SERVING TILTON, NORTHFIELD, BELMONT & SANBORNTON, N.H.

Tilton Senior Center bus now in service

BY DONNA RHODES drhodes@salmonpress.news

TILTON – The Tilton Senior Center is pleased to announce that its new bus is ready for service, providing seniors in the community with safe, comfortable transportation when they need it.

Pat Consentino, a co-founder of the center and the chair of the Senior Executive Committee, said that the Community Action Program for Belknap and Merrimack Counties was instrumental in locating a bus for the center from Granite State Independent Living, which had one for sale. At the March 2020 town meeting voters then approved

the purchase of that 2009 Dodge Sprinter bus for \$8,750. Before that purchase was completed however, it was inspected by Tilton Highway Director/Mechanic Kevin Duval, who will be overseeing regular maintenance and repairs for the bus.

"I thought this was a very good deal. It's well worth the money the town invested," he said.

Once the town took ownership this spring, Kelley Sedgley of The Sign Shop then donated her time and talents to create a town seal and other signage for the vehicle.

"We're extremely grateful to Kelley and her community involve-SEE BUS, PAGE A6



Tilton Senior Center unveiled their newly purchased 2009 Dodge Sprinter bus last week, complete with new signage and a Town Seal courtesy of The Sign Shop in Tilton. From left to right are Selectman and Senior Executive Committee Chair Pat Consentino, Highway Director/Mechanic Kevin Duval, and Kelley and Elizabeth Sedgley of The Sign Shop with their mascot Goliath.

Winnisquam sends off Class of 2020

BY DONNA RHODES drhodes@salmonpress.news

TILTON – When Winnisquam Regional High School's Class of 2020 gathered on the school's athletic field for their commencement ceremonies on June 26, they were fully aware of the fact that while an outdoor graduation had long been a dream of theirs, the circumstances leading up to it made it an event that will be long remembered.

"Even a class with a vision couldn't see this coming," said Valedictorian and Class President Olivia Dill as she looked out at her classmates wearing facemasks and sitting six feet apart on the field.

Still, she said that even though they missed out on many traditional senior year celebrations and finished high school with remote learning from home, she was excited that they were able to be together one last time to celebrate their achievements. Dill was also grateful to faculty, administrators and their families for doing all they could to help them reach a milestone in their lives in the midst of a world pandemic.

"We always have been and will be resilient," Dill said. "We have memories no other class has had. Someday we'll be a lesson in [the school's] U.S. History class...Let's keep adding to that history book!"

Salutatorian Stephania Surowiec began her address to the class by asking how they should measure success. Sometimes, she said, it can be measured by the goals people set and even the failures they go through to reach them.

"We mustn't lose sight of our goals if we want to be successful," said Surowiec.

She went on to say that the global Corona virus pandemic has affected more than their senior year and reminded her classmates that they should not be upset about things they cannot control.

Among her final words of advice was, "Always find happiness within yourself before you look for it in someone else."

Principal Matt Jozokos said the selection of valedictorian and salutatorian was an extremely tight race this year, one that was not even determined until the last official day of school. Joining Dill and Surowiec for top academic achievements was this year's Honor Graduate Ashley Deshaies who was just 0.02468 GPA points behind Surowiec and only 0.1234 points behind Dill.

The Keynote Speaker selected by the Class of 2020 was Special Education teacher and Class Co-Advisor Nicole DiBiaso.

She began by saying, "It takes a village sometimes and boy are we blessed to be part of the village represented here tonight," as she acknowledged the graduates, their family members, faculty, staff and administration of Winnisquam Regional School District.

SEE **WINNISQUAM** PAGE A7

Spaulding Youth Center welcomes Ana McKenna to Board of Directors



Ana McKenna

NORTHFIELD Spaulding Youth Center is pleased to announce U.S. Army Major Ana McKenna has joined its board of directors.

been an active U.S. Army officer since 1999. She is currently responsible for the overall program management of New Hampshire National Guard's Care Coordination Program. In this role, she manages the branch's \$1.3 million federal contract providing compre-

hensive care coordination, personal financial counseling and referral services to actively serving service members and families of all branches and components, ensurand reintegration for those still serving. Prior to this role, Major McKenna worked as the National Director for Provider Relations at Military OneSource, ValueOptions.

Spaulding was always in the back of Major McK-

enna's mind. Her mother was a social worker for over 30 years and introduced her to the organization. Major McKenna learned of the board membership opportuni-Major McKenna has ing readiness, retention ty after meeting Susan C. Ryan, President & CEO of Spaulding Youth Center, while classmates in the Leadership New Hampshire program. Major McKenna was interested in joining a board that directly served New Hampshire children, and SEE MCKENNA, PAGE A6

MVSB donates \$5000 to Save Our Gale School preservation group

BELMONT — Meredith Village Savings Bank (MVSB) has donated \$5000 to Save Our Gale School (SOGS), a local volunteer preservation group dedicated to saving the historic Gale School, currently located behind Belmont Middle School. SOGS has already raised more than \$330,000 in grants and donations to preserve the Victorian-style building, which was built in 1894.

The Gale School, which has stood empty since 1997, was named one of 2017's "Seven to Save" by the New Hampshire Preservation Alliance, is also listed on the NH Register of Historical Places and was a school of various kinds for almost a century until 1984.

MVSB was able to contribute during the group's final fundraising push to install a concrete foundation on a donated



lot on Concord Street, where the three-sto-SOGS will transfer ry building is set to be re-located in July. To transport the building, it will be moved over a temporary road through the woods, down a hillvices facility. side and then along and across Concord Street. Landowners affected by the move have agreed to

allow SOGS to build the

road and move the build-

ing across their proper-

the Gale School to Lakes Region Community Developers, who will restore and repurpose the school into a social ser-

"We're very thankful for MVSB's support and contribution to this project," said Carmen Lorentz, Executive Director of Lakes Region Community Developers.

"This project demonstrates how businesses, volunteers and local nonprofits can partner to accomplish extraordinary ideas."

"We are very grateful to Meredith Village Savings Bank and their generous contribution to our final fundraising efforts," said Woody Fogg, an active volun-

SEE MVSB, PAGE A7

BRYANT PAVING





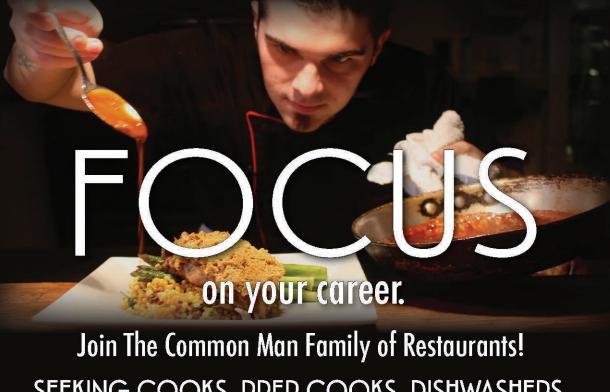
BY DONNA RHODES

TILTON – On Monday, June 29, Tilton Police Department arrested Alan Bushway, age 20, of Rowe Court in Laconia and charged him with 12 counts of Possession of Child Sexual Abuse Images and three counts of Distribution of Child Sexual Abuse Imag-

Detectives on the Tilton Police Department are members of the New Hampshire Internet Crimes Against Children Task Force and were investigating Bushway after receiving tips and information regarding his activities.

Police Chief Robert Cormier said their investigation began in March and officers were able to arrest and formally charge him with the crimes last week. He was arraigned in the Belknap County Superior Court the following day.

The case is still an active investigation therefore anyone with additional information is asked to contact Detective Christopher Rideout of the Tilton Police Department at 286-8207, ext. 210.



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Local residents graduate "Magna Cum Grit" from LRCC

LACONIA — It was an unusual 51st Commencement at Lakes Region Community College on Saturday, June 27 in the year of Corona, giving rise to a riff on the question of trees falling in unpopulated woods: "If students graduate from college without a crowd to watch them throw their mortarboards, did they graduate?"

"Absolutely!" says Lakes Region Community College President Larissa Baia. "I have been proud of all graduating classes that have walked across the commencement stage in my time here at LRCC, but if I could, I would add 'graduating Magna Cum GRIT' to each one of these graduates' diplomas."

In her address to the graduates, she exhorted, "Class of 2020, we need your grit, your dedication, your passion to inspire us to build bridges, to heal division and push for changes that will improve our communities. This is your moment Class of 2020. Go seize it!"

Dr. Susan Huard, Interim Chancellor of the Community College System of New Hampshire affirmed, "We're very proud, inordinately proud of you ...and what you've done."

In a dramatic departure from other years' ceremonies, this year's Lakes Region Community College graduates received their diplomas with virtual handshakes and hugs through car windows from President Larissa Baia and Vice President of Academic and Student Affairs Patrick Cate. The graduates, their supporters, family and friends safely distanced in their private vehicles, and faculty and staff distanced along the commencement against a backdrop of select models from the school's modern performance cars, factory originals and innovative, technologically advanced vehicles from the school's renowned Automotive Technology programs.

Nineteen residents of Belmont, Franklin, Gilmanton, Loudon, Northfield and Tilton earned 19 degrees that represent the breadth of course offerings at the region's community college.

Gabriella Perillo was awarded an Associate's degree in Nursing, and Brittany Johnson was awarded an Associate's degree with Honors in Nursing. Both anticipate heading from the Laconia campus to the healthcare frontlines. (Thank you!)

Brianne Bolduc earned an Accounting Associate's with Honors, and Alicia Segalini earned hers in Business Management. Julia Collins earned dual degrees in the Accounting and Business Management with High Honors and was the highest achieving Senior in Accounting. Jake Newell successfully earned his Associate's in Automotive Technology with High Honors that included strong hands-on Toyota experience through the school's dealership



Jake Newell of Belmont accepts his Associate's degree with High Honors in Automotive Technologies from a masked President Larissa Baia at Lakes Region Community College's drive-by graduation.

cooperative program. His program was creatively revamped during remote learning this spring allowing successful degree completion, as was Joshua Emond's program in Electrical Systems Installation and Maintenance. Jacob Blackey graduated with Honors in Computer Technologies.

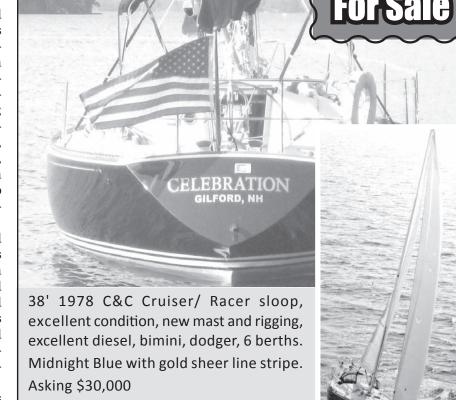
Toni Gloddy earned her Associate's degree in Early Childhood Education, and Brittany Nunamacher pursued General Studies. Charles Hoagland, Jerrica Manning, Audrey Schroth and Nicole Smith received Associate's degrees in Liberal Arts; Charles Hoagland, Liberal Arts with Honors, and Jenevieve Marston, Liberal Arts with High Honors. She was also the highest achieving Senior in the program.

Ryan LaPlante and Peter Polichronopoulos earned Associate's with Honors in Advanced Manufacturing, Joshua Pike earned his with High Honors and was the highest achieving Senior in the program.

Ashley Demichelis became the newest resident of Loudon to become a member of the elite network of Fire Science professionals receiving degrees from Lakes Region Community College, a program ranked #4 in the nation. She earned her degree with Honors.

Located in Laconia, Lakes Region Community College offers more than 40 educational programs, as well as workforce training for business and industry. Transfer agreements with a variety of regional four-year colleges allow students to receive their Associate's degree at an affordable community college, and earn a

Bachelor's at a four-year school. Lakes Region Community College offers on campus housing and is part of the Community College System of New Hampshire. To learn more, visit www. lrcc.edu or join an online Open House at www. lrcc.edu/virtual.



Betsey Lowe named to Dean's List

PENSACOLA, Fla. — Betsey Lowe of Northfield was named to the Dean's List by Dr. Troy Shoemaker, president of Pensacola Christian College, for academic achievement during the 2020 spring semester. This was a result of earning a semester grade point

average of 3.00 or higher. Pensacola Christian College is a liberal arts college enrolling students from every state in the U.S. and from around the world. The College has an enrollment of nearly 5,000 students (undergraduate, graduate, and seminary) and offers a variety of programs of study.

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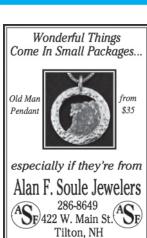
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Opinion

A4 Thursday, July 9, 2020 WINNISQUAM ECHO

Wondering about the weather

We've noticed, as of late, that weather forecasts have been more inaccurate than usual. In trying to figure out which weather app is the most accurate, we came up empty. There were several days we should have expected rain and thunderstorms but unfortunately came up short. After a dry spell and high temperatures last week, the thought of sitting on the front porch watching a thunderstorm seemed like a dream. This week, finally welcomed more rain making lawns and gardens across the region perk up.

After some digging, we found that it's the novel Coronavirus that has affected our weather forecasts. We could say that we're surprised, but this virus has affected every aspect of our daily lives, so why not weather forecasts too?

Experts say that the drop in airline travel has reduced the amount of data needed to make an accurate forecast. Typically, forecasts change by the hour. Aircrafts pick up wind, humidity and temperatures during flight. Data from weather balloons and satellites is still being used, however the accuracy comes from the planes. Of course, this affects weather being tracked by the Global Forecast system as well. Data taken from the ocean is also not being gathered at the rate it was prior to the COVID-19 outbreak.

So, with forecasts being in question every day, we figured we'd hop in the time machine, something we love to do on all occasions, and learn about some tips our ancestors used.

We've all heard the phrase, "Red sky at night, sailor's delight; red sky by morning, sailors take warning." This phrase dates back to Biblical times, and happens to be quite accurate. Weather in the north typically travels from west to east, so if you see a colorful sunrise, that means there are clouds to the west, which could bring bad weather. If the clouds grab hold of the sunset as they travel to the east, there is a high chance for calm weather the following day.

By the 1700's, modern thermometers were commonly used, with barometers stepping on to the scene in the next century. Thomas Jefferson used such tools to record the weather on a daily basis. Moving forward the telegraph allowed people to communicate the weather over long distances, which lead to weather maps. This allowed people to track patterns. Rising air pressure, meant calm weather while dipping pressures meant a storm was on the horizon.

Weather balloons were used in the 1900's to track moisture and winds, which lead to more research into just what makes weather tick. Weather radar was found by chance during WW II, when radar was used to try to track down enemy aircraft. While doing so, rain was found. Tools advanced rapidly into the 1950's through the 1980's.

The Old Farmer's Almanac shared some sayings that were used for some old fashioned forecasting. "The higher the clouds, the finer the weather," The Almanac says. "If you spot wispy, thin clouds up where jet airplanes fly, expect a spell of pleasant weather. Keep an eye, however, on the smaller puff clouds (cumulus), especially if it's in the morning or early afternoon. If the rounded tops of these clouds, which have flat bases, grow higher than the one cloud's width, then there's a chance of a thunderstorm forming."

"Clear moon, frost soon" means that a clear night, makes the Earth's surface cool at a faster rate, and with no cloud cover to keep the heat in, causes frost and a cold morning.

"When clouds appear like towers, the Earth is refreshed by frequent showers." If you see large, white clouds that resemble castles, there is likely a lot going on weather wise. If white clouds grow, and turn grey, a storm is coming.

"Rainbow in the morning gives you fair warning." Where there's a rainbow, there's a shower, and hopefully a pot of gold.

"Ring around the moon? Rain real soon." A ring around the moon means that warm weather is in the near future, with some rain. According to the Almanac, "High thin clouds get lower and thicker as they pass over the moon. Ice crystals are reflected by the moon's light, causing a halo to appear."



Proud promotion

On June 30, Northfield's Board of Selectmen were pleased to witness the promotion of Police Officer James DeCormier to Detective/Sergeant/Juvenile Officer. From left to right are Selectman Kevin Waldron, DeCormier, Police Chief John Raffaelly, and Selectmen Scott Haskins and Glen Brown.

STRATEGIES FOR LIVING

Ravi Zacharias: One-of-a-kind

BY LARRY SCOTT

When Ravi Zacharias passed away on May 19 of cancer, the world lost a one-of-a-kind man. Who could have guessed this evangelical conservative would speak in such places as Louisiana's Angola Prison, the Salt Lake City Mormon Tabernacle, and Moscow's Lenin Military Academy? His defense of the Christian faith was vigorous, unapologetic, and effective, but all who knew Ravi respected and admired him.

Considering his brilliant career, it is surprising to know Ravi was not a good student. He dreamed of playing tennis or cricket but lacked the talent to rise to the elite level. Disappointment and beatings from a disgruntled father led to depression and to an attempt at suicide by ingesting poison when he was seventeen.

an interview with CBN News he explained, "I was on a

bed of suicide in Delhi, searching for meaning, searching for the answers to life's basic questions. They boil down to this — origin, meaning, morality, and destiny. How did I come into being? What brings life meaning? How do I know right from wrong? Where am I headed after I die?"

Ravi rededicated his life to Christ through a friend who pointed him to John 14:19: Because I live, you also will live. He found Christ, and in Christ, discovered the meaning of life.

From such an inauspicious beginning there emerged a ministry that made him to one of the most influential men for Christ in the twentieth century. Check it out: U-Tube has the evidence.

And to his dying day, Ravi Zacharias never got off mission. Even as he left the hospital, Ravi shared Jesus Christ with the three nurses who tucked him in for his last ride home.

You can understand much about Ravi's approach by following a question-and-answer session he once had in Ramala with a Sheik, a founder of Hamas. Ravi tells the story this way.

"The gentleman was loud and obnoxious, so I finally said, 'I really don't like your answer, Sir. Thousands are dying because of the answer you have just given. I want to tell you something, Sheik. Five thousand years ago, on a mountain not far from here, a man you respect by the name of Abraham took his son up that mountain to offer him as a sacrifice. And as the axe was about to come down from Abraham to his son, God stopped that arm.' 'That's right,' he said. And I said, 'And what did God say?' He remained silent. God said, 'Stop! I myself will provide!' He said, 'that's right.' I said, 'Very close to here from where you

and I are sitting, two thousand years ago God kept that promise. He took His own Son up a hill, and this time, the axe did not stop.'

He just kept staring at me and then I said to him, 'Sheik, until you and I receive the Son God has provided for us, we will be offering our sons in sacrifice for position, and power, and prestige.'

He kissed me on both cheeks, and said, 'Mr. Zacharias, you're a good man."

And, I believe, heaven

On May 9, I can imagine Ravi awakening as if from a dream. He looked up and there stood the One he had championed for the last fifty years. With tears in his eyes, I can hear Ravi saying, "My Lord! Is that You?" "Yes, Ravi, and you can't believe how delighted I am to see you. Welcome home!"

For more thoughts like these, follow me at indefenseoftruth.net.

LETTERS TO THE EDITOR

Tax card data now available at no cost

To the Editor:

Sanbornton Taxpayers, the good news is that all Tax Card data can now be displayed at no cost on the town's Assessing Avitar site. Many thanks to Terri

Lansky Sanbornton's Assessing Assistant for bringing this about!

> BILL WHALEN SANBORNTON

It died with a whimper, not a bang

To the Editor:

[Last week], the New Hampshire House had the second, and last, of the unique sessions this year to accommodate our capitulation to the pandemic. We held it at the Whittemore Center. Unfortunately, they didn't have the Zamboni running to clear the arena. We held a meeting at the Whittemore a few weeks ago, when the Democrats tried to override the calendar to act on bills that were late. The Democrats had several months to call sessions or have Committee hearings but ignored them. Whether it was due to laziness or because they wanted to ram their agenda through is your call. I choose both.

This time, we had to act on numerous bills that the Senate had cobbled together with all their favorite toys. The bills were veritable Christmas trees of bills. In theory they were supposedly grouped by "germane" subject matter, but their definition of "germane" pushed reality.

As an example, House Bill (HB) 1234 originally to pay for the conversion of state owned building heating systems necessary with the closing of Concord Steam title was changed to everything state business. It contained numerous HB's that passed and Senate Bills (SB) that we never saw and had no chance to discuss or hold hearings on these almost 40 bills. Bills like: Sports Booking, liquor transportation, victims assistance programs, milk pasteurization and one that was probably appropriate; solid waste. So much for being germane!

This is not the only example. HB 1245 was supposed to look at boards, commissions, etc. to see if we could eliminate some. Heaven forbid we eliminate useless boards. Instead it became a Christmas tree with over 40 bills with subjects like ADDING an offshore wind commission. Many of these were new SBs that deserved a review, not one wholesale up or down vote!

There was some good news. HB 1582 that originally provided assistance to permanently disabled veterans and their families with only three germane SB's added. This is one that I could vote for.

The legislature season is over. It died with a whimper, not a bang. Hopefully next year will be better. I am running for another term and hope to get your support this fall. The silliness has to end! If you want to talk or just have coffee, you can contact me at 320-9524 or email at dave@sanbornhall.net. Have a great summer and be safe!

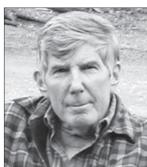
Cheers,

REP. DAVE TESTERMAN

FRANKLIN

North Country Notebook

Of camps becoming home, and a porcupine inside out



By John Harrigan

COLUMNIST

Memorial Day weekend is the traditional camp-opening time for people who own some kind of getaway place, known variously as a cabin, camp, cottage, hideaway, shack, shanty, hovel, or second home.

For the most part, owners and family and friends go back home after they've turned the water on and cleaned up after mice and other winter guests, and local people will see them again oh, maybe around the Fourth of July.

This spring, all of the above scenario did indeed unfold, except for the last part. Untold numbers of owners and families opened up "camp," all right, whatever description fits---but they never went home, choosing to ride out the corona situation in the supposed safety of the rural scene.

heard from camp-owners and second-home owners and caretakers in the North Country, the Lakes Region, the Androscoggin, and the state's southwest. All recount the same story---people who usually go home didn't.

When you remind one and all that these part-time residents are taxpayers, and that many have formed close ties with locals over the years, some for generations, you get the "fair is fair" shrug of accord.

About the only viable argument is the strain on local health services if there are sudden outbreaks of the virus. So far so good, but we're knocking on wood.

++++

In a valley to the north, a friend came upon what looked like a bag of trash beside the road, but then it didn't, so he stopped to check it out. It looked like a hide of some sort, and it was. It proved to be a porcupine, its meat and innards gone. "You almost couldn't see any quills because they were on the inside," he said. "The entire animal was turned inside out."

When I recounted this story to Jeff Fair, who lives in Alaska, he said, "Only one animal will do that," and then we both said, "Fisher."

In all my years of tramping around the landscape, I've heard this story once, maybe twice. I've seen it more often in print.

Foxes too will harry, or worry, a porcupine---going around and around, trying to force a mistake so they can reach a paw underneath and flip it onto its back.

I once came upon a fox when it was doing exactly that. It was a soft, rainy, mist-filled day, and I was sneaking along in my woolens, picking my footsteps, making not a sound. There was no wind. The fox, intent on its harrying, had no idea I was there. I watched this little drama for a few seconds and then said "Hey, Bub," and it

While predation on porcupines by fishers is well known, I've never heard anything about foxes, and while I can testify to the harrying part,



Wildlife rehabilitator Ben Kilham took this photo of a black bear taking it easy in a tree. (Courtesy NH Fish & Game)

COURTESY

I have no idea whether foxes are ever successful. But I'd think they must be, else why try?

+++++

The season is still young, but already this spring and summer, we have seen a fair share of incidents involving bears and people, a sad and bad mix. Several involved bears that clearly associated people with food.

Bears don't learn this by themselves. They are opportunists, and will get into poorly secured garbage and trash. Some people feed bears to get them as close as possible.

Bears that don't run from people are headed for trouble, all because they associate people with food. Sometimes a bear is so accustomed to people that it becomes bold and demanding, too dangerous to be on the loose. And sometimes a people-accustomed bear returns even after repeated live-trapping and relocation, and the only choice left is to kill it.

Wildlife officials hate having to make this call.

That's why Fish and Game's mantra is "A fed bear is a dead bear." The problem, as always, is getting people to listen.

+++++

A letter from a reader on Skinny Ridge Road in Littleton sent me hunting for a topographical map. The terrain explains the name.

That name was interesting, and even better was a road that meets it, called "Wit's End Road," but I've never been there.

(Please address mail, with phone numbers in case of questions, to campguyhooligan@ gmail.com or 386 South Hill Rd., Colebrook, NH

or email sgiovannucci@northfieldnh.org

TOWN OF NORTHFIELD

PUBLIC HEARING

Proposed Solar Field PILOT Agreement

The Northfield Selectmen will host a hearing to obtain

public input on the proposed PILOT Agreement (Payment

in LIEU of Taxes) pursuant RSA 72:74 to be located on

Forrest Rd (Map U05, Lot 7) Tuesday, July 14, 2020 at

6:00pm in the Northfield Town Hall 21 Summer Street

and accessed by Zoom. Please visit www.northfieldnh.org

for additional information or call Stephanie at 286-7039 x. 111

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Managing Withdrawals Carefully Can Protect Retirement Income

Throughout much of your working life, you contribute to your 401(k), IRA and other investment accounts to help ensure a comfortable retirement. However, once you do retire, you'll need to shift your focus somewhat from building these investments to using them - in other words, you'll have to start withdrawing from your portfolio to meet the costs of living. How can you be sure you're not taking out so much that you risk outliving your resources?

First of all, you need to establish a proper withdrawal rate – the percentage of your portfolio's value needed for one year's worth of retirement expenses. Ideally, if you were to stick with this rate, your portfolio would last as long as you do. Your withdrawal rate should be based on a number of factors, including your

age, amount of assets, portfolio mix and retirement lifestyle. A financial professional can help you determine the rate that's right for you, but it's important to understand that this rate is a starting point since you will want to review your withdrawals each year to ensure they are still appropriate.

If the financial markets performed smoothly and predictably, year in and year out, any adjustments you make would likely be more modest. But, as you know, and as we've all been reminded the last several months, the markets are neither smooth nor predictable. Rather than constantly trying to change your withdrawal rate and spending in response to movements in the markets - which may be challenging if you have grown accustomed to a certain standard

of living - you might be better off

adopting a more conservative rate at the beginning of your retirement. For example, if you are in your mid-60s, you could start at a withdrawal rate of about 4%, which also assumes an increase in withdrawals (a "raise") of approximately 3% each year to incorporate inflation. By starting at a more modest withdrawal rate, you would have some flexibility for those years in which the market drops significantly. And you could increase your chances of extending the lifetime of your portfolio.

But even if you started out with a conervative rate, you may need to review it during periods of extreme market movements. If, for instance, your portfolio were to fall 20% in one year, the 4% you had planned to withdraw would actually become 5% because you're taking out the amount you had

planned, but now it's from a smaller pool of money. If this happens, should you consider making an adjustment? There's no easy answer. The amount you withdraw from your portfolio has a major impact on how long your money lasts. You'll improve your likelihood of success if you are able to be flexible and make some spending adjustments – spending less on some of your discretionary items, for example, or not taking a "raise" until your portfolio recovers. Importantly, your financial advisor can help run different scenarios to determine if adjustments need to be made to ensure you remain on track

In any case, think carefully about your withdrawal rate. By managing it carefully, and reviewing it over time, you can take greater control over your retirement income



Jacqueline Taylor Financial Advisor 3 Mill Street PO Box 176 Meredith NH 03253

This article was written by Edward Jones for use by your local Edward Jones Financial Advisor. For more information or to sign up for their monthly newsletter, contact your local Financial Advisor.

Member SIPC





made in NH, telling the stories of those companies and how their impacts on the local economy. The Regina will be on display for the first time since she was given to the Museum.

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James F. Tilton, 85

TILTON — James F. Tilton, 85, a lifetime resident of the Lakes Region, died on Sunday, June 28, 2020 at his home in Tilton, with his family by his side.

James was born on April 14, 1935 in Sanbornton, son of the late Herman and Annie (Collins) Tilton. He was a U.S. Navy Veteran serving during the Korean Conflict from Jan. 31, 1955 until his honorable discharge as an Aviation Structural Mechanic Petty Officer 2nd Class on January 30, 1959. Jim held many positions throughout his life beginning his career working for Albert LaPlante in his lumber mill, Arwood Corporation in Northfield, and then as a carpenter and millwright. He became a member of the Concord Carpenters and Joiners Union Local 538 in 1965 and worked carpentry positions from steward to supervisor with ability and quality in his craft. His final employment was as a Millwright Supervisor in nuclear and fossil fuel plants for Westinghouse, retiring in 2000.

Jim spent his free time raising and racing sled dogs for many years which was a family sport that extended to nieces, nephews and grandchildren. He was an active member of the New England and Lakes Region Sled Dog clubs and raced all over the Northeast and Canada including World Championship Sled Dog Race in Laconia. He loved his family and he could often be found at his home keeping the landscaping in meticulous condition. James was a communicant of St. Mary of the Assumption Church of St. Gabriel Parish in Tilton.



James Tilton

He was predeceased by his parents and siblings; his sisters, Eva, Catherine, Annie and Helen, and his brothers, Charles, Robert and Richard.

His family includes his wife of 60 years, Dorothy "June" (Huckins) Tilton of Tilton; his daughter, Dianne Peterson, and her husband Carl of Belmont; his two grandchildren, Jamie Peterson of Derry and Colleen Peterson of Northfield; his two great grandchildren, McKenzie and Brianna Peterson; and generational nieces and nephews.

According to Jim's wishes, there will be no calling hours held. A graveside service with military honors was held on Monday, July 6, 2020 at 2:30 p.m. at the New Hampshire State Veterans Cemetery in Boscawen.

In lieu of flowers, memorial contributions in memory of Jim, may be offered to the Michael J. Fox Foundation, Donation Processing, The Michael J. Fox Foundation, P.O. Box 5014, Hagerstown, MD 21741-5014 or the Franklin VNA and Hospice, 75 Chestnut St., Franklin, NH 03235.

The William F. Smart Sr. Memorial Home in Tilton is assisting the family with arrangements.

For more information, go to www.smartfuneralhome.com.

Send all obituary notices to Salmon Press, by e-mail to news@salmonpress.news



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PUBLIC NOTICE TOWN OF HOLDERNESS

Notice is hereby given that the Town of Holderness Planning Board will hold a Public Hearing for Site Plan Review at 6:30 p.m. on Tuesday, July 21, 2020 on the application by Vertex Tower Assets, LLC for property owned by William B. Webb and Bonnie L. Webb Trustees identified as tax map 239-046-000 located off US Route 3 (off Sebec Road) in the Rural Residential District. The applicant wishes to construct a telecommunications facility including a 140 foot tall monopine style cell tower (146' to top of highest appurtenance). If you have any questions concerning said application, please contact Francis D. Parisi, Esq., Parisi Law Associates, P.C., phone: (401) 447-8500, email: fparisi@plapc.com. Due to the ongoing emergency orders in place, the Planning Board is operating under RSA 91-A:2 that allows for remote participation by Board Members. Limited socially distanced seating will be available in the second-floor meeting room at Holderness Town Hall, 1089 US Rt. 3, Holderness, NH 03245. If you would like to attend the meeting in person or remotely, please contact the Land Use Boards Assistant by email landuse@holderness-nh.gov or by phone (603) 968-2145.

MARK ON THE MARKETS

Do I need a financial planner?



appears agents who sell insurance, investment product, investment advice or considers themselves a financial advisor also may hold themselves out as a financial planner. I am not saying that you must have a certification or degree in planning, but an insurance license to sell annuities does not typically prepare that salesperson with any real planning knowledge. Passing an exam that allows someone to sell investment product typically takes four to six weeks of study on general securities matters. Passing an exam to charge a fee to manage does not prepare that

investment advisor representative to create a comprehensive financial plan. There are degrees and designations that are specifically designed to prepare someone to create a financial plan. However, most things in life also require experience and ongoing education. Being well-versed in planning can be a plus for those clients who need a financial plan, but how comprehensive does this plan need to be?

What I have experienced, having been in the business of managing money for 25 years, is that some clients do need a very comprehensive plan that requires more than what I am comfortable in providing. Conversely, many financial planners typically do not manage assets, but potentially well-versed in taxation and estate planning. My point is that a good planner plans and a good portfolio manager manages money. An insurance person should be competent with insurance product, and a financial advisor or registered representative typically manages relationships but may not manage money or create a comprehensive financial plan.

Billions of dollars are spent annually an advertisement by many firms seeking your investable assets. Most of these advertisements want vou to believe that their firm and their financial advisors really care about you and that they are very trustworthy. But what you must realize is that the financial advisors with these firms likely are salespeople that work for the firm, not for you the client! When working with someone's retirement money or savings, my bet is that the client would probably rather be working with an advisor that is bound by law to treat them in a fiduciary manner, or certainly in their best interest. Plainly put, do you want an advisor that works for you, or their firm? You may have seen articles in the paper like mine, except they are not written by the financial advisor themselves, but they are written by the home office of the firm

that employs them. That is because their broker-dealer does not allow them the ability to distribute any information that does not come from and through the compliance office of their firm. Some of these financial advisors enjoy the comfort and restrictions placed on them by their firm because they feel they are protected. My opinion, is that working for my client, knowing that I am doing what is in their best interest, stating my business and fee structure transparently allows me to manage my client's assets on their behalf is comforting.

So if you're searching for someone to help you retirement planning, asset or income allocations, taxation or estate planning, you will need to find the right person and firm for your needs with the right tools and experience that works for you!

Mark Patterson is a portfolio manager with MHP Asset Management and can be reached at 447-1979 or Mark@MHP – asset.com.

BUS

CONTINUED FROM PAGE A1 ment," said Consentino.

Now ready for the road, the bus will be used to take seniors to Walmart and Market Basket once a week. When enough volunteer drivers become available, they will also provide rides to doctor's appointments and eventually begin transporting people on occasional excursion rides, as well as to Bingo and other social events.

The bus can seat up to 10 people, including handicap accessibility with a lift and safety accommodations for up to three wheelchairs.

Currently, only Consentino is certified to drive the bus but four others are in the process.

"There's no CDL license required but volunteers do need to go through a training session and get a medical card to drive it," she

To make requests for a ride, seniors can now call 273-1912 to schedule their pick-up dates and times. Anyone interested in volunteering as a driver is asked to contact Consentino at 387-5711 for more information.



Kelley Sedgley of The Sign Shop and Pat Consentino, selectman and chair of the Tilton Senior Executive Committee, displayed one of the town seals that decorates the Tilton Senior Center's new bus as well as the lift that makes it handicap accessible for those who utilize a wheelchair.

MCKENNA

CONTINUED FROM PAGE A1 Spaulding seemed like the perfect fit. After meeting with Spaulding staff members, she witnessed their dedication and commitment to the organization and knew she had discovered her next volunteer endeavor. Maior McKenna is looking forward to learning more about Spaulding's programs and services and becoming a true voice for the organization in her networks.

"We are thrilled to welcome Major Ana McKenna to our board of directors," said Susan C. Ryan, President & CEO at Spaulding Youth Center. "Her leadership skills garnered from her experience as a U.S. Army officer is incredibly valuable to our board."

Michael Ventura, Board Chair of Spaulding Youth Center, added, "Major McKenna does vital work in providing advice and support to service members and their families before, during and after deployment. We look forward to seeing how her social work and devotion to helping those in need will help shape the future of our organization."

The Spaulding Youth Center board of directors is comprised of volunteers from the human services, corporate, investment, and philanthropic sectors of our state. To learn more about the Spaulding Youth Center board of directors, visit https://www.spauldingyouthcenter.org/about-us/leadership/.

About Spaulding Youth Center

Spaulding Youth Center is a leading provider of services for children and youth with neurological, emotional, behavioral, learning and/ or developmental challenges, including Autism Spectrum Disorder and those who have experienced significant trauma, abuse or neglect. Services include academic, residential, clinical, community based, foster care, and family support. Established in 1871 and known as Spaulding Youth Center since 1958, our scenic hilltop campus is located on nearly 500 acres in Northfield, NH and welcomes boys and girls from ages four to 21 from around the state of New Hampshire and beyond. Spaulding Youth Center is a tax-exempt 501(c)(3) nonprofit. For information about Spaulding Youth Center, visit www.SpauldingYouthCenter.org.



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279-4444

MVSB

CONTINUED FROM PAGE A1

teer and member of the Save Our Gale School preservation group. "Child care agencies have expressed interest in using a portion of the renovated school. There has also been interest in establishing an elder day care facility in another section of the building. The social services to be offered will meet the ever-expanding needs of our community, especially the services shown to be so critical during the pandemic we are all navigating."

"We're happy to do all we can to contribute to this vital community project," said Rick Wyman, President of Meredith Village Savings Bank. "The building is a beautiful piece of 126 year old history that is being relocated to meet

the needs of the local community. The services that will be offered at the new Gale School will allow community members to go to training and work knowing that their loved ones are safely cared for."

Save Our Gale School continues to accept donations and pledges of any size, as they need to raise another \$40,000 to complete the project. They will also accept in-kind services, labor, materials and auction or raffle items. Checks can be sent to Save Our Gale School, c/o Brenda Paquette, Treasurer, 229 Dutile Road, Belmont, NH 03220. Businesses wishing to donate materials or services can contact Ken Knowlton, Vice Chairman of SOGS, at 848-2216 or Woody Fogg at 524-8268.

Lakes Region Com-**Developers** munity helps the Lakes Region thrive by developing healthy homes, creating vibrant community assets and engaging residents. Founded in 1988 as the Laconia Area Community Land Trust, LRCD has developed 365 healthy and affordable rental homes in Ashland, Gilford, Laconia, Meredith, Tilton and Wolfeboro. In 2017, LRCD expanded their mission to include new types of real estate development and new programming that empower residents to effect positive change in their communities. For more information, visit lrcommunitydevelopers.

LOCAL NEWS

Unlike a stock bank, MVSB is a mutual savings bank that operates for the benefit of their depositors, borrowers and surrounding communities. As a result, MVSB has remained steadfast in fostering the economic health and well-being of the community since they were founded in 1869. For over 150 years, Meredith Village Savings Bank (MVSB), has been serving the people, businesses, non-profits and municipalities of Central New Hampshire. MVSB and their employees are guided by the values of accountability, mutuality, excellence, respect, integrity, teamwork and stewardship. To learn more, visit any of the local branch offices located in Alton, Ashland, Center Harbor, Gilford, Laconia, Meredith, Moultonborough, Plymouth, Portsmouth or Wolfeboro, call 800-922-6872 or visit mysb.com.

WINNISQUAM

CONTINUED FROM PAGE A1

DiBiaso admitted to being the biggest cheerleader of the Class of 2020. She is not only the proud mom of graduate Olivia Dill, but served as a Mama Bear for the entire class as she watched them grow over the past 12 years. Among her parting words to the graduates were some of her "Mrs. D-isms," words for them to live by. She also presented them with a quote from former Pres. Barack Obama who said, "With things so uncertain, when everything's suddenly up for grabs, this is your generation's world

She concluded with advise a U.S. Navy Admiral once presented in a commencement address when he said, "If you make your bed every day, you've accomplished your first task of the day." Even if things went wrong the rest of the day, they would always have a comfortable, well-made bed to go home to before starting over the next morning.

"If you want to change the world, start off by making your bed. Start every day with a task completed," DiBiaso encouraged, adding "And remember one thing. Remember to be kind.'

Final words for the ceremony came from WRSD Superintendent Rob Seaward. Seaward began his career in the district as their middle school principal and spoke at their eighth grade graduation. He took a moment to remind them of a quote from Eleanor Roosevelt he read to them five years ago, which was, "The future belongs to those who believe in the beauty of their dreams." As seniors now graduating high school, Seaward then added some final thoughts of his own to that quote last week.

"Through the beauty of your dreams you will find success and a better life for yourself, your families, your communities, and who knows, maybe even the world," he said.

Five special awards were also presented that evening. Recipients were Jayson Shevlin (Activity Council Award); John (Jack) Beaulieu (Male Athletic Council Award); Olivia Dill (Female Athletic Council Award and the Alfred H. Pucci Award); and Kylee Rock (Daniel E. Stockwell Educational Award and the School Board Community Service Award).

BELMONT POLICE LOG

Belmont Police Department reported the following arrests during the week of June 26 to July 2.

Marissa J. Watson, age 31, of Belmont was arrested on June 26 on two counts of Endangering the Welfare of a Child.

Neil J. Kelleher, age 32, of Nashua was arrested on June 26 for Pos-

session of Controlled/ Narcotic Drugs.

Samantha L. Miller, age 40, of Belmont was arrested on June 26 for Driving After Revocation or Suspension and Suspension of Vehicle Registration.

Jason P. Littlefield, age 34, of Northfield was arrested on June 27 for Driving After Revocation or Suspension

(subsequent) and in connection with a bench warrant. He was subsequently charged with bail jumping.

Robert E. Leroux, age 47, of Gilford was arrested on June 27 for Possession of Drugs and Driving After Revocation or Suspension.

Stephen Wilson Flanders, age 33, of Belmont was arrested on June

27 for Domestic Violence-Assault.

Nicole M. Perry, age 43, of Franklin was arrested on June 27 for Taking Without Owner's Consent (Entrusted).

Melanie L. White, age 35, of Laconia was arrested on June 28 for Driving After Revocation or Suspension and Disobeying an Officer.

NORTHFIELD POLICE LOG

NORTHFIELD —During the month of June, the Northfield Police Department received 1,072 calls for ser-

The following arrests were made:

Stacey Gates, 44, of Belmont on warrants for violation of probation/parole, hindering apprehension, loitering/ Prowling and a no bail warrant for non-appearance of court.

RE/MAX

Sandra Descoteaux. 53, of Northfield for violation of Stalking Order.

Mark J Geremia, 31, of Northfield for Suspension of Vehicle Registration, Driving after Revocation/Suspension and Operating w/o Valid License.

Franklin for Criminal Trespass.

Robert Tessier, 33, of Northfield for Domestic Violence; Assault (2

Sara Robinson

Sara is a Lakes Region

native and offers an

extensive knowledge of

the area! She has a

passion for the real

estate industry and

helping you sell your

home or find your new

dream home!

Madelina Morris, 20, of New Hampton for Simple Assault.

Jade Markham, 23, of Alton for Criminal Mischief.

Patrick Hodder, 30, of Concord for DUI Aggravated, DUI, DUI Impair-Eric Collins, 49, of ment and Conduct after Accident.

Female, 62, of Canterbury for Protective Custody of Inebriate.

Female, 37, of Chich-

ester for Protective Custody of Intoxicated Per-

Male, 34, of Northfield for Protective Custody of Intoxicated Person.

Female, 41, of Northfield for Protective Custody of Intoxicated Per-

Male, 34, of Northfield for Protective Custody of Intoxicated Person.

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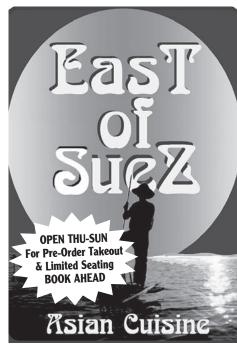
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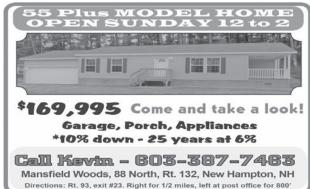


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Installers Assistant

Energysavers Inc, a 45 year old hearth & spa product retailer in the Lakes Region, is looking for a motivated individual that wants to learn the trade of installing hearth products. You must be comfortable working on roofs when necessary and able to work with an installer to move heavy items. Energysavers pays for all educational costs to get and maintain NFI wood, gas and pellet certifications as well as a NH gas fitters license for gas hearth installations and service. LEARN WHILE YOU EARN!

No prior experience required. Must have a valid driver's license. Stop in to fill out an application:

Energysavers Inc, 163 Daniel Webster Hwy, Meredith NH



The Lincoln-Woodstock Cooperative School District, recognized as one of the Best Schools in NH, and located in a year round recreational setting in the White Mountains announces the following openings for the 2020-2021 school year:

Special Education Paraprofessionals Elementary School Multiple Openings

Paraprofessional I or II certification desired. Interested parties should send a resume, and three letters of reference to:

> **Sharon Holt Lin-Wood Public School** P.O. Box 846 Lincoln, NH 03251 603-745-2051

Applications will be accepted until July 30, 2020 or the positions are filled. The Lincoln-Woodstock Cooperative School District

is an equal opportunity employer.

Job Applications are available on our website at www.lin-wood.org under the "Employment" section

HELP WANTED



Landscape/Hardscape Crew Foremans

Full-time positions open for applicants experienced in commercial/ residential hardscape installations, irrigation, night lighting and plantings. Position requires 1–2 years experience. Must be able to operate heavy equipment.

Landscaping Crew Members

Full-time year-round positions open. General experience in lawn maintenance to include but not limited to mowing, trimming, mulching, plantings, spring/fall clean-ups, then snow removal during winter. Must be able to operate general maintenance equipment and vehicles.

All positions require valid driver's license.

603-728-8116 or email 3LakesLandscaping@gmail.com

COMMUNITY

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Interested candidates please apply with a letter of introduction, transcripts and resume post marked by June 8th, 2020 to:

Tri-County Head Start, 610 Sullivan St., Berlin, NH 03570 or email sblanchette@tccap.org

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and have your help wanted ad in 11 papers next week!



Lumber Counter

This is a full time position in our Ashland Lumber store. Duties include assisting customers and contractors with product selection and order entry. Minimum 2 years experience in the building industry. Basic computer skills required. Excellent customer service skills a must. Will be required to work some Saturdays and Sundays. Saturday hours 7:30 - 5:00 pm and Sunday 8:00 am to 2:00 pm.

You may apply in person or download an application from our website. All applications should be submitted to:

> Dan Uhlman, General Manager 20 West Street, Ashland, NH 03217 or you may email to duhlman@belletetes.com.

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Yard Customer Service

This is a full time position in our Ashland Lumber yard. Duties include assisting customers and contractors locate and load materials, help receive incoming shipments and pick loads for delivery trucks. Fork lift experience preferred. Heavy lifting is required and excellent prior work history a must. Weekend hours required on a rotating schedule.

You may apply in person or download an application from our website. All applications should be submitted to:

> Dan Uhlman, General Manager 20 West Street, Ashland, NH 03217

or you may email to duhlman@belletetes.com

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You may apply in person or download a **driver application** from our website. All applications should be submitted to:

Dan Uhlman, Manager Ashland Lumber, 20 West St. Ashland, NH 03217

or email at duhlman@belletetes.com Competitive Wages Paid Vacation Paid Holidays Paid Time Off

Health Insurance Profit Sharing Store Discounts Much More!

Moultonborough Academy Head Coach Wanted

Moultonborough Academy is seeking a Boys Varsity Head Basketball Coach for the 2020-2021 season. Applicants should send a letter of interest, resume, and 2-3 current letters of recommendation or references to: Matt Swedberg, Moultonborough Academy, PO Box 228, Moultonborough, NH 03254 or submit the material to mswedberg@sau45.org.



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APPLY ONLINE

WWW.UCVH.ORG Upper Connecticut Valley Hospital 181 Corliss Lane, Colebrook, NH 03576 Phone: (603) 388-4236 Ucvh-hr@ucvh.org

Moultonborough Central School Intervention Paraeducator

MCS is seeking a Reading/Math Interventionist Paraeducator to provide reading, writing & math interventions for struggling students for 2020-21. Para II cert preferred but not required. Complete the online application and email along with letter of interest, resume, 3 current letters of reference and copy of certification if applicable to: Kathleen D'Haene at kdhaene@sau45.org. All materials due by Tuesday July 16, 2020.

Moultonborough Central School **Elementary Classroom Teacher**

MCS is seeking one classroom teacher (anticipated) for the 2020-21 school year. Candidates must be NH Certified with HQT status. Start Date: August 25, 2020. Complete online application and email along with a letter of interest, resume, 3 current letters of reference, transcripts, and copy of certification to: Kathleen D'Haene at kdhaene@sau45.org. All materials due by Tuesday July 14, 2020.

TOWN OF LINCOLN

Assessing and Planning Assistant

The Town of Lincoln is seeking a full time (40 hr./week) Assessing and Planning Assistant. Position acts as administrative assistant to the Finance/ Assessing Director, and Town Planner with technical and professional work, including property appraisal and accounting functions, and administrative support for the Town planning department. A bachelor's degree is preferred with at least three years finance, planning /land use, administration experience. Prior municipal work experience a plus. Equivalent combinations of education and experience will be considered. Salary commensurate with training and experience. The town provides an excellent benefit package to include paid health insurance, NH retirement and paid holidays. For a detailed job description visit http://www.lincolnNH.org/jobs. Send cover letter, resume, and salary history to:

Town of Lincoln Assessing and Planning Assistant Attention: Town Manager P.O. Box 25-148 Main Street Lincoln, New Hampshire 03251

The Town of Lincoln is an Equal Opportunity Employer



FIND A CAREER IN THE CLASSIFIEDS!

HELP WANTED

Call our toll-free number 1-877-766-6891

and have your help wanted ad in 11 papers next week!

WHITE MOUNTAINS REGIONAL SCHOOL DISTRICT 2020-2021 School Year

Professional & Support Staff

LANCASTER ELEMENTARY SCHOOL

Paraprofessional (2 positions – 1 FT and 1 PT) Long-Term Substitute Math Teacher (9/1 to 11/30/20)

WHITEFIELD ELEMENTARY SCHOOL

Paraprofessional (anticipated opening)

WMRHS Athletic Traine

Athletic Trainer Criminal Justice Teacher (.4 FTE)

DISTRICT

Certified Speech Assistant

All applicants must apply on Schoolspring.com Paper applications will not be accepted.

ATHLETICS

Golf Coach (HS)

MS Girls' and Boys' Soccer Coaches

JV Boys Soccer Coach (HS)

Varsity Wrestling Coach (HS)

(positions are contingent upon COVID-19 status)

For further information, contact:

(Contact Kerry Brady, AD, for application, etc. – 837-2528)

Roxanne H. Ball, Adm. Assistant to the Superintendent of Schools/Human Resources
White Mountains Regional School District
SAU #36

14 King Square Whitefield, New Hampshire 03598 TEL.: 603-837-9363/FAX: 603-837-2326 Email: rhball@sau36.org



The Spa & Salon at the Inn has re-opened and is currently

HIRING ALL POSITIONS!

We are looking for experienced nail technicians, massage therapists, cosmetologists & receptionists.

We offer outstanding compensation, advancement opportunities, health and dental benefits, 401k program, paid vacations, community service days, company-wide employee discounts and much more!

Apply today at the Cman.com

231 Main Street, Plymouth, NH • theCmanInnPlymouth.com
We are a drug and tobacco-free workforce.







ESTATE SALE

The Jones Farm Estate Sale. July 10 thru 12 from 9am to 4pm.

499 Governor Wentworth Hwy. Melvin Village,NH. Masks and Social Distancing Required. Great Antiques, Advertising, Decoys, Good Early Books, Collectibles, Adirondack Boats, Old and New Tools, Furniture, and More. Everything Must Go. No Early Birds.

Call 207 229 0403 or search zip code 03850 on www.estatesale.com for more information.

Personal Care Attendant



GSIL is seeking compassionate, dependable individuals to assist consumers in their homes with personal care, light housekeeping, grocery shopping, errands, etc. We offer flexible scheduling with opportunities to work full time, part time, or just a few hours a week if you're just looking for a little extra income. Experience with personal care is helpful, however, training is provided.

Please contact Ashley at 603-568-4930 for more information.

* A background check is required. GSIL is an EOE

Plymouth State

Plymouth State University has the following positions available:

Building Service Worker (Custodian)

First Shift (5:00 AM - 1:30 PM) Monday - Friday

First Shift (5:00 AM - 1:30 PM) Wednesday - Sunday

Third Shift (11:00 PM - 7:30 AM) Friday - Tuesday

To view full descriptions of the positions and to apply, please visit https://jobs.usnh.edu

Plymouth State University is an Equal Opportunity/ Equal Access/Affirmative Action institution.

HELP WANTED

Professional painters needed

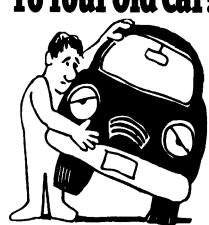
Drivers License and references a must

Please call 603-387-9760



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Ready To Say Goodbye To Your Old Car?



Put Some "Good" In the Goodbye!

Donate your used car to the National Kidney Foundation Kidney Cars Program. The funds can help save lives. We'll arrange a pickup and you might qualify for a tax deduction.*

Call 1-800-488-CARS



National Kidney Foundation

www.kidneyhealth.org

Pick Your Own RASPBERRIES! For COVID 19 safety, we will provide containers. See Facebook for more details. MAPLE SYRUP (603) 524-7673 Hours: M-T-T-F, 9am -1pm Sat & Sun, 9am -3pm. Closed Wednesdays Facebook as Smith Farm Stand

Alton and Sanbornton focus for Eastern Brook Trout habitat

COURTES Black Brook in Sanbornton.

REGION — Eastern brook trout need wood in streams for good habitat, so Belknap County Conservation District (BCCD) is working with the Towns of Alton and Sanbornton on projects to improve local streams.



TILTONNORTHFIELD WATER DISTRICT

Annual District Meeting

July 14, 2020 @ 6 P.M.

Pines Community Center 61 Summer Street, Northfield

Please Note: Nominations will be made from the floor at the meeting for the following offices:

• Commissioner..... 3-Year Term

• Moderator 2-Year Term

Nominations will be taken from the floor of the meeting followed by written declaration.

Sean T. Chandler /Commissioner Arthur N. Demass/Commissioner Scott W. Davis/Commissioner

***MUST BE A REGISTERED VOTER
& WATER DISTRICT USER***

In Alton, Hurd Brook is the stream targeted for this work. The Town of Alton, Camp Brookwood, and the Lakes Region Conservation Trust are the three Hurd Brook landowners. All gave permission for Trout Unlimited and BCCD staff to conduct a field assessment which was completed in June. An Assessment Report will be prepared with recommendations this fall. Addition of large wood to the stream was found to be needed. This work will be done next summer once the final recommendations and permit have been approved. Placing large wood in streams mimics natural processes and helps to create pools, riffles and stream features that fish need for habitat.

In Sanbornton, the focus is on Black Brook and its tributaries. A field stream assessment will be done in July where landowner permission has been granted. An Assessment

Report along with recommendations will be completed this fall. Like Hurd Brook, stream restoration work approved by landowners will be done next summer. In addition to the stream assessment, Trout Unlimited and engineering consultant Gerry Lang will be conducting an assessment of all culverts in the Black Brook watershed and review excessive erosion and undersized culvert issues with a special focus on a culvert on Black Brook Road which has a high level of sediment deposition. The culvert assessment and related work is planned for this summer and fall. This work is being coordinated with the Town of Sanbornton and property owners including New Hampshire Fish & Game.

The Belknap Coun-

tv Conservation District is partnering with Trout Unlimited to do this work because many streams in the Lakes Region would benefit from additional large wood to improve fish habitat and reduce the amount of sediment flowing into Working with lakes. Trout Unlimited, BCCD has completed 3 miles of stream restoration work in Poorfarm Brook and 2.2 miles on Gunstock River in Gilford . Belknap and Carroll County Conservation Districts are working on a Lakes Region Stream Initiative to improve habitat in 10 streams. Funding for assessments and stream improvements are funded through the NH Association of Conservation Districts, National Fish & Wildlife Foundation and NH Mooseplate grants.





