

## Gabbard stumps in Lancaster

BY ANGEL LARCOM  
angel@salmonpress.news

LANCASTER — Hawaiian Democratic Congresswoman Tusli Gabbard addressed a small crowd at The Granite Grind in Lancaster on the afternoon of July 5 as she traveled the state in her bid for a Presidential nomination. A 38-year-old Iraq War veteran, Gabbard became the first Samoan American and the first Hindu member of the United States Congress when she was elected to office seven years ago.

Gabbard was 21 years old when she first served in the Hawaiian state legislature. She became the first female combat veteran to run for President when she announced her campaign

on January 11, 2019. She is a Major in the Army National Guard, and she has served on two deployments to the Middle East.

The Hawaiian Democrat has long been an open critic of American foreign policy. She spent the majority of her time at the Lancaster cafe focused on war, corruption, and spending.

"Instead of a government of, by, and for the people, what we have is a government of, by, and for the rich and powerful," stated Gabbard. "We have a government of, by, and for special interest corporations that pay high power lobbyists to have a seat at the table and write the policies that impact our lives."

Gabbard, PAGE A8



Hawaiian Democratic Congresswoman Tusli Gabbard addressed a small crowd at The Granite Grind in Lancaster on the afternoon of July 5 as she travels the state in her bid for a Presidential nomination.

## Omni Resort registers culinary apprenticeship



Omni Mount Washington Resort Director of Food and Beverage Gene Meoni and General Manager Josh DeBottis (first and second from left) are joined by members of the Omni Mount Washington Resort culinary team and Bretton Woods Culinary Academy students, along with Wynn Young, Apprenticeship & Training Representative, Office of Apprenticeship, U.S. Department of Labor (fifth from right); Gregory Worthen, White Mountain Community College Associate Professor of Baking & Pastry Arts (third from right); and Emily Zeien, ApprenticeshipNH Grant Manager (first on right).

BRETTON WOODS — The Omni Mount Washington Resort has met a new milestone by registering their Bretton Woods Culinary Academy as a Registered

Apprenticeship with the U.S. Department of Labor (DOL) Office of Apprenticeship. The culinary academy was developed in 2017 through a partnership with

White Mountains Community College (WMCC) and most recently, the resort collaborated with ApprenticeshipNH to have the program approved as a Cook Regis-

tered Apprenticeship. ApprenticeshipNH is a grant-funded program which seeks to address workforce needs in in-

Omni, PAGE A8

## North Country Healthcare becomes permanent

### MEMBERS SEE SIGNIFICANT SAVINGS AND IMPROVED CLINICAL RESULTS

WHITEFIELD — As of July 1, the final process of affiliation for the partners of North Country Healthcare has ended, and the organization is now permanent. The 90-day window that was part of the ongoing affiliation process in the formation of North Country Healthcare (NCH) closed on July 1. North Country Healthcare is the parent organization of three critical access hospitals and one home health and hospice agency in Northern New Hampshire. The mission of NCH is to assure consistent, high quality, accessible, and integrated healthcare across the communities served.

The permanent members of the organization include Androscoggin Valley Hospital in Berlin, Upper Connecticut Valley Hospital in Colebrook, Weeks Medical Center in Lancaster, and North Country Home Health and Hospice Agency in Littleton. NCH, in total, has more than 900 staff members, making it the largest employer in the North Country. The partnership has met or exceeded its goals, according to its leadership.

"Individually and collectively, we are focused on our patients and communities," said Jim Hamblin, chair, NCH Board of Trustees. "We are stronger to-

gether, and the initial results of our affiliation are very encouraging, allowing us to provide outstanding healthcare to the whole region."

Originally, four hospi-  
NCH, PAGE A8

## Groveton Summer Feeding Program receives sizeable donation

BY ANGEL LARCOM  
angel@salmonpress.news

GROVETON — On June 28, representatives from the New Hampshire Food Bank in Manchester delivered more than a ton of kid-friendly food to the Groveton High School. According to Erik Becker, the Student Assistance Program Coordinator at Groveton High, each box of food weighed seventeen pounds and several hundred boxes were distributed to local families within the first few hours of the event.

Becker, who receives grant funding from the North Country Health Consortium to provide ongoing, year-round services to area youth, also helps distribute free weekday lunches at the High School. Along with Sue Armstrong and other volunteers, Becker helps feed multiple rec program children, but he says the free lunches are open to anyone in the community.

Program, PAGE A8



Sue Armstrong (L) and Erik Becker (R) distribute lunches through the Groveton Summer Feeding Program at the Groveton High School. Free lunches are available on weekdays from noon to 1 p.m.

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### Services planned for Raymond Lacasse

BERLIN — A graveside service for Raymond R. Lacasse, who passed away of May 31, 2019, will be held at the St. Kieran Cemetery in Berlin on Tuesday, July 16, 2019 at 11 a.m. Arrangements are under the direction of Bryant Funeral Home. For online condolences, please visit [www.bryantfuneralhome.net](http://www.bryantfuneralhome.net).

### Sister Agathe Deslauriers, 85

LITTLETON — Sister Agathe Deslauriers, FCSCJ, passed away at the Holy Cross Health Care Center in Manchester on Sunday, July 7, 2019.

Sister Agathe was born in Greensboro, Vt. on Dec. 13, 1933. She entered the Congregation of the Daughters of the Charity of the Sacred Heart of Jesus (FCSCJ) in Colebrook in 1957 and professed her vows on June 29, 1959. She was an educator missioned in New York, Vermont, New Hampshire and Massachusetts. Her last mission years were spent visiting the elderly and nursing homes in the Burlington, Vt. area. As her health declined she moved to Littleton, NH and then to the Holy Cross Health Care Center.

Sister Agathe is sur-



Sister Agathe Deslauriers

vived by her two sisters Gisele Thibault and Jeanne Deslauriers and many nieces and nephews. She was predeceased by her parents and her siblings: Florida and Achille Deslauriers; brothers: Gaston, Marcel, Liboire, Gilles, Jean, Reverend Victor and Andre, and sisters: Hermine Boudreau, Lorette Masse, and Sister Lillian Deslauriers.

Sister Agathe was dear to her family, her colleagues, the many elders that she visited and her religious family.

The Sisters wish to express much gratitude to the staff at Mount Sacred Heart, and the Holy Cross Health Care Center for their many kindnesses to Sr. Agathe throughout her time in Littleton, and Manchester. May you all know the blessings of true dedication to the infirm and aging among us.

Prayer Service while receiving the body at Mount Sacred Heart Chapel on Wednesday, July 10 at 4 p.m. Viewing hours beginning at 6 to 7:30 p.m.

Mass of Christian Burial will be celebrated at 11 a.m. on Thursday, July 11, 2019, at Mount Sacred Heart Chapel with Very Rev. Mark Dollard presiding. Burial will follow at 2:30 p.m. in St. Mary Cemetery in Newport, Vt.

In lieu of flowers, please consider a donation to the Daughters of the Charity of the Sacred Heart of Jesus, 226 Grove St., Littleton, NH 03561. To share memories and condolences go to [www.RossFuneral.com](http://www.RossFuneral.com).

*Additional Obituaries, please see pages A-6 and A-12*

### Robert Wesley Corey, 77

GROVETON — Robert "Bob" Wesley Corey, 77, of High Street, Groveton, died peacefully on Wednesday, July 3, 2019, at the Hospice House in Concord with his loving family by his side.

Bob was born on April 11, 1942, in Lowell, Mass., the son of Wesley Charles Corey and Corinne Ann (Knox) Corey Bartkovich. He was raised and attended schools in Lowell, moving to the Stratford Hollow/Groveton area in the mid-1980s.

Bob was a self-employed mason and owned and operated Corey and Sons Masonry and in his spare

time, he loved reading.

Bob is survived by his companion of 25 years, Theresa "Terry" Clang of Groveton; five children (Renae Corey of Merrimack, Rhonda Corey of Summerville, Mass., Rebecca Corey of West Springfield, Mass., Charles Corey of Wilmington, Mass., and Mandi Theberge of Williston, Vt.); two step-daughters, Jessica Towne of Belmont and Jill Arsenault of Lancaster; several beloved grandchildren; and two sisters, Sandra Clarke of Ayer, Mass. and Pamela O'Connor of Hollis. He was predeceased

by his father, Wesley Corey; mother Corinne (Knox) Bartkovich; and his step-father, Joe Bartkovich.

At Bob's request, there will be no public services. A private family only service will be held at the convenience of the family in Northumberland Cemetery in Groveton. Arrangements are entrusted to the care of the Armstrong-Charron Funeral Home in Groveton.

To send the family your condolences via the online register book, please visit [www.armstrongcharronfuneralhome.com](http://www.armstrongcharronfuneralhome.com).

### Archille Robert Couturier, 84



Archie Couturier

WHITEFIELD — Archille Robert Couturier died July 4 at the home of Glenn and Linda Streeter, Lunenburg, Vt.

He was born Oct. 31, 1934 in Whitefield, the son of Achille Joseph and Rosa (Dube) Couturier. Archie attended Whitefield Elementary and High school and graduated in June of 1955. He enlisted in the US Navy after graduation, and was honorably discharged in 1959. His basic training was in Little Creek, Va. He took radio school in Norfolk, Va., where he was certified as Radioman Third Class in 1959.

After he was discharged, he returned to Whitefield and began working at the Mountain View House, where he caddied in the summer months and then went to Belleview Biltmore in Clearwater, Fla. and the Breakers in Palm Beach, Fla., as a bellhop in the winter months until 1967. In the fall of that year, he began working at Brown Street Furniture where he became foreman until his retirement in 2002.

He married Glenna Newell Glidden in 1967

and became step-dad to her four children, Allen and Diane (Smith) Glidden, Barnstead, David Glidden, Whitefield, Glenna Ingerson, Jefferson, and Linda and Glenn Streeter, Lunenburg, Vt. The couple had 52 very happy years together. They enjoyed their cross country trips together and covered all US states except N. Dakota, Louisiana, and Hawaii. Archie loved to go trout fishing in nearby streams, especially near his brother's camp on Hazen Road in Whitefield. He was an ardent gardener both with vegetables, berries and helping Glenna with the numerous flower beds that surrounded their very sweet gingerbread style cape house on Bray Hill Road. He enjoyed family gatherings for birthdays, Christmases, New Year's Eve, Fourth of July etc. He had moved

to McIntyre Apartments after the sale of their home and enjoyed three years there where he made many friends. He called Bingo weekly for a couple of years there and would often be found sitting afternoons in the "Pow Wow" with his friends. Archie's sense of humor was enjoyed by all he met and he could tell a joke that would leave your sides aching. He was a very tender hearted gentleman.

He was pre-deceased by Glenna (Newell) Glidden Oct. 22, 2014; his seven brothers, Leo, Adrian, Rosaire, Arthur, Amie, Orian, Eddie; and three sisters, Bella Mooney, Gloria Poweres, and Achilline Frechette.

He is survived by his step children; a sister, Albina Ingerson, Whitefield; 16 grandchildren; 29 great-grandchildren; six great, great grandchildren, and numerous nieces, nephews and friends.

Visiting hours will be held on Friday, July 12, from 1-3 p.m., at the Ross Funeral Home, Whitefield Chapel, with a service at 3PM with Pastor Dean Stiles. A graveside service will follow at the Park Street Cemetery. To offer your condolences to the family, please visit [www.rossfuneral.com](http://www.rossfuneral.com).

## Dubreuil named REALTOR® Of The Year

WHITEFIELD — Tammy Dubreuil has been selected as the 2019 REALTOR® Of The Year of the North Country Board of REALTORS®.

Dubreuil is the Broker Owner of Northwind Realty located in Whitefield. She has been a Realtor® with the North Country Board since 2004 and has owned her own office since 2006 serving the real estate needs of Whitefield and the surrounding communities in New Hampshire. This is the second time in her career that Tammy has been honored with this award.

The Board's judges made their selection after considering the records of all the contenders for the honor. The basis of judgment is the contribution of the REALTOR® to the betterment of community life and her conduct of business reflecting the Code of Ethics of the National Association of REALTORS®.

The North Country Board of REALTORS® will submit Tammy's name and record as their REALTOR® Of The Year in the New Hampshire Association of REALTORS® statewide competition for the state REALTOR® Of The Year, where all Board ROTYs are recognized at the state convention in September.

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**Patchwork Players: Tommie Sawyer**  
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SATURDAY, JULY 20, 8 PM  
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Date Correction...  
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# The Fretless in Concert July 14 At Great North Woods Arts Center



The Fretless, a Canadian string foursome, is returning to the North Country on Sunday, July 14, when the award-winning group will present a live concert at the Great North Woods Center for the Arts.

COLUMBIA — The Fretless, a Canadian string foursome, is returning to the North Country on Sunday, July 14, when the award-winning group will present a live concert at

the Great North Woods Center for the Arts. The Fretless performs traditional Celtic-infused folk music and this will be the band's third return to the area, having first come north

in 2015. The show will begin at 7 p.m. and will take place on an outdoor stage on the sprawling grounds. Tickets are \$15 per person and available online at [www.gnwca.org](http://www.gnwca.org) or can be purchased

at Fiddleheads at 110 Main St. in Colebrook. Starting with its debut album in 2012, the band has steadily pushed further into the public eye, winning Instrumental Album of the Year at the Western Canadian Music Awards and Instrumental Group of the Year at the Canadian Folk Music Awards. Its 2014 tune, "Waving to Ryan," has topped a million Spotify plays, and in 2016, The Fretless took home a Juno Award for Instrumental Album of the Year for its most recent full-length, "Bird's Nest." Through its deconstruction and transformation of the usual rhythmic, harmonic and structured arrangements of fiddle styles around the world, The Fretless is pushing traditional music to a new place, and has now issued itself an atypical challenge in the mission to find and convert fans unfamiliar with "progressive" traditional music. With its latest recordings, instead of attempting to make a more "accessible" follow-up to "Bird's Nest," The Fretless is taking advantage

of the recent recognition by releasing an instrumental album of tunes representing the player's traditional roots. Recorded live in a barn in upstate New York before a handful-sized audience assembled only a few feet away from the players, "Live From The Artfarm" is the raw result of this performance. It is a joyous recording that shows off why traditional folk music is finding an audience among the non-traditional, and also why The Fretless is leading the charge. Among the album's "sets"—the term used in traditional Celtic music for groups of three or more tunes arranged and played together—are three new originals by The Fretless. "We've made a record of our favorite pub tunes, but transformed them

in our world of arrangement and intricacy," said fiddle and viola player Trent Freeman. "We are hoping to bring the current pub crowd audience to us and we are hoping to bring a new crowd to the pub, too. We want everyone involved and there's no better way than to have you in the room with us." This concert is hosted by the Great North Woods Committee for the Arts and promises to be a fun and energetic evening of entertainment in the beautiful outdoor grounds of the Center for the Arts, 1993 U.S. Rte. 3 in Columbia. For more information on this and other GNWCA shows, find the Great North Woods Committee for the Arts on Facebook, visit [www.gnwca.org](http://www.gnwca.org) or you can call 246-8998.

## The Trichomes Play Rockin' the Park

LANCASTER — The Trichomes, a quartet from Newmarket, will open up the weekly Rockin' the Park concerts in Lancaster at 7 p.m. on Friday, July 12.

The Trichomes play psychedelic-rock infused funk with world music influences. Over the years, the band has toured relentlessly, playing at festivals such as StrangeCreek, Wormtown, Hempstock, Earth Jam, Onion River Music Festival, Nu Muse, and countless venues scattered throughout the Northeast and beyond.

According to Portsmouth's The Sound,

"The Trichomes craft hip-swinging tunes with melodies and harmonies that weave through one another, one riff fading out as another takes its place."

The Trichomes just released their sophomore album, the swinging Jazz Cabbage Soirée. They put on high energy, funkadelic shows that will surely get the crowd shaking. This week there is no food vendor, so pack a picnic or get takeout from a local restaurant and bring it to the park along with a blanket or lawn chairs. This year Rockin' the Park is generously sponsored by

Arts Alliance of Northern New Hampshire, Dental Herb Company, Garland Mill Timberframes, Passumpsic Savings Bank, and the Polish Princess. Rain location will be at the Lancaster Town Hall.

Rockin' the Park takes place each Friday from July 12 through Aug. 2 in Centennial Park in Lancaster as a celebration of local music, local food, and community. On the next three Fridays food will be available for purchase starting at 5:30 p.m., with the band playing from 7 to 8:30 p.m. Rockin' the Park is put on by Taproot Farm

& Environmental Education Center, a Lancaster non-profit organization focused on healthy food, healthy environment, and healthy community. Taproot's other initiatives include The Root Seller Marketplace, North Country Gleaners, The Lancaster Community Garden, and a diverse array of education programs, including a nature-based summer camp in July at White Mountains Regional High School. For more information on Taproot and its programs, see their Web site at [www.taproot-nh.org](http://www.taproot-nh.org) or follow them on Facebook and Instagram.

## Ben & Brad return for Historical Society benefit Aug. 2



JEFFERSON — Ben & Brad return with Cynthia Mork and another special guest for their annual benefit concert for the Jefferson Historical Society on Aug. 2 at 7:30 p.m. at the Jefferson Town Hall.

Benjamin Sears & Bradford Conner have been performing together since 1989, and are the first cabaret act to be featured at Boston's Emerson Majestic Theatre. They are among those rare performers who combine entertaining performances with outstanding historical research.

This year's theme is "You Oughta' Be in Pictures," including the title song and "I'm in the Mood for Love," "I Can't Give You Anything But Love," "A Fine Romance," "Willow Weep for Me," and "Who's Afraid of the Big

Bad Wolf?" along with some other treats. These songs are all by women songwriters, many of whom wrote songs which have become standards. Joining Ben, Brad, and

Cynthia is folksinger Buffy Groves for a medley of songs by Dolly Parton, including her big hit "9 to 5."

The show will also include a tribute to Doris Day drawn from her vast array of great songs.

Since it was established more than 40 years ago the Jefferson Historical Society volunteers have worked tirelessly to preserve and tell the story of Jefferson. Displays featuring the Waumbek Hotel, the Cherry Mountain Slide, and Jefferson dairy farms are just a few of the examples of the research done to portray

Jefferson life throughout the years. As the Society moves forward, greater emphasis will be placed on preserving pictures and documents physically, electronically, and in online collections.

JHS members appreciate Ben & Brad's efforts to always bring a fresh and entertaining musical evening to Jefferson. Join us on Aug. 2 and discover some other favorite songs which you may not have known were written by women!



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### LADY DAY AT EMERSON'S BAR AND GRILL

BY LANIE PETERSON

OPENS SATURDAY, JULY 13!

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Performances: July 13, 17, 20, 30 & August 5, 15

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# THE COÖS COUNTY DEMOCRAT

IEWS AND COMMENTS

## Take time to notice your surroundings — it could save lives

Over the past few weeks, there have been eight motorcycle deaths here in New Hampshire and several more accidents reported throughout New England. First and foremost, we are not invincible, and no where is worth getting to on time if it will cost a life.

Anyone who drives any vehicle on the roadways needs to slow down. Why speed? Why not pay attention? Why look at your phone? Have we become that selfish of a society where we just don't care about the safety of ourselves and others? Is the place you're speeding off to more important than another's life? It only takes a split second, as we are well aware, for tragedy to strike.

Our current society moves at such a fast pace, we can't help but to think of our ancestors, who took hours and months to get from point A to point B via horseback and carriage. Even the first motor vehicles only went 30 miles per hour. We all need to relax and realize that life is far more a greater gift than getting somewhere on time. If you're running late, so what.

We understand that speed fires off adrenaline, but even so, individuals need to keep it in check when the lives of others are at risk.

During the spring and summer months, the road is shared with motorcyclists and everyone, including motorcycle riders needs to take care of one another.

In 2017, a total of 5,172 motorcycle riders died in crashes. Those statistics have more than doubled since the late 1990's, when cell phone use became more prevalent. Nearly a third of those deaths resulted from crashes or collisions that were alcohol related. The remainder are almost always caused by the driver of a car.

Because motorcycles are small, it can be hard to see them due to blind spots or other vehicles. It goes without saying that a helmet is the most important piece of equipment a motorcyclist can wear. In 2017, a total of 1,908 of the riders killed were not wearing a helmet. Safety tips for riders include driving defensively, especially at intersections, however this should be the case for all motorists. Assume you are invisible to others and make sure you are seen in rearview mirrors. Wearing bright clothing is key as is using headlights during the day as well as evening.

It's much easier to leave a few minutes earlier than to put yourself or others at risk. How many more tragic accidents need to happen for this message to be ingrained in our heads? We think back to the good old days when life did move at a slower pace, and the only distraction in our vehicles was the car stereo. Driving to and from a place used to be a time of solitude. Now it seems like a place to put more pressure on ourselves by making phone calls and essentially 'killing two birds with one stone.' We challenge you all to revert back to a time when your car rides consisted of nothing but a clear radio signal and a chance to relax.



Members of the Greenlee families, who come every summer to the Waumbek Cottages, won "the most patriotic" award at Jefferson's traditional Fourth of July parade, starting at the Hillside Cemetery on Meadows Road (Route 115A).

EDITH TUCKER — COURTESY

## READERS' FORUM

### We have a chance to stop Casella

To the Editor:

On July 30, 7 p.m., Town of Dalton Municipal Building Gymnasium, Dalton voters will have the chance to vote yes for Emergency Temporary Zoning, which I feel is our best chance at stopping a proposed landfill, preventing it from becoming a reality (and our collective nightmare!). Please, vote yes to the following warrant article:

"Shall the town adopt the provisions of RSA 674:24-29 entitled 'Emergency Temporary Zoning and Planning Ordinance'?"

My favorite part of the zoning ordinance:

Under RSA 674:27 Commercial Exceptions Under Interim Zoning Ordinance. – Business, commercial or industrial ventures other than those mentioned in RSA 674:25 or 674:26 may be given special exception by the board of adjustment upon submission and approval of a site plan; provided, however, that the following regulations and restrictions shall be observed:

I. No business, commercial or industrial venture or use shall be

permitted which could cause any undue hazard to health, safety or property values or which is offensive to the public because of noise, vibration, excessive traffic, unsanitary conditions, noxious odor, smoke or other similar reason.

This is the provision in the ordinance relative to grandfathering:

RSA 674:28 Nonconforming Buildings, Land, or Uses Under Interim Zoning Ordinance.

I. All nonconforming properties in active use when an interim ordinance is passed and adopted may continue indefinitely in their present use.

It truly boggles my mind to think that there are some people in the community who feel a landfill will somehow be good for the Town of Dalton. One merely has to look at Bethlehem to see how Casella Waste Systems has worn out its welcome there. They claim to be a steward for the environment, but the reality at each of their facilities speaks to the contrary. Why would we want to welcome them

into our town? Those people behind the "Vote No On Zoning" are being very short-sighted and frankly, small and petty. This is beyond political power and control in Dalton, this is about the future of the North Country. Once Casella breaks ground at Douglas Drive off of Route 116, the North Country will NEVER be the same. Heavy garbage haulers will cause massive traffic congestion, pose a threat to pedestrian safety, bring noise and air pollution not to mention the negative impact this massive landfill will have on the environment, wildlife, and the landscape, which will surely drive away tourism. We will be forever known as landfill country for generations to come.

Thirty years from now, children will ask why we didn't stop this from happening. We do not need a time machine to go back and stop it; we can stop it here and now! This will be a historical vote, and the BEST CHANCE to STOP CASELLA from destroying the quality of life we all know and love in the

North Country! Please, educate yourself and your neighbors, know all of the facts, look at both sides, visit the divisive and fear-thy-neighbor SaveDaltonNH.com Web site and mine, SaveForestLake.com, and decide for yourself whether or not the North Country needs another Casella-run landfill only 7 miles away from its Bethlehem facility (which closes in 2025 or thereabouts after being kicked out by the citizens there!). Casella wants you to vote no on zoning. Why is that? Because Casella does not want zoning in Dalton, which is why they picked our small, rural town to be the future of their garbage empire!

We ask you to vote yes on July 30 to preserve our way of life and to stop a three-phase, 180 acre garbage landfill next to Forest Lake from becoming a reality. Future generations of North Country residents will thank you. Please, Vote yes!

JON SWAN  
FOUNDER  
SAVE FOREST LAKE  
DALTON

### Who's telling the truth?

To the Editor:

On several occasions, Cliff Crosby has stated in letters to this publication that "90 trucks a day" filled with trash would be coursing through Twin Mountain and Whitefield on their way to the proposed Dalton landfill facility. Mr. Crosby is in support of the landfill staying in Bethlehem, and is a well know promoter of NCES and Casella Waste Industries for many years. However, an NCES em-

ployee, Annette Marquis, says these statements are a "fallacy." On June 15, she stated to the Twin Mountain Board of Selectmen that she only counted 40 different vehicles in one day, 28 of which were tractor trailers. Ms. Marquis is in support of siting a new landfill in Dalton.

So, which one of these folks are telling the truth?

It appears that when NCES supporters are

rallying for the landfill to stay situated in Bethlehem, it's 90 trucks a day that will be running through towns, interfering with traffic patterns, causing additional wear and tear on roads that the towns will need to pay for, and adding to air pollution unnecessarily.

However, when NCES affiliates are promoting a new landfill in Dalton, roughly seven miles away from the current site of millions of tons of out of state trash, it's

a mere fraction of that, with 28 tractor trailers instead.

Can anyone clarify what is going on here? NCES, do you care to correct either your biggest promoter for inflated figures meant to sway the public or one of your employees for spreading false information meant to sway a board of elected officials?

Sincerely,

JENNY MONAHAN  
WHITEFIELD

### We've lost our tune

To the Editor:

I watched with much joy and coupled with

immense sadness the classic movie "Yankee Doodle Dandee" star-

ing James Cagney as George M Cohan. What a rousing spirit of proud to be American throbs throughout this movie. Imagine an actor, producer, singer being given "The Congressional Medal of Honor" by President FD Roosevelt for his music - "It's a Grand Old Flag" and "Over There" [Sing it: "We won't come home 'til it's over over there!"] I can't imagine the horde standing outside the White House chanting and waving their signs of disagreement and hate, nor the sad spokesperson Colin Kaepernick being quite as appreciative of either that movie or those two songs in particular.

And then it hit me... we've lost our song. We stopped singing after World War II. There followed what some mu-

sician said was "The Sound of Silence." Think of it - Korea, Viet Nam, The Middle Eastern wars. No marching, no flags waving, no encouragement to win and come home, no new music and songs...just rebellions, chants, angry signs, and yes, maybe even a burning of our national emblem and thinking it well deserved. I fell back into my chair folks as I realized that in my lifetime "we've lost our song," and as the movie ended I broke down and cried. Oh yes, I'm just an emotional old man who remembers what it used to be like but good and bad over time I still possess a loyalty to our nation and its flag. It truly is "A Grand Old Flag!"

JOHN SIMPSON  
LYMAN

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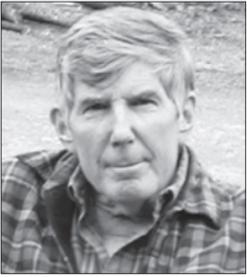
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North Country Notebook

# A kid scared half to death by an eel that stayed home



By JOHN HARRIGAN  
COLUMNIST

Editors tend to have long memories, and some readers, too, so parts of this story may look familiar. It's about (sort of) this typical Ozzie-and-Harriet neighborhood kid (me) catching a very big, very snake-like, very scary three-foot eel.

Friends have told me that this is one of many components of what makes me...well, me...and that I need therapy. My handy reply is that I can't afford the co-pay.

It was a beautiful spring day, Beaver Brook and its mill pond reflecting a sky almost as blue as Sinatra's eyes. Okay, not quite — maybe Paul Newman's.

Now there was a class act — Redford and Newman, who had great fun making movies later in their careers that helped a confused crop of Baby Boomers make the hump into the next generation, and amount to something. I think of New-

man every day because I'm an assiduous user of his salad dressings, the profits from which his foundation donates to charity.

Just as I know the script for "Jeremiah Johnson" almost line for line, I have a particular fondness for "Butch Cassidy and the Sundance Kid." Anything in the script that coincides with the real story, which occurred in the 1890s, is purely accidental.

Anyway, my favorite line is spoken three times (I think), I'm not quite sure by whom, and it's "Who are those guys?" as they look back at a pursuing posse.

+++++

As a kid of seven or eight or so, I already knew about the Sargasso Sea, a place northeast of the Caribbean where conflicting ocean currents create a gigantic sort of whirlpool, and where a particular kind of sea-weed grows (right, sargassum). One of the few comic books our parents would allow in the house (or we had the money for anyway) was the Popeye series. Popeye, as I recall, was always running off to the Sargasso Sea, or at least threatening to. Maybe that's where Olive Oyl came from, I don't know.

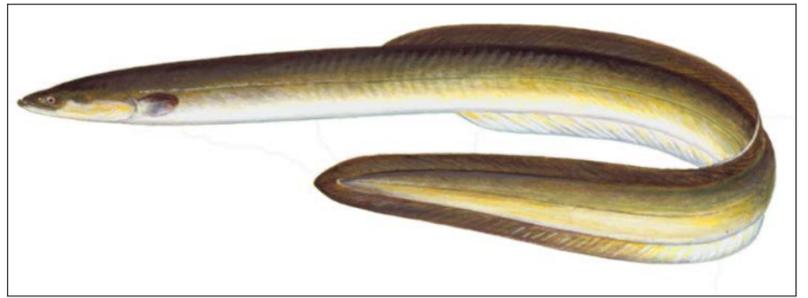
Another thing from those early days of learning is that I like spinach.

+++++

One of the Fish and Game's major connections to kindred spirits and the rest of the world is Wildlife Journal, published bi-monthly. The summer issue offered up not just eels but also great photo-features by Tim Acerno (the making of a K-9 law enforcement partner) and quaking bogs (Nicola Whitley).

I have some experience with quaking bogs, which are glacially formed kettle-hole ponds gradually taken over by vegetation. The vegetation eventually takes over the entire surface of the pond, forming a mat that increases in thickness over the years, but up to 30 feet of water remains beneath.

On a birding trip spinoff one year, I went into South Bay Bog on First Connecticut Lake. It was (and still is, I guess—I haven't been there in years) a classic quaking bog. The mat of vegetation covering what used to be the center of the bay was thick enough so you could walk on it, but your footsteps created waves below, and made the encircling black spruces sway.



COURTESY

An American eel, looking a lot like a very long, very big, dangerous and nasty snake. Well, to a kid at least. (Photo courtesy Fish and Game)

If you pointed your feet straight down, and jumped a couple of times, you would get wet as a trout. (Please address mail, including phone numbers, to campguyhooli-gan@gmail.com or 386 South Hill Rd., Colebrook, NH 03576.)

## JEFFERSON

Wilma Corrigan | 586-4488

### Happy Fourth of July!

Saturday, June 15, 2019, was a very exciting day for the John "Jack" Paschal family as their oldest grand-daughter, Jordan Velie of Manchester, graduated from high school. Jordan is the daughter of Jodie and Joe Velie. The ceremony took place at the SNHU Arena in Manchester. If all goes as planned, Jordan will enter college to study a course in the sports line, hopefully at Plymouth State University. Congratulations, and good luck in whatever you attempt in the future. Jordan has two younger sisters, Julie and Jessie to cheer her on.

Another special congratulations goes to Bea Hopps, who is a resident at the Morrison Nursing Home in Whitefield and is the mother of Lucille Cameron of Jefferson. On Wednesday, July 3, she celebrated her 101 birthday. May she have a real happy day and celebrate many more birthdays in the future.

Jefferson has lost another old-time resident with the passing of Donald Noyes of Meadows Road at his home on Monday, June 24 at the age of 85 years young. Donald attended the Jefferson Hill School and Lancaster High School. He took over his father's farm shortly after graduation, got married to Catherine Sheridan, the daughter of Stephen Sheridan and Isabelle Walker of

the Meadows. Shortly after, he was drafted into the United States Armed Forces, being one of the last Americans drafted, as soon the U.S. dissolved the drafting into the military.

After serving his term in the service, he returned to Jefferson and resumed his farming career until a hurricane felled his barn and turned him into a mill worker. I would like to commend his sister, Marie at keeping his farm in operation while he was in the military, a great job of love. Don and his wife Catherine took up family living and raised two sons, Stephen and Timothy, and a daughter, Dawn-Sue. They have one grandson, Adam Noyes, son of Timothy and wife Jill. Donald's wife, Catherine left his side when she passed away on September 9, 2009. Our deepest sympathy to the whole family on their great loss.

### Humor

One never knows! Clothes Closet!  
A young boy opened the big Bible that had been in the family for several generations. He studies with fascination all the passages his ancestors had underlined and examined the small, cursive notes crammed in the margins. While he was turning pages, suddenly a dozen dry oak and maple leaves fluttered to the ground.  
"Oh, look, Mom!" he called out in delight. "I found where Adam and Eve kept their clothes!"



GEORGE "KIT" CARTER — COURTESY

Weathervane Theatre presents Irving Berlin's "White Christmas." Based on the beloved film, this heartwarming musical adaptation features well known standards including "Blue Skies", "I Love A Piano", and the perennial favorite "White Christmas". Opening Tuesday, July 9 and running in alternating rep through Friday, August 9th. Sponsored by Bank of New Hampshire. Tickets available online at weathervanetheatre.org or by phone at 603-837-9322. Featured in photo (Left to Right): Jorge Donoso (Phil), Jocelyn Lonquist (Judy), Courtney Blackmun (Betty), Napoleon M. Douglas (Bob).



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Virginia Carr, 93

AVERILL — Virginia Carr, age 93, was born March 7, 1926, and died surrounded by family on July 3, 2019.

Granddaughter Danielle Carr best described "Gram" when she wrote a caption to accompany a photo taken days before she passed, "What a gal." On that day, she sang verses to "The Sound of Music" and was well known for breaking out into song at the slightest provocation. Also on that day, Virginia smiled at the way the sun felt on her still beautiful face and proclaimed, "This place is so beautiful. I'm not sure we appreciated it enough." But those who knew her disagree; she and her late husband George Carr ("Old Carr") loved the camp at Averill Lake that they owned since 1946, "God's Little Acre." Gratefulness and appreciation are two ways in which she faced each day spent in her beloved community of Canaan. Although suffering the loss of four of her eight children, John, Stanley, Edward and Jenny Lou, and one grandchild, Ian Lamphere, she still courageously, faithfully, fearlessly, and steadfastly continued to love her surviving children, their spouses, and all of their offspring.

She was born in Colebrook, and grew up locally as a daughter of another amazingly strong woman, Goldie Pearson, who raised her four children on her own after her husband died when Virginia was three years old. She graduated from Canaan Memorial High

School in 1944 and spent the summer of 1945 at the Monadnock Mountain fire tower watching for fires with her friend Nadia McComiskey (Fuller), a job that women had never fulfilled until that wartime summer. That fall she attended Syracuse University School of Nursing, graduating three years later and returned to Canaan as a Registered Nurse, where she married her high school sweetheart, George, in September, 1948, standing by his side through many-a-shenanigan until his passing 69 years later.

Her service to the community was varied and steady throughout her life. She had a long career as a public health official and nurse that began at the Coös County Hospital and continued at the former Canaan Clinic, Canaan School, and finally Coös County Nursing Hospital, attending to many armed with little more than her extraordinary bedside manner, confidence, and prescription pad. Although she had her own large family to tend to - and was often seen at the kitchen table with needle and thimble patching clothes late into the night - she always found time to help those in need. Virginia served as Side Judge and Justice of the Peace for Essex County, officiating many wedding ceremonies, including those of family and close friends. She was also a board member of the Canaan Historical Society, Canaan Memorial High School Alumni Association, lay reader



Virginia Carr

at St. Paul's Episcopal Church, Library Trustee, and correspondent for the News & Sentinel. If we all gave even half of what Virginia did for our communities the world would be a much better place!

She never held a grudge or was judgmental, forever tolerant and forgiving. On the rare occasion she said a disparaging word about someone, you could be certain that person was simply horrid. She was free-spirited, funny, curious, kind, and generous and always ready to set an extra plate at her table for drop-in visitors. She referred to her children, grandchildren and their friends as "You birds..." She was a voracious reader and occasionally cheating card player with her neighbors, "the girls," doing both right up until her first heart attack in March, 2019.

She loved and was forever loyal to her family, her community, her county, state, and country. Virginia was proud of her Green Mountain state, and she and George were members of the 251 Club of Vermont having visited every town; yet, still always appreciating the simple, breathtaking beauty of the Northeast Kingdom.

Virginia also loved to travel and had visited many cities, states, and a most memorable trip abroad to Scotland, which upon remembering some detail she would jubilantly exclaim, "Oooh, that was so wonderful!" Many will remember the beautiful Scottish red plaid wool material she purchased there to sew a skirt, which she wore to many special occasions.

Like others of their generation, and long before the phrase farm-to-table was coined, Virginia and "Old Carr" were passionate about providing for themselves and family from gardening

in Canaan and foraging the hillsides and woods for wild berries, to local meat, fish and game. With eight kids, it started out of necessity, but was something they both truly embraced and appreciated.

After suffering two heart attacks this past spring, she rallied to attend her 75th graduation anniversary from Canaan Memorial High School at the Alumni Banquet in June, dressed in the school's colors of purple and gold, of course! That's the kind of woman she was, always ready to get dressed up and honor the various commemorative events and celebrations of her community. Throughout her life, she led by example. She was steadfast, fearless, confident, determined, grateful, and appreciative. "Stop complaining and get involved and serve your communities," she advised. So, those who knew her and facing

challenging situations will find the solution by simply asking, "What would Virginia do?"

In addition to her four children and grandchild, Virginia was predeceased by her husband, George, brother Harry Pearson and sister Gretchen Bryan.

She is survived by her sister, Colleen Hilt, of St. George, Utah; four children, Gana Carr, Averill, Michael Carr, Hyde Park, Pearson Carr and his wife Janet, Weirsdale, Fla., and Gennette and her husband Lonnie Burke, Fairfax, Vt. Her grandchildren include Bryan Lamphere (who always claims to be the favorite); Danielle Carr; Isaac Sage; Jared Carr; Judson Lamphere; Averill, Brennan, Kyle, and John Earls; Ester and Ezra Carr; and Kiya Rodrigue, Darcee Alderman, Kylee Ladd, and Courtney Blalock; as well as several great-grandchildren, nieces and nephews.

Calling hours will be on Friday, July 26, 2019, from 6 to 8 p.m. at the Jenkins & Newman Funeral Home in Colebrook. A memorial service will follow the next morning, Saturday, July 27, at 11 a.m. at St. Paul's Episcopal Church in Canaan, Vt., with The Rev. Robert Lee officiating. Interment will follow at Alice Hunt Cemetery in Canaan.

In lieu of flowers, Virginia requested that any memorial contribution be made to one of her two favorite charities: the John & Stanley Carr Memorial Fund, Town Clerk's Office, PO Box 159, Canaan, VT 05903; or to the Canaan Historical Society, PO Box 214, Canaan, VT 05903.

Condolences may be offered to the family online by going to [www.jenkinsnewman.com](http://www.jenkinsnewman.com).

Arrangements are under the direction of Jenkins & Newman Funeral Home, Colebrook.

William L. Dixon, 68

LUNENBURG, Vt. — William L. Dixon, 68, of Baptist Hill Road, died at his home, Wednesday morning, June 26, 2019, after a brief battle with cancer.

Mr. Dixon was born in the Graves Maternity Home, Concord, Vt., on July 3, 1950, the son of Lester "Flash" Dixon and Muriel (Gibson) Dixon.

Bill was a 1969 graduate of Concord High School. He also acquired his CDL from White Mountain Community College and was a graduate of the Vermont Police Academy. In the fall of 1969 he joined the National Guard, serving for six years.

In his youth, he worked at Six Gun City in Jefferson, and was proud of being a bad guy in the old frontier shows. From 1971 to 2006, he was employed at the Gilman Paper Mill, and for 30-plus years served as an Essex County Deputy Sheriff.

Bill was a Free and



Bill Dixon

Accepted Mason with the Moose River Lodge #82, Concord. He enjoyed camping, Karaoke, breakfast with his best friend Doug, playing Uno and spending time with family.

Surviving family members include his wife, Carol (Dunn) Dixon of Lunenburg; his five children (Pennie Shaw and husband Rob of Lunenburg, Jeremy Dixon of Lunenburg, Adam Dixon and companion Callie of Lyndonville, Jennifer Vaillancourt of Hickory, N.C., and Tiffany Charette

and fiancé Shane of South Portland, Maine); several grandchildren and great-grandchildren; siblings Judy Fissette and husband Fred of Melrose, Mass., Jane Austin of Concord, Vt., Gerilyn Haskins and husband Davin of Sheffield, Vt., and Bruce Dixon of Lexington, Ky.); his best friend, Doug Stewart, and wife Leslie of East Concord, Vt.; and several nieces and nephews.

A celebration of life will be held at Bill's home on Saturday, July 20, starting at 3 p.m. Donations in lieu of flowers may be made in his memory to the Moose River Lodge #82, 134 South St., Concord, VT 05824.

Arrangements are under the direction of Bailey Funeral Home in Lancaster. Please go to [www.baileyfh.net](http://www.baileyfh.net) for more information or to send an online condolence.

Philip C. Forst, 89

DALTON — Philip C. Forst, 89, died Tuesday, July 2, 2019, at Dartmouth Hitchcock Medical Center, Lebanon.

Mr. Forst was born June 21, 1930 in North Bergen, N.J., the son of Philip and Mary (Puleo) Forst. He was raised in Hillsdale, N.J., and worked as a master plumber until the age of 45 when he retired. He was married



Philip Forst

to his dear friend and wife, Edith, of 61 years. They spent their retirement years traveling the countryside in their motor home visiting the many sites this country has to offer, their favorite being Alaska. Often times they traveled with many friends and acquaintances they has met over the years being members of motor coach clubs, with Philip holding office positions planning many of their getaways.

Philip was predeceased by his parents, along with his sister, Mitzi Shroeder.

He is survived by his wife and five children (Edith Stratton, Philip Forst IV and wife Shea Catherine Reynolds, Peter Forst, and Linda Burke and husband Mark); thirteen grandchildren and five great-grandchildren

Visiting hours were held Sunday evening, July 7, from 6 to 8 p.m. at the Bailey Funeral Home in Lancaster. A funeral service was held Monday afternoon at 1 p.m. at the Bailey Funeral Home in Lancaster. Rev. Daniel Deveau, pastor of the St. Marguerite d'Youville Parish, officiated. Burial with committal service will be held Wednesday afternoon, July 10, at 2:30 p.m. at the Evergreen Cemetery in Milbridge, Maine.

Additional Obituaries, please see pages A-2 and A-12

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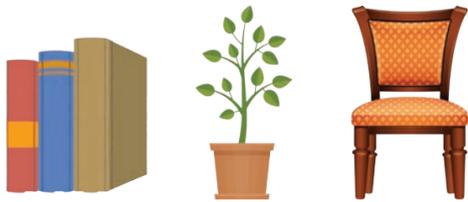
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# Weeks State Park hosting geology field trip and program

LANCASTER — Weeks State Park is a fantastic place to get a glimpse of the geologic forces and events that have shaped New England and the White Mountains during a geology field trip to Mt. Prospect July 18 from 1-4 p.m. Major faults and evidence of glaciation are revealed here, as well as a well variety of rocks and sediment that spans 500 million years. For a relatively small area Weeks State Park reveals great geology that is accessible for all to explore! We'll meet at the lower parking lot and get organized to assemble and start looking at the bedrock at the eastern viewpoint that overlooks the Ammonoosuc Fault, a key feature of the geology at Weeks.

After an examination there of exposures, a short trip up the road to the hairpin turn brings us to Lost Nation gabbro. We will take a short walk down the Old Carriage Road trail to see the Albee Formation that is in place. Continuing up the road to the parking lot by the Carriage House, we will examine a basalt dike that has xenoliths of Lost Nation and Albee rocks. A short walk along the Nature Trail to more glacially polished outcrops of Lost Nation and Albee will end the trip. That same evening at 7 p.m., take a step back in time -way back- and learn the story of how Mt. Prospect was formed. Join geologists Dykstra Eusden and Woody Thompson as they present the tectonic and glacial history of Weeks State Park. Hear the story of the ancient Bronson Hill Volcanic Arc and the adjacent Central Maine Trough, a marine basin filled with deep-sea sediments. Learn about the Taconic, Salinic, and Acadian mountain building events that created the Appalachian Mountains. They also explain the prominent Ammonoosuc Fault and its unusual topographic expression at Weeks.

The second half of the talk will describe the impact of the Ice Age on the Park and surrounding Lancaster area, from the advance of the Laurentide Ice Sheet across the White Mountains to its melting and retreat when the climate warmed again. Tips on how you can recognize features left by the ice sheet, methods used by geologists to determine their ages, and changes in the landscape as the glacier departed will be illustrated. Dykstra Eusden is a professor at Bates College teaching a variety of field-based courses. He went to Bates for his B.S., then to the University of New Hampshire for his M.S. and finally Dartmouth College for his Ph.D. Woody Thompson grew up in New Hampshire and majored in geology at Dartmouth College. He earned his Master's degree from the University of Vermont and Ph.D. from Ohio State University.

This program will be in the Great Room of the Summit Lodge of Weeks State park and will begin at 7 p.m. Come early and bring a picnic supper, or climb the Fire Tower for one of the best views north of the notches. Weeks State park is located on the east side of Route 3, approximately two miles south of Lancaster. Carpooling is strongly suggested if possible for the events. Shuttling service will be provided for all summer programs from the parking lot to the Lodge from 6:30 to 8:30 p.m.

The summer programs are sponsored by the Weeks State Park Association, NH Division of Parks, and UNH Cooperative Extension.

"Thank You" to our local business supporters who help make the summer program series possible.

## LANCASTER Weather Summary

By Dave Haas  
June 30-July 6

TEMPERATURE:

High Week	91	7/5
Low Week	50	7/1
High 1 Year Ago	93	
Low 1 Year Ago	44	
Normal High	78	
Normal Low	53	
Record High	95	1997
Record Low	32	1982
Degree Days This YTD	6	
Degree Days Last YTD	4	
Avg. Degree Days YTD	13	

Note: Degree Day Year Begins July 1 & Ends June 30.

PRECIPITATION:

Total Week	2.91
Total This Month	2.91
Normal This Month	1.08
Total This Year	25.93
Normal For Year To Date	23.36
Total Snow This Month	0.0
Normal Snow This Month	0.0
Total Snow This Winter	0.0
Normal Snow This Winter	0.0

Note: Melted Precipitation Year Begins Jan 1 & Ends Dec. 31

## Physician with local ties earns family medicine certification



**Dr. Cassidy Rose Hood**  
GREENVILLE, S.C. — Dr. Cassidy Rose Hood, MD, daughter of Dr. Carol J. Hood, PsyD, JD, and granddaughter of Paul D. and Aurore Hood of Lancaster, graduated from the three-year AC-GME accredited Prisma Health/University of South Carolina Family Medicine Residency program on June 30 in Greenville, S.C. Prisma Health is the largest healthcare system in South Carolina and ranks among one of the biggest health networks in the country.

During her medical residency, Dr. Hood consistently volunteered to provide medical care to the underserved population of South Carolina at the Adult Detention Center, Juvenile Detention Center, Mobile Health Clinic, Berea Middle School, Greenville High School, and Veteran Affairs (VA) Clinic, Furman University, Converse College, USC School of Medicine Greenville, and VCOM School of Medicine.

Dr. Hood was the 2018-2019 Chief of The Family Medicine Residency program and received several graduate medical residency awards: 2019 Medical Research Award, 2018-2019 Chief Medical Resident Award, and 2019 Medical Resident Teacher Award. In addition, Dr. Hood was elected to be the 2017 South Carolina Academy of Family Physicians (SCAFP) Resident Delegate representing South Carolina Family Medicine Resident Physicians. Dr. Hood was selected to present her research, entitled, "The Effect of Fad Diets on Patients' Perceptions of Health and Disease" at local, state and national levels in 2018: The Prisma Health Research Health Symposium, The SCAFP podium presentation, and at the Annual American Academy of Family Physicians (AAFP) Family Medicine Experience (FMX) national conference. Dr. Hood's research manuscript will be published in the Prisma Health Journal in 2019. Dr. Hood was inducted into the Gold Humanism Honor

Society and received the 2019 Gold Humanism and Excellence in Teaching Award, which recognizes physicians who value humanism, professionalism, and demonstrate excellence in clinical care, leadership, compassion, and dedication to service. Dr. Hood was recognized for directly and tangibly improving the quality of her patients' care by her mastery of the science of medicine as a physician in conjunction with her empathy, altruism, and professionalism in the establishment of healing physician-patient relationships.

Dr. Cassidy Hood, MD became Board Certified in Family Medicine by the American Board of Family Medicine on June 30, 2019. Dr. Hood is currently pursuing additional Board Certification in Lifestyle Medicine by the American College of Lifestyle Medicine culminating in October 2019. Lifestyle Medicine is the use of evidence-based lifestyle therapeutic approaches, such as a plant based diet, regular physical activity, adequate sleep, stress management, avoiding use of risky substances, and pursuing other non-drug modalities to treat, reverse, and prevent chronic disease. Lifestyle Medicine utilizes patient motivational interviewing techniques, healthcare education, and multidisciplinary medical teamwork and community partnership initiatives resulting in patient cognitive behavioral health changes that improves patient wellbeing.

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## NCD Highlight on Hygienists

Focus: Reaching the Patient on a Heart Level

About Christy Renes: Registered Dental Hygienist for 20 years. North Country Dental Hygienist since 2017. Mother of 3. Game Hunter, Outdoor Enthusiast, and Gardener.

**Christy on NCD:** "Dr. Schoenbeck's a really great leader. He goes out of his way to practice what he preaches. When you care about each other, you're going to do a better job. It's not going to be 'I'm here punching a time clock and leaving'."

**The Christy Renes Difference:** "I love to have someone come and by the time they leave, they feel like they have a friend, somebody who cares about them...as corny as that sounds...it's so much more than just cleaning teeth. It's not a one size fits all."

**Quotable quote:** "Sometimes you have to look a little deeper, reach the patient on a heart level, see what other things might be going on. A patient might be worried about the oil bill or something else. Every treatment has to fit the individual and each patient has a different need. It's like 'good for them, good for me.'"

**The NCD difference:** "The office tends to act like a family. That level goes down to the patient, as well, the care. One of the reasons I liked working here is because I knew family mattered to them, I knew they actually cared about people and not dollar signs. It is a business but more than once I've seen them meet the patient where they need to be. A lot of places are just about the bottom line."

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**NCH**

(continued from Page A1)  
 tals negotiated a partnership, vetted it publicly and voted to affiliate and create a common parent organization back in 2015. With an aging population spread over the North Country, the affiliation was designed to save money, share resources and provide outstanding healthcare. Under the now perma-

nent affiliation, each hospital will keep its own board of directors and its own administrative structure. All of the now-permanent members' boards voted unanimously in the past 30 days to codify the affiliation.

"There can be little question that each of the affiliates under the North Country umbrella have benefitted

from the partnership, in each location we have seen substantial improvements clinically, operationally, and financially" said Thomas Mee, Chief Executive Officer of North Country Healthcare. "Consolidation and collaboration represents the future of rural healthcare, and I believe we've created the model for sustainability going forward."

To date, most of the integration has been largely administrative and human resource based – but the healthcare providers have found significant savings, which have strengthened the system, and allowed them to make new investments. Savings have also come in joint purchasing, meeting current and long-term capital needs, attracting and

retaining physicians and staff, increased clinical performance, and a stronger position in negotiating rates with insurers. In fact, the hospitals have also saved a considerable amount with new electronic medical records systems and leveraging purchasing power. In fact, NCH leadership envisions that, once the electronic health record is imple-

mented in the next 18 months, patient's medical records originating from NCH facilities or partners will reside on a single medical record platform, representing the ultimate goal in clinical integration.

Learn more about North Country Healthcare at <http://northcountryhealth.org>.

**Gabbard**

(continued from Page A1)  
 According to Gabbard, healthcare is the foremost example of this corruption.

"Even the Affordable Care Act that expanded coverage for so many people continued the atrocious policy that bars Medicare from negotiating lower prescription drug prices with pharmaceutical companies," she stated as she described caravans of mothers driving to Canada to fill prescriptions for their children.

"You deserve a President that puts service above self at the forefront of every decision that is made. Someone who thinks about the well being of our people first," Gabbard continued. "This kind of corruption has eroded

the trust that we had in our leaders for both the political parties."

Gabbard continued, "We cannot take the freedoms that we have for granted, and they are being threatened. Our freedom of speech is being threatened."

Gabbard stated that right now, the cost of operations in Afghanistan costs the federal government approximately \$4 billion each month. By comparison, the annual budget for Community Block Grants in all fifty states is only three billion dollars per year.

"The cost of war is affecting every aspect of our lives. Unless we address the cost of war, we will never have affordable housing, healthcare, or quality education for our children," she added.

"There is no greater sacrifice any one of us can make than to be willing to lay down one's life for our country," continued Gabbard. "I get asked this question; how can you still wear the uniform when there are so many people making decisions that are undermining why we serve. I am running for President to end these wasteful wars."

In addition to her strong views on war, the military veteran supports the federal legalization of recreational marijuana and an increase of the hourly minimum wage to \$15 an hour. She also supports universal healthcare and tuition-free community college. She was previously a vice-chair of the Democratic National Committee until she resigned in 2016 to endorse Bernie Sanders.

**Omni**

(continued from Page A1)  
 dustry sectors throughout the state by helping employers develop apprenticeship programs that meet federal standards. This enhancement to the culinary academy will allow apprentices training to become top-notch chefs to also receive a national occupational credential from the U.S. DOL.

"The Bretton Woods Culinary Academy began as an important way for us not only to invest in our employees and given them an opportunity to begin a career, but also a viable solution for responding to our hiring gaps," said Jos DeBottis, General Manager. "We're excited to take the next step and have the program approved as a Registered Apprenticeship. It brings a new level of rigor and recognition to the program, and provides an additional credential that makes the program more attractive to in-

coming apprentices."

The program will consist of 503 hours of classroom instruction completed over the course of three years at WMCC. All required coursework is credit-bearing, and college credits earned by the apprentices are applied towards a Culinary Arts Associate Degree awarded by WMCC upon completion. The Registered Apprenticeship program at the Omni Mount Washington Resort also requires just over three years of on-the-job training, which equates to 6,200 hours. As cook apprentices, apprentices will learn with the support of a mentor how to prepare, serve, and plan a variety of menu items offered at the resort.

"This apprenticeship program enables participants to not only begin an exciting new career path in the industry, but also the opportunity to work towards a degree that allows the apprentices to learn and develop new skills while still

receiving a paycheck," said Emily Zeien, grant manager for ApprenticeshipNH. "The Omni Mount Washington Resort is demonstrating their commitment to their internal talent by developing this apprenticeship opportunity that allows employees to better themselves. Apprentices will have access to exceptional training and education resources that will prepare them to be successful in a new career. We applaud them for making such a significant investment in their workforce."

To learn more about the ApprenticeshipNH program, including additional information on how your business can get involved, visit [earnlearnnh.org](http://earnlearnnh.org) or contact Zeien at [apprenticeshipusanh@ccsnh.edu](mailto:apprenticeshipusanh@ccsnh.edu). For more information on the Bretton Woods Culinary Academy, visit [brettonwoods.com/bwca](http://brettonwoods.com/bwca). Application deadline for the next session is July 22.

**Program**

(continued from Page A1)  
 According to Becker, the Summer Lunch Program was initiated by Groveton Principal, Lisa Perras, three years ago. Funding for the program is provided by the United States Department of Agriculture (USDA), and local representatives distribute food to the Groveton rec program, the Lancaster rec program, the Whitefield rec program, and to Safe Haven as well.

"We've doubled our numbers from last year. We do at least sixty meals a day," said Becker.

He stated that the lunches are free, "no questions asked," and the program is available to anyone in the community.

"Sometimes, whole families come in. It's not just limited to rec participants," he said.

When asked about food instability in the area, Beck said it's a huge issue.

"Honestly, everybody could use a leg up, and there's absolutely no shame in that. I think a lot of people feel that. Doing things like this is a way to help everybody. Many kids are

already dealing with substance abuse in the home. Food instability should be something they don't have to worry about," Becker stated.

"When kids come in, and they are not regulated because their home is unstable, this program is a way to help them monitor and allows them to learn," added Becker.

The free Summer Lunch Program started on June 24 and is held from noon to 1 p.m. on weekdays at the Groveton High School cafeteria. For more information about this food program, call the school at 636-1619.

# Northern Coös Dems hear from Warren campaign

COLEBROOK — Continuing their review of potential presidential candidates, the Northern Coös County Democratic Committee met Thursday, June 27 at Moose Muck Coffee House in Colebrook.

Members are watching debates and following the dialog to determine which of the candidates will unseat Trump and return civility to the political discourse. Previously, members attended Joe Biden's appearance in Berlin.

At the June 27 gathering, the Democratic Committee met with Gabe Shoglow, Regional Political Director of Elizabeth Warren for President.

"We need to change the inequalities in this country," he said. "Trump's base rants about welfare. We have to talk about corporate welfare. One thing I like about Elizabeth Warren is that she speaks to a large cross-section of American voters."

Until the second Democratic debate, committee members agreed that Elizabeth Warren's positions occupied the moral high ground, but that Joe Biden might be the stronger alternative to unseat Trump. Suddenly, Kamala Harris changed the political equation, and now Committee members plan to discuss the new reality.

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# GNWCA welcomes new Directors to Board



**The Great North Woods Committee for the Arts (GNWCA), which recently moved into its new location at the former Our Lady of Grace Shrine in Columbia, welcomes two new members to its board of directors. The eight-member board consists of, from the left, Larry Rappaport, Tom Jordan, Terry Rosi, Charlie Jordan, Dean Woodard-Nearly Deb Sargent, Nancy Gray and Gordon Gray.**

COLUMBIA — The Great North Woods Committee for the Arts (GNWCA), which is now in its 16th year of providing the performing arts to the greater North Country, is welcoming two new members to its board of directors,

Dean Woodard-Nearly of Colebrook and Nancy Gray of Groveton. Dean brings to the board a youthful view of the arts. He is a 2010 graduate of Colebrook Academy, where he was an active member of the Colebrook Academy

Concert Band and The Colebrook Academy Players. Dean has continued to support the arts after high school. "I'm excited to be able to be a part of GNWCA," he said this week. Nancy joins the board and also has accepted

the position of GNWCA treasurer. She and her husband Gordon owned and operated a dairy farm in Groveton for over 30 years, where they also raised their five children. Nancy was an active member of the NH Farm Bureau, a 4-H Leader, a Director on the Board of Granite State Dairy Promotion, and served on the Northumberland School Board. For 12 years, Nancy wrote and edited the "Farm & Forest Pages" for the Coos County Democrat. She is also the author of four books, which offer a glimpse into the life and work of the Grays' farm family over the years. Nancy says she always been an avid supporter of the arts, especially when her children were involved in music and drama. She enjoys gardening, and appreciates all kinds of music, theater and movies, and loves to write, draw and paint.

Dean and Nancy join fellow directors Charlie Jordan of Clarksville, Terry Rosi of Colebrook, Larry Rappaport of Canaan, Vt., Tom Jordan of Clarksville, Gordon Gray of Groveton and Deb Sargent of Pittsburg. The GNWCA purchased the former Our Lady of Grace Shrine in Columbia last year and today, along with the Carriage

Lane Players, Connecticut River Artisans Group and a team of community minded people, are working to turn it into an Arts Center. The GNWCA, which had recently maintained a presence in the Williams Building in Colebrook, will be headquartered now at the new Arts Center on Route 3 in Columbia.



**Democratic Presidential candidate Tulsi Gabbard paid a visit to The Copper Pig in Lancaster during her swing through the area last weekend. She is pictured here with the restaurant's owners.**

## North Country residents plead guilty to distributing suboxone

CONCORD — Peter J. Carney, 57, of Stewartstown, and Dustin Grant, 34, of Colebrook, pleaded guilty in federal court to distribution of suboxone, United States Attorney Scott W. Murray announced today.

According to court documents and statements made in court, on Nov. 15, 2018, Carney sold suboxone to an individual who was cooperating with law enforcement officers. On Feb. 14, Grant sold suboxone to an individual who was cooperating with law enforcement officers. Both sales occurred within 1,000 feet of an elementary school.

Carney is scheduled to be sentenced on Oct. 11. Grant is scheduled to be sentenced on Oct. 30.

"Drug trafficking affects people in all parts of our state," said U.S. Attorney Murray. "Those who sell drugs illegally should be aware that the law enforcement community in New Hampshire is united in its effort to identify, prosecute, and incarcerate those who commit drug trafficking crimes."

This matter was investigated by the DEA, with assistance from the Colebrook Police Department, the New Hampshire State Police, U.S. Customs and Border Protection, the Coos County Sheriff's Office, the New Hampshire Li-

quor Commission's Division of Enforcement and Licensing, and the New Hampshire Attorney General's Office.

The case is being prosecuted by Assistant United States Attorneys Charles Rombeau and John S. Davis.

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# Gillibrand visits Rek'Lis Brewing



ANGEL LARCOM

New York Senator and Democratic Presidential hopeful Kirsten Gillibrand addressed a significant crowd on the deck at Rek'Lis Brewery in Bethlehem on July 3.

BY ANGEL LARCOM  
angel@salmonpress.news

**BETHLEHEM** — New York Senator and Democratic Presidential hopeful Kirsten Gillibrand visited Rek'Lis Brewery in Bethlehem on July 3. This event was her second for the day, after a stop in Lancaster, and it was the first

day of her week-long tour of New Hampshire.

She was introduced to a packed crowd by State Rep. Sue Ford and spent nearly an hour describing her track record, her stance on a variety of topics, and answering questions from attendees.

“One of the things I looked for in a candidate was someone who cares for children and for families, someone who would make an effort,” said Ford. “I found that candidate in Kirsten Gillibrand.”

Gillibrand opened her presentation with bold statements about her track record.

“The reason why I am running, and the reason I am going to win, is that I take on the fight that no one else does and I win,” she said. “I’ve taken on the Pentagon twice

over the repeal of Don’t Ask, Don’t Tell and over sexual violence. I was the first member of Congress to make my tax records public.”

A graduate of Dartmouth and the UCLA School of Law, Gillibrand worked on Hillary Clinton’s 2000 U.S. Senate Campaign and was selected to be her replacement in the New York Senate after Clinton became the Secretary of State. She has a long track record of fighting against sexual assault and for women’s reproductive rights.

While she has become more liberal in recent years, Gillibrand was considered at one time to be a Centrist Democrat with conservative positions on finances and guns. She was a member of the Blue Dog Coalition, and she voted against the Emergency Economic Stabilization Act of 2008. She made national headlines ten years ago when she publicly stated that she and her husband sleep with guns under their bed.

While at Rek'Lis, Gillibrand hit all of the major topics from reproductive rights and lobbyists to gun control and the climate, and she did it in less than ten minutes before open-

ing the mic up for questions from the public.

“I will stand up to do the right thing no matter what,” stated Gillibrand. “What President Trump has done is divided the country. He’s divided us on every issue; racial, religious and socio-economic. America was always known as the beacon of light in the world. Pres Trump has reduced us. He doesn’t stand up for our values.”

“We need a President who is brave enough to take on the battles that other people won’t, and that is who I am,” she continued. “I would rather have a working mom in the White House than a misogynist.”

“One of the things that separate me from other candidates that are running is that I actually get stuff done and I bring people together,” continued Gillibrand. “I also pass legislation. In the last congress, I passed eighteen bills that Trump signed into law. They were common-sense legislation.”

Gillibrand was asked about her position on narcotics, chronic pain, and the seven-day dosage limits currently placed on doctors when prescribing opioids.

“We want doctors to be able to prescribe you all the medication you need; we are just trying to decrease the number of opioid deaths,” she replied.

When asked how she would you handle the situation on the Mexican border, Gillibrand had a strong response, stating “I think what Trump has done to separate children from their parents on the border is inhumane, un-American and an outrage,” she said. “It’s not making us safer; it’s making us less safe.”

Her proposed solution: “I would make sure we are supporting comprehensive immigration reform with a pathway to citizenship for the ten to twelve million people already here. I would not be funding the for-profit prisons that are currently locking up families and children.”

Gillibrand went on to address questions about health care costs, the legalization of marijuana, wage equality, post-birth abortions, environmental toxins, and public education funding. She wrapped the session with an appeal for voters and posed for photographs with the public.

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## Top of the Common Committee seeking auction donations

LUNENBURG, Vt. — The Top of the Common Committee is seeking donations for their upcoming fundraising auction. They are now accepting household goods (no used TVs or refrigerators, please), tools and equipment, sporting goods, antiques/collectables, artwork and crafts, anything useful, old or new. For pick-up of your items, call Gary at 802-892-5925.

The auction will be held on Saturday, Aug. 3, during Lunenburg Old Home Day, at the Congregational Church on the Lunenburg Common. Bidding will begin at 3 pm with preview at 2 p.m. More information about Lunenburg Old Home Day can be found at [www.topofthecommon.org](http://www.topofthecommon.org).

## Storyteller Simon Brooks to perform at Weeks Memorial Library

LANCASTER — On Thursday July 18 at 3 p.m., storyteller, Simon Brooks, will be at the Weeks Memorial Library to share stories from all over the world. Simon is like a traveling one-man show with his wit, his physical antics, comedy and pathos. Simon’s voices and sound effects are perfected to the point where you become lost in the tale as you might a movie, no matter your age. Come join us for the entertaining program that will make you laugh.

For more information, please call the library at 788-3352.

## Dalton resident named to UMass Lowell dean’s list

LOWELL, Mass. — Jessica Duncan of Dalton has been recognized for achieving academic distinction at the University of Massachusetts Lowell. Duncan, majoring in biology, was named to the dean’s list at UMass Lowell for the spring 2019 semester. To qualify for the dean’s list at UMass Lowell, a student must have completed no fewer than 12 graded credits for the semester and earned at least a 3.25 grade-point average with no grade lower than C and without any incompletes. UMass Lowell is a national research university located on a high-energy campus in the heart of a global community. The university offers its more than 18,000 students bachelor’s, master’s and doctoral degrees in business, education, engineering, fine arts, health, humanities, sciences and social sciences. UMass Lowell delivers high-quality educational programs, vigorous hands-on learning and personal attention from leading faculty and staff, all of which prepare graduates to be leaders in their communities and around the globe. [www.uml.edu](http://www.uml.edu)

## LRH LASER HAIR REMOVAL SPECIAL — Are you tired of shaving or waxing unwanted hair?

It’s swimsuit and summer events season! Don’t let ingrown hairs or razor burn stop you from enjoying your time at the beach or a special event. Treat yourself to laser hair removal at Littleton Regional Healthcare!

Dr. Patrick Fitzpatrick offers laser hair removal for both men and women using the GentleMax Pro® Laser. This state-of-the-art treatment is performed by an experienced medical professional in our office.

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For more information, or to schedule an appointment, call (603) 444-2450.

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- Carrol County Independent

Salmon press

Email: [cathy@salmonpress.news](mailto:cathy@salmonpress.news)  
Phone: (603) 631-7831



JOSHUA SPAULDING

Roadsides in Twin Mountain were lined with spectators who braved the heat to pay their respects to the rolling tribute of motorcyclists that passed through the area last weekend in honor of the seven former Marines killed in the tragic collision in Randolph last month.

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## Adrien Donald Dostie, 30

**COLEBROOK** — Adrien Donald Dostie, 30, of Colebrook, passed away suddenly on Sunday morning, June 30, 2019, in Stewartstown.

He was born on Sept. 7, 1988, in Colebrook, a son to Denis and Chantal (Gregoire) Dostie. He attended schools in Colebrook and graduated from Colebrook Academy in 2006. He then attended the vocational technical school in Berlin and studied welding.

Adrien was a big man with a big smile, and an even bigger heart. He was a generous soul who would do anything to help someone if they needed it. Wherever he was, as soon as he walked in, his infectious smile and larger-than-life personality would take over. His sense of humor made sure that no one was a stranger to him, with his big smile, booming laugh and twinkling green eyes drawing everyone in. Underneath was the warmest, kindest man who loved his family with all his heart.

From when he was just a kid playing with equipment to when he



Adrien Dostie

grew to be a seasoned logger, Adrien could operate anything with a steering wheel or joysticks with ease. His passion was in the woods, like his father, and he was a skilled welder, log loader operator, and grapple skidder man who could drive the wheels off any truck. He always wanted to be the best and strived to pull the most wood or load the biggest loads.

Adrien was a very hard worker, but managed to play even harder. He lived life on his terms: full throttle and with no fear, pushing boundaries until the end.

He is survived by

## Kevin Lee Griffin, 53

**CANAAN** — Kevin Lee Griffin, 53, of Canaan, and formerly of Dalton, passed away suddenly at his home on Thursday, July 4, 2019, after a long period of struggling with ill health.

He was born on May 25, 1966, in Tupper Lake, N.Y., a son to Richard "Skip" and Rita (Provoncha) Griffin. He attended schools in New York and graduated from White Mountain Regional High School in 1984.

Kevin was a wonderful gentleman and an extremely hard worker. For 12 years, he worked for the International Union of Operating Engineers, Local 106, out of Albany, N.Y. His passion was hopping in a skidder or crane to get a job done. He loved being in the woods or building a bridge. There wasn't a piece of machinery that he couldn't run. For most of his life, he started work at 3 a.m. and would work until 7-8 p.m. Kevin loved his jobs, but found



Kevin Lee Griffin

his life's true passion when he became a father. His three children and two grandchildren were his absolute world, and he worked harder than ever to give them anything and everything he could. Kevin had a heart as big as the world and his smile could light up the room within seconds. He would give the shirt off his back for anyone walking down the street if they needed it. Even when his health wasn't the best, he would still

help wherever it was needed. Kevin is survived by his wife, Michelle Griffin; his three children, Kristie, Peter, and Rachel Griffin; his two grandchildren, Elijah and Zoey Begin; his step-parents, Evelyn Griffin and John Palmer; his sister and brother-in-law, Bonnie and Kevin Whittum; his brother, Dave Palmer; his step-sister Shirley and Nick Hamm; his step-brother and sister-in-law, Rusty and Darlene Palmer; along with many aunts, uncles, cousins, nieces and nephews.

Kevin was predeceased by both of his parents, Richard Griffin and Rita Palmer, as well as two brothers, Keith and Robert Griffin.

A private interment for Kevin will be held in Newcombe, N.Y., where he will be buried next to his brothers and mother. A Celebration of Life for Kevin will be held at a later date of which notice will be given.

Condolences may be offered to the family online by going to [www.jenkinsnewman.com](http://www.jenkinsnewman.com).

Funeral arrangements are under the direction of Jenkins & Newman Funeral Home in Colebrook.

**JEFFERSON** — Mariette Ingerson, 87, formerly of Boismont Drive, died Wednesday afternoon, July 3, 2019 at the Morrison in Whitefield, where she has resided for several years.

Mrs. Ingerson was born in Morris Plains, N.J. on Feb. 17, 1932, the daughter of Charles E. and Dorothy (Willey) Enman.

She attended schools in Morris Plains and Morristown, N.J., moving to Jefferson in 1944. For 49 years, Marietta and her husband Elliot were the caretakers of the Carter Estate in Jefferson. She was an active member of the Jefferson Christian Church.

She is survived by her children, Rodney E. Ingerson (and Pat) of Jefferson, Lynn I. Smith (and Miacael) of Salem, Va., Dona I. Sanborn (and Wes) of Gorham, and Nancy Skillin (and Wayne) of Whitefield; two sisters, Elaine Kenison of Mount Dora, Fla. and Barbara Connel of Sandy, Utah; many grandchildren and great-grandchildren, nieces and nephews.

She was predeceased by her husband, Elliot Winthrop Ingerson; a daughter, Wanda J. Sloan; a grandson, Jason Stone; two sisters, Ruth Walker and Eleanor Cloyd; and five brothers, Robert, Donald, Charlie, Lawrence, Bruce.

A graveside service will be held at 1 p.m. Wednesday, July 17, 2019 at Forest Vale Cemetery in Jefferson. Rev. Dean A. Stiles, pastor of the Jefferson Christian Church, will officiate.

Donation may be made in her memory to the Charles Enman Scholarship Fund, c/o Meredith Robinson, Passumpsic Bank, 117 Main St., Lancaster, NH 03584.

Arrangements are under the direction of Bailey Funeral Home in Lancaster. Please go to [www.baileyfh.net](http://www.baileyfh.net) for more information or to send an online condolence.

## Ogontz Camp welcomes new Executive Director

BY ANGEL LARCOM

[angel@salmonpress.news](mailto:angel@salmonpress.news)

**LYMAN** — Ogontz Camp and Event Center recently announced their choice for a new Executive Director. Hailing from Gloucester, Massachusetts, Rick Doucette brings more than thirty-five years of camp management experience to the historic Lyman facility.

Before accepting the position at Ogontz, Doucette served as the Executive Director of the Cape Ann YMCA in Gloucester. According to representatives of Camp Ogontz, Doucette played an integral part in the increase of outreach and services offered to the community of Gloucester during his years with Cape Ann. Doucette has a strong track record of increased participation numbers, fundraising success, and securing community support.

Doucette says he is thrilled with both a new opportunity and his new home at Ogontz.

"I have been exceptionally impressed with the Ogontz staff and their dedication to the

camp. It is easy to see that they are a group of people who have received so much by their participation or affiliation over the years, that they yearn to give it back tenfold," he said.

Doucette continued, "The owners are incredibly dedicated and talented people. Their passion for music and serving others, as well as their stewardship of this breathtaking place is second to none."

Owner Lynn Kent said, "I'm so excited! Every morning when I see Rick for coffee, I can't wait to share discussions about ideas, visions, and the future of Ogontz."

Open from Memorial Day to Labor Day, Camp Ogontz has been welcoming thousands of music and dance campers since the 1990s, including the David Hill Choral Workshop, Suzuki Camps and Kendall Betts Horn Camp. The property accommodates up to 275 overnight guests and has become a destination for weddings, family reunions, and corporate functions.

As the new Executive

Director, Doucette says he intends to continue the facility improvements and upgrades that have been made over the last twenty years.

He said, "If you've been to Ogontz before, you know the magic. If you have not, don't cheat yourself of an amazing experience with wonderful folks."

Doucette has already begun to expand programming and increase community outreach efforts and has scheduled a broad range of camp activities for Ogontz' annual Open Days on July 17-27. The ten-day camp session is open to the public and features many of the amenities and activities reminiscent of historic New England summer camps.

Open Days will end with live comedy by Scamps Comedy Production on the evening of July 26, featuring Dave Rattigan, Stephen Bjork, and Heather Peabody from Boston. To learn more about Camp Ogontz, call 838-2402 or visit the Web site at [www.campogontz.com](http://www.campogontz.com).

## First open mic of the season is Saturday

**LUNENBURG, Vt.** — Lunenburg's third Open Mic of the season will be held on Saturday, July 13, beginning at 6 p.m. It will be held at the Old Congregational Church building located at the top of the Lunenburg Common off Route 2. This building is accessible with a portable restroom nearby. Music lovers will find a family friendly, relaxed, small town atmosphere at this gathering. Bring your instruments, voices, and dancing feet or plan to sit and enjoy the evening in the beautiful historical setting. Please bring a finger food to share; beverages will be provided. Adults \$3, free for performers as well as kids accompanied by an adult. A door prize drawing will take place during the evening. Proceeds benefit the restoration project of the Top of the Common Committee. For more Open Mic information e-mail [questions@topofthecommon.org](mailto:questions@topofthecommon.org) or call Chris, 802-892-6654. Other Lunenburg events can be found at [www.topofthecommon.org](http://www.topofthecommon.org).

## Congregational Church accepting donations for yard sale

**LANCASTER** — The members of the Lancaster Congregational Church are collecting items for their annual giant yard sale which will be held in Centennial Park next to the church on Aug. 17. They are accepting donations of furniture, household items, and other miscellaneous yard sale pieces at any time.

Anyone with items to donate can call Bill at 1-802-328-4147, Scott at 837-3114, David at 788-4681, or Jim at 788-2026. We do not take computers, televisions or large sofas, and we prefer that you find other sources for your books and clothing.

## Additional Obituaries, please see pages A-2 and A-6

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### ESTATE AUCTION

**Camaro, Furniture, Bette Davis, Silver, Vintage, Outdoor**  
**Sat, July 13, 2019 - 9AM - 3247 Route 302, Lisbon, NH**

Join us we sell personal belongings of the late Patricia Bilodeau of Littleton, NH, incl. items given to the Bilodeau family by Bette Davis, a family friend. Additions will be made to fill up the sale. **Featuring:** 2012 Chevrolet Camaro RS, V6, loaded (5,841 miles); four 20" Chevy chrome wheels; four 20" American Racing chrome wheels; 4 like new Pirelli tires, 245/ZR20 103Y; 1961 Old Town 16' canoe, Otk; 10' Necky kayak. **Furniture:** 6-pc. wicker set; sm. iron table w/2 chairs; pine & maple chests of drawers; 2-pc. stepback cupboard; pine 2-door TV stand; chairs; oak stackable bookcase w/glass doors; mahog. book shelf; coffee & end tables w/floral dec; pine jelly cupboard; loveseat; 3 maple end tables; Boston rocker; iron stand w/3 shelves; tall white painted bath cupboard; White sewing machine base w/painted wood top; asst'd benches; sm. side stands w/drawers. **Bette Davis:** Wood & iron "Service Entrance" sign from Butternut Farm; crocodile travel vanity case, initialed B.D.; pastel portrait; photographs, some signed; watercolor portrait, young Bette; "Happy Birthday, Bette" photo from the Golden Rule Farm Boys, 1941; silver cuff ring "To Bess from Farney". **Glass/Pottery:** Tall purple glass bottle w/glass globe stopper; purple pear bottle w/stopper; Ironstone; asst'd crocks, bean pots & jugs; Pyrex bowls; jadite bowls; salt-glaze pitcher w/blue dec; lg. hen covered casserole dish; cranberry glass; cobalt oil lamp w/paper shade (elec.); blue/white plates; more. **Silver/Jewelry:** Steiff & Towle Sterling flatware sets; asst'd silver & gold jewelry; costume jewelry. **Outdoor/Tools:** Husqvarna mower; 4 electric weed trimmers; hedge trimmers; electric Garden Groom; Toro electric blower; pressure washer; wooden wheel barrel; asst'd plant stands; 2 safes by Sentry; cement bird baths & garden ornaments, incl. 3 pug dogs; buck-saw bench; Bushnell field glasses; metal wheel barrels. **Misc:** Handmade house mailbox; Miller style lamp w/reverse painted glass shade; brass "25 Year Calendar" (1939-1966); room size to small braided rugs; oriental runners; 43" Vizio flat screen TV; 2 smaller TVs; Eureka canister vacuum; old bell collection, incl. school house style; wicker hamper, wastebaskets; Martin cherry grandmother's clock; Sensible cuff iron, No. 1; oak coat tree; crickets; mini dropleaf table; old child's sled; Pepsi pull-cart; rug beater; mini tin baby stroller w/animal dec; iron shoe door stop; handled, covered firkin; asst'd iron; vintage hats (some may be from B. Davis); glass washboard; vintage child's 45 records; Edison records; sewing basket; boxes of old cookbooks; more!!! **PREVIEW: Friday, 7/12: 3-6PM & Saturday, 7/13: 8-9AM or by appointment. TERMS OF SALE: 13% BUYERS PREMIUM (10% w/cash or check with proper ID); all items sold AS IS; all sales final. Refreshments available.**

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**TOWN OF CARROLL**

**250TH ANNIVERSARY CELEBRATION 2022**

**JULY 17, 2019 at 7:00 pm**

There is a Celebration 2022, 250th Anniversary meeting for the Town of Carroll, that is held every third Thursday of the month.

We want to invite everyone to join us. There are only a few people that are involved right now and we need you to join us at the Town of Carroll Town Hall at 7:00 PM.

We want to make this a year round celebration. But we need your help. A few people cannot do this. We need your ideas, energy, creativity and enthusiasm! We are looking for a logo, slogans and a mascot for the Celebration. So all you creative people start thinking and designing! We need your logo ideas by the end of December 2019.

This is open to one and all.

Keep a list of your slogans and ideas for a mascot. We are working on an email right now for the Celebration. There will be a fundraiser "Yard Sale" on August 17th at the Twin Mountain Fire Department.

We are looking for donations. (No clothing please and only clean items.)  
*Thank you all and can't wait to see all the new faces on Thursday, July 17th!*

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**Décor, Art & Collectible:** Wurlitzer Repro Juke Box; "Tales From The Crypt" Pinball Machine; Tiffany Style Floor & Table Lamps; Shades; Signed Art; Crystal; Stained Glass; Mirrors AND MORE!  
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**LANCASTER:** Cozy Ranch home privately situated on 2.78 acres with lovely views of Mt. Cabot and Starr King from the front porch. It offers an open kitchen/dining/living space with 2 bedrooms, plus a bonus room and workshop area in the full basement. The yard is level and has beautiful garden space, blueberry bushes, and multiple out buildings work and storage needs. Offered at \$149,000 (4707751)



**LANCASTER:** Situated just off Main Street, across from the Brev Pub and Gallery, and next to the Ritz, this 3 story office/retail/apartment building will serve your business needs and provide added income as well. Now an attractive professional office on the first floor, both the 2nd and 3rd floors are spacious 2 to 3 bedroom apartments, one with laundry facilities. The basement is full and dry, with a walk-in cooler available. Great opportunity in an excellent location. \$125,000



**LANCASTER:** Cozy Ranch home privately situated on 2.78 acres with lovely views of Mt. Cabot and Starr King from the front porch. It offers an open kitchen/dining/living space with 2 bedrooms, plus a bonus room and workshop area in the full basement. The yard is level and has beautiful garden space, blueberry bushes, and multiple out buildings work and storage needs. Offered at \$149,000 (4707751)



**LANCASTER:** Lovely in-town home located on Portland St. with a large yard for gardens and play, this 4 bedroom, 2 bath home is move-in ready. Enter through the new porch into a warm and inviting kitchen/dining area with natural woodwork and lovely light, and the living room with cozy woodstove and lots of windows. This home has a first floor bedroom with attached full bath and an additional 3 bedrooms and full bath upstairs, with beautiful wood floors throughout. A brand new FHA furnace was just installed and many of the rooms have been freshly painted. Detached one car garage and additional outbuildings offer ample space for vehicles and hobbies. This is a must see property! \$159,000 (4755548)



**WHITEFIELD:** Conveniently located between Whitefield and Lancaster, just minutes from entertainment at the Weatherave Theater or dinner at the Inn at Whitefield, this well maintained mobile home is neat as a pin and move-in ready. Consisting of a master bedroom suite with jacuzzi tub, 2 additional bedrooms, full bath and an open kitchen/living space, this is a great affordable living option. \$25,000 (4761487)

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**Lancaster:** Sited on .28 acre, this turn of the century church, is centrally located on Main Street in downtown Lancaster. Whether you're part of a congregation that's looking for a fully furnished new home or need open floor space with a gracious front foyer, this historic church is a 'must see'. **MLS# 4761198 - \$99,500**



**Stark:** 3 - 4 bedroom, 3 bath home. Known as "The Alpaca Farm", this secluded property is nestled on nearly 16 acres. Bordered by the Upper Ammonoosuc River, this parcel offers partially fenced open pastures that surround the barns, a pole barn and shed & so much more! **MLS# 4760349 - \$325,000**



**Lancaster:** Commercial building. See this great location at the corner of Route 3 North and Summer Street just before the Lancaster Fair grounds. Plenty of customer parking. Don't miss this great property which is versatile to operate the business of your choice. **MLS# 4751506 - \$249,900**



**Stark:** This large 5 bedroom, 2 bath farmhouse is located on the bank of the Upper Ammonoosuc River with 239' of river frontage. Nice level lot consisting of 3.8 +/- acres of land that consist of open field. Spacious 2 car garage. Located just minutes to the trail system. **MLS# 4760982 - \$135,000**



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# SPORTS B

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**Learn about degree and certificate programs**

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Light refreshments will be available

For more information call the Littleton Academic Center at 603-444-1326

Fall classes begin August 26, 2019



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## Bicycle Hillclimb registration spots still available

**PINKHAM NOTCH** — The 47th annual Mt. Washington Auto Road Bicycle Hillclimb is looking for a few more riders — particularly for riders who can make this ultra-steep climb in just one gear. This year the historic bike race will award cash prizes not only to the overall winners but also to the first man and first woman to complete the Hillclimb on fixed-gear bikes, with the additional bonus of a gift card from State Bicycle Company.

The race's organizers announced that anyone who has registered for the Hillclimb can receive a 50 percent discount on the registration fee for the Mt. Washington Century, the scenic and challenging 109-mile ride around northern New Hampshire's Presidential Range three weeks before the Hillclimb.

The 2019 Mt. Wash-

ington Auto Road Bicycle Hillclimb will take place on Saturday,

Aug. 17. Registration remains open until the field reaches its capacity

of 635 riders. Riders can sign up at <https://www.Hillclimb.com>, PAGE 3

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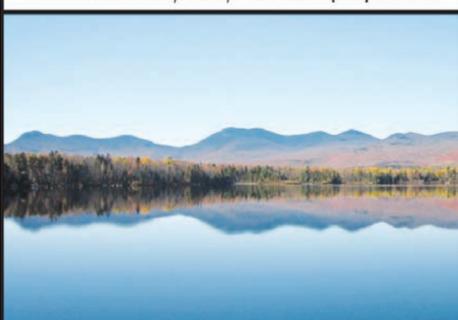
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JOSHUA SPAULDING

**State tournament**

Kole Dowse takes a swing during rainy Cal Ripken 12U state tournament action at Colonel Town on Saturday, June 29. Great North Woods opened the tournament with a 5-4 win over Lebanon, then fell 2-1 to Suncook Valley to move into the losers' bracket, where they fell 4-0 to Berlin-Gorham to bring the season to a close. The GNW roster includes Kole Dowse, Deagan Stover, Noah Covell, Ian St. Cyr, Konner Shannon, Daimon Jaimes, Gannon Smith, Cameron Belanger, Aidan Whipple, Logan Samson, Landon Foss and George Welch. The team is coached by Brent Covell, Ian St. Cyr, Ed Samson and Ryan McGlakin.

*Prouty returns to Upper Valley this weekend*

HANOVER — The 38th annual Prouty will take place on July 12 and 13. It is a two-day athletic event that raises funds to benefit Dartmouth-Hitchcock Norris Cotton Cancer Center (NCCC), one of 49 National Cancer Institute-designated Comprehensive Cancer Centers in the country, and the only one in northern New England.

The Prouty™ began in 1982 when four NCCC nurses, inspired by the courage of their patient, Audrey Prouty,

committed to cycling 100 miles through the White Mountains of New Hampshire.

Nearly 90 cents of every dollar raised stays at Norris Cotton Cancer Center to fund cancer research seeking better ways to diagnose, treat and prevent cancer. Research conducted here makes a difference in the lives of cancer patients all over the world. Money raised also funds patient supportive services that help ease the way for patients and families struggling with cancer.

As founding nurse Patty Carney says, "Everyone knows an Audrey Prouty."

Prouty lost her nine-year battle with ovarian cancer in August 1982. Four of her nurses, Carney, Cindy Spicer, Heather (Adams) Klasen, and Catherine (Hallisley) Shannon, inspired by her courage, committed to cycling 100 miles through the White Mountains of New Hampshire to raise money and awareness for cancer research. That first ride raised \$4,000.

Since then, The Prouty has raised more than \$33,000,000. The Prouty attracts more than 4,000 participants, 1,100 volunteers and 150 corporate sponsors.

The Prouty is the signature event of The Friends of Norris Cotton Cancer Center, whose mission is to raise money and awareness for this nationally recognized cancer facility. NCCC has 15 locations throughout New Hampshire and Vermont to reach patients close to home.

**NHMS gearing up for NASCAR weekend**

LOUDON — If you like to get loud, then New Hampshire Motor Speedway is the place to be in July when NASCAR returns for New England's biggest summer party – the Foxwoods Resort Casino 301 race weekend, July 19-21.

"We are counting down the days until fans start to arrive for our big NASCAR weekend," said David McGrath, executive vice president and general manager of New Hampshire Motor Speedway. "We've added so many new features and even a new event on The Flat Track for fans to enjoy so they have an unforgettable experience all weekend with their family. This will certainly be the highlight of the summer."

Friday, July 19

The on-track action kicks off on Friday, July 19, with the NASCAR Whelen Modified Tour All Star Shootout and Cape Cod Café Pizza Pole Day on "The Magic Mile" and the all new Friday Night Dirt Duels presented by New England Racing Fuel on The Flat Track.

The Modified All Star Shootout at 2:10 p.m. is a 30-minute timed shootout between some of the best drivers on the NASCAR Whelen Modified Tour. Friday is named Cape Cod Café Pizza Pole Day, as the Monster Energy NASCAR Cup Series drivers compete for the pole at 4:35 p.m., setting the stage for Sunday's Foxwoods Resort Casino 301. One ticket provides access to both events, with kids (12 and under) getting in for free.

A new addition to race weekend is the Friday Night Dirt Duels presented by New England Racing Fuel, which will be headlined by the U.S. Legend Cars International and USAC Dirt Midget Association racing in the first ever race under the lights on New Hampshire Motor Speedway's newest racing surface, The Flat Track. Fans can enjoy a night of short track racing – featuring NASCAR Cup Series drivers Corey LaJoie and Daniel Hemric in legend cars and Ryan Blaney as Grand Marshal – on the 0.25-mile dirt track. Heat races start at 7:30 p.m. with gates opening and practice starting at 6 p.m. Tickets, which include open garage and pit access, are \$10 for adults with kids 12 and under free.

Saturday, July 20

Saturday, July 20 is Tripleheader Saturday with the NASCAR Xfinity Series Lakes Region 200 serving as the feature event at 4 p.m. with entries expected from some of the biggest names in the sport. NHMS's one-mile oval sets up the modifieds to put on one of the most exciting races in America for the NASCAR Whelen Modified Tour Eastern Propane and Oil 100 at 2 p.m. The NASCAR K&N Pro Series East United Site Services 70 at 6:45 p.m. features some of the youngest future stars in NASCAR that often are making their first appearance in front of New England race fans. One ticket provides access for the entire day, with kids (12 and under) getting in for free.

Sunday, July 21

Sunday, July 21 is the Monster Energy NASCAR Cup Series Foxwoods Resort Casino 301 at 3 p.m. The day will serve as one of New England's biggest parties of the summer with a pre-race concert by Love And Theft and fun for all ages, including discounted tickets for kids 12 and under.

Outside of NASCAR weekend, July is filled with many events for families to enjoy including:

- Sunapee Racing Team on July 11, 23 and 25;
- Team O'Neil Rally School on July 6-7;
- Penguin Roadracing School on July 26;
- Loudon Road Race Series on July 27-28;
- MOAT Mountain Road Course Series on July 27-28;
- White Mountain Chapter of the BMW Car Club of America on July 27;
- North East Drift Co. on July 27-28;
- Fishtail Riding School on July 29.

For ticket information for all 2019 events at New Hampshire Motor Speedway, including the July 19 Friday Night Dirt Duels presented by New England Racing Fuel, the July 19-21 Monster Energy NASCAR Cup Series Foxwoods Resort Casino 301 race weekend and the Sept. 20-21 Full Throttle Fall Weekend, visit the speedway web site at NHMS.com or call fan relations at 783-4931.



COURTESY PHOTO

**Fundraiser**

Friends of the Burch House Prepare for Burch House Fundraiser. Back row (l to r), Denis Daigle, Carolyn Daigle, Marcie Hornick, Marilyn Childs, Dale Childs, Jeff Burt. Front, David McLure and host Pro Donna Alexson.

*Bretton Woods*

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JOSHUA SPAULDING

**Water works**

Brent Covell and Landon Foss work to remove water from the Colonel Town field during the 12U Cal Ripken state tournament finals on Saturday. The game, between Suncook Valley and Mount Washington Valley, was interrupted by rain in the middle of the fourth inning and the teams had to return to Lancaster on Sunday to try and finish things out.

# Cranmore announces beginner friendly mountain bike park

NORTH CONWAY — Cranmore Mountain Resort recently broke ground on a beginner friendly lift serviced mountain bike park with a projected opening of June, 2020. The park will feature five miles of beginner/intermediate flow trails off Cranmore’s South Quad, in addition to a skills park near the base of the mountain.

Learn to bike packages will introduce people

new to the sport using a progression approach to learning. First timers will gain confidence on their bikes using natural features such as berms, rollers, small drops, jumps and bridges to ride over before progressing to the lift serviced flow trails. Lift access passes will also be available for riders comfortable with lift service mountain biking.

“Most mountain bike parks have been de-

signed by avid mountain bikers for enthusiasts of the sport. We are taking a different approach by introducing downhill mountain biking trails for first timers, beginners and intermediate riders,” said Cranmore President and GM Ben Wilcox. “Lift-serviced mountain biking is a great family adventure that we look forward to offering at the resort.”

Trails will be built by Chris Lewando, owner of Tyrol Trails, in Glen. Lewando is also the main trail builder for White Mountains NEMBA, the organization that manages approximately 60 miles of trails in the Mount Washington Valley. In addition, he has built a number of mountain bike trails at many resorts in the east.

“Cranmore’s trails are designed and built to allow people new to the sport to easily experience downhill mountain biking,” said Lewando. “I am really excited to be working with Cranmore on this project. The idea

of Tyrol Trails, in Glen. Lewando is also the main trail builder for White Mountains NEMBA, the organization that manages approximately 60 miles of trails in the Mount Washington Valley. In addition, he has built a number of mountain bike trails at many resorts in the east.

“Cranmore’s trails are designed and built to allow people new to the sport to easily experience downhill mountain biking,” said Lewando. “I am really excited to be working with Cranmore on this project. The idea

is to slowly progress in difficulty, by introducing different terrain elements as they advance with their riding.”

In addition to new lift service trails, Cranmore is surrounded by a well-established cross-country mountain bike trail network, which will continue to grow when the Mount Washington Valley Recreation Path is installed. The four-mile paved path will run between Cranmore Mountain and Settlers’ Green Outlet Village and will provide residents and visitors with opportuni-

ties for safe, family-oriented recreation and transportation. The new path is projected to start construction in 2020.

In June 2020, Cranmore will transition its winter rental shop into a full-service bike rental shop with a full line of full suspension and cross-country rentals and gear accessories.

Special learn-to-ride packages will be available and daily lift service tickets will be offered.

For more information, visit [www.cranmore.com](http://www.cranmore.com).

**Hillclimb**

(continued from Page B1)

bikereg.com/mwarbh. Hillclimb entrants may also participate in the practice ride, held on July 14 and limited to 300 riders. The Mt. Washington Century, open to anyone, will take place on July 27.

While the world’s top professional cyclists prepare for this year’s Tour de France, amateur riders can look forward to pedaling up the one New England mountain that matches the Tour’s most difficult ascents for steepness, length and intensity. The Mt. Washington Auto Road rises 4,650 feet in the course of its 7.6 miles, constantly uphill at an average grade of 12 percent. (For comparison, the steepest portion of the fabled Col de Galibier in the Alps is 10 percent.)

For any cyclist still debating whether or not to tackle Mt. Washington this year, these new incentives should be enticing – and so should the newly expanded prize structure for top finishers. As in previous years, the first male and female finishers will each win \$1,500, but this year a cash prize of \$750 will also go to the second-place male and female riders and \$500 to the man and woman in third position on the awards podium.

The other significant addition to the Hillclimb

this year is the prize of \$500, plus a \$250 gift card from State Bicycle Company, for the first man and first woman to complete the race on fixed-gear bikes. With only one front and one rear chain sprocket, fixed-gear bikes cannot coast, hence the riders are always pedaling. On the Mt. Washington Auto Road, however, riders on multi-gear bikes normally are pedaling the whole way anyway. The advantage of the fixed-gear option is a much lighter bike. The disadvantage is that the rider cannot shift gears to adjust to the road’s variable grade, which reaches 22 percent as it approaches the finish line at Mt. Washington’s 6,288-foot summit.

The guiding spirits of State Bicycle see Mt. Washington as an excellent place to promote their view of cycling. As the company web site puts it, “State Bicycle is passionate about fixed gear cycling and its emerging culture. Our commitment to supporting both the local rider and the greater riding community is the reason why we’re in this business.”

The July 14 practice ride is an opportunity for Hillclimb entrants to test their preparedness and familiarize themselves with the Auto Road. Questions about registration or the practice ride may be sent to

[joliver@tiumountain.org](mailto:joliver@tiumountain.org).

The Mt. Washington Century, billed as the most challenging 100-mile ride (it’s actually 109 miles) in New England, makes the circuit of the Presidential Range, starting and finishing at the Tin Mountain Conservation Center in Albany. Riders in this spectacular July 27 event may begin their ride any time between 6 and 8 a.m.

The Mt. Washington Auto Road Bicycle Hillclimb and the Mt. Washington Century are the main annual fund-raising events for the Tin Mountain Conservation Center, which provides environmental and recreational education for children, schools and families in communities in the White Mountains and the Mt. Washington Valley. Of the \$350 entry fee for the Hillclimb, \$150 helps to cover the cost of staging the race. The balance is a tax-deductible charitable contribution to Tin Mountain’s programs. This year, riders have the option of registering for \$150 and then raising the remaining \$200 in donations. The entry fee for the Mt. Washington Century is \$140 for individuals, \$175 for a family. Cyclists who are already registered for the Hillclimb may register for the Century at half price.

## Cropsey honored by Ducks Unlimited

TILTON — The national organization for Ducks Unlimited in Mexico, Ducks Unlimited de Mexico, aka DUMAC, has awarded James Cropsey of Tilton with a Life Sponsor award in recognition of ... ‘outstanding contributions on behalf of the conservation of migratory waterfowl in Mexico and North America as a valuable legacy for future generations.’ Cropsey’s particular involvement was with an initiative to build sewage treatment plants and sewer lines around lakes and bordering wetlands and rivers along the west coast of Mexico to replace the existing system of releasing raw sewage into the Pacific Ocean, lakes, wetlands and rivers. Not only does this initiative benefit all wetland species by removing harmful bacteria and contaminants from wetlands and wetland buffers, but this initiative is of significant value to the health and wellbeing of the people living and using these lakes, wetlands and rivers in the states of Sonora, Sinaloa and

Nyarit.

DUMAC is also involved in the restoration of threatened mangrove swamp habitat along both the Gulf and Pacific coasts of Mexico, but particularly on the Yucatan Peninsula. These mangrove swamps support a variety of wetland species and are one of the most productive of all wetland habitats. Although the shrimp farms and farmers can have a neutral effect on the mangroves with planning, unbridled expansion of these operations recently are having a negative impact on the mangroves.

In the United States each year, some 140,000 acres of wetland habitat is lost. Since its inception, Ducks Unlimited has raised more than five billion dollars and enhanced and restored nearly 14.5 million habitat acres, encompassing over 15,000 wetland projects in the United States, Canada and Mexico, in an effort to reverse this destructive trend. Ducks Unlimited spends 83 percent of every dollar on wetland

habitat restoration and enhancement. DU’s projects provide habitat for over 600 wildlife species, including ducks, geese, and endangered species like the whooping crane.

While Ducks Unlimited has accomplished a great deal since its founding in 1937, the rapid draining of our wetlands demands that the organization continue to accelerate its work. Efforts like those of Jim in building sewage treatment plants in Mexico are a vital part of Ducks Unlimited’s efforts.

This year the Daniel Webster Chapter of Ducks Unlimited will be holding a wine tasting event for past and present major donors at the Black Bear Vineyard in Salisbury on July 18, a Thursday, at 5 p.m. To purchase tickets or for information on how you can support DUMAC’s and Ducks Unlimited’s program of wetlands conservation, contact Cropsey at 286-9633.



Send us your listings by 9 a.m. on Friday  
 democrat@salmonpress.com  
 Democrat, P.O. Box 29, Lancaster, NH 03584

#### Ongoing Events:

Grandparent/Caregiver Support Group facilitated by the Gorham Family Resource Center. Second and fourth Thursdays of the month, 5-6:30 p.m. Offering support for grandparents/relative caregivers raising grandchildren/family members. St. Barnabas Episcopal Church, 2 High St., Berlin. FMI 466-5190.

Story Hour at the Whitefield Public Library, every Thursday, 10-11 a.m. (excluding holidays). For children ages three to five and their caregivers.

The Coös County Small and Beginning Farmers meets on the 3rd Thursday of each month. The next monthly meeting will be in the basement of the Colebrook Public Library, from 6:30 to 8 p.m.

Volunteers needed for Colonel Town Recreation Playground Fundraising Committee. Meetings held the second Tuesday of each month at Colonel Town Recreation Center, 16 High St., Lancaster, 788-3321.

LEGO Monday, 3:30-4:30 p.m. A variety of LEGO bricks and Suplos invites children to explore creativity while building sensory-motor skills in a cooperative environment. Gorham Public Library.

Plug-in to the Library, Tuesdays, 3:30-4:30 p.m. An electricity program for school-age kids that enhances academic skills through school-subject relevant toys and crafts. Gorham Public Library.

Who-Who is Reading?, Wednesdays, 3:30-4:30 p.m. School curriculum and routines introduced as fundamental components in the 1000 Books before Kindergarten literacy program for children ages newborn to 5 years of age.

Weeks Diabetes Support Group - The group meets the 3rd Tuesday of every month at 7 p.m. in the Weeks Hospital Board Room. The hospital is located at 173 Middle Street Lancaster, NH. The group is for diabetes patients, as well as friends and family of people with diabetes. Please contact Casey Dowland at 788-5294 for more information. The Diabetes Support Group Newsletter can be found at weeksmedical.org.

Chronic Disease Self-Management Workshops "Better Choices, Better Health" is a free 2-hour 6 week peer supported workshop held each week for people living with chronic illness or caring for someone with a chronic illness. Connect with others who understand. Topics covered include nutrition, stress-management, exercise, and communication. Offered in Littleton, Haverhill, Berlin, North

The First Baptist Church of North Stratford will again host monthly potluck suppers on the second Saturday of each month starting March 14. A variety of casseroles, salads, baked beans and pies will be served. Suppers are at 5:30 p.m. The price is \$7 adult.

North Country Toastmasters now meets at Bailiwicks Restaurant, 106 Main Street in Littleton. 6:30-7:30 p.m. Practice your communication and leadership skills in an easygoing, no pressure, supportive atmosphere. Meet every 2nd and 4th Thursday at Littleton. Open to the public, ages 18 or older. Please contact e\_brisson@yahoo.com or call Elaine at 802-473-0120 to go to northcountrynh.toastmastersclub.org for more information.

Narcotics Anonymous - Trinity Unity Methodist Church, Lancaster Road, Whitefield. Wed. 7-8 p.m.

Robots Arrive to Plug-in to the Library! Every Tuesday from 3:30-4:30pm, the Gorham Public Library runs an electricity program (Plug-in to the Library!) that is designed to teach school-age kids about the different types of energy. In addition to snap circuits; squishy circuits made with homemade play dough; LED lights; and other amazing electronic devices... the library now has two robots available during this program. Recon 6.0 Programmable Rover robots may be programmed to get a snack and come back, patrol and protect one's surroundings, perform spy missions, etc. What a super opportunity for kids to get electrified, through playing with age-specific learning toys and inventing, while advancing core subject knowledge and skills (i.e. science, math, English, history-social studies). Contact Sue @ 466-2525 for more details.

Nessa Platt will be offering beginner's yoga classes at RizFit on Depot Street in Lancaster every Saturday at 9 a.m. The cost will be \$10 per class. Call ahead 603-631-4144 to pre-register and save your spot!

Connecticut Valley Sno-Riders Snowmobile Club meets monthly at the Guildhall, Vt. town building on the

third Saturday of each month at 7 p.m. Meetings will be held February 20, March 19 and April 16, 2016. New members and guests are welcome. For information, contact John at 802-328-2182.



BY BARBARA R. ROBERTS

During the 1970s, a visiting librarian suggested that moving some of the library materials out of their Dewey designation and shelving them by broad subject might be helpful to library borrowers. Of course, the collection was much smaller then so the project was easier to accomplish. Cook books, how-to books, science fiction, antiques, and mysteries were pulled out into separate areas. When the books were all re-shelved after the completion of the new addition, not all of those separate collections made sense. Cookbooks and how-to books went back into their proper Dewey sequence, but antiques, science fiction (and fantasy), and mysteries are still shelved together.

Determining what should be in the mystery section and what is

third Saturday of each month

at 7 p.m. Meetings will be held February 20, March 19 and April 16, 2016.

New members and guests are welcome. For information, contact John at 802-328-2182.

North Country Survivors of Suicide Loss Support Group, meeting the first Thursday of each month from 6:30-8 p.m. at Weeks Medical Center (hospital) in Lancaster. If attending for the first time or for more information contact Richard Cotter at 603-219-8912 or Sara Cotter at 603-631-5629.

Berlin Material Girls Quilt Guild Meeting. First Monday of the month at 6:30 p.m., St. Kieran Arts Center, 155 Emery St, Berlin. Sew days are on Tuesdays. Come and join us! Like us on Facebook.

Open Mic, the 3rd Saturday of every month, at Christ United Methodist Church, Main St., Lancaster. For more information, call 603-631-4890.

A Notch Above Photography Club meets the 2nd Saturday of each month at 1 PM in the conference room of the Bethlehem Public Library, 2245 Main St., Bethlehem, NH. The club is open to everyone interested in photography regardless of skill level. We meet for informal discussion, tutorials and photo critiques, and we schedule periodic field trips and nature hikes. New members are welcome. Contact doctortim@wildblue.net for more information or find us at Meetup.com. Join us for fun, fellowship and learning.

Messianic gathering, Saturdays, 10:30 a.m., 475 Whitefield Rd., Bethlehem. Join us for teaching and a time of fellowship. For more information, call 444-1230.

The Groveton Fish & Game Club, Inc. on Lost Nation Rd., Groveton has begun its sporting clays season. Be there by 4:45 p.m. to sign in and begin at 5 p.m. on any Wednesday. Bring your own shotgun, eye & ear protection and 50-plus shells. This is open to all but juniors require adult supervision.

## Weeks Memorial Library

suspense and should be placed with the general novels is not always easy. Mysteries have a crime which is usually a murder, a single investigator, a cover-up, an investigation of clues, and apprehension of a killer. There are mysteries for the hard-core reader, and cozies for the reader who prefers a lighter story with less violence. Thrillers or suspense novels are more emotional with a hero, a villain, and a crime which often has world-wide implications. These are often spy novels, but may also include horror novels like Stephen King and Dean Koontz, and there are also books which fall in between the two categories.

Brad Thor's "Back Lash" is a typical thriller. Scot Harvath is an intelligence agent, military operative, and assassin, and is seeking revenge against someone who has crossed him. Heather Gudenkauf combines horror and suspense in

A Notch Above Photography Club meets the 2nd Saturday of each month at 1 PM in the conference room of the Bethlehem Public Library, 2245 Main St., Bethlehem, NH. The club is open to everyone interested in photography regardless of skill level. We meet for informal discussion, tutorials and photo critiques, and we schedule periodic field trips and nature hikes. New members are welcome. Contact drtimnh@outlook.com for more information or find us at Meetup.com. Join us for fun, fellowship and learning.

#### This Week's Calendar of Events:

July 10: OWLS Program, 8 a.m., North Country Community Recreation Center, 33 Rec Rd., Colebrook.

FIT-4-EVAH, 9:30-10:30 a.m., North Country Community Recreation Center, 33 Rec Rd., Colebrook.

Wind Down Wednesdays, 5-8 p.m., Corner of High Street & Route 26, downtown Colebrook.

July 11: OWLS Program, 8 a.m., North Country Community Recreation Center, 33 Rec Rd., Colebrook.

Aquacize with Carol Bouchard, 8:30-9:30 a.m., North Country Community Recreation Center, 33 Rec Rd., Colebrook.

Pittsburg Ridge Runners, 6:30-9:30 p.m., Clubhouse, Pittsburg.

Canaan Border Riders, 6:30-8 p.m., Northland Restaurant, Gale Street, Canaan, Vt.

July 12: OWLS Program, 8 a.m., North Country Community Recreation Center, 33 Rec Rd., Colebrook.

FIT-4-EVAH, 9:30-10:30 a.m., North Country Community Recreation Center, 33 Rec Rd., Colebrook.

Aquacize with Carol Bouchard, 6 p.m., North Country Community Recreation Center, 33 Rec Rd., Colebrook.

July 13: "Spider-Man: Into the Spider-Verse,"

2-4 p.m., Kaufman Theater, Tillotson Center, 14 Carriage Lane, Colebrook.

Stratford Night-hawks, 6-7 p.m., Blueberry Hill Inn & Café, Stratford.

July 14: The Royal Ballet performs "Romeo and Juliet," 2-5 p.m., Kaufman Theater, Tillotson Center, Colebrook; a live broadcast.

The FRETLESS in concert, 7-9 p.m., Great North Woods Center for the Arts, 1993 U.S. Route 3, Columbia.

July 15: Parent & Child Aquatics, 5:30 p.m., North Country Community Recreation Center, 33 Rec Center Rd., Colebrook.

July 16: OWLS Program, 8 a.m., North Country Community Recreation Center, 33 Rec Rd., Colebrook.

Parent & Child Aquatics, 5:30 p.m., North Country Community Recreation Center, 33 Rec Center Rd., Colebrook.

Aquacize with Carol Bouchard, 6 p.m., North Country Community Recreation Center, 33 Rec Rd., Colebrook.

July 17: OWLS Program, 8 a.m., North Country Community Recreation Center, 33 Rec Rd., Colebrook.

FIT-4-EVAH, 9:30-10:30 a.m., North Country Community Recreation Center, 33 Rec Rd., Colebrook.

Wind Down Wednesdays, 5-8 p.m., Corner of High Street & Route 26, downtown Colebrook.

Big Screen Classics — "Raiders of the Lost Ark," 6:30-8:30 p.m., Kaufman Theater, Tillotson Center, 14 Carriage Lane, Colebrook.

PLEASE FORWARD CALENDAR ITEMS FOR CONSIDERATION FOR THE COÖS COUNTY DEMOCRAT AND BERLIN REPORTER NO LATER THAN ONE WEEK PRIOR TO THE DESIRED PUBLICATION DATE TO BREN-DAN@SALMONPRESS. NEWS or call 603-279-4516, EXT. 101.

and family are in Utah's Arches National Park when a woman is killed. Parisian detective Aimee Leduc returns in Cara Black's "Murder in Bel-Air," and Rita Mae Brown with her feline co-hort Sneaky Pie look for the culprit in two murders in "Whiskers in the Dark." A new author for the library, Serena Kent, introduces a French series with "Murder in Provence."

For the cozy mystery readers, there are "Sweet Tea and Secrets" by Joy Avon, "The Book Supremacy" by Kate Carlisle, "Unsavoury Notions" by Amy Lillard, and "Read on Arrival" by Nora Page. Continuing series are "Thicker Than Water" (Mysteries of Martha's Vineyard) by DeAnna Julie Dodson, "Another's Treasure" (Mysteries of Lancaster County) by Nancy Mehl, and "Icing on the Case" (Chocolate Shoppe Mysteries) by Cindy Coloma.

Many of the newest mysteries are by returning authors. Susan Wittig Albert's China Bayles mysteries always have a flavoring or spice in their title, hence "A Plain Vanilla Murder." Nancy Atherton adds the 25th volume to her Aunt Dimity series with "Aunt Dimity & the Heart of Gold." In case you haven't met her, Aunt Dimity is a ghost and help Matilda "Tilly" Trout solve crimes. Scott Graham's tales always take place in an American national park, and in "Arches Enigma," his archaeologist/detective Chuck Bender



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**~SAU #58~  
CO-CURRICULAR VACANCIES  
2019-2020**

**Groveton High School**  
Part-Time Athletic Director (Anticipated)

**Groveton Elementary School**  
Grades 4-6 Girls' Soccer Coach

Interested candidates must submit a letter of interest to:

Carrie Irving, Secretary  
SAU #58

15 Preble Street, Groveton, NH 03582  
Ph: 603-636-1437 • Fax: 603-636-6102  
EOE



**Early Childhood/Special Educator**

The Family-Centered Early Supports & Services Program (early intervention) is currently seeking a 35-hour per week licensed educator to provide special instruction for infants & toddlers (birth to three) in Carroll County. This individual will work directly with families & FCESS staff in the child's home environment. Developmental screenings/evaluations & service coordination/case management functions will be performed.

Individual must be self-directed, highly organized, & maintain boundaries with families. Some travel with position -100% reimbursable. Flexible scheduling, excellent benefit package, and vacation accrual.

Bachelor's Degree in Early Childhood, Special Education, &/or related field required. NH Teaching Certification in early childhood, special education or related field required. Experience with ages birth to three preferred.

This position requires a valid driver's license, proof of adequate auto insurance, and completion of driver's and criminal background checks. Northern Human Services is an Equal Opportunity Employer and Provider.

To apply-Send cover letter and resume to:  
Karen Willett  
Program Director -FCESS  
Northern Human Services  
71 Hobbs Street, Suite 102  
Conway, NH 03818  
To Fax - 603-4474358 or  
e-mail: [kwillett@northernhs.org](mailto:kwillett@northernhs.org)



WHITE MOUNTAIN OIL & PROPANE

**Sales & Marketing Manager**

White Mountain Oil & Propane is currently seeking a **Sales & Marketing Manager** based out of our North Conway, NH offices.

This is a year-round full-time permanent position. We offer a full benefits package including paid vacation, holidays, health & dental insurance, 401 (K), and profit sharing.

**Responsibilities include: Managing outside sales force and inside support staff, all product pricing and marketing and advertising for a well-established, local company.**

Interested experienced applicants should email or mail a resume to:

Attn: Sales & Marketing Manager  
PO Box 690, North Conway, NH 03860  
Fax: (603) 356-7181

[jobs@whitemountainoil.com](mailto:jobs@whitemountainoil.com)  
No phone calls please

White Mountain Oil & Propane is an equal opportunity employer  
[www.whitemountainoil.com](http://www.whitemountainoil.com)



**Summer Employment Opportunity  
And Full time employment.**

**Position:** Community Integrator  
**Rate of pay:** \$11.50 per hour starting wage  
**Location:** Community Services Center,  
69 Willard St. Berlin, NH 03570

- Qualifications : High School diploma, Valid driver's license, Successful completion of background checks and auto insurance.
- Responsibilities: Support individuals to live meaningful lives while working, volunteering and learning independent living skills.

**Full time benefits include:**

Health Insurance, opportunity for Dental and Vision care, 11 paid holidays, generous vacation sick time package, extended medical leave, tuition reimbursement opportunity, mileage reimbursement & retirement contribution. Interested applicants should forward a resume or pick up an application at:  
**Community Services Center  
C/O Program Director  
69 Willard ST. • Berlin, NH 03570 • 603-752-1005**  
*We are an equal opportunity employee and provider*

**Help Wanted**

**The Christmas Loft**  
259 Main St., North Woodstock

We are wanting to expand both our SALES and MANAGEMENT teams for the upcoming season. Looking for a few special people that love Christmas and enjoy working with the public. Must be flexible, some nights and weekends as well as some holiday weekends required. Register experience preferred but willing to train.

Stop in to fill out an application for any questions feel free to message the store manager at:  
[Jillian@christmasloft.com](mailto:Jillian@christmasloft.com)  
**603-745-2444**

**TWO FULL-TIME POSITIONS AVAILABLE:  
IMMEDIATE OPENING FOR A  
HYGIENIST and a  
CERTIFIED DENTAL ASSISTANT**

We would love to welcome you to be a part of our well-established caring family dental office. We work together with a team approach to care and like to have fun here. Benefits include competitive wages, vacation, health insurance, uniform allowance, 401K, and a yearly Holiday Bonus. Knowledge of Eaglesoft and digital x-ray preferred. Hours are 7:30am to 5pm Monday through Thursday.

If you are interested in either of these positions send your cover letter and resume to:

**Dorothy Baxter, Office Manager  
St. Johnsbury Dental Associates  
One Place Notre Dame, Ste. 1 - St. Johnsbury, VT 05819  
Fax: 802-748-8770 or e-mail it to: [dbaxter@stjdental.com](mailto:dbaxter@stjdental.com)**

Your Community Health Partner Since 1975

**ACHS is GROWING... and so can YOU!**

**ASST. CLINICAL MNGR / RN**

Support the ACHS clinical manager with daily leadership and staff development. Ensure best practice for clinical procedures and quality control. Provide clinical support and exceptional customer service to patients.

**LICSW**

Help ACHS patients reach their full potential by providing counseling and a full range of behavioral health services. You must hold a LICSW, and or PhD/PsyD and be licensed or license eligible in NH.

**RN/LPN/CMA/RMA**

Assist providers in delivering quality health care to patients with superb customer service. Experience preferred, but we're willing to train the right candidate.

**MEDICAL RECORDS SPECIALIST**

Love data and numbers? Create and distribute key reports from our Electronic Health Record System (EHR). Work with data from a variety of sources using efficient document management tools.

**PATIENT ACCESS SPECIALISTS**

Enhance the patient visit by ensuring excellent customer service from intake to check-out. Provide critical tasks to support a busy medical office. Must enjoy the public.

For a rewarding career with the potential for growth opportunities, competitive pay and benefits please visit:



[Ammonoosuc.org](http://Ammonoosuc.org)

EOE

**Ammonoosuc Community Health Services**  
Littleton • Franconia • Warren • Whitefield • Woodsville [www.ammonoosuc.org](http://www.ammonoosuc.org)



**Registered Nurse/Nurse Trainer  
NHS, Common Ground**

NHS Common Ground has a full time opening for a Registered Nurse with interest in and or background in Developmental Disabilities and Mental Health. The successful candidate will work closely with the agency and the state to oversee medications of clients in accordance with state regulations. This position requires that you make regular visits to the homes of persons receiving agency services. Candidate will enjoy a busy, varied work routine, both inside and outside of the office. Excellent communication and listening skills are essential, as is prior experience and comfort working with individuals with developmental and psychiatric disabilities. Proof of valid, current RN license is required. We offer flexible week-day hours, a supportive multi-disciplinary work environment and the opportunity to utilize your nursing and people skills in a Human Services setting. Northern Human Services offers an excellent benefit package. We would love to talk to you about this opportunity the many benefits that we have to offer.

Please submit a cover letter and resume to:  
Northern Human Services, Common Ground  
Attn: Mark Vincent

PO Box 299 Whitefield NH 03598  
email to [mvincent@northernhs.org](mailto:mvincent@northernhs.org) or fax to 603-837-9061.

This position requires a valid driver's license, proof of adequate auto insurance, completion of driver's and criminal background checks.

*This agency is an equal opportunity provider and employer.*



**JOB OPPORTUNITIES**

**\*SIGN ON BONUS!**

**Full-Time  
\*RNs  
with two years' experience or  
\*MT / MLT**

**Additional Full-Time Opportunities**

Radiologic Technologist      Coding Supervisor  
Ultrasound/Echo Technologist

**Part-Time Opportunities**

Perioperative RN      Hospital Information Clerk

**Per-Diem Opportunities**

Certified Surgical Technician      LNA  
ED Technician      Unit Secretary  
RN      Perioperative RN  
Patient Access Representative

**APPLY ONLINE  
WWW.UCVH.ORG**

Upper Connecticut Valley Hospital  
181 Corliss Lane, Colebrook, NH 03576  
Phone: (603)388-4236  
[ucvh-hr@ucvh.org](mailto:ucvh-hr@ucvh.org)

EOE

**~SAU #58~  
VACANCIES  
2019-2020**

**Groveton High School**

Anticipated - Physical Education Teacher (ID#3129222)  
Anticipated - Business Education Teacher (ID#3129209)  
STEM Educator (ID#3112943)

**Stratford Public School**

Part-Time Physical Education Teacher (ID#2915064)

**Deadline: Until Filled**

For more information or to apply please go to [www.SchoolSpring.com](http://www.SchoolSpring.com) and reference the above job ID.

All applications must go through SchoolSpring.

If you have any questions regarding these positions,

please contact:

Carrie Irving, Secretary  
SAU #58

15 Preble Street, Groveton, NH 03582  
Ph: 603-636-1437 • Fax: 603-636-6102  
EOE

**JOIN OUR TEAM!**



**NOW HIRING AT THE  
OMNI MOUNT WASHINGTON RESORT**

**FULL-TIME YEAR-ROUND MANAGEMENT POSITIONS:**  
Assistant Front Office Manager • Stickney's Restaurant Assistant Manager  
Sous Chef - Main Dining Room • Sous Chef - Bretton Arms Inn Dining Room  
Rental and Adventure Center Manager

To see our full list of open positions and to apply visit [www.omnihotels.com/careers](http://www.omnihotels.com/careers)  
**ONLINE APPLICATIONS ARE REQUIRED**

Great benefits with a major hotel corporation. Full time associates are eligible for a comprehensive benefit package including health, dental, vision, life, short and long term disability insurance and more. All associates are eligible for complimentary skiing and green fees, as well as discounted hotel stays, food & beverage discounts, spa discounts and more. Omni Hotels is an Equal Opportunity Employer and an MFDV/Drug Free Workplace.



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**NFI North, Inc.**  
*Inspiring and empowering people to reach their full potential*

**NFI North (NFI) Array of Services is seeking a skilled Clinician to provide individual and family therapy and support services for children and adolescents and their families in the northern region of NH.**

This is a unique position in NFI's expanding service array working with an integrated team that provides a wide array of therapeutic services to youth and families throughout the North Country Community. NFI's mission is to inspire and empower people to reach their full potential so they can live successfully within their home and community. We have helped those at risk to achieve amazing results such as finding joy in their life, having fun together and developing meaningful relationships and employment.

Master's Degree in social work, psychology or related field required as well as have experience working with youth and families. NH license preferred. We assist those seeking licensure with supervision and training while employed with us.

This position provides in home services to youth and families participating in our Davenport School and array of community based services. This includes a flexible schedule with some weekends and evenings to conduct individual and family therapy. Reliable transportation needed for travel as indicated. On call is on rotation with the team.

Annual Full Time Salary: \$46,000 or higher based on education, experience and credentials. Consideration given to part-time or full-time candidates.

We provide supportive work environments that allow for creativity, a sense of empowerment, and opportunities for advancement. NFI North offers competitive salaries and a comprehensive benefit package including health and dental insurance, generous time off including three weeks paid vacation plus sick and holiday time, tuition reimbursement, retirement match, excellent training and career growth. NFI North is a proud partner with Southern New Hampshire University's (SNHU) College for America. Not only do we offer our employees access at incredibly low and affordable rates, you can also enroll your immediate family members.

Please send resume and cover letter to: Program Director, NFI North, 249 Main Street, Littleton, NH 03561 or email [nfinorthhr@nafi.com](mailto:nfinorthhr@nafi.com). Visit [www.nfinorth.com](http://www.nfinorth.com) EOE/AA

**JOB POSTING**

**RECEPTIONIST**

Coos County Family Health Services has 40 hour per week Receptionist position available.  
Position includes coverage at all sites as well as weekend coverage every other weekend at our Page Hill clinic.

Strong computer skills, flexibility & desire to work in a fast paced medical office a must.  
*Includes benefits, generous leave time & weekend stipend pay available.*

Please submit application, cover letter & resume by July 12, 2019 to:  
Human Resources Department  
Coos County Family Health Services • 54 Willow Street • Berlin NH 03570  
Or via email at [HR@ccfhs.org](mailto:HR@ccfhs.org)  
*An Equal Opportunity Employer*



**Now Hiring Part-time Help**  
**\*\*\*\$11.00 per hour\*\*\***  
**Great part-time opportunity**  
**Monday – Friday**  
**No nights, No weekends!**

We are looking for **reliable, hard-working** individuals to join our production team on a part-time basis. Mon – Friday, 7:30 – 3:30, **AS NEEDED.**  
Must be able to work standing up for 8-hours and occasionally lift up to **40 pounds.**

Please visit our Career page at <http://www.trividiams.com/contact/careers/> and select **Packaging Operator, Secondary**

**All candidates are subject to a criminal background check and drug screen.**



**Machine Operators**  
**Now Hiring**  
**1st Shift 7:00 a.m. – 3:30 p.m. M-F**  
**\*\*\* \$13.50 per hour \*\*\***  
**Generous Benefits Package / Great Hours**

Top of the line benefits package includes medical, dental, prescription drug and vision insurance, along with a 401(k) retirement plan with company match. Furthermore, we provide full-time employees with 5 paid sick days, 12 paid holidays, and two weeks paid vacation!

Full-time position responsible for the filling and packaging of a variety of quality products on a fast-paced production line.

Professional, collaborative and accepting work environment that strives for manufacturing excellence, every day, with over 100 active employees in our Lancaster location.

Must have a high school diploma or equivalent and be 18 years or older. Previous manufacturing experience is preferred but we remain optimistic in training the right candidate.

All candidates are subject to a pre-employment criminal background check and post offer drug screening. Trividia is a tobacco free facility.

**Join our team today!**  
If you are seeking a career with Trividia Manufacturing Solutions, Please visit our Career page at <http://www.trividiams.com/contact/careers/> and select Machine Operator.

Trividia is a tobacco-free facility. All candidates are subject to a pre-employment drug screen and criminal background check.

**ROOFERS & LABORERS**

Team atmosphere. Must be hardworking, honest, and punctual. Must have your own transportation, a clean driving record and own the required tools needed to perform your daily duties. Pay range \$14-\$20 per hour.

**Benefits: Paid Holidays, Dental + Vision, Earned Paid Time Off.**



**We Do it Right the First Time!** *This is a DRUG-FREE workplace. Contact: (603)356-8231*



**Case Managers Needed!**

**Join our growing team of over 6,000 health professionals nationwide!**

At Centurion, our dedication to making a difference and our passionate team of the best and the brightest healthcare employees has made us one of the leaders of the correctional health industry. Whether you are driven by purpose and impact or on a journey of professional growth, our opportunities can offer both. Centurion is proud to be the provider of healthcare services to the **Vermont Department of Corrections.**

**The Medication Assisted Treatment Case Manager** coordinates and provides Substance Use Disorders/Addiction program activities and monitoring of client progress in a correctional setting. Communicates patient concerns with clinical care providers to ensure quality patient care.

**We are currently seeking Case Managers to work FULL TIME at the following Correctional Facilities:**

- Marble Valley Regional Correctional Facility-Rutland, VT
- Northeast Correctional Complex-St. Johnsbury, VT
- Northern State Correctional Facility-Newport, VT
- Southern State Correctional Facility, Springfield, VT

Position is split half time; 20 hours per week at Chittenden Regional Correctional Facility-South Burlington, VT and 20 hours per week at Northwest State Correctional Facility-Swanton, VT

When submitting resume, please indicate the location you are interested in.

**Requirements:**

- Bachelor's degree in a human services or counseling related discipline required
- Drug and Alcohol Counselor Certification preferred
- Experience providing substance use disorder/addiction treatment preferred
- Experience providing case management services preferred
- Must show current tuberculosis documentation and active CPR certification
- Must be able to pass background investigation and obtain agency security clearance where applicable

We offer excellent compensation and comprehensive benefits including for FULL TIME; Health, dental, vision, disability and life insurance, 401(k) with company match, generous paid time off, paid holidays, flexible spending account and much more...

**Interested candidates, please email resumes to [kelli@teamcenturion.com](mailto:kelli@teamcenturion.com) or fax 888-317-1741; CenturionManagedCare.com**

EOE




**We are looking for**

**Amato's Food Service Employees**  
**Full & Part Time**

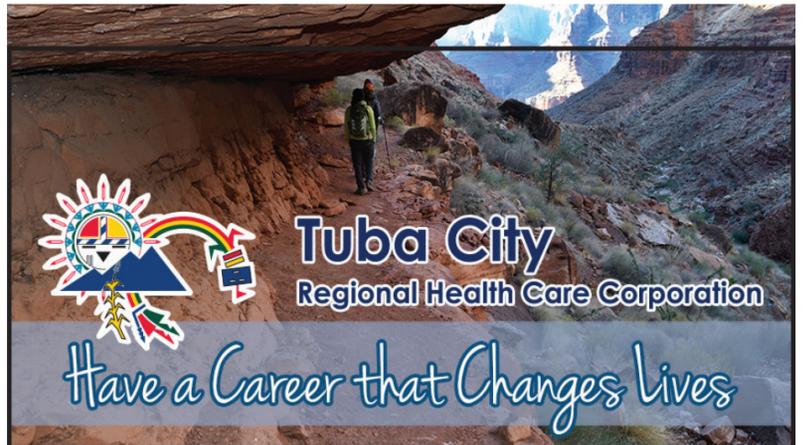
Competitive pay, flexible scheduling, differential pay for overnights, paid holidays, sick time. Full time positions come with health benefits, paid vacation time, 401K, opportunities for advancement.

**Apply online at [www.jointeammaplefields.com](http://www.jointeammaplefields.com) or apply in person at our Littleton Maplefields, 390 Meadow Street**

Owned & Operated by R.L. Vallee Inc. an Equal Opportunity Employer

## NOTICE TOWN OF GUILDHALL INVITATION TO BID

1. Sealed bids will be received by the Town of Guildhall, Vermont, hereinafter referred to as the "Owner," for performing the work described as "Information Technology Managed Services" dated 6/27/2019 and detailed more fully in the "Request for Proposal for Information Technology Managed Services", on or before 7:00 o'clock, in the PM, July 24, 2019 at the Guild Hall (Town Office), PO Box 10, 13 Courthouse Dr., Guildhall, VT 05905, at which time said bids will be publicly opened and read.
  2. All bids must be made on the "IT Managed Service Proposal for the Town of Guildhall, VT" form which is available from the Town Clerk by:
    - A. Email: [townclerk@guildhallvt.org](mailto:townclerk@guildhallvt.org)
    - B. Phone: 802-676-3797 (voice mail when office is closed)
    - C. In Person: Tuesdays 9 am – 3 pm or Thursdays 12 – 6 pm.
  3. A bidder may withdraw any proposal submitted prior to the hour set for the closing of the bids provided the request is signed in a manner identical with the proposal being withdrawn.
  4. The Town of Guildhall will be responsible for payment in accordance with the terms of the contract to be executed with the successful Bidder.
  5. The Guildhall Selectboard reserves the right to reject any or all bids.
- Town of Guildhall, VT.  
By: George Blakeslee  
Title: Town Clerk



Live and work on the beautiful Navajo Reservation, near national parks and forests, canyon country, ski area a day trip away.

The unique community of Tuba City offers a culturally rich environment and a rewarding career in an underserved area.

## Job Opportunities

### Open Until Filled Nursing

Director of Pediatric Unit  
Director of Oncology  
Lead Clinical Nurse  
Clinical Nurse (ER, ICU, ACU, Oncology, OR, PACU, Pediatric, Same Day)  
Nurse Case Manager

### Allied Health

Director of Pharmacy Services  
Adv. Pharmacist I/II – Oncology  
Certified Pharmacy Technician  
Endocardiographer/Sonographer  
CT Technologist (Dual)  
Medical Technologist  
Phlebotomist

### Medical Staff

Deputy Chief of Emergency Services  
Endodontist  
Hospitalist  
Internist  
Nurse Midwife  
Physical Therapist  
Physician (Emergency, OB/GYN, Family Medicine)

### Positions Close on 06/21/2019 @ 5:00 pm

Accounts Receivable Specialist I/II  
Ambulatory Care Program Director  
Call Center Lead  
Call Center Manger  
Certified Medical Assistant  
Contract Specialist  
Corporate Compliance Technician  
Dental Assistant  
Environmental Services Tech./Maintenance  
Help Desk Manager  
Medical Coder I/II/III  
OR Surgical Technician  
Patient Benefit Coordinator  
Performance Improv./Patient Safety Officer  
Surgical Services Materials Management Specialist  
Telemedicine Services Coordinator

### Positions Close on 06/28/2019 @ 5:00 pm

Accounting Technician I/II  
Cook (temporary)  
Environmental Service Technician - SPHC  
Patient Access Specialist

For more information visit

[www.tchealth.org](http://www.tchealth.org) or contact Human Resources at (928) 283-2432 or [tcrhchr@tchealth.org](mailto:tcrhchr@tchealth.org).

TCRHCC is a Navajo/Indian preference employer. Final candidates selected will be subject to a favorable adjudicated background investigation.

### LEGAL PROBATE NOTICE THE STATE OF NEW HAMPSHIRE 1ST CIRCUIT - PROBATE DIVISION - LANCASTER

6/14/2019 THRU 6/26/2019  
APPOINTMENT OF FIDUCIARIES

Notice is hereby given that the following fiduciaries have been duly appointed by the Judge of Probate for Coos County.

All persons having claims against these decedents are requested to exhibit them for adjustment and all indebted to make payment.

**Gooden, Sandra L.**, late of Whitefield, NH. Jamie C Gooden, 22 Holiday Acres Road, Whitefield, NH 03598. #314-2019-ET-00123

**Mattox, Bonnie Lynn**, late of Lancaster, NH. Edward C Mattox, JR, 108 Middle St, Lancaster, NH 03584. #314-2019-ET-00079

Dated: 6/27/2019

### Notice of Public Hearings Androscoggin Valley Regional Refuse Disposal District

("DISTRICT")

The District Committee will hold two public hearings on:  
July 25, 2019 at 6:00pm  
and August 29, 2019 at 6:00pm

At the offices of the District at 3 Twelfth Street, Berlin, NH, to discuss and hear testimony with respect to a proposed amendment to the articles of Agreement of the District.

The text of the proposed amendment follows:

"To amend the first sentence of Section 3.6 of the Articles of agreement to read:

The District Committee shall hold an annual meeting during the month of April each year, at such time and place as the District Committee shall determine."

The purpose of the proposed amendment is to remove the current requirement that the Annual Meeting of the District be held on the last Wednesday of April each year, and replace it with a requirement that the Annual Meeting be held during the month of April each year. The effect of the adoption of the amendment will be that the District Committee will have flexibility to schedule the annual meeting of the District at any time during the month of April, instead of being required to hold it on a specific date.

For more information about the proposed amendment, contact the District by visiting the District office during regular business hours, by phone at 603-752-3342, or by email at [sguthier@avrrdd.org](mailto:sguthier@avrrdd.org).

Michael J. Rozek  
Its Secretary

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**Come and Join Our Team!!**  
**WE HAVE OPPORTUNITIES FOR FULL TIME RN'S & LPN'S IN KEY ROLES**  
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**Operating Room**  
**Inpatient Medical Surgical Unit**  
**Maternal Child Health Unit**  
**FLEX Pool RN**  
**Primary Care Newport**

**POSITIONS AVAILABLE IMMEDIATELY!**

North Country Hospital is seeking qualified nurses who are enthusiastic, excited about nursing and possess the ability to weave together compassion and computers, clinical knowledge and technical know-how.

We have high expectations of you as one of our nurses. We need you to:

- Function as a key member of the healthcare team
- Provide high quality care to clinical standards
- Give critical feedback and insights to help North Country Hospital constantly improve

Our compensation, benefits and, education and training opportunities are excellent. If you are passionate about nursing and want to work with others who are like minded, please contact us today.

EOE.  
Interested candidates may apply Online at [www.northcountryhospital.org](http://www.northcountryhospital.org)  
For additional information contact:  
Tabitha Cole, Recruitment Coordinator  
Human Resources  
North Country Hospital  
189 Prouty Drive,  
Newport, VT 05855  
# 802-334-3210 Ext. 405  
Email: [tcollection@nchsi.org](mailto:tcollection@nchsi.org)

Live and work on the beautiful Navajo Reservation, near national parks and forests, canyon country, ski area a day trip away.

The unique community of Tuba City offers a culturally rich environment and a rewarding career in an underserved area.

### Emergency Physicians CAREERS

- Very close, collaborative medical staff
- Loan Repayment Program through NHSC
- \$25K Sign-on bonus

To learn more about Tuba City Regional Health Care Corporation, call Alex Bitsui, HR Recruiter at (928) 283-2432 or (928) 640-3135, e-mail at [alex.bitsui@tchealth.org](mailto:alex.bitsui@tchealth.org)

[WWW.TCHEALTH.ORG](http://WWW.TCHEALTH.ORG)

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PARTNERSHIP FOR  
**drugfreeNH.org**  
1-800-804-0909

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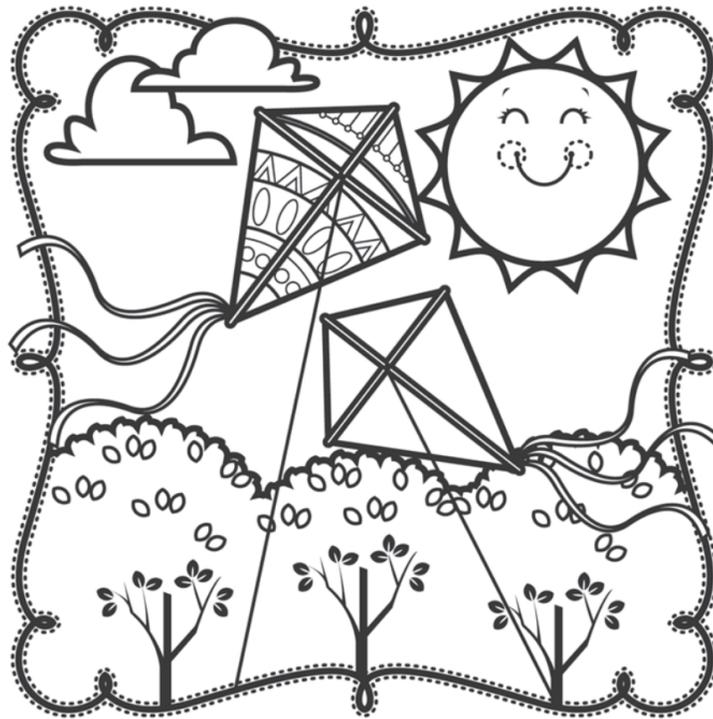
## On your way to the top?

Get there faster by promoting your business through an ad in our newspaper!



### Creative Coloring

Celebrate candy and sweets.  
Color in this picture to crete your own masterpiece.



### THIS DAY IN...



### HISTORY

- 1890: WYOMING BECOMES THE 44TH STATE IN THE UNITED STATES.
- 1925: THE INDIAN SPIRITUAL MASTER MEHER BABA BEGINS A VOW OF SILENCE THAT WILL LAST FOR 44 YEARS.
- 1991: BORIS YELTSIN TAKES OFFICE AS THE FIRST ELECTED PRESIDENT OF RUSSIA.



BENEFITTING MEDICALLY FROM SPENDING TIME IN FORESTS AND OTHER GREEN SPACES IS A PHENOMENON KNOWN AS THIS.

ANSWER: FOREST BATHING



### PARK

a large, public, green recreation area in a town

### How they SAY that in...

- ENGLISH:** Grass
- SPANISH:** Césped
- ITALIAN:** Herbe
- FRENCH:** Herbe
- GERMAN:** Gras

### Did you know?

BAKKEN, LOCATED NEAR KLAMPENBORG IN DENMARK, OPENED IN 1583 AND IS BELIEVED TO BE THE OLDEST AMUSEMENT PARK IN THE WORLD.



### GET THE PICTURE?



Can you guess what the bigger picture is?

ANSWER: JUNGLE GYM SLIDE

⊙ \* ☼ ☽ ☾ ☿ ♀ ♁ ♃ ♄ ♅ ♆ ♇ ♈ ♉ ♊ ♋ ♌ ♍ ♎ ♏ ♐ ♑ ♒ ♓

### CRYPTO FUN

☼ ☽ ☾ \* ☿ ♀ ☿ ☽ ☽  
Determine the code to reveal the answer!

Solve the code to discover words related to skin safety.  
Each number corresponds to a letter.  
(Hint: 4 = t)

**A. 7 13 1 7 6 17 16 16 1**

Clue: UV lotion

**B. 13 20 4 17 12 14 9 21 20 16 4**

Clue: Rays of the sun

**C. 18 12 4**

Clue: Covers head

**D. 19 17 21 4 16 6 4**

Clue: Keep safe

Answers: A. sunscreen B. ultraviolet C. hat D. protect

### SUDOKU

1			5					
	4		7	8			6	
								7
			9	2			3	
						4		5
				7	8	6		
		5	1			3		
		2						8
4	7	1			2			

Level: Intermediate

#### Here's How It Works:

Sudoku puzzles are formatted as a 9x9 grid, broken down into nine 3x3 boxes. To solve a sudoku, the numbers 1 through 9 must fill each row, column and box. Each number can appear only once in each row, column and box. You can figure out the order in which the numbers will appear by using the numeric clues already provided in the boxes. The more numbers you name, the easier it gets to solve the puzzle!

4	7	1	8	3	2	9	5	6
3	9	2	6	5	4	7	1	8
6	8	5	1	9	7	3	4	2
5	1	3	4	7	8	6	2	9
9	2	8	3	1	6	4	7	5
7	6	4	9	2	5	8	3	1
8	5	6	2	4	3	1	9	7
2	4	9	7	8	1	5	6	3
1	3	7	5	6	9	2	8	4

ANSWER:



# Town-to-Town CLASSIFIEDS

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Call to place your ad today or visit our website!

### Misc. For Sale

**HOT TUB**, Never used. Corner two person unit. brown insulated cover. Originally \$32,000. Asking \$1,800. Ideal for summer or winter cottage or small home. Call 239 887-0671.

**OLD NH FISH** and Game, ca. 1890, bearing laws, penalties and seasons on moose, caribou, furbearers, fish, etc. measures 12"x18". May be seen at the Coos County Democrat, 79 Main St., Lancaster, NH. Price, \$4; if mailed, \$10. Call 603-788-4939 or email lori@salmonpress.news

### Barn/Garage/Yard Sale

#### MOVING SALE

July 13th & 20th  
8am - 3pm  
47 Railroad St., Lancaster  
Furniture, crystal, dishes, craft supplies, material, tools, etc. Everything must go!

### Lost & Found

#### Found Ads

Are published Free of Charge. 30 words for 1 week.

#### Lost Ads

Are Charged at our regular classified rates.

#### Call Toll Free

Mon-Fri 8:00-4:00

1-877-766-6891

or go to

www.salmonpress.com

24/7

#### Still Lost!

Shane - Shetland Sheepdog  
White/Tan/Black  
10 Years old

We are hoping someone may have him or have seen him?

-Lost in Laconia NH-

August 27, 2016

Do not chase. Old and New Leads appreciated.

For more info see

www.facebook.com/

shaneshetlandsheepdog

Call Owner 603-365-1778

or Granite State Dog

Recovery

1-855-639-5678

### Thank-You

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are on our website!

www.salmonpress.com

is the place to check our weekly

classifieds online!

More great coverage

and information from the

#### Salmon Press

Town To Town

Classifieds!

Why place your ads

anywhere else?

1-877-766-6891

#### Thank you

for browsing

The Town To Town

Classifieds in the

#### Great North

Berlin Reporter

Coos County Democrat

Littleton Courier

#### Publication Rates (30 words)

\$25 - 1 Week

\$46 - 2 Weeks

\$67 - 3 Weeks

\$84 - 4 Weeks

Call Our main Call Center

1-877-766-6891

Mon-Fri 8:00-4:00

or place online 24/7 at

www.salmonpress.com

#### Deadline:

Monday 10 am

### Pets/Breeders

#### LOW COST SPAY/NEUTER

Mobile Feline Fix It Wagon, Cats \$70-\$85. Dogs at Conway clinic, starting at \$100. NH and Maine income qualified plans. Military discounts. Rozzie May Animal Alliance, a dedicated spay/neuter nonprofit. Sign up on line

www.RozzieMay.org or call

603-447-1373

### General Help Wanted

**The Willey House** Snack Bar & Gift Shop is looking for full time and part time help through mid October. Starting pay is \$11.19/hr. Please call 374-0999 or 374-2272 or come see us.

### Part-Time Help Wanted

Female in North Conway is seeking assistance on Thursday, Saturday Sunday 8 hours each day or split 4 hours in the morning and 4 in the evening. Duties include transfers toileting, showering and other hygiene assist as well as meal prep and clean up, light housework, laundry, grocery shopping. Please call Ashley at 603-568-4930 for more information.

### Professional Services

#### ALL NEW: HERE-4-YOU

Cleaning (businesses & residences), errands, and pet care. Need a ride to an appointment? Grocery store? Pick up lunch/dinner? A pet sitter for the weekend, overnight, or just a few hours? Available beginning May 15.

#### \*\*\*DANCE CLASSES AND

CARDIO\*\*\* (all ages welcome) beginning Friday, July 12th (summer session) and Friday, Sept 13th (fall session) in Lincoln, NH. Call for rates and additional info.

### Real Estate



#### Equal Housing Opportunity

All real estate advertising in this newspaper is subject to

The Federal Fair Housing Law

which makes it illegal

"to make, print, or published any

notice, statement, or advertisement,

with respect to the sale, or rental of a

dwelling that indicates any prefer-

ence, limitation, or discrimination

based on race, color, religion, sex,

handicap, familial status or national

origin, r an intention to make any

such preference, limitation or

discrimination."

(The Fair Housing Act of 1968 at 42

U.S.C, 3604(c))

This paper will not knowingly accept

any advertising which is in violation of

the law. Our readers are hereby

informed, that all dwellings advertised

in this newspaper are available on

an equal opportunity basis.

To complain of discrimination call

HUD toll free at

1-800-669-9777

For The Washington DC area,

please call HUD at 275-9200.

The toll free telephone number for

the hearing impaired is

1-800-927-9275.

You may also call

The New Hampshire

Commission for Human Rights

at 603-271-2767

or write

The Commission at

163 Loudon Road,

Concord, NH 03301

Neither the Publisher nor the

advertiser will be liable for misinfor-

mation, typographical errors, etc.

hereincontained. The Publisher

reservesthe right to refuse any

advertising.

### Apartments For Rent

#### BETHLEHEM: EFFICIENCY UNITS.

No Smoking, No Pets, Security

deposit required. Utilities and cable

included. 603-444-2075

Very large 3 bedroom apartment in

Whitefield. 2 full bathrooms, laundry

and small office too. Ask about

renting with an option to buy deal.

Call 603 991 1609

#### WHITEFIELD: Third floor 1

bedroom apartment \$480/mo.

Includes heat, hot water, trash

removal. Laundry on premises.

Security, first month and

references required. Call

603-631-6575.

### Vacation Rentals

#### P.E.I. Weekly Cottage RENTAL:

Sleeps 6 Pond, ocean &

lighthouse views \$900/wk

Scott 603-254-5032

scotttm@plymouth.edu

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Professional Bra Fitters

*The Place To Get Fit*

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Concord, NH 03301  
603.224.2727



**Statistics are boring.**  
**Don't be one.**  
**The best place for a helmet is on your head.**



**GET THE bigdeal! with these Service Specials**

**Summer Safe Travel Check Over**

- ✓ Fluid top off
- ✓ A/C output temp
- ✓ Micro Cabin Filter
- ✓ Engine Air Filter
- ✓ Adjust Tire Pressures
- ✓ Exterior Lights
- ✓ Spare Tire
- ✓ Battery Test

**ALL THIS FOR ONLY \$19.95**

Valid only at AUTOSAVER GROUP'S CROSSTOWN. Most cars and light duty trucks. Not to be combined with other specials. Expires 7/31/19.

Clip & Save!

**All Valvoline Flush Services**

**TAKE \$20.00 OFF!**

Includes: Brake Fluid, Differential Fluid, Transmission Fluid, Transfer Case Fluid and Coolant Flush.

Valid only at AUTOSAVER GROUP'S CROSSTOWN. Most cars and light duty trucks. Not to be combined with other specials. Expires 7/31/19.

Clip & Save!

**NH State Inspection & Emission Test**

**\$20.00**

With this ad. Call today to schedule an appointment!

Valid only at AUTOSAVER GROUP'S CROSSTOWN. Most cars and light duty trucks. Not to be combined with other specials. Expires 7/31/19.

Clip & Save!

**Ask Your Advisor How To Save \$100.00 and Build Rewards Today**



**Kevin Roy** Service Director  
**Joe Monahan** Service Advisor  
**Joseph Brook** Service Advisor

**AUTOSAVER GROUP'S CROSSTOWN**

CHRYSLER DODGE FIAT Jeep RAM

**Oil Change Club**

Synthetic and Diesel plans available at huge savings!

**SPECIAL OFFER**



**SERVICE CENTER**

Offers valid through 7/31/19 We service all makes and models.

**PARTS & SERVICE** MOPAR AAA Approved Auto Repair AUTOSAVER GROUP

Book your service appointment online, any time at [crosstownmotors.net](http://crosstownmotors.net)

What's Happening at **Plymouth State University**

**PSU'S ICE ARENA: THE COOLEST PLACE AROUND!**

Our full-size NHL arena is a great place to beat the heat. Beautiful and modern Hanaway Rink features skate rentals, discounted rates for seniors and groups, and free admission for children age four and under. It's the cool choice for birthday parties, family get-togethers, and refreshing fun and exercise on these hot summer days.

Public skating is currently scheduled Monday-Friday through mid-August. The schedule is subject to change, so please review [go.plymouth.edu/arena](http://go.plymouth.edu/arena) or call (603) 535-2SK8 (2758) for updates, rates, and more information.



Plymouth State University Ice Arena  
129 NH Rt.175A (Holderness Road)  
Plymouth, NH



