

Rocks Estate relic headed to Smithsonian for exhibit

BY JENNY MONAHAN
jennifer@salmonpress.news

BETHLEHEM — At first glance, one might determine the miniature, ornately decorated room to be a child’s plaything from long ago. But it would only take a moment of peering closely to realize that this was not a toy for gleeful children to unwrap on Christmas morning.

That’s because the dolls were obviously, convincingly rendered, dead.

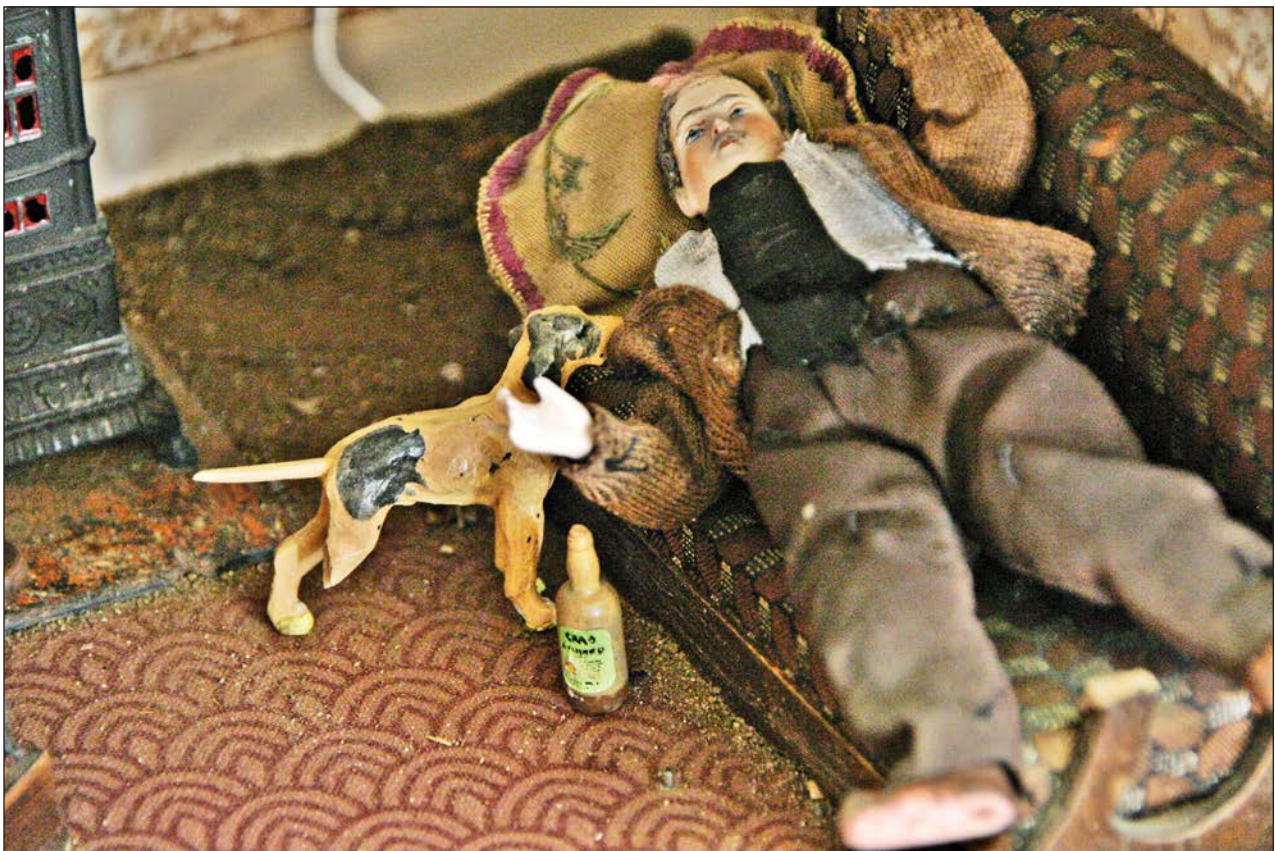
A toppled lamp, a one-inch-long rolling pin next to a floured cutting board, curtains adorned with miniscule riff-raff, an open refrigerator with a marble sized head of lettuce on the shelf. Magazines the size of a postage stamp. Impossibly small bottles with hand painted labels. Functioning doors, windows and lights.

Items such as these were the components of Frances Glessner Lee’s Nutshell Studies of Unexplained Death — dioramas of murder scenes designed as training tools for crime scene investigators. They were created at her workshop at the Rock’s Estate in Bethlehem throughout the 1940’s and 1950’s.

Clare Brown, an employee of the Rock’s Estate, didn’t know what had caught her eye in the corner of a storage room that day about a dozen years ago.

When she removed the object, a tiny living room with a wood stove, furniture, telephone, framed pictures on the wall, and a dead man on the couch lying next to an overturned bottle of whiskey, she was baffled.

Brown brought the item to the Rock’s Estate



CHRIS JENSEN — COURTESY OF THE ROCKS ESTATE
The deceased subject of Lee’s nutshell Case No. 20, located about a dozen years ago in a storage area at the Rocks Estate in Bethlehem.

Manager, Nigel Manley, who knew exactly what they were looking at; one of Lee’s “Nutshells.” Born in Chicago in 1878, Lee was the daughter of industrialist John Jacob Glessner, who became wealthy as co-founder of International Harvester.

EXHIBIT, PAGE A18

Several town ordinance changes discussed by Littleton selectmen

BY JENNY MONAHAN
jennifer@salmonpress.news

LITTLETON—The proposal of several new town ordinances was discussed at the select board meeting on Monday, April 10.

Littleton’s Health Officer and Selectman, Milt Bratz, addressed two issues that are of concern to public health.

Bratz said that in the near future, he will seek approval of two new ordinances, the first being canine feces as a public health hazard on town owned athletic fields.

People using the fenced athletic fields to let their dogs run and not cleaning up after their animals have led to kids having to clean up the fields prior to using them, Bratz said.

“Feces carry a number of diseases, threats to other animals and humans. A request was made that we set up a series of fines and restrictions for using the athletic fields,” he said.

Bratz said the restrictions are not for town parks in general but

only athletic fields within the parks.

He said he is working with Chief Paul Smith to address the issue on two fronts; a trespassing component and fines for leaving dog droppings on the ground.

Bratz said he expected this issue to be fully developed in a few weeks and a public meeting would be held.

The second ordinance Bratz discussed is in regards to the maintenance of dumpsters and

SELECTMEN, PAGE A19



JENNY MONAHAN

Was that what I think it was?

The crocuses are blooming, trees are budding, and the elusive Main Street Mountain Gorilla is strolling, pictured here with a companion on April 10. Spring is truly finally here. Remember, if you’re bored, your gorilla is bored. Take them for a walk, or perhaps lunch at the Littleton Diner.

Bethlehem Select Board re-considers decision to form landfill study committee

BY JENNY MONAHAN
jennifer@salmonpress.news

BETHLEHEM—After deciding two weeks ago to form a committee to study economic and environmental issues surrounding the landfill, the select board decided to rescind the decision and table the item for an undetermined amount of time.

Citing that the previous unanimously supported motion was premature and the board needed time to consider the goals and objectives of the town, the motion

to table the landfill committee carried 3-2.

Selectman Martin Glavac said he felt strongly that the issue should be discussed and asked for a timeline for the committee to be formed.

“I would like to have some of those questions answered in terms of what kind of timeline we are talking about,” he said.

Selectman Boisseau said the town is still healing from the contention surrounding

STUDY, PAGE A20

Hassan proposes bill that would give young North Country entrepreneurs a break

BY CHRISTOPHER JENSEN
indepth.org

BETHLEHEM — Kirsten Silfvenius of Colebrook liked Sen. Maggie Hassan’s idea: help the economy by providing a little fiscal relief for people who want a start a business, but are stymied by student loans.

Silfvenius is trying to get a marketing business going to help other entrepreneurs in the North Country.

And that’s not made any easier because she is still paying off a student

BILL, PAGE A19



CHRIS JENSEN

U.S. Sen. Maggie Hassan, D-NH, left, is pictured with Carrie Gendreau at a roundtable discussion at the Women’s Rural Entrepreneurial Network (WREN) in Bethlehem.

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VFW Auxiliary helps Meals on Wheels at LASC
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Local News

A brief history of Littleton

BY TARA GILES
tara@salmonpress.news

LITTLETON — The town of Littleton nestled in the northern part of the state consists of 26,000 acres and has been high lighted as one of the top ten small towns in the country. So how did it all begin?

The town was first known as the charter of Chiswick, and was granted by Gov. Benning Wentworth on Nov. 17 of 1764 to 44 people, including James Avery. Most of the original inhabitants of town hailed from Groton, CT and were primarily related. Avery also had interest in Landaff and other towns in Grafton County.

A second grant, Apthorp, was issued after the previous group failed to comply with the conditions of their charter. According to records the only attempt to settle the town was the construction of a log barn on the Ammonoosuc intervalle.

Around 1769, Avery passed the baton over to Moses Little of Newbury, MA, Israel Morey of Orford and Alexander Phelps of Hebron, Conn. This new crew obtained a grant in January of 1770 and renamed the township Apthorp after one of the grantees, George Apthorp of London, England.

Nathaniel Carter, along with Benjamin Harris and Tristram Dalton and Samuel Adams of Boston, were each given 400 acres of land.

In 1784, Little and Dalton agreed to divide Apthorp and the towns of Littleton and Dalton were born. History remembers Moses Little as a man of high character and of great executive capacity. Little owned

thousands of acres in Maine and Vermont in addition to his acreage in New Hampshire.

Little was commander of a regiment at the battle of Bunker Hill and was known for his bravery and skill.

The first people to actually make Littleton a home were Nathan Caswell and Israel Morey. Caswell was a tailor but had the perseverance needed to settle a town. Caswell moved his family from Connecticut, including his wife Hannah and their four children, to New Hampshire for a new life.

Caswell finally discovered the barn built by Avery and noticed the presence of indians near by. That first night Caswell’s wife gave birth to a baby boy who was christened Apthorp. As was customary the baby was given a piece of land which today is known as the Hudson Place. To avoid danger from the indians the family retreated to Lisbon until the threat dissipated. Caswell returned a few days later to discover the hut had been burned to the ground by the indians. This did not deter Caswell, and shortly thereafter, a cabin was built and their home was made. The St. Francis Indians came back forcing the family to find safety in Groveton.

After the war, Caswell sold his meadow farm to Ephraim Bailey and made Hudson Place his home.

Five years later, a family of four brothers from Rhode Island with the last name Hopkinson came to town and cleared land to make a successful farm and eventually opened an Inn.

About the time when the land was divided into Littleton and Dalton there were roughly eight families in town. These families included the Caswells, Peleg Williams, Robert Charlton and John Wheeler.

The town of Dalton hosted two families, Walter Bloss and Moses Blake.

The town grew fast at the close of the war as did the rest of New Hampshire. Other early settlers that made Littleton their home post war included Ebenezer Pinegree, Jonathan Eastman, Henry Bemis and Jonas Lewis who were both farmers.

In 1792, Whitecomb Powers, Silas Symonds, David Lindsay and Nathan Applebee made Littleton their home. The following year Paul, Saul and Parker Cushman settled in town as well as Elisha Mann who made his home on the hill that we all know today as “Manns Hill.”

Littleton struggled in it’s early years as there was no blacksmith, lawyer, doctor, church or school in town. A tax was then implemented to build better roads and the upswing in town began.

A grist mill as well as a saw mill was finally successful after many failed attempts by settlers.

In 1799, a tannery was built and was in operation until 1829 when it was sold to Sewell Brackett. The tannery then landed into the hands of Otis Batchelder who ran it until 1865. Calvin Wallace owned the place for a time then sold it to Silas Parker. The building was turned into a woolen mill that became known as the

Littleton Woolen Manufacturing Company. Ira Parker bought the place and used it to make his deerskin gloves, also known as the Saranac glove company. Famous actress Bette Davis was presented with a pair of driving gloves during one of her many trips to town.

Another well known name in town is Kilburn. Kilburn’s Stereoscopic View Manufactory was a strong business in town and was in it’s glory days in 1868.

In 1880, the town had 33 established businesses. The average number of male employees over the age of 16 was 238 and 73 for females.

The first bank in town (Littleton National Bank) was incorporated in 1871 with a capital of \$100,000.

As for schools, they did exist in barns and

in private houses before 1791; however, there are no known records of them.

Robert Charlton was the first teacher in town and ran the private school until 1793.

Residents voted to divide the town into three districts for schooling purposes. They were known as upper, middle and lower. One school house was built however many of the pupils would attend school at the home of their respective teachers. In 1869 a new school-house was built which cost residents \$32,000.

The first store in town was built in 1785 by John Wheeler. Wheeler was unsuccessful and sold the business to James Jackson and Samuel Larnard Jr who ran it until 1805.

In 1823, George Little a grandson of Moses

Little established the “Yellow Store” which he owned and operated for years.

As for medical care a doctor from Vermont would travel to town every so often to take care of residents. It wasn’t until 1798 when Calvin Ainsworth of Claremont moved to town to become the resident’s full time physician.

During the early years, Littleton was known for it’s hospitality. Many travelers would pass through finding shelter and food in the Inns as well as the private homes of residents. The history of Littleton is of course rich and could fill volumes upon volumes however it is nice to have some knowledge of it’s beginnings and even better to see that the town still has a welcoming hospitable feel.

Lincoln selectmen develop priorities for new fiscal year

BY JUSTIN ROSHAK
Contributing Writer

LINCOLN— With town meeting concluded, Lincoln can look forward. In that spirit, the Board of Selectmen hosted a brainstorming session last week to generate a list of priorities for the coming year. The goal was not to discuss or decide, but to develop a sense of key issues. Key issues were water and traffic.

Town Manager Butch Burbank reiterated his interest in exploring potential water resources near Franconia State Park, citing the Georgiana Falls site as a potential new well location. While Lincoln’s current water needs are being met, demand fluctuate wildly between on- and off-seasons, and is growing year-to-year. Burbank has asked state Rep. Bonnie Ham to connect him with the appropriate agency to explore Lincoln’s options.

Other water-use improvements were

discussed, including upgrading water use meters. This would be a multi-year task, according to town officials. Burbank re-emphasized his belief that the town should take ownership of the water main leading through the village up to the reservoir tank. The same pipe also feeds Coolidge Falls and Clearbrook. A recent main break exposed the confused ownership situation, resulting in a great deal of water lost.

Selectman O.J. Robinson recommended formulating written agreements to manage complex water-ownership situations. In future crises, the procedure to shut off flow and control leaks should be clearly understood by all parties. The plan should include fire hydrants. He also expressed interest in mandating that all Privately Operated Redistribution Systems (such as those in use in condo development) be submitted through DES as a condition of planning board approval.

The selectman and town manager shared a commitment to reducing traffic on Main Street. Burbank recommended exploring a state-created bypass leading directly from Loon Mountain to interstate 93. Robinson seemed supportive of the idea, adding that there are hundreds of properties on Loon which contribute to downtown congestion. Selectman Jayne Ludwig opined that a bypass might also benefit businesses on Route 3.

Burbank expressed his belief that the state could be encouraged to add an alternate route, eliminating the traffic contribution of those who drive directly from Loon to the interstate without spending time or money on Main Street.

Burbank also predicting strong pushback from gated communities in the Loon area, saying “We would face a vicious legal battle.”

In the event that eminent domain were found to be necessary, it would be better for the state to lead the way, so that “They’d be the bad guys.”

One resident recommended introducing a third lane on Main Street, which would change direction at different times of day.

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BARGAIN MATINEES DAILY 4

BARGAIN NITE TUESDAY 4

LITTLETON
FIRE DEPARTMENT

SPRING CLEANING SAFETY TIPS

- Clean your garage of stored newspapers or other rubbish that can fuel a fire.
- Test your smoke alarms monthly.
- To help prevent nuisance alarms, gently vacuum your smoke alarm every six months or as needed.
- Change batteries in smoke alarms, flashlights and carbon monoxide detectors.
- Never borrow smoke alarm batteries to use for toys or other equipment.
- Replace all smoke alarms every 10 years or as recommended by the manufacturer.
- Keep outdoor debris or dead vegetation away from the house.
- Properly dispose of oily or greasy rags. If these items must be stored, they should be kept in labeled, sealed, metal containers.
- If you store gasoline, keep it outside your home in a shed or detached garage. Keep only small quantities in tightly sealed containers. Use gasoline only as a motor fuel - never as a cleaning agent.
- Use outdoor barbecue grills with caution. Place in a safe area away from building, windows, heating, ventilation and air conditioning units or places with high/dead vegetation.
- Never use gasoline to start the fire, and don't add charcoal lighter fluid once the fire has started.
- Use barbecue grills outside only - not under overhangs or balconies, and away from combustibles.
- Check your propane barbecue grill hose for leaks and cracks; never store propane indoors.



Good news on the horizon?

Place an announcement
in your local paper!

Courier Almanac

Upcoming Meetings:

Group: Trustees of the Trust Fund
Location: Town Office Conference Room
Date: Friday, April 21
Time: 8 a.m.

Group: Board of Selectmen’s Meeting
Location: Community Center Heald Room
Date: Monday, April 24
Time: 5 p.m.

By the numbers:

Town Offices:	Police:	Fire:
Bethlehem (869-3351)	Bethlehem (869-5811)	Bethlehem (869-2232)
Littleton (444-3996)	Littleton (444-7711)	Littleton (444-2137)
Lisbon (838-6376)	Lisbon (838-6712)	Lisbon (838-2211)
Franconia (823-7752)	Franconia (823-8123)	Franconia (823-8821)
Lincoln (745-2757)	Lincoln (745-2238)	Lincoln (745-2344)
Easton (823-8017)	Sugar Hill (823-8725)	Easton (823-5531)
Bath (747-2454)	Woodstock (745-8700)	Bath (787-6222)
Landaff (838-6220)		Sugar Hill (823-8415)
Sugar Hill (823-8468)		Woodstock (745-3521)
Lyman (838-5900)		
Woodstock (745-8752)		

Dial 911 for emergencies

Local Libraries

- Abbie Greenleaf Memorial (Franconia) (823-8424)
- Littleton Public Library (444-5741)
- Bethlehem Public Library (869-2409)
- Lisbon Public Library (838-6615)
- Haverhill Library Association (989-5578)
- North Haverhill Patten Library (787-2542)
- Woodsville Public Library (747-3483)
- Richardson Memorial Library (823-7001)
- Moosilauke Public Library (No. Woodstock) (745-9971)
- Bath Public Library (747-3372)
- Gale Medical Library @ LRH-Anna Connors Patient & Family Resource Center (444-9564)

Property Transfers

Bethlehem
5 Lincoln Way; \$134,000; FNMA to Vicki J. Francis.

1166 Profile Road; \$111,001; US Bank NA Tr to John R. & Amy L. Chapman.

Haverhill
1736 Mount Moosilauke Highway; \$32,000; US Bank NA Tr to Richard and Lynette Lablanc.

Lincoln
42 Goodbout Road; \$210,000; Brian K. & Jill T. Pakus to Scott Frye.

51-B Pollard Road; \$135,000; FDM T & Elaine M. Mercurio to Sarah A. Umberger.

Lisbon
77 S. Main Street; \$180,000; Almanda Tinsley to David & Amy L. Lafleche.

Littleton
291 Railroad Street; \$129,900; Whitecomb Lyle F. Est and Steven Whitcomb to William J. & Tina M. Santoro.

Gilmanton Hill Road; \$23,000; Nancy A. Peabody 2004 RET and Nancy A. Peabody to Hayden W. & Lisa J. Leslie.

Sugar Hill
53 Center District Road; \$260,000; Peter Anderson to Carol J. Walker 19*91 RET and Carol J. Walker.

620 Center District Road; \$107,500; Locke Ferd W. Est and Brenda DeRosia to Tamberly A. Mackay.

Five Questions

1. By what name is the German shepherd dog commonly known?
2. Who created Tarzan in 1914?
3. What New England state was originally claimed by both New Hampshire and New York?
4. What U.S. state grabs the most money from domestic tourists, double that of Hawaii?
5. Garlic and Chives belong to which plant family?

Answers...
1. Alsatian.
2. Edgar Rice Burroughs
3. Vermont.
4. Nevada.
5. Lilly

Town seeking public input on future plan for recreation

BY JENNY MONAHAN
jennifer@salmonpress.news

LITTLETON — A study of the town’s parks and recreation facilities by Samyn-D’Elia Architects, of Ashland, is underway and the next step is seeking input from the community to define the goals and needs of Littleton’s recreation program.

A public forum and discussion session will be held at the Littleton Opera House on April 26 at 6 p.m.

Cris Salomon, an architect with the firm, said they’re seeking input about the current condition of the park facilities in town and trying to find a vision for the next ten to twenty years for the town’s recreation.

reation.

Salomon said the project doesn’t just include the replacement of the condemned Remich park building, but a study of all nine of the town’s park facilities: Remich Park, Brickyard Field, Apthorp Common, Norton Pike Fields, Dells Park, Kilburn Craggs, Pine Hill Park, the Eaton-Property and Mount Eustis Ski Tow.

“Littleton has a lot of facilities here and we didn’t want to come in and design a building without knowing what the town needs,” Salomon explained. “We’re trying to find a vision for the next ten to twenty years for the town’s recreation.”

The firm was contracted earlier this year for two phases of a four phase project outlined by Town Manager Andrew Dorsett and the recreation coordinator over last summer and fall.

Phase one is the preliminary study of the town’s parks, recreation facilities and programming, and the gathering of public input to define future goals and needs of the town, said Salomon.

The second phase will be using that information to design a new facility.

“Following the study, we’re going to begin to design a facility that reacts to the towns goals and needs that will serve the town of Littleton’s

vision for the next 20 years,” he added.

Salomon said the public input will be reviewed with the recreation commission and then they can begin to formalize what the future of Littleton’s parks departments will be and begin preliminary design of a new building.

“By the end of this study, we’re going to know exactly what the needs are of the town so we can develop a design and budget for a new building,” he said.

Phase one of the project is expected to be completed by the end of May and phase two by the end of the summer. The resulting design will be put out to bid and be on the 2018 warrant.

The New Hampshire Association of School Principals recognized Elizabeth “Bibbit” Haney as North Country Administrative Assistant of the Year

LITTLETON--Elizabeth “Bibbit” Haney was recognized as The North Country Administrative Assistant of the Year at a luncheon on Thursday, April 6, 2017. This award is sponsored by Horace Mann Insurance Company in conjunction with the New Hampshire Association of School Principals.

Each year, principals are asked to submit nominations of their administrative assistants. The administrative assistants are recognized by the northern and southern tier of New Hampshire. Bibbit Haney has served three years as the administrative assistant to Joanne Melanson at Daisy Bronson Middle School and Littleton High School.

In her nomination remarks, Joanne Melanson said “Bibbit has



ELIZABETH “BIBBIT” HANEY

served the school with a smile and a “can do” attitude. She has coordinated my calendar and assists me in prioritizing my daily activities. Bibbit approaches each day with a “what can I do to help attitude”. She takes great pride in her work and takes the opportunity to assist with the budget process and at-

tends to the needs of the staff. Bibbit’s mission has always been to make the school a better place

than the year before.” Congratulations to Bibbit Haney on this very special recognition!

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EDITORIAL

Allow us to (re)introduce ourselves

When a publication has been a part of the community it serves for more than a century, as is the case with the Littleton Courier, it can be tempting to rest on your laurels and believe that you've arrived at a place where, as the theme song from "Cheers" put it, "everybody knows your name."

Even a newspaper with the venerable 128-year history that we have enjoyed, however, can benefit from re-introducing itself to the community every once in a while. With that in mind, once again this week, every household in the town of Littleton will receive a complimentary copy of the Courier with their Wednesday mail.

Those of you out there who read us on a regular basis (and whose continuing readership we very much appreciate) are already familiar with who we are and what we do, but for the benefit of those who might be laying eyes on our paper for the first time, please allow us a moment to tell you a little bit about ourselves.

As our mast head proclaims, the Courier has proudly served the communities of Littleton, Bath, Bethlehem, Easton, Franconia, Haverhill, Landaff, Lincoln, Lisbon, Sugar Hill, and Woodstock for the past 128 years, and our mission has not changed since the paper's founders distributed their first edition back in 1889.

What has always set our weekly publication apart from its competitors in the daily market, and what we pride ourselves on the most, is the fact that our content is 100 percent local. From new businesses opening up Main Street, to what happened at the last selectmen's meeting, to the latest production being staged by the Littleton or Lin-Wood High School drama departments, we are committed to bringing our readers the news that impacts their lives, and those of their neighbors, directly. Nowhere on our pages will you find coverage of events overseas or the political strife in Washington, D.C. Our focus has always been, and will always remain, exclusively on what is happening in our own little corner of Grafton County. The only place where you may see an occasional reference to state or national politics is on our Opinion pages, where we are committed to offering our readers a forum for sounding off on issues that they feel compelled to comment on, whether at the local, regional, statewide or national level.

One of the joys and privileges of covering the news that matters to the people who inhabit our communities is the opportunity to help them celebrate the special moments in their lives, and it is our pleasure to print wedding, engagement, anniversary, and birth announcements free of charge. We also know that there are those difficult times in life when our readers need to say farewell to a loved one, and in hopes of making that process a tiny bit easier, we also publish obituaries at no charge.

Acclaimed columnist and North Country fixture John Harrigan, a former newsman himself, offers up his sometimes wry, sometimes serious, but always affectionate take on life north of the notches in his column, the North Country Notebook. Alongside his weekly contribution, you will find arrest logs from our local police departments, entertainment and business news, service listings for area churches, a weekly calendar of events, and the most extensive coverage of high school sports in the area.

To those of you who are holding their first copy of the Littleton Courier, we hope you enjoy reading through this and next week's edition with our compliments, and that you like what you see enough to consider becoming a subscriber. To our existing subscribers, we once again offer a heartfelt thank you for your support; and to those who might have been subscribers at one time but have been away for a while, we say hello again, and hope that the passage of time will make you curious enough to give us another chance. If so, simply fill out and mail in the subscription card included in this week's edition, or contact our Circulation department at 279-4516, ext. 119 to sign up for a subscription by phone.

In any case, we always welcome feedback — and submissions — from readers at our offices, located at 16 Mill St.; by phone at 444-3927; or by e-mail at couriernews@salmonpress.com.



COURTESY PHOTO

The Littleton Food Co-op and the Bancroft House of Franconia, N.H. partnered during March 2017 to raise funds and awareness for the Bancroft House's work. Customers at the Littleton Food Co-op rounded up their purchases at the cash registers as part of Pennies for Partners and purchased pizzas to raise over \$1300.00 for the Bancroft House. To find out more about this program stop by the co-op, visit www.littletoncoop.org or call 603-444-2800. Pictured from left to right are Robert Gorgone, Bancroft House Director and Mark Hollenbach, Littleton Food Co-op staff member.

LETTERS

A thank you

To the Editor:

A thank you goes out to the All Saints Episcopal Church and Reverend Curtis Metzger for Lenten Noontday Concerts offered recently

Five weeks of noontday music concerts presented by wonderful musicians and singers was a respite

from busy lives. Thank you to all of them for the enjoyable music they shared.

Grace Bigelow
Littleton

NUTRITION 911

Fiber—Part One, The Basics

BY MARY SAUCIER CHOATE,
M.S., R.D.N., L.D.

If your doctor has told you to eat more fiber, or you have decided to do it on your own, these tips may help.

Fiber Can Help with Health Conditions

Fiber has been recommended to help with lowering cholesterol, controlling blood sugars, maintaining a healthy digestive tract, and as part of general good nutrition guidance for many years. But there is still a lot of confusion about what kinds you should eat, where to get it, and how much you need.

Start Here

Fiber is naturally found in plant foods like beans and peas, whole grains, vegetables, and fruits.

Fiber is a carbohydrate. Carbohydrates include simple carbs, such as sugars, and complex carbs, including starches and fiber. Fiber can be naturally occurring in foods (such as in beans and whole grains) or added to foods.

Two Kinds of Fiber—Both Good for Health!

There are two kinds of fiber. Soluble fiber holds onto water in the digestive tract and helps to slow digestion. Oat bran, barley, nuts, seeds, beans, lentils, peas, and some fruits and vegetables are good sources of this kind of fiber.

Insoluble does not hold onto water. It adds bulk to the stool and appears to help stool pass more quickly. Wheat bran, vegetables, and whole grains are good sources of this kind of fiber.

Both kinds of fiber are beneficial for health. Most whole plants foods contain both kinds of fiber.

Eating a diet full of foods that naturally contain fiber is a good way to get all the fiber you need, as well as the other vitamins, minerals, and nutrients that are found in these whole foods. The recommendation for a healthful daily fiber intake for adults is 25 grams per day for women and 38 grams

per day for men.

How to Get Fiber into Your Day

It is not difficult to get enough fiber from food if you choose wisely, but most Americans get only 15 grams a day.

Here are some foods to consider making part of your meals and snacks for your daily dose of fiber, deliciously! (Amount of fiber grams is rounded):

Whole-wheat English muffin: 4.5 grams

1 Tbs. Peanut butter: 1.5 grams

1 medium banana: 3 grams

1 medium sweet potato, baked in skin: 4 grams

1 cup of salad (lettuce, tomato, cucumber): 1.5 grams

¼ cup of almonds: 5 grams

½ cup cooked dry beans peas or lentils: 8 grams

1 medium apple with the skin: 4 grams

1 slice 100% whole wheat bread: 2 grams

1 large orange: 4.5 g

½ cup mixed vegetables: 4 grams

3 cups popcorn: 3

grams

Let's Make Some Meals and Snacks!

Breakfast: whole-wheat English muffin with PB and banana = 9 grams fiber

AM Snack ¼ cup almonds and an apple= 9 grams

Lunch: 2 cups salad with ½ cup garbanzo beans and a slice of whole wheat bread=13 grams

Afternoon snack: Orange = 4.5 grams

Supper: choice of protein with baked sweet potato and ½ cup mixed vegetables =8 grams

PM snack- 3 cups popcorn= 3 grams

This menu would give you 46.5 grams of fiber using only whole foods, no pills or other fiber added!

How Much Fiber Is in This? Use this Easy-Peasy Trick

You can find more information on the fiber content in foods at the USDA Nutrient Database website or, just "Google" the name of the food and write fiber after it, for example:

911, PAGE A17

THE LITTLETON COURIER

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or fax to: 603-444-4839

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tara@salmonpress.news

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FROM THE CHIEF'S DESK

On leadership

BY JOHN MONAGHAN
Chief of Police
Franconia

Leadership is a funny thing. A lot of people believe it is something heroic, leading from the front-charging into battle. I'm not sure that is true, maybe on a battlefield, I don't know, I'm not a soldier. I think it's got more to do with making it possible for people to do and be their best. I think it also comes down to leading by example. There is a lot of buzz about integrity and ethics in business. You can find thousands of books and videos about it. I've heard integrity defined many ways: "do-

ing what's right even when no one is looking", "behaving as if your family was watching." (This next one is my favorite) "Honesty is telling people the truth, integrity is telling yourself the truth"-Professor Fred King.

I had the honor of training with Professor King at a couple of different Martial Arts camps in Oregon a long time ago. He was the pinnacle of being true to your word. He was my teacher's teacher and for both of them if you said you were going to do it, you had better do it. Later I would go on to study leadership. While

at school I read the book "Reframing Organizations" by Bolman and Deal. The topic of the book is the four ways that people can view an organization.

Here is a short course: One way to view an organization is Structural, for example police departments, military, etc. are hierarchical, other companies like Gore (the water proof stuff) is linear with no ranks. Another view is Human Resources, referring to-what is the exchange between employer and employee (work in exchange for money-training-insurance etc). Then there is

the Political frame, who you know can help you get what you need. Political not in the inherently negative sense that can cause you to change the channel on your TV, just who can garner resources and how being connected or not can effect your share. I've really simplified it, it's a thick book.

Finally, there is the Symbolic frame. Who has the corner office. Who gets paid the most or has certain titles, who gets to park in the front row and drives the fancy cars. What I've come to find with the symbolic frame is this. Do you do what you say

you are going to do? Do your actions back what morals and values your organization ascribes to? Do they match? For me this boils down to integrity; the kind Professor King talks about.

Years ago, I was able to interview a high ranking government official. I was going to school at the time for an advanced degree and he was telling me how great that was, how the organization really valued education and he wished more employees would seek higher education. I don't doubt that he (as a person) meant it. Here was the trouble for me with the statement. The organization had no educational incentive or tuition reimbursement, education didn't weigh into the promotional processes, some direct supervisors didn't accommodate schedules to allow employees to attend classes, there was no policy on it and on and on and on. So to me the symbolic message was "We don't mean what we say". That really stuck. I would see it play out time and time again with other topics and issues; "we say this but we do something else." Drives me nuts!

Why am I rambling on about this? Last Saturday, I said I was tempted to go do a Mountain Bike race. The trouble was, it was four hours away and I was totally unprepared. Now, what kind of a guy would I be having written a whole post about pushing your comfort zone and then not doing that very same thing myself? So I did the race, and it was not easy, but it was fun. I brought my son, who wants to race next time. Sgt. Cashin, despite getting off night shift at zero dark thirty, dragged his butt out of

bed and placed second in a pistol competition that day too. Congratulations, Sarg! Pew-pew-pew.

Now you need to know that my racing goals at this point in my life are as follows:

1. Not to end up in the hospital.
2. Finish
3. Not to visit Dr. Magnadottir the neurosurgeon ever again, even though she is totally great.

I lucked out with a bonus at this race and I didn't even come in last.

Professor King continued on to say, if you can't be honest with yourself then how can you be honest with anyone else; you can't have honesty without first having integrity. We used to have these "gut check" nights at my old kung-fu school. They were not easy, but you knew your fitness level and breaking point by the end of the evening. You would have an idea about what you would need to do to get to the next level. Now you don't have to red-line your body to get a clear picture of who you are but I do think it's important to take a look in the metaphorical mirror from time to time. And ask yourself, 'what do I want for myself, my family, my organization and am I taking the steps to get there?' Here's a tip: Have an accountability buddy. Set some goals together, make a plan and hold each other accountable to them. What ever you do, enjoy yourself, life is too short-make good choices.

So we hope you have been enjoying the warm weather and sunshine. Stay your awesome selves, no matter what color your spandex and ride your bike as if no one is watching.

VFW Auxiliary helps Meals on Wheels at LASC

BY JENNY MONAHAN
Jennifer@salmonpress.news

LITTLETON—The Auxiliary to the Veterans of Foreign Wars Post 816 gave the Littleton Area Senior Center (LASC) a helping hand on April 13.

Steve Pickens, Treasurer of the Auxiliary, presented a mounted United States flag and a monetary donation for the senior center's Meals on Wheels program to LASC Director Carole Zangla and Assistant Director Anne Marie Donlon on Thursday afternoon.

Zangla said the center is grateful for the donations and the funds for the Meals on Wheels program that will help the center continue to provide nutritious meals and daily visits to senior citizens in Littleton, Bethlehem, Lisbon, Franconia, Sugar Hill, Monroe, Lyman, Landaff, and Easton.

She said that last year, the center served 49,271 meals to area residents. Currently, the center sends out 130 meals daily over seven routes.

As a non-profit, the Senior center relies heavily on volunteers, with staffing for the program at 13 volunteers to one paid employee. All of the preparation, packaging and organizing is done at the center.

The service is pro-



JENNY MONAHAN

VFW Auxiliary treasurer Steve Pickens delivers the donation of a mounted flag for the senior center and a check for their Meals on Wheels program to Carole Zangla, the center's director and Anne Marie Donlon, assistant director.

vided free of charge but donations are accepted. However, most utilizing the service live on a very tight budget and can't afford to donate at all, said Zangla.

A yearly survey conducted by the LASC showed that for many of the meal recipients, the volunteer delivery driver is the only person they see all week.

Zangla said the isolation of these seniors means "It's about more than just nutrition;

it's about making sure people are safe in their homes."

Research shows that home-delivered meal programs significantly improve diet quality, increase nutrient intakes, reduce food insecurity and improve quality-of-life among the recipients.

The LASC will be holding their sixth annual Meals on Wheels Walkathon event on

Saturday, May 20. Registration begins at the LASC at 8:30 am and the walk begins at 10 a.m. The event will feature a pancake breakfast, face painting, vendors, a BBQ and entertainment. For more information, please contact the LASC at 444-6050.



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Local News

Lisbon students work with Conservation Committee to develop natural resources inventory

BY JUSTIN ROSHAK
Contributing Writer

LISBON—In a novel public partnership, Lisbon students are lending a hand to the town’s new Conservation Committee, and getting field experience at the same time.

Over the past year, 24 sophomore biology students have been developing the framework and contributing materials for the Lisbon Natural Resources Inventory. Each class has spent more than a week on the project, with work divided amongst small groups. At present, three AP Biology students are editing the second draft.

The goal is to create a town-wide inventory of water resources, wildlife, and species of interest, both endangered and invasive. According to Planning Board chairwoman Rosalind Page, the final report will be incorporated into Lisbon’s ongoing master plan revision. The project’s findings on Lisbon’s natural resources and ecological status will shape the town’s conservation and development goals.

The project is being led by science teacher Pauline Corzilius. A

Plymouth State graduate, Ms. Corzilius has taught in Lisbon since 2006. She holds a Masters in Education and also teaches online at Community College of Vermont.

When Lisbon organized its Conservation Committee, they reached out to Ms. Corzilius for assistance. She marshalled her students to do the bulk of the data collection and composition. The town provided maps, and the whole project has been run online. All Lisbon students have school-issued laptops, which has permitted a flexible collaborative process.

Ms. Corzilius says her students have been “quite enthusiastic” about the work. Although for some, the prestige of working on a town project outweighs the scientific value. She hopes to have a final report ready for the town by the end of the school year, possibly as early as May.

Students have uncovered several endangered species in the Lisbon area, mostly in the town’s wetlands. Lisbon’s wetlands are de-

scribed as “palustrine,” which means both inland and without flowing water.

Two closely-related dragonflies, the Sedge and Subarctic Darner, share a fondness for crisp-edged water and healthy aquatic plant life. Listed as endangered, and uncommon in New Hampshire, both larval and adult Darners enjoy feasting on mosquitos. As a result, both

LINCOLN—The selectmen heard a report on the Kanc Rec Area last week, and discussed plans for its future.

Lincoln plans to repair a bull-wheel building and build storage shed for the grooming-machine, which is currently stored outside. Both of these projects gave been budgeted in the town Capital Improvement Plan for some time. Town Manager Butch Burbank reported that the Public Works Department is confident it can complete the construction

and repairs in-house, avoiding the need to contract out.

Another goal for the Rec Area is to improve the parking situation. Mr. Burbank reported that over the past year, parking overflowed onto Forest Ridge drive multiple times. One option currently being explored is to use the town-owned lot across the street, to “Create as much parking as we can and still keep tree buffers.”

Parking is a perpetual challenge for Lincoln, which hosts large tourist populations in the winter and summer. Mr. Burbank predicted that a new lot could create as much as 20 new spaces.

Mr. Burbank expressed his view that

this was a good use for the property, and that most of the clearing work can be done by the Public Works Department.

Public works employees have created a plan to extend snowmaking capacity to the sledding hill. This would involve an upgrade to the electric motor’s efficiency.

Much of this work would be done over the summer, during which rec area trails would be corrected. One proposed improvement is a new beginner area, which would be created by clearing a space at the base of the hill. There is occasionally some problems with skiers wandering off of the rec area hill, so Public Works staff have created a plan

for importing this shiny green beetle, which viciously attacks ash trees. One telltale sign is the D-shaped hole they leave in trees. If you spot the signs, call (800) 444-8978, or share a photo online at www.nhbugs.org.

The project has not yet found any evidence of invasive aquatic plants, some of which have been spotted further south. Plants like the Eurasian Milfoil hitch rides on human transport, such as boats and trailers. They can be very small and hard to spot.

The Ammonoosuc River, one of Lisbon’s treasures, has been identified by the project as a high priority spot for controlling invasive organisms. The swath of land between the river and route 302 is considered especially vulnerable to invading plants and animals.

Lincoln refurbishing Kancamangus Rec Area

BY JUSTIN ROSHAK
Contributing Writer

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to mark and block borders more clearly.

Lincoln resident Paul Beaudin expressed concern about increases in noise pollution from reduced tree buffer on the lot across from the rec area. He was opposed to expanding parking.

The proposed expansions are expected to stay within the \$45,000 budget.

Chairman O. J. Robinson asked that the town’s engineer examine the impact of parking and snowmaking expansions on the rec area. He hoped to minimize any negative effects from noise and drainage shifts. Looking forward, Mr. Robinson expressed a desire to continue examining options for expanding parking.

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Local News

Bethlehem Hebrew Congregation to host Interfaith Holocaust Remembrance Service April 23

BY EILEEN REGEN

BETHLEHEM —
 “Memory is a possibility for a human being to become more human by linking his or her past to the past of countless other human beings. What is memory? It is a way for any human being to redeem his or her past and link that past to a future. In other words, I do not think we should remember for the sake of the dead. It’s too late for that. We must remember for the sake of the future, meaning for the sake of our children.” —
 Elie Wiesel

To honor this past, to remember the victims and harsh lessons of the Holocaust, and to pay tribute to the heroes and rescuers who risked their own lives to save men, women and children in peril, the Bethlehem Hebrew Congregation (BHC) hosts the fourth annual interfaith Holocaust Remembrance Day Service at 4 p.m., Sunday, April 23, in the BHC sanctuary, 39 Strawberry Hill, Bethlehem.

We invite members of the community who wish to be readers to contact Martin Kessel at martink1937@gmail.com.

The Holocaust Days of Remembrance, established in 1980 by the United States Congress, commemorates the 11 million victims of the Holocaust and reminds the world of the consequences of bigotry, hatred and indifference in the face of injustice to targeted groups of people. "The Holocaust is not merely a story of destruction and loss; it is a story of an apathetic world and a few rare individuals of extraordinary courage. It is a remarkable story of the human spirit and the life that flourished before the Holocaust..." (United States Holocaust Memorial Museum).

Remembrance Week dates are tied to the Jewish calendar date of Yom HaShoah, Holocaust Memorial Day. Services held across the United States focus on ways to stand firmly against

hatred and violent extremism and promote human dignity. Voices are raised to share ways to build a better future in a constantly changing world in which entire communities of people flee their homes in hopes of finding sanctuary and opportunities to build new lives.

In the years 1933 to 1945, the world witnessed the genocide of European Jewry, along with the extermination of Russian POWs, Slavs, Serbs, ethnic Poles, persons of color, the disabled and mentally ill, homosexuals, Freemasons, political enemies, and Jehovah's Witness-

es. Remembrance of the dangers of state-sanctioned incitement of hatred and of silence and indifference should confirm the duty to protect others in world communities. Vigilance and moral commitment require courage. Through this Holocaust Remembrance Service, BHC seeks to remind everyone of the tragic history and to promote reflection on the lessons it holds for people today.

The Holocaust Remembrance Service created by Joan Kurtz and Judith Felsen of the Mount Washington Valley Chavurah is interactive with music, poetry,

song and inspiration. During the service, acclaimed pianist Marjan Kiepora will perform the Bartok Romanian Dance No. 4 and the Chopin Mazurka in A minor, Op. 68, No. 2.

"It is not enough to curse the darkness of the past. We have to illuminate the future," explains Holocaust survivor Estelle Laughlin.

The service is open to the public. A salads and desserts potluck reception follows the service. Your RSVP is important to the event planners. For more information, please visit the BHC Web site: www.bethlehemsynagogue.org or



COURTESY

A traditional memorial candle.

the United States Holocaust Memorial Museum website at www.ushmm.org/remember. To sign up as a reader, and to RSVP, contact Martin Kessel, martink1937@gmail.com.

WREN Annual Meeting

BETHLEHEM--Monday, March 20th of 2017 presented WREN with a wealth of positive activity surrounding their Annual Meeting. The biggest news comes with the election of five new board members: Tami Nason of Bethlehem, Audry Crowe of Franconia, Debbie Brown of Landaff Judith Ratzel of Bethlehem and Gina Welch of Berlin.

The main highlight of the night came as Alison Chisolm and Natalie Woodroffe presented a total of five awards to six different individuals whose hard work and dedication have contributed to WREN and the local communities.


The first award showcased the WRENTrepreneurs of the Year. The recipients, Meryl and Lane Nevins, own the successful Prospect Farm of Lisbon, NH. The next two awards were the Can't WREN Without You. One of these went to Cathy Towle who volunteers on the WREN Finance

Committee. The other went to Katy Curnyn the WREN Director of

Retail & Market Access. Kathie Lovett, the Artist and WREN Gallery Volunteer, received the WREN for a Lifetime award.

With the final award, Above and Beyond the Call of WREN Duty, going to Alison Chisolm, the retiring WREN Board Vice President. It is thanks to the tireless efforts of all those involved that WREN has seen success in the various avenues pursued in the local north country.

WREN is a nationally recognized not-for-profit that supports entrepreneurial growth, access to markets, Main Street revitalization and rural economic development. WREN inspires possibilities, creates opportunities, and builds connection through community and is dedicated to bringing rural people together to realize better lives and livelihoods by providing resources, education and opportunity. For further information, call (603) 869-9736, email at wren-central@gmail.com, or reach us on the web at www.wrenworks.org.



Underage drinking

Think underage drinking doesn't affect a teen's brain? Think again.

IT'S A FACT. New research shows alcohol affects a teenager's developing brain differently than an adult's. Memory, learning and impulse control can be impaired seriously. The risk of addiction goes up dramatically. So talk to your kids about the dangers of alcohol and set clear rules about no alcohol use.

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Sunday, June 11 • 8 pm
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RICHARD THOMPSON
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WITH SPECIAL GUEST SETH GLIER
Wednesday, June 21 • 8 pm
Tickets: \$39, \$49, \$62

"One of the Top 20 Guitarists of All Time" —Rolling Stone. One of the world's most critically acclaimed and prolific songwriters.

AIMEE MANN
WITH JONATHAN COULTON
Saturday July 1 • 8 pm
Tickets: \$42, \$49, \$64

Oscar-nominated, Grammy Award-winning singer/songwriter and actress Aimee Mann known for her quick wit and stinging observation.

STEEP CANYON RANGERS
Sunday, July 30 • 8 pm
Tickets: \$29, \$38, \$46

A Grammy Award-winning bluegrass band from North Carolina, Steep Canyon Rangers have become widely known for their collaborations with actor/banjoist Steve Martin.

BANDA MAGDA
Friday, Aug. 11 • 8 pm
Tickets: \$14, \$17, \$22

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Saturday, Aug. 26 • 8 pm
Tickets: \$29, \$39, \$42

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COREY HARRIS
Saturday, Sept. 23 • 8 pm
Tickets: \$14, \$17, \$22

American blues and reggae musician, Corey Harris is a guitarist, songwriter, and performer who is leading a contemporary revival of country blues with a fresh, modern hand.

KAT WRIGHT
Friday, Oct. 6 • 8 pm
Tickets: \$13, \$17

Kat Wright' voice is both sultry and dynamic, delicate yet powerful; gritty but highly emotive and nuanced, has been described as "a young Bonnie Raitt meets Amy Winehouse". "Frighteningly good." —Boston Public Radio

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Local News



COURTESY
Spring has officially sprung, and with the season comes one of the area’s most popular community events - The Ammonoosuc Amble. This year’s five-mile walk/run is being held on Saturday, April 22 at Profile High School in Bethlehem.

24th Ammonoosuc Amble is April 22

ACHS’ largest fundraiser is fun for the whole family

LITTLETON- Spring has officially sprung and with the season comes one of the area’s most popular community events: The Ammonoosuc Amble. This year’s 5-mile walk/run is being held on Saturday, April 22 at Profile High School in Bethlehem. This USA Track and Field sanctioned event is well known in the area for being a fun, family-friendly event.

The Amble is Ammonoosuc Community Health Services’ (ACHS)

signature fundraising event. Fairpoint Communications is once again a key sponsor of the Amble, as well as Well Sense health and Delta Dental. Last year’s event had nearly 300 participants and raised over \$15,000 in support of “Miles for Smiles”, ACHS’ Oral Health Program providing affordable oral health care to the north country of New Hampshire.

Access to affordable oral health care has been difficult for many in the

North Country. With the opening of the ACHS Dental & Oral Health Center in 2015, the first integrated community-based oral health program in northern New Hampshire, over 1,000 area residents have been able to get the care they need, some for the first time in their lives. Now, with a second full-time dentist, the dental center can see even more patients in need. Proceeds from the Amble help offset the costs of patient care at the Den-

tal Center for those who, otherwise, could not afford it.

Registration on the day of the race begins at 9 a.m. and costs \$30 - save \$5 by registering before race day on-line at www.ammonoosuc.org/amble. Walkers start the race at 10:30 a.m., the Kids’ Fun Run at 10:35, and runners start is 11 a.m. The Kids’ Fun Run is a ½ mile run and free to children, ages 5-13. All kids receive medals. Awards are given to top finishers and all race participants receive a free commemorative t-shirt while they last.

The Amble is supported by a long list of sponsors who donate time, money, food, race bag

swag and lots of great raffle items. You’ll want to purchase lots of raffle tickets to increase your odds of winning fabulous prizes including an overnight stay at the Omni Mt. Washington, a Team O’Neil winter driving course, gift certificates to popular restaurants and so much more!


You can help support affordable oral health care for your north country neighbors in need, by participating in the Ammonoosuc Amble with your race registration, sponsorship, or donation – for more information go to www.ammonoosuc.org/amble or call 444-8216.

Founded in 1975, ACHS is a nonprofit

community health center offering a network of affordable primary care health services. Our programs promote and support the well-being of individuals and families by emphasizing preventive care and encouraging active participation in one’s own health.

ACHS serves 26 New Hampshire towns in northern Grafton and southern Coös counties and has sites located in Littleton, Franconia, Whitefield, Warren and Woodsville and provides comprehensive services on a sliding fee scale to over 10,000 patients. For more information about ACHS, visit www.ammonoosuc.org or call 444-2464.

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Local News

Bethlehem Elementary School serves up a rainbow of nutrition

BETHLEHEM--During the month of March, Bethlehem Elementary School students were involved in a Fruit and Vegetable Challenge. Along with the usual education about eating healthy and nutritious food, Bethlehem Elementary students were challenged to eat more fruits and vegetables during the month of March. The goal of the program was to get kids to try fruits and veggies, to eat more produce, and to appreciate the bursts of flavors in their mouths.

Throughout the month students kept track of how many fruits and veggies they ate during lunch. They kept track by putting up stickers on a class

chart to represent that they either ate the whole produce or at least tried it. As the month progressed, so did the students' desire to eat from the rainbow. Students were proud of their accomplishments and also loved to pose for a picture as they chomped away. The top ten challengers were awarded a certificate and awesome coloring book and colored pencils. The top two classes earned themselves a treasure hunt that ended in a fun and active game in the gymnasium.

The Student Council, also known as S.T.A.R.S. (Students Taking an Active Responsibility for their School) hosted a Fruit and Veggie Drawing Contest. Stu-

dents took pride in their work and showed off their knowledge about eating nutritious foods. Winners received Eagle Bucks, which can be spent at the student store.

The culminating activity was held on Friday, March 27. During this event, students got to sample over 15 fruits and veggies, including Canary Melon and Kale chips. The third grade made smoothies and used this activity as a lesson on learning fractions. Then to finish off the festivities, five participants volunteered for a Mystery Food Challenge in which each contestant had a chance to eat seven mystery foods. The culminating activity was certainly a fun



and entertaining way to celebrate eating healthy fruits and vegetables.

Littleton Area Senior Center Menu for April 19 – April 26

WEDNESDAY — Shepherd's pie, Winter blend vegetables, biscuit, 4-bean salad, apple crisp. The Bone Builders at 8:30 & 9:45 a.m. Walking Club at 10:15 a.m.

THURSDAY—Pot roast, mashed potatoes, gravy, carrots, Mandarin oranges, brownie. The Bone Builders at 8:30 a.m. Walking Club at 10:15 a.m. Food raffle at 12:30 p.m. Computer Class at 1:30 p.m. Community Day.

FRIDAY—Baked potato bar, assorted salads, assorted desserts. Hand Reflexology at 10 a.m. Walking Club at 10:15 a.m. 50/50 drawing at 12:30 p.m. Tai Chi at 1:30 p.m.

MONDAY—BBQ chicken, potato, green beans, salad, fruit, ice cream sandwiches. The Bone Builders at 8:30 & 9:45 a.m. Art Class at 10 a.m. Walking Club at 10:15 a.m. Yoga at 1 p.m.

TUESDAY—BLT wraps, chips, pickles, pea & cheese salad, brownies. The Bone Builders at 8:30 a.m. Foot Clinic from 9-11 a.m. Walking Club at 10:15 a.m.. Game Day at 1 p.m. Book Club at 1 p.m.

WEDNESDAY—Triple salad, ham, egg, tuna, chips. cookie. The Bone Builders at 8:30 & 9:45 a.m. Walking Club at 10:15 a.m. Surprise Bingo at 1 p.m.

Educational film event with Woodland Community School and AERO

BETHLEHEM – Join Woodland Community School and the Alternative Education Resource Organization (AERO) at the Colonial Theater on Friday, May 5 for a viewing of the film, "Screenagers". "Screenagers" probes into the vulnerable corners of family life and depicts the struggles over social media, video games, academics and Internet addiction that face many of today's families. Visit <http://www.screenagersmovie.com> for more information on the film.

Come enjoy opportunities to connect with local independent schools, businesses, and non-profits who celebrate the arts, education and the outdoors, hors d'oeuvres prepared by Woodland students in their Farm to Table program and AERO's pop-up bookstore. Small group, round table discussions will wrap up this engaging evening!

Dr. Peter Berg will speak before the film at 6 p.m. Dr. Berg is

the NH Alternative Education Resource Organization Coordinator, founder of Youth Transformations and is principal at The New School, a democratic school located near the Maine seacoast. He holds a doctorate in Educational Leadership and a Board Certified Holistic Health and Mental Health Coach. He is also the author of The Toa of Teenagers.

There is a suggest-

ed donation of \$10 per adult/\$6 per student. Doors open at 5:30 p.m.

5:30 AERO Pop-Up Bookstore, Networking and Education Fair, Hors d'oeuvres

6:00 Keynote Speaker, Peter Berg

6:30 Screenagers Movie

7:45 Round Table Discussion in Small Groups

8:30 AERO Pop-Up Bookstore, Networking and Education Fair,

Hors d'oeuvres

Woodland Community School is an independent day school for students age 5-14 in Bethlehem, N.H. It is the mission of Woodland to nurture and respect children's love of learning by encouraging their natural curiosity and self-motivated exploration. For more information, contact Jennifer Johnson at woodlandcommunityschool@gmail.com.

Sen. Woodburn holds office hours in Bath and Littleton on Friday, April 21

WHITEFIELD--North Country State Senator Jeff Woodburn will hold office hours for his constituents on Friday, April 21, 2017, at the Bath town office from 9:30 -10 a.m. and at the Littleton Town Library from 11:15 a.m. to 12:15 p.m.

The public is invited and encouraged to attend. For those unable to attend, they can send their comments and opinions to Senator Woodburn at Jeff.Woodburn@leg.state.nh.us or 603-271-3207. "Some of the best ideas for legislation come from meet-

ings with constituents," Woodburn said, "I always enjoy these meetings."

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WE KEEP AMERICA RUNNING.

Local News



From left to right: Leilani Heng, Jen Fowler, Emma Labonte, Dylan Woodburn, Bella Cronin, Carissa Challinor, Dahlia Whitcomb, Jada Hare and Alyssa Mendez.

(COURTESY PHOTO.)

Whitefield Elementary School FCCLA

WHITEFIELD -- On March 30 and 31, Whitefield Elementary School FCCLA (Future Community and Career Leaders of America) 7th and 8th grade students traveled to the Grand Summit Hotel in Bartlett, N.H. for the Annual Spring Conference. Our results were as follows: Competing in the Food Innovations STAR Event, Dahlia Whitcomb and Jada Hare placed 2nd in the state. Competing in the Chapter Service Project Display STAR Event, Jen Fowler and Emma Labonte placed 2nd in the state. Competing in the Focus on Children STAR Event, Dylan Woodburn, Bella Cronin and Carissa Challinor placed 1st in the state. FCCLA STAR events were supported by full time runners Leilani Heng and Alyssa Mendez.

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North Woods Law: New Hampshire to be shown at Rialto Theatre

LANCASTER – Thanks to the generosity and support of Lancaster’s Rialto Theatre, North Woods Law: New Hampshire is coming to Lancaster on Wednesday, May 10, with local NH Fish & Game stars on call. Plan to join the benefit to raise funds for Operation Game Thief starting at 7 p.m. at the Main Street theatre. Lt. Wayne Saunders, NH Fish and Game Department District One Chief, is pleased to announce this first of its kind with this North Woods Law: NH event. “The series has been a big hit, and we’re excited to air footage on the big screen that features many of our local officers, biologists and community members. Guest appearances are also planned.” This event is to support Operation Game Thief, a silent witness, anti-poaching program that encourages the public to report any suspicious activity or knowledge about a poaching violation. To learn more about the series & Operation Game Thief, visit: <http://www.nhogt.org>; <https://www.facebook.com/NorthWoodsLawNewHampshire> <http://www.wildlife.state.nh.us>

Lisbon Stump Jumpers Annual Landowner Appreciation Dinner, April 29

LISBON--The Lisbon Stump Jumpers Annual Landowner Appreciation Dinner will occur on April 29, 2017 at the Shared Ministry Church on Main Street in Lisbon, N.H. The event will begin at 5 p.m. “Although we had another up and down year in terms of snowfall, we are always thankful to those landowners who allow our club to locate trails on their property,” said Club President Cheryl Wiggett. “We would not have one of the finest trail systems in the state without their help,” she added. In addition to landowners, vintage race sponsors, and current members, the club also welcomes past members to attend this year’s dinner. The winter of 2016-2017 was the club’s 50th season in existence. Many of its early members were instrumental in establishing the New Hampshire Snowmobile Association (NHSA). Interested parties can RSVP to lsjsecretary1@gmail.com. The club will conduct a regular monthly meeting after the dinner and hold elections for next year’s officer and board positions.

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LOCAL ACTS OF KINDNESS DAY!

On Friday, May 5, Mascoma Savings Bank hopes you will join us by performing “Random Acts of Kindness.” Let’s get everyone together and make our friends and neighbors smile. Coffee for a stranger? Donation to someone in need? Flowers for your neighbor? Volunteer at a shelter? The possibilities are endless. Go to our YouTube Channel for Mascoma Savings Bank and look for “Random Acts of Kindness Day” to see our story and get some great ideas. Be sure to share your kindness with us on Facebook and Twitter.

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Local News

Skidmore files motion to extend plea deadline

BY TARA GILES
tara@salmonpress.com

LITTLETON—Twenty-two-year-old Littleton resident, Nicholas Skidmore was arrested last May on charges of accomplice to first and second degree murder, conspiracy to tamper with an informant and conspiracy to

commit murder following the killing of Robert Pierog also of Littleton. Skidmore's attorney, Claude Buttrey, recently filed a motion to have his plea deadline extended from March 24 to May 1. It is unclear at this point whether Skidmore's plea will reduce his prison sen-

tence. Skidmore allegedly drove the vehicle to Pierog's residence the night of the murder. He is currently being held at the Coös County House of Corrections for lack of \$100,000 cash bail. Skidmore led authorities to the locations of the disposed items allegedly used to commit

the crime. Nineteen-year-old Quade Kadle of Jefferson is also being charged for accomplice to murder, and recently withdrew his request for a bail hearing. Kadle is currently being held without bail. This past fall, Kadle's lawyers filed a motion ar-

guing for bail. However according to the law, if an individual is facing a life sentence without the possibility of parole, the burden of probable cause has been met.

Twenty-two-year-old Damian Yeargle allegedly fired the shots that took Pierog's life. Yeargle is being held without bail at the Grafton County jail.

The incident allegedly took place due to the fact that Pierog was working as an informant for the Bethlehem Police Department. The homicide occurred at 124 West Main St. in Littleton on the night of May 27.

From what is known so far, Yeargle was at Perkin's Landing in Littleton fishing earlier on the day of the shoot-

ing. Yeargle had been in trouble with the law prior to this recent arrest, including arrests for driving while intoxicated, criminal threatening, assault and resisting arrest.

Yeargle's mother Jennifer Basnar was at her son's arraignment on May 31 of 2016, and spoke with several reporters outside.

Basnar said she wasn't surprised to hear what her son had did, commenting "Damian has been in trouble his entire life, it really started when he was 14 years old. He was put in a home for 18 months, (Easter Seals) the reason he was sent there was for felony stalking after he threatened to kill a girl in high school."

Town of Littleton Green Up Day

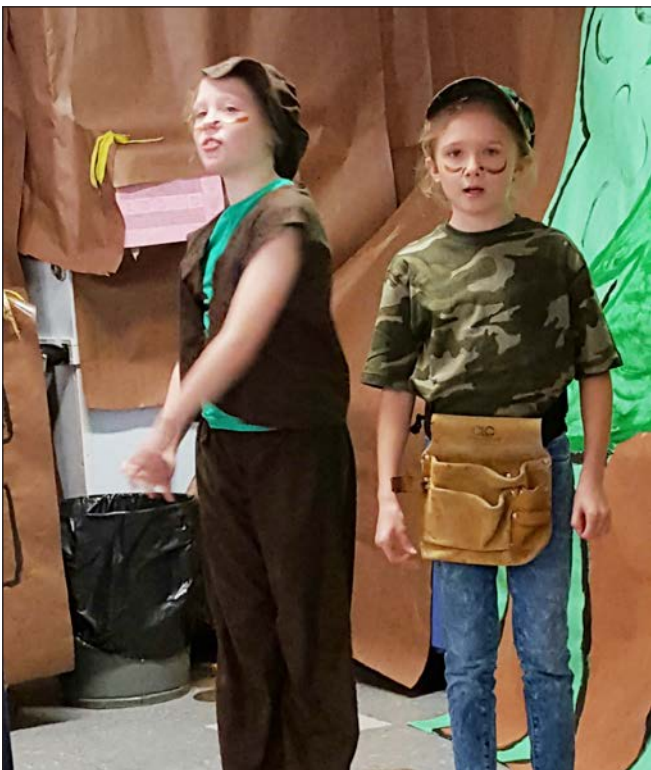
LITTLETON--The Town of Littleton is asking all residents to come "Meet Us at the Park" on Saturday, April 22, to celebrate Earth Day and Green Up the town of Littleton. Community members will be able to explore some local businesses and see what part they can play in keeping our Earth Green. To name a few businesses committed to date: Littleton Chevrolet will have an energy efficient car available; Home depot will provide a station for children to build and try their handy work at a craft; Littleton Bike and Fitness will have some demo bikes on hand to test ride and The Littleton Energy Conservation Commission will be on hand to give out tips on how you can play your part in keeping our Earth Green!

What you can expect at Remich, April 22. As a central point of the Green Up Day, The town will provide blue bags and medical gloves for residents to clean up streets and local parks. If you want to get an early start bags will be available at the town office and transfer station leading up to the event.

All we ask is that you let us know what roads you plan on cleaning so we can mark it off our list. Police Chief Paul Smith wants to remind all participants that if you come across sharps, such as medical waste please leave on the ground, stay clear and contact our local police for proper removal.

This type of waste is very dangerous and could lead to personal injury. Littleton Parks and Recreation Department will be providing hot dogs and hamburgers to community participants of Green up Day, while supplies last. They also will have small sided activities for the youth to play in

our basketball area. Any businesses or individuals that are interested in setting up a information booth or just sponsoring a road for clean up is encouraged to give us a call at 444-2575. We look forward to a great celebration and look forward to seeing a great turn out for Littleton Green Up Day!



Lakeway 3rd Grade

The Lakeway third grade students in Barbara Johnson's reading group combined their strategies and skills learned this year to perform a play adapted by Russell Erickson's "Wart on and the King of the Skies".



(COURTESY PHOTO.)

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Local News

North Country gearing up for anti-Northern Pass rally

CONCORD--Opponents to the Northern Pass project will gather at the Capital in Concord on Sunday afternoon, April 23 for a “Hands Around the State House” rally.

Bus trip seats are being offered in three North County towns for people who can’t drive or prefer not to. Contacts for reservations are: Littleton, Pat Kellogg,

616-7903; Lancaster, Lucy Wyman, 788-3688 and Colebrook, Julie Moran, 726-6992.

Organizers are encouraging people to wear Hunter Orange, the eight-year opposition’s color of choice.

Participants are expected to begin gath-

ering at noon, with a brief speaking program at 1 p.m. and a “hands around the State House” link-up shortly thereafter, followed by a social gathering down the street at the Capitol Center for the Arts.

Event organizer John Harrigan of Cole-

brook said he had a bit of a time when applying for permits and the like, because the widespread and loosely connected opposition has never had a name. He invented “People Against Northern Pass,” he said, to put on the State House permit.

“People throughout New Hampshire who have been fighting Northern Pass all these years have no name, no organization, no officers, no mission statement, no board of directors, no bylaws,” he said, “and certainly no treasurer.”

From the beginning,

he said, the opposition has been landscape-driven. “It’s not politics and party lines,” he said. “It’s all about the land and the people.”

More information is available at Protect the Granite State’s website: www.protectthegranitestate.org.

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“Tales of Becoming an Artist” at Bath Public Library, April 29

BATH – Bath Public Library is pleased to present Craig Pursley “Tales of Becoming an Artist” on Saturday, April 29 at 2 p.m. at the Bath Public Library.

Craig began drawing and painting before he started school and before long was getting noticed for his work. He was receiving commissions starting at age 14, completed an 8- by 24-foot mural that still

hangs in his home town more than forty years later and was chosen as Nebraska’s Outstanding Young Artist at age 17. Former art teacher, former police composite artist, former sports illustrator and former newspaper illustrator for a major Southern California newspaper, Craig has focused entirely for the last decade on landscape and portrait work. As a result he has

won many awards and been featured in some of the best national and international art publications. His work can be found in collections from coast to coast and across oceans as well as the Baseball Hall of Fame, The Ronald Rea-

gan Presidential Library and Museum and the New Hampshire State House where two of his portraits hang. Craig firmly believes in improving his skills and expanding his abilities and is dedicated to these ideals through nearly con-

stant work and study.

This program is free and open to the public. There will be light refreshments served.

For more information, contact the Bath Public Library at 747-3372 or e-mail bathlibrarykjb@gmail.com.

Lisbon Public Library Third Annual Plant & Bake Sale

LISBON--The Lisbon Public Library will be holding a plant & bake sale on Saturday, May 20 from 9 a.m.-12 p.m. at the library. If you would

like to donate plants or baked goods for the sale, please drop them off at the library on Friday, May 19 (11 a.m.-5 p.m.) or on Saturday morning.

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For more information on this year’s camp contact Rachelle Lyons at rllyons@plymouth.edu or Nina Domina at (603) 535-3271, or visit <http://tinyurl.com/mozs52c>.

See further up here.

Local News

Patty O'Brien achieves National Association of Realtors Green designation

FRANCONIA--Patty O'Brien, Sales Associate at Peabody & Smith Realty learned the latest in retrofitting existing homes for energy efficiency, smart home technologies and more as part of the New Hampshire Association of Realtors Green Symposium, held in Nashua. As part of the symposium, she also was awarded the National Association of Realtors Green Designation, the only green real estate professional designation recognized by the National Association of Realtors.

"This was a wonderful opportunity to learn the latest about environmentally friendly building materials, smart home technology and more. This was an intense two-day seminar, packed with knowledge and great information to share with clients; whether they are considering selling their home, or pondering a purchase. Because we represent so many clients who may have an older home they are selling, this class was a real benefit for them, as now we can really share what upgrades may appeal to a buyer, how to retrofit an old home with smart technology and more," O'Brien said.

More specifically, O'Brien was trained in understanding what makes a property green, helping clients evaluate the cost/benefits of resource-efficient features and practices, distinguishing between industry rating and classification systems, listing and

marketing green homes and buildings, discussing the financial grants and incentives available to homeowners and understanding how buyer and seller preferences may be inspired by resource-efficiency.

"Patty attending this class is another example of how our team of agents really put in the

extra effort to stay on top of current trends and be up to date on the latest building and neighborhood initiatives and more. They work hard delivering the best service to our clients and customers and attending this symposium is another facet in their dedication to our clients," Andy Smith, Bro-

ker/Owner of Peabody & Smith Realty exclaimed.

O'Brien works as a Sales Associate in the Franconia office at Peabody & Smith Realty. She has been a real estate professional for over a decade, and represents clients and customers whether they are buying or selling. Her primary service area is the North

Country and Western White Mountains. In addition, she serves on the Legal Committee and the Professional Standards subcommittee for the New Hampshire Association of Realtors.

Peabody & Smith Realty has over 30 full time real estate agents, and a strong support staff with offices in Franconia, Lit-

tleton, Bretton Woods, Plymouth, Holderness and Meredith. They are one of only 550 independent real estate firms included as part of Leading Real Estate Companies of the World and their luxury division, Luxury Portfolio. To learn more, you can visit them online at www.peabody-smith.com.

Tri-County CAP shelters receives donations

COÖS, CARROLL & GRAFTON COUNTIES--When the Tyler Blain Homeless Shelter in Lancaster posted a social media request to replace their family room furniture, they found a local resident willing to help.

Eileen Webb, of Littleton, follows North Country non-profits on Facebook to stay aware of the significant social support work they do. "Giving money is always helpful," she says, "but I always love seeing specific requests because of the needs, and the solutions, are so tangible."

The Tyler Blain homeless shelter and Homeless Outreach, are both programs of Tri-County Community Action Programs, Inc. that serves Coös, Carroll, and Grafton counties. In 2016 they provided over 2100 nights of shelter for 59

local clients, helped 916 homeless outreach clients, and provided 121 homeless grants and loans for the rapid re-housing program. The shelter provides housing, assistance, food, transportation, and access to medical or mental health services for eight to ten people at any given time. When Eileen Webb heard that the family room, which had one queen bed and two twin beds needed to be replaced, she jumped to action. She thought that the Tyler Blain House, which calls itself a "home between homes" should have "new comfy beds and charming sheets" and reached out to her friends and family to raise \$1,095 from twenty-four different people. Casper, an online mattress retailer, donated a queen and two twin

beds for the new family room. The money raised was used to purchase kitchen supplies, bath towels, an area rug, toys, a vacuum and a new coffee pot. Some of the items are intended for shelter residents to take when transitioning into a new home.

Eileen also was able to donate personal hygiene supplies to the Support Center at the Burch House in Littleton, a program of Tri-County CAP. Community donations are the only way to get this

kind of expenses covered. "Shelter guests can often feel disconnected from their communities during a highly vulnerable time in their lives. Community support is critical in building relationships between the homeless individual and their community outside of the shelter. It's an extended hand from the outside that says 'Hey, I'm here, let me help'" said Dawn Ferringio, TCCAP, Prevention Services Division Director. "We appreciate all of the goods that were do-

nated. They are already being put to good use. It is nice to know that people care!" said Jodi Perlo, TCCAP, Tyler Blain House manager. "If people are looking to help out more for the spring, once May comes around, we are looking for ways to beautify the porch, with flowers, herbs and vegetables to plants. We like to have the shelter blend in with other neighborhood homes and look bright and cheerful and the residents enjoy taking care of them."

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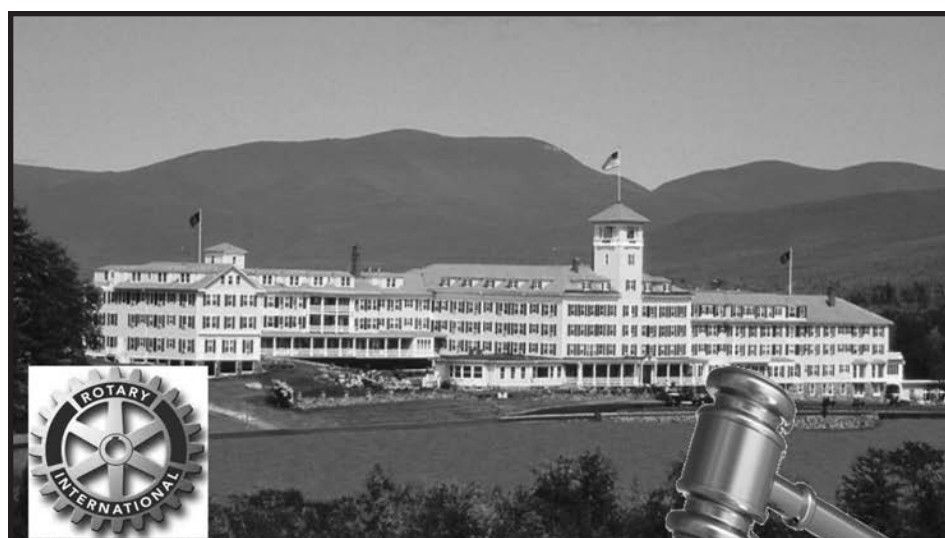
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Obituaries

BETHLEHEM- Louise B. Trombley, 90, of Agassiz Street, Bethlehem, N.H., went to rest with the Lord Wednesday, April 12, surrounded by her family.

Louise was born in Littleton on Aug. 27, 1926 to John D. Brooks and Lucie M. (Huntoon) Brooks of Agassiz Street, Bethlehem, N.H. She felt her greatest accomplishment was being blessed with 12 children, loving each and every one of them with her whole heart. She attended Bethlehem School, graduating in 1944 and went on to Becker Secretarial



College (Becker Junior College), in Worcester, Mass. She started working at the Lisbon Wire Company, than later marrying Earl R. Trombley of Littleton, N.H. in 1946. Louise mostly worked at home on Cot-

Louise Brooks Trombley, 90

tage Street in Littleton - enjoying her children. The Trombley home was always welcoming and open to those who wanted to visit – she could often be seen in the front yard playing games with hers and the neighborhood children. In addition she held various jobs with the shoe companies, Head Start Bus driver, Lotta Rock Dairy, the Globe Department Store and Profile Cleaners until her retirement.

She was an active member of the Catholic Daughters of the Americas for over 65

years, being joined later by daughters Toni and Lois. She also led the Junior Catholic daughters for several years, put on First Communion breakfast for many classes at Saint Rose of Lima Church, was a Cub Scout Den Mother for many years and a member of the Rebekah's Lodge of Bethlehem. She was on the Monday Night Bowling League, she and Earl were very active, charter members of and enjoyed the Littleton Square Dance Club and member of the White Mountain Grange. After retiring, she and Earl wintered

in Mesa, Arizona and returned to have many camping trips with the children and grandchildren. Louise continued to enjoy the many family reunions and campouts, including her 90th birthday this past August.

Surviving family members include her children, Toni T. Bartz (Paul) of Bethlehem N.H.; John P. Trombley (Teresa) of Madbury, N.H.; Craig S. Trombley, Sr. of Bethlehem, N.H.; Allan R. Trombley (Janine) of Wakefield, N.H.; Lois T. Bijolle (Michael) of Littleton, N.H.; Dean J. Trombley (Cathy) of Landaff, N.H.; Peter B. Trombley (Darlene) of Whitefield, N.H.; Mary R. Trombley (Robin) of Brockton, Mass.; Jane N. Trombley of Littleton, N.H. and David B. Trombley (Mindy) of Lisbon, N.H.; a brother, Fred H. Brooks (Claudette), Littleton, N.H.; 36 plus grandchildren; 17 plus great-grandchildren, many nieces, nephews, cousins and several God-children.

Louise was predeceased by her father, mother; husband,, Earl R. Trombley; sons: Wayne P. Trombley, Robert E. Trombley; grandsons, Daniel B.

Bartz, Wendell Trombley and granddaughter, Meredith (Hayes) Trombley, three brothers: John Brooks, Wilbur Brooks and Walter Brooks, two sisters: Muriel Brooks and Lucie Dickerman plus many other family members.

At Louise's request, there will be no visiting hours. Funeral Services and Mass will be held Friday, April 21, 11 a.m. at the Saint Rose of Lima Catholic Church on 82 High Street, Littleton, N.H. with Fr. Mark Dollard as Celebrant. A celebration of life reception immediately following. A private graveside service will be held at a later date.

In lieu of flowers, donations may be made to NH Catholic Charities, Parish and Community Services in Littleton; North Country Home Health and Hospice, Littleton or the Littleton Meals on Wheels Program.

Pillsbury Phaneuf Funeral Home and Crematorium, Littleton is in charge of arrangements. To view an On-Line Tribute, send condolences to the family, or for more information, please go to www.pillsburyphaneuf.net.

SUGAR HILL - Mary Anne Mitchell Cushing, 90, of Sugar Hill, died Thursday, March 30, 2017, after many years with Alzheimer's Disease. She was born and raised in Cincinnati, Ohio, daughter of John and Mary Woods Mitchell.

Mary came to the Franconia area with her sister, Wody, in the late 1940s to ski. She met her husband, "Jojo," on Cannon Mountain and they were married in 1956. After a year in Boston, they moved here permanently, living and working at Ski Hearth Farm then moving to the farmhouse just across the Gale River, where they raised their four children and where Mary lived until shortly before her death.

When her children were grown, Mary went back to work as the first employee for Garnet Hill. Though hired for her secretarial skills, her duties also included stapling flannel swatches into the first catalogs and un-sticking quarters taped to catalog requests. She later became known for



her unique customer service style.

Mary loved to read and to listen to music, especially piano music and opera. She played the piano throughout her life and took lessons with Mathilde McKinney for many years. She was an early supporter of the North Country Chamber Players and a fixture at their concerts. The players remember her sitting at the back, sharing grapes with her neighbors.

She loved to travel, visiting many different countries with her husband and with her sister, Wody. She played tennis from childhood into her seventies, and of course, she loved to ski. One of her proudest moments was skiing over the Headwall

Mary Anne Mitchell Cushing, 90

on Mt. Washington. Mary was always interested in people. She liked to chat and was quick to smile and laugh. Deep into her Alzheimer's Disease, she never lost her sense of humor and until the end, she was still making us laugh.

Mary was a devout Catholic and attended Our Lady of the Snows Catholic Church in Franconia for more than 60 years.

She was predeceased by her sisters, Joanna, Wody and Angela and her brother, Johnny.

She is survived by her husband, Joe; her four children, Sam, Cath, Chris and Minnie; four grandchildren, Charlie, Annie, Olivia and Nick and two step-grandchildren, Nilsson and Ben.

A funeral Mass was held Tuesday, April 4, at Our Lady of the Snows. Arrangements were provided by Pillsbury Funeral Home, Littleton.

In lieu of flowers, donations may be made to the Alzheimer's Association or to a charity of your choice.

Jason Christopher Eno



He was predeceased by his parents, Raymond Eno, Jr. on June 21, 1988 and Barbara Eno on Sept. 21, 2011.

Jason is survived by

his children, Julie Eno and fiancé, Andrew Jensen and Christopher Eno, both of Pike, N.H.; two grandchildren, Patrick and Adeline; two sisters, Nicole E. Tewksbury and Aaron Fadden of North Woodstock, N.H. and Andrea M. Zambon and husband, Glenn. of Newbury, Vt.; a brother, Ross W. Eno of Bethlehem, N.H., along with nieces, nephews, aunts, uncles and cousins; his two lifelong friends, Tim Spooner and Bob Thornton and

many friends.

Calling hours were held on Saturday, April 15 with a time of remembrance at Ricker Funeral Home, 1 Birch Street, Woodsville, N.H. Rev. Jane Wilson, of the Bethany Congregational Church of Pike, officiated.

For more information or to offer an online condolence, please visit www.rickerfh.com.

Ricker Funeral Home & Cremation Care of Woodsville is in charge of arrangements.

Sylvia L. Forge, 96

LISBON – Sylvia L. Forge, 96, died peacefully on March 13, 2017, at her home in Lisbon.

Sylvia was born in Lisbon on Feb. 22, 1921, the daughter of Albert Roy and Alice (Stevens) Forbes and had been a lifelong resident of the area living at the family home. She graduated

as Valedictorian of Lisbon High School Class of 1940, and Concord Business College. During World War II she worked at the War Price and Rationing Board in Littleton, and later worked for various local industries as a Bookkeeper, retiring from H. G. Wood in 1991.

Her husband, Robert L. Forge, predeceased her in 1986 and brother, Charles, in 1979.

A Graveside Service will be held on May 16 at 11 a.m. in the Grove Hill Cemetery in Lisbon, N.H.

Pillsbury Phaneuf Funeral Home and Crematorium, Littleton is in charge of arrangements. For more information, please visit our website at www.pillsburyphaneuf.com.

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Armand and Sheri Girouard
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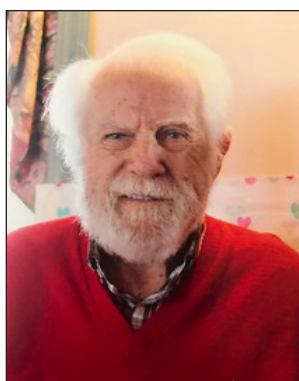
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Local News

Aime J. Perron, 92

NORTH WOODSTOCK--Aime J. Perron, 92 of North Woodstock, N.H., died peacefully in his sleep at the Pine Rock Manor Nursing Home in Warner, N.H. on April 7, 2017. He is survived by his loving wife of 32 years, Urania "Rae" Clough Perron. He was the son of the late Adelard and Eugina (Canton) Perron of Fall River, Mass.

Aime was born in 1924 in Fall River, Mass. where he lived until he enlisted in the army. He was a veteran of WWII and served in the 838th A.A.A. Automatic Battalion from June 10, 1943 to June 23, 1946. He was a staff sergeant. Aime received military honors including: the Europe-



an-African Middle Eastern Campaign Medal, Good Conduct Medal, the American Campaign Medal, the World War II Victory Medal and a Purple Heart.

Aime was a humble and unpretentious man, warm, kind and generous. He was devoted to his faith, family, community and country. He was beloved by all who met him and was always

willing to help others. He loved living in N. Woodstock and had a passion for skiing. He skied at Loon Mountain until the age of 89. He played golf up until last summer.

He lived in Somerset, Mass. for 48 years. While there he was a member of St. Anne's Fraternity and became president from 1964-1967. He was a member of St. Louis de France Church and Montaup Country Club. He was a distributor for Arnold Bakery for more than 30 years in the Fall River and New Bedford areas.

His first wife of 34 years, Olga T. Revoire, of Marseille, France, past away in 1984 after a long battle with cancer. They had two children,

Claudette Lucille Brown and Amy Perron Fuller. Claudette and her husband, Harvey, live in Pacific Palisades, Calif. They have two children, Julia Brown Hostetter (husband, Rob) of Spring Valley, Calif. and Michael Brown of Los Angeles, Calif. Amy and her husband, Pete, live in Providence, R.I. They have two children, Ensign Gavin Perron Fuller of Charleston, S.C. and Allison "Allie" of Providence, R.I. Survivors also include Aime's sister, Evelyn Turcotte of Fall River, Mass. and brothers, Rene Perron of Fall River, Mass. and Normand Perron of Norman, Okla.

A Mass of Christian burial will be held

on Wednesday, April 12, 2017 at 11 a.m. in St. Joseph's Church, 25 Church Street, Lincoln, N.H. Relatives and Friends are invited to attend. A burial with Military Honors will follow at the VA Cemetery in Boscawen, N.H. Arrangements for his funeral service will be from the Fournier-Hale

Funeral Home, 144 Main Street, Woodstock, N.H. There will be no calling hours.

To sign a guest book, go to www.fournier-hale.com.

Memorial donations in his memory can be made to the Plymouth Regional Senior Center, 8 Depot Street, Plymouth, NH 03264.

Cornelia Bertles Pollard, 87

PALM BEACH, Fla.--Cornelia Bertles Pollard (née Cornelia Maria Trent Bertles) of Palm Beach, Fla., died peacefully in her home Sunday, March 12, 2017. She was 87.

Mrs. Pollard was born on Aug. 14, 1929, in Glen Cove, N.Y. to investor William M. Bertles and Katharine H. Bertles. She grew up in Glen Cove and Tucker's Town, Bermuda, where she married ship owner Per A. Lorentzen of Oslo, Norway, in 1952. Mr. Lorentzen died in Bermuda in 1983.

In 1985, she married the Reverend Robert Pollard III of Asheville, N.C. They lived in Palm Beach, Fla. and Sugar Hill, N.H. She was a member of the Profile Club in Franconia, N.H.

Mrs. Pollard graduated from The Spence School and Bennett College, Millbrook, N.Y. She was passionate about art and design, co-founding



an interior design firm, in Hamilton, Bermuda. An avid gardener and a talented artist, she was most proud of her garden at her childhood summer home in Sugar Hill.

She is survived by her husband, the Reverend Robert Pollard III; her children by her first marriage, Per A. Lorentzen, Jr. of Palm Beach, Fla., William B. Lorentzen of Clearwater, Fla., Matthew B. Lorentzen of Palm Beach, Fla., Cornelia M. Lorentzen of Sugar Hill, N.H. and seven grandchildren.

A memorial service in Sugar Hill, N.H. is planned for August.

Loretta O. Robinson, 76

LITTLETON--Loretta O. Robinson, lovingly known as Gram and Susan, passed away Tuesday April, 11, 2017, surrounded by family and friends at Littleton Regional Healthcare at the age of 76.

Beloved daughter of Armand and Harriet (Mayhew) Spooner, born Oct. 9, 1940 in Orleans, Vt., Loretta attended the Caroline Crapo School in Sugar Hill, then went on to graduate from Lisbon High School. After graduation she met the love of her life, Charles "Chucky" Robinson Jr. and the couple married on Sept. 26, 1959 and



made their home in Lisbon for the remainder of their lives.

Loretta's greatest achievement was her family and her ability to love and listen to everyone with an open heart. She enjoyed feeding the "outside critters" and pattering around outside. Loretta enjoyed watching all kinds of

sports, especially the Boston Red Sox and the Philadelphia Eagles.

She is survived by her daughter, Patricia Emmons and her husband, Mark, of Lisbon, N.H.; two sons, Charles H. Robinson III and his wife, Christine, of Lyndonville, Vt. and Michael Robinson of Littleton, N.H.; five grandchildren, eight great-grandchildren, several nieces and nephews and her dog, Jessie; rabbit, Mr. Buns and her finches. She is predeceased by her parents, husband, a daughter, Debby, and her brother, Norman Spooner.

Thelma Davidson Green, 98

Matriarch of the Green and Davidson families

LITTLETON--Thelma Davidson Green, long time resident of Littleton, N.H., passed away on Friday, April 14 2016. Thelma was born in Bethlehem, N.H. on Sept. 8, 1918 to Michael and Florence Davidson. She is survived by her sons and daughter-in-laws, William and Priscilla Green of The



Villages, Fla., Robert and Joyce Green of Littleton, N.H., David and Jean Green of Key West, Fla.; six grandchildren; eight great-grandchildren, many nieces, nephews and dear friends.

She is predeceased by her husband, William Green and son, Peter Green. Thelma was best

known as a ski instructor at Mittersill, Cannon Mountain, as well as Bretton Woods where she taught multiple generations skiing, retiring in her mid-seventies. An avid hiker and outdoors woman, she conquered many of the peaks in the White Mountains.

A celebration of her life will be forthcoming.

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The Class of 2016. Front Row seated from left: Bianca Clauss, Jessica Hallee. Back Row standing from left: Tabbetha Shosa, Robyn Sweet, Breanna Birt, Alicia Vaillancourt-Locke, Brianna Roy, Danielle Adams, Abigail Hill

Certification program offers a path for aspiring North Country teachers

BY MICHAEL MCCORD
Indepth.NH.org

REGION — Alicia Vaillancourt-Locke graduated from Gorham High School in 2011. Today, she teaches third grade in Groveton Elementary School with the help of a grant that allowed her to finish her studies in the North Country. The North Country Teacher Certification Program really helped, Vaillancourt-Locke said.

benefits of being part (of NCTCP) is being able to maintain a job to help pay for bills that come with living off campus and paying for college independently,” Vaillancourt-Locke said. The program helps student teachers in the North Country and it has just been renewed. For the sixth time since 2007, the Neil and Louise Tillotson Fund awarded the North Country Teacher Certification Program a targeted stipend grant for students

enrolled in NCTCP. “This is exciting news,” said Brian Walker, the NCTCP program director. He added that the \$66,000 grant will provide support stipends of up to \$5,000 to help defray costs associated with student teaching at North Country schools. Launched in 2005, NCTCP is a collaboration between Plymouth State University and White Mountains Community College in Berlin. The program

was designed to provide teacher training education opportunities to place-bound students in the North Country. Without leaving the North Country, students can earn a bachelor’s degree and K-8 teacher certification upon graduation from the program. Walker has been part of the program since 2008 and said the two-year cohort program of three semesters of classes and one semester of student teaching has proven successful

in meeting the need for highly qualified elementary school teachers in the North Country. “We’ve tried to meet a few goals. This was created for students to get a bachelor’s degree and a teacher’s certification without having to go far,” Walker explained. “It was also designed to be affordable and to focus on older students who work and have families. The program has also evolved. Obviously, online learning has allowed us to increase our

geographic reach.” Walker said Vaillancourt-Locke graduated first from White Mount Community College and then with Honors from Plymouth State University last May. “Alicia worked to pay her way for college and living expenses while completing her college degree,” Walker said. With more than a decade in place, NCTCP has become a quiet but impactful success story. Walker said that gradu-

TEACHERS, PAGE A17

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Local News

Car show season kicks off Saturday at Speedway 51

LITTLETON — This coming Saturday, April 8, Speedway 51 in Groveton kicks off their car show season at the O'Reilly Auto Parts

TEACHERS

(CONTINUED FROM PAGE A16)

ates of the program have gone on to teaching and administrative leadership positions. According to program data supplied by Walker, 59 students enrolled in cohorts one through five beginning in 2005:

52 graduated (88 percent rate)

50 graduated on time (96 percent rate for graduates)

Coös County schools with NCTCP graduates include: Brown and Hillside elementary schools in Berlin; Gorham Middle School; Groveton elementary and middle schools; Lancaster Elementary School; Strafford Elementary School; Whitefield Elementary School; Strafford Public School; and White Mountains High School (Career and Technical Education).

There are also Coös County residents teaching at elementary schools in Bethlehem and Lunenburg.

Student teaching requires an extra level of commitment and time and Walker said dozens of graduates have benefited during their student teacher phase from the grant. During the spring of 2016, Vaillancourt-Locke was a fifth-grade student teacher at Groveton Elementary School.

“The Tillotson stipend made it possible for me to pay rent and bills, buy groceries, provide myself with the proper attire of a teacher, and afford the gas to travel back and forth to my internship,” Vaillancourt-Locke said.

After graduation, Groveton hired her to be

Speedway 51 pace car all participating in front of a large crowd that attended the show.

The show will be held from 10am to 1pm

in the O'Reilly Auto Parts parking lot. There will be door prizes and chances to win free tickets to opening night at Speedway 51 on

Saturday, May 6.

All Speedway 51 racers that would like to attend are encouraged to contact Dick Therrien at 802-274-8823, or

e-mail him at dprdict@gmail.com. This event is open to all Speedway 51 divisions, plus Speedway 51 Go-Kart racers. All race teams are asked to have their racecars at O'Reilly Auto Parts by 9:45am.

For more information on this event and others please visit our website at www.speedway51int.com, or call the Track hotline at 802-479-2074. Speedway 51 is located on Craggy Road in Groveton.

the school's third grade teacher.

Walker said the program is not only successful in helping to make the overall program work but it is changing lives and creating the next generation of public education leaders in the North Country.

911

(CONTINUED FROM PAGE A4)

“popcorn fiber” and for many foods, the top Google answer will be the fiber content, which is from the USDA.

Up Next: Fiber-Part 2

If you have a medical condition that you are hoping to improve with fiber, such as diverticulosis, diabetes, or high cholesterol, you will

“There are a number of emerging leaders in schools throughout northern New Hampshire whose success can be tied directly to these Tillotson stipends,” he said. “These stipends support students during a critical period at the start of their teaching

careers.”

Find out more about North Country Teacher Certification Program.

(Editor's note: North Country reporting for InDepthNH.org is supported by a grant from the Neil and Louise Tillotson Fund.)

need detailed information about the kind of fiber to look for and how much you need. I will be sending along that info in the next article.

Nutrition911 dietitian Mary Saucier Choate helps busy people to find delicious and affordable ways to eat and move for energy and

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From the Front

EXHIBIT

(CONTINUED FROM PAGE A1)

She began summering in Bethlehem with her family as a child when her father's physician suggested he may find some relief from his severe hay fever allergy in the crisp mountain air.

The family continued to make Bethlehem their summer destination, and after the death of their parents, both Lee and her brother became permanent residents.

Lee had been forbidden to attend college by her father, but had developed a keen interest in murder, which she enjoyed discussing at length with family friend George Magrath, who was studying medicine at Harvard and was particularly interested in death investigation.

Magrath went on to become a professor of medicine and pathology at Harvard, but it would be many years before Lee would be able to pursue her own interest in forensic investigation as an heiress to her father's

fortune in her 50's.

In 1936, Lee founded the Department of Legal Medicine at Harvard. Six years later she was made a captain of the New Hampshire State Police, and in 1945, Harvard installed the first of Lee's models and she began delivering biannual, weeklong seminars that used them as training tools.

Invitations to Lee's seminars were highly sought after. Participants were allowed 90 minutes to examine a nutshell using only tools that would be used at the actual crime scene. The week culminated in a lavish banquet at the Ritz Carlton.

With astonishing attention to detail, Lee eventually built 20 Nutshells at the Rocks Estate, employing the carpentry skills of Ralph Mosher and his son Alton. Lee sewed, painted and whittled other objects with lifelike detail to construct the macabre settings, which



CHRIS JENSEN — COURTESY OF THE ROCKS ESTATE

On display at the Bethlehem Heritage Society, Frances Glessner Lee's Nutshell Studies of Unexplained Death, Case No. 20, Sitting Room and Woodshed, soon to be featured at the Smithsonian American Art Museum Renwick Gallery.

she reconstructed from real crime scene photographs, sketches and statements from police and witnesses.

After Lee's death in 1962, the endowment for the Harvard program stopped and their forensics program ended with it. The Nutshells came into the possession of Professor Russell Fisher who took them with him to his new job as Maryland's Chief Medical Examiner.

Fisher continued to use them in teaching seminars and they were eventually installed permanently at the Office of the Chief Medical Examiner. Unavailable for public viewing, they have continued to be used as teaching tools over the years.

Lee became widely regarded as "The Mother of Forensic Science" and has been said to be the inspiration for the character Angela Lansbury of "Murder, She Wrote."

Of the 20 dioramas Lee



CHRIS JENSEN — COURTESY OF THE ROCKS ESTATE

This nutshell found at The Rock's Estate, called Case No. 20, Sitting Room and Woodshed, will be displayed with the other 18 nutshells at the Smithsonian from Oct. 20 to Jan. 28.

built, one was destroyed and the missing nutshell was located by Brown at the Rock's Estate. Owner of The Rocks, the Society for the Protection of New Hampshire Forests, loaned it to the Bethlehem Heritage Society, where it has been the only nutshell available for public viewing.

But soon, it will be

reunited with the other 18 nutshells for exhibition at the Smithsonian American Art Museum Renwick Gallery.

As stated on the museum's Web site, "Murder is Her Hobby: Frances Glessner Lee and The Nutshell Studies of Unexplained Death' is the first public display of the complete series of nine-

teen studies still known to exist, reuniting eighteen pieces on loan from the Maryland Medical Examiner's Office with the 'lost nutshell' on loan to the museum from the Bethlehem Heritage Foundation for the first time since 1966."

The nutshells will be on exhibit from Oct. 20 to Jan. 28.

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From the Front

BILL

(CONTINUED FROM PAGE A1)

loan (think the price of a car) after graduating from Smith College.

“This is 100 percent up my alley, and exactly what I would be looking for,” she said Tuesday during a roundtable discussion at the Women’s Rural Entrepreneurial Network (WREN) in Bethlehem.

The discussion centered on Hassan’s first bill: The Reigniting Opportunity for Innovators (ROI) Act of 2017.

Hassan, a Democrat and former governor, said it’s aimed at improving the economy by helping enthusiastic young entrepreneurs start businesses.

“The cost of getting a small business off the ground is really significant,” Hassan said. “And, so, when you have student debt on top of that it really increases the challenge.”

The bill would allow federal student loan payments (including interest) to be deferred for up to three years while launching a small business. It would be available to the founders of the business as well as full-time employees.

In an economically distressed area, the

SELECTMEN

(CONTINUED FROM PAGE A1)

standing water.

He said two mosquito transmittable illnesses, West Nile virus and Eastern Equine Encephalitis exist in the state and after four days standing water can be host to millions of mosquito eggs.

Bratz said he had observed eight or nine inches of standing water in some large dumpsters last summer, and suggested that having dumpsters be covered could help alleviate the concern.

Garbage being piled too high to allow dumpsters to be closed also attracts bears, he said.

This ordinance will be reviewed by town counsel and come before the board again in the next couple of months.

Town Manager Andrew Dorsett spoke about another potential ordinance amendment; adding Mt. Eustis Road to the list of town roads that prohibit truck through traffic.

Currently, Grove Street, Herbert Lane and South Street are on the list.

Trucks exceeding three-ton gross vehicle weight, or having three axles or more, would not be allowed to use the road except in the case of making a delivery to a home or business.

In discussion at a previous meeting, Chief Smith said both the condition of Mt. Eustis road and design of the road are factors that contribute to safety concerns when trucks frequent the road in both directions. He also said that electronic mapping programs also direct trucks onto Mt. Eustis Road as a shortcut to the Industri-



Helping young entrepreneurs start businesses to boost the economy was the theme as about a dozen residents of the North Country met with Sen. Hassan in Bethlehem at the Women’s Rural Entrepreneurial Network in Bethlehem.

al Park.

Dorsett said the ordinance change and signage would hopefully be the solution to ending large trucks from using

the road as a shortcut. Dorsett said a public hearing will be upcoming to discuss the proposed change to the ordinance.

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founder and employees would be eligible to have as much as \$20,000 forgiven.

“There are a significant number of Northern New Hampshire communities that would qualify for this forgiveness,” Hassan said.

To be eligible, startups would have to be qualified by the federal government’s Small Business Development Centers.

“What this bill calls for is if you want to qualify for the student loan debt relief you have to go to the Small Business Development Center, you have to have a five-year plan and they have to certify that it is an achievable, likely-to-succeed plan,” Hassan said.

It’s sad to think of a generation of people not being able to start a business and that’s a clear problem for the economy, said Elizabeth Penney, WREN’s executive director.

The bill might encourage young people to stay – or attract newcomers – because it would allow them to create a job that they would enjoy, said Jessica Bunker of the Littleton Area Chamber of Commerce.

There is a federal Public Service Loan Forgiveness Program, but one requirement is working for a non-profit, said Colebrook’s Silfvenius.

“I’m seeing a need that doesn’t fit in those categories,” Silfvenius said.

The need she sees is helping businesses in the North Country prosper with better marketing.

There’s also, Silfvenius said, a bigger issue in the North Country that the bill would address: attracting and keeping young people “who want to have lives of meaning in communities that are important to them, this would take one more barrier out of the way.”

Hassan said despite the headlines about strife in Congress there are legislators willing to work together on issues of shared interest. And, she thinks this effort to help the economy is one of them.

CLASSIFIED SELLS IT ALL

From the Front

STUDY

(CONTINUED FROM PAGE A1)

the landfill vote and he thought the board “should put energy into other areas and look at other opportunities in town” before determin-

ing an exact timeline for the committee to be reconsidered. Selectman Linda Moore said she didn’t think rushing into it was

a good idea at this time. “I like the idea of putting it off for a while and letting things settle down, and then devoting ample time to deciding

what we want this committee to do,” Moore said. Glavac said the landfill discussion should be “front and center—we

need to fill the financial gap that we’re facing, and that issue isn’t going away.” He said that the revenue decline from the lessening capacity at the landfill will begin this year in the amount of about \$100,000.

“I don’t know how long we have to wait before we talk about how we will replace that revenue” he said. “Waiting to heal and waiting for things to settle down is not helping us at all—I’d just like some clarity here; are we looking at one month, two months, three months?”

In response, Chairman Mary Moritz said “It seems appropriate that we should wait, given that we just voted and it did not pass.”

“I definitely agree that we need to seek information, and be thoughtful and go forward, but we did just vote on this—and it didn’t pass,” said Moritz.

Glavac pushed for a timeline, saying, “How much time, is what I’m asking.”

Selectman Richard Ubaldo interjected to suggest a different solution.

“Maybe we’re looking at it incorrectly, and maybe we should call it the economic committee, and leave the landfill out of it,” Ubaldo posed.

Ubaldo said “Not only did the agreement not pass, but the \$75,000 that we wanted to put away for a transfer station didn’t pass either.”

He said that caused a dual effect, and the town wasn’t planning for its future.

“Maybe the commit-

tee was misnamed—calling it the landfill committee, maybe not appropriate,” Ubaldo added. “Maybe call it the revenue committee—but the bottom line is, we still need to come up with revenue.”

Community member Tim Vaughan, who proposed the formation of the landfill committee to the board two weeks ago, and then recommended the board table the item, chimed in.

“You need to set your goals and priorities as a board—and then you develop your action plan based on your goals and objectives,” said Vaughan, continuing, “I suggested you table this because I thought about it I didn’t see goals and objectives in place.”

Another resident, Chris Jensen, said it made some sense for the board to table the committee and consider it for a while. He said for the board to take time and evaluate the finances before approaching it again rather than being stampeded into an immediate date may be the best idea.

“I think the town made it very clear it wasn’t interested the last time somebody tried to shove things down its throat,” he said.

Cheryl Jensen said some of the questions would be answered when the board starts looking at the budget and evaluating revenue.

“I don’t think I’ve ever seen a board in all the time I’ve been here ever establish goals and priorities. And I’ve come to a lot of board meetings,” she said.

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COREY MCKEAN/THE COURIER

Eva LeClair records her first strikeout of the game to start the first inning.



COREY MCKEAN/THE COURIER

Lucy Loukes rips a single to start the second inning for Lin-Wood.

Lisbon softball outlasts Lin-Wood in high scoring affair

BY COREY MCKEAN
couriersports@salmonpress.com

LINCOLN — The Lisbon Lady Panthers took an early 5-1 lead through two innings over the Lin-Wood Lumberjacks and ran with it on Thursday, April 13, as the Panthers went on to earn a 12-6 victory. Lisbon starting pitcher Eva LeClair had a strong day in the circle, as she recorded six strikeouts while allowing just two hits, in four innings of work while the Lumberjacks battled throughout the game.

The Panther offense came out and started the game hot as LeClair

drew a walk while Elena Veilleux smashed a triple to right center field, which scored LeClair. Laura Superchi then hit a blooper single over the second baseman's head, scoring Veilleux and giving Lisbon an early 2-0 lead.

LeClair found her strike zone from the get go as she recorded three strikeouts in the first inning while allowing just one walk to Lin-Wood's Brianna Chase to keep the Lumberjacks scoreless.

Lisbon continued to score in the second inning as Chloe Houston,

LeClair and Veilleux all drew walks while Jenna Myers drew another walk, which brought Houston in to score. A single by Rebecca Stockley would also bring LeClair and Veilleux around to score, pushing the Panthers ahead 5-0.

The Lumberjacks eventually found their bats in the second as Lucy Loukes started the inning off with a single. She stole second and advanced to third on a groundout by Abbie Rich. A fielder's choice RBI by Andrine Winge brought Loukes into

score, bringing the score to 5-1 Lisbon, heading into the third inning.

A scoreless third by the Panthers opened up the door for Lin-Wood to get back into the game and they did just that as Brianna Chase and Maddy Chase both reached base off walks while Blake Drouin also drew a walk to load the bases. A fielder's choice by Loukes scored Brianna Chase while Maddy Chase raced home on a passed ball, making the score 5-3 Lisbon going into the fourth inning.

With two early outs to start the fourth, it wasn't looking good for Lisbon but the Panthers rallied to score four runs with the big hit coming from Stockley, as she nailed a triple to left center field to extend Lisbon's lead to 9-3. LeClair would be lights out in the fourth, recording two strikeouts while forcing a pop out to keep Lin-Wood from scoring.

A scoreless fifth inning by the Panthers brought the Lumberjack offense back up quickly where they continued to battle, scoring two runs off hits from Maddy Mc-

Donald, Brianna Chase and Drouin to bring the score to 9-5 heading into the sixth inning.

Lisbon would add three insurance runs in the sixth as Siobhan Smith hit a double, Houston walked and Veilleux hit a two-RBI single to score both Smith and Houston. Veilleux would eventually come around to score off a passed ball, putting the Panthers ahead 12-5.

Another hit from Brianna Chase started the offense for Lin-Wood in the sixth and Chase came around to score off a stolen base, a pair of walks and a fly ball, bringing the score to 12-6, but it wouldn't be enough as both teams went scoreless in the seventh and Lisbon took the victory.

"The girls played very hard but it showed that it was only our first game and that we had only been outside twice. The girls never stopped battling and took home a nice win," said Lisbon coach Arthur Boutin.

"We started our freshman pitcher, Delaney Pickering, who we believe to be the future for Lin-Wood. She struggled in her first outing, giv-

ing up five runs, which put us back early but senior Abbie Sawyer came in the middle of the second inning and struck out seven for the remainder of the game," explained Lin-Wood coach Andy Kilmer.

"Bri Chase was aggressive on the bases, stealing four bases while our hitting was better tonight but not where we plan on being moving forward. We have a few defensive issues to clean up but we are a lot more solid defensively and pitching wise this year then we have been in the past," Kilmer added.

The Panthers were led by Myers with two hits and three RBIs while the Lumberjacks were led by Brianna Chase with two hits and three runs scored.

Lisbon improves to a record of 1-0 on the season while Lin-Wood falls to a record of 0-1. The Panthers will play again on Wednesday, April 19, as they host the Littleton Crusaders. Game time is posted for 4 p.m. The Lumberjacks will play again on Wednesday, April 19, as they host Pittsburg-Canaan. Game time is posted for 4:30 p.m.

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Sports



COREY MCKEAN/THE COURIER
Josh Woods throws a curve ball for a strike while recording his seventh strikeout of the game.



COREY MCKEAN/THE COURIER
Lin-Wood's Connor Iles beats out a throw over to first base in third inning action.

Lisbon baseball shuts out Lin-Wood to kick off season

BY COREY MCKEAN
couriersports@salmonpress.com

LINCOLN — Lisbon's Josh Woods was nearly unhittable in his first outing of the season on the mound for the Lisbon Panthers as he mowed down 11 Lin-Wood Lumberjacks in his five innings of work, leading to the Panthers earning a 12-0 victory. Not only would Woods lead Lisbon on the mound, he went to work at the plate as well, going 5-5 to lead the Panther offense.

Woods got the Panther offense rolling in

the first inning as he hit a two-out single up the middle, stole second and was brought around to score off an RBI single by Jared Jesseman to give Lisbon a 1-0 lead. Lin-Wood's Kealand Nicoll drew a walk while Connor Iles hit a double to right field, putting runners on second and third for the Lumberjacks but Woods bore down, striking out the next two batters while forcing a ground out to end the first inning.

A scoreless second inning brought the

Panther offense up in the third where they tacked on another run as Logan Trahan started the inning off with a single, stole second, and was brought around to score of an RBI single by Woods, extending the Lisbon lead to 2-0. Iles and Ted Willey both recorded singles in the third inning for the Lumberjacks but they would both be left stranded as Woods recorded back to back strikeouts while forcing a ground out to keep Lin-Wood from scoring.

The Lisbon bats got

hot in the fourth inning while they also took advantage of Lin-Wood errors as the Panthers scored four runs off four hits coming from Zach Fisher, Orin Isley, Trahan and Woods, giving Lisbon a 6-0 lead. Woods went back to work from the mound in the bottom of the fourth and recorded a one, two, three inning, striking out everyone to bring the Lisbon bats back out quickly in the fifth.

The Panthers ended the game strong as they tallied three more runs

in the fifth while adding three runs in the seventh to secure the 12-0 win. Zach Fisher, Isley, Austin Fisher, Donnie LeClair, Woods and Jesseman all recorded singles down the stretch for the Panthers, taking home their first victory of the season.

"This is a good way to start the season," explained Lisbon coach Jeremy Aldrich. "Josh was very sharp to set the tone today. We took advantage of the walks and the errors they made to come away with the win."

The Panthers were led by Woods with five hits and three RBIs while the Lumberjacks were led by Iles with two hits.

Lisbon improves to a record of 1-0 on the season while Lin-Wood falls to a record of 0-1. The Panthers will play again on Wednesday, April 19, as they host the Littleton Crusaders. Game time is posted for 4 p.m. The Lumberjacks will play again on Friday, April 21, as they travel to play Moultonborough. Game time is posted for 4 p.m.

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Profile softball solid in win over Woodsville

BY COREY MCKEAN
couriersports@salmonpress.com

WOODSVILLE — It was the first time out on the softball field for the Profile Patriots girls' softball team but you never would have known as the Patriots traveled to play the Woodsville Engineers on Friday, April 14, and came away with a big 9-3 victory. After an early run was scored by the Engineers in the first inning, Profile pitcher Regan Kulak and the Patriot defense shut the Woodsville offense down through six innings, holding them scoreless until the seventh and at that time the damage by the Profile offense had already been done.

Carly Inghram got the Profile going as she drew a walk to start the first inning and Sadie Young blasted a double

to right center field, scoring Inghram and putting the Patriots up 1-0 early. Woodsville pitcher Maggie Daly settled down and ended the first strong, recording three straight strikeouts to bring up the Engineer offense.

Gabrielle Taylor started the Woodsville offense off with a perfectly placed bunt down the third base line, which landed her on first base. Taylor would steal second and come around to score on a fielder's choice by Daly to knot the score up at 1-1 heading into the second inning.

Profile took advantage of a few Woodsville errors in the second as Kulak reached first off an error, Jessica Houle was hit by a pitch and Inghram reached base off another Engineer error. A walk to Young brought Kulak in to score while Houle scored off a fielder's choice by Hope Drake-Duval, putting the Patriots up 3-1. The Profile defense was stellar in the second, helping Kulak to record a one, two, three inning

to bring them into the third.

The Patriots added another run in the third to extend their lead to 4-1 as Madison Reeves drew a walk to start the inning and was brought around to score off a single by Abby Plante. Woodsville's Taylor, Suzanne Bazzell and Daly all recorded singles in the bottom of the third but they would be left stranded as the score remained 4-1 going to the fourth inning.

A scoreless fourth by both teams brought the Patriots up in the fifth inning where they erupted for five runs off two errors, a walk and a pair of hits, with the biggest hit coming from Drake-Duval, who blasted a two-run home run over the left field fence to give Profile a 9-1 advantage.

Woodsville was held scoreless until the seventh inning where Kera Butson and Juliana Locascio each scored for the Engineers off a single by Taylor but it was already too late as Profile took the 9-3 victory.

"The girls played hard and they played

the entire game. Today's standouts were Hope Drake-Duval as she nailed a two-run homer in the fifth and Sadie Young had a fantastic game at third base, not letting anything get by her and assisting on five outs in her first varsity game," explained Profile coach Chris Haggett.

"Today was a bit of a struggle for Woodsville softball but we have to hand it to Profile, they played very well today," said Woodsville coach Dana Huntington.

The Patriots were led by Drake-Duval with two hits and two RBIs while the Engineers were led by Taylor with three hits and two RBIs.

Profile improves to a record of 1-0 on the season while Woodsville falls to a record of 1-1. The Patriots will play again on Wednesday, April 19, as they host the Colebrook Mohawks. Game time is posted for 4 p.m. The Engineers will play again on Wednesday, April 19, as they travel to play Gorham. Game time is posted for 4 p.m.

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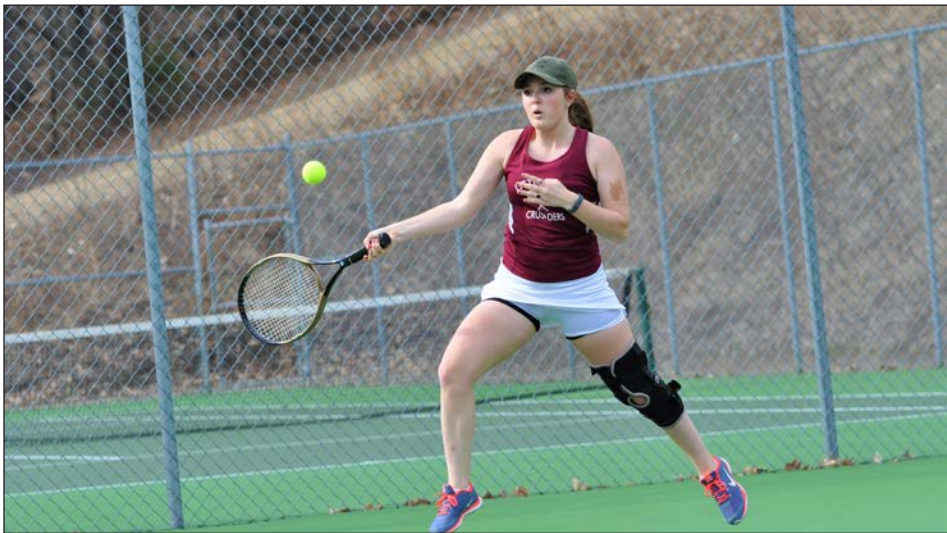


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Sports



COREY MCKEAN/THE COURIER

Littleton's number one, Susan Aubin, hits a strong forehand in stride to earn a point early in her match on Tuesday.



COREY MCKEAN/THE COURIER

In the two spot for Littleton, Alfy Perez, readies herself for a tough backhand shot.

Lady Crusaders tenacious in first tennis win

BY COREY MCKEAN
couriersports@salmonpress.com

LITTLETON — After having their first three matches of the season postponed, the Littleton Crusaders girls' tennis team finally played their first match of the season on Tuesday, April 11 as

they hosted the Gilford Golden Eagles and came away with a one sided, 8-1 victory at home.

Littleton's one, two, and three players in Susan Aubin, Alfy Perez and Laney Hadlock all won their singles matches to start the afternoon

as Aubin defeated Gilford's Sarah Fillion 8-4, Perez won 8-6 over Reagan McIntire and Hadlock beat Josey Curley 8-2, giving the Crusaders a quick 3-0 advantage.

Gilford would gain a game back in the four spot as Olivia Salesky

played to an 8-5 victory over Darcy Horne but Littleton's Lexi Walker and Gabbie Leavitt had dominant performances to end the singles matches as Walker defeated Hannah Lord 8-0 and Leavitt beat Olivia Comeau 8-1, giving Lit-

tleton a 5-1 lead heading into doubles play.

In doubles, the Crusaders swept the Golden Eagles as Hadlock and Walker paired up to defeat Fillion and McIntire 8-3, Aubin and Horne beat Gilford's Curley and Salesky 8-2, and

Leavitt and Yarinette Rodriguez rounded out doubles play winning 8-0 over Lord and Comeau, earning Littleton the 8-1 victory.

"I'm very pleased with our play today, especially number one and two singles who really demonstrated the ability to play at a much higher ranking than last year. Everyone really played well despite very little experience and practice time on the courts this spring," explained Littleton coach Al Smith.

Littleton improves to a record of 1-0 on the season while Gilford falls to a record of 0-1. The Crusaders will play again on Monday, May 1, as they travel to play White Mountains Regional. Game time is posted for 4 p.m.

Can't ask for much Moore
Zach Moore pitches and hits Woodsville
to extra-inning win over Profile

BY COREY MCKEAN
couriersports@salmonpress.com

WOODSVILLE — There was hardly anything separating the Woodsville Engineers and the Profile Patriots baseball teams as the two went head to head on Friday, April 14, going scoreless through seven innings and bringing the game into extras. In the top of the eighth, Profile would tally two runs off an error and two hits from Hanzon Hunt and Tyler Thomas but in the bottom of the eighth, Woodsville responded with three runs off a walk, two errors, a sacrifice fly by Dakota Hernandez, a hit by Cooper Davidson and the walk-off hit by Zach Moore to earn the Engineers the 3-2 win.

Moore also got the start on the mound in the game, throwing a no hitter and recording seven strikeouts up until the start of the seventh inning where he let up a single and had to hand the ball over to Seanon

May. May came in and ultimately earned the victory. Profile pitcher Cam Hoyt was also impressive on the day, striking out nine while allowing just four hits in the game.

It was three straight innings that the Woodsville defense recorded three consecutive outs while the Engineer offense recorded a hit in the second inning on a Tyren Hartford single but Hartford would be left stranded. A one, two, three third inning by the Patriot defense brought the Profile bats out in the fourth inning where they continued to struggle getting anything going against Moore. Hoyt would reach first off an error in the fourth but nothing came of it. Moore started the fourth for the Engineers with a single up the middle but again, the Engineers couldn't get Moore around to score as the game remained scoreless going into the fifth inning.

Both Profile and Woodsville went scoreless and hitless in the fifth and sixth innings while Maker Manning started the seventh inning off for the Patriots with a single to right field and Connor Ash was hit by a pitch, putting runners on first and second with no outs. Moore came up big once again for the Engineers, however, as he forced a fly out and recorded back to back strikeouts to shut down the Profile offense.

Hoyt responded for Profile in the bottom of the seventh as he was untouchable, striking out the side and bringing the game into the eighth inning.

The Patriot bats finally got going in the eighth as Hunt hit a single to shallow left field and stole second and Thomas hit a single to left center field to bring Hunt around to score. Thomas was pinch ran for by Dean Stone and Stone was also brought

around to score off a Woodsville error, giving Profile a 2-0 lead with just three outs remaining in the game.

Calvin Roy started the bottom of the eighth with a walk for Woodsville while back to back errors by Profile put May and Brandon Brown on base, loading the bases for Davidson, who hit a single to right center field, scoring Roy. May would come in to score off a sacrifice fly from Hernandez to knot the score up at 2-2 and then Moore would put the game away as he shot a hit up the middle to score Brown and earn Woodsville the 3-2 win.

"I couldn't be prouder of the entire team for never giving up. We had a lot of hard hit balls today that were not rewarded so it was nice to catch a break later in the game," said Woodsville coach Brent Cox.

"Zach Moore pitched very well and I couldn't be happier with his performance today. He has

been working hard and it paid off for him at the plate as well going 2-4 and driving in the winning run," Cox added.

"We played pretty solid defense for our first time on a baseball diamond while we broke down a bit in the extra inning. The bats started slowly but I saw improvement as the game went on. All in all it was a solid effort," said Profile coach Rob Ash.

The Engineers were led Moore with two hits and an RBI while the Patriots were led by Thomas with one hit and an RBI.

Woodsville improves to a record of 2-0 on the season while Profile falls to a record of 0-1. The Engineers will play again on Wednesday, April 19, as they travel to play Gorham. Game time is posted for 4 p.m. The Patriots will play again on Wednesday, April 19, as they host the Colebrook Mohawks. Game time is posted for 4 p.m.

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Sports



COREY MCKEAN/THE COURIER
Profile's Conner Kerivan hits a beautiful backhand shot for a point on Tuesday afternoon.



COREY MCKEAN/THE COURIER
Sasha Streich hits a strong forehand shot to go up 5-4 over his opponent on Tuesday.

Profile tennis boys kick off season with back to back wins

BY COREY MCKEAN
couriersports@salmonpress.com

BETHLEHEM — The Profile boys' tennis team hosted the White Mountains Regional Spartans for their home opening match on Tuesday, April 11, and they came away with a big 8-1 victory. Just a day before,

the Patriots kicked off their season on Monday, April 10, with a 7-2 win over the Moultonborough Panthers as Profile moved to a record of 2-0 on the season. Seamus Slattery and Jake Peterson started off the afternoon for the Patriots with two quick

victories in their singles matches as Slattery defeated Declan Higgins 8-2 and Peterson earned an 8-1 win over Dylan Gassek. In the three spot, Profile's Connor Kerivan battled White Mountains Regional's Ben McKillop but fell 7-5 in a tiebreaker.

Up just 2-1 overall, it was up to Profile's four, five, and six players to keep the Patriots in the lead and they did just that as Sasha Streich edged out Ansen Cassidy 8-6 while Jeb Wennrich defeated Davey Southworth 8-2. White Mountains Regional's

Miles Wharten responded for the Spartans with an 8-1 win over Danforth Kenerson but Profile remained in the lead, 4-2, heading into doubles play. In doubles, Profile dominated White Mountains Regional as Slattery and Peterson defeated Higgins and Gassek 8-1, Kerivan and Streich teamed up to beat McKillop and Cassidy 8-2, and Wennrich and Kenerson finished the day with an 8-4 victory, earning the Patriots the 7-2 win overall.

and determination while Jeb has won all four of his matches so far this season and he is very active at the net. These skills have all been rubbing off on our new and less experienced, Danforth Kenerson who has done well so far. As a new coach for this team, I am very pleased with the attitudes and sportsmanship our players have displayed so far and I am looking forward to a fun season." Profile improves to a record of 2-0 on the season while White Mountains Regional falls to a record of 0-2. The Patriots will play again on Wednesday, April 19, as they host Gilford. Game time is posted for 4 p.m.

Littleton tennis boys drop first match of the season to Gilford

BY COREY MCKEAN
couriersports@salmonpress.com

GILFORD — The Gilford Golden Eagles were simply too much for the Littleton Crusaders tennis team on Tuesday, April 11, as Littleton played their first match of the season. The Crusaders got down 3-0 early in singles play while Tyler Lee, in the four spot for Littleton, edged out Gilford's Connor Craigie by a 7-4 tie breaker, unfortunately, this would be the only match won for the Crusaders as Gil-

ford earned an 8-1 win. Grant Workman and Christian Workman started out the day for the Golden Eagles with back to back wins as Grant defeated Littleton's Zack Lahout 8-0 while Christian earned an 8-2 win over Sam Martin. Gilford's Tyler Hanf earned the third singles match victory, defeating Littleton's Joe DePalma 8-0 but Lee gave Littleton a glimpse of hope as he battled Craigie and pulled out a 7-4 tie breaking win, bringing the

overall score to 3-1. Gilford's Kyle Davies and Alden Blais rounded out singles play with back to back wins as Davies defeated Ethan Boulanger 8-2 and Blais earned an 8-3 victory over Clayton Mersing, pushing the Golden Eagles advantage to 5-1 going into doubles. Littleton continued to have no answer for the strong play of Gilford as the defending champions swept the Crusaders in doubles by score of 8-1, 8-2, and 8-2 to earn the 8-1

overall victory. "The scores do not reflect how hard the boys played today," explained Littleton coach Lynn Lahout. "We had many deuces that happened across the board and this was only the first match of the season. All in all, it was a good day and the boys had great attitudes and had fun." Gilford improves to a record of 1-0 on the season while Littleton falls to a record of 0-1. The Crusaders will play again on Thursday, April 20, as they travel to play the Moultonborough Panthers. Game time is posted for 4 p.m.

Profile tennis girls get off to a good start

BY COREY MCKEAN
couriersports@salmonpress.com

TWIN MOUNTAIN- The Profile girls' tennis team came out of the gates swinging as they played their first match of the season on Tuesday, April 11, against the White Mountains Regional Spartans. The Patriots would be dominant on the day, winning five of their six singles matches while going on to sweep the competition in doubles play to earn an 8-1 victory to start the year. "The Profile girls' tennis team is so excit-

ed for this season and what's to come. We are a young team and played an equally young team today, but the Profile Lady Patriots came together and ended up on top," said Profile coach Woody Miller. Iris Miller, Delia Carstens and Emily Kerivan held down the one, two, and three spots for the Patriots as they all earned huge victories on the day. Miller defeated Catrina Boggess 8-1, Carstens dominated Lexus McFarland 8-0 and Kerivan

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Sports



COREY MCKEAN/THE COURIER

Woodsville's Cooper Davidson slides safely into home in fourth inning action.



COREY MCKEAN/THE COURIER

Seanon May launches a double to left center field to start the third inning for the Engineers.

Davidson dominates Pittsburg-Canaan in season opener

BY COREY MCKEAN
couriersports@salmonpress.com

WOODSVILLE — Woodsville's Cooper Davidson got the nod on the hill for the Engineers' home baseball opener on Wednesday, April 12, but it wouldn't be his pitching that stood out the most as Davidson led the Engineers to a 12-2 victory over the Pittsburg-Canaan Yellowjackets from the plate by going 4-4 with three runs scored and an RBI to earn Woodsville their first win of the season.

"It was a slow start to the game as expected but the boys stayed pa-

tient and found ways to get on base," explained Woodsville coach Brent Cox. "It was a big game all-around for Davidson while our top six hitters accounted for all 12 of our runs. We have some things to work on but it was great to finally have a dry field and to see what we were capable of."

It was Pittsburg-Canaan who got their bats going early as the Yellowjackets recorded a run in the first inning off a fielder's choice and a triple hit by Garrett Jock to go up 1-0. Pittsburg-Canaan's Adam

Young was impressive on the mound for the Yellowjackets, forcing two pop outs and recording a strikeout to keep the Engineers scoreless heading into the second inning.

Davidson would settle down a bit in the second inning, holding Pittsburg-Canaan scoreless off two groundouts and strikeout to end the inning but the Woodsville bats continued to be cold as they did record two singles in the second from Zach Moore and Travis Stoddard but they couldn't bring anyone around to score

and the Yellowjackets remained in the lead, 1-0 heading into the third.

Code Richards led off the third with a single for Pittsburg-Canaan while Jock roped a double to left center field but both Richards and Jock would be left stranded as Davidson forced three straight fly-outs to bring up the Engineer offense.

The Woodsville bats came alive in the third inning as Seanon May led off with a single, Brandon Brown drew a walk and Davidson hit a single to score May, knotting the score up

at 1-1. The hitting continued for Woodsville as Dakota Hernandez poked a single to right center field, scoring Brown and Davidson while Hernandez also came around to score off back to back Pittsburg-Canaan errors, giving the Engineers a 4-1 advantage heading into the fourth inning.

The Yellowjackets earned a run back in the fourth off a walk and an RBI single by Richie Dennis, bringing the score to 4-2 but that would end the scoring on the game for Pittsburg-Canaan.

The Woodsville bats stayed hot in the fourth inning as the Engineers erupted for five runs off four hits from May, Brown, Davidson and a two-RBI double by Seth Hannett, giving the Engineers a commanding

9-2 lead going into the fifth inning.

Davidson finished the Yellowjackets off with a one, two, three inning, forcing two groundouts and recording his third strikeout on the day. Woodsville added three more runs in the fifth off a Davidson single and four straight walks to put the game away early and earning Woodsville the 12-2 win.

The Engineers were led by Davidson with four hits and an RBI while the Yellowjackets were led by Jock with two hits and an RBI.

Woodsville improves to a record of 1-0 on the season while Pittsburg-Canaan falls to a record of 0-1. The Engineers will play again on Wednesday, April 19, as they travel to play the Gorham Huskies. Game time is posted for 4 p.m.

Lady Engineers earn opening victory over Pittsburg-Canaan

BY COREY MCKEAN
couriersports@salmonpress.com

WOODSVILLE — The Woodsville Lady Engineers got off to a slow start on Wednesday, April 12, as they hosted the Pittsburg-Canaan Yellowjackets for the first softball game of the season. Pittsburg-Canaan took an early 2-0 lead after the first inning but Woodsville would get things going in the second and third innings

to take a 5-2 lead heading into the fourth. The Engineers extended their lead to 8-2 going into the fifth where Pittsburg-Canaan continued to battle, scoring three runs to bring the score to 8-5 but back to back big innings for Woodsville earned the Engineers a 13-5 victory.

Woodsville's Maggie Daly got the start pitching for the Engineers and the Yellowjackets had her number early as

Olivia Harris and Kayla Ricker reached base off a walk and single and they would both be brought around to score off a single by Cassie DeWitt to give Pittsburg-Canaan an early 2-0 advantage. The Engineer bats started slow as well as they got nothing going in the first inning and Pittsburg-Canaan kept the 2-0 lead.

Daly settled down in the second and found her rhythm, recording

a one-two-three inning to quickly bring up the Woodsville offense where they also found a groove. Kyleigh Lemarre and Kera Butson started the second inning off with singles and Morgan McHugh brought them both around to score with a single to left center field, knotting the score up at 2-2.

The Engineer defense held Pittsburg-Canaan scoreless up until the

SOFTBALL, PAGE B10

TENNIS

(CONTINUED FROM PAGE B4)

beat Reilly MacKillop 8-1, giving Profile an early 3-0 advantage.

Maggie Egan and Anabel Boyer continued the winning streak for the Patriots as Egan won her singles match in the four spot by a score of 8-1 over White Mountain Regional's Alexis Hovland and

Boyer won her match 8-2. White Mountains Regional would earn their only victory of the day in the six spot as Angie Zajac defeated Profile's Tatiana Ledoux 8-4 but the Patriots continued to lead 5-1 heading into doubles play.

In doubles, Profile

would be untouchable as Carstens and Kerivan earned an 8-1 win over Boggess and McFarland, Miller and Egan teamed up to earn an 8-0 in the second doubles match and Boyer and Ledoux grinded out a close 9-7 victory to round out the day, sending the Patriots home

with their first win of the season.

Profile improves to a record of 1-0 on the season while White Mountains Regional falls to a record of 0-1. The Patriots will play again on Wednesday, April 19, as they travel to play Gilford. Game time is posted for 4 p.m.

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Please submit Calendar items at least one week before publication date to lbrown@salmonpress.com, or call 444-3927.

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LITTLETON ROTARY 52nd ANNUAL SCHOLARSHIP EVENT & AUCTION. Friday, April 28, 2017, 5:30 p.m., Mountain View Grand Hotel, Whitefield. Hundreds of silent and live auction items plus great food and live music from the Cote Trio. All proceeds go to scholarships for local area students pursuing post-secondary education or adult learning opportunities. For tickets & more information, go to www.littletonrotaryauction.com, e-mail auction@littletonnhrotary.org, call Chad Stearns at (603) 869-3311, or contact any member of the club.

WEDNESDAY, APRIL 19
Story Time, 11 a.m. at the Abbie Greenleaf Library, Franconia.
Peacham Corner Guild, now open daily 10 a.m. -5 p.m., closed Tuesdays. Featuring small antiques, fine handcrafted gifts and specialty foods. 643 Bayley Hazen Road, Peacham, Vt. 802-592-3332.
Teen Writers Group, 3:30, on the 3rd Wednesday of every month to gain inspiration, share writing, and explore other formats. Notebooks will be provided, but you are welcome to bring your own Notebook, laptop or iPad. This program is for

ages 12-18 and all are welcome! For more information, contact Youth Services Librarian, MacKenzie Ross at mross@stjathenaeum.org.
YA Reads Book Club, 3:30 p.m. in the Teen Room. All teens ages 12-18 are welcome to attend. Read and discuss classic and current young adult titles every last Wednesday of the month. All are welcome. Please call 745-8159 to reserve your seat as space is limited and inquire to the film showing.

SUNDAY, APRIL 23

Holocaust Remem-

brance Service, 4 p.m. Bethlehem Hebrew Congregation, Strawberry Hill Street, Bethlehem. The Bethlehem Hebrew Congregation invites you to join us for our annual interfaith Holocaust Remembrance Service to honor man's triumph over darkness. The interactive service is filled with music, song, poetry, and inspiration. We welcome your participation as we move forward in community and unity, using our past to build our future. If you wish to read a part in the service, please contact Martin Kessel at martink1937@gmail.com. A salads

& desserts potluck reception follows the service. Please join us and bring your own stories to share at our community-wide remembrance gathering. Open to the Public. RSVP: Martin Kessel ~ martink1937@gmail.com

MONDAY, APRIL 24

T'ai Chi Class, 5:30-7 p.m. All Saints Episcopal Church, Littleton. Call Maggie 444-5515 or Email Paul mtnrvrtai-chi@msn.com.

TUESDAY, APRIL 25

Yoga at The Morri-son, 6 Terrace St. Whitefield, At the new Rehab

and Wellness Center. Every Tuesday, classes at 4:30 and 6 p.m. Call 837-2541 for more information.

Dinner Bell, 5 p.m. Community Meal. All Saints' Episcopal Church, School St., Littleton.

North Country Toastmasters, 6-7:30 p.m. Now meets 2nd & 4th Thursdays at Bailiwick's Restaurant in Littleton. Everyone over age 18 is welcome to attend. Experience the success of Toastmasters for yourself! Visit their website @ <http://1431722.toastmastersclubs.org/> call 802-473-0120 or email e_brisson@yahoo.com for more information.

ONGOING MONTHLY PROGRAMS AND MEETINGS

Please contact *The Courier* about any changes, 444-3927

HEALTH RELATED & SUPPORT GROUPS

Littleton Brain Injury Support Group, 2nd Tuesday of the month, 5:30 - 7 p.m. Ammonoosuc Community Health Services, 25 Mount Eustis Road, Littleton. Contact: BIANH, (603) 225-8400.

Bereavement support group, 1-2:30 p.m., 1st and 3rd Tues., at North Country Home Health & Hospice, 536 Cottage St., Littleton; call 444-9221 or 444-5317.

Support Center at Burch House, ongoing support group for women and teens; call 444-0624.

NAMI support group for families living with mental illness, 6:30-8:30 p.m. 3rd Thursday of each month, at All Saints Parish House, School St, Littleton; 846-5554.

New mothers' group, 10:30 a.m.-noon, every Wed., Littleton Regional Hospital; 444-9335.

Sight Services for Independent Living, vision rehabilitation group, 1-3 p.m., 2nd Thurs. even months, at Community House, Littleton.

AA meetings:

- St. Catherine's Church, Highland Street, Lisbon. Wed. 7 p.m.; 747-2038.

- Littleton Congregational Church, M-F, noon (speak/discuss) and Sat., 7:30 p.m. (speak/discuss) Wed., 7 p.m. (Big Book); 444-3376

- Methodist Church Parish Hall, Littleton, Thurs., 8 p.m., 12-step; 444-5567.

- Littleton Hospital, Sat., 8:30 a.m., 12-step study group; 444-9000.

- United Methodist Church, Woodsville, Fri., 8 p.m., (speak/discuss); 747-3122.

- White Mountain Christian Church, 70 Reddington St., Littleton. Mon.-Fri., Morning Spiritual (read/discuss), 8 a.m.

- Our Lady of the Snows Church, Main St., Franconia. Sun., 6:15 (beginner group); 7:30 (speak/discuss). 444-2593.

- Durrell Methodist Church, Main St., Bethlehem. Tuesdays, 7-8 p.m. "As Bill Sees It", read and discuss.

Al-Anon meeting, St. Johnsbury Al-Anon 7 p.m., every Tues.,Thurs. Kingdom Recovery Center (Dr. Bob's birthplace) 297 Summer St.

Al-Anon meeting, 10 a.m. Saturday Unitarian Universalist Church

Cherry St., Al-Anon meeting, 6 p.m., every Tues. at First Congregational Church on Main St., Littleton; 444-3376.

Al-Anon meeting, 6 p.m., every Sun., at Trinity United Methodist Church, 18 Lancaster Road (Rt. 3) in Whitefield; call 837-2083 for more info.

Cloverleaf Drop-In Center peer support outreach, 3-9 p.m., Sun.-Thurs., and 1-9 p.m., Fri. and Sat., 241 Cottage St., Littleton; 444-5314.

Littleton Peer Support Group, 9 a.m.-4 p.m., Monday thru Friday, 267 Main St., Apt. 4, Littleton, tel./fax 444-5344. We are geared around Mental Health and Recovery. To EMPOWER and facilitate groups. To give tools so you can be self sufficient. All programs are free.

Chair Yoga for Wellness, 1-2 p.m., Mondays, Littleton Area Senior Center. Appropriate for all ages. Improve flexibility, balance and ability to reduce stress. Call Katrine with questions at 838-2421.

Brain Injury and Stroke Support Group, 2nd Wed. every month, 6 p.m., at the Ammonoosuc Community Health Center, 25 Mt. Eustis Rd., Littleton. Jackie 616-1468 or Steve 444-2464 X9123.

Overeaters Anonymous Meeting, Mondays, 5 - 6 p.m., Franconia Community Church of Christ basement, 44 Church Street, Franconia, NH. Call 823-5292.

Weekly Blood Pressure Check, 10 a.m.-noon. At Littleton Fire Rescue/Fire Station. Free to the public. Walk-in clinic, no appointment necessary. For more information, please call Bill at 444-2137.

RSVP Bone Builders At Littleton Regional Healthcare

RSVP (Retired Senior Volunteer Program) Bone Builders is a strength training and balance exercise program designed to address the issue of osteoporosis. Classes meet twice a week at LRH on Tuesday and Thursday mornings at 10:30 a.m. at LRH, 600 St. Johnsbury Road, Littleton - Medical Office Building - take elevator to 2nd Floor! Classes are ongoing, so you can join anytime. The classes are FREE of charge and weights are provided.

Narcotics Anonymous, Weds., 7-8 p.m.

Trinity United Methodist Church, Lancaster Road, Whitefield.

Chronic Disease Self-Management Workshops-"Better Choices, Better Health" is a free 2-hour 6-week peer supported work shop held each week for people living with chronic illness or caring for someone with a chronic illness. Connect with others who understand. Topics covered include nutrition, stress-management, exercise, and communication. Offered in Littleton, Haverhill, Berlin, North Conway, and Plymouth. Contact Becky at 259-3700 or bmcenany@nchnh.org for dates and locations of classes.

F.A.S.T.E.R. Parent Support Group (Families Advocating Substance Treatment, Education and Recovery) Peer support groups for parents of children, teens and young adults. Free and confidential. The group is held every 4th Wednesday of the month, 6:30-7:30 p.m., 2 Union Street, at the Opera House (Chamber of Commerce Building.) Walk-ins welcome. Contact Val at 978-844-7173 for more information.

Heroin Anonymous 12 Step Program Open Meeting, 7:30 p.m. Thursday Nights. Friendship House, 2957 Main St. / Rt. 302, Bethlehem.

FOR SENIORS

Whitefield Senior Center Meals, noon, Mon. at Highland House and McIntyre Apts.; Wed. at McIntyre Apts.; Mon., Wed., and Thurs., at McKee Inn, Lancaster, 837-2424. Alternates Friday between McIntyre and McKee.

EDUCATIONAL

Literacy program, 7-9 p.m., Mon. and Thurs., N. Woodstock Town Office; call 745-9971.

FREE HiSET (High School Equivalency Test and English as a Second Language classes. Call Adult Learner Services at 444-6306 or email c.shawdoran@sau35.org for more information. 75 Bronson St., Littleton
C O M M U N I T Y ROUNDTABLE COVERSATION with Principal Joanne Melanson regarding Daisy Bronson Middle School and Littleton High School. Our goal with these sessions is to work on developing ways to ensure DBMS/

LHS is a safe, respectful and inclusive campus. We want to provide a forum where people can discuss concerns and celebrate our successes. We intend to provide a positive space with action items to guide our discussion, but also to get ideas from the community about ways we can provide more support and help build the sense of belonging to our great community. This will be held every Thursday from 8:00am to 9:00am in our Cafeteria. Starting Thursday, February 10, 2017.

Littleton Library Winter & Spring Story Times, Jan. 10 through Feb. 15; March 7 through April 12; May 2-24. Toddler Tales (Children up to age 3), Tuesdays @ 9:30 a.m. Preschool Stories (Ages 3,4,5.), Wednesdays @9:30 a.m. Fingerplays, puppets, beanbags, music, flannel stories & crafts. Free and open to the public. Groups 6 or more please call 444-5741. No story-times if school is closed for ice or snow.

HISTORICAL SOCIETIES

Littleton Area Historical Society, open Weds. 10 a.m.-2 p.m., Fri., 1-2:30 p.m. or by appointment, at 2 Union Street, Littleton. Meetings are held on the 1st Wednesday of each month at 10:30 a.m. 444-6435.

Bethlehem Heritage Society open June on weekends, July 1st to Labor Day, daily from 10 a.m. to 4 p.m. Call for appointment during other times and winter months at 603-869-3330. Meetings held on 3rd Wednesday of the month at 6:30 p.m.

Dalton Historical Society, 7 p.m., first Thurs., at Dalton Town Hall; call 837-9120.

Lisbon Area Historical Society, open Friday 1 p.m.-3 p.m. May through October or by chance or appointment, at 6 South Main Street (Parker Block). Meetings third Weds. of the month at 6:30 p.m. Call 838-6146.

Sugar Hill Historical Museum Open May 26-October 9. The three-building campus of the Sugar Hill Historical Museum reflects the long history of Sugar Hill's people places and culture. The main exhibit for 2017 is Our Hat Trunk, a hats of the world exhibit from

baby bonnets to a diver's helmet with a welding shield. Other exhibits include the Cobleigh Tavern, carriages, a reproduction of a local blacksmith's shop, and an extensive hand tool collection. Adjacent to the main display in the Carriage Barn is a model kitchen in which a black wood-fired stove is the focal point surrounded by a plethora of kitchen utensils in homemade cupboards. The library contains a large photograph collection along with historical and genealogical references. Museum publications and a wide variety of treasures for all ages are found in the gift shop. All Season Raffle - Work of local artists: Joan Hannah pottery and Betsy Fraser quilt. Admission is free, but donations are gratefully accepted. Open 11 to 3, Fridays and Saturdays, Memorial Day Weekend through Columbus Day Weekend. The museum is located at 1401 Route 117 Sugar Hill NH 03586. (603) 823-5336. Curator-Director Kitty Bigelow - kittyh41@gmail.com

www.sugarhillnh.org/library-and-museum/sugar-hill-historical-museum/

CULTURE & RECREATION

Littleton Area Garden Club meets third Thursday monthly at 1 p.m. Membership open to men and women of all ages, from all communities who are interested in gardening. Please call 823-5459 for location and program details.

The Arts Gallery, 28 Main St., Lisbon, fine art of the North Country.

The Frost Place Museum, located at 158 Ridge Road in Franconia, is now closed for the season. Visitors are always welcome to walk the poetry trail and grounds. The office remains open year-round, and can be reached at 823-5510, or visit the website at frost-place.org.

Catamount Arts films, 7 p.m. weeknights, Eastern Ave., St. Johnsbury, Vt.; Sat., 7 and 9 p.m., and Sun., 1:30 p.m.; 1-888-757-5559.

Littleton Quilt Guild Meeting, 3rd Thursday of each month, 7 p.m., at Littleton Community Center, 120 Main Street. Guests and new members welcome. 444-5941.

North Country Toast-

masters, 6-7:30 p.m. Now meets 2nd & 4th Thursdays at Bailiwick's Restaurant in Littleton. Everyone over age 18 is welcome to attend. Experience the success of Toastmasters for yourself! Visit their website @ <http://1431722.toastmastersclubs.org/> call 802-473-0120 or email e_brisson@yahoo.com for more information.

French Conversation, 1st and 3rd Thursdays 4 PM, Bradford Public Library

Free and open to the public. Bradford Public Library, 21 S. Main St., Bradford, Vt. 802/222-4536 bradfordpubliclibrary@gmail.com,

<http://bradfordvtlibrary.org/>

A Notch Above Photography Club meets the 2nd Saturday of each month at 1 PM in the conference room of the Bethlehem Public Library, 2245 Main St., Bethlehem, NH. The club is open to everyone interested in photography regardless of skill level. We meet for informal discussion, tutorials and photo critiques, and we schedule periodic field trips and nature hikes. New members are welcome. Contact doctortim@wildblue.net for more information or find us at Meetup.com. Join us for fun, fellowship and learning.

VETERANS

Rep. of State Vet Council available 1st and 3rd Fri., 8 a.m.-noon, American Legion Post, 4 Ammonoosuc St., Woodsville and 2nd and 4th Fri. at N.H. Employment Security Office, Littleton. Call 444-2971 for appointment.

MISCELLANEOUS

The Dinner Bell Meal will be served at 5 p.m. every Tuesday (except July & Aug.) at All Saint's Episcopal Church, 35 School St., Littleton. All are welcome to this free community supper, which is sponsored by our organizations, churches and schools.

All Saints' Food Cupboard, Tuesday and Thursday, 9-10 a.m., Sunday 9-9:45 a.m. 35 School Street, Littleton.

Friday night suppers, 6 p.m., at Littleton VFW, 600 Cottage St.

Littleton Conservation Commission meeting, 7 p.m., 2nd Mon., *PROGRAMS, PAGE B12*

SOFTBALL
(CONTINUED FROM PAGE B5)



COREY MCKEAN/THE COURIER
Kyleigh Lamarre smashes a single to start the second inning for the Engineers.

fifth inning while their offense tallied three runs in the third inning off hits from Gabrielle Taylor, Lemarre and McK-

enzie Dennis while adding three more runs in the fourth inning off four hits from Laura Beckley, Mariah Corliss, Taylor

and Lemarre to push their lead to 8-2 heading into the fifth inning. Pittsburgh-Canaan responded to the Engineers with three runs of their own in the fifth as the Yellowjackets recorded four hits and two walks, bringing the score to 8-5. It would be all Woodsville after that, however, as the Engi-



COREY MCKEAN/THE COURIER
Maggie Egan records a strikeout as she lets go of a change up in third inning action.

neers added two runs in the fifth from Beckley and Suzanne Bazzell to go up 10-5 then they tacked on three runs in the sixth with Dennis leading the way with a lead-off double to earn the 13-5 victory. "It was good to get our first game under our belt," explained Woodsville coach Dana Hun-

tington. "Maggie struggled at times but stuck with it and pitched well at different points in today's game. Gabby Taylor, Kyleigh Lamarre and McKenzie Dennis hit well and it was good to see us be able to score in multiple innings." The Engineers were led by Dennis with three hits and three RBIs while

the Yellowjackets were led by Harris with one hit and two runs scored. Woodsville improves to a record of 1-0 on the season while Pittsburgh-Canaan falls to a record of 0-1. The Engineers will play again on Wednesday, April 19, as they travel to play the Gorham Huskies. Game time is posted for 4 p.m.

Don't Wait.

Communicate.

Make your emergency plan today.

Visit Ready.gov/communicate

Ad Council Ready FEMA

TAKE A BREAK

1	2	3	4	5	6	7	8	9	10	11	12	13
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53						54			55	56		
57									58			
59					60				61			

- ACROSS**
1. Volcanic craters
6. Makes nervous
10. Long strip of cloth
14. Expressions of surprise
15. Perception
17. 2016 World Series runner-up
19. Former Communist power
20. Consume
21. Abyss
22. Regulator gene
23. Card game
24. Women (French)
26. State capital
29. Nursemaid
31. Surface opening
32. Second sight
34. Beloved Mexican dish
35. Discounts
37. Ceremonial staff
38. Support with difficulty
39. Reluctant to share information
40. Song
41. Relating to songbirds
43. Conductance units
45. Breezed through
46. Supervises flying
47. Chemical ring
49. Swiss river
50. Not happy
53. Surgery (slang)
57. Let go
58. Take effect
59. ___ and greet
60. Male offspring
61. Notes
- DOWN**
1. Vertebrate oncogenes
2. Troubles
3. Imitator
4. Increase motor speed
5. Midway between south and southeast
6. Sir ___ Newton
7. Penny
8. Ultimate
9. Gummed labels
10. Quiet and dull
11. Cuckoos
12. Dishonest scheme
13. Adult female chicken
16. Breathe in
18. Pieces of land
22. Of I
23. Type of footwear
24. Heavy clubs
25. Conductance unit
27. Approaches
28. Fungi cells
29. Devoured
30. Type of shark
31. Work steady at one's trade
33. Vegetable
35. Sound-mindedness
36. Matured
37. Chinese communist revolutionary
39. Large insect
42. Transportation tickets book
43. Female horse
44. Expresses surprise
46. Saudi Arabian king
47. Unleavened bread
48. Christmas
49. Deity of monotheistic cult
50. Flowering plant genus
51. Hairstyle
52. Radio personality Rick
53. Something you chew
54. The 17th letter of the Greek alphabet
55. ___ Basinger, actress
56. Midway between north and northeast

This Week's
Answers

S	O	W	E	A	W	N	O	S	L	E	A	W	
E	M	N	I	O	E	H	S	V	E	T	N	O	
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Religious Directory

Bring your Family to a House of Worship

BETHLEHEM

BETHLEHEM CHRISTIAN CENTER
Non-Denominational
1858 Maple St., Bethlehem • 869-5401
Sunday Worship: 10 a.m.
Youth Group: 6 p.m.
Pastor: Steven M. Palmer

BETHLEHEM HEBREW CONGREGATION
Unaffiliated-Egalitarian
39 Strawberry Hill, Bethlehem
Shabbat & Holiday Services
Life Cycle Celebrations • Extensive Jewish Library
Religious School • Adult Education
Call 603-869-5465 or 603-823-7711
www.bethlehemsynagogue.org
Community Participation Welcome
Rabbi David Edleson

BREAD OF LIFE UPC
Apostolic Pentecostal • 603-869-3127
835 Profile Rd., Bethlehem, NH
Sunday Children's Church: 10 a.m.-11:15 a.m.
Sunday Worship: 11:30 a.m.
Thursday Bible Study: 7:00 p.m.
Pastor: James F. Sullivan

DURRELL UNITED METHODIST
Box 728 • 869-2056
Morning Worship and Sunday School
for nursery through fifth grade at 11 a.m.
Pastor: Aaron Cox

NEW LIFE ASSEMBLY OF GOD
475 Whitefield Rd., Bethlehem • 444-1230
Sunday Morning Worship: 10:30 a.m.
Wednesday Evening 6:30 p.m. Prayer
Food Pantry: Every 3rd Monday 9 a.m.-Noon
Office hours: M-T 9 a.m.-noon 444-1230
Pastor: Rev. Jay Dexter

DALTON

DALTON CONGREGATIONAL CHURCH
Located on Route 135, across
from the Dalton town building.
Sunday 9:30am
Sunday Service and Children's Bible Class
Sunday 8:30am Adult Bible Class.
Wednesday 12:15pm Adult Bible Study in the
back room of the Church
Contact Pastor D Raymond (cell) 802 535 8559

FRANCONIA

FRANCONIA COMMUNITY CHURCH OF CHRIST (UCC)
44 Church St (Box 237), Franconia 03580
Office phone: 823-8421 • Email: office@franconiachurch.org
Web site: www.franconiachurch.org
Office Hours: Wed. thru Friday 9:00 am – 2:00 pm
Sunday Worship: 10:30am8
Choir Practice: Sun. 9:30am, Thurs. 7pm
Good Neighbor Food Pantry Hours: Tues. 1-4pm
Pastor: Barry Jacobson

OUR LADY OF THE SNOWS CHURCH
Roman Catholic
Main St., Franconia • 444-2593
Mass: Saturday at 6 p.m.

JEFFERSON

JEFFERSON CHRISTIAN CHURCH
Meeting at the 100F Lodge on Route 2
752-6215 • Affiliated with CCCC
(Conservative Congregational Christian Conference)
Worship Service: 8:30 a.m.
Children's Sunday School: 9:00 a.m.
Weekly Bible Studies
Rev. Dean A. Stiles

LINCOLN

ST. JOSEPH CHURCH
Roman Catholic • Church St., Lincoln • 745-2266
Saturday Mass: 4:30 p.m.
Sunday Mass: 7:30 and 10:00 a.m.
Daily Mass: Tues. 5 p.m., Wed. 8:30 a.m.,
Thurs. 5 p.m., Fri. 8:30 a.m.
Eucharistic Adoration: 9 a.m. - 8:00 p.m.
Wednesday
Pastor: Rev. David Kneeland
www.stjosephlincoln.org

LISBON

LISBON BIBLE CHURCH
Non-Denominational
21 Woolson Rd., Lisbon • 838-6184
Sunday School: 9:15 a.m.
Worship Service: 10:30 a.m.
Wednesday Prayer Meeting: 7 p.m.
Pastor: Kevin D. McKeen

CHURCH OF THE EPIPHANY
Episcopal • School Street, Lisbon
Sunday Worship: 9 a.m., and coffee fellowship
Pastor: Rev. Noel Bailey

CHURCH OF THE NAZARENE
Sunday School: (all ages) 9:30 a.m.
Worship Service: 10:30 a.m.
at Lisbon Regional School Library
(Nursery, Children's Church up to age 8)
Sunday Evening Study: 6 p.m. in private home
Wednesday Prayer Meeting:
6:30 p.m. in private home
Friday: SonShine Club (Oct.-Apr.) up to age 12)
Pastor: Tracy Davis, 838-5138

ST. CATHERINE OF SIENA CHURCH
Roman Catholic • Highland Ave., Lisbon • 747-2038
Lord's Day Mass: 9 a.m.
Thursday Mass: 9 a.m.
Pastor: Father Alan Tremblay
www.stjoseph_church@yahoo.com

LISBON-LANDAFF

THE SHARED MINISTRY
Landaff & Lisbon, U.M.C
Lisbon Congregational, U.C.C.

Meeting in the brick church,
Main Street, Lisbon, through winter.
Sunday Worship: 10 a.m. with child care
and children's Sunday School
Prayer Groups: As scheduled
Bible Study: Weekly at the Parsonage
Pastor: Rev. Lyn Winter
838-5008 (Parsonage)
pastor@thesharedministry.com

LITTLETON

THE ROCK
35A Mill St., Littleton, NH
Youth Ministries
For more information please call:
603-869-3127
Pastor: James F. Sullivan

CROSSROADS CHURCH
Bible-Based • 1091 Meadow St., Littleton • 444-2525
Contemporary Sunday Worship: 10:30 a.m.
Nursery care provided. Children's ministry and education.
Bible Study: Tuesdays, 5:30 p.m.
Men's Bible Study: Every other Wednesday
(check website for dates)
Time for Women: 3rd Wed. of month, 6:30-8:30 p.m.
Pastor: Mark Clements
Website: www.crossroadsoflittleton.com
Email: pastor.crossroadschurch@gmail.com

ALL SAINTS' EPISCOPAL CHURCH
Infinite Respect – Radical Hospitality
35 School Street, in Littleton New Hampshire 444-3414
Email: allstslittleton@allsts.org
Holy Eucharist: All welcome to 8 AM and
10 AM services.
Food Cupboard: 9-10 AM Tuesday,
Thursday; 9-9:45 AM Sunday
Men's Breakfast: 8 AM 3rd Wednesday
every month
Dinner Bell: Tuesdays at 5 PM
Office Hours: Tuesday–Thursday
9 AM to 2 PM; Friday 9 AM to 12 PM
Find us at <http://www.allsts.org>
On Facebook @All Saints' Episcopal Littleton NH
Rector: Reverend Curtis E. Metzger
Office Administrator: Elizabeth Edney

FAITH BIBLE CHURCH
Evangelical • Christ-centered • 355 Union St., Littleton
Sunday worship: 8:00 & 11:00 AM
from Father's Day through Labor Day 8 & 10 AM
blend of traditional & contemporary music
@ 2nd service only: Nursery care & Children's Church
Sunday School for all ages: 9:30 AM
no S.S. from Father's Day through Labor Day
Adult ministries & Small Groups
More information: www.nhfaith.com
Contact us: secretary@fbc-nh.org
Call: 444-2763
Pastor: Rev. Mac Starring

FIRST CONGREGATIONAL CHURCH, UCC
189 Main St., Littleton • 444-3376
Office Hours: M-F 9:00 a.m.-1:00 p.m.

Email: fstcong@myfairpoint.net
Web: www.1stconglittleton.org
Sunday Worship: 10 a.m.
Tuesday: 6-7 p.m., Al Anon Meeting
Wednesday: 7 p.m., Big Book AA Meeting
Pastor: Rev. W. David Weddington

FIRST UNITED METHODIST CHURCH
18 Main St. Littleton • 444-5567 • office@fumclittleton.org
Office Hours: Tuesday, Thursday & Friday 9-Noon
Sunday Worship: 9:30 a.m.
Sunday School: 9:30 a.m.
(Nursery care provided)
Supper Service: Tuesday, 6 p.m.
Free Food and Good News!
Pastor: Rev. Shannon D. Keeney, 603-444-5567

LITTLETON BIBLE BAPTIST CHURCH (KJV ONLY)
Sunday School: 10 AM
Morning Service: 11 AM
Evening Service: 6 PM
Wednesday: Prayer Meeting 7:00 PM
Dinner on Grounds: Last Sunday of month with
no Evening Service
Contact: Pastor Ed Small, (603)444-2880
Email: pastorlittletonbiblebaptist@gmail.com
Web site: littletonbiblebaptistchurch.org

ST. ROSE OF LIMA CHURCH
Roman Catholic • High St., Littleton • 444-2593
Masses: 4 p.m. Saturday; 8 a.m. & 10:30 a.m. Sunday

ELEVATE CHURCH
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contemporary worship
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Sunday Worship: 11 a.m.

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27 Jefferson Road, Whitefield • 603-837-2469
Office hours: Tuesday – Thursday noon – 4pm
www.bcb1816.church • email: bcb1816@myfairpoint.net
Sunday Worship: 10:00 a.m.
Sunday School: (preschool – adult): 9:00 am
Prayer Meeting Wednesday nights 6:30 pm
Men's Breakfast: 3rd Saturday of the month, 8:00 a.m.
Ladies' Circle: 3rd Thursday of the month, 1:00 p.m.
Outreach ministries: Friends-N-Neighbors Thrift Shop
and Food Pantry, 837-9044
Pastor: Rev. Greg Vigne

WHITEFIELD CHRISTIAN CHURCH
3 School St., Whitefield • 603-837-8849
www.whitefieldcc.com
Please visit our website for opportunities
of fellowship and worship and for updated youth
and children's ministry information.
Sunday Schedule:
10:30am Morning Worship

WOODSTOCK/N. WOODSTOCK

CHURCH OF THE MESSIAH
School St., No Woodstock • 745-3184
Wednesday Services: 6:30 p.m.
Sunday Service: 9:00 a.m.
Priest in Charge: Teresa Gocha

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Rte. 3, Woodstock • 745-6241
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Sunday Service: 9:00 a.m.
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Lord's Day Masses: Sat. 5:00 p.m.;
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North Country Notebook

Drought, fire risk and ravens, and on to Northern Pass woes



By JOHN HARRIGAN
COLUMNIST

At the end of last week, the newspapers, radio and TV were full of warnings about the continuing drought and forest fire danger. “Forest fire” can mean anything from a grass fire to a brush fire to a full-fledged event involving actual trees. New Hampshire has had precious few of the latter in recent decades, thanks to better fire suppression and communications. The news media did deign to mention that the drought and fire danger alert involved all of New Hampshire except the North Country, without explaining just where the North Country actually is.

In such cases, we defer to former Governor and White House aid Sherman Adams, who defined the North Country as those lands to the north of the great notches. +++++ Snow-melt reveals, on many people’s lawns, the sure evidence of moles, in the form of networks of pushed-up dirt tunnels. These sometimes look like entire villages, with intersections and side-streets. These little guys were busy down there all winter, while you and I were still thinking about the potential for more snow and diminishing piles of firewood. +++++ Among guests at my bird feeders toward the end of March were a couple of Canada jays. I’m always happy to see these big, puffy birds, associated with high-country regions here and boreal forests on up to the sub-Arctic. If offered a piece of meat or other treat from the fingers, which they will often take, they haul it off to the nearest tree to stand on a branch and

hold it with their feet so they can tear it apart, all the while keeping an eye out for the next possibility. +++++ While moving vehicles and equipment around one day last week, I heard a familiar “gurgle-squawk,” and scanned the sky for ravens, and sure enough, there they were, four of them squawking and gurgling their way southward to other high-country places. I love to see and watch these big, scruffy birds, a bit larger than a crow but with a distinctly different language. They are among the few creatures on earth that know how to play, a skyward treat to see. +++++ Several years ago, while speaking briefly to an anti-Northern Pass crowd, I said that right of way clearance was the sleeping giant in the entire scenario. Now, more than seven years after the battle began, adjacent residents and homeowners with views are realizing that Northern Pass would often involve use



A Canada jay, on the outstretched hand of ATV trail coordinator Harry Brown, just after taking a tidbit in balmy times near the summit of 3,490-foot Dixville Peak.



Mole tunnels revealed by melting snow can reveal some crazy-quilt patterns, but one assumes that the mole knew where it was going.

of the entire right-of-way width, not just the strip down the middle that utilities have previously used. In many cases this clearing would come right up to people’s back yards. And, predictably, people from Plymouth to Deerfield are up in arms, to which we can only say

“Welcome aboard.” (An anti-Northern Pass event, “Hands Around the State House,” is set for Sunday, April 23. Beginning at noon. Details can be found on Protect the Granite State’s Facebook page.)

KEEPING EACH OTHER WELL

Beware NP, Hydro Quebec’s Way of Going



By ELIZABETH TERP
COLUMNIST

To understand reservations people have for Hydro Quebec/Eversource’s Northern Pass on our health, we need to know the story of Hydro Quebec’s takeover of Hydro power in Labrador at Churchill Falls. See “The Churchill Falls Contract and why Newfoundlanders can’t get over it” by James P. Feehan, Melvin Baker, Sept. 1, 2010. Here’s the history: Quebec was uncomfortable when Labrador’s water rights were established in 1927, and would not allow Labrador hydropower to be transmitted across Quebec territory to markets in Ontario or the US. In 1958, the British Newfoundland Corp. (BRINCO) received extensive land and water rights to Newfoundland and Labrador and created the Hamilton Falls Power Co (HFPCo), later renamed Churchill Falls

Labrador Corp. (CFLCo) as a federally incorporated subsidiary. The Shawinigan Engineering Co. bought a 20 percent interest. In 1962, the Quebec government decided to nationalize all privately-owned electricity generating companies in the province. As a result, Shawinigan Engineering’s 20 percent stake became the property of Hydro Quebec. Later, HQ drew up a pivotal contract with CFLCo to snag Churchill Falls. How? Here is the HQ 65 year Contract, agreed to through a corrupt political finesse in 1976 as follows: From 1976-2016: CFLCo would sell to Hydro Quebec approximately 31 billion MWh/year for a period of 40 years. The price would be 3 mills (3 tenths of a cent) per KWh for the first five years, then decline to 2.5 mills for the last 15 years. At the end of 40 years, the contract would “automatically” be renewed for 25 years at two mills/KWh. In 1974, the Quebec government purchased BRINCO’s 65.8 percent of shares. All attempts to renegotiate the contract’s terms failed as energy prices escalated

in the ‘70s and CFLCo had increasing difficulty funding the CF generating station. Hydro Quebec turned a titanic profit on the deal. 2016-2041 – When the contract was renewed at 2 mills (2 tenths of a cent) per KWh for 25 more years, Hydro Quebec could resell its energy for 85 mills (8.5 cents) per KWh. It does not take rocket science to recognize how HydroQuebec makes its money. Or how ruthless is its way of going with-in the province it shares with Newfoundland. Or how senseless New Hampshire would be to allow HQ to cross New Hampshire territory to markets in Massachusetts and New York. The new HQ money-maker would be to strap New Hampshire with the albatross of the Northern Pass and stifle further development of clean energy such as solar and yet to be developed other forms of bona fide renewable energy. New forms of energy could potentially save our forests, our culture, our watersheds, our wildlife, our tourist industry, our real estate, our lives. Please read and consider the following link

and mark your calendar: <https://manchesterinklink.com/northern-pass-foes-plan-circle-state-house-april-23> Comments welcome at elizabethterp@yahoo.com, www.elizabethterp.com, or PO Box 547,

Campton, NH 03223.

Editor’s note: The author’s views with regard to the Northern Pass project and HydroQuebec are her own, and do not reflect those of Salmon Press Media.

(This column runs in papers covering two-thirds of New Hampshire and parts of Maine and Vermont. Letters should include town and telephone numbers in case of questions. Write to campguyhooligan@gmail.com or Box 39, Colebrook, NH 03576.)

Live comedy from Upright Citizens Brigade, April 29 at LSC

LYNDONVILLE, Vt.-Bi-coastal comedy powerhouse, The Upright Citizens Brigade Theatre (UCB), a veritable incubation lab for comedic talent, is bringing their legendary touring company to Lyndonville. Known for smart, irreverent sketches and sizzling stand-up, not to mention a star-studded roster of A-list alumni, the UCB TourCo will play Lyndon State College’s Alexander Twilight Theater on Satur-

day, April 29 at 7 p.m. Founded by Saturday Night Live veteran Amy Poehler with comedians Matt Bessler, Ian Roberts and Matt Walsh, UCB has helped launch some of the biggest stars in comedy today, including Kate McKinnon, Aziz Ansari and Horatio Sanz. UCB talent can be found on TV shows like Broad City, Saturday Night Live, and The Unbreakable Kimmy Schmidt; in films like Bridesmaids, The Hang-

over, and The Heat; and in the writing rooms of Key and Peele, The Daily Show and Inside Amy Schumer. The April 29 UCB Touring Company show will feature Andy Bustillos of HBO’s Girls, The OA and Divorce, as well as Tanner Dahlin of Celebrity Ghost Stories and Guy Code. They will be joined by Jessica Morgan and Matthew Starr, who tour theaters and colleges nationwide

COMEDY, PAGE B12



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Your child can read 1000 books before kindergarten!

LITTLETON--Littleton Public Library's youth services librarians, Steffaney Smith and Angie Marchetti, announce the inauguration of the NH 1000 Books Before Kindergarten program. Parents can sign children up with a visit to the children's room. Register children anytime between birth and five years of age and receive a color-in reading log to count the first 100 books. Upon completing that goal, families receive a canvas book bag and a sheet to log in the next 100 books. We will celebrate all who finish reading 1000 books with an annual special event.

Families will be guided through the easy steps to accomplishing this goal for each of their children, one book at a time!

The single most important thing you can do to prepare your children to read is to read to them every day. Research proves that children need to hear 1000 books before they begin to learn to read independently. Reading to children will increase their vocabulary and their listening and narrative skills. Reading with children will also help to instill in them self-awareness, confidence and an understanding of their place



in the world. How do you read 1000 books? It's easy! One book a day for three years equals 1000. Three books a day for one year equals 1000. Ten books a week for two years equals 1000. What counts? Everything!

Every book you read counts every time you

read it. Books your child hears in story-times count. Books that others read to your child count (think grandparents and siblings). If your child makes you read a story three times, that counts as three books.

Littleton Public Library is committed to every child's reading

success. Angie Marchetti and Steffaney Smith in the youth services department look forward to enrolling

your child and celebrating his success. Contact them by email at littlibyouth@gmail.com, by phone at 603-444-5741

or with a visit to the children's room. Those bedtime books you read tonight could be on that first reading log!

COMEDY

(CONTINUED FROM PAGE B11)



with their characteristic wry ad-libbing and hip, hilarious improvisation. Long-form improv is known as the high-wire act of performing arts, but this quick-witted quartet makes fast, easy work of it in two sets, seizing upon random words, audience shout-outs and odd props to invent absurdist scenarios and zany characters on the fly.

Series producer Catamount Arts requested an all-ages-appropriate show for the Lyndonville engagement, and was promised a show

that's "more Woody Allen 'R-rated' than Kevin Smith 'R-rated.'" UCB is known for bold language and adult content, so concerned families are advised to visit the Upright Citizens Brigade web site at <http://ucb-comedy.com> to preview the nature of their material.

UCB TourCo's Lyndonville appearance is the penultimate show in this year's KCP Presents Performing Arts Series, which has brought to the Kingdom such diverse acts as The Havana Cuba All-Stars, Alvin

Ailey Dance Company, and the Vienna Boys' Choir. The final show in the 2016-17 series will be singer and Pink Martini guest star, Storm Large, at St. Johnsbury School, Sunday, May 14.

For tickets and more information regarding Upright Citizens Brigade on April 29th and/or upcoming KCP Presents performances, visit www.kcppresents.org or call the Catamount Arts box office at 748-2600. Thanks to a National Endowment for the Arts grant, student admission to UCB is free.

PROGRAMS

(CONTINUED FROM PAGE B9)

Littleton Area Senior Center off Cottage St.

Ammonoosuc Valley Softball board meetings, 7-8 p.m., 2nd Wed., public session at Littleton High School.

The Ammonoosuc River Local Advisory Committee Meeting, 4:30 to 6:30 p.m., held on 1st Wednesday each month, at the Littleton Area Senior Center. All meetings are open to the public.

Easton Conservation Commission monthly meetings, 6 p.m., first Thursday of every

month, Easton Town Hall, 1060 Easton Valley Rd., Easton. For more information, please call 823-5755.

Outreach Center at 16 Pleasant St, Littleton is an extension of the First United Methodist Church. It is a thrift store selling gently used donated items of all kinds. Open Monday, Wednesday, Friday, 10 a.m.-2 p.m., Saturday, 10 a.m.-2 p.m.

Plymouth Secular Alliance - meets 2nd and 4th Tuesdays at Pease Public Library. 7 to 8:30

p.m. Call George Maloof, 536-1179.

The Friends of Bethlehem Public Library need your help. Meetings are held on the first Thursday of every month at the Bethlehem Public Library at 6:30 p.m. Your input is needed. You can be on the Board or you can participate as much or as little as you want. Help support Library programs.

The FOBPL is a registered non-profit organization.

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Bethlehem \$208,900
Here comes a perfect opportunity to enjoy double occupancy, up and down duplex style for your extended family, rental or vacation investment! This is minutes to I-93, Bretton Woods and Littleton NH. Come see this completely remodeled home.

North Haverhill \$144,900
Your opportunity awaits if you are looking to be within 100 yards of Corridor 5 Trails! This is a spacious manufactured home with a detached garage and living space above, and acreage! Call for specific details about financing options.

Bethlehem \$289,900
This home has been completely remodeled and comes with plenty of acreage and a private swimming pond with a sand beach. Great floor plan with a fantastic heated enclosed porch on the front and a back deck just off the kitchen and dining area. Bretton Woods is just minutes away as well as walking trails on site!

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LANCASTER: Beautiful New Englander on the nicest street in Lancaster, offers old world charm with many updates including new windows, refinished hardwood floors, and a fantastic 3-season porch. The house has 3 bedrooms and two full baths, a den, and a "nook" for storage or office space. Built in 1900, and meticulously maintained, the home stays warm and comfortable with added insulation for great fuel efficiency. The property is walking distance to Lancaster Village, but there is plenty of land for gardens and play. **\$164,500** (4508507)

LANCASTER: This multiple use property offers 5 units for income and use including 3 apartments, a large store front with excellent commercial visibility, and enough additional space in the lower level for another apartment or office area. It includes a large parking area to the rear. This is a good opportunity for income, investment or your business location. **\$159,000** (4245207)

JEFFERSON: Unique opportunity to own 2 acres with nearby golf course, snowmobile trails, great fishing in the Israel River, and only 30-minute drive to Bretton Woods Resort. It also includes deeded spring rights (approximately 500 feet south of the property). A great place for year round home or getaway. **\$29,990** (4481115)

LANCASTER: This spacious 2-story Federal style home offers up to 6 bedrooms with 2 full baths on a large in-town lot. It includes a large formal dining room, a comfortable front parlor and foyer, a big country kitchen, front and rear stairs for easy access to the 2nd floor bdms, and 3 porches including a large porch on the 1st floor and 2 more screened "sleeping" porches on the 2nd floor. Hardwood floors and a 24x20 detached barn. Note fireplace in DR not functional. **\$129,000** (4414121)

LANCASTER INCOME INVESTMENT OR HOME: Whether as a home that can provide income and build equity, or a two unit investment property, look at this excellent value! Two apartments with 2 bedrooms each, nice living space with roomy kitchen and dining area, all in good condition in a great village location. **\$89,000** (4425369)

WHITEFIELD: Located on a large, deep lot with an easy walk to all services, this home offers elegant woodwork and wonderful design features, a "summer" kitchen, a pantry, a service kitchen w/ great cupboards and counters, formal dining room, library/den, a grand foyer, two front porches with lovely bay windows, 5+ bdms, 3 full baths, upstairs laundry and hobby room, 2nd floor reading room, a huge attic, a patio and 2 side porches, and attached barn with garage and work space. It is well insulated and cared for, but with certain updates a preference. Detailed remarks are attached. **\$129,000** (4460063)

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(3) AUCTIONS

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11:00 a.m. - Berlin, NH - Selling to the Highest Bidder Above: \$15,000

113 Poplar Drive is a 900± sq.ft. Cape that was built in 1930± and includes 2 BRs and 1 BA. The lot totals .06± acres and includes a 1 car garage. The home is serviced by municipal water and sewer. Tax Map 128, Lot 38. Assessed Value: \$42,600.



1:00 p.m. - Dalton, NH - Selling to the Highest Bidder Above: \$10,000

403 Dalton Road is a 1,116± sq.ft. Cape that was built in 1888± and includes 3 BRs and 1 BA. The lot totals .53± acres and includes a 1 car detached garage. Tax Map 403, Lot 27. Assessed Value: \$48,600.



3:30 p.m. - Canaan, NH - Selling to the Highest Bidder Above \$55,000

6 Crate Lane is a 1,751± sq.ft. 1 3/4 story Cape that includes 3 BRs and 2 BAs. The property totals 1.4± acres and includes a detached barn. Tax Map 7, Lot 12-I. Assessed Value: \$198,600.

INSPECTION: One half hour prior to the auction, if permitted.

TERMS: \$5,000 deposit per property in cash, certified check or bank check at time and place of sale. Balance due at closing within 30 days or when the mortgagee's deed is ready for delivery. Subject to all terms of mortgagee's notice of sale.

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ANTIQUES AUCTION

Furniture, Glass, Art, Rare Books, Sporting
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We are pleased to offer for auction wonderful pieces from the estate of Peter Burrows of Littleton, NH and the family of Francis Ward Paine (aka Payne) of S. Natick, MA w/additions. **Featuring:** Centennial Chippendale mahog. desk, c1875; Period 6-drawer chest, c1790; gilt bound book, Rubaiyat of Omar Khayyam, The Astonomer-Poet of Persia, 1884; Prayer Book of Edward VII, 1903, Dunne, w/orig. wooden box. **Furniture:** Hepplewhite swing-leg dining table w/string inlay, c1800; Chinese Chippendale chairs; 4-drawer cherry chest; cherry spoon-foot wing chair; mahog. card table, c1920; Sheraton button-foot mahog. Pembroke table w/drawer, c1850; walnut bench w/caned seat, c1890; butcher block table by Bally Block Co.; Shaker rocker w/cattail rush seat, c1890 & rush seat side chair, c1860; Duncan Phyfe dropleaf & coffee tables; stenciled saber-leg chairs; cherry desk w/matching file cabinet; cherry full-size sleigh bed; more. **Glass/Pottery:** Pr. Imari vases; Bristol & satin glass; sm. brass Juno lamp; crystal wine & rocks glasses; pastel & marigold Carnival; Roseville; Rosenthal; vintage, Hummel & other lamps; crocks; Delft cow creamer; porcelain figures; steins; Heisey & Sandwich; more. **Art:** 2 o/c paintings, Hyde Park, Boston, MA, Wm. Bodwell, 1925; o/c ship, T. Bailey; watercolor seaside w/sailboats, E. Hornby; large still c1880; 19th C. o/c river scene w/castle, E. S. Wood; "Ground Cover", Wyeth; lg. engraving "Polo"; Spring Time from Dairy Barn, Wyeth; N. America map, Bartholemew; print, tall ships of Boston Harbor; ltd. edition bird prints, lithos; School House Pond, Will Moses 298/500; Pear Trio photo, Mailhot; View from Diamond Ridge watercolor, Kenney; coast of Maine watercolor, Ferguson; Nutting, Sawyer & Davidson photos; 1925 calendar "Compliments of P. W. Burrows, Brattleboro, VT. **Sporting/Games:** Handpainted box w/fly fishing supplies, Pflueger reels; binoculars; Fuji digital camera; Bear Grizzly bow w/arrows; Montague, Shakespeare, Granger, bamboo fly rods & reels; Orvis trout net; wet & dry flies; wading boots; Tavern Puzzles; fencing swords; sm. fishing creel; Orvis fly fishing vest; coolers; baseball cards. **Misc:** Melink's Home Deposit Vault; oak humidor; dome-top box w/grain dec.; vintage Winnie the Pooh toys; asst'd old paper; opera glasses; stamp collection; bakelite; complete computer system; African drums; elephant cigarette holder/dispenser; pottery bed warmer; NH railroad prints; MORE!!! **PREVIEW: Friday, 4/21: 3-6PM & Saturday, 4/22: 8-10AM or by appointment. TERMS OF SALE: 10% BUYERS PREMIUM, cash or check, w/ proper ID; all items sold AS IS; all sales final. Refreshments available.**

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AUCTION

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Waterford: Well-maintained raised ranch home nicely sited on a one-acre lot with a meandering stream along the back property line. Enjoy paved driveway, enclosed walk-out bulkhead to the private back yard, 1.5 car garage, lg storage/laundry room, a family room & new 3/4 bath on the lower level. 3BRs, another 3/4 bath, lg living room w/picture window & the combined kitchen/dining area has lots of cabinets. Across from Waterford K-8, choice for high school, 3 miles to I-93. **ML4624047 - \$157,500**

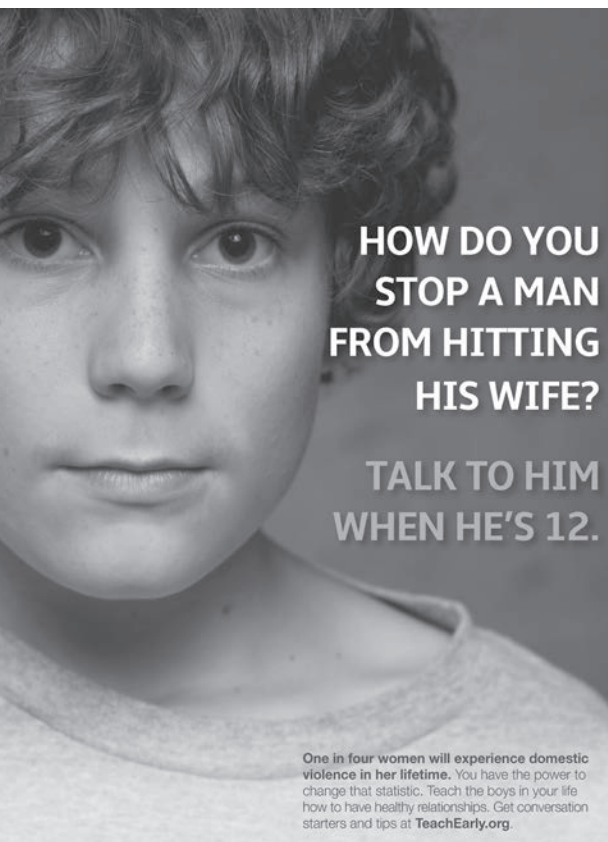


Lower Waterford: Lovingly renovated in 2012, boasting a pretty white cabined kitchen with under cabinet lighting, granite counters, tile floor & stainless steel appliances. Back porch, covered deck and patio from the family room & the dining room. The main floor has a bedroom, a full bath & a lg living room. Upstairs is the private master bedroom suite, walk-in closet, soaking tub & 3/4 shower. Small 1-car garage or storage space & additional storage overhead. Open one-acre lot has a pretty view, plus Waterford offers an excellent K-8 & has high school choice. **ML4616201 - \$197,500**

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or contact mgmt. at (603)267-6787

Lancaster, NH -2 BR

Immediate Vacancy for
subsidized apartments!

Rent based on 30% of income.

All utilities included!

No Pets, No Smoking, Credit, Criminal,
Landlord checks required.

Call East Point Properties

603-262-1298



TDD Equipped, Equal Housing Opportunities



Camelot HomeCenter

Rt. 3, Tilton NH, exit 20 on Rt. I-93 across from Lakes Region Factory Mall

Hurry Down & See Our Homes!

NEW 14 WIDES	\$28,995 56' 2 bed	\$34,995 66' 3 bed, 2 bath	\$38,995 48' 2 bed	\$44,995 70' 3 bed, 2 bath
DOUBLE WIDES	\$47,995 44' 3 bed, 2 bath	\$58,995 44' 3 bed, 2 bath	\$61,995 48' 3 bed, 2 bath	\$64,995 48' 3 bed, 2 bath

SEE OUR AD AT **WWW.CM-H.COM** - HOMES FROM COLONY, NEW ERA & TITAN



\$73,995 36x28 Sunny Cape! **\$109,995** 56x28 Ranch, Roman Spa Bathroom, Irresistible Kitchen! **\$111,995** 2000 Sq. Ft. 2 Story

WE HAVE DELIVERED OVER 10,000 HOMES TO SATISFIED CUSTOMERS. CAN WE DELIVER ONE TO YOU?
ALWAYS OPEN DAILY, 10 TO 6 SATURDAYS & SUNDAYS 10 TO 5 Rt. 3, Tilton NH **WWW.CM-H.COM**

2BR Ranch on 0.50± Ac. PLUS
2BR Manufactured Home on 0.20± Ac.



AUCTION

Friday, May 19 @ 2PM

640 & 694 River Road, Lisbon, NH



TWO homes! 2BR, 2BA ranch home with 1,612±SF and basement, sits on 0.50± acre lot. Plus 2BR, 2BA manufactured home (1992 Riverridge) on 0.20± acre. Outdoor enthusiasts wanted! Borders Ammonoosuc Rail Trail with views and access to Ammonoosuc River. (NH# 2661)

Thomas Hirschak Company
THCAuction.com • 800-634-7653

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- Granite State News
- Littleton Courier
- Record Enterprise
- Winnisquam Echo
- Newfound Landing
- Coös County Democrat
- Carrol County Independent
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CALL 603-279-4516
TO PLACE YOUR AD TODAY!

Classifieds

HELP WANTED

RESORT
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WANTED!

Servers • Dishwashers • Bussers • Host/Hostess

- **Esthetician** – Full and Part time with flexible hours
- **On Call Hairstylist and Makeup Artist**
(part time also available)
- **Massage Therapists • Cosmetologists**

Not only do we provide competitive wages but we offer the best benefits package in the North Country. Benefits include: 401k with ER match, Profit Sharing, Resort Family Discounts, Family Gym Membership, Spa Discounts, Ski Privileges, Daily \$3 Employee Lunch, Christmas Bonus, Employment Assistance Programs and much more.....

Come in and fill out an application at our front desk. Contact Mary Forsyth for questions or more information.

The Mountain Club on Loon
90 Loon Mountain Road, Lincoln, NH 03251
mforsyth@mtnclub.com | mtnclub.com | (603) 745-2244 x 5272

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Garnet Hill is a fast-growing, high-end, multichannel marketer specializing in original clothing and home designs. We enjoy two New Hampshire locations: Franconia, in the beautiful White Mountains, and Exeter, not far from the seacoast.

Our employees are creative, hardworking, fun-loving, and absolutely passionate about what they do.

We're now recruiting for our Call Center in Franconia and we're looking for:

FULL-TIME AND PART-TIME

Customer Service Representatives

- Flexible schedules
- Generous benefits packages

To learn more, apply online and/or view openings:
garnethill.com/careers
or stop by to fill out an application

231 Main Street • Franconia, NH 03580 603.823.5545

COME GROW WITH US!

Utilize Your Associates or Bachelor's Degree in Human Services as a

RESIDENTIAL ADVISOR

Join a supportive team and receive outstanding benefits including generous vacation, health insurance, 403B and paid training. Opportunity for advancement in a large and stable organization.

- Great Schedule! Saturday, Sunday and Mondays off. Daytime work with one asleep overnight shift on Friday.
- Work as a part of a dynamic team assisting six individuals with medication self administration, activities of daily life, socialization, and recreation
- Opportunity to make a difference in someone's life, while also obtaining valuable experience and training in the mental health field.
- Bachelor's degree or an associate degree with two years work experience in the human services field preferred. Strong applicants without a college degree and with experience in a related field (medical, elder care, LNA etc.) may be considered.
- Entry Salary: up to \$11.50 an hour. – with periodic increases.

FUNCTIONAL SUPPORT SERVICES

Outstanding benefits, team environment with opportunity for advancement. Generous vacation and holiday policy – starting with 3 weeks and 11 paid holidays in year one.

- Full time position with full benefits
- Assist adults and children with serious mental illness in their homes, communities and in work settings to learn skills and strategies to overcome the effects of mental illness on activities of daily life and life pursuits
- Must be flexible; available to work occasional early evenings
- Positive and supportive work environment
- Starting salary \$13.12 per hour; advancement opportunities
- BA degree required

Northern Human Services offers generous benefits. Full time employees receive three weeks paid vacation with eleven paid holidays, sick leave, mileage reimbursement, health insurance, and agency paid 403B contribution with no match requirement.

Send cover letter and resume to:
Northern Human Services
Attn: Bobbi Lyndes-Langtange
29 Maple Street
PO Box 599
Littleton, NH 03561
blyndes@northernhs.org
603-444-5358

These positions require a valid driver's license, proof of adequate auto insurance, and the completion of criminal and background checks. NHS is an Equal Opportunity Employer, and Provider.

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Full Time RN's, LPN's, LNA's

Offering 12 hour shift with a shift diff offered for ALL 12 hour shift worked day or night
RN and LPN bonuses

Want to become and LNA need to earn a Pay check while taking the LNA class Genesis HealthCare offers a earn to lean program where we pay you while you take the class

Genesis HealthCare's Mission is: We improve the lives we touch through the delivery of high quality health care and everyday compassion.

At Genesis HealthCare, we're redefining how healthcare is delivered to the elderly in America. Genesis staff is dedicated to helping our customers live a Full Life. As a healthcare industry leader and pioneer, we have created a new set of standards and a model for others to follow. Our Staff works hard to provide a wide array of services and programs in a positive, proactive way. Jobs offered range from entry level to management positions. We are actively looking to hire people with positive attitudes who want to work as a team and produce results.

Join the Genesis HealthCare Family
If you're interested in joining Call or visit
The Genesis HealthCare team,
93 Main St
Franconia, NH 03580
603-823-5502

North Country Charter Academy

North Country Charter Academy
2017 - 2018 School Year Openings

Student Assistance Program (SAP) Counselor

NCCA is seeking a part-time SAP Counselor, 108 school days. Position is grant funded.

Primary responsibility is to provide ATOD (alcohol, tobacco and other drugs) substance abuse prevention, screening, intervention, referral and after-care services.

Required Skills:

- Ability to work with and communicate effectively with adolescents, staff and other agencies
- Familiarity with abused substances, abuse prevention, intervention, treatment, and recovery preferred
- Ability to work independently, self motivated
- Ability to complete documentation in an accurate and timely manner.

Qualifications:

- Bachelor's degree required
- Counseling certifications preferred or be willing to complete a Certified Prevention Specialist (CPS) certification program
- Salaried position - 3 days a week split between Littleton and Lancaster sites

Part-time Classroom Teacher/Facilitator-Littleton Site

NCCA is seeking a certified educator to teach and facilitate a blended learning approach to students in grades 7-12 using on-line web-based curriculum in addition to project-based learning activities, both of which integrate the Rigor/Relevance Framework © merging core academics with real world learning experiences and creating individualized learning plans focused on the needs and interest of each student.

Candidates must be enthusiastic, creative and passionate in promoting learning in a non-traditional setting. Proficient in technology using Google Apps, Web2School Data Management, Excellent written & oral communications. Administrative skills to include typing, filing, record keeping, data entry.

Come join our professional team! NCCA is the oldest and one of the most successful public charter schools in NH that is also supported and works collaboratively with ten northern NH school districts. Position is part-time/school calendar/190 days/ 5.5 hours/day.

Qualified applicants should forward
a letter of interest, resume, and three letters of reference to :

Kathy Meddings
North Country Charter Academy
260 Cottage Street, Ste A
Littleton, NH 03561

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HELP WANTED

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Personal Care Attendants are needed in Littleton, Whitefield, Woodsville & Haverhill Areas

This includes bathing, showering, grooming, toileting, meals & Housekeeping. Flexible Hours & duties are available. Must be dependable & pass a criminal background check. \$10.25 hr. Call JoAnn at 603-892-4654 for information.

Make a difference in Someone's life! Call Now!

ALLSTAFF

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551 Meadow St., Suite 1, Littleton, NH 03561

603-444-1261

Fax: 603-444-4895

Kate Cassidy - Executive Director • Trisha Cross - Office Administrator

WWW.golittleton.com/allstaff

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Administrative Executive Management and
Medical Placements



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Think Spring!
Spring

**Variety of positions and locations
need to be filled!!**

1) Administrative Assistant: Part time 25 – 30 hours a week. The right candidate will have strong analytical, administrative and organizational skills. Must have strong computer skills, strong written and verbal communication and self-motivated with the ability to work independently and in teams. Create and maintain weekly and monthly reports in a timely manner, ability to provide efficient and courteous customer service, A/P, A/R and payroll. Possess a high level of discretion in performance of duties due to sensitive nature of information

2) Manufacturing Maintenance Supervisor

- Provide leadership and direction to the maintenance team
- Hands on Working Supervisor
- Ensure that each craftsman has the necessary skills to meet their job expectations and develop improvement programs where necessary
- Provide leadership in implementing/maintaining preventative/predictive maintenance programs
- Develop and/or maintain necessary maintenance/mechanical integrity procedures to guide plant wide maintenance efforts
- Provide support for efficient troubleshooting and problem solving activities relating to equipment maintenance to maximize efficiencies and limit downtime
- Responsible for repair and maintenance of machines, tools, and equipment in the manufacturing operations
 - Five years minimum leadership experience in a manufacturing environment
 - Proven leadership skills
 - Well-developed verbal and written communication skills
 - Strong interpersonal skills with the ability to deal with individuals at all organizational levels

3) Other Positions:

- Machine Operator
- Production Line
- Shipping and receiving
- Assembly

Benefits:

- Medical & Vision Insurance - low deductible
- Dental Insurance
- Paid Vacations
 - after one year of employment - 2 weeks;
 - 6 years – 3 weeks; 15 years – 4 weeks
- 401K – after one year employment
 - 50% match up to 4%
- Paid Holidays – after 60 days of employment

Entry Level on the job training –

EXCELLENT STARTING WAGE

STITCHERS – 1ST OR 2ND SHIFT MONDAY – FRIDAY

1ST SHIFT – 7am – 3pm

2ND SHIFT – 3pm – 11pm – training on 1st shift

Work Part time make your own hours and choose the days

you would like to work between 3PM – 11PM

Production line, material handlers, machine operators

Please send resumes to: kcassady@allstaffcorp.com

White Mountains School Administrative Unit # 35

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SAU#35

2017-2018 SCHOOL YEAR OPENINGS

Bethlehem Elementary School

6th Grade Elementary Teacher (id#5775191)

Landaff Blue School

Part-time Art Teacher (id#2773577)

Part-time Music Teacher (id#2776333)

Lisbon Regional School

Middle/High School Music Teacher (id#2772952)

Anticipated Elementary Teacher (id#2762880)

School Counselor – Part-time (id#2762900)

Middle School Girls Soccer Coach (id#2770225)

Middle School Boys Soccer Coach (id#2770226)

Profile Jr/Sr High School

Driver Education Services (id#2772858)

For more information or to apply please go to
www.SchoolSpring.com and reference
the above job ID# for the position.

SAU35

260 Cottage St. Suite C

Littleton, NH 03561

603-444-3925

EOE

Crew Leader - Mailing Department

Upper Valley Press, Inc., a printing and direct mail company has immediate openings available working in a high volume insert and mail center. We are seeking experienced leaders with the ability to effectively lead a small crew in a fast-paced, deadline-driven environment.

As a mailing crew leader, duties include overseeing mailing staff positions, running inserting machines and ensuring performance standards and deadlines are consistently met. Prior manufacturing and leadership experience is a must.

Upper Valley Press, Inc., provides excellent wages, benefits, 401(k) retirement saving and much more. We offer opportunities in a solid company with an excellent record of stability and growth. Please submit a resume with wage requirements or apply in person to:

UPPER VALLEY PRESS, INC.

Attn: Human Resources

446 Benton Road

North Haverhill, NH 03774

charrington@uvpress.com



SAU 68

Lin-Wood Public School

Lincoln-Woodstock Cooperative School District

72 Linwood Drive

Lincoln, New Hampshire 03251

Telephone (603) 745-2214

The Lincoln-Woodstock Cooperative School District, recognized as one of the Best Schools in NH, and located in a year round recreational setting in the White Mountains announces the following opening for the 2017-2018 school year:

High School Business/Technology Teacher

NH High School Business and/or Technology
Education Certification required.

Interested parties should send a letter of interest,
a resume, three letters of reference,
and a transcript to:

Joanne Osgood
Lin-Wood Public School
P.O. Box 846
Lincoln, NH 03251
603-745-2051

Job Applications are available
on our website at www.lin-wood.org
under the “Employment” section.

Applications will be accepted until position is filled.

The Lincoln-Woodstock Cooperative School District
is an equal opportunity employer.

Middle/High School Fax Number (603) 745-6797
Elementary Fax (603) 745-3730
Accredited by New England Association of Schools and Colleges



Workplace Success Program Specialist

WORK THAT MATTERS.

Want to make a real difference in the lives of single parents working to make better lives for themselves and their children? Tri-County Community Action Program, Inc. is looking for a dynamic Program Specialist to join the NHEP Workplace Success Team.

Working in a classroom environment in our Littleton NH Career Centers and using an extensive and proven curriculum, you will help parents receiving public assistance with career planning, job search, gaining vocational skills, and much more. You may also develop career-related Work Experience and On-the-Job Training opportunities with area employers for program participants.

Strong customer service and communications skills a must. Reliable transportation required. Bachelor's degree preferred.

Full-time position with excellent benefits mileage reimbursement, and more.

Send resumes to:

Workplace Success, Tri-County Community
Action Program, Inc.,
30 exchange St.
Berlin, NH 03570
or e-mail jmilliken@tccap.org
Open until filled.

EOE

Customer Service/Order Processor Backup

Full time available 12:30 P.M. - 9:00 P.M.

What you do: While on the phone, you'll provide friendly service when placing orders and responding to questions and concerns. Accurately and efficiently place mail requests, process returns and make sure accounts are up to date.

What we offer you:

- ✓ Comprehensive benefits package
- ✓ 401(k) with company match
- ✓ Strong opportunities for advancement
- ✓ Family-friendly environment at a stable, employee-owned company

Requirements: Strong typing speed with 97-98% accuracy. Strong customer service skills and ability to multitask. Must be dependable, detail oriented and have good vision.

Learn more – apply online today at:
www.LittletonCoin.com/Jobs

We look forward to hearing from you!

1309 Mt. Eustis Road • Littleton NH 03561-3735
www.LittletonCoin.com • 603-444-5386

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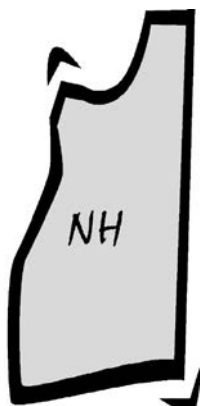


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HELP WANTED



Riverglen House

Independent & Assisted Living Community
www.riverglenhouse.com

SERVERS & LINE COOKS NEEDED

*Experience Required
Position will include some evenings and weekends.*

Apply in person or call 603-444-8880
Ext 3 – ask for Lori



**Help Wanted
BOOKKEEPER**

Coventry Log Homes is looking for a **full time Bookkeeper**. Must have accounting, payroll, AP, AR, computer experience. Looking for someone organized with good communication skills.

Coventry Log Homes offers a competitive wage package with health insurance, vacation, sick time and much more.

Please send resume to:
Coventry Log Homes
108 South Court Street
Woodsville, NH 03785
Attn: Jeff Elliott
[or email jeff@coventryloghomes.com](mailto:jeff@coventryloghomes.com)



**STARR
CONSTRUCTION, INC.**

Is looking for **SKILLED CARPENTERS** with knowledge of framing, roofing, siding, and finish carpentry. Must have own vehicle and valid driver's license. Pay is competitive based on experience. Crew and work environment is professional and friendly.

Please call: 259-6251 to apply



Property Maintenance Supervisor

Full-time year round benefited position. Responsible for supervising 5-10 employees, oversee parking, snow removal, trash removal, caretaking of grounds areas, spring and fall clean-ups and landscaping. Previous supervisor experience. Must have a valid driver's license.

For more info or to apply on-line visit www.loonmtn.com
Human Resources
60 Loon Mountain Road, Lincoln NH 03251
Equal Opportunity Employer



**Now Hiring
Track Crew**

Love to work outdoors? Be part of a mountain railway team to replace, repair and remove tracks and components. Must be able to lift a minimum of 50 lbs. No experience necessary. Will train the right candidate.

Contact The Mount Washington Cog Railway at 603.278.5404 or apply in person or online at thecog.com. The Mount Washington Cog Railway is located on Base Station Road, Mount Washington, NH 03589.



SBP Builders LLC
**Carpenters, Painters,
Roofers and Laborers**

SBP Builders is accepting application for carpenters, roofers, painters, and laborers for the 2017 construction season.

Please visit us at 433 Cottage St. or give us a call at 603-991-8626. A resume can also be emailed to sbpbuilders@gmail.com.



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We're currently seeking:
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LABORERS**

Experience is not required but a good work ethic and dependability are.
Seasonal positions are available, must be 18 years old

We offer competitive wages and benefits including paid holidays, vacation pay, health, dental, retirement, and travel pay.

For more information or to apply:
Call (603)536-4154
Email jobs@rmpiper.com
Visit www.rmpiper.com/employment.htm
Or stop by! 141 Smith Bridge Road
Plymouth, NH 03264
Equal Opportunity Employer



North Country Hospital
Where caring runs deep.

Laboratory Technologist
A friendly small town hospital with high tech instrumentation.

North Country Hospital's Laboratory is seeking a Laboratory Technologist. Our opportunity is PART time [40 hrs/pp], covering 8 or 12 hour intervals primarily starting at 645 am, with weekend rotation and coverage for 6:30pm to 7:00am. This generalist position performs clinical testing in chemistry, hematology, blood bank, microscopy, microbiology areas; as well as phlebotomy skills. The technologist must be comfortable working independently; have effective communication and interpersonal skills.

Job Requirements: Baccalaureate degree in Medical Technology or a baccalaureate degree in a related science with approved clinical laboratory scientist training. Non-traditional route to establish skill level may be accepted after review of education and experience. Associate Degree in Medical Technology or an Associate Degree in a related science with approved clinical laboratory scientist training, plus two years working in a clinical laboratory. Nationally recognized certification credentials or equivalent preferred.

Interested candidates may apply
Online at www.northcountryhospital.org

For additional information contact:
Tina Royer, Recruitment Coordinator
Human Resources

North Country Hospital
189 Prouty Drive,
Newport, VT 05855
802-334-3210 Ext. 407
Email: troyer@nchsi.org

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Our customers **need** you.
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A perfect match!

Join the "People Powered" team at our fast growing, super stocked dealership. If you believe going to work should be fun, then we have the job for you!

As part of our team you'll receive:

- Salary while you learn
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- Flexible work schedule
- Sign on Bonus !!!!

Send Resume to:



WELLS RIVER 
wellsriverchevy.com

PO Box 10, Wells River, VT 05081
or email: jeff@wrchevy.com



Loon Reservation Service

**Help Wanted
Laundry Attendants**

Position entails washing, drying, folding, weighing, carrying and logging stacks or bags of sheets, towels and occasionally blankets. Bags can weigh up to 20 lbs.

Daytime hours, summer weekends a must.
Competitive wages.

Housekeeping positions also available.

Apply in person or via email at susan@loonres.com.
Susan Chenard
Loon Reservation Service
PO Box 785, 264 Main Street#12, Lincoln NH 03251
(603) 745-5666 ext. 212



**COMMUNITY ACTION
TRI-COUNTY CAP**

**Workplace Success Program Specialist
WORK THAT MATTERS.**


Want to make a real difference in the lives of single parents working to make better lives for themselves and their children? Tri-County Community Action Program, Inc. is looking for a dynamic Program Specialist to join the NHEP Workplace Success Team.

Working in a classroom environment in our Littleton NH Career Centers and using an extensive and proven curriculum, you will help parents receiving public assistance with career planning, job search, gaining vocational skills, and much more. You may also develop career-related Work Experience and On-the-Job Training opportunities with area employers for program participants.

Strong customer service and communications skills a must. *Reliable transportation required.* Bachelor's degree preferred.

Full-time position with excellent benefits mileage reimbursement, and more.

Send resumes to: Workplace Success, Tri-County Community Action Program, Inc.,
30 exchange St.
Berlin, NH 03570 or
e-mail jmilliken@tccap.org.
Open until filled.



**COMMUNITY ACTION
TRI-COUNTY CAP**

Transportation Division Director

Come work where you come to play!

Tri County CAP, located in the heart of the White Mountains in Berlin, NH. Is looking for a Division Director for the Transportation division.

The Division Director leads services related to the implementation of Transportation programs according to agency philosophy, goals, and values, based on federal, state, and local laws. The Director will have strong supervisory, leadership and interpersonal skills to lead the transportation team. Responsible for recruiting and hiring staff personnel for Transportation. Lead efforts for fund raising in cooperation with other members of the management team. This position will report to the COO.

Requirements include: Strong business and fiscal background. Grant writing, ability to develop and administer the budget for transportation. Bachelor's Degree and/or 5-8 years of similar experience. Proficient with Microsoft Word and Excel required.

Interested parties may send a cover letter and resume to Joe Rodgers at jrodgers@tccap.org.


Tri County CAP Inc. is an Equal Opportunity Employer

EOE

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MOTORCYCLES
ARE EVERYWHERE

CLASSIFIED SELLS IT ALL

HELP WANTED



**University of
New Hampshire**

Camp Nurse

Barry Conservation 4-H Camp in Berlin, NH is a 4-H youth summer camp with a seven week season. Position is not residential, but a daily visits is required. It's a great place to work. Visit <http://extension.unh.edu/4H/4HCamps.htm> to learn more.

UNH is an AA/EEO Employer. UNH is committed to excellence through the diversity of its faculty and staff and encourages women and minorities to apply.



CARPET • RUGS • CERAMIC TILE • VINYL • WOOD • LAMINATES

HELP WANTED

Installer/Installer Helper:


Previous experience desired.
Must be good with hands and tools.
Detail oriented and able to do heavy lifting. Must have clean, valid driver's license and be able to get to and from work.

Contact Larry at The FloorWorks at 616-9805 or email resume to larry@thefloorworks.com

PROFESSIONAL
INSTALLATION

Main St. Bethlehem, NH





**COMMUNITY
ACTION**
TRI-COUNTY CAP

Transportation Division Director
Come work where you come to play!

Tri County CAP, located in the heart of the White Mountains in **Berlin, NH**. Is looking for a Division Director for the Transportation division.

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Interested parties may send a cover letter and resume to Joe Rodgers at jroddgers@tccap.org.

Tri County CAP Inc. is an Equal Opportunity Employer

EOE

THINK UNDERAGE DRINKING DOESN'T AFFECT A TEEN'S BRAIN? THINK AGAIN.



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1-800-804-0909

HELP WANTED

Mountain Lake Camping Resort is looking for self motivating people to work in a fast pace atmosphere to fill the following positions.

Grounds Maintenance: Weed trimming, mulching, raking, backpack blowing and site cleaning. Part time

General Maintenance: Painting, staining, washing equipment and light carpentry.

Housekeeping for cabins: MUST have prior experience. Salary starting at \$12.00 an hour. Part time

General housekeeping: Must be comfortable with a split shift, includes flower care, restroom and rec hall cleaning and other small miscellaneous cleaning.

Pool Slide Area Attendant: Must be at least 16 years or older, shifts are 3 hours each and must be able to stand for the duration of the shift.

PLEASE CALL TO SCHEDULE
603-684-8080



**COMMUNITY
ACTION**
TRI-COUNTY CAP

IMMEDIATE OPENING:

Weatherization Program
CREW MEMBER for Tri-County CAP with **"North Woodstock"** NH-Based crew.
Min. 6 months Construction skills required, training in residential energy conservation provided.

Full-time, year-round with excellent benefits.


For an application and job description
email: cbaillarger@tccap.org
With "Wx Position" in the subject line or
call: (603) 326-6626 x 101.
EOE



**COMMUNITY
ACTION**
TRI-COUNTY CAP

IMMEDIATE OPENING:

Weatherization Program **CREW MEMBER** for Tri-County CAP with **"North Woodstock"** NH-Based crew. Min. 6 months Construction skills required, training in residential energy Conservation provided. Full-time, year-round with excellent benefits.
For an application and job description email: cbaillarger@tccap.org
With "Wx Position" in the subject line or call (603) 326-6626 x 101.
EOE



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had the time,
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23



24



25



26



27



What did the day before Hurricane Irene look like?
Any other day.

Prepare for tomorrow.
Ready.gov/today



ANYONE, ANYTIME CAN ASK FOR HELP.

As the parent of a son with a substance use disorder, I know how important it is to **GET EDUCATED** about addiction, enabling, codependency and recovery.

More importantly, if your family is impacted by this disease please **FIND SUPPORT** for yourself and loved ones.

Also, ask your doctor for a prescription for **NALOXONE**. It can save the life of someone experiencing an opioid overdose from heroin or prescription medications.

Anyone Anytime should have access to this lifesaving medication.





**ANYONE.
ANYTIME.**
NEW HAMPSHIRE

Can experience addiction • Can ask for help
Can recover • Can save a life

www.anyoneanytimenh.org

FOR HELP:



**NH Alcohol and Drug
TREATMENT LOCATOR**
www.nhtreatment.org



2-1-1
Get Connected. Get Answers.

AnyoneAnytimeNH is an initiative of the New Hampshire Department of Health and Human Services

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NOTICES

NOTICE

THE ANNUAL MEETING OF
THE FULL BOARD OF SAU #35

Will be held on
Wednesday, May 3, 2017 at 6:00 PM
at AHEAD Conference Room
260 Cottage Street, 1st FLOOR
Littleton, NH

NOTE: AHEAD Conference room is
one level upstairs from the SAU Office

Lisbon Regional School District
Lisbon, NH

KINDERGARTEN REGISTRATION

On Thursday, May 4 and Friday,
May 5, 2017, registration and screening
for kindergarten children in Lisbon and
Lyman will be held at the Lisbon Regional
School. Please call 838-6672 to schedule
an appointment.

To attend kindergarten, children must be
five years of age as of October 1, 2017.
Please bring with you a copy of your child's
birth certificate, his/her social security
card, your child's completed immunization
record, proof of a physical examination
within the past year, proof of custody
(in the matter of divorce), and proof of
residency. Any questions may be directed
to Lisbon Regional School.

PRESCHOOL AND
KINDERGARTEN REGISTRATION

2017 – 2018 School year
The Landaff Blue School
Landaff, NH

Registration for Preschool (ages 3-4) and
Kindergarten (age 5) will be held at The
Landaff Blue School, 813 Millbrook Road,
Landaff on Tuesday, May 9, 2017 from
8:30 AM to 2:30 PM. Please contact Molly
Culver, Landaff Blue School Teaching Principal
at 838-6416 with any questions.

In order to enroll in Kindergarten, children
must be five (5) years of age by September
30, 2017. Please bring your child's birth
certificate, social security card, proof of
residence, and immunization records.

If you are unable to participate on this date,
please contact Mrs. Culver at the Landaff Blue
School to make other arrangements.

We look forward to meeting
you and your family.

INVITATION TO BID

LINCOLN-WOODSTOCK
COOPERATIVE SCHOOL DISTRICT

The Lincoln-Woodstock Cooperative School District,
SAU #68, is looking for bids to remove the existing carpet
flooring at the Lin-Wood Elementary School and
replace it with Nora rubber tile or equivalent.
The area to be completed includes:

1) Approximately 1,688 square feet for elementary school
hallways. Includes installation of
school emblem in entrance way.

Work to start on June 15 and completed by June 30, 2017.
Bids are due by May 8, 2017.

Plans and specifications are available from the
Director of Building and Grounds,
Mark Houde @ 603-348-7343.

A performance bond and insurance
coverage's will be required.

Please deliver sealed bids to the SAU office
by 3:00pm on Monday, May 8, 2017.

Lincoln-Woodstock Cooperative School District
Administrative Offices
78 Main Street, Unit #3
Lincoln NH 03251

Or mail bids to:
Lincoln-Woodstock Cooperative School District
PO Box 846
Lincoln, NH 03251

The School Board reserves the right to accept or reject any or
all bids in whole or in part, and to accept that bid that the
Board in its sole discretion determines is in the
best interest of the District even though it
may not be the lowest bid or proposal.

The Lincoln-Woodstock Cooperative School Board

THE STATE OF
NEW HAMPSHIRE
Judicial Branch
2nd Circuit-Probate
Division-Haverhill

APPOINTMENT OF
FIDUCIARIES

Notice is hereby given that
the hereinafter listed have
been duly appointed by
the Judge of Probate for
Grafton County.

BETTS, Alton Kendall,
late of Sugar Hill. Anna
Burns Dechene, 45
Hanover Drive, Delmar,
NY 12054 Administrator
Brien L. Ward, Esq., 74
Cottage St., PO Box 1,
Littleton, NH 03561
Resident Agent.
Case #315-2017-ET-00081

SHUMWAY, Loriston,
late of Lisbon. Kimberly
A. Smith, 199 Northey
Road, Lisbon, NH 03585
Administrator.
Case #315-2017-ET-00156

All persons having claims
against said estate are
requested to exhibit
them for payment and all
indebted to make payment.

Dated at Haverhill on the
14th day of April A.D. 2017

BY ORDER OF THE COURT

/s/ Pamela G. Kozlowski, Clerk

THE STATE OF
NEW HAMPSHIRE
Judicial Branch
2nd Circuit-Probate
Division-Haverhill

APPOINTMENT OF
FIDUCIARIES

Notice is hereby given that the
hereinafter listed have been
duly appointed by the Judge
of Probate for Grafton County.

LOUGEE, Eric E., late of
Bethlehem. Lisa W. Lougee,
40 Whitcomb Hill Road,
Bethlehem, NH 03574
Executor.
Case #315-2017-ET-00154

All persons having claims
against said estate are
requested to exhibit them for
payment and all indebted to
make payment.

Dated at Haverhill on the 7th
day of April A.D. 2017

BY ORDER OF THE COURT

/s/ Pamela G. Kozlowski, Clerk



Lafayette Regional School District

KINDERGARTEN REGISTRATION

Monday, May 1st at 1:00 PM Kindergarten
registration and screening for kindergarten
youngsters in Easton, Franconia and Sugar
Hill, will be held at the Lafayette
Regional School.

To attend kindergarten, children must
be five years of age as of September 30,
2017. Please bring proof of residency, a
copy of your child's birth certificate, his/her
social security card, your child's completed
immunization record, proof of a physical
examination within the past year, and proof
of custody (in the matter of divorce). If you
have any questions, please contact
Toni Butterfield at 823-7741 or
tbutterfield@lafayetteregional.org.

INVITATION TO BID

LINCOLN-WOODSTOCK
COOPERATIVE SCHOOL DISTRICT

The Lincoln-Woodstock Cooperative School
District, SAU #68, is looking for bids to
install 160' of 4" electrical conduit between
Lin-Wood Elementary and
Lin-Wood Middle/High School buildings.

Work to begin on June 15, 2017.
Bids are due by May 8, 2017.

Plans and specifications are available from the
Director of Building and Grounds,
Mark Houde @ 603-348-7343.

Insurance certification will be required.
Please deliver sealed bids to the SAU office by
3:00pm on Monday, May 8, 2017.

Lincoln-Woodstock Cooperative School District
Administrative Offices
78 Main Street, Unit #3
Lincoln NH 03251

Or mail bids to:
Lincoln-Woodstock Cooperative School District
PO Box 846
Lincoln, NH 03251

The School Board reserves the right to accept or reject
any or all bids in whole or in part, and to accept that
bid that the Board in its sole discretion determines is
in the best interest of the District even though
it may not be the lowest bid or proposal.

The Lincoln-Woodstock Cooperative School Board

TOWN OF EASTON

PUBLIC HEARING

Regarding Reasons for a
Procedural Defect
Special Town Meeting

Location: Easton Town Hall
1060 Easton Valley Road
Easton, NH 03580

Date and Time: Wednesday,
April 26th 6:00 p.m.

TOWN OF LANDAFF, NH

DOG OWNERS

All dogs four months and older must be
licensed by April 30, 2017

LICENSE FEES
Male of Female.....\$10.00
Spayed or Neutered.....\$7.50
Seniors(for 1st dog).....\$2.00

A current rabies certificate required.
Spaying/Neutering proof required for discount.

Failure to comply will make you liable to a
penalty of \$25.00 plus \$1 interest per month
(RSA466:13).

Town Clerk office hours are Tuesday
9:00AM - 11:00AM and 5:00PM - 7:00PM.
Dog registrations can be done by mail.

Mail a copy of rabies, spaying/neutering
information, along with the correct fee
(checks to be made out to the Town of Landaff)
and a self-address envelope to:

Gayle M. Clement
Landaff Town Clerk
12 Center Hill Road
Landaff, NH 03585

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Your kids do.

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be more than
a bystander.

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or visit our website



Misc. For Sale

OLD NH FISH and Game, ca. 1890, bearing laws, penalties and seasons on moose, caribou, furbearers, fish, etc. measures 12"x18" May be seen at the Coos County Democrat, 79 Main St., Lancaster, NH. Price, \$4; if mailed, \$8. Call 603-788-4939 or email liz@salmonpress.news

Events/
Entertainment

FIREARMS TRAINING

Shoot a large variety of handguns and calibers before making the decision to buy in our Intro to Handgun class. Learn self defense with rifle, pistol or shotgun. Women-only courses available. Courses start in April, call now to sign up. www.GoRFT.com 603-636-2167

Barn/Garage/Yard
Sale

HUGE MOVING SALE-Antiques, vintage, household, furniture, outdoor furniture. Friday 4/21 and Saturday 4/22 8AM-4PM. Indoor rain or shine

Lost & Found

Did you know? Thank you and Lost & found ads are always free! Call us today 603-279-4516

Found Ads

Are published Free of Charge. 30 words for 1 week.

Lost Ads

Are Charged at our regular classified rates.

Call Toll Free

Mon-Fri 8:00-4:00

1-877-766-6891

or go to

www.nhfrontpage.com
24/7

SAVE OUR LOST BEES

Where oh where have our honey bees gone? If you see a swarm of them, please call NORTH COUNTRY BEEKEEPERS ASSOC. 603-444-6661

Thank-You

Our line ad classifieds are on our website!

www.nhfrontpage.com

is the place to check our weekly classifieds online! More great coverage and information from the

Salmon Press
Town To Town
Classifieds!

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Classifieds in the

Great North
Berlin Reporter
Coos County Democrat
Littleton Courier

Publication Rates (30 words)

\$25 - 1 Week
\$46 - 2 Weeks
\$67 - 3 Weeks
\$84 - 4 Weeks

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1-877-766-6891
Mon-Fri 8:00-4:00

or place online 24/7 at
newhampshirelakesandmountains.com

Deadline:
Monday 10 am

Pets/Breeders

LOW COST SPAY/NEUTER
Dogs Conway clinic starting at \$100.
Cats Mobile clinic NH&ME \$70-\$85.
Rozzie May Animal Alliance
www.RozzieMay.org 603-447-1373

General Help
Wanted

Cannon Mountain Food Service

Now Hiring for Spring & Winter Wedding Coordinator, Cooks, Cashiers, Concession Workers & Dishwashers to work at the Flume, Tram 4080 and the Peabody Base Lodge. Call Steve at 603-728-9165 or 603-823-7722 x736. Centerplate is an equal opportunity employer/Veteran/Disabled

DOCK CREW INSTALLER.

We are looking for energetic team members who enjoys the outdoors. Position is for installing, removing and repairing seasonal docks around the lakes. Position requires heavy lifting, carrying sections to shoreline for set up. Mechanical and carpentry skills a plus for repairs and new construction. Training available. Must have tool box, basic tools for building and assembling docks. Call 603-253-4000

The Winnepesaukee Playhouse is hiring seasonal, part-time box office and concessions staff. For more details visit www.winnepesaukeeplayhouse.org.

General Services

Turnkey Opportunity

Northern New Hampshire
Coos County

Refuse, Garbage,
Recycling Collection

Family Operation Well Established
3 to 4 Trucks Running Daily

Town Contracts,
Private Commercial
Also debris, demo, roll-off hauling
Partial Seller Financing
Full Transition Assistance

CONTACT: Lawrence B. Felix
Waste Svc. Business Broker
LFB@FELIXBUSINESSSALES.COM
(518) 944-7082

Cleaning

Shirley's Cleaning. Weekly, bi-weekly. Fully equipped. Private homes, rentals. Call 444-0506.

Shirley's Cleaning. Weekly, bi-weekly. Fully equipped. Private homes, rentals. Call 444-0506.

Real Estate



Equal Housing Opportunity

All real estate advertising in this newspaper is subject to The Federal Fair Housing Law which makes it illegal

"to make, print, or published any notice, statement, or advertisement, with respect to the sale, or rental of a dwelling that indicates any preference, limitation, or discrimination based on race, color, religion, sex, handicap, familial status or national origin, or an intention to make any such preference, limitation or discrimination." (The Fair Housing Act of 1968 at 42 U.S.C. 3604(c))

This paper will not knowingly accept any advertising which is in violation of the law. Our readers are hereby informed, that all dwellings advertised in this newspaper are available on an equal opportunity basis. To complain of discrimination call HUD toll free at 1-800-669-9777

For The Washington DC area, please call HUD at 275-9200.

The toll free telephone number for the hearing impaired is 1-800-927-9275. You may also call

The New Hampshire
Commission for Human Rights
at 603-271-2767 or write

The Commission at
163 Loudon Road,
Concord, NH 03301

Neither the Publisher nor the advertiser will be liable for misinformation, typographically errors, etc. herein contained. The Publisher reserves the right to refuse any advertising.

Real Estate



Equal Housing Opportunity

All real estate advertising in this newspaper is subject to

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HUD toll free at
1-800-669-9777

For The Washington DC area, please call HUD at 275-9200.

The toll free telephone number for the hearing impaired is 1-800-927-9275. You may also call

The New Hampshire
Commission for Human Rights
at 603-271-2767 or write

The Commission at
163 Loudon Road,
Concord, NH 03301

Neither the Publisher nor the advertiser will be liable for misinformation, typographically errors, etc. herein contained. The Publisher reserves the right to refuse any advertising.

Apartments For
Rent

Bethlehem, NH - 1 bdrm apartment with vaulted ceilings, natural wood finish. Hot water, snow and trash removal. Lawn care. Avl. 5/1. Private deck, driveway and entrance. Quiet farm setting. 1 year lease \$750/mo

Call norman 616-1747 or
Nancy at 444-6999.

BETHLEHEM: EFFICIENCY UNITS. No Smoking, No Pets, Security deposit required. Utilities and cable included. 603-444-2075

FOR RENT - Lisbon, large 1 Bedroom, first floor apartment with washer/dryer hookups and large, dry basement storage. In nice neighborhood with large yard, short walk to school and downtown, \$700/mo includes heat, off street parking, snow plowing, and trash removal. No Pets, No Smoking. References and security deposit required. Call 603-616-7477

Jefferson for Rent- One newly renovated 2 bedroom apt. on 1st Floor \$850; Nice 1 bedroom apt. on 2nd Floor \$725. Both include Heat and Satellite. No smoking/pets. References & Security Deposit req. (603) 991-0990

LITTLETON—STUDIO APT. AVAILABLE. Located 2.5 miles from I-93 on N. Littleton Road. \$675/mth. Includes CableTV, heat, electric, No pets or children.

Please contact Bill
Maltais after 2 p.m. at 603-444-6133.

XLG 1 BEDROOM (LITTLETON NH) Newly remodeled. Very spacious living room and bedroom. 2 closets in bedroom. Lots of natural light. \$750.00 per month includes heat, hot water, rubbish removal, parking. Washer and dryer hookup. Excellent central location. Perfect for a single occupant or a couple. No pets please. Security deposit required Call or text to 603 991-3631

Mobile/Modular
Homes

Lancaster- 2 Bedroom Mobile Home, 1998 Skyline, 14' x 66', large eat in kitchen, updated flooring, stove & fridge. Located in Page Hill Mobile Home Park 82 Third Street. \$25,000. Call 586-6019.



Automobiles

GIGUERE AUTO 2
315 Laconia Road,
Tilton, NH
603-286-4800

2012 Jeep Patriot
Latitude, Alloy Wheels, Loaded
\$7,995

2011 Nissan Juke S
Loaded, Leather, Moonroof
\$9,995

2013 Jeep Wrangler
Sport, 4x4, 6-Speed, A/C
\$22,995

2008 Ford Edge
Limited, AWD, Chrome Wheels
\$9,995

2009 Toyota Tacoma
Access Cab, 4-Door, 4x4, 5-Speed
\$15,995

2009 Ford Ranger
Super Cab, 4x4, Automatic
\$12,995

2010 Ford Escape
V-6, Automatic, Loaded
\$7,995

2005 Nissan Frontier LT
Crew Cab, 4-Door, 4x4,
6 Cylinder
\$11,995

2006 Ford Ranger
Ex-Cab, 4x4, Automatic, V-6
\$9,995

2010 Chevy Colorado
Reg. Cab, 4x4, Automatic, A/C
\$12,995

2008 Ford F-150
Reg. Cab, 4.2L, V-6, Automatic,
A/C
\$8,995

2013 GMC 1500 SLT
Cab, 4x4, 4-Door, Leather, Z-71
\$28,995

2012 Nissan Titan SV
4-Door, 5.6L, Loaded, Low Miles
\$20,995

2014 Chevy 1500
Double Cab, 4-Door, 4x4, Loaded
\$25,995

2013 Chevy 1500
4x4, Automatic
\$13,995

2012 Ford F-150
Super Crew, 4-Door, 4x4, Loaded
\$19,995

2005 Toyota Tundra
SR5, Access Cab, 4.7L, Loaded
\$13,995

2007 GMC 1500
4-Door, 4x4, Loaded
\$13,995

2014 Dodge Ram
Heavy Duty, Reg. Cab, Loaded,
8-Ft Bed
\$17,995

2010 Toyota Tundra
Double Cab, 4-Door, 4x4
\$19,995



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COMMERCIAL SPACE FOR RENT:

In the historic Lane House at 41 Cottage Street in Littleton, NH. Handicap accessible first floor with private bathroom and waiting room. All utilities are included for \$475.00 per month. Ample parking on site. Interested in this great space: Contact Alice Douse at Stewart Property Management. 603-444-5244 (TTY Dial 711) www.stewartproperty.net

One Too Many,
once again?



Don't Let
Alcohol Put
Your Life on
the Rocks.

Drinking too much can negatively impact every aspect of your life, from your health to your job to your personal relationships with family members, partners and friends. April is Alcohol Awareness Month, an observance dedicated to raising awareness of the dangers of alcohol abuse. If you or someone you know has a problem with alcohol, help is available. Seek advice from a doctor or contact an alcohol treatment facility, and take the first step toward control and recovery.

Warning Signs of Alcohol Abuse

- Drinking alone when you feel angry or sad
- Waking up with headaches or hangovers after drinking
- Inability to remember what you did while drinking
- Trouble getting to work on time due to drinking
- Inability to control your impulse to drink

If you or someone you know needs professional help for alcohol abuse or addiction, please call 1-800-NCA-CALL (622-2255) or visit ncadd.org for more information.

TEACHING STUDENTS,
TOUCHING THE FUTURE



SOMEONE YOU LOVE

THE HPV EPIDEMIC

FILM SCREENING & PANEL DISCUSSION

Join us for a free screening and discussion of *Someone You Love: The HPV Epidemic*. This film looks at the lives of five women affected by HPV, the widely misunderstood virus that causes several types of cancer, including cervical cancer. Come learn about ways you can protect yourself, your family, and your kids (both boys and girls) from HPV and cancer.



REGISTER TODAY AT:
<http://bit.ly/NorthCountryHPVEvent>

Tuesday, May 2nd
5:30PM Doors Open, 6:00-8:00PM Film & Discussion

Rialto Theatre, 80 Main Street, Lancaster, NH

Light refreshments provided



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The Perfect Pick Me Up

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Concord, NH 03301
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SAVE the DATE!



Littleton Regional Healthcare's
26th Annual North Country Women's Health Conference
MONDAY, MAY 15, 2017 • 7:30 AM–4:00 PM

OMNI Mount Washington Resort Presidential Conference Center & Spa
ROUTE 302, BRETTON WOODS, NEW HAMPSHIRE

We have many exciting things in store for the 2017 Conference!

Same great location—
The OMNI Mount Washington Resort Presidential Conference Center & Spa!

Spend the night and enjoy a fun-filled evening!
We have some terrific activities and events planned.

A sampling of speakers and topics includes:

- Migraines & Botox Therapy—*hear the results from a patient!*
- Bone Builders for Balance and Strength
- Nutritional Tips for Patients with Cancer
- ADHD Coaching for Executive Functioning Disorder
- A Prescription to Long Term Health through Routine Screenings and a Healthy Lifestyle

And much, much more!

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Taking the Road Less Stressed!

Learn how to:

- Embrace change
- Be more resilient in the face of adversity
- Simply "let it go!"
- Laugh!

WITH KEYNOTE SPEAKER KAY FRANCES

CONFERENCE PARTNER!

The North Country Health Consortium/ Northern New Hampshire Area Health Education Center is collaborating with Littleton Regional Healthcare to offer continuing education credit for nurses. Look for Continuing Nursing Education (CNE) information in the conference brochure!





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INDIAN HEAD RESORT

CELEBRATING

Mothers

MOTHER'S DAY BRUNCH

SUNDAY, MAY 14, 2017 10AM-2PM

BRUNCH HIGHLIGHTS INCLUDE

CARVING STATION WITH
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EGGS BENEDICT FLORENTINE
STRAWBERRY & CREAM STUFFED FRENCH TOAST
SESAME SEARED MAINE TOFU STIR FRY
ROAST MARINATED LEG OF LAMB W/ MINT JELLY
CHAR-GRILLED SALMON & ASPARAGUS W/ HOLLANDAISE

OMELET BAR & CHEF ATTENDED CREPE STATION
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EXIT 33 OFF I-93, LINCOLN, NH
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- Meredith News
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- Granite State News
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- Newfound Landing
- Coös County Democrat
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