



THURSDAY, OCTOBER 26, 2017 GILFORD, N.H. - FREE

Halloween happenings scheduled around Gilford

BY ERIN PLUMMER
mnews@salmonpress.news

Parties, crafts, pumpkin carving, and much more Halloween fun will be in store for families this week leading up to Halloween night this coming Tuesday.

Come to the Gilford Public Library with a pumpkin on Thursday, Oct. 26 at 3:15 p.m. for BYO Pumpkin Carving. Kids ages preschool through fourth grade can come and carve pumpkins with adult help. Tools and templates will be available from the library an attendees can enjoy snacks.

The Gilford Parks and Recreation Department will hold its annual Halloween Happening at Gilford Middle School on Friday, Oct. 27 from 5:30-7:30 p.m. Children under six can



FILE PHOTO

Gilford Elementary School students will parade through the village again on Tuesday, Oct. 31 at 9 a.m.

Sign Ordinance Review Committee convenes

BY ERIN PLUMMER
mnews@salmonpress.news

Gilford's new sign ordinance committee is now in the process of reviewing the town's sign ordinance in reaction to a Supreme Court decision in Arizona.

After several months of discussions and trying to recruit certain representatives, the Sign Ordinance Review Committee has been formed,

and began its regular meeting schedule on Tuesday.

On June 28, the selectmen voted unanimously in favor of creating this committee to review the sign ordinance. This decision was based on the 2015 by the US Supreme Court in the case of Reed vs. the Town of Gilbert. Gilbert, Az. had an ordinance requiring all signs to

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play Halloween games in the gym for the entire event and do Halloween crafts in the

cafeteria from 5:30-6:30 p.m. There will also be a costume contest along with the Monster

Mash Raffle and door prizes. Guests can also put people in "Halloween Jail" with "bail"

going to a good cause.

Gilford Village will be haunted by a parade of costumed little ghouls on Halloween morning for Gilford Elementary School's annual Halloween Parade. Kids will leave GES at 9 a.m. in their costumes along with costumed members of the faculty, staff, and administration. The parade will go down Belknap Mountain Road down to the Gilford Village Store and then back to the school.

The Gilford Public Library's Children's Halloween Party will take place right on Halloween stating at 10:30 a.m. Kids from infants to age six accompanied by an adult are invited to come in their Halloween costumes. The party will begin with a story, then kids will parade through the library. This will be followed with a trick-or-treat and playing

SEE **HALLOWEEN** PAGE A13

GHS freshmen have fun day of community service

BY ERIN PLUMMER
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Gilford High School freshmen could explore different ways to help their school and community on Freshman Community Service Day.

Members of the Class of 2021 spent most of Monday doing a series of community service activities including raking, painting, baking, making cards, and many others.



COURTESY PHOTO

A group of students bake treats for faculty and staff at GHS.

This is the second year the school has had

a Freshman Community Service Day. GHS Principal Anthony Sperazzo said students at GHS are required to complete 24 hours of community service in their four years at the school, around six hours a year. To encourage students to get their time in the school offers different community service events for freshmen and sophomores. He said this is a way to help students get started.

While freshmen will do Community Service Day at school, sophomores will do service activities around Gilford and Gilmanton. Sperazzo said by junior year the students have developed outreach skills so they can go out an do community service on their own.

Sperazzo said the school's mission statement promotes civic responsibility.

The day started with an assembly emphasizing

ing the importance of community service in the school. Students then went off into different groups to do various tasks around the building and the grounds. Teacher Deb Laliberte said there was an activity to cater to the interests and learning styles of all students.

"Really, just all good stuff to add to that climate and sense of community," Lalibete said.

She said kids who are more hands on could rake leaves or paint the baseball field dugout. Those who enjoy art crafted a banner with the school's motto LEAD (Learn, Excel, Achieve, Dream).

Freshmen also met in a group and talked about ides for acts if kindness and made cards with encouraging sayings. In the Home Economics room they made baked goods to give to faculty and

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Interact Club carrot harvest helps farm, teaches lessons

BY ERIN PLUMMER
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Members of Gilford High School's Interact Club literally got their hands dirty this week helping a local farm harvest carrots, getting a direct lesson in how food is grown.

On Monday, afternoon students and other volunteers traveled to Winnepesaukee Woods Farm and pulled up carrots with help from farm owner Aaron Lichtenberg. The activity was a community service project for Interact members.

Interact advisor Monica Sawyer said Lichtenberg already contributes so much to the community, including produce for Gilford and Alton's



ERIN PLUMMER

Helpers with GHS' Interact Club pick out some good sized carrots.

individual Got Lunch programs and many others,

"He's always been someone who has giv-

en back a lot, of course this time of year he's getting really tired," Sawyer said.

Sawyer said she

thinks it's good for the students to get their hands dirty and get an appreciation for local

SEE **CARROTS** PAGE A14

ALMANAC

Notes from the Gilford Public Library

BY MARK THOMAS

Library Correspondent

Phew! We just finished up doing book talks with almost the whole middle school. They like stories, that was clear, though I was amazed at how focused some of their interests were. "Who likes fantasy?"—one set of hands go up. "Who reads realistic fiction?"—another set of hands. On it went as I asked about sports, science fiction, historical fiction... They knew what they liked.

Though I was glad that they have interests, it was a shame when I saw some eyes glaze over when I talked about a book that didn't match what they think they would like. Arielle and I handpicked the books we talked about, so obviously they are wonderful to the letter. It pains me to see someone miss out on a read that they might love, or that might have a profound effect on them, just because they haven't given the genre a chance.

The same phenomenon happens when adults are trying out the reading challenges. The first ten or so categories are easy, but then you get to the 'odd' stuff. What's odd to one reader is not necessarily odd to another, however. One person does the High-Fantasy book first, while another leaves it until last. The genre that I think is most divisive

is Horror. People love it or hate it, in my experience.

I don't mean realistic thrillers where someone is being chased by someone else with a gun. I mean the kind of story where a house has old grudges, where ghosts are in the walls and they don't like you, where fog is coming over the horizon and it portends death. Horror is fun for some readers—they enjoy the chills, the feeling that something supernatural is happening. For me, I either get scared and hate the feeling, or I embrace my disbelief and mock the story. Nonetheless, the occasional horror keeps me on my toes and keeps me open-minded, especially atmospheric horror.

So maybe, since Halloween is near, try something different and see how it suits you. "Fever Dreams" is an eerie novel written by Samantha Schwebelin. The story takes place in an emergency clinic, where a young woman and a child talk in almost panicked, confused tones as the woman tries to remember what happened to her, and what is happening.

"House of Furies" by Madeleine Roux is cataloged as a Young Adult book, but it is more than horrifying enough for adults. A young woman leaves a hostile school only to find work in

boarding home that is weird, murderous, and vengeful. Those who have been wicked in their past are drawn there to be punished.

"I'm Thinking of Ending Things" by Ian Reid will give you chills, chills that will linger long after you finish reading. The narrator known only as 'The Girl-friend' describes a trip she takes with her boyfriend to a family farm, but she has been thinking of ending the brief relationship even before things got strange. Going from snowy roads at night, to a farm with massive, empty buildings in the middle of nowhere, to another place (no spoilers) that would freak out even the most

stable minds yields psychological horror in its essence.

If you're already a reader of horror, power to you (Pst, try something else)!

Classes & Special Events Oct. 26 to Nov. 1

Thursday, Oct. 26
Homeschool Game Club, 1:15-2:30 p.m.

Teen Table Toppers, 2:30-3:30 p.m.

Teens can play games at the library every Thursday after school!

BYO Pumpkin Carving, 2:30-3:30 p.m.

Bring your own pumpkin and we'll carve together. We'll provide the tools, templates, and snacks. Ages Preschool -

Grade 4, with caregiver.

Conversational French, 4-5 p.m.

Meet the Artist, 5-7 p.m.

Painter Jill Drew will be at the exhibit area to share about her Fallen Soldiers display. This is a chance to meet with the artist.

Foreign Movie Night, 7-9 p.m.

This month's foreign movie is Bamako, from Mali.

Friday, Oct. 27
Social Bridge, 10:30 a.m.-12:30 p.m.

Knit Wits, 1:30-2:30 p.m.

Conversational German, 2:30-3:30 p.m.

Monday, Oct. 30
Fiber Friends, 10 a.m.-12:15 p.m.

Mahjong, 12:30-3 p.m.

Lego Challenge Club, 3:15-4:15 p.m.

Join us for a new challenge every week! K - 4th grade

Tuesday, Oct. 31
Bridge, 10:30 a.m.-12:30 p.m.

Children's Halloween Party, 10:30-11:30 a.m.

Dress in your costumes and hear a story, parade through the library, trick-or-treat, and then play some Halloween games! Ages 0 - 6 with caregiver.

Wednesday, Nov. 1
Line Dancing, 9-10:30 a.m.

Check Out an Expert, 10 a.m.-noon

Andrew Hannon and Casey McNutt

Barry and Linda McNutt of Gilford are pleased to announce the engagement of their daughter, Casey G. McNutt, to Andrew M. Hannon, son of Diana Call & John Hannon of Southern New Hampshire.

Casey is a 2013 graduate of NHTI with a Professional Dental Assisting Certificate and Associate's degree in General Science. In 2016, she had continued her education, and currently has a Dental Permit as an Expanded Function Dental Auxiliary, only one of ten in New Hampshire to



place fillings and restorations, graduating

the youngest in her class. Casey is a EFDA

& dental assistant employed at Interlakes Family Dental Center in Moultonborough.

Andrew graduated from NHTI in 2013 with an Associate's degree in Business, with concentration in Sports Management. He is now attending SNHU to continue his education in Business and is employed with Southern New Hampshire University.

The happy couple were engaged April 29, 2017, and an October 2018 wedding is planned here in the Lakes Region.

Gilford Public Library Top Ten Requests

1. "Glass Houses" by Louise Penny
2. "Merry and Bright" by Debbie Macomber
3. "Haunted" by James Patterson and James O. Born
4. "The Cuban Affair" by Nelson Demille
5. "Don't Let Go" by Archer Mayor
6. "Trace" by Archer Mayor
7. "A Gentleman in Moscow" by Amor Towles
8. "The Girl Who Takes an Eye for an Eye" by David Lagercrantz
9. "The Lying Game" by Ruth Ware
10. "Origin" by Dan Brown

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Cadet Captain Joel Chick receives Earhart Award

LACONIA — Cadet Captain Joel Chick receives the Amelia Earhart

Award from the Hawk Composite Squadron of the Civil Air Patrol.

The second milestone of the Cadet Program is the Amelia Earhart Award, which is earned after the receipt of the General Billy Michelle Award and the completion of the first 11 achievements of the Cadet Program. In addition, the cadet must pass a comprehensive 100 question examination covering aerospace

topics, leadership theory and staff duties

"The Earhart Award honors late Amelia Earhart aviatrix, advocate, and a pioneer, who set many records for women aviators in aviation's infancy, and who was lost while attempting to be the first woman to circumnavigate the globe."1

A home schooled student Joel is attending the Blake Hill Academy of Homeschooling and takes many of his course through the online program of VLACS. He is in the class of 2018 and is involved in

the sports program at the Kingswood High School. Despite what many may believe, homeschoolers do socialize and make tons of friends in shared classes in a classroom setting.

Inspired by the Search and Rescue and emergency medical experience, he enjoys helping others even though he is under 18 years old he has taken, passed the EMT Basic, but he has to wait for the legal age to obtain his certificate. Joel's future plan is to become an in-flight nurse in the U.S.

Air Force. Congratulation Cadet Captain Joel Chick on a job well done.

Civil Air Patrol, the official auxiliary of the U.S. Air Force, is a non-profit organization with 58,000 members nationwide, operating a fleet of 550 aircraft. CAP, in its Air Force auxiliary role, performs about 85 percent of continental U.S. inland search and rescue missions as tasked by the Air Force Rescue Coordination Center and is credited by the AFRCC with saving an average of 70 lives annually. Its unpaid professionals also perform homeland security, disaster relief and drug interdiction missions at the request of federal, state and local agencies. The members play a leading role in aerospace education and serve as mentors to more than 24,000 young people currently participating in the CAP cadet programs. Performing missions for America for the past 73 years, CAP received the Congressional Gold Medal in 2014 in honor of the heroic efforts of its World War II veterans. CAP also participates in Wreaths Across America, an initiative to remember, honor and teach about the sacrifices of U.S. military veterans. Visit www.capvolunteernow.com for more information.

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Gilford Parks and Recreation News

BY HERB GREENE

Director

Gilford Parks and Recreation

Annual “Halloween Happening” Party on Oct. 27

The Gilford Parks and Recreation Department will be sponsoring their annual “Halloween Happening” Party on Friday, Oct. 27 from 5:30 – 7:30 p.m. in the Gilford Middle School Gym and Cafeteria. This party is open to all Gilford children up through the sixth grade. Activities will include; Give-Aways, The Monster Mash Raffle, Costume Contest, Halloween Games and of course the annual Halloween Jail and Pillow Fight Ring. Cupcake decorating and Halloween crafts will again be available in the

cafeteria (until 6:30 p.m.)! As always, the Parks and Recreation Department is looking for volunteers to assist with the party. Help is needed with running games/activities during the party and clean-up following the party.

For more information or to sign up to volunteer, please call the Parks and Recreation Office at 527-4722.

*The Gilford Police Department has set Trick-or-Treating in Gilford for Tuesday, Oct. 31 from 5 – 8 p.m. During these hours, Belknap Mountain Road will be closed from Potter Hill Road to the Imagination Station Parking Lot at the GES.

Youth Basketball registration deadline is Nov. 8

The Gilford Parks and Recreation Department is currently accepting registrations for the Youth Basketball Program for Gilford children in grades one through six. The early registration fee is available through Nov. 3, and the final registration deadline for all divisions is Wednesday, Nov. 8. Any registration submitted after November 8th will be accepted on an availability basis only.

For more information, please contact Parks and Recreation Director, Herb Greene at 527-4722.

Senior Moment-um Halloween Bingo and Lunch – Oct. 30

The Gilford Parks and Recreation is sponsoring a Senior Moment-um Program on Monday, Oct. 30. We will meet at the Gilford Community Church Fellowship Hall at noon for an afternoon of Halloween themed Bingo. Participants are welcome to bring a lunch and we’ll provide coffee, tea, water, a “killer punch” and some fun prizes! Participants are asked to RSVP by Thursday, Oct. 26.

For more information or to RSVP, please contact the Gilford Parks and Recreation Department at 527-4722.

Gunstock Ski/Snowboard Program registration deadline Nov. 8!

The Gilford Parks and Recreation Department is sponsoring a four-week learn to ski/snowboard program to be held at Gunstock Ski Area for Gilford children in grades K-6. This program will be running from 4:30 – 8 p.m. every Tuesday from Jan. 2 – Jan. 23, 2018. There is also rental equipment available to those who need it. Registration deadline is Wednesday, Nov. 8.

For more information, please contact Parks and Recreation Director, Herb Greene at 527-4722.

Adult Pick-up Basketball Continues on Thursday Evenings

The Gilford Parks and Recreation Department is sponsoring a Pick-up Basketball program for adults ages 18 and up, every Thursday evening from 7 – 9 p.m. in the Gilford Middle School Gymnasium. This program runs through the Nov. 16 (no program on Nov. 9). There is a \$2 fee per participant, per evening. This program is open to any interested adults and no pre registration is required.

For more information, please contact the Parks and Recreation Department at 527-4722.

Senior Strides Weekly Walking Program on Wednesday mornings

The Gilford Parks and Recreation Department and Gilford Youth Center are co-sponsoring a weekly walking program for senior adults on Wednesday mornings from 9-10 a.m. at the Gilford Youth Center. Par-

ticipants can track their progress or just walk for fun and socialize with friends. Weather permitting; there may be an option to walk outside through the village as well. There will be plenty of chairs available to take a break as you wish and coffee, tea and water will be provided. A \$1 donation is suggested and fees will go towards monthly raffles and prizes.

For more information, please contact the Parks and Recreation Department at 527-4722

Boston Celtics bus trip scheduled for Feb. 26, 2018

The Gilford and Belmont Parks and Recreation Departments are co-sponsoring a bus trip to Boston to see the Celtics take on the Memphis Grizzlies on Monday, Feb. 26, 2018. Cost of the trip is \$120 for lower level Loge seats and \$70 upper level balcony seats and includes round trip motor coach from Gilford or Belmont and tickets to the game. Our deluxe motor coach will depart from Gilford High School at 5 p.m. and the Belmont Park & Rideshare (Route 106) at 5:15 p.m. You will have time to visit the pro-shop and get dinner on your own prior to the game. Our seats are in section #19 (Loge) and #310 & #311 (Balcony) for the 7:30 p.m. game. Seats are limited; a registration form must be completed accompanied by payment and tickets are non-refundable.

For more information, please contact the Gilford Parks and Recreation Department at 527-4722 or visit their Web site at www.gilfordrec.com.

Local Scouts enjoy the trip of a lifetime

LACONIA — Boy Scout Troop 68, Laconia, experienced the trip of a lifetime in August 2017. Twelve Scouts and four adult leaders spent an exciting week at the Boy Scouts of America high adventure camp, Sea Base, located in the Florida Keys.

Troop 68 has been serving the Lakes Region community for 79 years. Currently chartered by St. Andre Bessette Parish, the Troop began its charter with St. Joseph Church in 1938. Today, Troop 68 follows the Missions and Aims of the Boy Scouts of America under the leadership of Lenny Miner, Scoutmaster, Larry Poliquin, Troop Committee Chair, Tricia Poliquin, Troop Advancement Chair and Nathan Papavlo, Senior Patrol Leader. They are joined by a large number of dedicated parents, local citizens and 25 active scouts that have helped the troop become the strong community focused presence in our city that it is today.

The group traveled from Laconia to Boston and flew into Miami, Florida on Aug. 8. From there, they made their way, by bus, to the Brinton Environmental Center in Summerland Key, Florida. Once checked in and tested on swimming abilities the group canoed five miles through the Atlantic Ocean to Big Munson Island. Three nights and four days were spent exploring the island, snorkeling, kayaking, and deep sea fishing.

“Our boys experience deep woods camping, cold weather camping and hiking in the beautiful area of New Hampshire where we live all year long. This was a very new and exciting experience for



COURTESY

Ben Cone shows off his catch of the day during a deep sea fishing excursion in the Florida Keys while attending Sea Base with Troop 68, Laconia in August 2017.

each of them. And for our leaders!” stated Larry Poliquin, Troop Committee Chair.

Tara Shore, Committee Member, commented, “We have been blessed with the community we belong to. There is no way these scouts would have been able to make this trip without the assistance of so many local businesses and organizations.”

In April, with the assistance of Josh LeMire, Chef at T-Bones in Laconia, the group was introduced to the taste of Mahi Mahi, Snapper and Grouper, three possible varieties of fish they could have catch while deep sea fishing during their trip. In an effort to prepare the group for what they could be seeing, they were invited

by Josh and the staff at North Coast Seafoods to Boston to observe the production of fish from start to finish.

“My son Tyler, has a very specific palette. Fish was never on his radar of foods to eat, until Andrew Wilkenson, from North Coast Seafoods introduced us to pan fried Mahi Mahi!” said Andy Lantz, Daniel Webster Council, Unit Commissioner.

The group toured the North Coast Seafood facility, learned how to handle and cut whole fish properly and were given a cooking instruction with focus on the limited materials they will have on the island.

T-Bones restaurant joins a long list of supporters for Troop 68 and this adventure. The group has been

fundraising and preparing since September 2015. Preparations have included canoeing practice at Fays Boat Yard, swim testing at Gunstock Inn and Fitness, regular monthly meetings at Sacred Heart Church Parish Hall and the Belknap Mill.

On Wednesday, Nov. 1, Boy Scout Troop 68 invites the public to join them for a free presentation of their amazing adventure and to thank those who made it possible. The presentation will take place on the third floor of the Belknap Mill at 6:30 p.m., and light refreshments will be served.

Correction

LACONIA — In last week’s article on the New Hampshire Pumpkin Festival held in Laconia Oct. 13 and 14, one of the local restaurants mentioned as having taken part in the Belknap Mill’s Great Cook-Off event was misidentified as Between the Bagel of Moultonborough.

It was, in fact, Winnepesaukee Bay Gulls, with locations in Moultonborough and Gilford, that was on hand for the Cook-Off, serving bagels with a specially made pumpkin cream cheese. Between the Bagel is no longer in business.

The Gilford Steamer deeply regrets any confusion that may have resulted from this unintentional error.

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OPINION

Pet of the Week: NORTH COUNTRY NOTEBOOK

Lucy *From opioids to Mountain Men, from freedom to perilous times*



Lucy does not know she is a muted calico cat and should, by definition present an attitude of haughtiness and entitlement, rather, she is so glad to be cuddled by any humane, her purring demeanor wins over absolutely everyone!

We know Lucy is older, perhaps ten, but of course, a lady never divulges her age.

We know she was abandoned. We know she was desperately trying to survive away from the creature comforts she should never

have been separated from. Lucy is so incredibly affectionate and likes to wrap herself around your shoulders, impersonating a warm, fluffy scarf.

She seems indifferent to life at the shelter, other pets do not register disgruntlement or ire. She truly could assimilate into any home, with one proviso, lots of laps, and cuddling, and cozy, comfy spaces with a family that will not let her wander off.

Check www.nnhumanity.org for more details.



By JOHN HARRIGAN
COLUMNIST

The opioid crisis, which is every bit as real in rural and small-town America as in the cities, has spawned a terrific kickback from the medical and law enforcement communities.

Rightly so, but there is a risk of throwing the baby out with the bath-water. Family doctors are getting close scrutiny on the prescriptions they write. But they need running-room to be able to use what are in fact wonder-drugs for people hitting “the wall,” and beyond.

There is an “of course,” of course, to the fact that so many North Country physicians write so many opioid subscriptions. Northern New England has a much higher percentage of elderly citizens than most other states. And let’s not forget the Baby Boomers, who are all hitting the wall of turning 70 at just about the same time, a veritable tsunami in demographic terms.

Who could have not seen this coming? The



Reader Hank Peterson of Littleton sent me this shot of his wife Jean-Marie and their 17-foot Charles River canoe (note the neat pack basket) beached at Christine Lake.

health industry, from what I’ve seen, is woefully unprepared.

The opioid crisis stems from illegal street use, and for sure, people stealing their Aunt Millie’s opioids from the family medicine cabinet. But there is a but.

I would hate to see friends, neighbors, or loved ones denied the full use of the very best pain-killers there are, when they are so obviously and so badly needed, all because of a societal knee-jerk reaction to unlawful misuse.

+++++

Because of a bone chip from an earlier injury, I’ve developed a bursar on my left elbow that gets aggravated from time to time. This is mostly from

one of my favorite things, standing at the kitchen counter and leaning on my elbows to read the newspapers. These tend to be the Union Leader, the Caledonian-Record (St. Johnsbury, Vt.), and, when I can get it, the New York Times. And let’s not forget the weeklies. With a cup of coffee at hand, it is one of my sublime pleasures of the day.

Yes, I know, I know, I could read all these papers and more online. But to me, a computer is a love/hate relationship (i.e., “work”), and in most cases I don’t want to be at the keyboard unless I have to be. And reading a newspaper online is just not the same. I want the real deal, the feel and smell of an actual honest-to-gosh newspaper. As

the old saying goes, accept no substitutes.

+++++

If you are a true news junkie, and I am, forget daytime TV. All of the major news shows—MSNBC, CNN, and Fox, in descending order of reliability, quickly revert to talking heads after relaying what amounts to headlines on the half-hour. (Caveat: I’m a DirectTV satellite customer, and there’s no room in the budget for BBC.)

I suspect that it is cheaper to hire various experts for a segment, and get them ready in the Green Room and trot them out to the newsroom, than it would be to do some actual on-scene

SEE **NOTEBOOK** PAGE A13

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FROM OUR READERS

WOW Trail: What’s next?

To the Editor:

“In the coming weeks, the WOW Trail group will submit a conceptual plan for Phase 3 to the Planning Board. This is not a final plan, it is simply a means for us to begin the conversation publicly, and invite every abutter along the state-owned land between Lakeport and Weirs Beach to provide input at public forums.”

I wrote these words in the Laconia Daily Sun back in April, understanding that the expansion of the WOW Trail to Weirs Beach would attract tremendous public interest and wanting to make sure to invite as much public input as possible before any plans were formalized. Little did we realize that this public announcement would result not in conversations, but instead a lawsuit aimed to prevent the continued development of the WOW Trail on publicly owned land.

Thankfully, the lawsuit has been withdrawn for now, and we once again have the opportunity to commence constructive dialogue about how and where this regional trail project should be built. This time, we’d like to pause and follow the lead of the communities through which this publicly owned land travels.

Meredith businessman Rusty McLear recently suggested that a study be done on the current and potential uses of the publicly owned railroad right of way. This seems to be a reasonable next step that

will help the communities and State of New Hampshire understand the economic impact of the land’s current use and the potential economic impact alternative uses might bring to the region.

Over the recent holiday weekend, we packed up our bikes and brought our kids to Burlington, Vt. to explore. Even on a somewhat rainy weekend, we parked our car and recreated solely on foot or by bike. We joined locals and visitors riding and running along Lake Champlain. We biked on the bike lane striped city roads. We parked our bikes at numerous bike racks throughout the city as we visited shops and restaurants. This ability to relax and enjoy a community built for people, bikes and vehicles was a simple pleasure and one that we’ve yet to capitalize on fully here in the State of New Hampshire.

As strange as it sounds, the recent lawsuit was helpful because it revealed to us how many people enjoy the WOW Trail, believe in our mission, and are devoted to helping continue the trail to Weirs Beach and Meredith. Even more, it has renewed our commitment to helping transform this publicly-owned land into a spectacular year-round public recreation space for all State of New Hampshire residents and visitors to enjoy in the most cost effective and amenable way for neighbors. There’s no doubt that a completed regional trail linking neighboring communities together and showcasing our three beautiful lakes would fast become one of the Lakes Region’s best outdoor amenities while at the same time preserve public access to our beautiful public lands and waterways.

In the coming months, let’s recommit to having constructive dialogue and finding a way forward that will enhance our outdoor economy and make the Lakes Region of New Hampshire an even better place to live, work and raise a family. If you have thoughts on how this should be done, please let your voice be heard.

I look forward to the conversations. See you on the trail!

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STRATEGIES FOR LIVING

BY LARRY SCOTT

You are sitting there, deeply depressed because you have failed again. If you will let me, however, I would like to cheer you up for I do have something to say. No matter how great your failure, perhaps it is time, as you have done when your GPS has taken to you to a dead end, to recalibrate!

History tells us that many of the men and women society has most admired have been right where you are. Writing in *Shrink*, Tim Suttle makes this observation: “Most of the lasting lessons I’ve learned in ministry have come through failure. ... We all fail. Failure is an inevitable part of being human. Even much of what we call success has its root in failure. Michael

Jordan was cut from his high school basketball team. Albert Einstein didn’t speak until he was four years old and was considered not very bright. Oprah Winfrey was demoted from a new anchor job because she was thought to be unfit for television. Walt Disney was fired from a newspaper for lacking imagination. Thomas Edison was called stupid by his teachers. ... If you poke around and study the great success stories, you’ll usually find a truckload of failure somewhere. ... Some of the most important moments of our lives will come through our failures. ... I think God uses our lives against us. ... He takes hold of the jagged edges of our lives and our stories and uses them to scrape away ev-

erything that is killing us. God takes our failures in hand and makes them the instrument by which he can grind down our rough edges, peel away the death that traps us there, and free us to become fully human (pages 217-218).”

Unfortunately for us, hindsight doesn’t count. Had I had the perspective thirty years ago that I have today, had I been able to mature without the disorientation and isolation of the 14 years I spent behind the wheel of a long-haul truck ... my life would have been dramatically different. But that is experience and the clock cannot be turned back. My track record, as a matter of fact, is a history of abominable failure, but it has also been a journey of growth.

The crises of my life, in short, have not been wasted. My relationship with God, my marriage, and, ironically, my satisfaction with where and who I am, all reflect my journey. I have few wants, no dreams of a better tomorrow, no looking forward to change. I am happy with my station in life,

at peace with God. And that, I guess, is growth.

That is not to say, however, that I am about to fold up my wings and fade away. Indeed, I have failed dramatically and if that is a necessary condition to success, then I am a prime candidate. I remain convinced that God isn’t through with me yet; my ambitions

and dreams remain toward a more fulfilling tomorrow. Every day is a new day; I’m excited about what lies ahead!

That is my journey, the point behind this column, and I am inviting you to join me in this great adventure.

You want to talk about it? Hit me up at rlarryscott@gmail.com.

MARK ON THE MARKETS

Tax diversification



BY MARK PATTERSON

Most of us would agree diversification is a good thing as it relates to our investment mix but also as it relates to our income as we approach retirement. In all likelihood the tax code will change during our lifetime, so the ability to switch from least to most tax advantaged income sources as possible is a worthwhile goal.

Tax free income can come in the form of a Roth IRA. You would not have had a deduction from taxes when you put the money in and likely would have paid tax on that income when received, but then the money could grow and after 59 and a half could provide tax-free income. While this is a great tool for retirement savings, it is not without limitations.

The maximum that you can contribute depends on your modified adjusted gross income. The Roth like

other retirement vehicles does not allow, without penalty, for a withdrawal before 59 and a half under most circumstances. But what if there was a way to save for retirement that would not limit how much you could save annually while providing tax-free growth and future tax-free income? There is a financial tool that has been used for many years, but has recently, for a host of reasons, come back into vogue. That financial tool is maximum-funded life insurance.

For certain clients this can be a powerful tool to amass income that can later be loaned back to yourself, tax free through the loan provisions of the policy. The insurance company uses the death benefit as collateral against the loan. Loans prior to 59 and a half are not penalizes as with qualified plans. These loans also would not affect Social Security benefits.

For clients near retirement or in retirement, assets accumulated may be used for legacy planning.

Structuring a policy to focus on accumulation as opposed to face amount or death benefit will often times increase the accumulation of cash to be dis-

tributed as a loan.

Because everyone’s circumstances are different, life insurance as a financial tool may be exactly what you were looking for, but may not have considered it because of radio and TV personalities that try to convince their audience that anything other than “term” insurance is not good.

Reviewing some of the better companies Indexed Universal life policies, I have discovered that many IUL’s have a better IRR or Internal rate of return than some mutual funds net of fee’s plus a death benefit to your heirs!

To paraphrase Darwin; It is not the fittest or strongest that will survive, it will those who can adapt to change. Life insurance is an asset class that should not be ignored.

Many things that have worked in the past must be reviewed with an open mind towards changes for the better in a changing environment. Tax rates and policy will continue to change, we must find ways of mitigating these increases.

Mark Patterson is an advisor with MHP Asset Management and can be reached at 447-1979 or Mark@mhp-as-set.com.

Join horror icons Christopher Lee and Peter Cushing on the “Horror Express”

1972 thriller concludes this year's Shocktoberfest on LRPA

L A C O N I A — Throughout October, join Lakes Region Public Access Television each Friday and Saturday night at 10:30 p.m. for a scary good time! “LRPA After Dark” celebrates Halloween with four frightening films from Hollywood’s past. For our final weekend (October 27 & 28), we present the 1972 horror/sci-fi thriller “Horror Express,” starring Christopher Lee and Peter Cushing, with a cameo appearance by Telly Savalas.

The year: 1906. While on expedition in remote Manchuria, British anthropologist Alexander Saxton (Lee) discovers the remains of a primitive creature that may be the “missing link” in human evolution. The specimen is packed in a crate to be shipped back to Europe on the Trans-Siberian Express. Also boarding the train in Shanghai is Dr. Wells (Cushing), a colleague and friendly rival of Saxton’s in the British scientific community. Saxton has some trouble getting his discovery onto the crowded train. While the crate sits on the platform waiting to be loaded, a thief dares to peek inside at contents. Minutes later he is found dead, his corpse bleeding from blank, white eyes. Panic ensues, and a Russian monk claims that the crate’s contents are evil and must be destroyed. Saxton dismisses the monk’s warnings and the train, loaded with passengers and the specimen, begins its long journey to the West. Dr. Well’s curi-

osity about the crate gets the best of him, and he bribes a baggage handler to look inside and report back with his findings. The handler never gets to tell Wells what he sees, because staring at the creature’s red eyes puts him into the same death trance that killed the thief on the platform. The creature escapes and begins a murderous spree. Saxton confesses his discovery to Wells and together, they race against time to contain the beast and stop the killings. Yet each time they seem to get closer to stopping the carnage, someone else aboard the train gets drawn into the killings. How can one creature attack so many passengers? What is the secret of the mysterious creature?

When “Horror Express” was first released in 1972, it was all but ignored by critics. Yet over the years, it has grown into a cult favorite for its mash up of genres, including horror, sci-fi and period adventure-thriller. The story was loosely adapted from John Campbell Jr.’s novella

“Who Goes There?,” which was the inspiration for the films “The Thing from Another World” and both versions of “The Thing.” “Horror Express” is also notable for its two leads, British Hammer Horror greets Christopher Lee and Peter Cushing. The two actors were colleagues and friends. In fact, legend has it that Cushing, whose wife had died earlier that year, arrived on the set and told the director that he couldn’t work on the film because he was still in mourning. Lee stepped up and worked closely with Cushing to create a relaxed and supportive atmosphere on the set – and the film was finished on time. Fans return to “Horror Express” again and again for its brisk pacing, quirky characters (Telly Savalas’s cameo is a true 1970s pleasure!) and its comically dark humor. What’s not to love? So grab your candy corn and join LRPA after dark on the train ride of your life – or death!

You can’t find television like this it anywhere but LRPA TV, SEE **HORROR** PAGE A13

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MB Tractor & Equipment signs on as Presenting Sponsor of the Red Dress Gala: Lady in Red!

LACONIA — For the ninth year in a row, MB Tractor & Equipment has signed-on as the \$10,000 Presenting Sponsor of the LRG-Healthcare Red Dress Gala!

Held each year during American Heart Month this signature event will take place on Friday, Feb. 9, 2018 at Church Landing at Mill Falls at the Lake. Proceeds from the Red Dress Gala support cardiac services and technology at LRGHealthcare.

This year's theme, "Lady in Red," will feature a delicious meal created by The Common Man culinary team, a silent auction, live auction courtes-

sy of auctioneer Jesse Thompson, and dancing to the very talented Eric Grant Band. Guests always dress to the nines, and are encouraged to wear red to show their support for heart health.

The Red Dress Gala offers great sponsorship opportunities for every budget. With a traditionally sold-out crowd, your business will receive excellent exposure and marketing benefits. Advertise in the gala program booklet or donate to the live or silent auction. A limited number of high-level sponsorships are still available; call now if interested!

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Candy Bar Sponsor Cartier Group - HAZMAT Solutions; Champagne Toast Sponsor DiGiorgio Associates Inc./Monitor Builders Inc.; Cocktail Reception Sponsor MRS - Medical Reimbursement Specialists, LLC; Entertainment Sponsor Lakes Region General Hospital Auxiliary; Photo Booth Sponsor Bank of New Hampshire; Silver Sponsors Cerner Corporation and Lovering Volvo; Valet Sponsor Atlantic Parking Services, LLC (APS); and Bronze Sponsors AutoServ of Tilton, Binnie Media, Creative Marketing Guru, Franklin Regional Hospital Auxiliary, Meredith Village Savings Bank; Northern Design, Pop-

lin Properties; Dr. and Mrs. Paul Racicot; Salon Amara; and The Brilliant Gems!

Major event supporters include: Warren Bailey; Church Landing at Mill Falls at the Lake; Geoff Cunningham, Pianist; Divine Inspirations Custom Sewing Studio & Specialty Linens; Eric Grant Band; JMG Marketing; Lakes Region Floral Studio; Stacey Brobst Photography; The Common Man; Jesse Thompson, and Tylergraphics, Inc.

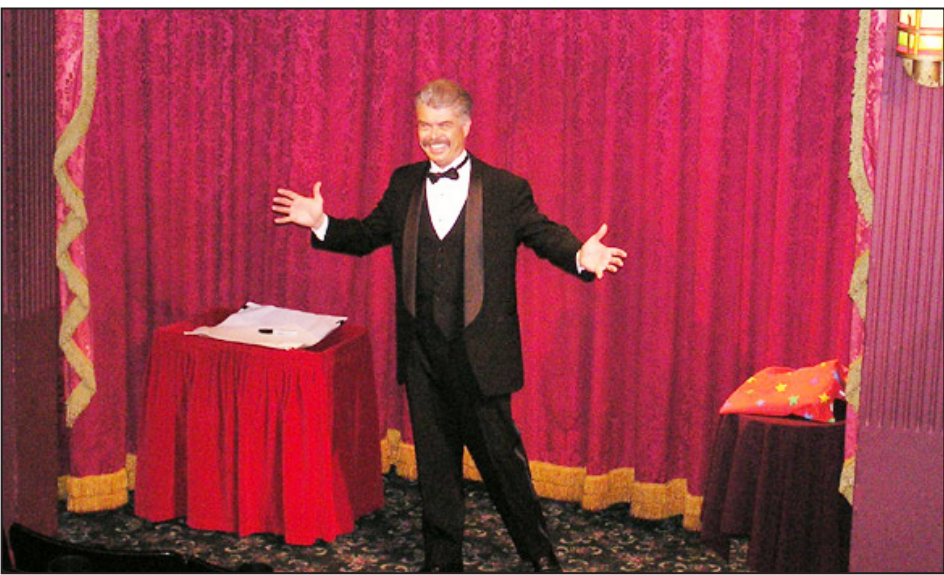
For more information about the Red Dress Gala, please contact the LRGHealthcare Office of Philanthropy: 527-7063 or philanthropy@lrgh.org.

LRGHealthcare is a not-for-profit healthcare charitable trust representing Lakes Region General Hospital, Franklin Regional Hospital, and affiliated medical providers. LRGHealthcare's mission is to provide quality, compassionate care and to strengthen the well-being of our community.

Entertainment by magician BJ Hickman at Taylor Community Nov. 1

LACONIA — New Hampshire Magician BJ Hickman performs audience participation, comedy magic shows through New England, including New Hampshire, Main, Massachusetts and throughout the U.S., as well as the famous Magic Castle in Hollywood. He brings his magic show to Taylor Community Wednesday, Nov. 1 at 6:30 p.m. in Taylor Community's Woodside Building. This free event is open to the public.

Hickman is a member of the International Brotherhood of Magicians, Magic Castle and the Academy of Magical Arts.



BJ Hickman

Benefit celebrates Belknap County conservation champions

MEREDITH — At a Farm to Table Harvest Supper fund-raiser for the Belknap County Conservation District (BCCD) on Oct. 12, annual conservation awards were announced. The event, held at Moulton Farms in Meredith, included a farm tour, and a three-course meal donated by John Moulton and his team to support BCCD,

wine-tasting, live music and a silent auction. John Moulton shared the story of his family's farm dates to the 1890's and was surprised by BCCD Chair, Donna Hepp announcing Moulton Farm as 2017 Cooperator of the Year.

"Moulton Farm continues to set the standard County and State-wide as a conservation champion through use of best conservation practices, innovative public programs and workshops and outreach. John Moulton represents Belknap County on the State Agriculture Board and last year received the Andrew L. Felker award for leadership in promoting the growth and prosperity of NH agriculture. Moulton Farm was one of the first recognized as a New Hampshire Farm of Distinction," said Hepp.

For 2017 Volunteer of the Year, BCCD recognized Jan Hooper from Center Harbor and retired BCCD Program Coordinator.

"There really was no doubt," shared Hepp. "Jan has been tireless in her pursuit of conservation demonstration projects at Gunstock through grant writing, coordinating a series of 10 Volunteer Work Days and fund and friend-raising."

SEE CONSERVATION PAGE A13

America's Heroes will be celebrated in the November 9th

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Second Belknap House Pumpkin Masquerade Ball a major success

LACONIA — Belknap House held its Second Annual Pumpkin Masquerade Ball on Friday, Oct. 13 at the St. Andre Bessette Parish Hall, Laconia. With more than 100 revelers in attendance, the Ball was a great success, raising funds and community spirit at the same time. Major sponsors receiving awards that evening were Meredith Village Savings Bank, Franklin Savings Bank, and DGF Innovations, as well as contributing sponsor St. Andre Bessette Parish. The ball is a vital fundraiser for Belknap House, which provides cold weather shelter for homeless families with children in Belknap County.

Many local businesses supported the Ball with donations, program advertising, and silent auction items, including Annie's Café and Catering, Art Escape, Apple Tree Nursery, Auto-Serve Dealerships,

Belknap Landscaping, Boston Red Sox, Brick Front Restaurant, Broadway North, Common Man Restaurant, DGF Innovations Group, Franklin Savings Bank, Friends of Belknap House, General Linen, Greater Tilton Area Thrift Store, Gunstock Mountain, Hermit Woods Winery, Joseph Kildune, Artist, Irwin Motors Automotive, Liberty Utilities, Meredith Village Savings Bank, Mill Falls at the Lake, Merrill Fay Ice Arena, Patrick's Pub, Refresh Salon, Sal's Pizza, The Soda Shoppe, The Studio, Walt Disney World Company and Wood & Clay. Belknap House depends on wide community support to carry out its mission and values endorsements from these companies.

The Masquerade Ball Committee, chaired by board member Edie Gault for the second consecutive year, was happy with the results of its ef-



Meredith Village Savings Bank representative Kim Lesnewski receives award plaque from Ball Chairperson Edie Gault and Belknap House President Colleen Garrity.

orts. Event Designer Marlene Makowski, assisted by local artist Jeri Bothamley, transformed the local parish hall into a sparkling ballroom. Upon arrival, guests were greeted with the lively sounds of the Bob McCarthy Trio. Recipe for Success Catering Service of the New Hampshire Food Bank provided gourmet appetizers and an impressive full course dinner. A silent auction and ice breaker games contributed to the evening's fun.

Following the awards presentations, a lively dance scene was created by DJ Chris Ialuna and the Broadway North Dance Studio. Many volunteers, under the direction of coordinator Nicole Malloy, made certain the evening was a success.

Attending the Ball for the first time, new Executive Director Kathryn Holt commented "I am continually amazed at the outpouring of community support for Belknap House. This

is another successful fundraiser put on by our many dedicated volunteers that will really help homeless families in Belknap County. We want to thank everyone involved."

In her remarks of the evening, Board President Colleen Garrity first shared two accounts of homeless families given a hand up by Belknap House. She, too, emphasized the importance of community support in sustaining the mission of Belknap House. In closing, Garrity thanked all who made the evening possible and all who attended the Ball.

Belknap House has resumed serving homeless families after a successful summer season operating as a travel hostel, which helps fund the shelter operation. The facility encourages and welcomes volunteers. To view the current list of volunteer opportunities, please visit www.facebook.com/belknaphouse/ Fundraisers and donations from generous area residents, businesses, and community and religious organizations support the shelter. To donate, please go to www.belknaphouse.org.

Penny Pitou Travel & Patrick's team up for "Take Me to Ireland" Sweepstakes

GILFORD — Patrick's Pub & Eatery of Gilford has kicked off their fourth "Take Me to Ireland" Sweepstakes where two lucky people will win a weeklong trip to Ireland featuring visits to Dublin, Waterford, Killarney and Galway with many awe inspiring stops along the way. The trip coincides with Ireland's St. Patrick's Festival and includes airfare, ground transportation, lodging, meals and more.

While the trip is already sold out, there are two tickets put aside for the sweepstakes winners. Entry forms are



Patrick's "Take Me to Ireland" 2016 sweepstakes winners Scott and Anne DeSantis overlooking Lough Mask in County Mayo last March.

now available at Patrick's.

"We're excited to be offering our custom-

ers a chance to join us on what will surely be another unforgettable adventure in Ireland," said Patrick's co-owner Allan Beetle. "We look forward to making new friends while doing some first-hand research on the pubs, the food and the lore of Ireland."

The grand prize will be awarded on Saturday, Nov. 18 at Patrick's. Ex-

pect an exciting Sweepstakes Party with prizes for the 10 finalists with a reverse drawing to find the winner. Entrants must be present to win. Free entry forms are available at Patrick's with maximum one entry per day now thru Nov. 17. All contest details can be found at www.patrickspub.com.

All Marines welcome to 19th annual gathering and ball

GILFORD — The Lakes Region Detachment of the Marine Corps League will celebrate its 19th Annual "Gathering of Marines" on Saturday, Nov. 11 at the Pheasant Ridge Country Club, 140 Coun-

try Club Rd., Gilford. The annual event was announced by Robert Patenaude, Commandant of the Lakes Region Detachment #506 to commemorate the 242nd birthday of

SEE MARINE BALL PAGE A13



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National expert to speak at Laconia Library on the "real story" behind fake news

LACONIA — Have you ever wondered: "What is 'fake news' anyway?" On Tuesday, Nov. 14, at 6 p.m. the Laconia Public Library will host a non-partisan public discussion of this increasingly important topic, led by White House press veteran Randall Mikkelsen, now a managing editor at Thomson Reuters. The Library is located at 695 N. Main St. in downtown Laconia.

Big changes have overtaken the way we get our news in the United States, who reports it, and how it is produced. According to Mikkelsen, these changes have given us the opportunity to be better informed, but they also require us to be more careful consumers, so that we can recognize the difference between facts, distortion, propaganda, and outright lies.


"Especially in our current social-media-driven news landscape," says Mikkelsen, "we need to learn how to tell the real from the fake."

Randall Mikkelsen has worked as a political and financial journalist

with Reuters since 1988. He has covered many of the major news stories of our era, including the fall of the Soviet Union, the war on terrorism, and the financial crisis. Randall was a front-row member of the White House press corps for nearly seven years, where he covered the Justice Department, the CIA, and other Washington agencies. He has won awards from the Society of American Business Editors and Writers, and from the North Dakota Newspaper Association.

This event is jointly sponsored by concerned citizens and the Laconia Public Library. The public discussion will be facilitated by local commentator Michael Kitch, formerly a reporter for the Laconia Daily Sun.

"The event is free and open to the public," says library organizer Deborah Ross. "Please join us on Tuesday, Nov. 14, for an eye-opening explanation of fake news vs. real news, and a free-wheeling public discussion of how to better understand both."



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Lakes Region Uncorked 2017 promotes the best in local products and talent

MEREDITH — Showcasing wonderful hand crafted foods and beverages, talented chefs, farmers and musicians and supporting Lakes Region Community Services’ mission throughout the Lakes Region - the Fifth Annual Lakes Region Uncorked at Church Landing on Nov. 2 in Meredith, is simply not to be missed!

“Locally made wines, beers, meads, ciders, coffees, and spirits and ‘farm to table’ foods and homemade desserts are gaining popularity across the country and NH is becoming known for small businesses that produce some of the very finest products made anywhere,” commented Joanne Piper Lang, LRCS VP Development. “Together, these businesses help sustain the economic vitality of the Lakes Region and state. This is such a great event to enjoy and appreciate all we have here in



Guests enjoying Lakes Region Uncorked Charity Tasting Event to benefit Lakes Region Community Services.

New Hampshire.”

For the fifth year, this signature charity tasting event introduces new vendors to join popular favorites - adding up to 30 local vendors. New to Uncorked 2017 are: Cold Garden Spirits; Lone Wolfe Brewing Co., Curt’s Caterers; Fox County Smoke House; Winni Woods Farm and Moulton Farm. Moulton Farm will be displaying specialty foods as well as their Chef preparing dishes for guests to sample. Also headlining Uncorked ‘17 will be performances by two very talented musicians - David Lockwood, Pianist and Rik Pfenninger, Saxophonist. Lockwood has played for over thirty-five years in the greater New England area with the Attractions, Racoon Beach, Little Davy and the Aberrations, and various freelance duos and trios, sharing the stage with Bonnie Raitt, Joe Lovano, and Mavis Staples among others. As a solo singer/pianist he covers a wide range of material from jazz standards to classic pop tunes and one hit wonders to his own songs.

Dr. Rik Pfenninger holds degrees from Eastman School of Music, The University of Michigan, and Temple University. He is a professor in the music department at Plymouth State University where he teaches saxophone, jazz studies, and music technology. In addition to his numerous commercial works, Rik’s jazz recordings and film soundtracks can be heard on Apple iTunes, MusicMine Records, and “The Best of Smooth Jazz Christmas” by the Universal Music Group.

In addition to live music and a fabulous tasting room, guests who opt for a Premier ticket will be treated to a special session hosted by Chef Kevin Halligan, Owner and Executive Chef of Laconia Local Eatery. Chef Halligan, a graduate of the New England Culinary Institute, and longtime Laconia resident, is a strong supporter of the Lakes Region community. He will demonstrate his original and delicious culinary ‘Amuse Bouche’ creations at 5:30 and 6:30 p.m. Tamworth Distilling is working with Chef Kevin to pair his creations with specialty cocktails. Seating is limited and a separate ticket is required.

As this event has grown, so has the Uncorked silent auction. “We are grateful for the support we get from businesses near and far. Unique items and experiences have been donated this year including six special 2018 Boston Red Sox box seats; golf foursome at Candia Woods; overnight at a Mill Falls hotel; restaurant and retail gift certificates; lift tickets; private tasting tours; and cord wood!” stated Shannon Robinson-Beland, owner of Wood & Clay Fine Homes of Gilford and volunteer on the Uncorked Planning Committee.

“The auction is a great place to start your holiday shopping,” added Robinson-Beland.

Another popular Uncorked feature is the ‘Wall of Wine’ Pull, where guests donate \$20 to pull a cork and receive a bottle donated by individuals, supporters and vendors. Many of the bottles on the Wall are valued much higher than the raffle ticket donation. This year, a second Wine Raffle has been added. ‘The Best of Show- Blue Ribbon Raffle’ allows anyone to purchase raffle tickets (maximum of 250 being sold) to win your own amazing wine collection and hand-crafted birds-eye maple wine rack made by Wood & Clay cabinetmakers. The winning ticket will be pulled at Uncorked and ticket holders do not need to be present to win.

“None of this would be possible without the very generous sponsorship of the many businesses, and donors who step up to support us,” added Rebecca Bryant, LRCS President and CEO. “It is so gratifying to enjoy support from the business community and our community partners. They understand the importance of the work we do in providing critical social services to people living in the area and share our commitment to building a strong and inclusive community for all.”

Tickets are on sale now, and can be purchased at uncorked-nh17.eventbrite.com or by contacting LRCS www.lrcs.org or uncorked@lrcs.org or call 524-8811.

Leadership Group kicks off its 19th class year

GILFORD — Leadership Lakes Region recently kicked off its 19th class year with an orientation day at Gunstock Mountain Resort for the 25 class members.

Begun with planning in 1996 and a first class graduating in 1998, Leadership Lakes Region has had a new class enrolled every year since except for 2007. That year the group conducted a program review with strategic planning sessions. This year’s class was welcomed to Gunstock by General Manager Greg Goddard, a staunch supporter of Leadership Lakes through the years. Robin Rowe of Gunstock and Marius Rosioru of T-Bones/Cactus Jack’s then facilitated a team building exercise to acquaint the class members with each other.

Rowe, Rosioru and fellow graduate Bryan Murphy of Centerplate Foods at Gunstock helped Program Coordinator Jennifer McLean plan the entire day’s activities. Team building was followed by guest speaker, former Mayor of Laconia and current COO/CFO of Meadowbrook, LLC at Bank of New Hampshire Pavilion, Mike Seymour. Seymour is a graduate of Leadership Lakes Class of 2006 and gave a dynamic presentation on leadership within organizations. The class then had lunch catered by Centerplate Foods under the watchful eye of Chef Murphy. More team building and bonding occurred as the class enjoyed the Aerial Treetop Adventures course and the Gunstock Zipline.

This year’s class includes a hospital CEO and VP, seven bankers,



Leadership speaker and former Mayor of Laconia Mike Seymour and Gunstock Mountain Resort GM Greg Goddard are pictured with Class of 2018 student Samantha MacDonald of Patrick’s Pub and Eatery.

and a realtor, a customer service manager, a fire chief and a firefighter/paramedic, four hospitality/culinary professionals, an architectural designer, a building and grounds supervisor, a school district training and marketing coordinator, a director of long term care services, a

SEE LEADERSHIP PAGE A13



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Mark Chalifour of NHMB inducted into New England Mortgage Bankers Hall of Fame

NEWPORT, R.I. — Mark Chalifour, Vice President, Residential Mortgage Sales for New Hampshire Mutual Bancorp (NHMB) was inducted at the New England Mortgage Bankers Hall of Fame on Sept. 15 at its annual conference in Newport, R.I.

Hall of fame induction is the highest honor for New England mortgage banking professionals, and is bestowed peer-to-peer. It highlights the outstanding contributions inductees have made to the New England mortgage banking industry as well as the communities they serve. Each

New England state selects two inductees to the Hall who have made an outstanding impact in the mortgage industry. Chalifour is one of two industry professionals chosen to represent New Hampshire.

At NHMB, Chalifour is responsible for residential and mortgage sales for Merrimack County Savings Bank and Meredith Village Savings Bank. NHMB is a mutual holding company that was formed when two New Hampshire-based community banks, Merrimack County Savings Bank (the Merrimack) and Meredith Village



its Treasurer. In 2008, Chalifour received the organization's Excellence Award for his unwavering commitment to the association and the mortgage finance industry.

"I'm humbled to be inducted into this year's hall of fame," said Chalifour. "I dedicate this incredible honor to the wonderful lenders and colleagues I've worked with over the years. All the success I've ever experienced is directly attributed to a remarkable team effort from co-workers who are both customer-facing and behind the scenes."

ports homeownership, and achieves its mission through education on public policy and advocating for the highest ethical standards in business practices. Members include mortgage professionals from depository institutions, mortgage companies and wholesalers. Affiliate members represent providers to the mortgage industry, including title, credit, appraisal, insurance, technology, legal, accounting and consulting. For more information, visit massmba.com.

New Hampshire Mutual Bancorp, a mutual holding company, was formed in 2013 when two New Hampshire-based community banks, Meredith Village Savings Bank and Merrimack County Savings Bank, formally affiliated – the first relationship of its kind in New Hampshire. This strategic partnership has positioned the Banks to leverage each other's strengths as they work together to advance a shared vision of maintaining and enhancing their community banking standards and values. MillRiver Wealth Management joined as a third subsidiary of NHMB in 2015, combining the financial advisory divisions of MVSB and The Merrimack. NHMB combined assets total more than \$1.6 billion. To learn more, visit nhmutual.com.



Robert Todd Lincoln's summer home, Hildene, in Manchester, VT, taken from the formal gardens. COURTESY

Bank of New Hampshire's Prestige Plus members travel to Robert Todd Lincoln's Hildene

LACONIA — Bank of New Hampshire's Prestige Plus members recently traveled to picturesque Manchester, Vermont for a quintessential autumn day in New England.

The first stop of the day was at the magnificent Hildene Estate. This historic home, formal gardens and carriage house are set up with breathtaking views of the valley and surrounding mountains of Vermont. Prestige Plus members enjoyed a brief video orientation, a self-guided tour of the Lincoln home, a demonstration of the 1,000-pipe Aeolian organ, Pullman Car exhibit, the formal gardens and the museum store.

Robert Todd Lincoln's father was born in a log cabin and called from the humblest rank in life to preside over our nation during the most momentous period of its history. One generation later, Robert Todd Lincoln, the only child of Abraham and Mary Todd Lincoln to survive to adulthood, became Chairman of the largest corporation in America at the turn of the 20th century. He built his Georgian Revival mansion, called Hildene, in the scenic Vermont village of Manchester in 1905 and it became home to only Lincoln descendants until 1975. It is an example of the "Great American Story" and the story of the Lincoln family's love affair with Ver-

mont.

In 2004, Hildene's permanent collection of President Abraham Lincoln artifacts, including President Lincoln's famous stove-pipe hat, was put on display in a new and insightful interpretation of our 16th president entitled: "The Personal Abraham Lincoln."

The garden promontory, overlooking the Battenkill Valley, provides spectacular views of the mountains and the meadowlands 300 feet below. The cutting and kitchen garden behind the visitor center was restored in the spring of 2003, and

the original potting shed now houses exhibits. The formal gardens include many of the original plantings from 1907.

After the morning visit to Hildene, a buffet luncheon at the historic Equinox Hotel in Manchester Village was enjoyed by everyone. Situated on 1,300 acres, between the Green and Taconic Mountains, The Equinox dates back more than 200 years.

The day was complete with a stop in Weston, Vermont and the home of the original Vermont Country Store, famous

SEE PRESTIGE PLUS PAGE A13

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LRAA names annual show raffle winner

TILTON — The Lakes Region Art Association announced this past week that Loti McLaughlin won the show’s raffle drawing for a large, framed print of “Summer Poppies” by Dottie Laughlin.

Laughlin has been a member of the LRAA since 2014, and her original oil painting of “Summer Poppies” won First Place in the oil painting category at the Association’s Annual Art Show in 2016. Laughlin was very pleased when she was asked if a print of her painting could be used for the 2017 raffle drawing. Proceeds from the raffle are put toward a fund that is used to award scholarships to local students pursuing art studies in college.

Loti McLaughlin, the winner of the drawing, happened into the art gallery when she had brought a friend from London shopping at the Tanger Outlets. She liked the print and decided to enter the raffle. When she bought her ticket she was thinking about how nice the picture would look in her new home, which they



Loti McLaughlin, left, is presented with “Summer Poppies” by Marlene Witham of the LRAA Board. Loti won the print after entering the Lakes Region Art Associations Annual Show raffle drawing. The print is from an original oil painting by Dottie Laughlin, a member of the art association.



Teams from GHS prepare for Scholarship Foundation Spelling Bee

Four teams from Gilford High School (above) are studying hard to prepare for the upcoming Lakes Region Scholarship Annual Community Spelling Bee. The members of The Grate Spellers, Snap-Crackle-Pop and The Average Joe’s from the GHS Business Department and the Gilford Girls Volleyball Team are being encouraged by the GHS Computer and Business Department head, Mr. Steve O’Riordan (in the front) as well as their mascot, the Gilford Golden Eagle. Gilford High School has the distinction of having the only student team to win the championship title in the 17-year history of the Bee. One of these teams is hoping to take the championship back to Gilford. The Golden Eagles will have to face stiff competition however on Thursday evening, October 26th at 6:30 pm at the Laconia High School auditorium as they will be facing off against 21 other teams from Laconia High School, Belmont High School, the Huot Center and Holy Trinity School as well as adult teams from businesses, civic organizations and municipal groups. The event also features a costume contest for the teams, with prizes for the top competitors and door prizes awarded between each round to audience members and spellers alike. Admission is free and the event is open to anyone interested in a unique and fun evening’s entertainment.

had just bought in the Canterbury area and were renovating.

McLaughlin has had a lifelong love of art and also draws when she has time. She loves to see what inspires artists and particularly enjoys artwork involving nature. Poppies had a special meaning to her, as dear former neighbor grew poppies and Lori could look out her kitchen window and see her neighbors beautifully poppies. She is looking forward to hanging the print in her home and knows that when looking at it, she will not only be reminded of her trip to the LRAA gallery and winning the drawing, but also of a wonderful neighbor from her past.

The 2017 Lakes Region Art Association Annual Show has concluded but the gallery, located in store #132 of the Tanger Outlets continues to have a large variety of original paintings by local artists in all mediums as well as a large selection of photographs from area photographers. The gallery is open every week from Thursday through Sunday, from 10 a.m. to 6 p.m. and is staffed by the artists and photographers who have work in the gallery. The LRAA Gallery will also be participating in League of New Hampshire Craftsman’s, “NH Open Doors” event on Nov. 4 & 5, and will have artists demonstrating their craft.

LRGHealthcare signs Statement of Support for Guard and Reserve members

LACONIA — New Hampshire Employer Support of the Guard and Reserve, a Department of Defense program, announced LRGHealthcare, on behalf of President & CEO Kevin W. Donovan, signed a Statement of Support for the Guard and Reserve Oct. 17.

The Statement of Support confirms LRGHealthcare joins other employers in pledging: We fully recognize, honor and comply with the Uniformed Ser-



LRGHealthcare President & CEO Kevin W. Donovan poses with Employer Support of the Guard and Reserve (ESGR) volunteers. LRGHealthcare has signed a Statement of Support for the Guard and Reserve. From left to right: Woodbury Fogg, Army- Retired Lieutenant Colonel & ESGR volunteer, Donovan, Bruce Thompson, Navy- NH Chair of ESGR, and Lee Chesire, Air Force –Retired Lieutenant Colonel & ESGR Employer Outreach Director.

vices Employment and Re-Employment Rights Act (USERRA).

We will provide our managers and supervisors with the tools they need to effectively manage employees who serve in the Guard and Reserve.

We appreciate the values, leadership and unique skills service members bring to the workforce and will encourage opportunities to hire Guardsmen, Reservists and Veterans.

We will continually recognize and support our country’s service members and their families, in peace, in crises and in war.

“Today, supportive employers are critical to maintaining the strength and readiness of the nation’s Guard and Reserve units,” said Bruce Thompson, ESGR state chair. “I am asking all New Hampshire employers to take a look at their current human resources policies to incorporate policies supportive of Guard and Reserve employees.”

Many New Hampshire employers provide support above and beyond their legal requirements by law by offering pay-differential to offset the loss of wages, and extension of health care benefits, which complement coverage provided by the military, when their employees mobilize.

When asked about the criteria, Bruce Thompson said, “By meeting the Statement of Support criteria, LRGHealthcare pledges to stand proudly with

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- LIVE ENTERTAINMENT IN THE PUB -
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HALLOWEEN

(Continued from Page A1)

games. Town trick-or-treating is on Tuesday, Oct. 31 from 5-8 p.m. Belknap Mountain Road will be closed off from Potter Hill Road to the

GES Imagination Station. The town encourages people to park at the schools using Alvah Wilson Road. This is just a short list of Halloween ac-

tivities going on in Gilford and the Lakes Region. Check community calendars for any other scheduled events.

NOTEBOOK

(Continued from Page A4)

reporting or buy some on-scene film footage. CNN, for example, used to be good at that. It isn't. The medium continues to live up to its early-days moniker as a "vast wasteland," indeed.

+++++

Longtime readers Hank and Jean-Marie Peterson of Littleton sent me a lovely photo of their beached canoe on Christine Lake in Percy.

Hank offered me the use of the canoe (that was nice, but I have three), and mentioned old shirts or something for soaking up bilge-water. And I wrote back that this would be particularly important to me because I hardly ever sit in a canoe, but kneel.

This is the way I was taught, at an early age--to kneel, with my legs under the seat. This affords far greater leverage with the big stern paddle, so vital in fast water, as the rocks and rapids swish by.

But the seat does come in handy for socializing in still water.

+++++

Another longtime reader drew a permit in the New Hampshire moose lottery and invited me to be his sub-per-

mittee, an honor, and I said so even as I declined with great thanks.

But he still wanted some tips on where to hunt, and I was hard put to provide them, so scarce have moose become. There is a big bull ranging my territory, and a cow with last year's calf. And that's fine, but where now, and thither?

Bob Vashaw and I had just motored up the Vermont side of the Connecticut and crossed back into Colebrook the other day when we spotted a moose meandering around a field. "Hey, there's a moose," we both more or less said at once, an event that two decades ago would have merited hardly a murmur.

+++++

I've been re-reading "Journal of a Tapper" (1834-1843), by Osborne Russell. This is the original manuscript, obtained with some effort, and edited by Aubrey L. Haines. It is an insight on a very brief time in history before what passes for civilization swept over the vast lands west of the Mississippi.

Lest we be caught up in the romance of the era, it was also a time when tribes were at constant warfare, women were

often treated as chattels, and American and Canadian fur-traders encroached on the land.

But of course, there was the independence and grandeur that the Rockies and other high country had to offer, and the wayward freedom of it all.

Like many of the mountain men, Russell was quite literate, and carried in his packs (via a spare horse and a mule or two) a little library. These books would be shared between trappers at the annual summer rendezvous, usually held around the Fourth of July, so as to have even more to celebrate.

There came a time when, as he said, "We had nothing to do but to eat, attend to the horses, and procure firewood." He pulled from his packs "some books to read Byrons Shakespeares and Scotts works the Bible and Clarks Commentary on it and other small works on Geology Chemistry and Philosophy."

(This column runs in a dozen papers covering two-thirds of New Hampshire and parts of Maine and Vermont. Letters should include town and telephone numbers in case of questions. Write to campguyhooligan@gmail.com or Box 39, Colebrook, NH 03576.)

SIGN

(Continued from Page A1)

have permits unless they fell into 23 certain sign categories, with some categories being subject to looser or stricter regulations. The Good News Community Church was cited by the town for having nonconforming signs, and the church and Pastor Clyde Reed sued the town for going against their freedom of speech. The decision was handed down on June 18, 2015, with the court ruling that the content restrictions imposed by Gilbert's officials were unconstitutional.

Gilford has a sign

ordinance with similar regulations to Gilbert's, leading to the selectmen forming a committee to review the Supreme Court decision and the town's sign ordinance.

Through the summer, the town sought volunteer representatives for the committee, including representatives from a nonprofit organization, the real estate industry, and a member at large. The board of selectmen did have difficulty finding a representative from the real estate industry.

At the Oct. 11 selectmen's meeting, Board

Chair Chan Eddy recommended that the committee move forward even without a realtor representative.

"I think we've delayed this long enough," Eddy said.

Eddy said he would rather get started and then present their recommendations to the Planning Board sooner than later.

Eddy said he does not anticipate the committee will need a lot of meetings and said the matter could probably be discussed in three to five meetings. The date for the next committee meeting is pending.

HORROR

(Continued from Page A5)

MetroCast Channel 25. Not a subscriber? Then log onto Live Stream through our website (www.lrpa.org) where you can catch all the fun.

About Lakes Region Public Access Television (LRPA): Lakes Region Public Access Television (LRPA) is a nonprofit, noncommercial public access TV station and community media center located on the Laconia High School campus in Laconia, NH. LRPA cablecasts

locally on MetroCast Channel 24 (educational programming and public bulletin board), Channel 25 (information and entertainment) and Channel 26 (government meetings) to nearly 12,000 viewers in our member communities of Belmont, Gilford, Laconia, Meredith and Northwood. Programming is produced by and for the people of the greater Lakes Region. LRPA's mission is to empower our community members to produce content

that

- fosters free speech and the open exchange of ideas,
- encourages artistic and creative expression,
- promotes a well-informed public through governmental transparency, and
- unites our communities through the power of media and technology.

LRPA's slogan: Community empowered by media. Visit us on the web at www.lrpa.org.

CONSERVATION

(Continued from Page A8)

The final award for 2017 Conservation Champion went to the Laconia Daily Sun for outstanding coverage of natural resource conservation issues.

Annual highlights

for County Conservation District shared included: on-going assistance to landowners and Towns, successful plant and bulb sales for backyard conservation, public workshops such a recent Dirt and Gravel Road session with 85 participants, conservation planting and school projects, new major grants which funded a Forest Management Plan and Stream Restoration Assessment and will create wildlife habitat and restore 2 miles of Poorfarm Brook. In addition, BCCD hosts the New Hampshire Gleans Program in Belknap County which collects surplus produce from farmers and home gardeners with volunteers and distributes it to seniors and food pantries. So far this year, the program has collected and distributed over 9,000 pounds of produce to people in need.

"We've accomplished a great deal,

but reductions in the County funding portion of BCCD's budget, down 38 percent from our 10 year average before 2015 are having a big impact. We can't fully fund our single staff, at this level and need this match for our grants. Grants rarely cover administrative costs, so public donations and the office space provided by the County and space for storage shed on County land help, but still fall short of our needs."said Hepp. The great response to the BCCD fund-raiser and support from local farmers, like John Moulton indicate that the community recognizes the contribution that the County Conservation District makes to help sustain soil, water and natural resources in Belknap County. The Conservation District has been serving Belknap County for more than 70 years.

MARINE BALL

(Continued from Page A9)

the founding of the United States Marine Corps at Tun Tavern in Philadelphia, Pa. On Nov. 10, 1775.

Each year, Marines old and new from WWII to those now on active duty throughout the world, celebrate the occasion, which is unique among all the branches of the military services, at 7 p.m. A presentation of the Colors occurs, followed by the National Anthem and a salute to all branches of the services. The "Commandant's Birthday Letter" is read, and the traditional "cake cutting" ceremony, in which the first and second pieces are given to the youngest and oldest Marines in attendance, follows next. Recognition is also rendered to any special attendee who has been awarded honors for his or her service to the Marine Corps. Once again, the very favorable Contigiani's buffet will be served, which includes a prime rib of beef or chicken and the fixings, with their traditional ice cream/strawberry dessert and cake. A cocktail hour will precede the ball from 6 'til 7 p.m., and dancing will be available to all throughout the evening to the live music of "Express Revival."

Those who wish to attend this year's "Gathering" with spouses and guests are encouraged to contact Commandant Patenaude at 455-0636 or via e-mail at rppatenaude@aol.com

com as soon as possible to make reservations.

Mail checks to Lakes Region Det., MCL, P.O.

Box 764, Center Harbor, NH 03226.

LEADERSHIP

(Continued from Page A10)

director of child and family support services, a tourism director of marketing, an HR manager and a nurse

practitioner. The class meets again next month for History and Culture Day. For more info about this class

with photos and the Leadership Program, please visit www.leadershiplakesregion.org.

PRESTIGE PLUS

(Continued from Page A11)

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SERVICE

(Continued from Page A1)



ERIN PLUMMER

Freshmen at Gilford High School help clean up leaves in front of the school during Freshman Community Service Day.

staff as a thank you for their service.

Many more activities went on into the afternoon.

“They are having so much fun, they’re excited, they’re engaged,” Laliberte said.

At the end of the day the freshmen came back for a big barbecue and some team bonding activities.

“We want the students to understand what it means to be a Gilford High School

student,” Sperazzo said.

He said a big part of this is giving back to the community an having the communities of Gilford and Gilmanton come together.

Freshman Evelyn Martel said the activities were a great part of the school day.

“You’re helping out the community in a different way,” Martel said while working on the LEAD banner.

With her work on

the school play, Martel said she otherwise wouldn’t have been able to do an activity like this after school.

Freshman Xavier Mullen said the event was cool and this was a good break from schoolwork.

Freshman Alaina Osburn also said she would like to see a community service day for the whole school. She said it would be a good way to bond with people in other grades.

SUPPORT

(Continued from Page A12)

its Guard and Reserve employees, who continue to answer their nation’s call to defend our way of life. Their sacrifices are essential to the strength of our nation.”

“LRGHealthcare fully supports our Na-

tion’s Guardsmen, Reservists and Veterans,” said Kevin W. Donovan, LRGHealthcare President and CEO. “Those in the military understand the value of service and of selfless giving of themselves. This giv-

ing spirit mirrors the values of our organization and employees in that we exist for a higher purpose of service to our community. For that reason, and others, we are proud to sign this statement of support.”

CARROTS

(Continued from Page A1)



ERIN PLUMMER

Members of Gilford High School's Interact Club pick carrots at Winnepesaukee Woods Farm as a community service project.



ERIN PLUMMER

Winnepesaukee Woods Farm owner Aaron Lichtenberg helps GHS volunteers with the carrot picking.

farms.

Interact members dug up potatoes at Winnepesaukee Woods a few years ago. Unfortunately Sawyer was diagnosed with cancer the year after and the activity did not take place as Sawyer battled the disease. Sawyer is now cancer free and healthy and wanted to make Interact more active, including bringing students back to the farm.

Lichtenberg described what goes into growing carrots.

“From the very beginning the first statement was, ‘Wait, come on...that’s how carrots grow?’” Lichtenberg said.

Lichtenberg said the growing process

started in June and involved regular hand weeding, loosening them up in the ground, trying to keep deer away from them, and more. He said he does this with 1,800 feet of carrots.

He gave the students a demonstration on how to pull out the carrots.

“When Aaron started pulling out carrots and he kids acted as if it’s a magic show,” Sawyer said.

Lichtenberg also helped out with the harvesting process. He said the students suddenly saw where their food comes from.

Senior Michele Young remembers pulling out potatoes her freshman year.

“It’s really fun, it’s a great way to do community service,” Young said.

Senior Sophia Wrobel and freshman Madison Heyman also said this was a fun activity.

“I’ve never done anything like this before,” Wrobel said.

Lichtenberg said this is a great help, as he is generally the only one available to grow and harvest crops this time of year.

All the carrots from Winnepesaukee Woods Farm, including the ones harvested by the GHS students, will go to the Gilford Farmer’s Market, the Community Supported Agriculture (CSA) program, and many other places.

It took a Village to rebuild a local favorite.

Collaborators include l to r: Ward D’Elia, Samyn and D’Elia Architects, PA; Chris Maroun, Miracle Farms; Caleb King, Natt King Stoneworks; Greg Branzetti, The New Woodshed; Stephen Coombs, Coombs Historic Restoration; Jeff Downing, Conneston Construction; Marcus Weeks, MVSB

Following the loss of the original Woodshed restaurant in 2013, a team of local businesses and skilled tradesmen worked together to craft The New Woodshed. The team was brought together by vision and passion – united in a desire to create a space that was modern and traditional at the same time. They also shared a partner that epitomizes modern banking based on time-honored values, Meredith Village Savings Bank.

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SPORTS



RC GREENWOOD

Nichole Berube reaches in for the ball in action against Pembroke in the first round of the Division III tournament.



BOB MARTIN

Brianna Salanitro dribbles around Berlin defenders in a 1-0 win for Gilford.

Gilford punches another ticket to Final Four

BY BOB MARTIN

Bob@Salmonpress.news

GILFORD — The fourth-ranked Golden Eagles field hockey team won a pair of tournament matches last week, including a 1-0 win over Berlin that moved the team to the semifinals to face top-ranked Newfound.

It was a tight match-up between the fourth and fifth ranked squads, which saw no clear advantage much of the game. Both squads moved up and down the field, having equal opportunities to put the ball in the goal. However, solid defense and good work in goal by Jenna DeLuca, gave the Golden Eagles a 1-0 shutout.

It was 0-0 at the half and at this point neither

team had managed to get a solid shot on net. Much of the first 20 minutes were spent in the Berlin zone with Gilford trying to find ways to attack, but this momentum switched a bit in the final 20 minutes with Berlin spending time near Gilford's goal. Neither team was able to capitalize before the half ended.

In the second half, Berlin came out firing but DeLuca had several nice saves to keep the team at bay. With 19 minutes remaining, Gilford got its only goal of the day at the hands of Laurel Gingrich, with an assist by Jillian Lachapelle who had an especially strong day leading the defense.

This would be the only score Gilford would

need, as the defense managed to thwart any other scoring chances Berlin would have.

Coach Dave Rogacki was very happy with the win, saying that Gilford faced a tough team in Berlin.

"With Berlin, it's always a pleasure to play them because these two teams respect each other," said Rogacki. "It was a physical game in the right way. That's why

it is always fun playing them. The kids respect each other, too, and that is a big thing."

While it was a good win for Gilford, Rogacki sees that there is room for improvement for the Golden Eagles.

"We need to go to the ball better," Rogacki said. "There are times when we didn't go to the ball and we can't just dribble into people. We need to pass and find

angles. That's what we have to do better. We also have to keep our feet out of the way and do a better job completing shots. Jenna did a great job today in goal so that kept things close. We kind of beat her up all the time."

Rogacki commended the overall play of the team, saying both substitutes and starters alike did a good job. He said Taryn Fountain did a great job moving the

ball, as well as Laurel Normandin. He added that seniors Cloe Boucher and Callie McGreevy were two seniors who put in quality minutes.

"Now that we are in the final four we need to have better quality play," Rogacki said. "One of our goals was to get to the final four. We've been there five years in a row now. These seniors have been there every year so that is great for them."

Net Eagles earn top-three playoff seed

BY BOB MARTIN

Bob@Salmonpress.news

GILFORD — The Golden Eagles volleyball team finished its regular season last week with wins over Portsmouth and Kenett at home, as well as a tight win over St. Thomas Aquinas on the road.

On Oct. 16 Gilford beat Portsmouth 3-1 with scores of 25-23, 23-

25, 25-16 and 25-19.

"Portsmouth has the tallest and one of the most powerful offenses in D-II," said coach Joan Forge. "But the Gilford volleyball team has a tenacious defense and player composure. Gilford was able to beat Portsmouth 3-1 on Monday but it was not easy."

The tight matchup saw Gilford with a 19-8

lead in the fourth set, led by Lexi Boisvert and Maggie McNeil who both had three straight points. Brooke Beaudet was also a big contributor in the set with a couple points in a row, as well as an ace. Linsey Sanderson also had a key kill on an assist by Lexi Boisvert for point 24.

In set four, Beaudet had eight kills, which was one shy of the school record of nine kills in a single match. McNeil had four kills, Boisvert had a kill and Reagan McIntire also had a kill.

Beaudet finished the day with 15 kills, McNeil had nine kills, Boisvert had six kills and Sanderson and Abby O'Connor had a pair of kills each. O'Connor also had a block. The defense was led by McNeil with 16 digs and three aces, Boisvert with 14 digs and an ace, Karly Sanborn with 14 digs as well as 29 assists on the day, Beaudet with 12 digs and two aces, Bailey Hildreth with a pair of aces and Kasey

Moore with an ace. Samantha Holland and Abby Warren combined with 22 digs.

Gilford played Kenett for the last home game of the season on Oct. 18 and won 3-0. Prior to the match there was a brief ceremony honoring the four seniors, including captains Hildreth, Moore and Beaudet, as well as manager David Hart.

Gilford won 25-2, 25-1 and 25-13 in the convincing win. The Golden Eagles combined for 24 kills and 96 percent serving. This included 17 aces to overpower the Kenett squad. McNeil led the offensive attack with eight aces while Beaudet had 12 kills.

In the first set Gilford had zero errors going 24 for 24 serving. Beaudet led the way with five kills.

In set two, McNeil started the set as the server and served 22 straight times before missing on point 23. It was the only error of the set for the Eagles.

Set three saw Gil-

SEE VOLLEYBALL PAGE B2

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Gilford soccer pitches two more shutouts in final week

BY BOB MARTIN

Bob@Salmonpress.news

GILFORD — The Golden Eagles boys' soccer team finished the regular season strong with a pair of shutout wins at home against Winnisquam and Berlin.

Gilford hosted Winnisquam on Oct. 18 and had a 5-0 win led by a hat trick by Tyler Hanf.

Hanf scored 30 seconds into the game on an assist by Ben Gardiner. Hanf scored again at the 63-minute mark with an assist by Adam Donnelly. Two minutes later Daegan Boucher scored a goal assisted by Hanf and Sandor Gamache. At the 69-minute mark Troy Gallagher scored with an assist by Hanf. At the 71-minute mark, Hanf scored another goal with an assist by

Donnelly.

"We are looking at continuing to be consistent defensively and peck away offensively, creating opportunities," said coach Dave Pinkham. "Tyler Hanf certainly had a monster game. Overall, I think we are playing well right now. We are playing with consistency and it certainly continued with the big Berlin game."

The Berlin matchup was a big one for Gilford indeed, as the two teams were tied going into the game. Gilford came away with a 3-0 win in the final game of the regular season.

The first goal came at 14 minutes by Connor Leggett with an assist by Patrick O'Connor. Then at the 24-minute mark, Gamache was hit in the box and Gilford was given a penal-



BOB MARTIN
(Left) Sandor Gamache heads the ball during a Gilford win over Berlin last week.

on a goal assisted by Donnelly.

"It was a really good win at the end of the year," Pinkham said. "We were tied and you want to certainly finish in the top four. That was a big win for us and it certainly gave us the opportunity to host a first round tournament game, and if we win, will host the second round."

Pinkham said Gilford has had a great year, finishing the season 13-3. He noted that the team has only allowed goals in four games and the losses were only by one goal. The team only let up seven total goals and had 12 shutouts on the season.

"It certainly is an indication of how we are playing," Pinkham. "When we are playing good competition we are still not being scored upon often. We are looking forward to the tournament."

Golden Eagles battle tough against Jaguars

BY BOB MARTIN

Bob@Salmonpress.news

GILFORD — Top ranked Windham came to town to face the Gilford-Belmont football team, and while it was a 46-8 loss for the Golden Eagles, coach Josh Marzahl said it was tighter than the score would show.

The Golden Eagles were only down 7-0 in the first quarter, and while Marzahl pointed out many teams wouldn't be happy about this, he gave credit where credit was due saying it was a good effort against an established program like Windham that has been undefeated this season.

"I feel we came out to compete," said Marzahl. "The guys came out to compete and battle from the start of the game. It was a game where I left and felt the kids fought their hardest and battled hard."

Marzahl said the Golden Eagles were knocking on the door,

with the ball at the 20 yard line, in the first quarter but couldn't capitalize. Windham took over and scored, with the team going on to score a couple more times in the first half on big plays. Marzahl said it was the big plays that killed Gilford-Belmont on Saturday.

"We were pretty solid on defense aside from a couple missed assignments that led to big plays," said Marzahl. "Offensively, it was just that we would grind out five yards a carry and then a false start or fumble would push us back."

Leading the offensive attack was Dylan Gansert with 134 yards on 20 carries. Quarterback Greg Madore was 2-6 for 50 yards on the day. Backup quarterback Alex Cheeks, a freshman, was 2-3 with a touchdown pass to senior Evan Merrifield. The touchdown was a quick hook route that Merrifield took all the way.

"The offensive line did a great job opening up the holes for Dylan and protecting the quarterback," said Marzahl.

He was quick to commend the senior group, saying that while the team might not be coming away with a good overall record, they are setting the foundation for years to come. Ethan Ormes was injured early in the season, but has turned into great asset helping the coaching staff from the sidelines.

"The effort they put forth for 48 minutes of football is what we need to show you need to battle to the last whistle," said Marzahl.

Marzahl said the freshmen for the team have had a solid season, noting that there has been strong play by the likes of Cheeks, running back Blake Descoteaux, who leads the team in rushing touchdowns, and wide receiver Brandon Gallagher.

"It is a group we are looking forward to for the future," said Marzahl. "It is a promising future for the program. We should be pretty good as they grow as players."


The Golden Eagles play its final game of the season against Laconia on Friday night at 7 p.m.



COURTESY PHOTO

Showing support


The Gilford Middle School girls' soccer team took time out at a team feed to celebrate with their teammates the halfway point of the season. For the month of October, the girls are also raising awareness for cancer by wearing pink socks, hair ties and eye black/pink for the rest of the year.



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*Tomlinson on
RPI hockey team*

TROY, N.Y. — Shayna Tomlinson of Gilford is a member of the Rensselaer Polytechnic Institute (RPI) women's hockey team. The Biomedical Engineering major has

helped the Engineers (2-4) sweep RIT this past weekend, with a chance to keep their two-game win streak alive against Yale for RPI Family Weekend.

Unified Eagles look to make playoff run

BY BOB MARTIN
Bob@Salmonpress.news

MEREDITH — The Golden Eagles unified soccer team finished out a quality regular season with a 4-2 win over Inter-Lakes/Moultonborough, which gave the team a 4-1 record and a trip to the state tournament.

“We have a really good team and the kids have all been so supportive of each other,” said coach Laurie Belanger. “We have won all but one game, and while our focus is on sportsmanship and skill building, it is nice. We are looking forward to playoffs.”

The team was led by freshmen Corey McDowell and Gerron Belanger with two goals apiece.

Belanger said this year the team had nine seniors and the team has benefited by their leadership. She said it will be interesting next year, as there will be almost an entirely new group.

Unified sports have



BOB MARTIN

The Gilford High School unified soccer team completed the regular season and is making a run at the state title, as the team enters the playoffs this week.

been in existence since 1988 when it was adopted by the Special Olympics. It was launched in July at the Special Olympics Conference in Reno, Nevada and Lake Tahoe, Calif., according to specialolympics.org.

The first sports were bowling, volleyball and softball. The idea of the program is to break down stereotypes of people with intellectual disabilities. More than a half-a-million people participate around the world, with the number growing each year. It was inspired by the principal of training together and playing together for a path to friendship and understanding.

The unified sports teams are treated like varsity sports with a playoff and championship game. They are also included in the season ending awards

ceremonies.

Belanger said this is something that goes well beyond the playing field.

“The natural friendships that happen is the most fun for all of them,” Belanger said. “I love the time with the kids. It is pure joy to see the teammates and the relationships. I love the competitiveness but much more important to me is hanging out with the kids and having fun.”



BOB MARTIN

Sarah Fillion had a goal against Inter-Lakes in a 2-0 win last week for Gilford.

Gilford soccer girls finish regular season strong

BY BOB MARTIN
Bob@Salmonpress.news

GILFORD — The Gilford girls' soccer team ended the regular season with a four-game winning streak, which came just in time for the playoffs. The streak included a 2-0 victory over Inter-Lakes and a 4-1 win over Newport on the road.

On Oct. 17 Gilford had its last home game of the season and celebrated the 16 seniors that will be graduating at the end of the school year. It was a solid 2-0 win where Gilford got all the goals the team needed in the first half.

Sarah Fillion scored six minutes into the game with an assist by Sam Knowles. Maddie Rechter scored halfway through the first

half with an assist from Julianna Colstring and Sophie Leggett.

“I think in the first half we played okay, but even though we didn't score in the second half, I think we played much better,” said coach Tom Raymond. “It was nice to see the improvement in the second half. We had some nice chances but just couldn't finish in the second half. This was the sixth shutout of the season for Hannah Perkins and she made 14 saves in the game.”

To close the regular season, the Golden Eagles traveled to Newport and won 4-1. Josie Curley and Shelby Cole scored in the first half, with an assist by Rechter on Cole's goal. In

the second half Lauren Dean scored off a header. Curley scored her second goal of the day also. Both of the final two goals were scored with less than 10 minutes left in the game.

“We played a very good first half and put a lot of pressure on them with 28 shots,” said Raymond. “In the second half, we got a little complacent. They scored before we picked it up at the end of the game and scored a couple more goals.”

The Golden Eagles finished the regular season 9-7 and while results are not official through NHIAA as of deadline, Raymond believes the team will be the 11 seed in the playoffs.



COURTESY

The Gilford JV volleyball team won the Division 2 championship on Oct. 21.

JV Golden Eagles pick up tournament win

GILFORD — The Gilford JV volleyball team won the DII JV Volleyball Tournament on Saturday, Oct. 21.

The 12-school tournament was hosted by Gilford High School and teams were placed into three pools of four teams. Gilford went 6-0 in their pool play and was seeded number one in the championship bracket of the tournament.

Gilford received a bye through the quarterfinals and faced Portsmouth in the semifinals. During the regular season, Portsmouth beat Gilford. Gilford got their revenge by beating Portsmouth in three sets 2-1.

Portsmouth won the

first set 25-17 and Gilford won the second set 25-23 to even the score 1-1. The third set was a nail bitter and Gilford prevailed 15-13 to punch their ticket into the finals.

In the finals, Gilford faced rival Coe-Brown, who they lost to in the regular season. Gilford won the first set 25-17 and Coe-Brown answered back to win the second set 25-20 to even the score once again to 1-1. Coe Brown took the lead in set three and never relinquished it until point 17. Coe-Brown look like they were going to take the title home to Northwood when they grabbed a 14-10 lead, but Gilford was not finished.

Naomi Eldridge

came to the service line for Gilford and served four straight to tie the score 14-14 only to see Coe-Brown get the next point to go up 15-14. Gilford tied the game 15-15, but still could not take the lead when Coe-Brown scored the next point to give them a 16-15 lead. Gilford reached deep to tie the game at 16-16, scored the next point to give Gilford the lead for the first time in the set at 17-16. The Gilford JV team rallied one more time to score the decisive 18th point for the championship.

This is back to back DII JV championships for coach Amy Tripp and the Gilford JV team.

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WEIRS BEACH/LACONIA: The Cottages at Tower Hill; a local landmark in the Heart of the Lakes Region. Many improvements made over the past years. 4 BR home, separate office, detached garage, 12 cottages w/ full kitchens, and Gunite pool. **\$500,000 MLS# 4639942**

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WOLFEBORO: Enjoy lake lifestyle perfection with a main house, guest and carriage house, meticulously built and designed with color and comfort in mind on 2 lots of record with 385 feet of waterfront, level sandy beach, boathouse and more!
SEWALL ROAD \$9,900,000



WOLFEBORO: Opportunity to own a unique Mirror Lake property with four condos offered as one parcel & individually. Each unit features a kitchen, living room and detached garage parking. Shared beach, dock and level yard are an added bonus!
NORTH MAIN STREET \$975,000



TUFONBORO: Beautiful waterfront property offers easy, year-round, paved access while maintaining a private feel. With a bright and open 4 BR/6BA Contemporary home, sandy beach, dock and 2 bay boathouse this offering is a must see!
GOV WENTWORTH HWY \$2,350,000



WOLFEBORO: What a property! 3BR main house with smart home technology and 2BR guesthouse, both with high-end finishes throughout on 35 acres with four-car garage and deck. With frontage on Willey Brook, it's a great spot to enjoy nature.
CENTER STREET \$997,500



WOLFEBORO: Close to downtown amenities and perfect for the whole family with 4,300 sq ft of living space, hardwood & tile floors, updated baths, granite, stainless and more! A large deck and beautifully landscaped yard completes the picture.
POINTE SEWALL ROAD \$750,000

LAND

WOLFEBORO

Nice, building lot in a great subdivision, close to town and a short walk from the beach. Enjoy privacy at the end of the road with 1.2 acres.
Applewood Drive.....\$59,000

TUFONBORO

Enjoy the waterfront while you build your dream home or getaway on this 1.32 acre parcel on the Basin with main lake access.
Basin Road.....\$205,000

WOLFEBORO

34 acre parcel with frontage on Rt. 28 & Rt. 109, multiple engineering and construction approvals and 5 wells. Imagine the possibilities!
Center Street.....\$379,000



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\$1,995,000 (4637783) Call 569-3128



INCREDIBLE VIEWS from this desirable Squam Lake location in Moultonborough. Newer construction 2BR with gorgeous view lines, fireplace, HW floors offers the true feeling of living On Golden Pond.
\$1,800,000 (4663688) Call 253-9360



TRADITIONAL Wolfeboro home w/nice privacy. Exquisite blend of comfortable and formal living spaces, high ceilings, crown molding, hardwood floors, grand staircase. Beautifully landscaped. Walk to Carry Beach.
\$1,500,000 (4122716) Call 569-3128



GORGEIOUS 122' waterfront and 1.48 acres on Lake Winnepesaukee. This 4 bedroom, 3.5 bath, 2415 sq ft contemporary is on one of the lake's prettiest points of land in Moultonborough. Private dock.
\$1,250,000 (4506309) Call 569-3128



RATTLESNAKE ISLAND - ALTON // A unique property on one of the best known islands on Winnepesaukee. Lindal Cedar chalet, 3-BRs/1-full bath, spacious LR. 160' WF, covered boat slip accommodates 24' boat+ 6'x36' permanent dock. Lot is landscaped.
\$650,000 (4660771) Call 569-3128



MEREDITH // 3BR/1BA seasonal home is sited on a beautiful point of land w/336' on Lake Winnepesaukee; oversized screened porch, westerly exposure to view gorgeous sunsets. Updated kitchen and large LR.
\$729,000 (4662552) Call 253-9360



CENTER BARNSTEAD // You don't find privacy like this. Two lots with 220' of water frontage. Immaculate home and fabulous views from the brand new deck and screened in porch.
\$289,000 (4651632) Call 875-3128



ALTON // Lovely, completely remodeled New Englander. Wrap around deck, granite counters, hardwood floors, newer appliances included washer/dryer. Great location for your home business with large detached garage.
\$285,500 (4639915) Call 875-3128



ASHLAND // Village at Riverbend at its best! Garage steps away, extra 1/2 bath on main level. AMAZING mountain & river views. Sunsets over the river from your private 3BD/3BA home.
\$145,000 (4663512) Call 253-9360



LACONIA // 2BR/2BTH condo with private screen porch. Outdoor saltwater pool, playground, tennis court, close to all Lakes Region amenities.
\$89,900 (4663129) Call 253-9360



GANSY ISLAND - MOULTONBOROUGH // This Gansy Island offering is made up of 5 adjacent lots, all separately deeded, and located in a quiet part of Lake Winnepesaukee. An area known for the mountain views, calm waters, fishing, loons and songbirds.
\$605,000 (4625112) Call 569-3128

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Halle McAdam @ 253-9360 (CH Office)

Jennifer Azzara @ 875-3128 (ALTON Office)

LAND and ACREAGE

MEREDITH // Build your dream home in this nicely maintained and mature development of high end, luxury homes offering views of Meredith Bay and the mountains.
\$234,000 (4639490) Call 253-9360

NEW DURHAM // Two lots of record, 16.55 Acres with 2 Drive-way cuts approved along 1299 Feet frontage on major highway. Great potential - Bring your ideas! Bring your offer - great investment!
\$90,000 (4646700) Call 875-3128

MOULTONBOROUGH // Build your dream home in the private beach access community of Suissevale. 1.2 acre lot has State approved 4 bedroom septic, plus enjoy all of Suissevale's amenities.
\$76,900 (4656851) Call 253-9360

GILMANTON // Bounded by stone walls in a remote wooded area. Many trails around for 4 seasons of fun. Would make a very nice home site!
\$49,900 (4640828) Call 875-3128

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(3) FORECLOSURE AUCTIONS

Per Order of the USDA
Monday, November 6th

10 a.m. Barrington, NH - Selling to the Highest Bidder Above: \$185,000. 37 Cedar Creek is a 2,037± sq.ft. Colonial that was built in 2009± includes 3 bedrooms and 1.5 bathrooms. The home sits on its own 1.030± acre lot. Tax Map 262, Lot 14, Sub-lot 13. Assessed Value: \$265,900.

12 p.m. Franklin, NH - Selling to the Highest Bidder Above: \$75,000. 47 Liberty Avenue is a 1,153± sq.ft. raised ranch with a two-car garage that was built in 1975±. The home includes 4 bedrooms, 1.75 bathrooms and a full finished basement. The property totals .34± acres and is serviced by public water and sewer. Tax Map 115, Lot 36. Assessed Value: \$161,800.

2 p.m. Gilford, NH - Selling to the Highest Bidder Above: Check website for details. 42 Greenleaf Trail is a 864± sq.ft. split level home that was built in 1991± includes 3 bedrooms and 1 full bathroom. The home sits on its own .7± acre lot. Tax Map 253, Lot 51. Assessed Value: \$127,770.

INSPECTIONS: One half hour prior to the auctions, if permitted.
Broker Participation Invited

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Athletic Director at 269-5161 ext. 107 for
further information or an application.*

FY17/18 Long Term Substitute Para-Educator
Alton School District/SAU 72

Para educator long term substitute position available November 2017 – January 2018. Please submit letter of interest, resume and school application, three recent letters of recommendation, official transcripts, and any certification to:

Jennifer Katz-Borin, Special Education Director
Alton Central School, SAU 72
252 Suncook Valley Highway
Alton, NH 03809

**Application Deadline: October 31, 2017
or until filled**

EOE



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EOE

**Town of New Durham, NH
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Submit letter of interest, resume and standard town application form (go to www.newdurhamnh.us, click on Forms & Documents, and click on Job application) to the Town of New Durham, Attn: Scott D. Kinmond, Town Administrator, PO Box 207, New Durham, NH 03855 or skinmond@newdurhamnh.us. Position is open until filled. First review begins November 3, 2017.





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- Know where your children are and whom they are with
- Know your children's friends
- Ensure your children's social environments are alcohol-free
- Have daily, positive communication and interaction with your children
- Eat dinner together

Research shows
teens who regularly
eat as a family
(5-7 times per week)
are **33 percent less**
likely to use alcohol.

**Most parents don't realize they are the
No. 1 influence in their children's lives.**

When parents were asked to draw the greatest influences on their teens, they placed themselves last.

When teens were asked to draw the major influences in their lives, they placed their parents first, before peers and activities.


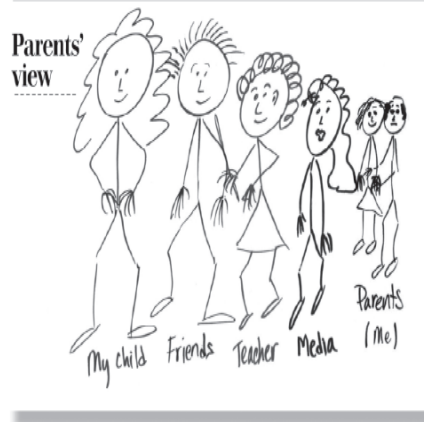


Parents' view

Teen's view

My child's Friends Teacher Media Parents (Me)

me Parents family friends teachers activities clubs

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