



COURTESY PHOTO
Audrey, Jared, and Emma Gumpert build bridges in a home STEM project during remote learning.



COURTESY PHOTO
The Gumpert kids work from the classroom in their kitchen.



COURTESY PHOTO
Audrey Gumpert presents some homemade faux stained glass, adding some art lessons into the remote learning routine.

Local families adapt to remote learning

BY ERIN PLUMMER
mnews@salmonpress.news

MEREDITH — In the Gumpert house, the kitchen table has been turned into a classroom, mom and dad are the ones giving hands on art and science lessons, talking to friends is done over letters, and 11-year-

old Audrey is having study sessions with friends over video chat. This has become the reality of school for kids in the Inter-Lakes School District as well as all districts across the state with schools ordered to close and teach through remote learning because of

the COVID-19 pandemic. Like families across the country, the Gumperts of Meredith are navigating the “new normal” to provide the best learning experiences for their children. Under the order of Gov. Sununu schools

in New Hampshire have been closed to prevent the spread of COVID-19 and districts were ordered to offer remote learning. Remote learning began on March 23 and after a recent order will continue through the rest of the school year. Alison and Jared Gumpert of Meredith have three kids at Inter-Lakes Elementary School: 10-year-old Audrey in fifth grade and seven-year-old twins Jared and Emma in first grade. The announcement of remote learning came as a shock. Alison said

they had a “miniature panic attack.” “You could see it coming, it was still a minor panic moment,” Alison said. Jared said they were in a lucky situation to be able to stay at home. Jared is an aviation director and pilot who manages a flight department and is able to work from home. Alison is an accountant and is currently working part time. When remote learning started links were posted and the family picked up papers and materials from the school. Jared said

starting this new experience was a huge learning curve for everyone, saying the first day was clicking through websites and figuring out what the kids were supposed to do. “In the beginning it was kind of a scramble with the teachers,” Alison said. “They were very open with communication and we were able to stop by and pick up the work.” She said the kids were sad that this was now the normal routine. “It’s kind of like that was the first moment SEE REMOTE PAGE A6

Meredith Food Pantry still open and ready to help

BY ERIN PLUMMER
mnews@salmonpress.news

MEREDITH — The Meredith Emergency Food Pantry is reminding people that it is still open and available to provide for people in need. Community Action Program, Belknap-Merrimack Counties closed its offices and buildings due to the coronavirus pandemic and has been offering many services remotely. As the Meredith Food Pantry receives some support from CAP, this has led to many people thinking the Meredith Food Pantry is also closed.

Pantry director Barbara Rayno said they have been getting a lot of calls asking if the pantry is still open and many people have been calling CAP directly. “A lot of people, are still calling the CAP line and not thinking that we’re open,” Rayno said. The pantry wants people to know it is still open and available. Rayno said the pantry is its own nonprofit organization and not a CAP pantry. She said CAP pays the pantry’s rent in the building.

SEE PANTRY PAGE A6

Spirit of Hope and Kindness awards rescheduled

BY ERIN PLUMMER
mnews@salmonpress.news

REGION — The Spirit of Hope and Kindness Awards have been postponed until at least October due to the coronavirus,

though a number of award nominees have been providing help to their communities during these times. The annual awards ceremony recognizes children and teens

from elementary school through high school for their acts of kindness in their communities. This year, there were 15 nominees, five each in the Elementary School, Middle School, and High School categories. The kids came from Gilford, Meredith, Laconia, and Franklin. The Spirit of Hope and Kindness Awards was originally scheduled for April 7 at the Laconia Country Club. Because of the Governor’s order banning any group assemblies, the event was postponed. Co-founder Laura Brusseau said they are hoping to have it in October and have been working with the country club on a potential final date. “Laconia Country Club has been absolutely amazing,” Brusseau said. Fred Caruso and Amy Bates from Mix 94.1 FM will be staying on as emcees. SEE RESCHEDULED PAGE A7

Community Caregivers continues to fulfill mission during pandemic

MOULTONBOROUGH — Interlakes Community Caregivers continues to provide essential services during the current Coronavirus pandemic. “This has been a very fluid situation requiring a lot of adjustments, accommodation and communication. Thanks to our compassionate and flexible volunteers, I am happy and humbled to share that, in

COURTESY
(Left) Interlakes Community Caregivers continues to provide essential services with modifications during the current Coronavirus pandemic. Picture here is Volunteer Linnie Page of Sandwich providing “curbside delivery” of groceries to a neighbor.



the face of these challenges, Community Caregivers is fulfilling its mission,” stated Ann Sprague, Executive Director. In order to meet the needs of their neighbors, Community Caregivers is monitoring its program and services and making adjustments accordingly during the current health crisis. Staff and Board members have kept abreast of local, State and Federal authorities’ guidelines which have required the ability to strategize and modify protocols and procedures to address health and hygiene concerns. Community Caregivers is currently SEE CAREGIVERS PAGE A7

from elementary school through high school for their acts of kindness in their communities. This year, there were 15 nominees, five each in the Elementary School, Middle School, and High School categories. The kids came from Gilford, Meredith, Laconia, and Franklin. The Spirit of Hope and Kindness Awards was originally scheduled for April 7 at the Laconia Country Club. Because of the Governor’s order banning any group assemblies, the event was postponed. Co-founder Laura Brusseau said they are hoping to have it in October and have been working with the country club on a potential final date. “Laconia Country Club has been absolutely amazing,” Brusseau said. Fred Caruso and Amy Bates from Mix 94.1 FM will be staying on as emcees. SEE RESCHEDULED PAGE A7

Days Gone By

20 years ago...April 27, 2000

BY ERIN PLUMMER
mnews@salmonpress.news

Meredith was getting ready to become a new port of call for the M/S Mount Washington. The town along with the Winnepesaukee Flagship Corporation and Lakes Region Marine Company were working to expand and repair the docks to accommodate the Mount. One section of dock had been extended to 160 feet and a V-shaped bow cluster was installed to catch the ship's bow. Local officials and businesspeople were getting ready for the Mount's arrival that summer. Rusty McLearn, president and general manager of Hampshire Hospitality Holdings which owned the Flagship Corporation, said the Mount's first cruise out of Meredith was scheduled for May 22, 2000. A ribbon cutting ceremony was scheduled for 6:30 p.m. on May 28, 2000, followed by a celebratory dinner/dance cruise. Gov. Jeanne Shaheen, Department of Travel and Tourism director Lori Ostrander, and town officials were among those who



A photo of the extended dock that would be the new home for the M/S Mount Washington when it arrived in Meredith in the summer of 2000.

would be receiving invitations to the ribbon cutting.

A bill proposed by a Moultonborough legislator that would require the state not to recognize same-sex marriages failed in the House of Representatives. Rep. Gary Torressen of Moultonborough proposed the bill that called for the state not to recognize same-sex marriages that were legal in other states. Vermont had recently become the first state allowing gay marriage and a similar bill was going through in Hawaii. Torressen proposed the bill to defend the “traditional family” saying marriage should be

between a man and a woman. The bill failed in the house in a vote of 234 opposed to 128 in favor.

New Hampshire Magazine named Meredith the top community in the state for Leisure and Culture. Meredith was also rated 16th out of 48 communities with

populations between 4,000 and 10,000. Communities were ranked among five criteria: safety, education, cost of living, economy, and leisure/culture. Leisure/culture was based on number of theaters, parks, recreational resources, and houses of worship.

A consortium of communities were close to making a deal with MetroCast to renew its contract with extra services. Meredith town manager Peter Russell announced that the consortium with representatives from Meredith, Alton, Belmont, Deerfield, Franklin, Gilford, Gilmanton, Laconia, New Durham, Northfield, and Tilton had been negotiating with MetroCast and a contract was being reviewed by both parties. The initial contract was good for seven years and parties were working on details of a 10 year contract with expanded services. MetroCast was rebuilding its systems for the 21st century.

food, a state of the art sound system, and glow bowling every Saturday night.

The new Shaw's Supermarket would be opening in Gilford on May 5, 2000 at the Shaw's Plaza on 1400 Lakeshore Road. An ad showed an empty fridge, written underneath was “Don't worry. Shaw's Supermarket is coming to Gilford May 5th.”

American Satellite was offering a deal to Primestar customers to switch services for free. Customers were told they would get 25 percent more channels, 200 percent more pay-per-view, and more sports channels with DirectTV.

Mudgetts KC-TV was offering Dish Network for \$39.98 a month with a 100 channel programming package with one premium movie package. The deal came with a free Dish 500 Satellite TV System and free installation.

The Tape Escape offered a special on action movies. Rent three action titles for three days for \$3 with a coupon, excluding new releases.

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PRESIDENT & PUBLISHER
FRANK G. CHILINSKI
(603) 677-9083
frank@salmonpress.news

BUSINESS MANAGER
RYAN CORNEAU
(603) 677-9082
ryan@salmonpress.news

OPERATIONS DIRECTOR
JIM DiNICOLA
(508) 764-4325

DISTRIBUTION MANAGER
JIM HINCKLEY
(603) 279-4516

EDITOR
ERIN PLUMMER
(603) 677-9088
erin@salmonpress.news

MANAGING EDITOR
BRENDAN BERUBE
(603) 677-9081
brendan@salmonpress.news

PRODUCTION MANAGER
JULIE CLARKE
(603) 677-9092
julie@salmonpress.news


WWW.SALMONPRESS.COM
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Inter-Lakes Alumni banquet canceled

MEREDITH — The Meredith/Inter-Lakes Alumni Association has canceled the June 7 Alumni banquet due to the coronavirus situation. However, we are not going to let COVID - 19 interfere with the Alumni scholarships, a tradition for the past 54 years (with the exception of war-time in 1944), or the Alumni Loyalty Cup, a tradition for the past 91 years!

In 2020, we are on track to award scholarships to three Inter-Lakes High School seniors. Also, we will sponsor and present the Alumni Loyalty Cup to a member of the 2020 senior class who

has been a member of ILHS for at least two full years, academically ranks in the upper half of the class and whose record of loyalty to the school organization, wholesome character and initiative meets the ideals of ILHS. The recipient is nominated and voted on by the members of the Inter-Lakes High School faculty and is a great honor with recipients held in high esteem. As we write this article, the time and place when awards will be presented has yet to be determined.

The Class of 1970 has been most understanding as they are in the middle of planning



their 50-year reunion and would have been our guests of honor. The current consensus of the committee is to plan their 50th reunion for later this fall (no details yet as to date). The board has agreed the 2021 banquet will indeed be a special celebration! The Class of 1970 has

accepted our invitation to join the Class of 1971 as guests of honor during our annual alumni banquet now scheduled for Sunday, June 6, 2021 at Church Landing. Please save the date!

Thank you all for
SEE ALUMNI PAGE A7

(Left) Inter-Lakes High School, Meredith, Class of 1970 celebrating 50 years is caught in the midst of the Coronavirus! First row, left to right: Cindi Rice (class Marshal), Susan J. Guion, Jane Merrill, Dwight D. Hart, Susan Jean Hambrook, Steven J. Blake, Jane M. Isabelle, Judy Pettengill, Candace H. Thomas, Angelica Ingrid Ratsep, William Chandler (class Marshal). Second row, left to right: Colleen Joy Elliott, Betty Mae Pike, Cynthia Furbush, Helen Marie Doane, Joanne Laura Bryant, Sue Jo Enright, Kathryn Ann Horne, Ellen L. Harvey, Sandra M. Peaslee, Vicki Ann McGuigan, Deborah A. Fleming, Barbara Ann Horne. Third row, left to right: Wendelyn A. Thomas, Brenda Baker, Julie Mae Allen, Claudia Ann Moris, Belinda Jean Hutchins, Beth Elaine Flewelling, Patrice Marie Dunn, Cynthia R. Ball, Nancy Sonja Olsen, Ramona May Pickering, Diane Barbara Bryant. Fourth row, left to right: Ellis A. Woodward, Mark A. Swinehart, Daniel D. Hayes, Robert A. Weeks, Timothy Michael, Bradley J. Nash, Joel Mudgett, Stephen B. Cochran, Roger H. Weeks, John E. Moulton. Fifth row, left to right: Michael R. Currin, Robert Swain, Claude P. Goddard, Howard J. Amsden, Daniel Haddock, John E. Humiston, David A. Cote. Sixth row, left to right: Thomas L. Heath, William R. Prescott, Brian A. Hurd, Robert S. Palm, Daniel W. Clark, William M. Copp, Sr., Donald J. Stewart. Not present for photo: Cheryl Ann Fortier.

Inter-Lakes partners with Got Lunch to keep community fed

MEREDITH — Together, the Inter-Lakes School District and the Got Lunch Inter-Lakes Program have been making a big impact on feeding the Inter-Lakes Community.

The Inter-Lakes School District, which includes the Towns of Meredith, Center Harbor and Sandwich, is a community of great generosity. The Inter-Lakes School District started the Grab and Go Meal Program to provide meals to families during remote learning and with assistance from The Got Lunch Inter-Lakes program and the Inter-Lakes PTO have garnered amazing results feeding more than 300 students weekly, resulting in a total of 13,000 meals, including breakfasts and lunches delivered each week since the

start of remote learning.

All meals are completely free of charge and open to the families of the Inter-Lakes School District. Meals will continue to be delivered through April vacation as well. An army of school personnel and volunteers have prepared, packed, sorted and delivered food directly to doorsteps. Food service personnel, school administrators, custodians, PTO volunteers, Got Lunch Inter-Lakes volunteers and concerned citizen volunteers have made this huge undertaking a reality. Safe food handling and volunteer safety is a priority where physical distancing and proper personal protective equipment has been utilized. Just as remote learning will

continue through the end of the school year, so will the Grab and Go Meal Program.

“Delivering over 13,000 meals is no easy task but the volunteers from the Inter-Lakes community have made it possible. The Got Lunch Inter-Lakes program has also bolstered the Grab and Go program by providing Hannaford vouchers to the local families in need. It has been a great team effort,” states Grab and Go program coordinator Sarah Dumais.

If you are an Inter-Lakes family and would like to participate in the Grab and Go Meal program, go to www.interlakes.org to fill out a request form or Contact: Lisa. Ransom@Interlakes.org or call 279-6162 for more information.

Nichols Library offers Kanopy Video

CENTER HARBOR — The theme for National Library Week 2020, “Find your place at the library,” was chosen before anyone could imagine that the emergence of a global pandemic would force many libraries to temporarily close. But you can still find your place at the Nichols Library, because we are open for business online.

Between now and May 15, the Nichols Library is offering a free trial of Kanopy, the award-winning video streaming service that provides access to more than 30,000 independent and documentary films. Included are movies from the Criterion collection, Shout Factory and many other features. The Kanopy Kids section features cartoons, short movies and animated versions of popular story books for the younger set. In short, lot's of enter-

tainment to keep them busy!

In addition to great movies, Kanopy is loaded with educational programming. There's history and biography, of course. But you can also learn about the natural world, develop self-management skills, get better on guitar (or learn to play one), make your garden grow or become a better cook.

To start streaming on Kanopy, go to the library's website, centerharborlibrary.org, and click on the Kanopy link. There you will find directions on logging in, a link to their site, and details on watching Kanopy on your smart TV. You will need your library card number to log in. If you need your library card number, email us at ch_library@metrocast.net or leave a voice mail at 253-6950. If you like what you see on Kanopy, please let us know.

Also trending at Nichols online for parents with kids K-12 are the Tumblebooks collections, which includes stories and

math puzzles for K-6, the Teen Cloud and audios for all ages. Tumblebooks will be available through Aug. 31.

Overdrive continues to offer a varied selection of downloadable eBooks and audios. Our Hoopla Digital account offers access to movies, music, and comics in addition to audios and eBooks. Stay tuned to our web page and Facebook for movie, music and reading recommendations. Join the conversation by making your own in the comments section!

The library has also hosted several online chats. Stay tuned to our webpage and Facebook for future online meetups.

Although the library is not open, we are checking emails and the library's voice mail to help you use our online resources, supply you with your library card number, and answer other questions as we can. Looking ahead, the state library has formed a task force to begin planning for a staged reopening. Until then, look for us online.

Area students elected to Phi Beta Kappa at Colby College

WATERVILLE, Maine — Area students have been elected to membership in Phi Beta Kappa at Colby College this spring. Membership in the society is one of the highest academic honors an undergraduate student can achieve. This honor is extended in recognition of students' excellence as scholars and their dedication to liberal arts learning.

Meghan Hurley, of Moultonborough, who is majoring in environmental policy, is one of 52 students inducted into Phi Beta Kappa at Colby this year. A graduate of Moultonborough Academy, Hurley is the daughter of Brian and Paula Hurley of Moultonborough.

Hannah Karp, of Moultonborough, who is majoring in chemistry-biochemistry, is one of 52 students inducted into Phi Beta Kappa at Colby this year. A graduate of Plymouth Regional High School, Karp is the daughter of Gary Karp of Moultonborough.

The Phi Beta Kappa Society, founded in 1776, restricts its chapters to leading colleges and universities. The Beta Chapter of Maine was organized at Colby in 1895.

Founded in 1813, Colby is one of America's most selective colleges. Serving only undergraduates, Colby offers a rigorous academic program rooted in deep exploration of ideas and

close interaction with world-class faculty scholars. Students pursue intellectual passions, choosing among 58 majors or developing their own. Colby's innovative and ambitious campaign, Dare Northward, will support deeper connections between the College and the world and a fully inclusive experience for all Colby students. Colby is home to a community

of 2,000 dedicated and diverse students from more than 65 countries. Its Waterville, Maine, location provides unique access to world-class research institutions and civic engagement experiences.

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OPINION

EDITORIAL

The difficult task of re-creating the school year

Schools in the state have been closed since March 16 due to the coronavirus pandemic, initially with the thought that they could open back up in a few weeks. This past week, after over a month of students at home on distance learning, Gov. Sununu declared that schools will remain closed and distance learning will continue through the rest of the school year. It's certainly tough news for families, students, educators, and school staff, who are all trying to manage an unprecedented situation.

We have heard from multiple people with many different roles in school districts about what impact the current situation has had. Many districts, like Inter-Lakes and Moultonborough, were already getting ready for this possibility though putting everything in place meant a lot of hard work and a lot of coordination.

Educators had to figure out the best lessons, materials, and physical and digital mediums to teach students. Over the past month, they also have had to figure out issues that came up such as incorporating hands-on learning, managing the amount of screen time kids were getting, and working with what would happen to April vacation. Teachers have been learning new technology to deliver lessons remotely. Parents have been creating learning environments for their students at home while taking on some teaching roles themselves. Students have been working with this new routine while dealing with the loss of co-curricular activities, social experiences with peers, and the worldwide pandemic itself.

It's a tough time for everyone, and anyone involved with schools in any role has certainly had their work cut out for them. All parties have been adapted to the new routine and yes it could be said it would be simple to keep this up for the end of the school year. It also means the different pressures on families and students will continue through the rest of the school year such as childcare and food needs. We are certainly glad that Inter-Lakes and Moultonborough have been providing meals to families through a curbside pickup service.

Then there is the reality that so many milestones that will not be happening: class trips, plays, concerts, games, arts and academic competitions, the list goes on. This is especially hard for high school seniors facing the loss of prom, graduation, awards nights, and so many more. We do hope something can be done to make these milestones happen whether virtually or at a later date when it is safe for people to assemble again. Moultonborough superintendent Patrick Andrew has already said Moultonborough Academy seniors will have prom and a graduation even if it's in August. With the governor's recent declaration all schools are now in that position to be discussing these things.

These are all awful situations and we give our support to all the administrators, educators, staff, parents and guardians, and students who are all trying to navigate these choppy waters. A lot of innovation has been happening and a lot of people have been forced to think on their feet. We hope that the best options are found to work through these unprecedented situations.



ERIN PLUMMER

Bare trees, wide view

The Belknap Range (including Gunstock) and Lake Winnepesaukee can be seen from behind the Carriage House at the Castle in the Clouds property in Moultonborough with the leaves yet to bud on the trees.

SPEAKING OF FAITH

A Seismic Shift

BY REV. BETSY TABOR

UU Fellowship of the Eastern Slopes

My landscape changed forever that summer day. To get a decent signal, I stood by the flagpole out back, facing the path to the road – the one we walk ten times a day, ordinary as can be. “Dad’s fine,” my mother said, “but...” But, out of the

blue, he was dying, soon. Unthinkable. In a heartbeat, life as I knew it would never be the same. The flagpole, path, the breeze that day began a new chapter for which I was unprepared.

Today, our landscape has shifted. Everyone’s. The unthinkable has swooped in. Just weeks in, we

hardly recognize our lives, towns, and grocery stores. We see danger everywhere, even on our own hands and, heartbreakingly, in each other, too. We don’t even buy groceries, unless we must.

This disorienting new world feels at the same time flat and jarring. We can’t remember what day it

is as statistics pound us, the numbers so big we can’t get our heads around them. Millions without jobs, not to mention the rising count of the sick and dead.

This will pass – another chapter lies ahead. It calls us to recalibrate. Now. Not only to stop whatever

SEE FAITH PAGE A7

LETTERS TO THE EDITOR

Thanks, Meredith voters and Inter-Lakes students

To the Editor:

Meredith voters took a bold step town meeting. It voted for legislative action on climate pollution. It passed the NH Resolution to Take Action on Climate Pollution.

Nearly every scientific organization agrees carbon emissions from coal, oil, and gas are climate pollution. Nearly all economists agree the most cost-effective way to reduce that pollution is to charge fossil fuel producers a fee and distribute the money collected to all households in equal shares.

Understandably, measures like a carbon fee and dividend raise questions. The reason for this letter is to respond to some of the misunderstanding about a carbon fee and dividend approach that came up at Town Meeting.

Will consumers pay the carbon fee? No. Coal, oil, and gas producers/importers would pay the carbon fee. The fee will add to their production costs, so the cost of pollution becomes obvious. When the cost of pollution is seen in the price of goods, markets operate more efficiently. Producers will compete to provide less-polluting goods. As less polluting goods become cheaper than polluting ones, they will be preferred by consumers.

Is the carbon fee a tax? No. A tax is money collected for government spending. The fee collected from fossil fuel producers will go into a carbon trust. After administrative costs, the rest is paid to households on an equal basis. Most families will receive more money in their monthly cash-back dividend than they pay in higher prices due to the carbon fee. This

tends to benefit lower-income households with smaller carbon footprints. Conservative economist George Shultz, supports Carbon Cash-Back. He says, “It’s not a tax if the government doesn’t keep the money.”

Who is the polluter? Not the consumer. Blaming consumers who buy gas for the pollution that comes out of tailpipes is like blaming restaurant patrons for unrequested plastic straws or for the plastic food packaging at grocery stores. The failure is in the choices the market offers to consumers.

Who can make this happen? Government. We get too much pollution when markets fail to account for the true costs of producing and using products. That’s market failure. Most economists agree that some form of government intervention ensures that markets work for the benefit of citizens and society.

Can we trust government to return the money? Yes. Moneys collected would be deposited into a dedicated trust not into the US Treasury. The trust would disperse the funds. Similar to Alaska, where every citizen already gets cash back every year from a fee paid by fossil fuel producers for the Alaskan oil pipeline

So, bravo to the Interlakes students who stood at Town Meeting to say that they accept the scientific consensus that carbon emissions from fossil fuels are climate pollution! Bravo for their bravery in standing up for their rights and their future. Bravo to the voters of Meredith. To learn more, go to carboncash-back.org. And remember Earth Day this week!

Rick DeMark
Meredith

Welcome to our world, Mr. President

To the Editor:

Last Saturday, April 18, at a press briefing with members of the White House Coronavirus Task Force, President Trump referenced a graph that listed the mortality rates of 10 countries.

Belgium has the highest, at 45.20, at number 7 is the USA at 11.24, with China as the lowest at

0.33 per 100,000 people.

Pointing to China, he said “Does anybody really believe this number?”

I say to the President, “Welcome to our world.” Incredulous,

Paula Trombi
Meredith

Dark days

To the Editor:

So sad that the numbers of new Covid 19 cases matched a previous high and deaths soared to a new high of 6,393 for the 24 hours period on last Friday, April 17. It is hard to know what to say or do when one thinks about these numbers and the impact on families and friends.

Nationwide, there were 35,534 new cases. There was a similar spike in new cases on April 10, with 35,938. The numbers between April 11 through April 15 showed stabilization around of 25,000 per day, but the last few days show a real spike.

What makes this the worst day in USA history is the 6,393 deaths occurring on April 17 This is more than three times the approximate 2,000 deaths per day reported nationwide over the past 10 days. What is even more shocking is Covid 19 deaths from the New York Tri State Region total 5,280, or 83 percent of the total deaths reported nationwide.

Our prayers go out to all that have been impacted by Covid 19 and particularly to the people in the New York metro area.

Victor C. Jones
Moultonborough

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Opening businesses again safely

BY SEN. JEB BRADLEY
Wolfeboro

One of the key questions people are asking every hour of every day is, when will New Hampshire businesses be open again? Given the profound harmful impact the Corona Virus is having on New Hampshire's small businesses - which are the back bone of our economy - getting them

operating again safely and as soon as possible is critical. All of us that have depended on businesses like grocery stores, hardware stores, banks, pharmacies, gas stations and others are watching in real time as businesses adapt to this new reality of staying open while serving their customers — safely.

What have these business and all of us learned? Businesses have adopted spacing between customers with six-foot lines at checkout, waiting outside some stores to enter keeping people inside to a minimum, plexiglass shields to protect cashiers, and employees and customers wearing facial masks and gloves.

Supermarkets are adopting specific times for seniors to shop. Supermarkets are also asking people to only purchase limited amounts of paper products, cleaning supplies and food supplies like eggs to ensure that everyone can obtain what they require. Stores are sanitizing shopping carts and other surfaces people touch. We are only utilizing single use bags. Some markets are encouraging customers to send their shopping list electronically and then when orders are ready -- pick it up. Many other businesses are doing curbside pickup. Stores take an order at the door, fill the needed supplies and deliver them to the customer at the door. Gas stations are supplying disposable gloves for people to pump fuel. While people may not be buying new vehicles, they are getting current vehicles serviced. Most repair facilities are willing to pick up the vehicle, service it, clean it thoroughly

and deliver it back to its owner. Person to person contact is minimized but the vehicle gets repaired. Veterinarians are still treating our pets. Staff come outside the office to get the dog or cat. When the treatment is over, the animal is delivered to the owner outside. Many businesses have contacted me -- some that have remained open as essential services and some still closed. All of these business owners have told me they are working with the Center for Disease Control (CDC) guidelines and implementing distancing requirements so that they can safely be open or reopen and serve the public. We are seeing this every day how businesses are adapting and employing creative solutions to protect the health of their employees and customers. This creative thinking and reliance on CDC guidelines will be critical to opening our state back up again. What are the CDC goal posts that will be necessary to start to open closed businesses? First, New Hampshire will have to show a downward trajectory of positive Corona Virus infections as a percentage of the tests taken. Secondly, we will have to have adequate capacity in place to test for the virus, in particular for first re-

SEE BRADLEY PAGE A7

MARK ON THE MARKETS

Silver lining



BY MARK PATTERSON

With the pandemic in full swing and people hypersensitive to any news related to Covid-19, there are many people who have been laid off, furloughed or just out of work. While it is hard to find anything positive with the business closure and what I fear to be devastating to our economy in the near-term, let me try to find something positive here. Many people who have left jobs have left stranded retirement plans at their ex-employer's previous plans. Those plans can and should be moved to a self-directed IRA that will give the owner of the money much more flexibility, likely reduced fees and a chance to direct that money more suited to their goals and objectives. Most 401(k) and 403B plans are designed for the accumulation of assets, tax-deferred and with possible employer match to some degree. However, the choice for funds are typically limited and far too often expensive choices with attached administrative fees. Several years ago, I published an article on 401(k) plan likes and dislikes from the plan participant viewpoint. I accessed Fidelity's database and research that is available to the public or anyone searching online. To summarize this re-

search, revealed that up to 70 percent of plan participants do not believe that they were given enough help in choosing their allocations. Another group of people felt that their plan choices were not enough and were too expensive. It is a common complaint that I hear from clients that I work with regarding their company's plan. I try to help them with their allocations, but often find it difficult to find good choices with a very limited selection of mutual funds that often carry a high fee. Some of the smaller plans many times sold by brokers have a family of funds that are really expensive to the client. I've seen many 403B plans with no employer match provision and I've asked client why they're participating only to be told that they really didn't know other than the fact that it was offered. If you are in that position to where your plan offers no match you may want to review, why you are involved in the plan at all. A very powerful tool that is not advertised to the plan participant in most cases, is a provision in many 401(k) and 403B plans called "in service distribution", that means, the plan participant may still be involved in the plan and receiving a match however the existing assets in the plan may be able to be transferred to a self-directed IRA. This is a very powerful strategy that allows the plan participant to use any investment vehicle allowed in IRAs to custom build their portfolio to meet their goals, objectives and real purpose for the money. Most plans allow

for this distribution after the plan participant has reached the age of 59 ½. However, some plans allow for this distribution at any time. This can be found in the plan documents which all plan participants have access to. I encourage you to seek professional help if you are considering any of the strategies to ensure

SEE MARKET PAGE A7

HERBICIDE USE NOTIFICATION

NEW HAMPSHIRE ELECTRIC CO-OP (NHE CO-OP) intends to apply herbicides along various power-line rights-of-way during 2020. T herbicides Escort XP, Garlon 4 Ultra, Krenite S and Vanquish. Treatments are scheduled to commence on or about the **15th of JUNE 2020** following lines, taps and their respective municipalities are scheduled for treatment:

Town	Line	Town	Line	Town	Line	Town	Line
Acworth	8	Danbury	4	Lee	12	Plymouth	16
Alton	300,303,307, 308,309,313	Derry	15	Lempster	1,2,3,6,13	Raymond	R1
Andover	12,23	Dorchester	76	Lincoln	63	Rumney	7103
Ashland	32	Durham	12	Lisbon	3	Salisbury	23
Auburn	15	Eaton	11	Littleton	3	Sanbornton	128,129
Barnstead	1, 20	Eaton	11	Lyman	3	Sandown	15
Bartlett	TR,8,9,14,15,601	Effingham	8	Lyme	9	Sandwich	142,144,153
Bath	4	Epping	R1	Madison	11	Stewartstown	3
Benton	4,6	Epsom	3	Marlow	13	Sunapee	1
Bridgewater	15	Freedom	11	Meredith	110,121,12,124, 125,128,140	Sutton	10
Brookfield	6	Fremont	R1	Moultonborough	141,60,168	Thornton	51,54,55,500
Campton	13,1006	Gilmanton	300,309,310	New Druham	313,314	Tilton	128
Canaan	7,76,77	Goshen	1	New Hampton	15,122,125	Tuftsboro	3,146,180
Charlestown	2,8	Grafton	7,77	Newport	6	Unity	2,6,8
Chester	15	Hanover	9	Nottingham	13	Wakefield	6
Claremont	6	Harts Location	10,20,513	Orange	7,77,78	Washington	3
Clarksville	7	Haverhill	4,6	Ossipee	3,6	Wentworth	7
Colebrook	1,3	Holderness	30,32,33, 36,110	Pittsburg	7	Wilmot	10,12
Columbia	4	Jackson	6	Pittsfield	3	Wolfeboro	6
Conway	TR,14,15,16,17, 18,1 9,520,601	Landaff	4	Plainfield	6	Woodstock	54,62,64,500
Ctr Harbor	15,110,140						

NHE CO-OP lines can be identified by a metal tag attached to the pole with the following letter initials "NHE CO-OP" followed by a line and a pole number usually immediately under the co-op label.

In accordance with the N.H. Division of Pesticide Control Regulations, individual landowners whose preceive individual notification, fill out the attached Notification Request Coupon and return to the address as indicated below nolater than JUNE 1st, 2020. Requests received after this date will not be considered for this treatment cycle.

In addition to the written notification, individual landowners whose property abuts or over whose property the right-of-way passes, have the right to request and receive the approximate date, (within 5 days before or 5 days after the act ualdate of application) that herbicides will be or have been applied in your area.

Further information may be requested by contacting: VCS (Consultant to NHE CO-OP) Michael Couture, Project Manager - 2342 Main Street, Athol, MA 01331, Telephone 603-325-3227.

COUPON FOR PERSONAL NOTIFICATION REQUEST:

NAME: _____ TOWN FO AFFECTED PROPERTY: _____

STREET: _____ TOWN: _____ STATE: _____ ZIP: _____

TELEPHONE: DAY _____ NIGHT: _____

UNILITY INTITALS ON POLE _____ NUMBERS _____

REQUESTING:

☐ 30 DAY PRIOR WRITIEN NOTIFICATION

☐ 5 DAY BEFORE OR 5 DAY POST APPLICATION NOTIFICATION

In accordance with State Regulations, it is the duty of each landowner or resident to make VCS aware of the location of potentially affected private water supplies and any other environmentally sensitive areas where herbicide application should be further restricted.

☐ Spring or Well

☐ Crops or Pature Send Coupons to: VCS C/O Michael Couture, Project Manager, 2342 Main Street, Athol, MA 01331.

☐ Other

Thirty Day Written notification must be recived Michael Couture, Project Manager no later them **JUNE 1st, 2019**. Requests recieved after this date will not be granted until next treatement cycle.

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Patricia Ann Elliott, 88

CENTER SANDWICH — Patricia “Pat” Ann Elliott, 88, of Center Sandwich, died April 11, 2020, at Golden View Health Care Center in Meredith after a period of failing health.

Born in North Conway on Jan. 30, 1932, she was the daughter of Jerome and Eleanor (Brock) Steves. She was a resident of Center Sandwich for most of her life.

Pat was predeceased by her husband, Preston B. Elliott, who died in 2002, and her brother, Thomas Steves.

Pat is survived by her children, Michael D. Elliott and his wife Donna, of Center Sandwich, Darlene E. Burrows and her husband Jon, of Moultonborough, Bryan E. Elliott and his wife Sheryl, of Lovettsville, Va., and Barry P. Elliott and his wife Jennifer, of North Sandwich; eight grandchildren; several great grandchildren; sisters, Sidney Boardman of York Beach, Maine and Sally Davis of North Conway; and several nieces and nephews.

Pat worked as a bookkeeper at the former Elliott Hardware Store in Center Sandwich, and for many years as a cashier at E.M. Heath Supermarket in Center Harbor.



She ran “Pat’s Pantry” at Edwin Elliott’s summer auctions and at the Sandwich Fair. She and her husband, Preston, raised and sold Alaskan Huskies and Malamutes in Center Sandwich for many years.

Pat was a great mother and wife. Her life centered on her family and making a loving home. She always put her family and friends first. She always had a smile on her face, and loved to make people smile and laugh with her. She had a compassionate spirit, and her sunny disposition inspired kinship, friendship and love toward everyone in her life. Her loving spirit did not stop with family and friends but extended to all living things – she loved feeding her birds, wild turkeys, deer, and even a bear now and again. There was always a family pet or two in the house. She enjoyed

bowling and for many years, she was on a local women’s league. After her children were grown, she enjoyed going on vacations to Disney World with her daughter or to the Outer Banks with her children and grandchildren. She loved sports and was a huge fan of the Red Sox, Patriots and the Celtics. She was an avid reader and loved working puzzles on a cold winter day, and sitting around a table full of family playing dominoes, cards and board games. Pat was a member of the Moultonborough United Methodist Church in Moultonborough.

Services and burial in the North Sandwich Cemetery will be held at a later date.

In lieu of flowers, donations can be made in the name of Pat Elliott to New Hampshire Humane Society at <https://nhhumane.org/donate/donate-online> or 1035 Meredith Center Rd., Laconia, NH 03246.

Her family and friends will miss her dearly.

Mayhew Funeral Home and Crematorium, in Meredith and Plymouth, is assisting the family.

www.mayhewfuneralhomes.com

Remote

Continued from Page A1

where this is real,” Alison said.

Since then the kids have been figuring out their own workloads and pace.

“Now we’ve settled into a routine, it seems standard,” Jared said. “All the kids know where to go for their assignments, can tell the kids to open their daily playlist.”

He said the kids will start their work online and with the required materials in the morning and get through it as fast as they can. After their work is done their parents will give them little challenges and ways to ways to stimulate their learning. Alison said the work can get repetitive and boring, so they add real world scenarios to what they’re learning. The family also has a lot of land that the kids can explore.

As an older student, Audrey has been a bit more independent in her lessons. She has been meeting with friends over Google Meet and they have been doing their classwork together. The first graders don’t use videoconferencing and work by themselves. Audrey has also been getting into new subject areas while the twins have been more in a holding pattern lesson wise.

“The school work they’re okay with, you can definitely tell they miss the social interaction with their friends,” Jared said.

Jared said the kids have been getting snarky with each other. Alison said they have been finding ways to keep up fun activities for the kids under the current circumstances.



COURTESY PHOTO

The kids pick up their materials for remote learning, saying goodbye to Inter-Lakes Elementary School.

“We also don’t want them just logged onto a computer for six hours, we can go outside and we can paint our own stuff,” Alison said.

Audrey was in band and played sports in school, all of which stopped when school closed. Her parents have been looking up sheet music so she can still play.

All of the kids have been writing letters to their friends.

“They seem pretty happy and healthy,” Alison said. “They understand that this is important and why we’re doing it sort of to a certain extent.”

Alison and Jared have spoken to the kids about COVID-19.

“We basically presented how important it is to protect the people we care about,” Alison said. “We’ll explain to them we’re watching out for grandma and granddad; we want them to be safe and healthy. They obviously don’t understand the whole impact to businesses, they realize that we have to do whatever we can to make it best for everybody.”

One night the family had a virtual birthday party for Alison’s father who lives in

Florida.

“Technology’s fantastic, I can’t imagine what we would be doing without the current level of technology in the world,” Alison said.

She said their family members have always lived across the country and they have stayed connected with them. The current situation is unique, but they were already familiar with using technology to stay connected.

The current situation has also allowed the family to bond more. Alison said Jared has been really good with the kids while he works from home.

“We haven’t had this opportunity to be together so much because my husband travels for work and the kids are in tons of activities,” Alison said.

She said the best way to approach this has been to emphasize that they get to spend time together and do fun things.

“I’ve been enjoying hanging out with these people I’m related to, as long as you present it that way it’s nice to hang out and know that we’re all home and safe,” Alison said.

Pantry

Continued from Page A1

“Please come, we’re

open and we’re here to serve you,” Rayno said. “We’re here to help you as much as we

can, don’t go without for sure.”

Rayno said the pantry has been seeing an increase in requests due to economic hardships caused by coronavirus related shutdowns, furloughs, and layoffs. Currently they are in need of food donations and have been spreading the word to the public. She said they have been getting a lot of checks from people. While they appreciate every donation right now, Rayno said donations of non-perishable food are the most needed.

The food pantry is located at 147 Main St. in Meredith, and is currently open Tuesday through Thursday from 9 a.m.-1 p.m. For more information, call 279-4096.



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Rescheduled

Continued from Page A1

Laconia Kiwanis Club has also joined as a sponsor along with All-Brite Cleaning and Restoration, Bank of New Hampshire, GCE Engineering, and AutoServe. Brusseau said the sponsors cover the costs of the awards so all the money raised can go to the nominees and winners to do their acts of kindness.

Overall, she said a lot of people have really been supporting the event.

In the meantime many of the award nominees are working to help their communities during the pandemic. She said she sent an email to the nominees asking what they have been up to since the Stay at Home order was issued and received a number of responses.

Liz Guillote, a student at Franklin High School who was nominated in the High School category, put

two weeks worth of supply bags for students and also checks on peers in general to see how they're doing. She and fellow members of the FHS Robotics Club donated food and feminine products to a local pantry. Guillote and some friends have also delivered hand sanitizer and gloves to first responders in Franklin.

Jasmine Morrisette of Inter-Lakes High School, who was also nominated in the High School category, has been working with her church to plan remote ministry lessons for children and youth and has been helping to plan summer camp. Morrisette has also been working with her fellow members of the Inter-Lakes Interact Club, which has done a number of community activities.

Middle School finalist Landen Brothers from Laconia Middle School bought coats for the Santa Fund of the Greater Lakes Region with his mom.

Another Middle School finalist from Laconia Middle School Carter Jones has been working with his mom Amy Jones of Studio 151 in Laconia to put together remote exercise challenges for families.

Landen and Carter are both members of Cereal Heroes, a group of kids who get breakfast food for kids in need and other acts of kindness in their communities. Last November, Gina McGuire and Amy Jones won Lakes Region Dancing with the Stars to benefit Cereal Heroes and that money has made several community efforts possible through the pandemic. The Cereal Heroes have donated \$2,500 to Laconia Got Lunch and provided gift cards to Vista Foods for Got Lunch volunteers. The group has also been delivering care packages to healthcare workers at Lakes Region General Hospital and first responders in Laconia, Gilford, and Belmont.

Caregivers

Continued from Page A1

focusing on grocery shopping and running errands for its neighbors. Due to physical distancing, volunteers are not taking neighbors for these essential services, but have been willing to shop for or pick-up and deliver groceries to our neighbors. Prescription pick-up and delivery continues. All include implementation of guidelines provided by public health authorities.

Although most medical appointments have been cancelled by medical providers, some are deemed urgent and neighbors need rides to them. New procedures such as sanitizing the volunteer's vehicle before

and after the ride and having the neighbor ride in the back seat have been implemented. Rides to medical appointments typically are the #1 requested service by neighbors, making up about 90 percent of services. Friendly visits have been temporarily suspended, but friendly check in calls have been encouraged to address isolation.

Staff continues to communicate with medical facilities regarding pending appointments and with local grocery stores to understand and communicate best shopping procedures. Prior to the ultimate temporary lock down of local nursing homes and 55-plus communities, staff reached out to them to learn their transitioning require-

ments. Community Caregivers thanks the Meredith Altrusa Club for providing free, handmade face masks and Liz Breton, Manager of Ben & Jerry's-Meredith for creating ear savers which have been distributed to volunteers.

For more information, please contact Ann Sprague, Executive Director at 253-9275, ext. 4 or email Director.Caregivers@gmail.com. Please note that staff is basically working from home and office hours are intermittent during the Governor's stay at home orders, but phone lines are being monitored. Please visit their website at www.InterLakesCommunityCaregivers.org or follow them on Facebook.

Faith

Continued from Page A4

er we were doing and shelter in place, but to pay attention. What are we learning? What are we feeling, deep down? What is essential?

Part of us longs to just get our old life back, still clear in our minds. Shall we pick up there, where we left off, or pray for something better? How could you or I, in our small but mighty way, help make that happen? What would you give for a quieter, cleaner, kinder world? What would you give up?

Look at Mother Earth's response to all this. She's done a lot and very quickly. We've seen her healing power in satellite images of the air clearing over China after the shutdown of industrial plants. We've rejoiced in dolphins cavorting in Italy's clear waters after mere weeks of decreased tourist traffic. Earth has responded to humankind's actions more swiftly than anyone could have imag-

ined.

We will help science fight Covid-19 with rigorous personal discipline (harder than it looks). With hope. And with prayer. We must also commit, once the immediate danger has passed, to making the world a better place. If, with hard work and grace we are given a next time, what will it take to resist the temptation to go back to our old ways? What will help us create the next chapter?

I write just before dawn on a dark stormy morning, rain hammering on the deck. Out there in the downpour a robin is singing its heart out. Calling out to a friend, perhaps, or just praising the day. Author E.B. White comes to mind: "I wake up each morning torn between a desire to save the world and a desire to savor the world. This makes it hard to plan the day."

Those of us at home have time to think about that. Let's use it well.

Rev. Betsy Tabor serves the Unitarian Universalist Fellow-

ship of the Eastern Slopes (UUFES) in Tamworth, a congregation known for diversity and inclusion. Curious about the Unitarians? All are welcome, all Sundays, at 10 a.m. Zoom details at www.uufes.com.

Bradley

Continued from Page A4

sponders and front-line health care workers. Further, health care facilities will have to have resources to treat patients and there must be adequate protective gear. Our state is making progress with all of these factors. This progress will hopefully enable us to move to a phased re-opening of our economy sooner rather than later.

Why is re-opening so important? 22 million Americans are now out of work. In New Hampshire 100,000 of our friends and neighbors are out of work and the number continues to grow. The statistics are alarming in aggregate. But for each individual hard-working person or small business owner the threat is dire – the ability to provide for their families and survivability of their business.

New Hampshire needs to be open as quickly as possible, but also as safely as possible. At risk people with medical conditions should continue to minimize their exposure.

Alumni

Continued from Page A3

your generous IMO (in memory of) donations and business ad sponsorships. All will be

reflected in the 2021 program booklet along with any others that we receive between now and next June.

Help us pass the word about this cancellation via social me-

dia and word of mouth. If you have questions, please contact us by e-mail: interlake-salumniassoc@gmail.com or the USPS: MILAA, PO Box 1076, Meredith, NH 03253.

Caregivers

Continued from Page A1

that you don't create a taxable event.

If you would like more information

about a plan rollover or in-service distribution, please feel free to contact us. We can videoconference; DocuSign and work electronically in this difficult environment

Mark Patterson is a portfolio manager at MHP asset management LLC and can be reached at 447-1979 or Mark@MHP-asset.com.

other businesses that are closed so that they can safely open in a responsible phased manner consistent with the CDC guidelines. It is critical that we are both as safe as possible while being open for business. We can do both!

On another note, with Gov. Sununu continuing the closure of schools it is critical that we salute the hard

work and creativity of teachers and administrators to remotely teach kids. Parents also have worked very hard to ensure their kids are participating in remote learning. At a time of crisis these heart-warming efforts are inspiring.

Please keep safe and healthy and if you have any questions or concerns, don't hesitate to contact me at 387-2365.

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Edward Jones: Financial Focus

Earth Day - Time to "Go Green" with Your Investments?

Over the past several weeks, many of us have been working from home in response to the "social distancing" necessitated by the coronavirus. Nonetheless, we still have opportunities to get outside and enjoy Mother Nature. And now, with the 50th anniversary of Earth Day being celebrated on April 22, it's important to appreciate the need to protect our environment. Of course, you can do so in many ways – including the way you invest. Some investors are supporting the environment through "sustainable" investing, which is often called ESG (environmental, social and corporate governance) investing. In general, it refers to investments in businesses whose products and services are considered favorable to the physical environment (such as companies that produce renewable energy or that act to reduce their own carbon footprints)

or the social environment (such as firms that follow ethical business practices or pursue important societal goals, such as inclusion and pay equity). ESG investing may also screen out investments in companies that produce products some people find objectionable. ESG investing has become popular in recent years, and not just with individuals; major institutional investors now pursue sustainability because they think it's profitable – and plenty of facts bear that out. A growing body of academic research has found a positive relationship between corporate financial performance – that is, a company's profitability – and ESG criteria. So, although you might initially be attracted to sustainable investments because they align with your personal values, or because you want to hold companies to

higher standards of corporate citizenship, it turns out that you can do well by doing good. Keep in mind, though, that sustainability, like any other criteria, can't guarantee success or prevent losses. In any case, be aware that sustainable investing approaches can vary significantly, so you need to determine how a particular sustainable investment, or class of investments, can align with your values and fit into your overall portfolio. Specifically, how will a sustainable investment meet your needs for diversification? For example, if you desire total control over how your money is invested, you might want to invest in a basket of individual stocks from the companies you wish to support. But if you want to achieve greater diversification, plus receive the benefits of professional management, you might want to invest in sus-

tainable mutual funds. Be aware, though, that even though they may not market themselves as "sustainable," many more mutual funds do incorporate sustainability criteria into their investment processes. You also might consider exchange-traded funds (ETFs), which own a variety of investments, similar to regular mutual funds, but trade like stocks. ETFs often track particular indexes, so an ETF with a sustainable focus might track an index including companies that have been screened for social responsibility. Make sure you understand the fundamentals of any sustainable investment you're considering, as well as whether it can help you work toward your long-term goals. But by "going green" with some of your investments, you can help keep the spirit of Earth Day alive every day of the year.

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Devon Sullivan
Financial Advisor
164 NH RTE 25
Suite 1A
Meredith NH 03253
603-279-3284
Fax: 864-644-4469
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PO Box 176
Meredith NH 03253
603-279-3161
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jacqueline.taylor@edwardjones.com

BY DIANE COOK-JOHNSON
Contributor

While we all deal with life in these times, it is good to be reminded that every day brings something new--some of it good. I just took a little coffee break and heard a new song by Jason Mraz. The title is "Look for the Good". When I came back to my computer to finish going over this week's column, I put my headphones on and listened again. As I read through all the things being done around here to keep things going, the lyrics just seemed perfect. I do hope that you will take a few minutes to listen to this song and to think of all the people you know and those that you hear about. At the end, you will say thanks and Amen.

It is super easy to get caught up in the news. Many of the statistics and stories will bring you down. If you are sick or have a loved one who is suffering, it is just that much easier to feel hopeless and out of control. Look for the sad and you will surely find it. Look for the good and you will find that as well. Find good this week and give thanks.

Village Art Cafe and Country Store

Nick and Elaine Vazzana, owners of the Village Art Cafe & Country Store (284-7071), have been very supportive of our community during this pandemic. They are making soup and other food daily and they are carrying groceries, and needed supplies like hand sanitizer and toilet paper. Even though, we cannot gather inside and everything is order, take and go, the Cafe is a hub of our community. We are grateful for the care and love.

Special Orders to Go

Lexi Townsend, owner of the Corner House (284-6219), has added a service where people can order and add items to the restaurant's bulk order and have food available for pick-up on Friday morning when the produce and meats arrive. Friday and Saturday evening, Lexi and some of her staff are preparing

meals for order and pick up.

Yoga to Go

Dragonfly Yoga is running on-line Yoga Class. Please visit the website for Dragonfly Yoga Barn, Studio and Retreat Center.

Community Church of Sandwich

Sunday morning worship is usually at 10 am in the Methodist Meetinghouse. Rev. Deb Hoffman is the minister. Pastor Deb posts uplifting thoughts and prayers every day and leads Bible studies via Zoom.. Each week she prepares and records a special church service complete with children's sermon and music. You can watch this post Sunday mornings at 10 am during the regular worship time; or, you can watch any time. All are welcome. If you would like to receive the posts from the church in your email, you can contact the church at 284-6151 or sandwichchurch@gmail.com

For the next several weeks, the church buildings will be closed to the public due to concerns over COVID19. However, the church is made up of people who need worship and prayer. Visit the Community Church of Sandwich NH Facebook page and worship online...or just spend some time with God in prayer, reading scripture or just sitting and listening for God's voice. For the next several weeks, the church buildings will be closed to the public due to concerns over COVID19. However, the church is made up of people who need worship and prayer. Staying at home, treating this as a time of Sabbath and caring for and checking on your neighbors may be the most faithful choice, and one that very well might save lives. I hope we all consider this loving response, as we prepare our hearts for the generosity and our minds for creativity that will be needed in the aftermath

Please Use the Sandwich Fairgrounds Responsibly

The Sandwich Fair

Board of Directors welcomes residents to the fairgrounds to enjoy the open space and walks with their families and pets. Please remember that while they are glad to see kids playing, families walking, and pets being exercised on the fairgrounds, be mindful of picking up and disposing of pet waste, and respecting the buildings and property. In recent years, there have been a few instances of buildings being broken into or property moved. This has sadly occurred again this year with a door to a building being pried open. Repairing broken buildings and replacing lost or broken equipment diverts our energy away from making other improvements to the fair. We are looking forward to another summer of preparations and opening up again on Columbus Day weekend to bring the Sandwich Fair back to the community and region.

Transfer Station

Transfer Station operating hours will remain as usual (Sunday, Wednesday, and Friday 8-4 and Sunday 12-4). In an effort to keep social distance and minimize time at the Transfer Station, only one car at a time came move up to the dumpster and then unload quickly and proceed promptly. Household Trash is the only thing accepted. No Recyclables will be accepted. The Swap Shop is closed. No construction debris, or other waste that that incurs a fee. Residents are encouraged to visit on Wednesday or Friday to reduce traffic on Sunday. Folks are encouraged to stockpile recyclables until May, 4 (hopefully).

Town Offices Closed Wednesdays and Fridays

The Selectmen's Office and Town Clerk are not working in Town Hall on Wednesdays during this Covid-19 time. The offices are usually closed on Fridays. For information regarding Covid -19 and the impact to our town we have a link on the town website sandwichnh.org under the information icon.

Thank you all for your cooperation and diligence in these difficult times. Please stay

home and remotely check on friends and neighbors.

Town Hall and Town Clerk

Town Clerk, Allison Gage writes: Town Hall and the Town Clerk/Tax Collector's Office is closed to the public. I will be available by appointment only to transact business that must be done in person.

Almost ALL transactions for the Town Clerks/Tax Collector's Office can be processed via mail, or better yet – leave your documents/check in a Self-Address Stamped Envelope in our DROP BOX.

Dog Renewal... Drop Box--Due by April 30
Vehicle Renewal ... Drop Box
Property Taxes... Drop Box
Vital Record ... call to arrange appointment

New Vehicles – if you have 20 day plates, please wait to register. Call my office to discuss and to arrange an appointment.

Additional information to follow from the Selectmen's Office.

Town Clerk/Tax Collector 284-7113
Selectman's Office 284-7701

Census 2020

Have you been counted? If not here is the information you need to perform this very important task.

If you HAVE a Census packet you can complete it on-line at <https://my2020census.gov/>
OR return completed documents via mail.

If you HAVE NOT received a packet then you MUST go to their Website: <https://2020census.gov/>
And follow the steps to complete

Also, if you prefer, you can contact them via phone at 1-844-330-2020 and speak to a real human being who will take all your information.

Information

The Sandwich Board and a couple of websites have been keeping Sandwich people up to date. Janina Lamb has been keeping the Discover

Sandwich website updated. She has started a new tab called "Sandwich Responds" which has information about local businesses and the response they and the town are making in this most uncertain time. The website also has contact information for member businesses so you can contact them with any questions. The Town of Sandwich (sandwichnh.org) also is posting updated information on COVID-19 and the town's response..

Writing this column weekly, keeps me connected. If you cannot find the information you need, you may call or text me (Diane Johnson) at 603-284-7168 or email me at sandwichnews@hotmail.com. I may not immediately have the answer; but I can often steer you towards a person or place that will.

Fire Permits Required

Fire Permits are now required. Because of the current shut downs and to keep our few front line firefighters and Town Staff as safe as possible, please get your permits online. Go to nhdfweb. sovsportsnet.net or just Google "nh fire permits" and go to the page for the on-line permit. Read all the information and fill out the form. No matter where you get your mail delivered, please fill in Sandwich when it asks for the town or city and 03227 for the zipcode. I think this will keep the processors happier. The on-line permit will cost you \$3.00. Please do not go the the Town Hall or Ben Adriance's house, or stop by the firestation.

If for whatever reason you feel unable to get a permit on line call Sandwich Forest Fire Warden Jim Mykland at 603-284-6450 or 603-387-7104 or call the Fire Station at 603-284-6264 to see if someone is there. Leave a message with a call back number and I or Chief Call will write out a permit and leave it to be signed in the small white letterbox on the Moultonborough side of the Central Fire Station by the side door. Please read it and sign it and take the WHITE copy and leave the yellow copy in the box.

This might take a day or two so plan ahead. If you want a permit, don't wait until the last minute.

All the usual rules apply: nothing bigger than 5 inches, no painted or treated wood, nothing but wood, no building materials, etc., only burn between 5pm and 9am. For seasonal camp fires or cooking fires call me at the above numbers.

Jim Myklands adds as a final note: Looking back from more than 45 years of firefighting experience I can say without qualification there is nothing that you feel you have to burn that can't wait a week, a month or a season. Please keep this in mind and don't put the safety of your Firefighters in danger. Burn later.

Sandwich Emergency Management

Town of Sandwich COVID-19 Municipal Operational Plan, 3.18.20:

The Selectmen continue to meet with Town Department Heads and our Emergency Management Team to review the evolving COVID19 guidelines from state and federal agencies. The challenge is to provide Town services with GREATLY reduced direct contact. This is essential to protect all members of our community, especially the most vulnerable. Sandwich residents have always taken good care of each other. They ask that this continue in terms of sharing transportation, home supplies, and even internet access. Checking in with neighbors will help all of us get through this together.

Rest assured that officials are monitoring all local developments related to COVID-19, and your Town officials are committed to timely and ongoing communication about any and all changes to the town's operating status as well as any recommendations to the public from public health and government officials.

You can read the latest developments and recommendations for the State of New Hampshire here: <https://www.nh.gov/covid19/>
The Selectmen's Office

SEE SANDWICH PAGE A9





CORNER HOUSE
RESTAURANT & BAR




Thank You
Jane & Don Brown
FOR 39 YEARS
OF DEDICATION
to Sandwich, NH.

Lexi Welcomes
You to Explore
Sandwich...
*Visit Us on Facebook & Instagram
for Our Weekly Events.*

22 MAIN ST, CENTER SANDWICH, NH 03227 (at RT. 109 & 113)
PHONE: 603-284-6219

Meredith Food Pantry

Tues., Wed., Thurs.: 10am-1pm
**New Hrs:
WED 4-6**



**147 Main St.
279-1115**

SERVING MEREDITH, NEW HAMPTON AND CENTER HARBOR

Sandwich

Continued from Page A8

file: 284-7701 tos@cyberpine.net Town Clerk/Tax Collector: 284-7113 tctcsandwich@cyberpine.net

Situations and plans are evolving. Full and updated reports on protocols for all our Town facilities and departments will be posted on the Sandwich Board as they are discussed and approved by the Selectmen and Emergency Management team. Stay tuned, be safe, and be well.

Samuel H. Wentworth Library

The Library and Community Room is closed to the public until further notice. All programming and meetings scheduled in the Library are cancelled - Library-sponsored or otherwise. Updates via the Sandwich Board and the Library's Facebook page will be posted. This week, you can access Heritage Quest, a genealogy program, and you can learn about a chance to make and read poetry on the Library grounds. April is National Poetry Month. To celebrate poetry and nature, discs of wood (Thank you Tom Thiel and the Friends of the Library) are available for you to write Haiku.

For those that wish to share access to information to those not currently on the Sandwich Board, a link for signing up to the Sandwich Board is here: <https://groups.google.com/group/sandwich-board>

For the time being, please know that due dates on all materials are extended through at least May 6. Please do not try to return your checked-

out items to our drop boxes - both are sealed shut. Also, please ignore automatically generated late notices that may appear in your email.

One uninterrupted service that the library continues to offer is the opportunity to download e-books, audiobooks and magazines at home with your library card. This is through the NH Downloadable Books program and the Overdrive website. The link for the full Overdrive catalog is <https://nh.overdrive.com/> and you can find Overdrive's children-specific catalog at <https://nh.overdrive.com/library/kids>. If you do not know how to login to your account on Overdrive, you can email sandwichlibrary@gmail.com and a staff member can help to get you going. A link to directions to use Overdrive offerings is posted on the Sandwich Board and Facebook page. You need to know your Sandwich library card number. If you do not have a card or if you don't know your Library card number, please email the library and a staff member working from home, can get back to you with the information and/or issue a card number for you..

The Library is committed to the safety and health of our staff and the public. We wish everyone good health through these difficult times and look forward to seeing you in the building once the COVID-19 disruption abates.

Sandwich Animal Hospital

Veterinarians Casey and Adrien write: With the concerns about COVID-19 (Coronavirus), please know that we are doing our best to maintain a safe environment for all our clients and staff. We have many clients in high risk groups (such as elderly, immunocompromised, or with underlying medical conditions), so we ask for all of your help and support as we navigate this situation. In the clinic, we have instituted more rigorous and enhanced cleaning and disinfecting protocols (above and beyond our usual comprehensive protocols).

If your pet is sick or having a medical issue, or if you need to make and appointment or pick up medication, the doctors and staff at SAH will be here to help you and your pet for as long as we can. Please call us (284-6206) to arrange bringing your pet in for medical care.

Destiny

Carl Howe Hansen writes: Isolating ourselves offers the opportunity to endlessly read. I would encourage supporting local authors, of which there are many. I am currently offering my book, *Destiny*, for free download on Smashwords (smashwords.com). There are many authors offering their books at deep discounts. What could be better than a good book by the fire (turn off the bloody TV!).

North Sandwich Friends Meeting

Due to Federal and State recommendations regarding gatherings during the Coronavirus situation, the Friends Meetinghouse will be closed until further notice. They can be reached through email at: nsmnh@gmail.com

Community Food Center

The hours of operation for the CFC are now 3-7pm at St Andrew's in Tamworth on the following Wednesdays in April: the 15th and 29th; no Tuesday or Friday dates during April.

You will need to bring a cell phone and call phone numbers that will be posted in the parking lot. Workers inside will read from a list of available

food, and you can tell the person taking orders what you need. We will be gloved and masked, to respect COVID-19. They will fill your order and place it on a table at the end of the ramp, and you can pick it up there. Those who lack cell phones can call 603-323-8515 and pick up their food later. Also, call 603-323-8515 in case of hard rain.

contact Donna Grow at 476-5110.

Volunteer Deb Kissell adds: Donna is ensuring that the program is as safe as possible given the circumstances. Uncharted territory for all, to be sure. Should you call for a meal, please be sure to thank Donna for her dedication.

Thank you, be safe!

In the Round

In the Round is meeting via ZOOM. Information on joining us on Sunday morning at 8:45 am is at the end of this email. The topic for this Sunday centers around our changing society and how our world will emerge from this Covid-19 pandemic. Do we want to return to "business as usual" or is this a time for us to break those old addictions and habits that have normalized our way of being in this time. How do we empower ourselves and not fall back into old destructive patterns? Can we write a new story for our future? How about becoming an environmentally sustaining, spiritually fulfilling, socially just human presence on this planet? ZOOM link or phone dial in number: Join Zoom Meeting <https://zoom.us/j/806102625> Dial in: +16465588656,, 806102625#

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PET OF THE WEEK

JOAN

Meet sweet Joan! Joan came all the way from Lubbock, Texas to find her forever family. She is a 2 year old boxer mix ready for adventure. Joan is currently learning quite a bit at our shelter. She is food motivated and willing to train! Currently Joan knows sit, down, is learning leash skills such as 'with me' aka heel, and loose leash walking. Joan would do best in an active adult only home as the only animal. If prospective adopters have another dog, we are happy to try them, however Joan has been a little over the top with her doggy friends. No cats for this sweetheart!



NH Humane Society
Over a century of love for those without a voice.

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PLANNING BOARD TOWN OF SANDWICH

8 MAPLE STREET, PO BOX 194
SANDWICH, NH 03227

Public Hearing Notice

Notice is hereby given in accordance with RSA 676:4 & 675:7 that a Scenic Road Tree Cut application has been submitted to the Sandwich Planning Board and will be reviewed by the Board at Sandwich Town Hall on Thursday, May 7, 2020 at 7:00 P.M.:

Case #2020-01, Road Agent, Scenic Road Tree Cut

A proposal to complete tree removal/maintenance on the following roads: Dinsmore Pond Road (tree cutting and high limbing on entire road); Wing Road from Whiteface Road to Maple Ridge Road (tree cut and high limbing); Tilton Haley Road (high limbing and removal of 1 tree); Currier Lane (tree cut and high limbing); Top of the World Road (tree cut and high limbing); Bennett Street Loop (tree cut, including dead trees and dangerous trees, and high limbing). Designated trees marked with yellow ribbons and, on Top of the World, also green tags.

Upon a finding by the Board that sufficient information has been provided to initiate formal review, the Board will accept an application and a public hearing on the merits of the proposal will follow immediately. Should a decision not be reached at the meeting, an application will stay on the Planning Board agenda until such time as it is either approved or disapproved.

Sandwich Planning Board
Posting Date of Notice: April 16, 2020

Not the time to check your child's car seat.



safercar.gov/TheRightSeat



Moultonborough Recreation Dept. Weekly News

BY MARY BENGTON
Contributor

Your Moultonborough Recreation staff is hard at work designing and planning a fun summer for people of all ages. It is our sincere hope that all summer trips, lessons, programs and activities will go on as scheduled. Summer program registrations are open online. Our Summer Brochure is available on our website. The brochure provides information and details regarding our summer trips, programs and activities. We are offering adult fitness, swim & tennis lessons, summer camps, day trips, summer concert series, our new Corn Hole League and more! We are planning 7 one-week sessions for campers entering grades K-7 and will offer Full day, Half day and Extended day camp options. Payment Plans will be available – call or email our office for details. See our website at www.moultonboroughnh.gov/recreation-department for information or call us at 476-8868.

Due to the ongoing Covid-19 virus crisis, the Moultonborough Recreation office will be closed to the public until further notice. Our office may not be staffed for regular business hours and staff may not be available to answer the phone. Your questions and concerns are important to us. Therefore, we ask that you go to our website at www.moultonboroughnh.gov/recreation-department Click on one of the staff contact names at the bottom of the page. This will take you to a screen where you can email us. E-mail-boxes will be checked remotely. We will respond to your inquiry as soon as possible. We will continue to accept and process registrations received online, via the US mail or in our drop box. We truly hope you are all in

good health and good spirits. We miss seeing and talking to all of you and hope all our lives return to normal soon. Until then, please drop us an email – even if it is just to say hi.

Spring is here, with a good dose of cabin fever. Make the most of the current situation and the surreal world around us by taking a walk on the wild side - get outdoors, enjoy nature and all it has to offer. We invite people of all ages to have some fun with our Spring Bingo challenge! Here's how to play: go to our website and click on the Spring Bingo link. Print your Bingo Card and start having FUN! Try to complete all or most of the activities! When the Rec Office re-opens, bring your bingo card to us and we'll have a little prize or treat for you! Some activities are for warmer days which are coming soon! Now get outside and Beat the Corona-Blues! The staff at Moultonborough Recreation would love to receive some photos via email showing how you can "Have Fun Today" despite the challenges facing us all. We'll post them on our Facebook page to inspire our friends and neighbors. Send your photos via email to: dtatro@moultonboroughnh.gov.

In this time of Social Distancing, let's stay Together Apart and recreate at home. We can all be Home REC-ers! Our new reality of Social Distancing and Stay at Home orders can be isolating, frustrating & frankly kind of boring. MRD would like to share ways to practice our motto of "Have Fun Today" and enjoy recreation at home - be Home REC-ers! Click on the Home REC-ers link in News & Announcements section of our website for helpful hints, healthy practices & fun activity ideas for people of ALL ages. Have an activity idea to share? We'd love to hear about it, or better yet... send your video or pics to: dtatro@moultonboroughnh.gov. We may post them on our FaceBook page! You can also see our hints & pics by liking us on FaceBook: Moultonborough Recreation Department.

See our website at www.moultonboroughnh.gov for information on MRD activities or call us at 476-8868. Check our FaceBook page for cancellations or updates regarding our events and programs. The Moultonborough Recreation Department is located at 10 Holland St., Moultonborough.

AT THE LIBRARY
Moultonborough
Library News

BY JANE RICE
Contributor

Children's librarian, Mrs. Gulla, is continuing to create online storytimes from her home, including easy picture books and short chapter books. All the read-aloud stories are on the Moultonborough Library Facebook page, and are available to watch at your convenience. Over 6,000 views in the first two weeks! Chapter books so far include "The Absent Author" in the A-Z Mystery series, and "Upside Down Magic," with "Dinosaurs Before Dark" in the Magic Tree House series planned for next week. One storytime even included a "reveal" of the summer reading program theme, which is "Imagine Your Story," and includes fairy tales, fantasy, and mythology. She is also coordinating with the schools to do a read-aloud for the kindergarten once a week, and a kindergarten "Book Buzz" challenge to read 20 minutes daily during what would have been April vacation, and participating in online library classes.

ing room, and appointments for assistance with the New Hampshire property tax relief form have been cancelled at this time. If we are able to open sometime in May, we will contact anyone who needs to reschedule.

The library building will remain closed until at least May 4 in accordance with Governor Sununu's stay-at-home advisory, and the book drop has been sealed. Please keep your materials in a safe place until we are able to reopen. Just don't forget where you put them!

For children of all ages, get your Harry Potter fix this month through the New Hampshire Downloadable Books program. The first in the "Harry Potter and the Sorcerer's Stone," will be available for the month of April, for an unlimited number of readers and listeners.

Access to a digital collection of over 25,000 audio books, e-books, and magazines is available online using OverDrive and/or the Libby app through our Web site, and you may borrow up to three titles at one time. You can set your preference for a checkout period of 7 or 14 days and titles can be returned early to make them available for others as soon as you have finished. Due to the limited budget of the State Library, not all books are available at all times to download, so if your first choice book is already in use, try the "available now" search feature. If you have any questions about downloading books or other technology that can be answered by email, you can contact Megan at mpl.megang@gmail.com.

Visit our Web site at www.moultonboroughlibrary.org and click on the tab for downloadable audio & ebooks to learn more. You can log in using your library card number, preceded by the numbers 4582. If your library card doesn't work in Libby it may need to be updated, and we can do that remotely if you get in touch with a librarian online by emailing us at moultonborough-publiclibrary@gmail.com. We can also create a new library account for anyone who needs to access digital books. For a list of new titles added weekly, user tips for various devices, troubleshooting, and other updates, visit the blog at nhd-books.blogspot.com.

The Scribd website offers 30 days of free online magazines, ebooks, and audiobooks though the following link: scribd.com/read-free. Make sure to use this link to get to the

SEE LIBRARY PAGE A11

**Turning Point
Christian Fellowship**



we are live streaming
Sunday at 10AM on our
Facebook page
@TPChristianFellowship
and look for us on YouTube

72 Whittier Hwy, Moultonborough, NH
behind Dunkin Donuts

NEW HAMPSHIRE

2020 SEASON

SUMMER GUIDE

Lakes Region • Concord Area • Mt. Washington Valley • White Mountains • Great North Woods

The **ONLY** tourist publication promoting New Hampshire from the Lakes Region, Mount Washington Valley and White Mountains all the way up to the Great North Woods.

DISTRIBUTED WEEKLY STARTING THE END OF MAY TO MORE THAN 400 LOCATIONS THROUGHOUT NEW ENGLAND INCLUDING... MASSACHUSETTS, RHODE ISLAND, CONNECTICUT & NEW HAMPSHIRE

SIZE & PRICING INFO.

FULL PAGE WITH BLEED.....	\$790
FULL PAGE WITHOUT BLEED .	\$790
2/3 PAGE	\$576
1/2 PAGE VERTICAL	\$433
1/2 PAGE HORIZONTAL.....	\$433
1/3 PAGE SQUARE.....	\$311
1/6 PAGE VERTICAL	\$163
1/6 PAGE HORIZONTAL.....	\$163
1/12 PAGE SQUARE	\$92

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WEDNESDAY, APRIL 29TH**



To place an ad please contact:
Tracy Lewis
(603) 616-7103
or tracy@salmonpress.news

Lori Lynch
(603) 444-3927
or lori@salmonpress.news

Lions Club continues to serve the community during Coronavirus crisis

MOULTONBOROUGH — Back in March, the Moultonborough Lions had recruited more than 50 members of the community to come together to form assembly lines to package 10,000 individually wrapped meals of pasta and tomato basil sauce. A project like this had never been attempted before in this area and yet it was received with so much enthusiasm.

The Lions had coordinated with a non-profit organization called “The Outreach Program” to purchase the meals and materials. Members from the Program would provide training and assistance during the packaging process. Everything was a ‘go’ and then the Covid-19 virus caused it to be cancelled...or not!

Now for the rest of the story called “Lemons to Lemonade.”

Since the Lions had already purchased the meals, the Outreach folks agreed to package the meals and drop them off at a half way point. Lions Pete Strople and Don Trudeau agreed to meet them and deliver the meals to the club on April 11.

From there, the Food Packaging Committee took over. Lions Peter Allen, Pete Strople, Dawn Law, Sally Sibulkin, Don Trudeau, and Michelle Duddy were able to deliver the boxes of food containing 10,000 individually wrapped meals. There were 216 meals in each box. They were donated to Bridge House in Plymouth, Belknap House in Laconia, the Tamworth Food Pantry, the Agape Thrift Store

Library

Continued from Page A10

30 days free offer and you won’t need your credit card.

The publishers of Tumble Books have made their catalog of ebooks and audiobooks including many children’s books and some titles in Spanish available online for free, and links to their website with the login information can be found on the library website.

The IRS has announced that all income tax payments will now be due on July 15, so don’t be too concerned about missing your AARP appointment or filing for an extension. When we find out availability of the AARP volunteers we will call everyone who has missed an appointment due to the library closing.

Technology
Our wi-fi network is



COURTESY
Moultonborough Lions Club members Pete Strople and Don Trudeau packed their vehicles to the brim with 10,000 individually wrapped meals for delivery to the local communities.

and Pantries in West Ossipee and Center Harbor, the Calvary Bible Church Food Pantry in Meredith, the Meredith Emergency Food Pantry, Meals on Wheels in Moultonborough, both inter-lakes and Moultonborough School District (to be handed out with the free breakfast and lunch meals distributed to students), and Isaiah 61 Café in Laconia.

Lions Pride! You can’t see it, you can’t touch it, but you sure can feel it. Yes, it does feel good to be a Lion. If you are interested in finding out more about Lionism, please contact Joe & Pat Keegan at 253-9916.

Remember the Lions Motto is “We Serve.”

“MPL Guest,” no password, and is available 24/7 from the parking lot when the library is not open. If we experience warmer weather, wi-fi is also accessible outside the library building on the patio, front porch, and picnic table, but please continue to maintain a safe distance from other users. There are also power outlets on the outside of the building if your device needs to be plugged in while in use, but you may need to bring an extension cord.

If you need help getting up to speed with all things digital, we have “Tech Support Cards” under the Learning tab on our website that will help you with the basics of subjects including Mac, Windows, Excel, Facebook, sending photos, apps, file explorer, messaging, computer jargon, symbols, the Cloud, Libby, and Overdrive.

Local Food Drive Initiative Continues



Warm Someone’s Heart in these challenging times



FOOD PANTRY DONATIONS *Still* NEEDED

Please check with your local food pantry for a list of ways you can donate and to help a family in need.



HELP WANTED

Classifieds



Dock Crew Installer

We are looking for energetic team members who enjoy the outdoors. Position is for installing and repairing seasonal docks around the lakes. Position requires lifting and carrying sections to the shoreline for set up. Mechanical and carpentry skills a plus for constructing and repairing docks. Must have a tool box with basic tools. Training available. \$13.00-\$16.00 + plus up to \$50.00 to 200.00 per week in commissions/bonuses. 1.5 X Overtime
Call 603-253-4000

N.H. SCHOOL ADMINISTRATIVE UNIT 2 INTER-LAKES SCHOOL DISTRICT ASHLAND SCHOOL DISTRICT

(ASHLAND, CENTER HARBOR, MEREDITH, SANDWICH)

CHILD FIND

As mandated by Public Law 105-17, Education for All Children Act, and the New Hampshire Standards for the Education of Children with Disabilities, public schools must provide special education services for all children determined to be educationally handicapped. The law also requires a school district to identify such children from birth to twenty-one years of age. This law applies to all children including those in non-public schools, pre-schools and hospital settings.

Parents or service providers who suspect that a child might have an educationally handicapping condition are encouraged to contact Elaine Dodge- Director of Student Services, at (603) 279-3144.

Mary Moriarty
Superintendent of Schools

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 Part time= 28hours a week
 One weekend morning required
 Free golf and meal discounts

Call Joe Langley 726-1093
 or apply in person at the maintenance dept.



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King Forest Industries, Inc. located in Wentworth, NH, is currently accepting applications for full-time work. Lumber handlers and laborers. Must be able to lift 50 pounds.

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If you wish to apply, complete an employment application, which can be downloaded from our website or picked up in person and mailed to PO Box 230 Wentworth, NH 03282 or drop off in person Monday thru Thursday 7am-4:30pm and Friday until 4pm. No phone calls please.

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WINNISQUAM REGIONAL SCHOOL DISTRICT COACHING VACANCIES

Winnisquam Regional School District is looking to fill the following coaching positions for the upcoming 2020-2021 spring season:

Varsity Girls Volleyball Coach
Varsity Girls Basketball Coach
Varsity Winter Spirit Coach
JV Football Coach
JV Soccer Coach
JV Field Hockey Coach

Please send Letter of Interest, Coaching Resume, and WRSD Application Form (the form can be found at this link: <https://drive.google.com/file/d/0Bzjl-2U9aoGMoTktN1E4cEhsLWM/view>) to:

Brian Contorchick
 Athletic Director
 Winnisquam Regional High School
 435 West Main Street
 Tilton, NH 03276
bcontorchick@wrsdsau59.org

THANK YOU FOR READING THE CLASSIFIEDS

NEWSPAPER

CHECK
OUT THE
CLASSIFIEDS!

Classifieds

HELP WANTED

CAMPTON SCHOOL DISTRICT Campton Elementary School 2020-2021 SCHOOL YEAR

K-8 PHYSICAL EDUCATION TEACHER (Must be certified)

Please send letter of intent, resume, references, transcripts and certification to:

David Hamnett, Principal
Campton Elementary School
1110 NH Route 175
Campton, NH 03223
dhamnett@pemibaker.org

Deadline for applications is May 1, 2020 or until filled.

SANDWICH CENTRAL SCHOOL KINDERGARTEN REGISTRATION FOR 2020-2021

Sandwich Central School **ONLINE REGISTRATION BEGINS** **MONDAY, MAY 4th**

This year Sandwich Central School will be completing kindergarten registration remotely. If your child will be five years old by September 30, 2020 and is a resident of Sandwich, Center Harbor, or Meredith please email alex.adriance@interlakes.org. You will receive an electronic presentation and registration forms will be mailed to you for completion.

RUMNEY SCHOOL DISTRICT Russell Elementary School

2020-2021 School Year MIDDLE SCHOOL MATH TEACHER

- Qualified candidates must be Mathematics, Middle Level (to Algebra I/Integrated I) Certified
 - Engage students in real life math problems
- Knowledgeable in the Common Core Grade Level Standards
 - Make the CCSS Mathematical Practices the daily norm in the classroom
 - Incorporate technology to enhance learning
 - Use differentiation to make lessons accessible/challenging for all students
- Stay current with NCTM best practices and research

Interested applicants should send their letter of intent, resume, references, transcripts and certification to:

Jonann Torsey, Principal
Russell Elementary School
195 School Street
Rumney, NH 03266
jtorney@pemibaker.org



TOWN OF MOULTONBOROUGH JOB OPPORTUNITY

Lead Dispatcher/Administrative Assistant

The Town is actively seeking candidates to fill an open full-time position as a lead Police Dispatcher and Administrative Assistant to the Public Safety Departments. Successful candidate requirements include an associate's degree in administration, communications or related field, 3 years' experience in communications and a business environment or any combined experience, education and training which demonstrates possession of the required knowledge, skills and abilities. NH State Police On-Line Telecommunications System Certification (SPOTS), Terminal Agency Coordinator (TAC) preferred. The Town offers a competitive wage and benefits package. Submit letter of interest, resume, and Town application (www.moultonboroughnh.gov Employment Opportunities) to Walter P. Johnson, Town Administrator, PO Box 139, Moultonborough, NH 03254. Position open until filled. Application review begins April 29, 2020 EEO Employer.

WHITE MOUNTAINS REGIONAL SCHOOL DISTRICT 2020-2021 School Year Professional Staff

Anticipated Openings – LES - Title I Teacher

WES - MS Math Teacher; Title I Teacher; PE Teacher; Elementary Teacher

Human Resources/Payroll/Purchasing Manager - Person manages the District's payroll, employee benefits, and purchasing tasks. The HR/PR manager works collaboratively in the District Central Office with the Business Administrator, Data Manager, Accounts Receivable Assistant, Grants Coordinator, and Administrative Assistants. There is a comprehensive job description on the SAU36.org website. This is a 261-day salaried position with a generous benefits package. Start Date: June 1, 2020 Please apply on Schoolspring; paper applications are not accepted. Positions opened until filled.

Principal - White Mountains Regional High School is an innovative, comprehensive high school nestled in the White Mountains just minutes away from unlimited access to four season outdoor recreation. WMRHS has transitioned from traditional academic instruction to inquiry based learning and personalized education for its 400 students. Students coming from the communities of Carroll, Dalton, Jefferson, Lancaster, Whitefield, and surrounding Vermont towns, are challenged in their core subjects and at the same time may explore a variety of career options in our Arthur Paradise Career and Technical Education Center. We are seeking a dynamic instructional leader who can carry this work forward in a flexible, collaborative manner. We are interested in a leader who values and embraces shared leadership at all levels of the organization. If you desire a small school feel with big school opportunities, WMRHS is the place for you! Must have high school principal experience (5 or more years desired) and hold the appropriate certification for the State of New Hampshire.

All applicants must apply on Schoolspring.com
Paper applications will not be accepted.

For further information, contact:
Roxanne H. Ball, Adm. Assistant to the Superintendent of Schools/Human Resources
White Mountains Regional School District
SAU #36
14 King Square Whitefield, New Hampshire 03598
TEL.: 603-837-9363/FAX: 603-837-2326
Email: rhball@sau36.org

Call our toll-free number
1-877-766-6891
and have your help wanted ad
in 11 papers next week!

VACANCIES BERLIN PUBLIC SCHOOLS

Berlin, NH

Berlin Middle High School

General Special Education Teachers

Chemistry Teacher (9-12)

English Teachers (6-8)

Science Teacher (6-8)

Berlin Elementary School

Grade 5 Teacher

Applicants must be NH Certified or Certifiable. Interested individuals should send a letter of interest, resume, 3 letters of reference, transcripts, copy of certification and completed application (located at www.sau3.org.) to Julie King, Superintendent, 183 Hillside Ave., Berlin, NH 03570 or email hr@sau3.org. EOE



JOB OPPORTUNITIES

FULL-TIME

****SIGN ON BONUS!***

****RN – M/S Charge, Night Shift***

****Radiologic Technologist***

PER DIEM

RNs – LNAs – ED Technician – LPNs
Environmental Services Tech II (Housekeeper)

APPLY ONLINE

WWW.UCVH.ORG
Upper Connecticut Valley Hospital
181 Corliss Lane, Colebrook, NH 03576
Phone: (603) 388-4236
Ucvh-hr@ucvh.org
EOE



VARNEY-SMITH Lumber Company, Inc.

INSIDE SALES PERSON NEEDED

Duties to include:

- Retail sales of lumber & building materials, windows, doors, cabinets as well as customer service.
- Must be conscientious, self-motivated, good with people, a team player
- Must have knowledge of the building industry
- Able to lift a variety of building materials
- Preferably long-term employee

Benefit to include:

- Competitive Wages
- Health Insurance
- Vacations
- Holidays
- Overtime pay

Please Apply in person at
2701 Route 302, Lisbon, NH 03585
No phone calls please.

Ashland Elementary School Kindergarten Registration



Please call the school at 603-968-7622
during the hours of 8:00 am and 12:00 pm
for registration information.

Ashland Elementary School
16 Education Drive
Ashland, NH 03217

Children who reach the age of five years
on or before September 30, 2020
are eligible for kindergarten.



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- Construction experience a plus

Please call:
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Gorham, Conway, Ossipee, Concord, & Bethel Me

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For Advertising Call (603) 444-3927

HELP WANTED

BLACK DIAMOND BARGE CO.

is seeking a full time employee. Experience driving a barge and knowledge of Lake Winnepesaukee a plus. Must be able to run heavy equipment. Must be able to obtain a NH Boaters license and a medical card. Excellent pay for the right person.

Please call Jim at 603-455-5700 or email blackdiamond-barge@roadrunner.com to set up an interview

HELP WANTED

MOUNTAINSIDE LANDSCAPE INC.

is seeking a full time employee. Must have a CDL and be able to obtain a medical card. Experience running heavy equipment a plus. Excellent pay for the right person.

Please call Jim at 603-455-5700 or email mtnsidelandscap@roadrunner.com to set up an interview.

Office Space For Rent

OFFICE SPACE

Route 25 Moultonboro. 1,740 sq ft. \$1,100/month. 3 baths, kitchen, conference room, 2 private offices, large reception area, tenant pays heat & electric.

Robin 603-401-7602



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LIVE UNITED



Granite United Way
www.graniteuw.org



Equal Housing Opportunity

All real estate advertising in this newspaper is subject to The Federal Fair Housing Law which makes it illegal to make, print, or published any notice, statement, or advertisement, with respect to the sale, or rental of a dwelling that indicates any preference, limitation, or discrimination based on race, color, religion, sex, handicap, familial status or national origin, or an intention to make any such preference, limitation or discrimination.

(The Fair Housing Act of 1968 at 42 U.S.C. 3604(c))

This paper will not knowingly accept any advertising which is in violation of the law. Our readers are hereby informed, that all dwellings advertised in this newspaper are available on an equal opportunity basis.

To complain of discrimination call HUD toll free at 1-800-669-9777

For The Washington DC area, please call HUD at 202-726-9200. The toll free telephone number for the hearing impaired is 1-800-927-9275.

You may also call The New Hampshire Commission for Human Rights at 603-271-2767 or write

The Commission at 163 Loudon Road, Concord, NH 03301

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Mansfield Woods, 88 North, Rt. 132, New Hampton, NH
Directions: Rt. 93, exit #23. Right for 1/2 miles, left at post office for 800'



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Bean Group: www.beangroup.com

Coldwell Banker: www.cboldmill.com

Coldwell Banker Residential Brokerage
www.newenglandmoves.com

Dussault Real Estate: www.dussaultrealestate.com

ERA Masiello: www.masiello.com

Granite Group Realty Services:
www.granitegrouprealtyservices.com

Gowen Realty: www.gowenrealty.com

Lamprey & Lamprey Realtors: www.lampreyandlamprey.com

Maxfield Real Estate: www.maxfieldrealestate.com

Michelle Eastman Realty: www.michelleeastmanrealty.com

Old Mill Properties: www.oldmillprops.com

Peabody and Smith: www.peabodysmith.com

Pine Shores Real Estate: www.pineshoresllc.com

Preferred Vacation Rentals: www.preferredrentals.com

Remax Bayside: www.baysidenh.net

Remax Bayside-Steve Banks: www.winnihomes.com

Roche Realty: www.rocherealty.com



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(603) 279-7046

LACONIA OFFICE
1921 Parade Road
(603) 528-0088

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HIGHLAND RIDGE IS OPEN!



MLS# 4775688 & MLS# 4777023

A NOTE FROM THE DEVELOPER: In these strange times it is vitally important to provide a safe and secure setting to show property. The nature of home construction is allowing for work to continue as close to normal as possible. We have broken ground on several new foundations and are prepared to meet our 120-day construction timeline. We are fortunate at Highland Ridge to have two unoccupied and easy to show model homes as well as virtual tours where you can view the home from any device. We welcome you to visit www.rocherealty.com or www.highlandridgenh.com for more information on these new homes being constructed in Tilton, NH. Prices start at \$299,900



MLS# 4800738

BELMONT: 9-Hole the golf course, Pro Shop, 13 golf carts, a 2BR/3BA home w/ 172 ac. total. **\$799,900**



MLS# 4801148

LACONIA: 3BR in Golf Village - South Down Shores! 1st flr. master & 3-season porch. **\$289,900**



MLS# 4800852

GILFORD: Adorable & affordable! Furnished condo close to everything/across from lake! **\$64,900**



MLS# 4800753

MEREDITH: Winnepesaukee waterfront commercial space! 3,100sf next to town docks.



ONE OF THE FIRST “CANDIES” WERE MADE FROM HONEY MIXED WITH FRUIT OR NUTS IN THIS COUNTRY.

ANSWER: EGYPT

What’s the Difference?

There are four things different between Picture A and Picture B. Can you find them all?

A

B

Answers: 1. “Chocolate” on box 2. Extra drop on middle chocolate 3. Missing candy in back 4. Extra candy on left

THIS DAY IN...

HISTORY

- 1901: NEW YORK BECOMES THE FIRST STATE TO REQUIRE LICENSE PLATES ON CARS.
- 1945: FOUNDING NEGOTIATIONS FOR THE UNITED NATIONS BEGIN IN SAN FRANCISCO.
- 1959: THE ST. LAWRENCE SEAWAY OPENS TO SHIPPING.

SACCHARINE

excessively sweet or sentimental

How they SAY that in...

ENGLISH: Sweet

SPANISH: Dulce

ITALIAN: Dolce

FRENCH: Sucré

GERMAN: Süß

Did You Know?

MANY CANDY HISTORIANS THINK THAT JELLY BEANS ORIGINATED IN THE MIDDLE EAST FROM A CANDY KNOWN AS “TURKISH DELIGHT.”

GET THE PICTURE?

Can you guess what the bigger picture is?

ANSWER: MOLDED CHOCOLATE

CRYPTO FUN

Determine the code to reveal the answer!

Solve the code to discover words related to poetry.
Each number corresponds to a letter.
(Hint: 6 = e)

A. 16 21 6 3
Clue: Type of rhythmical writing

B. 19 6 8 10 6
Clue: Writing with a metrical rhythm

C. 26 21 8 12 10
Clue: Elements of speech

D. 8 7 14 3 6
Clue: Correspondence of sounds

Answers: A. poem B. verse C. words D. rhyme

SUDOKU

7	2			9		5		
				7				1
		9	2	6				
			4				6	9
	8	4						
							3	
			6				4	
		1			5	2		7
	7	5						3

Level: Intermediate

Fun By The Numbers

Like puzzles? Then you'll love sudoku. This mind-bending puzzle will have you hooked from the moment you square off, so sharpen your pencil and put your sudoku savvy to the test!

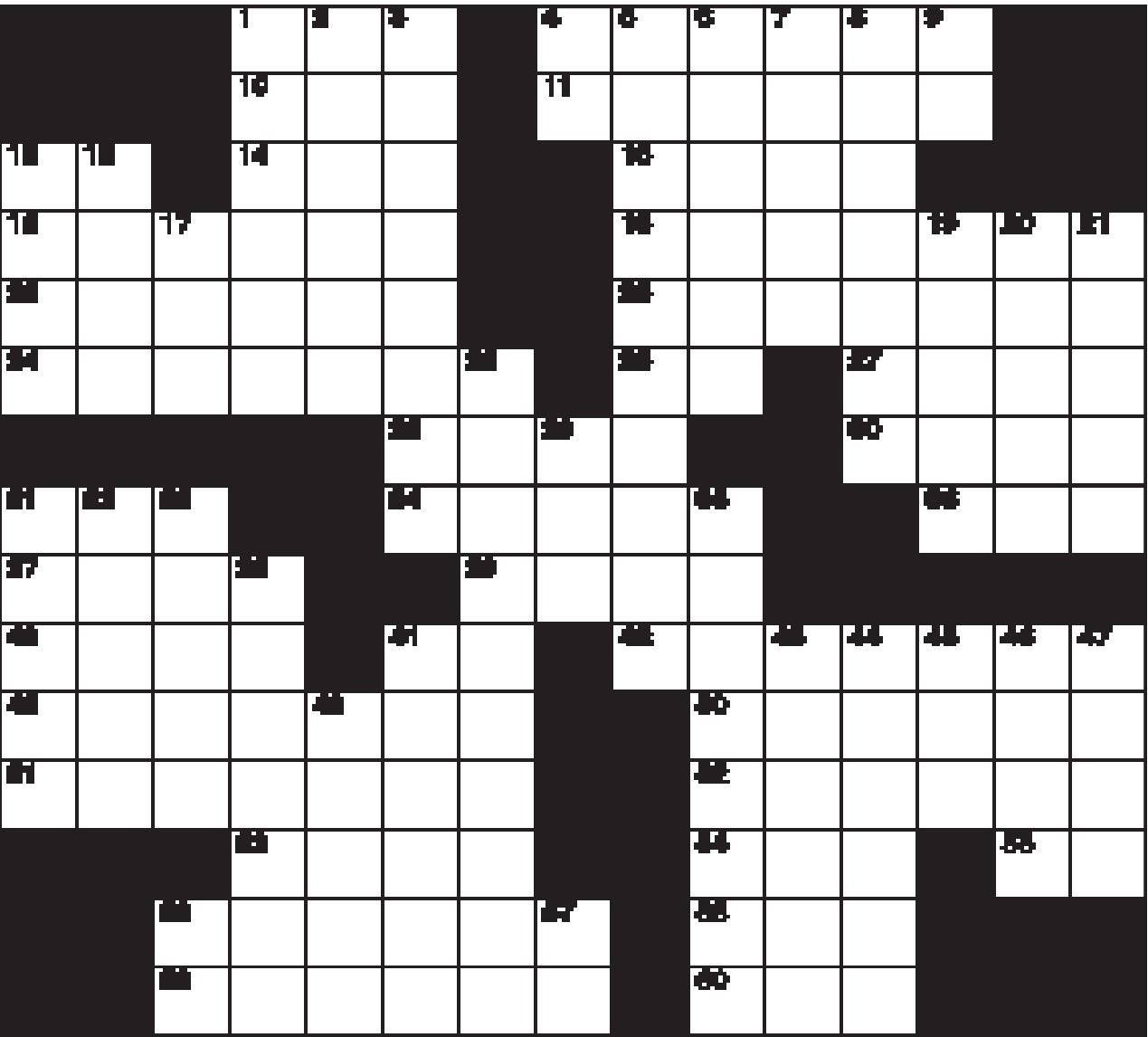
Here's How It Works:

Sudoku puzzles are formatted as a 9x9 grid, broken down into nine 3x3 boxes. To solve a sudoku, the numbers 1 through 9 must fill each row, column and box. Each number can appear only once in each row, column and box. You can figure out the order in which the numbers will appear by using the numeric clues already provided in the boxes. The more numbers you name, the easier it gets to solve the puzzle!

3	1	9	6	2	8	5	7	4
6	1	3	4	5	2	9	7	8
9	2	6	7	1	8	4	5	3
5	6	4	2	7	1	3	8	9
1	8	4	9	6	3	7	5	2
2	3	7	4	5	8	1	6	9
5	1	9	2	8	6	3	7	4
6	4	8	5	3	7	9	2	1
7	2	3	1	9	4	5	8	6

ANSWER:

TAKE A BREAK



ACROSS

1. Revolutions per minute

4. Hymns

10. Brew

11. Did not acknowledge

12. Atomic #77

14. Partly digested food

15. Not one

16. Lesotho capital

18. Copyreading
22. Living organism that feeds on organic matter

23. One's biological father

24. An aggregate of molecules

26. Equally

27. Khoikhoi people

28. Jump in figure skating

30. Lantern

31. TV network
34. Georges ____, French philosopher

36. Sharp, shrill bark

37. Albanian monetary units

39. Launched Apollo

40. One who graduated

41. Exist

42. Passed by

48. Very unpleasant smell

50. Graduates

51. Seedless raisin

DOWN

2. A form

3. Inner organ regions

4. Local law enforcement

5. A citizen of Senegal

6. Positively charged electrodes

7. Connects granules

8. Business practice

9. The Mount Rushmore State

12. Leader

13. Hindu queen

17. Proofreading mark

19. European country

20. Greek mythological nymph

21. Grandfather

25. Clears

29. Amount of time
31. Mollusks

32. German municipality

33. Body part

35. City of Angels hoopsters

38. Suffocate

41. Pleasing to the eye

43. Poplar trees (Spanish)

44. Ship officer

45. Individual investment account (abbr.)

46. Prefix meaning within

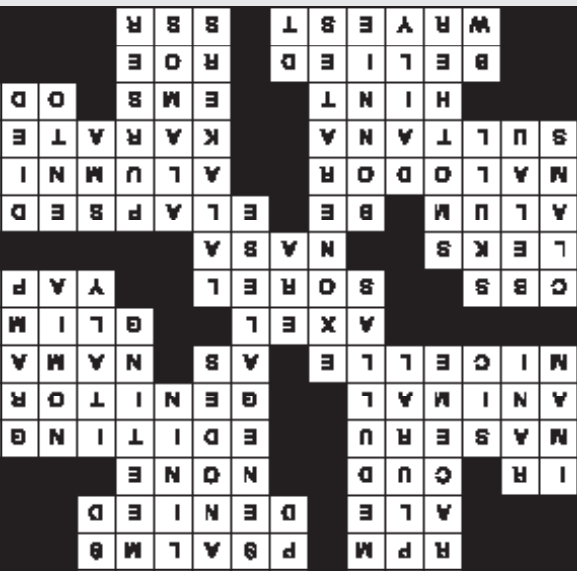
47. Ceased to live

49. Day by day

56. Not color

57. Condition of withdrawal (abbr.)

This Week's Answers





Celebrate Our

LOCAL SPORTS HEROES

Past, Present & Future



Celebrate the achievements of local athletes and their stories of success.

Send a picture and description of your athlete to
news@salmonpress.news

We will run select photos and submissions in an upcoming issue!



Seniors

Unintended Consequences for Those with Hearing Loss

There are many challenges that have developed due to the COVID 19 virus. One of them is the use of face masks. Face masks are essential to reduce the spread of illness. Everyone should be wearing them. They help protect the wearer and those around the wearer. Please wear your mask!

Unfortunately, wearing a mask makes it difficult for people with hearing

trouble. The mask prevents people from being able to see how your mouth and face move. Those with hearing loss depend on these visual cues to help them identify sounds they did not hear. The face mask also distorts speech and can make it sound muffled. The muffling of voices makes it more difficult for those with hearing impairment to identify speech sounds. Thus, it's a

double whammy. Not only does the mask often distort the sounds of speech, but it prevents the use of visual cues to help resolve what was missed.

Remember that hearing loss is often invisible and is very common. For every one person you know who wears glasses, there are 3 with trouble hearing. If you perceive that someone is not hearing you well, please slow

down your rate of speech. Do not stretch out your words. Instead, pause frequently when speaking. Try to take a breath every 3-5 words. The pauses will give the listener time to resolve what they missed and help them understand you better.

One blessing from our Stay-at-Home order is that we are getting to spend more time with our family members. This may lead

to observing that some members of the family are not hearing well.

Some signs that someone doesn't hear or understand you easily are: the listener demonstrates intense attention to you when you are speaking; they ask you to repeat-sometimes multiple times; You might observe a wrinkle on their forehead, between their brows; or you might receive responses that bear no relationship to what you originally tried to communicate.

older, more of these aspects add up to reduce our hearing.

The only way to know more about your hearing is to have it evaluated. A professional hearing evaluation, performed by a licensed Audiologist, will correctly identify if there is any medical condition that needs attention. It will also lead to appropriate recommendations for how to improve your hearing.

Some offices are working limited hours and some are closed. Audiology Specialists is open with reduced hours. We are a local, independent business. Dr. Laura O'Brien Robertson, Au.D. has helped members of the Lakes Region since 1992. Audiology Specialists can be reached at 528-7700 or via the web at www.audiologyspecialists.com.

Things to know before drafting a living will

During the prime of their lives, people typically don't give much thought to scenarios in which they become ill or are facing the end of life. Sickness and mortality are not easy conversations to have, but it is important for everyone to approach these heavy topics with close family members so that individuals can rest easy knowing their needs will be met if or when their health falters.

An advanced healthcare directive — also known as a living will — is a legal document in which a person lists the specifics of medical care and comfort actions they desire should the individual no longer be able to make decisions for themselves due to illness or incapacity. The legal advice resource Legal Zoom says the living will may list certain things, such

as whether life support is desired or if pain medication should be administered. A living will should not be confused with a traditional will, which is a legal document that explains wishes for financial and personal assets after a person dies. Living wills also differ from living trusts, which address how assets will be managed if a person becomes incapacitated.

A living will is not always a necessity if a person does not have strong feelings about decisions made on his or her behalf while not cognizant. However, for those who do want to have a say in care, a living will is the best method for ensuring choices will be carried out. The following are some other questions people should ask themselves concerning living wills.

- Do I want to remove the burden of tough choices from my loved ones? A living will relieves grieving loved ones of the responsibility of making challenging decisions of invoking life-saving procedures or not — particularly if they're not sure what you desire.
- Do I have firm feelings about life-saving methods? A living will allows you to spell out preferences on insertion of feeding tubes, if you want specialized hydration, if you want to be hooked up to life support if brain function is minimal, and a host of other scenarios.
- Is cost preventing me from drafting a living will? Cost need not be a factor in setting up a living will. You can download a free template from any number of online legal sources. Local

hospitals often have forms as well, which can be notarized for only a few dollars. These forms are generally comprehensive and can help you answer all the questions and write in specifics.

Have you selected a trusted person to carry out wishes? A health care proxy, according to the American Bar Association, is a person appointed by you with the authority to make decisions for you if you are unable to express your preferences for medical treatment. Together with the living will, the health care proxy, also called a durable medical power of attorney, can fulfill your wishes accordingly.

A living will is an important component of medical and estate planning.

Market swings making you uneasy? Let's talk.



Jacqueline Taylor
Financial Advisor
3 Mill Street
Meredith, NH 03253
603-279-3161

Edward Jones
MAKING SENSE OF INVESTING
edwardjones.com

Audiology Specialists is closely monitoring the information provided by the NH state government and the CDC. As an independent, locally owned company, our patients arrive one at a time. Our office is quiet and uncrowded.

If you prefer to remain at home but need help with your hearing aids, adjustments can be made remotely. This means a change in program settings can be sent to your smartphone, which will then modify your hearing aids, wherever you are. We have been offering instruments which allow for virtual appointments since 2018. To be eligible for virtual appointments, your first appointment must be in person at our office. Please call for further details.

Audiology Specialists has always been flexible to meet your hearing needs. Audiologist, Laura O'Brien Robertson, Au.D. is a doctor of audiology and has cared for members of the Lakes Region since 1992. We will continue to be available to help you hear in any way that we can.



AUDIOLOGY SPECIALISTS, LLC
211 S. Main St, Laconia, NH
528-7700 or 800-682-2338
www.audiologyspecialists.com



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AND Board Certified in
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Andy Ryan
Recovery Care Specialist

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at Concord*

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NEWSPAPER

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Need a Boating Operator's Certificate?



Attend our Boating Operators Certificate class!



Saturday, May 9, 2020
9:00 AM to 4:00 PM
Subject to NH's COVID-19 directives

**The Community Room
of the Laconia Police Department
126 New Salem Street, Laconia, NH**

Upon completion of the course and an exam, you will receive a boating operator's certificate for New Hampshire and other states that require an operator's certificate.

Pre-registration is required.
Contact Jim Hill, Certified Instructor, E-mail: LRSPS1@gmail.com

PRESENTED BY
Lakes Region Sail & Power Squadron, a unit of the United States Power Squadrons, aka America's Boating Club

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