

THURSDAY, DECEMBER 20, 2018

COVERING ALTON, BARNSTEAD, & NEW DURHAM - WWW.SALMONPRESS.COM

# **Funding secured for Birch Ridge purchase**

NEW DURHAM — A holiday gift arrived early for those who love Birch Ridge and Merrymeeting Lake. The gift was news that the Partnership for Birch Ridge has secured the necessary funding needed to acquire, conserve, and steward the 2,000-acre Birch Ridge Community Forest in New Durham.

"The proposed Birch Ridge Community Forest is a gift for current and future generations," notes Brian Hart, Executive Director of SELT. SELT, along with the Moose Mountains Regional Greenways (MMRG), and the Merrymeeting Lake Association, formed the Partnership for Birch Ridge Community Forest and worked collectively throughout the summer to solicit public funding and donations from private community members. With a strong show of financial support, the Partnership was able to secure the matching grant from LCHIP.

The capstone funds toward this \$2,950,000 ef-

fort were received with a \$350,000 matching grant from the New Hampshire Land and Community Heritage Investment Program (LCHIP) and a grant from the NH Department of Environmental Service's Aquatic Resources Mitigation Fund, both awarded in early December.

William Bassett, President of the Merrymeeting Lake Association, acknowledged the community support, "This is a remarkable accomplishment completed in just seven months – made possible by the leadership and generosity of private donors who stepped up during the summer and fall to make gifts and pledges for the vision of the Birch Ridge Community Forest. Those gifts and pledges demonstrated the significance of this land and helped secure grants from state and federal agencies for the remaining funds."

With funding now secured, The Partnership for Birch Ridge Community Forest will work to complete the due diligence necessary to acquire the property in 2019 and prepare for its future as a community forest.

To that end, SELT has hired the surveying firm of Eric C. Mitchell & Associates to complete the full property boundary survey, including any of the rights of way strips that extend to adjacent public roads like South Shore Road. The closing on the property is expected

to take place by the end of June 2019. While the survey work is just getting started, the work to get the community in-SEE BIRCH RIDGE, PAGE A10



#### Candy coated

COURTESY PHOTO

Elves left this gingerbread house for New Durham School's kindergarten class as a Christmas surprise, and students decorated it themselves. Complete with fireplace, the tasty building has a prime location in the classroom as children await the holiday break.



#### PMHS MEDIA SPECIALIST BECOMES PUBLISHED AUTHOR

BY CATHY ALLYN Contributing Writer ALTON — In order to clarify and define the science of research, you need to do some research. While researching, you might even wind up writing a book on research. That's what happened to Alton resident Cathy Fraser, the newly published author of "Love the Questions: Reclaiming Research with Curiosity and Passion," a book intended to help educators teach students how to research more effectively. Three years ago, Fraser, the Library Media Specialist at Prospect Mountain High since the building first went up in 2004, looked around her domain, which was newly filled with computers. "Inoticed the way kids engaged in research," she said. "They'd come in to the library and just Google. There were no

questions. They were Rhode Island College was 37 years old when I just looking things up didn't hurt. Nor did figured out what I want- would be too broad. "If the data and connect it to and summarizing what her constant pursuit of they found, and that was knowledge. Years ago, considered research." as a stay-at-home mom This alarmed her. with her younger daugh-"I started thinking ter, she realized her uniabout what we could do verse could get to be "the differently as far as insize of my kitchen table if I let it. So, we went to the struction went." As part of her position, library." she had been instructing Volunteering at the kids on research with Gilman Library folwhat she calls "my own lowed, and when her daughter began school, limited research." So, the next step for her was her husband Wayne sugto do research on how to gested Fraser become a research. librarian. "I realized I needed to "Before could he do more work on my own change his mind, I enpractice, which resulted rolled at the University in writing this book." of Rhode Island for my Fraser's Bachelors Masters in Library and degree in English from Information Science. I

A one-word topic data. Then you analyze

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20 pages in 2 sections

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ed to be when I grew up."

When she saw students "reporting" rather than "researching," she said she wanted to determine if others had found the same to be true. "I read a lot of books and researched others' observations, and it was actually happening. I set out to change that."

What does the author of a research book consider research? "It starts with a question," Fraser said. "Or it can start with a given topic, and the students need to then develop a question."

they can develop a good question, then they can narrow the focus."

A research paper cannot be started the night before it's due. "It's a time commitment. You read widely, then narrow your focus. Develop your good question and you're on your way to a thesis or theme."

That's just the start of things. "The 'what' questions are where you begin," Fraser advised, "but then you need to get to a better question. You need to know what questions to ask to collect the

what you know."

The words love, passion and curiosity are in the title for a reason. Fraser is striving to tap in to a person's desire to solve a mystery, even drawing the analogy that a term paper uses the same procedure popular television show detectives follow to solve a crime. Questions tear at the mystery little by little and curiosity fuels more questions.

"You do research to discover something you didn't already know."

SEE FRASER, PAGE A10

### **Early deadlines** for next week

MEREDITH — With the upcoming holidays, deadlines for a pair of issues of The Baysider have been moved up in order to allow the offices to be closed for staff to spend the holidays with their families.

The Salmon Press offices in Meredith will be closed on Monday, Dec. 24, Tuesday, Dec. 25, Monday, Jan. 31, and Tuesday, Jan. 1.

Therefore, deadlines for the papers of Dec. 27 and Jan. 3 have been moved up 48 business hours.

All deadlines that normally take place on Monday (including sports content) will now be today Thursday, Dec. 20, and Thursday, Dec. 27.

All deadlines that normally take place on Tuesday (including all editorial content such as letters, press releases, etc.), will now take place on Friday, Dec. 21, and Friday, Dec. 28.

If you have any questions about editorial deadlines, call 279-4516 ext. 155 and if you have any questions about advertising deadlines, call 279-4516, ext. 110.



#### COURTESY PHOTO

#### **Great Barrier Baysider**

Sisters Sue Stevens (left) of Alton Bay and Cindy Theodore (right) of Wolfeboro recently travelled to Lady Elliot Island Eco Resort in Australia. The Great Barrier Reef is one of the most important sea turtle habitats in the world, with Lady Elliot Island being a key part of that habitat. Every year, between November and March, the green and loggerhead turtles lumber up the same beach on which they were born more than 50 years ago. These turtles nest on Lady Elliot Island, laying between 80 and 120 eggs per clutch. About eight to 12 weeks later, young hatchlings leave their nests and head towards the ocean. Lady Elliot Island is the only coral cay island with an airstrip on the Great Barrier Reef, as there is no boat access due to its remote location. If you have a photo of you and The Baysider in a unique location, send the photo and pertinent information to baysider@ salmonpress.news.

# Preliminary GWRSD budget up two percent

**BY ELISSA PAQUETTE** Contributing Writer

**TUFTONBORO** Governor Wentworth **Regional School District** collective bargaining agreements have not all been set, but the process is expected to finish by the end of the month, said Governor Wentworth Regional School Board Chairman Jack Widmer. Speaking to the whole board on Dec. 3 at Tuftonboro Central School, Widmer presented a preliminary budget that shows a two percent increase so far.

Of note, enrollment figures are trending upward. Total enroll-

ment throughout the district has increased by 31 students to 2,426. Wolfeboro's Crescent Lake Elementary School (grades 4-6) showed the highest increase with 16 students, for a total of 223. The Ossipee Central School population increased by 14 students. bringing its total to 302.

Staffing increases in the Effingham and Ossipee schools (a 20 percent increase in guidance services in Effingham and a 60 percent position in Ossipee) reflect the effects of the opiod crisis, commented Widmer.

Ossipee Central School request, Principal Andrea Fournier told the finance committee at a November budget hearing that 19 percent of her students are living in poverty – a figure 10 percent above the state average. Fifty-nine percent qualify for free and reduced lunch, 17 have been identified by the school/home coordinator as homeless, and 60 students receive End 68 Hours of Hunger food bags each week. She said that number is projected to increase over the school year.

Effingham Elemen-In justification for the tary School's request to increase guidance services from 60 to 80 percent, said Principal Patty Morrissey, noted the challenging landscape many students navigate: 43 percent qualify for free and reduced meals; 16 percent are being raised by grandparents; and 41 percent live in a single parent or split household (one not biological); and 14 percent are involved with the court or with the Division of Children and Youth Services. "It's very difficult to pinch hit for a guidance counselor," said Morrisey, speaking of the times when a child or family is

in crisis and there is no counselor available.

New Durham and Tuftonboro schools are seeking a 50 percent and 30 percent addition to special education staffing. respectively. Also, the Lakes Region Technology Center has need for a part time construction trades teacher.

Widmer said that \$750,000 asked for funding retirement costs is the result of the state legislature's cutbacks to the retirement system, beginning in the 70s with a reduction of 35 percent. It has since reduced its contribution to zero. That moves the

taxes down to the local taxpayers.

Stabilization grants, intended to compensate for the disparity in towns' resources, have been reduced by four percent each year, beginning in 2016, representing a \$170,000 increase in this year's budget. That too represents a shifting of costs down to the local taxpayer.

The budget will be adopted at the next board meeting, Jan. 7 in the Kingswood Regional High School Lecture Hall. Jan. 8 is the last day for submission of petitioned warrant articles.

Library starting newsletter in new year

BARNSTEAD — Oscar Foss Memorial Library staff will be assisting teens and tweens with starting a newsletter. The first meeting will be on Tuesday, Jan. 8, at 4 p.m. Please contact the library with any questions regarding this program.

#### Read with Mack

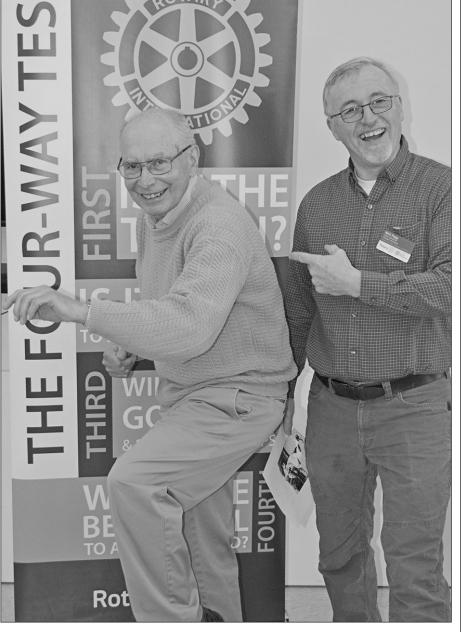
Need a little practice reading or just love dogs? Register to read to Mack, the library's very

special reading therapy dog. Sessions run for 15 minutes per family. Come in to the library or call 269-3900 to sign up for a session.

Family movie night Join in at the library on Friday, Jan. 11, at 6 p.m. for a free family fun night. They will be showing "Incredibles 2" (PG) on the big screen. Light refreshments will be served and pajamas and cuddling items are

always welcome.

Please call the library at 269-3900 or visitoscarfoss.org for more information about programs or events. There is always something happening at the Oscar Foss Memorial Library. Library hours are Tuesdays and Wednesdays from 10 a.m. to 6 p.m., Thursdays and Fridays from 12 to 8 p.m. and Saturdays from 10 a.m. to 1 p.m. The library is closed on Sundays and Mondays.





COURTESY PHOTO

#### Holiday party

At their annual Christmas brunch, the officers for 2019, of the Social Club at Locke Lake were announced. Co-leaders are Bonnie St. Jean and Gay Anne Cooney, treasurer is Diane Norton (pictured above) and Jon Martin, secretary (not pictured). After a sumptuous breakfast at Dominic's Restaurant, a Yankee swap was held. Winning number one was Jo-Anne La Roche, who with her husband Joe, are potential new members. The next event for the club is game night this Friday morning at 10 a.m. at Locke Lake Colony Lodge. Cribbage, and Po keno are the usual games, but it is a choice by the members. Any resident of Locke Lake who wishes to join the Locke Lake Social Club is asked to contact Norton at 776-0289 or St. Jean at 533-5993 or e-mail bjgstjean@hotmail.com.

#### Town of Wakefield, NH **PUBLIC NOTICE**

The Wakefield Budget Committee will meet on

Tuesday, January 8, 2019 In the Town Hall Opera House 2 High Street, Sanbornville NH Beginning at 6:00 p.m.

In order to review any outstanding or new issues relative to the proposed 2019 Town/School Budgets, Warrant Articles and Default Budgets. The Wakefield Budget Committee will conduct 2 public hearings on:

#### Tuesday, January 8, 2019 In the Town Hall Opera House 2 High Street, Sanbornville NH

The first public hearing will begin at 6:30 p.m. and the purpose is to receive input and take final action on the proposed 2019/2020 School District Budget, Warrant Articles and Default Budget.

The second public hearing will begin immediately following the first public hearing, and the purpose is to receive input and take final action on the proposed 2019 Town Budget, Warrant Articles and Default Budget. If necessary, another public hearing will be held on Tuesday, January 15, 2019, same location and times. At each of these meetings/public hearings, a quorum of the Trustees of the Trust Funds, Cemetery Trustees, School Board and/or the Board of Selectmen may be present.





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#### **Football talk**

Arthur Hoover, member of the Alton, Barnstead, New Durham Centennial Rotary Club, jokingly mimics the Heisman Trophy pose as Rotary Club President Rick Fogg points and laughs at his antics. Hoover, who played Ivy League football in the 1960s, spoke to his fellow Rotarians about the real dangers in playing the game. He talked about the history of football from its earliest days, when the first game in 1872 was played between Yale and Columbia. Back then, safety in the game was a non-issue and many players were killed or permanently injured. In one year in the 1800s, college football suffered 45 deaths. "Today, the game is much safer and changes are being made to make it so. Football is not a contact sport, it's a collision sport and the lvy League colleges have adopted a "no tackling" in practice policy and once a player is down without contact, they must stay down to prevent a 350-pound lineman pouncing on top of them causing unnecessary injury. These are just a couple of the many changes and new rules that are very likely to be adopted by the NFL, following how the Ivy League colleges now play," he concluded.

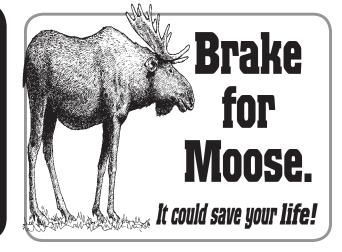
# New board members sought for Barnstead Farmers' Market

BARNSTEAD — The Barnstead Farmers Market was voted WMUR's number three Best Farmers' Market in NH for 2018.

The market is growing and they need more board members for the 2019 season. They are seeking business owners, business minded individuals or individuals who have some background or experience within the farming or agriculture industry. The board needs individuals who are motivated to help them move to the next level of success. If this is you, please contact Lori Mahar, President of the BACFM at 269-2329 or lorimahar@tds.net. Please visit www.barnsteadfarmersmarket.club for more information about the market.

### The Town of Alton is accepting bids for Road Side Mowing and Line Painting.

Please go to www.alton.nh.gov for more information.



# A cut above

#### BARNSTEAD COUPLE SPECIALIZES IN VENISON BUTCHERY

#### BY MARK FOYNES

Contributing Writer

BARNSTEAD

You've tracked and bagged your quarry. You've properly brought your deer to be registered and tagged. The next step is to butcher the animal and put the steaks, loins, and bits of stew meat into cold storage.

Many local hunters do butcher their own game. However, there are many who seek out assistance in this area.

Among the newest local folks offering this service are Jordan and Dean Yost. They have a small operation on Garland Road in Barnstead, which they operate out of their newly-constructed ranch-style home. We caught up with them at their place on a recent Sunday to visit their facility, which is located about a half mile from the Parade.

While both Jordan and Dean are themselves hunters, they are not necessarily purveyors of game meats. Rather they butcher and process game animals that other hunters bring to them.

"They bring us a field dressed deer and come back to get their meat," Jordan summarized.

As deer season was winding down earlier this month - bow hunting ended on the 15th - she said that she was pleased with the level of service she and Dean could provide to local sportsmen.

With a minimal advertising budget, Jordan said that they've promoted their services primarily through word-of-mouth, Facebook, and a small sign

poked into the ground at the end of their driveway.

"Just getting started, we wanted to focus on quality service and just letting people know what we do," Jordan said.

As a startup, Jordan and Dean opted to specialize in venison in their first year. Jordan said she and her husband butchered about 30 deer this season.

"It was a good start, but we're building our clientele and hope to grow," she added. The couple's goal is to triple the number of deer they process next year.

"Hopefully hunters are lucky in 2019, because our goal next year is 100 deer," Jordan said.

Additionally, the couple hopes to expand into serving turkey hunters in the near future - perhaps as early as next spring. The addition of processing game fowl would make their operation less seasonal since deer hunting is limited to the fall, and turkey season is in May.

"It's a lot of work to do a turkey, but there's a demand there as the numbers grow," Jordan said. Her reckoning is substantiated by N.H. Fish and Game numbers that estimate that the state's gobbler population has grown from 35,000 to 40,000 in recent years. (As an aside, F&G estimates that the whitetailed deer population is about 100,000 - about one deer per every 13 people living in the state).

To be sure, the Yosts' effort is a joint enterprise between the couple. But wife Jordan was the prime mover. She noted that their startup is a business proposition at its core. As such, the pair takes pride in providing a service and adding value to the community. But for Jordan, it's a little more than that.

She noted that she'd lost her brother back last summer.

They weren't just siblings - they were, in her words, "hunting buddies."

"Doing this work maybe isn't an outlet, but it helps me feel connected to the memories we had."

A Colorado transplant, Jordan appreciates, respects and reveres the Granite State's forested landscape, feeling quite at home in Barnstead. Nonetheless, Jordan is more accustomed to larger quarry out west.

"We hunted deer growing up, but there were also larger animals we'd hunt," she said.

She noted that a larger deer in N.H. she might process could weigh in at maybe 140 pounds after being field dressed. Conversely, out in the Rockies, she'd personally felled a half-ton elk and even a 1,200-pound bison.

Husband Dean is originally from Barnstead and came back home after serving in the Army in Colorado, where he met Jordan.

He reckons that the butchery's overall capital outlay for equipment represents perhaps \$1,600 - an investment including carving knives, a game pole, refrigeration, and a vacuum sealer that keeps meat fresh. "It was pretty low risk, when you think about it, so it seemed to make sense when we were making plans," Dean said.

"She knows the what and the how, so it was just a matter of getting some of the tools and equipment," Dean said.

Jordan says the cost of processing a deer varies based on size and condition. She said her largest carcass this season weighed about 200 pounds and their fee was \$140. Having processed perhaps 30 deer in their first season, the couple has recouped their initial investment, So ledger-wise they're in a good position and poised for growth.

"It's like, 'Yay we're in the black," she said recalling a successful first deer season.

In their processing room, naturally refrigerated to a steady 38 degrees just below ground level in their remarkably clean basement, there were several freshly-cut prime venison steaks, quantities of stew meat, and some nice-looking samples of osso buco.

The Yosts also have quite the nice freezer fully stocked. Jordan said that some customers opt to reimburse her for her efforts partly in cash and partly in-kind, allowing her to keep some of the meat.

The space is maybe 14 feet deep and 12 feet wide. It's a compact operation, but well-organized, allowing for different aspects of the process to be executed in specialized areas.

Jordan had a number of razor-sharp knives in various sizes, clean from the wash, on one of their stainless steel tables. She explained that she



MARK FOYNES

DEAN AND JORDAN Yost are the co-proprietors of a new wild game butchery in Barnstead. Specializing in deer meat, hunters can drop off their quarry and, for a modest fee, can come away shortly thereafter with skillet-ready steaks and shanks. The Yosts, standing here by their game pole, waste little - if anything. Ribmeat and other bits and parcels are donated to local sled dog kennels.

manually carves each cut without the assistance of mechanization.

"There's a certain technique you learn to get the most out of every knife stroke," she explained.

Jordan said that one can realistically expect to get about 35 pounds of venison from a 100-pound deer. "It can vary, definitely," she added. She said the weight differential can be attributed to bone mass, blood loss, and hide weight.

There were also several set-asides tucked out of the way- bones, low-grade cuts, and the like. The parts of the animal that customers didn't want. An entire deer's rib cage rested in a tote on the far side of the room.

While the prime cuts of steak and stew meat were visually alluring, the byproducts of the butchering process made one wonder what the Yosts did with these bits.

Jordan said that she knows several sled dog racers in the area and gives them the bones that her customers don't want.

"There might be parts not fit for human consumption, but there is still a use for every part."



ELISSA PAQUETTE

#### Kingswood craft fair

Kingswood Craft Fair drew a crowd on Nov. 24. Proceeds from fees, food, raffles and the cookie walk benefit program related activities of the National Honor Society, Future Business Leaders of America and the Technology Students Association. On left, Kingswood National Honor Society students each brought in six dozen cookies for the cookie walk, a fundraiser held during the annual craft fair to raise funds for their transportation to local elementary schools to read to the students, and to Sugar Hill Community and Mountain View Community to sing to the residents. Elf Charlotte Hardy serves (I-r) Ella St. Laurent and her mom Jen Lalkar. Right photo, Eight-year-old Skylar Eldracher let Santa in on her secret wishes for Christmas at the Kingswood Craft Fair. Student Jill Blocher was on hand to write down lists for Santa to check twice before loading his sleigh.



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Opinion

**SECTION A, PAGE 4** 

#### THE BAYSIDER, THURSDAY, DECEMBER 20, 2018

# Merry **Christmas**

As this paper arrives in the mailboxes of our readers and on the shelves of the local businesses, the Christmas season will be in full swing.

As another year comes to a close, we know things haven't always been easy. Tough economic times have taken their toll on many of our readers and many folks throughout the state, country and world. But as we go about our Christmas events, let's take a moment to remember that we all do have very much to be grateful for this holiday season.

Here's hoping that family members far and wide are able to come together and spend the holidays in a happy place. If you are hosting, may your home be filled with warm tidings and joy for the season. If you are traveling, may you find your way safely over the roads, rails and airways of the world to the destination of your choosing.

Here's our hope that across the windswept landscape of the Lakes Region, the Christmas spirit continues to flow. Generous donations to local charities and food banks have helped to bolster the holidays for many people less fortunate in our communities and to all who have taken time to donate and support the wonderful organizations that bring this holiday cheer, thank you from the entire community. It's inspiring to see such generosity from our local communities. The spirit of Christmas can best be exemplified in giving to others and this spirit appears to be alive and well in the Lakes Region.

Here's hoping that people get what they're looking for this holiday season. Sure, there's the things that we often wish for as children, but there are so many greater things that as adults we might all be drawn to. A safe and happy family, a roof over our heads, an infusion of the Christmas spirit that inspires us to help others, a quiet moment of reflection to look back on the year that was and all that we have been given and all that we have accomplished. Choose to remember those happy moments from the past year this holiday season. Those are the moments you should hold on to forever.

And we know not everyone's had a good year, so here's our hope the 2018 holiday season brings a brighter note to those who have struggled and that the Christmas season provides a beacon of hope toward a happy and fulfilling 2019.

As we all prepare to celebrate in our own way, we offer up our own words of thanks for the support you've shown our paper and we are thankful to be part of your holiday season, even if it is just to help get the fire started in the fireplace on Christmas morning. The Christmas season truly is one of the most wonderful times of the year and we wish everyone in our communities a Merry Christmas.



#### **Super Knights**

COURTESY PHOTO

The following Kingswood Middle School students received the Super Knights Award for self esteem/pride for the month of November. In the back row (I to r), Noah Swenson, Kyle Place, Tessa Demain, Miriam Lambert and Cailean Corbally. In the front row (I to r), Elliott Giessler and Lillian Davenhall. Missing are Joshua Nelson and Christos Zavas.

### Letters to the Editor

#### To the Editor:

Well the dust has settled on the 2018 elections. The elections were by any measure very successful. I am not referring to the winners or losers, or what party gained or lost. I am referring to voter turnout. It was high, record setting in many places and that is always a good thing. When people get involved change happens. Maintaining a representative democracy is not easy, in fact it is hard work. Many of your friends and neighbors work behind the scenes all year round, even during non-election years to participate, monitor and report on, and maintain our open form of government. Your participation is important. With the larger elections behind us, it is now time to focus on our local elections. On

#### Get involved in your community

polls again, this time to elect our friends and neighbors to local positions of selectmen (persons), supervisors of the checklist, budget committee, school board, zoning board etc. These positions are every bit as important as the people that we send to Concord and Washington, probably more so. You are voting on a myriad of decisions and policies that affect our day to day activities. Voting for people who make decisions on your property taxes, and what roads to pave (or fix). What businesses can or cannot come to town, and how the zoning of your neighborhood is handled. Your local elected officials are a direct conduit to our representation in Concord concerning the state's involvement locally. Voting in federal

March 2, we will go the

and state elections are important, but to me, voting municipally is the most important civic duty we have (along with volunteerism). I'm not going to try and influence who you vote for with this letter. Like everyone, I have opinions on the subject and will save them for the future. Instead, let me just ask you this: Will you have a conversation with your friends? Ask them simply if they plan on voting. If they say something like 'why tion about our local candidates and what they stand for. The minutes of meetings are available for review, their comments can be heard at Town Meeting. Monthly meetings of boards and committees are open to the public and the actions of your local elected officials can be witnessed firsthand. There will probably be a 'candidates' night' scheduled, attend it. You can also follow the variety of social media accounts in town. You can most

importantly be directly

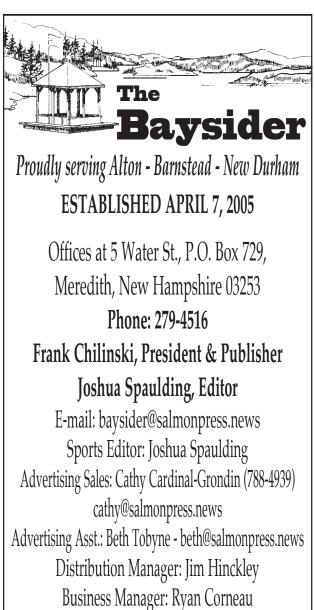
involved by running for

a position in local office.

The filing period is Jan.

23 through Feb. 1, so this

is a great time to con-



Production Manager: Julie Clarke

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#### The real hero

bother' or 'it isn't worth it' or 'I don't know,' try to help them understand why voting in the town election affects their everyday lives. Talk about what is important to you in your town. Is it the school, land management, the lake? We all have our passions.

It is not that hard to find detailed informa-

To the Editor:

As a parent, imagine if your son were to give his life to save the world from what would have caused billions to suffer horribly. They made a national holiday to commemorate his sacrifice, but an individual wanted to be the hero took it over, but didn't do anything even close to what your son did. Yet he received the adoration of millions, including under two percent of those in the U.S. who used lawsuits and complaints to keep him in the spotlight and children who write him letters saving they love him. Retailers sold 98 percent of holiday merchandise in favor of this false hero and radio stations played holiday music that also mostly favored him. Now then, tell me, as his

sider running for local office. These important positions make a big difference in our communitv. **QUINN GOLDEN** ALTON parent, how would you

feel about all this? This is how Jesus Christ, the real hero, is treated every year during Christmas. I would say that it's overdue that we stand up for the real hero.

> LEN HANLEY BARNSTEAD

### **Community Corner**

Alton's motivation to have me arrested

#### By JEFFREY CLAY Alton

On Feb. 22, 2017, the Chairperson of the Alton, Board of Selectmen, Cyndee Shapleigh, interrupt me just 12 seconds into my comments during the first session of public input. I was subsequently ordered removed from the meeting and arrested on two charges of disorderly conduct and one charge of resisting arrest. Shapleigh would eventually testify, under oath, that

my failure to identify the agenda item caused a disruption and impeded the selectmen from conducting an orderly meeting. This, of course, was a lie.

In two previous letters to the Baysider addressing this issue, I stated, essentially, that the justification used by Shapleigh to interrupt me and have me removed from the meeting was rubbish; that her true motivation in silencing and having me

removed was motivated by animus and in retaliation for my outspokenness regarding the selectmen's and police department's. incompetence and misdeeds. I also promised Baysider readers I would soon reveal the source of the animus and motivation for the selectmen's retaliation against me. I now fulfill that promise.

Over the past several years, I have attended many Alton selectmen's meetings where I would frequently address the selectmen's ongoing violations of Right-to-Know Laws, especially as they pertain to non-public meetings. I would also often criticize issues such as ambulance billing, inappropriate competitive bidding procedures, misappropriation of funds, inappropriate dress and appearance and other similar issues. Additionally, I have also have made many re-

SEE CORNER, PAGE A5



COURTESY PHOTO

**REPRESENTATIVES** of the food pantries of Alton and New Durham receive donations from Alton Past Master Jim Matarozzo.

### Masons present donations to local food pantries

ALTON — On Oct. 13, the Masons of Winnipesaukee Lodge 75 F. & A. M. hosted a pig roast dinner to benefit the food pantries of Alton and New Durham. The net proceeds from the dinner were forwarded to the Grand Lodge of Free and Accepted Masons of New Hampshire with a request to receive matching funds from the Grand Lodge Charity Funds. A portion of the proceeds were matched, added to the proceeds

and checks issued to the respective food pantries.

On Sunday, Dec. 16, representatives from the Alton and New Durham food pantries attended the lodge's breakfast buffet and were presented their checks by the Masons of the Lodge, with several local residents also in attendance. Winnipesaukee Lodge was pleased to host this benefit to help raise funds to assist these two agencies who do so much for needy individuals and

families in our towns.

Freemasonry has been part of the culture for centuries, with its members abiding by the basic tenets of the fraternity, which are brotherly love, relief and truth. Locally, Winnipisaukee Lodge was formed in Alton in June 1866 and celebrated its 150th anniversary two years ago. For information about the Masons, feel free to contact Worshipful David Collier at 875-0816.

#### CORNER

(continued from Page A4)

quests over the years to inspect public records, under RSA 91-A. All of these actions by me have angered town officials. But perhaps the single most aggravating issue for them is that I sued the town, which resulted in an out of court settlement. However, there are many other reasons they have singled me out for retaliation. Here are just a few:

On Feb. 16, 2017, just

published in Foster's Daily Democrat titled "Alton to public voting in church."

On Feb. 7, 2016, I attended the town deliberative meeting. The meeting minutes record that I spoke out numerous times on issues of public importance such as the selectmen's decision to move town voting to the Catholic church, expenditure of public funds for non-profits organizations and public improvement projects, the town's non-compliance with American with Disabilities Act concerning public restrooms and other issues. That same evening, "Baysider" titled "Abuse I was ordered removed from the meeting by the town moderator after indicating to the moderator the warrant articles contained numerous errors and, that if the town attorney had reviewed the warrant articles prior to their publication and presentation, "that was incompetence." On Feb. 6, 2016, I spoke at the selectmen's meeting during public input. The meeting minutes reflect the following: "Jeff Clay voiced he has absolutely no confidence in the town administrator and blames the board for this. He also voiced he would like to see someone else become chairman of the board." On Oct. 6, 2016, a letter I wrote was published the "Baysider" newspaper titled "Need new agreement with town counsel" where I called for the Alton Board of Selectmen to immediately dissolve the town's relationship with attorney Sessler and to seek bids for a new outside legal counsel with clearly defined duties, fees and length of contract we can all see and understand. I further revealed that despite a 30-year relationship with Sessler, the town has never had a contract with him. In August, 2016, I filed a written request with the New Hampshire At-

torney General's office for an investigation into the board of selectmen's refusal to investigate a citizen's complaint against the Alton Police Department alleging Alton police officers ignored crimes of spousal abuse, vandalism, and public drunkenness because the perpetrator was a State Police Captain.

And in July 2016, The Union Leader published a news article titled: "Off duty, drunk state police captain pulled from

### **Alton Central School** seeking mascot volunteers

ALTON — Recently, the Alton School Board voted to retire the Alton Central School Mascot "The Apache" and explore replacing it with one that is embraced by both students and the community in the ever changing and diverse society. The board is seeking community members to serve on two different committees that will take a leading role in this change process.

The first committee will be responsible for acknowledging and comof the "Alton Apache" and the role it played in the community. The group will brainstorm and develop ways to honor the past and connect the students to the "Apache Pride."

tee will be charged with determining a new mascot for the Alton Central School that will bring new life and connection to the K-8 student community and the community-at-large.

If you are interested in serving on one of

memorating the history these committees, please

The second commit-

go to https://www.surveymonkey.com/r/ M6TRY8X no later than Jan. 4. The link for the survey can also be found on the ACS homepage under the "Front and Center" tab at www. myacs.org. Their goal is to have broad cohort representation; committee invitations for membership will be sent by Jan. 7. The first meeting will be held at the Alton Central School Library on Tuesday, Jan. 15, at 6 p.m.



#### **Book donation**

COURTESY PHOTO

Alton author DJ Geribo (right) donates her latest book, "Seven Storied Houses," a collection of literary short stories, to Holly Brown, the Gilman Library director.

### *New Year's Eve party at* Alton Post 72

ALTON — Join the American Legion Post 72 family for a fun-filled New Year's Eve party on Monday, Dec. 31.

Dinner will be served from 5 to 8 p.m. Menu includes your choice of prime rib

six days prior to my removal and arrest at the selectmen's meeting, I wrote an article which was published in the of power out of control." The article in its entiretv reads as follows: "On Feb. 8. for the second time in my life, I was thrown in handcuffs, for exercising my constitutional right to free speech during the Alton deliberative session. The abuse of power by Alton public officials is out of control."

On Feb. 16, 2017, the Concord Monitor published an article I had written titled: "Wrong venue in Alton." The letter read, in part, "The Alton board of selectmen, despite public objection, has decided to hold the March 2017 public voting at St. Katharine Drexel Parish, a Catholic church. Apparently, the separation between church and state has little meaning in Alton."

On Feb. 15, 2017, Fosters Daily News published a news story titled "Watchdog escorted out of meeting." The article quoted me as saying, "This was done because I questioned the integrity of the warrant articles presented by the Alton selectmen. The continued outrageous behavior by Alton's public officials against me has me deeply concerned for my safety in the community."

On Feb. 11, 2017, a letter written by me was

or lobster served with dinner salad, baked potato and vegetable. lake." This article came The Cameron Drive Project will play, there will be a 50/50 raffle, prizes and about as a result of a re-

party favors along with a champagne cocktail at midnight. Please call 875-3461 for more information.



# **Blood drives planned** in Alton and Barnstead

REGION — Emergencies don't take a holiday. The American Red Cross urgently needs blood and platelet donors to make an appointment now to give and help ensure patients can get the treatment they need at a moment's notice.

In November 2016, a 100-foot maple tree fell on Mike McMahon, causing life-threatening injuries. He needed 11 units of blood during emergency surgery and another seven units to treat complications af-

ter. Six weeks following the accident, McMahon was released from the hospital – just in time to spend the holidays with his family.

"I'm grateful for the donors who gave me such an amazing gift - the gift of life," said McMahon. "I was an occasional blood donor before the accident. Today, I donate as often as I can to help ensure others receive blood when they need it most."

Now is an important time to give blood and

platelets. A seasonal decline in donations occurs from Thanksgiving to New Year's Day when donors get busy with family gatherings and travel. In addition, severe winter weather can cause blood drive cancellations and negatively affect the blood supply. Patients like McMahon can't afford for there to be a shortage of blood.

Give the gift of life, make an appointment to donate blood and platelets by downloading the free American Red



#### Santa at Oscar Foss

COURTESY PHOTO

The children loved visiting with Santa during the Oscar Foss Memorial Library holiday party on Dec. 12 at the library. Everyone had a great time listening to Christmas stories, singing songs, making Christmas ornaments and eating lots of yummy snacks. Each child also received a book to take home. They would like to thank their friend, Philip from the Barnstead Elementary School library, for being their Santa this year. The library will be closed Tuesday, Dec. 25, and Wednesday, Dec. 26, for Christmas and Tuesday, Jan. 1, for Cross Blood Donor App, visiting RedCrossBlood. org or calling 1-800-RED CROSS (1-800-733-2767).

As a special thankyou for helping meet the urgent need, those who come to give Dec. 20 through Jan. 6 will receive a long-sleeved Red Cross T-shirt, while supplies last.

There will be two local blood drives in the coming weeks.

From 9 a.m. to 2 p.m. on Monday, Dec. 31, come to the Barnstead Parade Fire Station at 305 Parade Road to give blood.

In Alton, there will be a blood drive on Jan. 10 from 1 to 6 p.m. at St. Katharine Drexel Church on Hidden Springs Road.

Simply download the American Red Cross Blood Donor App, visit RedCrossBlood.org or call 1-800-RED CROSS

(1-800-733-2767) to make an appointment or for more information. All blood types are needed to ensure a reliable supply for patients. A blood donor card or driver's license or two other forms of identification are required at check-in. Individuals who are 17 years of age in most states (16 with parental consent where allowed by state law), weigh at least 110 pounds and are in generally good health may be eligible to donate blood. High school students and other donors 18 years of age and younger also have to meet certain height and weight requirements.

Blood and platelet donors can save time at their next donation by using RapidPass<sup>®</sup> to complete their pre-donation reading and health history questionnaire online, on the day of

their donation, before arriving at the blood drive. To get started, follow the instructions at RedCrossBlood.org/ RapidPass or use the Blood Donor App.

The American Red Cross shelters, feeds and provides emotional support to victims of disasters; supplies about 40 percent of the nation's blood; teaches skills that save lives; provides international humanitarian aid; and supports military members and their families. The Red Cross is a not-for-profit organization that depends on volunteers and the generosity of the American public to perform its mission. For more information, please visit RedCross.org or Cruz-RojaAmericana.org, or visit us on Twitter at @ RedCross.

# Rotary Past District Governor to speak at Alton meeting

ALTON — Rotary Past District Governor Christopher E. Parkinson will be speaking Dec. 27, at the Alton, Barnstead, New Durham Centennial Rotary Club about Rotary's Honduras projects to improve and save lives there. His presentation will be held at the Alton Seniors and Community Center, 7 Pearson Ave., Alton beginning at 7 a.m. He has been involved in the more than 26,000 Hondu-"Amigos De Honduras Projects" for more than 17 vears. Rotary District 780, which includes more than 80 Rotary clubs in New Hampshire and Vermont takes great pride in the fact that nu-

merous Rotarians, as well as friends of Rotary, have constructed eight new schools, converted and expanded five existing schools and repaired 18 more schools and built a vouth center in Honduras. Rotarians from more than 30 clubs in District 780 have also repaired hospitals and constructed a dental clinic there. In addition, Rotary's mission has served rans, providing them 21 medical and dental facilities and installed more than 11.000 water filters improving the lives of 50,000 people who now have pure water to drink and improved their

health status. Rotarian Parkinson is looking ahead to 2019 by raising funds for continuing Rotary's "Amigos De Honduras" projects. "We are committed to a number of goals in 2019, which include more schools. clinics, sanitation and educational programs in Honduras but it can't be done without the funds needed and volunteers who believe in service above self," stated Parkinson. His presentation is open to the public and anyone interested in attending the breakfast meeting, please call 569-3745 no later than Dec. 23.





### **ALTON POLICE LOG**

ALTON — The Alton Police Department responded to 219 calls for service during the week of Dec. 9-15, including eight arrests.

One male subject was taken into protective custody of intoxicated person.

One juvenile was arrested for assault.

One male subject was arrested for falsifying physical evidence.

Two male subjects were arrested for driving after revocation or

suspension.

One male subject was arrested for willful concealment/shoplifting.

There were two motor vehicle summons arrests.

There were four motor vehicle accidents.

There were four suspicious person/activity reports on Frank C. Gilman Highway, Places Mill Road, Main Street and at Hannaford's.

Police made 49 motor vehicle stops and handled five motor vehicle



way/roadway

complaint-incidents.

There were 157 other calls for services that consisted of the following: Three assist fire department, five assist other agencies, one pistol permit application, seven animal complaints, three juvenile incidents, one general assistance, one wanted person/fugitive, five alarm activations, two lost/found properties, three highhazard reports, one simple assault, one sexual assault, four general information, one civil standby, three wellness checks, one criminal mischief,



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# T-shirt auction to benefit food pantry

WOLFEBORO Each week, year round, the Life Ministries Food Pantry serves 150 Wolfeboro area families, with storm weeks and holidays the need can surge to 250 families creating a constant need for incoming donations.

Through a network of local businesses and the generosity of Wolfeboro Casuals and the Juvonen / Fallon family a Camp Winnipesaukee t-shirt has been donated and then signed by the NBC Late Night Show host and his wife Nancy Juvonen, who has had a home on Lake Winnipesaukee in Wolfeboro for many generations. The couple love the lake so much they named their oldest daughter Winnie.

Fallon developed a skit for the "Late Night Show" with Justin Timberlake where they pretend to be young boys

at a summer camp and sing different goofy songs. The skit has been enjoyed by millions of viewers and now is the chance to own a one of a kind signed t-shirt.

The t-shirt will be sold on eBay, with all proceeds to benefit the Life Ministries Food Pantry, which serves area needs through a network of seven local churches and the NH Food Bank. The food pantry is a non-profit, charitable organization.

The shirt was donated by Wolfeboro Casuals, sent to New York to be signed, returned and framed by The Art Place and will be on view during the bidding at Wolfeboro Casuals and The Art Place and will make its final destination to the new owner just in time for Christmas.

This is a once in a lifetime opportunity to own an autographed, framed Camp Winnipesaukee t-shirt while doing good for the local community. Fallon and Juvonen also included a generous cash donation as well and the pantry urges everyone to please remember the food pantry in your holiday giving and while doing your own food preparation.

Potential needs you might be able to help fill are fresh fruits and vegetables, dog and cat food, personal care items like deodorant and diapers. When the cold snow blows and the winds howl there's nothing like snuggling down with a warm house, not worrying about your food choices.

Search for Jimmy Fallon signed t-shirt on Ebay to bid.

www.newhampshirelakesandmountains.com

### The Real Report RECENT REAL ESTATE TRANSACTIONS

Price

#### Town

#### Address

Alton Alton Alton Barnstead New Durham

New Durham New Durham 14 Hibbard Dr. 284 Kings Highway

985 Rattlesnake Island

75 Baxter Place

41 Meaders Point Rd. 294 Old Bay Rd.

Single-Family Residence 69 Mount Major Highway

Туре

Single-Family Residence Single-Family Residence Single-Family Residence Single-Family Residence

Single-Family Residence Single-Family Residence

\$218,000 \$40,000

Salvatore J. Fisichelli Alton Bay Campmeeting \$315,000 Richard A. Hawes (RET) \$190,000 Denys and Judy Hall \$65,000 David H. Reis (for Reis Fiscal Trust) \$650,000 Robert A. and Diana S. Larochelle \$259,000 Anthony C. Eldridge (for C Oss NT)

Seller

#### Buyer

**Reality Mountain LLC** Brian and Elizabeth Mezey Erin E. Cole Steven Fischer David H. Reis

James S. and Darcy S. Sidwell James M. Carney (for James M. & J. Carney RET)

#### **ABOUT THE REAL REPORT**

Here are recent real estate transactions in Alton and the surrounding areas. These sales summaries are informational only, not a legal record. Names shown are usually the first listed in the deed. Sales might involve additional parties or locations. Prices are usually based on tax stamps

and might be inaccurate for public agency sales. Refer to actual public documents before forming opinions or relying on this information. Additional publicly recorded information on these sales, prior sales and data from Department of Revenue Administration forms is available at www. real-data.com or 669-3822. Copyright 2011. Real Data Corp. In the column "Type": land= land only; L/B= land and building; MH= mobile home; and COND=condominium

## **DAR members attend Festival of Trees preview**

WOLFEBORO — Members of the Winnipesaukee Chapter DAR attended the Preview Gala celebrating the 20th year of Wolfeboro's Festival of Trees. Those attending included Nancy Black, Vice-Regent, Susan Fossum, Regent, Bette Frazier, Priscilla Theberge, Marianne Marcussesn, Sarah Rivera, Susan Harding and Bebe Burt.

The Daughters of the American Revolution is a non-profit, non-political volunteer women's service organization dedicated to preserving American history and securing America's future through education and promoting patriotism. Any women 18 years or older, regardless of race, religion or ethnic background, who can prove lineal descent from a patriot of the American Revolution is eligible to join.

For more information on becoming a Daughter of the American Revolution, call or e-mail Fossum at 581-9675 or susanbriggsfossum@hotmail.com.

#### Gift of lights

On Saturday, Dec. 8, the Victory Workers 4-H club went to the gift of lights at New Hampshire Motor Speedway. They donated canned goods for the local food pantry and would like to thank the Marstons and Gean Ladd for the bus and transportation.

# *Coat collection* continues until Christmas

ALTON — The American Legion Riders of Chapter 72 Alton are holding their sixth annual "Coats for Kids" drive. The Riders will be collecting "new" coats for children in the local community in need. Coats can be dropped off at the post home on Route 28 Alton, in the coat donation drop-off box located in the post foyer. The American Legion Riders of Chapter 72 will be collecting coats Nov. 1 to Dec. 25. Donations will also be accepted toward the purchase of new coats. Contact Russ at 776-2968 or Lisa at 520-0672 for more info.



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#### **O**BITUARY

#### *Virginia Dore Owned Ginny's Beauty Nook*



ALTON — Virginia Dore (Kidder) passed on to be with her husband Rawland in heaven on Dec. 6. Virginia (Ginny) was born in 1924 in Pittsfield and grew up in Barnstead. She married Rawland Dore of Alton in 1943. Virginia ran her own beauty shop (Ginny's Beauty Nook) for more than 60 years out of her home in Alton. Ginny was active in her church, the Alton Garden Club and the Republican Women's Club. She loved doing crafts and took up painting in her later years, producing excellent pieces treasured by friends and family. Virginia and Rawland loved to travel around New England taking pictures of all the covered bridges. Later in life they purchased an RV, which they parked in York Beach, Maine

where they loved to walk the beach as well as explore up and down the coast.

She is survived by her son, Dennis and wife Carol of Rochester, Minn., granddaughter Michelle and husband Ryan (Dearing) of Omaha Neb., great-grandson Mathew and wife Molly of Omaha Neb., great grandson Christopher of Minneapolis Minn., son Douglas and wife Cynthia of Alton Bay, grandson Aaron of Alton and great-grandsons Caden, Carter, Cameron and Declan. granddaughter Sara and husband Jonah (Pike) of Meredith and two great-grandsons Tyler and Max. She is also survived by sister-inlaw Joyce Peverly of Laconia along with several nieces and nephews.

In lieu of flowers, donations may be made to Central New Hampshire VNA & Hospice, 240 S. Main Street, P.O. Box 1620, Wolfeboro, NH 03894

There will be a celebration of life for Virginia and Rawland in the spring and an announcement will be made at that time.



BY MARK PATTERSON Contributing Writer

Whether you use a financial planner, advisor or do it yourself; planning your financial future involves a plan, strategy and tactics to get you where you need to go. So, let's take a moment to think about the difference between these strategies and tactics to maybe reflect on what you have or have not done with your personal finances. To me a "plan" is the most macro or broad big idea regarding (in this example), your financial picture. But then we must create a strategy for your plan. The strategy represents a subjective time frame, for example five years. The strategy identifies the objectives you want to accomplish and attaches a loose timeframe to achieve your goal.

My strategy may read like this; Accumulate and grow my assets reducing the risk to the overall portfolio as I approach retirement at age 70. Using good Social Security planning, some "A" rated fixed indexed annuities for a small portion of income and a good fixed income bond ladder for most of the steady, sustainable income. I want to create a sustainable income that is not subject to market risks. Then with the remaining assets I want to continue to grow these assets with equities or stocks, managing some mitigated market risks to keep me ahead of inflation and grow my legacy. I also want to fund Long term care insurance (asset based). and life insurance.

Now that I have outlined a basic strategy, I need to make "tactical" moves to get my strategy in motion. While I

# Mark on the Markets

#### Strategies am still in the "accumulation" phase, a tactical move may be; with a portion of my assets I will sell cash covered "puts" to create income or accumulate stock in companies I want to own. Once I own this stock, I may sell covered "calls" for income.

This is a buy/write

tactic that aids in the

overall "accumulation" strategy. The point is that your plan and strategy should be well defined. Not that changes should not be made, but a general idea of what you want to accomplish and how. The tactics that vou or vour advisor employ are more defined or maybe represent shorter periods of time. Tactics are just tools to help you reach your strategic goals which are a just a part of the overall plan.

Reading this may seem simplistic to you, but I know sometimes very basic concepts can be a valuable tool for solving problems that may have seemed very complex. Buying mutual funds until you retire and taking the money out of them when you need it would be a strategy and plan. But that plan does not include enough detail to ensure that you won't run out of money in retirement.

A very good exercise would be to write out your plan and objectives, then create a strategy to work towards your goals. If you are comfortable with the details or tactics to fulfill your plan, then write those down as well. If you are not comfortable with any or all of this then, call a planner or you can call my office.

Mark Patterson is an advisor with MHP Asset Management and can be reached at 447-1979 or Mark@MHP-Asset.com



### Barnstead church plans Christmas Eve service

BARNSTEAD — In the midst of the wonder and expectation of the Christmas season, many might feel out of step with the joy and excitement of Christmas. With the busyness of the Christmas season and the pressures of life, sometimes the "happy" holidays just sneak up before people know it.

Plan on coming to the Christmas Eve service at Center Barnstead Christmas Church at 6 p.m. and get yourself ready for the big day. Bring your family, bring a friend, every family will go home with a Christmas gift. Come and create a lasting memory this Christmas Eve at the Center Barnstead Christmas Church, located right next to the town hall. Any questions, please visit Centerbarnsteadcc.org or call the church at 269-8831.

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Wedding, engagement, and anniversary announcements are welcome at: weddings@salmonpress.com

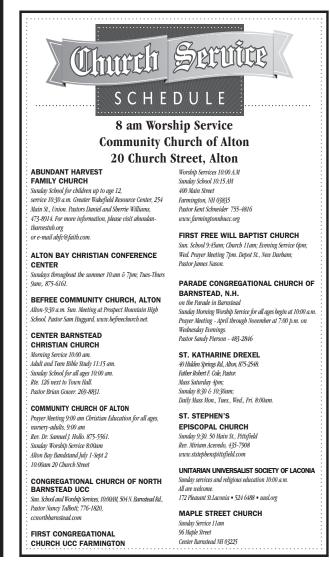
Photos are also welcome, but must be submitted in jpeg format. Please contact Executive Editor Brendan Berube at (603) 279-4516, ext. 111 with any questions regarding the submission process.

### Helping out

Kathy Davey, a volunteer at the LIFE Ministries Food Pantry accepts non-perishable foods collected by the children from Carpenter School. The children collected more than 1,000 food items. It's not too late to contribute to LIFE Ministries Food Pantry, PO Box 476, Wolfeboro Falls, NH 03896 or online at lifeministriesfoodpantry@gmail.com.

### No Locke Lake board meeting this month

BARNSTEAD — There will be no Locke Lake Colony Association public board of directors meeting in December. The next public board of directors meeting will be held on Thursday, Jan. 17, at 6:30 p.m. at the lodge. These meetings are open to LLCA members only.



# Christmas Eve service scheduled in Pittsfield

PITTSFIELD — Include the wonderful Christmas Eve candlelight service this coming Monday night, Christmas Eve, 7 p.m., at the First Congregational Church, 24 Main St., Pittsfield, in your holiday celebrations. The service includes beautiful music by the Chancel Choir and the JuBellation Handbell Choir, scripture lessons, the story of the first Christmas, the sanctuary sparkling in gleaming, real candlelight and the singing of "Silent Night."

Make this lovely evening service a tradition with family and friends. Parking and wheelchair accessible entry are available at rear of church at Chestnut Street. For more information, call the church office at 435-7471.



COURTESY PHOTO

# Tree of Memories ceremony provides comfort to many

BY ELISSA PAQUETTE Contributing Writer

WOLFEBORO — The Christmas season is a time of great busyness in anticipation of holiday gatherings. At the same time, it brings memories of those no longer with us. Central New Hampshire Visiting Nurse Association and Hospice held a program of remembrance and thanksgiving in Wolfeboro at Huggins Hospital's Medical Arts Center, on Dec. 8.

The Wolfeboro program, led by Rev. Gina Finocchiaro, was one of four taking place in Central New Hampshire including Alton, Meredith and Wakefield. The opening prayer, recited in unison by around 100 people, read: "We are gathered at this hour to bear honor to the life of loved ones and friends.

On behalf of family and friends, we consecrate this memorial service as a sign of our eternal love and everlasting remembrances. We give thanks for the blessing of their lives, for the gift of their companionship, and for the comfort of precious memories that sustain us. Though sorrow lingers, we have learned that love is stronger than death. Even when they are gone."

Music for "What a Wonderful World" and "Over the Rainbow" was performed by Elizabeth McCrae. Names of each person for whom a dove had been purchased in support of the organization were read aloud to the silent, listening crowd. For that time, no one was alone with their loss.

CNH VNA and Hospice gives thanks to its

volunteers and members of the hospice advisory committee: Shirley Richardson, Deb Denby, Barbara Lobdell, Mo Marsh, Mary Ann Pollini, Ginny Schweitzer, Susan Nentwig, Pamela Martin, Lisa Dupuis, Gin Finocchiaro, Leslie Ari and Jenn Legasse.

More information is available at the organization's web site and/or by calling 1-800-244-8549.

ELISSA PAQUETTE PARTICIPANTS in the Central New Hampshire Visiting Nurse Association and Hospice program of remembrance held in the Medical Arts Building at Huggins Hospital on Saturday, Dec. 8, stepped out into the cold to hang porcelain hospice dove ornaments created by Gogi Millner of Cornish Hill Pottery on the tree by the main entrance.



### Letters from Edwin Borrowing

#### BY EDWIN TWASTE

I have been troubled inappropriately bv used words lately. One of which is the word "borrow." So, to verify my remembrance of its meaning, I dug out my old Funk & Wagnalls New Practical Standard Dictionary, circa 1962, that my parents must have bought from a summer job college student salesman who convinced them that it would help us kids do better in school. I found that it was good for pressing leaves and such. I never correctly applied it much, until today.

Definition: Borrow, To obtain something on promise of return. That's just what I expected. And forever it's been misused for such things as "can I borrow a cup of sugar?" or in school I always hear "can I borrow a pencil (or pen)?" The intent there is that someday you might return the Unfortunately, favor. it's always the same kid who is without a writing implement and some people never seem to run out of sugar. I have always guided myself to return anything that I borrowed in the same or better condition that I received it. A little extra thank you for letting me use it. Sometimes it's hard, but say if I borrowed your tractor, it would come back with a loose bolt tightened, something oiled or greased, or that rusty spot rubbed down with an oily rag. Just something. Remember back when tuneups were a regular part of driving cars? A friend wanted to borrow my timing light. I said sure and away it went. A few weeks later it came back. He was honest enough to tell me that is stopped working. So I questioned him as what he was going to do about it? He wasn't sure what I was after so I told him that two weeks ago I had a working timing light and now after loaning it out to someone I have a broken one, or some such thing. Anyhow, I guess he felt guilty and sent my light back to Sears and it still works today.

But these days, when I let someone borrow something, I have to as-

sume that it's never coming back. I remember showing some friends some of my sound equipment and they were all enthused about one of the pieces so I asked if they'd like to borrow it? They got this big Christmas morning "yes I got the bike" smile on their faces and I haven't seen it in years. That and lots of other stuff like it. The problem is that I never wrote down who got what.

A couple of years ago I loaned out a book to a friend and before I handed it over I explicitly stated that I wanted it back because it was a large book with lots of information and I had gone out of my way to purchase it. Well months go by and I inquire as to the whereabouts of my book. He can't find it. Another couple of months went by and I asked again. Still no book. The next time I asked he said that it's not in his house and he must have loaned it to someone else and that it was my fault for not putting my name in it. I think I did. So here it is, that dreaded time of year when everywhere you turn, there's someone or something asking you for donations. The phone, the mail box, e-mail, Google, the radio, the store, church, the school, everywhere. Even if I sent in a check last month. I'm definitely on a "givers" list now. I almost consider it a mistake for having given, because now I have to throw away so much junk mail. It's sad. I wrote back to one saying that I would never give again as long as they kept wasting money and kept sending me all that junk. It doesn't work. S, all the best to you and I hope the holidays treat you well. As for me, I guess I'll just keep wandering through this life like that old pan handler who scored a quarter from me back in 68, and say: Hey buddy, can I borrow a buck (or two)? Correspondence welcome at edwintwaste@ gmail.com

#### BY ELISSA PAQUETTE

Contributing Writer TUFTONBORO — Tuftonboro Central School hosted the Governor Wentworth Regional School District's monthly board meeting on Monday, Dec. 3, with Sandi Swinerton's second grade class at the ready to share their handwritten letters to individual board members.

Principal Ryan Gilpatrick spoke of the school's emphasis on behavior in coordination with Guidance Counselor Matt Tetreault. Students are learning preventative strategies and emotional coping skills in small classroom groups and individually in the Student Support Center (SSC). Gilpatrick said there have been 53 referrals to the center with a total of 114 visits, in which they are able to receive help to get past challenges and conflicts. He also mentioned that the teachers are helping the sixth graders develop leadership skills and prepare for entry to the Kingswood

# Board receives letters from students

Regional Middle School next year, the first year when students from all over the district attend classes together. The TCS Owls will transition to become Knight Owls, a process symbolized by an owl/knight logo. The second graders lined up in front of the stage to share their views, in turn, on writing, a process that they all professed to enjoy. Swinerton said students can choose who they would like to write to – friends, family members, and for this occasion, members of the GWRSD administration and board. Students moved quickly to find their recipients as the names were called, a process that drew smiles of anticipation and gratitude.





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# **New Year's Eve concert** planned in Barnstead

BARNSTEAD — If all goes as planned, on New Year's Eve, Roy D'Innocenzo will sit down with Chris Bonoli, with a cup of tea, and a music stand to play a two-hour "parlor concert" at the Barnstead Town Hall. They will be playing "All the Songs I Can't Remember The Words To" and the public is invited to attend. As usual, the concert will be from 7 to 9 p.m. on Dec. 31 and doors will open at 6 p.m. with a short intermission to snack on some milk and cookies. D'Innocenzo will play some instrumentals in his jazzy style and he will also back Bonoli up as she plays and sings. As tradition has it, Bonoli will pass out the words and they will all sing the song American Pie just before intermission. This year all proceeds will benefit the memorial to honor public works employees who have died on the job from all New Hampshire municipalities, counties and the state. To date, there are 33 names for the memorial being constructed in Concord.

There will be a suggested concert donation. Please call Bonoli at 340-1468 or 776-3616 and leave a message to reserve your tickets. All additional monetary donations to the memorial, or donations of cookies and desserts are graciously accepted and Bonoli will call you back to confirm your reservation. If you are a public works employee and receive your paycheck from a municipality or the state, you and your family may attend for free as their "thank you" for your public service designing, building and maintaining the infrastructure - and hopefully you won't have to be out plowing and treating roads on Dec. 31.



#### FRASER (continued from Page A1)

In her book, she writes, "Research - the intense pursuit of answers... should prickle the intellect as a persistent itch prickles the skin."

Her own passion about the subject is obvious. "I started writing more out of a sense of fear, concern, and anger about what was happening," she said.

"The way computers were being used prompted me to put pen to paper. Teachers used to bring kids in and they'd look at books. With computers, I didn't know what they were looking at, what the sources were, or even if it was relevant. I couldn't determine how they were conducting their work."

For the past three years, freshman seminar has been back in place at PMHS. "We used the lessons I was developing for the book. We've been working with students to get to better questions by connecting to what they know."

From 2014-2017, Fraser participated in a group of PMHS teachers working with a writing consultant, author Linda Rief of the Oyster River Middle School, to improve their own writing.

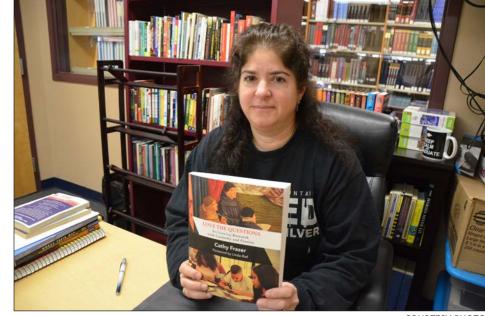
During the workshop, Fraser shared an early draft of her book with Rief, who told her to pursue it.

"So I did."

She worked on Saturday and Sunday mornings, and the summer. During the school year, she squeezed time from evenings and nights.

Her technique is self-described as "messy, but it worked"

She writes in longhand. "I feel when I'm writing I need to be close to it. A word processor makes it too easy to delete things; if I'm going to cross something out, I want to see it again because if it didn't fit there it might fit somewhere else."



COURTESY PHOTO

CATHY FRASER, library media specialist at Prospect Mountain High School, holds a copy of her newly published book for educators, "Love the Questions: Reclaiming Research with Curiosity and Passion." Intended to help teachers instruct students on improving their research skills, the book includes lesson plans Fraser developed for use in freshman seminar and personal anecdotes to humanize the material.

life," she said, "hoping to make it readable and something people will stick with until the end."

She said an interesting story can go a long way to illustrate a point, so in the book she cites getting nabbed for plagiarism in the sixth grade ("I hadn't read the book so I copied down the bullet points at the end") and getting a D- on a high school term paper ("I did not know how to

go about doing it"). "I struggled with the chapter on citations because you couldn't possibly give an example of each kind of resource; it would be too boring. I didn't want it to be dull, so I broke the fourth wall. I appealed to the reader directly."

Each chapter deals with a different section of the research process and they are not in any sequential order.

"My learning process was just as long," Fraser said of her research," and I had to keep working at it just as the students will have to. That's also the point."

On Rief's suggestion, Fraser sent her book off to Stenhouse Publishers, a house that concentrates on books for educators. "It was initially rejected because they had similar projects."

cepted it. Fraser worked with the editor to polish things up and this fall became a published author.

"It's out there," she said. "Stenhouse displays at national conferences for educators and I believe it went to the National Council of Teachers of English in November."

Although she certainly appreciated having her work published, Fraser said it was more about getting a message across. "I was hoping to create a resource for people."

It's been a resource for PMHS long before publication. "I've been actively using it since I conceived the first lessons."

Fraser said she and other teachers are seeing an improvement in students.

"Freshman seminar has made the process stronger. There is an awareness among the freshman and upper level teachers. They are commenting that students are locating material and questioning."

She noted the change is gratifying, but she cannot take all of the credit. "Others teach in freshman seminar and

ment and enjoyment."

Teachers work at inspiring students to bring forward their own questions.

"We slow things down so kids can see there are many steps to research," Fraser said. "Google is not a place to find information; it's a hallway with a lot of doors. You should be thinking about the room where you're going, your destination, not the hallway. You have to tell Google where you want to go."

She said the first project they did with students took five weeks from start to finish.

"Everyone here is interested in students improving their academic skills and becoming independent and life long learners. The faculty I work with are tremendous and they welcome me into their classrooms as an education partner. I cannot say enough about how grateful I am to the teachers, staff, and administration."

Fraser said her book represents "a lot of work and I feel strongly about it; it was done with absolute seriousness."

It all comes back to questions. "We need to have citizens who under-

stand how to question

things; just accepting

without asking scares

me. I've spent most of my

time on getting to the bet-

ter question."

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If a paragraph or section needed to be moved, "I just drew an arrow. The process is old fashioned but I found it effective."

Fraser went in with her eyes open about a subject that could be potentially dry. "There are personal stories in there about my own school experience and my

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After a year of other submissions and rejections, she sent it to Stenhouse again "on a chance," and they ac-

#### **BIRCH RIDGE** (continued from Page A1)

volved is already under way.

In fact, a visioning session was held in November to gain valuable insight towards the community's collective goals for the forest. More than 70 attendees attended and shared their ideas, goals, and hopes for the Community Forest. Paper surveys were also sent to all residents and property owners in New Durham ask-

research is just a piece of that."

The goal is that the questions will come from the students. "What do they want to know about the topic? Hopefully that will lead to more engage-

ing for their responses to 10 questions. Their responses about trails, recreational uses, and management priorities will help the Birch Ridge Steering Committee develop the management plan for the soon-to-be Community Forest.

As this project is all about community, Patti Burns, Executive Director of Moose Mountains Regional Greenways, wants people to get to know this gem of a property. "We really want the community to learn

about and love the Birch Ridge Community Forest. That's why we are working with our partners to host field trips and activities to get to know Birch Ridge this winter." A winter snowshoe field trip on Birch Ridge is scheduled for Feb. 2 from 9 to 11 a.m. Advanced registration is required at seltnh. org/events-page.

Learn more about the Birch Ridge Community Forest at seltnh.org/ birchridge.

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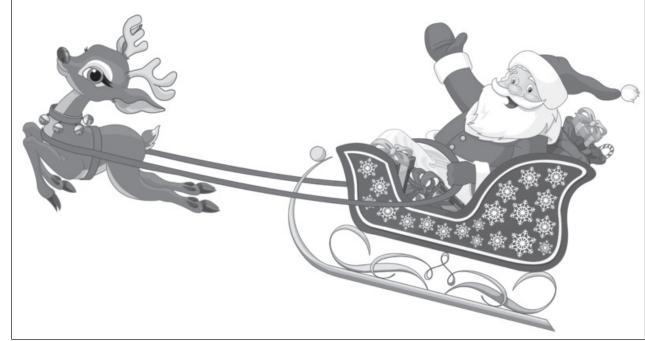
# **Nephews banished to Pluto** and a multi-cultural knife

NORTH COUNTRY NOTEBOOK

By JOHN HARRIGAN

Most people will read this column on the 19th, plenty of time for that last-minute shopping, plenty of time for (you guessed it) my well-worn Christmas Gift List column, which contains wonderful ideas for your frantic tear-your-hairout last-minute shopping.

"Well-worn" is perhaps an unfortunate choice of words, and doesn't reflect the hours upon hours of research I do each year to make sure the column is "relevant." The foregoing is written on the assumption that readers won't know that "relevant" is a code word in advertising, education, publishing houses, sitcoms, and all over society for "keep the newest generation's attention span," which is now down to a 10th of



CUPGROUND COM - COURTESY PHOTO

YUP, that blip on the NORAD screens is Old Santy on his way to deliver gifts, some of them (by gum) suggested right here.

#### a second.

Before enraged readers bearing torches and pitchforks run me out of town (good luck on that, because I don't live there), here it is, in an abbreviated version (not much space left here, on account of getting very close to going off on a rant up there),

my not-so-famous Gift List.

Does your short-list of family and extremely close friends, maybe too close, include a hiker, camper, fisherperson, which we're all supposed to call "anglers" now, or even "fisher" (which to me is a furry little animal that sometimes actually runs around with a fish in its mouth, but we digress), or anyone else who likes to totally waste hour upon hour in the great outdoors, even by just sitting there whittling on the porch and once in a while sneaking a sip of Old Skunk from a jug hidden there in the woodpile, but guess what, Gramps, everyone knows (wink, nudge)?

Well, get 'em a multiblade, multi-purpose, multi-faceted, multitasked, multi-cultural (getting into shoal waters here), multi everya not-so-genuine Swiss Army Knife. This last qualifier is because most of these knives are cheap knockoffs, and never got closer to the Swiss Army than the Swiss embassy in Botswanaland. Anyway, these make a great gift, great for actually being useful, not so great for swaggering (sample line, from "Crocodile Dundee," Warning: Not suggested, "That's not a knife, this is a knife").

Telephone call card. Now here's a radical gift idea. Don't have a clue what to give your children (who thing else on the planet, are now collecting Social Security but still living in your cellar), grand-children (sometimes ditto), nieces and nephews who are actually the children of people you've never heard of, or the children of people who are distant cousins but not quite distant enough to your satisfaction, which would be, say, the non-planet Pluto?

Well, this phone call card will enable the younger set, which is everybody younger than you are, to get their self-absorbed little beaks out of Game Boys and endless other "it's all about me" devices and urge them to pick up the telephone and spend a few minutes actually thinking about you.

Imagine, someone actually thinking about you. It's the perfect Christmas gift, the kind of gift that can truly go right on giving, not to them, but to you, all day, all week, and beyond.

This column runs in newspapers from Concord to Quebec and parts of Maine and Vermont. Letters, with contact information for questions, welcome at campguyhooligan@gmail.com or 386 South Hill Road, Colebrook, NH 03576.

# **Volunteers sought for** ice skating rink in Alton

ALTON — The Alton Parks and Recreation Department is sponsoring a drop-in playgroup for up to five years old at the Alton Bay Community Center on Tuesdays and Thursdays from 9 to 11 a.m. (Group does not meet during Alton school breaks). The program is free. They provide the books, puzzles, toys and games, and you provide the interaction. Please bring a peanut-free snack for your child. This is

easy to moderate. The free program is ongoing. Meet at the Alton Bay parking lot. For more information and/ or to register for this program, e-mail your name and contact information to Ruth at bernieruth1977@aol.com.

#### Donation **Yoga flow class**

Start the new year off by giving back to the community. Donation class at the Alton Bay Community Center on New Year's Day, Jan. 1, from 4 to 5 p.m. led by Sheila Marston. All donations will be given to the food pantry in Alton. Class will be for all levels, if you have always wanted to try yoga, join in this beautiful space to start the new year off taking care of you and donating to a great cause. Modifications will be offered. Stretch, breathe and feel great for 2019.

and proper alignment. Geared toward participants who know basic postures. Class ends in seated meditation and savassana. Wednesdays, 6:30-7:30 p.m. at the Alton Bay Community Center. No classes on Dec. 26 or Jan. 2.

Zumba classes with Sherry Meyer are held Mondays and Wednesdays at the Alton Bay Community Center from 8 to 9 a.m.

#### Ice skating rink at Mill Pond

National Honor Society hosting coat drive at PMHS

ALTON — The PMHS National Honor Society is holding a coat drive, which provides coats to any students that need them in the building. At the end of last year, all of the extra coast were donated, so we are looking for a whole new batch. Any new and/or lightly used coats, hats, mittens and gloves can be dropped off in the PMHS main office. Any and all donations would be greatly appreciated.

a great program to introduce you and your child to other members of the community. For more information, contact LittlePesaukees@ gmail.com.

#### Local walk or snowshoe program

The Alton Parks and Recreation Department is sponsoring a local snowshoe walk on Saturday mornings led by Ruth Arsenault. Join community members on a walk or snow shoe walk each week from 10 a.m. to 12 p.m. Walks will be held in local parks and will be

#### **Exercise classes**

Intermediate Yoga with Sheila Marston focuses on breathing techniques, postures

The Parks and Recreation Department is planning to create an ice skating area at Mill Pond, across from the fire department on Route 140 this winter, weather permitting. Volunteers are needed to help clear snow and flood the rink. Please contact the Alton Parks and Recreation Department at parksrec@alton.nh.gov or 875-0109 if you are interested in donating your time to assist with maintenance of the outdoor rink.

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#### Santa visits

COURTESY PHOTO

Santa Claus visited the American Legion Post 72 for the children's Christmas party and greeted Auxiliary President Gail Hoage and elves Mary Ellen and Lisa.







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# **SPORTS**

THURSDAY, DECEMBER 20, 2018

THE BAYSIDER

#### **SECTION B, PAGE 1**

JOSHUA SPAULDING

#### WHAT'S ON TAP

The 2018 portion of the regular season finishes up and holiday tournaments kick off in the coming week.

At Prospect Mountain, the hoop teams will wrap up the 2018 portion of the regular season against White Mountains today, Dec. 20, with the girls at home and the boys on the road, both at 6 p.m.

Both teams will take on Gilford in the Lakes Region Holiday Hoop Tournament starting on Thursday, Dec. 27, with the girls at 2:30 p.m. and the boys at 4 p.m.

The Prospect alpine ski team will kick off the season today, Dec. 20, at 10 a.m. at Bretton Woods.

The Timber Wolf indoor track team will be competing on Saturday, Dec. 22, at Plymouth State at 10 a.m.

The Kingswood hockey girls will be at Bedford today, Dec. 20, at 6:10 p.m. and will be at Oyster River on Saturday, Dec. 22, at 1 p.m.

The Kingswood hoop teams will wrap up the 2018 portion of the regular season against Hanover, with the boys hosting at 6 p.m. on Friday, Dec. 21, and the girls on the road at 7 p.m.

Kingswood Both basketball teams will be taking on Newfound in the Lakes Region Holiday Hoop Tournament starting on Thursday, Dec. 27, with the girls at 11:30 a.m. and the boys at 1 p.m. The Kingswood hockey team will play in the Peter Hall Christmas Tournament, opening on Wednesday, Dec. 26, at 4:45 p.m. against Berlin and will play John Stark-Hopkinton on Thursday, Dec. 27, at 4:45 p.m. The Knight indoor track team is scheduled to compete at UNH on Sunday, Dec. 23, at 1 p.m.

### Perrin, Hardie lead Timber Wolves in opening meet

BY JOSHUA SPAULDING Sports Editor

DURHAM — The Prospect Mountain indoor track team kicked off the new season on Saturday at the University of New Hampshire Field House. Both the boys and girls finished in ninth place on the day.

The top finisher for the Timber Wolves was senior Justin Perrin, who in his first indoor track meet, finished in second place in the shot put with a toss of 39 feet, 7.75 inches.

The other scorer for the Timber Wolves was junior Thomas Howlett, who finished in sixth place in the 600 meters with a time of 1:39.84. In the same race, Michael Mott finished in 10th place in a time of 1:49.74.

Peter Dowd finished

in 17th place in the 1,000 meters in a time of 3:40.24, while in the 1,500 meters, Frank Dowd finished in ninth place in a time of 5:17.04.

For the Timber Wolf girls, the top finisher was Gracie Hardie, who leaped her way to second place in the long jump with a leap of 13 feet, 11.5 inches. Ashlyn Dalrymple finished in 11th place in the same event with a leap of 12 feet, 7.5 inches.

Freshman Veronica Dowd charged to fourth place in the 1,000 meters with a time of 3:33.84.

In the 55 meters, Hardie finished in 17th place in a time of 8.84 seconds while Dalrymple finished in 26th place with a time of 9.04 seconds.

Joshua Spaulding can be reached at 279-4516, ext. 155 or josh@salmonpress.news.



GRACIE HARDIE competes in the long jump Saturday at UNH.





JOSHUA SPAULDING JUSTIN PERRIN fired his way to second place in the shot put on Saturday at UNH.



KATHY SUTHERLAND

#### Two close ones

Brandon Stellon and the Prospect Mountain boys' hoop team dropped the first two games of the season last week. On Dec. 11, the team fell to Belmont 59-50 and then dropped a 55-51 decision to Raymond on Friday. The Timber Wolves will be at White Mountains Regional today, Dec. 20, at 6 p.m. and will compete in the Lakes Region Holiday Hoop Tournament starting on Thursday, Dec. 27, at 4 p.m. against Gilford.



KATHY SUTHERLAND

#### Split

Kurumi Sugawara drives toward the basket during Prospect Mountain's 29-15 win over Raymond on Friday night. The Timber Wolves opened the week with a 48-39 loss to Belmont and stands at 2-2 entering this week. The Timber Wolves will be hosting White Mountains Regional today, Dec. 20, at 6 p.m. and will compete in the Lakes Region Holiday Hoop Tournament starting on Thursday, Dec. 27, at 2:30 p.m. against Gilford.



Sports Editor - Joshua Spaulding - 279-4516 (phone) - 279-3331 (fax) - josh@salmonpress.news

# **Eagle hoop girls roll past Knights**

#### BY JOSHUA SPAULDING Sports Editor

WOLFEBORO — A solid back and forth first quarter made for a promising beginning for both teams, but the rest of the way it was all Kennett, as the Eagles opened their season with a 58-19 win over Kingswood.

"I expected they'd come out a little better than that," said Kennett coach Larry Meader of his team's start. "We played with our feet in concrete and didn't apply the defensive pressure we are capable of.

"Once we did that, we started to play our tempo," he added.

"That's how they're expected to play the whole game," said Kingswood coach Marty Garabedian of his team's first quarter. "Not just quarters, it's a whole game they have to play hard."

It took a while for either team to get on the board, as Kennett's Liz Cote hit a three to get the scoring started almost two and a half minutes in. Brooke Eldridge answered for the Knights, draining her own arcing three from the corner in front of the Kennett bench. A steal and a hoop from Grace Saunders gave the Knights their first lead of the game but a Maddie Stewart free throw and a three-pointer from Izzy Wrobleski put the Eagles back in front to stay at 7-5.

Amanda Lapar hit a free throw to get the Knights within one but then Stewart drained a three-pointer and Sierra Parsons hit a free throw to up the lead to 11-6. Saunders got the final basket of the quarter, cutting Kennett's lead to 11-8 after eight minutes.

Saunders hit a hoop to open the second quarter, pulling the Knights to within one at 11-0 but the Eagles took charge from there, finishing out the quarter with a 16-2 run that put them in control.

Parsons started the run with a free throw and then Wrobleski hit back-to-back hoops to up the lead to 16-10. Liz Kenny hit a free throw and then Stewart hit another hoop and two free throws. Parsons hit two more from the free throw line and then Stewart added two of her own from the stripe, pushing Kennett's lead to 25-10.

Bryn Davey got the Knights back on the board with a minute to go but then Cote closed out the quarter with a pair of free throws, giving the Eagles the 27-12 lead heading to the half-

Stewart and Saunders swapped hoops to start the third quarter but the Eagles went on another of their runs, this time finishing the quarter on a 21-2 run to stretch the lead. Cote started the run with a pair of layups and then Kenny converted a three-point play. Cote finished off her own steal for two more points and added another bucket and then Stewart hit two from the line. Stewart then finished off a steal by Ella Chandler and then added another hoop for the 46-14 lead.

Saunders got Kingswood back on the board but Marissa Henry got the final hoop of the quarter for the Eagles and they led 48-16 with eight minutes to play.

Wrobleski hit the first five points of the

time break.

we weren't getting turnovers so we weren't getting fast breaks." the second half proved to be more his team's speed.



"I'm glad the first one is over," he added. "It's always tough to play here."

Garabedian was optimistic that his team would turn things around moving forward. "Hopefully we learn some things and look

ahead," the Knight mentor stated. "We need to learn from our mistakes and move forward."

The Knights were playing without point guard Rachel Bonneau, which made things a bit more difficult moving the ball up the court.

"They (the other players) have to look at that as an opportunity," Garabedian said. "Everybody is going to have a bad game and the next



KINGSWOOD'S Bryn Davey pulls down a rebound amidst a flock of Kennett Eagles last week in Wolfeboro.

ready to go."

Stewart finished with 19 points to lead the way, with Wrobleski adding 14 and Cote adding 13 for the Knights. Saunders led the way for the Knights with 10 points.

Kennett went on to beat Spaulding 64-38 the following night and closed the week with a 59-33 win over Coe-Brown.

Kingswood dropepd a 46-23 decision to Pembroke Academy on Friday, Dec. 14.

The Eagle girls will be hosting Pembroke Academy on Friday, Dec. 21, at 6:30 p.m. They will take part in the Mike Lee Holiday Basketball Bash in Farmington starting on Dec. 26 at 10:15 a.m. against Nute.

The Knights will be in action on Friday,

JOSHUA SPAULDING

girl has to step up and be Dec. 21, at Hanover at 7 p.m. and will then take part in the Lakes Region Holiday Hoop Tournament in Gilford, starting on Thursday, Dec.

#### KHS 11-16-23-8-58 KRHS 8-4-4-3-19

27, against Newfound at

11:30 a.m. in Gilford.

#### **KHS 58**

Scribner 0-2-2, Stewart 5-8-19, Kenny 1-2-4, Parsons 0-4-4, Cote 5-2-13, Wrobleski 5-3-14, Henry 1-0-2, Totals 16-21-56

#### **KRHS 19**

Davey 2-0-4, Eldridge 1-0-3, Saunders 5-0-10, Lapar 0-1-1, Shannon 0-1-1, Totals 8-2-19

Joshua Spaulding can be reached at 279-4516, ext. 155 or josh@ salmonpress.news.

# **Kingswood Legends** hockey game is Dec. 27

#### WOLFEBORO — On "even" year graduates. Dec. 27, Kingswood Athletics and the Kingswood Alumni Association will host "Kingswood Legends" at Pop Whalen Ice Arena for an ice hockey alumni game. The game is open to all ice hockey players who have graduated from Kingswood Regional High School. Teams will be divided by "odd" year graduates vs.

The Kingswood Department of Athletics along with the Kingswood Alumni Association is looking forward to hosting the alumni and their families in what will surely be a fun event. The cost to participate is \$20 with checks being made payable to Kingswood boys' ice hockey.

The puck will drop at 7 p.m.

fourth quarter, start-

two more free throws.

Stewart added another

from the line and then

Davey answered for the

Knights. Olivia Scrib-

ner hit two free throws

for the Eagles and then

Catie Shannon hit a free

throw for the Knights to

close out the 58-19 final

the rust off, we hadn't

played since a week

ago Saturday," Meader

stated. "We weren't re-

bounding, so we weren't

getting fast breaks and

The Eagle coach said

"We have to get out

and run." Meader said.

"We got to knock

score.

If you're interested in playing or have questions, please reach out to Lenny Moore via e-mail at nemo@metrocast.net.

To register, please visit the Kingswood Athletics web site at www. kingswoodhsathletics. org and click on the Legends Game under Announcements.



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# Local swimmers open season strong

**BY JOSHUA SPAULDING** Sports Editor

GILFORD -The swim season officially kicked off on Sunday, Dec. 9, at the Gunstock Inn, as swimmers from both Prospect Mountain and Kingswood joined host Gilford and Laconia, Bishop Brady, Inter-Lakes and Belmont.

The Kingswood girls had a good day in the relays, picking up a pair of wins.

In the 200 medley relay, the team of Abigail Larkin, Sarah Bellefleur, Paije Fenderson and Lily Stinchfield finished first in a time of 2:14.13.

For the 200 free relay, the same group of girls swam to a time of 2:00.69 to take the win.

Bellefleur picked up

the win in the 200 Free with a time of 2:13.83, which was more than 10 seconds faster than the second place finisher.

Bellefleur was also first in the 100 Free, touching in a time of 1:01.25, which was more than 15 seconds faster than her closest competitor.

Larkin also grabbed a first place finish, touching in 1:15.72 in the 100 Back, with Stinchfield in third place in 1:19.95 and Fenderson in fourth in 1:20.85.

Prospect Mountain's Trevor Smith also stood atop the podium, winning the 100 Free in a time of 56.29 seconds. Braden Viands of Kingswood finished in sixth place in a time of 1:14.18.

Smith also picked up a second place finish in

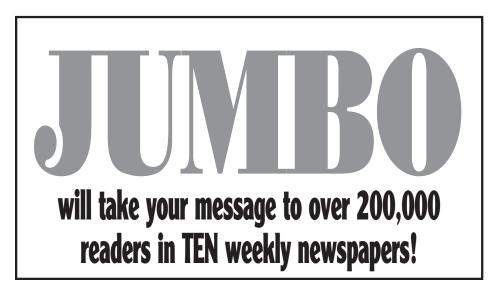
the 50 Free with a time of 24.16. Kingswood's Jackson Boudman finished in sixth place in a time of 32.36 and Viands was seventh in 33.05.

Fenderson finished in second place in the 50 Free, touching in 29.68 seconds, just ahead of Larkin, who was third in 29.94 and Stinchfield finished in fifth place in a time of 31.06.

Boudman added a fourth place finish in the 100 Breast with a time of 1:29.6.

Kingswood will be back in action after Christmas, swimming at UNH on Sunday, Dec. 30, at 10 a.m.

Joshua Spaulding can be reached at 279-4516, ext. 155 or josh@ salmonpress.news.



# **Alpine Knights ready to hit slopes**

#### BY JOSHUA SPAULDING Sports Editor

WOLFEBORO — Thanks to Mother Nature, the Kingswood ski team was able to get out on snow prior to the first meet of the season.

However, as is the norm, the Knights spent a good deal of time doing dryland training in preparation for the upcoming season.

"The snow should be good this year," said veteran coach Kris Niiler. "We lost Sarah (Bean), she's going to be hard to replace."

The Knights will be returning a solid number of kids across the board that will help to lead the team.

For the girls, seniors Jillian Luby, Kristy Meyer and Sami Hotchkiss will all be serving as team captains and all are returning after being part of the State Meet team at the end of last year.

Juniors Alison Bean and Hannah Crane are also back and should take another step forward this year.

Tayghan Gelinas battled through injury as a freshman last year and is back for her sophomore season and Niiler expects her to be stronger this season. Classmate Alyssa Dow also returns to the fold for the Knights.

The Knights will also have a pair of freshmen in Rachel Paraskos and Kylie Lewis moving up from the middle school team, which Niiler also coaches.

"They did well as middle school kids," Niiler said. "They could give us some scoring times."

For the boys' team, senior James Donovan returns as a member of the State Meet team from last year and will be the team's captain. Classmate Cormac Lennon is also back for his senior season.

The Knight boys will feature a large group of juniors that should be able to provide plenty of scoring.

Josh and Luke Shapiro, Nick Lamy, Noah Shatzer and Jackson Walsh are all back on skis for the Knights and should be contributing points. Niiler noted that Walsh in particular should have a solid year.

Sophomores Calvin Kinville and Matt Gauthier are also back.



CAPTAINS for the Kingswood alpine team include (I to r), Jillian Luby, Kristy Meyer and Sami Hotchkiss along with James Donovan.

Freshmen on the team include Skimeister candidate Robbie Hotchkiss, Lou Arinello and Camden Colson, all who raced for Niiler on the middle school team last year.

"We're hoping the boys can be more consistent," said Niiler, noting that in last year's State Meet, the boys were third after the giant slalom but fell to seventh after a tough slalom.

"We're hoping that when we get to the State Meet, we'll be in the top half of the division," the Knight coach said. "But we're looking forward to another good year."

Once again, the Knights will be hosting a number of races at King Pine Ski Area and will also be skiing in a pair of meets at nearby Cranmore and one at Gunstock.

However, this year, the State Meets are not being held at any of the local mountains, with the boys skiing at Crotched Mountain and the girls racing at Pat's Peak.

The home meets for the Knights this season

began after deadline on Wednesday and will also be held on Jan. 4, Jan. 25 and Feb. 8, with meets at Cranmore on Jan. 11 and Jan. 18 and a race at Gunstock on Feb. 1.

Joshua Spaulding can be reached at 279-4516, ext. 155 or josh@ salmonpress.news.

# It's (one of) the most wonderful time(s) of the year

This is the final column to be printed prior to Christmas, though next week's will be written before the holiday rolls around.

Christmas has long been one of my favorite times of the year. I'm not exactly known as a "jolly" person, but for whatever reason, I've always enjoyed Christmas. I don't really need much of anything so I usually don't ask for much, which admittedly drives my mother crazy because I never really have a list for her. Part of the issue with me is that my birthday also falls in December. Last Thursday's paper came out on my birthday and I was able to get through most of the day without thinking about it. One of my coworkers left me a couple of cookies and a note on my desk, my mother called and I got a bunch of Facebook messages, but for the most part, I didn't really have to think about it for most of the day. However, the cast of The Best Christmas Pageant Ever at the Village Players Theater in Wolfeboro found it necessary to sing Happy Birthday at the end of dress rehearsal last Thursday night. So I didn't escape completely. I don't particularly care about my birthday, it's just another day, but Christmas is always a good time. It's one of those days where there's no games going on for me to cover so I can take a bit of time and relax for a day or two (though holiday tournaments start the day after Christmas). Additionally, my brother traditionally makes it home for Christmas and



in most years, this is the one chance during the year that I get to see him, though this year I did go out to visit him over the summer. I am looking forward to taking a few days off and traveling north to visit with family and take a bit of a break. I am sure I will probably eat plenty of crap that is not on my diet and probably not exercise as much as I should, which will surely be good for my health. But sometimes, you just have to do what you have to do. As I write this, we are in the middle of our weekend of sellout shows at the Village Players, which is just another good thing to celebrate. It seems that the Christmas spirit is alive and well around Wolfeboro as we sold out all three shows over the weekend with enthusiastic crowds on hand every night. The week leading up to the Christmas break will feature a number of games, the first alpine meet of the season, early deadlines for the paper after Christmas and auditions for next spring's show at the theater. Needless to say, the break starting next weekend will be a welcome one and I am looking forward to enjoying it. Until then, to quote one of New Hampshire's greatest, there's miles to go before I sleep. Finally, have a great SEE **CHANCE**, PAGE B8



COURTESY PHOTO

#### Teddy bear toss

The annual Brewster teddy bear toss is the community service project for the junior boys' dorm, Harris House. All toys were donated to the Wolfeboro Police Department Christmas Toy Drive, officers Mary Swift and Guy Maloney were on hand to take the teddy bears back to the station. After collecting 224 stuffed animals last year, this year they collected 382 stuffed animals.





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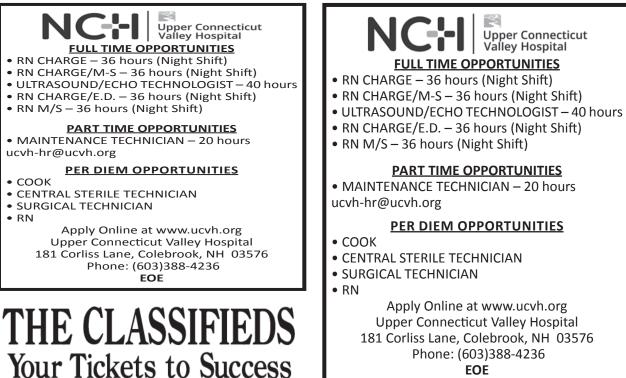
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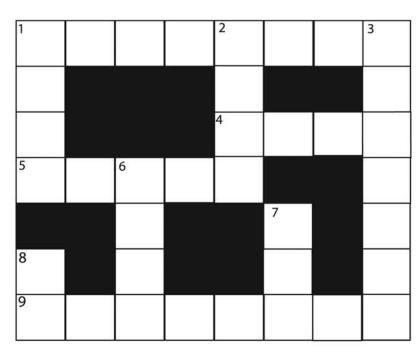


DOING THIS ON SPECIAL OCCASIONS CAN IMPROVE FEELINGS OF HAPPINESS AND MAY IMPROVE OVERALL HEALTH.

ANSWER: GIVING GIFTS



### **Crossword Puzzle**



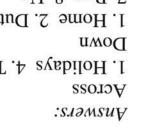
#### ACROSS

- 1. Special occasions
- 4. Sports group
- 5. Have fun
- 9. Gifts

#### DOWN

- 1. Place to live
- 2. Task or job
- 3. Small parts to try
- 6. Gets a laugh
- 7. Move fast
- 8. Not down

7. Run 8. Up 1. Home 2. Duty 3. Samples 6. Joke 1. Holidays 4. Team 5. Enjoy 9. Presents

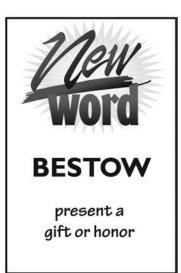




 1787: NEW JERSEY BECOMES THE THIRD STATE TO RATIFY THE U.S. CONSTITUTION.

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• 2015: KELLINGLEY COLLIERY, THE LAST DEEP COAL MINE IN GREAT BRITAIN, CLOSES.







**ITALIAN:** Regalo

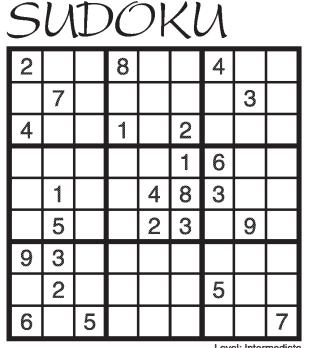
FRENCH: Cadeau

**GERMAN:** Geschenk

Can you guess what the bigger picture is?

ANSWER: PRESENT





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L	2	6	$\checkmark$	+	ε	ç	8	9
З	4	G	9	8	6	٢	2	anny
9	-	8	S	L	S	4	ε	6
Þ	6		3	2	L	9	G	8
2	G	ε	8	4	9	6		L
8	L	9	-	6	G	5	7	3
6	8	٢	S	G	-	3	9	4
da	3	Σ	6	9	4	8	L	S
Ğ	9	t	٢	3	8	-	6	2
:Rawer:								

### **Relay teams lead Knights in first meet of season**

#### **BY JOSHUA SPAULDING** Sports Editor

DURHAM — The Kingswood indoor track team kicked off the season on Saturday at the University of New Hampshire, with the girls finishing in third place and the boys finishing in fifth place.

Along the way, the Knights picked up a number of school records according to coach Lauren Brown.

The highlight of the day for the girls came in the 4X160-meter relay, where the team of Caitlin Carpenter, Sarah Huckman, Emilia Galimberti and Elizabeth Morrison finished in first place with a time of 1:34.14.

Carpenter also leaped her way to the win in the long jump with a distance of 15 feet, 11.75 inches. Eliza Tibbetts finished in 19th place with a distance of 11 feet, four inches.

In the 55 meters, Carpenter finished in a tie for third place in a time of 8.04 seconds in the preliminaries, with Mor-

rison in seventh place in 8.14 seconds, Tibbetts was ninth in 8.24 seconds, Galimberti was 10th in 8.34 seconds and Harmony Drenning was 35th in 10.14 seconds. Carpenter ran to third in the finals with a time of 7.84 seconds.

Morrison took third place in the 300 meters with a time of 48.24 seconds.

Huckman ran to second place in the 600 meters with a time of 1:51.44, which was a new school record.

In the 1,000 meters, Rosemary Carpenter also set a school record with a time of 3:32.74, which placed her third overall.

Sarah Carpenter set a new record in the 3,000 meters with a time of 13:15.94, which placed her third overall.

Carolyn Day ran to fourth place in a time of 5:51.04 for the 1,500 meters.

In the 55-meter hurdles. Huckman finished in second place in the preliminaries with a





DEVAN WADE rounds turn three on his way to winning the 300 meters on Saturday at UNH.

time of 10.34 seconds and then in the finals, she finished in second place in 10.44 seconds.

The Knight boys also took first place in the 4X160-meter relay, as the team of Brent Coope, Drew Roiter, Ben Gosselin and Devan Wade crossed in a time of 1:21.64.

Wade also leaped to the win in the long jump, leaping 18 feet, 11.25 inches, while Coope was eighth at 15 feet, seven inches, Roiter was 17th at 12 feet, nine inches and Aidan Kelley was 19th at 11 feet, 1.5 inches.

in the 300 meters with a time of 40.04 seconds. with Gosselin in 13th place in 45.04 seconds, Keegan Donovan-Laviolette was 20th in 48.34 seconds and Rilev Smith was 23rd in 49.74 seconds.

#### CHANCE

CONTINUED FROM PAGE B3

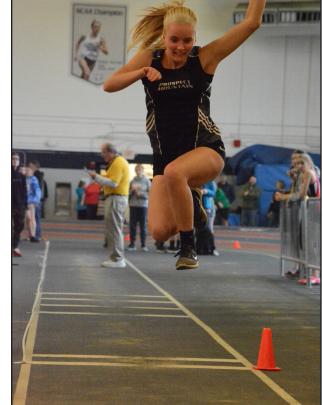
day Cathy Fraser.

Joshua Spaulding is the Sports Editor for the Granite State News,

Carroll County Independent, Meredith News, Gilford Steamer, Winnisquam Echo, Plymouth Record-Enterprise, Littleton Courier, Newfound Landing, Coos County

Democrat, Berlin Reporter and The Baysider. He can be reached at josh@ salmonpress.news at 279-4516, or PO Box 729, Meredith, NH 03253.





JOSHUA SPAULDING CAITLIN CARPENTER breaks from the blocks in the 55-meter

of 2:56.34.

press.news.

the finals in 7.34 seconds.

the 1,000 meters in a time

Coope took third in

Joshua Spaulding can

be reached at 279-4516,

ext. 155 or josh@salmon-

in the 55-meter preliminaries in a time of 7.44 seconds, with Roiter in seventh in 7.54 seconds, Tyler Houle was 19th in 7.94 and Donovan-Laviolette finished in the same

dash on Saturday.

time. Kellev was 30th in 8.84 seconds. Gosselin then took fifth place in

