

Exercise, volleyball and more on docket in Alton

ALTON — Zumba classes with Sherry Meyer are Mondays and Wednesdays at the Alton Bay Community Center from 8 to 9 a.m. A fun, cardio workout that will get you moving.

Senior center Tai Chi- Wednesdays at 7 Pearson Road from 9 to 10 a.m. with Marcia Wyman. Improve balance, focus and move with purpose. Sponsored by CAP.

Weight training class with KT is Mondays and Wednesdays at the Alton Bay Community Center from 1:30 to 2:30 p.m. Use light weights to help build strength, muscle and bone density. Try a class for free.

Intermediate Yoga with Sheila Marston is Wednesdays, 7-8 p.m. at the Alton Bay Community Center. Focus is on several breathing techniques, postures and proper alignment.

Little Pesaukees Playgroup

The Alton Parks and Recreation Department is sponsoring a drop-in playgroup for 0-5 years old at the Alton Bay Community Center on Tuesdays and Thursdays from 9 to 11 a.m. The program is free. They provide the books, puzzles, toys and games, and you provide the interaction. Please bring a peanut-free snack for your child. This is a great program to introduce you and your child to other members of the community. For more information, contact LittlePesaukees@gmail.com.

Adult volleyball pickup games - ages 18+

The Alton Parks and Recreation Department is sponsoring adult volleyball on Thursdays at the Alton Central School Gym from 7 to 10 p.m. featuring recreational play. Drop in anytime for this free program. All abilities are welcome. Please use the following link to sign up, <https://www.signupgenius.com/go/10C0F45AFAA2AA5FB6-alton>. For more information, contact the Alton Parks and Recreation Department at 875-0109 or parksrec@alton.nh.gov.

Icy fun with Barnstead Parks and Recreation

BARNSTEAD — Family skate nights will be taking place the Barnstead skating rink on Feb. 14 and 28 from 4 to 7 p.m.

The warming shed and snack shack will be open with food for purchase.

Come on down and have some winter fun with the whole family.

There is also a GoFundMe page set up for the purchase of a snow-clearing tractor to clean the rink.

Barnstead Parks and Recreation will be host-

ing the ice fishing tournament on Feb. 29 from 9 a.m. to noon at Varney Beach (Varney Road and Rangeway Drive).

The tournament is open to kids 15 and younger. Every child will be provided with fishing equipment if

needed, as long as there is a parent or guardian present. Refreshments will be available.

The fishing derby is free but donations are appreciated. E-mail barnsteadparks@gmail.com or call 802-332-3799.

Sponsors still sought for Winter Carnival

ALTON — The Alton Business Association is looking for additional sponsors, vendors and advertisers to support the upcoming 2020 Alton Bay Winter Carnival. This annual community event is scheduled for Sunday, Feb. 16, on the ice of Alton Bay. The deadline for an advertisement to be included in the program is Feb. 2.

The Alton Business Association would also like to thank their committed sponsors, donors and members for their support for the upcoming 2020 Alton Bay Winter Carnival.

Gold-level sponsors include Alton Excavation, Empowering Solutions, Cyr Realty Group-Keller Williams Coastal and Lakes and Mountains, ImaJenation Photography, Maxfield Real Estate, Meredith

Village Savings Bank, New Hampshire Distributors, LLC, Northeast Security Agency, Alton Circle Grocery, Shibley's at the Pier, TD Bank and TDS.

Silver-level sponsors include Alton Centennial Rotary Club, Janet Sienko of Berkshire Hathaway Home Services Verani Realty, Hunter Taylor and Roche Realty Group, Inc.

Bronze-level sponsors include Alton Country Store, Breathe Yoga NH and RBF Wealth Advisors.

The Alton Business Association has also received donations from Bella-Winni Salon, Breathe Yoga, East Coast Flight Craft, Gunstock Ski Resort, Lake Life Brand, NASWA Resort, the NH Boat Museum, The Olde Bay Diner

and Seacoast Sports Injuries. Their donations will support prizes for raffles and contests taking place during the Winter Carnival.

The Alton Business Association thanks all the sponsors, donors, members, and community organizations that work together to make this family-friendly annual event a reality for Alton residents.

Survey up on Alton recreational facility

ALTON — Alton residents, your input is needed. A desire to expand the recreational opportunities available in the town of Alton was documented by the community group "All In For Alton." The selectmen for the town of Alton have responded by organizing a committee to determine if the community would like to see a recreational facility built. What are your thoughts? Please visit www.monkeysurvey.com/r/5V7PJNY to provide your view.

Alton Dance Academy hosting open house

ALTON — The Alton Dance Academy located at 7 School St. will be hosting a fitness event on Jan. 31 starting at 6 p.m. The open house is a chance to check out the adult fitness classes for ages 16 and up. They offer everything from low impact, to high intensity. Come to try it, watch or ask questions. Alton Dance Academy is a non-judgement zone ready to help you get your workout in. Childcare will be provided for their event, so don't let that hold you back. Zumba class, barre, pilates, and strong by Zumba, will be classes that are being demonstrated. If you have ever wanted to check it out, come see them. They ask you bring water and shoes that haven't seen the outdoors. They look forward to helping you do something for yourself. Call 875-3623 for more info. This event is free. Check out the Facebook page for other info about dance classes for children, summer camps, recital and more or visit altondanceacademy.com.

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Public Notice
Town of New Durham

The Town of New Durham Deliberative Session will be held on Monday, February 3, 2020 starting at 7 p.m. at the New Durham Elementary School, 7 Old Bay Road, New Durham.

The Town of New Durham Election will be held on Tuesday, March 10, 2020 from 8 a.m. to 7 p.m. at the New Durham Elementary School, 7 Old Bay Road, New Durham.

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PRESIDENT & PUBLISHER
FRANK G. CHILINSKI
(603) 677-9083
frank@salmonpress.news

BUSINESS MANAGER
RYAN CORNEAU
(603) 677-9082
ryan@salmonpress.news

OPERATIONS DIRECTOR
JIM DiNICOLA
(508) 764-4325


DISTRIBUTION MANAGER
JIM HINCKLEY
(603) 279-4516

EDITOR
JOSHUA SPAULDING
(603) 941-9155
josh@salmonpress.news

MANAGING EDITOR
BRENDAN BERUBE
(603) 677-9081
brendan@salmonpress.news

PRODUCTION MANAGER
JULIE CLARKE
(603) 677-9092
julie@salmonpress.news

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THE ONES WHO ACTUALLY DO.

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Bed race returns to Winter Carnival

ALTON — Prospect Mountain High School's Future Business Leaders of America (PMHS FBLA) chapter is challenging local residents to a bed race on ice. This year, the Alton Business Association and PMHS FBLA are bringing back an event to the Alton Winter Carnival that unfortunately did not occur last year. If this event is going to work, they will need your help. Bed races will begin Feb. 16, at 1:30 p.m. and the cost for this event is minimal. For this event, you will need to create your own bed to race with.

Make sure to get creative. Decorate your own bed with your team name on it. The point of this day is to have fun. Top three fastest teams will receive cash prizes sponsored by Meredith Village Savings Bank.

If you wish to take on this challenge or have questions or concerns, please reach out to Alexa Carpenter at 20acarpenter@pmhschool.com or Jiana Kenerson at 21jkenerson@gmail.com. For those who wish to participate, they can send a package of information and forms for you to fill out to you. Registration closes Feb. 10.

COURTESY PHOTO
BED RACES will return to Alton's Winter Carnival on Feb. 16.



Reading Room – latest from the Gilman Library

BY ROZA BENOIT
Gilman Library

ALTON — You can now place your own inter-library loan requests. You can request directly through NHU-PAC NHAIS Share-It. You are limited to three requests per week. Please check the Gilman Library's catalog first. See the library's help page at <https://gilmanlibrary.org/nhais-share-it-info> to complete the following steps.

Go to <https://nhais.ag-shareit.com>;

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Search for your title;

Request title;

Verify that the form is accurate and submit. Call if you need further assistance This service is for your convenience. You may also call or e-mail to place a request, or drop off a completed request

form at the circulation desk, if you prefer.

Online catalog

If you have a library account with us, you can access your account information through our library catalog. You may place reserves, request renewals and message the staff. You may also view the catalog without logging in. Some of our recent additions include Whisper network / Baker, A minute to midnight/ Baldacci, True believer: a thriller/Carr, Kiss the girls and make them cry/ Clark, Final option: a novel of the Oregon files and The Titanic secret, both by Cussler, Twisted twenty-six/Evanovich, Reaper: threat zero/Irving, Send down the rain/Martin, The body in the birches/Page, The Persian gamble / Rosenberg. <https://gilman.bibliolix.com/catalog/>.

Check-a-tech

Need some computer help? Contact the Gil-

man Library and book a 20-minute appointment with I.T. specialist Josh Monaco on Thursdays, between 11 a.m. and noon or between 4 and 5 p.m. <https://gilmanlibrary.org/check-a-tech>.

Online databases for library members

If you have a library account with us, you are entitled to free access to a number of online databases, including NH Overdrive, Libby, Ancestry Library Edition, HeritageQuest Online, LibriVox, and Project Gutenberg. <https://gilmanlibrary.org/online-database>.

Caregiver Cafe

The Caregiver Cafe, an outreach of Cornerstone VNA, to support Alton area family caregivers, meets in the Agnes Thompson Meeting Room (lower level entrance). Unless otherwise noted, meetings are held on the second Thursday of the Month at 11 am. The next

meeting is scheduled for Feb. 13. <https://gilmanlibrary.org/caregiver-cafe>.

Alton Book Chat

Alton Book Chat, established in 1999, is a library-sponsored book discussion group that meets monthly in the Agnes Thompson Meeting. Unless otherwise noted, meetings are held on the second Tuesday each month, beginning at 7 p.m. The next meeting is scheduled for Feb. 11. Call the library now to reserve your copy of the discussion title. <https://gilmanlibrary.org/alton-book-chat-titles>.

Theater Thursdays

On the first Thursday of each month, at 2 p.m., the Gilman Library offers new and classic movies to enjoy with complimentary beverages and snacks. You will also receive a raffle ticket for coming and have the chance to win the afternoon movie theme-related prize. No sign-up is required. Come and enjoy the show. <https://gilmanlibrary.org/theater-thursdays>.

How to get a library card

Alton residents and Alton taxpayers are eligible for an individual or family card free of charge. Non-residents are invited to become a member and have full use of all our materials and services for a fee. The fee is less than the cost of one hardcover book or a few paperbacks, or a week of one video rental (our videos checkout for a full week). If you do not wish to become a patron, you may still browse through our materials and take advantage of our free programs and services, use our public access computers and help yourself

to items in our free swap shelves of magazines, paperbacks, and jigsaw puzzles.

Read for your health

In our busy society, it is important to take time to rest, relax and rejuvenate. Here is a quick fact from 365 Energy Boosters, © 2005, Susannah Seton and Sandra Kornblatt. "Energy Booster #135 – Bundle Up For Winter –Being cold makes us lose energy."

Please visit us at 100 Main St., Alton. Check out our library web site at gilmanlibrary.org, and follow us on Facebook at www.facebook.com/Gilmanlibrary.

Bob Perry to address local Democrats Monday

BARNSTEAD — On Monday, Feb. 3, the Tri-Town Democrats of Barnstead, Gilmanton, and Alton will meet at Barnstead Town Hall, 108 S. Barnstead Road, Center Barnstead. There will be time for socializing and light snacks at 6:15 p.m., and the meeting will then start at 6:30 p.m.

The speaker will be Bob Perry, co-chair of Open Democracy Action. Perry was a court reporter until his retirement in 2002, and he then served as a NH State Representative from House District 3 (Farmington, Middleton, Milton, New Durham, Barrington and Strafford) until the gerrymandered district consisted only of New Durham and Strafford in 2012. During his tenure in Concord, Bob focused on the right to vote, serving for seven years on the House Election Law Committee. Since 2014, Perry has continued his work protecting the voting rights of the citizens of New Hampshire. He has also been the chair of the town of Strafford Democratic Committee for 15 years.

Perry will be discussing voting rights issues, money in politics, gerrymandering and how the false narrative of rampant voter fraud was used to undermine citizen participation and voting in the state. The conversation promises to be very lively and interesting.

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Get involved

Counting today, there are two days left for residents to sign up to run for town office. Anyone interested in serving their community should stop into the town clerk’s office in their respective town and sign up for the position they are interested in.

As we’ve stated before, we are hopeful that we see a number of people sign up for positions in the upcoming town elections. Having a choice on who can fill positions is crucial to getting people to turn out for voting.

This week also brings us the next step in the process of approving town and school district budgets in New Durham and Alton.

The deliberative sessions for those two communities are being held in the coming week and this is the chance for local residents and taxpayers to have their say in how the tax dollars get spent. The budget committees, school boards and selectmen have been working hard over the last few months to come up with budgets that will meet the approval of the local voters at the poll.

In SB 2 towns like New Durham and Alton, voters will eventually vote on the warrant articles by ballot in March. However, the deliberative sessions that happen this week are the last chance to make any changes or adjustments to the numbers before they go on the ballot.

Often times, the deliberative sessions are not well-attended, therefore a handful of taxpayers get the chance to completely decide what appears on the ballot in March. If one group of people has an agenda against an item or two on the school or town budget, that group can show up in force and make changes to the budget before it goes to the voters.

To us, this is one of the drawbacks to the SB2 form of government, at least in our mind. We always believe that more people show up for Town Meetings than for deliberative sessions. The traditional Town Meeting, which is still in place in Barnstead, was more of a community event and while numbers weren’t huge at some of those meetings, the numbers at deliberative sessions are significantly less than that.

Deliberative sessions for the Alton School District and the Governor Wentworth Regional School District (which includes New Durham) are both being held on Saturday, with the GWRSD meeting at 10 a.m. in Wolfeboro at the Kingswood Arts Center and the Alton School District meeting at 1 p.m. at Prospect Mountain High School. The deliberative session for Alton will be happening on Tuesday evening at 6 p.m. in the auditorium at Prospect Mountain High School. The New Durham meeting will take place at the New Durham School on Monday at 7 p.m.

For local government to be successful, local people need to be involved at all levels. People are needed to serve as selectmen, school board members, planning board members and on numerous other local boards. And people are needed to come and speak out about their opinions on budget items and warrant articles at the Deliberative Session.

Being involved is good for everyone.



COURTESY PHOTO

Super Knights

The following Kingswood Regional Middle School students received the December Super Knights Award for compassion. Back row (l to r), Derrick Casse, Jennifer Baldwin, Shelby Williams, Marly Kenny, Darcie Jackson and Brityn Roark. Front row (l to r), Susan Wetherald, Emily Matos, Sarah Lucas, Jack Dolliver and Ben Livie.

Letters to the Editor

An examination of ethics history

To the Editor:

There is a petitioned warrant article for New Durham voters to consider this year asking them to pass a conflict of interest ordinance. Perhaps some ethics history will help voters understand the article, in the context of our current ethics policy, in preparation for the deliberative session next week or voting in March. The ethics policy can be read on the New Durham town webpage under ethics committee.

In 2008, voters in ND adopted an ethics ordinance and authorized an ethics board to provide oversight and enforcement. Very quickly and in particular after one very troubling case, it became evident that, as it was structured, this ordinance could easily lead to harassment of public servants, town employees and volunteers. An ordinance carries the weight of law. Board members had neither the legal training

or authority to enforce this ordinance. It was a flawed document rife with legal issues. Towns all over NH were realizing the liability due to potential violations of employee rights, which were possible. In short, although well intentioned, an ethics ordinance could become a vehicle for harassment. Towns rescinded or severely limited their ordinances at the advice of their legal counsel.

In ND, the wisdom of the legislative body in 2011 prevailed and the ethics ordinance was rescinded and the board disbanded. David Bickford, who was a selectman at that time, moved the warrant article, saying that, “the local government center has advised the board of selectman that there are many problems with the ethics ordinance and the town’s attorney agreed with some of the problems.”

Recognizing the need for a document that out-

lined expectations and standards of ethical behavior, the residents charged the board of selectmen to appoint an ethics policy revision committee. Their task would be to revise the ordinance into a policy which would be educational, advisory and could provide non-binding feedback to inquiries.

Under the direction of Barbara Hunter, the ethics committee worked for a year on the ND ethics policy and after review by town counsel, the BOS adopted this document and appointed a five-member committee to oversee its implementation. Margaret Byrnes, the current head of NHMA (NH Municipal Association) reviewed the policy and said it could serve as a model for other NH towns.

To date, the committee has sponsored three training workshops for public servants and town employees to make them aware of the standards

and responsibilities outlined in this policy. The ND ethics policy is a part of the New Durham personnel policy.

The ND Ethics Committee is available to serve as a resource for residents who have a possible concern about ethical behavior. The committee hears the concern and provides an advisory and non-binding interpretation of the policy. It is the resident who makes the decision to take the inquiry to the BOS who would forward it to town counsel for legal advice. Town counsel has the expertise and authority to advise if the inquiry has merit and requires further action.

I hope that this explanation clears up any confusion or misinformation about our ethics policy and the role of the ethics committee.

ELLEN PHILLIPS
CHAIR OF THE
NEW DURHAM ETHICS
COMMITTEE

Facility would be waste of taxpayer money

To the Editor:

This is in regard to the notice in the Baysider recently about an online survey for citizens of Alton to take to “get our thoughts” on a proposed recreational facility for the town of Alton. First of all, the link should be <https://www.monkeysurvey.com/r/5V7PJNY> not as it was written in the Baysider, otherwise you’ll never find it, and secondly then you must scroll down to the proper monkey survey page for that particular survey. And guess what? If you do finally get to your destination there’s absolutely no chance of

letting them “get your thoughts” unless you’re in favor of wasting taxpayer dollars on this proposed project. You only get to let them know which fabulous recreation items appeal to you and on what scale. In other words, if you don’t think the town needs this expensive boondoggle you don’t get to say so. The survey is set up for those who want it, not those of us who do not.

The entire town of Alton is a recreation facility itself, with opportunities to “recreate” both indoors and out in all four seasons. We’re truly

blessed to live in one of the most beautiful parts of the country with no end of activities to please most everyone. This would be nothing but an enormous waste of taxpayer money so that the select few in town can have something akin to what the big cities have. Alton is not a big city and I can’t think of a worse way to blow taxpayer dollars and burden us with higher taxes for something so frivolous. It is not a need, it’s a “want” by a select few who should probably relocate to a bigger town or city where they can have all the frills of city life

and leave beautiful rural New England towns like Alton free of this all-out “urbanization” assault. And that doesn’t even touch on what a facility like what this “committee” is proposing would do to our property taxes.

They’ve been fighting this very same thing in Moultonborough for years and taxpayers always vote it down.

By the way, you can always voice your opinion (as I did) in item 10 (other options) of the list on the survey.

CHRIS WITTMANN
ALTON

Biden has his vote

To the Editor:

After hosting several presidential candidates and with careful consideration, I have decided to vote for Vice President Joe Biden on Primary Day, Tuesday, Feb. 11.

I like many things about several other candidates, but Biden tops

my list. Joe Biden has vast experience with domestic and foreign policy. Joe is not afraid to say if he was wrong, unlike so many politicians who won’t concede they made a mistake. Joe is empathetic to the needs and suffering of everyday citizens,

a characteristic sadly lacking in today’s White House. Americans feel Joe Biden understands and hears them, whether they are discussing illness and loss, healthcare, discrimination, low pay and benefits, or their worries about educating their kids

and their futures in this changing climate. Joe listens and Joe has a heart.

Joe Biden wants to create a better future for all, and so do I. Joe Biden has my confidence and my vote.

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Letters to the Editor

COMMUNITY CORNER
Truths, un-truths and manipulation

BY CECILE CHASE
New Durham
David Bickford is outraged. So are Greg and Janis Anthes. Again. Like Puxatawney Phil seeing his shadow tells us that spring is approaching, this trio's outrage seen in print and social media marks the beginning of Town Meeting season. This year my action on the selectboard has them riled up, which is no surprise as I am running for reelection. I should thank them for opening a conversation that needs to see the light of day. Their accusation of perceived conflict of interest is a glaring example of them advancing a personal agenda with misleading information.
Truth. There are sev-

eral properties in New Durham with serious code violations including an abutter to my property. The town's code enforcement officer is charged with enforcement. The select board is updated on the status of all serious code violations, however does not vote on enforcement action.
Un-truth. I voted on an issue regarding the town's lawsuit against my abutter. I did not. The vote taken was in response to a letter from the town's attorney. The attorney who had been assigned to handle that suit had recently left his employment. The question posed was whether we wanted that attorney to complete the case or have it reassigned. Re-

assigning would result in additional legal fees to get the new attorney familiar with the case. I voted along with the other selectmen to allow the current attorney to complete the case without incurring needless additional legal fees. There was no personal benefit to me or my family. I would have recused if I felt that I could not make an impartial decision.
Misdirection. Their comments were really meant to begin a discussion on conflict of interest policy vs. ordinance. Why? David has submitted a petitioned warrant article to introduce a conflict of interest ordinance. His reasoning is the policy does not have the strength of an ordinance. That is true, or-

dinances have far more power than policy. David wants an ordinance to "punish" those who he dislikes. Punish, as in having the ability to petition the court to have offenders removed from office for offenses such as putting a small paper PYO Apple sign on land that David deemed municipal property. It was not. Several years ago, New Durham had an ethics ordinance, which was misused to further political agendas. We paid for that with increased legal bills and turmoil in the town. The ordinance was rescinded by Town Meeting in favor of our current ethics policy, which has been praised by the NH Municipal Association as an example for other

towns who are considering ethics guidance. By the way, conflict of interest is already addressed by both the personnel and ethics policies.
I'm not buying what they're selling. The cost is too high. Citizens working cooperatively with a willingness to listen, build relationships and compromise form the keystone of good government. Think about the actions of David and Greg during their recent foray into New Durham's town government. The financial fallout of lawsuits resulting from their actions looked like the annual budgets of several town departments, multiple employees left to work in less stressful environments, our reputation was

that of a town run amok. People in other towns were watching our selectmen's meeting for entertainment.
Town government has returned to a civil, well mannered, thoughtful process. Business is managed appropriately, departments work together, employees are happy. There are no glaring headlines. We focus on finding solutions that are in the best interest of all.
It is in all of our best interests to have citizen participation in local government. I encourage anyone who has the desire and capacity to volunteer. You'll be glad you did.

To the Editor:
The Lakes Region Model Railroad Museum has had incredible success recently, thanks to so many of you, and we are on schedule to break ground this coming spring. To remind you, the museum, sometimes called LRMRM, is a 501(c)3 corporation with the goal of saving and restoring the freight shed at the beginning of Bridge Falls Path, building inside an air conditioned room and creating inside that room a model railroad museum showing four towns around the lake as they were in the early 20th century (one of which is Wolfeboro), with a particular focus on how the arrival of the railroads led to the transformation

of these four towns and the growth of new manufacturing industries. Our goal is to preserve this critical railroad heritage and present it to visitors who see remaining physical evidence of our railroading past but have no idea of its central role in creating what we see today.
For Wolfeboro, the museum will show the three-engine roundhouse and turntable that used to be where the Bayside Condominiums are now, the extension to the dock with weight scale outside Black's and the waiting room on the dock, the spur that ran behind Factory Street, now Lehner Street, bringing fuel to the power station and carrying the manufactured prod-

ucts out to the wider world.
The first-time visitor will be immersed in a multimedia presentation of this aspect of the history of this area, focused on the operating layouts, all in HO scale. Others will be able to operate the trains, from a seven-year-old driving a train around a computer defined section of track, to experienced hobbyists who will operate the full layout as it was in the day.
The museum will also be used to teach beginning skills in electronics, wiring, software, 3D modeling, computerized operations and wi-fi communication.
Ultimately, but not part of the present project, our goal is to bring

in a passenger car alongside the freight shed loading dock and use it as a workshop and presentation space.
This is an ambitious project but one that you have endorsed overwhelmingly and we are extremely grateful for that support.

We have just received a \$25,000 matching grant and need to reach out to you all for help in reaching this match. Our goal is to have the matching funds in hand by Feb. 29.
The museum's address is PO Box 713, Wolfeboro, NH 03894. For further information, contact John Simms, President of LRMRM, at j.simms@atlanticbb.net.
It has been three long years since we began this journey. Plans, costs and designs finally came together last summer

and we have made huge strides since then. We have negotiated \$225,000 in grants and reserves and have raised \$185,000 in donations and pledges. With your help to match this grant, we will have close to sufficient funds to complete the transformation of

the freight shed into an air-conditioned museum space, ready for installation of the layouts.
Thank you all for your support. We hope to be able to welcome you to your new museum before too long.
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The office of the Town Clerk/ Tax Collector will be closed on Election Day-February 11, 2020. Please plan accordingly.

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PET OF THE WEEK BARNABY
Meet Barnaby! Barnaby came to our care as an unclaimed stray with his friend, Wilbur, also listed for adoption. He is the shyer of the two, and would definitely benefit from going home with his buddy or another well mannered dog. Barnaby would do best in an adult only home, and is right now fearful of cats.
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Image of a dog.

Adaskin Trio returns to Wolfeboro with oboist Thomas Gallant

WOLFEBORO — Wolfeboro Friends of Music's season continues with the return of a long appreciated artistic ensemble. On Sunday Feb. 16, the Adaskin String Trio with oboe master Thomas Gallant will perform. The concert is at the First Congregational Church, 115 North Main St., Wolfeboro.

The Adaskin String Trio has won over audiences internationally with exuberant and stirring performances of major compositions for their instrumentation of violin, viola and cello. Their playing has been hailed for "vigor, precision and stylistic certitude" as well as "spontaneity, intensity and charm." Formed in 1994, the trio performs extensively throughout the United States and Canada and has appeared at Merkin Concert Hall in New York, the Corcoran Gallery of Art in Washington D.C., and in Boston, Los Angeles, Montreal, Nashville, Pittsburgh, Santa Barbara and Chicago.

This dynamic ensemble commands a large string trio repertoire ranging from Haydn, Mozart and Beethoven to Dohnanyi, Rozsa, Villa-Lobos, Schnittke and composers of today including commissioned works by Murray Adaskin, Robert Carl



SUSAN WILSON – COURTESY PHOTO

THE ADASKIN TRIO with oboe master Thomas Gallant performs Feb. 16 in Wolfeboro.

and David Macbride among others.

The trio's recordings include the complete Beethoven String Trios on Musica Omnia, which won critical acclaim in American Record Guide - "Highly desirable... strongly recommended" and Gramophone - "Superb playing... a flexible command of flow and phrase with instrumental power and eloquence and a nutty tonal richness. ...the Trio savours the sensuality of Beethoven's string writing and the intoxicating profusion of tunes while plumbing the emotional depths that lie beneath." The trio is named in honor of Murray Adaskin, one of Canada's most loved and respected composers, and two of his

brothers, violinist Harry Adaskin and producer and music educator John Adaskin.

Emlyn Ngai, in addition to his role on modern violin in the trio, is an acclaimed historical violinist. He is Associate Concertmaster for the Carmel Bach Festival Orchestra and Concertmaster of the Philadelphia baroque orchestra and chamber ensemble Tempest di Mare. He has performed with these and numerous other renowned ensembles throughout Europe and

North America. Currently he teaches modern and baroque violin, chamber music and performance practice at the Hartt School where he also co-directs the Hartt School Collegium Musicum.

Violist Steve Larson is a Senior Artist Teacher at The Hartt School of the University of Hartford, having served previously as String Department Chair and as Chamber Music Chair. He also performs regularly with his other acclaimed chamber groups, Avery

Ensemble and Ensemble Schumann, and has performed as a guest with groups such as the Emerson and Miami String Quartets. In 1997, Larson won second prize at the Lionel Tertis International Viola Competition, UK, receiving the special award for his performance of the commissioned work.

Cellist Mark Fraser, originally from Montreal, studied with Walter Joachim, Aldo Parisot, Yuli Turovsky and David Finckel; he holds degrees from McGill University, l'Université de Montréal, and The Hartt School. Mark performs frequently as a soloist and in recital in Western Massachusetts, where he now lives. In 2007, he founded Valley Concerts in Northampton, Mass., which has featured the Adaskin String Trio and guests in numerous well-received concerts

Gallant is one of the world's few virtuoso solo and chamber music performers on oboe and he has been praised by The New Yorker magazine as "a player who unites technical mastery with intentness, charm and wit." His performances

have taken him to Avery Fisher Hall, Weill Recital Hall and the Frick Collection in New York City, to Washington, DC, Los Angeles, Chicago, Philadelphia, to the Spoleto Festival in Italy, and to the Mostly Mozart Festival at Lincoln Center.

The evening's concert is sponsored by Edward Jones – Kevin Lawlor Financial Advisor, People's United Bank, and the Law Offices of V. Richards Ward, Jr. PLLC. Season sponsors are Paul and Deb Zimmerman and YFI Custom Homes. Tickets are available at Avery Insurance and Black's Paper and Gift Store in Wolfeboro, Innisfree Bookshop in Meredith, Greenlaw's Music and Audio in Laconia and Bayswater Books in Center Harbor, online at www.wfriendsofmusic.org or at the door. High school students with ID will be admitted free of charge and children accompanied by an adult ticket purchaser will be admitted free of charge. For more information, visit www.wfriendsofmusic.org or call 569-2151.



ALTON POLICE LOG



ALTON — The Alton Police Department responded to 183 calls for service during the week of Jan. 19-25, including four arrests.

One male subject was arrested for driving after revocation or suspension.

One male subject was arrested for disobeying an officer, bench warrant and driving after revocation or suspension.

One female subject was arrested for stalking and default or breach of bail conditions.

There was one motor vehicle summons arrest.

There were two motor vehicle accidents.

There was one theft on School Street.

There was one suspicious person/activity report on Cherry Valley Road.

Police made 67 motor vehicle stops and handled three motor vehicle complaint-incidents.

There were 109 other calls for services that consisted of the following: Two town ordinance, one fraudulent action, one employment fingerprinting, three assist other agencies, one pistol permit application, four juvenile incidents, one domestic complaint, four general assistance, one missing adult, eight alarm activations, five highway/roadway hazard reports, 10 general information, one trespass, one civil standby, one civil matter, two wellness checks, one criminal mischief, two community programs, one disabled motor vehicle, 31 directed patrols, six medical assists, 14 property checks and eight paperwork services.



COURTESY PHOTO

50th anniversary

Jack and Cindy Miller of Alton will be celebrating their 50th wedding anniversary on Valentine's Day. Both retired now, Jack was a teacher in Rochester and Cindy was a librarian in the Alton School and then the Gilman Library. Jack was a longtime contributor to the Baysider, writing "Outdoors Around the Bay." They will enjoy a quiet celebration with their family.

Thomas on President's List at Nichols

DUDLEY, Mass. — Abigail Thomas, a Nichols College student from Alton, achieved President's List status for the fall 2019 semester, which ended in December, at Nichols College.

The Dean's List and President's List give recognition to those students who achieve high grades during a single semester. In order to be included on the Dean's List, a student must have a minimum average of 3.5 for at least 12 undergraduate credit-hours and must have received no grades below B- during the semester. Students whose semester average is 3.85 or higher for at least 12 undergraduate cred-

it-hours and no grades below B- will receive President's List honors.

Nichols College is a college of choice for business and leadership education as a result of its distinctive career-focused and leadership-based approaches to learning, both in and out of the classroom, and through impactful research and professional education. Students thrive in a learning and living environment that is supported by an experiential business curriculum and a strong liberal arts foundation aimed at transforming them into tomorrow's leaders. Nichols also offers master's degrees in business, leadership,

accounting, and counterterrorism, as well as a range of certificate

programs, to promote career advancement for today's professionals.

Nicastro on Western Connecticut Dean's List

DANBURY, Conn. — Angela Nicastro of Alton has been named to the Dean's List for the fall 2019 semester at Western Connecticut State University.

Western Connecticut State University changes lives by providing all students with a high-quality education that fosters their growth as individuals, scholars, professionals and leaders in a global society. The school's vision is to be widely recognized as a premier public university with outstanding teachers and scholars who prepare students to contribute to the world in a meaningful way.

Church Service SCHEDULE

10 am Worship Service Community Church of Alton 20 Church Street, Alton

ABUNDANT HARVEST FAMILY CHURCH
Sunday School for children up to age 12, service 10:30 a.m. Greater Wakefield Resource Center, 254 Main St., Union. Pastors Daniel and Sherrie Williams, 473-8914. For more information, please visit abundant-harvestnh.org or e-mail ahf@faith.com.

ALTON BAY CHRISTIAN CONFERENCE CENTER
Sundays throughout the summer 10:am & 7pm; Tues-Thurs 9am; 875-6161.

BEFREE COMMUNITY CHURCH, ALTON
Alton 9:30 a.m. Sun. Meeting at Prospect Mountain High School. Pastor Sam Huggard, www.befreechurch.net.

CENTER BARNSTEAD CHRISTIAN CHURCH
Morning Service 10:00 am.
Adult and Teen Bible Study 11:15 am.
Sunday School for all ages 10:00 am.
Rte. 126 next to Town Hall.
Pastor Brian Goozer. 269-8831.

COMMUNITY CHURCH OF ALTON
Prayer Meeting 9:00 am Christian Education for all ages, nursery-adults, 9:00 am.
Rev. Dr. Samuel J. Hollis. 875-5561.
Sunday Worship Service 10:00am
Alton Bay Barnstead July 1-Sept 2
10:00am 20 Church Street

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THE REAL REPORT

RECENT REAL ESTATE TRANSACTIONS

Town	Address	Type	Price	Seller	Buyer
Alton	246 Alton Mountain Rd.	Single-Family Residence	\$310,000	John F. Hess Trust	Andrew Howard
Alton	48 Barnes Ave.	Single-Family Residence	\$226,000	June W. Sanborn RET and Harold W. Sanborn	Elaine Johnson
Alton	Echo Shores Road, Lot 1	N/A	\$40,000	Klucken Fiscal Trust and Elaine B. Klucken	David and Jennifer Boynton
Alton	Mount Major Highway	Residential Developed Land	\$117,000	Steven A. and Susan Walker	Kenneth C. Anderson and Jana A. Salisbury
Alton	432 Old Wolfeboro Rd.	Acc. Land Imp.	\$320,333	Ryan L. Heath LLC	Zachary and Marlene Schmidt
Alton	229 Prospect Mountain Rd.	Single-Family Residence	\$392,000	Jill A. Royer and Cynthia M. Balcius	Denise H. Conroy and Philip E. Crystal
Alton	N/A (Lot 48)	N/A	\$270,000	Sandra Vanischak and Robert Garland	Lisa Garland and Alexander W. Garland
Barnstead	24 Hemlock Rd.	Single-Family Residence	\$305,000	Barnstead RET and William C. Fabbri	Jason Godfrey-Krein
Barnstead	Peacham Road	N/A	\$19,533	James E. and Laurianne Biggs	Theresa Gagnon
New Durham	462 Berry Rd.	Single-Family Residence	\$280,000	Tawney R. Reyes	Michael T. Drew
New Durham	320 Kings Highway	Single-Family Residence	\$92,000	FNMA	Kathy Dwyer-Hydorn and Paul K. Tzitzon

ABOUT THE REAL REPORT

Here are recent real estate transactions in Alton and the surrounding areas. These sales summaries are informational only, not a legal record. Names shown are usually the first listed in the deed. Sales might involve

additional parties or locations. Prices are usually based on tax stamps and might be inaccurate for public agency sales. Refer to actual public documents before forming opinions or relying on this information. Additional publicly recorded information on these sales, prior sales and data from Department of Revenue Administration forms is available at www.real-data.com

or 669-3822. Copyright 2011. Real Data Corp. In the column "Type": land= land only; L/B= land and building; MH= mobile home; and COND=condominium. Transactions provided by The Warren Group, Boston Ma., publishers of The Registry Review and Bankers and Tradesman newspapers, Phone: 1-800-356-8805. Website: www.thewarrengroup.com

Actress Susan Sarandon steps in for Sanders

BY ANGEL LARCOM
angel@salmonpress.news

LITTLETON — It was standing room only at the Crumb Bar in downtown Littleton last Friday, as Bernie Sanders fans eagerly awaited the arrival of Susan Sarandon. A Hollywood actress best known for her roles in “Thelma and Louise,” “Bull Durham,” and “The Client,” Sarandon is well known for her active support of progressive political causes. As the New Hampshire Primaries quickly approach, political energy has increased within several candidates’ local campaign teams. With the Senator himself unable to campaign at the moment due to his presence being required in Washington for President Donald Trump’s impeachment trial, Sarandon’s appearance was timed, in part, to celebrate the opening of Sanders’ new field office on Union Street. As the anticipated attendance numbers grew, a last-minute location change delivered her to the well-loved Main Street bakery.

According to Sanders’ press secretary, Free-land Ellis, Sarandon came to New Hampshire to rally Granite Staters ahead of the primary.

“Besides the Littleton office opening, Sarandon also helped kick off a few canvasses across the state. She joined Bernie 2020 National Co-Chair Ben Cohen and national surrogate Jerry Greenfield, the co-founders of Ben & Jerry’s Ice Cream, on their Students for Bernie ice cream socials tour. They made stops at the University of New Hampshire - Durham, Colby Sawyer College in New London and near Dartmouth College in Hanover,” she said. Frances Clark, the Littleton field office organizer for the Sanders campaign, welcomed attendees with an opening address.

“I know that Bernie’s message has already moved people all across the country to action. This revolution is a top-to-bottom transformation and we all own it. People all across the world are striking, protesting and mobilizing against fascism, oligar-



ANGEL LARCOM

Oscar-winning actress Susan Sarandon made a brief stop at the Crumb Bar in Littleton last week to show her support for Bernie Sanders

chy and climate denial. In New Hampshire, we have 18 days to do our part to fight for the future, our friends, our families, our neighbors and the millions of people that we will never know,” she said. While Sarandon kept her speech brief, she was met with resounding cheers from the large

crowd.

“This is important because it is the first time there’s been a progressive candidate that is talking about systemic change, who can become the President of the United States. We are in a historical moment; I’m sure you all realize that. Because we can’t afford four more years

of not addressing the climate crisis. We are in an emergency situation. We need an emergency solution,” she stated. Before closing, the seasoned actress also quoted Noam Chomsky.

“Bernie Sanders has absolutely infuriated the liberal establishment by committing a major crime. It’s not

his policies. His crime was to organize an ongoing political movement that doesn’t just show up at the polls every four years and push a button, but keeps working. That’s no good. The rabble is supposed to stay home. Their job is to watch, not to participate,” she summarized.

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OBITUARY

George H. Morse, Jr.
Longtime local meat cutter

BARNSTEAD — Mr. George H. Morse, Jr., 76, of Center Barnstead, passed away unexpectedly at home on Jan. 1.

Born in East Bridgewater, Mass., George was the son of the late George H. Morse, Sr. and Signe A. (Berquist) Morse. He was raised and educated in East Bridgewater and had been a resident of New Hampshire for more than 50 years.

George worked as a meat cutter for more than 60 years up until the time of his death. He currently worked at the Barnstead Country Store and was previously employed by Arthur's Market in Rochester, Calef's in Barrington and Harvest Market in Wolfeboro.

George was an avid outdoorsman and also enjoyed yard games with family, trips to Vermont, watching all sports and old movies.

He was predeceased by his sisters, Grace Thomas and Florence "Flossie" Wright.

He is survived by his beloved wife of 57 years, Carol M. (Brown) Morse; their three children, Fred Morse of Center Barnstead, Lana



Simonds and her husband Kenny of Epsom and Tracey Therrien and her husband Mark of Alton; his grandchildren, Kevin Covill and his partner Lena Knew, Sarah Simonds and her fiancé Zachary Trowbridge, Signe Hughes and her husband Nick, Shelby Therrien and Lucas Therrien. He also leaves his great grandson, Gavin Covill.

Calling hours were held on Sunday, Jan. 5, in the Still Oaks Funeral and Memorial Home, 1217 Suncook Valley Highway in Epsom. Burial will take place privately with the family in the spring. In lieu of flowers, donations in George's memory may be sent to the charity of one's choice. To share a memory or offer a condolence, please visit www.stilloaks.com.



BY MARK PATTERSON
Contributing Writer

Lately, it seems as though many new clients that I meet with have the same worries. That worry is that they do not have enough money to retire when they want, and that their lifestyle will entail quite a bit less than what they have now. Eating cat food and living in a tar-paper shack are some of the more colorful descriptions of their feared retirement lifestyle.

Most people believe that they need millions of dollars in retirement, and that could be true if you were a high earner that lived above their means, but for the average person, getting by on a bit less is obtainable. I have heard clients say that they had always

heard they need 1.2 million or some other arbitrary number and this is in part a scare tactic brought on by the financial media and investment or mutual fund companies.

There is so much more to determining what kind of assets we need to gather during our working years or the accumulation phase of our lives. The distribution of those assets begins when we determine that we can retire in part or completely.

The first step is to calculate a reasonable budget that includes things that we enjoy but often "forget" to include. For instance, a new client added \$200 per month for wine. She likes nice wines and that's what they cost. She was being realistic with an item that carries a real expense but many of us would not list that as a budgeted item because we may think it is frivolous.

During our working years or accumulation years, we save or invest. But during these distribution years we no longer need to add this deferred or invest-

ed money to our budget, now we will start to distribute this money as income in retirement.

Sustainability of these assets for our lifetime must be considered, so let us mitigate market risk and maximize income with a quality fixed income portfolio or even consider a fixed indexed annuity, with guaranteed income for a portion of this income.

We must look at Social Security and determine a strategy of when to take this entitlement. Many are paying for health insurance that should see a large reduction in premium when they go onto Medicare.

So, when we calculate a realistic honest budget and determine money that will be saved or reduced income needs due to not accumulating assets any longer, we can craft what out sustainable retirement income will be. Once this income is determined, then we can determine how much of the remaining assets stay in a "growth" mode that will typically carry some market risk. MHP Asset employs an "options" strategy to obtain equity positions at

a lower price than current market price. This strategy also may add needed income to a portfolio, over and above dividends.

My objective is to provide a sustainable adequate income, manage remaining assets that can still grow but do not affect my client's lifestyle if the markets implode like 2008. Provide a death benefit or legacy if needed. Provide some form of long-term care or hybrid insurance if that is important to the client.

The first step is to sit down and discuss with a good planner and get the ball rolling, it is never too soon. Market volatility, which has been minimal recently, sometimes acts as a wake-up call to those people who may not be invested properly or in a passive portfolio that is not meeting their needs. I suggest you not wait for volatility to review your current portfolio of investments.

Mark Patterson is an income planner and asset manager with MHP Asset Management. Mark can be reached at 447-1979 or Mark@mhp-asset.com

STRATEGIES FOR LIVING

Religion's fatal flaw

BY LARRY SCOTT
Contributing Writer

Religion is not necessarily one of today's hot topics, but bring up the subject and suddenly you are faced with a host of voices calling for your attention. Transcendental meditation, Zen Buddhism, Islam, Scientology, Judaism, and yes, evangelical Christianity - all claim to offer the way to enlightenment, fulfillment, inner peace, and, in one form or another, life after death.

It is telling that each faith is represented by sincere, intelligent and disciplined adherents who deserve our respect. Their claim that their faith has given them peace, purpose and satisfaction in life must be taken seriously. Confusing? Absolutely. To many people, then, the options are so disorienting they ignore them all and get on with their lives.

But to some of us the issues are too important to ignore. We can put off

the inevitable if we wish but sooner or later we must face up to the fact of life: we are all going to die and our existence (or non-existence) will no longer be up for discussion. Reality will have set in. Even though some faith's postulate an opportunity for change and renewal after death, it is the Christian view that it will be too late to change; the die will have been cast.

To this confusing field of thought, Christianity does have an answer: His name is Jesus. It may seem too simplistic but the foundational premise of our faith rests on Jesus and our belief in the reality of His resurrection. We believe in Him because we also believe He arose from the dead. That's it. His resurrection to us demonstrates the validity of His message and justifies the New Testament claim that He was, indeed, God in human flesh.

In short, Christianity stands or falls over the issue of His resurrection. Read His words as recorded in the first four books of the New Testament and you soon must conclude that He was either a fraud, a lunatic, or who He said He was. There are no other options. If He was, indeed, a deluded Jewish Rabbi as some do claim, then

our choices are unlimited - pick your faith. If, on the other hand, He was who He claimed to be then we must take Him seriously and make a serious attempt to understand who He was and what He taught.

This, then, is where "the rubber hits the road." To accept the resurrection, and to acknowledge Jesus as gen-

uinely divine, has broad implications for each of us. If, in fact, we have no interest in Jesus, His life and His message, then there is no point in going any further - with Christianity, at least. Ignoring truth, however, has its own implications. You may choose to reject Him, and for the moment that may seem to resolve a host of

problems, but sooner or later, you must decide - and where you come out on all of this will have a profound influence on how you live today - and how you spend eternity tomorrow.

I'm happy to talk about it... so if you wish, hit me up at perspectivesonliving@gmail.com.

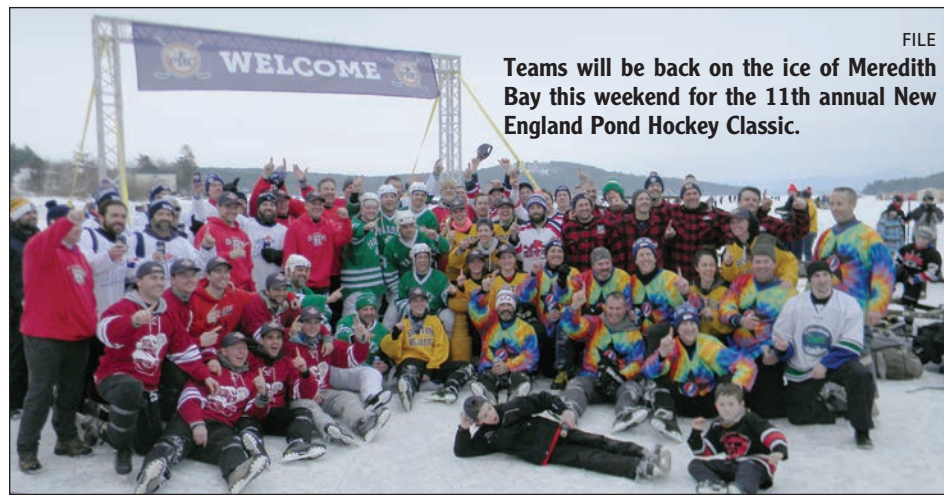
Pond Hockey Classic returns this weekend

BY ERIN PLUMMER
mnews@salmonpress.news

MEREDITH — Thousands of hockey players from around the US and beyond will converge on the ice at Meredith Bay for the 11th annual New England Pond Hockey Classic vying for their team's names on the coveted Lake WinnipeHockey Cup.

Teams and players will gather in Meredith on Thursday to register for the weekend's tournament. Games start right at 8 a.m. on Friday, and will run through Saturday. The playoffs will be on Sunday, with award presentations in the afternoon.

Pond Hockey Classic founder Scott Crowder said more than 275 teams will be taking part in this weekend's tourney. More than 99 percent of the teams are returning and Crowder said the handful the teams that haven't returned are mostly those that forgot to pre-register. This will bring more than 2,200 hockey players on Meredith Bay this weekend not to mention the thousands



FILE
Teams will be back on the ice of Meredith Bay this weekend for the 11th annual New England Pond Hockey Classic.

of spectators. Crowders aid the exact number of people who come out to the ice will depend on different factors, such as the weather.

Rinks have been cleared on the ice in front of the Inn at Bay Point. That area will become an ice village with concessions from The Common Man and Labatt Blue as well as live music on the Bank of New Hampshire Pavilion Stage Friday and Saturday.

The show is still going on this weekend, though there were some concerns about the warm and sometimes rainy

stretches of weather.

"It's been an interesting year to say the least," Crowder said. "We've had crews out there for like the last week; we're in a wait and see mode."

Crowder said because the rinks have been cleared from snow the rain hasn't necessarily hurt the ice conditions. The week leading up to the tournament was supposed to have nighttime lows in the teens to single digits, which has been promising. Crowder said if the ice isn't in great condition there might be some restrictions.

"Obviously, for us,

safety is first and foremost at the front and center of what we do, and we need to make the call to make sure we can kind of make that true," Crowder said.

Last year, the tournament celebrated its 10th anniversary with some special activities, such as an evening event where people could get a look at the real Stanley Cup. This year, Crowder said they are going to continue with the usual events that have worked really well over the years.

"I think for the most part, we have a model that works," Crowder said. "The goal is to continue doing what we do well."

Crowder said they have made a lot of great partnerships in the community, especially with several local businesses. Crowder said a number of these partnerships have been going on since the tournament started while some have started this year.

For more information on the New England Pond Hockey Classic with a schedule of events and games and team listings, visit <https://www.pondhockeyclassic.com/newengland>.

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Gabbard campaigns through Lakes Region

BY ERIN PLUMMER
mnews@salmonpress.news

MOULTONBOROUGH — Democratic Presidential candidate Tulsi Gabbard spoke to voters around the area over the weekend, talking about her goals of bipartisanship and government accountability.

The Moultonborough Function Hall was Gabbard's stop on Saturday night, where she spoke to a sizable crowd of voters from all sides of the political spectrum.

Gabbard served in the Hawaii house of representatives, then joined in the Hawaiian National Guard, where she served for six years, including two tours of the Middle East. In 2012, she was elected to Congress.

"We see a Washington that is, and has been for some time, paralyzed by hyper-partisanship," Gabbard said.

She said this hyper-partisanship is at the core of the reason why Washington hasn't been able to really accomplish much except for shallow actions that are done in reaction to something. Gabbard said Congress members now vote strictly along party lines and one can be criticized just for what cable channel they spoke on. She said this is done instead of having debate and being able to either understand someone's side or disagree with what someone said.

Gabbard said she is running to serve all Americans, with a message of partisanship and inclusiveness.

"We may disagree on some issues, and we may disagree strongly," Gabbard said. "We've got to find some common areas to find... we realize

there's more in common than we may realize."

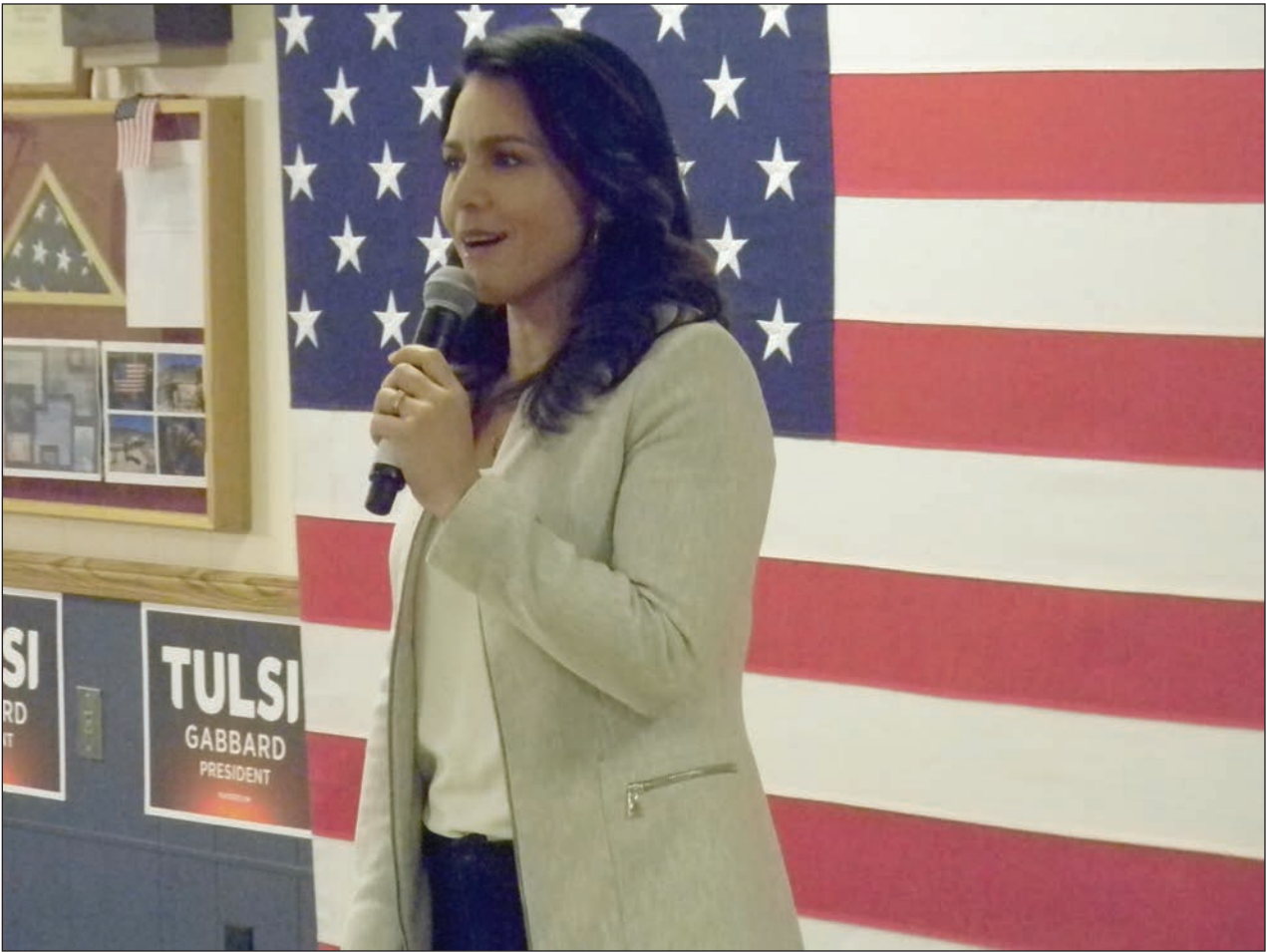
Gabbard said when she was elected to Congress in 2012, she went through training with the freshman representatives from all parties and got to know her colleagues. When she got into her first sessions, she first saw these sharp partisan divides where no one associated or voted with anyone from any other party and Democrats were discouraged from taking any action in the Republican-led House.

Gabbard's mother ran a business making homemade macadamia nut toffee, and Gabbard asked her mother to make 434 boxes of toffee for all of her fellow representatives. She sent the boxes with handwritten notes introducing herself, signing every one with "I look forward to serving with you." She said many colleagues on both sides of the aisle approached her, and this initiated talks about what was going on in everyone's districts. Gabbard said this kind of collegiality can happen by recognizing the person on the other side is still a person.

Gabbard said if elected, she will make it a regular practice to invite congressional leaders to the White House for conferences, whereas she said now that's treated like a major event.

"As your representative, you have my personal commitment: every single day, my sole motivation, my sole focus, is putting that focus to you, the American people — to our country above anything else," Gabbard said.

Her number one concern is how close the



ERIN PLUMMER

DEMOCRATIC Presidential candidate Tulsi Gabbard speaks to a crowd in Moultonborough Saturday night.

country is to nuclear catastrophe and the tensions with countries such as Russia and China. She said treaties had been put in place to reduce those tensions, but those agreements have been negated or disregarded under the administration of current President Donald Trump. If elected she would call for a summit with Russia and China to start deescalating tensions and reopening lines of communication.

Another priority would be to pull troops out of Afghanistan and end regime change wars.

When asked about defense spending, Gabbard said too much taxpayer money is going to the military industrial complex and making people rich while not being spent isn't strengthening national security. At the same time, this money is not being used for needed programs and services at home. She said she has been pushing for an audit of the

Department of Defense and finding wasteful spending.

She also believes Congressional leaders should not go on to become lobbyists or consultants working for the same industries they were supposed to be regulating while in office.

"If you choose to serve, go because you want to serve," Gabbard said. "If you want to go make a million bucks, do it, that's fine [But] don't abuse the public's trust."

When asked about immigration and border security, Gabbard said wanting to strengthen borders and reform immigration policy are not mutually exclusive. She believes in strengthening border security, but doesn't agree with President Trump's plans to build a wall. She also supports comprehensive immigration reform. She said the current system is broken and is hurting families and the economy, though Washington hasn't done any-

thing about it because of partisanship.

Gabbard was asked about climate change and the wildfires in Australia. Gabbard said she has family members living in some of the hardest hit parts of Australia, and knows the concern first hand.

"[What] we are seeing there and other countries in the world are just further proof of how these environmental threats must really be addressed past a global level," Gabbard said.

She said she would push for clean water, investments in renewable energy, and getting further away from fossil fuels and more towards energy independence. Gabbard said she would also want the US to reenter the Paris Accord and work further with world leaders to address environmental issues.

When asked about student debt, Gabbard said she knows how it is impacting the financial futures of so many young people going into postsecondary ed-

ucation. She supports treating student debt the same as any debt and able to be considered in the bankruptcy process. She said colleges and universities need to be held accountable for justifying ever increasing tuitions at a time when so many graduates are having such difficulty finding meaningful employment.

Gabbard was also asked about how she would control the price of prescription drugs, and said she heard so many stories of hardship from people. She said she wants to ensure the government can negotiate lower drug prices and that cheaper drugs can be imported from Canada. She would also want to and the loophole allowing drug companies to change a small part of their drugs to avoid becoming generic. Gabbard also said drug companies shouldn't be allowed to advertise or give incentives to healthcare providers to prescribe their products.

ments may be sent to the same address by Feb. 14.

For those who would like another opinion on the role the PMSFH plays in the degradation of the Merrymeeting River, and what the community thinks the proper discharge of phosphorus from the hatchery should be, read the Merrymeeting Watershed Management Plan, available at the New Durham town web site (go to the home page and type watershed management plan into the search window).

WATER

(continued from Page A1)

day, Feb. 5, (snow date Feb. 6) at 7 p.m. Parking is available at the school, located at 7 Old Bay Road (just 100 yards from the New Durham Town Hall). If you would like an opportunity to speak at this meeting, contact Danielle Gaito, U.S. Environmental Protection Agency-Region 1; 5 Post Office Square, Suite 100 (06-4); Boston, MA 02109-3912; (617) 918-1297; or gaito.danielle@epa.gov. Written com-

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Bring on the snow' we cry, but somebody's sure to be mad



By JOHN HARRIGAN
COLUMNIST

People tend to take weather personally. The latest snowstorm or squall of freezing rain is an insult aimed squarely at them. When the vagaries of winter turn my barnyard and back driveway into a sheet of ice, I'm not very happy. This is a polite way of putting it.

However, I like snow, and am not shy about saying so. Not everyone does, however, and I wax poetic at risk of being verbally slapped into reality by someone who has a lot of reasons for hating snow, and is not shy about saying so.

When snow is forecast for Manchester and Boston, media coverage focuses on the fact that it's going to be nothing but a big mess for commuters and everyone who has to get to airport or mall. The fact that the very same storm system is a blessing for skiers and ski areas gets a commercially driven blessing. What it means for 10s of thousands of snowmobilers and the businesses that depend on them, however, seldom gets a mention.

This winter (again), we've been dealing with the uncertainty of life on the edge between rain, freezing rain, sleet and snow. This can come down to a personal choice between snowboots and ice-creepers, but imagine what it means to an entire industry.

The silver lining in this particular cloud is that snowmobilers will often hit the road no matter the weather, because they've been looking forward to a good time all week, and in some cases all winter, and are going to have it come what may. And that's a good thing, because to the businesses, every weekend's income lost is next to impossible to regain.

+++++

On the way home from Concord, we gassed up at the Irving/Common Man stop on the Tenney Mountain Highway in Plymouth, and ahead of us was a license plate that could only belong to one person. Sure enough, it was Tom Thomson of Orford. "Equity," the plate said, in reference to a book publishing company founded by Tom's father, the late governor.

Tom is big on landowner's rights, and has plenty of company. He is perhaps best known, these days, for his fierce opposition to the view tax, which state officials insist we don't have.

In these murky times, it's hard to say much of anything definite, but I do know that without support from private landowners, New Hampshire's thousands of miles of snowmobile trails simply would not exist. And then, of course, we get down to the snowmobile clubs, and the unseen hours of trail-work and grooming that keep everything going.

+++++

If there's one event that should be on everyone's calendar, particularly families with kids, but particularly kids who seldom get close to goats and sheep and the like,



JOHN HARRIGAN

SNOW on a trailside spruce, ideal, as many a hunter, snowshoer, or cross-country skier knows, for falling down their necks.

it's the Farm, Forest and Garden Exposition on Feb. 14 and 15 at the DoubleTree by Hilton (formerly the Radisson) in downtown Manchester. It's easy to find, with plenty of nearby parking.

It's a lot like going to the Lancaster Fair or the Fryeburg Fair - get into the crowd-flow in and out of the rows of diverse and often surprising booths and displays, and you'll bump into people you saw just last week or haven't seen since the cows came home.

I try to make the Expo each year, if only to catch up on the latest trends, science, marketing tools, and gadgets. But the people-watching - and finding - are the best.

+++++

Manchester had a little tiff with taxpayers last week over whether trash pickup would continue on some streets that were never accepted as city streets but somehow flew under the radar. This brought to mind a feature I once did for the New Hampshire

Sunday News on what life is like for the night and pre-dawn trash crews.

So, I filled out all the necessary paperwork and permissions, and tagged along with one of the crews for a mid-week morning pickup. This began, as I recall, at about an hour before midnight. Mainly, I rode shotgun (the passenger seat) while one of the crew drove and the other emptied trash cans into the truck's compactor and stepped up onto a hand-hold space at the rear during short rides between pickups. For any length of transit, I rode wedged between the two of them up front. Did I mention that these were not small guys? If I had a photo of me that morning, I'd look like a wafer.

The crew broke for breakfast at around 4 (a.m.), and took me to their favorite restaurant, a little hole-in-the-wall on north Elm Street called (no kidding) "The Sea Hag." There was, in the front window along with their hours (all on the wee side), a depiction of (yes) a sea hag, a witchy and slightly menacing creature of the mystical high seas. The well-read among you out there will remember that Popeye, of cartoon fame, was visited occasionally by the Sea Hag.

The special at the Sea Hag was four eggs (count 'em, four), and of course your choice of two among bacon, sausage, and hash, along with home fries and toast, all more or less slid onto a plate and then shoved down a gently sloping

chute from kitchen to serving counter, accompanied by much yelling.

"Three He-Mans" screeched a woman back there, perhaps the Sea Hag, and the plates came whizzing in. The tag was, I think, \$3.99, a real deal in those far-gone days.

+++++

Voter fraud and election-stealing are terms blithely tossed around these days, but to me they amount to one big insult - to the voters; to the dedicated people who update and maintain the checklist; and to the people who stay up late to count and tally the votes.

Yes, an insult to actual people - because not everyone lives in Asphalt America, where voting is done with machines, and where anonymous checklist-supervisors add and remove anonymous people. In small-town and rural America, people are involved in the process from beginning to end, and do their jobs with pride.

Please address mail, with phone numbers in case of questions, to campguyhooligan@gmail.com or 386 South Hill Road, Colebrook, NH 03576.

TOWN OF NEW DURHAM ZONING BOARD PUBLIC HEARING NOTICE

**TUESDAY, FEBRUARY 13, 2020
7:00 PM @ NEW DURHAM TOWN HALL**

David & Caren Bonisteel

You are hereby notified that a Public Hearing will be held by the New Durham Zoning Board on Tuesday, February 13, 2020 at 7:00 pm at the New Durham Town Hall case # 2020-001. The hearing is regarding an application and plan submitted by Varney Engineers LLC. on behalf of David and Caren Bonisteel. The applicant is requesting variances from: Article V Section E: Dimensional Requirements Flood Hazard Area and Water Body Setback. Article XIV Section C.1 (b): Shorefront Conservation Overlay District Building Setback. Article XIV Section C.1 (e): Shorefront Conservation Overlay District Lot Coverage. Article XXI Section G.2 (b): Non-Conforming Buildings Land or Uses Non-Conforming Setbacks. Article XXI Section G.2 (c): Non-Conforming Buildings, Land or Uses Non-Conforming Setbacks Buildings. Article XXI Section G.2 (d): Non-Conforming Buildings, Land or Uses Non-Conforming Setbacks Buildings

The property is located at 12 South Shore Road, Map 119 Lot 38.



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Explaining Gordon Preston Outstanding Community Service Award

BY MARGARET CIPRIANO
Barnstead

BARNSTEAD — After recently announcing that we are looking for nominations for the Gordon Preston Outstanding Community Service Award, many curious people have had questions about the origin of the award. Some have asked when it was first awarded. Others have asked about our first recipient, Nancy Carr.

After the loss of such an influential and caring man in Barnstead last year, my husband and I felt that his legacy should live on. We approached the Preston family about honoring Gordon with an award in his name given to a dedicated community-minded person in town. Gordon had touched so many lives including that of my husband and I. Shortly after moving here, Gordon reached out to us asking us to get involved in town. His continuous encouragement swayed us to become active in town. Gordon's dedication to the town of Barnstead will live on in the town's history. The Preston family graciously accepted our efforts in honoring the "unsung hero/heroine" with this award in Gordon's name. Our first award was presented at the "celebration of life ceremony" for Gordon this past summer.

The first recipient

was Nancy Carr. Nancy has humbly dedicated many service hours to this town. Her love for the town of Barnstead radiates through her commitment to our community. Many may know Nancy from the planning board. Yet, there is so much more to her story. Nancy worked as a wilderness instructor for at risk youth for years. She is an active member of the Historical Society. Nancy has been voted in several times to the planning board and currently holds the position of chair. She was voted in as the Barnstead School District's Moderator. Nancy lends a hand during the voting check-in at the annual town election. In her spare time, she has volunteered at the Barnstead Food Pantry and the Barnstead Thrift Shop. She is a trustee and treasurer of the Riverview Cemetery in town. She holds a wealth of knowledge about the history and workings of our town. So, it was befitting that the first annual "Gordon Preston Outstanding Community Service Award" went to Nancy Carr.

We are committed to continuing this award each year in Gordon's name. We are accepting nominees up until March 20.

Criteria for nominees
Any volunteer who serves our community without compensation

to benefit our town and the residents, (for those who work for the town of Barnstead, this would be above and beyond their normal duties).

This person consistently demonstrates the quality of outstanding service to the town of Barnstead.

Their actions have made a meaningful contribution to the community.

Someone who is not normally recognized for their unyielding efforts that benefit our town... the "unsung hero/heroine."

Included along with the nominee's name and contact information should be your specific reason why this person deserves to be recognized.

Any anecdotal information or quotes from those who were touched by the nominee would be greatly appreciated.

All nominations must be submitted online no later than March 20 of each year. The award will be presented later on in the spring at a BOS meeting.

The advisory committee for the Gordon Preston Outstanding Community Service Award will review the nominations and select one recipient that exemplifies the spirit of the award.

For more information or to nominate someone, please contact Margaret Cipriano at cipzillacipriano@yahoo.com.



COURTESY PHOTO

Helping out

In honor of MLK Jr day, students at New Durham School brought in more than 720 items for the New Durham Food Pantry and then kindergarten through sixth grade students and staff hand-delivered it on Friday, Jan. 24.

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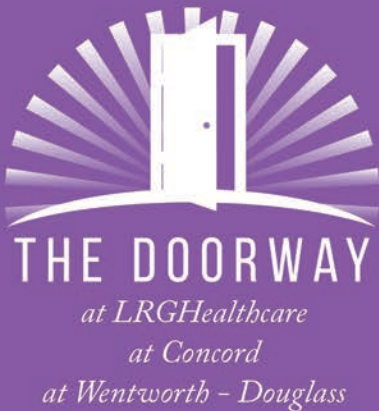


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WHAT'S ON TAP

The new month brings another full slate of games for the local high school teams.

The Prospect Mountain girls' basketball team will be hosting Hillsboro-Deering at 6 p.m. on Friday, Jan. 31, and will be at Somersworth at 6 p.m. on Tuesday, Feb. 4.

The Timber Wolf hoop boys will be at Hillsboro-Deering at 6:30 p.m. on Friday, Jan. 31, and will be hosting Somersworth at 6 p.m. on Tuesday, Feb. 4.

The Prospect alpine ski team will be at Sunapee at 10 a.m. on Thursday, Feb. 6.

The indoor track Timber Wolves and Knights will be at the University of New Hampshire on Sunday, Feb. 2, at 10 a.m.

The Timber Wolf unified hoop team will be hosting Kingswood at 4 p.m. on Monday, Feb. 3.

The Kingswood alpine ski team will be at Gunstock at 9:30 a.m. on Friday, Jan. 31.

The Kingswood hoop girls will be at Timberlane at 6:30 p.m. on Friday, Jan. 31, and will be hosting Coe-Brown at 6 p.m. on Tuesday, Feb. 4.

The Knight boys' basketball team will be at Coe-Brown for a 6:30 p.m. on Tuesday, Feb. 4.

The Kingswood swimmers will be at Kearsarge for a 6:30 p.m. meet on Friday, Jan. 31, and will be at Hanover for a 6:30 p.m. meet on Tuesday, Feb. 4.

The boys' hockey Knights will be hosting St. Thomas at 7 p.m. on Saturday, Feb. 1, and will be hosting Goffstown at 7 p.m. on Wednesday, Feb. 5.

The Kingswood girls' hockey team will be at Concord for a 7:30 p.m. game on Saturday, Feb. 1, will be at Bishop Brady-Trinity-West at 8 p.m. on Tuesday, Feb. 4, and will be at Pinkerton at 4 p.m. on Wednesday, Feb. 5.

The Nordic Knights will be at Gilford at 10:30 a.m. on Saturday, Feb. 1, and will be hosting a meet at Abenaki on Tuesday, Feb. 4, at 2 p.m.

Timber Wolf girls overcome slow start

BEAN SCORES 18 POINTS TO LEAD PROSPECT PAST WINNISQUAM

BY JOSHUA SPAULDING
Sports Editor

ALTON — It took a while for the Prospect Mountain girls' hoop team to find its offensive stroke on Tuesday, Jan. 21.

However, once the Timber Wolves got things going, they had no problem pulling away and cruising to a 47-13 win over a struggling Winnisquam team.

"We played hard, but we struggled to score," said coach Rick Burley, noting his team was two for 27 in the first quarter. "We found a way to hit some shots in the second quarter after the timeout and we pushed the ball in transition."

The first quarter saw just five points on the board, with all five belonging to the Timber

Wolves. Kassidy Kelley had a free throw to start the scoring, Hannah Capsalis put back a rebound for the first field goal with 2:25 to go in the frame and Sophia Bean put back a rebound for the final points of the frame and Prospect Mountain led 5-0 after one quarter.

Winnisquam scored the first three points of the second quarter and the last two points as well but the Timber Wolves scored 17 points in between.

Ava Misiaszek had Prospect's first hoop and after Bean hit a basket, Kelley finished off a steal with a three-point play for a 12-3 lead. Misiaszek added another hoop and then Bean put in another. Kelly and Ella Misiaszek both added hoops and

Bean had Prospect's final basket of the first half and Prospect Mountain's lead was 22-5 at the half-time break.

Julia Leavitt hit a free throw to start the third quarter and Winnisquam responded with their own free throw.

Bean followed that up by hitting the next three baskets, stretching Prospect's lead to 29-6. After the visitors hit two free throws, Bean hit another hoop and then Ella Misiaszek hit a hoop.

Grace Hardie rounded out the scoring in the third quarter with a hoop and Prospect took the 35-8 lead to the final eight minutes.

The visitors drained a three-pointer to start the fourth quarter but Prospect got the next 12 points in a row.

Bean started the run and then Michaela Vernazzaro hit two free throws. Hardie hit a hoop and Kelley had a hoop sandwiched around two baskets from Ella Misiaszek. The visitors got the final points of the game for the 47-13 final score.

"We were able to play everybody and keep fresh legs on the floor," Burley said. "That was beneficial to us."

The Timber Wolf coach also praised the work of Bean, who put in 18 points on the evening to lead the scoring.

"Sophia, she had some really nice moves," he said. "She had a great game. She was definitely our force tonight inside."

In addition to Bean's 18 points, Ella Misiaszek and Kelly each put in

eight points for the Timber Wolves.

Prospect Mountain will be hosting Hillsboro-Deering on Friday, Jan. 31, at 6 p.m. and will be at Somersworth at 6 p.m. on Tuesday, Feb. 4.

PMHS 5-17-13-12-47
WRHS 0-5-3-5-13

Prospect 47

Capsalis 1-0-2, E. Misiaszek 4-0-8, Leavitt 0-1-1, Kelley 3-2-8, Hardie 2-0-4, A. Misiaszek 2-0-4, Bean 9-0-18, Vernazzaro 0-2-2, Totals 21-5-47

Winnisquam 13

Philippy 2-0-5, Griffin 1-4-6, Day 1-0-2, Totals 4-4-13

Sports Editor Joshua Spaulding can be reached at 279-4516, ext. 155 or josh@salmonpress.news.



JOSHUA SPAULDING
SOPHIA BEAN led the Prospect girls with 18 points last Tuesday.



JOSHUA SPAULDING
HANNAH RACINE puts up a shot during action against Winnisquam.

Lacrosse demo days coming to Inter-Lakes

MEREDITH — Come see if lacrosse is for you. All area first through eighth graders, boys and girls, are invited to Lakes Region Lacrosse Club's Demo Days at Inter-Lakes High School. All skill levels are welcome, with US Lacrosse-certified coaches on hand to get you ready for the spring 2020 season. The clinics are free and will be held at the ILHS gym on Feb. 1 and 15 and March 7. Boys will run 2-3 p.m. and girls will run 3-4 p.m. Newbies and returning players alike are welcome. Registration is required. Visit www.lrlacrosse.org for details and to register.



BOB MARTIN — WINNISQUAM ECHO

On the road

Aaron Haynes looks for a passing lane during his team's game at Winnisquam last week. The Timber Wolves dropped a 64-34 decision to the Bears. Prospect will return to action at Hillsboro-Deering on Friday, Jan. 31, at 6:30 p.m. and will host Somersworth on Tuesday, Feb. 4, at 6 p.m.

Danaïs, Sheahan pace Kingswood over Kennett

BY JOSHUA SPAULDING
Sports Editor

WOLFEBORO — Both teams were coming off a layoff of a week, so it might have taken a little while to get going when the Kingswood hockey boys played host to Kennett last Wednesday.

After neither team scored in the first period, the Knights scored two goals in both the second and the third periods to take the 4-0 win over the visitors from Conway.

“In an 18-game season, I’d play Kennett 18 times,” said Kingswood coach Mike Potenza. “It doesn’t matter if one of us is having a good season or a bad season, when we play each other, it’s always a good game.”

“Mike (Lane, Kennett coach) does things the right way and that makes it enjoyable to play against them,” Potenza added.

“Kingswood is a tough team, a good team,” Lane said. “This is a big game for us with that extra point for beating a Division II team.”

“It’s the little things that are killing us right now,” the Eagle coach continued. “When you’re down in manpower, you can’t get beat on the little things.”

Kennett had the best of the chances in the early going, with Trevor LaRusso putting a shot on Kingswood keeper Oleg Sheahan. John Trapela got in the zone but was turned away by the defense and Miles Woodbury had a centering pass that missed connections.

Kingswood came back with Cody Emerson and Logan McEvoy teaming up on a bid that was stopped by Kennett keeper Bryson Wroblewski. Will Danaïs and McEvoy also teamed up on a bid, with Wroblewski making a point-blank save. LaRusso just missed connecting with

Woodbury on another bid and Kingswood’s Colby Clegg and Kennett’s Matt Cormier exchanged bids. Danaïs and Clegg each had a couple of chances for the Knights, while Bailey Savage also had a shot denied by Wroblewski.

Trapela came back with a centering pass for the Eagles that missed connections and LaRusso had a shot stopped by Sheahan, as did Brady Shaw.

Kennett got a power play chance with 47 seconds to go in the first period and the first frame closed out with no score on the board.

Connor Tofflemoyer had a couple of shots go wide on the power play early in the second but the Knights were able to kill off the advantage. The Eagles continued to pressure, with Trape-la getting a nice look in front. Shaw came back with a good defensive stop on a bid by Emerson at the other end of the ice.

With 11:31 to go in the second period, the Knights were able to get on the board, with Clegg snapping a shot from the top of the circle past Wroblewski on an assist from Nick Potenza for the 1-0 lead.

Savage, Danaïs and McEvoy continued the attack for the Knights but the Eagles were able to hold them at bay over the next few minutes, with Wroblewski making a couple of solid saves.

The Knights then upped the lead to 2-0 with 8:54 to go in the period, as Danaïs skated in on net and fired a shot that Wroblewski stopped. However, McEvoy was able to get there for the rebound and poked it in for the 2-0 lead.

Trapela had a shot stopped by Sheahan right off a faceoff in front and Potenza and Emerson came back with chances at the other



end. Grace Murphy had a chance for the Eagles denied by Sheahan and Trevor Olivier made a nice defensive stop on a run into the zone by Emerson.

Savage and Potenza had chances for the Knights that Wroblewski stopped and then Woodbury made a nice centering pass that just missed connecting with Tofflemoyer.

Kennett got a power play with 4:25 to go in the period. Tofflemoyer had a shot blocked, LaRusso and Olivier had shots go wide and Sheahan also made a save on another LaRusso bid as the Knights killed off the power play chance.

Kingswood got its first power play of the game with 32 seconds to go and Woodbury and Olivier had good defensive plays to close out the period as the Knights took the 2-0 advantage to the third period.

Potenza and Clegg had early chances on the power play in the opening minutes of the third period. LaRusso had a couple of nice clears and Savage just missed tip-

ping a shot in front of the net as the Eagles killed off the power play.

Olivier, Cormier, LaRusso and Woodbury had offensive chances for the Eagles as they looked to get on the board while Danaïs, McEvoy and Emerson had chances at the other end of the ice for the Knights.

With 10:46 to go, Danaïs skated into the circle and ripped the shot past Wroblewski for the 3-0 lead.

Kingswood got a five-minute power play chance with 10:10 to go and had some great chances, with Clegg, Potenza and Danaïs doing a nice job moving the puck around looking for the open shot while Savage and Josh Paraskos worked in front of the net. Tofflemoyer had a nice clear and Trape-la had a shorthanded bid stopped by Sheahan. McEvoy had a shot denied by Wroblewski and Potenza had a bid denied, with Paraskos putting the rebound just wide of the net. LaRusso and Woodbury teamed up for a shorthanded bid

and the Eagles were able to kill off the penalty.

Cormier had a chance in close for the Eagles, as did Tofflemoyer but Sheahan held tight.

The Eagles pulled Wroblewski from the net with 3:13 to go and kept the puck in their end, with Tofflemoyer getting a number of great chances that Sheahan stopped and Olivier and LaRusso also had chances. Danaïs put the puck off the post of the empty net as well.

Kennett went up six-on-three with 34 seconds left and Danaïs was able to capitalize on a turnover in the zone to score an empty net goal for the 4-0 win.

“After the first period, I screamed at them,” said Potenza. “After the second, Andy (assistant coach Andy Bonenfant) screamed at them.”

“And they got better every period,” the Knight coach said. “It’s very frustrating when you have a layoff like that, it makes it tough, but I’m glad they continued to get better as the game went on.”

The Knight coach said that while the power play didn’t produce a goal, it looked really strong.

“We spent a lot of time working on the power play,” Potenza stated. “It was fun to watch that power play. There was a lot of puck movement, a lot of body movement.”

He also praised Paraskos and Cam DeVito, who have continued to earn more and more playing time as the season has gone along.

“They have been working really hard and playing well enough, they don’t deserve to sit on the bench,” the Knight coach said. “They’ve earned it.”

“We had a couple of situations we’d talked

about, things we wanted to take away,” said Lane. “And we let them off the half-wall for that first goal, things like that are frustrating.”

“I did see some good things,” the Eagle mentor continued. “Our centers did a nice job in the circle. And we had a lot of young guys that have stepped up.”

He noted that injuries had his team down a few players, forcing some players to play more than they might be completely ready for, but also didn’t make any excuses.

“We’re not going to make excuses with players out,” Lane said. “We have to clean up the little things and find a way to put the puck in the back of the net.”

Lane also noted that pulling the goaltender wasn’t necessarily about getting the three goals to tie the game, but more about possibly getting some positive momentum at the end of the game.

“We’re not scared to pull the goalie,” he said. “It’s not necessarily about getting the win, but about getting a goal, getting some momentum.”

The Knights will be back in action on Saturday, Feb. 1, at 7 p.m., hosting St. Thomas and they will host Goffstown on Wednesday, Feb. 5, at 7 p.m.

The Eagles will be back in action on Saturday, Feb. 1, hosting Kearsarge-Plymouth at 3 p.m., will be hosting Hollis-Brookline-Derryfield on Monday, Feb. 3, at 4:50 p.m. and will be at Berlin at 6 p.m. on Wednesday, Feb. 5.

Sports Editor Joshua Spaulding can be reached at 279-4516, ext. 155 or josh@salmonpress.news.



WILL DANAÏS scored a pair of goals for Kingswood in a win over Kennett last week.

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Girls Knight with hockey team Friday night

WOLFEBORO — Girls Knight with the Kingswood varsity girls’ ice hockey team will take place on Friday evenings, Jan. 31, Feb. 7 and Feb. 14 at the Pop Whalen Arena.

Girls Knight is designed to provide an environment for optimal development and growth for the female player. Girls Knight will focus on teaching beginners and experienced players the basics to develop strong skating, excellent stickhandling and sniping goal-scoring abilities.

Girls Knight is open to girls ages six to 14. Full ice hockey equipment is required for Girls Knight. If your child will be in need of hockey equipment or for more information, e-mail head coach Peter Kelly at pkelly@sau49.org.

The clinic will take place from 7:10 to 8:10 p.m. on Jan. 31, and 6:50 to 7:50 p.m. on Feb. 7 and Feb. 14.

For information on this free clinic or to register, visit kingswoodathletics.org.

Tessier's 28 points lead Knights past Eagles

BY JOSHUA SPAULDING
Sports Editor

NORTH CONWAY — A back and forth game kept the crowd entertained as the Kennett unified basketball team hosted Carroll County rival Kingswood on Wednesday, Jan. 22.

In the end, a big game from Alex Tessier was enough to lead the Knights past the Eagles by a 50-46 score.

Prior to the start of the game, Kennett honored Leah Jones, who has been part of the team for the last five years and was playing in her last game.

Tessier got the scoring started and scored Kingswood's first four baskets while Kennett got hoops from Brianna Junkins and Jones, with Kingswood getting the 8-4 lead.

Jones and Jack Schor responded with hoops for the Eagles to tie the score at eight but Andrew Cray hit a hoop for the Knights. Another Schor basket tied the game at 10 but Talin Sargent answered for the Knights.

Nick Milliken and Schor hit hoops sandwiched around a hoop from Kingswood's Brayden Gruszewski and the score was tied at 14 after one quarter of play.

Sargent and Michael Foy hit the first two baskets of the second quarter for the Knights but Junkins responded with a hoop for Kennett. Tessier hit two hoops in a

row for the visitors but Jones and Milliken answered with baskets for the Eagles.

Gruszewski drained a basket and Milliken answered for the Eagles. Cray hit a hoop for the Knights and Schor rounded out the scoring for the first half, with Kingswood taking the 26-24 lead at the break.

Tessier hit two hoops sandwiched around a hoop from Junkins at the other end. Olivia Gallant and Jones hit back-to-back buckets for the Eagles to pull them even at 30.

Tessier hit another hoop to put the Knights back in the lead but Milliken answered with a hoop. A hoop from Cray and another from Sargent on either side of a hoop from Joseph Nile and the Knights took the 36-34 lead to the final eight minutes.

Tessier hit four hoops in a row to start the fourth quarter, stretching Kingswood's lead to 44-34 out of the gate.

Junkins ended the Kingswood run with a hoop and Cray answered with a hoop at the other end. Jones hit a pair of hoops and Nile hit another as the Eagles pulled closer at 46-42.

Cray and Gruszewski hit baskets down the stretch for the Knights and fittingly, in her final game, Jones hit the last two baskets of the game for the Eagles.

Tessier led all scorers with 28 points on the day and Cray also got to



JOSHUA SPAULDING
KINGSWOOD'S Jenna Hanson gives a high-five to Kennett's Leah Jones after Jones scored a hoop in the teams' game last week.

double-digits, netting 10 points on the day for the Knights. Jones led the way for the Eagles, finishing with 16 points on the to finish out her Kennett career.

The unified Eagles are scheduled to compete at home against Spaulding on Wednesday, Feb. 5, at 3 p.m.

The Knights return to action with a game on Monday, Feb. 3, at Prospect Mountain at 4 p.m.

KRHS 14-12-10-14-50
KHS 14-10-10-12-46

Kingswood 50
Cray 5-0-10, Tessier 14-0-28, Foy 1-0-2, Gruszews-

ki 3-0-6, Sargent 2-0-4, Totals 25-0-50

Kennett 46
Junkins 4-0-8, Schor 4-0-8, Gallant 1-0-2, Jones 8-0-16, Nile 2-0-4, Milliken 4-0-8, Totals 23-0-46

Sports Editor Joshua Spaulding can be reached at 279-4516, ext. 155 or josh@salmon-press.news.

JOSHUA SPAULDING
KINGSWOOD'S Jenna Hanson gives a high-five to Kennett's Leah Jones after Jones scored a hoop in the teams' game last week.



Carpenter, Wade earn top finishes at UNH



JOSHUA SPAULDING
CAITLIN CARPENTER breaks from the blocks in the 55 meters on Sunday at UNH.

BY JOSHUA SPAULDING
Sports Editor
DURHAM — The Kingswood indoor track team traveled to Durham on Sunday for a meet and came home

with some solid results. Caitlin Carpenter leaped to second place overall in the long jump with a distance of 16 feet, 2.75 inches.

Carpenter ran to fifth

in the 55-meter dash preliminaries with a time of 7.91 seconds and then finished in sixth place in the finals with a time of 7.97 seconds.

The Knight team of Elizabeth Morrison, Sarah Carpenter, Rosemary Carpenter and Carolyn Day ran to fourth overall in the 4X400-meter relay with a time of 4:38.19.

Anabelle Nelson finished in seventh place in the 600 meters and won her heat with a time of 1:48.03.

Morrison placed 10th in the 300 meters with a time of 47.03 seconds and Rosemary Carpenter was eighth overall in the



JOSHUA SPAULDING
ANABELLE NELSON runs at UNH on Sunday afternoon.



JOSHUA SPAULDING
DEVAN WADE leaps in the long jump at UNH on Sunday.

1,000 meters in a time of 3:26.97.

Devan Wade won his heat of the 300 meters in a time of 38.98 and finished in fifth place overall.

Wade finished in third place in the long jump with a leap of 19 feet, 11.25 inches.

The Knights are scheduled to compete again in one more qualifying meet at the University of New Hampshire on Sunday, Feb. 2, at 10 a.m.

Sports Editor Joshua Spaulding can be reached at 279-4516, ext. 155 or josh@salmon-press.news.

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Tough third quarter sinks Knight boys



JOSHUA SPAULDING
BROGAN SHANNON rises toward the basket in action against Pelham on Friday night.



JOSHUA SPAULDING
ASHTON ST. PIERRE works under the basket during his team's game Friday with Pelham.

BY JOSHUA SPAULDING
Sports Editor

WOLFEBORO — The Kingswood boys' basketball team had Pelham on the ropes in the first half on Friday night.

However, the Pythons came charging out of the gate in the second half, going on a 14-0 run to take the lead, forcing the Knights to battle back. Kingswood was able to tie the game twice in the fourth quarter but the visitors hit their free throws down the stretch and emerged with a 77-67 win over the Knights.

"They're a good team, they play physical basketball," said coach Dan Place. "We showed we can play with them."

"At Bow (on Tuesday) we played a good half, today we played three-and-a-half quarters," the Knight coach added.

The Pythons scored the first basket of the game, drilling a

three-pointer but Matt Place answered with a hoop for the Knights. Pelham hit another free throw but Pat Runnals hit a basket and Brogan Shannon sank a free throw to cut the lead to 6-5.

After two Pelham free throws, Shannon hit a hoop to cut the lead to one again but the visitors came back with a free throw and a three-pointer to stretch the lead to 12-7. A Shannon three-pointer cut the lead to two but Pelham answered with another free throw to make it a three-point game.

Shannon hit a hoop and a three-pointer to propel the Knights to the 15-13 lead and an Ashton St. Pierre finish of a great feed from Place gave the Knights a 17-13 lead. After another Pelham hoop, St. Pierre hit two from the line and

Pelham scored the final points of the quarter, cutting Kingswood's lead to 19-17 after one quarter.

The Pythons hit a free throw and a bucket to take the lead back to start the second quarter but a hoop from Shannon and two St. Pierre free throws put Kingswood back in the lead by a 23-20 score. Pelham responded with a trio of free throws to tie the game at 23 before a Place hoop gave Kingswood the lead back.

Pelham hit another hoop to cut the lead to one and then Shannon hit a free throw to push the lead to 27-25. The Pythons hit consecutive baskets to propel them back to the lead but an Ethan Arnold three-pointer put the Knights back in front again. Ben Cochrane drained two free throws, Place sank a three and Shannon finished off a Josh Finneron steal, stretching Kingswood's lead to 37-29.

Pelham got back on the board but Shannon hit two free throws to answer. After a Pelham three, Shannon hit one more from the line and Kingswood took the 40-

34 lead to the halftime break.

The Pythons grabbed the momentum out of the halftime break, as they hit four three-pointers and two free throws to take the 48-40 lead. The Knights did not score until three minutes remained in the quarter when Place hit a free throw.

After another Python basket, Shannon got Kingswood's first field goal of the frame, drilling a three-pointer with 1:30 to go in the quarter. Pelham hit another hoop but Runnals responded with a three-pointer for the Knights and after a Python basket, Arnold hit the final hoop of the quarter, cutting the lead to 54-49 after three frames.

Pelham got the opening basket of the fourth quarter but Shannon followed with a hoop and a three-pointer and Arnold hit a hoop to pull Kingswood even at 56. The visitors hit another hoop and Runnals answered with a free throw to pull the Knights within one. Pelham got a three-pointer to stretch the lead to 61-57.

Place came through with a three-pointer to

cut the lead to one and then hit a free throw to tie the game at 61. Pelham got a three-pointer to go ahead but Shannon answered with another basket to cut the lead to one.

The Pythons answered with a three-pointer to push the lead to four but a pair of Shannon free throws cut the lead to two with a minute and a half to go. Pelham converted a three-point play and two more Shannon free throws made it 70-67 with just more than a minute to go, but that was the last points Kingswood would get, as the visitors scored the final seven points on two hoops and three free throws for the 10-point win.

Shannon finished with 33 points to lead the way for the Knights while Place added 13.

Place noted that he thought Shannon had a great game, but not just because he scored 33 points.

"He looked to get rid of the ball," Place said. "He's just a great player."

The Knights have been through a tough portion of the schedule that included Hanover,

Bow, ConVal and Hollis-Brookline.

"We've played some very good teams and we're starting to find some positive stuff," Place said. "The kids are staying positive. We have 10 games left and that's a lot of the season left."

"Division II is loaded, there's no such thing as an easy night," the Knight coach added.


Kingswood returns to action on Tuesday, Feb. 4, at Coe-Brown at 6:30 p.m.

KRHS 19-21-9-18-67
PHS 17-17-20-23-77

Kingswood 67
Arnold 3-0-7, Runnals 2-1-6, Place 4-2-13, Shannon 10-9-33, St. Pierre 1-4-5, Cochrane 0-2-2, Totals 20-18-67

Pelham 77
M. Crowley 6-0-14, Brow 6-1-15, Garrett 1-2-4, D. Crowley 3-6-12, Paul 1-3-5, Dumont 8-0-23, Jones 1-2-4, Totals 26-14-77

Sports Editor Joshua Spaulding can be reached at 279-4516, ext. 155 or josh@salmonpress.news.



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Brendan Berube at (603) 279-4516, ext. 101
with any questions regarding the submission process.

Kingswood girls' hockey fundraiser set for Feb. 7

WOLFEBORO — The Kingswood High School varsity girls' ice hockey team will be sponsoring Vendor Bingo on Friday, Feb. 7. The event will be held at the Kingswood Reginal High School cafeteria, 396 South Main St., Wolfeboro. The event will include door prizes and special raffle items from several area vendors. To name a few donated items along with items that can be purchase are US Borne Books, Norwex, Tupperware, Magnetic Raven Moose, Paparazzi, Color Street Nails, Boxxity, Sanctuary Girl, Avon, Wooden Spoon, Sentsy, and many more.

Admission is free. Bingo cards will be by donation and can be picked up at the door. There will be a minimum of 10 bingo games. Dinner items as well as a bake sale will be available for purchase. The best of all is the several vendors that will be on hand to show case their products.

Doors open at 5:30 p.m. with the first game beginning at 6 p.m.

All proceeds from the evening will help the girls' varsity ice hockey team. Please come out and show your support of these girls and enjoy a great evening of fun and chance. These girls have been improving every game they play with the help of head coach Peter Kelly. They have had some awesome plays this year. Unfortunately, because girls' hockey is relatively new to Kingswood, they get very little funding through the school district. Currently they are looking at a bill for this season at approximately \$20,000. If you are unable to make this event, please watch the newspaper for additional fundraisers coming in the future. Anyone unable to attend but would like to donate to help offset the cost are welcomed to contact the Kingswood Athletic Department. The Kingswood girls' varsity ice hockey game has the following games coming up, so please come see how the very talented girls play. They play Feb. 1 at 7:30 p.m. at Concord, Feb. 4 at 8 p.m. at Bishop Brady, Feb. 5, at 4 p.m. at Pinkerton, Feb. 8 at Keene at 7:30 p.m. and Feb. 11 at home against Bedford at 7:10 p.m.

For more information on this event or other upcoming events for the girls' ice hockey team, contact the Kingswood Athletic Department or call Jess at 387-7921 or e-mail grnmtn.jess@yahoo.com.

Knight boys third, girls fourth at King Pine

BY JOSHUA SPAULDING
Sports Editor

MADISON — The Kingswood alpine ski team played host to Kennett, Pembroke and Portsmouth for a meet at King Pine Ski Area on Friday, Jan. 24.

With beautiful weather, the skiers competed in two runs of giant slalom in the morning and two runs of slalom in the afternoon.

In the morning giant slalom, Kingswood finished in third place overall behind Kennett and Plymouth.

Jackson Walsh led the Knights with a time of 1:00.51 for fourth place overall.

Cameron Yates was next, finishing in 1:03.17 for 12th place and Josh Shapiro finished in 1:04.6 for 18th place.

Lou Arinello rounded out the scoring for Kingswood with a time of 1:07.78 for 22nd place overall.

Calvin Kinville was 23rd in 1:07.9, Robbie Hotchkiss finished in 30th place in 1:10.82, Camden Colson was 33rd in 1:12.44, Matt Burch was 41st in 1:18.97 and Noah Shatzer finished in 1:30.33 for 47th place.

In the afternoon slalom, Shapiro was the top finisher for Kingswood, finishing in a time of 1:07.84 for ninth place as Kingswood again finished in third place.

Yates was next, finishing in 10th place in 1:08.17 and Kinville scored third for Kingswood with a time of 1:08.52 for 11th place.

Arinello again rounded out the scoring, finishing with a time of 1:08.84 for 12th place.

Hotchkiss finished in 20th place in 1:14.78, Colson placed 26th in 1:18.44, Walsh was 39th in 1:34.51, Shatzer finished in 40th in 1:37.62 and Burch placed 44th in a time of 2:41.14.

The Knight girls finished in fourth in the morning giant slalom with Allison Bean leading the way with a seventh place finish in a time of 1:03.17.

Tayghen Gelinas finished in 11th place in 1:04.63 and Hannah Crane was 19th in 1:06.56.

Rachael Paraskos rounded out the scoring with a time of 1:08.35 for 25th place.

Abby Fournier was 27th in 1:09.88, Kylie Lewis finished in 36th place

in 1:15.02, Alyssa Dow placed 38th in 1:15.48, Natalie Marcoullier was 39th in 1:15.77, Abbie Heald finished 40th in 1:15.89, Hadley Larson was 44th in 1:16.93 and Logan Jeddrey finished in 46th place in a time of 1:17.82.

The Knights were also fourth in the afternoon slalom with Bean again leading the way, finishing in a time of 1:03.79 for fifth place.

Crane moved into 17th place with a time of 1:13.47 and Gelinas finished in 1:18.27 for 24th place overall.

Fournier rounded out the scoring with a time of 1:20.84 for 28th place.

Larson was 33rd overall in 1:28.46, Marcoullier was 37th in 1:30.32, Lewis placed 39th in 1:32.85, Heald was 40th in 1:33.56, Dow was 42nd in 1:35.51 and Jeddrey finished in 1:54.11 for 48th place.

The Knights will be competing in the Winnetka Alpine Race at Gunstock on Friday, Jan. 31, at 9:30 a.m.

Sports Editor Joshua Spaulding can be reached at 279-4516, ext. 155 or josh@salmonpress.news.



JOSHUA SPAULDING

TAYGHEN GELINAS scored for the Knights in both disciplines at King Pine on Friday.



JOSHUA SPAULDING

CAM YATES had a strong day for Kingswood on Friday at King Pine.



JOSHUA SPAULDING

ABBY FOURNIER races through the giant slalom course at King Pine last week.



JOSHUA SPAULDING

ROBBIE HOTCHKISS concentrates as he skis the slalom on Friday at King Pine.

Knight Nordic team competes in pair of races

BY JOSHUA SPAULDING
Sports Editor

WOLFEBORO— The Kingswood Nordic team traveled across the state on the Martin Luther King Jr. holiday for a meet hosted by Lebanon at the Plainfield School.

The Knight girls were led by Allison Bean, who finished in 14th place overall with a time of 21:50.

Sarah Bellefleur was next in for the Knights, finishing in a time of 22:32 for 18th place overall.

Marcella DeNitto was Kingswood's third scorer, finishing in a time of 23:27 for 24th place overall and Sarah Carpenter rounded out the scoring for the Knights with a 25th place finish in a time of 23:41.

Carolyn Day skied to 28th place overall in 24:37 and Tayghen Gelinas finished in 39th place in a time of 27:17.

For the boys, Jackson Boudman was the first Knight finisher in a time of 18:24 for 18th place.

Axel Plache came in with a 22nd place finish in a time of 18:52.

Tim Huckman finished with a time of 23:32 for 41st place overall and Aiden Thompson rounded out the field of Knights with a time of 27:38 for 54th place overall.

In the middle school race, Mack Carpenter was 14th in 26:16 and Samuel Frazier was 18th in 31:36 for the boys while Olivia Blaney finished in 12th place for the girls with a time of

34:19.

The Knights made another long trip to the western part of the state on Saturday, competing in Dublin at a meet hosted by ConVal.

In the B race, Bean finished in first overall with a time of 15:43.

DeNitto was next, finishing in 15:54 for second place and Elizabeth Morrison finished in fourth place in a time of 16:45.

Day finished in sixth place to round out the scoring for Kingswood with a time of 17:19.

Rosemary Carpenter was 10th overall in 18:38, Tayghen Gelinas finished in 26th place in 20:09.

For the boys, Plache picked up the win in the B race with a time of 11:44.

Boudman was next, finishing in third place with a time of 13:32 and Huckman finished in fourth place in 14:42.

Hotchkiss finished out the scoring with a time of 16:58 for 15th place.

Thompson finished out the field of Knights with a time of 19:32 for 24th place.

Mack Carpenter was the lone middle school racer, finishing in 13:54 for 10th place overall.

The Knights are scheduled to compete in the first New Hampshire Series Race of the season on Saturday, Feb. 1, at Gunstock at 10 a.m. They will also be hosting a race at Abenaki on Tuesday, Feb. 4, at 2 p.m.

Sports Editor Joshua Spaulding can be reached at 279-4516, ext. 155 or josh@salmonpress.news.



JOSHUA SPAULDING

MARCELLA DENITTO finished third for Kingswood in a race at Plainfield School last week.

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-Lost in Laconia NH-
August 27, 2016
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For more info see
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Call Owner 603-365-1778
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Become a true culinary leader!
Are you a professional with a
great attitude and a willingness to
share what you know? Move up
the hospitality ladder of success.
Join a winning team! A unique
opportunity to be a culinary leader
at one of New England's finest
private clubs. Be a team leader!
Be able to work with a wide
variety of foods that many may
never experience. Be able to
express your artistry through
food. This is an unbelievable, rare
opportunity of a lifetime for the
right candidate. Be able to order
your product, create memories
and lead your culinary brigade to
be the best. Train under a Certi-
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the American Academy of Chefs
and an elected member of the
exclusive Honor of the Golden
Toque Society. The salary is paid
year-round. The operating season
is from May through October.
Benefits available. Salary is
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Email resume and cover letter to
chefpaul@baldpeak.org

GSIL is seeking a PCA in Effingham
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spoken woman with a keen humor,
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networking and genealogy. We are
seeking someone who is honest,
kind and has some medical back-
ground to help with daily needs,
but willing to train the right person.
Many shifts available 8-12 and
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on times but some tasks are time
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Pay is \$10.75/hr. Please contact
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General Help Wanted

The homeowners association of
Property Owners Association at
Suissevale, Inc. is currently
seeking applications from
qualified persons interested in
providing support to the Business
Manager, as the Administrative
Assistant. This position will be
directly interacting with Associa-
tion member, contractors and the
Board of Directors.

Candidates must have:

- Proficiency in verbal and written skills.
- Proficiency in computer skills - Microsoft Office, Word, Excel, Power Point.
- Experience with graphics and WEB based postings is highly desirable.
- Strong organizational skills, filing, including electronic document filing.
- Must be timely and reliable.
- Coordinating meetings.
- Assisting with scheduling and supervising the summer staff.

This is a 20-30 hour a week
position. More hours are required
during the summer months.
Usual work schedule: Monday,
Wednesday, Friday and Saturday
9:00 am to 3:00 pm.

Applications will be accepted until
the position has been filled.
Please send cover letter explain-
ing why you feel you are qualified
for this position and a resume to:
Suissevaleom@gmail.com.

THE KALLED GALLERY will
be hiring a full-time seasonal
employee and a second part-time
seasonal employee for the 2020
summer/fall season. We will look
for qualities in someone that will
compliment our team and the
culture of the gallery. Your love &
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ability with sharing your learned
knowledge will be a plus. The
right candidates will have retail
experience, strong computer
skills, some knowledge of a POS
system, great customer service
skills, great communication skills,
willingness to learn, a sense of
humor, a great attitude, AND will
love to work week-ends. We will
train you to excel at your job. Pick
up your application at the gallery
Thurs-Sat 10-5:30. Our email is:
kalledgallery@kalledjewelrystudio.com if you would like to send
your resume and a cover letter.
Please direct all inquiries to Mal
Stirt.

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Filling up my painting schedule
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All real estate advertising in this
newspaper is subject to
The Federal Fair Housing Law
which makes it illegal
"to make, print, or published any
notice, statement, or advertisement,
with respect to the sale, or rental of a
dwelling that indicates any prefer-
ence, limitation, or discrimination
based on race, color, religion, sex,
handicap, familial status or national
origin, or an intention to make any
such preference, limitation or
discrimination."

(The Fair Housing Act of 1968 at 42
U.S.C. 3604(c))

This paper will not knowingly accept
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Commission for Human Rights**
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Route 25 Moultonboro. 1,740 sq ft.
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Approx. 900 square feet.
Kitchenette area.
Includes heat and hot water.
Main Street exposure.
\$1,000/month.
Reduced rent of \$800/ month until
May 15th.
Call 603-986-3130

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empty lot ready for your mobile
home. The lot has a 24 x 48 slab
already there but it can be modified
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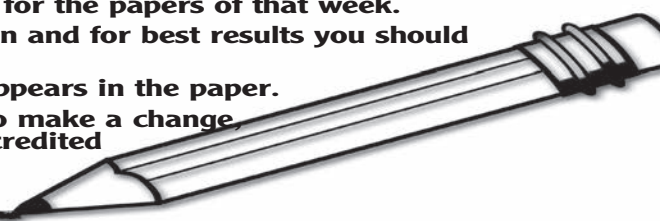
Place your ad early in the week (Tues.-Fri.).

The Monday Morning 11 AM deadline is for the papers of that week.

Keep in mind we are a weekly publication and for best results you should run your ad more than once.

Read your ad carefully the first time it appears in the paper.

If it contains any errors, or if you wish to make a change, call us immediately. Errors will only be credited after the first run date.





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***10% down - 25 years at 6%**

Call Kevin - 603-387-7463
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Directions: Rt. 93, exit #23. Right for 1/2 miles, left at post office for 800'

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<p>MLS# 4785274 MEREDITH: Great 2.3 ac. building lot — short walk to sandy beach. Close to Lakes Region amenities. \$89,000</p>	<p>MLS# 4781189 LAKE WINNIPESAUKEE/LACONIA: Brand new, luxury, WF townhouse w/ boat dock & shared beach. \$829,900</p>	<p>MLS# 4790418 GILFORD: Income property! Seven seasonal cottages & year-round main house in Glendale. \$399,000</p>	<p>MLS# 4787924 GILFORD: Winnepesaukee home 150' of shorefront, bunk house, protected dock, detached garage. \$949,900</p>

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WWW.TCHEALTH.ORG

Shaker Regional School District
Current Employment Opportunities

Long Term Sub — Special Education Teacher — Belmont Middle School
Long Term Sub — Special Education Teacher — Belmont Elementary School
Long Term Sub — Physical Science — Belmont High School

Long Term Subs are paid \$75.00 per day for the first 9 consecutive days, then \$190.15 per day.

1:1 Behavioral Assistant — Belmont Elementary School (3 positions) (\$16.22/hr)
1:1 Part-Time Behavioral Assistant — Belmont Elementary School (\$16.22/hr)
1:1 Behavioral Assistant — Belmont Middle School (2 positions) (\$16.22/hr)
1:1 Behavioral Assistant — Belmont High School (\$16.22/hr)
1:1 LNA — Belmont Elementary (\$16.22/hr)
Part-Time General Special Education Assistant — Belmont Elementary School (\$11.03/hr)

Substitute teachers — all schools \$75.00/full day.

Please visit the Human Resources page on the District Website, www.sau80.org, for details, or contact Debbie Thompson, Business Administrator, at 267-9223 ext 5303 or via email at dthompson@sau80.org.

INTEGRITY EARTHWORKS

Now Hiring!
Full Time Laborers
Site Foreman
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We offer Competitive Salary based on experience
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Or find our Application online at integrityearthworks.com

Governor Wentworth Regional School District

Employment Opportunities

Computer Technology Network Technician

Multi-School District (Wolfeboro and surrounding area)

- Provides end-user technology support in a complex network environment. Responsible for maintenance, troubleshooting, diagnosis and repair of computer hardware, operating systems, devices and software as part of a technical support team.
- High school diploma and Associates Degree in computer related field &/or equivalent experience.
- **Salary range- \$40,000 - \$44,000**
- **Full Benefit Package**
- Full time, year-round position
- Travel between all GWRSD schools required.

www.gwsd.org — to apply or for more information/job description.

White Mountains Regional School District
Central Office Vacancies for 2020-2021

Administrative Position: Business Administrator
Central Office Personnel: Human Resources/Payroll

White Mountains Regional School District, SAU #36, is located in the heart of the beautiful White Mountains. SAU#36 has one Board serving the communities of Carroll, Dalton, Jefferson, Lancaster, and Whitefield.

The WMRSD Business Administrator will facilitate and oversee all financial aspects of the District. There is a comprehensive job description on the SAU36.org website. A candidate with experience, a Master's Degree in business, and holder of the Business Administrator certification from the NHDOE (0038) is desired. This is a 261-day salaried position with a generous benefits package. We may make accommodations for qualifications and experience. Start Date: July 1, 2020

Human Resources/Payroll person manages the District's payroll, employee benefits, and purchasing tasks. The HR/PR manager works collaboratively in the District Central Office with the Business Administrator, Data Manager, Accounts Receivable Assistant, Grants Coordinator, and Administrative Assistants. There is a comprehensive job description on the SAU36.org website. This is a 261-day salaried position with a generous benefits package. Start Date: June 1, 2020

Please apply on SchoolSpring; paper applications are not accepted. Positions opened until filled.

Learn-to-curl program starts Feb. 5

WOLFEBORO — Following up on a very successful Fall program, Lakes Region Curling and the Wolfeboro Department of Parks and Recreation are offering a four-week learn-to-curl program for beginners. The hour-and-a-half sessions will take place on Wednesday mornings, Feb. 5, 12, 19, and 26 at Pop Whalen Ice Arena in Wolfeboro. The program is open to members of the public who have from zero to two years of curling experience. Each weekly class will start at 9:30 a.m., and experienced LRCA curlers will be on hand to provide coaching and organize matches among participants. For information and to register, visit the Parks and Rec web site (www.wolfeboroh.nh.us/parks-recreation) and click “Register Now.” Sign in to your account or create one on the site to access the registration form. On the form, search for “curling” and then click “Register” for Session 2. For information about the Olympic sport of curling, visit the Lakes Region Curling web site at lakescurling-nh.org.

Tokyo, Christmas lights, diets and night jobs

It’s been a busy few weeks, so it was a good time to touch on some things bouncing around in my head.

Last Wednesday marked six months out from the start of my trip to Tokyo for the Summer Olympics and Friday marked six months until the start of the Olympics. The last few weeks, I’ve spent a lot of time looking over schedules, reading stories about different venues and events and in general just chasing down information. That has also led me down a rabbit hole into the next few Olympics, which include Winter Games in Beijing in 2022 and Milan-Cortina in 2026 and Summer Games in Paris in 2024 and Los Angeles in 2028. There’s no guarantee I will ever get to another Olympics, so it’s fun just to watch what the possibilities might be in coming years. Beijing in particular looks pretty impressive. Thanks again to the many people who have helped fund the trips to the Olympics in 2014 and 2018 as well as this upcoming journey. Excitement is there.

I choose one weekend in January to take down the Christmas lights at my mother’s house in Stark. It’s based completely on my work schedule and which weekend works best, so of course the weekend

SPORTING CHANCE

By JOSHUA SPAULDING



where it was 50+ degrees didn’t work out. Instead, I spent the weekend of Jan. 18 and 19 taking down the lights when it the thermometer was hanging around zero for much of the day. However, my mother’s boyfriend Mike and I got all the wreaths and lights down and the trees put away on Saturday before the sun went down and used Saturday evening and Sunday to take care of stuff inside and get it all put away and now it’s done for another year. I am entertaining the thought of going to visit my brother for Christmas next year, which could throw off the entire holiday schedule.

I don’t go to the movies a ton, but I did get to the theater twice in December in order to see Star Wars – The Rise of Skywalker. I saw it the night it opened at a Morning Buzz screening in Manchester and then saw it a few days after Christmas with a few friends. While it was far from perfect, it was an enjoyable conclusion to a story that’s been going on for essentially my entire life. And I’m always up for a good tub of movie theater popcorn. Speaking of food,

most of December I was way off of my diet and exercise program. I was battling an elbow injury, which had me just doing treadmill and elliptical work instead of my normal routine. And food? Well I ate a lot of crap over the final few weeks of the year, including my first visit to the most local branch of Five Guys, in Tilton. But, after the start of the new year, I got back on the diet and exercise program and have been avoiding the stuff I really like. My hope is to keep that up until my first trip of the year, which comes in mid-March. We will see how that goes.

Not having to work a night job has been a good thing in that I’m getting more sleep and not falling asleep at the wheel anymore. But I do miss the paycheck.

Finally, have a great day, Michaela Andruzzi.

Joshua Spaulding is the Sports Editor for the Granite State News, Carroll County Independent, Meredith News, Gilford Steamer, Winnisquam Echo, Plymouth Record-Enterprise, Littleton Courier, Newfoundland, Coos County Democrat, Berlin Reporter and The Baysider. He can be reached at josh@salmonpress.news at 279-4516, or PO Box 729, Meredith, NH 03253.



POWDERMILL SNOWMOBILE CLUB

February 2020 Events

Pig Roast

Saturday, February 1
12:00 PM - 4:00 PM.
New Durham General Store
sponsored by Mikes Meat Shoppe and the New Durham General Store

Winter Carnival



Everyone is Welcome

11am-4pm Sat. Feb. 14th
Johnson's Marketplace, 69 Route 11, New Durham (603) 859-7100
Enjoy food, warm fire, Hot Chocolate, Polaris demo rides by Rochester Motorsports

Ray Gamble Memorial Poker Run



Saturday, February 22,
9:00 AM - 2:00 PM
Cookout at the Lookout
Proceeds to the 600 acre expansion of the Birch Ridge Community Forest

Cookout-at-the-Lookout



Saturday, February 22, 12:00 PM - 4:00 PM
173 Valley Rd, New Durham, NH
Enjoy food, warm fire, landowner fireworks at dusk

www.powdermillsnowmobileclub.org/
Contact president@powdermillsnowmobileclub.org for more information

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