

# Newfound Landing

THURSDAY, NOVEMBER 8, 2018

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COMPLIMENTARY

## Bristol voters agree to purchase, renovate LRGHealthcare building

BY THOMAS P. CALDWELL

Contributing Writer

BRISTOL — Voters attending a special town meeting on Nov. 1 decided the time was right to seize an opportunity to purchase and renovate a downtown building to serve as a new town hall.

The 164-65 decision exceeded by eight votes the

two-thirds majority necessary to pass the \$899,637 warrant article, but the discussion leading up to the vote made it appear the split would be much closer.

Opponents of the plan spoke of the burden it would place on those living on low or fixed incomes and complained

that it would not address all of the problems identified — notably the inadequate facilities at the police station.

Proponents pointed out that voters have rejected previous proposals that would have

addressed those inadequacies because incorporating them into a building and renovation plan pushed the cost into the millions. The needs of the police station can be addressed in future years, they said.

Currently, the town offices and police department share space in the Bristol Municipal Building, built in the 1960s and renovated in 1990. Several attempts have been made since then to address overcrowding and

bring the police department up to recommended standards.

In 2007, voters rejected a \$2.4 million proposal to renovate the Old Town Hall — a plan that included elevating the building

SEE BUILDING, PAGE A12

## Local witches brew up a special treat at Bristol's Halloween celebration

BY DONNA RHODES

Drhodes@salmonpress.news

BRISTOL — Scores of costumed characters paraded into Bristol's Central Square on Halloween, but unlike years past, this time they were met with spooky cackles and solemn bells ringing, followed by a "flash mob" of witches who gath-

ered around a smoking cauldron then began to dance.

Hovering overhead was a drone equipped with a camera that captured the moment when everyone realized something special was about to unfold and gathered to watch. Cell phone cameras were quick-

SEE HALLOWEEN, PAGE A12



COURTESY

Members of the Newfound Teachers' Union, Local #6557, led the Halloween parade in downtown Bristol prior to setting up a table to give treats out to children of the area.



DONNA RHODES

Accepting a donation from the New Hampshire Marathon last week were representatives of the Mayhew Program. From left to right are program director Jim Nute, Peg Donaldson of Hannafords, this year's major sponsor for the race, Mayhew participants Xavier and Johnny, Joel Lloyd, manager of Bristol Hannaford, Mayhew Outreach Worker Giancarlo Negroni, and N.H. Marathon Co-Race Director Bob Watson. Other recipients were Circle Program for girls and Tapply-Thompson Community Center.

## NH Marathon Committee awards race proceeds

BY DONNA RHODES

Drhodes@salmonpress.news

BRISTOL — The New Hampshire Marathon Race Committee held a reception at the Homestead Restaurant last Sunday afternoon to thank their supporters and volunteers and present checks in the amount of \$6,900 to each of the three nonprofit groups the marathon benefits each year, the Mayhew Program for boys, the Circle Program for girls

and the Tapply-Thompson Community Center.

"This is huge for us," said Circle Program Director Kathleen Kearns. "This money each year allows us to sponsor a girl to go to three weeks of our summer camp and take part in our year-round mentoring program."

Jim Nute of Mayhew was also grateful for the continued backing of the N.H. Marathon.

"We only exist because of things like this," Nute said.

Camp Mayhew is a tuition-free program for boys, therefore the donation will also help with camp and mentoring for a local boy. And while they appreciate the support of the marathon each year, Nute said they, like the Circle girls, support the marathon each year as well by volunteering with water stations and other details of the races.

"It's a great experience for them to see all that community out there coming together to support kids in general," he said.

Tapply-Thompson Community Center will also be using their portion of the proceeds to continue their youth programs, sports and camp.

Also receiving donations for their assistance in the race were the Newfound Area Chiefs Association (safety and race-day logistics), the Community Emergency Response Team (parking and road safety), Newfound Regional High School Band (pre-race music at the start line), and Carroll Brown, who provided live music at the finish line and served as Master of Ceremonies.

This year, outgoing race director Karen Schaffner was pleased to announce that there were 461 participants who finished the marathon, half-marathon, 10K and the Kids race. A new course record for the Half Marathon was also set by Lindsey Weigel of Charlestown, Mass. Weigel finished the race with a time of 1:22:59, a full minute faster than the

SEE PROCEEDS, PAGE A12



DONNA RHODES

As Guinness, an older black lab mix dog, was reunited with his owner after falling to the edge of the Newfound River, rescuer George Clayman of the Bristol Fire Department took a moment to make sure the dog was okay after his frightening experience.

## Bristol FD goes over the edge to rescue stranded dog

BY DONNA RHODES

Drhodes@salmonpress.news

BRISTOL — Late last Saturday afternoon, the Bristol Fire Department responded to The Depot, an historic recreational

spot just off Central Square, near the junction of the Newfound and Pemigewasset Rivers, for a call to rescue a dog that had fallen over a ledge along the waterfront.

Will Thayer of Bristol said he and his 13-year-old companion Guinness, a black lab mix, were out for a walk through the woods along the river

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## Early deadlines for Thanksgiving

MEREDITH — The offices of the Newfound Landing, located at 5 Water St. in Meredith, will be closed Thursday, Nov. 22 in observance of Thanksgiving. Due to the holiday, that week's edition will arrive on local newsstands a day earlier than usual, on Wednesday, Nov. 21.

In order to accommodate our accelerated publication schedule for Thanksgiving week, the submission deadline for any press releases, letters to the editor, and obituaries intended for publication on the 21st has also been moved up one business day, to Monday, Nov. 19 at noon. Submissions can be dropped off in person at our offices or e-mailed to Editor Brendan Berube at brenan@salmonpress.news.

Please note that any submissions received after noon on the 19th will be held for publication on Nov. 29.

For information on the holiday deadlines for display advertising, please contact Lori Lynch in Sales at 788-4939 or lori@salmonpress.news.

The staff of the Newfound Landing thanks our readers and advertisers for their cooperation with our holiday schedule, and wishes the community a safe and happy Thanksgiving.



# Newfound board looking to reduce proposed budget by nearly \$1 million

BY THOMAS P. CALDWELL  
Contributing Writer

BRISTOL — The Newfound Area School Board will be looking to reduce the proposed 2019-20 budget by \$922,173 when it meets on Nov. 12, which means eliminating most of the items necessary to meet school district goals.

The reductions are necessary to meet the district's tax cap which school officials say will allow only one percent growth overall because of lower anticipated revenues.

This year, the Newfound Area School District Budget Committee has elected to bypass the traditional approach — working from the budget set by the school board — and instead will be preparing its own budget on a parallel track. Some other towns and school districts have taken that approach as a way to have better control of the budget, but it has created confusion for

voters trying to follow the process.

Superintendent Stacy Buckley acknowledged that it can be difficult for taxpayers to understand, but she said the business office will be able to cope with the two budgets as they are developed.

Goals in preparing the next fiscal year's budget were to continue increasing the rigor and producing stronger outcomes for students; beginning alignment of the curriculum with the new strategic plan currently being developed; continuing to improve facilities through the district's capital improvement plan; upgrading the science curriculum from kindergarten through Grade 8 and the English-Language Arts program at the high school; retaining the current programming that has proven to be effective; looking for cost savings and efficiencies; adjusting staffing to meet the dis-

trict's needs; and doing all that within the tax cap.

Affecting the ability to meet those goals is a pending teacher's contract; step increases for support staff and \$450 longevity stipends for those at the top of the scale and those with five or more years' employment in the district; 2 percent increases for specialists and administrators; a projected 4.2 percent increase in health insurance costs; retirement costs (17.8 percent for teachers and 11.17 percent for others); and the renewal of the transportation contract, projected to result in a 3 percent increase.

Technology has become an integral part of education, and, while the district would like to reach a 1:1 student:device ratio, Buckley said that is an unrealistic goal when so many of the current devices are aging and in need of replacement. Danbury Elementary School is the only one that is close to 1:1 ratio, she said.

The proposed budget would replace teacher laptops that were refurbished models when purchased six or seven years ago, making them 10 years old today.

"We're reliant on technology but have to maintain it, because they're in use every day," Buckley said.

Smartboards also are aging, but at a cost of \$4,000 each, the district will not be replacing all of them, she

said. Instead, Buckley would like to replace those that get the most use and purchase portable ones that a teacher can borrow when needed.

The technology plan also calls for the purchase/replacement of Chromebooks for student use, and expanding technology in the art program so students will be able to gain experience with digital art and graphic design — areas that can prepare them for work beyond high school or college.

In other academic areas, Buckley noted that the science curriculum has not been updated in 15-20 years.

"We looked at the next-generation science standards and hoped to update ours, because right now there is no curriculum that aligns with those standards," she said.

Purchasing the K-8 science curriculum would cost \$128,000, she said.

## Discouraging

In order to meet the tax cap, most of the upgrades would have to be eliminated, Buckley said.

"It's discouraging to have to cut back," she said. "Pretty much everything is gone."

The superintendent would not say what reductions she would be proposing to the school board.

Asked about the proposed \$249,906 reconstruction of Newfound Road — the access road to the high school — Buckley deferred com-

ment until Monday's meeting.

The proposed budget calls for the work on Newfound Road, plus another \$213,353 for reconstruction of the high school parking lot and driveway.

Those are the largest items in the capital improvement plan that Business Manager Michael Limanni discussed earlier.

"Our plan ... recognized that our immediate concerns were large, but if we used good fiscal planning, we could stabilize the investment in our aging infrastructure by getting down to our annual depreciation expense (around \$450K) while using the expendable trust to manage the ups and downs of project costs. This is smart and fiscally responsible," he said.

Faced with criticism about including large capital improvement items in the default budget — the budget that goes into effect if voters rejected the proposed budget — Limanni said, "I'm not going to stop providing the board with new/different opportunities/approaches to manage their aging infrastructure and improve education simply because change can be both scary and difficult. I'm working ... to minimize tax fluctuations by being fiscally responsible, by facilitating long-term, transparent plans, and by trying to keep our buildings and fields from getting shut down by the state."

Buckley said, "At

the end of the day, it's a bottom-line budget. It can be very confusing, but I'm confident in what we're doing, and I'll be content to work with what we have to move the district forward."

## Academic Gains

Buckley noted that, despite budget constraints, the school district has been able to make progress in several areas, including the English-Language Arts and mathematics at the elementary level to align with state and Common Core requirements.

At the high school, the district has expanded its Advance Placement course offerings and facilitated community connections — most notably, a partnership with Freudenberg-NOK that allows students to tour the plant and do internships. This year, the district is looking to collaborate with Freudenberg to bring a robotics program into the district for the first time, with teams at Bristol Elementary School, Newfound Memorial Middle School, and Newfound Regional High School.

"We need community mentors," Buckley said, "and this would bring three engineers into each of the three grade levels, with two teachers as coaches."

The district also is looking to purchase a new student information system that would handle attendance, scheduling, and

SEE NEWFOUND, PAGE A13

## Bristol police log

BRISTOL — The Bristol Police Department handled 182 calls for service, resulting in six arrests and 13 criminal offense investigations. Officers also performed 60 motor vehicle stops, investigated four motor vehicle accidents, conducted 168 directed enforcement patrols and foot patrols, and conducted 202 business, vacation, and property checks.

Other call reasons included one K9 deployment, shots fired, domestic disturbances, criminal mischief, assault, domestic violence order service, drug activity complaints, warrant checks, sex offender registrations, criminal investigation follow-ups, intoxicated persons, mental health emergencies, suicidal person, noise complaints, explosions, suspicious vehicles, suspicious persons, fire, motor vehicle complaints, DWI complaints, welfare checks, residential alarms, business alarms, VIN verifications, abandoned vehicles, 911 hang ups, ha-

arrassment complaints, animal complaints, vicious dog complaint, dog bite, public assists, road hazards, motorist assists, assist other agencies, juvenile complaints, paperwork services, assist other police agencies, and assist the fire department.

### Arrests:

Brian Laronge, 32, of Troy — Bench Warrant

Prudence Lovett, 39, of Alexandria — Bench Warrant

Christopher Fleming, 39, of Hebron — Driving While Intoxicated

Ashley Cullen, 29, of Hull, Mass. — Driving While Intoxicated

James Mooney, 37, of Bristol — Bench Warrant

Janette Straub, 30, of Bristol — Bench Warrant

\*In addition to the above arrests, Jennifer Choate, 49, of Bristol, was issued a summons for Dog a Menace/Dog Running at Large.

*Identifying information for juveniles, and persons placed into protective custody are not released.*

## Baptist Church song festival will benefit fundraising drive for new roof

BRISTOL — Bristol Baptist Church will host "Christmas in Song" on Sunday, Dec. 9 at 7 p.m.

Please join us for a musical evening with talented participation from the Newfound area and beyond. The audience will take part singing Christmas carols.

Make it a Christmas to remember sharing the spirit of the season.

Pastor Wayne will narrate the program. The Moore family will

provide the sound system. Gloria Rogers on the organ and Carolyn Hanley on the piano, and Bill Hanley will lead the audience in familiar Christmas carols from the pew song books.

The program started in 1988. A free will offering taken was used to repair the church parsonage. After that project was completed, the free will offering taken has been going to Community Services. The

church roof is in dire need of having its shingles replaced. This year, the free will offering will go into the church roof reshingling fund.

We appreciate and thank all those who participate, attend, and whatever in any way makes this a memorable and special evening with the message of Jesus Christ, God's son,

the Saviour of the World is born, the real reason for the season.

Bristol Baptist Church is located at 30 Summer St. in Bristol. For more information, please call 744-8804.

There will be a time of light refreshments and fellowship in the church vestry following the musical program.

## Become a coffee expert at Minot-Sleeper Library

BRISTOL — The Minot-Sleeper Library in Bristol and Café Monte Alto in Plymouth have come together to present a program, "Become a Coffee Expert" at the Minot-Sleeper Library on Thursday, Nov. 15 at 2 p.m.

Attendees will have the opportunity to develop an expertise and learn how to taste and describe the balance, body, aroma, and flavor of coffee. Eddie from Café Monte Alto will guide participants through the world Premium Estate Coffees of Peru. Peruvian coffee is known for its bright effervescent snap, gen-

tle sweetness, and nice medium body. Following the discussion, there will be a tasting of the Peruvian Geisha, Peruvian Caracolillo, Peruvian Medium roast and Peruvian dark roast.

Join the Minot-Sleeper Library and Café Monte Alto at the Minot-Sleeper Library on Thursday, Nov. 15 at 2 p.m. for "Become a Coffee Expert." Expand your knowledge, share your impressions, connect with others, and above all enjoy a cup of coffee. This event is free and open to the public. Questions? Call the library at 744-3352.

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Fri. & Sat.: 12:45, 3:45, 6:45, 9:30 PM  
Sun.-Thurs.: 12:45, 3:45, 6:45 PM

**BOHEMIAN RHAPSODY PG-13**  
Fri. & Sat.: 1:15, 4:15, 7:15, 10:00 PM  
Sun.-Thurs.: 1:15, 4:15, 7:15 PM

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# Ambulance contract changes considered

BY THOMAS P. CALDWELL  
Contributing Writer

BRISTOL — Selectmen have not totally bought into the fire chief's ambulance billing proposal, and asked for more information before signing onto the agreement.

At issue is the fairness of allocating the Emergency Medical Services costs among participating towns on a per-call basis, which is the traditional method used by most Lakes Region communities. Some residents have suggested that Bristol is paying an unfair

proportion of the cost and that a more fair method would be to bill each town based on its population.

Fire Chief Ben LaRoche said he adjusted the formula to reflect the cost of this year's ambulance purchase, along with other in-

cidental costs such as cellular telephones that had not been factored into past years' fees. The ambulance replacement plan calls for a new purchase every six years so each of the two ambulances will be retired after a 12-year service period.

His plan would recover the cost of the new ambulance over six years, when it would be time to replace the older am-

balance. By that time the cost of ambulances is likely to be higher, and the annual allocation SEE **AMBULANCE**, PAGE A13

# Historical Society hosting program on historic hikes

NEW HAMPTON — On Tuesday, Nov. 13, at 7 p.m. at the Gordon-Nash Library, New Hampton, the New Hampton Historical Society will present "Hiking Historical New Hampshire: Five Destinations That Define New Hampshire's Past."

Our presenter, Gordon DuBois, local hiker and journalist for

the Laconia Daily Sun, will take you on five virtual hikes to places that have played a predominant part in the history of our state.

Most hiking destinations have a story to tell. Some in particular have an unusual and fascinating tale and a few tell of significant aspects of New Hampshire's past. In fact, they convey the

unique character of the Granite State. In some respects, this history has been lost with demographic and economic changes over the past hundred years. This program will bring you in touch with New Hampshire's history, through the photographs and stories from the trails that lead to the New Hampshire of yester-

day. Featured destinations are Mt. Whittier, Waternomee Mountain, Redstone Quarry, Livermore Village and Lime Kilns of Black Mountain.

NHHS programs are free and open to the public. Please join us. Light refreshments will be served along with fundraising items for sale.

# PSU students host new event aimed at fostering sense of unity with community

PLYMOUTH — This Halloween, PSU Communications and Media Studies students held the first ever Plymouth Unity Social Harvest (PUSH). The event, which was organized by seniors in Dr. Annette Holba's Senior Seminar course, aimed to create a sense of community between PSU students and Plymouth locals.

All the students dressed up in costume and handed out candy to trick-or-treaters making their way downtown. There was also pumpkin painting at the event and a cardboard cutout where kids could take pictures with their parents. Plymouth's mascot Pemi the Panther also made an appearance at the event.

This was the community project for the students' Senior Seminar. Their task was to create a project based around dialogic ethics and their role in building relationships and community. The students also hoped that this kind of event would break down some of the negative stigma surrounding PSU students.

Dr. Holba, referring to her students, explained, "They wanted to show the other side, in case people have negative feelings about Plymouth students. Because we always hear about the bad things, but we rarely hear about the good things that students do."

Students handled all of the logistics for the event. They were responsible for organizing, getting pumpkins, getting decorations, and getting all the other necessary materials. And that really is the main goal, to allow students to create something that impacts the community. They made something that won't just



The Senior Seminar class posing with Pemi the Panther.

be forgotten after it's turned in; they created something that people will remember.

In the end, the event turned out to be a huge success. There were more people than the students were expecting which meant there was a chance for real dialogue between the students and citizens of the town.

It may not be set in stone yet, but it's very

possible this event could return next year. At the very least, PSU

wants to have events similar to this one in the future.



Bristol Police Department's K9, Arro, joined in the Halloween fun last week by dressing up as a UPS driver.

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### NOTICE OF TITLE V PERMIT REVIEW PUBLIC HEARING AND COMMENT PERIOD

On August 23, 2018 the New Hampshire Department of Environmental Services, Air Resources Division (NHDES), published a public notice of its intent to issue, amend, or deny a Title V Permit to:

**Bridgewater Power Company, L.P.**  
Located At:  
300 Route 3  
Bridgewater, New Hampshire

The August 23, 2018 public notice specified the procedures for requesting a public hearing. A request for a public hearing was filed with DES in accordance with Env-A 621.06. The Director has granted the request for a public hearing and has scheduled the hearing for Thursday, December 13, 2018 at 6:00 PM at the Bridgewater Town Hall located at 297 Mayhew Turnpike (Rte 3A), Bridgewater, NH 03222.

The application and draft permit are on file with the Director, New Hampshire Department of Environmental Services, Air Resources Division, 29 Hazen Drive, P.O. Box 95, Concord, NH 03302-0095, (603) 271-1370. Information may be reviewed at the office during working hours from 8 a.m. to 4 p.m., Monday through Friday. Additional information may also be obtained by contacting Barbara Georgitsis at the above address and phone number. Written comments filed with the Director no later than Thursday, December 13, 2018 shall be considered by the Director in making a final decision.

Craig A. Wright  
Director  
Air Resources Division

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## CADY Corner

See "Beautiful Boy" at the Flying Monkey in November

BY DEB NARO  
Contributor

Addiction is defined as a chronic, relapsing disorder characterized by compulsive drug seeking and use despite adverse consequences. It is considered a brain disorder because it involves functional changes to brain circuits involved in reward, stress, and self-control, and those changes may last long after a person has stopped abusing drugs.

It's hard to pick up the paper or turn on the TV without reading or hearing about the drug epidemic we are experiencing in New Hampshire. New Hampshire has the third highest rate of overdose deaths in the nation, right behind West Virginia and Ohio. The human misery that drug abuse and addiction cause cannot be calculated. The most responsible, cost-effective, and humane strategy is to stop these serious and tragic situations from occurring in the first place.

"Beautiful Boy" is based on the memoir "Beautiful Boy" by David Sheff and "Tweak" by his son, Nic Sheff. The film is directed by Felix van Groeningen and produced by Jeremy Kleiner, Dede Gardner, and Brad Pitt. Actors include Steve Carell, Timothee Chalamet, Maura Tierney, and Amy Ryan.

Teenager Nicolas Sheff seems to have it all -- good grades, editor of the school newspaper, actor, artist and athlete. When Nic's addiction to meth threatens to destroy him, his desperate father does whatever he can to save his son and his family. Through the eyes of a father, he watches his son's struggle with the disease. The movie chronicles the heartbreaking and inspiring experience of

survival and recovery in a family coping with addiction over many years.

Director Felix van Groeningen writes, "When I first read father and son David and Nic Sheff's memoirs back in 2014, I was viscerally moved. David and Nic wrote from their personal experiences of living through recovery and relapses, but also the moments of life's joy, innocence, and love. They start out thinking that they have the tools to deal with Nic's addiction, to "solve" it. They don't, but they learn a lot along the way. As time passes, there are moments where control seems beyond their reach and they experience how the consequences of addiction affect every fiber of their lives...I hope this film helps people to feel and understand different points of view and might open the hearts and minds of the people who see it, as the Sheffs' story did for me."

"Beautiful Boy" is showing locally at The Flying Monkey Movie House & Performance Center located at 39 Main St. in Plymouth. This "R" rated film will show at 6:30 p.m. (Doors open at 6 p.m.) on Nov. 18, 19, 20, 21, 22, 25, 26, 27, and 28. Ticket prices are Adults: \$10; Seniors: \$7. For event information, call 536-2551 or email [fmboxoffice@thecman.com](mailto:fmboxoffice@thecman.com).

To watch a trailer, visit: <https://www.youtube.com/watch?v=E1CxZ6dhMds> or

<https://www.facebook.com/consequenceoffilm/videos/1690915950978130/>.

If you or someone you know struggles with addiction or substance use, call the New Hampshire Statewide Addiction Crisis Line at 1-844-711-4357 for help.

## PET of the Week Bailey

Introducing Bailey. She is a stunningly beautiful silver slate colored medium furred snuggle buddy that has been with us since May. Brought to us due to the health issues with her human caretaker, Bailey has been on the lookout for that special someone who will give her the love and patience of time to allow her to really blossom and reveal her loving personality. Bailey is a very discerning lady who knows what she wants, and at nine years old, it's what she deserves. As with most cats, her eyes

speak volumes and with Bailey as you see when you look into her expressive and mesmerizing moonlight colored eyes, that her tough girl look is an ultra sheer veneer to the sweet lovebug that is her true heart and soul. Content to find those soft and quiet places to nap and soak up the sun, Bailey is a queen and looks forward to being in that forever home where she will be adored and the focal point of her human attention and love. For more information visit, [nhhumane.org](http://nhhumane.org) or call 524-3252.



## Strategies for Living

On religion and government

BY LARRY SCOTT

"I recently learned," writes political commentator Glenn Beck, "that the United States government was actually trying to strip God out of a homeless shelter for previously incarcerated women struggling in Colorado. ...Marilyn Vyzourek, the woman who runs an organization called Gospel Shelters for Women, was told that she could no longer offer Bible studies at her shelter. ... Our government ... decided that the shelter's acceptance of two twenty-five-thousand-dollar federal grants made them subservient to their wills" (From David Barton, The Jefferson Lies, Location 62).

Marilyn Vyzourek, to her credit, refused

to back down from the government's demand and lost the grant. Why? In the government's view, to preserve the separation of church and state.

Many people believe that this concept goes back to the First Amendment to our Constitution. It does not! The First Amendment was never intended to be understood this way. To the contrary, the Amendment should have protected Ms. Vyzourek from governmental interference.

The Amendment simply states, "Congress shall make no law respecting an establishment of religion or prohibiting the free exercise thereof ...". Ms. Vyzourek should never have had a prob-

lem; the Constitution was on her side!

The "separation clause" is, actually, a recent concept. In 1947, the Supreme Court, in *Everson v. Board of Education*, made this statement:

"The First Amendment has erected a wall between church and state. That wall must be kept high and impregnable. We could not approve the slightest breach."

"Following this declaration, the Supreme Court -- and numerous lower courts -- began striking down religious activities and expressions which had been constitutional for the previous 150 years" (David Barton, *Original Intent*, p. 13).

The First Amendment was never meant

to be used this way. Our Founding Fathers were open to the influence of the Church. The Bible was used as a textbook in many of their early schools. What our early leaders did not want was for the government to have control over church affairs. But the secularization of our society has reversed the Amendment's original intent. To the Christian community, the results have been devastating.

The Bible has been removed from our classrooms and God has become a four-letter word. A new generation of children is emerging with little understanding of God and no familiarity with His Word. With-

SEE STRATEGIES, PAGE A13

## Newfound Landing

Proudly serving Alexandria, Bridgewater, Bristol, Danbury, Groton, Hebron, Hill, New Hampton and the surrounding communities.

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## Letters to the Editor

A win or a loss?

To the Editor:

Last week, we the voters were sold a bill of goods of an over-priced building that is too big and 30-plus years old, along with taking on more debt and no care about our seniors and less prosperous. The voters and employees will now get a second-rate facility when they could have had a beautiful brand-new brick building (wish I could insert pictures) that would have lasted easily 100 years. Our grandkids and their kids would have been proud and thankful for our foresight.

So many people left before voting at Bristol's special town meeting because of no seating and overcrowding. The decision to spend \$900,000 was decided by eight votes out of 219 votes cast. Why did Bristol's leaders not have the foresight to hold the special town meeting at the high school, where all our town meetings are held? Who knows -- maybe they wanted it to be unwelcoming and uncomfortable, and not want so many people to stay! The new building will not solve this overcrowding issue either. Lastly, Bristol could have had a larger turnout if they had put signs out earlier in the week rather than the actual day of the meeting, and when the one sign was setup to announce the meeting, it was unprofessional and was not setup until after 9 a.m., when people had already left for work.

Our leaders also lost sight of what debt does to a person and community. Debt "enslaves" you to the debtor, who wants their money plus interest. That additional cost of money (the interest) could have been used for salary increases and other town needs. Over ten years Bristol will spend more than \$141,000 in interest for the new town office. Bristol has a spending problem which they would rather buy now and go into debt than save and then buy.

Think about how low tax towns prosper. Gilford, for example, has a tax rate of about \$5, and their property values go up, and Bristol has a tax rate over \$8 and our values go down! Lower taxes mean higher property values, and the town is more desirable to live in. Lower taxes also mean our seniors and less wealthy do not have to sell their homes.

Well, on to the next tax problem, which is SAU4, Newfound Area School District (NASD). They are overtaxing us by \$3 million. Start marking your calendars now. Voters who want to lower their taxes need to come out to the school deliberative session on Feb. 2, 2019 and make a stand against the outrageous and uncontrollable school spending and the school board's obstinance of what the taxpayers can afford.

John Sellers  
Bristol

# A visit with a Party pollster leads to the Burying Beetle

When I wrote this piece I'd just got off the phone with a Democratic party pollster who wanted to know if I was going to vote Tuesday, and for whom (Polite answer: Yes, and I never answer such a question).

"Oh, I recognize your name from your columns," she said a bit further into the conversation.

I told her first, thanks for being a reader, and second, that one of the reasons I so love to write is that I get to tell stories that people otherwise might not hear.

Such is the case with what's most commonly known as the burying beetle, a member of the Nicrophorus clan, whose name belies its function in the smaller side of life we scarcely notice. But wait--I just

## NORTH COUNTRY NOTEBOOK

By JOHN HARRIGAN



used the phrase "more commonly known," which assumes that most people at least have a glimmer about beetles, which they might well not.

Admittedly, I would not know much about beetles either except for (a) lifelong experience with June bugs, (b) two encounters with rhinoceros beetles, and (c) once stumbling onto a turkey carcass in the woods.

June bugs are best known for actually appearing at least somewhere near the time of year for which they're named (allowing abundant leeway for latitudinal location, and the local meaning of the



INSECT IMAGES, JOSEPH BERGER

The burying beetle, known for helping Mother Nature recycle mice, voles and other small creatures.

word "spring"), and for bashing themselves against screen doors and windows. One of my clearest memories on this is sweeping up the gazillions of June bug on my shop floor after an all-night repair job on some piece of large machinery.

June bugs, by the way, disappeared from

my particular part of their habitat for several years. If this had been, say, deer or downy woodpeckers, there'd have been a public uproar, and scads of stories in the media. The June bug scarcity merited not a murmur.

The rhinoceros beetle, a member of the stag beetle clan, can best be described as "scare-your-pants-off" fearsome, and is known for turning, tank-like, to face whatever it perceives as a threat, which would be you, brandishing the heaviest piece of foot-gear you can find in a panic-stricken moment.

My first encounter featured a monstrous (my unscientific term) rhinoceros beetle that appeared on our bathroom floor in our apartment in Manchester, across the street from what everyone in town called "that beautiful little Wedding Park," which actually turned out to be a haven for teenage smoochers and Peeping Toms.

The female side of the family having dis-

covered the beetle, I was summoned to the scene by shrieks that even earplugs would not have damped. Accordingly, I grabbed the nearest piece of foot-gear (a slipper) and advanced to do my heroic best. The beetle simply shrugged off the blows and turned to face me with a demeanor, if beetles can have demeanors, that said "Is that your best shot?"

So I sought out a heavy boot. After several blows it did the trick, but if the same thing had happened now, in this alleged kinder and gentler era, I'd have live-trapped the beetle and released it, oh, perhaps in the Wedding Park.

I was introduced to the tomentos beetle story in Northern Woodlands. How anyone interested in anything at all beyond asphalt and concrete doesn't get this magazine is beyond me. As I've said, and which the magazine has shamelessly quoted me on ever since, if I had to throw out all of my magazines but one, the survivor would be Northern Woodlands.

I was already aware of undertaker-type beetles because of an accidental encounter while bird-hunting in Bungy. Now, doesn't that have a nice ring to it? Try it: "Bird hunting in Bungy." Anyway, I was on the way back, post-hunt and with two birds in hand, to Vickie Bunnell's house, where a sumptuous repast awaited us all, when I spotted movement in the scrub-brush below.

It was a turkey carcass, alive with some of the biggest-bodied beetles (next to June bugs) I'd ever seen. They were scrambling all over the carcass, seemingly pushing it to parts unknown.

The resourceful creature featured in Northern Woodlands was the tomentos beetle, a member of the genus Nicrophorus, more commonly known as burying, sexton, carcass or carrion beetles. The photos showed a couple of bugs busily burying a dead mouse, by digging a trench and then pushing the carcass into it.

As it turned out, the carcass they were clambering over and maybe even clamoring over was not from a wild turkey, which at that time we did not have except in the cupboard, but rather the result of oafish behavior by a crew having a good Holiday Weekend time of it in the camp just above.

But wait: "Oafish" might not be very fair. The carcass was, after all, eminently biodegradable, as witnessed, to quote famed ABC Sports producer Roone Arledge, up close and personal.

*(This column runs in a dozen newspapers covering the northern two-thirds of New Hampshire and parts of Maine and Vermont. Letters, with town and telephone numbers in case of questions, are welcome via campguyhooligan@gmail.com or Box 39, Colebrook, NH 03576.)*

## Obituary

### Robert Henry Curdie, 89

BRISTOL — Have you ever heard the story of Robert Henry (Bob) Curdie? Well, let us tell you...

Bob was a remarkable man who was loved, is missed, and will always be cherished. Bob was an amazing father, husband, businessman, and friend to countless who are blessed to have spent time with him, hearing a story and sharing a laugh.

Bob's story begins on April 3, 1929, the oldest child of Robert McMuldreich Curdie and Agnes (King) Curdie. Bob was born in Concord, where he spent his childhood with his cherished little sister, Joan E. Earnshaw. He graduated from St. John's High School in 1947, where he played basketball, baseball and football. While going to school, he worked nights at the Rumford Press, bringing home his sealed paycheck to his family each week. He joined the U.S. Navy in July 1948 and proudly served as the personal communications representative to the Commodore aboard the U.S.S. Rowe DD 564.

Bob kept the streets of Concord safe as a police officer, first as a patrolman and then, as detective on his return from the Navy. He met his first wife, Betty Jean, and soon after came little Robert, Kevin, David and Mary Beth. During this time, Bob found his calling in the insurance business. He was particularly proud of the fact that, despite having no education beyond high school, his business acumen and winning personality allowed him to rise quickly through the ranks, becoming a regional claims manager in record time at Firemen's Fund where he met his second wife, Elizabeth (Twaryon) Curdie. The two married in 1967 and welcomed their devoted daughters Stacey and



Stephanie shortly after. Fortunately for anyone who has ever been a contestant on Dancing with the Stars, despite Bob and Betty's incredible dance moves, they chose not to put every other dancer to shame by going for the title... but they could certainly cut a rug!

Bob was a sportsman who loved to hunt, golf, and fish in particular. He loved the North Country, and when he saw an opportunity to open his own agency, he headed to Bristol in 1982, where he made quite a splash as an active community member. In addition to being a business owner, Bob served three years as a Selectman and was also a member of the Zoning Board, the Planning Board, the Budget Committee and the Police Commission. In addition, he held the positions of Health Officer and Permit Coordinator, Zoning Administrator and Code Enforcement Officer and was President of the local Rotary and Lions' Clubs.

Bob was a professional sports fan - often switching channels between the Celtics and the Bruins or the Patriots and the Red Sox. (Bob watched sports like it was his job and arrived at the Pearly Gates in time to ensure a World Series win for the Sox.) All of Bob's grandchildren were the apple of his eye, but he played a special role in the lives of Hannah and Sam, who he helped raise.

"Grampy" loved to spend time babysitting and reading to the kids when he wasn't curled up with a good mystery himself, his faithful Cooper by his side. And while he wasn't a world traveler, Bob couldn't wait for his trips to Arizona to see his treasured niece, Sue Earnshaw. Bob loved breakfast at the diner with his son, David, football on Sundays with the family, and visiting with anyone who stopped by and had time for a story.

Loved ones whom Bob joins are his father, Robert; his mother, Agnes; his son, Kevin; and his in-laws, Vincent and Ann.

Loved ones who will miss Bob until they meet again include his loving wife, Betty; his daughters, Stacey, Stephanie and her spouse, Robert, and Marybeth; his sons, Robert, and David and his wife Shirley; his grandchildren, Samuel, Hannah, Amy, Robyn, Kristen, Steven, Jared, Mike, and Marcy; numerous great-grandchildren; his niece, Sue and her wife, Velna; his nephew, William and his wife, Melissa; and friends and colleagues too numerous to mention.

Calling hours will be from 10 a.m. to noon with a memorial service at noon on Saturday, Nov. 8, 2018 at Bennett Funeral Home, 209 N. Main St., Concord.

At Bob's request, in lieu of flowers, donations may be made to an education fund for his grandchildren. Donations can be made to: The Hannah and Samuel Walton Education Fund, care of your local TDBank.

Arrangements are entrusted to the Bennett Funeral Home of Concord. Fond memories and expressions of sympathy may be shared at <https://www.BennettFuneral.com> for the Curdie family.

*Covering the  
Newfound Lake Area &  
Surrounding Communities*

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## Towns

### Danbury

Donna Sprague  
huntoonfarm@myfairpoint.net

#### South Danbury Church

The South Danbury Church worship service on Sunday, Nov. 11, will be at 11 a.m., the regular time, with conversation and refreshments afterward.

Finishing touches are being made on the plans for the Holiday Happy Hour on Friday, Nov. 16, from 3:30 to 6:30 p.m. Stop by and warm up with a cup of mulled cider or cocoa, and an apple donut. Learn about local businesses and their wares. Chat with author Mary Lyn Ray, who will be selling and signing her books for children. Browse the handmade crafts and holiday items, plus pies and baked goods (doggie treats, too). And stock up on a wide variety of delicious homemade meals to go, and to freeze for future feasts. Donations of baked good, crafts, or holiday items will be gratefully accepted! All proceeds benefit the Church Preservation Fund.

#### Danbury Winter Market

Next Saturday, Nov. 17, is the second farmers market of November. Held from 9 a.m.-1 p.m., there will be around a dozen vendors at this third Saturday market...down from 20 for the first Saturday market. All the farm vendors plan to attend with some of the craft vendors having other commitments. Make your Thanksgiving festive with local foods and treats. Your support is necessary to have markets, farms and specialty food producers remain sustainable. Your health and your community with thank you.

#### Chicken Pie Supper

This Saturday, Nov. 10 is the grange's chicken pie supper. The menu is butternut squash from Autumn Harvest Farm, cranberry sauce, rolls and apple crisp. The pie is made using some vegetables grown in the grange's straw

bale garden. Served from 5 to 6:30 p.m., the price is \$9/adults. Eat in or take it out.

### Hebron

Bob Brooks 744-3597  
hebronnhnews@live.com

#### Veterans Day Program

The Town of Hebron and the Hebron Historical Society would like to invite everyone to gather on the town common Sunday, November 11, at 10:50 a.m., for our Veterans Day Program. We will be honoring all men and women from our area who have served in the US armed forces. The program this year will have special meaning because it is the 100th anniversary of the final day of WWI. Light refreshments will be available in the church basement following the program. All are welcome!

#### Hebron Area Women's Group

The Hebron Area Women's Group will be meeting on Thursday, Nov. 15, at the Hebron Congregational Meeting Room, at noon. Our guest speaker is Barbara Carpenter, who will demonstrate making decorative paper boxes for gifts. Our Hostesses are Barbara Stevens, Debbie James, and Sue Jackson. Please bring non-perishable goods for the Bristol Food Pantry. All area residents are welcome.

## Churches

### Ashland Community Church

Ashland Community Church is located at 55 Main St., on Route 3 in Ashland (across from Shurfine Market). Parking is available next to and behind the church.

Pastor Ernie Madden

Phone: 968-9464  
Email: accernie@hotmail.com

Website: ashland-communitychurch.com

#### Sundays:

9 a.m. - Early Worship Service, followed by coffee and fellowship in the church dining room.

10:30 a.m. - Contemporary Worship Service. Coffee and snacks are available in the back of the sanctuary before the service.

Toddler Zone (for infants - five years old) and KidZone (for K-6th grade) are available during the Contemporary Service.

Special Needs Class - For teens-adults at the Contemporary Service. Participants meet in the sanctuary for singing, and are dismissed to their class at approximately 10:45 a.m.

#### Kidzone:

Debbie Madden leads the K-sixth grade class. Kids will love the great videos and games that teach age appropriate lessons in a loving atmosphere.

#### Alcoholics

**Anonymous Group:** Monday's at 8 p.m. in the church dining room.

It is our desire to help you understand God's incredible grace, mercy and love. We believe that you will love Ashland Community Church. We are a friendly, loving, and caring church that studies and shares the word of our dear Lord and Savior.

Our Vision is to become a church that unchurched people will love to attend.

Our mission is to lead people to live and love like Jesus and to help others to do the same.

If you have any questions please don't hesitate to contact Pastor Ernie Madden at any of the contact information above.

#### Real Church, Real People, Real Simple

We look forward to seeing you on Sunday, and remember to just come as you are.

No perfect people allowed!

### Bristol United Church of Christ ("the Church on the Hill")

#### We are handicapped accessible!

Our doors are always open wide to all those seeking to find a safe, but invigorating place for spiritual life, growth, fellowship and service. Wherever you are on your spiritual journey, you are welcome here!

#### Sundays

Pastor: Rev. Andrew MacLeod

Intergenerational Service: 10 a.m.

Coffee Fellowship: Following service

Sunday School: 10 a.m.

Notes: Wheelchair accessibility can accommodate up to three wheelchairs in our Sanctuary!

Location: P.O. Box 424, 15 Church St., Bristol, NH 03222

Phone: 744-8132

#### Office Hours:

Main Office - Monday through Friday - 9 a.m. to noon

Pastor's hours: Monday through Thursday - 9 a.m. to noon and other times by appointment

Rev. Andrew's Home Phone: 217-0704

Email: pastorbucc@myfairpoint.net

#### Weekly Events

Mondays: A.A. Step meeting - 7:30 p.m.

Bible Study - 7 p.m.

Tuesdays: Bone Builders - 9:30 a.m.

Senior Crafts: 9:30 a.m.

Senior Luncheon - Noon

AA Discussion - 8 p.m.

#### Wednesdays

Morning Reflections, formerly led by Don Sorrie, will continue through the month of November with Rev. Andrew moderating.

We are presently gathering at 7:30 a.m. on Wednesday mornings in Fellowship Hall. Coffee is provided. Come join us!

Fridays: Bone Builders - 9:30 a.m.

#### Monthly Events

WIC (Women/Infant/Children) Clinic - 2nd Monday at 8:30 a.m.

T.E.A. (Time, Encourage, Accept) - for Women

3rd Tuesday at 4 p.m.

They will continue to meet for the months of November and December. Meeting place varies.

Women's Fellowship - Next meeting - Thursday, Nov. 15 in Fellowship Hall at 10 a.m.

Some of our members are continuing with the creation of small crafts that will also be available for sale at the Christmas Bazaar on Saturday, Dec. 1. Next craft meeting will be on Mon., Nov. 19 downstairs in the church at 11:30 a.m. Bring a sandwich and come for craft and/or fellowship!

Choir rehearsal continues at 4 p.m. every Wednesday.

#### Ongoing

Bristol Community Services is in need of soups, spaghetti sauce, baked beans, canned veggies, Chef-Boyardee type meals, jelly, spaghetti, tunafish and canned fruits. Please help if you can!

#### Events

Our next monthly church supper will be held on Nov. 10 in Fellowship Hall, boasting an awesome pot roast dinner! Be sure not to miss!

Adults \$9. Children \$4. Serving 5:30 to 7 p.m.

Take Out Available: 744-8132

Ukelele players wanted! Christian Ed. And Music Committees have started up a ukelele band. We have several interested brave souls, and are looking for more!

The band is getting together once a week on Wednesdays at 8:30 a.m. in Fellowship Hall for lessons and practice, and once they feel comfortable about playing, they

will share their music with the congregation. If you are interested, please contact Debbie Doe.

Rev. Andrew has indicated that several people have approached him with interest in meditation as a self-care practice. Please contact him if you are interested in having a weekday program for meditation. It's possible the group could meet and learn and practice a different meditation technique at each session.

Remainder of the hour would be for quiet, individual meditation in whatever style works for you. Based on interest, we will then proceed to scheduling.

B.U.C.C. cooperates with other churches and community organizations to serve the needs of all people who live near us. Our reach extends around the world through our work with other members of the United Church of Christ!

### Episcopal Churches: Holy Spirit, Plymouth St. Mark's, Ashland

This is a shared ministry between Holy Spirit and St. Mark's. We've had a lot of rainy and cloudy days lately. It doesn't look like we are due for a change in weather for a while. It would be good if the ground is able to freeze before the snow flies!

#### Book Study:

#### Crazy Christians

The last book study session will be Wednesday, Nov. 14. We will be discussing the last few chapters from Bishop Curry's book, Crazy Christians, from 5-6 p.m. in the Senior Lounge of Weld Hall, Holderness School. The discussion has been animated and most interesting.

#### Caregivers

#### Support Group

Would you like some support as a caregiver? Caregivers Support Group is a place you can meet with others to find that support. Held at the Plymouth Regional Senior Center, this group meets from 12:30 to 2 p.m. on the third Wednesday of each month: Upcoming dates include Nov. 21 and Dec. 19.

#### Service Project:

#### Diaper Drive

Our community Service Project this month will be a Diaper Drive for New American Children. We did it last year and it was a huge success. The parents shared their gratitude with us over and over again. As always, there will be a box at each worship space for donations.

2018 Spiritual Retreat Day

The Recovery Ministries of the Episcopal Church of New Hampshire is hosting a Spiritual Retreat Day on Nov. 10 from 9 a.m. to 2:30 p.m. at Grace Episcopal Church, 30 Eastman St., East Concord, NH. This retreat will provide an opportunity for prayer, contemplation, and fellowship for those affect-

ed by addiction. Registration is \$20/person and lunch is included. Scholarships are available. Please contact: Susan Ackley at 968-7952 to register.

#### Shared Ministry Services

Sundays 8 a.m. at Griswold Hall, 263 Highland St., Plymouth and 9:30 a.m. St. Mark's Church, 18 Highland St., Ashland

#### Office Hours

Tuesday 10 a.m. - 1 p.m., Wednesday 9 a.m. - noon, & Thursday 9 a.m. - 1 p.m.

### Holy Trinity (Roman Catholic)

Construction on the Holy Trinity Christian Life Center is progressing pretty much on schedule. The basement is finished, but the concrete slab has taken longer because of the rain. The old hall has been demolished. The gates to St. Matthew lot will have to stay closed for the time being because the exterior and interior walls will be stored in the lot until they are installed. The university has generously allowed us to use the lots on both sides of High St. where they intersect with Langdon. It is very important that you don't park on Langdon on the left hand side (the side across from the church) as you will get ticketed. Parking is still allowed on the right hand side of Langdon, as well as the lot right across from the church.

The Day Away program provides their caregivers a much-needed respite and relief from constant care and responsibility every Thursday from 9 a.m. to 3 p.m. For the participant, activities include games, crafts, sing along, bingo, local entertainment etc.

Volunteers are needed from 8:30 a.m.-noon or 11:30 a.m.-3 p.m. Contact Sandra Coleman RN, BSN by email sjrhett@roadrunner.com or call at 536-6304 for more information.

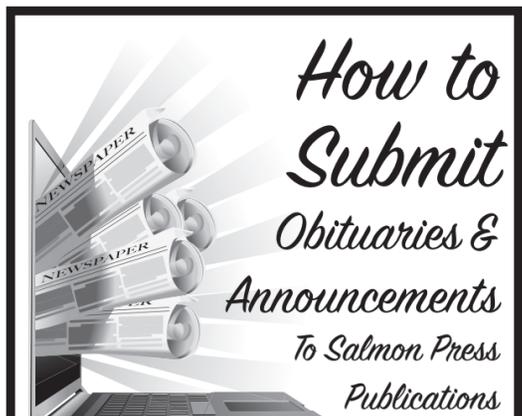
We are in the middle of updating our database. If you have had a change of address, phone number, email, or marital status, or if you have children that are no longer living at home, please forward that information to Christine at holytrinitybristol@gmail.com.

### Restoration Church, Plymouth (Assemblies of God)

Greetings from Restoration Church Plymouth, located at 319 Highland Street, Plymouth, NH 03264. If you do not have a home church we invite you to come and join our warm and friendly family here at Restoration Church. Please feel free to contact us at hello@restorationchurch.cc.. Our church phone number is still the same, 536-1966. Our schedule has changed to the following:

Sunday: 10:30 a.m. Morning Service

Monday: First and SEE CHURCHES, PAGE A7



*How to Submit Obituaries & Announcements To Salmon Press Publications*

**Obituaries and Announcements** of special events such as weddings, engagements, and anniversaries are published **FREE OF CHARGE** in any/all Salmon Press newspapers.

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*Photos are also welcome, but must be submitted in jpeg format.*

*Please contact Executive Editor*  
**Brendan Berube at (603) 279-4516, ext. 111**  
*with any questions regarding the submission process.*

# A new look and new class schedule for Artistic Roots!

PLYMOUTH — Artistic Roots has a brand new awning in the front of the store installed by Awnings New Hampshire of Meredith. Knowing that we were a non-profit, they donated some of their work and materials to make it happen for us. We appreciate it so much! This is phase one of making the outside sparkle! We will be working on our signage next, so keep an eye out for the rest of our new look.

## Free classes

We have some free classes happening this month. Polly Bartlett will be supervising Fiber Sundays from 2-4 p.m. at the gallery. She has weavers, spinners and knitters working together on Sunday afternoon. Suzan Gan-

nett is offering a Turkey Puppet Making Class for children on Saturday, Nov. 17 from 10 to 11 a.m. Students will be lacing puppets together, cutting out, and gluing on eyes, beak, waddle, and of course, the tail. Please sign up for the class by calling the gallery at 536-2750 or visiting the Web site, [www.artistic-roots.com](http://www.artistic-roots.com).

## Class schedule

Suzan Gannet will be offering two series of watercolor classes. The evening classes will meet on Nov. 1 and 15 from 5-7 p.m., and the theme will be "Barns in Autumn." You can attend the series, or just one. The daytime classes will be offered on Nov. 13 and 20 from noon to 2



Phase 1 of our facelift. Keep an eye out for the rest of our new look.

COURTESY

## Local art pop-up shop coming to Plymouth

PLYMOUTH — More than 30 local artists are coming together for two days on Main Street in downtown Plymouth to share their art at the Third Annual Local Art Pop up Shop. There will be live music every day all day with the Midweeklings kicking off our opening night from 6-9 p.m. and Sly Richard on Saturday night from 5-8 p.m.!

There will be a silent auction with 100 percent of the proceeds benefiting voices against Violence. Come bid on some great items and help a good cause, learn more about what Voices does and how you can help us to build a violence free community. The auction winners will be announced on Saturday at Noon! You do not need to be present to win!

We are very excited to say we have more than

14 brand new artists in the pop up shop this year as well as some old favorites! Including the Rumney Kindness Rock Project, some award winning artists, metal artists, pottery, jewelry and more. Stop by and see what's new and who is creating art in your neighborhood.

On Saturday from 3-5 p.m., there will be Face Painting with Stacey Lucas, Beyond the Bubble will be here Saturday only and we will have live music with Leah Cordero! We will announce the Voices against Violence auction winners at noon!

Come and bring your family- Join the community to see what kinds of creative people live among us and how you can help make our community a safer and better place. We look forward to seeing you!

p.m. The theme of this series is "November Landscapes and Still

Life." The cost of individual classes is for members \$25, and for

non-members, \$30. The cost for one series is \$45 for members and

\$55 for non-members. All materials are provided.

Jayden Gaulocher-Bergman will offer two different needle felting classes. Needle felting Gnomes is on Nov. 10 from 10 a.m. to noon. The cost of the class is \$25 for members and \$30 for non-members. His Pumpkin Pin Cushion Class will be held on Nov. 17 from noon to 1:30 p.m. The cost of the class is \$20 for all.

Lynn Haust will offer her Sun Catcher fused glass class on Nov. 29 from 5 to 7 p.m. You will learn to cut glass, use fruit, and glass paint. Class cost is \$25 for members and \$35 for non-members.

## Scholarships

Scholarships are available for all classes upon request. If you wish to take a class, contact Suzan Gannet at [suzangannet@gmail.com](mailto:suzangannet@gmail.com). All are welcome to request this accommodation.

## Compassion fatigue: What family caregivers need to know

BY MARTHA SWATS

Owner/Administrator

Comfort Keepers

### Knowing the Limits

Caring for others is often driven by motivations of love and understanding. It's not uncommon for family caregivers to initially feel that their capacity for helping those they love is nearly limitless. From taking care of finances and managing medications to preparing meals and cleaning, there's certainly a sense of fulfillment that comes along with assisting a loved one. But many find themselves going through the motions of caring without taking time out to focus on

their own needs – often to the point of physical and emotional exhaustion. As a result, family caregivers may feel something they've never experienced before: decreased empathy. This condition is known as compassion fatigue.

In decades past, compassion fatigue was seen primarily in healthcare professionals. This should hardly come as a surprise considering the profession involves constantly helping patients who are suffering or experiencing diminished quality of life. But as the country's aging population continues to grow, there are many family caregivers who are left feeling much the same way.

In addition to the lower threshold of empathy, family caregivers experiencing compassion fatigue may feel the following:

- Exhaustion (physical and/or emotional)
- Feelings of dread or guilt
- Irritability, anxiety, or anger
- Difficulty sleeping
- Difficulty making decisions
- Feeling disconnected
- Trouble finding meaning in caregiving
- Self-isolation

The Compassion Fatigue Awareness Project notes that the worst symptom of compassion fatigue is denial because it prohibits family caregivers from examining the feelings associated with their caregiving situation. And if ig-

nored for an extended period of time, family caregivers may begin to feel resentment toward their loved one, ultimately leading to a communication breakdown and strained relationship.

Outside relationships suffer as well. In a collaborative research study with the Stanford Center on Longevity, Comfort Keepers, and ClearCare, it was indicated that those responsible for a loved one with a severe illness experience poor emotional wellbeing because of their inability to properly maintain their social lives. The results of the study highlight the increasing need for family caregivers to not only acknowledge their compassion fatigue, but also take steps toward self-care. Doing so can certainly help the family caregiver, but it will also help mend the relationship with their loved one.

### What to Do Next

Below are a few steps that family caregivers can take to com-

bat compassion fatigue and get back to feeling positive about caring for their loved ones.

Understand the common signs of compassion fatigue (listed above) and acknowledge them if they occur.

Practice a self-care regimen that includes a balanced diet, regular exercise, and consistent sleep.

Carve out time to spend with friends and maintain social connections.

Find a caregiver support program, either in the community or online.

Document your thoughts and feelings related to caregiving in a journal.

Choose healthy activities during your downtime (e.g., go for a walk, meditate, or practice a favorite hobby).

Discuss your feelings with a counselor or therapist.

### Comfort Keepers® Can Help

Caring for others, especially those who have been instrumental in your life, can be challenging. SEE COMPASSION, PAGE A13

## Churches

FROM PAGE A6

third Monday of the Month

Noon-2 p.m. Helping Hands Food Pantry

Friday: Second Friday of the month

6 p.m. Food, Fun, Fellowship

On Sunday, Nov. 5, 2017, we officially launched as Restoration Church Plymouth. More details about this service will be included in the next article. We also started a new series entitled, Stories. We will be continuing this series this week as well. We have our own worship team during our services in our auditorium and then we watch as a Pastor Nate Gagne preaches via video during our service.

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Sarah Dan Jones, Music Director and Choir

Rev. Manning is a member of the Unitarian Universalist Society for Community Ministries and the Co-convenor for UU Women and Religion. In the religious world, "Twinkle" is an interfaith minister, retreat leader, poet, and liturgist. In the secular world, she is an award-winning television producer, development director, and book publisher.

Religious Education – Who are we, as UU's with memories? (UU History)

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# THE REAL REPORT

RECENT REAL ESTATE TRANSACTIONS

Town	Address	Type	Price	Seller	Buyer
Alexandria	Cardigan Road	N/A	\$26,933	Christopher Keppelman (Trust)	Keith S. Leary
Alexandria	1336 Washburn Rd.	Mobile Home	\$116,100	Harold E. Loveless and Onemain Financial Services	Onemain Financial Services
Ashland	162 Main St.	LP Tank	\$850,000	Paradigm Developers LLC	HEG 162 Main Street LLC
Ashland	176 N. Ashland Rd.	Mobile Home	\$152,533	Timothy W. and Lori A. Cushing	Devon M. McCord and Linda D. Downes
Bristol	107 Gallahad Lane	Single-Family Residence	\$264,000	Donald B. Freeman (for Freeman RET)	Marc G. and Susan M. Dorvilliers
Bristol	154 Lakeside Rd., Unit 154	Condominium	\$335,000	Kevin A. and Deborah L. Morse	Brian and Judith Labelle
Bristol	25 Rd Fox Rd., Unit 14	Condominium	\$150,000	Elizabeth A. Sullivan	Pamela and Jerome Sullivan
Bristol	Upper Birch Drive	Residential Open Land	\$33,000	Harold D. and Janet E. Rice	Bruce J. and Diane R. Petell
Bristol	N/A (Lot 10-3)	N/A	\$95,000	Karen J. and Kevin J. Binette	Adam Eberhardt
Campton	60 Sunset Circle	Mobile Home	\$15,000	Joanne Peterson	Douglas S. Barnum
Dorchester	1837 N. Dorchester Rd.	Single-Family Residence	\$172,000	Mary E. Kahn	Hannah B. Brown and Eric L. Downing
Groton	744 N. Groton Rd.	Single-Family Residence	\$232,000	Thomas V. Blown	Judy P. Krzak
Hebron	12 Birchwood Dr., Unit A	Condominium	\$280,000	Raymond F. Norton (for Norton 2013 Fiscal Trust)	Christopher S. and Beth A. Bagg
Hebron	Wade Road	Residential Open Land	\$118,400	Parker B. Albee	Red & Orange Leaves LLC
Holderness	Westmind Drive	N/A	\$260,000	Leslie A. Nicola	Robert P. Bourque (for Patricia & R. Bourque Fiscal Trust)
Holderness	40 Westwind Shores Rd.	Single-Family Residence	\$467,000	William V. Maloney, Jr. (Trust)	Brian P. and Sarah F. O'Connell
New Hampton	565 Coolidge Woods Rd.	Single-Family Residence	\$264,000	Andrew T. and Heidi L. Robertson	Elizabeth A. O'Toole and Brett Newman
New Hampton	309 NH Route 104	LP Tank	\$1,300,000	Paradigm Developers LLC	HEG NH Route 104 LLC
Plymouth	28 Eagle's Nest Rd., Unit 28	Condominium	\$252,000	Sharon F. Fearey (for Morton L. Fearey 2012 Trust)	John and Donna Decareau
Plymouth	347 Fairgrounds Rd.	Warehouse	\$64,200	Gregory T. Hood	Thomas J. and Sandra M. Hughes
Plymouth	Route 25	N/A	\$505,000	Paradigm Developers LLC	HEG 366 Tenney Mountain
Plymouth	Route 25	N/A	\$505,000	Paradigm Developers LLC	HEG 374 Tenney Mountain
Rumney	E. Rumney Road	N/A	\$38,800	Daniel Hunter	Gregory D. Davis
Rumney	N/A (Lot 12)	N/A	\$16,000	Gayle J. Fulk and Janet S. Henry	Edwin E. Sanborn
Thornton	56 Holland Trail	Single-Family Residence	\$270,000	Rupert A. and Kimberly J. Richardson	Kenneth J. and Cynthia A. Winne
Thornton	6 Mithcell Rd.	Single-Family Residence	\$151,200	Samantha L. Diemand	Rebecca R. Golding and Gerald Allain
Thornton	2 Remington Rd.	Single-Family Residence	\$460,000	Stephen Macera	Bernard and Colleen Hoar
Thornton	70 Star Ridge Rd., Unit 28	Condominium	\$139,000	Cathy M. Foster	Katherine Canning (for Ruth B. Johannis IRT)
Warren	Swain Hill Road	Residential Open Land	\$45,000	Ryan and Stacie Mosher	Christopher A. and Joanna C. Suprock
Waterville Valley	28 Bear Brook Lane	Single-Family Residence	\$615,000	James S. and Carol A. Peltier	Timothy F. and Jessica H. Collins
Waterville Valley	Golden Eagle Lodge Condo Unit 434	Condominium	\$129,000	Carol S. Ham (for Sosman Fiscal Trust)	Donald A. Mason
Wentworth	232 Cheever Rd.	Single-Family Residence	\$190,443	Barbara Martin and US Bank NA	US Bank NA Trust

## ABOUT THE REAL REPORT

Here are recent real estate transactions in Alton and the surrounding areas. These sales summaries are informational only, not a legal record. Names shown are

usually the first listed in the deed. Sales might involve additional parties or locations. Prices are usually based on tax stamps and might be inaccurate for public agency sales. Refer to actual public documents before forming opinions or relying on this information. Additional publicly recorded information on these sales, prior sales and

data from Department of Revenue Administration forms is available at [www.real-data.com](http://www.real-data.com) or 669-3822. Copyright 2011. Real Data Corp. In the column "Type": land= land only; L/B= land and building; MH= mobile home; and COND=condominium.

# MARK ON THE MARKETS



BY MARK PATTERSON

There are certain times that I will invoke the use of a fixed index annuity or indexed universal life policy that have a certain crediting strategy that appears to be almost too good to be true. The indexed annuity or the indexed universal life may be beneficial in certain portfolios for a portion

of an overall strategy. If a client is looking for income or wants to place an amount of their money in a vehicle that can grow without equity market risk, a fixed indexed annuity may be a good fit. An indexed universal life policy may be a great addition to a portfolio if you want a death benefit, with potential cash accumulation and maybe some chronic illness benefits. What most fixed indexed annuities and indexed universal life policies have in common is a crediting strategy that allows

## Moving parts

for growth that is in relation to an equity index, i.e. the S+P 500 that is capped on the

upside but usually has a floor of zero for losses. The client has no market risk regarding

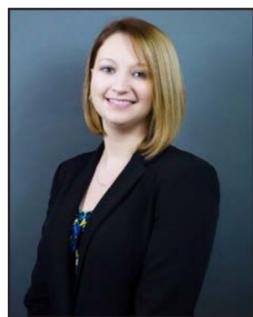
losses. When I explain this to clients, the next question is "How can they do that?" The an-

swer sounds very technical but is quite simple. First off, all this is

SEE **MARKETS**, PAGE A13

## Leone, McDonnell & Roberts CPA joins PSU Business Advisory Board

PLYMOUTH — The Certified Public Accounting firm of Leone, McDonnell & Roberts, PA is pleased to announce that Senior Accountant Kim McLaughlin was recently invited to join the Plymouth State University (PSU) Business Advisory Board.



COURTESY PHOTO

**Kim McLaughlin** ment activities or educational events," said McLaughlin. "Helping the students fully engage in the college experience is so important. I enjoy offering my assistance to ensure students are prepared for their careers after graduation, just like I was."

McLaughlin is a 2015 alumna of PSU, graduating summa cum laude with a Bachelor of Science in Accounting and a minor in Professional Communication. Involved in a variety of student educational and recruitment activities since graduating from the university, Kim was recruited by one of her former accounting professors to take part on the Board. "I've always enjoyed traveling back to Plymouth whether it be for student recruit-

The PSU Business Advisory Board works with the faculty and staff to recognize and address the needs and challenges of students, SEE **MCLAUGHLIN**, PAGE A13

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DONNA RHODES

A coven of witches took over in downtown Bristol last Wednesday with a flash mob dance that surprised all who were on hand for the Halloween festivities this year.



DONNA RHODES

Before heading off into the night, the witches of Newfound gathered for a group photo in Central Square on Halloween.

## Halloween

FROM PAGE A1

ly held up to film it all as well and all around the square words like “Awesome,” “fantastic” and “incredible” could be heard.

“I was wondering why there were so many witches walking around the square today,” said one woman as she joined the crowd to watch the dance.

A group of approximately two-dozen women had been secretly rehearsing their dance moves for several weeks leading up to Halloween. Each wore elaborate witches’ costumes and professional make-up as they wow-ed the

crowd and set the tone for a night filled with fun for kids of all ages. Adults included.

Once the dance ended, everyone spread out across downtown for trick-or-treating where even the business owners got into the spirit of the night. Giant turtles and frogs, Mr. Mario, a Hippo, gypsies and more greeted boys and girls along the sidewalk as they made their way around the square and up to the Mason’s Lodge. Parents also donned costumes and some families even dressed up with a theme, like Little Red Riding Hood.

“Why not dress up with the kids? It’s one night for us all to go out

and have a good time together,” a local mom said.

At Tapply-Thompson Community Center the Haunted Basement was ready with some thrills and chills, while stationed on the green in Central Square, Bristol Fire and Police Departments had candy and glow sticks for the little ones. Throughout the evening the Bristol Lions Club also offered free hot chocolate and coffee for all along with sales of hot dogs, burgers and fries.

As for the witches, they flew off into the night with gleeful cackles, plotting a return someday to Central Square.

## Proceeds

FROM PAGE A1

previous record.

Other trivia tidbits she and co-director Bob Watson shared were that runners last month came from 32 states and four different countries, including Demark and Brazil, and this year also included a 12-year-old as the youngest runner in the challenging Half-Marathon.

Schaffner said feedback from race participants was wonderful for the 2018 event and read a few of the many emails the board received. Each contained praises for the course, for the beauty of the area, the friendly community atmosphere, the race organization, and the helpful volunteers who made the day a

success.

“Such a great race — volunteers are awesome, and it benefits local kids. What could be better? Thanks for putting on such a terrific community event,” wrote one pleased participant.

Another said, “From the start to the finish, the staff and volunteers were awesome. Very friendly and helpful. Highly recommend this race for that small town feel and welcome.”

Schaffner then looked around the room and said, “Do you recognize a theme here? You are awesome!”

On hand to present the checks to the three non-profit groups last weekend were Joel Lloyd and Peg Donaldson of Hanaforads, this year’s Title Sponsor for the N.H. Mar-

athon.

“This race could not happen without the support of our community, our sponsors and the many volunteers that participate. The N.H. Marathon Race Committee want to say we appreciate you all and give you a sincere thank you,” Schaffner said.

## Dog Rescue

FROM PAGE A1

when Guinness unexpectedly slipped off a steep banking.

“I turned around, and his hind feet slipped, and there he went,” said Thayer as rescue crews set up just before sunset. “I saw him go over and there was nothing I could do.”

## Building

FROM PAGE A1

to create a basement area and purchasing property behind the building for additional parking — while turning the Municipal Building into a police station, with the appropriate upgrades.

Two and a half years ago, voters rejected a \$52,000 proposal to do an operational study of the police department and develop architectural drawings to expand the town offices and police department. The article was amended to form a space needs committee to look into the town’s needs for the next 25 years and to propose a solution.

At this year’s March Town Meeting, based on the space needs committee report and recommendations, selectmen proposed a \$2,650,000 solution that would involve building a new town hall and renovating the current building for the police department. Selectmen moved to table that article, however, after learning that LRG-Healthcare had decided to shut down the Newfound Family Practice office, asking instead for time to look into the possibility of purchasing the building.

Voters agreed to wait and also voted to reduce the budget and not put away as much money in capital reserve funds in anticipation of the possibility that the town would be able to buy the building later in the year.

### Single-item warrant

The special town meeting on Nov. 1 gave voters the opportunity to decide whether the purchase of the building at the negotiated price of \$335,800 and make \$563,837 worth of renovations and related expenditures, for a total appropriation of \$899,637. Selectmen proposed applying \$250,000 from the town’s unexpended fund balance and borrowing \$649,637.

The interest generated through public tours and letters to local newspapers brought a standing-room-only crowd to the Old Town Hall for the discussion. With 219 voters casting ballots, the attendance exceeded

the regular March Town Meeting, when 165 people cast ballots.

Moderator Edward “Ned” Gordon opened the meeting but, because he had served as chair of the space needs committee and wanted to speak in favor of the article, he appointed his daughter, Atty. Dorcas Gordon, to conduct the meeting.

“This is not an Ivanka arrangement,” she assured the voters as she took over.

Rick Alpers, chair of the Bristol Board of Selectmen, praised the high turnout “for what I feel is an important decision on an issue that goes back 25 years.”

Alpers said it is in the town’s best interest to not only purchase the downtown property but to “do as much as possible now” to renovate the building so that, when the staff moves in, they will not be faced with the disruption of future renovations.

“I truly believe this is the right thing to do,” he said.

Many people who spoke said they supported the purchase, but questioned the extent of the renovations. Others questioned the layout and the need for a large meeting room. Some argued the building was simply too old (30 years) and too large to properly serve the town.

Some objected to the article because neither the selectmen nor the architect and engineering firm could say how much would be saved by making specific changes to the plan. The work has not yet gone out to bid and cost estimates are general at this time.

The fact that the purchase would take another property off the tax rolls also riled some voters, who pointed out that the town now owns the former Millstream restaurant property, the Smith lot next to the Bristol Municipal Building, and the former tannery property, among others. Alpers confirmed that the professional building had generated about \$12,000 per year in tax revenue from LRGHealthcare.

An advantage of the purchase, in addition to having a central location for the town offices and

an easy-access meeting room that can accommodate elections, is the building’s proximity to the Old Town Hall on Summer Street. While the Old Town Hall has been recently renovated for public functions, some residents find it difficult to climb the sidewalk leading to it. Those who do use it often use the professional building parking lot and, if the town owns it, people will continue to have a place to place to park when going to either building. They might lose that access if someone else purchased the property.

Alpers said there also is a possibility of designating spaces there to serve downtown tenants who have no place to put their cars during the winter parking ban.

Resident Lloyd Belvin declared, “I’m the cheapest guy in town, but I think we should buy the building.”

However, he said, the town should put off the renovations until the March Town Meeting, when voters know how much the school budget will be.

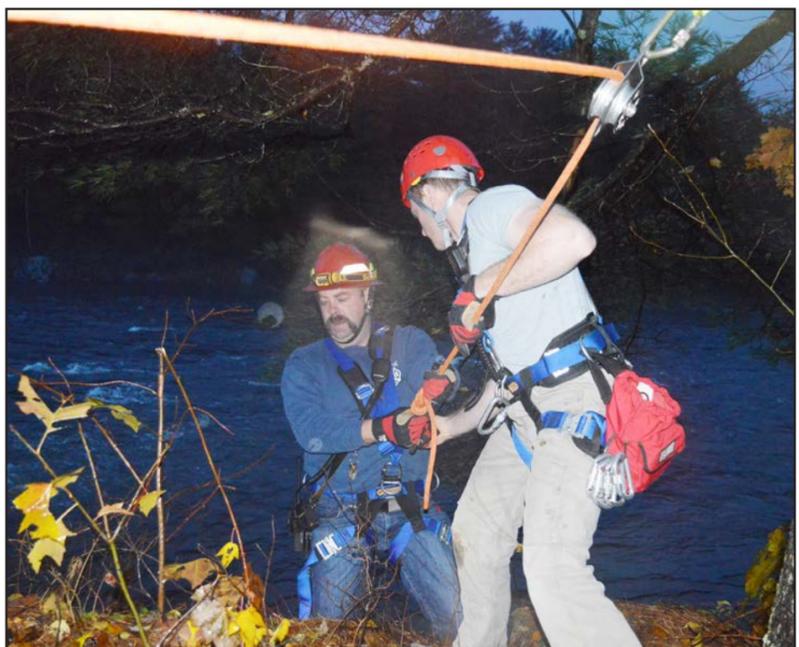
John Sellers said the town could build a more attractive building at less expense, and argued that the excess space in the building would result in the town hiring additional employees to fill it.

Ned Gordon said the town has found that it cannot build a new building for less money.

Paul Simard challenged the space needs committee’s findings, saying the needs have changed in the last two years, and he urged the town to start over with a new space needs study.

Former selectman Burt Williams said he had come to the meeting prepared to offer an amendment that would reduce the figure by \$50,000, but after hearing the discussion, he supported the article as written.

Ned Gordon said after the meeting, “I thought the amount [for renovations] was pretty rich, and have some questions about the design, but it would be a terrible shame to lose that building. If it had to be all or nothing, it’s better to be all than nothing.”



DONNA RHODES

With crews and safety ropes securely in place, Rob Glassett and George Clayman of BFD carefully lowered over a ledge on the Newfound River to rescue Guinness, a 13-year-old lab mix who slipped and fell to the river’s edge last weekend.

Thayer didn’t have a phone on him that night but luckily some high school-aged students were out for a walk along the river as well. They did have phones available and allowed him to call 911 for help.

The location for the incident was down off the new walking trails, inaccessible by vehicles, but the men and women who responded to the call quickly transported their equipment to the scene. As they assem-

bled rescue ropes, Rob Glassett and George Clayman of BFD prepared to go over the ledge. Others suited up for a water rescue should it be necessary.

Guinness most fortunately was able to SEE **DOG RESCUE**, PAGE A13

# HOLIDAY CRAFT FAIR

## SATURDAY NOV. 17th 9AM-3PM

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## Markets

FROM PAGE A9

done in the insurance companies “Hedging” office or whatever firm they use to hedge for them. Typically, not always, the insurance company takes your premium dollars, let’s use \$100 as an example. Using approximate dollars, the first \$95 is invested in investment grade corporate bonds for the insurance companies benefit. Another \$2 is paid in expense for the policy, like administrative, commission to agent, para-med exams if it was a life policy. The last three dollars goes toward an option contract that will go towards the index cap and crediting strategy that you chose. You must understand that a variable contract, whether it is annuity or life, is a totally different structure that I do not advise for my clients because I do

not believe it is the best option available. Variable contract’s typically do not protect the principal, have market risk and high fees. The “guaranteed benefit base” addition is mostly mis-understood by the client and not explained by the agent or broker.

Having been a manager and trader of a fund that uses options and futures hedging strategies, I can guess that they are using a spread strategy and buying a call option at the strike price of where the index is trading when you fund the policy, and selling a call at the upper limit of your index cap. The sale of this call option funds a portion of the purchase of the more expensive “near the money” call. It sounds confusing, but when you do that on a regular basis, it is one of the simpler option strategies that portfolio managers employ

while managing money.

The insurance company is invested very conservatively; the client gets the capped upside to the index that they have chosen with no market risk. But there are many moving parts that must be evaluated that makes a policy good for the policy owner vs. the agent.

This part seems simple, and it is. An annuity that has “income” features or a life policy with its death benefit is the part of the insurance company’s strength and expertise that involves actuarial science and the law of large numbers along with proper assets in reserve to pay these death benefits.

*Mark Patterson is an advisor with MHP Asset Management and can be reached at 447-1979 or mark@mhp-asset.com.*

## Ambulance

FROM PAGE A3

tion would be adjusted to reflect that in the following six years, he said.

Right now, that one-sixth cost works out to be \$33,325 per year, bringing the EMS portion of the fire department’s operating budget to \$631,919. With 496 ambulance transports over the past year, LaRoche calculated the cost per transport to be \$1,274.03.

LaRoche then used that cost per transport to calculate each town’s portion of the EMS budget. Bristol had 297 transports, making its share \$376,386.70. The formula provides a credit for patient and insurance payments, with the town responsible for the shortfall — in Bristol’s case \$219,839.72.

Danbury has the next-highest number of transports, at 80, for a cost of \$101,922.35, minus a patient credit of \$61,782.86, leaving a bill to the town of \$40,139.49.

Alexandria had 76 transports, for \$96,826.23, with a patient credit of \$49,023.50, leaving the town to pay \$47,802.73.

Hill had 43 transports at a cost of \$54,783.26, minus \$22,621.74 in payments, for a town obligation of \$32,161.52.

### Questions

Selectman Wayne Anderson said that, un-

der LaRoche’s formula, Bristol would have to wait six years to recover the other towns’ share of the cost of buying the ambulance. He suggested shortening the period for the ambulance surcharge.

LaRoche said that would create spikes in the annual charges, while his plan would spread the cost evenly over the years until the next ambulance purchase.

Anderson also questioned the fairness of charging the same per-transport cost for someone at a remote location in another town as for someone a half-mile from the fire station, suggesting that it costs a lot more in hourly wages for the crew to serve those in the other communities.

LaRoche said it takes about the same amount of time, regardless of where the call originates. Taking someone from Danbury to Franklin or New London takes about the same time as taking someone from Bristol to Franklin, Laconia, or Plymouth, and it’s longer if a patient has to go to Dartmouth-Hitchcock in Lebanon. Each call typically requires about three hours between the call and the paperwork, he said. He also pointed out that those responding to the calls are on duty, anyway, so there is no real savings in wages. Selectman J.P.

Morrison asked for information on what a private ambulance service would cost, for comparison purposes.

“We shop for price and value,” he said. “I think the other towns are getting one hell of a value here. I wonder what it would cost them if they went elsewhere.”

LaRoche said, “I 100 percent believe we could not get a private service in here and provide the level of service we do.” He said the only way to get an accurate figure would be to go through a bidding process.

Rick Alpers, chair of the Bristol Board of Selectmen, said they would need to start in April to get the information Morrison was asking for.

Selectman Les Dion asked whether any towns had switched to a private ambulance service. “I’d be more interested in what the community felt about the service,” she said.

LaRoche said the new ambulance contract also will adjust the contract year, which in the past was effective on April 1. By switching to a July 1 to June 30 contract year, they will have more accurate information for the towns, he said, because insurances or patients may not pay a bill for 45 days to three months.

Selectmen plan to take up the contract proposal at their next meeting.

basket with blankets and safety restraints was then lowered down to the rescuers and they slowly prepared Guinness for a trip back up to higher ground.

Thayer was relieved as he watched his pet hoisted slowly up the ledge.

“All I could imagine was some poor guy going down a ladder to get him. This is incredible,” he said.

With their rope system securely in place, the crew all worked together, advising a smooth steady pace as they hauled the dog

back up from the river’s edge.

Reunited with his owner, Guinness seemed to be in fine condition, except for perhaps a tender hind leg the rescuers noted as they placed him in the rescue basket. He walked steadily back to the parking lot however where he climbed into Thayer’s familiar truck, perhaps anxious to just get home and forget about the whole harrowing incident.

“I’m really thankful for the students who let me use their phone and everyone who came down here

## MsLaughlin

FROM PAGE A9

faculty members and business partners of the University. The Board works together to share information about various topics and challenges in an effort to support the learning experience at PSU. For example, the Board recently discussed participating in cluster projects and open labs for students, faculty members and partners. Plymouth State University is one of the first colleges in the country to start to move away from the traditional college learning experience into an Integrated Clusters learning model.

“To say it’s an exciting time to be involved with the Business Advisory Board would be an understatement,” said McLaughlin. “Big things are happening at Plymouth and it’s exciting to be a part of it all.”

## Compassion

FROM PAGE A7

tal in our upbringing, can be uniquely rewarding. At Comfort Keepers®, we value the relationships family caregivers have with their loved ones, and it’s our goal to help maintain them. We offer respite care and senior care services that help family caregivers take the time they need to practice self-care, with peace of

As a Senior Accountant and licensed CPA, McLaughlin has been an integral member of the Leone, McDonnell & Roberts team since July 2015. She works in the Dover office primarily focused on audit work but she also is involved in tax planning and preparation. Kim is also a member of the New Hampshire Society of CPA’s Young Professional Committee, and serves as a mentor for their Mentorship Program.

“Having Kim serve as a liaison for the accounting degree candidates of PSU will benefit both the degree candidates as well as New Hampshire CPA firms,” said Leone, McDonnell & Roberts, PA Partner Paula DePanche, CPA. “Each year our employees visit various New Hampshire colleges seeking qualified candidates for summer and tax season intern positions as well as staff accountants for

our five New Hampshire offices. Students who are work-ready give themselves the competitive edge necessary to compete in their quest for work experience. We fully support Kim’s desire to accept the position and are excited to learn more about it.”

About Leone, McDonnell & Roberts, PA The Certified Public Accounting firm of Leone, McDonnell & Roberts, PA has been serving clients since 1973. They have steadily grown into a multi-partner firm with offices throughout the state, offering consistent coverage and access to clients. With extensive resources, industry experience and a commitment to excellence, Leone, McDonnell & Roberts, PA delivers personalized financial, accounting and tax solutions to clients throughout New England and across the country.

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### About

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## Strategies

FROM PAGE A4

out an objective standard of morality, our children have been left to determine their own standards of right and wrong.

Perhaps the reason the Christian message has generated so much antagonism is that we claim an exclusive understanding of truth. We have little choice if

we are to be true to our faith. Jesus said, “I am the way and the truth and the life. No one comes to the Father except through me.” Jesus was quite clear: He is our only access to God.

But the drive to share our faith is more than theological; it is personal. We have found our relationship with God to be immensely reward-

ing. Our intent is not to berate others when they are wrong, or conversely, proudly proclaiming that we are right. That is not our attitude. We are simply grateful to God that we have found a better way -- His Name is Jesus Christ -- and we are driven to share the good news.

For further thought: access my blog at [indenseoftruth.net](http://indenseoftruth.net).

## Newfound

FROM PAGE A2

— most importantly — student assessment, and extend that to all of the district’s schools.

“We would be fully aligned in K-12,” Buckley said, explaining that, instead of standard grading, the system would track areas of competency as well.

The district has made significant safety upgrades through

grants, adding security cameras and replacing door fobs with more than \$150,000 in reimbursements, Buckley said.

The district also provides educational travel programs, taking students to France, Spain, Iceland, and Scandinavia.

“It’s an opportunity for students to put what they’ve learned in the classroom into real-life situations,” she said.

One of the proudest achievements was the Student Voice and Choice program that sent four students and two adults to a confer-

ence in San Diego, Calif. The Newfound students did so well that the New England Association of Schools and Colleges invited them to a meeting in Massachusetts, where they discussed the school district’s offerings and answered questions.

“The students answered questions from a roomful of adults without a hitch,” Buckley said. “They were very professional.”

The district is working on the final draft of its new strategic plan which Buckley expects to present to the school board in December.

## Dog Rescue

FROM PAGE A12

await their arrival on a small portion of rock and sand located beside the swift moving river waters.

Working with headlamps and some unsure footing, Glassett and Clayman cautiously edged over the approximately 15-ft. high cliff to the river’s edge. There Guinness greeted them with a bit of a tail wag and as Thayer watched from above, they took some time to first acquaint themselves with the frightened animal. A litter

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# Community Emergency Response Team

*Community members Positively impacting public health in local communities*

REGION — Central New Hampshire's Community Emergency Response Team (CERT) and Medical Reserve Corps (MRC) lead by example. These dedicated community members, often going unnoticed, have been serving the 18 communities that make up Central NH since 2009. Volunteers offer their expertise throughout the year by supporting local public health initiatives. In an emergency, CERT / MRC volunteers work in coordination with existing local emergen-

cy response programs. Volunteers with various skills from both medical and non-medical backgrounds are needed to donate their time and talents to help local citizens in major emergencies and/or disasters, as well as support local health initiatives. The Central NH CERT and MRC units' support Central NH's Health Partnership (CN-HHP), Public Health Network (PHN), and Public Health Advisory Council (PHAC), collaborative organizations working to enhance

and improve community health and public health-related services through optimizing prevention, access, and coordination by providing a variety of services including Public Health Emergency Preparedness (PHEP) and substance Misuse Prevention (SMP). To learn more visit <https://www.cnhhp.org/>. Communities that make up Central NH are: Alexandria, Ashland, Bristol, Bridgewater, Campton, Ellsworth, Groton, Hebron, Holderness, Lincoln,

Livermore, Plymouth, Rumney, Thornton, Warren, Waterville Valley, Wentworth, and Woodstock. The Central NH Unit actively supports local public health initiatives including school-based flu clinics, Naloxone Community Education, H1N1 clinics, sheltering operations, tick research, logistical support, and emergency preparedness drills and exercises. The Central NH CERT / MRC team also actively supports local non-emergency events through First Aid, traffic control, and other services as requested. Local events the unit has supported include the NH Marathon, Hebron Fair, Ashland Fireworks, National Night Out, and Speare Memorial Hospital's Health Fair and Shamrock Shuffle to name a few.

two years of their lives, to serve their communities, the nation, and the world. President Bush announced the creation of USA Freedom Corps to help Americans answer his call to service and to foster a culture of service, citizenship, and responsibility. Sponsored by the Office of the Surgeon General, the Medical Reserve Corps coordinates its efforts with several groups and has multiple affiliates. The MRC is a specialized component of Citizen Corps, a national network of volunteers dedicated to ensuring hometown security. Citizen Corps, along with AmeriCorps, Senior Corps, and the Peace Corps are part of the President's USA Freedom Corps, which promotes volunteerism and service throughout our nation.

Volunteers in Police Service (VIPS), Fire Corps, and Community Emergency Response Team (CERT). The Central NH MRC is proud to be one of the original regional MRC Units in the state of New Hampshire. The MRC, serving our local communities, was formed in 2009, and the CERT unit was formed in 2012.

The Central NH CERT and MRC unit needs volunteers to support our local communities. If you are seeking a rewarding experience please contact Angel Ekstrom, Director of Central NH CERT / MRC and Central NH Public Health Emergency Preparedness (PHEP) Coordinator, for more information at [aekstrom@midstatehealth.org](mailto:aekstrom@midstatehealth.org), 238-3582, <https://www.cnhhp.org/volunteer-opportunities/#mrc/cert>, or

Mailing Address:  
Mid-State Health Center, Attn: MRC/CERT Director  
101 Boulder Point Drive, Suite 1  
Plymouth, NH 03264



COURTESY

Boy Scout Troop 59 out on the trail.

## Hiking trail update from the Slim Baker Foundation

BRISTOL — This past September, the Slim Baker Foundation, with the help of Boy Scout Troop 59, worked to construct a new section of trail mapped out in 2016 for hiking and snowshoeing on its conservation land near Little Round Top Mountain in Bristol. Work on the construction of the new trail is ongoing with the goal of opening it later in the year.

The project started in 2016 with mapping work, funded in part by a Quabbin to Cardigan Initiative (Q2C) trail grant and an award from the Newfound Area Charitable Fund which has helped to further the Foundation's efforts in constructing this nearly one mile of new trail in the undeveloped eastern half of its property and opens up another section of the property to hikers and snowshoers.

In the spring of 2018, the Foundation

received an award from the Newfound Area Charitable Fund to move forward with the construction phase of this new section of trail. The "Run Your Buns Off 4.2 Miler" race generously raises funds to support the work of the Newfound Area Charitable Fund supporting meaningful opportunities in the Newfound Region. Runners and walkers leave from Basic Ingredients Bakery located on Route 3A in Bristol to "run their buns off" for a 4.2 mile professionally timed run/walk. Next year will mark their ten-year anniversary. For more information on becoming a sponsor or for registration questions, please email [runyourbunsoff@gmail.com](mailto:runyourbunsoff@gmail.com).

A map of the current trail system is available on the Slim Baker Web site, [www.slimbaker.org](http://www.slimbaker.org). For information on Q2C, see [www.q2cpartnership.org](http://www.q2cpartnership.org).

For information on the trail work firm that created the new route, Snowhawk, LLC, see [www.snowhawkllc.com](http://www.snowhawkllc.com).

The Slim Baker Area is 135-acre tract of conserved land on Little Round Top Mountain in Bristol, New Hampshire, set up in 1953 as a memorial to Everett "Slim" Baker, a dedicated and much-loved local conservation officer with the New Hampshire Fish and Game Department. Slim dreamed of setting up a "school for outdoor living" in the Newfound Lake area, and the Slim Baker Area is the fulfillment of that dream. The Slim Baker Area is maintained by the Slim Baker Foundation, and open year-round for hiking, snowshoeing, and camping. For more information, to make facilities reservations, or make a donation to the foundation, please go to [www.slimbaker.org](http://www.slimbaker.org).

### History

In his 2002 State of the Union Message, President George W. Bush called on all Americans to make a lifetime commitment of at least 4,000 hours, the equivalent of

When possible, MRC units collaborate with their local Citizen Corps Council to better protect, prepare, and serve their communities. Other components of Citizen Corps include the programs: USA on Watch,



DONNA RHODES

### Election Day arrives

Gregg and Carla Pitman of Holderness were all smiles and "thumbs up" after casting their votes in the Nov. 6 Mid-Term Elections. For a rundown on local results, please check next Thursday's editions of the Record Enterprise and Newfound Landing.



COURTESY

### PSU students tour local conservation lands

Plymouth State University students in a Land Conservation Techniques class toured the Holderness Town Forest and Pilote Forest on Oct. 29. Conservation Commission Chair Larry Spencer met with the class and explained the history and management of these important areas of conserved land. The course is taught by associate professor June Hammond Rowan.

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# Newfound Landing Sports

NEWFOUND LANDING, THURSDAY, NOVEMBER 8, 2018 A15



RC GREENWOOD

Shawn Huckins makes a cut during action against Franklin on Sunday.



RC GREENWOOD

Mason Dalphonse reels in a pass during action against Franklin Sunday afternoon.

## Bears fall short in semifinals

BY JOE SOUZA  
Contributing Writer

BRISTOL — The breakthrough season for the Newfound Regional football team came to a disappointing end in the Division IV semifinal round, but not without a fight.

Despite struggling to get into gear offensively all afternoon, the Bears cut their deficit in half in the fourth quarter and moved within 32 yards of the tying touchdown in the final minutes. A bobbled exchange on a fourth-and-four play ended Newfound's drive, allowing Franklin to hang on to a 12-6 victory in the Division IV semifinal round contest on Sunday afternoon.

"We fought right to the end there," Newfound coach Ray Kershaw said after watching his club fall short and end its season with a 6-2 mark.

Franklin (6-2) will face No. 1 Winnisquam in the Division IV championship game Saturday at Bank of New Hampshire Stadium in Laconia.

"It's not the way we wanted our season to end, but we've got a lot to be proud of," continued Kershaw. "It's our first winning season in I don't know how many years. It's our first home playoff game. We have a 1,000-yard rusher in Tiellar Mitchell. We have had a lot of great accomplishments."

It all came to an end though against a hungry Golden Tornadoes squad, who entered the postseason with two shutout losses – including an 18-0 decision to the Bears just over two weeks ago. Franklin was without three key players during those setbacks and turned the ball over nine times against Newfound.

"Both teams fought right to the end. Both played their hearts out, right to the end," Franklin coach Jeff Davis said. "We didn't have nine plus turnovers this time. We allowed a lot on defense

but holding on to the football was key."

Getting into the end zone, and doing so early, helped build Franklin's confidence and put Newfound on its heels.

After Franklin, led by linebacker Taryn Laramie who appeared to reside in Newfound's backfield, stopped the Bears on the opening possession, the visitors marched 46 yards in seven plays. The scoring drive was aided by a pass interference call on a third-and-four play. Travis Perry, who missed the last two weeks with a foot injury, capped it with a 19-yard TD run on fourth-

and-three for a 6-0 lead with 7:11 remaining in the opening quarter.

Perry returned to the Franklin lineup along with Caleb and Braden Vigue.

"It was huge," Davis said about the touchdown that ended Franklin's scoring drought. "It gave the team a lot of confidence. It was a big spark."

"Having those three guys back was a big confidence boost," added Davis. "You could see it in practice. The attitude changed all week at practice."

The defensive units continued to dominate the contest. In fact,

they would for the entire game as neither team would compile 200 yards from scrimmage.

Newfound went three-and-out on its first three possessions and picked up its initial first down with less than five minutes remaining in the first half.

The Golden Tornadoes, who struggled to sustain drives themselves, added to their lead late in the half. Looking at fourth-and-four from the Newfound 33, Franklin lined up as if it was going to punt. Instead, Franklin senior Ben LaFrance lofted a pass to a wide-open

Emilio Crawford for a 12-0 lead with 1:27 remaining in the second quarter.

Little changed in the second half, with both offensive units struggling against aggressive defensive game plans and sloppy field conditions from the heavy rain that fell Friday night into Saturday and forced the postponement of the game from its originally scheduled Saturday start time.

Newfound found some life late in the third quarter with a defensive stand. The Golden Tornadoes marched from its own

47 and had a first-and-goal at the Newfound 7. Franklin moved to the two in three plays. On fourth down, Franklin quarterback Harrison Clark was dragged down for a 17-yard loss after the senior tried to make a play following an errant snap.

The Bears carried that momentum into the fourth quarter, taking the ball from their 19 into Franklin territory. It ended with a fumble, but that didn't appear to end the momentum swing.

Newfound's defense stuffed the Golden Tornadoes in three plays, SEE FOOTBALL PAGE A20

## Locals earn field hockey All-State honors

BY JOSHUA SPAULDING  
Sports Editor

REGION — The New Hampshire Field Hockey Coaches Association has announced the All-State lists for the recently-concluded fall field hockey season.

Plymouth coach Ashley Laufenberg was named the Division II Coach of the Year after leading the Bobcats to the fifth seed and a quarterfinal berth. Lindsay Stagg of Derryfield was named the Offensive Player of the Year and Laura Dreher of Oyster River was named the Defensive Player of the Year.

First Team honors went to Kennett's Alexa Gutowski and Eva Drummond, Kingswood's Mackenzie Doran and Amanda Lapar and Plymouth's Kelsey Johnston and Olivia Eastman.

Joining them with First Team honors are Elizabeth Guertin of Bow, Holly Rohlf of Derryfield, Shannon Gifford and Julia Lambert of Goffstown, Diana Schwarz and Ella Edmonds of Hanover, Elizabeth Aubin and Kasey Arnold of John Stark, Reilly Swislosky of Merrimack Valley, Sydney Kolasinski of Milford, Ellie Hunkins of Portsmouth, Isabelle Giles and Marianna D'Amelio

of Sanborn, Margot Redway and Cari Mastergeorge of Souhegan, Abbey Bevens and Jessica Slaton of Pelham and Ali Corriveau of Pembroke.

Aston Coleman of Kennett, Ginny Skelley of Kingswood and Emma Campbell of Plymouth all earned Second Team honors.

Also earning Second Team are Isabelle Dolcino and Brenna Novakowski of Bow, Sydney Socha of Derryfield, Mackenzie Potvin of Goffstown, Macy Curtis of Hanover, Jordan Mazzola and Abbie Fitzgerald of Hollis-Brookline, Meg Girardet of John Stark, Alani Ramas and Molly McLaughlin of Merrimack Valley, Erin Jasper and Caroline Boudreau of Milford, Gabbie Haug of Ellie Cavanaugh of Oyster River, Abbie Patchen of Pelham, Josie Stottlar and Alysse Cleasby of Pembroke, Victoria Watson and Clara Hunkins of Portsmouth, Audrey LeBlanc of Sanborn and Elle Byram of Souhegan.

In Division III, Amelia Thomas of Hopkinton was named Player of the Year and Jackie Brown of Conant was named the Coach of the Year.

First Team Honors went to Newfound's Katy Drapeau and Caroline Marchand.

Joining them on First

Team were Jessica Vien of Berlin, Abby Tremblay and Ashlyn Toupin of Bishop Brady, Mariah Chamberlain of Conant, Dee Kashulines of ConVal, Ryley Haskins of Franklin, Randi Byares

and Brianna Salanito of Gilford, Amelia Thomas and Chloe Wood of Hopkinton, Marissa Pickman and Jordan Pollard of Kearsarge, Sierra Keets of Laconia, Hope Brown and Katie

Berthasavage of Lebanon, Alexis Sparks of Littleton, Alannah Johnson and Emma Knisley of Mascenic, Caitlyn Boucher of Monadnock, Selena Coronis and Eli- SEE ALL-STATE PAGE A16



JOSHUA SPAULDING  
Caroline Marchand earned First Team All-State honors.



JOSHUA SPAULDING  
Katy Drapeau was named to All-State First Team honors.

# Tyson Morrill to address Trout Unlimited

PLYMOUTH — The Pemigewasset Chapter of Trout Unlimited will present an update on the Beebe River restoration project. Guest speaker is Tyson Morrill, a MS Biology student at Plymouth State University, whose study focused on the movement of brook trout and the influences of undersized road crossings. Five years of work

has resulted in trout isolated for several decades now accessing free passage to the entire watershed.

Morrill's work contributed to the Pemigewasset Chapter being awarded the Silver Trout Award by Trout Unlimited.

Come early to the Pemigewasset Chapter of Trout Unlimited,

Nov. 13, meeting, 7 p.m. at the Common Man Inn in Plymouth and meet Morrill and see the Silver Trout Award. There will be an auction supporting the chapter and a raffle supporting sending a lucky boy or girl to the Barry Fishing Camp. Meetings are free and open to the public.

Trout Unlimited is a

non-profit organization with a mission dedicated to conserve, protect and

restore North America's cold-water fisheries and their watersheds. Vis-

it [www.pemigewasset.tu.org](http://www.pemigewasset.tu.org) and like the group on Facebook.

## Wolves looking for host families

LACONIA — The New England Wolves Junior Hockey program is seeking an additional host family for the upcoming season. They have a player expected

to arrive from the Midwest this week.

The Wolves range in age from 15-20 years old and are recruited from all over the world, coming to develop as hockey players in the Lakes Region of New Hampshire. This year's team features players from England, Canada, Florida, Colorado, and many more destinations worldwide. In 2017-18, the Wolves program was awarded by the Eastern Hockey League as "Humanitarians of the Year"

for their charitable work in their community.

Players return home at Thanksgiving and have a two-week break at Christmas.

All host families receive \$375 per month, per player (can host more than one) for hosting Wolves. If you have a spare bedroom in your home and interested in hosting a player, please connect through e-mail the Wolves Housing Coordinator, Kerry Mull at [mullkl426@gmail.com](mailto:mullkl426@gmail.com) or 998-6682 for more info.



JOSHUA SPAULDING  
Tiffany Doan was named to All-State Second Team.

## AllState

FROM PAGE B15

za Bates of Newport, Hailey LaClair of Stevens, Emma Connor of St. Thomas, Aviara Challinor of White Mountains and Eveline Auger and Madison House of Winnisquam.

Tiffany Doan of Newfound earned Sec-

ond Team honors.

Also landing spots on the Second team were Jenah Arsenault and Teah Hickey of Berlin, Hallie Laramie of Bishop Brady, SJ Barney and Elizabeth Gonyea of Conant, Taylor Jarest and Julia Peters of Con-Val, Jill Weaver and Emma LaPierre of Franklin, Taryn Fountain of Gilford,

Avery Barrett of Hopkinton, Chase Lennon of Kearsarge, Maeghan Ash and Lydia Tucker of Laconia, Emerson Sleeper of Lebanon, Fallyn Russell and Emily Tholl of Littleton, Sydney Bane of Mascenic, Nikki Williams and Michaela Dowd of Mascoma, Carly Aoytte and Carly Bernard of Monadnock, Megan

Howard of Newport, Brianna Frisbee of Stevens, Catherine Torr of St. Thomas, Lily Monahan and Halle Glidden of White Mountains and Alexis Poole of Winnisquam.

Joshua Spaulding can be reached at 279-4516, ext. 155 or [josh@salmonpress.news](mailto:josh@salmonpress.news).

## A few long nights and one fine ending

Following the Carroll County championship football game on Friday night, I made my way south from North Conway to Wolfeboro with the World Series game three playing on my radio.

Unfortunately, Major League Baseball doesn't allow affiliates of the flagship radio station WEEI to carry that feed so as I drove south on Route 16, I was listening to the ESPN feed on 101.5 heading to Brewster Academy for my night job.

I hardly thought that more than five hours later the game I was listening to would still be on the radio, reaching a World Series record 18 innings. The game ended just as I was about to punch out at 3:30 a.m. with the homer off Nathan Eovaldi giving the Dodgers the win and cutting the Sox lead to 2-1.

When I got up a few hours later, I certainly had a few questions as to how game four was going to go, mainly where would the pitching come from. But a few hours later, those questions were answered, as Eduardo Rodriguez and the bullpen survived long enough for the bats to come alive and pick up a big win.

Sunday night I was back at Brewster, though this time it was a bit earlier. As I cleaned the kitchen, I again had the game on the radio. I opened up the door to the kitchen to let the radio broadcast out into the dining room and as it turned out, someone had left the television on in the dining room and as it happened, the Red Sox game was on the screen. So, as I cleaned I was able to listen (and occasionally watch), the Sox inched closer and closer to the fourth World Series in my lifetime.

Back when I started this column in 2003, my first column was about the Red Sox season ahead. As most people know, that season ended like every other season



By JOSHUA SPAULDING

in my lifetime, with disappointment, though the disappointment that year was truly spectacular.

This year, however, things just seemed different right from the start and this team was seemingly destined to win the World Series. The 2007 and 2013 teams seemed much the same way. The 2004 team didn't seem that way until Dave Roberts stole that base and Bill Mueller drove him in.

As the ninth inning rolled around and Chris Sale took the mound, I stopped working for a few minutes and watched as he struck out the final batter, ending what has been a truly remarkable season. It has been fun to listen and watch as the Red Sox tore through this season. They were an enjoyable team in every sense of the world and ending with a championship is fitting closure to a wonderful season.

And now that it's all said and done, I can say I made it through the longest World Series game in history (though getting out of bed the next day was not a ton of fun) and stayed awake for all the late night playoff games. Though I didn't really have much of a choice, since I was working during most of the games.

Finally, have a great day Allie Brown.

Joshua Spaulding is the Sports Editor for the Granite State News, Carroll County Independent, Meredith News, Gilford Steamer, Winnisquam Echo, Plymouth Record-Enterprise, Littleton Courier, Newfound Landing, Coos County Democrat, Berlin Reporter and The Baysider. He can be reached at [josh@salmonpress.news](mailto:josh@salmonpress.news) at 279-4516, or PO Box 729, Meredith, NH 03253.

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# Brickley, Bobcats roll over Marauders

BY JOE SOUZA

Contributing Writer

PLYMOUTH — With heavy rain and strong winds to start the game, Plymouth Regional football head coach Chris Sanborn knew he had to lean on his seniors and the veterans delivered in a big way.

Senior captain Owen Brickley, following the blocking of fellow captains Camden MacDonald and Patrick Malm, had a huge game in the mud and the Bobcats completely bottled up the Hanover attack in rolling to a 34-0 win in the quarterfinal round of the Division II playoffs on Saturday. Brickley splashed his way through the mud puddles to 338 yards and five touchdowns as the Bobcats extended their winning streak to 25 games.

"We knew it was going to be a slugfest," Sanborn said. "I think the rain hurt us more than them in taking away some of the things we wanted to do.

"It came down to the battle in the trenches and our kids stepped up," pointed out Sanborn. "We moved Pat Malm, our senior captain, down to the wing from his full-back position and he had some of the best blocks we've seen. That's an unselfish championship captain right there. We asked him and he just did it, never batted an eye. He went out there and set the edge for us."

And that was just one key to a dominating performance up front by the Bobcats.

"They slowly wore us down," Hanover coach Sam Cavallaro said. "They really got the best of us in the trenches."

Despite Plymouth's dominance up front, the heavy rain and wind helped keep it a game for more than a half.

After the two teams exchanged punts in the opening quarter, the Bobcats made the adjustment offensively and found a way to move down the field. Brickley found the end zone for the games first score early in the second quarter. Pete Wingsted's first of four PAT kicks made it 7-0 Plymouth.



JOE SOUZA

Plymouth's Owen Brickley follows the lead block of Austin Tallman as he breaks free for a 99-yard touchdown during the Bobcats' 34-0 win over Hanover in the Division II football quarterfinals.

The turning point of the contest came after the Bobcats stopped Hanover once again. This time, Plymouth mishandled the punt and the Marauders recovered the ball on the Plymouth 40.

Plymouth's defense though responded to the challenge and stopped the Marauders in three plays to force a punt.

"That was the key right there," Cavallaro said. "We needed a break, an opportunity, and we got it with that fumble. We needed to use that and instead they stuffed us right there. We needed to do some-

thing with that and we didn't."

Sanborn agreed that was a pivotal stand for his defensive unit, praising the play of his front -- Jackson Palombo, MacDonald, Steven Shute and Sean Griffiths, who was making his first career varsity start.

"No question that was a turning point in the game," he said. "For a defense to come up and stop them like that had to be demoralizing to them.

"Our defense was phenomenal all game," added Sanborn. "Last week (a 27-6 win at Hanover), we got bulled off the ball

a little bit defensively. We really challenged our outside backers and defensive ends this week. I give a lot of credit to our defensive coaches Tom Lamb, John Spear, and Mike Bownes. We had our best practice of the year Tuesday, and the kids really responded."

The Bobcats then took the ball 80 yards with Brickley doing much of the damage. He capped the drive with a one-yard plunge, making it 14-0 with 2:02 remaining in the second quarter.

Plymouth had an opportunity to take a commanding lead before the break after Hunter Les-

sard blocked a Hanover punt, giving the Bobcats the ball deep in Hanover territory. Hanover though made a stand and it was 14-0 at the break.

Brickley though continued to grind out the yards behind the blocking of Malm on the edge as well as offensive linemen Seth Sawyer, Jacob Duquette, Tracy Cristiano, Shute and MacDonald.

The senior would add a one-yard touchdown run at 5:34 of the third quarter and a two-yard plunge with 1:12 left in the third, giving Plymouth a 28-0 lead heading into the final quarter.

Hanover put together its best offensive series in the fourth quarter as the Bobcats were working in several second unit players, only to have the drive end with a fumble inside the five. It was recovered by Plymouth's Joe D'Ambruso.

A couple of plays later Brickley broke free for a 96-yard touchdown run down the left sideline to cap his big day.

"I know Owen will get the headlines because he had a big day, but I couldn't be more proud of Patrick Malm," said Sanborn. "He played guard last year and we moved him back to full-back this year. He does whatever we ask. He did a phenomenal job blocking this week. Next week, he'll probably be running for 200 yards. Malm did have nine yards on four carries. Ian Tryder finished with 23 yards on four attempts.

Malm also came up big defensively with 14 tackles, while Griffiths had eight.

Hanover (6-4) was led by Simon Roach, who rushed for 81 yards on 23 carries. Jack Loftus rushed the ball 12 times for 32 yards.

Next week, the Bobcats (10-0) will host Souhegan in the Division II semifinal round Saturday afternoon (1 p.m.).

## New season of JETS around the corner at Waterville Valley

WATERVILLE VALLEY — Waterville Valley Junior Enrichment Through Sports (JETS) is preparing for another year of snowsports fun and learning for local school kids. This program is offered through the Plymouth Parks and Recreation Department. JETS is dedicated to encouraging area youths to participate in alpine skiing and snowboarding at an affordable price. It is open to kids in grades one through eight at-

tending SAU 48 schools in Campton, Thornton, Holderness, Plymouth, Wentworth, Rumney, Ashland or Waterville Valley. The goal of the program is to provide strong fundamental snowsports skills in a safe environment while having fun in winter. It provides all day supervision as well as the opportunity for improvement with coaches from the Waterville Valley Snowsports department.

This program has

been very successful since 1993 with many of its participants graduating from novice to more advanced skiing, racing, snowboarding, and even ski teaching, thanks to the support of the Waterville Valley Resort.

If your child wants to be active in winter sports this is the program for you.

JETS will run on weekends from Jan. 5 through to March 23, including weekdays during New Hampshire

school vacation week, with a break on the weekends of Feb. 16/17 and Feb. 23/24. Parent involvement and participation is encouraged. Adult chaperones receive a ski pass on each day they chaperone with the JETS.

The cost of the program includes a daily ski pass and daily instruction for \$249 for the season. This year, the JETS program has some limited sponsorship money available. E-mail or call for a

sponsorship application if you are interested.

Registration and payment for the program are due by Jan. 3.

Write to JETS, Waterville Valley Resort, P.O. Box 540, Waterville Valley, N.H. 03215. Or you can call 236-8311, ext. 3135 or ext. 5010. Leave your name and number and someone will get back to you with more information. You can send an e-mail with your questions to wvjets@gmail.com.

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### Edward Jones: Financial Focus

#### Leaving Your Job? What Should You Do With Your 401(k)?

You've got a powerful retirement savings vehicle in your 401(k) plan, which offers various investment options and the chance to accumulate tax-deferred earnings.

But if you leave your job before you retire, what should you do with your 401(k)?

You have several choices — and it's important that you understand them, because your decision can greatly affect the resources you'll ultimately have available during your retirement years.

Here are the main options for dealing with your 401(k) from a previous employer:

You could leave the money in the company's plan. Not all companies offer this option, but many do. If you like the investment choices available in your plan, leaving the money alone may not be a bad idea — you know where your money is going, and you can still benefit from potential tax-deferred growth. On the other hand, since you won't be employed by the company, you might find it harder to keep up with changes

to your 401(k), such as when investment options are added or dropped. Also, you no longer will receive your employer's matching contribution, if one had been offered.

You could move the money into your new employer's plan. If your new employer has a 401(k) and allows transfers, you could roll the money from your old plan into the new one. This might be an attractive option if you like the investment options offered in your new employer's plan. And it will give you a head start in building resources

in the new plan.

You could roll the money into an IRA. You may find several advantages to rolling your 401(k) into an IRA. First, your money will still have the potential to grow on a tax-deferred basis. Second, you can put your funds in virtually any investment you choose — stocks, bonds, mutual funds, government securities, certificates of deposit and others — so you can build a mix of investments appropriate for your goals and risk tolerance. Third, if you own multiple 401(k) accounts,

you might benefit from consolidating them into a single IRA, making it easier to allocate and monitor your retirement assets. Plus, with a consolidated account, you may find it easier to track your withdrawals, when it's time to start taking them.

If you do decide to move your 401(k) to an IRA, make sure to request a direct rollover. The money will be sent directly to the institution that holds the IRA and no taxes will be withheld.

You could cash out your plan.

If you cash out your plan, your company likely will pay you 80% of your account value, withholding the rest for federal taxes. And if you're younger than 59-1/2, you also may face a 10% penalty tax. Furthermore, you'll have lost a key source of your retirement income. Of course, if you absolutely need the money, it's there for you. Before making any moves with your 401(k), consult with your tax and financial professionals. You worked hard to build your 401(k) — so you'll want to do all you can to keep it working hard for you.

This article was written by Edward Jones for use by your local Edward Jones Financial Advisor. For more information or to sign up for their monthly newsletter, contact your local Financial Advisor.



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woman preferred. **677-2273**

## Legal Notices

Bristol Recreation Advisory  
Council (TTCC) seeking bids for  
our 'Gym Renovation Project'  
Work to be completed during  
January & February '19  
All bids must be returned to TTCC  
30 North Main St Bristol, NH  
03222 by Noon on Friday,  
11/23/18. RFP details available at  
[www.ttccrec.org](http://www.ttccrec.org) or call 744-2713

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If you or someone you know is experiencing a  
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**FOR INFORMATION VISIT:**  
**NH Alcohol and Drug  
TREATMENT LOCATOR**  
[www.nhtreatment.org](http://www.nhtreatment.org)

**FOR INFORMATION CALL:**  
**211**  
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PROBABLY  
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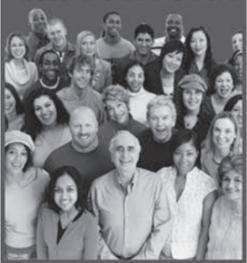
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 Upper Connecticut Valley Hospital  
 181 Corliss Lane, Colebrook, NH 03576  
 Phone: (603)388-4236  
[ucvh-hr@ucvh.org](mailto:ucvh-hr@ucvh.org)  
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Lack of eye contact is a sign of autism. Learn the others at [autismspeaks.org](http://autismspeaks.org)

**AUTISM SPEAKS**

**WHAT IS DOMESTIC VIOLENCE?**

Domestic violence can be defined as a pattern of behavior in any relationship that is used to gain or maintain power and control over an intimate partner.

Does your partner ever....

- Embarrass you with put-downs?
- Control what you do, who you see or talk to or where you go?
- Push you, slap you, choke you or hit you?
- Control the money in the relationship?
- Tell you that you're a bad parent or threaten to take away your children?
- Prevent you from working or attending school?

If you answered 'yes' to even one of these questions, you may be in an unhealthy or abusive relationship.

Find more information at [www.thehotline.org](http://www.thehotline.org).

The production of this material was supported by Grant #90SV0001-01-00 from HHS Administration for Children and Families/Family Youth Services Bureau. Its contents are solely the responsibility of The National Domestic Violence Hotline and do not necessarily represent the official views of ACF/FYSB.

## Football

FROM PAGE B15

and the Bears would connect on their next offensive play. On a play action pass, senior Logan Rouille found classmate Mason Dalphonse wide open. Dalphonse broke one tackle and out-ran the Franklin defense for a 67-yard touchdown. The PAT was stopped, but the Bears were within a touchdown

(12-6) with 5:28 remaining in the contest.

Franklin's offense was bottled up by the Newfound defense, allowing the hosts a chance to pull even.

Newfound took over at its own 42 with 3:30 remaining. Mitchell went for 15 yards and Brett Pigeon rushed for nine, giving the Bears a second-and-one at the Franklin 32. Franklin's Laramie broke through the line and tossed Mitchell

for a three-yard loss. Following an incomplete pass, a botched exchange was recovered by Rouille on the fourth-and-four play, ending the drive with 1:37 remaining.

The Golden Tornadoes were able to run out the clock.

"We just couldn't get going offensively," Kershaw said. "We just couldn't get our blocking down. They didn't do anything different. We knew they were go-

ing to blitz, that's one way to disrupt our offense. We discussed it at halftime and we did a better job in the second half. We just ran out of time."

Perry led the Golden Tornadoes with 48 yards rushing and a TD on 13 attempts. Caleb Vigue rushed for 37 on 10 carries. Clark completed two of seven passes for 32 yards.

Newfound was led by Mitchell, who finished with 60 yards on 10 car-

ries. He had 62 in the second half and 47 in the fourth quarter. Rouille completed three of five passes for 98 yards, 67 coming on the fourth quarter touchdown pass. Dalphonse finished with two catches for 91 yards.

Defensively, the Bears were led by Connor McLaughlin and Mason Greene.

"We've had a positive season, something

to build on. You hate to lose these seniors, but we have 13 kids coming up. The future is bright for Newfound football," Kershaw said.

"The support we received from the community and the families was huge this year," added Kershaw. "When you get that kind of support, it is great. It's how you build successful program."

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**St. André Bessette Parish**  
**St. André Bessette Parish Hall**  
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Saturday, November 10, 2018 ~ 9 A.M.-2:30 P.M.

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**Plymouth State University**

**SALUTE THE TROOPS**  
**VETERANS DAY WEEKEND 2018**

**FRIDAY, NOVEMBER 9**  
Veterans Day Ceremony ★ 11:45 a.m.  
*Veterans Common—adjacent to Hyde Hall*

Women's Swimming and Diving vs. Colby Sawyer ★ 4 p.m.  
Women's Basketball vs. New England College ★ 5 p.m.  
Men's Basketball vs. St. Joseph's ★ 7 p.m.

**SATURDAY, NOVEMBER 10**  
Football vs. Husson ★ Noon  
Women's Ice Hockey vs. New England College ★ 2 p.m.  
Men's Ice Hockey vs. UMass Dartmouth ★ 7 p.m.

All athletic events will have a donation drive sponsoring the Pemi Bridge House. Please consider donating men's toiletries or small denomination gas and grocery gift cards. For more information about donating, please contact Chris Kilmer at (603) 535-2477 or [cjkilmer@plymouth.edu](mailto:cjkilmer@plymouth.edu).

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See further up here.