

Gilford Steamer

THURSDAY, OCTOBER 11, 2013

GILFORD, N.H. - FREE

Local hotel wins big accolades

BY ERIN PLUMMER
mnews@salmonpress.news

TownPlace Suites Laconia-Gilford has received some big accolades as it works to provide the best service to its guests.

The Marriott hotel, located on Sawmill Road, has received the Hotel of the Year award from its management company Maine Course Hospitality Group and received the Silver Award from Marriott.

TownPlace Suites Laconia-Gilford is managed by Maine Course, which is based in Freeport, Maine, and manages 20 of hotels in New England and Florida. They are currently building a Hampton Inn in Salem, Mass.

Maine Course CEO Sean Riley recognized the efforts of the staff and the work of general manager Michelle Wilson and front office manager and



COURTESY PHOTO

TownPlace Suites Laconia-Gilford was recently named Hotel of the Year by its management company, Maine Course Hospitality. Pictured, from left to right: Maine Course President and CEO Sean Riley, TownPlace Laconia Gilford front office manager and sales director Samantha Claridge and general manager Michelle Wilson, and Maine Course Vice President and CFO Gary Serino.

sales director Samantha Claridge.

"Maine Course was so proud of Michelle and her

team," Riley said. "They not only performed well financially, but were one of the top hotels for the

brand, in the eyes of their guests. Marriott inspects all hotels to adhere to stringent requirements.

The Gilford TPS (Total Performance Score) scores near the top in this area too. But most of all you can feel the incredible culture that has been created here. Whether you are an associate, guest or community member. I am personally very proud of Michelle, Sam and their team!"

Claridge said the company they work for is great and trust them.

"It's such a fluid relationship; we get support when we need it," Claridge said.

The hotel also received the Silver Award from Marriott for their cleanliness and customer service.

Of the 363 TownPlace Suites in the world, Wilson said this year to date, the TownPlace Suites is

SEE TOWNPLACE PAGE A10

Pig receives pardon as local farm stand and farm sanctuary come together to save a life

It's not often one sees an animal sanctuary and a farm stand team up to save a life and promote animal welfare, especially when that farm stand raises and sells meat. But there's more to this unique partnership than meets the eye.

Without realizing it, Grover, a friendly domestic meat piglet living in happiness with the barnyard animals at Beans & Greens, is generating awareness and, potentially, change. Not only has this "runtiest of runts" touched the lives of thousands who know him via the farm stand's petting zoo, he, his story and his rescue could spark discussion throughout the state among meat eaters and vegetarians alike.

The collaboration between Jenifer Vickery of Tomten Farm and Sanctuary and the Howe Family of Greens & Beans Farm is an opportunity to not only save a special pig, but to support and promote the preservation of local agriculture and open land in New Hampshire. As farm land continues to disappear at an alarming rate and industrial farming becomes the norm, it is imperative that those remaining small New England farmers work together to promote consumer awareness, animal welfare and to secure the postcard-worthy way of life our region has enjoyed for generations.

"It does not have to be 'us against them,'" says Tomten founder Jenifer Vickery when asked why she would



COURTESY PHOTO

Grover

consider teaming up with the Beans & Greens team. "Everyone is on their own journey. Compassion, courage and kindness should be the direction we all take in the future. The time to act is now and in the case of Grover, that action will not only save his life but could make an impact that goes beyond one animal, two businesses and a few people blazing a trail. We have no doubt that Grover is an ambassador for meat pigs everywhere and are hopeful that his pardon will stimulate thought and conversation among many."

Tomten Farm and Sanctuary is a 501(c)(3) dedicated to providing peace, protection and possibility to animals in need. Located in Haverhill, Tomten is home to more than 50 animals,

staffed by volunteers and relies 100% on donations. Current fundraising to purchase fencing and shelter to create a Pig Paradise for Grover and future swine rescues is underway. Donations can be made through the sanctuary's website, tomtenfarmandsanctuary.org. The Sanctuary opens to the public by appointment and regularly scheduled RSVP Farm Tours. Their final tour of the season is Oct. 21.

Beans & Greens is located at 245 Intervale Rd. in Gilford, and offers a wide variety of farm products, including fresh produce, treats from the farm deli and bakery, corn maze adventures in the fall, barnyard animals and much more.

GHS band members get college level experience

BY ERIN PLUMMER
mnews@salmonpress.news

Gilford High School band students have been getting lessons from some special teachers; two different college professors sharing their perspectives and experience.

For the past month and a half, band director Lyvie Beyrent has been on medical leave and her classes have been under the instruction of Jim Chesebrough. Chesebrough recently retired from Keene State University and has taught at Dartmouth College and Southern New Hampshire University.

"My biggest fear going out on medical leave was not knowing who my sub was going to be," Beyrent said.

She approached Chesebrough about substituting for her,

and Chesebrough agreed to do so.

Students said it was helpful to have the perspective of another teacher.

"It's been really nice; he was definitely a lot harder on us than Lyvie," said band president and trumpet player Aaron Witham.

He said this experience with a second instructor definitely helped them.

"It's good to be experiencing different types of warm-ups and different styles of teaching," said band vice president and French horn player Emma Ramsey. "It lets us see something and how they are teaching at college."

Both said it was good to get the perspective of a different teacher with some different methods.

SEE GHS BAND PAGE A10

Laconia-Gilford Lions hosting electronic waste collection event

Got an old computer collecting dust in your closet, or a broken air conditioner sitting on the back porch? What do you do with such items when you replace them? Everything from laptops, phones and computers to TVs cost a fortune to haul away.

Turn all that junk over to the Laconia-Gilford Lions Club during their Electronic Waste Collection Day fundraising event held now on Saturday, Oct. 13 in the Cinemas 8 parking lot in Gilford (9 Old Lake Shore Rd.) from 8:30 a.m. to 12:30 p.m. Note: This is a new location! For a small disposal fee (most items are \$5), not only will we take your



COURTESY

Laconia-Gilford Lions Club members (from left to right) Jamie Caldwell, Marylin Brown, Norm Paquette, Eileen Morey, Lois Smith, Matt Soza and Bill Chandler working at last spring's Electronic Waste Collection Day.

old electronic items off your hands, we will recycle them. The dis-

posal charge is almost always less than the prices at local transfer

stations. Cash or checks will be accepted but not

SEE WASTE PAGE A10

ALMANAC

Notes from the Gilford Public Library

BY MARK THOMAS
Library Correspondent

Read with your ears. Everyone else seems to be doing it. People are listening to audiobooks while they cook, while they clean, while riding in the car, and/or while exercising. I saw someone listening to an audiobook while they browsed for audiobooks the other day! The digital numbers we see don't lie, eAudiobooks are as popular as eBooks; even more popular on Hoopla. What could be more convenient than having hours and hours of listening downloaded on your phone. Many cars will star playing the audiobook right when you start the car. We get bestselling audiobooks on CDs every week, and they fly off the shelf. The popularity has improved quality, so the apps are getting streamlined and the voice actors sound like Sir Patrick Stewart (in some cases they are read by him). If you haven't tried them yet, trust the rest of world and give them a play.

Let's talk about some of the audiobooks we've gotten recently. We've got hit authors like Lisa Scottoline, Elin Hilderbrand, Sandra Brown, and Karin Slaughter. Scottoline's "Feared" is read by Kate Burton, best known for her performances as Grey's

mother on Grey's Anatomy. Elin Hilderbrand's "The Perfect Couple" has been so popular, it deserves its reader Erin Bennett. Erin has recorded hundreds of audiobooks across genres and has dabbled in voiceovers in TV and video games. Her voices (yes, she does several) bring the characters to life. Sandra Brown's "Tailspin" is narrated by Victor Slezak and Karin Slaughter's "Pieces of Her" is done by Kathleen Early.

Many of the memoirs are read by the author, which is awesome! Reese Witherspoon reads her own memoir/cookbook/cultural exposition called "Whiskey in a Teacup: What growing up in the South taught me about life, love, and baking biscuits." You know when you read something and you can just hear the author's voice in it? This is literal. Sally Fields narrates her own intense literary memoir "In Pieces." In a style completely unlike Witherspoon's, Sally explains how she survived a lonely and difficult childhood in her own words.

The fascinating premise of Christina Dalcher's "Vox" tells a story where women are suddenly allowed only 100 words per day. Julia Whelan's narra-

tion is crystal clear, as if in defiance of the persecution evident in the story.

Audiobooks are yet another way to enjoy literature. Listeners can rejoice in its current popularity. Let's ride this train to storyland.

Classes & Special Events
Oct. 11-18

Thursday, Oct. 11
Yoga Fun for Toddlers, 10:30-11:30 a.m.
Come learn the basics of yoga through fun movement, stories, and play! Yoga has been shown to increase early literacy when paired with books.

Homeschool Game Club, 1:15-2:30 p.m.

The Gilford Police Department responded to 406 calls for service and made the following arrests from Sept. 24 to Oct. 3. Please note that the names of juveniles, and those of individuals taken into protective custody but not formally charged with a crime, have been withheld.

Donald M. Dupont, age 63, of Gilford was arrested on Sept. 24 for Driving While Intoxicated, an Open Container

violation, and for Resisting Arrest or Detention.

A 61-year-old male from Gilford was taken into protective custody for intoxication on Sept. 26.

Deborah Lee Mullen, age 59, and David Paul Emans, Jr., age 36, both of Gilford, were arrested on Sept. 29 for Domestic Violence-Simple Assault-Bodily Injury and Simple Assault-Bodily Injury. Emans was also charged with Criminal

Teen Game Club,
2:30-3:30 p.m.
Conversational French, 4-5 p.m.

Friday, Oct. 12
Social Bridge, 10:30 a.m.-12:30 p.m.
Preschool Sign-up Storytime, 10:30-11:30 a.m.
Knit Wits, 1:30-2:30 p.m.
Advanced Conversational German, 2:30-3:30 p.m.

Monday, Oct. 15
Fiber Friends, 10 a.m.-12:15 p.m.
Mahjong, 12:30-3 p.m.

Tuesday, Oct. 16
Baby/Toddler Drop In Storytime, 10-10:30 a.m.
Bridge, 10:30 a.m.-

12:30 p.m.
Preschool Sign-up Storytime, 10:45-11:45 a.m.
Adult Craft, Book page Pumpkin 5-6 p.m.
Pumpkin Carving, 6-7:30 p.m.

Wednesday, Oct. 17
Line Dancing, 9-10:30 a.m.
Check Out an Expert, 10 a.m.-noon
Teen Early Release "What do you think?" Discussion 12:30-1:30 p.m.
Early Release Activity: Pumpkin Crafting 1:30-3:30 p.m.

Thursday, Oct. 18
Brown Bag Book Discussion, 12:30-1:30 p.m.
This month's book is Before We Were Yours

by Lisa Wingate, described as "powerful tale of family, of sisters, of secrets kept and secrets shared". Copies are available at the front desk, and the discussion will be led by Maria Suarez.

Homeschool Game Club, 1:15-2:30 p.m.
Teen Game Club, 2:30-3:30 p.m.
Conversational French, 4-5 p.m.
Evening Book Discussion, 6-7 p.m.
This month's book is "Before We Were Yours" by Lisa Wingate, described as "powerful tale of family, of sisters, of secrets kept and secrets shared." Copies are available at the front desk, and the discussion will be led by Maria Suarez.

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Lauren E. Donovan, age 37, no known current address, was arrested on Oct. 5 for Receiving Stolen Property in an amount totaling less than \$1,000, and in connection with an outstanding warrant.

Matthew James Reagan, age 36, of Tilton was arrested on Oct. 8 for Theft By Unauthorized Taking or Transfer (Larceny).

Gilford Public Library Top Ten Requests

1. "Fear: Trump in the White House" by Bob Woodward
2. "Juror #3" by James Patterson & Nancy Allen
3. "Before We Were Yours" by Lisa Wingate
4. "The Perfect Couple" by Elin Hilderbrand
5. "Bury the Lead" by Archer Mayor
6. "Stay Hidden" by Paul Doiron
7. "Beneath a Scarlet Sky" by Mark Sullivan
8. "Where You'll Find Me" by Ty Gagne
9. "The Outsider" by Stephen King
10. "Girl, Wash Your Face" by Rachel Hollis

Meredith Village Savings Bank Fund grant applications due Oct. 15

MEREDITH — Meredith Village Savings Bank (MVSF) is reminding non-profits that applications for the Meredith Village Savings Bank Fund are due on Oct. 15.

Established in 1997, under the leadership of John Starrett, then President and CEO of

the Bank, the MVSF Fund makes grant-based contributions to non-profit organizations that enrich and improve the quality of life for residents living in the Bank's service areas. Since its inception, 351 grants totaling \$1,410,867 have been awarded to a wide range of environmental, social, educational and historic projects throughout the Greater Lakes Region, Plymouth and New Hampshire Seacoast areas.

The Fund has supported literacy programs, after-school programs, environmental monitoring, as

well as education and restoration of historic structures, organizations that provide support for individuals and families in challenging circumstances and equipment that helps save lives. While not focused on a particular category, Fund administrators are mindful of the receiving organization and its contribution to the quality of life in the communities that are served.

To qualify for an award, the following criteria should be met: Organizations are recognized as tax-exempt under section

501(c)3 of the Internal Revenue Code and public agencies are eligible to apply.

Organizations and public agencies should have their primary base of operations in the Lakes Region, Plymouth area or Seacoast of New Hampshire.

Grants generally range from \$1,000 to \$15,000. The majority are for less than \$10,000.

Proposals are sought from organizations which:

Represent a high internal priority for the applicant organization and are related to its mission and development

Include a clear, practical plan with objectives for services, participation and results

Leverage other funding or voluntary support

Offer evidence that project objectives will be accomplished within the grant period, or that other funding will be secured to continue the activity in the future

Demonstrate cooperation or collaboration among organizations for greater impact

Grants are generally not awarded for the following purposes:

Operating support or funding for ongoing or annual programs

Replacement of pub-

SEE GRANT PAGE A11

2018 Salmon Press

Holiday Gift Guide

Published Thursday,
November 15th


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Gilford Parks and Recreation News

BY HERB GREENE
Director
Gilford Parks and Recreation

Adult Pick-up Basketball begins on Thursday, Oct. 11

The Gilford Parks and Recreation Department is sponsoring a Pick-up Basketball program for adults ages 18 and up, every Thursday evening from 7 – 9 p.m. in the Gilford Middle School Gymnasium. This program will begin on Oct. 11, and runs through the Nov. 15 (no program on Nov. 8). There is a \$2 fee per participant, per evening. This program is open to any interested adults and no pre-registration is required.

For more information, please contact the Parks and Recreation Department at 527-4722

Senior Moment-um Programs

Senior Moment-um Breakfast and Movie – Monday, Oct. 15

The Gilford Parks and Recreation Department will be sponsoring a Senior Moment-um program on Monday, Oct. 15. We will meet at the Community Church, Fellowship Hall at 9:00 am for breakfast and a movie! We will be watching “Book Club,” a comedy starring Diane Keaton, Jane Fonda, Candice Bergen and Mary Steenburgen. The movie and coffee are free of charge. We will also have breakfast available for anyone interested at \$2 per person featuring bagels with yummy toppings and juice. So please join us to watch this modern classic! Participants are asked to RSVP by Thursday, Oct. 18!

Senior Moment-um Blood Pressure Screening and Foot Clinic by VNA – Monday, Oct. 22

The Gilford Parks and Recreation Department will be sponsoring a Senior Moment-um program on Monday, Oct. 22. We will meet at the Community Church, Fellowship Hall at 11:30 a.m. The Lakes Region VNA will be sponsoring a blood pressure screening and foot clinic for any interested participants. Coffee, tea and water will be provided and participants are welcome to bring a lunch or snack. Participants are asked to please RSVP by Thursday, Oct. 18.

For more information or to RSVP, please contact the Gilford Parks and Rec. Department at 527-4722.

Boston Celtics bus trip scheduled for Feb. 27, 2019

The Gilford and Belmont Parks and Recreation Departments are co-sponsoring a Bus Trip to Boston to see the Celtics take on the Portland Trailblazers on Wednesday, Feb. 27. Cost of the trip is \$115 for Balcony sideline seats and \$85 for Balcony corner seats, and includes round trip motor coach from Gilford or Belmont and tickets

to the game. Our deluxe motor coach will depart from Gilford High School at 5 p.m. and the Belmont Park &

Rideshare (Route 106) at 5:15 p.m. for the 7:30 p.m. game. You will have time to visit the pro-shop and get din-

ner on your own prior to the game. Seats are limited; a registration form must be completed accompanied by

payment and tickets are non-refundable.

For more information, please contact the

Gilford Parks and Recreation Department at 527-4722 or visit their Web site at www.gilfordrec.com.

LRGH breaks ground on emergency department renovations

LACONIA — LRGHealthcare recently held a ceremonial groundbreaking for construction that has started on their Emergency Care ReimaginED renovation at Lakes Region General Hospital in Laconia. Hospital Trustees, management, providers, architects/builders, and community members attended the celebration.

Completely funded with personal donations from community members, this \$7.5 million project will serve to renovate the Emergency Department at LRGH to current standards while reorganizing the department to streamline patient flow, resulting in increased efficiency and an even better patient care experience.

“One of the busiest in the State of New Hampshire, the Emergency Department in Laconia handles around 25,000 patients a year and does a really great job,” states LRGHealthcare Executive Director of Philanthropy, Brian Winslow. “Very generous donors stepped up to fund this effort because they know how important the Emergency Department is to LRGHealthcare and to our community.”

Referring to it as the “True Front Door to LRGHealthcare” President & CEO, Kevin Donovan thanked our generous donors and discussed the emergency department renovations and how they were “bringing the facility on par with the level of quality, compassionate care provided.” The renovation



COURTESY

LRGHealthcare Board of Trustees, management, providers, project partners and community members gathered on Sept. 27 to mark the groundbreaking for LRGHealthcare’s ReimaginED renovation of the Emergency Department at Lakes Region General Hospital. Pictured (left to right): DiGiorgio Associates Inc./Monitor Builders Inc., LiRo Group Companies representatives Paul Young and Steve Kovacs; LRGHealthcare Executive Director of Philanthropy Brian Winslow; LRGHealthcare Chief Nursing Officer Theresa Champagne, RN, DNP, CNOR; LRGHealthcare Vice President of Clinical Services Marge Kerns; LRGHealthcare General Counsel Mitchell Jean, Esq.; LRGHealthcare Chief Medical Officer Fred Jones, MD; Bank of New Hampshire President & CEO Paul Falvey; LRGHealthcare Board of Trustees Member & Recovery Clinic provider Paul Racicot, MD; Barbara Daniell; LRGHealthcare President & CEO Kevin Donovan; and Lakes Region General Hospital Auxiliary President Nancy Paterno.

to the Emergency Department has already launched with upgrades to the behavioral health patient area.

Key benefits of the overall renovation will include:

- Better Patient Flow... when entering the ED, patients will immediately access an open, more welcoming registration and triage area where staff will quickly determine the necessary level of care. Patients will then progress through the ED to appropriate functional areas based on their needs.

- Increased Capacity for Faster, Flexible Care. The ED will host 21 private treatment spaces updated to contemporary standards

and designed for maximum versatility and utilization to create greater efficiencies. Traditional treatment rooms will be universally designed — consistent in size, configuration and equipment — to accommodate the needs of most patients. These rooms are geographically zoned into what we refer to as “pods.” There are three pods, each with their own nurse’s station and waiting room. Each pod has a purpose. The green pod contains registration and triage for the entire ED. The blue pod is available to handle increased volume in the ED. On the other side of the green pod is the “Rapid Treatment Unit.” This pod is designated to handle the less serious cases and

is designed to help prevent long wait times for individuals who can be treated quickly.

- Greater Security for Patients and Staff: Currently, the ED is generally open to most foot traffic in and out of the ED area. In its current state, individuals who are in the ED could make their way to anywhere in the hospital whether that is to patient rooms or support staff offices. Public foot traffic can also cause hallway congestion presenting challenges for ED staff to get their patients where they need to go in a private manner. The new ED will be set up to re-route foot traffic and build a perimeter that can be secured.

- Improved Infection Control Standards: LRGHealthcare already receives high marks in the state of NH for infection control standards, but we can and should always improve. The new ED will see the addition of a negative pressure room and bring the number of single patient exam rooms up to twenty-one. It will also include an update to our decontamination room to conform to current standards.

The Emergency Department staff at LRGHealthcare has been very involved in the planning of this renovation, working closely with the architects/builders to ensure patient and staff needs will be met. They have been very thoughtful in mapping out the phases of this project, and are working hard to make sure interruption to patient care is kept to a minimum during construction which is projected to be complete in 2020.

If you are interested in learning more about the Emergency Care ReimaginED project, you may contact the LRGHealthcare Philanthropy Department at 737-1042.

LRGHealthcare is a not-for-profit healthcare charitable trust representing Lakes Region General Hospital, Franklin Regional Hospital, and affiliated medical providers. LRGHealthcare’s mission is to provide quality, compassionate care and to strengthen the well-being of our community.



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OPINION

Grave perspective

Graveyards in our area hold a special fascination for many, particularly during the changeable, tricky season of autumn. As we saw this past week, a day that’s humid, near 80 degrees and feels like summer can quickly give way to a night sky of racing clouds, moonlight and a damp chill creeping across the yard, yielding perfect graveyard-at-Halloween vibes.

One season passes into the next, and the plants and flowers so tenderly planted and cared for in the spring diminish and die back. Autumn colors seem to pay tribute to this loss – celebrating, rather than mourning - because after all, in six months, the cycle will begin again.

Graveyards in any season remind us of this same truth: life begins, ends, begins again, ends again. And with each new generation, problems arise, are struggled with, sometimes resolved, and replaced with new problems. As pessimistic as that may sound, it’s also oddly comforting; there is indeed nothing new under the sun.

In our corner of the world, seasons and generations have passed into history for centuries. Those tranquil, ancient graveyards preserve the memories of residents who, like us, worried about weather and politics and the economy and their children and the future. Like us, they had great days when things just seemed to “work.” They had other days when nothing went right. But life continued on...they continued on.

Perhaps one lesson learned from wandering among the graves is that what connects us as people – past and present – are the things we care about. Here in the Lakes Region, we care about local schools, our community parks and rec centers, our businesses and organizations and our neighborhoods.

We care about the price of fuel, getting our seasonal decorations up, finding deals at the grocery stores and the upkeep of our properties. We care about our neighbors and co-workers, our friends and family. We care about making an impact; we also care about preserving history. We hope for change and also embrace our traditions.

The same can likely be said for the names of those in those graveyards, the many who came and went before us. Life goes on.

Pet of the Week: Candy

Almost always nestled behind a pillow in our small social room, you can find a beautiful sleek black feline named Candy. Being one of our more reserved and shy cats, most who come to visit the shelter pass right by her without even knowing it. When Candy first arrived at the shelter this past winter, she let her fear show through aggression towards our staff. But she worked with our staff members for months in our Shy and

Fearful program until she finally built up the courage to be around people she doesn’t know. Over a half a year after arriving at the shelter, Candy is a completely different cat. She has learned to enjoy affection from humans, and even gets a little jealous at times when her feline friends steal attention away from her. The next time you visit, come spend some time with Candy, she is truly as sweet as her name suggests.



STRATEGIES FOR LIVING

The other side of Christianity

BY LARRY SCOTT

Maggie Gobran, sometimes known as the “Mother Teresa of Egypt,” was invited to speak at the 2011 internationally televised Global Leadership Summit, sponsored by the Willow Creek Community Church, Chicago, Ill.

In concluding her remarks, Mama Gobran

as she is affectionally known, made this comment:

Silence your words so that you may listen to your thoughts; silence your thoughts so that you may listen to your heart; silence your heart so that you may listen to God.”

And then, resplendent in her all-white habit, she said, “I

would like to end my presentation by thanking and blessing you.” Kneeling to the carpet, face in her hands against the floor, Mama Gobran spent the next five minutes in silent prayer. There was not a dry eye in the house as several hundred Pastors and church leaders watched in awe, pro-

foundly moved as the benevolent “Mother of Cairo” prayed for us. It was a moment I will never forget.

The moment was typical Maggie Gobran for, beginning with a personal effort to express love and concern for the nearly 50,000 “garbage kids” in Cairo, the organization SEE STRATEGIES PAGE A11

FROM OUR READERS

Charlie St. Clair — going above and beyond!

To the Editor:

I want to personally thank New Hampshire State Rep. Charlie St. Clair for his passion for the Lakes Region, and not just his Belmont-Laconia constituents!

I am a Gilford resident, and had reason to reach out to all of the local representatives lately to bring change to a law that is both ambiguous and misleading. I was informed by a top state official that the best way to get this corrected was to seek help from local representatives to get the proper legislation change brought to Concord.

I emailed and called all of our representatives, and not one single Gilford Rep. returned my email or my phone call, but Charlie St. Clair did! Charlie took the time to hear me out via many phone conversations and emails. Together, we researched the issues and came up with the best way to correct and put to pen

the changes needed to correct the problem. Then, with no time to spare as the deadline for all such proposed legislative changes needed to be made the next day or wait until next year. Charlie took the time out of his busy schedule and personally drove down to Concord to get the change recorded. That is going above and beyond what you expect from your Representative, but Charlie doesn’t think so. If changes need to be made and he thinks they make sense, then he is going to back them up through hard work and with due diligence and with the best interest of his community at heart.

Thank you, Charlie, and I wish you the best of luck in the upcoming election. You deserve the job, and we need more representatives like you!

Mike Brien
Gilford

There’s still time to get involved in the resistance

To the Editor:

Have the events of the last few weeks angered you to the boiling point? Do you feel ignored as a woman? Have you realized that the Republican agenda is only about holding on to power and not about families, education, environmental protection, justice, health care, or empowering the working class?

Have you had enough?

If so, there is a solution. There are many positive ways to channel your anger, frustrations, and fears. Start by getting involved in the resistance. There are many ways to help. You can put signs on your lawn, assemble information packets, write postcards, make calls, talk to your neighbors, drive candidates around to knock on doors or donate money.

But there are only a few weeks left until this year’s

elections. These elections offer a clear choice and opportunity at the local, county, state and national levels to derail and redirect the chaos that has gripped our communities, state, nation and our lives.

To learn about what you can do, meet the local candidates and meet others who feel the same as you, come to the Oct. 17, Gilford/Meredith Democratic Committee meeting. The meeting begins at 5:30 p.m. at Gilford Library, 31 Potter Rd., Gilford. Everyone is welcome regardless of your party affiliation or if you have no party affiliation.

If you can’t make the meeting, but want to get involved, send me an email.

Rick DeMark
Meredith
gilford.meredithdems@gmail.com

Keep up the good work, BRATTS

To the Editor:

The “Belknap Range Hiking Patch Program,” which is sponsored by the Belknap County Sportsmen’s Association, is now in its 12th year, with over 1,000 hikers having earned a patch. In order to earn the patch, a hiker must climb 12 of the mountains in the Belknap Range. All hikers receiving a patch submit a hiker’s log which includes a description of the trail conditions they encountered while hiking

in the Belknaps. As coordinator of this program, I have personally reviewed all hikers’ log entries.

In regards to trail maintenance and restoration work performed by the “Belknap Range Trail Tenders” BRATTS, I can honestly report that there has never been even one complaint concerning any work on trails done by this volunteer group. The only suggestions I ever receive are for trails that could use improvement or maintenance due to blown down trees, overgrown vegetation, erosion or lack of signs and blazing. In fact, I have received only numerous reports of improved trail conditions over the years and letters of thanks for the work that BRATTS does.

An estimated 80,000 to 100,000 hikers visit the Belknap Range every year. The trail maintenance and restoration work accomplished by the BRATTS is critical for the protection of the mountains and safety of hikers. It is truly amazing what this group of volunteers has provided to the hiking community, and all of us who love the Belknap Mountains.

Keep up the great work!

Don Watson
Belknap Range Hiking Patch Program Coordinator
Belknap County Sportsmen’s Association
Gilford

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NORTH COUNTRY NOTEBOOK

Hummingbirds arrive on the scene, as dandelions pay heed to the winds



By JOHN HARRIGAN
COLUMNIST

Editor’s note: Mr. Harrigan was unable to submit a new North Country Notebook column in time to meet our press deadline for this week’s edition. The following column was originally published earlier this year.

There are lots of neat things about hummingbirds, but one I really like is the way people take ownership. It’s not “The hummingbirds showed up last weekend,” it’s “OUR hummingbirds are back.”

It’s the kind of personal identification that many a habitat and wildlife organization would die for. It’s called, in conservation organization and government parlance, “Being a stake-holder.” In other words, the people who make and enforce the laws and do what’s right for land and wa-



JOHN HARRIGAN
Dandelions in the front pasture almost look like a planned, planted crop, having gone to seed in a week’s time, almost all at once.

ter want you to think you have some skin in the game. Which, of course, we all do.

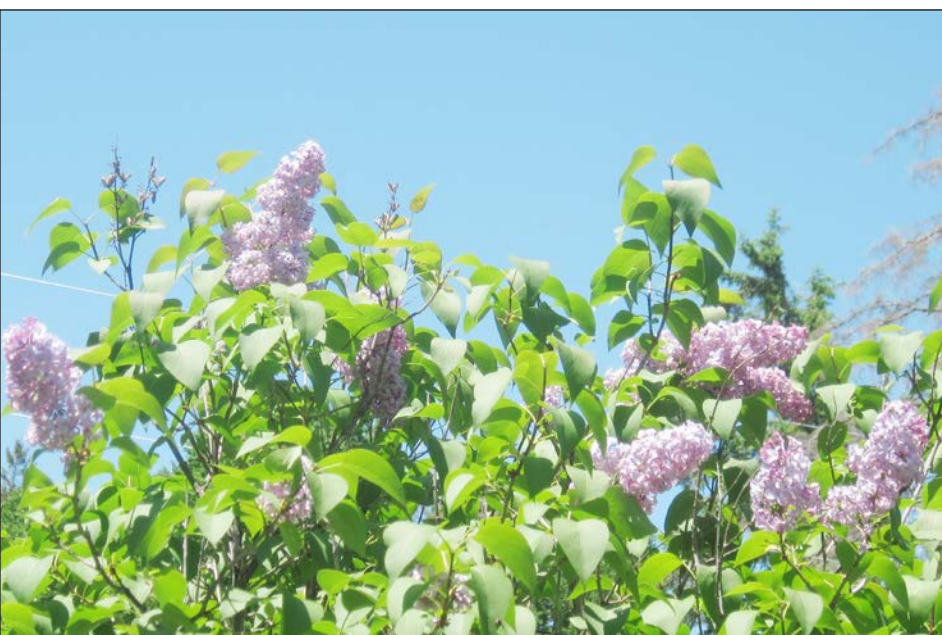
This, among other things, is apt to make you feel more like donating to this or that habitat or wildlife organization. And when the chips are down on some key piece of legislation, this kind of citizen involvement--which often has nothing to do with party lines--offers a great way to call out the troops for a crucial vote, and carry the day.

On a more local note, Virginia Carr, who for years has written community news for the News and Sentinel in Colebrook, would always let readers know when “Our”

hummingbirds are back. The birds are so punctual that some stake-holders can practically predict the day they’ll show up.

I am not as punctual, but I am observant. Ergo, my hummingbirds showed up Tuesday, June 29. Well, okay, I did sort of expect them, I just didn’t quite know when.

So I scrambled around that evening to make sure the feeders were clean, and mixed up enough sweetened water to get me by for a while. And the very next morning, there they were, my hummingbirds (it says here), zipping and zooming around my reading chair on the front porch, sometimes



JOHN HARRIGAN
For the benefit of those who like to know the disparities in growing seasons, my lilacs came out right around the first day in June.

stopping to hover inches from my face, perhaps checking to make sure it’s the same grizzled French-Irish mug they saw last fall.

+++++

If hummingbirds are the Brave Hearts of the bird world, dandelions are the skunk at the picnic.

Dandelion greens are more than edible, and in my book are a delicacy if dug at just the right time, cleaned oh-so-thoroughly, and cooked with no distractions, meaning “Don’t go off and forget them.”

In settlement times, dandelions were among the first greens available after people had spent the long winter



JOHN HARRIGAN
The first gust of wind that hits this clump of dandelions out behind the sheep barn will scatter their seeds all over creation.

eating increasingly unappetizing vegetables from the root cellar or, as the technology improved, vegetables put by through canning. Other spring treats included fiddleheads, hearts of cattail, and watercress. People watched carefully for just the right dandelion digging time, because if you get them just right the roots have barely begun to form.

And I’m not kidding about the washing part. So tenaciously do dandelions cling to Mother Earth that most people wash them in a tub, dumping the water (and a lot of dirt) after the first three or four washings, and drawing a fresh batch of water for the rinsing (and there is still some dirt in the water).

As for the cooking, my way is steaming, and not for very long. Served up with butter, salt and pepper and a dash of vinegar, dandelion greens are a treat that transcends the seasons.

And the skunk at the picnic? In parts of Suburbia where some homeowners seek the holy grail of the Perfect Lawn, dandelions are definitely persona non grata. People actually dig them not to eat them, but to get rid of them. And for people who hire lawn-care experts, the herbicide sprayer is sure to go straight for the hapless dandelion.

But they’d better be quick. This year, at my house at least, the dandelions were up, blossomed, and gone to seed, seeds blowing in the wind, before we even had a chance to mow the lawn.

(This column runs in a dozen newspapers covering the northern two-thirds of New Hampshire and parts of Maine and Vermont. Letters, with town and telephone numbers in case of questions, are welcome via campguyhooligan@gmail.com or Box 39, Colebrook, NH 03576.)

LRPA airs a double feature of terror this weekend

LACONIA— It’s baaaaack! Throughout October, join Lakes Region Public Access Television each Friday and Saturday night at 10:30 p.m. for LRPA After Dark’s Third Annual “Shocktoberfest,” a scary celebration of vintage horror films. This weekend (Oct. 12 & 13), we serve up a horror double-feature. First, enjoy the 1953 short “The Tell-Tale Heart,” an animated adaptation of Edgar Allan Poe’s classic story, chillingly narrated by James Mason. This short was produced by United Productions of America, better known to cartoon aficionados as UPA Studios. “The Tell-Tale Heart” received an Oscar nomination for 1953’s Best Animated Short Film. In 1994, the film was selected as #24 of the 50 Greatest Cartoons. Tune in and see why!

We then move on to hipster-style horror, with 1959’s darkly comic film “A Bucket of Blood,” directed by Roger Corman and starring Dick Miller, Barboura Morris and Antony Carbone. Walter Paisley (Miller) is a busboy at San Francisco’s Yellow Door Café, the hangout for a crowd of beatnik poets, artists and musicians. It also attracts a pair of undercover police officers, looking to make a drug bust. Walter is naive and talentless, but is filled with blind admiration for this group and wants desperately to belong. He particularly wants to impress Carla (Morris), an artist on whom he’s developed an unrequited crush. No one, including Carla,

thinks he has any creative gift. They treat him with open disdain, but that doesn’t change Walter’s mind. One night, he goes home and works on a sculpture, only to be frustrated with his lack of success. He accidentally kills his landlady’s cat, which, after he recovers from his shock and disgust, gives him a morbidly wicked idea. The next day, he brings his newest work of art into the café – an incredibly lifelike sculpture of a cat! Leonard De Santis (Carbone), the café’s owner, proudly displays this piece of art, which earns Walter the respect and praise that he was so eager to receive. One night, after receiving a suspicious gift from an admirer, an undercover detective follows Walter home, with tragic(!) results. What’s an up-and-coming artist to do?

“A Bucket of Blood” is one of director Roger Corman’s most beloved movies, and has rightly earned its place among classic B horror films. Not only does it satirize the sometimes stuffy, pretentious world of art, it also has been hailed as Corman’s sly commentary on the film world. He made this movie in five days on an almost non-existent budget. Many critics, especially those in Europe, hailed the film as a marvel, and began to recognize Corman as a truly important filmmaker. The irony is delicious, and so are the high-camp horror hijinks. It’s not to be missed! So grab your candy corn and join LRPA after dark for this double feature horror

fest from the past.

Mark your calendars for these coming Halloween treats:

Oct. 19 & 20: 1968’s “Night of the Living Dead”

Oct. 26 & 27: 1964’s “Spider Baby”

You can’t find television like this it anywhere but LRPA TV, Atlantic Broadband Channel 25. Not a subscriber? Then log onto Live Stream through our Web site (www.lrpa.org) where you can catch all the fun.

About Lakes Region Public Access Television (LRPA)

Lakes Region Public Access Television (LRPA) is a nonprofit, noncommercial public access TV station and community media center located on the Laconia High School campus in Laconia, NH. LRPA cablecasts locally on Atlantic Broadband Channel 24 (education-

al programming and public bulletin board), Channel 25 (information and entertainment) and Channel 26 (government meetings) to nearly 11,000 viewers in our member communities of Belmont, Gilford, Laconia, Meredith and Northwood. Programming is produced by and for the people of the greater Lakes Region. LRPA’s mission is to empower our community members to produce content that

- fosters free speech and the open exchange of ideas,
- encourages artistic and creative expression,
- promotes a well-informed public through governmental transparency, and
- unites our communities through the power of media and technology.

LRPA’s slogan: Community empowered by media. Visit us on the Web at www.lrpa.org.

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Photos are also welcome, but must be submitted in jpeg format.

*Please contact Executive Editor
Brendan Berube at (603) 279-4516, ext. 111
with any questions regarding
the submission process.*

Charmein Fanning, 70

GILMANTON — Charmein (Blais) “Charm” Fanning, age 70, passed away on Oct. 1, 2018, following a long illness.

A lifelong resident of the area, Charm was born on Aug. 19, 1948 in Laconia, the daughter of Francis and Mary Louise (Ellsworth) “Weezie” Blais. Charm attended St. John’s School, and was a Class of 1966 graduate of Laconia High School in addition to waitressing at Weeks. Luthers and St Pierre’s restaurants, she spent 20 years at Allen-Rogers Wood Products, starting as the Receptionist and then as their Purchasing Agent. She later worked at Home Bank, and then spent 10 years in the business office at New Hampshire Vocational Technical College before retiring in 2012.

Charm is survived by her husband, Jack; a daughter, Melissa Jesseman Rogers and her husband, Michael; a step-son, Michael Fanning and his wife, Irene; a step-daughter, Amy Fanning; a sister, Katie Ewing and her husband, David; and her beloved grandchildren, nieces, and nephews.

She was preceded in



death by her parents; a brother, Shaun Blais; and her son, Jamie Jesseman.

Charm and Jack enjoyed entertaining friends in their log cabin in Gilmanton, where she ardently prepared meals and doled out advice with a side of seasoned sarcasm. Her home was filled with her collection of Longaberger baskets, in addition to her many bags of “bargains” resulting from the success of her thrift shop excursions. Charm’s heart was big; she was always sending cards or generously giving toys, clothes and other special items to everyone around her. Her greatest pride and joy was spending time with her wonderful grandchildren. She was the hub of her social circle and had a of life-long community friends whom she adored.

Always a fighter (and often stubborn), Charm never gave up hope and was determined to overcome her illnesses. She was grateful to her many caregivers over the past four years, and in typical fashion, befriended them all and appreciated their reciprocity of kindness and friendship. Many thanks to the friends that took the time to visit call and send cards throughout her illness – it truly meant the world to her.

At Charm’s request, there will be no calling hours.

A memorial service will be held at a later date.

For those who wish, the family suggests memorial donations in Charm’s name be made to the Jamie B. Jesseman Memorial Scholarship (C/O Lakes Region Scholarship Foundation), PO Box 7312, Gilford, NH 03247 or through <https://www.lrscholarship.org/>.

Wilkinson-Beane-Simoneau-Paquette Funeral Home & Cremation Services, 164 Pleasant St., Laconia, is assisting the family with the arrangements. For more information and to view an online memorial, go to www.wilkinsonbeane.com.

John Ortakales, 89



LACONIA — John Ortakales, 89, of Laconia, passed away as peacefully as he lived his life on Saturday, Sept. 29, 2018 at the Belknap County Nursing Home.

John was born on Aug. 20, 1929 in Laconia to the late Antonios and Sophia (Karaolanis) Ortakales. He was a life-long resident of Laconia. John owned and operated John’s TV, Montgomery Ward Sales Agency and Agora Collectibles.

John is survived by his high school sweetheart, the love of his life and wife of 69 years, Alice (Gilbert) Ortakales; three sons, John Ortakales and his wife Kathy (Derby) Ortakales of Fountain Inn, S.C., Anthony Ortakales and his wife Denise (St. Gelais) Ortakales of Laconia, and Paul Ortakales and his wife Kim (Kolok) Ortakales of Sutton; three daughters, Mary Nichols and her husband Paul Nichols of Loudon, Anne Crandall and her husband Dave Crandall of

Enumclaw, Wash., and Cynthia Shippee and her husband Craig Shippee of Laconia; 18 grandchildren, 17 great-grandchildren, and many nieces and nephews.

In addition to his parents, John was predeceased by a brother, Arthur Ortakales.

John was very proud of his Greek heritage. He enjoyed family gatherings where good food was integral to the celebrations. John will be forever remembered for his kindness, his laughter, and his love and devotion to Alice and his family.

The family wishes to thank the staff at the

Belknap County Nursing Home and Central NH VNA & Hospice for their exceptional loving care and support.

There will be no calling hours.

A Mass of Christian Burial was celebrated on Saturday, Oct. 6 at 10 a.m. at St. Andre Bes-sette Parish - St. Joseph Church, 30 Church St., Laconia. It was John’s wish that attendees wear blue, his favorite color.

Burial followed in the family plot at St. Lambert Cemetery, Laconia.

John asked that memorial donations be made to St. Vincent de Paul Society Food Pantry, PO Box 6123, Lakeport, NH 03247, in lieu of flowers.

Wilkinson-Beane-Simoneau-Paquette Funeral Home & Cremation Services, Pleasant Street, Laconia, NH is assisting the family with the arrangements. For more information and to view an online memorial, go to www.wilkinsonbeane.com.

Marjorie H. Taylor, 95



LACONIA — Marjorie H. “Hutch” Taylor (nee Hutchins) of Laconia passed away on Sept. 25, 2018, after a period of declining health. She was 95 years old.

An Army brat, the only child of Col. Carroll Ray and Dora (Anderson) Hutchins, Hutch was born at Ft. Sill, Okla., and raised on various military posts around the world. Her father, a career Army officer, was stationed in the Philippine Islands twice. The family also had tours of duty in Philadelphia, New York City, and Boston.

Hutch graduated from Brookline (Mass.) High School in 1940, and went on to study at the University of Michigan. She later transferred to Columbia University’s Presbyterian School of Nursing in New York City, where her future husband Warren J. Taylor was in medical school at Columbia’s College of Physicians and Surgeons. Both graduated in 1945, Hutch as a registered nurse and Warren as a medical doctor. The couple wed that September in Hanover.

A stay-at-home wife and mother, Hutch helped support her husband’s medical career, which led them and their growing family to short stints in Bedford, Mass., Hanover, and

Rutland, Mass., before Dr. Taylor secured a fellowship in thoracic surgery in Boston. The family settled in Winchester, Mass., in the mid-1950s and remained there until Dr. Taylor retired in the early 1990s. The Taylors then moved to Franconia, where Dr. Taylor died in 2001. Hutch joined the Taylor Community in Laconia shortly thereafter, close by two of her children and also near the family’s summer home on Lake Winnepesaukee.

Hutch was an active member of the communities in which she lived. She volunteered at Winchester Hospital and the Winchester Public Library. She was a dedicated member of the Winton Club, an auxiliary group that supports Winchester Hospital. Hutch also served for many years as the treasurer of the Winchester Unitarian Church. In Franconia, she was a trustee of the Abbie Greenleaf Library, a volunteer at Littleton Hospital, and

a member of the Franconia Winter Club. The Taylor Community will remember Hutch as a friendly face and an active volunteer for many years at that continuing care facility.

A stoic personality and steadying influence, Hutch raised four successful children.

She is survived by a son and three daughters (Wayne J. Taylor and his wife Gayle of Rehoboth, Mass., Leigh T. Buckman and her husband David of Gilford, Jane T. Gallant and her husband Michael, also of Gilford, and Virginia T. Picci and her husband Cosimo of Ecublens, Switzerland). She was blessed with six grandchildren and three great-grandchildren.

Hutch will be interred next to her husband Warren in Elmwood Cemetery in Franconia.

In lieu of flowers, contributions may be made in Hutch’s memory to the American Cancer Society, 2 Commerce Dr., Suite 110, Bedford, NH, 03110, www.cancer.org.

Wilkinson-Beane-Simoneau-Paquette Funeral Home & Cremation Services, Pleasant Street, Laconia, is assisting the family with the arrangements. For more information and to view an online memorial, go to www.wilkinsonbeane.com.

Still time to register for fall classes at LRCC

LACONIA — Registration for the Fall Semester at Lakes Region Community College is still in progress for a wide range of “Late Start” classes.

“We know that not everyone can follow traditional college schedules, so we make it easy by offering different start points during the year, said Lakes Region Community College President, Dr. Larissa Baia. “These other entry points also offer shorter, eight-week classes to help students start making progress towards their degree.”

Classes are scheduled in a variety of subject areas, including English,

Humanities, Psychology, Business, Human Services, Computer Technologies, Ethics, Cultural Anthropology, and more (for a complete listing, go to www.LRCC.edu).

Students looking to obtain financial aid assistance will still have time to complete the FAFSA (Free Application for Federal Student Aid).

Baia explained, “We work hard to make sure all members of our community have access to classes when they are ready and in formats that are convenient to them. Our staff and faculty are here to make the process as easy as possible. Once a prospective student

contacts us, our staff will walk them through the process.”

Students interested in taking the next step towards their education should contact Joyce Larson, Director of Enrollment and Onboarding, at 366-5266.

For students unsure of the direction they would like to take, Lakes Region Community College is offering weekly Information Sessions, starting Thursday, Oct. 4. For a complete listing of programs and times, go to www.lrcc.edu.

Lakes Region Community College offers degrees in 26 program areas, certificates in 34 program areas, and workforce development training for business and industry. LRCC provides housing options for students, and has transfer agreements with many four-year colleges throughout the region, allowing students to begin their education at an affordable community college, with many transfer options to four-year schools. Lakes Region Community College is part of the Community College System of New Hampshire.

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Justin Chapman, with assistance by Baked Goods chair Sally Johnston, auctions off the entries in this year's Baked Goods department.



Nancy-Jane Duncan is in her 40th year as the chair of the Photography department.



Dennis Clark of Stoddard rides forward in the Sugar Hill Snubbers-Lawn Tractor Pull.



The Sandwich's Fair's newest ride the Swing Carousel.

Sandwich Fair draws strong numbers

BY ERIN PLUMMER
mnews@salmonpress.news

SANDWICH — Good weather meant a good year at the 108th annual Sandwich Fair with a weekend of events and activities for the more than 30,000 people who attended.

The state's last agricultural fair of the season ran Saturday through Monday with a special Midway Preview on Friday night.

A weekend of good weather spelled higher numbers for this year's fair. Sandwich Fair Association president Dan Peaslee said this year, the fair had 30,000 paid attendants, which was up 8,000 from last year. While last year saw torrential rain for a good part of the weekend, this year the weather mostly cooperated aside from some drizzle on Monday. Peaslee said overall, the weather conditions were conducive to fairs. Monday's weather was a bit colder and Peaslee said since the show buildings are heated a lot of people came in to warm up.

Peaslee said the fair went really smoothly, and events like the parade and others went as planned.

This year saw the return of the lawnmower pulls, which has been gone for a few years.

On the midway the fair's longtime ride partner Gillette Shows introduced the Swing Carousel, a new ride they brought in from

Italy.

All the fairgrounds' different buildings, barns, and rings were busy all weekend.

In the Craft Building, Brian O'Hare of Rumney was one of many crafters selling his creations and he demonstrated how he creates pottery pieces for his company Ripple Pottery.

"I make a lot of functional things that people use every day: functional art," O'Hare said.

He has been doing pottery for 25 years and has been at the fair for 12. He said the fair holds true for its agricultural theme and is real and not commercial.

He said he also sees a lot of people he knows, from visitors to the gallery to people he went to school with.

"It's like a reunion," O'Hare said.


In the Farmer's Market, McCormack's Farm of Gilmanton sold their honey products at the fair for the first time. Jeff and Karen McCormack keep bees and make a variety of items from their honey from jarred honey to soap and more.

Jeff McCormack said they started two years ago with two beehives and it "just exploded from there." Through the learning process Jeff said it was greatly beneficial to meet with other beekeepers who helped them out.

"It's hard work, but



Brian O'Hare of Ripple Pottery shows how he creates his items in the Craft Building.



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we really enjoy it," Karen said. "Every year, we meet people and learn more."

They got their slot at the market from Ben Chadwick, who sold bee products there for eight years. Jeff said Chadwick, who has been one of their mentors, asked if they wanted his spot. Jeff said Chadwick has been a strong source of support for them.

At 3:45 p.m., entries in the Baked Goods department were auc-

tioned off. Justin Chapman took the role of auctioneer for another year, taking bids for each of the items. Proceeds will go to two area food pantries.

Baked Goods Committee chair Sally Johnston said they had a good mix of entries from people of all ages. Entries were judged based on consistency, flavor, presentation, texture, and other criteria. A panel of eight to nine judges will re-

SEE FAIR PAGE A11



Laconia-Gilford Lions Club
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Saturday, October 13, 2018
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**ARTISTIC ROOTS**

Local Marines & veterans invited to 20th Annual gathering

LACONIA — The Lakes Region Detachment of the Marine Corps League will celebrate the 20th Annual “Gathering of Marines” on Saturday, Nov. 10 at the Laconia Country Club, 607 Elm St., Laconia.

The annual event was announced by Robert Patenaude, Commandant of the Lakes Region Detachment # 506 to commemorate the 243rd birthday of the founding of the United States Marine Corps at Tun Tavern in Philadelphia, Pa. on Nov. 10, 1775.

Each year, Marines old and new from WWII to those now on active duty throughout the world celebrate the occasion, which

is unique among all the branches of the military services. At 7 p.m., a presentation of the Colors occurs, including the National Anthem, and a salute to all branches of the services is conducted. The “Commandant’s Birthday Letter” is read and the traditional “cake cutting” ceremony in which the first and second pieces are given to the youngest and the oldest Marines in attendance. Recognition is also rendered to any special attendee who has been awarded honors for his or her service to the Marine Corps.

This year’s special guest of honor will be Gen. Peter Pace (Ret.), who served as the 16th



COURTESY PHOTO
(Left) Gen. Peter Pace

Chairman of the Joint Chiefs of Staff from 2005 to 2007. Prior to becoming Chairman, he served as Vice Chairman of the Joint Chiefs. Gen. Pace holds the distinction of being the first Marine to have served in either of these positions. Gen. Pace retired in 2007 after more than 40 years of active service in the United States Marine Corps.

During his distinguished career, Gen. Pace held command at virtually every level, beginning as a Rifle Platoon Leader in Vietnam. He also served in Europe, Japan, Thailand, South Korea and Somalia.

Born in Brooklyn, N.Y. and raised in Te-nack, N.J. Gen. Pace is a graduate of the US Naval Academy and the National War College. He holds a Master’s degree in Administration from George Washington University.

In 2008, Gen. Pace was awarded the Presidential Medal of Freedom, the highest civilian honor a President can bestow.

He is currently serving on the Board of Directors of several corporate entities involved in management consulting, private equity, and cyber security. He and his wife, Lynne, are associated with a number of charities focused on supporting the troops and their families. Again, a delicious buffet will be served which includes prime rib beef with au jus or chicken piccata with all the fixings, with desert and cake. Cocktail hour will be held from 6 to 7 p.m., and dancing will be available to all throughout the evening to music of our well known DJ, Rick Hopper of WLNH, who will play a variety of music to please all ages. Those who wish to attend this year’s Gathering with spouses and guests are encouraged to contact Commandant Bob Patenaude at 455-0636 or via e-mail at rppatenaude@aol.com as soon as possible to ensure reservations. Cost is \$35 per person. Mail checks to Lakes Region Det., MCL, P.O. Box 764, Center Harbor, NH 03226. No tickets will be sold at the door.

Gathering Time Folk Trio to perform fundraising concert Oct. 27

MEREDITH — We Care of Temple B’nai Israel will conclude its fifth year and tenth benefit concert on Oct. 27 when it brings back to the area one of the country’s best folk-rock trios, Gathering Time (gathering-time.com). Enjoy an evening of memorable music from the ‘60’s and ‘70’s as well as complimentary snacks and desserts at the Inter-Lakes Community Auditorium in Meredith. (Inter-Lakes High School, 1 Laker Lane.) Doors open at 7 p.m. and the concert begins at 7:45 p.m. Purchase tickets online at tbinh.org. Arrive early for best seats and great refreshments.

The beneficiary of



COURTESY

We Care of Temple B’nai Israel will conclude its fifth year and tenth benefit concert on Oct. 27 when it brings back to the area one of the country’s best folk-rock trios, Gathering Time (gathering-time.com).

the net proceeds and the contributions of the event sponsors is

Central New Hampshire VNA & Hospice. This agency provides at home services from birth to bereavement, and they have served Lakes Region communities since 1918. Central New Hampshire VNA & Hospice is a not-for-profit, Medicare-certified provider and is licensed by the State of New Hampshire. The agency is governed by a volunteer Board of Trustees from both the Wolfeboro and Laconia regions and is supported by private and corporate donations. For more information visit centralvna.org or call 1-800-244-8549.

The saying goes “it takes a village” and TBI is fortunate to have

tremendous support from more than 100 Lakes Region businesses through the Temple B’nai Israel Sponsor Book, as well as event sponsors for 2018, Meredith Village Savings Bank, Miracle Farms Landscaping Services and Golden View Health Care. These community minded businesses are working hand-in-hand with We Care to help improve the lives of their neighbors.

Temple B’nai Israel of Laconia, a small 70 family congregation, is the heart of Jewish activity in the Lakes Region and all of Central New Hampshire. Who would have thought that such a small group could make such a difference in the local community? Almost five years ago, TBI hatched a really unique concept of raising money and then giving it away to worthy local charities. TBI named the program We Care and through nine different musical events over four and a half years, they have raised, and given away to seven different local nonprofits, (some more than once) nearly \$60,000. The We Care initiative was launched to expand the temple’s commitment to core Jewish values - “to heal the world”

(tikkun olam) and “a moral obligation for charitable giving” (tzedakah). We Care is the largest charitable program under the TBI umbrella. These concerts, held twice a year in the spring and fall, have supported families, veterans, domestic abuse victims, children and the homeless.

As this year draws to a close, We Care is already planning for 2019. We Care seeks to partner with small local Lakes Region nonprofits that would benefit from a team of experienced fundraisers to supplement their fundraising efforts. Requests for consideration can be submitted to info@tbinh.org.

Local author J.P. Polidoro pens book of poetry/ prose

GILMANTON — J. P. Polidoro, Ph.D., local fiction author of 10 books/novels, songwriter of 9 albums and acoustic performer has published his latest 2018 book.

“Words Without Music” - a Compilation of Poetry and Prose, is a long-awaited book and his first book in that genre.

Polidoro has compiled decades of verse (1970s to present day) which were to be in-

spiration/ or lyrics to songs, yet “stood alone” without music. The book, more than 150 pages, contains poetry, prose, local odes/ elegies and tributes that paint a picture of powerful imagery without an artist’s brush.

Polidoro resides in Gilmanton, where he continues his writing and music. “Words Without Music” is currently available in soft cover and e-book formats from Xlibris.com, ISBN 9781984555403. It will be available on Amazon and other online bookstores in the coming weeks, as well as local bookstores.

Shaker Regional School District

Serving the Communities of Belmont & Canterbury

CHILDFIND CLINIC

Are you concerned about your child’s development? Do you suspect that your child may have a disability? We will be holding a “Child Find Clinic” on Tuesday, October 16, 2018 at Belmont Elementary School from 1:00 – 3:00 pm for children age birth through 6 years old. Certified staff will screen students for possible learning disabilities, speech and language disabilities, motor skills, and overall developmental functioning. The clinic is open to any resident of Belmont or Canterbury, but **APPOINTMENTS ARE REQUIRED**. Please contact the SAU office at 267-9223 ext. 5306 for additional information or to make an appointment.

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Call 603-986-8149 today to talk trash Or visit our website www.AtYourServiceNH.com



Acclaimed keyboardist Steve Hunt brings new power trio to Pitman's

LACONIA — Pitman's Freight Room on New Salem Street in Laconia is excited to announce the following shows scheduled for this weekend.

Thursday, Oct. 11, at 8 p.m.: Elektrik Market featuring Ervin Dhimo

Internationally acclaimed keyboardist Steve Hunt (Allan Holdsworth, Stanley Clarke, Virgil Donati) has teamed up with Albanian born powerhouse bassist Ervin Dhimo and virtuoso drummer Steve Michuad to create a new energetic and exciting power-trio called "Elektrik Market."

These highly proficient and talented musicians have been electrifying their audiences with high-energy captivating performances blending creative expressions of sound scaping and grooves with mesmerizing improvisational interplay. This group brings the listener with them on a thrilling psychedelic musical journey with their harmonious arrangements full of soaring dynamic textures and colors all laid upon a foundation of funk and groove. The show without a doubt leaves the spectators craving for more.

"As a band and individual artist, we draw on the influences and inspiration from the past 50 years of contemporary jazz, funk and fusion mu-



COURTESY PHOTO

Elektrik Market

sic and blend that with our own original concepts" - Elektrik Market. Admission \$20. Doors open at 7 p.m....Pitman's is a BYO venue. Call for reservations at 527-0043.

Delfeayo Marsalis with the Tall Granite Big Band Friday, Oct. 12th at 8 p.m.

The Tall Granite Big Band is proud to be performing once again in concert with New Orleans trombonist Delfeayo Marsalis, a 2011 NEA Jazz Master, who will return with us to Pitman's Freight Room on Friday, Oct. 12. Marsalis is one of the top trombonists, composers, educators, and producers in jazz today. He's a graduate of the Berklee College of Music and has toured internationally with jazz legends Art Blakey, Abdullah Ibrahim, Elvin Jones, Slide Hampton, Max Roach, and his own ensembles. His 2014 CD "The Last Southern Gentlemen," also featured his father, the renowned pia-



COURTESY PHOTO

Delfeayo Marsalis

nist Ellis Marsalis Jr. He has also produced over 75 major-label recordings, with several Grammy awards and nominations, for artists including Harry Connick Jr., Marcus Roberts, Spike Lee, and his father Ellis and brothers Branford and Wynton. Tickets will be \$25 at the door and \$20 with advance reservation. Space is limited. Call Pitman's at 527-0043 for reservations or information!

LRMHC kicks off annual online auction fundraising event

LACONIA — On Oct. 3, Lakes Region Mental Health Center launched its 7th annual fundraising and mental health awareness auction.

"This is one of our biggest fundraising events of the year. Our goal is to raise at least \$16,000 to support mental health programs and services for more than 4,000 Lakes Region residents," said Ann Nichols, Director

of Development & Public Relations. "Auction items will be on display at LRMHC's annual meeting which will be held on Oct. 23 at the Common Man Inn & Spa in Plymouth and mobile bidding will be available for on-site bids. We are grateful for the support and generosity of our many donors and bidders. This event is not possible without our sponsors, including our Champion Sponsor, Meredith

Village Savings Bank and sponsors 98.3 LNH, 104.9 The Hawk, Genoa Healthcare, Irwin Automotive Group, Well Sense Healthplan and Boston Medical Center HealthNET Plan."

The auction runs online 24/7 and ends on Oct. 24 at 10 a.m. To view the items, make a bid or cash donation, sign up for email updates or refer a friend, visit www.biddingforgood.com/genesisbh. The Lakes Region

Mental Health Center, Inc. is designated by the State of New Hampshire as the community mental health center serving Belknap and southern Grafton Counties. A private, non-profit corporation, LRMHC has two campuses, in Laconia and Plymouth, that serves nearly 4,000 children, families, adults and older adults each year. LRMHC provides Emergency Services

SEE LRMHC PAGE A11



GIVE SAFETY A Green Light.

School is in session, and before you can say, "red light, green light, one...two...three", a child can dart out of nowhere, and get hurt. Please be prepared to stop and exercise extra caution when driving near playgrounds and schools.

Please Drive Carefully. Our Kids Are Depending On You.



COURTESY

League of NH Craftsmen Gallery hosting annual Glass Pumpkin Patch

The League of New Hampshire Craftsmen Gallery in Meredith is excited to announce our Fourth Annual Glass Pumpkin Patch Oct. 1-31. The collection features the work of several League juried artists including Jordana Korsen, Lada Bohac, and Bob Burch. Beautiful glass pumpkins of all sizes and colors will be available. If you collect glass pumpkins this is a must see exhibit; if you simply love Fall in New England or would like these elegant pieces to decorate your harvest table stop in and enjoy the Pumpkin Love. The League of New Hampshire Craftsmen is located at 279 DW Highway, Meredith. For more information on this exhibit and workshops, visit Meredith.nhcrafts.org and our Facebook page at <http://www.facebook.com/nhcraft/>.

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Edward Jones: Financial Focus

When Should You See a Financial Professional?

It can be challenging to achieve your financial objectives. Fortunately, you don't have to go it alone – but when should you seek help?

Here are some of the key life events in which you might be able to benefit from the services of a financial professional:

First professional job – Eventually, you will land that first job, which will offer benefits and a 401(k) or similar employer-sponsored retirement plan. Since you may not have any experience with a 401(k), you may have several questions:

How much should I contribute? What sorts of investments should I choose? When should I change my investment selections? A financial professional can help you review your plan and explain the aspects that may affect your investment choices.

Marriage – When you get married, you and your spouse may decide to merge your finances, including your investments. But if each of you brings similar investments to the table, you might create some redundancies. A financial professional can look at your respective portfolios and recommend

ways to diversify. Generally, the more diversified you are, the greater your protection against market downturns that primarily hit one type of asset class. (However, while diversification can help reduce the impact of market volatility, it can't guarantee profits or protect against all losses.)

Children – Once you have children, you'll have new responsibilities – and you'll have some new financial issues that should be addressed. If something happened to you, could your children still have the same lifestyle and education

opportunities? Would they even be able to stay in the same home? To help ensure your children's security, you may need to add more life and disability insurance. While life insurance could help pay for your children's education, you also should prepare for education costs as if you will be around. So you may want to consider an education savings investment such as a 529 plan. A financial professional can help you with your insurance and education-funding needs.

Retirement – Once you retire, you will face a variety of financial decisions, but here's one of the most important ones: How much money should you withdraw each year from your retirement accounts? To choose an annual withdrawal rate that's appropriate for your needs, you should consider several factors: how much you have in your retirement accounts, how much Social Security you'll receive, what other sources of income (such as part-time work or consulting) you might have, your age at retirement, your spouse's projected retirement assets, your retirement lifestyle, and so on. It might not be easy for you to consider all these elements and then arrive at a suitable withdrawal rate, but a financial professional has the experience, training and technology to help determine a figure that could work for you.

These aren't all the life events that may lead you to contact a financial professional, but they should give you a pretty good idea of the type of assistance you could expect over time. So, consider reaching out for the help you need, when you need it. Doing so could help make your life easier as you move toward your financial goals.

This article was written by Edward Jones for use by your local Edward Jones Financial Advisor. For more information or to sign up for their monthly newsletter, contact your local Financial Advisor.



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Member SIPC

TOWNPLACE

(Continued from Page A1)

GHS BAND

(Continued from Page A1)

in the top five. Claridge said the quality of work by the staff and management had a big impact.

In the past year the nine-year-old hotel had a major renovation that took around six months. Claridge and Wilson said it was more of a decorative renovation, or a soft renovation that redid aspects of the guest rooms and lobby.

“They built a good building,” Wilson said.

They also upgraded their TV’s and now offer streaming services such as Netflix through their TV. Access requires an individual account and subscription, though the service on the TV’s is free.

Wilson said the hotel has core values of “Family, Fun, Respect, an Integrity” that they follow.

Claridge said in every decision they make they work with those four core values. She said after working at a place like this for so long everyone involved is like family.

Wilson and Claridge said they try to get to know their guests and provide the best possible service, a combination Claridge said sets them apart.

TownPlace Suites is an extended stay hotel. They do not get that many extended stay guests and are working to get more.

The hotel offers

free breakfast, complimentary WiFi, and a pool. They have a small market in the lobby for any snacks and necessities.

TownPlace Suites has partnered with a number of area businesses. They offer discount ski passes through Gunstock. Wilson said one of their biggest patrons is Bank of New Hampshire Pavilion and several artists have stayed at the hotel while in town for concerts.

For more information on TownPlace Suites in Gilford, visit <https://www.marriott.com/hotels/travel/mhtgftowne-place-suites-laconia-gilford>.

“When you’re able to see it in a different perspective, it’s a lot easier to lean,” Ramsey said.

Just a few days after Beyrent came back, the students learned some lessons from another college music professor: Rob Franzblau of Rhode Island College. Franzblau will go into different high schools around New England and work with one of their band classes.

Franzblau said for him working with the GHS students was a great experience.

“Anytime I get to work with high school students, I’m a happy



Rob Franzblau of Rhode Island College works with Gilford High School band students.

guy,” Franzblau said.

Franzblau has been teaching at the college level for 21 years, though for seven years early in his career he taught high school.

Franzblau teaches music education classes and works with students who aspire to be teachers. His friend Mark Stickney, the band director at PSU, convinced him to go into different high schools and work with the students. Since then he has been going to different schools across New England. Just that week he was at Manchester Memorial, Belmont High School, Winnacunnet High School, and Epping High School.

“It’s a great time; I love doing this,” Franzblau said.

Beyrent said it’s great for the band students to have another set of eyes and ears to work with.

WASTE

(Continued from Page A1)

debit or credit cards.

Just bring your electronics to Cinemas 8 parking lot, 9 Old Lakeshore Rd. in Gilford on Saturday, Oct. 13 between 8:30 a.m. and 12:30 p.m. Lions Club members will even help you unload them! You do not have to be a resident of Laconia or Gilford to take advantage of this fundraiser - it is open to everyone.

Items you may want to consider dropping off are laptops, CPUs, servers, CD/DVD players,

camcorders, AV equipment, VCRs, speakers, copiers, faxes, scanners, printers, phones (land and cell), phone systems, UPS systems, humidifiers, cords, cables and computer accessories (all \$5).

In addition, we will also take microwaves, air conditioners, dehumidifiers (all \$10), computer monitors and TVs (all \$20), TVs 26 inches and larger (\$30). For a TV needing more than one person to lift, the price will depend

on its weight. Anything with a cord not listed will also be accepted.

You cannot drop off: smoke detectors, oils, paints, thinners, batteries (except car batteries), tires, items containing mercury such as fluorescent and CFL light bulbs or thermometers, capacitors, ballasts, or any other hazardous waste.

Don’t miss this opportunity or you’ll be storing these things another year - “Don’t throw it out, Recycle it!” You’ll not only help the envi-

ronment by disposing of your unwanted electronics responsibly but also help the Lions, the largest service organization in the world, raise funds to meet pressing needs in our community: eye glasses and hearing aids, food pantries, college scholarships, holiday food baskets for needy families, youth sports programs, are just a few of the local charitable organizations that we assist. All that for a disposal fee that, in most cases, is less than the cost at lo-

cal transfer stations.

The Laconia-Gilford Lions Club appreciates your help with their Electronic Waste Collection Day fundraising event and wishes to thank in advance everyone who contributes to making a real difference in our community.


Look for the yellow Lions’ vests on Saturday, Oct. 13 from 8:30 a.m. to 12:30 p.m. at the Gilford Cinemas 8 parking lot (a new location!). No matter how large or small, every item adds up!



Dining & Entertainment



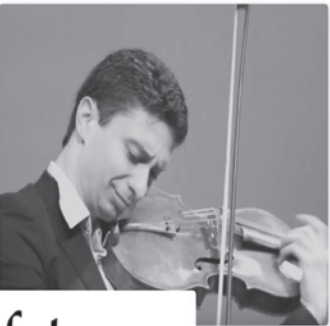

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GRANT

(Continued from Page A2)

lic funding, or for purposes that are a public responsibility

Sectarian or religious purposes

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For more information about the Meredith Village Savings Bank Fund or to download an application, visit www.mvsb.com. Applications are also available at any MVSB office.

For nearly 150 years, Meredith Village Savings Bank (MVSB), has been serving the people, businesses, non-profits and municipalities of Central NH. MVSB and its em-

ployees are guided by the values of accountability, mutuality, excellence, respect, integrity, teamwork and stewardship. To learn more, visit any of the local branch offices located in Alton, Ashland, Center Harbor, Gilford, Laconia, Melvin Village, Meredith, Moultonborough, Plymouth, Portsmouth or Wolfeboro, call 800-922-6872 or visit mvsb.com.

STRATEGIES

(Continued from Page A4)

she eventually founded, Steven’s Children, has so far blessed over 30,000 families with God’s love and with practical help. She has opened a new world to children who had no hope, many never living past five years of age, children who had no clue as to how to break the chains of poverty, disease, and hopelessness by which they were bound.

I make a point of this, for many of us in the Evangelical Church have been indicted for being intolerant, homophobic, anti-abortion, arrogant, and out of step with society. Here we have “the other side of Christianity.” Yes, we have a message to share, and we do without apology, but we aren’t all talk!

Mama Gobran is just

one case in point, but she is an apt example of what I am writing about. She was raised in wealth and already successful in the business world, she made a personal visit to the garbage slums servicing the city of Cairo, and that changed everything. She soon sold everything she owned, and together with an army of men and women who shared her vision and followed her example, she founded Steven’s Children and initiated a process that led to primary and elementary schools, a manufacturing center that gave many of her kids a marketable skill, medical clinics, and a home for boys and one for girls who had been abandoned by their families.

We have silenced our words, we have quieted our hearts, and we have

listened to God. Jesus put it this way, “Let the little children come to me, and do not hinder them, for the kingdom of heaven belongs to such as these.”

Ours is a divine mandate; we are not looking for credit or applause but I am pleased to see that many organizations like Franklin Graham’s Samaritan’s Purse, the Salvation Army, World Vision and countless others like Steven’s Children, are on the front-lines of poverty and suffering, working one-on-one with the most disadvantaged, and spreading the message: God loves you, we care and, and we are prepared to do something about it.

You want to talk about it? Hit me up at r.larryscott@gmail.com.

FAIR

(Continued from Page A7)

view and sample the entries on Friday night before the fair.

Bakers could decide if they wanted to submit their goodies for the auction and Johnston said most did.

Rows of photos in several different categories were on display in the Hodge Exhibit Building.

Elementary school students, high school students, and adults have their own divisions and there is a number of different categories depending on the subject of the photos.

Photography chair Nancy-Jane Duncan said they encourage all people to submit their photos and the category is open until 7 p.m. on Friday night.

Duncan said the many different categories set the Sandwich Fair’s photography competition apart from other fairs.

This is the 40th year Duncan has chaired the Photography Committee. Duncan said she used to enter photos in the fair; in 1977, she was asked to chair the committee and has done so every year af-

ter that.

“I love running it; I love meeting people,” Duncan said.

Duncan said they have a lot of wonderful people who help set up every year.

In the end Peaslee said the fair wouldn’t be possible without the work of all of its volunteers and the board of directors greatly appreciates their efforts.

“As always we thank all our many many volunteers,” Peaslee said. “We couldn’t make the fair work without them.”

LRMHC

(Continued from Page A9)

24 hours a day, seven days a week, to anyone in the community experiencing a mental health crisis, regardless of their ability to pay. Additionally, LRMHC provides individual, group and family therapy; mobile crisis teams in the event a tragic event occurs that impacts a community at large, psychiatry; nursing; community support

programs for people with severe and persistent mental illness; care management; community-based supports; housing; supported employment; substance use disorder treatment; and specialty services and evidence-based practices for children and their families, including trauma-focused therapy, art therapy and play therapy. Child

Impact seminars are offered in Laconia and Plymouth for divorcing families.

For more information or to schedule an appointment, call 524-1100 or visit the Web site at www.lrmhc.org. Find the Lakes Region Mental Health Center on Facebook and follow us on Twitter for updates and information.

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Gilford’s Cindy Hemeon-Plessner part of Leadership NH Class of 2019

TUFTONBORO — Leadership New Hampshire (LNH), a premier, statewide program whose mission is “building a community of informed and engaged leaders,” announces its Class of 2019. The new cohort of 41 Associates, the largest class ever admitted, includes men and women from across New Hampshire who will participate in an intensive 10-month program. These individuals were selected through a highly competitive process and began their unique educational journey on Sept. 11 and 12 with an opening retreat at Camp Merrowvista in Tuftonboro.

The selection of each class is a difficult one and this year’s was exceptionally so. The strong applicant pool is a testament to the reputation and quality of Leadership NH’s program.

Now in its 28th year, LNH has more than 900 alumni, individuals who



COURTESY

Leadership New Hampshire (LNH), a premier, statewide program whose mission is “building a community of informed and engaged leaders,” announces its Class of 2019. The new cohort of 41 Associates, the largest class ever admitted, includes men and women from across New Hampshire who will participate in an intensive 10-month program.

are working to strengthen New Hampshire communities and increase civic engagement. Graduates hold leadership positions in the private, nonprofit, and public sectors across the Granite State.

The new associates to the program are listed alphabetically by current hometown:

Gilford
Cindy Hemeon-Plessner, Senior Vice President & Marketing Officer, New Hampshire Mutual Bancorp

Each year’s class of Associates attends 11 required and an optional seminar days held around the state. These provide an in-depth exploration of a topic of timely importance to New Hampshire, including demographic changes, the economy, families, criminal justice, education, culture and arts, community leadership, government and politics, and health care.

Leadership New Hampshire is one of 14 initiatives proposed in the Governor’s Commission on New Hampshire in the 21st Century to identify emerging leaders for key roles in statewide issues and developing a network of informed leaders. For more information, please visit the organization’s Web site at www.leadershipnh.org, or contact the office at 226-2265.

Corporate Images featured at Patrick’s

Weekly event aims to help local businesses gain visibility

GILFORD—Patrick’s Pub and Eatery will host Corporate Images at their weekly networking event, Patrick’s “Connect,” on Thursday, Oct. 11 from 5-7 p.m.

Corporate Images has been in business for 27 years, providing apparel and promotional products to corporate America. Corporate images main territory is the entire Northeast Region of our country. Corporate Images has supplied product to corporations around the country, but the vast majority of the business is the northeast region. Corporations which rely on Corporate Images services, range from Utility Power Distribution, All facets of the Construction Industry, Medical, International Transportation, High Tech, Automotive, Marine, and various general corporations.

Corporate Images to date is a growing, vital, customer service oriented organization, which will continue to follow the corporate mission of “Service To Our Customers Above and Beyond All Else.”

“We at Corporate Images enjoy providing a superior level of service to our customers which we classify as ‘Friends, and Business Partners’ and we look forward to meeting and making new friends at Patrick’s this Thursday night,” said Roberta Coffey, owner of Corporate Images.

Patrick’s Connect allows the featured business to create a “pop-up” display featuring their products and/or services, giving people a chance to meet the staff and connect with other entrepreneurs in the area.

The evening will include complimentary beverage sampling and raffle drawings at 6 and 7 p.m., followed by live music.

For more information on Patrick’s Connect, or to register your own business to be featured at an event, call 293-0841 or visit www.patrickspub.com/connect.

To learn more about Corporate Images, visit www.corporateimagesnh.com or call the office at 293-9143.



Audubon announces program on birds of Trinidad and Tobago

MOULTONBOROUGH — On Thursday, Oct. 18 at 7 p.m. at the Loon Center in Moultonborough, the Lakes Region Chapter of the New Hampshire Audubon Society will present a program called “Trinidad and Tobago – A Birder’s Trip” presented by Bob Quinn and Becky Suomala.

These tropical islands are famous as a birding destination, with colorful honeycreepers, motmots, tanagers, and Scarlet Ibis, among many others. Only 8 miles from the coast of Venezuela at the closest, they are some of the most biodiverse areas in the West Indies: home to 472 species of birds, about 100 mammals, about 90 reptiles, about 650 butterflies, and 3,300 plants in just under 2,000 square miles – less than a quarter of the size of New Hampshire.

From the unique oilbird, to the hummingbird show on the Asa Wright Nature Center veranda in Trinidad, to the tropicbirds of the blue waters off Tobago, Bob Quinn and Becky Suomala will introduce you to some of the wonders of a trip there. Bob has been there on many trips, and Becky visited in March of 2017 – enjoying the butterflies and plants, as well as the birds.

Bob Quinn is a native of New Hampshire with a degree in zoology from UNH. He has led field trips around the world, and has worked on contract for the US Fish and Wildlife Service, the State of New Hampshire, the Society for the Protection of NH Forests, and the New Hampshire Audubon Society among others.

Becky Suomala is a Senior Biologist with the New Hampshire Audubon Society.

The Loon Center is located on Lee’s Mill Road; follow the signs on Blake Road from Route 25 near the Moultonborough Central School, or from Route 109, turn on to Lee Road and turn left on Lee’s Mill Road. Refreshments will be served.

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Gilford continues dominant volleyball season

BY BOB MARTIN
Bob@Salmonpress.news

GILFORD — The Gilford High School volleyball team continued its dominance with a pair of wins last week over John Stark and Souhegan to remain undefeated this season.

On Oct. 2, Gilford won a hard fought match with a score of 3-1 over the Generals. Gilford won the first match 25-19, but John Stark evened things up with a 25-21 win over the Golden Eagles in set two. The third set was tight but Gilford came away with a 26-24 win, and then finished things off in the fourth set with a 25-20 victory. Coach Amy Tripp called it a “really fun match full of strong hitting and blocking.”

Lexi Boisvert led the offense with 11 kills and tallied 17 digs as well. Libero Sam Holland had 20 digs and had a big game at the service line. She served points eight through 13 in the fourth game. Karly Sanborn continued to pile on assists with 32 in the match, to go along with her 13 digs on defense. Abby Warren had seven kills.

On Oct. 5, Gilford had



COURTESY

Karly Sanborn was honored for her 1,000-assist milestone during the game against Souhegan at home.

a Dig Pink game against Souhegan where money was raised for research and a cure for breast cancer. The game is huge for Gilford volleyball since the team lost Amy Annis of the 1995 championship team to cancer at the age of 31. The game raised \$276 in way of a bake sale and a 50/50 raffle.

The match was a sweep victory for Gilford with scores of 25-21, 25-20 and 25-22.

“Souhegan was strong in hitting and

blocking and it was great to see Gilford hold them to three sets,” said Tripp. “We realize we’re undefeated and teams really want to beat us. We are working hard to keep raising the level of play and not stay stagnant where we are.”

Boisvert had another big game with 12 digs and six kills. McNeil had seven kills and 11 digs. Lindsey Sander-son had four kills, two assists and a block. Sanborn had 21 assists and 11 digs, and was hon-

Good week for Gilford soccer teams

BY BOB MARTIN
Bob@Salmonpress.news

GILFORD — The Gilford High School soccer teams had successful weeks with the girls’ team going 2-0 and the boys’ team winning its only game of the week.

The girls’ team played Bishop Brady on the road on Oct. 3 and won a tight battle 2-1, with Bishop Brady’s lone goal coming in way of a penalty kick. Both teams played a physical game in what was back and forth throughout. Both teams got plenty of shots off, with each putting 12 shots on goal.

Abby Jarvi and Reese Sadler had the goals, with Sadler’s coming from a great free kick from 25 yards out. Callie Carpenter had an assist in the win. Goalkeeper Hannah Perkins continued her excellent play in net with 12 saves.

“Great back to back wins over Belmont and Bishop Brady - both beat us earlier in the year,” said coach Rob Meyers. “The girls played a strong game for a team win.

Meyers explained that Bishop Brady tried to mark the Gilford forwards and it took a while to create space for Jarvi and Maddie Rector to work. He said in what was a physical game, the players continued to play



BOB MARTIN

Marlow Mikulis brings the ball up the field for Gilford High School

strong on defense and in the midfield to find openings.

“I was really proud of how the players stuck together and played their game and finally broke the defense down,” Said Meyers. “This was our first close win of the season and the girls deserved it.”

On Oct. 5, Gilford beat Prospect Mountain 7-2. Gilford had 30 shots in the game with 19 on goal. Prospect Mountain had 19 shots with 13 on goal, including a penalty kick that was saved by Perkins.

A highlight of this game was Perkins reaching the 500-save milestone for her career.

Jarvi scored four goals

in the game, bringing her season total to 28 in 12 games. Sadler had a pair of goals while Carpenter had a goal and an assist. Carpenter now leads the team with 10 assists.

Rector added two assists in the game, and Molly McLean and Kyla Mercier had an assist apiece. Perkins had 11 saves in the win.

Meyers was very happy with the win.

“This was a solid win,” Meyers said. “We would have liked to keep the shutout, but we got a lot of players some time on the field and were able to move the ball well scoring early to put the game out of reach. We had a tough two week stretch,

SEE SOCCER PAGE B8

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Hanover pulls away late for win over Gilford/Belmont

BY BOB MARTIN
Bob@Salmonpress.news

GILFORD — The Gilford/Belmont football team suffered a tough loss to Hanover last Saturday by a score of 26-6, although it was anyone’s game at the half.

The Golden Eagles were down 7-0 at half-time and in the second half Gilford/Belmont kicked off and forced a fumble to start the half. The Golden Eagles put together a drive, as quarterback Alex Cheek connected with tight end Patrick Carr for a five-yard touchdown pass to bring the score to 7-6.

This score remained until Hanover scored late in the third quarter to go up 13-6. While Gilford/Belmont was in the game for much of the time, Hanover scored two late touchdowns in the fourth quarter to secure the win.

Cheek had 148 yards and a touchdown with 12 completions in the game. Carr continued his strong season receiving the ball with five catches for 47 yards and a touchdown. Brandon Gallagher had three catches for 42 yards in the game.

Rushing was limited in the game but Cheek led the way with 25 yards, while Blake Descoteaux had 19 yards on the ground.

John Mitchell continued to be a force on defense with 24 tackles in the game. Zach Cobis had eight tackles and pressured the quarterback well with 1.5 sacks. Jackson Ruelke had 10 tackles and a pass deflection.

Coach Josh Marzahl was happy that the team had no penalties through four quarters, which he said is a sign that the team is growing and improving on the little things. He said as much as they we would have loved to have won, this game showed growth in the program

“I was very happy



Blake Descoteaux takes a handoff from quarterback Alex Cheek.



BOB MARTIN
(Left) Alex Cheek seeks out a receiver for the Golden Eagles.

with our kids’ effort today,” said Marzahl. “They battled throughout four quarters and should hold their heads high after this one. They were able to compete with one of the best teams in division II and today they showed they were capable of competing with teams like Hanover. I’m excited to see us build off of this game.”

Gilford girls split pair of games

BY BOB MARTIN
Bob@Salmonpress.news

GILFORD — The Gilford field hockey team had an up and down week, losing a tight battle to the always strong Newfound team and then following it up with a convincing 5-0 win over White Mountains.

“Eagles continue to show growth and progress throughout the week,” said coach Dave Rogacki.

On Oct. 4, the Golden Eagles traveled to Newfound and lost 2-1. Junior Emily O’Connor scored about 10 minutes into the game to give the

Eagles the 1-0 lead over Newfound. The goal came off of a corner with 20:41 to go.

However, the Bears answered with 12:51 left in the half to tie the game. Newfound continued to pressure the Eagle defense and scored their second goal two minutes later, which would be the eventual game winner.

The second half was very aggressive and fast paced, which Rogacki said was to be expected as this is what both teams are known for.

Rogacki said Taryn Fountain played her



JOSHUA SPAULDING
Reese Clark drives the ball toward the Newfound goal in a tight loss for the Golden Eagles.



JOSHUA SPAULDING
Emily O’Connor celebrates after scoring against Newfound.

best game of the season with her aggressive movements to the ball and improved passing.

Gilford had four corners compared to Newfound’s five corners. While neither goalie made many saves, the defenses played well and kept the ball away from the goalkeepers.

On Oct. 5, the Golden Eagles hosted White Mountains and won 5-0 thanks to a hat trick by Brianna Salanitro.

Reese Clark started the scoring with a pass from Salanitro two minutes into the game. Laurel Gingrich scored the other goal for the Eagles and also had a pair

assists. Sydni Lehr and Allison Carr also had assists in the win.

“The defense contributed a good passing game using the full field to support the offense,” said Rogacki.

Gilford finishes out the regular season on Oct. 12 at 4 p.m. at St Thomas Aquinas.

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Catherine Stow was fifth at the Jeri Blair Invitational last week.

BOB MARTIN



Bethany Tanner races around the course at Belmont High School in last week's Jeri Blair Invitational.

BOB MARTIN



Jonas Bilodeau was the top runner for the Gilford boys' team last week.

BOB MARTIN



Ryan Hamel pushes hard during the Jeri Blair Invitational at Belmont High School.

BOB MARTIN

Gilford runners head to Belmont

BY BOB MARTIN

Bob@Salmonpress.news

BELMONT — The Gilford High School

cross country team traveled to nearby Belmont High School for the annual Jeri Blair

Invitational on Oct. 5, with several Gilford athletes posting solid times.

For the girls' team, Catherine Stow continued to show that even as a freshman she is one of the top runners

out there. She had a time of 21:28.9, which was good for fifth place.

Kayla Loureiro was 43rd with a time of 26:14; Bethany Tanner was 73rd with a time of 29:15 and Alaina Osburn was 78th with a

time of 30:59.

The boys' team was led by sophomore Jonas Bilodeau, who had a time of 19:48.3 for 43rd place. Charles Townsend was 60th with a time of 20:51.4; Harrison Laflamme

had a time of 20:55.5 for 64th place; Mitchell Townsend was 71st with a time of 21:17.4; Ryan Hamel was 111th with a time of 23:02.1 and Jordan Witham was 148th with a time of 25:42.6.

Hockey clinics coming to Pop Whalen

WOLFEBORO — Coach John Sikich will be hosting a specialty pro skills training at the Pop Whalen Arena in Wolfeboro starting this coming weekend.

Group A for kids ages 13 to 18 will take place from Oct. 15 to 19 with sessions each day from 4 to 5:30 p.m. Monday through Thursday and 5:10 to 5:50 p.m. on Friday.

Group B for kids ages five to 12 will take place from Oct. 22 to 26 with sessions from 4 to 5:30 p.m. Monday through Thursday and 5:10 to 5:50 p.m. on Friday.

Monday will be power skating, Tuesday will be stickhandling, Wednes-

day will be passing and shooting, Thursday will be angling and body checking and Friday will be small games.

Sikich formerly worked in the Los Angeles Kings organization and has 25 years of coaching experience at all levels of youth hockey and has conducted training for hockey players that has resulted in increased confidence, skills and ability.

To register, visit wolfeboronh.us/parks-recreation, click register and search ice hockey and then choose your group and enroll.

For information, contact Sikich at johnsikich@yahoo.com.

Nick cornhole tournament at Kingswood Golf Club Oct. 27

WOLFEBORO — The fourth annual Nick Cornhole tournament, a fundraising event for The Nick, will be held Saturday, Oct. 27, at the Kingswood Golf Course Club

House from 4 to 9:30 p.m. They invite all competitors to join in for the double-elimination tournament. Cornhole is a lawn game in which teams of two take turns toss-

ing small bags filled with corn at a target consisting of an inclined wooden platform with a hole at one end. Points are scored for bags that land on the board or go through the hole, and play continues until a team or reaches the score of 21.

The cost to participate is \$70 per team. The entry fee includes appetizers, music and a chance to win tournament prizes. The tournament is limited to 32 teams so be sure to register ASAP if you wish to participate. To register please e-mail Holly@thenick.org for a copy of the registration form or visit the-

thenick.org.

For those not interested in competing, but would still like to partake in the cornhole and Halloween festivities, tickets will be on sale at the door for \$20 per person. Your ticket entitles you to food, music, Halloween costume competition and possibly some late-night dancing. All proceeds from this event will go directly to The Nick, thanks to generous sponsors Bradley's Hardware, Eastern Propane and Oil, the Poor People's Pub, Key-Day Builders, Horrigan Painting and Restoration LLC and Lewis Property Maintenance.

Trout Unlimited meets Oct. 16

PLYMOUTH — Double feature at Pemi Trout Unlimited meeting will include Maine guide Lou Zambello and Hubbard Brook global climate change scientist Lindsey Rustad. Zambello will speak about catching cutthroat trout on the western continental divide. His presentation will include where to catch cutthroats, types of water and above and below water videos. Zambello is the author of Flyfisher's Guide to New England and Flyfishing Northern New England's Seasons. Rustad will discuss the effects of last year's drought on brook trout and show some underwater shots of brookies trapped in

pools. Don't miss this double feature.

Come early to the Pemigewasset Chapter of Trout Unlimited, Oct. 16, meeting, 7 p.m. at the Common Man Inn in Plymouth and meet the speakers and fellow anglers. Meetings are free and open to the public. There will be a raffle with the proceeds going toward sending a lucky boy or girl to the Barry Fishing Camp and election of officers.

Trout Unlimited is a non-profit organization with a mission dedicated to conserve, protect and restore North America's cold-water fisheries and their watersheds. Visit www.pemigewasset.tu.org and like the group on Facebook.

Register now for the Foley 5K

ROCHESTER — The fourth annual James W. Foley Freedom Run will take place on Saturday, Oct. 20, at 10 a.m. at the Rochester Community Center, located at 150 Wakefield St. in Rochester.

This flat, fast, chip-timed 5K through the streets of Rochester will benefit the James W. Foley Legacy Foundation, which is dedicated to the vibrant legacy of Foley as a courageous, committed freelance journalist and a compassionate teacher and mentor.

Come join in and chal-

lenge your friends to run too. And if you can't make it to Rochester on race day, you can register to run virtually. To find out more and to register, visit foleyrun.org.

Additionally, organizers are still seeking additional sponsors for the race and those interested can visit the web site for more information.

Foley was a 1992 graduate of Kingswood Regional High School who was kidnapped and eventually murdered in northern Syria while serving as a freelance journalist.

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MOULTONBOROUGH: Sited on the grounds of Bald Peak Colony Club, this home enjoys fantastic views of the 14th green & fairway and maintains a classic style with fireplace, 3-season porch & more.
VIEW DRIVE \$1,350,000



WOLFEBORO: Recently reduced! A must see on Lake Winnepesaukee, the 4BR/3.5 BA home offers a beautiful kitchen and master bedroom with waterside deck. Amazing entertaining spaces to enjoy inside and outside!
WYANOKE GATE LANE \$1,395,000

LAND

TUFTONBORO
This spectacular, half-acre waterfront land on The Basin offers road and water frontage. Electric is at the street. This is an excellent opportunity to build your dream waterfront home!
Basin Drive.....\$195,000

WOLFEBORO
A 1.2 acre lot with privacy at the end of the road. Close to town and a short walk from the beach.
Applewood Drive.....\$59,000

WOLFEBORO
Large parcel totaling 68 acres of wooded land with frontage on both York Road and Beach Pond Road.
York Road.....\$275,000

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Belmont \$800,000
Special mountaintop home with amazing panoramic views to the west, and the most amazing sunsets.
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Ellen Mulligan
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Meredith \$380,000
Gentleman's farm with 30 acres, stables, barns and more.
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Samantha Blackard
252-531-2051



Gilford \$339,900
Water view cottage at Lake Shore Park!
MLS# 4721636
Rose Cook
603-393-5854



Moultonborough \$529,000
Direct waterfront on Lake Winnepesaukee at a water access price! The frontage is sandy with dock.
MLS# 4676709
Bill Richards
603-998-7845



Alton \$375,000
Cute camp in a protected area on Rattlesnake Island, a great location on the south side of the peninsula.
MLS# 4689749
Ellen Mulligan
603-387-0369



Moultonborough \$60,500
Here is a nice level .51-acre parcel in Balmoral! This property abuts the Buckingham common land.
MLS# 4711994
Kay Huston
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\$1,345,000 (4718796) Call 569-3128



MARVELOUS HOME in Moultonborough for entertaining & enjoying Lake Winnepesaukee! Contemporary styled 4BR on spectacular point of land offers beautiful views & docking galore! Great Inv. w/solid rental history.
\$1,060,000 (4686085) Call 253-9360



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WELCOME ISLAND - MEREDITH // Own your own private island with a custom-built home in Meredith. Rare opportunity to acquire a unique property located in such a desirable area of Lake Winnepesaukee.
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Island REAL ESTATE



MEREDITH // Quality new construction ranch with walk out lower level in desirable Clover Ridge. Open concept, 3BR, 2.5BA, modern amenities for today's lifestyle of convenience.
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GILFORD // This 1254 sq. ft. Brookside Crossing Condo has an open concept floor plan with 3 bedrooms, 2 baths and attached 1 car garage. Many upgrades. Community pool.
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GILMANTON // A SPECIAL COUNTRY HOME on 2.34 acres. Nice yard with 20x16 outbuilding and attached dog kennel. Updated kitchen with pine cabinets and new wrap around deck.
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HOLDERNESS // Solid and Larger than it looks! On a nice lot across the street from the Squam Lakes Association, minimal maintenance yet still metal roof, 2 sheds - Kayak/canoe on Squam across the road!
\$189,000 (4721009) Call 253-9360



RUMNEY // This home has been lovingly restored with virtually minimal maintenance yet still maintains plenty of the original 1900 cottage charm. Close to the White Mountains & Minutes to Plymouth.
\$149,000 (4709801) Call 253-9360



LITTLE BEAR ISLAND - TUFTONBORO // Private setting - 150' of WF set back from boat traffic. Oversized 8'x36' crib dock, easy access into water. Open concept living, eat at island, FP, vaulted ceilings, exposed beams. 3BR/2BA, pine paneled, large deck, fantastic views!
\$575,000 (4708843) Call 569-3128

LAND and ACREAGE

CENTER HARBOR // Exceptional 2.29 acre lot with incredible southerly view potential of lakes and mountains. Ideal location: Waukewan Golf Course nearby, only minutes to downtown Center Harbor & Meredith.
\$99,000 (4705879) Call 253-9360

NEW DURHAM // Nice 5 acre building lot in a country setting located close to town and a great commuting location.
\$45,000 (4458054) Call 875-3128

MOULTONBOROUGH // Great Price!! Wonderful opportunity to buy a .51 acre level double lot in the sought after, private Suissevale Community on Lake Winnepesaukee. Less than .3 mile to a sandy beach.
\$39,500 (4717925) Call 253-9360

BARNSTEAD // Nice 3.3 acre building lot in quiet rural location. It is surrounded by old stone walls. A selective cut was done in 1995 to promote hardwood growth.
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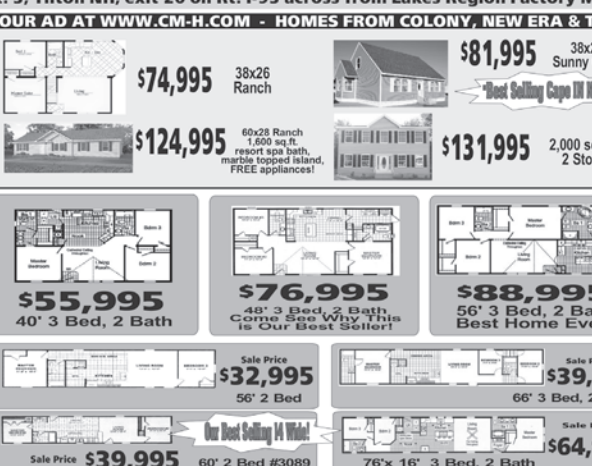


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SAU #79
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Date: Thursday, October 18th
Time: 10a-2p
Place: Beane Conference Center, 35 Blueberry Lane, Laconia NH

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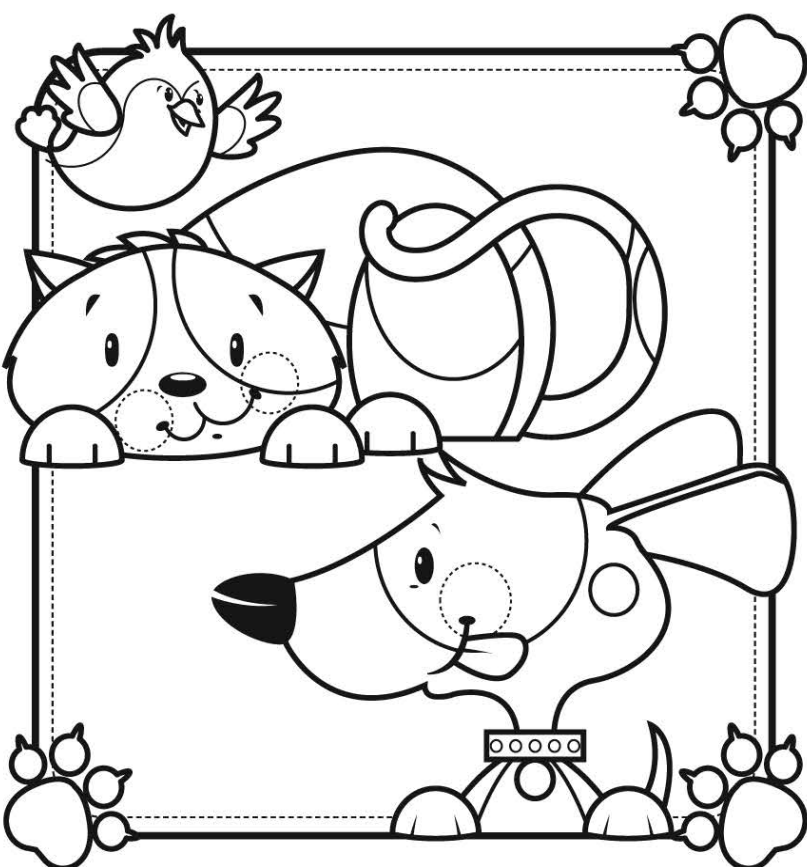
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THIS DAY IN...



HISTORY

- **1775:** THE U.S. CONTINENTAL CONGRESS AUTHORIZES THE ESTABLISHMENT OF A NAVAL FLEET.
- **1792:** THE CORNER-STONE OF THE U.S. EXECUTIVE MANSION, NOW KNOWN AS THE WHITE HOUSE, IS LAID.
- **1903:** BOSTON DEFEATS PITTSBURGH IN THE FIRST WORLD SERIES.



THIS FURRY ANIMAL THAT HAS BECOME A BELOVED PET IS BELIEVED TO HAVE DESCENDED FROM WOLVES.

ANSWER: DOG



PANT

breathe with short, quick breaths

How they SAY that in...

- ENGLISH:** Howl
- SPANISH:** Aullar
- ITALIAN:** Latrare
- FRENCH:** Hurler
- GERMAN:** Heulen



WORKING DOG BREEDS NEED TO BE KEPT BUSY IN ORDER TO BE HEALTHY PETS. AGILITY COURSES OR SPORTS CAN HELP PREVENT BOREDOM.



Can you guess what the bigger picture is?

ANSWER: DOG'S TONGUE

⊙ ** ☐ ☹ ☼ ~ ① ② ③ ④ ⑤ ⑥ ⑦ ⑧ ⑨ ⑩ ⑪ ⑫ ⑬ ⑭ ⑮ ⑯ ⑰ ⑱ ⑲ ⑳ ㉑ ㉒ ㉓ ㉔ ㉕ ㉖ ㉗ ㉘ ㉙ ㉚ ㉛ ㉜ ㉝ ㉞ ㉟ ㊀ ㊁ ㊂ ㊃ ㊄ ㊅ ㊆ ㊇ ㊈ ㊉ ㊐ ㊑ ㊒ ㊓ ㊔ ㊕ ㊖ ㊗ ㊘ ㊙ ㊚ ㊛ ㊜ ㊝ ㊞ ㊟ ㊠ ㊡ ㊢ ㊣ ㊤ ㊥ ㊦ ㊧ ㊨ ㊩ ㊪ ㊫ ㊬ ㊭ ㊮ ㊯ ㊰ ㊱ ㊲ ㊳ ㊴ ㊵ ㊶ ㊷ ㊸ ㊹ ㊺ ㊻ ㊼ ㊽ ㊾ ㊿

CRYPTO FUN

☐ ☹ ☼ ☼ ☹ ☼ ☼ ☼ ☼ ☼
Determine the code to reveal the answer!

Solve the code to discover words related to scary things.
Each number corresponds to a letter.
(Hint: 8 = e)

- A. 3 19 25 15 9 8 5**
Clue: Scary creature
- B. 22 8 3 8 9 8 5 24**
Clue: Burial place
- C. 12 10 19 15 9**
Clue: Spirit
- D. 16 21 9 22 10**
Clue: Spell caster

Answers: A. monster B. cemetery C. ghost D. witch

SUDOKU

| | | | | | | | | |
|---|---|---|---|---|---|---|---|---|
| 8 | 7 | 5 | | | | | | |
| 2 | 3 | | | | | 7 | 4 | |
| | | | | 5 | | 6 | 2 | 8 |
| 5 | | | 7 | | 2 | | | 3 |
| | | | 4 | | | | | |
| 4 | | | 6 | 3 | 5 | 2 | 9 | |
| | | | 1 | | 6 | 9 | | 2 |
| | | | | | | | 8 | 1 |
| 9 | | | | 2 | 3 | | | 4 |

Level: Beginner

Here's How It Works:

Sudoku puzzles are formatted as a 9x9 grid, broken down into nine 3x3 boxes. To solve a sudoku, the numbers 1 through 9 must fill each row, column and box. Each number can appear only once in each row, column and box. You can figure out the order in which the numbers will appear by using the numeric clues already provided in the boxes. The more numbers you name, the easier it gets to solve the puzzle!

| | | | | | | | | |
|---|---|---|---|---|---|---|---|---|
| 4 | 9 | 6 | 5 | 3 | 2 | 8 | 7 | 1 |
| 4 | 6 | 8 | 3 | 9 | 7 | 5 | 2 | 1 |
| 2 | 3 | 5 | 8 | 1 | 4 | 6 | 9 | 7 |
| 7 | 4 | 8 | 1 | 6 | 3 | 5 | 2 | 9 |
| 6 | 5 | 8 | 1 | 9 | 4 | 6 | 3 | 7 |
| 3 | 6 | 9 | 7 | 8 | 2 | 4 | 1 | 5 |
| 8 | 7 | 5 | 2 | 6 | 4 | 1 | 3 | 9 |
| 9 | 1 | 3 | 9 | 6 | 7 | 5 | 2 | 4 |
| 5 | 2 | 4 | 1 | 3 | 9 | 6 | 7 | 8 |

ANSWER:

Ben Baldwin Memorial Tournament is Oct. 20 and 21

WOLFEBORO—The inaugural Ben Baldwin Memorial Tournament will take place on Oct. 20 and 21 from 9 a.m. to 2 p.m. each day at the Pop Whalen Arena.

The tournament is open to mite level teams, with eight to 10 teams from around the state. Saturday will be cross ice games and Sunday will be full ice

games.

All proceeds will go to the Ben Baldwin Scholarship Fund, which has been set up to help kids stay involved with sports that

otherwise could not afford to be. T-shirts will be available to purchase at the tournament.

This is a great opportunity to come watch

the game that young Ben Baldwin loved.

The tournament is sponsored by the Yum Yum Shop, the Kelly family, Carroll County Construction, Image

Awnings, Ken's All Season Maintenance, D.F. Richard, T. W. Excavating, Mobility and More, Baldwin Excavating and Avery Insurance.

SOCCER

(Continued from Page B1)

playing five games and having Belmont twice and Bishop Brady once. Going into this stretch, we were hoping to come out 3-2, but ended up 4-1. The girls did a great job of beating Brady in a close game and finishing off Prospect Mountain early- two things we have struggled with this season."

The Gilford girls' soccer team improved to 9-3. Next is a 2 p.m. matchup against Derryfield on Oct. 13.

The Gilford High School boys' soccer team had a great win on the road against Raymond by a score of 2-1.

Raymond took the lead into halftime when the team scored on a scramble in front of the goal with about six minutes remaining. About 13



BOB MARTIN

Hannah Perkins recorded her 500th career save last week.

minutes into the second half, Sam Sawyer scored on an assist by freshman Anthony Aguiar off a

half volley shot from 16 yards out. Connor Guest scored the game winning goal with 3:27 left in reg-

ulation, with an assist by Daegan Boucher from a cross pass.

"They started out

playing extremely tentative in the first half, but came out with the intensity we needed to pull off this huge win," said coach Dave Pinkham. "It was great to get goalkeeper Troy Gallagher

back - he had five saves. I felt it was a great team effort and win for the kids."

The Gilford boys' soccer team improved to 7-3-2 and host Laconia on Oct. 11 at 4 p.m.

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