BY DONNA RHODES

BELMONT — Last Saturday, the Town of Belmont celebrated its 148th Old Home Day.

After a community pancake breakfast under the Tioga Pavilion, runners lined up for the 49th annual Belmont 10-Mile Road Race and the shorter Tioga Fun Race. Sponsored by residents all along the challenging course, it was Corey Lamun of Meredith who crossed the line first with a time of 1:12:12 while Elizabeth Bessey led them for the women with her time of 1:12:22. For the Fun Run, Miah Edgren topped the field with his time of 3:32:00. Competitors said that cool temperatures that followed the early morning rain made this year’s challenging race quite comfortable for the participants.

Throughout the morning many people braved and stopped the craft vendors who lined the town green or relaxed on the lawn to enjoy the bluegrass/folk music of the Tyler Road Band. Children also enjoyed a number of games and friendly competitions.

This year, a portable climbing wall added to the fun, and boys and girls between the ages of three and eight also lined up to take part in the popular Pedal Tractor Pull. Top finishers in the three- and six-year-old divisions received a special trophy.

BELMONT PAGE A15

THURSDAY, AUGUST 17, 2017
SERVING TILTON, NORTHFIELD, BELMONT & SANBORNTON, N.H.
FREE

BY DONNA RHODES
donna@salmonpress.news

MEREDITH — The officers of the Winnisquam Echo, located at 3 Water St., in Meredith, will be closing Monday, Sept. 4 in observance of Labor Day.

To ensure that our Sept. 7 edition arrives on schedule despite the holiday, the submission deadline for any press releases, letters to the editor, and advertorial ideas intended for publication that week has been moved up to Friday, Sept. 1 at 4 p.m. Submissions can be dropped off in person at our offices or emailed to Editor Brendan Berube at brendan@salmonpress.news.

The staff of the Winnisquam Echo thanks our readers for their cooperation with these changes.

Any submissions received at 4 p.m. on the 1st will be held for publication on Sept. 14.

For information regarding the holiday deadlines for display advertising, please contact Tracy Lewis (tracy@salmonpressnews.com) or Beth Tobyn (beth@salmonpressnews.com) in Sales at 279-6418, ext. 110.

The staff of the Winnisquam Echo is hardy to New Hampshire’s challenging climate. That’s my whole focus, is Vining Way Farm. There is even a breeding has a child who’s autism- snow quail, massive Shamo chickens, Call Ducks and Appleyard Ducks. There is even a breeding rooster pair of Rosella Parrots, an unusual species that is hardy to North Hamp- shires’s challenging cli- mate.

Farm manager John Ciricolo explained Call Ducks are known for their loud voice and were a childhood dream comes true at Northfield’s Vining Way Farm

Vining Way Farm’s property manager, John Ciricolo, and his assistant Star Trebel are shown holding “Chris” and “Jake,” two large Shamo chickens who readily come out to greet visitors to their family’s needs, DiPaolo started working on a pond that he stocked with trout and looks forward to the completion of his newest expansion that of one day owning a “hobby farm” has now come true.

“God’s been good to hard work here we are today,” said DiPaolo.

Difino currently lives year round with his family in Wakefield, Mass., but spends his “downtime” at the remote property he purchased in 2011. “My wife saw this place and knew it was what we wanted for our future,” he said.

After renovated the existing home to meet the farm. An avid outdoorsman, he also added a pond that he stocked with three species of trout and looks forward to the completion of his newest expansion that of a horseback riding facility for children with autism.

“My brother-in-law has a child who’s autism- and one of my friends does as well, so this is something that means a lot to me. I want children to come here and spend time with a horse in our riding ring and just enjoy a day on the farm. That’s my whole focus,” said DiPaolo.

In the meantime, Vining Way Farm is home to a variety of ornamen- tal and heritage fowl, including typical bob- tine with a time of 1:07:12 crossed the line first. Luanne Lanum of Meredith who lined up to take part in the popular Pedal Tractor Pull. Top finishers in the three- and six-year-old divisions received a special trophy.

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The 4th annual fair took place over the weekend at the county fairgrounds with a wide array of events and activities for people of all ages.

Fair president Fran Wondoloske said numbers over the week- end were near record, especially on Saturday. Despite earlier con- 

Record numbers turn out for Belknap County Fair

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Belmont Celebrates Old Home Day

The owners of Chickadee Lane Interiors, Ann Carignan and Mae Edwards are both long time residents of the Capital Area and enjoy the experience of “buying local” and supporting their community. They are both very aware that currently there are limited opportunities to shop for creative home decor and accessories in downtown Concord.

The obvious need for a shop which carries tasteful and reasonably priced home decor and accessories, coupled with the owners’ long-term desire to bring such a store to Concord, is the driving force behind the creation of Chickadee Lane Interiors.

Acknowledging that homes are truly a reflection of the joy experienced and shared within their walls, the owners of CLI will offer an inviting and enjoyable shopping experience for the quality and style conscious customer.

Chickadee Lane Interiors, a trusted purveyor of tasteful and creative designs established to promote the joy of artful living.
Some of the young readers at the Hall Memorial Library gathered on the lawn of the library for a special event recently. They came to enjoy an ice cream social as the “Build A Better World” summer reading program came to a close.

Northfield last week to enjoy an ice cream social as the “Build A Better World” summer reading program came to a close. Dynigowski said that throughout the past several weeks, young readers earned beads for a great reading necklace that would allow them to see first hand how many books they had enjoyed over the summer.

“We had roughly 100 boys and girls sign up for summer reading this year, and while not all attended regularly, we had a very dedicated group of readers. For every 100 minutes they read they got to add a bead to their necklaces,” Dynigowski said. In addition to time spent with a good book, the children also earned other beads by filling in a special Ringo-Card Dynigowski and the staff provided. Listed on each of the squares were challenges as simple as read for 10 minutes, read with a friend or read with a sibling. Other fun squares on the cards asked them to read in a bathroom seat or even inside a blanket tent on a rainy day.

Those who attended several library events, such as Touch A Truck, a drama presentation of “Beauty and the Beast” by the Hampstead Players, and the fun-filled Teddy Bear Sleepover at Hall Memorial Library last week, also got to select special animal beads to add to their necklaces.

“We went to them all, but I think the Ice Cream Social was the best,” said eight-year-old Elise of Northfield.

“I enjoy the library, and this was a special day. I span an old book, and it made for a very rainy day,” said 10-year-old Oliver of Sanbornton.

It’s also because I await the start of the new school year. Not all of the participants were able to join in on the program this year. We loved it,” said she.

Sanbornton Police and Fire will be explaining the area’s emergency preparedness questions will be taken. Contact Scott Burns for any questions at 203-723.

SANBORNTON POLICE LOG

SANBORNTON — The Sanbornton Police Department responded to 323 calls for service during the week ending Aug. 12. The breakdown was as follows: one abandoned vehicle, one administrative license suspension, one in the “All Other” category, four animal/dog bite complaints, eight requests for special events, one report of criminal threatening, one report of disorderly conduct, one report of an individual endangering the welfare of a child, two house checks, four medical/fire calls, one missing person report, three reports of making threats, one report for motorist assistance, one report for motor vehicle accident, four motor vehicle warnings, one neighborhood dispute, seven requests for police information, one report of possession of drugs, one report of reckless operation, one report of a sex offender registration, one report of a suspicious vehicle or activity, two thefts, two VIX verifications, and one welfare check.

SABRIONTON POLICE LOG

TILTON — The Tilton Police Department responded to 323 calls for service during the week ending Aug. 12. Please note that the names of juveniles, and those of individuals in custody but not formally charged, have been withheld.

Sanbornton Police and Fire will be explaining the area’s emergency preparedness questions will be taken. Contact Scott Burns for any questions at 203-723.

“Truth About Bats” as well. Boys on the other hand had a different take on their favorite summer reads. Six-and-a-half-year old Oliver of Tilton loved the book, “He’s a reader anytime you ask me,” he said. “It’s a reader anytime you ask me, to see how many hours he put into reading this summer. This is a wonderfull library and we love it,” said Susan.
As a community oriented family of...
Local photographer’s work on display at Sunflower Foods

LASCONA — Sunflower Foods, located at 390 South Main St., has turned up with Ian Raymond from Raymond Photographics at 63 Main St. to put the finishing touches and unveil their newly renovated store. The display features Raymond’s photographs of seasonal flora, depicting the plants from which some of Sunflow- er’s health supplements are derived.

Raymond is celebrating his photographic study of Raymond Photographics at Main Street location (9th year working in the Laconia Photographic Industry). The studio specializes in commercial, industrial/architectural photography, product photography for online catalogues, fine art portraiture, and alternative health photography. His fine art photography is available for purchase at Sunflower Natural Foods, at his Main Street studio, at Artisans By The Bay in Meredith, and at VIBES in Concord.

Sunflower Natural Foods has been a community resource for local natural foods and alternative health therapies since 1986. Originally on Canal Street, the store relocated to South Main Street in 1992. The current management team has been working in the Natural Foods industry for more than 15 years and in local, small customer service for more than 20 years. Their personal experiences as an Educator and Certified Holistic Health Practitioner inform their commitment to cultivating awareness in the field of wellness and a passion to serve the community.

Walker states “Above all, we are here to help. Whether you are searching for a particular product or have questions about natural food and alternative health therapies, our friendly and knowledgeable staff are always happy to assist you. Sunflower is a business, dedicated to connecting people with the products and resources they need to enrich and better their lives. It is our mission to be socially responsible and environmentally conscious. We have designed our business and management structure to support this commitment. We promote connecting with the individual to individual or family dedicated staff includes teachers, a personal trainer, an airy instructor, a yoga instructor, musicians, writers, thinkers, and alternative health professionals.

Raymond is pleased to be showing his work at Sunflower. “I had my work on display at the old location back in the 90’s. It’s a great to be back,” he says. “I’ve always loved having this health food store as part of our community, and Laurel has done a fantastic job of tying the look and feel of the newly renovated store. I will be changing up the exhibit each season with the aim of bringing the natural world in, and tie the products back to their source.”

“We are so excited to have Ian Raymond’s photography on display,” says workshop coordinator Laura Walter. “We are thrilled to be showcasing local artists; as well as his archival printing for locales; fine art portraiture; product photography, including industrial/architectural. The studio specializes in commercial/industry. The studio specializes in commercial/industry. The studio specializes in commercial/industry. The studio specializes in commercial/industry. The studio specializes in commercial/industry. The studio specializes in commercial/industry. The studio specializes in commercial/industry. The studio specializes in commercial/industry. The studio specializes in commercial/industry. The studio specializes in commercial/industry. The studio specializes in commercial/industry. The studio specializes in commercial/industry. The studio specializes in commercial/industry. The studio specializes in commercial/industry. The studio specializes in commercial/industry. The studio specializes in commercial/industry. The studio specializes in commercial/industry. The studio specializes in commercial/industry. The studio specializes in commercial/industry. The studio specializes in commercial/industry. The studio specializes in commercial/industry. The studio specializes in commercial/industry. The studio specializes in commercial/industry. The studio specializes in commercial/industry. The studio specializes in commercial/industry. The studio specializes in commercial/industry. The studio specializes in commercial/industry. The studio specializes in commercial/industry. The studio specializes in commercial/industry. The studio specializes in commercial/industry. The studio specializes in commercial/industry. The studio specializes in commercial/industry. The studio specializes in commercial/industry. The studio specializes in commercial/industry. The studio specializes in commercial/industry. The studio specializes in commercial/industry. The studio specializes in commercial/industry. The studio specializes in commercial/industry. The studio specializes in commercial/industry. The studio specializes in commercial/industry. The studio specializes in commercial/industry. The studio specializes in commercial/industry. The studio specializes in commercial/industry. The studio specializes in commercial/industry. The studio specializes in commercial/industry. The studio specializes in commercial/industry. The studio specializes in commercial/industry. The studio specializes in commercial/industry. The studio specializes in commercial/industry. The studio specializes in commercial/industry. The studio specializes in commercial/industry. The studio specializes in commercial/indie...
James Vincent Savage, 81

Jim was born in Tuppper Lake, N.Y., May 25, 1936, son of James H. Savage and Louvonne (Bennett) Savage. He was a 1954 graduate of Tupper Lake High School and spent two years in Tupper Lake and Salamanca, N.Y., before attending the Lemoyne College in Syracuse, N.Y., for two years after his four-year accounting degree. During the Vietnam War, Jim served honorably from Dec. 1962 to 1965 with the U.S. Army, discharging with the rank of Sp4 (T). On March 3, 1962, he married his wife of 56 years, Mary Anne (McGrath) Savage. He worked for many years as a self-employed Certified Public Accountant and was a member of the American Institute of Certified Public Accountants.

Jim enjoyed the outdoors, and his favorite hobby, flyfishing, was his paradise at St. Joseph Church in Lawyersville and at the North Country. He was a devoted husband, father to five daughters (Linda Penn Gall, Maggie, Mary, Lisa, and Rachel) and one son (Lance Masi) and grandfather to 10 great-grandchildren (Joshua, Emma, Eleea Meredyth), as well as his nieces and nephews. He was a devoted member of the St. Joseph Church in Lawyersville, a lifetime active member of the V.F.W. and American Legion. Jim passed away at his home at 5:00 p.m. on Thursday, Aug. 10 at the Bailey Funeral Home in Sanbornton, a member of Heart of Mary Church, Girard, N.H., and one sister, Josephine Brown of Concord. A gathering of friends will be held at the church.

Calling hours were held on Tuesday, Aug. 15 from 9 to 5 at the William F. Smart Sr. Memorial Home, Frankfort, N.H., and Monday, Aug. 20, at Windham St. (111) in Tilton. A Mass to celebrate the life of James Vincent Savage, will be held Thursday, Aug. 17 at 10 a.m. at Immaculate Heart of Mary Church, Girard, N.H. in his honor. A reception will follow at the William F. Smart Sr. Memorial Home in Tilton, N.H. with a Celebration of Life to follow. Robert J. Robillard of Sanbornton, N.H., passed away on July 31, 2017, following a period of failing health.

She was predeceased by her parents, Robert J. Robillard and Glenda (Lucas) Masi; and one son (Lance Masi); and two brothers, Gerald H. Masi and Edward Masi. A Mass to celebrate the life of James Vincent Savage, will be held Thursday, Aug. 17 at 10 a.m. at Immaculate Heart of Mary Church, Girard, N.H. in his honor. A reception will follow at the William F. Smart Sr. Memorial Home in Tilton, N.H. with a Celebration of Life to follow. She was predeceased by her parents, Robert J. Robillard and Glenda (Lucas) Masi; and one son (Lance Masi); and two brothers, Gerald H. Masi and Edward Masi. Expressions of Sympathy may be made to the American Legion Post 134 or to the American Cancer Society.

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LaConia — Bank of New Hampshire’s Prestige Plus members recently returned from a trip of a lifetime as they toured Iceland, the Land of Fire and Ice.

Highlights included a visit to Grimskirkja Church, the birthplace of Vala, in front of Gullfoss Waterfall in Iceland. Valérie Drouin, SVP – Prestige Plus Manager, stated, “This was the first time Bank of New Hampshire has escorted our customers to Iceland since the program’s inception in 1996. The dramatic contrast of a land formed by fire and ice with steaming lava fields, hot springs, freezing glaciers, and magnificent waterfalls, plunging fjords and valleys with thundering waterfalls, plunging fjords and valleys with turquoise landscapes, massive glacier sculpted mountains and valleys, steaming lava fields and volcanic landscapes; Iceland is fulfilling people’s memories of a land of dramatic contrasts. “We plan all of our trips months in advance and customize them to meet the needs of our valued Prestige Plus members,” stated Drouin. “With 28 years of experience in the bank travel industry, our customers know when they sign up for a trip the quality will be unsurpassed. Our Prestige Plus Travel program was recognized as one of the top bank programs in the country. We plan and arrange these trips as a way to thank our members for choosing Bank of New Hampshire.”
When the time comes to bid farewell to conference calls, meetings and daily commutes, retirees have open schedules to fill with whichever activities they choose. Travel is one exciting way to pass the time.

Traveling can be a rewarding prospect for active seniors, particularly those who successfully preplanned for retirement and have the means to host various excursions. Many retired folks in the United States and Canada draw inspiration from their families and friends, which can spark travel ideas once they retire. According to Senior Travel magazine, some of the more popular ways retirees choose to travel are:

- **Road trips rule.** Taking to the highways and byways is an excellent way to see the country. Seniors can customize their routes depending on which places they want to visit. RV travel can be as comfortable or as rustic as travelers prefer. Many seniors spend months traveling in their campers, which offer many of the same amenities of home. Campsites and special RV hook-up sites offer the other necessities of traveling the open road.
- **Genealogical tourism is popular.** People hoping to trace their ancestry and visit their ancestral homelands are one of the fastest-growing travel segments. Visiting an old church in Europe where ancestors were married or buying food from a market in which a great aunt or uncle once worked leads retirees on many international adventures. Such trips provide travelers with a unique opportunity to understand their roots up close and personal while enjoying some international travel.
- **Exotic tours can be exciting destinations.** History buffs or adventure-seeking couples may be particularly attracted to exotic travel destinations that are slightly off the beaten path. Travel tours may take vacationers to destinations such as excavation sites or backpacking through the rainforest. With passport in hand, tourists can go just about anywhere their desires take them.
- **Enjoy a relaxing seaside trip.** For seniors who want to put their feet up and sip some cocktails while watching the waves lap the shores, many beach resorts offer all-inclusive packages for different age groups. Meals, excursions and hotel rooms can be bundled into one affordable, confusion-free price.
- **Go cruising.** Speaking of all-inclusive vacationing, cruising seems tailor-made for those ages 50 and older because it offers the convenience of accommodations, food, entertainment and transportation all in one. The variety of activities offered on the ship make excursions to distant lands feel more like home than how they see it. Cruising couples can eat at outdoor cafes, enjoy live entertainment, enjoy bell cruises, or take a tour of the ancient ruins of Ephesus.

Now that they have more free time, retirees can gear up for travel adventures to remember.
Though a transient lifestyle is something few people aspire to during much of their lives, come retirement, the idea of staying in a place for only a short time has more appeal. According to a 2014 study from the Transamerica Center for Retirement Studies, 36 percent of baby boomers want to spend their retirement traveling. Many are successful in doing that, as a study from the luxury travel network Virtuoso found that today’s seniors spent an average of just under $11,000 per year on travel. That is more than any other generation. Highlighting this trend is the fact that seniors are the quickest to get out and explore the world. Retirees who fear they cannot afford to travel can explore the various ways for seniors to cut costs and still satisfy their wanderlust during retirement.

1. Take advantage of age-related discounts.
Some adults prefer to hide their ages, but when it comes to travel during retirement, honesty is the best policy. Many businesses that cater to travelers offer discounts to seniors. Car rental agencies, hotels, travel agencies, and cruise lines may offer direct discounts to customers 65 and older, while membership in organizations such as AAA and AARP makes seniors eligible for additional discounts. Discounts on lodging and airfare might net the biggest savings, but even discounts on various smaller expenses can add up to big savings.

2. Don’t overlook travel agencies.
While many prospective travelers’ first instinct is now to visit various travel websites in an effort to find the most affordable deals, it is important to remember that there are other resources available to travelers, and that travelers not overlook travel agencies when planning trips. Travel websites, though a valuable resource, only list the hotels and airlines that agree to be included on their sites. While many participate, some do not, and those that do not may instead work independently of travel websites or partner with travel agencies. Those agencies have access to the latest information, can customize travel packages for their clients, and can negotiate the best deals for their clients based on their relationship with the hotels and airlines in their particular market. Travel agencies may offer packages that include admissions to popular attractions, which can be more affordable than planning a trip a la carte.

3. Travel as part of a group.
Group travel may not appeal to everyone, but it should appeal to older, budget-conscious travelers. Many hotels and tourist attractions offer steep discounts for group tours, which can even be arranged through travel agencies. A hidden benefit of joining a group tour is the chance to meet new people and develop new relationships with fellow globetrotters.

Many working professionals hope to spend the bulk of their retirement traveling the globe. While such a goal is potentially costly, there are certain ways to save and still do so on the world.

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Genesis Behavioral Health finances construction project with Meredith Village Savings Bank

LACONIA — With financing help from Meredith Village Savings Bank (MVSB), Genesis Behavioral Health is consolidating its clinical and administrative offices in Laconia into a single facility at 575 Main St. The new facility will improve patient care, create efficiencies for sustainability and allow for the expansion of services to best meet the needs of the 24 communities it serves. The project is expected to complete in early 2018, and will improve accessibility of Genesis’ services in the Lakes Region.

With locations in Plymouth and Laconia, Genesis is a private non-profit organization that serves close to 4,000 people throughout the greater Lakes Region, providing outpatient and emergency mental health care.

“It has been my pleasure to work with Genesis for the financing of this construction project,” said Gracie Cilley, Vice President, and Commercial Loan Officer for MVSB. “I was especially impressed to see how consolidating its offices will increase efficiencies, which helps patients gain better access to services.”

“We’re very grateful to Gracie and MVSB, who have helped make this project happen,” said Margaret Pritchard, Executive Director of Genesis Behavioral Health. “In our new location, we will be able to expand services to include the integration of physical and behavioral health care, close service gaps, improve the quality of care and make access to care easier for those who need it. It’s more critical than ever for patients to have the best possible care they can get.”

Founded in 1966, Genesis provides integrated mental and physical health care for people with mental illness. It is designated by the State of New Hampshire as the community mental health center of Belknap and the southern Grafton Counties. Offering outpatient and emergency mental health care, Genesis is a private, non-profit corporation that serves children, adults and families throughout the Lakes Region. For more information, visit www.genesisnh.org or call 524-1100.

For nearly 150 years, MVSB has been serving the people, businesses, non-profits and municipalities of Central New Hampshire. MVSB and its employees are guided by the values of accountability, mutuality, excellence, respect, integrity, team work and stewardship. To learn more, visit any of the local branch offices located in Alton, Ashland, Center Harbor, Gilford, Hampton Falls, Laconia, Melvin Village, Meredith, Moultonborough, Wolfeboro, Plymouth, and Wolfeboro, call (800) 922-6872 or visit mvsb.com.
REGION — Meredith Village Savings Bank (MVSB) is pleased to announce the winners of the 2017 Meredith Village Savings Bank Memorial Scholarship program. The scholarship is awarded annually to graduating seniors at each of the schools in the Meredith Village Savings Bank’s service area: Laconia, Meredith, Gilford, New Durham, Wolfeboro, Dunbarton, Newbury, Hampton Falls, Madison, Winnisquam Regional and Proctor Mountain High Schools. These schools are located in towns where MVSB has a branch. In 2017, the scholarship will award $1,500 to 10 seniors. This year’s recipients include: 
- Cameron Place of New Durham, son of Daniel and Linda Place, attending Husson University in Maine.
- Jonno Morrison of Plymouth, daughter of Donna and Dave Morrison, attending Saint Anselm College.

The Meredith Village Savings Bank Memorial Scholarship was established in memory of James S. Meredith, who served as President of Meredith Village Savings Bank from 1982-1996. Students interested in applying for the 2018 scholarship are encouraged to contact their guidance offices.

For nearly 100 years, MVSB has been serving the people, businesses, non-profits and municipalities of Central NH. MVSB’s employees are guided by the values of accountability, mutuality, neighborliness, respect, integrity, teamwork and stewardship. To learn more, visit any of the local branch offices located in Alton, Ashland, Center Harbor, Gilford, Hampton Falls, Laconia, Melvin Village, Meredith, Moultonborough, Plymouth, Portsmouth or Wolfeboro, call (800) 222-0772 or visit mvsb.com.

Laconia Academy offers diploma courses for fall semester 2017

LACOSA — Laconia Academy is the adult evening high school diploma program in the Lakes Region. The diploma program provides adults with a “second chance” to earn a high school diploma. Laconia Academy serves three types of students:

1. Students who require remedial classes. Those students need a remedial class and we can teach them back on track for graduating with their peers from their own high school (Approv- al by their High School Principal or Guidance Department is required).

2. Students who re-require high school diploma or students who transfer into our diploma program and plan to graduate from our 20 credit diploma program and take a class or class- es with Laconia Academy to accomplish this. (Note: This is for any adult after high school or stu- dents of high school age must be turning 18 over the course of the year and preparing for their degree from their own high school Placement Department is required.)

3. Students who have graduated from high school but lack pre-requisites for nursing or similar field in the areas of Biology with Lab, Chem- istry with Lab, Algebra I, II. The Fall Semester 2017 classes start the week of Aug. 5. The following courses will be offered: Physics, Human Biology & Lab, Chem- istry & Lab, Current Issues in Foundations Math I, II, 3, 4 and Algebra I, Algebra II. One vital piece of pa- per needed at the time of enrollment is a copy of one’s high school transcript from the last high school attended. It is necessary in order to transfer those previous- ly earned high school credits to one’s current transcript at Laconia Academy. Laconia Academy has limited scholarship help for those students that qualify. Statistics show that one out of four adults in New Hampshire does not have a high school diploma. This often causes indi- viduals to be ineligible for a job or promotion. Do this for yourself and impress in your future. Go to adulteducation.com

Kelsey Mako of Moul- tonborough, daughter of Bob and Connie Mako, attending the University of New Hampshire for a degree in Meredith, son of John and Allison Duffield, attending the University of Rhode Island.

Kadijola Conde of La- conia, daughter of Dallas Conde, attending Ameri- can University in Wash- ington D.C.

Murray, attending Keene State. The Meredith Me- morial Scholarship was established in memory of James S. Meredith, who served as President of Meredith Village Savings Bank from 1982-1996. Students interested in applying for the 2018 scholarship are encour- aged to contact their guidance offices.

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1. Students who require remedial classes. Those students need a remedial class and we can teach them back on track for graduating with their peers from their own high school (Approv- al by their High School Principal or Guidance Department is required).

2. Students who re-require high school diploma or students who transfer into our diploma program and plan to graduate from our 20 credit diploma program and take a class or class- es with Laconia Academy to accomplish this. (Note: This is for any adult after high school or stu- dents of high school age must be turning 18 over the course of the year and preparing for their degree from their own high school Placement Department is required.)

3. Students who have graduated from high school but lack pre-requisites for nursing or similar field in the areas of Biology with Lab, Chem- istry with Lab, Algebra I, II. The Fall Semester 2017 classes start the week of Aug. 5. The following courses will be offered: Physics, Human Biology & Lab, Chem- istry & Lab, Current Issues in Foundations Math I, II, 3, 4 and Algebra I, Algebra II. One vital piece of pa- per needed at the time of enrollment is a copy of one’s high school transcript from the last high school attended. It is necessary in order to transfer those previous- ly earned high school credits to one’s current transcript at Laconia Academy. Laconia Academy has limited scholarship help for those students that qualify. Statistics show that one out of four adults in New Hampshire does not have a high school diploma. This often causes indi- viduals to be ineligible for a job or promotion. Do this for yourself and impress in your future. Go to adulteducation.com

Kelsey Mako of Moul- tonborough, daughter of Bob and Connie Mako, attending the University of New Hampshire for a degree in Meredith, son of John and Allison Duffield, attending the University of Rhode Island.

Kadijola Conde of La- conia, daughter of Dallas Conde, attending Ameri- can University in Wash- ington D.C.

Murray, attending Keene State. The Meredith Me- morial Scholarship was established in memory of James S. Meredith, who served as President of Meredith Village Savings Bank from 1982-1996. Students interested in applying for the 2018 scholarship are encour- aged to contact their guidance offices.

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7 ways to make mornings less hectic

Many families find the rush to school is an early-morning task that often leads to stress and anxiety - even for parents. The following are tips to help make mornings less stressful:

• Wake up slightly earlier. Getting up earlier than normal, even if it’s just 15 to 20 minutes before usual, can help reduce morning stress. Resist the temptation to hit the snooze button over and over again. A few extra minutes each morning can make you feel more relaxed and make for a smooth, stress-free start to the day.

• Get some work done the night before. Prepare lunches at night and have them ready in the refrigerator. In addition, lay your clothes out each night. This saves time and takes a couple more things off your morning to-do list.

• Ease back into a routine. As a new school year dawns or a long vacation comes to an end, begin going to bed earlier and start waking up earlier as well. This can make the transition from carefree mornings to busy mornings go more smoothly.

• Prep backpacks in the evening. Look through folders, sign paperwork, check assignments, and do whatever you need to do the night before to make sure you’re prepared in the morning. This way, you won’t need to scramble in the morning. This way, you won’t need to scramble in the morning.

• Opt for school lunch a few times. Look ahead on the school lunch menu and speak with children about which meals they enjoy. Let kids purchase school lunch on those days so you’ll have a day off from lunch detail.

• Have quick breakfast foods available. Smoothies, cereal bars, oatmeal, and whole-grain cereals are fast and nutritious ways to start the day.

• Carpool whenever possible. Busy families can save themselves extra work by proposing a neighborhood carpool. Planning school dropoff in advance frees up one or two days each week, and kids may enjoy traveling to school with their friends. This reduces stress for parents.

Mornings can be tricky when family members are getting ready for school and work at the same time. By practicing a few daily rituals, it’s possible to curb the rush and start the day happier and more relaxed.
out ideal on Sunday and day. The weather turned rain on Saturday, they cerns about possible

Noah Cullen with his pigs Bluebell and Stripe.

George LeClair spends some time with his holsteins Bow and Ari.

George LeClair brushes Buck and Dan.

Olivia Nason gets Star ready for a costume contest.

George took his hol-steins in the Showman-ship in Carl and the Drag competitions. He said he really likes being part of 4H.

“We’re very proud of them,” said George and Vernon’s dad Matt Le- Clair. “It’s quite a learning experience for the cows and their kids and their parents.”

“They have to learn all of things and it’s an everyday thing, it’s not just a summer,” said their mom, Beth LeClair.

In the swine barn, George LeClair checks out his pigs Snowflake and Ham. He walked his pigs in front of the judges, saying they look at how good the pigs look and how well they walk.

Noah, who was there with Bluebell and Stripe, said they can be hard to work with. The hardest part is getting them to walk when they would rather lay down.

Overall both of them said they like doing 4H. “You can spend more time at the fairs and with your pigs,” Noah said.

Noah’s mom Rebekah Cullen said this is the boys’ first fair with their pigs and she thought 4H is a great program that teaches them a lot of about life.

“It’s so far the best experience with an-imals,” Noah said.

Kids compete in the Belknap County Fair’s pie eating contest.

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“To start the parade,” said DiPaolo. “We introduced anyone who is present on the town. We also went to the First Baptist Church of Belmont and awarded the Albert Abraham Jr. Award for their depiction of summeertime fun that included a realistic looking campfire, another wonderful end of the Vining Way Farm, inter-

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Contorchick starts first season as AD at Winnisquam

ATHLETIC DIRECTOR AT WINNISQUAM REGIONAL HIGH SCHOOL

It was really kind of amazing,” said Contorchick. “Full-time director positions are at a premium in the state of New Hampshire. There is a ton of competition for them. So I wasn’t even planning on getting the position, but I am very, very happy to be here.”

Contorchick has taught his last nine years in the Granite State, since the last six as a social studies teacher at State High in Concord. Since he didn’t think he would be teaching this year, he planned his summer as a working vacation, giving talks on committees and putting in volunteer hours.

Contorchick start- ed the new position on July 1 and said it has been busy right off the bat. He said he is fortunate enough to know the outgoing athletic director, Becky Zumbach, as she was a classmate of his at the University of New Hampshire. She is a graduate of the University of Massachusetts, but then decided to switch his career. Contorchick got hired as the ninth grade studies teacher in Winchester, Va. in 1997, a high school that was about 1,500 students.

While in Virginia he de- cided to shed his full-time job and began teaching in the Wooden River. Contorchick decided to shed his full-time job and started a crew team. “I am really proud of the crew team,” said Contorchick. “It has re- ally blossomed. I think we had 20 kids the first season and now it is up over 100.”

“I really started think- ing about all this when I was at Bedford,” said Contorchick. “I did game manager stuff for the AD there, and I would set up and break down the field, announcing, clock, book, that sort of thing. I really enjoyed this, and starting the crew program were vital to the direction of his ca-

Contorchick said this was a turning point in how he wanted to be in- volved with athletics. He eventually became the varsity girls’ basketball coach at Prospect Moun- tain, and said he really enjoyed running his own program.

The commute was a bit too much so he needed to get out of the Granite State, with a ton of great kids and other aspects of the job,” said Contorchick. “I am very, very happy to be here.”

Contorchick has been with many of the local athletic di- rectors, and has gotten a chance to get to know the Winnisquam coach- ers. He said everyone has been incredibly helpful in the beginning stages of his position.

“They are all really helping me in the pro- cess of moving along,” said Contorchick.

After teaching, for 14 years, Contorchick said this will be major change. He is ready for the challenge, he said. “I find that I actually like this type of problem solving, pushing paper and other aspects of the job,” said Contorchick. “I am really looking for- ward to it.”

Brian Contorchick is the new athletic director at Winnisquam Regional High School.

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The Gilford-Belmont football team began official practices last week in preparation for the upcoming season, which begins on Sept. 2 at home against Kennebunk.

By BOB MARTIN

Lakes Region United looking to expand girls’ soccer opportunities

REGION — For the past 10 years, Lakes Region United Soccer has offered opportunities for local soccer players to join a competitive travel team and play against other clubs throughout the state. When the club was formed it consisted of a single team, but has now grown to offer opportunities for hundreds of Lakes Region players through the fall season, indoor winter training and the spring season. During fall and spring the teams play competitively in the New Hampshire Soccer League.

Youth Soccer registration shows that there are more than three million youth soccer players across the USA, and the gender split between boys and girls is very close to 50/50. Lakes Region United is hoping to move closer to that national split and is actively looking for more girls to sign up and play. This will give the club more flexibility to offer additional single-gender teams.

Coach Steven Hepburn said, “We have some girls who have really well on our co-ed team but have expressed an interest in playing on all-girls teams in the future. I would love to see Lakes Region United offer that flexibility. We like to place players in the best environment for their development and having additional options can only help.”

This fall, Lakes Region United is aiming to offer two girls’ only teams, U15 for birth years 2001/2002 and U13 for birth years 2003/2002, along with boys’ co-ed teams from U15/15 and an Early Development Program for 6-9 year olds. Registration for all teams is open now.

Lakes Region United is a parent and volunteer-run soccer club drawing athletes from around New Hampshire’s Lakes Region, offering competitive travel soccer for boys and girls up to age 18. For more information or to sign up, please contact info@lrusoccer.com or visit www.lrusoccer.com.

Fit for a Cure 5K is Sept. 24

TILTON — Tanger Outlet Tilton in conjunction with Under Armour, Northeast Communications, AutoServe, Belknap Landscape Company and Laconia Daily Sun will host the ninth annual Fit for a Cure 5K run/walk sponsored by Under Armour. The first 1,000 participants will receive a commemorative Under Armour race t-shirt. All finishers will receive a commemorative participant medal and shopping discounts. Prizes will be awarded to top male and female winners along with division winners in each age category. There is a discounted registration if you register before Sept. 22.

The race takes place Sunday, Sept. 24, at 8:30 a.m. at the Tanger Outlet at 238 Laconia Road in Tilton. For more information or to register, visit www.tangouerofcure.com. If a business or organization will have to order more participation packages, please contact Tanger General Manager Eric Provost at eric.proulx@tangeroutlets.com for group discount information.

The Gilford-Belmont football team hopes to improve off of last year’s 1-8 record.

By BOB MARTIN

Football season kicks off for Gilford-Belmont

COOPERITY PHOTO

The Gilford-Belmont football team began official practices last week in preparation for the upcoming season, which begins on Sept. 2 at home against Kennebunk.

The Gilford-Belmont football team hopes to improve off of last year’s 1-8 record.

Practice for the Gilford Eagles officially started on Aug. 8. The team has had plenty of 7 on 7 drills and conditioning leading up. Practices were with just helmets and shoulder pads to start, but have since moved onto full pads. Early in the season, much of the drills are focused on fundamentals and conditioning. “It is a lot of doing walk-throughs and conditioning,” said Marzahl.

“We have a lot of players who do two ways, so we have to make sure they are conditioned enough for that. We can’t hit much at the beginning obviously, but this is where we can teach things like blocking techniques.”

Marzahl said it is also a time where they can figure out how to get players involved where they can best help the team.

Marzahl said this is a very freshman heavy team, with about 25 of the 45 players entering their first year of high school. This can be difficult due to inexperience, but also beneficial for the future of the program. This year Marzahl said there are a couple of seniors who he expects to shine for the Golden Eagles. One is a four-year starter named EthanOrm, who plays tackle on both offense and defense. Orn is almost six foot, four inches and more than 300 pounds, Marzahl said and should prove to be a force to be reckoned with.

“He is really solid on both defense out of frame,” said Marzahl. Marzahl also said a player on the run to look out for is running back Dylan Gansett.

“Defensively he led the way, but for running back he was kind of our backup with.

Gansett. “So while he didn’t have huge stats, he definitely has the skillset to be a top player."

The Gilford-Belmont football team will kick off its season at home against Kennebunk on Sept. 2 at 1:30 p.m.

The Gilford-Belmont football team hopes to improve off of last year’s 1-8 record.
Brutus — When the last time you run your buns off this Labor Day week- end you can. Come and see what local events and vacations have been taking place the past seven years. Register for the Run Your Buns Off race set for Sept. 2 in Bristol has been serv- ing thousands of area vacationers, providing respite for caregivers through the Day Away program, and health education, as well as activities in the Newfound region, says Dotty Goudie, NACF President. “Each year we have more and more riders from both near and far who ride for a cause.”

The TTCC’s Board is excited to announce that the Run Your Buns Off race committee is excited to announce that two charitable orga- nizations were selected this year through an application process by the TTCC’s Board, as this year’s beneficiary. This was the 18th year for the event roll in un- til the end of September, for her long ride from Sanbornton residents pedal for a good cause for the 8U, 10U and 12U age divisions. For more information about the TTCC’s summer and sports pro- gramming. The TTCC’s Town Council is raising funds for a gymnasium in Meredith, while the Sanbornton residents rode 192 miles on their bikes in the Pan-Mass Challenge, which helps fund the Dana-Farber Cancer Institute. This was the 36th year of the Pan-Mass Challenge. Unlike other riders, he rides solo rather than being on a team. Funds for the event roll in un- til the end of September, but since he started rid- ing he has raised more than $38 million, which goes to the Jimmy Fund. This is the main source of fundrais- ing for the Dana-Farber Cancer Institute. Since its inception it has raised $747,000,000 and while funds are still coming in, it has raised just over $38 million this year. For more information log onto panm2.org.

Register for flag football season

“Since the first Run Your Buns Off race in 2000, funds have been raised over $53,000 to worthy causes and programs in Newfound region, which makes us very proud.”

Why not do your part to help support two great local causes all while being on a team. Funds for the event roll in un- til the end of September, for her long ride from Sturbridge to Province- town. He said his mother was ahead of his dad that year she raised $8,614.20 for the event roll in un- til the end of September, but since he started rid- ing he has raised more than $38 million, which goes to the Jimmy Fund. This is the main source of fundrais- ing for the Dana-Farber Cancer Institute. Since its inception it has raised $747,000,000 and while funds are still coming in, it has raised just over $38 million this year. For more information log onto panm2.org.

register@flagfootballmeredith.com

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RALPH LEVY/CAT 253-9360

Ralph Levy is a very special person. He was a great friend, a wonderful neighbor, and a valued associate in our business.

He will be missed by many. We were fortunate to have known him and to have worked with him. He will be remembered for his generosity, his kindness, and his dedication to his family and to his community.

We extend our heartfelt condolences to his family, who he loved so much.

In memory of Ralph Levy, please consider donating to the charity of your choice.
**Crossword Puzzle**

**ACROSS**
5. Formation of a plate 6. Car & ad
7. From across

**DOWN**

**SUDOKU**

**CRYPTO FUN**

Determine the code to reveal the answer!

A. 20 21 7 12 26 7
   Clue: Gas

B. 12 13 7 5
   Clue: Luminous point

C. 18 2 7 13
   Clue: Warmth

D. 18 10 9 5 11 3 2 15
   Clue: Lightest element

**ENGLISH:** Road
**SPANISH:** Calle
**ITALIAN:** Strada
**FRENCH:** Rue
**GERMAN:** Straße

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If you are a person who likes people and would like to see someone achieve independence over the years with your support Please contact Lakes Region Community Services at 524-8811.

Or E-mail:
• Steve Barton at steven.barton@lrcs.org
• Susan Morin at susan.morin@lrcs.org

You’re no ordinary Customer Service Representative
But then, this is no ordinary opportunity.

Patruck lunches, casual attire (pajama day)!... We’re serious about service, but fi rst time for fun. We’re also fi nding we have more customers, which means more Customer Service Representatives. The schedule is fi exible and the benefi ts generous, including health, dental, and some shiny new fi tness equipment.

Everything you need to know is right here: garnethill.com/careers
Hope to meet you soon!

Putting something “Good” in the Goodbye!
Donate your used car to the National Kidney Foundation Kidney Cars Program. The funds can help save lives. We’ll arrange a pickup and you might qualify for a tax deduction.
Call 1-800-488-CARS

A new chapter in your life could mean a new chapter in life for someone in need.

If you think our products are beautiful, you should see our employees.
They’re beautiful in the best of ways: smart, friendly, fun. And because we’re growing, we need more like them... including an
Outlet Receiving Clerk

Everything you need to know about the job, company, benefits, and more is at garnethill.com/carers. Hope to meet you soon!

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And Laborer Positions
Will Train. Valid Driver’s license required.
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INC.
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Your Community Health Partner for Life

NOTICE TO ALL
ACHS-FRANCONIA
PATIENTS

July 10th August 18th
Due to town road repair, a portion of Rt. 38 in Franconia will be closed for approximately 3 weeks. If you are a patient and have an appointment at the Franconia site, it is advised to take I-93 to Exit 38 in Franconia. Turn right at the yellow light onto Rt. 38 and access the health center from this direction. There is no change to our hours of operation during this construction.

Ammononiscus
Community Health Services, Inc.
620 Pleasant Street
North Conway, NH 03860
Phone: (603) 356-5000
Fax: (603) 356-7171
info@ammononiscus.com

HUNGRY?
...for a delicious home made
fish & chips, try our
Salmon Press.
Located at 284 Main St.
North Conway.
(603) 356-6650

Ready To Say Goodbye
To Your Old Car?

Put Some “Good” In the Goodbye!
Donate your used car to the National Kidney Foundation Kidney Cars Program. The funds can help save lives. We’ll arrange a pickup and you might qualify for a tax deduction.
Call 1-800-488-CARS

*Consult your tax advisor for details.

Lakes Region Community Services
Empowering Life’s Potential

Garnet Hill
You’re no ordinary Customer Service Representative
But then, this is no ordinary opportunity.

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Shaker Regional School District is currently accepting applications for the following custodial positions:

- Canterbury Elementary School – 2nd shift school year – 5 ½ hours/day
- Belmont Middle School – 2nd shift year round – 8 hours/day

Please submit an application to Steve Dalzell, Director of Facilities, 58 School Street, Belmont, NH 03220. Applications can be obtained by calling 267-9223, or visiting the Human Resources section of our website: www.sau80.org. Successful completion of a post-offer, pre-employment physical and criminal background check, including fingerprinting, is required. Shaker Regional School District serves the communities of Belmont and Canterbury and is an equal opportunity employer.

SPECIAL EDUCATION ASSISTANTS WANTED
Shaker Regional School District is currently hiring Assistants for all schools in the Special Education Department. To review available positions and apply through SchoolSpring.com visit the Employment Opportunities link in the Human Resources Department tab of our website, www.sau80.org.

Shaker Regional School District serves the communities of Belmont and Canterbury and is an equal opportunity employer.

TOWN ADMINISTRATOR
Thornton, NH

Town of Thornton, NH (2500 year round residents), is seeking an organized, experienced person to serve as its next Town Administrator. Working under the direction of a 5 person Board of Selectmen, the Town Administrator coordinates the delivery of a full array of town services and manages the day to day affairs of the Town. With a 2017 total appropriation of just over $3 million, the Town has 16 FT employees supplemented by a number of PT employees.

Thornton is located in the White Mountain/Waterville Valley Region, just minutes from the Lakes Region of NH. The area hosts tourists and vacationers year round for the many outdoor seasonal attractions. With easy access to Interstate 93, Thornton is just 45 minutes to Concord and 1 hour to Manchester. College Degree, 5 years of relevant experience, preferably in municipal administration, or equivalent combination of education and experience. Salary range to $70K. Starting salary commensurate with qualifications. Excellent benefits. EOE.

Resume and cover letter, in confidence, as PDF file to: recruitment@mrigov.com

For additional information see: www.mrigov.com/career

Deadline: August 28, 2017 at 8 am

Everybody hates you.

You don't see bullying like this every day.
Your kids do.
Teach your kids how to be more than a bystander.

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Kia is the highest ranked brand in initial quality for the second consecutive year and has received more awards than any other brand in the J.D. Power 2017 Initial Quality Study

<table>
<thead>
<tr>
<th>Model</th>
<th>MSRP</th>
<th>AutoServ Customer Cash Rebate</th>
<th>AutoServ Lease</th>
<th>Sign It &amp; Drive It</th>
<th>$0 Down + $0 1st Month's Payment</th>
<th>$0 Security Deposit + $0 Due at Signing</th>
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</thead>
<tbody>
<tr>
<td>2017 KIA FORTE LX</td>
<td>$18,620</td>
<td>$621</td>
<td>$15,599*</td>
<td>$188</td>
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<td>$0 Security Deposit + $0 Due at Signing</td>
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<tr>
<td>2016 KIA SOUL</td>
<td>$17,115</td>
<td>$206</td>
<td>$15,409*</td>
<td>$225</td>
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<td>$0 Security Deposit + $0 Due at Signing</td>
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<tr>
<td>2017 KIA OPTIMA LX</td>
<td>$23,225</td>
<td>$557</td>
<td>$20,168*</td>
<td>$234</td>
<td>$0 Down + $0 1st Month’s Payment</td>
<td>$0 Security Deposit + $0 Due at Signing</td>
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<tr>
<td>2017 KIA SPORTAGE LX AWD</td>
<td>$25,825</td>
<td>$781</td>
<td>$24,044*</td>
<td>$270</td>
<td>$0 Down + $0 1st Month’s Payment</td>
<td>$0 Security Deposit + $0 Due at Signing</td>
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<tr>
<td>2017 KIA NIRO LX</td>
<td>$24,320</td>
<td>$651</td>
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<td>$277</td>
<td>$0 Down + $0 1st Month’s Payment</td>
<td>$0 Security Deposit + $0 Due at Signing</td>
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<tr>
<td>2017 KIA SORENTO LX AWD</td>
<td>$31,530</td>
<td>$1020</td>
<td>$27,610*</td>
<td>$315</td>
<td>$0 Down + $0 1st Month’s Payment</td>
<td>$0 Security Deposit + $0 Due at Signing</td>
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</table>

*Sign It & Drive It includes all noted rebates and incentives - does not include dealer-to-dealer, dealer-to-customer, or high line price. Prices are based on 4% APR financing. Kia and the Kia logo and ‘Kia’ are trademarks of Kia Motors Corporation. © 2017 Kia Motors America. All Rights Reserved. carfinder.kia.com. 1. Terms and conditions. 2. Subject to credit approval. 3. Participation on kia.com and in-kia-dealership is required. 4. Kia is the highest ranked brand in initial quality. Kia also ranks highest in overall owner satisfaction among mass-market brands in the 2017 American Customer Satisfaction Index (ACSI). 5. Kia’s awards include the Edmunds.com Best Cars for Short Drivers, Kelley Blue Book’s Best Buy, the J.D. Power Initial Quality Study, the 2016/2017 Motor Trend Award of Excellence, and the 2017 Newsweek Best Buy Award. 6. Kia offers the best-in-class warranty and the best-in-class maintenance plan on the 2017 Kia Soul, 2017 Kia Niro, and 2017 Kia Rio. 7. Kia is the highest ranked brand in initial quality for the second consecutive year and has received more awards than any other brand in the J.D. Power 2017 Initial Quality Study. The Kia Soul, Sorento, Forte, Cadenza, and Niro are the “Highest Ranked Compact Multi-Purpose, Midsize, SUV, Compact Car, Large Car, and Small SUV In Initial Quality.”

AutoServ Kia

40 Tilton Road • Tilton (603) 524-0552

*Prices are subject to change without notice. Kia and the Kia logo are trademarks of Kia Motors Corporation. © 2017 Kia Motors America. All Rights Reserved. Kia finder.kia.com. 1. Terms and conditions. 2. Subject to credit approval. 3. Participation on KIA.com and in Kia dealerships is required. 4. Kia is the highest ranked brand in initial quality. Kia also ranks highest in overall owner satisfaction among mass-market brands in the 2017 American Customer Satisfaction Index (ACSI). 5. Kia’s awards include the Edmunds.com Best Cars for Short Drivers, Kelley Blue Book’s Best Buy, the J.D. Power Initial Quality Study, the 2016/2017 Motor Trend Award of Excellence, and the 2017 Newsweek Best Buy Award. 6. Kia offers the best-in-class warranty and the best-in-class maintenance plan on the 2017 Kia Soul, 2017 Kia Niro, and 2017 Kia Rio. 7. Kia is the highest ranked brand in initial quality for the second consecutive year and has received more awards than any other brand in the J.D. Power 2017 Initial Quality Study. The Kia Soul, Sorento, Forte, Cadenza, and Niro are the “Highest Ranked Compact Multi-Purpose, Midsize, SUV, Compact Car, Large Car, and Small SUV In Initial Quality.”