



THURSDAY, FEBRUARY 7, 2019

COVERING ALTON, BARNSTEAD, & NEW DURHAM - WWW.SALMONPRESS.COM

FREE

# New asset helping make lake life safer

## Alton Fire-Rescue puts new winter air boat in service

BY MARK FOYNES  
Contributing Writer

ALTON — The recent donation of an air boat from a Rattlesnake Island philanthropist will boost the town's - and that of the whole region's - capacity to help first responders ensure the safety of folks on Winnepesaukee prior to ice out.

People ice fish, snowmobile, and snowshoe on the lake. These are staples of lake life. But sometimes bad things happen. Most people are ice savvy, but there are spots on the lake where the ice is thin and folks inadvertently fall through. In these instances, emergency crews are called in.

The airboat will be an invaluable asset that can help save lives when minutes matter.

"The lake is a great resource all year long, but in winter it does present a unique set of challenges," said Alton Fire-Rescue Captain Pat O'Brien, who helped secure the donation.

Prior to the dona-

tion, Captain O'Brien said that ice-related incidents required mutual aid assistance from Tuftonboro.

The boat is an Alumitech flat-bottom model with a polymer base. It was secured by the Alton Firemen, Inc., the non-profit arm of the AFD. It was outfitted with \$18k worth of upgrades, donated by private individuals. The asset, therefore, comes to Alton with no hard costs or implications for taxpayers.

"The initial thought was that upgrades would cost about \$10,000," recalled captain O'Brien. "So we sent out a mailer to people in town; the results were outstanding - you can underline that. We actually raised about \$18,000, which helped us bring this vessel up to standard for its intended mission. We are so incredibly grateful for the community's support."

O'Brien noted that there were a few large donations, but there were several smaller donations to help make

the civilian boat into something that first responders can use for public safety.

"It all adds up, and the wide support shows

how people care about this community," O'Brien summarized.

The Alumitech company's web site notes, "Alumitech's long

standing reputation for building the finest aluminum airboats in the industry began when the company was founded in 1985. Our

longevity and expertise means that your airboat will be built to your specifications and ready to run."

SEE BOAT, PAGE A5



JOSHUA SPAULDING

### Safe landing

A plane comes in for a landing at the Alton Bay ice runway on Friday afternoon.



JOSHUA SPAULDING

### Nice job

Jonathan Gray receives high fives from coaches Richard Fortier and Lois Stevens as he comes off the court during his team's game against Gilford on Monday. The Timber Wolves came up a point short in a back and forth battle with the Golden Eagles. More photos from that game will appear in next week's edition.

## Filing period ends, some races on the ballot

BY JOSHUA SPAULDING  
Editor

REGION — The filing period for local town and school offices ended last Friday.

Town clerks in Alton and New Durham provided a list of candidates who signed up to run for these positions.

In Alton, three residents signed up for two three-year seats on the board of selectmen. The candidates include Paul LaRochelle, Richard Macdonald and John Markland.

There are two three-year seats for planning board and three residents signed up to run. Peter Bolster, Andrew "Drew" Carter and Russell Wilder have signed up for the seat.

For a one-year seat on the planning board, Stephen Copithorne and David Hussey have both signed up.

There is only one other contested race on the town ballot and that is for a three-year seat as water commissioner. Richard Macdonald and Timothy Macdonald have both signed up for that seat.

Karen Petelle signed up for a three-year seat as library trustee, while the other seat is open.

Rossiter "Bob" Holt signed up for a one-year term as water commissioner.

For budget committee for three years, David Hershey and Rossiter "Bob" Holt have both signed up for two available seats.

For a one-year seat as supervisor of the checklist, Raymond Johnson has signed up.

There are two seats for three years as a zoning board member. Timothy Morgan has signed up for one of those positions, the other position is open.

Frank Rich has signed up for a two-year seat on the zoning board.

On the school district side of things, there are two seats available for three years on the Alton School Board. Julie Brown, Kristine Hikel and Peter Leavitt are on the ballot

Robin Lane-Douglas signed up for a one-year term as moderator and Linda Roy signed up for a one-year term as school clerk.

For a three-year seat on the board of selectman, David Swenson has signed up to

SEE FILINGS, PAGE A5

### INDEX

- Volume 13 • Number 6
- Business..... A7,A14
- Churches..... A8
- Classifieds..... B6-B9
- Editorial Page..... A4
- John Harrigan..... A15
- Letters..... A4-A5
- Obituaries..... A6
- Sports..... B1 - B5

26 pages in 2 sections

©2019, Salmon Press, LLC.  
Call us at (603) 569-3126  
email: baysider@salmonpress.news  
www.salmonpress.com

## Early deadline next week

MEREDITH — The editorial deadline for next week's edition of The Baysider have been moved up a few hours.

All photos, letters, press releases and obituaries for the Feb.

14 edition of The Baysider must be submitted by 5 p.m. on Monday, Feb. 11.

Deadlines return to normal the following week.

# Community outdoor winter event Feb. 16 in Alton

ALTON — The Alton Parks and Recreation Department is sponsoring a community outdoor winter event on Saturday, Feb. 16, at Mill Pond (across from the Central Fire Station on Route 140) from 4 to 6 p.m. Event includes ice skating, cross-country skiing and snow shoeing. Bring your equipment and play outside on Mill Pond. Snacks, bonfire and more. Parks and Recreation will bring the collection of skate swap skates for residents to use or take home. For more information, contact Alton Parks and Recreation at parksrec@alton.nh.gov or 875-0109.

**Ice skate swap**  
The Alton Parks and Recreation Department is sponsoring a community skate swap. If you have new or used ice skates that are in good condition you can bring them to the Parks and Recreation office at 328 Main St. during normal business hours 7:30 a.m.-3:30 p.m., Monday-Friday and drop them off for others to enjoy; all sizes will be accepted. Once a collection of skates are received, they will open up the free skate swap for the community.

**Alton co-ed adult softball league**  
The Alton Parks

and Recreation Department is looking for teams that would like to play adult softball June 17-mid August, non-residents are welcome to participate. Players must be 18 years or older. If you have a team and would like more information or to sign up, please contact the Parks and Recreation Department at parksrec@alton.nh.gov.

**Little Pesaukees Playgroup**  
The Alton Parks and Recreation Department is sponsoring a drop-in playgroup for kids up to five years old at the Alton Bay Community Center on

Thursdays from 9 to 11 a.m. The program is free. They provide the books, puzzles, toys and games, and you provide the interaction. Please bring a peanut-free snack for your child. This is a great program to introduce you and your child to other members of the community. For more information, contact LittlePesaukees@gmail.com.

**Local snowshoe program**  
The Alton Parks and Recreation Department is sponsoring a snowshoe walk on Saturday mornings led by Ruth Arsenault. Join community members on a snow shoe walk each week from 10 a.m. to 12 p.m. Walks will be held in local parks and will be easy to moderate. The free program is ongoing. Meet at the Alton Bay parking lot. For more information and/or to register for this program on Feb. 9, e-mail

your name and contact information to parksrec@alton.nh.gov.

**Exercise classes**  
Intermediate Yoga with Sheila Marston focuses on breathing techniques, postures and proper alignment. Geared toward participants who know basic postures. Class ends in seated meditation and savassana. Wednesdays, 7-8 p.m. at the Alton Bay Community Center.

Zumba classes with Sherry Meyer are held Mondays and Wednesdays at the Alton Bay Community Center from 8 to 9 a.m.

**Ice skating rink at Mill Pond**  
The town of Alton has opened an ice skating area at Mill Pond, across from the fire department on Route 140. The rink is maintained by the town's grounds and maintenance department. Rink conditions are weather dependent so

please check the ice rink sign to make sure the rink is open.

**Commission members needed**  
The Alton Parks and Recreation Commission is looking for one member and two alternates to make a full board. The Parks and Recreation Commission is made up of five members from the community appointed by the board of selectmen. The purpose of the commission is to set policies; advise on needed parks and recreation programs; and to plan, acquire and develop recreation facilities, parks and open space areas to meet future needs as the town grows. The commission meets monthly. Contact the Alton Parks and Recreation Department at 875-0109, parksrec@alton.nh.gov for more information on how to become a volunteer member.

## Family support group meeting in Barnstead Feb. 14

BARNSTEAD — Hope for NH Families, family support group, is meeting on Thursday, Feb. 14, at the Oscar Foss Memorial Library, 111 S. Barnstead Road, Center Barnstead, 6:30 to 8 p.m. and is on the second Thursday of every month.

This group offers support for family members that have a loved one living with a substance abuse

disorder. People find strength in sharing their experiences and knowing that they are not alone. Learn to reject stigma in themselves and others and to never give up hope. Help in aiming for better coping skills.

The facilitators in this group have been trained by NAMI. Granite Pathways offers family support groups throughout the state of

New Hampshire to provide support to adult family members with a loved one affected by substance abuse disorder. If you have any questions or would like more information about this group, please contact Cheryl at 755-1232 or Charlene at 715-0509 or e-mail at hopenhfamilies@gmail.com. This meeting is free and confidential.

## New Durham senior lunch is Feb. 16

NEW DURHAM — The next New Durham senior citizen lunch will be held in the Fire Station Community Room on Saturday, Feb. 16, at noon. Please mark your calendars. Salad, lasagna, garlic bread and dessert

will be served. Coffee, tea and water will be available. This free meal is for those aged 60 and over who live in New Durham and will happen once monthly during the colder months. Donations will be accepted but are not

expected. Please get your friends and family together to come enjoy a meal together. Please RSVP to New Durham Town Clerk, Stephanie MacKenzie at 859-2091 ext. 1, so they know how much food to prepare.

**Forest Pump & Filter Co.**  
Serving The Greater Lakes Region Area for Over 50 Years

**WELLS, PUMPS & FILTERS**

- Complete Well Drilling Service
- Free Water Analysis • Licensed and Certified
- Water Filters & Conditioning
- Sales • Service • Installation
- Iron • Sulfur • Water Softeners
- Purifiers • Arsenic Removal Filters
- Radon Removal Units
- Chemical-Free Iron Removers & Supplies

**"NO WATER" EMERGENCY SERVICE**  
FINANCING AVAILABLE

VISIT OUR SHOWROOM 277 MILTON ROAD • ROCHESTER, NH  
**603-332-9037**  
www.forestpump.com

**PENNY CANDY SHOP**

**Valentine's Day Sweets + Treats!**

- FUN CANDY
- FINE CHOCOLATES
- PARTY FAVORS
- CORPORATE GIFTS

1¢

15 North Main Street  
Durgin Stables  
Wolfeboro, NH 03894  
603 569-9800

**The Baysider**  
WWW.SALMONPRESS.COM  
(603) 279-4516  
A SALMON PRESS PUBLICATION  
BAYSIDER STAFF DIRECTORY

**ADVERTISE WITH US**  
ADVERTISING EXECUTIVE  
Cathy Cardinal-Grondin  
(603) 575-9125  
cathy@salmonpress.news

**SEND US YOUR NEWS AND PICS**  
Moments@SalmonPress.news

**TO FAX THE BAYSIDER:**  
CALL (603) 279-3331

**TO PRINT AN OBITUARY:**  
E-MAIL: josh@salmonpress.news

**TO SUBMIT A LETTER TO THE EDITOR:**  
E-MAIL: josh@salmonpress.news

**TO SUBMIT CALENDAR ITEMS:**  
E-MAIL: josh@salmonpress.news

**PRESIDENT & PUBLISHER**  
FRANK G. CHILINSKI  
(603) 677-9083  
frank@salmonpress.news

**BUSINESS MANAGER**  
RYAN CORNEAU  
(603) 677-9082  
ryan@salmonpress.news

**OPERATIONS DIRECTOR**  
JIM DiNICOLA  
(508) 764-4325

**DISTRIBUTION MANAGER**  
JIM HINCKLEY  
(603) 279-4516

**EDITOR**  
JOSHUA SPAULDING  
(603) 941-9155  
josh@salmonpress.news

**MANAGING EDITOR**  
BRENDAN BERUBE  
(603) 677-9001  
brendan@salmonpress.news

**PRODUCTION MANAGER**  
JULIE CLARKE  
(603) 677-9092  
julie@salmonpress.news

The Baysider is published weekly by Salmon Press, P.O. Box 729, 5 Water St., Meredith, NH 03253. ISSN: 1945-5836. USPS 024921 periodicals postage paid at Meredith, NH 03253. POSTMASTER: Send address changes to the Baysider, P.O. Box 729, Meredith, NH 03253.

**BIG LAKE Taxi & Limo, LLC**

**Airport Shuttles to and from Portland, Manchester & Logan, Concerts, Nights Out, Mt. Washington cruises, large group discounts.**

**We'll take you anywhere you want to go!**

Check out our website for prices and book your trip!  
**www.biglaketaxiandlimo.com**  
**875-3365**  
Fully Insured and Airport Registered

**WE HAVE A VEHICLE FOR EVERY OCCASION!**

**CLASSIFIED SELLS IT ALL**



# Belknap County Republicans meet Wednesday

LACONIA — The Belknap County Republican Committee is holding its next monthly meeting on Wednesday, Feb. 13, at 6:30 p.m. at the Laconia VFW, 143 Court St., Laconia.

The committee is pleased to announce that Greg Moore, New Hampshire Director of Americans for Pros-

perity, a 501(c)(4) organization, will address the committee. Moore will share a brief history of AFP, and talk about AFP's goals of advocating for low taxes and limiting the growth of government.

In addition to hearing from Moore, the committee will hear about plans and sub-committees that

will be organized to focus attention on winning the elections in 2020 to gain back a Republican majority in the NH House, Senate, and Executive Council and to re-elect Governor Chris Sununu.

Members of the committee are asked to

bring a friend (or two) to this month's meeting as the committee is intent on increasing its membership with people from all age groups but in particular young Republicans from 18-40 years of age.

Belknap County GOP meetings are open to

all Republicans and like-minded Independents. The committee suggests that you arrive as early as 5:30 p.m. to socialize with other members.

As has become a monthly tradition, the committee encourages its members to continue

to bring non-perishable food items for donation to local food pantries.

For more information about the committee, please check the committee's web site at [www.BelknapCountyGOP.org](http://www.BelknapCountyGOP.org) or send an e-mail to [alan.glassman@gmail.com](mailto:alan.glassman@gmail.com).

## Profile Bank hosting food drive for End 68 Hours of Hunger

ALTON — Profile Bank in Alton is holding its annual food drive for the Alton and Barnstead End 68 Hour programs. During the month of February, residents can drop off food at their location during operating hours.

End 68 Hours of Hunger is a private, not-for-profit, effort to confront the approximately 68 hours of hunger that some school children experience between the free lunch they re-

ceive in school Friday and the free breakfast they receive in school Monday. One hundred percent of all money and food goes to feeding the children.

They are looking for the following items: Cereal, crackers, jelly in plastic only, mayo in plastic only, fluff in plastic only, snacks, mac and cheese, granola bars, fruit cups and pop tarts.

Residents can also donate money at Profile Bank and they will do the shopping.

## Symposium on D-Day taking place in Wolfeboro

WOLFEBORO — Sponsored by Two International Group and hosted by the Wright Museum, Symposium on D-Day will feature two national best-selling authors, Patrick O'Donnell and Alex Kershaw in what is expected to attract hundreds.

Taking place on July 23, the event will honor the 75th anniversary of D-Day, which museum Executive Director Mike Culver described as "one of the most important events in 20th century world history."

"We are so grateful for the support of Two International Group, which has enabled us to plan an event with

authors we could not have brought here otherwise," he said.

An expert on America's elite and special operations units, O'Donnell, author of D-Day themed Dog Company, has written books that span the American Revolution to the Battle of Fallujah. Some of his other books include Beyond Valor, The Unknowns, Give Me Tomorrow, and Into the Rising Sun.

With his newest D-Day book, First Wave, scheduled for publication in May, Kershaw worked as a journalist for The Guardian and other newspapers before moving to the US in

1994. His 2012 book, The Liberator, is being made into a drama series that will air on Netflix in 2020.

At the Symposium, Culver said both authors will provide their perspective on D-Day and WWII, subjects about which they have each written extensively.

"Their perspective is respected by historians throughout the world, so this is a unique opportunity to hear from and speak with them," he added.

Symposium on D-Day will take place from 1 to 5 p.m. in the Great Hall of Wolfe-

boro Town Hall in Wolfeboro. Following a Q&A session, both authors will sign copies of their books (available for purchase).

The region's leading resource for educators and learners of all ages on World War II, the Wright Museum features more than 14,000 items in its collection that are representative of both the home front and battle field.

For additional information about the museum, or to purchase tickets, visit [www.wrightmuseum.org](http://www.wrightmuseum.org).

## Plymouth State announces Dean's and President's Lists

PLYMOUTH — Plymouth State University has announced Dean's List and President's List for the fall semester.

Four-hundred-seventy-three students have been named to the Plymouth State University Dean's List for the Fall 2018 semester. To be named to the Dean's List, a student must achieve a grade point average between 3.5 and 3.69 during the Fall 2018 semester and must have attempted at least

12 credit hours during the semester.

Included in that list are Erin Bunker of Barnstead and Brennin Loring of New Durham.

Eight-hundred-thirty-one students have been named to the Plymouth State University President's List for the Fall 2018 semester. To be named to the President's List, a student must achieve a grade point average of 3.7 or better for the Fall 2018 semester and must have attempted at least

12 credit hours during the semester.

The list includes Hailey Kelley of Center Barnstead, Skyla Brewster of Center Barnstead, Brianna Hada of Alton, and Fatima Areas of Alton.

Established in 1871, Plymouth State University serves the state of New Hampshire and the world beyond by transforming students through advanced practices where engaged learning produces well-educated under-

graduates and by providing graduate education that deepens and advances knowledge and enhances professional development. With distinction, they connect with community and business partners for economic development, technological advances, healthier living and cultural enrichment with a special commitment of service to the North Country and Lakes Region of New Hampshire.

### PIG OF THE WEEK by D.A. Hammond

[WWW.PIGSINAPOKE.COM](http://WWW.PIGSINAPOKE.COM)



Kosher Ham on Wry

**Winnepesaukee Livery & Airport Express**

AIRPORT • REGIONAL LOCAL • FULLY INSURED

603-569-3189  
[www.winnilivery.com](http://www.winnilivery.com)  
All major credit cards welcomed

Medical Ambulatory Transportation Service  
Serving all major Medical centers throughout New England and Boston

- Post-op
- Pre-surgery procedures
- Medical appointments

The Lakes Region's Most Trusted Livery Service

TEACHING STUDENTS,  
TOUCHING THE FUTURE

**NOTICE  
TOWN OF BARNSTEAD  
SB2 PETITIONS**

THE BOARD OF SELECTMEN AND SCHOOL BOARD ARE HOLDING A COMBINED PUBLIC HEARING REGARDING THE PETITIONS THEY RECEIVED TO ADOPT SB2 (RSA 40:13) FOR THE TOWN AND SCHOOL MEETINGS.

THE PUBLIC HEARING WILL BE HELD IN ACCORDANCE WITH RSA 40:14 ON FEBRUARY 19, 2019 AT 6:00 P.M. IN THE GYMNASIUM AT THE BARNSTEAD ELEMENTARY SCHOOL.

THE PUBLIC IS ENCOURAGED TO ATTEND.

**Forest Pump & Filter Co.**

Serving The Greater Lakes Region Area for Over 50 Years

**WE DO IT ALL**

WELL DRILLING PUMP SYSTEMS  
FILTERS

Family Owned Business for 40 Years

CALL FOR SERVICE  
FOREST PUMP & FILTER CO., INC.  
603-332-9037

[www.salmonpress.com](http://www.salmonpress.com)

**TEXTING AND DRIVING  
MAKES GOOD PEOPLE LOOK BAD.**

STOPTEXTSSTOPWRECKS.ORG

Ad Council NHTSA

## Whining about whining

We all know them – the whiners and chronic complainers of the world. No matter how silly or temporary a problem, they have to comment and complain to anyone who will listen.

Traffic... the weather... the price of gas... the long line at the store... the price of lettuce...too much rain... not enough rain... they never seem to run out of material.

Why so much whining? What is the benefit of having such a negative outlook? And why do these constant complainers always need to share their views with others? Do they want to assure themselves that the rest of us understand just how inconvenienced they are? Do they need someone to sympathize with them and validate their concerns? Or do they just like to hear themselves talk?

The worst whiners are the ones who complain about small things they can actually change, if they really want to. But they seem to cling as hard to the thing they complain about as much as they want to be rid of it.

Obviously, it's not easy to find a new job, or a new place to live, or a better car. Those things don't happen simply because one wishes they would. And many people do not have the means or support or privilege to achieve them. All of this is understood. Those problems are tough to deal with and not easily solved.

But what about the person who chronically complains about the drive-thru service at a fast food place, yet never parks and goes inside? Or tries another restaurant? What about that co-worker who talks incessantly about how bad the office coffee is, but never brings her own? And the guy who likes to make sure everyone in line knows that his time is precious and he just can't be late to his meeting – couldn't he have left earlier? Couldn't he come back later? Those are small solutions to small issues, yet the whiners seem to relish the pain without fixing the problem.

So, we let them whine, and maybe as a kindness, acknowledge their problem and sympathize. If all they need or want is a listening ear, even for five minutes in line at the grocery store, let's give it to them.

If someone listens, at least that's one less thing for them to whine about.



COURTESY PHOTO

### Apache Awards

Alton Central School is happy to announce that Matthew Dumond, Robert Booth, Michelle Bemis and Alicia Foss were honored with "Apache Awards." The "Apache Awards" are chosen each month and are voted on by fellow staff members. Foss and Bemis are both paraeducators. Dumond is a member of the school's IT department, and Booth is the school's lead custodian. The theme for this month was "The unsung hero who demonstrates a quiet perseverance and a willingness to improve Alton Central School," which is aligned with the school's strategic plan. Pictured (l to r), Dumond, Booth and Foss. Bemis is missing from photo.

## Letters to the Editor

### LaRoche a thoughtful choice for selectman

To the Editor:

I hope Paul LaRoche decided to run for selectman for Alton. I have known Paul a long time and served with him on the zoning board and under him as the chairman. Here is what I have learned. Paul is a gentleman. Paul is smart. Paul loves and respects Alton and the rest of us. Paul is honest and a man of integrity. Paul believes in public service and gives back with his time, his wallet, and his devotion to his community. Most people talk and talk. Paul walks the talk. He is leader who can think out of the box. How much do you think he gets paid for chairing the zoning board, building our community bandstand and running our municipal ice airport every winter? I'll tell you –nothing, zero, nada, rien, bukkiss. niente, nichts, nichego takogo, meiyou, nanimo-nai, gornish. Before you vote, think about what our current selectmen have donated to our community outside of just making decisions every

day that effect each one of us personally. Whoever may run against Paul, ask what have they done for us lately, what have they given our community when no one was looking? Who else has taken money and time out of their own pocket for Alton for no other reason than they wanted to? Who else just shows up? Remember last year, Andrew Lavasseur won the ZBA budget committee, budget committee, and I believe one other election (water commissioner?) and did not have the courtesy of filling out his term in any of them by quitting all three, guess he was too busy or could care less. Judging by those who ultimately replaced him it was the best outcome for the rest of us. My point is, make a clear and thoughtful choice for who you vote for. A clear and thoughtful choice for selectman of Alton is with careful thought, Paul LaRoche.

Steve Miller  
Alton

### Are we underfunding our public schools?

To the Editor:

Are we in danger of underfunding our public schools?

It was with interest that I read the article reporting the proposed 3.2 percent increase in the GWRSD budget (Jan. 24). Undoubtedly teachers, administrators and others in the GWRSD system with responsibility for crafting this budget worked long and hard to limit cost increases. Surely there are many taxpayers in the community who will applaud the limited increase as consistent with changes in the cost of living. However, one must ask if this modestly increased budget is in the best interests of our students and community.

At a time when the demands on our local schools are increasing, the state of New Hampshire has persistently and significantly cut educational funding. This has allowed the governor to position himself as a cost cutter, when in fact all he has done is shift these cost onto the backs of local taxpayers.

The results of this cost-shifting have been catastrophic for some school districts. The Berlin School District, for example, will be closing its last elementary school, Brown Elementary School, as a result of cuts in the state's stabilization grants. Some districts have eliminated programs and others have moved to "pay-to-play," severely impacting access and opportunities for lower income students.

According to GWRSD Board Chairman Jack Widmer, as reported in the article, the impact of this cost shifting on GWRSD will be in an in-

creased cost of approximately \$170,000 to this budget because of the cuts to the stabilization grants and approximately \$750,000 because the state will no longer contribute to the public pension fund.

That is a lot of cost to absorb while keeping the budget increase low. So, what have we lost in doing so? Are we actually underfunding our schools?

New England's vibrant economies have long been fueled by quality education, from early learning through world-class universities. Unless we are adequately funding STEM programs and the arts in our schools we are opting for the long-term economic strangulation of our region. Unless we are providing adequate salaries and benefits we will not be able to attract and retain the quality educators our children need to succeed. Unless we adequately fund our schools the entire commonwealth, not just parents and children, will suffer the consequences. A well-funded school system is an investment in, and essential to, our future.

Let's make sure that if we are adopting this budget we are not underfunding our future.

I would also urge our locally elected representatives and political parties to work toward providing a public vehicle – forums, presentations, or discussion sessions – in which long-term constructive solutions to educational funding can be discussed in a bi-partisan manner.

John Van Lonkhuyzen  
Wolfeboro

## Apholt on Dean's List at Lasell

NEWTON, Mass. — College, was named to the fall 2018 Dean's List. Apholt, an Alton Bay native, is a member of

the Lasell College class of 2020. To be named to the Dean's List, they needed to complete at

least 12 credits as a full-time student and achieve a semester GPA of 3.5 or higher.

**Looking for New Customers?**

**FROM THE LAKES REGION TO THE GREAT NORTH WOODS.**

- The Baysider
- Meredith News
- Berlin Reporter
- Gifford Steamer
- Granite State News
- Littleton Courier
- Record Enterprise
- Winnisquam Echo
- Newfound Landing
- Coös County Democrat
- Carrol County Independent

• Carrol County Independent

Salmon press

**CALL 603-279-4516 TO PLACE YOUR AD TODAY!**

**BOAT**

(continued from Page A1)

“It can be like a ski-mobile in an open-ice area,” O’Brien said. He didn’t cite actual speeds, but noted that the asset can vastly improve response times to lake-related emergencies in the winter. As a regional resource, the Alumitech craft vessel will be a resource for communities around the lake, as well for people in emergency situations in Barnstead, Gilmanston and New Durham.

According to O’Brien, local donor Ron Brown gifted the boat to the town.

The AFD captain said the donor’s gift was motivated by a 2017 lake-related fatality. O’Brien was among the responders. A boy and his dad fell through the ice at a thin spot. Emergency crews converged on the scene. Local responders did not have all the tools they needed. Fortunately, the father was saved. The son was not.

O’Brien, who was present at the rescue, did not want to disclose the names. While they are a matter of public record, O’Brien said, “It was very recent and I do not want to open any wounds.”

This incident triggered a notion in O’Brien’s mind: we need a way to traverse icy surfaces for winter-time rescues.

O’Brien said that Lake Winnepesaukee presents a unique set of circumstances in the winter. Between its multiple bays and islands, water flows and eddies create various water conditions. Even in deep winter, there can be open water. Stomping across the lake, even for just a football field’s length,



THE ALTON FIRE DEPARTMENT’S new air boat is in service.

COURTESY PHOTO



THE ALTON FIRE DEPARTMENT’S new air boat can handle the ice of Lake Winnepesaukee in the winter.

COURTESY PHOTO

port; this facility is, of course, restricted to just a small part of the lake.

Alton has relied on mutual aid.

“To be sure, Tuftonboro’s icecraft asset has been a boon. But O’Brien believed that such a similar craft was needed locally.

“In most situations, minutes - even seconds - matter.” He added, “If we need to respond to something on the lake, we can do this more rapidly because of this donation.”

O’Brien expressed sincere gratitude that Alton has received from Tuftonboro.

“They’ve had our backs. I am personally appreciative of that.”

O’Brien also said that Alton’s new craft would be available as an additional resource.

“In case someone else’s is not available or another is needed, this builds in some [regional] redundancy to respond,” the captain said.

The “like-new” air-boat is capable of traversing frozen surfaces. It is very similar to the types of craft that are used for Everglades alligator tours and frequented on the Louisiana bayou.

This is a boon to the Alton Fire Department, which is called upon to respond to incidents where ice fishermen and snowmobilers fall through the ice. O’Brien noted that some seasonal residents on island homes come up in the off-season and have the occasional mishap.

The Alton Firemen Inc. is a private not for profit 501c3 who exists to support the fire department and its members mainly in the way of equipment and gear purchases that would not otherwise be funded through the FD budget, such as this air boat project, which raised \$18,000. Captain O’Brien thanks all supporters of this organization, which brought the air boat to town.

**FILINGS**

(continued from Page A1)

run again.

There are a pair of three-year seats for budget committee and Mark Sullivan, Joan Swenson and Ronald Uyeno have all signed up to run.

For a two-year seat as John C. Shirley Cemetery Trustee, Douglas Gilman has signed up.

Darlene Checchi has signed up for a three-year seat as a John C. Shirley Cemetery

Trustee.

There are two spots open for three years as a library trustee and only John Michaud signed up to run.

For two planning board seats for three years, Scott Drummey is the lone resident to sign up.

Mara Robertson signed up for a six-year seat as supervisor of the checklist.

Stephanie McKenzie signed up for another

three-year term as town clerk.

Fred Quimby signed up for a three-year seat as a trustee of the trust fund.

For the zoning board of adjustment, there are two three-year terms available with just Wendy Anderson signing up.

Joshua Spaulding can be reached at 279-4516, ext. 155 or josh@salmonpress.news.

there might be a foot of ice under you - or may be less than inch.

O’Brien said that lake traverses should exercise caution. No one drills to report on public record on ice

depth. O’Brien also said he knows of no public agency that reports on ice thickness. The closest thing thereto is possible the agency that maintains the Alton Bay ice air-

**Fred Varney Company**  
**KITCHENS AND BATHROOMS**

**VISIT OUR SHOWROOM IN WOLFEBORO**

**Located on Center & Grove Streets**

(Directly behind the General Wolf Laundry)

**Showroom Hours: Monday-Friday 9-5 • Saturday 9-1**  
**Evenings by Appointment**

**www.kitchensnh.com • 569-3565**



**NORTH COUNTRY COINS, LLC**

BUYING • SELLING • APPRAISALS  
Est. 1989

WWW.NCCNH.COM  
TUES - FRI 10 - 5 • SAT 10 - 3

**HIGHEST PRICES PAID**

All US and foreign silver and gold coins, estate jewelry, scrap gold, diamonds. Free oral appraisals.  
**NORTH COUNTRY COINS.**  
Main St., Plymouth, NH 536-2625.



**Law Offices of**  
**Kurt D. DeVyllder, PLLC**

18 Union Street, Wolfeboro, NH 03894  
P:(603) 569-5005 F:(603) 569-5007 E: kurt@devyllderlaw.com  
www.devyllderlaw.com

**Practical • Experienced • Effective**

**GENERAL PRACTICE, Including:**

Family Law • Criminal Defense • Personal Injury Law • Real Estate Law  
Wills & Trusts • Probate of Estates • Debt Collection



**THE BAYSIDER:**

*The next best thing to word of mouth advertising!*

MEET YOUR SALES REPRESENTATIVE

**CATHY CARDINAL-GRONDIN:**

- Committed to excellent customer service
- Dedicated to providing local businesses print and online advertising with outstanding circulation and distribution.
- Planning an affordable marketing campaign individualized to the clients specific needs



Call Cathy today at (603) 788-4939 or e-mail cathy@salmonpress.news  
Our advertisers trust us, our readers trust our advertisers!

www.Salmonpress.com

**GIVE. ADVOCATE. VOLUNTEER.**  
**LIVE UNITED**



Granite United Way  
www.graniteuw.org

# MVSB celebrating 150th anniversary

REGION — Meredith Village Savings Bank (MVSB) is celebrating its 150th anniversary this year with a series of planned events and fun surprises for community members. The bank launched its “150th Anniversary Sweetheart” sweepstakes on Feb. 4 for a chance to win one grand prize romantic getaway to Church Landing at Mill Falls in Meredith, valued at more than \$1,100, or one of two second prize restaurant gift certificates valued at \$100 each.

Anniversary celebrations kicked off in January with in-branch raffles for commemorative Yeti tumblers as a well as several chances to win winter getaways to local attractions. MVSB will be hosting an array of events and contests throughout the year to honor the 150-year milestone.

“We have several gifts and surprises open to any and all community members who wish to celebrate our anniversary with us,” said Rick Wyman,

President of MVSB. “Service and giving back was a founding principle, and we are proud to uphold this tradition. Although we cherish our long and rich heritage, we see ourselves as 150 years young. We will continue to uncover more opportunities to serve customers and our communities over the next 150 years.”

To participate in MVSB’s “150th Anniversary Sweetheart Sweepstakes,” participants must post a wedding photo in the comments section of the bank’s official “150th Anniversary Sweetheart” Facebook post between Feb. 4 and Feb. 13. Winners will be selected at random by the bank’s anniversary committee. The MVSB Facebook page is located at <https://www.facebook.com/MeredithVillageSavingsBank/>.

The grand prize getaway includes a two-night Romance at the Lake package for Church Landing and gift certificates to Hermit Woods Winery, Lee’s Candy Kitchen

and Lakeside Deli and Grille in Meredith. Full contest rules can be found on [mvsb.com/150thAnniversarySweetheartSweepstakes](http://mvsb.com/150thAnniversarySweetheartSweepstakes). Two second prize winners will receive a \$100 gift certificate to their choice of restaurant group: Common Man, Magic Foods or Portsmouth A La Carte.

Chartered on June 30, 1869, Meredith Village Savings Bank was founded by Seneca A. Ladd, a Meredith-based businessman who opened the bank as a way to instill good money management habits in his employees. At the age of 15, Ladd began his career in the carriage construction industry, quickly moving on to operate a thriving three-story carriage business in the building that now houses the Meredith Histori-

cal Society. A decade later, and following a hunch that pianos would become a staple household instrument for the American people, he leased an idle cotton mill to produce pianos and melodeons on the site where the shops at Mill Falls Marketplace now stand. One of Ladd’s melodeons is on current display on the second floor of the bank’s Main Office located at 24 NH Route 25 in Meredith.

An employer who cared deeply about his workers, Ladd observed that many employees lacked skill in managing money. He formed the bank as way to help his workers become savers, and to provide a borrowing resource for the rapidly growing community. Joining with several other associates, Ladd procured a

charter from the New Hampshire Legislature to establish Meredith Village Savings Bank. Under his leadership, the Bank became a central part of the Lakes Region community.

As a mutual savings bank, MVSB remains steadfast in fostering the economic health and well-being of the community, while maintaining prudent stewardship of its resources, and preserving long-term financial stability. MVSB’s founding principle of being a safe depository for the savings of customers in the communities it serves continues to guide present-day operations.

Today, MVSB has expanded from a one-room operation in downtown Meredith to 13 offices in Alton, Ashland, Center Harbor, Gilford, Laconia,

Melvin Village, Meredith, Moultonborough, Plymouth, Portsmouth and Wolfeboro, though many customers also use the bank’s extensive services offered through online and mobile banking.

Meredith Village Savings Bank is celebrating its 150th year anniversary of serving the people, businesses, non-profits and municipalities of the Central NH. Unlike a stock bank, MVSB is a mutual savings bank that operates for the benefit of its depositors, borrowers and surrounding communities. The bank and its employees are guided by the values of accountability, mutuality, excellence, respect, integrity, teamwork and stewardship. To learn more, stop by any of the local branch offices, call 800-922-6872 or visit [mvsb.com](http://mvsb.com).

## NHEC seeking board of director candidates

REGION — Members of the New Hampshire Electric Cooperative (NHEC) interested in being considered for nomination to the board of directors should submit their material to the nominating committee by 4:30 p.m. on Feb. 14. Application information is available on NHEC’s web site at [www.nhec.com/board-of-directors/director-election-process](http://www.nhec.com/board-of-directors/director-election-process).

“The co-op seeks

highly qualified members with diverse personal, professional and geographical backgrounds, as well as broad education and experience,” says Steve Camerino, President/CEO at the co-op. “NHEC is a member-owned, non-profit organization, and serving on the board of directors is one of the ways members have a direct impact on how this democratically controlled organization is run. It is an im-

portant and rewarding job.”

Board members are elected to three-year terms. Four of the 11 seats are up for election this year. Election ballots will be sent to all members in May. Those elected will be seated at the Annual Meeting of Members, Thursday, June 13.

The nominating committee meets numerous times to review the applications and interview candidates for the board of

directors. After completing the process, they nominate a slate of candidates to be included on the ballot. The candidates selected will be identified on the ballot as having been nominated by the nominating committee.

If you or someone you know are interested in applying, contact Sharon Yeaton at 536-8801 or [yeatons@nhec.com](mailto:yeatons@nhec.com) for a candidate packet.

In Case you Didn't Know...

**HAIR I am!**



formerly of Capelli

**Sue Shattuck**

**His & Her Salon**

8 Valley Lane, Wolfeboro  
603-275-1230

TAMWORTH FARMERS MARKET  
2018-2019  
**TAMWORTH FARMERS' MARKET**

WINTER SEASON  
Saturdays 9 to 1  
TAMWORTH TOWN HOUSE  
February 16  
27 CLEVELAND HILL ROAD  
March 2, 16, 30

We **DOUBLE** your SNAP/EBT dollars for fresh fruits and vegetables, meats, fish, dairy, baked goods & more!

Granite State Market Match     Harvard Pilgrim HealthCare

For more information visit [tamworthfarmersmarket.org](http://tamworthfarmersmarket.org)

**Power Outage Tips**

**BEFORE**

- Follow directions from local officials
- Check flashlight and radio batteries
- Charge mobile devices
- Add warm clothes and blankets to emergency kit
- Keep gas tank full
- Take cash out (ATM's may not work)

**DURING**

- Conserve energy
- Go to community warming shelters & check on neighbors, family, seniors and homeless
- Only use generators in open areas away from windows and home to prevent carbon monoxide poisoning

**AFTER**

- Throw out unsafe food

[www.Ready.gov/blackouts](http://www.Ready.gov/blackouts)

Who to Call     Where to Meet     What to Pack     **Ready**

## Vouchers for Veterans program fundraiser is Friday

BARNSTEAD — The Barnstead Farmers’ Market would like to welcome the Vouchers for Veterans program to Belknap County. The BACFM is committed to raising awareness and funds to continue the program and spread it across New Hampshire. Vouchers for Veterans funds vouchers that veterans use to buy meat and produce directly from growers at local farmers’ markets. This year, they are pleased to announce, the Barnstead Farmers’ Market will be offering this program in the month of September for Belknap County veterans. Every week in the month of September, veterans will receive \$20 a week in vouchers to shop at

the farmers’ market. On Feb. 8, the Alton American Legion family Post 72, the Barnstead Farmers’ Market and the Aches and Pains Classic Rock Band will be hosting the Vouchers for Veterans fundraiser and open mic jam from 7 to 11 p.m. The event is located at American Legion, Route 28, Alton (875-3461). The American Legion will be serving dinner from 5 to 8 p.m., menu and dinner prices will be listed at [www.facebook.com/americanlegionpost72](http://www.facebook.com/americanlegionpost72). This event hopes to raise money to support the Belknap County Vouchers for Veterans Program partnering with the BACFM. There will be a gift basket and 50/50 raffle. To donate

or contribute to this cause, please e-mail Lori Mahar, President of BACFM at [lorimaha@tds.net](mailto:lorimaha@tds.net) or call 269-2329.

Visit the Vouchers for Veterans web site to make a secure, tax-deductible donation or send a check, please mark Belknap County in the memo line. All donations are

tax-exempt and benefit Vouchers for Veterans and every dollar makes a difference for local veterans.

For more information on Vouchers for Veterans, visit [vouchersforveterans.org/](http://vouchersforveterans.org/). Donations can be sent to P.O. Box 42, Rochester, NH 03866-0042.

## Rollins on Dean's List at Missouri State

SPRINGFIELD, Mo. — Each semester, students at Missouri State University who attain academic excellence are named to the Dean’s List.

For undergraduate students, criteria include enrollment in at least 12 credit hours during the fall semester and at least a 3.50 grade point average (on a 4.00 scale). Included on the list is Michela Rollins of Alton. Missouri State University is a public, comprehensive university system with a

mission in public affairs, whose purpose is to develop educated persons while guided by three overarching and enduring commitments to student learning, inclusive excellence and institutional impact. The university’s identity is distinguished by its statewide mission in public affairs, which entails a campus-wide commitment to foster competence and responsibility in ethical leadership, cultural competence and community engagement.

**BARN DOG GROOMING**  
BARNSTEAD, NH  
EST. 2017

**#4 Fire Lane 16, Barnstead NH 03218**  
*(located on the parade circle)*  
Dogs, cats & many more

Call to inquire about our services and make an appointment.

**603-813-2013**  
**Pet approved!**

# THE REAL REPORT

RECENT REAL ESTATE TRANSACTIONS

Town	Address	Type	Price	Seller	Buyer
Alton	23 George's Rd.	Single-Family Residence	\$530,000	Edward A. and A. Paul Cioto	Mohamed I. Masoud and Nour F. Gowharji
Alton	23 Lady Slipper Lane	Single-Family Residence	\$535,000	Mitchell 2014 Fiscal Trust	Hadriel and Kristina Kaplan
Alton	35 Macduffy Rd.	Single-Family Residence	\$315,000	John Jeddrey	Christy Taylor and Brian Roy
Alton	41 Rand Hill Rd.	Single-Family Residence	\$85,533	Joseph E. Fannon	Donna M. Ferreira
Alton	69 Riverlake St.	Single-Family Residence	\$395,000	Byrne Fiscal Trust	James J. and Jodi M. Houghton
Alton	N/A (Lot 117)	N/A	\$10,000	Alton Bay IRT	Robert G. and Karen D. Eagles
Alton	N/A	N/A	\$65,000	Alton Bay IRT	Scott J. and Suzanne M. Eagles
Barnstead	Beauty Hill Road	N/A	\$12,533	Town of Barnstead	Jeffrey G. and Judith A. Esburnett
New Durham	214 Birch Hill Rd.	Single-Family Residence	\$300,000	Patrick M. Hayes	Delina J. Burke and Matthew E. Holmes

## ABOUT THE REAL REPORT

Here are recent real estate transactions in Alton and the surrounding areas. These sales summaries are informational only, not a legal record. Names shown are

usually the first listed in the deed. Sales might involve additional parties or locations. Prices are usually based on tax stamps and might be inaccurate for public agency sales. Refer to actual public documents before forming opinions or relying on this information. Additional publicly recorded information on these sales, prior sales and

data from Department of Revenue Administration forms is available at [www.real-data.com](http://www.real-data.com) or 669-3822. Copyright 2011. Real Data Corp. In the column "Type": land= land only; L/B= land and building; MH= mobile home; and COND=condominium.

# Banks donate more than \$4,000 to NH Food Bank

REGION — Sister Banks Meredith Village Savings Bank (MVSB) and Merrimack County Savings Bank (the Merrimack), are grateful for members of the community who donated cold weather items to their annual Mitten Tree drives. More than 2,100 mittens, gloves, hats and scarves were collected and distributed to local schools and non-profits. In keeping with the tradition of contributing \$2 for each item given, more than \$4,200 was donated to the NH Food Bank for use at food pantries in the Greater

Concord, Nashua, Seacoast and Lakes Region areas.

"The Mitten Tree is a wonderful winter tradition we've been proud to uphold each year," said Rick Wyman, President of MVSB. "We are thankful to the many community members and non-profits that make or purchase items and drop them off at our branches."

"The NH Food Bank works with food pantries in all of the regions that both banks serve. Contributions aid in decreasing the risk of food insecurity throughout our com-

munities. I'm proud we were able to help in any way possible," added Linda Lorden, President of the Merrimack.

Meredith Village Savings Bank and Merrimack County Savings Bank are mutual community banks without stockholders. They have remained steadfast in fostering

the economic health and well-being of the community for more than 150 years, sharing in the values that guide all of their actions: accountability, mutuality, excellence, respect, integrity, teamwork and stewardship.

The Merrimack has been serving the people, businesses, non-profits and mu-

nicipalities of Central and Southern NH since 1867. To learn more, visit any of the local branch offices located in Bow, Concord, Concoctook, Hooksett or Nashua, call 800-541-0006 or visit [themerrimack.com](http://themerrimack.com).

MVSB celebrates its 150th anniversary this year, serving the people, businesses,

non-profits and municipalities of the Lakes Region and Central NH since 1869. To learn more, visit any of the local branch offices located in Alton, Ashland, Center Harbor, Gilford, Laconia, Meredith, Moultonborough, Plymouth, Portsmouth or Wolfeboro, call 800-922-6872 or visit [mvsb.com](http://mvsb.com).

## O'Loughlin graduates from University of New Haven

WEST HAVEN, Conn. — Emma O'Loughlin of Alton received her degree from the University of New Haven at Commencement ceremonies in December.

The University of New Haven, founded on the Yale campus in 1920, is a private, coeducational university situated on the coast of southern New England. It's a diverse and vibrant community of more than 6,800 students, with campuses around the country and around the world.

Within their colleges and schools, students immerse themselves in a transformative, career-focused education across the liberal arts and sciences, fine arts, business, engineering, healthcare, public safety, and public service. They offer more than 100 academic programs, all grounded in a long-standing commitment to collaborative, interdisciplinary, project-based learning.

Information is available at [www.newhaven.edu](http://www.newhaven.edu).



**This is how you say it's going to be okay.**

Every 8 minutes the American Red Cross responds to a disaster and makes this promise. This holiday season, you can help us keep it.

Donate today at [redcross.org](http://redcross.org)

American Red Cross

## BUSINESS DIRECTORY

**WINTER MAINTENANCE**

Residential/Commercial

Plowing • Sanding

Push Backs

Roof Shoveling

603-539-2333



info@integrityearthworks.com

Drainage

Utilities

Driveways • Trails

Septic Installation & Repair

Fully Insured



**B-BOYS AUTO REPAIR**

603-269-7712

19 Gray Road  
Barnstead, NH

Paul Bousquet Sr. & Jeff Bousquet Sr.  
75+ years of combined auto repair experience

- Air Cond
- Brakes
- Carburetors
- Clutches
- Cooling Sys
- Diagnostic
- Differential
- Electrical
- Engine
- Inspections
- Oil Changes
- Oil Leaks
- Steering
- Suspension
- Timing Belts
- Tire Rotation
- Transmissions
- ...and more!

Solid reputation of dependable, quality service!

**ALTON FLOORING AND TILE**

Office: 603-875-3507

Residential/Commercial

Carpet, Tile, Hardwood, Laminate, Vinyl, Island work, Boats, RV's/Campers, Etc.

[alton\\_flooring.tile@yahoo.com](mailto:alton_flooring.tile@yahoo.com)

18 Depot St. Alton, NH 03809

**Heckman's Flooring**

(603) 569-6391

Carpet • Vinyl • Tile • Wood • Laminate

Sales • Installation

Rt. 28-2000 Centre Street • P.O. Box 430  
Wolfeboro Falls, NH 03896

**WANT TO SEE YOUR BUSINESS ADVERTISED HERE?**

**Call Cathy at 603-788-4939 or Beth at 279-4516 EXT. 110**



**Little Red Shed**

486 NH Route 11, Farmington NH 03835  
603-755-9418  
[littleredshed.net](http://littleredshed.net)

Open Wed. thru Sun. Year Round

Toy Boxes, Deacon Benches, Rocking Horses & Fire Engines & much more

Custom orders welcome

# OBITUARY

## Michael J. Cushing US Army veteran

BARNSTEAD — Michael J. Cushing, 68, died Monday, Jan. 21, at his home.

Michael was born on Aug. 29, 1950 in Laconia, the son of the late Raymond and Germaine (Smith) Cushing.

Michael served in the United States Army and then spent his career working for the United States Postal Service. He felt most at home in the woods, fishing, camping and hiking. He was a loving and generous father and found his greatest pleasure being a grandfather. Although he did

not like to travel far from home, he made it a point to regularly fly to North Carolina to spend time with his daughter and family.

Michael is survived by his daughter, Rachael Cushing-Cook and her husband David; his grandson, Aidan Cook; two sisters, Eileen Russillo and Barbara Cushing-Moore; and two nieces and a nephew.

A funeral service was held Feb. 2 at St. Andre Bessette Parish — Sacred Heart Church, 291 Union Ave., Laconia. A calling hour preceded the service, also

at the church.

Burial will be held at a later date.

For those who wish, memorial contributions in Michael's name may be made to [www.stgerardhouse.org](http://www.stgerardhouse.org), a non-profit serving individuals with autism.

Wilkinson-Beane-Simoneau-Paquette Funeral Home and Cremation Services, 164 Pleasant St., Laconia is assisting the family with the arrangements. For more information and to view an online memorial, go to [www.wilkinsonbeane.com](http://www.wilkinsonbeane.com).

# Mark on the Markets

## Black swans



BY MARK PATTERSON  
Contributing Writer

I suppose we have all heard the phrase "black swan event," which is a metaphor to describe an event that comes as a surprise and has a major effect. Black swan is derived from the Latin expression coined in the 16th-century when the thinking was that there were no black swans, only white. But in 1697 Dutch explorers first saw a black swan in western Australia. The sighting opened the door to the theories of statistical outliers happening when it was thought they could not. We tend to remember black swan events as surprises that are typically negative such as the attacks on the World Trade Center's twin towers in 2001. While this is certainly a black swan event, so is the discovery of the Internet, which I think, most people would perceive as very positive.

So how does all this relate to the management of your assets and

investments? You cannot manage or should not manage for black swan events, but your portfolio of investments should be managed per modern portfolio theory.

Harry Markowitz wrote an essay in 1952 on modern portfolio theory. Markowitz, an economist, wrote about mean-variance analysis. These phrases are straight out of the statistics textbook and I'm sure many of you are familiar with. But it is how they are applied regarding your investment portfolio what makes them significant and extremely relevant. In the event of a black swan event, you will likely see world debt and equity markets react in an extreme manner. In 1987, Black Monday saw the Dow Jones industrials lose significant amounts of value. Those who were using margin or sold near the bottom did not recover. But if you remember the bell curve, as things move away from the statistical mean or average they will in fact revert to the average.

Markowitz believed having a variety of non-correlated assets you would enhance the yield of your portfolio and reduce the risk. This is very true today if you can obtain real

asset diversification.

Unfortunately, what I see all too often, are mutual funds with different names, which would lead you to believe that they are diversified but often have very similar holdings in very similar asset classes. I personally have not seen an occasion where one family of mutual funds can provide true asset diversification.

In a truly diversified asset mix, not all your investments will be doing great at the same time and conversely, they will not all do poorly at the same. Bull markets in equities often give us a false sense of security and tend to make us chase the winners and shun the laggards. Things change and go through their various cycles. Rebalancing a diverse portfolio is necessary otherwise you no longer have properly diversified asset mix. Risk and your portfolios objective will also determine the asset mix. Is growth your objective? Income? Capital preservation? All these objectives can be managed in a properly diversified mix of low fee, high value investments.

Mark Patterson is an advisor with MHP Asset Management and can be reached at 447-1979 or [Mark@MHP-asset.com](mailto:Mark@MHP-asset.com)

# Webb featured at Tilton gallery

TILTON — The Lakes Region Artist Association, Tanger Outlets, Suite 132, 120 Laconia Road, Tilton, will feature the body of work of artist and member of the LRAA Ruth C. Webb for the month of February in its West Gallery. Currently living in Loud-

on, Webb's unique fine art paintings of socks, other whimsical acrylic paintings on canvas, or her white-line prints, drawings and etchings of people and animals reflect her love of fun and happiness. The West Gallery is open Thursday to Sunday 10 a.m.-

6 p.m. Webb's exhibit is concurrent with the 'featured artist' of the month Marlene Witham. Both exhibits are free and open to the public. A 'meet the artist' reception is scheduled for Thursday, Feb. 7, 6:30-8:30 p.m., light refreshments served. Free to the public.

## Foynes to speak to Wolfeboro seniors

WOLFEBORO — The Wolfeboro Senior Citizens Club will meet on Wednesday, Feb 20, at 1 p.m. at the Episcopal Church in Wolfeboro. The program, Patent Medicine, will be presented by histo-

rian Mark Foynes, who will take you on a trip back in time. Period advertisements and artifacts will help bring the subject to life. Foynes is the former director of education at the NH Historical Society and

has been collecting old bottles since he was 10 years old. On display will be a number of items from his personal collection. The program is free, open to all ages and they have awesome refreshments.

## Oil class for beginners being offered in Tilton

TILTON — Artist Acacia Rogers will be teaching a fun and thorough six-week beginner's oil painting course. It will be held in the LRAA Gallery, 120 Laconia Road (Tanger Outlets), Suite 132, Tilton, beginning Saturday, March 2, 1-4 p.m. (Dates are March, 2, 9, 16, 23, 30 and April 6). Students will bring their own supplies. Contact [AcaciaRogers@gmail.com](mailto:AcaciaRogers@gmail.com) for list of supplies needed.

Rogers' six-week painting workshops promise to be both fun and informative for anyone interested. Her in-depth classes will teach everything from learning about pigments and the differences between paint brands, to the varieties of brushes and why certain types work

for certain mediums, to color mixing, choosing and transferring a reference image to canvas, what makes a good reference image, building up an image in layers from start to finish and creating a complete and beautiful painting to be proud of. All experience levels welcome

Rogers is a passionate self-taught artist who for more than 10 years worked using various painting mediums. Her inspiration mostly comes from nature and the beauty of the natural world, with a particular affinity for animals and wildlife. Her first memories of artistic inspiration as a child are of older Disney movies and their whimsical, fluid and creative animation style. Particularly the work of Aaron Blaise stood out to her, who

worked on movies such as the Lion King, Mulan, Brother Bear and Aladdin. She later included in her repertoire portraiture, still life, and landscape, slowly and painstakingly building up her skill through practice and research to learn the ins and outs of painting. She absolutely loves everything about the process of learning to paint. She now paints full time and works alongside many accomplished artists from a colorful array of different backgrounds. She currently shows her work in the Ceres gallery in Portsmouth and is the Vice President of the Lakes Region Art Association.

To learn more about Rogers or to sign up e-mail [AcaciaRogersArt@gmail.com](mailto:AcaciaRogersArt@gmail.com) or visit [AcaciaRogers.wix.com/Artist](http://AcaciaRogers.wix.com/Artist).

## Locals on St. Anselm Dean's List

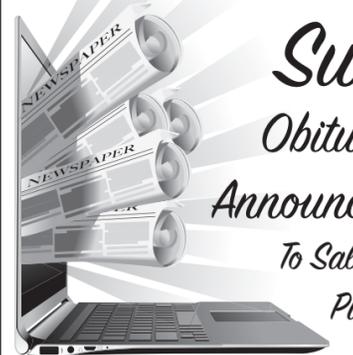
MANCHESTER — Saint Anselm College has released the Dean's List of high academic achievers for the first semester of the 2018-2019 school year. To be eligible for this honor, a student must have achieved a grade point average of 3.2 or better in the semester with at least 12 credits of study that award a letter grade. A

total of 688 students representing 25 states received this honor.

Mark W. Cronin, Dean of the College, announced that the following students have been named to the Dean's List for the fall 2018 semester at Saint Anselm College, Manchester:

Bentley Warren of Alton and Nichole Bourque of Barnstead.

Founded in 1889, Saint Anselm College is a four-year liberal arts college providing a 21st century education in the Catholic, Benedictine tradition. Located in southern New Hampshire near Boston and the seacoast, Saint Anselm is well known for its strong liberal arts curriculum, the New Hampshire Institute of Politics, a highly successful nursing program, a legacy of community service and a commitment to the arts.



## How to Submit Obituaries & Announcements To Salmon Press Publications

**Obituaries and Announcements of special events such as weddings, engagements, and anniversaries are published FREE OF CHARGE in any/all Salmon Press newspapers.**

**Obituaries can be sent to: [obituaries@salmonpress.com](mailto:obituaries@salmonpress.com)**

**Wedding, engagement, and anniversary announcements are welcome at: [weddings@salmonpress.com](mailto:weddings@salmonpress.com)**

*Photos are also welcome, but must be submitted in jpeg format.*

*Please contact Executive Editor Brendan Berube at (603) 279-4516, ext. 111 with any questions regarding the submission process.*

## Church Service SCHEDULE

**8 am Worship Service  
Community Church of Alton  
20 Church Street, Alton**

<p><b>ABUNDANT HARVEST FAMILY CHURCH</b> Sunday School for children up to age 12, service 10:30 a.m. Greater Wakefield Resource Center, 254 Main St., Union. Pastors Daniel and Sherrie Williams, 473-8914. For more information, please visit <a href="http://abundant-harvestnh.org">abundant-harvestnh.org</a> or e-mail <a href="mailto:ahfc@faith.com">ahfc@faith.com</a>.</p> <p><b>ALTON BAY CHRISTIAN CONFERENCE CENTER</b> Sundays throughout the summer 10am-6:7pm; Tues-Thurs 9am; 875-6161.</p> <p><b>BEFORE COMMUNITY CHURCH, ALTON</b> Alton-9:30 a.m. Sun. Meeting at Prospect Mountain High School. Pastor Sam Huggard, <a href="http://www.beforechurch.net">www.beforechurch.net</a>.</p> <p><b>CENTER BARNSTEAD CHRISTIAN CHURCH</b> Morning Service 10:00 am. Adult and Teen Bible Study 11:15 am. Sunday School for all ages 10:00 am. Rte. 126 next to Town Hall. Pastor Brian Gover. 269-8831.</p> <p><b>COMMUNITY CHURCH OF ALTON</b> Prayer Meeting 9:00 am Christian Education for all ages, nursery-adults, 9:00 am Rev. Dr. Samuel J. Hall, 875-5561. Sunday Worship Service 8:00am Alton Bay Barnstead July 1-Sept 2 10:00am 20 Church Street</p> <p><b>CONGREGATIONAL CHURCH OF NORTH BARNSTEAD UCC</b> Sun. School and Worship Services, 10:00AM, 594 N. Barnstead Rd., Pastor Nancy Talbot, 776-1820, <a href="http://ccnorthbarnstead.com">ccnorthbarnstead.com</a></p> <p><b>FIRST CONGREGATIONAL CHURCH UCC FARMINGTON</b></p>	<p>Worship Services 10:00 A.M. Sunday School 10:15 AM 400 Main Street Farmington, NH 02835 Pastor Kent Schneider 755-4816 <a href="http://www.farmingtonucc.org">www.farmingtonucc.org</a></p> <p><b>FIRST FREE WILL BAPTIST CHURCH</b> Sun. School 9:45am; Church 11am; Evening Service 6pm; Wed. Prayer Meeting 7pm. Depot St., New Durham; Pastor James Nason.</p> <p><b>PARADE CONGREGATIONAL CHURCH OF BARNSTEAD, N.H.</b> on The Parade in Barnstead Sunday Morning Worship Service for all ages begin at 10:00 a.m. Prayer Meeting - April through November at 7:00 p.m. on Wednesday Evenings. Pastor Sandy Pierson - 483-2846</p> <p><b>ST. KATHARINE DREXEL</b> 40 Hidden Springs Rd., Alton, 875-2548 Father Robert F. Cole, Pastor. Mass Saturday 4pm; Sunday 8:30 &amp; 10:30am; Daily Mass Mon., Tues., Wed., Fri. 8:00am.</p> <p><b>ST. STEPHEN'S EPISCOPAL CHURCH</b> Sunday 9:30, 30 Main St., Pittsfield Rev. Miriam Acevedo, 435-7908 <a href="http://www.ststephenspittsfield.com">www.ststephenspittsfield.com</a></p> <p><b>UNITARIAN UNIVERSALIST SOCIETY OF LACONIA</b> Sunday Services and religious education 10:00 a.m. All are welcome. 172 Pleasant St. Laconia • 524 6488 • <a href="http://uuil.org">uuil.org</a></p> <p><b>MAPLE STREET CHURCH</b> Sunday Service 11am 96 Maple Street Center Barnstead NH 03225</p>
---	--

**Baker-Gagne Funeral Home  
Cremation Service**

Pre-Arrangements - Traditional Funerals  
Simple Burials - Cremation Services  
Monument Company

F. Rick Gagne - Funeral Director  
Mill Street, Wolfeboro, NH 603-569-1339 (800) 539-3450  
Route 16, West Ossipee, NH 603-539-3301 [baker-gagnefuneralhomes.com](http://baker-gagnefuneralhomes.com)

**Insurance is complex.  
We are here to help.**

**(800) 852-3416**



New Hampshire Insurance Department  
**CONSUMER SERVICES**

The NHID Consumer Services staff helps people who have questions or complaints about their coverage.  
**(800) 852-3416**

**[www.nh.gov/insurance](http://www.nh.gov/insurance)**

# Of things that take to the wing, and the utter efficiency of rail

## NORTH COUNTRY NOTEBOOK

By JOHN HARRIGAN



I'm in the middle of moving my temporary downstairs office back upstairs, essentially, combining two offices into one. In the process, I've been finding some pretty good stuff, most of it in the form of clippings and notes to self.

+++++

Every member of the state Legislature is assigned to at least one subcommittee. Often the subcommittee work takes more out of the Representative than the main job itself.

At committee hearings on the good and evil of this bill or that, people from the general public can put their names on a "want to speak" sheet and indicate whether they support or oppose the bill. The chairman calls forth speakers from alternating piles in an effort to be fair.

Legislators make great efforts toward politeness and decorum. In the New Hampshire House, after all, you're dealing with people of all ages and from all walks of life. You can be talking with a small-town merchant one minute and a PhD the next.

The other thing you're bound to deal with is a

general ignorance of geography. This can manifest itself in, say, a debate on how long it takes to drive from the outer reaches of Pittsburg (our Pittsburg, the one without the "h") to downtown Concord (three hours, and that's on a very good day).

Many's the time when a particularly critical committee hearing was scheduled for a day when in Colebrook we had half a foot of fresh snow on the ground and another foot coming. This was in the '70s, and (try to remain calm here) there were no cell phones.

So I'd make the long trip down, sometimes in four wheel drive, often stopping to clear the windshield, and at last gain the environs of the Legislative Office Building, and find a parking spot, and in my heavy wolf coat huff and puff my way to the second-floor hearing room only to find a note on the closed door: "Hearing cancelled due to snow."

So I would try to rationalize this, having just come down from Colebrook, and spend the day looking up friends and relatives and feeling glad that I'd never run for office.

+++++

Speaking of politeness and decorum, what's with the Fish and Game Commission's rotten attitude toward the public?



JOHN HARRIGAN

**A Business Car seat beckons: Plenty of room to change sitting positions, a table for laptop or snack, and a food service car—featuring booths with tables and plenty of views—just a stretch of the legs away.**

Not the department, no, that's doing its job fine, although it's perennially out of money. It's the commission, the 11 people (one from each county and one from the coastal area).

A couple of times citizens (in other words, taxpayers and voters) tried to ask questions or at least broach the subject of how we treat coyotes (abysmally, as a matter of fact, worse than rats at the dump). At one meeting, a commissioner vowed, quite audibly and proudly, that there'd be no discussion on coyotes as long as he held the chair. And people who had taken great pains to plan around kids and jobs to be there were denied the opportunity to speak.

New Hampshire Fish and Game has always been known for its politeness, fairness, and even (can you believe?) sense of humor. The commissioners of late, however, have inexplicably left more than a few members of the public and

media with a foul taste in their mouths, something the hundreds of hard-working, good-humored people who make the department go can ill afford.

+++++

In my search through desktop rubble I came upon some notes I'd written awhile back for a column on woodpeckers. New Hampshire is home to five: the downy, hairy, three-toed, and pileated woodpeckers, and the yellow-bellied sapsucker.

I can easily understand how a budding ornithologist, bent on making all birds her field of expertise, gets hung up on the woodpeckers and never leaves.

Their behavior ranges from nice to nuisance to nefarious. They are, for example, the second-worse creators of messes around bird-feeders, first honors going to squirrels. (This is according to my own personal single-site survey.)

The flicker is technically a woodpecker. I guess we can all just go figure on that one. But the best-known, or perhaps the most romanticized woodpecker calling New Hampshire home is the pileated woodpecker, far bigger than the others and known for its strange cry and dipsy-do flight. It looks very much like its slightly larger and mysterious cousin, the ivory billed woodpecker, which has long been considered extinct but which dedicated birders insist has been seen in the swamps of Mississippi and adjoining states.

+++++

A column I wrote about a ride on the Downeaster, Maine's Amtrak train from Freeport to Boston, didn't have enough room for everything, meaning, as they say in the movies, that some of it wound up on the cutting-room floor. It is information I'm loathe to let go:

- The train has free wifi throughout.

- Spacious seating" is an understatement. You can actually relax in these seats, stretch out, turn one way and sit on your leg, and then turn the other way and do the same. In sum, you can read a book very comfortably, just like at home, which you certainly can't do shoe-horned into an airplane seat.

- If you want to take a cribbage board or just a deck of cards along (we're back on the train now), each booth at the Downeaster Cafe has a table. The food is frozen fare, nuked and/or put on the griddle, but it's good. When Amtrak stocks up on hotdogs, for example, it buys the best (big, flavorful and juicy).

- Back at your seat, you can use the fold-down table from the seat in front of you for reading, snacks and lunch. And you have a huge picture window right next to your seat.

- Unlike many of Amtrak's other trains, where the "scenery" features worse than awful trash and littering until you get out in the country-

side, there's no trash along Maine's tracks, until you get closer to Boston. You'd think that neighborhood residents, instead of adopting a highway, would adopt a railroad.

- Speed is determined by how heavy the rails are and how well the curves are banked. Longer, higher and heavier steel rails allow higher speeds. Amtrak says it's keeping its Downeaster moving along at 79 miles an hour, but I always write it "80" because I know it's true. And faster.

- Weekday fare is \$16.50 (adults); kids and seniors ride for half-fare.

- The train is clean, quiet and comfortable, and seats around 300. It's about two and a half hours to Boston. There are five trains a day.

- Two railroad tracks can carry as many people as 16 lanes of highway. Nobody has yet found a more fuel-efficient way to move goods and people than a steel wheel rolling on a steel rail.

+++++

Perhaps it's because my grandfather Harrigan was a 44-year track hand and section foreman for the Boston & Maine, or perhaps it's because when I was spending summers with the Harrigan grandparents, Lisbon had seven passenger trains a day. Whatever the way, I've got an undying soft spot for passenger rail to this day.

Most of all, I like the way Amtrak lays it right on the line on the alleged evil word "subsidy." "As with all modes of public transportation, the Downeaster requires ongoing public financing."

*This column runs in newspapers from Concord to Quebec and parts of Maine and Vermont. Catch us on Facebook. Letters must include phone numbers in case of questions and are welcome at campguyhooligan@gmail.com or 386 South Hill Road, Colebrook, NH 03576.*

## Cornerstone VNA achieves We Honor Veterans partner level three

ROCHESTER — Cornerstone VNA, a non-profit home health and hospice organization, is proud to announce that their hospice care program has achieved a Level Three status with the We Honor Veterans program. This recognition reflects Cornerstone VNA's commitment to ensuring veterans have access to quality end-of-life care.

We Honor Veterans is a national hospice provider awareness campaign conducted by the National Hospice and Palliative Care Organization in collaboration with the Department of Veterans Affairs. As a We Honor Veterans Partner, Cornerstone VNA is better prepared to build organizational capacity to provide quality care for veterans and to strengthen partnerships with veteran organizations. In addition, they strive to increase access to hospice and palliative care for veterans living in their community and to network with other hospices across the country to learn about best practice models.

According to Hospice Volunteer Coordinator, Nancy Nicolazzo, "At Cornerstone VNA, we are privileged to do whatever we can to honor veterans and their family members, and to express our gratitude to them for their gallantry at the end of their lives." Cornerstone VNA is proud have two veterans serving

as Hospice volunteers, Paula Carr and Bruce Larrabee. According to Carr, "Being a veteran and volunteering with Cornerstone VNA's Hospice We Honor Veterans Program is very special to me." Carr adds, "Being able to communicate and relate is important and being there even for just a listening ear for the veterans is important. We are all soldiers that played different roles in the different branches, and we are all proud to be an American."

For more information

about the We Honor Veterans program at Cornerstone VNA, contact Nicolazzo at 332-1133 x239 or NNicolazzo@cornerstonevna.org.

Cornerstone VNA is a non-profit home health and hospice organization currently serving Rockingham, Strafford, Belknap and Carroll Counties in New Hampshire and York County in Maine. The team at Cornerstone VNA provides skilled nursing, rehabilitative therapies, social work as well as volunteer and support services through

five distinct programs: Home Care, Hospice Care, Palliative Care, Life Care-Private Duty and Community Care. For 106 years, Cornerstone VNA has been committed to bringing services to people of all ages so that families can stay together at home, even when facing the challenges of aging, surgical recovery, chronic or life-threatening illnesses or end of life care. To learn more about Cornerstone VNA, visit [www.cornerstonevna.org](http://www.cornerstonevna.org) or call 800-691-1133.

Ransmeier & Spellman

Profile Professional Bldg  
31 Mooney Street  
P.O. Box 817  
Alton, NH 03809  
603.875.2800

One Capitol Street  
P.O. Box 600  
Concord, NH 03301  
603.228.0477  
[www.ranspell.com](http://www.ranspell.com)

*Counselors and Advocates  
serving the Lakes Region.*

Estate & Tax Planning and Trust Administration • Real Estate • Zoning & Land Use • Conservation Law  
Environmental Law • Small Business Representation • Civil Litigation • Criminal Law • Family Law

### At Your ServiceNH

Waste & Recycling

15 Yard Dumpster

\$450 - 2 Tons

10 Yard Dumpster

\$325 - 1 Ton

Common Uses...

Construction  
Renovations  
Roofing  
Debris  
Demolition  
House Cleanouts

Call 603-986-8149 today to talk trash or visit [www.AtYourServiceNH.com](http://www.AtYourServiceNH.com)

PORTRAITS • WEDDINGS • SCENICS • EVENTS

Matthew Fassett  
343 Main St.  
Alton Bay, NH 03810

phone: 603-393-7336  
email: [mattfassett@gmail.com](mailto:mattfassett@gmail.com)

CUSTOM FRAMING ~ GALLERY  
Serving the Lakes Region Since 1975

Peter Ferber Gallery Show

Saturday, February 16th

Unveiling at 9:30 a.m. Snow date February 17 at 11 a.m.

Artist Reception to follow

9 North Main Street      Wolfeboro, NH  
603 569-6159      [artplace@metrocast.net](mailto:artplace@metrocast.net)



**Your Dream Vacation Begins Here!!**

And what better way to begin than with a professional who has most likely been there, and definitely knows how you get the best experience for your budget.

**Dream Vacations**  
A CRUISEONE COMPANY *Start Here*

Dream Vacations Carroll County  
Bill Brewer  
TEL: 603-986-2569  
Cruise & Vacation Specialist  
bbrewer@dreamvacations.com  
www.brewcru.com

STUART LEIDERMAN – COURTESY PHOTO

**Staying warm**  
This cat had the right idea during last week's cold snap, curling up next to the wood stove.



**Game night at Sticks and Stones Farm Feb. 16**

BARNSTEAD — Feb. 16 has been set for another game night at Sticks and Stones Farm. It will be just a few days before this month's full moon, so with the snow, it will truly be bright outside if it's a clear night. Stop by and spend some time playing games or just sitting by the wood stove.

Last month it was so cold and windy that everyone kind of congregated in the area around the wood stove. A couple of new families joined in and organizers hope they all come back and bring some friends. There has become a regular cribbage rivalry going on. Home rollin bowlin is always popular as there's no limit

to the number of people who can play at one time. It will be happening at Sticks and Stones Farm, which is located at 107 White Oak Road in Center Barnstead, which is located on the right side, not too far from the top of the hill when coming from Route 28. There will be snacks and hot choco-

late and cider as well as other goodies. Bring a friend, bring your family and bring any beverages you'd like to drink. It'll be Feb. 16 from 5 to 9 p.m. The evening is brought to you by the Barnstead Agricultural Association. For more information, call 776-8989 or e-mail info@sticksandstonesfarm.net.



*A New Year...  
A New You!*

Start the New Year off with a New Look! Now through February 28, 2019 begin a braces or Invisalign treatment, and Kennell Orthodontics will waive the diagnostic records fee! (\$350 value!)

**KENNELL**  
ORTHODONTICS

Alan F. Kennell, DDS, MS  
Braces for Children & Adults

invisalign®  
AAC American Association of Orthodontists  
NESO

KennellOrtho.com | 524-7404 Laconia | 536-7404 Plymouth | 444-7403 Littleton

**Locals earn President's List honors at Southern New Hampshire**

MANCHESTER — It is with great pleasure that Southern New Hampshire University (SNHU) congratulates the following students on being named to the fall 2018 President's List. Eligibility for the President's List requires that a student accumulate an academic grade point average (GPA) of 3.7-4.0 and earn 12 credits for the semester. Cassidy Downs of New Durham, Amelia Duane of Barnstead, Maddison

Foss of Alton, Brianna Ouellette of Alton Bay, Emily Skelley of Alton, Justin Smith of New Durham, Tyler Smith of New Durham and Sarah Stone of Alton. Southern New Hampshire University (SNHU) is a private, non-profit institution with an 85-year history of educating traditional-aged students and working adults. Now serving more than 100,000 students worldwide, SNHU offers more than 200 ac-

credited undergraduate, graduate and certificate programs, available online and on its 300-acre campus in Manchester. Recognized as the "Most Innovative" regional university by U.S. News & World Report and one of the fastest-growing universities in the country, SNHU is committed to expanding access to high quality, affordable pathways that meet the needs of each student. Learn more at www.snhu.edu.



**POWDERMILL SNOWMOBILE CLUB**

February 2019 Events

**Winter Carnival**

10am-4pm Sat. Feb. 16th  
Johnson's Marketplace,  
69 Route 11, New Durham  
(603) 859-7100  
Mingle with Club Members  
& sample Johnson's Steak Tips  
Cookout, Fire Pit,  
Raffle Prizes, Club Apparel



**Demo Rides!**

**Everyone is Welcome**

**Cookout-at-the-Lookout**



**Join the fun, warm up in front of the fire! Fireworks display planned at sunset**

Noon-4pm Sat. March 2nd  
173 Valley Road  
(On trail between Johnson's in New Durham and Farmington along Rt. 11)  
Powder Mill Club apparel & annual raffle tickets available onsite.

Sponsored in partnership with Rochester Motorsports, Powdermill Snowmobile Club, Johnson's Marketplace, Allstate Insurance, New Durham General Store and Moose Mountain Regional Greenways

www.powdermillsnowmobileclub.org/  
Contact president@powdermillsnowmobileclub.org for more information

**SEWING MACHINES**

**JANOME** baby lock **Husqvarna VIKING**

**We Will NOT Be Undersold**

**VACUUM CLEANERS**

**Miele** Electrolux **SEBO**

**CENTRAL VACUUMS**  
SALES • SERVICE • PARTS  
Quality Family Service "Since 1935"

**AUGER** Sewing Machines & Sons, Inc. Vacuum Cleaners

100 Chestnut Hill Rd., Rochester, NH  
603-332-5572 • 800-439-3395  
www.augerandsons.com



**NO SIGN-UP FEE FOR THE MONTH OF JANUARY**

**Village Fitness**

Accepting all ages!  
24/7 Gym Access.

Alton Village Fitness & Gym  
136 Main St., Alton NH  
Phone: 822-0666  
www.altonvillagefitness.com

Find us on **facebook**



# SPORTS

## WHAT'S ON TAP

The state ski and swim meets take over in the coming weeks as the local high schools continue their seasons.

The Division III alpine boys and girls will be competing at Gunstock on Monday, Feb. 11, at 10 a.m. for the Division III State Meet.

The Division II alpine boys will be competing in their State Meet on Monday, Feb. 11, at Crotched Mountain at 10 a.m.

The Division II alpine girls will be competing in their state meet on Tuesday, Feb. 12, at 10 a.m. at Pat's Peak.

The Division II swimming State Meet will be held on Saturday, Feb. 9, at 8:45 a.m. at the University of New Hampshire.

The Prospect Mountain alpine ski team will wrap up the regular season at Gunstock on Friday, Feb. 8, at 10 a.m.

The Timber Wolf hoop boys will be at Somersworth for a 7 p.m. game today, Feb. 7, and will be at Hopkinton for a 7 p.m. game on Tuesday, Feb. 12.

The Prospect girls' basketball team will be hosting Somersworth at 6 p.m. today, Feb. 7, and will be hosting Hopkin-

SEE ON TAP, PAGE B1

## Lawrence, Swenson lead Timber Wolves at Gunstock

BY JOSHUA SPAULDING

Sports Editor

GILFORD — The Prospect Mountain alpine ski team took part in the annual Winnepesaukee Alpine Race on Friday morning at Gunstock Mountain Resort.

The single digit temperatures didn't deter the skiers, who tackled two runs of giant slalom in the morning and two runs of slalom in the afternoon.

The Timber Wolf boys finished in seventh place in the morning giant slalom.

Dalton Lawrence led the way with a time of 1:03.12, which placed him 22nd overall.

Josh Keslar skied to 28th in 1:10.15 and Logan Neathery was the third Timber Wolf scorer with a time of 1:10.28 for 29th place.

Owen Chase finished out the scoring with a time of 1:13.36 for 32nd place overall.

Lucas Therrien finished in 33rd place with his time of 1:13.8.

The Timber Wolves did not have any skiers complete both runs of the afternoon slalom.

Prospect had just three girls competing on the day.

SEE ALPINE, PAGE B5



JOSHUA SPAULDING

ABAGAE SWENSON skis the giant slalom at Gunstock on Friday morning.



JOSHUA SPAULDING

### Fourth place

Prospect Mountain senior Justin Perrin tosses the shot put during Sunday's indoor track state championships at Dartmouth College's Leverone Fieldhouse. Perrin threw his way to fourth place overall with a toss of 40 feet, 11.75 inches.

## DiPrizio GMC Trucks

Middleton, New Hampshire • Family Owned Since 1955

Program Discounts and Rebates

10 King's Highway, Rt. 153  
Middleton, NH 03887  
www.dipriziogmc.com  
sales@dipriziogmc.com  
parts@dipriziogmc.com

**TIME TO TRADE UP!**  
A TRUCK FOR EVERY NEED

**1-800-GMC-0088**  
Experience Counts

"We are  
Professional  
Grade"

**19% OFF MSRP!**  
Selected Models

### NEW 2018 GMC 1500 CREW CAB SLT 4X4



STK# 584481

17% off MSRP +2% when financing thru GMF

- Loaded
- Premium PKG
- HD Trailing
- 20" Chrome Alloy Wheels

### 2019 GMC ACADIA SLT 1 SELECTABLE ALL WHEEL DRIVE



**19% OFF MSRP!**

STK# 141796  
STK# 157473 SLE 2

- Leather
- Power Heated Cooled Seats
- Infotainment w/Navigation
- Interior Protection Package

17% off MSRP +2% when using GMF

GM Certified Pre-owned COMMERCIAL READY

Cash. A \$1000 GMF Down Payment. Must Finance GMF Assistant/Scheduled Maintenance 24 months.

### 2019 GMC 3500 HD CREW CAB 4X4

- 13,200GVW
- Reading Service Body
- Power Equip. Group
- Snow Polow Prep
- 6.0 Liter V8



### 2018 GMC SIERRA 3500 HD

- 3/4 Yard Dump
- Allism Auto
- Roll Cover/Pintle
- Heated Power Mirrors



### 2018 GMC 3500 HD CREW CAB 4 X4

- \$48,900\*
- Duramax Diesel
- Power Equip. Prep
- SRW11,500 lbs.GVW



\* Includes Bus. Choice Customer Cash 2000 Bonus. Must finance GMF Assistant/Scheduled Maintenance 24 Months

NO WORRIES GM CERTIFIED PRE-OWNED 24 MONTHS SCHEDULED MAINTENANCE

### 2018 GMC TERRAIN SLT 4X4



- 2.0 Liter Turbo
- Leather Power HTD Seats
- IntelLink Navigation System
- 1 Owner

### 2017 GMC YUKON DENALI XL ULTIMATE 4X4



- 1 Owner
- Low Miles
- 22" Chrome Weels
- Absolutely Loaded
- Trailing
- Rear Entertainment

### 2015 GMC YUKON DENALI 4X4



- 1 Owner
- 53k Miles
- Navigation
- Rear Entertainment
- Sunroof

### 2016 CHEVY SILVERADO LT 2500 HD CREW CAB 4X4



- 1 Owner
- Power Seat
- 6.0 Liter V8
- Off Road PKG

**\$34,900**

### 2015 GMC TERRAIN SLE ALL WHEEL DRIVE



- 1 Owner
- Low Miles
- Remote Start
- Power Seat
- Heated Seats
- Color Touch Audio System

**\$16,900**

### 2015 GMC CANYON SLT CREW CAB 4X4



- 1 Owner
- Leather Heated Seats
- Trailing
- Spray Liner
- V6
- Assist Step
- Tonneau Cover

**\$24,495**



JOSHUA SPAULDING

COLBY CLEGG skates the puck into the zone in action on Saturday night.



JOSHUA SPAULDING

KOLBE MAGANZINI corrals the puck during his team's win over Somersworth-Coe-Brown on Saturday night.

## Reunited top line sparks Knights past Bearcats

BY JOSHUA SPAULDING  
Sports Editor

WOLFEBORO — As the season has wore on, injuries have forced Kingswood boys' hockey coach Mike Potenza to break up his potent first line to fill holes elsewhere on the ice.

However, still looking for an offensive spark, Potenza reunited Nick Potenza, Sam Danais and Colby Clegg on the top line and it provided instant results, as the trio combined for four goals and two assists in a 5-1 win over Somersworth-Coe-Brown.

"It makes a big difference in the outlook of our team to have Colby, Sam and Nick together," Potenza stated. "They're an offensive threat together."

Things started slowly for the Knights, as they were unable to get on the board in the first period. Potenza had the game's first shot and then Danais got to the rebound but it was blocked. The Knights got the game's first power play just a minute and a half into the game. Potenza had a couple of good shots stopped and Clegg got in close with another bid but was stopped and the Bearcats killed off the penalty.

Keeper Oleg Sheahan turned away his first bid and the rebound was poked just wide. Danais and Clegg came back with chances at the other end but couldn't convert while Cody Emerson also had a bid for the Knights. After another Sheahan save, Danais, Potenza and Clegg came back with bids that came up short, while the Bearcats also had a couple of chances but couldn't get anything by Sheahan.

Kingswood got a five-on-three chance for the final minute and a half

of the period and they peppered the net with chances. Potenza had a number of big shots from out high, while Cole Emerson and Clegg continued the assault but the Bearcat goalie held tight and the game went to the first intermission with no score on the board.

The Bearcats killed off the final 21 seconds of the five-on-three to open the second period but Kingswood got another power play just 1:12 into the period. Clegg and Potenza had quick shots but it was Potenza who got the Knights on the board just 34 seconds into the power play, finishing off an assist from Danais for the 1-0 lead.

The Bearcats came through with a great bid that went off the post and then sent the rebound wide. Sheahan made a big save and Kolbe Maganzini swept in and cleared the rebound away from an open net.

Kingswood got another power play chance

with 8:52 to go and Clegg had a bid that was stopped. With 8:11 to go, the Knights got another five-on-three chance for the Knights. Potenza and Cole Emerson continued with shots but the first penalty was killed off.

However, with 6:33 to go, Danais fired home the puck from the slot on an assist from Cole Emerson to give the Knights the 2-0 lead. Kingswood took a penalty less than 30 seconds later and Sheahan came through with a number of big saves as the Bearcats pressured. Kingswood got another penalty with 2:03 to go in the period and the visitors attacked the net with vengeance. However, Sheahan stood on his head and made a couple of big saves.

The Knights were then able to get a short-handed tally with 59 seconds to go, as Cole Emerson fed Danais, who fired his second goal of the game into the net for a 3-0 lead to the end of the

second period.

After Danais and Bailey Savage had early chances in the third period, the Knights upped the lead to 4-0, with Clegg finishing off a feed from Danais from the top of the circle with 12:47 to go in the game.

Kingswood took another penalty with just less than eight minutes to go in the game and the visitors then scored a power play goal to cut the lead to 4-1. Danais fired a shot that Clegg tipped just wide and the Knights got a power play chance with 7:30 to go. Potenza and Clegg had bids denied and with 6:04 to go, another Bearcat penalty gave Kingswood another five-on-three chance.

The Knights added their final goal of the game with 5:39 to go. Cole Emerson fired a shot that Andy McMullen tipped past the keeper for the 5-1 lead. It was McMullen's first career goal. Both teams

took penalties late and Sheahan came through with solid saves and the Knights took the 5-1 win.

"I might have torn into them in the first intermission," said Potenza of the slow start. "But it got them motivated."

He also noted that both Logan McEvoy and Savage moved back on defense to allow the top line to be reunited and he was happy with their performance. He also praised the work of Sheahan in the net for the Knights.

"At the end of the second period, that was all Oleg," said Potenza. "He was pretty strong for a minute and a half there at the end, he came up big for us."

"He's taken a big step forward for us this year," the Knight coach added.

Potenza was also pleased with the move his captain made following the game. The Knights traditionally hand out a jacket to

the player of the game, an award named after young Ben Baldwin.

The person who wins the jacket the previous game gets to choose who gets it the next game. Danais elected to give it to team manager Will Pollini, whose father passed away last weekend. Potenza said Pollini still came to both of the team's games this week.

"He's been through a lot this week," Potenza said, noting the team members all attended Pollini's father's services earlier that day.

"As usual, Sam came through with the jacket for Will," Potenza said. "And I'm glad they came through with a win for him."

The Knights will return to action on Wednesday, Feb. 13, as they host Kennett at 7 p.m.

*Joshua Spaulding can be reached at 279-4516, ext. 155 or josh@salmonpress.news.*

## Bellefleur picks up pair of wins at Colby-Sawyer meet

BY JOSHUA SPAULDING  
Sports Editor

NEWLONDON—The Kingswood and Prospect Mountain swimmers traveled to Colby-Sawyer College on Friday, Jan. 25, for a meet hosted by Kearsarge.

Sarah Bellefleur picked up a pair of wins for the Knights, finishing first in the 200 IM with a time of 2:33.41.

She also got the win in the 200 Free, finishing in 2:12.79, with teammate Lily Stinchfield in second place in a time of 2:31.35.

Kingswood's girls also picked up a pair of

wins in the relays.

In the 400 Free relay, the Knights finished in 4:20.62 for the win and in the 200 medley relay, the Knights finished with a time of 2:11.14 to take top honors.

Abigail Larkin finished in second place in the 100 Free with a time of 1:02.95.

Stinchfield added a second place finish in the 100 Back with a time of 1:13.92 and Paije Fenderson was right behind in third place in a time of 1:15.39.

Larkin added a third place finish in the 50 Free, touching with a

time of 28.41 seconds while Fenderson finished in fifth place with a time of 29.51 seconds.

Prospect Mountain's Trevor Smith swam to the win in the 200 IM with a tie of 2:20.95.

In the 100 Fly, Smith touched in 1:00.12 for second place overall and Braden Viands of King-

swood finished in fourth place in 1:31.15.

In the 200 Free, Jackson Boudman of Kingswood finished in fifth place with a time of 2:37.86.

Boudman swam to seventh in the 100 Back with a time of 1:20.86, with Viands in ninth place in 1:34.55.

The Division II State Meet will be held on Saturday, Feb. 9, at the University of New Hampshire with an 8:45 a.m. start time.

*Joshua Spaulding can be reached at 279-4516, ext. 155 or josh@salmonpress.news.*



KATHY SUTHERLAND

### Ice Knights

Alyssa Stanley looks up the ice during action last week against Pinkerton. The Knights dropped a pair of decisions to the Astros and Keene-Monadnock. Kingswood will be in action on Saturday, Feb. 9, at 5 p.m. at home against Berlin-Gorham. On Tuesday, Feb. 12, the team will be at Manchester Central at 4:30 p.m. and they will be at Exeter on Wednesday, Feb. 13, at 4 p.m.

## Day of races at Abenaki Attack on July 6

WOLFEBORO — Bring the kids, bring the dogs and bring your friends, there's something for everyone at the Abenaki Attack, set for July 6 at Abenaki Ski Area in Wolfeboro.

Abenaki Attack is a day of racing to benefit Lakes Region Humane Society, Masons Morn-

ing Star Lodge 17 and the Wolfeboro XC Ski Association.

The day will feature a trail race, a 5K, a 10K, a 5K canicross (bring the dogs) and a one-mile fun run/walk. There will also be a post-race picnic with plenty of food and water for humans and dogs.

This day of family-friendly, canine-friendly, competitive events will be taking place on Saturday, July 6 with a 9 a.m. start time at Abenaki Ski Area.

Visit rockhopperraces.com for more information.

# Share The Love!

Deadline: 11am February 11th  
Runs: February 14th

**Wish that special someone Happy Valentines Day with a personalized Ad in:**

- The Meredith News
- Gilford Steamer or Winnisquam Echo

**Example**

Jude,  
God must have sent you into our lives so there would always be love in our hearts!  
Love, Mommy & Daddy



Mail, email or call Beth today with any questions. You can also drop off photos and payment at our office on

5 Water St. Meredith  
The Meredith News  
PO BOX 726  
Meredith, NH 03253  
beth@salmonpress.news or 279-4516 ext. 110

**Only \$5.00/message!**

# Knight girls win the WAR

## Kingswood alpine boys finish second in Winnepesaukee Alpine Race

BY JOSHUA SPAULDING  
Sports Editor

GILFORD — The Kingswood alpine girls put together a strong performance amidst the frigid temperatures at Gunstock on Friday, coming away with the victory in the annual Winnepesaukee Alpine Race.

The Knight boys didn't fare too badly either, as they came home in second place behind a solid Belmont squad.

The Knight girls were just one point behind Gilford after the morning giant slalom then outpaced the Golden Eagles in the afternoon slalom to take the win.

In the giant slalom, Jillian Luby led the Knights with a time of 53.03 seconds for second place overall.

Allison Bean skied to sixth place with a time of 55.57 seconds and Taygen Gelinias was Kingswood's third scorer, finishing in 55.67 seconds.

Kristy Meyer rounded out the scoring, putting up a time of 55.8 seconds for ninth place overall.

Sami Hotchkiss was 12th in 57.6 seconds, with Hannah Crane in 14th in 59.85 seconds and Alyssa Dow placing

24th in 1:07.02 to round out the field of Knight girls in the morning.

The Knights took control in the afternoon slalom, placing all four scorers inside the top eight.

Luby was again tops for the Knights with her fourth place finish in 59.59 seconds.

Bean was second for Kingswood with a time of 1:01.7, which placed her fifth overall and Hotchkiss was sixth with a time of 1:02.7.

Meyer finished out the scoring with a time of 1:05.64, which placed her in eighth place overall.

Gelinias was 11th in 1:09.03, Crane was 14th in 1:14.88 and Dow finished in 22nd in 1:35.23.

All told, the Knight girls finished with 761 points, 11 points ahead of Gilford, with Moultonborough, Laconia and Newfound rounding out the top five.

The Kingswood boys finished second in the morning giant slalom, just five points behind Belmont.

Jackson Walsh led the way with a fourth place finish in a time of 51.02 seconds.

James Donovan was next, finishing in 51.25 for sixth place and Josh Shapiro placed seventh in 53.41 seconds.



JOSHUA SPAULDING  
JACKSON WALSH led the Kingswood alpine team in the slalom and giant slalom on Friday.



JOSHUA SPAULDING  
JILLIAN LUBY led the Knight girls to the WAR championship on Friday at Gunstock.



JOSHUA SPAULDING  
SAMI HOTCHKISS takes a gate in the giant slalom Friday at Gunstock.



JOSHUA SPAULDING  
LUKE SHAPIRO races through the Gunstock giant slalom course Friday morning.

Luke Shapiro finished out the scoring with a time of 55.02 seconds for 11th place.

Lou Arinello finished in 14th place in 59.45, Robbie Hotchkiss was 18th in 1:01.41, Noah Shatzer was 21st in 1:02.08 and Camden Colson finished 23rd in 1:03.72.

The Knights were also second in the slalom, finishing four points behind Belmont.

Walsh again led the Knights, finishing in 55.98 seconds for fifth place overall.

Nick Lamie skied to seventh place in 1:00.11 and Luke Shapiro was eighth overall in 1:00.14.

Donovan finished out the scoring for Kingswood with a ninth place finish in 1:03.22.

Calvin Kinville placed 10th in 1:03.42, Arinello was 13th in 1:07.26, Hotchkiss fin-

ished 16th in 1:18.96, Colson was 18th in 1:24.17 and Shatzer placed 24th in 1:32.46.

Kingswood finished with a total of 750 points, nine points behind Belmont. Newfound was third, Laconia was fourth and Moultonborough placed fifth.

The Knights will finish up the regular season on Friday, Feb. 8, at King Pine at 9:30 a.m.

The Division II boys' State Meet is at Crotched Mountain at 9:30 a.m. on Monday, Feb. 11.

The Division II girls' State Meet will take place at Pat's Peak on Tuesday, Feb. 12, at 9:30 a.m.

Joshua Spaulding can be reached at 279-4516, ext. 155 or josh@salmonpress.news.

## Knight hoop teams come up short

BY JOSHUA SPAULDING  
Sports Editor

WOLFEBORO — It was a tough week for the Kingswood basketball teams as January turned into February.

On the boys' side of things, the Knights took on Coe-Brown for the second time in a week on Wednesday, Jan. 30. The game was postponed a day due to the previous day's weather.

Kingswood dropped an 83-73 decision to the Bears, improving on their performance from a week earlier, when the Bears took the win by more than 25 points.

The Knight boys headed to Durham on Friday, Feb. 1, and dropped a 94-51 decision to the Oyster River Bobcats.

Next up for the

Knights will be a home game with Souhegan on Friday, Feb. 8, at 6 p.m. and on Tuesday, Feb. 12, the team will be at Merrimack Valley for a 6 p.m. game, the final road game of the season.

The Knight girls took a trip to Northwood for a game with Coe-Brown on Wednesday, Jan. 30, and dropped a 51-25 decision to the Bears.

The girls returned home on Friday to take on Oyster River and dropped a 53-35 decision.

Next up for the Knight girls will be at trip to Amherst to take on Souhegan on Friday, Feb. 8, at 6:30 p.m. and the girls play their final home game of the season on Tuesday, Feb. 12, against Merrimack Valley at 6 p.m.



KATHY SUTHERLAND  
DAVIS EKSTROM looks to the hoop in action last week against Coe-Brown.



KATHY SUTHERLAND  
BROOKE ELDRIDGE races the ball down the court in action Friday against Oyster River.



KATHY SUTHERLAND  
ETHAN ARNOLD surveys the court as he brings the ball up in action last week.



KATHY SUTHERLAND  
GRACE SAUNDERS rises toward the hoop in action against Oyster River Friday night.

## Kingswood football hosting golf outing

OSSIPEE — Kingswood football is sponsoring the first Kingswood football golf outing, scheduled for June 22 at Indian Mound Golf Club in Ossipee.

The five-man best ball scramble will be \$100 per person and will have prizes for first and second places as well as longest drive, closest to the pin

and longest putt.

Registration will start at 7 a.m. and the shotgun start will be at 8 a.m. with lunch at 12:30 p.m. and awards, raffles and social time to follow.

Anyone interested in more information on the golf outing can contact Mary DeMasi at mdemasi@sau49.org.

GIVE. ADVOCATE. VOLUNTEER.  
LIVE UNITED



# In defense of themselves

## Kingswood girls learn valuable self-defense tactics

BY JOSHUA SPAULDING

Sports Editor

**WOLFEBORO** — Most of the time, Kingswood School Resource Officer Pete Llewellyn will do everything in his power to keep people from hitting each other in the halls of the high school.

But for one day every quarter, Llewellyn takes a number of punches and kicks in the school dance studio and nobody gets in trouble.

The dance studio is the site for the self-defense course that Llewellyn helps to lead. The course is taught to every girl at Kingswood who enrolls in a gym class.

“Any girl that takes physical education takes this class,” Llewellyn said. “Some take it more than once.”

The self-defense program was the brainchild of longtime physical education teacher Juanita Hill.

At a PE conference a few years back, Hill took part in a Rape Aggression Defense course and became intrigued. Rape Aggression Defense (RAD) System is a program of realistic, self-defense tactics and techniques. It is a comprehensive course for women that begins with awareness, prevention, risk reduction and avoidance, while progressing to the basics of hands-on defense training.

She noted that Concord High School teaches RAD as a class and thought it would be helpful and useful to her stu-



**JOSHUA SPAULDING**  
**SYDNEY BASTON delivers a knee to Sgt. Justin Corliss as Lt. Mike Baker looks on during a self-defense course at Kingswood.**

dents. “Our kids need to know this stuff,” Hill stated. “It plants a seed, so hopefully they’re more aware.”

Llewellyn helped to facilitate the class but staff member Joann Baker’s husband, Mike, who works at the Carroll County House of Corrections, is a self-defense teacher and he and fellow CCHOC staff member Justin Corliss lead the class.

“He spearheads the whole thing,” Llewellyn said of Baker.

“Lieutenant Baker and Joann have been amazing,” Hill said. “They come every quarter and run it for all the classes.”

“And they do this completely voluntarily,” she added.

All girls who take gym will get two days of the course. The first day of the course is in the classroom, where the instructors present a power point presentation with ideas on how to keep safe, circumstanc-

es to avoid and student safety tips. The second day is all hands-on in the dance studio.

Lt. Baker, who was joined by his wife for the class along with Sgt. Corliss and Llewellyn, notes that it is about building the confidence of the girls.

“We talk about building confidence so you can walk around knowing that any encounter. You have, you can handle yourself,” Lt. Baker told the congregated girls on a recent Friday morning.

According to the National Sexual Violence Resource Center, one in five women in the United States will be raped at some point in their lives. Additionally, the center reports that 27 percent of college women have experienced some form of unwanted sexual contact and nearly two-thirds of college students experience sexual harassment.

“College is the highest risk group,” Hill said, noting it’s important to get the kids ready for



**JOSHUA SPAULDING**  
**PAYDEN SWIDRAK delivers punches to Lt. Mike Baker during Kingswood’s self-defense course.**



**JOSHUA SPAULDING**  
**ABBY KELLY prepares to kick Officer Pete Llewellyn during self-defense training at Kingswood.**

whatever their future holds. “And hopefully it encourages them to be fit. As a physical educator, I want them to realize being fit is important.”

“The whole idea is to give them confidence and to let them know something is going to happen,” Lt. Baker said, noting that 75 percent of girls in New Hampshire will be affected by some sort of physical contact that is unwanted by the time they are 25.

“When dealing with high school kids, they don’t always get it,” Lt. Baker continued. “To give them a taste, they

understand more.

“And after a few rounds, they get more comfortable with it (the self-defense),” he continued. “I want them to be able to see the signs of the attack.”

Now in its third year, the class runs in four different blocks throughout the day once each quarter.

Getting to the physical part of the seminar, Lt. Baker, Sgt. Corliss and Officer Llewellyn donned gear as the girls were trained in how to hit or kick correctly.

“Punches in bunches, not just one punch, but as many as you can throw,”

Lt. Baker told the girls. “And when they start blocking punches, move to kicks.”

The girls took turns taking kicks at the legs and then punches up high.

“This is the only chance you’re going to get to kick and punch Officer Llewellyn,” Llewellyn said with a laugh as the girls lined up take their kicks and punches.

Lt. Baker then donned the full protective gear and simulated situations that girls might find themselves in and told them to fight their way out of it.

“Kicks, then punches then together,” he encouraged the girls. “They want a victim, you have to say I’m not going to be a victim.”

The girls took turns working through simulations and then closed out the day’s first session with a discussion about what was learned.

Hill noted that there are four classes throughout the day and Lt. Baker and Sgt. Corliss take turns inside the protective suit during the day.

“The girls seem to enjoy it once they commit to it,” Lt. Baker added.

And as the girls leave the dance studio to get ready for their next class, the instructors prepare for the next group in the door ready to learn the important information being taught.

*Joshua Spaulding can be reached at 279-4516, ext. 155 or josh@salmonpress.news.*

## PMHS seeking volleyball coach

**ALTON** — Prospect Mountain High School in Alton is in search of a varsity volleyball coach.

Anyone looking for

more information can contact Athletic Director Corey Roux at 875-3800.

BY LAURIE BUTCHER

Contributing Writer

**WOLFEBORO** — Abenaki Outing Club’s Abenaki Ski Team will host its first officially

## Abenaki Ski Team to host first sanctioned slalom race

sanctioned slalom race on Saturday, Feb. 16, at 9:30 a.m. While Abenaki has held ski races in the past, this year’s open slalom race is the first to be sanctioned by U.S. Ski and Snowboard and the New Hampshire Alpine Racing Association.

In order to host the race, Abenaki’s course has gone through a rigorous homologation (course approval) process, including preparation of documents describing the course, a site visit, and a report by a recognized USSS inspector.

“In addition to the homologation process, we needed to have a certain number of people certify as officials for the club,” explained Aynne de Beer, one of the founders of Abenaki Ski Team. Torrey Brooks, Jay Polini, Seth Kassels, Kerry Hunt, Craig Garland, Gaelyn Plachowicz and Andre and Aynne de Beer have attended clinics and passed exams to complete the rigorous certification. New coaches Doug Skelley and Gordon Ling have also been certified.

The New Hampshire ski community has been enormously supportive of Abenaki Ski Team and the Abenaki Open Slalom. “NHARA has offered us fantastic support, especially from Ted Newman and Peter Holland,” de Beer said.

“They’re happy to have another children’s race offered and excited to have a rope-tow mountain with a grassroots program hosting an event.”

“We are delighted to be hosting an official NHARA sanctioned race,” echoed Kassels, an Abenaki Ski Team coach. “It will be great to provide a competitive ski racing opportunity here at Abenaki and to welcome racers and their families from around the state.”

More than 50 U10 and U12 competitors have already registered for the Abenaki Slalom, representing Abenaki Ski Team and race teams from Attitash Mountain, Cranmore, King Pine, Pats Peak, McIntyre Ski Area, Mount Sunapee and Wildcat Mountain.

Support for the event has come from local sources as well. “We have had generous support, starting with the Friends of Abenaki,” de Beer said. “Without them, this event would not have been realized.”

Wolfeboro Parks and Recreation, ski team parents and volunteers, and many local businesses have also stepped up to support the event, including Black’s Paper Shop, The Boys Fresh Catch, Bradley’s Hardware, Burnt Tavern Brewing and Tavern, Downtown Grille Café,

Edward Jones Investments/Brian Laing, Headwall Construction, Huck’s Hoagies, Huggins Hospital, Integrity Earthworks, Keller Williams Coastal and Lakes and Mountains Realty, Lone Wolfe Brewing Company, Lucas Roasting Company, Ski Works, Tully Sons Property Services, Universal Property Management and Wolfeboro Police Benevolent Association.

In addition to sponsoring the event, Lucas Roasting Company will have coffee available for purchase. Huck’s Hoagies will be selling breakfast sandwiches, and The Boys Fresh Catch will offer chowder and tacos.

“It’s truly amazing what this community has done for the team,” said de Beer.

Hosting a race at Abenaki should help to showcase the appeal of the “most important ski area in America,” as Powder Magazine dubbed it in 2014. “Abenaki Ski Team has never focused on getting competitors on the podium, but instead helping athletes build the skills to develop a life-long love of skiing,” said de Beer. “Hosting a race is a point of pride for the club. It promises to be fun event at our special ski area, where we’re all a bit like a family.”

# THE CLASSIFIEDS

## Your Tickets to Success



# Carpenter leaps to third in state championships

BY JOSHUA SPAULDING  
Sports Editor

HANOVER — Members of the Kingswood indoor track team spent a good portion of their Super Bowl Sunday inside the Leverone Fieldhouse at Dartmouth College as the Division II State Meet took to the track.

Kingswood had a number of scoring performances, led by the third place finish from junior Caitlin Carpenter, who finished with a distance of 16 feet, 4.75 inches, her personal best.

Senior Sarah Huckman ran her way to sixth in the preliminary round of the 55-meter hurdles with a time of 9.62 seconds and in the finals she also finished in sixth place, crossing in 9.57 seconds.

The Kingswood 4X200-meter relay girls



**CAITLIN CARPENTER** leaped to third place in the long jump on Sunday.



**THE KINGSWOOD** team of (l to r) Caitlin Carpenter, Emilia Galimberti, Liza Tibbetts and Elizabeth Morrison finished sixth in the 4X200-meter relay.



**DREW ROITER**, Ben Gosselin, Brent Coope and Devan Wade ran the 4X200-meter relay for Kingswood on Sunday.



**SARAH HUCKMAN** ran to sixth in the 55-meter hurdles Sunday in Hanover.

ran to sixth place overall. The team of Elizabeth Morrison, Liza Tibbetts, Emilia Galimberti and Carpenter finished in 1:56.97.

The top finisher for the Kingswood boys was senior Brent Coope, who won his heat of the 600 meters and finished in

seventh place overall in a time of 1:28.53.

Junior Devan Wade leaped his way into the finals of the long jump and finished eighth overall with a top jump of 19 feet, 7.25 inches. Wade also finished in 14th place in the 55-meter dash with a time of 7.08

seconds.

Senior Rian Russo finished 11th overall in the shot put with a best toss of 37 feet, 11 inches.

The Kingswood 4X200-meter relay team of Drew Roiter, Ben Gosselin, Coope and Wade finished in ninth place overall with a time of

1:41.44.

Jack Dales also qualified for the state championships in the high jump but was unable to clear the opening height.

*be reached at 279-4516, ext. 155 or josh@salmon-press.news.*

*Joshua Spaulding can*

## ALPINE

CONTINUED FROM PAGE B1

In the morning giant slalom, Abagael Swenson led the way for Prospect with a time of 1:06.69, which placed her 23rd overall.

Anna Francis was 26th overall in 1:13.04 and Amber Fernald rounded out the field of Timber Wolf girls in 28th place in 1:22.86.

Swenson again was the top Timber Wolf in the afternoon slalom, finishing in 19th place in 1:28.48.

Fernald skied to 25th place in 1:55.35.

The Belmont boys and the Kingswood girls took



**LUCAS THERRIEN** skis for Prospect Mountain in the Winnepesaukee Alpine Race on Friday.



**DALTON LAWRENCE** led Prospect Mountain in the morning giant slalom at Gunstock.



**ANNA FRANCIS** skis in the giant slalom Friday at Gunstock.

top honors for the day. The Timber Wolves will be in action for the

final regular season race on Friday, Feb. 8, at Gunstock.

The Division III State Meet is at Gunstock on Monday, Feb. 11, at 10

a.m. *Joshua Spaulding can be reached at 279-4516, ext. 155 or josh@salmon-press.news.*

## ON TAP

CONTINUED FROM PAGE B1

ton at 6 p.m. on Friday, Feb. 8.

The unified hoop Timber Wolves will be at Berlin for a 4 p.m. game on Monday, Feb. 11.

The Kingswood alpine ski team will wrap up its regular season on Friday, Feb. 8, at King Pine at 9:30 a.m.

The Knight hoop boys will be hosting Souhegan at 6 p.m. on Friday, Feb. 8, and will

be at Merrimack Valley for a 6 p.m. game on Tuesday, Feb. 12.

The Kingswood girls' hoop team will be at Souhegan on Friday, Feb. 8, at 6:30 p.m. and will be hosting Merrimack Valley at 6 p.m. on

Tuesday, Feb. 12.

The unified hoop Knights will be at Spaulding at 3:30 p.m. on Monday, Feb. 11.

The Kingswood hockey girls will be at Oyster River at 6:30 p.m. on Friday, Feb. 8, will be

hosting Berlin at 5 p.m. on Saturday, Feb. 9, will be at Manchester Central at 4:30 p.m. on Tuesday, Feb. 12, and will be at Exeter at 4 p.m. on Wednesday, Feb. 13.

Kingswood's hockey boys will be hosting

Kennett at 7 p.m. on Wednesday, Feb. 13.

The Nordic Knights will be competing at Whitaker Woods in the second NH Coaches Series Race on Saturday, Feb. 9, at 10 a.m.

**TEXTING AND DRIVING  
MAKES GOOD PEOPLE LOOK BAD.**

**STOPTEXTSSTOPWRECKS.ORG**





# Town-to-Town CLASSIFIEDS

[www.salmonpress.com](http://www.salmonpress.com) | 603.279.4516  
Call to place your ad today or visit our website!

### Misc. For Sale

For Sale: Leather recliner, good condition. \$75. 569-4553.

**MEREDITH - Blue Ridge Hickory Plank Flooring.** AA wood backing. 1st grade. 1,050 sq.ft. in original boxes. \$1,900.00. Call 677-6994.

**OLD NH FISH and Game,** ca. 1890, bearing laws, penalties and seasons on moose, caribou, furbearers, fish, etc. measures 12"x18"/. May be seen at the Coos County Democrat, 79 Main St., Lancaster, NH. Price, \$4; if mailed, \$10. Call 603-788-4939 or email [lori@salmonpress.news](mailto:lori@salmonpress.news)

### Lost & Found

**Found Ads**  
Are published Free of Charge.  
30 words for 1 week.

**Lost Ads**  
Are Charged at our regular classified rates.

**Call Toll Free**  
Mon-Fri 8:00-4:00  
1-877-766-6891  
or go to  
[www.salmonpress.com](http://www.salmonpress.com)  
24/7

**Still Lost!**  
Shane - Shetland Sheepdog  
White/Tan/Black  
10 Years old  
We are hoping someone may have him or have seen him?  
-Lost in Laconia NH-  
August 27, 2016  
Do not chase. Old and New Leads appreciated.  
For more info see  
[www.facebook.com/shaneshetlandsheepdog](http://www.facebook.com/shaneshetlandsheepdog)  
Call Owner 603-365-1778  
or Granite State Dog Recovery  
1-855-639-5678

### Thank-You

Our line ad classifieds are on our website!  
[www.salmonpress.com](http://www.salmonpress.com)  
is the place to check our weekly classifieds online!  
More great coverage and information from the  
**Salmon Press Town To Town Classifieds!**  
Why place your ads anywhere else?  
1-877-766-6891

Thank you for browsing  
**The Town To Town Classifieds** in the  
**East Granite State News**  
**Carroll County Independent Baysider**  
**Publication Rates (30 words)**  
\$12 - 1 Week  
\$20 - 2 Weeks  
\$27 - 3 Weeks  
\$36 - 4 Weeks  
Call Our Main Call Center  
1-877-766-6891  
Mon-Fri 8:00-4:00  
or place online 24/7 at  
[www.salmonpress.com](http://www.salmonpress.com)  
**Deadline:**  
Monday 10:30 am



### Pets/Breeders



**Clifford's Dog Club**  
Booking now for boarding, Winter and Spring Vacations, Daycare, Puppy Classes and Daily exercise and adventure trail hikes like no one else; acres of trails; 2 playgrounds and large indoor playroom; weight loss program. No Leash training.

**SUD'S N' TRIM PET GROOMING**  
Your Best Friend's Dog and Cat Salon  
Flea/Tick Shampoo Treatments, Nail trims, Teeth brushing. All Breeds Welcome! 25 Years Experience. Satisfaction Guaranteed!!

*"A Tired Dog is a Happy Dog!"*  
Join Us for a Walk!  
Please Call:  
603-569-6362

**LOW COST SPAY/NEUTER**  
Mobile Feline Fix It Wagon, Cats \$70-\$85. Dogs at Conway clinic, starting at \$100. NH and Maine income qualified plans. Military discounts. Rozzie May Animal Alliance, a dedicated spay/neuter nonprofit. Sign up on line [www.RozzieMay.org](http://www.RozzieMay.org) or call 603-447-1373

### Part-Time Help Wanted

**GSIL is seeking** compassionate individuals to assist consumers in their homes with personal care, light housekeeping, errands, meal prep, etc. Experience preferred but not necessary, training is provided. Pay Rate: \$10.25 - \$10.75/hour. If interested, please contact Recruitment at 603-228-9680 or [recruitment@gsil.org](mailto:recruitment@gsil.org)

### Medical/Dental

Full/ Part time Experienced Home Health Aid, LNA, Personal Care Service Provider needed to fill shifts in Wolfeboro and the surrounding area. Great clients and team members to work with. Must be honest and reliable. All applicants must pass Random Drug testing, background checks, and driving license review. PTO, Flexible Hours, Milage and Travel Reimbursement

### Real Estate Looking for New Customers?



### FROM THE LAKES REGION TO THE GREAT NORTH WOODS.

- The Baysider
- Meredith News
- Berlin Reporter
- Gilford Steamer
- Granite State News
- Littleton Courier
- Record Enterprise
- Winnisquam Echo
- Newfoundland Landing
- Coös County Democrat
- Carrol County Independent

CALL  
**603-279-4516**  
TO PLACE YOUR AD TODAY!

## 3 EASY WAYS TO PLACE YOUR CLASSIFIED LINE ADS!

**EMAIL:**  
[classifieds@salmonpress.news](mailto:classifieds@salmonpress.news)

**ONLINE:**  
[www.salmonpress.com](http://www.salmonpress.com)

**PHONE:**  
**(603) 279-4516**

**Advertise your:**  
Items for Sale, Jobs, Vehicles, Pets, Real Estate, Apartments, Summer Rentals, Services & more.  
*We have categories for everything!*

From the Lakes Region to the Great North Woods.

## START YOUR AD TODAY!



## Place Your Classified Line Ads

# ONLINE!

24-Hours A Day • 7-Days A Week

[www.salmonpress.com](http://www.salmonpress.com)

# TOWN•TO•TOWN CLASSIFIEDS

### Camelot HomeCenter

Rt. 3, Tilton NH, exit 20 on Rt. 1-93 across from Lakes Region Factory Mall

<b>NEW 14 WIDES</b>	<b>NEW 14 WIDES</b>	<b>NEW 14 WIDES</b>
 Sale Price <b>\$32,995</b> 56' x 2 Bed #29261	 Sale Price <b>\$38,995</b> 68' x 3 Bed #29205	 Sale Price <b>\$66,995</b> 76' x 16' 3 Bed, 2 Bath #29916
<b>DOUBLE WIDES</b>	<b>DOUBLE WIDES</b>	<b>DOUBLE WIDES</b>
 Sale Price <b>\$59,995</b> 40' x 3 Bed, 2 Bath #29205	 Sale Price <b>\$75,995</b> 48' x 3 Bed, 2 Bath Come See Why This is Our Best Seller!	 Sale Price <b>\$85,995</b> 56' x 3 Bed, 2 Bath Best Home Sweet!

SEE OUR AD AT [WWW.CM-H.COM](http://WWW.CM-H.COM) - HOMES FROM COLONY, NEW ERA & TITAN

 Sale Price <b>\$83,995</b> 3826 Sunny Cape	 Sale Price <b>\$124,995</b> 2,000 sq. ft. 2 Story
 Sale Price <b>\$127,995</b> 6826 Ranch 1.5Bd w/ 2nd floor, top notch, topped island, FREE appliances!	 Sale Price <b>\$129,995</b> 6826 Cape You'll love the kitchen and incredible bathroom. Plus extra space up stairs!

WE HAVE DELIVERED OVER 10,000 HOMES TO SATISFIED CUSTOMERS. CAN WE DELIVER ONE TO YOU? ALWAYS OPEN DAILY, 10 TO 6 SATURDAYS & SUNDAYS 10 TO 5 Rt. 3, Tilton NH [WWW.CM-H.COM](http://WWW.CM-H.COM)

### 55 Plus MODEL HOME OPEN SUNDAY 12 to 2



**\$109,995** or **\$638 per month\***

**\$154,995 garage, porch, appliances \*10% down - 25 years at 6%**

Call Kevin - 603-387-7463

Mansfield Woods, 88 North, Rt. 132, New Hampton, NH  
Directions: Rt. 93, exit #23. Right for 1/2 miles, left at post office for 80'

## DISCOVER CLASSIFIED POTENTIAL

# AUCTION

### Lake Winnepesaukee area Restaurant with Equipment • Alton Bay, New Hampshire Tuesday, February 12th at 11:00 a.m.

Located at the corner of Route 11 and Route 28A with an address of 6 EAST SIDE DRIVE is this 80-seat restaurant/pub with views of Alton Bay on Lake Winnepesaukee. The building totals 2,368± sq.ft. which includes a dining room, lounge, commercial kitchen, walk-in cooler, two public lavatories, and manager's quarters with ¾ bath. The property is serviced by public water and private septic. The restaurant equipment will be sold with the real estate. Assessed Real Estate Value: \$288,800. Tax Map 33, Block 80.

INSPECTION: One hour prior to the auction.

Broker participation invited.

**PAUL MCINNIS LLC**  
AUCTIONS • REAL ESTATE • RESULTS

FOR A PROPERTY INFORMATION PACKAGE WITH TERMS GO TO [paulmcinnis.com](http://paulmcinnis.com)

Lic. #2089 - (603) 964-1301 - Ref. #19PM-04  
Auction subject to all Terms of Sale © 2019 Paul McInnis LLC



Your hands have done so much in life.



They can do so much more for life -

### Install smoke alarms!

A working smoke alarm may reduce risk of dying in a fire by as much as 60 percent.

Place alarms in each sleeping area and on every floor in your home.

Ask friends, family members, or building managers to regularly test each alarm.

### PREVENT FIRE. SAVE LIVES.

<http://www.usfa.fema.gov>

United States Fire Administration  
Federal Emergency Management Agency

## COLDWELL BANKER

### RESIDENTIAL BROKERAGE

**CENTER HARBOR**  
32 Whittier Hwy  
603-253-4345  
CenterHarbor.NH@NEMoves.com

**LACONIA**  
348 Court Street  
603-524-2255  
LakesRegionInfo@NEMoves.com



**Meredith \$1,300,000**  
Beautiful point of land with total privacy and panoramic views.  
MLS# 4687929  
**Susan Bradley**  
603-493-2873  
**Stacey Atherton**  
603-520-1578



**Meredith \$1,075,000**  
Enjoy a beautiful sandy beach and westerly exposure with an adorable bungalow and a newly built family room above a detached barn.  
MLS# 4733876  
**Ellen Mulligan**  
603-387-0369



**Moultonborough \$719,900**  
Affordable Winnepesaukee waterfront in a fantastic location. South facing for all day sun and 50' seasonal dock.  
MLS# 4733904  
**Ellen Mulligan**  
603-387-0369



**Moultonborough \$525,000**  
This three-bedroom, 2 bath home sits on a nice flat lot with a sandy beach and three docks.  
MLS# 4734203  
**Bill Richards**  
603-998-7845



**Franklin \$189,999**  
Multi family home on 2.3 acres with city water and sewer.  
MLS# 4720966  
**Gus Benavides**  
603-393-6206  
**Carly Howie**  
603-937-0170



**Meredith \$32,000**  
Move in ready, near everything Meredith has to offer, close to Inter-lakes schools, detached 12' x 8' shed, sunny open lot.  
MLS# 4727288  
**Richard Corso**  
603-630-4934

[www.ColdwellBankerHomes.com](http://www.ColdwellBankerHomes.com)

wolfeboro bay Real Estate

27 South Main Street • Wolfeboro, NH  
603-569-0101  
[www.wolfeborobayrealestate.com](http://www.wolfeborobayrealestate.com)



**Great Price! \$210,000**

**Commercial Retail Space in the Heart of Downtown Wolfeboro!** Ground level condo with 800 sq ft, parking, and two large display windows. Spacious, bright, and located in a busy walking district with sign visibility from Main Street.

Visit our new "live" webcam at: [www.wolfeborocam.com](http://www.wolfeborocam.com)

## ROCHE REALTY GROUP

**MEREDITH OFFICE**  
97 Daniel Webster Hwy  
(603) 279-7046

**LACONIA OFFICE**  
1921 Parade Road  
(603) 528-0088

### VISIT US ONLINE: WWW.ROCHEREALTY.COM



**MEREDITH:** 3-BR cape home in immaculate condition. Private 430' beach. \$299,900 #4733583



**NEW HAMPTON:** Sprawling farm house on 58+ ac. Updated & remodeled. \$579,900 #4722940



**MEREDITH:** Centrally located, 1.4 acre parcel. Existing dug well. Great location \$53,287 #4709585



**SANBORNTON:** 3,200sf home on 11+ ac. 3-BR, 3-BA w/ outbuilding & pool. \$399,900 #4722724



**LACONIA:** In-town, build-able lot w/ city water & sewer stubs in place! \$49,900 #4725038



**BELMONT:** 2-BR, 3-full bath mobile home w/ central air, gas FP & deck. \$53,900 #4729326



**LACONIA:** 2-BR, 2-BA condo at Cedar Lodge. Pool, tennis, basket ball & more. \$130,500 #4723360



**DANBURY:** Hill-top retreat in the mountains of NH. 3-BR home on 10 acres. \$299,999 #4717153

*"Simply the Best" OVER 60 YEARS IN THE LAKES REGION*

**Maxfield Real Estate** **Island Real Estate**  
A Division of Maxfield Real Estate

**Wolfeboro:** 15 Railroad Avenue • 569-3128  
**Center Harbor:** Junction Rtes. 25 & 25B • 253-9360  
**Alton:** 108 Main Street • 875-3128

**Island REAL ESTATE**

Thank you to our islanders for another successful season! We are here year round, so please contact us at 603-569-3972, or stop by one of our three offices.

### Luxury REAL ESTATE



**WORLD CLASS RETREAT!!** 40ne-of-a-kind Moultonborough Lk Winni WF w/710' of protected shoreline & over 280' of white sandy beach. Stunning, impeccably maintained & unrivaled beauty. This property will take your breath away!  
**\$5,500,000** (4718960) Call 569-3128



**BEAUTIFUL** Lake Winnepesaukee contemporary in Alton with 3 levels of luxurious living space, 410 ft. of shore frontage, multiple beaches, lovely views in a tranquil and secluded setting. A great value!  
**\$1,588,000** (4729334) Call 569-3128



**OUTSTANDING** 1795 Colonial estate in Tuftonboro in pristine condition, masterfully restored interior and exterior, finest quality throughout, wide plank floors, fireplaces, 10 private acres, in-ground pool and barn.  
**\$1,295,000** (4733465) Call 569-3128



**LOVELY** 4BR/3BTH home in Sanbornton w/90' frontage on Winnisquam Lake. Level lot, new dock, roof, boiler & windows. Detached garage & a house full of charm & character! Enjoy beautiful sunrises from this location.  
**\$899,000** (4728233) Call 253-9360



**MEREDITH** // Private beach rights to Lake Winni from this beautiful 3BR/3BTH contemporary home on a .99-acre. Open concept design, 1st flr Mstr. suite, oversized 2-car gar. & mature landscaping. Lovely neighborhood close to downtown!  
**\$379,000** (4728347) Call 253-9360



**MOULTONBOROUGH** // Beautiful 3-BR home located in low tax Moultonborough. Open-concept 1st-floor living/dining and kitchen w/gleaming HW flrs, 1st-flr Mstr. en suite, walkout to backyard deck & covered front porch. Quality built, well priced.  
**\$379,900** (4733309) Call 569-3128



**GILMANTON** // Spacious 4 bedroom, 3 bath Colonial c. 1824, huge barn, 3,134 sq. feet, in "Gilmanton Corners" Historic Village. New roof, boiler, water heater, full insulation, and other updates.  
**\$334,000** (4724635) Call 875-3128



**NEW DURHAM** // Rustic cottage on the shore of Merrymeeting Lake. Brand new metal roof, 2 sheds for all your toys. Picturesque Views!! Not many of these left for under \$300,000.  
**\$289,000** (4602711) Call 875-3128



**MEREDITH** // This wonderful in town 3-4 bedroom New Englander, with 2-story barn, is ready for a new owner! Located right in the quaint village area and at Lake Winnepesaukee.  
**\$264,000** (4705684) Call 253-9360



**MOULTONBOROUGH** // Turnkey professionally designed and constructed seasonal 18-hole Mini-Golf course, 9 holes handicap accessible. 1.91 acres, FF&E included. Day/evening operation.  
**\$250,000** (4677347) Call 253-9360



**ALTON** // 4 Bedroom Colonial on 1.23 Acres. Wood floors, crown molding and wainscoting. 3 levels of living, gas and wood fireplaces, eat-in kitchen and formal dining room.  
**\$299,900** (4730005) Call 875-3128

### LAND and ACREAGE

**NEW DURHAM** // Rare opportunity to purchase a large parcel of land with 56+/- acres in a country setting. Class VI road.  
**\$169,000** (4677837) Call 875-3128

**MEREDITH** // Prime location building lot in desirable Clover Ridge, one of Meredith's established neighborhoods of finer homes. Well on site, expired 4 bedroom septic design on file. Great Lakes Region location.  
**\$119,900** (4722264) Call 253-9360

**ALTON** // Select 5+ acre lot with approved septic design! Access trails on 2,000 acre abutting conservation land! Electricity extended, driveway in and house site roughed-in.  
**\$94,800** (4731851) Call 875-3128

**MOULTONBOROUGH** // Your new home is ready to be built on this 2.2 acre lot w/ 3BR septic design & location for house & well. Set on a quiet road yet close to town amenities.  
**\$50,000** (4667367) Call 253-9360

[www.MaxfieldRealEstate.com](http://www.MaxfieldRealEstate.com) • [www.IslandRE.com](http://www.IslandRE.com)

### RENTALS

Bringing People and Vacations Together in the Lakes Region for over 60 years....

#### WOLFEBORO AREA RENTALS: YEAR-ROUND AND SEASONAL

Year-Round Rentals Wanted—Home Owners who would like to rent their home long-term: Ask for Tony @ 569-3128  
Owners please call about our rental program.



# TOWN•TO•TOWN CLASSIFIEDS

**NCH** | Upper Connecticut Valley Hospital

**\$3,000**  
**SIGN-ON BONUS**

**MT / MLT**

Contact Human Resources at  
(603)388-4236  
Apply On-line at [www.ucvh.org](http://www.ucvh.org)  
181 Corliss Lane, Colebrook, NH 03576  
EOE

**NCH** | Upper Connecticut Valley Hospital

**\$3,000**  
**SIGN-ON BONUS**  
For two years of experience staff RNs

**REGISTERED NURSES**

Contact Human Resources at  
(603)388-4236  
Apply On-line at [www.ucvh.org](http://www.ucvh.org)  
181 Corliss Lane, Colebrook, NH 03576  
EOE

**NCH** | Upper Connecticut Valley Hospital

**FULL TIME OPPORTUNITIES**

- FULL TIME OPPORTUNITIES
- MT/MLT – 40 hours (Day Shift M-F)
- ULTRASOUND/ECHO TECHNOLOGIST – 40 hours
- RN M-S/CHARGE (Day Shift)
- RN M-S – 36 hours (Night Shift)
- RN CHARGE – 36 hours (Night Shift)
- RN CHARGE/M-S – 36 hours (Night Shift)
- RN CHARGE/E.D. – 36 hours (Night Shift)

**PART TIME OPPORTUNITIES**

- RADIOLOGY TECHNOLOGIST (32) hours (Day Shift)

**PER DIEM OPPORTUNITIES**

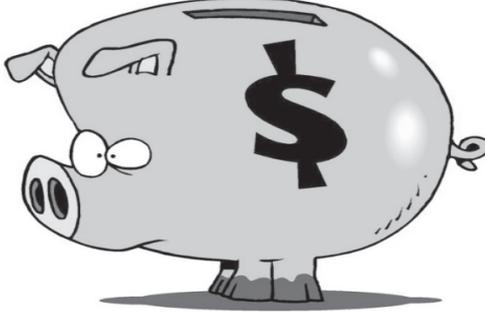
- LNA
- ED Technician
- CENTRAL STERILE TECHNICIAN
- SURGICAL TECHNICIAN
- RNN

Apply Online at [www.ucvh.org](http://www.ucvh.org)  
Upper Connecticut Valley Hospital  
181 Corliss Lane, Colebrook, NH 03576  
Phone: (603)388-4236  
ucvh-hr@ucvh.org  
EOE

**INTEGRITY EARTHWORKS**

**Now Hiring!**  
Full Time  
Site Foreman  
Heavy Equipment Operators

We offer Competitive Salary based on experience  
Health Insurance Benefits, Paid Vacation and Paid Holidays  
Must have Valid Driver's License and OSHA 10 Card  
Pre-Employment Physical and Drug Screen Required  
Call Us at (603)539-2333  
Email Resume to [toni@integrityearthworks.com](mailto:toni@integrityearthworks.com)  
Or find our Application online at [integrityearthworks.com](http://integrityearthworks.com)



**Our Ads Get Results.**  
**Call 603-279-4516**  
**salmonpress.com**

**Join Our Team**

**Positions Available:**  
Waitstaff  
Chef  
Bartender  
Busser  
Dishwasher/Prep

**The Corner House Inn**  
Center Sandwich, NH  
284-6219  
[info@cornerhouseinn.com](mailto:info@cornerhouseinn.com)

**DRIVERS WANTED:**  
THE LINWOOD SENIOR CENTER IS LOOKING FOR 2 DRIVERS

**9 PASSENGER VAN DRIVER**



- We will pay for DOT medical card conditional upon passing physical and background checks
- 2 days a week---perfect for part-timers and retirees
- Hours are from 7:30AM to 2:00PM
- Lunch is on us when driving
- Call Maria at 603-745-4705
- Email: [maria.mcintyre@gcsc.org](mailto:maria.mcintyre@gcsc.org)

**HOME DELIVERED MEAL DRIVER**



- Volunteer hours from 10:30am to 12pm
- Paid mileage at .40 a mile (usually it is a 28 mile route)
- Days needed are Tuesday's and Wednesday's (may be flexible)
- Help people receive healthy, nutritious meals
- Gives clients independence to live in their own homes/apartments
- Call Maria at 603-745-4705
- Email: [maria.mcintyre@gcsc.org](mailto:maria.mcintyre@gcsc.org)

**REDUCE RECYCLE RENEW**



**This Newspaper is Recyclable**




**This is how you say it's going to be okay.**

Every 8 minutes the American Red Cross responds to a disaster and makes this promise. This holiday season, you can help us keep it.

Donate today at [redcross.org](http://redcross.org)

**American Red Cross**

**Ready To Say Goodbye To Your Old Car?**



**Put Some "Good" In the Goodbye!**

Donate your used car to the National Kidney Foundation Kidney Cars Program. The funds can help save lives. We'll arrange a pickup and you might qualify for a tax deduction.\*

**Call 1-800-488-CARS**

\*Consult your tax advisor for details.



**NKF National Kidney Foundation**

[www.kidneyhealth.org](http://www.kidneyhealth.org)



# Carton, Heinrich win Moose Mountains RunAround

WOLFEBORO — It was a seasonably cold but sunny Saturday morning in January for the fifth annual Moose Mountains RunAround snowshoe race and kids' Snowshoe Shuffle, at Abenaki Ski Area in Wolfeboro. More than 60 participants, including 32 snowshoe racers, a dozen children, 15 volunteers, plus supportive friends and family members, ventured out to the event, which is a fundraiser benefiting local land trust Moose Mountains Regional Greenways (MMRG).

The snowshoe race course was two laps around a hilly two-mile combination of scenic ski trails and single track. Race Director and MMRG board member Dan Coons reported that John Carton, age 52, had winning men's time at 32 minutes, 26 seconds and the top women's finisher was Haley Heinrich, age 26, with a time of 34 minutes, 55 seconds.

Heinrich, from Wolfboro, is a long-time runner and loves the outdoors but just recently started snowshoeing. Remarkably, this win was her first race on snowshoes. "It was such a great experience," exclaimed Heinrich. "I liked the double loop, a chance to learn it the first time around and pace it the second time. And I liked the camaraderie; everyone was so friendly. But maybe the best part was the prizes—the moose hat is so awesome."

This was the third Moose Mountains RunAround snowshoe race for participant Tom Zotti of Wolfboro, who was dressed in wildly patterned tights, neon yellow neoprene booties, and other colorful apparel. Zotti explained that the booties are sold as bicycling gear but did a great job keeping his feet warm and dry during the race. He commented that he likes that MMRG works to protect open spaces, adding, "What better way to support the cause than to get out on the trails?" Zotti also helped mark the race

course in advance, one of many volunteer tasks that went into producing the snowshoe race.

Immediately following the snowshoe race, MMRG held a kids' Snowshoe Shuffle, a non-competitive obstacle course for kids to have fun in the snow, which attracted more than a dozen participants this year. Kids got to try out loaner snowshoes from Tufonboro Free Library while they ducked under foam hoop arches, placed their feet inside rings laid out on the snow, carefully carried a stuffed moose in a shovel or some candy 'moose poop' in a spoon, and other entertaining challenges. Many children had so much fun they did it multiple times.

Many people, businesses and organizations contributed to this fundraiser. MMRG board member Lorrie Drake, who helped plan and supervise the kids' Snowshoe Shuffle, made a point to thank the many volunteers who made this event so successful. Drake added, "We'd also like to thank our busi-



KATE WILCOX — COURTESY PHOTO

JOHN CARTON and Haley Heinrich model the hats they won for finishing first in the Moose Mountain RunAround.

ness sponsor Wolfboro Oil Company for their generous donation, the Tufonboro Free Library for kids' loaner snowshoes, Wolfboro Parks and Recreation for use of the terrific Abenaki Ski

Area venue, lodge and trails, and Steve Flagg of Nordic Skier for his superb grooming of the trails."

Activities like the Moose Mountains RunAround and kids' Snow-

shoe Shuffle take advantage of the excellent opportunities for winter play and sports in this region. Preserving opportunities for outdoor recreation through conserving open space

is an important part of MMRG's mission as a land trust and educational outreach organization. More information and a calendar of upcoming events is available at [www.mmrgr.info](http://www.mmrgr.info).

## A step forward toward Tokyo 2020

I mentioned a few weeks ago that I had been approved for credentials for the Tokyo 2020 Summer Olympics. This will be my first time covering the Summer Olympics, as my past two Olympic experiences were during the winter months.

This past week, I took the next step toward the trip to Japan becoming a reality next summer. I filled out the forms requesting the accommodations for the two-plus weeks for the Games. This isn't a huge step, since the accommodations aren't official until I make my first payment, but this was indeed at least a step forward heading toward Tokyo.

Tokyo is different than the first two Olympics that I attended. In Sochi in 2014, my accommodations in media

housing were in what was essentially a hotel room. It was a room with a couple of beds and a bathroom. In PyeongChang in 2018, I stayed in what was essentially an apartment, which had three different rooms, a common area, a kitchen and two bathrooms. Both had their advantages and disadvantages, but in both cases, the housing was located in the media village, with all of the media grouped together.

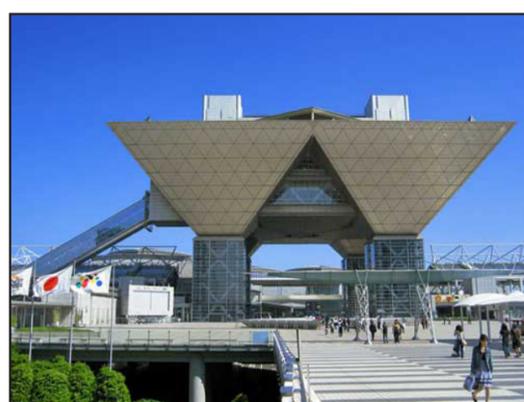
In Tokyo, the accommodation situation is much different. Instead of staying in a media village, we will all be staying in existing hotels throughout the city. The Tokyo Organizing Committee set aside rooms in numerous hotels for media to stay in and when I was approved for credentials, the committee sent along a list of hotels.

I spent a bunch of time last week pouring over the different hotels, looking to find what made the most sense to me. In both Sochi and PyeongChang, my main priority was pricing and Tokyo was no different. Since paying for the trip is probably different on my end (I rely on lots of

people helping me out and pay for some of it myself), pricing is a priority for me and I looked around for what was the best option. I found seven or eight hotels with prices less than \$100 a night and then narrowed it down from there, looking at how far they are from the Main Press Center (which is where I've spent lots of time the last two Olympics), and what kind of amenities are offered at each hotel.

Our media housing includes breakfast but I was also looking for a place that has a laundromat and/or laundry service to make sure doing that simple task was easy. Once I narrowed things down, I had to select three different choices for accommodations and once I did that, I filed the forms online and sent them in to the organizing committee.

I then spent a little more time looking over the manuals that were available, checking out the transportation system (we get transit cards in addition to the normal buses), the media center services and more. I must say, it's getting a little exciting thinking about what could be a



COURTESY PHOTO

THIS IS THE BUILDING where the Main Press Center will be housed at the Tokyo Olympics.

pretty awesome experience.

I am grateful for all those that have helped me make my first two Olympic experiences a reality. It's through much generous support from many people that I have been able to travel to Russia and South Korea. I still haven't decided how to make this trip work, but I am expecting that at some point I will set up a GoFundMe page and I've kept my Olympic bank account open at TD Bank in Wolfboro. Moving forward I will keep people advised if

they are interested.

Finally, have a great day, Elizabeth Adams.

*Joshua Spaulding is the Sports Editor for the Granite State News, Carroll County Independent, Meredith News, Gilford Steamer, Winnisquam Echo, Plymouth Record-Enterprise, Littleton Courier, Newfound Landing, Coos County Democrat, Berlin Reporter and The Baysider. He can be reached at [josh@salmonpress.news](mailto:josh@salmonpress.news) at 279-4516, or PO Box 729, Meredith, NH 03253.*

**Zoë & Co.**  
Professional Bra Fitters

*The Place To Get Fit*

92 North Main St.  
Concord, NH 03301  
603.224.2727

Do you have an uncontrollable desire to clean your attic, basement, garage or start your home improvement project now?

**SAVE WITH OUR DUMPSTER DEPOT BUCKS**

DUMPSTER RENTALS FROM **\$295**

**THE DUMPSTER DEPOT®**  
Waste Recycling Services

TOLL FREE 1-866-56-DEPOT LOCAL 603-783-8050  
[WWW.DUMPSTERDEPOT.COM](http://WWW.DUMPSTERDEPOT.COM)

Like us on Facebook

Dumpster Depot Bucks limit 1 per client on rental or pick-up on any regular priced dumpster. Not valid on Hoisting, Concrete, or any specialty dumpster rental. Cannot be combined with other offers. Must present coupon at time of order. Expires 3/31/19.

**Patrick's Pub & Eatery**

**FRI & SAT at the Pub**

WELCOME FISHERMEN!

**FRI 8:30PM**  
Serious fun as YOU pick the music and join in the show.

**SAT 8PM**  
Enjoy live music with Gardner Berry

[patrickspub.com](http://patrickspub.com) • (603) 293-0841 • 18 Weirs Rd, Gilford, NH 03249

**This Newspaper is Recyclable**