

# Winnisquam Echo

THURSDAY, OCTOBER 6, 2016

SERVING TILTON, NORTHFIELD, BELMONT & SANBORNTON, N.H.

FREE

## Tanger Outlets turn pink during Fit For a Cure 5K

BY DONNA RHODES  
drhodes@salmonpress.com

TILTON — Shades of pink and a lot of terrific enthusiasm brightened an otherwise cloudy day in the Lakes Region last Sunday morning, as runners and walkers participating in the Tanger Fit For a Cure 5K race got ready to head out in support of those afflicted with cancer and honor the memories those lost to the disease.

Eric Proulx, the General Manager of the Tanger Outlet Center in Tilton, said that as many as 800 people had registered for the event and many who arrived to take part in the run/walk were doing so for the first time. "It all goes to show

what a wonderful community we have here in the Lakes Region," Proulx said. "All the money raised here today will go strictly to the local hospital to benefit oncology patients here. Not many events like this keep the money local and that's what makes this special."

Sandy Marshall is the Director of Public Relations for LRGHealthcare and said the hospital's partnership with Tanger Outlet Center is a special one. Through the money that Fit for a Cure has raised over the past eight years, many local residents have benefited.

"The funds from this event go toward helping our cancer patients



DONNA RHODES

Athletes of Winnisquam Regional Middle School dressed in pink for the Tanger Fit For a Cure 5K last weekend as they honored the memory of their coach Amy Dutton who died of breast cancer two years ago.

with those unexpected expenses they face while fighting their illness," said Marshall. "We help them purchase wigs, give them gas cards to get to

their appointments and do anything we can to help them with any other hardships they have along the way."

Without Tanger and their Fit for a Cure, she said LRGHealthcare wouldn't have as many resources to offer their patients, and for that they are truly grateful.

Tanger Outlet Center has also had Pink Card campaigns in the past to raise additional money for the hospital. That program, Marshall explained, provided some of the funds needed to purchase a 3-D mammography machine and also made it possible for the hospital to remodel the treatment room, which created a more pleasant environment for those undergoing chemotherapy.

Participants in this year's race came in all sizes, from little ones in strollers to senior citizens. Even dogs got in the act, wearing tutus and other costumes for their walk.

Tee shirts worn by much of the crowd carried many messages such as "Ma is My Hero" and "Huntin' for a Cure,"

## Support Winnepesaukee River Trail at Taste of the Trail event

FRANKLIN — The Winnepesaukee River Trail is holding its annual and popular Taste of the Trail on Thursday, Oct. 13 at Mojalaki Country Club in Franklin. This event has been a great success due to the caring and generous citizens and businesses that have supported the efforts to raise monies to maintain and expand the Winnepesaukee River trail, a pedestrian/biking trail linking Tilton, Northfield and

Franklin along the Winnepesaukee River.

This year, the following sponsors have stepped up to the "plate" to kick off the event — Pike Industries, High-

land Mountain Bike Park, Beck and Bellucci, Tilton-Northfield Rotary, Franklin Savings Bank, Quantum Construction Consultants, WATTS, Eurasian Au-

toworks, and Tilton Trailer Rentals.

Food sampling will be the courtesy of these local recognizable names: The Onoin, Pizza Chef, Park Street

Tavern and Pub, Subway, Pauli's, Tilton House of Pizza, Pioneer Catering, Sweet Confections. A full cash bar is offered and coffee and SEE TRAIL, PAGE A14

## Traffic stop leads to major drug bust in Tilton

BY DONNA RHODES  
drhodes@salmonpress.com

TILTON — An alert Tilton police officer executed a traffic stop in town last week that ended up as part of a

major battle in the war on drugs, taking, among other items, 750 grams of heroin, a large bag of crystal methamphetamine and the deadly drug fentanyl off the



COURTESY

Tilton police conducted a traffic stop in the town last week that uncovered more than \$80,000 in heroin, a large quantity of methamphetamine, cash, drug paraphernalia and a stolen handgun.



DONNA RHODES

Alyssa St. Onge, Makenzie Foster and Rachel Fife proudly displayed some of the tasty treats on sale during the Winnisquam Regional Middle School's Fall Family Festival. Proceeds from their bake sale supported the girl's volleyball team at the school.

## WRMS hosts Family Fun Night

TILTON — It's not often that boys and girls want to spend their Friday night hanging out at school, but last Friday was the exception when students, families and friends all flocked to Winnisquam Regional Middle School for the annual Fall Family Fun Festival where the courtyard and playing

fields were filled with great foods, games and other activities to enjoy.

The face-painting tent was a popular spot, along with the Bounce House as a line up of games such as football toss, Frisbee toss and other great challenges.

Perhaps the most excitement came when everyone could buy tick-

ets for a chance to dunk some of their teachers. Girls softball players at that booth proved they had good throwing arms went it came to hitting the target and sending teachers like Jordan Richardson into the chilly waters of the tank.

Local organizations and businesses also SEE WRMS, PAGE A15

street.

"This is one of the biggest arrests our patrol officers have had since I've been here," said Tilton Police Chief Robert Cormier. "By taking these drugs off the street, I can't help but think of how many lives were saved and how many overdoses were prevented."

The heroin, he added, had a street value of at least \$80,000 or more, depending on if it had been "cut" for sale yet or not. "Cutting" a drug occurs when portions of the actual drug are mixed with other substances to create more volume and thus provide more packages for sale on the

street. Lab results are pending on the status of the illegal narcotics that were confiscated.

It was Officer Jeremiah Trott who first noticed some suspicious behavior at the Park and Ride behind McDonald's Restaurant at Exit 20 in Tilton. He followed two cars to a second parking area behind a nearby gas station and noted that an inspection sticker had been taped to the windshield of one of the vehicles, giving him a reason to investigate further.

While speaking with the driver of the first vehicle, 39-year-old Bryan Franklin of 82 Washington St. in Penacook,

Trott noticed some needles and drug paraphernalia inside the vehicle. Franklin is also no stranger to the Tilton police, after having been arrested and indicted for SEE DRUG BUST, PAGE A15

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**HALL MEMORIAL LIBRARY HAPPENINGS**

**Tilton/Northfield**

**Monday, Oct. 10**  
Library Closed for Columbus Day

**Tuesday, Oct. 11**  
Spanish Club, 10 a.m.  
Tech Tuesday, 2-4 p.m.  
Sewing Group, 3 p.m.  
Middle and High Schoolers learn to sew by hand and machine. Brittany will lead you through any problems you encounter.

**Wednesday, Oct. 12**  
Story Time, 10:30 a.m.  
Scrabble, 1 p.m.  
A bit of friendly word play in the afternoon  
Arts and Crafts, 3:30 p.m.  
Spidery Craft  
Magic the Gathering, 4 p.m.

**Thursday, Oct. 13**  
Let's Be Frank - Teen Talk, 3 p.m.  
Teens, do you have questions and you don't know who to ask? Ask

Brittany. Stop by for our first Let's Be Frank talk and see what we're all about. After the first talk there will be a place in the Young Adult section to submit questions for the following talk. Let's Be Frank is teen talk that's honest and informative. We will cover all topics of interest and all questions will be answered honestly and with correct information. The goal of teen talk is to make sure ev-

eryone hears accurate information about any topics that they have questions about and stop the spread of erroneous information between teens regarding health, relationships, life and more.

STEAM series for Kids, 4 p.m.

Join us for STEAM this fall! We'll cover a new theme each week: Science, Technology, Engineering, Arts and Math! Ages five and up are welcome, no registration necessary.

Preston Heller, Mentalist - Well Guarded Secrets, 6:30 p.m.

A mentalist reads minds, projects thoughts to others, divines information held secret, predicts results, and much more. Preston Heller's 2016 show, "Well Guarded Secrets", involves a good deal of audience

participation. Why? Because mentalism works best, and is most entertaining, when there is a spirit of cooperation between the mentalist and those in attendance. The result is always a surprising experience for the attendees and is great fun for all present. And while the show is spiced with a lot of sophisticated humor, it is 100 percent family friendly.

Enhanced psychic abilities, predictions, thought implantation, telekinesis, sixth sense, telepathy and even the occasional inexplicable physical illusion - this is what is on display. If you attend you will see all of this and more, up close and personal, but when you come, please remember - not even your most "Well Guarded Secrets" are safe. Are

you up to the challenge? (recommended for ages 12 and up)

Visit Preston Heller's Web site at [prestonheller.com](http://prestonheller.com).

**Friday, Oct. 14**  
Sit and Knit, 2-5 p.m.

**Saturday, Oct. 15**  
Let's Go Lego, 10 a.m.

**New Items**

"The Masked City" by Genevieve Cogman  
"Stalking Ground: a Timber Creek K-9 mystery" by Margaret Mizushima  
"The Tea Planter's Wife: a novel" by Dinah Jefferies  
"Ashes of Fiery Weather" by Kathleen Donohoe  
"Ninth City Burning" by J. Patrick Black  
"Pearl Harbor: from infamy to greatness" by Craig Nelson

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**PINES HAPPENINGS**

**Pines Community Film Festival**

Friday evening, Oct. 7, from 6 to 9 p.m., the Pines Community Center will present a family movie outdoors on the Tilton-Northfield Little League Field. Bundle up, bring your blankets, and join us for this free event. Concessions will be available, and the lower level of the Pines will be open for use of the bathrooms. There is no charge for this event, though donations are welcome. The event will

be emceed by Tim Martin. The movie will be announced Wednesday, Oct. 5. Children must be accompanied by their parents or a responsible adult.

We are grateful to have the use of the Charles Dwinial Memorial Little League Field, and ask for your help in making sure that all trash is properly disposed of, nothing is damaged, and nothing is left behind.

**Dining to Donate**  
The Pines Commu-

nity Center needs your support! On Wednesday, Oct. 12, from 4 to 9 p.m., Applebee's in Tilton will donate 15 percent of your check to the Pines. Help out the Pines and enjoy a meal that is filling and fulfilling! You must have a coupon, available through the Pines, to present to your server or car-side to-go specialist for us to receive this donation. The donation percentage excludes tax and tip. We hope to see you there!

**Bring an object and share its past at Historical Society's annual meeting**

SANBORNTON — Members and friends of the Sanbornton Historical Society are invited to attend the 2016 Annual meeting at 6 pm on Thursday, Oct. 13 at the Lane Tavern, 520 Sanborn Rd., Sanbornton.

This will be the 51st annual meeting since the Tavern was purchased. Attendees are encouraged to bring appetizers and desserts to share with those attending prior to the business meeting. Drinks will be provided by the board members.

Entertainment will be a voluntary "Attic

Show and Tell" (a sharing of historical objects with stories) by those attending the event. Objects shared in the past have included records, scrapbooks, old

bottles, family made tools, kitchen tools, old clothing, photos, antique tool kits or "just stories" from the past. For further information, call 286-4526.

**Belknap County Republicans to honor Jeanie Forrester at Oct. 12 meeting**

BELMONT — The Belknap County Republican Committee has announced that their next monthly meeting is scheduled for Wednesday, Oct. 12 at 6:30 p.m. at the Top of the Town Restaurant, 88 Ladd Hill Rd. in Belmont.

This month's meeting will be extra special. In addition to the Committee's focus on campaigns and strategy for the upcoming November elections, the Committee will also be honoring three-term State Sen. Jeanie Forrester of Meredith for her service to New Hampshire.

With the election less than a month from now, the Committee will hear from State Rep and State Senate candidates about their campaigns and their plans for the final weeks leading up to the

election. Also, campaign staffers for the gubernatorial, Senate, and Congressional races will be on-hand to answer questions and to distribute election campaign information.

On a separate note, the Committee is honoring Jeanie Forrester for her 6 years serving as State Senator in the 2nd District. Jeanie, as Chair of the Senate Finance Committee, made sure that a responsible, balanced budget was prepared. The state now has a budget that shows a surplus, allowing money to be held aside for future, unpredictable expenses.

Belknap County GOP meetings are open to all Republicans and like-minded Independents. Per their usual meeting format, if you're SEE FORRESTER, PAGE A3

# HAPPY BIRTHDAY!

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# Racing for a cure



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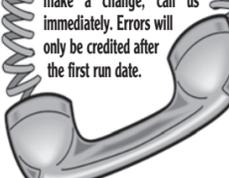


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**FORRESTER**  
CONTINUED FROM PAGE A2

interested in having dinner (at your option) and/or wish to socialize before the meeting, plan to arrive as early as 5 p.m.

The Committee thanks its members for continuing to bring food pantry donations to the meetings, and again reminds them to bring a non-perishable food item to this month's meeting.

For more information, please check the Committee's Web site at [www.BelknapCountyGOP.org](http://www.BelknapCountyGOP.org) or send an email to [alan.glassman@gmail.com](mailto:alan.glassman@gmail.com).

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# Opinion

A4 Thursday, October 6, 2016

WINNISQUAM ECHO

## FROM THE CAPITAL STEPS

BY SEN. JEANIE FORRESTER

District 2

In my six years of serving as a State Senator serving on the Finance Committee, I've seen financial commitments made by prior legislatures, only to be disregarded by those that followed. My experience has been that these commitments were not broken out of spite or malice, but because of unforeseen financial burdens that the state may be unable or unwilling to bear.

Such is the case with retiree health care.

Currently, there are 12,000-plus state employees who are retired in New Hampshire. Of those retirees, approximately 9,000 are over the age of 65 years, and 3,000 are under the age of 65 years. Upon their employment with the state, they were promised health care in retirement.

In the FY16/17 budget, the state employee retiree health care plan was funded with an appropriation of \$142,699,754 for those 12,011 retirees. Some time after the budget passed, higher than anticipated pharmacy costs and a reduction in the federal subsidy for the Medicare prescription drug program (due to the Affordable Care Act) resulted in an increase in the cost of retiree health. In addition to a budget appropriation shortfall in the Governor's phase of the budget, the retiree health care plan faced a \$10.6 million deficit.

Because the budget had passed, the responsibility to address the shortfall fell to the Fiscal Committee, a bi-partisan House and Senate committee of legislators. The Department of Administrative Services was tasked with presenting solutions to the Fiscal Committee to address this immediate deficit.

Legislators and state officials reviewed many options offered by Administrative Services. These options included a range of increased co-pays, increased out-of-pocket costs, and increased contributions. We listened to lobbyists who represented the re-

tirees and we talked directly with retirees that would be impacted by the decision that faced us as a result of \$10.6 million deficit.

Rather than place the entire weight of the \$10.6 million deficit on retirees, we agreed to a plan that we felt was fiscally responsible and reduced some of the burden on retirees. We did this by using the surplus in the retiree health benefits account to fund some of the cuts that were proposed. To address the balance of the shortfall, prescription drug benefit co-pays and maximum out-of-pocket expenses were increased, and some plan design changes were made to retirees.

The legislature also learned that in the next budget, according to Administrative Services, retiree health care would increase by approximately \$30 million. So, during the second part of the legislative session, several unsuccessful attempts were made to craft legislation that would address the projected \$30 million increase in retiree benefits (for FY18/19, the projected total cost of retiree health will be \$173 million).

The only successful language that moved forward was a requirement for a public hearing for retirees. This public hearing would give retirees the opportunity to learn about proposed changes to retiree benefits and offer them a chance to weigh in.

Last week, the Fiscal Committee held that public hearing to learn about the suggested changes to the state retiree group health insurance plan to address the projected \$30 million increase. Well over 200 retirees attended and listened to the presentation by the Department of Administrative Services.

Afterwards, retirees were able to voice their thoughts to the Fiscal committee members. What we heard from retirees is that they want no changes to retiree health. For some, every dollar increase in expenses for health care means a cut somewhere else in their own budget.

SEE CAPITAL, PAGE A5

## PET OF THE WEEK



Even in the best of homes accidents happen. So began the life of Bear a very handsome sturdy fellow. We have a canine birth certificate that states his mother's name and breeding, we know he was born in Florida, but who was the father(?) well that fact is a little hazy.

Bear is a small stocky mini Husky mix with energy plus. Surrendered because he was too active by his former owners, he is jaunty and busy and

## BEAR

knows ALL his commands. Bear lived with three little dogs but no cats.

Ideal home: one that is active, involving plenty of walks and hikes, and one that will include him in every activity - he's up or every car ride and road trip you are planning. Aged just about 3 years old he is vibrant and robust a wonderful pet just waiting for a second chance. Call 524-3252 or check [www.nhhumane.org](http://www.nhhumane.org)

## LETTERS TO THE EDITOR

### Your chance to be heard on new FD facilities is coming soon

To the Editor:

The Tilton Northfield Fire District must, in the not so distant future, discontinue using Tilton's Center Street fire station (built in 1867 & 1895). Residents of Tilton and Northfield are invited by the TNFD Commissioners to attend a public hearing to be held at 7 p.m. on Wednesday, Oct. 19 at the Winnisquam Regional High School Cafeterium. Options for new facilities will be outlined by the Facilities Committee, followed by time for comments and questions from those attending.

The TNFD Facilities Committee has been meeting approximately twice a month since the spring of 2015 to review the needs of our fire district professionals, their requests, and the needs of our two towns, now and decades into the future. The options

to be presented to residents on (date) are the result of hours of discovery and discussion, keeping in mind the cost to taxpayers, the desire to preserve the excellent response times of our Fire Department, the large numbers of calls within our 41 square miles, the needs of our Fire Department professionals, and several other factors.

For those residents hoping to attend this public hearing, please consider touring the two stations in our district - on Center Street, Tilton and on Park Street, Northfield. Our firefighters will be happy to show you around.

Tim Sattler  
Chairman

Tilton-Northfield Fire & EMS District Facilities  
Committee

### Why I am voting for Hillary

To the Editor:

Hillary is a strong supporter of children, the disabled, women, and civil rights. She has supported Social Security, Medicare, and education, all of which are important issues to me.

AARP asked both candidates to respond to questions on Social Security. Donald Trump answered with comments that did not tend to relate directly to the questions. Hillary answered each question directly. I believe that she is more likely to protect this important benefit. If she can, she will make it solvent for the foreseeable future.

If elected, Donald Trump intends to make a large cut in taxes. PolitiFact checked Hillary's claim and found that Trump's plan would add \$5.3 trillion to

the national debt. Her comments were found to be true.

Personality is usually formed by the age of six. We can modify behavior, but in times of stress, the person is likely to revert back to the previous behavior. "Donald will be Donald."

The USA Today has been in existence for 34 years. It had never taken sides in a presidential election until Friday, Sept. 30, 2016. "Trump, Unfit for the Presidency" can be found on page one.

I am voting for Hillary. She is the only candidate that can beat Donald Trump. In my opinion, he is a very dangerous man.

Paul Bonneville  
Lochmere

## McIninch Foundation Awards \$25,000 to the Belknap Mill Society

LACONIA — The Belknap Mill Society has been the grateful recipient of many generous contributions to its Raise the Roof campaign. Most recently, the Society is pleased to announce a \$25,000 grant award from the McIninch Foundation. The Foundation's award will help support the replacement of the Mill's roof and fund critical repairs needed to the elevator.

Said Douglas McIn-

inch, Trustee of the McIninch Foundation, "The McIninch Foundation is pleased to continue putting actual and figurative roofs over the heads of deserving New Hampshire nonprofits and charities such as the Belknap Mill."

In truth, the Foundation's grant does so much more than that. While the roof is a very visible sign of the ongoing work to preserve

SEE MCININCH, PAGE A6

## Send your letters!

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Our fax number is 279-3331.

Or, you can e-mail us at [echo@salmonpress.com](mailto:echo@salmonpress.com).

Please include your name, address and phone number.



COURTESY

Members of Laconia Rotary Club pose inside the Belknap Mill's "vintage" elevator. The elevator is in need of a new operating panel. Laconia Rotary is one of many community organizations that have called the Belknap Mill "home."

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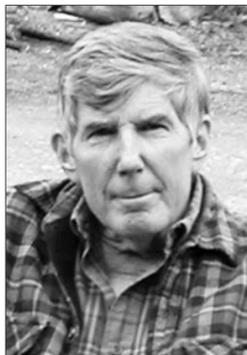
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## NORTH COUNTRY NOTEBOOK

*Here's for the lowly puffball, more than just "poof" underfoot*



By JOHN HARRIGAN  
COLUMNIST

In mythology, they were considered objects from the heavens, and American Indians used them for soups and nosebleeds. When I was a kid, they were always just puffballs, fun to stomp on to see the brown dust rise.

Some time during last fall, a puffball about the size of a golf ball blew into my main barn and came to rest near where I get into and out of my truck, and for some reason I studiously avoided stepping on it all winter, maybe just to see what would hap-



A puffball on an abutment, before blowing off toward Maine.

JOHN HARRIGAN

pen. The answer was that its dried brown skin cracked in one place, a small chasm, awaiting only a bit of pressure to puff forth the tens of thousands of tiny spores within.

Still, I didn't stomp on it but saved it, and eventually set it out in the sun to photo-

graph it, and then it blew away, rolling and bouncing off to wherever puffballs and sky spiders go.

Granny Stalbird was an herb-gatherer and historian who lived in Jefferson in the late 1700s. She derived a good deal of very old knowledge from liv-

ing and visiting with descendants of the Coashaukees and Ameriscoggins who seasonally lived in and hunted the land north of the notches. In her later life she rode a wide circuit in the North Country, administering what she viewed as the best medical practices and rem-

edies for any and all in need. She is widely considered as the first doctor in the territory.

One of her old remedies that stuck with me was the use of puffballs to stop bleeding. Later on, a little bit further north, I picked up the thread that the Coashaukees also used cobwebs. And then, in more formal literature (William R. Burk, "Puffball Usages among North American Indians," University of North Carolina, 1983) I found out--big surprise--that many nations used both.

Now, I'll have to admit being a bit skeptical about this cobweb business. I can see blowing puffball spores through a rolled-up cornhusk to stop a nosebleed, or using sliced-open puffballs as compresses to stanch bleeding wounds. But how long would someone have to run around through the woods to collect enough cobwebs to make a difference before the pa-

tient bled to death?

Ah well, one must learn not to question too closely lest the medicine mixed with the mythology go "poof," like a puffball.

But these are known puffball facts:

--There are two basic families of puffballs, Lycoperdales and Tulo-stomatales;

--Many puffballs can be eaten when in the white, solid-inside stage; however, they are said to taste like, well, dirt;

--The Blackfeet, finding them in circles in the high desert, considered them fallen stars;

--The Arikara and Navaho used them as poultices;

--Many tribes and nations used them for fire-starting tinder, or punk.

--Children living around volcanoes used puffballs for games involving make-believe, puffing mountains.

Before the advent of modern medicine, European settlers had to make do with what they had learned from the Indians they met or had been handed down by their European ancestors. Ergo, many a frontier household featured a string of puffballs, kept hanging over the fireplace for cuts and nosebleeds.

But the widespread use of puffballs I liked best, for some reason, was to stop the bleeding in a newborn baby's belly-button. Hence the Dakota word for the puffball, "baby's navel."

*(This column runs in weekly newspapers covering two-thirds of New Hampshire from Concord to Lower Quebec and parts of western Maine and northeastern Vermont. Letters must include the writer's telephone numbers and town. Write to campguyhooligan@gmail.com or Box 39, Colebrook, NH 03576.)*

## Perspectives on living



By Larry Scott

It was in the early 1970's, and I was in Princeton, N.J. attending a Time Management seminar sponsored by World Vision.

At one point during a break in the action, the moderator noticed evangelist Tom Skinner in the audience as one of the conferees, and asked him to "take a few moments" to greet the assembly.

He had my attention, for I had seen Tom Skinner on many a Sunday afternoon standing on the sidelines of a Washington Redskins football game. He was their chaplain, and needless

to say, I was intrigued.

"Ladies and gentlemen," he said, "we at Tom Skinner Associates are about the business of just one thing. Whether we are working with the men on the gridiron or in one of our crusades, we have but one objective: we are developing, here and now, living models of what we are going to be then and there. That is our mission."

That was it. Just three minutes' worth...but I must admit, Tom Skinner "rocked my tree."

I had been struggling, you see, with the pain and hurt I had seen in the lives of those whom I cared so much about...and those who, I knew, God dearly loved. "Where," I had often

asked, "was God when the lights went out?"

As a young lad growing up in Peru, the son of missionary parents, I can still remember the pain we all felt when a young missionary was killed in a truck accident. He was traveling in ministry to a remote village high in the mountains of Peru, and a five-minute delay in a decision he made would have saved his life. Surely a loving God could have held him back! But that's life, you see; these things happen.

And now it all began to make sense. Tom Skinner had given me an insight that seemed to put it all together. Suddenly, I could see it: I was being given the

privilege of being a living model, a model not just of spiritual maturity, but potentially and equally important, of patience, self control, kindness, honesty — all those qualities of a mature character so needed by my family and our society.

But this, I was soon to discover, was to be no cop-out from the pressures of life. Bad things, indeed, do happen to good people; the innocent do suffer for the guilty. Why? Because that's life, and society needs living models who can demonstrate from personal experience that God is still there. I, too, have been to hell and back...and I know that Christianity works

because I've been there!

Like many Christians, I can tell you that even though I don't deserve it, I have discovered, yes, even during times of disappointment and crisis, a unique strength and peace of mind that, frankly, must be experienced to be understood. I have discovered that being a Christian has given me a happiness that surmounts the circumstances, a peace of mind that brings sunshine to my cloudy days. Indeed, it's a wonderful life!

We shall, in this column, explore this together. You want to talk about it? Hit me up at perspectivesonliving@gmail.com.

*Larry Scott is a retired pastor and resident of Tilton.*

# Chilling ghost story comes to the Playhouse Stage

MEREDITH — With the start of fall comes the inevitable: pumpkin spice lattes, candy corn, UGG boots, and all things spooky. The Winnepesaukee Playhouse's professional company will be serving up some chills and thrills when they present the regional premiere of Joe Simonelli's "The Ghost in the Meadow" from Oct. 5 through 9.

Like many favorite ghost stories, the setting of the play is an old, abandoned house (expertly designed by Dan Daly). Sisters Sheila and Kylie relocate to the old farmhouse from

Manhattan with the intent to modernize it and call it home. They soon realize that they may not be alone in the house, as specters dating as far back as the Civil War begin to appear. Sheila's ex-boyfriend drops in to visit and, when the strange occurrences continue, he calls on the services of a psychic colleague to try to quell the restless spirits.

Joe Franklin at Bloomberg Radio has said that "The Ghost in the Meadow" is "an old fashioned thriller written just for the stage... Simonelli has written

an atmospheric piece that delivers plenty of chills with a liberal dose of tension breaking comic relief! A real Halloween treat!"

The production is directed by Marta Rainer, a New York-based director who last presented *Lost in Yonkers* for the Playhouse's 2015 season. It features a talented cast of actors, including Kevin Killavey (most recently seen in "Peter and the Starcatcher" and "A Midsummer Night's Dream") and Elizabeth Swan who returns following her performance in "Dr. Jekyll and Mr.

Hyde." New to the Playhouse are Jeannie McGartland and Dana Block. They are joined by local actor Lynn Dadian who will be making a ghostly appearance.

"The Ghost in the Meadow" is generously sponsored by Kovio's K-9. Tickets range from \$16-\$27, and can be ordered by calling 279-0333 or by using a credit card at [www.winnepesaukeeplayhouse.org](http://www.winnepesaukeeplayhouse.org). There will be a post performance Talk-Back, which is an information discussion with the cast and playwright, on Thursday, Oct. 6.

now needs to live up to its obligation.

As legislators, it is important for us to listen to our constituents. They can offer important perspectives and insight into the decisions we make in Concord and how those decisions impact them in their daily lives.

By the end of the

hearing, the Fiscal Committee agreed to take no action; but rather let the full legislature, when it returns in January, to take up the issue of retiree health. It seems that health care costs will surely continue to rise in the future as will the number of state employees entering retirement, and it is critical that New

Hampshire come up with a solution.

As always, I want to hear from you. If you have a concern you'd like to share, an event you'd like me to attend, or a problem you think I might be able to help with--please call (271-4980) or email (Jeanie.Forrester@leg.state.nh.us).

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## CAPITAL

CONTINUED FROM PAGE A4

For others, it was a fairness issue — a promise made should be a promise kept. From their perspective, they were promised health care in retirement, planned for and counted on that commitment, and the state

OBITUARIES

John M. Corneau, 60

BELMONT — John M. Corneau (“Uncle Buck”), 60, of Belmont, formerly of Northfield, died at Hospice House in Concord on Sept. 28, 2016.

He was born in Franklin on Oct. 18, 1955, the son of George S. Corneau, Sr. and Lillian “Chicky” (Marchand) Corneau. He grew up in Franklin, and later resided in Northfield. He graduated from Winnisquam Regional High School in 1973.

John previously worked at Surrette Battery in Northfield, and for the last 20 years was employed at Walmart in Tilton.

He enjoyed fishing snowmobiling, and off



road ATV’s. John collected remote control cars.

Spending time with his nieces and nephews was always a pleasure for John.

He is survived by a sister, Cheryl Cullen; a brother, George Corneau, Jr.; and many nieces and nephews who lovingly called him “Uncle Buck.”

John was prede-

ceased by his parents; a sister, Bonnie Tilton; and brothers Jim and Bruce Corneau.

Visiting hours will be held Thursday, Oct. 6, 2016 from 5-7 p.m. at Paquette-Neun Funeral Home, 104 Park St., Northfield. A graveside service will be held Friday, Oct. 7 at 10 a.m. in Holy Cross Cemetery, Franklin.

Donations in memory of John may be made to CRVNA Hospice House, 30 Pillsbury St., Concord, NH 03301 or Franklin VNA and Hospice, 75 Chestnut St., Franklin, NH 03235.

For directions and an online guestbook, please visit [www.neun-funeralhomes.com](http://www.neun-funeralhomes.com).



COURTESY

The Belknap Mill Society sends a huge thank you to Granite United Way and all volunteers for an incredibly successful day of project completions during this year’s Day of Caring. More than 50 volunteers descended upon the Belknap Mill in the early morning hours of Friday, Sept. 16.

Belknap Mill Society – A “Day of Caring” success!

LACONIA — The Belknap Mill Society sends a huge thank you to Granite United Way and all volunteers for an incredibly successful day of project completions during this year’s Day of Caring.

More than 50 volunteers descended upon the Belknap Mill in the early morning hours of Friday, Sept. 16! Employees from Gunstock Mountain Resort, Pike Industries and LRGHealthcare and members/players from our local New England Wolves Hockey team were ready and eager to begin the tasks ahead of them. Some of the larger tasks included: painting all heating units, door frames and doors on the 3rd floor, washing the 3rd floor windows and vacuuming the sills, washing all florescent light fixtures throughout the building, organizing the basement, re-orga-

nizing the fourth floor in preparation for new office space and installing new flooring in the third floor storage area.

Materials and supplies were generously donated by True Value Hardware and Sherwin Williams in Laconia and Lowe’s Home Improvement and Walmart in Gilford. All volunteers enjoyed lunch in the newly painted function room, thanks to donations from Shaw’s Supermarket in Belmont and Hannaford’s Supermarket in Gilford.

“Many have commented favorably on the new paint color and sharper appearance of the Rose Chertok Gallery on the third floor. From staff and volunteers to wedding and meeting attendees, the change has been positively received,” stated Jennifer McLean, Program and Events Coordinator for the Belknap

Mill.

The Belknap Mill Society is a 501(c)(3) nonprofit organization whose mission is to preserve the Belknap Mill as a unique historic gathering place and to celebrate the Lakes Region’s cultural heritage through the arts, education and civic engagement. Built in 1823, the Belknap Mill, New Hampshire’s Official Meetinghouse, is the oldest unaltered textile mill in the United States and is recognized on the National Register of Historic Places as a site worthy of preservation. The Society relies on the continued support of donors and its members. To learn more about the Belknap Mill Society, to make a donation or to learn about becoming a member, visit [www.belknapmill.org](http://www.belknapmill.org) or email [operations@belknapmill.org](mailto:operations@belknapmill.org).



COURTESY

Pat Gianunzio, Petal Pushers owner, Tricia Monty, Petal Pushers employee, and Alfred Columb, Belknap House treasurer, ready to plant red maples at Belknap House.

Belknap House is recipient of red Maple trees from Petal Pushers

LACONIA — Belknap House Board of Directors Treasurer Alfred Columb recently received a donation of three red maple trees from Petal Pushers Garden Center. Columb is managing all landscape renewal efforts at the 200 Court Street facility. Old and diseased trees were removed from the property earlier and he was especially thankful for the donation. Petal Pushers owner Pat Gianunzio and employee Tricia Monty planted the trees. The variety, ‘Red Sunset’ is one of the best red maple cultivars available in commerce, with outstanding orange to red fall color. Wholesaler Bailey Nursery provided the trees through their sales representative, Heather Poirer, who works with Petal Pushers. She is also a Belknap House volunteer.

Owned and operated

by Pat & Patty Gianunzio, Petal Pushers has been in business since 1995. Located at 2635 Parade Rd., Laconia, it is a full-service garden center supplying annuals, perennials, shrubs and trees and offering landscaping and garden coaching services. The Gianunzios also provide mulch, their own compost and an enriched garden “Supersoil”. The attractive main building houses tools, organics, fertilizers, pots, decorative items, and antiques. The property includes four large greenhouses, several crop fields, and out buildings for cattle, pigs, and chickens.

Petal Pushers also participates in New Hampshire Gleans. Twice a week during the summer, they contribute 75-85 pounds of vegetables to New Hampshire Gleans for use at local food pantries and soup kitchens.

“Community service has always been important to Petal Pushers,” said Patty Gianunzio. “Pat and I do what we can to help our community. We really wanted to support Belknap House.”

During cold weather months, Belknap House will create safe shelter for homeless families in Belknap County. The shelter will also offer the resources and educational opportunities families need for self-sufficiency. Fundraisers and donations from generous area residents, businesses, and community and religious organizations support the shelter.

Belknap House encourages and welcomes volunteers. To view the current list of volunteer opportunities, please visit [www.facebook.com/belknaphouse/](http://www.facebook.com/belknaphouse/) Donations are an ongoing need. To donate, please go to [www.belknap-house.org](http://www.belknap-house.org).

MCININCH

CONTINUED FROM PAGE A4

the historic building, much of the work of preserving and operating the facility is less obvious. For nearly 45 years, the Mill’s elevator has provided accessibility for all members of the public to the upper levels of the building – in particular, to the event space in the third floor Rose Chertok Gallery. In the last six months the elevator’s operating panel has showed signs of its age. It is the Society’s priority to ensure that the elevator is consistently available for use, so that individuals of all ages and abilities can participate in the

events and programs at the Mill.

Allison Ambrose, President of the Belknap Mill Society, commented on the Mill’s importance as a community and civic center, saying “We are, first and foremost, a gathering place for all members of the Lakes Region community. Our mission is about creating access as much as it is about providing programming. The Society wants to ensure that everyone can experience the culture and history that define our community.”

Preserving the historic Belknap Mill is the work of the entire community. To make a donation to preserve

the Belknap Mill, email [development@belknapmill.org](mailto:development@belknapmill.org) or call 524-8813.

The Belknap Mill Society is a 501(c)(3) nonprofit organization whose mission is to preserve the Belknap Mill as the Lakes Region’s unique historic gathering place and the community’s center for award-winning cultural and educational programs. Built in 1823, the Belknap Mill is the oldest unaltered textile mill in the United States and is recognized on the National Register of Historic Places as a site worthy of preservation. The Society relies on the continued support of donors and its members. To learn more about the Belknap Mill Society, to make a general donation or to learn about becoming a member, visit [www.belknapmill.org](http://www.belknapmill.org).

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# Partnership for Public Health celebrates Youth in Prevention

LACONIA —The Partnership for Public Health, held its 11th annual meeting at Lakes Region Community College on Sept. 22. More than 100 people from around the region listened to presentations by youth from Belmont, Franklin, Gilford and Laconia High Schools. The youth, with help from their advisors, led

peer-to-peer prevention initiatives and developed public service announcements for Motor Vehicle Crash Prevention, Suicide Prevention and Substance Misuse. Reflecting on the youth presentations, one attendee said, "I'm still feeling the powerful experience... I can't express what a great impact it has made on me personally and professionally." The stu-

dent's public service announcements can be viewed at [www.pphnh.org](http://www.pphnh.org).

Health Champion Awards went to: Darcy Ess for her work with the Belmont community in the development of "It Takes a Community" Coalition to ensure that substance misuse prevention supports are in place for youth and their families, In-

terlakes Community Caregivers for their volunteer program which provides supports and services to assist people in accessing healthcare services and Navigating Recovery of the Lakes Region, a newly formed grassroots organization building strategic partnerships to provide recovery services for individuals struggling with substance use disorder.



COURTESY

Students and advisors from Belmont, Franklin, Gilford and Laconia High Schools presented their peer-to-peer initiatives: Motor Vehicle Crash Prevention, Suicide Prevention and Substance Misuse at the Partnership for Public Health Annual Meeting on Sept. 22. at Lakes Region Community College. The student's public service announcements can be viewed at [www.pphnh.org](http://www.pphnh.org).

## Brewster Academy hosting open house Oct. 15

WOLFEBORO —Brewster Academy, on the shores of Lake Winnepesaukee in Wolfboro, invites families interested in learning about independent school education to an Open House on Saturday, Oct. 15 from 9 a.m. – noon.

The morning begins at the Pinckney Boat-house where families will head out on a student-led tour of campus facilities, including classrooms, Anderson Hall and the Grayson Performing Arts Center,

### Faith Trammell named to BJU's Collegiate Choir

GREENVILLE, S.C. —The Bob Jones University music faculty has named Faith Trammell of Sanbornton to the University's Collegiate Choir.

Trammell is a Sophomore majoring in Graphic Design.

The Collegiate Choir is part of BJU's graded choir program and is comprised of mostly sophomores. Auditions for the group are held at the beginning of each semester. At the end of the academic year the singers audition for either the Concert Choir or the University Chorale which are both comprised of upper-classmen and graduate students.

"I'm excited to have a full roster of talented singers this year," said Mr. Fred Coleman, Collegiate Choir director and head of the department of church music at BJU. "We are eager to use choral music to articulate the Gospel and our Christian faith."

On Wednesday, Oct. 26 at 5 p.m., the choir SEE TRAMMELL, PAGE A13



COURTESY

Brewster Academy, on the shores of Lake Winnepesaukee in Wolfboro, invites families interested in learning about independent school education to an Open House on Saturday, Oct. 15 from 9 a.m. – noon.

and the Smith Center for Athletics and Wellness. During a student-faculty panel, families will hear first hand about a day in the life of a Brewster student and will meet faculty, administrators, and coaches.

Throughout the morning, students and parents will learn about curriculum offerings,

including athletics for both the highly competitive athlete and the recreational athlete and performing and visual arts opportunities, as well as the advantages offered in a college preparatory environment.

Let us know you're coming or just drop by. Questions or to let us know you're coming,

call 569-7200 or e-mail us at [admissions@brewsteracademy.org](mailto:admissions@brewsteracademy.org).

Brewster Academy is an international leader in independent secondary education and is widely recognized for its success in using advanced learning and information technologies to accelerate student growth in a vigorous college preparatory environment. Brewster provides its 360 students (grades 9-12 and post-graduate) with a personalized curriculum based on individual mastery and best-teaching practices in a sophisticated technology-rich learning environment.

Brewster Academy is accredited as a secondary school by the New England Association of Schools & Colleges, Inc.



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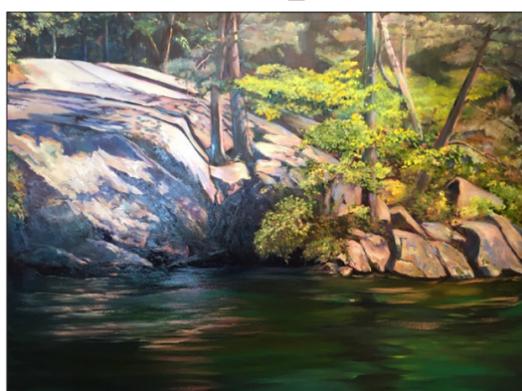


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# Art Association announces oil painting workshops with Carole Keller

TILTON — The Lakes Region Art Association will be hosting an oil painting workshop series with artist, Carole Keller at the LRAA Gallery at Tanger Outlets in Tilton. Beginning Oct. 11, the series will take place on six Tuesdays, from 1-3 p.m. Experienced and beginner oil painters are welcome, and the class size is limited to ten participants. The fee is \$230, and a portion of this fee will support art scholarships for Lakes Region students.

Keller is an award-winning painter, experienced teacher and a juried member of the New Hampshire Art As-



**Jump off Rock, an oil painting by Carole Keller, who will be teaching an oil painting workshop series for experienced and beginner painters.**

sociation as well as the Lakes Region Art Association. She owns Bleu Waves Gallery in Meredith, where she exhibits, teaches and paints. Her

workshops are individualized for the level of each participant, emphasizing ways to “see” color and light and how to portray the emotion of place.

The Lakes Region Art Association, founded in 1940, is a non-profit group providing education and support for local artists, both amateur and professional, in the Lakes Region. Works by local artist members

can be seen at the LRAA Gallery, located at the Tanger Outlets, 120 Lacoconia Rd., Suite 132, Tilton. The gallery represents over 25 artists from the Lakes Region. On display and for sale are original works in oil, watercol-

or, acrylic, photography and mixed media. The Gallery is open Friday, Saturday and Sunday, 10 a.m. to 6 p.m.

For more information or to register for the workshop, email workshops@lraanh.org.

## LRSO Concert features concerto competition winner Nov. 5 at Moultonborough Academy

MOULTONBOROUGH — The Lakes Region Symphony Orchestra (LRSO) invites you to its season-opening concert on Saturday, Nov. 5 at 7:30 p.m. at Moultonborough Academy in Moultonborough. Regular LRSO patrons note the venue change due to the seating renovations at the Inter-Lakes Auditorium.

With our ongoing commitment to promoting music and student musicians, we are honored to feature the first-place winner of our 2016 Student Concerto and Scholarship Competition, violinist Nanako Shirai. Nanako, a senior at Hanover High School, will be performing “Violin Concerto in E minor,” an innovative and dazzling work in three connected movements by Felix Mendelssohn.

Also on the November



**Violinist Nanako Shirai, winner of the LRSO's young musicians concerto competition, performs with the Lakes Region Symphony Orchestra on Nov. 5 at Moultonborough Academy.**

program are Mozart's familiar “Overture to Don Giovanni,” and Beethoven's the energetic and beautiful “Symphony No. 7 in A Major.”

The LRSO concerto competition, now entering its eighth year, has been an exciting successful venture since its inception seven years ago.

Over the years, more than 90 talented middle- and high-school students have auditioned, making the selection process extremely challenging. Students compete for a scholarship and the opportunity to perform with the LRSO each year. This year's first-place winner, Nanako Shirai, is an astounding young violinist and is sure to provide an inspiring performance of Mendelssohn's demanding work.

Nanako began studying violin at the age of six, and is now a senior at Hanover High School and studies with Prof. Peter Zazofsky (New England Conservatory/Boston University). Nanako is a member of the Boston Youth Orchestra and has participated in all-state orchestras both in New Hampshire and in South

SEE SHIRAI, PAGE A9

## 15th Annual LRGH Auxiliary Craft Fair: Together we can make a difference

LACONIA — October is Breast Cancer Awareness Month, and once again, the Lakes Region General Hospital (LRGH) Auxiliary is supporting women in the Lakes Re-

gion with their Annual Fall Craft Fair. Coinciding with Breast Cancer Awareness month, the 15th Annual LRGH Auxiliary Fall Craft Fair is happening on Saturday,

Oct. 15 at Laconia High School from 9 a.m.-3 p.m. Visitors can shop, eat and enjoy with more than 65 crafters in attendance, raffles, bake sale

SEE CRAFT FAIR, PAGE A9

### TOWN OF NORTHFIELD PUBLIC HEARING

#### Proposed Revisions - Highway Ordinance

The Northfield Selectmen will host a hearing to obtain public input on proposed revisions to the Highway Ordinance on Tuesday, October 11, 2016 at 6:00pm in the Northfield Town Hall.

The ordinance may be viewed at the Northfield Town Hall and at [www.northfieldnh.org](http://www.northfieldnh.org)

# Fire Prevention

## October 9th-15th

### Establish a home fire safety plan

People rely on fire and smoke detectors to help keep them safe in their homes. Though fire and smoke alarms are effective, a firm fire safety plan that will keep everyone calm should a fire occur could make the difference between life and death.

The U.S. Fire Administration says that more than 3,500 Americans die each year in fires, while roughly 18,300 more men, women and children are injured each year. Cooking accounts for the greatest percentage of residential fires, followed by arson. Dryer vent fires are also a big concern. FEMA says that smoke, rather than the fire's flames, is responsible for 75 percent of all deaths by fire. In addition to physical injury and material damage, fires can cause a host of problems. Psychological distress, monetary damages and loss of pets may come with fires. Loss of irreplaceable personal items is also a concern. Although fires can be devastating, they're also highly preventable, and smoke alarms and a home fire safety plan are two precautionary measures everyone should take. Creating an evacuation plan doesn't have to be complicated. Such a plan can be established in a few minutes and then reinforced through



### Keeping family members safe from fire involves establishing a fire safety plan.

practice every so often to keep everyone fresh on what to do.

- Begin by assessing the layout of the home. Figure out the two best exits from the home.
- If your home doesn't have two doors, invest in a fire ladder so that one of the windows can be a point of exit.

• Know how to gain access to the exits, including the best path to take to avoid injury. It's a good idea to consider a few different scenarios. A kitchen adjacent to the upstairs staircase may become engulfed in flames and make exit by way of staircase impossible. Just because you have doors to the

outside doesn't mean they'll

- Sketch out the layout of the home and the escape plan. Smoke can make it difficult to know up from down. Be sure everyone can reach the exits

even if vision is obstructed. Try it with your eyes closed.

- Check fire alarms routinely, and change batteries at least every year.
- Make sure windows can be easily opened if they are an exit point.
- Make note of who will be helping children or the elderly out of the home.
- Establish a place where the family will meet outdoors. This area should be far enough away from the home so that everyone will be safe from smoke, flames and falling debris. Fires may ignite fuel explosions, so be sure the meeting spot is a good deal away.
- Children should be instructed to run to the meeting spot immediately without waiting behind for anyone to catch up. No one should reenter the home after

arriving at the meeting spot.

- Do a few practice runs so that everyone will be accustomed to getting out quickly.
- While in most cases it is better to escape and let the fire department extinguish a fire, in the event of a small fire, occupants may be able to stanch it with a personal fire extinguisher. Follow the acronym PASS to properly put out the fire.
  - PULL the pin in the extinguisher.
  - AIM the nozzle or hose at the base of the flames.
  - SQUEEZE the trigger.
  - SWEEP the foam across the fire base; do not just aim in one place.

Fire safety is very important. In conjunction with smoke alarms, a fire safety plan can help everyone get out alive.

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# Civil War historian Dave Decker presents program on Gen. George Thomas at Taylor Community

LACONIA — Civil War historian Dave Decker presents the life and career of Gen. George Thomas, with special emphasis on his unbroken string of victories throughout the Civil War. The lecture is scheduled for Monday,

Oct. 17 at 6 p.m. in Taylor Community's Woodside Building and is free and open to the public. Thomas is well known as the best commander on defense in the war. He twice saved the union army from destruction at Stone's Riv-

er and Chickamauga. After the second battle, the newspapers dubbed him "the Rock of Chickamauga," and President Lincoln called his efforts the most heroic act in the history of the world. Decker has been a

resident of the Lakes Region since 1963. He's a graduate of the University of New Hampshire, majoring in Government, and Boston College Law School. Taylor Community is a not-for-profit Continuing Care Retirement

Community whose mission is to provide the highest quality retirement living options to support the independence, health and dignity of community residents. For more information, visit [www.taylorcommunity.org](http://www.taylorcommunity.org).



General George Thomas

## CRAFT FAIR

CONTINUED FROM PAGE A8

and refreshments. In celebration of the 15th year, one lucky winner will walk away with a \$200 Tanger Pink Card. Proceeds from the event support the LRGHealthcare Breast Health Program.

The craft fair is one example of the support the LRGH Auxiliary provides to LRGHealthcare and the community through volunteerism and philanthropy. Since 1893, the auxiliary has stood shoulder to shoulder with Lakes Region General Hospital providing support—currently the LRGH Auxiliary proudly offers:

Comfort bags for patients having breast surgery



The purchase of new hospital beds, transport chairs, blanket warmers, body scanners, and other equipment as needed. A crisis clothing closet. Annual scholarships.

In addition, the LRGH Auxiliary funds the patient courtesy cart, which transports patients and visitors from

their parking space to the hospital and medical offices; annually, the auxiliary sponsor's hospital fundraising events; the Red Dress Gala, Tanger Fit for a Cure Breast Cancer 5K Run/Walk, golf classic and capital campaigns. Funds for support are raised through sales in the LRGH Auxil-

## SHIRAI

CONTINUED FROM PAGE A8

Carolina as well as in the All New England Music Festival Orchestra.

She has received numerous awards and has been recognized both statewide and nationally by the South Carolina Music Educators Association, the Brevard Music Center Summer Festival, and the National Association for Music Education. Nanako is active in Student Council and gives of her time and musical talents through volunteer work.

This November 5th concert at Moultonboro Academy is the first in the LRSO's 2016-2017 season. Reserve the other dates, back at Inter-Lakes High School, for our exciting season now: Holiday POPS on December 10 and 11 featuring local singer Karen Jordan; March 18, 2017 featuring an original work from local composer Ken Piotrowski, along with Elgar's Nimrod and Dvorak's Symphony No. 9 (New World); April 9 Family Concert features the Select Chorus "Nothing But Treble" from Inter-Lakes High School,

and the LRSO performing the "Young Person's Guide to the Orchestra" by Benjamin Britten. Our season closing POPS concert on May 13, 2017 features the music of Frank Sinatra sung by venerable crooner Michael Gallagan, who graced the stage at our 2015 Holiday POPS concerts. This concert will SELL OUT quickly so please buy your tickets early. Full concert details are at [www.LRSO.org](http://www.LRSO.org).

Tickets are \$15 for adults and \$8 for students college-age and under and are available online at [www.LRSO.org/tickets](http://www.LRSO.org/tickets), or by mail using the order form on that

web page. Discount Season Tickets and Individual Concert Tickets are available online, by mail, or at the ticket booth on Nov. 5. Individual Tickets are available at the following ticket outlets: Innisfree Bookshop and the Mobil station across from the town docks in Meredith; Greenlaw's Music in Laconia; and Bayswater Books in Center Harbor. More information is available at [www.LRSO.org](http://www.LRSO.org). And find us on Facebook at /LRSO1.

LRSO wishes to thank our sponsor Bank of New Hampshire for their gracious support of the Concerto Competition and this performance.

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grams. They participate in the State of New Hampshire's Breast and Cervical Cancer Program (BCCP) and the Susan B. Komen Foundation.

Early detection is the best defense; screening mammograms should begin at the age of 40. Getting an annual mam-

mogram is probably the single most important thing a woman can do to protect her breast health. Mammograms take minutes to do and can be lifesaving. For more information, or to schedule a mammogram, please call the LRGHealthcare Breast Health Program at 527-2940.

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# Franklin VNA offers grief support

FRANKLIN — Franklin VNA & Hospice will be hosting a grief support group on six consecutive Wednesday evenings, from Oct. 12 through Nov. 16. The purpose of this group is to offer grieving individuals a caring environment in which to discuss their loss and grief among people who can empathize with their emotions. The session will be facilitated by Rev. Tobias Nyatsambo, Hospice Chaplain and Rebecca Herr, Hospice Volunteer.

According to Rev. Nyatsambo, "Grief is the greatest pain in life. You cannot get over it, get under it, or get around it. The only way out of it is to go through it. When we experience the death of someone close to us, it is natural and very normal to grieve our loss. Grief lasts longer than most people expect and people who are grieving may need more support than family and friends can provide. It is the goal of Franklin VNA's grief support program

to help those who are experiencing grief to understand their feelings and to work through them in a safe and supportive environment."

"One of the most important factors in healing from loss is the support of other people.

Even people who are usually reticent about their emotions need to share them when grieving," said Rev. Nyatsambo.

A grief support group, Nyatsambo said, "can help the bereaved share their grief and loss, which makes the

burden easier to carry. People who are grieving the loss of a loved one can feel very alone and isolated. Sharing their sorrow with others who have experienced a similar loss can help. A grief support group provides a safe place for people to face their feel-

ings and express them, knowing that the other people in the group will listen and understand because they, too, are struggling with the same emotions."

The sessions are scheduled to begin at 2 p.m. and end at 4 p.m., although if the majority

of the group wishes to change to a later start time that can be done. They will be held at the VNA office at 75 Chestnut St., Franklin.

Pre-registration is required. To register, or for more information, call Nancy at 934-3454.

## New Beginnings honors Domestic Violence Awareness Month this October

LACONIA — New Beginnings is raising awareness and encouraging community participation during National Domestic Violence Awareness Month in October. This year's theme is a powerful one, Awareness plus Action will spur Social Change (Awareness + Action = Social Change). By lifting the voices of victims and survivors and providing opportunities to all those who want to progress the movement, we will create the social changes that eliminate violence for all.

The statistics continue to show how much domestic violence negatively impacts our local communities and the overall safety of the nation. One in four women will be the victim of domestic violence at some point in her lifetime, and, on average three women are killed every day at the hands of a current or former intimate partner.

"While physical marks may often be the most obvious signs of the harm caused by domestic violence, the true extent of the pain goes much deeper. Victims not only face abuse, but often find themselves left with significant financial insecurity," writes President Obama in his official proclamation.

The economic downturn has had a devastating effect on local programs working to serve survivors of abuse. While a bad

economy does not cause domestic violence, it can make it worse. At the same time, there are fewer options for survivors to escape. According to the 2012 Mary Kay Truth About Abuse Survey, nearly eight out of ten domestic violence shelters nationwide reported an increase in women seeking help, while the vast majority experienced decreases in funding.

Last year, New Beginnings served 927 victims and survivors while providing shel-

ter to almost 50 women and children fleeing violence. That is, 927 mothers, fathers, sons, daughters, brothers, sisters and friends. But you can make a difference in their lives! By participating in awareness events throughout the month of October you can become the change we hope to see. On Oct. 19, starting at 11 a.m., our organization will be raising awareness at the Lakes Region Community College cafeteria with brochures and representatives from New

Beginnings to answer your questions. National #PurpleThursday is Oct. 20, show your support for victims of domestic violence by wearing purple. Members of the healthcare community will find Oct. 12's Health Cares About Domestic Violence Day especially helpful. This nationally-recognized day raises awareness and educates healthcare professionals about healthy relationships and how to offer referrals to domestic violence advocates.



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Magdalana Grace Siegel

### Taylor Community announces Elder Lecture Series: "Honoring Our Wisdom"

LACONIA — Magdalana Grace Siegel is a consultant with many years' experience as a therapist, with offices in Newburyport and Boston. Her unique elder lecture series, "Live, Learn & Pass It On with Magdalana" consisting of 10 topics is designed

to support the emotional well-being of elders living in residential settings.

This first of her lecture series, "Honoring Our Wisdom," discusses people being able to accept themselves without diminishing or eroding their self-worth; claim-

ing and celebrating seasoned knowledge and the threads of wisdom that have woven into their lives.

The lecture is scheduled for Friday, Oct. 14 at 2 p.m. in Taylor Community's Woodside Building. It is free and open to the public.

Taylor Community is a not-for-profit Continuing Care Retirement Community whose mission is to provide the highest quality retirement living options to support the independence, health and dignity of community residents. For more information, visit [www.taylorcommunity.org](http://www.taylorcommunity.org).



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# Central New Hampshire VNA & Hospice kicks off centennial year

MEREDITH — Last Wednesday evening, in front of a packed room of friends and supporters at Church Landing in Meredith, Margaret Franckhauser kicked off Central New Hampshire VNA & Hospice's Centennial Year. Noting that the agency originated in Wolfboro during World War I to help injured soldiers returning home and to help provide community services for the Spanish Flu epidemic which had hit New Hampshire by 1918. The agency has seen many iterations and much growth over the last 100 years and now provides services throughout the entire Lakes Region of New Hampshire.



Left to right: Alida Millham congratulates Scott Clarenbach on his "Millham Leadership Award."

During the celebration, two outgoing trustees were recognized for their ser-

vice to Central New Hampshire VNA & Hospice. Mike Lavalle and Board Chair Bill

Schwidder have both fulfilled their terms and are stepping off of the Board. Jared Price

is taking on the role of Board Chair and Mark Edelstein and Corrine Smith were welcomed as new Trustees.

During the evening's program, three individuals were recognized. The Shirley Bentley Outstanding Clinician award was given to Hospice Nurse Donna Tondreau, The Leavitt/Knight Volunteer of the Year Award was given to Peter Cassell and the Alida Millham Leadership Award was presented to Scott Clarenbach.

The program was capped off with a wonderful presentation by Professor Molly Dorsey of the University of New Hampshire.

Professor Molly Girard Dorsey is an associate professor of History and core faculty member in Justice Studies at the Univer-

sity of New Hampshire. She teaches classes on the history of medicine, legal history, and war & society. She has published a book on chemical warfare in World War I and is working on a project on the integration of civilian professionals, including nurses and doctors, into the modern American military. Professor Dorsey took a look back on the last 100 years with her presentation titled, "Major Events in Medicine and their Relationship with Community Healthcare...100 Years and Counting."

### About Central New Hampshire VNA & Hospice

The Mission of Central New Hampshire VNA & Hospice is "Promoting dignity, independence, and

well-being through the delivery of quality home health, hospice and community-based care services." Central New Hampshire VNA & Hospice has served Lakes Region communities since 1918 and provides Home Care (nursing and rehabilitation services in the home); Pediatric Care (direct health care, education and support services for children and families); and a comprehensive, team-based Hospice program. Central New Hampshire VNA & Hospice is a not-for-profit, Medicare-certified provider of home care and hospice services, licensed by the State of New Hampshire. The agency is governed by a volunteer Board of Trustees and supported by private and corporate donations.

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# The Pink Movement comes to Tanger Outlets

*Support Breast Cancer Research Foundation & LRGHealthcare when you shop and save*

TILTON — This fall, Tanger Outlets is offering its shoppers a way to join the fight against breast cancer with its annual PinkSTYLE campaign through Oct. 31. In addition to great deals on the latest fashions, the center will also be hosting the Eighth Annual Fit For A Cure 5K Run/Walk on Oct. 2.

As part of Tanger's fundraising efforts, shoppers can purchase a 25 percent Unlimited Pink Savings Card. The cards are available for a \$5 donation, and they can be used on any one item at participating stores, per day. Card holders can shop with Pink Power and save stylishly as many times as they would like during the month of October. Shoppers can also visit TangerOutlets.com to purchase a \$5 Pink Savings Card.

Pink Savings Card proceeds will benefit Breast Cancer Research Foundation (nationally)

and LRGHealthcare's Celebrate Hope. Celebrate You Fund (locally). Tanger Outlets Tilton is excited to announce Brooks Brothers Factory Store, Banana Republic Factory Store, Polo Ralph Lauren Factory Store, J Crew Factory, Old Navy Outlet, Under Armour, Eddie Bauer Outlet and Tommy Hilfinger are a few of the participating stores accepting the Pink Cards. For a complete list of participating stores, visit Shopper Services.

"At Tanger Outlets, we take the fight against breast cancer personally and are committed in our continued support of breast cancer awareness and research," said Steven B. Tanger, President and Chief Executive Officer of Tanger Factory Outlet Centers, Inc. "Together with our shoppers and retailers during the month of October, we all have the opportunity to be part of the solution to

end breast cancer."

About the Breast Cancer Research Foundation® (BCRF)

Since being founded in 1993 by Evelyn H. Lauder, BCRF has raised more than half a billion dollars for lifesaving research. Through a unique and streamlined grants program, they seek out the brightest minds in science and medicine and give them the necessary resources to pursue their best ideas. As a result, researchers are able to make discoveries and design new approaches to address all aspects of breast cancer—and do so in record time. In 2015-2016, BCRF will award

\$48.5 million in annual grants to over 240 scientists from top universities and medical institutions around the globe. In addition, \$5.4 million has been committed to the international Founder's Fund project focused on metastasis. BCRF is the highest rated breast cancer organization in the U.S. with an A+ rating from Charity Watch and 4 out of 4 stars from Charity Navigator. For more information, please visit: [bcrcure.org](http://bcrcure.org).

**About**

**LRGHealthcare®** LRGHealthcare is a not-for-profit healthcare charitable trust representing Lakes

Region General Hospital, Franklin Regional Hospital, and affiliated medical providers. LRGHealthcare's mission is to provide quality, compassionate care and to strengthen the well-being of our community. For more information visit: [LRGH.org](http://LRGH.org).

**About Tanger Factory Outlet Centers, Inc. (NYSE:SKT)**

Tanger Factory Outlet Centers, Inc. is a publicly-traded REIT headquartered in Greensboro, North Carolina that presently operates and owns, or has an ownership interest in, a portfolio of 43 upscale outlet shopping cen-

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## 23rd Annual FSB Charity Softball Tournament raises \$6,200 for local charities

*Winni Grille crowned tournament champions*

FRANKLIN — A total of 13 teams ran the bases to support two local organizations at the 23rd Annual FSB Charity Softball Tournament held September 14 – 20 at Odell Park in Franklin. The event raised \$6,200 which will be donated to Greater Tilton Area Family Resource Center and HOPE for NH Recovery's Franklin Center.

Winni Grille was crowned champions of this year's tournament, followed by Sisti Law Office and Sanel Auto Supply at second and third, respectively. A total of 13 teams participated in the tournament, including PatrAngie, Franklin Savings Bank, Twisted Tea, Sisti Law Office, Winni Grille, Local Provisions, Sanel Auto Parts, Byron

Septic, Big Jim's Home Improvement Center, Gale Insurance, Patrick's Pub & Eatery, SKR Site Services and Scared Hitless.

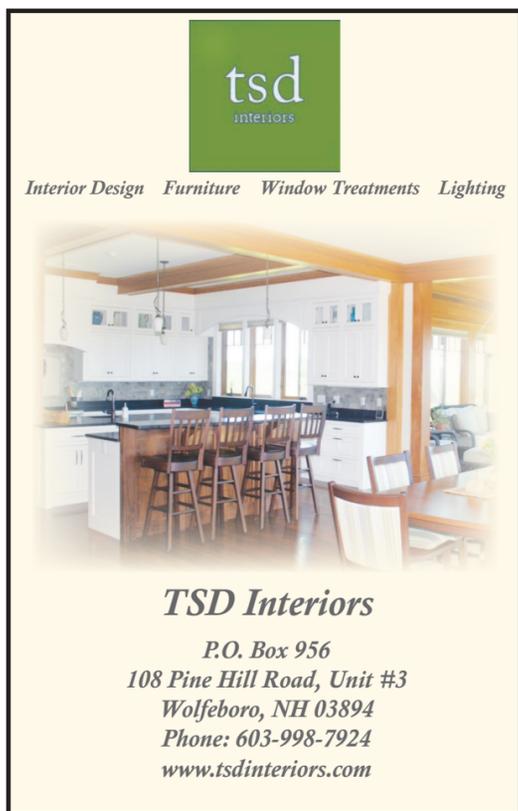
The Greater Tilton Area Family Resource Center is a non-profit organization whose purpose is to strengthen and empower families throughout the Greater Tilton Area by promoting health, well-being and self-sufficiency through positive relationships, support, collaboration and education. HOPE for NH Recovery is a wellness provider, offering free long-term peer support to help individuals and families manage the chronic disease of addiction. With six centers located in Berlin, Derry, Newport, Claremont, Manchester and Concord, the organization is working tirelessly to solve addiction in New Hampshire.

array of commercial lending, retail banking and investment services throughout the Central Lakes Region and southern New Hampshire. Headquartered in Franklin, the Bank has offices in Bristol, Boscawen, Tilton, Laconia and Gilford, as well as an office in Bedford for business lending. Franklin Savings Bank also offers investment, insurance and financial planning services through its wholly-owned subsidiary, Independence Financial Advisors, from offices in Franklin, Bedford, Nashua and Rochester. As a recognized leader in providing the latest in financial services technology, Franklin Savings Bank remains committed to serving the needs of businesses, families and the communities it serves, through a dedicated team of employees, a diverse line of financial products and services, and continued investment in emerging technology.

Since 1997, the FSB Annual Charity Softball Tournament has raised more than \$73,200 for countless charities throughout the Central Lakes Region.

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You can learn more about Franklin Savings Bank by calling 1-800-372-4445, or visiting [www.fsb-nh.bank](http://www.fsb-nh.bank), [www.facebook.com/franklinsavingsbank](http://www.facebook.com/franklinsavingsbank), or [www.linkedin.com/company/franklin-savings-bank](http://www.linkedin.com/company/franklin-savings-bank).



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# Meredith Village Savings Bank, Merrimack County Savings Bank and MillRiver Wealth Management sponsor 2016 NH Pumpkin Festival

LACONIA — The three subsidiaries of New Hampshire Mutual Bancorp are together supporting the 2016 New Hampshire Pumpkin Festival to be held in Laconia on Saturday, Oct. 22. Meredith Village Savings Bank (MVSb), Merrimack County Savings Bank (the Merrimack) and MillRiver Wealth Management will be this year's pumpkin tower sponsors.

Sponsor Executives, Philip Emma, President of Merrimack County Savings Bank, Paul Provost, President of MillRiver Wealth Management, Rick Wyman, President of Meredith Village Savings Bank and Sam Laverack, President and CEO of NH Mutual Bancorp recently met with Karmen Gifford, President of the Lakes Region Chamber of Commerce, to discuss plans for the upcoming event.

"The Pumpkin Festival, which moved to Laconia last year, is community-based event that attracts visitors from all over New England. We're thrilled to have such community-centered organizations involved," said Gifford. "The organization that founded the NH Pumpkin Festival confidently turned the event over to the team in the Lakes Region this year. We're excited to have the opportunity to further develop the family offerings and better advertise the event."

Emma, Provost, Wyman and Laverack noted that they were excited to step in to sponsor the tower — a sponsorship that was previously held by national companies.

"MVSb, the Merrimack and MillRiver are steeped in nearly 150 years of supporting the local community," said Laverack.

"Families and businesses throughout the region will be attending the event. It's wonderful knowing our support will contribute to the enjoyment of so many," said Laverack.

The Chamber expects upwards of 40,000 attendees.

"Visitors will see 20,000 jack-o-lanterns,



Left to right: Karmen Gifford, President of Lakes Region Chamber, Kim Lesnewski (in the Pumpkin Costume), Teller Supervisor, Eric Petell, Assistant Vice President, Branch and Business Development Manager, Sam Laverack, President and CEO of New Hampshire Mutual Bancorp, Paul Provost, President of MillRiver Wealth Management, Philip Emma, President of Merrimack County Savings Bank and Rick Wyman, President of Meredith Village Savings Bank at the MVSb Office at 379 South Main St. (Route 106) in Laconia.

and get to select from more than 80 food and craft vendors. This year will also include amusement rides, a grand parade, haunted attractions, scenic train rides, games, live entertainment and a 5K and 10K road race."

"The Pumpkin Festival is a New England tradition," added Gifford. "We're grateful to MVSb, the Merrimack and MillRiver. Their support helps us give even more to our visitors."

The New Hampshire Pumpkin Festival was previously held in Keene from 1991 through 2014, before the Lakes Region Chamber volunteered to host the 2015 event in Laconia.

The Lakes Region Chamber of Commerce advances and promotes the commercial, industrial, service, professional, tourism and retail interests of the Lakes Region in Central New Hampshire. The mission of the Chamber is to provide services to its members and to promote the area. The Lakes Region Chamber consists of businesses representing the towns of Alton, Andover, Barnstead, Belmont, Bristol, Center Harbor, Franklin, Gilford, Gilmanton, Hill, Holderness, Laconia, Meredith, Moultonborough, New

Hampton, Northfield, Salisbury, Sanborn-ton, Sandwich, Tamworth, Tilton, Tufton-boro, Weirs Beach and Wolfeboro.

New Hampshire Mutual Bancorp (NHMB), a mutual holding company, was formed in 2013 when two New Hampshire-based community banks, Meredith Village Savings Bank and Merrimack County Savings Bank, formally affiliated — the first relationship of its kind in New Hampshire. This strategic partnership has positioned the Banks to leverage each other's strengths as they work together to advance a shared vision of maintaining and enhancing their community banking standards and values. MillRiver Wealth Management joined as a third subsidiary of NHMB in 2015, combining the financial advisory divisions of MVSb and The Merrimack. NHMB combined assets total nearly \$1.6 billion.

For nearly 150 years, Meredith Village Savings Bank (MVSb) has been serving the people, businesses, non-profits and municipalities of Central New Hampshire. MVSb and its employees are guided by the values of accountability, mutu-

ality, excellence, respect, integrity, teamwork and stewardship. To learn more, visit any of the local branch offices located in Alton, Ashland, Center Harbor, Gilford, North Hampton, Laconia, Meredith, Moultonborough, Plymouth or Wolfeboro, call (800) 922-6872 or visit mvsb.com.

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## TRAMMELL

CONTINUED FROM PAGE A7

will sing a recital in War Memorial Chapel on the BJU campus. On Nov. 11, the choir will participate in the Upstate Intercollegiate Choral Invitational Festival on the campus of Southern Wesleyan University in Central, South Carolina. Additionally, the choir will perform Christmas music "mini-concerts" throughout the day on Friday, Dec. 9, at the Biltmore Estate in Asheville, N.C.

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DONNA RHODES

Miss New Hampshire Caroline Carter and Miss Littleton Area Emma Bogardus held the ribbon for the Tanger Fit for a Cure 5K last Sunday as race winner Sandu Rebencive crossed the finish line.



DONNA RHODES

Miss New Hampshire and other state pageant winners were joined by members of LRGHealthcare to fire hand cannons filled with pink smoke as the annual Tanger Fit for a Cure 5K got underway last Sunday morning.



DONNA RHODES

A large group of Franklin High School students came together as Team Sisco for the annual Tanger Fit for a Cure 5K last Sunday where they showed their support for a teacher battling cancer.

**TANGER**

CONTINUED FROM PAGE A1

along with words of encouragement like "Hope, Fight, Live."

Businesses, civic groups and local athletes from several schools formed teams once again to also show their support or pay tribute to loved ones.



DONNA RHODES

Eric Proulx, General Manager of Tanger Outlet Center in Tilton, posed with the Belmont High School Girls Varsity soccer team, who took home this year's Coach Amy Dutton Team Spirit Award in the Tanger Fit for a Cure 5K. Dutton was their coach before she lost her battle with cancer.

A large contingency from Franklin High School proclaimed themselves to be "Team Sisco" in support of a teacher fighting cancer, while athletes from Winnisquam Middle School's field hockey team and

SEE **TANGER**, PAGE A15

**TRAIL**

CONTINUED FROM PAGE A1

tea are available. More than 60 auction items will be offered through both a silent and live auction. Tickets are \$20 and can be easily purchased through <https://www.eventbrite.com/e/tastes-of-the-trail-2016-tickets-27227999680> or at the Tilton Town Hall, Northfield Town Hall or the Franklin Savings Bank. Funds raised through



Taste of the Trail are used for maintenance and expansion of the River Trail. Federal and state funds have been received for the first three

sections of the trail covering 80 percent of the costs. The remaining 20 percent cost has been raised by the volunteer group Winnepesaukee River Trail Association (WRTA) through grants, private donations and fundraising.

The Winni Trail is accessible through Franklin, Tilton or Northfield. The Franklin to Northfield section is 3.1 miles, and starts and finishes at either the train trestle on Central Street in Franklin or behind the Northfield train station on Park Street. After leaving the Northfield

train station, the trail weaves through downtown Tilton and picks up at the Salmon Run Conservation Area. This section is 1.2 miles and ends at Route 140 in Tilton. Future plans include the continuation of the trail from Route 140 to Silver Lake Road where it would meet Belmont's new section and then on to the WOW trail in Laconia.

For questions, contact [tasteofthetrail@gmail.com](mailto:tasteofthetrail@gmail.com), visit [www.winnirivertrail.org](http://www.winnirivertrail.org) and friend us on Facebook at Winnepesaukee River Trail Association.

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**DRUG BUST**

CONTINUED FROM PAGE A1

cocaine sales in the town just a few years ago.

During the stop, Trott also learned that plates on the second vehicle, a Toyota pick-up truck, had been revoked and the female driver, 21-year-old Cre Clay of 2 Spaulding St. in Nashua, was also driving after

suspension.

Clay was arrested on the scene and charged with those violations along with an additional charge of disobeying an officer.

Trott impounded the two vehicles as he awaited a search warrant that later revealed drugs in both vehicles, along with a large amount of cash and a handgun that was reported stolen in

Massachusetts.

"We're still trying to figure out where that piece of this arrest (the handgun) is going to lead us," Cormier said.

Where the rest of the case will lead however will be straight to the U.S. Attorney's Office where Cormier said they intend to seek federal charges against the pair.

In the past month

Tilton Police Detectives have received 17 indictments for felonies, nine of which involved heroin and methamphetamine. They also put a recent halt to an organized retail crime ring that had been traveling to shopping malls across the state and making off with thousands of dollars in merchandise.

"I expect the next month's records will

show it was just as busy," said Cormier. "We are out to send the message that we will not tolerate drugs and retail crime in this area."

While many of those indictments are due to the hard work of the detectives, last week's arrest by patrol officers was just as important in getting that message out to the public.

"This was all due to

a uniformed officer's attention to detail and the willingness all of them to put in that extra effort each and every day. I'm just as proud of the patrol officers, too, for all they do," said Cormier.

Last week's case is still under investigation and anyone having additional information on it is asked to contact Tilton Police Detectives at 286-8207.

**TANGER**

CONTINUED FROM PAGE A14

Belmont's varsity girls' soccer squad walked in memory of their beloved coach, Amy Dutton, who they both lost two years ago to breast cancer.

The overall winner of this year's 5K race

was Sandu Rebencive of Webster who crossed the finish line with a time of 17:06. Northfield runners Kyle Mann and Michael Roy followed in second and third, Chris Abbott of Sanbornton was fourth and Scott Hinds, also of Northfield, rounded out the Top Five.

For the ladies the

top runner was Weare resident Nicole Richardson, who also placed 10th overall with her time of 21:12. In second was Faith Gosselin of Sanbornton while Tamworth's Jessica Mason crossed the line in third for the women's division. In fourth was Audrey Beaulac of Manchester

and Mackenzie Snow of Sanbornton came home in fifth place.

There was little question as to which group would take home the Coach Amy Dutton Most Spirited award this year. Determined to win the award memorializing their coach, the seniors of the BHS varsity girls

soccer team cheered the whole distance, making their enthusiastic support for cancer patients everywhere heard loud and clear.

LRGH's new CEO Kevin Donovan was on hand for his first ever Fit For a Cure 5K and said he was glad he could witness it all.

"I'm very happy to see the huge support out here today for the hospital, the patients and their families. We really appreciate all that Eric (Proulx) and the entire Tanger Outlets Family do each year to help us out. This is a really terrific community," Donovan said.



DONNA RHODES

Winnisquam Regional Middle School teacher Jordan Richardson bravely took a turn in the dunk tank during last Friday's Fall Family Fun Festival.



DONNA RHODES

Brian Sweetser of The Loft at Tilton Sports Center looked on as Hunter Finemore tried some of the physical challenges Sweetser brought to the Winnisquam Regional Middle School's Fall Family Fun Night last Friday.



DONNA RHODES

Winnisquam Regional Middle School sixth grader Ben Gloddy had fun riding a bike on the Pump Track provided by Highland Mountain Bike Park at last Friday's Fall Family Fun Festival.



DONNA RHODES

Ten-year-old Zachary was the first raffle winner to select from great fall and Halloween prizes during the Winnisquam Regional Middle School's Fall Family Fun Festival last Friday evening.

**WRMS**

CONTINUED FROM PAGE A1

jumped in on the fun by setting up booths with information and WRMS Principal Rob Seaward roamed the grounds with his microphone interviewing some of those participants. Among them were the PTO members, who were selling WRMS bandanas, sweatshirts and hats, and the Greater Tilton Area Family Resource Center, which offered some useful information on all they have to offer for local families in crisis or need.

Tilton Sports Center and The Loft had some great exercise challenges on hand, too. Heavy-carry challenges, muscles stretching devices and some tough rope exercises showed everyone a few of the many opportunities available for getting fit at the center.

Highland Mountain Bike Park set up an array of cycling courses on the fields with loaner bicycles for everyone to experience and a new shop coming to Franklin next month, Outdoor New England, displayed kayaks and stand-up paddle boards that will soon be for sale or rent. The most popular item from the new business however was their One-Wheel Hover Boards, which all the students eagerly waited to test drive.

People also lined up to take rides around the school campus in the back bed of an M-939 5-ton military vehicle, festooned with some fun blue lighting for the event.

Food was another big factor in the night. The many athletic teams of WRMS offered grilled hot dogs, pizza, chips, cotton candy and popcorn along with a great variety of baked goods. All sales helped support sports programs at the school.

Assistant Principal Michael Bryant, who served as DJ for the evening, provided the background music that made sure everyone was enjoying themselves, playing popular tunes such as "Up-town Funk" and Katy Perry's hit "Eye of the Tiger" as the fun progressed.

Topping off the fes-

tivities were ongoing free raffles where lucky ticket holders were able to select from fresh pumpkins, Halloween makeup, costume accessories and other assorted prizes.

The man behind all the annual fall fun was teacher Robert McNutt who devised the idea for the family festival night six years ago.

"I thought something like this would be a great community builder where students, parents, faculty and residents could all come together for the night," he said. "It's grown over the years from the few games we offered at first to local businesses joining us now, too, and it just a lot of fun for everyone."



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## SPORTS

THE WINNISQUAM ECHO

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## Bears continue to roll, get past Epping in four sets

BY JEFF LAJOIE

jlajoie@salmonpress.com

TILTON – A hiccup in the third set proved to be one of the few times the young Winnisquam Regional High School volleyball team has faced adversity this season. But like they have throughout the early portion of the schedule, the Bears rebounded, finishing the job to continue their hot start to 2016 last week.

Visiting Epping came charging back in the third frame to keep the match alive, but host Winnisquam made the necessary adjustments and finished strong in a 25-17, 25-15, 23-25, 25-13 win to continue its undefeated start to the season on Sept. 28.

Winnisquam (9-0 entering this week) led 19-12 in the third set, just six points from a routine 3-0 sweep of another overmatched opponent. But the Blue Devils (5-



JEFF LAJOIE

Winnisquam senior Nicole Matcheski fires the ball over the net in the host Bears' 3-1 win over Epping on Sept. 28. Matcheski finished with four kills in the victory.

3) answered with an 8-0 some hot serving to secure a 25-23 win and pro-



JEFF LAJOIE

Sophomore outside hitter Shannon Goodwin recorded a whopping 26 kills in leading Winnisquam to a 3-1 victory over visiting Epping on Sept. 28.

long the match.

"We're up 19-12 and then we made some mistakes and the momentum shifted," explained Winnisquam head coach Mike Livernois. "Part of it was, a young team, we saw the score and let up a bit. And then Ep-

ping poured it on. Those mistakes all count, and they can add up over the course of a match. It was a good lesson for this team to learn not to let up."

The Bears took control midway through the fourth set, with Aubrey

St. Onge's ace putting Winnisquam on top for good, 9-8. A big service run from senior Nicole Matcheski kept things going, and kills from Shannon Goodwin and Meghan Harmon were eventually followed by an ace from Talia DeBlasie to set up match point. Goodwin finished it out, slamming home one of her 26 kills to seal the deal, 25-13.

"I was happy we were able to turn it back around in the fourth game after that stumble (in the third)," admitted Livernois. "It's still a really young team and it's a learning process. People see the standings now, they see where we are and how we've been successful through these learning processes. We're getting everyone's best shot so to come out with another win, I'm pleased with the way the girls have stepped up."

Goodwin continued her monster start to the season, as the sophomore outside hitter added 16 digs to go with the impressive 26 kills. DeBlasie dished out 28 assists, seven kills, five

SEE VOLLEYBALL, PAGE B3

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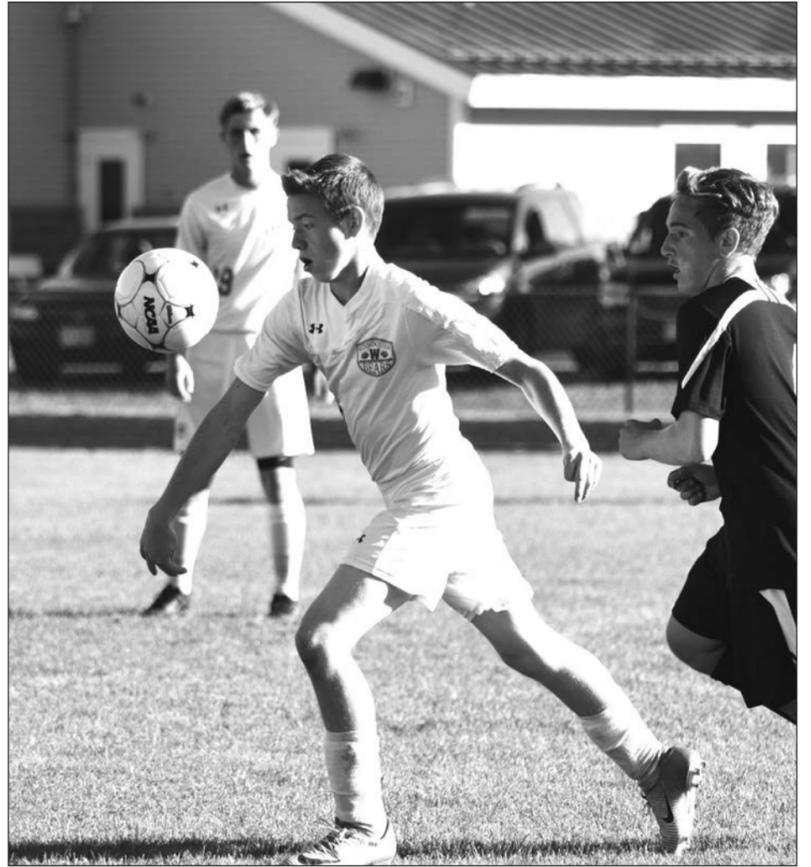
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JEFF LAJOIE

Winnisquam's Caiden Gamble tries to beat a Prospect Mountain player to the ball in the Bears' 6-0 loss in Division III action on Sept. 29 in Tilton.



JEFF LAJOIE

Mark Sotherden of Winnisquam tries to trap a bouncing ball in front of a Prospect Mountain player in action on Sept. 29.

# Bears can't keep pace with high-powered Prospect Mountain

BY JEFF LAJOIE

jlajoie@salmonpress.com

TILTON – The offensive struggles continued for the Winnisquam Regional High School boys' soccer team last week, as visiting Prospect Mountain showed why its a perennial Final Four participant with a convincing 6-0 victory over the host Bears on Sept. 29.

Prospect Mountain (7-3) took a 1-0 lead just 8:30 into the first half. Doug Krivitsky notched the game's opening strike, heading in a cross from Jesse Dejager on the back post for a highlight reel tally.

Winnisquam struggled to keep the high-powered Timberwolves off the board, and PM struck again with 18:50 remaining in the first half. Travis Stockman pounced on a loose ball that deflected off a scrum of players, and his blast from 20 yards out beat Winnisquam goalkeeper Trevor Gray to make it 2-0.

The Bears settled in from there, using the play of defender Scott Hinds and midfielder Connor Young to calm the storm. But PM had one goal left in it before intermission, and Andy Hamilton finished a cross from Jonah Dudzik with 8:45 to play, pushing the advantage to 3-0 entering the break.

Winnisquam was unable to generate much offense in the second half, as the

Bears struggled to find top target Eddie Gallien up front. The Timberwolves put the game out of reach with three more second half strikes, including a penalty kick that Dudzik buried with 30:20 to play after the

Bears were whistled for a foul in the box.

Winnisquam's best scoring chance of the day came when Eric Young's shot on a bouncing ball from close range was just wide of the PM goal with 27:45 to play.

The T-Wolves answered with two late tallies just 1:40 apart, as Matt Sepulveda and Zack Dwyer found the back of the net to account for the 6-0 victory.

Gray recorded 13 saves in the Winn-

isquam net, while the midfield tandem of Caiden Gamble and Mark Sotherden hooked up for several nice give-and-gos in the second half.

The Bears got into the win column for the first time on Saturday

however, as they outdueled rival Franklin, 3-1, to improve to 1-9 overall on the season. Winnisquam continues its regular season slate with road games against Belmont and Mascoma Valley this week.



JEFF LAJOIE

Winnisquam sharpshooter Richard Estes scored a pair of first half goals in leading the Bears to a 4-2 victory over Gilford last week.



JEFF LAJOIE

DJ Aldridge of Winnisquam concentrates with possession of the ball in action against Gilford last week.

# Unified Bears sneak past Gilford, 4-2

BY JEFF LAJOIE

jlajoie@salmonpress.com

GILFORD – In a rematch of a high-scoring season opener, the Winnisquam Regional High School unified soccer team got the better of host Gilford High School last week.

While the two teams played to a thrilling 5-5 tie in the first game

of the season back on Sept. 6, it was the visiting Bears who broke a tie score at halftime in the rematch, putting a pair of goals into the back of the net to earn a 4-2 victory on Sept. 26.

Winnisquam (3-0-1) took a 1-0 lead in the first quarter, as sharpshooter Richard Estes tallied with 5:00 left to

give the Bears a quick lead.

Estes would double the lead with 8:45 left in the second quarter, as he blasted a shot on a breakaway into the net for a 2-0 advantage.

The host Eagles (2-1-1) settled into the contest after the 2-0 deficit, and just 1:25 after

Estes scored, Gilford answered when James Teunessen cut the lead in half at 2-1 with a goal of his own.

With the clock winding down before halftime, Gilford's Marina Baer tied things up with 3:50 to play. She took a feed from Dani Lou Cote, dribbling

in and scoring to tie things up at 2-2 entering intermission.

The Bears would find the winning combination in the second half however, scoring twice and holding the Eagles off the board to secure the key 4-2 road win and remain undefeated.

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# Raiders edge Newfound, fall to Gilford

BY JEFF LAJOIE

jlajoie@salmonpress.com

BRISTOL – The chances were there, but the goals weren't until senior Logan Wilder broke through with the lone tally of the game to lift Belmont High School past host Newfound Regional High

School, 1-0, in Division III boys' soccer action last week.

With the game scoreless and the clock winding away, the Red Raiders finally cashed in on one of their countless opportunities. Senior Ryan Gelinis set up his classmate with a

the strike, and the goalkeeping of senior Jonny Leclair (four saves) along with the Belmont defense did the job from there to secure the 1-0 victory – the team's eighth win of 2016.

On the same day the Raiders edged Newfound Regional High School, 1-0, in Division III boys' soccer action last week. SEE SOCCER, PAGE B3

# Raiders split pair of final matches behind Antonucci, Robarge

BY JEFF LAJOIE

jlajoie@salmonpress.com

CANTERBURY – In the regular season finale at Canterbury Woods Country Club, the Belmont High School golf team snagged a second-place finish via tiebreaker, edging out Kearsarge while falling to Bow to wind up with a final regular season record of 8-18 in Division III.

Bow was the runaway winner behind medalist Doug Champagne's 36, as the Falcons carded a total of 155. Belmont and Kearsarge tied with 195, though the Raiders won the tiebreaker thanks to their fifth scorer, Will Robarge (51), posting a better score than Kearsarge's fifth scorer.

Senior Nicole Antonucci had the top score of any Belmont golfer on the day with a 47, one shot better

than teammate Karley Towne's 48. Also scoring for the Raiders were Wyatt Paquin (50) and Trevor Hunt (50), while Michael Marrone (53) and Hunter Davies (61) also competed.

Earlier in the week at Hidden Creek in Litchfield, the Raiders also split a three-school match. Host Campbell finished first with a 173, while Belmont was next at 188 and Laconia took third at 200.

Robarge shared medalist honors on the day, as the freshman carded an impressive round of 43 to finish in a tie with Campbell's Cole Ryan and Dillon Mason.

Antonucci was the team's second scorer with a 47, while Hunt (48), Paquin (50), and Marrone (50) all played well on the day.

This final week of competition for the Raiders features tournament golf at Wauke-



JEFF LAJOIE

Belmont senior Nicole Antonucci watches her tee shot during a round at Canterbury Woods Country Club last week. Antonucci was her team's top scorer in the regular season finale against Bow and Kearsarge, shooting a 47.

wan Golf Club in Center Harbor on Oct. 3 (Inter-Lakes Classic) and Oct. 6 (NHIAA Division III state championship).

## SOCCER

CONTINUED FROM PAGE B2

found, the girls' team picked up one of their best wins of the season with a 3-1 victory at home over D-III newcomer Derryfield School.

Sarah Chase, Chloe Sottak and Katie Gagnon all tallied in the win for the Raiders, which improved to 5-3-1 on the year. Goalkeeper Mariah Watson allowed just the single tally against in picking up the victory between the pipes.

The two BHS squads split homecoming games with rival Gilford on Saturday, as the girls' team picked up a 3-0 victory while the boys' side dropped a 2-0 deficit to the Eagles.

Leclair recorded five saves in net against Gil-



RC GREENWOOD

Belmont's Derek Stevens evades a Newfound player during the Red Raiders' 1-0 victory on the road in Bristol last week.

ford, which scored both goals in the first half and held on despite a

flurry of chances from the Raiders (8-2-1) in the second half.

## VOLLEYBALL

CONTINUED FROM PAGE B1

aces and three digs, while St. Onge tossed in four assists and nine digs. Matcheski (four kills, nine digs), Kerry Boyle (four digs), Madison Skeats (seven digs), and Harmon (two kills, two blocks) all had their fingerprints on the victory.

While Goodwin has been a dominant force during the early going, Livernois lauded the play of St. Onge, who has stepped right into the lineup and provided plenty of versatility – everything from setting to defending and the occasional offensive burst.

"She's really covered the middle of the floor for us and done a nice job. A lot of her contributions don't show up in the stats, either," Livernois said.

The Bears have another big week ahead of them, with matches against Moultonborough, Newfound and Belmont on the docket as they look to stay atop the NHIAA Division III standings. Entering this week, Winnisquam and Nute were the lone undefeated teams remaining.



JEFF LAJOIE

Wyatt Paquin of Belmont follows through on a tee shot during a round at Canterbury Woods Country Club on Sept. 28.

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### Are You On Track to Meet Your Financial Goals?

October is Financial Planning Month. And now that you know it's Financial Planning Month (just in case you didn't know before), why not take the opportunity to determine if you're on the right path toward meeting your financial goals?

Consider taking these steps:

- **Identify your goals.** To know if you're making progress toward your goals, you first have to identify them. Of course, you'll have a variety of goals in life, such as helping pay for your children's college educations. More than likely, though, your most important long-term financial goal is to build enough resources to enjoy the retirement lifestyle you've envisioned. But we all have different ideas for how we want to spend our retirement years. Some of us may want to stay close to home, volunteering and pursuing our hobbies, while others want to visit the vineyards of Bordeaux or explore the pyramids of Egypt. So, name your goals and, as much as possible, put a price tag on them. Once you know about how much your retirement is going to cost, you can create an investment strategy that may ultimately provide you with the income you

will need.

- **Don't underestimate your cost of living.** Even after you've identified some of your retirement goals, and estimated their costs, you still haven't developed a complete picture of your future cost of living. You also need to take into account other potential major expenses, such as health care. Once you're 65, you'll get Medicare, but that won't cover all your medical costs – and it might cover only a tiny portion of those expenses connected with long-term care, such as a nursing home stay or services provided by a home health aide. A financial professional can help you explore specific methods of dealing with these types of long-term care costs.

- **Locate "gaps" – and work to fill them.** After you've had your investment strategy in place for a while, you may see that some "gaps" exist. Is your portfolio not growing as fast as it should to help you reach your goals? If not, you may need to review your asset allocation to make sure it is aligned with your risk tolerance and portfolio objective. Do you find that you own

too many of the same types of investments? This overconcentration could be harmful to you if a downturn affects one particular asset class, and you own too much of that asset. To help prevent this from happening, be sure to diversify your dollars across a range of investment vehicles. Keep in mind, though, that diversification can't guarantee a profit or protect against all losses.

- **Protect yourself – and your family.** Saving for your ideal retirement is certainly a worthy goal, but you have other ones – such as providing for your family in case you aren't around, or if you become ill or incapacitated and can't work for a while. That's why you will need adequate life insurance, and possibly disability insurance, too. Your employer may offer you both these types of coverage as an employee benefit, but it might not be enough – so you may want to explore private coverage as well.

Financial Planning Month will come and go. But by following the above suggestions, you can create some strategies that will bring you a lifetime of benefits.

This article was written by Edward Jones for use by your local Edward Jones Financial Advisor.

For more information or to sign up for their monthly newsletter, contact **Jacqueline Taylor**, Financial Advisor, at **279-3161** or email Jacki at [Jacqueline.Taylor@edwardjones.com](mailto:Jacqueline.Taylor@edwardjones.com).

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**CENTER HARBOR** // Meticulously maintained! Great home w/room for everyone. 3Bd, den, office, Fam. Rm, formal DR, beautiful LR, attached 2 car garage w/ storage above, full walk out basement. Town beaches on Squam & Winnepesaukee.  
**\$274,900** (4487940) **Call 253-9360**

**ALTON** // Nicely maintained Cape on 2.48 acres in a quiet neighborhood. New kitchen cabinets with granite counter tops, first floor large master bedroom. 2 full baths, detached garage.  
**\$269,000** (4508724) **Call 875-3128**

**ALTON** // Updated In-Town 3Bd New Englander on 0.52 Acre. Recent improvements to Kitchen, Bathroom, Flooring, Plumbing & Electric. Large level yard; attached 2-story barn & cabin outbuilding.  
**\$185,000** (4493947) **Call 875-3128**

**MOULTONBOROUGH** // Ideal location on corner of Whittier Highway and Redding Lane. Fantastic visibility, high traffic count, next to established convenience store. Zoned Commercial "A". Great opportunity for developers.  
**\$169,000** (4469380) **Call 253-9360**

**THORNTON** // Tri-level townhouse-styled condo with 3 Bd, 2-1/2 Ba, garage, views from upper & lower decks of the babbling brook. Close to skiing, hiking and boating at nearby mountains & lakes.  
**\$120,000** (4483534) **Call 253-9360**

**GANSY ISL. - MOULTONBOROUGH** // This Gansy Island offering is made up of six adjacent lots, all separately deeded, and located in a quiet part of Lake Winnepesaukee. An area known for the mountain views, calm waters, fishing, loons and songbirds.  
**\$1,000,500** (4483452) **Call 569-3128**

**COW ISL. - TUFTONBORO** // 275' of natural WF located in a quiet cove. So. exp., priv. 3.96ac w/State approv. septic plan. Property is part of the Idlewild section of Cow Isl., has deeded access to 40ac of common area, incl. 2 beautiful sandy beaches & large dock.  
**\$225,000** (4483515) **Call 569-3128**

**RENTALS**  
**SEASONAL AND LONG-TERM RENTALS**  
Halle McAdam @ 253-9360  
Pat Isaacson @ 875-3128  
or [altonrentals@maxfieldrealestate.com](mailto:altonrentals@maxfieldrealestate.com)  
Quality homes in demand for busy rental market. Please call about our rental program.

**LAND and ACREAGE**

**BARNSTEAD** // Calling all developers. Approved 8 lot subdivision with potential for further subdivision. All lots with town road frontage and location are rural and easily accessible.  
**\$549,000** (4496986) **Call 875-3128**

**MOULTONBOROUGH** // Owner says SELL!! This property has wonderful views in all directions & can be subdivided with possible access to two roads. Mountain streams & stone walls. Land is in current use. Broker has interest in property.  
**\$114,900** (4433900) **Call 253-9360**

**BARNSTEAD** // 54 Acres with 1/2 mile CLASS VI road frontage and new forest growth.  
**\$75,000** (4470240) **Call 875-3128**

**OSSIPEE** // LEVEL 2.6 acre lot just waiting for your plans. Ample privacy. Lightly wooded. Easy access to lakes and mountains. Close to Rte 16 and 25.  
**\$19,500** (4516166) **Call 253-9360**

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## COUNTRY AUCTION

**Primitives, Furniture, Art, Collectibles, Equipment**  
Sat, Oct. 8 - 9AM Outside/9:30AM (approx) Inside

The Barn • 3247 Route 302, Lisbon, NH 03585

We are pleased to offer for public auction a wonderful collection of items from local homes to help their owners downsize. **Featuring-Furniture:** Pine 3-drawer/1-drawer island; sm. stepback cupboard; pine liftop commode; commodes w/decorative splashes; early lift-top blanket chests; Hitchcock arm rocker, signed; Heywood Wakefield dining table w/pull-out leaves, chairs, sideboard; mahog. dbl bed, 5-drawer chest & tall chest; bowfront chest w/figured mahog; early walnut Canterbury magazine rack; crock bench; velvet arm chair w/ottoman; mirrors; miniatures; painted desk, chair; 6-drawer cherry chest w/mirror; cedar chest; rattan porch rocker; white wicker planter; 5-drawer oak chest; double pedestal pine coffee table; pine platform rocker; 20's music stand; painted wash basin; Vict. rosewood sewing stand; drying/quilt racks; spinning wheels; early cradle; more. **Art:** Oil/canvas lilac still by M. Quimby, Whitefield, NH, c. 1905; Nuttings, Sawyers, other handcolored photos/prints; oil/canvas Eagle Cliff, NH; other oil/watercolor landscapes, stills; advertising; Japanese block prints; others. **Glass:** early bisquit & ginger jars; Oriental vases; honeypot; Ironstone buttermold; old bottles; kerosene/other lamps; beanpots/crocks/jugs; Wedgewood; Depression; Sandwich; apothecary jars; compotes; glass & crystal bowls; inkwell; Cobalt; NH & other plates; art glass; mixing bowls; more. **Tools/Equip/Outdoor:** 1972 Massey Ferguson Mod. 135 diesel tractor, 35HP w/bucket, PTO forks, 5' brush hog; Case 108 8HP riding mower; 5.75HP self-propelled push mower; garden cart; Fairbanks Morse scale; 8HP Montgomery Ward 4-speed rototiller; cast iron pond scraper; chest freezer; cast iron tubs; wooden wagon wheels; Sears 20 gal. 3HP air compressor; Onan pump; Pennsylvania weigh scale; asst'd box lots. **Misc:** Handmade quilts & coverlets; old thermometers; vict. walnut firescreen w/needlepoint; English Federal barometer, c1810; Mamiya C330 pro camera, other cameras, lenses, access; sewing box; antique, vintage, other baskets; molding planes, scribes, levels; iron kettles; brassware; hand forged candlesticks; Period peel; early beaver leg trap; Lionel train locomotive w/cars & transformer; RR paper; apple boxes; old eyeglasses; pocket watches; straight razors; lg. wooden dollhouse & furniture; sm. lift-top boxes; mini VT teddy bear; much more! **PREVIEW: Fri, 10/7: 3-6PM & Sat, 10/8: 8-9AM (outside) & 8-9:30AM (approx/inside).** **TERMS: 10% BUYERS PREMIUM,** cash or check, w/ proper ID; all items sold AS IS; all sales final. Refreshments available.

**Ammonoosuc River Auction Company**

Auction & Appraisal Services  
Michael J. Carver, Auctioneer  
NH Lic. # 3081/VT Lic. # 2371  
3247 Route 302, Lisbon, NH 03585  
Ph: 603-444-1136



Details & pics @ [amriverauction.com](http://amriverauction.com)

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**LACONIA**

348 Court Street  
603-524-2255

[LakesRegionInfo@NEMoves.com](mailto:LakesRegionInfo@NEMoves.com)



**Gifford \$2,495,000 #445604**  
New, outstanding Governor's Island 12 room home w/ sweeping views on a beautifully and professionally landscaped lot.

Susan Bradley 581-2810



**Gifford \$1,295,000 #4517484**  
3 level of living at this sun-filled home w/SW exposure, dock & jetty, naturalized landscaping and sensational sandy beach.

Susan Bradley 581-2810



**Moultonboro, \$1,095,000 #4492824**  
Great house in an amazing location; hard to find Black Cat Island with westerly exposure and views to die for! So many great features; beautiful oversized dock, professionally landscaped lot, great deck overlooking the lake.

Ellen Mulligan 603-387-0369



**Tilton \$950,000 #4517132**  
Investment opportunity! 4 buildings on 4.4 acres w/ 400' of frontage on Route 3. Zoned Commercial/Industrial. Includes leased restaurant, 2 family home, barn & commercial building.

Louis Guevin 581-2868



**Moultonboro, \$379,999 #4503791**  
Beach Access home in beautiful Windermere Estates on Long Island. 2/10ths of a mile to the sandy beach with wonderful 180 degree views. 1.5 miles to Hanita Landing.

Kay Huston 603-387-3483



**Moultonboro, \$339,900 #4487190**  
Quality built Cape on 2.3 landscaped and wooded acres. This 3 bedroom, 3 bath custom built home located in an established neighborhood. Over sized 26'x36' garage also with maintenance free exterior.

Mary Goyette 603-707-7597



**Belmont \$329,800 #4453507**  
Beautiful sunsets and Lake Winnisquam views from this custom built Colonial style home w/ 4 BR, 2 BA.

Shelly Brewer 581-2879



**Laconia \$324,000 #4491467**  
Many updates over the past few years for this nice 11 room home. Spacious kitchen, oak floors throughout 1st floor and living room with French doors.

Rose Cook 581-2854



**Ossipee \$319,900 #4492575**  
Immaculate & Beautiful post & beam reproduction cape. Aviation community with air rights, beach access, mooring field, tennis courts. Beams, pine floors. Many custom features.

Barbara Mylonas 603-344-8197



**Ossipee \$239,000 #4497361**  
Beautiful 3 BR, 3 BA with access to all the Indian Mound Association amenities just a short walk away. Set on 1.47 acres.

Robin Dionne 581-2867



**Gifford, \$189,900 #4498954**  
Versatile home with open floor plan. Lower level walkout features guest quarter/in-law area. Gas fireplace, wood floors, spacious deck & oversized storage shed. Great location & close to schools.

Linda Fields 603-244-6889



**Sanbornton, \$184,900 #4501597**  
Warm and inviting 3 bedroom ranch with a large back yard. New metal roof, new heating system, newer septic system & appliances. Just down the road from Lake Winnisquam.

Bob Williams 603-455-0275/Danielle McIntosh 603-393-9538

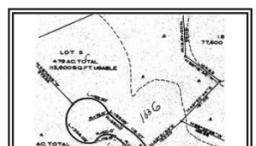


**Moultonboro, \$179,000 #4600013**  
Sweet Bungalow in Moultonborough. This two bedroom home has an open floor plan, high ceilings, fireplace, wood floors and is located in a nice neighborhood that is close to everything!

Kay Huston 603-387-3483



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**Moultonboro, \$95,000 #4495419**  
Great Lot to build on! Low Moultonboro taxes. Convenient location to shopping, close to town beaches & boat ramps. Builders take notice!

Adrien Labrie 603-455-5511

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**Holiday Specials**

**MOULTONBOROUGH**

1 bedroom full bath apartment. Newly remodeled. Includes satellite TV with all channels. Has 16x16 screen room & 2 sets of french doors. Very private. \$975/month all utilities included. Call Jerry 630-1392

**Misc. For Sale**

**DOLL CLOTHES**- Handmade, hand-crafted fits 18-inch dolls. Ranges from denim, coats, colonial-style and contemporary/modern, pants, dresses, etc.. \$10 per outfit; three for \$25. Located in Lancaster NH. Call or text 603-631-5002.

**Mobility Scooter - Pride Mobility**

Jazzy Select Series Blue Power Chair - Lightly Used Works Perfectly - \$1,250.00. Tuftonboro NH - You Pick Up - 603-520-6818 for more info.

**OLD NH FISH** and Game, ca. 1890, bearing laws, penalties and seasons on moose, caribou, furbearers, fish, etc. measures 12"x18"! May be seen at the Coos County Democrat, 79 Main St., Lancaster, NH. Price, \$4; if mailed, \$8. Call 603-788-4939 or email [lancoffice@salmonpress.com](mailto:lancoffice@salmonpress.com)

**Barn/Garage/Yard Sale**

**HUGE YARD SALE!**  
48 Hidden Acres Rd Thornton NH (off Mill Brook Rd)  
Saturday 10/8 9am-3pm

**MOVING SALE:** October 8th & 9th from 9-3. Contents of home, outdoor furniture, dog pens, kitchen ware, clothes, which include winter jackets, many jeans, lots of t-shirts, sweatshirts, leather jackets. (all in great condition, some with tags still on them.) And MUCH MORE. 2 Point RD, Sanbornton, NH

**Yard Sale!**  
267 Dick Brown Rd. Bridgewater NH  
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24/7

**LOST STUFFED ANIMAL:** Help! A visiting family has lost a very beloved member of their family! Their 4yr old daughter lost her stuffed puppy snowflake in the parking lot of the Inter-Lakes Junior High School. They were vacationing in Moultonborough and stopped in the parking lot to make sure all of their gear was tied down and he jumped (fell) out of the car! It happened yesterday, 9/21 around 4:30 near the entrance to the junior high. If found please contact the Meredith News at (603) 279-4516 and we will reach out to the family. Thank you!

**LOST DOG!!**

**SHANE-** Shetland Sheep Dog Lost on Bobby's Way and Hilliard Rd, Laconia NH on August 27, 2016. 9 year old male, very shy. Prefers women. **Please do not chase!** If sited in the area call 1855-639-5678. Not from the area- he slipped his collar upon arriving.

**Thank-You**

Thank you for browsing The Town To Town Classifieds in the

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**General Help Wanted**

**Harris Family Furniture** in Plymouth, is looking for the right person to join our sales team. Experience with furniture sale's is helpful, but not required. We are looking for a team player that enjoys working with people. Weekends are a must. Harris Family Furniture offers benefits to full time employees. If you are interested, please email your resume to [russ@harrisfamilyfurniture.com](mailto:russ@harrisfamilyfurniture.com), or stop by Harris Family Furniture in Plymouth to pick up an application.

**Office Manager** for small plumbing business located in Moultonborough. Approximately 10 flexible hours per week with potential to work from home. If interested call Wendy at 603-393-8245

**OPENING FOR LICENSED PLUMBER WANTED**

Located in heart of Lakes Region- Busy Year-Round Work! We are currently seeking an Experienced Journeyman Plumber or Master Plumber. Experience in residential & commercial, new construction and remodels, repairs of all types. Professional Work Habits, Valid Driver's License Drug Free & Background Check; Professional, Clean-cut appearance. Call 603-875-1118.

**Part-Time Help Wanted**

Sant Bani School seeks temporary (4-6 weeks) Minibus Driver for Franklin route. Start Date 10/31. CDL NOT required. Learn more by calling 934-4240 or on-line at [http://www.santbani.org/contact\\_us/work\\_at\\_sant\\_bani/](http://www.santbani.org/contact_us/work_at_sant_bani/)

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**Real Estate**



**Equal Housing Opportunity**  
All real estate advertising in this newspaper is subject to **The Federal Fair Housing Law** which makes it illegal "to make, print, or published any notice, statement, or advertisement, with respect to the sale, or rental of a dwelling that indicates any preference, limitation, or discrimination based on race, color, religion, sex, handicap, familial status or national origin, r an intention to make any such preference, limitation or discrimination." (The Fair Housing Act of 1968 at 42 U.S.C. 3604(c))

This paper will not knowingly accept any advertising which is in violation of the law. Our readers are hereby informed, that all dwellings advertised in this newspaper are available on an equal opportunity basis.

To complain of discrimination call HUD toll free at 1-800-669-9777

For The Washington DC area, please call HUD at 275-9200.

The toll free telephone number for the hearing impaired is 1-800-927-9275.

You may also call **The New Hampshire Commission for Human Rights** at 603-271-2767 or write

The Commission at 163 Loudon Road, Concord, NH 03301

Neither the Publisher nor the advertiser will be liable for misinformation, typographically errors, etc. herein contained. The Publisher reserves the right to refuse any advertising.

**Rentals**

**Office space for rent** in town Plymouth, Plymouth Professional Place. 4 rooms including large waiting area. Recently remodeled with plenty of parking, close to downtown Plymouth. \$600 per month. Call Russ 536-1422

**Rental Sharing**

**LACONIA: 1 ROOMMATE WANTED.** Clean, quiet, sober environment. Will go Fast! \$135/week. Call 603-455-2014

**Houses For Rent**

**MOULTONBOROUGH**  
3 Bedroom 2 Bath Ranch House. Fully furnished, includes satellite TV/Wifi, laundry room, kitchen, dining room. Spacious House. Propane locked in at \$1.55/gallon. Woodstove also included. 5 minute to Long Island and seconds away from boat launch on Lake Winni. \$1195/month. Pets considered. Call Jerry 630-1392.

**Houses for Sale**

**OWN THIS HOME for ONLY \$700/month!** 52 Park St, Woodsville, NH (MLS#4491946) 3 Bed/1 Bath/Garage. (30 yr mortgage, 4% interest, taxes/insurance included). Offered by Matt Tellier Real Estate. 603-991-6167 Email: [mtellier@mat-realty.org](mailto:mtellier@mat-realty.org)

**Mobile/Modular Homes**

\$29,995, 2 bed.  
\$49,995, 28 wide 3 bed,  
\$74,995, Modular Cape,  
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Camelot Homes. RT. 3, Tilton NH

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Upper Valley Press, Inc., a printing and direct mail company, has immediate openings available working in a high volume production center. We are seeking an experienced candidate with the ability to effectively lead a small crew in a fast-paced, deadline-driven production environment.

#### Do you have what it takes?

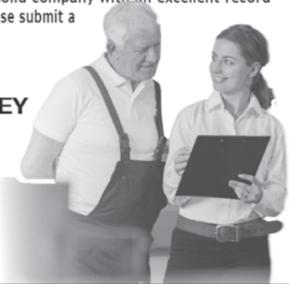
Duties include running machinery, overseeing other machine operators and ensuring performance standards and deadlines are consistently met. Prior leadership experience in a production environment preferred.

#### Would you like to be invested in the company you work for and be part of an employee-owned company (ESOP)?

Then Upper Valley Press, Inc. is for you! We provide excellent wages, benefits, 401(k) retirement saving and much, much more. We offer opportunities in a solid company with an excellent record of stability and growth. Please submit a resume or apply in person to:



Attn: Human Resources  
446 Benton Road  
North Haverhill, NH 03774  
charrington@uvpress.com



## Environmental Services Technician

• Full-time, 3pm – 11:30pm

**Speare Memorial Hospital** is seeking qualified applicants for a position in Environmental Services for floor care and to keep assigned areas of the hospital clean in accordance with established policies and procedures. Schedules include every other weekend and rotating holidays required. HS grad or equivalent required. Previous experience preferred.

Apply on-line at:  
[www.spearehospital.com](http://www.spearehospital.com)

**Speare Memorial Hospital**  
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Plymouth, NH 03264  
EOE



### Machine Operators and Plating Technician openings

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Please contact Deb Allaire  
toll free **1-603-417-3000**

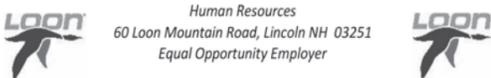
Burndy® and Nesco Resource are Equal Opportunity Employers-M/F/Veteran/Disability.

All Qualified applicants will receive consideration for employment without regard to race, color, religion, sex, natural origin, disability, protected veteran status or any other protected class.

### Food & Beverage Manager-Governor's Lodge

Full-time, year-round position. Manage year-round events and oversee daily summer food and beverage operations. Other responsibilities include overseeing staff of two cafeterias, preparing budgets and excellent guest service. 3-5 years of supervisory and food service experience required.

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Human Resources  
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Equal Opportunity Employer

### LOON JOB FESTIVAL

Jobs at Loon Mountain for the 2016-17 winter season. Ski School, Snowmaking, Lift Operations, Parking, Children's Center, Retail, Tickets, Food & Beverage and more.  
**Saturday, October 15th \*9:00 a.m. to 1:00 p.m.\***  
Loon Mountain Governor's Lodge  
60 Loon Mountain Rd Lincoln NH  
*Free Skiing & Riding, On-Job-Training and Food & Beverage discounts.*

Apply online at [www.loonmtn.com](http://www.loonmtn.com)  
Loon Mountain Human Resources  
60 Loon Mountain Rd Lincoln NH

## INDIAN HEAD RESORT Help Wanted

Exit 33 off I-93, Lincoln, NH  
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Line Cooks- All Positions  
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Bussers- AM & PM  
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Bartenders  
Housekeeping & Laundry  
Front Desk & Gift Shop  
**Health Insurance & 401K Programs!**  
Call for interview 603-745-8000

**PLYMOUTH ELEMENTARY SCHOOL**  
2016-2017 SCHOOL YEAR  
**IMMEDIATE OPENINGS**  
**SPECIAL EDUCATION AIDES**  
2 years equivalent of post secondary courses required.

**LICENSED NURSE ASSISTANT**  
Duties include: specialized feeding and daily hygiene routine.  
Please send letter of intent, resume, certification and recommendations to:  
Lynn Davis, Human Resources  
School Administrative Unit #48  
47 Old Ward Bridge Road  
Plymouth, NH 03264  
ldavis@pemibaker.org

### UPPER CONNECTICUT VALLEY HOSPITAL Compassionate Healthcare...Close to Home RADIOLOGIC TECHNOLOGIST PART TIME

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If interested please apply Online  
[www.ucvh.org](http://www.ucvh.org)  
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Upper Connecticut Valley Hospital  
181 Corliss Lane  
Colebrook, NH 03576  
603.388.4236  
ucvh-hr@ucvh.org  
EOE

## Genesis HealthCare<sup>SM</sup> Lafayette Center

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Competitive Pay and Benefits  
Offering sign on Bonus

Fax cover letter and resume to:  
Tanya Ingerson - Human Resources  
603-823-7173  
Or apply online @ [www.geneshcc.com](http://www.geneshcc.com)  
You may also call 603-823-6514 to inquire About the position

## Northern Human Services Changing Lives

**Seeking BC/BE Psychiatrist & Psychiatric APRN - FT (35hrs)** at The Mental Health Center in Berlin, NH (prefer FT but PT possible for Psych APRN; child/family certification preferred). Integrated multidisciplinary clinical team. 100% outpatient; 90-min evals and 30-min med appts. Optional paid phone-only overnight/weekend call.  
Benefits include medical insurance, 403(b) with employer match, 11 paid holidays, generous vacation.  
Eligible for National Health Service Corps and State of NH Loan Repayment Programs. Must have current NH License, accredited training, and skills in community psychiatry.  
Please send CV and cover letter with salary requirements to Melissa Myers, MD, NHS, 25 W. Main St., Conway, NH 03818 or e-mail to [mmyers@northernhs.org](mailto:mmyers@northernhs.org).  
*Positions require a valid driver's license, proof of adequate auto insurance and the completion of driving, criminal and background records checks. This Agency is an Equal Opportunity Employer, and Provider.*

**HELP WANTED  
F/T HOUSEKEEPERS  
F/T EXECUTIVE  
HOUSEKEEPER**  
Weekends Required  
Please Apply in Person at  
**RIVERGREEN,**  
**48 Cooper Memorial Dr.**  
**Lincoln, NH 03251**

**Part-Time Experienced Kitchen Helper**  
*CruCon Cruise Outlet is an award-winning cruise travel agency based in Moultonborough, NH. We are a full service North American cruise travel agency working with guests from all over the world!*  
CruCon is currently seeking a part-time kitchen helper for our in-house commercial kitchen. Candidate will be responsible for dishwashing and kitchen/diningroom cleanup duties. Additional duties pertaining to food service department may be required. Must have previous kitchen experience. No late nights and occasional Saturday's required.  
Email resume and cover letter to:  
[Hres@crucon.com](mailto:Hres@crucon.com)  
CruCon Cruise Outlet

**TOWN OF SANDWICH EMPLOYMENT OPPORTUNITY**  
The Town of Sandwich is accepting applications for a **seasonal** Highway Department worker from November 14 - April 14. This is a position which performs work in all areas of construction and other assigned projects to include winter maintenance of roads and sidewalks, and working at the Transfer Station. Applicants must be 18 years of age, and hold a valid driver's license. Plowing experience preferred. The hours for this position are 24-40 hours per week, with weekends possible depending on the needs of the department. Complete job description and application available at the Selectmen's Office, Town Hall, 8 Maple Street. 284-7701 Application and references must be received by Monday, October 31, 2016 at 4:30 P.M.  
Equal Opportunity Employer.

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Donate your used car to the National Kidney Foundation Kidney Cars Program. The funds can help save lives. We'll arrange a pickup and you might qualify for a tax deduction.\*  
**Call 1-800-488-CARS**  
\*Consult your tax advisor for details.  
**NKF National Kidney Foundation**  
[www.kidneyhealth.org](http://www.kidneyhealth.org)

**WHITE MOUNTAINS  
COMMUNITY COLLEGE  
BERLIN, NH**

PART-TIME, TEMPORARY (ONE YEAR) POSITION AVAILABLE  
**COLLEGE COUNSELOR I  
STUDENT ASSISTANCE PROGRAM  
COUNSELOR**  
POSITION #W2G00063  
\$31.67 per hour, 25 hours per week

This position will provide counseling services to students, and develop and provide support services to promote retention throughout the 2016/17 academic year.

**Minimum Requirements:** Bachelor's degree from a recognized college or university with major study in counseling (each additional year of approved formal education may be substituted for one year of required work experience); three years of experience in counseling.

View job description and apply at <http://www.wmcc.edu/about-wmcc/white-mountains-community-college-job-page>

FMI: Gretchen Taillon, Human Resources  
(603) 342-3003, [gtaillon@ccsnh.edu](mailto:gtaillon@ccsnh.edu)

Closing date for applications is 10/12/16.



**Steel Erectors,  
Metal Roof & Siding Installers  
Foreman, Leadmen  
And Laborer Positions**

Will Train. Valid Driver's License required.  
Application available at:

**CONSTRUX, INC.** 630 Daniel Webster Hwy.  
Plymouth, NH 03264  
(603) 536-3533

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- Waitstaff / Bussers
- Line Cook
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Call for an interview, (603) 744-9111  
1030 Mayhew Turnpike, Bridgewater, NH 03222 or  
email your resume to [innonlake@metrocast.net](mailto:innonlake@metrocast.net)

[www.salmonpress.com](http://www.salmonpress.com)

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**CHIEF OF POLICE  
Town of Jackson, NH**

**The Town of Jackson, N.H. is seeking a highly visible police chief to lead the Department.** The Chief will be responsible for the daily operation of the Department, budget preparation, and law enforcement activities. This position requires experience with, and knowledge of, municipal and community policing. The ideal candidate will have experience with issues facing a rural community, strong leadership and supervisory skills, excellent oral and written communication skills and will enjoy being part of a local government team striving to serve the citizens of the community. A minimum of ten years' experience in law enforcement with five years in a progressively responsible supervisory/administrative capacity is preferred. A Bachelor's degree in criminal justice is also preferred. The selected candidate must possess or have the ability to obtain a NH driver's license. The Town offers a competitive benefit package with a salary range of \$55K-\$65K depending on qualifications and experience.

**Resumes accepted no later than 4:00 pm, October 14, 2016.** Please direct a cover letter, resume, salary history and requirements and at least five references to: Julie Atwell, Town Administrator, Town of Jackson, P.O. Box 268, Jackson, NH 03846 or Email: [townadmin@jackson-nh.org](mailto:townadmin@jackson-nh.org)

**PERMANENT PART-TIME & FULL-TIME  
TRANSFER STATION  
ATTENDANTS WANTED**

The Town of Thornton is seeking candidates for immediate openings for one (1) permanent part-time position and one (1) full-time position of Transfer Station Attendant. Applicants should have a minimum of 5 years of experience or a Class III State DES license. Applicants must work well with the public and have experience operating a backhoe. The positions are labor grade 2 with an hourly pay range from \$10.59/hr. to \$14.96/hr. Weekend work hours are required. A full job description and application packet is available at the Town Office and on the town website: <http://www.townofthornton.org>.

Applications must be submitted by noon on Thursday, October 20, 2016 to:  
Board of Selectmen  
ATTN: Transfer Station Attendant  
16 Merrill Access Road  
Thornton, NH 03285

The first round of interviews will start the following week.

The Town of Thornton is an equal opportunity employer.

The position will remain open until filled.

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Mount Prospect Academy is seeking individuals to work at our facility in Plymouth, NH. We are seeking candidates with experience working with adolescent youths, with in-depth knowledge and understanding of Individualized Education Program (IEP's). Teachers and Faculty work together as part of the educational team and collaborate with referring special education departments and other internal staff that provide services to our students. Essential Functions (not limited to): Responsible for creating and delivering lesson plans, assist in assessment of student's progress in accordance with IEP plans, Guide students in completion of classroom work. Develop strategies so that students are engaged in the classroom. Implement a Behavior Modification Program reinforcing positive behavior. Maintain a grade book, assessment instruments to fairly evaluate student performance. Attend faculty meetings as required. Complete monthly reports and progress reporting information on a timely basis. Ability follow school policies and procedures.

Possible employment for **Adult Living Teachers, Behavioral Specialists, Academic Case Managers** as well as leadership positions.

Benefits: We offer excellent benefits including Medical, Dental, Vision, 403(b), life insurance, short term disability, long term disability. Other benefits include paid time-off, mileage & expense reimbursement and professional development opportunities.

To apply, please forward resume and cover letter to  
[HR@mountprospectacademy.org](mailto:HR@mountprospectacademy.org)  
or mail to:  
Mount Prospect Academy  
PO Box 1317  
Campton, NH 03223

The National Domestic Violence  
**HOTLINE**

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SAVE UP TO **\$1,565**

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2016 **FORTE LX**

With Popular Package



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FREE STATE INSPECTIONS FOR LIFE!

MSRP \$20,220  
AutoServ -1020  
Customer Cash Rebate -\$2500

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**0% APR**  
FOR 66 MONTHS AVAILABLE\*

#KC6262  
SAVE UP TO **\$3,520**

Buy For **\$233** /MO\*  
**ZERO DOWN!**

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LEASE

**\$215** /36 MO\*  
**ZERO DOWN!**

2016 **OPTIMA LX**



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FREE STATE INSPECTIONS FOR LIFE!

MSRP \$23,120  
AutoServ -1020  
Customer Cash Rebate -\$2500

Buy For **\$19,600\***

**0% APR**  
FOR 66 MONTHS AVAILABLE\*

#KC6228  
SAVE UP TO **\$3,520**

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**ZERO DOWN!**

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**\$247** /36 MO\*  
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2017 **SPORTAGE LX AWD**



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FREE STATE INSPECTIONS FOR LIFE!

MSRP \$25,610  
AutoServ -\$1310

Buy For **\$24,300\***

**0.9% APR**  
FOR 60 MONTHS AVAILABLE\*

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Buy For **\$336** /MO\*  
**ZERO DOWN!**

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LEASE

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2017 **SORENTO LX AWD**

V6



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†The Kia Soul and Sportage received the lowest number of problems per 100 vehicles among compact MPVs and Small SUVs in the J.D. Power 2016 Initial Quality Study, based on 80,157 total responses, evaluating 245 models, and measures the opinions of new 2016 vehicle owners after 90 days of ownership, surveyed in February-May 2016. Your experiences may vary. Visit jdpower.com.