



THURSDAY, DECEMBER 10, 2020 GILFORD, N.H.

# Scholarship Foundation welcomes new Assistant Director



Amanda L'Heureux Dudek

Executive Director, Karen Switzer, announced this Fall that she and the Board of Trustees were pleased to welcome Amanda L'Heureux Dudek to the Foundation as their new Assistant Director. Dudek will be stepping in as the Foundation transitions their executive staff.

Former Assistant Director, Karen Switzer stepped up to the Executive Director's position back in June, replacing Paulette Loughlin, who will be retiring the end of this year. Dudek will step into Switzer's shoes and serve as the Assistant Director. Switzer

commented that she and Loughlin had worked as a team the past two years at the helm of the Foundation. She hopes to do the same with Dudek.

Switzer added, "We are pleased to have Amanda join us. When we were looking for someone to fill this position, we were especially looking for a person who had a real community spirit and dedication. Someone who was looking to make a difference. Amanda fit that bill with the bonus that she is a Laconia native and loves the area and has been active in the community. Amanda told us that she values the importance of

strengthening the Lakes Region community and believes that helping students reach their goals, through education, is a perfect way to do just that. She hopes to make a difference in the students' lives by working with the foundation."

Dudek grew up in Laconia, went to Holy Trinity School and then graduated from Laconia High School. She then attended Plymouth State University, where she obtained a Bachelor's degree in Marketing. Upon graduation, she pursued a successful career in marketing, sales and management in the Portsmouth area.

Despite her success, Amanda, decided that she wanted to return to Laconia and build her life in the Lakes Region, where her family lives and her heart resides. Dudek found a position as Account Executive with the Laconia Daily Sun, where she still works part time. She intends to continue to grow in knowledge in her field, while she pursues her new career with the Foundation. She will be continuing her education online at Southern New Hampshire University.

When asked how she

SEE DUDEK PAGE A10

## Gilford schools return to in-person learning

By Erin Plummer  
mnews@salmonpress.news

Gilford schools reopened for in-person learning on Dec. 7 with

no meetings or action by the school board needed. On Dec. 3, Beitler announced on the district website that in-person learning would resume as scheduled on Dec. 7 after a week of remote

learning after Thanksgiving.

The week before Beitler had recommended before then that the schools stay on remote learning until after the end of Christmas vacation. This recommendation was a response to a large number of students and staff members being in quarantine, a number testing positive for Coronavirus, rising COVID-19 numbers in the town and the state, and concerns about increased transmission during Thanksgiving celebrations.

The Gilford School Board met in an emergency meeting on Nov. 24 to discuss this option. After the lengthy

SEE GILFORD PAGE A10

## Patch finished on Governor's Island bridge

BY ERIN PLUMMER  
mnews@salmonpress.news

Temporary repairs are done on an expansion joint on Governor's Island Bridge, which the town hopes will hold through the winter until they can do a permanent repair next year.

Public Works Director Meghan Theriault reported to the selectmen in November that she had been told by a few representatives from the Department of Transportation and a project manager that the bridge under Summit Avenue had "one of the worst expansion joints they've seen in quite some time." They had also been getting a lot of complaints and she was concerned about this causing damage to any plows that go through there.

Public Works worked with the Evroks Corporation to put together a temporary fix on that joint until more thorough repairs could be done.

Theriault told the selectmen on Wednesday that they finished the work on that patch. She said Mike Ferrari of Evroks gave them pointers on how to do the repair.

They did run into some trouble when the material they were using for the repair wasn't working because there was "too much of a void."

She said they tried a polyurethane sealant material that sunk down and had to be filled again.

Theriault said this material would take longer to cure due to the cold temperatures, so a

rubber mat was placed over the repair. She said this will mitigate how cars will slam when they go over that section and prevent further damage to the bridge.

"The concrete was just falling apart, we just couldn't keep digging away at that or we'd lose that whole joint, so we tried to carefully just go down as much as we needed," Theriault said.

Theriault said the hope is that the patch will last through the coming year, giving plenty of time for preparations to be done for a full repair. She and her team are working on the scope of work details so the project can be put to engineering and the plans can be put out to bid, hopefully in the spring of 2021.

## Newsletter shares information on town happenings

BY ERIN PLUMMER  
mnews@salmonpress.news

From the town to the schools to the county and more, a new newsletter is sharing the happenings around Gilford.

The first issue of "The Hub" was released for this month with 14 pages of news and announcements from various town departments, the schools, the library, local churches, the Gilford Youth Center, and a number of other community organizations. "The Hub" is a project of the Gilford Public Library with new issues scheduled to come out every month.

The first ever newsletter included information on COVID-19 from the town, a memo from Town Administrator Scott Duinn on the town's tax rate, updates from the Gilford Public Library and the Gilford School District, information on a holiday lights contest from Parks and Recreation, and many other announcements.

It also featured information on a number of Lakes Region organizations such as the Greater Lakes Region Children's Auction, Navigating Recovery, Senior Support for the Lakes Region, the Lakes Region Partnership for Public Health, and others.

"The Hub" can also be found on the town Web site, gilfordnh.org.

The board of selectmen praised the newsletter during their meeting on Wednesday.

"It was very well written, a lot of information in it, and I hope it eventually it gets out to everyone in town," said selectman Kevin Hayes.

Dunn said Library Director Katherine Dormody and library trustee Betty Tidd put most of the project together with a number of other contributions including from different department managers in town.

"The Hub" is looking for contributions from people in town for their next issues.

"We are always looking to feature important news and events, so if your group has something they'd like featured, please email us at gilfordlibrary@gmail.com by the 20th of the month and we will try to fit it in the next month's issue," read the newsletter's front page.



PHOTO BY ERIN PLUMMER

### Winter wonderland

The first big snowstorm of the season blanketed Gilford and surrounding areas in white on Saturday night into Sunday. According to the National Weather Service parts of Gilford received three to four inches of snow.



# ALMANAC

## Notes from the Gilford Public Library

### Gilford Public Library Top Ten Requests

1. "The Sentinel" by Lee Child
2. "A Time for Mercy" by John Grisham
3. "Daylight" by David Baldacci
4. "Deadly Cross" by James Patterson
5. "The Awakening" by Nora Roberts
6. "The Law of Innocence" by Michael Connelly
7. "Transcendent Kingdom" by Yaa Gyasi
8. "A Promised Land" by Barack Obama
9. "Let Him Go" by Larry Watson
10. "Fortune and Glory: Tantalizing Twenty-Seven" by Janet Evanovich

#### Classes & Special Events

Dec. 10 – Dec. 17  
\*Sign up and face masks required

Thursday, Dec. 10  
Mother Goose on the Loose (Virtual), 10:30-11:30 a.m.

Join Miss Maria on Facebook Live for an interactive experience with you and your baby with rhymes, songs, movement, and more! \*ages two and a half and under

Book Discussion, 2:30-3:30 p.m.

This month's book is "Life Among the Savages" by Shirley Jackson, a collection of short stories. The discussion will be lead by Molly Harper, and copies of the book are available at the front desk.

Friday, Dec. 11  
NO EVENTS

Monday, Dec. 14  
NO EVENTS

Tuesday, Dec. 15  
Crafternoon, 1-2 p.m.

Every month, Kayleigh will show you how to make a cool craft! Watch on Facebook Live and craft along at home. The craft for December is ornaments and gift tags.

Wednesday, Dec. 16  
Take and Make Gingerbread Houses

Our famous making your own gingerbread houses are back but in a different way. Sign-up to

pick up your own house and make at home.

Phone-In Check out an Expert, 10 a.m.-noon

Thursday, Dec. 17  
Mother Goose on the Loose (Virtual), 10:30-11:30 a.m.

Join Miss Maria on Facebook Live for an interactive experience with you and your baby with rhymes, songs, movement, and more! \*ages two and a half and under

### GILFORD POLICE LOG

The Gilford Police Department reported the following arrests from Nov. 20 to Dec. 6.  
Seth M. Houston, age 39, of Laconia was arrested on Nov. 20 in connection with a warrant.  
Jacki Lynn Choquette, age 18, of Gilford was arrested on Nov. 23 on multiple counts of Misuse of the 911 System and multiple counts of providing False Information to the E-911 System.  
Lisa Marie Martin, age 45, of Laconia was arrested on Nov. 24 for Unlawful Activities-Litter Control and Criminal Trespassing.  
Suzanne L. Richards, age 37, of Laconia was arrested on Nov. 29 in connection with a warrant.  
Allyson R. Fortier Shea, age 38, of Alton Bay was arrested on Dec. 1 for Driving After Revocation or Suspension.  
Joseph R. Robinson, age 42, of Laconia was arrested on Dec. 3 for Loitering or Prowling and Possession of a Controlled Drug.  
Deborah J. Cheek, age 52, of Gilford was arrested on Dec. 4 for Violation of a Protective Order.

## Local book updated for 2020

REGION — In June 2018, a new book entitled "Cosmic Coincidences - a memoir of cosmic proportions" by local author Joe Laurendeau of Laconia/Gilmanton, debuted. Since the first printing, relatable stories continued to happen throughout the year, causing the author to add other chapters.

Most notable is the Hall & Oates concert in Gilford on Aug. 17, which was delayed forty minutes before being cancelled due to severe weather on the exact day of the 50th anniversary of the day the Woodstock concert was delayed over four hours due to severe weather and the only time in Meadowbrook concerts of 23 years the only concert to be canceled due to severe weather.

The Summer Solstice of 2019, June 21, was sadly noted as the day of the motorcycle tragedy in Randolph took the lives of seven people.

"I was updating the book with a new chapter, and shortly, another story worth printing would happen," commented Laurendeau. "In order the cover the



Joe Laurendeau

high cost of printing, which includes lots of color photos, the price on Amazon is \$58 with free shipping. In order to qualify for expanded distribution to bookstores and libraries, Amazon will require raising the price to \$38, which we will try in February. So for anyone reading this, just \$37 with signature to give local area residents a chance to save," he added.

The book is easy to order by PayPal at su-

perjukebox.net, which is currently streaming rare Christmas music 24/7. Stories include "The Old Man of the Mountains," "The Space Shuttle Challenger," and other national news stories.

"I am certainly excited to hear from area residents and anyone with their comments," the author added.

Super spiritual stories of faith, music and the cosmos and the spotlight is on The Lakes Re-

gion of NH and memoirs of the life of the author. Make it a New Year's resolution to read this book! Stories are best when you Google the events and dates for yourself. Guaranteed to take your breath away! This is a great coffee table book and conversation piece. The book is always a work in progress as new stories are added when necessary. If you love the moon, concerts, The Red Sox, New England, Churches, Christmas, family and holidays start the New Year off with this book in your hand. After reading you'll want to share it with others. Visit "Cosmic Coincidences - the book" on Facebook for updates, to share your stories and reader reviews. What's in store for 2020?



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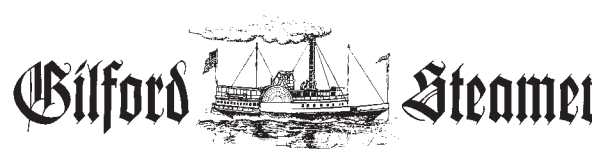
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# Festival of Trees going virtual this year



**“The Grinch Who Stole Christmas” from Berkshire Hathaway Home Services Verani Realty benefitting the Inter-Lakes Christmas Fund.**

BY ERIN PLUMMER  
mnews@salmonpress.news

MEREDITH — The annual Festival of Trees is going virtual this year with an online celebration of the event’s 25 years and some new features benefitting the community.

The Meredith Altrusa Club has put on Festival of Trees for 25 years. For the first 24, hundreds of decorated trees have been put on display contributed by many different businesses, organizations, individuals, families, municipal enti-

ties, and so many more. The festival typically is set up in the Barn at Waukegan Golf Club in Center Harbor featuring raffle baskets, bidding for trees, and other activities.

This year, because of the pandemic, the festival won’t be a physical event, but instead people can view trees from events past and make donations toward some featured trees as well as contribute to different organizations.

The Festival this year will take three forms



**“Christmas Angel” by Charleen Hughes and Holly Andrews benefitting Isaiah 61 Cafe.**

that started on Sunday and will continue through Dec. 16. The virtual festival and pasts to contribute can be found at <https://altrusameridithnh.org/2020-virtual-festival-of-trees>.

The first is a slideshow showing 25 choice trees from the past 24 years along with some trivia and extra details about Festival of Trees. Facts included that in the past 24 years over 600 decorated trees have been given to families in need.

At the end are three that have been designated as “Charity Trees” that people can donate toward. Each of these trees represents a dif-

ferent nonprofit organization, and Altrusa will match all donations up to \$1,000.

Berkshire Hathaway Home Services Verani Realty of Moultonborough contributed “The Grinch Who Stole Christmas” based on Dr. Seuss’ classic character. Proceeds from the tree will benefit the Inter-Lakes Christmas Fund, which provides assistance to families in need from Meredith, Center Harbor, and Sandwich during the holidays.

Charleen Hughes and Holly Andrews contributed “Christmas Angel” shaped like an angel. Donations from this tree will benefit Isaiah 61 Cafe in Laconia, which provides breakfast and lunch, showers, laundry, and other services for the homeless and people in need.

White Glove Cleaning of Sandwich provided “I’m Dreaming of a White Christmas” with white winter decorations. This tree benefits the Inter-Lakes PTO which pays for programs, supplies, events, and other activities for the Inter-Lakes School



**“I’m Dreaming of a White Christmas” from White Glove Cleaning benefitting the Inter-Lakes PTO.**

District.

Altrusa has also put two Giving Trees out into the community with ornaments that people can take to donate to the nonprofit organization on the ornament. Each ornament will have the collection point for each nonprofit organization. One tree can be found at Hannaford in Meredith and E.M. Heath Supermarket in Center Harbor.

Altrusa is continuing its tradition of raffling off different gift baskets with different themes and an assortment of

goodies. In celebration of the event’s 25th anniversary there will be a “Mystery Basket” worth \$1,000. A preview of some of the items can be found on the website. Other baskets include the “New Hampshire Breakfast Basket,” “Hit the Jackpot Lottery Wreath,” “Steeplechase Vineyards California Wine Trio,” and the “Holiday Lighted Lantern” with a variety of gift certificates. Full details on the baskets and the entry form can be found at the Festival of Trees page.

## RE/MAX Bayside’s Commercial Division merges with Weeks Commercial

LACONIA — Chris Kelly, Broker/Owner of RE/MAX Bayside, is excited to announce a merger with Weeks Commercial Group. Chris knows the value that Steve Weeks and his team bring to commercial and business negotiations and looks forward to helping our Lakes Region commercial owners move successfully in these exciting times.

Steve Weeks, Jr. and Warren Clement each offer many years of experience in sales, leasing and business brokerage. Their combined knowledge includes a lifetime of local business ownership and community involvement. Weeeks is a 30 year veteran in the commercial real estate industry, having worked for 14 years with the Flatley Company prior to becoming broker/owner of the Weeks Commercial Group. Clement joined Weeks Commercial 10 years ago after 37 years as the owner of the well known Sundial Shop in downtown Laconia, Gilford and Meredith. Community participation has always been very important to him, being

involved in the Laconia Rotary, Lakes Region Chamber, United Way, Laconia Main Street and more.

Steve and Warren are joining forces with the current members of RE/MAX Bayside’s Commercial Division - Ron Talon, Russ Poirier, Reuben Bassett and Kathryn Johnson. Ron Talon has been widely recognized with much success in his 12 years of experience in both residential and commercial real estate. Poirier comes to the company with a vast amount of commercial and residential experience in both the southern part of New Hampshire and the Lakes Region. As owner of three local restaurants - Local Eatery, Burrito Me and Wayfarer Coffee Roasters — Bassett’s commitment to the area brings an enormous amount of enthusiasm to this diversified group. Kathryn (Kat) Johnson has teamed up with Reuben, after a career in teaching, to pursue her passion for the real estate profession.

This unique group understands the value of

commercial real estate in our area. They are prepared to utilize the vast number of tools and experience available to assist commercial property owners and business owners achieve the best price for their business and guide them through every transaction.

RE/MAX Bayside has been assisting Lakes Region families with buying and selling their homes since 2008. This consolidation will allow RE/MAX Bayside and Weeks Commercial to expand their services to the community and highlight the resources available to business owners and others seeking to invest in New Hampshire and the Lakes Region.

For more information about the RE/MAX Bayside and Weeks Commercial, contact them at 528-3388 or 527-8200, at their web site - [www.baysidenh.net/weeks-commercial.com](http://www.baysidenh.net/weeks-commercial.com), or stop by our offices at 208 Daniel Webster Highway, Meredith or 604 Main St., Laconia.

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# The struggle against Old Man Winter

The first big nor'easter of the season has come and gone, leaving us with anywhere from three to nine inches of snow (or more in some cases), depending on where you live. As with most things, we like to think about how our ancestors handled certain situations. It was during a snowy drive last winter that we became more grateful for studded snow tires and heat, after thinking about how those before us dealt with travel during snowstorms.

During the winter of 1717, a storm dumped four feet of snow, creating snowdrifts of up to 25 feet. Passing through the snow covered roads was too much for a postman who traded his horse for a pair of snowshoes. Objects similar to skis were attached to carriages as a means of winter transportation.

Streets had to be passable for wood and food deliveries. When the roads were not passable townspeople would gather together in large groups and dig out a path. The snow was placed into the back of a horse-drawn cart by gangs of men and driven to the closest river to be dumped. Salt was also used on streets, but many people complained because it ruined their shoes and clothes.

Fast forward to 1840, when the first snow plow patent came to be. It wasn't until 1862 that the first snowplow was put into use. The plow was attached to a cart and pulled by a team of horses. Soon after, many cities began to use the horse-drawn snowplow.

Typically the use of the horse-drawn plow was only used to clear main streets, leaving side streets and sidewalks snowed in by large piles often blocking entrances to businesses. Many business owners actually brought lawsuits against the plowing companies as a result because their customers could not gain access to the storefronts.

The solution to that conundrum, was the hiring of snow shovelers to accompany the plow. The blizzard of 1888, however, was too much for the "modernized" plow, leaving many people trapped inside their homes. This emergency was the catalyst cities needed to begin coming up with a better plan for snow removal. One idea was to stay on top of the storm as it started, instead of waiting for it to end. Different men driving the plows were assigned to certain neighborhoods as well.

The invention of the automobile brought with it a crutch and a new possibility as far as snow removal went. The crutch being that an entirely new method needed to be engineered and put into use. In New York in 1913, a dump truck could be seen on city streets. Seven years later the first snow loader, came on to the scene. It had a big scoop with a conveyor belt. The snow would go into the scoop via the belt, then dumped into the back of the truck. From there, off to the river it went.

It wasn't until 1959 when the weather was able to be predicted more accurately, allowing towns and cities to better prepare for any incoming storms.

Reading old diaries of our New England ancestors gives the perfect window as to what it was like to experience a bitter cold winter, prior to modern practices.

As literary critic Van Wyck Brooks wrote in "The Flowering of New England, 1815-1865," "All praise to winter, then, was Henry's feeling. Let others have their sultry luxuries. How full of creative genius was the air in which these snow-crystals were generated. He could hardly have marveled more if real stars had fallen and lodged on his coat. What a world to live in, where myriads of these little discs, so beautiful to the most prying eye, were whirled down on every traveler's coat, on the restless squirrel's fur and on the far-stretching fields and forests, the wooded dells and mountain-tops,--these glorious spangles, the sweepings of heaven's floor."

## Send us your letters!

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We're looking forward to hearing from you!

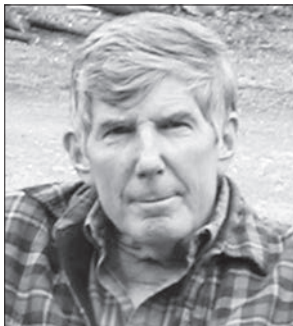
## Holiday decorating contest

Danielle Cook, Jill Desruisseaux and Herb Greene pose with yard signs designed by Danielle Cook Photography for the winning homes of the Gilford's Grand Holiday Home Decorating Contest co-sponsored by the Gilford District PTA and Gilford Parks & Recreation. For more information on the contest, please visit our Web site at <http://www.gilfordrec.com/activities?post=107>.



North Country Notebook

## Hunters, your stories, please; and further words on weasels



By JOHN HARRIGAN  
COLUMNIST

Hunters--I'm looking for the stories you brought back to camp. Well, maybe not camp--maybe the kitchen, and not just about birds, ducks, or deer. If you bumped into anything truly unusual during hunting season, I'd like to know about it.

For instance, I have seen some pretty amazing things (to me, at least) out there, but everyone's sick and tired of hearing about mine, so I want yours. But I'm thinking about the infamous Stone Wall to Nowhere, a story that has been worth a lot of words over the years, or the huge oval-shaped pile of rocks down near Derry, which I found out years later was for a horse.

Every fall, the biggest evidence-finding force in the nation sallies forth for hunting season. Oh, they're hunting, for sure--but they stumble into all kinds of stuff. Year in and year out, hunting season results in crimes solved.

Even with leaves on the ground, hunters often miss what others have passed right by. I've participated in line-searches, and even they can miss key elements. Because many hunters do not take stands but instead move slowly and quietly, they see and hear what most others don't.

One year, when we were muzzle-loading in upstate New York, one of the guys who was part of a long line of guys moving down a ridge spotted a leaf--a single leaf, mind you--that looked somehow out of place. He picked it up, and on the underside was the name of one of our own party who has a habit of doing such things (we are a strange bunch).

Hunters can also be just like the rest of us, oblivious to the obvious. A reader once told me about encountering a locked safe, with pry-

ing and bashing marks betraying furious efforts to get in. Because it was near a road, and tracks in the snow showed that many others had walked right by, he figured it had already been reported. It had not.

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What's in a name department: last week, I had fun writing about weasels, which mandates more to tell.

New Hampshire has two kinds of weasels, the short-tailed, which lives from northern New England to Canada and Alaska, and the long-tailed weasel, which lives from southern New England to the tropics.

The two species overlap, naturally, but short-tailed weasels seem to be predominant in the northern third of New Hampshire, and the opposite is true. For more on this, I called Pat Tate, who is in charge of furbearers for Fish and Game. I started looking for him at around 11 a.m., and he called me back at 2 p.m. or so, from his deer stand, no less.

"I really have no idea where the weasel line is," Pat said half-jokingly from his carefully chosen spot somewhere east of Nashua. He got the message that I was looking for him, and called me from his stand.

Talk about dedication. But it was all right, Pat said, because he'd just had lunch, and was re-fluffing his feathers to settle down for when the deer would start moving.

Both species of weasel turn white in winter (and both are called ermine) except for the tips of their tails, which are black. People steeped in woods lore speculate that the black tip is there for a reason, perhaps to momentarily distract a predator, and gain the weasel that extra split-second it needs to get away from a fox or a hawk.

+++++

The literature and reporting are equally fuzzy on the most obscure member of the weasel family, the once-rare marten.

This amazingly fast little predator is a bit bigger than the long-tailed weasel but smaller than the fisher (cat). The



JEFF FAIR — COURTESY

Jeff Fair sent me photos of this almost-all-white ermine that's been hanging around his place up in Alaska. He feels lucky to have it in the woodpile (i.e., they're great mousers).

old-timers I was lucky to know always said that a marten was the only creature that could catch a red squirrel in a tree (please note those qualifiers, "red," and "in a tree").

(I know, I know--the fisher is not a cat, so please, no finger-wagging notes. Most of the time I put "cat" in there for tradition. Sometimes I do it just to irk the book-bound. Ditto the vaunted "partridge," as in the handed-down and even cherished saying, "cartridges for partridges," which is two misnomers in one phrase, because it's not a cartridge, it's a shell.)

The marten has been expanding in its old habitat, generally perceived as from the southern foothills of the White Mountains northward, although some of its old territory in the high country of the state's southwest may remain yet longer bereft. (For years now, I've been waiting for a chance to use "bereft.")

For a few years, New Hampshire was obtaining live-trapped martens from Maine, a pretty nice thing for one state to do for another in my book, but this is no longer deemed necessary. They are still fully protected (the martens, not the people in Maine). Still, I have to wonder about those people in Maine, don't you know? Look at what they do to their hotdogs. (For the culturally deprived, they dye them red.)

Let's not let this hot-dog thing just sail on



FILE PHOTO

This was commonly called a pine marten, but evidently it's now just plain marten, which makes sense because it also lives in spruce and fir. Note those rounded ears.

by, as if it weren't significant, whereas it is something really worth noting, in an anthropological sense. The thing is, the hotdogs don't taste any different, because I've had plenty, with the usual condiments. They just look different, kind of like some of my cousins Down East.

Some readers have survived the ravages of time, and have long memories about martens, if not hotdogs, and send me their stories from the old days. Still others have sent nice notes about seeing them in recent years--martens, not hotdogs. That's a real treat, and once or twice people have sent me photographs to prove it.

(Please address mail, with phone numbers in case of questions, to [campguyhooligan@gmail.com](mailto:campguyhooligan@gmail.com) or 386 South Hill Rd., Colebrook, NH 03576.)







# ~ Comfort Keepers ~

## Five ways to connect with seniors during the Holidays

BY MARTHA SWATS  
Owner/Administrator  
Comfort Keepers

This year, when in-person visits and holiday dinners may not be possible, it is more important than ever to keep in touch with senior loved ones in a safe, thoughtful way. Families should find meaningful ways to make sure older adults are physically and mentally healthy, and to ensure that they are feeling the joy of the holiday season. And connection isn't just important during the big days on the calendar – it includes time throughout the season in between holiday celebrations.

Feelings of senior isolation and loneliness can lead to depression, especially during quarantine and stay-at-home orders for seniors. It doesn't take much time or effort to brighten someone's day with a smile and hello in any shape or form. And with so many sea-

sonal activities on hold, many need to find new ways to stay connected.

From parents, grandparents, and elderly neighbors to friends and family in other cities and states, here are a few ways to connect with others when you can't be together in person.

**Phone calls**  
Don't underestimate the joy that a daily or weekly phone call can bring to both seniors and those that care for them. Most seniors have a phone readily accessible. Schedule a call or reach out during a time you know they'll be available. Spend time during the holidays to talk about past celebrations, family updates and everyone's wellbeing. Get silly, sing holiday songs together, and remember to find reasons to laugh together.

**Video calls**  
There are a number of apps and websites to facilitate a video call.

Many seniors are familiar with this technology, but some are not. Have someone in their household help set up a video call for older adults that aren't sure how to get started. And families can consider gifting a tablet or smart phone to a senior that doesn't have access to a video system. Even for those that are familiar with the technology, make the first move and call them first. Spontaneous video calls may catch some off-guard, so be respectful of time and space. And find ways to make it special – decorate your background, send your senior loved ones' small items to decorate theirs, use holiday frames, or use the time to sing or read stories together.

**Recorded video messages**

Another way to spread holiday cheer over video is with recorded video messages. Have family and friends record a short video and send it to a senior loved one. There are apps that make recording and editing video quick and easy, and being able to see loved ones at any time is a true gift for many seniors.

**Letters and post cards**  
Nothing beats a surprise note in the mailbox. Take pen to paper with a handwritten message or type and print a longer letter to share a personal update, favorite memory, or story. As a special bonus, add

a few printed pictures in the envelope. And remember to reach out to senior loved ones early and often during the holidays. Set up a pen pal exchange or send frequent notes with favorite holiday memories.

**Visit a senior safely**  
While it is not recommended that seniors attend in-person gatherings outside of their household, there are many creative ways to show older adults love during the holidays. Leave a message on their sidewalk with chalk, stand outside with signs and banners, have a family drive-through holiday parade for a senior, leave a thoughtful gift on their doorstep or sing carols.

About Comfort Keepers

Comfort Keepers is a leader in providing in-home care consisting of such services as companionship, transportation, housekeeping, meal preparation, bathing, mobility assistance, nursing services, and a host of additional items all

Meant to keep seniors living independently worry free in the comfort of their homes. Comfort Keepers have been serving New Hampshire residents since 2005. Let us help you stay independent. Please call 536-6060 or visit our Web site at [nhcomfortkeepers.com](http://nhcomfortkeepers.com) for more information.

## STRATEGIES FOR LIVING

### Turned off by religion

BY LARRY SCOTT

I am aware that some people are turned off by the religious tone of my writing. All this talk of Jesus Christ, the Bible, and godly living is, I realize, of little interest to many of the people I would like to influence. And, indeed, there is much I could write about to those turned off by religion. I could write about my love of books and the wisdom I find in reading; I could write

about Peru, the land of my youth; I could write about living on the road, my lifestyle for fourteen years as a long-haul trucker; I could tell of living on a forty-foot sailboat, my home for seven years. But to what end?

It is obvious that if no one is reading me, I accomplish little by staying with the plan. So why do I continue to turn people off when it is counterproductive to my mission?

Two things come to mind. I am driven to make an impact, to contribute something of value to my reading audience. I want to help others learn from my mistakes, to show how you rebound from a troubled past, to contribute to the well-being of those interested in developing character and integrity. I want you to be a better person for having read me.

I know of no way to do any of the above without the influence of the Christ I admire. I am aware one does not need to be a Christian to be re-

sponsible and of mature character. Respectability and integrity are not limited to the Christian community. But if any of that is to have real, eternal value, I must do more than be novel and entertaining. Pious platitudes won't cut it. I'm Ok if you're turned off to religion; what I'd like to do is turn you on to Jesus Christ. He is the only one who can enable you to become what you were created to be – both for now *and* for eternity.

And then there is this. If you understood the change that has taken place in my life you would respect my drive to write about it. Jesus Christ has revolutionized my life. I have been to hell and back, but I have recovered. And I know from experience: even in your darkest hours, there is hope for a better tomorrow.

Thirty years ago, lifelong dreams went up in smoke. I was devastated when, after twenty-five years of marriage, divorce left me alone and without direction. Ev-

erything I had hoped for, all my carefully laid plans, my reason for living – dissolved as ashes in my hands.

I'm not crying the blues. I'm saying that it took twenty difficult years before things began to turn for me. Living on the road, driving coast to coast is not for everyone. But for me, it was a lifesaver. I discovered that God had been there all along, watching over me. And then, when I learned the lessons I needed, He intervened and my life got back on track when I remarried my sweetheart in 2004.

I'm glad if you're turned off by religion. Being religious never did it for me, and it won't do it for you. Change, fundamental, lasting renewal, comes only when you discover the relationship with Jesus Christ you were created to enjoy. It is only in Him you will discover the best life has to offer.

For further thoughts like this, follow me at [indefenseoftruth.net](http://indefenseoftruth.net).

### Bank of New Hampshire promotes Dona Murray to Senior Vice President – Investment Officer



Dona Murray

LACONIA — Bank of New Hampshire is proud to announce that Dona Murray has been promoted to Senior Vice President – Investment Officer.

Murray joined the Bank of New Hampshire Wealth Management Team ten years ago, bringing valuable expe-

rience and skills to the bank. Now, with more than 30 years of experience in the financial and investment services industry, she continues to provide essential expertise to the Wealth Management Team and bank as a whole. She graduated with Cum Laude honors from Occidental College with a double major in Economics. Prior to joining Bank of New Hampshire, Murray spent more than 15 years with Wellington Management Company in Boston as a Vice President and provided investment counsel to private trusts. She is a graduate of Leadership Lakes Region and serves as a Director on their Board.

In 2017, Murray received Bank of New Hampshire's Quality Service Professional of the Year Award. That same year she received United Way's Employee Campaign Coordinator of the Year Award. She is an active volunteer throughout the community.

Bank of New Hampshire, founded in 1831, provides deposit, lending and wealth management products and services to families and businesses throughout New Hampshire and southern Maine. With 23 banking offices throughout New Hampshire and assets of nearly \$2 billion, Bank of New Hampshire is the oldest and one of the largest independent banks in the state. Bank of New Hampshire is a mutual organization, focused on the success of the bank's customers, communities and employees, rather than stockholders. For more information, call 1-800-832-0912 or visit [www.BankNH.com](http://www.BankNH.com).

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### By the SEA REEDS

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# Locals earn girls’ soccer All-State recognition

BY JOSHUA SPAULDING  
Sports Editor

REGION — Local female soccer players were among those honored when the girls’ soccer All-State teams were released in late November.

In Division II, First Team honors went to defender Emily Kenny of Kennett and midfielder Sam Meier of Plymouth.

Plymouth defender Sumaj Billin and Kennett forward Aida Wheat both earned Second Team honors.

Honorable Mention went to Kennett midfielder Marissa Caputo and Plymouth forward Megan Metivier.

Also earning First Team honors were goalies Sally Rainey of Lebanon and Hunter Stonebraker of Souhegan, defenders Chloe Binder of Bow, Elizabeth Philbrook of Merrimack Valley, Calla Tucker of Oyster River, Madison McManus of Sanborn and Zahna Rice of Stevens, midfielders Kristina Pizzi of Bow, Morgan Burnap of Coe-Brown, Arden Ulmer of John Stark, Hayley Kenney of Merrimack Valley, Lindsey Butler of Pelham and Cierra Hill and Britney Hill of Pembroke and forwards Rachell Brackett of Hollis-Brookline and Rachel Gizzonio and Brooke Gizzonio of Milford.

Second Team honors also went to defenders Amelia Brackett of Coe-Brown, Olivia Coakley

of Pelham and Adrienne Dorr of Pembroke, midfielders Madison Roberge of Bow, Bella Roy of John Stark, Rachel Harrington of Lebanon, Mikayla Thompson of Milford, Greta Caulton of Souhegan and Stella Lavertue of Stevens and forwards Renee LeBlanc of Hollis-Brookline, Kaylee Magoon of Merrimack Valley, Charlotte Cousins of Oyster River and Sydney O’Toole of Sanborn.

Also earning Honorable Mention were keeper Emaly Roy of John Stark, defender Brynn Murphy of Stevens, midfielders Isabella LaPerle of Bow, Corinna Fernald of Coe-Brown, Sofia Wale of Hollis-Brookline, Mary Rainey of Lebanon, Marissa Sage of Milford, Anna Harlow of Pembroke and Luce Colcord of Sanborn and forwards Rhiley Tanguay of Merrimack Valley, Nathalie Pare of Oyster River, Maddison Curran of Pelham and Jacqueline Hayden of Souhegan.

In Division III, First Team honors went to defenders Julia Pendergast of Inter-Lakes, Jaiden McKenna of Gilford, Grace Bradley of Berlin and Deanna Bourque of Belmont, midfielder Autumn Braley of Newfound, forwards Lily Kenison of White Mountains, Piper Flood of Prospect Mountain and Rebecca Fleming of Belmont.

Second Team honors

include defenders Payton Everett of Prospect Mountain, Sara Harris of Inter-Lakes and Courtney Burke of Belmont, midfielders Lexi Demming of White Mountains, MollyLu McKellar of Newfound and Allie Kenyon of Gilford and forward Jill Hallee of Berlin.

Earning Honorable Mention were goalie Alexia Bassett of Newfound, defenders Morgan Doolan of White Mountains, Kassidy Kelley of Prospect Mountain and Ruby Preisen-dorfer of Inter-Lakes, midfielder Darci Stone of Belmont and forwards Geena Cookinham of Gilford and Ava Bartoli of Berlin.

Also earning First Team honors were keepers Grace Atkins of Hillsboro-Deering and Emily Senko of Bishop Brady, defenders Sarah Bradley of Trinity, Brynna Hone of Raymond, Nora Dun-nigan of Fall Mountain and Morgan Wagner of Campbell, midfielders Ella Pottle of St. Thomas, Rebecca Pincince of Somersworth, Caroline Camp of Kearsarge, Caitlin Clark and Annie Higginbotham of Hopkinton, Leah Hoey of Derryfield, Megan Graff of Conant and Karleigh Schultz of Campbell and forwards Kathryn LaCasse of Raymond, Trista Faulkner of Monadnock and Isabella Daly of Laconia.

Second Team honors also went to Molly

Lewis of Somersworth, Macayla Dutile of Laco-nia and Sam Meadows of Kearsarge, defenders Kally Murdough of Hopkinton, Avery Stewart of Fall Mountain, Charlotte Skaal of Derry-fieldk Jenna Harvey of Conant and Alex Wallen-maier of Campbell, mid-fielders Skyler DePetrilo of Trinity, Madilyn Robertson of Raymond, Bre Lawrence of Monad-nock and Emily Howell of Hillsboro-Deering and forwards Chelsea Coo-per of St. Thomas and Lauren Beitler of Bishop Brady.

Also earning Hon-orable Mention for Division III were de-fenders Ava Houde of Trinity, Grace Bronk-ma of Somersworth, El-lie Camp of Kearsarge, Madeline Follansbee of Hopkinton, Alexis Mc-Clure of Hillsboro-Deer-ing and Madison Rhyn-hart of Bishop Brady, midfielders Amanda Behre of St. Thoams, Bailey Pollock of Ray-mond, Sierra Shaw of La-conia, Makeena Grillone of Fall Mountain, Lilly Losey of Derryfield and Hanna Keane of Camp-bell and forwards Emma Onduso of Monadnock and Heather Gonyea of Conant.

In Division IV, First Team honors went to goalie Gracey Boucher of Moultonborough, de-fender Morgan Wagstaff of Woodsville, midfield-ers Kiara Evelynth of Moultonborough, Han-nah Brown of Littleton,

Aiden Jesseman of Lis-bon, Alyvia Drapeau of Lin-Wood, Madison Ash of Groveton and Madi Buteau of Gorham and forwards Madison Mc-Laren of Profile and Ol-ivia Corrigan of Little-ton.

Second Team honors went to defenders Shaela Sturgeon of Moultonbor-ough, Sydney Pickering of Lin-Wood, Emmalee Deblois of Groveton and Isobel Micucci of Gor-ham, midfielder Lauren McKee of Littleton and forwards Olivia Sarkis of Woodsville, Sophie Bell of Profile and Kate-lyn Clark of Lisbon.

Earning Division IV Honorable Mention were keeper Seven Fitz-gerald of Lin-Wood, mid-fielders Liz Lawton of Profile and Kat Gleeson of Moultonborough and forwards Leah Krull of Woodsville, Bre Lemay of Littleton and Julie Glover of Groveton.

Also earning First Team honors were keeper Angelina Nar-olilo of Hinsdale, de-fenders Jewel Young of Portsmouth Christian and Nona Dowsett of Mount Royal, midfield-ers Elizabeth Tschudin of Sunapee, Madison St. George of Pittsfield, Sophie Grondin of Pitts-burg-Canaan, Maggie Moore of Newmarket, Jenna Needham of Ep-ping, Hannah Risteen of Concord Christian and Samantha Howe of Colebrook and forwards Elizabeth Jacobs of Wilton-Lyndeborough,

Abigail Pollari of Suna-pee, Elisa Gillis of Ports-mouth Christian and Riley Skarin of Newport.

Second Team honors also went to defenders Ashley Bolton of Pitts-burg-Canaan and Paige Greenhalgh of Newport, midfielders Morgan Hock of Newmarket, Jade Gagnon of Epping, Victoria Ritchie of Con-cord Christian and Del-aney Wilcox of Hinsdale and forwards Sophia Sistachs of Wilton-Lyn-deborough, Brynn Smith of Sunapee, Lula Wamberg of Portsmouth Christian, Arie Prentice of Pittsfield, Annemarie Sweet of Mount Royal and Sage Smith of Colebrook.

Also earning Hon-orable Mention were keepers Ella Walsh of Portsmouth Christian and Trinity Johnson of Pittsburg-Canaan, de-fenders Vanessa Pollair of Sunapee, Aura Parker of Newport and Allison Herres of Colebrook, midfielders Brooke Lane of Wilton-Lyndebor-ough, Abigail Smith of Pittsfield, Emma Treece of Mount Royal, Olivia Gosselin of Epping and Grace Rose of Concord Christian and forwards Abby Henry of Newmar-ket and Kleay Steever of Hinsdale.

*Sports Editor Joshua Spaulding can be reached at 279-4516, ext. 155 or [josh@salmonpress.news](mailto:josh@salmonpress.news).*

## David Cronin promoted to Executive VP, Chief Human Resources Officer at NH Mutual Bancorp



David Cronin

REGION — New Hampshire Mutual Bancorp (NHMB) has announced that David Cronin has been promoted to Executive Vice President and Chief Human Resources Officer for the organization. NHMB is

a shared service organization that provides essential services to three 150-year-old mutual community banks in New Hampshire - Savings Bank of Walpole, Merrimack County Savings Bank (the Merrimack) and Meredith Village Savings Bank (MVSB) - as well as their sister organization NHTrust, a full-service trust and investment management firm. The services provided by NHMB to their sister companies include human resources, finance, information technology, compliance management, facilities

management, risk management, operations and marketing. In his role, Cronin, provides leadership for NHMB’s human resources, benefits, payroll, recruiting and corporate culture.

“David’s extensive background in human resources has benefited the company well during this period of intensive growth and challenges,” said Gregg Tewksbury, President and CEO of NHMB. “He’s worked tirelessly to align compensation and benefit plans as our company brought banks together

and recently added to our financial services affiliate though an acquisition. David’s focus on our talent and workplace culture benefits all of us as he advocates for employee well-being in everything he does.”

Cronin joined Meredith Village Savings Bank in 2008 as Vice President and Human Resources Officer. In 2009, he was promoted to Senior Vice President and Human Resources Officer and again promoted in 2014 as Human Resources Director for New Hampshire Mutual Bancorp.

Cronin is active in his local church and community, and lives in Madison with his family.

New Hampshire Mutual Bancorp, a shared services organization, was formed in 2013 when two New Hampshire-based community banks, Meredith Village Savings Bank and Merrimack County Savings Bank, formally affiliated – the first relationship of its kind in the state. This strategic partnership has positioned the banks to leverage each other’s strengths as they work together to advance a shared vision of maintaining and enhancing

community banking standards and values. MillRiver Wealth Management joined as a third affiliate in 2015, combining the financial advisory divisions of MVSB and the Merrimack. Savings Bank of Walpole joined NHMB in 2018. In 2020, Mill-River Wealth Management affiliated with the New Hampshire Trust Company and Savings Bank of Walpole Wealth Management to become NHTrust. NHMB combined assets total more than \$2.8 billion. For more information, visit [nhmutual.com](http://nhmutual.com).

### GILFORD

(Continued from Page A1)

meeting with extensive public comment, a motion for Beitler’s recommendation failed and the school board agreed to have remote learning go until the week after Thanksgiving with students returning to in-person learning on Dec. 7. This would allow those in isolation to finish their quarantines and give a seven-day period for people traveling and gathering for Thanksgiving to isolate for seven days and get a test. This also came with the agreement that the board could meet to dis-

cuss this before in-person learning resumed and review any new information.

Beitler announced on Thursday that in-person learning would resume as scheduled that Monday. He also announced that the school board wasn’t planning to hold any meeting that week until the regularly scheduled meeting on Dec. 7.

Beitler also gave numbers of students and staff members who would be in quarantine as of Monday: two students and one staff member

at Gilford Elementary School, three students and one staff member at Gilford Middle School, and no students or staff members at Gilford High School.

“Please make sure to notify the schools if a learner is in quarantine or has had a positive COVID-19 test,” Beitler wrote. “We ask, as always, that you screen your child for symptoms before sending them to school and keep them home if they have any symptoms.”

### DUDEK

(Continued from Page A1)

felt about her new position with LRSF, Dudek said, “I am thrilled to be working at the Foundation. I am eager to meet many of the wonderful donors, who have created scholarship funds to help young people of the area succeed in their dreams of a career or obtain skills. As I hope to

be here for many years, I am looking forward to the opportunity to get to know each of the donors. This organization has been serving the community for 65 years as of February of 2021. That is just amazing. If anyone is interested in becoming a new donor with Lakes Region

Scholarship or making a donation to us to help us to continue our work, I hope that they will not hesitate to contact me. The foundation is easy to find through our website, our Facebook page or by just checking our phone listing.”

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2nd Shift – Monday thru Thursday 3:30PM – 12:00AM  
and Friday 2:30PM – 11:00PM

**Sign On Bonus \$500 and Stay Bonus \$500**  
*Terms and Conditions apply*

**Production Associates:**

- Stitching – Single and double needle (Adler, Juki, Pegasus, Tajima industrial machines)
- Embroidery
- Trim Set (Kansai machines)
- Eyelet, Rivet, Label Sealing, Top Stitch Post, Cuff, Binding, Bartack
- Inspection
- Cutting
- Bagging, Prepping, Sealing
- Customer Service/Order Entry, and various other roles

**Apply to: <https://careers-msasafety.icims.com/>**

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16-6302-MCP / 11.2020

**Governor Wentworth Regional School District**  
Schools: Effingham, New Durham, Ossipee, Tuftonboro, Wolfeboro

## Employment Opportunities

### Bus Drivers

**FULL TIME with FULL BENEFITS**  
Will train and help candidate to obtain CDL-B with Pass/SB endorsement.  
(applicant must have valid driver's license)

### Custodian

**Day Shift- FULL TIME with FULL BENEFITS, Effingham**  
GWRSD is seeking a Temporary Maintenance/Grounds technician through March with the possibility of extension.

### Maintenance/Grounds Technician

**FULL TIME Temporary, District wide**  
Through March with the possibility of extension. Candidate must have own transportation. Experience is preferred but will train the right person.

### Food Service Assistants

Several positions open- part time, mostly mid day

### One-on-One Instructional or Special Education Assistants, General Education Assistants and Recess Proctors

Variety of open positions in most schools-  
See what suits you!

### Substitutes Needed

Assistants, Teachers, Custodians, Food Service, Bus Drivers and Secretaries

to apply and view any open position visit:  
[www.gwrsd.org](http://www.gwrsd.org) (employment tab)

*Past and future applicants: Please update your application, applying specifically for any new vacancies of interest as they open, to be sure your application will be reviewed.*



**NCVH** Upper Connecticut Valley Hospital

## JOB OPPORTUNITIES

**FULL-TIME**  
**SIGN ON BONUS!**  
\*RN E.D. Nurse Manager  
\*RN – M/S Charge, Day Shift  
\*RN – M/S Charge, Night Shift  
\*RN – E.D. Charge, Night Shift  
\*Speech/Language Therapist  
\*Multi-Modality Radiologic Technologist

**PART-TIME**  
RN - M/S, Day Shift  
Activities Aide

**PER DIEM**  
Cook  
LNAs – RNs  
Certified Surgical Tech  
Central Sterile Technician  
Patient Access Representative  
Environmental Services Technician

**APPLY ONLINE**  
[WWW.UCVH.ORG](http://WWW.UCVH.ORG)  
Upper Connecticut Valley Hospital  
181 Corliss Lane, Colebrook, NH 03576  
Phone: (603) 388-4236  
[Ucvh-hr@ucvh.org](mailto:Ucvh-hr@ucvh.org)  
EOE

## BARNSTEAD ELEMENTARY SCHOOL CENTER BARNSTEAD, NH 03225

### SHORT TERM SUBSTITUTE ELEMENTARY GUIDANCE COUNSELOR

Substitute needed to work with elementary level students in kindergarten through grade 4 beginning immediately through February 2021. Counselor must be a team player to collaborate/advocate for students/families, conduct individual/small group counseling, teach lessons, support student plans in comprehensive guidance model. Knowledge of Responsive Classroom a plus. Elementary Guidance certification and experience preferred.

Please send the following information: Letter of Intent, Resume', Three (3) Current Letters of Reference, Transcripts and copy of N.H. Certification, to:

Timothy Rice, Principal  
Barnstead Elementary School  
91 Maple Street, P.O. Box 289  
Center Barnstead, NH 03225  
(603) 269-5161

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Breckin Bates and Andrew Spicuzza celebrate a goal for the Wolves U18 Split Season Midgets.

# Wolves Split Season Midgets finish first in Tier III

LACONIA — With the cancellation of the NH Tier III playoffs, the NE Wolves U18 Split Season team officially concluded its season on Nov. 22 with participation in the Lakes Region Midget Challenge.

With almost 30 hours of on ice practice time, and bi-weekly strength and conditioning sessions, the Wolves Split Season Midget program provided a terrific outlet for 20 local high school eligible players. Boasting an 8-1 league record and +52 goal differential, the Wolves Split Midgets showed outstanding improvement and development in a shortened season.

The Wolves were led in nets by their two goalkeepers, Adam Omundson and Hunter Robb. Upfront they got key goal scoring from Nick Potenza, Andrew Spicuzza, Andrew Duany, Eric Ellingson and Breckin Bates. On the back end, Bailey Savage, Andrew Rowley and Cam Kean were critical pieces to the defense.

Many of these players will be joining their highs programs in the next few weeks (provided New Hampshire completes a high school season). In the meantime, the players can take great pride in their first place finish in the regular season for NH Tier III U18. The team is coached by Kingswood boys' hockey coach Mike Potenza.

## Gilford Parks and Recreation News

BY HERB GREENE  
Director  
Gilford Parks and Recreation  
BakedGoodsforGood! Gilford Public Library

The Gilford Parks and Recreation Department in conjunction with the

and the Gilford Youth Center, are sponsoring an online “Baked Goods for Good” interactive baking program for children. This program will be held via Zoom on Tuesday, December 15th at 3:30pm, where children will learn how to make Christmas Bark. There is a suggested donation of \$10.00 (checks payable to “Gilford Public Library”) and all proceeds will go to benefit the Gilford Got Lunch program. To register in

advance and receive the ingredient list, please call the Gilford Public Library at 524-6042.

Senior Strides Weekly Walking Program on Wednesday mornings The Gilford Parks and Recreation Department and Gilford Youth Center are co-sponsoring a weekly drop-in walking program for senior adults on Wednesday mornings from 9-10 a.m. at the Gilford Youth Center. Participants

can track their progress or just walk for fun. All participants should bring and wear a mask throughout the program. Participants are also encouraged to bring their own water bottle, as water will not be provided. There will be plenty of chairs available, spaced 6 feet apart, for participants to take a break as needed. Hand sanitizer and disinfectant will be available. There is no fee for this program


and participants can register their first day. For more information, please contact the Parks and Recreation Department at 527-4722

Bolduc Park Cross Country Ski Program The Gilford Parks and Recreation Department will be offering four weeks of Cross Country Ski Lessons at Bolduc Park this winter. Lessons begin on Saturday, Jan. 2, 2021 and will continue through Jan. 23, 2021 (in the event a day is cancelled because of poor weather, it will be made up the week(s) following Jan. 23). Lessons begin at 10 a.m. and rental skis may be picked up at 9 a.m. at Piche's Ski Shop! Registration forms are available at the Gilford Parks and Recreation Department, the department's website at [www.gilfordrec.com](http://www.gilfordrec.com), Bolduc Park and Piche's Ski Shop. Please mail, fax or drop off your registrations directly to Piche's Ski Shop.


Cost: \$80 per person includes rental equipment! \$40 per person if you have your own equipment!

If you have any questions, please contact Bob or Pat Bolduc at 524-2068.

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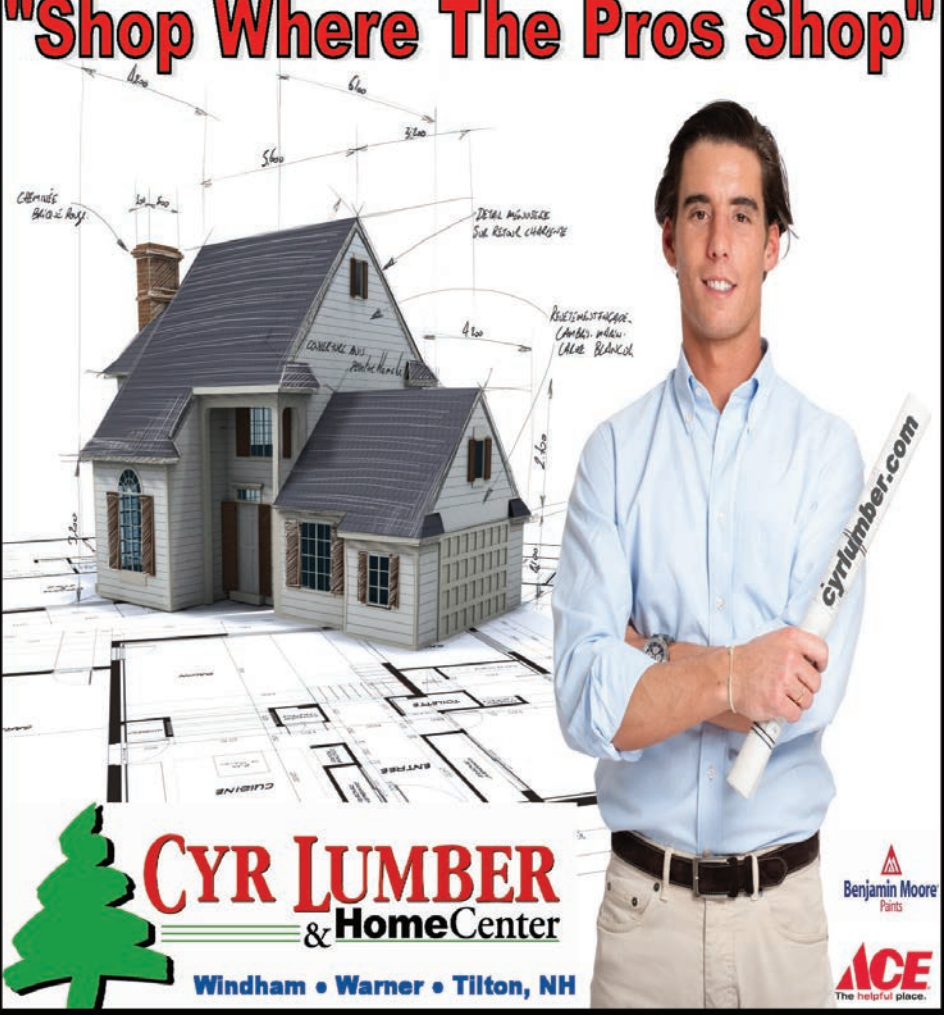
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