

# Gilford Steamer

THURSDAY, JULY 18, 2019

GILFORD, N.H.

## Jenni's Ride takes off July 27

GILFORD — The Harmon family and friends are pleased to announce a special summer event: the Fifth Annual Jenni's Ride Around the Lakes charity motorcycle ride and barbecue fundraiser to benefit the scholarship fund established 13 years ago in memory of Jenni Ann Harmon. Since Jenni's passing, the Harmon family has been helping graduating seniors, in the Lakes Region area, who will be entering the nursing, pre-med or other medical service or fire prevention fields.

Jenni was a 2006 graduate of Gilford High School. She passed away in a tragic automobile accident in December of that same year, while she was on her way to an EMT class in Gilmanton. Jenni spent her high school years playing



Jenni's Ride was established five years ago by the Harmon family to raise funds for a scholarship which had been established in Jenni Harmon's memory. With the support of many area motorcycle enthusiasts, the family has been able to add scholarship money to the fund every year to award scholarship money in her name. The Jennie Harmon Memorial scholarship is awarded through the Lakes Region Scholarship Foundation. Pictured here are LRSF Executive Director, Paulette Loughlin, Jami Harmon (Jenni's sister), Russ Harmon (Jenni's dad) and mom, Jane Harmon.

COURTESY

Region. Each year, on her birthday, July 31, Jenni would have a great party inviting friends and family to celebrate with her."

Jenni's mom continued "So, we have been honoring her with this event on the weekend of her birthday the past five years."

Jenni's Ride organizers, Jane & Russ Harmon announced that "the charity ride is scheduled for Saturday, July 27, starting and ending at the Belknap County Sportsman's Association Clubhouse located at 182 Lily Pond Rd. in Gilford. Registration fees are \$30 per person or \$50 per couple. Registration will run from 8-10 a.m. A barbecue will begin at noon at the BCSA and will feature live music, games, a silent auction, raffles and other fundraising games and activities. If someone was interested in just the barbecue and the other events at the BCSA, but not in the motorcycle ride, the admission is \$25 per person."

The Jenni Ann Harmon Memorial Scholarship is one of

SEE JENNI'S RIDE PAGE A8

## Reconstruction project moving forward on Belknap Mountain Road

BY ERIN PLUMMER  
mnews@salmonpress.news

The town will reconstruct an additional part of Belknap Mountain Road this year and save scheduled work on Old Lakeshore Road for when a bridge project is finished.

The town was initially going to do the Belknap Mountain Road project another year, though a number of residents urged the selectmen to move the road up on the town's plan. Town Administrator Scott Dunn updated the board of selectmen during Wednesday's meeting on options for going this direction.

Dunn said after

discussions with the contractor and Public Works the town was given the price of \$213,462 to do a total reconstruction of an additional half mile of Belknap Mountain Road. At the same time, Old Lakeshore Road, Section 4, which was supposed to be done this year, requires bridge work and Dunn said it made sense to put off doing the road until the bridge repair is done. The town budgeted \$290,000 for the Old Lakeshore Road project that can now be used for Belknap Mountain Road. Dunn said he recommended adjusting the road construction plan to do that extra half mile

of Belknap Mountain Road this year and save Old Lakeshore Road for next year, using the money budgeted.

"I took another ride up to Belknap Mountain Road over the weekend and had fun getting out and kicking around pieces of the pavement," said board chair Chan Eddy. "There were a few sections of road that were in pretty good shape, but 50-60 feet here, 100 feet there they just weren't all that connected."

The selectmen unanimously approved the change. The decision was met with applause by Belknap Mountain

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sports, creating art and volunteering with the Girls Scouts and Students Against Destructive Decisions. After graduation, she decided to become an EMT, through the Gilmanton Fire Department, as

a way to continue to serve her community.

According to her mom, Jane Harmon, "Jenni loved motorcycles from the start. She loved to ride and she really enjoyed summers in the Lakes

## Town to put warning sign on LaBonte Farm Road

BY ERIN PLUMMER  
mnews@salmonpress.news

The speed limit on LaBonte Farm Road won't be reduced after a request from residents, though a sign will be posted warning drivers of pedestrians.

The selectmen present at Wednesday's meeting agreed to have "Slow: Children" signs put up on the road instead of lowering the speed limit.

Residents of LaBonte Farm Road requested from that selectmen that the speed limit be dropped from the current 35 miles per hour

to 25 miles per hour. Police examined the average traffic speeds on the road and Police Chief Anthony Bean Burpee presented a report on that analysis to the selectmen.

The report showed that 80 percent of drivers were going within the speed limit. Bean Burpee said the only area where people were going speeds of 45 is on the downhill, which he said can be expected.

Board Chair Chan Eddy also said he went up to that road to observe the speeds on that road.

"While I can understand some of the concerns, at least in my mind I don't see a reason to change the speed limit," Eddy said.

Selectman Gus Benavides asked if 35 miles per hour would be considered too fast for that neighborhood. Bean Burpee said he didn't think 35 was a bad speed for that neighborhood and accurately reflects the speed drivers are going.

"My concern with... neighborhoods requesting this and moving it down to 25 is now you are deliberately setting a ton of people up who potentially could now be violating the speed limit who could get tickets depending on what we stop for," Bean Burpee said.

He said with 80 percent of the vehicles doing 35 or below there is no need for enforcement and this is more of a perception issue.

Benavides raised the issue that the board previously rejected a request to post signs in that area. Town Administrator Scott Dunn said the request was made to put "Slow: Children"

SEE WARNING PAGE A8

## Gilford's Katie Dobbins to make Pavilion debut

Country radio's Carolyn Kruse describes her as "sweet but bold... a fearless spirit with a gentle touch." The Concord Monitor's Rob Azevedo exclaims that her "music will lull you into submission, stealing you away from life's relentless penetrating noises."

Awarded Best In State of New Hampshire at the 2018 New England Music Awards only one year after releasing her debut album "She Is Free" (2017), Katie Dobbins has quickly become



Gilford native Katie Dobbins will make her debut at the Bank of NH Pavilion July 24.

COURTESY

a well-respected artist across the region. Her sophomore album, "There Is Light," (2019) marked her debut on the renowned radio station The River, and her first single from the album brought her onto the highly followed Spotify playlist New Friday Christian. Containing captivating melodies and lyrics of hope and love against all odds, Dobbins' powerful messages resonate with people of all ages and walks of life. Dobbins has written

SEE DOBBINS PAGE A8

# Notes from the Gilford Public Library

BY MARK THOMAS  
Library Correspondent

Libraries and percussion aren't often associated, but that's about to change. This summer we want to bring the house down. Not literally, of course, we just want our community hyped on the ideas, sounds, and cultures of the universe—that's all. The shelves will shake, the walls will tremor, and families will exclaim when Hokuto Taiko Dojo performs on Tuesday, July 23 from 6-7 p.m. A performance by Hokuto Taiko Dojo, translated as Northeast Drumming School, is more than a concert. It is a demonstration and celebration of the ancient Japanese tradition of Taiko (drumming).

Jason Seymore trained in wadaiko with master taiko drummer sensei Ishikua Takemasa for a decade before founding Hokuto Taiko Dojo in New Hampshire. He and the others at the school are proud to be the first and only Taiko school in New Hampshire. It is their hope that, through performance and training, they can 'create

a vibrant and diverse community of people in New Hampshire and New England who share the same passion and support of Japanese culture: to see a world come closer together through the sound and teaching of wadaiko" (taken from hokutotaikodojo.com).

Japanese drumming is known for its precision, energy, and visual presentation. Drummers swing dramatically and fervently in sync with one another. It's a blend of power, grace, and liberation that makes Japanese drummer marvelous to watch. The sight of the drummers is as important as the sound, making it a full sensory experience.

If you haven't noticed yet, we're pretty excited to see the performance. Don't miss this chance to learn about Japanese culture through a valued tradition. This program is free and open to the public and made possible by the generous support of the Friends of the Gilford Public Library. Be sure to thank a Friend for enriching our lives

with this program!

## Classes & Special Events July 18 - July 25

**Thursday, July 18**  
Geri Fit, 9-10am  
Walk With Ease, 11am-12pm  
Lunchtime Book Discussion, 12:30-1:30pm

This month's book is Avenue of Mysteries by John Irving, described as '...hilariously eccentric and beautifully human'. Copies of the book will be available at the circulation desk, and the discussion will be led by Molly Harper.

Conversational French, 4-5pm  
Evening Book Discussion, 6-7pm  
See, 'Lunchtime Book Discussion' above.

Foreign Movie Night, 1:30-2:30pm

This month's movie is After the Storm, an unrated movie from Japan.

**Friday, July 19th**  
Social Bridge, 10:30am-12:30pm  
Teen Space, 1-3pm  
Hang out at the Li-

brary with the Gilford Youth Center Summer Camp! Play games, eat snacks, find books, and relax with friends.

Knit Wits, 1:30-2:30pm  
Conversational German, 2:30-3:30pm

**Monday, July 22nd**  
T'ai Chi Chih, 9:45-10:45am

Walk With Ease, 11am-12pm  
Geri Fit Classic, 11am-12pm

Join us for a video-led fitness class for adults over 65. Twice a week, work on your strength, stamina, and balance, following exercises from a video, all while seated in a chair.  
Mahjong, 12:30-3pm.

**Tuesday, July 23rd**  
Geri Fit: Hop & Skip, 9-10am

Proprioceptive exercises are mixed in with the traditional Geri-Fit evidence-based workout lesson plan to further enhance motor skills, reaction time, and balance. This is a perfect video for fall prevention training and is suggested to those that are familiar with the Geri-Fit exer-

cises and are seeking a more challenging workout.

Making and Writing Camp, 10am-1pm

Let's make something extraordinary. Add your own writing to the Universe of Stories with this Making and Writing Camp for teens in 5-12th grade! We'll craft, write, make music, and generally do what we want for 3 days. 10am-1pm each day. We'll have snacks as well to refuel our creativity!

Hook Nook, 10-11am  
Social Bridge, 10:30am-12:30pm  
Hokuto Taiko Dojo, 6-7pm  
See article above.

**Wednesday, July 24th**

Line Dancing, 9-10:30am

Check Out an Expert, 10am-12pm

Making and Writing Camp, 10am-1pm

See 'Making and Writing Camp' above.

Lakes Region Fiber Artists and Crafters, 10am-12pm

Storytime at the Beach, 12-12:30pm

Meet us at the beach for stories and fun!

An Out of this World Opportunity (Escape Room)!, 12-5pm

NASA is hiring for a new position of star explorer. To ensure that only the best candidates apply for the position, NASA has locked the application inside this box. You must solve all the puzzles and clues using your expert stellar knowledge to break into the box and get the application. This is your dream job! The deadline for early submission, which ensures that NASA will look at your application first, ends in 45 minutes. (This is an escape room theme, not a read scenario).

**Thursday, July 25th**

Geri Fit, 9-10am

Making and Writing Camp, 10am-1pm

See 'Making and Writing Camp' above.

Walk With Ease, 11am-12pm

Conversational French, 4-5pm

Hampstead Theatre, 6:30-7:30pm

Come watch the Hampstead Theatre Company in The Jungle Book! All ages welcome.

## Gilford Public Library Top Ten Requests

1. "Where the Crawdads Sing" by Delia Owens
2. "Summer of '69" by Elin Hilderbrand
3. "Educated" by Tara Westover
4. "City of Girls" by Elizabeth Gilbert
5. "The Den" by Abi Maxwell
6. "Unsolved" by James Patterson
7. "The Silent Patient" by Alex Michaelides
8. "Queen Bee" by Dorothea Benton Frank
9. "Becoming" by Michelle Obama
10. "Redemption" by David Baldacci

## Kiwanis sponsor Kids in the Park programs at Belknap Mill

LACONIA — Kids in the Park, a new program being offered by the Belknap Mill and sponsored by Laconia Kiwanis, began Monday, July 1 with a Workout in the Park. Kids of all ages enjoyed movement activities in Riverside Rotary Park under the supervision

of Janine Page and Trish Tryon from The Downtown Gym.

The Kids in the Park series focuses on fun, interactive activities for Lakes Region children and their families while enjoying one of Laconia's most beautiful community parks. The program runs every Monday, Wednesday, and Friday in July offering a different program each day. Program calendars can be found online at [www.belknapmill.org](http://www.belknapmill.org), the Belknap Mill Facebook page, in Laconia Links and in hard copy at the Belknap Mill. All activities will be held rain or shine. In cases of inclement weather, the activity will be moved inside of the Mill. Kids in the Park is a free community program, and all are welcome to attend. Children must have adult supervision.

Partners for the 2019 series include The Downtown Gym, Cassandra Prescott (Yoga), Cactus Head Puppets, Ben Low (Tai Chi), Donna Miller (Petals in the Pines - a Certified Nature Explore Classroom), Beyond the Belt, Laconia Kiwanis, Rob Duquette (music), Jennifer MacDonald (Jazzercise), Squam Lakes Science Center, Tekla Frates (Yoga), and Frates Creates (magic & storytelling).

For more information regarding Kids

in the Park, other programming or the Belknap Mill please contact Tara Shore at [operations@belknapmill.org](mailto:operations@belknapmill.org), call 524-8813 or follow us on Facebook.

The Belknap Mill Society is a 501(c)(3) nonprofit organization whose mission is to preserve the Belknap Mill as a unique historic gathering place and to celebrate the Lakes Region's cultural heritage through the arts, education and civic engagement.

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# Rafting for Wishes kicks off Friday

BY ERIN PLUMMER  
mnews@salmonpress.news

MEREDITH — The rafts will be out again in Meredith Bay as will enthusiastic teams raising money for the Make-A-Wish Foundation as this year's Rafting for Wishes kicks off on Friday.

For 24 hours starting Friday night members of 23 different teams will stay on a raft out on Meredith Bay raising money for Make-A-Wish New Hampshire.

"We're very excited about it," said Make-A-Wish NH CEO Julie Baron. "This year, we have more teams than we ever had before, its going to be bigger and better than ever."

Event co-chair Holly Blanchard said the numbers of people in-

involved have doubled this year. Last year 115 were part of the fundraiser, this year 230 people will be involved.

Blanchard said this huge number means a lot of outreach and more people are learning about Make-A-Wish.

"That helps our reach and that helps us get the awareness of Make-A-Wish out there," Blanchard said.

Baron said the teams come from all walk of life and represent so many different businesses and groups. There is also a team of wish families.

This year will also see participation by the Meredith News Monstars for the first time.

Rafting for Wishes

will kick off on Friday at 5 p.m. with an opening ceremony, which will include pizza and mocktails. At 6 p.m., members of each team will go on the raft.

More activities will be going on in Hesky Park on Friday night. Blanchard said this year they will have a

corn hole tournament. The event is limited to 20 teams and Blanchard said 14 have signed up so far. Other activities will include movies in the park, music, fireworks, yoga, and other activities.

The event will end on Saturday with closing ceremonies start-

ing at 5:45 p.m.

The team members will get some extra space to float on this year. In addition to the rafts provided by the Coast Guard, Allegiant Air gave the effort two 50-person rafts. Baron this is a great donation as they have had issues with space in previous

years.

This year's fundraising goal is \$225,000, as of Monday night Rafting for Wishes raised \$164,031 and numbers are expected to spike up during the event.

"Just heading into the weekend alone to me feels like it's

SEE RAFTING PAGE A8

## Gilford Parks and Recreation News

BY HERB GREENE  
Director

Gilford Parks and Recreation

### Horsemanship Camp offered for multiple weeks

The Gilford Parks and Recreation Department in partnership with the Lakes Region Riding Academy is offering a number of Horseman-

ship Camp sessions this summer. These camps will be held from 9:00am - 12:00 noon at the Lakes Region Riding academy in Gilford. Remaining session dates for this summer are; July 22-July 25; August 5-August 8 and August 19-August 22. These camps are an introductory pro-

gram for participants to learn about horsemanship. The program will offer basic horse care knowledge, horse safety and the beginning basics of riding. All participants must wear long pants and a shoe or boot with a heel. Helmets will be available at the barn. Snacks and drinks will be provided. Enrollment in camp session is limited.

Cost: \$105 per participant

For more information, please contact the Gilford Parks and Recreation Department at 527-4722.

**Pre-School Summer Soccer Camp**  
The Gilford Parks and

Recreation Department is sponsoring a Pre-School Summer Soccer Camp for children ages four and five from Aug. 5 - Aug. 8. This camp will take place from 8:30-9:30 a.m. at the Gilford Village Field. This camp will provide participants with a fun introduction to the basic skills associated with soccer, while at the same time learning teamwork, following directions and developing a true sense of sportsmanship. Some of the skills we will be concentrating on are: Dribbling, Passing and Ball Control. Participants should come prepared to play outdoors. In

SEE REC NEWS PAGE A8

## Town to review use of barges before next year's Island Cleanup Day

BY ERIN PLUMMER  
mnews@salmonpress.news

No decision will be made on whether barges are allowed to be used for Island Cleanup Day and the selectmen will let the Glendale Island Committee review the issue and make recommendations for next year.

Island Cleanup Day and Household Hazardous Waste Day will both take place on Saturday, June 27. The island cleanup will go from 9 a.m.-1 p.m. at the Glendale Docks. Household Hazardous Waste Day will go from 8:30 a.m.-noon at Public Works.

During Wednesday's selectmen's meeting selectman Gus Benavides said it was brought to their attention that some island residents will use barges to bring trash from the islands to Glendale during Island Cleanup Day and a few of people have asked if this should be allowed. Benavides recommended tabling the issue this year and turning it to the Glendale Island Committee for formal discussion. This way the committee can review the issue and bring their recommendations to the selectmen. The selectmen can then make a decision for next year's Cleanup Day.

"I'd really like to know what the impact truly is after this sea-

son," Benavides said.

Board chair Chan Eddy said he agreed with that idea of letting the Glendale Committee make a recommendation, saying he does know a few people have already asked

to have this looked at.

"I think in the short period of time we have it makes more sense to leave it in the hands of the Glendale Committee after we get past this years cleanup day," Eddy said.

The board unanimously approved putting this issue to the Glendale Island Committee for review and a future recommendation before next year's cleanup.



COURTESY

### Themed quilt to be raffled off at Old Home Day

Last winter, four women (Ardythe Eaton, Diane Maher, Priscilla Selfridge and Camille Hron) from Gilford got together and made a quilt for Gilford Old Home Day in August. Made of 1920s & '30s fabrics, it celebrates this year's theme, "A Century of Old Fashioned Family Fun." Tickets will be for sale over the summer by Gilford Old home Day committee members, at the Gilford Old Home Day. Tickets will be available on Monday and Fridays at the Town Hall and at various locations where it will be on display. Tickets are \$5 each or three for \$10.

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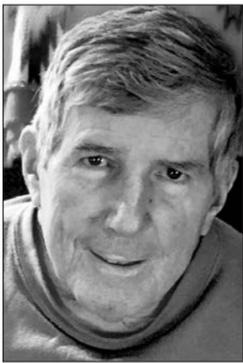
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## NORTH COUNTRY NOTEBOOK

*Black flies, and who knows why turkeys do the things they do?*



By JOHN HARRIGAN  
COLUMNIST



in, but of course I am. There we are, after all, out there in full view, the both of us, looking silly.

Sudden, brief rain squalls rolled through the area over the weekend, and I was glad I wasn't haying any more. Others were, and went racing by with lowbed trailers of round bales.

I decided to weed my garden, not a big job because it's not a very big garden. Just a row of radishes, some lettuce, and by and by, cucumbers and carrots.

I'm in no hurry, and it's a good thing because I was late and slow putting the seeds in, even though Mother Nature gave me plenty of time. Plenty, at least, for life halfway between the Equator and the North Pole.

The further north you go, the shorter the seasons. Everything is compressed. People in South Carolina think we are crazy for living in northern New England. I love it here but don't really understand how people manage to get by in the Far North, even though I've been there.

+++++

The winds were stiff and all over the place while I was in the garden. A stiff breeze will sometimes keep the black flies at bay, especially when the wind keeps changing directions. Still, while I was still in the protection of the shop I doped up, old-time parlance for putting repellent on.

Black flies are sneaky, and will let the wind fool you. They are so fast they can change direction when the wind does, and fly in the lee, and thus get the hovering time they need to land and latch on to hair or skin.

I sprayed my hat, a ridiculous piece of apparel I would not want to be seen in public

Long ago, I learned to spray a little repellent on two fingers, and use them to apply it around eyes and ears. I also dope up arms and pants cuffs. All this usually gets me enough time to do whatever task is at hand without getting chewed half to death.

Why not a hat-net instead? I've tried them, including some of the most recent and best, and just can't tolerate them dominating my field of vision. And I certainly don't mind jumping into the shower.

+++++

I still call it bug dope, but it's a far cry from the old stuff. Today's repellents are said to have the minimum DEET needed, last much longer in water, and are easier on the skin.

Rudy Shatney used to mix up his own repellent, out of pine tar oil and citronella and a third (maybe fourth) mysterious ingredient I've forgotten. Many of the old woods-guides had their own repellent recipes, allegedly sworn to by generations. The people who were fighting deer flies and black flies before Europeans got here are said to have used bear grease.

Plastic steering wheels became common at about the time I started using Rudy's bug dope. He had an old Dodge I drove around to do camp chores, and the first (and last) time I ever tried to drive it with bug dope on my hands it melted the steering wheel.

SEE NOTEBOOK PAGE A8



COURTESY

### Rotary Car Show returns July 27

Renzo Hamilton-Miller is ready to tour the 2019 Lakes Region Rotary's Car Show on July 27, 10 a.m.-2 p.m. at Faro Italian Grille in Weirs Beach. Cars from decades ranging from the early 1900's to today will be represented and judged. This great family friendly event, presented by Graham & Graham, PC, is the major fundraiser for the Lakes Region Rotary, raising thousands of dollars for local charities and scholarship/Rotary programs. For more information on the club, sponsorship opportunities, event information, or how to register your car for the show, visit [LakesRegionRotary.org](http://LakesRegionRotary.org).

## MARK ON THE MARKETS



BY MARK PATTERSON

Most of us would agree diversification is a good thing as it relates to our investment mix but also as it relates to our income as we approach retirement. In all likelihood the tax code will change during our lifetime, so the ability to switch from least to most tax advantaged income sources as possible is a worthwhile goal.

Tax free income can come in the form of a Roth IRA. You would not have had a deduction from taxes when you put the money in and likely would have paid tax on that income when received, but then the money could grow and after 59 and a half could pro-

### Tax diversification with benefits

vide tax-free income. While this is a great tool for retirement savings, it is not without limitations.

The maximum that you can contribute depends on your modified adjusted gross income. The Roth like other retirement vehicles does not allow, without penalty, for a withdrawal before 59 and a half under most circumstances. But what if there was a way to save for retirement that would not limit how much you could save annually while providing tax-free growth and future tax-free income? There is a financial tool that has been used for many years, but has recently, for a host of reasons, come back into vogue. That financial tool is maximum-funded life insurance.

For certain clients this can be a powerful tool to amass income that can later be loaned back to yourself, tax free through the loan provisions of the policy. The insur-

ance company uses the death benefit as collateral against the loan. Loans prior to 59 and a half are not penalized as with qualified plans. These loans also may not affect Social Security benefits.

For clients near retirement or in retirement, assets accumulated may be used for legacy planning.

Structuring a policy to focus on accumulation as opposed to face amount or death benefit will often times increase the accumulation of cash to be distributed as a loan.

Because everyone's circumstances are different, life insurance as a financial tool may be exactly what you were looking for, but may not have considered it because of radio and TV personalities that try to convince their audience that anything other than "term" insurance is not good. You must also qualify medically, but if you do, there are a bunch of other "living benefits" that are

available with many of these policies.

Reviewing some of the better companies Indexed Universal life policies, I have discovered that many IUL's have a better IRR or Internal rate of return than some mutual funds net of fee's plus a death benefit to your heirs!

To paraphrase Darwin; It is not the fittest or strongest that will survive, it will those who can adapt to change. Life insurance is an asset class that should not be ignored.

Many things that have worked in the past must be reviewed with an open mind towards changes for the better in a changing environment. Tax rates and policy will continue to change, we must find ways of mitigating these potential increases.

Mark Patterson is an advisor with MHP Asset Management and can be reached at 447-1979 or [Mark@mhp-asset.com](mailto:Mark@mhp-asset.com).

### FROM OUR READERS

#### Donations sought for Project Pencil program

To the Editor:

The Children's Foundation of the St. Vincent de Paul Society is pleased to announce its Annual Project Pencil Program. During the past 29 years, Project Pencil has continued to help approximately 600 Pre-school, Elementary, Middle and High school age children each September. This program was designed to assist area school children by providing them with backpacks, lunchboxes, and other back-to-school supplies. Because of the many families needing a "helping hand," the Children's Foundation provides school supplies along with personal hygiene items. Project Pencil benefits students in public, private and parochial schools, child care centers, nursery schools, elementary, middle and high schools, in Laconia, Gilford, Belmont, Gilmanton, Meredith, and Tilton.

This year, as in the past two years, school nurses have expressed a greater need for personal hygiene items, under garments, and sweat-pants for students of all ages. Many working parents continue to struggle to make ends meet and by working with the area school nurses, we

are trying to provide their children with the basic necessities and school supplies so that they may have a positive educational experience.

Backpacks will be delivered to the neighborhood schools during the second and third week of August. Families needing help may contact their child's school or child care center for information regarding available pick up dates. All names are kept confidential.

We are in need of basic school supplies this year - colored markers, colored pencils, crayons, glue sticks, and note books to name a few. Anyone wishing to make a donation to help support Project Pencil can stop by the St. Vincent de Paul Thrift Store at 1269 Union Avenue in Lakeport (next to McDonald's), or by mail to P.O. Box 6123, Laconia, NH. The SVDP Thrift Store hours are Tuesday through Friday, from 10 a.m. to 4 p.m. and Saturday from 10 a.m. to 3 p.m.

Sue Page  
St. Vincent de Paul Volunteer  
Coordinator for Project Pencil

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We're looking forward to hearing from you!

# Watch historic deep sea search live with WinnAero

GILFORD — The famed Samoan Clipper, one of Pan American Airways "Flying Boats," exploded in flight near Pago Pago in 1938 following an emergency call of a suspected oil leak. Captain Edwin Musick, one of Pan Am's most experienced pilots, his crew

and his aircraft were lost in the Pacific Ocean at depths as great as 6,000 feet.

Technology in 1938 precluded any meaningful ocean search at the time. WinnAero, the non-profit STEM education group, is offering the general public a rare

opportunity to view the live satellite feed of the current search for the Clipper free of charge.

Dr. Robert Ballard of Titanic discovery fame, has commissioned his research vessel, the MV Nautilus, to pinpoint the wreckage of the Samoan Clipper and retrieve,

if possible, artifacts and possible details of what led to the explosion on board. This search will

be broadcast from the Pago Pago site to the WinnAero ACE Academy students at Laconia Airport

on Thursday, July 18, starting at 10:45 a.m. for approximately 30 minutes. SEE WINNIAERO PAGE A9

## LRPA's salute to the Forties in Film continues

LACONIA— Last July, LRPA featured movies from the "Fabulous Fifties." This July, we're showcasing cinema from the previous decade: "The Forties in Film." Although the 1940s began slowly for the Hollywood film industry (with a world at war), by mid-decade movies were on the rebound. The great film themes of the 1940s included war and the home front, heroic Westerns, lavish musicals, and by the end of the decade, the beginnings of film noir. Join us each Friday and Saturday night at 10:30 p.m. as we salute this remarkable time in cinematic history. This weekend (July 19 & 20) we present 1947's musical biopic of the life of Broadway composer Jerome Kern: "Till the Clouds Roll By," featuring a star-studded cast including Judy Garland, June Allyson, Dinah Shore, Lena Horne, Cyd Charisse, Robert Walker and Frank Sinatra, among many others.

the musical "Showboat;" and the film's grand finale: Frank Sinatra, clad in white from head to toe, singing his version of "Ol' Man River," again, from "Showboat."

Kern himself approved of this biopic, and notably the sometimes maligned choice of Frank Sinatra to sing the final ballad. Sadly, he never got to see the finished film, as Kern died in 1945 at the age of 60. "Till the Clouds Roll By" was a critical and commercial success, and still wows audiences today with its high MGM production values, stunning camera work and gorgeous vocal arrangements for the studio's top stars of the day. Turner Classic Movies calls "Till the Clouds Roll By" "... a superb slice of post-war escapist fare ... top notch ... smoothly directed." If you love mid-century musicals, how can you resist? Grab your popcorn and join LRPA after dark for this 40s Technicolor treat!

where but LRPA TV, Atlantic Broadband Channel 25. Not a subscriber? Then log onto Live Stream through our website (www.lrpa.org) where you can catch all the fun.

**About Lakes Region Public Access Television (LRPA)**  
Lakes Region Public Access Television (LRPA) is a nonprofit, noncommercial public access TV station and community media center located on the Laconia High School campus in Laconia. LRPA cablecasts local- SEE LRPA PAGE A9

## Local campers to lead next service at Saint John's

MEREDITH — On July 28, Saint John's-on-the-Lake will take a break from the traditional form of worship; counselors and campers from Bear Island's Camp Nokomis will be in charge of the service. There will be music and a brief message — definitely a child-friendly format. Cookies and lemonade will follow the service.

For more than 50 years, Camp Nokomis has offered a high quality camp experience for girls. The camp, with its idyllic setting of sandy beach and wooded trails as well as carefully situated camper cabins, is located on 40 acres of Bear Island. Program facilities include

multi-purpose playing fields, tennis and basketball courts, archery ranges, a spacious craft shop, and a log-built recreation lodge with a fieldstone fireplace. Camp Nokomis' program caters to each girl's individual abilities and needs, while remaining sensitive to her age and interests. To enhance the daily schedule, special events are planned each session and in the evenings. Senior girls age 15 or 16 and over are potential candidates for our two-year Counselor-in-Training or Aide (CIT) program. Course content includes the fundamentals of human relationships and basic techniques of teaching.

Camp Nokomis is accredited by the American Camp Association, licensed by the state of New Hampshire, and operates in accordance with the YMCA of the USA policies.

St. John's is an ecumenical summer chapel located on the highest spot on Bear Island, Lake Winnepesaukee. It can be reached by a foot path from the church docks at Deep Cove or by "boat taxi" from Cattle Landing or Brown's Boat Basin (email bear.island.church.ferry@gmail.com). Services are at 10 a.m., and all are welcome. For more information, see the Web site, www.stjohnsonthelake.com.

MGM musical's "Till the Clouds Roll By" tells Kern's story as a series of reminiscences between the composer (played by Robert Walker) and his chauffeur. These scenes are really just excuses for the lavish studio production numbers, complete with singing and dancing in vibrant 1940's Technicolor. Some of the more famous musical numbers that viewers are treated to include Judy Garland, pregnant at the time with Liza Minnelli, singing "Look for the Silver Lining;" Lena Horne performing an amazing "Can't Help Loving Dat Man" from

**Mark your calendars for all of July's Forties in Film on LRPA:**  
July 20 & 21: 1947's "Till the Clouds Roll By"  
July 26 & 27: 1945's "Detour"

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By Rebecca Hanson, Director of Conservation at Squam Lakes Association

**August 15 at 7 pm:** Angling on the Smile of the Great Spirit  
By Hal Lyon, author of Angling on the Smile of the Great Spirit

**September 5 at 7 pm:** Racing on NH Waterways  
By Billy Allen and Rachel Warnick, South Shore Outboard Association raceboat drivers

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*Raymond Carrigan, 70*

LACONIA — Raymond Carrigan, 70, of Union Ave., died Thursday, July 11, 2019 at his residence.

Raymond was born on Oct. 18, 1948 in Laconia, the son of the late Arthur Carrigan and Irene Dionne (Perkins). He proudly served in the United States Army during the Vietnam War. Following his military service, he worked for Madera eventually becoming a manager.

Raymond is survived by his wife of 49 years, Judith (Gra-



ham) Carrigan; five grandchildren (Malory, Damien, Dillen, Charles, and Logan); his sisters, Linda Sirls and her husband, Mark and Marie Chenette

and her husband, Rodney.

In addition to his parents, Raymond was predeceased by his son, Robert Carrigan, and his grandson, Robert Carrigan, Jr.

Services will be held at a later date.

Wilkinson-Beane-Simoneau-Paquette Funeral Home & Cremation Services, 164 Pleasant St., Laconia, is assisting the family with the arrangements. For more information and to view an online memorial go to [www.wilkinsonbeane.com](http://www.wilkinsonbeane.com).

*Norma O'Connor, 68*

Norma O'Connor, 68, passed away Thursday, July 10, 2019 at Lakes Region General Hospital.

Norma was born on Nov. 24, 1951 in Laconia, the daughter of Norman and Rita (Levesque) Laurent.

Norma is survived by five sons (Jason Stone and his wife, Katie, Ronald O'Connor, Jr. and his wife, Lynn, Kevin O'Connor and his wife, Heidi, Chris O'Connor and his wife, Nancy, and Jamie O'Connor and his wife, Stephanie); a brother,



Chuck Laurent, and his wife, Dee; two sisters, Charlene Morin and her husband, David, and Patty Szuluk and her husband Don; and a sister-in-law, Eileen Hodge, and her husband, Allyn. She was a loving "Neana" to Emily, Abby, Sadie, Ryan, and Chantal. In addition to her parents Norma was predeceased by her husband, Ronald O'Connor Sr.; her brother Thomas Laurent; her sister June Tardiff; and her grandson, Justin O'Connor.

A Calling hour was held on Monday, July 15, 2019 from noon - 2

p.m. at the Wilkinson-Beane-Simoneau-Paquette Funeral Home, 164 Pleasant St., Laconia, using the Carriage House entrance.

A Funeral Service followed the calling hours at 2 p.m., also at the Funeral Home.

Burial followed in Sacred Heart Cemetery, Garfield Street, Laconia.

For those who wish, the family suggests memorial donations be made in Norma's name to the New Hampshire Humane Society, PO Box 572, Laconia, NH 03246 or to the National Kidney Foundation, 85 Astor Ave., Norwood, MA 02062.

Wilkinson-Beane-Simoneau-Paquette Funeral Home & Cremation Services, 164 Pleasant St., Laconia, is assisting the family with the arrangements. For more information and to view an online memorial, go to [www.wilkinsonbeane.com](http://www.wilkinsonbeane.com).

## LRCS and Laconia PD rolling out "ACERT" program

LACONIA — Until now, police responding to incident calls like a domestic violence situation or drug overdose, have had few, if any, options to help children present in such situations.

Increasingly, research provides compelling evidence—suggesting urgent action needed—that such traumatic experiences for children can have significant long-term negative impacts. The science of brain development shows that the stress children experience in such situations becomes literally toxic to healthy brain development. Moreover, children experiencing such trauma are vastly more likely to model similar behavior, to themselves become abusive, use drugs, and in a range of other ways, become significantly less healthy over time. Research even shows a strong link to a broad range of physical health effects, including cancer and heart conditions. And those are just the physical manifestations; the mental and emotional scars for children can be even more devastating.

But now there's



Erin Pettengill, Vice President of LRCS Family Resource Center and Officer Eric Adams of the Laconia Police Department, presenting ACERT update to community collaborators on July 11 at LRCS in Laconia.

new help. Modeling its new program on the nation-leading innovative work of the Manchester Police Department, LRCS' Family Resource Center, along with the Laconia Police Department, announced the rollout of a program designed to help children who experience some kind of traumatic event: ACERT, which stands for Adverse Childhood Experiences Response Team, offers a new way for local police and other first-responders

to ensure that affected children are appropriately cared for and supported in dealing with both the immediate-term fallout from whatever the incident was, as well as the often-underlying and related longer-term issues. With opioid incidents, for example, it offers a way for parents to enable immediate and ongoing outside support for their children.

Erin Pettengill, LRCS' Vice President of the Family Resource Center, explains "Early intervention is absolutely vital to ensure children's physical, emotional, and mental wellbeing. We'll now have a comprehensive and coordinated system of supports focused specifically on affected children, which is key to stemming the residual impacts from traumatic events that children experience."

The Laconia School District is also working closely with the Family Resource Center and the Laconia PD in coordinating the program. Virtually all of the relevant area social service agencies and other related programs for children will be additional referral collab-

orators to ensure the most comprehensive and timely intervention for children. The Family Resource Center will coordinate not just the immediate response and intervention, but also ongoing support as needed, to best ensure children's wellbeing. The Family Resource Center has hired a full-time program coordinator, Kerri Lowe, to lead and manage the program.

For hundreds of families living in the Lakes Region each year, the Family Resource Center of Central New Hampshire, offers a program of LRCS, respectful, non-judgmental education, early intervention, and support to assist families in their efforts to meet needs, make positive connections, and prepare children for success today and tomorrow because the Family Resource Center believes strong families lead to strong communities.

Lakes Region Community Services (LRCS) is a nonprofit, comprehensive family support agency with a primary focus of providing supports to individuals with developmental disabilities. SEE ACERT PAGE A9

## Comfort Keepers

### Eight ways to keep aging eyes healthy

BY MARTHA SWATS  
Owner/Administrator  
Comfort Keepers

Changes to vision and concerns about eye health can happen rapidly for older adults. Seniors should get a vision test done once a year and should always follow a doctor's recommendations on treatment plans and vision health.

Here are eight strategies for seniors to maintain eye health:

1. Diet - Eating delicious food is one of the most enjoyable ways seniors can maintain eye health. And, there are a variety of options that provide vitamins and nutrients that help with eye health - kale, carrots, eggs, sweet potatoes, oranges, almonds and salmon are great sources.

2. Exercise - A physician-recommended exercise plan can not only help with overall health, but has benefits for the eyes too. Increased blood circulation can remove toxins and increase oxygen levels in the eyes.

3. Avoid eye trauma - Injuries can have a huge impact on long-term eye and vision health and taking precautions can prevent accidental eye trauma. Remembering to wear protective eyewear or goggles when appropriate, using chemicals and sharp objects with caution, and eliminating trip hazards are some of the ways that accidents can be avoided.

4. Smart computer use - Regular computer use can lead to eye strain and discomfort at any age. However, computer screens can be more harmful to our eyes as we age, and can cause headaches, eye irritation or vision issues like blurriness or seeing double. Seniors that use a computer regularly, particularly those who are in front of a computer for long periods of time, should make sure that their desk has good lighting, take regular breaks and always

use corrective eyewear.

5. Consider other health issues - Older adults can have health issues that affect their vision health, and it's important to talk to a healthcare professional about how physical conditions and medications can have an impact on the eyes.

6. Sunglasses - Protective eyewear becomes more important as we age, and it's important for seniors to build the habit of always wearing sunglasses when they are outside.

7. Sleep - Sleep has beneficial properties for overall health, wellbeing and quality of life. It's no surprise that getting a good night's rest is important for eye health too!

8. Vision screenings - Changes to vision and eye health can happen rapidly for older adults. Seniors should get a vision test done once a year and should always follow a doctor's recommendations on treatment plans and health.

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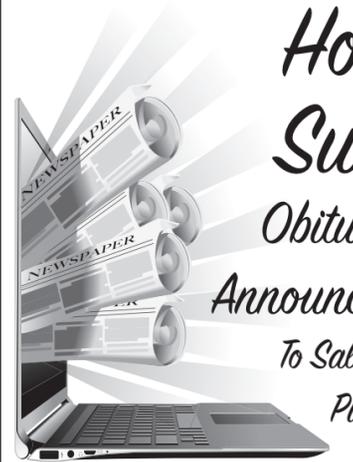
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To learn more about our in-home care services, contact your local Comfort Keepers location today.

#### About

#### Comfort Keepers

Comfort Keepers is a leader in providing in-home care consisting of such services as companionship, transportation, housekeeping, SEE COMFORT PAGE A9



## How to Submit Obituaries & Announcements To Salmon Press Publications

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# Belknap Subaru shows support for Leukemia & Lymphoma Society

TILTON — In an effort to make a positive impact on the health and wellness of our local community, Belknap Subaru supported The Leukemia & Lymphoma Society by writing notes of support and delivering warm blankets to The Ganong Cancer Center!

This effort is part of a larger Subaru of America, Inc. (SOA) initiative this month called Subaru Loves to Care. Throughout June, team members from Belknap Subaru supported their local community's health and wellness by part-



COURTESY

Pictured, from right to left: Mark Mallahan, Sue Falcinelli, Beth Gleason, Judy Fisher, Keith Manning of Subaru of New England, Mark Johnstone, Karen Rice, and Scott Ives. Not pictured ... the photographer Brian Winslow.

those fighting cancers at Lakes Region General Hospital, in Laconia.

Belknap Subaru will be donating blankets, and arts & crafts kits to cancer patients in the local community. More than 50 messages of hope will be delivered to patients at the Ganong Cancer Center, along with blankets for adults and arts & crafts kits for children undergoing treatment.

The Subaru Loves to Care initiative reflects SOA's corporate goals to improve the health and wellness and the lives of those in the local communities where we live and work. Throughout the month, both SOA and local retailers across the country have shown their commitment to the health and wellness in a variety of ways – all part of the larger Subaru Love Promise Community

SEE SUBARU PAGE A9

## LRGHealthcare introduces 3D mammography screenings



COURTESY

LRGHealthcare is pleased to announce 3D Tomosynthesis mammography screening to our community.

LACONIA — LRGHealthcare is pleased to announce 3D Tomosynthesis mammography screening to our community.

3D Tomosynthesis Screening mammography is an annual breast screening procedure used to detect early breast cancer.

3D mammography increases the accuracy of screening mammog- SEE 3D PAGE A9

nering with The Leukemia & Lymphoma Society.

Belknap Subaru asked its customers, and employees, The Tilton/Northfield Ro-

tary Club, children from the Pleasant Street school in Laconia, and even Governor Chris Sununu, to share personalized messages of hope with

## Educators from across the nation to tour Prescott Farm

LACONIA — On Wednesday, July 31, early childhood educators from across the nation will board buses in Manchester and travel to Prescott Farm Environ-

mental Education Center in Laconia for a tour of the nature-based preschool.

The stop at Prescott

Farm is part of a day-long field trip offered to conference attendees. Fledglings Nature-Based Preschool is a fully licensed program that uses

the Prescott Farm property as the backdrop for helping students ages 3-5 become lifelong learners and create meaningful

SEE PRESCOTT PAGE A9

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SUMMER 2019

**SATURDAY CONCERTS**

**SATURDAY, JULY 27, 7:00PM**  
**Don Plummer & Family**  
Don Plummer is a trumpet player and accomplished singer and has performed in concerts for many years in 36 states and Canada. He studied voice, trumpet and music at Berkshire Christian College in Pittsfield, MA School of Music. He performs regularly with the Strafford Wind Symphony. Don is serving as Pastor of the Northwood Advent Christian Church, in Northwood, NH.

**SATURDAY, AUGUST 10, 7:00PM**  
**MARK209**  
In just a short amount of time, MARK209 has garnered the interest of an industry. Tagged the "best group you probably have never heard" by industry leaders, MARK209 has certainly made a mark for themselves. The 2011 National Quartet Convention in Louisville, KY was no exception.

**SATURDAY, AUGUST 31, 7:00PM**  
**The Blackwood Brothers**  
The Blackwood Brothers Quartet was formed in 1934 and has the distinction of being the best-known name in Gospel Music history!

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**PET OF THE WEEK NESQUICK**

Nesquick is an amazingly smart 1 year old lab mix that came to us through southern transport. He currently knows sit and down, and is very ready to learn! He will require some basic training, but has every potential to be a star.

Due to unfortunate circumstances, Nesquick has been returned twice due to no fault of his own and will need his absolute dream home. We are requiring him to be adopted out to an adult only home, potentially another doggy friend, but no cats or small animals.

His demands (he told us himself): he wants to play fetch every day, he wants the yummiest of foods, lots of toys with lots of squeakers to destroy, and a family to obsess over him. He wants to be the center of your world. Would you be willing to give your heart to this chocolate lovebug?

Please come meet Nesquick, you may just fall in love!

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## JENNI'S RIDE

(Continued from Page A1)

the more than 260 donor funds distributed through the Lakes Region Scholarship Foundation. Paulette Loughlin, Executive Director of LRSF added this comment regarding this donor fundraiser: "those unable to attend, but who would like to make a tax deductible dona-

tion toward Jenni's scholarship can visit the Lakes Region Scholarship Foundation website at [lrscholarship.org](http://lrscholarship.org) and click on the home page. Scroll down to the section titled "You and now donate online" and in the purpose section of the form, enter the "Jenni Ann Harmon

Memorial." If you are not an on-line person, you could mail a check to the Lakes Region Scholarship Foundation, PO Box 7312, Gilford, NH 03247, Attention: Jenni's Ride. The Foundation wishes the Harmon family every success with their fundraiser.

## DOBBINS

(Continued from Page A1)

and performed music in various capacities for most of her life and is thrilled to be making her debut on The Bank of New Hampshire Pavilion's Magic Hat Stage on Wednesday, July 24, appearing at the Sheryl Crow and Heart Love Alive tour. Dobbins will perform with her full band from 4:30 - 7 p.m. She will play songs from both of her released records, along with some unreleased tunes.

Dobbins grew up in Gilford, spending summer days on the shores of Lake Winnepesaukee and summer nights admiring some of her

favorite artists on the Bank of NH Pavilion stage. She remembers her first "Meadowbrook" (now Bank of NH Pavilion) concert fondly, dancing to Aaron Carter with her friends in the then-uncovered pavilion, back when a simple folding chair and the stars were all there was. Dobbins acquired her first summer job working as a parking attendant in the "Meadowbrook" lots, hoping to catch a glimpse of any show she could. At her graduation from Gilford High School in 2007, Dobbins sang "Anyway" by Marti-

na McBride on the famous main stage. She remembers attending many of her favorite concerts with family and friends over the years, including Jewel, Martina McBride, Zac Brown Band, and Colbie Caillat. It is her trust honor to perform on The Magic Hat Stage on the grounds where so many incredible artists have performed before her. Tickets to the show are available on the Bank of NH Pavilion website or at the box office. Doors open at 4:30 p.m., which is when Dobbins' band will begin. Come early, and don't miss a thing!

## REC NEWS

(Continued from Page A3)

the event of rain, the program will be held at the Gilford Youth Center. Mouth guards, shin guards and cleats are encouraged but not required. All participants should bring a bottle of water and a snack. Registration is taking place at the Gilford Parks and Recreation Office and forms are also available online at [www.gilfordrec.com](http://www.gilfordrec.com).

Cost: \$40 per participant

For more information, please contact the

Gilford Parks and Recreation Department at 527-4722.

### Sciensational Workshop for Kids! "Brick Building w/Lights and Sound!"

The Gilford Parks and Recreation Department is Sponsoring a workshop through Sciensational Workshops for Kids for children ages seven to 12, from 9 a.m. - 4:30 p.m. on Aug. 12 and 13. Have interest in becoming an architect and electronics

scientist? This workshop combines everything into one. Make endless combinations of brick construction and electronics. How about building your own light post with color effects. Build and design your own brick tower, light it up, play music, and turn on your LED'S. Build your own brick bridge with melody and sound. Construct a brick mammal, a three level house, and light house. Now it is your time to design, think, and use your inventor's skills. The sky is the limit! All of this you take home. Registration is taking place at the Gilford Parks and Recreation Office and forms are also available on-line at [www.gilfordrec.com](http://www.gilfordrec.com).

Cost: \$140 per participant

For more information, please contact the Gilford Parks and Recreation Department at 527-4722.

## RECONSTRUCTION

(Continued from Page A1)

Road residents at the meeting.

Selectman Benavides thanked the residents for coming out and pushing for this to be done.

"This board is constantly saying to our residents...that we

want to hear from our residents so thank you for coming out, we appreciate that," Benavides said.

Later in the meeting, Dunn said they received six bids for the Old Lakeshore Road bridge project.

The lowest came in at \$929,597.50, which he said was well within the town's budget, and the highest came in at \$1,104,423.95. The bid will be awarded at the next selectmen's meeting on July 24.

## WARNING

(Continued from Page A1)

signs that was denied. He said they receive a lot of those requests and typically don't put them up. Benavides said this should be reconsidered.

"I think it's important for us to value the fact that these residents are asking for something to be done and I think if we're not going to reduce the speed limit I don't see that there would be much of an issue or cost for us putting

up a sign and at least it's helping us to work with the residents, at least that's how I'm thinking about it," Benavides said, "and at least we try to show these residents that we do hear their voice we are trying to work with them and we are trying to bring attention to the fact that there are children and pedestrians that are walking on that street.

Eddy said having seen the rod and its

layout he was in favor of putting a sign out.

"Before I was opposed to it, actually having gone up there and taking a look I can see that it would be a good alternative," Eddy said.

The selectmen approved a motion to put up a "Slow: Children" sign on LaBonte Farm Road.

Benavides said this can be revisited in the future.

## RAFTING

(Continued from Page A3)

through the roof," Blanchard said.

Baron said they are hoping to surpass that goal during the event.

"We want our participants to feel the excitement and feel they can still reach out to people for donations," Blanchard said.

The funds raised go to kids wishes and 27 wish buddies are taking part in this year's event. Baron said these wishes mean so much to these kids who are going through a major illness and gives them hope.

"The resilience that we see and the strength that it gives them to

fight that battle and mount this effort against their disease is phenomenal," Baron said.

Baron said their goal is to grant a wish for every eligible child. Last year, they were able to grant 91 wishes for kids in the state. She said there are still a number of families of kids eligible for Make-A-Wish that don't know about the program and how to get involved.

"It's been absolutely amazing that the community has really embraced this event and that the teams, the community, everybody's pitching in to

help, everybody is all in," Baron said. "It's really rewarding and exciting to know that this event that started so small with a couple individuals has now grown to around 23 teams made up...from all over the state with some amazing support from Meredith and the Lakes Region as well."

For more information on Rafting for Wishes, visit <https://friends.nh.wish.org/campaign/2019-rafting-for-wishes/c197383>. For more information on Make-A-Wish NH visit <https://nh.wish.org>.

## NOTEBOOK

(Continued from Page A4)

+++++

I got a call from an old friend as I was writing this, about as old as they come--we were boyhood friends and neighbors. He and his date were driving up the road to their home in Stewartstown when they got a good long look at a full-grown bear with a very long tail.

"We thought at first we were seeing a five-legged bear," Skip joked.

Long-tailed bears,

as the old saying goes, are not rare but are indeed uncommon. In older times, when people would slow down to look at such curiosities, they were placed on exhibit, and sometimes even trained to dance.

+++++

As we drift toward the Dog Days of August, I close with a photo sent my way by longtime reader and fishing friend Lou Ferland, who always signs

his mail "Dr. David "Lou" Ferland, Chief of Police (Ret.), Adjunct Professor-Southern NH University."

Lou and I are part of a loose and varied group that has fished for years at Tim Pond, Maine, a body of water said never to have been stocked, meaning that it has its own native strain of fish. The photo, fittingly I think for us both, is of a turkey, happily and inexplicably plopped atop one of Lou's feeders.

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## Edward Jones: Financial Focus

### Estate Plans Can Help You Answer Questions About the Future

The word "estate" conjures images of great wealth, which may be one of the reasons so many people don't develop estate plans - after all, they're not rich, so why make the effort? In reality, though, if you have a family, you can probably benefit from estate planning, whatever your asset level. And you may well find that a comprehensive estate plan can help you answer some questions you may find unsettling - or even worrisome. Here are a few of these questions:

**What will happen to my children?** With luck, you (and your co-parent, if you have one) will be alive and well at least until your children reach the age of majority (either 18 or 21, depending on where you live). Nonetheless, you don't want to take any chances, so, as part of your estate plans, you may want to name a guardian to take care of your children if you are not around. You also might want to name a conservator - sometimes called a "guardian of the estate" - to manage any assets your minor children might inherit.

**Will there be a fight over my assets?** Without a solid estate plan in place, your assets could be subject to the time-consuming, expensive - and very public - probate process. During probate, your relatives and creditors can gain access to your records, and possibly even challenge your will. But with proper planning, you can maintain your privacy. As one possible element of an estate plan, a living trust allows your property to avoid probate and pass quickly to the beneficiaries you've named.

**Who will oversee my finances and my living situation if I become incapacitated?** You can build various forms of protection into your estate planning, such as a durable power of attorney, which allows you to designate someone to manage your financial affairs if you become physically or mentally incapacitated. You could also create a medical power of attorney, which allows someone to handle health care decisions on your behalf if you become unable to do so yourself.

**Will I shortchange my family if I leave significant assets to**

charities? Unless you have unlimited resources, you'll have to make some choices about charitable gifts and money for your family. But as part of your estate plans, you do have some appealing options. For example, you could establish a charitable lead trust, which provides financial support to your chosen charities for a period of time, with the remaining assets eventually going to your family members. A charitable remainder trust, by contrast, can provide a stream of income for your family members for the term of the trust, before the remaining

assets are transferred to one or more charitable organizations.

As you can see, careful estate planning can help you answer many of the questions that may be worrying you. Be aware, though, that certain aspects of estate planning, especially those related to living trusts and charitable trusts, can be complex, so you should consult your estate-planning attorney or qualified tax advisor about your situation. But once you've got your plans in place, you should be able to face the future with greater clarity and confidence.

This article was written by Edward Jones for use by your local Edward Jones Financial Advisor. For more information or to sign up for their monthly newsletter, contact your local Financial Advisor.



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**LRPA**

(Continued from Page A5)

ly on Atlantic Broad-band Channel 24 (educational programming and public bulletin board), Channel 25 (information and entertainment) and Channel 26 (government meetings) to more than 12,000 viewers in our member communities of Belmont, Gilford, Laconia, Meredith and Northwood. Program-

ming is produced by and for the people of the greater Lakes Region. LRPA's mission is to empower our community members to produce content that

- fosters free speech and the open exchange of ideas,
- encourages artistic and creative expres-

- promotes a well-informed public through governmental transparency, and
- unites our communities through the power of media and technology.

LRPA's slogan: Community empowered by media. Visit us on the Web at [www.lrpa.org](http://www.lrpa.org).

**WINNIAERO**

(Continued from Page A5)

WinnAero is inviting the general public to this free interactive satellite link-up taking place at the Viking Hangar of Laconia Airport located at 50 Airport Road. This is a great opportunity for aviation history buffs and teachers, as well as interested citizens to see a deep sea search as it happens.

"We have this rare opportunity to witness this search as it unfolds," said Dan Caron, Education Director for WinnAero's ACE Academies. "We felt the general public might enjoy sharing this time with our ACE students as they watch and speak with the search crew leaders while

the search is in progress," Caron added. The Viking Hangar is located on the west side of the Laconia Airport beyond the popular Kitchen Cravings Restaurant. Look for the ACE Academy sign on the fence line and join the ACE group for this free of charge unique experience.

**ACCERT**

(Continued from Page A6)

ties and/or acquired brain disorders and their families. A dynamic human services organization, LRCS offers other essential and critical services to individuals in our Greater Lakes Region communities from

birth throughout their lifespan. At the core of LRCS' work are inclusion, acceptance, and building strengths and partnerships - whether at the individual, family or community level. LRCS has offices in Laconia and Plym-

outh which combine to serve families residing throughout Belknap and Southern Grafton Counties. For more information contact Joanne Piper Lang at 524-8811 or visit [www.lrcs.org](http://www.lrcs.org).

**COMFORT**

(Continued from Page A6)

meal preparation, bathing, mobility assistance, nursing services, and a host of additional items all meant to keep seniors living

independently worry free in the comfort of their homes. Comfort Keepers have been serving New Hampshire residents since 2005. Let us help

you stay independent. Please call 536-6060 or visit our Web site at [www.comfortkeepers.com/plymouthnh](http://www.comfortkeepers.com/plymouthnh) for more information.

**SUBARU**

(Continued from Page A7)

Commitment effort dedicated to making a positive impact on the world. Belknap Subaru is located at 35 Tilton Rd. in Tilton. They sell and

service Subaru vehicles, and others. They have been in business since 2001 and have been recognized by Subaru of America as a Love Promise deal-

ership. They are a 2018 Torch Award winner. For more information about the dealership, call Scott Ives at 729-1300.

**PRESCOTT**

(Continued from Page A7)

connections to nature, the self, and others.

the cycle of the seasons and natural world to facilitate learning and pique curiosity in young children.

high-quality education. The Alliance, a project of the North American Association for Environmental Education, serves as a backbone organization to focus and amplify the collective impact of the people and organizations that share this common vision. The Natural Start Alliance's annual conference is the nation's largest professional event for teaching, administration, research, and advocacy in nature-based early learning.

Conference attendees will be guided on the tour by Preschool Director, Jayne Hastings. With the preschool out of session for the summer, Hastings will share what's special about nature-based learning on the Prescott Farm property by highlighting unique learning spaces and a Q&A about how Fledglings educators use

"It's an honor to be recognized by The Natural Start Alliance as a leader in nature-based education for young children," Hastings said. "As we share our successes and other lessons learned, we will also be listening to and learning from the other educators as they tour our property. It's really a priceless opportunity!"

Prescott Farm is a non-profit 501c3 organization dedicated to providing year-round environmental education programs for all ages and a place in the Lakes Region community that encourages curiosity, discovery, fun and connection to the natural world. For details about Fledglings Nature-Based Preschool, WildQuest Camps, School & Community Programs and more, visit [prescottfarm.org](http://prescottfarm.org) or call 366-5695.

**3D**

(Continued from Page A7)

raphy by allowing our doctors to detect small breast cancers otherwise hidden behind overlapping breast tissue or within dense breast tissue.

detailed examination with increased detectability of breast cancer with essentially no increase in radiation exposure, compression or time. 3D Mammography results in fewer recalls for additional imaging compared to a standard mammogram.

and by the Food & Drug Administration (FDA).

**About**

**LRGHealthcare**

LRGHealthcare is a not-for-profit healthcare charitable trust representing Lakes Region General Hospital, Franklin Regional Hospital, and affiliated medical providers. LRGHealthcare's mission is to provide quality, compassionate care and to strengthen the well-being of our community

The Natural Start Alliance offers the field trip to conference attendees as an opportunity to gather new ideas and inspiration by visiting model nature-based early learning programs.

The Natural Start Alliance is a network of people and organizations that believe that all young children need frequent opportunities to experience, learn from, and care for nature and the environment through

LRGHealthcare Mammography Departments are accredited by the American College of Radiology (ACR)

To schedule your 3D Mammogram at LRGHealthcare (Laconia or Franklin), call 527-2899 or Caring for Women at 527-1855.

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## SPORTS

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## Strout inducted into Gilford Hall of Fame

BY BOB MARTIN  
Bob@Salmonpress.news

GILFORD – The Gilford High School softball program has consistently been one of the best in the state, and one of the team's best players in its history, Sydney Strout, was recently inducted into the Gilford High School Athletic Hall of Fame by coach Joan Forge.

Strout was inducted in front of her peers, friends and family at last month's Gilford High School athletic awards ceremony, and Forge said she was proud to send her into the school's Hall of Fame. She explained that this is an honor that is reserved for the superior athletes of Gilford, who have played in at least two sports over their high school career and excelled in at least one.

Strout played soccer and softball for Gilford, and while she was a talented soccer player, it was softball that was her true passion where she broke a number of school records.

Strout started playing softball in second grade through the Gilford Youth Softball Program and in fourth grade she met varsity pitcher Alyssa Crowell at a youth clinic. She showed her how to pitch and Strout decided she wanted to be just like Crowell and be a Gilford High School pitcher.

Strout had such a passion for softball that she convinced her father to paint a softball field on her basement floor. Her parents would sit on a

five-gallon bucket on home plate to catch pitch after pitch. She attended clinics each Sunday that were given by Jeff Crowell, Alyssa's father. She also received private lessons from Alyssa, and in turn became one of the best pitchers in school history.

Like Crowell, Strout has been a mentor to several players on the Gilford squad in recent years.

Strout was the Gilford starting pitcher for four years and had an overall record of 59-13. She had two no-hitters and led the Golden Eagles to the state semifinals three years straight. Strout joined her mentor, Crowell, in the 500-strikeout club but then went on to set the school record with an amazing 663 strikeouts. Strout is also the school record holder with 18 strikeouts in a game, 230 strikeouts in a season and an average of 12.1 strikeouts per game over her career. She is also the only pitcher in school history to strike out 10 batters in a row.

However, it wasn't just her work on the mound that was impressive. Strout holds numerous school batting records in Gilford, as she was a lefty lead-off hitter that mastered the skills of drag bunting and slap hitting. Forge said she was quick on the base paths and had a "tremendous softball IQ."

Strout has the school record for highest batting average in a season with .557 and hits with 40. She finished with 107 total hits and only four players have achieved



Sydney Strout stands with her parents Melody and Reggie on the night she was inducted to the Gilford Athletic Hall of Fame.

COURTESY

100 hits in a career since Forge began coaching in 1985.

Strout was a first team All-Stater and was the Division 3 Player of the Year during her time at Gilford from 2010-2013.

"It's an honor for me to have the opportunity to stand before you tonight as an inductee of Gilford High School's Hall of Fame," Strout said during the induction ceremony. "I am truly grateful to be cho-

sen as one of the inductees and will cherish this moment for a lifetime.

Strout recalled the team feeds, playoff games, crazy bus rides and endless sprints

throughout her Gilford softball career. She said there was endless laughter, tears, sweat and hard work that she and her teammates put into what they loved. Strout

thanked her mentors and parents, as well as coaches Joan and Rick Forge, for helping her become the hall of famer

SEE STROUT PAGE B3

## BCSA pig roast is Saturday

GILFORD — The entire Lakes Region is invited to the Belknap County Sportsmen's Association second annual open house and pig roast on Saturday, July 20.

Members and the Lakes Region community at large are all invited to this celebration. Information tables will be set up from 12 to 1 p.m.

Membership – become a range member by joining the club, complete the required range orientation and receive your Range card that day.

Trappers – See a variety of pelts and learn about trapping in NH.

Hiking program – learn how to get a patch by climbing all 12 mountains in the Belknap Range.

Belknap County Conservation District – learn how they improve fish habitat by restoring brooks and streams.

Barry Camp – learn about the program offered at Barry Camp in Milan run by UNH and 4H.

Walk the 3-D archery range trail and visit the rifle and pistol range. Tour the club house, which is available for rent. Seats more than 120 for weddings, reunions and family gatherings and is equipped with a full kitchen.

At 1 p.m. they will be serving lunch, which will include roast pig, corn on the cob, potato salad, baked beans, cornbread, dessert water and soda.

If there are no emergencies, Gilford Police and Fire Department will be there as well as N.H. Fish and Game, the Marine Patrol and Belknap County SWAT Bearcat armored vehicle. All will be available to answer your questions.

Meet BCSA members and get to know the BCSA directors.

Tickets will be available for a meat raffle worth \$600, drawing will be at 2 p.m. at the pig roast.

They will have a 50/50 raffle and apparel for sale.

Advanced ticket purchases are recommended.

Tickets can be obtained by calling Kathy at 267-6947.



Sydney Strout, right, was inducted into the Gilford Athletic Hall of Fame by Gilford High School softball Coach Joan Forge.

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# 16U Nor'Easters continue to play well

BY BOB MARTIN  
Bob@Salmonpress.news

WATERVILLE, ME – The 16U Nor'Easters softball team went 4-1 in the Blue Demon Bash, which took place from June 29 to 30, in what was a rain shortened weekend where the team continued to excel.

The first game was a 6-2 victory over the Coastal Riptide, with Kelley Allen of Belmont picking up the win on the mound.

The second game was an 8-3 win over the Northeast Hurricanes, with Lilly Allen of Meredith the winning pitcher.

Morgan Hall of Belmont picked up the win in an 11-1 victory over the Warriors in the third game of the tournament.

The fourth game was a 4-2 win over ECF White, with Allen pitching her best game of the season to pick up the big win. She had 10 strikeouts and no walks over six strong innings of work. Savannah Perkins of Belmont had a double in the win, and Kara Stephens of Belmont had a pair of hits to go with three RBIs.

The final game of the tournament was a 5-3 loss to the Wildfire of Charlton, Mass. with Simpson taking a loss in the tight game.

Over the course of the tournament Gilford players Kim Daigneault and Alexa Smith were solid at the plate, with batting averages of .325 and .313.

In the Comets Turn 2 tournament, the Nor'Easters went 2-1 in pool play. The team started with a 9-3 loss to the Cole Harbor Comets of Nova Scotia, Canada. Allen took the loss with five strikeouts and no walks. Nora Dunleavy had a pair of hits and Lilly Simpson had a double.

Simpson pitched the second game and won 8-0 over the Atlantic Threshers. She had four strikeouts and a walk in the complete game win.

The third game Hall won in a 6-2 battle over the Berlin Bobcats. She had eight strikeouts and a pair of walks.

With a 2-1 record, the team had a five seed in the 16-team tournament. Simpson pitched in the 10-2 win, and had eight strikeouts with two walks. Becca Fleming went 4/4 with three RBIs. Stephens went 2/4 with four RBIs.

The Nor'Easters lost in the quarterfinals with a 4-1 loss. Hall had four strikeouts and two walks in a 4-1 loss.

# Local athletes compete in Granite State Track and Field championships

BY BOB MARTIN  
Bob@Salmonpress.news

TILTON – Children from all around the state participated in the Granite State Track and Field state meet on June 28 at Winnisquam Regional High School.

There were 26 child athletes enrolled from Meredith this year, with 19 attending the previous regional meet in Lebanon where the top four advanced to the swim meet. Twelve athletes from Meredith went on to states.

Amelia Dow, Maya LaBrecque, Kira Livernois and Soriya Richards were in the girls' age 9/10 and had a third place time of 1:08.26 in the 4X100-meter relay.

LaBrecque had a time of 1:23.47 for fifth place in the 400-meter dash. Livernois had a time of 17.56 for eighth place in the 100-meter dash.

Richards was fourth in the 50-meter dash with a time of 8.52. She had a sixth place toss in the softball throw with a distance of 55 feet, seven inches.

Avery Dubois, Summer Hamill, Kylee Maltais and Mercedes Marquis were in the girls' age 9/10 division and placed sixth with a time of 1:13.78 in the 4X100-meter relay.

Dubois also had a seventh place toss in the softball throw, with a distance of 52 feet, six inches.

Marquis had an eighth place time of 9.14 in the 50-meter dash.

Aidan Snyder was in the boys' 11/12 group and had a fourth place time of 1:15.32 in the 400 meters.

Caleb Spears was in the boys' 9/10 group and placed seventh in the 50-meter dash with a time of 8.96.

Brooke Taylor in the girls' 11/12 group and placed seventh in the 100 meters with a time of 15.48.

Kate Taylor was in the girls' 9/10 group and placed sixth in the 50-meter dash with a time of 8.88. She was also seventh in the 100-meter dash with a time of 16.97.

"We are so very proud of these athletes," said

Program Director Sarah Perkins of Meredith Parks and Recreation. "Out of hundreds of athletes throughout the state of New Hampshire these 12 qualified for states and gave it their all. Granite State Track is an amazing program through New Hampshire Recreation and Park Association in which athletes have the opportunity to enter into the world of track and field at a young age, prior to junior high and high school sports. We focus on personal goals and each one of the athletes in our program enjoyed cheering each other on as well as encouraging each other. It's heartwarming to see the sportsmanship expressed by these children."

For Gilford athletes, the girls' 9/10 division, Macy Sawyer ran the 400 meters and the 200 meters, placing second with respective times of 1:20.34 and 33.91.

The 4X100-meter relay team of Susanna Tilly, Darby Hughes, Isabelle Laflamme and Sawyer

placed seventh with a time of 1:15.87.

There were two athletes in the boys' 9/10 division. Omario Brooks was fourth with a time of 15.84 in the 100 meters and Charles Clausen was seventh in the standing long jump with a distance of five feet, nine inches.

In the boys' 11/12 division, Emmett Hughes was fifth with a time of 1:16.24.

For Moultonborough athletes, David Visbeck was in the boys' 11/12 division. He had a time of 2:45.57 in the 800 meters and placed second. In the 400 meters, Visbeck was sixth with a time of 1:16.28. In the hammer throw, he had a toss of 118 feet, four inches for fourth place.

For Sandwich athletes, Abigail Furlan was in the girls' 9/10 division and placed sixth in the 400 meters with a time of 1:23.47. Sofia Fleischmann was in the girls' 11/12 group and placed third in the 100 meters with a time of 14.85.

## Barnstead Firefighters Association 5K Aug. 17

BARNSTEAD — The Barnstead Firefighters Association is pleased to announce its eighth annual 5K Road Race and Fun Walk to start at the Barnstead Parade grounds on Aug. 17 at 9 a.m.

The course is an "out and back" that follows the Suncook River from

the Parade to the intersection with Route 126 and then returns to the Parade along the same route for the finish. The race course is USATF certified for accuracy and is considered flat and fast. Refreshments will follow the race.

Proceeds from this year's race will benefit

the Barnstead Firefighters Association.

Pre-registration must be received by Aug 13 to receive a discount. Registration forms are available at [www.bfi06.com](http://www.bfi06.com), by e-mail at [bfa5k-roadrace@gmail.com](mailto:bfa5k-roadrace@gmail.com) or

by calling 312-5648. Online registration is also available at [www.running4free.com](http://www.running4free.com). Race day registration will also be available.



*2019 Salmon Press*

## Fall Home Improvement In Central NH





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**To place an ad please contact:**

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[beth@salmonpress.news](mailto:beth@salmonpress.news)

Tracy Lewis (603) 616-7103  
[tracy@salmonpress.news](mailto:tracy@salmonpress.news)

## Kingswood football camp open to grades three through 12

WOLFEBORO — Kingswood Knights high school and youth football camp will take place Sunday, July 28, through Thursday, Aug. 1, at Alumni Field on the campus of Kingswood Regional High School.

This camp is an instructional non-contact football camp for players in grades three through 12. Each camper will receive instruction from Kingswood varsity coaches and past players. All campers will learn fundamental skills of all football position areas and will receive

a camp t-shirt. Players and/or parents are responsible for supplying water and cleats.

For kids in grades three through six, no equipment is necessary, while for kids in grades seven through 12, shoulder pads and helmets are required.

The camp will run from 5:30 to 7 p.m. each evening and scholarships are available upon request.

For more information, contact coach Paul Landry at 557-4983 or [plandry@sau49.org](mailto:plandry@sau49.org).

## Brewster basketball camp coming July 26-27

WOLFEBORO — Brewster Academy Basketball Camp, directed by Max Hooper, will run July 26 and 27 at the Smith Center on the campus of Brewster Academy.

Boys and girls ages seven to 11 will meet from 9 a.m. to noon and ages 12 to 16 will meet from 1 to 4 p.m.

After his collegiate and professional playing career, Hooper returned to Brewster to serve as an assistant coach. Kids from ages seven to 16 are invited to come and learn from him as he coaches players through different drills and situations that will improve their game.

For more information on how to register, e-mail [brewsterballcamp@gmail.com](mailto:brewsterballcamp@gmail.com).

# 18U Nor'Easters win another tournament

BY BOB MARTIN  
Bob@Salmonpress.news

WATERVILLE, Maine – The 18U Nor'Easter softball team continued its strong season with a first place finish at the Blue Demon Bash from June 29 to 30.

On June 29, the Nor'Easters played two pool games and dominated the competition. The Nor'Easters shut out the Maine Illusion 8-0 in a six-inning game. The second game was a 9-1 victory over Madison Maine in a five-inning game.

The Nor'Easters then took on Prince Edward Island in the first round of the championship games and came away with an 11-3 win in a six-inning game.

On June 30, the Nor'Easters took on the Maine Frost, who were the defending champions from last summer. The Nor'Easters squeaked by with an 11-9 win, and with all games called after noon, the Nor'Easters were declared champions.

The Frost went up 2-0 in the top of the first

inning and then the Nor'Easters scored a run in the bottom of the first inning on a deep homer by Hope Duval of Profile. Frost scored two more runs in the top of the third inning and went up 4-1, but the Nor'Easters responded with a pair of runs in the bottom of the inning to cut the lead to one.

The Frost scored two more times in the top of the fourth inning but the Nor'Easters responded again with four runs in the bottom of the fourth inning. Sam McCann of

Berlin had a three-run shot to spark the big inning.

Continuing the back-and-forth battle was the Frost with two runs in the top of the fifth inning to go up 8-6. The Nor'Easters continued their resilience and scored four times, with Duval smashing a grand slam for her second homer of the day. She finished out the game pitching an inning and one third.

Ella Harris of Gilford started on the hill for the Nor'Easters and went four and two thirds in-

nings. Coach Fern Beaudet commended her for her pitching against "a very talented team." She gave up four runs on two walks and three strikeouts.

"Our toughest test so far this year," said Beaudet. "It was an amazing game. Two very good teams battling out back and forth."

Jill Lachapelle of Gilford batted .625 in the series with a homer and two RBIs. Harris hit .428 with two RBIs. Carly Catty of Winnisquam batted .364 with a triple

and a pair of RBIs. McCann pitched three games and gave up only one earned run on one hit all weekend. She had 14 strikeouts and four walks.

Harris pitched two games, giving up four earned runs on 12 hits, four walks and 13 strikeouts.

This victory gave the Nor'Easters three tournament wins in a row.

## Mahindra Roxor to sponsor Xfinity Series race at NHMS

LOUDON — New Hampshire Motor Speedway's Tripleheader Saturday (July 20) features three exciting races for fans to enjoy, with the highlight of the day at 4 p.m. when the NASCAR Xfinity Series takes on "The Magic Mile" with the newly-named Roxor 200. The day also includes the NASCAR Whelen Modified Tour Eastern Propane and Oil 100 at 2 p.m. and the NASCAR K&N Pro Series East United Site Services 70 at 6:45 p.m.

"We're pleased to welcome Mahindra Roxor to our July race weekend," said David McGrath, executive vice president and general manager of New Hampshire Motor Speedway. "Just like Mahindra Roxor vehicles, racing in New England is 'built for the long haul,' as the Roxor 200 will mark the 34th NASCAR Xfinity Series race here at New Hampshire Motor Speedway."

Mahindra has been building vehicles such as tractors, automobiles, airplanes, motorcycles and more for over 70 years, building 600,000 automotive vehicles annually, all designed to complement many different channels of specialized businesses including construction, community work, ranching, search and rescue and, of course, hardcore recreation.

"We are excited to partner with New Hampshire Motor Speedway as a title sponsor," stated Richard Ansell, vice president of marketing of Mahindra Roxor. "The audience aligns well with our marketing strategy for Roxor and the NHMS program is a perfect extension to our overall racing program."

Fans can check out the latest Roxor models in action at The Flat Track during the Friday Night Dirt Duels presented by New England Racing Fuel as they are used to prep the new 0.25-mile dirt track in between racing action. They'll also be on display in the Fan Zone, located in the S2 lot, throughout race weekend in a 3,000-square-foot Roxor display.

Roxor's sponsorship

of the NASCAR Xfinity Series race nearly completes the entitlement sponsorship lineup for New Hampshire Motor Speedway's July race weekend, which already includes the following:

Monster Energy NASCAR Cup Series Foxwoods Resort Casino 301; NASCAR Whelen Modified Tour Eastern Propane and Oil 100;

NASCAR K&N Pro Series East United Site Services 70;

Friday Night Dirt Duels presented by New En-

gland Racing Fuel;

Cape Cod Café Pizza Pole Day.

For ticket information for all 2019 events at New Hampshire Motor Speedway, including the July 19 Friday Night Dirt Duels presented by New England Racing Fuel, the July 19-21 Monster Energy NASCAR Cup Series Foxwoods Resort Casino 301 race weekend and the Sept. 20-21 Full Throttle Fall Weekend, visit the speedway web site at NHMS.com or call fan relations at 783-4931.

## Strout

FROM PAGE B1

she has become.

"The sport became something we worked so

hard at, not only for ourselves, but because we truly cared for one another," said Strout. "We became a family. It was so important to do our

part and stick together as a team no matter the outcome of the game. Those are the moments I will never forget and truly shape who I became."



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Located just off Route 104 in the **Smoke Rise Development** on the shores of **Lake Pemigewasset** on Smoke Rise Road, a total of 8.49± acres will be sold. The 7 wooded lots will be sold as 2 groups of 3 lots and 1 single lot. Selling individually is Lot 29 which consists of 1± acre and is located directly across from the shared lake access. Lots 7, 8 & 10 total 3.68± acres and lots 35, 36 & 38 total 3.81± acres and will be sold as packages. Lots 7, 35, & 38 have frontage on Route 104. All lots are zoned General Residential. Tax Map U08. Combined assessed value is \$383,200.

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**Ossipee, \$316,500**  
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**Ellen Karnan**  
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**Meredith, \$174,900**  
NEW TO MARKET! Desirable Meredith location, 3-bedroom Ranch with partially finished lower level. Very private backyard.  
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**Ashland, 45,900**  
Great 2.9-acre building lot at end of a cul-de-sac, beautiful country setting to build your dream home.  
**Bruno Coppola**  
603.244.9544

**Gilford \$375,000**  
History, charm, and character are abundant in this wonderful home. #4763634  
**Judy McShane**  
603-387-4509 &  
**Mel McShane**  
603-273-1937

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**ALLEN ROAD \$229,000**

**MOULTONBOROUGH:** Sited on the grounds of Bald Peak Colony Club, this home enjoys fantastic views of the 14th green & fairway and maintains a classic style with fireplace, 3-season porch & more.  
**VIEW DRIVE \$1,200,000**

**LAND**

**WOLFEBORO:** 34 acre parcel with frontage on Rt. 28 & Rt. 109 and conveniently located close to Rt. 16 for easy commuting. There are also multiple engineering & construction approvals and 5 wells.  
**CENTER STREET .....\$249,000**

**MOULTONBOROUGH:** This fantastic lot in Moultonborough offers .51 acres with 278 feet of road frontage and is located just off Whittier Highway, close to the center of town and Moultonborough Airport.  
**EVANS ROAD .....\$39,000**

**TUFTONBORO:** This 1.32 acre lot with 245' feet of waterfront offers the best of both worlds with a quiet cove location and access to the main part of the lake.  
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**LACONIA:** Waterfront 1 BR condo at Pier III, recently refinished w/ deck.  
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**GILFORD:** Great location! 3-BR, 2-BA ranch w/ walkout lower level on 1.77 acres  
**\$184,000 #4763549**

**LACONIA:** Gorgeous home w/ modern upgrades and finishes & sun-filled deck.  
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**NEW HAMPTON:** 3-BR, 1<sup>st</sup> flr. master, 3-BA w/ farmers porch & garage. Near I-93.  
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**BELMONT:** Remodeled 3+ BR cape on corner lot w/ massive 3,500 sf 5 bay garage.  
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**BELMONT:** Affordable WF lot on Silver Lake. Cleared lot with garage for storage.  
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**PLYMOUTH:** New kitchen, furnace, HW floors, metal roof, gutters, vinyl siding & patio.  
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**LACONIA:** 3-BR water access home w/ bonus room and unfinished basement.  
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### General Help Wanted

**Teacher**  
 Sandwich Children's Center has an immediate opening. Looking for a caring person who adores children and being outside!! 20 to 30 hours per week. Could be a permanent position in the fall. call Susan at 284-7014.

### Part-Time Help Wanted

Male consumer in Meredith is seeking assistance Thursday, Friday, and Sunday evenings from 5pm to 11pm. Needs assistance with personal care, dinner, transfers into bed and service dog assistance. Please contact Ashley at 603-568-4930 for more information.

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**As the world's largest manufacturer of protective gear for firefighters, Globe has proudly served our nation's heroes for more than 130 years. Our mission is quite simple: TO PROTECT THOSE THAT PROTECT US**

Are you looking for a role you can be proud of? Join us!

**Starting Pay: \$12.00 per hour, 15% Shift Differential for 2nd Shift**

We also offer a comprehensive benefit package, including Health & Dental Insurance, Short Term Disability, Long Term Disability, Life Insurance, 401K, 10 paid holidays, paid vacation time, paid sick time, and many other incentives!

**PRODUCTION ASSOCIATES are needed in the following areas:**  
 Stitching  
 Prep  
 Bagging  
 Cutting

All positions require successful completion of a background check.

For immediate consideration, please come to 37 Loudon Rd. Pittsfield NH, Monday – Friday, 8:30am-5:00pm to complete an application or contact Human Resources at [GlobeHR@globefiresuits.com](mailto:GlobeHR@globefiresuits.com)

*GLOBE Manufacturing/MSA is Equal Employment Opportunity/Affirmative Action Employer. Minorities/Females/Individuals with Disabilities/Protected Veterans*

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From the Lakes Region to the Great North Woods.

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**Tuba City Regional Health Care Corporation**

*Have a Career that Changes Lives*

Live and work on the beautiful Navajo Reservation, near national parks and forests, canyon country, ski area a day trip away.

The unique community of Tuba City offers a culturally rich environment and a rewarding career in an underserved area.

**Emergency Physicians CAREERS**

- Very close, collaborative medical staff
- Loan Repayment Program through NHSC
- \$25K Sign-on bonus

For more information contact  
**TCRHCHR@tchealth.org or 928-283-2432**

# TOWN•TO•TOWN CLASSIFIEDS



**Alvin J. COLEMAN & Son, Inc.** Established 1940  
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Office (603) 447-5936 • Fax (603) 447-5839

## TRUCK DRIVERS WANTED

- CDL Qualified
- 2-years experience
- Construction experience a plus

**Please call:**  
**(603) 447-5936 Ext. 307**

Gorham, Conway, Ossipee, Concord, & Bethel Me



### JOB OPPORTUNITIES

**\*SIGN ON BONUS!**  
**Full-Time**  
**\*RNs**  
with two years' experience or  
**\*MT / MLT**

**Additional Full-Time Opportunities**

Radiologic Technologist	Coding Supervisor
Ultrasound / Echo Technologist	

**Part-Time Opportunities**

Perioperative RN	Hospital Information Clerk
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**Per-Diem Opportunities**

Certified Surgical Technician	LNA
ED Technician	Unit Secretary
RN	Perioperative RN
Patient Access Representative	

**APPLY ONLINE**  
**WWW.UCVH.ORG**  
Upper Connecticut Valley Hospital  
181 Corliss Lane, Colebrook, NH 03576  
Phone: (603)388-4236  
ucvh-hr@ucvh.org

EOE

### HELP WANTED

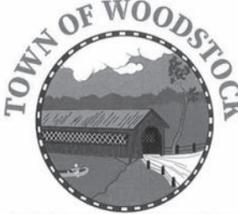
Well established Wolfeboro Landscape Company seeks experienced Landscape laborer and Garden Maintenance Crew members for immediate hire. Must have valid drivers license with good record. If interested, please contact our office @ 603-569-6424 or forward your resume to phil@communitylandscape.com



### Now Hiring!

Full Time Laborers  
Site Foreman  
Heavy Equipment Operators  
Truck Drivers

We offer Competitive Salary based on experience Health Insurance Benefits, Paid Vacation and Paid Holidays Must have Valid Driver's License and OSHA 10 Card Pre-Employment Physical and Drug Screen Required Call Us at (603)539-2333 Email Resume to info@integrityearthworks.com Or find our Application online at integrityearthworks.com



### PUBLIC WORKS DEPARTMENT

**OPENING: FULL-TIME LABORER- ENTRY LEVEL POSITION**  
**PAY RATE: \$15.00/HR PLUS BENEFITS**  
**APPLICATION DEADLINE: UNTIL FILLED**  
**POSITION DESCRIPTION:** Woodstock Public Works is seeking applications for a Full-Time Laborer.

- Duties include laborer work for cemetery, parks, and highway maintenance, including winter operations
- 40 hours per week
- Must be 18 years of age and have a valid NH-CDL driver's license
- 6 - month probationary period
- Pre-employment drug/alcohol screening, physical, criminal background and DMV checks are a condition of employment.

**Applications will be available at the Woodstock Town Office** located at 165 Lost River Road or at the Public Works Garage located at 24 Kancamagus Highway.

*The Town of Woodstock is an Equal Opportunity Employer.*

### BARNSTEAD ELEMENTARY SCHOOL CENTER BARNSTEAD, NH 03225

#### LONG TERM SUBSTITUTE TEACHER

**Grade 5 Long Term Substitute Teacher** – Immediate Opening beginning in the 2019-2020 school year for 12 weeks. Elementary NH Certification required.

Please send the following information: Letter of Intent, Resume', Three (3) Current Letters of Reference, Transcripts and copy of N.H. Certification to:

Timothy Rice, Principal  
Barnstead Elementary School  
91 Maple Street, P.O. Box 289  
Center Barnstead, NH 03225  
(603) 269-5161

# HUNGRY?



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**Call 603-279-4516**  
**salmonpress.com**

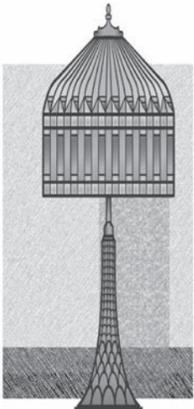


### Full-Time Entry Level Retail Position

Energysavers Inc. is expanding its sales team and looking for its next "Dedicated Sales Advisor". We are a highly recommended 40+ yr old Lakes Region retailer of well known hearth & spa products. You can earn while you learn! No prior experience required. All Energysavers employees are expected to participate in all aspects of the business. Must have a valid driver's license & be able to lift/carry an 80lb min. Hourly pay plus commission. Stop in to fill out an application:

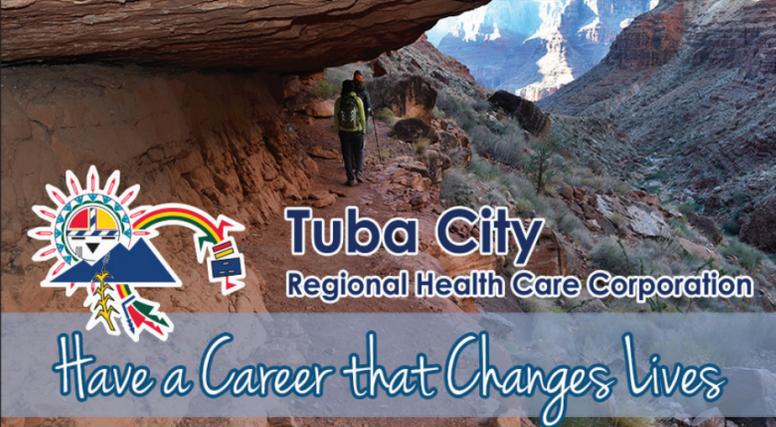
**Energysavers Inc,**  
**163 Daniel Webster Hwy, Meredith NH**

**YOU'VE GOT IT.**



**Somebody else wants it!**  
Got something special you no longer use?  
Sell it in the Classifieds.  
It may just be the perfect item to fill somebody else's need.

**Town-to-Town CLASSIFIEDS**  
**1-877-766-6891**  
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*Have a Career that Changes Lives*

**Live and work on the beautiful Navajo Reservation, near national parks and forests, canyon country, ski area a day trip away.**

The unique community of Tuba City offers a culturally rich environment and a rewarding career in an underserved area.

## Job Opportunities

<p><b>Open Until Filled</b> <b>Nursing</b> Director of Pediatric Unit Director of Oncology Lead Clinical Nurse Clinical Nurse (ER, ICU, ACU, Oncology, OR, PACU, Pediatric, Same Day) Nurse Case Manager</p> <p><b>Allied Health</b> Director of Pharmacy Services Adv. Pharmacist I/II – Oncology Certified Pharmacy Technician Endocardiographer/Sonographer CT Technologist (Dual) Medical Technologist Phlebotomist</p> <p><b>Medical Staff</b> Deputy Chief of Emergency Services Endodontist Hospitalist Internist Nurse Midwife Physical Therapist Physician (Emergency, OB/GYN, Family Medicine)</p>	<p><b>Positions Close on 06/21/2019 @ 5:00 pm</b> Accounts Receivable Specialist I/II Ambulatory Care Program Director Call Center Lead Call Center Manger Certified Medical Assistant Contract Specialist Corporate Compliance Technician Dental Assistant Environmental Services Tech./Maintenance Help Desk Manager Medical Coder I/II/III OR Surgical Technician Patient Benefit Coordinator Performance Improv./Patient Safety Officer Surgical Services Materials Management Specialist Telemedicine Services Coordinator</p> <p><b>Positions Close on 06/28/2019 @ 5:00 pm</b> Accounting Technician I/II Cook (temporary) Environmental Service Technician - SPHC Patient Access Specialist</p>
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**For more information contact**  
**TCRHCCR@tchealth.org or 928-283-2432**

TCRHCC is a Navajo/Indian preference employer. Final candidates selected will be subject to a favorable adjudicated background investigation.

## ROOFERS & LABORERS

Team atmosphere. Must be hardworking, honest, and punctual. Must have your own transportation, a clean driving record and own the required tools needed to perform your daily duties. Pay range \$14-\$20 per hour.

**Benefits: Paid Holidays, Dental + Vision, Earned Paid Time Off.**



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**Call our toll-free number 1-877-766-6891**  
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in 11 papers next week!



# Lakes Region hoop camp at PMHS starting July 29

ALTON — Lakes Region Boys' and Girls' High School Basketball Camp will take place July 29 through Aug. 2 from 6 to 8:30 p.m. each evening at the Prospect Mountain High School gym.

The camp is open to boys and girls entering grades nine through 12 and coaching staff is made up of current varsity coaches from Prospect Mountain and other New Hampshire high schools.

Focus points will revolve around offensive strategy, both individual and team. Participants are asked to not wear jewelry and watches and not chew gum. Sneakers are required, shorts and t-shirts are recommended. The camp will have warm up and group drills from 6 to 6:35 p.m., individual player work with coaches from 6:35 to 7:15 p.m., drills and mini competition from 7:15 to 7:45 p.m. and team games from 7:45 to 8:30 p.m.

Checks can be made payable to Joe Faragher, PayPal and/or Venmo are encouraged to secure early registration. Registration will be available at the door if space is available.

E-mail [joefaragher88@yahoo.com](mailto:joefaragher88@yahoo.com) or call 440-821-1381 with any questions.



**Art in the Park**  
2019  
A Festive Two Day Event  
Saturday August 3rd, 10 - 4  
Sunday August 4th, 10 - 4

**Schouler Park, Rte 16  
North Conway Village, NH**

**Food Trucks:**  
-Ice Cream  
-Kettle Korn  
-Pretzels  
-Hot Dogs  
-Gluten-Free Tacos

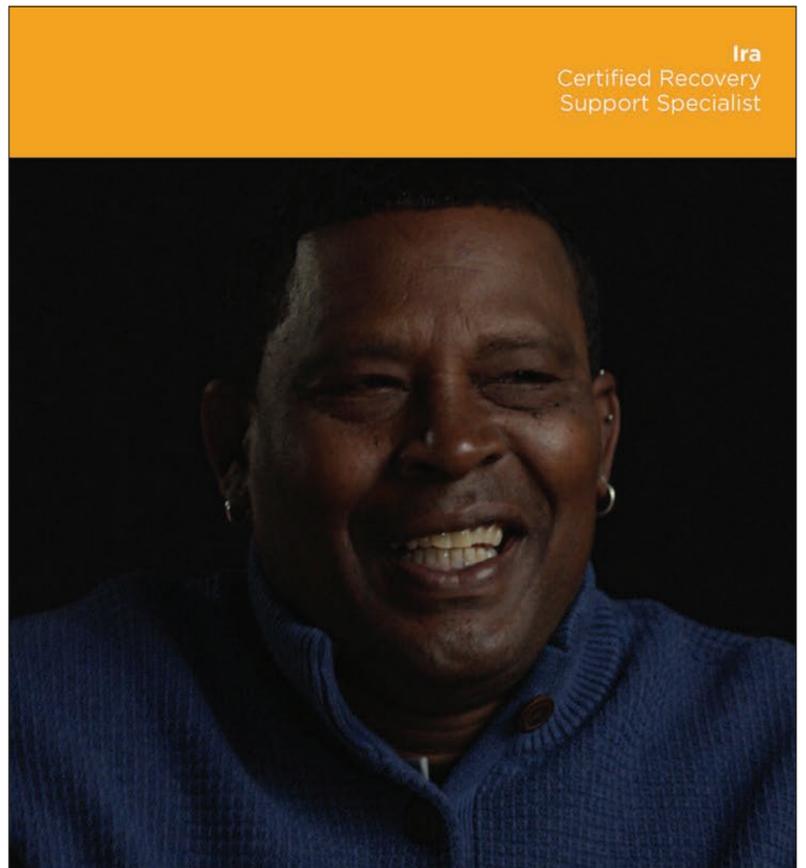
**60 Artists & Artisans**

Kids Art Activity Booth  
Silent Auction & Raffle  
Items at MWV Arts Booth

**Music Tent Featuring:**

<b>Sat</b>	<b>Sun</b>
Rockin' Daddios	Bear Mountain Band
Dennis & Davey	Dennis & Davey
Jonathan Sarty & Ray Ryan	Jonathan Sarty & Ray Ryan

Mt. Washington Valley **arts** ASSOCIATION  
mwwarts.org - 603-356-7711




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**THE DOORWAY**

at LRGHealthcare      at Concord Hospital  
Highland Street      40 Pleasant St.  
Laconia, NH 03246      Concord, NH 03301

For information on alcohol and drug issues  
visit [theDoorway.NH.gov](http://theDoorway.NH.gov) OR Call 2-1-1.



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