

# Newfound Landing

THURSDAY, APRIL 11, 2019

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COMPLIMENTARY

## Community brings the Addams Family to life onstage

BY DONNA RHODES  
drhodes@salmonpress.news

**BRISTOL** – This weekend, everyone is encouraged to get a witch’s shawl on, find a roost that they can crawl, then come and take a call on the Addams family as they take the spotlight in the 2018 Newfound Area Community Spring Musical at Newfound Regional High School.

While many adults still remember the iconic Addams Family television show that ran for two years in the mid-1960s, in 2010 the kooky family made their way to the stage in “The Addams Family (musical).” The theater production is based on a book by Marshal Brickman and Rick Elice, with music



DONNA RHODES

The communitywide cast and crew of this year’s spring musical at Newfound Regional High School are ready to entertain everyone with the zany comedy, “The Addams Family (musical)” this Friday and Saturday.

However, as Morticia proclaims, “Normal is an illusion. What’s normal for the spider is calamity for the fly.”

Zany, kooky and filled with all sorts of wild antics and dark humor, “The Addams Family (musical)” is a production no one will soon forget. It is filled with fun songs as well as hilarious twists and turns in the storyline when Luke and his family come to meet the Addams.

As a community production, each year Newfound residents of all ages are invited to take part in the annual spring musical. Playing the role of Gomez Addams this year is Howard Deuso of Bristol. While Deuso spends his weekdays at a fulltime job with Atlantic Broadband, for the past six weeks or more he has dedicated his evenings to the musical. He is a seasoned actor, having been a part of numerous past shows like “South Pacific,” “Guy and SEE **ADDAMS FAMILY**, PAGE A13

## Armed robbery leads to couple’s arrest

BY DONNA RHODES  
drhodes@salmonpress.news

**ALEXANDRIA** – Two people are in custody and being held on preventative detention after an armed robbery that took place on Lynn Ave. in Alexandria early last Thursday morning. The two were later identified as 23-year-old Jessica Evans and 36-year-old Matthew Gedney, who list Nashua and Manchester as their residences on social media sites.

Police reported that at approximately 6:30 a.m. on April 4, officers from New Hampshire State Police Troops E and F were dispatched to the rural Alexandria neighborhood, along with police officers from Alexandria and Bristol, for the report of a home invasion and armed robbery.

The homeowner said that a male and a female wearing ski masks and brandishing a handgun broke into the residence then fled with an undetermined amount of cash. The suspects’ vehicle was found crashed on Lynn Rd. and witnesses told police the two were spotted fleeing the accident scene on foot.

Residents were advised to shelter in place and Trooper

SEE **ROBBERY**, PAGE A16

and lyrics by Andrew Lippa.

Now, nearly 50 years after the television show, the musical addresses the time when Morticia, Gomez, Un-

cle Fester and Lurch are confronted with the fact that Wednesday and Pugsley are grown up. Adding to that realization is the day when Wednesday

admits she is falling in love with Luke Beinke, a young man raised in a “normal” family, not one like the Addams, which leans more toward the macabre.

## Bristol native serves aboard Navy warship

BY KAYLA TURNBOW

Navy Office of Community Outreach  
**SAN DIEGO, Calif.** — A Bristol, New Hampshire, native and 2016 Newfound Regional High School graduate is serving in the U.S. Navy aboard USS Portland, one of the Navy’s newest and most advanced amphibious ships.

Petty Officer 3rd Class Hunter Rafuese

is an operations specialist aboard the amphibious transport dock operating out of San Diego.

A Navy operations specialist is responsible for tracking navigation and radars to make sure the ship is safe.

Rafuese credits success in the Navy to many of the lessons learned in Bristol.

“Everybody is dif-



COURTESY PHOTO

Hunter Rafuese

ferent,” said Rafuese. “You are going to meet so many different people in the Navy.”

Commissioned in 2017, Portland is designed to deliver Marines and their equipment where they are needed to support a variety of missions ranging from amphibious assaults to humanitarian relief efforts.

“This is a pre-commissioned unit so every program, every role, we started,” said Rafuese. “Commissioning the ship has brought this crew closer. It re-

ally made the Portland crew a family.”

A key element of the Navy the nation needs is tied to the fact that America is a maritime nation, according to Navy officials, and that the nation’s prosperity is tied to the ability to operate freely on the world’s oceans. More than 70 percent of the Earth’s surface is covered by water; 80 percent of the world’s population lives close to a coast; and 90 percent of all global trade by volume travels by sea.

SEE **RAFUESE**, PAGE A13

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DONNA RHODES

Lucy Natkiel and Carol Asher of the Hill Historical Society hold a copy of the loose-leaf notebook, “Our Story,” that their organization presents to all children at Jennie D. Blake School, which is named in honor of a former teacher in Hill.

## Educational partnership brings Hill’s history alive for students

BY DONNA RHODES  
drhodes@salmonpress.news

**HILL** – Jenny D. Blake School Principal

Dr. Brian Connelly said that since he arrived at the school, the mantra there has been, “Where

we are, where we were and where we are going.” That is why their SEE **PARTNERSHIP**, PAGE A13

# Camp Mayhew prepares for summer food program

BRISTOL — The Mayhew Program is participating in the Summer Food Service Program at Camp Mayhew in Bristol. Meals will be provided to all eligible children free of charge. To be eligible to receive free meals at a residential camp, children must meet the income guidelines for reduced-price meals in the National School Lunch Program. The income guidelines for reduced price meals by family size are listed below. Children who are part of households that receive Supplemental Nutrition Program (SNAP, formerly food stamps) benefits or benefits under the Food Distribution Program on Indian Reservations (FDPIR) or Temporary Assistance to Needy Families

(TANF) are automatically eligible to receive free meals.

Meals will be provided at Camp Mayhew from June 19 to July 13, and July 17 to Aug. 10. In accordance with Federal civil rights law and U.S. Department of Agriculture (USDA) civil rights regulations and policies, the USDA, its Agencies, offices, and employees, and institutions participat-

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## Circle Program summer food service

REGION — The Circle Program is participating in the Summer Food Service Program. Meals will be provided to all eligible children, free of charge.

To be eligible to receive free meals at a residential or non-residential camp, children must meet the income guidelines for reduced-price meals in the National School Lunch Program. Children who are part of households that receive Supplemental Nutrition Program (SNAP, formerly food stamps) benefits or benefits under the Food Distribution Program on Indian Reservations (FDPIR) or Temporary Assistance to Needy Families

program on Indian Reservations (FDPIR) or Temporary Assistance to Needy Families (TANF) are automatically eligible to receive free meals.

Acceptance and participation requirements for the Program and all activities are the same for all, regardless of race, color, national origin, sex, age, or disability, and there will be no discrimination in the course of the meal service. Meals will be provided at the sites and times as follows:

Circle Camp June 23- July 13  
Circle Camp July 18- Aug. 2  
Circle Camp Aug. 4-10

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online at [www.ascr.usda.gov/complaint\\_filing\\_cust.html](http://www.ascr.usda.gov/complaint_filing_cust.html), and at any USDA office, or write a letter addressed to USDA and provide in the letter all of the information requested in the form. To request a copy of the complaint form, call (866) 632-9992. Submit your completed form or letter to USDA by (1) mail: U.S. Department of Agriculture, Office of the Assistant Secretary for Civil Rights, 1400 Independence Ave., SW, Washington, D.C. 2025-9410; (2) fax (202) 690-7442; or (3) email program.intake@usda.gov. This institution is an equal opportunity provider.

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**Campton, Ellsworth, Thornton Lenten Community Services**



**Wednesday, April 10** at 7:00 Roundtable discussion at Campton Baptist Church. The theme of the discussions is Jesus' examples of prayer and will be centered on selected Scriptures. Local pastors and lay people will lead the group.

**Saturday April 13** - Children's Easter Party 11:00-2:00 Campton Baptist Church

**Sunday, April 14** local churches will have Palm Sunday services.

**Thursday April 18** Maunday Thursday dinner at 6:00 at Campton Baptist Church. The evening will be composed of a simple soup and bread meal, Scripture readings, and communion.

**Friday April 19** - Good Friday.  
12:00-3:00 Campton Congregational Church will host a time of prayer, meditation, Scripture, and hymns. Participants are welcome to come and go as they please and will be given an opportunity to nail their sins to the cross, the records of which will be ceremonially burned at 3:15.  
7:00 Campton Baptist Church will host a worship service.

**Sunday April 20** - Easter!  
Sunrise service on Ellsworth Hill Rd will begin at 6:00 and will be followed by community pancake breakfast at Campton Baptist Church at 7:00. (Breakfast will be served until 9:00).  
Palm Sunday and Easter Services will be held at the following Campton churches:  
9:30 Campton Congregational Church  
10:00 Campton Baptist Church  
10:00 River of Grace North



**In 2016, it was 'Paint a Pig'; 2017, 'Paint a Butterfly'; 2018, 'Paint a Bass'; and this year's Rotary Annual Art Contest is 'Paint a Puppy.'** Members of the Alton, Barnstead, New Durham Rotary gathered recently to cut out the plywood silhouette images of three different breeds of puppies. Contestants can select which one they'd like to paint and enter the contest, or pick more than one, to win cash or a trophy. There's a small fee for each puppy and they'll be available at the Alton Rotary Home, Garden and Recreation Show, Saturday, April 27, Prospect Mountain High School, 9 a.m.-3 p.m. After the Home Show is over, puppies to paint are available at Profile Bank, downtown Alton, Monday-Friday 9 a.m.-5 p.m., Saturday until noon. The puppy cutters are, L-R: Rotarians Jim Fontaine, Peter Bolster, Richard Leonard, Duane Hammond, Ryan Dee, Scott Littlefield and Bob Regan. All painted puppies will be on public display August 17 at the 'Puppies in the Park' exhibit, B&M R/R Park, downtown Alton, 10 a.m.-3 p.m. where winners are announced and the public invited to a free cake and ice cream 'Puppy Party'. All proceeds from this event are donated to the Alton and New Durham Police K-9 Corps and the Barnstead Police Department. For info contact Duane Hammond 569-3745, or email: [Duane@metrocast.net](mailto:Duane@metrocast.net).

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<b>SHAZAM!</b> Fri.-Sat.: 1:00, 4:00, 7:00, 9:45 PM Sun.-Thurs.: 1:00, 4:00, 7:00 PM	<b>PG-13</b>	<b>DUMBO</b> Fri.-Sat.: 12:45, 3:45, 6:45, 9:15 Sun.-Thurs.: 12:45, 3:45, 6:45 PM	<b>PG</b>
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**PET SEMATARY** R  
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Sun.-Thurs.: 1:15, 4:15, 7:15 PM

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## All About the Frame!

TILTON — On Monday, April 15, the Lakes Region Art Association will be hosting a presentation by Sara Rimes, owner of "U-Frame We-Frame" in Laconia. She will be speaking on how to frame your artwork to enhance and protect it. The meeting and presentation will be held in the Woodside Building at the Taylor Community in Laconia, at 7 p.m. A short meeting will be held prior to the program on framing.

Rimes has worked in the family business of framing since the age of thirteen, taking over as owner about four years ago. She will discuss professional framing techniques and materials that preserve and protect art as well as ready it for shows, sale or for hanging at home. In addition to full framing services,

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her store also sells framing supplies and serves as a resource for all your framing questions whether you are an artist or just want to give artwork you own a new look.

When discussing her upcoming presentation, Rimes commented that, "I love when people ask me questions, because there is a lot more to framing than people realize."

During her presentation she will show and explain the differences in glass, mats and hanging hardware, providing samples and will explain how the right frame and mat can make all the difference in the final presentation of the artwork.

U-Frame We-Frame is located at 50 Canal St., Laconia. The presentation is free and open to the public.

# Spirit of Hope & Kindness Awards honor students

BY ERIN PLUMMER  
mnews@salmonpress.news

MEREDITH — A special awards ceremony recognized the community service contributions of local residents, all of which ranged from five-year-olds to high school seniors. The Spirit of Hope & Kindness Awards will present money to a number of Lakes Region Youths to help them further their mission of service and kindness.

The second annual awards took place at Church Landing in Meredith on Sunday night. Nominations for the awards were opened at the beginning of the year and people were invited to nominate any Lakes Region student from preschool through high school, outlining their record of community service and acts of kindness. The nominees were reviewed by a panel of judges and narrowed down to 13 finalists in four categories: Preschool, Elementary School, Middle School, and High School.

Emcees Fred Caruso and Amy Bates recognized the nominees and announced the winners. Both emphasized that all of the nominees are winners.

A number of the nominees and winners are part of Cereal Heroes, a group of students in Laconia who do a number of different activities to collect money and donations of cereal and breakfast bars for kids in need.

The winner for the Preschool category was Harlow Jordan, a five-



Harlow Jordan, the winner of the Preschool category.



Connor Dunn, winner in the Elementary School category.



Nathan Hobby, the winner of the Middle School category.



MacKenzie Roys, winner of the High School category.

fairs he will bring extra money to buy books for classmates who are not able to afford them.

Also nominated in the Preschool/Elementary School category was Parker Ashton of Pleasant Street School, Eila Petty of Southwick Elementary School in Franklin, and Lydia Pickowicz of Gilford Elementary School.

The winner of the Middle School category was Nathan Hobby of Laconia Middle School. Nathan helps out his elderly neighbors, including mowing lawns and shoveling snow. He is also a member of Cereal Heroes. He has helped put together hygiene backpacks for students in need and summer baskets for kids at summer camp. Nathan helps out with the Laconia Fire Department's boot campaign, and makes cards for the residents of St. Francis Home in Belmont.

Also nominated were Matthew Beaupre of Laconia Middle School, Emma Davidson of Compass Classical Academy in Franklin, and Luke Stafford of Laconia Middle School.

MacKenzie Roys, a freshman at Gilford High School, won in the High School category. MacKenzie helped plant a garden at Gilford Village Knolls, a senior housing community, with her church youth group. She has helped clean up Gilford beach, volunteered at Santaland at the Gilford Youth Center, tutors math, and helps out at Sunday school. She went to Tennessee as part of a mission trip to help rebuild a home that had been damaged in a fire.

The other nominees were Cassie Carron of

year-old student at Gilford Village School. She was recognized for putting together stockings for families in need and helping her classmates. For her fifth birthday Harlow asked people to donate to Cereal Heroes instead of getting her gifts.

For the Elementary School category, the winner was Connor Dunn of Pleasant Street School in Laconia. Connor is an active member of Cereal Heroes. He does work around his neighborhood and

spends time with his elderly neighbors. He is especially respectful of veterans, he will hear wartime stories and always thanks veterans. During school book

SEE AWARDS, PAGE A12



## Season ending splashdown

Ragged Mountain Ski Area in Danbury ended their 2018-19 ski season with a splash last weekend, as some daring skiers swooped down to try to skim across a makeshift pond at the base of the mountain.

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## CADY Corner

Join us for “Climb Above Addiction” community event!

BY DEB NARO  
Contributor

On Saturday May 4, the PSU ENACTUS Team, an international student organization that works to build entrepreneurial skills and improve the lives of people in need, will host a community fundraising event called “Climb Above Addiction.” This event seeks to prevent substance misuse by supporting two of Communities for Alcohol and Drug-Free Youth’s programs: Restorative Justice program and Alex’s Story. The overall goal of the event is to bring together members of the community to increase awareness of New Hampshire’s opioid epidemic. The National Institute on Drug Abuse estimated that over two million Americans suffer from substance use disorders involving prescription opioids.

The Restorative Justice program at CADY is the sole court diversion program for first time youth offenders in the Pemi-Baker, Lin-Wood and Newfound regions. This program, which is accredited by the New Hampshire Juvenile Court Diversion Network, works to help high-risk youth develop real life skills and has been proven to prevent future risky behaviors, break the cycle for juvenile crime and reclaim the futures of our most vulnerable youth. Currently the Restorative Justice program at CADY has served 215 youth successfully with a recidivism rate of 15 percent and one of the best success rates in the state.

In the spring of 2015, CADY and the Plymouth State University TIGER Program launched an exciting collaboration called, Alex’s Story. Alex’s Story is the real-life account of a New Hampshire youth’s struggle

with drug use, heroin addiction, and recovery. His story is told by an actor using 100 percent of his own words—this format helps to convey that addiction is gender neutral and does not discriminate. Using a peer-to-peer model, this production utilizes storytelling to raise awareness on the risks of substance misuse and addiction. Alex’s Story is empowering high school students with fact-based information to avoid risky behaviors and encourage smart, healthy choices. The performance is followed by a powerful question and answer session with Alex as he answers student questions with genuine interest in promoting their health and safety.

The Climb Above Addiction event is similar to a walk or 5K run where each team or individual will gather donations from sponsors to support a rock-climbing activity on a portable rock wall or hiking, which ultimately symbolizes “climbing above addiction.” Funds raised by this event will be put towards the sustainability and growth of CADY’s Restorative Justice program as well as providing a scholarship for a school performance of Alex’s Story.

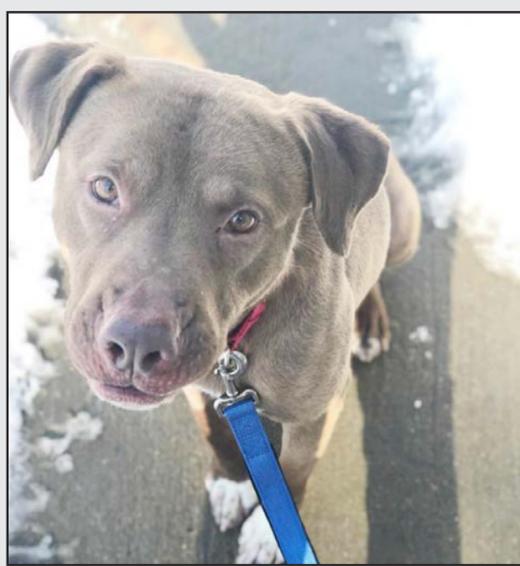
The event will include food, music, games, and a keynote speaker. Climb Above Addiction will take place at Rattlesnake Campground on Saturday, May 4 at 415 Buffalo Rd. in Rumney from 11 a.m.-4 p.m. The rain date is May 5. For more information on how to become a sponsor or how to become a climber, visit: [www.climbaboveaddiction.org](http://www.climbaboveaddiction.org). For more information on CADY’s programs, please visit [www.cadyinc.org](http://www.cadyinc.org). Please join this fun event to support local kids—we look forward to seeing you there!

## PET of the Week Drummer



Drummer is a magnificently sweet and smart 5 year old mixed breed. Incredibly social and sweet playful soul this young man will make a great hiking partner for his humans. Since relocating from the south three months ago, he has learned to sit, give paw, and get down when his exuberance overtakes him. He is currently working on learning stay, come, drop it, and going to a mat on cue. He sure is ready

to explore his new surroundings, take in the sweet smells of springtime in New England with you. Drummer would do best in an active home with teens or older. He can be a little picky about his dog friends and may be ok with a dog savvy cat, so do take that into account. But know that Drummer will be a devoted friend. Bow wow wow yippe yo yippe stay, come, drop it, let’s get Drummer a home where he can stay and play.



## Strategies for Living *God can defend himself*

BY LARRY SCOTT

Russell Stendal, son of missionary parents to Colombia, had flown into a jungle airstrip near the Inirida River in his Cessna 170 when he met “the professor.” Following a day-and-a-half float down the Inirida, the professor and a group of high-school boys were on a field trip to study a volcanic rock formation and the falls at this location.

While waiting for supper, “I got into one of those evolution-versus-creation debates with the professor,” writes Stendal in *Rescue the Captors*. ... “The debate got hotter and hotter. ... I told the professor that I didn’t need to defend God. If the professor would authorize God to intervene in his life and reveal himself, I thought God would be happy to do so and convince the professor beyond the shadow of a doubt in a much better way than I could in

the debate. “Well,” said the professor, “I authorize God, wherever he is, to reveal himself to me, if he can, but until then I will continue to believe evolution” (p. 66).

Two days later, Fernando – Stendal’s Colombian contact – met him at the airport. “You aren’t going to believe what happened to the professor. ... The professor and the high-school boys ... tried to cross [the river] in the very mouth of the falls. Their motor quit halfway across and before they could get it started again, they were sucked over the falls.

“Fortunately,” Fernando told him, “I also keep a boat and motor on the lower end of the falls, so I ran down there. ... I headed out into the rapids below the falls and began fishing out school boys. Soon I had all seven ... and they were all alive. We couldn’t find the professor. ... The boys

told me that the professor couldn’t even swim, so I figured he must have drowned. Then we noticed something in the water far down-river. ... It was the professor, perched on top of the capsized canoe. It turned out he had gone down one chute of the falls. The canoe had taken another. At the bottom of the falls there is a tremendous geyser. This jet of water had hurled the professor into the air just as the large dugout canoe had passed by from the other chute of the falls. ... The professor had landed on top of the water-logged canoe and had hung on for all he was worth. ... They left this morning to go home. ... The last thing the professor said before they left was, “Tell [Russell] that I now believe in God, too!” (Ibid., p. 67-68).

Coincidence? Perhaps. It is amazing, however, how often God “comes

through” when one would least expect it. God can defend himself, and has done so. Ours is not a faith of the incredulous, the superstitious or the ignorant. We have reason to believe, verified by this one, undeniable, truth: Jesus lived, Jesus died, and Jesus arose from the dead.

The Apostle Paul, a sincere, committed Jewish Pharisee determined to wipe out the fledgling Christian church, became a loyal follower of Jesus Christ when he could no longer deny the evidence. “If in this life only we have hope,” he wrote, “we are of all men most to be pitied. But Christ has indeed been raised from the dead.” God’s defense is undeniable. Thank God Almighty! Jesus arose from the dead!

For further discussion, and your comments, please access my blog at [indefenseoftruth.net](http://indefenseoftruth.net).

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## Is fear keeping you from living your dream?

I was recently stopped in the grocery store by a man who wanted to tell me that he enjoyed my column. During the brief discussion, the person asked, “Do you have a degree in journalism?” “No,” I responded, “My degree is music education.”

“How did you become a columnist?” “I decided I wanted to write a column. I wrote a few samples and submitted them to the managing editors of a few newspapers.”

“And?” he asked. “And they said yes,” I responded.

The man had a confused look on his face then asked, “Weren’t you afraid they’d say



POSITIVELY SPEAKING  
GARY W. MOORE

no?”

Fear, for many, is debilitating. Fear keeps people from pursuing their dreams and traps them into living the life they are given rather than striving for the life they want. I think legendary motivational speaker, Zig Ziglar nailed it when he said ...

Most fear is only False Evidence Appearing Real

Some fears are healthy. It’s natural to experience fear when we are in a life-threat-

ening situation and fear is a useful tool to keep us from placing ourselves there. That type of fear was defined by Walter Bradford Cannon as “Fight or Flight” fear. It kept the caveman from being eaten by the sabre tooth tiger and keeps “most of us” from doing dumb and dangerous things. Fear of some situations and circumstances are both normal and healthy. So, when someone tells you to live without fear, that may not be the best advice. However, most other fears are unrealistic and even irrational. They are often triggered, as Zig stated, by false evidence appearing real and can

keep us from realizing our dreams. So, what should you do?

Defy the lie! The voices in our head are often untruthful. Many, if not most of our fears are rooted in our insecurities and lack of faith in our abilities. The voices in our head that tell us we are not smart enough, good enough or talented enough, create the insecurities that manifest themselves into unrealistic or irrational fear. If the voice sounds familiar, it should ... it is yours. Your internal voice raises the doubt that turns into fear of acting, while discouraging you from ven-

# Note to helicopter parents: Just give the kid a stick

*Editor's note: Due to unforeseen computer issues, Mr. Harrigan was unable to submit a new North Country Notebook column in time to meet our press deadline for this week's edition. The following column was published the second week of April 2018.*

## NORTH COUNTRY NOTEBOOK

By JOHN HARRIGAN



You never know what you're going to bump into on the Internet in the middle of the night. This time it was an article in High Country News, which took my mind far west with Lewis and Clark, and to the Pacific Ocean and back.

The article, headlined "Let Your Kids Play with Fire," was all about letting kids be kids. But an article about kids and fires begs the very basic (and somehow pathetic) question, which is how many kids even get to see an open fire these days, let alone play around one without someone calling Child Welfare or at the very least 911.

Author Alan Crow, a former underground miner and journeyman carpenter who is now a teacher and paralegal in Arizona, writes that his son learned early on how to lay out a fire pit in the shape of a lightbulb, so coals for cooking could be raked into the narrow end. But after supper, it was all play.

"One of my most vivid memories is the image of him crouching by the campfire against a background of a billion stars, mesmerized by the smoke swirling upward from the end of his poking stick," Crow wrote. "It's impossible to measure the positive effect this backcountry activity, as well as others like it, had on his confidence and sense of self-worth."

Crow likened letting kids play around a fire to "running with scissors on steroids." That six-year-old, he noted, is now a six-foot, 220-pound police officer in Kansas with a family of his own. When they visit, Crow adds, he and his wife love to have a cold one while watching their 6-year-old grandson (yes) poke the fire.

Anybody who's spent much time around a fireplace or fire pit knows that kids just naturally love fire. We all do, I think, as a link to the ages, and a reminder of our common bond.

+++++

Captains Lewis and Clark and their company of 30 or so soldiers, backwoodsmen and adventurers had been on the trail for about a month when their scouts encountered the Mandans. They encamped just below the village and prepared for a parley, as was common for the times.

It was not, of course, the Indians' first experience with Europeans. French fur traders and explorers had long since visited from the far north, as had Spanish traders from the southwest.

Still, this was an official party sent forth by the young United States government. By all accounts, and I think I have read most, the Mandans treated the Corps of Discovery as honored guests.

+++++

The officers and many of the men gathered in one of the biggest Mandan lodges, where the peace-pipe was passed around before various dignitaries made long-winded speeches. After more food than most could eat, the visitors fell back against their packs and blankets for more passing of the pipe, and more speeches.

A bright-eyed little Mandan child of perhaps two was playing at the edge of the fire, not far from the two captains' feet. A hot coal tumbled from the heap of embers, and the child crawled to grab it.

In a reaction instilled since childhood, Meriwether Lewis reached to grab the child's hand. Equally fast, Captain Clark grabbed Lewis.

The Indian custom was to let the child learn by experience, Clark later explained. Interference would have been an affront.

Lewis and Clark had many months and more than a thousand miles to go before they reached the Pacific, where they were supposed to rendezvous with ships providing supplies and a choice for the way home. The Pacific coast, after all, was fairly well known, if not accurately mapped, after the voyages of Bougainville, Cook and others. The big mystery was the territory between the Mississippi and the Pacific Ocean.



Sketch of a Mandan village at Knife River, with its mud-covered lodges. Some explorers and writers thought the Mandans met so many measurements of "civilization" that they had to be descended from one of Israel's fabled Lost Tribes.

COURTESY

+++++

Despite what schoolkids (including me) were taught for generations, Lewis and Clark were hardly the first to cross the continent. That honor was earned by Canada's Alexander Mackenzie, who on his second attempt at a crossing emerged at the mouth of the Bella Coola River in British Columbia nine years earlier, in 1793.

Canadian history was scarcely taught in our classrooms, even though we lived just a few miles shy of the Quebec border; and Mackenzie was hardly the sole example. American academia and society were equally slow to recognize archeological proof that the European "discovery" of the New World occurred around 1100 A.D. when the Vikings settled at Lans aux Meadows in Newfoundland, 400 years or so before Columbus.

We share a continent and a lot more, including families and cultures, which to me makes the absence or blurring of Canadian history in American education so incongruous. To me, it's all one big story--I'm just as interested in les habitants settling their way up the rivers running north into the St. Lawrence as I am in the New England settlements progressing northward from the Boston Colony and the

Gulf of Maine.

+++++

On a cool July night, sparks from the fire compete with fireflies for attention, kids chasing the fireflies or watching the sparks disappear into the awesome magnitude of the night sky.

Let the kids go, I've wanted to tell anxious parents as we sat around the fire, talking about what the next generation of kids will know, or not. In the meantime, just give them a stick to poke the fire with, relax, and let them go, and enjoy the show.

*(This column runs in papers covering two-thirds of New Hampshire and parts of Maine and Vermont. Address letters, with town and telephone numbers in case of questions, to campguyhooligan@gmail.com or to Box 39, Colebrook, NH 03576.)*



Canadian trapper and explorer Alexander Mackenzie, who reached the Pacific nine years before Lewis and Clark did.

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**Newfound Area School District  
Long Term Substitute**

We are seeking a long term substitute teacher for 2<sup>nd</sup> Grade at Bristol Elementary School. The leave will be approximately May 18 until the end of the school year. Must be certified.

*Applicants should submit a letter of interest, resume, supportive credentials, job application and three current written references to:*

Stacy Buckley – Superintendent of Schools  
Newfound Area School District  
20 North Main Street  
Bristol, NH 03222  
Application is available at:  
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## Towns

### Alexandria

Merry Ruggiello 744-5383  
sunshine\_eyes51@yahoo.com

Mother Nature, we need to talk. You are a bit late with your April Fools prank, and it's one day, not two! Thankfully, our road crews did an amazing job, despite your little "reminder" of what it's like to live in New England. Hats off to all the crews, whether they be working on the roads, emergencies or law enforcement to keep us all safe!

#### Town

Board of Selectmen Meeting Tuesday, April 16 at 6 p.m. in the Municipal Building.  
Planning Board Meet-

ing Wednesday, April 17 at 6 p.m. in the Municipal Building.

In case you didn't know, the Transfer Station is now open until 4 p.m. Mondays! Hours are now 8 a.m. until 4 p.m. on Monday, 11 a.m. until 6 p.m. on Wednesday and 8 a.m. until 4 p.m. on Saturday.

The middle section of Bog Road is currently closed to traffic due to mud and high waters.

#### Alexandria UMC

Thursday, April 11, Visitation and Office Hours from 11 a.m. until 6 p.m. Book Study on John begins at 6 p.m.

Friday, April 12, there will be a Fish Fry at Our Lady of Grace from 5 - 7 p.m. This is sponsored by

the folks at Our Lady of Grace and is open to the public.

Sunday, April 14, Palm Sunday and Communion, service begin at 9 a.m. Coffee Hour will be immediately following the service. Sunday School will begin a little later today.

Thursday, April 18, Visitation and Office Hours will be from 11 a.m. until 6 p.m. There will be a Maundy Thursday service at 7 p.m.

Sponsor sheets are available for the annual Crop Walk for Hunger: If you are interested in doing the Crop Walk, please see Amy Clayman for your sponsor sheet. The Crop Walk will be Saturday, May 4 at 10 a.m. More information to come later.

I was saddened to hear of the passing of Lyn Currier, formerly of Bristol. Sincerest sympathies are extended to her children, Val and "Cookie," their families as well as all who knew and loved her. You were much loved Lyn and will be sorely missed.

Happy Birthday April 2 to Jacob Blouin and April 14 to Elsie Wilson!

Mother Nature has changed her mind already. We started with a mixture of rain and now the flakes are falling. Lovely! Although I'd love to get outside to putter, I'm staying inside to putter today. Hope you have

a wonderful week ahead. Be safe in your travels, kind in your words and may your days be filled with good and positive things!

### Groton

Ruth Millett 603-786-2926  
rem1752nh@gmail.com

I know it's been a couple of weeks that I have not had an article in the paper, but it has been a busy time of year for me. Now that the minutes from Town Meeting are done (36 pages), and the workshops (three Wednesdays in a row), are over for a brief time we're back on track.

Select Board meetings will commence again this Tuesday, so there will probably be more to report next week than this week, but there's still news going on in Town. We are still looking for a Deputy Town Tax Collector. We've determined that this person must be a resident of Groton and will not only be trained as a Town Clerk/Tax Collector but will also help out from time-to-time in the Select Board Office. We are also still looking for someone who would be willing to serve on the Emergency Management Team. There are other Committees in the Town which are hurting for members; the Old Home Day Committee, the Conservation Commission, the newly formed search

committee for the Police Department. If any of these sounds interesting to you, please let us know at the Town Offices. Call either 744-8849 for the Town Clerk or 744-9190 for the Select Board Offices or come to one of the following meetings. We hope to fill up these positions before spring.

The Conservation Commission has a few dates for you to keep in mind coming up in the next couple of months. There will be a highway/byway cleanup on May 4. We hope most of the snow will be melted by then. The annual Fishing Derby will be on June 1 this year. Slim has already spoken to the fish hatchery and they're saving us some big ones for us, so you want to make sure and mark your calendar.

The Town Web site at [www.grotonnh.org](http://www.grotonnh.org) will have updated news and announcements so peek there every now and then to keep up with what's happening. I looked today and there's lots of new stuff on the first page. Check out the Calendar too to see what the dates are for scheduled meetings and dates of office closures.

#### Scheduled April Meetings and Office Closures:

Select Board Work Sessions - Tuesdays, April 9 at 5 p.m. And 16 at 6 p.m. at the Select Board

Office upstairs at the Town House.

Select Board Meetings Tuesdays, April 9 and 16 at 7 p.m. at the Town House

Hazard Mitigation Meeting at the Town House on Tuesday, April 16 at 4 p.m.

Conservation Commission Meeting at the Town House, Thursday, April 11 at 7 p.m.

Planning Board Meeting at the Town House, Wednesday, April 24 at 7 p.m.

All meetings are open to the public, unless otherwise posted. Select Board work sessions may or may not be public. If they are not, it will be posted on the office door.

The Select Board Office will be closing early on April 11 at 11 a.m., and will also be closed from April 23 through 26.

#### Taxes due

There are a total of 187 outstanding invoices with a total due of \$129,108.49. You may get the balance due on your taxes by looking at the NH Tax Kiosk. The link is available by clicking on the grey button on the Town Clerk/Tax Collector's page of the Town Web site: [www.grotonnh.org](http://www.grotonnh.org) Payment may be made over the internet by clicking the RED button on the same page.

## Sarah McQuaid-Allen, 62

ALEXANDRIA — Sarah (Sally) McQuaid-Allen, 62, of Alexandria died peacefully at home on April 1, 2019, after a long bout with cancer.

Sally was born in Washington, D.C., Sept. 28, 1956, daughter of the late Elias Alfred McQuaid and Lillian Wagner McQuaid.

Sally enjoyed spending time with her family, especially her grandchildren, Taylor Lavalley, Jordyn Lavalley, Maxwell Ryder, and her great granddaughter, Aubreigh Rose. Sally had a "green thumb" when it came to gardening, enjoyed basket weaving and spending quality time in her home with her best companions, Bill and Kizzy, their rescue dog from Alabama that never left her side. Sally knew how to light up a room with her contagious smile and laughter; bringing sunshine on a cloudy day. She will be missed by all her family and friends (too many to include here) but she is in a better place now.

Sally is survived by her husband, William (Bill) Allen; Bill's daughter, Keera Allen of Old Orchard Beach; two children, Laura Lavalley of Belmont and Glenn Margeson



of Concord; as well as five sisters (Kathleen McQuaid Lockwood, Eileen McQuaid, Susan McQuaid (twin), Patricia Risley and Lillian Rozanski).

A graveside service will be held in the Riverside Cemetery, Fowler River Road, Alexandria on June 8, Saturday, at 10 a.m., followed by a Celebration of Life at the Wolfburg Farm, East Holderness Road, Holderness.

In lieu of flowers, donations in Sally's memory would be greatly accepted at the Kizzy Allen Fund, C/O Northern Lakes Veterinary Hospital, 83 Depot St., Ashland, NH 03217.

The Mayhew Funeral Homes and Crematorium, in Plymouth and Meredith, are assisting the family with their arrangements. [www.mayhewfuneralhomes.com](http://www.mayhewfuneralhomes.com)

## Churches

### Ashland Community Church

#### Sundays

10 a.m. Worship - Come as you are! Casual, welcoming atmosphere. Coffee and snacks are available in the back of the worship center.

March 3 - April 14 Teaching Series: "40 Days of Prayer: Unleash the Power of Prayer in Your Life"

Toddler Zone (for infants - five years old) is led by Kara Hamill and Kid Zone (for K-6th grade) is led by Debbie Madden. Both programs are available during the entire worship service. Our greeters will be glad to direct you to and introduce you to our leaders.

Our new Youth Zone (grades 5-8) will be starting soon and our Special Needs Class (for youth and adults) is led by Barbi Sharrow and Debbie Tall. Both classes meet in the worship center for singing at the beginning of the service and then are dismissed to their classes when the message begins.

Small groups: We also offer four adult

small groups that meet in various locations on Tuesday, Wednesday, and Thursday evenings. In March and April all of our groups will be watching a video by Rick Warren and discussing the topic of prayer. Please contact our pastor, Ernie Madden, for more information about our small groups program.

It is our desire to help you understand God's incredible grace, mercy and love. We believe you will love Ashland Community Church. We are a friendly, welcoming, loving, and caring church.

You don't have to dress up. You don't have to be any particular age. And please don't feel the need to pretend about anything. Ashland Community church is a place where God meets seeking people who are far from perfect. That means everyone is welcome, no matter where you are on your spiritual journey. We believe you'll find what you are looking for. You'll learn how to relate to God. You'll experience Christian community. And here's the big thing - you will change. Join us as we seek God together.

Just come as you are! (No perfect people allowed!)

If you have any questions, please don't hesitate to contact our pastor, Ernie Madden, at any of the contact information above.

We look forward to seeing you soon!

### Bristol United Church of Christ ("the Church on the Hill")

#### We are handicapped accessible!

Our doors are always open wide to all those seeking to find a safe, but invigorating place for spiritual life, growth, fellowship and service. Wherever you are on your spiritual journey, you are welcome here!

Sundays: Pastor: Rev. Andrew MacLeod  
Intergenerational Service: 10 a.m.  
Coffee Fellowship: Following service  
Sunday School: 10 a.m.

#### Notes:

Wheelchair accessibility can accommodate up to three wheelchairs in our Sanctuary!

April 14 will be Palm Sunday with the processional and reading of the Passion, along with passing of the palms.

Maundy Thursday is April 18, and a ser-

vice and light supper is planned, starting at 6:30 p.m.

The Easter Sunrise Service will be held at the Dow Cottage at 7 a.m. Family Easter worship will be held at 10 a.m. at B.U.C.C. One of the highlights will be the flowering of the cross!

Location: P.O. Box 424, 15 Church St., Bristol, NH 03222

Phone: 744-8132

#### Office Hours:

Main Office - Monday through Friday - 9 a.m. to noon

Pastor's hours: Monday through Thursday - 9 a.m. to noon and other times by appointment.

Rev. Andrew's Home Phone: 217-0704

Email: [pastorbucc@myfairpoint.net](mailto:pastorbucc@myfairpoint.net)

#### Weekly Events:

Mondays: A.A. Step meeting - 7:30 p.m.

Tuesdays: Bone Builders - 9:30 a.m.

Senior Crafts: 9:30 a.m.

Senior Luncheon - Noon

AA Discussion - 8 p.m.

Wednesdays: Morning Reflection is a wonderful spiritual and fulfilling experience that continues every Wednesday morning at 7:30 a.m. in the church, Room 1. Rev. Andrew is moderating, with discussion throughout, by a lively and committed

SEE CHURCHES, PAGE A7

## How to Submit Obituaries & Announcements To Salmon Press Publications

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# Flying Monkey welcomes a blues icon

PLYMOUTH — Walter Trout will perform songs from his newest album, "Survivor Blues," at The Flying Monkey in Plymouth on Thursday, April 13 at 7:30 p.m. Tickets for this concert start at \$29.

Walter Trout is the beating heart of the modern blues rock scene, respected by the old guard, revered by the young guns, and adored by the fans who shake his hand after the show each night. After five decades in the game, Trout is a talismanic figure and part of the glue that bonds the blues community together, at a time when the wider world has never been so divided.

Born on March 6, 1951 in Ocean City, N.J., Trout started his career in the Garden State in the late 1960s. In a cool video about the making of "Survivor Blues," which is published on his Web site, Trout recalls how as a 16- or 17-year-old he met B.B. King. After spotting King in a New Jersey record store, he asked him for an autograph, saying he loved the blues and was trying to figure it out on the guitar. King ended up talking to him for more than an hour.



Walter Trout will perform songs from his newest album, "Survivor Blues," at The Flying Monkey in Plymouth on Thursday, April 13 at 7:30 p.m.

One thing's for sure: That conversation did not discourage young Walter Trout to pursue the blues!

Initially a sideman for the likes of John Lee Hooker, Joe Tax and John Mayall during the '70s and '80s, and starting from 1989 as a solo artist, this year, Trout has released a covers album aptly titled Survivor Blues, featuring tunes he feels have been underappreciated. Since there are only so many ways you can play the blues, it's all about ex-

## Restored classic to screen at Flying Monkey

PLYMOUTH — A silent film hailed as the grandfather of all science fiction fantasy movies will be screened with live music this month at the Flying Monkey Moviehouse and Performance Center.

"Metropolis" (1927), an epic adventure set in a futuristic world, will be shown on Thursday, April 25 at 6:30 p.m. at the Flying Monkey, 39 Main St., Plymouth. General admission is

\$10. Original music for 'Metropolis' will be performed live by Jeff Rapsis, a New Hampshire-based composer and silent film accompanist who performs at venues around the nation.

(The screening was originally scheduled for Thursday, April 18, but has been moved to Thursday, April 25 due to a scheduling conflict.)

'Metropolis' (1927),

regarded as German director Fritz Lang's masterpiece, is set in a society where a privileged elite pursue lives of leisure while the masses toil on vast machines and live in poverty.

The film, with its visions of futuristic factories and underground cities, set new standards for visual design and inspired generations of dystopian fantasies from Ridley Scott's "Blade Runner" to Terry Gilliam's "Bra-

zeil." education. If you dig electric blues, you're in for treat!

"I didn't want to do 'Stormy Monday' or 'Messin' With The Kid.' I didn't want to do the Blues greatest hits," Trout commented on the new album. I wanted to do old, obscure songs that have hardly been covered...My idea was to do these songs like me, to arrange them for my band and style - not to just copy the originals note-for-note."

Tickets for Walter Trout range from \$29 - \$42. For more information on upcoming shows or to purchase tickets call the box office at 536-2551 or go online at [www.flyingmonkeyNH.com](http://www.flyingmonkeyNH.com).

## Churches

FROM PAGE A6

ted group! All are welcome!

Fridays: Bone Builders - 9:30 a.m.

### Monthly Events:

WIC (Women/Infant/Children) Clinic - 2nd Monday at 8:30 a.m.

Women's Fellowship - Our next meeting will be held on Thursday, April 18 at 10 a.m. in Room 1. All are always welcome!

Choir rehearsal continues at 4 p.m. every Wednesday. We're always looking for new voices. No experience necessary! See Estelle Giarrizzo after services if you are interested!

T.E.A. Meetings are scheduled for every third Tuesday of the month. Location varies.

### Ongoing:

Bristol Community Services is in need of anything and everything! Please help if you can! Our last monthly church supper of the season will be our very popular pot roast with all the fixin's, held on Saturday, May 11! Diners will resume again in September. 5:30 to 7 p.m.

Adults \$9. Children \$4. under 12.

Take Out Available: 744-8132

The ukelele band continues to grow and become more proficient as the weeks go by! We're having a ball! If you are interested in joining, please contact Debbie Doe.

The band gets together once a week on Wednesdays at 8:30 a.m. in Fellowship Hall for

lessons and practice. They will be performing next at our Easter Service, and again on May 5, when Rev. Gordon Rankin, the U.C.C. Conference Minister will be preaching!

B.U.C.C. cooperates with other churches and community organizations to serve the needs of all people who live near us. Our reach extends around the world through our work with other members of the United Church of Christ!

### Episcopal Churches: Holy Spirit, Plymouth St. Mark's, Ashland

#### Holy Week and Easter 2019

Palm Sunday and Sunday of the Passion: Sunday, April 14, at 8 a.m. (Plymouth) and 9:30 a.m. (Ashland)

Maundy Thursday: 11 a.m., Ashland: Holy Eucharist and Foot-Washing

Good Friday: 1-1:30 p.m., Chapel of the Holy Cross, on the campus of the Holderness School. Contemplative Stations of the Cross.

The chapel will remain open afterwards for silent prayer and meditation.

The Great Vigil of Easter: Saturday, April 20, 5-6 p.m., Chapel of the Holy Cross, on the campus of the Holderness School. An all-age friendly celebration of the Resurrection, with a bonfire, singing, storytelling from Scripture, and the first Holy Communion of Easter 2019.

Easter Sunday services: 8 a.m. in Plymouth and 9:30 a.m. in Ashland.

All are welcome to worship!

#### Ashland Community Breakfast

The next Ashland Community Breakfast will be from 8 to 9 a.m. in Sherrill Hall on Saturday, April 27. Come join us and bring a friend!

#### Weekly Worship Services

Sundays: 8 a.m. at Griswold Hall, 263 Highland St., Plymouth

9:30 a.m. St. Mark's Church, 18 Highland St., Ashland

Thursdays, 11 a.m., with healing prayers, St Mark's, Ashland

Office Hours at 263 Highland St., Plym-

outh Tuesday 10 a.m. - 1 p.m., Wednesday 9 a.m. - noon; Thursday 9 a.m. - 1pm.

Phone: 536-1321 Email: [holyspirit-nh@myfairpoint.net](mailto:holyspirit-nh@myfairpoint.net)

### Restoration Church, Plymouth (Assemblies of God)

Greetings from Restoration Church Plymouth, located at 319 Highland Street, Plymouth, NH 03264. If you do not have a home church we invite you to come and join our warm and friendly family here at Restoration Church. Please feel free to contact us at [hello@restorationchurch.cc](mailto:hello@restorationchurch.cc). Our church phone number is still the same, 536-1966. Our schedule has changed to the following:

Sunday: 10:30 a.m. Morning Service

Monday: First and third Monday of the Month

Noon-2 p.m. Helping Hands Food Pantry

Friday: Second Friday of the month

6 p.m. Food, Fun, Fellowship

On Sunday, Nov. 5, 2017, we officially launched as Resto-

ration Church Plymouth. More details about this service will be included in the next article. We also started a new series entitled, Stories. We will be continuing this series this week as well. We have our own worship team during our services in our auditorium and then we watch as a Pastor Nate Gagne preaches via video during our service.

#### Our Mission Statement: Just One More!

Everyone is welcome to all of our services. The church is handicapped accessible on the east entrance.

### Star King Unitarian Universalist Fellowship

Starr King Unitarian Universalist Fellowship, 101 Fairground Rd., Plymouth, is a multigenerational, welcoming congregation where different beliefs come together

in common covenant. We work together in our fellowship, our community, and our world to nurture justice, respect, and love.

"All those elements are important parts of the silent film experience," said Rapsis, who will improvise an

SEE METROPOLIS, PAGE A12

**This week at Starr King: Sunday, April 14, 2019**

#### To Be Truly Welcoming

Rev. Dr. Linda Barnes, Worship Leader

Sarah Dan Jones, Music Director and Choir

As Unitarian Universalist, we are called to recognize the worth, dignity, challenges, and gifts of the full spectrum of human identity. In this service, we'll explore how we can extend a more open and wholehearted welcome to our transgendered siblings.

For more details, visit our Web site [www.starrkingfellowship.org](http://www.starrkingfellowship.org) 536-8908

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**DANBURY:**

Danbury Country Store

**HEBRON:**

Hebron Post Office(Outside Box)

Hebron Town Hall

Hebron Village Store

**HILL:**

Hill Public Library

**NEW HAMPTON:**

Mobil Gas Station

Irving Gas Station

**PLYMOUTH:**

Tenney Mt. Store

**RUMNEY:**

Common Café

Stinson Lake Store

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# Pemi Choral Society closes out season May 2

PLYMOUTH — The Pemi Choral Society will be closing out the season with “A Walk in the Woods” – our 46th Spring concert. The featured work in the concert — entitled “Frostiana” — is a set of choral pieces by composer Randall Thompson with texts

from famous poems by New Hampshire's own Robert Frost, including “The Road Not Taken,” “Stopping by Woods on a Snowy Evening,” and “Choose Something Like a Star.” Frostiana is being performed in recognition of the 60th anniversary of



The Pemi Choral Society will be closing out the season with “A Walk in the Woods” – our 46th Spring concert.

COURTESY

Conducting from Colorado State University. He has studied conducting with Wes Kenney, Dwight Bigler, Steve Peterson, and Eric Hammer. He performs regularly with the New Hampshire Master Chorale, Manchester Choral Society, and New Hampshire Friendship Chorus. In 2018, Mr. Gunn was a conducting scholar at the Delaware Choral Academy in Aix-en-Provence, France. He is also the Treble Choir manager for the New Hampshire All-State Festival and President-Elect of the New Hampshire chapter of the American Choral Directors Association.

Concert Performances are scheduled on Thursday, May 2 at the Gilford Community Church in Gilford, beginning at 7:30 p.m. and on Friday, May 3 at St Gabriel's Catholic Church in Franklin, also beginning at 7:30 p.m. The final concert of the series will be held on Sunday, May 5th at Silver Center for the Arts, Hanaway Theatre, Plymouth State University beginning at 3 p.m. Admittance to all concerts is by choice of donation.

## MARK ON THE MARKETS

*It's just math*



BY MARK PATTERSON

Why does risk matter? The risk that I am referring to is investment risk made up primarily of market risk when dealing with equities or stocks and interest rate risk as well as credit risk when dealing with bonds or fixed income.

Concepts that I've expressed in previous articles, are dealing with quantifying risk and reporting returns. Let me talk about two portfolios made up with a variety of asset classes. We can assign each portfolio with a standard deviation, (difference from the middle), which measures the volatility and a range of upside and downside of potential returns. Portfolio one has a wide standard deviation (more risk and potential return) and portfolio two has a lesser standard deviation.

Portfolio number one started with \$100,000 and had a wonderful first year return of 60 percent.

The second-year portfolio #1 sustained a minus 40 percent loss. The average return for this portfolio over two years is 10 percent. Not a bad return!

Portfolio number two started with the same \$100,000, a 30 percent first year return but a 10 percent second year loss. Again, a 10 percent average return over the two-year span, again, not a bad return!

But let's look at the compounded annual growth which is measuring dollars not average returns.

Portfolio one, \$100,000 invested after one year is equal to \$160,000, followed by a 40 percent loss of \$60,000 brings our dollars down to \$96,000!

Portfolio two, \$100,000 with a 30 percent return equals \$130,000, followed by a 10% loss or \$13000 brings us down

to \$117,000.

I prefer portfolio number two, how about you?

So, you can see that bringing down the risk or standard deviation in a portfolio will lead to superior returns of real dollars.

This concept very important not only understand, but to implement in your own portfolio especially as we approach a time in our lives that we may depend on these assets for income.

What these numbers illustrate is a simple concept of avoiding big losses which will almost always reduce potential upside. If your advisor is attempting to build your portfolio with a variety of non and low correlated asset classes which will lower the standard deviation or volatility and risk in a portfolio, using very low-cost or no cost investment vehicles such as exchange traded funds or individual stocks and bonds, you can assume they are probably working for your best interest.

Risk management is only part of the story. The purpose of your money is more important than risk assessment in my opinion. It's very easy to answer questions to create a risk profile which is typically matched up to a corresponding prefabricated portfolio. But if you answer questions that match you up a growth portfolio and income is needed soon; your portfolio will not be designed what its purpose really is!

It is common for my client that is near or in retirement to reminisce about the returns of their investment portfolio 25 years ago, as a retail broker I was not really concerned about losses at that time either. I didn't really understand the concept of compounded annual growth versus average returns.

Staying away from big losses in your investment portfolio not only maintains your monetary capital but preserves emotional capital!

Mark Patterson advisor MHP asset management and can be reached at 447-1979 or Mark@MHP-asset.com.

its initial premier. Other pieces that will be performed include “The Tree of Peace” by Gwyneth Walker, “For the Beauty of the Earth” by John Rutter, and “When the Sun Rose Up This Morning” by Mark Sonnenblick. In addition, the chorus will be commissioning a new piece by Ian Soderberg titled “Barter.” Soderberg grew up in Campton and graduated from Plymouth Regional High School in 2015.

The 80-member adult community chorus, based in Plymouth, is comprised of members from all over

the central New Hampshire region. They have been in rehearsal since January, and will be performing the program with a 14-piece chamber orchestra.

“We are thrilled to share a program that uses New England scenery to show symbols of hope, loss, love, the passage of time, and contemplation,” says Pemi Choral Society Director Will Gunn.

“Our program represents a variety of styles including African American spirituals, Czechoslovakian folk music, songs from the Sacred Harp, and contemporary

music written by New England composers. While our program is centered on Frost's iconic words, we are excited to pair Thompson's classic music by supporting and cultivating new compositions that draw their inspiration from this community.”

Gunn is the music director at Plymouth Regional High School where he conducts the Concert Band, Concert Choir, Jazz Ensemble, and Chamber Singers. Mr. Gunn received a Bachelor of Music in Music Education from Ithaca College and his Masters of Music in

New Hampshire

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# THE REAL REPORT

RECENT REAL ESTATE TRANSACTIONS

Town	Address	Type	Price	Seller	Buyer
Bristol	Adams Road, Unit 36	Deeded Slip	\$50,000	David J. and Christina M. O'Halloran	William L. Toomey
Bristol	Adams Road, Unit 86	Deeded Slip	\$73,000	Brian P. and Eileen S. Scott	David and Christina O'Halloran
Bristol	30 Beech St., Unit 2d	Condominium	\$24,700	David J. Stepp and FNMA	FNMA
Bristol	1182 Knowles Hill Rd.	N/A	\$189,000	Joseph D. Munn	Colleen Foster
Campton	Marden Drive (Lot)	Residential Open Land	\$29,000	David L. and Judy S. Fried	Waterville Estates Association
Campton	8 Morris Lane	Single-Family Residence	\$201,000	Jacqueline M. Arzouian	Saul Howerton
Campton	233 NH Route 175	Single-Family Residence	\$168,933	Armand J. Boisvert Trust	Jordan D. Huckins and Jennifer D. Manning
Campton	1144 US Route 3	Single-Family Residence	\$50,000	Bank of New Hampshire	Merodge Properties LLC
Campton	N/A	N/A	\$160,000	Kenneth L. and Janice W. Muehlberg	Kozikowski Properties LLC
Hebron	97 Cooper Rd.	Single-Family Residence	\$170,021	Roger A. Champagne and FNMA	FNMA
Plymouth	27 Ash Hill Rd.	Single-Family Residence	\$295,000	27 Ash Hill LLC	Linda M. Chearney
Plymouth	34 Martin Estates Dr.	Single-Family Residence	\$381,000	Shawn M. and Claire R. Warren	Robert J. Dragon
Plymouth	384 Mayhew Turnpike	Mobile Home	\$18,000	Barry L. and Christine M. Wescott	RTG LLC
Rumney	N/A	N/A	\$37,533	Ann Marie McLaughlin Estate	Norbert and Christine Robertie
Thornton	N/A	N/A	\$47,000	William and Gemma Curran	Craig W. Smith and Karen Lacasse
Warren	Beech Hill Road, Lot 1	N/A	\$50,000	Dawn M. Homes and James R. Milne	Weston J. and Katherine A. Ball
Warren	Beech Hill Road, Lot 1	N/A	\$10,000	John F. Milne Estate	Weston J. and Katherine A. Ball
Warren	43 Breezy Point Rd.	N/A	\$44,933	Citibank NA	Peter and Shana L. Jackson
Warren	N/A	N/A	\$15,000	Robert W. Allen/Elroy C. and Eric C. Chartrand	N/A
Waterville Valley	28 Packards Rd., Unit 108	Condominium	\$70,000	Robert J. Perreault and Claudine P. Perreault	Debra J. and Daniel M. Sullivan

## ABOUT THE REAL REPORT

Here are recent real estate transactions in Alton and the surrounding areas. These sales summaries are informational only, not a legal record. Names shown are

usually the first listed in the deed. Sales might involve additional parties or locations. Prices are usually based on tax stamps and might be inaccurate for public agency sales. Refer to actual public documents before forming opinions or relying on this information. Additional publicly recorded information on these sales, prior sales and

data from Department of Revenue Administration forms is available at [www.real-data.com](http://www.real-data.com) or 669-3822. Copyright 2011. Real Data Corp. In the column "Type": land= land only; L/B= land and building; MH= mobile home; and COND=condominium.

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# Comfort Keepers

## How seniors can enhance mental health

BY MARTHA SWATS  
Owner/Administrator  
Comfort Keepers

No matter what age we are, living a life of purpose, connection and joy is critical for our physical and mental wellbeing. For old-

er adults, a variety of obstacles like vision loss, social isolation, mobility problems and memory issues can make enjoying life more difficult.

Why is it important for seniors to focus on their mental health?

Socially isolated seniors have a 59 percent greater risk of mental and physical decline than those who do not experience social isolation (Forbes).

The health effects of social isolation and loneliness on seniors is equivalent to smoking 15 cigarettes per day (AARP.org).

Depression in the elderly is associated with increased risk of cardiac diseases and risk of death from illness (WebMD).

For older adults that want to improve their

quality of life through enhanced mental health, there are a few things they can do to kick off their healthy habits.

Exercise – Seniors should always consult with a physician before starting any physical activity or fitness program. Seniors that are able, and approved, to exercise may see increased physical and mental wellness. Exercise has been proven to have a positive effect on the brain.

Connection – At any age, many people find joy in spending time with family and friends. Social isolation can be a problem for seniors that have mobility issues or aren't able to drive, or who have loved ones that live far away. However, there are services that can help overcome these issues, including transportation help, in-home care assistance, technology that fosters connection and other outside sources of help.

Volunteering – Sharing time and talents doing volunteer work can bring a sense of purpose and fulfillment. Many organizations have programs and volunteer opportunities specifically geared to older adults. Spending time on joyful activities – Everyone has a different interest or hobby that brings joy, whether that's music, art, dance, gardening or games. Seniors should try to spend time doing something that brings them happiness on a daily basis to improve

their quality of life.

### Comfort Keepers® Can Help

Our goal is to provide uplifting in-home care that benefits seniors and their families. The individualized care plans we create for our clients consider physical goals as well as non-physical mental health needs. Our caregivers can provide transportation to community events, support physician-prescribed exercise regimens, provide companionship and help families stay connected through technology. We strive to elevate the human spirit through quality, compassionate, joyful care.

To learn more about our in-home care services, contact your local Comfort Keepers location today

### About Comfort Keepers

Comfort Keepers is a leader in providing in-home care consisting of such services as companionship, transportation, housekeeping, meal preparation, bathing, mobility assistance, nursing services, and a host of additional items all meant to keep seniors living independently worry free in the comfort of their homes. Comfort Keepers have been serving New Hampshire residents since 2005. Let us help you stay independent. Please call 536-6060 or visit our website at [www.comfortkeepers.com/plymouthnh](http://www.comfortkeepers.com/plymouthnh) for more information.



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# LRSO spotlights Streisand's "Songs of Love"

MEREDITH — The Lakes Region Symphony Orchestra, under the direction of conductor and music director Benjamin Greene, invites you to the final concerts of our spectacular 2018-2019 season with two performances on Saturday, May 18 at 7:30 p.m., and Sunday, May 19 at 3 p.m. Both performances are at Inter-Lakes Auditorium in Meredith.

On the heels of our remarkable sold out, standing ovation performance of Beethoven's 9th Symphony on March 23, we switch gears and engage the talented Ashley Whalley to bring you "Streisand - Songs of Love." With Barbra's vast songbook of hits from album, stage, and screen, Ashley will be performing a variety of favorites across the



COURTESY PHOTO

Theater performer and singer Ashley Whalley performs with the Lakes Region Symphony Orchestra on May 18 and 19 at Inter-Lakes Community Auditorium.

genres with the majesty of full orchestral accompaniment. Ashley will showcase her vocal and performance versatility with selections ranging from "Evergreen," "Don't

Rain on My Parade," "The Way We Were," "People," "Happy Days are Here Again," and other signature songs. The LRSO delights with instrumen-

tal selections "Give My Regards to Broadway" and "Leroy Anderson Favorites," a medley of timeless classics.

Featured performer Ashley Whalley is well known in the Lakes Region as multi-talented singer, actress, dancer, and choreographer in several Inter-Lakes Summer Theatre productions, including "Addams Family," "Les Miserables," "A Chorus Line," and "Evita." She trained at the Walnut Hill School for the Arts and at the University of Cincinnati's College-Conservatory of Music where she earned a BFA in Musical Theatre. Her training has created opportunities for her to perform, teach and choreograph worldwide - at the Edinburgh Fringe

Festival in Scotland, on PBS with the Cincinnati Pops Orchestra, at the Lincoln Center in New York City, and throughout Northern Europe, the Mediterranean, Canada and the Caribbean.

Returning to New Hampshire in 2012, Ashley led the theater program at Tilton School, directing three main-stage productions and teaching acting, voice, and dance to high school students. Ashley is the proud owner of The Studio at Meredith Bay, a dance studio enriching the lives of local area dance students young and old.

Tickets are only \$20 for adults and \$10 for students college-age and under. Tickets are available online at [www.LRSO.org/tickets](http://www.LRSO.org/tickets), by phone at

800-838-3006, and at our ticket outlets Innisfree Bookshop in Meredith and Greenlaw's Music in Laconia.

The LRSO thanks our concert sponsor Bank of New Hampshire, and all our patrons and sponsors, for supporting us this year - keeping orchestral music live and well here in the beautiful Lakes Region of New Hampshire. Join our mailing list at [www.LRSO.org](http://www.LRSO.org) or follow us on facebook at LRSO1 to receive notice of all our performances next season. Please be sure to tell a friend!

*The Lakes Region Symphony Orchestra is a Meredith-based, non-profit orchestra that performs throughout the fall, winter, and spring months.*

## "Working With Clay" course offered at Senior Center

PLYMOUTH — "Working With Clay," a free eight-week creative arts class for older adults is now open for registration at the Plymouth Regional Senior Center.

Instructor Elizabeth Cornell is owner and director of Black Iris Art Studio in Warren. Participants will use a variety of hand-building techniques to create work inspired by nature, and also collaborate on a group project. Treat yourself to a relaxed, inspiring and community-building experience!

The course, open to participants aged 55 and older, will take place Wednesday mornings, 9:45 to 11:45 a.m. May 8 through June 26 at the Plymouth Regional Senior Center.

Class size is limited. To register, contact Robin Koczur, Activities Coordinator at the Senior Center at [rkoczur@gcsc.org](mailto:rkoczur@gcsc.org), visit the center at 8 Depot St., Plymouth, or call 536-1204.

The working with clay course is one of eight offered throughout the

region as part of the 2019 Experience/Arts series, sponsored by Grafton County Senior Citizens Council, Inc. (GCSCC). Additional upcoming courses include story-telling with Rebecca Rule at the Upper Valley Senior Center, quilting at Linwood Area Senior Services, and drawing at the Mascoma Area Senior Center.

Experience/Arts is made possible thanks to support from the Couch Family Foundation, the Tufts Health Plan Foundation, the Mt. Roeschmore Foundation, and the Wennberg Family Fund. Experience/Arts began as part of Aroha Philanthropies' national pilot program, Seeding Vitality Arts, intended to inspire and enable older adults to learn, make and share the arts in ways that are novel, complex and socially engaging.

For further information, contact GCSCC Executive Director Kathleen Vasconcelos at [kvasconcelos@gcsc.org](mailto:kvasconcelos@gcsc.org) or 448-4897.

## Free formal wear for NH youth Sunday

PLYMOUTH — The Faith, Hope and Love Foundation is gearing up and ready for their annual event Formal Wear for A Fancy Affair. The one day event is scheduled for Sunday, April 14 at 1 p.m. at Plymouth State University in The Hartman Union Building. Students are encouraged to attend the event to acquire formal wear for their fancy affair. The event will provide young people with formal wear for prom at absolutely no cost to them. The Faith Hope and Love Foundation is offering this event to NH Youth in order to aid with the overwhelming cost of the iconic high school event, and in an effort to ensure that every student can attend regardless of financial status.

In addition to free prom gowns and suits for the students, The Faith Hope and Love Foundation will be speaking with students about their dreams and aspirations in life. The



organization wishes to not only provide the event to offer free formal wear, but also to encourage students in their future goals. The Foundation was founded by Laura Bruesseau and Jessica Dutille to bring relief to local children suffering from homelessness, poverty or hunger and to bring

them hope through faith and love so that they may achieve all of their dreams. The organization promotes a day of fun, focused on enjoying the day and celebrating the power each student has within themselves to make the world a brighter place.

All high school students looking to attend

prom are welcomed to the event, with no pre-registration required. The event has grown through the past 12 years to reach students all throughout New Hampshire. The event promotes a safe space for all students and will offer a supportive environment for all of those in need. At the event students will look through over a hundred beautiful, sorted gowns and suits donated by the community and get to try on and take home a gown or suit at absolutely no cost to them. In addition, there will be volunteers there the day of the event, giving tips on hair and make up. The Faith, Hope and Love Foundation would like to thank their drop off locations located all around the state for helping make this event so successful. For more information on Formal Wear for A Fancy Affair visit their Web site, [www.faiythhopeandlovefoundation.org](http://www.faiythhopeandlovefoundation.org), or check them out on Facebook.

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## Edward Jones: Financial Focus

### Try to Avoid "Titanic" Investment Mistakes

It's been 107 years this month since the tragedy of the Titanic. Of course, this disaster has fascinated the world ever since, leading to books, movies, musicals and, ultimately, a successful search for the big ship's remains. On the positive side, commercial shipping lines learned a great deal from the Titanic, resulting in safer travel across the oceans. And as an investor, you, too, may be able to draw some important lessons from what happened on that cold April night more than a century ago. So, to avoid some "titanic" investment mistakes, consider the following:

**Create a financial strategy with a solid foundation.** Although considered a technological marvel, the Titanic had some real structural, foundational flaws - such as compartments that weren't fully watertight. To withstand the inevitable rough seas ahead, your investment strategy needs a strong foundation, based on your needs, goals, family situation, risk tolerance and time horizon.

**Be receptive to advice.** The Titanic's crew had received plenty of Marconi wireless warnings from other ships about ice in the area. Yet they did not take precautions, such

as slowing down. When you invest, you can benefit from advice from a financial professional - someone who can caution you when you're making dangerous moves, such as pursuing inappropriate investments, which could ultimately damage your prospects for success.

**Be prepared for anything.** The Titanic had far fewer lifeboats than it needed, resulting in a tragic loss of life that could have been prevented. As an investor, you need to be prepared for events that could jeopardize your financial well-being, and that of your

family. So, at a minimum, you need to maintain adequate life and disability insurance. And it's also a good idea to build an emergency fund containing six to 12 months' worth of living expenses, with the money kept in a liquid, low-risk account.

**Don't overreact to perceived threats.** When the iceberg loomed directly ahead, the Titanic's crew frantically tried to steer clear of it. While this move was understandable, it inadvertently hastened the ship's demise, because it exposed a more vulnerable part of the hull to the huge ice mass. When you invest, you might

also be tempted to overreact when facing perceived dangers - for example, if the financial markets plunge, you might think about selling your stocks. This is often a bad idea, especially if you're taking a big loss on your sales. If your investments are still fundamentally solid, you might well be better off by staying patient and waiting for the markets to recover.

**Give yourself time to reach your goals.** Edward J. Smith, the Titanic's captain, apparently wanted to break speed records on the Atlantic crossing - and this desire may have contributed to his somewhat

reckless passage through fields of ice. As an investor, you could also run into problems if you rush toward a goal. To illustrate: If you wanted to retire at 65 with a certain amount of money, but you didn't start saving and investing until you reached 55, you'd likely have to put a lot more away each year, and possibly invest a lot more aggressively, than if you had started investing when you were 30. Put to work some of the Titanic's lessons - they might help you improve your chances of smooth sailing toward all your important financial goals.

This article was written by Edward Jones for use by your local Edward Jones Financial Advisor. For more information or to sign up for their monthly newsletter, contact your local Financial Advisor.



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## Metropolis

FROM PAGE A7

original live score for "Metropolis" on the spot. "Recreate those conditions, and the classics of early cinema leap back to life."

In "Metropolis," the story centers on an upper class young man who falls in love with a woman who works with the poor. The tale encompasses mad scientists, human-like robots, underground spiritual movements, and industrial espionage, all set in a society divided between haves and have-nots.

The version of "Metropolis" to be screened at the Flying Monkey is a newly restored edition that includes nearly a half-hour of missing footage cut following the film's premiere in 1927. The lost footage, discovered in 2008 in an archive in Argentina, has since been added to the existing 'Metropolis,' allowing plot threads and characters to be developed more fully.

When first screened in Berlin, Germany on Jan. 10, 1927, the sci-fi epic ran an estimated 153 minutes. After its premiere, the film's distributors (including Paramount in the U.S.) drastically shortened "Metropolis" to maximize the film's commercial potential. By the time it debuted in the U.S. later that year, the film was only about 90 minutes long.

Even in its shortened form, "Metropolis" became a cornerstone of science fiction cinema.



Industrialist Joh Frederson (Alfred Abel) looks on as scientist Rotwang (Rudolf Klein-Rogge) outlines his vision for a human-like robot in "Metropolis" (1927). The landmark science fiction film will be screened with live music by Jeff Rapsis on Thursday, April 25 at 6:30 p.m. at the Flying Monkey Moviehouse and Performance Center, 39 Main St., Plymouth, N.H. Tickets \$10. For more information, visit [www.flyingmonkeynh.com](http://www.flyingmonkeynh.com) or call 536-2551.

Due to its enduring popularity, the film has undergone numerous restorations in the intervening decades in attempts to recover Lang's original vision.

It was widely believed that this would be the most complete version of Lang's film that contemporary audiences could ever hope to see. But, in the summer of 2008, the curator of the Buenos Aires Museo del Cine discovered a 16mm dupe negative of "Metropolis" that was considerably longer than any existing print.

It included not merely a few additional snippets, but 25 minutes of

"lost" footage, about a fifth of the film, that had not been seen since its

## Speaking

FROM PAGE A4

turing out from the life you have into the life you want.

Author and medical professional, Bronnie Ware, writes in her book, "Regrets of the Dying," that two of the top five regrets are caused only by our fear. Number one is "I wish I had the courage to live a life true to myself, not the life others expected of me" and number three, "I wish I had the courage to ex-

press my feelings." Fear of what others might think triggers both.

Authenticity takes courage... Being who you are meant to be takes courage but even more so in becoming who you aspire to be.

I'm fortunate. I grew up in a home where there were no available funds for college. I had to take a job selling vacuum cleaners, door-to-door on straight commission to earn money for tuition. I was fright-

ened almost beyond my ability to cope. The irrational fear of knocking on doors brought me to tears during my first few weeks, but I quickly learned that all the things I was afraid would happen, did not. Under most circumstances, I would have given up before I started, but my fear of not attending college was greater than my fear of having a door slammed in my face. I survived the summer and earned enough to pay a year's tuition, then came back for more each summer until I graduated from college, debt free. Along my journey, several of my friends saw the money I was earning and decided to give selling a shot, but most gave up before the first day ended. Their fear kept them from the success they could have enjoyed.

I believe that our life's destiny is discovered on the other side of fear

If it's worth having, it's worth overcoming your fear to obtain it. My column is now in its third year, but I still experience the moments of doubt every Monday morning as

debuting in 2010 to widespread acclaim. It's this fully restored edition that will be screened at the Flying Monkey.

'Metropolis' stands as an stunning example of the power of silent film to tell a compelling story without words, and reach across the generations to touch movie-goers from the real future, which means us," said accompanist Jeff Rapsis, who provides live music for silent film screenings throughout New England.

To accompany a silent film, Rapsis uses a digital synthesizer to recreate the texture of the full orchestra. The score is created live in real time as the movie is screened. Rather than focus exclusively on authentic music of the period, Rapsis creates new music for silent films that draws from movie scoring techniques that today's audiences expect from the cinema.

For more information on the music, visit [www.jeffrapsis.com](http://www.jeffrapsis.com).

I press the button to submit it to this publication. The same is true with my books and my video blogs on my YouTube Channel. When we produce or create work that comes from our head and heart, then put it out there for others to experience, there will always be those who will disagree or criticize what we do. That's life. At those moments, I always remind myself that no one ever erects a statue of a critic.

Do not fear criticism. Former Speaker of the House, Sam Rayburn is quoted as saying, "Any Jack\*ss can kick down a barn but it takes a good carpenter to build one."

Anyone can criticize. It's easy, but to accomplish something that matters, you must overcome your fear.

*Gary W. Moore is a columnist, speaker and author of three books including the award-winning, critically acclaimed, "Playing with the Enemy." Follow Gary on Twitter @GaryW Moore721 and at [www.garywmoore.com](http://www.garywmoore.com)*



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## Awards

FROM PAGE A3

Winnisquam Regional High School in Tilton, Jasmine Morrisette of Inter-Lakes High School in Meredith, and Lydia Tucker of Laconia High School.

Each of the nominees will receive at least \$200 and the winners will receive more money. The final amounts are still being totaled and will be presented on May 1. Any prize money must be used toward a charity or non profit organization; a random act of kindness; organizing an event to benefit a person, group, or organization; or any combination of the above.

The keynote speaker was Jessica Dutile, former executive director of the Pemi Youth Center and a teacher at PSU.

Dutile talked about the power of love, from what she saw at the Pemi Youth Center to researching the impact

of love in educational settings.

"Though true experts on love and understanding will already be in the room and are the youth we are celebrating tonight," Dutile said, saying she has learned that, "service is love in action."

She teaches a unit on service to students, teaching them there is a difference between doing service from a place of ego and doing service out of a place of love. She said all of the nominees do their service with the right motivations.

"Service says, 'I see you, I love you, and I honor the connection that exists as fellow human beings,'" Dutile said. "To all the young people in the room I know it takes courage to share a piece of your heart. Thank you for your service."

She ended with, "You are bringing so much light into a world that desperately needs you."

## Addams Family

FROM PAGE A1

Dolls,” “Little Shop of Horrors” and more recently in “Peter Pan,” to name a few. This year, as Gomez Addams, he said he enjoys his character and all the weirdness and fun he gets to bring to the stage.

“He’s a loving, happy-go-lucky kind of guy and I love his dark humor,” Deuso said.

Deuso often asks himself why he comes back year after year to take part in the spring musical but the answer always seems obvious.

“This is such a good program. People who take part in the musical learn the rewards of hard work. You just have to be prepared for that and then have a lot of fun with it,” he said.

Becky Norton, who grew up in Alexandria and is a 2017 graduate of Newfound Regional High School, plays Morticia Adams, and said she, too, loves the program and is enjoying this year’s production very much.

“Theater is an emotional outlet for me... onstage, I can relax,” she said.

She, too, is no stranger to the Newfound stage. Over the years Norton has been involved in not only the One-Act plays at the high school, but community presentations like “Once on This Island” and “Shrek.”

“Anything I could do, I did,” she said.

As for playing Morticia, the love of Gomez’s life and mother of Wednesday and Pugsley, she said she is having a lot of fun learning from her as well.

“She’s very classy, confident and unconventionally cool. She’s comfortable with herself. Offstage I think about that a lot,” said Norton.

The focus of this tale is on Wednesday however, as she disrupts life as the Addams once knew it by introducing her love Luke and his family into the mix.

NRHS sophomore Mackenzie Jollie of Bridgewater, another who is no stranger to the stage, is playing Wednesday. Jollie said

she began her interest in acting at the age of six in “The Wizard of Oz,” and now, at 15, continues her love for theater. She already has 42 plays under her belt, including performances in not only the community musicals but school and camp productions, too.

Wednesday, she confessed, is one of her dream roles though

“For the past four years, ever since I saw this musical with my grandmother, I’ve wanted to be a part of this,” Jollie said. “I feel I can relate to pull from real life experiences to play her.”

Unfortunately, the Newfound Community Musical’s originator and perennial director, Stephanie Wiencek, has been ill for the past few months and could not be part of the 2019 production. However, as the old theater adage goes, “The show must go on,” so a special group of supporters have stepped in to fill her shoes for the time being.

“We’re just holding down the fort until she comes back. She may not be here physically right now, but her influence is,” they said.

Among those supporters is Jen Schaffner, who volunteered to direct the show this time around. A 2007 NRHS graduate herself, Schaffner said she has been involved in the spring musicals for 19 years in one way or another, choreographing the past nine shows for Wiencek. Directing is a bit different though. This time, she is overseeing a cast and crew of approximately 40 people of literally all ages then having the final say in how the show comes out.

“It’s going great. The whole production team has been incredible. We’ve all been doing this for a long time but without all the volunteers, none of it would ever happen,” said Schaffner.

She said that Wiencek had originally planned to bring the musical “Mama Mia” to Newfound this year. Knowing how much she loves that musical, Schaffner said the production team, led

by Tanya Jollie and a dedicated few others, soon decided to switch to “The Addams Family (musical).”

“This was another show Stephanie had on her radar, so we decided to do it instead this year and leave ‘Mama Mia’ for her next year,” she said.

Among her many behind the scenes production duties for “The Addams Family (musical),” Tanya Jollie is in charge of ticketing for the show and said they are available at a price of \$10 for reserved seats and \$8 for general admission. Show times are scheduled for this Friday and Saturday evenings at 7 p.m. and there will also be a matinee performance on Saturday at 2 p.m. Theater seats at NRHS are selling out quickly though so anyone who doesn’t want to miss this special fun filled community event is advised to call the school for tickets as soon as possible.

## Rafuese

FROM PAGE A1

Being stationed in San Diego, the principal homeport of the Pacific Fleet, means Rafuese is playing an important part in America’s focus on rebuilding military readiness, strengthening alliances and reforming business practices in support of the National Defense Strategy.

“Our priorities center on people, capabilities and processes, and will be achieved by our focus on speed, value, results and partnerships,” said Secretary of the Navy Richard V. Spencer. “Readiness, lethality and modernization are the requirements driving these priorities.”

Sailors’ jobs are highly varied aboard Portland. More than 400 men and women make up the ship’s crew, which keeps all parts of the ship running smoothly, from handling weaponry to

maintaining the engines. An additional 700 Marines can be embarked. Portland is capable of transporting Marines and landing them where they are needed via helicopters, vertical takeoff and landing aircraft and landing craft.

These amphibious transport dock ships support sea-to-shore assaults, special operations or other warfare missions and can serve as secondary aviation platforms for amphibious ready groups. Because of their inherent capabilities, these ships have been called upon to support humanitarian and other contingency missions on short notice.

“The current and future success of USS Portland will be due to the hard work and dedication from each member of the crew,” said Capt. Tony Rodriguez, commanding officer of USS Portland. “Every sailor knows their role and purpose with-

in the ship. By maintaining high standards and sound shipboard operating procedures we can ensure we are ready to answer when the nation calls.”

Though there are many ways for sailors to earn distinction in their command, community and career, Rafuese is most proud of earning meritoriously to third class petty officer.

“Being promoted showed me that people in my work force actually recognized that I was working my butt off and doing my job,” said Rafuese.

As a member of one of the U.S. Navy’s most relied-upon assets, Rafuese and other Portland sailors know they are part of a legacy that will last beyond their lifetimes providing the Navy the nations needs.

“People don’t realize all the things the Navy does for the country and I am proud to be a part of that,” Rafuese added.

## Partnership

FROM PAGE A1

educational partnership with the Hill Historical Society has been so meaningful to not only him, but the teachers and students as well.

Connolly took over as Principal at JDB School when Jay Lewis moved on to become the principal at Newfound Memorial Middle School. At that time Lewis encouraged him to continue with a new collaboration he had established with the Hill Historical Society and Connolly agreed.

“The first people I met here were Carol (Asher) and Lucy (Natkiel) of the historical society and we have built a great relationship here to benefit the students,” he said. “We meet regularly to see how they can help supplement our curriculum with the history of Hill.”

In 1941, the entire town, including a few buildings, packed up and moved to higher ground to make way for the construction of the Franklin Dam. Today stone pillars, cellar holes, a few sidewalks and bridge abutments can still be seen along the banks of the Pemigewasset River; reminding people that the area was once a bustling community.

Through the Hill His-

torical Society’s efforts to pass on the legacy of this unique town, they have worked with teachers on ways to incorporate that into their curriculum. Students at JDBS are able to learn mapping skills in the old village, use data about it in math classes and incorporate its history into language arts projects. And, because the fields and forests of Old Hill Village are easily accessible from the school, students even have a virtual outdoors science classroom available for their use.

The learning begins when kindergarteners enter JDBS and are given a loose-leaf notebook titled, “Our Story.” The notebook contains some photos and facts about Old Hill Village and as they move from grade to grade they add more information they learn from presentations at the school. When they finally move on to middle school, they take with them a complete history of their town that can one day be shared with their own children.

Asher said they also partner with the school for numerous events throughout the year. HHS takes the students on guided tours of the old village. Along the way the children hear stories of the village in its hey-

day as places of significance, such as former mill locations, businesses, churches and schools, are pointed out.

“The kids just light up when we’re down there,” she said.

Besides all of those activities and programs, the historical society also takes part in the school’s annual Veterans Day ceremonies and hosts other special events. For one fun learning experience, Selectman Tom Seymour dropped in to help students hold a mock town meeting where they how democracy and municipal government works.

Each year, a grant the society applies for has provided funding for field trips to places of historic significance. Among the trips taken over the past four years of the program were to the Belknap Mill for some fun role play activities, the Indian Museum and now plans are being considered for a visit to Plimouth Plantation.

Each spring sixth graders take part in a new tradition now, too. They visit the one-room schoolhouse on Murray Hill Road where Jennie D. Blake, the teacher for whom the school is named, first taught. At the schoolhouse they are able to look over some historic artifacts on display there and enjoy a final luncheon with the historical society before graduation.

Natkiel said their participation in the classrooms seems to be

having a profound affect on the boys and girls, developing pride for their town’s heritage and fueling an interest in history. She said Carleen Eaton is the last person still living in Hill who was born and raised in the old village. Not long ago Eaton told Natkiel that a fifth grade student approached her one day to ask her what it was really like living in Old Hill Village.

“That right there is like everything we do has been validated,” Natkiel said.

That isn’t the only validation they have for their endless hours of hard work at JDBS though. As the only New Hampshire historical society partnered with a school, in their very first year they received a Partners in Education Award. More recently they were also presented with an Excellence in Education Award from the Association of Historical Societies of New Hampshire.

Connolly said in May the third and fourth grade students, in collaboration with the Hill Historical Society, will take on a very special project when. Through their own words and illustrations, they will create a book on the story of Jennie D. Blake and hopefully, he added, they will even be able to have it published.

“It’s good to know that the history of Hill is alive and well here, thanks to the Hill Historical Society,” Connolly said.

## Food

FROM PAGE A2

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# NEWFOUND REGIONAL HIGH SCHOOL Spring 2019 Sports Schedules

## BASEBALL

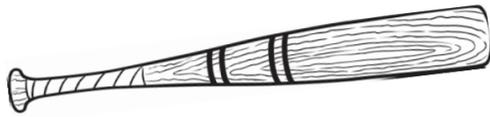
DATE ... TEAM .....	PLACE .....	TIME .....
4/11 ..... Hopkinton.....	H .....	4:30
4/17 ..... Laconia.....	A .....	4:30
4/19 ..... Belmont.....	A .....	4:30
4/22 ..... Raymond.....	H .....	4:30
4/24 ..... Newport.....	A .....	4:30
4/29 ..... Berlin.....	H .....	4:30
5/1 ..... Prospect Mtn.....	A .....	4:30
5/6 ..... Berlin.....	A .....	4:30
5/8 ..... White Mtn.....	H .....	4:30
5/10 ..... Hillsborough.....	H .....	4:30
5/13 ..... Somersworth.....	A .....	4:30
5/15 ..... Franklin.....	H .....	4:30
5/17 ..... Winnisquam.....	A .....	4:30
..... Northeast Delta Dental Stadium, Manchester		
5/22 ..... White Mtn.....	A .....	4:30
5/24 ..... Gilford.....	H .....	4:30

## TRACK & FIELD

DATE ... TEAM .....	PLACE .....	TIME .....
4/4 ..... Moultonboro.....	A .....	4:00
4/9 ..... Moultonboro.....	A .....	4:00
4/16 ..... Belmont.....	A .....	4:00
4/20 ..... Winnisquam.....	A .....	10:00
4/30 ..... Inter-Lakes.....	A .....	4:00
5/4 ..... Prospect Mt.....	A .....	10:00
5/7 ..... Berlin.....	A .....	4:00
5/11 ..... Belmont.....	A .....	10:00
5/14 ..... Moultonboro.....	A .....	4:00
5/18 ..... Wilderness.....	A .....	9:00
5/25 ..... Div III @UNH.....	A .....	TBA

## SOFTBALL

DATE ... TEAM .....	PLACE .....	TIME .....
4/11 ..... Hopkinton.....	H .....	4:30
4/15 ..... Winnisquam.....	A .....	4:30
4/17 ..... Laconia.....	A .....	4:30
4/19 ..... Belmont.....	A .....	4:30
4/22 ..... Raymond.....	H .....	4:30
4/24 ..... Newport.....	A .....	4:30
4/29 ..... Berlin.....	H .....	4:30
5/1 ..... Prospect Mtn.....	A .....	4:30
5/3 ..... Somersworth.....	H .....	4:30
5/6 ..... Berlin.....	A .....	4:30
5/8 ..... White Mtn.....	H .....	4:30
5/10 ..... Hillsboro.....	H .....	4:30
5/13 ..... Somersworth.....	A .....	4:30
5/15 ..... Franklin.....	H .....	4:30
5/22 ..... White Mtn.....	A .....	4:30
5/24 ..... Gilford.....	H .....	4:30



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# NEWFOUND REGIONAL HIGH SCHOOL Spring 2019 Sports Schedules

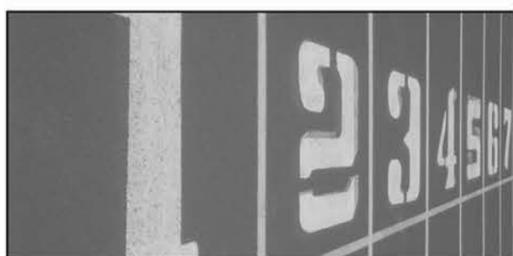
## JV SOFTBALL

DATE	TEAM	PLACE	TIME
4/11	Hopkinton	A	4:30
4/15	Winnisquam	H	4:30
4/19	Belmont	H	4:30
4/29	Berlin	A	4:30
5/1	Prospect Mtn.	H	4:30
5/3	Somersworth	A	4:30
5/6	Berlin	H	4:30
5/8	White Mtn.	A	4:30
5/13	Somersworth	H	4:30
5/14	Raymond	A	4:30
5/22	White Mtn.	H	4:30
5/24	Gilford	A	4:30



## JV BASEBALL

DATE	TEAM	PLACE	TIME
4/11	Hopkinton	A	4:30
4/15	Winnisquam	H	4:30
4/17	Laconia	H	4:30
4/19	Belmont	H	4:30
4/29	Berlin	A	4:30
5/1	Prospect Mtn.	H	4:30
5/6	Berlin	H	4:30
5/8	White Mtn.	A	4:30
5/13	Somersworth	H	4:30
5/22	White Mtn.	H	4:30
5/24	Gilford	A	4:30



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## Robbery

FROM PAGE A1

Anthony Cattabriga and his K9 partner

Casper were brought in to assist those already at the scene. With the help of law enforcement officers,



COURTESY

After several hours of searching an abandoned building, New Hampshire State Police were able to take 36-year-old Matthew Gedney into custody for his suspected involvement in an armed robbery in Alexandria last Thursday.

they began to clear the area and Caspar immediately alerted on a nearby abandoned

property and led officers to the barn.

Getting no response to commands to come

out of a building, the K9 was finally released.

State Police said that inside the barn Casper

was able to locate the pair and Evans soon gave herself up after she was bitten by the K9. Gedney, however, still refused to surrender.

As a result, members of the New Hampshire State Police SWAT team were then called to the scene for a search of the building. As they worked to locate the remaining suspect, Caspar was able to find several pieces of evidence that were associated with the incident.

After a lengthy search of the building, it was Caspar who once again demonstrated his keen tracking skills when he discovered Gedney hidden in the rafters overhead.

After nearly six hours, the scene was finally cleared around 12:30 p.m., police reported.

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# Newfound Landing Sports

Section **B**  
Thursday,  
Thursday, April 11, 2019

## Bears looking to overcome injury bug

BY JOSHUA SPAULDING  
Sports Editor

BRISTOL — Last season, the Newfound baseball team struggled to find a way into the win column after returning just one senior to last year's team.

This year the team has more experience returning but has been bitten by the injury bug in the preseason.

The injuries hit returning shortstop Eric Hanser, returning first baseman Matt Costigan and pitcher and first baseman James Rogers, putting all three of them out on the sidelines until at least May.

"Hanser and Costigan make up a critical part of the Bears' lineup and are responsible for either setting the table or cleaning it up when it comes to scoring," coach John Larsen said. "They will be missed this season."

Leading the way for the returning Bears is three-time All-State player Logan Rouille, who will be the team's ace on the pitching mound. Freshman Luke Gordon will be counted on



JOSHUA SPAULDING

Logan Rouille will be a key to the success for the Newfound baseball team this spring.

to pick up some innings and Larsen notes he has solid baseball savvy and a strong fastball.

Senior newcomer Reed Wilson and Rogers, when he returns from injury, will also add some innings on the hill.

Wilson and junior Aaron Simonds were expected to be added to an already successful lineup but are now expected to take the place of Costigan and Hanser.

The roster also includes Colby Miles, Mike

Macklin, Tuan Nguyen, Cody Barton, Leroy Laflamme, Ryan Lyford and Hunter Stickney as well as sophomore Tyler Maclean and freshman Bodhi Smith as swing players providing depth.

The Bear coach is well aware of what his team will need to do in order to put wins on the board.

"With a tough schedule this season, the Bears will have to play 'blue collar' baseball if they want to scrape out the wins needed to make the

tournament."

Larsen, in his fourth year at the helm, will also be returning former Bear Logan Belanger as an assistant coach for the third year while Tim Moreau returns for his second year as the JV coach.

The Bears will be doing a number of special events throughout the year, including a field day and long ball hit-a-thon fundraiser on Saturday from 9 a.m. to 2 p.m. The team will also

be at Wells Field on May 5 for Cal Ripken opening day and will have a special Mother's Day game on May 10 and the Operation Hat Trick will take place on May 15.

Newfound and Winnisquam will also be taking to the field at Northeast Delta Dental Stadium in Manchester for the Battle of the Bears.

The team also has a new dugout, scorekeeper's booth, press box and team room, all with donated material.

Newfound is also taking on the spring basket for Children's Hospital at Dartmouth drive, with an effort to provide toys, books, puzzles, etc. to children staying at the hospital.

The Bears will play two games each with Berlin and White Mountains and one game each with Inter-Lakes, Hopkinton, Laconia, Belmont, Raymond, Newport, Prospect Mountain, Hillsboro-Deering, Somersworth, Franklin, Winnisquam and Gilford.

The Bears were scheduled to open the season after deadline on Monday against Inter-Lakes and were slated to host Hopkinton today, April 11, at 4:30 p.m. However, field conditions prompted a few changes. The Inter-Lakes game was postponed (to be determined) and the Hopkinton game was moved to after deadline Tuesday in Hopkinton. The Bears travel to Laconia for a 4:30 p.m. game on Wednesday, April 17.

mined to succeed with a solid group of freshmen coming in and a few returning players ready to lead the way for the freshmen.

"We are excited to see the progress from our JV players throughout the year," Meegan added.

The Bears have a schedule that includes two games each with White Mountains, Berlin and Somersworth as well as one game each with Hopkinton, Winnisquam, Laconia, Belmont, Raymond, Newport, Prospect Mountain, Hillsboro-Deering, Franklin and Gilford.

The season was scheduled to kick off today, April 11, at home against Hopkinton at 4:30 p.m. but that game was moved back to April 9 and moved to Hopkinton due to field conditions. On Monday, April 15, the Bears will be at Winnisquam at 4:30 p.m. and at Laconia on Wednesday, April 17, at 4:30 p.m.

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## What's On Tap

The spring sports schedule continues on in the coming week.

At Newfound, the baseball and softball teams will be hosting Hopkinton at 4:30 p.m. today, April 11, and will be at Laconia at 4:30 p.m. on Wednesday, April 17. The softball Bears will also be at Winnisquam for a 4:30 p.m. game on Monday, April 15.

The Newfound track team will be at Belmont for a 4 p.m. meet on Tuesday, April 16.

The Plymouth boys' lacrosse team will be hosting Laconia today, April 11, will be at Stevens on Monday, April 15, will be hosting Inter-Lakes on Wednesday, April 17, and will be at Kearsarge on Thursday, April 18, all with 4 p.m. start times.

The Bobcat lacrosse girls will be at Laconia today, April 11, will be hosting Derryfield on Monday, April 15, both at 4 p.m., will be at Inter-Lakes for a 5 p.m. game on Wednesday, April 17, and will be hosting Kearsarge at 4 p.m. on Thursday, April 18.

The Plymouth boys' tennis team will be at Pembroke today, April 11, at 4 p.m., will be hosting Oyster River at 4:30 p.m. on Monday, April 15, and will be at Pelham for a 4 p.m. game on Wednesday, April 17.

Plymouth's tennis girls will be hosting Milford on Friday, April 12, at 4 p.m., will be at Oyster River at 4:30 p.m. on Monday, April 15, and will be hosting Pelham at 4 p.m. on Wednesday, April 17.

The baseball and softball Bobcats will be at Oyster River for 4:30 p.m. games on Friday, April 12, will be hosting Merrimack Valley at 4 p.m. on Monday, April 15, and will be at White Mountains at 4:30 p.m. on Wednesday, April 17.

Plymouth's track team will be at Pelham at 10 a.m. on Saturday, April 13, and at Kingswood at 4 p.m. on Tuesday, April 16.

## Bears bring back plenty of experience

BY JOSHUA SPAULDING  
Sports Editor

BRISTOL — In her second year at the helm of the Newfound softball team, coach Kelly Meegan brings back a large slate of experienced players with hopes of reaching its potential.

"The Newfound Bears are determined to reach their potential in 2019 after coming off a young team from last season," Meegan said. "We are returning a solid group of 10 veteran players."

The returning players are led by a pair of pitchers in senior captain Kasey Basford and junior Hayleigh Pabst.

"Both are extremely hard-working students of the game who will help lead our team to success through example, by their determination to always challenge themselves to improve," Meegan said.

The Bears also return two other seniors in Jillian Buchanan and Mackenzie Davis. Buchanan will see time at second base and Davis will be seeing time at first.

"They will help lead the way by being positive role models and through example by putting up a fight on defense," the Bear coach said.

Behind the plate for the Bears is junior Caroline Marchand, who Meegan notes is determined to hone in her catching skills and strengthen the team's battery. Junior Madison Hanley will see time in the infield and will also serve as designated player at times.

"Each of our upperclassmen have been putting in a lot of work so far this preseason and are all determined to



JOSHUA SPAULDING

Kasey Basford is Newfound's senior captain this season.

help guide our team to the level we knew we are capable of competing at," Meegan stated.

The second-year head coach also notes that the underclassmen are just as determined. Sophomores Tiffany Doan (SS, 2B), Bailey Fairbank (CF), Skyler Torsey (3B, OF) and Madison Perry (1B, OF) should all be key parts of the offense. Doan earned All-State Honorable Mention last year in her freshman campaign. The Bears will also have a pair of freshmen in Hayse Broome and Emalie Ruiter, who will both compete for infield spots or solidify the outfield along with Fairbank.

"Overall, we have a talented team with some really solid bats all the way through the lineup and quite a few players who are flexible in mul-

iple field positions," Meegan said. "I think we have a team that is eager to compete this year and hungry to show everyone what Newfound can do."

Meegan notes that the JV program is also deter-

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# Bobcats return solid core to diamond

BY JOSHUA SPAULDING

Sports Editor

PLYMOUTH — With nine players returning to the varsity roster and a number of newcomers looking to make a name for themselves, the Plymouth baseball team should once again be a contender for a spot near the top of the Division II pile. Plymouth was 13-3 and third in Division II at the end of last year.

“This year we will look to improve on what we thought was an early exit from the tournament,” coach Mike Boyle said. “Although we were beaten by one of the best teams in the division (Kennett) in the quarterfinals.”

Seniors Owen Brickley and Devlin Costa will be the team’s two captains this season.

Brickley was Third Team All-State last year as a pitcher and will be a key starter for the Bobcats and will also provide a solid bat and speed at the top of the lineup. He will work around the infield when not on the mound.

Costa is a four-year starter in the outfield and will get the nod in centerfield, anchoring the team’s defense. He also provides devastating speed on the bases for the Bobcats.

Senior Garrett Demas returns to a starting pitching role for the Bobcats again this season and will also be a utility infielder as needed for the Bobcats. He also provides a quality bat in the lineup.

Senior Nick Qualey played mostly first base last year but can play in the outfield as needed. He is expected to chip in with clutch hitting and will be a key reliever for the Bobcats on the hill. Qualey earned Second Team All-State last year.

Senior Patrick Malm had to sit out most of last year with a shoulder injury but will be looking



JOSHUA SPAULDING

Owen Brickley will be a key pitcher for the the Plymouth baseball team this spring.

to earn a spot in the outfield.

Fellow senior Jack Corbeil will provide innings on the hill as a reliever and will also compete for time at first base.

Senior Kenny Maddocks is coming back from a knee injury and will give the team innings as a pitcher and will compete for an outfield spot.

Zack McGlone is the other senior on the roster and will be competing for a role in the outfield.

Junior Henry Green was a First Team All-State selection as a sophomore and returns to the lineup after leading the team in almost every offensive category last year. Green was the team’s starting shortstop last year.

Boyle has a large junior class competing for starting positions including Doug Cassarino (outfield), Caleb Douglas (outfield), Conner Greene (catcher/outfield), Nate Hixon (pitcher/outfield), Jared King (outfield), Elliot Miller (outfield), Robert Oliver

(outfield) and Joe Riess (infield/pitcher).

The Bobcats also have two sophomores looking to make the jump to varsity and compete for a starting spot. Catcher Cole Johnston and pitcher/infielder Andrew Baxter have shown promise to Boyle.

“Both have a great passion for the game have big athletic builds that should put them in

the mix,” Boyle said.

Charlie Comeau will also add depth to the infield.

“We will be led by our two senior captains, Devlin Costa and Owen Brickley, and look to our other seniors to step up into a leadership role so we can get to where we want to be,” Boyle stated. “Every year we look to improve game by game and have our

sights set on making the tournament.”

Division II will be a bit different this year, as Boyle notes that perennial powers Portsmouth, Goffstown and Windham have moved out of the division.

“Division II is one of the most competitive divisions from top to bottom,” Boyle said. “Like everyone else, we have been battling the ele-

ments and having practice in whatever open gym or parking lot we can find.

“The kids have been incredibly patient and resilient when it comes to that,” the Bobcat coach continued. “Everyone has shown up to practice ready to work and without excuses.”

The Bobcat schedule includes two games each with traditional rivals Kennett and Kingswood, as well as two with Division III champion White Mountains Regional. The Bobcats will see John Stark, Oyster River, Merrimack Valley, Stevens, Kearsarge, Milford, Hollis-Brookline, Lebanon, Bow and Hanover for one game each.

The season was scheduled to open after deadline Wednesday at John Stark.

The Bobcats will be at Oyster River on Friday, April 12, at 4:30 p.m., will be hosting Merrimack Valley on Monday, April 15, at 4 p.m. and will be at White Mountains at 4:30 p.m. on Wednesday, April 17.

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## Bobcat lax girls feature veteran core

BY JOSHUA SPAULDING

Sports Editor

PLYMOUTH — In terms of senior leadership, the Plymouth girls’ lacrosse team should be about as good as any team in the state.

Coach Meg James returns for her third year at the helm of the Bobcats and brings with her 14 seniors on the roster. For the first time this year, she also brings a new co-coach in Kristin Tracy.

“I have a new co-coach I am so excited to work with this year,” James said. “We have a few newbies on the varsity team this year too.”

“I can not wait for the season to start,” James continued. “The team looks sharp in practice already.”

Like most teams across the region, the Bobcats have been forced to be creative when it comes to practice, as the team’s field is not yet ready for play. On a recent Friday, the girls were seen working on the basketball court/parking lot beyond the end zone of the football field.

The Bobcats will be turning to a new face in goal, as keeper Lauren Bolton graduated last year after a number of years between the pipes. Stepping up to take her place is sophomore Violet Manson.



JOSHUA SPAULDING

Lexi Brunt is once again expected to be a force for the Plymouth lacrosse girls.

The Bobcats will also feature a number of familiar faces who will be counted on to lead the way for the team at both ends of the field. In that group are Kelsey Johnston, Dewey Stark, Holly Mason, Alex Dunstan, Lexi Brunt, Avery Stone, Maddie Littlefield and Olivia Littlefield. James notes that freshman Nina Morel will also be a key contributor to the squad once she returns to action from injury.

“This team is tight and one that I can not wait to see where they go this year,” James stated. “I expect this year to be even better than last year.”

The Bobcat coach is hopeful that her team will continue to improve on last year’s work and in the process, surprise a few people along the way.

“I expect that we will pick up right out of the gate from where we were last year and just improve and hope to surprise people,” James said. “I love this team and their abilities keep improving.”

The Bobcats will feature a schedule that has 14 different opponents in 14 games. Plymouth will play home games with Pelham, Derryfield, Kearsarge, Gilford, Belmont, Hopkinton and Lebanon and road

games at Laconia, Inter-Lakes, St. Thomas, Campbell, Bow, Bishop Brady and Milford.

The Bobcats were scheduled to kick off the season after deadline on Tuesday, April 9, at home against Pelham, but that was dependent on field conditions. Today, April 11, the Bobcats will be at Laconia at 4 p.m., on Monday, April 15, the team will be hosting Derryfield at 4 p.m. and on Wednesday, April 17, the Bobcats will be at Inter-Lakes at 5 p.m.

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### Graduate students to address Trout Unlimited Tuesday

PLYMOUTH — Jared Lamy and Josh Hoekwater are graduate students continuing the brook trout research in the Beebe River watershed. They will present results on the brook trout movement in the previously disconnected tributaries of the Beebe River. This presentation will summarize the collaborative effort of Pemigewasset Chapter of Trout Unlimited, NHFG, and Plymouth State University from 2016-2018.

The Pemigewasset Chapter of Trout Unlimited will meet April 16, 7 p.m. at the Common Man Inn in Plymouth. Come early and meet the speakers and fellow anglers. There will be a raffle supporting sending a lucky boy or girl to the Barry Fishing Camp. Meetings are free and open to the public. Members are invited to sit in at the board of directors meeting starting at 5 p.m.

Trout Unlimited is a non-profit organization with a mission dedicated to conserve, protect and restore North America’s cold-water fisheries and their watersheds. Visit [www.pemigewasset.tu.org](http://www.pemigewasset.tu.org) and like the group on Facebook.



JOSHUA SPAULDING

Cam Donnell goes airborne to return a shot in his win during Plymouth's match with Kennett.



JOSHUA SPAULDING

Yago Gonzalez picked up a win for the Plymouth boys' tennis team in action against Kennett last week.

## Strong singles performance leads Eagles over Bobcats

BY JOSHUA SPAULDING

Sports Editor

PLYMOUTH — Over the last few years, the Kennett and Plymouth boys' tennis teams have had some pretty good battles, battles

that came down to the doubles match of the afternoon.

When the two teams opened up the Division II season on Friday, April 5, in Plymouth, the Eagles got out to

a lead in the singles and the Bobcats were unable to come all the way back, with Kennett taking the 6-3 win, earning coach Jason Cicero a win in his coaching debut.

"I thought we had too many unforced errors and played tentatively," said Plymouth coach Tony DiNardo. "Moving forward we have to play with more confidence and man-

age our errors. We had plenty of chances."

The number one singles match was the first one off the courts, as Kennett's Eric Shandor picked up an 8-2 win over Plymouth's Jackson Morrell.

The next match finished was the number four singles, where Foster Piotrow of Kennett won his first-ever tennis match, defeating Roger Babin of Plymouth by an 8-5 score.

Cam Donnell of Plymouth made quick work of Sullivan Gaudreault of Kennett at number five singles by an 8-1 score.

At number three singles, Jack Wheeler of Kennett rallied past Plymouth's Adam Means by an 8-5 score.

Braeden Bailey of Kennett also rallied for a win in the second singles spots, picking up a 9-7 win over Graham Pogue of Plymouth.

The final singles match of the day was at number six, where Yago Gonzalez came through with an 8-3 win over Cole Bradley of Kennett to make it 4-2 after singles.

In doubles action, Shandor and Piotrow played at number one for Kennett and came through with an 8-4 win over Babin and Pogue.

At number two, Wheeler and Bailey played to an 8-5 win over Morrell and Shiv Patel and Plymouth got the win at number three, where Donnell and Means finished with an 8-1 win over Matt Synott and Jordan West.

The Bobcats will be back in action today, April 11, at Pembroke at 4 p.m. On Monday, April 15, the Bobcats will be hosting Oyster River at 4:30 p.m. and they will be at Pelham for a 4 p.m. match on Wednesday, April 17.

The Eagles will be at Berlin for a 4 p.m. match on Monday, April 15, and will be at Coe-Brown for a 4 p.m. match on Wednesday, April 17. The team returns home to host Berlin on Thursday, April 18, at 4 p.m.

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## Bobcats shut out Eagles in season opener

BY JOSHUA SPAULDING

Sports Editor

PLYMOUTH — After a long winter, spring officially arrived in Plymouth with the first games of the new season on Thursday, April 4.

The Bobcat tennis girls played host to Kennett and rolled to a 9-0 win to kick off the new season.

"Despite the snow, wind and cold weather, it was nice to be on the tennis courts," said coach Diane DiNardo.

Kaylie Sampson picked up the 8-2 win in the top spot in the lineup.

Kacie Collins played at number two and came through with an 8-3 win while co-captain Ciara O'Brien played in the third spot and rallied from a 4-1 deficit to pick up an 8-4 win.

Jocelyn LaClair played at number four and came through with an 8-0 victory, with DiNardo noting she played with a good deal of confidence.

Co-captain Mia Sullivan played at number five and won by an 8-1 score and newcomer Ellen Ryan got an 8-1 win at number six to close out the singles play for the Bobcats.

Sampson and Sullivan played in the top doubles spot and fell behind 2-0 before rallying to win 8-3.

O'Brien and Collins played at number two and they got an 8-2 win.

LaClair and Ryan finished things out with an 8-4 win at number three doubles. Kate Van Iderstine and Kamilah Abdul-Jabbar played well in exhibition doubles as well.

"Very pleased with the way the girls played, especially since it was only the second time they had been on the courts this year," DiNardo stated. "They showed a lot of confidence."

The Bobcats will be hosting Milford on Friday, April 12, at 4 p.m., will be at Oyster River at 4:30 p.m. on Monday, April 15, and will be hosting Pelham at 4 p.m. on Wednesday, April 17.

Joshua Spaulding can be reached at 279-4516, ext. 155 or [josh@salmonpress.news](mailto:josh@salmonpress.news).



RC GREENWOOD

Kacie Collins returns a shot during her team's opening match against Kennett.

## Across the country and back in the name of baseball

### SPORTING CHANCE



By JOSHUA SPAULDING

I love baseball. And I love the Red Sox. I am happy to take any chance I can to see the Sox in person but that can be an expensive venture at Fenway Park.

However, because I am a big baseball fan, I also love taking trips to see different ballparks around the country. Last year I was able to get to a game in Washington, D.C. and another game at Coors Field in Denver (neither with the Red Sox playing) in addition to a game at Fenway Park. Two years ago I made trips to Houston and Baltimore to see their parks and at the same time, see the Red Sox play.

When Kingswood baseball coach Chip Skelley let me know that his team was not heading to Florida for spring training this year, I decided that it would be nice to take a spring trip somewhere else and looking at the Red Sox schedule, they were heading out west for the first few games of the season.

My original plan was to head to Arizona this past weekend, but with our Village Play-

ers show opening, I decided instead to head to Seattle and visit the former Safeco Field (now T-Mobile Park) for one of the first games of the season.

Knowing that we had tech week rehearsal on Sunday and my night job on Friday, I determined that Saturday was the day to go.

I left my night job at Brewster just after 1 a.m. on Saturday morning and headed directly to Boston for a 5:30 a.m. flight. After a short stop to meet with one of New Hampshire's finest on Route 16 in Newington, I made it to Boston just after 3 a.m. and caught the shuttle to the airport from the parking garage.

My flight took me to St. Louis and then the second flight took me on to Seattle. We actually arrived earlier than scheduled, which was a nice surprise. I caught the train from the airport to downtown Seattle and then hopped the



JOSHUA SPAULDING

SEATTLE'S park had a great view of the city skyline.

monorail that took me to the Space Needle.

I seem to have a fascination with going up tall buildings whenever I visit a city and in Seattle, the place to do that is the Space Needle. The line was not as long as I might have expected and I hopped on the elevator and cruised to the observation deck. One of the unique features of the Space Needle is that they have benches that allow you to sit down and basically lean back over the city. After a short visit to the lower deck, where there's glass floors to look straight down, I headed down and got back on the monorail to the train, which took me to

the ballpark.

I walked around a little in the park's vicinity, including around the Seattle Seahawks stadium and when the doors opened, I headed inside.

Seattle has one of the unique roof situations, where the roof is on a large rail system but the roof was not needed on Saturday night, since it was a beautiful night.

The park was quite nice and had a great view of the Seattle skyline. Unfortunately, the game was not so great, much like the entire opening road trip for the Red Sox. I then caught the train back to the airport for a red eye flight back to Bos-

ton.

I was able to sleep most of the way back from Seattle, but I had been sick a few days prior to the trip and traveling across the country probably didn't do me any favors in that regard, especially heading into tech week. But the flight back to the east coast also landed early and I was home by 10:30 a.m. in time to relax a little before rehearsal.

It was nice to check off another ballpark and I'm looking forward to seeing Philadelphia's park in the coming weeks.

Finally, have a great day David Allen.

Joshua Spaulding is the Sports Editor for the Granite State News, Carroll County Independent, Meredith News, Gilford Steamer, Winnisquam Echo, Plymouth Record-Enterprise, Littleton Courier, Newfound Landing, Coos County Democrat, Berlin Reporter and The Baysider. He can be reached at [josh@salmonpress.news](mailto:josh@salmonpress.news) at 279-4516, or PO Box 729, Meredith, NH 03253.

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The Berlin Public Schools, a K-12 district of approximately 1,144 students, serves the City of Berlin, N.H., located in the Great North Woods in the northern part of New Hampshire. The Board of Education seeks qualified candidates who have proven leadership experience in school administration for its new Superintendent of Schools. Candidates should have a passion for educating the whole child, an unwavering focus on the educational growth and well-being of each and every child, and a strong commitment to community involvement. Compensation includes a competitive salary between \$98,000 and \$120,000, depending upon qualifications and experience and a comprehensive benefits package.

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Please go to our website at [www.owlsnestresort.com](http://www.owlsnestresort.com) to complete an application. Send cover letter with salary requirements, resumé, and application to: Owl's Nest Resort & Golf Club, Attn: Human Resources, PO Box 1684, Campton, NH 03223 or [jobs@owlsnestresort.com](mailto:jobs@owlsnestresort.com). No phone calls, please.

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Owl's Nest Resort expressly prohibits any form of workplace harassment based on race, color, religion, gender, sexual orientation, gender identity or expression, national origin, age, genetic information, disability, or veteran status.

Temporary Position  
**Facilities Specialist**

## Sometimes, opportunity knocks with a hammer.

Spring is here, and our Facilities team could use extra help with maintenance in and around our Franconia buildings and grounds.

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**Precision Lumber Inc.**  
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 WWW.LUMBERNH.COM

  
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 This is a full time position in our Ashland Lumber yard. Duties include assisting customers and contractors locate and load materials, help receive incoming shipments and pick loads for delivery trucks. Fork lift experience preferred. Heavy lifting is required and excellent prior work history a must. Weekend hours required on a rotating schedule.  
 You may apply in person or download an application from our website. All applications should be submitted to:  
 Dan Uhlman, General Manager  
 20 West Street, Ashland, NH 03217  
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 Competitive Wages Paid Vacation Paid Holidays Paid Time Off  
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**Town of Lincoln**  
**Employment**  
**Opportunity**  
 The Town of Lincoln, NH is seeking a caretaker for the Riverside Cemetery. Candidate must be a self-motivated individual with basic maintenance/labor skills and knowledge of grounds keeping. Position is 24 hours per week from early May through October. Job requirements include but are not limited to; mowing and trimming of grass, raking leaves, planting new grass, tree trimming, cleaning headstones and regulating Town Ordinances for lot owners. Must be available to start on May 1, 2018. Applications and Job Description may be picked up at the Lincoln Town Clerk's office. Applications must be returned to the Town Office or mailed to the Town of Lincoln PO Box 25 Lincoln NH 03251. All applications must be received by April 19, 2019. The Town of Lincoln is an Equal Opportunity Employer.  
 Please send completed application and letter of interest to:  
 Town of Lincoln  
 c/o Cemetery Trustees  
 P.O. Box 25 - 148 Main Street  
 Lincoln, NH 03251

**Administrative Assistant Wanted**  
 The Jennie D. Blake Elementary School is looking for a full time long-term substitute for an administrative assistant position for the remainder of the 2018-19 school year. Responsibilities are to:  
 • Maintain a professional and cordial presence in the front office assisting the building administrator, students, teachers and parents;  
 • Keep student and staff records and support the operation of the school;  
 • Prepare requisitions/purchase orders and track receivables  
 Qualifications: High school diploma, 3 years of experience as a secretary, proficient with Google for Schools, Microsoft Word, flexibility with schedule. Experience with Infinite Visions budget software preferred.  
 Please mail or email a letter of interest, completed application (found at [www.sau103.org](http://www.sau103.org), under the SAU 103 tab), 3 letters of reference, resume.  
 Brian Connelly  
 Principal-bconnelly@sau03.org  
 Jennie D Blake Elementary School  
 32 Crescent Street  
 Hill, NH 03243

  
 Division of BELLETETES, INC.  
**Boom Truck Driver**  
 You will be a member of a team responsible for delivering and off-loading product at construction and residential sites. Heavy lifting is required and previous boom or other hydraulics experience is necessary. CDL-B License is required along with a safe and clear driving record. Job includes other duties as assigned. Weekend hours required on a rotating basis.  
 You may apply in person at the Ashland Lumber location or download a driver application from our website. All applications should be submitted to:  
 Dan Uhlman, Manager, Ashland Lumber  
 20 West Street, Ashland, NH 03217  
 or you may email to [duhlman@belletetes.com](mailto:duhlman@belletetes.com) **E.O.E.**  
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 (603) 536-3533  
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 \*\*\*

**KINDERGARTEN REGISTRATION FOR 2019-2020 SCHOOL YEAR**  
 The Newfound Area School District will hold its annual Kindergarten Connection for all children who will be entering kindergarten in September 2019 as follows:  
 • Monday, May 6 for children residing in **New Hampton (744-3221)**  
 • Wednesday, May 8 for children residing in **Danbury (768-3434)**  
 • Thursday, May 9 for children residing in **Bristol & Alexandria \* (744-2761)**  
 • Friday, May 10 for children residing in **Bridgewater/Groton/Hebron (744-6969)**  
 If you have a child who will be five years old on or before September 30, 2019 please call your assigned school for registration information as soon as possible.  
 \* Children who reside in Alexandria will attend either the Bristol Elementary School or the Bridgewater-Hebron Village School. Determination is made according to physical address. You may contact either school for more information.

**TOWN OF DORCHESTER ROAD AGENT**  
 The Town is currently seeking a candidate to fill the position of Town Road Agent.  
 Interested parties can contact the Town Office for an application and job description.  
 603-786-5095  
[townofdorchester@gmail.com](mailto:townofdorchester@gmail.com)

**Tapply-Thompson Community Center Bristol, NH**  
 Now Hiring for the following Positions:  
 • Lifeguard  
 • Water Safety Instructor  
 For Summer of 2019  
 For Full Job Description & Requirements or to apply send e-mail to: [ttcc@metrocast.net](mailto:ttcc@metrocast.net)  
 Job Applications are available on our website at [www.ttccrec.org](http://www.ttccrec.org) and can be e-mailed or sent by mail to:  
  
**TTCC, 30 North Main Street, Bristol, NH 03222**

**55 Plus MODEL HOME OPEN SUNDAY 12 to 2**  
  
 \$109,995 or \$638 per month\*  
  
 \$154,995 garage, porch, appliances \*10% down - 25 years at 6%  
 Call Kevin - 603-387-7463  
 Mansfield Woods, 88 North, Rt. 132, New Hampton, NH  
 Directions: Rt. 93, exit #23. Right for 1/2 miles, left at post office for 800'

**SAU #79 GILMANTON SCHOOL DISTRICT GILMANTON SCHOOL**  
**2019-2020 VACANCY**  
**Certified Elementary Classroom Teacher**  
 Please send a letter of intent, resume, transcripts, certification and three letters of reference to:  
 Paula Mercier, Principal  
 Gilmanton School  
 1386 NH Rte. 140  
 Gilmanton Iron Works, NH 03837  
 Deadline: April 26, 2019 or when position is filled.

**Child Find Developmental Screening Hill, New Hampshire**  
 As part of the CHILDFIND services, SAU 103 Hill School District offers a free developmental screening for all preschool children residing in the town of Hill. This screening is available to children between 2 years 6 months and five years of age and is designed to identify preschoolers with special needs which may result in an educational disability as defined by the New Hampshire Rules for the Education of Children with Disabilities. Please note this screening only applies to children whose parents have some concerns about their child's growth and development.  
 CHILDFIND is designed for children whose developmental status is of concern at this time. It is not related to kindergarten admission. This child's performance will be shared with parents. If indicated, the special education team will review options for further evaluation and possible determination of an educational disability. All information about the child will be kept confidential.  
 CHILDFIND screenings will be conducted on Tuesday, April 30, 2019 from 9-2 at the Jennie D. Blake School located at 32 Crescent St., Hill, NH. To schedule a screening, please contact Michele Munson, at the SAU 103 office by calling 603-934-2245.

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- Close to center of town

Must meet income limit guidelines  
 Rent starting at \$812/\$922 + utilities  
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 Download application at




<http://www.sterling-management.net/application.pdf>  
 or contact mgmt. at 603-267-6787

**AUG 2011**



23



24



25



26



27

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- MT/MLT – Day Shift, M-F
- ULTRASOUND/ECHO TECHNOLOGIST – Day Shift
- RN M-S – Day Shift
- RN M-S – Night Shift
- RN CHARGE – Night Shift
- RN CHARGE/M-S Night Shift
- RN CHARGE/E.D. Night Shift

**PART TIME OPPORTUNITIES**

- CENTRAL STERILE TECHNICIAN (32) hours Day Shift, M-Th, 7am-3:30pm
- RADIOLOGY TECHNOLOGIST - (32) hours Day Shift

**PER DIEM OPPORTUNITIES**

- UNIT SECRETARY
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- RN

Apply Online at [www.ucvh.org](http://www.ucvh.org)  
 Upper Connecticut Valley Hospital  
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 Phone: (603)388-4236  
[ucvh-hr@ucvh.org](mailto:ucvh-hr@ucvh.org)

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**MEREDITH - Blue Ridge Hickory Plank Flooring.** AA wood backing. 1st grade. 1,050 sq.ft. in original boxes. \$1,900.00. Call 677-6994.

**OLD NH FISH and Game,** ca. 1890, bearing laws, penalties and seasons on moose, caribou, furbearers, fish, etc. measures 12"x18" May be seen at the Coos County Democrat, 79 Main St., Lancaster, NH. Price, \$4; if mailed, \$10. Call 603-788-4939 or email lori@salmonpress.news

### Events/Entertainment

Now until the 26th of April at Laconia's **Belknap Mill**, Meredith amateur photographer **Michelle Maurier** will display photos. Prints **available for sale**, but held until exhibits conclusion. **All reasonably priced!!**

### Lost & Found

#### Found Ads

Are published Free of Charge. 30 words for 1 week.

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24/7

#### Still Lost!

Shane - Shetland Sheepdog  
White/Tan/Black  
10 Years old  
We are hoping someone may have him or have seen him?  
-Lost in Laconia NH-  
August 27, 2016  
Do not chase. Old and New Leads appreciated.  
For more info see  
www.facebook.com/shaneshetlandsheepdog

Call Owner 603-365-1778  
or Granite State Dog  
Recovery  
1-855-639-5678

### Boats

**2001 Ranger Comanche** Series boat. 22' long. New electronics. Yamaha engine. Dave's Motorboat Shoppe, Gilford. Call 603-293-8847.

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Meredith News  
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\$36 - 4 Weeks

Call Our main Call Center  
1-877-766-6891  
Mon-Fri 8:00-4:00

or place online 24/7 at  
www.salmonpress.com

**Deadline:  
Monday 10:30 am**

### Estate Sale

Estate Sale - April 12, 13, 14 - 9-2 - 72 Thompson St, Ashland NH. Antiques, Collectibles, Tools, Boxes, Ladders, Radios, Cameras, Art, Furniture, Books - See Craigslist for pictures and information.

#### Estate Sale

April 13 & 14 Inn at Sunset Hill  
231 Sunset Hill Road Sugar Hill  
Furniture, wall art, lamps, lots of chairs  
Lots of great deals  
Starts at 9am  
Call 823-7244 for further information!

### Pets/Breeders

**LOW COST SPAY/NEUTER**  
Mobile Feline Fix It Wagon, Cats \$70-\$85. Dogs at Conway clinic, starting at \$100. NH and Maine income qualified plans. Military discounts. Rozzie May Animal Alliance, a dedicated spay/neuter nonprofit. Sign up on line www.RozzieMay.org or call 603-447-1373

### General Help Wanted

#### CONSTRUCTION LABORERS NEEDED -

Want to work outside and earn a decent paycheck? We're hiring! R.M. Piper, Inc. is one of New Hampshire's leading general contractors in heavy, highway and bridge construction. Check us out at facebook.com/rmpiperinc  
Experience is not required, but a good work ethic and dependability are. Min age 18, must be willing and able to travel within NH. We offer excellent wages, benefits and advancement opportunities! For more information or to apply (603)536-4154, jobs@rmpiper.com All new hires are required to pass a physical and drug screen. EOE

Full Time Technician wanted for set-up, pick-up & delivery of recreational products. Must have clean driving record. Call 603-253-6688 or forward resume to cdasilvanorth@myfairpoint.net

**GSIL - Gentleman in Campton** seeking a Personal care attendant for 5 days a week for 4-6 hour shifts. Duties include personal care, showers, exercises, housekeeping and laundry. If interested please contact Ashley at 603-568-4930 or atruong@gsil.org

Maintenance Assistant, Groundskeeper and Landscaper Wanted.

YMCA Camp Belknap, a boys summer camp in Tuftonboro, is hiring for both year-round and/or seasonal positions. Seeking applicants of all experience levels who are capable of performing various "handy" tasks. Please email contact details and resume to admincb@campbelknap.org.

#### MELVIN VILLAGE MARINA

Seasonal Employment  
From Ice-Out (or as early as April 1st) through the Summer Boat Detailers/Yard Hands Must have a drivers license A valid Boaters Safety Certificate (Helpful but not necessary)

Located on Lake Winnepesaukee and Rte. 109/ 462 Governor Wentworth Hwy. Melvin Village

For more information, please call 603-544-3583 or e-mail us at office@melvinvillagemarina.com

#### Olde Bay Diner

Gearing up for another busy season. All positions available- dish-washer, assistant and prep cook, experienced waitresses(only please!). Please stop in for an application Thurs-Mon 7-1:00 or email oldebaydiner2@gmail.com

### General Help Wanted

#### Wolfeboro bakery is growing!

We're hiring to build a team of talented, positive and achievement-oriented bakers and bakery assistants. Must be responsible, organized, task focused and anxious to learn. Ideal candidates will have commercial baking experience including cake decorating, be able to lift 30 pounds, multi-task and stand all day. Send resume and cover letter including your favorite kind of cookie to jss@metrocast.net.

### Professional/Technical

#### OUTPATIENT MENTAL HEALTH CLINICIAN

Northern Human Services  
White Mountain Mental Health  
Must be either a licensed clinician in the State of New Hampshire or a graduate of master's degree program leading to licensure. Recent graduates encouraged to apply. Candidates for LCMHC, LICSW or LADC/MLADC will receive weekly supervision as required for licensure. Dually licensed candidates (LCMHC/LDAC) will find a setting that values both specialties.

NHS offers generous earned time (three weeks year one; four weeks year two), eleven paid holidays, health insurance, and an agency contribution (no match required) to a 403B.

Entry Salary \$40,000 - \$47,500, depending on licensure status and experience.

**\*\*White Mountain Mental Health is an approved National Health Service Corps site. Licensed Clinicians may apply for generous loan repayment.\*\***

All positions at NHS require a valid driver's license, proof of adequate auto insurance, and the completion of criminal and background checks. This agency is an Equal Opportunity Employer, and Provider.

Send cover letter and resume to:  
Northern Human Services  
Attn: Bobbi Lyndes-Langtange  
29 Maple Street  
PO Box 599  
Littleton, NH 03561  
Email: blyndes@northernhs.org  
Phone: 603-444-5358  
Fax: 603-444-0145

### General Services

#### BELKNAP PROBATE & ESTATE PLANNING

Wills and Trusts should now focus on income taxes.  
Tax Attorney Sean Karkos  
603-524-0507 Ext. 21 or  
sean@dsbcpas.com

### Professional Services

**CLEAN OUTS**  
Attics, cellars, houses, garages, etc.  
Call 603-937-4214

### Lawn/Garden

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Spring is coming. Call us for Spring Clean up and lawn maintenance. Randy 603-707-2119

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### Real Estate

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### Real Estate



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All real estate advertising in this newspaper is subject to **The Federal Fair Housing Law** which makes it illegal "to make, print, or published any notice, statement, or advertisement, with respect to the sale, or rental of a dwelling that indicates any preference, limitation, or discrimination based on race, color, religion, sex, handicap, familial status or national origin, or an intention to make any such preference, limitation or discrimination."

(The Fair Housing Act of 1968 at 42 U.S.C. 3604(c))  
This paper will not knowingly accept any advertising which is in violation of the law. Our readers are hereby informed, that all dwellings advertised in this newspaper are available on an equal opportunity basis.

To complain of discrimination call HUD toll free at 1-800-669-9777

For The Washington DC area, please call HUD at 275-9200. The toll free telephone number for the hearing impaired is 1-800-927-9275.

You may also call **The New Hampshire Commission for Human Rights** at 603-271-2767 or write

The Commission at  
163 Loudon Road,  
Concord, NH 03301

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# Five Bear seniors presented D3 Scholar Athlete Awards

CONCORD — Five Newfound Regional High School student athletes were recognized recently at the NHIAA/NHADA Division III Scholar Athlete Awards ceremony, held at the Capital Center for the Arts. Jillian Buchanan, Matt Libby, Jacob Pfister, Logan Rouille and Reid Wilkins were recognized for having a B+ average or better;

COURTESY PHOTO (Right) Athletic Director Pete Cofran (right) poses with Newfound's Senior Scholar Athlete Award winners (l to r), Jillian Buchanan, Jacob Pfister, Reid Wilkins, Logan Rouille and Matt Libby.



playing at least two sports for two years, including their senior year and having contributed to his/her community. In addition, Buchanan was selected at the Outstanding Female Scholar Athlete in Division III.

This continues the impressive academic accomplishments for NRHS in having five Outstanding Male or Female Scholar Athlete recipients in the past five years in Division III. Previous recipients include Hailey McAfee, Jake

Holton, Tyler Austin and Kylee MacDonald. No other school in the state can claim this accomplishment. Buchanan now moves on to the state competition with the three other female divisional winners.

## Xfinity series returning to Loudon in 2020

LOUDON — New England race fans can add another race to their plans for the 2020 NASCAR race weekend at New Hampshire Motor Speedway. NASCAR released its 2020 Xfinity Series schedule today, including its annual July 18, 2020 visit to "The Magic Mile."

The Xfinity Series was the first NASCAR sanctioned race at New Hampshire Motor Speedway in 1990, making 2019 NASCAR's 30th season at "The Magic Mile." The NASCAR Xfinity Series will run their 33rd race at the speedway as part of the Foxwoods Resort Casino 301 weekend, July 19-21, 2019 in their only visit in the

six-state New England region. This announcement follows last week's release of the 2020 NASCAR Cup Series schedule, which brings the Foxwoods Resort Casino 301 to New Hampshire Motor Speedway on Sunday, July 19, 2020.

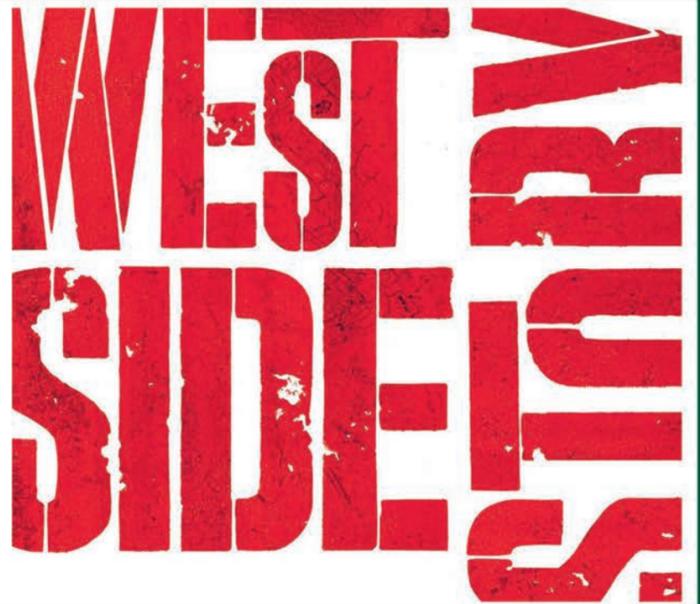
For ticket information for events at New Hampshire Motor Speedway, including the June 8-16 Motorcycle Week at NHMS, the July 19-21 Monster Energy NASCAR Cup Series Foxwoods Resort Casino 301 race weekend and the September 20-21 Full Throttle Fall Weekend, visit the speedway web site at NHMS.com or call Fan Relations at 783-4931.

### What's Happening at Plymouth State University

#### WEST SIDE STORY IN CONCERT

Saturday, April 13, 7 p.m. and Sunday, April 14, 2 p.m.  
Hanaway Theatre, Silver Center for the Arts

The PSU Chamber Singers together with University Chorale perform musical numbers from Leonard Bernstein's groundbreaking musical, *West Side Story*. Exploring themes of prejudice, discrimination, immigration, and cultural traditions, the show is made even more relevant through our study of society's current struggles with these same issues.



#### Also on campus this week

##### EAGLE POND AUTHORS SERIES: POET PATRICK DONNELLY

Thursday, April 11, 7 p.m.  
Smith Recital Hall,  
Silver Center for the Arts

A book signing and reception will follow the reading.

##### HOW THE POTTY TRAINED US: STAND-UP COMEDY AND TED TALK

Friday, April 12, 6:30 p.m., Hyde Hall 220 Auditorium

What if the solution to climate change, world peace, and self-love was the one thing no one wanted to talk about?

Presented in partnership with the Squam Lakes Association.

For more information on these and other events, visit [plymouth.edu/calendar](http://plymouth.edu/calendar).



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