

THURSDAY, JUNE 22, 2017

GILFORD, N.H.

Camp Resilience helps military couples

BY ERIN PLUMMER

mnews@salmonpress.news

Veterans and their significant others were given the chance for a local retreat, learning life skills and relaxing in nature thanks to the efforts of Camp Resilience.

Camp Resilience is a program of the Gilford-based Patriot Resilient Leader Institute (PRLI) to provide ways for wounded veterans to rehabilitate in body, mind, and spirit. The latest session of Camp Resilience was dedicated to couples impacted by combat injuries to reconnect and learn important skills.

Couples took part in a variety of activities including outdoor adventures and indoor sessions.

The sessions were led by John Walsh, a retired clinical psychologist and a Vietnam Participants in Camp Resilience go sailing with the Lake Winnipesaukee Sailing Association. veteran who serves on the PRLI board. Walsh said the aim of the session is to help veterans and their caregivers in many different ways with an emphasis on peer counseling. Walsh said traumatic brain injury, PTSD, an other mental health issues can add a layer of issues

to a relationship which can lead to reactions and conflict. He said the sessions provide them with advice and skills on how to manage PTSD and TBI.

The session was aimed to be informal with participants getting together as a group, addressing is-

Proposed ordinance would give fire chief authority to oversee event safety

COURTESY PHOTO

mnews@salmonpress.news

The selectmen will soon hold a public hearing on a proposed amendment to the Special Events ordinance giving the fire chief authority to assign safety details to certain outdoor events.

On Wednesday Fire Chief Steve Carrier spoke to the selectmen about this proposal prompted by the number of largescale outdoor events that have gone on in town.

sues, getting advice, and presenting tips and suggestions on how to manage a more positive relationship. The session balances these discussions with outdoor activities and other physical activities like yoga.

"Learning experiences that help them become a better team and work better with other couples," Walsh said.

Kurt Webber, president of the PRLI, said the couples came to Gilford from all over New England through SEE **RESILIANCE** PAGE A16

BY ERIN PLUMMER

Put yourself in the spotlight with a Gilford Steamer Selfie! Here at Gilford

legal provisions for the

Steamer, we believe that each and every one of our readers has a unique story to tell, and we want to give you an opportunity to share yours with a Gilford Steamer Selfie! Tell us a little about yourself by responding to the following questionnaire and submit your answers to us at steamer@salmonpress.com, along with a "selfie" (or self-taken photo), and let us put you in the spotlight! We will choose one "Selfie" each week for publication, so be sure to read the paper regularly because yours might be next!

Carrier said there are no fire chief to have similar SEE ORDINANCE PAGE A16

> **The Gilford Steamer** Selfie profile Name: Occupation: I live in:

Family (Are you married? Do you have children?):

Pets: How long have you

Mike Donovan of Gilford receives special recognition award for recycling efforts

EPSOM — The Northeast Resource Recovery Association (NRRA)



honored Mike Donovan with a Special Recognition Award on Monday, May 22 at NRRA's Annual Conference and Expo, held at The Radisson Hotel in Manchester. The Special Recognition Award recognizes those individuals who have gone above and beyond to improve recycling.

This Special Recognition nomination came from the Town of Gilford and was wholeheartedly

COURTESY

Mia Giglardi of Gilford DPW prepares to hand Mike Donovan the 2017 NRRA Special Recognition Award. Members of the NRRA Member Services Team look on.

supported by the NRRA Member Services Team. Mia Gagliardi of the Gilford Department of Public Works submitted the following nomination:

"Michael is an excellent employee who is extremely innovative. Since he was taken over as our Recycling Center Supervisor, our facility has improved immensely. He was instrumen-SEE DONOVAN PAGE A16

Under the proposed ordinance if the town determines that an outdoor event has the potential for injury to participants or spectators the fire chief will have the authority to review the event's safety plan and assign fire and EMS details as needed. The applicant will be responsible for these services.

State law gives the police chief authority to oversee safety management of events, but lived in the area?

Do you have a favorite food?

What is currently your favorite TV show? What is your favorite travel destination?

What's the best part about your town?

Who has been the greatest influence in your life?

Who is your favorite musical artist?

What is the greatest piece of advice you have ever been given?

Favorite Sports team:

Early deadlines for the 4th MEREDITH – The offices of the Gil-

ford Steamer, located at 5 Water St. in Meredith, will be closed Tuesday, July 4 in observance of Independence Day. To ensure that our July 6 edition arrives in subscribers' mail boxes on schedule despite the holiday, the submission deadline for any press releases, letters to the editor, and obituaries intended for publication that week has been moved up to Friday, June 30 at 4 p.m. Submissions can be dropped off at our offices or e-mailed to Editor Brendan Berube at brendan@salmonpress. news

Any submissions received after 4 p.m. on the 30th will be held for publication on July 13.

For information regarding the holiday deadlines for display advertising, please contact our Sales department at 279-4516.

> The staff of the Gilford Steamer thanks our readers for their cooperation with these changes in our usual submission schedule, and wishes everyone a safe and happy Fourth of July.

GMS honors eighth graders

BY ERIN PLUMMER

mnews@salmonpress.news

Families and faculty celebrated the achievements of Gilford Middle School eighth graders during their Moving Up Ceremony.

On Friday morning, members of the eighth grade class received a grand send-off as they look forward to entering Gilford High School next fall. The ceremony was attended by family members as well as members of the GMS staff.

GMS Principal Peter Sawyer talked about his time with the students. He said the best 20 minutes of his day is taking a class outside for various activities.

"It's truly warmed my heart watching them out there be-

School."



Shushu Sawyer hugs her dad, Gilford Middle School Principal Peter Sawyer, during the eighth grade moving up ceremony.

cause they get along so Ella Harris won the well," Sawyer said. "I speech contest and gave appreciate all of you very her address during the much. I know it sounds ceremony. cliché but you will all be missed at Gilford Middle

"Only four years ago did your babies turn into middle schoolers," Harris said.

She said the GMS community has given students the freedom to make the most of their middle school experienc-SEE GMS PAGE A16

A2 THE GILFORD STEAMER



THURSDAY, JUNE 22, 2017

Notes from the Gilford Public Library

BY MARK THOMAS

Library Correspondent

Let's talk about something real. Wonder Woman is amazing. Have you seen the movie vet? It's been killing it in theaters, and I think that there are good reasons why. She is mighty, clever, and indomitable like many superheroes, but she has a few things extra that make her as likeable and as empowering a figure as she is. To start, she finds the notion that there are things she can't or shouldn't do because she is a woman laughable... sometimes she literally laughs. She has no problem speaking her mind and advocating for herself. She takes every opportunity to learn and to try something out on her own. She isn't afraid or bashful about her body, and she takes care of it.

So Wonder Woman is

the perfect hero for girls, right? Boys have Batman, and Spiderman, and Superman, and Captain America... and some others, but now girls have Wonder Woman. No! Haven't vou been reading? Wonder Woman is a great super hero for anyone, full stop.

Those values can help anyone step up to challenges, be themselves, and improve their lives. It seems that the reason why we automatically think she is a great superhero role model for girls is the lack of popular female superheroes generally. Wonder Woman has almost no real competition. If there were an equal number of female superhero leads to male, perhaps Wonder Woman wouldn't be so wondrous.

Superhero movies and comic books are not the only culprits.

Gilford Public Library **Top Ten Requests**

- 1. "Camino Island" by John Grisham
- 2. "The Women in the Castle" by Jessica Shattuck
- 3. "No Middle Name" by Lee Child
- 4. "Come Sundown" by Nora Roberts
- 5. "A Gentleman in Moscow" by Amor Towles
- 6. "Into the Water" by Paula Hawkins
- 7. "Lilac Girls" by Martha Hall Kelly
- 8. "Before We Sleep" by Jeffrey Lent
- 9. "Indecent Exposure" by Stuart Woods
- 10. "The Switch" by Joseph Finder

There is unequal representation among minorities and genders in books and other media. especially among children and teens. I was reading a BBC News article (http://www. bbc.com/news/entertainment-arts-40185267) about the new Children's Laureate, Lauren Child, and she is worried about the potential for girls to compete. As she explains, girls enjoy reading books with boys or girls as the central characters, but boys generallv prefer readings books that feature boys. Sales have shown that books with boy leads are more popular than books with

girl leads. Lauren Child admits that she doesn't know the full cause of this, but she believes that some urge boys to avoid reading stories featuring girls. She gets asked by parents if she also writes books for boys, suggesting that her books with female leads aren't for boys. She explains that her books are for boys and girls (just as Wonder Woman is for everyone).

Perhaps another day we can talk more about diversity in books, because I would love it if any child could easily find both books they can relate to and books that open their eyes to other ways of thinking across gender or culture. For now, let's be glad that the Wonder Woman movie

exists at all and get excited about Summer Reading starting next week!

> **Classes & Special Events** June 22 to June 28

Thursday, June 22 Brown Bag Book Discussion, 12:30-1:30 p.m.

This month's book is China Dolls by Lisa See, described as an "... emotional, informative and brilliant page-turner" Led by Molly Harper, copies of the book are available at the circulation desk.

Conversational French, 3:30-4:30 p.m.

Evening Book Discussion, 6-7 p.m.

See 'Brown Bag Book Discussion' above.

Friday, June 23 Social Bridge, 10:30 a.m.-12:30 p.m. Knit Wits, 1:30–2:30 p.m. Conversational German, 2:30–3:30 p.m.

> Monday, June 26 Mahjong, 12:30-3 p.m.

Tuesday, June 27 Fiber Friends, 10 a.m.-

12:30 p.m. Beginner Line Danc-

ing Lessons, 10:30-11:30 a.m. and 5:30-6:30 p.m.

Bonnie Deutch will be teaching Beginner Line Dancing in a private setting. Small classes and chance to learn a fantastic and fun exercise program! Irish, Oldies, Waltzes and more to dance to. Sign up at the SEE LIBRARY PAGE A17

GILFORD **POLICE LOG**

The Gilford Police Department responded to 345 calls for service and made the following arrests from June 13-18. Please note that the names of juveniles, and those of individuals taken into protective custody but not formally charged, have been withheld.

Jillian Barton, age 19, of Milford, Conn. Was arrested on June 13 for the Manufacture and/or Possession of a False ID.

Justin Maher, age 22, of Laconia was arrested on June 13 for Reckless Conduct with a Deadly Weapon and Criminal Threatening — Conduct with a Firearm.

A 51-year-old male from Gilford was taken into protective custody for intoxication on June 13.

Kendra Lynn Fry, age 20, of Laconia was arrested on June 15 for Operating a vehicle Without a Valid License.

Scott Brian Pepin, age 53, of Gilford was arrested on June 15 for Domestic Violence; Simple Assault; Physical Contact.

Toby J. Nutting, age 43, of Hudson was arrested on June 15 for Driving While Intoxicated.

Madeline J. Callahan, age 22, of Belmont was arrested on June 16 for Driving While Intoxicated and Aggravated Driving While Intoxicated.

A 22-year-old female from Gilford was taken into protective custody for intoxication on June 17.

Julie D. Moulton, age 45, of Gilford was arrested on June 17 on two counts of Possession of a Controlled Drug and one count of Transporting a Controlled Drug in a Motor Vehicle. Dustin Gray, age 38, of Laconia was arrested along with Moulton on three counts of Possession of a Controlled Drug.

Andrew Cao, age 20, of Gilford was arrested on June 18 for Domestic Violence; Simple Assault; Physical Contact.

Noel M. Cassiano, age 42, of Belmont was arrested on June 18 on two counts of Violation of a Protective Order.



The owners of Chickadee Lane Interiors, Ann Carignan and Mae Edwards are both long time residents of the Capital Area and enjoy the experience of "buying local" and supporting their community. They are both very aware that currently there are limited opportunities to shop for creative home decor and accessories in downtown Concord.

The obvious need for a shop which carries tasteful and reasonably priced home decor and accessories, coupled with the owners



long-term desire to bring such a store to Concord, is the driving force behind the

HILLTOP

creation of Chickadee Lane Interiors.

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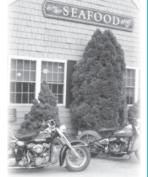
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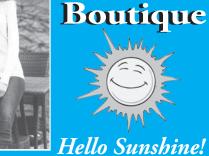
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Board approves road projects list

BY ERIN PLUMMER

mnews@salmonpress.news

Scheduled projects, moved up projects, and some changes are all part of the revised 2017 road improvements schedule.

On Wednesday, the board of selectmen approved the current road schedule presented by Public Works Director Peter Nourse. Nourse

has been done so var as the road will be rewell as changes to the road schedule.

One of the biggest projects was redoing Potter Hill Road from Route 11A to the library at a cost of \$252,000. That project has changed due to resident input. A T intersection will be put onto the southern end

gave an update on what of Potter Hill Road and claimed from the box culvert around number 165 to number 169. The initial proposal called for covering the road in ledgepack, though Nourse recommended they reclaim it and not apply any ledgepack; resulting in a surface of ground up asphalt. Nourse said this will

result in a more stable to slow the traffic." surface without extra dust, though it will be susceptible to runoff.

Selectman Gus Benavides asked if this will have the resident's desired effect of slowing down traffic.

"It's an unpaved surface, I think it would in theory," Nourse said. "It will be more maintenance, but it would tend

They will improve access to the barn at 147 Potter Hill Rd. for around \$17,000. Nourse said they will shave off around two feet on the barn side from the village side around 200 yards down, which will have two 10-foot wide lanes. The center line will be shifted a foot, which Nourse said will provide two more feet between the barn and the edge of the pavement. A graduated incline and drainage channels will be put in along the ramp to collect runoff. He said the owner has been in favor of these improvements.

There will also be a shim and overlay from Belknap Mountain Road to the library for \$12,128.

So far Saltmarsh Pond Road and a number of roads in Gunstock Acres including Yasmin Drive, Silver Street, and Auburn Circle have been completed. Roughly half of Route 11A is done and Mountain Drive has been topped off. They were initially going to put a wear course on Poor Farm Road and Weeks Road. Nourse recommended holding off since the previously applied binder course on both roads is holding up well, he said the money could be used for other things.

They opted to do a shim and overlay on Cumberland Road instead of an initially scheduled rebuild. Nourse said the water infrastrucure on that road would not outlast the rebuild.



A portion of Belknap Mountain Road from Goodwin Road to Weeks Road will be rebuilt. Edgewater West will be rebuilt from number 318 to Summit Avenue. A wear course will be applied on the other side from Summit Avenue to 318 Edgewater West.

Nourse said the total for these projects comes to an estimated \$264,128.

Selectman Richard Grenier asked how these revisions would effect next year's road plan. Nourse said the road plan is a moving target that is different from year to year.

"It's a balancing act every year," Nourse said.

He proposed advancing some potential projects to next year.

"My compliments, you've done a great job with it," Grenier said. "I just want to see that continue."

The selectmen unanimously approved the list of work Nourse recommended.

Gilford Parks and Recreation News age and the "Build it ment is Sponsoring a

BY HERB GREENE

Director Gilford Parks and Recreation

Tickets available for Red Sox bus trip on

July 19

The Gilford Parks and Recreation Department will be sponsoring a bus trip to watch the Red Sox at Fenway Park this summer. The trip is scheduled for Wednesday, July 19 to see the Red Sox play the Toronto Blue Jays. Travel to and from the game will be provided aboard a Coach Company, Luxury Coach fully equipped with climate control, DVD video system and Lavatory. This trip is limited to 53 participants, so register early!

Cost: \$75 per person or \$280 for a four-pack

For more information, please call the Gilford Parks and Recreation Department at 527-4722.

Archery lessons

The Gilford Parks and Recreation Department is sponsoring a four-week session of Olympic Archery instruction, to be led by certified archery Instructors from Archery In Motion. This program will be held on Tuesday afternoon/ given to Gilford Residents.

Cost: \$65 per person and includes all necessary equipment; you may also bring your own equipment (with approval by instructor).

For more information, please contact the Parks and Recreation Department at 527-4722.

Shooter's Gold Basketball Camp

The Gilford Parks and Recreation Department is once again inviting the Shooter's Gold Basketball Camp to come to Gilford this summer! The camp will be held in the Gilford Middle School Gym from June 26 – June 30. Session 1 for children entering grades 1-4 will be run from 8 - 10 a.m. Session 2 for children entering grades 5-8 will be run from 8 a.m. – noon. Participants may register by picking up a form from the Parks and Recreation office or by visiting the Gilford Parks and Recreation Web site at www.gilfordrec.com.

Cost: \$85 for Session I and \$130 for Session II For more information, please contact the

BIG: EV3 Robotics, Minecraft & Stop Animation" is open to children ages nine to 14 years of age. Participants can register online at www.letgoyourmind.com.

Cost: \$310

For more information, please contact the Gilford Parks and Recreation Department at 527-4722.

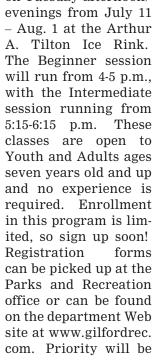
Challenger British Soccer Camp

The Gilford Parks and Recreation Department is again sponsoring a week-long Challenger British Soccer Camp. This camp will be held from July 10 -July 24 at the Gilford Village Field. This camp offers a threehour program for children ages six to 12 and a one and a half hour program for children ages 3-5. Participants may register by picking up a form from the Parks and Recreation office or by visiting the Challenger Web site at www.challengersports. com. Cost: \$126 for ages

six to 12 and \$94 for ages three to five

For more information, please contact the Gilford Parks and Rec-

workshop through Sciensational Workshops for Kids for children ages seven to 12, from 9 a.m. – 4:30 p.m. on Aug. 14 and 15. Participants will build and play their own arcade games and more. You will have at your disposal, resistors, switches, wires, LED diodes, transistors and more. You will program the spinning light fan to display different sayings. Build and play a Home Run Derby game. See who gets the most home runs before getting 10 outs. A winning song will cheer. Build circuits to test your memory. Build an electronic circuit that plays the card game 21. You can learn to program the circuit board to emit different funky sounds. Play with the disco ball, sirens, or a light show. Learn the effects of the different electronic components. Learn what amps, volts, resistance and power are. Yes, this is Sciensational Workshops learn by doing. That is STEM. Registration is taking place at the Gilford Parks and Recreation Office and forms are at www.gilfordrec.com Cost: \$137 per participant For more information, please contact the Gilford Parks and Recreation Department at 527-4722.



reation Department at 527-4722.

LEtGO YOUR MIND Robotics Camps

The Gilford Parks and Recreation Department is sponsoring two one-week LEGO robotics camps the week of June 26 – June 30. The camps will take place at the Gilford Middle School from 9 a.m. -3 p.m. The "Build it BIG: Superstructures, Motorized LEGO Cars & Stop Motion Animation" is open to children ages five and a half to nine years of

Gilford Parks and Rec- reation Department at also available on-line 527-4722.

> Sciensational Workshop for Kids! " **Arcade Electronics** Galore!"

The Gilford Parks and Recreation Depart-



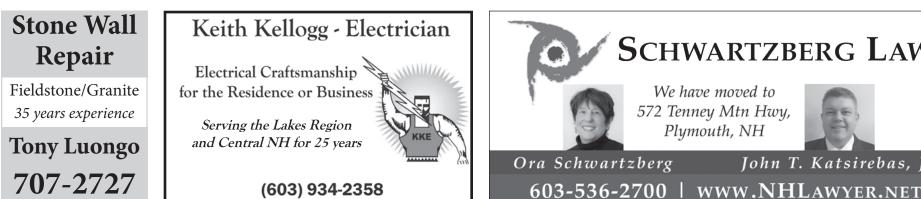
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THURSDAY, JUNE 22, 2017

Audrey

Sweet, petite, demure, words to describe this little dark tabby girl Audrey, who has been calling this shelter home since February 2017.

Audrey arrived thanks to a caring stranger who scooped her up off the cold, icy street in a neighboring town. Audrey was shy, not a little bewildered and very obviously, lost.

No-one claimed her, even though we are sure she was a housecat and constant companion for somebody, Slowly somewhere. she's come out of her shell and is trusting humans once more.

Now, that the sun is shining, she resides happily in the Small Feline Social Room. a.k.a. The Fat Cat Lounge, basking blissfully in the window and enjoying the company of other cats.

You will be rewarded when you visit, with her quiet gentility has she meanders between feet and ankles, loving brushing your legs with her rotund little body. Did we mention she has the tiniest little cat feet! So endearing and a gentler, more serene soul you will not find.

June is Adopt A Shelter Cat Month. Could not our Audrey, aged just about three years young, find her permanent home soon?

Check www.nhhumane.org for more details.



By JOHN HARRIGAN COLUMNIST

I'm having to get used to the reality of ticks, as in "Yechhh."

Others in more tick-accustomed climes will be shrugging and saying "Whoa up, poor guy! Get used to it!"

Still, when you have not had to live with ticks, or even think about them...

Not so long ago, there were no ticks where I live, which is in northern New Hampshire near the 45th Parallel.

(Okay, "not so long ago" in my case means maybe 20 or 30 years ago. Two decades is an eye-blink when you've reached 70. Still, it gives me hope. The other day I saw Joan and Donald Dickson, walking around town and picking up the trash that the New Millennials don't seem to think or care about. (Donald's pushing, oh, at least 95, and they have a room waiting for him at The Home. Joan, by contrast, is a mere child.)

But the climate has



The pond at Brunswick Springs has been the subject of lots of mystery over the years, such as being bottomless, like some of its swimmers, and its environs also happen to harbor ticks.



Wait! It's something on my back! It's

(you guessed it) (ugh) a tick...

as a species, man and cockroaches and ticks, seem wont to do.

Even though I'm proud and lucky to have taken an entomology course from the fabled Tom Fisher back when UNH was running night courses in Manchester, I'm no expert when it comes creepy-crawlies to and wing-ed beasties. For that I call the the Connecticut Riv-State Entomologist, or er north, and then up even Tom Fisher, who when he's not singing in a barbershop quartet somewhere still answers my questions about things that creep, crawl, bore, tunnel, rasp, sting, bite,

and fly.

Anyway, the experts tell me that ticks tend to extend their territory by following rivers, which makes sense (lowest places, hence usually the overall warmest weather, lots of animals traveling hither and yon to feed on, plus water), and it only made sense, alas, that they would follow the confluence of the Mohawk and Beaver Brook, and then up the various tributaries to (yup) my place, where we are always plunging in and out of tall grass and shrubberies

GLEN ZIBOLIS - COURTES

COURTESY - FRIENDS OF THE FELLS (Left) This tick is increasingly found in northern climes as the climate warms, and is commonly known as the dog tick.

and trees that now harbor (some heavy music here) ticks.

Longtime friend Glen Zibolis, now of Rhode Island but dating back to Merrimack and my first newspapering job at the Nashua Telegraph (1968), was up last year and, having plunged into the surrounding greenery, discovered, upon feeling something creeping, a tick. It was what is commonly referred to as a dog tick, fairly large and easy to locate and catch as it creeps upward (always upward) from legs to torso (that's where the "Ugh" comes in).

This year it was my turn. Glen came up for a weekend of scouting around the territory, and our meanderings took us to Brunswick Springs, an ancient Wobanaki (Abenaki) (Coashaukee) mineral SEE NOTEBOOK PAGE A17



Established May 6, 2004 Published every Thursday at 5 Water Street, Meredith, New Hampshire 03253

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Circulation figures available on request. Publisher reserves the right to reject or cancel any advertising at any time USPS 024967

The Gilford Steamer is published weekly by Salmon Press, P.O. Box 729, 5 Water St. Meredith, NH 03253. Periodicals, postage paid at Meredith, NH 03253. POSTMASTER: Send address changes to the Gilford Steamer, P.O. Box 729, Meredith, NH 03253.

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warming, and been even just that little tenth of a degree or something over a few years gives certain insects the edge they need to expand their range, which all of us,

Strategies for Living

BY LARRY SCOTT

Jesus once said, "Come to me, all you who are weary and burdened, and I will give you rest. ... I am gentle and humble in heart, and you will find rest for your souls." Tough to believe sometimes, for life has a way of throwing us some very wicked curves; each of us have had to deal with crises we never anticipated.

You would think that if I lived a respectable, godly life, if I "loved my neighbor as I love myself" that God would cut me a break. But God, I note, does not offer me a life of ease; what He There are no shortcuts to honesty and integrity. To be patient, to forgive, to accept the unacceptable with grace, is never easy for me and I must admit I don't always do well. The Christian life is no walk in the park.

gives is peace of mind.

Character, you see, never comes easy. The deep, dark valleys through which I have had to walk, the sleepless nights, the times I have been completely disoriented, these have had their impact on my life. I am not the man I want to be, but neither am I the man I hope to be. I am, in short, a work

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But fortunately for me, the God I serve is no man's debtor; He never takes more than He gives in return. The rest of which Jesus spoke is real. To know that I have been forgiven, despite the past, that God is ready to strengthen and direct me through the issues of life, that, with eternity in view, there is a light at the end of my tunnel ... these things bring me a peace of mind and a sense of purpose that is genuine but difficult to explain.

It is, I know, easy for me to come across arrogant, proud, as and self-righteous, but please believe me, I know I have no warrant for such an attitude, and those who know me well will agree. I am just so profoundly grateful ... not to say amazed ... at what has been happening in my life.

I have often pictured my spiritual experience as a journey, and I have discovered that

my growth and development has not come through some miraculous or supernatural experience. No dreams or visions or voices in the night here. Life, just as it is, has become the forum for my growth. The decisions I must make, the pressures I must accept, the storms I must weather, and the temptations I must fight, these have been to my benefit.

Perhaps it is because I believe God has designed so much of the day-to-day routine of my life, not to make me happy but to help me mature. It is in the thick and thin of living that I find the challenges that develop character and lead to personal growth. While I am not always pleased with my progress, I am thankful that change for the better is taking place. I may have a long way to go ... but I am determined to be a better man tomorrow than I am today.

You want to talk about it? Hit me up at rlarryscott@gmail.com.

MEREDITH - An-

thony "Tony" Lan-

cia, 87, originally of

Gilford, passed away

peacefully on Satur-

day, June 17, 2017 at

The Retreat at Gold-

en View Healthcare

Center, Meredith with

his loving family and

on Feb. 3, 1930 in Cran-

ston, R.I., son to the

late Bernardino and

Lancia. He lived in

Greenville, R.I. for

many years, where

he and his wife raised

their family. Anthony

founded Ocean State

Hearing Aid Center in

1975 and was a hear-

ing aid specialist for

42 years. He retired to

Gilford in June of 1996.

He Proudly served his

country in the United

States Army during

the Korean War from

Rhode Island School

of Design, and was a

member of the lakes

Region Art Associ-

ation and the Artist

many of his oil paint-

ings in local art shows

over the years and en-

joyed spending time in

his Running Brook art

studio. In addition to

painting, Anthony was

a talented pianist from

a young age.

exhibited

He

As an avid artist, Anthony attended the

1951 to 1953.

Loft.

(Gelfusa)

Annuziata

Anthony was born

friends by his side.

Winnifred May Huckins, 89

LACONIA — Winnifred May Huckins, 89, passed away peacefully in her sleep on Sunday, June 18, 2017 at the Laconia Rehabilitation and Nursing Center, Laconia.

Winnifred was born on Dec. 19, 1927 in Somerset, England, the daughter of William and Florence (Tilley) Guay. She worked for Laconia Needle Shop and retired from Vernitron.

Winnifred enjoyed camping, snowmobiling and spending time with her grandchildren and her cat, Jessie. She always had a kind word for everyone, always saw the good in them.

Winnifred is survived by a son, Michael P. Girard, and his life partner, Tina Potter, of Belmont; a daughter, Cherie L. Pappas, of Gilford; two stepsons, Jeffrey Huckins and his wife Tammy



of Belmont and Michel Huckins, of Albuquerque, N.M.; two grandchildren, Stacy Goyette of Loudon and Jennifer Burr of Northfield; five great-grandchildren; a sister, Hazel Anair, of Barnstead; and many nephews and nieces.

In addition to her parents, she was predeceased by her first husband, Lionel Joseph Girard; her second husband, Norman Louis Huckins; her brother, Peter Guay; and by her sister, Marjorie Ja-

cobs.

Calling Hours will be held on Thursday, June 22, 2017 from 4 – 7 p.m. at the Wilkinson-Beane-Simoneau-Paquette Funeral Home, 164 Pleasant St., Laconia, using the Carriage House entrance.

A Graveside Service will be held on Friday, June 23, 2017 at 10 a.m. in Bayside Cemetery, Laconia.

For those who wish the family suggests, that memorial donations may be made to the New Hampshire Humane Society, PO BOX 572, Laconia, NH 03247.

Wilkinson-Beane-Simoneau-Paquette Funeral Home & Cremation Services, 164 Pleasant St., Laconia NH is assisting the family with the arrangements. For more information and to view an online memorial, go to www. wilkinsonbeane.com.



New officers. Left to right: First Vice-President Bill Chandler, President Allyn Bridge, Membership Chair Lori Chandler, Secretary Lois Smith, Treasurer Matt Soza.

Lions Club installs

Anthony Lancia, 87



Anthony was a devoted husband, brother, father and grandfather and friend to many, Anthony was kindness personified.

Anthony will be dearly missed by his beloved wife of 57 years, Carmel (Noviello) Lancia of Gilford: his children. Donna M. Brummette (Lanica) and her husband, Jeffrey of London, England, Anthony M. Lancia and his wife, Kelley of Clinton, Conn., Richard J. Lancia and his wife. Leslie of Glosceter, R.I., and Michael S. Lancia of Wakefield. RI: eight grandchildren, Richard, Sara, William, Anthony, Nicholas, Marc Hannah and Michael; a brother, Thomas Lancia of Cranston, R.I. and many nieces and nephews.

In addition to his parents, he was predeceased by his siblings, Joseph, Angie, Ollie, Frank, Johnnie, Mario, Mary, Benny, Alfred and Rocco.

Calling hours will be held on Friday, June 23, 2017 from 9:00 to 10:30am at the Wilkinson-Beane-Simoneau-Paquette Funeral Home, 164 Pleasant St., Laconia, using the Carriage House entrance.

A Mass of Christian Burial will be celebrated Friday June 23, 2017 at 11:00am at St. Andre-Bessette Parish -Sacred Heart Church, 291 Union Avenue, Laconia, NH.

A private burial with military honors will be held in the New Hampshire State Veterans Cemetery, 110 Daniel Webster Highway, Boscawen, NH 03303.

For those who wish the family suggest memorial contributions may be made to St. Andre Bessette Parish's Capital Campaign, 291 Union Ave., Laconia, NH 03246.

Wilkinson-Beane-Simoneau-Paquette Funeral Home & Cremation Services, 164 Pleasant St., Laconia, is assisting the family with the arrangements. For more information and to view an online memorial, please visit www.wilkinsonbeane. com.



new officers

LACONIA — Veteran as well as more recent Lions padded into roles both familiar and new as the Laconia-Gilford Lions Club formally installed their full slate of officers for the coming year on the evening of June 15.

"Allyn Bridge returns for a second term Club President," as explained Club Board Member Marylin Brown. "The President leads meetings while appointing and supervising club committees. Allyn also volunteers at his church and for the Concord YMCA. He previously served as Club Treasurer and has been a member since 2012."

"Bill Chandler was installed as Vice President," continued Allyn Bridge. "He will substitute for the President when needed at Club and Board meetings. He has previously been a Board member and has been a club member since 2006."

"Lois Smith returns as Club Secretary," added Bill Chandler. "The Secretary takes minutes of Club meetings, keeps records of Club activities, and is the liaison between the Club and the District Governor's Association. In general, she is the President's 'right hand.' Lois has been a Lion since 1998 and has served as Secretary for six years."

"Matt Soza debuts as Club Treasurer," Lois Smith explained. "The Treasurer is the chief financial officer and the custodian of club funds. Matt previously served as Second Vice President and also serves as Chair of the Publicity Committee."

"Lori Chandler returns to chair the Membership Committee," said Matt Soza. "She is charged with recruiting and retaining members, and growing club membership. She is a Past President and has been a club member for twelve years."

"All club members also received 100 Percent Attendance Pins," added Lori Chandler.

"We have a strong dedicated leadership team in place," concluded President Allyn Bridge, "which is particularly important this year since 2017 is the seventieth anniversary of the formation of the Laconia-Gilford Lions Club, as well as the centennial year of the founding of Lions Clubs International, the largest service organization in the world. We have many events and activities planned to mark these milestones."

Among the chief causes the Lions champion are hearing and vision impairment, food pantries, college scholarships, youth sports programs, holiday food baskets for needy families, and more. Local charities organizations and which benefit from the activities of the Laconia-Gilford club include: Eyesight Conservation; The Sight & Hearing Foundation of New Hampshire; the National Federation of the Blind; Community Health & Hospice; the Salvation Army; Greater Lakes Child Advocacy Center; the Care Net Pregnancy Center and others. If you are interested in more information about the Club, please contact 528-2663.

Tricia and Zach Laglenne walk their dogs on the Wetlands Walk boardwalk at Gunstock. One of the repairs needed is visible just in front of them on the right.

Join Wetlands Walk cleanup at Gunstock Saturday

Spring cleanup and repairs of winter damage at the handicapped accessible Wetlands Walk at Gunstock are planned for Saturday, June 24, 9 a.m.-1 p.m., and volunteers are needed. A grant from the New England Forests and Rivers Fund (NEFRF) will help with major repairs, but the basic tasks are accomplished with help from volunteers. Last fall's leaves need to be cleaned off the boardwalk surface, pulled away from the supports, and in some places require digging to prevent rotting. To assist the visually impaired, the formerly bright yellow edging needs filling, scraping and repainting. Also, three areas of the

boardwalk need carpentry repairs. The stabilization done by volunteers last summer and fall held up well through the winter.

We will work in mist and light rain, but if the weather is really bad, the workday will be Sunday 6/25 1-5pm. Please send an email to WetlandsWalk@myfairpoint.net if you can help and would like to eat with us. We want to know how to reach folks if we need to postpone. Jan will get back to you. Also, you can call the Belknap County Conservation District office at 527-5880.

COURTESY

All the volunteers' time, donated materials, and financial contributions count towards the 50:50 match needed for the \$51,033 of NEFRF grant funding. Currently and thru July 20, contri-SEE **WETLANDS** PAGE A17





Gilford High School Class of 2017



Ben Altmire



Jack Boises



Aimee Brunt



Danielle Clairmont



Kyle Davies





Shannon Anderson

James Buckley

Shannon Clifford

Jacob Davis

Logan Essaf



Paxton Boisvert

Joe Bonnell







Nathan Cobis



Mary Davis





Will Baldwin



Maccoy Bourgeois



Ethan Carrier



Jacob Colby



Hannah Bellissimo

Nik Boutwell

Justine Carter

Р







Connor Craigie







THURSDAY, JUNE 22, 2017

Savanna Brunelle





Maddi Currier









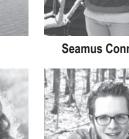










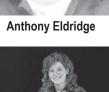






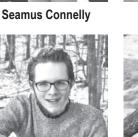
Sean Desautelle













Dawson Ellis



Daniel Getchell-Lacey



Michael Hart



Libby Giles



Emily Hayden







Braden French



Zoe Fullerton





Leah Gardner



Jack Harding







Jae Horvath





Madelyn Griffeth

Connor Hayes



Caledonia Hackley

Reese Henderson



Euriah Hahn

Brian Hogan





Congratulations from these local businesses:



Gilford High School Class of 2017



Duncan Howland



Ryan Hutchins



Nick Imhoof



Meghan Kordas



Braeden Lacroix





THE GILFORD STEAMER A7

Jackson Laflamme



Kimberly Langlitz



Branden Lemay



Kaylee Lemire



Codey Lesnewski



Siobhan Lofblad





Ryan Madden



Kaitlyn Marcella



Aaron Matthews



Rachel Mcarthy



Mason McGonagle



lan McNeil





Yzabelle Mitchell



Alliyah Oswald









Andrew Nelson



Annabelle Nowack





















Brad Parker

Daisy Medieros

KAD















Hayden Peaslee





Thomas Pouliot

Marlon Pacheco



Adam Rague



Michaela Ralls



Kaylee Robbs



Connor Perkins

Tyler Sargent



Laura Scribner







Kiara Smith



Laine Soullier



Hannah Sullivan





Tyler Thibedeau



Alex Thorton



Dom Troiano



Tasha Tyler



Sander Valpey



Seth Vapney









Tristan Veroff



Alyssa Walsh



Celia Weeks



Kassy Weston



Rachel Williams



Dustin Young



Mark Young

Kayla Zarella

salmonpress.com

Gilford High School students receive awards, scholarships

Gilford High School is thrilled to release the following list of students recognized with academic awards and scholarships this year.

Top Five Scholars – Jack Harding, Leah Gardner, Alexa Dembiec, Mark Young and Shannon Anderson

Student Council Recognition - Shannon Anderson, Leah Gardner, Jack Harding, Laine Soullier, Mark Young and Kayla Zarella

National Honor Society Stole Presentation Shannon Anderson, -Joseph Bonnell, James Buckley, Ethan Carrier, Connor Craigie, Justine Carter, Danielle Clairmont, Alexa Dembiec, Dawson Ellis, Leah Gardner, Daniel Getchell-Lacey, Madelyn Griffeth, Jennifer Hancock, Jack Harding, Kaylee Lemire, Kaitlyn Marcella, Alexa McNamara, Daisy Medeiros, Johanna Morris, Stevie Orton, Kaylee Smith, Kiara Smith, Hannah Sullivan, Celia Weeks, Kassandra Weston, Grant Workman, Mark Young and Kayla Zarella

United States Presidential Scholar - Connor Craigie

Physical Education Awards - Hannah Sullivan, Andrew Nelson, Danny Getchell-Lacey, Jacob Davis, Ian Mc-Neil, Michaela Ralls, Ryan Hutchins, Aaron Matthews, James Buckley and Nathan Cobis

Art Awards - Alexa

Business/Computer Award - Danielle Clairmont

The Nest Award: Danielle Clairmont

The Nest – Service Awards - Sydney Holland, Maccoy Bourgeois and Alexa Dembiec

Engineering Award Anthony Eldridge

French Award Kaylee Lemire -

English Award Kaylee Lemire

Young Studies Social

Award - Alexa Dembiec Science Award **Connor Craigie**

Wellness Award _ Danielle Clairmont

"3 Class" Award -Aaron Matthews

IPR Awards – Libby Giles and Laura Scribner

Senior Theatre Awards - Dawson Ellis, Jack Harding and Kayla Zarella

Senior Technical Theatre Awards - Anthony Eldridge, Jacob Davis and Rachel Williams

Four Year Theatre Awards - Kayla Zarella, Dawson Ellis, Jack Harding, Jacob Davis, Mary Davis, Tristan Veroff and Anthony Eldridge

National Choral Award - Dawson Ellis

Gnerre Memorial Music Scholarship Fund - Dawson Ellis and Leah Gardner

Tri-M National Honor Society - Shannon Anderson, Jack Bosies, Dawson Ellis, Leah Gardner,

Harding, Jack

sic Educators Association - Leah Gardner

John Philip Sousa Band Award - Leah Gardner

Parents of Performing Students (P.O.P.S.) Scholarships - Leah Gardner, Jack Harding, Dawson Ellis, Shannon Anderson, Danny Getchell-Lacey, Aimee Brunt, Kayla Zarella, Kaylee Lemire, Alliyah Oswald, Brad Math Award - Mark Parker, Mary Davis, Benjamin Altmire and Alexa Dembiec

> Robotics Scholarship - Brad Parker

The Annie Forts UP Syndrome Fund - Savanna Brunelle and Johanna Morris

Gilmanton Women's Club Award - Michaela Ralls

Gilford Food Service Award – Nathan Cobis Amy Annis Memorial Scholarship – Ian McNeil

Senior Athletic Awards – Anthony Eldridge, Sander Valpey, Seth Valpey, Stevie Orton, and Kaitlyn Van-Bennekum

Gouin Sportsmanship Awards - Mark Young and Stevie Orton

Principal's Award -Kaitlyn VanBennekum Principal's Leadership Award – Nathan Cobis

GHS "Blue Jeans" Faculty Scholarships - Ian McNeil and Andrew Nelson

Hampshire New State Scholars -

Standard – Johanna Morris, Kassidy Morris, Kaylee Smith, Kiara Smith, Celia

New Hampshire Mu- Kyle Davies, Braedan French, Jennifer Hancock, Duncan Howland, James Buckley, Ethan Carrier, Danielle Clairmont and Maddison Currier

Sullivan

Memorial

ships –

Nathan J. Babcock

Weston, Johanna Mor-

ris, Joseph Bonnell and

Daniel Getchell-Lacey

Savings Bank's James

D. Sutherland Memori-

al Scholarship – Johan-

Bank Scholarships -

Kassandra Weston and

-Huot Technical

Center-

Medal - Connor Craigie

Chief's Scholarship -

tion Scholarship - Na-

Gilford PD Associa-

CIE Outstanding In-

CIE Community Ser-

vice Award - Jazmine

tics Excellence Award

Excellence Award -

arships – Cameron

Fraser and Jackson La-

Bearing Scholarship -

al Scholarship – Mary

ing LCC Scholarship -Nicholas Imhoof

-Lakes Region

Joseph Bonnell

Schofield

Aavid Thermalloy

Freudenberg Schol-

New Hampshire Ball

LIBRA Education-

Plumb-

Plummer-Spooner

Eptam/Hass

- Connor Craigie

Brad Parker

flamme

Davis

ternship Award - Lucia

Huot Achievement

Troy Marden Award

Meredith

Franklin

Kayla Zarella

- Emily Hayden

Connor Perkins

Belknap

than Cobis

Parent

na Morris

Scholar-

Village

Savings

County

Plas-

Kassandra

STEM Hannah _ Sullivan, Kassandra Weston, Mark Young, Haley MacLeod, Alden Blais, Joseph Bonnell and Connor Craigie

STEAM – Rachel Williams, Alexa Dembiec, Leah Gardner, Madelvn Griffeth, Jack Harding, Kaylee Lemire and Shannon Anderson

Dan Allard Scholarship Foundation - Stevie Orton, Leah Gardner and Kassandra Weston

2017 New Hampshire Red Sox Service Scholarship – Mark Young

DAR Good Citizenship Award - Kayla Zarella Wilkens-Smith

American Legion Scholarship – Marlon Pacheco and Kassandra Weston

Gilford Community Church Scholarships -Daisy Medeiros, Grant Workman, James Buckley, Jack Harding and Shannon Anderson

Elwyn & Edith Hook Scholarship – James Buckley

Berghahn Family Nursing Scholarship -James Buckley

Stockwell Schol-Gilmanton arship – American Legion Auxiliary – Alexa Mc-Namara

The Gilman Award -Danielle Clairmont

Cheryl Lynn Walsh

Scholarship Foundation Awards-Memorial Scholar-

F. Robert Sleeper Memorial – Ethan Carrier

Stover Family Memorial – Ethan Carrier

Laconia Lodge of Elks #876 – Justine Carter

Sylvia Maria Bonnette Memorial – Mark Casella and Kaylee Smith

James P. Rogers Fund – Mark Casella

R. Everett & Gwendolyn I. Cochran Me-Danielle morial _ Clairmont, Jennifer Hancock, Emily Hayden, Reese Henderson, Duncan Howland, Abigail Nielsen, Stevie Orton, Kaylee Robbs, Kassandra Weston

Aavid Thermalloy, LLC Award in Honor of Fred Payne – Connor Craigie

Bank of New Hampshire – Connor Craigie

Gilford District PTA - Connor Craigie, Johanna Morris and Andrew Nelson

Raynel Award - Connor Craigie and Kyle Davies

Lakes Region Builders & Remodelers Association – Mary Davis

Chelsea R. Bowen Memorial - Sean Desautelle

Laconia Eye & Laser Center Award - Sean Desautelle

Joe Holiday Memorial – Dawson Ellis

Lela Lancaster Trust – Dawson Ellis, Libby Giles, Daisy Medeiros, Brad Parker, Connor Perkins, Thomas Pouliot and Kaitlyn VanBennekum Kenneth A. Lund

Memorial – Dawson Ellis

McNamara and Caledonia Hackley

Kaylee Lemire Kaylee Zarella

and

Weeks, Grant Workman, Kayla Zarella,

ships - Daniel Getchell-Lacey and Hannah

STEM Camp scholarships available

GILFORD — Winn-Aero, the STEM education non-profit based at the Laconia Airport is pleased to announce additional scholarship help is available for youth to attend the week-long ACE Academies offered in July.

"Our board has been very active in soliciting donations for scholarships for deserving kids," said WinnAero President Scott Davis, "and we now have funds to assist young people to attend one of our sessions."

Any parent interested is urged to contact WinnAero Education Director, Dan Caron, dwcaron@hotmail. at com for details. Caron leads a certified teacher staff of six professionals in conducting the ACE Academies. He also coordinates the highlight of the ACE experience for many day-campers; their orientation flight at the controls of a Cessna or Piper aircraft.

"Our lead instruc-

tor, Gena Adams, holds multiple certifications along with her flight experience of more than 4,700 hours and provides each ACE attendee a memorable flight," said Caron.

The schedule of ACE Academies this summer is as follows: July 10-14, ACE for Elementary aged students, half day/mornings only; July 17-21 for Middle School students, full day camp; July 10-14 focused Space Academy for Middle School students, full day; July 10-14, ACE for High school students. All camps are based at the Laconia Airport. Tuition for the half day camp is \$200 and the full day is \$400 for the week. Generous benefactors have donated the funds to help parents send their sons or daughters to the ACE experience so contact Caron as soon as possible. There are just 20 seats remaining across the spectrum of age groups for ACE Academies 2017.

Good Sport Road Race Award - Benjamin Altmire

Wilderness Youth Fund - Shannon Anderson

Lawrence J. Smith and Nancy Smith Award – Aimee Brunt, Sean Desautelle, Kavlee Lemire, Alexa McNamara

Aaron T. Francoeur Memorial – James Buckley, Johanna Morris and Stevie Orton (book award)

Laconia-Gilford Lions Club - James Bucklev

Douglas & Alison Scott Award – James Buckley

Gilford Rotary Club Ethan Carrier and _ Kayla Zarella

James E. Lucas, Jr. Memorial - Ethan Car-

Colby Family Memorial – Leah Gardner

Elizabeth Jewett Cone Memorial - Leah Gardner

Chocorua Lodge #51 IOOF – Daniel Getchell-Lacey and Kaylee Robbs

Charles "Chuck" French Award – Libby Giles

Gilford High School Behavioral Health & Suicide Awareness Fund – Libby Giles and Kaylee Robbs

Martha Virginia Wood Guild Memorial – Libby Giles

Penny Pitou & Milo Pike Fund – Jennifer Hancock

Rebecca A. Tebbetts Memorial - Jack Harding

SEE GHS AWARDS PAGE A17

Rachel Cappello named to Siena College President's List for Spring 2017 Semester

LOUDONVILLE, N.Y. -Rachel Cappello has been named to the Siena College President's List for the Spring 2017 semester. Cappello is from Gilford.

The President's List requires a 3.9 grade point average or higher.

Founded in 1937, Siena College is a private, Catholic Franciscan, residential, liberal arts college with a student body of about 3,000. Siena College offers 31 degree programs, 80+

minors and certificate programs, and professional curricula in teacher preparation/ education, pre-medical, pre-law and social work. A student-to-faculty ratio of 11-to-1, average class size of 21, rigorous academics, Division I athletics, intramural sports and widespread service and advocacy experiences nurture each student's personal growth while providing the education of a lifetime.

better on the water NH Boat Registrations now available! Lakes Region's Full Line Ships Store # Sake Sife SUMMER HEADQUARTERS! Full assortment of Boating Supplies & Accessories Boat Lifts • Docks • Dock Hardware • Dock Boxes • Mooring Supplies • Marine Lines • Pull Toys • Trampolines • Cleaning Supplies Hard & Soft Coolers • Paddleboards • Kayaks • Swim Rafts • Slides • Life Vests • Flagpoles • Swim Ladders • Apparel • Full Dive Shop 💌

603.293.4000 | 1218 UNION AVE LACONIA NH PAUGUS BAY (Accessible by water)

shorefrontproducts.com

Bank of NH returns as Presenting Sponsor of the LRGHealthcare Golf Classic! Join us at Laconia Country Club on Aug. 14!

LACONIA — For the Emergency ninth year Bank of New Hampshire has signed on as the \$10,000 Presenting Sponsor of the LRGHealthcare Golf Classic!

The Aug. 14 tournament will take place at Laconia Country Club. Golfers will participate in a scramble format, choosing to golf in either the morning or afternoon round (shotgun starts at 8:30 a.m. and 2 p.m.). Each flight will be followed by a delicious meal, gifts, and prizes for the participants.

Over the years, this tournament has raised more than \$1,056,000 to benefit patients at LR-GHealthcare. Proceeds from the 2017 Golf Classic will be designated to much-needed renovations to the Emergency Department at Lakes Region General Hospital.

"Bank of New Hampshire is proud to continue to support LR-GHealthcare and the renovations for the

Department," states Paul Falvey, President & CEO for Bank of New Hampshire. "Upgrades to the Emergency Department are critical to ensuring that patients have access to quality and immediate services in their road to recovery and wellness."

"On behalf of the LRGHealthcare Board of Trustees, staff, and patients, I'd like to extend my sincere thanks to Paul Falvey and everyone at Bank of New Hampshire for their long-time support of the LRGHealthcare Golf Classic," states Kevin Donovan, LRGHealthcare President & CEO. "We look forward to welcoming many of our community and hospital partners to New Hampshire's most beautiful golf course on Aug. 14 ... there is still space available for anyone who might like to join in on a great day for a great cause!"

Several sponsors have already joined Bank of New Hampshire in supporting this event, including Gold Sponsor Associates DiGiorgio Inc./Monitor Builders Inc.; Silver Sponsors Cross Insurance Agency and KeyBanc Capital Markets; Driving Range Sponsor Metro-Cast Business Services; Golf Ball Sponsor Martin Technical Services LLC; Bronze Sponsors Franklin Savings Bank and Tufts Health Freedom Plan; Cart Sponsors CynergisTek (formerly known as Auxilio) and Giguere Electric, Inc.; and Corporate Sponsors Bay Point Financial, LLC, Daniels Electric Corporation, Electric Connection, Golden View Health Care Center. Jackson Lewis P.C., MB Tractor & Equipment, Melcher & Prescott Insurance, Meredith Village Savings Bank, and Prism Healthcare Partners LTD.



COURTESY

LRGHealthcare President δ CEO Kevin Donovan (left) thanks Bank of New Hampshire President & CEO Paul Falvey for the bank's very generous and long-time support as Presenting Sponsor of the LRGHealthcare Golf Classic. The LRGHealthcare Golf Classic will be held on Monday, Aug. 14 at Laconia Country Club, with proceeds to benefit much-needed renovations to the Emergency Department at Lakes Region General Hospital. Great sponsorship opportunities are available.

Hole-in-One Sponsors include the Irwin Automotive Group - offering the chance to win a brand new car lease, Fratello's Italian Grille ... a Hole-in-One wins you \$2,500 to Fratello's, and anyone who hits the green will get a restaurant gift card. Dr. Paul Racicot & Family will sponsor a Hole-in-One opportunity to win a new tractor.

Foursome spots and a range of sponsorship opportunities are available...don't miss a day of great golf, great networking, great meals & prizes! For more information please contact the Office of Philanthropy at LRG-Healthcare, 527-7063 or visit our Web site: www. lrgh.org.

LRGHealthcare is a not-for-profit healthcare charitable trust Lakes representing Region General Hospital, Franklin Regional

Hospital, and affiliated medical providers. LR-GHealthcare is committed to providing quality, compassionate care and strengthening the to well-being of our community.

Bank of New Hampshire, founded in 1831, provides deposit, lending and wealth management products and services to families and businesses throughout New Hampshire. With 24 banking offices throughout New Hampshire and assets exceeding \$1.4 billion, Bank of New Hampshire is the oldest and largest independent bank in the state. Bank of New Hampshire is a mutual organization, focused on the success of the bank's customers. communities and employees, rather than stockholders. For more information, call 1-800-832-0912 or visit www. BankNH.com.

Paid Advertisement

Paid Advertisement

LRGHealthcare sells Dalphond Building to HealthFirst

FRANKLIN — On the morning of Tuesday, May 16, LRG-Healthcare finalized the sale of the Arthur Dalphond Building in Franklin to Health-First Family Care Center. HealthFirst has occupied the building for the last 21-plus years.

LRGHealthcare President and CEO care, reduces our operating expenses, and provides HealthFirst with better positioning to expand into the future," Donovan stated. "It's a win-win for LR-GHealthcare, Health-First, and the community."

Silverberg noted, "I can't help but feel fied Health Center in proud of all that Health- Franklin and Laconia, Kevin W. Donovan and First has achieved over providing integrated the last two decades in service to the people of the Twin Rivers area. We are truly fortunate to have community partners, such as LRGHealthcare, with whom we collaborate to achieve public health goals."

Hospital, and affiliated medical providers. LR-GHealthcare's mission is to provide quality, compassionate care and to strengthen the well-being of our community.

HealthFirst Family Care Center, Inc. is a Federally-Quali-

primary and behav-

ioral healthcare, treat-

ment, prevention, and

health education to

residents of the Twin

Rivers and Lakes Re-

gion of New Hampshire

(a five-county area in-

cluding 23 rural town-

ships). HealthFirst has

twice received recogni-

tion as a Patient-Cen-

tered Medical Home by

the National Commit-

tee for Quality Assur-

PUMP SYSTEMS

Edward Jones: Financial Focus Don't Let Your Investments Take a "Vacation"

Paid Advertisement

It's summer again - time for many of us to take a break and possibly hit the open road. But even if you go on vacation, you won't want your investments to do the same - in summertime or any other season. How can you help make sure your portfolio continues to work hard for you all year long?

Here are a few suggestions:

· Avoid owning too many "low growth" investments. As you know, different investments have different characteristics and can help you in different ways. For example, you typically own stocks because you want them to grow in value so that you can eventually sell them for a profit. Other investments, such as certificates of deposit (CDs), provide you with a regular source of income and stability of principal - two valuable contributions to your portfolio. However, investments like CDs don't offer much in the way of growth. So if you own too many of them, you might be slowing your progress toward your important financial goals, such as a comfortable retirement.

• Don't let your portfolio go "unsupervised." Your investment portfolio can be subject to "drift" if left alone for extended time periods. In fact, without your making any moves at all, your portfolio can move in directions that may not be favorable to you. Suppose you think your holdings should be made up of 70% stocks, but due to strong gains, your stocks now make up 80% of your portfolio. This development could lead to a risk level that feels uncomfortably high to you. That's why you should review your portfolio at least once a year, possibly with the help of a financial professional, to check your progress and make adjustments as needed.

• Don't stop at the nearest "resting place." Some people hope that if they can get that one "winner," they will triumph in the investment arena. But the ability to "get rich quick" is much more of a myth than a reality. True investment success typically requires patience, persistence and the resilience to continue investing even during market downturns.

HealthFirst President and CEO Richard D. Silverberg closed on the sale with representatives of both organizations in attendance.

A substantial portion of the original renovation and additions to the 841 Central Street building were completed along with the Dalphond family bequeathment in 1997. Arthur himself stipulated the building was to be used, "to help make personal healthcare services available to people of the greater Franklin region."

"This sale brings in some much-needed funds for LRGHealth-



LRGHealthcare is a not-for-profit healthcare charitable trust representing Lakes Region General Hospital, Franklin Regional

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In other words, investing is a long-term endeavor, and you need a portfolio that reflects this reality. The investment moves you make today may pay off for you decades from now. You need to establish your goals and keep them constantly in mind as you invest. And you will never really reach the end of your investment journey, because you'll need to make choices and manage your portfolio throughout your retirement years.

Hopefully, you will enjoy a pleasant vacation sometime this summer. But your investment portfolio shouldn't take time off.

This article was written by Edward Jones for use by your local Edward Jones Financial Advisor. For more information or to sign up for their monthly newsletter, contact your local Financial Advisor.



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Member SIPC





Local News

19th Leadership class graduates

REGION — Leadership Lakes Region recently conducted its 19th annual graduation ceremony for the class of 2017. A total of 26 graduates spent a Program Year starting in October 2016 through May 2017 learning more about the various issues and factors at work in the Lakes Region to include social, economic, political, health, education, historic and environmental/lakes-related topics. Guest speaker for the graduation ceremony was noted blind mountain climber,marathoner and inspirational speaker Randy Pierce representing his foundation, 20/20 Visionquest.

"This was a very dynamic class," said Program Coordinator Jennifer McLean, "and they asked a lot of very thoughtful questions of our various guest speakers at our once per month sessions."

McLean continued that Leadership Lakes Region, since its inception in 1996 and its first graduating class in 1998 has grown steadily with a total now of 338 area professionals having graduated. The





Leadership Lakes classmates and staff aboard the Doris E for a cruise celebrating their graduation from the leadership program.

Leadership Program is tuition-funded by the enrolled students and their employers plus supported by generous contributions from specific program day corporate sponsors. This year saw an increase in sponsorships with eleven companies supporting Leadership Lakes Region with grants and/or inkind donation of goods and services. On behalf of the Leadership Lakes Region Board of Directors and 2017 graduates, McLean thanks the following for their support; Bank of New Hampshire, Meredith Village Savings Bank, Northeast Delta Dental, Baron's Major Brands, LRG-Healthcare, Granite United Way, Make-a-Wish New Hampshire, Mountain Resort, Grappone Automotive Group and Centerplate Foods. Dr. Leo Sanfacon, a member of the first graduating class of Leadership Lakes and a current board member, also supportgenerously

ed the program with a Lavallee, Erin Petten- Amanda Grappone Ossponsorship. The next Program year kicks off in October 2017 and applications are now being accepted for the new class. Interested parties should visit the website at www.leadershiplakesregion.org for a program schedule and to download an application.

"We're planning on a class of 25 students next cycle," said Mc-Lean, "and we already have eight applicants accepted."

Companies interested in helping to sponsor the next class are also urged to contact McLean through the website. The Class of 2017 graduates included Jason Jenkins, Carly Migliore, Kelly McAdam, Marius Rosioru, Alice Cormier, Melcher & Prescott Robin Rowe, Bryan Insurance, Gunstock Murphy, Dion DeCarli, Joanne Haight, Sarah DeCormier, Carissa Elphick, Donna Hennessey, Anthony Bean Burpee, Mary Ellen McCormack, Nikki Holgate, Bambi Benton, Jessica Beane, Allison Duffield, Christine Jesseman, Garrett

gill, Hamilton McLean, mer, Melissa Skeats,

Elise Cushing and Eric Petell.



Lions legacy

The Laconia/Gilford Lions Club, District 44H, marked a milestone during its latest meeting on June 1st, as they received congratulations on their 70th anniversary (club chartered originally on Jan. 2, 1947). Here, New Zone Chair Lion Marie Valliere presents a 70th Anniversary Certificate to Club President Lion Allyn Bridge. The certificate, signed by Gov. Christopher Sununu, commended the club members, past & present, for their legacy of service, and noted that there are "77 Lions Clubs in N.H. with over 2,400 Lions serving the citizens of the Granite State." "As this is also the centennial year of the founding of the entire Lions Club," commented Lion Allyn Bridge, "this year has special meaning for us, and we will be marking it in many ways."

Gel-Coat Finish Fiberglass **Flag Poles** was \$495 Now Just \$375 Includes All Hardware and Flash Collar

20' 4-Section Patriot Aluminum Flag Pole Kit with Premium Annin Flag was \$199 Now Just \$159 Includes All Hardware and Premium Annin Flag

16', 19', 20', 25' Sturdy Aluminum **Telescoping Poles** Starting at Just \$100 **SAVE 20%** ON ALL

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JUNE 22 • 7 PM

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Samantha Stevens joins the NH Humane Society as new Volunteer Manager

LACONIA — The New Hampshire Humane Society is a family, and just like our own families, there is always something happening. At NHHS, while the work force is relatively stable, there are occasional changes on the team. We are happy to welcome Sa-



Samantha Stevens

mantha Stevens as our new Volunteer Manager. Stevens started out at the shelter as a canine volunteer, quicktransitioned onto lv the canine staff, and has recently accepted the position working with our dedicated cadre of volunteers. She has a wealth of experience managing and facilitating care between medical professionals and sick children and their families in a hospital environment, which will undoubtedly assure a continuance of the level of empathy in our animal shelter

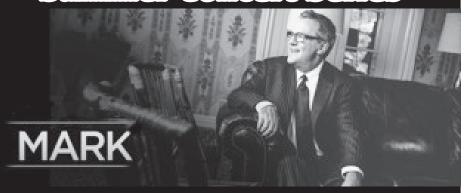
setting.

"I am thrilled to join the New Hampshire Humane Society as the new volunteer manager," says Ms. Stevens. "I am really looking forward to getting to know all of the dedicated volunteers who so willingly give their time and love to the animals we care for."

The New Hampshire Humane Society is a 501(c)3 non-profit whose mission is to find responsible and caring forever homes; provide shelter for the lost, abandoned and unwanted animals; advocate and be the voice for the voiceless. The Humane Society works hard to prevent cruelty to animals and offers education and outreach programs, pet therapy, and many community initiatives to help people and their pets in the 17 communities in the NHHS area, and beyond.

For more information about volunteer opportunities and other programs, call 524-3252, ext. 306, or check nhhumane.org.

Alton Bay **Christian Conference** Center (\mathcal{C}) ner Garas



Mark Lowry July 4, 7:00pm \$20 a ticket

Concerts start at 7:00pm on the grounds of Alton Bay Christian Conference Center. The July 4th concert is a ticketed event, \$20.00 a ticket, contact ABCCC by email or phone: info@altonbay.org or 603-875-6161.

Come tour the big magnificent trees of Prescott Farm Saturday, June 24!

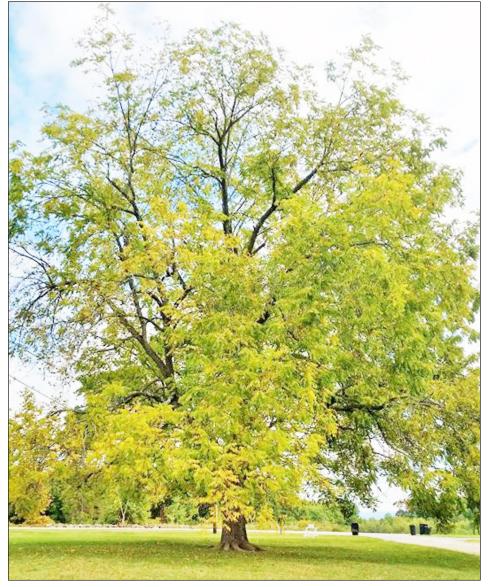
LACONIA—Prescott years old (planted in Farm is home to huge old trees, including a black walnut tree which is officially the largest one in Belknap County! Tree tours highlighting this black walnut tree, and others equally magnificent, will begin Saturday, June 24 from 11 a.m. to noon. All ages are welcome on this tour.

The trees featured during this tour are quite magnificent to behold, and can also teach us a great deal — just imagine what they have "seen" over the course of their lives! During this one hour program, you will learn a lot about trees (of course!), but also fascinating fun facts about ecology, history and how the land has changed over the vears.

Our black walnut tree, featured during this tour, was added to the NH Big Tree list last year. It measures 7 feet, seven inches (91 inches) in circumference, meaning it is about 130 about 1886). The largest recorded black walnut tree in New Hampshire is almost twice the size at 14 feet, 10 inches (178 inches) in circumference and is located in Hopkinton.

The New Hampshire Big Tree list is organized by UNH Cooperative Extension and recognizes and records the state's biggest "champion" trees. From the "William Whipple" horse chestnut in Portsmouth to a black spruce bog in the North Country, dedicated volunteers search the state for the largest examples of individual trees species that grow in New Hampshire. New Hampshire's State and County Listing of Big Trees can be viewed online their Web site https://extension. at unh.edu/Trees/NH-Big-Tree-Program.

If you are unable to make it to the tour on Saturday, June 24, other tours are being offered Saturdays, Aug. 12 and



Wescott Law recognized among state's top law firms

LACONIA — Wescott Law was recently recognized as one of the state's top law firms in an annual supplement published by Business NH Magazine. The firm was one of twenty-two in the state to be included in the issue, a supplement to the month's regular publication, and the only one based in the Lakes Region. Those included were listed in order of the number of New Hampshire attorneys. The largest firm has six hundred thirty-eight attorneys but because only 15 are licensed to practice in New Hampshire, they were ranked thirteenth. The top firm was one with far fewer attorneys, ninety-six to be exact, but seventy-eight because of them were NH attorneys they were ranked as number one. "We are very humbled to be included among much larger firms," stated Managing Partner, Attorney Allison Ambrose. Wescott Law, with nine attorneys, all licensed to work in New Hampshire, came in at number twenty with two others following them in rank based on the criteria. Most of the firms listed have their main office in larger cities; nine are based in Manchester and six in Concord. Three were based out of state, but have offices in New Hampshire and were thus included in the list. The publication arrived in mail boxes Monday, June 5, along with the regular June issue of Business NH Magazine. Coincidently, the latter features Wescott Law's youngest attorney, Brett Allard, who took part in a Millennial Roundtable discussion last month. "It's wonderful for our firm, which is celebrating its ninetieth anniver-



COURTESY (Left) Wescott Law was recently recognized as one of the state's top law firms in an annual supplement published by Business NH Magazine.

sary this year, to receive such recognition," states Ambrose.

"The partners take great pride in remaining lite offices in Meredith, current, implementing Bristol and Portsmouth. prescottfarm.org. If you improved systems, rebranding the firm and introducing a new generation of attorneys," adds Ambrose. "In recent years, several younger attorneys have joined Wescott Law, resulting

in a more balanced demographic. It's a great combination of youthful ingenuity and the learned experience of the firm's founders."

Wescott Law's main office is located in the heart of Laconia, with satel-To learn more about the firm, go to wescottlawnh. com or call the main office at 524-2166 to arrange an appointment. Many practice areas offer a free initial consultation to new clients.

COURTESY PHOTO

(Left) Prescott Farm is home to huge old trees, including a black walnut tree which is officially the largest one in Belknap County! Tree tours highlighting this black walnut tree, and others equally magnificent, will begin Saturday, June 24 from 11 a.m. to noon.

Oct. 14 from 11 a.m. to noon. These tree tours are sponsored by Belknap Landscaping Company.

Belknap Landscape Company is a family owned full service landscape company located in Gilford, New Hampshire offering design and build, lighting, tree work and irrigation services for commercial and residential properties. BLC is powered by LandOpt, members of the National Association of Landscape Professional, New Hampshire Lakes Association, Snow and Ice Management Association, the New Hampshire Home Builders Association and accredited by the Tree Care Industry Association.

Prescott Farm is a nonprofit organization dedicated to environmental education and preservation. We provide year-round environmental education programs for all ages and a place in the Lakes Region community that encourages curiosity, discovery, fun and connection to the natural world.

The cost of these tours is \$7.50 (\$6 Members of Prescott Farm)/person with pre-registration and \$10.00 at the door. You can pre-register for these tours at www. would like more information regarding sponsorship opportunities at Prescott Farm please contact Jude Hamel, Executive Director at jhamel@prescottfarm. org/366-5695.

Friday, June 30th

5:00 pm - 10:00 pm Miller Amusements Carnival Midway Pay ONE PRICE On The Rides (pay one price \$25.00) 6:00 pm Side Walk Vendors Open

6:00 pm - 9:00 pm Concert: Jonathan Sarty

Saturday, July 1st

8:30 am Registration for the 4 Mile Walk/Run

9:00 am Scootin' for the Red, White and Blue 4 Mile Walk/Run

Start and Finish at Ed Fenn School. Donation Entry Fee. Sponsored by AVH 11:00 am Side Walk Vendors Open

12:00 pm - 10:00 pm Miller Amusements Carnival Midway

12:00 pm - 5:00 pm (1) Pay ONE PRICE On The Rides (pay one price \$25.00) 5:00 pm - 10:00 pm (2) Pay ONE PRICE On The Rides (pay one price \$25.00)

6:00 pm - 9:00 pm Concert: Straightaway

Sunday, July 2nd

11:00 am Classic Car Parade Line Up (Ed Fenn School) 11:00 am Side Walk Vendors Open

11:30 am Classic Car Parade (Down Rt 16 to Railroad st)

12:00 pm - 2:00 pm Classic Car Show with 50's & 60's music

12:00 pm - 2:00 pm Kids Games - Hosted by American Legion Aux. Unit 82

12:00 pm - 10:00 pm Miller Amusements Carnival Midway

12:00 pm - 5:00 pm (1) Pay ONE PRICE On The Rides (pay one price \$25.00) 5:00 pm - 10:00 pm (2) Pay ONE PRICE On The Rides (pay one price \$25.00)

5:00 pm - 6:30 pm Chili Chowder / Dessert Cook Off at the Fire Station Hosted by Gorham Fire Dept and Gorham EMS

7:30 pm - 9:30 pm Concert: The Ultimate Garth Brooks Tribute Show with Dean Simmons Sponsored by Berlin City Auto Group

Monday, July 3rd

8:00 am - 10:00 pm NEW EVENT! Patriotic ATV Photo Scavenger Hunt Registration Registration at Gorham Corner Market (\$5 PP) Must have a Camera or Cell Phone 3:00 pm Side Walk Vendors Open

3:00 pm - 10:00 pm Miller Amusements Carnival Midway

- Pay ONE PRICE On The Rides (pay one price \$25.00)
- 6:00 pm 9:00 pm Concert: Riley Parkhurst Project

Tuesday, July 4th

- 9:30 am Duck Race Hosted by the Berlin Backers
- 10:00 am 10:45 am REGISTRATION For Kiddies Parade (Registration is a MUST at Ed Fenn School)
- 11:00 am Kiddies Parade (Starts at Ed Fenn School)
- 11:00 am Side Walk Vendors Open
- 12:00 pm 11:00 pm Miller Amusements Carnival Midway
- 12:00 pm 5:00 pm (1) Pay ONE PRICE On The Rides (pay one price \$25.00) 5:00 pm - 11:00 pm (2) Pay ONE PRICE On The Rides (pay one price \$25.00) 1:00 pm Parade Line up
- 1:30 pm DJ Music with Steve Emerson

2:00 pm Main Parade - Sponsored by Service Credit Union (Starts at Dublin Street down Rt 16 to Railroad St.) 6:00 pm - 10:00 pm Concert: Rebel Sons

10:00 pm Fire Works by Atlas Fireworks

f Gorham 4th of July Celebration



Gorham, NH

This Years Theme:

The Circus: Celebrating the Greatest Show on Earth

One Mill Plaza donates \$5,000 to Colonial Theater project

LACONIA — Recently, One Mill Plaza, Inc. of Laconia, pledged \$5,000 to the Colonial Theater redevelopment project in Laconia. One Mill Plaza is the premier professional office building next to Laconia City Hall. Justin Slattery, Belknap EDC Executive Director, thanked Joe Adrignola, Manager of One Mill Plaza, Inc., for their generous support and commitment to building economic opportunity in Belknap County and the Lakes Region.

Joe Adrignola stated, "On behalf of my fellow building owners, One Mill Plaza, Inc. is proud to support the Colonial Theater redevelopment project which will provide performing arts venue for cultural arts to residents and visitors and serve as a catalyst for the continued redevelopment of downtown Laconia."

"Since the start of the capital campaign, we have received an outpouring of support from businesses and residents in the Lakes Region," said Justin Slattery, Executive Director of the Belknap EDC. "We are making good progress and ask that any business or resident interested in learning more about the Colonial Theater capital campaign to contact us at 524-3057 or 609MainStreet.org."

Belknap EDC was founded in 1992 with the mission of promoting economic vitality in Belknap County and the Greater Lakes Region. One of ten non-profit regionaldevelopment corporations in New Belknap Hampshire, EDC aims to attract and retain young talent, support creative entrepreneurs, enhance workforce developmentprograms and be a pro-active catalyst, partner, and investor in property development that enhances economic opportunity in Belknap County. For more information, visit belknapedc.org.



Left to right: Joe Adrignola of 1 Mill Plaza and Gracie Cilley, BEDC Chair and MVSB.

Country music legends Alabama and Dwight Yoakam come to Gilford Sept. 9!

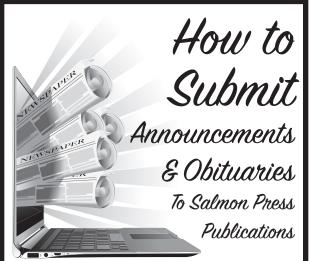
Announcements GILFORD — Bank of New Hampshire Pavilion is excited to an-& Obituaries nounce the band that changed everything, To Salmon Press Alabama, will make their first appearance Publications in Gilford on Saturday, Sept. 9 with Dwight Yoakam. Tickets go on sale Friday, May 19 at 10 a.m., and range from \$29.75 to \$99.75. Get your tickets by calling the Box Office at 293-4700 or online at www. BankNHpavilion.com. It's the kind of stowork. ry you read about in books and watch on the big screen at the movies. For the band Alabama, it's not just a Please contact Executive Editor story; it's their life. It is a classic American tale of rags to riches. From humble beginthe submission process. nings picking cotton in the fields to interna-

tional stars that went Home's In Alabama." on to sell 73 million albums while changing the face and sound of country music.

It's been more than 40 years since Randy, Jeff and Teddy left the cotton farms of Fort Payne, Ala., to spend the summer playing in a Myrtle Beach, S.C. bar called The Bowery. Having grown up working in the fields. the cousins were no strangers to hard They didn't flinch when it took six long years of working for tips and living hand to mouth playing in the bar. Word of mouth earned the major label deal they'd been dreaming of. In 1980, the band broke through with their first Top 20 hit, "My

Quality songs that become have the soundtrack for American life are the foundation for Alabama's stellar career. They brought country music to the mainstream, and from side stage to the main stage. Alabama introduced rock style guitars, lights, pyrotechnics and sounds to the country audience. Bands benefitting from that breakthrough include Zac Brown Band, Florida Georgia Line and Eli Young Band. They have also inspired many of today's brightest country stars including Kenny Chesney, Jason Aldean and Luke Bryan, as well as pop and rock stars from Ed Sheeran to Jon Bon Jovi. As they have for more than 40 years, Alabama continues to "Roll On." Dwight Yoakam joins Alabama for a night filled with true country and bluebrass. Yoakam, a singer-songwriter and actor, is most famous for his pioneering country music. Popular since the early 1980's, he has recorded more than 21 albums and compilations, charted more than thirty singles on the Billboard Hot Country Songs charts and sold more than 25 million records. He's recorded five Billboard #1 albums, 12 gold albums, and nine

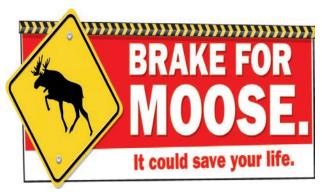
platinum albums, including his triple platinum "This Time." Not making much headway in Nashville with his hip honkytonk music, Yoakam moved to Los Angeles and worked towards bringing his particular brand of new Honkytonk or "Hillbilly" music (as he called it) forward into the 1980's. The grass isn't always greener on the other side, or bluer in this case, which may be why Dwight Yoakam hadn't thought of doing a bluegrass album over the years. Yet here he is, releasing "Swimmin' Pools, Movie Stars..." in the same year that he is celebrating the 30th anniversary of "Guitars, Cadillacs, Etc.," "Swimmin' Pools, Movie Stars..." harks back to that landmark debut in its obviously cheeky title, while otherwise looking even farther back by recasting some of Yoakam's most classic songs in a style that not only predates cowpunk but antecedes his beloved Bakersfield sound. Join Country music legends, Alabama and Dwight Yoakam, and sing along to all their hits, Saturday, Sept. 9. Get your tickets Friday, May 19 at 10 a.m. by contacting the Box Office at 293-4700 or log on to www.BankNHPavilion.com!



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engagements, and anniversaries are published FREE OF CHARGE in any/all Salmon Press newspapers. **Obituaries** can be sent to: obituaries@salmonpress.com Wedding, engagement, and anniversary announcements are welcome at: weddings@salmonpress.com *Photos are also welcome, but must be submitted in jpeg format.*

Brendan Berube at (603) 279-4516, ext. 111 with any questions regarding





5 Airport Rd, Whitefield NH

Loons nesting on Loon Preservation Committee's Live Loon Cam

MOULTONBOR-OUGH — The Loon Preservation Committee (LPC) is streaming live video of a pair of nesting loons on a lake in the Lakes Region of New Hampshire at www.loon.org. This is the fourth year LPC has shared the live feed with the public, and the high definition video captured the first of two eggs being laid on May 21. LPC biologists expect to see chicks around June 17-18 if all goes well. This pair is among the first loons in the state to initiate a nest; the peak of loon nest initiation usually occurs around the first week of June in New Hampshire. LPC biologists banded both adults with unique combinations of color bands and LPC has confirmed that it is the same pair of loons as



An image captured from the live webcam shows an adult sitting on a nest on a lake in the Lakes Region of New Hampshire. Both adults will take turns incubating the egg(s) for approximately 28 days.

last year. In 2014, the male of the pair was rescued by LPC staff after webcam viewers reported the loon appeared to be tangled in monofilament line, a potentially

lethal condition. Just days after the loon was rescued the pair hatched two chicks and both survived to migrate to the ocean in the fall. Last year, this pair sat on an inviable egg for 59 days (31 days past the expected hatch date). After an unsuccessful year in 2016, the Loon Preservation Committee is hoping for a successful hatch in 2017.

The loon webcam gives LPC biologists an invaluable look at the habits and challenges faced by nesting loons in New Hampshire,

Merrimack County Savings Bank and Meredith Village Savings Bank donate \$100,000 to NH Community Loan Fund

MEREDITH — Merrimack County Savings Bank (the Merrimack) and Meredith Village Savings Bank (MVSB), sister banks and subsidiaries of New Hampshire Mutual Bancorp, have each donated \$50,000 to establish a permanent fund at the New Hampshire Community Loan Fund. The \$100,000 gift was placed in the Community Loan Fund's lending pool, and will be used many times over to finance local housing financing needs.

"We're incredibly



Wyman, President of Meredith Village Savings Bank. "This permanent fund will have a significant impact for those who need affordable housing, which is a vital part of building communities."

Established in 1983 in Concord, the Community Loan Fund was one of the first Community Development Financial Institutions in the United States. The Community Loan Fund was founded on the belief that many people with low incomes can become more self-sufficient if they have access to fair sources of credit. The Community Loan Fund has loaned more than \$220 million to thousands of New Hampshire individuals, organizations and employers. Nearly every project was SEE DONATION PAGE A17

including black flies, predators, flooded nests, and intruding loons. It also allows LPC to share this intimate look into the life of loons with its members and the public. To see the live loon cam, please visit www.loon. org.

Loon Preservation Committee biologists recorded 294 pairs of loons on New Hampshire lakes in 2016, more than three times the number of loons present in the mid 1970s when LPC began its work to protect and grow the population. However, loons are facing growing challenges and the impacts of climate change and other threats are increasingly being felt by New Hampshire's small loon population.

Loons are a threatened species in New Hampshire and are protected by state and federal laws from hunting or harassment. If you see a sick or injured loon, please call the Loon Preservation Committee (476-5666) or if you observe harassment of loons, please contact the New Hampshire Fish and Game Department (271-3361) or Marine Patrol (293-2037) for assistance.

The Loon Preservation Committee monitors loons throughout the state as part of its mission to restore and maintain a healthy population of loons in New Hampshire; to monitor the health and productivity of loon populations as sentinels of environmental quality; and to promote a greater understanding of loons and the natural world. To learn more about loons in New Hampshire, please visit the Loon Preservation Committee on the web at www.loon.org or call the Loon Preservation Committee at 476-LOON (5666).

grateful to the Merrimack and MVSB for championing our efforts to help underserved people and families become self-sufficient and gain financial independence," said Juliana Community Eades, Loan Fund President. "It's wonderful to be able to count on our corporate neighbors. We've thrived for as long as we have because donors feel good knowing their money is used wisely, responsibly and for maximum impact."

The Community Loan Fund encourages participation in New Hampshire's economy by providing financial and educational tools that help clients attain affordable homes, quality jobs and child care. This is done through loans as well as capi-

Philip Emma, President of Merrimack County Savings Bank, Juliana Eades, President of New Hampshire Community Loan Fund, Deborah Butler, NH Community Loan Fund Board Chair and Rick Wyman, President of Meredith Village Savings Bank.

tal and technical assistance, and by complementing and extending the reach of conventional lenders and public institutions.

"Merrimack County Savings Bank is proud to support the

NH Community Loan Fund, as they've made a tremendous difference in the quality of life for our friends and neighbors," said Philip Emma, President of the Merrimack. "It is for this reason that the Bank has partnered in various ways with the Community Loan Fund over the past 30 years." "It's our pleasure

to offer any assistance we can to further local housing opportunities," said Rick







Local News



An array of locally themed gifts can be found at the newly opened Nahamsha Gifts at Mill Falls Marketplace.

Mill Falls welcomes Nahamsha Gifts

MEREDITH — Nahamsha Gifts is a New England themed gift shop featuring products from the popular line. Chowdaheadz, and more. They have gifts that really showcase what New England is all about. There's something for the all the hikers, campers, boaters, drinkers, sports fans and golfers out there. They are focusing now on our "Wicked Smaaht" line for up-

coming graduations and "Best Dad Evah" for Father's Day.

We also look forward to bringing in an epic USA line for the Fourth of July (and every other day for that matter!). Our everyday slang is shown on many of there products, which make them unique and wicked awesome. Don't worry, they didn't forget about all those New England kiddos out there; they have a full

baby and youth section so they can be the coolest kids in school!

Memorial Day weekend was the offi-

Gifts, located in the cial kick off and grand Voila! / Oglethorpe

opening of Nahamsha building in the Mill Falls Marketplace.

"New Hampshire on High - Historic and Unusual Weathervanes in the Granite State" at **Gilmanton Historical Society June 27**

GILMANTON — The Gilmanton Historical Society's 2017 summer program series continues on Tuesday, June 27, with a presentation on historical weathervanes in New Hampshire. The program, at Old Town Hall on NH Route 140 in Gilmanton Iron Works, begins

at 7:30 p.m., with social hour and refreshments at 7 p.m.

This program offers a fun and engaging look at the historic and unusual weathervanes found on New Hampshire's churches, town halls and other public buildings from earliest times down to the pres-

[비ㅋ러 러ㅋ?[[[소]]]



Historic and Unusual Weathervanes in the Granite State is the subject of the **Gilmanton Historical Society's** program on Tuesday, June

of weathervanes, their practical use and interesting symbolism, as well as their variou types and methods of manufacture and evolution from practical weather instrument of architectural embellishment. The program is supported by New Hampshire Humanities.

The Gilmanton Historical Society's 2017 summer programs

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Storage on Our Site or Yours...

27, 7:30 p.m. at Old Town Hall in Gilmanton Iron Works.

ent. Highlighted by a visual presentation of a sampling of the vanes found throughout the State, Glenn Knoblock's program will trace the history

are offered on the fourth Tuesday of each month, May through September. In July, join the Society for a walking tour of the Gilmanton Corner village. Pat Clarke tells us SEE NH ON HIGH PAGE A17





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Michael Stoddard directs for Interlakes Summer Theatre

MEREDITH — Michael Stoddard, native New Hampshire boy,from Franklin, studied Musical Theatre at Plymouth State University, then returned to PSU to pursue a graduate degree in Theatre Education and Integrated Arts. It was during that time that he directed, choreographed and taught as a freelance artist all over the state, which is incidentally how he met Nancy Barry, now

the Interlakes Summer years. He was also the Theatre.

Stoddard currently resides in Miami, Fla., where he directs regionally and works full time as the Director of Theatre at Palmer Trinity School.

Previously, he lived in Milwaukee and Chicago and was the Director of Theatre for The Hansen Family Fine Arts Theatre where he directed and choreographed over thirty

Producing Director of productions in eight creator and director of Theatre Community Works, one of Milwaukee's largest educational summer theatre programs today.

> In the last 17 years, he has directed and choreographed more than 50 productions with theater organizations located in six countries and fifteen states throughout the U.S., including Split Stage Productions in



Michael Stoddard, a New Hampshire native, will be directing "Joseph & The Amazing Technicolor Dreamcoat" for Interlakes Summer Theatre, opening July 5. 707-6035

Pittsburgh, All In Productions in Milwaukee, Dream Big in Chicago and ShangKat in Shanghai.

When not directing, Stoddard performs with companies throughout the country. This July he will perform as Jeff in "Title of Show," at the Little Church Theatre in Holderness.

Recent performance credits include, Jerry in "The Full Monty" (GCT), Lord Farquaad in "Shrek" as a guest artist ETC at Plymouth State University, Jamie in "The Last Five Years" (All In Productions), Princeton/Rod in "Avenue Q" (Split Stage Productions). and Leo Frank in "Parade" (GCT).

One Light Theatre presents "The 39 Steps"

TILTON — One Light Theatre's summer season continues with the wild comedy "The 39 Steps," a stage adaptation of Patrick Barlow's novel and Alfred Hitchcock's classic thriller of the same name. Richard Hannay is whisked into the world of international espionage after helping an undercover spy escape a dangerous situation. Over the course of the play, he stumbles through three romances and meets over a hundred other side characters. Despite the abundance of characters at play, "The 39 Steps" is portrayed by a cast of only four.

Directed by Kirstin Riegler, One Light's production will feature four of their professional Resident Artists: Owen Thomas, Heather Hunt, Jack Harding, and Matthew McGinnis. Owen Thomas (Richard Hannay) is entering his senior year at Rockford University in Illinois, where he is pursuing dual BFAs in Musical Theatre and Dance. Outside of Rockford University, he has previously performed at the Schoenbrunn Amphitheater in New Philadelphia, OH and the Edinburgh Fringe Festival in Edinburgh, Scotland. Heather Hunt (Annabella Schmidt/Pamela/Margaret) is working toward her Acting BA from Keene State College, where she also helps run the student theatre organization. Regionally, you may have seen Hunt in the ensemble of "Jesus Christ Superstar" with the Winnipesaukee Playhouse or as Beth March in "Little Women: The Musical" at the Seacoast Repertory Theatre. Earlier this summer, Hunt attended Springboard NYC, an intensive training program run by the American Theatre Wing. Jack Harding (Clown #1) recently graduated Gilford High School as valedictorian and with an impressive theatrical resume already under his belt, including several regional credits from the Winnipesaukee Playhouse. He made

his professional debut the community, but to last Christmas as Silly Billy in the Winnipesaukee Playhouse's pantomime production of "Jack and the Beanstalk." Harding will be majoring in Actor Training at Hartford run for two weekends University.

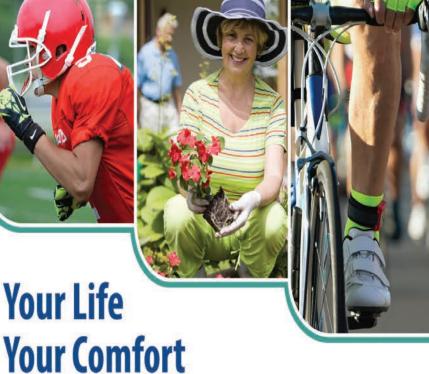
Matthew McGinnis (Clown #2) studies music education at Keene State College, and has experience with directing and music direction as well as performance. Past roles include Lumiere in "Beauty and the Beast," Lt. Cable in "South Pacific," George Bailey in "It's a Wonderful Life," and Gabe in "Next to Normal" – be sure to come see him reprise his role as Gabe later in One atre.org or call 848-Light's season!

profit theatre company on their website. Tickwith a particular pas- ets will also be for sale sion for bringing new at Lakes Region Cupshows to the Lakes Re- cakes on Main Street gion. Their mission is in Tilton. to not only entertain

enrich their audience by challenging norms and provoking discussion. This is a season you will not want to miss!

"The 39 Steps" will (July 7-9 and July 15-16) at Tilton School's Hamilton Hall. The fast-paced, humorous script coupled with this immensely talented cast is guaranteed to keep the audience on the edge of their seats! Come witness what New Hampshire's young artists are accomplishing, and be taken along with Richard Hannay for the ride of a lifetime!

Visit onelightthe-7979 for tickets. Box One Light is a non- office hours are listed



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 Check flashlight and radio batteries Charge mobile devices Add warm clothes and blankets to emergency kit Keep gas tank full • Take cash out (ATM's may not work) Conserve energy Go to community warming shelters & check on neighbors, family, seniors and homeless Only use generators in open areas a prevent carbon monoxide poisoning AFTER Throw out un

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RESILIANCE

a number of different Veteran's Administration offices. There were two couples where both partners were veterans. The veterans included Vietnam veterans as well as those who served in Iraq and Afghanistan.

Activities included a hike up Piper Mountain, the Aerial Treetop Adventures at Gunstock, and sailing with the Lake Winnipesaukee Sailing Association. Four captains with the LWSA took the everyone out on sailboats. Webber said this is the third time the LWSA has offered these services for Camp Resilience. The camp ended after the sail with a cookout at LWSA headquarters served by members of the Gilford Rotary.

Rains delayed outdoor activities for one day, though the participants instead did indoor activities that day.

resilience.

said they decided they

want to do a lot more

outdoor activities, espe-

gan Cataldi came from

Scarborough, Maine.

Michael served in the

Marine Corps from

2003 to 2007, including

world who understand

favorite parts of the

excursion was hiking

good out, but I enjoy the

outdoors," Cataldi said.

He said one of his

"It was rainy and not

"This is a slice of

Michael Cataldi said

he was happy to share

this with his wife and

they needed this expe-

us," Cataldi said.

Piper Mountain

home for me."

time in Iraq.

veterans.

Michael and Mor-

cially with their kids.

Wayne and Janelle Turley of Ledyard, Conn. attended the camp. Wayne served in the military from 1997 to 2011, including two tours in Afghanistan.

"It's been excellent, it's been very relaxing," Wayne Turley said. "My wife and I needed some time away, we needed this."

Turley said he loved the hike and the Aerial Adventures "Was a blast."

"It's brought us a little bit closer together," Turley said.

He said they love to do a lot of outdoor activities, but don't always get the opportunity. He

(Continued from Page A1)



Campers at Camp Resilience do the Aerial Treetop Adventures



Volunteers from the Gilford Rotary cook a barbecue for Camp

rience.

"It's been so invigorating and eyeopening," Morgan Cataldi said.

Morgan Cataldi said it was neat to see her husband with like-minded people.

GMS

Michael Cataldi said es. "The past four years, he especially liked the connection with fellow we've had the best days of our lives; the days "It's hard to find that made us smile and people in the civilian laugh," Harris said.

She said those days have included school plays, concerts, the Boston trip, and so much more. At the same time they have had some of their worst days too.

"The people we are today are responsible, respectful, resourceful, and confident people," Harris said. "Keep soaring, now we will fly as Eagles."

At the end of the ceremony Sawyer and As-

DONOVAN

tal in rejoining NRRA, obtaining a new office building, restructuring our metal recycling program to not only increase revenue, but comply with DES standards, and improving the overall function of our facility. His focus was not solely on functionality but appearance as well. He has many garden areas at the facility where he grows flowers, including sunflowers, and pumpkins.

"We have received numerous compliments on the work that Michael does and residents have donated items towards his efforts. It should also be noted that his efforts to guide the Solid Waste Committee to review the future of our facility was extremely helpful as our Town folks voted in March to approve the construction of a new facility. As we look forward to our future growth, we feel fortunate to have Michael as our employee and appreciate the knowledge and experience he

brings to our Town."

NRRA applauds Donovan for his outstanding efforts towards improving and sustaining our environment.

About Northeast **Resource Recovery** Association (NRRA)

Founded in 1981, NRRA provides a clearinghouse for current, upto-date information and a source of technical and marketing assistance in the general areas of waste reduction and recycling. NRRA is a member driven organization made up of over 400 municipalities, individuals, and businesses in New Hampshire, Vermont. Massachusetts, Connecticut and Southern Maine. NRRA is a non-profit 501(c) organization. NR-RA's School Club assists schools in implementing, maintaining and improving recycling programs. To learn more, visit www.nrra.net.

NRRA is an equal op-

(Continued from Page A1)

portunity provider and employer.

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(Continued from Page A1)

ERIN PLUMMER (Nick Arenstam shakes GMS principal Peter Sawyer's hand as he receives his certificate for completing eighth grade.

ERIN PLUMMER

(Left) Speech contest winner Ella Harris speaks at the eighth grade moving up ceremony.

sistant Principal Sean Walsh presented special certificates to each of the eighth graders.

The event wrapped up with a slideshow that showed photos of the eighth graders as kids and some more recent photos.

(Continued from Page A1)

Richard have an ambulance and

ORDINANCE

authority.

One major event that in the newspaper. influenced this proposal Carrier said the town

of communications. He said Gunstock would probably be favorable and cooperative for such a provision. "We feel especially for events that are hosted by an outside entity but are using their property we feel that they should have to come before the

until he read about them has been working with town and present what people they expect and what they will be providing for safety services," Carrier said Carrier said the fire department had an excellent relationship with the Timberman Triathlon where the fire department was asked to run its emergency management. "We just want to make sure we have the ability to sit in on those type of discussions and have the ability to assign resources as necessary to keep our community safe," Carrier said.

Gunstock and have been they're going to put on Grenier asked how the a supervisor onsite to establishing better lines for event and how many town would get a venue ensure a measure of safe-

Selectman

was the Gunstock Hill Climb, which Carrier said drew a number of people double the size of the town's population. He said there have been some events at Gunstock in the past that have never come before the town and he said he didn't even know about them

does have a good relationship with Gunstock. The Gunstock Area Commission is one of the entities exempt from the Special Events ordinance, though any non-governmental entities that put on an event at Gunstock will be subject to this policy. Carrier said he

to spend money for such a proposal. Carrier said if a private company does a contract with a venue this could be part of it, as has been done with Bank of New Hampshire Pavilion and Gunstock. Gunstock already hires the fire department to oversee its fireworks displays.

Grenier asked if additional costs might be prohibitive. Carrier said Gunstock already has a safety services director and the department is not looking to supplant that. He said they could

ty when there are 10,000 people on a site. Carrier said they already have a history with events like Soulfest where they can look at past data and get an idea on what to expect.

Grenier asked if the town has an ambulance at an event who would be covering ambulance calls in town. Carrier said they have another ambulance they can use and if both are in use they can put a call through Lakes Region Mutual Fire Aid for coverage.

Carrier said as the world has changed they want to be more proactive than reactive.

"We're living in a day and an age where we need to be thinking about safety," Carrier said. "We need to be thinking outside the norm, especially when we have eight, nine, 10,000 people in a small venue."

Carrier said they didn't previously think of some of these safety protocols but have to now.

"We want to encourage businesses and everyone to come to the town of Gilford," Carrier said. "We don't want to impede them from coming here; we want to make sure we work hand in hand with these businesses."

A public hearing on this ordinance proposal has been scheduled on June 28 during the selectmen's meeting starting at 7 p.m.





Details at



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circulation desk, cost is \$10 a person per session. Session is one hour.

Bridge, 10:30 a.m.-12:30 p.m.

Summer Reading Kick Off, 2-4 p.m.

Celebrate the start of Summer Reading with art, music by Paul Warnick, and ice cream! K-4.

Teen Book Club: Book To Movie Discussion Group, 2-3 p.m.

This first meeting of the Teen Book Club will be a chance to pick a book that was or will be made into a movie to read this summer. We will talk about books,

have some snacks, and plan to meet up during the summer to talk about books and watch a movie or two.

Restoring the Colonial, 5:30-7:30 p.m.

The historic Colonial Theater has been a part of the Lakes Region for over 100 years, and is a place where "history and memories will be made once again." Justin Slattery of the Belknap EDC will be here to speak about the Colonial Restoration project, and how the renovated Colonial Theater will provide opportunities for

more means

name placque can be

placed at the Wetlands

Walk. Materials do-

nations include: paint

from Sherwin Wil-

liams, supplies from

Boulia Gorrell both in

а

or

(Continued from Page A2)

arts, entertainment, and economic growth in the Lakes Region.

Mystery Book Discussion, 6:30-7:30 p.m.

Join us for the Mystery Book Discussion. This month's book discussion is "Don't Look Back" by Karin Fossum. Led by Betty Tidd.

Wednesday, June 28 Line Dancing, 9-10:30 a.m. Check Out an Expert, 10 a.m.-noon

Storytime at Gilford Beach, noon-12:30 p.m.

All ages, no sign-up required.

(Continued from Page A5)

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New Hampshire Mutual Bancorp, a mutu-

NOTEBOOK

spring that falls into the Connecticut just below where the Nulhegan comes in. It is a place well known to people who canoe.

I'd forgotten that I'd had a heart attack and was supposed to be on therapy and stuff, and down we capered, to think a lot about history and admire the abundant totems and petroglyphs and respect the place, and then we capered (well, maybe the slow version of "caper") back. It was a hike equal to a hike into camp, which we might have done otherwise.

The next day, I felt something crawling up my left leg as I sat watching the latest unbelievable follies on TV, the fawning and so embarrassing Cabinet meeting, out of Washington. I grabbed it and it squirmed away. I love "squirmed" in this sense, sort of like "obsequious," which in some way reminds me of the totally reprehensible stuff coming out of Washington. I was reaching be-

hind my back to catch this tick, which I did when it entered a crevasse (never mind), and then I took it

out onto the kitchen counter to crush it. To do this I ultimately, almost, had to fetch a hammer.

(Continued from Page A4)

Dog ticks will, along with earwigs, inherit the earth, and probably are here for longer than I am.

(This column runs in papers covering twothirds of New Hampshire and parts of Maine and Vermont. Letters should include town and telephone numbers in case of questions. Write to campguyhooligan@gmail.com or Box 39, Colebrook, NH 03576.)

GHS AWARDS

Gilmanton PTA _ **Reese Henderson** Barbara Hunter Memorial - Reese Henderson

Lakes Region Board of Realtors - Sydney Holland

Arline Gifford "Piff" Kelley Memorial - Haley MacLeod and An-

ters Guild - Alexa Mc-

rial Art Award – Alexa

Association – Alexa McNamara

Art Award - Alexa Mc-Namara

morial deiros

drew Nelson

Gregory G. Bryar II Memorial – Andrew Nelson

nity Award - Kayla Zarella Lorraine & Sylvio Labbe Memorial - Kay-

rella

la Zarello Marilyn Martone Santaniello Memorial -

Kayla Zarella Robert P. Tilton and Richard G. Tilton, Sr. Memorial - Kayla Za-

-Junior Awards-

Gilford Rotary Four Way Speech Contest - Cader Coleman, Connor Leggett and Aria Stephan

Rensselaer Medal Award – Aria Stephan

Bausch and Lomb Award _ Christian Workman

College Book Awards Harvard – Connor Leggett

Smith – Aria Stephan Springfield – Lauren Dean

Saint Michael's – Olivia Trindade and Tyler Hanf

New Hampshire Humanities Council Book Award - Kaia Langathianos

Clarkson University High School Leadership Award – Sandor

(Continued from Page A13) al holding company, was formed in 2013 when two New Hampnabelle Nowack Belknap Mill Quilshire-based community banks, MVSB and the Merrimack formal-Namara ly affiliated – the first CJ Graham Memorelationship of its kind in New Hampshire. McNamara This strategic partner-Lakes Region Art ship has positioned the Banks to leverage

Annalee Thorndike

Kelly A. Carter Me-– Daisy Me-

Gilford Education Association – Johanna Morris

Alida Millham Lakes Region Rotary Club – Johanna Morris John P. & Margaret P. Ball Memorial - An-

Alex

Rowson

(Continued from Page A8) Weston and Kayla Zarella Monty Award - Stevie Orton

Simone Richardson Memorial - Stevie Orton

James R. Cooper Quality Assurance Memorial – Brad Parker

Christopher Jon Stitt Memorial - Brad Parker VFW Nursing Award

- Michaela Ralls Harold T. "happy" Whittum Memorial -

Michaela Ralls Norman C. & Mary M. VanderNoot Award -

Kiara Smith Winsheblo Award -

Hannah Sullivan John J. Bancroft, Sr. Memorial – Celia Weeks Dr. Mark H. Engel-

hardt Memorial - Celia Weeks Mallorie Claire Roux

Memorial - Celia Weeks Everett J. Sanborn,

Sr. and Viola F Sanborn Memorial – Celia Weeks Ed & Polly Chertok

Memorial-Mark Young James & Nancy Farr Memorial – Mark Young

Friend of the Foundation – Mark Young

Wilderness Youth Fund – Mark Young

NH ON HIGH

about Gilmanton Summer Hotels in August. The final program in September addresses

the hurricane of 1938. The Society's Museum in Old Town Hall features an exhibit of Vin-

MIN2X.org

Healthy Mout



2MIN 2X DAY

Easier than getting them to eat something green. (Continued from Page A14)

tage Clothing worn by Gilmanton residents on Saturday morning, July 29, 10 a.m. to noon.

The programs are free and open to the public. Donations to support the work of the Society are always welcome.

Make-A-Difference Award - Andrew Nelson Charles V. Richards IV Memorial – Abigail Nielsen

VFW Post 1670 Award Annabelle Nowack

Elsie B. McCarthy Willey Nursing Fund -Annabelle Nowack Harry & Nancy Bry-

ant Memorial - Stevie Orton, Kassandra



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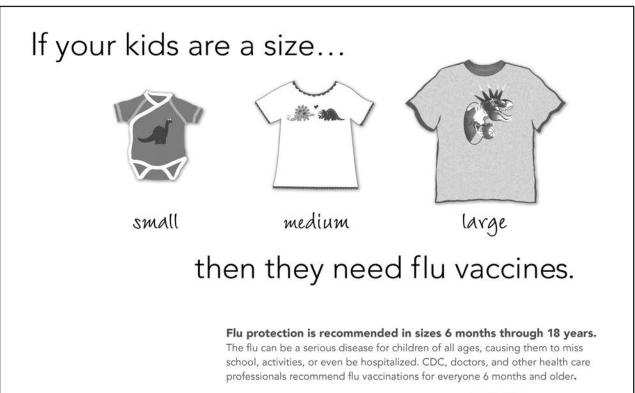
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Six-year-old Dominic Linde rides a 50cc dirt bike up the hill during the Gunstock Hillclimb last week.

BOB MARTIN



Pro rider Nick Briggs speeds up the hill during the Gunstock Hillclimb.

Hillclimb returns to Gunstock during Bike Week

BY BOB MARTIN

Bob@Salmonpress.news

GILFORD — After a five-year absence, the Gunstock Hillclimb returned to the ski jump at Gunstock where thousands of people cheered on motorcycle riders as they attempted to reach the top of the steep hill of more than 400 feet.

The event took place on Wednesday of Laconia Motorcycle Week and was sponsored by Ridge Runner Promotions. Throughout the day hundreds of riders of all ages blasted up the hill, some reaching the top and others skidding their way up as far

as they could go.

Organizer Mike Farnsworth said he was happy that the event was back at the ski jump at Gunstock, and was pleased to see the massive crowd enjoying every moment of the event.

"It feels great to be back here and be part of the Laconia Motorcycle group again," said Farnsworth. "We did take it out of here for five years and we are glad to have it back here. Everything has been transitionally smooth and we have even made progress to sustain this hill for years to come." Ridge Runners was formed in 1984 and they started promoting hillclimbing the following year. Farnsworth described the organization as a "top notch, long standing club across the country." The club is based out of Canaan, which is where the hillclimb moved to for several years.

The event is sanctioned by the American Motorcycle Association.

The event can be a family affair- not just in the audience with people from all over watching, but also with the riders themselves. One example is the Linde family, which includes Justin and his six-yearold son Dominic and 11-year-old daughter Abigayle. Dominic has been riding since he was three years old and Abigayle has been riding since she was five.

Brandy Linde, Justin's wife, and Dominic and Abigayle's mother, explained that they love riding as a family. However, it goes beyond blood family. She said that the riders around them have become an extended family they see at other hill climbs, as well.

Kyle Gerard, 22, has been riding since he was seven years old and said he loves the event. "It's a great time here," said Gerard. "I used to do events for points but now I'm doing it for fun."

Gunstock General Manager Greg Goddard had similar sentiments as Farnsworth, saying he couldn't be more pleased with the hillclimb coming back to Gunstock. Goddard, who rides a motorcycle himself but said he has never attempted something like a hillclimb, said he loves coming out to watch the bikes of all different types blast their way up the hill.

Goddard said it was a great way to kick off the

80th birthday of Gunstock. He said this is another part of moving Gunstock into the direction of being a four-season destination rather than just a ski mountain. The mountain has an adventure park, zip lining and a mountain coaster, as well as various special events such as SoulFest, which takes place in August.

"We couldn't be more delighted," said Goddard. "This is where the hillclimb belongs. It should have never left. We are happy to get it back and work with Ride Runners again. These guys put on a great show."

Sports Editor - Joshua Spaulding - 279-4516 (phone) - 279-3331 (fax) - josh@salmonpress.news



Stevie Orton capped of an outstanding senior season by playing in the Senior Softball Games at Plymouth State University.

BOB MARTIN

rton competes in senior softball games

BY BOB MARTIN

Bob@Salmonpress.news PLYMOUTH — The

top high school senior softball players from around the state competed in the annual senior softball games on Tuesday night, where in an unexpected turn of events, Division 4 seniors came away as the victors in a 6-4 win over the seniors from Division 3.

The senior games began with Division 1 taking on Division 3, and Division 2 taking on Division 4 on an adjacent field. Both games resulted in nail biter upsets

She went 1 for 3 in the ing spectacular catches. second game and played solid in the field.

"It was really a great experience getting to play with the best in D-3," said Orton. "It's amazing to see the talent that our division has and because of our talent, plus the coaching staff who was stellar as well, we were able to beat the best of Division 1 which is quite a feat. I'm honored to have been a part of the elite team that was put together."

Orton was primarily a catcher for Gilford switching to outfield in by Plymouth State Uni-

Although you don't get nearly as much action as catching, it's still so much fun. It's nice to be able to switch it up once in a while."

The New Hampshire Softball Coaches' Association was formed in the mid-1980s by Rick Forge, Peter Cofran and Len Lavin. Between 1990 and 2014 the Senior Softball Games were organized and run by Cofran and the Forges. The purpose of the game is to showcase the best senior softball players in the state. this year, but she said It is hosted for no charge



Coach Joan Forge has been involved with the Senior Softball Games for many years. She was one of the coaches for the Division 3 team this year.



with Division 4 winning 3-2 and Division 3 with a 1-0 shutout win.

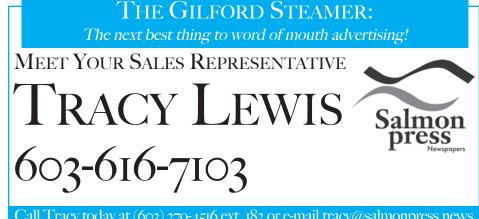
Gilford High School softball coach Joan Forge was one of the coaches for Division 3, and all-stater Stevie Orton played right field in the first game and catcher in the second game.

the first game was no problem at all.

"I like to call outfield my home because it's where I was trained when I was first on varsity," said Orton. "Every chance I get in practice I would ask Joan to put me out there. I love diving for fly balls and mak-

All seniors who make All-State teams or honorable mention are invited to play, but there are also players at large that coaches can nominate. An 18-member roster is put together, and this year nine of the players were first team All-State.

versity.



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COURTESY PHOTO

Gilford field hockey players attend New England Premier held June 10 11 at UNH. Left to right, Brianna Salanitro, Kellie Ryan, coach Dave Rogacki, Randi Byars, Jillian Lachapelle.

Gilford field hockey players attend New England showcase

DURHAM — The New England Premier Field Hockey College Recruiting Showcase is a unique arena for the best high school field hockey players to demonstrate their talent and decision-making skills in game situations — and for college

coaches from around the country to conveniently and thoroughly assess their potential. The New England Premier Showcase is a two-day event designed to give outstanding college-bound players their best recruiting opportunity



ever. Four Gilford plavers attended the most recent showcase.

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Trio of Golden Eagles earn track All-State honors

BY BOB MARTIN

Bob@Salmonpress.news GILFORD — The Gilford High School Golden Eagles track and field team have plenty great competitors of that showcased their abilities throughout this season, but three were recognized for their talent by being named to the All-State team including Marina Baer, Lauren Dean and Natalie Fraser.

Gilford and White Mountains were the only two schools to have three girls chosen for the Division 3 All State track and field team, according to coach Joe Wernig.

Marina Baer

Baer has continuously awed the crowds who watched her throw the javelin and shotput throughout her track and field career at Gilford, and this year may have been her best season yet. Going into the Wilderness League meet in front of a home crowd she already owned the school record with a javelin toss, but she completely shattered it by more than 10 feet with a throw of 133 feet, nine inches.

Baer ended up winning the Division 3 State Championship in the javelin with a throw of 121 feet despite having a hurt arm. This was 24 feet further than anyone else that day.

Baer qualified for the Division 3 State Championship in four events including javelin, shotput, discus and high jump.

"No other athlete qualified in all four and she deserved the honor," said Wernig.

Lauren Dean

Dean had a great junior season for the track and field team as a newcomer to the program, as she previously only played soccer, basketball and then AAU basketball in the spring.

She qualified for the Division 3 State Meet in the 400 meters where she finished first with a time of 1:01.59- a personal record.

Dean was also part of the 4X100 and the 4X400-meter relav teams that took first in the state meet with times of 51.78 and 4:16.99 respectively. The 4X100-meter time broke the school record that was already set by Dean's team.

During the Wilderness Meet at home, Dean was called the "track star of the day" by Wernig. She was third in the long jump at 15 feet, two inches, missing out on a win by only a half-aninch. That day she was first in the 400 meters with a time of 1:02.43. The 4X100 was successful again that day with a win and setting their original school record. The 4X400 team also

came away with a big win. She had 22 overall points at the meet.

Dean said the All-State honor came unexpected since she was in her first season, but she said her teammates, like fellow All-Stater Natalie Fraser, helped push her to succeed. While this was her first time on the track team, Dean said she has always had a love for running. In her other sports when people dreaded doing running and sprints she thrived off of it.

Dean said her father ran track in high school, and Wernig had always been trying to get her to join the team. She finally did this season and said she is happy she decided to run.

"I love it and wish I started doing it freshman year," Dean said.

For next year, Dean has a goal of cutting her time for the 400 meters and break the school record.

Wernig said he has been very impressed by Dean's performance this season.

"Even though she is a newcomer to track, she became a leader during pre-season and she was elected as a captain by her teammates," Wernig said.

Natalie Fraser

Fraser finished up a freshman season to remember, putting up some of the best times



BY BOB MARTIN

Bob@Salmonpress.news GILFORD — The Gilford High School unified volleyball team had a 4-2 record and made it to the semifinals against even-

out there. The final focus was exhibiting good sportsmanship.

are what unified sports season Jonah Nimikowis all about," said Tripp. "Not that we didn't want to win, but our focus wasn't completely on winning. Someone has to win and someone has to lose so we were winning and losing graciously." Tripp said she was happy that the team progressed throughout the season, notably with "pass, set, hit." She said in unified they are always working on this aspect of volleyball. While the team lost 2-0 to Winnisquam, she said the team hung in there with the Bears most of the game. They also had nine "pass, set, hits"- the most the Eagles had all season.

this was why they were team. We tried our best, we had fun and we had great sportsmanship.

Tripp said it was im-"Those three things portant to note that this ski won the sportsman-



BOB MARTIN

Marina Baer was named to the Division 3 All-State track and field team in her senior season. One of her largest accomplishments was setting the school record with a 133 foot, 9 inch toss of the javelin.



BOB MARTIN

Lauren Dean may have started running track late in her high school career, but in her first season as a junior she was named the team captain and All-State.



Natalie Fraser had an incredible freshman season for the Golden Eagles and was named to the track All-State team.

possible and showing excited to be recognized since 1983. She said this that a promising future for her hard work. is her favorite race to

BOB MARTIN

tual champion Winnisquam this season. And while wins and losses aren't the important aspect of unified sport, coach Amy Tripp said she was proud of the performance of her team this season.

Gilford was a fourth seed in the playoffs and they knocked off fifth seed Merrimack in the quarterfinals. Tripp said this was a great game for the team, as they had gotten better and better throughout the season.

Tripp said there was a focus of three things for the Golden Eagles this season that the coaches, athletes and partners came up with. The first was that everyone try their best and not dwell the outcome. The on second is to make sure they have fun, because

"That was really exciting," said Tripp. "It was great to get all the kids out there and play well, but they are a great

ULTI-PAPER

ship award. She said he was always the one to high five kids after winning points and he always kept his head up. "At Gilford High School this is a revered award," said Tripp.

The Golden Eagle Award was given to Jonathan Nelson, which was for all-around performance and sportsmanship.

Unified sports have been in existence since 1988 when it was adopted by the Special Olympics.

The first sports were bowling, volleyball and softball. The program is focused on breaking down stereotypes of people with intellectual disabilities. More than a half-a-million people participate around the globe.



At the Division 3 State Championship meet she came in a close second to Dean with a fantastic time of 1:01.67. Fraser was also on the 4X100 and 4X400-meter relay teams that took home a win at the state meet.

"She did not run like a freshman this past season," said Wernig. "On the track she performed like an upperclassman."

Fraser admitted she didn't understand how big of an honor All-State was when she found out since they don't have this in middle school, but she said she is very

"I've worked really hard this season and it

Fraser said she is

worked out well." said

most proud of being

part of the 4X100-meter

relay team since they

broke a high school

record that had stood

Fraser.

run because it is fun, fast moving and team oriented.

"I like competition and want to get even better next year," said Fraser. "I'll be training and working out. I want to keep improving on my times and get PRs."



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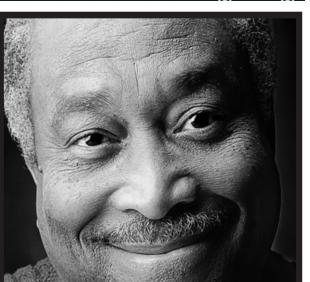
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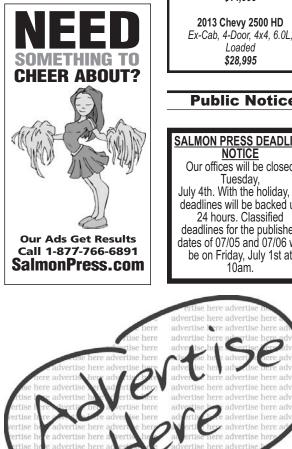
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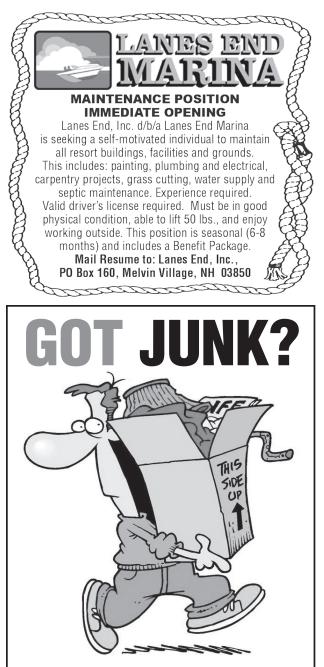
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Place alarms in each sleeping area and on every floor in your home.



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*Pricing assumes all factory rebates and applicable incentives assigned to dealer and may not be combined with other promo offers or any direct mail sale voucher. Payments based on tier 0 (A credit) approval. KIA LEASES: All "Sign & Drive" (S&D) lease payments require NO security deposit, NO money down & include all NH taxes & fees in payment. All advertised lease payments reflect all discounts, manufacture rebates and promotions (not all will qualify). 10K miles per year lease. Financing thru Kia Motors Finance. KIA 36 month leases: #KC7226: TOP \$8,820 S&D, LEV \$14,538; #KC7243: TOP \$5,904 S&D, LEV \$9,682.40; #KT7196: TOP \$10,404 S&D, LEV \$18,641; #KT7245: TOP \$8,604 S&D, LEV \$16,528; #KC6279: TOP \$7,164 S&D, LEV \$9,570.15; #KC7150: TOP \$7,164 S&D, LEV \$13,238.25. Oil change offer limited to maximum value of \$40 per oil change. See dealer for details. All offers end on June 30, 2017.