

# Gilford Steamer

THURSDAY, FEBRUARY 11, 2021

GILFORD, N.H.

## Gilford alpine girls win in the snow

BY JOSHUA SPAULDING  
Sports Editor

GILFORD — Last Friday's snow didn't slow down the Gilford alpine ski girls, as they took the win in both the giant slalom and the slalom at Gunstock.

In the morning giant slalom, Bethany Tanner finished second overall to lead the Golden Eagles with a time of 57.17 seconds.

Shealagh Brown finished in fifth place overall in 59.97 seconds and Sophia Lehr was sixth overall in

JOSHUA SPAULDING

(Right) Kendall Jones races for Gilford in last Friday's meet at Gunstock.



1:01.06.

Kendall Jones rounded out the scoring for the Gilford girls with a time of 1:01.3 for seventh place.

Tessa Tanner finished in a time of 1:04.16 for eighth place overall.

Bethany Tanner was second again in the slalom, finishing in a time of 55.27 seconds.

Delilah Smock finished in fifth place with a time of 58.8 seconds and Lehr took sixth place with a time of 1:00.07.

Jones finished out the scoring with a time of 1:01.14 for seventh

SEE ALPINE PAGE A10

### School warrant articles move forward to March voting

BY ERIN PLUMMER  
mnews@salmonpress.news

All of the Gilford School District's warrant articles will go on the March warrant as is after a brief deliberative session.

The school district held its deliberative session on Thursday night in the Gilford High School Auditorium with voters having the opportunity to speak with school officials and make changes to

the warrant.

School district Clerk Kimberly Zyla Salanitro said Superintendent Kirk Beitler started the meeting with a PowerPoint presentation on the budget, no one asked any questions or made any changes and the session adjourned 32 minutes after it started. As a result, all articles were moved forward to the March warrant as written.

SEE WARRANT PAGE A7

### No amendments made to town warrant

BY ERIN PLUMMER  
mnews@salmonpress.news

All proposed warrant articles will go forward to the March election after a brief deliberative session.

The town deliberative session took place Wednesday night after being delayed for a day due to snow. Voters and town representatives gathered at the Gilford High School auditorium for the session with a Zoom link for remote viewing. Town moderator Sandy McGonagle commented that most of the people at the physical meeting were those who helped create the budget and warrant articles. As a result, the articles were put onscreen for reading in lieu of her reading all

the articles.

No one made any comments or questions on any of the articles. All of the presented articles will be placed on the ballot for voting on March 9.

McGonagle said this session affirmed, "there is a great deal of confidence in our Budget Committee, the town departments, and our selectmen."

McGonagle thanked all those who worked on the budget and warrant article process, getting a round of applause. She also thanked the voters for their participation in this process.

Articles on the town warrant include Article 4 is the proposed budget of \$14,743,845 with a default budget of \$14,189,402 if the

article fails.

Article 5 would accept the cost items in the two-year collective bargaining agreement between the selectmen and Teamsters Local 633 of New Hampshire representing certain Police Department employees. This would also raise and appropriate \$50,749 in wages and benefits for the current fiscal year.

The warrant also has a number of equipment and vehicle purchases including the third and last phase of the police department's radio system upgrades, the final lease purchase payment for Fire Engine 3, a fire department command vehicle, a lease purchase agreement for a trailer

SEE DELIBERATIVE PAGE A7

## Mobile Meals provides meal options to local seniors

BY ERIN PLUMMER  
mnews@salmonpress.news

As the winter months and the pandemic continue, seniors who might not be able to leave their homes have an option for getting fresh, hot meals delivered right to their front doors for just a few dollars thanks to a local organization and a team of volunteers.

Volunteers with Mobile Meals are cooking, packing, and delivering meals to Gilford seniors every Wednesday. The organization run through the Gilford Youth Center formed two years ago aiming to provide nutritious meals to seniors who might not have as much of an opportunity to go out because of the weather. Since the pandemic started their work has taken on an even more critical role.

In a video on the program posted on the GYC's Web site, GYC Director Scott Hodsdon said the idea started when the GYC was holding senior exercise classes. Hodsdon said while talking to



COURTESY

Volunteers from Mobile Meals prepare meals in the Gilford Community Church Kitchen to deliver to local seniors.

the seniors, most of them talked about how hard it was for them to leave their homes during the winter because of the weather conditions.

"What resulted from that was them not having enough food in their house or enough food to properly make a nutritious meal and I think we all can understand how important it is for us to have a proper nutritious meal," Hodsdon said.

The idea came

about to provide nutritious meals to seniors during the winter months, Mobile Meals was created as a result.

Mobile Meals is a program operated by the GYC where a group of volunteers will make meals in the Gilford Community Church Kitchen, pack them up, and deliver them right to seniors' homes every Wednesday. Seniors could sign up for the program through the

GYC's Web site.

That first year the program went from November to February. In 2020 when the COVID-19 pandemic hit, Hodsdon said they didn't feel right ending the program in February, so it continued providing meals through that critical time. The meals continued until June of 2020 and started back up again that October.

"We felt being that we're in a shutdown that need was still

there, so we were able to continue the program through the month of June," Hodsdon said in the video.

Mobile Meals was able to continue this service thanks to support from organizations, community members, and companies including Ever-source and FeedNH.org.

Hodsdon said in the video he enjoys delivering the meals and talking with the people they're going to. He

said that meal delivery is sometimes the only human interaction some seniors have had for a while.

"Mobile Meals would not exist without these tremendous volunteers who come in every week donate their time to providing these and creating these just wonderful meals for our local seniors and were so very fortunate to have these ppl making a difference in our community," Hodsdon said.

Seniors interested in receiving meals can call the Gilford Community Church office at 527-6057 and leave their name, address, and phone number. Seniors must register by the preceding Monday to receive a meal for Wednesday. Meals are \$3 each and payment is due on delivery.

Mobile Meals is also seeking donations to continue its efforts.

For more information on Mobile Meals, to see a weekly menu, and to donate, visit <http://www.gilfordyouthcenter.com/mobilemeals.html>.



ALMANAC

# Notes from the Gilford Public Library

**Classes & Special Events**  
**Feb. 11 – Feb. 18**  
**\*Sign up required**

**Thursday, Feb. 11**  
Mother Goose On the Loose (Virtual), 10:30-11 a.m.  
Valentine Hot Cocoa Bombs, 11:30 a.m.-noon  
Watch Kayleigh on Facebook Live and learn how to make a delicious hot cocoa treat for yourself, a loved one, or a friend to enjoy this Valentine's Day.

**Friday, Feb. 12**  
Chinese New Year Craft: Dragons & Drums  
Celebrate Chinese

New Year with a take & make dragons and drums craft. Stop by the library and pick yours up while supplies last!

Gilford Library Games, 3:30-4:30 p.m.  
Join Hayden on Twitch.tv (GPLHayden) for interactive live games! Check out our Teen Discord Server for more information. Email [hayden@gilford-library.org](mailto:hayden@gilford-library.org) for an invite.

**Monday, Feb. 15**  
CLOSED FOR PRESIDENT'S DAY

**Tuesday, Feb. 16**  
Bilingual Storytime,

10:30-11 a.m.  
Join Miss Maria every Tuesday to read, sing, dance, and play in both English and Spanish!

**Wednesday, Feb. 17**  
Take and Make Craft: Snoopy Snow Globe  
Bring the magic of snow in your homes and make your own snow

globe featuring Peanuts character Snoopy! Pick up your craft while supplies last. \*Ages three to 12  
Phone-In Check out an

Expert, 10 a.m.-noon  
**Thursday, Feb. 18**  
Mother Goose On the Loose (Virtual), 10:30-11 a.m.

## Bulldogs come up short up north

BY JOSHUA SPAULDING  
Sports Editor

BERLIN — After being seriously outshot by the Berlin-Gorham Mountaineers earlier in the week, Belmont-Gilford hockey coach Jason Parent challenged his kids to put more pucks on net in the rematch on Saturday night in Berlin.

The Bulldogs responded to their coach's message, seemingly throwing everything they had at Berlin-Gorham neminder Kolin Melanson. However, it wasn't quite enough, as the hosts scored a goal in the first period and held on for the 1-0 win.

"We stressed all week what we wanted to do after they outshot us pretty hard the last time," Parent said. "We wanted to get more pucks to the net and make their goalies work."

"And I definitely think



Owen Guerin battles for position in action Saturday night in Berlin.

JOSHUA SPAULDING



Owen Guerin battles for position in action Saturday night in Berlin.

JOSHUA SPAULDING

## Gilford Public Library Top Ten Requests

1. "The Russian" by James Patterson
2. "The Last Traverse" by Ty Gagne
3. "NYPD Red 6" by James Patterson
4. "Deadly Cross" by James Patterson
5. "Before She Disappeared" by Lisa Gardner
6. "The Four Winds" by Kristin Hannah
7. "The Scorpion's Tail" by Douglas Preston
8. "The Children's Blizzard" by Melanie Benjamin
9. "The Push" by Ashley Audrain
10. "Blink of an Eye" by Iris Johansen

## GILFORD POLICE LOG

The Gilford Police Department reported the following arrests during the week of Feb. 1-7.

Jacob N. Spencer, age 37, of Laconia was arrested on Feb. 1 for Driving After Revocation or Suspension (subsequent) and Open Container violation.

Matthew J. Polovick, age 37, of Gilford was arrested on Feb. 2 for

Simple Assault-Physical Contact or Bodily Injury.

Shania Emma Lee Batchelder, age 24, of Laconia was arrested on Feb. 3 for Forgery of a Government Instrument, Check, etc.

Tawnya L. Hobart, age 42, of Laconia was arrested on Feb. 3 for Conduct After an Accident.

Jennifer J. Wheeler,


age 42, of Gorham was arrested on Feb. 6 for Conduct After an Accident.

Chelsea M. Fournier, age 29, current address unknown, was arrested on Feb. 6 for Breach of Bail and in connection with a warrant.

Brian C. Rivet, age 22, of North Andover, Mass. was arrested on Feb. 6 for Driving While Intoxicated.

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we did that," Parent said, as the Bulldogs put 20 shots on net on the night.

Berlin had the better of the earlier chances, with Bulldog keeper Colin McGreevy was able to make the saves in the net. Brady Logan had the first chance for the Bulldogs, but it was turned away by Melanson, while Zach Gilbert had a shot ring off the post as well. The hosts came back with a couple of bids that missed the mark while Adam Ribiero had a centering pass that was deflected in front of the net.

The Mountaineers were able to get on the board with 3:40 to go, taking the 1-0 lead. Belmont-Gilford had a couple of good bids, with Geena Cookinham firing a shot on net that was denied while Aiden McKenzie had a pass miss connecting through the crease to close out the

first period with Berlin-Gorham holding the 1-0 lead.

Berlin tested McGreevy right out of the gate in the second period, but they couldn't get the puck in the net. Belmont-Gilford came back with some chances, with Logan Moulton, Gilbert and Owen Guerin putting the puck on net, but they couldn't get it past Melanson. Zoltan Stefan had a shot blocked by the Mountaineer defense.

Belmont-Gilford got the first power play of the game with 8:09 to go in the second period, with Guerin and Logan getting the best chances, but they were denied and the penalty was killed off. A few moments later, the Bulldogs took their own penalty and McGreevy was able to make a couple of saves, while Stefan had a good clear and Gilbert had a shorthanded

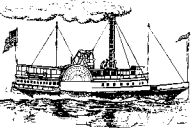
chance that was denied as the penalty was killed off.

The two teams exchanged chances, with Guerin and Jackson Collins getting chances for the Bulldogs as the period came to a close with the Mountaineers up 1-0.

Berlin-Gorham came up with a couple of early chances that missed the mark on the net, while Moulton had a shot deflected at the other end. The Mountaineers continued with pressure in their zone, with McGreevy holding strong. Stefan had a shot go wide for the Bulldogs while Guerin had a shot denied and Gilbert got in close for a chance.


The Mountaineers rang another shot off the post while Guerin had a great chance that Melanson was able to poke away. Bradley MacIntire  
SEE HOCKEY PAGE A7

## Gilford Steamer



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# Pond Hockey Classic goes smoothly despite pandemic, weather



ERIN PLUMMER

DOGS III enjoy a moment of victory at the end of the New England Pond Hockey Classic.

**BY ERIN PLUMMER**  
mnews@salmonpress.news

**MEREDITH** – The New England Pond Hockey Classic returned to Meredith Bay for its 12th year despite challenges from the pandemic and the weather. This year’s tournament was greatly scaled down with a lot of changes, but players still came from all over New England and beyond for a weekend of normality out on the ice.

The first pucks landed on the ice of the 12th annual New England Pond Hockey Classic on Friday morning with games continuing through Saturday. Championship games were played on Sunday leading to the winners taking photos with the Lake Winnipe-Hockey Cup Sunday afternoon.

“I think it went great, it was a nice weekend,” Pond Hockey Classic founder Scott Crowder said after the awards ceremony.

The pandemic led to considerable changes to the tournament. Spectators weren’t allowed near the rinks and the rinks were fenced off. Live entertainment, the beer garden, and the locker room tent were all nixed this year. Players coming from outside New England were asked to adhere to New Hampshire’s travel restrictions. Only a few teams at a time could be on the rinks to promote social distancing. There were also requirements for masks and temperature checks among others.

Around 130 teams came out to the tournament, half the amount that have played in recent years. Crowder said the players were pretty respectful of the rules and were able to figure out how things were going to go this year.

Ice conditions were iffy a few weeks before the tournament and Crowder received permission from the Meredith selectmen to move the event to Lake Wauke-wan if needed. Just a few days after that meeting temperatures plummeted and thick ice formed on Meredith Bay.

Crowder said it was clear a week before the event that the ice on Meredith Bay was good enough to play on. He said over the years, they have gotten good at looking at forecast trends

and responding accordingly.

Snow fell on Sunday resulting in teams playing through heavy flakes and powdery rinks.

Overall Crowder said it was a good year despite all the challenges.

“I’m super proud of our team for us to pull off a (tournament) during a pandemic,” Crowder said.

Crowder said everything was made possible by a lot of collaborations, including with the town and the state.

“It was a collaborative effort by a lot of people,” he said.

After a weekend of games, the winners of each division were announced, winning gear bags and a photo with the Lake Winnipe-Hockey Cup.

DOGS III of Newburyport, Mass., won the Open Division.

Hoptown Bulldogs of Hopkinton, Mass., won the 30+ Open Division.

The top prize for the Twig Division went to Spare Parts from south-

ern New Hampshire.

The top team in the Shinny 35+ Division was Mugs of Mount Pleasant, South Carolina.

The SQUAD of Dover won in the Shinny 21+ Division.

The winner of the 50+ Division was The Boot 3 of Providence, Rhode Island.

A number of players said they wanted to make this weekend despite the obstacles, some saying this weekend on the ice created a sense of normalcy

This is the fourth year The SQUAD has taken to the ice at the Pond Hockey Classic.

“It’s our favorite weekend of the year,” said Matt Keene of Lee.

“It’s good to be outside; it’s something special.”

The team was thrilled to win, but Keene said it was a bittersweet experience since four of their usual teammates weren’t able to be there this year.

“We’re a family, so it’s kind of tough,” Keene said.



ERIN PLUMMER

The SQUAD faced off against Mass Cape Bulldogs in the snow during Sunday’s finals.



ERIN PLUMMER

A literal sign of the times: spectators were asked to stay away from the rinks to promote social distancing. Spectators still gathered outside the fences.

All the members of The Boot 3 come from Rhode Island, and have been doing the Pond Hockey Classic since the beginning.

Team captain Devin Kelly of Providence, SEE **POND HOCKEY** PAGE A10

## Gilford Parks and Recreation News

**BY HERB GREENE**  
Director  
Gilford Parks and Recreation

**Adult snowshoeing program on Tuesday mornings**

The Gilford Parks and Recreation Department will once again be sponsoring snowshoe hikes for any adults looking for fresh air, fun and exercise on Tuesday mornings this winter as conditions allow. The next two hikes will be held on February 9th and February 16th. Participants will meet in the Gilford Town Hall at 9:30 a.m. prior to each hike. If you are in need of snowshoes, we do have a limited supply available for each hike. They may

be reserved one hike in advance on a first come basis by calling the Parks and Rec office. All interested participants must RSVP at least one day prior to each hike.

For more information or to RSVP please call the Parks and Recreation Office at 527-4722.

**Adult Curling program continues on Thursday evenings**

The Gilford Parks and Recreation Department is sponsoring a pick-up curling program for adults on Thursday evenings. The program will be held on Thursday evenings at the Arthur A. Tilton Gilford Ice Rink

from 6:30 - 7:30 p.m. through Feb. 25. Curling is the sport of "sliding stones" down the ice in an attempt to get your "stones" closer to the target than your opponent. Although this activity is held on the ice, participants do not wear ice skates. Participants should dress to be outside and should wear sneakers or boots. Cost for this program is \$1.00 per evening and participants can register at the start of the program. All participants are required to wear a facemask during the program!

For more information, please contact the Gilford Parks and Recreation Department at 527-4722.

## Gilford Public Library, Parks and Rec hosting snowshoe hiking event

Join the Gilford Public Library and Parks and Rec on a winter weather snowshoe hike through Ramblin’ Vewe Farm on Feb. 19 at 12:30 p.m. Wendy Oellers-Fulmer and Ron Fulmer will help to lead a nature hike through the farm, identifying animal tracks and point-

ing out the other neat things nature has to offer. You can sign up by calling the library to reserve our limited pairs of snowshoes or feel free to register and bring your own. The event will be about an hour and a half in length. Dress warm, and we’ll see you there!

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# Why we listen to the groundhog

Tuesday, Feb. 2 was Groundhog Day, and it was reported that Punxsutawney Phil came out of his burrow at Gobbler's Knob, where he saw his own shadow. This means that we will have six more weeks of winter. We'll take it!

This North American tradition is derived from the Pennsylvania Dutch superstition that if the groundhog sees it's shadow due to clear weather, it will go back to its den and winter will last just a few weeks longer. If the animal does not see it's shadow due to the clouds, spring will come early.

This lore originated from German speaking areas where the groundhog is considered the most accurate forecasting animal. Each year, a Groundhog Day ceremony is held in Punxsutawney, Pa., and is always well attended.

The Pennsylvania Dutch, immigrated from German speaking parts of Europe. Groundhog in German is 'grun'daks.' In Europe, the Germans had an existing tradition of marking Candlemas as 'Badger Day,' where if a badger appeared on a sunny day, casting a shadow, winter would be extended. In some areas a bear or a fox took on the forecasting responsibility.

In Irish folklore, St. Brigid's Day, Feb. 1, is the first day of spring, which begins the farmer's year. Seeing a hedgehog was a sign of good weather.

The earliest mention of Groundhog Day appeared in 1840, in the diary of James L. Morris of Morgantown, Pa., who was talking about his German neighbors. In 1886, the observance of Groundhog Day was mentioned in the Punxsutawney Spirit newspaper. It noted, "Up to the time of going to press, the beast has not seen its shadow." One year later, a group of townspeople went to Gobbler's Knob in search of the groundhog and so began the tradition. Pre-COVID, gatherings to celebrate in Punxsutawney grew as large as 40,000.

Clymer Freas, who was born in 1867 and passed away in 1942, is said to be the one who created the idea of Groundhog Day. Freas was the Editor of the Punxsutawney Spirit. In 1899, a Groundhog Club was formed in town including a hunt and a feast. It is said that groundhog tastes like a cross between chicken and pork. We'll pass on finding out.

In 1993, Bill Murray and Andie MacDowell starred in the comedy "Groundhog Day," which is now considered a cult classic. We must admit to enjoying Mr. Murray more in "What About Bob?" but that's an editorial for another time. Baby steps.

## Send us your letters!

We seek your input! Tax rate got you down? Glendale too congested for your liking? Do you approve of a recent selectmen decision? Hate the paper? Love the paper? Let us know!

Send your letters to:

Gilford Steamer  
5 Water Street • Meredith, NH, 03253

Our fax number is 279 3331.

E-mail us at [brendan@salmonpress.news](mailto:brendan@salmonpress.news).  
We're looking forward to hearing from you!

## Power Outage Tips

### BEFORE

- Follow directions from local officials
- Check flashlight and radio batteries
- Charge mobile devices
- Add warm clothes and blankets to emergency kit
- Keep gas tank full
- Take cash out (ATM's may not work)

### DURING

- Conserve energy
- Go to community warming shelters & check on neighbors, family, seniors and homeless
- Only use generators in open areas away from windows and home to prevent carbon monoxide poisoning

### AFTER

- Throw out unsafe food

[www.Ready.gov/blackouts](http://www.Ready.gov/blackouts)



Who to Call

Where to Meet

What to Pack

Ready



RC GREENWOOD

## To the hoop

Alex Cheek goes hard to the basket during his team's win over Inter-Lakes in Meredith last week. The Golden Eagles swept a pair from the Lakers to remain undefeated on the season. They are scheduled to be at Kingswood today, Feb. 11, at 6 p.m. and next week play Laconia, at home on Monday, Feb. 15, and in Laconia on Thursday, Feb. 18, both at 6 p.m.

# NORTH COUNTRY NOTEBOOK

## The making of a camp, and talking with the sky



By JOHN HARRIGAN  
COLUMNIST

I have a decent share of old outdoor-themed books, published between the Civil War and World War I, full of florid language and fanciful illustrations. The other night I looked through one and came onto an illustration of an old-time woodsman making camp.

In this scenario, an able-looking man with a walking stick in hand, a camp-axe and knife on his belt, and a canvas pack on his back is striding along a trail in the woods, and comes upon an open glade on a little knoll with softwoods all around, and a burbling



COURTESY ALLTRAILS.COM

Garfield Falls once was one of northern New Hampshire's most remote places. Now, after roads open up in early summer, you can drive right to it.

brook nearby.

"What a splendid place to make camp!" he exclaims, and shedding his pack, sets to work with his sharp little camp-axe. He builds a lean-to. He cuts small branches off small fir trees to make his bed. He cuts a pole to

go between two trees, to hang his stuff. He clears a place for his fire and encircles it with rocks. He scrounges for a night's worth of wood.

He pulls his supper from his pack—a chunk of pork, a hunk of bread, a piece of cheese, a flask

of brandy or wine. He enjoys his fire for a while, watching embers shoot up into the dark and wondering what's beyond the great beyond.

+++++

Sometimes I think these things are almost lost for good, at least in the Lower 48, at least East of the Mississippi, at least east of the Appalachians. It's a world of permits, privacy, permission, penalties, prosecution, punishment, prison. Even the thought of making a fire can get you thrown into the slammer.

The farther north you go, in general, the freer the lifestyle, but you buy your freedom with a thermometer. The necessities of coping with life in a cold climate outweigh the law. You are either a little bit crazy or totally at peace, or somewhere in between, but wherever you are, it shows. The climate, as they say, builds character.

There are still places where you can hoist

SEE **NOTEBOOK** PAGE A7

## STRATEGIES FOR LIVING

# Temptation with a smile

By LARRY SCOTT

It was early one Michigan morning as, on the way to Detroit with a load of cargo, a car pulled up in front of my Freightliner and came to a fast stop. Following a good night's sleep in a rest area along I-94, I had already gone through my morning routine, the coffee was made and safely placed in its holder on my dash, and I was ready to roll.

A young lady, perhaps in her mid-twenties, approached my truck and asked, "Would you like to talk?" "And what," I asked, "would you like to talk about?" "Oh," she said, "I don't care. I'm just trying to get a little

gas money." Reasonably attractive, looking as fresh as the morning dew, I was well aware that "talking" was not what she had in mind. Tempted? Absolutely! But, "No, I really don't think so," I responded. And then she smiled and said, "Are you sure? I won't tell if you won't" "Sorry, lady, I'm really not interested."

And then it was over. As she stepped into her car and drove away, I realized that in just a matter of minutes, with a simple "yes" instead of a "no," I could have changed the direction of my life. And please believe me, I am neither bragging nor complaining. I took the

easy way out. Aside from the devastating influence it would have had on my relationship with God, I could have exposed myself to one of the social diseases and impacted my self-respect forever.

Like so much of what life has to offer, the big lie was that I could indulge in sin and no one would ever know. But sin is like that, isn't it? It sounds so inviting. It sneaks up on us when we least expect it and in a matter of minutes, we can dramatically change the direction of our lives.

In this discussion it is important that we distinguish between sin and sins. Our concern often

has to do with sins – the things we say or do or think. Sin, however, is something else altogether. I can be destroyed by my sins, but the culprit is sin, and the real essence of sin is self – self-centeredness, self-will, self-image, self-satisfaction, and pride. Satan may be the driving force of evil in our world, but my greatest problem is not with the devil; my problem is me!

The Apostle Paul knew what I'm writing about. "I find this law at work," he wrote, "when I want to do good, evil is right there with me. For in my inner being I delight in God's

SEE **STRATEGIES** PAGE A7



# Wolves holding tryouts in March

LACONIA — The New England Wolves Youth Hockey Organization, a NH registered 501c3 organization, is pleased to announce its 2021-22 season tryouts at the Waterville Valley Ice Arena.

The Wolves will be offering one team at the following levels next season: U14 full season, U15 full season, U16 full season, and U18 full season.

U15/U16 full season tryouts ore March 8 from 7 to 8:30 p.m.

U14 full season try-

outs are March 9 from 7 to 8:30 p.m.

U18 full season tryouts are March 16, from 6 to 7:30 p.m.

The Wolves will continue to offer their successful U18 split season program, coached by Mike Potenza, with a tryout in Laconia in the middle of March.

So far in 2020-21, the Wolves Youth Hockey teams have enjoyed stellar seasons, each with a dedication to player development. Some highlights so far for the 2020-21 season include:

Top ranking in NH Tier II U14 according to My Hockey Rankings;

Top 100 US ranking in U16 Tier I according to My Hockey Rankings;

U18 Split Season - first place finish in NH Tier III;

U14 participation in the Fall Beast Showcase; Lakes Region Midget Challenge Champions - Wolves U16 full season.

All tryouts are run by the Wolves coaching staff including EHL Head Coach Tim Kunes and General Manager Andrew Trimble.

Players and parents are encouraged to pre-register using the PayPal link on the homepage of the Wolves web site.



COURTESY PHOTO

## Lacrosse clinics

The Laconia Lacrosse Club is gearing up for its 2021 spring season and has begun offering winter clinics on Sunday afternoons and evenings for current and prospective players. The club fields teams for boys and girls in grades one through eight from Laconia and most of the surrounding towns. Interested families should visit the club's web site and e-mail the club for information about the clinics and the season. Pictured are some of the 10U (third and fourth grade) girls at the clinic on a recent Sunday afternoon at the Laconia Community Center.

# Belknap Mill Virtual Book Club joins with Page Turners

LACONIA — The Belknap Mill Virtual Book Club is growing! We are excited to be combining with a like-minded group of history inspired readers, The Page Turners.

The book club is history focused and includes a fantastic line up of books about locations and authors throughout New England. Club co-leaders Heidi Smith, The Page Turners and Cathy Waldron, the Belknap Mill Book Club, will take readers on historical journeys of the heritage and communities of New England. This collaboration has created The Belknap Mill Page Turners. The club meets, currently via Zoom, on the last Wednesday of each month at 6 p.m. Book Club dates for 2021 include: Feb. 24, March 31, April 28, May 26, June 30, July 28, Aug. 25, Sept. 29, Oct. 27, Nov. 24, Dec. 29.

The book selection for February: "Red House" by Sarah Messer. In her critically

acclaimed, ingenious memoir, Sarah Messer explores America's fascination with history, family, and great houses. Her Massachusetts childhood home had sheltered the Hatch family for 325 years when her parents bought it in 1965. The will of the house's original owner, Walter Hatch—which stipulated Red House was to be passed down, "never to be sold or mortgaged from my children and grandchildren forever"—still hung in the living room. In Red House, Messer explores the strange and enriching consequences of growing up with another family's birthright. Answering the riddle of when shelter becomes first a home and then an identity, Messer has created a classic exploration of heritage, community, and the role architecture plays in our national identity.

For more information or to join, please email: [bookclub@belknapmill.org](mailto:bookclub@belknapmill.org).

# Kelsi Nicole Sheehan named to Husson University's President's List

BANGOR, Maine — Laconia resident, Kelsi Nicole Sheehan, has been named to Husson University's President's List for the Fall 2020 semester.

Sheehan is a first-year student who is currently enrolled in Husson's Bachelor of Science in Criminal Justice program.

Students who make the President's List must carry at least 12 graded credit hours during the semester and earn a grade point average of 3.80 to 4.0 during the period.

For more than 120 years, Husson University has shown its adaptability and strength in delivering educational programs that prepare future leaders to handle the challenges of tomorrow through innovative undergraduate and graduate degrees.

With a commitment to delivering affordable classroom, online and experiential learning opportunities, Husson University has come to represent a superior value in higher education. The hallmarks of a Husson education include advanced knowledge delivered through quality educational programs in business; health and education; pharmacy studies; science and humanities; as well as communication. According to a recent analysis of tuition and fees by U.S. News & World Report, Husson University is one of the most affordable private colleges in New England. For more information about educational opportunities that can lead to personal and professional success, visit [Husson.edu](http://Husson.edu).

BY MARTHA SWATS  
Owner/Administrator  
Comfort Keepers

Spending time with loved ones, enjoying nature and participating in activities can improve quality of life for seniors. However, cold winter weather can create a barrier to many senior's regular schedules. And, it's not just snow and ice that make winter a difficult season for seniors – additional factors include post-holiday isolation, illness, and the physical effect of cold weather.

Knowing what to look for, and creating a strategy for combatting winter health risks, can help seniors maintain positive mental health and physical wellness.

Some factors to consider include:

- Winter blues – Cold air and gloomy skies can make anyone feel less cheerful during the winter months. However, depression can have an outsized effect on seniors and their long-term mental health. Creating opportunities for socialization and finding joyful moments isn't just for fun – it can help foster critical connection and combat loneliness. There

are a variety of uplifting activities that can be enjoyed during the winter months. These include movie nights, reminiscing by the fire, and getting outside on a rare sunny day.

- Winter illness – There are a variety of ways that seniors can be physically affected by the winter season.
  - o Pneumonia: Pneumonia is an infection that can be dangerous for seniors due to lung issues that come with age, weakened immune systems and conditions that make pneumonia more severe. Older adults should talk to their doctor about healthy lifestyle changes and vaccines that can help.
  - o Joint pain: Joint pain can be more common for seniors in cold conditions – whether they suffer from arthritis or not. Dressing in layers, regulating temperature inside and stretching exercises can help. A healthcare professional can also suggest exercise, medication or other coping strategies.
  - o Heart issues: Heart attacks and high blood pressure are more common in winter because

cold snaps increase blood pressure and strain on the heart. The heart must work harder to maintain body heat, while falling temperatures may cause an unhealthy rise in high blood pressure, especially in seniors.

- Winter safety – Being mindful of winter safety issues is important for seniors and their families. Cold weather can be more dangerous for those with some health conditions, like Parkinson's disease, diabetes or thyroid problems. Seniors should talk to their doctor to learn more. Other types of accidents or injuries can be avoided through education too. Examples include being mindful about fall risks, monitoring carbon dioxide levels and preventing hypothermia.

**Comfort Keepers® Can Help**

Our goal is to provide uplifting in-home care that benefits seniors and their families. The individualized care plans we create for our clients consider physical goals as well as non-physical mental health needs. Our caregivers can provide companionship or trans-

portation to community events, and support physician-prescribed exercise regimens, provide companionship and help to families that want to stay connected through technology. We strive to elevate the human spirit through quality, compassionate, joyful care.

To learn more about our in-home care services, contact your local Comfort Keepers location today.

**About Comfort Keepers**

Comfort Keepers is a leader in providing in-home care consisting of such services as companionship, transportation, housekeeping, meal preparation, bathing, mobility assistance, nursing services, and a host of additional items all meant to keep seniors living independently worry free in the comfort of their homes.

Comfort Keepers have been serving New Hampshire residents since 2005. Let us help you stay independent.

Please call 603-536-6060 or visit our website at [nhcomfortkeepers.com](http://nhcomfortkeepers.com) for more information.



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**Edward Jones: Financial Focus**

### Financial Gifts for Your Valentine

- **Stay protected**  
If your valentine also happens to be your spouse, you can give a gift of tremendous value by simply working to protect what you have. For example, if something happened to you, would your spouse be able to maintain the household, educate children, pay the mortgage and so on? A financial professional can help you find the protection you need, as well as suggest ways to defend yourself against the devastating costs of long-term care. A private room in a nursing home can cost \$100,000 or more each year, according to the insurance company Genworth, and Medicare typically pays few of these expenses, so you'll want to be prepared.
- **Create (or revise) your estate plans**  
It doesn't sound very romantic but making sure your estate plans are in order is one of the best gifts you can give to all your loved ones. If you haven't created your plan yet, contact an attorney who specializes in estate planning. You may also want to involve your tax and financial advisors. And if it's been a while since you looked at your existing plan, take the time to review it – this is especially important if you've had changes in your family situation. On Valentine's Day, the chocolate hearts and flowers are certainly always appreciated. But financial gifts can help you make a truly lasting impact on your loved ones' lives.



**Jacqueline Taylor**  
Financial Advisor  
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This article was written by Edward Jones for use by your local Edward Jones Financial Advisor. Edward Jones, Member SIPC  
Before investing in bonds, you should understand the risks involved, including credit risk and market risk. Bond investments are also subject to interest rate risk such that when interest rates rise, the prices of bonds can decrease, and the investor can lose principal value if the investment is sold prior to maturity.



# JBT Game set for Feb. 20 in Laconia

LACONIA — The JBT Game and the Not So Mini One-on One Shootout Competition is back. Cancer hasn't taken the year off and neither will they.

This JBT Game and fundraising event will be held in conjunction with the New England Wolves game on Saturday, Feb. 20, at 5:45 p.m. on the ice of Merrill Fay Arena in Laconia as the EHL New England Wolves take on their southern rival, the NH Avalanche.

The NH Chapter of the Cure Starts Now and the Wolves are proud to announce this year's roster of shooters:

Neil Ravin - Director

of PR and Social Media for the EHL;

John McKenzie - fan favorite, local coach and father to many;

Brit Hart - game day reporter for the EHL;

Chris Dey - (with mystery shooter).

The 2021 (pandemic version) of the JBT Game will look different than previous years in order to provide a safe environment. At the game attendance is not encouraged (other than players' parents), keeping in accordance with NH state guidelines, so a free live feed of the game will be broadcast on YouTube (DPPG | JBT Charity Game: New England Wolves vs. New Hampshire Avalanche - YouTube) for JBT supporters, local residents, fans and donors to watch from the comfort of their home. Mask wearing is mandatory. The amount of shooters and duration of the shootout is limited as well. There will be no congregating in the lobby or at the venue sweatshirt sales, so people are encouraged to go online and donate and/or purchase t-shirts and sweatshirts online (Home | The Cure Starts Now).

"The Wolves organization would like to personally thank Jesse and the Thompson family for allowing us to hold this event again. 2020 and 2021

have been devastating to charitable organizations who receive donations through events and campaigns," commented GM Andrew Trimble. "Yet cancer is still affecting families, lives and communities and research needs funding."

The JBT Game was started in the 2015-16 season, as the Wolves defeated the Vermont Lumberjacks in a memorable 7-5 event. Since that time, the game has raised more than \$100,000 for the Cure Starts Now foundation, and the local chapter has raised more than one million. DIPG, the cancer that affected John Bradley Thompson, is an inoperable form of brain cancer that leaves families with little to no hope.

The Cure Starts Now focuses on the Homerun Cure to all cancers by concentrating the research funding efforts on this deadly form of cancer. With more than \$16.4 million in pediatric brain cancer research funding to date, donors can rest assured that 100 percent of the donation, after credit card processing, will go directly to innovative research. Please join in funding crucial research to save the youngest of warriors.

Check out the event page here and consider donating to one of the shooters.



RC GREENWOOD

## Gilford sweeps pair

Jaiden McKenna looks to the hoop in action against Inter-Lakes last week. The Golden Eagles took a pair of games against the Lakers last week. They are scheduled to host Kingswood today, Feb. 11, at 6 p.m. and next week play Laconia, on the road on Monday, Feb. 15, and at home on Thursday, Feb. 18, both at 6 p.m.

## Laconia's Emma Greco named to University of Iowa dean's list

IOWA CITY, Iowa — Emma Greco of Laconia was among the more than 7,400 undergraduate students at the University of Iowa named to the dean's list for the 2020 fall semester.

Greco is a student in the Iowa's College of Liberal Arts and Sciences and is majoring in English and Creative Writing.

Guidelines for inclusion on the list are:

- Courses offered on a satisfactory/unsatisfactory (S/U) or pass/non-pass (P/N) basis do not count toward graded credit for inclusion on the dean's list.

- Undergraduate students in the College of Liberal Arts and Sciences, the College of Education, the College of Engineering, the Tippie College of Business, and University College who achieve a grade-point average (GPA) of 3.50 or higher on nine semester hours (spring 2020) or more of UI graded coursework during a given semester or summer session and who have no semester hours of "I" (incomplete) or "O" (no grade reported) during the same semester are recognized by inclusion on the dean's list for that semester.
- Undergraduate stu-

dents in the Roy J. and Lucille A. Carver College of Medicine with fewer than nine semester hours (spring 2020) of graded credit, if deemed appropriate by the college.

- College of Nursing students participating in clinical courses who have a total of nine semester hours of earned credit (spring 2020), with eight semester hours of graded credit with a GPA of 3.50 or higher.

**About the University of Iowa**

The University of Iowa is one of the nation's premier public research universities,

dedicated to academic excellence, groundbreaking discoveries and creations, commitment to Iowa and the world, and a culture that prizes community, diversity, and opportunity.

Iowa is known around the world for its leadership in the arts, sciences, and humanities. It is home to the first and best creative writing program in the world, a world-class academic medical center and one of America's top teaching hospitals, and a can-do culture that fosters a campus-wide dedication to student success.

## Kevin Shaw of Roche Realty Group named Top Producer for 2020

LACONIA — Frank Roche, president of Roche Realty Group, with offices in Meredith and Laconia, recently announced that Kevin Shaw of the Laconia office produced a closed sales volume in

excess of \$35.5 million, involving 76 transaction sides for the year 2020. Kevin is the top producer for the firm for 2020.

"Kevin had another amazing year in sales and was just \$1 million shy of

his record-breaking year in 2019 at \$36.6 million in sales volume. Kevin's sales accomplishments of \$35,534,950 placed him as the number 7 top producer in the Lakes Region Board of Realtors® that

ranked 664 members that produced sales. Additionally, Kevin ranked as number 24 in the entire state of New Hampshire Association of Realtors® out of 5,803 statewide realtors that produced sales, according to the New England Real Estate Network, Inc.," Frank Roche indicated. "This is a tremendous accomplishment that he achieved individually, not as part of a team, as reported by a number of other top producers."

Shaw has been practicing real estate with Roche Realty Group for 20 years; just in the last five years alone, he has sold \$130,461,951 in properties involving 341 transaction sides. Kevin was born and raised in the Lakes Region. He has been active in sports programs throughout the years as a coach and referee. Shaw also oversees yearly and weekly rentals. Kevin Shaw can be reached at the Laconia office at 528-0088 or on his cellphone at 387-4778.

## Local Students named to Dean's List at Saint Michael's College

COLCHESTER, Vt. — The following local students were named to the Dean's List at Saint Michael's College for the Fall 2020 semester.

- \* Riley Nichols, a senior biology major from Gilford, and a graduate of Tilton School.
- \* Erin Madden, a freshman international relations major from Gilford, and a graduate of Gilford Middle High School.
- \* Cassandra Weston, a senior neuroscience major from Gilford, and a graduate of Gilford Middle High School.
- \* Samuel Mercer, a sophomore political science major from Gilford, and a graduate of Gilford Middle High School.
- \* Sierah Miles, a junior biology major from Laconia, and a graduate of Milford High School Applied Technology Center.
- \* Alexyah Dethvongsa, a junior international

relations / public health, B.A. major from Laconia, and a graduate of Laconia High School.

**About Saint Michael's College**

Saint Michael's College, founded in the great Catholic intellectual tradition, which also recognizes the principles of social justice and compassion, is a selective, fully residential Catholic college in Vermont's beautiful Green Mountains. Our closely connected community delivers internationally-respected liberal arts and graduate education near Burlington, one of the country's best college towns. To prepare for fulfilling careers and meaningful lives, young adults here grow intellectually, socially, and morally, learning to be responsible for themselves, each other and their world.

## Kassandra Weston of Gilford graduates from Saint Michael's College

COLCHESTER, Vt. — Kassandra Abigail Weston of Gilford graduated in December from Saint Michael's College with a Bachelor of Science cum laude in Neuroscience.

**About Saint Michael's College**

Saint Michael's College, founded in the great Catholic intellectual tradition, which also recognizes the principles of social justice and compassion, is a se-

lective, fully residential Catholic college in Vermont's beautiful Green Mountains. Our closely connected community delivers internationally-respected liberal arts and graduate education near Burlington, one of the country's best college towns. To prepare for fulfilling careers and meaningful lives, young adults here grow intellectually, socially, and morally, learning to be responsible for themselves, each other and their world.

## HIGH SCHOOL SLATE

**Thursday, Feb. 11**  
BELMONT  
Boys' Hoops vs. Prospect Mountain; 6  
Girls' Hoops at Prospect Mountain; 6  
GILFORD  
Boys' Hoops at Kingswood; 6  
Girls' Hoops vs. Kingswood; 6  
**Friday, Feb. 12**  
WINNISQUAM  
Boys' Hoops at Franklin; 6  
Girls' Hoops vs. Franklin; 6  
**Saturday, Feb. 13**  
BELMONT-GILFORD  
Hockey at Laconia-Winnisquam-Inter-Lakes; 3:45  
WINNISQUAM  
Hockey vs. Belmont-Gilford; 3:45  
Wrestling vs. Mascoma; 10  
**Monday, Feb. 15**  
BELMONT  
Boys' Hoops vs. Franklin; 6  
Girls' Hoops at Franklin; 6  
BELMONT-GILFORD  
Hockey at Kennett; 12  
GILFORD

Boys' Hoops vs. Laconia; 6  
Girls' Hoops at Laconia; 6  
WINNISQUAM  
Unified Hoops vs. Prospect Mountain; 3:30  
**Tuesday, Feb. 16**  
WINNISQUAM  
Boys' Hoops at Newfound; 6  
Girls' Hoops vs. Newfound; 6  
**Wednesday, Feb. 17**  
BELMONT-GILFORD  
Hockey vs. Kennett; TBD  
WINNISQUAM  
Hockey vs. Berlin; 4:30  
**Thursday, Feb. 18**  
BELMONT  
Boys' Hoops at Franklin; 6  
Girls' Hoops vs. Franklin; 6  
GILFORD  
Boys' Hoops at Laconia; 6  
Girls' Hoops vs. Laconia; 6  
Nordic Skiing at Jackson; 3  
WINNISQUAM  
Hockey at Berlin; 6  
**All schedules are subject to change.**

## PET OF THE WEEK

## LUCY

This beautiful and sweet girl, hasn't yet learned that the world isn't scary. She will need a patient and understanding person to show her positive reinforcement, go at her pace and help her understand that things aren't so terrifying! Once Lucy warms up to you, holy moly is she just so excited and wants nothing more than to play, and be your best friend.

Lucy would do best in an adult only home and may not do well in a busy environment with frequent visitors. She would do well with a confident dog friend or two at home. Miss Lucy is a little fearful of cats, but may do well with a slow introduction and proper management.



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## University of New Hampshire announces December 2020 graduates

DURHAM — The following students graduated from the University of New Hampshire in December 2020. Students who received the honor of summa cum laude graduated with a GPA of 3.85-4.0; students who received the honor of magna cum laude graduated with a GPA of 3.65-3.84; and students who received the honor of cum laude graduated with a GPA of 3.50-3.64. Students are only graduated after the Registrar's Office has certified that all degree requirements have been successfully completed. Participating in the commencement ceremony is the act of honoring and celebrating academic achievement.

Lisa Graham of Laconia graduated with a MS in Cybersecurity Pol & Risk Mgmt

Stacy Sorrell of Laconia graduated with a DNP in Nursing

Brenden Mooney of Laconia graduated with a BS in Sport Studies

Brandon Sasserson of Gilford graduated Magna Cum Laude with a BS in BusAdm:Management

Bryce Workman of Gilford graduated Cum Laude with a BS in BusAdm:Finance

## Jaclyn Attar of Gilford named to UA Dean's List

TUSCALOOSA, Ala. — Jaclyn H. Attar of Gilford, was named to The University of Alabama Deans List for fall 2020.

A total of 13,128 students enrolled during the fall 2020 term at The University of Alabama made the Dean's List with academic records of 3.5 or above (on a 4.0 scale), or the President's List with academic records of 4.0 (all A's).

The UA Dean's and President's lists recognize full-time undergraduate students. The lists do not apply to graduate students or to undergraduate students who take less than a full course load.

The University of Alabama, the state's oldest and largest public institution of higher education, is a student-centered research university that draws the best and brightest to an academic community committed to providing a premier undergraduate and graduate education. UA is dedicated to achieving excellence in scholarship, collaboration and intellectual engagement; providing public outreach and service to the state of Alabama and the nation; and nurturing a campus environment that fosters collegiality, respect and inclusivity.

## Leah Gardner named to Dean's List at Ithaca College

ITHACA, N.Y. — Ithaca College student Leah Gardner from Gilford was named to the Dean's List for the fall 2020 semester.

**About Ithaca College**

Founded in 1892, Ithaca College is a residential college dedicated to building knowledge and confidence through a continuous cycle of theory, practice and performance. Home to some 6,500 students, the college offers more than 100 degree programs in its schools of Business, Communications, Humanities and Sciences, Health Sciences and Human Performance, and Music.

Students, faculty and staff at Ithaca College create an active, inclusive community anchored in a keen desire to make a difference in the local community and the broader world. The college is consistently ranked as one of the nation's top producers of Fulbright scholars, one of the most LGBTQ+ friendly schools in the country, and one of the top 10 colleges in the Northeast.

## DELIBERATIVE (Continued from Page A1)

mounted jet-vac cleaner, and a vehicle scale at the Solid Waste Center. A number of articles would put money into different capital reserve funds and there are a number of petition articles that would put money toward different regional agencies.

Voters will decide on all these articles plus candidates for town offices during town meeting voting on March 9.

## WARRANT (Continued from Page A1)

Article 2 is the general operating budget of \$27,015,813. If the article fails, the default budget will be \$27,935,981.

Article 3 would put \$200,000 into the School Buildings Maintenance Capital Reserve Fund from surplus fund balance. The next roof project is redoing the roofing at Gilford Elementary and High Schools for \$800,000 in the 2023-2024 school year. There is currently \$255,597 in the fund.

Article 4 would put \$52,500 into the School Buildings Roof Maintenance Capital Reserve Fund from surplus fund balance. The next roof project is redoing the roofing at Gilford Elementary and High Schools for \$800,000 in the 2023-2024 school year. There is currently \$255,597 in the fund.

Article 5 would put \$30,000 into the School Buildings Technology Infrastructure Capital Reserve Fund (with and has an estimated cost of \$870,000.

A full copy of the warrant can be found on the front page of the school website sau73.org. Town and school district voting will take place on Tuesday, March 9 at the Gilford Youth Center.

A current balance of \$122,280) from surplus fund balance. The Gilford School District's wireless infrastructure project is the next expected major technology project. The project is slated for this coming school year and has an estimated cost of \$182,000.

## HOCKEY (Continued from Page A2)

and Ribeiro got in close with bids as the clock ticked down into the final minutes. McGreevy came out of the net in the final minute and the Bulldogs were able to get a couple of faceoffs in their offensive zone, with Brendan Folan and Ribeiro getting late bids, but Melanson didn't surrender anything and the Mountaineers had the 1-0 win.

"It's the same issue as it was," said Parent, noting putting the puck in the net has been a struggle for the Bulldogs. "It's not like we didn't have the chances."

However, the Belmont-Gilford mentor noted that he expected that once a bounce or two went the team's way, the goals will start to come.

"The goals will come," he said. "Sometimes a bounce goes your way, sometimes they don't go your way."

"Once they do, good things start to happen," Parent continued. "We just have to be patient."

"That was a great game," he added.

The Bulldogs will be back in action against Laconia-Winnisquam-Inter-Lakes on Saturday, Feb. 13, at 3:45 p.m. and will host Kennett on Wednesday, Feb. 17, at 3:20 p.m.

*Sports Editor Joshua Spaulding can be reached at 279-4516, ext. 155 or josh@salmonpress.news.*

## STRATEGIES (Continued from Page A4)

law; but I see another law at work in the members of my body. What a wretched man I am! Who will rescue me from this body of death? Thanks be to God – through Jesus Christ our Lord."

Jesus is God's solution to our most fundamental needs. No matter how dark our past, no one is beyond the fundamental, life-altering change Jesus promises to all who come to Him. "I am come that they might have life," Jesus said, "and that they might have it abundantly."

I realize I sound like a broken record, for I say much the same every week. But I desperately want to make a point: living for God is not the drag it is often pictured to be. Our God is no man's debtor; He never takes more than He gives in return. It is a privilege to serve the Living God.

## Local students named to Holy Cross' Fall 2020 Dean's List

WORCESTER, Mass. — A total of 1,453 students were named to College of the Holy Cross' Dean's List for outstanding academic achievement during the fall semester of the 2020-21 academic year. The following local students made the list:

Sarah Vermette of Gilford, a member of the Class of 2022, majoring in Mathematics

Grace Bradley of Gilford, a member of the Class of 2022, majoring in Accounting

To qualify for the Dean's List, students must pass four or more letter-graded courses with no failing grades during the semester and earn a GPA of 3.5 or higher.

**About Holy Cross**

The College of the Holy Cross, in Worcester, Mass., is among the nation's leading liberal arts institutions. A highly selective, four-year, exclusively undergraduate college of 3,100 students, Holy Cross is renowned for offering a rigorous, personalized education in the Jesuit, Catholic tradition. Since its founding in 1843, Holy Cross has made a positive impact in society by graduating students who distinguish themselves as thoughtful leaders in business, professional and civic life.

## Laurel Gingrich named to Albright College Dean's List

READING, Pa. — Laurel Gingrich of Gilford has been named to the fall 2020 Dean's List at Albright College. A graduate of Gilford Middle High School, Gingrich majored in the Alpha program during the fall semester.

To be eligible for the Dean's List, Albright students must earn a GPA of 3.75 or better while taking a minimum of three graded courses during a semester.

Founded in 1856, Albright College is a diverse community of learners cultivating integrity, curiosity, connection and resilience. The college's flexible curriculum encourages students to combine and cross majors to create individualized academic programs. Close faculty mentorship and numerous experiential learning options create opportunities for Albright graduates to exceed their own expectations. Located in Reading, Pa., Albright enrolls more than 1,600 full-time undergraduates and 700 adult learners and graduate students.

## NOTEBOOK (Continued from Page A4)

a pack, draw a bead on some distant place, and just go. I know, because I've been there. These days I don't have to go, because I know.

+++++

My dreams take me back to a simpler time, a life without limits. There were no back-yard fences. We had the run of the town. If you fell, someone would pick you up. If you did something bad, everyone would cheer. If you did something good, everyone would cheer. There was no such thing as privacy.

In my dreams, I travel with an old-fashioned pack-basket, made of ash, light as a feather but spacious and strong, with a waterproof cover to shelter its load. In it are a short-handled axe for around camp, my cooking kit, foul-weather gear, bug-dope, a folded tarp, a small first-aid kit, a very light pair of sneakers, and a pair of socks. Atop the pack-basket in a plastic bag is a tightly rolled light sleeping bag.

It is trail gear I've had in one form or another all my life, from Clarks-ville Pond and the upper reaches of Deadwater Stream and Labrador Brook to the high country of the White Mountains, the West, Alaska, and beyond.

+++++

I'm traveling through some of the most remote parts of New Hampshire's North Country with Fish and Game biologist Karl Strong, on the 44-mile Grouse Line Survey. It's a legendary trip, undertaken by Fish and Game biologists for more than 40 years. Tomorrow, we'll be joined by the essayist Edward Hoagland. So far, in two days on the trail, we have not seen a single other person.

When I first made this trip, I was 13 and Karl asked me to go simply for the company. This time, I'm a statewide outdoor writer approaching my forties. The first trip was a lot easier on the knees.

Karl and I are setting up camp near Garfield Falls. We are in the middle of an old tote road, all grown up to hardwood saplings, but near softwoods and a brook. We make a quick job of a lean-to. We gather firewood for the night. We cut small fir-branches for our beds, and our talk follows the sparks into the great beyond.

+++++

Not so long ago, when it got to be a lot of years since I'd made camp, I decided to sleep on the floor, just so I'd remember. It's been a while, so I think I'll do it again soon—lie flat on the floor, with a jacket for a pillow.

I'll use my lightest sleeping bag. I'll have to forego the fir boughs for a bed. The dog, if experience rules, will fold herself behind my knees, as she did whenever we went to camp.

And I shouldn't need any help standing up in the morning. The dog won't mind the bad words, and in any case, I'll keep the phone handy.

*(Please address mail, with phone numbers in case of questions, to campguyhooligan@gmail.com or 386 South Hill Rd., Colebrook, NH 03576.)*

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ALPINE

(Continued from Page A1)



Morgan McCarthy led the Gilford boys at Gunstock last week.

JOSHUA SPAULDING



JOSHUA SPAULDING

Delilah Smock races through the snow at Gunstock on Friday.

**(Left) Haukur Karlsson cuts through the giant slalom course at Gunstock last week.**

place. Brown finished in eighth place in 1:01.51 and Tessa Tanner placed 10th in a time of 1:06.82. The Gilford boys finished second in the morning giant slalom, with Morgan McCarthy leading the way with a time of 56.91

seconds for fifth place. Cole Howard finished in sixth place in a time of 58.79 seconds and Haukur Karlsson was 14th with a time of 1:05.11. Patrick Gandini finished in 1:05.76 for 17th place to finish out the field of Golden Eagles. Gilford was third in the afternoon slalom, with McCarthy again leading the way, finishing in fourth place with a time of 52.64

seconds. Howard finished in eighth place with a time of 55.7 seconds and Karlsson was 14th overall with a time of 1:09.25. Gandini placed 28th overall with a time of 1:20.94 to round out the Gilford skiers. *Sports Editor Joshua Spaulding can be reached at 279-4516, ext. 155 or josh@salmonpress.news.*

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POND HOCKEY

(Continued from Page A3)

ERIN PLUMMER

The New England Pond Hockey Classic looked a lot different this year, but players still flocked to Meredith for the 12th annual event.

Rhode Island said it was an amazing experience to play on this lake, “and feel normal for once in a while.” Kelly said it felt “fantastic” to win. Ingalls Pictures came from Grand Rapids, Michigan. Some members of the team have been coming for three or four years while some have been doing the tourney for around seven. “We look forward to this every year,” said team member Alex Johnson.

ERIN PLUMMER

Teams returned to Meredith Bay on Friday for the first day of the New England Pond Hockey Classic.

Johnson said the organizers made this a great year considering the situation. “They did an amazing job despite everything that’s going on,” Johnson said. “They pulled it off; we had a great time.”

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