

THURSDAY, OCTOBER 25, 2018

COVERING ALTON, BARNSTEAD, & NEW DURHAM - WWW.SALMONPRESS.COM

Community members look to Alton's future

BY MARK FOYNES

Contributing Writer ALTON Ideas flowed freely last Friday at Alton Central School, which was the venue of a visioning session that attracted dozens of residents passionate about strengthening their community.

All in for Alton is an ongoing grassroots initiative that is being conducted in partnership

with the town of Alton and the UNH Cooperative Extension.

Locally, steering committee members include Andrea Caruso, Kelly Sullivan, Bob Regan, Peter Bolster, Hunter Taylor and Nic Strong.

The team coordinating from UNH was headed up by Charlie French, the Extension's Community and Economic Development Program

Alton bids adieu to **Paulette Wentworth** *Longtime finance manager* heads off to retirement

BY MARK FOYNES Contributing Writer

NEW DURHAM — Last Thursday, dozens of friends, colleagues, and other well-wishers converged upon J.P. China to wish a warm au revoir to long-time town finance manager Paulette Wentworth, who is retiring after 31 years of service to the town.

During her tenure, she was a lynchpin in keeping the financials in order. Wentworth said that she began as a part-timer in the administrative office, performing various roles for five years before she assumed the role of fi-

that they're just one set of stairs away from Mimi," she chuckled in describing her imminent move to Hampton.

ognition event, following a brief introduction by fire department administrator Allie Brown, Wentworth was warm and direct in summarizing her SEE WENTWORTH, PAGE A11

At the J.P. China rec-

Team Leader. He said the event was intended to provide "opportunities for cross-learning" as the town determines how best to allocate its resources to provide the

best services and maintain its quality of life.

He said All in for Alton was similar to a charrette in that it sought a broad group of stakeholders.

broad array of perspectives," French noted. He added that the

event format reflected this intent.

Prior to Friday, res-

"We like to have a idents had a chance via Facebook, through e-mail, or face-to-face at community events - to note some priority areas. Included among the SEE ALTON, PAGE A10



To dye for

COURTESY PHOTO

Participants in Primarily Art, an art exploration class held at New Durham Public Library for the younger set, show off the tie-dyed t-shirts they created during their first session. Subsequent projects have been ink blot monsters, geometric patterns, zentangles, and fractals.



nance manager full time a position she would hold for more than a quarter century.

In addition to keeping the town's books in order, Wentworth demonstrated a devotion to community service, having played lead roles in several community-driven projects. Among them was the Operation Santa project, which provides Christmas gifts for local children in need. Additionally, she was also a key player in efforts to deliver food baskets to Alton families at Thanksgiving - oftentimes making the deliveries in person

Wentworth said she chose this point to retire so she can spend time with family in the Seacoast area.

"I've worked hard and I love this town - and always will," she said. "But now I'm at a place where my grandkids can know

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A HOUSE on New Durham's ridge is ready for Halloween. A variety of activities are planned throughout town on Oct. 31 for a night to remember for all ages.

New Durham going all-out for Halloween'

BY CATHY ALLYN Contributing Writer

NEW DURHAM — This small, rural community has always done a lot for its children there's a good school, comprehensive athletic program, and half of the space in the public

youth.

But there was one event of the year that presented a problem. At Halloween, the dark roads, great distance between houses, and lack of any sidewalks made if difficult, if not down-

library is devoted to right dangerous, to trick or treat.

> Because of that, most parents took their children to just the closest neighbors, or even to other communities that provided what New Durham could not.

> > For several years,

kids could visit a haunted house in the auditorium and go on a hayride, but that program died away and folks were on their own.

More than a decade ago, that all changed.

With the creation of the 1772 Meetinghouse Restoration Committee came the need to hold events at the oldest building to heighten awareness. Since residents needed a way to enjoy Halloween in their own town, it became the perfect occasion to pair the two.

A town-wide celebration of witches, ghouls, and things that go bump in the night was born. A local theatre group made use of the fact that magically, at Halloween, the ghosts of the 1772 Meetinghouse were granted voices.

"The Merrymeeting Merrymakers jumped in and performed a fantastic show," said a resident who was there for that initial performance. "It was spooky, and funny, and built around the history of the building."

If ever the need for something to keep people in their own community was demonstrated, this was definitely proof.

The actors assumed SEE HALLOWEEN, PAGE A11

Trick or Treat at PMHS tonight

ALTON — On Thursday, Oct. 25, Prospect Mountain National Honor Society will be hosting the annual Trick or Treat night at the high school. Children of all ages are encouraged to come join in from 5:30 to 7 p.m. for a family friendly night full

of candy and laughs. Kids are welcome to dress up in their Halloween costumes and trick or treat throughout the halls of Prospect Mountain. This event is completely free, and other fun activities will be included, such as games and coloring.

Alton Central students help keep Alton clean

BY DEREK PAPPACENO Alton Central School

ALTON — On a frigid Friday morning of Oct. 19, some of the ACS Dive students volunteered on their day off to clean up a section of Stockbridge Corner Road. Students used the "Litterati" app to document the cleanup results. Litterati puts a time stamp and geotag on all items collected. Students photographed and identified the trash as part of this process.



COURTESY PHOTO (Left) ALTON CENTRAL SCHOOL'S Dive class collected trash on Stockbridge Corner Road last week.

The ACS Dive class started a club on the app with a current impact of 567 items collected. The top three tags are cigarettes (177), plastic (131) and aluminum cans (106). The Dive class hopes to introduce this app to the school and community, encouraging everyone to get some exercise, meet their neighbors, and keep our streets clean.

Come celebrate NDPL's Story Poles

NEW DURHAM — All participants in the New Durham Public Library's Story Poles public art project and their immediate families are cordially invited to an evening celebration observing the installation of their creations.

Join lead artist Sarah Burns and library mation and to RSVP.

staff at 6 p.m. on Monday, Oct. 29, for a closeup view of the handiwork of children in grades K-6 and an adult group. Refreshments will be served and a DVD of the making of the art project will be shown.

Call the library at 859-2201 for more infor-

Kingswood Theater receives GWAC grant

WOLFEBORO Last week, the Governor Wentworth Arts Council awarded a \$400 grant to the Kingswood Regional High School Theater program. Kingswood Theater is an award-winself-funded ning performing arts program that relies heavily on fundraising, ticket sales and grants to fund its expenses. Recently, the GWAC approved a grant for the program to help cover supplies for the school program, giving the students better access to the needed materials for their upcoming production of The Wizard of Oz, performing in the Arts Center on Nov. 15 through 18.

The Governor Wentworth Arts Council of Wolfeboro is a non-profit volunteer organization whose purpose is to enrich the cultural environment in schools and the surrounding community, to stimulate

and to assist local artists and craftspeople. The organization runs a number of events and activities during the year, including the Art Walk, Paint Wolfeboro, Tablescapes and various arts exhibits. It supports the growth of the arts in the community through efforts such as art in the schools and libraries, and the Priscilla Hodges Scholarship.

The grant will go to

fund the set building. costuming and prop supplies that the students will use to construct their respective stage craft. Theater **Director Scott Giessler** remarks, "Every dollar that goes to this program sends a message to the students that their artwork is important. The GWAC has been such a help to the local arts community. We couldn't be more grateful."

Blood drive Nov. 8 in Alton ALTON — As in-

fluenza activity picks the American up. Red Cross is urging healthy donors of all

blood types to give blood or platelets to ensure a strong blood supply for patients in need.

Blood and platelets can only be given by donors who are feeling well. One way to maintain health is to get a flu vaccine each fall. There is no waiting period to give blood or platelets after receiving a flu shot as long as the donor is symptom-free and fever-free.

Stay healthy this flu season and make an appointment to donate blood by downloading the free American Red Cross Blood Donor App, visiting Red-CrossBlood.org or calling 1-800-RED CROSS (1-800-733-2767).

Donors of all blood types, especially type O, are needed this fall after Hurricanes Michael and Florence forced the cancellation of about 200 blood drives, causing approximately 7,000 units of blood and platelets to go uncollected. There will be a blood drive at St. Katharine Drexel Church in Alton from 1 to 6 p.m. on Thursday, Nov. 8.



Get your tickets now at: **cruiseNH.com**



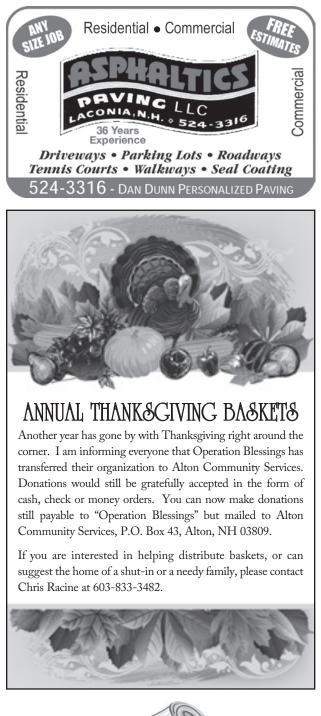
MATTHEW FASSETT - COURTESY PHOTO

Screen time

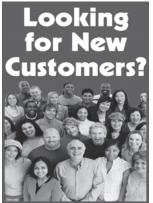


Rick Fogg, President of the Alton, Barnstead, New Durham Centennial Rotary, is joined by Alton Senior Center Manager Roney Delgadillo to acknowledge receiving the new high definition smart TV donated to the center by Rotary. The TV is free for use by any organization renting space from the center. Rotary meets every Thursday morning for breakfast at the center.









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Fun with fungi on Birch Ridge in New Durham

NEW DURHAM A forest full of fungi awaited a group of 30 intrepid mushroom enthusiasts heading out onto the wooded southern slopes of Caverly Mountain in New Durham on a cool and drizzly October Saturday morning. The occasion was "Mushrooms at Merrymeeting: A Fungi Foray," the second event in a series of field trips introducing the public to the proposed Birch Ridge Community Forest. The Birch Ridge events are offered by the Partnership for Birch Ridge Community Forest, consisting of Moose Mountains Regional Greenways (MMRG), Southeast Land Trust (SELT) and Merrymeeting Lake Association (MMLA). The partnership is working to purchase, conserve and steward the 2,000acre property for the benefit of the community and future generations. More information about Birch Ridge Community Forest and Partnership is available at www.seltnh. org/birchridge.

The rain and cool temperatures didn't dampen the zeal of guides Jason Karakehian and James Mitchell, both graduate students in a mycology lab at Harvard Extension School, who were fountains of funknowledge. After gi some instruction on collection techniques, participants dispersed through an area of woods near a beaver pond and gathered a remarkable diversity of mushrooms, which were then spread out on tables to identify and discuss.

Karakehian picked up a fruiting body (the visible portion) of the relatively common fomes fomentarius from the table. Also known as tinder fungus or hoof fungus, it grows on trees in the shape of a horse's hoof. It's known for its ability to smolder a long time and can be used to transport burning embers to re-kindle a fire. Like many fungi, it plays a valuable decomposition function in the forest, part of the recycling of tree nutrients back into the soil. Karakehian emphasized how important fungi are to the forest ecosystem in general. In addition to their more well-known roles as parasites and saprophytes (rotters of wood), other fungi have a symbiotic relationship with trees. They have long underground mycelium (fungal strands) that absorb water and nutrients from the soil and pass them to tree roots, with which they are entangled, in exchange for the sugars that the trees convert from sun-



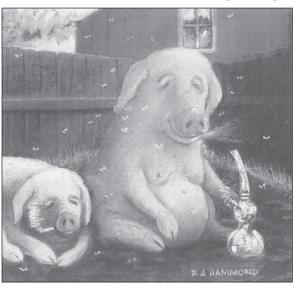
JASON KARAKEHIAN discusses some of the mushroom finds as Fungi Foray participants look on. "This event was won-

by noon on Wednesday, nh.org/events-page/ or Oct. 31; go to http://selt-

call SELT at 778-6088.

PIG OF THE WEEK by D.A. Hammond

WWW.PIGSINAPOKE.COM



Why they're called pot-belly pigs

Wednesday, Oct. 31, from 5 to 7 p.m.







Trunk or treat is Saturday in Barnstead

BARNSTEAD — Barnstead Parks and Recreation is having its annual Trunk or Treat event, this Saturday, Oct. 27, at Barnstead Elementary School. The event begins at 5 p.m. There will also be pumpkin decorating for the kids hosted by the PTO and community garden, Haunted Hallways hosted by the eighth grade class, and games and

pants had gotten a view of Birch Ridge across Merrymeeting Lake as

light.

they learned about the project to save Birch Ridge Community Forest. By the end of the day, MMRG member Susan Raslavicus was thrilled with the event and also committed to the project, saying,

At the outset of the

Fungi Foray, partici-

derful, the best day of the summer. I wish I could attend more MMRG events. But I'll definitely come to the Visioning Session for Birch Ridge -- that is really important." The Community Visioning Session and Children's Program will take place at 6 p.m. on Thursday, Nov. 1, at New Durham Elementary School,

Durham. It is an opportunity for all who care about conserving the proposed 2,000-acre Birch Ridge Community Forest to offer their input and hopes for the property. Pre-registration is requested

7 Old Bay Road, New

Alton Trick or Treat is Wednesday

ALTON — The town of Alton Halloween trick or treat hours are on

Opinion

SECTION A, PAGE 4

Changing of the guard

This week's front page has a story on the retirement party held for Paulette Wentworth, who retired last month as the town of Alton's finance manager.

While finance manager was Paulette's job, she was also heavily involved in the Mrs. Santa program in Alton, which for years has provided Christmas gifts for kids in need in the community and has also been involved in helping to distribute Thanksgiving baskets to those in need throughout town each November.

It is employees like Paulette Wentworth that help to make a community such an extraordinary place to live.

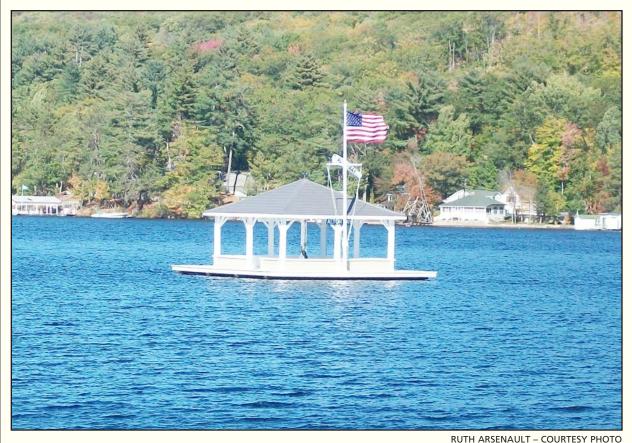
Government employees can often get a bad rap from those who don't know exactly what the job entails. While we can't speak to exactly what Wentworth's job entails, since financial details are far from our strength, we are impressed that she rose through the town ranks and served her community for three decades while at the same time volunteering lots of time to help those in the community who might need a little help.

We've seen this with the police and fire departments in our local communities over the years and we love seeing town employees being a beacon of hope for those who are struggling. We know this is not exclusive to Alton (the senior dinner in New Durham is also organized by employees of the town) and we continue to applaud the efforts of all the town employees who take the time to help those in their community in need.

We were also happy to see that Alton found a great replacement for Wentworth right in town. Often times, positions like Wentworth's will involve bringing someone in from outside of the community with the right credentials. In Alton's case, the replacement was living right in town and his name was Troy Neff. He comes to the town with impressive credentials working in the banking industry and it seems he was looking for a change and a chance to work right in the town where he raises his family. He was quick to praise the work of Wentworth and noted that she helped him through the transition period and then offered to continue to stop by and check in to make sure things are still in order.

This shows the continued dedication





Fresh new look

Reader Ruth Arsenault shared this photo of the water bandstand in Alton Bay, which recently underwent some renovations and now features a new coat of paint, a new flag pole and more.

Keep New Hampshire great

Letters to the Editor

To the Editor:

According to recent reports, New Hampshire and other New England states are becoming overrun by rodents. Do not allow them to create an epidemic through a disease that changes your way of life. The easiest way to eliminate the unwanted pests is not to allow them to feed and grow. The choice is clear. Allow rodents to continue to contaminate your state, or take preventive measures to insure they do not continue to grow contaminating your New Hampshire way of life.

Similarly, your democratic form of republic is under attack. Today there are attempts to overthrow the results of an election. If you speak out exercising your free thoughts and speech and do not succumb to the frenzy of group think, you are "the dregs of society" and "deplorable." Congressional Representatives and Senators chastise their colleagues because some senators are white. And men. If you are black and support our President, you are a member of his minstrel show. Racism apparently has no color or sex lines if the narrative serves the purpose.

In November other states have a chance to make this state and nation even greater under the rule of you the people. You don't need to make New Hampshire great again. It already is. You can help keep it that way. If you have friends and/or relatives in states with US Congressional elections, ask them to help keep America great by voting Republican and you can keep New Hampshire great by electing the same for your state and local candidates.

> Jim Raschilla Alton

Comtois seeking to serve again

To the Editor:

It has been an honor and privilege to serve you matters most in Concord.

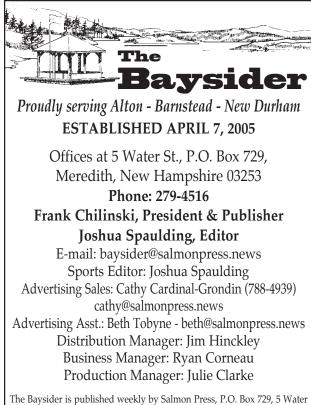
partisan. I believe it is the committee work that matters most in Concord.

that Wentworth and the other town employees have to their community.

It was nice to see in the article written by Mark Foynes that a solid crowd of people turned out to wish Wentworth well in her retirement. Kudos to Mary Jarvis and Mary Murphy, who organized the event, which was held at JP China.

There is plenty of bad news in the world these days, with divisiveness permeating our culture like hasn't been seen in a long time. But there's always good news out there and the dedication, commitment and hard work of the town employees is just some of the good news that we can report on.

And we want to wish all of our readers a Happy Halloween and offer a reminder to be aware of the young Trick or Treaters out on the road in the coming week.



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these past two years. In thinking about what to write in this adversarial political climate, I realized we all have different philosophies on what is the right way to vote. What I learned during my time as a state representative is that we can all get along and get great legislation passed. In addition, we can work to stop bad legislation as well.

I realized early on that it is better to stop bad legislation than to pass something just for the sake of doing so. I also realized that the devil is in the details.

I am currently on the E and A (Environmental and Agricultural) Committee in Concord. I am one of three farmers on this committee of 20. Although I am an accountant by trade, farming is my passion. Having been involved with our family farm for almost two decades now, farming is crucial to Barnstead and our state. It is important that we create an atmosphere to promote our agricultural roots and persevere for future generations. As a state, we can only feed six percent of our population, which in the wake of a natural disaster will be devastating to all of us here in NH.

The E and A committee works well together and most of the bills that come out of this committee are unanimous – meaning 100 percent bi-

Two of the bills that we retained and have been working on over the last two months are crop theft and cost of care for abused animals.

Crop theft is a big deal here in NH. The testimonies by farmers from different parts of the state were alarming, at best. These testimonies came as an utter surprise to me as I had no idea how large a problem this is, in both NH and across the US.

The cost of care bill stems for the Great Dane case a couple years ago. We are studying and working on a solution, so towns will not be burdened with these high bills as dollars are not forecast in our current budgets.

One of the best privileges is meeting and greeting the BES fourth grade class that visits the State House each year. I was so impressed at the knowledge of these young students and their willingness to engage in a civil, open, and honest debate. Kudos to the teachers and parents of the amazing students.

I am asking for your vote on Nov. 6 to again serve Barnstead in the New Hampshire State House.

Rep. Barbara Comtois Belknap 7 Barnstead

Why oppose HB 587

To the Editor:

HB 587 bans "conversion therapy" [CT]. CT, which seeks to "change a juvenile's sexual orientation or gender identity," is opposed by all kinds of professional groups. So, why not ban it altogether?

First and foremost, we have something called a Constitution that says, we "shall make no law abridging the freedom of speech," making any law that prohibits people from expressing their views unconstitutional. Constitutionality is the first screen for any law, as we take an oath to support our Constitution.

Second, the legislature isn't in the business of tell-

ing highly trained healthcare professionals how to care for their clients. If CT is as bad as opponents claim, those in position to employ it should know not to [which may be why no one claimed CT is practiced in NH]. Any failure in such regard should be a matter not law but of professional judgement or sanction. That is how we handle all other medical issues.

We are proud of defending the Constitutional rights of all our people, even when such defense puts us in the minority.

Rep. Kurt Wuelper and Mike Harrington Strafford District Three

Barnstead Historical Society meets tonight

BARNSTEAD — The Barnstead Historical Society will hold its final business meeting of the year on Thursday, Oct. 25, at 6 p.m. at the Barnstead Town Hall

for a potluck supper and meeting to follow at 7 p.m.

Join in as they wrap up 2018 by planning their holiday sale and elect officers for the coming year. Come and join in for an interesting evening, we look forward to having you helping to keep Barnstead's history alive.

For info, call 269-5441.

Village Players preparing for The Drunkard Musical melodrama opens on Nov. 2

WOLFEBORO Marking its third appearance on the Village Players stage, The Drunkard will be performed Nov. 2, 3, 9, 10 at 8 p.m. and Nov. 4, 11 at 2 p.m. Audience participation in this play is encouraged - booing and hissing when queued by "villain" music and applauding the hero when he appears onstage. Jay Sydow is directing The Drunkard with the assistance of Priscilla Adams. Catherine Heffernan Collins. and Michaela Andruzzi. Julie Carbone is the music director. Tickets are available at Black's Paper and Gifts on Main Street in Wolfeboro, as well as online at www.village-players. com.

The Drunkard features a small ensemble cast that includes Cribbs, played by Christian Boudman, Mrs. Wilson, played by Carol Bense, Mary (Wilson) Middleton, played by Kimmi Adjutant, Edward Middleton, played by Benjamin Dudley, William Dowton, played by Matthew Johnson, Agnes Dowton, played by Emily Marsh, the preacher, played by James Cross, bartender, played by Bob Tuttle, Carrie A. Nation, played by Kaylin Dean, Julia Middleton, played by Gwen Collins, and



COURTESY PHOTO

ENSEMBLE members (I to r) Chelsea Stewart, Andrew Long and Allison Brown rehearse a scene from The Drunkard, which opens on Nov. 2 at the Village Players Theater.

Savior Soldier, played by Corky Mork. Other cast members include Allison Brown, Don Hargy, Andrew Long, Beth Marsh, Joshua Spaulding, Chelsea Stewart, and Paul Stewart. In addition, there are some Vaudeville-like acts interspersed throughout the play that feature tapdancing, singing, and jest.

The play, written by William H. Smith, has the distinction of being one of the longest-running in US history. It was first performed in 1844 and has been on stages throughout the world ever since. Temperance plays were common in the mid-nineteenth century because rampant alcoholism was a huge societal problem, especially among men. These plays were meant to spread a serious message and to pull men away from the brink of destruction and death so they were usually preachy and showed the real downside of overindulgence in alcohol using melodrama and unsubtle, over-the-top dialog. In the 1960s, Bro Herrod and Barry Manilow created an updated version that includes a clever and witty score and offers plenty of humor, providing an evening of entertainment and fun for all ages.

The cast and crew are comprised of veterans of the Village Players and the atmosphere at The Drunkard rehearsals is easy and comfortable. Cross, playing the role of the preacher, says, "The first play I saw at the Village Players was The Drunkard in 2003. My first performance with



COURTESY PHOTO

THE CAST of The Drunkard rehearses for the Village Players show. Pictured (I to r), Kimmi Adjutant, Gwen Collins, Andrew Long, Bob Tuttle, Ben Dudley, Chelsea Stewart, Paul Stewart, Don Hargy and Joshua Spaulding.

(Village Players) was in Pirates of Penzance in 2004. I can't sing and I can't dance but I had a good time. My next performance was as a preacher in I Never Sang for My Father in 2005. Then in 2006 I was a

preacher again in Dearly Departed."

It is unclear what aspect of Cross's demeanor screams "Preacher" to directors, but he seems to fit the bill. "I am enjoying the role in this musical as a preacher. I still can't sing and I still can't dance, but our intrepid director knew that and picked me anyway, so he has to suffer the consequences."

The Drunkard is sponsored in part by Bruce and Kris Gurall.



4-H festival

Members from the Victory Workers 4-H club held their first promotional event, a Fall Festival at Duane's Family Farm in Barnstead on Oct. 13. The day included animals, crafts, games, bake sale, and luncheon. Those members making this a success were Derek and Austin Ladd, Charlie and Faith Mewkill, Owen Joubert, Owen and Avery Mahanes, Addison Babcock, Taylor and Keagan Huse, Anna Vyce, Josh, Jeremiah and Faith Chapman. The Victory Workers are just finishing up their garden projects, candy bar sales and BCEP fall garden project.

Meet candidates in Barnstead on Tuesday BARNSTEAD – On Please call the library

Tuesday, Oct. 30, at 6 p.m., the Oscar Foss Memorial Library and the Barnstead Elementary School will be holding a meet the candidates question and answer session at Barnstead Elementary School. An open house with refreshments will follow the session. You can find more information about this event and submit questions for the candidates online at oscarfoss.org.

at 269-3900 or visit oscarfoss.org for more information about the library's programs or events. There is always something happening at the Oscar Foss Memorial Library. Library hours are Tuesdays and Wednesdays from 10 a.m. to 6 p.m., Thursdays and Fridays from 12 to 8 p.m. and Saturdays from 10 a.m. to 1 p.m. The library is closed on Sundays and Mondays.

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P.O. BOX 190

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Questions and appointments to view the vehicles can be addressed with Transportation

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Gather with neighbors in Barnstead

BARNSTEAD — It's about time to get together with and spend some time with some neighbors. It will be happening at Sticks

and which is located on coming from Route 28. 107 White Oak Road in Since it will be over Center Barnstead. It a week past the full is located on the right moon, that last quarside, not too far from ter will be late rising,

Stones Farm, the top of the hill when making it nice and

dark for star gazing and watching the bonfire. There will also be games and a place to share food stuff in

the old farm stand for those more comfortable with walls and a roof. Please consider bringing some food to share and any beverages you'd like to drink. It'll be from 5 to 9 p.m. on Nov. 3, and

they hope to see you there. Brought to you by the Barnstead Agricultural Association. For more information, call 776-8989 or e-mail info@sticksandstonesfarm.net.



Surprise

The Miller family would like to publicly thank Don Card, the owner of the Alton Bay Corner Store, for his help in celebrating with their son Nick and his wife Kathy (long distance from Hawaii where they are stationed) as they revealed the gender of their new little bundle of love due in April 2019. Card enthusiastically agreed to frost two dozen donuts (provided by Goody Good Donuts of Laconia) in the appropriate color - pink. The group met over at the Corner Store and Card revealed the gender of their new grand baby by opening the box and showing all those lovely pink frosted donuts, which they gobbled down while celebrating.

Legion Riders coat drive runs through Christmas

ALTON — The American Legion Riders of Chapter 72 Alton are holding their sixth an-

nual "Coats for Kids" drive. The Riders will be collecting "new" coats for children in the lo-



cal community in need. Coats can be dropped off at the post home on Route 28 Alton, in the coat donation drop-off box located in the post foyer.

The American Legion Riders of Chapter 72 will be collecting coats Nov. 1 to Dec. 25. Donations will also be accepted toward the purchase of new coats. Contact Russ at 776-2968 or Lisa at 520-0672 for more info.



ALTON — The Alton Police Department responded to 132 calls for service during the week of Oct. 14-20, including seven arrests.

One male subject was arrested for domestic violence; threats to use deadly weapon to terrorize another. Two female subjects were arrested on warrants.

1772 Meetinghouse open house is **Saturday**

NEW DURHAM — The 1772 Meetinghouse Restoration Committee is hosting an open house this Saturday from noon until 3 p.m.

Come see all of the tremendous work that has been done around the grounds and with the beautiful new foundation. Catch a glimpse of signatures of town officials that have been on the horsehair plaster walls for more than a century.

Visit the historic stone pound and, as you walk around the grounds with the sound of musket fire from the training field in your mind, don't miss the Early Settlers' cemetery where the first people who called New Durham home were laid to rest.

Jog the trails, and gaze out over the beautiful landscape that people here have enjoyed since the 1760s. Make use of the overview at the vernal pond to see where springtime creatures get their start.

The committee wants residents to enjoy the multi-use park that is open at all times for recreation, and to appreciate the history inside of this building that officially made New Durham a town before the Revolutionary War.

Check out the New Durham 1772 Meetinghouse Facebook page to stay up to date on all of the progress toward restoring the town's first community center, and they'll see you this Saturday.

ALTON POLICE LOG

There were four motor vehicle summons arrests.

There were two motor vehicle accidents.

There was one theft reported on Meadow

Drive. There were two sus-

fingerprinting, one assist other agency, six animal complaints, two juvenile incidents, two domestic complaints, five general assistance, miscellaneous, one one wanted person/ fugitive, seven alarm picious person/activ- activations, one noise complaint, three lost/ found properties, four highway/roadway hazards, one sexual assault, six general information, one vehicle ID check, two sex offender registrations, three civil standbys, two civil matters, two wellness checks, four community programs, 18 directed patrols, one 911 hang-up, one medical assist and 10 property checks.

PORTRAITS • WEDDINGS • SCENICS • EVENTS



ity reports on Marsha Drive and Suncook Valley Road.

Police made 29 motor vehicle stops and handled six motor vehicle complaint-incidents.

There were 92 other calls for services that consisted of the following: One administrative action, two assist fire department, two fraudulent actions, two endangering/threatening, one employment



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The Real Report RECENT REAL ESTATE TRANSACTIONS

Town	Address	Туре	Price	Seller B	luyer
Alton	43 Fernhill Dr., Unit 43	Condominium	\$172,000	Patricia A. Delaney	Dennis K. and Sharla Hennessey
Alton	Highland Ave.	N/A	\$175,000	William A. and Maria A. Colacrai	Stephen E. and Phyllis A. Connelly
Alton	130 Rand Hill Rd.	Single-Family Residence	\$104,600	Bruce Barton (for Jeannette Barton Estate)	Rand Hill Realty LLC
Alton	158 Rattlesnake Island	Single-Family Residence	\$440,000	Beth A. and Theodore O. Doehner	Kristine E. and Derek R. Blackwelder
Alton	556 Rattlesnake Island	Single-Family Residence	\$350,000	Susan K. and Jay Trahan	Beth A. and Theodore O. Doehner
Alton	102 Roger St.	Single-Family Residence	\$955,000	Karen Dawson (for William E. Dawson LT)	Scott W. and Alyssa M. Rau
Alton	Trask Road	N/A	\$2,000,000	James C. Banks (for James C. & Nancy D. Banks Trust)	James W. and Jennifer L. Whalley
Alton	N/A	N/A	\$575,000	Elaine E. Bradley	Philip S. and Carolyn V. Cunningham
Alton	N/A (Lot 150)	N/A	\$20,000	Rori M. Boyce	Halls Hill Excavation LLC
Alton	N/A (Lot 32)	N/A	\$97,000	Howard L. and Carrie L. Chandler	Donal D. and Donna L. Young
Barnstead	270 Bow Lake Rd.	Multi-Family Residence	\$238,400	Vickie and Ronald Bloom	George W. and Jody Drew
Barnstead	404 Narrows Rd.	Single-Family Residence	\$137,000	Marilyn L. and Wilfrid E. Morin	Sean E. and Robin L. Kelley
Barnstead	3 New Rd.	Single-Family Residence	\$170,000	Troy M. and Patricia I. Power	Kimberly D. Lee
Barnstead	119 S. Barnstead Rd.	Municipal Property	\$22,533	Town of Barnstead	2nd Blue Property Management
Barnstead	240 S. Barnstead Rd.	Multi-Family Residence	\$250,000	Patricia R. Corson (RET)	Peter D. and Constance L. Holmes
Barnstead	325 Shackford Corner Rd.	Acc. Land Imp.	\$60,000	William A. Gosse	Kevin P. and Tanya L. Enright
Barnstead	16 Tamworth Trail	Single-Family Residence	\$184,933	Craig S. Lesperance	Nathalia E. Leahey
New Durham	35 Ham Rd.	Single-Family Residence	\$309,933	Christopher Berry	Bart M. and Danielle T. Rogers
New Durham	597 S. Shore Rd.	N/A	\$197,000	Daniel M. and Susan S. Glenney	Angela D. Manning-Welch
ABOUT TH	ABOUT THE REAL REPORT usually the first listed in the deed. Sales might involve data from Department of Revenue Administration f				

Here are recent real estate transactions in Alton and the surrounding areas. These sales summaries are informational only, not a legal record. Names shown are

Theater students selling

Christmas wreaths

Students of Perform from any Perform It! It! Stage Company are student, or contact

additional parties or locations. Prices are usually based on tax stamps and might be inaccurate for public agency sales. Refer to actual public documents before forming opinions or relying on this information. Additional publicly recorded information on these sales, prior sales and

is available at www.real-data.com or 669-3822. Copyright 2011. Real Data Corp. In the column "Type": land= land only; L/B= land and building; MH= mobile home; and COND=condominium.

Long term care seminar Nov. 13 in Rochester

ROCHESTER — On Tuesday, Nov. 13, join the 2018 Rochester Chamber of Commerce Business of the Year, HBL Group, and 2018 Non-Profit of the Year, Cornerstone VNA, for an informational evening to learn more about preparing for the future and protecting your family and assets. Topics will include long term care options, as well as healthcare options for seniors or those who have aging loved ones. This seminar is free to attend and is open to all.

The evening will begin with a presentation by HBL Group Partner Greg Hopkins, who will educate attendees about financing for long term care and how they relate to Medicare and Medicaid. Hopkins states, "There are many options available, which can seem overwhelming, but my goal is to provide education and guidance to help people make informed decisions." Hopkins adds, "Long term care insurance can be expensive, but if you start planning at a young

age, you'll be better prepared for the future."

In addition, attendees will hear from Cornerstone VNA Clinical Director Jennifer Gullison, as well as Julie McCabe, Medical Social Worker. Gullison and McCabe will share information about Cor-

nerstone VNA services and the many resources available to community members, particularly for seniors and family caregivers. McCabe will also present on the importance of advance directives and how to compete the form. According to McCabe, "Advance directives tell your family, friends and health professionals about the kind of healthcare you want and who will make decisions for you if you are too ill to speak for yourself."

This informational talk will take place on

Tuesday, Nov. 13, from 5:30 to 7 p.m. at Granite Steak and Grill, 11 Farmington Road, Rochester. Light refreshments will be provided. For more information or to register, call 332-1133 x109 or visit www.CornerstoneV-NA.org.



selling hand-decorated wreaths with an elegant wired bow, natural pine cones and decorative berries. Students assemble the wreaths and offer them to you with your choice of bow: brick red velvet, glitter gold or silver pattern, red-green or red-navy plaid, or red and green peppermint candy stripes. You also choose either natural, gold, or silver pine cone pairs. These wonderfully fragrant, fresh balsam fir wreaths will be delivered to you Thanksgiving week. They are approximately 22 inches wide, double-sided and cost \$25 each. Please

WOLFEBORO

Wendy Plache at wwplache@gmail.com. You may also contact them on Facebook and Instagram at Perform It Stage Company or www.PerformItStage-Company.org.

— order one, or more,

Perform It! Stage Company has been entertaining area audiences with Shakespeare's plays for more than 20 years. The wreath sale plays an integral part in funding this non-profit organization. Perform It! is grateful for your continued support of arts education. Order your work of art today, hand-made by creative students of classic theater.

Free workshops offered in New Durham

NEW DURHAM — A series of workshops are offered at the New Durham Public Library.

Thursday, Oct. 25, at 7 p.m. is a free workshop, The Psychology of Happiness.

Learn the psychology of your mind, your feelings, and what is happiness. Learn how you can be happy, and how perhaps you can help someone you love be happy and perhaps help someone stay away from cigarettes, alcohol and drugs.

Thursday, Nov. 1st 2018 at 7 p.m. is a free

workshop, Learn To Learn Music.

Learn what you need to know about learning how to play music on a keyboard, piano or organ.

Thursday Nov. 8, at 7 p.m. is a free singalong session.

SongBooks with song lyrics provided, many styles of popular music.



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OBITUARIES

Eric Jason Francis Family man and avid outdoorsman

FARMINGTON Eric Jason Francis, age 45, of Dodge Cross Road, passed away on Oct. 15, at Hyder Family Hospice House, surrounded by his loving family.

Born in Rochester on Jan. 22, 1973, son of Glen A. Francis and Lynn (Pease) Francis, he was raised in Malden and Methuen, Mass., resided in Wakefield and attended Spaulding High School in Rochester, resided there for years and had lived in Farmington for three years.

Eric worked as a Master Plumber for Currier Plumbing, Pump and Filter Company for over six years. Work to him was a hobby, not a job.

His favorite things included anything with his family, camping, fishing with his daughter, card and board games, his dog Beau and motorcycling. Eric worked so hard for



his family, so he could spoil them. Loving and caring, Eric was a family man and an avid outdoorsman. His outdoor activities included gardening, hunting, fishing and snowmobiling. He enjoyed spending time at Balch Lake in East Wakefield.

He was a former member of the American Legion in Rochester.

Survived by his wife of 18 years, Angela M. (Libby) Francis; son, Jason A. Francis; daughter, Samantha L.

Francis, all of Farmington; father Glen A. and his wife Robin Francis of Rochester; two sisters. Wendi Fenderson of New Durham and Becky Coran of Arizona; brother, Wally and wife Casey Coran of Alton; also aunts, uncles, cousins, nieces and nephews.

Α celebration of life was held on Saturday, Oct. 20, at Peaslee Funeral Home, Farmington, with a service following. In lieu of flowers, memorial donations mav be made to the Eric Francis Cancer g0fund-me page, https:// www.gofundme.com/ eric-francis-cancer-fund?fbclid=IwAR3-54Q8z2xgIaVSPfPNjlSpwJxoi8tSudq6o3yIqxildGdiP-6wIm09TH9E.

To express condolences, please visit www.peasleefuneralhome.com.

LACONIA — Margaret Louise (Elliott) Griffiths, 83, of Belknap County Nursing Home, Laconia, went home to be with the Lord on Oct. 15.

She was born in Laconia, Sept. 30, 1935, daughter of the late Perley and Arzelia Elliott. Peggy, as she was affectionately known by family and friends, spent her early years in Laconia and attended local schools. After her father's death, she moved with her mother to Rumney, where she attended Plymouth High School, graduating in 1953. She also attended Providence Bible College. She was a resident of Laconia for many years.

Peggy worked for many years as a medical transcriptionist. She met many wonderful people through her various stints at Concord Hospital, NH Veterans Home and the LRGHeathcare communities. Peggy retired at 62, and enjoyed volunteering in various

Mr. Wiebe was ac-



Margaret Louise Griffiths, 83

community endeavors. She returned to work part-time and eventually retired – for good, at the age of 72.

Peggy was very involved with her church family at Laconia Christian Fellowship. She was known as a devoted prayer warrior. She also played violin, sometimes participating with the worship team. She was passionate about her cats, spending her later years with White Cat, Sammy, and Buddy, who faithfully kept her company. She was a devoted Red Sox fan and groupie of Big Papi.

Peggy deeply loved her family and made

and Charles A. (Anne Millar) Wiebe; six grandchildren - Kate (Nick) Bergmann, Molly Wiebe, Travis Wiebe, Lindsay Wiebe, Kit (David) Cahill, and Sally Wiebe; and two great-granddaughters, Lola and Harper Bergmann.

A memorial gathering will be held at a later date.

Memorial contributions may be made to The Katie Hadley Memorial Foundation, 91 Maple St. Summit, NJ 07901 and the Wolfeboro Public Library, 259 South Main St. Wolfeboro, NH 03894.

The Baker-Gagne Funeral Home and Cremacame together in his tion Service of Wolfeboro

sure that all knew of her support to achieve their highest potential. She never stopped praying for and believing in them. She enjoyed many summers camping with her family at Hermit Island and eventually Prince Edward Island. Peggy relished the times spent around the kitchen table sharing food, wonderful memories, and wildly embellished stories with family near and far.

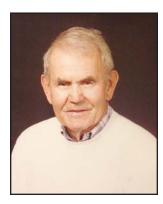
In addition to her mother and father, Peggy was predeceased by her former husband, Urban Griffiths, whom she remained friends with until he passed away in 1988, a daughter, Debbie (Griffiths) Redmond, and her beloved sister, Virginia (Ginnie) Elliott Davis Mountfort.

Peggy is survived by her children, daughter Linda (Griffiths) Trask and husband, Rory of Belmont, son David Griffiths and wife Bonnie (Tivey-Carbone) Griffiths of Barnstead, and daughter Pam Griffiths, of Massachusetts. She also leaves 11 grandchildren, Kevin and Kelly (Madigan) Trask of Gilford, Kelly (Trask) and Daniel Turan of Belmont, Shauna (Carbone) Gunther of Barnstead, Jay Carbone of Concord, Tefani Nicole Blake of Plymouth, Micah McCullough of Canaan, Seth Bayer of Concord, David, Daniel, Stephen and Cory Griffiths of Vancouver, BC, Canada, 14 great-grandchildren, as well as nieces and nephews.

Peggy was a devoted woman of faith, and all who knew her knew that her greatest desire was for them to know Jesus Christ as their Savior and Lord. Her life verse was Proverbs 3:5-6, "Trust in the Lord with all your heart and lean not on your own understanding; in all your ways acknowledge Him, and He shall direct your paths." Her family wishes to express their sincere gratitude and thanks to the amazing nursing staff of the west wing at BCNH. The love and care shown to our mom in her last years gave her family great comfort. As well, a special thank you to Central NH VNA and Hospice for the care and support Peggy and her family received in her final days.

LACONIA — William Cool Wiebe, 91, died Oct. 18, at Taylor Community in Laconia.

He was born Nov. 28, 1926 in Morristown, N.J. to the late James B. and Lola Cool Wiebe. After graduating from Summit High School in 1944, he enlisted in the US Navy and earned the rank of ensign. Subsequent to his naval service, he graduated from Syracuse University (BS) in 1950. After



college, he taught science and physical education in public schools in both New York and New Jer-

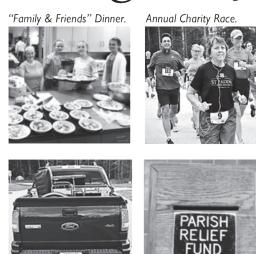
William Cool Wiebe US Navy veteran

sey. He married Marjorie McDermott Wiebe in

June 1950. Mr. Wiebe began his business career with New Jersey Bell in 1955 and retired from AT&T Information Systems in 1984. During his tenure at AT&T, he earned his Executive MBA from Pace University. After his retirement, he converted a lifelong passion for woodworking into a second career as a cabinetmaker.

tive as a volunteer in a number of organizations while residing in Summit, N.J. for 38 years and then Wolfeboro for 24 years. He was a co-founder and the first President of the Summit Lacrosse Club, which is now celebrating its 46th year. He served as a Deacon at Central Presbyterian Church in Summit and the First Congregational Church in Wolfeboro. Mr. Wiebe also was a member of the Wolfeboro Town Planning Board and the Lakes Region Planning Commission. His love of woodworking and boats

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You need not be Catholic to join us in helping others. Just call Deacon Rick at 875-2548 or visit stkdrexel.org to learn about our ministries and your opportunities to serve God and His people.

Mass Schedule:

Saturday at 4:00 p.m.; Sunday at 8:30 and 10:30 a.m. Weekdays (except Thursday) at 8:00 a.m.

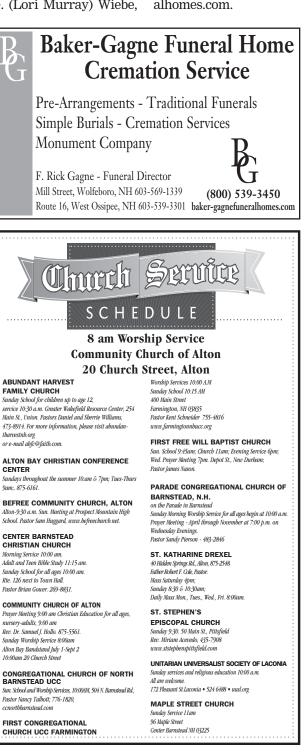


SAINT KATHARINE DREXEL

A PARISH OF THE ROMAN CATHOLIC DIOCESE OF MANCHESTER ON ROUTE 28 BETWEEN ALTON AND WOLFEBORO, NEW HAMPSHIRE

weekly paddle-carving demos at the New Hampshire Boat Museum.

In addition to his wife, Mr. Wiebe is survived by his sons - John W. (Joyce) Wiebe, Thomas G. (Lori Murray) Wiebe, is assisting the family with the arrangements. Please share your messages, stories, or leave a short note and sign an online guest book at www.baker-gagnefuneralhomes.com.



There will be no calling hours per family wishes.

A private graveside ceremony is scheduled for a later date.

In lieu of flowers, memorial donations may be made in Peggy's name to Aspire Women's Center, 506 Union Ave., Laconia NH 03246, where Peggy served as a board member for several years, Belknap County Nursing Home's music therapy program, 30 County Drive, Laconia NH 03246 or Central NH VNA & Hospice, 780 North Main Street, Laconia NH 03246.

Wilkinson-Beane-Simoneau-Paguette Funeral and Cremation Services, 164 Pleasant St., Laconia, is assisting the family with arrangements. For more information and to view an online memorial, go to www.wilkinsonbeane. com

tharvestnb.org

Sundays throughout the summer 10:am & 7pm; Tues-Thurs 9am: 875-6161.

BEFREE COMMUNITY CHURCH, ALTON on-9:30 a.m. Sun. Meeting at Pro

CENTER BARNSTEAD

Morning Service 10:00 am. Adult and Teen Bible Study 11:15 am Sunday School for all ages 10:00 am. Rte. 126 next to Town Hall. Pastor Brian Gower. 269-8831.



BY MARK PATTERSON Contributing Writer

It appears there is a lot of advertising on TV and direct mail proposing final expense insurance. This final expense insurance is typically for a 10 or maybe \$20,000 death benefit. Some of these policies are guaranteed issue, which typically means if the insured passes in the first two

PITTSFIELD — The

Dorcas Guild of the First

Congregational Church,

24 Main Street, Pitts-

field, will hold its annu-

al Christmas Fair. bake

sale and luncheon Satur-

day, Nov. 17, from 9 a.m.

to 2 p.m.

years the beneficiary will only get the premium payments returned. Other final expense policies may ask questions about your health known as "knockout questions" whereas if answered with a no, the insurance company will then check with the medical information Bureau or MIB to determine if they should insure you. The premium payments of these policies can be very expensive because the insurance company is working with the law

There will be many

handmade items to

choose from as well

as gourmet products,

baked goods, "Unique

Boutique" and the won-

derful silent auction.

Corn chowder and sand-

wich lunch with home-

of large numbers and without a full para-med underwriting profile, that creates a "risk pool." Insurance company actuaries are very good at determining risk providing that they are given enough information on the potential insured.

You should also be aware that the commissions to agents on these products tend to be very high compared to a traditional fully underwritten life insurance policy. Many people who apply for these final expense

made pies will also be

available. Plan to be

there for this handcraft

will be due by the close

of the fair, 2 p.m., Nov.

17. The successful bid-

ders will be notified at

All silent auction bids

goldmine.

policies are looking for the simplicity of what amounts to a one-page application. Some people apply for the guaranteed issue because they think they may have a health issue that would prevent them from getting an underwritten life policy. Often these health issues may be addressed in a fully underwritten policy that potentially could have much more death benefit or a lower premi-

Mark on the Markets

Final expense insurance

One thing that I've learned while helping

um.

clients obtain good life insurance is that most insurance companies underwriting criteria varies from company to company and even underwriter to underwriter within the company. The advisors in my office work with insurance companies that we can communicate with the underwriter evaluating our client's application. Additional or clarification of information is often needed for the underwriter to properly classify or rate a policy.

In my opinion, the logical step for anyone wanting to look at a life insurance policy, especially if they may have potential medical issues should consider speaking with an agent who has experience in field underwriting and can communicate with underwriters at the insurance companies. This often gives you direction towards which type of policy you may be best suited to apply for.

policy may be referred to as final expense or a burial policy, the need may exist for liquid assets upon one's death. For example, your spouse has assets but primarily non-liquid such as real estate or a business. Even though those assets may be abundant you don't want to put the survivor in a situation where they must "fire sale" assets to raise cash. When speaking with clients whose children are older and not dependent on them anymore, the tendency is to think that they don't need life insurance. But you really must consider if you or your spouse passed unexpectedly is there enough cash in the bank or liquid investments that could hold them over if they needed to sell more non-liquid assets.

Mark Patterson is an advisor with MHP Asset management and can be reached at 447-1979 or Mark@MHP-asset.com

Annual Arts Council gathering is Saturday

WOLFEBORO — The Governor Wentworth Arts Council invites all members (and those who wish to join) to the Annual Fall Reception at the Village Players Theater, Glendon St., Wolfeboro on Saturday, Oct. 27, at 1 p.m. Members should R.S.V.P. to Jeannette at j@virgodesignstudio.com or call 569-0078. Refreshments will be served.

On the agenda is a brief meeting and announcements of Arts Council coming events.

Church offering

Members are invited to the special full length screening of the 2017 Academy Award nominated art film "Loving Vincent" to close out the event. You must be a current dues-paid GWAC member to stay for the film. Memberships will be accepted at this time.

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Red Wine Sale!

2015 vintage wines are on sale at 15% off per case Dry red wines aged in French oak barrels

Cabernet Sauvignon

Christmas fair coming to Pittsfield Nov. 17 that time. Plenty of free parking is available in the rear

of the church (enter on Chestnut Street), and the church is wheelchair accessible. For more information, call the church office at 435-7471.

breakfast on Saturday morning

BARNSTEAD — Center Barnstead Christian Church will be hosting a free breakfast on Youth Hunter Weekend, Saturday, Oct. 27. After spending a morning enjoying hunting with your children, stop by for a warm hearty breakfast of pancakes, sausage, real maple syrup and plenty of hot coffee. Even if you aren't hunting, stop by and enjoy a delicious breakfast. They will be serving breakfast from 9 until 10:30 a.m. All are invited. Any questions about this event or the Sunday worship service or Bible studies, please visit www.centerbarnsteadcc.org or call 269-8831.

Julie, Mike and son, Connor

Cryans for Executive Council

Duties of the Executive Council:

- Votes on the governor's nominations for major positions and boards in state government
- Votes on all judicial nominations
- Responsible for the 10-Year Highway Plan
- Councilors each represent 20% of the population; District 1 is comprised of the upper 2/3 of the state

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Obituaries and **Announcements** of special events such as weddings, engagements, and anniversaries are published FREE OF CHARGE in any/all Salmon Press newspapers. **Obituaries** can be sent to: obituaries@salmonpress.com Wedding, engagement, and anniversary announcements are welcome at: weddings@salmonpress.com Photos are also welcome, but must be submitted in jpeg format. Please contact Executive Editor Brendan Berube at (603) 279-4516, ext. 111 with any questions regarding the submission process.

The Shining on Village Players big screen Saturday night

WOLFEBORO — As Halloween rolls around, the Village Players Theater is getting into the spirit with a screening of the Stanley Kubrick classic, The Shining.

This one-night only feature will take place on Saturday, Oct. 27, at 8 p.m. at the Village Players Theater, located on

ALTON

(continued from Page A1) topics were education, conservation, affordable housing, and business development. Additional topics listed in a hand out included water quality, downtown revitalization, and balancing the needs of tourists with year-round residents.

French said that attendees would be assigned a topic on a randomized basis.

"There's a tendency to gravitate to one issue or another, but since we want a broad cross section, doing it this way helps," French said prior to the event.

Upon entering ACS, attendees were greeted by steering committee member Peter Bolster. He was distributing numbered name tags that indicated which subgroup attendees would participate in. Bolster also directed folks to the cafeteria, which was the venue for a preliminary spaghetti supper that was followed by a wholegroup orientation.

The opening remarks were kicked off by All in for Alton co-chair Sullivan. After acknowledging support from the initiative's many supporters, Sullivan thanked the 70 or so attendees for turning out.

"I believe in family and a community is definitely an extension of family," she said.

Up next was fellow co-chair Caruso. She expressed gratitude toward town planner Strong and for the hard work of the entire steering committee. She noted that SulGlendon Street in Wolfeboro.

Novelist Jack Torrance (Jack Nicholson) takes a job interview as winter caretaker of the isolated, and beautiful Overlook Hotel. In the interview, Jack is told by the manager himself, that the previous caretaker - Grady (Phil-

livan "goes above and beyond - but that's what you'd expect from Kelly."

Caruso next showed a slide deck consisting of Alton images that had been submitted either through Facebook or via e-mail. "These are the places that make us special and make Alton what it is," she said. The images included the Alton Dance Academy, the M/S Mt. Washington, the water bandstand, Pop's Clamshell, and vistas from atop Mt. Major.

During the presentation, Sullivan chimed in, "How about that bandstand committee - they really got it done." Her reference to volunteer efforts to restore the icon of Alton Bay garnered applause.

Caruso concluded her remarks, "We have a lot to celebrate."

The formal presentations transitioned to a facilitated whole-group input session during which attendees were asked to describe some assets Alton possesses and some potential challenges. This part of the program was led by Sue Kendall of the UNH Extension's Belknap County office, where she works to advance community and economic development.

heading "So, I'm this part up since, as a non-resident, I can bring a perspective that's not quite as vested and can be a little more independent," Kendall said. She asked folks to summarize Alton in one or two words. Among

ip Stone), chopped his family and later killed himself with a shotgun. Ignoring the story, Jack brings his wife, Wendy (Shelley Duvall) and his son Danny (Danny Lloyd). It happens that Danny has a mysterious power known as "The Shining," which shows him things from the past and future. Some of the visions come from Tony, "the little boy who lives in Danny's mouth." Danny meets Hallorann (Scatman Crothers), the hotel cook in their first day arriving at the Overlook, who also has this "Shining" and he warns him about the hotel and the sinister Room 237.

As the days go by, Danny has visions of previous guests and employees who died at the hotel years before, meanwhile Jack starts driving into insanity, turning more and more aggressive, at the point that Danny and Wendy gets convinced that Jack might try to do the same thin, Grady

did. The Shining, which came out in 1980, is rated

R. The Village Players movie series features classic movies each month on the theater's big screen. Refreshments are available for sale throughout the evening.

tends to be a place where people come to retire and they don't bring their families with them - just to visit." He contrasted Alton with Gilmanton, which he said has greater intergenerational diversity.

As for challenges, among the first things mentioned was the fact that Alton and Barnstead have three separate superintendents - one for Prospect, and one each for ACS and BES. "It's expensive and it kind of complicates things," Bolster said - though he did note that all three are part-time.

Another group member said that small-town politics is a "barrier to involvement." He noted that there are younger people interested in pitching in but just don't want to become involved in squabbles, whether they be at the town hall or on the school board.

Larson cited a chronic "unwillingness to invest" in the schools is a challenge. She said that Alton should be proud of its low tax rate, but that there are some areas that require resources.

Another attendee cited special education challenges. Comparatively, Alton's SPED population is fairly high - particularly among students requiring one-onone assistance.

In looking to the future, the group stressed the importance of learning opportunities for adults. Another thread involved intergenerational learning. One member said the schools could do more outreach to engage with seniors who could volunteer. Another member said that Prospect could help seniors as well - particularly with technology matters. "It would be a valuable service for us older folks who have a question about their iPhone if there was maybe one hour a week when a savvier young person could help," she said. "Oh, kind of like office hours," chimed in another member of the group. Larson said that Alton would benefit from having a location that could serve as a "maker space." She said that the Prospect robotics club could be something of a model for a facility that could serve people of all ages. Moving forward, the steering committee and UNH staff will be compiling these comments - as well as those from the other small groups. Dee said that the goal would be to find perhaps five key priority areas. From there, the community will continue to be solicited for input to identify strategies that are "high impact, high feasibility." The following day, action groups were created based on the initial discussions. The action groups will meet on Nov. 14 from 5:30 to 7 p.m. at the Gilman Library.

· Be respectful and polite Listen to others One speaker at a time - dor nterrupt · All ideas are valid Be concise Stay focused and on task Challenge problems, not p . Share the floor - give oth share their (1)

COURTESY PHOTO

RYAN DEE was among the small group facilitators who helped moderate breakout sessions at last Friday's All in for Alton community input event. Dee's group discussed strengths and opportunities relating to education in Alton.

the responses: friendly, resort, second home, spread out, limited employment, no public transportation, good local newspaper, famous robot (a reference to Prospect's 'bot "Big Bad Bob"), retail-challenged, lack of nightlife, older-skewing population.

Armed with easels and sharpies, UNH staffers and event volunteers compiled the responses. Kendall said that she would be looking at the comments to identify common threads and areas of potential collaboration.

Kendall then asked, "What would a future Alton look like?"

There was no lack of responses. They included: downtown retail similar to Wolfeboro; luring good-paying local jobs; modernizing ACS; a community center for all residents and not just seniors; a residents' only town beach; a non-drivethru place for coffee; and growing the library. Attendee Duane Hammond suggested an "annual signature event

that would draw in people from out of town." He acknowledged that events like the Winter Carnival and the Rotary Home Show are popular, but that their geographic reach is limited.

Having identified some community-wide matters of interest, folks were then divvied up into small discussion groups where they could share ideas on one specific topic.

The Baysider sat in on a session that explored challenges and opportunities related to education.

The breakout session leader was Ryan Dee, who began by soliciting general input on the strengths and challenges facing the education of Altonians. As would be expected, many of ed rebranding it as a the responses focused on PMHS and ACS, but there was also considerable input on the desirability of lifelong learning opportunities. Bolster cited PMHS itself as an overall asset, recalling a time not too long ago when ACS ac-

commodated every grade through high school. Recalling his time advocating for a high school as a selectman, he joked that many residents "considered me to be the sixth school board member." He described PMHS as a "baseline asset."

Other members of the group cited its importance as a locus for after school and enrichment activities like sports, musicals, and the robotics team.

"We have a lot to be proud of," Bolster said.

Regarding out of school learning opportunities, Ruth Larson acknowledged that Alton has an aging - but intellectually-engaged population. She said that there are a number of seniors who are knowledgeable on a variety of topic who could potentially give 20-minute lyceum-style presentations on subjects ranging from local history to gardening.

"There's a lot of brain power in this town," Bolster concurred.

As to where extended learning programs could take place, there was general agreement that either the Pearson Road center or Prospect would be logical places to investigate.

Regarding the senior center, the consensus was that it was underutilized and is virtually vacant a lot of the time. Many members suggest-

BARNSTEAD SCHOOL DISTRICT **INVITATION TO BID** SPECIAL EDUCATION TRANSPORTATION

The Barnstead School District is requesting bids for transportation for its special education students to the Barnstead Elementary School for the 2019-2020, 2020-2021, and 2021-2022 school years. Bid specifications may be obtained by contacting the SAU #86 Office, 1 Suncook Valley Road, Barnstead, NH 03218 or by emailing dwalsh@mybes.org. Bids must be labeled "Barnstead Special Education Bus Bid" and will be accepted at the SAU #86 office no later than 12:00 noon on Friday, November 9, 2018.

Barnstead School District reserves the right to accept or reject any or all bids.

STATE OF NEW HAMPSHIRE **SCHOOL ADMINISTRATIVE UNIT #86 BARNSTEAD SCHOOL DISTRICT**

SCHOOL BUS TRANSPORTATION

The Barnstead School District is requesting bids for school bus transportation for its students to the Barnstead Elementary School and to Prospect Mountain High School for the 2019-2020, 2020-2021, and 2021-2022 school years. Specifications are available at SAU #86, 1 Suncook Valley Road, Barnstead, NH 03225 or by emailing dwalsh@mybes.org. Telephone: 435-1510;

Fax: 435-1511. Bid closing date will be Friday, November 9, 2018 by 12:00 noon.

PUBLIC NOTICE TOWN OF ALTON

Supervisors of the Checklist will be in session at the Alton Town Hall on Monday, October 29, 2018 from 6-6:30 p.m. to accept voter registration applications. No additions or corrections shall be made to the checklist after this session until election day.

Alton Supervisors of the Checklist Sharon Kierstead K. Ruth Larson vacancy

community center.

As for making use of Prospect, several group members said that using the facility for more community events would help residents without children in town feel more connected to the school.

"It could foster a sense that the high school is ours, belonging to everyone - and not just for the people with kids," said one group member.

Another member noted that, in spite of having an aging population, there are few multi-generational families in Alton where seniors have local grandchildren in the school system.

"So, what I'm hearing is that there's a little bit of a disconnect," said Dee as he took notes.

Bolster added, "This

NOTICE- BARNSTEAD PROPERTY VALUATION UPDATE

The Town of Barnstead has updated property assessments for the 2018 tax year. The last update of assessments occurred in 2015 and since then there has been a dramatic increase in real estate sales prices and the number of transactions occurring. Without the update the estimated median assessment level for 2018 would have been in the mid 70% range, meaning that a property that sells for \$200,000 would be assessed for around \$150,000. (The State requires us to be between 90% - 110%). To establish the new assessments, we analyzed all the valid market transactions that had occurred from April 1, 2016 to May 2018 to determine the market trends.

The purpose of a valuation update is to reflect market value as of April 1, 2018 and to maintain assessment equity across the different property types within the Town. No property type should pay a disproportionately higher portion of the property tax than another group when based on market value. Generally with a town wide update a third of the properties see a decrease in their taxes, a third stay about the same and a third see an increase. The new assessment will be effective for the December 2018 tax bill.

With the increase in the total assessed valuation of the Town the total tax rate is expected to decrease proportionately depending on the budgets that were approved at the municipal, school and county meetings.

Any property owner that feels their new assessment does not reflect market value as of April 1, 2018, may file for an abatement with the municipality any time after they receive the December tax bill and before March 1, 2019.

WENTWORTH

(continued from Page A1) three decades of service. During Brown's introduction, she described her as the "queen of the evening."

"It's time for a new adventure," Wentworth smilingly summarized.

During the gathering, she held court with the many friends she'd had a chance to forge relationships with over the past 31 years.

It was an event during which a large swath of the community attempted to express gratitude to Wentworth for three decades of service. It was virtually impossible for Wentworth to conclude a conversation and take more than three steps before becoming engaged with another longtime friend or associate. During the scant time The Baysider had to speak with Wentworth one-on-one, she highlighted the warm relationships she shared with town residents.

Thinking back to her initial involvement with the town, she recalled,

HALLOWEEN

(continued from Page A1) they would have about 10 people per show, and do just a few shows throughout the evening.

"There were about 30 people in the first group that came in," one of the actors said. "We were stunned. And they just kept coming."

Literally hundreds of residents turned up; so many, in fact, that there was a fire department presence.

"We were there all evening," one firefighter recalled, "and we could hear the response of the people inside. At the very end, we asked if they would do a show for just us, so we could see what we'd missed."

A command performance was held.

Another Merrymeeting Merrymaker com-

Department once again partnered with the Meetinghouse Restoration Committee for Halloween Happenings on site, and will do so again this year from 5 to 7:30 p.m.

Recreation Director Nichole Hunter said her department has a long legacy of partnering with the Meetinghouse. "We're excited to offer this festive event full of spooky tours down to the Olde Stone Pound and a short trick or treat trail to fill bags."

The trail is for all ages and its spookiness factor is low enough for even the faint of heart.

Inside of the building, games such as pumpkin ring toss, corn hole, tic tac toe, and doughnut on a string races will be offered. A treat table with popcorn, baked goods, and cider will also be set up to augment the haul from trick or treating. "Our volunteers love providing a Halloween event for the community," Hunter said. "We've had a wonderful response from them to be involved and give back to the town in such a fun way." Hunter said the reason to hold a sort of one-stop shopping event such as this with games, thrills and treats is apparent. "Given our rural make-up, being able to offer all of these activities all on one night gives families the chance for a safe, entertaining evening without having to leave town." Volunteers are still being sought to add to the fun by dressing up, handing out treats, or running a game. Contact Hunter at ndrec@newdurhamnh.us. Dorothy Veisel, who has always been involved with town activities in one capacity or another, said the haunted woods at the Meetinghouse are "reminiscent of the haunted house and haunted hayrides the Recreation Department hosted years ago. They were great fun and I have missed them, so I am happy to see the tradition is being brought back by the Meetinghouse."

no worries about the weather."

then she was a recent

She went on to mention the partnership between the Meetinghouse and the Recreation Department. "The two groups have hosted many successful community events. In a rural community, this partnership provides a safe Halloween experience for kids of all ages."

The holiday does allow adults to step back into their youth. "We can dress up and participate in Halloween fun. It's awesome to see the community work together to provide this experience for our children."

Veisel said she hoped to see everyone in the haunted woods on Oct. 31. "You won't see me," she hinted, "but I'll see vou."

years

treating at the school.

Local groups and or-

ganizations sponsor a

classroom, decorating

the door and passing

out candy on the big

night when the little

spooks and Harry Pot-

ters knock. Community

members also donate

of the activity, "It's been

a great way for my kids

to trick or treat over the

years because we don't

live in a neighborhood

where kids can just walk

door to door. It has al-

ways been popular and

well attended by the

dy. Perhaps thinking

that, one year a person

dressed up in a gorilla

costume and handed out

Sheri Joy and Marcia

Berry are once again

co-hosting from 5:30 to 7

p.m. Anyone who would

like to sponsor a door is

asked to contact Berry at

have always shown their

support. The police and

fire departments joined

in, as did the library,

and now year after year,

tiny devils, ghosts, and

mermaids trek through

the main downtown area

of New Durham, seeking

gie Meattey's costume

is ready made. "I'll be

working," he said, "so I

guess I'll be dressed up

Police Sergeant Reg-

Halloween,

departments

That's a lot of can-

community."

bananas.

This

the school.

Town

treats.

Heather Wingate said

candy to the cause.

For

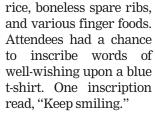
as a police officer." The wife of the newest

officer, Brian Crockwell, has offered to assist. Justine Crockwell will be in costume with plenty of treats to hand out.

Meattey loves jumping into the fun. "It's a great opportunity for us to connect with the community, especially kids."

There is always a literary tie-in at New Durham Public Library's Halloween Extravaganza. "Not 'War and Peace," Library Administrative Assistant Sheryl Bansfield said. "It's more nursery rhyme oriented, due to the age of our patrons that evening."

Through the years, library staff has recreated Old King Cole, Alice in Wonderland, Little Miss Muffet, Humpty Dump-



Some folks stayed for the duration, but there were also a number of comers-and-goers who popped in to say hello before heading off to other commitments. Nonetheless, at any given time, it felt like the banquet room was at an average of 60 folks, with early arrivers heading out and other residents cycling in later.

As finance manager, Wentworth is succeeded by Troy Neff - a 15-year resident of Alton who brings considerable financial credentials to the role.

For the past five years, he worked at TD Bank, where he played a key role in the institution's compliance department. During that time, he was one of the leads in ensuring the bank was in compliance with regulations stipulated in the Dodd-Frank Act. His duties included extensive travel along the Eastern Seaboard, as well as to Toronto, where TD is headquartered.

While he notes that transitioning from being a key player at a bank with \$283B in assets to managing the books of a small New Hampshire town will be interesting, Neff said that the work life balance is what attracted him to the role.

"This is definitely a nice change of pace," he said.

Neff added that being able to utilize his skills in the community his family calls home is a great intangible benefit.

"The scale is different - and so are a few principles between banking accounting and municipal accounting - but in the end, it comes down to debits and credits and





ALTON'S retiring finance manager Paulette Wentworth took a moment during her retirement celebration last Thursday at J.P. China for a photo with her successor, Troy Neff, a town resident, who assumed the role in September.

"After my kids were old enough, I looked for ways to get involved."

She noted that back

transplant from Massachusetts and initially felt somewhat isolated. But

thanked colleagues and residents, she unpacked several gift baskets that included a variety of items. Looking on is Alton executive secretary Mary Jarvis, who helped coordinate Wentworth's retirement party.

mented, "The size of the turnout the first year was astounding. Folks are very curious about the Meetinghouse and the kids love seeing their teachers, friends, and neighbors performing, especially when it involves ghostly presences and spooky noises."

She said incorporating a bit of local history into the show "makes the haunted house more than just that because it connects you to local lore and legends. It makes you feel that chill on the back of your neck a bit more."

Her husband added, "We loved being part of these events, sharing with the community, and helping to engage folks with Town history in an interactive and fun way."

several years, For haunts trod the floorboards of the Meetinghouse and activities spilled out onto the grounds.

Residents still speak of the ghostly denizens of the Early Settlers' cemetery and their explanations of how they wound up there. The Parks and Recreation Department sponsored a horror-filled tour of the trails one year, and Girl Scouts served up cider and treats. A fortune-teller foretold people's destinies, and town officials showed up in costume.

Following a few dark and quiet Halloweens, last year the Recreation

Veisel indicated Judy the Weather Witch is on standby. "She always brings us chilling but clear evening skies, so

there ty, Peter Pan, and Jack has also been trick-orand Jill, among others.

> Black light effects, strobes in the background. music, and creepy sounds all have played their parts to make a visit memorable, as well as delicious.

> "Slapstick," Library Assistant Lisa Nicol added. "There's always plenty of slapstick, too."

> The Extravaganza shows will run from 5 to 7 p.m.

Kicking off the evening's festivities is New Durham School's annual Halloween Parade.

Beginning at 1:30 p.m., the costumed school children walk from the school to the Town Hall parking lot and back. The section of street along the way is always jammed with spectators.

Town Hall employees will once again be stationed in the parking lot with plenty of treats for the kids.

New Durham School Principal Kelly Colby-Seavey said kindergarten students will walk with their sixth grade "buddies."

She said, "Upon return to school, students, staff and parents gather in the gym for a costume showcase, where, for example, all the superheroes come to the center to march around the circle. Following this gathering, classes will have small celebrations."

It's a great start to a busy Halloween for New Durham.

sentiment was Linda Roy. As an ACS employee, she said she became acquainted with Wentworth back when both she and Paulette had children in the school system.

having school-aged chil-

dren offered her a foray

into the community's so-

involvement at ACS as

a catalyst for greater ac-

tion and expressed grati-

tude toward the town for

giving her a part-time

employment opportunity

in the business office as

she began to spread her

wings. She disclosed that

she was unaware that

stepping up and stepping

in would lead to a 31-year

that was 30 years; how

did that happen?" she

Wentworth as "the per-

son at the town hall who

just seemed to know ev-

your smile," Brown con-

"We're going to miss

Agreeing with this

"It was like, 'wow -

described

career.

joked.

Brown

erything."

tinued.

Wentworth cites her

cial sphere.

Through a mutual acquaintance, Wentworth became looped into a local network of friends. Roy said she fit right in.

"She has a natural charisma," Roy said. She added that Wentworth was a catalyst to get people involved - for both social events and town functions.

"She has a real fun personality and is naturally outgoing," Roy said, adding, "That's probably why she was so good at her job - people just like to be around her."

Concurring with this assessment was Hazel Potter, who volunteered at the town hall for several years during Wentworth's tenure.

"She was just so welcoming and inviting and just seemed to know everything," Potter recalled.

The event itself included a buffet that featured veggie lo mein, pork fried making sure they balance," he said.

Neff expressed gratitude toward Wentworth, who helped manage the transition.

"She has a lot of institutional knowledge, and being able to consult with her was extremely helpful," Neff said, noting that Wentworth had offered to come in periodically to assist after he took the helm on Sept. 12.

Mary Jarvis, the town's executive assistant, shares this view. She and her colleague Stacy Bailey coordinated the planning of the event with J.P. China's Mary Murphy.

Jarvis said Wentworth was "very good at ensuring that there were no hiccups, and that things would be seamless."

As a colleague, Jarvis noted that Wentworth "always was great at keeping the lines of communication open."

Wentworth herself summed things up during a brief chat, "This is a great community filled with great people who made serving the town a pleasure I wouldn't trade for anything."



.....



Breast cancer survival rates soar

A breast cancer diagnosis can be a devastating blow. Upon receiving such a diagnosis, people may begin to ask questions about treatment and the impact cancer may have on their personal lives. Many people who are diagnosed with cancer also begin to wonder about their mortality.

An estimated 266,120 new cases of invasive breast cancer and 63,960 new cases of non-invasive, or in situ, breast cancer are expected to be diagnosed among women in the United States this year, according to Breastcancer.org. According to the latest statistics presented by the Canadian Breast Cancer foundation, 26,300 women and 230 men had been diagnosed with breast cancer in Canada in 2017.

The good news is that breast cancer incidence rates betwo decades. In ad- breast cancer. The cer types, including dition, death rates from breast cancer have been decreasingly steadily since 1989. The Cancer Instial tute says that the change in age-adjusted mortality rates are an indi-



Early detection and better treatment options are improving the chances of surviving breast cancer.

gan decreasing in cator of the prog-Society says that de- to improvements in percent, down from •••• 2000 after increas- ress being made in creasing death rates early detection and 21.8 percent in 2011, ing for the previous the fight against among major can-treatment protocols, states data from the



most recent SEER Cancer Statistics Review released in April 2018 indicates cancer death Nation- rates among women decreased by 1.4 percent per year between the years of 2006 and 2015. The American Cancer

prostate, colorectal, lung, and breast cancers, are driving the overall shift in survival. The ACS says breast cancer death rates among women declined by 39 percent from 1989 to 2015. That progress is attributed

For anyone doing Canadian been saved breast cancer.

cer mortality rates cent. Canada recentin





though this does not [•] a woman's, the ACS still make diagnosis any • estimates that roughly less scary, it does of **480** men will die from • cently diagnosed.



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st offices indepe

the disease. According to the American Cancer de- of getting breast canthrough cer is about one in 1,000 among men in the United States. By comparison, considerably lower than fer hope to those re- when more than 2,500 new cases of invasive breast cancer will be diagnosed in men. In addition, the ACS notes that black men diagnosed with breast cancer tend to have a worse prognosis than white men. Though breast cancer may be a disease widely associated with women, men should not hesitate to report any discomfort to their physicians, as the National Cancer Institute notes that men are often diagnosed with breast cancer at a later stage than women. The ACS suggests that men may be less likely to report symptoms, thereby leading to delays in diagnosis. The more advanced the cancer is at the time of diagnosis, the lower the patient's survival rate. Men are urged to report any discomfort or abnormalities in their chests to their physicians immediately.

•

2013

Speare Memorial Hospital Expands Breast Health Services

OUP (P) NPS VS

Breast Cancer

October 1, 2018) raphy, services in-- Speare Memori- clude: al Hospital is now working with Southern New Hampshire Radiology Consultants (SNHRC) to ed breast biopsy uses provide more breast sound waves to help health services to locate a lump or abthe women of Cen- normality and retral New Hamp- move a tissue sample shire. Chief of ra- for examination undiology at Speare, der a microscope. Dr. Kevin Rivera, is leading the ex- guided cyst aspirapansion of services. tion to identify if a Technological up- lump is a fluid-filled dates will be completed by the end of If it is fluid, the asthe month.

state-of-the-art 3D the lump.

Facts and

figures about

(Plymouth, NH, screening mammog-

BREAST BIOPSY PROCEDURES

1. Ultrasound guid-

2. Ultrasound cyst or a solid lump. piration will remove In addition to the fluid from inside





A global con- by But as preva- WHO). lent as cancer is, some facts and of cancers worldfigures may still wide linked to

fects people from papilloma virus, all walks of life. or HPV. (Source:

•12: Percentage •

appointments are also available. Appointments can be made by calling 603-238-2232.

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surprise you.

• 8.8 million: The number of people, according to the World Health Organization, who died from cancer in 2015, making it the second leading cause of death across the globe.

70: Percentof cancer age deaths that occur in low- and middle-income countries. (Source: WHO)

22: Percentage of cancer deaths across the globe that can be traced to tobacco use. (Source: Global Burden of Disease Study 2015)

age of high-in- in American dolin which treatment services are available to citizens afflicted with cancer. (Source: WHO) • <30: Percentage of low-income countries in which treatment services are available to risks: high body citizens afflicted with cancer. (Source: WHO) 25: Percentage of cancer cases in low- and use, and alcohol middle-income

viruses. (Source: National Toxicology Program, National Institute of Environmental Health Sciences) • 1.69 million: The number of deaths attributed to lung cancer across the globe in 2015, making it the most deadly cancer in the world. Liver cancer (788,00)deaths), colorectal cancer (774,000),stomach cancer (754,000),and breast cancer (571,000)were • the other most common causes of cancer deaths

in 2015. (Source: • WHO) • 1.16 trillion: 90: Percent- Economic cost, come countries lars, of cancer • in 2010. (Source: 🖕 International

Agency for Re-

search on Can-

cer) • 33: Percentage of cancer deaths that can be linked to five leading behavioral and dietary mass index, low fruit and vegetable intake, lack of physical activity, tobacco consumption. countries caused (Source: WHO)



VACUUM ASSISTED STEREOTACTIC **BREAST BIOPSY**

1. Stereotactic core breast biopsy is a minimally invasive procedure to remove a sample of tissue from the breast for examination. This procedure will help determine whether you have breast cancer or any other abnormalities in your breast to be concerned about.

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a member of GraniteOne Health

Q&A with Jessica Ryan, MD

Medical Director and Breast Surgeon at the CMC Breast Care Center



CMC, a member of GraniteOne Health, is pleased to welcome Jessica Ryan, MD, the new medical director and breast surgeon at the CMC Breast Care Center. Dr. Ryan is a board-certified, fellowship-trained surgeon with special interests in nipple-sparing mastectomy, breast conservation, and oncoplastic surgery. CMC is excited for you to get to know Dr. Ryan and asked her a few questions to get the conversation started.

What are some of the misconceptions you hear from women about breast screening and/or breast cancer?

One of the most confusing aspects of breast health today is the debate surrounding mammogram screening guidelines. The disagreements over recommendations can be frustrating to women and providers alike. I remain confidently in-line with the ACR, ACS and ASBrS in recommending an annual mammogram, for most women, beginning at age 40. With the use of 3D tomosynthesis mammography, we are able to evaluate dense breasts even more thoroughly, leading to a decrease in false positive findings and call-backs.

Other common misconceptions?

Underwire bras do not cause cancer (wear whatever fits comfortably), but alcohol intake can increase cancer risk. I advise my patients have fewer than 7 alcoholic drinks per week. We have good evidence showing that, in addition to smoking and obesity, there is an association between excessive alcohol consumption and breast cancer.

How would you describe your approach to patient care, especially when giving a tough diagnosis?

Receiving a cancer diagnosis is an emotionally traumatic experience. One of my first steps with a woman is to provide support and education in order to help her understand her diagnosis rather than fear it. My goal is to guide her in making decisions that are uniquely her own. Just as each woman is unique, so too is her cancer. This first step helps develop a plan that is right for her – both in the throes of the initial diagnosis and in years to come.

The next step is to encourage a woman to make herself the most important person in her life. This may sound simple, but a woman will almost always name many others (children, spouses, partners) before ever considering herself. In order to survive treatments and thrive as a healthy woman afterwards, she has to make herself her first priority. This helps her gain control of therapy and provides the motivation needed to get through it all.

What breast health technologies are you most excited about?

One of the largest changes in the treatment of breast cancer is oncoplastic breast conservation. Oncoplasty refers to the use of plastic surgery techniques to allow the surgeon to remove the tumor more completely and reshape the breast to create a superior cosmetic outcome. We have growing evidence suggesting breast conservation, when feasible, is the most ideal pathway for a woman. This allows her to return to her daily life more quickly, while feeling more comfortable and confident with her body image.

3D tomosynthesis mammography is still relatively new and is becoming the standard of care in breast screening because our radiologists can evaluate the breast tissue more thoroughly, finding very early cancers, and providing women with added peace of mind.

Targeted chemotherapy is also making a positive impact on patient care, as is the emerging treatment of intraoperative radiation therapy. I'm hopeful that this will prove to be a very beneficial tool for some women.



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Legion Halloween party is Friday

~ 🗶

ALTON — Alton 72 is hosting its Hallow- the Legion post on Route American Legion Post een party on Oct. 26 at 28.

Introducing Dr. Jon Kremser



Pediatric Dentist

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New Patients

My Dentist ROCKS Dr. Jon grew up in central Pennsylvania playing football, baseball, and enjoying the great outdoors along the Susquehanna River. He attended Millersville University for his undergraduate studies where he graduated Magna Cum Laude with a B.S. in Biology, and was the team captain for the Marauders baseball team. After his undergraduate studies he attended Virginia Commonwealth University's dental school in Richmond, VA. Following dental school he accepted a residency at St. Christopher's Hospital for Children in Philadelphia, PA where he specialized in treating children and adolescents. Dr. Jon is a Board Certified Pediatric Dentist who loves working with families to improve children's dental well being.

Dr. Jon is a welcomed addition to our Dental Team. He and our team share the same philosophy that seeing the dentist can be a fun and positive experience. Dr. Jon is excited to join our practice and provide the highest standard of dental care for our patients.

Region White Mountains North Country

Prime rib and full menu dinner will be served from 5 to 8 p.m., prizes and raffles will

also be offered and the Trippin Gypsies will be playing starting at 7:30 p.m.

Members and guests are welcome, call 875-3461 for more information.

Barnstead church hosting annual fair

BARNSTEAD — Please save the date for the annual Pumpkin and Pine Church Fair at The Congregational Church of North Barnstead from 9 a.m. to 2 p.m. on Nov. 3.

Annual church fair will feature items from Ghana, Africa, all handmade from their handwoven batik fabric, jewelry, all sizes of purses and bags and well as clothing will be displayed.

Start the morning off with homemade items from the cafe, which will have breakfast and lunch items for sale throughout the day to be enjoyed onsite or taken home. Other things you will find at the fair include Christmas items, jewelry, leather purses, collectibles, kitchen items, raffle baskets, a door prize, handmade in NH items, Special Extra Sharp Cheddar Cabot Farm cheese, baked goods, pies and one of a kind items.

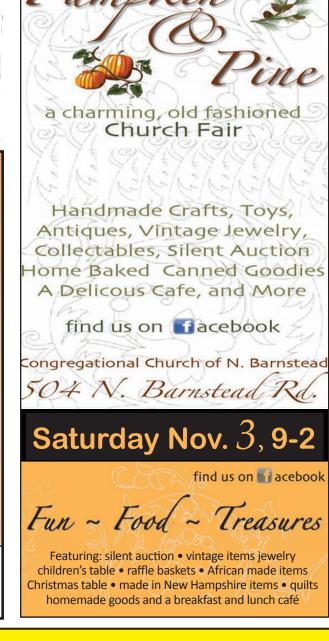
The silent auction will have two pieces of vintage church furniture, a $9 \ge 12$ Oriental rug, paintings by local artists, new leather boots (size 5.5), and gift cards for local restaurants and businesses.

Get your Christmas shopping done in one fun day while supporting the near and far ministries of The Congregational Church of North Barnstead. The church is located at 504 North Barnstead Road, approximately two miles from Route 28.

Legion Halloween kids' party is Sunday

ALTON — Alton American Legion Post 72 and Annette Chagnon are hosting their kids' Halloween party on Oct. 28 at the Legion post on Route 28.

The party will run from 1 to 4 p.m. with food, music, games and raffles as well as a pumpkin hunt with prizes.





Question: Should NH increase law enforcement policies and penalties for heroin related offenses?

COMMUNITY

CRISIS IN OUR

Question: Should NH increase funding for heroin treatment programs?

"I oppose all funding for drug treatment programs."

Ray Howard - Source: Citizens Count Issue Survey 2018 https://www.lfda.org/elections/nh-house-representatives

Tragically, in Belknap County many children have lost parents to a drug overdose. Many other children suffer as they watch their parents battle addiction.

Ray, we can't ignore this epidemic and hope it goes away.

THE REALITY: New Hampshire is a frontline of the opioid epidemic with the 2nd highest per capita death rate from drug overdoses in the US

- Belknap County had the 2nd highest per capita death rate from drug overdoses in NH in 2017
- Drug treatment programs work, if properly funded and administered
- In 2017, 7 years after implementing its drug treatment program Sullivan County had the lowest per capita death rate from drug overdoses in New Hampshire (Less than 1/2 the death rate of the county with the 2nd lowest rate)
- In 2017 Belknap County started CORE, a treatment program modeled after the Sullivan County program.

Representative Howard has consistently voted against full funding for the CORE program.

Ruth Larson For NH Representative

The opioid epidemic has resulted in tragic deaths, and in devastation of families and communities. It has strained our law enforcement, jail, and medical resources. If elected, I will represent my community by making the opioid crisis a top priority, and I will fully support treatment programs that work, including CORE. Getting people off drugs benefits all of us. Paid for by Friends of Ruth Larson, P.O. Box 114, Alton NH 03809 • Jane Westlake, Treasure

"If they wont to kill them self I say go ahead you can't fix stupid so way waste tax payers money"

> Ray Howard - Source: Citizens Count Issue Survey 2016 https://www.lfda.org/elections/nh-house-representatives

SPORTS

THURSDAY, OCTOBER 25, 2018

THE BAYSIDER

SECTION B, PAGE 1

WHAT'S ON TAP

The football regular season wraps up in the coming week while the remainder of the local teams continue postseason play.

The Kennett and Kingswood football teams will meet in North Conway on Friday, Oct. 26, at 7 p.m.

The Plymouth football team will wrap up the regular season on Friday, Oct. 26, at Hanover at 7 p.m.

The Newfound football team finishes its regular season on Saturday, Oct. 27, at 2 p.m. at home against Fall Mountain.

The cross country State Meets will take place at Derryfield Park in Manchester on Saturday, Oct. 27. The Division III girls will run at 11:30 a.m. and the Division III boys will run at 12:10 p.m. The Division II girls will run at 1 p.m. and the Division II boys follow at 1:40 p.m.

The field hockey finals will take place on Sunday, Oct. 28, at Bedford High School. Division II will play at 11 a.m. and Division III will play at 4 p.m.

The boys' soccer tournament continues with quarterfinal action on Saturday, Oct. 27, at the home of the higher seed for both Division II and Division III. The semifinals for Division II SEE **ON TAP**, PAGE B10



PROSPECT'S seniors were honored before the final regular season home game. Left to right, Hunter Lewis, Isaac Smolin, Tyler Bredbury, Travis Stockman, Tucker Kierstead, Lucas Therrien and coach Cory Halvorsen.

Timber Wolves shut out Rams in season finale

BY JOSHUA SPAULDING

Sports Editor ALTON — The Prospect Mountain boys' soccer team finished up the regular season with a hard-fought 2-0 win over Raymond on Friday, Oct. 19.

good cross to start the game and then Lucas Therrien sent a nice cross to Michael Mahoney. Carter Dore sent a shot just wide and then had a direct kick from iust outside the box that

Caden Dore had a was blocked by the Ram a cross through the middefenders. Raymond also get a chance in the zone that keeper Nick Clark was able to stop.

> The Timber Wolves got on the board with 31:25 to go in the first half, as Nolan Sykes sent

dle and Mahoney was able to fire the ball out of the air and into the net for the 1-0 lead. Carter and Caden Dore combined for a bid that came up short.

Prospect Mountain

doubled the lead less than two minutes later, as Carter Dore ripped a shot to the back of the net for the 2-0 lead.

Prospect had a couple of corner kicks that were denied and Clark came SEE **SOCCER**. PAGE B5



Sports Editor - Joshua Spaulding - 279-4516 (phone) - 279-3331 (fax) - josh@salmonpress.news





JOE SOUZA

PROSPECT MOUNTAIN'S Julia Leavitt taps the ball over the net during Friday's Division III home contest against Inter-Lakes. Following the play for the Lakers are Delaney Smith (20) and Emma Wheeler.

JOE SOUZA

(Left) GWEN WEST goes up for a block during Friday's Division III clash in Alton.

Lakers battle past Timber Wolves in regular season finale

BY JOE SOUZA Contributing Writer

ALTON — It was a clash for a top four spot in the upcoming Division III volleyball tournament, and a preview of what could lie ahead for both the Inter-Lakes and Prospect Mountain squads.

The two talented squads battled throughout in front of a loud, packed gym on Prospect Mountain's senior night. The Lakers had four players record at least five kills, with Emma Wheeler leading the way with nine, as they outlasted Prospect Mountain in the first two sets, and rolled in the third game to capture a three-set victory in the regular season finale for both clubs on Friday.

dy Mattson after her Lakers moved to 13-3 with a 25-22, 25-19, and 25-15 decision over the Timberwolves.

"It was a great match. It was an emotional night for them, being their senior night, with a big crowd," added Mattson. "I know some would like an easier match to end the season, but this was a great match in a great environment."

The Lakers will either be the third or fourth seed with the win, while Prospect Mountain is the fifth seed for the D-III tournament, which is slated to begin Thursday evening. Inter-Lakes and Epping are tied with 13-3 records, with tiebreakers at its deficit until pulldeciding the seedings ing even. It would go for the postseason. The Timber Wolves, at 12-4. are locked in at No. 5. "We did some big time things tonight,"

Prospect head coach Mike Christy said. "We were able to play at a high level tonight, and we did it against a team that's been there. We fought hard against a team that's been there. They were in the finals a year ago."

And that's where both hope to be in a couple weeks.

The Lakers came out strong in both the first and second games before holding off a hard charging Prospect Mountain squad.

Inter-Lakes ran off a couple runs to build what appeared to be a comfortable edge in the first game. Prospect Mountain though would not fold, chipping away Lakers taking an early advantage only to have the Timber Wolves race back to pull even. Prospect Mountain though could break ahead, and Inter-Lakes grabbed a slim edge and took a 25-19 win.

"I'm really excited for my team," Mattson said. "They played really well in front of a loud crowd. They fought for every point. And Prospect Mountain was fighting for every point too, which made it a great match."

Christy knew his team had an opportunity get away from there early on.

"We had a chance to win either one of the first two sets. We just had too many errors at the end," he said. "They

ers a 12-5 lead. The two teams exchanged points before Ava Duymazlar served for seven straight points, powering the Lakers to a commanding 22-7 lead they would not let get away.

"The key for us was staying focused," Mattson said. "We focused on our ball control and going at them with our offense. We struggled with that a little in the first set, but we were able to bring our play up a level."

Wheeler was outstanding for the Lakers, recording 16 service points and 17 digs to go with her nine kills. Delaney Smith put down seven kills, while Hailey Hart recorded six kills and Ava Duymazlar finished with five kills. Setter Jessalyn Brown distributed the Inter-Lakes attack, dishing out 24 assists. Brown also had 17 digs. With a number of underclassmen playing key roles, the Timber Wolves know they are on the verge of breaking through against an elite team.

serves and other mistakes at crucial times," Christy pointed out. "We have to learn from this match and I believe they will.

"They know they can play with that team," added Christy. "It's just a matter of executing at key points. We have to put the ball away. We have to play smart and aggressive."

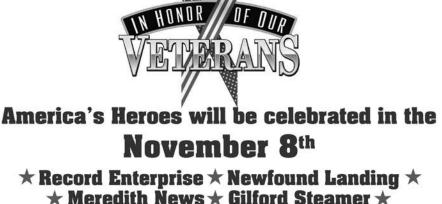
Jordan Ingoldsby powered the Timber Wolves attack with 11 kills, while Gwen West turned in a solid performance with six kills and three blocks.

"This Gwen was West's coming out game. She frustrated their hitters with her blocking. She had her hands on about 15 tonight," praised Christy.

"It was great to have this kind of game at the end of the season," said Inter-Lakes coach Ran-

back-and-forth until the Lakers pulled out the thrilling 25-22 decision.

Game two followed the same script, with the



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are one of the more experienced teams, and they were not making many errors. While we are still trying to figure out how to beat the top teams."

The experienced Lakers knew they were in control heading into the third game, and refused to let the Timber Wolves pick up any momentum.

The third set went back-and-forth early on before Wheeler ran off seven service points to give the visiting Lak-

"Inconsistency was what killed us tonight, and a lot of that comes from our inexperience. We had some missed

Julia Leavitt also re-

corded six kills for the Timber Wolves. Allie Stockman finished with 18 assists. Defensively, Gabrielle Fossett was all over the floor and finished with 16 digs. Ava Misiaszek recorded 10 service points and 17 digs, and Jane Holiday recorded eight digs.

Both teams will open tournament play at home, with the first round of the tournament starting Thursday.

Dowds lead Prospect in Capital Area Championships

BY JOSHUA SPAULDING Sports Editor

PENACOOK — The Prospect Mountain cross country team joined other teams from throughout the Capital Area at the Capital Area Cross County Championships on Thursday, Oct. 18.

In addition to a number of fellow Division III schools, the meet featured Division I and II schools as well as a couple of private schools in St. Paul's School and Proctor Academy.

In the boys' race, Frank Dowd led the way in the varsity race, finishing in 54th place with a time of 19:35.

Deuce Smith ran to

58th place in a time of 19:44 and Luke DeRoche was Prospect's third scorer, finishing with a time of 19:51 for 60th place.

Nikolas Neathery was the fourth scorer for the Timber Wolves with a time of 19:59 for 63rd place and Peter Dowd rounded out the scoring for Prospect Mountain with a 92nd place finish in a time of 21:45.

Michael Mott rounded out the field of Timber Wolves in the varsity race with a time of 22:57 for 101st place overall.

Among the girls, freshman Veronica Dowd finished in 13th place overall with a time of 20:45.

Ashlyn Dalrymple was the only other Timber Wolf girl competing, finishing in a time of 26:06 for 62nd place.

Sylas Kenerson ran in the JV race, which was a combined race with girls and boys. Kenerson finished in a time of 27:30 for 109th place overall.

The Timber Wolves will now head to the Division III State Meet at Derryfield Park in Manchester on Saturday, Oct. 27, with the girls running at 11:30 a.m. and the boys following at 12:10 p.m.

Joshua Spaulding can be reached at 279-4516, ext. 155 or josh@salmonpress.news.





JOSHUA SPAULDING

AVA BLAIR moves the ball around a Belmont defender during action last Monday.

JOSHUA SPAULDING

MADDIE CHASE battles for the ball during action last Monday against Belmont.

Late goals lift top-ranked **Raiders past Prospect**

BY JOSHUA SPAULDING Sports Editor

ALTON — For 75 minutes in the drizzle on Monday, Oct. 15, the Prospect Mountain soccer girls held the Belmont Red Raiders off the scoreboard.

However, there's a reason the Belmont girls are the top-ranked team in Division III and they showed that when they scored two goals in the course of just a few minutes and then held off the Timber Wolves for the 2-1 win.

"You can't take the number one team in Division III and let them back in the game,' said Prospect coach Doug Cheney. "They're too good."

Out of the gate, Belmont attacked the zone and forced the Prospect defense and keeper Mackenzie Burke to make some early plays. Tessa Carter made a nice clear of a loose ball after Burke came out of the net to get the ball out of the zone. Belmont sent another shot high and then Carter and Hannah Racine teamed up on a solid defensive bid. Gabby Clark made a good run into the zone that was turned away while Burke came out for a save at the other end of the field. Kasey LaCroix sent a ball down the line to Madeline Kriete but the defense continued to step up for Belmont. Burke came through with a couple of saves in the Prospect net.

goal of the game with 14:04 gone in the game, as a cross through the crease went off the goalie and Ava Blair was there to poke the ball into the net for the 1-0 lead.

Belmont came back with some solid pressure, with Burke making a save in the net and then the Raiders sent another shot through the crease. Sam Weir chipped in with good defense and then Burke made a save on a direct kick from Belmont.

Weir turned back another Belmont bid and then sent the ball ahead to Kriete but the Raider defense was solid.

Mackenzy Holden had a pair of direct kicks for the Timber Wolves, with one going over the top of the net and the other getting stopped by the Belmont keeper. LaCroix had a shot denied as well. Belmont came back with a couple of bids in the final few minutes of the half, with one chance going over the top of the net and the other being stopped by Burke and the Timber Wolves went to the half with a 1-0 lead. Wheeler Rebekah and Kriete teamed up on an early bid for the Timber Wolves in the second half and then LaCroix sent a nice ball in to Wheeler that was cleared out by the Belmont defense. The visitors came back with a shot that went wide and then Wheeler headed a ball wide of the net. After Weir turned away a Belmont run into the zone, Grace

Hardie sent a nice cross in to Wheeler, who sent the ball over the Kriete but the Belmont keeper made the grab.

Prospect had a corner kick that was cleared out and then Clark had a direct kick stopped by the Raider goaltender. Kriete and Wheeler teamed up on another scoring bid that went wide of the net.

Belmont came charging back and forced Burke to make a trio of saves in a row to keep the Timber Wolves in the lead. The Raiders sent another shot wide of the net and then had a corner kick chance that the Timber Wolf defense cleared out. Maddie Chase also had a strong defensive stand in front of the net for Prospect.

The Raiders were able to tie the game at one with 14:20 to go in the game, as they fired a shot from outside and the ball went off the far post and fell into the net to make it 1-1.

Just a minute later, the Raiders came back with another tally, as they struck a shot from outside that rocketed over the head of Burke for the 2-1 lead.

Blair and Hardie teamed up on an offensive bid that was turned away and then Belmont came back with a few chances, one that went wide and a couple that Burke was able to grab.

Clark just missed connecting with Blair on a scoring bid and LaCroix sent a nice crossing pass through the center of the field that just missed Blair. Belmont had a late corner that they could not convert on but they held on and got the 2-1 win.

"They play the 4-4-2 well and our defenders were trying to underlap each other," Cheney said. "But give credit where credit is due.

"There's a reason they're number one," the Timber Wolf coach added.

Cheney was also quick to point out that he saw a lot of good things from his team as well.

"We talked well, we passed well, we moved the ball down the field well," the first-year head coach said. "To have Belmont 1-0 at the half says something about our club.

"They just got those two good goals and it was a whole other ball game," Cheney added.

The Timber Wolves bounced back the next day with a 2-0 win over Laconia in the final regular season home game and then won 4-0 vs. Conant to close out the regular season at 9-5-2.

The Division III playoffs began after deadline on Tuesday and will continue with the quarterfinals on Friday, Oct. 26, at the home of the higher seed and the semifinals on Tuesday, Oct. 30, at Laconia High School at 4 and 6 p.m.

Joshua Spaulding can be reached at 279-4516, ext. 155 or josh@ salmonpress.news.

Late nights are worth it in the long run

I remember 2004. That magical October when the Red Sox broke an 86year curse is a time that

SPORTING CHANCE

on television this season. time, I usually finish at If I'm not out covering just about 1 a.m. So, as a game in the evenings. I walked through the I'm probably at Brewster Academy, working at my other job cleaning the floors in the kitchen and dining hall. It's not tons of fun, but the good news is they have a radio in the kitchen and I can turn on the Sox games and listen to the dulcet tones of Joe Castiglione and Tim Neverett as they call the game on WEEI, thanks to the 101.5 signal that comes through loud and clear inside Estabrook Hall. That routine has not changed in the postseason, though the games have been starting later, which means they take up most of the time that I'm working. That, in turn, cuts down on the amount of time I can listen to the podcasts that I subscribe to, so I have to find more time to listen to those at other points of the day.

to watch too many games ing. If I start the job on kitchen closing up, the final inning was playing out. However, I couldn't pull myself away as Craig Kimbrel was doing his best to cough the game up. Thankfully, Andrew Benintendi was there to save the day, allowing me to go home and get a couple of hours of sleep. And the next night, I was able to watch the final few innings in a much more comfortable location, my couch.

The Timber Wolves were able to grab the first will stick in my mind for a long time. As a lifelong fan, I had lived through other heartbreaks, including 1986 and 2003, so it was especially sweet when Keith Foulke snared that bouncer back to the mound and tossed it to Doug Mientkiewicz for the final out of that magical season.

Then, of course, came 2007 and then 2013 and really, Red Sox fans have been pretty spoiled over the last 15 years. People who were born in 2000 have known nothing but success (give or take a



few down years) when it comes to the Red Sox. They are traditionally one of baseball's best teams and this year they actually were the best team, winning more than 100 games and setting a new single season team win record.

As I've stated in the past, baseball is my favorite sport and the Red Sox are my favorite team. Because of my insane work schedule, I have not had the chance



Banner day

COURTESY PHOTO

Coach Cory Halvorsen poses with players from the 2014 state championship team during a ceremony unveiling a banner on the school's scoreboard. Joining Halvorsen (center) are (I to r), Matt Hamilton, Joe Perry, Andy Hamilton and Joey Cleary

Game four of the ALDS was a grinder for sure, running past 1 a.m. Thursday morn-

Finally, have a great day Joe Collie.

Joshua Spaulding is the Sports Editor for the Granite State News, Carroll County Independent, Meredith News, Gilford Steamer, Winnisquam Echo, Plymouth Record-Enterprise, Littleton Courier, Newfound Landing, Coos County Democrat, Berlin Reporter and The Baysider. He can be reached at josh@salmonpress.news at 279-4516, or PO Box 729, Meredith, NH 03253.





JOSHUA SPAULDING

AMANDA LAPAR moves the ball up the field in action against John Stark last week.



GINNY SKELLEY (27) and Mackenzie Doran (left) celebrate with Abby Kelly (38) after Kelly scored the first goal of Kingswood's playoff game last week.

Knights advance with win over John Stark

BY JOSHUA SPAULDING

Sports Editor WOLFEBORO — A good team can find a way to focus, even when things are swirling around in an intense playoff atmosphere.

On Wednesday, Oct. 17, as things were literally swirling around the Kingswood field hockey team and its playoff matchup with John Stark, the Knights pulled together and picked up a 3-1 win to advance to the Division II quarterfinals.

"I couldn't be more proud of them," coach Kaitlin Reilly stated. "Today, the work we have done since August, since however many years ago, they realized this was the time, this was their moment."

The game featured a couple of key injuries in addition to a storm that ripped through the area near the end of the first half that had wind so strong it was blowing the rain sideways and at one point blew the goal over.

Kingswood had some early chances, with Bridget Coughlin getting an early drive into the circle. Kingswood got the first corner of the game and Amanda Lapar's shot was tipped wide of the net. Abby Kelly and Coughlin continued to battle in the zone but could not get the ball in the net. Tayghan Gelinas came through with a good defensive stop and then Sam Tavares came through with a save in the Kingswood net. The Generals had another shot go wide of the net and then Gianna Cubeddu came back with a bid



THE KINGSWOOD FIELD HOCKEY team celebrates its win over John Stark, with Hannah Crane (3) and Raena Perkins (22) showing plenty of excitement.

at the other end and it was turned away.

Kingswood got a trio of corners that eventually led to the first goal of the game. On the first corner, Mackenzie Doran had a shot that was stopped and then Cubeddu got close on the rebound chance. On the next corner, Cubeddu's shot was stopped.

The third chance resulted in the tally, as Kelly was able to put the ball in the net with 18:40 to go in the first half. The Knights got some more good defense from Ginny Skelley and Lapar while Kelly came back with a bid at the other end. Coughlin got a shot denied by the General keeper and then Tavares came back with a pair of saves on a John Stark corner.

chance and they were able to capitalize again, this time with Doran poking home a rebound off a shot by Skelley with 10 minutes to go in the half, upping the Kingswood lead to 2-0.

Skelley had a nice cross to Kelly that was denied and then Kingswood got a couple of corners, with Skelley sending a shot in to Cubeddu on the first shot and then Doran sending a shot wide on the second bid. Doran had another bid go wide as the clock continued to tick down on the first half. Tavares made a nice save in the net to close out the half and Kingswood took the 2-0 lead to the break. Good defense from Cheyann Cardinal got Kingswood off to a good start in the second half and the Knights got the first goal of the half just

more than four minutes into the half. Doran sent a shot on net that was denied and Coughlin was there to get to the rebound and poked it into the net for the 3-0 lead.

Grace Abraham continued the solid defense for the Knights, who were playing without both Skelley and Lapar due to injuries suffered in the first half. Allison Drew, who filled in at Skelley's center midfield position, went in for a good bid that was stopped by the defense. The Generals had a corner that was cleared out and the Knights answered with their own corner, with Doran, Cubeddu and Drew getting in close. The Generals had another corner chance and Tavares made a big save in the net. However. John Stark was able

Salmon

to get to the rebound and put the ball in the net with 12:51 to go, cutting the lead to 3-1. Doran had a bid go wide and Cardinal and Kelly each added good defensive stops. The Generals had a couple of good chances in the final minutes but the Knights held tight and took the 3-1 win.

Reilly noted that with Drew stepping in to the that both of them made good plays to keep the Knights in the lead when their teammates went down.

"They knew they had to fill in the voice, fill in the skill," Reilly said. "They definitely rose to the occasion. They did not want to let them down or each other.

"We're only as strong as the last person on our bench," Reilly added.

With two of her top players nursing injuries coming out of the opening game, she said it was important to take the next couple of days to regroup and reorganize ahead of the quarterfinal matchup with Derryfield. She also credited John Stark for the steps they have taken with their program.

"John Stark did an amazing job," Reilly said. "They represent huge growth and a lot of hard work.

"But I'm so excited about our spot and our bracket," the Knight coach said.

The Knights dropped a 2-0 decision to second-ranked Derryfield in the quarterfinal round on Saturday.

Kingswood came back with another corner

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center midfield position and Hannah Crane stepped in on defense for Lapar and pointed out

Joshua Spaulding can be reached at 279-4516, ext. 155 or josh@salmonpress.news.

Cornhole tourney, Halloween party Saturday at Kingswood Golf Club

WOLFEBORO — Please join in on Saturday, Oct. 27, at the Kingswood Golf Course Club House from 4 to 10:30 p.m. for an evening of fun, entertainment, and celebration as they kick off the fourth annual Nick Cornhole Tournament and celebrate Halloween. There will be hors d'oeuvres, a DJ, raffles, competitions, cash bar, and much more.

The cost to attend the Halloween party is \$20 per person, which includes hors d'oeuvres, music, and a chance to participate in the costume and other Halloween themed competitions. Tickets can be purchased at the door on Oct. 27 from 4 to 9 p.m. The cost to participate in the cornhole tournament is \$70 per team. The tournament is limited to 32 teams and there are only a few spots left, so they encourage folks to register ASAP if you wish to participate. To register, please e-mail Holly@thenick.org for a copy of the registration form or visit thenick.org.

All proceeds from the social go directly to supporting The Nick thanks to generous event sponsors Eastern Propane and Oil, Bradley's Hardware, Poor Peoples Pub, Key-Day Builders, Horrigan Painting and Restoration LLC, Lewis Property Maintenance, and Northway Bank.



ALTON — Prospect Mountain High School is accepting applications for a number of coaching positions.

Open positions include girls' varsity tennis, boys' JV basketball, boys' varsity tennis, varsity softball, spirit, JV baseball and assistant track and field.

Contact Corey Roux at croux@pmhschool. com or 875-8600 for more information.



JOSHUA SPAULDING

KINGSWOOD SENIORS were honored after their final home race last week. Front row, Sarah Huckman. Back row (I to r), Camden Patten, Brent Coope, Jim Huckman, Jeff Manson, Myles Nicolay and Josh Haines.



THE KINGSWOOD cross country girls finished second in their home meet last week.

Coope captures Kingswood's home meet Knight boys and girls both finish second

BY JOSHUA SPAULDING Sports Editor

WOLFEBORO — The Kingswood cross country teams wrapped up the regular season with the annual Kingswood Invitational, held on Thursday, Oct. 18, on the high school campus in Wolfeboro.

Things went well for the Knight teams, with the boys and girls both running to second place behind Kennett.

The highlight of the day came in the boys' race, where senior Brent Coope ran to the overall win, finishing the 5K race in a time of 17:31, more than 30 seconds ahead of the second place finisher.

Oleg Sheahan finished in eighth place overall in a time of 18:58 and Joseph Wasson ran to 14th place with a time of 19:26 to place as the third scorer for the Knights.

Camden Patten was the fourth scorer for Kingswood, finishing in 15th place in a time of 19:31 and Tim Huckman rounded out the scoring for the Knights with a time of 19:54 for 18th place.

lay finished in 36th place in 21:43, Patrick Murphy finished in 37th place in a time of 21:54, Matther Finneron was 40th in a time of 22:21, Joshua 22:22. Cannon Newbury was 47th in 23:08, Trentin Huffman placed 48th in a time of 24:02, Braden Viands was 56th in 25:14. Jamison Gorski was 57th

time of 21:34, Myles Nico- Paraskos finished 41st in in 25:23 and Nick Daven- in second place in a time hall was 65th in a time of 33:14.

Sarah Huckman had the performance of the day for the Knights in the girls' race, finishing



JOSHUA SPAULDING

THE KINGSWOOD cross country boys finished as the runners-up in last week's home meet.



of 20:32.

Rosemary Carpenter finished in fifth place in a time of 22:49 and Carolyn Day was sixth in a time of 22:53.

Sarah Carpenter was 11th overall in a time of 23:46 and Lily Stinchfield rounded out the scoring for Kingswood with a time of 24:03 for 15th place.

Elizabeth Morrison was 17th in a time of 24:30 and Sarah Bellefleur

rounded out the field of Knights with a time of 25:09 for 20th place overall.

Next up for the Knights is the Division II State Meet, which takes place on Saturday, Oct. 27, at Derryfield Park in Manchester. The girls will run at 1 p.m. and the boys will follow at 1:40 p.m.

Joshua Spaulding can be reached at 279-4516, ext. 155 or josh@salmonpress.news.



Matthew Perkins was 21st in a time of 20:16, Josh Haines ran to 27thplae in 20:43, Robbie Bourdeau finished in 31st in a time of 21:32, Jeff Manson was 34th in a



JOSHUA SPAULDING

JOSHUA SPAULDING

JOSHUA SPAULDING TIM HUCKMAN scored for Kingswood in the home meet last

ROSEMARY CARPENTER (left) and Carolyn Day run to the finish of the Kingswood Invitational. week.

SOCCER

CONTINUED FROM PAGE B1 out to save a bid from the Rams. Mahonev headed a shot on net that was stopped and then Sykes sent a shot wide of the net. Isaac Smolin turned in some good defense and then Mahonev had a cross that was cleared Caden Dore also out. sent a shot over the top of the net and Michael Perry had a good defensive play on a crossing pass by the Rams. Clark had a save late in the half and Prospect Mountain took the 2-0 lead to the halftime break.

Smolin just missed connecting with Sykes on a ball into the zone and then Caden and Carter Dore teamed up on a bid that went high. Raymond had a direct kick deflected wide of the net and then had another shot go wide. Clark continued to come out of the net to make a couple of solid saves as the Rams made attempts in the zone.

Therrien had a shot denied and then Perry rifled the rebound over the top of the net. Sykes just missed connecting with Caden Dore as the Timber Wolves continued to press.

However, they were unable to get any more



TUCKER KIERSTEAD connects with the ball in action against Raymond last week.

goals in the net and the game came to a close with the Timber Wolves taking the 2-0 win.

With a split of the final week, the Timber Wolves finished the regular season at 10-5-1. The Division III tournament was set to begin after deadline. The quarterfinals are Saturday, Oct. 27, at the home of the higher seed and the semifinals are Wednesday, Oct. 31, at 4 and 6 p.m. at Laconia High School.

Joshua Spaulding can be reached at 279-4516, ext. 155 or josh@salmonpress.news.



MICHAEL MAHONEY pushes the ball up the field in action Friday against Raymond.





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OLD NH FISH and Game, ca. 1890, bearing laws, penalties and seasons on moose, caribou, furbearers, fish, etc. measures 12"x18"/ May be seen at the Coos County Democrat, 79 Main St., Lancaster, NH. Price, \$4; if mailed, \$8. Call 603-788-4939 or email lori@salmonpress.news

Events/ Entertainment

COMMUNITY SPAGHETTI DINNER

Join us at the Ossipee Town Hall For a Spaghetti dinner to benefit David & Carol Verville. Carols stage 4 Cancer and David's advanced COPD has rendered them unemployed for over a year and their three children Rachel, Dave and Monica Verville are hosting this event to assist their parents through this difficult time.

Date: Saturday October 27, 2018 Time: 5pm-7pm Where: Ossipee Town Hall Dinner is free and open to public. Donations appreciated. Suggested donations: \$5/person or \$20 for family of four Raffles and prizes will be given away for donations! Hope to see you there!

Barn/Garage/Yard Sale

Multi family garage sale, little bit of everything, rain or shine! 16 Lakeview Drive, Wolfeboro, Saturday 10/27. 9-2.

Wolfeboro: Hospital & Community Aid Fall Fundraiser Barn Sale. October 26th and October 27th 10 a.m. - 2 p.m, 65 Pine Hill Road. Art, antiques, camping, books, furniture, lamps, sports, toys, holiday, electronics, and household items.

Thank-You

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Editor

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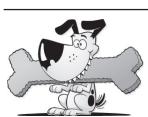
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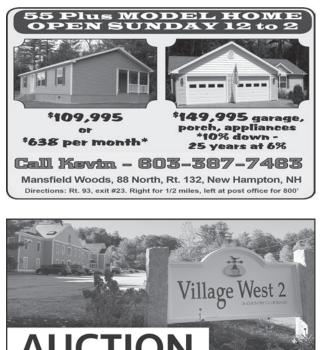
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WN•TO•TOWN CLASSIF]



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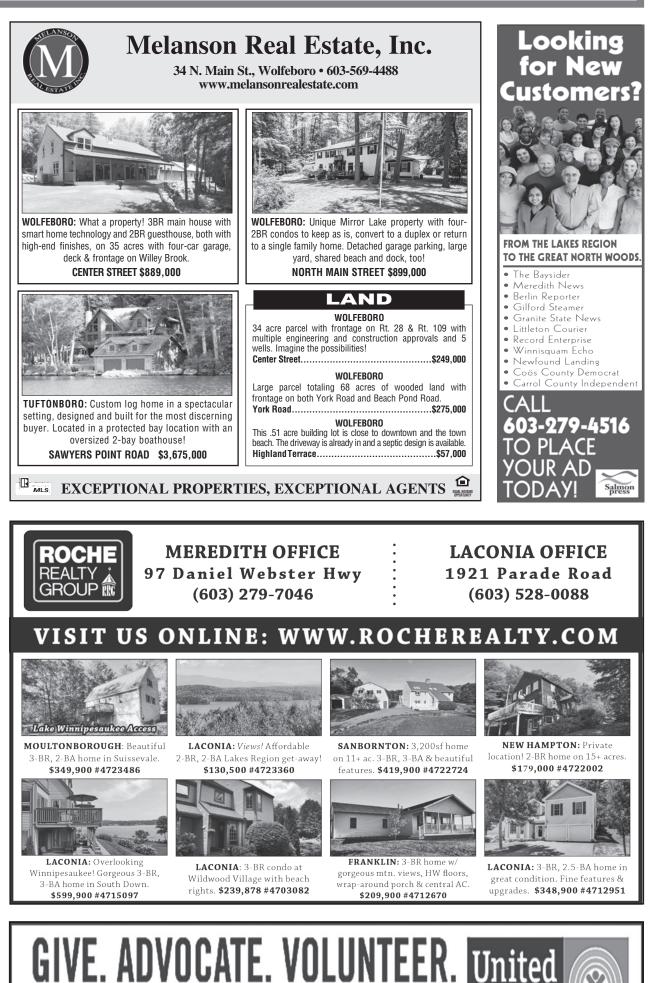
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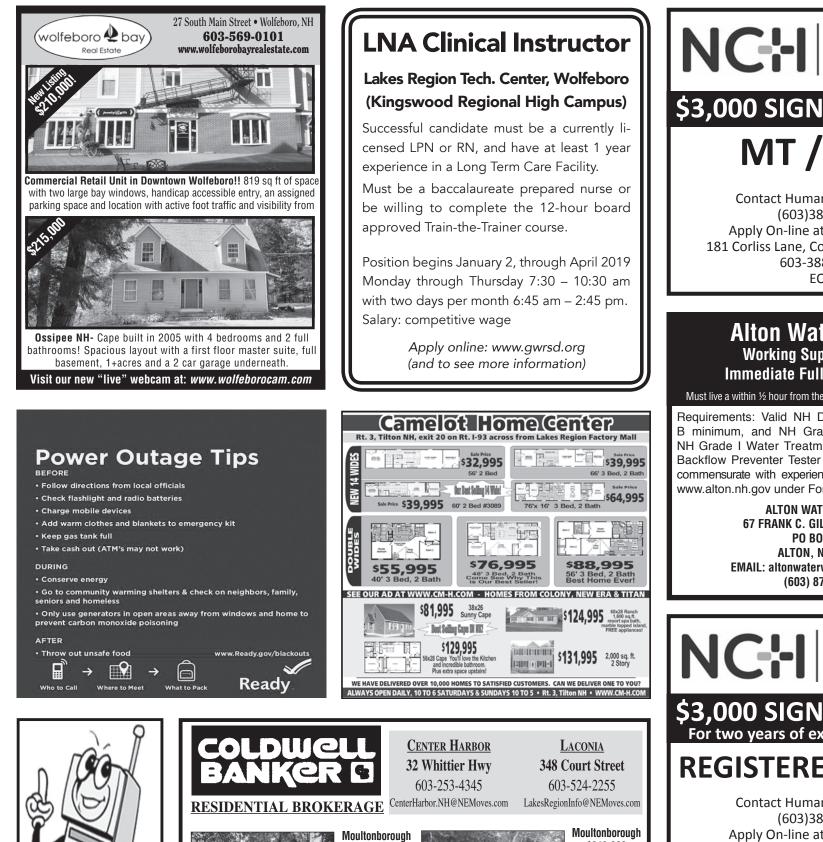
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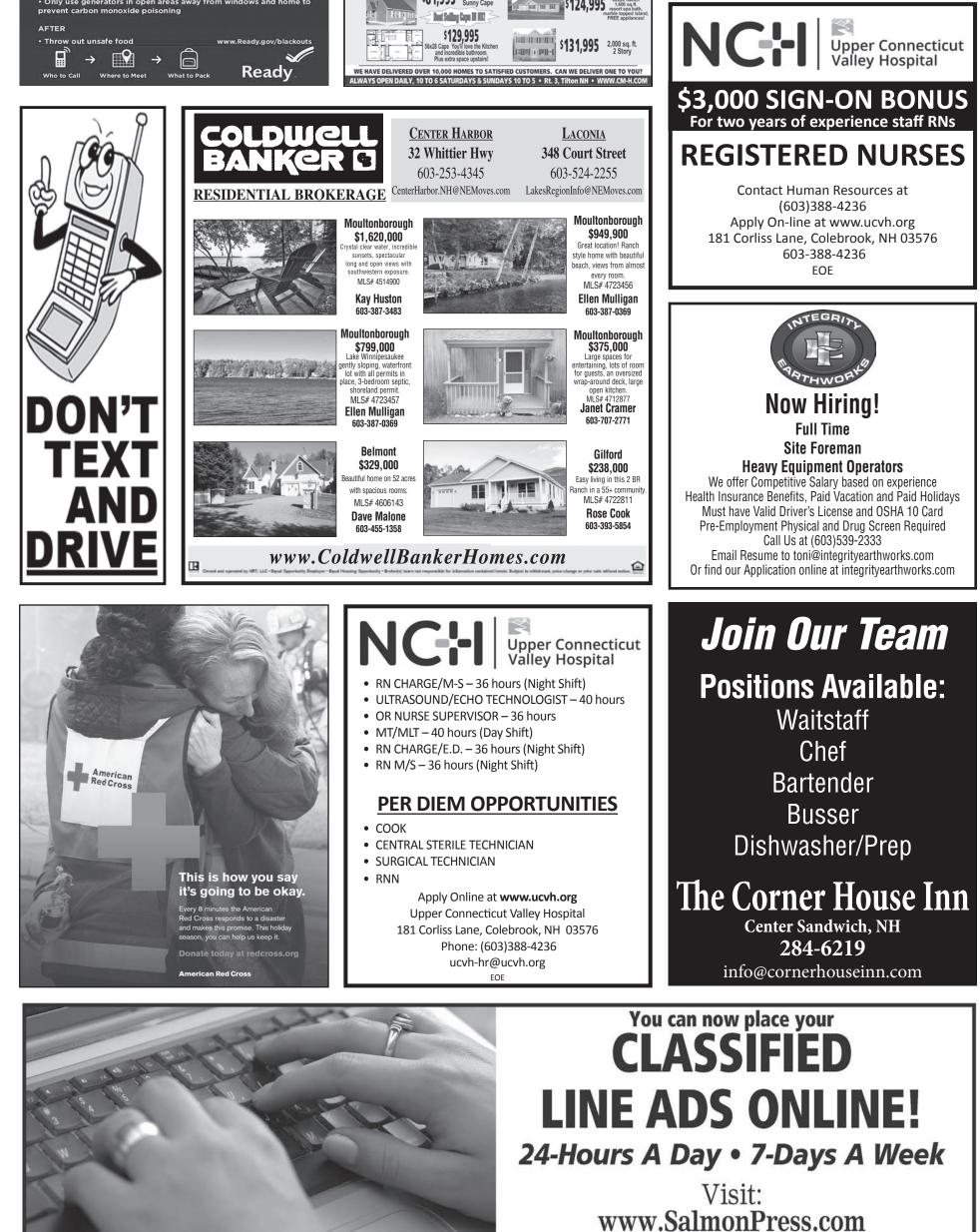
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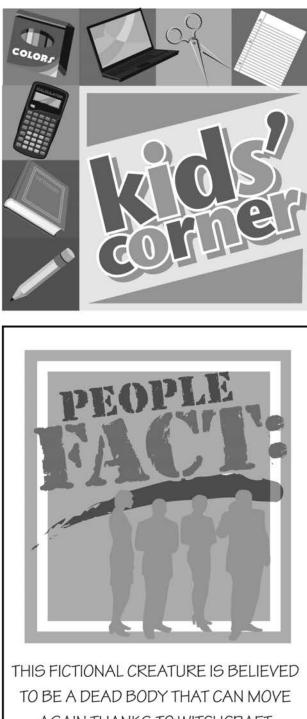
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4. Smoky mist from lantern extra small pumpkin 3. Medium pumpkin is carved Answers: I. Larger pumpkin missing tooth 2. An



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ITALIAN: Cioccolata

FRENCH: Chocolat

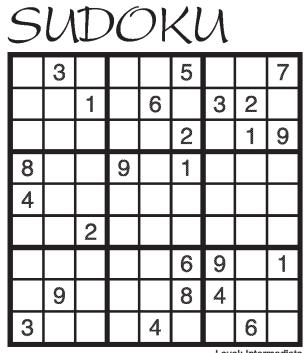
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FROM A CELTIC FESTIVAL CALLED SAMHAIN. PEOPLE BEL-IEVED GHOSTS OF THE DEAD WOULD ROAM THE EARTH ON THIS DAY

Can you guess what the bigger picture is?

ANSWER: JACK-0'-LANTERN





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S	9	Z	6	t	G	8	-	ε
3	G	4	8	-	S	٢	6	9
unde	8	6	9	٢	ε	4	2	S
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:Alswer:								



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ON TAP

CONTINUED FROM PAGE B1 are at Stellos Stadium on Wednesday, Oct. 31, at 4 and 6 p.m. and the semifinals for Division III are at Laconia High School at 4 and 6 p.m. on Wednesday, Oct. 31.

The girls' soccer tournaments also continue next week. In Division II. the opening round is today, Oct. 25, and the quarterfinals are Sunday, Oct. 28, both at the home of the higher seed. The semifinals are Thursday, Nov. 1, at Stellos Stadium in Nashua at 4 and 6 p.m. The Division III quarterfinals are Friday, Oct. 26, at the home of the higher seed and the semifinals are Tuesday.

Oct. 30, at Laconia High School at 4 and 6 p.m.

The unified soccer tournament opens on Tuesday, Oct. 30 and continues on Thursday, Nov. 1, both at the home of the higher seed.

The Division II volleyball tournament quarterfinals are Saturday, Oct. 27, at the home of the higher seed and the semifinals are Tuesday, Oct. 30, at Pinkerton Academy at 5 and 7 p.m. The Division III tournament opens today, Oct. 25, and the quarterfinals are Saturday, Oct. 27, both at the home of the higher seed and the semifinals are Wednesday, Oct. 31, at 5 and 7 p.m. at Plymouth State.



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