ANDOVER — After weeks of wait- ing by the Cynoabacte- rium Mitigation Steering Committee, the New Durham Water Quality Committee, volun- teer residents of New Durham and Alton, the Powder Mill State Fish Hatchery (PMFH) and the US Environmental Protection Agency (EPA), the results are clear: The PMFH has released sufficient amounts of phosphorus into the Merrimack River at Marsh Pond to cause severe degra- dation, of that and other downstream waterbodies, as evidenced by a classified is- sual excursion due to cyanobacteria and hop- scotch microcystis blooms found by the New Hampshire Department of Health and Human Ser- vices (NH DHH) (through listing out the New Hampshire 303(d) list of impaired waterbodies). In addi- tion, the release of phos- phorus from the hatch- ery has been estimated to contribute 26 percent of the total phosphorus found at the river’s dis- charge point at Alton Bay which in 2010 was estimated to be more than 1,800 pounds of phosphorus per year.

The strongest lan- guage the EPA could find to convey this mes- sage is, “the EPA has determined that the addition of phosphorus from the hatchery to the auto- toxic microcystis impaired waterbody caused or contributed to the reasonable potential of the impaired waterbody to cause or contribute to the criteria exceedance above the narrative cri- teria discussed above” (page 2 of the fact sheet accompanying the draft permit). The entire draft perm- it can be viewed on the Alton town web site, or can be obtained on- line at http://www.epa. gov/region1/npdes/permits/draft_permits_listing. html.

The community encourages you to read it and urge you to attend the EPA’s public session on the draft permit held at the New Durham Elementary School on Wednes- day, Mar. 4, 5:30-7:30 p.m.

See WATER, PAGE A10

Public session with EPA Wednesday night

BY ELISSA PAQUETTE

WOLFEREDO — De- vice of Curriculum Kaitlyn Hills, spoke to the Governor Wentworth Regional School District (GWRSD) administr- ation and board members on Jan. 14 about the integra- tion of information within the curriculum that helps keep students safe and mentally and physically healthy.

The device holds a “new” curriculum, said Hills. The device is connected to the computer, which allows for students to learn how to identify and manage their emo- tions and handle relation- ships. Social and emotional skills are a cornerstone to beneficial decision making. Stu- dents can choose from a number of activities and choose in addition to ath- letics in which to become involved and feel a sense of belonging.

Superintendent Kathy Cuddy-Egbert said the district has formed a number of community partnerships and she has been impressed with how well principals and staff know their students.

There are a number of activities and clubs available in the district and a well listed online on the GWRSD web site, along with contact information for assistance.经销商 located at each of the schools.

Deliberative sessions this week

REGION — Local voters will have their say on warrants at deliberative sessions in the coming week.

The Alton school deliberative session will take place on Saturday, Feb. 1, at 1 p.m. in the auditorium at Prospect Mountain High School.

The school of New Durham deliberative session will be held on Monday, Feb. 3, at 7 p.m. at Tovar Hall in New Durham.

The town of New Durham deliberative session will be held on Monday, Feb. 3, at 7 p.m. at 7 Old Bay Road.

The Governor Wentworth Regional School Dis- trict deliberative session will be held on Saturday, Feb. 1, at 10 a.m. at the Kingwood Arts Center in Wolfeboro.

Town and school voting will be held on March 10. ballots on hand at the polls. New Durham votes from 9 a.m. to 7 p.m. at New Durham Elementary School and Alton votes from 7 a.m. to 7 p.m. at St. Katharine Drexel Church on Hild- ing Spring Road.

GWRSD curriculum supports drug and alcohol awareness

First competition

Alton Central’s robotics team, Random Precision (l to r), Dakota Bickford, Dominique Garcia,_blanked the scene at the regional FIRST Lego League qualifying event held at Bishop Brady High School. The team finished 16th out of 21 teams. These students were one of the very few teams to take part in the ice age.
The Alton Parks and Recreation Department is sponsoring a drop-in playgroup for 0-5 years old at the Alton Bay Community Center from 8 to 9 a.m. A fun, cardio workout that will get you moving. Mondays and Wednesdays at the Alton Bay Community Center. For more information, contact LizthePeasaukees@gmail.com.
ALTON — Prospect Mountain High School’s Future Business Leaders of America chapter is challenging local residents to bed a race on ice. This year, the Alton Business Association and FHHS FBLA are bringing back an event to the Alton Winter Carnival that unfortunately did not occur last year. If you need further assistance, please contact Fran O’Neil at 603-529-4150 or franoNeil@gmail.com. The event is open to all those 18 and over, and the meet up point will be at the Hampton Inn & Suites. Door tickets will be available at the race and can be purchased at the race for $45. The race will begin at 6 p.m. Entries will be taken on site and the race will begin at 6 p.m. Entry fee of $45. The race will begin at 6 p.m. Entries will be taken on site and the race will begin at 6 p.m. Entry fee of $45. The race will begin at 6 p.m. Entries will be taken on site and the race will begin at 6 p.m. Entry fee of $45. The race will begin at 6 p.m. Entries will be taken on site and the race will begin at 6 p.m. Entry fee of $45. The race will begin at 6 p.m. Entries will be taken on site and the race will begin at 6 p.m. Entry fee of $45. The race will begin at 6 p.m. Entries will be taken on site and the race will begin at 6 p.m. Entry fee of $45. The race will begin at 6 p.m. Entries will be taken on site and the race will begin at 6 p.m. Entry fee of $45.
Get involved

Counting today, there are two days left for residents to sign up to run for town office. Anyone interested in serving the residents of the town can meet with the town clerk’s office in their respective town and sign up for the position they are interested in. As we’ve stated before, we are hopeful that although we weren’t huge at some of those meetings, the numbers at deliberative sessions are significantly less than for deliberative sessions. The traditional Town Meeting, which is still in place in Barnstead, works as a community event while some residents weren’t huge at some of those meetings, the numbers at deliberative sessions are significantly less than that.

Deliberative sessions for the Alton School District and the Governor Wentworth Regional School District (which includes New Durham) are both being held in the coming week and this is an opportunity for voting. To us, this is one of the drawbacks to the SB2 form of government, at least in our mind. We always believed that this type of government meant less than what it meant for deliberative sessions. The traditional Town Meeting, which is still in place in Barnstead, works as a community event while some residents weren’t huge at some of those meetings, the numbers at deliberative sessions are significantly less than that.

To the Editor:

There is a petitioned warrant article for New Durham voters to consider this year asking the voters to pass a conflict of interest ordinance. Perhaps comes ethics history will help voters understand the article, in the context of our current ethics policy, in preparation for the deliberative session next week or voting in March. The ethics policy can be read on the New Durham town web page under ethics. In 2008, voters in ND adopted an ethics ordinance and authorized an ethics board to provide oversight and enforcement. Very quickly and in particular after one vote concerning a case, it became evident that, as it was structured, this ordinance could easily lead to harassment of public servants, town employees and volunteers. An ordinance curbs the weight of law, and authority to enforce this ordinance. It was a flawed document filled with legal issues. Towns all over NH were realizing the potential violations of elected officials, which were possible. In short, although well intentioned, an ethics ordinance could become a vehicle for harassment. Towns rescinded or severely limited their ordinances at the advice of their legal counsel. In ND, the wisdom of the legislative body in 2011 prevailed and the ethics ordinance was rescinded and the board disbanded. As luck would have it, a selectman at that time, moved the warrant article, and moved the local government council has advised the board of selectmen that there are many problems with the ethics ordinance and the town attorney recommended the town review the ordinance, recognizing the need, for a document that outlines expectations and standards of ethical behavior, the residents changed the board of selectmen to appoint an ethics committee. Their task would be to revise the ordinance into a policy which would be educational, advisory and could provide non-blinding feedback to inquiries.

Under the direction of Barb Turner, the ethics committee worked for a year on the ND ethics policy and after review by town counsel, the BOS adopted this document and appointed a five-member committee——Barbara Hunter, the ethics committee chairman. By the way, you can get involved is good for everyone.

Biden has his vote

Regarding the season, it’s important to answer the call of the wild. Regulated hunting preserves populations and habitats.

To the Editor:

After getting several presidential candidates and with careful consideration of who I would vote for, I decided to vote for President Joe Biden on Primary Day, Tuesday, Feb. 11. I like many things about several other candidates, but Biden tops them all. Letting them “get your hands dirty” on the issue of favoring waste tax payer dollars on this proposed project. You only let them know what fabulous recreation items appeal to you and on what scale. In other words, if you don’t think the town needs this expensive bordering you don’t get to say so. The survey is set up for those who want it, not those of us who don’t.

The entire town of Alton is a recreation facility itself, with opportunity for access to the outdoors and in all four seasons. We are truly lucky to have this all over NH were realized with no support of some frivo-

Biden and his vote

To the Editor:

Joe Biden has a long record of service at home and foreign policy. Joe is not afraid to say if he was wrong. Unlike so many politi-
careers who don’t concede they made a mistake. Joe is empathetic to the needs and suffering of everyday citizens, a characteristic sadly lacking in Washington, D.C. American House. feels Joe Biden understands and he is willing to discuss issues like illness and loss, healthcare, discrimination, gun and poverty, and their worries about educating their kids

Letters to the Editor

An examination of ethics history

Facility would be waste of taxpayer money

To the Editor:

To the Editor:

Get involved

Regardless of the season, it’s important to answer the call of the wild. Regulated hunting preserves populations and habitats.

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COMMUNITY CORNER
Truths, un-truths and manipulation

To the Editor

The Lakes Region Model Railroad Museum has had incredible success recently, thanks to the community, volunteers and the combination of a large group discount and the matching of funds. It’s a 50/50 corporation with a 50% support from the community and the World Trade Center, and the World Trade Center... we will get back to that at the beginning of this letter!

The museum will now be扩展 its roundhouse and turntable that is used for all of the Roundhouse Condominiums now are the extension to the dock with weight scale outside Black’s and the waiting room on the dock, the spur that runs behind Factory Street, now Loehner Street, bringing the train to the generator and carrying the manufactured products to and from the new world.

The first-time visitor to the museum’s addition is to have the matching of funds. It’s a 50/50 corporation with a 50% support from the community and the World Trade Center, and the World Trade Center... we will get back to that at the beginning of this letter!

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The Adaskin String Trio returns to Wolfeboro with oboist Thomas Gallant

The Adaskin Trio with oboist master Thomas Gallant performs Feb. 16 in Wolfeboro.

The Adaskin String Trio returns to Wolfeboro with oboist Thomas Gallant. The trio’s recordings of the complete Beethoven String Trios on Musica Omnia, which was critically acclaimed in American Record Guide. “Highly desirable, strongly recommended!” - Gramophone. “...a superbly realized and fluent interpretation of the music... the Adaskin String Trio... (sets) a new standard for Beethoven’s string writing and its interpretation. High praise...”

The trio, which consists of violinists Benjamin Beled and Elizabeth Thompson and violist Adam Alton, is known for its performances throughout Europe and North America. Currently they teach at the Hartt School of Music, where they have held positions as String Department Chair and as String Area Coordinator. The trio has appeared extensively through the U.S. and Canada and has performed in leading concert halls and music festivals worldwide. They have received critical acclaim for their dynamic and emotionally expressive performances.

The trio will present an evening of Beethoven’s string trios, including the celebrated “Razumovsky” Trios and the “Chopin” Trio. The program will also feature works by Mozart, Schumann, and Beethoven, as well as compositions by contemporary composers.

WOLFEBORO — The Wolfeboro Friends of Music’s season continues with the return of a long-anticipated string ensemble. On Sunday Feb. 16, the Adaskin String Trio with oboist master Thomas Gallant will perform. The concert will be held at the United Church of Wolfeboro, 1 North Main St., Wolfeboro.

The Adaskin String Trio is known for its performances internationally with exuberant and stirring performances of masterworks for their instrumentations of violin, viola and cello. Their playing has been hailed for “vigor, precision, musicality and stamina.”

On Sunday, Feb. 16, the Adaskin String Trio with oboist master Thomas Gallant performs at the United Church of Wolfeboro. The program includes works by Mozart, Beethoven, and contemporary composers. Tickets are available at the door or by calling 569-2151. High school students with ID will be admitted free of charge. For more information, visit www.wfrdm.org.

50th anniversary

Jack and Cindy Miller of Alton will be celebrating their 50th wedding anniversary on Valentine’s Day. Both retired now, Jack was a teacher in Rochester and Cindy was a nurse in Wolfeboro. They are the proud parents of four children and the loving grandparents of eight grandchildren.

The couple, who met in high school, will be celebrating their milestone anniversary with a quiet celebration with their family.

Nicastro on Western Connecticut Dean’s List

Nicholas Gallant, a junior at Nichols College, has been named to the Dean’s List at Nichols College for the Fall 2019 semester. Nicholas Gallant is a native of Wolcott, Connecticut. He is studying business and leadership education as a result of his distinctive academic success and leadership potential. His work has been recognized by various business and leadership organizations, including the American Business Association, the Entrepreneurial Education for Teens program, and the National Honors Society. Nicholas Gallant is currently enrolled at Nichols College in the business leadership education program.

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ABOUT THE REAL REPORT

Here are recent real estate transactions in Alton and the surrounding areas. These sales summaries are informational only, not a legal record. Names shown are usually the first listed in the deed. Sales might involve additional parties or locations. Prices are usually based on tax stamps and might be inaccurate for public agency sales. Refer to actual public documents before forming opinions or relying on this information. Additional publicly recorded information on these sales, prior sales and data from Department of Revenue Administration forms is available at www.real-data.com or 669-3822. Copyright 2011. Real Data Corp. In the column “Type”: land= land only; L/B= land and building; FNMA= Federal National Mortgage Association forms is available at www.real-data.com or 669-3822. Copyright 2011. Real Data Corp. In the col-

THE REAL ESTATE TRANSACTIONS

According to Sanders' press secretary, Free

land Ellis, Sanders also helped kick off a

tour. They made stops at Ben & Jerry's Ice Cream,

field, the co-founders of surrogate Jerry Green-

son, also helped organize Sanders' campaign teams. With Sanders himself un-

able to campaign at the moment due to his presence being re-

quired in Washington for President Donald Trump's impeachment trial, Sanders' ap-

pearance was timed, in part, to celebrate the opening of Sanders' new field office on Union Street. As the anticipat-
ed attendance numbers grew, a hotly contested ca-

tion change delivered her to the wake-up call of New Hampshire's Main Street bakery.

Oscar-winning actress Susan Sarandon made a brief stop at the Crumb Bar in Littleton last week to show her support for Bernie Sanders.

The city and climate denial. In New Hampshire, we have 10 days to do our part to fight for the fu-

ture, our friends, our families, our neighbors and the millions of people that we will never know," she said. While Sarandon kept her speech brief, she said she was met with resound-

ing cheers from the large crowd.

“This is important be-

cause it is the first time

there’s been a progres-

sive candidate that is

running for the Presi-

dent of the United States. We are in a historical moment. I’m sure you all realize that because we can’t afford four more years of not addressing the climate crisis. We are in an emergency situation. We need an emergency solution,” she stated. Before closing, the sea-

son actress also quoted

Noam Chomsky. “Bernie Sanders has

absolutely infuriated the liberal establish-

ment by committing

his policies. His crime was to organize an ongo-

ing political movement that doesn’t just show up at the polls every four years and push a button, but keeps work-

ing. That’s no good. The rabbler is supposed to

stay home. Their job is

to watch, not to partici-

pate,” she summarized.
George H. Morse, Jr.
Longtime local meat cutter

BARNSTEAD — George H. Morse, Jr., 76, of Center Barnstead, passed away unexpectedly at home on Jan. 1. He was the beloved husband of the late Eunice Edith Morse, and the son of George H. Morse, Sr. and Eugene A. Thurston Morse. He was raised and educated in East Newbury, New Hampshire for more than 50 years.

George worked as a meat cutter for over 40 years, and had been a resident of Center Barnstead for almost 20 years. He is survived by his beloved wife of 57 years, Carole J. Morse; their three children, Kevin Covill and his fiancé Zachary Towne, Kevin Covill and Lena Know, and Tracy Therrien and her fiancé Zac Skow; his grandchildren, 11 great-grandchildren, and his sister, Nancy Morse.

Lately, it seems as though many can see that I meet with the same worries. That is why they do not enough to eat and, with that, their lifestyle that is less than what they have. Not to mention the food and living in a paper town is some of the more colorful descriptions of their shared re- tirement lifestyle.

Morse had attended the Walt Disney World in Florida, where there are plans with the family. They will celebrate their marriage in the spring.

In lieu of flowers, contributions in George’s memory may be sent to the charity of one’s choice. To share a memory or offer a condolence, please visit www.atihomes.com.

By Erin Plummer

The Pond Hockey Classic is a great time to share with friends and family. It’s a friendly competition where people can enjoy the outdoors and have fun with friends.

The show is still going strong, and there are some concerns with the weather and sometimes rainy conditions.

A reporter for the New Hampshire Union Leader reported that the ice will depend on the weather. However, the show has been delayed due to the cold weather.

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Strategies for Living
Religious Faith’s Flaw

by Laura Scott

Religion is not necessary one of these theories, but bring up the sentence, and you are faced with a host of different people. The con- tinued attention of them is ev- ident, Islam, scientism, and most other religions. All of these are perceived as an evil. Christianity is the only religion that is to enlightenment, fulfillment, inner peace, abundance, and anything other, life after death.

It is believed that heaven is represented by an afterlife, and the dead are no longer here. This belief is supported by the belief of those who profess an afterlife. Many claim that there has to be an afterlife, and that this is the Christian view. Others believe it is true, and that the human soul will have a better existence, and that the physical body will be different.

To this confusing matter, in the Bible, there are statements that the devils have an afterlife. It is possible that this is true. However, it is possible that the Bible is silent on this topic. Some believe that the Bible is not silent on this topic. However, it is possible that the Bible is silent on this topic.

In short, Christianity is not necessary one of these theories, but bring up the sentence, and you are faced with a host of different people. The con- tinued attention of them is ev- ident, Islam, scientism, and most other religions. All of these are perceived as an evil. Christianity is the only religion that is to enlightenment, fulfillment, inner peace, abundance, and anything other, life after death.

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In short, Christianity is not necessary one of these theories, but bring up the sentence, and you are faced with a host of different people. The con- contin...
We can help the planet and create prosperity for everyone.

The climate crisis can’t wait. I should know — I spent the last decade beating Big Oil, helping pass clean energy laws around the nation, and working with communities to fight for environmental justice. I’m the only candidate who will make the climate crisis my number one priority. As a businessman, I know solving the climate crisis isn’t just the moral thing to do — it’s also an economic necessity. My Justice-Centered Climate Plan will help us transition to a thriving green economy while creating over 4.6 million long-term jobs across America.

If you’re ready to build an economy that works for the people and the planet, join our campaign today.

tomsteoy.com
BY ERIN PLUMMER

Gabbard campaigns through Lakes Region

MOUNT OBORO — Democratic Presidential candidate Tulsi Gabbard today campaigns by voicing around the area over the weekend, when she was talking about goals of bipartisanship and government account-

ability.

The Moultonborough Function Hall was Gab-

bard's stop on Friday night, where she spoke to a sizable crowd of out-

siders from all sides of the political spectrum.

Gabbard served in the Hawaii house of repre-

sentatives, then joined the House, where she

served for six years, in addition to serving in the Maltseast. In 2012, she was elected to Congress.

Gabbard's mother ran a homemade macadamia

nut toffee, and Gabbard asked her mother to

make 434 boxes of toffee there's more in common

than people — to our country

things, whereas she

believes in strengthen-

ing national security.

She said she knows how it

is impacting the finan-

cial well-being of families

and the economy, though Wash-

ington is hurting.

“[What] we are seeing
today is that millions of
people are feeling their
pain, not just our country.

She said treaties had

to be considered in

the bankruptcy process.

Gabbard was asked about climate

change and the wildfires in Aus-

tralia. Gabbard said she has family members liv-

ing in those areas. She knows how it

hit parts of Australia,

and the wildfires in Aus-

tralia. Gabbard said she

wants to strengthen

energy independence.

She said she would

push for clean water,

investments in renew-

able energy, and getting

further away from fossil fuels and more towards

equity independence.

Gabbard said she would also

try to get the US to reen-

ter the Paris Agreement and

work further with world leaders to

address environ-

mental issues.

When asked about

immigration and border
certainty, Gabbard said

wanting to strengthen

border security, but doesn't agree with Pres-

ident Trump's plans to

build a wall. She also

supports comprehensive

immigration reform.

She said the current

system is broken and

that cheaper drugs

can be imported from

Canada. She would also

want to end the loophole

allowing drug compa-

nies to change a small

part of their drugs to

avoid becoming generic.

companies shouldn't

want to and the loophole

can be closed.

Gabbard also said drug

prices are too high and

that many graduates are

having such difficulty

so many graduates are

able to be considered in

the bankruptcy process.

Gabbard was asked about student
debt and said she would

like another opinion

on the role the PHEFH

plays in the de-

velopment of the Merrym-

ett River. and what

the community thinks

the proper discharge of

pharmacies from

the bankruptcy.

She said colleges and
to justify

Gabbard was also

asked about what

they would control the

prices of prescription

drugs, and she said

said so many

that cheaper drugs

can be imported from

Canada. she would also

want to and the loophole

allowing drug compa-

nies to change a small

part of their drugs to

avoid becoming generic.

Gabbard said she

wants to push for

 clean water, investments in renew-

able energy, and getting

further away from fossil fuels and more towards

equity independence.

She said she would also

try to get the US to reen-

ter the Paris Agreement and

work further with world leaders to

address environ-

mental issues.

When asked about

immigration and border
certainty, Gabbard said

wanting to strengthen

border security, but doesn't agree with Pres-

ident Trump's plans to

build a wall. She also

supports comprehensive

immigration reform.

She said the current

system is broken and

that cheaper drugs

can be imported from

Canada. She would also

want to end the loophole

allowing drug compa-

nies to change a small

part of their drugs to

avoid becoming generic.

Gabbard also said drug

prices are too high and

that many graduates are

having such difficulty

so many graduates are

able to be considered in

the bankruptcy process.
The silver lining in this particular cloud is that snowfall will often hit the road no mat-
ter the weather; because they’ve been looking for
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and the uncertainty of life on
the Silver Line.

What it means for thes

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BARNSTEAD — After recently announcing that we are looking for nominations for the Gordon Preston Outstanding Community Service Award, many curious people have been asking about the origins of the award. Some have asked when it was first awarded. Others have asked about our first recipient, Nancy Carr.

After the loss of such an influential and caring man in Barnstead last year, my husband and I felt that his legacy should live on. We approached the Preston family about honoring Gordon with an award in his name given to a dedicated and community-minded person in town. Gordon had touched so many lives, including that of my husband and I. Shortly after moving here, Gordon reached out to us asking us to get involved in town. His continuous encouragement swayed us to become active in town. Gordon’s dedication to the town of Barnstead was awe-inspiring. Gordon’s generous service to the town of Barnstead will live on in the town’s history. The Preston family graciously accepted our efforts in honoring the “unsung hero/heroine” with this award in Gordon’s name. Our first award was presented at the “celebration of life ceremony” for Gordon this past summer.

The first recipient was Nancy Carr. Nancy has humbly dedicated many service hours to this town. Her love for the town of Barnstead radiates through her commitment to our community. Many may know Nancy from the planning board and currently holds the position of chair. She was elected as the Barnstead School District’s Moderator Nancy lends a hand during the annual town election. In her spare time, she has volunteered at the Barnstead Food Pantry and the Barnstead Thrift Shop. She is a trustee and treasurer of the Riverview Cemetery in town. She holds a wealth of knowledge about the history and workings of our town. So, it was befitting that the first annual “Gordon Preston Outstanding Community Service Award” went to Nancy Carr.

We are committed to continuing this award each year in Gordon’s name. We are accepting nominations up until March 20.

Criteria for nominees:

- Any volunteer who serves our community without compensation to benefit our town and the residents, (for those who work for the town of Barnstead, this would be above and beyond their normal duties).
- This person consistently demonstrates the quality of outstanding service to the town of Barnstead.
- Their actions have made a meaningful contribution to the community.
- Someone who is not normally recognized for their unyielding efforts that benefit our town, the “unsung hero/heroine.”

Included along with the nominee’s name and contact information should be your specific reason why this person deserves to be recognized. Any anecdotal information or quotes from those who were touched by the nominee would be greatly appreciated.

All nominations must be submitted online no later than March 20 of each year. The award will be presented later in the spring at a BOS meeting.

The advisory committee for the Gordon Preston Outstanding Community Service Award will review the nominations and select one recipient that exemplifies the spirit of the award. For more information or to nominate someone, please contact Margaret Cipriano at cipzillacipriano@yahoo.com.

For help with drug or alcohol issues visit theDoorway.NH.gov or OR dial 2-1-1.
Lacrosse demo days coming to Inter-Lakes

BY JOSHUA SPAULDING
Sports Editor

MEREDITH — Come see lacrosse is for you. All age, first through eighth graders, boys and girls, are invited to Lakes Region Lacrosse Club’s Demo Days at Inter-Lakes High School. All skill levels are welcome, with US Lacrosse-certified coaches on hand to get you ready for the spring 2020 season. The clinics are on 6 p.m. and girls will be on 7 p.m. on Tuesday, Feb. 4, then again on Thursday, Feb. 6, and March 15 and March 18. Boys will run 2-3 p.m. and girls will run from 3-4 p.m. In case a returning player alike are welcome. Registration is required. Visit www.lacrosseforall.org to register.

On the road

Aaron Haynes looks for a passing lane during his team’s game at Winnisquam last week. The Timber Wolves dropped a game to the Winnies, but the Timber Wolf girls’ basketball team remained at 4-0 in the NHIAA Division II after their 47-13 win over a struggling Winnisquam team.

Timber Wolf girls overcome slow start

BY JOSHUA SPAULDING
Sports Editor

ALTON — It took a while for the Prospect Mountain girls’ hoop team to find the offensive stroke on Tuesday, Jan. 28.

However, once the Timber Wolves got things going, they had no problem pulling away and cruising to a 47-13 win over a struggling Winnisquam team.

“We played hard, but we struggled to score,” said coach Rick Burley, noting his team was two for 21 in the first quarter.

“We found a way to hit some shots in the second quarter after the timeout and we pushed the ball in transition.”

The first quarter saw just five points on the board, with all five coming to the Timber Wolves.

Kaslly Kelley had a free throw to start the scoring, Hannah Capsalis put back a rebound for the first field goal, 2-2 to go in the frame and Sophia Bean put back a rebound for the final points of the frame and Prospect Mountain led 8-0 after one quarter.

Winnisquam scored the first three points of the second quarter and the last two points as well but the Timber-Wolves scored 17 points in between.

Ava Misiaszek had Prospect’s first hoop and after Bean hit a basket, Kelley finished off a steal with a three-point play for a 12-3 lead. Misiaszek added another hoop and then Bean put in another. Kelly and Ella Misiaszek both added hoops and Bean had Prospect’s 8th basket of the first half and Prospect Mountain’s lead was 22-3 at the half-time break.

Julia Leavitt hit a free throw to start the third quarter and Winnisquam responded with three of their own free throw.

Bean followed that up by hitting the next three baskets, stretching Pros- pect’s lead to 26-6. After the visitors hit two free throws, Bean hit another hoop and then Ella Mi- siaszek hit a hoop.

Grace Hardie rounded out the scoring in the third quarter with a hoop and Prospect took the 35-8 lead to the final eight minutes.

The visitors drained a three-pointer to start the fourth quarter but Prospect got the next 12 points in a row.

Bean started the run and then Michaela Vernazzaro hit a hoop and Kelley had a hoop undeterred around two baskets from Ella Misiaszek. The visitors got the final points of the game for the 47-13 final score.

“We were able to play everybody and keep fresh legs on the floor,” Burley said. “That was beneficial to us.”

The Timber Wolf coach also praised the work of Bean, who put in 18 points on the evening to lead the scoring.

“Sophia, she had some really nice moves,” he said. “She had a great game. She was definitely our force tonight inside.”

In addition to Bean’s 18 points, Ella Misiaszek and Kelly each put in eight points for the Timber Wolves.

Prospect Mountain will be hosting Hills- borough on Friday, Jan. 31, at 6 p.m. and will be at Somersworth on Saturday, Feb. 1, at 4 p.m. and will be hosting a meet at Abenaki West at 8 p.m. on Thursday, Feb. 6.

The indoor track Timber Wolves and Knights will be at the University of New Hampshire on Saturday, Feb. 1, at 11 a.m.

The Timber Wolf unified hoop team will be hosting Kingswood at 6:30 p.m. on Friday, Feb. 7.

The Kingwood al- pines ski team will be at Gunstock at 9:30 a.m. on Friday, Jan. 31.

The Kingwood hoop girls will be at Timberlane at 6:30 p.m. on Friday, Jan. 31, and will be hosting Coe-Brown at 6 p.m. on Thursday, Feb. 6.

The Knights boys’ basketball team will be at Coe-Brown for a 6:30 p.m. on Tuesday, Jan. 28.

The Kingwood swimmers will be at Kearsarge for a 6:30 p.m. meet on Friday, Jan. 31, and will be at Hanover for a 6:30 p.m. meet on Thursday, Feb. 6.

The boys’ hockey Knights will be host- ing St. Thomas at 7 p.m. on Saturday, Feb. 1, and will be at Gilford at 7 p.m. on Wednesday, Feb. 5.

The Kingwood girls’ basketball team will be at Concord for a 6:30 p.m. meet on Tuesday, Feb. 4, will be at Bishop Brady/Trim- mon West at 8 p.m. on Tuesday, Feb. 4, and will be at Pinkerton at 4 p.m. on Wednesday, Feb. 5.

The Nordic Knights will be at Gillbrook at 3:30 p.m. on Wednesday, Feb. 5, and will be host- ing a meet at Abenaki on Tuesday, Feb. 4, at 2 p.m.

Bobby Martini — Winnisquam Echo

The Timber Wolf girls’ basketball team remained at 4-0 in the NHIAA Division II after their 47-13 win over a struggling Winnisquam team.

The Timber Wolf girls overcome slow start

Winnisquam 13
Philipp 2-0-2, Graff 1-4-6, Day 1-2-4, Totals 4-6-13

Sports Editor Joshua Spaulding can be reached at 279-0116, ext. 111 or js@salmonpress.news

SPORTS
THURSDAY, JANUARY 30, 2020
THE BAYSIDER
SECTION B, PAGE 1

What’s on Tap

This month brings another full slate of games for the local high school teams. The Prospect Mountain girls’ basketball team will be hosting Hillsborough-Ding on Tuesday, Feb. 4, at 6 p.m. and will be at Somersworth on Saturday, Feb. 1, at 6 p.m. and will be hosting Somersworth on Saturday, Feb. 1, at 4 p.m. and will be at Somersworth on Saturday, Feb. 1, at 6 p.m. and will be hosting Somersworth on Saturday, Feb. 1, at 4 p.m. and will be at Somersworth on Saturday, Feb. 1, at 6 p.m. and will be hosting Somersworth on Saturday, Feb. 1, at 4 p.m.

By Joshua Spaulding

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BY JOSHUA SPAULDING

WOLFEBORO

Both teams were coming off a layoff of a week or so, so it was widely expected that while we get when the Kingswood girls boys played host to Ken- nett Wednesday. After neither team scored in the first period, the Knights scored an early goal in both the second and third periods to take the 4-0 victory over the Cougars from Conway.

“In an 18-game sea- son, you play every 10 times,” said Kingswood coach Mike Potenza.

“It doesn’t matter if one of us is having a good season or a bad season, when we play each other, it’s always a good game.”

“Mike (Lake, Ken- nett coach) does things the right way and that makes it enjoyable to play against them,” Po- tenza added.

Kingswood “is a tough team, a good team,” Lake said. “This is a big game for us with that extra point for beat- ing a Division II team, that is the little things that are killing us right now.”

“Whenever your team is down, you can’t get beat on the little things.”

Kingswood had the best of the chances in the first going. With Trevor McEvoy putting a shot on Woodbury. Oleg Shesman John Trapela had a shot on the zone in front of the net, with Woodbury making a big save. The Knights continued to pressure, with Trapela taking a shot from the top of the circle past the goalie from Nick Potenza for the 1-0 lead.

Cormac Lane made his debut for Kingswood and continued the attack for the Knights but the Eagles were able to centering pass that just missed connecting with Woodbury on another bid and Kingswood’s Colby Clag and Ken- nett’s Matt Cormen exchanged bids. Danais missed connecting with Wrobleski for a chance of the dual goals. With 6:33 remaining in the game, Trapela also had a shorthanded bid denied, with Paraskos making a big save. Trevor McEvoy also teamed up for a shorthanded bid but the Eagles were able to stop and then Woodbury making a big save. The Knights continued to pressure, with Trapela taking a shot from the top of the circle past the goalie from Nick Potenza for the 1-0 lead.

With 10:46 to go, Da- nais skated into the cir- cle and tipped the shot wide for the 3-0 lead. Kingswood got its first power play of the game with 32 seconds to go and Woodbury and Olivier had good defen- sive plays to close out the period as the Knights took the 3-0 lead. Potenza and Clag continued to pressure and Sniping goal-scoring abilities.

The Eagles continued to play against them, "Kingswood is a tough team, a good team," Potenza said. "After the first period, I screamed at them," said Potenza. "After the second, Andy (assistant coach Andy Bonenfant) screamed at them."

"And they got better every second," the coach said. "I was very frustrating when I saw that, it made it tough, but we also needed to get better as the game went on." The coach added that said while the pow- er play didn’t produce a goal, it looked really strong.

"We spent a lot of time on the power play," Potenza said. “It was fun to watch that power play。“

Kingswood did have a shot in front of the goalie for the 1-0 lead. Cormac Lane and Wrobleski had offensive chances for the Eagles as they looked to get on the board. While Danais and McEvoy and Kingswood had chances at the other end of the ice for the Knights.

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Kingswood’s Logan McEvoy and Kennett’s Grace Murphy battle along the boards in action Wednesday in Wolfeboro.

WOLFEBORO — Girls Knight with the Kingswood varsity girls’ ice hockey team will take place place on Friday night, Jan. 31, Feb. 7 and Feb. 14 at the Pop Whalen Arena.

Girls Knight is designed to provide an environment for optimal development and growth for their players. Girls Knight will focus on fundamentals and experienced players the basics to develop strong skating, excellent stickhand- ling and skating goal-scoring abilities.

Girls Knight is open to girls ages six to 14. Full ice hockey equipment is re- quired for Girls Knight. If your child will be in need of hockey equipment or for more information, e-mail head coach Peter Kelly at pikejdiuawtt@gmail.com.

For information on this clinic or to register, visit kingswoodathletics.org.

Girls Knight with hockey team Friday night

KINGWOOD’S LOGAN McEvoy and Kingsnell’s Gracy Murphy battle along the boards in action Wednesday in Wolfeboro.

LANE ALSO NOTED that pulling the goaltender wasn’t an easy decision getting the three goals to tie the game, but more importantly getting some positive momen- tum at the end of the game.

"We’re not going to make excuses with play- ers out," Lake said. “We have the to be a cup of the hockey in the back of the net.”

"Kingswood is a tough team, a good team," Potenza said. "After the first period, I screamed at them," said Potenza. "After the second, Andy (assistant coach Andy Bonenfant) screamed at them."

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Caitlin Carpenter breaks from the blocks in the 55 meters on Sunday at UNH.

The Knight team of Anabelle Nelson, Elizabeth Morrison, Sarah Sargent and Leah Jones captured the 4x400 meter relay with a time of 3:41.16.

Kingswood indoor track team traveled to Durham on Sunday for a meet and came home with some solid results. Caitlin Carpenter led the team in the long jump with a distance of 10.70 feet, or 3.24 meters. Carpenter ran to fifth in the 15-meter dash preliminaries with a time of 7.09 seconds.

Caitlin Carpenter breaks from the blocks in the 55 meters on Sunday at UNH.

Kingswood’s Jenna Hanson passes a high and far in the long jump.

Sports Editor Joshua Spaulding can be reached at 279-4516, ext. 155 or josh@salmonpress.news.

Caitlin Carpenter second in the heptathlon overall.

Sports Editor Joshua Spaulding.

Caitlin Carpenter, Wade earn top finishes at UNH

Sports Editor Joshua Spaulding.

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Tough third quarter sinks Knight boys

BY JOSHUA SPAULDING

WOLFEBORO — The Kingswood boy’s basketball team had Pelham on the ropes in the first half on Friday night. However, the Pythons came charging out of the gate in the second half, going on a 14-0 run to take the lead, forcing the Knights to battle back. Kingswood was able to tie the game twice in the fourth quarter but the visitors hit their free throws down the stretch and emerged with a 77-67 win over the Knights.

“They’re a good team, they play physical basketball,” said coach Tim Place. “We showed we can play with them.”

“At Bow (on Tuesday) we played a good half, today we played three-and-a-half quarters,” the Knight coach added.

The Knights scored the first basket of the game, drilling a three-pointer but Matt Place answered with a hoop for the Knights. Pelham hit another free throw but Pat Runnals hit a basket and Breagan Shannon sank a free throw to cut the lead to 6-6.

After two Pelham free threes, Shannon hit a hoop to cut the lead to one to again, as the visitors came back with a free throw and a three-pointer to stretch the lead to 12. A Shannon three-pointer cut the lead to two but Pelham answered with another free throw to make it a three-point game. Shannon hit a hoop and a three-pointer to propel the Knights to the 5-13 lead and an Ashton St. Pierre finish of the free throw line.

Kingswood back in the lead to 27-25. The Pythons hit consecutive baskets to propel the lead to three but an Ethan Arnold three-pointer cut the lead to two.

Pelham hit another hoop to cut the lead to one and then Shannon hit a free throw to push the lead to 27-25. The Knights hit consecutives baskets to propel the lead to three but an Ethan Arnold three-pointer cut the lead to two. Pelham came charging out of the fourth quarter but a Place three-pointer to stretch Kingswood's lead to 37-28.

Pelham got back on the board but Shannon hit two free threes to answer. After a Pelham three, Shannon hit one more from the line and Kingswood took the 46-34 lead to the halftime break.

The Pythons grabbed a hoop in the first half of the third quarter but then Pelham got a three-pointer and two free threes to take the 40-36 lead. The Knights did not score until three minutes remained in the quarter when Place hit a free throw.

After another Pelham basket, Shannon got a Kingswood's first field goal of the frame, drilling a three-pointer with 3:40 to go in the quarter. Pelham hit another hoop but Runnals responded with a three-pointer for the Knights and after a Pythons basket, Arnold hit the final hoop of the quarter to take the lead to 34-44 after three frames.

Pelham got the opening basket of the fourth quarter but then Pelham followed with a hoop and a three-pointer and Arnold hit a hoop to pull Kingswood even at 48. The visitors hit another hoop and Runnals answered with a hoop to add Kingswood to the lead.

Pelham hit a three-pointer to stretch the lead to 6-7.

Place came through with a three-pointer to cut the lead to one and then hit a free throw to tie the game at 58 with 3:30 to go. Pelham and Place played a great game, as the visitors hit a three-pointer to stretch the lead to one again but a Pelham free throw, answered with another basket to cut the lead to one.

The Pythons hit a three-pointer to push the lead to four but a pair of Shannon free threes cut the lead to two with a minute and a half to go. Pelham converted a three-point play and two more Shannon free threes made it 70-56 with just more than a minute to go, but that was the last points Kingswood scored, as the visitors scored the final seven points on two hoops and three free throws for the 73-56 win.

Shannon finished with 33 points to lead the way for the Knights.

Place noted that he thought Shannon had a great game, but not just because he scored 33 points. "He looked to get rid of the ball," Place said. "He’s a great play- er.”

The Knights have been through a tough portion of the schedule that included Hanover, Bow, ConVal and Hollis-Brookline.

“We’ve played some very good teams, so we’re starting to find our groove a little better,” the Knight coach added.

Kingswood returns to action on Tuesday, Feb. 4, at Coe-Brown at 6:30 p.m.

Kingswood @ Alison 1-3-5, Dumont 8-0-23, St. Pierre 1-4-6, Cochrane 1-2-4, Totals 26-8-47

Pelham @ Allison 7-2-21, Brown 6-2-15, Place 4-2-13, Shannon 9-9-33, St. Pierre 1-4-6, Total 37-10-54

Kingswood High School girls’ hockey fundraiser set for Feb. 7

WOLFEBORO — The Kingswood High School girls’ hockey team will be sponsoring Vendor Bingo on Friday, Feb. 7. The event will be held at the Kingswood Regional High School cafeteria, 396 South Main St., Wolfeboro. The event will include door prizes and special raffle items from several area vendors. To name a few donated items along with items that can be purchased are US Bornes, Norwex, Tupper- ware, Magnetic: Savoy Mosaic, Poppinz, Color Street Nails, Scentology, Sanctuary Girl, Avon, Wooden Spoon, Sentry, and many more.

Admission is free. Bingo cards will be by donation and can be picked up at the door. There will be a minimum of 15 bingo games. Dinner items as well as a bake sale will be available for purchase. The best of all is the several vendors that will be on hand to show case their products.

Doors open at 1:30 p.m. with the first game beginning at 6 p.m.

All proceeds from the evening will help the girl’s varsity hockey team. Please come out and show your support of these girls and enjoy a great evening of fun and chance. These girls have been improving every game and with the help of head coach Peter Kelly. Fortunately, because girl’s hockey is relatively new to Kingswood, they get very little funding through the school district. Currently they are looking at a bill of $25,000. If you are unable to attend but would like to donate to help offset the cost are welcomed to contact the Kingswood Athletic Department.

The Kingston girls’ varsity ice hockey game has the following games coming up, so please support of these girls and enjoy a great evening of fun and chance. The Kingston girls’ varsity ice hockey game has the following games coming up, so please support of these girls and enjoy a great evening of fun and chance.

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The Kingston girls’ varsity ice hockey game has the following games coming up, so please support of these girls and enjoy a great evening of fun and chance.
Knight boys third, girls fourth at King Pine

BY JOSHUA SPAULDING

MADISON — The Kingswood alpine ski team played host to Kennett, Pembridge and Portsmouth for a meet at King Pine Ski Area on Friday, Jan. 24. With beautiful weather, the skiers competed in two runs of giant slalom in the morning and two runs of slalom in the afternoon.

In the morning giant slalom, Kingswood finished in third place overall after finishing in third place. flavored with a time of 23:41.

Marcella DeNitto was 25th place finisher with a time of 23:27 for 24th place overall. She was 41st in 1:18.97 and Calvin Kinville was finished in third place overall in a time of 28th place overall.

Sarah Bellefleur was 23rd in 1:08.35 for 11th place. She was 37th in 1:30.32, Natalie Marcoullier was 39th in 1:15.89, and Abby Fournier was 27th in 1:15.98. Kylee Lew is finished in 36th place in a time of 1:15.02, Alyssa Dow placed 38th in 1:15.48, Natalie Marcoullier was 39th in 1:15.71, Albie Heald finished 46th in 1:17.06. Hadley Larson was 44th in 1:16.91 and Jeddrey finished in 6th place in a time of 1:17.06. 

The Knights were also fourth in the afternoon giant slalom. Ben again leading the way, finishing in a time of 1:06.75 for fifth place.

Cameron Yates moved into 15th place with a time of 1:12.60 and Gelinas finished in 1:12.27 for 24th place overall.

Fourier rounded out the scoring with a time of 1:29.04 for 28th place overall.

The Knights were competing in the Win- nipesaukee Alpines Alpine Race at Gunstock on Friday, Jan. 31 at 3:30 a.m.

Sports Editor Josh- ua Spaulding can be reached at 279-4516, ext. 101 or josh@salmonpress.

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CAM YATES had a strong day for Kingswood on Friday at King Pine.

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TAYGHEN GELINAS scored for the Knights in both disciplines on King Pine on Friday.

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MADISON — The Kingswood Nordic team competed in a pair of races on Friday. The Knights will be competing in the Winnipesaukee Alpines Alpine Race at Gunstock on Friday, Jan. 31 at 3:30 a.m.

Sports Editor Joshua Spaulding can be reached at 279-4236, ext. 101 or josh@salmonpress.com.

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In the afternoon slal- om, Shapiro was the top finisher for Kingswood, finishing in a time of 1:07.94 for ninth place as Kingswood again fin- ished in third place.

Arinello again round- ed out the scoring, fin- ishing with a time of 1:08.64 for 12th place.


The Knight girls fin- ished in fourth in the morning giant slalom with Allison Bean lead- ing the way with a sev- enth place finish in a time of 1:10.17.

Tayghen Gelinas finished in 18th place in 1:10.35 for 19th overall. Healy was 10th overall in 1:28.46, Marcoullier was 18th in 1:28.46, Dow was 44th in 1:30.31 and Jeddrey finished in 1:34.44 for 4th place.

The Knights will be competing in the Win- nipesaukee Alpines Alpine Race at Gunstock on Friday, Jan. 31 at 9:30 a.m.

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In the B race, Bean was finished in first overall with a time of 1:14.51.

DeNitto was next, fin- ishing in 1:15.02 for 4th place and Elizabeth Mor- rison finished in fourth place in a time of 1:16.45.

Day finished in sixth place to round out the scoring for Kingswood with a time of 1:17.39.

Rosemary Carpen- ter was 10th overall in 1:18.38. Tayghen Gelinas finished in 28th place in 1:20.29.

For the boys, Plache picked up the win in the B race with a time of 1:14.51.

Hammond was next, finishing in third place with a time of 1:15.32 and Burch finished in fourth place in 1:15.42.

Hotchkiss finished out the scoring with a time of 1:18.16 for 15th place.

Thompson finished out the field of Knights with a time of 19:02 for 26th place overall. Mack Carpenter was the lone middle school racer, finishing in 23:14 for 36th place overall.

The Knights are scheduled to compete in the first New Hampsh- ired with outstanding circulation and distribution.

THE BAYSIDER, THURSDAY, JANUARY 30, 2020

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BY JOSHUA SPAULDING

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The Baysider, Thursday, January 30, 2020
HELP WANTED

Shaker Regional School District Current Employment Opportunities

Long Term Sub – Special Education Teacher – Belmont High School
Long Term Sub – Special Education Teacher – Belmont Middle School
Long Term Sub – Physical Science – Belmont High School
Long Term Subs are paid $76.67 per day for the first 90 consecutive days then $93.50 per day.

11 Behavior Assistant – Belmont Elementary School (1 position) ($16.22/hr)
11 Behavior Assistant – Belmont Elementary School (1 position) ($16.22/hr)
11 Behavior Assistant – Belmont Middle School (1 position) ($16.22/hr)
11 Behavior Assistant – Belmont High School (1 position) ($16.22/hr)
11 Behavior Assistant – Belmont Elementary School (1 position) ($16.22/hr)
11 Behavior Assistant – Special Education Assistant – Belmont Elementary School ($11/hr)
Substitute teachers – all schools $67.50/half day.

Please visit the Human Resources page on the District Website, www.sau80.org, for details, or contact Debbie Thompson, Business Administrator, at 267-0225 ext 5532 or via email at dthompson@sau80.org.

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Computer Technology Network Technician

Multi-School District (Wolfeboro and surrounding area)

• Provides end-user technology support in a complex network environment. Responsible for maintenance, troubleshooting, diagnosis and repair of complex hardware, operating systems, devices and software as part of a technical support team.

• High school diploma and Associates Degree in computer related field &/or equivalent experience.

• Salary range: $40,000 - $44,000

• Full Benefit Package

• Full time, year-round position

• Travel between all GWRSD schools required.

www.gwrsd.org – to apply or for more information/job description.

White Mountains Regional School District Central Office Vacancies for 2020-2021

Administrative Position: Business Administrator
Central Office Personnel: Human Resources/Payroll

White Mountains Regional School District, SAU 40, is located in the heart of the beautiful White Mountains. SAU40 has one Board serving the communities of Carroll, Dalton, Jefferson, Lancaster, and Whitefield.

The WMRSO Business Administrator will facilitate and oversee all financial aspects of the District. There is a comprehensive job description on the SAU40.org website. A candidate with experience, a Master’s Degree in business, and holder of the Business Administrator certification from the NHDOE (0038) is desired. This is a 261-day salaried position with a generous benefits package. We may make accommodations for qualifications and experience. Start Date: July 1, 2020

Human Resources/Payroll: person manages the District’s payroll, employee benefits, and purchasing tasks. The HR/PF manager works collaboratively in the District Central Office with the Business Administrator, Data Manager, Accounts Receivable Assistant, Grants Coordinator and Administrative Assistants. There is a comprehensive job description on the SAU40.org website. This is a 261-day salaried position with a generous benefits package. Start Date: June 1, 2020

Please apply on Schoollin; paper applications are not accepted. Positions open until filled.

The BAYSIDER, THURSDAY, JANUARY 30, 2020

R7
Learn-to-curl program starts Feb. 5

WOLFEBORO — Following up on a very successful Fall program, Lakes Region Curling and the Wolfeboro Department of Parks and Recreation are offering a four-week learn-to-curl program for beginners. The hour-and-a-half sessions will take place on Wednesday mornings, Feb. 5, 12, 19, and 26 at Pop Whalen Ice Arena in Wolfeboro. The program is open to members of the public who have from zero to two years of curling experience. Each weekly class will begin at 9:30 a.m., and experienced LICA curlers will be on hand to provide coaching and organize matches among participants. For information and to register, visit the Parks and Rec website (www.wolfeboronh.us/parks-recreation) and click “Register Now.” Sign in to your account or create one at the site to access the registration form. On the form, search for “curling” and then click “Register” for Session 2. For information about the Olympic sport of curling, visit the Lakes Region Curling web site at lakescurling-nh.org.

It’s been a busy few years, so it was a good time to touch on some things bouncing around in my head.

Last Wednesday marked six months out from the start of my trip to Tokyo for the Summer Olympics and Paralympics. February marked six months until the start of the Olympics. The last few weeks, I’ve spent a lot of time looking over schedules, reading stories about different venues and events and in general just churning down information. That has also led me down a rabbit hole into the Olympic sport of curling, which includes Winter Games in Beijing in 2022 and Milan-Cortina in 2026 and Summer Games in Paris in 2024 and Los Angeles in 2028.

There’s no guarantee I will ever get to another Olympics, so it’s fun just to watch what the possibilities might be in coming years. Beijing in particular looks pretty impressive. That project has been headed up by Rodenstock, who have funded the trips to the Olympics in 2014 and 2018, as well as this upcoming journey. Excitement is there.

I choose one weekend in December to turn the Christmas lights on at my mother’s house in Stark. It’s based completely on my work schedule and which weekend works best, so of course the weekend where it was 60+ degrees warm was no surprise. I spent the weekend of Jan. 18 and 19 taking the sessions at the New Durham General Store and Son’s Marketplace, 69 Route 11, New Durham, and New Durham General Store Shoppe and the Community Forest Mem"