

Cold front doesn't deter competitors in Lakes Region Triathlon

BY DONNA RHODES
drhodes@salmonpress.news

BRISTOL – Tritanium Sports hosted their fourth annual Lakes Region Triathlon last weekend, where determined athletes came to swim, bike and run their way in and around Newfound Lake.

The event was held once again at Wellington Beach, and began with the Sprint competition on Saturday morning that included a 350-yard swim in the lake, followed by a 16-mile bike ride around the Newfound Lake and finished with a 5K run along the shore through



After a swim in Newfound Lake, participants in both the Lakes Region Triathlon's Saturday Sprint and Sunday's Olympic competitions were then challenged with a bike race around Newfound Lake, followed by a run of either 5K on Saturday and 10K on Sunday.

DONNA RHODES

the finish line as they rounded the final buoy. From there, it was all smooth sailing though, as competitors hit the pavement for the bike ride and run as the winds from an incoming weather front finally calmed.

Jana Loughlin, a co-director of the triathlon with her dad Jan, said 130 people signed up for the Sprint challenge and she was pleased it turned out to be such a great event, despised the challenging winds.

The weekend wasn't done then, however. On Sunday morning, another 60 or more Olympic Triathletes showed up to take on the greater challenges of a 1,500-meter swim, a 32-mile bike ride (twice around Newfound Lake) then a 10K

SEE TRIATHLON, PAGE A14

Bristol offers public tours of potential future town hall

BY THOMAS P. CALDWELL
Contributing Writer

BRISTOL — Public tours of the former Newfound Family Practice at the intersection of School and Summer streets are scheduled for Monday, Oct. 1, and Saturday, Oct. 6, so taxpayers have an opportunity to see the building that town officials hope to purchase as a new municipal building.

Barbara Greenwood, who serves on the space needs committee, said there will be tours at 9

a.m. and 6 p.m. on Oct. 1, and at 10 a.m. and 1 p.m. on the 6th. She said people may also contact her for tours at other times.

A public hearing on the proposed purchase is scheduled for Tuesday, Oct. 9, at the Old Town Hall on Summer Street.

Selectmen have petitioned Grafton County Superior Court for permission to hold a special town meeting on Thursday, Nov. 1, when voters will be asked to purchase the building from LRG-

SEE TOWN HALL, PAGE A13

Bristol, Alexandria and part of Hebron.

Water temperatures were still balmy at 9 a.m. on Saturday morning, but winds kicked in before race time and whipped up waves

on the lake that made those 350-yards in the lake seem much longer.

"Those winds were brutal," commented one competitor afterward.

While it made for a

tough swim into the wind to round the first buoy, then pushed against them as they swam parallel to the beach, the winds did serve to boost the swimmers back toward

Residents seek to halt renovation of Hebron Academy

BY THOMAS P. CALDWELL
Contributing Writer

HEBRON — A group of residents that is seeking an alternative approach to the renovations underway at the Hebron Academy failed to win a federal court injunction to



THOMAS CALDWELL

The Hebron Academy building has been raised in order to put a concrete basement under it.

Circle Program awards rice meal donation to Families in Transition

PLYMOUTH — There has been a long-standing practice at Circle Camp for the girls to eat a meal of plain rice, once per session. This is Circle's "rice meal" tradition. Circle girls make this personal sacrifice in order to give back to the community by donating money that would otherwise have been spent on a full meal. Each year, the girls choose a different local non-profit organiza-



COURTESY

Niamiah, Amani (Circle Girls) and Michele Talwani, Families in Transition's Vice President of Economic Development and Marketing.

tion to be the recipient of their philanthropy. This year's chosen beneficiary was Families in Transition.

After considering a list of several possible organizations, the girls were given a chance to speak in favor of their personal choice. One of our teens, Niamiah, stood up in front of the entire camp to advocate

in favor of donating to Families in Transition (FIT). She shared that she knew of a certain family's struggle with homelessness and how they were helped by a similar organization. Niamiah's gratitude towards those that helped her friends inspired her desire to help others in a difficult position.

SEE DONATION, PAGE A13

halt the project, but lead plaintiff Jonathan Karlsen said their attorneys are preparing a more detailed argument to convince the judge that what voters approved in 2017 would violate the criteria set out for historic districts.

Town officials, meanwhile, are asking the U.S. District Court to dismiss the case and award the town legal fees to cover its costs in defending against the civil lawsuit.

In their filing with the court, the plaintiffs — Karlsen, John Hilson, William Nobles Jr., and Gordon Mat-

thews — argued that raising the building, removing the foundation stones, and creating a poured-concrete basement would create "irreversible destruction to the historic fabric of the Hebron Academy Building."

U.S. District Judge Landya McCafferty issued an order on Sept. 4, finding that the plaintiffs had failed to identify the historic preservation guidelines they say are being violated by the town, or how the addition of a poured concrete foundation would fail to meet those guidelines.

"More importantly, the petition does not explain how these guidelines entitle the plaintiffs to bring this lawsuit," McCafferty wrote.

"In light of plaintiffs' failure to show a likelihood of success on the merits or irreparable harm, the court need not discuss the remaining factors," the ruling concluded. "Plaintiffs' request for a temporary restraining order is denied."

History of the project

The renovation and expansion plan that

SEE RENOVATION, PAGE A13



COURTESY

Special delivery

On Friday the 14th of September, the Newfound Memorial Middle School Student Council’s committee of Community Outreach baked cookies for the local fire department. The committee of three — Savannah Muzzey of Bristol, Rylee Barney of Bridgewater, and Lily Karkheck of Bridgewater — wanted to thank the Bristol Fire Department for all their service, especially after the Beech Street fire. The Bristol firemen were very appreciative of the thank you and enjoyed their cookies.

Experts shed light on human trafficking in NH at PSU Conference

BY MEGAN CARTER
Graduate Student
Plymouth State University

PLYMOUTH — Plymouth State University recently hosted a workshop on human trafficking in New Hampshire. Called, “Human Trafficking: Research and Prevention Efforts in New Hampshire” – the conference was open to members of the PSU community and to the public. Robin Dorff, Ph.D., Provost and Vice President of Academic Affairs at PSU, introduced the conference topic of human trafficking, and said it is an “unbelievably difficult and complex problem.” Human trafficking does in fact happen in New Hampshire and can

be tied to the opioid epidemic. Victims do not often seek the help of police, or even identify as trafficking victims, said Mike Posanka, Resident Agent in Charge (RAC) for Homeland Security Investigations, making trained social workers and mental health workers crucial in solving this problem. Therapist Natalie Glisson of Riverbend Community Mental Health said that human trafficking survivors suffer mental and physical effects of trauma. While victims may seek medical attention, they often omit key information that may help healthcare professionals identify them as human trafficking survivors.

Therefore, it is extremely important for mental health professionals to develop trust and empathy with clients to assist them in getting the help they need. Rebecca Ayling, social worker and project director of the New Hampshire Human Trafficking Collaborative Task Force, said collaboration across various sectors is imperative to addressing the human trafficking issues and supporting survivors. “Healthcare professionals are an extremely important piece of the puzzle, especially as these services may be disrupted because many survivors are transient,” said Ayling. “Working with survivors to set up preventative services and measures for them in advance is vital.” The cycle of power and control greatly impacted the life of Darlene Pawlik, human trafficking survivor, victim advocate, author and speaker. Sold into prostitution at age 13, she faced abuse, danger, and lost faith in her community. Pawlik

had to learn to trust mental health professionals and teachers in order to find her way out. “[But] the doorway is different for everyone,” said Pawlik. The “Human Trafficking: Research and Prevention Efforts in New Hampshire” conference was co-sponsored by the faculty of PSU’s Criminal Justice and Counselor Education and School Psychology (CESP) programs. More than 150 PSU students, faculty, staff and members of the greater community attended the conference, and came away with important information about this complex situation. PSU student Laura Urie was surprised to learn that the line between human trafficker and victim is often not clear. “There is such a grey area that exists in the relationship between the two, and I did not expect to hear how blurry the line is and the difficulty it causes for the victim,” said Urie.

Bristol police log

BRISTOL — The Bristol Police Department handled 148 calls for service, resulting in 10 arrests, and 18 criminal offense investigations from Aug. 31 to Sept. 14. Officers also performed 60 motor vehicle stops, investigated six motor vehicle accidents, conducted 88 directed enforcement patrols and foot patrols, and conducted 480 business, vacation, and property checks. Other call reasons included domestic disturbances, domestic violence order services, restraining order violations, criminal threatening, drug activity complaints, drug investigations, warrant checks, sex offender registrations, criminal investigation follow-ups, intoxicated persons, noise complaints, shots fired complaints, suspicious vehicles, suspicious persons, 911 hang up calls, building fire, motor vehicle complaints, mental health issues, welfare checks, loitering, residential alarms, business alarms, harassment complaints,

telephone fraud, animal complaints, road hazards, dog bite, motorist assists, assist probation and parole, assist other local agencies, assist state police, juvenile complaints, runaway juvenile, paperwork services, and assist the fire department. Arrested during this time period were Peter Sorel, age 54, on two counts of Stalking; Andre Bierre, age 56, for Domestic Violence/Simple Assault; Mark Smith, age 54, for Driving After Suspension and Disobeying an Officer; William Steinhagen, age 39, in connection with multiple outstanding warrants; Robert Conlon, age 34, in connection with an outstanding warrant; Caitlin Fillion, age 29, for Counterfeiting/Forgery; and Emilee Madden, age 30, for Criminal Mischief, Criminal Trespassing, and Criminal Threatening. A 58-year-old male and a 25-year-old male were taken into protective custody for intoxication.

Special Meet & Greet event planned for Newfound alumni

BRISTOL — Join in a free event for “all” Newfound Regional High School alumni during a special Meet & Greet at Wellington State Park Saturday, Sept. 29 from 10 a.m. – 2 p.m. Free park admission for all Newfound Alumni. The “Duck Nest” Pa-

vilion, on the east end of Wellington’s beach, is reserved for all Newfound alumni! Paddle craft, refreshments, “Little Sugarloaf” hike. Bring your family, and your own lunch and enjoy the day! Call your classmates! Your alumni association guarantees a beautiful day!

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Our Breast Cancer Awareness special section is dedicated to understanding, preventing and coping with breast cancer.

Experts agree that increasing awareness, education and support is the best way to encourage early detection and life- saving outcomes, so look for your copy of this important special section right here starting on Wednesday, October 3rd.

* Statistic from National Breast Cancer Foundation

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NH Solar Shares Equinox Extravaganza volunteer work day a big success

PLYMOUTH — More than 25 volunteers arrived Saturday morning, the first day of Fall, to help prep the donated space on the hillside next to Frosty Scoops for NH Solar Shares' first community solar PV array. With tools in hand volunteers, leveled the dirt, back-filled around the new concrete pads, moved woodchips around the earth screws that Revision Energy recently installed and cleared the hilltop picnic spot that overlooks the soon to become solar picnic area and the Common Man Inn.

Fueled by donated coffee from Dunkin Donuts, an early business sponsor, and veggie burgers from the Common Man, the vol-



More than 25 volunteers arrived Saturday morning, the first day of Fall, to help prep the donated space on the hillside next to Frosty Scoops for NH Solar Shares' first community solar PV array.

unteers were able to accomplish a lot of site work including a short nature trail behind the solar arrays. By the end of October, two pic-

nic pavilions housing 21 solar panels each and three steel ground mounted arrays with 16 panels each will generate clean renewable

energy for households who wouldn't otherwise have access to solar energy and the savings it produces. "The community

support has been amazing, I can't stop smiling today watching how hard everyone is working. There's no doubt about it, people in our community care about the environment and each other!" said Sandra Jones, project manager and director of the Plymouth Area Renew-

able Energy Initiative. The project leaders, contractors and volunteers are committed to finishing the project by Oct. 31, the deadline for the US Department of Energy's Community Solar Challenge. This one of a kind project is positioned well to compete in the \$100,000 national prize competition. If NH Solar Shares wins, organizers say the funds will go to building two more solar projects in the region. The Plymouth NH Solar Shares project has been made possible in part by grants from the NH Renewable Energy Fund, the NH Charitable Fund, the NH Community Development Finance Authority Business Tax Credit Program and the NH Electric Cooperative Foundation. To learn more, volunteer or to donate, visit www.nhsolarshares.org.

Sheriff's Department warns of new phone scam

REGION — The Grafton County Sheriff's Department has been made aware of a very concerning scam involving a fraudulent caller who claims he is a sergeant or a deputy with the department. This scammer threatens community members and demands money or personal information. According to reports, the caller will state that this individual missed jury duty or some sort of civil or criminal obligation. In some instances,

it appears that the scammer claims the party is able to resolve the matter by sending money orders or pre-paid credit cards. In other instances, the scammer will require a person to actually meet at the Grafton County Sheriff's Campus to resolve the matter. Community members should know that this scam has been reported several times throughout Grafton County. Scammers often use fake caller ID infor-

mation to trick you into thinking they are someone local or someone you trust, like a government agency or police department, or a company you do business with, like your bank or cable provider. The practice is called caller ID spoofing, and scammers don't care whose phone number they use. One of the numbers being used by the scammer is 787-2111; this is a legitimate Sheriff's Department phone number. Then the scam-

mers will ask you to call 2594590; this number is not associated with the Grafton County Sheriff's Department. Anytime that a person receives a call and is asked in any way to send money, you should immediately be suspicious and avoid complying. Please call the Grafton County Sheriff's Department at 787-2111 (or 911 in the event of an emergency) if you have any questions or concerns.

PSU earns national honors for workplace wellness

PSU honored as one of the most active and healthiest workplaces in the country by two national organizations

PLYMOUTH — Leading the way nationally in workplace wellness, Plymouth State University (PSU) was once again recognized by the Wellness Council of America (WELCOA) as one of the Top 25 most active workplaces in its On the Move Company Challenge. PSU was one of 42 businesses and organizations nationwide, representing 59,618 employees, to participate in the 12-week challenge, which began April 1 and concluded June 30.

Plymouth State's "Healthy PSU" program supports a culture of health by providing collaborative leadership, education, planning and evaluation for health and well-being, to create a healthy, thriving campus community. The On the Move Challenge encouraged employees to move more, sit less and thrive throughout the workday. Employees tracked their physical activities, set goals to improve their health behaviors, boosted colleagues while also learn-



The American Heart Association presented the Workplace Health Achievement Award to Plymouth State University at PSU's Second Annual Healthy Living Symposium. (L-R): Accepting the award on behalf of PSU were Denise Normandin, director, Healthy PSU Program, Robin Dorff, provost, and Donald Bix, president; Presenting the award from the American Heart Association were Caela Goumas, staff member, and Chris Sharpe, chairperson of the AHA NH board of directors.

ing mindful approaches towards total well-being. In addition to the On the Move Top 25 design-

nation, PSU recently received national recognition from the American Heart Association

(AHA) with a bronze-level 2018 Workplace Health Achievement Award for workplaces with 250 to 749 employees. The AHA has defined best practices for employers to use to build a culture of health for their employees in the workplace. The AHA's Workplace Health Achievement Index measures the extent to which organizations have implemented those workplace health best

SEE WELLNESS, PAGE A14



LEIGH SHARPS

Browsing for books

Alex Bradley, age six, of New Hampton enjoys her finds at the Ashland Library's recent book sale.

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Strategies for Living

The Billy Graham Legacy

BY LARRY SCOTT

It was Sunday evening, Aug. 12, 1973, and Chuck Colson was in Boston enroute to the home of Tom Phillips, President of Raytheon, and a good friend.

Chuck, caught up in the throes of the Watergate scandal, needed just such a friend. On the screened-in porch over a tall glass of iced tea, Tom got straight to the point. "Tell me, Chuck, are you doing okay? Not excited about discussing his own rapidly-collapsing world, Chuck said, "I'm not doing too badly, I guess. ... But I'd rather talk about you, Tom. You've changed and I'd like to know what happened."

"The success came, all right but something was missing," Tom responded. "I felt a terrible emptiness." "I don't understand it," Colson interrupted. "I knew you in those days. You were a straight arrow ... everything in fact going your way" (from Colson, Born Again, p. 109).

"All that may be true, Chuck, but my life wasn't complete. ... I began to read the Scriptures, looking for answers. Something made me realize I needed a personal relationship with God. ... One night I was in New York on business and noticed that Billy Graham was having a Crusade in Madison Square Garden. ... What Graham said that night put it all into place for me. ... I saw what was missing, the personal relationship with Jesus Christ. ... So I did it – that very night at the crusade. ... I asked Christ to come into my life and I could feel His presence with me, His peace within me."

"Then I went out for a walk alone on the streets of New York. I never liked New York before, but this night it was beautiful. I walked for blocks and blocks, I guess. Everything seemed different to me. It was raining softly and the city lights created a golden glow. Something had happened to me and I knew it" (Ibid, p. 110).

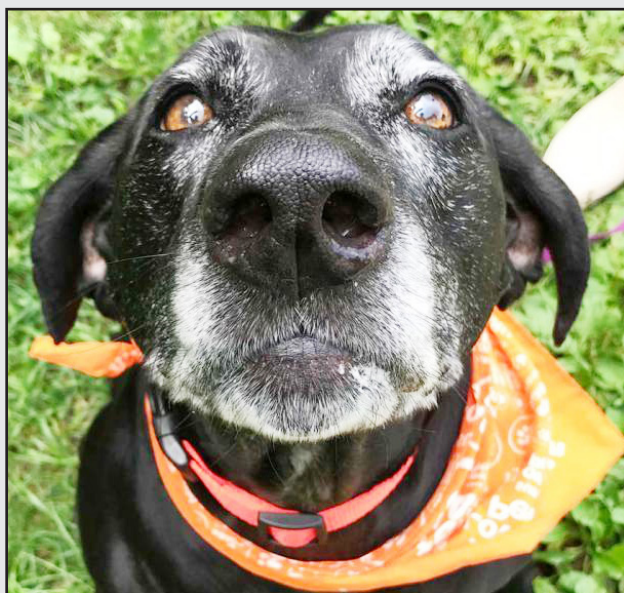
Tom Phillips had hit a nerve that evening, and Chuck knew it. On his way home, tears streaming down his face, he pulled to the side of the road and prayed, "God, I don't know how to find You, but I'm going to try! I'm not much the way I am now, but somehow I want to give myself to you." And on the following Friday, Aug. 17, 1973, Colson did it. "Lord Jesus, I believe You. I accept You. Please come into my life. I commit it to You" (Ibid. p. 130). And the rest, as they say, is history.

A "jailhouse conversion?" you ask. No matter; we were all in trouble before we came to Christ, for sin is an unrelenting and life-destroying taskmaster. That was Billy Graham's message and the clear message of the New Testament. But conversion to Jesus Christ is real, and the change that comes into the life of every new believer is indescribable; it must be experienced to be understood. It is, indeed, the greatest miracle I have ever seen, and it is up to each of us to respond to the question of the ages: What are you going to do with Jesus Christ? Your turn!

You want to talk about it? Hit me up at rlarryscott@gmail.com.

PET of the Week Vanessa Mae

Vanessa Mae, our pet of the week, is an 8 year old Weimeraner-greyhound lab mix who came to us a couple of months ago because her family, although very loving, could not provide her with the medical care she needed. She is now healed and ready for her next adventure with her forever family, could it be yours? Greying around the jowls gives her that extra expression of the deep wisdom and soulfulness that emanates from her deep



chocolate brown eyes. Vanessa is very smart and communicative as she has a lot of stories



to tell you when you do visit with her and is still very energetic and extremely loving to the right family who has children over 12. Her nose does lead her adventurous exploratory spirit and she does enjoy the company of other dogs and enjoys a good game of chase with cats. Like a lot of labs, she is very food motivated making her additional training a tasty good time. For more information visit nhhumane.org or call 524 3252.

Once again, dear readers, to the desktop piles we go

Every now and then, I get the chance to delve into various piles of clippings and Notes to Self, the contents of which sometimes startle even me. Ergo:

While recuperating from surgery (six operations, no less, on the same leg), I reached for a pair of scissors to cut some items out of the Aug. 17

NORTH COUNTRY NOTEBOOK

By JOHN HARRIGAN



issue of the Union Leader, to no avail. They were Pilot G-2-07 Nurse's safety scissors. This label did not explain whether the scissors were meant to keep the nurses safe, or from what.

Anyway, the clippings were meant to illustrate the old French saying, "The more things change, the more they stay the same" (it sounds much better in French). The items reported fights in and around Manchester's Victory Park, and various problems in what have long been known as the Tree

Streets--the same kind of stuff I was reporting on so very long ago for the New Hampshire Sunday News.

+++++

One evening, it was there, the next morning it was gone. At some point while I had visitors SEE **NOTEBOOK**, PAGE A6

Letters to the Editor

See for yourself why proposed town office building is the right move

To the Editor:

Recently, we had the opportunity to take a tour of the proposed new Town Office building. We believe this is an opportunity for the Town employees and citizens to have a place to conduct business that will function for all at a cost that is far more reasonable than the proposed construction of a new building.

We believe that the amazing coincidence of the Laconia Hospital building becoming available at this time is the right solution for Bristol. The building is in good repair, having recently had a new roof and windows. It has much easier access to the first floor which will have all the public facing functions. It has far more functional space for the current Town administration employees and storage of all necessary files. It will provide the opportunity for citizens to meet in private when that is appropriate and for the various boards to meet in space large enough to accommodate the public without being crowded. We understand it may also function as a polling site for the Town.

There are some very compelling reasons why the purchase of this building at this time makes fiscal and practical sense. The building is being offered at a fair price, below the Town's assessed value. It has adequate parking, it is centrally located and although there are renovation requirements, the cost is much

more reasonable overall than the cost of new construction. Ultimately, it will eventually allow us the opportunity to upgrade the police station which is in desperate need of modernization.

Finally, the building is available at a reasonable cost to the Town, and if we don't purchase it, we cannot control what might happen if or when it is sold to a private enterprise.

The Town is offering tours of the building in October. Please take time to visit and tour the building on Monday, Oct. 1 at 10 a.m. and 1 p.m. and Saturday, Oct. 6 at 10 a.m. and 1 p.m. You will have an opportunity to get your questions about the building and the proposed renovations answered and to see for yourself the potential for creating a space that works for employees and citizens.

Watch for notification of public hearings in advance of the special Town Meeting proposed for Thursday, Nov. 1, and plan to join your fellow Bristolians to cast your positive vote.

Lorraine Bohmiller
Janet Cavanagh
Rosemary D'Arcy
Nancy Dowey
Barbara Greenwood
Bristol

The Consumer Price Index should not be used as a basis for budgeting

To the Editor:

In New Hampshire, Municipal and School budget season is once again upon us. So, what does this mean to you, the average taxpayer and citizen? If you are an average working stiff, you probably won't have time to devote to town or school politics, but you will probably see red when you get your tax bill.

Here in New Hampshire, the bulk of taxes you pay are town property taxes; they are decided by your friends and neighbors who have run and been elected to local budget committees. Most of these people run for office because they have an interest in promoting or opposing local organizations, fire, school, police highway, parks...you get the idea. You may not know these people, but they will have a direct impact on your lifestyle, whether you own or rent property you will be paying taxes, either through mortgages or rent. No one escapes.

One of the biggest and least represented groups

are the elderly. New Hampshire and Maine are the "oldest" states in the nation.

Special interest groups elected to budget committees can't seem to wait to increase wages and benefits for municipal and school employees based upon the 2.7 percent increase in the CPI (consumer price index). To the increasing number of older retired people, that 2.7 percent increase doesn't mean they will be getting ahead of expenses. The CPI is actually a reflection of the increase in the cost of living they have already absorbed on a fixed income — the cost of food, drugs, shelter, heating fuel, and a million other items that force the elderly to choose between medication and meals.

While it may be tempting for budget committees everywhere to use the CPI as a baseline to increase taxes, stop and think about what it will do to those who can least afford those increases.

Paul Simard
Bristol

Newfound Landing

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ESTABLISHED SEPTEMBER 18TH, 2014

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Terri Lynn Akerman, 59

ALEXANDRIA — Terri Lynn Akerman, 59, passed on Sept. 16, 2018 after a period of declining health.

Terri was born on Aug. 9, 1959 in Plymouth to the late Alfred and Marion (Tracy) Gilbert.

Terri grew up in Plymouth and spent the rest of her years in Alexandria, after having met her husband Ricky many years ago. They spent their life together working hard on the farm, raising their children together. She was known throughout town for her amazing cooking and baked goods. She enjoyed long car rides through the countryside while holding her hunny's hand. Terri enjoyed collecting antique buttons, gardening, and feeding the birds. She was a mother and friend to all, a thoughtful and caring person who took people in and made them



part of her family. Her children and grandchildren were her greatest joys. She adored her dog Grace and her grand dog Bella Mae. She will be missed dearly by her friends and family.

Surviving family members include husband of 26 years, Ricky Akerman; daughter Leah Ambrose and fiancé Brodie Ingalls with her children, Taylor, Devin and wife Kirsten, with (great granddaughter) Aurora; daughter Charelle Lucas and husband, Glen, with children, Glen and Charles; daughter Twila Gilbert

and children, Leighanna and Abrielle; son Harold Ingalls and children, Mason and Savannah; daughter Amanda Gilbert; son Richard Akerman; son Brandon Akerman and wife Selina with children, Kaelan, Anarah and Clayton; son Shane Lindeau and wife Kelly with children, Kyle, Brianna and Alexia; Terri's sisters, Paula Hogan, Debra Jolicoeur, Lori Hodgins and chosen sister, predeceased, Emily Vallee, along with many other extended family members.

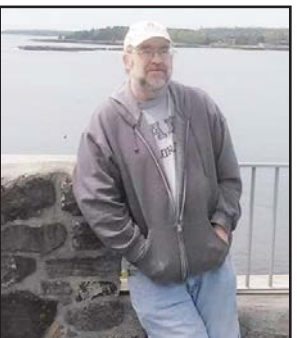
A celebration of Terri's life will be held on Sunday, Sept. 30 from 11 a.m.-3 p.m. at Terri and Ricky's home in Alexandria to share memories and pay respects.

As an expression of sympathy, memorial contributions may be sent to The American Cancer Society.

BRISTOL — Stephen A. Nelson, 59, died Thursday, Sept. 20, 2018 at Concord Hospital.

He was born and raised in Concord, the son of Malcolm and Joyce (Marcoux) Nelson. He graduated from Concord High School in 1977 and Granite State College with a BS in Criminal Justice. Prior to retiring, he worked as a Counselor Case Manager for the New Hampshire Department of Corrections at the men's prison in Concord.

In 1996, Stephen moved to Bristol, where he and his wife Candi raised their family. Stephen enjoyed the beauty



of nature through family camping trips, scenic drives, and trips to the ocean to see the lighthouses and different forts on the coast. He enjoyed football and especially loved to watch his sons play for Newfound.

Family members include his wife, Candi (Mauro) Nelson, and two sons, Aaron and Adam

Nelson, all of Bristol; two sisters, Debbie Nelson of Concord and Sherrie (Keith) Hoover of Wolfeboro; a brother, Chris Nelson of Rochester; and nieces and nephews.

Friends are invited to join the family for a praise and worship celebration of life on Sunday, Sept. 30, 2018 from 2-4 p.m. at the Slim Baker Lodge, New Chester Road, Bristol. Dress is casual. In lieu of flowers, donations may be made in his memory to the Friends of Newfound Football, PO Box 52, Bristol, NH 03222 or Stand Up Newfound, c/o TTCC, 30 North Main St., Bristol, NH 03222.

Towns

Alexandria

Merry Ruggiello 744-5383
sunshine_eyes51@yahoo.com

Welcome to Fall, everyone! I've seen a little color splashed here and there, so it won't belong before our mountains are wearing their seasonal blanket of red, yellow, brown and orange. Ayuh, and then it'll be time to dig out the rakes to make mounds of this years leaves, mow and clip the lawn one last time and begin to think about what's to come. Well, let's perish that thought for a while because it will all happen in due time!

Town

Board of Selectmen Meeting Tuesday, Oct. 2 at 6 p.m. in the Municipal Building.

The Budget Committee has been meeting to work on the figures for next years budget. Stay tuned for dates when the crunching begins with meetings with Department Heads.

The Conservation Commission will be holding another Roadside Pickup on Saturday, Oct. 6. Everyone will meet at the Municipal Building at 9:45 a.m. to begin the pickup. This will be the last scheduled pickup for this year. Thank you from the CC for those who have helped on

those days, and other times in between.

The CARE Group will be selling Sportsman's Raffle Tickets at Skip's Gun Shop in Bristol from 10 a.m. until 2 p.m. on Saturday, Sept. 29. Tickets are \$10 each, and the Grand Prize is a \$750 Gift Certificate to Skip's. Tickets are selling fast, so come on down and get yours! The winning ticket will be drawn on Monday, Oct. 8.

Alexandria UMC

Thursday, Sept. 27, Office Hours and Visitation from 11 a.m. until 6 p.m. Nomination Committee will meet at 6 p.m. to choose Committees for the ensuing year. The Faith Formation Group, Adult Bible Study will meet at 7 p.m.

Sunday, Sept. 30, worship will begin at 9 a.m., and will be based on Psalm 124.

Saturday, Oct. 6 will be our Community Dinner. On the menu will be roast pork, potatoes, vegetable, beverages and dessert. Come join us for a delicious meal, laughter and great companionship. A note to "my ladies," if it's cool outside, I'll light the fire in the wood stove.

Time for me to move on to my next adventure of the day. In a few weeks, I'm going bionic with a hip replacement,

so things have to be in order for when I have to be "still" and recover. Don't you worry, I'm planning on being here every week, keeping in touch. This may slow me down, but I am determined certain things will be done! Have a wonderful week ahead. Smile, be safe, be kind with your words and perform a random act of kindness!

Danbury

Donna Sprague
huntoonfarm@myfairpoint.net

South Danbury Church

The South Danbury Church Sunday worship is at 11 a.m., with conversation and refreshments afterward. Everyone is welcome!

Friday, Oct. 12 is a performance by Keegan Farr. The 13th is their Pie and Cookbook Sale. They are accepting donations of cookbooks in good condition and yummy baked goods too.

Grange Benefit Yard Sale

Saturday, Sept. 29 from 10 a.m. to 1 p.m., the grange will host a benefit yard sale for Toni Lopez, daughter of Evelyn and the late Alan Brownell. Toni is undergoing treatments for leukemia and is away from her family as she battles

SEE TOWNS, PAGE A6

2018 SalmonPress
Holiday Gift
GUIDE

Guide Published
Thursday, November 15th

in the Record Enterprise, Newfound Landing, Meredith News, Gilford Steamer, and Winnisquam Echo!

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Towns

FROM PAGE A5

the disease. In addition to the yard sale, there is a bake sale and silent auction. For questions, call Lisa at 252-4440.

DCC News

On Saturday, Oct. 13, the Community Center will host a blood drive from 10 a.m.-2 p.m. Please sign up with the DCC in advance. They need at least 20 people to hold the event.

Groton

Ruth Millett 603-786-2926
rem1752nh@gmail.com

The news is about the same this week as last. There will be a Select Board Meeting and Hearing tomorrow night, but it will be too late to send into the paper for this week, so more in this column for next week.

There will be a road-side clean up in Town sponsored by the Groton Conservation Commission on Saturday, Sept. 29 beginning at 10 a.m. at the Town Offices, 754 North Groton Rd. Bring gloves and we will supply grabbers, safety vests and bags. Lunch will be provided.

There is a grave stone cleaning planned for Oct. 13 - meet at 1 p.m. at the Town House. This cleaning is sponsored by the Plymouth DAR and Groton Cemetery Trustees. Rain date will be Oct. 14. We would appreciate anyone who would like to come and help. Wear appropriate clothing and footwear as there will be water involved. Supplies and refreshments will be provided.

Take advantage of the free library services to Groton residents at the Hebron Public Library. The library hours are Mondays, 4 - 7 p.m., Wednesdays 1 - 5 p.m., and Saturdays, 9 a.m. - 1 p.m.

Work will be done on Province Road from Tuesday, Sept. 11 through Friday, Oct. 5. The road will be closed 7 a.m. to 5 p.m., depending on the weather. Local residents will be allowed to pass as needed. Should you have any questions or concerns regarding this, please contact the Town offices.

There will be a public hearing tomorrow night, and there is a tentative

Town Meeting on Oct. 23. These dates and more information are on the Town of Groton Web site at <http://www.grotonnh.org>.

During this meeting the new Town Garage and funding for that will be the topic of conversation, so if you have questions on this, it would be very important for you to attend either the hearing or the Town Meeting.

Scheduled Meetings and Office Closures:

Select Board Work Sessions -Tuesday, Oct. 2, and 16 at 5 p.m. all at the Town House

Select Board Meetings (open to the public) -Oct. 2 and 16 at 7 p.m. at the Town House

Planning Board Meeting Wednesday, Oct. 31 - 7 p.m. at the Town House

The Conservation Commission meeting at the Town House Thursday, Sept. 13 has been cancelled. Their next meeting will be Thursday, Oct. 11 - 7 p.m. at the Town House

All Town Offices will be closed Oct. 8 for Columbus Day holiday.

The Town Clerk/Tax Collector office will be closed Oct. 17 through 19 for the annual Town Clerk Educational Conference.

Total of all taxes due to the Town as of Sept. 24 are \$151,161.81. We do have a Tax Kiosk on the Town Web Site so you may find out your tax balance only and if you would like to pay your taxes online use the Red Button on the Town Clerk/Tax Collector's page. If you should have any trouble with the on-line payment system, please call the Town Clerk at 744-8849.

Hebron

Bob Brooks 744-3597
hebronnhnews@live.com

Jamie's Yard Sale Update and Spaghetti Supper Notice

Thank you to all that contributed in any way with Jamie's yard sale. We are holding a spaghetti supper Oct. 20, 5 - 7 p.m. at the Bridgewater town hall. \$6 Adults, \$3 children under 12. We have silent auction items as well as 50/50 and other prizes. Please come join us!

Churches

Ashland Community Church

Ashland Community Church is located at 55 Main St., on Route 3 in Ashland (across from Shurfine Market). Parking is available next to and behind the church.

Pastor Ernie Madden
Phone: 968-9464
Email: accernie@hotmail.com
Website: ashlandcommunitychurch.com

Sundays:

9 a.m. - Early Worship Service, followed by coffee and fellowship in the church dining room.

10:30 a.m. - Contemporary Worship Service. Coffee and snacks are available in the back of the sanctuary before the service.

Toddler Zone (for infants - five years old) and KidZone (for K-6th grade) are available during the Contemporary Service.

Special Needs Class - For teens-adults at the Contemporary Service. Participants meet in the sanctuary for singing, and are dismissed to their class at approximately 10:45 a.m.

Kidzone:

Debbie Madden leads the K-sixth grade class. Kids will love the great videos and games that teach age appropriate lessons in a loving atmosphere.

Alcoholics

Anonymous Group:

Monday's at 8 p.m. in the church dining room.

It is our desire to help you understand God's incredible grace, mercy and love. We believe that

you will love Ashland Community Church. We are a friendly, loving, and caring church that studies and shares the word of our dear Lord and Savior.

Our Vision is to become a church that unchurched people will love to attend.

Our mission is to lead people to live and love like Jesus and to help others to do the same.

If you have any questions please don't hesitate to contact Pastor Ernie Madden at any of the contact information above.

Real Church, Real People, Real Simple

We look forward to seeing you on Sunday, and remember to just come as you are.

No perfect people allowed!

Holy Trinity (Roman Catholic)

Holy Trinity Christian Life Center progress

The asbestos removal company is busy removing all harmful materials from the existing parish hall. It will then be demolished which will create parking for while the center is being built to the side of the church. We are grateful for all of the support, and all of your contributions. It's never too late to donate, and there are envelopes in the back of church for this purpose.

Faith Formation changes

By now, you have probably heard that the Diocese has become the twelfth state in the U.S. to restore the order of

the sacraments of Initiation to Baptism, Confirmation and First Eucharist. This means that children will now be confirmed in the third grade. Parable magazine has the full article on this matter this month. Also check the bulletin from Aug. 12 which features an article on the changes. Faith Formation will begin Sept. 9 in both Bristol and Ashland. Families must register with the parish when they register for Faith Formation, and if the child was baptized at another parish, we will need a baptismal certificate.

St. Agnes Closing for the Winter

Recently the staff, parish council and finance council were asked for their input regarding the feasibility of continuing to keep St. Agnes open during the winter months.

As pastor, Father Leo, with input from the Finance Council, has the responsibility of insuring that the parish operates with fiscal responsibility. Sometimes these decisions are very difficult, and this is one of those times. Next month St. Agnes Church will close for the winter months. At present it is our intention to reopen the church next summer.

We have been advised that replacing one or both of the boilers would be preferable to buying parts for the old boilers.

As you may know, St. Agnes has been for sale for the past few years. We have had some interest, but no acceptable offers. We do however, remain hopeful. The boilers

have to be operational at the time of any sale and we are concerned that operating them in their present state could lead to the sizable expense of replacement.

This expense would not be prudent, given that we have other facilities available. The St. Agnes Hall will remain open for faith formation and other activities. On Thursdays, daily Mass and Eucharistic Adoration will move to the North American Martyrs Oratory in Bristol across From Our Lady of Grace Chapel.

Alpha

Come to Alpha! Have you ever wondered, "is there more to life than this?" Come to Alpha on Tuesdays beginning Sept. 11 at 6 p.m. and find out. This is not a class, but an experience of faith. The program is free and comes with dinner! Feel free to come to one session, or as many as you like! Alpha will be held at the Marian Center, (across from Our Lady of Grace in Bristol). All are welcome!

Restoration Church, Plymouth (Assemblies of God)

Greetings from Restoration Church Plymouth, located at 319 Highland Street, Plymouth, NH 03264. If you do not have a home church we invite you to come and join our warm and friendly family here at Restoration Church. Please feel free to contact us at hello@restorationchurch.cc. Our church phone number

SEE CHURCHES, PAGE A7

Notebook

FROM PAGE A4

at the nursing home, my address and telephone book, containing contact information from over the last 40 years was somehow scooped up with stray newspapers and gone, its absence discovered too late to do anything about it.

It's difficult to describe what a hole in your life such a thing leaves. No, I hadn't yet transferred its contents to my Smartphone, and probably never would have. It was a joy to use as is, an old friend with an absolute wealth of information, even if I'd had to cross out too many names of people near and dear.

+++++

I use a round toothpick to spear cut-up citrus in the morning, and upon reaching for one the other day could not remember whether it was the last toothpick factory in Maine closing down that I saw featured in the news recently, or one making wooden matches. Whatever the case, my Note to Self said, "From the Rule of Law to environmental chaos," meaning not just jobs but at least a few basic regulations protecting the environment.

(Okay, okay--I did some research and found out that the last toothpick factory, the Forster factory in Maine, closed several years ago. And



BRONSON GUIMOND — PORTLAND PRESS HERALD

The sloop M5, said to be tallest single-mast vessel ever built, recently tied up at DiMillo's floating restaurant in Portland, towering over other working boats and pleasure craft. Its port of origin was Newport, R.I.

the nation's last wooden match factory, in Cloquet, Minn., is shutting down this year with the loss of 85 jobs (down from a high of 600).

Most of today's toothpicks and wooden matches are made in South America, Southeast Asia, and (of course) China.

+++++

What is billed as the largest single-masted sailing ship ever built, the 277-foot vessel currently known by the decidedly unremarkable name "M5," showed up one recent morning in Portland, Maine, where it tied up at a dock near

the well-known DiMillo's floating restaurant. Its estimated original cost 15 years ago was \$50 million.

The hull (of unreported origin) was fitted out at a British shipyard and launched in 2004 as the Joseph Vittoria, named for the former Chairman and CEO of Avis. The ship, now owned by a Texas oil and gas tycoon, requires a crew of more than a dozen.

+++++

I try my best to be careful with messages, but one got by me when I came home from the hospital and nursing home

that I'm eager to recover.

I mistakenly deleted a message that was one of dozens upon dozens on my home telephone message recorder, and the speaker, whose name I for some reason (but probably mistakenly) recall as "Jill," said she had been trying and trying to reach me, but was giving up on the assumption that I was deliberately hard to reach and reclusive.


I am (I hope) neither. I'm in the Colebrook-Berlin area phone book, and my other contact information appears at the end of anything and everything I write.

+++++

Headline writers tend to be a madcap bunch, and the especially good ones are paid big bucks. But even the lowliest editor finds a good pun hard to resist.

Above an Associated Press article about how moose and other wildlife pass on migration tips, the St. Johnsbury (Vermont) Caledonian-Record headline read "Herd the Latest?"

(This column runs in a dozen newspapers covering the northern two-thirds of New Hampshire and parts of Maine and Vermont. Letters, with town and telephone numbers in case of questions, are welcome via guyhooligan@gmail.com or Box 39, Colebrook, NH 03576.)



How to Submit Announcements & Obituaries To Salmon Press Publications

Obituaries and Announcements of special events such as weddings, engagements, and anniversaries are published **FREE OF CHARGE** in any/all Salmon Press newspapers.

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obituaries@salmonpress.com

Wedding, engagement, and anniversary announcements are welcome at:
weddings@salmonpress.com

Photos are also welcome, but must be submitted in jpeg format.

*Please contact Executive Editor
Brendan Berube at (603) 279-4516, ext. 111
with any questions regarding the submission process.*

Jimmie Vaughan brings the family Blues tradition to the Flying Monkey

P L Y M O U T H — Blues rock singer and acclaimed guitarist Jimmie Vaughan will perform at The Flying Monkey in Plymouth on Friday, Oct. 5 at 7:30 p.m. Vaughan, the older brother of the late Stevie Ray

Vaughan, first became known as the front man of The Fabulous Thunderbirds. Acoustic blues man Mark T. Small opens the show. Tickets for this concert start at \$45. Jimmie Vaughan is far more than just

one of the greatest and most respected guitarists in the world of popular music. As Guitar Player Magazine notes, "He is a virtual deity--a living legend." After all, Vaughan provides a vital link between contemporary music



COURTESY (Left) Blues rock singer and acclaimed guitarist Jimmie Vaughan will perform at The Flying Monkey in Plymouth on Friday, Oct. 5 at 7:30 p.m.

and its proud heritage. When Jimmie was sidelined by a football injury at the age of 13,

a family friend gave Vaughan a guitar to pass the time. From the moment Jimmie's fingers touched the fretboard, it was obvious that he was a natural talent. "It was like he played it all his life," his mother Martha Vaughan later noted.

He also began tutoring his younger brother Stevie, who would cite Jimmie as his biggest inspiration and influence throughout his own career.

Since releasing his first solo album in 1994, he has set the standard for quality modern roots music. Throughout his career, Vaughan has earned the esteem of his legendary guitar-playing heroes and superstar peers along with successive generations of young players. His musical ethos and personal style have had an impact on contemporary culture, from spearheading the current blues revival with The Fabulous Thunderbirds to his longtime, innate fashion sense of slicked-back hair and sharp vintage threads (now seen throughout the pages of contemporary fashion journals) to becoming a premier designer of classic custom cars. But for Jimmie Vaughan, none of it is part of a crusade or a career plan. It's just his natural way of living his life and pursuing the interests

SEE VAUGHAN, PAGE A13

Churches

FROM PAGE A6

ber is still the same, 536-1966. Our schedule has changed to the following:

Sunday:
10:30 a.m. Morning Service
Monday: First and third Monday of the Month
Noon-2 p.m. Helping Hands Food Pantry
Friday: Second Friday of the month
6 p.m. Food, Fun, Fellowship
On Sunday, Nov. 5, 2017, we officially launched as Restoration Church Plymouth. More details about this service will be included in the next article. We also started a new series entitled, Stories. We will be continuing this series this week as well. We have our own worship team during our services in our auditorium and then we watch as a Pastor Nate Gagne preaches via video during our service.

Our Mission Statement: Just One More!
Everyone is welcome to all of our services. The church is handicapped accessible on the east entrance.

A Shared Ministry of St. Mark's, Ashland and Church of the Holy Spirit, Plymouth

Both congregations met on Sunday, Sept. 16 at the Historic Old Trinity Church, Holderness. The Renewal Works leaders were commissioned at this service.

On Wednesday evening a group of parishioners and guests met at Holderness School to discuss Presiding Michael Curry's book "Crazy Christians." After the discussion the group enjoyed dinner in the Holderness School dining hall. Please consider joining this group discussion on Wednesday Sept. 26 from 5-6 p.m. in the Senior lounge of Weld Hall, Holderness School (read chapters 2-4) We are invited to stay for dinner. Copies of Bishop Curry's book will soon be arriving for sale. Please contact Rev. Kelly if you would like a copy

Parishioners are urged to take part in the CHS and St. Mark's Spiritual Life Inventory. If you do not receive the church weekly newsletter, please call the church office at 536-1321.

Wednesday, Oct. 3 will be the first all-age session: Creation & St. Francis.

September Service Project: Collecting travel size health items as well as healthy snacks. Suggested are the following: travel size deodorant, shampoo, hair brushes; individual granola bars, Mac & Cheese, peanut or cheese & crackers, fruit cups, etc. The school has a dental program which takes care of oral health. Collection baskets are at both churches.

CHIPS (children of incarcerated parents) Program will be collected in October. All proceeds go towards purchasing Christmas presents for children of incarcerated parents in our State prison system. Each child is given an age appropriate gift and a book selected by their parents. All proceeds will be taken to the Diocesan Convention in early Nov. program is for children age 18 and under. Make checks out to CHS or St. Mark's and put CHIPS on the memo line.

Star King Unitarian Universalist Fellowship

Starr King Unitarian Universalist

Fellowship, 101 Fairground Rd., Plymouth, is a multigenerational, welcoming congregation where different beliefs come together in common covenant. We work together in our fellowship, our community, and our world to nurture justice, respect, and love.

Sunday, Sept. 30 – 9:30 a.m.

Radical Love, Radical Welcome

Rev. Kali Fyre, Guest Worship Leader Sarah Dan Jones, Musical Director

What does it really mean to be a welcoming community, to be a people of welcome? What happens when we truly, deeply embody the inherent worth and dignity of every person? The journey begins inside—with in ourselves, within our communities, and within our hopes and our wishes.

Visit our Web site www.starrkingfellowship.org 536-8908

Vespers Services – Beginning Oct. 5, Starr King UU Fellowship will again be offering a

Vespers service on the first Friday evening each month throughout the worship year. Vespers is an evening service that offers a peaceful end to a hectic week. We will meet for casual, all generations service that includes music and candles for about 30 minutes and then share a meal (probably pizza). Join us on Friday, Oct. 5 starting at 6 p.m. Everyone is welcome.

Need a Cookbook??? Hot off the press: Got Lunch! Plymouth just learned they have been designated as the local Hannaford food program of the month. During the month of September 2018, when you purchase a "Fresh Cookbook" at the Plymouth Hannaford for \$10 - \$5 will be donated to Got Lunch Plymouth. These cookbooks make good gifts, so think about your holiday needs and consider giving one of these cookbooks. Spread the news! Thank you.

The Next Meeting of the Wise Women in Training is to be held on Wednesday, Oct. 10 from 10:30 a.m. to noon.

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NEW HAMPSHIRE FAIR DAYS

LANCASTER FAIR

August 30 to September 3, 2018

Location: 516 Main Street, Lancaster
 Tickets: \$15 (including rides) on Thursday, Friday and Monday; \$17 on Saturday and Sunday; seniors are free on Thursday and Monday and \$10 on Friday-Sunday; children under 36" are free with paying adult
 Online: www.lancasterfair.com

HOPKINTON STATE FAIR

August 31 to September 3, 2018

Location: State Fairgrounds, Contoocook
 Tickets: \$12 for ages 13-59, \$10 for seniors 60+, \$8 for youth ages 5-12, children 35 months and under free.
 Four day passes are also available.
 Online: www.hsfair.org

ROCHESTER FAIR

September 6 to 16, 2018

72 Lafayette St., Rochester, NH 03867
 Tickets: \$9 general admin., children under 8 are free
 Online: www.rochesterfair.com

HILLSBOROUGH COUNTY AGRICULTURAL FAIR

September 7 to 9, 2018

Location: 15 Hill Dale Lane, New Boston
 Tickets: \$10 for adults, children 6-12 and seniors are \$5, children under 6 are free
 Online: www.hcafair.com

DEERFIELD FAIR

September 27 to 30, 2018

Deerfield Fairgrounds
 Route 43, Deerfield
 Tickets: \$10 for ages 13+; ages 12 and younger are free
 Online: www.deerfieldfair.com

SANDWICH FAIR

October 6 to 8, 2018

Sandwich Fairgrounds
 Route 109 North, Center Sandwich
 Tickets: \$10 for adults, ages 8-12 are \$3 and children under 7 are free
 Online: www.thesandwichfair.com

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Artistic Roots announces October classes

PLYMOUTH — Artistic Roots is offering free classes this month to everyone!

Fiber Classes with begin on Sundays from 2-4 p.m., hosted by Polly Bartlett. Suzan Gannett will offer a Beach Stone Painting Class of Oct. 13 from 10 a.m.-noon. Children age four and up are invited to attend. Adults are invited too. You can paint a design on your rock or a picture appropriate for the season. We will be using acrylic paint, so wear old clothes! Acrylic paint when is permanent in clothing. This class is limited to 10 people so please sing up early.

Jayden Graubocher-Bergmann, Artistic Roots' resident nee-



Suzan Gannett will offer two sessions of watercolor landscapes on Oct. 9 and 30. Cost for the class is: Members single session \$25 and \$45 for both sessions; Non Members single session \$30 and \$55 for both. Scholarships are available for all of the classes at Artistic Roots. To request a scholarship, contact suzangannett@gmail.com.

dle felter, is offering two Needle Felting Classes this month: Making Gnomes on Oct. 13 from 10 a.m. until noon and on Oct. 27 from 10 a.m. to noon, Making Barred Owls. In each class, you will earn needle felting techniques including delicate shading and face definition to create your own gnome or owl. Students will have the opportunity to learn the basic approach to needle felting and have the ability to add a personal touch to individual projects. The cost for each class is \$25 for members, \$30 for non-members.

Annette Mitchell will begin a new class series on Oct. 15, Creative Drawing with Annette Mitchell. The class is

designed to introduce students to creative methods of drawing to peak the students' imagination and open one's way of thinking. It will include three classes held on Oct. 15, 22, and 29 from 6 to 8 p.m. Students should enter through the Studio door next to Rand's. The class will continue in November. This class is full.

Susan Gannett will be offering a series of watercolor classes on Oct. 9 and Oct. 30 from 5-7 p.m. You will learn to use watercolor techniques to paint autumn landscapes colorful trees and birds. October 9th feature trees with birds and Golden Leaves on Oct. 30. Single classes are \$25 for members, \$30 for non-members, or for the series: \$45 for members, \$55 for non-members.

Lauded Country songwriter comes to Plymouth

PLYMOUTH — Lori McKenna Band will perform at The Flying Monkey in Plymouth on Saturday, Oct. 6 at 7:30 p.m. In addition to the Grammy accolades, McKenna is the first female to win Songwriter of The Year at the Annual CMA Awards. Whitney Feniore of The Voice opens the show. Tickets for this concert start at \$29.

Home and the people who make it have captivated McKenna for years. "I got married at 19 and had my oldest at 20," she says. "I didn't grow up all the way before I started having children. I didn't have a lot of time being an adult that was just me—I spent so much



Lori McKenna Band will perform at The Flying Monkey in Plymouth on Saturday, Oct. 6 at 7:30 p.m.

Lynn Haust is having a glass fusing class on Oct. 25, 5-7 p.m. Students will learn a number of glass fusing techniques to create their very own sun catcher. This class is \$25 for members and \$35 for non-members.

Cam Sinclair will offer a series of Oil Painting Landscape Classes. The classes are scheduled for Oct. 24, 31 and continue into November on the 7th and 14th from 3-5 p.m. Students will learn techniques to paint both seascapes and landscapes. Students of all abilities levels are welcome. Students are requires to bring: brushes, paint, canvas, palette knives, linseed oil, palette. Cost for members is \$30 for a single class and \$100 for the series of 4. Cost for non-members is \$35 for a class and \$120 for the series.

TOWN OF BRISTOL PUBLIC HEARING

The Bristol Budget Committee will hold a public hearing in accordance with RSA 32:5 on the proposed Special Town Meeting warrant for 2018 on Tuesday, October 9, 6:30 PM, at the Old Town Hall located at 45 Summer Street, Bristol, NH 03222. If a second public hearing is necessary, it will be held on Wednesday, October 10, at 6:30 PM at the Old Town Hall located at 45 Summer Street, Bristol, NH 03222.

All related information is available for review at www.townofbristolnh.org or may be obtained at the Town Office.

time worrying about someone else. So I do like to address how I feel about things, for sure, but I also like to think about what other people might feel, too."

Over the last three decades, as she became a wife and mother, she has also emerged as one of the most respected, prolific singer-songwriters in popular music. In 2016, McKenna made history as she became the first woman ever to win the Country Music Association's Song of the Year two years in a row thanks to co-writing Little Big Town's "Girl Crush" and penning Tim McGraw's no. 1 "Humble and Kind" solo. Both songs also clinched back-to-back Grammy wins for Best Country Song. In 2017, she became the Academy of Country Music's first female Songwriter of the Year. The list of stars who have recorded McKenna gems continues to grow: Reba, Alison Krauss, Faith Hill, Keith Urban, Hunter Hayes, and others.

McKenna knows that politics and social change

are in the air but you'd have to look deep to find it in her music.

"When you can't solve the bigger problems, you find a smaller one that you can control," McKenna says. "The way I see things politically, and I think a lot of us do this, is I immediately think of my kids, I immediately think of the world that they're living in, and I still see it as like, a kitchen emotion."

On her new album "The Tree," her focus seems to stay on her family with "The Way Back Home," speaking to a child now grown and gone from the nest: "If you feel like you've been lost, think of the backyard you came from/ That way you'll always know the way back home."

Tickets for the Lori McKenna Band are \$29, \$35 and \$39 for premier seating. For more information on upcoming shows or to purchase tickets call the box office at 536-2551 or go online at www.flyingmonkeyNH.com.

HOLDERNESS SCHOOL DISTRICT Holderness Central School

REQUEST FOR PROPOSALS

SNOW PLOWING & REMOVAL

**3-Yr. Proposal
2018-2021**

(Specifications available upon request at: aulricson@pemibaker.org)

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Jon Francis, Facilities Director
SAU #48
47 Old Ward Bridge Road
Plymouth, NH 03264

Proposals accepted until 1:00 p.m. Tuesday, October 9, 2018

The Holderness School Board reserves the right to accept and/or reject any and all proposals, and act in the best interest of the district in its sole discretion.

TOWN OF BRISTOL PUBLIC HEARING

The Bristol Select Board will hold a public hearing in accordance with RSA 33:8-a for the purpose of discussing the proposed 2018 authorization at Special Town Meeting of a bond or note in excess of \$100,000 relating to the purchase and renovation of 5 School Street. The hearing will be held Thursday, October 11, 6:00 PM at the Bristol Town Office downstairs meeting room located at 230 Lake Street, Bristol, NH 03222.

All related information is available for review at www.townofbristolnh.org or may be obtained at the Town Office.

Power Outage Tips

BEFORE

- Follow directions from local officials
- Check flashlight and radio batteries
- Charge mobile devices
- Add warm clothes and blankets to emergency kit
- Keep gas tank full
- Take cash out (ATM's may not work)

DURING

- Conserve energy
- Go to community warming shelters & check on neighbors, family, seniors and homeless
- Only use generators in open areas away from windows and home to prevent carbon monoxide poisoning

AFTER

- Throw out unsafe food

www.Ready.gov/blackouts

Who to CallWhere to MeetWhat to Pack

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Mid-State Health Center opens new infusion center in Plymouth

Mid-State will offer infusion therapy in its Plymouth location beginning in October

PLYMOUTH — Mid-State Health Center (“Mid-State”) is proud to announce the opening of a state of the art infusion center at its Plymouth location, 101 Boulder Point Dr. The new infusion center will be open to everyone in the community by Oct. 1. The infusion center will provide a range of non-oncology infusion services and injections in a convenient primary care office setting.

For Mid-State CEO Sharon Beaty, it was an easy decision to open the infusion center. “We saw that utilization of infusion therapy is increasing, but there was not enough access in our region,” Beaty explains. “In most settings, patients were paying too much out-of-pocket to receive their infusion therapy services. We found that we could provide infusion services at a fraction of the cost.”

Mid-State’s mission is to offer high quality medical services to all, regardless of their ability to pay.

“Mid-State already offers a large array of services including family medicine, behavioral health, substance use disorder treatment and dental services. Adding infusion therapy will

provide local access to a needed service and further our mission. Our infusion center will be the only primary care based infusion center in the county and will be instrumental in providing affordable infusion services in Grafton County and the North Country,” says Beaty.

Mid-State will partner with OI Infusion Services, a New Hampshire-based infusion center management company, to help offer these services to patients.

Beaty said, “Managing an infusion center is extremely complicated and different from Mid-State’s day-to-day workflow. For that reason, we partnered with the OI Infusion team to handle everything infusion-related.”

OI Infusion CEO Woody Baum said, “Our mission is help providers offer high quality low cost infusion therapy and help lower the cost of infusion therapy for patients. Mid-State shares our vision of what health-care should look like, so partnering with them was a no-brainer. We are very excited to help Mid-State offer this necessary service to the Grafton County community.”

The new infusion

center is scheduled to begin receive patients in October conveniently located in Plymouth. It will feature comfortable massage chairs, personal televisions, tablets and snacks. For more information, call Mid-State’s

Infusion Team at 238-3500.

About Mid-State Health Center

Mid-State Health Center delivers primary care

and supportive services at both its Bristol and Plymouth offices, offering medical services, dental services, behavioral health counseling, substance use disordered treatment and care man-

agement for the entire family. The mission of Mid-State Health Center is to provide high-quality primary health care to the community accessible to all regardless of the ability to pay.

SLA to host Sixth Annual Squam Ridge Race

H O L D E R N E S S — On Sunday, Sept. 30, the Squam Lakes Association (SLA) will host the Sixth Annual Squam Ridge Race, a 12.2-mile ridge race which traverses a majority of the Squam Range crossing three summits with amazing views of Squam Lake and the surrounding watershed. All proceeds from the race will go directly to maintaining over 50 miles of SLA maintained trails around the Squam Watershed.

“As visitation increases in the Squam Range every year, so does the wear and tear on the trails,” said SLA Director of Operations, Brett Durham. “In just over 12 years, roughly \$100,000 has gone into maintaining the Old Bridle Path alone.”

The Old Bridle Path, which is famous for taking hikers up to West and East Rattlesnake, sees thousands of visitors every year and has two scenic peaks that overlook Squam Lake. Maintenance along all SLA trails from the race includes maintaining water bars to prevent erosion problems, trail reconstruction, clearing brush and



COURTESY

On Sunday, Sept. 30, the Squam Lakes Association (SLA) will host the Sixth Annual Squam Ridge Race, a 12.2-mile ridge race which traverses a majority of the Squam Range crossing three summits with amazing views of Squam Lake and the surrounding watershed.

downed trees, signage and upkeep in the parking areas.

Registration is \$75 before Sept. 27 and \$85 the day of the race. This race has over 3,000 feet of elevation gain and is mostly single track trails. Anyone is welcome to run or just hike the 12.2-mile route as a participant of the event. You may also decide to get out and enjoy the day with the four-mile race which climbs to the top of Mount Livermore and loops back to the start / finish area. All participants will be entered into the prize drawings to be held during the event, and have access to food and beverages donated by local restaurants and businesses at the start

finish area. Hand-made medals will go to the top finishers in their division and prizes to the top finishers overall. Register for the Ridge Race online at squamlakes.org.

The Squam Lakes Association is also looking for volunteers to help fire up the grills, work aid stations along the ridge, be time keepers, photograph the action at the finish line, and more. There are a number of different ways volunteers can support this event, both on the trail and at the finish line. The food is great, the beverages are cold, and the energy is infectious! Join the celebration and support the trails. Visit squamlakes.org or call the SLA’s

Community Engagement Coordinator, Melissa Leszek, at 968-7336, ext. 11 for more information about volunteering for this event.

The SLA would like to thank the dozens of generous sponsors who make this event possible. As of today, Ridge Race sponsors include Burleigh Land L.P., O’Neill Orthopedics, Rockywold Deephaven Camps, Meredith Village Savings, Grappone Automotive, Squam River Landing, Sippican Partners, Inn on Golden Pond, Waterville Valley Resort, Rumney Animal Hospital, Asquam Marina, Sheehan Phinney Bass and Green, Riveredge Marina, Squam Lake

SEE RACE, PAGE A13

Benjamin Learned named to 2018 Spring Semester Dean's List at DePauw University

GREENCASTLE, Ind. — DePauw University congratulates Benjamin Learned, of Bristol on being named to the Spring 2018 Dean’s List. The Dean’s List recognizes students who achieve a semester grade point average of 3.5 or higher on a 4.0 scale.

Founded in 1837, DePauw University is a top-ranked, 100% residential, private liberal arts university in Greencastle, Ind. Through its College of Liberal Arts and School of Music, DePauw provides highly personalized education in small classes, with 95% of its graduates employed or in graduate school within six months of graduation.

DePauw is ranked 5th for study abroad, and 80% of students receive academic credit for off-campus study, including internships, independent projects and service work. The university is ranked in the top 20 for both graduate salaries and internship opportunities among private institutions, 8th for Fulbright Scholars, 8th for producing top business executives, 8th for graduate salaries, and 2nd for Teach For America employees. Our graduates have a 90% acceptance rate for medical school and an 80% acceptance rate for law school, both well above the national average.

Attorney Michael Avenatti Comes to Plymouth to Get out the vote

PLYMOUTH — The high-profile lawyer for Stormy Daniels; who recently won the fight to reunite a

9-year old Guatemalan boy with his mother, will be the featured guest at a Plymouth Area Democrats event in Plymouth, New Hampshire, at 6pm on Saturday, Sept. 29.

Avenatti recently announced that he is exploring a bid for the presidency. He made an appearance and spoke at the Iowa State Fair, a traditional stop for presidential hopefuls.

This event, held at the Plymouth Area Democrats/NH Coordinated

Campaign Headquarters at 91 Main St., Plymouth, will be focused on the power of your vote.

“I’m looking forward to helping Democratic candidates fight for the values that make New Hampshire New Hampshire,” said Avenatti

Mid-term Elections are Tuesday, Nov. 6. You can learn more about Michael Avenatti by visiting his website at thefight2020.com and visit Plymouth Area Democrats at www.plymouthareademocrats.org.

For more information, contact Sarah Daniels-Campbell at sarah@plymouthareademocrats.org.



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THE REAL REPORT

RECENT REAL ESTATE TRANSACTIONS

Town	Address	Type	Price	Seller	Buyer
Alexandria	80 Matthews Rd.	Single-Family Residence	\$290,000	Casey P. Kuplin	David A. and Michael A. June
Bridgewater	114 Ledgewood Terrace	Single-Family Residence	\$276,933	John M. and Carol B. White	Kevin M. Cassidy
Bridgewater	65 Pasquaney Lane, Unit 65	Condominium	\$517,533	Richard H. Carter (for Brenda E. Carter RET)	Christine Janis and Douglas Macfarlane
Bristol	Newfound Boat Club Condo Unit 47	Condominium	\$46,000	James R. and Teresa M. Adams	Joel R. and June M. Kasper
Bristol	66 Prospect St.	Single-Family Residence	\$163,200	Antonio F. and Joelle B. Emerson	Candi L. and Stephen A. Nelson
Bristol	N/A (Lot 7)	N/A	\$299,000	James R. and Teresa M. Adams	Joel R. and June M. Kasper
Campton	25 Back St.	Single-Family Residence	\$94,933	Scott R. Woods	Joan P. Glidden
Campton	3 Page Rd.	Mobile Home	\$31,000	Selvakimar Ganapathy	Daniel J. and Diane Bergeron
Campton	Red Sleigh Condo Unit 8	Condominium	\$45,000	Christopher G. and Nicole M. Daniels	Cynthia Ball
Campton	Red Sleigh Condo Unit 9	Condominium	\$50,000	Christopher G. and Nicole M. Daniels	Cynthia Ball
Campton	11 Village Rd., Unit 7	Condominium	\$152,533	Elizabeth S. Corbin	Corrie N. Charland
Hebron	51 Bear Mountain Rd.	Single-Family Residence	\$448,000	Patricia C. and Neil C. Burlingame	Pauline L. Nadeau and Leslie C. Hess
Holderness	18 Fairway Dr., Unit 8	Condominium	\$242,000	William E. and Elizabeth E. Nicholson	Janet Doner
Holderness	55 Overlook Rd.	Mobile Home	\$51,533	Newton and Bonni Z. Bateman	Stephen and Melinda Clougherty
New Hampton	Straits Road	Residential Developed Land	\$40,000	James Strovnik	John Nunes
New Hampton	60 W. Shore Rd.	Single-Family Residence	\$440,000	Bruce F. and Grace L. Simkins	Terrapin Station Group
Plymouth	53 Beech Hill Rd.	Single-Family Residence	\$127,600	Diane G. Daniels	Lisa and James Cormiea
Plymouth	1 Keeble St.	Single-Family Residence	\$155,533	Michael P. Cummins	Douglas Masse
Plymouth	Old Route 25	N/A	\$30,000	Michael J. Long	Janet M. Lenetine
Plymouth	Old Route 25	N/A	\$30,000	Joan M. Potter	Janet N. Lenetine
Plymouth	78 Reservoir Rd.	Single-Family Residence	\$315,000	Thomas R. and Barbara A. Therriault	Amy C. Westman (for Westman Ruckles Trust)
Plymouth	30 Sanborn Rd.	Mobile Home	\$77,533	Robin Bernard	Cheryl A. Lynch (for T.C. Lynch Trust)
Rumney	Campton Bog Road	N/A	\$108,000	Randy E. and Sheryl L. Montague	Jay F. Sobetzer (for Kathryn A. Sobetzer Trust)
Rumney	E. Rumney Road, Unit 2	Condominium	\$52,533	Daniel Hunter	Michael P. and Sarah L. Robertson
Thornton	N/A (Lot 1)	N/A	\$14,933	Frederick and Denise Schneider	Elizabeth M. and David R. Clay
Waterville Valley	33 Windsor Hill Way, Unit 90	Condominium	\$190,000	Thomas W. and Suzanne D. Ennis	Wayne R. Acker

ABOUT THE REAL REPORT

Here are recent real estate transactions in Alton and the surrounding areas. These sales summaries are informational only, not a legal record. Names shown are

usually the first listed in the deed. Sales might involve additional parties or locations. Prices are usually based on tax stamps and might be inaccurate for public agency sales. Refer to actual public documents before forming opinions or relying on this information. Additional publicly recorded information on these sales, prior sales and

data from Department of Revenue Administration forms is available at www.real-data.com or 669-3822. Copyright 2011. Real Data Corp. In the column "Type": land= land only; L/B= land and building; MH= mobile home; and COND=condominium.

MARK ON THE MARKETS



BY MARK PATTERSON

I suppose we have all heard the phrase "black swan event," which is a metaphor to describe an event that comes as a surprise and has a major effect. Black Swan is derived from the Latin expression coined in the 16th-century when the thinking was that there were no black swans, only white. But in

1697, Dutch explorers first saw a black swan in western Australia. The sighting opened the door to the theories of statistical outliers happening when it was thought they could not. We tend to remember black Swan events as surprises that are typically negative such as the attacks on the World Trade Center's twin towers in 2001. While this is certainly a black swan event, so is the discovery of the Internet which I think, most people would perceive as very positive. So how does all this relate to the management of your assets and investments? You cannot manage or

should not manage for black Swan events, but your portfolio of investments should be managed per modern portfolio theory. Harry Markowitz wrote an essay in 1952 on modern portfolio theory. Markowitz, an economist, wrote about mean-variance analysis. These phrases are straight out of the statistics textbook and I'm sure many of you are familiar with. But it is how they are applied regarding your investment portfolio what makes them significant and extremely relevant. In the event of a black swan event you will likely see world debt and eq-

Black swans

uity markets react in an extreme manner. In 1987, black Monday saw the Dow Jones industrials lose significant amounts of value. Those who were using margin or sold near the bottom did not recover. But if you remember the bell curve, as things move away from the statistical mean or average they will in fact revert to the average. Markowitz believed having a variety of non-correlated assets you would enhance the yield of your portfolio and reduce the risk. This is very true today if you can obtain real asset diversification. Unfortunately, what

I see all too often, are mutual funds with different names which would you lead you to believe that they are diversified but often have very similar holdings in very similar asset classes. I personally have not seen an occasion where one family of mutual funds can provide true asset diversification. In a truly diversified asset mix, not all your investments will be doing great at the same time and conversely, they will not all do poorly at the same. Bull markets in equities often give us a false sense of security and tend to make us chase the winners and shun

the laggards. Things change and go through their various cycles. Rebalancing a diverse portfolio is necessary otherwise you no longer have properly diversified asset mix. Risk and your portfolios objective will also determine the asset mix. Is growth your objective? Income? Capital preservation? All these objectives can be managed in a properly diversified mix of low fee, high value investments. *Mark Patterson is an advisor with MHP asset management and can be reached at 447-1979 or Mark@MHP-asset.com.*

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Edward Jones: Financial Focus

Understanding Risk Tolerance Is Essential for Investment Success

To succeed as an investor, you might think you need to know about the economy, interest rates and the fundamentals of companies in which you'd like to invest. And all these things are indeed important. But it's most essential to know yourself. Specifically, you need to know how much risk you are willing to tolerate to achieve your goals.

Of course, you've lived with yourself your entire life, so you probably have a pretty good idea of your likes and dislikes and what makes you comfortable or uncomfortable. But investing can be a different story.

Initially, you may believe you have a high tolerance for risk, but if the financial markets drop sharply, and you see that you've sustained some sizable losses (at least on paper – you haven't really "lost" anything until you sell investments for less than what you paid for them), how will you feel? If you find yourself constantly fretting over these losses, perhaps even losing sleep over them, you might realize your risk tolerance is not as high as you thought. In this case, you may need to scale back the part of your portfolio devoted to growth in favor of a more balanced approach.

On the other hand, if you believe yourself to have a low risk tolerance, and you start off investing in a conservative manner, you may indeed minimize short-term losses – but you also might find yourself frustrated over the slow growth of your portfolio. So you may decide that being highly risk-averse carries its own risk – the risk of not making enough progress to achieve your long-term financial goals. To reduce this risk, you may need to tilt your portfolio somewhat toward more growth opportunities.

In short, you may have to invest for a while before you truly understand your response to risk. But even then, don't get too locked in to one approach – because your risk tolerance may evolve over time. When you are first starting out in your career, and for many years after, you are probably investing primarily to accumulate assets for retirement. Consequently, you may need to include a relatively high proportion of growth-oriented vehicles, such as stocks, in your portfolio. While stock prices will always fluctuate, you

will have many years, perhaps decades, to overcome short-term losses, so you can possibly afford to take on a greater risk level in exchange for the potentially higher returns offered by stocks and stock-based investments.

However, things can change once you reach retirement. At this stage of your life, your overall investment focus may shift from accumulation to income. This means you will need to start selling some investments to boost your cash flow – and you won't want to sell when prices are down. (Remember

the first rule of investing: "Buy low and sell high.") To help avoid these "fire sales," you may want to adjust your investment mix by adding more income-producing vehicles and reducing your holdings in growth-oriented ones. By doing so, you will be lowering your overall risk level. Keep in mind, though, that even in retirement, you will need some exposure to growth investments to help you stay ahead of inflation.

Become familiar with your own risk tolerance – it can play a big role in your investment decisions.

This article was written by Edward Jones for use by your local Edward Jones Financial Advisor. For more information or to sign up for their monthly newsletter, contact your local Financial Advisor.

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Town Hall

FROM PAGE A1

Healthcare at a negotiated price of \$335,800 and put additional money into renovations to make it suitable for town offices. Plans also call for creating an 800-square-foot meeting room that can accommodate larger gatherings and potentially serve as a voting location.

Acting on information from the New Hampshire Department of Revenue Administration, Town Administrator Nik Coates initially said that voters would have to give an up-or-down vote on the warrant article, but another official with the DRA said the information given to Coates was wrong and that voters would have full authority to increase or decrease the appropriation, the same as at any regular town meeting.

Recycling and Ayers Island

During their Sept. 20 meeting, selectmen discussed the negative response they have received to their announcement that the town would stop its recycling program on the 24th. It costs twice as much to handle recycled materials as it does for regular solid waste and the selectmen had decided earlier in the month that continuing to recycle was not sustainable under current market conditions.

They will continue to accept glass bottles and jars in a separate container at the town’s

transfer station, because they can be crushed to serve as a base for road work. Selectmen noted, however, that plates and other ceramics cannot be accepted with the glass.

Selectman Wayne Anderson said he has been speaking with New Hampton officials about the possibility of bailing recyclables, but wasn’t sure where the discussions would lead.

Coates said he had preliminary discussions with Barbara Lucas, his counterpart in New Hampton, about strategies for dealing with the new owners of the Ayers Island Dam, which straddles the two towns. Eversource recently sold the hydroelectric facility as part of its state-mandated divestiture of generating facilities. An affiliate of Hull Street Energy, LLC, of Bethesda, Maryland, has purchased Eversource’s nine hydroelectric facilities, including Ayers Island Station, which has an 8.4-megawatt generating capacity. It paid \$10,500,000, which is less than what the two towns have been assessing the property for tax purposes.

Eversource has agreed to cover the difference in taxes between the old and new assessment for the first year, then paying two-thirds of that amount in the second year, and one-third in the third year. Coates said that, in order to qualify for the stabilization fund, Bristol and New Hampton would have to agree to assess the facility at its sale price.

The portion of the property in New Hampton has the greatest value, so that town has a greater stake in the decision, noted board chair Rick Alpers.

The two towns will be setting up a joint meeting to exchange their views and attempt to settle on a strategy for taxing the property.

Sewer Rates

Water and Sewer Superintendent Jeff Chartier has been reviewing the user rates and concluded that water rates are fine where they are, but that sewer rates may need to be adjusted.

His immediate proposal was to establish a separate fee for water meters used in irrigation. Regular water users pay a sewer fee based on water usage, but those who have the town hook up a separate meter for outdoor water use incur no sewer fee, since the water goes into the ground. Chartier said the setup fees also should be less than for setting up the main water meter.

He also discussed setting up a credit card payment option to make it easier for customers to pay their bills.

Reporting on the upgrade at the wastewater treatment plant, Chartier said the new dewatering system is working well on one side, but the second line is not working efficiently. The company that sold the new system is standing by its performance guarantee and is working to solve the problem, he said.

Renovation

FROM PAGE A1

finally got underway in late August has been eight years in the planning. The town has been setting aside \$150,000 annually to cover the cost, and it hired Christopher P. Williams, Architects, of Meredith — a firm known for historic preservation projects — to come up with a design that would preserve the integrity of the building while meeting the town’s space needs.

Built as a school in 1839, Hebron Academy was absorbed by the Newfound Area School District when it formed in the 1960s. The school district subsequently closed village schools in Bridgewater, Alexandria, and Hebron and absorbed those students in the remaining elementary schools.

In 1999, after the district had stopped using the Hebron school, the town moved its administrative offices into the building. By 2010, the town was feeling a space crunch, and voters that year began setting aside money toward an eventual solution.

The architect came up with plans over a series of public hearings and voters in 2017 passed a warrant article to go forward with what was estimated to be \$1,442,379 project.

Eleanor Lonske, a former selectman and

member of the Hebron Academy Advisory Committee, said that, when the town hired an independent surveyor to verify the work done by a local surveyor in 2012, officials learned that there was no deed turning the property over from the school district to the town. They contacted the school district which was able to verify that voters had agreed to turn the building over to Hebron, but they also could not find evidence that the deed had ever been conveyed. At this year’s school district meeting, voters agreed to pick up the cost of conveying the property to Hebron.

The second unwelcome surprise came when abutters claimed ownership of the playground area. Lonske said the surveyor from 2012 had indicated that the boundary was between the playground and the property to the south, but four years later, he “impugned his own survey ... and convinced the neighbors that they owned the lot that had been used as a school playground by generations of schoolchildren.”

She said, “The independent surveyor raised serious questions about this claim, but the Town negotiated a settlement with the neighbors to avoid the delay and expenses of legal action.”

When selectmen were finally able to put the project out to bid, the prices exceeded the original estimate of \$1,442,379, ranging from \$1,769,363 to \$2,249,000. Conneston Construction, Inc., of Laconia was the low bidder. (Other bidders were Milestone Engineering and Construction, Inc., and Meridian Construction Corporation.)

The cost of materials had risen significantly since the vote in the spring of 2017, and to bring the cost down, the architect suggested some adjustments,

such as eliminating the elevator that was planned for the building, but putting in the shaft and infrastructure so the town can add the elevator in the future without having to do major reconstruction.

Opposition

The Academy building lies in an area of the Hebron Common that, in March 1985, was designated on the National Register of Historic Places as part of the Hebron Historic District, consisting of 13 buildings in all.

The town maintains in its objection to the civil lawsuit that “there are no requirements or prohibitions arising from that listing that interferes with the town’s decision making on the future use, alternation [sic] or renovation of its building.”

Karlsen, however, said the current plans violate the Secretary of the Interior’s Standards for Rehabilitation.

The town said that even the removal of the original granite capstones does not affect the historic integrity of the building because some of them had already been removed, with concrete taking their place.

The remaining granite will be sliced into slabs that will be affixed to the exterior of the new concrete foundation, the town writes in its motion to dismiss.

Karlsen said his group has started an online petition to persuade the town to answer its space needs in other ways. Some of those supporting an alternative approach had attended Hebron Academy, he said, and they do not want to ruin the building.

One suggestion they are offering is to purchase the property next door, which recently came on the market, to provide the extra space needed for the town offices.

Donation

FROM PAGE A1

Niamiah and her sister, Amani, were excited to present the Circle Program’s donation check to Michele Talwani of Families in Transition on Sept. 10. They had a chance to chat with Michele

about their experiences as members of the Circle Program. Circle girls have traditionally engaged in community service at the Outfitters Thrift Store in Concord which raised funds for FIT, until they closed their doors this year. Their rice meal donation was a wonder-

ful way to begin the school year, continue a camp tradition, while showing gratitude to a non-profit partner -- an organization that has such a positive effect on the community.

The Circle Program provides girls from low-income New Hampshire families with new

opportunities to learn the skills, courage and confidence they need to handle the challenges in their lives. We do this through a unique combination of adult and peer support that is delivered through our year-round mentoring and residential summer camp programs.

Vaughan

FROM PAGE A7

that have captivated Vaughan since his youth.

When asked, how does it feel to have

started off as a young buck and now being the “real deal,” Jimmie laughed and said “I’m just doing what I love, and in a lot of ways I feel like I just got here. When I was a

kid I would say ‘I want to be a blues guitarist when I grow up.’ It was a total fantasy, and I’m still trying to do that.”

Tickets for Jimmie Vaughan are \$45 and \$55 for premier seat-

ing. For more information on upcoming shows or to purchase tickets call the box office at 536-2551 or go online at www.flying-monkeynh.com.

Race

FROM PAGE A11

Marketplace, New England Printwear, HPM Insurance, Runner’s Alley, Cottage Place on Squam, Six Burner Bistro, New World Auto, MegaPrint, Melcher & Prescott Insurance, Peabody and Smith Realty, E & S Insurance, Village Ski & Sport, Keller Williams Realty, Meredith Savings Bank, Michelle Eastman Realty, KTM Auto, Rough & Tumble, Mobile Marine, Squam Boat Livery, Rumney Common Cafe and Tavern, R.S. Eastman Property Management, Biederman’s Deli and dozens of raffle prize donors!

Special thanks the Webster Family (Webster Land Corp and Burleigh Land Limited Partnership) for the event location and trail access providing hiking enjoyment for everyone for the Ridge Race and all year long.

The SLA is still seeking sponsors and in-

kind donations for the Ridge Race Raffle. If you would like to participate, please contact Pam Smith at the SLA office. Parking (start and finish line) will take place at Burleigh Farm Road off of Route 113 in Holderness. Registration/number pick up opens at 7:30 a.m., and the race will start at 9:00

a.m. This event is limited to the first 200 registrants.

The Squam Lakes Association is a non-profit organization established in 1904 and for over 100 years has been working to protect and conserve the natural beauty, peaceful character, and resources of the Squam Watershed. In

collaboration with local and state partners, the SLA promotes the protection, careful use and shared enjoyment of the lakes, mountains, forests, open spaces and wildlife of the Squam Lakes region. For more information, call the SLA office at 968-7336 or email info@squam-lakes.org.

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JJ GREY - Fri, Oct 12 An Unfettered, Blissful Solo Appearance	Thriller Night with WHO'S BAD - Thur, Oct 25 The Ultimate Michael Jackson Experience
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DONNA RHODES

Safety officials in boats and kayaks kept a close eye on competitors swimming in the Sprint competition for the Lakes Region Triathlon last Saturday morning when high winds made for rough conditions on the lake.



DONNA RHODES

Lakes Region Triathlon co-director Jana Loughlin congratulated Colin Cook of Brookline as she presented him with his first place medal in last Sunday's grueling Olympic race competition where he took part in a 1500-meter swim, biked twice around Newfound Lake then completed a 10K race to the finish line at Wellington State Park.

Triathlon

FROM PAGE A1

run before the ultimate winner of the Lakes Region Triathlon could be determined. Calm waters, blue skies and warmer tem-

peratures on Sunday made for the perfect day. At the end of the competition, 36-year-old Colin Cook of Brookline was the first to the finish line at a little after 10:30 a.m. that morn-

ing with an impressive overall time of 2:24:51 for all three events. "This was great! Very good," he said as he paused to accept his medal from Loughlin. "This was my first time here since they held

the Mooseman and the bike course was a little more than standard, but it was a good honest course." Just behind him with a time of 2:26:23 was Sean McNeil of Canton, Mass., this year's winner of Tritanium Sports' recent City on the Lakes Triathlon.

"The course was gorgeous! The roads were all in good shape, and there's nothing like biking and running along this lake, one of the cleanest lakes in New Hampshire," said McNeil after completing the three events.

Besides the Sprint and Olympic competitions, there was also an Aqua Bike event held on both days where competitors swam and biked, but did not have to do either the 5K or 10K run. Some tough athletes were out on those course both days. Jennifer Passafiume of Martha's Vineyard, Mass. was the first Aquabiker over the line for the ladies on Sunday, saying the swim that day was nice and warm and conditions for the bike ride were ideal.

"I used to do the whole triathlon, but an ankle injury keeps me from running now, so the Aquabike is a good opportunity to still participate. I had a great time," she said. In the men's Aquabike competition, Ned

Connell of St. Albans, Vt. led the way for the first time here since 1996. He was one who participated both days in that event and was grateful for the better conditions on Sunday that boosted him to a first place finish.

Local standouts in the Olympic competition on Sunday were David Martino, age 28, of Laconia, who placed second in his division and fourth overall while 22-year-old Michael Roy of Northfield came in first in his division and 23rd overall, and 48-year-old Jay Fogarty of Holderness was fourth in his division and 30th in the overall results.

For the women on Sunday, 55-year-old Erica Russell of Laconia was first in her division and finished an impressive 32nd in the competition while Kathleen White, age 35, of Bethlehem, was second in her division, 54th overall, and 56-year-old Kathleen Horgan of New Hampton placed second in her division and 56th in the overall Olympic event.

For Saturday's Sprint competition, Carl Busta of Glastonbury, Conn. finished first for the men, Jon Whitney of Andover, Mass. came in second and Mike Mulder of Burlington, Vt. placed third with respective

times of 1:14:58, 1:16:43, and 1:16:52.

Topping the field in the women's class in Saturday's Sprint was first place finisher Molly Zahr of Bedford with a time of 1:22:01. Michelle Rosowski of Burlington, Vt. came in at 1:22:22 and was followed closely by Katie McCully of Eastham, Mass. who finished third overall for women with her time of 1:22:32.

Loughlin said she was very pleased with this year's event, where 20-percent of the proceeds will benefit Newfound Pathways in their mission to provide safe travels for bikers in the Newfound Region.

"It's very important to us to give back to the local community and Newfound Pathways is here with volunteers every year to help out with the event. They're awesome," she said. "This weekend was absolutely fantastic. The atmosphere, the smiles, the volunteers — it was all fantastic."

Besides volunteers from Newfound Pathways and other local organizations, crews from Bristol, Alexandria and Ashland fire departments were on hand, both in and out of the water, to make sure the athletes were safe, along with members of the Bristol Police Department who headed up traffic and road safety for the two-day event.

Wellness

FROM PAGE A3

practices. Companies recognized at the Bronze level achieved an Index score of 86 – 129 out of a maximum 217 points. PSU was one of 60 organizations nationwide to earn this designation.

"With only four companies in New Hampshire recognized by the American Heart Association, it is a relief and pleasure to see Plymouth State, as a higher education institution, recognized for building a healthy culture for future generations and leading the way in New Hampshire," said Chris Sharpe, chairperson, American Heart Association New Hampshire board of directors.

In 2016 Plymouth State became the first university in the country to earn WELCOA's platinum designation, recognizing it as one of the nation's healthiest organizations.

On Tuesday, Sept. 18, Plymouth State hosted more than 235 participants at its Second Annual Healthy Living Symposium. The theme



COURTESY

Denise Normandin, director, Healthy PSU Program, accepts the WELCOA On the Move Top 25 Most Active Company Award from Nick Vailas, PSU alumnus and founder and CEO of Bedford Ambulatory Surgery Center (BASC).

of the symposium, Building Stronger, Healthier Communities: Lessons in Passion, Leadership, Courage and Resilience, was captured by all presenters. The WELCOA On the Move Top 25 Most Active Company Award and American Heart Association Workplace Health Achievement Award were presented to Plymouth State University's Donald Birx, president, Robin Dorff, provost, and Denise Normandin, MA, RD, LD, director, of the "Healthy PSU" program. Nick Vailas of Bedford, NH presented the WELCOA award; Vailas is a PSU alumnus and founder and CEO of Bedford Ambulatory

Surgery Center (BASC). "As a PSU alumnus and President's Council member, it gives me great pride to see PSU being recognized as a national leader in promoting healthy living for students, faculty, staff, families, and the community," said Vailas. "PSU is a model in delivering a message that wellness is not a 'once in a while' endeavor, but an ethos of attaining health through day-to-day decisions and choices that foster wellness." For information about Plymouth State University and its Healthy PSU program, visit www.campus.plymouth.edu/healthy-psu/.

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Newfound Landing Sports

Section **B**
Thursday,
Thursday, September 27, 2018

Winnisquam takes the battle of the Bears

BY JOE SOUZA

Contributing Writer

TILTON — Two weeks into the season, the buzz centered around Newfound's high-powered hurry up offense that averaged 58.5 points in their first two contests.

That quickly changed during Saturday's early season clash of Division IV unbeatens.

Angelo Glover scored four touchdowns, and the Winnisquam defense made the adjustments needed and bottled up Newfound's potent ground game enroute to



JOE SOUZA

Newfound's Brett Pigeon (5) makes a cut up field behind the blocking of teammates Logan Rouille, left, and Shawn Huckins, right, during Saturday's Division IV contest at Winnisquam Regional.



JOE SOUZA

Winnisquam's Brycen Wiles cuts up field with Newfound's Leroy Laflamme coming up from behind during Saturday's Division IV contest in Tilton.

What's On Tap

As one month comes to an end and another begins, there is a full slate of action for the local high school teams.

At Newfound, the cross country team will be hosting a meet today, Sept. 27, at 4:30 p.m.

The Newfound unified soccer team will be hosting Inter-Lakes today, Sept. 27, at 3:15 p.m. and will be at Laconia at 3:30 p.m. on Tuesday, Oct. 2.

The field hockey Bears will be hosting Lebanon at 4 p.m. on Friday, Sept. 28, will be at Berlin on Monday, Oct. 1, at 4 p.m. and at Bishop Brady on Wednesday, Oct. 3, both at 4 p.m.

The Newfound volleyball team will be hosting Masconic at 6:30 p.m. on Friday, Sept. 28, will be at Moultonborough on Monday, Oct. 1, at 6:30 p.m. and at Prospect Mountain on Wednesday, Oct. 3, at 6 p.m.

The Newfound soccer boys will be hosting Mascoma at 11:30 a.m. on Saturday, Sept. 29, will be at Laconia at 4 p.m. on Monday, Oct. 1, and at Berlin at 4 p.m. on Wednesday, Oct. 3.

The football Bears will be hosting Mascoma at 7 p.m. on Saturday, Sept. 29.

At Plymouth, the field hockey girls will be hosting Pelham today, Sept. 27, at 4 p.m., will be at Derryfield on Friday, Sept. 28, at 4:30 p.m..

The Plymouth soccer boys will be at Lebanon today, Sept. 27, at 4 p.m., will be hosting Pembroke at 4 p.m. on Monday, Oct. 1, and will be at Bow on Thursday, Oct. 4, at 4 p.m.

The volleyball Bobcats will be at Kingswood on Friday, Sept. 28, at 6:15 p.m. and will be at Milford at 6 p.m. on Thursday, Oct. 4.

The Plymouth cross country team will be running at

SEE ON TAP PAGE B3

an impressive 34-18 victory in a battle between the Bears. Winnisquam is now on top of Division IV, along with rival Franklin, at 3-0.

Newfound slips to 2-1. "Yeah it's an early game in the regular season but we treated it like a playoff game," Winnisquam coach Pat Riberdy said. "It's the kind of game we expected between two good teams so we treated it that way this week."

While all the talk was about the Newfound of-

fense and its talented backs, Glover and the Winnisquam defense would have none of that on their turf Saturday. Glover rushed for 226 yards and scored four touchdowns on 32 carries.

"They do have a potent offense," Riberdy said. "I think defensively we turned the corner today. We made an adjustment. We came out in a five-man front and we went back to our base four-man front. We put ourselves in the right

places to make plays.

"And the key we controlled the front," added Riberdy.

Both offensive units came out flying as they exchanged touchdowns early on, leaving the blue Winnisquam Bears with a slim 14-12 edge over the green Newfound Bears early in the second quarter.

After leaning heavily on bruising running back Glover, Winnisquam got a huge play from quarterback Philip Nichols and receiver

Gunnar Horman. Nichols put the ball up high where only his receiver could get the ball on a crossing route. In the middle of double coverage, Horman came down with the ball and raced 87-yards for a touchdown as the Newfound defenders collided on the play. Nichols connected with Horman again on the PAT, giving Winnisquam a 22-12 edge with 5:46 remaining in the second quarter.

Newfound appeared to come up with a momentum changing defensive stand at the end of the first half, stopping Nichols a yard short of the goal line on a fourth-and-goal play from the five-yard line.

Glover took care of that though.

Winnisquam took the second half kickoff and marched 60 yards in nine plays, all but one coming on the ground. The 6-foot, 250-pound Glover carried the pigskin six times on the drive, capping it by barreling in from three-yards out to give Winnisquam a 28-12 edge.

The Winnisquam defense -- led by Kobe Briand, Caden Remillard, Anthony Montalto, Cameron Roberts and Xoren Powell -- came up with a big defensive stop. Winnisquam stopped Newfound on a fourth down play, giving its offense the ball at the Newfound 48.

Glover rambled 24 yards on the next play. A 12-yard face mask penalty on the play put Winnisquam at the Newfound 12. Two-plays later, Glover went in from three-yards out again for a commanding 34-12 edge with 4:06 remaining in the third quarter.

"Angelo is a big back. He wears you down," said Riberdy. "He was our utility guy. We had him at tight end and on the line. We moved him everywhere, but he always wanted to carry the ball. We told him that if he wanted to run the football he had to come and run hard every day.

"He's done that so this is his reward," the veteran coach added.

That score was Glover's fourth trip into the endzone. He also scored from a yard out and on a 19-yard scamper in the opening quarter.

"It was a hard-fought game," Newfound coach Ray Kershaw said. "(Glover) is tough and we just couldn't take him down. Everything we saw we knew was coming. We prepared for it in practice but we weren't playing well.

"Not to take anything away from Winnisquam because they are a great team, but our kids just weren't into it today," added Kershaw. "Last week we had a hard-fought game with Raymond for awhile and the kids responded. Today they didn't respond."

Newfound came out firing though. Quarterback Logan Rouille hit Mason Dalphonse for 31-yards on the first play from scrimmage. From there, they went to the ground and moved the ball inside the Winnisquam 10. The ball was knocked loose though near the five and Winnisquam's Roberts jumped on the loose ball at the 21.

Winnisquam would go 79 yards in 10 plays, getting a one-yard TD run from Glover who would also take the PAT in for an 8-0 lead. Newfound responded with a six-play, 65-yard scoring drive. Aidyn Robbins took it in from 20 yards out, but the PAT was stopped -- leaving Winnisquam up 8-6.

Glover would make it 14-6 Winnisquam with a 19-yard TD run for a 14-6 lead only to have Newfound come back with a five-yard TD run from Tiellar Mitchell. The PAT was stopped again, leaving Winnisquam up 14-12.

The Winnisquam defense came up with another big stop on a fourth down play, and the hosts followed that up with Nichols' long TD strike to Horman to take command.

"Before the game we told the kids our best defense is our offense today," Riberdy said. "Phil (Nichols) did a great job handling the offense. He made good decisions for the most part. Defensively we did everything well. We bent but didn't break. As the game went on we got more aggressive. The kids really stepped up in the second half."

Along with Glover's SEE FOOTBALL PAGE B3



RC GREENWOOD

Split week

Madi Dalphonse moves the ball during her team's game with Berlin last week. The Bears were able to blank the Mountaineers 4-0 for their seventh shutout in as many games. Newfound suffered its first loss of the season on Saturday at Mascoma, dropping a 2-0 decision to the Royals. Newfound will be hosting Lebanon on Friday, Sept. 28, at 4 p.m., will be at Berlin on Monday, Oct. 1, and at Bishop Brady on Wednesday, Oct. 3, both at 4 p.m.

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Sports Editor - Joshua Spaulding - 279-4516 (phone) - 279-3331 (fax) - josh@salmonpress.news



RC GREENWOOD

Bears on the court

Bailey Fairbank goes up for a kill during her team’s game with Moultonborough last week. The Bears dropped a 3-1 decision to the Panthers and also fell 3-1 to defending champion Winnisquam. The Bears will be in action on Friday, Sept. 28, at 6:30 p.m. hosting Mascenic, will visit Moultonborough on Monday, Oct. 1, at 6:30 p.m. and will be at Prospect Mountain on Wednesday, Oct. 3, at 6 p.m.

Bobcat golfers close in on end of regular season

BY JOSHUA SPAULDING
Sports Editor

CAMPTON — The Plymouth golf team started and finished the week on its home course at Owl’s Nest Resort in Campton. On Monday, Sept. 17, the team played host to Prospect Mountain and a very strong Pelham team. The Pythons were able to edge the Bobcats by a score of 70 to 68 to take the lead. Prospect Mountain finished in third place with a score of 60.

The top two players in coach Jeff Park’s lineup led the way for the Bobcats as Marcus Morel in the top spot and Mike Ouellette in the second spot both finished with 18s for the afternoon. Robbie Johansson, playing in the fourth spot in the lineup, finished with a 17 to place as Plymouth’s third scorer. The final scorer for the day for Plymouth was Zach Plugu, playing from the sixth spot in the lineup. He finished with a 15. Parker Keeney finished with a 14 from the seventh spot in the lineup and Mike Johansson in the third spot and



JOSHUA SPAULDING
Mike Ouellette was one of two Bobcats leading the way at Owl’s Nest last week.



JOSHUA SPAULDING
Robbie Johansson finished third for the Plymouth golfers in a meet at Owl’s Nest on Sept. 17.

ing on the afternoon. The Bobcats traveled to Pheasant Ridge on Wednesday for a match hosted by Gilford and came home with two wins. Morel led the way for the day, earning medalist honors with 23 points from the top spot in the Bobcat lineup. Ouellette finished with a 19 from the second spot and Puga finished with a 15 in the third spot to finish as the second and third scorers. Spence rounded out the scoring with 13 points from the fifth

spot. Robbie Johansson in the fourth spot and Keeney in the seventh spot both finished with 12s and Michael Johansson shot an eight from the sixth spot in the lineup. Plymouth wrapped up the week with another home match on Friday, Sept. 21. The Bobcats finished second with 68 points with Bishop Brady taking the win with 78 points and John Stark finishing third with 34 points. Puga led the way for the Bobcats with a score

Bears run at Manchester Invitational

BY JOSHUA SPAULDING
Sports Editor

MANCHESTER — Members of the Newfound cross country team competed with athletes from around New England in the annual Manchester Invitational, held at Derryfield Park in New Hampshire’s largest city. In the freshman race for boys, Joe Sullivan



JOSHUA SPAULDING

JOE SULLIVAN led the Newfound boys in the freshman race in Manchester last week.

led the way for Newfound with an 88th place finish overall, with Luke Gordon finishing in 114th place. Connor Downes finished in 135th place overall and Ryder Downes finished in 181st place overall. Newfound was represented in the JV C girls’ race as well. Greta Gruss finished in 24th place overall to lead the way, with Sophia Pettit in 103rd place and Sadira Dukette in 123rd place overall. In the JV C boys’ race,

Kyle Rosendahl led the Newfound team in 73rd place overall, Nicholas Comeau finished in 109th place and Ashlar Dotson finished in 11th place overall. Connor Springer finished in 155th place and Wyatt Day was 160th overall to round out the field of Bears. The Bears will be hosting the Newfound Invitational today, Sept. 27, at 4:30 p.m. Joshua Spaulding can be reached at 279-4516, ext. 155 or josh@salmonpress.news.

Mayhew and McDermott tourney is Oct. 10

CAMPTON — The Mayhew and McDermott scholarship golf tournament will take place on Wednesday, Oct. 10, at Owl’s Nest Resort in Campton. The tournament provides support for education and independent living. Registration begins at 8:30 a.m. with a 10 a.m. shotgun start. Sponsorships are available on gold, silver and bronze levels and spots are open for golfers at \$125.

New this year will be Dixon Golf Endorsement with on-course games and challenges. There will also be a pre-event cookout on Tuesday, Oct. 9, at 5:30 p.m. at the home of Sarah and Jeff Caron at 8 Summit Road in Plymouth. RSVP to the cookout or get more information at 536-1102 extension 1115 or e-mail denise.castonguay@becket.org.

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Decision time?

Maybe it's time for a few decisions.

It's been more than a year since I started commuting to the Salmon Press office in Meredith on a regular basis. This is a considerably longer drive than it was from my place in Ossipee to my former office in Wolfeboro. I drive a lot for this job on a regular basis, covering games at all five of my high schools and often hitting the road to away games all over the state. I don't dislike driving, but I am also aware that it takes its toll on my vehicle, as the more than 130,000 miles in three and a half years that I've owned my car will tell.

But driving to the office five or more days a week is starting to take its toll. Because I'm 40 minutes away from where I live, I rarely get home during the afternoon like I used to. When I worked in Wolfeboro, I would usually head out of the office and drive home, check the mail and spend a few minutes relaxing before heading to a game. However, now that I am so far away, I usually just stay in the office until it's time to leave for the game to save driving time and/or mileage on the car. And that's beginning to get a little tiring.

So, over the last year or so, I've thought about moving, possibly getting closer to the office, but at the same time it would probably move me further from some of my schools. And over the last 15-plus years, I have set up a good portion of my life around Wolfeboro. My second and third jobs are both in Wolfeboro and I'm heavily involved in the Village Players Theater in Wolfeboro, which makes me want to stay somewhere near Wolfeboro.

However, I also don't want to move just for the sake of moving. I like the apartment I am in and the fact that it isn't too far from many of the schools that I cover. And I'm also

SPORTING CHANCE

By JOSHUA SPAULDING

aware that I probably won't find another place where the rent is as reasonable as it is in my current apartment. My landlords are great and my neighbors don't cause any problems, so there's no reason to leave other than the idea of being closer to the office.

Of course, there's another option and that would be to find a new job, one that keeps me relatively closer to home on a regular basis. I've been adapting this job over the last year-plus, learning to do work in lots of different places. I've written stories in the Wolfeboro laundromat, at Lydia's Café in Wolfeboro and at the Village Players Theater, taking advantage of the wifi to transfer folders so I can avoid driving to the office on certain days. I don't have internet access at home, so while I write stories there (including this column) I can't do any other work at home until I get to the wifi access.

The idea of finding a new job is not something I take lightly. I've been doing this for more than 15 years and change isn't something I terribly like. And also, my skill set of writing about sports is not terribly transferable to many other jobs. So there's that.

I guess we shall see. Finally, have a great day Laura Cooper.

Joshua Spaulding is the Sports Editor for the Granite State News, Carroll County Independent, Meredith News, Gilford Steamer, Winnisquam Echo, Plymouth Record-Enterprise, Littleton Courier, Newfound Landing, Coos County Democrat, Berlin Reporter and The Baysider. He can be reached at josh@salmon-press.news at 279-4516, or PO Box 729, Meredith, NH 03253.



BOB MARTIN – WINNISQUAM ECHO

Unified action

The Newfound unified soccer team battled Winnisquam in Tilton last week and picked up a 2-1 win over the host Bears.

Football

FROM PAGE B1

226 yards, Winnisquam also 46 yards rushing from Nichols and 32 from Brycen Wiles. Nichols completed 7 of 16 passes for 196 yards with Horman catching four passes for 135 yards and a touchdown.

Briand led the Winnisquam defense with nine tackles and two forced fumbles. Roberts recovered two Newfound fumbles and Powell recovered another loose ball.

Newfound was paced by Robbins who finished with 138-yards rushing and two TDs, including one from three-yards out to cap the scoring in the fourth quarter, on 13 carries. Mitchell had 87 yards and a TD on 16 attempts, while Shawn Huckins had 42 yards rushing.

Despite the disappointing performance,

Kershaw feels it will be a good measuring stick for his Newfound squad as they look to build the program up.

"This is a good thing. I'm interested in seeing how we respond now," Kershaw said. "We tell them all the time that life is hard. Life is not fair, but it's how you respond to those challenges.

"This team has won only two games over the last two years. This year, we won our first two games," added Kershaw. "So this is a true test for us. If they want to be a championship caliber team they have to respond to challenges. We'll see how they respond."

Newfound will look to bounce back Saturday evening when it plays host to Mascoma. Winnisquam entertains Raymond under the Homecoming lights on Friday.

On Tap

FROM PAGE B1

Coe-Brown at 1:30 p.m. on Saturday, Sept. 29.

The Bobcat football team will be at St. Thomas at 2 p.m. on

Saturday, Sept. 29.

The Plymouth girls' soccer team will be at Souhegan at 2 p.m. on Saturday, Sept. 29, will visit Con-Val at 6 p.m. on Monday, Oct. 1, and will be hosting Coe-Brown on Tuesday, Oct. 2.

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What's the Difference?

There are four things different between Picture A and Picture B. Can you find them all?



Answers: 1. Runner's hair is longer 2. Missing portion of white line 3. Extra trash pail 4. A letter is missing from back right sign

THIS DAY IN...



HISTORY

- **1789:** THOMAS JEFFERSON IS APPOINTED THE FIRST SECRETARY OF STATE OF THE UNITED STATES.
- **1820:** FAMED FRONTIERSMAN DANIEL BOONE DIES IN MISSOURI AT THE AGE OF 85.
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a practice game for sports teams



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ANSWER: ATHLETE



- ENGLISH:** Net (soccer)
- SPANISH:** Red
- ITALIAN:** Rete
- FRENCH:** Filets
- GERMAN:** Tor



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Can you guess what the bigger picture is?

ANSWER: BASKETBALL

⊙ * ✎ ☺ ~ ⓪ ♫ ✨ ✖ ✨ + ✨ ✨ ▲ ☾ ✨ ♂ ✨ ✨ ♀ ✨ ☾ ♂
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A. 2 6 13 13 25 3

Clue: Hits nails

B. 15 3 12 22 6 7 7

Clue: Sheetrock

C. 3 25 11 19 23 6 9 25

Clue: Improve

D. 2 19 1 24 25

Clue: Dwelling

Answers: A. hammer B. drywall C. renovate D. house

SUDOKU

	9		6					
				1				5
	7	1					3	8
	8		2			5		6
3						9		
				8		1		
				2				
6			3		1			
		8		5		7		4

Level: Intermediate

Here's How It Works:

Sudoku puzzles are formatted as a 9x9 grid, broken down into nine 3x3 boxes. To solve a sudoku, the numbers 1 through 9 must fill each row, column and box. Each number can appear only once in each row, column and box. You can figure out the order in which the numbers will appear by using the numeric clues already provided in the boxes. The more numbers you name, the easier it gets to solve the puzzle!

2	3	8	9	5	6	7	1	4
9	4	6	3	7	1	8	5	2
7	1	5	8	2	4	3	6	9
9	5	6	4	8	7	1	2	3
3	2	4	1	6	5	9	8	7
1	8	7	2	3	9	5	4	6
4	7	1	5	9	2	6	3	8
8	6	2	7	1	3	4	9	5
5	9	3	6	4	8	2	7	1

ANSWER:

Holiday nets two as Timber Wolves blank Bears

BY JOSHUA SPAULDING
Sports Editor

ALTON — With limited subs, Newfound boys' soccer coach Jason Hill knew he was in for a battle against a solid Prospect Mountain team on Friday, Sept. 21, in Alton.

The Bears put up a good fight but the Timber Wolves proved to be too much, taking advantage of a tired Bear squad for three goals in the second half on the way to the 4-0 win.

"Part of our plan going in was being a little patient," said Prospect coach Cory Halvorsen. "Knowing the way Newfound played against us in the past, the best thing to do was to be patient and move the ball."

"The last two games, they fought," said Hill, referencing his team's prior 2-0 loss to Gilford. "Only a few subs, kids playing full games, with tired legs they started getting gassed."

"They were transitioning up and down the field trying to make things happen," the Bear coach added.

The first half was a game of chances with only one chance finding the back of the net. Matt Libby had a good clear early on for the Bears and keeper Jacob Pfister made a nice save on a direct kick. Lucas Therrien sent a ball just high for the Timber Wolves and Cian Connor just missed connecting with Reid Wilkins at the other end. Connor also made a good run into the zone that Travis Stockman stopped.

Nolan Sykes sent Carter Dore in with a bid but Newfound's Tuan Nguyen was there to make the defensive stop and the Bears went back the other way, with Wilkins fighting his way through the defense to get the ball to Justin Shokal, who sent it over the crossbar. Sykes had another bid stopped by Pfister and Caden Dore had a run in for Prospect that Libby stopped in the backfield. Sykes tipped a shot wide and Therrien sent a pass to Carter Dore that he fired off the post.

Newfound had the game's first corner and Shokal's shot was stopped by Prospect keeper Nick Clark. Jack Gosson had a good defensive stop for the Bears and Therrien had another shot go high for the Timber Wolves as the two teams battled back and forth. Prospect had a corner kick chance but Mike Perry's shot was stopped by Pfister.

Wilkins just missed connecting with Colby Miles on a bid and Pfister made another save in the Newfound net as Prospect countered. Wilkins had a shot denied and then McKaie Norman sent a good ball into the zone for the Timber Wolves only to have Libby make the defensive stop. Connor headed out a Prospect corner kick attempt and then fed Miles with a chance at the other end that Perry stood tall to stop. Nguyen just missed connecting with Miles at one end while Normand just missed



NEWFOUND'S REID WILKINS works the ball away from Prospect Mountain's Michael Perry in action on Friday.



Newfound goalie Jacob Pfister slides out to make a stop as Adrian Ehmann provides a little protection.

Sykes at the other end. Gosson had a good clear in the Newfound defensive zone and then Clark made a save on a Shokal header at the other end.

Isaac Smolin sent a shot high on a corner for Prospect Mountain and Nguyen and Wilkins just missed connecting for the Bears. Carter Dore had a direct kick that Pfister stopped to keep the game scoreless.

The Timber Wolves were able to get on the board with 8:42 to go in the first half, as Normand sent Hunter Arseneault in on net with a great feed and Arseneault buried it for the 1-0 lead. Caden Dore and Carter Dore each had chances in the final few minutes but the half drew to a close with the Timber Wolves up by the 1-0 score.

Prospect had the first chances of the second half, with Sykes getting a couple of bids but Shokal and Gosson stood strong on defense. Newfound had the first corner of the half but could not convert and Pfister had a long boot down the field that got too far in front of his teammates.

Prospect was able to double the lead with 34:51 to go in the game, as Normand sent a nice cross in to Sykes, who fired the ball past Pfister to push the lead to 2-0. Libby came through with good defense for the Bears while Carter Dore sent another shot high. Prospect had a corner that was cleared out and Shokal made a run into

the zone that was cleared out by the defense. Pfister also made a nice grab on a cross through the box.

With 28:24 to go, Pfister made a great point blank save on Sykes but Nate Holiday was there to head the rebound into the net for the 3-0 lead. It was Holiday's first varsity goal.

Holiday had another bid go over the net and Smolin had a shot stopped by Pfister. Carter Dore also had a bid go high and Pfister stopped a header from Caleb Towle. Libby made a nice clear on a bid from Carter Dore as well.

With 13:27 to go, Prospect added the final tally. Adrian Ehmann made a great defensive stop on a run into the zone by Sykes, but Holiday was able to get to the loose ball and fire it home to make it 4-0.

Caden Dore and Carter Dore each had late chances for the Timber Wolves while Gosson and Matt Costigan were solid on defense for the Bears. Connor made a run in that was cleared and Pfister made a nice grab on a ball into the zone, finishing off the 4-0 final score.

"I was fairly pleased," said Halvorsen. "With our back four, they showed a good performance today. There were not many mistakes in our back."

He also praised the work of Holiday, who he noted has earned a spot starting for the Timber Wolves.

"Nate's been showing

improvement every day for us," Halvorsen stated. "He started the last three games and he's been earning it every day at practice."

"He (Halvorsen) has incredible center backs," noted Hill. "Our chances were limited because of the way they play back there."

"But they battled and that's what I want them to do," he continued. "It's been a tough first half schedule and I think we're better than our record."

"We're trying to force teams to beat us," Hill added. "We're hoping in the second half some bounces can go our way and we can get into the playoffs. But it will take some work to get there."

He also pointed out that the games against Gilford and Prospect were his team's best efforts on the season.

"If we continue to play this way, the wins will come," Hill stated.

The Bears will be in action on Saturday, Sept. 29, at home against Mascoma at 11:30 a.m., on Monday, Oct. 1, they will be at Laconia and Wednesday, Oct. 3, they will be at Berlin, both at 4 p.m.

The Timber Wolves will be hosting Sanborn today, Sept. 27, and Berlin on Monday, Oct. 1, both at 4 p.m. before heading to Inter-Lakes for a 4 p.m. game on Thursday, Oct. 4.

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