THURSDAY, SEPTEMBER 5, 2019

COVERING ALTON, BARNSTEAD, & NEW DURHAM - WWW.SALMONPRESS.COM

Weld pays visit to Salmon Press

BY ERIN PLUMMER

mnews@salmonpress.news

MEREDITH – Republican presidential candidate Bill Weld is directly challenging President Trump using his experience as Massachusetts governor and record as a moderate leaning, New England Republican. Weld was recently in Meredith and Gilford, stopping at the office of Salmon Press to talk about his plans if elect-

Weld has a long career in public service, including service as the governor of Massachusetts. After an appearance on the Seacoast earlier on Friday, Weld held an event at Twin Barns Brewing Company in Meredith on Friday and visited Gilford Old Home Day on Saturday.

Weld is running as a Republican with the aim of shutting out the president in the primaries.

"I think the country's in some trouble with Mr. Trump there," Weld said.

Weld said he almost ran for president 20

years ago and has spent time around the White House during the Reagan, Bush, and Clinton administrations. Weld said he understands how things work in Washington, whereas he said Trump has a massive lack of experience for his

"He's woefully unprepared for the office and it shows," Weld said. "(It) shows domestically and internationally." Weld said Trump's approach seems to "border on autocracy."

Weld described himself as an "adopted New Englander," having grown up on Long Island. He said he is from a tradition of Republicans that was more moderate and more cooperative.

"I consider myself a New England Republican in the mold of Ed Brooke [the US Senator from Massachusetts who served from 1967 to 1979] and many others," Weld said. "I worked for Sen. [Jacob] Javits of New York, it was a totally different kettle of fish. In Washington, people worked across the aisle and got things done."

Weld said Trump has undone much of that, undoing free trade alliances and overspending.

Weld is a fiscal conservative, saying he keeps a close eye on government spending. Coming from the prosecutors office, he said he came into state government with no idea there were any "sacred cows" in the

budget, though said a lot he would balance the of legislators got caught up in the perks of their office.

"When I was governor there's no such thing as government money, there's taxpayers' money," Weld said. He said at when he was governor he, "was ranked the most fiscally conservative governor in the country."

Weld said if elected

budget with the aim of bringing every line item to zero and ask that anything over that be justified.

As a longtime outdoorsman, one of his key focuses is the environment. As governor he did a lot to protect the environment and was part of the lawsuit to clean up Boston Harbor.

Weld said as presi-

dent he wants to restore the policies Trump repealed. He said Trump gets a lot of credit for deregulation, but a lot of that was on policies that safeguard the rights to clean water and clean air. He would restore the country's commitment to the Paris Accords.

Another focus is international relations. Weld and his wife Leslie

SEE WELD, PAGE A6



Bon voyage

A youngster checks in with an extraterrestrial, one of two that landed in late June in front of the SS New Durham Library for the Universe of Stories program. "Patrons have come in all summer, requesting permission to come aboard," Library Director Cathy Allyn said, "and that makes our day. Everyone is sad to hear that the aliens are planning to return home as we gear up for a new school year."

scheduled for Sept. 21 in

New Durham

Hawk watch

NEW DURHAM — Birdwatchers of all experience levels are invited to join Moose Mountains Regional Greenways (MMRG) for a hawk watch at Birch Ridge Community Forest in New Durham on Saturday, Sept. 21, from 11 a.m. to 2 p.m. Although the event requires no walking and lawn chairs are appropriate, there is the option for participants to explore some trails around the Birch Ridge area. An update will be provided at the outset about the Birch Ridge Community Forest vision, goals and planning

The hawk watch site consists of a clearing on the shoulder of Birch Ridge that has excellent visibility for observing migrating raptors heading south for the winter. At over 1,000 feet elevation and overlooking Merrymeeting Lake, Birch Ridge has scenic views of nearby surrounding hills and of farther mountains such as Chocorua in the southern White

MMRG staff member Virginia Long is an experienced birder and the trip leader for this outing. "We had a great time at our hawk watch on Birch Ridge last year. We saw half a dozen species of raptors, including a couple small kettles (groups) of broadwinged hawks, which are fun to watch as they cir-

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Mountains.

cle high in the sky on rising thermals of warm air to gain altitude before flying south. I'll have handouts of raptor silhouettes to help in identification. It's always helpful to have many eyes on the sky so I hope we'll get a good turnout again this

year." Participants are encouraged to bring binoculars, telescopes (optional), sturdy walking shoes (if planning to explore the trails), a portable chair and a snack or picnic lunch. The event is free and all are welcome

but pre-registration is re-SEE HAWKS, PAGE A6

Keeping things positive

Group promotes love and civility at Alton Traffic Circle

BY CATHY ALLYN

Contributing Writer

ALTON — Honking horns are not generally considered the sweetest of sounds, but to a group of people gathered along the Alton traffic circle on Saturday morning,

they surely were. "This was the first in a series of visibilities we'll be holding to show our friends and neighbors what we stand for," said Tess Smith of Alton, speaking of the 15 sign-waving people stretched along the road-

"We need to cool down the rhetoric in this hate-filled environment. We're a grassroots movement advocating love, instead."

Scores of vacationers, tourists and locals slowed to wave and honk their horns in support of the people standing up

The Love Not Hate group held signs that deal with what they feel are human issues.

for what they believe.

"This is a non-pargroup," Smith "We're simply like-minded people who,



RESIDENTS from surrounding communities showed up along the Alton traffic circle on Saturday to promote love and civility, rather than the hate and anger they say Americans are seeing too much of. This is the first of such "visibilities" the group is planning, and the response was overwhelmingly positive.

just as so many others, are tired of anger, ugliness, and strife. We're coming together and doing our little part."

Last year, Smith had a large banner made up that reads, Love Not Hate. It sits proudly in front of her house and she's taken it to rallies. Not surprisingly, it was there at the visibility,

"It's an important message that lots of us need to hear."

Active in a similar group in Florida where she and her husband spend their winters, Smith has a main core of friends here she attends rallies with. But this

event was different. "I put an invitation

on Facebook to gather with signs encouraging a change in attitude, and invited people to share it."

The response was strong. She held a sign-making event at her home before the actual visibility, and then her friends and many people

SEE VISIBILITY, PAGE A9

at Oscar Foss **Memorial Library**

BARNSTEAD

Bring your kiddos to the Oscar Foss Memorial Library every Wednesday at 10 a.m. for stories, songs, crafts and snacks with Ms. Jerissa. Every week the program follows a new exciting theme. See you there.

OFML STEM Squad Join the STEM Squad at the Oscar Foss Memorial Library and explore science, technology, en-

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gineering and math in fun and creative ways. STEM Squad is for ages 8-14. The next meeting is Sept. 11, starting at 3

Family Movie Night

The library's next family movie night will take place Friday, Sept. 13, at 6 p.m. This month they will be showing the 2019 remake of "Ugly Dolls" (PG) on the big screen. Light refresh-

Yoga at the Library tions, please contact her at 269-5030.

Please call the library at 269-3900 or visit oscarfoss.org for more information about the library's programs or events. There is always something happening at the Oscar Foss Memorial Library. Library hours are Tuesdays and Wednesdays from 10 a.m. to 6 p.m., Thursdays and Fridays from 12 to 8 p.m. and Saturdays from 10 a.m. to 1 p.m. The library is closed Sundays

ments will be served and pajamas and cuddling items are always wel-

Mary Ellen Shannon, RYT offers two yoga classes at the library every Tuesday afternoon, Simply Yoga at 4:15 p.m. for beginners and an all levels class at 5:30 p.m. Please wear comfortable clothing and bring a yoga mat. If you have blocks and straps, please bring those also. Classes are by donation and all are welcome and encouraged to attend, regardless of ability to donate. Shannon has been a resident of Barnstead for 18 years and a yoga practitioner for even longer. If you have further ques-

and Mondays.

Busy weeks ahead Artists and authors sought for farmers' market

BARNSTEAD — Organizers are seeking artists and authors for the Barnstead Farmers' Market annual art show. This year they are adding authors to the mix. On Sept. 14 from 9 a.m. to 12 p.m. They are very excited to be showcasing your talent. Please contact them ASAP if you would like to participate. There is no cost to this event or to participate.

Organizers also invite the surrounding communities to join in to support local artists and authors. There will be music by Paul Hubert, lots of shopping fun, vegetables galore and unique demonstrations by some creative individuals. The farmers' market is located at the Maple Street Church, 96 Maple St., Center Barnstead. For more information, please visit www.barnsteadfarmersmarket. club or call Lori Mahar at 269-2329 or e-mail lorimahar@tds.net.

Alton Legion supports Vouchers for Veterans program

BARNSTEAD — The Barnstead Farmers' Market would like to thank the Alton American Legion Family Post 72 for their generous contribution of more than \$2,000 to the Vouchers for Veterans Program. This money was raised over the last seven months through fundraising events such as open mics and dinner dances including raffles and 50/50s. The American Legion in Alton is a big supporter of veteran causes and the farmers' market organizers ap-

preciate their support of

this program.

In the month of September, Belknap County veterans will receive \$20 every Saturday from 9 a.m. until 12 p.m. to shop at the Barnstead Farmers' Market, located at 96 Maple St. in Center Barnstead. They just need to bring their military ID with them to check in.

For more information or to join the Alton American Legion, please call or visit Route 28/164 Wolfeboro Highway, Alton, NH 03809/875-3461, ask for Lenore or Moe.

For more information

please visit the Vouchers for Veterans web site to make a secure, tax-deductible donation or to send a check, please mark Belknap County in the memo line. All donations are tax exempt and benefit Vouchers for Veterans, and every dollar makes a difference for local veterans. Together, people can make sure veterans have access to fresh foods and help local growers. Vouchers for Veterans: https://vouchersforveterans.org/ Mailing address: P.O. Box 42, Rochester, NH 03866-0042.

Yoga, Tai Chi at New Durham Public Library



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NEW DURHAM — Looking for exercise, but getting tired of dips in the lake? Feeling a little stressed from getting the kids off to school on

time? Ready for some indoor activity? The New Durham Public Library has just what you need. Yoga with Sue Cronin meets every Wednesday at 8:40 a.m. and weekly Tai Chi with Marcia Wyman starts up again on Wednesday, Sept. 18, at

Both programs are an hour and a nominal fee applies. Join either class at any time; no previous experience is necessary.

Tai Chi with Peter O'Rourke continues through Tuesday, Sept.

Call the library at 859-2201 for more informa-

phone: 603-393-7336 . email: matfassett@gmail.com



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The Baysider is published weekly by Salmon Press, P.O. Box 729, 5 Water St., Meredith, NH 03253. ISSN: 1945-5836. USPS 024921 periodicals postage paid at Meredith, NH 03253. POSTMASTER: Send address changes to the Baysider, P.O. Box 729, Meredith, NH 03253.





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COURTESY PHOTO

New officers

Recently the Alton Knights of Columbus Council 7533 installed the officers for the coming year. Pictured (I to r), Fr. Robert Cole, Pastor of St. Katharine Drexel Church, and chaplain for the council; Frank Cartier, newly installed Grand Knight; Mike Akstin, Deputy Grand Knight; and Kevin Gilbride, District Deputy, installing officer of District 14.

UNH professor to speak about D-Day

WOLFEBORO — On Tuesday, Sept. 10, from 7 to 8 p.m., UNH history professor and department chair Kurk Dorsey will present an illustrat-

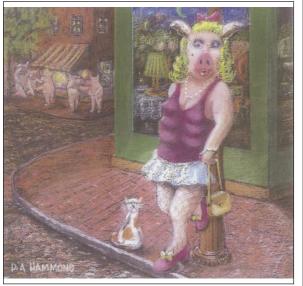
ed lecture on the politics of D-Day as part of Wright Museum's Lecture Series.

In the lecture, Dorsey will examine the forces

k by D A Hammond

PIG OF THE WEEK by D.A. Hammond

WWW.PIGSINAPOKE.COM



There once was a sow from Nantucket

that impeded Western Allies from satisfying Soviet demands and the struggle over what the Second Front was supposed to accomplish.

"Dorsey will supply fascinating insight into the history of D-Day by discussing Stalin, Churchill, Roosevelt and the politics of the invasion," said Mike Culver, museum executive director. "This should be really interesting."

"When and Where? Stalin, Churchill, Roosevelt and the Politics of the D-Day Invasion" takes place at Wright Museum, 77 Center St. in Wolfeboro. Seating is limited, and reservations can be made by calling 569-1212.

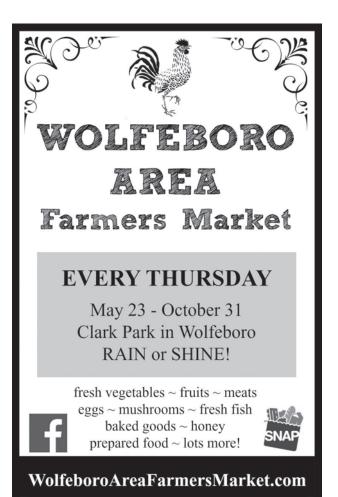
The region's leading resource for educators

and learners of all ages on World War II, Wright Museum features more than 14,000 items in its collection that are representative of both the homefront and battle-field.

For more information about the 2019 Lecture Series, sponsored by Ron Goodgame and Donna Canney or the museum, visit www.wrightmuseum.org.

Writing group meets Sept. 9

ALTON — Are you looking for a group where you can share your writing with your peers and get the feedback you've been looking for to move forward with your novel? The Alton Lakes Region writing group is it. The group meets monthly at the Gilman Library at 7 p.m., parking and entrance are at the back of the library. They are part of the New Hampshire Writers' Project (www.nhwritersproject.org) and are looking for other serious writers who want to become part of a supportive group. The next meeting is on Monday, Sept. 9, at 7 p.m. Bring samples of your writing to share or come for the discussions that will hopefully help you become a better writer.





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Opinion

Being positive

This week's edition includes a story on the front page from contributing writer Cathy Allyn on a group holding signs at the Alton Traffic Circle, promoting positivity and civility.

To be honest, we're not always the biggest fans of people holding signs on the side of the road. Often times, these groups are there promoting a political candidate or candidates. To us, people standing on the side of the road waving signs, providing a distraction to people trying to pay attention to what they're doing while operating a vehicle aren't really serving a purpose. We don't know anyone who's opinion on what political candidate they are going to vote for based on who the people on the side of the road are holding signs for. It's just doesn't seem like a worthwhile adventure, but we know that it is a way that some people want to support their candidates and we support their right to do that at any time.

It seems, at least from the story that Cathy Allyn wrote, that the people at the Alton Traffic Circle over the weekend were there simply promoting positivity and civility. The story doesn't mention a single candidate and the photos don't show signs supporting any candidates.

So, kudos to them. We believe that there is a lot of good things going on out there, there's a lot of people doing good for the world. To us, this is where the focus needs to be.

With the complete lack of civility that seems to take center stage all the time from both sides of the political spectrum, we believe a message of positivity and hope is a good thing.

We try, in our papers each week, to highlight good things going on in the community, whether it's a high school theater production or sports contest, seminars and workshops at the local libraries or events happening throughout the communities we cover. Of course, we also will present stories on political candidates when they visit the area, including this week's story on Governor Bill Weld's visit to our Meredith office and the story a few weeks ago on the three Democratic candidates who visited an event in New Durham.

But, generally speaking, we try to keep those stories as positive as possible, promoting people's messages and agendas. Sometimes, those messages aren't always 100 percent positive, but we believe it's important to present voters with whatever information we can before they go to the polls and vote.

We know that the people who are featured in our front page story this week likely have their own political believes and we recognize some of the names from elections and campaign support letters. But it was good that nowhere in the story was any political party mentioned. Because, positivity is something needed from both sides. Democrats claim the President is uncivil, while the Democrats also use what many would say are uncivil means to go after the President.

So, both sides can learn from this story. It's time to be positive. Instead of attacking people for their opinions, let them have their opinions, since everyone has the right to their own opinions.



MATTHEW FASSETT - COURTESY PHOTO

Cop talk

New Durham Chief of Police and K-9 officer Sean Bernier is thanked by President of the Alton Centennial Rotary Duane Hammond (left), and Rotary Program Director David Hayden for his presentation to Rotary members at the club's weekly Thursday morning breakfast meeting. Chief Bernier talked about his career in law enforcement from his start as an MP in the military. His rise through the ranks as a police officer now has him in charge of leading the New Durham Police force of three full-time officers and two part time officers. One of the most difficult aspects of his job is finding and keeping qualified people who can meet the basic requirements to become a police officer. He stated that of all the people in the USA, only 12 percent can meet those standards. "Think about it he said, a police officer has to work on those days when most everyone else is enjoying time off because it's a holiday, or bad weather keeps them home. Police officers at the same time are often still at work or on call 24/7. But that's the life we choose because we are civic minded citizens and want to help people," he said.

Letters to the Editor

Robocalls

To the Editor:

Fifty-one attorney generals and FCC Commissioner Ajit Pai have teamed up to put a crimp in the scourge of robocalls that annoy, interrupt meals and enable scammers. Kudos to them for their efforts, however they left some unpalatable parts of the industry intact. Exemptions were allowed for debt collectors, political campaigns, non-profits, surveys, polls, push polls, appointment reminders, and schools.

We can end all robocalls by simply hanging up on them, regardless of how well intended they may be. Once it becomes obvious that they produce no results there will be piles of expensive electronics at the transfer stations and scrapyards. I do not need a call from a robot to tell me there is no school, it's going to snow, or my car is due for an oil change.

If anyone feels a need to inform me then hire a live person to call. I will listen to them but I refuse to listen or talk to a machine.

Now that we have solved the robocall plague, what can we do to exterminate the excruciatingly annoying back-to-back-to-back-toback, and repetitive automobile commercials? In order to get 15 minutes of news on morning TV you are exposed to 45 minutes of "unbelievable deals," "unauthorized discounts," "unbeatable deals," "you paid too much," "summer clearance event," "inventory reduction event" showrooms filled with a mob of people frantically rushing from car to car to cover them with fingerprints, and lastly a drone shot of hundreds of unsold vehicles parked around their dealership \$6,000,000 that they hope to pay off

with infusions of your hard earned money.

There are two cures for this pervasive annoyance. Never buy a new car. Let some other sucker absorb the multi thousand dollars of depreciation that happens as you take delivery of the new vehicle. You will have also paid document fees, preparation fees, acquisition fees, transportation and other fees that they claim are "required." The second prong of attack is to pressure the FTC and the FCC to limit the amount of allowable commercial time per hour. Turn off the TV and get the news from many available sources on the internet. There is more news there in five minutes than in 30 minutes of TV.

This recent blast of advertising insanity is not limited to automobiles. Some marketing genius has decided that repet-

itive ads for furniture, replacement windows, roofing, pest control, fast food and TV programs that are not coming until next October are a cure for Alzheimer's.

I fully understand that revenue is required to keep the TV station on the air. Driving viewers away with excessive advertising, promotions and public service announcements counterproductive. Cut the commercials to one fifth of the present number, but charge five times as much for each one. The auto dealers are so desperate to get rid of that 12 acres of floor plan they will gladly pay any

I do have hangups - many of them - every day - and I enjoy them. Join me so that "Rachel from Card Services" is talking to herself.

ROBERT TIFFANY ALTON

We are lucky

To the Editor:

While writing this letter the news is gathering information on yet another mass shooting in Texas. As of now it appears seven killed, 22 injured, but it's early yet. Just another day in America. Again our President took to the stage within hours to fire up the echo chamber to claim it was a 'mental problem.' Other Republicans happily joined the bandwagon. This despite the fact that real research has countered this narrative, showing those with mental illness are more likely to be victims of gun violence than mass shooters, but the argument remains popular with Republicans despite the reality.

If Republicans actually believed this worn argument, they would not have supported the President by rolling back H.J. Res 40, an Obama-era regulation that would have made it harder for people with mental illness to buy guns. The ruling requiring the Social Security Administration to report to the National Instant Criminal Background Check System (NICS) disability applicants that are unable to manage their finances due to a mental health condition. How do you square that double speak?

Republican lawmakers would seem to believe that nothing can be

done to stem the tide of people getting shot just for being in public spaces. Including our Governor Sununu since he vetoed three bills in August that were intended to be a starting point to protect NH families.

HB 109, which closed the so-called gun show loophole and required background checks for virtually all commercial firearms sales or transfers, HB 514 required a three-day waiting period before delivery of a firearm and HB 564, which prohibited carrying a firearm on school property.

These seem like pretty insignificant compromises for gun owners (of which I am one). But our governor said that 'our laws are well-crafted and fit our culture of responsible gun ownership and individual freedom,' which he wrote in a single veto message on all three bills. The problem with his twisted logic is that Texas and New Hampshire laws are not very different.

NH does not require a background check prior to the sale of any firearm from an unlicensed individual, neither does Texas.

NH does not prohibit the transfer or possession of assault weapons or large capacity ammunition magazines, neither does Texas.

NH does not allow local governments to regulate firearms or ammunition, neither does TX.

NH does not require the registration of firearms, neither does Tex-

In fact, there is little difference between the 'well-crafted' laws in NH and Texas except Texas requires a permit to carry a handgun and requires state officials to report firearm-prohibiting mental health records to the federal database used for firearm purchaser background checks. So in some regards, Texas laws are stiffer than NH.

Meanwhile in Texas since Aug. 3, 30 Texans have been killed and 54 have been injured in mass shootings.

No governor, our 'well-crafted' laws are no better than those states rocked by mass shootings. While NH is 'one of' the safest states, we actually rank 13th. Which means there are 12 states safer than NH.

Sitting here writing, the news just reported four people were injured in a mass shooting in Connecticut. Connecticut ranks fifth safest state for gun violence, seven states above NH.

No governor, we are not protected by 'individual freedom,' we are damn lucky so far.

> QUINN GOLDEN ALTON

ALL WE KNOW I













ACLU rep to speak to local Democrats

Town Democrats of Barnstead, Gilmanton and Alton will have their next meeting on Monday, Sept. 9, at the Alton Bay Community Center located at 58 Mt. Major Highway (Route 11) in Alton Bay. Please note that this is a location change from the usual meeting venue (Pearson Road Community Center). After social time and light refreshments at 6:15 p.m., the meeting will start at 6:30 p.m. All interested parties are welcome to join in and interact with a very interesting speaker.

As most of you know, the American Civil Liberties Union has for many years been at the tect freedom of speech and all of the other rights and liberties. The ACLU is not a partisan organization, and has defended free speech rights of people from all walks of life, including some with views most Americans find abhorrent. In current times, the increasingly frequent attacks on the press have made the work of the ACLU even more important. The ACLU and AC-LU-NH have also been working in the courts and in the public sphere to protect immigrant rights and data privacy, to enact criminal justice reforms, and to oppose capital punishment.

The speaker, Jeanne

director for ACLU-NH. She joined ACLU-NH in October 2017. Before then, she served as a senior advisor at the U.S. Department of State, where she focused primarily on central Africa and U.S. sanctions policy. She is a graduate of George Washington University School of Law and the University of Southern California. Most importantly, she is a native New Englander and a die-hard Boston sports fan.

This meeting is expected to be lively and thought-provoking. Come with your interest, your enthusiasm, and your questions.

County Republicans to meet Wednesday

LACONIA — The next meeting of the Belknap County Republican Committee (BCRC) has been scheduled for Wednesday, Sept. 11, at 6:30 p.m. at the Laconia VFW Post 1670, 143 Court St, Laconia.

This month's guest speaker will be Belknap County District 3 State Rep. Peter Spanos. Spanos, who recently declared his candidacy for mayor of the city of Laconia, will share his reasons for running and will discuss his goals and objectives if elected. He will be facing off against Laconia City

Councilor Andrew Hosmer, in the Nov. 5 election. The current mayor, Ed Engler, had previously announced that he would not be running again. He has served the city of Laconia since he was first elected in November 2013.

Belknap County GOP meetings are open to all Republicans and like-minded Independents.

The committee again encourages its members to continue to bring

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non-perishable food items for donation to local food pantries.

For more information about the committee, please check the committee's web site at www. BelknapCountyGOP.org or send an e-mail to alan. glassman@gmail.com.

Wright Museum hosting 9/11 memorial ceremony



COURTESY PHOTO

THE WRIGHT MUSEUM will host a 9/11 memorial ceremony on Wednesday afternoon.

WOLFEBORO — On Wednesday, Sept. 11, from noon to 1 p.m., Wright Museum will honor the thousands of lives lost 18 years ago at a 9-11 Memorial Ceremony organized by Bob and Lindy Viscio.

"My wife and I have been doing this memorial about 10 years after the original organizer, Jeff Adjudant passed away," said ceremony organizer Bob Viscio. "We were both New Yorkers and airline crew. We represent the two airlines used in the 9-11 attacks, United and

American."

The memorial event will include local first responders, police and fire department personnel and EMS.

"We look for people who have stories of any involvement in fallout of the attack," Viscio said.

Museum Executive Director Mike Culver expressed the importance that the museum host this ceremony.

"This is a really important event for the museum," he said. "This was a very dark time in history, and it's important to honor those who lost their lives 18 years

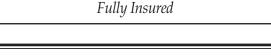
ago. I expect it to be a sad, but healing ceremony."

Viscio said he expects between 60 to 70 attendees for the ceremony, but hopes for more.

"For the 10th anniversary, we had over 100," he said. "About 10 UAL flight attendants arrived to support my wife, a 30-year United flight attendant. We hope to have a good showing this year, 18 years since this cowardly attack on civilian targets."

The Wright Museum has long served the community as the region's leading resource for educators and learners of all ages on World War II. It features more than 14,000 items in its collection that are representative of both the homefront and battlefield.

For more information on the museum and their events visit wrightmuseum.org.



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Parent's Circle meets in Laconia Sept. 18

LACONIA — A new Parents' Circle begins in Laconia this fall for parents who have lost children at any age due to any circumstance. All are welcome. Parents are encouraged to come individually or with partners to connect and share with other bereaved parents who are walking this journey.

Parents tell how vital it has been to be with other parents who have suffered a loss like theirs – to listen, to share, to remember, to give and receive support, and to bear witness to each other.

 $\label{eq:continuous} The \ next\ Parent's\ Circle\ is\ Wednesday,\ Sept.$

18. The group will meet monthly on the third Wednesday of the month from 5 to 6:30 p.m. The group is non-religious and is based on a deep commitment to honor each person and family's experience.

To register or for more information, please be in touch with Dan Kusch, Bereavement Care Coordinator at 524-8444 x2390 or dkusch@centralvna.org.

Alton Town Clerk/Tax Collectors Office Closed

The Alton Town Clerk/Tax
Collectors office will be closed
on Thursday, September
12, 2019 to attend the Town
Clerk's Annual Conference.



Freelance writers needed to cover meetings and events in Alton, Barnstead and New Durham.

Evening hours often required.



For more information, e-mail josh@salmonpress.news



Gilford Home Center

John Denver tribute to kick off Friends of Music season

WOLFEBORO Wolfeboro Friends of Music of is proud to open its 84th season with Ted Vigil's wonderfully popular tribute to John Denver's music. The concert opens at Brewster's An-

derson Hall at 7:30 p.m. on Saturday Sept. 21. Vigil is back by popular demand, having performed before a sold-out audience two years ago.

Vigil is the preeminent artist paying tribute to John Denver's music and is known for his faithful recreation of the music and close resemblance to Denver. The most heard comments after his previous performances in Wolfe-

boro have been, "I can't believe how much he looks and sounds like John Denver. He really took us back."

Vigil was born in Seattle and raised in the Olympia area. He has been performing since the age of 10, throughout school in concert, symphonic and jazz bands, developing his talents as a drummer and singer. He went on to Laughlin, N.Y. to compete in the Talent Quest 2006 involving 28 states, New Zealand, Australia and Canada, taking first place. He then went on to win Komo TV 4's NW Afternoon Celebrity Look Alike Contest. After winning this he began planning his John Denver tribute show, offering some of Denver's most familiar tunes including "Thank God I'm a Country Boy," Calypso," "Annie's Song," "Rocky Mountain High" and "Sunshine on My Shoulders." Vigil now performs nationwide for all kinds of venues and events. He has wowed crowds, selling out theatres in Pennsylvania and Kansas and has played twice for John Denver's own "Windstar Foundation" in Aspen, Colo. Vigil cruised the



Wayne on a "Travlin' Inc." country cruise hosted by Great American Country's own Storme Warren. Most recently Vigil was awarded the Rising Legend Award by the National Traditional Country Music Association.

Vigil has played to large audiences all over the world and has toured with Johnny Cash and Willie Nelson. In 2012, he was awarded the Rising Legend Award by the National Traditional Country Music Association. Vigil has performed with the late Steve Wiesberg, Denver's lead guitar player, who found Vigil's musical and physical resemblance to Denver "uncanny."

Wolfeboro Friends of Music thanks its sponsors for making this evening of great music possible. They are seaDebbie Zimmerman and YFI Custom Homes as well as sponsors for this concert, the Law Offices of V. Richards Ward, Jr. People's United Bank and Edward Jones - Kevin Lawlor Financial Advisor. This is the first of eight concerts presented by WFOM, which run from September through

Tickets are available at the door, at Black's Paper Store and Avery Insurance in Wolfeboro; at Innisfree Bookshop in Meredith; Greenlaw's Music and Audio in Laconia, Bayswater Books in Center Harbor, by calling 569-2151; or, by visiting www.friendsofmusic.org. High school students with ID and children accompanied by an adult ticket holder will be admitted free of





VIRGINIA LONG - COURTESY PHOTO

PARTICIPANTS in last year's hawk watch keep an eye on the sky.

quired. For directions and to register, call MMRG Education Coordinator Kari Lygren at 978-7125 or e-mail info@mmrg.info. Participants are asked to leave

The Birch Ridge Community Forest (BRCF) was recently conserved in perpetuity by the Partnership for Birch Ridge, which is composed of three partner organizations, Moose Mountains Regional Greenways (MMRG, mmrg.info/), Southeast Land Trust of New Hampshire (SELT, seltnh.org/) and Merrymeeting Lake Association (MMLA, mmlake.org/). As a community forest, BRCF will be managed to promote conservation, community and economic development through community participation in the management of the land.

WELD

(continued from Page A1)

attend meetings of the InterAction Council of Former Heads of State and Government, an independent organization that discusses issues facing the world. The group talks about ending nuclear proliferation, whereas he said Trump has demonstrated the opposite including trying to convince Japan and South Korea to get nuclear weapons.

Weld wants to restore international free trade, which he said has huge benefits for the country's economy and restores high range jobs.

Weld said he wants to see less government involvement in healthcare, but he doesn't want to undo the Affordable Care Act, which insured an additional 20 million people. He says he wants people to have options to make their own deci-



ERIN PLUMMER

DURING campaign stops in the Lakes Region, presidential candidate Bill Weld visited the offices of Salmon Press.

sions on their coverage and options.

He said right now 40 percent of households cannot afford an unexpected \$500 medical bill.

Weld said as governor he and then Secretary of Administration and Finance Charlie Baker (who now serves as nor) would look at the plight of average people making little money and forced to stay with their companies or lose their healthcare. Weld said it's important not to slam the door to the middle class on the working

Caribbean with Dar-

"The way the pie is being divided up the rich are sufficiently too rich and the poor are sufficiently too poor," Weld said. "It's not healthy for social cohesion. I'm for wealth around than we do right now."

Weld said this can be done through the tax code, giving tax breaks and credits such as the Earned Income Tax Credit to the working poor.

On gun control, Weld is not in favor of universal background checks or licensing firearms. He said history has shown that governments have rescinded the rights to

gun ownership to groups they oppress. He said the Second Amendment has always been about citizen self defense, especially against an oppressive government as it was during the Revolution.

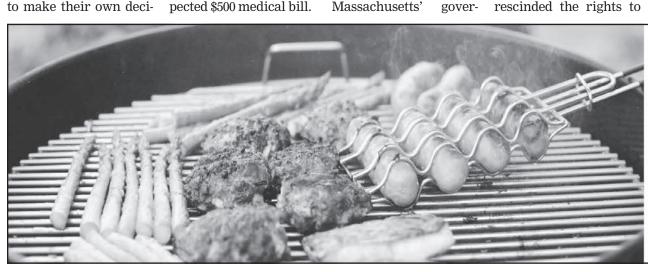
He is in favor of focusing more on gun safety. Weld favors "red flag laws" where people close to someone who see signs where a person is expressing an extreme ideology and a little more spreading desire for violence can report it and a decision can be made if that person should have access to firearms.

> Civil rights is a major focus for Weld, saying a lot of his backers have been from disadvantaged groups. Weld is a longtime advocate for LGBT+ rights and has voted for housing desegregation. He is also prochoice.

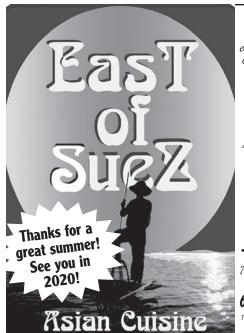
If elected, his cabinet will contain a diverse group of positions and backgrounds. He said as governor he never asked if anyone was a Republican or Democrat: everyone in the cabinet worked together. He enacted a weekly tea and cookies session every Monday at 3:15 p.m. where members of government could sit down and discuss matters civilly. He said that practice is still in place.

Baker is aiming to have Democrats and Independents to vote in the Republican primaries for him to shut out Trump. He said 20 states, including New Hampshire, have crossover voting where voters can vote with another party.

"I say to all voters in New Hampshire if you're not satisfied with Mr. Trump's performance you can vote against him twice," Weld said.







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THE REAL REPORT

RECENT REAL ESTATE TRANSACTIONS

Town **Address** 136 Alton Mountain Rd. Alton Bear Pond Road Alton Alton 42 Dudley Rd. Alton 268 Halls Hill Rd. Alton 186 Hamwoods Rd. Alton 204-208 Route 11d Alton N/A (Lot 38) Barnstead 49 Andover Dr. Barnstead 14 Enfield Lane Barnstead Narrows Road (Lot 10-3) Barnstead 14 Washington Ct. Barnstead 3 Waterville Lane Barnstead

*Type*Single-Family Residence Residential Developed Land Single-Family Residence Single-Family Residence Single-Family Residence Single-Family Residence Single-Family Residence Single-Family Residence N/A Single-Family Residence Single-Family Residence N/A

Condominium

Seller Price Cynthia C. Bohy Estate and Joel R. Bohy Kim M. Orr and Philip Dionne \$20,000 \$140,533 Rita A. Buonopane RET and Joyce R. White \$460,000 David B. and Karen L. Bertolami \$315,000 Frank J. Comeau RET and Elizabeth M. Comeau Cameron Drouin \$385,000 Robin Banker-Bergin \$700,000 William E. French LT \$244,000 Judith A. Mahoney and Kenneth W. D'Angelo \$150,000 Alex C. and Sarah M. Finnemore \$62,400 Carig L. Westlake \$153,000 Andrew Duffy and Wells Fargo Bank NA

Edward L. Jereb

Anthony and Deanna Eldridge

Buyer Dana and Robin Vnamburg Michael F. and Marcia A. Richards

Keith A. Derosa Anthony Buonopane Jason C. and Jamie L. Babbidge David R. and Lou S. Moore 4 Winds Trust and Michael J. Alpers Patrick K. Brady and Cheryl Roberts-Brady Douglas E. Finnemore Warren A. Lucier James J. Griffin Stephanie K. and Richard Desmarais Christopher Atkinson and Stephanie Fowler Logan Loring

ABOUT THE REAL REPORT

New Durham 34 Middleton Rd., Unit 28

Here are recent real estate transactions in Alton and the surrounding areas. These sales summaries are informational only, not a legal record. Names shown are usually the first listed in the deed. Sales might involve additional parties or locations. Prices are usually based on tax stamps and might be inaccurate for public agency sales. Refer to actual public documents before forming opinions or relying on this information. Additional publicly recorded information on these sales, prior sales and data from Department of Revenue Administration forms is available at www.real-data.com

\$255,000

\$200,000

\$200,000

or 669-3822. Copyright 2011. Real Data Corp. In the column "Type": land= land only; L/B= land and building; MH= mobile home; and COND=condominium. Transactions provided by The Warren Group, Boston Ma., publishers of The Registry Review and Bankers and Tradesman newspapers, Phone: 1-800-356-8805. Website: www.thewarrengroup.com

Boat races return to Wolfeboro Bay Sept. 12-14

WOLFEBORO

From Sept. 12 - 14, New Hampshire Boat Museum (NHBM) will host the 11th Wolfeboro Vintage Race Boat Regatta, a biennial event sanctioned by the Vintage and Historic Division of the American Power Boat Association (APBA).

According to APBA Committee Member and Regatta Co-Chair Bob Mueller, the regatta welcomes vintage race boats, circa 1920s to the 1980s, from across the country and beyond.

"The boats come from all over the place," said Mueller, who noted that each participant runs two heats each day, once in the morning and once in the afternoon.

"There is no other event where there is that kind of organization," he said. "We do a really good job, I think."

NHBM Executive Director Martha Cummings agreed and said Mueller and several others play an instrumental role in planning the event.

"We are so fortunate to have great people behind the scenes who really put this together," she said. "This is an incredible event for us and the entire Lakes Region."

According to Mueller, the two-day event is exciting for riders and spectators alike.

"Nothing compares to riding these boats on a course," he said. "The setting for this course on Wolfeboro Bay is dramatic. It is just the right size for the course."

He described the entire experience as "unbelievable."

"There's a crowd of people on the docks, and the whole experience on both sides is right in front of you," he added.

The event also provides spectators with access to the "hot pit" area. During lunch hour, people can buy passes to the hot pit and see the boats

"There is a closeness ing to people," Mueller said. "It is a great atmosphere."

Cummings added, "We offer ticketed promotional rides on some of the raceboats, which



COURTESY PHOTO

BOAT RACES return to Wolfeboro Sept. 12-14.

benefit the museum, too. It is a thrilling exhere that is really excit- opportunity. There are the event's "unsung he- Bay Public Town Docks. also better viewing opportunities on the Winni Belle, which will be docked."

> According to Mueller, the event would not be possible without "all the

Cummings agreed perience and quite an and said sponsors are place on the Wolfeboro terways.

"Sponsors give us financial support, their time and expertise," she said. "We are so very grateful."

The 11th Wolfeboro

Vintage Race Boat Re-

Founded in 1992 by antique and classic boating enthusiasts, NHBM is committed to inspire people of all ages with an understanding of, and appreciation for, the

boating heritage of New gatta is free and takes Hampshire's fresh wa-

> To learn more about NHBM, or its events, visit nhbm.org.

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Robert Eliot Shapleigh Owned Edgewood Restaurant

ALTON — Robert Eliot Shapleigh ('Shap'), of Alton passed away peacefully on the evening of Aug. 28 with family by his side.

Robert grew up in Maine, graduating from Eliot High School in 1955. He served six months in the U.S. Army reserves. He then worked as a bricklayer for E.A. Ricci Construction in Portsmouth. He was also a volunteer firefighter for the town of Eliot, Maine.

In 1962, he married Sheila Ann Robinson, and together they shared 57 years of marriage.

Many will remember him as the owner and operator of the Edgewood Restaurant in Alton, from the mid-70s to mid-80s. During the winter months, he worked at Pease Air Force Base in maintenance and clearing the runways for air traffic. Before that he owned and operated The Country Store in Lebanon, Maine. After retiring from business, he continued to work at Pease Air Force Base until its closure in 1990. He later retired from the



Robert Eliot Shapleigh

Oyster River School District where he worked as a custodian.

He was proud to be a member of the Free and Accepted Masons and the Shriners. He was raised on Nov. 17, 1965, in his home lodge, Naval Lodge No. 184, in Kittery, Maine. He became a Shriner in April of 1967, belonging to both the Kora and Bektash Temples. He was actively involved in the Bektash Mini-Kar Patrol, participating in numerous parades over the years to raise money for the Shriners Hospital for Children.

He was predeceased by his parents, George E. Shapleigh and Eunice C. (Cole), and his sister

Christine (Shapleigh) Bilodeau. Loved ones he leaves behind include his wife, Sheila A. (Robinson) Shapleigh; his brother Richard W. Shapleigh, Sr.; his three daughters, Leslie Jackson, Jennifer Shapleigh, and Cydney Shapleigh; his grandchildren Jonathan Douglas and his wife Ashley, Caitlin Wentworth and her partner Ryan, Andrew Jackson, Timothy Douglas and Matthew Johnson; his great-grandchildren Harley Hook, Austin Douglas, and Brandon Douglas; his many nieces and nephews; along with his many friends.

Our sincere appreciation goes to all the wonderfully kind hospice caregivers at Lakes Region VNA who were so gentle and supportive throughout his last days.

Calling hours will be on Thursday, Sept. 5, from 4 to 7 p.m. at Edgerly Funeral Home in Rochester. A funeral service will be held on Friday, Sept. 6, at 11 a.m. at the Eliot United Methodist Church, 238 Harold L. Dow Hwy, Route 236, in Eliot, Maine, followed by burial at Mt. Pleasant Cemetery on State Road in Eliot.

In lieu of flowers, contributions may be made to Shriners Hospitals for

guestbook, please visit www.edgerlyfh.com.

James Irving Myers III US Navy veteran

HOLDERNESS James Irving Myers III, born April 22, 1970 in Exeter, sadly passed away Sunday Aug. 18 peacefully at home, in Holderness after a battle with cancer.

He leaves behind his loving wife, Sara Myers and their son, Nate Gallentine and their beloved dog, Kona. He also leaves behind his father, James Myers II, step father Bob Heck, mother-in-law Rose DuBois, father-in-law R. David and wife Teri McRedmon aunts and uncles, Betty Deering, Mikel and Marleane Myers, Judy and Rick Pelliter, Kim Orr and Phillip Dionne, Peter Orr and Wayne Myers, brothers and sisters, Ross and Tara Myers, Mikel Myers and Gina Davey, Ryan and Mara Mindell, Lori Myers and Jason Chase, Justin and Elyse Myers, Zack Myers and a very special young lady that he considered a daughter of his own, Shadow Martin, sixteen nephews and nieces and two great nephews and many great aunts and uncles and a vast extended family.

He was pre-deceased



James Irving Myers III

by both maternal and paternal grandparents, Jame and Virginia Myers, Ross and Audrey Deering, his mother Shirley Heck, and his brother, Nathan Wood.

Even though he left us early he lived a full life. Before he started his Naval career he had an opportunity to travel and experience the country.

He was a very proud Navy veteran and served during the first gulf war. He shared many fond stories that him and his Navy brothers experienced navigating the world.

After his Naval career, Jim and his eldest brother started a successful painting business in North Carolina. Jim's work ethics and

accomplishments were always second to none. Around 2009, Jim moved back to New Hampshire where he found the opportunity to do property maintenance at the Cottage Place on Squam Lake. There he made many more great friends and made many more fond memories.

His hobbies included family and entertaining the kids, playing pool, searching for old bottle dumps, metal detecting, yard sales, flea markets, auctions, and anything that would help preserve history and the search to find the lost treasures hidden among us sometimes in plain sight, eBay and the environment. Jim was born on Earth Day.

Jim was a man that lived what he spoke, love, loyalty, honesty and non-judgement. He gave everything to everyone and never asked for anything.

In lieu of flowers, donations are gratefully excepted at either Plymouth Oncology or Central N.H. VNA and Hospice in honor of his name and life.

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MARK ON THE MARKETS Recession?



BY MARK PATTERSON

There's been a lot of recent economic data that shows the US economy is slowing. Whether we go into a recession or just a broad slowdown is yet to be seen, however it makes sense to plan for either. What I am referring to buy plan is not a liquidation of your investment portfolio, however it may be a good time to review your current holdings and see if they match your current objectives. For example, if you are nearing or in retirement and your portfolio of investments is made up of equities or equity-based mutual funds then your portfolio is still designed for accumulation of assets. The stocks or equity mutual funds may have a dividend or income component but are not designed for the distribution of those assets in retirement.

The equity markets have been rolling along since the spring of 2009 with really no major bumps in the road, this lack of bumps or should I say major corrections have lulled us into a false sense of security and complacency. Those who are retired or approaching retirement may have thought they'll just sell assets for income, and typically that amount has been four percent per year. But what if history repeats itself as it seems too often do and we go into a correction followed by a stagnant equity market. The concept of "sequence of returns" says that if the money that you had earmarked for retirement income diminishes and you're still taking out the amount of income based on what you had at the point

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Photos are also welcome, but must be submitted in jpeg format.

Please contact Executive Editor

of starting your plan, then your retirement accounts can run out of money very quickly. That is why you would hear me state time and time again that we must plan for the income with sustainable, steady, predictable investments for income that then, and only then, can we invest money at market risk for growth purposes. If it takes most of your assets for steady, sustainable income, then so be it.

As a slowdown or recession approaches you would still want to adjust your equity holdings to more defensive stocks or ETFs that represent things in the economy that people will still use even in a retracting economy or slowdown. Defensive stocks are stocks based on companies that traditionally offer goods and services that people simply don't give up in a slowing economy. Pharmaceuticals, food, alcohol, cigarettes, energy and a host of other basic necessities are considered defensive. Capital expenditure by large companies tends to slow down as they rein in their budgets. While there seem to be a lot of jobs available now, this can change in a slowing economy.

The business cycle is typically made up of peaks and troughs. Troughs can be lower, and the peaks can be higher during very good or very bad times. 2008 was the last deep trough. The sluggishness of the recovery had been slow until the last presidential election, however no economy violates an economic cycle of peak and trough, the peaks may be higher and troughs shallower, but we still will have a complete cycle. Don't fear it, plan for it.

Now is as good of a time as any to review your investments.

Mark Patterson is an advisor with MHP Asset Management and can be reached at 447-1979 or Mark@MHP-asset.com

If you missed 2019's most important film, here's another chance to see it locally:



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The Catholic News Service classification is "A-III" (Adults). The Motion Picture Association rating is "R" (Restricted. Under 17 requires accompanying parent or adult guardian).



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VISIBILITY

new to her showed up.

Folks picked signs to sport with points dear to their hearts.

"Cherish Our Elders" and "Protect Our Earth" proclaimed the placards surrounding Gabbie Linaberry, formerly from Alton and now residing in Gilmanton.

"I'm a child of the 60s," she said, laughing. "My mother would have locked me in my room if I'd said I was going out to protest, but I wanted to."

She was ensconced in a camp chair, due to "bad knees," but was obviously having a ball.

"This is fun," she said. "We want people to know we're not provoking hate. People need to stop and think about what they're doing. We're all tired of promoting anger."

Linaberry has known Smith since the seventh grade in Exeter. "She's a great organizer."

She hefted the "Cherish Our Elders" sign and announced, "I'm going to frame this for my grandchildren."

Elders weren't the only ones represented at the visibility.

A fourth grader from New Durham, Julian Hernandez, held a sign that stated "Love All Children."

"There's a place in Texas," he said, "where not all children are being loved. The adults should vote for it to stop."

Cheryl Haghighi, an Alton resident for 16 years, was a co-organizer of the event. When asked why she was here, standing by the road, she waved at a passing car and responded, "You can't not be here. I'm here because of everything that's happening."

She, too, was concerned about conditions in detention centers. Upset, she said, "Every day those children go without proper hygiene."

Gilmanton resident Lew Henry's sign declared "No Hate." He is a friend of Smith and thought the event was "such a good idea to bring down the temperature. Let's see if it works."

He reported hearing "lots of honks."

Steve Copithorne of Alton held the sign requesting honks. "I always stand up for the right thing," he stated. "We welcome other people to join us if they support the ideas of love, not hate and of keeping families together."

An experienced activist, Ellen Phillips of New Durham was there with her family because "children need to understand that "We rise by lifting others'," she said, reading off the words. "How can this country be sending sick children home to die?"

Others present agreed there is "too much division in our country and we're just trying to spread the word of love over hate, and hopefully make a difference."

Everyone was encouraged to hear all of the honking going on.

"The response is life affirming," said an Alton resident. "It's a more optimistic view of Americans than what so often shows up."

Smith's husband, Steve, held the words "Love Not Hate" aloft. In the 1960s and '70s he was involved in anti-war protests. "Anything non-violent," he said, "I'm in."

He said it was time to end the incivility in politics. "Americans are not

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Medical Ambulatory Transportation Service

bad people."

Looking back on the event, Smith said she felt positive. "It was a good thing for us and the community."

The plan right now is to hold a visibility on a regular basis; on the second and fourth Saturdays of the month, from 10 to 11 a.m. at the traffic circle.

"People are speaking up and being counted," Smith said. "Attitudes are changing and people want to get more involved. Doing something like this makes people feel good about themselves."

Smith got into activism late in life. "I saw a cause and could not be quiet any longer," she said. "The people you meet are wonderful and special."

The group is on the lookout for more folks to come out with them.

"We're looking for people to unite. I think many feel about what's going on is that enough is enough," Smith said. "Let's join hands, find commonality, and talk, rather than shutting down communication."

She can be contacted $at \ nhtess@gmail.com.$

"There are a lot of people who don't want this division going on anymore," she said. "It comes down to simply civility and caring."

One of the signs along the side of the road read, "All You Need Is Love." Honk, honk.

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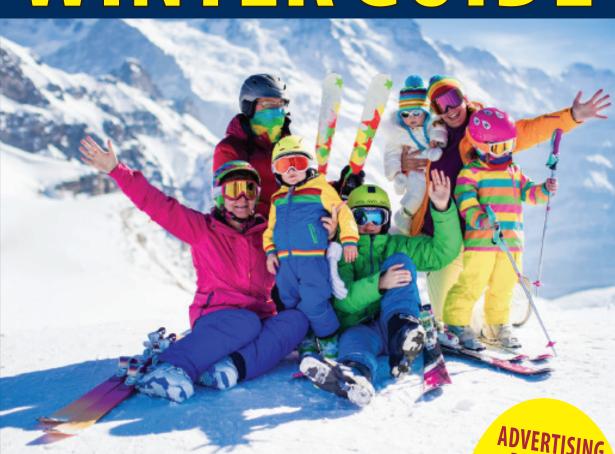
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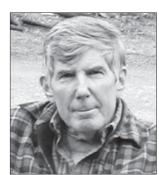
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It was lead (the metal kind) then and soon, off on the radio waves



By John Harrigan

COLUMNIST

Radio producers, the people who work behind the scenes to make shows happen, like squeaky-clean (i.e., quiet) recording places for people making tapes to send in. This is because they don't want background noise obscuring a good quote or interrupting the flow of things, for instance, the clack and clatter of pool tables, or bar patrons hoisting beer-mugs and yelling "Another one, Dave."

If you're sending in radio-quality tape (there's no such thing as a tape any more, of course, a subject for some other time), editors can only do so much to reduce or remove background noise. And if that part happens to contain the very best quotes, or something else that can't

be interrupted, they're stuck.

Last week, a radio station in Vermont called to set up a reading of something I wrote quite some time ago. A "reading" is media-speak (actually stage and media) for having the writer who put the words together actually read them out loud.

As usual, the producer asked me to find the quietest place in the house. This always gives me pause, because in summer, windows open, breeze blowing briskly from Quebec's Eastern Townships, everybody who does seasonal work rushing by, everybody who works outside on the move, everyone hauling stuff, well, hauling stuff, and hundreds of ATVs going by, there's no such thing as "quiet," except around midnight, and no way am I making any radio tape at midnight.

(The ATVs, by the way, have not been a real problem for me, but sure have been for some of my porch company, who don't like them much, the machines, not necessarily the people, who almost always return my wave and in many cases are people I know. Either way, a new trail, some parts using sections of old woods roads, will be ready next year to take the ATVers where they really want to be, in the woods.)

If I hadn't accidentally fallen in love with print, it might have happened with radio, a companion femme de la femme in media. It (almost) happened this way:

When I went from pushing lumber to pushing words at the Nashua



using a new trail through the woods.

Telegraph, one of my first assignments was to cover the grand opening of the Nashua Mall, then the first of its kind in southern New Hampshire. A local radio station was also covering the event, and the man with the microphone spotted the big camera I was carrying (a Speed Graphic) and made a bee-line for me. Since I was obviously a news guy, I should be a good bet for an interview.

Evidently I was, because I was a regular on local stations ever after. Three major radio stations in the Nashua area were competing for listeners at the time, and we often traded quotes with each other at major fires and accidents, always with attribution, as a professional nicety.

When I went to the New Hampshire Sunday News, I soon met an upand-coming local radio sportscaster on Manchester's WGIR. Bob Lobel. He had broken into the business with no experience, at a small station in Vermont, and was soon headed for the big-time. He had a great on-air presence. Bob called me when he had nothing of particular interest slated or, on the other side of the coin, was looking for my take on some big breaking story.

Bob became a competitor for WBZ-Boston's listeners, so naturally they stole him away. He took his following with him and soon was recognized as a natural for television as well. One of his stellar moments was sitting in for famed Celtics broadcaster Johnny Most in the 1977 MBA playoffs.

Bob died last year, oddly enough, shortly after beginning a stint at the same station I'm currently on with most Thursday mornings, the Concord region's WTPL, heard from Winnipesaukee all over points south. Host Peter St. James invited me to be a regular guest a few years ago, and I do the stint live from my kitchen on a ridge overlooking Colebrook. Like everything I've done with radio, it's been a lot of fun, but never enough to make me give up print.

+++++

For many years, when I owned the Coös County Democrat in Lancaster and The News and Sentinel in Colebrook, I was a weekly guest on a New Hampshire Public Radio show called "New Hampshire Daily." This was back in the good old days, when Public Service (now called Eversource) was seen as the Good Neighbor Corporation that thousands of people think these days is definitely not (think, wait, remember, Northern Pass).

This was during the years when I was reporting on, involved in, and opinionating on way more stuff than I am today, and some people down below the notches actually gave a hoot. Now, not so much.

Anyway, whenever I'm down below visiting family in Derry or hobnobbing with legislators and regulators and lobbyists (and activists) in Concord, I'm likely to bump into somebody who remembers the name, often from the old NHPR show. "Wow," they'll say. "I loved that show. It sounded so real."

There's more. They almost always mention one of the things they liked best: the clacking of balls on the pool table, and people hoisting a mug in the din and yelling, "Another round."

And the host of that show? Former NHPR's and most recently Eversource's main media spokesman, the now retired (and friend always) Martin Murray.

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By Billy Allen and Rachel Warnick, South Shore Outboard Association raceboat drivers

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"Bunny" the cat was named for her extremely

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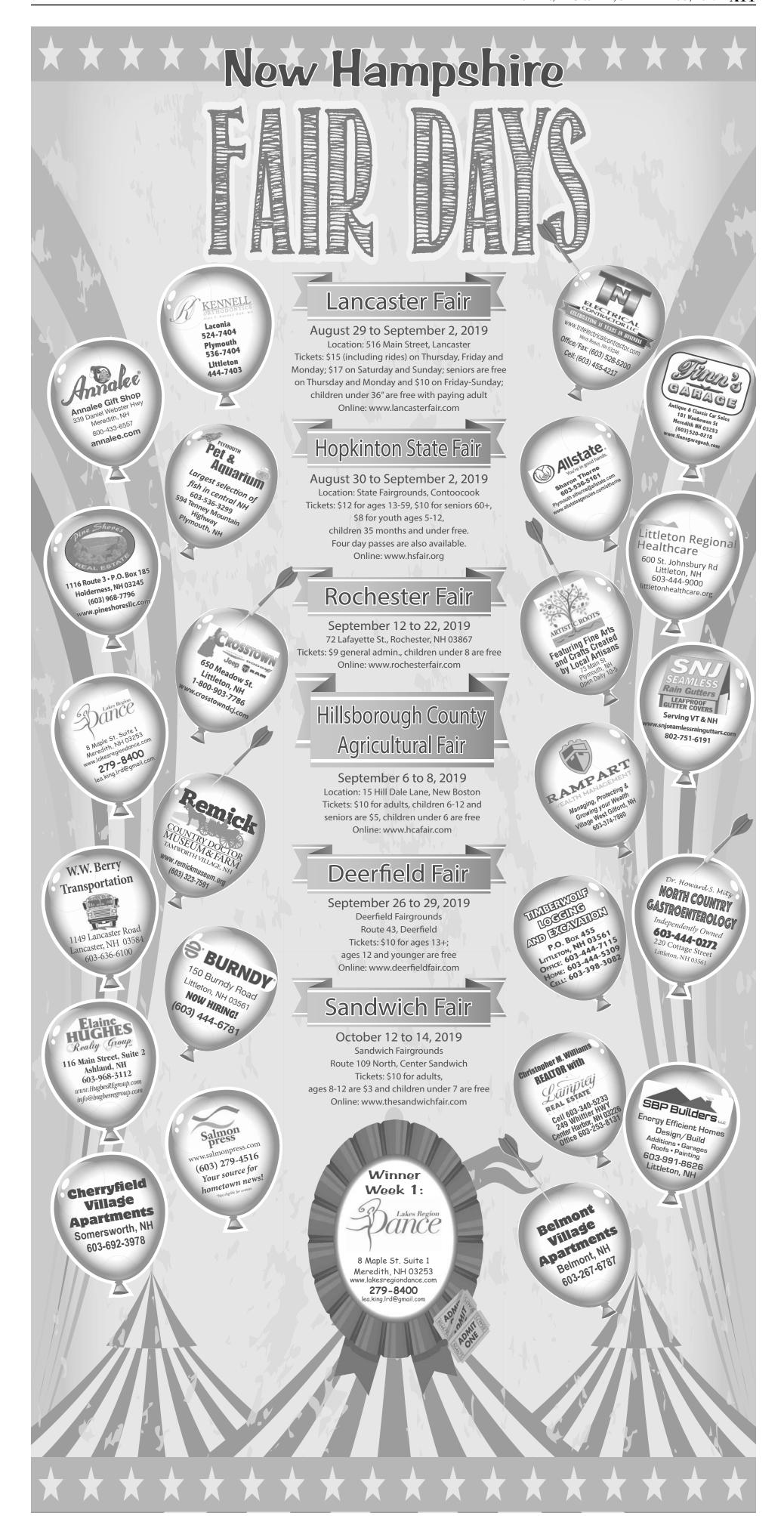
Carolina. Her finders kept her and moved to

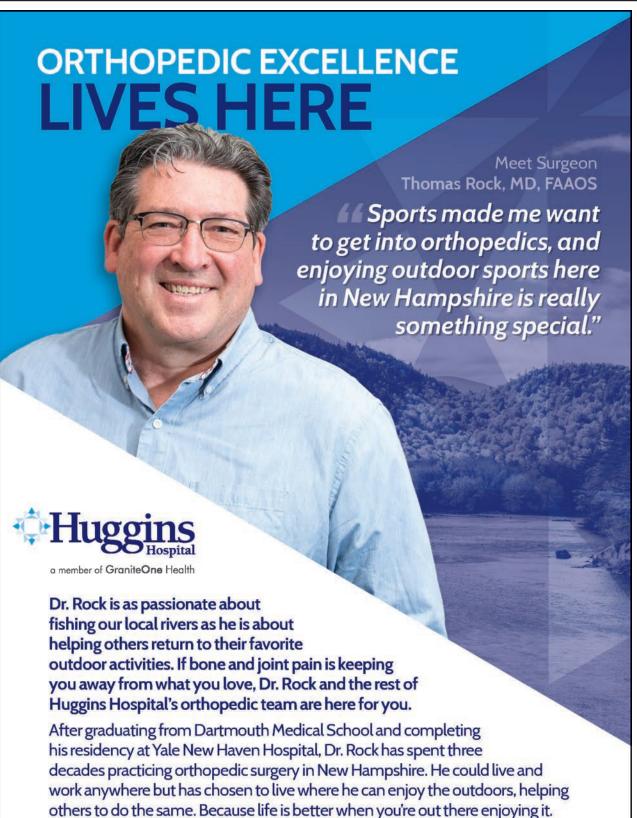
NH but then couldn't keep her and turned her into LRHS. She is 3-years-old, likes other

cats and people, is current on vaccinations,

testing, spayed, microchopped and is looking

for a loving new home.





Boat museum lecture tonight

WOLFEBORO — On Thursday, Sept. 5, from 7 to 8 p.m., New Hampshire Boat Museum (NHBM) will host Billy Allen, member of the U.S. A- Team International Hydroplane Racing Opening.

At the lecture, Allen will discuss his experience racing small hydroplanes both in the U.S. and abroad. Having set four world records and currently holding two, Allen will be joined by Rachel Warnick, who will discuss her experiences as a woman who "loves racing hyrdroplanes."

"This is a fantastic chance to meet people with world-class experience racing hydros," said NHBM Executive Director Martha Cummings. "You don't want to miss it."

In addition to membership on the national team, Allen is a member of the South Shore Outboard Association in Kingston.

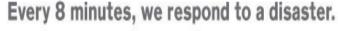
The lecture is free and will take place at NHBM on Thursday, Sept. 5 from 7 to 8 p.m.

Founded in 1992 by vintage boating enthusiasts, NHBM is committed to inspire people of all ages with an understanding of, and appreciation for, the boating heritage of New Hampshire's fresh water-

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SPORTS

THURSDAY, SEPTEMBER 5, 2019 THE BAYSIDER SECTION B, PAGE 1

WHAT'S ON TAP

A full week of fall sports is on the docket for the local high school teams.

The Prospect Mountain cross country team will open the season at Gilford today, Sept. 5, at 4 p.m. and then heads to Great Glen on Saturday, Sept. 7, for a 10 a.m. meet.

The Prospect Mountain soccer boys will be hosting neighboring Gilford on Friday, Sept. 6, at 4 p.m. and will be hosting Bishop Brady at 4 p.m. on Tuesday, Sept. 10.

The Timber Wolf girls' soccer team will be at Bishop Brady at 4 p.m. on Friday, Sept. 6, and will be at Berlin for a 4 p.m. game on Monday, Sept. 9.

The Prospect golfers will be at Kearsarge on Friday, Sept. 6, at 3:30 p.m., then will host matches at Farmington Country Club on Monday, Sept. 9, at 3:30 p.m. and again at 3:30 p.m. on Wednesday, Sept. 11.

The Timber Wolf volleyball girls will be hosting Sunapee at 6 p.m. on Wednesday, Sept. 11.

The Kingswood girls' soccer team will be hosting Sanborn today, Sept. 5, at 5:30 p.m. and will be hosting Plymouth at 5:30 p.m. on Wednesday, Sept. 11.

The Knight soccer boys will be hosting Pembroke at 7 p.m. on Saturday, Sept. 7, then heads to Kearsarge for a 4 p.m. game on Wednesday, Sept. 11.

The Kingswood field hockey team will be hosting Kennett on Friday, Sept. 6, at 5:30 p.m. and will be hosting Plymouth at 5:30 p.m. on Tuesday, Sept. 10.

The volleyball Knights will be hosting Hanover at 5:45 p.m. on Friday, Sept. 6, will be at Oyster River at 5:45 p.m. on Tuesday, Sept. 10, and then hosts Con-Val at 5:45 p.m. on Thursday, Sept. 12.

The Kingswood golf team will be hosting matches at Kingswood Golf Club on Tuesday, Sept. 10, and Thursday, Sept. 12, both at 3:30 p.m.

The football Knights will open the season on the road at ConVal at 7 p.m. on Friday, Sept. 6.

Kingswood's cross country team will be at Great Glen on Saturday, Sept. 7, at 10 a.m.















KATHY SUTHERLAND

Champs crowned

The first season of the Wolfeboro Adult Softball League came to a close last Monday when DJ's Militia defeated Brewster 13-7 to take the inaugural title. The season, which featured five teams, had games two nights a week at The Nick and was met with rave reviews from the players who were part of the league throughout its first summer.

New is the name of the game for Kingswood football

BY JOSHUA SPAULDINGSports Editor

WOLFEBORO — The word of the season for the Kingswood football team is 'new.'

Pretty much everything around the team is new this season, as the Knights have numerous new coaches, a new system and even a new practice field.

"New coaches, some new players, a new

Gilford, NH 03249

head coach and a new system," said new head coach Paul Landry. "Everything's new, but they're responding well and working hard.

"We're not just teaching the system to the kids, but to the coaching staff and everybody's learning and we're all getting there together," Landry continued. "We

have to be able to play the game with a positive attitude and the work ethic follows that."

Landry notes that the team has a lot of size and a lot of athletes but not a ton of depth, so it will be key for the team to stay healthy.

While there are some familiar faces on the team, there will be some

new positions for many of those players.

Matt Drew, who has been the team's quarter-back the last few years, will be switching to running back this year and will be the team's captain. Landry notes that he bought in to the off-season program and has built a lot of strongth.

built a lot of strength.

Jackson McCullough

will be taking over at quarterback for the Knights and he also put in a lot of work in the offseason.

Atley Corson is moving to tight end after spending last year as a running back, as he's gotten bigger since last year.

SEE **FOOTBALL**, PAGE B5





Knights aim to get over playoff hump

BY JOSHUA SPAULDING

Sports Editor

WOLFEBORO — At the annual fall media night, Kingswood field hockey captains Grace Abraham and Jill Blocher were not shy about their aspirations for this year's team. They said this year's team will be after a banner.

Coach Kaitlin Reilly is well aware that the Knights lost a lot of talent, but she's happy with how this year's group has stepped up to fill those holes.

"They really do everything I ask them to do and they do it with their whole heart," Reilly said. "They came in with a little pride of being part of this team."

All told, the Kingfield hockey team had 38 kids out for the squad, including 10 freshmen.

"They have some big shoes to fill, we lost some very vocal and strong leaders on and off the field," Reilly said. "This crew came in knowing that and they're finding their groove. They've got to find their voices and they're doing it in their own way."

Abraham and Blocher have their roles on the team and Reilly is excited to have them leading the way for this year's team. Abraham will play on defense and Blocher



JILL BLOCHER (left) and Grace Abraham are the captains of the Kingswood field hockey team.

JOSHUA SPAULDING

will be a forward.

"Grace has taken the role of defensive organizer and is a strong team role model with how she conducts herself with kindness," Reilly said. "And Jill complements that, she's a task master, she sees something that needs to be accomplished and she'll put the people where they need to e with confidence in her voice."

"And the team feels good about both of them," Reilly said.

The Knights have a number of seniors who

will be key to the progress the team makes. Allison Bean has made huge leaps and will play in the midfield for the Knights. Chyann Cardinal will be a key defender along with Hannah Crane. Gianna Cubeddu will work on the forward line and Savannah Thomas will be in the midfield, but Reilly notes that Thomas is versatile and can play wherever she is needed.

The Knights return four juniors in Alexus Booth, who has taken a big step up and will play

on defense, Tayghen Gelinas, who also will play on defense and Sarah Hartford, who will play on the forward line as well as Quinn Meserve, who will step in to the goalie pads left by the graduation of Samantha Tavares.

Junior newcomers Nia Garland and Emily Goldberg also came to the preseason ready to challenge for time on the field.

Sophomores Emilia Galimberti, Abby Kelly, Erin Meyer and Rachel Paraskos are all back

to make their mark on the program after solid freshman campaigns. Haley Brooks, Ana Ekstrom and Fallon Peacock are also ready for their sophomore campaigns.

The Knights open the season with two strong competitors in state champion Derryfield and Final Four competitor Kennett in the opening two games.

"It's going to be a reality check to what the season brings and what Division II brings," Reilly said. "The ultimate goal

is to get that one step further in the tournament.

"We've been plagued by that second round," the Knight coach continued. "If we can get over that, that's going to make a big difference."

She noted that the season is all about small goals, going one game at a time and build on it throughout the regular season until the playoffs roll around, at which point the team should be playing its best field hockey.

"I believe in the strength of this group," Reilly said. "I'm excited to see what they bring."

The Knights are scheduled to play single games with Derryfield, Kennett, Plymouth, Milford, Sanborn, Pelham, John Stark, Bow, Portsmouth, Goffstown, Oyster River, Merrimack Valley, Souhegan and Pembroke.

The season kicked off after deadline against Derryfield and will be hosting Kennett at 5:30 p.m. on Friday, Sept. 6, and will be hosting Plymouth at 5:30 p.m. on Tuesday, Sept. 10.

Sports Editor Joshua Spaulding can be reached at 279-4516, ext. 155 or josh@salmonpress.news.

Trio of captains to lead volleyball Knights

BY JOSHUA SPAULDING Sports Editor

WOLFEBORO Though four starters are gone from last year's playoff team, Kingswood volleyball coach Lynette Place likes the looks of the team as the new season gets under way.

"Preseason we have been focusing on playing aggressively, being successful under pressure and communicating effectively," the Knight head coach stated.

Entering her second full year at the helm, Place has three returning starters from last year who will be acting as the team captains this year and will be counted on to carry a good chunk of the load in the early

"(We) lost four starters from last year's team but we have three strong returning players who will serve as captains this season," Place stated.

Senior Maddie Ward returns as the floor general, running the offense for the Knights. Class-

mate Allison Bellemore will be the lone hitter returning to the lineup and classmate Emma Hammond will return to the right side and will also serve as the backup

The Knights will also

Ella Weiss will be a senior defensive specialist while classmate Hope Drenning will be an outside hitter.

newcomers include outside hitter Serena Silva, defensive specialist Paige Moore and right side hitter and defensive specialist Jillian Gorski.

Additionally,

year are to continually work on being a producbe looking to make a

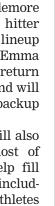
setter to Ward.

out the lineup, includ-

Junior

omore Gillian Siegars ioins the team as a middle hitter.

"Our goals for the tive part of a team and develop a high level of competitive players," Place said. "We also will



have a whole host of newcomers to help fill ing a number of athletes who are seniors and ju-

soph-



JOSHUA SPAULDING

CAPTAINS (I to r) Emma Hammond, Allison Bellemore and Maddie Ward will lead the Knights this year on the volleyball court.

playoff run again."

The Knights finished at 9-7 last year and earned the seventh seed in the Division II tournament, eventually losing to Souhegan in the opening round.

This year's schedule features the same oppo-

nents as last year, giving the Knights a chance to repeat their successes from a year ago.

The Knights will play two games against Kennett and one game each with Hanover, Oyster River, ConVal, St. Thomas, Somersworth, John

Stark, Souhegan, Gilford, Coe-Brown, Plymouth, Laconia, Manchester West, Milford and Pelham.

The Knights will be opening the season on Friday, Sept. 6, when they play host to Hanover at 5:45 p.m. King-

swood will be at Oyster River on Tuesday, Sept. 10, and will be hosting ConVal on Thursday, Sep. 12, both at 5:45 p.m.

Joshua Spaulding can be reached at 279-4516, ext. 155 or josh@salmonpress.news.

Knight soccer boys hope for continued improvement

BY JOSHUA SPAULDING

Sports Editor

WOLFEBORO — The Kingswood boys' soccer team enters its second year under coach Erik Nelson looking to make strides in the right direc-

The Knights finished with just two wins last year but played a number of competitive games and Nelson is hopeful that the continued push to improve soccer at all levels in the community will continue to pay off for the Kingswood pro-

"Kingswood boys' soccer is looking to build on last season and continue to improve soccer at all levels," Nelson said, pointing out grassroots, club, middle school and high school programs. "From initiatives in futsal and indoor soccer and bringing club soccer to the area, we hope to continue to show improvement and make cultural changes in terms of soccer both on and off the field."

The Knights will be

led by four captains in seniors Brian Winn, Axel Plache, Giorgos Morfopulos and Will Mc-Namara.

Winn, Plache and Morfopulos will be leading the team in the forward position, while McNamara will help to anchor the defense with sophomore Carter Morrissey and junior Josh Finneron.

Junior Ethan Raifsnider will be a key contributor to the midfield for the Knights this

The Knights will also have a couple of key newcomers in freshmen James Yarling on defense and Brayden Rapoza at midfield and forward.

Nelson said that the team has a pair of goals this year, the first being to improve on last year's record and the second is to make the playoffs.

"It will take commitment and dedication from the entire team to improve upon our record from last season, but I believe it can be

done," Nelson said. "his is a group that is fun to work with, very eager to learn and excited for the upcoming season."

The Knights will play two games each with rivals Plymouth and Kennett and Pembroke as well as single games against John Stark, ConVal, Kearsarge, Merrimack Valley, Hollis-Brookline, Manchester West, Pelham, Oyster River, Coe-Brown and

Stevens. The season kicked off after the early holiday deadlines on Friday against John Stark and also featured a road game at ConVal on Tues-

The season continues with a home game against Pembroke on Saturday, Sept. 7, at 7 p.m. and on Wednesday, Sept. 11, the Knights will take on Kearsarge on the road in Sutton at 6 p.m.

Joshua Spaulding can be reached at 279-4516, ext. 155 or josh@salmonpress.news.

Quintet of seniors leading Knight runners

BY JOSHUA SPAULDING

Sports Editor

WOLFEBORO Kingswood cross country coaches Mick Arsenault and Dan Place usually use the Gunstock Early Bird Invitational to gauge where their team members stand as the season begins.

However, with that meet moved back a week this year, the Knight coaches had to find a different way to set their lineup for the annual meet at Great Glen Trails in Pinkham Notch.

So, on Thursday, Aug. 29, the Knights were dressed in their uniforms and running along the Kingswood course as the coaches waited at the finish line to help determine the ranking.

And the kids ran. When all was said and done the Knights had their lineup and the season inched closer to the start.

"We're excited about where everybody finished." said Arsenault. "But there's definitely some room for improve-

"We're not surprised



with some of the times being higher," Knight coach continued. "We're definitely going to chop minutes off these times."

Senior Joseph Wasson led the way in the race, with junior Oleg Sheahan right on his tail. Rosemary Carpenter and Carolyn Day were the top two girls in

On the boys' side, the team has a pair of seniors in Wasson and Patrick Murphy, while on the girls' side, Sarah Peternel, Sarah Bellefleur and Elizabeth Morrison are the three seniors.

For the boys, Sheahan is expected to be one of the top runners while sophomores Matt Perkins and Tim Huckman are also back. Freshman Casey Arsenault is also expected to make a name for himself in his first season and he showed that by finishing third among the Knight boys in the preseason race. Newcomer Lou Arinello, Cannon Newbury, Mark Stanard and Matthew Finneron are expected to

help pace the Knights.

On the girls' side, the Carpenter sisters, Rosemary and Sarah, are expected to be key contributors along with Peternel and Morrison. Transfer Annabelle Nelson was among the top runners in the preseason race as well.

All told, there are 16 boys and nine girls on

"We're excited about both sides," said Arsenault. "The preseason stuff has been going really well, they've been training hard, a lot of hills."

In fact, the Knight coaches have taken the kids to Friend Street in Wolfeboro, where they've been using the steepness to train.

"I really like that hill," Arsenault said with a laugh. "We began running the kids in the beginning of July, so it's going to be fun."

The season includes races at Great Glen, Oyster River, Manchester, Coe-Brown, Kennett and Plymouth and the regular season wraps up with the Kingswood Invitational on Oct. 17.

The Knights will kick off the season on Saturday, Sept. 7, when they head north to Great Glen Trails in Pinkham Notch for a 10 a.m. meet.

Sports Editor Joshua Spaulding can be reached at 279-4516, ext. 155 or josh@salmonpress.news.

Harlem Wizards playing at PMHS Sept. 21

ALTON — Tanner Brennan is an 18-yearold recent graduate of Prospect Mountain High School who was recently diagnosed with having an Arteriovenous Malformation (AVM) in the left side of his brain. This condition has caused limited use of his right arm and some difficulty in processing information. After several appointments, Brennan was referred to Mass General due to the size of the mass. Because of its size and how deep into his brain the AVM is, it cannot be removed, so radiation therapy will be used to try to shrink it in hopes of preventing his symptoms from getting worse. To add to his struggle, an aneurysm was found on his AVM, which requires monitoring and possibly future surgical repair. Brennan faces a long and difficult

road ahead and it will be years before he knows if the radiation treatment is effective. Brennan's treatment requires multiple trips to Boston and several consecutive days of radiation treatment.

The Alton Police Association and the Alton Business Association have partnered to bring an entertaining fundraiser to Prospect Mountain High School on Sept. 21, when the world famous Harlem Wizards Alton

have a unique mission, to create awe-inspiring events throughout the country. Fans will witness amazing basketball talent combined with hilarious comedy. It's two hours of family time where parents, grandparents, and kids can all laugh together. When you're in the stands, you're more than a spectator, you're part of the show with loads of audience participation. Throughout the game, fans will experience a magical display of tricks, coordinated ball handling, fancy passing and aerodynamic athleticism combined with

audience interaction. The experience can only be summed up in two words: awe-inspiring.

Tickets may be purchased online in advance for a discount by going to www.harlemwizards.com, or can be purchased at the door. There will also be a Harlem Wizards merchandising table and concessions available to purchase on-site. Game time is 6:30 p.m. with doors opening at 5:30



JOSHUA SPAULDING

THE KINGSWOOD football seniors pose for a photo during media night.

FOOTBALL

CONTINUED FROM PAGE B1

Devan Wade, who has been a wide receiver for the Knights the last few years, will be moving to fullback, where Landry hopes he can take advantage of his speed.

"If he runs the trap he runs track, we'll be okay," Landry laughed.

Andrew Cartier is moving to center for the Knights and will get some line help from newcomer Fabian Sanborn, who brings a lot of size to the line as well and has been strong in the preseason. Additionally, senior Jagger Bernier has been taken a major step forward as well and is expected to be a key cog for the Knights on both the offensive and defensive line.

Senior Brian Winn, a captain of the soccer team, will be back to kick for the Knights this year and Landry said

that he is stronger this vear than last.

"We're going to hang our hat on him when we get in the red zone," Landry stated.

Landry notes that the Knights will be switching to a three-back set, either wing-T or straight-T.

"The idea is power football, run the ball until we can't," Landry said. "Hopefully we can move the chains that way, control the clock and control the tempo."

With a three-back set, Wade and Drew will be joined in the backfield by Joe Russo, Austin Perkins and newcomer Gavin Goodwin in an attempt to keep the legs fresh.

On the defensive side of things, Landry says the team will work with an odd front, but the defensive ends are fluid, so they can move in tight and out wide.

"But we have to stay healthy because

don't have big numbers," Landry said. "But everything we've been doing, they're responding really well to it."

In addition to Landry taking over as the head coach, there are a few other new coaches and some familiar faces. Bill Lowry has come up from Exeter to help in the early season, while Mark Livie, Brian Laing, Tom McCullough and Doug Ball are among the assistant coaches, while Scott Meserve will be leading the junior high program.

The Knights will play ConVal, Bow, Hanover, John Stark, Gilford, Plymouth, Merrimack Valley, Pembroke and Kennett.

The season officially kicks off at ConVal on Friday, Sept. 6, at 7 p.m.

Sports Editor Joshua Spaulding can be reached at 279-4516, ext. or josh@salmonpress.news.

will be returning. This show will feature several of the Harlem Wizards players playing against school faculty and staff from both Prospect Mountain High School and Central School as well as Alton police officers. All proceeds will go to Brennan to aid in his mounting medical costs and trips back and forth to Boston. The Harlem Wizards

high-energy comedy and

Early deadlines means writing a little earlier than normal

Early deadlines mean it's time to come up with a column topic before Friday rolls around.

When holidays fall on Mondays, our normal Monday deadlines get moved back until Friday, which means that the papers have to be filled a few days early. So I'm writing this on Thursday night at 11 p.m. while trying to stay awake after working until 1 a.m. the previous night.

So, here's a few random subjects to think about in the next week as the high school season gets under way.

The Red Sox continue to be a team of frustration and exhilaration all at the same time. One week they're sweeping a series, the next week they're losing to a team that is destined for the basement of the Major Leagues. I have to admit that it has been a lot of fun to watch Xander Bogaerts, Rafael Devers and Eduardo Rodriguez round into form, but it's been equally frustrating watching Chris Sale, David Price, Rick Porcello and pretty much everybody in the bullpen struggle throughout the season. Sweeping the Rockies in a two-game series put them closer to the wild card, but I'm not holding my breath that

they get there.



We had auditions for the Village Players fall musical, Once Upon a Mattress, last week and we had a decent turnout with a good number of new people mixed with many of the same faces. We came up with a solid cast of actors and actresses and I was looking forward to getting back to my normal musical role as stage manager. However, as it turns out, we needed a few more guys to round out a few scenes, so in addition to spending time where I prefer, backstage in the corner with a headset on, I will be on the stage for a few scenes pretending to dance. Once Upon a Mattress opens on Nov. 1 and runs the first two weekends in November. It should be a good time.

The first games of the fall season were the past Wednesday. I made the trip to Owl's Nest Resort to watch the Plymouth golf team open the new season against Gilford, Belmont and Laconia. It was nice to ease myself into the season with a little time cruising around in a golf cart on a sunny day. Of course, as the match was wrapping

up, it started to rain, but luckily, I was on my way to turn the cart in when the rain started and I was able to get my camera and iPad to the car before they got too wet. It was also nice to not have any game scheduled on Thursday, so I used that time to go to Kingswood and catch up with a trio of coaches to get preview information. I've also heard from the majority of my coaches as this goes to press, with previews either this past week or in this week's paper.

And now, as the clock pushes toward 11:30 p.m., the column is written and the deadlines are inching closer. I hope everyone enjoyed their Labor Day weekend.

Finally, have a great day David and Cathy Al-

Joshua Spaulding is the Sports Editor for the Granite State News, Carroll County Independent, Meredith News, Gilford Steamer, Winnisquam Echo, Plymouth Record-Enterprise, Littleton Courier, Newfound Landing, Coos County Democrat, Berlin Reporter and The Baysider. He can be reached at josh@ salmonpress.news at 279-4516, or PO Box 729, Meredith, NH 03253.



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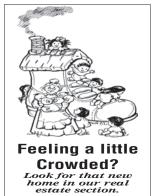
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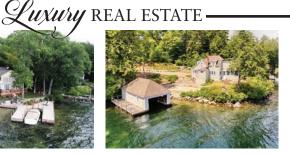


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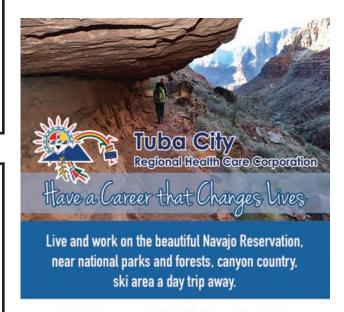
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CARE					FEEDING					PET			
	CA	Γ			KI	TTE	V			PUPF	PΥ		
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Get Scrambled

Unscramble the words to determine the phrase.

VIEG AWP



PANT

breathe with short, quick breaths

Monthey Selfthatin...

ENGLISH: Bark

SPANISH: Ladrar

ITALIAN: Abbaiare

FRENCH: Aboyer

GERMAN: Bellen



PEACEFULLY.



Answer: Give paw

Can you guess what the bigger picture is?

ANSWER: KITTEN AND PUPPY

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(Hint: 14= e)

A. 3 22 14 10 2 8 14

Clue: Clean

B. 15 10 3 7 14 24 16 10

Clue: Germs

C₁ 7 14 18 23 14 24 10 7 11 24 14

Clue: Degree of intensity of heat

D. 8 11 24 26 10 3 14

Clue: Outside part



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3			Seconds.		5		7	

sudoku. This
mind-bending
puzzle will have
you hooked from
the moment you
square off, so
sharpen your
pencil and put
your sudoku
savvy to the test!

Level: Beginner

Here's How It Works:

B. bacteria

 Ω

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6	Z	8	G	2	1	9	7	ε
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L	9	à	2	6	₽	ç	3	8
S	F	7	Þ	ε	9	6	8	G
9	6	Þ	1	9	8	ε	L	2
8	3	G	6	L	2	Þ	wak	9

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For help with alcohol and drug related issues, please visit the Doorway. NH.gov OR Call 2-1-1.

Curling registration under way for fall league

WOLFEBORO — Registration is now open for Lakes Region Curling Association's fall 2019 season. The league will mark the start of the association's fifth year of bringing the Olympic sport to the region.

Running from mid-October to mid-December, the fall season offers eight weekly curling matches at Pop Whalen Ice Arena in Wolfeboro. Matches take place from 5:15 to 7:15 p.m. on Sunday evenings.

A pre-season learn-to-curl session will be scheduled for early October for new curlers.

For men and women of all ages and fitness levels, curling is a sport that combines skill, teamwork and strategy. With that in mind, LRCA matches put a premium on friendly competition, sportsmanship, and fun.

Players can register singly, with a partner, or as full teams of four to six players. LRCA organizers will find teams for players who are not already affiliated.

No previous experience is needed, and the association provides all necessary equipment. The \$195 registration fee defrays the cost of ice time, equipment and insurance.

For information about the sport of curling in general and the LRCA in particular, visit the association's web site at lakescurlingnh.org. To register, download and complete both a registration form and a waiver form at lakescurlingnh. org/membership.

For more information about the upcoming curling league, send a message to info@lakescurlingnh.org.



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