



Newfound Landing

THURSDAY, JUNE 9, 2016

FREE IN PRINT, FREE ON-LINE • WWW.NEWFOUNDLANDING.COM

COMPLIMENTARY

Granite Group Realty steps up to support Bristol PD's K9 Fund

BY DONNA RHODES

drhodes@salmonpress.com

BRISTOL — Saying simply that it was “the right thing to do,” owner/broker Alan DeStefano of Granite Group Realty and Lake Area Property and Sales was pleased to present the Bristol Police Department with a check for \$500 last Thursday afternoon to start their new K9 Fund.

“This part of being involved in the community. Step up when it’s time to step up,” DeStefano said.

While Bristol’s K9 program, approved by the Board of Selectmen just two weeks ago, is initially being funded through drug forfeiture monies, there are incidental expenses the department’s dog will require over the years to maintain his training, health and wellbeing.

Lt. Kristopher Bean said the community has been very supportive of the program already, with Bristol Veterinary Hospital offering routine care for the dog while Bristol’s new Hannaford Grocery Store and Blue Seal Feeds in Bow volunteered to assist with food. The newest member of their department

will also come equipped with things like a “Bite Suit” for training purposes, muzzles, a cage for the police cruiser, and a “Hot and Pop” monitor that will keep him safe on hot summer days when he’s inside the vehicle.

Donations like the one from Granite Group Realty will help provide the rest though.

“If he should get sick or injured we’re going to need money to pay for that or anything else unexpected that may come our way,” said Bean.

Officer Nick Kelley of the Bristol Police Department has been named their K9 officer and he recently came back from a trip to Castle’s K9, a law enforcement dog training facility in Harrisburg, Penn., where an 11-month-old Belgian Malinois was selected.

“They showed me (several) different dogs that suited our needs but this was the one who stayed right by my side the whole time,” Kelley said.

The dog’s name is Arrow and when he arrives in New Hampshire he and Kelley will have three weeks of “bonding time” before heading off to an extensive training



Alan DeStefano of Granite Group Realty and Lake Area Property and Sales was pleased to present the Bristol Police Department with a \$500 donation for their new K9 Fund. From left to right are Bristol Town Administrator Nick Coates, Lt. Kristopher Bean, Police Chief Michael Lewis, Officer Nick Kelley, the newly designated K9 officer, and DeStefano.

program. There they will learn to work together in a number of situations and he will then receive his official K9 certification. After swearing him in as an official member

of the department, Kelley hopes to have Arrow in service by the end of the summer.

“He’ll be used for drug detection and tracking, which is the reason we

chose the dog we did. We felt it was better for the town to get a dog that will do both. It’s two for the price of one and will save tax dollars,” said Bean.

Tracking will include discarded drugs and other evidence as well as criminal suspects, and even lost children or adults. Those skills will

SEE **K9 FUND**, PAGE A11

Town prepares for Safe Routes To School project

BY THOMAS P. CALDWELL

Contributing Writer

BRISTOL — The long process of obtaining a Safe Routes to School grant and awarding a construction contract has been completed, so now town officials are focusing on communications, to let those who will be affected by the project know what it entails and when traffic will be disrupted.

There will be a meeting on Tuesday, June 14, at 6 p.m. in the Tapley-Thompson Community Center to give the construction team an op-

portunity to explain the project and answer any questions that people may have.

The goal of the Safe Routes to School program is to make sure it is safe to walk or bicycle to school, and to make the route more accessible to those with disabilities. A secondary goal is to increase the number of children who choose to walk or bicycle, which can enhance children’s health and wellbeing, ease traffic congestion, and improve air quality.

The Newfound Area School District and the town of Bristol have been working collaboratively to get the program in place, and Town Administrator Nik Coates told the selectmen on June 3 that school district officials were very accommodating in offering locations for construction materials and being flexible in the use of facilities.

Chair Shaun Lagueux noted that the school district operates a summer program but was willing to work around the construction schedule. The contractor plans to SEE **SAFE ROUTES**, PAGE A12

BY DONNA RHODES

drhodes@salmonpress.com

ALEXANDRIA — Started out of what they jokingly call “necessity,” two local women have found a way to make the old new again, and their talents have resulted in Picked and Polished, a joint business venture that helps people furnish and decorate their homes with affordable quality items.

Reta Frekot was a fourth grade teacher at Bristol Elementary School until the birth of her second child when she decided to stay home to raise her children. She and her husband had bought a home in Alexandria, which she wanted to decorate with a warm, comfortable yet unique character.

Her budget was small though so she began

“picking” items at yard sales and thrift shops then transforming them to get the look she wanted. She once even pulled an old table out of the dirt, cleaned it and gave it a whole new life.

In the meantime, she had reconnected with BES Guidance Councilor Kellie Jenkins from New Hampton who shared Frekot’s passion and talent for restoring furniture.

“We discovered we both love refinishing and repurposing things. Besides her job and both of our families, we began working out of our homes in our spare time then selling what we created on the internet,” said Frekot.

All the refurbished furniture they sell is made from quality solid

SEE **POLISHED**, PAGE A12

What's old becomes new again at Alexandria's Picked and Polished



Reta Frekot and Kellie Jenkins run Picked and Polished, an online store where they offer furniture and home décor items such as this door hanging, all created from old items they find and repurpose.

Camp Berea tackles the town

BY MARCIA MORRIS

Contributing Writer

HEBRON—It was an impressive experiment about how to be a good neighbor, and it succeeded beyond anyone’s expectations.

Last weekend, Newfound Lake’s Camp Berea took on the tough jobs as over 100 youth campers from three separate churches in Nashua, attired in neon-yellow Iserve@Berea T-shirts, fanned out throughout the Town of



A “swarm of B’s” hit the shoreline, the trails, the roadsides and the conservation areas in the Town of Hebron as part of Camp Berea’s Service Work Weekend. Youth Campers from three Nashua churches raked, cleared brush, cleaned 14 miles of roadside and broke trails in the Hebron Town Forest during a hot summer experiential weekend program on Newfound Lake.

Hebron and swept the place clean.

At the Hebron Beach Saturday morning, doz-

ens of hearty community volunteers assembled for the annual Town Beach Cleanup Day. When they

arrived they could only stare in dismayed disbelief as they encountered SEE **CAMP BERE**, PAGE A11

INDEX

Volume 3 • Number 24

Opinion.....	A4
Obituaries.....	A6
Schools.....	NONE
Towns.....	A5
Churches.....	A5,A6
Arts & Ent.	A6,A7,A9
Health.....	A9,A10
Business.....	A13,A14
Sports	B1-B4 & B8
Classifieds.....	B6-B7

24 pages in 2 sections

©2016, Salmon Press, LLC.

Call us at (603) 279-4516

email: newfound@salmonpress.com
www.salmonpress.com

Board members from the Nature Preschool at Heart Centered Multi-Age attend conference

BRISTOL — Antioch University in Keene regularly provides programming to support educators in the acquisition of new skills, the opportunity to collaborate with each other, and find affirmation for the work they do, but a recent event was particularly special.

The fifth annual "In Bloom in Keene" conference dedicated to the educational and health benefits of children being in the natural world could not have been scheduled on a more beautiful spring day.

Board members Jennifer MacDonald, Deanna Pellegrino, and Jenne Walker from The Nature Preschool at Heart Centered Multi-Age in Bristol attended. Speakers included David Sobel, Professor at Antioch University and author of Nature Preschool and Forest Kindergartens; The Handbook for Outdoor Learning, and Angela Hanscom, pediatric therapist and founder of TimberNook, an internationally recognized program in the United States and New Zealand. Hanscom is also the author of "Balanced and Barefoot: How Unrestricted Outdoor Play Makes for Strong, Confident, and Capable

Children." Board members also attend workshops on the benefits of nature based programs for children with spatial awareness and sensory difficulties.

Hanscom discussed her body of work, noting that through research and observation at local schools, she has found today's children are noticeably weaker and their balance systems significantly underdeveloped as compared to children of previous generations. Hanscom has also found that teachers report today's children becoming more aggressive on the playground and having trouble staying in their seats. Today many children need occupational therapy and only a few of them play outdoors on a regular basis. Hanscom believes that through regular outside time and opportunities for free creative play, many of these symptoms can be alleviated.

Young children are not developmentally wired for the demands placed upon them in many traditional school settings. The high stakes testing of the last decade have left young children without time to develop in age appropriate settings. The benefits of free play and recess

have been marginalized as more time was required for inside school work. Many children across the country only see a total of 20 - 30 minutes of uninterrupted recess time per day.

Jennifer MacDonald, founder and director at Heart Centered Multi-Age, says, "It is affirming to spend time with colleagues who believe in the causes that are dear to your heart. It has been my mission since opening Heart Centered Multi-Age in 2011 to provide children of the Newfound area a place to learn and grow that would meet their developmental needs. Children at Heart Centered Multi-Age spend a minimum of an hour a day outside with a typical day in the spring and fall featuring two hours of outside time. I have always

found the children make just as many gains outside as inside. "Confidence found learning to do the monkey bars or skiing from the top of Ragged Mountain always translates into the classroom, where I see motivated and determined learners. Children at Heart Centered Multi-Age always leave our program on or above grade level academi-



Nature Preschool board members Krystal Alpers, Jennifer MacDonald, Jenne Walker, Deanna Pellegrino and Dorcas Gordon.

cally with their passion of learning intact. I believe our success is directly connected to the amount of time our children spend outside, whether in recess play or hiking, skiing or exploring at Little Round Top."

Board members from The Nature Preschool at Heart Centered Multi-Age attended the "In Bloom in Keene" conference as part of the preparation for a new and ex-

citing program collaboration between Heart Centered Multi-Age and the Slim Baker Foundation for Outdoor Education. The Slim Baker Lodge and its surrounding area will be the primary location for a nature based classroom for three year olds that will be opening in the fall of 2016. This partnership between Heart Centered Multi-Age and the Slim Baker Foundation will

help further the mission of providing outdoor education to the community through the Slim Baker Foundation.

If you would like more information on any of the programs offered by Heart Centered Multi-Age or the Slim Baker Foundation, please look them up at <http://www.heartcenteredmultiage.com/nature-preschool/>.

Bristol police announce sobriety checkpoint

BRISTOL — The New Hampshire State Police, along with the Bristol Police Department, continues to see a high number of alcohol-related motor vehicle incidents within the Town of Bristol and surrounding communities, and as a result the two departments will conduct a Sobriety Checkpoint in Bristol during the week of June 26 through July 5 in an effort to maintain safe roads in the area. The number of Driv-

ing Under the Influence arrests made in the Lakes Region continues to be high. A review of records has shown that the use of alcohol by individuals who operate motor vehicles has resulted in a consistent number of deaths and personal injury accidents.

Through collaborative efforts between The New Hampshire State Police and the Bristol Police Department, Bristol has been identified as an

area where a Sobriety Checkpoint would prove to be effective.

Troop F Commander, Lt. Gary Prince, as well as Bristol Police Chief Michael F. Lewis, have taken an aggressive stance toward preventing persons from driving while intoxicated and checkpoints such as this are one of the tools that are being utilized in that effort.

A Sobriety Checkpoint enables officers the opportunity to detect and apprehend the impaired driver before injury or death can occur and over the years has shown to be effective. The program is approved by both the New Hampshire Highway Safety Agency and the National Highway Traffic Safety Administration and provides federal highway safety funds to support it.

Further information may be obtained at a press conference to be held at 1 p.m. on Wednesday, June 29, at the Bristol Police Department, which is located at 230 Lake St. in Bristol.

LAST 4 DAYS!

LAST CHANCE TO SAVE!

DEDUCT AN ADDITIONAL
10% OFF
ALREADY LOW SALE PRICES ON
ALL IN-STOCK FURNITURE!

4

GREAT SALE DAYS!

Thursday 10-6
Friday 10-6
Saturday 10-6
Sunday 12-5

TERMS OF SALE

- ALL ITEMS SUBJECT TO PRIOR SALE
- NO REFUNDS OR EXCHANGES.
- ALL SALES FINAL.
- CREDIT CARDS WELCOME.
- DELIVERY AVAILABLE.



HOME COMFORT

Unique Furnishings & Accessories for Relaxed Living

Senters Marketplace
38 Plymouth Street • Center Harbor, NH 03226

SPECIAL SALE DISCOUNTS ON ALL CUSTOM ORDERS!

THE GREAT \$2,000,000
FURNITURE SELL-OFF!

EVERY ITEM ON SALE AT NEVER BEFORE PRICES!

DEDUCT AN ADDITIONAL
10% OFF
ALREADY LOW SALE PRICES ON
ALL ACCESSORIES!

SALE ENDS SUNDAY
AT 5 PM SHARP!

Permit: N/A

Excludes flooring and tile, prior sales, back orders and other offers.
All advertised items subject to prior sale. All merchandise sold "as is."

© Lynch Sales Company 2016

CASS INSURANCE INC.

'Nanc' & Michelle
PO Box 406 • Newport, Vermont 05855

PERSONAL AUTOS, WORKMAN'S COMP.
GENERAL LIABILITY AND EQUIPMENT
HOMEOWNERS, SNOWMOBILES, ATVS



802.334.6944-Work
802.334.6934-FAX
cassinsurance@myfairpoint.net




Dan Clarks Auto
NH State Inspection

24 Meadows Drive
Sanbornton NH

603-455-5733

Credit Cards Accepted
Call for appt.



Basic Ingredients Bakery

Best Pies in NH

ALL THINGS NEWFOUND!

We carry the Exclusive Newfound Lake Charm Bracelet!

CUSTOMERS SAY...

We have the greatest selection of sweatshirts, martini glasses, sweaters, t-shirts and hats!

HOME OF THE FAMOUS Sticky Buns
The freshest ingredients and the best sandwiches!
Don't forget our Bistro-to-go!

On Newfound Lake-with a view!
Route 3A/Lake Street, Bristol, NH • 603-744-6035 • www.basicsredientsnh.com



DON'T
TEXT
AND
DRIVE

New Hampton residents honored by Garden Club

MANCHESTER — New Hampton residents, Ginny Haas and Gene Otis, were honored by the New Hampton Garden Club at the New Hampshire Federation of Garden Clubs Inc. annual meeting, held at the Manchester Country Club on May 25.

Haas was presented a Silver Seal Certificate which reads: “Ginny is a long time member of our club and has filled several positions including Recording Secretary and President. She also served as NHFGC Recording Secretary under President Jean Thompson. Her willingness to participate in and support our activities is truly appreciated. She

provides an historical perspective on club activities and has always been a guiding force. Her quiet, soft-spoken manner and her positive input make her a valuable asset to our club.”

Otis was presented the NHFGC District I Community Star Award for 2016. Mr. Otis, a long time resident of New Hampton and our former Post Master, has donated countless hours, expertise and materials in support of our club and our community. He constructs signs for any and all of our endeavors; he made a game board for a children’s bean bag toss for our booth at Old Home Day, his “sandwich board” signs help

promote our efforts and he always donates hand crafted items for us to sell or to donate at our annual sales. Whenever we need a picture frame, a birdhouse or a sign he is there and will whip it up in no time at no expense. For years he has mowed the grass around our Friendship Garden and he recently made a sign for our new Garden of the Month project. Mr. Otis does not do these things to promote a business or for tax credits, he simply uses his skills and his generosity to support our club and our community. We feel strongly that his efforts and his continued support merit the Community Star Award.



COURTESY
New Hampton residents, Ginny Haas and Gene Otis, were honored by the New Hampton Garden Club at the New Hampshire Federation of Garden Clubs Inc. annual meeting, held at the Manchester Country Club on May 25.

Plymouth Area Democrats welcome drug recovery crusader Chris Blevens to their June Meeting

PLYMOUTH — On Wednesday, June 15, drug recovery advocate Chris Blevens will be guest speaker at the Plymouth Area Democrats’ monthly meeting at the Plymouth Regional Senior Center.

Blevens is not a political operative, but rather a make-up artist who has assisted politicians for more than 20 years, prepping their faces for stages and cameras. She has worked intimately with the candidates of both parties over the last six presidential election cycles, including Clinton, Obama, Trump, and Romney.

Blevens never thought she would use her extraordinary access to candidates for anything political. That changed in April 2014, when her step-daughter Amber died from a drug overdose. Amber had gone through a long struggle with heroin addiction, which is now an



COURTESY
Chris Blevens with President Barack Obama

epidemic across New Hampshire. After her death, Blevens realized that speaking out about addiction was a powerful way for her to heal, and her high-profile clients soon pushed her advocacy onto the national stage.

All are welcome to attend the meeting, which will start at 5:30 p.m. with a social hour and potluck dinner, followed by a brief business meeting and gubernatorial Candidate Steve Marchand speaking at 6:30. Chris Blevens will speak at 7 p.m.


For more information, call Joyce Weston at 536-2856.



DONNA RHODES

Fun in the Sun


Bristol residents Emma and Gracie made some new friends from Clairmont when they spent the day on Newfound Lake last weekend. Water temperatures are still a bit chilly so the boys and girls dug their own “pond” on the beach where they could comfortably play in the sand and water. When your children are enjoying the great outdoors, we invite you to snap a photo and send it to drhodes@salmonpress.com. Include their first name, age, location and a brief description of the activity and you could see their smiling faces in this summer’s Fun in the Sun photo series.



I AM NOT A TRINKET

Tens of thousands of elephants are killed every year for their ivory tusks, which are made into everything from knickknacks to souvenirs.

Find out what you can do to stop wildlife crime.

**STOP WILDLIFE CRIME**
IT'S DEAD SERIOUS

worldwildlife.org/wildlifecrime

Are You Over 50?

FREE

Mammograms and Pap tests for eligible women.



Professional Screening Sites Statewide

Call today! 1-800-852-3345, ext. 4931

**Let No Woman Be Overlooked**
Breast and Cervical Cancer Program
Department of Health and Human Services
Division of Public Health Services

NEWSPAPERS

THE MOST CURRENT TEXTBOOK AVAILABLE



JDT PROPERTY CARE

Commercial and Residential Property Maintenance at its finest!

536-1134

www.jdtpropertycare.com

Serving
Campton, Thornton, Waterville Valley,
Plymouth, Squam & Newfound Lake areas.
P.O. Box 66, Campton, NH 03223 • jeff@jdtpropertycare.com



PLYMOUTH OPTICAL SHOPPE

Martin D. Kass, Registered Optician

- Repairs Done on Premises

607 Tenney Mtn. Hwy., Suite 101
Plymouth, NH 03264 • 603 / 536-3569

RE-CYCLE



DO YOUR PART!



NORTH COUNTRY COINS, LLC

BUYING • SELLING • APPRAISALS
Est. 1989

WWW.NCCNH.COM
TUES • FRI 10 • 5 • SAT 10 • 3

HIGHEST PRICES PAID

All US and foreign silver and gold coins, estate jewelry, scrap gold, diamonds. Free oral appraisals.

NORTH COUNTRY COINS.
Main St., Plymouth, NH 536-2625.

PLYMOUTH OUTDOOR FARMERS' MARKET

Every Thursday
May 26 - September 29
3 - 6pm
Plymouth Senior Center
8 Depot St, Plymouth
RAIN or SHINE!

Vegetables, Fruit, Baked Goods, Milk, Cheese, Maple Syrup, Jams & Jellies, Crafts, Jewelry, Herbs, & More!
Live musical guests all season!




We accept





www.localfoodplymouth.org
localfoodplymouth.market@gmail.com
603-536-5030



SCHWARTZBERG LAW


WWW.NHLAWYER.NET

Schwartzberg Law is Expanding!
Attorney John Katsirebas has joined the firm.


One Bridge Street – Suite 210, Plymouth, NH
603-536-2700

LEGAL ISSUES RESOLVED WITH:

- MEDIATION
- COLLABORATIVE LAW
- LITIGATION



Attorney
Ora Schwartzberg



Attorney
John Katsirebas

Study finds one in six children hospitalized for lung inflammation test positive for marijuana exposure in Colorado

BY DEB NARO
Contributor

A new study found that one in six infants and toddlers admitted to a Colorado hospital with coughing, wheezing and other symptoms of bronchiolitis tested positive for marijuana exposure.

The study, "Marijuana Exposure in Children Hospitalized for Bronchiolitis," recruited parents of previously healthy children between one month and two years old who were admitted to Children's Hospital Colorado between January 2013 and April 2014 with bronchiolitis, an inflammation of the smallest air passages in the lung. The parents completed a questionnaire about their child's health, demographics, exposure to tobacco smoke, and as of October 2014, whether anyone in the home used marijuana. Marijuana became legal in Colorado on Jan. 1, 2014.

Of the children who were identified as having been exposed to marijuana smokers, urine samples showed traces of a metabolite of tetrahydrocannabinol (THC), the psychoactive component of marijuana, in 16 percent of them. The results also showed that more of the children were THC positive after legalization (21 percent, compared with 10 percent before), and non-white children were more likely to be exposed than white children.

The findings suggest that secondhand marijuana smoke, which contains carcinogenic and psychoactive chemicals, may be a rising child health concern as marijuana increasingly becomes legal for medical and

recreational use in the United States, said lead researcher Karen M. Wilson, MD, MPH, FAAP, an associate professor of pediatrics at the University of Colorado School of Medicine and section head at CHC. Most states with legal marijuana do not restrict its combustion around children, she said in a news release.

"Our study demonstrates that, as with secondhand tobacco smoke, children can be exposed to the chemicals in marijuana when it is smoked by someone nearby," Dr. Wilson said. "Especially as marijuana becomes more available and acceptable, we need to learn more about how this may affect children's health and development."

In the meantime, she said, "marijuana should never be smoked in the presence of children."

With a regional medical marijuana dispensary, Sanctuary ATC, now open in Plymouth, CADY's top priority remains the health and safety of our children, youth, and community. To protect children from the harms of marijuana use (whether it is second hand exposure of medical marijuana or illicit marijuana use), parents and local communities need to step up efforts to raise awareness on the risks and harms of this substance. We are working to provide parents and our community with the information, tools, and knowledge to better understand and address marijuana. For facts and science-based information about marijuana, please visit our Web site at www.cadyinc.org.

PET of the Week Nala

Calling all 'Meezer' lovers, a technical title for all humans who love and understand the special needs and idiosyncrasies of the Siamese cat.

Meet Nala, just about three years young, a lynx point feline with the most amazing azure eyes, they are particularly lagoon blue and just as alluring.

Nala was given to us by her owner who could no longer care for her, it was a wrenching decision but made from a place of love for this majes-

tic girl. She's rather vocal, as all Siamese are, she would like to be the top cat in your home, and not terribly fond of dogs, but children who are kind and gentle, well, from her perspective, that's another lap to cuddle in.

June IS Adopt a Shelter cat month. Let's start the summer of with a permanent loving forever home for Miss Nala.

New Hampshire Humane Society is open on weekends too, 10.00a.m – 4p.m - Nala looks forward to meeting you.



North Country Notebook

What would your teenager do? A moose and a bobcat in view



By JOHN HARRIGAN
COLUMNIST

The very first robins that I really took notice of appeared after an early morning snowstorm on Monday, May 16. I remember it well because I had just returned from a train trip that ended in Seattle, where it was shirtsleeve weather, and wondered what I was doing back in snow.

Mom robin was putting the finishing touches on a nest on my porch, and Dad was out there on the snow-covered lawn, listening (and, I think, feeling through his little toes) for worms.

Well, things move fast in the spring. As I wrote this on the second day of June, a whole bunch of little beaks had appeared in the nest, with Mom out there hopping around with Dad working to bring home the bacon, or at least the annelid version of it.

And not long from now, I'll get to see these little fluffs try their wings.

Didn't this just happen, like, yesterday?

+++++

It's springtime for

sure now, even though there's still ice under the lee of the dam at Boundary Pond, and readers are sending in some neat photos.

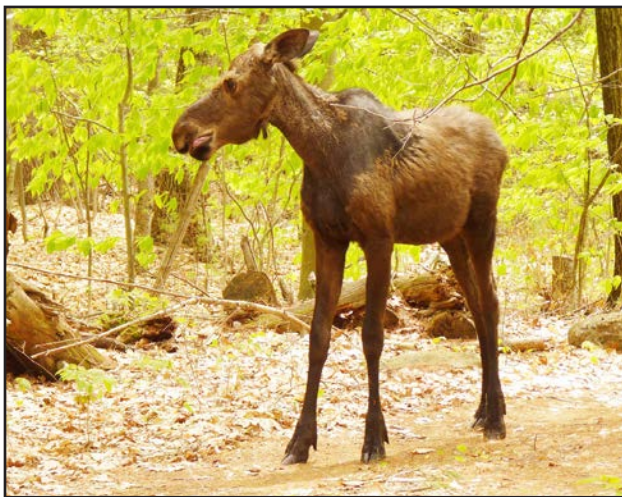
Not much has been written in the popular press about two relatively recent developments that have totally changed wildlife photography: trail cameras and cell phones.

Cameras strapped to trees and the like that are tripped by movement are really not all that new, their development stretching back over decades, but in recent years have become digital, cheaper, and much easier to set up and use. As for phones and other hand-held devices, the digital photography, range and definition just keep getting better and better.

So it's no wonder that people are coming up with extraordinary wildlife photos and film, and with increasing frequency, sending them to the media.

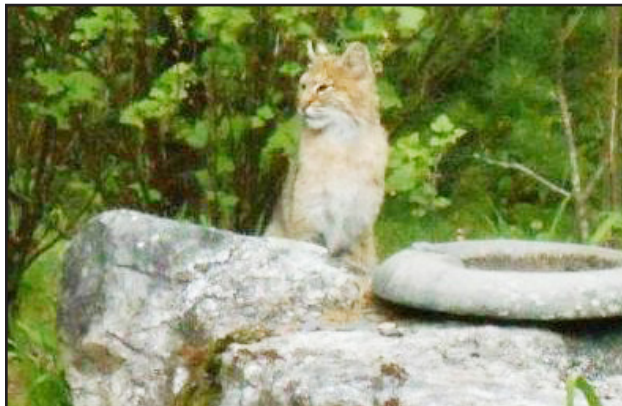
+++++

Ben Haubrich remembered me writing about woebegone yearling moose in a recent column, and sent me a photo of a young moose looking...well, woebe-



BEN HAUBRICH — COURTESY

Longtime reader Ben Haubrich saw this gangly teenager of a moose and remembered something I wrote, which evoked, basically, "Eeyore."



COURTESY

A friend of "Pat 'n Dan" sent them this shot of a hopeful bobcat hanging out at a bird-feeder just shy of downtown Wolfeborough [sic].

gone. "I thought about you when I saw this one yesterday," he wrote.

Their Moms kick them out of the house this time of year, making room for new little mooselets. The kicked-out yearlings look like your teenagers and mine would--totally

lost without refrigerator, laundry basket and TV.

+++++

"Pat and Dan" from the east side of Winnepesaukee sent a really nice bobcat photo with this SEE **NOTEBOOK**, PAGE A12

Newfound Landing

Proudly serving Alexandria, Bridgewater, Bristol, Danbury, Groton, Hebron, Hill, New Hampton and the surrounding communities.

ESTABLISHED SEPTEMBER 18TH, 2014

Offices at 5 Water Street, P.O. Box 729, Meredith, New Hampshire 03253
Phone: 603-279-4516 • Fax: 603-279-3331

Frank Chilinski, President & Publisher
Ryan Corneau, Information Manager

Brendan Berube, Editor

E-mail: newfound@salmonpress.com

Joshua Spaulding, Sports Editor

Donna Rhodes, Reporter

Advertising Sales: Tracy Lewis

Distribution Manager: Jim Hinckley

Newfound Landing is published every THURSDAY by Salmon Press, P.O. Box 729, 5 Water St., Meredith, NH 03253.

SALMON PRESS PHOTO POLICY: As a community oriented family of newspapers, Salmon Press welcomes photos from readers, business owners, and other outside sources for publication in any of its titles. Any photos submitted for publication become the property of Salmon Press, and may be displayed in our newspapers, as well as on our Web site. They may also be made available for re-sale, with any proceeds going to Salmon Press and/or the photo re-print vendor.

Free in Print, Free Online. www.newfoundlanding.com

Letters to the Editor

NHEC members should question proposed agreement with Antrim Wind

To the Editor:

The New Hampshire Electric Cooperative's 77th Annual Meeting will be held on Tuesday, June 14 at 6 p.m. at Prospect Hall on the campus of Plymouth State University.

I urge Co-Op members, whether attending or not, to question why the Co-Op is entering into a 20-year Power Purchase Agreement with Antrim Wind for power at a price of \$81/megawatt hour.

As ratepayers, we need to challenge this contract, as the current market rate for electricity is

less than \$50/megawatt hour. New Hampshire has already met their Renewable Energy Credit requirement for 2015 and likely 2016, so there is no reason to lock in this above market rate. Long term Power Purchase Agreements such as this set prices independent of our competitive market prices, which harm our existing reliable energy generation resources.

Keep our electric rates affordable.

Nancy Watson
Groton

Towns

Alexandria

Judy Kraemer 744-3532
judy7@metrocast.net

Pasquaney Garden Club

A sincere "Thank-you" to all those who came to buy at our Plant and Bake Sale on June 4. Once again, we raised enough money to cover our donation budget. Many people visited our Butterfly Garden, which is in full bloom now. Remember it is a great place to enjoy the river flowing by.

From the town

Select board meetings in June will be on the 7th and 21st.

Tax bills have been mailed. They are due by July 5.

Danbury

Donna Sprague
huntoonfarm@myfairpoint.net

South Danbury Church

The church will hold their regular service at 11 a.m. on Sunday, June 12.

On Friday, June 17 at 7 p.m., The Keith Barrett Band and Friends will perform a country music benefit concert for the church preservation project. There will also be time to share memories and stories, and reconnect with friends. There will be no ticket or admission fee. The church is giving the concert free of charge so that everyone can enjoy it-and encouraging those who are able to give generously to support the preservation project. Refreshments will be served, and there will be baked goods and fundraising items for sale. The event is in celebration of the founders of the church- a group of families that gathered together 150 years ago to create a church in their community. The church is at 1411 US Route 4 in South Danbury.

Grange Chicken BBQ

The annual chicken bbq will be held at the grange hall, rain or shine, on Saturday, June 11 from 5 to 6:30 p.m. The menu is a quarter baked chicken, two kinds of baked beans, assorted salads and strawberry shortcake. Everything is homemade. Todd, our chef extraordinaire will return once again for the annual event. Take outs are avail-

able. Tickets are \$9/ adults; \$4 for children under 12 and under three is free.

Churches

Family Worship Center Ply. Assembly of God

Thursday, June 9, 6:30-7:30 p.m., you are invited to join us for our Family Night at the Church. We offer Godly ministry for children, youth, and adults with programs for people of all ages: Royal Rangers Club for boys elementary through high school; Mpaact Club for girls, preschool through high school; and two Adult Seminars and Bible Studies. Pastor Glen is conducting a Study Group and Scott Gusha is also teaching a course on one of the Apostle Paul's letters. Do come for this great time of fellowship and learning.

The Royal Rangers are raising funds to go to Camporama in Springfield, MO, this summer, and much help is needed. They will have some fund-raising projects, dates to be announced. Please help provide funds to send these boys for a life-changing experience. You may contact the church or Cmdr. Willie Gusha for information and to help.

Sunday, June 12, you are invited to join us at 8:30 a.m. for bagels, coffee and juice; 9 a.m.: Bible Education for all age groups preschool through Adult Bible Studies. 10 a.m.: Sunday morning service with Contemporary Music and Biblical Teaching. Nursery for ages newborn to three. The monthly fellowship luncheon will follow the morning service. Please bring food to share. 5 p.m.: Prayer meeting. You may put prayer requests in the green box marked "Prayer Requests" on the hall table. Please join us for this important time of intercession for our church, community, country, missionaries, and each other.

Monday, June 20, noon-2 p.m. - the Church's Helping Hands Food Pantry will be held and free clothing will be available.

Saturday, June 25,

10 a.m., the monthly men's brunch will be held. All men are invited to attend. Please contact Pastor Glen or Willy Gusha for information and reservations.

Sunday, June 26, special guest speaker (to be announced later) in the morning service.

Part of the Church roof has been repaired, and we are grateful to the company who did the job so well, and for the donations towards this project. The church is now holding a "Raise The Roof" project in an effort to pay this off quickly, so all donations can be made out to Family Worship Center and marked "Roof Project" and are greatly appreciated.

Anyone desiring Church membership: please contact Pastor Yunghans at 536-1966 or 726-0254.

Our Mission Statement is "Transforming lives through God's Word."

Our church is collecting funds for prison ministry, also aluminum cans to support the cost of ministry supplies such as Bibles and printed literature. A collection barrel is at each church entry. Please continue to support this ministry. Money donations may be made to the church marked "prison ministry."

Prayer requests for the bulletin may be given to Candy Gusha at craftmom03264@yahoo.com.

Please give announcements for the Sunday bulletin to the Church office by 4:30 p.m. on Tuesdays by e-mailing fwcag@hotmail.com or Pastor Yunghans at gyunghans@hotmail.com, or phone the church at 536-1966 or Pastor Glen at 726-0254. Everyone is welcome at all of our services. The Church

is handicapped accessible, east entrance.

Note the Church's new Web site: www.assemblyofgodplymouth-nh.org.

Hebron Union Congregational Church

All are welcome to join in our worship services on Sundays at 10 a.m., followed by coffee hour.

We gather once a month to make soup for people in our local communities. Our next soup route is June 13. While we are making soup for others, we also share a meal of soup, salad, bread and dessert. If you would like more information about Soup Route, would like to volunteer to help us, or would like to receive soup from us, please contact our church secretary using the contact information listed below.

Our Bible study meets on Thursday mornings at 9 a.m. and all are welcome.

Join us at the "Seashore" as we celebrate all things Nautical on June 11 at 6 p.m. for our Ninth Annual Theme Dinner. The menu includes Assorted Appetizers, Shrimp Scampi, Beef Tenderloin, Rice Pilaf, Vegetable, Salad & Rolls, and Assorted Desserts. The cost is \$30 per person and proceeds will benefit the church's Kitchen Renovation Fund. Seating is limited to 56 guests and we need a minimum of 40. Tables of eight may be reserved through the church office by calling 744-5883 during the secretary hours listed below, or by emailing staff@hebronchurchnh.org. Please provide the office with guests' names at a reserved table. Prepayment is appreciated. There will be a raffle and tickets for

that are \$5 each and can be purchased at the dinner.

We are now accepting SOME donations for the 64th Annual Hebron Church Fair. Rummage donations and books maybe dropped at the church during the secretary's office hours listed below. There will be a Fair meeting following the service on June 12.

Our church is located in the center of historic Hebron village at the intersections of North Shore Road and West Shore Road. Our church secretary's office hours are Tuesdays from 9:30-11:30 a.m. and Wednesday and Thursday afternoons from 1-3 p.m. and our phone number is 744-5883. Our address is 16 Church Lane, PO Box 67, Hebron, NH 03241. The secretary's email address is staff@hebronchurchnh.org. To find out more about our church, please visit the church Web site at www.hebronchurchnh.org.

Church of the Holy Spirit Episcopal

Welcome to Deacon Maryan Davis!

On Sunday, June 12, Maryan Davis will be ordained a deacon at 3 p.m. at St. Paul's Church, Concord, and Bishop Hirschfeld has assigned her to begin her ministry with the Church of the Holy Spirit, Plymouth, and St. Mark's, Ashland. The ministries of deacons vary with the individual and with the communities and churches in which they serve. However, the stated ministry of

deacons is to serve as a bridge between the Church and the World, "(1) bringing the Church to the World in service, and (2) bringing the needs of the World to the Church in preaching, teaching and leadership." Maryan will begin her ministry with us on June 19th. Spending 8-10 hours of week in our congregations, she will begin by looking and listening to explore the ministries that currently exist (i.e. "Got Lunch," monthly Outreach Breakfasts, etc.) as well as working with our wardens and Randy to assess the needs that exist in our communities.

St. Mark's & Holy Spirit to Share Worship Spaces

Beginning on Sunday, June 19, while the 8 a.m. Eucharist will continue at the Church of the Holy Spirit, the combined 9:30 a.m. Eucharist will be held at St. Mark's Church in Ashland. Church School will resume on Sunday mornings, and Altar Guild and Coffee Hour activities will be shared by the members of both congregations. The 11 a.m. Thursday midweek Eucharist will move to Plymouth beginning on June 23.

Holy Trinity (Roman Catholic)

Bristol Knights of Columbus Scholarship

The Bristol Knights of Columbus are offering a scholarship to high school students who wish to further their education. Please see one of the Knights to obtain and applica-

SEE CHURCHES, PAGE A6

PUBLIC NOTICE

The Hebron Select Board will be holding a Public Hearing on Thursday, June 16, 2016 at 7:00 p.m. in the Select Board Office located at 7 School Street. The purpose of the hearing is to expend funds from the following Capital Reserve Funds:

- 1. "Government Building Repair" for the replacement of exterior lighting at the Public Safety Building
- 2. "Dry Hydrant" for the North Shore Road dry hydrant

Hebron Select Board,
Patrick K. Moriarty, Chair
John W. Dunklee, Vice-Chair
Eleanor D. Lonske, Member

Injured in an Accident?

CONKLIN & REYNOLDS, P.A.

is pleased to announce its affiliation with

ATTORNEY GARY CASINGHINO

Automobile & motorcycle accident attorney

CALL GARY CASINGHINO, ESQ. at our Plymouth or Lincoln office for an appointment

- ✓ Successful recoveries for hundreds of accident victims
- ✓ Insurance company intervention
- ✓ Hard work on your behalf
- ✓ FREE consultations - Evening and weekend appointments

Conklin & Reynolds, P.A.
Attorneys At Law

Plymouth office:
Deborah R. Reynolds, Esq.
607 Tenney Mountain Highway, Plymouth, NH
603-536-8980

Lincoln office:
Michael F. Conklin, Esq.
264 Main Street, Suite 14, Lincoln, NH
603-745-3451

“MIKE ETHIER” EXCAVATING CONTRACTOR

WOULD LIKE TO THANK THE N.H. RESIDENCE, AND ITS OUT OF STATE CUSTOMERS, FOR 30 PLUS, SUCCESSFUL, YEARS, IN THE EXCAVATING, BLASTING, DEMOLITION, AND LOGGING BUSINESS, IN THE STATE OF N.H. AND THE LAKES REGION AREAS. SO IF YOU ARE PLANNING ANY OF THE FOLLOWING PROJECTS, SEPTIC SYSTEMS DESIGNED AND INSTALLED, ROADS, DRIVEWAYS BUILT, TREE CLEARING, STUMPING, WELLS, WATERLINES, INSTALLED, AND EVERYTHING IN THE SITEWORK BUSINESS YOU CAN THINK OF PLEASE CALL MIKE E. 603-254-7350

WE HAVE REAL ESTATE AVAILABLE, BUILDERS AVAILABLE, ARCHITECTS & CONCRETE CREWS READY TO START YOUR PROJECTS.

“MIKE E. WILL DO MOST ANYTHING”

603-254-7350

GMI ASPHALT
Paving Specialists

The Road to be On
WHERE QUALITY & ASPHALT MEET THE ROAD

Driveways/StreetPrint • Roadways/Parking Lots
Reclaim • Tennis Courts • Seal Coating • Excavation/Grading
Commercial • Residential • Fully Insured • Since 1977 • FREE Estimates

www.GMIasphalt.com 603-524-0200

JOIN OUR TEAM • GMI HIRES
Experienced Class A & B Drivers & Heavy Equipment Mechanic Operators & Laborers



Award Winning White Mountain Boogie 'N Blues Festival celebrates 20 years!

THORNTON — Always the third weekend in August, the 20th annual White Mountains Boogie 'n Blues Festival happens Aug. 19-21 at the Sugar Shack Campground in Thornton.

The Boogie takes place in the heart of the White Mountains. The stage is set in a natural amphitheater on a 72 acre pasture in the Pemigewasset River Valley, making it an ideal place for soaking up the sounds.

This year promises to impress and delight with a line up of award winning artists featuring Kenny Wayne Shepherd; Southern Hospitality with Victor Wainwright, JP Soars

and Damon Fowler; Lil Ed & The Blues Imperials; Tab Benoit; Selwyn Birchwood; Ronnie Earl & The Broadcasters; Gracie Curran & the High Falutin Band; Albert Cummings; The Boston Blues AllStars: Anthony Geraci with Sugar Ray & The Blue Tones and special guests Michelle "Evil Gal" Willson and Darrell Nulisch; "Kingfish" Ingram; Davina & the Vagabonds; Alexis P. Suter & The Ministers of Sound; Albert Castiglia; Teeny Tucker; and Watermelon Slim.

The largest outdoor blues festival in New Hampshire! Along with award-winning blues artists, there are food and craft vendors, a climb-

ing wall, bouncy house, many fun activities for kids and adults including Saturday night fireworks.

Twenty years ago, Brad and Mike Benton founded the White Mountain Boogie 'N Blues and have been making it happen every year since. Starting out as a small gathering of about 250 people, the one day event was comprised of talented friends and regional bands. Twenty years later, the festival has transformed into a weekend of award winning blues musicians from all over the world, winning the KBA Award in 2012 for Best U.S. Festival and the Blues Audience Award in 2015. Also



Acclaimed guitarist Kenny Wayne Shepherd will headline this year's White Mountains Boogie 'n Blues Festival.

voted one of the top ten Summer of 2016 events to do in New England.

You can find out more about this years festival, including the line up and ticket sales at <http://www.nhblues.com> See you at the Boogie!

Churches

FROM PAGE A5

tion. There are certain requirements for this scholarship. Please see a knight for details. All documentation must be handed in by June 17.

Summer Mass Schedule

The Summer Mass schedule has begun with the Saturday 5:45 Mass at Our Lady of Grace Chapel. The complete summer schedule will begin the weekend of July 2nd and 3rd. At that time we add the 8 a.m. Sunday Mass at our Lady of Grace and the 9:30 a.m. Mass at St. Agnes.

Baby Bottle Blessing Drive

Bottles are due back on Father's Day, Sunday, June 19. Please return the bottles full, half full, or even if they are empty as Haven gets charged for the bottles that are missing. Thank you!

Homebound Ministry

If you or someone you know is homebound and would like to receive a communion visit, please call the Plymouth office at 536-4700 and talk with Deacon Mike. He will coordinate the schedule from there. Thank you!

Mass Intentions

An individual may ask a priest to offer a Mass for several reasons: for example, in thanksgiving, for the intentions of another person (such as on a birthday), or, as is most common, for the repose of the soul of someone who has died. If you would like to have a Mass said for a particular intention, you can call the Plymouth office at 536-4700 or the Bristol office at 744-2700.

Weekly Meetings

Thursday, May 19
Day Away Program, Simard Hall, 9 a.m.-3 p.m.
AA meeting Monday-Saturday, St. Matthew Hall 11 a.m.

Congratulations to the young adults of our parish who are graduating from high school and college this year. We are proud of your accomplishments and it is our prayer that God will be with you and lead you to success and

happiness.

Welcome to Our Summer Visitors

We will begin our full summer schedule soon and welcome our many summer parishioners. The pews in our three churches will be full and parking will be a bit more difficult. It is at this time that we happily set another place at our Eucharistic table in the hopes that our visitors will find true Christian hospitality here. St. Paul reminds us that Christians will be known by our love for one another, and it is during this time of year that we act to welcome everyone to the table. If there are more people in your pew this summer, say a little prayer of thanks.

Catholic Charities Appeal

As Catholics, Jesus calls us to help our neighbors who are in need. Your gift strengthens families, inspires and educates young parents and relieves the burden of grief and hardship. Our parish goal this year is \$67,000 dollars. Your gift bridges the gap for many of our neighbors and moves lives forward. Thank you for considering giving to Catholic Charities.

Day Away

The Day Away program could use your help! This program allows caregivers a day off while we take care of their loved ones with dementia. You can volunteer for either the morning or afternoon session. Training is provided and it is a very rewarding experience. Volunteers assist with crafts, outdoor activities, exercise and lunch. This program is run under the supervision of a registered nurse. For more information, please call Fran Olson at 744-6828, or stop by on a Thursday to see what we are up to!

Got Lunch!

This summer, there are two Got Lunch! programs that could use your help. Got Lunch in Plymouth and Got Lunch in Ashland/Holderness will both start their programs Monday, June 20, offering

children healthy lunches throughout the summer in their respective communities. Please consider volunteering for these programs. Both programs are in need of people to pack the lunches and deliver them. Both programs meet on the Monday morning of each week to make the lunches. Packing is one from 8:30 to 9:30 a.m. and delivery starts soon after. Donations of fresh fruit and vegetables, as well as monetary donations of any amount are also appreciated. You can also sponsor a child for the summer. For more information, call: Elena Worrall (Ashland/Holderness), at 744-0105 or Mary Kietzman (Plymouth), at 536-1076.

Annual Craft Fair

The St. Timothy Women's Club is hosting their annual craft fair on July 23 from 9 a.m. to 2 p.m. at the Marian Center. Crafters, please register early! The fee is \$20 per eight foot space, \$25 after July 1. For further information or questions, please call Sue L'esperance at 217-0075

World Youth Day – Stateside

Join us in New Hampshire for a Stateside Celebration of World Youth Day on Saturday, July 30 from 11 a.m. to 5 p.m. at Camp Fatima. Please join the Diocese of Manchester and Camps Bernadette and Fatima in a World Youth Day USA Stateside Celebration including a live World Youth Day stream from Poland, lunch and Mass. Check in begins at 11 a.m. Camp Fatima is located in Gilmanton Iron Works. You can preregister for \$5 per person. Register Online: wyd-nh.eventbrite.com.

Blood Drive Our Lady of Grace Chapel, Simard Hall, June 15, 1-6 p.m.

Star King Unitarian Universalist Fellowship

Starr Starr King Unitarian Universalist Fellowship is a multigenerational, welcoming congregation

where different beliefs come together in common covenant. We work together in our fellowship, our community, and our world to nurture justice, respect, and love.

Sunday, June 12, 9:30 a.m. Music Sunday and Religious Education Recognition

Sarah Dan Jones, Music Director, Meredith Flynn, Director of Religious Education,

Rev. Dr. Judith Smith-Valley, Worship Leaders

Nancy Chaddock, Worship Associate

Sunday worship will celebrate both the SKUUF 2016 Music and Religious Education Programs.

Whole Congregation Upstairs.

Visitors are invited to attend the service as well as all programs at the church. Nursery care is provided for infants and toddlers. The children's program is held downstairs concurrently with the service. Join us for coffee and conversation following the service.

Children and Youth Religious Education, Meredith Flynn, DRE

There are no classes this morning for the kids. Instead, there will be a whole congregation service celebrating music and our Religious Education teachers. Several children will be playing music during the service. This years' teachers will be honored and thanked for their volunteer service throughout the year with our children and youth. This is a family friendly service and all ages are welcome.

Youth Group- The eighth through 12th graders meet the second and fourth Sundays of the month from 6-7:30pm in the upstairs conference room. They are wrapping things up for the school year and will begin meeting again next fall in mid-September.

Social Justice Community Outreach: The Unitarian Universalist Children's Choir Scholarship Fund They meet every three years to rehearse and perform as a part

of the annual Unitarian Universalist Musicians Network conference. They sing repertoire of consequence that helps instill Unitarian values as they begin their lifelong journey with spiritual exploration. Children sing daily, enhance worship services with their music, perform a concert for the community, participate in youth-focused Chapel services, and complete service projects during the summer camp.

SKUUF is proud that two of our young singers, Laurel and Molly Lu McKellar, will be part of this special "choir camp!" They will be traveling to Madison in July, along with their parents, Joe Webb McKellar and Michelle Chamberlain, for this one of a kind adventure. The children and their chaperones (of which Joe and Michelle will take part) will be housed at the University of Wisconsin and join the adult UUMN members at our conference on Saturday for worship, workshops and community. On Saturday evening, the children's choir will present a concert at the church, and join the adult choir (of around 250 singers) for two Sunday worship services.

Because of the UUMN scholarship, our young SKUUF singers were awarded money to help in their travel expenses. Our collection is an opportunity to give back to the scholarship fund so that future generations will be able to attend the UU Children's Choir.

Please bring canned or dry packaged food items for our local Community Closet collection basket in the foyer. There is also another collection basket in the foyer for this summer's "GOT LUNCH! PLYMOUTH" program. Small jars of peanut butter and jelly, and canned tuna or chicken may be placed there.

Ongoing activities Choir meets for rehearsal most Thursday evenings, 7-8:30 p.m. in the sanctuary. 1st Friday morning

Breakfast Group will meet this month at a place to be determined. Contact Deedie at cd-kriebel@gmail.com for information.

Starr King Men's Group meets every first and third Sunday from 6-8 p.m. in the Conference Room.

Second Sunday Hike – We leave from the SKUUF lower parking lot at noon. All are welcome. Contact mitch@newfoundfarm.org to register and receive updates.

Uncommittee Gatherings will meet every third Sunday at 11 a.m. downstairs. Bring your own crafting supplies. Contact Gigi Estes, or Virginia Miller at seabeans@roadrunner.com for information and any changes.

Wise Women in Training is a women's group to discuss issues related to women. Each meeting will have a theme that will be facilitated by a volunteer member of the group. Contact Betty Ann Trought at batrought@gmail.com or just come and meet with this welcoming group. Wise Women regularly meets every second and fourth Wednesday from 10:30 a.m. to noon in the upstairs conference room.

Gentle Yoga meets in the Fellowship Hall on Wednesdays from 5-6 p.m., and Saturdays from 8:30-9:30 a.m. For information, contact Darlene Nadeau at 493-1478.

Bridge players meet on Thursdays in the Conference Room from 12:30-3:30 p.m.

Line Dancing – last Sunday of the month, 6:30 – 8:30 p.m. through June. For information, contact George Maloof at maloof@mail.plymouth.edu.

Starr King UU Fellowship is located at 101 Fairgrounds Rd., Plymouth. The phone number is 536-8908. The Web site is www.starrkingfellowship.org where you can access "Newsletters" to read, or print out, any of several past issues; "Podcast" to enjoy listening to sermons you have missed, or just want to hear again; "Events Calendar" to find out what is going on in our Fellowship.

Artistic Roots welcomes new visiting artists

PLYMOUTH — Artistic Roots welcomes a new group of Visiting Artists beginning on June 4. The artists include: Pamela Miller, jeweler; Javier Kiman, water color and pottery; Doug Houle, oil painting; Lynn Decker, block prints; John Spurling, cloisonné; and Joan Glidden, pottery. The gallery will welcome this amazing group of artists in a reception on June 23rd from 5:30 to 7:30 pm. Refreshments will be served and the public is invited.

About the artists:
Joan Glidden has been working in clay on and off since 1974, when she took a hand building pottery class in high school. Years later, she took a class in wheel thrown pottery, learning more techniques and the process of pottery. After taking the beginners class in thrown pottery Joan worked with a local potter in Meredith for several years, learning and practicing more advanced techniques. Since that time, the art and process of making pottery, both thrown and hand built, has become her passion. She was a founding member of the Village Artist Gallery in Ashland, a role that was central in moving her skills forward. At present, Glidden has a small studio in her home in Ashland, where she loves to take inspiration from her gardens and move into the studio to form beautiful pottery pieces.

Pam Miller lives in New Boston with her husband and two children. She works full-time in public education. She has studied metalsmithing with Sussy-Rose Shields, New Hampshire

League of Craftsman artisan. She has continues to develop her fabrication through self-study and Shields' mentorship. Jewelry making provides an opportunity for her to spend pastime doing something that is energizing and provides a creative expression. Inspiration for her designs come from the organic flowing lines on nature, as well as the structural lines of architectural forms. She incorporates natural gemstones, pearls, and art glass into her pieces. While Miller has done custom pieces on the request of family and friends, this is her first opportunity to offer her designs to the public.

Douglas Houle lives in Augusta, Maine and have been traveling Northern New England for the last 24 years. He is a graduate Plymouth State College with a Bachelor of Fine Arts degree in Painting in 1998 under the direction of Christopher Kressey, Annette Mitchell and Tom Driscoll. His focus has always been painting New England's buildings, creating dramatic images of these ordinary buildings using light and color. After attending college, he spent two years in Vermont participating in local art shows and exploring the Champlain Valley. In 2000, he relocated for a short time to Manchester before ultimately moving to Augusta Maine, where he resides with my wife and three children.

Mr. Houle said, "Painting is my time to recreate the past and preserve its authenticity. I take intimate parts of towns and portray a surreal life. These portrayals

instill a quiet and often serene mood."

Javier Kiman is a resident of Bridgewater. He has been working on watercolors with Artistic Roots artist, Suzan Gannett and working on pottery at the Clay Center. His inspiration for his paintings is nature including animals, landscapes, and flowers. His pottery uses the slab technique and his creations include sculpture, and vessels. This is Kiman's first showing of his work.

Lynn Decker received a BFA from University of Illinois at Champaign Urbana. She continued at Plymouth State College to be certified to teach art. She taught elementary art for 10 years, moved on to Special Education, and earned her CAGS in Educational Leadership at Plymouth State. After retiring she studied with Cheryl Johnson in watercolor, Annette Mitchell in printmaking, and Kathi Smith in plein air painting. Lynn continues to quilt, and considers fabric and watercolor her favorite media. Combining fabric, printmaking, and watercolor in different ways intrigues her. Last January, during a class with Annette, researching Japanese wood block prints, Decker reacquainted herself with Provincetown White Line Prints. She wondered if the process of printing on wood blocks with watercolor was adaptable to foam plates. Trying the watercolor on an old foam plate, she found that the watercolor beaded up too much. She applied gesso to a foam block, then drew the image. When watercolor was applied



COURTESY

This beautiful piece of Cloisonné is the work of New Hampshire artist, John Spurling. He is one of the new Visiting Artists showing at Artistic Roots, 73 Main St., Plymouth, from June 5 through Sept. 30. He is joined by Lynn Decker, Joan Glidden, Douglas Houle, Javier Kiman, and Pam Miller. Artistic Roots is open from 10 a.m. - 6 p.m. daily. Come see the work of this fantastic group of artists.

to the gessoed plate, the results were favorable. This is the artwork that will be displayed at Artistic Roots.

John Spurling began his fascination with metal smithing when introduced to blacksmithing at the age of 13. He is a master Tool/Die/Mold Maker. In 1980, Spurling met Dr. Karl Drerup, an enamelist and the first art faculty member at Plymouth State University. Karl was impressed with John's work and took him on as his apprentice. This friendship lasted for more than 21 years. Of the many techniques

related to enameling, John enjoys Cloisonné most. It has been called "the art of patience". Cloisonné uses either pure silver or 18k gold to delineate the design, followed by intricate inlaid layers of crushed glass, each layer being fired to 1450 degrees F. Mr. Spurling has taught enameling at the Sharon Art Center in Peterborough. His work has hung at the Currier Gallery of Art in Manchester and has created an angel ornament which decorated the White House Christmas tree. His mission is to continue to work with enamels

and offer workshops/classes locally. He is excited about sharing this ancient art form with others in hopes of passing on the skills that he has acquired. He always has ideas for new pieces swirling around in his head.

Artistic Roots is proud to show the work of all of these unique and talented artists. Their work will be available for viewing and sale from June 4 through Sept. 30. Stop by Artistic Roots, which is open from 10 a.m. to 6 p.m. daily. It is located at 73 Main St. in downtown Plymouth.



Covering the
Newfound Lake Area &
Surrounding Communities

Newfound Landing

Alexandria • Bridgewater • Bristol • Danbury • Groton • Hebron • Hill • New Hampton

A community publication full of local news, sports & happenings.

FREE IN STORES! FREE ONLINE!

Reserve your ad space today!
ONLY \$7.00/pci

Call Tracy Lewis at (603) 444-3927
Email: tracy@salmonpress.com



2016 Graduation Pages Coming June 23rd

Have your business say Congratulations
and Good Luck to the class of 2016!

We will be publishing the 2016 class photo(s) from the local high schools. Not only is this a great sponsorship opportunity for local businesses, but makes the event more memorable by placing a personal ad to wish your family or friends good luck!

Full business card \$25 per school.

Participating schools: Gilford High School, Inter-Lakes High School, Moultonborough Academy, Winnisquam Regional High School, Belmont High School, The Tilton School, Saint Bani School

DON'T MISS OUT – Deadline: June 17th at noon

CONTACT US TODAY:

Call Beth or Pat at 603-279-4516 Ext. 130
E-mail: beth@salmonpress.com, par@salmonpress.com
or tracy@salmonpress.com

Looking for the Newfound Landing?

Covering the Newfound Lake Area & Surrounding Communities



Find it **FREE** Online at:
www.NewfoundLanding.com

Or **FREE** at these
fine local businesses:

BRIDGEWATER:

Newfound Grocery

BRISTOL:

Bristol Post Office (Outside Box)

Bristol Town Hall

Bristol Laundry

Cumberland Farms Bristol

Park & Go Bristol

Parkhurst Plaza

Shacketts

Rite Aid Bristol

Shop& Save Bristol

Wizard of Wash

DANBURY:

Danbury Country Store

**PUBLISHED
EVERY
THURSDAY!**

HEBRON:

Hebron Post Office(Outside Box)

Hebron Town Hall

Hebron Village Store

HILL:

Hill General Store

NEW HAMPTON:

Mobil Gas Station

Irving Gas Station

PLYMOUTH:

Tenney Mt. Store

RUMNEY:

Common Café

Stinson Lake Store

A new publication full of local news, sports & happenings from the following communities:

Alexandria • Bridgewater • Bristol • Danbury • Groton • Hebron • Hill • New Hampton



www.NewfoundLanding.com

Headquarters: 5 Water Street, P.O. 729 Meredith, New Hampshire • (603) 279-4516

Professional Children’s Theatre at PSU Silver Center Thursdays through Aug. 11

PLYMOUTH—IMPACT, the children’s theatre company of Jean’s Playhouse in Lincoln, will present their repertoire of children’s stories adapted for the stage at 2 p.m. Thursdays at the Silver Center for the Arts on the Plymouth State University campus throughout the summer. The audience will have a chance to meet their favorite The audience will have a chance to meet their favorite ducklings, giants, rabbits, magicians and other characters from the shows in the lobby after each performance.

The production for June 30 is “Hansel and Gretel.” The story tells of two young children whose parents are desperately poor and send the children away into the forest. After days of wandering, they discover a large cottage built of gingerbread and cakes with clear sugar windows. Hungry and tired, they begin to eat the rooftop of the house when a hideous old woman comes out and lures them into the house. The children soon learn that she plans to eat them, and they realize that they must use their brains and courage to

save each other. Performances remaining this summer are:

- July 7 “Jack and the Beanstalk”
 - July 14 “Rapunzel”
 - July 21 “The Velveteen Rabbit”
 - July 28 “The Snow Queen”
 - Aug. 4 “Aladdin”
 - Aug. 11 “The Little Mermaid”
- Children’s Theatre has been delighting regional audiences for more than 20 years, with original adaptations of fairytales and

folktales produced and created for children of all ages. Shows are approximately 40 minutes long and appeal to adults, and children three years and older. Children will have a chance to meet their favorite characters after

each show. Tickets: All seats are \$7 (including babes in arms) at the Silver Center Box Office, 535-2787 or (800) 779-3869. Summer Box Office hours are: 11 a.m.–4 p.m. Monday–Friday, or tickets can be pur-

chased online at silver.plymouth.edu. Convenience fees apply to on-line orders. General information about events at Plymouth State University is online at <http://thisweek.blogs.plymouth.edu/>

Seniors at greater risk for chronic dehydration

BY MARTHA SWATS
Owner/Administrator

Comfort Keepers
Staying hydrated may seem like a straightforward proposition: you get thirsty, you drink. However, particularly for seniors, it is not always this simple. Seniors are at a higher risk for dehydration than younger adults. In fact, one study showed that up to 48 percent of seniors were dehydrated upon admission to the emergency department for other issues. Very often it is not even obvious that the senior is chronically dehydrated because he or she may not show any clinical symptoms, such as increased thirst, dry mouth, dizziness, weakness, headache, constipation, or fatigue.

Why are seniors at a higher risk? Many factors come into play. For starters, as people age, the water content of their bodies diminishes. Older adults also do not feel thirst like younger adults: their thirst signals are not as active. Other reasons include the following:

Seniors may be taking diuretic medications for certain conditions that may rid the body of salt and water. They may intentionally limit fluid intake because of incontinence or embarrassment over having to use the bathroom too often.

They may have mobility issues that prevent them from getting up and getting something to drink, and they may be too embarrassed to ask for help.

They may have chronic conditions, such as diabetes, that put them at a higher risk for dehydration. Seniors with dementia may not remember to drink.

The impacts of dehydration can be severe. Dehydration can affect the way the body metabolizes medications, making them less effective.

This can be a critical problem for those who depend on those medications for their health and wellbeing. Dehydration can also exacerbate other medical conditions, cause kidney stones and urinary tract infections, compromise the immune system, cause delirium, impair cognition and memory, cause weight loss, and increase the risk of death.

Friends, family, and caregivers can help seniors stay hydrated through constant monitoring. Typically, an adult should get about 2000 milliliters of fluids a day, which is about eight 8-ounce cups of water. Fluid intake, though, can come from food sources, such as soups or fruits and vegetables with a high water content, such as cucumbers, raw celery, raw tomatoes, and melons. Other ways to ensure seniors are getting an adequate amount of fluids include


regularly offering beverages that the senior likes, ensuring that water is within reach all day so the senior does not need to ask for it, providing cups with handles or straws to help seniors who have physical limitations, offering smaller beverages more frequently so it does not seem overwhelming to

finish a serving, and minimizing caffeinated or sugary beverages since too much of either caffeine or sugar can actually increase dehydration.

Hiring a professional caregiver who is familiar with the needs of seniors can also help. Professional caregivers can help monitor what the senior is eating and drinking and can make fluids readily accessible to help keep the senior hydrated. To learn more about how professional caregivers can help, contact your local Comfort Keepers® office today.

About Comfort Keepers

Comfort Keepers is a leader in providing in-home care consisting of such services as companionship, transportation, housekeeping, meal preparation, bathing, mobility assistance, nursing services, and a host of additional items all meant to keep seniors living independently worry free in the comfort of their homes. Comfort Keepers have been serving New Hampshire residents since 2005. Let us help you stay independent. Please call 603-536-6060 or visit our Web site at www.comfortkeepers.com/plymouthnh for more information.



Spend your summer on Squam!

Community Youth Sailing Program—ages 8-18
Junior Squam Lakes Association Camp—grades 3-9
Leader in Training—grades 10-12

Holderness, NH • 603-968-7336 •
info@squamlakes.org • www.squamlakes.org



Your “Favorite” Decorator
“For Sewing done right”

Jodie Favorite
Owner

#36 Baker St.
Bristol, N.H. 03222

Office: 603-744-9433
Cell: 603-738-3399
Email: jfavorite@ttlc.net
Facebook: Your favorite decorator
Website: yourfavoritedecorator.com

Slipcovers
Cushions
Window Treatments
Pillows & Accessories
Upholstery
Alterations



Sean Ware

Sean Ware to speak at Monthly Art Association meeting

TILTON — Sean Ware, a New Hampshire painter and instructor at the Lakes Region Community College will be the featured speaker at the June 20 meeting of the Lakes Region Art Association (LRAA). The meeting starts at 7 p.m. at the The Lakes Region Art Association Art Gallery, located in the Tanger Outlets, 120 Laconia Rd., Suite 132 in Tilton.

Along with an introduction to work, he will discuss oil painting and the properties that make it unique, including the best use of materials,

health precautions and various techniques. He will also demonstrate the process for hand making oil paints.

The session is free and open to the public.

For additional information about the event, contact Gisela Langsten, 1st Vice President, Lakes Region Art Association at 293-2702.

The Lakes Region Art Association, founded in 1940, is a non-profit group providing education and support to local artists, both amateur and professional, in the Lakes Region.

To see more works by Lakes Region artists, please visit The Lakes Region Art Association Art Gallery, located in the Tanger Outlets, 120 Laconia Road, Suite 132 in Tilton. The Gallery represents more than 25 artists and photographers from the Lakes Region. On display and for sale are original works in oils, watercolors, pastels, acrylics, photography and more. Open Friday, Saturday and Sunday, 10 a.m. to 6 p.m. For more information, call 998-0029 or visit www.lraanh.org.

FOR OVER 50 YEARS
Helping New Hampshire Feel Great At Home Since 1965

Harris Family

FURNITURE & MATTRESSES



LLOYD FLANDERS
WOVEN FOR LIFE

JUNE WICKER SALE!

Mackinac
Vinyl Sofas, Lounge Chairs,
Swivel Gliders in an Open Weave,
Romantic and Deep Seating.

**30% OFF LLOYD FLANDERS
INDOOR AND OUTDOOR
WICKER FURNITURE.**

LOOM WICKER subtly woven detailed elements and styles will melt stress away



Reflection



Generations

Many Colors Options in Loom
That is All Weather Wicker Woven for Life.

Harris Family
FURNITURE & MATTRESSES

FREE NH Delivery
CHICHESTER: Rte. 4, Dover Road • 798-5607
PLYMOUTH: 485 Tenney Mt. Hwy. • 536-1422
LACONIA: 460 Union Avenue • 524-7447
WWW.HARRISFAMILYFURNITURE.COM

6/7 - 6/21/16

Golden View proud to announce sole sponsorship for TBI “We Care” concerts

MEREDITH—Golden View Health Care Center of Meredith is proud to announce their role as exclusive sponsor of the 2016 TBI “We Care” entertainment events.

Each year, net ticket proceeds from the “We Care” concerts, organized by Temple B’nai Israel of Laconia, are donated to a local and deserving non-profit.

The first 2016 “We Care” concert, Yellow Brick Road - A Tribute to Elton John, occurs Saturday, June 18 at 7 p.m. at the New Hampton School’s McEvoy Theater, which located less than 5 minutes from Exit 23 off of Interstate 93 at 70 Main St., New Hampton. The concert benefits Lakes Region Community Services (LRCS), which offers comprehensive support and services to individuals with developmental disabilities

and/or acquired brain disorders and their families. LRCS is a state designated Area Agency serving residents of Belknap and Southern Grafton counties, with offices in Laconia and Plymouth. More information about LRCS is available at www.lrcs.org.

Ticket price for the June 18 event includes complimentary delicious snacks and desserts. Tickets are \$27.50 per person, and may be purchased at www.tbinh.org.

The second “We Care” concert, starring North Shore Acappella, occurs Saturday, Nov. 19 at 7 p.m. at New Hampton School’s McEvoy Theater. This second concert’s net ticket proceeds benefit both New Beginnings - Without Violence and Abuse, based in Laconia, and Voices Against Violence, based in



Pictured from left to right outside Golden View’s post-hospital rehabilitation center The Retreat are: Temple B’nai Israel’s Entertainment Chairperson Ken Goodman, Golden View’s CEO Jeanne Sanders, Lakes Region Community Services’ Director of Development Joanne Piper Lang, and Golden View’s Administrator Rosemary Simino.


Plymouth. The two groups help people in the Lakes Region who have suffered from domestic and/or sexual violence.

“As an independently owned, community-based non-profit, Golden View is very excited to partner with these wonderful organizations,” said Golden View CEO Jeanne Sanders. “We are honored to be a key participant in the TBI We Care initiative for 2016.”

Golden View Health Care Center has been

serving seniors of the Lakes Region and beyond since 1974, and offers assisted living,

short stay rehabilitation, traditional long-term care, and respite care. For more information about Golden View, please visit www.GoldenView.org or call 279-8111.



How to Submit Announcements & Obituaries To Salmon Press Publications

Obituaries and Announcements of special events such as weddings, engagements, and anniversaries are published **FREE OF CHARGE** in any/all Salmon Press newspapers.

Obituaries can be sent to: obituaries@salmonpress.com

Wedding, engagement, and anniversary announcements are welcome at: weddings@salmonpress.com

Photos are also welcome, but must be submitted in jpeg format.

Please contact Executive Editor
Brendan Berube at (603) 279-4516, ext. 111 with any questions regarding the submission process.



MEREDITH CINEMAS

Meredith Shopping Ctr. • 279-7836
844-4BARNZS
- Week of 6/10 - 6/16 -

WARCRAFT	PG-13
Friday - Saturday: 1:15, 4:15, 7:15 & 10:00	
Sunday: 1:15, 4:15 & 7:15	
Monday - Thursday: 4:15 & 7:15	

TEENAGE MUTANT NINJA TURTLES: OUT OF THE SHADOWS	PG-13
Friday - Saturday: 1:00, 4:00, 7:00 & 9:30	
Sunday: 1:00, 4:00 & 7:00	
Monday - Thursday: 4:00 & 7:00	

X-MEN APOCALYPSE	PG-13
Friday - Saturday: 12:15, 3:30, 6:45 & 10:00	
Sunday: 12:15, 3:30 & 6:45	
Monday - Thursday: 3:30 & 6:45	


JOIN US FOR THE ADVANCE SCREENING OF FINDING DORY THURSDAY 6/16 AT 7:30PM

Find us online at BarnZs.com 



Golden View honored during National Nursing Home Week

Sen. Jeanie Forrester (middle) presents Golden View's CEO, Jeanne Sanders (left) and Golden View's Administrator, Rosemary Simino (right), with a resolution congratulating Golden View in recognition of National Nursing Home Week. Each May during National Nursing Home Week, Golden View celebrates the relationship between residents, staff, and families with special activities, luncheons, and celebrations.



PLYMOUTH GENERAL DENTISTRY



With over 20 years experience, Dr. Kirschner combines cutting edge dental technology, with a caring & gentle touch.

We give our patients something to smile about!

Call for an Appointment Today

Joan Kirschner, DDS
65 Highland Street, Plymouth, NH 03264
(603) 536-4301
pgdentistry.com






Pride 'N Groom

All Breed Dog Boarding and Grooming

Brenda and Jamie Sullivan
Owners/Operators
pridengroom1992@yahoo.com
476 Berry Road
Alexandria, NH 03222
(603) 744-8123
Ask about our special programs!



THINK UNDERAGE DRINKING DOESN'T AFFECT A TEEN'S BRAIN? THINK AGAIN.

PARTNERSHIP FOR **drugfreeNH.org**
1-800-804-0909

GIVE. ADVOCATE. VOLUNTEER. LIVE UNITED



Granite United Way
www.graniteuw.org

K9 Fund

FROM PAGE A1

make him beneficial in many types of emergencies.

For DeStefano, this was all great news to hear as he presented the check from his company. Granite Group and Lake Area Properties, he said, are big supporters of dogs, especially service dogs. Since Laurie Coffin joined their Plymouth office four years ago, he said they have collected items for military K9s and troops overseas and to date have shipped out 5,000 pounds of items that many people here in the United States take for granted.

The company is in the midst of another collection drive. Anyone willing to donate snacks, hygiene items, dog toys and food, or even games

for the service men and women to enjoy in their time off can bring them to any of Granite Group's three locations where they'll handle the rest.

As for Bristol's new K9 program, DeStefano said he is very pleased to have made the first donation in support of Arrow's new career in public safety and hopes others will do the same.

"It's important to have good community spirit, and our police department keeps us all strong and safe," said DeStefano.

Contributions of any size for Arrow's care may be mailed to Bristol Police Department, 230 Lake Street, Bristol, N.H. 03222 with the notation "K9 Fund," or dropped off at their office during regular business hours.

Camp Berea

FROM PAGE A1

a shoreline littered with an historically unprecedented amount of mucky leaf debris along the entire shoreline, extending deep out into the swim area.

No one present had ever seen the beach in such a sorry state after the wounds of winter had taken their toll. There were many theories proffered on how such a voluminous accumulation of leaf litter had managed to end up smack dab in the middle of what is ordinarily a lovely sandy beach, suitable for kids and grandkids.

And then, undeterred, the determined crew of Hebron resident volunteers dug in with rakes, pitch forks and shovels to try to tackle the epic cleanup job. Ultimate-

ly, it took the precision equipment expertise of Hebron Beach Committee member Stan Newton, with a hefty front loader and a Town Dump Truck to make a dent.

Meanwhile, volunteers of all ages worked diligently side by side, and succeeded in raking the picnic area, putting out the swim lines, and getting the popular summer site ready for the upcoming season.

But their spirits began to flag when it came to the tackling that tough, heavy, murky, mess of leaf litter that just seemed limitless and insurmountable. Beach lovers speculated that even more heavy equipment would be required to complete the seemingly hopeless job, or maybe expensive professional help. For a moment

there the adults were stumped...

That was when Camp Berea Director, Nate Parks, Hebron Beach Committee Chairperson, Cindy Newton and Hebron Selectboard member Patrick Moriarty put their heads together and came up with a plan.

It was decided to try and see what "kid power" might accomplish. Soon, well over fifty of Camp Berea's weekend Service Work Campers came to the rescue, descending upon the beach with indefatigable energy and enthusiasm. Knee deep in muck, they waded out into the water, raking and reaching in with double-fisted fervor to clear the swim area of the murky mess.

Fortunately for all concerned the water temp was considerably

warmer than usual for this time of year and the young volunteer campers said they truly enjoyed working in the water in the unseasonably hot, sunny weather.

According to Berea's Director Nate Parks, the Youth Pastors from the three Nashua congregations said that the service weekend was a tremendous success. "The kids loved it. The campers worked really hard and came away from the experience hot, sweaty and exhausted, but also feeling really good about themselves because they had truly accomplished something in an effort bigger than themselves," said Parks.

Parks explained that from Berea's perspective, the service work weekend gives youth SEE CAMP BEREa, PAGE A12

Salmon Press Nature Series THE MEREDITH NEWS, NEWFOND LANDING & PLYMOUTH RECORD ENTERPRISE

Loon Preservation Committee 2016 Summer Events

LOON CRUISES ON SQUAM LAKE

Join Loon Preservation Committee Squam Lake Project Biologist, Tiffany Grade, and a Squam Lakes Natural Science Center Captain for a 90-minute guided tour of Squam Lake, Mondays and Fridays, June 6 to August 29 at 3 pm. Learn about loon natural history and the work LPC is doing on Squam and across the state to protect loons in New Hampshire. The Loon Cruise leaves from the Science Center Lake Cruise dock between the Route 3 bridge and Walter's Basin Restaurant in Holderness. Please call the Science Center at 603-968-7194 for tickets. Reservations are recommended.



Photo by Kittie Wilson

SUMMER NATURE TALK SERIES

Come enjoy talks at The Loon Center in Moultonborough every Thursday from July 7 to August 25 at 7:30 pm. The line-up this year includes black bears, birds of the Lakes Region, aquatic critters, natural communities of NH, moose, bald eagles, and of course, loons! The talks are free and open to the public.

YAKKING FOR LOONS

Join us for our annual "Yakking for Loons" event on July 8 from 8 am to noon. Participants launch their kayaks from the Lee's Mill Landing in Moultonborough (just down the road from The Loon Center). All proceeds help support NH's loons! Loon Census Each year, LPC hosts an annual Loon Census to monitor New Hampshire's loons and their progress on lakes throughout the state. The invaluable data gathered from census observations gives us a mid-season check on productivity, helps us track the movement of loons between territories and possibly discover new territories, and also helps generate more interest in loons among the lake community. Results from this statewide event are then rolled into our season-long monitoring. The 2016 Loon Census will be held on Saturday, July 16 from 8-9 am.

LOON FESTIVAL

LPC's 39th Annual Loon Festival will be held at The Loon Center in Moultonborough on Saturday, July 16 from 10 am to 2 pm. There's something for everyone at the Loon Festival - crafts and balloons for the kids, slide



Photo by Kittie Wilson

presentations by loon biologists for the adults, and food, beverages and wildlife exhibits for everyone. Admission is free for this family fun event! Summer Luncheon & Benefit Auction Come help us celebrate over 40 years of preserving the "Call of the Wild" on New Hampshire's lakes and ponds! LPC's Annual Summer Luncheon and Benefit Auction will be held at Church Landing in Meredith on July 24 from 11 am - 2 pm with Special Guest Speaker Mary Holland, well-known naturalist and author of "Naturally Curious with Mary Holland."

SQUAM SWIM

Celebrating its 10th anniversary this year, "The Swim" will take place on August 11, 2016. Wendy van de Poll and her team of swimmers will swim the 7-mile length of Squam Lake to raise money for the Squam Lake Loon Initiative. Members of the public are invited to greet the swimmers at the Sandwich Town Beach as the end of their journey across the lake. Carl Johnson Memorial Golf Tournament Come play a round of golf at the Ridgewood Country Club in Moultonborough and help protect loons and their habitats in NH.



Registration begins at 7 am followed by a shotgun start at 8 am.

For more information about these events please visit our website at www.loon.org or call 603-476-5666 (LOON).

Turf Talk

Got Bugs?

Ticks & Grubs Are No Laughing Matter

We Have Caring Solutions to Protect Your Family, Pets and Lawn

Control Ticks & Grubs with Organic or Traditional Products

Tree • Turf • Garden • Land • Forest We're All About Your Life Outside™

Our Consultations Are Always Complimentary

Meredith 603.279.7400 • Concord 603.225.9600

Web chippersinc.com • Blog mrgrassblog.net

Accredited NH Better Business Bureau, A+ Rating © Tree Care Industry Association

603-481-0777

From Basements to Roofs and Everything in Between

Rumney, NH

The Loon Festival

July 16, 10am - 2pm

arts & crafts, DUNK TANK, live music
LOON SLIDE SHOWS, no the clown,
REFRESHMENTS & more!

Family fun for ALL!!!

The Loon Center
183 Lee's Mill Road, Moultonborough, NH
603-476-LOON; www.loon.org

The Old Print Barn ~ Art Gallery

Celebrating Our 40th Anniversary

Five Centuries of Rare & Contemporary Works of Art on Paper and More...

Contact for More Information:
Jennifer Ferland, Director
343 Winona Road, New Hampton, NH 03256
Tel: 603.279.6479/Email: opbartgallery@gmail.com

BRINGING YOU NEARER TO NATURE

SQUAM LAKES NATURAL SCIENCE CENTER

Save \$3

on trail admission

WWW.NHNATURE.ORG | 603-968-7194
ROUTE 113, HOLDERNESS, NH
Limit two. Cannot be combined with any other offer.
Expires 11/1/16. SPN

Safe Routes

FROM PAGE A1

do the work in sections, buttoning up one section before moving on to the next, he said.

The project will mainly involve sidewalks and curbing along Mayhew, School, and North Main Streets. Once that work is completed, the Bristol Highway Department will repave the streets and add crosswalks.

Coates said they anticipate starting the project on June 24 and having it completed by Labor Day.

In other business, the selectmen discussed the use of Bristol’s two town beaches and the pricing of parking stickers. Currently, the town offers seasonal stickers to residents at \$5 each, day passes for \$5, and guest stickers for those visiting the area, which also cost \$5 but cover longer periods, depending upon how long they anticipate being here.

Town Clerk/Tax Collector Raymah Simpson said it can be a problem when residents have visits from children and grandchildren, all of whom want beach stickers for their vehicles. While there is plenty of beach space, parking is limited and other residents may find no place to park.

Selectmen left the price of resident passes at \$5, but decided to limit it to two stickers per residence. They also left the price of day passes for non-residents at \$5. However, they eliminated the guest passes and, instead, created a week’s pass, which would cost \$25.

Over the next year, they will consider raising the price of resident passes, but they decided to leave the price alone

for 2016, since it is so late in the year. Many people buy beach stickers when they register their vehicles, so it would not be fair to those who register later if the price goes up now.

Coates asked the selectmen for guidance in his presentation to the space needs committee, wanting to reflect their priorities. The board was unanimous in reiterating its support for a solution to space needs in the town offices and police department.

“This building needs to be the number one priority,” said Rick Alpers. “We need to deal with the lack of storage space and the safety aspect at the police department.”

Paul Manganiello noted that the selectmen’s focus in placing an article on the town warrant was to address those needs, but voters at Town Meeting amending the article to enlarge the focus of the study. He said he supports the narrower focus.

J.P. Morrison, Jr. agreed, saying, “We should stick with what we have, and then talk about expanding.”

Lagueux rounded out the discussion, saying, “It’s great to look at other needs, but I would like the committee to be more focused on our top priority.”

Coates also urged the selectmen to take action on the generator project, which would qualify for 50 percent funding from the Office of Homeland Security if completed soon. Funding would not be available later in the year.

He had received a \$26,000 quote to install a propane generator at the Municipal Office Building, noting that it could be moved if necessary

to allow renovations to the building. While the tanks would be placed in the area of a proposed sally port for the police department, Coates said Chief Michael Lewis approved the location.

Morrison questioned the need for a generator of that size, and the selectmen asked Coates to check with Generator Connection, the company offering the unit, to see if a smaller generator would suffice; but they approved the purchase with that caveat, so the unit could be ordered in time to take advantage of the grant.

The other major topic of discussion was a draft town building usage policy and the fees associated with rental of town facilities. The draft application called for a \$150 per day fee, with a \$200 deposit. Selectmen felt that was appropriate, but they took exception with a prohibition on food, saying that could stifle rentals for birthday parties or similar events. They discussed adding a fee for lost keys and queried whether smoke alarms had been installed at the Old Town Hall.

Coates is to bring a revised policy to the next meeting.

While the selectmen on a split vote had approved a K9 unit for the police department at their May 19 meeting, Morrison continued to express concerns about accountability, and he asked for Chief Lewis to provide a spreadsheet showing how much the program costs to set up initially, how much it costs in the future, and how much money comes in through donations. The other selectmen agreed that is a reasonable request.

Polished

FROM PAGE A1

wood, not pressboard and other inexpensive imitations, and many decorative items are created from bits and pieces of things they find that add just the right touch to any wall or tabletop.

At first Jenkins admitted it was hard to part with some of the items they made. Once their own homes were decorated though it became a lot easier to sell them on the “Picked and Polished” Facebook page and their new Etsy internet store, “PickedPolishedPine.”

As a result, business has been booming, the pair said, and often items are sold shortly after they are posted online. As one of a kind items, they can’t be duplicated but the women said they will do their best to find something similar if another customer requests it.

To allow everyone an opportunity to purchase the unique items they bring back to life, they also hold online auctions from time to time so everyone has a chance to bid on a piece, rather than simply selling it to the first buyer.

“We build relationships with our customers, too, and seek out things they’re looking for for their home,” said Frekot. “Some even send us pictures of something they saw on Pinterest that they don’t have time or the skills to do themselves, so we’ll do it for them.” Custom orders are becoming another large part of their business and they will spend the time seeking out an appropriate piece then refinishing it to someone’s specifications.

“Every piece we make for someone we want them to really love it though. If not, we’ll take it back and change whatever we need to until it’s just right,” Frekot said

Besides the internet sales, they also hold “outdoor boutiques” from time to time at Frekot’s home in Alexandria Village where people can browse the items are tastefully set out in groupings on her lawn.

“They’re all things we refinish separately but when you put them all together, you can’t tell which of us did any of them,” Jenkins said.



COURTESY

Wrapping paper, specially applied and treated, gives this old wooden dresser a whole new look. It is just one example of the unique furniture pieces created and sold by local residents Kellie Jenkins and Reta Frekot through their online business, Picked and Polished.



COURTESY

Vintage chalk painted mason jars are one of the many decorative pieces created by Reta Frekot and Kellie Jenkins for home décor and even special occasions, such as weddings and other large events.

They do have a few of their own preferences though. Decoupage and fabric additions to wooden furniture are something Jenkins has had great success with and her finished pieces bring color, texture and originality to once ordinary furniture.

“I like to breath a whole new look into an item. Sometimes I just set a piece aside and look at it for awhile before I decide what I want to do with it,” she said.

“Distressed” pieces are becoming Frekot’s individual specialty and besides furniture, she also makes rustic looking signs and wooden caddies, sold on the internet and also at Twin Designs Gift Shop in downtown Bristol.

The women have begun to branch out into a new field as well, creating decorations for weddings that can be both sold or rented for the occasion. From custom chalkboard painted mason jar decorations and centerpieces to elaborate cake or cupcake stands, they help brides seeking a rustic

look for their big day do so on a really affordable budget.

“A lot of times brides will buy all sorts of centerpieces and decorations that they don’t have use for later. We hope this can be a good way to help them get the look they want for their wedding, then we can take all or some of it back afterward,” Frekot said.

This summer they will be setting up booths at both the Hebron and Alexandria Church Fairs as they now begin work on “a dreamy vision” for a home décor boutique in the future.

“It’s an idea we’re slowly picking away at that, and hope to have done in the next couple of years,” Jenkins said.

Until then, people are invited to “like” Picked and Polished on Facebook where they can see what’s new from their workshops and join in on the occasional auctions, or visit Picked Polished Pine online at Etsy. Deliveries to homes or businesses in the Newfound Region are free upon request.

Don’t Keep Family in the Dark About Your Plans

You might work diligently at building a financial roadmap for your retirement years and a comprehensive estate plan. But you can’t just create these strategies – you also have to communicate them. Specifically, you need to inform your spouse and your grown children what you have in mind for the future – because the more they know, the fewer the surprises that await them down the road.

Let’s start with your spouse. Ideally, of course, you and your spouse should have already communicated about your respective ideas for retirement and have come to an agreement on the big issues, such as when you both plan to retire, where you’ll live during retirement, and what you want to do as retirees (volunteer, travel, work part time and so on).

But what you both might have let slip through the cracks are the important specifics related to financing your retirement. You’ll need to answer several questions, including these:

- When will you each start taking Social Security?
- Are there strategies for maximizing both of your Social Security payments?
- When will you need to start tapping into your respective retirement accounts, such as your IRA and 401(k)? And, once you do start withdrawing from these accounts, how much should you take out each year?

You may want to work with a financial professional to address these issues, but however you proceed, you and your spouse need to be “on the same page” regarding the key financial components of your retirement.

Now, consider your grown children. You need to clearly communicate your estate plans to them, not only for the sake of openness and honesty, but also because they may well play active roles within those plans. So when talking to your children, make sure you cover these areas:

- Durable power of attorney – You may well decide to give one of your grown children the durable power of attorney to pay bills and make financial choices on your behalf if you are unable to do so.
- Estate executor – An executor is the person or entity you name in your will to carry out your wishes. An executor has a

variety of responsibilities, so you’ll want to choose someone who is honest and capable of dealing with legal and financial matters. Again, you could ask a grown child to serve as your executor, but, to avoid potential conflict of interests among your children, you might want to go outside the family. Talk with an attorney about how best to name your executor.

Status of will and living trust – Assuming you have already drawn up a will, share it with your grown children. The same is true with a living trust, a popular estate-planning tool that may allow your survivors to avoid going through the time-consuming, public and expensive process of probate. A will and a living trust will obviously contain a great deal of information your children should know about – so take the time to explain your thinking when you created these documents.

You want to enjoy a comfortable retirement, and you want to leave a meaningful legacy through your estate plans. To help accomplish both these goals, you need to include your loved ones in your arrangements – so open those lines of communication.

This article was written by Edward Jones for use by your local Edward Jones Financial Advisor.

For more information or to sign up for their monthly newsletter, contact **Jacqueline Taylor**, Financial Advisor, at **279-3161** or email Jacki at Jacqueline.Taylor@edwardjones.com.

Her office is located at 14 Main Street, Downtown Meredith.

For more information, see <http://www.edwardjones.com/> or “like” her on Facebook www.facebook.com/EJAdvisorJacquelineTaylor.



Camp Berea

FROM PAGE A11

a way to begin to experience the kind of “servant leadership” that is so important in spiritual development, especially in a self-centered, broken world that needs hope

and healing.

“This is a life expression of our belief,” said Nate. “We are learning how to work on a 90 degree day, come back exhausted, but gain this perspective – that the world is not all about me. There is something

much bigger than me that I can be part of. We are trying to help kids understand this, to try to create a different picture of what can happen if more people lived like that on a regular basis. We would have a different world.”

Notebook

FROM PAGE A4

note:

“Friend of ours lives about a mile south of downtown Wolfeboro on a short side-road. He got these nice shots of their neighborhood bobcat the other day. Thought they’d be of interest. We certainly enjoy your column in the ‘Grunter’ every week.”

+++++

Mail from readers is always welcome. I do my level best to answer every missive. My

take is that if people care enough to read my stuff and care enough to write, I owe them at least a note back. Otherwise, my mother would tell me, I’d be a cad.

But please read the tag below, Dear Readers, the tag that appears in one form or another at the end of everything I write, changing only according to whatever publication I’m writing for.

I’ve added the requirement that your town and contact numbers must be included with whatever you send. If not, I simply cannot reply, or even read it. My volume

of mail has become too heavy to waste time trying to track down people to ask a question or verify a fact.

But as I always sign my return notes, thanks for being readers.

(This column runs in weekly newspapers covering two-thirds of New Hampshire from Concord to Lower Quebec and parts of western Maine and northeastern Vermont. Letters must include the writer’s telephone numbers and town. Write to campguyhooligan@gmail.com or Box 39, Colebrook, NH 03576.)

The Real Report

Recent real estate transactions

Town	Address	Type	Price	Seller	Buyer
Ashland	75 Fairway Drive, Unit 3	Condominium	\$199,933	Peter J. & Donna M. Werda Trust and Peter J. Werda	Dooley RT and Joseph J. Dooley
Ashland	7 Wildwood Drive	Single-Family Residential	\$300,000	Donald V. Dagenais and Kathryn J. Dagenais	Alexey and Victoria Kruglov
Bridgewater	51 Brook Rd.	Single-Family Residential	\$215,000	Gerald M. and Deborah J. Mitchell	Richard H. and Patricia J. Wagner
Bridgewater	28 Mountain View Rd.	Mobile Home	\$42,000	Peter W. Smith and Lorette M. Young	Christopher N. Devine
Bristol	71 Bristol Hill Rd.	Mobile Home	\$17,000	Carolyn M. Greelaef	James E. Umlah
Bristol	21 Woodbury Drive, Unit 31	Condominium	\$238,000	Joan M. Martin RET and Joan M. Martin	Camilee M. Mucci
Bristol	519 Wulamat Rd., Unit 519	Condominium	\$779,000	Matthew A. and Joanne P. Naimie	Richard N. and Heather P. Hart
Holderness	39 Grapevine Cove Rd.	Single-Family Residential	\$810,000	Patricia A. Biron	Edward P. Boyajian and Alisha P. Boyajian
Holderness	11 Sargent Rd.	Single-Family Residential	\$330,000	Vincent P. and Irene M. Caruso	David T. and Amy L. Flynn
Holderness	72 Seven Pines Rd.	N/A	\$200,220	Crystal G. Stevens and Quicken Loans Inc.	Quicken Loans Inc.
New Hampton	Dana Hill Road	Residential Developed Land	\$40,000	Frederick M. Kempton	Donna M. Valenti
Thornton	6 Bear Chase Rd., Unit 5	Condominium	\$100,000	Thomas J. Cooper	Elizabeth Galli
Thornton	131 Snowood Drive, Unit C3	Condominium	\$128,000	Gary J. Melino and Margarita Ryszkiewicz	John F. Bartell
Thornton	69 Upper Mad River Rd.	Multi-Family Residential	\$270,466	Belinda R. Phillips	Casey J. Blanchard and Kristen L. Tyler
Waterville Valley	23 Windsor Hill Way, Unit 69	Condominium	\$150,000	Debra L. Zurka	Henry J. and Sandy S. Conaty
Wentworth	81 Saunders Hill Rd.	Single-Family Residential	\$137,000	Lance M. Cote	Alfredo J. Andres

About the Real Report

Here are recent real estate transactions in Wolfeboro and the surrounding areas. These sales summaries are informational only, not a legal record. Names shown are usually the first listed in

the deed. Sales might involve additional parties or locations. Prices are usually based on tax stamps and might be inaccurate for public agency sales. Refer to actual public documents before forming opinions or relying on this information. Additional publicly recorded information on these sales,

prior sales and data from Department of Revenue Administration forms is available at www.real-data.com or 669-3822. Copyright 2014. Real Data Corp. In the column "Type": land= land only; L/B= land and building; MH= mobile home; and COND=condominium.

MARK ON THE MARKETS

Real stock market returns



BY MARK PATTERSON

If you have ever put money into a mutual fund and discovered that the proclamation of return did not line up with your real return of dollars, then there could be several reasons. The net return could be affected by the fees and commission charged by the fund that can vary between funds, fund companies and share class. But another issue is the manner in which the return is cal-

culated or advertised. This concept not only relates to mutual funds but to overall performance of the markets as they relate to your dollars. Without even calculating any fees or commission you pay, let's just say you invest \$100,000 in a low cost S+P 500 index fund. The first year in the index losses 40%, much like 2008. You now have \$60,000 in your account. But then the market snaps back the following year and advances 40%. Well if I lose 40 percent, then gain 40 percent, I should be even, right! Well, why do I only have \$84,000 in my account? Because a 40 percent gain on \$60,000 is only \$24,000. So the next year, the index is

up 10 percent, sending the three year average to a positive number but my account only has \$92,400 in it. Following a 40 percent loss, you would need a 67 percent return to just get you back to even; ouch!! The math works the same way in reverse, meaning that if you started with a 40 percent gain followed by a 40 percent loss, you still have \$84,000.

This is why the lost decade was really 13 years. From the year 2000 until 2013, if you left money in the broad markets, includ-

ing most stock mutual funds, you would have had a brief period of time to get out about break- even in 2007, but then we went into another market collapse that bottomed in March of 2009.

Since March of 2009, the equity markets as a whole have not seen a significant correction, while over-due statistically, the Federal Reserve has managed to keep the markets from correcting by offering extremely low interest rates fueling equities (stocks) as the only place for yield

or growth.

If you have 20 plus years until retirement then I would not be overly concerned, not to say it should not be managed. But if you are getting close to retirement, within 10 years, then I would mitigate the risk in my portfolio and investigate some index crediting methods that capture partial gain but allow for 0 loss with a portion of your money that you will need for retirement income. A ladder bond portfolio with varying maturities and cred-

it quality are other means of mitigating market risk and creating sustainable income.

Talk with your advisor or call my office if you want information about these crediting methods that could change the way you manage your retirement income and potentially your tax burden.

Mark Patterson is an advisor with MHP Asset Management and can be reached at 447-1979 or Mark@MHP-Asset.com

NHEC names two new vice presidents

PLYMOUTH — Two new vice presidents have joined the senior management team of Hampshire Electric Cooperative (NHEC). NHEC President/CEO Steve Camerino is pleased to announce the promotion of Brenda Inman and Craig Snow to vice president. Inman, formerly the Manager of Financial Services, has been named Vice President of Financial Services/Chief Financial Officer (CFO). Inman will be overseeing finance and delivery rates and will be responsible for the company's Consumer Accounting functions. Snow, formerly the Manager of Energy Solutions, has been named Vice President of Energy Solutions. He will be responsible for the operation of NHEC's energy efficiency programs, along with the development of products, services and the company's Demand Response efforts.

The organizational changes, effective May 31, are designed to better position NHEC to respond to changes in the electric industry

and meet the needs of its members. As part of that effort, Camerino said NHEC Vice President of Corporate Services Dena Lee DeLucca will head up a significant new effort to improve processes across the organization and align the company's internal resources with its goal of providing exceptional service to its members. Formerly the company's CFO, DeLucca will pass that duty to Inman in order to devote more time to planning further staffing and process improvements. "These changes are an important part of our ongoing effort to build a stronger, more innovative NHEC that will enable us to continue to serve our members well and help us face the challenges of a rapidly changing industry," said Camerino. "I believe they will create exciting new opportunities to meet those challenges." NHEC is a member-owned electric distribution cooperative serving 84,000 homes and businesses in 115 New Hampshire communities.

Encouraging news:

Central to this media campaign to eliminate underage drinking is the encouraging news that studies show parent disapproval is the **No. 1** reason children choose not to drink alcohol. Parents empowered can trump peer pressure.

The most effective parenting techniques are among the most simple, including:

- Set clear rules about no underage drinking
- Know where your children are and whom they are with
- Know your children's friends
- Ensure your children's social environments are alcohol-free
- Have daily, positive communication and interaction with your children
- Eat dinner together

Research shows teens who regularly eat as a family (5-7 times per week) are **33 percent** less likely to use alcohol.

Most parents don't realize they are the **No. 1** influence in their children's lives.

When parents were asked to draw the greatest influences on their teens, they placed themselves last.

When teens were asked to draw the major influences in their lives, they placed their parents first, before peers and activities.

Parents' view: My child, Friends, Teacher, Media, Parents (me)

Teen's view: me, parents, family, friends, teachers/adults, clubs

PARTNERSHIP FOR **drugfreeNH.org** 1-800-804-0909

Official kick-off to Summer a huge success for Lakes Region businesses

Tourists flocked to the Lakes Region of New Hampshire over the Memorial Day holiday weekend, which is the official kick-off to summer. Lakes Region businesses welcomed more visitors, and they spent more money than in previous years, and both road and boat traffic was well above the average for the holiday weekend according to area business owners.

12th Annual LRTA Golf Tournament

TILTON — The 12th Annual Lakes Region Tourism Association Hospitality Golf Tournament, presented by Vantiv, is scheduled for Thursday, July 28 at the Lochmere Golf & Country Club, 360 Laconia Road, Tilton. The tournament benefits the LRTA’s three annual scholarships and the promotion of the Region to visitors.

Individual and Corporate Sponsorship packages of all sizes are available. Options include:

- \$100 Tee Sponsorship, sponsor’s name and logo is featured on a tee sign.

- \$550 Team Registration Sponsorship, which includes 18-holes of golf with cart for 4 people, gift bags, continental breakfast, dinner with awards and raffle prizes.

- \$650 Birdie Sponsorship, 18 holes of golf with cart for 4 people, signage with company name and logo displayed on the golf course, company name and logo on 1,000 flyers, company name and logo on events program, gift bags, continental breakfast, dinner with awards and raffle prizes.

- \$1,000 Hole in One Sponsorship, combining all of the above with the company logo and name inclusion on event fly-

boro) was crazy with traffic,” said Lucy Van Cleve, Director of Sales for the Wolfeboro Inn.

“We were up from 2015 in both rooms and F&B. All in all, May was up over last year and even over budget! Puts a smile on everyone’s face!” Van Cleve said.

Despite significant weather changes from Saturday to Sunday, all of the Lakes Region’s businesses benefited. “Memorial Day week-

end was busy for the most part due to the good weather; Saturday being the better day for sales. We did beat sales from last year though,” said Lyall Hamilton-Miller, General Manager of Lakehouse Grille in Meredith.

Outdoor attractions and recreation were enjoyed during the heat on Saturday while tax-free shopping, dining and indoor attractions were enjoyed throughout the

three day holiday.

“It was nice to have a weekend where businesses experienced such a positive economic boost,” said Amy Landers, Executive Director of the Lakes Region Tourism Association (LRTA).

The NH Division of Travel and Tourism (NHDTTD) predicted visitor counts to be up 5 percent and spending up 6 percent for the summer season. NHDTTD expected more than 600,000 people to visit the state over the weekend with projected spending of approximately \$95 million; an increase of five percent over 2015. Travelers to the state are forecasted to reach 16.5 million, a six percent increase from 2015. Businesses in the Lakes Region experienced this increase over the holiday weekend.

Mary Ellen Dutton of Kellerhaus in Weirs Beach said, “Saturday

was a little quieter than Sunday, Sunday (always the busier day) made up for Saturday putting us 10 percent ahead of last year.”

Other businesses echo her comment.

“We had a very strong weekend at Gunstock. Zip Tours were up nearly 30 percent compared to last year, and we were up about 10 percent overall. Camping was strong, and summer reservations are up,” said Greg Goddard, General Manager of Gunstock Mountain Resort.

Mary Ellen Dutton of Kellerhaus commented on the summer outlook, stating, “Looks like we will all have a rocking summer in the Lakes Region this year!”

The Lakes Region Tourism Association offers free information about the area via annual publications: Official Map & Guide and Where To Magazine, and can be

reached at 286-8008. The LRTA is also online at www.lakesregion.org, where visitors can view and download free travel itineraries.

About the LRTA

The Lakes Region Tourism Association is the official tourism board of the region, representing close to 100 communities, 273 lakes and ponds, and more than 400 businesses in central New Hampshire, including area attractions, restaurants, retail establishments and accommodations. For more information or visitors’ guides, visit LakesRegion.org, [facebook.com/NHLakesRegion](https://www.facebook.com/NHLakesRegion) or follow on Twitter. For more information about New Hampshire, go to www.visitnh.gov. The LRTA office is on Route 3 in Tilton, and it can be reached by calling (800) 60-LAKES.

DES Commissioner speaks to Leadership Group

HOLDERNESS — The Department of Environmental Services Commissioner, Thomas Burack, recently spoke to the Leadership Lakes Region class at its annual Lakes and Environmental Issues Day.

Commissioner Burack spoke at the Squam Lakes Association facility in Holderness. Squam Lake provided the perfect backdrop for the Commissioner to meet with two of the classmates in attendance, Kris Dickson (left) from Bank of New Hampshire and Jenifer Williams (right) of Meredith Village Savings Bank. The Commissioner recapped water quality and environmental challenges we face in New Hampshire. He was followed by one of his staff experts, Dean Robinson, who briefed the



COURTESY

DES Commissioner Thomas Burack shown on the deck of the Squam Lakes Association facility in Holderness with Leadership Lakes classmates Kris Dickson (left), a Bank of New Hampshire branch manager in Gilford and Jeni Williams (right) a manager with Meredith Village Savings Bank’s Moultonborough office.

group on household hazardous waste and how we can keep dangerous contaminants out of our water supply systems.

The class of Leadership Lakes Region also enjoyed a narrated boat tour of Squam and a personal story of water rescue procedures from classmate Franklin Fire Chief Kevin LaChappelle. The class

expresses its thanks to the Squam Lakes Association for hosting the presentations and to the two banks; Meredith Village Savings Bank which sponsored Lakes Day for the group and the Bank of New Hampshire which sponsored the for Leadership Lakes Region graduation ceremony which took place that evening.



if you only
had the time, right? Now you do.
3-12 MONTH assignments now available.

Peace Corps now offers short-term Volunteer assignments overseas for 3 months to 1 year for especially skilled professionals with at least 10 years experience.

PEACE CORPS RESPONSE

peacecorps.gov/response

Peterson jumps on to New Englands

BY JOSHUA SPAULDING
Sports Editor

HAMPTON — On a day much more suited for a track meet than the previous week's Division State Meets, the best of the best from around the state congregated at Winnacunnet High School in Hampton for the Meet of Champions on Saturday, June 4.

All five of the local high schools were represented and three schools saw athletes qualify to move on to the New England Championships this coming Saturday.

Kennett brought the most athletes of the local schools to the Meet of Champions and the majority of them earned the right to move on to New Englands. The Eagles had five individuals and one relay team finish in the top six, while Kingswood and Newfound each had top six performances as well.

"Sometimes there's a letdown after Division IIs," said Kennett coach Bernie Livingston. "It gets harder and we're all



Jasmine Patten wrapped up her Newfound career by competing in the discus at the Meet of Champions on Saturday.



Marcus Peterson earned the right to move on to New Englands with a fourth place finish in the triple jump on Saturday.

Bears best Hawks in first round of playoffs

Newfound softball team falls to Timber Wolves in second round game

BY JOSHUA SPAULDING
Sports Editor

BRISTOL — For the first time in six years, the Newfound softball team found itself playing beyond the regular season.

And the Bears used a solid team effort to assure that they would continue to play beyond just the first round of the tournament.

Newfound traveled to Hopkinton on Tuesday, May 31, and came away with a 17-12 win over the 14th-seeded Hawks in the opening round of the Division III tournament.

"This was a team win and the team is starting to come together and play as a team, rather than as a group of individuals," coach Corey Johnston stated.

The Bears never trailed the Hawks, jumping out to a 9-0 lead after an inning and a half, only to see Hopkinton plate five in the second inning to cut the lead to 9-5. The Bears scored three in the third to increase the lead to 12-5 but the hosts came back with five more in the bottom of the third to cut the lead to 12-10. The Bears chased the Hopkinton starting pitcher from the game after one inning of work and out-hit the Hawks by a 15-3 tally.

Amanda Johnston started in the circle for the Bears and gave



Hayleigh LeTourneau races toward the plate in action against Prospect Mountain last week.

up five earned runs on two hits, while Mackenzie Ryan came on and pitched four and two-thirds innings of relief, giving up two earned runs.

The Bears got an unassisted double play from freshman Kasey Basford at shortstop, while Paige Dostie had a strong day at third base and Hallie Clark was strong at first. Juliann Marchand made a pair of great catches in right field and Ashlee Dukette was solid behind the plate.

Dukette was the hero on the offensive side of things, as she had three hits, including a homer and drove in four runs. She also had a double and scored three times. Kylee MacDonald had three hits, including a double, drove in a run

and scored three of her own. Johnston had a pair of hits, including a double, scored three runs and drove in three runs. Basford had a pair of hits, drove in a run and scored a run, while Victoria Roman had a hit and two walks and drove in a run. Dostie had a hit and scored a run, while Marchand and Ryan each had a hit.

Hayleigh LeTourneau had two walks, drove in a run and scored a run. Katie Drapeau had a pinch hit in the seventh, driving in two runs and also scored a run, while Hannah Pilling also scored a run.

The Bears advanced on to play Prospect Mountain on Thursday, June 2. The third-seed-

tired, especially the seniors.

"But everybody did well today," the veteran coach continued. "Everybody had a great effort."

The most success among the local schools came on the boys' side of things, with the top local performances coming from a pair of Eagles.

In the 400 meters, Kennett senior Cam Labrie raced to third place overall in a time of 50.91 to earn his spot at New Englands.

Teammate Jack Rick-er, a senior who is doing track for the first time

this year, also finished in third place, clearing six feet, four inches in the high jump.

Senior Nick Brown ran to a fourth place finish overall in the 1,600 meters with a time of 4:23.86, also earning him a spot in next week's meet.

Garrett Fortin sprinted to the top of the field in his heat of the 200 meters and beat out the sixth place finisher in the top heat to earn a sixth place finish in 23.04 seconds.

In perhaps the performance of the day, the Kennett 4X400-meter

SEE MOC PAGE B6

Come to GSG for Your Shower Enclosure & Mirror Needs!

- Shower & Tub Enclosures
- Full Size In-Showroom Displays
- Custom Mirrors/Custom Design
- Expert Installation
- Serving the Lakes Region for over 35 years.



GRANITE STATE GLASS

580 Tenney Mountain Hwy., Plymouth • www.granitestateglass.com



536-1205

HOME CLEANOUTS • STORM DAMAGE • ROOFING MATERIALS • SMALL DUMPSTERS • FRONT LOAD DUMPSTERS

**NO HIDDEN FEES
NO FUEL SURCHARGES
NO TRICKY LONG-TERM CONTRACTS TO SIGN**

DISPOSAL DONE RIGHT FOR YOUR HOME OR BUSINESS.

CALL TODAY FOR PRICING!

THE DUMPSTER DEPOT®
Waste Recycling Services

COMMERCIAL & INDUSTRIAL BUSINESS SERVICE • ROLL-OFF OPEN TOP CONTAINERS • COMPACT UNITS

Like us on Facebook.

TOLL FREE 1-866-56-DEPOT
LOCAL 603-783-8050
WWW.DUMPSTERDEPOT.COM



JOSHUA SPAULDING
MORGAN MCCANN slides in to third as Emma Cooper goes for the tag in playoff action on June 2. McCann was called safe on the play.



JOSHUA SPAULDING
Allison Carey goes airborne to haul in a throw during her team's game with Kingswood on June 2.

Big sixth propels Bobcats by Knights

Plymouth softball team overcomes early Kingswood lead in playoff opener

BY JOSHUA SPAULDING
Sports Editor

PLYMOUTH — The fourth-seeded Plymouth softball team had numerous reasons to cash it in during the first round of the Division II playoffs. And the 13th-seeded Kingswood Knights were more than happy to provide at least one of those reasons. But as the first-round battle between the two teams unfolded on Thursday, June 2, it became obvious that neither team was going to any sort of cashing it in early.

In a game that featured an early attack from the Knights, a late attack from the Bobcats, a lineup transcription error resulting in a run being wiped off the board and a pair of teams that had put on two great battles during the regular season, the Bobcats came out on top by an 8-3 score to advance on to the Division II quarterfinals.

"They had plenty of excuses today not to play well," said Plymouth coach Brian Blanchard. "Losing a classmate, a rough first inning, a coaching error.

"They could've been frustrated with all that, but they stuck with it," the Bobcat coach continued. "They stuck with each other."

"If we didn't have that sixth inning, we'd be all right," said Kingswood coach Steve Woodcock. "We had a lot of chances early on that we didn't take advantage of.

"It was a tough day for those kids (Plymouth) with the tragedy," the Knight coach added.

Woodcock and Blanchard were referring to the reason the game was postponed a day from its original June 1 date, as Plymouth senior Shannon Nadeau, who was to have graduated on Saturday, was killed in a car crash in Rumney the morning of June 1. While Nadeau was not a part of the softball team, Blanchard noted that many of the girls knew her and it was a tough time for the school.

Kingswood came out of the gate with bats firing in the top of the first inning. Abby Coulter opened the game by reaching on a Plymouth error and then Shelby Lindsay turned on a pitch from Plymouth's Jevan Sandhu and drove it deep to left field. Plymouth's Aubrey Joslin did a great job chasing the ball down in foul territory for the first out, but Coulter tagged and went to second.

Morgan McCann followed with a base hit



JOSHUA SPAULDING
Jackie Gaumer puts the tag on Kingswood's Mallory McCullough in action on June 2.

to drive in Coulter and then stole second herself. Madison Rabideau came up with a base hit to plate McCann with the second run and Kasey Birth took over on the bases for the Knight pitcher. After a Kayla McEvoy base hit, Birth was gunned down trying to steal, with Plymouth catcher Sam Gaumer firing to Emma Cooper at third for the out. Emily Saunders worked a walk and Courtney Drew reached on an error to load the bases for the Knights.

However, Sandhu got a grounder to third to end the inning.

Rabideau was on her game, setting the side down in order in the bottom of the inning, recording a pair of strikeouts, while Sandhu induced

a pair of ground balls and a pop fly to put the Knights down in order in the top of the second. Rabideau set the side in order again in the bottom of the inning, recording two more strikeouts.

Kingswood threatened in the top of the third. McCann had a leadoff base hit and moved up on a groundout by Rabideau. Another groundout by McEvoy, this one featuring a nice play by Tristan Keller at first base, moved McCann to third, but Sandhu got a strikeout to end the threat.

Rabideau retired the side in order again in the bottom of the third and Kingswood added a run in the top of the fourth inning.

Drew led off with a walk and stole second. One out later, Mallory McCullough tripled her home. Coulter put down a bunt but a nice play by Sandhu faked out McCullough at third and shortstop Jackie Gaumer was able to tag her for out number two and the Knights settled for one run.

Plymouth appeared to get on the board in the bottom of the fourth inning. Sam Gaumer had the first hit for the Bobcats with two outs in the inning and Keller followed with a triple to plate the run. However, the Knight coaches no-

ticed that the numbers on the scorecard didn't match the numbers on the uniforms and it was determined that they had accidentally been reversed on the lineup card submitted to the umpire. Keller was called out for batting out of order and the run was wiped off the board.

Sandhu came out and set the Knights down in order in the top of the fifth and Keller (batting where her number was listed on the lineup card), reached on an error to open the bottom of the inning. Joslin bunted her to third but Rabideau got out of the jam with a strikeout and groundout.

Saunders reached on an error to open the top of the sixth inning and one out later, Kyleigh Moore also reached on an error. However, Sandhu got a strikeout and a line drive to Allison Carey at second to end the inning.

Plymouth was finally able to get the bats moving in the bottom of the sixth inning. As they headed to bat, assistant coach Chuck Lenahan implored "six in the sixth," pushing to get the team on the board. The team made sure that the longtime coach and AD wasn't right on this one.

With one out, leadoff hitter Jordan Meier had a base hit and took second on a pickoff error. After a Jackie Gaumer base hit and stolen base, Sam Gaumer's base hit plated both runners to cut the lead to one. Sandhu delivered a base hit and Emma Tryder took over as courtesy runner and stole second. Keller worked a walk to load the bases.

Rabideau got a pop fly to Coulter in left for the second out of the inning but the bottom of the lineup came through for the Bobcats, as number seven hitter Taylor

Eaton delivered a base hit to chase home two runs and a double from Emily Boyd drove in two more for a 6-3 lead for the Bobcats. Grace Comeau reached on a Kingswood error to drive in another run and after Meier reached on an error to extend the inning, Jackie Gaumer reached on a fielder's choice and an error to plate another run and give the Bobcats the 8-3 lead.

McCann had a one-out base hit in the top of the seventh inning, but a line drive to Jackie Gaumer at shortstop resulted in a 6-3 double play to close out the 8-3 win for the Bobcats.

"The best part of that game was they did not quit," said Blanchard. "Down three runs, fighting to come back, they did a great job of sticking with it."

The Bobcat coach praised the Knight team, who he noted was not a typical 13-seed.

"That pitcher is very good, they're a good team," Blanchard said. "I tip my hat to them, they are not a number 13 team."

Woodcock noted that walking Keller in the sixth to try and get a force play probably backfired a bit.

"If we'd gotten a force out, we'd still have a game," the Knight coach said. "But everything went downhill from there.

"Maddie did a great job for us and the kids improved every game," Woodcock said. "Are there things we could do better? Sure."

He also offered his praise to the Bobcats for fighting through everything that had happened.

"We'll remember this one for the offseason," he said. "But it's said, unless you're good and lucky, your last game is always a loss."

Plymouth went on to beat Souhegan 6-3 in the quarterfinals on Saturday to advance to the semifinals, which took place after deadline Wednesday at Southern New Hampshire University. The finals are Saturday at SNHU at 4:30 p.m.

The Knights finished the regular season at 7-9, while the Bobcats finished at 13-3 in the regular season.

Joshua Spaulding can be reached at 569-3126 or sportsgsn@salmonpress.com.

VIP PRINT & DIGITAL BUNDLE

PRINT ONLINE SOCIAL MEDIA DIGITAL

EXCLUSIVE FRONT PAGE PLACEMENT

Choose from one or all 23 of our print publications

\$500.00

per week per publication

Here's What You Get:

- Premium Full-Color Front-Page Advertisement
1 col. X 2.5" ad in one, some, or all 23
Salmon Press, Stonebridge Press and Villager publications
- Homepage Placement on:
(That's 3 separate ads!)
- NHFrontPage.com
- 508Local.com
- 860Local.com
- Over 300,000 unique views per month
- Daily Facebook Blast of your choice
- Exclusivity for your Business
- Only 1 specific type of business at a time will be allowed on the front page.

If you are a car dealer, you will be the only car dealer on the front page.
If you sell furniture, you will be the only furniture store on the front page.
Restaurant? You guessed it, you will be the only restaurant on the front page!

THAT'S A COMBINED TOTAL

OF 11 ADS/BLASTS!!!

Let us help you develop your multi media campaign, from the design and layout to having your ad seen by thousands of potential customers. For one low price!

You can showcase your product or special event in a Salmon Press or Stonebridge Press newspaper of your choice, and on our website with over 300,000 unique views per month and on our facebook pages with thousands of followers!

Limited spaces available, reserve your space today by calling Tracy Lewis at 603-444-3927 or email: tracy@salmonpress.com

CONNECTICUT
Thompson Villager
Woodstock Villager
Putnam Villager
Killingly Villager

MASSACHUSETTS
Winchendon Courier
Spartan New Leader
Andover News
Chatham Village
Stonebridge Villager
Blackstone Valley Tribune
Woburn Times
Southbridge News

NEW HAMPSHIRE
Caled County Democrat
Berlin Reporter
Littleton Courier
Plymouth Record
Newfound Landing
Meredith News
Gilford Observer
Winnisquam Echo
Carroll County Independent
Granite State News
Alton Reporter

CALL TODAY SPACE IS VERY LIMITED!

Newfound competes at Small School Championships

BY JOSHUA SPAULDING
Sports Editor

BELMONT — The Newfound and Holderness middle school students competed in the Small School Championships on May 23 at Belmont and there were some solid results for the local kids.

The Holderness girls finished second overall and the Newfound girls finished fourth, while in the boys' competition, Holderness was fifth and Newfound was 16th.

In the 100 meters for the girls, Amy Combs of Newfound was seventh in 14 seconds, with Lily Derosier and Maisy Mure of Holderness tying for 15th in 14.3 seconds. Tiffany Doan of Newfound was 17th in 14.4, Shyann Seymour of Newfound and Olivia Eastman of Holderness tied for 19th in 14.5, Amanda Vansant of Holderness was 24th in 14.7 and Abby Springer of Newfound finished 29th in 15 seconds.

Katherine Luehrs of Holderness won the 200 meters in 28.6 seconds, with Combs in seventh in 39.9, and Doan in ninth in 30 seconds. Springer was 15th in 31.1 and Seymour placed 18th in 31.4.

Derosier finished in third place in the 400 meters in 1:09.3, with Elli Caron of Newfound in 10th in 1:14, Kathryn Donnelly of Newfound in 12th in 1:15.4, Ashley Deruvo of Holderness in 13th in 1:15.8 and Jenna Flaherty of Holderness in 15th in 1:16.9. Catriona Stewart of Holderness was 17th in 1:17.1, Bridget Conkling of Newfound was 22nd in 1:19.4 and Gretchen McGowan of Newfound was 23rd in 1:25.1.

In the 800, Charlotte Whitcomb of Holderness took second in 2:51, with Danielle Caron of Newfound in fifth in 2:55, Rory Sutherland of Holderness in eighth in 2:58 and McGowan in 16th in 3:05.

Jasmine Peterson of Newfound won the 1,600 meters in 5:54,

with Whitcomb in second in 5:55 and Donnelly in fifth in 6:12. Molly Glew of Holderness was eighth in 6:20, Caron was ninth in 6:29 and McGowan was 17th in 7:09.

In the 100-meter hurdles, Peterson finished eighth in 19.2 seconds, with Luehrs in 11th in 19.5, Vansant in 15th in 20.2, Caron in 16th in 20.3, Conkling in 18th in 20.8 and Flaherty in 27th in 22 seconds.

Holderness placed third in the 4X100 relay in 56.8 seconds and Newfound was fifth in 57.6 seconds. Newfound placed second in the 4X400 relay in 4:57 and Holderness was fourth in 5:05.

Peterson won the high jump with a height of four feet, eight inches, with Luehrs in second at four feet, six inches, Mure in sixth at four feet, two inches, Springer in ninth at the same height and Deruvo in 11th at four feet.

Vansant placed fourth overall in the long jump at 13 feet, three inches, while Samantha Meier of Holderness was 12th at 11 feet, 10.5 inches and Marissa Carter of Holderness was 17th at 11 feet.

Doan finished fourth in the triple jump at 27 feet, 11 inches, with Stewart in ninth at 26 feet, five inches and Alexis Raimondi of Newfound in 13th at 26 feet. Caron was 16th at 24 feet, eight inches, Kenady Marshall of Holderness was 22nd at 22 feet, two inches and teammate Logan Furlonge was 23rd at 21 feet, 5.5 inches.

Mure placed ninth in the shot put at 22 feet, with Meier in 13th at 20 feet, 11 inches and Olivia Eastman of Holderness in 16th at 20 feet, four inches.

Eastman was fourth in the discus at 66 feet, one inch, while Deruvo was seventh at 63 feet and Evelyn Cutting of Newfound was 14th at 55 feet, eight inches.

Raimondi finished

and seventh innings.

LeTourneau had a ground rule double in the seventh that likely would've plated another run, but it jumped the fence. LeTourneau had three hits on the day and scored the team's lone run. Johnston also had three hits while MacDonald and Dostie each added a hit.

"Although this is the first time in six years Newfound softball has made the playoffs, we are not satisfied with the second round loss and look to build on this season, losing only two seniors," Johnston said.

Pilling and Natalie Haskell are the lone seniors on the team graduating this year.

The Bears finished the regular season at 5-11.

Joshua Spaulding can be reached at 569-3126 or sportsgsn@salmonpress.com.



JEFF LAJOIE – WINNISQUAM ECHO
Kathryn Donnelly (left) and Jasmine Peterson (right) of Newfound run in the 1,600 meters at the state championships.

second in the javelin with Meier in third at 83 feet, one inch and at 90 feet, eight inches,

The playoffs mean plenty of tough choices

Playoff time always provides me and the people I work with a lot of choices and sometimes, those decisions work out OK. Other times we miss out on great games.

The NHIAA likes to schedule lots of games on the same day and thus, I can usually only be in one place at a time, so I look through the brackets and try to decide how to see the most teams and get content for the most papers.

This past week presented a few different options. Tuesday offered a pair of games, with Prospect baseball at Raymond and Newfound softball at Hopkinton, both in first round games. Both coaches always provide great wrap-up e-mails or Game Changer information so this one was pretty much a toss-up for me. I decided to head to Raymond since there was the possibility that Newfound would be playing the Prospect softball team on Thursday if they won.

Wednesday had three different games on the docket, with Kingswood softball heading to Plymouth and both King-

SPORTING CHANCE

By JOSHUA SPAULDING



swood lacrosse teams heading to Windham for games. Because it was two different schools, my decision was to head to Plymouth for the softball game. However, just as I was leaving, I got a message that the game was postponed. Sadly, a member of Plymouth's senior class was killed in a car accident earlier in the day and the game was moved back a day.

So, I turned my car in the other direction and headed south to Windham for the two lacrosse games. The Knight boys and girls played side-by-side, which was great. I was able to cover both games easily, which doesn't always happen. While the Knight girls lost to the Jaguars, the Kingswood boys came up with a huge upset. The team started the season 0-8 and recovered enough to make the playoffs and then got the first-round upset. I was glad I got the chance to see that game.

Hailey MacDonald of Holderness in seventh at 66 feet, four inches. Lilly Magnus of Holderness finished 18th at 50 feet, nine inches, Cutting was 21st at 43 feet, three inches and Seymour finished 24th at 37 feet, eight inches.

For the boys in the 100 meters, Cale Swanson of Holderness placed 11th in 13.2 seconds. He also placed third in the 200 meters in 26.7 seconds.

In the 1,600 meters, Gus Whitcomb of Holderness finished in 10th place in 5:45.6.

Holderness took fourth in the 4X100 relay in 56.4 seconds and Newfound was sixth in 59 seconds.

Colin Casey of Holderness finished fourth at four feet, eight inches and teammate Samson Deruvo was fifth at four feet, six inches.

Casey also took 11th in the long jump with a distance of 13 feet, five

inches.

In the triple jump, Jeffrey Stewart of Holderness was fourth at 31 feet, four inches and Casey took fifth at 31 feet, two inches.

Deruvo was second in the shot put at 36 feet, seven inches, Jake Bussolari, also of Holderness, finished in third place at 34 feet, seven inches and Colin Springer of Newfound was 11th at 28 feet, five inches.

In the discus, Jack Newman of Holderness was seventh at 77 feet, seven inches and Jack Gosson of Newfound was ninth at 75 feet, two inches.

Bussolari was sixth in the javelin at 108 feet, five inches and Devon Normandin of Newfound was 12th at 86 feet, five inches.

Joshua Spaulding can be reached at 569-3126 or sportsgsn@salmonpress.com.

Softball

FROM PAGE B1

ed Timber Wolves had a first-round bye.

"We had our chances to score, but Prospect Mountain pitcher Brianna Burley just kept us from getting a timely hit on each occasion," Johnston said.

The Timber Wolves took the 10-1 win, with the hosts breaking the game open in the fourth with six unearned runs on three Newfound errors.

Johnston got the start in the pitcher's circle, giving up one earned run in three and a third innings, striking out five and walking two. Ryan finished with two and two-thirds innings of work with five strikeouts, two runs and two walks.

The Bears had eight hits on the day but left two runners on base in the first, third, sixth

Landscape Design & Installation

Landscape Walls
Walkways & Patios
Natural Stone
Excavating
Drainage
Lawn Maintenance
603-528-3170
www.PropertiesByPete.net

PROPERTIES
By Pete
LANDSCAPING CONTRACTOR

Pete DeVivo
Belmont, NH

Good Morning
& Good night,

if you miss those words and you're single we should meet up, I have lots of toys and no one to play with LOL, Harley's Trucks, old cars, mountain bike. I like Cooking, Hiking, Traveling, Ocean City, Gym.

Thank you So much

Mark D.
Laconia, NH
harley_laconia@yahoo.com

Golf Cars of New Hampshire

15 Cross Rd. Hooksett, NH 603-225-GOLF (4653)
www.newgolfcarsinconcordnh.com

\$2,799... 50 TO CHOOSE FROM

2012 EZ-GO Electric 48 volts RXV
Roof & Windshield
With Flip Seat \$3,499 | With Seat & Light \$3,799

— RENTALS — SALES —

Over 100 New and Used Golf Carts in Stock

Home of the *Jumbo Ad*,
reaching loyal readers of eleven weekly papers

Town-to-Town

CLASSIFIEDS

www.salmonpress.com

1-877-766-6891



Place your ad today!
Call toll free
or visit our website



Non-Profit Events

HOUSE CHECKS
Protect your most valuable asset. While away on vacation or away for a long weekend have your home checked for forced entry. Burglars don't take a vacation! Call Plowing Plus for details 527-1154.

Misc. For Sale

OLD NH FISH and Game, ca. 1890, bearing laws, penalties and seasons on moose, caribou, furbearers, fish, etc. measures 12"x18" May be seen at the Coos County Democrat, 79 Main St., Lancaster, NH. Price, \$4; if mailed, \$8. Call 603-788-4939 or email lancoffice@salmonpress.com

Free

FREE!-IN MOULTONBORO: 5 PIECE BEDROOM SET, LARGE WOODEN DINING ROOM TABLE IN EXCELLENT CONDITION, END TABLES, COFFEE TABLE, SEVERAL LAMPS, 2 LARGE LADDERS, AND MANY SMALL HOUSEHOLD ITEMS. CALL 603-284-1099.

Barn/Garage/Yard Sale

Summer Renovation Sale: The White Mountain School at 371 West Farm Road, Bethlehem, NH 03574. June 10, 12-5pm. June 11, 7-11am. Gently used furniture, outdoor gear, and more!

Lost & Found

Found Ads
Are published Free of Charge. 30 words for 1 week.

Lost Ads
Are Charged at our regular classified rates.

Call Toll Free
Mon-Fri 8:00-4:00
1-877-766-6891
or go to
www.nhfrontpage.com
24/7

Thank-You

Thank you for browsing
The Town To Town Classifieds in the

West
Meredith News
Record Enterprise
Winnisquam Echo
Newfound Landing

Publication Rates (30 words)
\$12 - 1 Week
\$20 - 2 Weeks
\$27 - 3 Weeks
\$36 - 4 Weeks

Call Our main Call Center
1-877-766-6891
Mon-Fri 8:00-4:00

or place online 24/7 at
newhampshirelakesandmountains.com

Deadline:
Monday 10:30 am

Fuel/Wood

FIREWOOD: Cut, Split, Local Delivery \$200 Green. Please Call 286-4336

Pets/Breeders

LOW COST SPAY/NEUTER
Dogs Conway clinic starting at \$100. Cats Mobile clinic NH&ME \$70-\$85. Rozzie May Animal Alliance www.RozzieMay.org 603-447-1373



Brake for Bears.

It could save your life.

General Help Wanted

All Regions Services Inc. Is offering temporary seasonal work at the wage rate of the highest of \$11.74/hr or applicable piece rates depending on crop activity, from 7/15/16 to 10/15/16. Raking Blueberries, Raking will be done in Knox, Waldo, Hancock, and Washington counties: The work requires manual labor and outdoor exposure to extreme temperatures, weight carrying requirements up to 28 lbs; repetitive movements; extensive walking; frequent stooping. Equipment, tools, transportation, and housing provided at no cost. Employer offers 3/4 guarantee; three meals per day at cost of \$11.58 per day to those workers who cannot return home due to unreasonable commuting distance. Employer requires strict adherence to housing occupancy rules and work environment rules. – We are an Equal Opportunity Employer of women, minorities, protected veterans and individuals with disabilities. APPLY: At your local State Workforce Agency 646 Union Street, Suite 100 Littleton, NH 03561 603-444-1065 or your nearest office. Job Order Number ME177721

Full Time Housekeeper
The Valley Inn in Waterville Valley, a leader in the hospitality industry, is seeking energetic Full Time and Part Time Housekeepers. Responsibilities include changing linens and cleaning/vacuuming hotel rooms on a daily basis. Join a winning company! Working for The Valley Inn is challenging, rewarding and fun. If you are ready to work give us a call 236-8425 or stop by 17 Tecumseh Rd in Waterville Valley to fill out an application today.

HELP WANTED
Waterville Estates Village District is currently looking for help in the cleaning department for day and evening positions. Must be able to work weekends and most holiday's. Apply in person at 562 Winterbrook Road Campton, NH 03223 603-726-3082 ask for Judy

Looking for a patient, caring, and energetic individual to work part time with a young girl with challenging disabilities in Plymouth. Excellent opportunity for right person! Valid driver's license, auto insurance, and reliable vehicle are required. Behavior training consultation support provided. Responsible and flexibility is a must, approx. 6 hours per week (Wed/Fri night/some weekends). Please call Nicole at 524-8811 or email nicole.lemelin@lrcs.org for more information

Seeking to hire full time reliable, experienced person for landscape mowing/maintenance position. Must have medical card or ability to obtain one, valid drivers license and knowledge of walk behind mowers. Must be motivated with strong work ethic. Pay based on experienced. Please send resume to mtnsidelandscape@roadrunner.com or call Jim at 603-455-5700 and leave a message.

Professional Services

Our line ad classifieds are on our website!

www.nhfrontpage.com

is the place to check our weekly classifieds online!
More great coverage and information from the


Salmon Press
Town To Town
Classifieds!

Why place your ads anywhere else?
1-877-766-6891

TREE SERVICE- Single trees to entire lots! Fully insured, free estimates. Call Gary 603-315-5173.

THE CLASSIFIEDS
Your Tickets to Success

Real Estate


Equal Housing Opportunity
All real estate advertising in this newspaper is subject to
The Federal Fair Housing Law which makes it illegal
"to make, print, or published any notice, statement, or advertisement, with respect to the sale, or rental of a dwelling that indicates any preference, limitation, or discrimination based on race, color, religion, sex, handicap, familial status or national origin, or an intention to make any such preference, limitation or discrimination."
(The Fair Housing Act of 1968 at 42 U.S.C. 3604(c))

This paper will not knowingly accept any advertising which is in violation of the law. Our readers are hereby informed, that all dwellings advertised in this newspaper are available on an equal opportunity basis.
To complain of discrimination call
HUD toll free at 1-800-669-9777
For The Washington DC area, please call
HUD at 275-9200.
The toll free telephone number for the hearing impaired is 1-800-927-9275.
You may also call
The New Hampshire Commission for Human Rights at 603-271-2767 or write
The Commission at 163 Loudon Road, Concord, NH 03301
Neither the Publisher nor the advertiser will be liable for misinformation, typographical errors, etc. herein contained. The Publisher reserves the right to refuse any advertising.

Mobile/Modular Homes

\$29,995, 2 bed,
\$49,995, 28 wide, 3 bed,
\$74,995, Modular Cape,
WWW.CM-H.Com. Open 7 days.
Camelot Homes. RT. 3, Tilton NH

Vacation Rentals

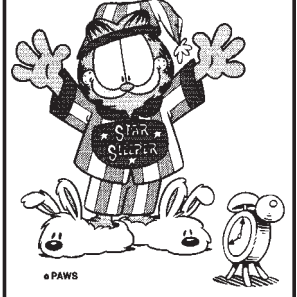
June 16-July 1 Share Squam Lake's serenity with Mirth (elderly cat). With stunning lake and mountain views, this century-old rustic camp on its own small island provides close-to-nature simplicity with convenient access, modern amenities, comfortable accommodations for up to eight. Mini-pontoon boat, Phantom sailboat, canoes, rowboats, commodious dock. Loving cat care required; rent negotiable. Contact elizakeiser@aol.com (603-279-5738 or 828-707-4271).

Seasonal Rentals

Seasonal campsite on Lake Winnepesaukee in a small quite campground for up to a 30ft trailer+rv \$3100 call/text 603 630 9133 or email nagaroo@tds.net

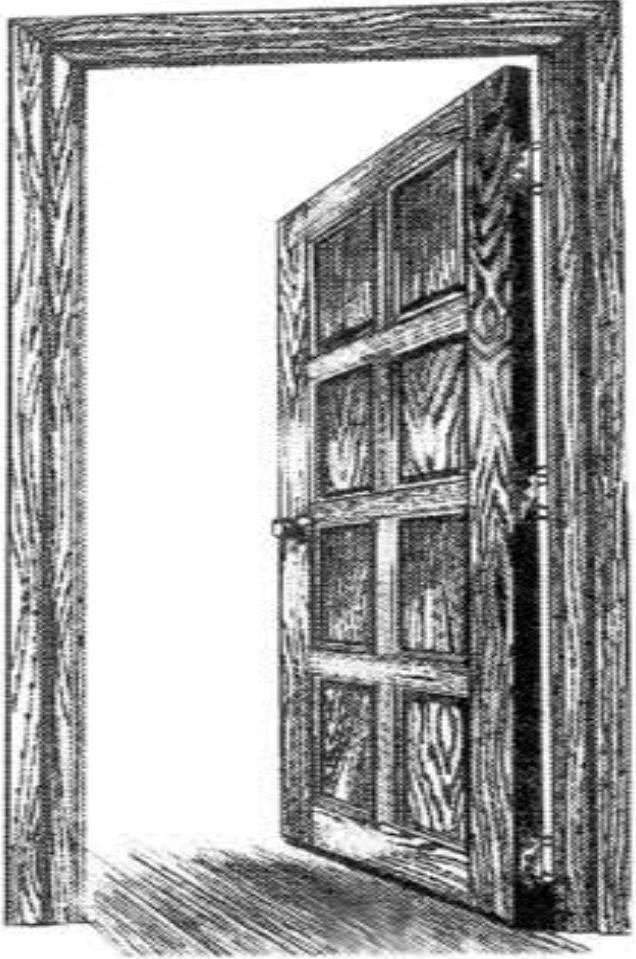
Sleep Well, Do Well

For kids to do their best in school or at play, they should get at least nine hours of sleep every night. **Kids can be Star Sleepers like Garfield.** Visit <http://starsleep.nhlbi.nih.gov> for sleep tips and fun activities.



NATIONAL INSTITUTES OF HEALTH
National Heart, Lung, and Blood Institute
Public Health Service
U.S. Department of Health and Human Services

Opening the door to hope



The Muscular Dystrophy Association's support services help Americans live with 40 neuromuscular diseases. And our cutting-edge research offers hope for a future without these disabling disorders.

Call our lifeline. It's toll-free.

1-800-572-1717

MDA
Muscular Dystrophy Association
www.mdausa.org

CD

TOWN-TO-TOWN CLASSIFIEDS

coös county

Family Health

APRN and PA-C

Coos County Family Health Services is currently looking for an experienced APRN or PA-C to join our Practice! Strong computer skills, flexibility and desire to work in fast paced medical environments a must.

• Full Array of Benefits and generous Earned Time bank

• Flexible Schedule - 4 and 5 day work week options

• Federally Qualified Community Health Center

• Malpractice coverage

• Federal or State Loan Repayment is available!

Please submit cover letter and CV to:

CCFHS

HR Department

54 Willow Street

Berlin NH 03570

Or via email at hr@ccfhs.org

Equal Opportunity Employer

1 IN 250,000,000

Being struck by lightning is rare. Having a disability is not. One in five Americans will acquire a disability in his or her lifetime. Please support the work of Easter Seals.

Creating solutions, changing lives.

Ledgewood Estates

Ashland, NH

NOW taking applications for our **SHORT** waiting list!

Credit, criminal, landlord and sex offender checks conducted.

Section 8 Voucher Holders

Welcome!

Rental Assistance Available

☒ Quiet, country setting

☒ Professional management

☒ Low utility costs

☒ On-Site Laundry & parking

☒ Easy access to I-93

☒ 24-hour maintenance provided

☒ 2 bedrooms with a 2 person minimum per unit.

Rent is based upon 30% of your adjusted income. **Hurry** and call today to see if you qualify or download an application at: www.hodgescompanies.com

Housing@hodgescompanies.com

603-224-9221

TDD # 1-800-545-1833 Ext. 118

55+ MODEL HOMES OPEN SUNDAY 12 to 2

\$89,995

\$99,995

\$99,995

\$139,900

Call Kevin 603-387-7463

Directions: Rt. 93 Exit #23 Right for 1/2 mile, left at post office for 800'

MANSFIELD WOODS 88 North Rt. 132 New Hampton, NH

Camelot HomeCenter

Rt. 3, Tilton NH, exit 20 on Rt. 1-93 across from Lakes Region Factory Mall

NEW 14 WIDES

\$29,995

56' 2 bed

\$33,995

60' 3 bed

\$34,995

66' 3 bed, 2 bath

\$43,995

78' 3 bed, 2 bath

\$33,995

60' 3 bed

DOUBLE WIDES

\$49,995

44' 3 bed, 2 bath

\$56,995

44' 3 bed, 2 bath

\$61,995

48' 3 bed, 2 bath

\$69,995

56' 3 bed, 2 bath

\$64,995

48' 3 bed, 2 bath

SEE OUR AD AT WWW.CM-H.COM - HOMES FROM COLONY, EXCEL, NEW ERA & TITAN

MODULAR HOMES

\$89,995

52'x28' Ranch

Ugly Duckling, GOT TO GO

\$74,995

38'x28' Sunny Cape

Best Selling Cape in NH!

\$108,995

2,000sqft. 2 Story

Roman Spa Bathroom, Irresistible Kitchen! SEE IT NOW!!

We Have Delivered Over 10,000 Homes To Satisfied Customers. Can We Deliver One To You?

ALWAYS OPEN DAILY, 10 TO 6 SATURDAYS & SUNDAYS 10 TO 5

Home for Sale – By Owner

119 Old Village Road

Northumberland, NH

2 story Colonial on 2.3 acres with 2,352 square ft of living area, built 1989, 4 bdms, 2.5 baths, first floor laundry room w/chure from second floor. Large Living Room, Foyer, large Kitchen w/appliances, extra room in Master Suite can be used as a nursery or home office. Beautiful 50 ft wrap around porch with attached gazebo, 32' x 32' two bay attached garage, additional 14 x 20 outbuilding provides plenty of room to store your toys. Well maintained and landscaped with many trees, including several apple trees and a large garden space. Enjoy nearby skiing and direct access to NH snowmobile trail 5 and Vermont/ VAST trail/ bridge crossing into Guildhall, VT. Motivated seller at \$188,888.

Contact me at brucepellerier4@gmail.com or 603.326.8175

RECYCLE

ACCEPTING APPLICATIONS

Sawmill and Planer Mill Workers

Daytime Shift, Benefits include vacation, sick and holiday pay, insurance, credit union, 401(k) plan.

Apply in person:

PRECISION LUMBER INC.

576 Buffalo Road • Wentworth, NH 03282

Buck Up!

Sportsmen are integral to effective wildlife management programs. Working with biologists, they help whitetail and other species flourish.

Safari Club International Foundation

800-377-5399

www.SafariClubFoundation.org

Granite Group

REALTY SERVICES

Bristol

Lake Area Properties

Plymouth

366 Lake Street

481 Lake Street

481 Lake Street #1B

Bristol, NH • 744-3004

Bristol, NH • 744-9950

Bristol, NH • 744-3004

www.granitegrouprealtyservices.com

607 Tenney Mountain Hwy, Plymouth, NH • 536-7750

366 Lake Street, Bristol, NH • 744-3004

481 Lake Street #1B, Bristol, NH • 744-9950

HEBRON, NH - 431 George Road is an authentic model of the New England Classic Connected Farm. 8.5 rolling acres with Gilley Brook running through it. 21st Century Renovations include, new septic system, solar heating of domestic water, newer roofs, walk thru master closet and laundry room, granite/stainless appointed chefs kitchen, newer windows, cellulose insulation, 3 modernized bathrooms, hardwood/softwood & tiled flooring throughout. Hebron is one of the lowest tax towns in NH and has many benefits; curb side trash pick up, Glorious Town Beach with 425 ft of Newfound Lake Frontage; with Attendant, Grey Rocks paddle boat put in, and low cost driveway snow removal. You won't only own a classic farmhouse in Hebron, you'll become part of its Legacy.

4492452.....

\$425,000

Peabody & Smith

REALTY

Residential & Commercial

We are seeking an **Executive Assistant**, **Sales Associates** and an **Experienced Vacation Rental Manager** to join our team in several offices.

Executive Assistant - this professional position requires excellent computer skills, administrative and organizational abilities and will require possibly splitting time between 2 of our offices in Northern NH.

Sales Associates - Passionate about helping others? You could have: flexibility in your schedule, the ability to set your own hours & control your own income. You'll work independently but with the benefit of a strong & successful team supporting your efforts! Our standards and expectations are high, and our team is committed to the highest standards in the industry.

Experienced Vacation Rental Manager - Is customer service your thing? Do you enjoy helping others? This position offers a base salary, plus bonus and offers you flexibility in your schedule and the ability to work independently but with the benefit of a strong & successful team supporting you.

To learn more about these opportunities, email your resume to Broker/ Owner Andy Smith at: andy@peabodysmith.com. All inquiries will be confidential.

NEWSPAPERS

THE MOST CURRENT TEXTBOOK AVAILABLE

