

Barnstead Old Home Day is Saturday

BARNSTEAD — Please join in on Saturday, Oct. 5, for Barnstead’s Old Home Day. The Barnstead Old Home Day Committee is planning a wonderful day for the residents of Barnstead as well as neighbors on Oct. 5, from

9 a.m. to 2:30 p.m. at the fields of the Barnstead Elementary School, located at 91 Maple Street in Barnstead. The buzz around town is that of excitement and enthusiasm and a day not to be missed. No admission fee and lots of free ac-

tivities for all. This is a rain or shine event. Friday night they will have kick-off events.

Free senior dinner with Old Home Day gift bags for the first 40 people at 5 p.m. at Center Barnstead

Christian Church and Family Movie Night at Oscar Foss Library at 6 p.m.

For more information, please visit BarnsteadOldHomeDay.com.

Guest embarks on intensive training program

D.A.R.E. Officer of the Year ready to bring knowledge back to Alton

BY AIMEE TERRAVECHIA
Contributing Writer

ALTON — Alton Police Officer Kristen Guest is known to most Alton residents as the community’s full-time School Resource Officer. She splits her time between Alton Central School and Prospect Mountain High School, working with students of all ages and backgrounds. In addition to impacting Alton’s youth inside of school, Officer Guest has also been working with students through her commitment to the non-profit Drug Abuse Resistance Education or D.A.R.E. Her work with the organization led D.A.R.E. to name Officer Guest a D.A.R.E Officer of the Year and identify her as a D.A.R.E Mentor for the State of New Hampshire.

The recognition brings with it the ability to work with officers from across the East Coast who will travel to Concord for a two-week intensive training program through D.A.R.E. There, Officer Guest will share her knowledge and act as a mentor to officers new to the program.

Before being recognized by the organization, Officer Guest began her work as a School Resource Officer three years ago. Guest always knew that she wanted to work with children. “I love helping kids and their families,” Guest said. She mentioned her background in coaching and volunteerism as early indicators of her passion for working with kids.

“There’s so many other aspects of life that go beyond school that families need help with,” Officer Guest said. Those other aspects led her to find out more about other resources she could leverage to benefit her community.

Officer Guest first got involved with the D.A.R.E. in 2015 when she attended a D.A.R.E officer training program. There she learned about the broad changes that D.A.R.E has undergone in the past decade. “The D.A.R.E Program is so much more advanced than what it used to be,” Officer Guest said. She pointed to improvements in research and training around drug prevention

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Flu clinic in New Durham Tuesday

NEW DURHAM — The New Durham Public Library is hosting a flu vaccine clinic on Tuesday, Oct. 8, from 1 to 2 p.m.

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COURTESY PHOTO

Washing up

Last Saturday, members of the ACS National Junior Honor Society held a car wash. The group raised more than \$800, which will be donated to Team Tanner. Tanner Brennan is a recent graduate of PMHS. All donations to Team Tanner will be used to support his medical needs.

New Durham man arrested on drug charges

NEW DURHAM — On Sept. 26, at approximately 5 p.m., officers of the New Durham Police Department executed a search warrant for the residence of 366 Route 11 in New Durham. As a result of the search warrant, New Durham Police seized what is believed to be fentanyl and purported heroin in quantities consistent with distribution of those narcotics. Additionally, police seized a quantity of what was believed to be marijuana, several unknown pills,

approximately \$300 in case, scales, drug straws and pipes, large quantities of small sealable plastic baggies used for packaging illicit drugs for sale, and several cell phones.

As a result of the operation, arrested on scene was Corey Fair, age 29, of 366 Route 11, New Durham. He has been initially charged with two counts of possession of a controlled drug with intent to distribute per RSA 318-B:2. Fair was released on \$500 cash bail with an arraignment

date of Oct. 10 in Strafford County Superior Court.

This arrest is the culmination of a two-week investigation by the New Durham Police Department into the distribution of purported heroin and fentanyl, which coincides with two reported drug overdoses at 366 Route 11 within the last week, one of which involved a New Durham officer performing CPR and the subject ultimately being revived.

In the last seven days, New Durham officers

have responded to four overdose calls involving illicit drugs in the town of New Durham, a community of approximately 2,600 people. Small communities are not immune from the devastation of drug addiction and overdoses, and the New Durham Police Department is committed to being vigilant and proactive in investigating drug trafficking and enforcing state laws with regard to drug distribution within the community, as well as

SEE ARREST, PAGE A10



CATHY ALLYN

Roadside attraction

Wildflowers form an ocean of waving color along Route 11 in New Durham.

Summer maintenance projects on display at GWRSD schools

BY ELISSA PAQUETTE
Contributing Writer

WOLFEBORO — The annual maintenance warrant article on the Governor Wentworth Regional School District's school warrant always receives strong support every spring from voters throughout the district. On Sept. 16, District Maintenance Supervisor Phil Custeau presented a slide show of projects completed this summer to the board.

With the Kingswood Complex still fairly new, the elementary schools were in line to receive attention on various trouble spots. Custeau's PowerPoint contained before and after photographs of each project and commentary delivered with the enthusi-

asm of a man passionate not only about esthetics but about making things work. At the same time, he revealed a keen eye on saving the district money whenever possible.

In Tuftonboro Central School, bathroom walls and partitions were sanded down and new coats of paint applied to bring them back to original luster. Custeau indicated that replacement partitions would have cost \$1,500 each. Hallways, entry ways and walls were repainted in a blue gray throughout, giving a unified look.

New Durham Elementary School's ball field ground water runoff was addressed with a trench, and the doors to the shed were expanded to accom-

modate the lawn mower. Custeau also provided a photo of the cupola design created by students and remarked on how proud those involved will be in future years as they drive by the school and remember their part in that project.

At Crescent Lake School, the walkway from the parking lot to the road along the front of the school was dug up and prepared to receive a smooth coating of asphalt and the main entrance walkway also received attention.

Carpenter Elementary School's roof was replaced, a project documented in photos step by step, concluding with Custeau's stamp of approval and declaration that water was no longer

going to leak into the building. He pointed out corners and seams with pride. Room 108 received tile flooring to replace a rug and two classrooms were painted.

Other projects completed in a time frames shortened by one week due to snow day make-up included: attention to the Kingswood ath-

letic fields, painting of interior doors and door frames at the Lakes Region Technology Center, and a similar treatment at the middle school.

Extensive work at Ossipee Central School is reported in detail in its hometown Carroll County Independent.

School board members expressed pleasure

and amazement at all that was accomplished before the opening of school with Member at Large Krista Abear, formerly an educator at the middle school, recalling Custeau when he was a student and saying she was proud of his professional integrity and evident passion for his work.

FBLA, robotics team hosting mattress fundraiser

Someone you know is looking to replace a bed in your home, now is the time. Prospect Mountain High School FBLA and robotics team Bob 319 are excited to announce they will be hosting a one-day mattress fundraiser on Saturday, Oct. 12, from 10 a.m. to 4 p.m. For one day only, Prospect Mountain High School will be transformed into a mattress showroom. For information about the sale, go to bit.ly/beds4prospectmountain19.

There will be 25 different mattress styles on display in all sizes in styles for customers to try, priced below retail. Adjustable power bases, premium pillows, bed frames and mattress protectors will be available as well. Brands like Simmons Beautyrest, come with full factory warranties, are made to order, and will be available two to three weeks after the fundraiser. Delivery is available. Best of all, the FBLA and Bob 319 benefit from every

purchase.

The company, Custom Fundraising Solutions (CFS) first introduced the mattress fundraiser to the Cleveland, Ohio market in 2005. The company now has more than 100 locations and works with more than 2,000 schools nationwide. The unique business model helps schools raise thousands of dollars in just one day, and to date, the company has given back more than \$40 million.

Senior lunch in New Durham Oct. 19

NEW DURHAM — The first fall senior citizen lunch will be held in the New Durham Fire Station Community Room on Saturday, Oct. 19, at noon. Please mark your calendars. Ham dinner and dessert will be served. Coffee, tea and water will be available. This free meal is for those age 60 and over who live in New Durham and will happen once monthly during the colder months (future lunches will be Saturdays, Nov. 23, Jan. 18, Feb. 15 and March 21). Donations will be accepted but are not expected. Please get your friends and family together to come enjoy a meal together. Please RSVP to New Durham Town Clerk Stephanie MacKenzie at 859-2091 ext. 1, so they know how much food to prepare. They are looking forward to seeing you on Saturday, Oct. 19.

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Hawk watch participants enjoy morning on Birch Ridge

NEW DURHAM — On an unseasonably warm September morning, a couple dozen birdwatchers converged at Birch Ridge Community Forest in New Durham to look for migrating raptors. Moose Mountains Regional Greenways (MMRG) sponsored the hawk watch to offer the public another opportunity to enjoy and explore this recently-conserved 2,000-acre property overlooking Merrymeeting Lake.

Most participants were new to the hawk watch site, some traveling substantial distances to attend, the farthest coming from Vermont that morning. So trip leader Virginia Long started with an overview and update on the Community Forest, which is now owned by Southeast Land Trust of

New Hampshire, with the conservation easement held by MMRG. A steering committee representing many interests and fields of expertise in the New Durham community has responsibility for planning for the future of the Community Forest. The committee is currently reviewing a proposed Forestry Management Plan, Trails Plan and Wildlife Plan and will seek feedback on all three in a public input session to be held later this fall.

While waiting for raptors to make an appearance, birders reviewed handouts of raptor silhouettes and identified the hills and mountains surrounding the open hawk watch site, which at 1,000 feet elevation has excellent views and the potential to see hawks



ANNARIE VAN COESANT — COURTESY PHOTO

A GLIMPSE of a raptor got people up from their chairs during the Hawk Watch at Birch Ridge Community Forest.

flying by at long distances. As the dirth of hawks continued, several people joined MMRG Education Coordinator Kari Lygren on a leisurely stroll up Blueberry Hill and were rewarded with easterly views of the lake beyond a clear cut area. There, they enjoyed watching some gracefully soaring turkey vultures and were excited to spot a couple perched and flying unidentified hawks.

Meanwhile, other participants relaxed in the sunshine at the site, ate lunches and were also belatedly gratified to identify a few turkey vultures flying over. Near the end of the outing, a few remaining participants got to watch an immature bald eagle circling higher and higher over the nearby hills. Long speculated that the increasing number of birds as the afternoon progressed could have been due to an increase in thermal air currents, which can allow birds to gain elevation nearly effortlessly, aiding their search for food or their migratory flight southward.

After the outing, one New Durham resident shared his enthusiasm. “We had a delightful

time at today’s Hawk Watch on Birch Ridge, even though we saw nary a raptor. What a special place Birch Ridge is going to become.” He added playfully, “One can certainly understand why hawks should want to fly over Birch Ridge, the views are wonderful.”

The Birch Ridge Community Forest (BRCF) was conserved in perpetuity by the Partnership for Birch

Ridge, consisting of: Moose Mountains Regional Greenways (MMRG, mmrg.info/), Southeast Land Trust of New Hampshire (SELT, seltnh.org/) and Merrymeeting Lake Association (MMLA, mmlake.org/). As a community forest, BRCF will be managed to promote conservation, community, and economic development through community participation in the management of the land.



KIM SHIELDS — COURTESY PHOTO

HAWK WATCH participants get a look at Merrymeeting Lake from the trail over Blueberry Hill at Birch Ridge Community Forest.

Eddie Edwards to address local Republicans

LACONIA — The next meeting of the Belknap County Republican Committee (BCRC) is scheduled for Wednesday, Oct. 9, at 6:30 p.m. at the Laconia VFW Post 1670, 143 Court St, Laconia.

With the 2020 election fast approaching, the committee has been hosting a variety of candidates for office at their monthly meetings. Currently, there are no announced Republicans running for Congress in the First District.

However, Eddie Edwards, the candidate for Congress in 2018, is considering running again in 2020. With that in mind, Edwards, a resident of Dover, will be the committee’s guest speaker, sharing the details of his background and his reasons for considering a second run for the First District seat against incumbent Democrat Congressman Chris Pappas.

Belknap County GOP meetings are open to all Republicans and like-minded Independents.

The committee again encourages its members to continue to bring non-perishable food items for donation to local food pantries.

For more information about the committee, please check the committee’s web site at www.BelknapCountyGOP.org or send an e-mail to alan.glassman@gmail.com.



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At a time when our country seems more divisive than ever, and tempers are quick to flare over such hotbed issues as border wars, gun control, human rights violations and climate change, it's become increasingly common to hear our peers speak of strange times and an undefined feeling of malaise. Interpersonal violence has been on the rise, and an overall sense of disconnect- edness has led many to feel isolated and fearful. The international playing field seems full of land mines and each day brings unpredictable media headlines. As the national stage normalizes disrespect of others and that behavior seeps into every- day interactions, it becomes more necessary than ever for all of us to practice goodwill toward others. The opioid epidemic touches a growing number of families. Many people hide behind their social media personas; quick to fire volatile opinions they would otherwise be unable to say in face-to-face interactions. We hear that climate change isn't real, while also being told that a mass extinction is under way and life as we know it will end in 30 years. Every day we send our children to school, secretly questioning if they will be safe. Some days, the problems of the world feel insurmountable. While there is no simple one-solution approach to the issues swirling around us, sometimes the best way to make sense of the world is simply by helping others. Rosalynn Carter summed it up best when she said, "Do what you can to show you care about other people, and you will make our world a better place." Volunteering provides countless benefits to both the giver and the recipient. Uplifting others, even something as simple as making another person smile, can change the path of an entire day if not a life. We are well aware of the gift of service and how it benefits others who may be less fortunate. But we do not often consider the impact volunteering can have on our well-being. As we each consider our path to wellness, we would be wise to include community engagement alongside cardio and strength training. Research has shown that volunteering not only increases self-confidence and combats depression, it also helps us stay physically healthy and lowers mortality rates. Through community service, we form tangible bonds with others, and our social and relationship skills improve. And just maybe, each charitable act we perform will help offset that malaise that hangs in the air. As the civil rights leader, Dorothy Height, once said, "Without community service, we would not have a strong quality of life. It's important to the person who serves as well as the recipient. It's the way in which we ourselves grow and develop."

Masons hosting barbecue Oct. 12

ALTON — The Masons of Winnipisaukee Lodge will be hosting their second annual barbecue dinner, open to the public, on Saturday, Oct. 12, from 4:30 to 6:30 p.m. at the Masonic Lodge on Route 28, a quarter-mile south of the Alton Traffic Circle. Tiede Farm Smokehouse is preparing the dinner, which will consist of pulled pork, ribs, smoked baked beans, cole slaw, corn bread and dessert. Beverages will include coffee and tea, lemonade or fruit punch, or water. As with all their dinners, you may eat in the dining hall, or they will prepare a take home box for you. Tickets may be purchased at the door. Please contact Frank Alden at 859-8881 or Dave Collier at 875- 0816.



COURTESY PHOTO

Helping out

Team Unforgettable would like to thank everyone who attended their Alzheimer's benefit dinner and car show, the event was a huge success. A special thank you to Steve Edwards and the staff at Kelly's Country Kitchen. This was the team's sixth benefit dinner and seventh walk, and thanks to their amazing supporters, have raised more than \$16,000 for the Alzheimer's Association

LETTERS FROM EDWIN

Road ways

BY EDWIN TWASTE

Contributing Writer

This column ran last week, but the last few sentences were cut off, so we are running it again.

Whenever I drive, I can't seem to not watch what is happening on the sides of the road. It may be due to conscientious driving. It may be out of distraction, or maybe just trying to fill in the full picture of this place and time. Whatever the reason, with all this nice summer weather, there are always people out running, walking their dogs or riding their bikes along the road to take note of. It's a beautiful time of year to be outside.

From my observances, one thing seems to be obvious. They mustn't teach street safety any more. I remember getting instructed on how, when you are walking on a road, that you should be facing the traffic so you can see what may be coming at you. That really made sense. I remember being out walking one snowy winter night along a highly-traveled road and actually jumping over the snow bank so as to avoid getting hit as this vehicle was com-

ing right at me. I didn't want to take a chance that they would actually see me in the road. The instructions worked, I'm still here to tell you about it.

Alternatively, when on a bicycle, you were considered part of the traffic and needed to follow the traffic patterns. Keep right, pay attention to signs and lights and use turn signals. I actually saw someone using turn signals on a bike a few weeks ago and was beside myself.

Growing up, I was always out on the streets. I walked everywhere until I finally got my freedom in the form of a bike. My first bike was a hand me down from my sister, so it was a girls' bike with the lowered cross bar. I used to get razzed by other kids for this, but at least I was mobile. One of my early alterations of purpose was to merge the broken front brake handle with the button of a battery operated bike horn so when I squeezed the brake, my horn would blow.

I would go everywhere. City streets, highways, or country roads. We didn't have

interstate highways yet. All I needed to do was to be home when the lights came on. I could go anywhere I desired. That was freedom.

Once when I was probably 14, I wanted my father to buy a small outboard motor for our row boat. I traveled over 25 miles one afternoon, stopping at marinas and picking up information to support my cause. I took an unfamiliar road and ended up way off track and had to navigate my way back. This had been an idea I got on my way home from school so needless to say, I made it home after the street lights lit. My family was still eating when I got home, and luckily, there was still some food left so I got to eat too.

I explained the extent of my afternoon adventure and I'm sure my parents had a chuckle over the intensity of my desire. We never did get a motor. And we continued to have fun just rowing the boat and fishing on our family vacation.

The best place to ride bike was always out in the country. Even in the heat of summer it was cool under the trees. There were ponds

and lakes for swimming and plenty of places for young boys to explore. Cars driving down the middle of the road would leave nice bike lanes on either side. When cars came from opposing directions they'd each pull to the right. Pretty simple. I think that back then it was expected that people could think for themselves. These days it seems that nobody is expected to be able to think. Just to blindly follow directions.

So, the other day I was driving up a road near my home and I looked up ahead to see a person in the distance walking down the road toward me. He was on the correct side of the street so that was promising, until I noticed that he was totally absorbed in something on his personal hand held device and was totally oblivious to anything going on around him. Including an extended rear view mirror that could easily now hit him in his forehead as opposed to the back.

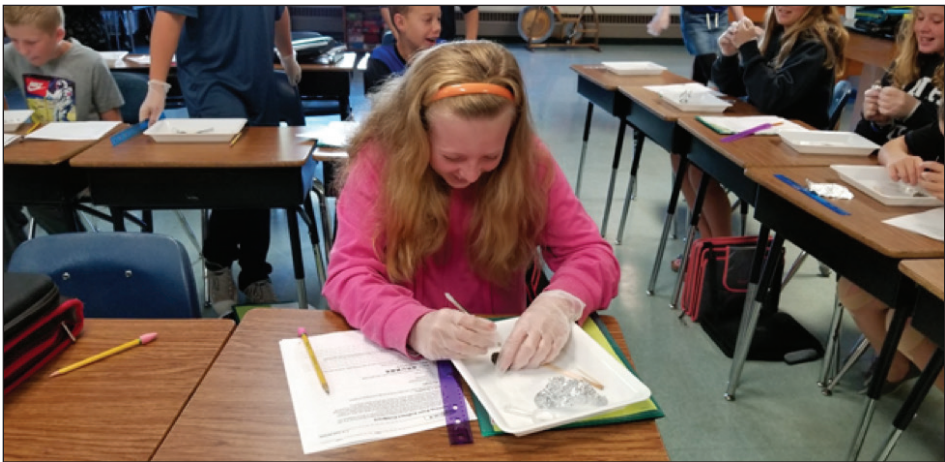
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Catching up with the Alton Central School fifth and sixth graders



COURTESY PHOTO

SCIENTIFIC INQUIRY with Mrs. Quinn.

ALTON — The following article was written by the fifth and sixth grade team: Mr. Brown (social studies), Mrs. Perry (English language arts, math, science, social studies), Mrs. Quinn (science), Mrs. Roberge (English language arts),



COURTESY PHOTO

MRS. ROBERGE'S personalize narrative reading and writing with student-created notebooks.

and Mrs. Roberts (math). Fifth grade English writing and reading classes have begun the new Lucy Calkins middle school curriculum. This involved the new workshop models. Students have created their personalized reading and writing notebooks and launched into the current unit on narrative writing. They have also now chosen their free reading novels. Sixth grade English writing and reading classes have also begun the new Lucy Calkins

middle school curriculum, which involves new workshop models. Students have created their personalized reading and writing notebooks in order to begin study of narrative writing. The reading instruction has begun the Interpretation of Book Clubs with a deep focus on writing about reading. During fifth grade science classes, students are learning about the properties of matter through planning and carrying out investigations. Students are learning how to ask scientific questions, define problems, evaluate information, and share what they've learned. Sixth grade science classes have been working on an introduction to scientific inquiry. This involves how to use

scientific tools, collect and analyze data, look for patterns, and how to use this information to answer questions about scientific phenomena relating to Earth's structure. The general focus has been matter. Fifth grade math classes may begin with warmups that utilize various operations and critical thinking. Students have begun studying multi-digit multiplication: first, beginning with multiplying by 10, 100, and 1,000 – moving on to comparing the area model to the standard algorithm. Classes practice mathematical fluency problem solving daily, using the DARE method, and are extending understanding of place value to include the millions place. Students have been manipulating numbers in standard, expanded, and word form, and have been developing concepts through concept card sorting. The sixth grade math classes have also been practicing fluency daily, but focusing on adding fractions. DARE problems are used as an important approach to problem solving and to refine communication skills. The main focus has recently been on statistics: specifically, tally charts, dot plots, and histograms. Classes will soon be finding the mean, median, and mode of data sets. The unit will conclude with a cumulative project to develop an individual statistical question, sample data, and finally graph and analyze it in numerous ways. Fifth grade social studies classes have begun studying geography with recent work on how to read and understand a map. This includes proper use of inset maps and the symbols within the map key, or legend. Some students have created interactive geography notebooks to help learn about maps and globes. Additionally, stu-



COURTESY PHOTO

SCIENTIFIC INQUIRY with Mrs. Perry.

dents have started using the map scale to estimate distances between cities. Soon, the fifth grade will manipulate the 50 U.S. states to illustrate a graphic riddle and then create a comic strip based on their research into the first humans of North America (how they got there and what they did once there). Sixth grade social studies classes began the school year considering the differences between prehistoric and historic times. Comparing the contributions of geographers and historians, students learned how anthropology studies human development and culture. The current issue regarding ownership of ancient artifacts provided a topical relevance to the study of ancient civilizations. Next up, the sixth grade will examine a modern, Linnaean taxonomy of Homo sapiens after reading about the



COURTESY PHOTO

MRS. ROBERGE'S personalize narrative reading and writing with student-created notebooks.

competitive advantages some primate adaptations gave to early hominids. Students will explore what the lives of Paleolithic humans could have been like and finalize informant interviews with family members, creating their own versions of an oral tradition-type story to explore how Neolithic people probably retained knowledge



COURTESY PHOTO

SCIENTIFIC INQUIRY with Mrs. Perry.

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17th annual Civil War encampment this weekend

NEW DURHAM — Civil War Encampment, The New Durham Historical Society is pleased to be hosting the 17th annual New Durham Civil War Encampment, Saturday and Sunday, Oct. 5 and 6, to be held at 16 Ridge Road in New Durham. Activities be-



COURTESY PHOTO
THE BOODEY FARMSTEAD Committee his hosting an Italian dinner on Oct. 19.

Italian dinner to benefit Boodey Farmstead Committee

NEW DURHAM — The Zechariah Boodey Farmstead Committee invites the community to a classic Italian lasagna dinner on Saturday, Oct. 19, beginning at 5 p.m. at the Community Room located behind the New Durham Fire Station on Main Street, as a fundraiser.

Committee member Tatiana Cicuto has offered to prepare her sumptuous classic Italian meat lasagna, using a family recipe.

Guests may purchase tickets at the door. Raffle will be available.

By supporting this fundraiser for The Zechariah Boodey Farmstead Committee's 2019 Italian dinner all proceeds will be applied to the next phase of the Zechariah Boodey Farmstead project.

The mission of the committee is to preserve and reconstruct the Zechariah Boodey Farmstead, to interpret this historical property and its artifacts, increase public awareness, and an appreciation of New Durham's heritage. This building will provide, to a larger variety of people, a location for educational, social and civic events.

The committee is looking forward to sharing the progress achieved to date for this project. Please call Catherine Orlowicz for more information about the project or dinner, at 859-4643.



COURTESY PHOTO
THE CIVIL WAR encampment returns to New Durham this weekend.

gin at 10 a.m. each day, closing on Saturday at 4 p.m. and Sunday at 2 p.m. This is a rain or shine event.

Charles W. Canney Camp #5, Sons of Union Veteran of the Civil War will set up recruitment camp, depicting a living history response for a call for more volunteers to serve and support the Union's efforts. The encampment hoped to encourage youngsters to enlist, by displaying the very best the comforts a soldier could have while serving the cause. Visitors will have an opportunity to interact with interceptors and learn how the soldiers lived while in camp. Have you wondered what roles the Union Powder Works, a black powder manufacturing facility, and the

town's railway station had during the War of the Rebellion?

The New Durham Historical Society will be hosting its' annual bake sale table. Visitors may support funding for the Civil War Memorial Scholarship through purchases of yummy homemade baked goods

and beverages, or by donations. The society will have a display featuring the Powder Mills and the New Durham Railway Station.

Each year a recipient is selected from all submitted eligible applications, by members from both organizations. The scholarship is open to

any New Durham student enrolled in higher education beyond the 12th grade.

For additional information, please contact Catherine Orlowicz at 859-4643. There will be signs along the roads.

Cookie decorating classes coming to New Durham

NEW DURHAM — The Friends of the New Durham Public Library are known for their exceptionally tasty baking, and one Friend can add clever decorating to her list of talents.

“Whenever we need special baked goods to advance a theme, we always ask Shirley to whip something up for us,” Library Director Cathy Allyn said.

That would be Shirley Cummings, who has designed treats from

eyeball cakes to animal cookies for the library.

Cummings has agreed to spread the wealth and share her expertise through a series of cookie decorating classes, beginning with Halloween confections on Wednesday, Oct. 16, at 6 p.m.

She will demonstrate different techniques of frosting decoration with shiny icing, as well as combining cookies to make 3-D decorations. Expect spider webs

complete with spiders, maple leaves, bats and ghosts.

“People like to try out equipment first, before buying anything,” she said.

Cummings and the library will provide all of the decorating equipment, frosting, added decorations and two cookies (one sugar and one ginger) per person. “All they need to do is bring themselves, an imagination and an appetite,” she said.

Participants in the free class may also bring their own cookies, in order to gain more practice. Recipes will be available.

The program is open to adults, teenagers and parents with up to two accompanying school-aged children. Registration is required and the deadline to register is 5 p.m. on Friday, Oct. 11.

Hot chocolate will also be available.

“There's no such thing as a mess up,” Cummings said, “because you can still eat them.”


Call the library at 859-2201 for more information or to register.

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Busy weeks ahead for Alton Parks and Recreation

ALTON — The Alton Parks and Recreation Department is sponsoring an adult volleyball pick up program on Thursdays at the Alton Central School Gym from 7 to 10 p.m. featuring intermediate, recreational play. Drop in anytime for this free program. All abilities are welcome to play. Please use the following link to sign up: <https://www.signupgenius.com/go/10C0F45A-FAA2AA5FB6-alton>. For more information, contact the Alton Parks and Recreation Department at 875-0109 or parksrec@alton.nh.gov.

Pencil drawing class - ages 12+

The Alton Parks and Recreation Department is sponsoring a pencil drawing class at the Pearson Road Community Center for ages 12+ with professional artist and painter Thomas Hitchcock. Choose from a three-week, Monday and Wednesday class Oct. 14-Oct. 30 from 3:30 to 5:30 p.m. or a Tuesday and Thursday class, Oct. 15-Oct. 31 from 6 to 8 p.m. There is a fee and supplies also have to be purchased. Program includes six classes and a 17-page drawing instruction book. Topics covered include perspective,

composition, drawing forms and shapes, pencil techniques, drawing effects and more. Registration forms are available online at www.alton.nh.gov. Register early as space is limited to 10 participants per class. Register before Oct. 9. This is a great class to meet new people and/or take with a family member. Try something new today.

Spectacular Scarecrow Spree

Join community members as they create scarecrows around the town of Alton from Oct. 11 to Nov. 1. Scarecrows can be big, small, active or resting. Take

a picture of your scarecrow and share it to publish on the Parks and Recreation Department Facebook page. Send pictures to parks-rec-asst@alton.nh.gov. Enjoy the Spectacular Scarecrow Spree and look for pop up scarecrows around the town.

Line dancing lessons

Line dancing is held at the Alton Bay Community Center on Thursdays from 1:30 to 3 p.m. through Nov. 14. Adults of all ages and abilities are welcome, register on site.

Little Pesaukees Playgroup

The Alton Parks and Recreation Department is sponsoring a drop-in playgroup for 0-5 years old at the Alton Bay Community Center on Tuesdays and Thursdays from 9 to 11 a.m. The program is free and follows the ACS calendar year. Please bring a peanut-free snack for your child. For more information, contact parks-

rec@alton.nh.gov.

Boston theatre and shopping trip

Saturday, Dec. 21, leaving at 8:30 a.m. and returning at 9:15 p.m., travel by motor coach from the Tioga Pavilion Parking Lot, 18 Mill Street in Belmont to the Prudential Center, Theatre District, and Faneuil Hall in Boston. Cost includes transportation and admission to your choice of a show: Irving Berlin's White Christmas or Anthony William's Urban Nutcracker. Space is limited. Trip is sponsored by Belmont Parks and Recreation and Alton, New Durham and Barnstead residents are welcome to join the fun. Contact Belmont Parks and Recreation at 267-1865 or www.belmonth.nh.org for more information and to sign up.

Exercise classes
Intermediate Yoga with Sheila Marston is

Wednesdays, 7-8 p.m. at the Alton Bay Community Center.

Zumba classes with Sherry Meyer are Mondays and Wednesdays at the Alton Bay Community Center from 8 to 9 a.m.

2019 Fall Newsletter available

The Alton Parks and Recreation Department's Fall Newsletter is now available online at www.alton.nh.gov, and at the Parks and Recreation office located at 328 Main St. Programs include: special events, hike to Pine Mountain, exercise classes, adult indoor sports, instant pot cooking class, Scarecrow Spree, drawing class, Little Pesaukees Playgroup, Pre-K Picassos, board games night and more. Revs United is sponsoring youth basketball for grades 1-6. For more information and to sign up by Nov. 8, go to www.revsunit-ed.com.

Help plan Harvest Happenings in Alton

ALTON — The Harvest Happenings event committee is still seeking volunteers to help plan and coordinate family-friendly activities for downtown Alton on Halloween night. The event will take place on Oct. 31 from 4 to 7 p.m. Come downtown to trick-or-treat, enjoy festivities, and play games.

The committee meets every Wednesday from 5 to 6 p.m. at Catchpenny, located at 5 Monument Square in Alton.

The following events are confirmed for the evening:

Pumpkin lighting and decorating contest will take place in front of Town Hall. Trophies and prizes will be provided by Catchpenny.

Cornhole free play with sets provided by Parks and Recreation at a TBD location.

Wand decorating workshop for a fun candy-free arts and crafts project for kids will take place beside Catchpenny.

"Pumpkin Patrol" photo op inside an Alton Police cruiser with School Resource Officer Kristen Guest.

Halloween photo booth provided by Parks and Recreation at a TBD location.

Scarecrow decorating organized by Parks and Recreation will take place throughout town. See the Parks and Rec newsletter for more details.

Business fall decorating contest is being sponsored by the Alton Business Association.

Free Italian ice and a fun game will be sponsored by Little Jimmy's Italian Ice of Alton.

Trunk or Treating will be hosted in the parking lot of Lakeside Dental.

If you have an idea for an event, or would like to participate in any other way, please reach out via info@catchpennyshop.com or attend their next committee meeting on Wednesday from 5 to 6 p.m. at Catchpenny in 5 Monument Square.

Democrats will meet Monday in Gilmanton

GILMANTON — The next meeting of the Tri-Town Democrats of Barnstead, Alton and Gilmanton will be on Monday, Oct. 7 at the Wagner Barn, located at 63 French Road in Gilmanton. After social time and excellent refreshments starting at 6:15 p.m., the meeting will begin at 6:30 p.m. All interested parties are welcome to join in and interact with a lively and interesting speaker, Arnie Alpert of the American Friends Service Committee. In his talk, Alpert will focus on the efforts in New Hampshire to abolish the death penalty, efforts that were finally successful earlier

this year.

The American Friends Service Committee has been a leader in movements for economic justice, civil rights, worker rights, peace and disarmament, affordable housing, abolition of the death penalty and an end to racism and homophobia. In his position as New Hampshire Program Coordinator for the AFSC-NH, a position he has held since 1981, Alpert has played a central role in these movements. As Communications Coordinator for the Martin Luther King Day Committee (from 1988 to 1999), he was one of the main moving forces in the campaign for a state

holiday honoring Dr. King. New Hampshire enacted the holiday in 1999 and it was first observed in 2000.

Alpert's articles have been published in numerous newspapers and journals and he wrote the entry on New Hampshire for the encyclopedia Civil Rights in the United States. Included among the many awards bestowed on him were the NH Women's Lobby naming him "Citizen of the Year" in 1997 and NHPR including him in its "25 for 25" series in 2007.

Come and join in on Oct. 7, for an evening that promises to be informative and fun.

GWAC Fall Gathering is Oct. 20

WOLFEBORO — The Governor Wentworth Arts Council (GWAC) welcomes all members, and those who wish to join, to the annual Fall Gathering, Sunday Oct. 20, 1 p.m. at the Village Players Theater at 51 Glendon St., Wolfeboro. This is a potluck gathering, so be sure to contact Jeannette to RSVP at 569-0078 or e-mail j@virgodesignstudio.com by Sunday Oct. 13. They will be having a very brief meeting to update members about what will be on the agenda for the rest of 2019 and into 2020. The gathering will also include a private screening of the art drama "Georgia O'Keeffe, Her Life was a Work of Art" starring Joan Allen and Jeremy Irons. This film is not open to the public. Thank you to the Village Players for hosting GWAC again this season.

They also wish to remind the public, Arts Council members have work displayed in several locations in Wolfeboro – MVSB has artwork

from members in the main hallway, Huggins Hospital has artwork near the solarium, and artwork is on display in the Gun Closet window across from Jo Green's restaurant entrance. All artwork is for sale and the contact info is available on site. Artwork will be changed out seasonally – don't miss it.

The GWAC, for more than 51 years, has helped support artists and arts organizations locally through grants and scholarships fueled by our fundraising efforts. They are opening the new grant cycle for local Libraries and the Art Education Fund. This select fund is open to local community to enable an arts project, class or supplement an artist's endeavor. Please visit the web site to download an application at www.wolfeboroarts.org. There is no fee to apply. The current deadline for the Art Education Fund is December.

Coming in 2020, the Master Class series, a fundraiser. This series

of four diverse, adult art education, day-long class intensives, is taught by art professionals. These instructors have been chosen based on their wealth of knowledge in the subject matter presented. Arts Council co-chairs Lauren Hammond and Jeannette D'Onofrio have been working on the preparation of these classes for a good part of 2019. They are thankful for early sponsors supporting this Master Class series; The Art Place, MVSB, Branch & Bloom, JC Signs and East of Suez. They will have another press release later in the season with all the details and more will be listed at www.wolfeboroarts.org.

The Governor Wentworth Arts Council is a 501(c)(3) non-profit educational arts organization. Their purpose is to enrich the cultural environment, stimulate interest in the arts and assist local artists and craftspeople in the Lakes Region of New Hampshire.

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MARK ON THE MARKETS

Emotional investing



BY MARK PATTERSON
Contributing Writer

Many of my new clients are people who have managed their own money in the past, but they seem to reach a point in their lives that compels them to make a change that I am sure is not easy. Sometimes they tell me that it is not fun anymore or that they do not want to spend the time that it requires to do a good job. The overwhelming reason is that they believe that their stock choices have been more wrong than right. While I do understand what they are saying, it is probably not accurate. Most people

make good choices for much of their money, but the poor choices are often left to manifest themselves into bad choices. Now, anyone who buys equities (stock) will buy something that does not go their way. The main difference between the DIY crowd and a professional trader or portfolio manager is that we manage our trade size and attempt to work our way out of bad positions with options techniques, adjusting trade size or just cutting losses. At a minimum, we may try to use some losses against gains in a taxable account. It is not always successful, but at a minimum we attempt to do something to repair the trade. The DIY typically allows a bad trade to sit in hopes that it may transform itself into a good trade somehow. The same mentality must be applied to protecting profits. Again, a professional may use covered calls (options) when the market or stock is looking “toppy” to take a bit

of profit. You can buy insurance with “Puts” on a stock or index. It all takes work and knowledge of these instruments, but it can make the difference in having the equity markets work for you or not doing anything except hoping for a comeback and having them work you into in-action.

Low priced stock or illiquid stocks can be your biggest winners and losers. Assuming that the risk is acceptable and if you invest money that you can afford to lose, then I wish you luck. If you are investing money that you should have invested in income producing investments to fund your lifestyle, then you are jeopardizing your lifestyle and that money should have been in fixed income anyway. You can also use option strategies for income and to attempt to repair a position where you may be underwater. These techniques can appear to be complicated, but are not with proper training, practice and taking the time to do the work. Typically, a retail broker or financial advisor will not use these strategies because it does take time and training that these “advisors,” working for the broker-dealers, do not possess. This is one reason why mutual funds are so popular in their world.

In summary, if you have a good trade discipline and good knowledge of the equity and derivatives markets, maybe work with your own money. If you don’t possess this knowledge or feel that your emotions would be a detriment to your trading strategies, then find a professional that actively works with the money, not a salesperson. When I refer to the word “trade,” I do not mean that all transactions are short term for speculation. I am referring to the overall movement and hedging of an actively managed portfolio.

Mark Patterson is portfolio manager at MHP Asset Management LLC and can be reached at 447-1979 or mark@mhp-asset.com

Busy weeks planned at Oscar Foss Memorial Library

BARNSTEAD — The OFML Teen Writers Club lead by Lindsey will now meet on the first Wednesday of each month from 4 to 5 p.m. Each meeting will provide writers with fun writing exercises as well as time to workshop pieces in progress with peers. Bring a notebook, writing utensils and any pieces of writing you would like feedback on.

Adult Book Club

The Oscar Foss Memorial Library Book Club will be meeting next Wednesday, Oct. 2, at 7 p.m. in the library’s meeting room. The discussion will be about Beartown by Fredrik Backman. Copies of Between the World and Me by Ta-Nehisi Coates for November’s discussion will also be available to pick up.

Dungeons and Dragons

The new D&D club for ages 14-18 will be held every Thursday from 4 to 7 p.m. in the meeting room. New members are always welcome, and the club is actively seeking experienced Dungeon Masters. PMHS students can take Barnstead bus 7 to the

library after school.

Family Movie Night

Kick off Barnstead’s Old Home Day celebrations with Family Movie Night on Friday, Oct. 4, at 5:30 p.m. This month they will be showing the live action remake of Disney’s Aladdin (PG) on the big screen. Light refreshments will be served and pajamas and cuddling items are always welcome.

Old Home Day

Stop by and see the librarians at Barnstead’s Old Home Day. Compete in the book relay race, sign up for library cards, and get help setting up your devices for digital e-book and audiobook borrowing.

Please call the library at 269-3900 or visit oscarfoss.org for more information about the library programs or events. There is always something happening at the Oscar Foss Memorial Library. Library hours are Tuesdays and Wednesdays from 10 a.m. to 6 p.m., Thursdays and Fridays from 12 to 8 p.m. and Saturdays from 10 a.m. to 1 p.m. The library is closed Sundays and Mondays.

Barnstead Legion holding open house

BARNSTEAD — The Earl B. Clark American Legion Post 42 and Auxiliary Unit 42 invite all military veterans and their families who reside in Barnstead to an open house on Saturday, Oct. 19, from 2 to 5 p.m., rain or shine. Veterans and their family will be treated free of charge to a pig roast barbecue with all the fixings. President Trump recently signed into law that all veterans who served a minimum of one day on active duty on or after Dec. 7, 1941 and received an Honorable Discharge are now eligible to join the American Legion. This is a great opportunity to learn more about the

American Legion and meet Barnstead veterans from all branches of service who have served their country over the past 75 years.

The Earl B. Clark Post 42 is located at 1078 Beauty Hill Road and meets the first Tuesday of every month except during the months of January and February. It is strongly encouraged that those veterans who wish to attend RSVP on or before Monday, Oct. 7, to ensure they have plenty of food on hand. To RSVP, please e-mail the post at alearlb.clarkpost42@gmail.com or call Commander Kris Furtney at 969-8408.



MATTHEW FASSETT – COURTESY PHOTO

Rotary entertainment
President of the Alton, Barnstead, New Durham Rotary, Duane Hammond, thanks jazz vocalist Cat Faulkner for her performance singing classic and popular songs for Rotarians and their non-Rotarian guests at the Rotary club’s annual ‘Meet and Greet’ barbecue and potluck outing. The evening’s event was held at the home of Rotarian Richard Leonard in New Durham on Sept. 19 and included a bonfire and fireworks.

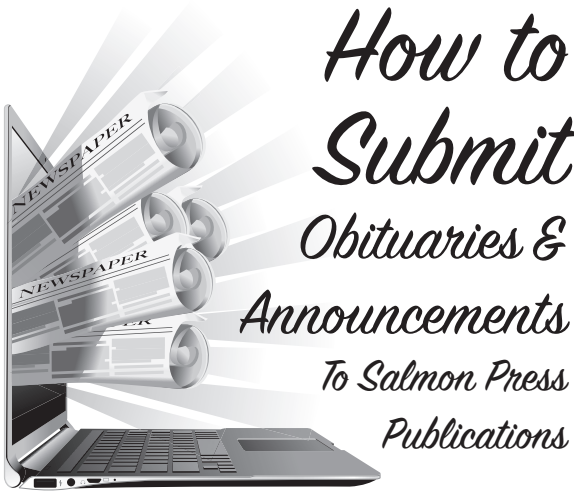
Church fair is Nov. 2 in Barnstead

BARNSTEAD — The annual Old Fashioned Church Fair will be

held on Saturday, Nov. 2, from 9 a.m. to 2 p.m. at the Congregational Church of North Barnstead at 504 North Barnstead Road, Center Barnstead.

The fair features a cafe, silent auction, handmade items from

Ghana, Africa, decor, collectibles, Christmas items, jewelry, baked goods and a raffle. It is an ideal place to start or complete your Christmas shopping. Please save the date and join in.



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Once Upon a Mattress coming to Village Players stage

WOLFEBORO — The Village Players fall musical, *Once Upon a Mattress*, has been cast and the actors have been working learning their songs, their dance moves and their lines under director Kathleen Hill and assistant director Chelsea Stewart.

Longtime Village Player Emily Marsh will be portraying Princess Winnifred, the role that gave Carol Burnett her Broadway debut and a Tony Award nomination.

Prince Dauntless, who must be married before anyone else in the kingdom can tie the knot, is portrayed by Village Player newcomer Austin "Max" Gehring.

Prince Dauntless' parents, Queen Aggravain and King Sextimus the Silent, will be portrayed by Village Players veterans Phoebe VanScoy-Giessler and Bob Tuttle, the latter who will surely have an interesting rehearsal period not being able to talk for the entire show.

Veteran Village Player Christian Boudman will be the show's narrator in his role as the minstrel.

The role of Lady Larken went to Kimmi Adjutant, who starred as Mary Middleton in last year's production of *The Drunkard* while Sir Harry is being portrayed by Jonathan Babon, who may be best known in Village Players circles for his portrayal of Seymour in *Little Shop of Horrors* and Sir Lancelot in *Monty Python's Spamalot*.

Village Players new-

comer Christopher Dudley received the role of the jester while veteran Village Player Paul Stewart will portray the wizard.

The unique pantomime characters who open the show will be Joyce Wood as the queen, Andrew Long as the prince and newcomer Sam Gagne as the princess. Gagne will also be portraying Lady Merrill, while fellow newcomer Lizzie Fogg will be playing Lady Lucille and Beth Marsh will be Lady Rowena.

Newcomer Anna Jortikka will be in the role of Princess number 12 as well as Lady Mabelle. Veteran Village Player Corky Mork will be playing Sir Studley and Jordan Canney, in his second Village Players show, will portray Sir Luce. Emily Judkins, also in her second Village Players show, will be portraying the kitchen wench while newcomer Madeline Adams will be part of the ensemble.

Choreographer Gwen Collins will also be featured in a dance role.

Once Upon a Mattress was written as an adaptation of the Hans Christian Andersen fairy tale, *The Princess and the Pea*. The music was written by Mary Rodgers, with lyrics by Marshall Barer and book by Jay Thompson, Dean Fuller and Barer. It opened off-Broadway in 1959 and moved on to Broadway.

The show will run the first two weekends of November, with 7:30 p.m. shows on Nov. 1, 2, 8 and 9 and 2 p.m. shows



COURTESY PHOTO

THE JESTER (Christopher Dudley), the minstrel (Christian Boudman) and King Sextimus (Bob Tuttle) rehearse a scene from *Once Upon a Mattress*, which opens on Nov. 1. Visit village-players.com for ticket information.

on Nov. 3 and 10. Visit village-players.com for ticket information and as always, tickets will be available at Black's Paper and Gifts in downtown Wolfboro.

In addition to Hill, Stewart and Collins, the production staff includes producer Joshua Spaulding, costume designer Bobbi Boudman and her dedicated crew, set designer Russ Ellis, lighting director Cate Poole, music director Julie Carbone, house manager Ester Roakes, props master Phoebe VanScoy-Giessler, poster designer Stefanie Marsh, program designer and ticket guru Carol Bense and makeup and hair artists Chelsea Stewart and Michaela Andruzzi.

Once Upon a Mattress is sponsored in part by Richard J. Neal, DMD.

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GUEST
(continued from Page A1)

and student engagement. “They’ve totally revamped their entire program to go so far beyond ‘Just Say No,’” Guest said.

Alton’s Police Chief Ryan Heath spoke highly of Officer Guest’s contributions to the community and to the Alton Police force. “Office Guest is a great representation of the quality of our officers,” Chief Heath said. “She takes it far beyond just a job or an occupation. She has a passion for it.” Chief Heath said that Officer Guest was an ideal School Resource Officer, highlighting her commitment to her community, and her passion for working with children and families. “She’s been making an impact here in Alton,” Chief Heath said, “But now she’s going to have an impact regionally.”

Once the two-week training in Concord wraps, Officer Guest will bring her knowledge back to Alton to benefit the officers and the community at large. “We learn a lot

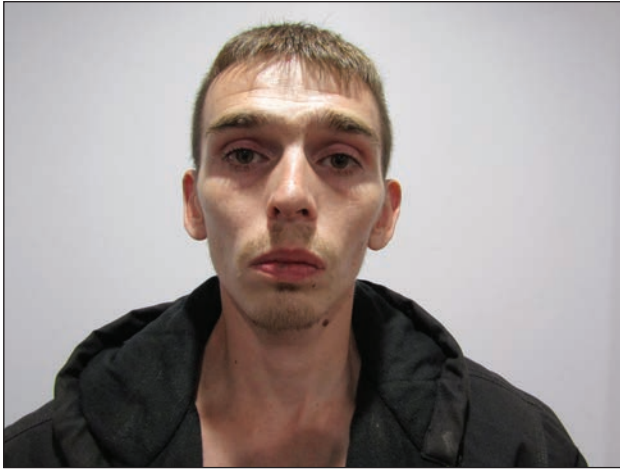


COURTESY PHOTO

OFFICER KRISTEN GUEST was named the D.A.R.E Officer of the Year.

ARREST
(continued from Page A1)

being committed to preventing what is always a tragic and senseless loss of life that inevitably results from the distribution of fentanyl and other dangerous illicit drugs.



COURTESY PHOTO

COREY FAIR of New Durham was arrested on Sept. 26 and charged in possession of a controlled drug with intent to distribute.

from her,” Chief Heath said. “The conferences and the trainings that she’s going to, she always brings back information that enlightens us. From officers that are two years on the job to 20 years on the job.”

As for what’s next in the schools that Officer Guest supports, she’s excited to continuing to develop new programs to meet community needs.

“We want to be more

proactive and preventative,” Guest said. “A lot of times police work is reactive.” Officer Guest highlighted a project she’s currently working on to create a “Diversion Program” that will help provide students with resources before issues arise. “Whether it’s vaping, or having problems at home, or disciplinary issues at the school, we’re trying to get involved sooner so we can prevent it from es-

calating.”

“She puts a lot of effort into improving the quality of programs she brings to the students,” Chief Heath added.

Officer Guest is excited to bring her real-world knowledge back to the D.A.R.E program to impact the training of new officers, as well as bring information drug and bullying prevention back to Alton in the coming months.



COURTESY PHOTO

NEW DURHAM Police seized drugs, cash and drug paraphernalia at 366 Route 11 last week.



ALTON POLICE LOG



ALTON — The Alton Police Department responded to 195 calls for service during the week of Sept. 22-28, including nine arrests.

One male subject was arrested for negligent driving.

One male subject was arrested for driving while intoxicated.

One minor was arrested for possession and use of tobacco products by minors.

One male subject was arrested for driving after revocation or suspension.

One male subject was arrested for domestic violence and domestic violence: obstructing report of crime/injury.

There were four mo-

tor vehicle summons arrests.

There were two motor vehicle accidents.

There were nine suspicious person/activity reports on East Side Drive, Homestead Place, Wolfeboro Highway, Mount Major Highway, Monument Square, Suncook Valley Road, Minge Cove Road and Main Street (two).

Police made 62 motor vehicle stops and handled 10 motor vehicle complaint-incidents.

There were 112 other calls for services that consisted of the following: Two assist fire department, four fraudulent actions, one employment fingerprinting, seven assist

other agencies, one intoxicated subject, five animal complaints, 11 juvenile incidents, three domestic complaints, six general assistance, eight alarm activations, one noise complaint, two lost/found properties, two highway/roadway hazard reports, four general information, three vehicle ID checks, one civil matter, one wellness check, one community program, one dispute, 24 directed patrols, nine medical assists, one OHRV complaint, 11 property checks and three paperwork services.

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 Online: www.lancasterfair.com

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August 30 to September 2, 2019

Location: State Fairgrounds, Contoocook
 Tickets: \$12 for ages 13-59, \$10 for seniors 60+, \$8 for youth ages 5-12, children 35 months and under free.
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 Online: www.hsfair.org

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72 Lafayette St., Rochester, NH 03867
 Tickets: \$9 general admin., children under 8 are free
 Online: www.rochesterfair.com

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September 6 to 8, 2019

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 Tickets: \$10 for adults, children 6-12 and seniors are \$5, children under 6 are free
 Online: www.hcafair.com

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September 26 to 29, 2019

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 Online: www.deerfieldfair.com

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By JOHN HARRIGAN
COLUMNIST

Was there war (even squabble) when they bobtailed the “ugh”?

Because this column is syndicated in more than a dozen weekly papers covering two-thirds of New Hampshire’s land mass, I get mail from all over the place. Sandwich gets the prize for seeming to write the most letters per capita. What is it with those Sandwich people? Something in the water, maybe. But it’s a town of readers and writers, for sure.

Wolfeboro(ugh) also generates a lot of mail. It is one of my favorite towns, partly because of its spirit and get-it-done attitude, partly because it’s at the crossroads of old trails, roads, steamboat routes and railroads, and partly because it gives me a chance to poke fun at several Lakes Region towns for sending the “ugh” that used to end their names to the Geographic Gulag. This is why I often put the (ugh) at the end of “Wolfeboro” when I write back to readers. The post office crew delivers them nonetheless (Yay, post office crew).

This seems to have taken place when bob-tailing the lexicon was all the rage. It was all

about shortening the spelling, and creating new words if required. It gave us new words with the half-life of a nanosecond, words we desperately wanted to give back, words we’d rather be on display naked in the middle of town than ever use. Moultonborough, I think, is among the few places that resisted this sea-change of alleged progress and modernity, and told the name-bobbers to go pound sand.

(I wonder how they did the name-bobbing, anyway. Did someone from the Federal Department of Double-Speak get up on a ladder in the dead of night to remove three bronze letters on the Post Office building? Or, um, hmm, clearing throat here, did they put a tight little elastic band around the “ugh” and just wait for it to fall off? This worked well, for example, with lambs that would otherwise turn into rams, whether we liked it or not and no matter what the weather, so we turned them into wethers.)

(I apologize, sort of, for that last sentence, which was the epitome of self-indulgence and occurred after a long wait for the chance.)

I wasn’t in the Lakes Region for any local uprising when the “They” that’s somehow always in a story like this issued the name-docking edict. Who was that, anyway?

But imagine the lost identity of it all. People went to sleep thinking they would always live in Tuftonborough, and woke up in the morning to discover that their village had drifted into

a new location between the towns of Oblivion and Sameness, and had been re-named “Tuftonboro.” (Query: Did anyone search the post office grounds for the missing “ugh”?)

Seriously, I was working far to the south at the Nashua Telegraph at the time, and missed all this. I’m truly curious as to whether there was any difference of opinion on renaming all these towns, just as I’m hoping that someday soon I’ll get the time to research whatever controversy erupted over building the Kancamagus Highway straight through the heart of the White Mountain National Forest.

So please, readers, tell me what happened when the They in “they” proposed changing your town’s name. Did everyone go gently into that good night of all things new and modern? My address, as always, is below. In your replies, please include name, town and phone numbers (which I never include in print), in case I have questions.

+++++

My only access to Public Television comes out of the statewide network in Maine. And that’s all right, because it’s only one click from there to Maine’s CBS outlet, Channel 6, an aggressive little station with strong local programming. After the CBS evening news, it’s only one click back to Judy Woodruff and the PBS crew. It’s a great way to compare the two.

There’s an art to



MAINEVT - “You live where?” they ask, incredulous. “Where Vermont and Maine pinch northern New Hampshire into an oblong.” (Courtesy Pasarelapr.com)

watching television, especially if your goal is well-rounded news, which it is. I picture various TV stations as akin to the channel-buoys in the Piscataqua River: They show you the rocks and shoals, so you can keep the USS News, at least, in mid-river.

For my purposes, especially regarding national and world news, Fox is far to one side, MSNBC is far to the other, and CNN and CBS are somewhere in between. This is just for news, mind you, and has nothing to do with entertainment, and certainly not commentary, which I tend to regard as the leach-field of the medium.

In that category, and at risk of sounding like an old moss-back:

--The crawl-lines at the bottom of news screens are hastily written when stories break, and as a result are loaded with errors. If you’re

a glutton for this kind of punishment, look for the likes of they’re and their, where and wear, your and you’re, it’s and its, great and grate, and wait and weight (wait--who would be using “grate”?).

--I have Netflix and Amazon Prime, but even with those it’s hard to find movies I might like or haven’t seen a zillion times. Having grown up on directors and producers who paid close attention to movie sets, period history, and travel by stage and train, I have scant patience with the comparative sloppiness and cheapness of so many newer movies.

If, for instance, white or off-white smoke is coming out of a train locomotive’s stack, we should see firewood piled in the tender. If the smoke’s black, it’s burning coal. And those endless campfire scenes should have smoke and embers issuing up into the night sky. No?

They’re gas.

+++++

Because of where I am, I can use “alternative methods” (meaning rabbit ears) to receive Canadian television stations. But then too, try to use your cell phone in some places and you’re soon joined by an operator speaking French.

Sometimes, when I’m trying to explain where I live to someone who’s totally unfamiliar with a map, I say “It’s where Vermont and Maine pinch northern New Hampshire into an oblong,” but only those who also learned “rectangle” seem to get it.

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WOLFEBORO — The Huggins Hospital drive thru flu shot clinic will take place on Tuesday, Oct. 8, and Thursday, Oct. 10. The clinic on Tuesday will be from 10 a.m. to 2 p.m. and the one on Thursday will go from 2 to 6 p.m.

The event has become very popular and more than doubled in size since it started in 2016. Last year, Huggins vaccinated 584 adults during the two-day event and the hospital hopes to break that record this year.

The goal of the event is to help the community stay healthy during flu season by removing barriers to getting the flu vaccine. The vaccine is free to everyone 18 or older regardless of their ability to pay or insurance situation. The clinic takes place in the hospital’s main parking lot and can be accessed by turning onto Christian Ridge Road and following the signs.

For more information about the clinic visit www.HugginsEvents.org.

Writers sought for Alton group

ALTON — The Alton-Lakes Region writers are looking for more writers in the area and they welcome you to join their group. They meet, usually, the first Monday of the month at the Gilman Library in downtown Alton at 7 p.m. Parking and entrance are at the back of the library. If you are a writer and are looking for peer support and reviews, why don’t you think about joining them. Sharing your writing and joining the group just might be the best decision you make this year. Contact DJ@DJGeribo.com for more information.

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Think Pink

Join these local businesses in supporting breast cancer awareness this October!

Breast cancer signs and symptoms

Breast cancer is a formidable foe. According to the World Health Organization, an estimated 627,000 women lost their lives to breast cancer in 2018. But women are not helpless in the fight against breast cancer, as the WHO notes early detection is critical and could potentially save thousands of lives each year. A proactive approach is a key component of protecting oneself against breast cancer. While the National Breast Cancer Foundation, Inc.® notes that many breast cancer symptoms are invisible and not noticeable without a professional cancer screening, women can keep an eye out for certain signs of breast cancer they might be able to detect on their own. Monthly self-exams can help women more easily identify changes

in their breasts. During such self-exams, women can look for the following signs and symptoms and are advised to report any abnormalities they discover to their physicians immediately.

- Changes in how the breast or nipple feels: The NBCF says nipple tenderness or a lump or thickening in or near the breast or underarm could indicate the presence of breast cancer. Some women may notice changes in the skin texture or an enlargement of the pores in the skin of their breast. In many instances, skin texture has been described as being similar to the texture of an orange peel. Lumps in the breast also may indicate breast cancer, though not all lumps are cancerous.
- Change in appearance of the breast or nipple: Unexplained changes in

the size or shape of the breast; dimpling anywhere on the breast; unexplained swelling or shrinking of the breast, particularly when the shrinking or swelling is exclusive to one side only; and a nipple that is turned slightly inward or inverted are some signs and symptoms of breast cancer that can affect the appearance of the breast or nipple. It is common for women's breasts to be asymmetrical, but sudden asymmetry should be brought to the attention of a physician.


- Discharge from the nipple: The NBCF notes that any discharge from the nipple, but particularly a clear or bloody discharge, could be a sign of breast cancer. The NBCF also advises women that a milky discharge when they are not breastfeeding is not linked to breast cancer but



should be discussed with a physician. Learning to recognize the signs and symptoms of breast cancer can increase the likelihood of early diagnosis, which greatly improves women's chances of surviving this disease.




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COURTESY PHOTO

Mystery trip

Last week, the Locke Lake Social Club started out on its mystery ride, traveling north through New Hampshire and ended up in Moultonborough at the Castle in the Clouds Terrace Restaurant. The view was spectacular. After lunch, they went to the Moultonborough General Store, which has been a general store since 1781. Ending their mystery ride at Moulton Farms, the group shopped for veggies and pumpkins, fresh beans, tomatoes, corn and cider and returned home. The next social event will be game night Friday, Oct. 20, at 6 p.m. in the lodge. Cribbage and Pokeno are generally played with light refreshments at break time. The following day, Saturday at noon, Oct. 21 in the lodge, there will be the first "Pie Day Potluck Luncheon." Members are asked to bring either an entree pie or dessert pie, such as meat pie, chicken pot pie, spaghetti pie, shepherd's pie, or apple, pumpkin, mincemeat, pies. Games may be played or for the snowbirds, this may be their last meeting before taking flight south. If you are attending, please call Bonnie (533-5993) and let her know what you are bringing.



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WHAT'S ON TAP

A full slate of games is on the schedule for the local high school teams in the first week in October.

At Prospect Mountain, the soccer boys will be at Sanborn at 4 p.m. today, Oct. 3, will be at Berlin at 3:30 p.m. on Tuesday, Oct. 8, and will be hosting Inter-Lakes at 3:30 p.m. on Thursday, Oct. 10.

The Timber Wolf soccer girls will be at Somersworth at 4 p.m. on Friday, Oct. 4, and will be at Hopkinton at 4 p.m. on Tuesday, Oct. 8.

The Prospect volleyball girls will be at Nute at 6 p.m. on Friday, Oct. 4, will be hosting Trinity at 6 p.m. on Monday, Oct. 7, and will be at Newfound at 6:15 p.m. on Wednesday, Oct. 9.

The cross country Timber Wolves will be hosting a meet on Saturday, Oct. 5, at 2 p.m.

The Timber Wolf unified soccer team will be at Oyster River at 4 p.m. on Monday, Oct. 7.

The Kingswood golf team will be at North Conway Country Club today, Oct. 3, at 3:30 p.m.

The Knight soccer boys will be at Manchester West on Friday, Oct. 4, will be hosting Pelham at 4:30 p.m. on Tuesday, Oct. 8, and will be hosting Oyster River at 7 p.m. on Thursday, Oct. 10.

The Kingswood girls' soccer team will be hosting Hanover on Friday, Oct. 4, at 6 p.m., will be at Pembroke at 6 p.m. on Monday, Oct. 7, and will be hosting Oyster River at 5 p.m. on Thursday, Oct. 10.

The Knight volleyball team will be at Plymouth at 5:45 p.m. on Friday, Oct. 4, and will be hosting Laconia at 5:45 p.m. on Wednesday, Oct. 9.

The Kingswood cross country team will be running at Kennett on Saturday, Oct. 5, at 2 p.m.

The Knight football squad will be on the road at Gilford-Belmont on Saturday, Oct. 5, at 7 p.m.

The field hockey Knights will be at Oyster River at 4:30 p.m. on Wednesday,

Timber Wolves charge past Spartans

BY JOSHUA SPAULDING

Sports Editor

ALTON — The Prospect Mountain soccer boys rebounded nicely from a tough first half, scoring four unanswered goals in the final 40 minutes to take a 5-1 win over White Mountains on Wednesday, Sept. 25.

"That was a much needed second half," said coach Cory Halvorsen. "The first 40 minutes, we didn't really want to come out and play. We were flat, not enough energy."

"Luckily we changed it around a little bit," the Timber Wolf coach added.

Nolan Sykes had an early crossing pass that was cleared, while White Mountains came back with a shot that keeper Nick Clark stopped. Caden Dore had a shot over the top of the net and Cam Dore must missed a feed from Kyle Richard.

The Spartans had a corner chance that was cleared out by Caden Dore and Cam Dore and Perrin McLeod had shots that were stopped by the Spartan keeper. Caden Dore had a direct

kick saved and Sykes followed it up, but the White Mountains goalie got to the ball.

Clark had a nice save on a long shot from the Spartans and then Caden Dore, Sykes and Cam Dore teamed up on a bid that was denied by a diving save by the White Mountains goaltender.

Keegan Unzen sent a cross into the box that Sykes headed wide of the net and then Sykes had his own cross cleared out.

With 20:15 to go in the first half, the Spartans scored on a shot ripped from the top of the box to the top of the goal for the 1-0 lead.

Clark made a couple more saves and McLeod, Sykes, Unzen and Kaleb Smolin all had chances in the zone but could not put the ball in the net.

However, with 5:20 to go, Sykes sent a nice cross into the box and Smolin was there to poke the ball home, tying the game at one. Carter Dore had a shot that was deflected wide and Nate Holiday had a chance

SEE SOCCER, PAGE B5



JOSHUA SPAULDING

MICHAEL MAHONEY goes airborne to avoid colliding with sliding goaltender Nick Clark in action last week.



JOSHUA SPAULDING

CAM DORE scored two goals for Prospect Mountain against White Mountains last week.

Timber Wolves sweep past Portsmouth Christian

BY JOSHUA SPAULDING

Sports Editor

ALTON — When the win goes in the standings, it doesn't matter what the game looked like.

So while the Prospect Mountain volleyball team may not have played its best game on Monday, Sept. 23, the Timber Wolves still did emerge with a win and that 3-0 victory over Portsmouth Christian counts as much as every other Division III victory.

"We've been working a lot on discipline on the court, being where we're supposed to be," said coach Kelly Harte. "In the first game, that was strong but the attention to detail didn't hold throughout the match."

The opening game started out with the Timber Wolves building a 12-2 lead, thanks in part to a pair of aces and a hit at the net from Julia Leavitt while Sophia Sarno also had a nice hit. The visitors were able to run off five points in a row to cut the lead to 12-7 but a hit and a service



JOSHUA SPAULDING

LINDSEY MCCULLOUGH digs deep to return a shot in action against Portsmouth Christian last week.

ace from Gwen West allowed Prospect to go up by a 15-7 score.

The Timber Wolves essentially controlled the rest of the first game, as Casey Bredbury had a hit and Michaela Ver-

nazzaro had a bit hit the net as the Timber Wolves went up 21-9.

After a couple of points from the Eagles, Leavitt had another hit and Lindsey McCullough had a service

ace. West then finished out the game with a hit and Prospect got the 25-11 win.

The second game started with the Eagles getting the advantage, as they built up a 5-1

lead before the Timber Wolves slowly starting climbing back. West had a hit and Bredbury had a service ace as Prospect got the lead cut to 9-6 but the Eagles answered

SEE VOLLEYBALL, PAGE B5

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Prospect golfers closing in on end of regular season

BY JOSHUA SPAULDING
Sports Editor

ALTON — The Prospect Mountain golf team made the short trip to Gilford on Monday, Oct. 23, for a match at Pheasant Ridge.

The Timber Wolves finished with 53 points overall to place third behind Bow's 83 points and Gilford's 58 points while defeating ConVal's 29 points.

Bruce Rawnsley led the way for the Timber Wolves finishing with 16 points out of the fifth

spot in the lineup.

Seth Huggard in the third spot and Aidan Conrad in the sixth spot both finished with 13 points for the day.

Joel White played out of the top spot in the lineup and finished with 11 points.

Sam Caldwell finished with six points in the seventh spot, Aaron Haynes had five points in the fourth spot and Aidan Gehly finished with a point in the second spot in the lineup.

Prospect traveled

JOSHUA SPAULDING

BRUCE RAWNSLEY led the way for the Timber Wolves in a match at Gilford last week.

to Candia Woods for a match hosted by Derryfield on Sept. 25 and finished third again.

Derryfield won with an 86, Lebanon finished with 63 points for second place and the Timber Wolves finished with 48 points for third place.

ConVal finished fourth with 41 points.

White led the way from the fifth spot in the lineup, finishing with 16 points.

Huggard was next, finishing with 12 points from the third spot in the lineup, while Rawnsley in the top spot and Haynes in the fourth

spot both finished with 10 points to round out the scoring.

Mykel Whitehouse had four points from the sixth spot, Gehly had three points in the second spot and Ian West had two points in the seventh spot.

The Timber Wolves wrapped up the regular season after deadline. The Division III state tournament on Tuesday, Oct. 15, at Mount Washington Golf Club at 9 a.m.

Joshua Spaulding can be reached at 279-4516, ext. 155 or josh@salmon-press.news

Two in a row for football Knights

BY JOSHUA SPAULDING
Sports Editor

WOLFEBORO — For the first time in close to a decade, the Kingswood football team has an official winning streak.

The Knights dominated John Stark on the turf of Alumni Field on Friday, picking up a 31-0 win over the Generals.

"There's a good feeling around here," said Knight coach Paul Landry. "It's all about confidence and building confidence and wins are one way to build confidence."

Landry noted that the team is still learning how to win and Friday's game was a chance to show that they are working in the right direction.

The Knights were in the same boat as the Generals in some regards, as both were dealing with some injuries, but Landry said it was nice that the team was able to work through things.

"It's a puzzle you're trying to solve without many pieces," Landry said.

As for the game, King-

swood was led by a massive game from Devan Wade, who scored three touchdowns, rushed for 153 yards and also had a 70-yard punt return for a touchdown. Austin Perkins had what Landry called a "breakout" game, rushing for 85 yards and a touchdown. Matt Drew finished with 60 yards rushing and Jackson McCullough ran the offense well for the Knights. Kicker Brian Winn added a field goal and converted all of his extra points.

"What we stressed all week was special teams and defense because we needed to get better," Landry said. "And they did exactly what we asked them to do this week."

On the defensive side of the ball, Drew and Aiden Penenga were strong at the linebacker position and the combination of Joe Deighan, Atley Corson, Fabian Sanborn and Jagger Bernier performed well on the defensive line.

Next up, the Knights will be on the road to take on Gilford-Belmont



KATHY SUTHERLAND

AUSTIN PERKINS had a breakout game for the Kingswood football team on Friday.

Carpenter, Wasson pace Knights in Northwood

BY JOSHUA SPAULDING
Sports Editor

NORTHWOOD — The Kingswood cross country teams raced in the Black Bear Invitational on Saturday at Coe-Brown in Northwood.

For the varsity girls, Rosemary Carpenter led the way, as she finished in 22:30 for 64th place overall.

Carolyn Day was next for the Knights, finishing in 22:56 for 79th place and Sarah Carpenter finished in 80th place in a time of 23:03.

Anabelle Nelson was next for the Knights, finishing in 103rd place in 23:39 and Elizabeth Morrison rounded out the field of Knights with a time of 24:31 for 130th place.

Lily Stinchfield finished in 148th place in a time of 25:24 and Sarah Bellefleur placed 160th in a time of 26:35.

Joseph Wasson led the way for the Knight boys in the varsity race, crossing in a time of 18:28 for 65th place overall.

Casey Arsenault finished in 116th place in 19:43 and Oleg Sheahan was the third Knight, finishing in 20:06 for 129th place.

Joshua Paraskos finished in 136th place in a time of 20:13 and Lou Arinello rounded out the scoring with a time of 20:14 for 138th place.

Tim Huckman finished in 20:31 for 146th place and Mark Stenard crossed in 20:56 for 156th place overall.

In the boys' JV race, Sam Johnson finished in 162nd place in a time of 23:02, Warren Blaney ran to 202nd place in a time of 24:12 and Braden

Viands finished in 257th place in 27:54.

The Knights will be in action on Saturday, Oct. 5, at Kennett for a 2 p.m. meet.

Joshua Spaulding can be reached at 279-4516, ext. 155 or josh@salmon-press.news



KATHY SUTHERLAND

DEVAN WADE ran for three touchdowns and also had a punt return for a touchdown in Kingswood's win on Friday.

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JOSHUA SPAULDING

CAROLYN DAY has been the second runner for the Kingswood girls this season.

Knights making final push for state tourney



WILL DANAIS had a solid day at Cocheco Country Club last week.

S-Kwood golf 10/3
HEADLINE: 511 words

BY JOSHUA SPAULDING
Sports Editor
WOLFEBORO — It was supposed to be a busy week for the Kingswood golf team last week, as the Knights had three matches, thanks to a rescheduled contest from earlier in the season. However, Mother Nature wiped out the Thursday scheduled match.

The week began with a trip to Cocheco Country Club on Tuesday, Sept. 24, where the Knights finished at 1-1 on the day.

“We were lucky to get out of Cocheco one and one today,” said coach Jeremy Fuller. “St. Thomas played exceptional golf at home.”

The Saints finished with an impressive 123

points to lead the way while Kingswood edged Goffstown by just one point, 92-91.

“We will be battling them (Goffstown) for one of the final spots in the state championship, so that was big.”

Max Jensen led the way for the Knights out of the second spot in the lineup with 23 points on the day.

“He hit all greens in regulation with the exception of one,” Fuller said. “When you can do that, good scores will come and they did with five pars.”

Will Danaïs in the fifth spot and Henry Saunders in the first spot in the lineup both finished with 18 points on the day. Both birdied the eighth hole.

Justin Stirt, playing out of the eighth spot in the lineup, finished with 17 points in his return to the lineup.

“He has a fundamen-

tally sound swing and I hope he continues to play well,” Fuller said.

Tyler Sprince in the sixth spot, Max Roark in the seventh spot and Reese Clarke in the third spot all finished with 16 points, with one of those counting toward the team score for the day.

Michael Palmer finished with 12 points in the fourth spot in the lineup to round out the field of Knights.

“The goal is 100 points a match and we were closer than last week,” Fuller said.

The team was back at Cocheco on Sept. 25 and came up just short against Portsmouth, a team the Knights are in the hunt for the playoff spots with.

“I hoped the players would play better with having seen the course the day before,” Fuller said. “It would’ve been really nice to get the win over Portsmouth.”

Palmer led the way with 19 points, followed by Saunders with 18 points and Sprince with 17 points. Stirt and Danaïs each had 14 points to wrap up the scoring for the Knights. Davis Ekstrom had 13 points, Roark had 11 and Christos Zavvas had five.

“The lineup continues to be fluid and I expect several players to get opportunities to try and earn the eight roster spots for the state championship, if we are fortunate to make it,” Fuller added.

The Knights will be wrapping up the regular season today, Oct. 3, at North Conway Country Club at 3:30 p.m.

The Division II championships are Thursday, Oct. 17, at Sky Meadow in Nashua.

Joshua Spaulding can be reached at 279-4516, ext. 155 or josh@salmon-press.news.

Girls’ Knight is Oct. 14 at Kingswood

WOLFEBORO — The Kingswood cheerleading team will be hosting Girls’ Knight at the high school on Monday, Oct. 14.

The evening will be a charity fundraiser and the highlight will be a flag football game between girls in the junior class and girls in the senior class.

All girls from the Governor Wentworth Regional School District are invited to attend and all girls who are still in school will be admitted free. There will be a \$5 charge per car for other spectators.

The Knight cheerleaders, who are entering competition for the first time this season, with competition on Oct. 21 and 27, are organizing the event, with proceeds donated to a charity to be determined.

Players and teams from all local sports leagues are invited to come and take part in the evening’s fun at Alumni Field.

AARON HOUSE – COURTESY PHOTO

Runners up

Kingswood’s Jared Dearborn and Cameron Yates finished as the runners-up at the state bass fishing championships on Saturday on Spofford Lake. The Knight duo caught seven fish weighing a total of 10.52 pounds to earn their hardware. Prospect Mountain finished fourth overall with 8.73 pounds of fish. Kearsarge won the state championship with 15.55 pounds.



HIGH SCHOOL SLATE

KINGSWOOD
Cross Country at Kennett; 2
Football at Gilford-Belmont; 7
PROSPECT MOUNTAIN
Cross Country Home Meet; 2
Monday, Oct. 7

KENNETT
Volleyball at Nute; 6:15
KINGSWOOD
Girls’ Soccer at Pembroke; 6
PROSPECT MOUNTAIN
Unified Soccer at Oyster River; 4
Volleyball vs. Trinity; 6
Tuesday, Oct. 8

KENNETT
Boys’ Soccer at John Stark; 4
Field Hockey at Hollis-Brookline; 4
Girls Soccer vs. Souhegan; 4
Golf at Portsmouth CC; 3
KINGSWOOD
Boys’ Soccer vs. Pelham; 5:30

PROSPECT MOUNTAIN
Boys’ Soccer at Berlin; 3:30
Girls’ Soccer at Hopkinton; 4
Wednesday, Oct. 9

KINGSWOOD
Field Hockey at Oyster River; 4:30
Volleyball vs. Laconia; 5:45
PROSPECT MOUNTAIN
Volleyball at Newfound; 6:15
Thursday, Oct. 10

KINGSWOOD
Boys’ Soccer vs. Oyster River; 7
Girls’ Soccer vs. Oyster River; 5
PROSPECT MOUNTAIN
Boys’ Soccer vs. Inter-Lakes; 3:30

Thursday, Oct. 3
KENNETT
Boys’ Soccer at Oyster River; 4:30
Girls’ Soccer at Coe-Brown; 4
Golf at North Conway CC; 3:30
KINGSWOOD
Golf at North Conway CC; 3:30
PROSPECT MOUNTAIN
Boys’ Soccer at Sanborn; 4
Friday, Oct. 4

KENNETT
Field Hockey at Milford; 4
KINGSWOOD
Boys’ Soccer at Manchester West; 4
Girls’ Soccer vs. Hanover; 6
Volleyball at Plymouth; 5:45
PROSPECT MOUNTAIN
Girls’ Soccer at Somersworth; 4
Volleyball at Nute; 6
Saturday, Oct. 5

KENNETT
Cross Country Home Meet; 2
Football at John Stark; 2:30

Learn to curl on Oct. 13

WOLFEBORO — Lakes Region Curling Association will offer a free learn-to-curl clinic for the public on Sunday, Oct. 13, from 5 to 6:30 p.m. at Pop Whalen Ice and Arts Arena in Wolfeboro.

Experienced curlers will offer instruction in the basics of the sport as well as instruction in the art of stone delivery and sweeping.

All equipment is provided, and participants are asked to bring a pair of clean-soled athletic shoes to put on at the rink.

For more information about the sport of curling and Lakes Region Curling Association in particular, visit the association’s web site at lakescurlingnh.org.



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Alton 9:30 a.m. Sun. Meeting at Prospect Mountain High School. Pastor Sam Huggard, www.befreechurch.net.

CENTER BARNSTEAD CHRISTIAN CHURCH
Morning Service 10:00 am.
Adult and Teen Bible Study 11:15 am.
Sunday School for all ages 10:00 am.
Rte. 126 next to Town Hall.
Pastor Brian Gower. 269-8831.

COMMUNITY CHURCH OF ALTON
Prayer Meeting 9:00 am Christian Education for all ages, nursery-adults, 9:00 am.
Rev. Dr. Samuel J. Hodo. 875-5561.
Sunday Worship Service 10:00am
Alton Bay Bandstand, July 1-Sept 2
10:00am 20 Church Street

CONGREGATIONAL CHURCH OF NORTH BARNSTEAD UCC
Sun. School and Worship Service, 10:00AM, 504 N. Barnstead Rd.,
Pastor Nancy Talbot, 776-1820,
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Pastor Kent Schneider 755-4816
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Eagles get Homecoming win over Knights

BY JOSHUA SPAULDING
Sports Editor

NORTH CONWAY — As both coaches expected, Saturday’s matchup between the Kennett and Kingswood boys’ soccer teams was a tight, physical battle.

In the end, the Eagles got two goals in the first half and held tight for the 2-0 win at their Homecoming.

“They’re always tough, it doesn’t matter what the records are,” said Kennett coach Dave Hart. “They’re always tough games against them.”

“When you have younger players, they have to get their trial by fire in a rivalry match,” said Kingswood coach Erik Nelson. “And I thought some of the younger players stepped up.”

Carter Morrissey had an early direct kick for the Knights that Kennett keeper Reilly Murphy saved. Alex Clark had a couple of runs up the other way for the Eagles, the first going ahead to Ethan Clay-Storm, the next just ahead of Jimmy McCarthy and the



JOSHUA SPAULDING

KENNETT’S MATT SYNNOTT and Kingswood’s Brayden Rapoza charge after the ball in action on Saturday.

with a chance from Ciro and Morrissey had a direct kick for the Knights. Clark also had a direct kick for the Eagles and

Namara had a nice clear for the Knights, sending the game to halftime with the Eagles up 2-0. Morrissey contin-

that was turned away by the Kingswood defense while Morrissey had a shot go over the top of the net. Winn made a

Winn sent on net but it was stopped by Murphy.

Murphy was hurt on a Kingswood bid and had to leave the game, with Aidan Sherlock taking over for a few plays and he handled them before Murphy returned to the game. Winn, Donovan-Laviolette and Morfopulos all had chances for the Knights and Winn also made a nice cross into the zone but the Knights were unable to put it in the net. Synnott and Riley Hayes had late chances and Kennett held the 2-0 win.

“Kudos to them for playing hard the whole way,” Hart said. “That first foal was a little bit of a confidence booster and it was a beautiful header too.

“It’s hot, so it’s a struggle, but they did a nice job,” the Eagle coach continued. “We definitely needed that to keep our hopes alive for a postseason spot.

“Everybody contributed today, it was a great team win,” Hart added.

Nelson noted that the Eagles were without

one of their senior captains, Axel Plache, and he thinks some of his team’s minds were on him.

“He was on the minds of the kids, but they played to the best of their abilities,” Nelson said. “I’m looking forward to playing them again on turf and having our Kingswood crowd.”

Nelson also praised the work of Davey, who has continued to work with goaltender coach Nick Day to improve on his play in his first year in net.

The Knights will be back in action on Friday, Oct. 4, at Manchester West at 4 p.m. The Knights host Pelham at 5:30 p.m. on Tuesday, Oct. 8, and Oyster River at 7 p.m. on Thursday, Oct. 10.

Kennett returns to action on Tuesday, Oct. 8, at John Stark at 4 p.m.

Joshua Spaulding can be reached at 279-4516, ext. 155 or josh@salmonpress.news.



JOSHUA SPAULDING

GIORGOS MORFOPULOS moves the ball up the field in action against Kennett on Saturday.

third turned away by Kingswood’s Jonathan Hossack. Hossack also cleared away a rebound after a Liam Davey save.

Brian Winn sent a nice cross into the box that Giorgos Morfopulos just couldn’t get to for the Knights.

The Eagles got on the board with 25:15 to go, as Santiago Ciro sent a direct kick into the box in front and McCarthy got his head on it and knocked it into the net for the 1-0 lead. The goal came with a little controversy, as one official ruled that the ball didn’t go in the net and the other saying it did.

Kennett came back

the Knights got chances from Winn and Gabe Arinello.

With 14:38 to go in the first half, Clay-Storm was able to sprint in front of the defense and beat Davey with a shot for the 2-0 lead for the Eagles.

Winn had a good bid that Jack Cryan was able to clear out of the zone and Winn had a direct kick go over the top of the net as well. Kennett had a corner kick but could not convert and Morrissey had a long direct kick that was stopped by Murphy. Davey came scrambling out to make a diving save in front of Clay-Storm and Will Mc-

ued to send long direct kicks on net that Murphy stopped. Clay-Storm had a nice cross that McNamara cleared out of the zone and Ethan Raifsnider had a shot go wide for the Knights. Keegan Donovan-Laviolette and Winn both had shots that were denied by Murphy and Clark sent a shot wide at the other end of the field.

Kingswood’s James Yarling turned in good defense on Ciro and Matt Synnott for Kennett and Morfopulos for Kingswood exchanged chances. Clark sent a shot over the top of the net on a direct kick.

Kennett had a corner

run into the zone and Colby Eastwood helped turn the bid away. Kingswood had a corner that

SOCCER

CONTINUED FROM PAGE B1

that was stopped while Ryan Dube cleared away a White Mountains corner and the game went to the half with the score tied at one.

Sykes, Cam Dore and Caden Dore all had early chances in the second half and Clark also made a save at the other end of the field. Carter Dore had a cross cleared out of the zone and Caden Dore sent a shot over the top of the net. Clark made a leaping save of a shot destined for the top of the goal. The Spartans had the first corner of the half but could not convert. Prospect also had a corner but the ball was cleared from the zone. Holiday sent a shot over the top of the net and Clark made a nice save on a bid in close.

Sykes and Smolin teamed up on another chance and Caden Dore sent a shot over the top of the net.

With 19:02 to go, Cam Dore fired a shot that went off the fingers of the Spartan keeper and into the net for the 2-1 lead.

Prospect kept pres-

suring, with Caden Dore getting a bid that was stopped. Clark also made a diving save on a direct kick by the Spartans and a White Mountains corner was headed over the top of the net.

With 12:10 to go, Unzen was able to get in on net and fired a shot to the far post low in the corner for the 3-1 lead. Sykes followed that up with a shot off the crossbar and the Timber Wolves had another corner that they could not convert.

With 8:19 to go, Cam Dore had a shot blocked but Sykes was there to get to the loose ball and put it in the net to make it 4-1.

Sykes and Unzen just missed connecting on a crossing pass and Sykes and Caden Dore also had shots that were stopped. Clark also turned in a save for the Timber Wolves.

With six minutes to go, Cam Dore picked up his second goal of the game, ripping a shot from the top of the box for the 5-1 lead. The Timber Wolves had a few more chances, with Unzen, Cam Dore, Sykes and Holiday all getting chances but they were unable to convert and

the game closed at 5-1 for the Timber Wolves.

“Evening the score before the half helped us a lot,” said Halvorsen. “That wasn’t one of our best games, but it’s the result we needed and wanted for the week.

“We have a lot of soccer this week and they’re pushing through,” the Timber Wolf coach added.

He praised the play of both Cam Dore and Clark in the win.

“That’s what we’re looking for from Cam,” Halvorsen said. “That will give him the confidence boost he needed going forward.

“I think Nick had a huge game,” the Timber Wolf coach said. “He definitely came up big at times when we needed.”

The Timber Wolves will be in action again today, Oct. 3, at Sanborn at 4 p.m., will be at Berlin on Tuesday, Oct. 8, at 3:30 p.m. and will be hosting Inter-Lakes on Thursday, Oct. 9, at 3:30 p.m.

Joshua Spaulding can be reached at 279-4516, ext. 155 or josh@salmonpress.news.

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More exciting on-track action at NHMS in October

LOUDON — The green landscape of New Hampshire Motor Speedway is transforming to rich hues of red, orange and gold, creating a beautiful New England fall background for the exciting events lined up for October at “The Magic Mile.”

“We love summer for obvious reasons, but fall in New England is just spectacular,” said David McGrath, executive vice president and general manager of New Hampshire Motor Speedway. “As the 2019 racing season quickly wraps up, October is still full of fun events with exciting action for our fans to enjoy – all while experiencing the beautiful New England foliage.”

The fan-favorite 24 Hours of Lemons Halloween Hooptiefest, the world’s first endurance race series for cars that cost \$500 or less, returns to Loudon to take on the 1.6-mile road course Oct. 19-20. With 10,000 participants spread across dozens of races at tracks coast-to-coast, no other event creates bigger, weirder, more hilariously-irrational challenges than this weekend-long blowout of bumper-to-bumper competition between cars that are due for the scrapheap. Tickets include infield access and a portion of the proceeds benefit Speedway Children’s Charities New Hampshire Chapter. Overnight camping is available for purchase

at the front gate on a first-come, first-served basis beginning Thursday, Oct. 17.

Two wheels take to the track when motorcycles come to town. Penguin Roadracing School will hit the track Oct. 4 prior to the Loudon Road Race Series taking on the road course for round seven, the final round of the 2019 season, Oct. 5-6. The following day, riders of any skill level who want to learn the physics of how a motorcycle works and how to make it do what you want can join Fishtail Riding School on Oct. 7. Legend cars will accompany the LRRS weekend with MOAT Mountain Road Course Series, Oct. 5-6.

Car clubs will invade the speedway when the White Mountain Chapter of the BMW Car Club of America (Oct. 5), COM Sports Car Club (Oct. 12-13), Sports Car Club of New Hampshire (Oct. 13) and the Boston Chapter of the BMW Car Club of America (Oct. 26) come to town.

Looking to get involved with drifting? The Team O’Neil Rally School will be at NHMS on Oct. 12-13 with their Drift Driving Course. This course helps drivers progress their skills with different levels of instruction that cater to everyone from beginners to intermediate drivers. North East Drift Co. will keep grassroots drifting fun and alive

with their Fall Brawl on Oct. 5-6, and GIG Motorsports brings their Halloween Drift-tacular to the speedway on Oct. 20. Spectator wristbands are available for purchase for both events at the Operations window at the Main Entrance at NHMS on the day of the events. NEDCo will also be at the speedway Oct. 26-27 and offers free ride-alongs to those who purchase a spectator wristband.

The New England Half Marathon on Sunday, Oct. 13, will take runners on a scenic journey from the start line at the entrance of New Hampshire Motor Speedway in Loudon, along country roads to the finish line at the New

Hampshire State House in Concord. Registration is open now through the morning of the half marathon, and a portion of the proceeds benefit Speedway Children’s Charities New Hampshire Chapter.

For ticket information for all events at New Hampshire Motor Speedway, including the Nov. 28-Jan. 5, 2020 Gift of Lights presented by Eastern Propane and Oil, the June 13-21, 2020 Motorcycle Week at NHMS and the July 17-19, 2020 Foxwoods Resort Casino 301 race weekend, visit the speedway website at NHMS.com or call Fan Relations at 783-4931.

So, I’ve been wondering

My mind is always running. It’s probably not a good thing, because that means there’s always something going through my head. Often times, it’s ridiculous stuff that has no reason to be in my mind. But I’m usually wondering random things. Here are a few.

Why is it OK in volleyball to cheer when another team makes a mistake? In all other sports, cheering when the other team makes an error is often considered unsportsmanlike, yet when it happens in volleyball, it’s considered normal.

Is there a rule in field hockey that when the whistle hasn’t blown for 30 seconds, the officials have to blow the whistle? I’ve been covering the sport for more than 15 years and I still don’t know all the rules. That’s one of the reasons I like standing near longtime Kingswood and Plymouth State coach Bonnie Lord when I’m at a game because she can usually explain a rule or small detail of the game that I don’t always get.

Why do some people find it necessary to drive in the left lane when they are not passing anyone? I drive a lot and am constantly amazed at the idiots who find it necessary to putt along in the left lane like nothing is wrong. The signs are right there, “stay right

SPORTING CHANCE



By JOSHUA SPAULDING

except to pass.” Seems pretty simple to me.

Why are Red Sox fans at Fenway Park singing in joy to Sweet Caroline in the middle of the eighth inning when the home team is losing to a moribund Baltimore team in the middle of the summer? I don’t mind the tradition, in fact, I will partake if I am at a game, but only if the Sox are winning. What is “so good, so good, so good,” about things when your team is losing by 10 runs to a team on a pace to lose 100 games or more. If I’m the DJ at Fenway, I’m not playing that song unless the Sox are winning.

Why is Scott Zolak still employed by the Patriots’ radio network? He brings absolutely nothing to the broadcasts every week except for mocking the other team when they are losing and complaining about the officials. I know he was a “beloved” figure here in his time as a backup quarterback, but laughing at the other team, calling them names and uttering ridiculous statements about show ponies adds nothing to my listening experience. It would be nice to have

a knowledgeable analyst telling us what was actually going on in the field.

Why is Alex Cora not getting any heat in Red Sox circles? When the Red Sox floundered the year after winning a World Series under John Farrell, he was on the hot seat from day one. Yet Alex Cora seems to get a pass. Don’t get me wrong, I don’t think he should take the blame, but I also didn’t believe Farrell should have taken the blame. The blame goes on the players who didn’t hold up their end of the deal (I’m looking at you Chris Sale) and the executives who didn’t get enough suitable pieces (which was addressed with the Sox). But if you’re going to blame Farrell, you should blame Cora too.

Finally, have a great day Bonnie Lord.

Joshua Spaulding is the Sports Editor for the Granite State News, Carroll County Independent, Meredith News, Gilford Steamer, Winnisquam Echo, Plymouth Record-Enterprise, Littleton Courier, Newfound Landing, Coos County Democrat, Berlin Reporter and The Baysider. He can be reached at josh@salmonpress.news at 279-4516, or PO Box 729, Meredith, NH 03253.



KATHY SUTHERLAND

Back on track

Abby Kelly gets a lift as the Kingswood field hockey team celebrates its 2-1 win over Portsmouth in overtime on Friday afternoon. The Knights were coming off a streak of four losses in a row. Next up, Kingswood will be at Oyster River on Wednesday, Oct. 9, at 4:30 p.m.

VOLLEYBALL

CONTINUED FROM PAGE B1

with four points in a row to open the lead back to 13-6.

The Timber Wolves again fought their way back into things, as they chipped away at the lead and a pair of aces from Jordan Ingoldsby helped the Timber Wolves eventually pull even at 15. The teams were tied again at 16, 17 and 18 thanks to a nice block from Vernazzaro. A hit from Leavitt helped Prospect go up by a 20-18 score but the visitors came back and tied the match at 20 again.

Allie Stockman came through with a nice tip at the net as the Timber Wolves closed in on the win and Prospect finally closed out the 25-22 win for the 2-0 lead.

A West hit helped Prospect get out to a 3-1 lead in game three but the visitors answered with four points in a row to take a 5-3 lead. Prospect pulled even at five and then an ace from West put the Timber Wolves in the lead again.

The Eagles came through with three points in a row to go back on top but a solid service run from Ava Misiaszek, including a pair of aces, allowed Prospect to go up by a 14-8 score. Ella Misiaszek and Vernazzaro combined for a big block and Vernazzaro had a nice tip at the net.

The teams exchanged points as the Eagles tried to close the gap, getting it to 17-13 but Leavitt had a hit to get the Timber Wolves back on track. Stockman also had an ace as the hosts went up 20-14.

Portsmouth Chris-



JOSHUA SPAULDING

MICHAELA VERNAZZARO puts a shot over the net in action last week against Portsmouth Christian.

tian closed the gap to 21-17 but Leavitt, Stockman and Ingoldsby combined for a big point for the Timber Wolves and Vernazzaro had another hit, opening up the lead to 24-18. Ingoldsby closed out the win with a hit for the 25-19 win.

“We had a lot of young kids, inexperienced kids in that first game and they did a great job,” Harte stated. “They’ve all been working their butts off, all summer pretty much. And they went through double sessions in the preseason.”

“My expectations are so high because they have worked hard for it,” she continued. “So to have an off game, it’s frustrating a little.”

Harte noted that the Eagles were stronger

than she expected, but she also noted that she is still new to Division III and learning what other teams have to offer.

“It’s definitely a learning curve for me,” Harte said.

The 3-0 win for the Timber Wolves was the fifth in a row by that score to start the season.

Prospect will be in action on Friday, Oct. 4, at Nute and will be in action on Monday, Oct. 7, hosting Trinity, both at 6 p.m. The Timber Wolves will visit Newfound on Wednesday, Oct. 9, at 6:15 p.m.

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A graphic with the text "LOVE YOUR COMMUNITY:" in a bold, red, textured font, followed by "Spend Locally!" in a brown, cursive font. The text is set against a background featuring a stylized illustration of a house with a red roof and a striped awning, surrounded by several red hearts of different sizes.