

Winnisquam Echo

THURSDAY, JUNE 7, 2018

SERVING TILTON, NORTHFIELD, BELMONT & SANBORNTON, N.H.

FREE

Belmont police help children learn safety rules for cycling

BY DONNA RHODES
dhrhodes@salmonpress.news

BELMONT – The Belmont Rotary teamed up with the police and fire department to host the 2018 Bike Rodeo at the Belmont Mill Pavilion last Saturday afternoon, where they were all pleased to see a great turnout for the safety-oriented event.

“This is a great location for an event like this, and we’re very happy to welcome all the kids down here today,” said Police Chief Mark Lewandoski.

His bicycle patrol officers, Vito Marcello and Patrick Riley, played a large role in the event, riding along with the young cyclists, giving them safety tips and guiding them through courses set up in the



At the 2018 Bike Rodeo last weekend, six-year-old Joey posed for a photo with Belmont Police Officer Brian Warburton (center) and Officers Patrick Riley (left) and Vito Marcello (right) of the Belmont Police Department’s Bicycle Patrol Unit.

parking lot.

“We have cones set up to help them learn to navigate,” said Marcello. “There are three stations for them to ride through, one is a slalom course, one has stops and turns for them to use hand signals, and the third has them navigate two sharp turns then enter back into ‘traffic.’”

Police officers took turns operating a special traffic light where the children had to obey the red, yellow and green signals they displayed, just as one would out on the road. They also performed safety checks on their bikes to help prevent any mechanical failures.

“We’re focused on bike safety today, and they’re learning all the

DONNA RHODES

SEE CYCLING, PAGE A11

Tilton’s Twelve 31 Events takes the stress out of planning a special event

BY DONNA RHODES
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TILTON – Brides, businesses and organizations planning events in the Lakes Region now have a new resource to assist in that often time-consuming process. At Twelve 31 Events, Melissa Christoforo will help make any and all arrangements for those gatherings, leaving the enjoyment up to her clients.

Christoforo, who is partnered with Mike Dolpies, has an extensive background in catering and event planning. She attended



DONNA RHODES

Mike Dolpies and Melissa Christoforos are excited to bring quality event planning and specialty catering to central New Hampshire through their new business, Twelve 31 Events, located on Main Street in downtown Tilton.

SEE TWELVE 31, PAGE A11

Central VNA benefits from Belmont Middle Schoolers’ art projects

BELMONT — For more than a decade, art teacher Jaylene Bengston has been teaching her students more than art. In 2007, she introduced a program that has become a regular part of her rotation that gives the kids a hands-on experience and introduces them to a world outside of the classroom.

Masks for Hospice is a program that has seen success in several big cities, including Denver and L.A. When Bengston read about it she thought “Hey, my kids can do that.” Using whatever themes the seventh graders have been studying in other classrooms, like wildlife, East Indian culture or ancient civilizations, or just out of the beauty of their young imaginations, the students design and hand-craft the masks.

On June 13, the masks will be auctioned off, with proceeds benefitting Central VNA & Hospice. By piggy-backing on the National Junior Honor Society spaghetti dinner at 5 p.m. (the \$5 donation will also benefit a local non-profit), they hope to attract even more potential bidders. Over the years they have raised and donated more than \$4,000, with some years as high as \$500 and even \$600!

Bengston says, “Many families in our community have benefited from the work

of Central New Hampshire VNA & Hospice and this is a way we can express our thanks to them. The students are integrating learning/research skills with creating art, and understanding the meaning of philanthropy—an active and unselfish effort to promote human welfare. At the same time, their artistic interpretation of what they’ve learned provides a new way for others to look at the world.”

Join them on the 13 at Belmont Middle School to share a delicious dinner (a benefit for other non-profits as well). Bring your checkbook – you will want to take one of these masks home.

About Central New Hampshire VNA & Hospice

Central New Hampshire VNA & Hospice knows that people are happier, and do better, at home. They can help you stay there. Birth to bereavement, SEE PROJECTS, PAGE A12

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Special program gives children a close encounter with wildlife

BY DONNA RHODES
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TILTON – Sponsored by the Tilton Parks Commission, Wildlife Encounters brought seven fascinating Animal Ambassadors to the Riverfront Park pavilion last Saturday morning, providing thrills and a few chills as each creature was brought out to meet the crowd of children and adults on hand for the special event.

Meaghan Dow of Wildlife Encounters began her presentation with a familiar creature often seen in New Hampshire back yards- a skunk. Dow explained there is



DONNA RHODES

A curious coati mundi climbed across the shoulders of Meaghan Dow from Wildlife Encounters last week, entertaining the crowd of children and adults who attended a special presentation sponsored by the Tilton Parks Commission.

SEE WILDLIFE, PAGE A12

Granite United Way delivers nearly \$1.2 million in support to the Central Region

PLYMOUTH — Granite United Way's annual campaign mobilizes more than 20,000 donors and corporate supporters to raise more than \$8.8 million across the state of New Hampshire and Windsor County, Vt.

The campaign benefits more than 750 nonprofit agencies and programs providing services to more than 350,000 individuals. Volunteers are mobilized from each local region in its footprint to review and vet proposals and make funding decisions based upon strict criteria that ensures investments are held to the highest standards and are producing the greatest, most cost-efficient impact. In addition to the volunteer-led grant investment process and donor designation program, initiatives like Volunteer Income Tax Assistance (VITA), the 2-1-1NH information & referral line and FamilyWise, a prescription drug discount program deliver a combined total of nearly \$14 million

in support to residents across New Hampshire.

Local volunteers on Granite United Way's Community Impact Committee dedicated the last few months to evaluating program proposals and determining their investment decisions for the Central Region. Together, with the volunteer Board of Directors and the Central Region Community Impact Committee, announced that the 2017 Campaign would deliver nearly \$1.2 Million in support during 2018 to the Central Region.

Volunteers in the Central Region made investments in programs that support families and youth throughout the community.

"We continue to be impressed with the quality programs that are offered in the Central Region, and we are grateful for the time that local volunteers dedicate to the funding process," said Patrick Tufts, President and CEO of Granite United Way. "Over 435 volunteer hours were de-

voted to these decisions. They continue to fund programs and services that enable our community to learn, earn and be healthy."

"The Family Resource Center of Central New Hampshire is so thankful for the continued support from Granite United Way. The mission of the FRC-CNH is to strengthen families and communities by enhancing social connections, utilizing family support principles and protective factors. The funding from Granite United Way is critical to our ability to provide these supports to the children and families of the central region," said Erin Pettengill, Director of the Family Resource Center of Central NH.

In addition to the grants made to local organizations, Granite United Way's Whole Village Family Resource Center serves as major resource in the region for programs focused on quality child care, developing strong parenting

skills and achieving financial stability. Students in the Accounting Department at Plymouth State University partnered with the nonprofit and offered free tax preparation to struggling families and individuals in the region. The Volunteer Income Tax Assistance (VITA) program helped to return more than \$430,000 in federal tax refunds to Central Region residents, including more than \$130,000 in the Earned Income Tax Credit (EITC).

Carroll County Coalition for Public Health [C3PH] is one of three regional public health networks that Granite United Way has contracted with the state of New Hampshire's regional public health network system. They have been focused on tackling the state-wide opioid crisis by collecting more than 765 pounds of drugs collected at two Drug Take Back Days and 18 Narcan Trainings that were held throughout the Central Region community.

"As a Loyal Contributor and Granite United Way Board Member, it is inspiring to see our community come together to

tackle large scale issues," said Larry Major, Government Affairs Manager at Pike Industries. "No one organization can solve the issues we're facing, and we know that by working alongside each other we will be able to improve lives in our community."

Funded programs will receive notification this week.

For more information about Granite United Way, visit www.graniteuw.org.

Granite United Way is an experienced and trusted organization dedicated to leveraging the resources of investors and volunteers to create lasting change by addressing the underlying causes of our community's most pressing needs.

United Way's purpose is to convene public, private, and governmental leaders and resources to tackle the largest, most pressing issues facing our community. These issues include, but are not limited to: Providing children with the tools they need to read at grade level, putting them on the path to becoming successful, contributing members of our com-

munity. Offering free assistance from trained tax professionals to ensure that low income individuals and families file their taxes properly and timely, and utilize qualified tax credits to begin to build their own capital. Administering a statewide, comprehensive 24 hour a day/ 365 days a year help hot-line called 2-1-1 that quickly delivers help to any resident in New Hampshire

Granite United Way works with more than 1,000 companies, 25,000 investors and thousands of volunteers every year to make our communities a better place. Granite United Way is rated a Platinum Participant by GuideStar and a Three Star Charity Navigator, two of the nation's largest nonprofit rating sources.

Granite United Way serves the Central Region, Merrimack County, North Country, Northern Region, Southern Region (Manchester / Derry / Salem) and Upper Valley Regions of New Hampshire as well as Windsor County, Vermont. For more information, visit www.graniteuw.org.

BELMONT POLICE LOG

BELMONT — The Belmont Police Department responded to 120 calls for service and made the following arrests during the week of May 25 to June 1. Please note that the names of juveniles, and those of individuals taken into protective custody but not formally charged with a crime, have been withheld.

Alicia McLean, age

30, of Meredith was arrested on May 25 for Possession of Controlled/Narcotic Drugs.

A 45-year-old male was taken into protective custody for intoxication on May 25.

A 49-year-old male was taken into protective custody for intoxication on May 27.

Randy W.J. Nadeau II, age 35, of Belmont was arrested on May

30 in connection with a bench warrant issued by Plymouth District Court.

Marissa Sue Deforge, age 27, of Belmont was arrested on May 31 for a False Inspection or Registration Sticker.

David A. Lessard, age 42, of Belmont was arrested on May 31 in connection with a warrant issued by the Laconia Police Department.

SANBORNTON POLICE LOG

SANBORNTON — The Sanbornton Police Department responded to 71 calls for service during the week ending May 26. The breakdown was as follows: two alarms, one animal involved incident, two requests to assist other departments, one civil standby, one

computer crime, two criminal mischief complaints, three fire/medical calls, two reports of harassment, one house check, one report of illegal dumping, one report of a bad check, one landlord/tenant dispute, one money relay, two motor vehicle accidents, three motor

vehicle summonses, 32 motor vehicle warnings, three requests for police information, two reckless operation complaints, three road hazard complaints, three reports of suspicious vehicles or activity, one theft, one V.I.N. verification, and two uncategorized calls.

TILTON POLICE LOG

TILTON — The Tilton Police Department responded to 602 calls for service and made the following arrests during the week of May 21-27. Please note that the names of juveniles, and those of individuals taken into protective custody but not formally charged with a crime, have been withheld from

publication. Arrested during this time period were Anthony England (for Driving After Suspension), Conoor Donisi (for Possession of Drugs), Danielle Lafleur (in connection with a warrant), Norberto Perez (for Drug Sales), Theresa Starkweather (for Willful Concealment), Kyle

Chiasson (for Possession of Drugs), Nicole Fry (for Willful Concealment and Criminal Trespassing), Peter Knapp (for Driving After Suspension, Aggravated DUI, Reckless Operation, and Diosoing an Officer), and Jessica Ewens (for Criminal Trespassing and Resisting Arrest).

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DONNA RHODES

As part of last weekend's Bike Safety Rodeo, six-year-old Luc and his four-year-old brother Brayden were excited when they received new bike helmets from Chief Stephen Hankard and Officer Shane Morton of the Sanbornton Police Department.



DONNA RHODES

Three-year-old Ken Stewart of Sanbornton had a lot of fun learning how to safely ride his new bicycle at the Bike Safety Rodeo in Sanbornton last Saturday afternoon.



DONNA RHODES

A young bicyclist practiced using the hand signals he learned at Sanbornton's Bike Safety Rodeo as Dick Gardner, a volunteer for the event, praised him for learning his lessons well.

Local youngsters learn about cycling safety at Bike Rodeo

BY DONNA RHODES
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SANBORNTON — It's been several years since the Town of Sanbornton has held a bike rodeo, but with the number of bicyclists increasing on the roadways, a growing number of children in the town enjoying the exercise, and young teens enjoying some independence for transportation, Police Chief Stephen Hankard and Recreation Coordinator Julie Loneragan teamed up to present a Bike Safety Rodeo last Saturday.

Originally scheduled for early May, the event was initially postponed due to rain, but June 2 was sunny, breezy and a perfect day for some out-

doors experiences.

Loneragan said Chief Hankard approached her this year, saying he had the opportunity to get bicycle helmets for children and teens, and plans for the event unfolded from there.

Hankard said his department was able to obtain a dozen helmets through the Brain Injury Association of New Hampshire and the Sanbornton Relief Association pitched in and purchased more to ensure everyone was accommodated.

With the help of Sanbornton's Hope in Motion bicycle team, which participates in the Norris Cotton Cancer Center's Prouty fundraiser

for cancer research each year, the rodeo got underway last weekend.

Children first met with members of the Prouty team for a review on bike safety and some of the rules of the road.

"There's actually a lot to learn but probably the most important thing for bicyclists to know is etiquette," said David Loneragan of Hope in Motion. "Cars should give bicyclists at least three-ft. of space when passing, but bicyclists also need to know they should ride single file and keep an eye out for traffic."

Safety on two wheels is something Luc and Brayden have grown up with since their dad is a certified motorcycle safe-

ty instructor. As young as the two boys are, their knowledge was evident last weekend, but that didn't mean they didn't get even more good advice at the rodeo.

"This was fun! I learned today how to do hand signals, which I didn't know before," said six-year-old Luc.

Besides manipulating a course of safety cones that presented a variety of challenges, the kids could also have a safety check on their bikes and Hope in Motion had all the right tools on hand for repairs. That turned

out to be especially beneficial for one young rider.

"We found that his back brakes weren't working right so we fixed that for him. He's all set now," said Joel Smith.

Besides Sanbornton Police officers, members of Sanbornton Fire Department and resident volunteers like Dick Gardner also got involved, helping little ones on training wheels learn how to ride and older leading children through the course to test their skills.

One good tip that even parents appreciated, was a reminder to check their shoelaces before riding so they won't get caught in the spokes or bike chain.

Each participant enjoyed hot dogs when they paused for a break, and were fitted for a new safety helmet as well. Hankard said there are still some helmets available and Sanbornton residents who have a child in need of a new helmet can contact the police department to see about availability of the proper size.

Sanbornton Congregational UCC to be the focus of several events June 23

SANBORNTON — The iconic hillside trio of historic white buildings in Sanbornton will be the location of three community events the morning of Saturday, June 23.

In the Old Town Hall will be the annual Congregational UCC Church Yard Sale, running from 8 a.m. to noon featuring a delightful array of household goods, antiques, craft supplies,

bedding plants, books, jewelry, sporting equipment, tools, and toys. In the gazebo out front, customers will have a wide range of tempting homemade baked goods to choose from and purchase.

All proceeds from the Yard Sale and Bake Sale benefit the Mission and Ministry of the Sanbornton Congregational UCC, an Open and Affirming church.

In the actual c. 1771 church next door, visitors can tour the sanctuary that features ornate, jewel-like stained glass windows. The sanctuary will be open to visitors from 8 a.m. to noon.

The third building of the historic trio, the Sanbornton Library, will be having its own event, raising funds for the library by staging a book sale from 9 a.m. to 1 p.m. on the 23rd.



COURTESY

Belmont PD welcomes new officer

The Belmont Police Department is pleased to welcome Brian Warburton as the newest member of the department after a swearing-in ceremony was held at the Corner Meeting House last week. Warburton comes to Belmont as a full-time certified officer who previously served four years with the Allenstown Police Department. Besides members of Belmont PD and other town officials, his wife Erica and her son Alec were also on hand to witness the special event.

HALL MEMORIAL LIBRARY

Monday, June 11
Chess Club, 2-5 p.m.
Trustees Meeting, 5-6:30 p.m.

Open to the Public
Scrabble With a Theme, 6 p.m.

Libraries Rock! Is the 2018 Summer Reading Program Theme, therefore: create words connected to rocks or gems and earn a chance to win the 2018 Summer Reading Program Goody Bag. Win the game and earn a second chance.

Tuesday, June 12
Spanish Club, 10 a.m.
Tech Tuesday, 2-4 p.m.
Teen Time, 3 p.m.

Wednesday, June 13
Story Time, 10:30 a.m.
Scrabble in the Afternoon, noon-2 p.m.
Play the game face to face.

Thursday, June 14
Rock & Read, Sum-

mer Reading Program "Libraries Rock" Hap-

pening, 10 a.m.-6 p.m.
Seat yourself in one of our rocking chairs and earn a library buck for every 15 minutes you rock & read a book or magazine from our collection (no devices, please). Library Bucks can be used to pay down your fines, make photocopies, send faxes, or purchase books from our on-going book sale. Let the librarian at the circulation desk know that you are going to participate in the Rock & Read program before you get rockin'.

Teen Time, 3 p.m.

Friday, June 15
Sit and Knit, 2-5 p.m.

Saturday, June 16
Let's Go Lego, 10 a.m.

New Items
"The Favorite Sister" by Jessica Knoll

"An Unkindness of Magicians" by Kat Howard

"How Hard Can It Be?: A Novel" by Allison Pearson

"The High Season: A Novel" by Judy Blundell
"The Gray Ghost" by Clive Cussler

"Shelter in Place" by Nora Roberts

Coming Right Up...
Monday, June 25 from 5:30 to 7:30 p.m.

Master Herbalist Nathan Searles - Mushrooms

Join Master Herbalist Nathan Searles in an eye opening class on how to identify, practice sustainable harvesting and how to use several native species of medicinal mushrooms. This is an open discussion class intended to introduce each individual to both the ecological and health benefits of these extraordinary beings.

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Opinion

A4 Thursday, June 7, 2018

WINNISQUAM ECHO

LETTERS TO THE EDITOR

Thank you for showing our students that their community cares

To the Editor:

On May 10, Belmont High School coordinated their second annual pre-prom event called, Healthy Choices Day. This unique day allowed students to explore the negative impact of impaired driving as well as learn from local experts on various topics that are relevant to teens. The theme of the day is to encourage, educate, and remind students to make healthy choices not just before prom or graduation but also throughout their entire lives. Much appreciation goes to Chelsie Hubicsak-Muldowney and the Teen Driver Program out of the Children's Hospital at Dartmouth Hitchcock. Every year, Chelsie assists us in finding incredible speakers for our students as well as providing hands on activities, and securing the Mobile Command Unit through the New Hampshire Liquor Commission Fatal Choices Program.

This year's event opened with Garrett FitzGerald, US Secret Service Agent, sharing his life story of being in a car accident with another individual who was under the influence of heroin and left him paralyzed. His message was a powerful one that left a lasting impression on our students. After the presentation, our students participated in a "Get Connected" job fair during lunch organized by Amy Burke, School-to-Career Coordinator. We appreciate the support and participation of the following businesses: Belknap Landscaping Co., Belmont Parks & Recreation, Freudenberg-NOK, Gilford Well Co., Grappone, JJill, McDonald's, Mt. Washington Cruise, Pike Industries, Pirate's Cove, Rymes Propane & Oil, Taylor Rental, and Winnepesaukee Muskrats.

After lunch, students were rotated through four different sessions; "Safe Driving" Hands-on Activities, "Healthy Relationships" Presentation, "Know the Law" Q&A Panel, and "What's Your Story" Discussion. Dale LaPlante from D&S Driving School provided equipment and facilitated the hands-on impaired driving activities along with BHS School Resource Officer Joe McDowell from Belmont Police Department and representatives from CHaD Teen Driving Program. Shauna Bertwell from New Beginnings and Kathryn Kiefer from NH Attorney General's Office - College Consortium informed students on what an unhealthy and unsafe situation could look like both on and off campus, in the workplace, and in relationships as well as share some important apps to help keep them safe.

Detective Rachel Moulton, Prosecutor David Estes, Sgt. Evan Boulanger, Belmont Middle School Resource Officer Joe Marcello from Belmont Police Department, Trooper Eric Shirley from New Hampshire State Police, Chief PPO Serene Eastman from the New Hampshire Department of Corrections, and Krystal Miller, Human Resource Manager from Pike Industries shared pertinent information to students during the Q&A panel in regards to laws that could impact them (and their loved ones) and potentially hurt their career options in the future.

Lastly, Josh and Nick Ross, two BHS Alumni, shared their personal experience with using substances and their journey to recovery with students from each grade level. Throughout the day, students participated in an "Ask Me About" name tag icebreaker for a chance to win a prize. Raffle tickets were also given to students who participated in the hands-on activities, asked questions during the presentations, got connected during the job fair, and turned in completed pre/post-event surveys. Prizes were generously donated by the following businesses: Brookside Pizza (gift cards), Gilford Hills (three junior monthly memberships), Silver Sands Marina (two-hour wake surfing lesson), Tanger Out-

SEE THANK YOU, PAGE A7



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PET OF THE WEEK

BELLA

Bella: she certainly is a sturdy girl, who loves to hug her humans, and while not overly enamored with the immediate presence of other dogs, has coped rather well with the hub-bub of shelter life at New Hampshire Humane Society.

Well muscled but lithe, rugged but sweet, with a pensive "I'm not sure what my next chapter in life will be" look on her lovely face, she waits for that perfect match.

Bella enjoys the outdoors. She likes to play and surely would be a wonderful compan-

ion of active, energetic folks.

Her former life was a solitary one, kept not the best of circumstances, hence we prefer to place in an adults only, dog free home. Bella is ready to forgive and forget the ways of humans, in favour of those that know how to love and care for a dog whose heart is loyal and true.

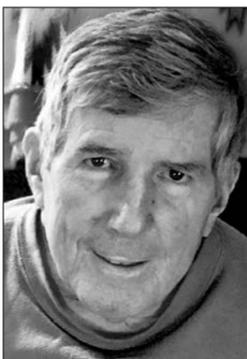
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North Country Notebook

Hummingbirds arrive on the scene, as dandelions pay heed to the winds



By JOHN HARRIGAN
COLUMNIST

There are lots of neat things about hummingbirds, but one I really like is the way people take ownership. It's not "The hummingbirds showed up last weekend," it's "OUR hummingbirds are back." It's the kind of personal identification that many a habitat and wildlife organization would die for. It's called, in conservation organization and government parlance, "Being a stakeholder." In other words, the people who make and enforce the laws and do what's right for land and water want you to think you have some skin in the game. Which, of course, we all do.

This, among other things, is apt to make you feel more like donating to this or that habitat or wildlife organization. And when the chips are down on some key piece of legislation, this kind of citizen involvement--which often has nothing to do with party lines--offers a great way to call out the troops for a cru-

cial vote, and carry the day.

On a more local note, Virginia Carr, who for years has written community news for the News and Sentinel in Colebrook, would always let readers know when "Our" hummingbirds are back. The birds are so punctual that some stake-holders can practically predict the day they'll show up.

I am not as punctual, but I am observant. Ergo, my hummingbirds showed up Tuesday, June 29. Well, okay, I did sort of expect them, I just didn't quite know when.

So I scrambled around that evening to make sure the feeders were clean, and mixed up enough sweetened water to get me by for a while. And the very next morning, there they were, my hummingbirds (it says here), zipping and zooming around my reading chair on the front porch, sometimes stopping to hover inches from my face, perhaps checking to make sure it's the same grizzled French-Irish mug they saw last fall.

++++

If hummingbirds are the Brave Hearts of the bird world, dandelions are the skunk at the picnic.

Dandelion greens are more than edible, and in my book are a delicacy if dug at just the right time, cleaned oh-so-thoroughly, and cooked with no distractions, mean-



JOHN HARRIGAN

Dandelions in the front pasture almost look like a planned, planted crop, having gone to seed in a week's time, almost all at once.



JOHN HARRIGAN

For the benefit of those who like to know the disparities in growing seasons, my lilacs came out right around the first day in June.



JOHN HARRIGAN

The first gust of wind that hits this clump of dandelions out behind the sheep barn will scatter their seeds all over creation.

ing "Don't go off and forget them."

In settlement times, dandelions were among the first greens available after people had spent the long winter eating increasingly unappetizing vegetables from the root cellar or, as the technology improved, vegetables put by through canning. Other spring treats included fiddleheads, hearts of cattail, and watercress. People watched carefully for just the right dandelion digging time, because if you get them just right

the roots have barely begun to form.

And I'm not kidding about the washing part. So tenaciously do dandelions cling to Mother Earth that most people wash them in a tub, dumping the water (and a lot of dirt) after the first three or four washings, and drawing a fresh batch of water for the rinsing (and there is still some dirt in the water).

As for the cooking, my way is steaming, and not for very long. Served SEE NOTEBOOK, PAGE A7

Send your letters!

Winnisquam Echo
P.O. Box 729
Meredith, NH, 03253

Our fax number is 279-3331.

Or, you can e-mail us at echo@salmonpress.news

Please include your name, address and phone number.

Community Action Program announces Summer Food Service schedule

REGION — The Community Action Program of Belknap-Merrimack Counties, Inc., in cooperation with local school districts and community organizations, is pleased to announce the sponsorship of the Summer Food Service Program. Children, 18 years of age and younger, enrolled in the programs listed below are eligible to receive free breakfast and lunch.

Site Name	Dates of Operation	Breakfast	Lunch/Supper
Rundlett School 144 South Street Concord, NH 03301	July 10 – August 9	Tuesday – Thursday	August 20- August 24 Monday- Friday 8:15-9:15 11:30-12:00
Beaver Meadow School 40 Sewalls Falls Road Concord, NH 03301	July 9 – August 24	Monday – Friday	8:00-8:30 11:15-11:50
Broken Ground School 51 S. Curtisville Road Concord, NH 03301	June 18 – August 25	Monday – Friday	7:45-8:45 11:00-12:15
Concord High School 170 Warren St Concord, NH 03301			

July 9 – August 10 Monday - Friday 8:15-9:15 11:30-12:00	Concord Boys & Girls Club 55 Bradley Street Concord, NH 03301	June 18 – August 24 Monday-Friday 7:30 – 8:30 11:30 – 12:15	Abbot-Downing School 152 South St Concord, NH 03301	July 30 – August 24 Monday – Friday 8:00-8:30 11:15-12:00
Heights Comm. Center 14 Canterbury Road Concord, NH 03301	June 18 - August 10 Monday-Friday 7:45-8:30 11:45-12:30	Mill Brook School 53 S. Curtisville Road Concord, NH 03301	July 9 – August 24 Monday – Friday 8:00-8:20 11:30-12:00	Allenstown Boys & Girls Club 8 Whitten Street Allenstown, NH
June 18 – August 24 Monday-Friday 7:30-8:30 11:30-12:15	Lakes Region Boys & Girls 876 N. Main Street			

Laconia, NH 03246 June 18 – August 24 Monday-Friday 7:30-8:30 11:30-12:15	Christa Mcauliffe School 17 N. Spring St Concord, NH 03301	July 9 – August 24 Monday – Friday 8:00-9:00 11:00-12:00	Laconia Middle School 150 McGrath St Laconia, NH 03246	July 9 – August 10 Monday – Friday 7:30-8:30 11:00-11:30
Elm Street School 478 Elm Street Laconia, NH 03246	July 9 – August 10 Monday – Friday 8:10-8:30 11:30 – 12:00	Woodland Heights School 225 Winter Street Laconia, NH	July 10 – August 9 Tuesday – Thursday 8:30-9:00 N/A	Opechee Day Camp 915 North Main Street Laconia, NH 03246
June 25 – August 24 Monday – Friday 8:15-9:15 11:30-12:30	Laconia High School 350 Union Ave Laconia, NH 03246			

June 27 – July 13 Monday – Friday N/A 11:30-12:00	Bristol Elementary School 55 School Street Bristol, NH 03222	July 10 - August 2 Tuesday – Thursday 10:00-10:20 N/A	Tapply Thompson CC 30 N. Main Street Bristol, NH 03222	June 25 - August 24 Monday – Friday 8:15-9:15 11:30-12:30
Newfound Regional HS 150 Newfound Road Bristol, NH 03222	August 14 – August 24 Tuesday - Friday 8:30-9:00 12:00-12:30	The Pines Community		

Center 61 Summer Street Tilton, NH 03276	June 25 – August 17 Monday- Friday 8:30 – 9:00 12:20-12:50	Franklin Parks & Recreation 12 Rowell Drive Franklin, NH 03235	June 25 - August 31 Monday – Friday 9:00 – 9:30 12:30-1:00	Franklin Middle School 200 Sanborn Street Franklin, NH 03235
July 9 – August 3 Monday-Thursday 8:00-8:30 N/A	Franklin Boys & Girls Club 15 Elkins St Franklin, NH 03235	June 18 – August 24 Monday – Friday		

7:30-8:30 11:30-12:15	Paul Smith School 41 Daniel Webster Drive Franklin, NH 03235	July 9 – August 9 Monday - Thursday 8:30 – 9:00 12:00 – 12:30	Drake's Field Route 107 Barnstead Road Pittsfield, NH 03263	June 26 – August 1 Monday - Thursday 8:10-8:30 11:40-12:00
Newfound Memorial Middle School 155 North Main Street Bristol, NH 03222	July 10- August 2 Tuesday - Thursday 10:00-10:20 N/A	Mildred C.	SEE FOOD, PAGE A7	

Boater's Fair to be held in Laconia Saturday

LACONIA — The Lakes Region Sail and Power Squadron will host a "Boater's Fair" on Saturday, June 9 from 3 to 6 p.m. at the Beane Conference Center, 35 Blueberry Lane, Laconia. The event is open to all boaters and potential boaters. Representatives from our sponsoring businesses will be there to meet and speak with attendees. Members of the Lakes Region Sail and Power Squadron (LRSPS), a unit of the United States Power Squadrons, America's Boating Club, will also be there to discuss the various activities of LRSPS, which include multiple boating courses and Vessel Safety Checks. The LRSPS' main focuses are safe, educated boaters, safe boats, and making and maintaining friendships with fellow boaters.

In addition to the "meet-and-greet" activities, we will have other activities, educational and fun events for the whole family, from knot-tying, the "150-foot rule" test, "casting for kids", and others. You'll have the opportunity to test your boating skills on the Power Squadron's boating skills virtual trainer. "Drive" a "Boston Whaler" on a lake, performing various basic maneuvers and operations.

Sponsors of the Boater's Fair include Fay's Boatyard, Holderness Harbor Marina, Irwin Marine, Lanes End Marina, Melvin Village Marina, New Hampshire Boat Museum, New Hampshire Mobile Marine Towing Services, Wally's Marine Services, Wild Meadow Paddlesports, and Winnisquam Marine on Winnepesaukee. The fair is open to the public; admission is free. We hope to see you there.



Children's Auction supports playground project at Lochmere Meadows

The Greater Lakes Region Children's Auction recently gave \$10,000 to Lakes Region Community Developers to help build a playground at its Lochmere Meadows development in Tilton, which provides healthy housing for 47 working families. Visit www.LRCommunityDevelopers.org to learn more and support the project.

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SUMMER SCHEDULE

- June 9 Women's Intro to Handgun
- June 9 Know your Gun
- June 10 Mixed Intro to Handgun
- June 23 Defensive Handgun 2/3
- June 24 Defensive Carbine
- June 28 Malfunction Junction

VISIT WEBSITE FOR ADDITIONAL AND MORE DETAILED COURSE INFORMATION
WWW.GoRFT.COM 603-636-2167

25th Annual Lupine Celebration

June Weekends 9-10 and 16-17
Horse-drawn Wagon Rides: Sugar Hill Sampler

June 7, Thursday: 6 pm
Allagash Beer Dinner, Polly's Pancake Parlor

June 9-10, Saturday & Sunday: 11 am
Lupines & Lemonade: The Adair Inn, Bethlehem

June 9-10 & June 16-17, 10 am – 2 pm
Pop-Up Art: Polly's Pancake Parlor, Sugar Hill
Wildlife Fireflight Photography, Sculptor Valery Mahuchy
Watercolor Artist Debbie Aldrich,

June 9-10, Sugar Hill Market: 10 am – 4 pm
65 Vendors, Artisan Demos, Non-Profits, Authors, Library Book Sale, Helicopter Rides, Great Food
Willing Workers Café: Mac 'n Cheese, Bag Lunches
Dueling Chefs Smoke 'n Grille Food Truck: BBQ, Poutine

June 9 - Saturday, Sugar Hill Market Events
11 am, Author, Steve Allen: *The Art of Innkeeping*
11 am & 1:30 pm, Free Photography Workshops
1:30 pm, Free People Publishing: *Nature Inspires Art*
Cooks' Corner: 10:30 am, Grilled Cheese Sandwiches
1 pm, Making Maple Sugar
11:45 am, *Natural Medicines in your Kitchen Cabinet* presented by Holly Hayward – *Sugar Hill Botanicals*
Noon & 2:30 pm Concerts: *Strathspey & Reel Society* Scottish, Québécois & New England Dance Tunes
2:30 pm: NH Humanities Musical Program
The American Civil War through Folksong

June 10 - Sunday, Sugar Hill Market Events
12:30 pm: Hummingbirds with Betsy Fraser
1:30 pm: Parker Hill Road Band, Bluegrass to Pop

For More Info: www.franconianotch.org or www.HarmansCheese.com/lupine-celebration
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Hendry D. Champagne, 79

LACONIA — Henry D. Champagne, 79, died Tuesday, May 29, 2018 at the Laconia Nursing and Rehabilitation Center.

Henry was born Jan. 14, 1939 in Laconia, the son of Henry and Mildred (Ricard) Champagne. He was a lifelong resident of Laconia. He served in the United States Marine Corps from 1956 to 1959. Henry worked for Scott & Williams in Laconia, and also for the Laconia State School for many years before retiring from New Hampshire Ball Bearing. He was a life member of the Laconia Rod & Gun club and enjoyed dancing to country music and old time rock n' roll. Henry was generous and kind and was always willing to help. He also liked to hunt and fish, Red Sox baseball and golf.

Henry is survived by his wife, Jean (Riff) Champagne; two sons, David Champagne and his wife Bonnie and Michael Malcolm and his wife Wendy Phillips; two



daughters, Peggi Cook and Christine Russell and her husband Darren; two step-daughters, Holly Bennett and her husband Henry Gerber and Rosemarie Brown and her husband Howard; a brother, Robert Champagne; a sister, Rita Giguere; many grandchildren and great-grandchildren, as well as many nieces and nephews. In addition to his parents he is predeceased by three sisters, Betty Burns, Shirley Bryson and Fay Simone Clark and a brother, Richard Champagne.

Calling hours were held from 10 to 11 a.m.

on Saturday, June 2, 2018 at the Wilkinson-Beane-Simoneau-Paquette Funeral Home, 164 Pleasant St., Laconia, using the Carriage House entrance.

A Funeral service followed at 11 a.m., also at the funeral home.

Burial took place in the family lot at Sacred Heart Cemetery, Garfield Street, Laconia.

Following the burial, a pot luck supper was held at the Laconia Rod & Gun Club, 358 S Main St., Laconia.

For those who wish, memorial contributions may be made to the Laconia Rehabilitation Center- Resident Council Fund, 175 Blueberry Lane, Laconia, NH 03246.

Wilkinson-Beane-Simoneau-Paquette Funeral Home & Cremation Services, 164 Pleasant St., Laconia, is assisting the family with the arrangements. For more information and to view an online memorial, go to www.wilkinsonbeane.com.

Annette I. Florence, 79

LACONIA — Annette I. Florence, 79, of Laconia, died Tuesday, May 29, 2018 at the Jack Byrne Center for Palliative & Hospice Care in Lebanon.

She was born on Oct. 5, 1938 in Laconia, the daughter of the late Joseph P. and Blanche L. (Goupil) Carrier.

She is survived by her daughter, Natalie Cardinal, and her husband Alan of Laconia; her brother, Joseph "Norm" Carrier of Mesa, Az.; a sister-in-law, Elaine carrier of Laconia; her grandson, Russell Douglas of Northfield; a granddaughter, Tayah Moore of Northfield; her nephews, Norman and Tyson Carrier of Mesa, Az.; her niece by marriage, Samantha Worster of Belmont; and her grand dog, Marley.

Annette had numerous careers; she



worked as an usher at the Colonial Theater, as a telephone operator and also as a waitress at numerous restaurants gone by, such as the Alberg, the Captain's Table, Kings Shore Diner and the Tavern. She loved to laugh and play jokes on friends. Annette enjoyed spending time with family and friends. A good book was always by her side. She also loved animals.

Calling hours were held from 5 to 7 p.m. on Tuesday, June 5, 2018 at

the Wilkinson-Beane-Simoneau-Paquette Funeral Home, 164 Pleasant St., Laconia, using the Carriage House entrance.

A graveside service will be held at 10:30 a.m. on Thursday, June 7, 2018 at the Sacred Heart Cemetery, Garfield Street, Laconia.

In lieu of flowers, memorial contributions may be made to the New Hampshire Humane Society, PO Box 572, Laconia, NH 03247 or to Central NH VNA & Hospice, 780 North Main St., Laconia, NH 03246.

Wilkinson-Beane-Simoneau-Paquette Funeral Home & Cremation Services, 164 Pleasant St., Laconia, is assisting the family with the arrangements. For more information and to view an online memorial, go to www.wilkinsonbeane.com.

FOOD

CONTINUED FROM PAGE A5

Lakeway School
@ Littleton
High School
159 Oak Hill Ave
Littleton, NH 03561
July 2 – July 26
Monday – Thursday
8:30-9:00
11:00-11:30

The Community Action Program of Belknap-Merrimack Counties, Inc. in cooperation with the Concord Royal Gardens, Littleton Recreation Department, and the Franklin Parks & Recreation Department is pleased to announce the sponsorship of the Summer Food Service Program. Any children 18 years of age and under will be served free meals at the following locations and times:

Site Name	Dates of Operation	Breakfast	Lunch
Concord Royal Garden Apartments 15 Concord Gardens June 20 - August 24 Monday-Friday N/A 11:45 – 12:15			
Littleton Recreation Dept.			

NOTEBOOK

CONTINUED FROM PAGE A4

up with butter, salt and pepper and a dash of vinegar, dandelion greens are a treat that transcends the seasons.

And the skunk at the picnic? In parts of Suburbia where some homeowners seek the holy grail of the Perfect Lawn, dandelions are definitely persona non

@ Littleton
High School
159 Oak Hill Ave
Littleton, NH 03561
June 18 – August 24
Monday – Friday
8:00-9:00
11:30-12:30

Franklin Parks
& Recreation
@ Franklin High
119 Central St.
Franklin, NH 03235
June 25-August 231
Monday - Friday
N/A
12:00-12:45

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that administers the program or USDA's TARGET Center at (202)720-2600 (voice and TTY) or contact USDA through the Federal Relay Service at (800)877-8339. Additionally, program information is available in languages other than English.

To file a complaint alleging discrimination, complete the USDA Program Discrimination Complaint Form, AD-3027, found online at http://www.ascr.usda.gov/complaint_filing_cust.html, or at any USDA office or write a letter addressed to USDA and provide in the letter all of the information requested in the form. To request a copy of the complaint form, call (866) 632-9992. Submit your completed form or letter to USDA by:

Mail: U.S. Department of Agriculture
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1400 Independence Avenue, SW
Washington, D.C. 20250-9410

Fax: (202) 690-7442
Email: program.intake@usda.gov

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had a chance to mow the lawn.

(This column runs in a dozen newspapers covering the northern two-thirds of New Hampshire and parts of Maine and Vermont. Letters, with town and telephone numbers in case of questions, are welcome via campguyhooligan@gmail.com or Box 39, Colebrook, NH 03576.)

LETTERS CONTINUED...

Gilmanton Supplemental Assistance Program: A worthy cause

To the Editor:

People often find themselves torn when it comes to making decisions about charitable contributions. Where would that contribution make a difference? How can I make a local impact? How much is enough? Gilmanton Supplemental Assistance program may be the answer.

This nonprofit organization was started in 1991 with the sole intent to assist Gilmanton individuals and families who cannot find assistance elsewhere. GSA does not give money directly to the individuals in need. Payments might be made to a fuel company or an auto repair shop to assist with an overdue bill. Our goal is to bridge a gap allowing time for families or individuals to get back on their feet. The nature of the help that Gilmanton Supplemental Assistance provides

and the confidentiality in which it is done tends to make this organization little known. We rely on community members for financial support. Taking the time to help someone in our own community is a most rewarding experience. It is this bond that makes Gilmanton such a remarkable town. Please take the time to consider a tax deductible donation to this worthy program.

Please mail donations to:
Gilmanton Supplemental Assistance
P.O. Box 246
Gilmanton, NH 03237

Thank you.
Laura Latici
Trustee
Gilmanton Supplemental Assistance Program

THANK YOU

CONTINUED FROM PAGE A4

let (gift cards), iTunes (gift cards), Dunkin Donuts (gift cards), and Colleen Alexander (an autographed copy of her "Gratitude in Motion" book with a personalized message to a BHS student).

This event was truly a school and community effort that involved so many stakeholders. Coming together to bring events like this to our school truly demonstrates to our students what it means to be part of a community and that our community really cares about

them. Thank you all for your support!

Sincerely,
Jennifer Gagnon
Student Assistance
Counselor

Amy Burke
School-to-Career
Coordinator
Belmont High School



Have your business say Congratulations and Good Luck to the class of 2018!

We will be publishing the 2018 class photo(s) from the local high schools. Not only is this a great sponsorship opportunity for local businesses, but makes the event more memorable by placing a personal ad to wish your family or friends good luck!

Full business card \$25 per school.
PARTICIPATING SCHOOLS: Gilford High School,
Winnisquam High School, Tilton School & Belmont High School
DON'T MISS OUT – Deadline: June 15th

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Local author to hold book signing at Annie's

LACONIA — Annie's Book Stop, located at 1330 Union Ave. in Laconia, will be having a book-signing on June 9 from 11 a.m.-2 p.m. featuring the Good Dr. Jack Polidoro, who will be signing copies of his book "Tattoo: Incident at the Weirs."

This is traditionally the beginning of Bike Week in the Lakes Region. Polidoro is a local author, singer and song-

writer.

New Hampshire's storied Weirs Beach turns deadly... a young woman's body is found on the bucolic shores of Lake Winnepesaukee, just before the 83rd Annual Bike Week comes to town. News photographer, Don Wright, pursues the crime, researching journals of an elderly Weirs resident and Army veteran. From earlier motorcycle

rallies, he discovers key clues that take him on a path of startling discoveries. Key among them is a tattoo, "Vincent," that offers a clue to a suspect's name.

The thriller is a torrid plot of black leather, lace, romance, domination and unscrupulous deceit. A New Jersey motorcycle gang and a tattooist are suspect, yielding twists and turns as Wright, the police,

and a coroner seek a motive for the crime, culminating in a hold-your-breath, thriller ending. Jack has authored several other books:

The Dog in the Out-house -- The John Stark Marauders (involving political mayhem, an anti-gun lawyer and a hermit's dog), The Christmas Chiave -- A Boston Novella (a warm hearted Christmas story set in Boston's historic Italian

North End), Six Feet From Grace (an essay on Grace Metalious marking the 50th anniversary of her novel "Peyton Place), and Brain Freeze -321° Fahrenheit -- Saving Reggie Sanford (medical thriller involving cryonics) to name just a few.

Tattoo covers a lot of local history and the history of Bike Week in general which Jack states he found, "...on

the Internet." The book would make a great gift for the motorcycle enthusiast, history buff, and Father's Day (Dad) in your life!

Come by the bookstore, talk motorcycles, writing, history, bike week or whatever and get yourself a signed copy of the book to gift to that special someone! Help us celebrate 95 years of Laconia Bike Week on opening day!

31st Annual Central NH VNA & Hospice Home and Garden Tour set for July 11

WOLFEBORO — Four delightful, uniquely different homes will be open for your touring pleasure on this year's thirty first Annual Home and Garden Tour sponsored by Central New Hampshire VNA and Hospice.

The tour will take place on Wednesday, July 11 from 10 a.m. until 4 p.m. in the greater Wolfboro area. This year's homes include a totally renovated Cape and barn originally built in the 1790's and located on eleven acres of spacious farm land. A second Cape has magnificent views of both Barndoor Island and Gunstock Mountain and was built in 1999 as a retirement home. Also featured on the tour is an in-town, beautifully decorated turn of the 20th century

home and a recently constructed, large lake home situated on two and a half acres of beautifully landscaped grounds, perched overlooking a cove on the Big Lake.

Tickets for the event will go on sale on June 9 at Blacks Paper and Gift Store, 8 South Main Street in Wolfboro. The ticket price is \$40. There is also an optional luncheon ticket available for \$15. This year's luncheon will be held at the newly restored Pickering House Inn. Luncheon tickets are limited and must be purchased in advance. Only cash or check will be accepted at Blacks. New this year is the option to purchase tickets online. Please visit www.centralvna.org/tour for more information

regarding on-line purchases or call Leslie Ari, Director of Fund Development at 1-800-244-9849.

House tour committee members will once again be selling the popular Dine Around Raffle tickets every Saturday morning beginning June 9 at Harvest Market, 36 Center St., Wolfboro. More than 50 area restaurants participate in this yearly event.

All proceeds from the tour, luncheon and raffle benefit the hospice program of Central NH VNA & Hospice. Hospice provides care and support to individuals and their families with an emphasis on quality of life, comfort, dignity and respect. For more information about the hospice program, contact 524-8444 or go to centralvna.org.



COURTESY

Pictured, from left to right, David Elliot, Tyler Moore, Justin Vos, Eric Natal, Ginny Timmons, Kyle Boynton, Mark Mallahan, and Nate Barnett.

Belknap Subaru teams up with the Timmons Team

TILTON — The Timmons's Team is an organization that works hard to raise money for Alzheimer's research. The Team sponsors a 5K run, which is great fun, and raises vital dollars for Alzheimer's research at Boston University Alzheimer's Disease Center. The race was run on May 19 and started at Surette Battery Park. The race began at 9 a.m., and was open to runners and walkers. Even though the weather was a bit overcast, it didn't dampen spirits!

Belknap Subaru is a proud annual supporter. They have known Ginny Timmons for years.

"Every year, they find ways to help the Team

raise money," says Ginny Timmons.

This year, Belknap Subaru ran a "Help Ginny week" donations were made for each transaction in that week!

Mark Mallahan, General Sales Manager of Belknap Subaru, said "This is a personal fight for me, and so many of our customers, and employees' whose family's have been touched by this horrible disease, we wish to help Ginny, and support her efforts to find new treatments, and one day, eliminate Alzheimer's. We were pleased to present a check for \$750 to Ginny this year!"

Said Timmons, "We

greatly appreciate the donations and support. "Boston University will put the money to good use!"

If you visit <http://www.bu.edu/alzresearch/>, you can see what has been accomplished, and what they continue to do, to defeat Alzheimer's disease.

Belknap Subaru is located at 35 Tilton Rd. in Tilton. They sell and service Subaru vehicles, and others. They have been in business since 2001 and have been recognized by Subaru of New England as their Love Promise Dealer of the Year. For more information about the dealership, call Scott Ives at 729-1300.



2018 Salmon Press

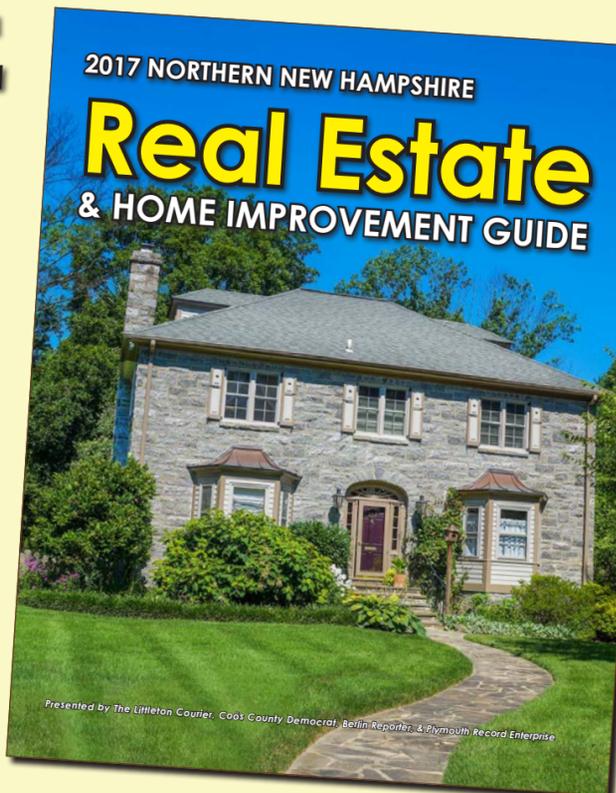
REAL ESTATE & HOME IMPROVEMENT GUIDE

Distributed in the August 15th issue of the Littleton Courier, Coös County Democrat, Berlin Reporter and Plymouth Record Enterprise.

Sales Deadline:
Wednesday, July 25th

Full Page\$480
Half Page.....\$350
Quarter Page\$225
Contractors/Service Directory\$60

1/4 Page.....3.5" x 4.5"
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Don't miss George Hamilton as "Evel Knievel" on LRPA this weekend

LACONIA—Join Lakes Region Public Access Television at 10:30 p.m. this Friday and Saturday night (June 8 & 9) for our "LRPA After Dark" presentation of 1971's "Evel Knievel," starring George Hamilton.

"Evel Knievel" is a somewhat satiric but good-natured biography of Bobby "Evel" Knievel (Hamilton), famed motorcycle daredevil and self-proclaimed "last American gladiator." As the film opens, Knievel

is at California's Ontario Motor Speedway, preparing for his next big stunt: jumping his bike over 19 automobiles. Knievel begins to reflect on his life and memories, and so the story is told in flashback. We see Knievel as a young boy, attending his first daredevil show, with tragic results; we see Knievel as a young man, full of ego and wild charm; and we see him in the present day, facing greater stunts and crazy challenges.

"Evel Knievel" is one of several biopics of the late, great stunt rider, but for many of his fans, this one is the very best. Don Druker of The Chicago Reader summed it up by writing, "George Hamilton's performance as the amiable megalomaniac is an affectionate portrait of a truly crazy man, rounded out with casual, throwaway humor." What better way to end Motorcycle Week? So grab your popcorn and meet us after dark

for this bike-filled cult classic. Not a Metro-Cast subscriber? Log onto Livestream (Livestream.com/lrpatv) where you can catch all the fun.

About Lakes Region Public Access Television (LRPA)

Lakes Region Public Access Television (LRPA) is a nonprofit, noncommercial public access TV station and community media center located on the Laconia High School campus

in Laconia. LRPA cablecasts locally on Atlantic Broadband Channel 24 (public bulletin board), Channel 25 (information and entertainment) and Channel 26 (government and school meetings) to nearly 11,000 viewers in our member towns and cities of Belmont, Gilford, Laconia, Meredith and Northwood. Programming is produced by and for the people of the greater Lakes Region. LRPA's mission is to empower our community mem-

bers to produce content that:

- fosters free speech and the open exchange of ideas,
- encourages artistic and creative expression,
- promotes a well-informed public through governmental transparency, and
- unites our communities through the power of media and technology.

LRPA's slogan: Community empowered by media. Visit us on the Web at www.lrpa.org.

Leadership Group turns 20!

MEREDITH — Leadership Lakes Region, the leadership and educational non-profit group, recently celebrated its 20th annual graduation ceremony. Sponsored by the Bank of New Hampshire for the 20th consecutive year, the graduation was held at the Carriage House of Church Landing. Keynote speaker was Bank of New Hampshire President and CEO, Paul Falvey.

Attending the 20th graduation were three of the original founders of the leadership group; Adrienne Stevens, Eliza Leadbeater and Bill Seed. They were joined at the Honored Guest table by current Leadership Lakes Board member and graduate of the original Class of 1998, Dr. Leo Sanfacion.

Reflecting back on the success of the organization, the group acknowledged with thanks the sponsorships received through the years from Bank of New Hampshire, Meredith Village Savings Bank, Northeast Delta Dental, LRGHealthcare, Grappone Auto Group, Regency Mortgage, Gunstock Mountain Resort, Centerplate Foods at Gunstock, Melcher & Prescott Insurance, Baron's Major Brands, Granite United Way, Eversource and Make-a-Wish NH.

"We simply could not afford to provide the variety of activities for our class members each year without the financial support of our spon-



The graduating class of Leadership Lakes Region 2018. (Unavailable for photo Janet Brough and Steve Aiken.)

sors," said Board Chair and founding member, Don Morrissey.

The 22 graduates watched a look-back video of their program year which was assembled by alumni planners, Bambi Benton, Tony Bean Burpee and Jessica Beane. Bean Burpee narrated the video and invited graduating class members to share their memories of each special day. The graduation was preceded by Lakes/Environmental Day for the Class. Once again sponsored by Meredith Village Savings Bank, the day was held at the Squam Lakes Natural Science Center. Audrey Eisenhower, Education Director of the Center, welcomed the class with a description of the Center's mission. Then the New

Hampshire Department of Environmental Services Commissioner, Robert Scott, provided a comprehensive status review of environmental successes as well as areas of concern for his department. The Commissioner followed his remarks with a lively interactive Q & A session with the class members.

Refocusing the class on a specific lakes-related issue, biologist Tiffany Grade of the Loon Preservation Committee enlightened the class with a fascinating session about the loons of New Hampshire's lakes including their habitat, their migration to coastal waters in winter and the threat, natural and man-made, to loons' survival. The class then enjoyed a very hands-on drum-

ming session using plastic buckets and drumsticks which was led by Mister Rich of Youth Beat. A gifted drummer, Rich gives entertaining drum lessons which require 100% audience participation and includes some leadership thoughts during the drum session. Lakes Day concluded with a narrated scenic cruise aboard one of the Science Center's pontoon boats.

Next up for the busy class was the drive to the Carriage House for the graduation ceremony. The 22 graduates, representing ten Lakes Region communities, are: Nate Hanson, Mike Roth, Joleen Welford, Willow Furey, Chelsea Lemke, Janet Brough, Brendan Connolly, Mike Sitar, Charlotte Hassett, Steve Aiken,

Kristy Badger, Lauren Saunders, Mike Burlingame, Tammie Mahoney, Cynthia Day, Andrew Gilman, Linda Heney, Jared Guilmett, Kimberly Lesnewski, Samantha MacDonald, Alexandra Pelletier and Peggy McLean.

"These 22 graduates bring the Leadership Lakes Region Alumni rolls to 360 area professionals since we started in 1998," said Program Coordinator Jennifer McLean.

"We're looking forward to our 21st class starting in October, and are now accepting applications from individuals interested in the Leadership Lakes experience," McLean added.

Applications and more information are available at the group's Web site, www.leadershiplakesregion.org.

AUG 2011



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Taylor Community hosting musical performance by William Ögmundson

LACONIA — Back by popular demand, award-winning and Emmy-nominated composer, lyricist and professional pianist William Ögmundson returns to Taylor Community's Woodside Building, Friday, June 15 at 7 p.m. He will present his patriotic "Americana Concert." This free event is open to the public.

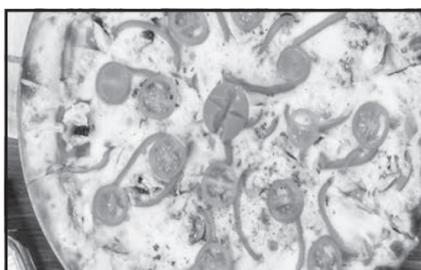
Ögmundson has performed throughout the U.S. and Europe – most notably at the Vatican and Notre Dame de Paris – and his original compositions have been performed worldwide.

Taylor Community is a not-for-profit Con-



William Ögmundson

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Franklin Savings Bank launches new fraud alerts to help customers safeguard their account information

New service sends text alerts to notify customers of suspicious debit card activity

FRANKLIN — Franklin Savings Bank launched a new fraud monitoring service to enable customers to stay on top of suspicious debit card activity simply by using their mobile device. With FSB's Fraud Alerts, keeping your debit card safe will be as easy as sending a text.

"With our new fraud detection alerts, customers will be notified of suspected fraudulent activity on their debit card through a text message," said Ron Magoon, President & CEO. "Our fraud alerts enable us to promptly communicate with our cardholders through another com-

munication channel that is easy to use and helps continue our efforts to mitigate fraud as soon as it is suspected to minimize financial loss."

If the bank's fraud detection system notices any suspicious activity occurring on a customer's debit card, FSB's Fraud Alerts will send a text message containing details about the suspected transaction to the cardholder. All the customer will need to do is confirm whether or not the transaction is fraud, simply by responding 'Yes' or 'No' to the fraud alert text. If the transaction is confirmed to be fraudulent, then another

text will be sent to the cardholder containing a number to call to follow up with the bank's fraud detection center.

Customers with a mobile number on file with FSB will receive a text message the week of June 4 containing instructions on how to verify their enrollment. Customers who are unsure if the bank has their mobile number on file can contact the bank at 1-800-372-4445 or visit an office to confirm their information. For more information on FSB's new fraud monitoring service, visit www.fsb-nh.bank and click on Resource Center, then

select Online Education Center to view a video on Two-Way Text Alerts (located under the Personal section).

The rollout of FSB's Fraud Alerts comes in the wake of another similar fraud prevention tool the bank launched a while ago called Card-Valet. This mobile app enables users to manage their FSB debit card to proactively monitor their account to protect against fraud, as well as control how, when and where their card is used.

Established in 1869, Franklin Savings Bank is an independent, mutually-owned community bank, offering

a full array of commercial lending, personal banking and investment services throughout the Central Lakes Region and southern New Hampshire. Headquartered in Franklin, the bank has offices in Bristol, Boscawen, Tilton, Gilford and Merrimack, as well as an office in Bedford for business lending. Franklin Savings Bank also offers investment, insurance and financial planning services through its wholly-owned subsidiary, Independence Financial Advisors, from offices in Franklin, Bedford, Gilford, Nashua, Rochester and Merri-

mack, New Hampshire. As a recognized leader in providing the latest in financial services technology, Franklin Savings Bank remains committed to serving the needs of businesses, families and the communities it serves, through a dedicated team of employees, a diverse line of financial products and services, and continued investment in emerging technology.

You can learn more about Franklin Savings Bank by calling 1-800-372-4445, or visiting www.fsb-nh.bank, or following the bank on Facebook, LinkedIn, Twitter and YouTube.



Make a colorful visit to Yellowstone National Park with the Taylor Community June 18

LACONIA — As part of Taylor Community's Resident Lecture Series, resident Vince Lunetta will share colorful photos and information about Yellowstone National Park, nearly 3,500 square miles of wilderness, which is home to thousands of wild animals and powerful geological features.

Join us Monday, June 18 at 6:30 p.m. in Taylor's Woodside Building, for this free, one-hour presentation.

Yellowstone's active volcano powers more than 10,000 hydrothermal features, including more than half the world's active geysers. Its wilderness area includes dramatic canyons, waterfalls, rivers and forests.

Taylor Community is a not-for-profit Continuing Care Retirement Community whose mission is to provide the highest quality of retirement living options to support the independence, health and dignity of community residents. Visit www.taylorcommunity.org, or call 366-1400 for more information.



An architectural rendering of the St. Francis expansion.

COURTESY

St. Francis Rehabilitation & Nursing Center expands

LACONIA — St. Francis Rehabilitation & Nursing Center — a Lakes Region leader in skilled nursing rehab and long-term care — announces its 9,000 square-foot expansion, featuring a new wing with a state-of-the-art rehabilitation gym, seven private rooms and a

community education classroom.

An Open House is scheduled for Thursday, June 28, from 2 p.m. to 6 p.m., with tours, light refreshments and an opportunity to meet the staff. An official ribbon-cutting, with The Most Rev. Peter A. Libasci, Bishop of Manchester, will take place at 2 p.m. Please visit www.cc-nh.org/stfrancis to register.

For individuals requiring short-term, post-acute, 24-hour skilled nursing care, the new wing will allow for more frequent rehabilitation therapy, added privacy and the use of innovative equipment to facilitate a quick and effective return to life at home. Skilled services include physical therapy, occupational therapy and speech-language therapy, from St. Francis' dedicated team of physicians, nurses, rehabilitation therapists, dietitians, social workers and nursing assistants.

The new gym — with breathtaking views of Lake Winnisquam and the White Mountains in the distance — includes advanced therapeutic exercise systems, as well as a fully equipped bathroom and kitchenette and for residents to simulate the many facets of daily living required to function on an independent level. The gym, which long-term

residents will also benefit from, is more than four times the size of St. Francis' current gym.

The new community classroom will enhance on-site training and education for registered nurses and licensed nursing assistants (LNA's) throughout the area.

"We're excited not only for the expansion, but more so for what it means for the community — an environment that provides the best care possible for those transitioning from a hospital stay back home after a challeng-

ing illness, surgery or injury," said Brenda Buttrick, RNC, LNHA, administrator of St. Francis Rehabilitation and Nursing Center. "The new wing is a symbol of our commitment to our residents in giving them the healing to continue to live their lives to the fullest."

The addition of the new wing increases the overall number of private rooms in the facility to 17. While total capacity remains at 51 residents among short-term skilled nursing rehab and long-term care, St. Francis is planning to add to its team of licensed nursing assistants (LNA's).

Since 1948, St. Francis has provided holistic, person-centered care for thousands of individuals across the area. Our mission is creating a comfortable, secure and supportive environment for each resident, addressing the physical, social, emotional and spiritual needs of themselves and their families.

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DONNA RHODES

Boys and girls lined up to take a turn through one of three bicycle courses where they were practiced safety skills and learned to follow the rules of the road during a Bike Rodeo in Belmont last weekend.

CYCLING

CONTINUED FROM PAGE A1

rules that will help keep them from becoming a statistic," said Capt. Richard Mann.

There were plenty of free bike helmets that were given away, cour-

tesy of Children's Hospital at Dartmouth, along with safety vests and grab bags provided by CHaD, Kohl's, and BPD. The fire department brought along a variety of coloring books and other fun yet educational materials to distribute

to the children and were available to chat with them on safety procedures, too.

And when the boys and girls were ready for a break, Belmont Rotary offered free hot dogs as well as chips, cold drinks and other snacks.



DONNA RHODES

At Belmont Police Department's Bike Rodeo last Saturday their newest police officer, Brian Warburton, was welcomed to the community by six-year-old Hunter Beaulé.

TWELVE 31

CONTINUED FROM PAGE A1

culinary school right after high school and before she even graduated she found herself employed in prestigious restaurants in downtown Boston. Eventually she moved on to the Hyatt Harborside Hotel where she found catering and event planning to be her true passion.

After several years of work in Boston, Christoforo met Dolpies and decided it was time to move to New Hampshire, where she could branch out on her own to do what she does best- cooking and event planning.

In 2013, a building at 261 Main St. in Tilton became available and Dolpies, a former resident of Northfield, realized it could be an ideal location for business ventures and purchased the building. This past winter a fitness facility that was renting the space vacated the site and the couple began working on transforming it into a catering and small event facility.

"This has been a long time in the making, but in January, we got our LLC and started construction in March," Christoforo

said.

They installed a full service stainless steel kitchen and created a meeting area accented with rustic décor and furniture creates a comfortable space for their customers.

The name Twelve 31 has a bit of a story to it, too, signifying the end of the old and the start of the new, and since December 31st (12/31) is also a popular night for events, and the name sums up what they're all about.

Christoforo said her plan for the business was to be something unique to the area, not a "run-of-the-mill" catering company. While she certainly provides quality food services, she also strives to take those services above and beyond others through the attention to detail that she has built her reputation on in the industry.

"I can do everything from start to finish — invitations, tents, tablescapes, china, music- you name it," she said.

In fact, her wedding planning skills are so highly regarded that Christoforo is a featured vendor on the popular wedding site, TheKnot.com.

Among other things, her passion for de-

tail provides nervous brides with practical but often overlooked tips. One tip she provides is not to wear heels for an outdoor wedding since they can sink into the ground, just one of many things some may not even consider as they plan their big day.

"Many times, people don't think about those little details until it's too late, and that's what I'm here for," Christoforo said. "I can be available right from the start or even at the last minute if people get overwhelmed and need some help."

Besides weddings, Twelve 31 Events can assist in the planning of other gatherings, whether it be a family reunion, holiday party or a business meeting. Christoforo will also simply cater an event, offering taste sessions and menu planning services in advance. Foods are then delivered within a 30-45 mile radius, fresh, hot and ready to serve.

"I believe in being customizable. We have menus (which change seasonably) but we can always go beyond that if a client is looking for something else," said Christoforo.

Among the selections is everything

from fresh sandwiches, home cooked chicken potpie, and chowders to deliciously seasoned grilled shrimp, Italian dishes, tasty hors d'oeuvres, and salads, including a wonderful summer fruit salad.

"We've got lots of choices with more to be added," she added. And if space is needed for a smaller gathering, their comfortable function room can accommodate up to 30 people for a stand-up reception or seat 20 people for a meeting with wall space available for video presentations.

The pair is also compiling a registry of quality bakeries, musicians, disc jockeys, florists and other locally based services that an event would require. Those are specialty fields, they said, for which they will gladly make recommendations and connections as needed.

"This is all the stuff I've done in Boston for years, and I'm excited to now bring it to the Lakes Region," Christoforo said.

The goals for their business aren't stopping there though. Both Christoforo and Dolpies are eager to be a part of the Main Street SEE **TWELVE 31**, PAGE A12



DONNA RHODES

A new bike helmet and safety vest brought a big smile to three-year-old Jaden who attended the Belmont Bike Rodeo last Saturday afternoon.



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Edward Jones: Financial Focus

Saying "I Do" Might Mean "I Can't" for Roth IRA

June is a popular month for weddings. If you are planning on tying the knot this month, it's an exciting time, but be aware that being married might affect you in unexpected ways - including the way you invest. If you and your new spouse both earn fairly high incomes, you may find that you are not eligible to contribute to a Roth IRA.

A Roth IRA can be a great way to save for retirement. You can fund your IRA with virtually any type of investment, and, although your contributions are not deductible, any earnings growth is distributed tax-

free, provided you don't start withdrawals until you are 59-1/2 and you've had your account at least five years. In 2018, you can contribute up to \$5,500 to your Roth IRA, or \$6,500 if you're 50 or older.

But here's where your "just married" status can affect your ability to invest in a Roth IRA. When you were single, you could put in the full amount to your Roth IRA if your modified adjusted gross income (MAGI) was less than \$120,000; past that point, your allowable contributions were reduced until your MAGI reached \$135,000, after which you

could no longer contribute to a Roth IRA at all. But once you got married, these limits did not double. Instead, if you're married and filing jointly, your maximum contribution amount will be gradually reduced once your MAGI reaches \$189,000, and your ability to contribute disappears entirely when your MAGI is \$199,000 or more.

Furthermore, if you are married and filing separately, you are ineligible to contribute to a Roth IRA if your MAGI is just \$10,000 or more. So, as a married couple, how can you maximize your contributions? The answer may

be that, similar to many endeavors in life, if one door is closed to you, you have to find another - in this case, a "backdoor" Roth IRA.

Essentially, a backdoor Roth IRA is a conversion of traditional IRA assets to a Roth. A traditional IRA does not offer tax-free earnings distributions, though your contributions can be fully or partially deductible, depending on your income level. But no matter how much you earn, you can roll as much money as you want from a traditional IRA to a Roth, even if that amount exceeds the yearly contribution limits. And once the money is in the Roth, the

rules for tax-free withdrawals will apply.

Still, getting into this back door is not necessarily without cost. You must pay taxes on any money in your traditional IRA that hasn't already been taxed, and the funds going into your Roth IRA will likely count as income, which could push you into a higher tax bracket in the year you make the conversion.

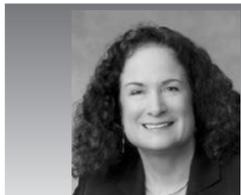
Will incurring these potential tax consequences be worth it to you? It might be, as the value of tax-free withdrawals can be considerable. However, you should certainly analyze the pros and

cons of this conversion with your tax advisor before making any decisions.

In any case, if you've owned a Roth IRA, or if you've even considering one, be aware of the new parameters you face when you get married. And take the opportunity to explore all the ways you and your new spouse can create a positive investment strategy for your future.

Edward Jones, its employees and financial advisors cannot provide tax or legal advice. You should consult your attorney or qualified tax advisor regarding your situation.

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Member SIPC



DONNA RHODES

Meaghan Dow of Wildlife Encounters introduced the audience at River Front Park to Sophie, a Blue and Gold Macaw, during a special presentation from the Tilton Parks Commission last Saturday.



DONNA RHODES

At the end of a special presentation from Wildlife Encounters at River Front Park in Tilton last weekend, boys and girls lined up to get a close look at a tiny hedgehog.

WILDLIFE

CONTINUED FROM PAGE A1

only one true breed of skunk, and while the one she brought was brown and white, they are commonly known to be black with a white stripe, and some skunks are also spotted.

Known for the foul smell they produce when threatened, she promised they don't run around in the woods spraying everything, and in fact, don't even like to spray if they can help it.

"They think it stinks, too," Dow said.

Skunks are cautious about when to release

their scent because it can take a couple of hours before their body will produce more. In an effort to scare a person or predator away they will first stomp their feet. If that doesn't work they will raise their tail and fan it out, then as the last resort they will let loose with a spray that can reach as far as 10 feet away.

As insectivores, they dine on grubs, and bugs of all kinds, which can sometimes be beneficial to lawns and gardens.

The next visitor was a Cayman lizard from the rainforests of South American, whose resemblance to the cayman,

an alligator-like reptile, is one means of protection. The Cayman lizard has long pointy claws that enable it to climb trees for safety. Dow explained that should a predator grab one by the tail though, it can still readily escape.

"They just say, 'Okay, you want my tail? You can have it,' then they break their tail off and run away," Dow said.

Moving on to birds, Dow next brought out Sophie, a Blue and Gold Macaw that also lives in the rainforest. Macaws, she told everyone, are very smart and Sophie loves all the attention she can get. When asked

if she can talk, Dow explained that macaws don't talk but they do mimic words they come to know.

"If she was really talking, that would mean she understands what she's saying but she really doesn't. She just repeats things she hears," said Dow.

As plant and seed-eaters, macaws play an important role in the diversity of a rainforest. As they fly from place to place, they can spread the seeds throughout the forest, keeping it lush with plant life. She pointed out Sophie's large beak and said it was strong enough to even crack open a coconut.

A coati mundi, otherwise known as a South American raccoon, drew some gasps from the crowd. Like the Cayman lizard, their sharp claws and strong arms help them to climb trees and they have the sharpest and longest canine teeth of any member of the raccoon family. Dow said they are not fussy eat-

ers, consuming everything from fruits, nuts and plants to eggs, fish and even small rodents. Above all else though, coati mundi are extremely curious, demonstrated in the way the one she brought to the presentation climbed up on her shoulders to try to grab her microphone.

"Once they find something, it's theirs," she laughed as she wrestled her headset away.

The real "chills" came when Dow brought out a Rose-haired Tarantula, which uses its fangs and venom to get food. Their source of defense is the hairs found on their back that they can shoot like arrows.

"When an animal gets those hairs in their eyes or mouth, it can be very uncomfortable," she explained, adding that their hairs are even used as an ingredient in itching powder.

A Burmese Python also brought a few squeals from the audience. Dow said snakes are "neutral" creatures that are actually not

very smart and have a memory span of about one to three minutes.

Ending on a cute note, a tiny hedgehog drew a lot of interest. She said hedgehogs are friendly animals that are beneficial to humans because they eat bugs. When threatened they can spin around to defend themselves or curl up in a tight ball, with their small spines sticking up to make them look unappealing to animals searching for a meal.

To wrap up the presentation, the audience was invited to line up to pat the hedgehog and even touch the smooth, cool body of the python if they so chose.

To learn more about Wildlife Encounters Ecology Center & Farm School or to schedule a presentation, visit them online at weecocenter.com.

Tilton Parks Commission would like to remind everyone to stay tuned to the town's Web site for more fun activities and events in the near future.



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PROJECTS

CONTINUED FROM PAGE A1

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TWELVE 31

CONTINUED FROM PAGE A11

community in Tilton, making active plans to become engaged with the town. They look forward to being part of local events and organizations and soon hope to be offering a

few community-oriented services, such as cooking classes for local youth groups, temporary kitchen rentals for cottage industries and more.

"We're very much into being part of downtown Tilton, and we're really looking

forward to things like Halloween this year. I have some fun ideas," said Christoforo with a smile.

Their Web site, <https://twelve31.com>, has current menu items, taste-testing details, function planning and other information available, while Christoforo can also be reached at 818-0012 to answer any questions or arrange any event or private function.

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SPORTS

THE WINNISQUAM ECHO
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Red Raiders upset Cougars to reach semifinals

BY BOB MARTIN
Bob@salmonpress.news

LITCHFIELD — The seventh-ranked Belmont High School softball team had a great week in the playoffs, with the Red Raiders picking up a 10-2 win over 10th-ranked Conant and then upsetting the second-ranked Campbell squad by a score of 3-0.

On May 30, the Red Raiders opened up the playoffs against Conant. Julianna Estremera continued her strong play, pitching the final five innings allowing no hits, five strikeouts and two walks. She was also two for four at the plate with a pair of RBIs. Kelly Allen, Lizzie Fleming and Morgan Hall had two hits apiece.

Seven of the hits came in the fourth inning resulting in seven runs to open up a 3-2 game.

The Red Raiders then traveled to Litchfield to take on undefeated Campbell and handed the team its first loss of the season. Estremera was in the circle again, and held Campbell to just four hits while striking out seven batters and walking none. She also



RC GREENWOOD

Julianna Estremera has had an excellent playoff run for Belmont this season on the mound and at the plate.

had four assists in the field, while going one for four at the plate.

Belmont scored a run in the first inning after

Becca Fleming walked and Estremera reached on an error. Campbell attempted to pick Estremera off first and she got

in a run down. Fleming came around and scored, and Estremera was safe at second.

Lizzie Fleming then scored in the third inning after singing to left,

which was followed by singles by Estremera and Jordyn Lavallee. In the fourth inning, Sargent hit a single to left that Campbell overthrew to second base.

This allowed Sargent to get to third. She scored on a single by Chantel Martin.

Coach Bill Clary was very happy with the offensive output against two great defensive teams. He knows that it will be tough going against sixth-ranked Mascenic, but has high hopes for the surging team.

“We played unbelievable defense behind Ju Ju,” said Clary. “She pitched an incredible game. Our bats were still working well. We hit the ball hard and we only had one error. That makes a big difference when you play great defense behind a good pitcher.”

Clary said the team has great leadership, saying that Sargent has done a great job at the plate hitting .490 and also filling in at catcher after Lavallee was injured. He said having Lavallee back healthy has been key, and Estremera continues to impress every day.

Clary said this is the first time since 1992 that the Red Raiders have been to the semifinals. He said the girls are ex-

SEE BELMONT, PAGE B3



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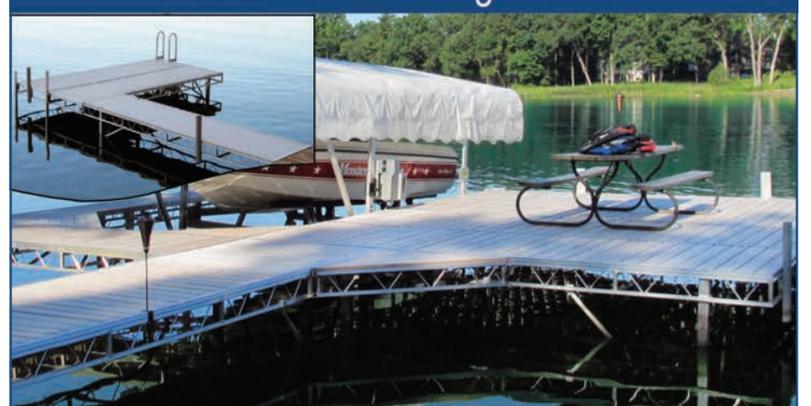
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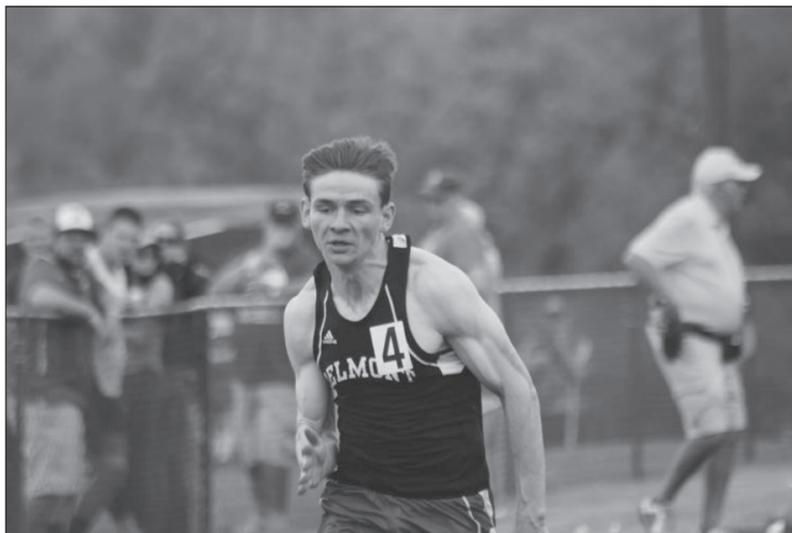
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Hunter Dupuis won the 100 meters at the Division 3 state championship.

BOB MARTIN



Alice Riley was second in the 1,600 meters for Belmont at the Division 3 state championship.

BOB MARTIN

Dupuis takes 100-meter D3 championship

BY BOB MARTIN
Bob@Salmonpress.news

TILTON — The Belmont High School track and field team was well represented at the Division 3 state track and field meet on May 26, with the boys' team taking third place and the girls' team in 10th.

The boys' team was led by Hunter Dupuis, who had a first place finish in the 100 meters with a time of 11.51. Also in the 100 meters, Marc Forgione placed ninth with a time of 12.07 and Ben Hillsgrove was 13th with a personal record time of 12.19.

The 4X100-meter relay team consisting of Dupuis, Forgione, Hillsgrove and Lucas Mathieu placed first with a school record



Nick Randos runs the 800 meters for Belmont at the state championship track meet.

BOB MARTIN

time of 45.33. The boys' 4X400-meter relay team was second with a school record time of 3:30.30. This team is made up of Dupuis, Zach Ennis, Nick Randos and Nolan Gagnon.

Ennis placed fourth in the 1,600 meters with a time of 4:35.60. In the 3,200 meters, Connor Jackson was fourth with a personal record time of 10:17.11.

In the 800 meters,

Nick Randos was fourth with a time of 2:04.22. In the 400 meters, Nolan Gagnon had a personal record of 53.94, good for seventh. Aidan Rupp was ninth in the 300-meter hurdles with a per-

sonal record of 45.18. Rupp also had a personal record in the 100-meter hurdles with a time of 18.03, good for 10th.

In the shot put, Tom Pare had a personal record toss of 39 feet, which was good for 12th. Bryce Hall cracked the top 10 in the high jump with a ninth place finish and a leap of five feet, four inches. Mathieu had a 12th place finish, but a personal record in javelin with a throw of 132 feet.

The girls' team was led by Alice Riley, who was second in the 1,600 meters with a time of 5:31.84. She also placed fourth in the 3,200 meters with a time of 12:05.66.

Sana Syed had a strong day finishing third in the 300-meter hurdles with a personal record time of 50.05. She also placed fourth in the

100-meter hurdles with a personal record time of 16.90.

Skylar Ruelke had a 15th place finish in long jump with a leap of 13 feet, 11.75 inches.

At the Meet of Champions the next weekend, several Belmont athletes competed. Riley placed 14th in the 1,600 meters with a time of 5:33.23.

Syed was seventh in the 300-meter hurdles with a time of 49.04. She also had a time of 17.03 in the 100-meter hurdles, which was 10th in the preliminary round.

For the boys, Dupuis was third in the 400 meters with a time of 50.29. Randos was 14th in the 800 meters with a time of 2:05.52. Ennis was 10th in the 1,600 meters with a time of 4:32.10. The 4X100-meter relay team was ninth with a time of 45.72.

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Belmont baseball upset by Newport in quarterfinals

BY BOB MARTIN
Bob@Salmonpress.news

BELMONT — The Belmont High School baseball team was ranked third going into the state tournament and had high hopes to get back to the Division 3 state championship. After shutting out Fall Mountain 8-0 in the first round, the Red Raiders were upset by 11th-ranked Newport with a 3-2 loss in the quarterfinals.

Belmont struck first in the bottom of the first inning against Newport when Matt Pluskis hit a long drive to right field that was mishandled by the Newport right fielder. This scored Griffin Embree, who reached earlier on a walk.

However, the Newport squad battled back and held a 3-2 lead going into the seventh inning. Belmont was resilient and fought hard to the end. Embree smashed a single to left field and



Brett Lima winds and fires against Newport in a tough 3-2 loss for Belmont.

BOB MARTIN

then Cam Magerer drew a walk. Pluskis popped up but Kyle Minery then drew a walk to load the bases.

Brett Auclair came up and hit a ball softly up the middle. The second baseman fielded the ball

and completed a double play, although coach Matt Leblanc admitted that he and his team were angered by a call at first base where he said the first baseman took his foot off the bag.

"The Belmont team

showed class as after a short protest they immediately lined up to congratulate Newport and wish them good luck," Leblanc said. "It was a great year and this team did surpass some people's expectations. After graduating nine some felt as though we weren't going to be as strong. I, for one, am very proud of the effort and will miss the seniors who are leaving. The bar has been set very high for Belmont baseball and we'll continue to hunt for that elusive state championship."

Brett Lima was the offensive leader in the nine hole, going two for three with two singles and an RBI. Nate Sottak continued to shine as a freshman, going two for three with two singles.

Embree was one for three with a walk, fielder's choice, single and a run.

Lima was on the mound for the Red Raiders and Leblanc pointed out that he did everything he could to get the win. However, Belmont failed to capitalize on several opportunities. The team left a runner on second in the first inning and bases loaded in the second, fourth and seventh innings.

"That big hit eluded us and frankly, their pitcher, Rossiter, did a great job keeping us off balance all day," said Leblanc. "We were not sharp on the field either. We committed three errors and at this point in the season success comes to those who play the cleanest game."

Lakes Region United hosting soccer tryouts

REGION — Lakes Region United (LRU) will be hosting open tryouts in June for players interested in 2018/19 travel league soccer. There is no cost to participate in the tryouts. Tryouts will take place at the Gilford Elementary School, the Gilford Village Field and at the Gilford Meadows Field (near Beans and Greens farm).

LRU is in its 10th

season with almost 200 players on 10 different teams. LRU draws players from a variety of local towns, including Laconia, Gilford, Belmont, Gilmanton, Meredith, Alton, Moultonborough, Sanbornton, Canterbury, New Hampton and Concord.

Athletes 10 to 19 years old play travel soccer within the New Hampshire Soccer League (NHSL), while athletes 6 to 9 years old develop skills locally in LRU's Early Development Program. The Early Development Program offers local practices and small-sided, intra-squad games that emphasize strong soccer fundamentals.

In addition to New Hampshire Soccer

League games, many LRU teams play in regional tournaments, including tournaments in Needham, Mass., Fort Ann, N.Y. and Amherst.

Although LRU strives to provide competitive soccer opportunities to boys and girls of all ages, roster spots are limited. The following teams have availability for 2018/19 and will be holding open tryouts.

June 14, 5:30 p.m. at Gilford Meadows Field, tryouts for boys born in 2005.

June 18, 5:30 p.m. at Gilford Village Field, tryouts for boys born in 2006 and 2007.

June 18, 5:30 p.m. at Gilford Elementary School, tryouts for boys and girls born in 2008.

June 21, 5:30 p.m. at Gilford Elementary School, tryouts for boys born in 2007.

June 22, 5:30 p.m. at Gilford Village Field, tryouts for boys born in 2004.

June 22, 5:30 p.m. at Gilford Elementary School, tryouts for boys and girls born in 2009.

LRU is a non-profit organization that keeps costs reasonable by relying on experienced volunteers to coach the teams, and by benefiting from the generosity of local towns, which provide field time for practices and games. Players interested in playing with LRU can visit LRUsoccer.com for more information or e-mail info@lrusoccer.com to express interest.

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Hunter Hinxman of Winnisquam and Marc Forgione of Belmont run the 100 meters at the state championship meet.



BOB MARTIN

Faith Gosselin runs the 1,600 meters for the Winnisquam track and field team at the state meet.

Isabelle wins D3 shot put title

BY BOB MARTIN

Bob@Salmonpress.news

TILTON — The Winnisquam Regional High School track team hosted the Division 3 state track and field championship on May 26, with the girls' team placing eighth and the boys' team coming in 20th.

For the girls' team, Gabby Isabelle had a strong overall day. She won the shot put with a distance of 33 feet, 8.25

inches. In the 100-meter dash, she had a time of 13.28 for second place. She was sixth in the 200 meters with a time of 28.45. She was also second in the long jump with a distance of 15 feet, 10.75 inches.

In the discus, Shannon Goodwin had a toss of 87 feet, 10 inches for fourth place. Hannah Blackburn was ninth with a throw of 73 feet, eight inches.

Faith Gosselin had a time of 6:04.10 for 11th in the 1,600 meters.

Socorra Summers was eighth in the 100-meter hurdles with a time of 18.03. She was also 13th in the 300-meter hurdles with a time of 54.18.

In the pole vault, Ilijana Markelic had a height of six feet for seventh place.

For the boys' team, Hunter Hinxman was

fifth in the 100 meters with a time of 11.97. He was also seventh in the 200 meters with a time of 23.68. He was sixth in the pole vault with a height of 10 feet.

Kyle Mann was 11th in the 3,200 meters with a time of 10:57.10. He was also 12th in the 800 meters with a time of 2:10.32. Robert Dylan was 15th in the 800 meters with a time of 2:20.93 and 13th in the

1,600 meters with a time of 5:09.55.

The 4X800-meter relay team consisting of Mann, Dylan, Riley Mann and Richard Fournier placed fourth with a time of 8:47.22.

In the high jump, Josh Benasutti was sixth with a leap of five feet, six inches. Jesse Fredette had a toss of 105 feet, 10 inches, good for 14th in the discus.

At the Meet of Cham-

pions on Saturday, the boys' 4X800-meter relay team competed and came in 16th with a time of 9:00.78.

Isabelle also competed and was 10th in the preliminaries for the 100-meter dash with a time of 13.27. She was also ninth in the long jump with a distance of 15 feet, 4.75 inches. In the shot put she had a distance of 34 feet, nine inches.

Panther Volleyball Camp set for July in Plymouth

PLYMOUTH — Plymouth State University head women's volleyball coach Joan Forge will be hosting Panther Volleyball Camp July 23 – 26.

This camp will feature two sessions. Panther Camp One is 9 a.m.-noon for girls entering the fifth-eighth grade and is designed for beginner to intermediate players. Players will have fun while learning the basic fundamental skills, rules and strategies to be successful playing the sport of volleyball.

Panther Camp Two is 1-5 p.m. for girls entering the ninth-12th grade and is designed for beginner, intermediate and advance dplayers who want to play and excel at the high school level. The players will be challenged with improving their basic fundamental skills and will be given the opportunity to learn more advanced strategies, position specific skills, transition and concepts of team play.

Camp will take place at the Foley Gymnasium at Plymouth State University. For information, please contact Forge at jforge@plymouth.edu or call 387-1202.

Bears fall to Mascenic in pitchers' duel

BY BOB MARTIN

Bob@Salmonpress.news

NEW IPSWICH — The Winnisquam softball team made the playoffs as an 11 seed, but the team had the tough task of facing top Mascenic pitcher Maddie Labrie and lost 1-0 in the first round of the Division 3 state tournament.

Labrie pitched a 16-strikeout no-hitter in the win, and the star junior also hit her 500-strikeout milestone. She carried a perfect game through six innings before walking the leadoff hitter.

However, Winnis-

quam pitcher Aubrey St. Onge kept the Bears in the game. It was scoreless until the sixth inning when Mascenic scored a run on strange play that led to an unearned run that involved a fielding error and throwing error.

Winnisquam did have chances to win, however. The Bears had a leadoff walk in the seventh and had batters at first and second with one out. Winnisquam ultimately left a runner on third to end the game.

Coach Kevin Dame said St. Onge did a great

job throwing strikes and keeping things close, as she only allowed five hits on the day.

Dame said it was important to congratulate Labrie for her great game and what has been a fantastic career thus far.

"She is one of the best pitchers in Division 3," said Dame. "She is tough to beat, but I'm proud of the girls for battling."

Dame took time to thank the hard work put forth by his seniors Emily Decormier and Cailey Clogston.

"Down the stretch

when we started playing better softball, Emily and Cailey covered so much ground out there in the field," said Dame. "Their combo play was just fantastic. In the opening round there were balls that Emily got to that was just amazing."

Dame said losing these two starters who have been out there all four years will be tough to replace, but he hopes they set a good example for those who will need to step up next season.

The Bears finished with a 7-8 overall record.

BELMONT

CONTINUED FROM PAGE B1

cited and feel they can beat anyone on any given day. The team will likely face Maddie Labrie in the semifinals, who has been one of the top pitchers in Division 3.

"If we make it to the finals we'll have to go

through the best pitcher in the division," Clary said. "I don't think we would want it any other way. The girls are confident in themselves and we just need to keep moving forward."

Belmont played Mascenic on June 6 at Plymouth State University after deadline.

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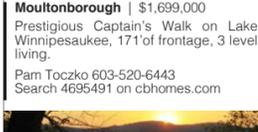
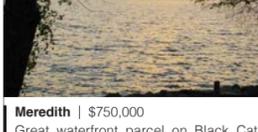
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Income guidelines apply

Credit, Criminal, & Landlord Checks
No Pets

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*2-bedroom units must have 2+ people, or 50% custody of a child, or a doctor's note of medical necessity.

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Meredith, NH

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Heat and hot water included!
Spacious 1, 2 & 3 Bedroom units
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Sales & Rentals
34 N. Main St., Wolfeboro • 603-569-4488
www.melansonrealestate.com



MEREDITH: A truly remarkable property! Home is currently being updated with a new kitchen, roof, floors and more. Sited on 6 park-like acres with spectacular views, dock and 2 bay boathouse with registered heliport above.
ADVENT COVE ROAD \$3,750,000



MOULTONBOROUGH: Stunning attention to detail throughout this home at Bald Peak. From the open 1st floor, and chef's kitchen to the 3 guest bedrooms, views and more. With dock & beach access as well as an additional lot!
BEACH ROAD \$2,500,000



WOLFEBORO: Cape style home with 4,300 square feet boasting many updates, a 1st floor master suite, family room, large deck and phenomenal landscaping. Within walking distance to downtown and Sewall Woods.
POINTE SEWALL ROAD \$750,000

LAND

WOLFEBORO
A 1.2 acre lot with privacy at the end of the road. Close to town and a short walk from the beach.
Applewood Drive.....\$59,000

TUFTONBORO
This 1.02 acre lot is in a great association with only 30 lots sharing the sandy beach and waterfront access.
Vere Royce Road.....\$139,900

WOLFEBORO
In desirable Robin Acres. .63 acres, gently sloping and wooded near the beach and public boat launch.
Finch Street.....\$49,000

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This is how you say it's going to be okay.

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American Red Cross



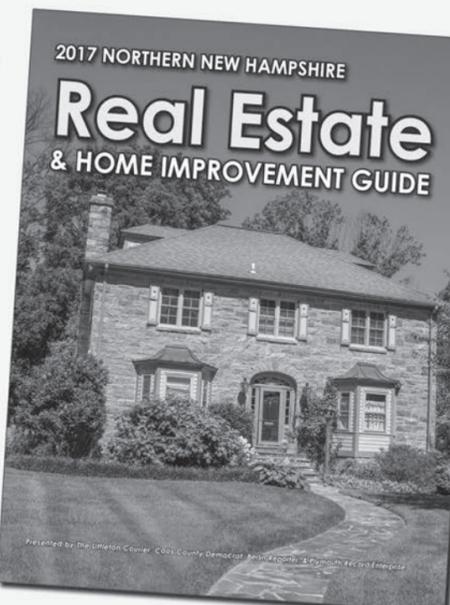
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2018 Salmon Press

REAL ESTATE & HOME IMPROVEMENT GUIDE



Distributed in the August 15th issue of the Littleton Courier, Coös County Democrat, Berlin Reporter and Plymouth Record Enterprise.

Sales Deadline:
Wednesday, July 25th

Full Page\$480
Half Page.....\$350
Quarter Page\$225
Contractors/Service Directory\$60

1/4 Page.....3.5" x 4.5"
1/2 Horizontal Page.....7.5" x 4.5"
1/2 Vertical Page.....3.5" x 9"
Full Page.....7.25" x 9"
Service Directory.....3.5" x 2.5"

TO PLACE AN AD PLEASE CONTACT
Tracy at 616-7103 or Lori at 444-3927
Email: tracy@salmonpress.news

PLYMOUTH APARTMENTS

ONE & TWO BEDROOM UNITS

SUBSIDIZED RENT BASED ON INCOME. INCOME RESTRICTIONS APPLY.

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An Equal Housing Opportunity Agent
536-4402 • Contact us Today!

PLYMOUTH WOODS

ONE, TWO & THREE BEDROOM UNITS

SUBSIDIZED RENT BASED ON INCOME. INCOME RESTRICTIONS APPLY.

HANAWAY MANAGEMENT COMPANY
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536-4402 • Contact us Today!

PROPERTY FOR SALE

66.5 acres
privacy galore.
3 bdrm log home on your own high on a hill view.
\$369,900

Sylvia Newton
603-764-5852



COUNTRY HOUSE REALTY

55 Plus MODEL HOME OPEN SUNDAY 12 to 2



\$107,995 or \$626 per month*

\$149,995 garage, porch, appliances *10% down - 25 years at 6%

Call Kevin - 603-387-7463
Mansfield Woods, 88 North, Rt. 132, New Hampton, NH
Directions: Rt. 93, exit #23. Right for 1/2 miles, left at post office for 800'



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Heat and hot water included!
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TO VIEW THESE AND OTHER PROPERTIES, VISIT:

Alpine Lakes Real Estate: www.alpinelakes.com

Bean Group: www.beangroup.com

Century 21 Country Lakes Realty: www.countrylakesrealty.com

Century 21 Twin Rivers Realty: www.nhreal21.com

Coldwell Banker: www.cboldmill.com

Coldwell Banker Residential Brokerage
www.newenglandmoves.com

Dussault Real Estate: www.dussaultrealestate.com

ERA Masiello: www.masiello.com

Granite Group Realty Services:
www.granitegrouprealtyservices.com

Gowen Realty: www.gowenrealty.com

Lakes Region Realty: www.lakesregionrealestate.com

Lamprey & Lamprey Realtors: www.lampreyandlamprey.com

Maxfield Real Estate: www.maxfieldrealestate.com

Michelle Eastman Realty: www.michelleeastmanrealty.com

Old Mill Properties: www.oldmillprops.com

Peabody and Smith: www.peabodysmith.com

Pine Shores Real Estate: www.pineshoresllc.com

Preferred Vacation Rentals: www.preferredrentals.com

Remax Bayside: www.baysidenh.net

Remax Bayside-Steve Banks: www.winnihomes.com

Roche Realty: www.rocherealty.com

Strawberry Lane Real Estate: www.strawberrylane.com

Town & Forest Realty: www.townandforest.com



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Visit Ready.gov/communicate

Ad Council Ready FEMA

Check It Out In The CLASSIFIEDS



THINK UNDERAGE DRINKING DOESN'T AFFECT A TEEN'S BRAIN? THINK AGAIN.

PARTNERSHIP FOR
drugfreeNH.org
1-800-804-0909

HEBRON VILLAGE STORE
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Cashier & Cooks
 Flexible Hours
 Call 603-744-0555
 Store Hours 6am-6pm

Are you looking to *elevate your lifestyle?*
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 Full-Time & Part-Time
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 Driver's License and Dependable Vehicle a must
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 Campton, NH 03223
 603-960-9061

NCH | Upper Connecticut Valley Hospital
\$3,000 SIGN-ON BONUS
MT / MLT
 Contact Human Resources at
 (603)388-4236
 Apply On-line at www.ucvh.org
 181 Corliss Lane, Colebrook, NH 03576
 603-388-4236
 EOE

Moultonborough Central School – SPED Program Assistant
 Immediate opening for a special education program assistant, grades K-4. 35 hours/week. Paraeducator II certification preferred.
 Please send cover letter, resume, and three current letters of reference to:
Ryan Marsh, Special Education Director
 PO Box 419
 Moultonborough, NH 03254
 or email all documents to rmarsh@sau45.org
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AUG 2011



23



24



25



26



27

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Any other day.
 Prepare for tomorrow.
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WWW.LUMBERNH.COM

SUMMER SALES HELP

Current opening for temporary full-time business to business sales person in the Lakes Region to assist our current sales team. Potential to turn into a permanent position.

Job Summary:
 Salmon Press is a well-established publishing company with 11 local newspapers, websites, and special magazines that have been helping local businesses expand their markets for generations.

We are currently looking for an outside sales person in the Lakes Region to work with customers to determine their needs and then recommend the right advertising campaign for them.

Responsibilities and Duties:
 Working with the current sales team. Visiting and calling local businesses to secure advertising.
 Develop and cultivate strong relationships with customers.

Experience helpful but not necessary.

Please send resume to:
 Frank Chilinski, President & Publisher
frank@salmonpress.news



NCH | Upper Connecticut Valley Hospital
FULL TIME OPPORTUNITIES
 • MT/MLT – 40 hours (day shift) – 2 positions
 • RN M-S/CHARGE – 36 hours (night shift)
 • RN M-S – 36 hours (night shift)
 • RN Charge – 36 hours (night shift)

PART TIME OPPORTUNITIES
 • OR NURSE SUPERVISOR

PER DIEM OPPORTUNITIES
 • COOK
 • CENTRAL STERILE TECHNICIAN
 • SURGICAL TECHNICIAN
 • RN

Apply Online at www.ucvh.org
 Upper Connecticut Valley Hospital
 181 Corliss Lane, Colebrook, NH 03576
 Phone: (603)388-4236
ucvh-hr@ucvh.org
 EOE

Underage drinking

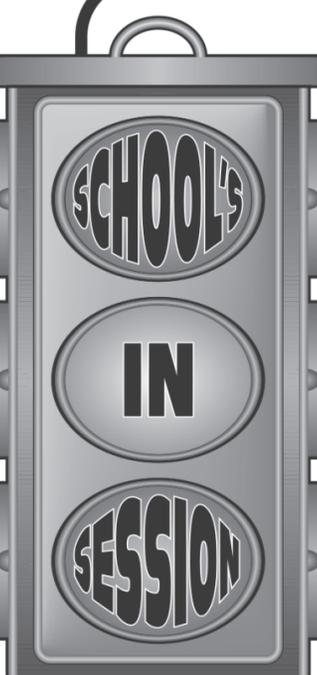


Think underage drinking doesn't affect a teen's brain? Think again.
IT'S A FACT. New research shows alcohol affects a teenager's developing brain differently than an adult's. Memory, learning and impulse control can be impaired seriously. The risk of addiction goes up dramatically. So talk to your kids about the dangers of alcohol and set clear rules about no alcohol use.

How to talk with your kids:
timetotalk.org

Partnership for drugfreeNH.org
 1-800-804-0909

GIVE SAFETY A Green Light.



School is in session, and before you can say, "red light, green light, one..two..three", a child can dart out of nowhere, and get hurt. Please be prepared to stop and exercise extra caution when driving near playgrounds and schools.

Please Drive Carefully. Our Kids Are Depending On You.

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Italian Specialty Market
Help wanted Year Round
 all positions needed. Dishwasher/prep.
 Deli counter/cashier. Pizza/sandwich maker.
 Apply in person.
 Contact us at 253 5128
 or e mail piccolomarketnh@gmail.com

**Steel Erectors,
 Metal Roof & Siding Installers
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 Will Train. Valid Driver's License required.
 Application available at:
CONSTRUX, INC. 630 Daniel Webster Hwy.
 Plymouth, NH 03264
 (603) 536-3533
 Leading Pre Engineered Metal Building Co.

**Inter-Lakes School District
 Treasurer**
 The Inter-Lakes School District is seeking qualified candidates for the role of School District Treasurer.
 Applicants must meet the following criteria:
 1. Must be a registered voter of the School District. (RSA 671:18)
 2. May not be a member of the School Board. (RSA 195:5, II)
 3. Experience or expertise in the area of fiscal management for medium to large size organizations or companies.
 This position is annually appointed by the Inter-Lakes School Board and receives an annual stipend of \$1,500.00.
 Start Date: July 1, 2018
 Please submit a letter of intent and resume to:
 Trish Temperino, Assistant Superintendent of Schools
 Inter-Lakes School District
 103 Main Street - Suite 2, Meredith NH 03253
 Application Deadline: Open until filled
 EOE

NCH North Country Home Health & Hospice Agency
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 NEW DAY, NEW MANAGEMENT, NEW STAFF.
 We offer a competitive salary and benefit package!
 Apply online at www.nchha.org
 For more information, please contact
 Jennifer Everleth, Human Resources
 (603) 444-5317 or jeverleth@nchha.org
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**FRONT DESK
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Summer Positions Available
 As part of our friendly and hardworking team, the ideal candidates will assist in all facets of the Club including facility operations, maintenance, desk coverage, and guest services.
 If interested in learning more about these positions and the benefits available, please call
Barbara at 603-745-3160

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 COACHES**
**Girls Varsity Soccer (Fall)
 JV Football (Fall)
 JV Boys Soccer (Fall)**
 Please visit our website for Coaching application at:
www.interlakes.org/employment.html
All applications should be submitted to:
 Ashley Dolloff, Human Resources Director
ashley.dolloff@interlakes.org
 Inter-Lakes School District
 103 Main Street, Suite 2, Meredith, NH 03253
Positions open until filled

NCH Upper Connecticut Valley Hospital
\$3,000 SIGN-ON BONUS
 For two years of experience staff RNs
REGISTERED NURSES
 Contact Human Resources at
 (603)388-4236
 Apply On-line at www.ucvh.org
 181 Corliss Lane, Colebrook, NH 03576
 603-388-4236
 EOE

Join Our Team
Positions Available:
 Waitstaff
 Chef
 Bartender
 Busser
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The Corner House Inn
 Center Sandwich, NH
 284-6219
info@cornerhouseinn.com

**EXCITING OPPORTUNITIES IN OUR
 SOON TO OPEN WOLFEBORO LOCATION!**
 Families in Transition New Horizon seeks Program Aides. Program Aides provide direct support, oversight and interventions at the Hope House Emergency Housing Program (Wolfboro, NH) to participants with barriers to self-sufficiency including but not limited to, physical and behavioral health, domestic violence, and lack of employment and/or education. Program Aides provide a participant empowerment approach using harm reduction, strength based and trauma informed principles. In addition, Program Aides accompany and may transport participants to community based appointments as appropriate.
 Must have high school diploma or equivalent and valid driver's license with adequate insurance coverage.
 Multiple part-time and per diem opportunities available.
Applicants should email resume with "Program Aide-HH" in subject line to hr@fitnh.org.
 Families in Transition New Horizons is proud to be an Equal Opportunity Employer.

QUICK MONEY
IN THE CLASSIFIEDS

EMPLOYMENT OPPORTUNITIES AT
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 Seeking team-oriented candidates for the following:
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 Apply in person at: 33 Jericho Road, Berlin
 Over 60 years of service. Equal Opportunity Employer

THE MARGATE
 ON • WINNIPESAUKEE
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EXPERIENCED COOKS - Full time and part time positions. Weekends and evenings required.
 Send resume to: apply@themargate.com
 Or apply in person at 76 Lake St., Laconia, NH

**TOWN OF CAMPTON
 PART-TIME HIGHWAY
 LABORER/DRIVER**
 The Town of Campton is accepting applications for the position of a Highway Laborer/Driver. The successful candidate will be responsible for general laboring responsibilities and to operate various pieces of light and heavy equipment. A Commercial Driver's License with Air Brake endorsements, or the ability to attain one within six months, is required. The individual chosen for this position must possess a willingness to work with others including the general public. High School Diploma or equivalent is required; Driver's License and Criminal record check required, mandatory participation in the department's Drug/Alcohol Screening Program as required by federal law. This is a year round part-time position approximating 29 hours per week.
 Applications are available on the Town's website at www.camptonnh.org and are to be returned to the Road Agent, Butch Bain or Town Administrator, Carina Park, 12 Gearty Way, Campton NH 03223.
 Applications will be accepted until position is filled.



Not the time to check your child's car seat.
 safercar.gov/TheRightSeat
 Ad Council NHTSA Child Car Safety



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Torch and tool resistant.
TRTL 15-6. 46" h x 35" x 31" w.
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Jewelers 603-253-9947

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Coos County Democrat, 79 Main St.,
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Call 603-788-4939 or email
liz@salmonpress.news

**Barn/Garage/Yard
Sale**

Multi-people yard sale: Sat. & Sun.
June 9 & 10 From 8-2 New Hampton
Village Rt. 132 South: Tools, picnic
table, books, art, glass, furniture,
bottles, gardening items, and more.

Sandwich

Saturday, June 9, 9 a.m. - 4 p.m.
Fond du Lac refrigerator, 1894; Barnes
Boat Co. wood and canvas rowboat; 18'
Tripper canoe; World War II toys; vintage
comics and Outdoor Life, Field & Stream,
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music, antique ice tools; sap sled, pan,
bucket lids; hurricane lamps; jugs, bottles,
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24/7

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I AM LOST!
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I am a 5 year old, 16 LB. buff colored
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PLEASE CALL MY FAMILY at 279-7000.
Reward if found.

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Shane - Shetland Sheepdog
9 Years old
We are hoping someone may have
him or have seen him?
-Lost in Laconia NH-
August 27, 2016
Do not chase.
Old and New Leads appreciated
For more info see
www.facebook.com/
shaneshetlandsheepdog
Call Owner 603-365-1778
or Granite State Dog Recovery
1-855-639-5678

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Many extras. Excellent condition. New
2017 115HP Merc. with 5 year warranty
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Monday 10:30 am

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We Buy Coins! U.S. and World
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and earlier. We cover the Lakes
Region and can visit with you.
Call 603-387-1390, please leave a
message!

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Mobile Feline Fix It Wagon, Cats
\$70-\$85. Dogs at Conway clinic, starting
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plans. Military discounts. Rozzie May
Animal Alliance, a dedicated spay/neuter
nonprofit. Sign up on line
www.RozzieMay.org or call 603-447-1373

**General Help
Wanted**

**FRAMERS AND LABORERS
WANTED**

Wallace Building Products is a
successful and growing manufacturer
of building products for the
construction industry. We seek full-time
Framers and Laborers to join our team
in Danbury NH.

This position will work with other
employees to build rough-framed walls
in a shop environment. Framing
experience is a plus, but we will train.

Apply in person at 1525 US Rte 4
in Danbury NH.

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Located in heart of Lakes Region-
Busy Year-Round Work!

We are currently seeking a
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HVAC experience a definite plus.
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validating SS#.

Contact 603.875.1118

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Looking for a hardworking, self-
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Minor mechanical/equipment skills
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Job consists of 40-50 hours a
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Call 603-968-4411

MECHANIC WANTED: Northern
Tire, Ossipee: All levels of experience
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in person: see Gail for application
603-539-7221

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Wanted**

Wanted
Year round
Cook, Prep & Pizza Person

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Good pay for right candidate
Located in Moultonborough
Contact Bill at: 603-253-5128
or email:
piccolomarketnh@gmail.com

**Professional/
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BERLIN**

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We are seeking applicants who are
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If applicant from Twin Mountain area is
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transport to and from NHS.

Applicants must have at a minimum:
• High School diploma/GED required.
• Associated Degree preferred
• Valid drivers license
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checks
• Auto insurance

If you want to make a difference in
someone's life, this may be the job
for you!

Direct applications to:
DD Program Director
Community Services Center 69 Willard
St. Berlin, NH
(603) 752-1005

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All real estate advertising in this
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"to make, print, or published any notice,
statement, or advertisement, with respect
to the sale, or rental of a dwelling that
indicates any preference, limitation, or
discrimination based on race, color, religion,
sex, handicap, familial status or national
origin, or an intention to make any such
preference, limitation or discrimination."
(The Fair Housing Act of 1968 at 42
U.S.C. 3604(c))

This paper will not knowingly accept
any advertising which is in violation of the
law. Our readers are hereby
informed, that all dwellings advertised
in this newspaper are available on
an equal opportunity basis.

To complain of discrimination call
HUD toll free at
1-800-669-9777
For The Washington DC area, please call
HUD at 275-9200.

The toll free telephone number for the
hearing impaired is
1-800-927-9275.
You may also call

**The New Hampshire
Commission for Human Rights**
at 603-271-2767
or write

The Commission at
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Concord, NH 03301

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contained. The Publisher reserves
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\$1200 per mo. includes heat and plowing.
Rural setting, nice yard, near elementary
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environment, No pets. 1 year lease.
Call 536-1858 or 254-4717 leave message.

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For Rent**

PLYMOUTH SPACE FOR RENT:
9 Main Street. Former site of Pemi
River Fuels. Approx. 700 sq ft.,
3 to 4 work areas depending upon
configuration. \$750 per month
including heat, snowplowing and
trash removal. Tenant pays
separately metered electric.
Onsite parking is available.
Security deposit required.
Available immediately.

Please call Brian at 536-2300.

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PLYMOUTH LEVEL LOT FOR SALE
1.26 acres State maintained road.
Near Newfound Lake, Tenny Mountain,
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test/previous driveway permit.

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the Great North Woods.

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AD TODAY!**



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TOWN OF CAMPTON HEAVY EQUIPMENT OPERATOR SEASONAL, FULL-TIME

The Town of Campton is accepting applications for the position of a Heavy Equipment Operator. Interested candidates should be able to operate town equipment and be capable of performing duties pertinent to a Highway Department. The individual chosen for this position must possess a willingness to work with others including the general public. A Commercial Driver's License with Air Brake endorsements is required. High School Diploma or equivalent is required; experience with the operation of heavy trucks necessary. Driver's License and Criminal record check required, mandatory participation in the department's Drug/Alcohol Screening Program as required by federal law. This is a seasonal, full-time position approximating 40 hours per week.

Applications are available on the Town's website at www.camptonnh.org and are to be returned to the Road Agent, Butch Bain or Town Administrator, Carina Park, 12 Gearty Way, Campton NH 03223.

Applications will be accepted until position is filled.



NGH
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Littleton Regional
Healthcare

PHYSICAL THERAPIST ASSISTANT (PTA)

Responsible for administering physical therapy modalities of treatment as supervised by the staff physical therapist (PT). Administers treatments and physical agents as directed by the staff physical therapist, after the physical therapist has evaluated the patient. The PTA may begin the information gathering and assessment portion of an initial evaluation order, prior to the patient being seen by a PT. The PTA assists with restoration of patient functioning to prevent disability following injury, disease or physical disability. Assists patients to reach their maximum performance and level of functioning, while learning to live within the limits of their capabilities. Participates in all infection control, departmental equipment training, organizational safety and fire safety programs.

Must have degree or certificate in Physical Therapy from an accredited school (minimum requirement is a certificate or Associates Degree). Must have a current license or be eligible for licensure in the State of New Hampshire. Previous outpatient experience preferred. BCLS required

Littleton Regional Healthcare offers competitive compensation and a generous benefits package.

To apply please visit our website
at www.lrhcares.org.

LITTLETON REGIONAL HEALTHCARE
Human Resources Department
600 St. Johnsbury Road • Littleton, NH 03561
PHONE: 800-464-7731 or 603-444-9331 | FAX: 603-444-9087

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Ensure the smooth running of ACHS' Oral & Dental Health Center by managing staff, implementing strategic plans and reporting on progress. Previous experience and proficiency in MS Office is a must.

CMA/RMA

Assist providers in delivering quality health care to patients with superb customer service as a Certified/Registered Medical Assistant. Experience preferred, but we're willing to train the right candidate.

Patient Navigator /

Certified Application Counselor

Help high-risk patients with coordination of services. Provide education on resources and insurance options. You must LOVE helping people, be willing to travel to other ACHS sites and complete Application Counseling Certification.

Front Desk Reception - Medical

Enhance the patient visit by ensuring excellent customer service from intake to check-out. Provide critical tasks to support a busy medical office. You MUST enjoy the public, have proficiency in MS Office and related experience.



If you are looking for a rewarding career with the potential for exciting learning opportunities, competitive pay and benefits at an award-winning, active and caring organization please send your resume, cover letter and salary requirements to hr@achs-inc.org.

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Fran Bean
Lin-Wood Public School
P.O. Box 846 • Lincoln, NH 03251
603-745-2051

Job Applications are available on
our website at www.lin-wood.org
under the "Employment" section.

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Ashland Elementary School

In-House Substitute/Classroom Support

Position is full-time/school year providing substitute coverage and classroom supports in grades K-8.

Qualifications: Para II Certified through the NH Dept or Education (or eligible for Para II certification). The successful applicant must meet all required conditions of employment.

Applications: <http://www.sau2.k12.nh.us/jobs.html> for a Support Staff application. To be included with the application are resume, transcripts, three letters of reference, copy of certification.

All applications should be submitted to: Ashley Dolloff, Human Resources Director
ashley.dolloff@interlakes.org
Inter-Lakes School District
103 Main Street, Suite 2, Meredith, NH 03253

Open until position is filled
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Help Wanted

Highly awarded restaurant restaurant looking to employee 2 lead line cooks. full time year round work. pay is on the high end of scale, employee benefits include ski passes, golf passes, health club passes, retirement package after a year, two weeks payed vacation after a year. Applicants must be serious minded foodies, enjoy working in a fast pace, pleasant and professional attitude at all times. should have a good knowledge of saute, grill and pantry. No drug addictions. Be able to work alone, be able to take direction. Call or email at chefs@wildcoyotegrill.com or 603-568-2605 ask for Sean or Nate.

SAU #2

Accounting & Business Specialist

SAU 2, serving Inter-Lakes and Ashland School Districts is seeking a qualified candidate for the role of Accounting & Business Specialist. Applicants must have experience including, but not limited to accounts payable, payroll and benefits administration.

Minimum requirements: Bachelor's degree in accounting, business management or related field. Experience in fund account preferred.

This is a year round, full-time, hourly position.

Start Date: July 2, 2018

Please visit <http://interlakes.org/employment.html> for a Support Staff Application.

All applications should be submitted to: Ashley Dolloff, Human Resources Director at ashley.dolloff@interlakes.org or Inter-Lakes School District
103 Main Street, Suite 2, Meredith, NH 03253

Application deadline: Open until filled

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Your Community Health Partner Since 1975

ACHS - INFORMATION SYSTEMS

ACHS, a fast-growing, nationally recognized Community Health Center in Littleton, NH is looking for the following...

HEALTH INFORMATION SYSTEM SUPPORT SPECIALIST

You'll work collaboratively with users of our networked and clinical information systems providing key support for computer and Electronic Health Records (EHR) issues and projects. You'll:

- Be a critical thinker and experienced troubleshooter
- Provide response and resolution for technical issues
- Install hardware and software, maintaining updates
- Develop and maintain EHR systems for internal and external platforms
- Be a team player who works well with people

Must have an Associates Degree or equivalent. Experience with GE Centricity or similar platforms preferred.

If you are looking for a rewarding career with the potential for exciting learning opportunities, competitive pay and benefits at an award-winning, active and caring organization please send your resume and cover letter to hr@achs-inc.org

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Energysavers Inc is looking for a self motivated individual to add to its staff. The position would include, but is not limited to, organizing and pulling parts & jobs as well as receiving deliveries. We are a highly recommended 43 yr old Lakes Region retailer of well known hearth & spa products. You can earn while you learn! Potential to move into a service or installation position is a possibility. No prior experience required. Must have a valid driver's license & be able to lift/carry a 80lb min. Stop in to fill out an application:

Energysavers Inc,
163 Daniel Webster Hwy, Meredith NH



OUTPATIENT MENTAL HEALTH CLINICIAN

The Mental Health Center in Berlin is part of Northern Human Services (NHS), a highly respected behavioral health organization serving 72 towns in Northern New Hampshire. We are an agency with highly experienced staff, trained in evidence based practices. This position is located in a bustling small city, nestled in the mountains of New Hampshire which boasts a breath taking four season recreational area. This is a quaint area with a rich history and strong, committed community. We are looking for a full time outpatient clinician to join our dynamic team.

- Must hold a licensable master's degree or be licensed in the State of NH.
- Benefits include support for continuing education, licensure requirements with associated fees, a welcoming, competent multidisciplinary team and a flexible and supportive work environment.
- Applicants should be comfortable with a varied caseload within a CMHC setting.
- Dual license or commitment to obtaining dual licensure is preferred.
- NHS utilizes electronic medical records to streamline treatment and provide the best possible services to our clients, moderate computer skills necessary.

NHS offers generous earned time (three weeks year one; four weeks year two), eleven paid holidays, health insurance, and an agency contribution (no match required) to a 403B. All positions offer opportunity for advancement in a stable, diverse and growing organization. Entry Salary \$40,000 - \$48,500, depending on licensure status and experience.

****The Mental Health Center Berlin is an approved National Health Service Corps site. Licensed Clinicians may apply for loan repayment.****

All positions at NHS require a valid driver's license, proof of adequate auto insurance, and the completion of criminal and background checks. This agency is an Equal Opportunity Employer, and Provider.

SEND COVER LETTER AND RESUME TO:
Northern Human Services
Attn: Lisa Fournier, Office Manager
312th Street • Berlin, New Hampshire 03570
Email: lfournier@northernhs.org
Phone: 603-752-7404 • Fax: 603-752-5194



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If you wish to apply, stop in to our Wentworth office for an application or drop off a resume and a completed employment application, which can be downloaded from our website and dropped off in person Monday thru Thursday 7am-4:30pm and Friday until 4pm. No phone calls please.

King Forest is an equal-opportunity employer.

53 East Side Road • Wentworth, NH • www.kingforest.com

DARTMOUTH

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Assistant Director: The Assistant Director is responsible for assisting the Director with the overall operation of the Center including meeting the needs of families and assisting with program, curriculum, enrollment, staff hiring and supervision, and office functions. Apply: <https://searchjobs.dartmouth.edu/postings/46085>.

Lead Teachers: Lead Teachers are responsible for planning, organizing, and implementing a curriculum to meet the care, developmental and educational needs for children within the Center; guiding children's behavior; communicating with parents; and recording children's developmental progress. Lead teachers work with all Center staff to create a warm, caring and safe environment for the care of young children. Lead teachers supervise a teaching team consisting of a teacher, an assistant teacher, student/temporary child care staff and may supervise other employees. Apply: <https://searchjobs.dartmouth.edu/postings/46045>.

Also hiring associate teachers and assistant teachers
<http://jobs.dartmouth.edu>



For detailed descriptions, including qualifications and to apply, please visit the appropriate links above.

Dartmouth College is an equal opportunity/affirmative action employer with a strong commitment to diversity and inclusion. We prohibit discrimination on the basis of race, color, religion, sex, age, national origin, sexual orientation, gender identity or expression, disability, veteran status, marital status, or any other legally protected status. Applications by members of all underrepresented groups are encouraged.

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Bears earn playoff berth, but fall to Spartans

BY BOB MARTIN

Bob@Salmonpress.news

WHITEFIELD — The Winnisquam baseball team snuck into the playoffs with the 15 seed and had the daunting task to go to White Mountains and face the number two team in Division 3.

To make matters more difficult, the Bears ended up with a mechanical issue on the bus, leaving them on the side of Route 93 for, strangely, 93 minutes before getting a replacement. Winnisquam made it to the field by 5 p.m. and while they played hard, the team fell 5-2 in the opening round of the Division 3 state tournament.

Winnisquam came to play against arguably one of the top teams in the division, and the Bears got on board first with an early 2-0 lead. Leadoff hitter Philip Nichols was hit by a pitch on the first pitch of the game to get on base. Michael Allard hit a one out single before the Bears executed a double steal that had Nichols



The Winnisquam baseball team got into the playoffs as the 15 seed and while they put up a strong fight, fell to the White Mountains Spartans in round one.

scoring on an overthrow at third.

Allard scored on an RBI groundout by Alex Mango to make it 2-0.

However, White Mountains took advan-

tage of the sole Winnisquam error and scored two unearned runs in the first. The Spartans scored two more in the second inning and another in the sixth inning to take the win.

The Bears did have a chance to tie the game

in the third inning but stranded runners at second and third base.

Coach Fred Caruso was proud of the team for hanging tough with White Mountains. He said the team, while having an up and down year, faced a tough schedule

and played their hearts out to get to the playoffs. He noted that the team had a great season in the field and the pitching was often good enough to win, but it was the offense that killed them as the team only batted about .230 all season.

The Bears only mustered two hits against White Mountains.

“The microcosm of the entire season was that we just couldn’t get the big hit, but that doesn’t mean that our guys didn’t play tough,” said Caruso. “This was the best defensive game we played all year. We made some plays. We stopped a suicide squeeze. The guys played a really good game and I am really proud of them.”

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5 Airport Road, Whitefield, NH 603-837-9532