of driving, criminal and background records checks. This Agency is an Equal Opportunity Employer, and Provider.



overnight/weekend call.

Eligible for National Health Service Corps and

Please send CV and cover letter with salary

Positions require a valid driver's license, proof of



Are you seeking employment in a dynamic organization? We are experiencing continued growth! We are currently seeking motivated, detail oriented, and dependable people to fill the following positions: Material Handlers\* Machine Operators \* Industrial Spray Painters \* Mold Setters/Technicians \*MULTIPLE OPENINGS ON 1st 2nd 3rd & WEEKEND SHIFTS\* GI PLASTEK CORPORATION is located in beautiful Wolfeboro, NH. We offer competitive pay rates, benefits including health & dental insurance, life insurance, long term disability, matching 401k, 10 paid holidays, paid vacation time, and many additional incentives!

For immediate consideration, please come to Five Wickers Drive Wolfeboro, NH to complete an application or call Human Resources for more information at 603-941-0022. GI Plastek an Equal Opportunity Employer.



## Ready To Say Goodbye To Your Old Car?



### Put Some "Good" In the Goodbye!

Donate your used car to the National Kidney Foundation Kidney Cars Program. The funds can help save lives. We'll arrange a pickup and you might qualify for a tax deduction.\*

Call 1-800-488-CARS





**E**National Kidney Foundation<sup>™</sup>

www.kidneyhealth.org



#### **Lakes Region Child Care Services**

Is looking to fill the following positions:

COOK, INFANT, PRESCHOOL, SCHOOL AGE & PROGRAM STAFF

Belmont, Laconia & Plymouth

Comfortable, friendly & supportive environment. Great benefits - Healthcare & Dental. Must have 12 ECE credits minimum. For more information: Please call 524-1235 or email: tricia@lrchildcare.org

USDA is an equal opportunity provider and employer

# BURNDY®

**Machine Operators and** Plating Technician openings

Nesco Resource a natiowide staffing service is currently partnering with Burndy LLC to hire over 20 people in their

Please contact Deb Allaire toll free 1-603-417-3000

Lincoln facility.

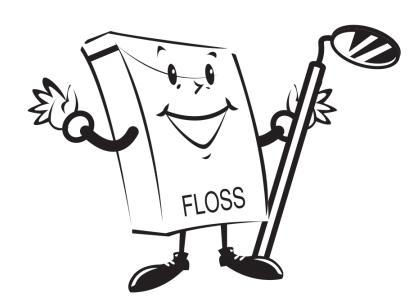
Burndy® and Nesco Resource are Equal Opportunity Employers-M/F/Veteran/Disability. All Qualified applicants will receive consideration for employment without regard to race, color, religion, sex, natural origin, disability, protected veteran status or any other protected class.



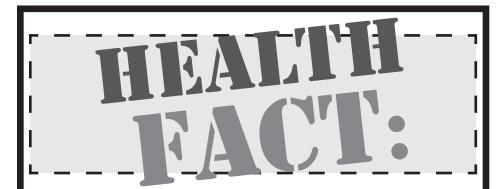


### CREATIVE COLORING

Color in this picture to create your own masterpiece.



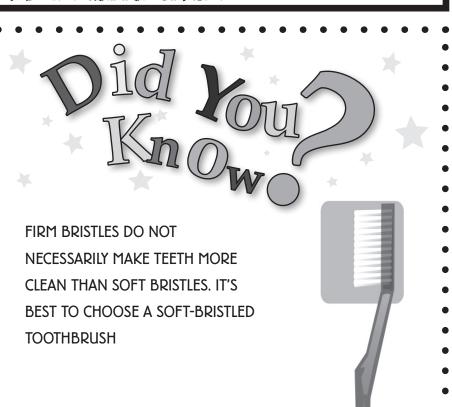




BELIEVE IT OR NOT, SOME HEALTH PROBLEMS CAN BE PREVENTED BY KEEPING THESE CLEAN AND HEALTHY



ANSMER: TEETH AND GOMS



THIS DAY IN...



### **HISTORY**

•1609: HENRY HUDSON BEGINS HIS EXPLORATION OF THE RIVER THAT WOULD ULTIMATELY BEAR HIS NAME

•1953: FUTURE U.S. PRESIDENT JOHN F. KENNEDY MARRIES JACQUELINE BOUVIER

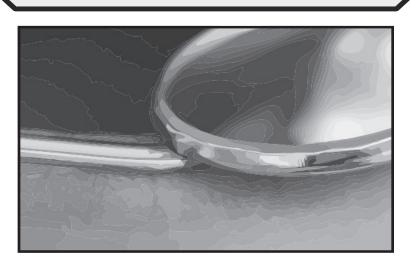
•1992: DR. MAE CAROL JEMISON BECOMES THE FIRST AFRICAN AMERICAN IN SPACE. SHE TRAVELS ABOARD THE SPACE SHUTTLE "ENDEAVOR"



#### **GINGIVITIS**

inflammation of the gums

# GETTE? PICTURE?



CAN YOU GUESS WHAT THE BIGGER PICTURE IS?

ANSWER: DENTAL MIRROR

# How they SAY that in...

ENGLISH: Tongue SPANISH: Lengua ITALIAN: Lingua FRENCH: Langue GERMAN: Zunge J.D. Power 2016 IQS Results Are In And We



### SIGN IT & DRIVE IT

\$0 Down + \$0 1st Month's Payment + \$0 Security Deposit + \$0 Due at Signing



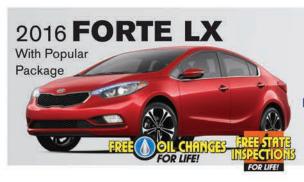
**MSRP** \$17,265 AutoServ -\$565 Customer Cash Rebate -\$1000

SAVE UP TO \$1.565 **Buy For** 

#KC6220

SIGN IT & DRIVE IT

ZERO DOWN!



**MSRP** \$20,220 AutoServ -1020 Customer Cash Rebate -\$2500

#KC6262

SAVE UP TO \$3,520 **Buy For** 

SIGN IT & DRIVE IT

ZERO DOWN!



**MSRP** \$23,120 AutoServ -\$1020 Customer Cash Rebate -\$2500

AVAILABLE

#KC6228

SAVE UP TO \$3,520

Buy For

SIGN IT & DRIVE IT

ZERO DOWN!



**MSRP** \$25,610 -\$1310

AVAILABLE

#KT7026

SAVE UP TO \$1,310

**Buy For** 

SIGN IT & DRIVE IT

ZERO DOWN!



**MSRP** \$31,835 AutoServ -\$1535 Customer Cash Rebate -\$1500

**\$28,800** 

**AVAILABLE** 

#KT7050

SAVE UP TO \$3,035

**Buy For** 

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ZERO DOWN!

Every Eligible Vehicle Comes With AutoServ for Life Benefits:

- Lifetime Engine Guarantee
- Lifetime Oil Changes Lifetime State Inspection
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- Lifetime Free Auto Body Shop Estimates
- 50% Off Paintless Dent Repair AND MUCH MORE!









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\*Pricing assumes all factory rebates and applicable incentives assigned to dealer and may not be combined with other promo offers or any direct mail sale voucher. Payments based on tier 0 (A credit) approval. KIA RETAIL: all 'Buy For' payments require: ZERO down, 3.89% APR for 84mos & include all fees; actual rate and term depend on conditions of credit approval. KIA LEASES: All "Sign & Drive" (S&D) lease payments require NO security deposit, NO money down & include all fees in payment. All advertised lease payments reflect all discounts, manufacture rebates and promotions (not all will qualify). KIA 36 month leases: #KT7050: TOP \$11520 S&D, LEV \$19419; #KC6220: TOP \$7920 S&D, LEV \$8805; #KC6262: TOP \$7740 S&D, LEV \$10312; #KC6228: TOP \$8892 S&D, LEV \$12716; #KT7026: TOP \$9900 S&D, LEV \$16646. See dealer for details. All offers end on September 30, 2016.

†The Kia Soul and Sportage received the lowest number of problems per 100 vehicles among compact MPVs and Small SUVs in the J.D. Power 2016 Initial Quality Study, based on 80,157 total responses, evaluating 245 models, and measures the opinions of new 2016 vehicle owners after 90 days of ownership, surveyed in February-May 2016. Your experiences may vary. Visit jdpower.com.