

Raiders wrap up the regular season at Gunstock



BY JOSHUA SPAULDING
Sports Editor

GILFORD — The Belmont alpine skiers made the trip to Gunstock to round out the regular season on Friday, competing with Gilford, St. Thomas, Bishop Brady, Kearsarge, Prospect Mountain and Newfound.

The teams ran two runs of giant slalom in the morning and then two runs of slalom in the afternoon amidst falling snow.

For the Belmont boys in the morning giant slalom, Tanner McKim led the way with a time of 1:04.48 for 12th place.

Gavin Croteau was next in a time of 1:05.28 for 15th place and Dylan Flanagan placed 20th in a time of 1:07.36.

Tyler Flanagan was

the final scorer for the Raiders with a time of 1:10.34 for 26th place overall.

Mitchell Berry finished in a time of 1:12.74 for 29th place and Hunter Haht-Acers was 32nd overall in 1:15.6.

In the slalom, Belmont skied to second place overall, with Berry finishing first with a time of 49.61 seconds.

Croteau finished in 15th place in a time of 1:09.46 and McKim placed 16th in a time of 1:09.77.

Dylan Flanagan was 20th in 1:13.6 to finish out the scoring.

Haht-Acers was 35th overall with a time of 1:32.87.

Trinity Yale led a pair of Belmont girls in the

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Endicott College announces local Dean’s List students

BEVERLY, Mass. — Endicott College, the first college in the U.S. to require internships of its students, is pleased to announce its Fall 2020 Dean’s List students. In order to qualify for the Dean’s List, a student must obtain a minimum grade point average of 3.5, receive no letter grade below “C,” have no withdrawal grades, and be enrolled in a minimum of 12 credits for the semester.

Liam Donovan of Belmont and Gage Jacques of Sanbornton have met these requirements:

About Endicott College

Endicott College offers doctorate, master’s, bachelor’s, and associate degree programs at its campus on the scenic coast of Beverly, Mass., with additional sites in Boston, online, and at U.S. and international locations. Endicott remains true to its founding principle of integrating professional and liberal arts education with internship opportunities across disciplines. For more, visit endicott.edu.

Belmont girls take a pair from Winnisquam

BY JOSHUA SPAULDING
Sports Editor

TILTON — The Winnisquam and Belmont girls’ hoop teams met up for a pair of games last week, with the Raiders coming out with a 41-30 win on Thursday, Feb. 4, in Belmont and then a 47-16 win the following night in Tilton.

The first game saw the two teams separated by just a point after one half, with Belmont up 18-17. However, the Raiders pulled away in the second half and secured the win.

“We really got our-

selves in foul trouble in the first half, with both our bigs having three fouls each,” said Winnisquam coach Mark Dawalga. “Give Belmont credit, they played well.”

Lauren MacDonald had nine points and three steals for the Bears, while Mackenzie Philiply had seven points and five steals. Dawalga noted that Trinity Carter was strong on defense, pulling in seven rebounds to go with four points.

The following night,

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JOSHUA SPAULDING
Trinity Yale skis through the snow in action last week at Gunstock.

Bulldogs come up short up north



Owen Guerin battles for position in action Saturday night in Berlin.

JOSHUA SPAULDING

BY JOSHUA SPAULDING
Sports Editor

BERLIN — After being seriously outshot by the Berlin-Gorham Mountaineers earlier in the week, Belmont-Gilford hockey coach Jason Parent challenged his kids to put more pucks on net in the rematch on Saturday night in Berlin.

The Bulldogs responded to their coach’s message, seemingly throwing everything they had at Berlin-Gorham netminder Kolin Melanson. However, it wasn’t quite enough, as the hosts scored a goal in the first period and held on for the 1-0 win.

“We stressed all week what we wanted to do after they outshot us pretty hard the last time,” Parent said. “We wanted to get more pucks to the net and make their goalies work.”

“And I definitely think we did that,” Parent said, as the Bulldogs put 20 shots on net on the night.

Berlin had the better

of the earlier chances, with Bulldog keeper Colin McGreevy was able to make the saves in the net. Brady Logan had the first chance for the Bulldogs, but it was turned away by Melanson, while Zach Gilbert had a shot ring off the post as well. The hosts came back with a couple of bids that missed the mark while Adam Ribiero had a centering pass that was deflected in front of the net.

The Mountaineers were able to get on the board with 3:40 to go, taking the 1-0 lead. Belmont-Gilford had a couple of good bids, with Geena Cookinham firing a shot on net that was denied while Aiden McKenzie had a pass miss connecting through the crease to close out the first period with Berlin-Gorham holding the 1-0 lead.

Berlin tested McGreevy right out of the gate in the second period, but they couldn’t get

the puck in the net. Belmont-Gilford came back with some chances, with Logan Moulton, Gilbert and Owen Guerin putting the puck on net, but they couldn’t get it past Melanson. Zoltan Stefan had a shot blocked by the Mountaineer defense.

Belmont-Gilford got the first power play of the game with 8:09 to go in the second period, with Guerin and Logan getting the best chances, but they were denied and the penalty was killed off. A few moments later, the Bulldogs took their own penalty and McGreevy was able to make a couple of saves, while Stefan had a good clear and Gilbert had a short-handed chance that was denied as the penalty was killed off.

The two teams exchanged chances, with Guerin and Jackson Collins getting chances for the Bulldogs as the period came to a close with the Mountaineers up 1-0. Berlin-Gorham came

up with a couple of early chances that missed the mark on the net, while Moulton had a shot deflected at the other end. The Mountaineers continued with pressure in their zone, with McGreevy holding strong. Stefan had a shot go wide for the Bulldogs while Guerin had a shot denied and Gilbert got in close for a chance.

The Mountaineers rang another shot off the post while Guerin had a great chance that Melanson was able to poke away. Bradley MacIntire and Ribeiro got in close with bids as the clock ticked down into the final minutes. McGreevy came out of the net in the final minute and the Bulldogs were able to get a couple of faceoffs in their offensive zone, with Brendan Folan and Ribeiro getting late bids, but Melanson didn’t surrender anything and the Mountaineers had the

SEE BULLDOGS, PAGE A7

JBT Game set for Feb. 20 in Laconia

LACONIA — The JBT Game and the Not So Mini One-on One Shootout Competition is back. Cancer hasn't taken the year off and neither will they. This JBT Game and fundraising event will be held in conjunction with the New England Wolves game on Saturday, Feb. 20, at 5:45 p.m. on the ice of Merrill Fay Arena in Laconia as the EHL New England Wolves take on

their southern rival, the NH Avalanche.

The NH Chapter of the Cure Starts Now and the Wolves are proud to announce this year's roster of shooters:

Neil Ravin - Director of PR and Social Media for the EHL;

John McKenzie - fan favorite, local coach and father to many;

Brit Hart - game day reporter for the EHL;

Chris Dey - (with mystery shooter).

The 2021 (pandemic version) of the JBT Game will look different than previous years in order to provide a safe environment. At the game attendance is not encouraged (other than players' parents), keeping in accordance with NH state guidelines, so a

free live feed of the game will be broadcast on YouTube (DPPG | JBT Charity Game: New England Wolves vs. New Hampshire Avalanche - YouTube) for JBT supporters, local residents, fans and donors to watch from the comfort of their home. Mask wearing is mandatory. The amount of shooters and duration of the shootout is limited as well. There will be no congregating in the lobby or at the venue sweatshirt sales, so people are encouraged to go online and donate and/or purchase t-shirts and sweatshirts online (Home | The Cure Starts Now).

"The Wolves organization would like to personally thank Jesse and the Thompson family

for allowing us to hold this event again. 2020 and 2021 have been devastating to charitable organizations who receive donations through events and campaigns," commented GM Andrew Trimble. "Yet cancer is still affecting families, lives and communities and research needs funding."

The JBT Game was started in the 2015-16 season, as the Wolves defeated the Vermont Lumberjacks in a memorable 7-5 event. Since that time, the game has raised more than \$100,000 for the Cure Starts Now foundation, and the local chapter has raised more than one million. DIPG, the cancer that affected John Bradley Thompson, is an inoperable

form of brain cancer that leaves families with little to no hope.

The Cure Starts Now focuses on the Homerun Cure to all cancers by concentrating the research funding efforts on this deadly form of cancer. With more than \$16.4 million in pediatric brain cancer research funding to date, donors can rest assured that 100 percent of the donation, after credit card processing, will go directly to innovative research. Please join in funding crucial research to save the youngest of warriors.

Check out the event page here and consider donating to one of the shooters.

BELMONT POLICE LOG

BELMONT — The Belmont Police Department reported the following arrests during the week of Jan. 25 through Feb. 3.

Christine Ann Thomas, age 36, of Belmont was arrested on Jan. 25 for Driving After Revocation or Suspension.

Douglas W. Cavette, Sr., age 59, of Laconia was arrested on Jan. 25 for Driving Under the Influence-Impairment.

Thomas Michael McNeil, age 33, of Brockton, Mass. was arrested on Jan. 26 for Illegal Kindling of a Fire.

Michele G. Tinker, age 36, of Laconia was arrested on Jan. 26 in connection with multiple bench warrants. Jarod C. Leroux, age 42, of Laconia was arrested during the same incident for Violation of Probation or Parole.

Stephanie D. Farrar, age 43, of Franklin was arrested on Jan. 27 in connection with a warrant.

Crystal M. Merchant, age 37, of Laconia was arrested on Jan. 27 in connection with multiple bench warrants.

Anthony Leroux, age 35, of Gilmanton was arrested on Jan. 28 for Driving After Revocation or Suspension; DUI.

Jayne M. Corliss, age 31, of Laconia was arrested on Jan. 29 for Dealing and/or Possession of Prescription Drugs and in connection with multiple bench warrants.

John M. Stebbins, age 46, of Laconia was arrested on Jan. 29 for Possession of a Controlled Drug and in connection with multiple warrants.

Thomas N. Darling, age 40, of Belmont was arrested on Jan. 30 for Driving After Revocation or Suspension.

Joseph W. Brooks, age 71, of Laconia was arrested on Jan. 30 for Felonious Sexual Contact with a victim under the age of 13.

Jacob R. Sirles, age 29, of Laconia was arrested on Jan. 30 for Operating After Certification as a Habitual Offender.

Jocelyn M. Dubois, age 29, of Laconia was arrested on Jan. 30 on multiple counts of Possession of a Controlled Drug (subsequent).

Joseph E. Costello, age 28, of Belmont was arrested on Jan. 31 for Simple Assault-Physical Contact or Bodily Injury.

Stephanie A. Winsor, age 25, of Moultonborough was arrested on Jan. 31 for Driving Under the Influence-Impairment. Another individual was taken into protective custody for intoxication during the same incident.

Sean C. Dillon, age 40, of Meredith was arrested on Feb. 1 for Disobeying an Officer and Driving After Revocation or Suspension.

Wolves holding tryouts in March

LACONIA — The New England Wolves Youth Hockey Organization, a NH registered 501c3 organization, is pleased to announce its 2021-22 season tryouts at the Waterville Valley Ice Arena.

The Wolves will be offering one team at the following levels next season: U14 full season, U15 full season, U16 full season, and U18 full season.

U15/U16 full season tryouts are March 8 from

7 to 8:30 p.m.

U14 full season tryouts are March 9 from 7 to 8:30 p.m.

U18 full season tryouts are March 16, from 6 to 7:30 p.m.

The Wolves will continue to offer their successful U18 split season program, coached by Mike Potenza, with a tryout in Laconia in the middle of March.

So far in 2020-21, the Wolves Youth Hockey teams have enjoyed stel-

lar seasons, each with a dedication to player development. Some highlights so far for the 2020-21 season include:

Top ranking in NH Tier II U14 according to My Hockey Rankings;

Top 100 US ranking in U16 Tier I according to My Hockey Rankings;

U18 Split Season - first place finish in NH Tier III;

U14 participation in the Fall Beast Showcase; Lakes Region Midget

Challenge Champions - Wolves U16 full season.

All tryouts are run by the Wolves coaching staff including EHL Head Coach Tim Kunes and General Manager Andrew Trimble.

Players and parents are encouraged to pre-register using the PayPal link on the homepage of the Wolves web site.

Kevin Shaw of Roche Realty Group named Top Producer for 2020

LACONIA — Frank Roche, president of Roche Realty Group, with offices in Meredith and Laconia, recently announced that Kevin Shaw of the Laconia office produced a closed sales volume in excess of \$35.5 million, involving

76 transaction sides for the year 2020. Kevin is the top producer for the firm for 2020.

"Kevin had another amazing year in sales and was just \$1 million shy of his record-breaking year in 2019 at \$36.6 million in sales volume.

Kevin's sales accomplishments of \$35,534,950 placed him as the number 7 top producer in the Lakes Region Board of Realtors® that ranked 664 members that produced sales. Additionally, Kevin ranked as number 24 in the entire state

of New Hampshire Association of Realtors® out of 5,803 statewide realtors that produced sales, according to the New England Real Estate Network, Inc.," Frank Roche indicated. "This is a tremendous accomplishment that he achieved individually, not as part of a team, as reported by a number of other top producers."

Shaw has been practicing real estate with Roche Realty Group for 20 years; just in the last five years alone, he has sold \$130,461,951 in properties involving 341 transaction sides. Kevin was born and raised in the Lakes Region. He has been active in sports programs throughout the years as a coach and referee. Shaw also oversees yearly and weekly rentals. Kevin Shaw can be reached at the Laconia office at 528-0088 or on his cellphone at 387-4778.




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Belknap Mill Virtual Book Club joins with Page Turners

LACONIA — The Book Club is growing! Belknap Mill Virtual We are excited to be combining with a like-minded group of history in-

spired readers, The Page Turners.

The book club is history focused and includes a fantastic line up of books about locations and authors throughout New England. Club co-leaders Heidi Smith, The Page Turners and Cathy Waldron, the Belknap Mill Book Club, will take readers on historical journeys of the heritage and communities of New England. This collaboration has created The Belknap Mill Page Turners. The club meets, currently via Zoom, on the last Wednesday of each month at 6 p.m. Book Club dates for 2021

include: Feb. 24, March 31, April 28, May 26, June 30, July 28, Aug. 25, Sept. 29, Oct. 27, Nov. 24, Dec. 29. The book selection for February: “Red House” by Sarah Messer. In her critically acclaimed, ingenious memoir, Sarah Messer explores America’s fascination with history, family, and great houses. Her Massachusetts childhood home had sheltered the Hatch family for 325 years when her parents bought it in 1965. The will of the house’s original owner, Walter Hatch—which stipulated Red House was to be passed down, “never to be sold or

mortgaged from my children and grandchildren forever”—still hung in the living room. In Red House, Messer explores the strange and enriching consequences of growing up with another family’s birthright. Answering the riddle of when shelter becomes first a home and then an identity, Messer has created a classic exploration of heritage, community, and the role architecture plays in our national identity.

For more information or to join, please email: bookclub@belknapmill.org.

Winnisquam Regional graduate earns position on Dean’s List at Susquehanna

SELINS GROVE, Pa. — Madison Genier, of Sanbornton, was named to Susquehanna University’s dean’s list for the fall 2020 semester. The dean’s list recognizes students who achieve a grade point average of 3.4 or higher out of a possible 4.0 for the semester. To qualify, students must complete a minimum of 12 semester hours. Genier, a Management major, is a graduate of Winnisquam Regional High School.

Susquehanna, a liberal arts university offering more than 100 majors and minors in business, humanities, arts and sciences, focuses on intellectual development, global competence and career success. Students develop critical thinking, writing, teamwork and communication skills which, combined with internships and research opportunities, prepare them for a lifetime of personal and professional success.

The university is recognized nationally for its commitment to off-campus study through the Global Opportunities program. Small classes enable faculty members to serve as mentors, as well as teachers. Ninety-six percent of Susquehanna graduates are employed or in graduate or professional school within months. For more information, visit www.susqu.edu.

Andrew Parsons named to College of the Holy Cross’ Dean’s List

WORCESTER, Mass. — Andrew Parsons of Tilton, was named to the College of the Holy Cross Fall 2020 Dean’s List. A member of the Class of 2023, Parsons is majoring in Economics. Parsons was among more than 1,453 students named to the Dean’s List for outstanding academic achievement during

the fall semester of the 2020-21 academic year. To qualify, students must pass four or more letter-graded courses with no failing grades during the semester and earn a GPA of 3.5 or higher. About Holy Cross The College of the Holy Cross, in Worcester, Mass., is among the

nation’s leading liberal arts institutions. A highly selective, four-year, exclusively undergraduate college of 3,100 students, Holy Cross is renowned for offering a rigorous, personalized education in the Jesuit, Catholic tradition. Since its founding in 1843, Holy Cross has made a positive impact in society by graduating students who distinguish themselves as thoughtful leaders in business, professional and civic life.

Matt Roy of Northfield graduates from University of New Hampshire

DURHAM — Matt Roy of Northfield graduated Magna Cum Laude from the University of New Hampshire in December 2020. He/she earned a BSPHYS in Physics. Students who received the honor Summa Cum Laude graduated with a GPA of 3.85-4.0: Students who received the honor of Magna

Cum Laude graduated with a GPA of 3.65-3.84; and students who received the honor of Cum Laude graduated with a GPA of 3.50-3.64. Students are only graduated after the Registrar’s Office has certified that all degree requirements have been successfully completed. Participating in the commencement ceremony is the act of honoring

and celebrating academic achievement. The University of New Hampshire, founded in 1866, is a world-class public research university with the feel of a New England liberal arts college. A land, sea, and space-grant university, UNH is the state’s flagship public institution, enrolling 13,000 undergraduate and 2,500 graduate students.

HIGH SCHOOL SLATE

Thursday, Feb. 11

BELMONT
Boys’ Hoops vs. Prospect Mountain; 6
Girls’ Hoops at Prospect Mountain; 6
GILFORD
Boys’ Hoops at Kingswood; 6
Girls’ Hoops vs. Kingswood; 6

Friday, Feb. 12

WINNISQUAM
Boys’ Hoops at Franklin; 6
Girls’ Hoops vs. Franklin; 6

Saturday, Feb. 13

BELMONT-GILFORD
Hockey at Laconia-Winnisquam-Inter-Lakes; 3:45
WINNISQUAM
Hockey vs. Belmont-Gilford; 3:45
Wrestling vs. Mascoma; 10

Monday, Feb. 15

BELMONT
Boys’ Hoops vs. Franklin; 6
Girls’ Hoops at Franklin; 6
BELMONT-GILFORD
Hockey at Kennett; 12
GILFORD
Boys’ Hoops vs. Laconia; 6
Girls’ Hoops at Laconia; 6
WINNISQUAM
Unified Hoops vs. Prospect Mountain; 3:30

Tuesday, Feb. 16

WINNISQUAM
Boys’ Hoops at Newfound; 6
Girls’ Hoops vs. Newfound; 6

Wednesday, Feb. 17

BELMONT-GILFORD
Hockey vs. Kennett; TBD
WINNISQUAM
Hockey vs. Berlin; 4:30

Thursday, Feb. 18

BELMONT
Boys’ Hoops at Franklin; 6
Girls’ Hoops vs. Franklin; 6
GILFORD
Boys’ Hoops at Laconia; 6
Girls’ Hoops vs. Laconia; 6
Nordic Skiing at Jackson; 3
WINNISQUAM
Hockey at Berlin; 6

All schedules are subject to change.

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PET OF THE WEEK **LUCY**

This beautiful and sweet girl, hasn’t yet learned that the world isn’t scary. She will need a patient and understanding person to show her positive reinforcement, go at her pace and help her understand that things aren’t so terrifying! Once Lucy warms up to you, holy moly is she just so excited and wants nothing more than to play, and be your best friend.

Lucy would do best in an adult only home and may not do well in a busy environment with frequent visitors. She would do well with a confident dog friend or two at home. Miss Lucy is a little fearful of cats, but may do well with a slow introduction and proper management.



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Why we listen to the groundhog

Tuesday, Feb. 2 was Groundhog Day, and it was reported that Punxsutawney Phil came out of his burrow at Gobbler’s Knob, where he saw his own shadow. This means that we will have six more weeks of winter. We’ll take it!

This North American tradition is derived from the Pennsylvania Dutch superstition that if the groundhog sees it’s shadow due to clear weather, it will go back to its den and winter will last just a few weeks longer. If the animal does not see it’s shadow due to the clouds, spring will come early.

This lore originated from German speaking areas where the groundhog is considered the most accurate forecasting animal. Each year, a Groundhog Day ceremony is held in Punxsutawney, Pa., and is always well attended.

The Pennsylvania Dutch, immigrated from German speaking parts of Europe. Groundhog in German is ‘grun’daks.’ In Europe, the Germans had an existing tradition of marking Candlemas as ‘Badger Day,’ where if a badger appeared on a sunny day, casting a shadow, winter would be extended. In some areas a bear or a fox took on the forecasting responsibility.

In Irish folklore, St. Brigid’s Day, Feb. 1, is the first day of spring, which begins the farmer’s year. Seeing a hedgehog was a sign of good weather.

The earliest mention of Groundhog Day appeared in 1840, in the diary of James L. Morris of Morgantown, Pa., who was talking about his German neighbors. In 1886, the observance of Groundhog Day was mentioned in the Punxsutawney Spirit newspaper. It noted, “Up to the time of going to press, the beast has not seen its shadow.” One year later, a group of townspeople went to Gobbler’s Knob in search of the groundhog and so began the tradition. Pre-COVID, gatherings to celebrate in Punxsutawney grew as large as 40,000.

Clymer Freas, who was born in 1867 and passed away in 1942, is said to be the one who created the idea of Groundhog Day. Freas was the Editor of the Punxsutawney Spirit. In 1899, a Groundhog Club was formed in town including a hunt and a feast. It is said that groundhog tastes like a cross between chicken and pork. We’ll pass on finding out.

In 1993, Bill Murray and Andie MacDowell starred in the comedy “Groundhog Day,” which is now considered a cult classic. We must admit to enjoying Mr. Murray more in “What About Bob?” but that’s an editorial for another time. Baby steps.

Send your letters!

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Our fax number is 279-3331.

Or, you can e-mail us at echo@salmonpress.news

Please include your name, address and phone number.

LETTERS TO THE EDITOR

COURTESY PHOTO

Lacrosse clinics

The Laconia Lacrosse Club is gearing up for its 2021 spring season and has begun offering winter clinics on Sunday afternoons and evenings for current and prospective players. The club fields teams for boys and girls in grades one through eight from Laconia and most of the surrounding towns. Interested families should visit the club’s web site and e-mail the club for information about the clinics and the season. Pictured are some of the 10U (third and fourth grade) girls at the clinic on a recent Sunday afternoon at the Laconia Community Center.



STRATEGIES FOR LIVING

Double trouble

BY LARRY SCOTT

It’s enough to give a man a headache! Though popular with millions of Americans, Donald Trump alienated too many of those in power. Whether he deserves to be impeached is beside the point. In the last week of his Presidency, the Articles of Impeachment were little more than a vendetta, a crude and dishonest effort to kick the man while he is down.

There is a lesson here we would all do well to heed. Success in life is often not determined by skill or talent but by our words and our ability to get along with others. In marriage, in business, and yes, in politics, our success will be determined by those from whom we need support and encouragement. No

man is an island; no one stands alone. Mr. Trump has discovered you can do many things right, but if you can’t get along with those with whom you must work and live, it is a house of cards that will soon collapse.

I have great sympathy for the former President, for I, too, have been impeached, and justifiably so. The Articles of my impeachment read a bit differently than those coming from the House of Representatives but they are just as devastating. In the words of the Apostle Paul, “The acts of the sinful nature are obvious: sexual immorality, impurity and debauchery; ... hatred, discord, jealousy, fits of rage, selfish ambition, dissension, factions and envy.” And Paul goes on to say that, “those who live like this will not

inherit the kingdom of God.”

Mr. Trump and I have been condemned by our peers, but I have something going for me no longer available to the ex-President; I have been unimpeached! Whatever charges God had against me have been dropped, the slate has been wiped clean, and I stand guiltless before society and before the Almighty. The same, at least as of this date, cannot be said for Mr. Trump, and it certainly cannot be said for America. We have opted God out of our national life, relegated the Bible to the library, and accepted standards of morality that promise to devastate our nation’s future.

I am not with those who see the current pandemic as a sign of God’s displeasure. But there is

a divine law that stands whether America believes it or not. “Do not be deceived,” wrote the Apostle Paul, “God cannot be mocked. A man reaps what he sows. Whoever sows to please their flesh, from the flesh will reap destruction.”

But God has not left us hopeless for there is another law that is equally true. The Bible says, “If my people ... will humble themselves and pray and seek my face and turn from their wicked ways, then I will hear from heaven, and I will forgive their sin and will heal their land.”

Mr. Trump and I, and indeed, all of America, have one thing in common: we need God ... and we need Him now!

You want to talk about it? Shoot me an email at rlarryscott@gmail.com.

Interesting times in Concord

To the Editor:

This last week or so has been more than interesting. We started committee hearings in Criminal Justice and the fun began. Some of us are back meeting in person in Concord, properly spaced with air purifiers humming in the background. Other members are online fearing for their life. Even with proper spacing in the room some are wearing face diapers and it is impossible to understand what is being said on the other end of the double room. Of course, you can participate online, but heaven forbid we let you, the people, into your Legislative Office Building.

The meeting began with the introduction of two bills legalizing the growing and sale of marijuana (HB237 and HB269). Some tried to object to expert testimony presenting what they know and see on a daily basis resulting in the disaster that has occurred in their states, simply because they came from another state. The committee didn’t have the backbone to kill them. Instead, the bills were retained to be re-worked over the next several months. I voted, unsuccessfully, to kill another bill (HB615) reducing the penalty for a first time conviction of hard drugs....

Isn’t it a fair conclusion to suspect that the suspect has been abusing other drugs before their conviction of a hard drug?

HB63, a bill that defers and cancels the fines imposed by Gov. Sununu’s unconstitutional Emergency Orders was passed out of committee. These Emergency Orders are prolonging the COVID pandemic and his dictatorial rein on Granite Staters. In all likelihood, when it arrives on his desk, he will veto it. However, he needs to know the General Court, including members of his party, disapprove of his actions.

Then the real craziness began. The crazies tried to outlaw rubber bullets and tear gas (HB564). The committee still needs to vote on their recommendation for this bill. It appears that the sponsors only want police to use real bullets. HB81 clarifies that you can defend other individuals who are in your home was recommended Ought to Pass. A bill that would hamstring law enforcement officers from using deadly force in dangerous situations (HB66) was voted Inexpedient to Legislate. Be careful. Some of your neighbors want you to be defenseless and at the

same time want to prevent the police from coming to your defense.

This week, there are several more bills to “protect” you from the police, place restrictions on your Second Amendment rights, and make it easier for illegal immigrants to enter our country.

This isn’t a complete list of all of the bills that were introduced, but a sampling to let you know that the legislators are back in business. If you have several hours, you can follow the committee meetings on <http://gencourt.state.nh.us/>. From the Home page you will get links to House and Senate hearings. All the bills that we recommend either Out to Pass (OTP) or Inexpedient to Legislate (ITL) still must go to the full House. Those that pass will then be forwarded onto the Senate. The year is just beginning!

If you want to contact me, you may email me at dave@sanbornhall.net or call me at 320-9524. Call and maybe we can have a cup of coffee.

Cheers!

REP. DAVE TESTERMAN
FRANKLIN

North Country Notebook

The making of a camp, and talking with the sky



By JOHN HARRIGAN
COLUMNIST

I have a decent share of old outdoor-themed books, published between the Civil War and World War I, full of florid language and fanciful illustrations. The other night I looked through one and came onto an illustration of an old-time woodsman making camp.

In this scenario, an able-looking man with a walking stick in hand, a camp-axe and knife on his belt, and a canvas pack on his back is striding along a trail in the woods, and comes upon an open glade on a little knoll with softwoods all around, and a burbling brook nearby.

“What a splendid place to make camp!” he exclaims, and shedding his pack, sets to work with his sharp little camp-axe. He builds a lean-to. He cuts small branches off small fir trees to make his bed.

He cuts a pole to go between two trees, to hang his stuff. He clears a place for his fire and encircles it with rocks. He scrounges for a night’s worth of wood.

He pulls his supper from his pack—a chunk of pork, a hunk of bread, a piece of cheese, a flask of brandy or wine. He enjoys his fire for a while, watching embers shoot up into the dark and wondering what’s beyond the great beyond.

Sometimes I think these things are almost lost for good, at least in the Lower 48, at least East of the Mississippi, at least east of the Appalachians. It’s a world of permits, privacy, permission, penalties, prosecution, punishment, prison. Even the thought of making a fire can get you thrown into the slammer.

The farther north you go, in general, the freer the lifestyle, but you buy your freedom with a thermometer. The necessities of coping with life in a cold climate outweigh the law. You are either a little bit crazy or totally at peace, or somewhere in between, but wherever you are, it shows. The climate, as they say, builds charac-

ter.

There are still places where you can hoist a pack, draw a bead on some distant place, and just go. I know, because I’ve been there. These days I don’t have to go, because I know.

My dreams take me back to a simpler time, a life without limits. There were no back-yard fences. We had the run of the town. If you fell, someone would pick you up. If you did something bad, everyone would know. If you did something good, everyone would cheer. There was no such thing as privacy.

In my dreams, I travel with an old-fashioned pack-basket, made of ash, light as a feather but spacious and strong, with a waterproof cover to shelter its load. In it are a short-handled axe for around camp, my cooking kit, foul-weather gear, bug-dope, a folded tarp, a small first-aid kit, a very light pair of sneakers, and a pair of socks. Atop the pack-basket in a plastic bag is a tightly rolled light sleeping bag.

It is trail gear I’ve had in one form or another all my life, from Clarks-ville Pond and the upper

reaches of Deadwater Stream and Labrador Brook to the high country of the White Mountains, the West, Alaska, and beyond.

I’m traveling through some of the most remote parts of New Hampshire’s North Country with Fish and Game biologist Karl Strong, on the 44-mile Grouse Line Survey. It’s a legendary trip, undertaken by Fish and Game biologists for more than 40 years. Tomorrow, we’ll be joined by the essayist Edward Hoagland. So far, in two days on the trail, we have not seen a single other person.

When I first made this trip, I was 13 and Karl asked me to go simply for the company. This time, I’m a statewide outdoor writer approaching my forties. The first trip was a lot easier on the knees.

Karl and I are setting up camp near Garfield Falls. We are in the middle of an old tote road, all grown up to hardwood saplings, but near softwoods and a brook. We make a quick job of a lean-to. We gather firewood for the night. We cut small fir-branches for our beds, and our talk follows the sparks into the great beyond.



Garfield Falls once was one of northern New Hampshire’s most remote places. Now, after roads open up in early summer, you can drive right to it. (Courtesy Alltrails.com)

Not so long ago, when it got to be a lot of years since I’d made camp, I decided to sleep on the floor, just so I’d remember. It’s been a while, so I think I’ll do it again soon—lie flat on the floor, with a jacket for a pillow.

I’ll use my lightest sleeping bag. I’ll have to forego the fir boughs for a bed. The dog, if experience rules, will fold herself behind my knees,

as she did whenever we went to camp.

And I shouldn’t need any help standing up in the morning. The dog won’t mind the bad words, and in any case, I’ll keep the phone handy.

(Please address mail, with phone numbers in case of questions, to campguyhooligan@gmail.com or 386 South Hill Rd., Colebrook, NH 03576.)

Comfort Keepers

Winter health risks for seniors

BY MARTHA SWATS
Owner/Administrator
Comfort Keepers

Spending time with loved ones, enjoying nature and participating in activities can improve quality of life for seniors. However, cold winter weather can create a barrier to many senior’s regular schedules. And, it’s not just snow and ice that make winter a difficult season for seniors – additional factors include post-holiday isolation, illness, and the physical effect of cold weather.

Knowing what to look for, and creating a strategy for combatting winter health risks, can help seniors maintain positive mental health and physical wellness.

Some factors to consider include:

Winter blues – Cold air and gloomy skies can make anyone feel less cheerful during the winter months. However, depression can have an outsized effect on seniors and their long-term mental health. Creating opportunities for socialization and finding joyful moments isn’t just for fun – it can help foster critical connection and combat loneliness. There are a variety of uplifting activities that can be enjoyed during the winter months. These include movie nights, reminiscing by the fire, and getting outside on a rare sunny day.

Winter illness – There are a variety of ways that seniors can be physically affected by the winter season.

Pneumonia: Pneumonia is an infection that can be dangerous for seniors due to lung issues that come with age, weak-

ened immune systems and conditions that make pneumonia more severe. Older adults should talk to their doctor about healthy lifestyle changes and vaccines that can help.

Joint pain: Joint pain can be more common for seniors in cold conditions – whether they suffer from arthritis or not. Dressing in layers, regulating temperature inside and stretching exercises can help. A healthcare professional can also suggest exercise, medication or other coping strategies.

Heart issues: Heart attacks and high blood pressure are more common in winter because cold snaps increase blood pressure and strain on the heart. The heart must work harder to maintain body heat, while falling temperatures may cause an unhealthy rise in high blood pressure, especially in seniors.

Winter safety – Being mindful of winter safety issues is important for seniors and their families. Cold weather can be more dangerous for those with some health conditions, like Parkinson’s disease, diabetes or thyroid problems. Seniors should talk to their doctor to learn more. Other types of accidents or injuries can be avoided through education too. Examples include being mindful about fall risks, monitoring carbon dioxide levels and preventing hypothermia.

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Edward Jones: Financial Focus

Financial Gifts for Your Valentine

For many of us, the COVID-19 pandemic may be putting a hold on dinner at the charming local bistro, but the spirit of Valentine’s Day cannot be extinguished. This year, perhaps more so than in the past, you may want to make your Valentine’s Day gifts even more meaningful. So, for example, what can you give your loved ones to help them along on the road to financial security? Here are a few possibilities:

- **Contribute (indirectly) to an IRA**

Virtually anyone with earned income can contribute to an IRA, which offers tax benefits and an almost unlimited array of investment options. Yet, most people never contribute the maximum amount allowable each year, which, in 2021, is \$6,000, or \$7,000 for those 50 and older. You can’t contribute to another person’s IRA, but you can give that person the

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money for that purpose. However, an individual can’t contribute more to an IRA than he or she earned during that year. So, if you were to give someone \$1,000 to be placed in an IRA, that individual must have at least \$1,000 in earnings. Be aware, though, that the recipient can use the money for any purpose.

- **Give shares of stock**


You probably are already familiar with the products your loved ones use – so why not give them shares of stock in the companies that make those goods or services? Most people enjoy being “owners” of businesses whose products they use. Furthermore, owning stocks for the long term can be a valuable component of anyone’s financial strategy. If you are unsure of how to give stocks, you may want to consult with a financial professional.

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- **Create (or revise) your estate plans**

It doesn’t sound very romantic but making sure your estate plans are in order is one of the best gifts you can give to all your loved ones. If you haven’t created your plan yet, contact an attorney who specializes in estate planning. You may also want to involve your tax and financial advisors. And if it’s been a while since you looked at your existing plan, take the time to review it – this is especially important if you’ve had changes in your family situation. On Valentine’s Day, the chocolate hearts and flowers are certainly always appreciated. But financial gifts can help you make a truly lasting impact on your loved ones’ lives.

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Before investing in bonds, you should understand the risks involved, including credit risk and market risk. Bond investments are also subject to interest rate risk such that when interest rates rise, the prices of bonds can decrease, and the investor can lose principal value if the investment is sold prior to maturity.

Pond Hockey Classic goes smoothly despite pandemic, weather

BY ERIN PLUMMER



PHOTOS BY ERIN PLUMMER

DOGS III enjoy a moment of victory at the end of the New England Pond Hockey Classic.



The SQUAD faced off against Mass Cape Bulldogs in the snow during Sunday's finals.



The New England Pond Hockey Classic looked a lot different this year, but players still flocked to Meredith for the 12th annual event.

mnews@salmonpress.news

MEREDITH – The New England Pond Hockey Classic returned to Meredith Bay for its 12th

year despite challenges from the pandemic and the weather. This year's tournament was greatly scaled down with a lot of

changes, but players still came from all over New England and beyond for a weekend of normality out on the ice.

The first pucks landed on the ice of the 12th annual New England Pond Hockey Classic on Friday morning with games continuing through Saturday. Championship games were played on Sunday leading to the winners taking photos with the Lake Winnipe-Hockey Cup Sunday afternoon.

"I think it went great, it was a nice weekend," Pond Hockey Classic founder Scott Crowder said after the awards cer-

emony.

The pandemic led to considerable changes to the tournament. Spectators weren't allowed near the rinks and the rinks were fenced off. Live entertainment, the beer garden, and the locker room tent were all nixed this year. Players coming from outside New England were asked to adhere to New Hampshire's travel restrictions. Only a few teams at a time could be on the rinks to promote social distancing. There were also requirements for masks and temperature checks among others.

Around 130 teams came out to the tournament, half the amount that have played in recent years. Crowder said the players were pretty respectful of the rules and were able to figure out how things were going to go this year.

Ice conditions were iffy a few weeks before the tournament and Crowder received permission from the Meredith selectmen to move the event to Lake Wauke-wan if needed. Just a few days after that meeting temperatures plummeted and thick ice formed on Meredith Bay.

Crowder said it was clear a week before the event that the ice on Meredith Bay was good enough to play on. He said over the years, they have gotten good at looking at forecast trends and responding accordingly.

Snow fell on Sunday resulting in teams playing through heavy flakes and powdery rinks.

Overall Crowder said it was a good year despite all the challenges.

"I'm super proud of our team for us to pull off a (tournament) during a pandemic," Crowder said.

Crowder said everything was made possible by a lot of collaborations, including with the town and the state.

"It was a collaborative effort by a lot of people," he said.

After a weekend of games, the winners of each division were announced, winning gear bags and a photo with the Lake WinnipeHockey Cup.

DOGS III of Newburyport, Mass., won the Open Division.

Hoptown Bulldogs of Hopkinton, Mass., won the 30+ Open Division.

The top prize for the Twig Division went to Spare Parts from southern New Hampshire.

The top team in the Shiny 35+ Division was Mugs of Mount Pleas-

ant, South Carolina.

The SQUAD of Dover won in the Shiny 21+ Division.

The winner of the 50+ Division was The Boot 3 of Providence, Rhode Island.

A number of players said they wanted to make this weekend despite the obstacles, some saying this weekend on the ice created a sense of normalcy

This is the fourth year The SQUAD has taken to the ice at the Pond Hockey Classic.

"It's our favorite weekend of the year," said Matt Keene of Lee. "It's good to be outside; it's something special."

The team was thrilled to win, but Keene said it was a bittersweet experience since four of their usual teammates weren't able to be there this year.

"We're a family, so it's kind of tough," Keene said.

All the members of The Boot 3 come from Rhode Island, and have been doing the Pond Hockey Classic since the beginning.

Team captain Devin Kelly of Providence, Rhode Island said it was an amazing experience to play on this lake, "and feel normal for once in a while."

Kelly said it felt "fantastic" to win.

Ingalls Pictures came from Grand Rapids, Michigan. Some members of the team have been coming for three or four years while some have been doing the tourney for around seven.

"We look forward to this every year," said team member Alex Johnson.

Johnson said the organizers made this a great year considering the situation.

"They did an amazing job despite everything that's going on," Johnson said. "They pulled it off; we had a great time."



A literal sign of the times: spectators were asked to stay away from the rinks to promote social distancing. Spectators still gathered outside the fences.



Teams returned to Meredith Bay on Friday for the first day of the New England Pond Hockey Classic.

The National Domestic Violence

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RAIDERS

CONTINUED FROM PAGE A1

morning giant slalom with a time of 1:10.04 for 18th place and Cate McDonald finished in

29th place with a time of 1:17.57.

In the slalom, it was McDonald leading the way with a time of 1:33.32 for 33rd place and Yale finished in 36th

place in 1:50.63.

Sports Editor Joshua Spaulding can be reached at 279-4516, ext. 155 or josh@salmonpress.news.



Tanner McKim skis through the giant slalom course at Gunstock last week.



Dylan Flanagan skis during last Friday's meet in Gilford.



Cate McDonald races in the giant slalom at Gunstock on Friday.

RAIDERS

CONTINUED FROM PAGE A1

1-0 win.

"It's the same issue as it was," said Parent, noting putting the puck in the net has been a struggle for the Bulldogs. "It's not like we didn't have the chances."

However, the Belmont-Gilford mentor noted that he expected that once a bounce or two went the team's way, the goals will start to come.

"The goals will come," he said. "Sometimes a bounce goes your way, sometimes they don't go

your way.

"Once they do, good things start to happen," Parent continued. "We just have to be patient.

"That was a great game," he added.

The Bulldogs will be back in action against Laconia-Winnisquam-Inter-Lakes on Saturday,

Annette Judith Sanders, 76

Annette Judith Sanders, 76, of Tilton, NH died of cancer at Concord Hospital on January 29, 2021 surrounded by her loving family. Judy was born in Alliance, Nebraska on January 1, 1945, the daughter of Annette (Stahl) and Joseph F. McClughan, M.D. She grew up in Newburgh, NY and spent nearly every summer of her life in Rangeley, ME with her family and pets. Judy graduated from Oak Grove School, Endicott Junior College, and Northeastern University with a BS in Education. Judy married Center Sanders in Rangeley in 1969. They raised their two children, Cenanne and Nick, in Tilton, NH where Judy passionately served the community teaching at Winnisquam Regional Middle School's Library and volunteering at Trinity Episcopal Church, Tilton; Grace Episcopal Church, East Concord; Church of the Good Shepard, Rangeley,



Maine; and Hall Memorial Library. Judy served on the Board of Trustees at the Hall Memorial Library for many years.

Judy was an avid reader of fiction and loved sharing her impressions of authors and stories with friends and family. Judy's love for music led her to participate in church choirs in ME and NH and to enjoy countless musical productions. Her kind heart, empathy, generosity, and sense of humor, shown through her reserved demeanor, touched the hearts and lives of countless students, colleagues, acquaintances, friends, and family. She

was a truly special and loving soul.

Judy is survived by her husband of 51 years, Center D. Sanders of Tilton, NH, sister Joanne F. Dunlap of Rangeley, ME, daughter Cenanne M. Sanders of Canterbury, NH, son Nicholas B. Sanders and daughter in-law Amy R. Sanders and grandson Tyler D. Sanders of New Boston, NH, and niece Abigail Mountain of North America. A celebration of Judy's life with friends and family will be held at a later date.

Donations in lieu of flowers may be made in Judy's memory to the NH Humane society, The Church of the Good Shepherd outreach programs, or the Grace Episcopal Church Take a Tote Program. Thibault-Neun Funeral Home in Franklin is assisting with arrangements. For an online guest book, please visit www.neunfuneralhomes.com

GIRLS

CONTINUED FROM PAGE A1

Belmont coach Mike Andriski changed things up a bit and went with a man defense, allowing the Raiders to control play and come away with the win.

"We came out in man, we hadn't played it all year," Andriski stated. "I think that took them out of everything they wanted to do.

"Mackenzie (Philip) has been playing well and we did a nice job of taking her out of the game," the Belmont coach added. "No one's seen us play man all year."

The Raider coach noted that the team seemed a bit tentative in the first half, but got in the passing lanes in the second half and was much more effective.

"The kids understand, after taking our lumps against Kennett, that got us read to see where we had to go to get to the next level," Andriski stated.

Courtney Burke led

the Belmont offense with 12 points and also added nine rebounds while Morgan Hall had a double-double with 10 points and 12 rebounds. Rebecca Fleming added eight points for the Raiders.

Belmont is slated to be at Prospect Mountain today, Feb. 11, and then take on Franklin next week, on the road on

Monday, Feb. 15, and at home on Thursday, Feb. 18, all with 6 p.m. starts.

Winnisquam is scheduled to host Franklin on Friday Feb. 12, at 6 p.m. and Newfound on Tuesday, Feb. 16, at 6 p.m.

Sports Editor Joshua Spaulding can be reached at 279-4516, ext. 155 or josh@salmonpress.news.



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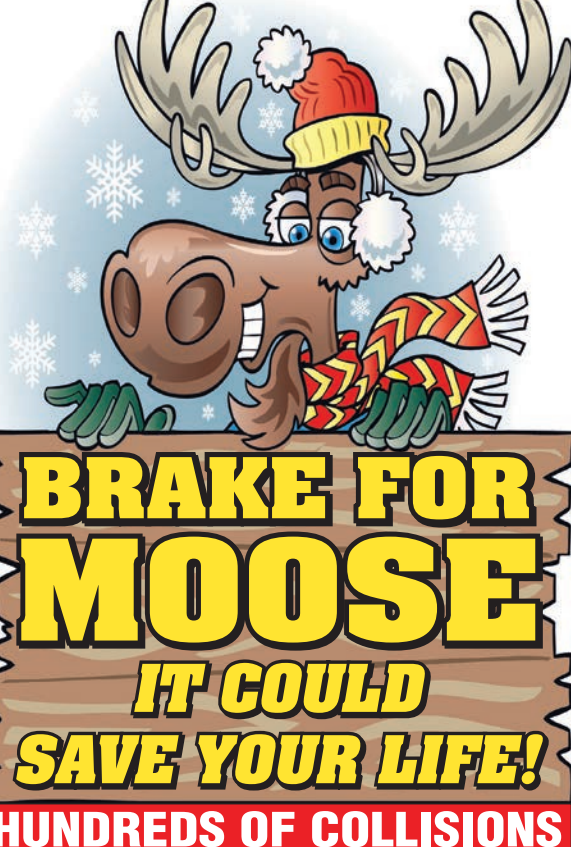
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Zach Gilbert skates the puck into the zone in action in Berlin on Saturday night.



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MSD is seeking a certified full-time Technology Education teacher for grades 6-12 for the 2021-2022 school year. Complete the application found at <http://www.sau45.org/district/employment> and submit by March 10, 2021, along with a cover letter, resume, transcripts, certification and 3 current letters of reference to: K. Robinson, SAU Office, PO Box 419, Moultonborough, NH 03254 or email all documents to: krobinson@sau45.org

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A good old-fashioned rivalry game

Strong finish sends Belmont boys past Bears

BY JOSHUA SPAULDING
Sports Editor

BELMONT — A night before they met up on Friday in Belmont, the Belmont and Winnisquam boys' hoop teams played in Tilton, with the Bears coming up with a big second half to sink the Raiders.

On Friday night, it was the host Raiders that were strong in the second half, outscoring the Bears 14-2 in the fourth quarter to take a 54-47 win.

"What we did, we wanted to prove that we were tough enough to play with them," said Belmont coach Jim Cilley. "And we wanted them to know that we were in the game for all four quarters."

"We battled on the glass and didn't give them second chances," the Raider coach added. "And we did a nice job sealing up drives."

"I don't think I

coached well, a couple of decisions I made didn't work," said Winnisquam coach Kevin Dame. "Belmont made plays, but I think we have a deep enough bench we could've been mentally tougher."

The Bears, already down a player coming in, were dealt a big blow when Caleb Bushway had to leave the game in the first half after hitting his face on the floor. Dame noted he was a catalyst the previous night when the Bears picked up the win.

The Bears started the scoring with a three-pointer from Jacob Seavey but Belmont answered with three hoops in a row from Jamison Gaudette, Nate Sottak and Jackson Ruelke to take a 6-3 lead.

Winnisquam got back-to-back three-pointers from Seavey to take the lead back, starting a

13-0 run to end the first quarter. Bushway had a hoop, Seavey finished off his own steal for two and Leigh Morrison drained a three-pointer, giving Winnisquam a 16-6 lead after eight minutes of play.

Ruelke hit two free throws to start the second quarter but Nolan Perrino answered with a hoop for the Bears. Isiah Costa started a 7-0 Belmont run with a hoop, followed by Sottak draining a three-pointer and Ruelke hitting for two, cutting the lead down to 18-15.

Phil Nichols got the Bears back on the board with a hoop but a three from Ruelke cut the lead to 20-18. Garret Mango hit a bucket for the Bears and Noah Pearson added a free throw to push the lead back to five.

After Trent Deschuiteneer sank a three-pointer for the Raiders to again pull them within two, the Bears went on an 8-2 run to close out the first half. Mango started the run and then Seavey added a pair of free throws. Gaudette hit a hoop for the Raiders but Anthony Boomer and Nichols made the final baskets of the second quarter to give the Bears the 31-23 lead at the break.

Belmont started the third quarter on a 9-0 run to take the lead for the first time since the first quarter. Sottak got things started with a three-point play and then Sam Reposa and Brian Carroll drilled three-pointers, giving the Raiders the 32-31 lead.

Nichols came back with two free throws for the Bears and then Boomer put back a rebound, pushing the visitors back on top by a 35-32 score. Three-straight hoops from Reposa, Carroll and Gaudette propelled Belmont back to the lead at 38-35 but Winnisquam closed the third quarter on a 10-2 run.

Nichols started the run with a basket and then Perrino and Morrison each added hoops before Nichols finished off his own steal for two more. After Sottak finished off a steal at the other end, Pearson hit the final bucket of the third quarter, giving

Winnisquam a 45-40 lead heading to the final eight minutes.

Bryce Hall got Belmont on the board first in the fourth quarter but Morrison answered quickly with a hoop for the Bears. However, those were the final points. Winnisquam would score, as Belmont closed the game on a 12-0 run to seal the win.

Sottak started the run with a hoop and then Gaudette drained a field goal. Ruelke and Reposa each hit a pair from the line and then Sottak hit one from the charity stripe. Two free throws from Ruelke and one from Gaudette closed out the 54-47 victory for the Raiders.

Cilley noted he played Reposa a little more to possibly give the Raiders some more length and it paid off and Ruelke also was very strong on defense, with Gaudette and Hall strong on the boards.

"Jackson wasn't at his best offensively, but defensively, he wanted to take Nichols," Cilley said. "He had a big bounce back."

"The poise at the end of the game was impressive," the Belmont coach continued. "They were focused."

"We battled adversity, at the half we said we have to be more composed, I have to be more composed," Cilley noted. "That was a pretty good team win."

"It is great we get to play," Dame said. "And I wish I had these guys (Belmont) a little more often."

"It was a two-possession game down the stretch," he continued. "But, we'll go back to work."

He pointed out that the loss of Bushway in the first half was a tough one, but the kids did keep fighting.

Sottak and Ruelke led the Raiders with



Winnisquam's Anthony Boomer goes up to try and block a shot from Belmont's Nate Sottak in action last Friday night.

13 points apiece while Seavey led the Bears with 13 points and Nichols chipped in with 10.

Perrino 2-0-4, Morrison 3-0-7, Pearson 1-1-3, Totals 19-3-47

Winnisquam is slated to be at Franklin on Friday, Feb. 12, and at Newfound on Thursday, Feb. 16, both with 6 p.m. start times.

Belmont is slated to be hosting Prospect Mountain today, Feb. 11, at 6 p.m. and will play Franklin next week, at home on Monday, Feb. 15, and on the road on Thursday, Feb. 18, both at 6 p.m.

BHS 6-17-17-14-54
WRHS 16-15-14-2-47

Belmont 54
Ruelke 3-6-13, Reposa 2-2-7, Sottak 5-2-13, Hall 1-0-2, Carroll 2-0-5, Gaudette 4-1-9, Costa 1-0-2, Deschuiteneer 1-0-3, Totals 19-11-54

Winnisquam 47
Nichols 4-0-10, Seavey 4-2-13, Mango 2-0-4, Bushway 1-0-2, Boomer 2-0-4,

Jacob Seavey drives to the basket on his way to scoring 13 points to lead Winnisquam on Friday night in Belmont.



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Sam Reposa plays defense for the Belmont boys last week against Winnisquam.

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