

Gilford Steamer

THURSDAY, AUGUST 8, 2019

GILFORD, N.H.

Rotary awards Cheryl Lynn Walsh Scholarship

The Cheryl Lynn Walsh Memorial Scholarship was presented at the Gilford High School Senior Awards Night, June 13 to Emily Waite of Gilford, an outstanding member of the Class of 2019. She will be attending the University of New Hampshire (UNH) majoring in Exercise Science

The Award and Scholarship are presented annually by the Gilford Rotary Club. It is awarded to the applying student(s) who display Cheryl's character, promise and aspirations. With the presentation of the 31st Annual Cheryl Walsh Scholarship, over \$70,000 has been presented to 49 graduating Gilford High School seniors.

The Scholarship was started and was first presented in 1989. Gilford Rotary initially funded the Scholarship with seed money which was invested conservatively. The proceeds/earnings of investments plus contributions by Committee members, family



COURTESY

Left to right: Gilford Rotary Scholarship Committee Chair Larry Routhier and Scholarship recipient Emily Waite.

members and friends has resulted in \$500 - \$3000 grants to the recipients over the years.

Annually, recipients receive a silver commemorative bowl, a citation, and the grant at Senior Awards Night in June. In May, a selection committee of Board Members, friends and past recipients conduct interviews to select the recipients. The Scholarship has traditionally attracted the brightest and most talented leaders and scholar/athletes of the Senior Class.

Several fund-raising activities have been held over the years, including the long-standing Annual Rotary Pancake Breakfast at Gilford's Old Home Day. The goal has been to raise and conserve a substantial enough principal to fund a meaningful and truly helpful grant to each year's recipient(s). The current fund goal is \$100,000.

Contributions may be made to: The Cheryl Lynn Walsh Memorial Scholarship Foundation, c/o Treasurer, Gilford Rotary, Inc., P.O. Box 7091, Gilford, NH 03247-7091.

Selectmen tentatively approve bathroom at recycling facility

BY ERIN PLUMMER
mnews@salmonpress.news

The selectmen approved a proposal to construct the recycling facility's bathroom to secure a contractor and get utility work done for the whole recycling center project as long as the Solid Waste Committee approves

going in this direction.

Town Administrator Scot Dunn told the selectmen during the July 24 meeting one thing discussed at the recent Solid Waste Committee meeting was that the bathroom really needs to get built so the plumbing and electrical work

can be done on the rest of the project. Dunn said there are many carpentry contractors that are really busy this time of year and the earlier they can procure these services the better. Dunn recommended going to Cathcart Construction of Laconia, which Dunn refers to as "our

town carpenter."

"They've done a number of projects for the town and they've been very accommodating timing-wise," Dunn said.

The bathroom construction was quoted at \$52,980.30, around \$15,000 higher than the original \$37,000 SEE **RECYCLING** PAGE A10

Selectmen approve principals for Old Lakeshore Road bridge project

BY ERIN PLUMMER
mnews@salmonpress.news

The selectmen approved the services of a contractor and construction administrator for the replacement of the Old Lakeshore Road Bridge.

Voters approved the appropriation of \$1.1 million in 2018, 80 percent of which will be returned to the town in state and federal funds. The town will be responsible for 20 percent of funds and Town Administrator Scott Dunn said there is already \$400,000 in a capital reserve fund for the project.

Dunn told the selectmen during the July 24 meeting that the town received six bids on the project ranging from \$929,597.50 to \$1,104,423.95. He recommended awarding the project to the lowest bidder, Cold River Bridges, LLC of Walpole, for \$929,597.50. Dunn

said the bid was reviewed by the town engineer, who recommended granting this award.

The board unanimously approved awarding the contract to Cold River Bridges, LLC.

The board also approved utilizing Stantec for administrative services, continuing their role from the initial design phase through the building phase.

As this project is receiving federal funds Dunn said the project needed to go through a complicated Request for Qualification process for design services, which he said was not his ideal process.

"The thing that I find disconcerting about that process is in the initial phase of soliciting for expert assistance you're not allowed to ask them what they will charge you," Dunn said, "you are only SEE **BRIDGE** PAGE A10

Dancing with the Lakes Region Stars returns in November

BY ERIN PLUMMER
mnews@salmonpress.news

MEREDITH — After a four year hiatus, Lakes Region Dancing with the Stars will return for the seventh year. Local professionals will partner with professional dancers and dance instructors to raise money for a number of local organizations for the show at the Inter-Lakes Community Auditorium on Nov. 15.

This year's stars and professionals first met on Monday at Lakes Region Dance in Meredith to begin the process of rehearsals, fundraising, and spirit raising that will lead to



ERIN PLUMMER

Local stars, dancers, show organizers, and friends join at Lakes Region Dance in Meredith to start the journey toward this year's Lakes Region Dancing with the Stars show on Nov. 15.

this year's show.

The show was founded by Laura Brusseau

and Ashley Halsey as a way to raise awareness of local organi-

zations. In its six previous years the show SEE **DANCING** PAGE A10

Notes from the Gilford Public Library

BY MARK THOMAS
Library Correspondent

Sifting through information is difficult. It's really, really hard to find quality information amongst the ceaseless waves of incom-

plete, amateurish, and unsubstantiated information, not to mention deliberate misinformation. In this age of information, it is increasingly important that we consider the

credibility of information we take in. The Library's Mission is to help providing access to quality information. We persistently work to help sift through to find books and programming that merits attention. We do our best to find materials and programs of interest to all demographics in Gilford, and to represent

different viewpoints. It's genuinely enjoyable work!

Expert presentations and discussions are one such way we try to bring information to you. We are always on the lookout for experts to come talk at the library about their fields. For the most part, we try to find speakers with

experience presenting at libraries and with a reputation for forthrightness. That's how we came to invite Robert Azzi to present 'Ask a Muslim' next Thursday, Aug. 15 from 6-8 p.m. Robert Azzi is a photojournalist, columnist, public speaker, and Arab-American Muslim. He has been speaking at libraries across New England and comes highly recommended.

Mr. Azzi will talk about his life, his experience as an Arab-American Muslim, the religion of Islam and its history, and about the Middle East, terrorism and associated political and social issues. So, you know, light topics. He wants to converse with any and everyone about Islam and Muslims, speaking as an American citizen

who converted to Islam. We hope to learn and share in his lived experience. In the spirit of providing access, the presentation is free and open to the public and sponsored by the Friends of the Gilford Public Library. There will be ample time for civil questions and discussion.

With attention to the quality of information we consume and programs like this, perhaps we can understand a little more about the world we live in.

Classes & Special Events
Aug. 8-15

Thursday, August 8th
Geri Fit, 9-10am
Walk With Ease, 11am-12pm
Lunchtime Book
SEE LIBRARY PAGE A10



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Gilford Public Library Top Ten Requests

1. "Where the Crawdads Sing" by Delia Owens
2. "Summer of '69" by Elin Hilderbrand
3. "Sophia, Princess Among Beasts" by James Patterson and Emily Raymond
4. "One Good Deed" by David Baldacci
5. "Shamed" by Linda Castillo
6. "Educated" by Tara Westover
7. "Window on the Bay" by Debbie Macomber
8. "Almost Midnight" by Paul Dorion
9. "Under Currents" by Nora Roberts
10. "The City of Girls" by Elizabeth Gilbert

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TO THE RED CROSS TO HELP SAVE PATIENT LIVES

MANCHESTER, NH (July 29, 2019) – To help address the current emergency blood shortage, all who come to give blood or platelets with the American Red Cross July 29 through Aug. 29 will receive a \$5 Amazon.com Gift Card via email. Currently, the Red Cross has less than a three-day supply of most blood types available and less than a two-day supply of type O blood.

Individuals can schedule an appointment to give now by activating Amazon's Alexa Red Cross Blood Skill by saying, "Alexa, find a blood drive," or by using the Red Cross Blood Donor App, visiting RedCrossBlood.org, or calling 1-800-RED CROSS (1-800-733-2767).

When an emergency arises, it is the blood already on the shelves that saves lives. Only through the generosity of blood donors can the Red Cross provide hospitals with lifesaving blood to meet the ongoing and often, unpredictable needs of patients. The need for blood is constant. In the United States every two seconds blood is needed to help accident and burn victims, heart

surgery and organ transplant patients, and those receiving treatment for leukemia, cancer or sickle cell disease.

Amazon donation is helping save patient lives

With the help of a generous \$1 million donation from Amazon, the Red Cross hopes to motivate donors to roll up a sleeve and alleviate the blood shortage across the country. Amazon's partnership with the Red Cross is part of their commitment to "Right Now Needs" to help increase blood donations to ensure patient needs are met.

"We are grateful to Amazon for their support in addressing a 'Right Now Need' for blood donations," said Cliff Numark, senior vice president, Red Cross Blood Services. "Each donation truly matters to those counting on blood products to battle illness and injury. Today, we are asking the public to donate as soon as possible to ensure blood is available on hospital shelves for those in need."

BELKNAP

Laconia:

8/8/2019: 12:30 p.m. - 5:30 p.m.
Lakes Region General Hospital
80 Highland Street

Meredith

8/14/2019: 12:30 p.m. - 6 p.m.
St. Charles Borromeo
300 NH Rt. 25, PO Box 237

GRAFTON

Ashland

8/8/2019: 12 p.m. - 5 p.m.
American Legion Post #15
37 Main Street

Lebanon

8/14/2019: 12 p.m. - 5 p.m.
Alice Peck Day Memorial Hospital
10 Alice Peck Day Drive

MERRIMACK

Concord:

8/13/2019: 10 a.m. - 3 p.m.
NH Public Radio
2 Pillsbury Street

Pembroke

8/9/2019: 1:30 p.m. - 7 p.m.
Pembroke Academy
209 Academy Road

About the American Red Cross

The American Red Cross shelters, feeds and provides emotional support to victims of disasters; supplies about 40 percent of the nation's blood; teaches skills that save lives; provides international humanitarian aid; and supports military members and their families. The Red Cross is a not-for-profit organization that depends on volunteers and the generosity of the American public to perform its mission. For more information, please visit redcross.org or cruzrojaamericana.org, or visit us on Twitter at @RedCross.

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The Meredith News

Residents ask for Belknap Point, Scenic Drive repairs

BY ERIN PLUMMER
mnews@salmonpress.news

A group of Belknap Point Road and Scenic Drive residents are asking the town to do some maintenance and re-

pairs on the road they say have been neglected.

During the July 24 meeting, resident Dennis Didonna approached the board

about doing work on Scenic Drive and Belknap Point Road that he said had been neglected for a long time. Didonna said he has been living on Scenic Drive for

almost 10 years with three town road supervisors and they have gotten different answers on the condition of the gutters.

"We seem to be the

stepchild of Gilford," Didonna said.

He said the road supervisors point to the fact the road is on the list for 2020 to be repaired.

Didonna said there is one main gutter that goes down Scenic Drive that needs to be cleaned

every year, but wasn't last year. He said the water ends up ponding in the gutter and draws mosquitoes.

Didonna said the road itself is in need of work.

"I don't know any other road where

SEE REPAIRS PAGE A10

Gilford Parks and Recreation News

BY HERB GREENE

Director
Gilford Parks and Recreation

Senior Moment-um Wright Museum & Morrisey's Front Porch Trip on Aug. 12

The Gilford Parks and Recreation Department is sponsoring Senior Moment-um Program on Monday, Aug. 12. We will meet at the Gilford Town Hall at 9:15 a.m. before carpooling to the Wright Museum in Wolfeboro to view their extensive collection of WWII memorabilia. After exploring the museum, we will head to Morrissey's Front Porch for a 12:00 p.m. Lunch. The cost of the Wright Museum is \$7 per person and participants will be responsible for the cost of their meal. Participants are asked to RSVP by Thursday, Aug. 8.

To RSVP or for more information, please contact the Gilford Parks and Rec. Department at 527-4722.

Old Home Day Committee

Accepting Parade Applications

The Gilford Old Home Day Committee is currently accepting Parade Applications for the Old Home Day Parade to be held on Aug. 24. These forms are available at both Bank of New Hampshire locations in Gilford, Meredith Village Savings Bank Gilford Branch, Franklin Savings Bank Gilford Branch, the Gilford

Library, the Gilford Town Hall, the Gilford Recreation Department Office and on the Parks and Recreation Web site at www.gilfordrec.com.

For more information, please contact the Gilford Parks and Recreation Department at 527-4722.

Youth Soccer registration deadline is Aug. 16
The Gilford Parks

and Recreation Department will be accepting Youth Soccer registrations through the registration deadline of Friday, Aug. 16! The youth soccer program is open to all Gilford students entering grades K-5 this fall. After August 5th the registration fee increases to \$35. Any registrations submitted after the Aug. 16 deadline will be accepted on an availability basis only.

For more information, please contact the Gilford Parks and Recreation Department at 527-4722.

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MARK ON THE MARKETS

Advisor versus robot



BY MARK PATTERSON

Robo-advising has become very popular because of the very low fees typically associated with this automated service. I believe there is some merit and a place for Robo-advising. There are just some concerns that I have regarding Robo-advising, first being, we really have not seen how the robot handles a fast-moving downward market or an elongated bear market. I can see Robo-advising being used by young people with a very longtime horizon in the markets that are just allowing the robot to rebalance their portfolio and to make algorithmic choices for their money. Where I don't believe Robo works well is for someone inside of 10 years of retirement or doesn't like equity market risk. As we get closer to needing our assets for income, or simply do not have time to recover from a correction in the equity markets, then an advisor that is skilled at structuring steady, sustainable and reliable income that mitigates market risk, sequence of return risk and longevity risk can be invaluable.

I have seen many portfolios that were good candidates for Robo advising. Typically, these portfolios were made up of a family of mutual funds with attached commissions and 12 b1 fees sold by "advisors" who did not take the clients best interests into consideration, but sold funds that their firm was paid to promote. In this instance, this client's money was being passively managed through high cost mutual funds whereas the

robot could have done a better job for less fees. I guess what I'm saying is that given the choice of a robot or a typical broker connected to a firm or bank, I might choose the Robo as well. Client money must be managed with the client's best interest first, but can only be done by an advisor who really understands how to manage that money for their client's needs.

As I mentioned earlier, we have not really seen how the robot reacts in tough market conditions. The last eight years has seen a couple of bumps but not any major drawdowns in the equity markets. So, complacency is at an all-time high and money will chase a market nearing a top. Studies also tell us that investors will start to sell near the bottom. A robot will not have an opinion on the direction of the markets such as, if you should hedge, if you should raise cash levels or start to shift money over to bonds, fixed income or precious metals. It is a good thing that the robot takes your emotions out of the equation, but I'm not so sure that taking a qualified advisor or asset managers emotions, skill and knowledge is a good thing. Time will tell. Robo advising may work for you if your time horizon long and you don't mind market risk in the equity markets, or it could work for a portion of your portfolio that is designated for growth but you will not need for income in the next 10 years.

A good asset manager can manage your money using modern portfolio theory and very low-fee investments that are designed to maximize your returns and minimize your risk. Compare that to the low fee robot. It is all about net returns and risk.

Mark Patterson is an advisor with MHP asset management and can be reached at 447-1979 or Mark@MHP-asset.com.

Send us your letters!

We seek your input! Tax rate got you down? Glendale too congested for your liking? Do you approve of a recent selectmen decision? Hate the paper? Love the paper? Let us know!

Send your letters to:

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Our fax number is 279 3331.

E-mail us at brendan@salmonpress.news.
We're looking forward to hearing from you!



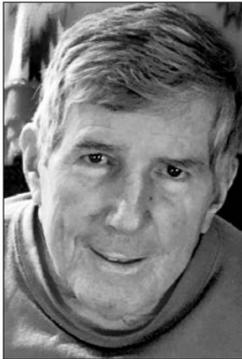
COURTESY

Elks donate to New Beginnings

The Benevolent and Protective Order of Elks is known nationwide for their love of this great nation. The qualities of charity, brotherly love and patriotism are paramount among its members. The Laconia Lodge #876 was honored and privileged to donate \$2,000 to New Beginnings of Laconia, an organization dedicated to helping adults and children rebuild their lives after escaping abusive situations. The check was presented to Director Cathy Keller. The funds will go a long way in aiding individuals create healthy and peaceful lives. Pictured are Elks Officers Lisa Saucedo, Dorothy Frawley, and David Brown. Behind the director is Jen Reardon, Kenzi Abraham, and Jenny Veloski.

NORTH COUNTRY NOTEBOOK

*We've seen this film before,
and didn't very much like it*



By JOHN HARRIGAN
COLUMNIST

Note to new species: Get out of Dodge.

It would be nice if things were so simple, but no way.

I've been through one warming trend, after all., so at least I



JOHN HARRIGAN

Atlantic salmon, researchers say, made it this far--the Connecticut River at Colebrook, with New Hampshire left, Vermont right--and on up to First Connecticut Lake in Pittsburg. For generations, a big pipe collected most local sewage and emptied it into this pool on the Vermont side. It's long gone.

can claim some experience now that warming trends are in the news--and in some places are all the rage.

When I was in my early teens, winters became milder for three or four years (1964-67, as I recall). The two things I noticed, and remember well, were suckers (the fish) moving much farther upstream in the spring than before, and seeing earwigs under bark and in other moist and dark places.

Earwigs were a creature I'd never seen before. However, I read up on them, and found out, among SEE NOTEBOOK PAGE A10

STRATEGIES FOR LIVING

*Being conservative in a progressive society**

BY LARRY SCOTT

I am a conservative, writing and defending my point of view before a progressive society. Although I suspect I support a message few people want to hear. But I am convinced America is at a crossroads, with the future of our great nation at stake; it is imperative I take a stand.

No one can question the moral deterioration that has taken place in America in just the last ten years. The right to life, the authority of God's Word, and traditional marriage are out. Abortion on demand, co-ed bathrooms, and gender reassignment are in. Meanwhile, progressives are proposing a restructuring of America that will re-chart our future and destroy much of what has made America great.

Our nation is in the hands of a generation of men and women who have come up through our educational system

with no idea what the Christian faith is all about. They have been told that truth is relative, evolution is fact, the cosmos is all there is and all there will ever be. To them, if they give Him any thought, Jesus Christ is a "nice guy" Who lived two thousand years ago and has little relevance to our lives today.

"America is a nation at war.... Our very religious liberties are in question, and they are being chiseled away one chip at a time. In recent years militant special interest groups have made it their goal to co-opt our religious liberties and force industry and government to go beyond tolerance of their views and demand full approval of them. Anyone who believes otherwise is told to shut up. We've become a society that obsesses over tolerance and acceptance of everyone--except God" (Todd Starnes, "God Less America," Foreword).

But there is a problem in all of this that everyone seems to have missed. Two laws of life, unavoidable and beyond question, are going to have a major impact on our nation in the years to come.

First, there is the law of diminishing returns. Whether it is wealth or power or pleasure, the more you get the more you want. It is not without reason that political aspirants continue to sponsor programs we cannot afford and make promises they cannot keep.

Then there is the law of sowing and reaping. The Bible says, "Whatever a man soweth, that shall he also reap. For he that soweth to his flesh shall of the flesh reap corruption, but he that soweth to the Spirit shall of the Spirit reap life everlasting." We have sown to the wind; we are, sooner or later, going to reap the whirlwind.

We must not abandon

the moral foundation on which our nation was established. David Barton, writing in Original Intent, has noted that "prominent Founders saw the Ten Commandments -- and religious codes in general -- as the foundation of American civil law. In fact, the belief was clear that public adherence to religious principles was the greatest source of security for civil government" (p. 173).

The Bible says, "Everything in the world--the cravings of sinful man, the lust of his eyes and the boasting of what he has and does--comes not from the Father but from the world. The world and its desires pass away, but the man who does the will of God lives forever."

Listen up, America. Think before you act. Your future is at stake.

For further thoughts like this, follow me at www.indefenseoftruth.net.

Artist Jean Kennedy presents "Passage" at VynnArt

MEREDITH — “Passages” is the title of a special exhibit of Jean V. Kennedy’s new oil paintings on display at VynnArt Gallery in Meredith from Aug. 2 to Aug. 18. The award-winning Gilford artist will be on hand at an opening reception on Aug. 2 from 4-7 p.m., and the public is cordially invited.

These new paintings reflect her experiences and keen eye for the beautiful skies and reflections that draw visitors and artists to the Lakes Region.

“I like challenging myself as a painter” she says, “and I have especially loved doing the cloud studies that resulted in the pieces I am showing in this exhibit.”

Also evident in this exhibit are works inspired by her travels here and abroad. All of the paintings are for sale.

Born and raised in

England, the artist came to the US as a young woman and began painting after retiring from Columbia University as a Research Administrator working with geophysicists. Describing herself as a self-directed learner as an artist, she has been inspired not only by the beauty around her but also by timeless painters’ works in museums and many current impressionistic painters. Art history is one of her passions, and one that she shares with her husband Chip.

Besides spending time as an artist herself, Kennedy enthusiastically promotes the arts. She served two terms as president of the Lakes Region Art Association and continues to be active in informal artist circles, exhibiting in various locations and encouraging others who paint to continue developing as painters. She paints in



COURTESY (Left) “Passages” is the title of a special exhibit of Jean V. Kennedy’s new oil paintings on display at VynnArt Gallery in Meredith from Aug. 2 to Aug. 18. The award-winning Gilford artist will be on hand at an opening reception on Aug. 2 from 4-7 p.m., and the public is cordially invited.

watercolor, acrylic and oil, and is pleased to be offering this exhibit of her newest works in oil.

VynnArt Gallery features all local artists and is located at 30 Main St. in Meredith. For more info call VynnArt at 279-0557.

Costa Blue in concert Aug. 7 at Taylor Community

LACONIA — Johnny Blue Horn has entertained countless fans of music in Boston, Providence and the Northeast region since the 1980s. He has since become a double-barreled performer as both a trumpeter and vocalist encompassing a varied range of musical styles, from gritty Memphis R&B to rhythmic New Orleans second-line jazz; from swinging Kansas City blues to heartfelt 1970s soul.

Russ Costa plays guitar, Dobro, harmonica, and sings. Performing since the early ‘70s in both solo and band performances, he’s opened for Leon Russell, Rick Danko, and the Outlaws and performed with Keith Lockhart

and the Boston Pops in Tanglewood. He is also the Resident blues performer at the original House of Blues in Cambridge, Mass., and he wrote the theme song for Boston’s New Year’s Eve celebration.

Join us for a concert by this talented and powerful Blues Duo Wednesday, Aug. 7 at 6:30 p.m. in Taylor Community’s Woodside Building. This free event is open to the public.

Follow us on Facebook, visit www.taylorcommunity.org, or call 366-1400 for more information about Taylor Community, the premiere not-for-profit Continuing Care Retirement Community in the Lakes Region.

Gilford native Katie Dobbins nominated for NE Music Awards

SOMMERVILLE, Mass. — On July 25, the New England Music Awards (NEMA) Committee announced their selection of nominees for the 2019 season.

The NEMA Nominating Committee is comprised of music industry professionals representing all six New England states and awards are given across a broad range of categories. Each year New England Music Awards are presented to musicians who reside in New England and “whose dedication, spirit, and achievements over the last year have without a doubt established them as a contributing force to the most robust and diverse music scene in the country.”

This year’s list of talented nominees includes singer/songwriter Katie Dobbins, who grew up in Gilford, and now resides in Somerville, Massachusetts. Dobbins has

been nominated in two prestigious categories: Album of the Year (“There Is Light” – released in March 2019) and Songwriter of the Year. This recent sophomore album, “There Is Light,” is full of captivating melodies overlaid with lyrics of hope, light, and love and marked her debut on the renowned Spotify playlist New Friday Christian. Her musicality and lyrical expression delivered through live performances throughout several New England states has resonated with people of all ages and walks of life. Dobbins’ songs are deeply personal, incredibly powerful, and universal.

Awarded Best In State of New Hampshire at the 2018 New England Music Awards only one year after releasing her debut album *She Is Free* (2017), Katie Dobbins has become a well-respected artist across

the region. In addition to writing her own songs, Dobbins has worked hard to cultivate community among musicians and create spaces for songwriters to share their craft. In April, Dobbins began hosting a monthly songwriter series at The Burren Backroom in Somerville called “Songwriter RoundUp.” The series features Dobbins and a rotating cast of songwriters playing original music in-the-round on the last Tuesday of every month. This summer, Dobbins has also hosted a weekly “Summer Songwriter Series” at

Patrick’s Pub in Gilford with a similar format. Dobbins’ dedication to honing her craft as a songwriter and to cultivating spaces where original music can shine is truly remarkable, and she is well deserving of these nominations.

You can support this local songwriter, along with many other talented artists nominated throughout New Hampshire and New England, by voting at nemusicawards.com/vote. Every vote counts, and your vote could help take an artist to the next level of their music career!

TOWN OF WOODSTOCK Request for Proposal

The Town of Woodstock is seeking proposals, from qualified vendors, for the safe removal of the upper stonewall and road located at the Intersection of Route 3 and Route 112.

Scope of work will include:

1. Safely removing said stonewall and road (stone, pavement, cement)
2. Possible tree removal
3. Resloping of bank
4. Replanting of trees
5. Loam and seeding grass

Submit sealed proposals to the Selectmen’s Office
PO Box 156, N. Woodstock, NH 03262

- On or Before August 16, 2019 at 3:00 PM
- Opened/Awarded August 20, 2019 at 6:00 PM
- Mark Envelope Stonewall

The selected bidder shall be expected to provide a certificate of insurance satisfactory to the Town of Woodstock for general liability and workers compensation.

Contact Public Works Department @ 603-348-8783 to schedule a job viewing appointment.

Town of Woodstock Board of Selectmen reserves the right to accept or reject proposals in the best interest of the Town.

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Sunday, August 11
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Shayne G. Goodhue, 58

L A C O N I A — Shayne G. Goodhue, 58, passed away unexpectedly on Thursday, July 25, 2019 at his home in Laconia.

Shayne was an entrepreneur at heart. Of his many businesses, his most recent one growing and lasting eight successful years until his passing.

Shayne had many talents and hobbies in his life, and wasn't afraid to try any of them. One of his favorites was riding motorcycles he loved throwing on his leather jacket and shades and just cruising for miles and miles free as a bird. He was free spirited and driven. We have all faced our challenges, Shayne was no different. He faced them toe to toe.



He lived and loved with great passion. He was the best father he knew how to be. His quick wit, funny jokes, and happy smile as he entered a room are things we will always remember him by.

Shayne is survived by his dedicated son, Shayne Goodhue, Jr. and his fiancé, Ashley Morse both of Claremont; his four grandchildren, Jaxson, Kaydence, Camdyn and Nazir Goodhue; his father, George Goodhue of Hanover;

two sisters, Fawn Rand and husband, Frank of Tilton, Wendy Santee of Memphis, Tenn., and his two brothers, Brad Dunlop and his wife, Jen and George Goodhue of Attleboro, Mass., as well as many nieces and nephews.

Shayne was predeceased by his beloved son Corie Goodhue and his mother, Mary T. Dunlop.

A celebration of life will be held a later date.

Wilkinson-Beane-Simoneau-Paquette Funeral Home & Cremation Services, 164 Pleasant St., Laconia, is assisting the family with the arrangements. For more information and to view an online memorial, go to www.wilkinsonbeane.com.

LRCC to hold Open House EXPRESS Aug. 14

LACONIA — Becoming a student at Lakes Region Community College has never been easier. The college is hosting an Open House EXPRESS Wednesday, Aug. 14 from 4 to 7 p.m.

Faculty and staff will be on hand to answer questions and help all prospective students through the process. Students who bring a copy of their high school transcript or equivalency certificate will be accepted on the spot and can register immediately for the Fall Semester, which begins Monday, Aug. 26. There is no application fee. Members of LRCC's Financial Aid office

will be available to help students through the financial aid application process, and faculty and advisors from each program will be available to help students register for classes and answer questions. To further help prospective students, anyone registering for twelve or more credits for the Spring Semester will automatically be entered into a Free Class Giveaway, and could win a free class for the fall term.

"We're pleased to offer Open House EXPRESS as a convenient way for prospective students to complete the process of admission to the college," said Joyce Larson, Director of Enrollment and Onboarding. "With one visit to the College, students are able to complete most or all of the enrollment process steps with ease and meet face-to-face with our friendly faculty and staff."

Prospective students will be given a guided tour of the campus and campus housing. The event is free and all those interested are encouraged to attend. Those interested can pre-reg-

ister at www.lrcc.edu or call Lakes Region Community College at 366-5210.

Lakes Region Community College offers many associate degree and certificate programs, including Business, Accounting, Culinary Arts, Hotel and Restaurant Operations, Electrical, Automotive, Nursing, Graphic Design, Advanced Manufacturing, and Fire Science, just to name a few. In addition, LRCC provides a strong background in Liberal Arts for students who choose to do their first two years at a community college and then transfer to a four-year college or university for a baccalaureate degree. Business and industry training programs are also available.

Lakes Region Community College is a fully accredited, comprehensive community college located in the Lakes Region of New Hampshire and serves over 1,200 students annually. LRCC is part of the Community College System of New Hampshire. For more information, contact the Admissions Office at 366-5210.

League of NH Craftsmen Gallery hosting glass suncatcher class

MEREDITH — The League of New Hampshire Craftsmen - Meredith Fine Craft Gallery is pleased to host a special keepsake Glass Suncatcher Class with League-juried artist, Lynn Haust, at The Meredith Fine Craft Gallery on Wednesday, Aug. 28 from 5 to 7 p.m. Come and find out why melting glass is so fun and addictive as you explore the medium of kiln fired glass and learn many of the techniques that make melting glass so exciting!

In this two-hour class, you will be creating your own glass suncatcher to keep or give as a gift. There will be an assortment of Bullseye Glass to choose from. You will learn how to combine the glass to create rich colors and textures that will reflect and transmit color and



light. Your suncatcher will be fired and annealed off-site and you will be notified when it is available for pick up within a few days after the class.

Tuition is \$40 per student, and includes use of tools and choice of glass materials in various colors. Beginners and advanced students, age 12 and up, are welcome to participate.

Space is limited and

pre-registration is required.

To register or inquire about the class, email us at nhcraft@metrocast.net, call us at 279-7920 or stop into the gallery at 279 Daniel Webster Highway, Meredith, NH. For more details, visit our website at <http://meredith.nhcrafts.org/classes/> and our Facebook page at <http://www.facebook.com/nhcraft/>

The League of NH Craftsmen is a non profit arts organization that encourages, nurtures, and pro-

notes the creation, use, and preservation of fine craft through inspiration and education of artists, and the broader community. For more information about the Meredith Fine Craft Gallery, visit www.meredith.nhcrafts.org or call 279-7920.

Haley Andersson of Laconia graduates from Roger Williams University

BRISTOL, R.I. — Roger Williams University is proud to announce that Haley Andersson, of Laconia, NH, graduated Summa Cum Laude with a B.A. in Psychology in May as part of the Class of 2019.

About RWU

With campuses on the coast of Bristol and in the heart of Providence, R.I.,

Roger Williams University is a forward-thinking private university committed to strengthening society through engaged teaching and learning. At RWU, small classes, direct access to faculty and guaranteed opportunity for real-world projects ensure that its nearly 4,000 undergraduates - along with hundreds of law students, graduate

students and adult learners - graduate with the ability to think critically along with the practical skills that today's employers demand. Roger Williams is leading the way in American higher education, confronting the most pressing issues facing students and families - increasing costs, rising debt and job readiness.

Two great railroads, three amazing locations

The history of the Hobo & Winnepesaukee Scenic Railroad

LITTLETON — The Hobo Railroad in Lincoln and the Winnepesaukee Scenic Railroad in Meredith and Weirs Beach share something in common: 54 miles of historic railroad track between Tilton and Lincoln that dates back to the late 1800's — a period in time when President Grover Cleveland resided in the White House, trains were pulled by steam locomotives and steam-powered cars were all the rage.

During the late 1800's, the 54 miles of track mentioned

above was owned by the Boston, Concord & Montreal Railroad. It served as one of the primary routes north through New Hampshire for tourists wishing to make their way from cities like Boston, Hartford and New York to the pristine lakes and mountains of northern New Hampshire and to points further north including northern Vermont and Montreal, Canada if they felt so inclined.

In the early 1900's the rights to the rail line were sold to the Boston & Maine Rail-

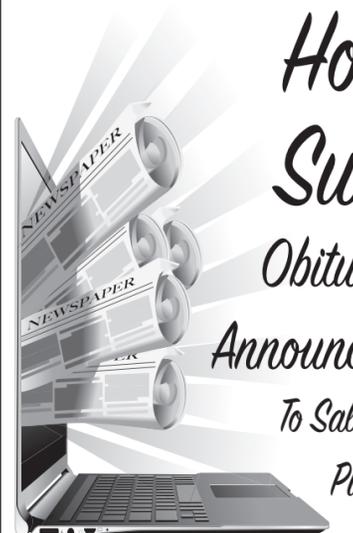
road who kept the line active between the Lakes Region and Lincoln, NH for many years in support of the paper mills and other businesses that depended on passenger and freight service. Passenger service faded as automobiles and highways became more popular in the 1950's and once the last of the paper mills closed for good in the mid 1970's, freight service came to an end as well. The rail line was then purchased by the State of New Hampshire and eventually it was offered up for lease.

This unique opportunity caught the interest of Edward & Brenda Clark from Lincoln, NH in the mid-1980's. After reaching an agreement with the State of New Hampshire, the Clarks created the Hobo Railroad - a tourist railroad - which they opened in Lincoln, NH on July

1, 1987. They've continued to operate and grow the railroad operation successfully for the past 32 years. Located at 64 Railroad Street in Lincoln, they operate from late May through late October and again from just after Thanksgiving until just before Christmas.

In the early 1990's the Clark family also had an opportunity to lease another section of the same rail line from the State of New Hampshire along Lake Winnepesaukee. This new lease gave them access to the track between Tilton, NH at the south, and Lincoln, NH at the northern most end — a total distance of 54 miles.

The addition of the new lease allowed the Clarks to open a second tourist railroad in 1992 - the Winnepesaukee Scenic Railroad. With their main station lo-



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Wedding, engagement, and anniversary announcements are welcome at:
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 Brendan Berube at (603) 279-4516, ext. 101
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 the submission process.



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LRGH's Raza Shariff lectures at American Society of Metabolic and Bariatric Surgery

LACONIA — LRGHealthcare and the Weight Institute of New Hampshire (WINH) is pleased to announce that Dr. Raza Shariff, the Director of Bariatric Surgery, was invited as a course faculty at the spring meeting of the American Society of Metabolic and Bariatric Surgery in Chicago, Ill.

Dr. Shariff presented a talk on building a highly successful bariatric surgery team. This was a part of the rural bariatric surgery symposium, which was held to address the challenges and triumphs of bariatric surgery practice in a rural setting. As the Medical Director of a fully-accredited, comprehensive center for bariatric surgery at the Lakes Region General Hospital, Dr. Shariff spoke about the role of the bariatric surgery program director and program coordinator in establishing a center of excellence.

Dr. Shariff also serves on the rural bariatric surgery committee of the American Society of Metabolic and Bariatric Surgery, which was established to provide access to bariatric surgery and improve quality of care. The committee is tasked with developing a toolkit to help other programs achieve ac-

creditation from the American College of Surgeons-Metabolic and Bariatric Surgery (MBS) Quality Improvement Program. The committee is launching a bariatric surgery collaborative which aims to compare surgical outcomes and show that accredited, rural bariatric surgery centers perform on par with large tertiary centers and university hospitals. Lakes Region General Hospital is one of only a handful of accredited, rural bariatric surgery centers in the country.

If interested in any of the program offerings at WINH, please call 527-2946.

About LRGHealthcare and the Weight Institute of New Hampshire (WINH)

Nestled in the beautiful Lakes Region of New Hampshire is LRGHealthcare, a not-for-profit healthcare charitable trust representing Lakes Region General Hospital (LRGH), Franklin Regional Hospital (FRH), 22 affiliated medical practices, and service programs. Our mission is to provide quality, compassionate care and to strengthen the well-being of our community. We are driven by healthcare needs of the communities we serve, and very proud



of our long tradition of providing quality healthcare services to the Lakes and Three Rivers Regions. We offer a wide range of medical, surgical, specialty, diagnostic, and therapeutic services, wellness education, support groups, and other community outreach services. Emergency Services are available 24-hours a day at FRH and LRGH, and the emergency department is staffed with specially trained physicians, nurses and allied staff, supported by cutting-edge diagnostics.

The Weight Institute of New Hampshire (WINH) provides comprehensive weight loss options such as; bariatric surgery, OPTIFAST® Weight Management Program, lifestyle and nutritional counseling programs, behavioral weight loss and management programs and support programs. WINH has been offering bariatric surgery since 2013. In 2015 WINH became accredited as a Low Acuity Center under the Metabolic and Bariatric Surgery Accreditation and Quality Improvement Program (MBSAQIP) and in 2018 WINH achieved the designation of a Comprehensive Center.

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Learn about the WOW Trail Aug. 14 at Taylor Community

LACONIA – Founded in 2003, the WOW Trail is a paved, 10-foot wide multi-use rail trail in Laconia enjoyed by bikers, walkers and runners of ages. The trail is named for the three lakes it will one day highlight – Winnepesaukee, Opechee and Winnisquam.

Alan Beetle, president of the WOW Trail Committee, will share the history and future of this unifying landmark and point of pride for Laconia, Wednesday, Aug. 14 at 6:30 p.m. in Taylor Community's Woodside Building. This free event is open to the public.

The trail was built within the state of New Hampshire-owned railroad right-of-way, alongside the active tracks currently leased to the Winnepesaukee Scenic Railroad. It currently spans from Elm Street in Lakeport, to downtown Laconia and



then on to the Belmont town line where it meets with Belmont's Winnisquam Scenic Trail, thereby creating four and a quarter miles of continuous

trail between Lakeport and Belmont's Osborne's Agway.

Follow us on Facebook, visit www.taylorcommunity.org, or call 366-1400 for more

information about Taylor Community, the premiere not-for-profit Continuing Care Retirement Community in the Lakes Region.

Jessica Menges of Laconia graduates from the University of Rhode Island

KINGSTON, R.I. — At the University of Rhode Island's 133rd Commencement on Saturday and Sunday, May 18-19, 2019, about 3,400 undergraduate and 740 graduate students became the University's newest alumni.

Jessica Menges of Laconia received a Master of Arts in Marine Affairs

Students who received the honor summa cum laude graduated with a cumulative grade point average (GPA) of at least 3.7; students who received the honor of magna

cum laude graduated with a GPA of at least 3.50; and students who received the honor of cum laude graduated with a GPA of at least 3.3.

The University of Rhode Island's pioneering research extends the University's influence well beyond its coastal borders, while its unique interdisciplinary courses provide its 16,637 undergraduate and graduate students with global opportunities in an intimate environment. The University now has more than 120,000 alumni worldwide.

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BEFORE

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- Check flashlight and radio batteries
- Charge mobile devices
- Add warm clothes and blankets to emergency kit
- Keep gas tank full
- Take cash out (ATM's may not work)

DURING

- Conserve energy
- Go to community warming shelters & check on neighbors, family, seniors and homeless
- Only use generators in open areas away from windows and home to prevent carbon monoxide poisoning

AFTER

- Throw out unsafe food

www.Ready.gov/blackouts

Who to Call → Where to Meet → What to Pack

Ready

Kathleen Doeg Joins Meredith Village Savings Bank as Vice President

MEREDITH — Kathleen (“Kathy”) Doeg has joined Meredith Village Savings Bank (MVSB) as the Vice President of Business Development and Small Business Lending. Doeg, who is based in Meredith, will provide a full range of banking solutions to local business owners, municipalities and nonprofits.

“I look forward to seeing how small business lending expands and evolves under Kathy’s leadership,” said Marcus Weeks, Senior Vice President and Retail Banking Officer. “Kathy brings drive and enthusiasm to the team. With more than 25 years of experience, she draws from her diverse background to provide the products and services that best meet the needs of each customer. We’re excited to welcome her aboard.”

“I was really drawn to the MVSB’s excellent reputation and was eager to be a part of an organization known for their stewardship and community involvement,” said Doeg. “Although my recent banking experience was in Providence, RI, I welcome the opportunity to apply my expertise to the greater Lakes Region.”

Prior to joining MVSB, Doeg held leadership positions in retail banking, small business banking and commercial lending. Most recently, she was the Business Banking Officer for Citizen’s Bank in Providence, RI. Doeg is a member of the Massachusetts Society of Certified Public Accountants, Greater Providence Chamber of Commerce, Kent Washington Board of Realtors, Greater Providence Board of Realtors and



COURTESY PHOTO (Left) Kathleen Doeg

the Scituate Scholarship Fund Committee. She resides in Meredith.

Meredith Village Savings Bank is celebrating its 150th anniversary as a mutual savings bank—one of only a few hundred in the United States. Unlike most commercial, stock-based banks, MVSB does not sell stock, and is a true community-based Main Street bank that operates for the benefit of its depositors, borrowers and surrounding communities. As a result, MVSB has remained steadfast in fostering the economic

health and well-being of the community since being founded in 1869. For 150 years, MVSB has been serving the people, businesses, non-profits and municipalities of Central NH. MVSB and its employees are guided by the values of accountability, mutuality, excellence, respect, integrity, teamwork and stewardship in all matters of business and service. To learn more, visit any of the local branch offices located in Alton, Ashland, Center Harbor, Gilford, Laconia, Meredith, Moultonborough, Plymouth, Portsmouth or Wolfeboro, call 1-800-922-6872 or visit mvsb.com.

LRPA salutes the Master of Suspense with “The 39 Steps”

LACONIA— Alfred Hitchcock enjoyed a 50-plus year as one of cinema’s most intriguing and successful directors. LRPA After Dark is celebrating “The Master of Suspense” during his birthday month of August with a festi-

val of some of his early works, plus three episodes of vintage, Hitchcock-related television! Join us each Friday and Saturday night at 10:30 p.m. for a thrilling good time. This weekend (Aug. 9 & 10), we’re showing the 1935 romantic

crime thriller “The 39 Steps,” starring Robert Donat and Madeleine Carroll.

On vacation in London, Richard Hannay (Donat), a Canadian tourist, is enjoying a music hall performance when a man is murdered – and young woman, Miss Smith, confesses the murder to Hannay, begging him to give her sanctuary. Back at his flat, she explains that she is a double-agent trying to keep a group of spies from stealing a valuable military secret. That night, Miss Smith is stabbed in Hannay’s flat. She manages to warn Hannay to run before she succumbs to her wounds. Immediately, Hannay becomes a fugitive, both from the police, who accuse him of murder, and from the spies, who need to kill him for what he knows. He takes a train to Scotland, where he hides from the police in the compartment of an attractive blonde named Pamela (Carroll). Pamela wants nothing to do with Hannay and alerts the police, but

he manages to escape to the Scottish countryside. The next few days include many harrowing (and sometimes humorous) run-ins for Hannay, and he once again comes into contact with Pamela. Will she believe his innocence and help him clear his name?

“The 39 Steps” is often considered to be Hitchcock’s first great international masterpiece, and was both a critical and box office success. The New York Times reviewer Andre Sennwald described “The 39 Steps” as having “sinister delicacy and urbane understatement,” while Variety wrote, “International spy stories are most always good, and this in one of the best.” The film employs two of Hitchcock’s notable trademarks: the innocent man (Hannay) wrongly accused of a terrible crime that he didn’t commit, who must go on the run and work to clear his good name; and the use of a “MacGuffin,” a plot point or device that is important to the story, SEE 39 STEPS PAGE A11

NEW HAMPSHIRE BOAT MUSEUM

43rd Annual

Alton Bay BOAT SHOW

August 10
9:00 AM - NOON

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Alton Bay

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vintage boats · lake memorabilia · family activities · and more!

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Pitman’s welcomes the Scott Spradling Band

LACONIA — Pitman’s Freight Room at 94 New Salem St. in downtown Laconia is pleased to welcome the Scott Spradling Band to its stage Friday, Aug. 9, at 8 p.m.

The Scott Spradling Band is a ten piece band who plays a wide variety of music, from Michael Bubl , to El-

ton John, Chicago to Frank Sinatra! The dance floor will be open so bring your dancing shoes and have a great time!

Doors open at 7 p.m., and we are a BYO venue!

For reservations, call 527-0043 or visit www.pitmansfreightroom.com.

PET OF THE WEEK **AXEL**

Axel is too noble to be homeless! This majestic boy is doing very well with training here at the NH Humane Society, and would love a family ready to test his knowledge! Axel is 85 lbs of love and curiosity, and would do best in a home with teens or older, potentially another doggy friend, but no cats or small animals. Are you looking for a hiking companion or a running buddy? You can see a video of Axel on our Facebook page. Come in and meet Axel today!

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League of NH Craftsmen Gallery hosting jewelry-making workshop

MEREDITH — Join one of our favorite jewelers, Joy Raskin, at the Meredith Fine Craft Gallery on Saturday, Aug. 31 from 10:30 a.m. - 4:30 p.m. to learn how to make bangles, cuff bracelets, and rings.

In this one day workshop, we will make bangles, cuff bracelets, and rings. Simple wire rings and bangles will be soldered together, hammered for texture and embellished with wire working. Cuff bracelets will be made from sheet metal that is textured and shaped into a C-shape bracelet.

You will leave with new rings and bangles that you've made yourself that will make great gifts! Instructor will provide brass, bronze and copper wire and sheet metal, and a limited amount of silver wire.

Students should feel



free to bring beads, stones, or other material you'd like to set or incorporate into your jewelry.

Tuition is \$68 per student with an additional materials fee of \$20 - \$40 to be paid to the instructor at the time of the class (materials fee depends on the amount of silver used).

Space is limited. Pre-registration is required.

To register for this workshop, please call the League of NH Craftsmen - Fine Craft Gallery at (603) 279-7920 or stop by the gallery located at 279 Daniel Webster Highway in Meredith, NH.

For more details, visit our website at <http://meredith.nhcrafts.org/jewelry-2/> and our Facebook page at <http://www.facebook.com/nhcraft/>.

Musical performance by Red Gallagher Aug. 21 at Taylor Community

LACONIA — Red Gallagher performs an upbeat show of music and humor. A true one-man band, he plays the guitar, harmonica and piano as well as singing. Songs include jazz, blues, folk, country, rock and roll and many beloved pop tunes. Audiences enjoy Red's original songs, humor tunes and parodies poke fun at everyday life.

Treat yourself and

join us Wednesday, Aug. 21 at 6:30 p.m. in Taylor Community's Woodside Building for this fun-filled performance. This free event is open to all.

Follow us on Facebook, visit www.taylorcommunity.org, or call 366-1400 for more information about Taylor Community, the premiere not-for-profit Continuing Care Retirement Community in the Lakes Region.

Gilford Rotary and Historical Society renovate the Ell at 1838 Rowe House

On Monday, Aug. 12 at 7 p.m. at the 1834 Meeting house at 24 Belknap Rd., Sandra McGonagle will give a program describing how the Gilford Rotary members and townspeople volunteered and worked together to fulfill a long-wished dream for the Gilford Historical Society-the renovation of the ell at the 1838 Rowe House. Sandra will show what the ell originally looked like, and then, step by step, the work that Rotary members and townspeople did, giving credit to the many who volunteered their

time and skills. Sandra McGonagle is a retired educator/consultant with 35 years in education in New Hampshire schools. She earned her Master's degree in Education at Antioch New England and C.A.G.S (Certificate of Advanced Graduate Studies) from Plymouth State University. She is a resident of Gilford and serves her community on various boards and commissions. She was the first woman select-person in Gilford. She joined the Gilford Rotary in 1990 and has held

many leadership positions in the Rotary Club. Her focus is on projects that will improve the lives of children and families. When she saw the need to restore the ell at the Rowe House, she knew this would be a perfect Rotary project. There was work that members did not have the skills to do, fortunately, community members would volunteer their time and the Rotary and Historical Society paid for materials. Much was accomplished by those who know the value of

leaning about our heritage/history so we can fully appreciate our lives today. Members of the Historical Society are now in the process of creating exhibits that not only showcase items from the earliest days, but also items from the early 1900's to the 1940's. The 1838 Rowe House museum at 88 Belknap Mountain Road will be open from 6:30 until 7 p.m., so come and view the renovated ell before the meeting starts.

Former House speaker to address Belknap County Republicans

LACONIA — The next meeting of the Belknap County Re-

publican Committee (BCRC) has been scheduled for Wednes-

day, Aug. 14 at 6:30 p.m. at the Laconia

SEE **SPEAKER** PAGE A11

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ccoa.joyfulfootsteps@gmail.com

RECYCLING

(Continued from Page A1)

budgeted. Dunn said this does fit into the overall budget for the project.

"They're able to get out there quickly and get this done," Dunn said.

This does involve not putting the work out to bid and doing it on more of a fast track. Dunn said he recommended taking this approach.

The new building would be a steel structure with a roof build to withstand snow loads.

Selectman Gus Benavides asked if this was a decision that needed to be made that night and wanted to make sure the Solid Waste Committee was okay with taking this approach.

"I want to make sure that they have bought into it, they've looked at the lines, they've looked at all the expenses," Benavides said.

Dunn said the Solid Waste Committee was aware they were expecting a price from

Carthart and this was something that needed to be done as quickly as possible. Delaying this could put the facility's opening further back.

"Part of the problem we're having, as Scott explained, we can't get bids from anybody and if we can they can't do it for six months," said board chair and Solid Waste Committee member Richard Grenier.

Grenier said the Solid Waste Committee discussed this last their last meeting.

"They're aware of it and I think their comfortable with it," Grenier said. "We've got to move forward with this thing or it's just not going to get done."

Grenier said by building the bathroom the electrician will come in for that project and to hook up other essential equipment in the facility such as the baler, compactor, and fire alarm system.

Grenier said he was comfortable moving forward without the Solid Waste Commit-

tee's approval.

Selectman Chan Eddy, however, said he was reluctant to go forward on this. He said they already have had a lot of cost overruns with a regular cycle of "got to hurry up and do this," while they already have been lambasted for all the overruns.

"I don't know something in my gut's telling me this is something we should run past the Solid Waste Committee before we vote on this," Eddy said.

Benavides asked when the next Solid Waste Committee meeting would be. Grenier said they were waiting to see what happened that night.

A motion was made to approve the construction of the bathroom for \$53,980.30 conditional on the Solid Waste Committee's approval. The selectmen approved the motion unanimously.

As of press time the Solid Waste Committee's next meeting was pending.

BRIDGE

(Continued from Page A1)

allowed to make a decision based on qualifications and then you negotiate a price which in theory is what we did for all of the design services up til now."

The town hired Stantec for design services and Dunn said they will continue through the construction phase process. Dunn said they were given a not to exceed price based on the same pay scale the town used to hire them, of which the

state will pay 80 percent.

"It's not how I would do it if it was my money, but our hands are pretty much tied," Dunn said.

He said they could negotiate a lower price with fewer construction hours, however they will get a better project for the full amount of hours with Stantec fully supervising the contractor with the state paying most of it.

"I like to see this new bridge last 94 years like that old one did," said board chair Richard Grenier.

Grenier said the old bridge had a center span and this one will nor, also there is no indication of erosion at the piers.

The selectmen voted unanimously to approve administrative services from Stantec at the not to exceed price of \$152,817.94.

DANCING

(Continued from Page A1)

has raised \$76,000 for area nonprofit organizations. Brusseau said they are aiming to bring that number to \$100,000 this year.

Dancers will have a maximum of 12 hours to rehearse. The teams are also advised to fundraise for their organizations and create a cheering section.

The show will go on Nov. 15 at the Inter-Lakes Community Auditorium at 6:30 p.m. Each performance will be judged by a panel consisting of Lakes Region Dance owner Lea King; Eric Proulx, General Manager of the Tanger Outlets in Tilton; Sarah Gray, owner of Body Covers in Laconia; and local celebrity and autism advocate Dan Fife.

The monies raised by each team will go into a pool that will be divided up among all of the teams. The winning team will receive 40 percent of the proceeds for their charity, the runner up's organization will get 15 percent of the proceeds, and the rest will be distributed among the other teams' organizations.

The team that raises the most money after its performance will be the winner.

This year they are

also adding a Best in Show award for the team that receives the highest score by the judges.

Lisa Merrill, a member of the Inter-Lakes School Board and a real estate agent with Maxfield Realty, will be dancing with Zumba instructor Liz Rohdenburg to benefit the Meredith Library Fund.

Jaime Sousa of Fusion will perform with dance instructor Abby Bennett for the Greater Lakes Region Children's Auction, of which Sousa serves as chairperson.

Mike Gagnon of JG Realty in Gilford will dance with Lakes Region Dance instructor Sue Nichols for One Mission, an organization that provides support to kids with cancer and their families.

"They've been amazing for us," Gagnon said.

Amy Jones of Genomic Health will dance with fitness instructor Gina McGuire to benefit the Make-A-Wish Foundation and Cereal Heroes. Cereal Heroes is a group of Laconia kids raising money and collecting cereal for peers in need.

"I'm really delighted to be dancing with

my partner," McGuire said.

Nancy Bickford, a phys ed teacher at Inter-Lakes Elementary School, will dance with dance instructor Lenore Sousa to benefit the Garrett Dunlap Memorial Foundation for addiction treatment and recovery.

Dentist Dr. Viktor Senat will dance with dance instructor Mary Norton for Lakes Region Community Caregivers.

Linda Lovering, the owner of Lovering Volvo, will dance with Ray Huard of PaperMoon Dance Center for CASA of New Hampshire.

Mortgage broker Jonathan Ferrante of Blue Water Mortgage Corporation will perform with dance instructor Erica Gilbert to benefit the Haven NH, a center to support victims of domestic and sexual violence.

Proceeds from the event will also go to the Inter-Lakes High School Interact Club, a club under the sponsorship of the Meredith Rotary that has donated around \$12,000 for the community in its four years.

Tickets will go on sale to the public on Sept. 1 and the show typically sells out quick.

RECYCLING

(Continued from Page A1)

Discussion, 12:30-1:30pm

This month's book is *Astrophysics for People in a Hurry* by Neil deGrasse Tyson, described as "Infectiously enthusiastic, humorous and, above all, accessible...". Copies of the book will be available at the circulation desk, and the discussion will be led by Mark Thomas.

Summer Reading Finale, 1:30-3pm

Come by for a block party BBQ and celebration marking the successful conclusion of the Summer Reading Program! There will be BBQ sponsored by Boomers Barbeque, snacks, lawn games, raffle drawings, a teen video game tournament, and more.

Teen Smash Brothers Tournament, 2-2:30pm

Face off against friends and foes in the Teen Smash Brothers Tournament! Celebrate conquering the

Teen Summer Reading Program with some good-natured competition. Concurrent with the Summer Reading Finale.

Conversational French, 4-5pm

Evening Book Discussion, 6-7pm

See 'Lunchtime Book Discussion' above.

Friday, August 9th

Social Bridge, 10:30am-12:30pm

Knit Wits, 1:30-2:30pm

Conversational German, 2:30-3:30pm

Monday, August 12th

Mahjong, 12:30-3pm.

Tuesday, August 13th

Geri Fit: Hop & a Skip, 9-10am

Hook Nook, 10-11am

Social Bridge, 10:30am-12:30pm

Book Bites, 5:30-6:30pm

3D Printing for Dummies, 5pm-5:30pm

Get the basics on 3D printing and use the Library's Ultimaker 3 printer to begin a print immediately. This technology is accessible for anyone, just come learn how!

Clickers, 6:30-8pm

Wednesday, August 14th

Line Dancing, 9-10:30am

Check Out an Expert, 10am-12pm

Lakes Region Fiber Artists and Crafters, 10am-12pm

Thursday, August 15th

Geri Fit, 9-10am

Conversational French, 4-5pm

Ask A Muslim with Robert Azzi 6pm-8pm

See article above.

REPAIRS

(Continued from Page A3)

there's grass growing in the road," Didonna said.

Benavides asked what Didonna is asking the board to do. Didonna said he wants the grass cut along the road. Dunn said they have to rent a roadside mower for two weeks during the summer. This year they will be getting the mower for four weeks in September.

Board Chair Richard

Grenier said they will get the highway supervisor to take a look at the culverts

Resident Steve Rabinowitz echoed concerns about the condition of the road. He said he almost broke his ankle falling in a crack. He said he also went to DPW asking them to look at it and said he was told that the road is due for repair next year.

"If anyone wanted to

take walk from Grandview Drive to (Route) 11 and back you will see a completely busted up road on the north side," Rabinowitz said. "It's a little bit better on the south side. My neighbor just broke her Mercedes Benz tire from one of these roads."

Rabinowitz said there is a bunch of poison ivy on the side of the road and the culvert cannot accommodate the water, which will lead to damage.

Selectman Chan Eddy said this past

winter damaged a lot of roads and said they have had to pull funds from some roads to do roads that weren't on the plan but was in more need for repair.

"We have limited funds, it's getting to the point where we're running out and we've had far worse roads that we've had to take care of first," Eddy said.

Eddy said he wanted to exchange contact information with the road residents, saying he wanted to see the road.

NOTEBOOK

(Continued from Page A4)

other things, that urban myths aside, their "tarsal pincers" are not good for much except hanging off small limbs and stems of leaves--meaning that they cannot pinch very hard at all.

This time around, during a warming trend without any idea where it's going, we got ticks (ugh) and, it appears, armadillos (no judgmental utterings on that one). "Lawn-

SEE NOTEBOOK PAGE A11

SUMMER 2019

SATURDAY CONCERTS

SATURDAY, AUGUST 10, 7:00PM

MARK209

In just a short amount of time, MARK209 has garnered the interest of an industry. Tagged the "best group you probably have never heard" by industry leaders, MARK209 has certainly made a mark for themselves. The 2011 National Quartet Convention in Louisville, KY was no exception.



SATURDAY, AUGUST 31, 7:00PM

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NOTEBOOK

(Continued from Page A10)

rats,” an acquaintance called them, just one of this tough little creature’s many terms of non-endearment.

+++++

Septic tanks are like anything else with moving parts (in this case, think “fluids,” to put it as decorously as possible), in that they need proper maintenance.

One thing a septic tank needs is getting pumped out every now and then. When I put a new system in, back 15 years or so ago, I was getting a lot of company. These days, not so much (meaning that some of that company is in a new location) (hint: it’s horizontal).

Anyway, the need to pump a septic tank often precipitates a mad dash for a map, or directions, or something, anything, that might give a hint as to where it is. In my case (Surprise!) I’ve actually got it covered, with maps and super-compasses and laser beams and that thing Captain Kirk and Spock use to get around the Galaxy.

Over the years I have heard about, and even lived in places, where the “septic tank” was actually a 55-gallon drum, or even (I’m not making this up) an old car or the cab of a truck. “Works pretty good,” I heard when I was a kid. This was back when kids never seriously challenged adults, like, many decades ago.

If I ever lose my maps and lasers and transponders, I can just wait until spring and simply follow the grass--not the dope kind of grass, but the

really green variety, which seems to grow in a straight line gradually downhill from the septic tank.

+++++

The Clean Waters Act has long been hailed as one of those few government initiatives that really works.

Well, yes, it does, and there are reasons.

First, there was plenty of money, and plenty of good reasoning. I mean, who could be against clean water? Greenbacks flowed like, well, water.

The strategy would make a football coach proud. Instead of cities, you begin with little towns high up on the watershed--for instance, Pittsburg, Stewartstown, and Colebrook, on the Connecticut River, and, say, Medway, Mat-tawaumkeag, and Katahdin on the Penobscot over in Maine.

Veteran lobbyists and organizers in the Clean Water campaign knew just what would happen. Sheer numbers of people made lower-watersheds un-workable, but small town numbers were in acceptable range. Smalltown governments, working with state fish and game agencies and newly founded clean water divisions, submitted designs, sought money they knew would be there, and in quick fashion got their collection systems and secondary water treatment plants built (before this major initiative, there were only a scattering of large “settling” ponds overwhelmed by major cities--or huge pipes

flowing straight out to sea).

And as efforts moved on downstream to bigger numbers and much more complex and costly treatment plants, who could deny them? What politician was going to stand up and say, “No--we’re not going help you do your part and keep that water coming into your city clean, we’re going to make you just keep right on making it filthy.”

It sort of reminds me of how we got the federal government to pony up its share of money for the ocean-going salmon project--building fish ladders for the incredible fish that, in the Connecticut River’s case, travelled at least as far up as First Connecticut Lake, almost 400 miles from the sea.

At one point, salmon enthusiasts said--to make salmon enthusiasts and conservationists prove their case--“So, show us your salmon bumping their noses against our dams.”

And I was tickled to be able to write the rest of that sentence one day, which was “And boy, did they.”

(Please address mail, including phone numbers, to campguyhooligan@gmail.com or 386 South Hill Rd., Colebrook, NH 03576.)

RAILROADS

(Continued from Page A6)

cated at 154 Main St. in Meredith, and a satellite ticket booth located on the boardwalk at 211 Lakeside Ave. in Weirs Beach, it’s one of the most popular attractions in the Lakes Region. Operations in Meredith and Weirs Beach begin in late May and continue through late October each year.

Although the his-

toric rail line between Tilton and Lincoln no longer moves freight like it once did in the late 1800’s and early 1900’s, the Clark family and their employees are extremely proud to have the opportunity to serve as Stewards of this historic rail line which now offers guests visiting the area a chance to experience rail travel

as it used to be while being able to relax and enjoy the sights and sounds of some of the most beautiful areas of New Hampshire from the comfort of restored vintage coaches.

For more information regarding the Hobo & Winnepesaukee Scenic Railroad, visit www.HoboRR.com or call 745-2135.

39 STEPS

(Continued from Page A8)

but really irrelevant to the viewing audience. Film critics have noted that “The 39 Steps” really laid the groundwork for every thriller with “the man on the run” that has ever been made since that time.

It was a favorite film of Orson Welles, who commented to an interviewer, “Oh my God, what a masterpiece.” Join us after dark for this Thirties thriller.

Mark your calendars for “Alfred in August,” a month-long tribute to Alfred Hitchcock!

Aug. 9 & 10: “The 39 Steps,” 1935

Aug. 16 & 17: Classic episodes of TV shows “Alfred Hitchcock Presents” & “Suspicion”

August 23 & 24: The Lady Vanishes, 1939

Aug. 30 & 31: The Lodger – A Story of the London Fog,

1927

You can’t find television like this it anywhere but LRPA TV, Atlantic Broadband Channel 25. Not a subscriber? Then log onto Live Stream through our Web site (www.lrpa.org) where you can catch all the fun.

About Lakes Region Public Access Television (LRPA)

Lakes Region Public Access Television (LRPA) is a nonprofit, noncommercial public access TV station and community media center located on the Laconia High School campus in Laconia, NH. LRPA cablecasts locally on Atlantic Broadband Channel 24 (educational programming and public bulletin board), Channel 25 (information and entertainment) and Channel 26 (government meetings)

to more than 12,000 viewers in our member communities of Belmont, Gilford, Laconia, Meredith and Northwood. Programming is produced by and for the people of the greater Lakes Region. LRPA’s mission is to empower our community members to produce content that

fosters free speech and the open exchange of ideas,

encourages artistic and creative expression,

promotes a well-informed public through governmental transparency, and

unites our communities through the power of media and technology.

LRPA’s slogan: Community empowered by media. Visit us on the Web at www.lrpa.org.

SCHOLARSHIPS

(Continued from Page A9)

grees or certificates in accredited/licensed healthcare disciplines. This valuable initiative is possible due to hundreds of volunteer hours and revenue sales in the aux-

iliary gift shop. “Daily sales are important, but it is our promotional events that truly bring in the much needed revenue to support,” states Gift Shop Manager Sue Dalton. “For example, our Annual Christmas in July event is happening on July 25, and we hope community members will visit to help grow scholarship funds for future local recipients.”

In 2019, the LRGH Auxiliary awarded nine scholarships:

Nemanja Boshovic, Laconia, Bio-Technology to become a clinical research pharmacist, UNH

Drea Chin, Laconia, Bio-Medical Sciences to go onto to medical school, UNH

Anne Dionne, Laconia, Doctorate of Pharmacy, University of Rhode Island

Kimberly Fielding, Gilford, Healthcare Management, Southern NH University

Erin Gately, Gilford, Bachelors in Nursing, Colby-Sawyer College

Lauren Giles, Camp-

ton, Master of Social Work, Boston University

Heather Luby, Alton, Associate of Nursing degree, NHTI

Daniel Minukhin, Gilford, Doctor of Osteopathy, University of New England College of Osteopathic Medicine

Emily Woods, Laconia, Master of Social Work, UNH

The LRGH auxiliary exists exclusively for charitable purposes. To learn more or to become a member, please call 524-3211, ext. 3663.

SPEAKER

(Continued from Page A9)

VFW Post 1670, 143 Court St, Laconia.

The guest speaker for this month’s meeting is former New Hampshire Speaker of the House Bill O’Brien who recently announced his candidacy for US Senate. Speaker O’Brien will share his background and his reasons for running for the US Senate seat currently occupied by Democrat US Senator Jeanne Shaheen. O’Brien joins General Donald Bolduc as an announced US Senate candidate, and Bryant “Corky” Messner who

has created an exploratory committee to consider a run for US Senate. With a very recent announcement that former Trump Campaign Manager, Corey Lewandowski, is also considering a run for US Senate, this month’s meeting is sure to be very interesting!

Also on the agenda will be discussion of participation in various town-wide events throughout the county as well as activities underway in support of the Trump Victory campaign including the visit by President

Trump to New Hampshire on Aug. 15.

Belknap County GOP meetings are open to ALL Republicans and like-minded Independents.

The Committee again encourages its members to continue to bring non-perishable food items for donation to local food pantries.

For more information about the Committee, please check the Committee’s website at www.BelknapCountyGOP.org or send an email to alan.glassman@gmail.com.

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Edward Jones: Financial Focus

How Does Social Security Fit Into Your Retirement Income Strategy?

It might not be on your calendar, but Aug. 14 is Social Security Day. Since it was enacted on Aug. 14, 1935, Social Security has provided some financial support for millions of Americans during their retirement years. While Social Security benefits, by themselves, probably aren’t enough to enable you to retire comfortably, they can be a key part of your overall retirement income strategy – if you use them wisely. To help you make decisions about Social Security, you will need to answer these questions: When should I start taking my benefits? You can take Social Security once you reach 62, but if you wait until your full retirement age, which will probably be between 66 and 67, you’ll get much bigger monthly checks, and if you wait until 70, you’ll get the biggest possible payments. Before deciding when to begin receiving your benefits, you’ll need to weigh a few factors, including your estimated longevity and your other sources of income. How should I consider potential spousal benefits? If you are married, or if you’re divorced but were married for at least 10 years, you could receive up to half of your spouse’s full retirement benefit (offset by your own benefit, and reduced if you claim early). If you outlive your spouse, you could claim survivor benefits, which can provide either your own benefits or 100% of your deceased spouse’s, whichever is larger. Consequently, the higher-earning spouse might want to postpone taking benefits for as long as possible to maximize the survivor benefit. How much can I earn without reducing my Social Security benefits? If you are younger than your full retirement age and you are receiving Social Security, the Social Security Administration will withhold \$1 from your benefits for each \$2 you earn over a certain threshold (which, in 2019, is \$17,640). For the year you reach your full retirement age, your benefits could be withheld by \$1 for every \$3 you earn over \$46,920. But once you reach your full retirement age, you can earn as much as you want without your benefits being withheld, although your benefits could still be taxed, depending on your income. How much of my pre-retirement income will Social Security replace? Generally speaking, you should expect Social Security to replace slightly more than a third of your pre-retirement income. However, the higher your income during your working years, the lower the replacement value of Social Security will be. What other sources of retirement income should I develop? Contribute as much as you can afford to your IRA and your 401(k) or similar employer-sponsored retirement plan. You may want to consult with a financial professional, who can look at your entire retirement income picture and recommend moves to help you achieve the lifestyle you’ve envisioned for your later years. Keep in mind that your decisions about Social Security filing strategies should always be based on your specific needs and health considerations. For more information, visit the Social Security Administration website at socialsecurity.gov. One final word: You may have concerns about the stability of Social Security. While no one can predict the future, many potential solutions exist to put the program on more solid footing. Consequently, try to focus on the actions you can control. This information is believed to be reliable, but investors should rely on information from the Social Security Administration before making a decision on when to take Social Security benefits. It is general information and not meant to cover all scenarios. Your situation may be different, so be sure to discuss this with the Social Security Administration prior to taking benefits.

This article was written by Edward Jones for use by your local Edward Jones Financial Advisor. For more information or to sign up for their monthly newsletter, contact your local Financial Advisor.



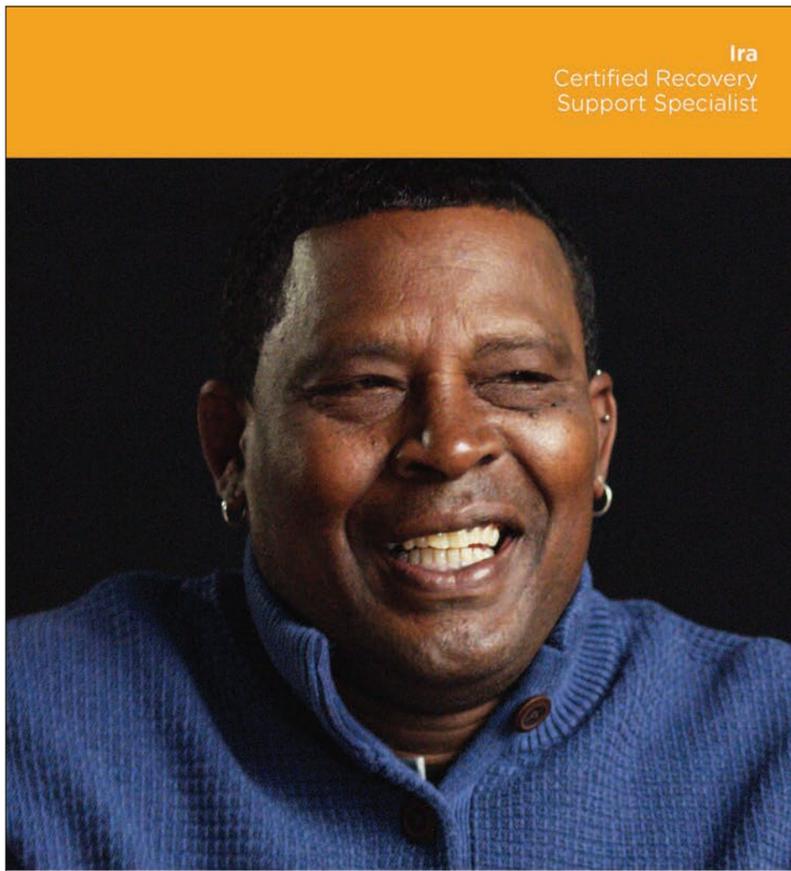
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SPORTS

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COURTESY PHOTO
The 18U Nor'Easters enjoyed a successful summer softball season.



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Magical season comes to a close for 18U NorEasters

BY BOB MARTIN

Bob@Salmonpress.news

LACONIA – The 18U Nor'Easters had what coach Fern Beaudet called “a magical season,” with the team posting a 23-5-1 record all summer.

The team slugged its way to a .793 winning percentage with a .351 batting average and 188 runs, compared to only 58 runs given up. The Nor'Easters had 18 straight wins until the first loss of the season. They won three of the six tournaments and had two other semifinal finishes.

SEE **SOFTBALL** PAGE B3

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NorEaster 14U team make strides throughout summer



Back row (l to r), Chad Richter, Madison Darling, Avery Vonkadich, Caitlyn Clark, Tylar McSharry, Maddie McKenna, Liv Arvidson, Stephanie McSharry. Middle row (l to r), Anna Herrmann, Devyn Halligan, Haley Richter, Dakota Haney, Bob McKenna. Front row is Jaiden McKenna. Missing from picture is Carrie Babson.

BY BOB MARTIN

Bob@salmonpress.news

LACONIA — The 14U Nor'Easter softball team just wrapped up their summer season and while the young team had some growing pains, coach Bob McKenna said his players improved steadily and

he looks forward to see what experience will bring next year.

"The team quickly learned that this level of play is much higher than middle school as the teams are a combination of top players from all over the state," said McKenna. "As the sea-

son progressed, every single one of the players improved and really honed in their skills for the next level. The skills they learned and level that they played will set them up for success for the spring season of school ball and next season with summer ball.

They were troopers all summer long playing in multiple games in over 90 degree weather."

McKenna said it was a rebuilding year for the Nor'Easters, which was made up of players from around the Lakes Region and Massachusetts. There was only one returning player from last year's 14U squad. He said that team had very little experience playing travel softball, and for some of the girls it was the first time playing softball at this level.

"Going into the season the 14U Nor'Easters had an inexperienced team that needed to get to know each other and build chemistry fast, as they had minimal practice," said McKenna. "The goals set by the coaches were to improve as players and have fun."

McKenna felt that the best tournament for the Nor'Easters was the first of the summer in Rochester. He said the girls showed "fighting spirit" and it set the tone for the

summer. The Nor'Easters faced teams that had been practicing year-round and played with each other for years, but he said the team showed they were up to the challenge and stayed competitive in every game.

Each player worked hard and made contributions throughout the summer. Liv Arvidson was in the circle much of the season and pitched a great game against the Comets that ended in a 1-1 tie. Madison Darling had what McKenna called "a tremendous pitching performance" against the Rochester Slammers. She allowed only three hits in a 12-0 win.

Jaiden McKenna was the catcher for most of the innings player and was a rock behind the plate. Haley Richter and Caitlyn Clark were the team's top hitters and led the offensive charge. Devyn Halligan was solid at third base all season, especially at the end of the season where

she robbed several hits with great plays. Tylar McSharry, Carrie Babson and Maddie McKenna played very well in the infield at first base, shortstop and second base respectively. McKenna was also impressed by the outfield, which included Avery Vonkadich, Dakota Haney and Anna Herrmann.

McKenna said it was also important to acknowledge the great coaching by assistant coaches Chad Richter and Stephanie McSharry who helped the players improve and meet goals week by week.

Next year's team has seven players aging out but there could be five players returning, so he expects the improvements to continue.

Tryouts for next summer's Nor'Easters are on Aug. 11 at Belmont High School, with 14U starting at 2 p.m.

Robbie Mills Memorial Golf Tournament is Sept. 12

TILTON — Atlantic Broadband, the nation's eighth largest cable operator, announced that the annual Robbie Mills Memorial Golf Tournament will be held on Thursday, Sept. 12, at the Lochmere Country Club in Tilton.

The event, which is hosted by Atlantic Broadband and the Boys and Girls Club of the Lakes Region, will benefit youth-serving organizations in the area. Now in its 20th year, the event began as an effort to honor the memory of Robbie Mills, son of Wendy Mills, who is an Atlantic Broadband employee. Robbie was a 14-year-old Laconia boy who was killed in 1997 for his trail bike by two older teens. The event was launched that year to support the Robbie Mills Memorial Fund, which donated proceeds to youth-serving organizations in Laconia.

In subsequent years, the fundraiser and the organizations it supports have grown significantly. Last year's event raised nearly \$25,000 in support of many local organizations, including the Spaulding Youth Center (Northfield), Boys and Girls Club of Lakes Region (Concord), Granite State Children's Alliance/Child Advocacy Center (Belknap, Carroll, Strafford Counties), Bread and Roses Kitchen (Franklin), WABAN (Sanford, Maine), Haven (Rochester), Court Appointed Special Advocates (CASA), and the Greater Lakes Region Charitable Fund, Children's Auction.

With the 2019 event approaching quickly, tournament organizers are seeking event sponsors and registrations. Single player and team registrations, donations, as well as a variety of sponsorship opportunities, are being accepted online at atlanticbb.com/robbiemillsgolf.

"We are grateful to all who have supported this cause over the past 20 years and look forward to an enjoyable day for participants and a successful day for the organizations that are supported through the event," said Edward Merrill, General Manager for Atlantic Broadband.

SOFTBALL

(Continued from Page B1)

Offensive stars included Hope Duval of Profile, who played the first four tournaments before heading off to the Coast Guard Academy. She was the team's leading hitter and showed off incredible power, with a 10 homers including a pair of grand slams. She had a .578 batting average with 12 doubles and five triples. She had 39 RBIs and provided the brunt of the offense. Duval showed the ability to put the bat on the ball, as she had only four strikeouts all summer.

Sam McCann of Berlin batted .419 with four homers, and was also the team's top pitcher. She went 17-3 and only gave up 20 earned runs all season with a 0.95 ERA. Ella Harris of Gilford was also outstanding in the pitching circle, with a record of 6-2 and a 1.44 ERA. Combined between them they had a 1.44 ERA and were lights out in the circle.

"Ella Harris from Gilford High School, who didn't pitch all school season because of an injury, worked hard prior to the summer season to get herself in shape for pitching and her hard work paid off. She would end up with six wins out of eight games pitched with a very good

1.24 ERA. Sam McCann was the workhorse on the pitching mound, 17 wins out of 20 games pitched with a miniscule 0.95 ERA, for a pitcher to give up less than one run a game in summer ball facing the best hitters from New England is incredible."

Carly Catty, who plays at Winnisquam during the spring, batted .407 with a grand slam. She was solid at shortstop and continued to show the high level of softball she can bring to a team.

Jillian Lachapelle of Gilford batted .329 with a homer and was a rock at second base. Sadie Young of Profile batted .342 and was a big part of the offense this summer.

Beudet praised the work of his two catchers, Maddie Reeves of Profile and Hannah Tessier of Kennett, who were both in their first year and excelled quickly. The were consistent behind the dish and worked well with the pitching staff.

He also commended Kacie Johnston of Plymouth for her strong play at third base.

Beudet said the best tournament of the year for the Nor'Easters was the Brattleboro Heat Tournament where

the team went 6-0 with 52 runs and only eight runs allowed. In the past three years the Nor'Easters have won twice and were a runner up once.

Beudet said the team had a good mix of returning players and the first-year players hit the ground running. The team's younger players improved week after week and he said the team chemistry was great all summer.

"Another magical season winning back to back N.H. USA Softball State Championships," said Beudet. "Only two out of 29 games played the team would give up more than three runs a game, with 7 shutouts on the season. The team pitched and caught real well, played awesome defense all season, bats would come alive when needed. This team never gave up, they would battle till the last out all season."

Looking ahead at next year, the Nor'Easters have high hopes with only one player aging out and nine players returning including the pitchers and catchers.

"The team is looking to build on from this season's experience," said Beudet. "The players are all looking forward to next season."

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16U Nor'Easters wrap up a strong inaugural season

BY BOB MARTIN
BOB@SALMONPRESS.NEWS

LACONIA – The 16U Nor'Easters had a great summer in the first year as a team, with a record of 20-7-1 with two tournament wins and two other quarterfinal appearances.

The team batted .328 for the year, led by Sierra Halligan of Laconia who had a .487 batting average and 40 runs scored. Kara Stephens of Belmont hit .423 and led the team with five home runs and 34 RBIs. Belmont's Becca Flem-

ing hit .403 with a team high seven doubles. Kim Daigneault played solid first base all summer and hit .323.

As far as fielding goes, Nora Dunleavy of Laconia and Alexa Smith of Gilford had team highs in fielding percentage. Courtney Turpin of Laconia was solid behind the plate and caught 21 of the team's 28 games. The team had a .917 fielding percentage as a whole.

The pitchers were consistent all summer and had a miniscule 1.92 ERA. Morgan Hall of

Belmont pitched 60 innings and led the team with a 1.84 ERA and 73 strikeouts. Lilly Simpson of Inter-Lakes had a 1.87 ERA and Kelley Allen of Belmont had a 1.88 ERA. Allen only let up 12 earned runs all summer with Simpson letting up 13.

Savannah Perkins of Belmont also pitched valuable innings, especially in the Waterville tournament that saw the team playing four games in one day.

"She was our most versatile player," said

coach Bill Clary. "She also played two different positions in the outfield and several games at second base."

Teams only hit .226 against the Nor'Easter pitchers.

"I couldn't have asked for a better pitching staff," said Clary. "They kept us in every game. A team ERA under two is outstanding."

Clary said the team started red hot with an opening tournament win and then won the Nor'Easter Classic to finish the season.

"All the girls want to get better and are willing to listen and work hard for each win," said Clary. "All of my players improved this year. It was nice to see Kara Stephens bat come to life after a slow high school

season. Kelley Allen improved the most in the pitching circle, her velocity jumped and her control was spot on by the end of the summer. Sierra Halligan was our leadoff hitter for the year and she was our most aggressive batter and was not afraid of that lead off spot."

Clary felt that the Saco tournament was the best of the summer, saying that the heat alone presented a challenge to go along with playing four games on Sunday. He said it was an outstanding team effort and the coaching staff was just as impressive.

"With the coaching staff that I have it makes my job that much easier," said Clary. "Bill Allen does a great job bringing the girls to-

gether. Hannah Ever-son has so much to offer the pitchers. Courtney Clary helps call the pitches and keeps great stats during the games. Caitlin Clary has done wonders with the girls' offensive skills. I'm just along for the ride."

The goal for next summer is to get as many players from this team to come back, Clary said.

"As a second-year team we are looking at a national tournament or a larger tournament down south," said Clary. "It was a difficult roster to manage with only 11 players. We will be looking to add some depth. Hopefully we can get that with some of the 14U players that have to move up."

Register now for fall flag football

MEREDITH — Registration is open for the fall 2019 season of Lakes Region Flag Football. The LRFFL is a 100 percent non-contact NFL Flag youth flag football program and is open to all boys and girls in the Lakes Region area in the following five age divisions: 6U, 8U, 10U, 12U and 14U, player's age as of Sept. 1.

The fee for the Fall 2019 season is \$85, with discounts for siblings. Each player will receive

an NFL Flag reversible team jersey and a set of NFL flags to keep. Register online at lrffl.com. Credit card payments are accepted online and checks are also accepted.

The fall 2019 season schedule is posted at lrffl.com. Team practices for the 8U, 10U and 12U divisions are one hour per week, typically on Wednesday nights in Meredith, while the 6U and 15U divisions practice on game days. Games are one hour long

and are played primarily on Sunday afternoons at Inter-Lakes High School.

The league will also be offering travel teams to boys and girls age 7-12 with potential tournaments to be played across New England and potentially national tournaments in Florida. More information is available at lrffl.com.

Like the league on Facebook at lakesregion-flagfootball.

Questions? E-mail lrffl@metrocast.net.

TangerFIT 5K set for Sept. 22

TILTON — Tanger Outlets in Tilton in conjunction with Mix 94.1FM, Northeast Communications, Belknap Landscape Company, Gunstock Mountain Resort, Laconia Daily Sun and AutoServ, will host the 11th annual TangerFIT 5K Run/Walk to benefit breast cancer patients in the Lakes Region. The first 1,000 registrants to check-in at the race will receive an exclusive race t-shirt

and all finishers will receive a commemorative participant medal. Prizes will be awarded to top three male and female winners. There is a discount to register prior to the race.

Businesses and group organizations interested in forming teams of 10 or more can receive a discounted entry rate. For a discounted team rate, contact Tanger Outlets General Manager Eric Proulx at Eric.

Proulx@TangerOutlets.com. Team prizes will be awarded for the following categories: Largest team, most spirited and best team t-shirt.

The race takes place Sunday, Sept. 22, at 8:30 a.m. at Tanger Outlets Tilton, 120 Laconia Road, Tilton.

For more information or to register, visit www.tangeroutlets.com/race.

Sweet revival for Black Bear Half Marathon

WATERVILLE VALLEY — The Black Bear Half Marathon will return to Waterville Valley this Labor Day Weekend in support of the Waterville Valley Elementary School (WVES) PTA. The race will travel the Valley's scenic roads and trails and competitors will enjoy the gorgeous White Mountain National Forest.

The schedule includes a full lineup of races throughout the morning for everyone in the family to enjoy. Athletes will be challenged in the forested half marathon, cruise through the dirt packed 5K, or find their pace in the one-mile fun run. While racers are chasing down the finish

line, spectators will find plenty of fun and games with vendors and activities all around Town Square.

The race organizers also welcome businesses and groups to join in the event as sponsors, vendors, or to otherwise support the cause. Contributing supporters will, among other benefits, be gratefully recognized prior to and at the event around Town Square during a packed holiday weekend. Organizers are excited to include WV BBTs, NH Electric Coop, C2 Systems, The Coyote Grill, and La Hacienda among their early supporters.

Athletes and families can sign up for the rac-

es at www.runreg.com/black-bear-half-marathon and find more info by visiting our Facebook page at www.facebook.com/blackbearhalf.

The WVES PTA strives to connect their school community with those in the surrounding White Mountain area, while empowering their students in exploration and adventure. Your contribution will help provide scholarships and services for families in need, support the school's annual out-of-state educational trip, and engage students in community events essential to greater civic involvement.

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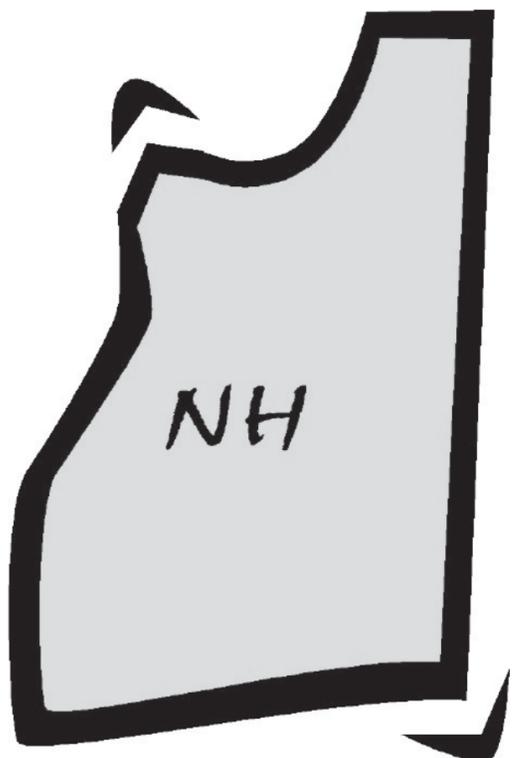
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Register now for fall sports at Gilford

GILFORD — Parents of Gilford High School and Middle School athletes, www.familyid.com is open for fall athletic registration. Please do this sooner than later.

Parents should be completing the registration, not students.

If it has been two years since a child had ImPACT testing done, it needs to be repeated prior to pre-season. Athletes will need to connect with racquilano@sau73.org in order to set up a time now that school is out.

Incoming freshmen and new athletes must have

a current physical on file. Please attach their most recent exam to FamilyID. If you cannot get into your PCP, an urgent care clinic is an option. They are done for \$25 on a walk-in basis.

You can email mjenkins@sau73.org if you have specific questions.

Kids take on waters of Lake Winnepesaukee

BY BOB MARTIN
Bob@Salmonpress.news

GILFORD — About two dozen children between ages 12 and 18 took to the waters of Lake Winnepesaukee last week for the Winnepesaukee Annual Regatta, with Lake Winnepesaukee Sailing Association Executive Director Amy Tripp saying aside from some early wind issues, everything went off without a hitch.

“All of the clubs seemed to have a great time and the new kids who had never raced before had a really great experience,” said Tripp.

It was a beautiful day for sailing, with Tripp saying the racers got out on the water a little after 10 a.m. Results for both types of boats are below.

The LWSA has been around for 31 years and the annual regatta has been going for more than two decades. The association focuses on youth sailing in the spring and summer through camps with hands on learning.

For more information log onto www.lwsa.org.

Results:

420 -Spinnaker

- 1 Andrew Laughlin, Robin Cottrill
- 2 Toby Wilkinson, Bode Mclean
- 3 Edward Sean Ryan
- 4 Anna LaDue, James Sullivan
- 5 Cameron Plante, Chloe Vescio
- 6 Ricky Leach Alex Ford

420 Non Spinnaker

- 1 Oliver Leandro, Mason Sleeper

Opti

- 1 Durham Jones
- 2 Finn LaDue
- 3 Nicki Wearmann
- 3 Kelson Shea
- 5 Charles Clausen
- 6 Nathaniel Ogiluy

Barnstead Firefighters Association 5K Aug. 17

BARNSTEAD — The Barnstead Firefighters Association is pleased to announce its eighth annual 5K Road Race and Fun Walk to start at the Barnstead Parade grounds on Aug. 17 at 9 a.m.

The course is an “out and back” that follows the Suncook River from the Parade to the intersection with Route 126 and then returns to the Parade along the same route for the finish. The race course is USATF certified for accuracy and is considered flat and fast. Refreshments will follow the race.

Proceeds from this year’s race will benefit the Barnstead Firefighters Association.

Pre-registration must be received by Aug 13 to receive a discount. Registration forms are available at www.bfr06.com, by e-mail at bfa5kroadrace@gmail.com or by calling 312-5648. Online registration is also available at www.running4free.com. Race day registration will also be available.



BOB MARTIN

The Winnepesaukee Annual Regatta took place on July 25 in front of the Winnepesaukee Yacht Club.



BOB MARTIN

The Winnepesaukee Annual Regatta involved more than 20 racers sailing on Lake Winnepesaukee last week.



BOB MARTIN

Children between 12 and 18 were on the water last week for the Winnepesaukee Annual Regatta hosted by the Lake Winnepesaukee Sailing Association.

Abenaki skiers shine at Eastern Championships

AVON, Conn. — Abenaki Water Ski Club members skied extremely well at the Eastern Regional Water Ski Championships in Avon, Conn. last week. Defending champion Becky Bartlett continued her dominance of the Women III (ages 35-44) jumping event by again winning the title with a jump of 87 feet. She also placed second in slalom and tricks and first overall. Bartlett will be looking for her third

straight U.S. national jumping title this week in West Palm Beach, Florida. Boys II (13 and under) national trick record holder Jake Abelson won that event with 8,190 points and swept slalom, jumping and overall. He will be heavily favored to defend his nationals trick title and has a great shot in slalom and overall. Fellow Boys II skier Jack Decker placed fourth in slalom. Adrienne Hanson took both Women II

(24-34) slalom and tricks with Julie Cole finishing second in both events. These were Hanson’s first regional victories. Jake Abelson’s younger sister Alexia Abelson won Girls I (9 and under) tricks with 3,490 points plus slalom and overall. She will be one of the favorites in tricks at the nationals. Boys III (17 and under) skier Collin Frucci ran 2.25 buoys at 36 mph with the towline shortened by 35 feet to win slalom. He

also took fourth in jumping, eighth in tricks and fourth overall. Men 7 (65-69) slalom skier Glenn Mueller, skiing in his first regional championship, took second place with two buoys at 35 feet off the towline at 32 mph. Aaron Bartlett placed third in slalom and jump and sixth in tricks in Boys I, good for fourth overall. Ava Cole placed third overall in Girls II with second in jumping plus fifth in both slalom and tricks. Diana Frucci

placed fifth in slalom in the Women IV (45-52) division.

The next local tournament will be held in Wolfeboro’s Back Bay on Saturday, Aug. 17. The 28th annual NH Water Ski Championships will run all day from 8 a.m. until late afternoon, with slalom, tricks and jumping events run in that order. Excellent spectator viewing can be found along the Bridge-Falls Path behind the Wolfeboro Railroad Station.

The Abenaki skiers will be ready to vie for state titles in all events and age groups along with many other competitors from throughout New England.

The final event in Back Bay is the New England Slalom Championships on Saturday, Sept. 7. It will start at 8 a.m. and typically features many of the best slalom skiers from New England and beyond.



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 Belmont \$190,000 2 BR Ranch with year round guest house and oversized garage with heat. MLS #4764961 Brenda Rowan 603.393.7713	 Meredith \$115,000 Great opportunity to get a slice of heaven in the coveted town of Meredith and the Lakes Region. Common day dock. MLS #4761755 Annie Schoonman 603.455.2918

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 MLS# 4766281 LACONIA: Classic New England style w/ 2-BR, 2-BA & 2,430 sf. & recent updates. \$230,000	 MLS# 4765819 NEW HAMPTON: 5-BR antique cape w/ modern amenities & antique charm. \$499,900	 MLS# 4757461 PLYMOUTH: Updates! Kitchen, furnace, HW floors, paint, roof, siding & more! \$299,900	 MLS# 4752727 MEREDITH: 7.8 ac. lot at Waldron Bay, directly above Lake Winnisquam. \$245,000

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 \$169,000 6.77 Acres in Wolfeboro! Spacious wooded building lot located in sought after community of newer homes features paved drive, privacy and is less than 5 minutes to downtown!	 Water Access \$249,000 OPEN HOUSE Open House 5 Port Wedeln, Wolfeboro! Sunday August 11th from 11-1 join us for a tour of this 3 bedroom ranch w/ 2 car garage.

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Island REAL ESTATE

 BIG BARNDOOR ISLAND - ALTON One of the best islands on the Big Lake, this property with a 3-BR/1-BA cottage is located on the western side and boasts a breakwater dock, walk-in sandy beach and sunsets! \$995,000 (4747623) Call 569-3128	 COW ISLAND - TUFTONBORO Like new Lakefront property. Main cottage offers 2BRs, full bath, large living area, deck, great views. Furnished guest house/outdoor shower & other amenities included w/sale. Protected 150' of shoreline. By appointment only. \$459,000 (4754219) Call 569-3128
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JV Volleyball
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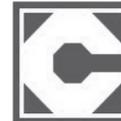


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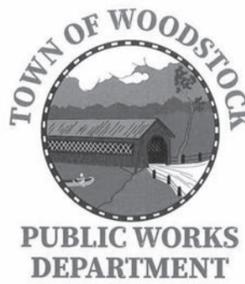
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EOE



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APPLICATION DEADLINE: UNTIL FILLED

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- Duties include laborer work for cemetery, parks, and highway maintenance, including winter operations
- 40 hours per week
- Must be 18 years of age and have a valid NH-CDL driver's license
- 6 - month probationary period
- Pre-employment drug/alcohol screening, physical, criminal background and DMV checks are a condition of employment.

Applications will be available at the Woodstock Town Office located at 165 Lost River Road or at the Public Works Garage located at 24 Kancamagus Highway.

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Lakes Region Community College's Open House Express Wednesday, August 14th from 4-7pm. Go to LRCC.edu for more information. What are you waiting for?



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