

Pemi Youth Center-Tilton celebrates official grand opening

BY DONNA RHODES
dhrhodes@salmonpress.news

TILTON — On Thursday, Nov. 16, board members, staff, Tilton selectmen and young teens gathered to celebrate the ribbon-cutting for the new Pemi Youth Center Tilton, a home away from home for youth who could use an added boost along the road to success.

Joining them for the official opening were Samantha Diemont, Executive Director of the Pemi Youth Center in Plymouth, along with former director and now board member of the Plymouth center, Jessica Dutille.

“This has been our dream for such a long time (to have youth centers in other communities) and we’re so excited that more kids will now have the opportunity to

be involved in this program,” said Diemont.

Tilton’s director, Jessica Descoteaux, shares that same excitement. She said currently there are 15 Winnisquam Regional School District students from grades 5-12 enrolled in the program with still more on a waiting list.

“The kids come here from 2:30-5:30 p.m. five days a week and we just have a great time,” Descoteaux said.

Homework assistance is one focus of their daily time together but they also do much more. Sports, arts and crafts, games and discussion groups are also scheduled each week.

“Right now the kids love sitting down to play Uno together and when the weather’s good they

SEE PYC, PAGE A16



Young attendees of the Pemi Youth Center Tilton had the honor of cutting the ribbon held by board member Peter Saliba of Tilton School, and chairman Stephen Rock as fellow board members, staff, Tilton selectmen and community supporters cheered the official opening of the area’s new youth-based support center.

DONNA RHODES

Celebrate the season at Tilton’s Christmas Parade Dec. 2

BY DONNA RHODES
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TILTON — It’s the most wonderful time of the year, filled with musical concerts, craft fairs, community gatherings...and of course, the annual Tilton Christmas Parade, which is set to officially kick off the holidays on Saturday, Dec. 2, with floats, music and lots of bright lights. Ending it all on a high note, there will once again be a fireworks display at Riverfront Park.

The holiday parade will start off on the Northfield side of the Winnepesaukee River, then make its way along Elm Street to Cannon Bridge.

From there revelers they will cross onto Main Street in Tilton and turn left to head for the Winnisquam Regional High School parking lot. Among the many brightly lit floats taking part in the parade will be one carrying Santa along the route. Besides waving to all

SEE PARADE, PAGE A15

NH Humane Society Black Friday Adopt-a-Thon

BELMONT — Join the New Hampshire Humane Society for their Annual Black Friday Adopt-a-Thon, now with even more dogs and puppies looking for a fur-ever home.

The Adopt-a-Thon will be held on Friday, Nov. 24 at the Belknap Mall in Belmont, from 9 – 11 a.m., and again this year, a second flight of dogs and puppies from Noon – 2pm. Come early for the best selection of dogs and puppies. Adopters must be 21 years old or older; bring proof of homeownership or a rental agreement that explicitly states that pets are allowed, and; proof that any other animals in the home are current on rabies



vaccinations. If prospective adopters already own a dog, the animals must meet prior to the finalization of adoption. Check nhhumane.org

COURTESY

(Left) Join the New Hampshire Humane Society for their Annual Black Friday Adopt-a-Thon, now with even more dogs and puppies looking for a fur-ever home.

and the New Hampshire Humane Society Face-Book page for further details and sneak peeks at the dogs and puppies who will be available for adoption.

The New Hampshire Humane Society is a 501(c)3 non-profit whose mission is to provide shelter for the lost, abandoned

SEE NHHS, PAGE A15

Changing of the guard Founder of Birch Hill Kennel turns business over to new owner...his own nephew

BY DONNA RHODES
dhrhodes@salmonpress.news

NORTHFIELD — Last Friday, there was a changing of the “guardians” at Birch Hill Kennel in Northfield when founder Don Carpenter turned over the keys to nephew Michael Carpenter and his wife Tonya, maintaining family ownership of the business, which first opened its doors in 1991.

Don Carpenter has been long known as an advocate for animals, not only acting as an Animal Control Officer for the Town of Northfield, but offering kennel services, grooming, doggy day care, crematory care for deceased pets and

SEE KENNEL, PAGE A15



Don Carpenter of Birch Hill Kennels turned over the keys of his business to the next generation last week, when his nephew’s family purchased the home and kennels located off Route 104 in Northfield. From left to right are Don Carpenter with new owners Tonya, Jocelyn, Michael and Jacob Carpenter and their French Bull Dog “Finley.” (Missing from photo is their other four-legged family member “Leo” the Labradoodle.)

DONNA RHODES

No increase in Sanbornton tax rate

BY DONNA RHODES
Dhrhodes@salmonpress.news

SANBORNTON — It was good news for residents of Sanbornton last week when Town Administrator Katie Ambrose announced that the property owners will see no increase in their town taxes this year.

“The rate was preliminarily set at \$23.85. The Board of Selectmen decided to allocate \$6,000 for overlay, which funds any abatements, and utilize \$93,000 of the Town’s unassigned fund balance to stabilize the rate at \$23.63 (per \$1,000 property assessment),” Ambrose said in a press release issued late last

week.

That rate is the same amount that was presented to property owners in 2016.

Tax bills include more than just the town tax rate however and residents are encouraged to review the entire bill they receive in the mail. The breakdown for 2017 taxes set by outside agencies include an additional \$8.99/\$1,000 for municipal costs, \$10.81 for local education expenses, \$2.42 for the state education fund and \$1.41

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Laconia Christmas Village opening soon

BY ERIN PLUMMER
mnews@salmonpress.news

LACONIA — Families can take part in some holiday joy next week-end for the annual Laconia Christmas Village, a local tradition spanning over four decades.

For four days from Nov. 30 through Dec. 2, the Laconia Community Center will have two levels of activities for people of all ages.

The Christmas Village started in 1975, and is managed by brothers Ernie and Armand Bolduc, along with their friend Bob Hamel.

A number of activities will be available downstairs for the whole family, including face painting, nail art, games, and much more. The Christmas Village itself will be on the second floor, where children can ride in Santa's sleigh, make an ornament in Santa's Workshop, meet the elf in the box, and more.

Santa will make an appearance and kids can get their photos taken with photos available for \$3. There will also be a cafe offering an assortment of snack foods and drinks to visitors.

Every year, a committee organizes the event with volunteers in charge of all its different aspects. Volunteer Coordinator Morgan Johnston said a crew of dedicated volunteers have been keeping the event running for as long as it has.

"It takes hundreds of man hours to put the whole thing together," she said.

Johnston serves on the committee with her brother Jack, and said both of which started coming to the fair when they were kids.

"We kind of worked out way up here; definitely next generation to keep things going," Jack Johnston said.

That tradition continues with volunteers of many ages. Many of the volunteers are local students. Morgan said they have students who

MORGAN JOHNSTON — COURTESY
(Right) The festive crew of volunteers who work tirelessly behind the scenes to bring Laconia's annual Christmas Village to life are excited for this year's event, which will be held from Nov. 30 to Dec. 2 at the Laconia Community Center.



have taken part from Winnisquam (where she and her brother attended school) as well as Gilford, Gilmanton, and others.

The Johnstons said the event brings in thousands of people every year. Jack said they will see many of the same faces come through the door, sometimes multiple times over the week-end.

"We have people coming as far as California now," said Jack.

Other visitors have come from New York, New Jersey, and other areas. Jack said a lot of people are seeing the event on Facebook and making a point to come when they are visiting the area.

Morgan said she knows people who are already saying, "I can't wait to see it."

Jack said a lot of volunteers will ask to come back every year.

The Christmas Village is a nonprofit event

and relies on donations from local businesses and others.

Admission is free and donations are encouraged. Donations will go toward expenses for next year's Christmas Village.

"It's been very rewarding to see the kids' faces lighten up," Morgan said. "It's great, especially for families who don't have a lot."

The four-day event will be open from 6-8 p.m. on Thursday, Nov. 30, and Friday, Dec. 1. On Saturday, Dec. 2, and Sunday, Dec. 3, the doors will be open from 2-5 p.m. There are also special hours on Saturday and Sunday for people who are elderly or have other special needs.

The Christmas Village is looking for more Elf Volunteers. For more information contact Morgan Johnston at by phone at 409-7191 or by email at laconiacv.morgan@gmail.com.

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Sacred Heart Hall-Laconia,
31 Gilford Avenue

Tilton

11/22/2017: 9 a.m. - 2 p.m., Franklin Savings Bank, 61 Laconia Rd
11/24/2017: 10 a.m. - 3 p.m., Tanger Outlet Center, 120 Laconia Road
11/25/2017: 10 a.m. - 3 p.m., Tanger Outlet Center, 120 Laconia Road

MERRIMACK

Bow

11/22/2017: 9 a.m. - 2 p.m., Bow Park
and Recreation Department,
3 Bow Center Road

Loudon

11/21/2017: 2 p.m. - 7 p.m.,
Arthur Colby Safety Building,
8 Cooper Street

Concord

11/18/2017: 9 a.m. - 2 p.m., Wesley United Methodist Church, 79 Clinton Street
11/21/2017: 8 a.m. - 2 p.m., Holiday Inn - Concord, 172 North Main Street
11/27/2017: 9 a.m. - 2 p.m., Praxair - TAFA, 146 Pembroke Rd.
11/29/2017: 11 a.m. - 4 p.m., NH Fire Academy, 222 Sheep Davis Rd.
11/29/2017: 9 a.m. - 2 p.m., New Hampshire Division of Motor Vehicles, 23 Hazen Dr.
11/30/2017: 10 a.m. - 3 p.m., Disability Determination Services - Walker Building, 21 South Fruit Street
11/30/2017: 8 a.m. - 2 p.m., NH Health and Human Services, 29 Hazen Drive

About the American Red Cross

The American Red Cross shelters, feeds and provides emotional support to victims of disasters; supplies about 40 percent of the nation's blood; teaches skills that save lives; provides international humanitarian aid; and supports military members and their families. The Red Cross is a not-for-profit organization that depends on volunteers and the generosity of the American public to perform its mission. For more information, please visit redcross.org or cruzrojaamericana.org, or visit us on Twitter at @RedCross.

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HALL MEMORIAL LIBRARY

Monday, Nov. 27
Monday Makers, 10:30 a.m.
Homeschoolers carry in their own projects and work independently... a great time to mix with other home schooled kids.
Chess Club, 3-5 p.m.
Scrabble, 6 p.m.
Adults Only

Tuesday, Nov. 28
Spanish Club, 10 a.m.
Noon Book Group, noon
"The Snow Child" by Eowyn Ivey - Alaska, 1920: a brutal place to homestead, and especially tough for recent arrivals Jack and Mabel. Childless, they are drifting apart--he breaking under the weight of the work of the farm; she crumbling from loneliness and despair. In a moment of levity during the season's first snowfall, they build a child out of snow. The next morning the snow child is gone--but they glimpse a young, blonde-haired girl running through the trees.
This little girl, who calls herself Faina, seems to be a child of the woods. She hunts with a red fox at her side, skims lightly across the snow, and somehow survives alone in the Alaskan wilderness. As Jack and Mabel struggle to understand this child who could have stepped from the pages of a fairy tale, they come to love her as their own daughter. But

in this beautiful, violent place things are rarely as they appear, and what they eventually learn about Faina will transform all of them. (Amazon)
Tech Tuesday, 2-4 p.m.
Sewing Club, 3 p.m.
Teens/Tweens learn to stitch with Miss Britt.

Wednesday, Nov. 29
Story Time, 10:30 p.m.
Turkeys
Minecraft Book Group, 3:30 p.m.
Meets every Wednesday at 3:30 p.m. for a book discussion and to watch related Book Craft videos created by Stacy Plays using Minecraft.
Magic the Gathering, 4 p.m.

Friday, Dec. 1
Sit and Knit, 2-5 p.m.

Saturday, Dec. 2
Let's Go Lego, 10 a.m.
It's Lego Make and Take at the library... take what you make home, it's yours to keep!

New Items
"Dirty Work" by Julia Bell
"Wentworth Hall" by Abby Grahame
"When I was the Greatest" by Jason Reynolds
"They Came From Below" by Blake Nelson
"Dark Companion" by Marta Acosta
"The Uninvited" by Cat Winters

DECEMBER HIGHLIGHTS AT HALL MEMORIAL LIBRARY

Monday Makers (craft group for homeschooled children ages eight and up) We meet every other week through the end of December. This month, we meet only on Dec. 11 from 10:30 a.m. to noon, as the library is closed on Monday the 25th. Children should bring

their own craft projects to work on independently but while socializing with other creative homeschooled students. This is also a great time for parents to chat and share their homeschool experiences.

Weekly Happenings during December

For the Kids... Wednesdays at 10:30 a.m. Pre-School Storytime - Story and a craft for little people. Wednesdays at 3:30 p.m. Minecraft Book Group reads "Charlotte's Web" by E.B. White

Join us for a book discussion and to watch related Book Craft videos created by Stacy Plays using Minecraft. For Kids... Saturdays at 10 a.m. - Let's Go Lego "Make and Take" during the month of December. Take home what you make...

Lego people not included. For Pre-Teens and Teens... Tuesdays at 3 p.m. - Sewing Club For Adults... Tuesdays at 10 a.m. - Spanish Club Tuesdays at 2 p.m. - Tech Tuesdays Fridays from 2-5 p.m. - Sit and Knit

ing, we'll teach new-comers how to play. December Calendar of Events Monday the 4th at 6 p.m. Scrabble - Adults Only Thursday the 7th at 2 p.m. Hand Sew Felt Ornaments - Adult Craft Time Thursday the 7th at 4 p.m. Candy Sled Races - Build a candy sled to race down our "sledding hill". The builder of the fastest sled wins bragging rights and a special prize. Everyone gets to keep their candy sled. SEE LIBRARY, PAGE A15

Winnisquam Watershed Network looking to expand water quality monitoring efforts

REGION — The Winnisquam Watershed Network, Lake Winnisquam's newly formed lake association, implemented the first phase of its comprehensive water quality monitoring program in 2017. The Winnisquam Watershed Network (WWN) was officially chartered in July 2017 with a mission to preserve and protect the lake for future generations. The WWN intends to work with state and local entities in the pursuit of its mission, and to provide a key role in coordinating the water quality monitoring and milfoil prevention and control efforts for Lake Winnisquam.

In the past, volunteers from various neighbor-

hood groups around the lake have collected water quality data each summer through two volunteer monitoring programs, the UNH Lakes Lay Monitoring Program (LLMP) and the NH DES Volunteer Lake Assessment Program (VLAP). While each of these programs built up a valuable database of water quality data for the lake, there wasn't any coordination of volunteer efforts or sharing of resources and data between the two. Through the efforts of the WWN this was the first year that the monitoring was done in a coordinated fashion, with testing and sample collection conducted at three deep-water stations and two

shallower near-shore stations once a month in June, July and August. Samples were tested at the NH Department of Environmental Services laboratory in Concord for color, chlorides, chlorophyll-a, alkalinity, pH, total phosphorus and conductivity. According to Lisa Eggleston, President of the Winnisquam Watershed Network, annual monitoring is an important tool in assessing in-lake water quality, tracking long-term water quality trends and identifying potential pollution sources to the lake. She said the 2017 data indicate continued excellent water quality in the lake, although based on the historic data they are seeing a continued trend of increasing chloride levels in the lake. This is likely a result of de-icing

products used on roads, driveways and parking lots in the watershed. The WWN hopes to expand the water quality monitoring program in future years to sample other locations in the Lake Winnisquam as well as some of the tributaries that flow into it. This will, however, require additional financial resources and sampling equipment, as well as an expanded volunteer corps to conduct the monitoring. Anyone who is interested in supporting this effort should visit the WWN Web site, www.winnisquamwatershed.org, or send an email to winnisquamwatershednetwork@gmail.com. The WWN is a registered non-profit with the State of New Hampshire, and its designation as a 501(c)(3) charitable organization is currently pending.

Celebrate Christmas at the Lane Tavern Dec. 2

SANBORTON — Wreaths, cookies, crafts, hot cider and coffee, and a homemade lunch with soups and sandwiches are available at the Lane Tavern, 520 Sanborn Rd. (Route 132), from 9 a.m. to 2 p.m. on Saturday, Dec. 2. The event is sponsored by the Sanborn-

ton Historical Society, a 501c3 nonprofit privately funded community organization dedicated to historic preservation and public education about local, state and American history. For further information, call 286-4526 or go to the group's Web site.

Complete your Christmas shopping with help from The Pines

NORTHFIELD — The Pines Community Center is sponsoring a holiday shopping trip for youth in grades six through eight Friday, Dec. 8 from 4-6 p.m. The Pines' van will transport shoppers to the Tanger Outlet Mall and Wal-Mart in Tilton. There is no cost for this trip, but please sign up in advance at the Pines, located at 61

Summer St. in Northfield, or by calling 286-8653. A minimum of five participants are needed for this trip, with a maximum of 13. Shoppers will need to bring their own money.

Sanbornton Public Library hosting Open Chess Dec. 2

SANBORTON — Sanbornton Public Library will host Open Chess on Saturday, Dec. 2 from 10 to 11:30 a.m. Chess Coach Michael Gray has been teaching students in the library on Tuesday afternoons, and they are now ready to take on some challenges. This free event is open to adults and chess players of all ages. We have several chess sets ready to go, but players may want to bring their own to

keep games moving. For information, call the library at 286-8288.

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Opinion

A4 Thursday, November 23, 2017

WINNISQUAM ECHO

STRATEGIES FOR LIVING

On blessings and responsibility

BY LARRY SCOTT

On Sunday morning, Nov. 5, as reported by the Philadelphia Inquirer in a story updated on Nov. 7, Stephen Willeford was relaxing at home when he heard a series of gunshots coming from the nearby Sutherland Springs (Texas) First Baptist Church. A certified shooting instructor, Willeford knew somebody was in deep trouble, so he grabbed his rifle and, still barefoot, ran to the church to see what he could do to help. Steve Willeford confronted the shooter, Devin Patrick Kelley, as he emerged from the church and shot him twice. Kelley dropped his rifle and fled the scene. Quickly joining up with Jonnie Langendorff, who had stopped his truck when he saw what was happening, they pursued Kelley until Kelley's SUV ran off the road; they subsequently found him dead by an apparent self-inflicted gunshot wound.

The training, the opportunity, and a sense of responsibility on the part of this one man halted an unimaginable tragedy. As stated by a neighbor, "If it wasn't for him, the guy wouldn't have stopped." As it was, 26 people lay dead, with another 30 or so injured. For Stephen Willeford, however, this is going to be a very special Thanksgiving, knowing his actions stopped the carnage before it got any worse. Their world will never be the same again, but thanks to someone who cared enough to put his life on the line, a host of people will live to thank him another day.


Stephen Willeford's example is a great model to follow. Our station in life, our talents, our training, and the experiences that have helped make us who we are, can all be applied to bless others when the opportunity presents itself.

This is especially true in the religious realm. For most of us our sharing is related to a deep sense of thanksgiving for what God has done in our lives. The privilege of knowing Jesus Christ on a personal level is such that our natural inclination is to tell others about it. And I have much for which to be thankful: good health, a lovely family, the privilege of living in America, being debt free ... but most of all, I am thankful for Jesus Christ!

The Apostle Paul addressed this in a statement found in the book of Romans. "I am obligated," he writes, "both to Greeks and non-Greeks, both to the wise and the foolish. That is why I am so eager to preach the gospel."

We may come across as superstitious, what we say may sound too good to be true, and we may raise a bookoodle of questions that some may think invalidates our faith. Let me submit, however, that a simple, sincere prayer, inviting Jesus Christ to forgive every sin that stands between you and God, and welcoming Him to be the Lord of your life, will change everything. I guarantee it will make this the most memorable Thanksgiving you have ever had.

FYI: On a personal note, I will be preaching this Sunday morning, Nov. 26, at the Loudon Church of the Nazarene, 33 Staniels Rd., Loudon (across from what used to be known as the Red Roof Inn on Route 106). The service begins at 9:30 a.m. If you have been following my by-line, it would be a pleasure to meet you!



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PET OF THE WEEK

RHONDA

Tall, stately, brindle coated Terrier mix, Rhonda is a dog who has endured may twists and turns on the road to a secure, loving forever home. Her original family had some major life struggles that precipitated her arrival at NH Humane Society through our SAFE HARBOUR program. She's been calling our shelter home since the Summer.

Well now the weather is cold, snow is in the air, Winter is coming... and still she waits to hear those words spo-

ken by a stranger "oh what a lovely dog, let's adopt her!"

True, she's a big girl but her capacity to bond with her special people is equal in size to her resolve to not give up hope of finding a family to care for her.

She'd prefer to be the only child. Black Friday Adopt A Thon at the Belknap Mall is just around the corner, could not Rhonda already be enjoying your comfy couch before then? Call 524-3252 or check www.nhhumane.org



LETTERS TO THE EDITOR

What is the missing piece in Sanbornton's budgeting process?

To the Editor:

Once again this year, some good Sanbornton Budget news, but it again raises some questions about our budgeting process! Why all that surplus? Perhaps someone at the town office can give a brief presentation about the possible uses of the fund balance and why such a large balance each year!

Last year, the 2015-2016 budget ended with an Unassigned Fund balance (which I like to call a budget surplus) of \$1,235,428, and this year, the 2016-2017 budget with an Unassigned Fund Balance of \$1,662,486. It seems that each year, the fund balance seems to grow bigger and bigger.

What I liked about this situation is that for both budget years, the Selectmen were able to use some of

the unassigned funds, \$60,000 the first year and now \$93,000 for the second year, to reduce or maintain the current tax rate going forward.

So the question again is, why do we find ourselves with such large unassigned fund balances to begin with? Is there something missing from our budgeting process? Perhaps our selectmen should look at the complete budgeting process that they go through each year and make some changes if necessary in order to have a balanced budget in the years to come! Perhaps the earlier involvement of the Budget Committee would help!

Just a suggestion!

*Bill Whalen
Sanbornton*

Legislative update

To the Editor:

This is the 30th of my reports on what is going on in the Legislature in Concord...at least in the Criminal Justice Committee. Today, we dealt with bills that the Committee held for a closer look.

The first was the House version of the Fetal Homicide bill. This was essentially the same as the Senate version we passed in last session that set 20 weeks gestation as the point at which destruction of the preborn qualified as a homicide. This is ludicrous on the surface because scientifically, life begins at fertilization. This is not the view widely held in the pro death crowd, who think giving personhood status to the fetus is wrong. The House version would have set the standard at eight weeks, which is consistent with accepted medical definition of a fetus. Regardless, this change was voted Inexpedient to Legislate (ITL). We will have to wait for another chance to insert sanity into the law.

A bill requiring prisons to become accredited was voted Ought to Pass (OTP). Prisons have not been accredited since 2009. Since then, the funds for accreditation were used to fund a manpower slot. This action was short sighted because whenever there is a lawsuit the plaintiff uses the lack of accreditation against us. It isn't that we don't qualify for accreditation. It is that we do not have it. Another bill on prisons was retained for "Interim Study" that would give credit for school work. This program is relatively new and there is not enough data to determine

its effectiveness. Retaining a bill for Interim Study effectively kills the bill.

The much-watched bill to legalize marijuana in the middle of an opioid problem is a stupid action to take without thinking about other consequences. First and foremost, it is still a federally illegal substance. If arrested by the feds you will be prosecuted and you will lose your ability to purchase a firearm. Just because Vermont, Maine, Massachusetts and Canada may legalize marijuana is not a sufficient reason for New Hampshire to follow suit. Rubbish. Even setting the age for legal use at 21 will tacitly tell the kids marijuana use is acceptable when it is not. It is a proven fact that the effects of marijuana use on the developing brain (until that age of about 25) are irreversible. Thankfully, the bill was voted ITL (Inexpedient to Legislate) by a vote of 13:7.

This concludes our legislative work for this year except for the election of a new Speaker. Speaker Jasper appears to be in line to become the next Commissioner of Agriculture. Candidates are swarming like bees to honey. We'll see who has the sharpest elbows. Until my next report, have a Happy Thanksgiving with your family.

If you have any comments or questions please call 320-9524 or email me at dave@sanbornhall.net.

Cheers!

*Dave Testerman
Representative for Hill and Franklin*

Hector's Restaurant boosts the Plunge

To the Editor:

Recently, Carla and Carl Peterson, owners of Hector's Restaurant in downtown Laconia, generously donated a percentage of all lunch and dinner purchases to our local Salvation Army Turkey Plunge.

This marks the second year in a row that the Pe-

tersons have offered this support. We are very grateful for this outreach by a local business giving back to the community. It was truly a "win-win" situation as diners received a delicious meal in one of the area's finest venues while the Salvation Army received much needed cash for its programming in support of our neighbors in need.

I urge readers to visit Hector's for lunch or dinner and, when you do, thank the Petersons for their civic-mindedness. On behalf of our Turkey Plunge Committee, the Salvation Army and the countless neighbors who will benefit from this gift, a most sincere thank you Carla and Carl!

*Pam Clark
Laconia
Turkey Plunge Committee*

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North Country Notebook

Through the eyes of visitors,
the madness of Northern PassBy JOHN HARRIGAN
COLUMNIST

Every now and then, I get an opportunity to take visitors on a truck-tour of the territory. This is always a treat for me, because I get to see things anew, through someone else's eyes.

In this case, my guests wanted to see two things in particular. One was the most narrow of roads in the high country where Northern Pass, in which Hydro Quebec would use New Hampshire to get its power to New York markets, would put its lines. The other was the grave of Metallak, said to be the last of the Coashaukees, hence "Coös County."

This was an easy route, because the narrow places are on North Hill, on the next ridge up from my home on South Hill. It bears noting that if Northern Pass were built, which I don't think for a moment it ever will be, the towers would not be anywhere near my view, so scratch the much-touted NIMBY (not in my back yard) factor. Instead, I look at the issue as an EBY (everybody's back yard).

We could see North Hill within a mile or so from leaving my back driveway. South Hill Road takes a sharp left there, down into Stewartstown Hollow, but at one time a short-cut went straight ahead, on a dead reckoning for Bear Rock Road and then right on up over North Hill to Clarksville and on to Pittsburg.

During this time, before the railroad and the internal combustion engine, the stagecoach

JOHN HARRIGAN
North Hill Road's narrowest stretch, where Northern Pass proposes to bury a stretch of its 1,090-megawatt line.

route brought passengers right by my house, and there was an inn and tavern at the intersection of North and South Hill roads. What a place that must have been, and I would have given a farthing or two to be, at least for a moment, a fly on the wall.

Today's road up North Hill begins broadly enough, wide enough for two vehicles as it passes the old North Hill Church, little used now save for the occasional seasonal service.

But soon enough, just over the top of the hill, it begins to dwindle, until it reverts to what always was, an ox-cart road. It is about one rod wide—a little over 16 feet from stone wall to stone wall. There are a couple of turnouts for drivers meeting other vehicles to make room to pass. Most people are exceedingly polite about this, in the tradition of back-road driving, from horse and buggy times unto today.

Here, where the road is at its narrowest, there is ledge to the right and underneath. A classic back-country fence of stumps and cedar posts keeps George Hodge's replacement heifers in their wild pasture. The view is breath-taking from this pinch-point, the fence on the one hand, the dark woods on the other, and the landscape opening far and wide to the north. It is a place many people would pay hard money to see.

"They want to bury the line here?" one of

JOHN HARRIGAN
Metallak's gravestone is always adorned with gifts and totems, ranging from quills to decorated lance.

my passengers said, eyes wide, aghast. "How would they even get the machinery in? It's madness."

Exactly. This little stretch of North Hill Road, all by itself, is enough to put the Mark of Madness on the whole Northern Pass scheme. It is where I would take Governor Sununu and longtime friend and publisher Joe McQuaid, if I could, and say "Just look at this road and this scene. Can you imagine?"

It is, by the way, a stretch of road the Site Evaluation Committee's buses never traveled during their tour of the project's proposed route—because the road was judged too narrow and rough for the buses. This is the same road that far larger school buses traveled during the replacement of the Bishop Brook bridge.

Just down the hill, along the most constrict-SEE NOTEBOOK, PAGE A15

Donna Jeane Gleeson, 54



GILFORD — Donna Jeane Gleeson, 54, of 150 Saltmarsh Pond Road, died suddenly and unexpectedly, Thursday, Nov. 16, 2017 at Lakes Region General Hospital in Laconia.

She was born Jan. 9, 1963 in Concord, the daughter of Edward and Charlotte Rabbitt. Donna was a graduate of Bishop Brady High School. She currently worked as an Administrative Assistant for The Belknap County Nursing Home in Laconia. Donna absolutely loved her co-workers and especially the residents. She had a very special rapport with them and always tried to make everyday a brighter one for them. Prior to her position at the nursing home. Donna held many different positions in the state of New Hampshire as a long-time state employee.

She enjoyed the many

"motorbiking" trips spent with her husband throughout New Hampshire and Vermont and spending time in her pool-yard during the summer. Donna loved life, her children and her beloved husband. She was his sunshine every day.

She is survived by her husband, Steven Gleeson of Gilford; father and step-mother Edward and Annie Rabbitt of Fort Meyers, Fla.; her mother, Charlotte Rabbitt-Johnson of Tampa, Fla.; her beloved sons, Nathan Rabbitt of Con-

cord and Tyler Sawyer of Pittsfield; her two step-daughters, Ashley A. Gleeson of Boston, Mass. and Chelsea Gleeson of Boston, Mass.; and one sister, Pam Rabbitt-Berube of Fort Meyers, Fla., and many extended family and friends.

Calling hours were held from 5 to 7 p.m. on Tuesday, Nov. 21, 2017 at the Wilkinson-Beane-Simoneau-Paquette Funeral Home, 164 4 Pleasant St., Laconia, using the Carriage House entrance.

Funeral services will be private.

Wilkinson-Beane-Simoneau-Paquette Funeral Home & Cremation Services, 164 Pleasant St., Laconia, is assisting the family with the arrangements. For more information and to view an online memorial, go to www.wilkinson-beane.com.

LRPA-TV serves up a delicious
Thanksgiving weekend!

LACONIA—If you're looking for something to watch on Thanksgiving that isn't football, why not tune into Lakes Region Public Access Television? On Thursday, Nov. 23, we'll be serving up family-friendly shows starting at 2 p.m. Our lineup of Thanksgiving-related programming includes classic cartoons, vintage television episodes and movies from Hollywood's past. Tune into LRPA and leave us on all day!

The afternoon lineup on Thursday, Nov. 23 is as follows:

2 p.m.
1961's cartoon "Calvin and the Colonel"
2:30 p.m. "The Little Princess" (1939), starring Shirley Temple
4 p.m.
Vintage short "Day of Thanksgiving" (1951), followed by cartoons
4:30 p.m. "Life with Father" (1947),

starring William Powell and Irene Dunne

6:30 p.m. "His Girl Friday" (1940), starring Cary Grant and Rosalind Russell

8 p.m.
A classic 1956 episode of "Dragnet"

8:30 p.m. "Royal Wedding" (1951), starring Fred Astaire and Jane Powell

Stay tuned to LRPA all weekend! Why go shopping when you can stay home and give yourself the gift of great, local TV? Join us at 10:30 p.m. this Friday and Saturday (November 24 & 25) for our "LRPA After Dark" presentation of 1951's musical comedy "At War With the Army," starring the classic comedy team of Dean Martin and Jerry Lewis. "At War With the Army" was the first starring vehicle for Martin & Lewis. Their roles in this film, as in all of their movies, fol-

low typecasting: Martin is the handsome Romeo, Lewis is the luckless jokester. "At War With the Army" has everything that you'd expect from a Martin & Lewis movie: loads of wonderful slapstick moments, as well as songs, shtick, crazy mix-ups and zany antics, and even a spoof of Bing Crosby and Barry Fitzgerald in "Going My Way." If it sounds like fun, then grab your popcorn and meet us after dark for this wacky sendup of Army bureaucracy.

And mark your calendars for the annual Greater Lakes Region Children's Auction presented by CruCon Cruise Outlet, Tuesday, Dec. 5 – Saturday, December 9. Join LRPA for minute-by-minute coverage all week long on MetroCast Channel 25 and also on Live Stream at <https://livestream.com/lrpatv/ca2017>.

Pop-Up Art Show to
feature area artists

LACONIA — Beginning on Saturday, Nov. 25, the Lakes Region Art Association (LRAA) will be holding a week long Pop-Up art show and sale at the Belknap Mill, located at 25 Beacon St. East in Laconia.

The show will open on Saturday, Nov. 25 from 9 a.m. to 4 p.m., and will also run the next week, Monday through Friday, from noon to 4 p.m. and Saturday, Dec. 2 from 10 a.m. to 8 p.m. It will feature the work of numerous Lakes Region artists and photographers who are also members of the association. Various different art mediums will be on display in the show including, but not limited to, oils, acrylics, watercolors, photography and art craft items.

On Saturday, Nov. 25, the downtown businesses, including the Mill,

will also be holding a Small Business Celebration. That weekend is also the start of the Mill's "Christmas at the Mill Celebration". It should be a fun day for both the downtown businesses and their customers.

The LRAA is a local educational and cultural organization that works to promote the appreciation, awareness and availability of visual fine arts in the Lakes Region. It is a charitable organization that, in addition to promoting the arts and art education in the Lakes Region, contributes to a local scholarship fund for students pursuing art studies in college. For more information email Richard Hartman, Association President at: rich99hartman@gmail.com or call 556-9271.

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Daniel “Doc” Jenifer receives Spaulding Youth Center’s Spaulding Spirit Award

NORTHFIELD — Spaulding Youth Center is pleased to present its Spaulding Spirit Award for the third quarter to Daniel “Doc” Jenifer, Senior Facilities Worker. The Spaulding Spirit Award honors employees and acknowledges their hard work. This peer-nominated award is given at each quarterly staff meeting to a staff member who

exemplifies Spaulding Spirit and makes peers proud to be working by their side. Jenifer was chosen as the Q3 Spirit Award recipient because he genuinely cares about creating a positive work environment and helping people. He loves seeing a smile on employees’ and students’ faces. Doc was ecstatic to receive the Spaulding

Spirit Award and a promotion to Senior Facilities Worker in the same week. Jenifer has worked at Spaulding Youth Center for almost three years, but has been vested in the organization for far more. His wife, Monique, has been a Spaulding employee for ten years and the couple live close to campus with their five-year-old son, Noah.

Originally from Maryland, he moved to New Hampshire after meeting his wife through mutual friends and loves the life they have built in the Granite State, which includes his small landscaping business, Doc’s Lawn Service. He was thrilled to receive an industrial-style leaf blower as his Spaulding Spirit gift to aid in this entrepreneurial endeavor.



Doc Jenifer

“Dan has been an asset to Spaulding Youth Center and the Facilities & Grounds Department, not just today, but every day!” shares Dennis Galimberti, Facilities & Grounds Manager. “When facing various challenges every day, Dan maintains a positive

attitude and is always looking to improve our processes. Dan will volunteer to stay late and come in early to accomplish tasks that can only be done during those times. Dan is a true shining star here at Spaulding Youth Center.”

Lakes Region Community College to host Open House Dec. 2

LACONIA — Thinking about going back to school? Lakes Region Community College is hosting an open house Saturday, Dec. 2 from 9 a.m. to noon at their Laconia campus. Faculty and staff representing each academic program will be on hand to answer questions and help students through the process, from start to finish. Students registering at the open

house will have the registration fee waived. Take a campus tour, check out campus housing, and learn about how you can complete your degree at LRCC. Lakes Region Community College offers 28 associate degree programs including Business, Accounting, Culinary Arts, Hospitality Management, Restaurant Management, Automotive, Nursing,

Graphic Design, Media Arts, Advanced Manufacturing, and Fire Science just to name a few. Short-term certificate programs are also available. Lakes Region Community College is a fully-accredited, comprehensive community college located in the Lakes Region of New Hampshire that serves more than 1,200 students annually. In ad-

dition, LRCC provides a strong background in Liberal Arts for students who choose to do their first two years at a community college and then transfer to a four-year college or university for a baccalaureate degree. LRCC is part of the Community College System of New Hampshire. For more information, contact Carlene Rose at 366-5225.

Belmont High School honor roll

BELMONT — Belmont High School has released its honor roll for the first marking term of the 2017-2018 school year.

Grade 12

High Honors- Madeline Basha, Jacob Blackey, Kaleb Brown, Alexis Day, Destiny Decato, Jessica Dion, Emily Drouin, Vincent Fleck, Connor Jackson, River Mathieu, Katelynn Mortrud, Wyatt Paquin, Thomas Pare, Harrison Parent, Matthew Pluskis, Nicholas Randos, Katherine Seiberth, Sydney Shepherd, Bryan Slater, Rachael Violette
Honors- Bryanna Berry, Maeve Burwell, Abigail Camire, Riley Carbone, Jessica Hutchinson, Umut Karadaban, H La Vallee, Amber Lema, Natalya Price, Emeli Reed, Jordan Sargent, Josephine Scarponi, Chloe Sottak, Steven Valengavich, Cody Watson, Brianna White, Noah Witham,

Meagan Wong
Achievement Roll- Keagan Berry, Nathan Bishop, Kacey Didonato, Hunter Dupuis, Willow Farley, Connor Gagne, Mary Lacey, Jordyn Lavallee, Taylor Murray, Catherine Phillips, Ellis Roundy, Jacob Sargent, Adam Sojka, Brian Trotter

Grade 11

High Honors- McKenzie Donovan, Zackery Duclos, Zachary Ennis, Morgan Ferguson, Nolan Gagnon, Kelly Hayes, Arianna Janosz, Christopher Moore Jr., Alice Riley, Skylar Ruelke, Megan Sinclair, Katherine Wieck
Honors- Gulmaro Arellano Jr., Kaela As-selin, Kyra Bryant, Kaitlynn Delisle, Connor Dupuis, Griffin Embree, Julianna Estremera, Elizabeth Fleming, Austin Garrett, Elise Hall, Brendan Kelley, Alexandra Laplante, Michael Marrone, Kyle Minery, Makayla Palmer, Zackery Poire, Griffin Rich-

ards, Kristopher Riley, Aidan Rupp, Robert Tonkin, Karley Towne, Bailey White, Margaret Witham
Achievement Roll- Colby Brown, Laurynn Burbank, Addison Cozzens, Samantha Decato, Austin Didsbury, Jazmine Faller, Graham Freer, Maria Hanson, Tatum Hartford, Cameron Magerer, Kathryn McClure, Angelo Papadopoulos, Kyleigh Peters, Autumn Porter, Hunter Shuten, Michael Sprague

Grade 10

High Honors- Rebecca Camire, Kaitryn Gagnon, Brook Hillsgrrove, Paige Irving, Adam Krasnecki, Hannah Leclair, Lawrence Major III, Faith Martin, Alexa Rolfe, Isabella Roundy, Sana Syed, Cody York
Honors - Kaitlyn Blais, James Bushey, Jia Chiu, Jackson Cozzens-Forgione, Julia Dunn, Dylan Greer, Rachel Griffiths, Hailey Hood, Edwin Mann, Lucas Mathieu, Kendra McCarter, Haley McGlynn, Sierra McIntyre, Hayden Parent, Nathan Shirley, Haley Treamer, Nancy Welcome

Achievement Roll- Annie Baker, Taylor Bishop, Devin Bricknell, Skylar Brown, Logan Calvo, Brandon Fielders, Teagan Fielders, Nicholas Miles, Alyssa Morse, Jonathan New, Caleb Paquette, Holley Paquin, Ronald, Pesa, Bryhannah Pinard, William Robarge III, Madison Scarponi, Ramsay Stroud

Grade 9

High Honors- Stella La Vallee, Mikaylah Stewart
Honors - Kelley Allen, Kaylee Cormier, Aurora Couto, Teigan Didonato, Micah Edgren, Rebecca Fleming, Bryce Hall, Chloe Jackson, Eamon Kelley, Madison Lima, Rashaun Magdich, Isabella McDonald, Molly Sottak, Kara Stephens, Kyle Whitcomb
Achievement Roll- Emma Cochran, Gillian Copson, Darren Dutton, Raven Gates, Morgan Hall, Alyzabeth Havonglasan, Ashton Kelly, Oliver Mahoney, Connor Moore, Benjamin Pare, Emma Roberts, Nicholas Sherburne, Gianna Sode, Nathan Sottak

Christian Smith inducted into the Colby-Sawyer College Presidential Blue Key Society

NEW LONDON — Colby-Sawyer is pleased to announce that Christian Smith of Sanbornton has been selected as a member of the Presidential Blue Key Society (PBKS). Chosen to embody and inspire the learning spirit of Colby-Sawyer, the new members celebrated their induction at a luncheon hosted by Colby-Sawyer President Susan D. Stuebner, Ed.D. Smith is a member of the Class of 2020 majoring in business administration.

The PBKS is a revival and expansion of the Key Club, an organization initially established as a club for campus tour guides in the 1940s that was discontinued at the turn of the century. In 2015, the organization was reinstated in a broader capacity as a result of an objective to empower student leaders to share their learning experiences with other students as well as the internal and

external community. An invitation to apply for membership is announced each spring; interested students are required to submit an essay demonstrating their commitment to the mission of the college and provide documentation of at least 30 hours of voluntary service for, or on behalf of, Colby-Sawyer. A minimum GPA is also required and must be maintained throughout their affiliation. Society members act as ambassadors on campus and beyond, formally and informally, by serving on admissions panels, connecting with alumni and offering students’ perspectives at select Board of Trustees events. Members are invited to participate in a monthly colloquium series led by campus leaders that provides a comprehensive understanding of higher education. Each member is also matched with an alumni mentor.

Northfield’s Olivia Martinson participated in Emerson Stage’s production of Incorruptible.

BOSTON, Mass. — Olivia Martinson of Northfield, a Creative Writing BFA major and a member of the class of 2019, participated in Emerson Stage’s production of Michael Hollinger’s “Incorruptible,” which ran Oct. 19-22 at the Robert J. Orchard Stage/Paramount Center. “Incorruptible” is a farcical comedy rich in verbal and physical humor that explores the fragility of faith in the face of survival, the slippery slope of temptation, spiritual vs. material ideals and this age-old ethical dilemma played out in today’s news: do the ends justify the means? The cast and crew are composed of Emerson College students,

who lent their energy to Hollinger’s Incorruptible and gained valuable professional experience in exchange. Emerson Stage is the producing organization of the Department of Performing Arts at Emerson College. Onstage and backstage, Emerson Stage provide students with the tools and experience to become the next generation of theater artists. Our student actors, designers, stage managers, technicians, and educators work side-by-side with faculty, professional staff, and visiting artists to perfect their skills and deepen their understanding for their craft and the role theater plays in enriching our culture and community.



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Spaulding Youth Center hosts Thanksgiving Luncheon, recognizes community award recipient

NORTHFIELD — On Nov. 16, Spaulding Youth Center hosted our annual Thanksgiving luncheon on campus for all students, campus staff, supporters, community partners and friends. With turkeys once again generously donated by MetroCast, the Spaulding Youth Center Dining Services department prepared a traditional turkey dinner with all the trimmings. This feast was then proudly served with a smile by Spaulding Youth Center students.

This annual Thanksgiving feast is a favorite tradition for those both on- and off-campus. Its popularity is demonstrated by the sheer number in attendance.



COURTESY

On Nov. 16, Spaulding Youth Center hosted our annual Thanksgiving luncheon on campus for all students, campus staff, supporters, community partners and friends.

Grade 5 students from Sanbornton Central take part in local manufacturing tour

BY DONNA ANDERSON
Sanbornton Central School

SANBORNTON — Thanks to the New Hampshire Manufacturing Extension Partnership, fifth graders from Sanbornton Central School were hosted by three local manufacturing companies as part of a manufacturing tour. Freudenberg-NOK, Eptam Plastics, and Titeflex Aerospace welcomed the students on Oct. 18. Prior to their tours, the SCS students had been learning that manufacturing describes the transformation of raw materials into finished goods. Students were thrilled to see what modern manufacturing looks like in their own community.

SCS's fifth grade teacher, Mrs. Ander-



COURTESY

Thanks to the New Hampshire Manufacturing Extension Partnership, fifth graders from Sanbornton Central School were hosted by three local manufacturing companies as part of a manufacturing tour.

son, stated that, "We were able to see how science, technology, engineering and math (STEM) are put to use in these companies every day." It was wonderful for students to see the many career opportunities in manufacturing. While touring the factories, students were encouraged to ask ques-

tions and comment on what they saw. At Freudenberg, Bryson noted, "If they didn't make the rubber shower head piece, the water would gush out all over the place!" Henry said, "If they didn't make oven door gaskets, then the oven would use a lot more power to cook food, and that would be bad for

the environment."

Everyone loved seeing the dry ice at Eptam Plastics, with Jamie saying, "The dry ice was so cool! I learned that it smooths out the plastic so it's not so rough."

The final afternoon tour at Titeflex Aerospace was exciting too. One student exclaimed, "I loved the 3D printers! It inspired me to get one for myself when I get older!"

This was a fantastic experience for students. Not only did they get the chance to see manufacturing in action within our community, but they were able to connect it to their classroom learning on the engineering design process.

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Living Well

Four Common Planning Mistakes Made by Elders

By Edward H. Adamsky
Everyone gets older, and unless you just drop dead someday, you will have to face the fact that you will need help as you



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become less able to handle your affairs (financial or personal/physical). No one wants to admit this, especially those who don't want to appear weak. But, it will probably happen. So, if you are ready to think about it, then you should be aware of some common mistakes people make when planning.

1) Not Planning At All.

It's hard to think about difficult issues and nasty situations. You may just go along living your life

without thinking about the future, and it works out okay – at least until something goes wrong. Instead, it makes sense to think about the future, to consid-

er what you want, and to make the right plans so the future works out the right way. You should at least do the basics of Life & Estate Planning including a Will, a Power of Attorney, and a Health Care Directive. Without those crucial tools in place, no one will be able to help you when you need it.

2) Having Joint Accounts with Children

Many people think they are all set if they have a daughter or son's name on their bank accounts. Sometimes they get this advice from friends or someone at their bank. It's true that this makes it possible for a child to pay bills

with the bank account, but there are issues with joint accounts that need to be considered.

The major issue with a joint bank account is that the problems of all of the joint owners can affect the account. If your child has debts or other financial problems, the money in your account could be lost. The other major problem with just a joint checking account is that it doesn't allow your child to do anything else except write checks. All of your other personal business can only be handled by you, or by your duly appointed Agent under a Power of Attorney. Joint Accounts are not enough.

3) Only Planning for Death

Some folks think that a Will is all they need. But a Will only takes care of your assets after you die. This is your Estate Planning tool. But you need the "Life Planning" tools too. These are the Health Care Directive and the Power of Attorney. Those tools allow your chosen representative to handle you money and property while you are alive, but unable to do so, or to make medical decisions for you if you cannot.

4) Paying for Help Under the Table

It seems simple to just get a friend or neighbor to come to the house to help you out, and pay cash without any paperwork. Although that would be easy, it would be illegal and could cost you thousands of dollars. Anyone who comes into your home to help you – unless they are an employee of an agency – is your employee and you must withhold taxes, Social Security, and Medicare from their pay. You must also have Worker's Compensation Insurance for your employee. Failure to do all of this may subject you to labor sanctions and, worst of all, full liability for injuries to your employee.

It makes so much sense to plan thoroughly for your future needs. The best way is to see an Elder Law Attorney and learn about your options and the tools you need to ensure your wishes are met. Do not wait until it is too late to plan. Start right now!

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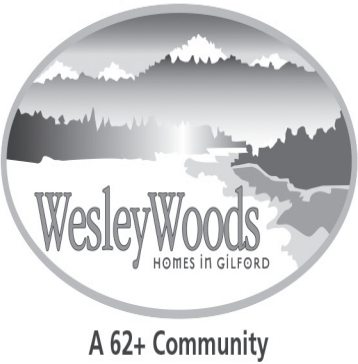


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SUPER SENIORS

Living Well

There is magic in water

Exercise and Physical Therapy in the water is fun and offers great health benefits for seniors.

By Anna Swanson
When it comes to YOUR health, knowing what your choices are is key to improving the quality of your life. Getting older does not mean you have to be less active. Seniors looking to keep moving and get some quality exercise throughout the week can benefit from exercising in a pool. Not only does the water provide the necessary resistance for working out your muscles and joints, it also provides a low-impact environment for doing so--a benefit to seniors with arthritis and joint pain. You do not need to know how to swim to exercise in the water.



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As we age, we often face what can be a frustrating dilemma. On one hand, exercise can extend our lifespan and improve our quality of life; on the other, many exercises run the risk of causing a fall or suffering a joint injury. Water exercise, such as water aerobics, joint mobility classes and water Physical Therapy, provide the benefits of exercise while taking away the risks.

Heart Benefits: Cardiovascular exercise is especially important for seniors because it directly reduces the partici-

pants' risk for circulatory problems such as heart disease. Resistance workouts in the water help maintain strength and stability which can go a long way toward preserving the balance, range of motion and mobility that we often begin to lose.

Joint Protection/ Muscle Strength/ Calorie Burn: Some of the more traditional exercise choices such as running or aerobics can be hard on the joints. The repeated impact of your feet landing on the ground places strain on the ankles, knees, hips and back. Water exercise protects your joints in two ways. The buoyancy of the water supports a portion of your weight, reducing the load on

your joints as you move. The resistance of the water is 12 times the resistance of air. This helps us gain muscle strength, prevents any of our joints from moving too quickly and increases our metabolism helping us burn more calories. Many physical therapists and water classes incorporate equipment like water paddles, noodles, ankle weights, and buoys to further induce strength gains.

Fall Prevention: Falling is a major concern for many of us, owing to a combination of reduced balance and growing fragility of bones. This can make many exercise options too risky. In the water, our natural buoyancy helps to keep us upright. Even

if we do lose our balance completely, we will splash gently into the liquid rather than falling to the floor.

There are many options for exercise and physical therapy in the Greater Plymouth area, but only one offers a combination of AQUATIC and LAND therapy for total body fitness. PEMI-BAKER COMMUNITY HEALTH.

PBCH, at the Health Place on Boulder Point Drive, offers Physical Therapy sessions on land and in the water, Joint Mobility classes in the pool, Beyond Better Balance classes on land and Senior fitness memberships. The centerpiece of Pemi-Baker Community Health is a beautiful, 90 degree, therapy pool. With stability bars, a hydraulic lift, a bench with massage jets and deep and shallow water for non-weight or weight bearing exercises: this pool has everything you need. You do not need to know how to swim to have an effective treatment in the pool. Contact PBCH for your physical therapy referral at 536-2232 or www.pbhha.org for class and membership offerings.

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From left to right Patti Thompson, Pam Baker and Patty Stewart

Debunking The Broker Myth by Patty Stewart

One of the questions that we are most frequently asked is "how much will your services cost me"? Most people do not understand that using a broker is a free service to them. Having a broker compare plans with you is beneficial and does not cost you any fees. Brokers are paid by the insurance companies. A good broker will compare several plans for you each year to make sure you are with the right plan that meets your coverage and budget needs. In the long run, broker fees are built into the cost of coverage so everyone should use a broker, it just makes good sense!!

Give Us A Call! Ask for Patty Stewart.
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Tanger Outlets to open on Thanksgiving night, kicking off holiday shopping season

Holiday savings begin at Tanger on Thursday, Nov. 23 and Continue throughout Thanksgiving Weekend

TILTON — Kicking off the holiday shopping season with a post-Thanksgiving dinner celebration, Tanger Outlets Tilton announced today that stores will be open the evening of Thanksgiving

Day at 6PM and remain open through 10 p.m. on Black Friday. Tanger Outlets’ Moonlight Madness After Thanksgiving Sale will offer shoppers the opportunity to take advantage of huge savings at their

favorite brand name and designer outlet stores before the Black Friday rush. Tanger Outlets Tilton will offer special deals beginning on Thanksgiving and continuing throughout the weekend.

“We’ve been opening our stores early on Thanksgiving Day in recent years, and our customers have responded positively to it,” said Steven B. Tanger, Chief Executive Officer of Tanger Factory Outlet Centers, Inc. “Shopping on Thanksgiving night has become a tradition for many families, and we enjoy giving our guests a leg-up on their holiday shopping.”

Thanksgiving Weekend
Operating Hours:
Thanksgiving Day, 6 p.m. – midnight
Friday, Nov. 24, Midnight – 10 p.m.
Saturday, Nov. 25, 9 a.m.-10 p.m.
Sunday, Nov. 26, 10 a.m.-7 p.m.

Beginning on Friday, Dec. 1, the Tanger Outlets in Tilton will extend shopping hours every Friday and Saturday nights and remain open until 10 p.m. A complete list of Tanger Outlets participating in holiday store hours and special savings can be found at www.tangeroutlets.com.
Tanger Factory

Outlet Centers, Inc. (NYSE:SKT), is a publicly-traded REIT headquartered in Greensboro, North Carolina that presently operates and owns, or has an ownership interest in, a portfolio of 44 upscale outlet shopping centers. Tanger’s operating properties are located in 22 states coast to coast and in Canada, totaling approximately 15.3 million square feet, leased to over 3,100 stores which are operated by more than 510 different brand name companies. The Company has more than 36 years of experience in the outlet industry. Tanger Outlet Centers continue to attract more than 188 million shoppers annually. For more information on Tanger Outlet Centers, call 1-800-4TANGER or visit the Company’s Web site at www.tangeroutlets.com.



Joseph Thornton



Dawn Beers



Julie Buker



Kenneth Sawyer

Franklin Savings Bank announces promotions

F R A N K L I N — Franklin Savings Bank announced last week the promotions of Joseph Thornton to Senior Vice President, Retail Banking Officer, Dawn Beers to Vice President, Marketing Officer, Julie Buker to Assistant Vice President, Retail Operations Officer, and Kenneth Sawyer, Assistant Vice President, Business Relationship Officer.

“This is a wonderful accomplishment for Joe, Dawn, Julie and Ken,” commented Ron Magoon, President & CEO. “Their commitment to and passion for

community banking is evident in how they carry out the responsibilities of their respective roles at the bank. Collectively, they have over 65 years of experience in community banking in their area of discipline which is truly amazing.”

In his role, Thornton will continue to lead the bank’s Retail Banking Division to achieve exceptional customer service throughout the bank’s seven offices, as well as attain the strategic objectives for the department. Thornton joined FSB in 1992 as Teller Supervisor.

Throughout his 25 years with the bank, he has advanced to several key positions to include Branch Manager (1996), AVP, Regional Retail Officer & Assistant Branch Administrator (2003), AVP, Retail Sales & Branch Administration (2005), and VP, Retail Sales & Branch Administration (2011).

Next, Beers is responsible for general oversight and management of the bank’s marketing and public relations initiatives, in addition to planning, organizing and directing all advertising, public relations,

sales promotions, and research efforts. She also has control over strategic brand management, direct marketing, branch merchandising,

SEE **BANK**, PAGE A15

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Edward Jones: Financial Focus

During Holidays, Be Extra Vigilant About Protecting Financial Data

To help achieve your long-term goals, such as a comfortable retirement, you should save and invest regularly. But that’s only part of the picture. You also need to protect your financial assets in various ways. One such method is guarding your personal information – especially any information that could be linked to your financial accounts. It’s obviously important to be vigilant at any time, but you need to be even more on your toes during the holiday season, when fraudsters are particularly active.

So, to help keep your important data under wraps during the holidays, consider these suggestions: Extend your protection to all mobile devices. Identity thieves can now compromise your mobile devices by installing spyware that steals usernames, passwords and credit card information. Fortunately, you can fight back. By doing a little research online, you can find the best mobile security software for your needs.

Use multiple passwords. Online security specialists recommend that you use different passwords for each new online shopping site you visit during the holiday season. Although this might seem like a hassle, it can be helpful, because even if identity thieves were to grab one of your new passwords, they still couldn’t use it for other sites you may visit. And you can even find a free online program that can help you keep track of all your passwords.

Be suspicious of “huge savings.” It happens every holiday season – identity thieves develop fake sites with attractive graphics and stunningly low prices on a variety of items, especially digital devices. If you fall for these pitches, you

won’t get any merchandise, but you might get a handful of headaches once the bad guys have your credit card number and other personal information. To prevent this, be wary of any deal that sounds too good to be true, and do some digging on the websites that offer these mega-savings.

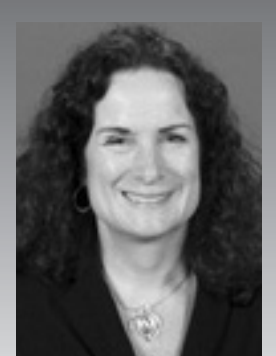
Watch for fake shipping notices. During the holidays, when you may do a lot of online shopping, you will probably receive some legitimate shipping notices. But the bad guys have gotten pretty good at generating fake notices designed to resemble those from UPS, FedEx and even the U.S. Postal Service. If you were to click on the link provided by one of these bogus notices, you could either take on some malware or get taken to a “phishing” website created by the shipping notice forgers. Your best defense: Only shop with legitimate merchants and only use the tracking numbers given to you in the email you received immediately after making your purchases.

Keep your Social Security number to yourself. As a general rule, don’t give out your Social Security number online — to anyone. No legitimate retailer needs this number. Finally, be aware that not all attempts at stealing your personal information will come online. When you’re out shopping at old-fashioned, brick-and-mortar stores, consider bringing just one credit card with you — and protect that card from prying eyes. By following these precautions, you should be able to greatly reduce the risk of being victimized by identity thieves and other miscreants. And the more comfortable you are in doing your holiday shopping, the more you can enjoy the season.

This article was written by Edward Jones for use by your local Edward Jones Financial Advisor. For more information or to sign up for their monthly newsletter, contact your local Financial Advisor.



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BANK

CONTINUED FROM PAGE A11

product management, marketing communication materials, media relations, and departmental budgeting. Beers joined FSB in 2015 as AVP, Marketing Officer.

In her role as AVP, Retail Operations Officer, Buker will continue to maintain responsibility for the operational performance of the bank’s branch network, ensuring all policies, procedures, security

and compliance are being adhered to in accordance with state and federal regulations. Buker joined FSB in 2010 as Branch Manager of the Upper Central Street location. In 2013, she was promoted to Customer Contact Center Manager, then advanced to Branch Operations Officer in 2015.

Sawyer will continue to oversee the bank’s Gilford office and will remain focused on cultivating business relationships throughout FSB’s geographic foot-

print. He joined the bank in 2006 as Branch Manager and was later promoted to Regional Sales Manager in 2010, then Business Development Officer & Market Manager in 2015.

Established in 1869, Franklin Savings Bank is an independent, mutually-owned community bank, offering a full array of commercial lending, personal banking and investment services throughout the Central Lakes Region and southern New Hampshire. Headquar-

tered in Franklin, the Bank has offices in Bristol, Boscawen, Tilton, Gilford and Merrimack, as well as an office in Bedford for business lending. Franklin Savings Bank also offers investment, insurance and financial planning services through its wholly-owned subsidiary, Independence Financial Advisors, from

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team of employees, a diverse line of financial products and services, and continued investment in emerging technology.

You can learn more about Franklin Savings Bank by calling 1-800-372-4445, or visiting www.fsbnh.bank, or following the bank on Facebook, LinkedIn, Twitter and YouTube.

NOTEBOOK

CONTINUED FROM PAGE A5

ed portions of the road, is the North Hill Cemetery. It is here, in the far left corner, where the mortal remains of old Metallak are said to rest, beneath a handsome granite stone bearing a few lines of his story.

The stone and its immediate environs are always adorned with gifts and totems large and small, ranging from coins and porcupine quills and glass beads to animal bones and claws

and even two fine and highly decorated lances thrust into the ground on either side. Interesting, to me, is that no one ever seems to see who puts these honorifics here, in this far and out of the way place. They just appear.

My passengers, almost speechless at this scene, got back in, and we nosed our way the rest of the way down, lucky not to meet anyone, and went off to lunch, trying to make sense of such a monstrous project being

rammed down through such a beautiful and singular place.

And I had to wonder what old Metallak would think of it all, if he could take time out from spinning in his grave.

(This column runs in a dozen papers covering two-thirds of New Hampshire and parts of Maine and Vermont. Letters should include town and telephone numbers in case of questions. Write to campguyhooligan@gmail.com or Box 39, Colebrook, NH 03576.)

KENNEL

CONTINUED FROM PAGE A1

even working with canine search and rescue teams.

Over the years, his nephew Michael has also lent a hand whenever he could, so when “Uncle Don” said he was going to retire and sell Birch Hill Kennel and his home, it didn’t take a lot for him to step up to fill his shoes.

“I’ve been helping him out for a number of years now and my son Jacob has even come up to help, too,” said Michael. “We enjoy the dogs and all the animals that come here and decided this is what we wanted to do as a family.”

Michael will continue the current Birch Hill Kennel contract as the ACO for Northfield and as a shelter for Til-

ton Police Department when they find lost or stray animals. In fact, he comes to the job with a background in law enforcement himself. After several years as a security officer for New Hampshire Hospital in Concord, he is now a police officer in the Town of Bow.

His wife Tonya has been involved in retail and customer service for a number of years and she now looks forward to running the business end of their new venture. Their children, in middle and high school, will be pitching in as well when they aren’t involved in school activities.

“Jacob’s going to help out with the day-to-day operations and Jocelyn wants to make her own treats for all the animals who come here,” Carpenter said.

Besides care for lost or stray animals, the Carpenters will continue offering services to family pets such as day care, kenneling care for vacations and even a “Bed and Breakfast” option for pets who would like a little more luxurious short term care.

“With the bed and breakfast, the dogs get to stay in a bigger building out back that’s more like home and has a private fenced in area behind it for them to exercise,” said Carpenter.

No matter what option- daycare, kenneling, or bed and breakfast, the animals all get plenty of exercise and quality care at the same time.

“We’ll send them all home tired and happy,” Carpenter said.

Grooming is another service they will be offering but they are currently in search of a top-rate groomer who would like to join the Birch Hill Kennel family.

“If anyone out there is interested, they should give us a call,” he added.

TAX RATE

CONTINUED FROM PAGE A1

for services provided through Belknap County.

Payments on this

year’s taxes are due by December 21 and may be mailed or paid in person at the Sanbornton Town Offices during normal business hours.

NHHS

CONTINUED FROM PAGE A1

donated and unwanted animals; find responsible and caring forever homes; advocate and be the voice for the voiceless. The Society works hard to prevent cruelty to animals and offers education and outreach programs, pet therapy, and many community initiatives to help people

and their pets. To view adoptable pets, visit www.nhhumane.org.

The New Hampshire Humane Society also accepts monetary donations online at www.nhhumane.org, or specific items, which can be found online at our “Wish List,” can also be dropped off during shelter hours or by special arrangement.

PARADE

CONTINUED FROM PAGE A1

the children along the way, he will also pause to light the downtown Christmas tree at the Main Street and Park Street intersection as he passes by.

Following the parade everyone is invited to gather at Riverfront Park where Santa will

then be waiting at the pavilion to meet all the boys and girls in person. Hot chocolate, coffee and snacks will also be available to keep the crowds warm as they await the fireworks display over the river.

The parade will begin at 4:15 p.m., and fireworks are scheduled for 6 p.m.

SYC

CONTINUED FROM PAGE A7

ognized a community award recipient for his extensive and ongoing support over the years. The 11th Annual You’ve Got a Friend Award was

presented to Art Swenson. Mr. Swenson is a talented local photographer who helped Spaulding Youth Center launch our annual school pictures program three years ago. With his help, families of our students

receive a traditional fall school portrait package to commemorate the school year. Mr. Swenson has been a friend and supporter of Spaulding Youth Center and was honored to receive this recognition.

LIBRARY

CONTINUED FROM PAGE A3

Monday the 11th at 5 p.m.
Trustees Meeting - Open to the Public
Monday the 11th at 6 p.m.
Hand Sew Felt Ornaments - Adult Craft Time
Wednesday the 13th at noon
Scrabble in the After-

noon - Play a friendly game.
Thursday the 14th at 2 p.m.
Hand Sew Felt Ornaments - Adult Craft Time
Monday the 18th at 2 p.m.
Lug a Mug... Bring in a mug (or use one of ours) and enjoy a coffee or hot chocolate on us.
Monday the 18th at 6 p.m.
Scrabble - Adults Only
Thursday the 21st from 5-7 p.m.
Winterfest: Family Fun Event - Children and their families are invited to celebrate the first day of winter with fun crafts and activities at the library. Cookies and hot chocolate will be served.
Monday the 25th and Tuesday the 26th
Library Closed for the Christmas Holiday... See you Wednesday
Wednesday the 27th at 4 p.m.
YaH Book Group... “What Light” by Jay

Asher - Sierra’s family runs a Christmas tree farm in Oregon—it’s a bucolic setting for a girl to grow up in, except that every year, they pack up and move to California to set up their Christmas tree lot for the season. So Sierra lives two lives: her life in Oregon and her life at Christmas. And leaving one always means missing the other.

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PYC

CONTINUED FROM PAGE A1

love playing soccer out on the back lawn,” she said.

It’s not just fun and games though. Confidence, self-esteem and a sense of purpose are just a few of the important things the center helps instill in its participants

Ella, Logan, Jillian and Amanda said that in just a few weeks they already look forward to crossing the street from school to spend a few hours together at PYC-T.

“My friends are all here. We don’t have to

ride a bus to get here and we play a lot of games together. It’s really a lot of fun,” said Logan.

Jillian said she likes doing crafts and looks forward to the completion of the second floor craft room while Ella said she likes knowing she can get help with her schoolwork. They agreed that the after-school snacks available in the center’s café style kitchen are great, too.

Plymouth Board member Dutille said she was happy to see the ribbon cut on the new Tilton center. Tilton Police Chief Robert Cormier

has been on the board for the Plymouth Pemi Youth Center since it opened in 1999, and Dutille said she knew how much it meant for him to finally bring their concept to Tilton.

“Chief Cormier has been dreaming of this for years and I’m so glad his dream has finally come true,” said Dutille.

Cormier was certainly all smiles as he greeted everyone and thanked all who helped make the newest Pemi Youth Center possible. During his years as a police officer in Plymouth, he said he saw what a positive dif-

ference the center made and when he came to Tilton, he found many similarities between the two communities.

“When I first went to Plymouth, there was no place for the kids to go after school and a lot of them had home lives that weren’t perfect. The businesses were getting frustrated with them hanging around downtown but there was nothing else for them to do until Glenda (Twomey) came up with the idea for the Pemi Youth Center,” he said. “We have the same things, those same problems going on

here in Tilton but now, in just a month, I’m already seeing a huge difference in these kids. It’s awesome.”

Cormier said he is truly grateful to WRSD, which made the center part of their new System of Care Grant that helps fund the program, and to Mary Steady of the N.H. Department of Education who helped obtain the grant.

Doug Rollins of Exit Lakeside Realty Group offered a generous lease for the building and many skilled professionals gave their time to transform it from a real

estate office to a second home for youth in the program. Volunteers also lent countless hours to the process while many generous individuals and local businesses donated furniture and other needed supplies.

“Most of all we have an All-Star Board of Directors here who come from all walks of life, from the Director of Tilton School to local business people and parents. Their energy and passion to help change the lives of children in the Winnisquam school district has been incredible,” said Cormier.

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SPORTS



BOB MARTIN

Caleb Burke (10) was named to the first team All-State for what his coach Mike Foley called a “dominating” season.



BOB MARTIN

River Mathieu was named to the second team All-State in his senior year for his solid play in midfield for Belmont.



BOB MARTIN

Nate Sottak had a fantastic freshman season on the Belmont varsity soccer team, and his strong play gave him a second team All-State nod.

Four Raiders earn All-State honors

BY BOB MARTIN

Bob@Salmonpress.news

BELMONT — The Belmont High School boys’ soccer team had a solid season, going 10-5-1 and making it to the quarterfinals in the Division 3 state tournament. Much of the success was due to the great play by junior defender Caleb Burke, who was named first team All-State, as well as senior midfielder River Mathieu, junior midfielder Zach Ennis and freshman forward Nate Sottak, who all made second team All-

State.

“This group is very deserving, particularly Caleb, who I am so happy to see named to the first team,” said coach Mike Foley. “To make first team on the defensive end is not always easy, but he Caleb such a fantastic, dominating year for us. His reward is easily justifiable.”

Foley said with Mathieu and Ennis, they played solid midfield all year long. Foley said it is not always easy playing in the midfield, since this is generally where



BOB MARTIN

Zach Ennis was named to the second team All-State in his junior year.

the best players are. To have two of them selected, meaning they are two of the division’s top six midfielders, says a lot about their play this past fall.

“Both of them are great, hard working kids and their hard work obviously really paid off,” said Foley.

Sottak finished the year with nine goals

and seven assists in his first year of high school soccer. Foley sang high praise for the freshman forward, and with his career just beginning, Belmont High School

has great things to look forward to for years to come.

“He is everything we thought he would be and a little bit more,” said Foley.

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BOB MARTIN

Julianne Estremera had a fantastic senior season with 22 goals and 12 assists, and her hard work was recognized by being named first team All-State.



BOB MARTIN

Chloe Sottak finished her soccer career at Belmont High School and was a defensive leader on the team last season. She was named as an honorable mention for All-State this year.

Estremera, Sottak named to Division III All-State

BY BOB MARTIN
Bob@Salmonpress.news

BELMONT — The Division 3 girls’ soccer All-State teams were announced last week, with Belmont High School junior Julianne Estremera named to the first team and senior Chloe Sottak named as an honorable mention.

Estremera led the team with 22 goals and 12 assists, and was the focal point of the Red Raider offense throughout the season. She was one of the main reasons Belmont made it to the semifinals after going 10-3-3 in the regular season. “She is a well-rounded, three-sport ath-


lete,” said coach Mark Dawalga, who pointed out that she was also named to All-State teams in softball and basketball during her sophomore year. “She was a great player for us all season, and just a great girl to coach.” Dawalga has raved about the play of her star striker all season,

and has called her one of the top players in Division 3. She strung off multiple games where she found the net on more the one occasion, and even when she wasn’t the one putting the ball in, she was an integral part of the scoring process. Sottak, the team captain for Belmont girls’

soccer, was the stopper who led the defense for the Red Raiders. Dawalga said much of the team’s success revolved around her play. Dawalga has called Sottak the team’s “anchor,” and said she will be missed. Dawalga has prided in Sottak’s ability to overcome adversity, shuffle between

different coaches and positions, and being a positive impact player during her four years at Belmont High School. “She is a big part of the reason that we only gave up 13 goals all year,” Dawalga said. “She took all our corners and all our set kicks. She had a solid year.”

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COURTESY PHOTO

Coaches Kris Genakos (left) and Steven Hepburn (right) with LRU’s U15 girls.

Lakes Region United sends two teams to finals

REGION — Lakes Region United sent two teams to the New Hampshire Soccer League playoffs last weekend in Pembroke. On Saturday, LRU’s U15 girls beat the FC Stars 2-1 in the division 2/3 semifinals. They jumped to a 1-0 lead in the first half, with Abby Jarvi playing a through ball for Venessa Genakos, who slotted the ball into the bottom right corner. The FC Stars equalized, but



COURTESY PHOTO

Coaches Chris McDonough (left) and Kory Keenan (right) with LRU’s U14 boys.

Jarvi struck again in the second half after collecting her own rebound during a breakaway. In Sunday’s final, the team fell 1-0 to Shaker Roads School in a very close game. Assistant Coach Steven Hepburn said, “The girls played well defensively in the final. We had control in the second half but just couldn’t find goal-scoring opportunities.” Meanwhile, LRU’s U14 boys beat Hampshire United 2-0 in Satur-

day’s division 1/2 semifinals, with Gilford’s Tanner Keenan setting up Canterbury’s William Riley for both goals. Keenan and Riley combined for another goal in Sunday’s final, but the team fell 4-1 to Kearsarge United. Coach Chris McDonough said that the Kearsarge team was “really strong, very fast, and they should be commended for a well-played game.” The tournament in Pembroke marked the

end of LRU’s fall season. The club had more than 100 athletes playing in New Hampshire Soccer League this fall. LRU’s athletes are currently playing in the first winter session at Fieldhouse Sports in Bow, with weekly practices held at Tilton Sports Center. LRU is a non-profit organization that keeps costs reasonable by relying on experienced parents and volunteers to coach teams. The club also benefits from the

generosity of sponsor Cantin Chevrolet and local towns, which provide field time for practices and games. Club president John Stow of Gilford said, “We’re very fortunate to have so many volunteer coaches and parents who contribute their time to keep youth soccer competitive, fun, and affordable in the Lakes Region.” Players interested in learning more about LRU should visit LRU-soccer.com.



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Dawalga, Foley earn Coach of Year honors

BY BOB MARTIN
Bob@salmonpress.news

BELMONT — Strong athletic programs tend to have strong coaching, and that is no different at Belmont High School, with coach Mikey Foley of the boys’ soccer team and Mark Dawalga of the girls’ soccer team receiving Division 3 coach of the year honors.

For the fourth time in his 18-year coaching career, Foley named the Division 3 coach of the year by his fellow coaches last week.

“It is definitely a humbling experience being named,” Foley said. “We had a good year. I had lost a lot of players from the year before and we were able to put together a quality team that did well. When you put in work like that, it is always nice to be recognized by my peers.”

Foley said there were other coaches in the division who he thought had fantastic years and could have just as well come away with the honor. For



BOB MARTIN

Belmont boys’ soccer Coach Mike Foley won coach of the year for Division 3 this year.

this reason, he said the award was not on his radar and was a huge surprise.

The Red Raiders went 10-5-1 and made it to the state tournament as a number eight seed. The team shut out Mascoma Valley 5-0 in the second round

before losing a tight 3-0 game on a rainy day at Derryfield in the quarterfinals. Foley said he was pleased to be recognized for the team’s success, but was quick to give the credit back to the athletes on the field who made it happen.

This was the first year for Dawalga coaching varsity soccer at Belmont, as he was a junior varsity coach in previous years. He said it was an incredible feeling to be honored by the coaches around Division 3.

“I am very grateful for all the coaches who recognized the work I put in, but I am most grateful for the kids,” said Dawalga. “It is really on them about buying in to what we are doing. This award is about them. It is a trickle-down effect,

and I am a strong believer of that.”

The Belmont girls’ soccer team went 10-3-3 and made the state tournament as a number 5 seed. The Red Raiders shut out 12th ranked White Mountains in the first round 3-0 and then beat fourth ranked Hopkinton 1-0 in the quarterfinals. Belmont nearly made its second straight finals appearance, but were knocked off in a close game against top ranked Raymond by a score of 3-1.

Dawalga said he was helped by returning starters from last year like Chloe Sottak, Julianna Estremera and Lizzie Fleming. He said this made the transition to the head coaching varsity job fairly easy for him, and led to a successful season.

“All those kids, along with all the freshmen who came in, did so much for us,” said Dawalga. “I couldn’t have done it without their support and everything they did for the program this year. I have a lot of respect for all our coaches and I have a lot of respect for the kids who play, so this is a true honor and privilege. I’m very grateful.”

Dawalga said the team graduated seven seniors from last year, but he was fortunate enough to know many of the girls on the team who had come up through the program. This made the transition easy, but he said the success of the team and his award still came as a relative surprise to him.

“With a freshman goalkeeper and some young players, you’ve got to lean heavily on the girls who are returning,” said Dawalga. “Did I expect we would go 12-4-3? No I didn’t. But this group here, they got it done.”

Dawalga said while the goal is always to win titles, what is even more important is the quality of the kids going through the program and developing them. He commended Foley for his work in

SEE **HONORS**, PAGE B10



JOSHUA SPAULDING

RACHEL HOOKER battles around a Beaver Country Day attacker in action last week.



JOSHUA SPAULDING

ANYA FOUND unloads a shot during her team’s quarterfinal game last week.

Bobcats roll past Beaver Country Day in quarterfinals

BY JOSHUA SPAULDING
Sports Editor

WOLFEBORO — Coming off their Lakes Region championship, the Brewster soccer girls took care of business in fine fashion in the NEPSAC quarterfinals on Wednesday afternoon, knocking off Beaver Country Day by a 5-0 score on the turf of Brown Field.

Keeper Brooke Rooney made a nice save right out of the gate and the Bobcats came back with some pressure at the other end in the first couple of minutes, but couldn’t get a shot on goal. However, Makenzie Donovan found Abigail Hoff for a bid that was denied as Brewster’s first shot on goal.

With less than five minutes gone in the game, the Bobcats strung a couple of passes together that resulted in the game’s first goal. Emily Dumaresq sent the ball in to a charging Anya Found, who crossed the ball in front of the net and Madeline

Flagg was waiting at the far post to tap the ball in and send the Bobcats on their way.

Hoff had a shot go over the net and Flagg sent a ball in with a nice cross but the ball was cleared out of the zone. Brewster got the game’s first corner but could not convert and then Rooney came up with a big save in close to keep the visitors off the board. Donovan and Flagg just missed connecting on a bid for the Bobcats. Beaver had a great chance on a direct kick from just outside the box and Rooney leaped to get a hand on it and push it off the crossbar and out of harm. Donovan came back with a direct kick at the other end that was cleared out.

Katelynn Nice stepped up with good defense in front of Rooney and Found had a cross cleared from the zone. Flagg also had a shot stopped and then Rooney came out to grab another bid from the visitors.

With 14:51 to go in

the first half, the Bobcats doubled the lead on a direct kick. Donovan sent the ball in from outside the box and Jordan Thompson was at the far post and plucked the ball right out of the air and redirected it into the net for the 2-0 lead.

After a Rooney save at the other end, Brewster added a third goal, as Donovan sent in a direct kick from the side and Thompson was at the far post to tip the ball in for the 3-0 lead with 10:04 to go in the first half.

Jordan Mitchell and Flagg had bids in the offensive zone in the final 10 minutes and Beaver Country had a shot go wide of the net and the game went to the half with a 3-0 lead for the host Bobcats.

Early in the first half, Found and Donovan teamed up on a bid that went just wide and Hoff had a nice ball in that just missed connecting with Found. Found had another shot stopped and Flagg had a bid go wide of the net. Hoff sent

a nice cross in to Flagg that was denied and Found had another bid stopped. Rooney made a stop at the other end and Brewster came back with a trio of corner kicks.

On the first corner, Flagg had a shot denied and on the second corner, Nice had a head shot that went just over the top of the net. On the third corner, Flagg sent a shot wide of the net. Thompson had another bid denied and Hoff had two chances stopped by the visiting keeper. Rooney also turned in a couple of saves at the other end for the Bobcats.

With 11:51 to go, a corner went Brewster’s way, as Dumaresq sent the ball in and Rachel Hooker was in the box to poke the ball home for the 4-0 lead.

The Bobcats continued to pressure down the stretch and that pressure eventually paid off, as Kaylyn Stoddard pushed the ball into the zone and raced past the

defender to pick the ball up again and fired it into the net with 4:04 to go to make it 5-0. Rooney made a nice save down the stretch to close out the shutout and send the Bobcats on to Saturday’s semifinals.

Joshua Spaulding can be reached at 279-4516, ext. 155 or josh@salmonpress.news.

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**4 Land Parcels
Commercial & Residential
Bristol, Plymouth and Warren, NH
Tuesday, December 19th, 2017**



**Bid Live
On-Site or
Real Time
Online**

**First Auction at 11:00 a.m.
Auction Location: River Road, Bristol, NH**

#1: River Road is a 10.97± acre parcel of vacant land with frontage on River Road totaling 256'±. The lot overlooks the Pemigewasset River which is directly across the street from the lot. Tax Map 220, Lot 008

**Second Auction (3 Properties) at 1:00 p.m.
Auction Location for all three properties will be:
758 Tenney Mountain Highway, Plymouth, NH**

#2: 758 Tenney Mountain Highway, Plymouth, NH is a 10.4± acre parcel of vacant land with 675'± of frontage on the Tenney Mountain Highway. Town sewer at street. Commercial Industrial zone. Tax Map 213, Lot 029. Assessed Value: \$185,800

#3: 37 Kelley Road, Warren, NH is a 34± acre parcel of vacant land with 180-degree views of Mount Moosilauke and the White Mountain National Forest. Tax Map 235, Lot 002

#4: Ore Hill Road, Warren, NH is a 45± acre parcel of vacant land with 180-degree views of Mount Moosilauke and the White Mountain National Forest. Tax Map 235, Lot 004

Broker Participation Invited

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TWO BREATHTAKING Moultonborough Lake Winnepesaukee waterfront lots (\$510,000 below assessment) with 847-ft water frontage, open water and mountain views, beach, permanent deepwater dock, small island and cottage.
\$1,849,900 (4630791) **Call 253-9360**

STUNNING 4-Bedroom timber frame contemporary in East Alton with 120' of prime Lake Winnepesaukee frontage and 7,000 SF of luxurious living space on 3 levels, beautiful views and meticulously maintained.
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OUTSTANDING 1795 Colonial estate in Tuftonboro in pristine condition, masterfully restored interior and exterior, finest quality throughout, wide plank floors, fireplaces, 10 private acres, in-ground pool and barn.
\$1,295,000 (4427885) **Call 569-3128**

HISTORIC ESTATE in Meredith w/tremendous Mt. Chocoma views, on 7.51 acres. Originally built in 1934, exquisitely restored w/incredible attention to detail. Private setting, beautiful grounds, 5BD, 5BA. Min. to Lake Winni.
\$979,000 (4637110) **Call 253-9360**

ALTON // Grandview Lane ~ Just like the address says. Recently updated home with new paint, Shores w/access to beautiful Sunset Lake flooring and deck. Location is in a great neighborhood with awesome kayaking & easy access to snowmobile trails & Gunstock for skiing 10 minutes away.
\$228,000 (4657763) **Call 875-3128**

ALTON // Like new open concept 2BR located in the desirable assoc. of Alton Shores w/access to beautiful Sunset Lake flooring and deck. Location is in a great neighborhood with awesome kayaking & easy access to snowmobile trails & Gunstock for skiing 10 minutes away.
\$169,000 (4656643) **Call 253-9360**

ALTON // Custom 2-bedroom Colonial in the shared water-access Alton Shores community. Farmer's porch in front & a slider to the back deck. 2 1/2 baths with a tiled hearth for a pellet or gas stove. Room for a garage!
\$204,000 (4655795) **Call 875-3128**

LAND and ACREAGE

PLYMOUTH // Development Potential! Large land parcel of 55.3 acres with over 2000' of road frontage on Mayhew Turnpike. Great visibility!
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MOULTONBOROUGH // Your new home is ready to be built on this 2.2 acre lot with 3 bedroom septic design and location for house and well. Set on a quiet road yet close to town amenities.
\$70,000 (4667367) **Call 253-9360**

HOLDERNESSE // One acre building lot in desirable location for your primary home or weekend get-away. Close to Squam Lake, hiking trails and all Lakes Region amenities.
\$54,900 (4653285) **Call 253-9360**

ALTON // Two wooded water access lots with an expired septic plan. Enjoy the beaches and water on Hills Pond and Sunset Lake. Good location!
\$16,750/ea. (4633753-4633771) **Call 875-3128**

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TUITIONBORO: Beautiful waterfront property offers easy, year-round, paved access while maintaining a private feel. With a bright and open 4 BR/6BA Contemporary home, sandy beach, dock and 2 bay boathouse this offering is a must see!
GOV WENTWORTH HWY \$2,250,000



WOLFEBORO: What a property! 3BR main house with smart home technology and 2BR guesthouse, both with high-end finishes throughout on 35 acres with four-car garage and deck. With frontage on Willey Brook, it's a great spot to enjoy nature.
CENTER STREET \$997,500



MOULTONBOROUGH: Lovely, traditional Cape on the grounds of Bald Peak Colony Club offers fantastic views of the 14th green and fairway and maintains a classic style with traditional columns, fireplace, large porch, patio and more.
VIEW DRIVE \$1,350,000



WOLFEBORO: Close to downtown amenities and perfect for the whole family with 4,300 sq ft of living space, hardwood & tile floors, updated baths, granite and stainless. A large deck and beautifully landscaped yard completes the picture.
POINTE SEWALL ROAD \$750,000



TUITIONBORO: Warm & inviting condo unit featuring wood floors, stone fireplace, one-car, detached garage space with storage and shared Mirror Lake waterfront with dock. Lake Winni beach and boat ramp are just a short walk away.
NORTH MAIN STREET \$325,000

LAND

TUITIONBORO
Basin Road: Imagine owning your own private cove with Winni access too! You can with this affordable 1.32 acre parcel on the Basin. **\$205,000**

WOLFEBORO
Applewood Drive: Nice, building lot in a great subdivision, close to town and a short walk from the beach. Enjoy privacy at the end of the road on 1.2 acres. **\$59,000**

WOLFEBORO
Finch Street: So many possibilities with this .63 acre, wooded lot in a great location. Close to the lakes and amenities as well as Route 16. **\$49,000**

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MLS # 4654512 | \$79,900

Moultonboro, NH -

Bright and open Contemporary home in the lake access community of West Point on Long Island. Updated kitchen, great room with floor to ceiling fireplace, and basement workshop.

MLS # 4641847 | \$359,000

Hebron, NH -

3 BR condo in The Ledges. Remodeled kitchen, large living room, 1st floor master, 2 car garage. Association features include a 1300 ft. sandy beach, day docks, pool and a club house.

MLS # 4513281 | \$534,900

Moultonboro, NH -

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GILFORD: 2 Bedroom Ranch home with a garage under! Features include hardwood, tile, vinyl & carpet flooring, enclosed porch and lovely deck. Nice landscaped grounds, .58ac lot and near many lakes Region amenities!
\$189,900
MLS# 4663203



MOULTONBOROUGH: 1.92 ac. lot with access to Wakonda Pond. Nice private lot abuts Audubon Society land. Driveway is roughed in and passable. Views of Red Hill will get better with clearing. Great nearby amenities too! **\$49,000**
MLS# 4665643



MEREDITH: Waterfront condo on Meredith Bay of Lake Winnepesaukee. This seasonal condo is in a small association with beautiful common areas and is just a short walk to Meredith village. 2 BR, 1,126 sf., wood accents and its own dock. **\$349,900**
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GILFORD: Desirable location in a private setting, bordered by stone walls and fields. This cape home has pine floors, a first floor master, 2 other bedrooms and 2 baths. Attached 2-car garage and garden shed. **\$279,000** **MLS# 4663804**

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AUG 2011

23




24



25



26



27



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Lincoln-Woodstock Cooperative School District
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Lincoln, New Hampshire 03251
Telephone (603) 745-2214



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- Check flashlight and radio batteries
- Charge mobile devices
- Add warm clothes and blankets to emergency kit
- Keep gas tank full
- Take cash out (ATM's may not work)

DURING

- Conserve energy
- Go to community warming shelters & check on neighbors, family, seniors and homeless
- Only use generators in open areas away from windows and home to prevent carbon monoxide poisoning

AFTER

- Throw out unsafe food

www.Ready.gov/blackouts



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Events/ Entertainment

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Receptionist/Admin Needed
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Equal Housing Opportunity

All real estate advertising in this newspaper is subject to
The Federal Fair Housing Law
which makes it illegal

"to make, print, or published any notice, statement, or advertisement, with respect to the sale, or rental of a dwelling that indicates any preference, limitation, or discrimination based on race, color, religion, sex, handicap, familial status or national origin, or an intention to make any such preference, limitation or discrimination."
(The Fair Housing Act of 1968 at 42 U.S.C. 3604(c))

This paper will not knowingly accept any advertising which is in violation of the law. Our readers are hereby informed, that all dwellings advertised in this newspaper are available on an equal opportunity basis.

To complain of discrimination call
HUD toll free at
1-800-669-9777

For The Washington DC area, please call
HUD at 275-9200.

The toll free telephone number for the hearing impaired is
1-800-927-9275.

You may also call

The New Hampshire

Commission for Human Rights

at 603-271-2767

or write

The Commission at

163 Loudon Road,

Concord, NH 03301

Neither the Publisher nor the advertiser will be liable for misinformation, typographically errors, etc. herein contained. The Publisher reserves the right to refuse any advertising.

Apartments For Rent

Bristol (55+) 2 bedroom. Quiet, nature lover's setting, river views, 4 landscaped acres, car port parking, storage, coin op. laundry, secured entries. Owner operated and managed. Heat and hot water included. No pets/smoking. Good credit and references required. Fully appliances kitchen. 603-204-4178.

MEREDITH: PINWOOD KNOLL,

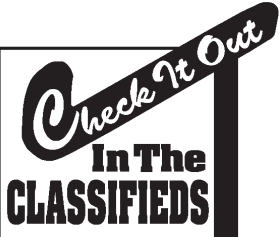
Very quiet, private, 2 BR, over 55. No smoking/no pets. Heat, hot water included. One car Garage. \$1100/mo. One year lease.

Call David at 253-6247 or 781-665-8400.

Houses for Sale

Cape Style Home; 1.5 story

6 room, 1 bath (936 sq. ft.); basement (338 sq. ft.) on 2.4 acres with detached garage on Loon Lake Road, Plymouth, NH. \$129,000.00
Call 339-225-1365



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SALMON PRESS FREE CLASSIFIED ADS!

As a special
Thank you to our readers,
Book your
"For Sale" Items with us
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for four weeks!



Selling your "stuff"?
Let us help!

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Email your free classified to:
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You can now place your CLASSIFIED LINE ADS ONLINE!

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7-Days A Week**

Visit:

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For more information or to place your ads TODAY!



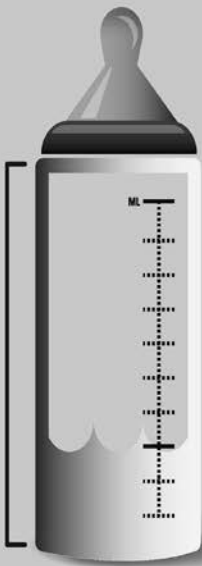
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THINK**

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THE RIGHT
SEAT.

THE ONES
**WHO
ACTUALLY
DO.**



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Bring your classified ad right into the office located nearest to you and drop it off. We'd love to see you!

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\$3,000 SIGN-ON BONUS

For two years of experience staff RNs

• RN MED SURGE/CHARGE – 36 hours (night shift)

• RN MED SURG – 36 hours (night shift)

• RN MED SURG – 36 hours

Contact Human Resources at (603)388-4236

Apply On-line at: www.ucvh.org

181 Corliss Lane, Colebrook, NH 03576

603-388-4236

EOE

SAU 68
Lin-Wood Public School
Lincoln-Woodstock Cooperative School District
72 Linwood Drive
Lincoln, New Hampshire 03251
Telephone (603) 745-2214

The Lincoln-Woodstock Cooperative School District in Lincoln, NH, announces the following immediate opening:

SCHOOL CUSTODIAN

3:00 pm – 11:00 pm

Full-time year round with benefits.

Interested parties should send a letter of interest, or call:

Frances Bean

Lin-Wood Public School

PO Box 846 • Lincoln, NH 03251

603-745-2051

Job Applications are available on our website at www.lin-wood.org under the “Employment” section.

Applications will be accepted until the position is filled. The Lincoln-Woodstock Cooperative School District is an equal opportunity employer.

Middle/High School Fax Number (603) 745-6797

Elementary Fax (603) 745-3730 • SAU Fax (603) 745-2352

Accredited by New England Association of Schools and Colleges

RODGERS SKI & SPORT

HELP WANTED

Rodgers Ski & Sport is looking to expand our Clothing Sales Team for the upcoming Fall/Winter season.

Do you like to work in a fast paced environment?

Do you find yourself to be customer service oriented?

Do you have a passion for skiing or snowboarding?

Then you might be who we are looking for!

Benefits include free skiing and other discounts.

Apply in person or mail/email resume to:

Rodgers Ski & Sport • Main Street • P. O. Box 68

Lincoln, NH 03251 • 603-745-8347

Email: office@roddersskiandsport.com

THANK YOU

for browsing The Town-to-Town Classifieds!

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Comprehensive benefits—health, dental, vision, 401k, Paid Time Off, Holiday.

Free MetroCast Services for employees living in MetroCast service areas.

FMI and to apply online, please visit www.metrocast.com/careers

NFI North, Inc.

Inspiring and empowering people to reach their full potential

NFI North Array of Services, Davenport School an all girls' Residential Treatment Facility located in Jefferson NH has the following positions:

Direct Care Counselor (Full Time & Relief): Ideal candidates will have prior experience working with adolescents and thrive in a team oriented environment. You must be flexible and available to work evenings and weekends. Bachelor's degree preferred however must have at least 12 credits in Human Service field and be actively working towards a bachelor's degree. Relief is an excellent opportunity for college students seeking internship hours or individuals interested in working some hours during the evenings, nights, weekends and occasionally days. Full time positions start at \$13/hr; relief positions \$12/hr.

Social Worker: Master's Degree in social work, psychology or related field and be licensed as well as have experience working with youth and families. NH license preferred. Provides in home and agency based services to youth and families involved in ISO In-home, ISO foster care and home based therapeutic services. Position requires flexible schedule and some weekends/evenings to conduct individual and family therapy. Salary \$40K - \$50K.

Special Education Teacher: Bachelor's degree in Education, have a NH teaching certificate and will have experience with children with various mental health and special education needs.

Nurse: Responsible for performing nursing assessments, scheduling & transporting to medical appointments, dispensing meds, and ensuring all health needs of consumers are addressed in a team oriented collaborative approach. Flexible schedule with 4 day work week. Ideal candidate is an enthusiastic, team oriented individual with pediatric or adolescent nursing experience.

We offer an excellent benefit package for full time employees with health and dental, paid vacation, sick and holidays, tuition reimbursement, excellent training, career growth and supportive work environment. NFI North is a proud partner with Southern New Hampshire University (SNHU) College for America, an accredited, nonprofit college. We offer employees and their family members' bachelor and associate programs completely online at your own pace for \$3,000 a year or less.

Please send resume and cover letter to: Program Director, PO Box 209, Jefferson, NH 03583 or email nfinorthhr@nafi.com

Visit www.nfinorth.com EOE/AA

THORNTON POLICE DEPARTMENT

IS NOW ACCEPTING APPLICATIONS FOR A CERTIFIED POLICE OFFICER

THE THORNTON POLICE DEPARTMENT WILL BE CONDUCTING TESTING FOR A CERTIFIED POLICE OFFICER POSITION.

A bonus of \$5,000 will be payable upon hire to the successful candidate who enters into a minimum two year employment contract. A bonus of \$10,000 will be payable upon hire to the successful candidate who enters into a minimum three year employment contract. The testing process consists of a physical fitness test at the NHPSTC entry level physical fitness standard. All applicants will be subject to a full background investigation including polygraph, medical and drug testing, and psychological exams. Applications must be made through **PoliceApp.com**.

GENERAL DUTIES

Thornton Police Officers perform a variety of assignments including but not limited to; traffic enforcement, accident investigations, criminal investigations and arrests, yearly detail options, and a variety of community policing efforts.

SALARY

Salary is \$22.00 to 23.05 per hour depending on qualifications. Officers receive an additional 2.5% raise after one (1) year of employment.

Job closes at 4:00 PM (Eastern) on November 30, 2017.

The Town of Thornton is an Equal Opportunity Employer.

Not the time to check your child's car seat.



Ad Council

NHTSA

safercar.gov/TheRightSeat

Child Car Safety

Chief of Police

Bounded by New Hampshire's cleanest lake and best swimming spot, Newfound Lake; less than a two-hour drive from Boston; and a short drive to the White Mountains; the Town of Bristol is seeking its next full-time Police Chief. Governed by a five-member Board of Selectmen, the Police Chief, who also serves as the Town's Deputy Emergency Management Director, oversees a \$1.1 million budget for a department that is staffed by the chief, eight full time sworn officers, a part-time detective, part time sworn officers, a civilian support staff member and a K-9 dog.

Requirements include: Bachelor's degree in Criminal Justice, Business Administration or a related field and ten (10) years of law enforcement experience with history of progressively increasing responsibilities that include serving in supervisory positions, or an equivalent combination of education and experience. Must have, or be able to obtain, certification as a full time NH full-time Police Officer. **Applicant must pass all pre-employment background checks.**

See full profile, recruitment profile and standard town application form at www.townofbristolnh.org (scroll over Our Town and click on Employment / Volunteer).

Want to better yourself?

Apply for a position at Gilford Well Company!

We are a forward thinking expanding business that is willing to pay you what you're worth.

If you have experience with any of the following, we will increase your pay and benefits:

- Plumbing
- Water Pumps
- Well drilling operations
- Pump System Controls
- Water Filtration Systems
- Excavation equipment operation

Apply in person at our office to see how working with us can make life better for you.

1440 Lake Shore Road
Gilford, NH
www.gilfordwell.com
EEO

Steel Erectors,
Metal Roof & Siding Installers
Foreman, Leadmen
And Laborer Positions

Will Train. Valid Driver's License required.
Application available at:

CONSTRUX, INC. 630 Daniel Webster Hwy.
Plymouth, NH 03264
(603) 536-3533

Leading Pre Engineered Metal Building Co.

Holderness Free Library is looking for a friendly person with good customer service skills who is computer literate and detail-oriented to work part-time. Must be available on some evenings and Saturdays.

A college degree is required and some library experience is a plus.
Pay is based on qualifications.
Please send a resume and a cover letter listing 3 references to holdernesslibrary@roadrunner.org.

Join Our Team

Part-Time Positions Available:

Waitstaff
Bartender
Busser
Brunch Chef
Dishwasher/Prep

Full-Time positions:
Waitstaff

The Corner House Inn

Center Sandwich, NH
284-6219
info@cornerhouseinn.com

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HELP WANTED • CARPENTERS
*Need experience in framing, roofing & siding.
This is a 1099 position.*

603-991-3097
fregeaubuilders@gmail.com



Full-Time and Part-Time Positions:

Loon is hiring for the winter season. Full-time and part-time, day shift and night shifts available. Snowmaking, Shuttle bus drivers, Ski School, Parking attendants, V&E and many more positions are available.

Free Skiing & Riding, On-Job-Training and Food & Beverage discounts.

For more info or to apply on-line visit www.loonmtn.com

Human Resources
60 Loon Mountain Road, Lincoln NH 03251
Equal Opportunity Employer



Full-Time and Part-Time Positions:

Loon is hiring for the winter season. Full-time and part-time, day shift and night shifts available. Snowmaking, Shuttle bus drivers, Ski School, Parking attendants, V&E and many more positions are available.

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60 Loon Mountain Road, Lincoln NH 03251
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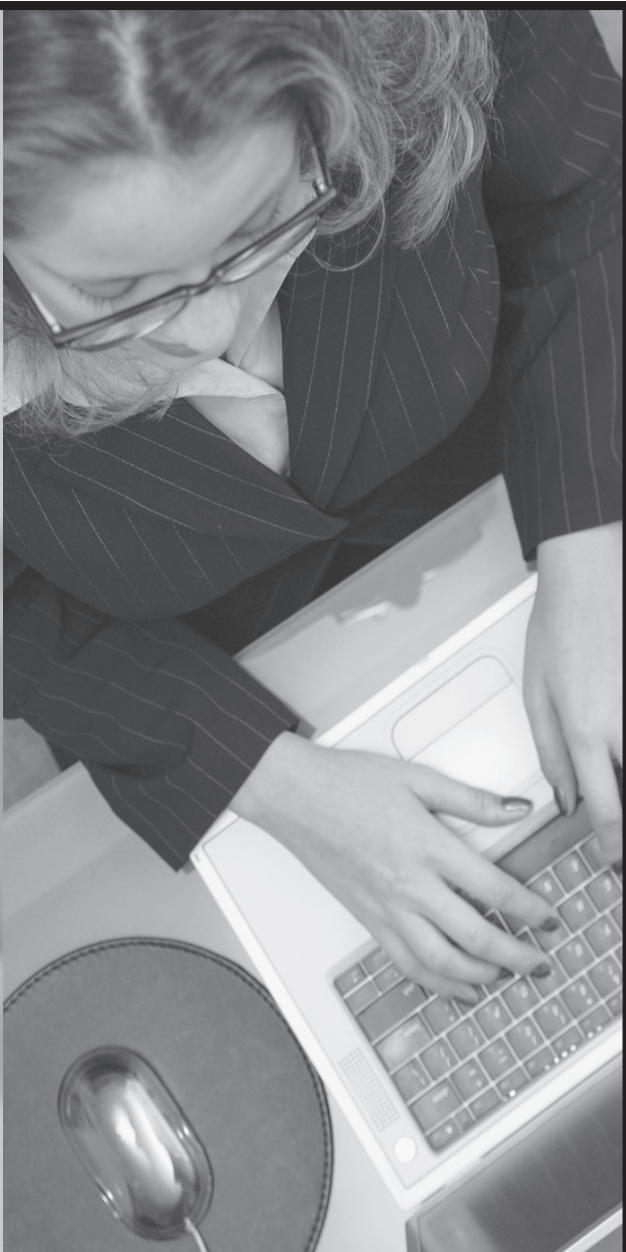
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Year – round
Full-time & Part-time Employment
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Easier than getting them
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HONORS

CONTINUED FROM PAGE B3

this aspect.

With both varsity soccer coaches recognized, Dawalga said this says a lot about the great programs that have been put together

in Belmont. He said he has great respect for Foley, who he called his friend and someone he looks up to about coaching.

“Mike and I go way back,” Dawalga said. “Going back to when I coached against him

at Winnisquam. I have a ton of respect for Michael. It’s good to have another coach that you can lean on, and he was a huge help. Sometimes we needed to talk and he was a good voice to have.”

Zoë & Co.

Professional Bra Fitters

Put 'em Up!

92 North Main St.
Concord, NH 03301
603.224.2727



RECYCLE



This Christmas...
**Put an Old Man
in Their Stocking!**

The perfect stocking stuffer for that special someone who loves New Hampshire! Exclusively made by us, it's available in a variety of finishes and precious metals.

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www.kramerandhall.com



SMALL BUSINESS
The Backbone Of America

At this time of year,

we would like to thank our loyal patients, community partners, staff, providers, and volunteers that make LRGHealthcare the quality organization it is.

*Wishing you & yours a happy and
safe holiday season,*

Scott Sullivan
Chairman, LRGHealthcare Board of Trustees

Kevin W. Donovan
LRGHealthcare President & CEO

Paul Racicot, MD
President of Medical Staff

LRGHealthcare
care. compassion. community.

lrgh.org



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