

Old Home Day celebrates Barnstead

BY AIMEE TERRAVECHIA
Contributing Writer

BARNSTEAD — Much of the town turned out on Saturday for old-fashioned fun and seasonal festivities organized by the Barnstead Old Home Day Committee. The event drew residents of Barnstead and neighboring towns to Barnstead Elementary School. More than 500 people arrived to enjoy the antique car show, food trucks, vendor booths, and free games throughout the sunny Saturday.

The Remax Hot Air Balloon took off from the far end of the field, overlooking the sprawling event. A robust kids' zone featured mini golf, corn hole, and other games for a 50-cent donation. Many families took in the festivities throughout the day, with the event gaining



THE REMAX Hot Air Balloon takes off over the Barnstead Old Home Day festivities.

AIMEE TERRAVECHIA

more and more traction as the day went on. By noontime, the fields surrounding Barnstead Elementary School were bustling with the sounds of laughing children, live music and eager participants in the day's activities.

Family-friendly competitions were slated to take place throughout the day in front of a make-shift stage. Residents of Barnstead sat in bleachers to cheer on crawling infants in a "Baby Crawl," and then later, adults vying for baked goods in an old-fashioned cake walk. All the while, the "Jail Bail" – a life-sized mini jail cell, beckoned children to lock up their parents, only to be freed upon a two-dollar donation to the Old Home

SEE BARNSTEAD, PAGE A10

Rotary fundraising helps local K9 units

BY CATHY ALLYN
Contributing Writer

NEW DURHAM — The Alton-Barnstead-New Durham Centennial Rotary Club has perfected melding a good time with a good deed, and its annual picnic, held recently at the Miller Farm in New Durham was no exception.

Rotarians gathered for a barbecue and bonfire, as usual, with a donation to local police departments in hand, but the event went a bit beyond its norm.

"We structured it differently this year," said current President Duane Hammond. "We asked club members to bring along friends, and there was more to do."

Guests bumped the attendance to approximately 60 and games such as lawn bowling, corn hole, and horseshoes kept folks occupied. Jazz singer Cat Faulkner of Alton enter-

tained.

"There was an upgrade in the menu, too," Hammond said, citing lobster, wild salmon, and rib-eye steak, available at cost, in addition to the typical fare of corn, burgers, hot dogs and a potluck spread.

Fireworks finished off the evening.

The club, called Centennial because of its creation in the 100th anniversary year of Rotary, not, as Hammond jokes, "because all of the members are 100 years old," covers the communities of Alton, Barnstead, and New Durham.

"One of the fundraisers we have every year is an art contest where people paint a wooden silhouette," he explained. "We started with a pig, then had a butterfly and then a fish. This year it was Paint a Puppy."

Proceeds from the contests are donated to a charity. "We picked the K9 corps for this year."

Rotarians gave each of the three police departments \$500. Both Alton and New Durham have a K9 program.

Middleton Building Supply donates plywood for the cause, and each year there are various sponsors.

"We spend a good part of the late spring working at Rich Leonard's barn, cutting out the silhouettes," Hammond said. "After the contest, there's a lot of scrap wood that can't be used, so we have a bar-

beque and bonfire at his house."

He called the picnic a "fellowship event" to cap off the paint a puppy contest.

"There were lots of non-Rotarians there," he said. "It was good to meet them."

"I was happy they invited me," Alton resident and active community member Roger Sample said. "I've been invited to some of their breakfasts, and when they offered, I took advantage of the opportunity to attend."

Sample noted the highly-valued participation of the Rotary Club at the Alton block party. "They do the cooking and that's a big help."

He appreciated the "obvious and appropriate" cause of the club's contribution this year.

"I thought that was great, profits from a puppy contest going to a K9 program. Plus, that's money being used locally."

Sample said the outing made for a "beautiful evening. All of the food was great, they had a great singer, the weather was perfect, and it was a really nice bonfire. I enjoyed myself immensely."

Chief Shawn Bernier of the New Durham Police Department had his thoughts on the "appropriateness" of the financial gift.

"I would like to thank Rotary for the donation

SEE ROTARY, PAGE A11

Masons hosting barbecue Saturday afternoon

ALTON — The Masons of Winnipisaukee Lodge will be hosting their second annual barbecue dinner, open to the public, on Saturday, Oct. 12, from 4:30 to 6:30 p.m. at the Masonic Lodge on Route 28, a quarter-mile south of the Alton Traffic Circle. Tiede Farm Smokehouse is preparing the dinner, which will consist of pulled pork, ribs, smoked baked beans, cole slaw, corn bread and dessert. Beverages will include coffee and tea, lemonade or fruit punch, or water. As with all their dinners, you may eat in the dining hall, or they will prepare a take home box for you. Tickets may be purchased at the door. Please contact Frank Alden at 859-8881 or Dave Collier at 875- 0816.



COURTESY PHOTO

Baysider at the glacier

The Baysider cruised to Alaska on the Norwegian Bliss as a guest of Linda and Britney Haney of Center Barnstead. A remarkable helicopter ride to the top of Meade Glacier along with a hike/trek atop the glacier was so amazing the Baysider was forgotten and sadly stayed within the backpack. But alas, the Sept. 12 issue made it out for pictures during the pass by the Margerie Glacier in Glacier National Park. If you have a photo of you and the Baysider in a unique location, send the photo and pertinent information to josh@salmonpress.news.

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Help with the ice rink, playground in Barnstead

BARNSTEAD — Barnstead Parks and Recreation is looking for volunteers for two exciting projects.

First, the department invites the public to join in for a work party on Sunday, Oct. 20, from noon to 3:30 p.m. to do some repairs and upgrades on the ice rink and cleanup the area around the rink.

Second, they want you to help brainstorm ways to make the empty back area of the site into a family friendly park and play area for all families, young and old. That meeting will be held Tuesday, Oct. 15, at 6:30 p.m. Call 802-331-0603 for the meeting location or e-mail barnsteadparks@gmail.com.

There is some prep work they need to do on the ice rink on Oct. 20, including replacing some framing boards, nail up ceiling boards for the ice rink warming house and put new netting on the hockey goals



A MEETING Oct. 15 will discuss ideas for the playground area in Barnstead while an Oct. 20 work day will help prepare the town ice rink for winter.

and the screens behind the goals that keep wild pucks from flying into trouble.

There is also cleanup to do on the site. If you can, bring a chainsaw to clean up some branches or a magnetic sweeper to

pick up loose nails from burnt pallets. Or bring your work gloves and haul junk to a central location. They hope to be able to load a truck to take to the dump on Tuesday.

If you like the park

and playground idea, they are thinking about what is sometimes called a nature playscape. They already have a great swing set and metal climbing structure. A nature playscape uses natural materials like

logs, water, sand, plants and other materials to create spaces where children can make up their own ideas of how to use the materials and put them together.

If you want to sign up, or have questions about

either event, call Rhannon Fee, Barnstead Parks and Rec Coordinator at 802-331-0603 or e-mail barnsteadparks@gmail.com.

Haunted trails in New Durham on Halloween

NEW DURHAM — Halloween Haunted Trails will take place at the New Durham Meetinghouse on Thursday, Oct. 31, from 6 to 7:30 p.m.

Donations are greatly appreciated and visitors are invited to walk through the woods at their own risk, though children under 14 must be supervised.



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Italian dinner to benefit Boodey Farmstead Committee

NEW DURHAM — The Zechariah Boodey Farmstead Committee invites the community to a classic Italian lasagna dinner on Saturday, Oct. 19, beginning at 5 p.m. at the Community Room located behind the New Durham Fire Station on Main Street, as a fundraiser.

Committee member Tatiana Cicuto has offered to prepare her sumptuous classic Italian meat lasagna, using a family recipe.

Guests may purchase tickets at the door. Raffle will be available.

By supporting this fundraiser for The Zechariah Boodey Farmstead

Committee's 2019 Italian dinner all proceeds will be applied to the next phase of the Zechariah Boodey Farmstead project.

The mission of the committee is to preserve and reconstruct the Zechariah Boodey Farmstead, to interpret this historical property and its artifacts, increase public awareness, and an appreciation of New Durham's heritage. This building will provide, to a larger variety of people, a location for educational, social and civic events.

The committee is looking forward to sharing the progress

achieved to date for this project. Please call Catherine Orlowicz for more

information about the project or dinner, at 859-4643.

Legion hosting Halloween party Oct. 27

ALTON — On Sunday, Oct. 27, from 1 to 4 p.m., the American Legion Post 72 in Alton will be hosting their annual children's Halloween party. There will be treats, games etc. It is free but they ask that if you can afford it to make a donation to the food pantry, there will be a box at the entrance to the hall. Donations are optional. Bring your little ones and have a ghoulish time.

Bat program at Gilman Library on Oct. 24

ALTON — Please join in at the Gilman Library for an afternoon with Jerry Schneider's bat program. This event is scheduled for Oct. 24 at 3:30 p.m., on the lower level, in the Agnes Thompson Meeting Room.

Schneider, the creator of the award-winning Butterfly Game, presented the butterfly program at the Gilman

Library three years ago. He has offered nature programs in schools and libraries for the past 12 years, throughout the Northeast, the Midwest and the Atlantic Seaboard. The Butterfly Game received a National Parenting Publications Award in 2004.

Schneider has brought the wonderful world of bats to audiences since 2003, using the

wonderful slide photographs by Merlin D. Tuttle, former president of Bat Conservation International. This program features the echolocation calls of bats.

What is echolocation? How loud is it? Why can't people hear bats when they are echo-locating? The bat program introduces audiences to local and tropical bats, the Vampire Bat, and many more of the only flying mammals. Via slides and taped bat calls, audiences move beyond old stereotypes, to understand the vital roles of bats in the environment.

Attendees will see slide photos of the Big Brown Bat, the Silver-Haired Bat, and the Desert Red Bat. Eyes will light up at such phenomenal creatures as Townsend's Big-Eared Bat and the Pallid Bat. A t-shirt craft will follow the slide show. Children may purchase a heavy white tee shirt for \$4 or bring their own.

Schneider is a former teacher and children's librarian. He has two grown children and lives with his wife and dog, Zoe, in the Northeast Kingdom of Vermont.

Locke Lake board meeting is Oct. 17

BARNSTEAD — The next Locke Lake Colony Association public board of directors meeting will be held on Thursday, Oct. 17, at 6:30 p.m. at the lodge. These meetings are open to LLCA members only.



COURTESY PHOTOS



Students honored

On Oct. 2, eight new members were inducted into the Alton Central School's chapter of the National Junior Honor Society. Students are selected based on their demonstration of five characteristics: Scholarship, Leadership, Service, Character and Citizenship. These deserving students will be joining six existing members. Over the course of the year, ACS's NJHS will design and complete projects that will benefit different organizations such as the ALS Foundation, the American Red Cross, the Humane Society, and veterans, as well as local disadvantaged families.

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Setting limits

Our policy on letters to the editor has been a 550-word limit for a number of years, but we also don't discard letters that are 555 words because they are over the limit. Often times, we run letters that are between 550 and 600 words without a problem.

When it comes to letters that start running more than 600, or 1,000 or in some cases, more than 1,500 words, we try to allow space for them in our "Community Corner" section. When we began at this paper, the idea of the Community Corner was to allow people a chance to express their views in a bit longer format. We still believe that this is a viable option and we support the right of our readers to send in those pieces and we will continue to publish them.

However, we do have some guidelines when it comes to Community Corner pieces. First and foremost, during most weeks, we will not have room to run more than one Community Corner piece each week and they will run on a first-come, first-serve basis.

But please know, if you plan on sending in a piece that is over the 550-word limit for letters, it is possible that the piece may not run right away. Community Corner pieces are often the first things cut when we start running out of space. We will hold the pieces until there is space to include them.

There's one simple way to make sure that your opinion piece makes it into the paper and that is to keep it less than or around 550 words. We do everything in our power to get every single letter that meets the criteria into the paper each week and that will not change. But we can never guarantee that Community Corner pieces over the word limit will run in any certain edition of our paper. But again, we will do our best.

Again, we will certainly do our best to make sure that all opinions get heard, but our word limit will remain intact. And we will be limiting Community Corner submissions to just one per week.

As always, we will always respond to all requests for publication. If you send an e-mail to baysider@salmonpress.news with your letter (or press release or any other submission) we will respond that we have received it. If you don't hear from us within a day or so, it's always best to check in with us via telephone to assure that we have received your submission. And a reminder to all readers out there, all submissions are due by 4 p.m. on Monday afternoon for that Thursday's paper.

Thanks for your help in continuing to make this paper successful.



COURTESY PHOTO

Award winners

Alton Central School is happy to announce that (l to r), Melissa Cain, Tonya Lambert, Jackie Leathers and Matthew Dumond were recently honored with the "Mountain Mover Award" at Alton Central School. The "Mountain Mover Awards" are chosen each month and are voted on by fellow staff members. Leathers teaches Title One Reading. Dumond is a member of the IT department, a coach and also teaches the "ACS Productions" elective. Lambert teaches both seventh and eighth grade ELA and Cain teaches third grade. The theme for this month was "An ACS staff member who is "thinking outside of the box" to improve and promote student engagement." The ACS Mountain Mover Awards are aligned with the school's Strategic Plan.

Letters to the Editor

Time to end the nightmare

To the Editor:

As a veteran who served in the U.S Army on the DMZ in Korea, I am sick and tired of Donald Trump. We defended our country against tyrants and evil dictators. Trump cozies up to them. For what? To get votes for himself, or make Trump Enterprises richer. Trump was almost holding hands with Russia's Putin at Helsinki. Before that interview, Trump lied (again) by saying he didn't know

anyone in Russia. But he was reportedly building an expensive penthouse for Putin in a Moscow Trump Tower. Putin has dispatched insurgents and military to the tiny country of Ukraine so Russia can claim it. Our Congress voted millions in military aid so Ukrainians could defend themselves against the Russians. But Trump himself has bragged about withholding funds until Ukrainian leaders dig up "dirt" on Trump's

political opponents. The King of Saudi Arabia is known to have invested huge sums of money in Trump family enterprises. Trump refused to investigate the gruesome killing of a Saudi journalist who opposed his tyrannical government. And what about North Korea? Our president says its leader, Kim Jong-un is a "nice guy." Do nice guys imprison entire families because one member speaks out against the

dictator? Why, why do Republicans support Trump? Isn't it immoral to put children in cages so they will be traumatized for life? And isn't it wrong to infer that there be violence against his opponents? The man lies whenever he opens his mouth. Trump is destroying the earth's environment for our children and grandchildren. Isn't it time to end this American nightmare?

JOHN GOYETTE
NEW DURHAM

Alton Historical potluck and meeting Oct. 15

ALTON — The Alton Historical Society will be holding its annual potluck supper and meeting on Oct. 15 at 6:30 p.m. This will be held in the Agnes Thompson Room of the Gilman Library on Main Street in Alton. Following the supper, there will be a short meeting and the election of officers. Members and non-members are invited to attend. Bring your favorite casserole, salad or dessert along with serving utensils. Also, in most households you have some item tucked away in the attic or closet that is too good to throw away, but you don't know what it is. Bring it with you to the meeting. Maybe someone will be able to identify it, or even better, it will bring a lot of laughs.

Senior lunch in New Durham Oct. 19

NEW DURHAM — The first fall senior citizen lunch will be held in the New Durham Fire Station Community Room on Saturday, Oct. 19, at noon. Please mark your calendars. Ham dinner and dessert will be served. Coffee, tea and water will be available. This free meal is for those age 60 and over who live in New Durham and will happen once monthly during the colder months (future lunches will be Saturdays, Nov. 23, Jan. 18, Feb. 15 and March 21). Donations will be accepted but are not expected. Please get your friends and family together to come enjoy a meal together. Please RSVP to New Durham Town Clerk Stephanie MacKenzie at 859-2091 ext. 1, so they know how much food to prepare. They are looking forward to seeing you on Saturday, Oct. 19.

FBLA, robotics team hosting mattress fundraiser Saturday

ALTON — If you or someone you know is looking to replace a bed in your home, now is the time. Prospect Mountain High School FBLA and robotics team Bob 319 are excited to announce they will be hosting a one-day mattress fundraiser on Saturday, Oct. 12, from 10 a.m. to 4 p.m. For one day only, Prospect Mountain High School will be transformed into a mattress showroom. For information about the sale, go to bit.ly/beds4prospectmountain19.

There will be 25 different mattress styles on display in all sizes in styles for customers to try, priced below retail. Adjustable power bases, premium pillows, bed frames and mattress protectors will be available as well. Brands like Simmons Beautyrest, come with full factory warranties, are made to order, and will be available two to three weeks after the fundraiser. Delivery is available. Best of all, the FBLA and Bob 319 benefit from every purchase.

The company, Custom Fundraising Solutions (CFS) first introduced the mattress fundraiser to the Cleveland, Ohio market in 2005. The company now has more than 100 locations and works with more than 2,000 schools nationwide. The unique business model helps schools raise thousands of dollars in just one day, and to date, the company has given back more than \$40 million.



Living like a king (and queen)

Veteran Village Players actors tackling unusual roles in Once Upon a Mattress

WOLFEBORO — Phoebe VanScoy-Giessler and Bob Tuttle are familiar faces on the Village Players stage. But when people see them in the upcoming performance of *Once Upon a Mattress*, it will be in roles that are quite different from what they normally see.

VanScoy-Giessler plays Queen Aggravain and Tuttle plays King Sextimus the Silent in the hilarious retelling of the famous *The Princess and the Pea* fairy tale.

For VanScoy-Giessler, the role of Aggravain is a major departure from the norm. Roles like the Cat in the Hat have been her bread and butter, but Aggravain is the show's villain.

"Playing the villain - especially in such a silly comedy - is great," she said. "There's definitely a major anger/outrage-valve that I can release with Aggravain, which is a hoot because it's very much not my natural personality."

"Though don't ask my kids - they may think it's exactly me," she added.

The veteran actress is finding motivation in as many places as she can as she prepares to play Aggravain.

"I think everyone can think of times when there's stuff to get done and the people around them are - or seem - incompetent to do it. Moms especially feel the 'fine, I'll do it myself' experience," she said. "The Queen takes this often reasonable emotion and experiences it times 1,000. Adding to that, she's super frustrated that even though she realizes she should be happy, what with all the wealth and power



COURTESY PHOTO

PHOEBE VANSKOY-GIESSLER and Bob Tuttle play the queen and king in *Once Upon a Mattress*, opening Nov. 1 at The Village Players Theater in Wolfeboro.

she holds, she's simply miserable."

For Tuttle, the character is a major departure from his usual roles because he is mute for most of the show, forced to speak through his actions, not his words.

"Two things about this part. First, I've got to really listen for my cue to begin pantomiming. Second, I've got to make the miming as clear as possible so that it corresponds with the conversation and be short because I tend to keep going," Tuttle said. "I have to keep my mouth

shut through the whole show. That's probably the toughest thing. It's been a great opportunity to be able to be flamboyant without words just using actions and reactions to say and show what I need to. In some ways, not a big stretch for me."

Given the king's lecherous ways, VanScoy-Giessler thinks audiences may be a little sympathetic to her character at the start, but

probably not the whole show.

"Her husband is the kingdom's favorite but honestly, no one would want to be married to him," she said. "Given his lecherous ways, I think 2019 audiences will be slightly more sympathetic to her than the audiences from the show's creation in the late '50s. But if I do the role justice, they'll glance at a moment of empathy for Aggravain and head

right on over to loving to hate her."

With her disdain for her husband, Aggravain feels especially connected to her son, Dauntless (played by Village Players newcomer Max Gehring). VanScoy-Giessler admits that it is a strange relationship.

"There's no doubt it's, what's the professional term for it? Yes, it's icky," she said. "Her disdain for her husband is very strong and the only person who she really feels connected to is her son. The idea of him finding a life outside of her is truly terrifying because what will she be left with?"

"Through her parenting, she has molded herself the very type of man she would like to be married to - but of course, she forgot that she was really molding him for someone else. I'm sure on some level lots of parents feel a bit of this, but the comedy comes from The Queen feeling this in a twisted, extreme way," VanScoy-Giessler

added.

Tuttle sees the relationship between the mother and son in much of the same way.

"I have sympathy for the little prince. He's being held down by his over-bearing mother who never wants him to be married or happy for that matter as long as he stays with her," he said. "Possibly a substitute for the fact that her husband the king wants nothing to do with her."

Whatever the case may be, the show is sure to bring more than its fair share of laughs and fun from the king and queen and the entire cast.

Once Upon a Mattress will be on the Village Players stage on Nov. 1, 2, 3, 8, 9 and 10, with 7:30 p.m. shows on Friday and Saturday nights and 2 p.m. shows on Sundays. Tickets are available at Black's Paper and Gifts in Wolfeboro or online at village-players.com.

Once Upon a Mattress is sponsored by Richard J. Neal, DMD.

Cookie decorating class has a few openings

NEW DURHAM — A few spots are still available for the cookie decorating class at the New Durham Public Library. All decorating equipment and materials for Halloween cookies are supplied. Participants will receive two cookies each, and are welcome to bring in additional cookies to gain more practice.

Open to adults, teenagers and parents with up to two accompanying school-aged children, registration for the free event closes tomorrow at 5 p.m.

Call the library at 859-2201 for more information or to register.

Gilman Library open house is Oct. 25

ALTON — The Friends of the Gilman Library will be hosting an open house on Friday, Oct. 25, from 10 a.m. to 4 p.m. to celebrate National Friends of the Library Week.

There will be homemade cookies and cider served all day. Books, DVDs and seasonal décor are available to buy at the Friends Corner. You may also join the friends or renew your dues at this time.

This day will be the last day for the fall raffle. Tickets are available for your choice of three prizes: A beautiful fall crocheted afghan for those cooler days ahead, a colorful sewn quilted Halloween banner, or a festive handmade pumpkin.

Come spend some time and see all that the Gilman Library has to offer.



ALTON POLICE LOG



ALTON — The Alton Police Department responded to 128 calls for service during the week of Sept. 29-Oct. 5, including three arrests.

One female subject was arrested for criminal trespass and agricultural vandalism.

Two subjects were arrested for criminal trespass. There was one motor vehicle accident.

There were five suspicious person/activity reports on Prospect Mountain Road, School Street, Homestead Place, Letter S Road and Stockbridge Corner Road.

Police made 38 motor vehicle stops and handled eight motor vehicle complaint-incidents.

There were 76 other calls for services that consisted of the following: Three assist fire department, four fraudulent actions, two employment fingerprinting, three assist other agencies, one public indecency, one child exploited/pornography, two pistol permit applications, three animal complaints, six juvenile incidents, five general assistance, one miscellaneous, one drug offense, eight alarm activations, three lost/found property, one highway/roadway hazard, one general information, five vehicle ID checks, two harassment, one littering/trash disposal, one civil standby, two civil matters, two community programs, one dispute, one disabled motor vehicle, nine directed patrols, one motor vehicle lockout, four medical assists and two property checks.



Alton Town Clerk/ Tax Collectors Office Closed

The Alton Town Clerk/Tax Collectors office will be closed on Thursday, October 17, 2019 to attend the Tax Collector's Annual Conference.



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Alton sets trick or treat hours

ALTON — The town of Alton trick or treat hours are Thursday, Oct. 31, from 5 to 7 p.m.

Adult volleyball pick-up games - ages 18+

The Alton Parks and Recreation Department is sponsoring an adult volleyball pick up program on Thursdays at the Alton Central School Gym from 7 to 10 p.m. featuring intermediate, recreational play. Drop in anytime for this free program. All abilities are welcome to play. Please use the following link to sign up: <https://www.signupgenius.com/go/10C0F45A-FAA2AA5FB6-alton>. For more information, contact the Alton Parks and Recreation Department at 875-0109 or parksrec@alton.nh.gov.

ist and painter Thomas Hitchcock. Choose from a three-week, Monday and Wednesday class Oct. 14-Oct. 30 from 3:30 to 5:30 p.m. or a Tuesday and Thursday class, Oct. 15-Oct. 31 from 6 to 8 p.m. Program includes six classes and a 17-page drawing instruction book. Topics covered include perspective, composition, drawing forms and shapes, pencil techniques, drawing effects and more. Registration forms are available online at www.alton.nh.gov. Register early as space is limited to 10 participants per class. Registration ends Oct. 11.

Spectacular Scarecrow Spree

Join community members as they create scarecrows around the town of Alton from Oct. 11 to Nov. 1. Scarecrows can be big, small, active or resting. Take a picture of your scarecrow, and share it with Alton Parks and Recreation to publish on the Parks and Recreation Department Facebook page. Send pic-

tures to parksrec-asst@alton.nh.gov. Enjoy the Spectacular Scarecrow Spree and look for pop up scarecrows around the town.

Line dancing lessons

Line dancing is held at the Alton Bay Community Center on Thursdays from 1:30 to 3 p.m. through Nov. 14. Adults of all ages and abilities are welcome. Register on site.

Little Pesaukees Playgroup

The Alton Parks and Recreation Department is sponsoring a drop-in playgroup for 0-5 years old at the Alton Bay Community Center on Tuesdays and Thursdays from 9 to 11 a.m. The program is free, and follows the ACS calendar year. Please bring a peanut-free snack for your child. For more information, contact parksrec@alton.nh.gov.

Boston theatre and shopping trip

Saturday, Dec. 21, leaving at 8:30 a.m. and

returning at 9:15 p.m. Travel by motor coach from the Tioga Pavilion parking lot, 18 Mill Street in Belmont to the Prudential Center, Theatre District, and Faneuil Hall in Boston. Cost includes transportation and admission to your choice of a show: Irving Berlin's White Christmas or Anthony William's Urban Nutcracker. Space is limited. Trip is sponsored by Belmont Parks and Recreation. Alton, New Durham and Barnstead residents are welcome to join the fun. Contact Belmont Parks and Rec-

reation at 267-1865 or www.belmontnh.org for more information and to sign up.

Exercise classes

Intermediate Yoga with Sheila Marston meets Wednesdays, 7-8 p.m. at the Alton Bay Community Center.

Zumba classes with Sherry Meyer are Mondays and Wednesdays at the Alton Bay Community Center from 8 to 9 a.m.

2019 Fall newsletter available

The Alton Parks and Recreation Department's Fall Newsletter

is now available online at www.alton.nh.gov, and at the Parks and Recreation office located at 328 Main St. Programs include: Hike to Pine Mountain, exercise classes, adult indoor sports, instant pot cooking class, Scarecrow Spree, drawing class, Little Pesaukees Playgroup, Pre-K Picassos, board games night, special events and more. Revs United is sponsoring youth basketball for grades 1-6. For more information and to sign up by Nov. 8, go to www.revsunited.com.

Choose Love Movement presentation at PMHS Nov. 6

ALTON — The Jesse Lewis Choose Love Movement is a social and emotional learning program that teaches educators and their students how to choose love in any circumstance and helps them become connected, resilient and empowered individuals.

Come join Scarlett Lewis, the mom of Jesse Lewis, who was killed in his first grade classroom at Sandy Hook Elementary School in Newtown, Conn. in December 2012.

Using her son's example of courage, Scarlett Lewis decided to become part of the solution to the violence today and started a worldwide movement to choose love. She started the Jesse Lewis Choose Love Movement to foster the understanding that with the right tools, people can educate

and encourage individuals to choose loving thoughts over angry thoughts.

Scarlett Lewis will be at Prospect Mountain High School's auditorium on Nov. 6 with pizza and drinks provided by

End 68 Hours of Hunger of Barnstead at 6 p.m. and the presentation starting at 6:30 p.m.

For more information, visit jesselewis-chooselove.org.

Barnstead Legion open house is Oct. 19

BARNSTEAD — The Earl B. Clark American Legion Post 42 and Auxiliary Unit 42 invite all military veterans and their families who reside in Barnstead to an open house on Saturday, Oct. 19, from 2 to 5 p.m., rain or shine. Veterans and their family will be treated free of charge to a pig roast barbecue with all the fixings. President Trump recently signed into law that all veterans who served a minimum

of one day on active duty on or after Dec. 7, 1941 and received an Honorable Discharge are now eligible to join the American Legion. This is a great opportunity to learn more about the American Legion and meet Barnstead veterans from all branches of service who have served their country over the past 75 years.

The Earl B. Clark Post 42 is located at 1078 Beauty Hill Road and

meets the first Tuesday of every month except during the months of January and February. It is strongly encouraged that those veterans who wish to attend RSVP on or before Monday, Oct. 7, to ensure they have plenty of food on hand. To RSVP, please e-mail the post at alearl.b.clark-post42@gmail.com or call Commander Kris Furtney at 969-8408.

Local philanthropist creates unique scholarship at Brewster



COURTESY PHOTO

THE CURVEY family with Brewster Curvey Scholars and Villanova University's mascot Will D. Cat as Brewster announced a unique scholarship opportunity for Brewster students at Villanova, Jim Curvey's alma mater. The students each received a copy of Curvey's new memoir.

WOLFEBORO — On Friday, Sept. 20, Brewster Academy announced a new unique scholarship opportunity funded by longtime supporter, school trustee, and Lakes Region summer resident James Curvey. Continuing his dedication to educational opportunities for Lakes Region students, Curvey has created The James C. Curvey Endowed Scholarship Fund for Brewster Academy at Villanova University. It will financially support one Brewster student each year to attend Villanova, his alma mater, with a \$15,000 annual scholarship.

This is not Curvey's first gift to ensure local students have access to

education. In 2009, Curvey and his wife Shirley began a program that provides deserving students from Wolfeboro, Alton and other Lakes Region communities who may not otherwise be able to afford it an opportunity to study at Brewster as "Curvey Scholars." Then, earlier this year, the Curveys expanded that program with a fellowship that helps Brewster students gain valuable life experience through travel experiences.

At the announcement in Brewster's Anderson Hall on Friday, Curvey was joined by the Brewster Bobcat and Villanova's mascot, Will D. Cat, as well as representatives from the univer-

sity, Brewster Head of School Craig Gemmell, and two Brewster/Villanova alumni, Wolfeboro native Megan Rourke (Brewster Class of 2015) and Sean Cassidy (Brewster Class of 2014).

Brewster's faculty, staff and 355 students then viewed a video message from Villanova's president, The Rev. Peter M. Donohue, OSA, who thanked Curvey "on behalf of Villanova University, and the future cohort of Bobcat-Wildcats." After the video and extended applause for James Curvey, Rourke and Cassidy spoke of the similarities between their Brewster and Villanova experiences, including intimate class sizes, com-

munity service, focus on students' individual success, and championship basketball.

For more information about James Curvey and the programs he has established, visit <https://www.brewsteracademy.org/curveyscholars>.

Brewster Academy is an independent boarding and day school in Wolfeboro, serving about 350 students who come together from across the Lakes Region and all corners of the world. Learn more about Brewster's mission to "prepare diverse thinkers for lives of purpose" at www.brewsteracademy.org.

MVSB Fund grant applications due Oct. 15

MEREDITH — Local non-profits who wish to apply for the Meredith Village Savings Bank Fund grants must do so prior to Oct. 15. More information and the application can be found on the bank's web site at mvsb.com/about/community-involvement/.

Established in 1997, under the leadership of John Starrett, then President and CEO of the bank, the MVSB Fund makes grant-based contributions to non-profit organizations that enrich and improve the quality of life for residents living in the bank's service areas. Since its inception, 383 grants totaling \$1,531,248 have been awarded to a wide range of environmental, social, educational and historic projects throughout the greater Lakes Region, Plymouth and Seacoast areas of New Hampshire.

The fund has supported literacy programs, after-school programs, environmental monitoring, as well as education and restoration of historic structures, organizations that provide support for individuals and families in challenging circumstances and equipment that helps to save lives. While not focused on a particular category, fund administrators are mindful of the receiving organization and its contribution to the quality of life in the communities that are served.

Grants generally range from \$1,000 to \$15,000 and are awarded to 501(c)(3) nonprofits and public agencies based in the Lakes Region, Seacoast and greater Plymouth areas.

The fund supports projects that represent a high priority for the applicant organization and are related to its mission or development; demonstrate a clear, practical plan with objectives for services, participation and results; leverage other funding and/or voluntary support; offer evidence that project objectives will be accomplished within the grant period and demonstrate cooperation and collaboration with other organizations to provide greater community impact.

Grants are generally not awarded for the following purposes:

- Operating support or funding for ongoing or annual programs;
- Replacement of public funding, or for purposes that are a public responsibility;
- Sectarian or religious purposes;
- Deficit reduction or to support activity that has already been completed;
- Support of academic research;
- Out-of-state travel expenses for students, youth groups or by individuals for academic or professional purposes.

For more information about the Meredith Village Savings Bank Fund or to download an application, visit www.mvsb.com. Applications are also available at any MVSB office.

MVSB is a mutual savings bank that operates for the benefit of its depositors, borrowers and surrounding communities. As a result, MVSB has remained steadfast in fostering the economic health and well-being of the community since it was founded in 1869. For over 150 years, Meredith Village Savings Bank (MVSB), has been serving the people, businesses, non-profits and municipalities of Central NH. MVSB and its employees are guided by the values of accountability, mutuality, excellence, respect, integrity, teamwork and stewardship. To learn more, visit any of the local branch offices located in Alton, Ashland, Center Harbor, Gilford, Laconia, Meredith, Moultonborough, Plymouth, Portsmouth or Wolfeboro, call 800-922-6872 or visit mvsb.com.

THE REAL REPORT

RECENT REAL ESTATE TRANSACTIONS

Town	Address	Type	Price	Seller	Buyer
Alton	209 E. Side Dr.	Single-Family Residence	\$450,000	Craig Alton RT and Anne M. Quinn	Craig Deorio
Alton	Hopewell Road	N/A	\$240,000	Gary G. and Sandra L. Bahre	Frank F. Zersky
Alton	33 Juliet Lane	Single-Family Residence	\$340,000	Michael & Kim Maciak Fiscal Trust	Phillip Werner and Joan Donegan-Werner
Alton	127 Lakewood Dr.	Single-Family Residence	\$455,000	Marcie L. and Karen A. Hebert-Maccaro	Michael J. and Erin N. Bozek
Alton	85 Larry Dr.	Single-Family Residence	\$260,000	Billy Tolios and Paul Sheatler	Samuel J. Cowan and Sarah A. Hall
Alton	14 Miramichie Hill Rd.	Single-Family Residence	\$218,000	Richard A. Finethy, Jr. RET	Laura J. and Lucas C. Pasquariello
Alton	18 Mitchell Ave.	N/A	\$36,000	Richard P. and Merrilyn L. Trubiano	Susan and Stephen Thompson
Alton	Route 28	N/A	\$50,000	Van E. Hertel	Anthony and Deanna Eldridge
Alton	Sunset Shore Drive	Residential Developed Land	\$200,000	Leslie Delong	Gregory A. and Jennifer K. Findlen
Alton	N/A (Lot 86f)	N/A	\$270,000	Treskon New Hampshire RT and Jerome J. Treskon	Michael P. Sullivan
Barnstead	34 Lincoln Lane	Single-Family Residence	\$217,000	Ruth Minor	Lynn M. Kozlowski and Louella M. Kane
Barnstead	N/A (Lot 196)	N/A	\$16,000	Maria P. Gray	Paul J. Russo RET
New Durham	57 Davis Crossing Rd.	Single-Family Residence	\$291,000	Robert A. Kimball	Corey R. and Kelly M. Weir
New Durham	N/A (Lot 136)	N/A	\$540,000	Paul C. Agersea	Sharyl L. and Scott E. Stropkay

ABOUT THE REAL REPORT

Here are recent real estate transactions in Alton and the surrounding areas. These sales summaries are informational only, not a legal record. Names shown are usually the first listed in the deed. Sales might involve

additional parties or locations. Prices are usually based on tax stamps and might be inaccurate for public agency sales. Refer to actual public documents before forming opinions or relying on this information. Additional publicly recorded information on these sales, prior sales and data from Department of Revenue Administration forms is available at www.real-data.com

or 669-3822. Copyright 2011. Real Data Corp. In the column "Type": land= land only; L/B= land and building; MH= mobile home; and COND=condominium. Transactions provided by The Warren Group, Boston Ma., publishers of The Registry Review and Bankers and Tradesman newspapers, Phone: 1-800-356-8805. Website: www.thewarrengroup.com

Dartmouth-Hitchcock Health and GraniteOne Health sign formal agreement

CONCORD — Joanne M. Conroy, MD, CEO and President of Dartmouth-Hitchcock Health and Joseph Pepe, MD, CEO and President of GraniteOne Health, announced today that nine months after signing a Letter of Intent (LOI), the Boards of Trustees of Dartmouth-Hitchcock Health (D-HH) and GraniteOne Health (GOH) and their member organizations have signed a Combination Agreement to combine the two health care systems. The Most Reverend Peter Libasci, Bishop of Manchester, has also issued a nihil obstat, or declaration of no objection, allowing the Combination to proceed. These steps mark significant milestones in the approval process; the health care systems are now preparing their submissions to the New Hampshire Attorney General's Charitable Trusts Unit and Consumer Protection Bureau, as well as to the Federal Trade Commission (FTC) for review and approval.

The combined non-profit health care system, which will be called Dartmouth-Hitchcock Health Granite-

One, will build on years of existing successful community engagement and clinical collaborations, and will meet the growing demand for seamlessly-integrated primary, specialty, ambulatory, and inpatient care throughout the region. The result will be a high-quality, lower-cost, New Hampshire-based alternative to out-of-state providers.

"We are extremely proud of the diligence and exhaustive work that the Dartmouth-Hitchcock Health and GraniteOne Health teams have put into developing this comprehensive agreement," said Vincent Conti, MHA, Chair of the Dartmouth-Hitchcock Health Board of Trustees. "Our board unanimously approved this agreement because we truly believe it is a positive and transformative step for the people of New Hampshire and our respective organizations. Every one of us is anxious to begin the work to fully realize the potential of our new relationship."

"Throughout this process, we have learned so much about what makes each of our organizations important to

our communities," said Rick Botnick, Chair of the GraniteOne Health Board of Trustees. "The system we are forming honors those long-standing commitments and builds on our clinical excellence, to create opportunities for all of New Hampshire to enjoy better health."

The combined and integrated system will transform health care delivery in New Hampshire while maintaining member's local identities, traditions and community commitments, including the distinct Catholic model of health care provided by Catholic Medical Center. All organizations within the combined system will also keep their current names and local leadership.

"Our goal has been, and continues to be, to provide access to the highest-quality care for the people of New Hampshire, right here at home," said Conroy. "Combining our systems will enable us to more effectively and efficiently use the existing capacity of our two systems, expand capacity where and when necessary, and enhance existing services across all the hospitals in our systems

and in our communities, in order to meet growing patient demand, particularly in southern New Hampshire."

"I've worked in health care in New Hampshire for 30 years and have seen firsthand,

in business and in our communities, that we can achieve great things when we work together," said Pepe. "Dartmouth-Hitchcock Health GraniteOne is an example of that, a real New Hampshire-based solu-

tion to provide the best care, in the right place, at the right time."

More information and updates about this combination can be found at www.ForA-HealthierNH.org.

Wright Museum, Castle in the Clouds offer member exchange

WOLFEBORO — In October, Wright Museum and Castle in the Clouds will participate in a member exchange program until Oct. 27.

Museum members must show their member card and a photograph ID to gain free entry to one another's respective establishments.

The partnership is part of Wright Museum's Business Partner program, which features one partnership each month in which the museum works with local businesses to enhance their respective offerings and promote one another.

In September, Wright Museum's business partner was Grey Shingles Camps, which spon-

sored WWII newsreel showings in the museum's theater every Wednesday in September from 12 to 1 p.m.

Located in Moultonborough, Castle in the Clouds includes the historic Lucknow mansion and surrounding grounds. For Castle in the Clouds Executive Director Charles Clark, a partnership between two historical attractions within the NH Heritage Museum Heritage Trail is exciting.

"It's always great when two non-profits can come together to provide more opportunities for their members," he said. "We really admire the work of the Wright Museum and are excited to offer our members an opportunity to check out

their exhibits."

The region's leading resource for educators and learners of all ages on World War II, Wright Museum features more than 14,000 items in its collection that are representative of both the homefront and battlefield.

"We are thrilled to work with Castle in the Clouds," said Wright Museum Executive Director Mike Culver. "This should boost our visitation numbers for both museums in October."

To learn more about the Business Partner program, contact Stephanie Buell at 569-1212, or visit wrightmuseum.org.

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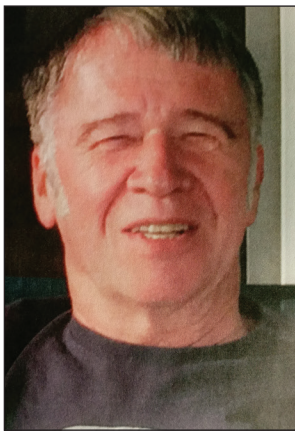
Paul E. Blackwood, Jr.
Pastor/draftsman

ALTON — Paul E. Blackwood, Jr., passed away at his residence on Sept. 13. He was 78 years old. Although born in Ballston Spa, N.Y., son of Paul E. Blackwood Sr., and Ruth (Beagle) Blackwood, he had been a New Englander for over 50 years. He is survived by his wife of 55 years Joan (Mitchell) Blackwood as well as their three sons, Paul D. Blackwood and wife, Mary Jo of Tyngsboro Mass., Thomas S. Blackwood and wife Kayo, of Japan and Weymouth Mass. and Timothy A. Blackwood of Mariaville, Maine. He also is survived by six loved grandchildren and one great grandchild.

He was fortunate in life, to follow his two career loves, that of drafting and the ministry. Even while studying for the pastorate, he completed a drafting course on the side.

Ordained by The Christian and Missionary alliance, he and his wife first worked with the congregations of Otisfield and Webbs Mills, Maine. Later he took a church in Manchester.

After many years, he left the pastorate and



moved to Weare to pursue a drafting career. He loved that work also and retired as an Engineering Technician with the New Hampshire DOT in Highway Design. In retirement he moved to Alton.

Although most of his career work was in drafting he never stopped being a pastor. He helped organize many prayer groups, prayed constantly for people and always had a smile with a word of encouragement. He was well known in the churches he attended because his “Praise God” could be heard throughout the congregation if he agreed with the pastor’s message.

Paul loved many things. He loved the Patriots, the Celtics and the Red Sox. He loved hunting and fishing and

getting together with fellow sportsmen to talk about the “one that got away.” They didn’t all get away as a deer head hung in the study as well as a large bass and a turkey feather fan tail.

He was always so grateful for the friends he made in each community he lived in some of whom became friends for life. He prayed for them just before he died.

He had two favorite songs: “Going to the Chapel” and “Oh how I love Jesus.” “Going to the Chapel” came out in 1964, the year he married his wife. He often sang it to her to remind her of their love for one another. He was a romantic at heart. The other song became his theme song throughout life as he was so thankful for what Jesus did for him.

A celebration of his life will be held on Oct. 19 at 11 a.m. at The Community Church of Alton, 20 Church St. in Alton. Flowers would be lovely but they don’t last and knowing him, he would not want you to spend the money. He would want you to pray for one another ask God to draw you closer to Himself.

Lew Walter Markow
Active with Knights of Columbus



also survived by his four children, Denise, Jeff, Greg and Maria, their spouses, six grandchildren and one brother.

Lew was a loving and sometimes mischievous husband. He was a proud father who always put his family first – giving of his time to ensure the success of his children. He excelled at playing bridge and attempted golf.

A private family memorial service will be held to celebrate his life. In lieu of sending flowers, please consider making a donation in support of the Alzheimer’s Association.

production foundries. In retirement, he was active within his community with the Knights of Columbus local chapter.

He is survived by his wife of 64 years, Geraldine – the love of his life and best friend. Lew is

Steven L. Munn
Off for his final ride



Corey and Jacob; two step-granddaughters, Janna and Hayley; his brothers and sisters, nieces nephews and his very spoiled dog, Nina. Abiding by his wishes there will be no services but a celebration of life will be held at a later date.

REGION — On Friday Sept 27, Steven L. Munn (Beave) left for his final ride to join his friends who rode before him.

He leaves behind his wife, Deborah; two daughters, Nichole and Jodi; and a step-son Russell; two grandsons Brian and Richard; two step-grandsons

Nancy Elizabeth Rhoades
Dedicated homemaker and mom



leader and president of a Women’s Aglow Fellowship.

She was predeceased (1996) by her husband Earl and her sister Carolyn Merriam and brother Robert Hamond. Surviving are her three children, David Rhoades of Hendersonville, N.C., Peter Rhoades of Madbury and Barbara Rhoades of Duxbury, Vt. and step son Earl J Rhoades Jr. of Asheville, N.C. Nine grandchildren and seven great grandchildren too.

A celebration of Nancy’s life will be held at the family cottage at 10 Bennett Road, New Durham, on Sunday Oct. 27, from 1 to 4 p.m.

Her hospice care was from Cornerstone VNA and was excellent. In lieu of flowers, please consider a donation to them at www.cornerstonevna.org.

RYE — Nancy Elizabeth Rhoades died on Thursday, Sept. 26, at Webster at Rye Assisted Living. Nancy was born on Feb. 9, 1926 in Marblehead, Mass. She was the daughter of Walter and Elizabeth Hamond.

She graduated from Marblehead High School in 1944 and Salem Hospital School of Nursing in 1947. She worked at the Bronx Veterans Hospital in New York until 1951. She was married to Earl J. Rhoades MD and then moved to Connecticut and raised her family in New Haven and then Woodbridge, Conn. After the kids moved out, she and her husband moved to Orange, Conn. and then to New Durham to be closer to one of her sons.

For the last 15 years of her life she moved into Webster at Rye Senior Independent living and the assisted living

at the same facility. She quickly realized it was a good move for her later in life as she found good friends there in the residents and all the employees. It was the intimate friendly atmosphere that she needed and that proved even more wonderful at the end of her life.

She was a dedicated homemaker and mom and enjoyed very active involvement in church. This involved being a Boy Scout and Girl Scout

Leonard F. Martin
Former Kingswood culinary teacher



WOLFEBORO — Mr. Leonard F. Martin, age 73, of Wolfeboro passed away peacefully at Frisbie Memorial Hospital in Rochester on Oct. 3. Leonard was born in Peterborough but was raised on a dairy farm owned by his family in Hillsborough. Leonard, also known as Chef Len, began his culinary training at the Culinary Institute of America. After a long career as an executive chef for hotels and restaurants, he decided to share his passion for cooking by becoming a teacher. Leonard went back to school and received his teaching credentials at UNH. He was the culinary arts teacher at the Lakes Region Technology Center at Kingswood Regional High School for 21 years. Upon his retirement,

he continued to mentor students and share his love for hospitality by working with the New Hampshire Lodging and Restaurant Association and volunteering with the American Culinary Federation, White Mountain Chapter. Leonard will be remembered for his commitment to his beloved church community at the First Congregational Church of Ossipee, as a skilled educator who

cared about his students, a selfless volunteer and as a devoted friend, father and grandfather.

Leonard is survived by his three daughters, Amy L. Harting of Shapleigh, Maine, Kate L. and her husband Chris Kinville and their children Curtis, Carter, Caleb and Calvin all of Brookfield, Carrie B. Duran and her children: Isabella, Mari-sole and Katie of Wolfeboro; one brother, Jack and his wife Jackie Martin of Henniker; cousins, nieces and nephews. Predeceased by: his father and mother, Henry G. Martin and Stella A. (Reed) Willgeroth, son in law, Bruce E. Harting, his grandson, Jacob E. Harting, two brothers, Carl and Richard.


A celebration of life will be on Friday evening Oct. 11, at 6 p.m. at the First Congregational Church Of Ossipee 50 Route 16B Center Ossipee, with pastor Dan Mitchum and associate pastor Marc Swenson officiating. Reception to follow downstairs in the church. In lieu of flowers, contributions can be made to the Leonard F. Martin Scholarship Fund at the Lakes Region Technology Center 384 South Main St., Wolfeboro, NH 03894. For online condolences, please visit www.peasleeffuneralhome.com. Cremation care by Peaslee Funeral Home.

ClearChoiceMD offers
free flu shots in October

ALTON — The autumn season is synonymous with many things, such as cooler nights, turning back the clocks and pumpkin spice. Last, but certainly not least, autumn means the flu season is quickly approaching. Be prepared this season by getting your flu shot. ClearChoiceMD Urgent Care, located at 24 Homestead Place in Alton and 96 Daniel Webster Highway in Belmont, will be offering flu shots at no cost to the patient throughout the entire month of October.

It’s important to get your flu vaccination before winter begins so your body has enough time to develop the antibodies that protect against influenza. Receiving the flu shot not only helps you protect yourself, but it also prevents the flu from spreading throughout the community. ClearChoiceMD wants the community to know that they are a resource for them at any time, especially during flu season.

The No Cost Flu Shot Month allows all patients to get vaccinated, regardless of insurance coverage. Vaccinations are available for ages four years and older, while supplies last. No appointments are needed, just walk in from 8 a.m. to 8 p.m. Patients are asked to bring a photo ID and insurance card (if available). For those with healthcare insurance, the urgent care center will bill the carrier and cover any remaining out of pocket cost. For those without insurance, ClearChoiceMD will cover the cost.



How to Submit Obituaries & Announcements To Salmon Press Publications

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Obituaries can be sent to: obituaries@salmonpress.com

Wedding, engagement, and anniversary announcements are welcome at: weddings@salmonpress.com

Photos are also welcome, but must be submitted in jpeg format.

Please contact Executive Editor

Brendan Berube at (603) 279-4516, ext. 101

with any questions regarding the submission process.



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MARK ON THE MARKETS

Hidden fees



BY MARK PATTERSON
Contributing Writer

Hidden fees refer to fees that your broker or advisor's firm may be charging you without you and maybe even sometimes your advisor's knowledge.

Typically, when a new or prospective client and I meet, we talk about objectives, their needs and purpose for their investable assets and financial future. Then, we

will do a forensic analysis of their current investment portfolio. The hidden gems that I find are usually in the client's current advisor's disclosure documents that I simply pull off the Internet. In other words, the documents are available to anybody who cares to look. The first thing I look for in those disclosure documents is something called "revenue-sharing," but have also seen it referred to as partnership programs.

This is where the broker dealer sells shelf space, or promotes certain mutual fund company funds for a fee that ultimately the client pays for.

As a registered investment advisor, I am held to fiduciary obligation when working with my clients. I have stated in

the past that you should ask your current advisor if they are working for you as a fiduciary as opposed to working for their firm. If they say yes that they are working for you as a fiduciary, ask for it in writing. I have talked to financial advisors who believe that the list of funds that they can choose from is just a list of good funds, not knowing their firm was limiting them to funds where the firm makes additional revenue from their "partners." Your current advisor may not be disingenuous about revenue-sharing, but just may not be aware that their firm engages in it.

So, you may say," it's not a lot of money, they need to make money as well." The point being, the brokerage firm or ad-

visory that is collecting these revenue-sharing fees are not, in my opinion, doing what's best for the client, which is the essence of fiduciary. So, you may be placed into funds where your overall expense ratio is .80 basis points, when in fact a low-cost exchange traded fund at .04 basis points would have been a better choice for you as the client, but not the advisory firm or brokerage. So, you're paying for the asset managers or fund managers services, and that you may be paying a "relationship fee" to the advisor that often is over one percent of the value of the assets called their management fee. But they are not managing the assets, they are only managing the relationship with you.

Recently I have run

across accounts held with other advisors that charge a planning fee, management fee and the "advisor" collects 12b1 fees from the expensive funds that are used in the accounts. That is a model not in the client's best interest. The other issue that I have is that the clients were not aware of these fees and really don't know where to look in the advisor's disclosure docs, and not explained in detail by the advisor.

Fees do not matter as much to the client when the markets are doing well as they have been. It is often not till the markets go flat or negative when the fees become a point of contention between the advisor, the firm and the client.

When I reveal the fees that the client is paying,

all-in, to their current advisor, it is usually an eye-opening number for the client.

Possibly a more surprising situation for the client involves the potential risk to their portfolio from what they were told was a conservative portfolio mix. Market, interest rate and credit risk along with sequence of returns risk can pose a major threat to your financial future. If you want to learn more about these risks, contact my office.

Mark Patterson is an advisor with MHP Asset Management and can be reached at 447-1979 or Mark@MHP-asset.com

Church fair is Nov. 2 in Barnstead

BARNSTEAD — The annual Old Fashioned Church Fair will be held on Saturday, Nov. 2, from 9 a.m. to 2 p.m. at the Congregational Church of North Barnstead at 504 North Barnstead Road, Center Barnstead.

The fair features a cafe, silent auction, handmade items from Ghana, Africa, decor, collectibles, Christmas items, jewelry, baked goods and a raffle. It is an ideal place to start or complete your Christmas shopping. Please save the date and join in.



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PET OF THE WEEK TZARINA (AKA FIONA)

This sweet girl was originally brought to the NHHS from the New Hampton hoarding case back in 2018 with the name Tzarina. She was adopted, and spent nearly a year at a home, and with the name Fiona. She was returned a few months ago due to no fault of her own, it just wasn't the right fit. She knows sit, down, stay and paw. She is so smart and ready to put her knowledge to the test! This sweetheart can be a lot of fun for an active family with teens or older, and potentially another doggy friend, but no cats. Come meet Tzarina/Fiona, the dog with two names, today!



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BARNSTEAD
(continued from Page A1)

Day Committee. The stage also hosted periodic awards ceremonies for the winners of the day, as well as one #BarnsteadLoves2019 Community Award bestowed upon nine-year-old Lennon Anderson. Lennon took to the stage to accept his trophy and recognition, surrounded by friends, family, and community.

While a fierce corn hole tournament waged in the far field, and small children huddled around a petting zoo erected by the local 4-H club, Prospect Mountain High School students showcased the famed Big Bad BOB robot in the parking lot of Barnstead Elementary School. Positioned opposite from the antique car show, the students showed off their engineering marvel amidst the old-timey games. The spectacle created a keen juxtaposition between the tradi-

tions of yester-year, and the growing and evolving communities of the Lakes Region. In a prepared statement, the Barnstead Old Home Day Committee (BOHDC) thanked all involved for a fun-filled day. “The BOHD Committee would like to thank all the vendors, residents and volunteers for their support in helping the committee hold a successful event.”

The event came after months of dedication and hard work by the BOHDC. The organization is already looking towards 2020, and welcome any residents of Barnstead of neighboring towns to join them in planning the next big celebration. For more information, please visit www.BarnsteadOldHomeDay.com or facebook.com/BarnsteadOldHomeDay. You may also email the BOHDC at BarnsteadOHD@gmail.com.



CARS lined up for the antique car show.

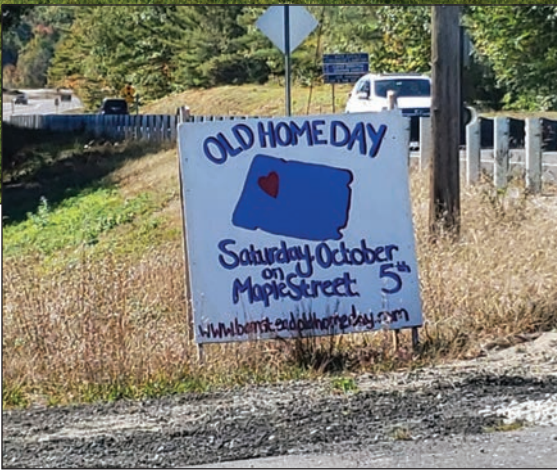


ADULTS compete during the Barnstead Old Home Day corn hole tournament.



ABOVE: CHILDREN practice their golf swings at the Kid Zone Mini Golf.

AT RIGHT: BARNSTEAD Old Home Day sign at the corner of Route 28 and Maple St.



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A PETTING ZOO facilitated by local 4-H Club was part of Barnstead's Old Home Day.

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Think Pink

Join these local businesses in supporting breast cancer awareness this October!

Exploring the different types of breast cancer.

Breast cancer is a universal term to describe several different cancers that form in and around the breasts. Breast cancer types are generally categorized based on where the illness begins, most often in the ducts or lobules, the parts of the female anatomy responsible for producing breast milk. About 226,870 new cases of invasive breast cancer in American women will be diagnosed in 2012, while more than 22,000 Canadian women will be diagnosed with breast

cancer over that same time period. The National Breast Cancer Foundation lists seven different types of breast cancer. Here's a look at them.

- Ductal carcinoma in-situ (DCIS): This is an early form of breast cancer that refers to the presence of abnormal cells inside a milk duct in the breast. This type of cancer is generally found during mammograms and is considered non-invasive. This means it

hasn't spread yet. This makes treatment for DCIS easier than for other forms of breast cancer.

- Infiltrating ductal carcinoma (IDC): Also known as invasive ductal carcinoma, this is the most common type of breast cancer. According to BreastCancer.org, roughly 80 percent of all breast cancer cases are IDC. This cancer starts in the ducts, but "infiltrating" means that it spreads to the surrounding breast tissue. Over time, IDC can spread to the lymph nodes and possibly to other areas of the body.
- Medullary carcinoma: This is a less common form of breast cancer.

It is a type of IDC, but it gets its name from the color of the tumors, which are close to the color of brain tissue, or medulla. Medullary carcinoma is quite visible during mammograms because the cancer cells are large and form a barrier between healthy tissue and tumors.

- Infiltrating lobular carcinoma (ILC): The American Cancer Society says that 1 in 10 women will be diagnosed with ILC, which originates in the milk-producing glands of the breast. In ILC, abnormal cells inside the lobule begin to divide and break through the wall of the lobule to invade the

surrounding connecting tissues.

- Tubular carcinoma: This is a common cancer for women ages 50 and older. When viewed under the microscope, tubular carcinoma cells have a distinctive tubular structure. There is a 95 percent survival rate for tubular carcinoma.
- Mucinous carcinoma (Colloid): This is a rare condition in which the breast cancer cells within the breast produce mucus. The mucus and the cancer cells join together to form a jelly-like tumor. The tumors may feel like bumpy water balloons, but some are too small to detect with the fingers.

- Inflammatory breast cancer (IBC): This is a rare and very aggressive type of breast cancer that causes the lymph vessels in the skin around the breast to become blocked. The cancer gets its name from the appearance of a swollen, red and inflamed breast.
- Women are advised to get a baseline mammogram in their mid-30s and then annual mammograms starting at age 40. Early detection is generally vital for any form of cancer and is especially so for breast cancer.

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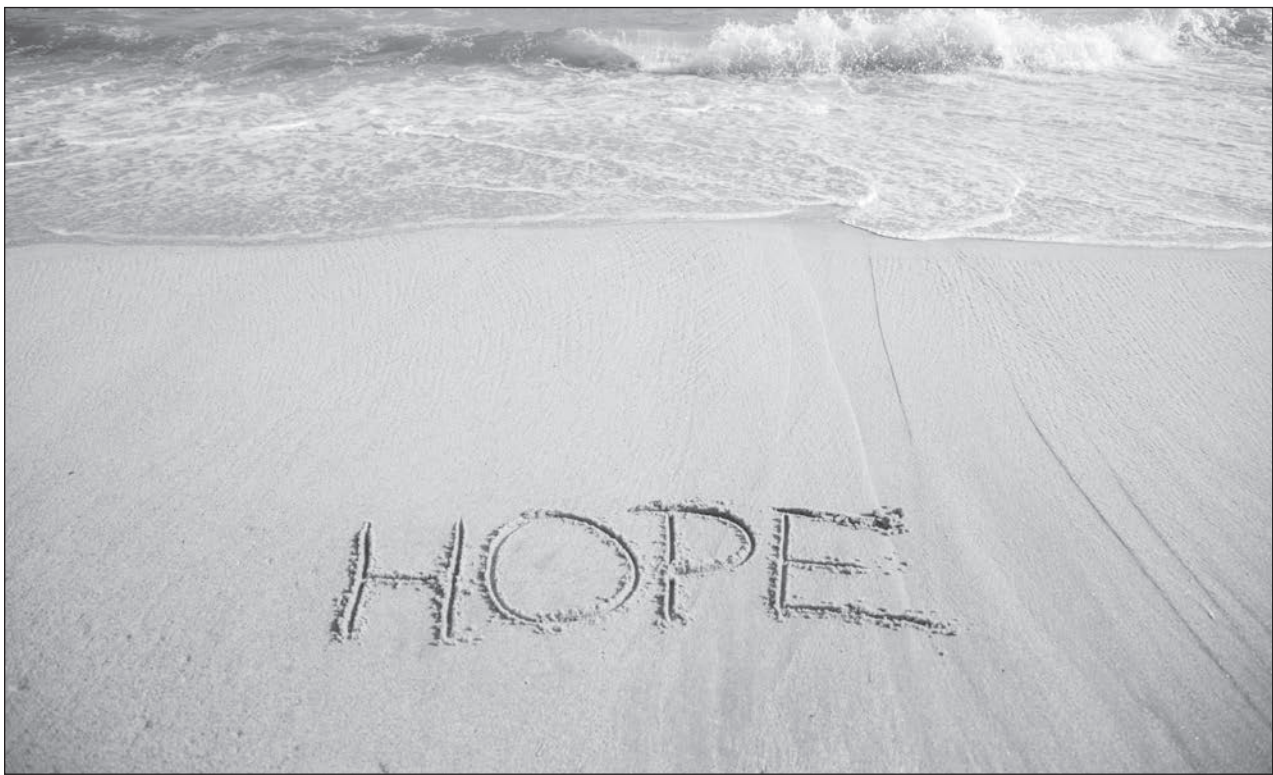
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Owner, Dawna Shackley is a seasoned graphic designer with over 30 years in the printing industry. She evaluates and assesses the intended purpose of each project and offers ideas and solutions to meet those objectives.

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Think Pink

Join these local businesses in supporting breast cancer awareness this October!

Foods that may help fight breast cancer

People concerned about their cancer risk may find that switching their diets can do a world of good. Certain foods may reduce cancer risk, according to various cancer experts, including the MD Anderson Cancer Center. In addition, some foods might increase a person's risk of developing cancer. Knowing what to put on the table come breakfast, lunch and dinner can go a long way toward reducing one's cancer risk.

Some foods show cancer-fighting properties, although it is impossible to currently say one food or another can actually stop cancer from developing. Studies have shown that diets filled with colorful fruits and vegetables can reduce the risk of developing cancer, heart disease and diabetes. Cancer Research UK points out that some foods, such as red meat and salt-preserved foods, can increase a person's risk of developing some cancers, while vegetables, fruits and foods high in fiber have the opposite effect.

A comprehensive review

of thousands of studies on physical activity, diet and weight conducted for the World Cancer Research Fund and the American Institute for Cancer Research found that plant-based foods are the best at fighting cancer. Broccoli, berries and garlic showed some of the strongest tendencies to prevent cancer. According to research associates at Johns Hopkins University School of Medicine, a variety of chemicals from plants known as phytochemicals protect cells from harmful compounds in food and in the environment. Phytochemicals prevent cell damage and mutations.

When making their grocery lists, people who want to eat healthy and lower their cancer risk can include as many of these foods as possible.

- Garlic: Studies suggest that garlic can reduce the incidence of stomach cancer by attacking bacteria associated with some ulcers and belly cancers. Sulfur compounds in the

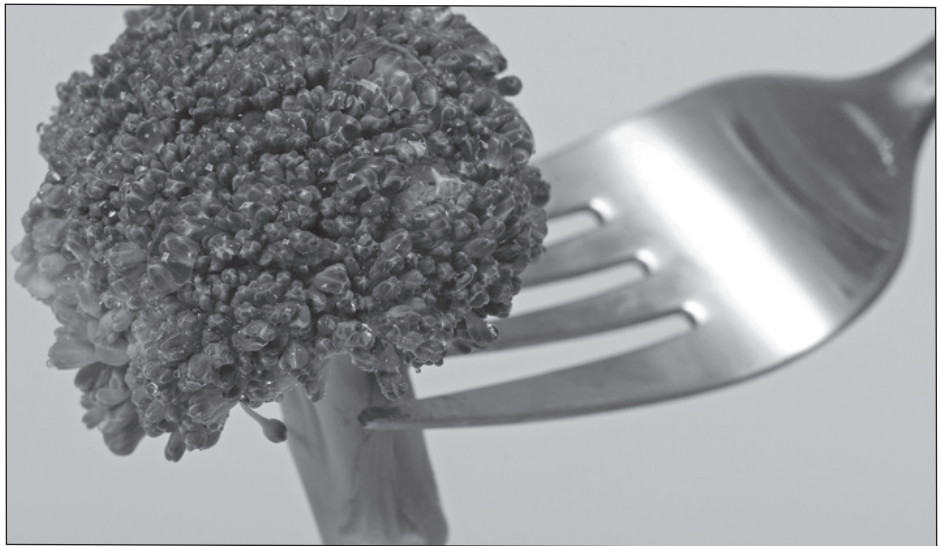


- food may stimulate the immune system's natural defenses against cancer and could reduce inflammation and tumor growth.
- Broccoli: Broccoli and other cruciferous vegetables like cauliflower, cabbage and kale contain glucosinolates. These are phytochemicals that produce protective enzymes that activate in the intestines. One particular compound, sulforaphane, is strongest and found in broccoli. Protective properties are highest in raw or steamed broccoli.
 - Blueberries: Blueberries are loaded

- with antioxidants. Antioxidants neutralize the unstable compounds, called free radicals, that can damage cells and lead to cancer.
- Tomatoes: The red, rich coloring of

tomatoes comes from lycopene. In laboratory tests, lycopene has stopped cancer cells, including breast, lung, and endometrial cancers, from growing. Researchers speculate that lycopene protects

cells from damage that could lead to cancer by boosting the immune system.



Screening Saves Lives

Early detection is often the key to surviving breast cancer. Protect yourself and your loved ones by scheduling a mammogram during Breast Cancer Awareness Month.



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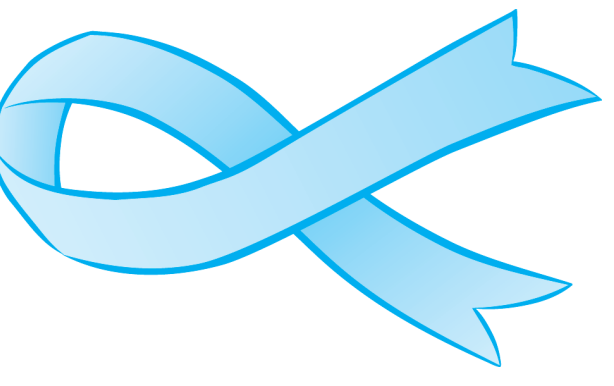
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COURTESY PHOTO

Contemplation

Alton Central School's Kaylee Munn contemplates Henry David Thoreau's writing on a recent trip to Knights Pond Conservation Area. The eighth graders explored the area, considered nature as an artistic medium, analyzed forest composition for evidence into the town's history and completed several writing prompts during their adventure.

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WHAT'S ON TAP

Postseason action officially kicks off this week for one high school sport.

The Division II golf tournament takes place on Thursday, Oct. 17, at 9 a.m. at Sky Meadow in Nashua. The Division III golf tournament takes place on Tuesday, Oct. 15, at the Mount Washington Golf Club at 9 a.m.

The Prospect Mountain soccer boys will be hosting Inter-Lakes today, Oct. 10, at 3:30 p.m. and will be at Derryfield at 6 p.m. on Tuesday, Oct. 15.

The Timber Wolf cross country team will be competing at Gilford at 4 p.m. on Friday, Oct. 11, and will be at Merrimack Valley at 4 p.m. on Thursday, Oct. 17.

The Prospect Mountain girls' soccer team is hosting Gilford at 3:30 p.m. on Friday, Oct. 11, will be hosting Bishop Brady at 3:30 p.m. on Tuesday, Oct. 15, and will be hosting Inter-Lakes at 3:30 p.m. on Thursday, Oct. 17.

The volleyball Timber Wolves will be at Portsmouth Christian at 5 p.m. on Friday, Oct. 11, and will be hosting Hillsboro-Deering at 6 p.m. on Tuesday, Oct. 15.

Prospect's unified soccer team will be hosting Winnisquam at 4 p.m. on Monday, Oct. 14.

At Kingswood, the Knight soccer girls and boys will be hosting Oyster River today, Oct. 10, at 5 and 7 p.m., respectively. The Knight boys will be hosting Kennett on Tuesday, Oct. 15, at 5:30 p.m. and the girls will be at ConVal at 3:30 p.m. on Thursday, Oct. 17.

The Knight cross country team will be at Plymouth on Friday, Oct. 11, and then hosts a meet on Thursday, Oct. 17, both at 4 p.m.

The football Knights will be hosting Plymouth for a 7 p.m. game on Friday, Oct. 11, and will be at Merrimack Valley at 6 p.m. on Thursday, Oct. 17.

Kingswood's field hockey team will be hosting Merrimack Valley at 12:30 p.m. on Saturday, Oct. 12, and will be hosting Souhegan at 5:30 p.m. on Thursday, Oct. 17.

The Kingswood volleyball team will be at Kennett at 5:45 p.m. on Tuesday, Oct. 15.

Newfound unified soccer pushes past Prospect Mountain



JOSHUA SPAULDING

NEWFOUND'S COREY WILKINS and **Prospect's Kolby Dubisz** go after the ball in action last week.



JOSHUA SPAULDING

NEWFOUND'S Sabrina Alan and Prospect Mountain's Kaylee Riel work for the ball last week in Bristol



JOSHUA SPAULDING

PROSPECT'S Madelyn Kelley and **Newfound's** Hayley Haskell chase the ball in action last Monday.

BY JOSHUA SPAULDING

Sports Editor

BRISTOL — While it rained for a good chunk of the day on Monday, Sept. 30, the wet weather cleared up enough to allow the unified soccer players from Prospect Mountain and Newfound take the field in Bristol.

And while the sun didn't shine much, Newfoundland's June Hagan certainly did, as she turned in half the game in goal allowing just two goals and then came out and scored four goals in the second half in leading the Bears to the 6-3 win.

The Timber Wolves had the better of the early chances in the first half, thanks in large part to Jeremiah Winslow, who had a number of chances in the offensive zone. Hagan made a stop on one of those attempts and a couple more went wide. Kolby Dubisz also had a chance in close for the Timber Wolves but the Bear defense held tight.

Prospect was able to get on the board about two minutes in, as Winslow got the game's first goal, giving the visitors the 1-0 lead.

Just two minutes later, Winslow did it again, adding a second goal for the Timber Wolves for the 2-0 lead.

Zeké Richardson had a good look in the offensive zone for Newfoundland while Dubsz got in the zone for Prospect but was turned away by good defense from Emma Desmond. Winslow and Andreas Argiropoulos each had late chances for the Timber Wolves and Christian Duba and Caleb Davis teamed up for a bid at the other end for the Bears, with Argiropoulos and Winslow turning in good defense as the first quarter came to an end with PMHS up by the 2-0 score.

It didn't take long for the Bears to get on the board in the second quarter, as just one

minute into the frame, Jordan Joyce pulled the Bears to within one at 2-1, slipping a shot past Prospect keeper Jillian Nason. Winslow came back with a bid at the other end and Newfound

answered with chances from Joyce and Cole Frye.

With 7:22 to go in the second quarter, Frye was able to net the tying goal, pulling the Bears even at two. Prospect tried to retake the lead as the quarter moved on, as Winslow and Du-

bisz each had chances but Desmond and Hayley Haskell were strong on the defensive side for Newfound and the game went to the half with the scored tied at two.

Winslow took over in goal for the Timber Wolves in the second SEE **SOCCER**, PAGE B5

Ben Baldwin Hockey Tournament Oct. 19-20

WOLFEBORO — The second annual Ben Baldwin Hockey Tournament comes to the Pop Whalen Arena on Oct. 19 and 20. Mite teams from around the state, including Berlin, Laconia, Dover, Rochester, Back Bay and Mount Washington Valley will play cross-ice games on Saturday and full-ice games on Sunday, with the tournament running from 9 a.m. to 2 p.m. both days. There will also be a raffle featuring a number of unique items, including a Bruins jersey signed by last year's team and a trip to the Bruins game with former Bruin Steve Leach, where the winner can watch the game in the Bruins alumni box with Leach. The tournament is named in honor of young hockey player Ben Baldwin, who passed away in an accident in 2018. All proceeds benefit the Ben Baldwin Memorial Scholarship, which is in place to help local kids pursue their athletic dreams.

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BOB MARTIN – WINNISQUAM ECHO
AIDAN GEHLY follows the flight of his ball in action at Canterbury Woods.



BOB MARTIN – WINNISQUAM ECHO
SETH HUGGARD fires a shot last week at Canterbury Woods.

Timber Wolf golfers wrap up the season

BY JOSHUA SPAULDING
Sports Editor

CANTEBURY — The Prospect Mountain golf team traveled to Canterbury on Tuesday, Oct.

10, for a meet hosted by Belmont at Canterbury Woods. The Timber Wolves finished with 44 points, which placed them third overall. Fall Mountain

won with 51 points and Belmont was second with 47 points. John Stark rounded out the field with 34 points. Seth Huggard from the third spot in the line-

up and Joel White from the fifth spot both finished with 13 points to lead the way for the Timber Wolves. Aaron Haynes finished with nine points from the fourth spot and Aidan Gehly also had nine points from the second spot in the lineup to

round out the scoring for the Timber Wolves. Mykel Whitehouse played in the top spot in the lineup and finished with seven points and both Dart Birnie in the sixth spot and Sam Signor in the seventh spot each finished with a point.

The Timber Wolves will compete at the Division III State Meet on Tuesday, Oct. 15, at Mount Washington Golf Club.

Joshua Spaulding can be reached at 279-4516, ext. 155 or josh@salmonpress.news.



KATHY SUTHERLAND
Good week
Prospect's Keegan Unzen battles for the ball in action against St. Thomas last week. The Timber Wolf boys got a 6-0 win over the Saints and beat Sanborn 1-0 later in the week for their sixth win in a row. The Timber Wolves will be in action today, Oct. 10, at home against Inter-Lakes at 3:30 p.m. and will be at Derryfield on Tuesday, Oct. 15, at 6 p.m.

Knights compete in Kennett Invitational

BY JOSHUA SPAULDING
Sports Editor

CONWAY — The Kingswood cross country team traveled to Conway for the Kennett Invitational on Saturday afternoon and the girls came home in third place and the boys finished in fourth place overall.

Leading the way for the girls was Rosemary Carpenter, who finished in a time of 21:09 for sixth place overall.

Carolyn Day was next across the finish line for the Knights, finishing in a time of 21:21 for eighth place and Annabelle Nelson was the third Knight, placing 12th place in a time of 21:49.

Sarah Carpenter finished in 17th place with a time of 22:12 and Elizabeth Morrison rounded out the field of scorers

for Kingswood with a time of 23:25 for 32nd place.

Sarah Bellefleur finished in 51st place in a time of 24:58 and Lily Stinchfield rounded out the field of Knights with a time of 25:40 for 60th place overall.

Joseph Wasson finished fifth overall with a time of 17:01 to lead the Knight boys.

Casey Arsenault finished in a time of 15th place in a time of 18:44 and Oleg Sheahan was the third Knight scorer with a time of 18:51.

Lou Arinello was fourth for the Knights in a time of 19:07 for 25th place and Tim Huckman rounded out the field of scorers for Kingswood, finishing in 19:11 for 26th place.

Mark Stanard finished in 19:24 for 27th

place overall, Robbie Bourdeau finished in 19:45 for 34th place, Cannon Newbury was 44th in 20:36, Matthew Fineron finished in 20:44 for 51st place, Patrick Murphy was 58th in a time of 21:27, Joshua Paraskos was 66th overall in a time of 22:30, Sam Johnston finished in 67th place in 22:34, Warren Blaney finished 69th in 22:44 and Braden Viands finished in a time of 26:33 for 85th place overall.

The Knights will be at Plymouth on Friday, Oct. 11, at 4 p.m. and will be hosting a meet at Kingswood on Thursday, Oct. 17, at 4 p.m.

Sports Editor Joshua Spaulding can be reached at 279-4516, ext. 155 or josh@salmonpress.news.

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Timber Wolves run in Jeri Blair Invitational

BY JOSHUA SPAULDING

Sports Editor

BELMONT — The Prospect Mountain cross country team competed in the Jeri Blair Invitational at Belmont High School on Friday afternoon, with the boys finishing in ninth place overall.

Michael Mott led the way with a time of 19:00 for 29th place overall.

Dennis Simpson finished in a time of 19:43 for 51st place overall and Frank Dowd was the third scorer with a time of 19:59 for 52nd place overall.

Luke DeRoche finished with a time of 20:38 for 70th place overall and Peter Dowd rounded out the scoring for Prospect Mountain with a time of 22:21 for 110th place.

Liam White was 122nd place overall with a time of 22:51 to round out the field of Timber Wolves.

Veronica Dowd led the way for the Timber Wolf girls, finishing in a time of fifth place with a time of 21:13.

Lara Renner was 56th overall in a time of 25:11 and Jillianne Simpson finished in 101st place overall in 30:27.

The Timber Wolves will be in action on Friday, Oct. 11, at Gilford at 4 p.m. and will be at Merrimack Valley on Thursday, Oct. 17, at 4 p.m.

Sports Editor Joshua Spaulding can be reached at 279-4516, ext. 155 or josh@salmonpress.news.



JOSHUA SPAULDING

JILLIANNE SIMPSON runs for Prospect Mountain at Belmont on Friday.



JOSHUA SPAULDING

FRANK DOWD runs alongside a Belmont runner at the Jeri Blair Invitational.

Not exactly a week to remember

The seminal country music artist of my generation, Garth Brooks, sang a line in his hit “Papa Loved Mama,” that is very fitting this week.

Garth sang “it was bound to happen and one night it did.”

I work a lot of hours between my numerous jobs and this past week, with the editor of our papers on vacation, there was a little extra work on the plate at the main job. After covering a unified soccer game and a volleyball game at Newfound on Tuesday, I went back to the office and did a bunch of work, heading out at about 10 p.m. I had to record my daily radio sports report for WASR, so it was off to Wolfeboro.

However, the previ-

ous night I had worked at Brewster until well after 1 a.m. and was up at 5:30 a.m. to go to the gym and then work, so needless to say, I was a little tired. I nodded off and the next thing I knew, I was off the road, hitting a few rocks and one of the delineators on the side of the road on Route 109A in Tuftonboro, just on the Wolfeboro side of Lang Pond Road.

I was lucky that I didn’t run head on to anything or another vehicle, but my car was a mess and not driveable. I called AAA and they dispatched a tow truck, which arrived about an hour after the accident. I also called Carroll County dispatch and they sent an ambulance and the Tuftonboro Police to the scene, even though I

wasn’t injured and there

SPORTING CHANCE

By JOSHUA SPAULDING



wasn’t much for the police to report.

The tow truck took my car to Eckhoff’s Auto Body in Ossipee and from there, I walked home the two miles, getting home at 1:30 a.m. I am lucky that I have friends who are willing to help and thanks to them I had access to a car the next day as I wait to see what the situation is with my car. My plan was to have a rental car at some point before this hits the papers, but for now, I am able to get around and do my job and that’s important.

Of course, the biggest thing is that I probably need to get more rest. Sleeping three to four hours a night is probably not enough, but at this point, it seems to be the way it’s going to go. I am using my night job to help pay off the credit card debt I accumulated when I was younger (and added to when I had to put a new engine in the car over Christmas) and the last thing I really need is a car payment. So, for as long as I can, I will keep working until things change. I am not putting all my money on winning the Megabucks, but I imagine that wouldn’t really hurt too much.

The important thing in all of this is that nobody was hurt. Now I can just hope for good news.

Thanks to the many people who reached out to me over the course of the last week, checking that I was OK or if I needed anything. It was all greatly appreciated.

And it’s appropriate to end with another Garth Brooks line, “to sleep would be best, but I just can’t afford to rest.”

Finally, have a great day, Bob and Helen Rautenberg.

Joshua Spaulding is the Sports Editor for the Granite State News, Carroll County Indepen-

dent, Meredith News, Gilford Steamer, Winnisquam Echo, Plymouth Record-Enterprise, Littleton Courier, Newfound Landing, Coos County Democrat, Berlin Reporter and The Baysider. He can be reached at josh@salmonpress.news at 279-4516, or PO Box 729, Meredith, NH 03253.

SOCCER

CONTINUED FROM PAGE B1

half and Joyce took over for the Bears. Nason had an early bid go wide for Prospect and then Corey Wilkins and Hagan combined on a chance at the other end that was denied by Winslow.

However, with 8:32 to go in the third quarter, Hagan got the Bears into the lead for the first time and then less than three minutes later, she struck again, doubling Newfound’s lead to 4-2 with 5:42 to go in the third quarter.

Richardson had a

chance at the other end and Kaylee Riel was solid on the defensive side of things. Nason came back with a chance for the Timber Wolves that Duba helped to clear. Ryan Nolin and Nason teamed up for a Prospect bid and then Dubisz had a shot that was turned away by Joyce to close out the third quarter with Newfound up 4-2.

Argiropolis took over in goal for the Timber Wolves in the third quarter and Winslow immediately had a good chance for Prospect.

But it was Hagan getting on the board, as she scored her third goal just

1:35 into the quarter to extend Newfound’s lead to 5-2. Winslow came back with a chance but Desmond held tight on the defensive side. Nason also had a shot that Joyce stopped.

With 7:55 to go in the game, Winslow completed his hat trick, putting home Prospect’s third goal to make it 5-3.

Prospect continued to pressure, with Nason and Winslow getting good chances and the Timber Wolves would have a corner kick that didn’t connect.

With two minutes to go, Hagan netted her fourth goal of the game

and Newfound was up 6-3. Sabrina Alan and Faith Smith helped out with solid play for the Bears and Prospect had a couple of late corner kicks but they could not convert and Newfound took the 6-3 win.

The Timber Wolves will be back in action on Monday, Oct. 14, hosting Winnisquam at 4 p.m.

The Bears will be taking on Laconia on the road on Wednesday, Oct. 16, at 3:30 p.m.

Sports Editor Joshua Spaulding can be reached at 279-4516, ext. 155 or josh@salmonpress.news.

Church Service

SCHEDULE

10 am Worship Service
Community Church of Alton
20 Church Street, Alton

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Rev. Dr. Samuel J. Hollis 875-5561.
Sunday Worship Service 10:00am
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Busy final week of season for Knight golfers



JUSTIN STIRT tees off on the ninth hole at North Conway Country Club on Oct. 3. BY JOSHUA SPAULDING Sports Editor

WOLFEBORO — It was a busy week for the Kingswood golf team, with trips to Nippo Lake, Windham Country Club and North Conway Country Club.

On Monday, Sept. 30, the Knights made the trip to Nippo Lake and the Knights picked up wins over the host Coe-Brown Bears and Souhegan.

“I was a little worried because Henry (Saunders) wasn’t in the lineup due to illness,” said coach Jeremy Fuller. “Max (Jensen) played well out of the first spot today, earning 21 points.”

Playing out of the second spot in the lineup, Michael Palmer had a good day, earning medalist honors with 25

points. He had two birdies right out of the gate to get things started. “It is great to see Mike play so well,” Fuller said. “He works very hard at his game.”

Jensen finished with 21 points out of the top spot, including a 15-foot birdie putt on the sixth hole.

Tyler Sprince was next for the Knights, finishing with 22 points from the fifth spot in the lineup. He had birdies on the first and fourth holes on the day.

Rob Doherty had 19 points out of the sixth spot in the lineup, finishing with three pars and four bogies and continued his streak of scoring in the top five in each of the five matches he’s played in.

Noah Shatzer in the

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Noah Shatzer in the



MICHAEL PALMER had a good week for the Kingswood golf team last week. JOSHUA SPAULDING

Souhegan in third with 62 points.

“Windham is a long drive so it was really nice to walk away with a victory,” Fuller said. “The course is similar to Kingswood in that it is tight and requires accurate tee shots and positioning.”

Danaïs was a last-minute addition to the lineup, playing out of the second spot and he had a big day, leading the team with 21 points. He had three pars and six bogies and never lost a ball. He was able to chip out of the woods and onto the green on hole eight.

Saunders returned to the lineup and finished with 20 points out of the top spot in the lineup to finish second among the Knights, earning four pars.

Sprince finished with 17 points out of the fourth spot in the lineup and then Palmer in

the third spot and Stirt in the eighth spot each had 16 points, rounding out the scoring for Kingswood.

Shatzer and Doherty each finished with 15 points and Davis Ekstrom rounded out the field of Knights with 10 points from the seventh spot.

The Knights traveled to North Conway Country Club on Thursday, Oct. 3, to close out the regular season.

The Knights finished with 97 points to finish in third, though Fuller noted that the team was 17 points better than its previous finish at North Conway. Kennett took the win with 112 points and St. Thomas was second at 105 points.

Saunders led the way out of the top spot in the lineup with a score of 24.

Palmer was next, finishing with 21 points in the second spot in the

lineup and Stirt had 19 points in the seventh spot to finish as Kingswood’s third scorer.

Danaïs finished with 17 points from the fourth spot in the lineup and Sprince rounded out the scoring for Kingswood with a score of 16 from the third spot.

Clarke finished with 14 points in the fifth spot, Shatzer had 12 points from the sixth spot in the lineup and Max Roark rounded out the field of Knights with 11 points in the eighth spot in the lineup.

With the regular season wrapped up, the Knights will turn their attention to the Division II championships, which take place on Thursday, Oct. 17, at Sky Meadow in Nashua.

Joshua Spaulding can be reached at 279-4516, ext. 155 or josh@salmonpress.news.

Bobcats net girls sweep away Knights



EMMA HAMMOND sets the ball in action in Plymouth on Friday night. JOSHUA SPAULDING

PLYMOUTH — The Plymouth volleyball team cruised in the first game against Kingswood

on Friday night, but the Knights made things a bit more interesting in the next two games in Plymouth’s Homecoming contest.

However, in the end, the Bobcats got the 3-0 win over their rivals from Kingswood.



KINGSWOOD’S Maddie Ward (left) and Plymouth’s Savanna Marston go to the net together in action on Friday. JOSHUA SPAULDING

“The second game we started out a little in a funk and I’m not sure why,” said Plymouth coach Jonathan VanScooter. “But we were able to pick it up and make up for the lead Kingswood had and that was huge.”

“That was better than

how we’ve been playing,” said Kingswood coach Lynette Place.

SEE **VOLLEYBALL**, PAGE B5

Golden Eagles rally past Knights

BY JOSHUA SPAULDING
Sports Editor

GILFORD — The Kingswood football team was riding a two-game win streak, the first one in many years, as Saturday’s game against Gilford-Belmont rolled around.

The Knights got off to a great start, scoring on the first two drives, but the Golden Eagles took it from there, turning a 14-6 deficit into a 39-14 win.

“It doesn’t help when you’re missing a captain and a leader (Matt Drew),” said coach Paul Landry. “He helps us in the middle and with his leadership. His presence makes a big difference.”

The Knights came out and scored on the first drive, as runs by Joe Russo and Devan Wade got the Knights to the 36-yard line and from there, Russo carried 36 yards to the end zone and Kingswood had a 7-0 lead with Brian Winn’s extra point just 2:15 into the game.

Gilford-Belmont responded, as the Golden Eagles moved the ball down the field and went



JOSHUA SPAULDING

GAVIN GOODWIN dives to stop Gilford-Belmont quarterback Alex Cheek on Saturday night.

in from 10 yards out with 4:51 to go in the quarter. They missed the extra point and Kingswood’s lead was 7-6.

The Knights responded right away, as they put together a six-play drive, with Wade, Austin Perkins and Russo getting the carries and

then Perkins caught a pass from Jackson McCullough and went into the end zone for a 52-yard touchdown with 1:33 to go, making it 14-6.

Gilford-Belmont took over as the first quarter came to a close and the drive continued into the second quarter, with the

Golden Eagles scoring on a touchdown pass with 1:35 gone in the quarter, cutting the lead to 14-13.

Kingswood took over, with Wade, Russo and Perkins all running the ball and Wade catching a pair of passes from McCullough but on third

and four, a McCullough pass was intercepted and the hosts took over. Gilford-Belmont then marched down the field, putting together an 84-yard drive that culminated in a five-yard touchdown pass with 1:37 to go in the half. Wade intercepted the two-point conversion and Gilford-Belmont took the 19-14 lead.

Kingswood was unable to get anything going on their next drive and the Golden Eagles took the 19-14 lead to halftime.

The hosts attempted a field goal on their first drive of the second half but on the second play of Kingswood’s ensuing drive, a fumble gave the ball back to the Golden Eagles. Russo made a nice diving play to break up a pass on third down, but the hosts converted on fourth down and scored a four-yard touchdown pass with 6:44 to go in the half. Wade intercepted another two-point conversion and the lead was 25-14 for the Golden Eagles.

Kingswood couldn’t get anything going on

their next drive and Gilford-Belmont took over and they pushed their way down the field, eventually scoring on a 23-yard touchdown pass with 1:30 to go in the third quarter and the lead was 31-14.

The Knights closed out the third quarter with a drive and on the first play of the fourth quarter, a fake punt got them the first down. However, the Knights couldn’t get another first down and punted away. Gilford-Belmont took over and moved the ball down the field, scoring on a three-yard run with 6:32 to go and the two-point conversion made it 39-14.

Kingswood got a first down run from Perkins but couldn’t get in the end zone and Gilford-Belmont ran out the clock on the 39-14 win.

“We knew the plays they were going to run, we just didn’t come out and respond to it,” Landry said.

The Knight coach praised the way his running backs came out of the gate.

“They’ve been good about sniffing out holes to run,” he said.

With the Golden Eagles in the rear view mirror, Landry and the Knights now turn their attention to defending champion Plymouth, who will be in town on Friday night.

“That’s the benchmark, that’s where you want to be,” said Landry. “We want to play teams like Plymouth and we want to be at that level.

“We’ll do everything we can this week to prepare for them and give them our best effort,” the Knight coach added.

The Knights will be hosting Plymouth at 7 p.m. on Friday, Oct. 11.

Sports Editor Joshua Spaulding can be reached at 279-4516, ext. 155 or josh@salmonpress.news.



JOSHUA SPAULDING

JOE RUSSO leaps in front of a Gilford-Belmont receiver to knock down a pass.

VOLLEYBALL

CONTINUED FROM PAGE B4
“There’s been peaks and valleys in a year and we are definitely in a valley.”

The first game saw the teams exchange early points, with Savanna Marston for Plymouth and Jillian Seigars for Kingswood getting good points. The teams were even at four and again at five, with Mia Sullivan and Mackenzie Tatham getting nice hits for the Bobcats and the hosts slowly started to pull away.

A hit from Kingswood’s Emma Hammond got the Knights on the board, but Sullivan and Erin Tole had nice plays at the net and Plymouth upped the lead to 12-6. Seigars got Kingswood back on the board but a block and a kill from Marston allowed the Bobcats to open up a 19-7 lead over

the Knights.

Tatham had another hit before Alli Bellemore had a kill for the Knights to get them back on track. Tatham and Serena Silva exchanged points as the two teams went back and forth but consecutive points from Abby Bassingthwaite saw the Bobcats go up 24-12. A Maddie Ward block kept Kingswood alive but the hosts got the 25-14 win and a 1-0 lead.

Kingswood got out to a 3-1 lead in the second game, with Seigars getting a nice hit, but Marston answered with a pair of points for the Bobcats and then Maya Prince added a service ace to put the Bobcats up 6-4. Seigars had a kill and Bellemore had a block as the Knights cut the lead to tone but an ace from Sullivan allowed the Bobcats to build the lead back up and Bassingthwaite added a kill

for the 11-6 lead for the hosts.

After Seigars got the Knights back on the board with a hit, Bassingthwaite got the Bobcats the ball right back with her own ill and then Marston had a kill and Tole added a service ace, giving Plymouth a 14-11 lead.

Kingswood would eventually pull even at 17 and then took the lead with four points in a row, including a big block from Bellemore to make it 20-16. Sullivan stopped the Knight run with a hit and the Bobcats got back within one at 20-19 before Bellemore had another kill for the Knights.

A service ace from Alycia Poitras pulled the Bobcats even at 21 and then Bassingthwaite had a big hit to propel the hosts in front. Poitras added another ace and Plymouth closed out the

25-21 win for the 2-0 lead.

Ward started out the third game with a nice block for the Knights but a hit from Marston, an ace from Tole, a block from Tatham and another Marston hit saw the Bobcats open up a 5-1 lead. Bellemore and Hammond helped get the Knights back on the board with good hits and a Jillian Gorski service ace and a Hammond block pulled Kingswood even at eight.

A pair of Poitras aces helped the Bobcats go back in front as they opened up a 14-8 lead, with Bassingthwaite adding a kill. Tole stepped the service line and added an ace from Seigars was strong at the net for the Bobcats

The Knights were able to close the lead to 20-18 late, but Sullivan had a couple of big hits and Bassingthwaite added another. Silva had a

good hit for the Knights but an ace from Sullivan put a bow on the 25-20 win and the 3-0 sweep for the Bobcats.

“Our serving was super strong with 14 aces,” said VanScoter. “That was huge.

“We were aggressive with the serves and that’s what got us on the serving runs, which ultimately got us the win in the end,” the Bobcat coach added. “Kingswood’s defense was scrappy and they picked up a lot of balls we got over.

“So, we had to swing way harder to put the ball down,” VanScoter added.

Bassingthwaite and Sullivan led the way with nine kills each while Marston added six.

“There were some things that were better than we had been,” Place said. “But 10 service er-

rors, that gave them the game. We have to clean it up and play confidently.

“We have to swing hard, we can’t be afraid,” she continued. “But we did make some adjustments in the backcourt that worked and I was happy with that.

“We’ll keep working and making adjustments,” she continued.

The Knights will be in action on Tuesday, Oct. 15, when they are at Kennett at 6:15 p.m.

The Bobcats will be playing today, Oct. 10, at home against Milford at 6 p.m.

Joshua Spaulding can be reached at 279-4516, ext. 155 or josh@salmonpress.news.

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ALTON // Looking for a project! This 2-3 bedroom log home, with cathedral ceilings, stone fireplace and sun room sits on 30 acres. Needs some work but has great potential.
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THIS DAY IN...



HISTORY

- 1849: POET AND WRITER EDGAR ALLEN POE DIES AT AGE 40.
- 1949: THE GERMAN DEMOCRATIC REPUBLIC, COMMONLY REFERRED TO AS EAST GERMANY, IS FORMED.
- 1988: THREE GRAY WHALES ARE FOUND TRAPPED UNDER THE ICE IN ALASKA, PROMPTING A MULTINATIONAL EFFORT TO FREE THEM.



WHEN LEAVES STOP PRODUCING THIS GREEN SUBSTANCE IN THE FALL, OTHER COLORS SHOW THROUGH.

ANSWER: CHLOROPHYLL



HEMISPHERE

a half of the earth

How they SAY that in...

ENGLISH: Autumn

SPANISH: Otoño

ITALIAN: Autunno

FRENCH: Automne

GERMAN: Herbst

Did you know?

A PUMPKIN IS A VARIETY OF SQUASH. THEY ARE HARVESTED IN THE FALL.



GET THE PICTURE?



Can you guess what the bigger picture is?

ANSWER: ACORNS

CRYPTO FUN

Determine the code to reveal the answer!

Solve the code to discover words related to Halloween.
Each number corresponds to a letter.
(Hint: 10 = s)

A. 10 6 16 11 18

Clue: Frightening

B. 6 1 10 4 12 24 20

Clue: Dress-up garb

C. 21 20 26 23 1 12 10

Clue: Uses underhanded tactics

D. 14 16 12 15 4

Clue: Spirit visiting

Answers: A. scary B. costume C. devious D. haunt

SUDOKU

				1				5
6	7	2				9		
						4	3	
					8		6	4
1				2	7			
		7	4					9
			2					
5					1			6
8	1						4	

Level: Intermediate

Here's How It Works:

Sudoku puzzles are formatted as a 9x9 grid, broken down into nine 3x3 boxes. To solve a sudoku, the numbers 1 through 9 must fill each row, column and box. Each number can appear only once in each row, column and box. You can figure out the order in which the numbers will appear by using the numeric clues already provided in the boxes. The more numbers you name, the easier it gets to solve the puzzle!

8	1	9	3	7	6	5	4	2
5	2	4	8	9	1	3	7	6
7	6	3	2	5	4	1	9	8
3	8	7	6	9	5	2	1	4
1	4	6	9	2	7	8	5	3
2	9	5	1	3	8	7	6	4
9	5	1	6	8	2	4	3	7
6	7	2	5	4	3	9	8	1
4	3	8	7	1	9	6	2	5

ANSWER:

Learn to curl on Sunday at Pop Whalen

WOLFEBORO — Lakes Region Curling Association will offer a free learn-to-curl clinic for the public on Sunday, Oct. 13, from 5 to 6:30 p.m. at Pop Whalen Ice and Arts Arena in Wolfeboro.

Experienced curlers will offer instruction in the basics of the sport as well as instruction in the art of stone delivery and sweeping.

All equipment is provided, and participants are asked to bring a pair of clean-soled athletic shoes to put on at the rink.

For more information about the sport of curling and Lakes Region Curling Association in particular, visit the association’s web site at lakescurlingnh.org.

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The production of this material was supported by Grant #905V0001-01-00 from HHS Administration for Children and Families/Family Youth Services Bureau. Its contents are solely the responsibility of the National Domestic Violence Hotline and do not necessarily represent the official views of ACF/FYBS.

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Stop at Parade Information & Raffle Station at Pella Window's Showroom at 71 NH-25, Meredith

TOURING TIPS: What to know Before You Go.

- Download Interactive **Parade Craze "App"** to view homes and purchase tickets! Or you can go to the website
- Plan your route in advance for the weekend. Visit a few each day as you weave this event into your weekend plans.
- Where comfortable shoes - you will be walking a lot. Sox or Booties required as a courtesy to the homeowners.
- Give yourself enough time at each home to take notes & ask questions.
- Parade homes do NOT offer public bathrooms, plan accordingly.
- When you are done with your last home, be sure to vote for your favorite home which will reflect "The 2019 People's Choice Winner"!
- Ticket sale proceeds go directly back into the community helping to inspire the next generation of building trade professionals through scholarship, mentorships, and workforce development!.

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