

Selectmen push P.J. Noyes building project forward

BY TARA GILES
tara@salmonpress.news

LANCASTER — On May 20, the Lancaster Board of Selectman voted to approve a project that would help revital-

ize downtown Lancaster. Julie Renaud Evans, program Director of Northern Forest Center presented the Board with a slide show, highlighting the work being done on the Parker J.

Noyes building on Main Street.

Evans explained that this is a non-profit organization that works in collaboration with other groups to help aid in rebuilding towns. There

is an advisory group of individuals in Lancaster who are working with the Northern Forest Center on in town projects. Because her association is non-profit, they are able to receive

grants that others may not be able to obtain.

The application for the Parker J. Noyes building is due this month, and needed the signature of the Town Manager and the Board

before they can proceed. A motion was made by Leon Rideout and seconded by Leo Enos to approve the project and to give authority to Town

Project, PAGE A11



COURTESY

On May 24, the Cadets from the White Mountains Regional High School Army JROTC program participated in their annual Adopt A Highway clean-up project. The group removed 91 bags of litter along a three mile stretch on Route 3 between Whitefield and Lancaster.

SRO’s meet with school board

BY TARA GILES
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WHITEFIELD — On Monday, May 28, local Student Resource Officers addressed the WMRSD school board. Patrick Carr, the SRO for White Mountains Regional High School, along with Whitefield Elementary School’s SRO, Jen Lemoine, brought the board and those in attendance up to date as the school year comes to a close.

The two officers described what their individual day to day duties are, and explained how the two positions are vastly different given the age of the students.

Carr said, “One benefit in developing a good rapport with the kids, is that they’ll confide in me, so it’s worked out really well. We haven’t had one physical altercation all year, and it wasn’t because it wasn’t going to happen, it was because we were able to quell it quickly, and the kids worked it out.”

Trying to keep students safe and imploring them to make good choices is a top priority.

“Kids are letting me know when their friends are in trouble. They’re looking out for each other and really taking care of one another,” said Carr.

The two also discussed the safety and security of the school buildings and where they are advancing in that aspect.

Carr said, “We’re ahead of a lot of schools in that regard, who actually have more money than us. We are very involved and passionate about the safety of our school.”

Staff members are being trained in critical incident drills and according to Carr, are feeling safer and more empowered.

Lemoine and Carr each identified the fact that they have a role in being the connection between the school, the kids and the outside world.

At WES, Lemoine is finishing up her first year as the school’s SRO.

Carr said, “At first, we wondered how busy she would be, but in fact, she’s been super busy.”

Lemoine teaches the D.A.R.E program and just graduated students last Thursday.

Given the age difference between high school and elementary school aged students, Lemoine said she

SRO’s, PAGE A11

Groveton High School announces top Honors recipients

GROVETON — Lisa Perras, Principal of Groveton High School, along with administration and faculty, are proud and pleased to announce the Valedictorian, Salutatorian, and Third Honors recipient for the graduating class of 2019.

This year’s Valedictorian is Brooke Routhier. Brooke is the daughter of Dino and Bobbie Routhier of Bloomfield, Vt. She has resided there her whole life, and has been a contributing member



Brooke Routhier

of their family’s successful business, Routhier and Sons Farm. Brooke is the Green and Gold recipient at the University of Vermont where



Khaley Styles

she will study Pre-Med in the intended field of Anesthesiology. Brooke is awarded the Academic Excellence award in 2019 from Groveton High



Lauryn St. Cyr

School for the highest overall GPA along with the honor of Granite State Conference 1st

Honors PAGE A11

Whitefield included in NH’s Adventure Trail

BY ANGEL LARCOM
angel@salmonpress.news

WHITEFIELD — Marianne Borowski has spent nearly the last two years developing

a cross-state system of bike trails that extend from Woodsville to Bethel, Maine. The 83-mile route, called the Cross New Hampshire Adventure

Trail, touches nine different towns, including Whitefield.

An avid cyclist, Borowski is well-versed in the concept of cyc-



COURTESY

The Cross New Hampshire Adventure Trail utilizes the scenic Presidential Rail Trail as a part of the route across the North Country of New Hampshire. The Presidential Rail Trail starts at the Pondicherry Wildlife Refuge in Whitefield and travels east for 19 miles to Gorham.

lo-tourism. In 2002, she retired from a career in biotechnology and rode her bicycle across the country, starting in Everett, Washington and ending in Gloucester, Massachusetts nine

Trail, PAGE A11

INDEX

Business Directory	B6
Calendar	B7
Classified	B7-9
Editorials & Letters	A4-5
Obituaries	A2
Real Estate	A15
Sports	B1-4



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Services planned for Harry and Bruce Biron

WEST STEWARTSTOWN — A graveside committal service with military honors for Harry E. Biron, 78, who died on Jan. 5; and for his son, Bruce A. Biron, who died on Dec. 13, 2017, will be held on Fri., June 7, at 3 p.m. in St. Albert’s Catholic Cemetery.

Expressions of sympathy in memory of Bruce may be sent to the Colebrook Booster Club, P.O. Box 352, Colebrook, NH 03576; and for Harry to the North American Martyrs’ Parish for the benefit of St. Albert Church, c/o 55 Pleasant St., Colebrook, NH 03576.

Arrangements are under the direction of Jenkins & Newman Funeral Home in Colebrook.

Services planned for Annette Blais

LEMINGTON – A memorial Mass for Annette E. Blais, 88, who died on Jan. 18, will be held on Saturday, June 8, at 11 a.m. at St. Brendan’s Catholic Church in Colebrook. A committal service will immediately follow in St. Brendan’s Cemetery.

Expressions of sympathy in memory of Mrs. Blais may be made to the Catholic Women’s Club of St. Brendan’s, c/o 55 Pleasant Street, Colebrook, NH 03576.

Arrangements are under the direction of Jenkins & Newman Funeral Home in Colebrook.

Services planned for John Doherty



John Doherty

TWIN MOUNTAIN — John J. “Oscar” Doherty, formerly of Dorchester, died suddenly Feb. 17, 2019.

Beloved husband of Susan A. (Spencer) Doherty, loving father of John J. Doherty, Jr. and Stephen M. Doherty, both of Dorchester, devoted “Papa” of Alannah, Areanna, Alyssa, and Aleah, son of Mary (Beck) Doherty of Dorchester and the late William J. Doherty, he is survived by many other relatives and friends.

A graveside committal service, with military honors by the U.S. Marine Corps Honor Guard, will be held at St. Margaret Cemetery, St. Margaret’s Street, Twin Mountain, on Saturday, June 8, at noon. Relatives and friends invited to attend.

Arrangements by the Murphy Funeral

Home, Dorchester.

Services planned for Betty Paradis

GROVETON — Elizabeth “Betty” Jean (Hartford) Paradis, 89, of First Street, Groveton, and formerly of Mollybrook Drive, Stark, died peacefully on Friday, April 5, 2019, at her daughter’s home after a lengthy illness surrounded by her loving family.

Inurnment will be on June 7, 2019, at 11 a.m. in the Summer St. Cemetery in Lancaster. In lieu of flowers, the family has requested memorial donations to be made in Betty’s name to either the North Country Hospice and Home Health; 566 Cottage St.; Littleton, NH 03561 or the Groveton Ambulance Corp.; C/O Sandra Mason; 7 Arlington Ave.; Groveton, NH 03582. To send the family your condolences, please visit, www.armstrongcharronfuneralhome.com.

Services held for Evelyn Goudreau

COLEBROOK – A memorial Mass for Evelyn B. Goudreau, 79, who died on Aug. 23, 2018, will be held on Friday, June 7, at 11 a.m. at St. Brendan’s Catholic Church in Colebrook. A committal service will immediately follow in St. Brendan’s Cemetery.

Expressions of sympathy in memory of Mrs. Goudreau may be made to the Kiwanis Foundation, for the benefit of the Peter Goudreau, Sr. Memorial Fund, P.O. Box 241, Colebrook, NH 03576.

Arrangements are under the direction of Jenkins & Newman Funeral Home in Colebrook.

Services planned for Joan Kenney

GROVETON – A graveside committal service for Joan V. Kenney, 71, who died Feb. 15, 2019, will be held Saturday, June 8 at 11 a.m. in Northumberland Cemetery. Rev. Richard Boyden, pastor of the Christ United Methodist Church, Lancaster, will officiate.

Arrangements are under the direction of Bailey Funeral Home in Lancaster. Please go to www.baileyfh.net for more information or to send an online condolence.

Services held for Rick Serven

STRATFORD — Fredrick “Rick” Charles Serven, 71, of North Stratford died peacefully on Wednesday, April 24, 2019, at Weeks Medical Center in Lancaster due to complications of Leukemia, with his lifelong love, Sally by his side. A Celebration of Rick’s Life was held on Saturday, June 1, 2019, starting at noon at the Stratford Hollow Pavillion, family and friends are invited to come and enjoy some, good food and good memories.

Shirley Ann Beliveau, 72



Shirley Beliveau

GROVETON — Shirley Ann (Robinson) Beliveau, 72, of State Street, died peacefully on May 28, 2019, at her residence after a sudden illness.

Shirley was born on Feb. 1, 1947, in Lancaster, a daughter of the late Frederick and Alice (Gardner) Robinson.

She was employed as a sales clerk for thirteen years at Perras Ace and Party Store. Shirley was a hard worker and loved traveling.

She is survived by her husband of 51 years, Dennis Beliveau of Groveton; her three daughters, Sandy Potter and husband David of North Stratford, Tammy Beliveau of Northfield, and Khristina Beliveau of Northfolk, Va.;

her three grandsons, Jonathan Beliveau of Mooresville, N.C., Blake Beliveau of Dunn, N.C., and Isaac Beliveau of Northfield; her “Moose baby,” Louie; three sisters, Fredrica Jewett, Brenda Stinson, and Tina Collier; six brothers (Edward, Edmund, Dana, Mike, Mark and

Paul); numerous nieces, nephews and cousins.

Calling hours were held on Saturday, June 1, 2019, from 4-6 p.m. at the Armstrong-Charron Funeral Home in Groveton. A funeral service followed at 6 p.m. at the funeral home with Fr. Daniel Deveau of the St. Francis Xavier Church, officiating.

In lieu of flowers, memorial donations may be made in Shirley’s name to the Riverside Animal Rescue; 236 Riverside Ave.; Lunenburg, VT 05906.

To send the family your condolences via the online register book, please visit, www.armstrongcharronfuneralhome.com.

Shirley Ann Bunnell, 75



Shirley Bunnell

COLEBROOK — Shirley Ann Bunnell, 75, of Colebrook, passed away at the Coös County Nursing Home in Berlin on Friday evening, May 24, 2019, from long-term complications and years of struggling with diabetes.

She was born on May 19, 1944, in West Stewartstown, the younger daughter of the late Julius J. and Dorothy E. (Lunderville) Sweeney.

Shirley worked in Manchester for a period of time, and also at the Ethan Allen factory in Beecher Falls. She was a very talented floral arranger and enjoyed working locally at the Flower Basket and the Blossom Shop. She also enjoyed working at the Coös County Nursing Hospital as a CNA until her health prohibited her from doing it.

She loved working in her flower gardens and greenhouse, planting flower boxes and window boxes for many of the camp owners in Pittsburg, playing golf and cards, dancing, and she loved to bake cookies, cakes and pies. Shirley loved traveling and enjoyed a Caribbean cruise and vacations to Prince Edward Island with her husband, and she cherished a month-long southern trip taken with

her mother and sister.

She leaves behind her husband of 40 years, Clifford Bunnell of Colebrook; step-children Peter L. Bunnell of Beecher Falls, Vt., Donna Estes and husband Ted of Bloomfield, Vt., and David Bunnell and partner Julie St. Onge of West Stewartstown; three grandchildren, Felecia Dobson and husband Craig of Louisville, N.Y., Laura Thibodeau and husband Marcel of Canaan, Vt., and Peter N. Bunnell of Canaan; nine

great-grandchildren; her brother-in-law, Bill Brooks of Colebrook; as well as several nieces and nephews.

She was predeceased by her first husband, Lewis “Bucky” Roy; a sister, Francese Brooks; and brother-in-law, David Goulette.

There were no public calling hours. A graveside service was held on Friday morning, May 31, at 10 a.m. in the Colebrook Village Cemetery.

Expressions of sympathy in memory of Shirley may be made to one’s choice of the Two Rivers Ride for Cancer, c/o R. Ferns, 53 Spring St., Colebrook, NH; or to the Coos Animal Sanctuary, P.O. Box 345, Colebrook, NH 03576.

Condolences may be offered to the family online by going to www.jenkinsnewman.com.

Funeral arrangements are entrusted to the care of Jenkins & Newman Funeral Home, Colebrook.

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THURS, JUNE 6, 7:30

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NOTICE OF MEETINGS

JUNE 2019

SAU#58 BOARD

Groveton High School Library

Tuesday, June 11, 2019

5:00PM

Nonpublic Board Meeting

NORTHUMBERLAND SCHOOL BOARD

Groveton High School Library

Tuesday, June 11, 2019

6:00PM – Board Meeting

STRATFORD SCHOOL BOARD

Stratford Public School

Wednesday, June 12, 2019

6:00PM – Board Meeting

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A notice came in wanting to let the general public know that the July 4th fireworks will be shown on the eve of July 3 at the Waumbek Golf Course at dusk with activities for the very young to enjoy. Parade on the fourth.

On Thursday evening, May 23, the Jefferson Town Hall was at least three quarters full of viewers to enjoy Kids Connection's Memorial Day Program of "Coming Home-The Forgotten War." (the war going on in Korea). There were 14 students performing the story. Before the program a Mr. Going was called to the stage to make a special announcement to Peyton Qualter, a student he has been teaching beginner's Latin for a few years.

She took an exam on what she has learned so far and passed it with an above average score of 38 out of 40 correct answers (average is 30 correct out of 40). She was given a certificate of merit and a purple ribbon for achievement. Congratulations Peyton for studying so hard on a subject that most young students probably wouldn't attempt.

The program began with the song "I Love America" sung by all students, with Rowen Qualter, Evy Nadeau and Adi Ledger doing sign language to it. Ethan Downing then began talking about the Korean War Memorial in Washington, D.C. located near the Lincoln Memorial including the inscription on its side.

Then Korean Veteran Robert Herman offered a special prayer, followed by students reciting the poem "My Treasure" thanking the U.S. Servicemen for fighting for freedom in Korea. Next the song "All American Me and You" sung by the students followed by Honor Guards, Ethan Downing, Ben Hicks, Preston Downing, Alexis Hicks and Joshua Ford. A re-enactment of the caskets 'coming home' last summer with remains of 55 soldiers who died in Korea over 60 years ago was also performed. The Honor Guards carried flag-draped boxes representing caskets from the back of the hall to a special table in front of the stage as though coming off the plane in Washington, D.C. Here the student playing Vice President Pence welcomed these honored dead veterans back home. Each casket was for a particular soldier who was killed in Korea, and each the family gave history on them. Army Master Sgt. Charles McDaniel, P.F.C. William H. Jones and Sgt. Frank J. Suliman. Everyone was asked to stand and follow Preston Downing giving the Pledge of Allegiance and singing the "Star Spangled Banner."

A veteran tribute was given by Isabelle Ford, Lily Sentz, Aly Nadeau and Isabelle Nadeau. At the front of the stage 'Shining Lights' were placed above the caskets on the table by Preston Downing and Rowan Qualter by battery operated candles, lit

as the light of duty to our country, the light of love and a star and sparkle type candles were used for memory, the light of Liberty, a light for the servicemen from Jefferson and as a thank you to all who have served in the armed forces. Here all the students sang 'America the Beautiful' while Isabelle Nadeau played a Uke and sister Ivy drew a poster of the American flag. A small puppy was brought on stage in a cage while the students sang Patti Page's 'Doggie in the Window' with the help of Aly Nadeau, Adi ledger and Lily Sentz, and pictures of the three soldiers were placed on the table beside the three so called caskets, and a Bible.

Followed were the 'interviews' with three servicemen from our area who served in the Korean War. One student was the serviceman while the other was the interviewer. Information from Veterans Roy Birard, Robert Herman and Seth Presby was given. This ended with the song of 'The Brave' that thanked all service people for their valor, heart, bravery, courage and accomplishments. A little fun was had when the students then sang 'Rag Mop' a 1950's hit song and three students had small mops with pails, props to imitate cleaning floors while the students on the stage demonstrated different dances of the era. Some of the students told of the three soldiers that came home, their lives at home, what branch of service they served for our country in the Korean War and then all students sang, "America My Home." More details were given about the Korean War Memorial in Washington D.C. Sculpture of memorial was Frank Gaylord. There are 19 stainless steel statues that consists of four separate parts. There were 36,000 U.S. Servicemen that died in this war. The students dressed in silver colored ponchos and helmets, then posed to show how the statues look to give the effect of the Memorial. They did an excellent job in all parts of their program. The program was closed with the students singing "One Nation Under God." Then Kaden Bailey played "Taps" that officially needed this great tribute. Thank you very much all involved.

Humor

You must believe to conquer! God is everywhere. One evening, Mom asked her young daughter to go to the basement and get a broom. As the shadowy catch-all space was not her favorite place even in the daytime, the girl hesitated. "Don't Worry," her mother said, "Jesus is there, even in the darkness." So, the girl reluctantly took three more steps downstairs and then stopped. "Jesus" she called, "if you're there, would you hand me the broom?"

Fresh young band from Canada coming to Rialto June 12



COURTESY

One of the top young Canadian bands making waves on indie and roots-pop radio stations in North America will be coming to the region at 7 p.m., Wednesday, June 12 when Port Cities appears in concert at the Rialto Theatre in downtown Lancaster.

LANCASTER — One of the top young Canadian bands making waves on indie and roots-pop radio stations in North America will be coming to the region at 7 p.m., Wednesday, June 12 when Port Cities appears in concert at the Rialto Theatre in downtown Lancaster. "This is something new for the Great North Woods Committee for the Arts," said GNWCA President Charlie Jordan. "With Port Cities we're tapping into a band that's bringing a contemporary pop sound that is making waves on contemporary music markets. We're delighted to be able to catch them for this one night on their current tour." The group is made up of Carleton Stone, Breagh MacKinnon, and Dylan Guthro, who combine their voices and their guitar and piano work to perform what they describe as "roots pop" music. The group is currently in the midst of a tour across Canada in support of

Steven Page, formerly of Barenaked Ladies fame. Page and Port Cities share an agent, as well as a connection within Page's group that worked with Port Cities early on. Following the Steven Page tour wrap-up at the end of the month, Port Cities will begin to make a pass through New England, including a performance in Lancaster. This will be the band's first substantial tour in the U.S., having performed only once before at the tree lighting in Boston Common in November two years ago. The trio of Carleton, Breagh, and Dylan met at the Gordie Sampson songwriting camp in Cape Breton several years ago, each pursuing solo careers of their own work at the time. "We were playing in each other's bands," said Breagh, "and with the East Coast music scene being pretty small, we would often share the same bills at concerts. So,

once we met and started writing together through this songwriting camp, we just slowly started to create this bond of cowriting, and making music together, and singing together. After three or four years of that, we just said, why don't we just combine forces and start one band, and that's how Port Cities got started." The band grew up in Cape Breton, Nova Scotia, and today is based out of Halifax. Since its debut, the band has swept up a number of nominations and awards, including several Music Nova Scotia wins for their self-titled debut album in 2017. The album covers an impressive variety of music that seems to cross from soul to blues to danceable rock, defying genre, which Breagh says is always a tricky thing. "For the first record, especially, I think we were all kind of coming together, and figuring out what each of us brought to the table and how to best combine that. I think when you see us live, you get a really good sense of what world we're in. I think what we always try to get across is that the singing and the songs are the most important part, so like, there's something so special about harmonies, combining voices, people singing together, and that puts in a roots-pop kind of world," band member Breagh MacKinnon said, adding "That being said, we come from that sort of folk singer-songwriter kind of tradition, but we all are big fans of the craft of pop songwriting, so there's

elements of more modern pop music as well." Tickets for Port Cities' Rialto Theatre show on Wednesday, June 12 are \$15 and now on sale at Fiddleheads, 110 Main St. in Colebrook, at the Rialto Theatre, 80 Main St. in Lancaster and at the door on the night of the show. Information on the band can be found on all of the major music services online, as well as on Facebook, Twitter and on their website, www.portcities.ca. For more information on this and other GNWCA shows, visit www.gnwca.org, find the GNWCA on Facebook or call 246-8998.



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Sleep on it

That email that just irked you....

The text that made you see red and hit “reply” almost before you realized you’d done it...

The stupid, hurtful or thoughtless remark someone tossed your way in a conversation that made you instantly upset...

These things require an immediate response, don’t they? Are we supposed to let someone email/text/say things like that and not react to them??

Maybe not. Maybe there is value in not replying right away. It goes against what our “instant” 21st century lifestyle professes, which is that fastest is best: fastest Internet speed; fastest-moving line at the grocery store; fastest roller coaster; quickest and best come-back remark. It’s all about being instantaneous.

But perhaps we need to learn to practice the pause...the deliberate rest before reacting. An angry emailed reply can’t be un-sent, and the contents can’t be un-viewed. Same for a hastily-sent text, or an equally bitter comment tossed back to the person who insulted you first. It’s not about not defending ourselves, or about letting things roll off our backs. It’s about waiting to react.

There’s a very convincing school of thought that counsels sleeping on any big decision before making it. That can apply to small things too. The email from a coworker or client that rubbed you the wrong way might look a little different by the next morning. Maybe there was no harm meant, and you interpreted it wrong. Maybe it was an unfair complaint or personal remark against you, but in waiting to reply, you strengthen your position as the more even-tempered and reasonable person. Perhaps the sender of the nasty text also had time to reconsider, and now has the chance to apologize. In pausing before reacting, you allow those possibilities to happen.

While reacting hastily and immediately can feel great at the time, it can’t be undone. Waiting a while – sleeping on it – can never hurt.

Never react because you think you must. Other than breathing, just about anything can wait one day.



Stark Elementary School pupils took a day to help put American Flags on the graves of all the Veterans on the Emerson road and across from their school. Pictured here are some of the helpers with Danforth Peel of the Groveton American Legion Post 17 and teachers.

READERS’ FORUM

Cryans’ failure to lead has deprived us of a voice

To the Editor:

The North Country has no voice on the Executive Council! During a recent Council meeting, councilors were asked to vote on a commutation hearing for Pamela Smart.

The Pam Smart murder case of 28 years ago is one of the most notorious criminal cases in New Hampshire’s history, so when the case was coming before the New Hampshire Executive Council for a commu-

tation hearing request earlier this month, District 1 Executive Councilor Michael Cryans of Hanover was expected to vote “Yea” or “Nay.” Instead, our Executive Councilor did neither — he, according to Associated Press, abstained from the vote and said “I did not feel comfortable going either way.” Do we not expect those elected to lead? To be an effective elected leader you have to take votes that make you feel uncomfortable! Councilor

Cryans’ vote showed a complete lack of courage and left Executive Council District 1 without a voice.

Abstention is only a choice when there is a financial or personal conflict with a vote. Michael Cryans took the easy way out and not only did a poor job, but failed to represent his constituency in District 1, regardless of what political aisle one is on.

When someone is elected to a high office in New Hampshire, the

public expects them to stand tall and make a tough decision and not hide. The New Hampshire Executive Council, on a bipartisan vote, passed 4 to 0 not to move forward with a public hearing on the Smart Case. The fifth vote went hiding, and his name was Executive Councilor Michael Cryans. Executive Council District 1 deserves better representation!

Sincerely
LEON H. RIDEOUT
LANCASTER

Time for the North Country to dump Casella

To the Editor:

This letter goes out to all of our North Country neighbors. The residents of Dalton have submitted a petition calling for a vote to empower the Town of Dalton with emergency temporary zoning, in hopes to thwart an attempt by Casella Waste Systems to create their second garbage landfill in the North Country.

This not-yet proposed landfill would be only seven miles away from Casella’s current one in Bethlehem and it abutts Forest Lake and the State Park off of Route 116. The location is the

worst imaginable, with high ground that drains into both Forest Lake and Alderbrook, both of which eventually drain into the Connecticut and Ammonoosuc Rivers. With options to purchase nearly 1,900 acres over a 25 year period, that’s a lot of future expansions by Casella Waste Systems! What could possibly go wrong with that scenario? The regional impact on the North Country will be devastating, with increased traffic congestion, risks to pedestrian safety, and air and noise pollution as garbage haulers roar thru the Towns of Carroll, Whitefield, Little-

ton, Franconia, Sugar Hill, and Bethlehem en route to Douglas Drive on Route 116. We ask that you lend your voice to ours and join us in opposition to this terrible idea.

However, we must also stand united with our neighbors in Bethlehem who voted against any further expansion of the Casella-run landfill in their town. The residents of that town do not want Casella as a neighbor anymore. Why is that? How much has been spent battling them in court? We know Bethlehem has some of the highest property taxes in the North Country

as a result of their relationship with Casella. So much for the tax benefit of having Casella as a neighbor, as some pro-Casella sorts like to tout. Do we want that? No! Dalton doesn’t need a bully as a business partner, who will sue the town every time we try to exert our influence in a way they disagree with. We also know Casella is trying to pack the Town of Bethlehem Planning Board in an attempt to try, yet again, and against the will of the voters, to seek further expansion in that town. They have proven to be a bad business partner, a bad neighbor, and

a bully with deep pockets. It’s time to “Dump Casella” in the North Country, period.

We must defend the natural resources and beauty of the North Country for the generations to come. This is what makes our mountains, woods, lakes, and rivers a vacation destination for so many. Do we want to see all of that compromised and polluted? Our fresh air gone? The residents of Bethlehem have voted, and soon the voters of Dalton will have the same opportunity, to tell Casella “No More!”. Look elsewhere for your future dumping grounds! It

is imperative and our duty to protect the North Country for the generations that will follow. Please, contact your local, state, and federal representatives and tell them you oppose a second Casella-run garbage landfill next to Forest Lake. We stand with the citizens of Bethlehem and their decision to close their landfill. We are all in this together. We defeated the Northern Pass together, we can defeat Casella together. It’s time for the North Country to Dump Casella!

JON SWAN
ORGANIZER
SAVE FOREST LAKE



By SHANNON LYNCH
EXECUTIVE DIRECTOR

Did you know that, according to an AARP survey, two out of five people over the age of 45 do not have a will?

None of us like to think about death, but a will is an act of kindness for your loved ones, sparing them time, money and potential legal conflict. All seniors

should have one, even those on Medicaid and/or with limited assets and income. A will clearly directs how and where your assets will be distributed. Without a will, those decisions will be made by the state and by people who have no understanding of what your desires are or what is best for your family.

Here are some things to consider when preparing your will:

List your assets. Include life insurance, retirement accounts and

all the valuable and sentimental items you’ve accumulated throughout your lifetime, such as jewelry, china, handmade blankets and other memorabilia. List all items, regardless of their monetary value; after all, these sentimental pieces may be most valuable to one or more of your heirs.

Determine your beneficiaries. Name the people to whom you want each asset to be given and be sure to include full legal names,

addresses and social security numbers to make sure the right people inherit the right things.

Select an executor to handle your affairs and make certain that your wishes are upheld. This should be a trusted person since they will also be responsible for paying any bills and dealing with any debt collectors.

Decide where to store your will. Many people use a safety deposit box, but you could also store your will with your attorney or the county

clerk. A family member might also take possession, but this is considered the least ideal option. Whatever option you choose, inform the executor of its location.

Finally, update your will when necessary. Perhaps your assets have increased or, maybe, you’ve had a new grandchild whom you’d like to include in the will. What if your executor is no longer able to carry out your wishes? Your will should reflect all such changes.

You can write a will yourself without assistance; an attorney’s help is not essential. The issue is more about how

complex your estate is, which will determine how much assistance you will need. An attorney will typically charge between \$250 and \$1,000. The New Hampshire Bar Association and the American Bar Association have collaborated on a site, nh.freelegalanswers.org, which may help answer some basic questions.

Last, but not least, the best of wills won’t be any good if nobody knows how to find it. Make sure your family members and your executor know where your will and other important documents are kept.

It’s easy to use the Democrat – here are some helpful tips how:

PRESS RELEASES Send press releases with date, time, location and phone number to Editor at e-mail: tara@salmonpress.news. We can receive them by mail at PO Box 29, Lancaster NH 03584 or by fax at 603-788-3022. PRESS RELEASE DEADLINES: B Section: Friday 9 a.m. <i>(Sports, Business)</i> A Section: Monday 9 a.m. <i>(News, Letters to the Editor, Obituaries)</i> <small>(PLEASE NOTE THAT ADVERTISING DEADLINES ARE DIFFERENT THAN NEWS DEADLINES.)</small>	LETTERS TO THE EDITOR E-mail, mail or fax the letter containing 600 words or less. Include your name and phone number for verification by Monday 9:00 a.m. to tara@salmonpress.news. <i>(Unsigned letters will not be published except in rare cases.)</i>	GUEST COLUMNS The Democrat invites guest columns. E-mail/mail or fax the letter containing 500 words or less. Deadline: Monday 9:00 a.m. Contact Editor Tara Giles at 603-788-4939 x22 or e-mail tara@salmonpress.news.	DISPLAY ADVERTISEMENTS Contact Cathy Grondin for a Media Kit. Contact directly at cathy@salmonpress.news Display advertising deadline is Friday between noon-2:30.
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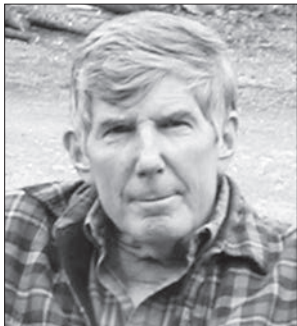
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North Country Notebook

Muzzle-loaders and tomahawks: Some silence in the library, please



By JOHN HARRIGAN
COLUMNIST

“I am probably safer going into camp than I am coming down the living room stairs,” I like to tell family members or anybody willing to listen. This is what script-writers call a throwaway line, a real cheapo-depot, because we all know that nobody will ever do the research.

For example, and for the same obvious reasons, I like this one: “Lightning is more of a threat when you’re holding a golf club over your head than when you’re sticking a nine and a half-foot Fenwick straight up into the thunderclouds.”

I once had to hurl my dog, a tiny thing, over a racing, raging brook, with my camp partner, who had waded across waist-deep through the upstream alders, ready

to serve as pass receiver on the other side.

What I like about this story is that this dog-hurling business actually worked, and the dog still trusts me. When we decide to hold a staring contest, for instance, I can see no recriminations in her stare (I usually win that one. Most of the time she wins anything involving chasing and retrieval).

People are always bragging about their dogs. “Bess won a First in the Older Division,” they’ll say, or “Sully won Best in Show.” It makes me want to jump up and say “Well, Millie won a blue in Bad Breath.”

But I can truly say, “Well, I’m proud to be living with a dog that was not in the least upset about being hurled across a brook.”

+++++

There is something about a camp with no road to it, meaning a walk-in camp, that somehow, almost inherently, makes it more dangerous. “You mean you have to walk in?” they’ll say. And in the same tremulous breath, “How far is it?”



JOHN HARRIGAN

It’s just a modest camp in the middle of nowhere, but all of life’s essentials within: food, shelter, flyrods, and hornbergs—and maybe the latest issue of Harper’s.

I could come up with a pack of lies here, because no one can truly measure distances in the woods. You use time instead, which by happenstance is exactly how they do it in the cities. “Blocks are so yesterday,” says my youngest. And from the direction-giver: “The Union Oyster House is five minutes that way.”

Anyway, camp is about a 45-minute walk, more if you’re packing stuff in, which we usually are. In an established camp, meaning one that has been used for some time, most of what you

packed in is consumables. Most anything else you’ll need is already there.

Like most, I have a partner in the camp venture, to share the blame, and both of us are chafing at the bit to get into camp, if only to throw open a window or three and make sure the place is still there.

We always find a dead mouse or two. This is, as kids so tellingly put it, “Yucky,” or even better, “Gross.”

During the (relative-ly) warmer months, I keep a cheap cloth-lined sleeping bag on my bunk (the other bunk is sus-

pended from the front wall). This way, the bed can serve as, sort of, a couch.

I keep a spare sleeping bag hanging from a rafter. This is the camp’s unofficial Poor Planning Visitor’s bag, for sure, but it’s also the Dead Mouse Spare. Believe me, if a mouse has decided to make its final resting place deep down inside the bottom of your sleeping bag, you don’t want to be anywhere near it, much less actually (ugh) in it.

This is a true back-country camp, and only the essentials are in

it, the one exception being books. As the Walking Boss of the outfit, the decision on what’s “essential” is mine. Ergo, we have a little library on a corner shelf.

Out West, the Mountain Man era was roughly 1810 to 1848. Rendezvous was an annual gathering in some more or less central place—Jackson’s Hole, for instance—where trappers traded some pelts for goods but sold most of their furs for the fashion industry.

But one of the main reasons for the original rendezvous was to enable trappers and traders and other denizens of the high country to swap books. It’s hard to imagine. There’s all that wrestling and shooting and tomahawk throwing, and hard drinking and poker long into the night—but on most of these rough and tough men’s pack-horses, there was always room somewhere for a sack of books.

(Please address mail, including phone numbers, to campguyhooligan@gmail.com or 386 South Hill Road, Colebrook, NH 03576.)



A Century in Coös

A look back at this week in local history

COMPILED BY TARA GILES

1919

Lancaster has witnessed another Memorial Day, a new Memorial Day, because there was a new spirit. The honor paid to the little remnant of veterans of the Civil War was not one degree less marked, but the escort of three score boys fresh from the World War gave the thousands of others in line and along the march a more vivid realization of what the boys of ’61 endured to save the Union that these younger men might half a century later add new glory to the colors their fathers had defended and preserved.

1929

Lunenburg, Vt. Locals - Dr. John Beaton and his wife from Rich-

mond, Que. were in town last week. They are considering locating in Lunenburg if a house suitable to their needs can be secured. The Board of Trade has been very faithful in its efforts to secure a resident physician and we very much hope that this great need is about to be filled.

1939

To Dog Owners of Jefferson - Don’t forget your Dog Tax. They were due on or before May 1st and must be paid if you expect to keep the dog alive and in good health. J. E. Eastman, Dog Police.

1949

Dalton locals - Mr. and Mrs. E. E. Whitcomb, Guy Wight and Mrs. Lula Tibbetts spent part of last week on a deep sea fishing tour in York Har-

bor, Me. Mr. Wight landed a cod that weighed 30 pounds and measured 43 inches.

1959

Edward J. Murphy, Telephone business manager, is sending out letters this week to Jefferson and Lancaster subscribers to seek their wishes on the area of service they wish without tolls. Jefferson is scheduled to go on dial Jan. 7, 1960, and Groveton sometime within the next three years.

1969

An unidentified person telephoned the Fire Department at 3:40 a.m. yesterday to report a fire at the finishing building at Thompson Manufac-

turing Company, but by the time the firemen arrived the building was beyond saving with flames coming out all over the front. It was completely gutted, the upper floors collapsed and the building and contents appeared a complete loss.

1979

DALTON - William J. Moran, 59, who had lived most of his life here, died Sunday when his small plane crashed during an attempted landing at an airstrip on the family farm on French Road.

1989

How the week went - If bumblebees shouldn’t be able to fly, June bugs are


an even bigger mystery.

1999

Stratford High School juniors Pam Stinson and Jonathan Connary are heading to St. Paul’s School in Concord this summer to attend its intensive academic sessions. Pam will concentrate on Shakespeare and Jon on marine biology.


2009

WHITEFIELD - The American College of Health Care Administrators (ACHCA) has awarded Roxie Severance, Executive Director of The Morrison, with the 2009 Facility Leadership Award.



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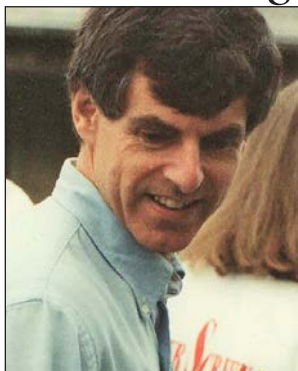
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Paul Ormond Deignan

JEFFERSON — Paul Ormond Deignan passed away at his home in Jefferson on May 7, 2019.

Paul was born in New York City in 1941, son of Ormond and Dorothy (Donahue) Deignan. He studied English at Middlebury College, Middlebury, Vt., and Economics at San Francisco State, San Francisco, Calif.

While working at the California Academy of Sciences during school he met his former spouse, Christine (Chadek) Deignan. They were married in 1977 in San Francisco and had daughter Diane (Deignan) Arnold.



Paul Deignan

He went on to work as a planning and scheduling engineer for various construction companies, including Brown & Root on the Alaska oil pipeline. His passions were mathematics and the outdoors, hiking and

skiing in the mountains of both coasts.

Survivors include his daughter Diane of Davenport, Iowa and brother James Deignan of Hartford, Connecticut. He was preceded in death by his parents Ormond and Dorothy. Remembrance will take place at Bailey Funeral Home on Thursday, June 6 at 10 a.m. Those who desire may send cards to: 3906 W. 13th St., Davenport, IA 52804; or make online condolences at www.baileyfh.net. In lieu of flowers, a memorial gift may be made to Yosemite Park at www.yosemiteconservancy.org/honor-someone-special.

Priscilla Kate Handler, 69

WELCH, Minn. — Priscilla Kate Handler, 69, passed away peacefully at her home in Welch, Minn. on May 9, 2019 from Alzheimer's disease.

Priscilla insisted on direct cremation, with her cremains being

scattered in the Atlantic Ocean. Several Memorial Services / Celebrations of Life are in the planning stages to occur over the summer in Hastings and Minneapolis, Minn.; Milwaukee, Wisc.; Paxton, Mass.; and Lancaster. Memo-

rial donations to find a cure for this horrible disease can be made to the Alzheimer's Association at <https://www.alz.org> or mailed to 225 N. Michigan Ave., Fl. 17, Chicago, IL 60601.

Marion Glenn Owen, 97

NEWPORT, Vt. — Marion Glenn Owen, 97, of Newport, Vt., and formerly of Conway and Colebrook, died Friday, May 31, 2019, at the Bel-Aire Healthcare Center after a short time of declining health.

She was born Nov. 24, 1921, in Manchester, the daughter of Nathan B. and Wiona (Foote) Morrell.

She was raised in Conway, and graduated from Kennett High School in the class of 1939. She attended and graduated from the Baypath Institute for Business in Springfield, Mass., in 1941. While attending Baypath, she met her future husband, Edmund E. Owen. After graduation, Marion worked for General Electric Co. as a secretary and then for Monarch Insurance Company, both of Springfield, Mass. In 1943, she moved back to Conway where she worked for the Charles O. Dahl Insurance Co. until her marriage to Edmund Owen on April 23, 1943. After Edmund's WWII service in the Navy ended, they moved to Colebrook where she was a homemaker and mother to their two children. When the children grew up, she returned to work at the Marshall & Kent (later Klebe & George) Insurance Company until her retirement in 1978. After retirement she was a homemaker and caregiver for her mother, who had come to live with Marion and Edmund in 1978. Following her husband's



Marion Owen

death in 1999, Marion returned to Conway where she was able to live independently with the help of Saco Woods neighbors, the Gibson Senior Center, and the Conway Police Morning Call In program. In August 2015 she moved to Newport, Vt. to live with her daughter.

She was a very active member, in all aspects, of the Monadnock Congregational Church of Colebrook and served as Sunday School Superintendent for many years. She was a longtime member of the Eureka Chapter #2 O.E.S., Grand Cross of Color of International Order of the Rainbow for Girls; Past Advisor for Rainbow Girls of Lancaster; a longtime member of the George L. O'Neil American Legion Auxiliary Post #62, Member of the Retired National Rural Letter Carriers Auxiliary, Past Chapter and Local Fund Chairman for the American Red Cross and also served many years as the Home Service Regional Officer for the Red Cross. She was one of the charter

members and served a term as president of the Colebrook Hospital Auxiliary.

Marion was pre-deceased by her husband of 55 years, Edmund E. Owen, and her brothers, Robert S. Morrell (wife Ruth Morrell) and Nathan E. Morrell and brothers-in-law Frank G. Owen (wife Claire Owen) and Haven T. Owen (wife Patricia Owen).

She is survived by her children, Sally G. Fraize of Newport, Vt., and Robert E. Owen and wife Marion A. Owen of Bartlett; three grandsons, Jeremy E. Fraize and partner Ayla Landry of Eden Mills, Vt., Gustav G. Owen and partner Virginia Hills of Portsmouth, and Gerald G. Owen and fiancée Jordyn R. Thompson of Rochester, N.Y.; two great-grandsons, Austin J. Fraize, and Sagan E. Owen; and a future great-great-grandchild. She is also survived by numerous nieces and nephews.

Calling hours will be held Sunday, June 9, from 2 to 4 and 6 to 8 p.m. at the Jenkins & Newman Funeral Home in Colebrook. An Eastern Star service will be held at 5:45 p.m. at the funeral home. Funeral services will be held Monday, June 10, at 11 a.m. at the Monadnock Congregational Church. Burial will follow at the Colebrook Village Cemetery.

Memorial contributions may be made to the Monadnock Congregational Church, P.O. Box 307, Colebrook, NH 03576; or to the Gibson Senior Center, 14 Grove St., North Conway, NH 03860.

Condolences may be offered to the family online by going to www.jenkinsnewman.com.

Funeral arrangements are entrusted to the care of Jenkins & Newman Funeral Home, Colebrook.

Sadie Marie Rose Guy, 76



Sadie Guy

WEST STEWARTSTOWN — Sadie Marie Rose Guy, 76, of West Stewartstown, passed away at the Upper Connecticut Valley Hospital in Colebrook on Monday morning, May 27, 2019.

She was born on April 6, 1943, in West Stewartstown, a daughter to Edward A. Biron, Sr. and Simonne (Gelin) Biron.

She loved birthdays and holiday, singing songs, playing bingo, and she was an all-around "people person." Her family and many friends know that Sadie was always a strong-willed and independent person, and even through her long struggle with medical issues, there wasn't much that stopped her from the things she enjoyed doing. She always said that "where there's a will, there's a way," and "if you can't do it the same way as others, find

another way to do it." She always spoke her mind and told the truth.

Her 20 years of residency at the Coös County Nursing Hospital allowed her to live a full life full of love and laughter and she will be dearly missed by other residents and staff alike.

Sadie leaves behind her two children, Ellen Guy of West Stewartstown and Shawn Guy of Colebrook; her mother, Simonne Biron of West Stewartstown; a brother, Edward Biron, Jr.

James M. Herbert, 79



Jim Herbert

a Veteran of the US Army served during the Vietnam War.

Jim is survived by his wife of 57 years Marilyn Herbert of Stark; three children Marcia Garner of Richmond, VT; James D. Herbert of Claymont, Delaware; and Dianne M. Herbert of Stark; four grandchildren; four great-grandchildren and three great-great-grandchildren and one brother Robert Herbert.

Calling hours will be

in Florida; a sister, Rita Germain of Maine; three grandchildren; as well as many nieces, nephews and cousins

She was predeceased by her father, Edward A. Biron, Sr., and two sisters, Doris Biron and Theresa Crete.

Memorial calling hours will be at the Jenkins & Newman Funeral Home in Colebrook on Wednesday, June 5, 2019, from 6 to 8 p.m. A memorial Mass will follow the next morning, June 6, at 11 a.m. at St. Brendan's Catholic Church in Colebrook, with interment immediately following at St. Brendan's Cemetery.

Condolences may be offered to the family online by going to www.jenkinsnewman.com.

Funeral arrangements are entrusted to the care of Jenkins & Newman Funeral Home, Colebrook.

STARK — James "Jim" Herbert, 79, of Cloutier Dr. in Stark died on Tuesday, May 21, 2019, at Dartmouth-Hitchcock Medical Center in Lebanon, NH after a lengthy illness.

Jim was born on June 20, 1939, in Burlington, Vt., the son of James M. Herbert, Sr. and Clara (Dyke) Herbert. He was a graduate of Spaulding High School in Barre, Vt. Before retiring Jim worked for Perini of Framingham, MA working in both New Hampshire and Vermont. Jim and Marilyn moved to Stark seventeen years ago from Franklin, NH, and Jim has been the Trail-master and groomer for the Groveton TrailBlazers for the past fifteen years.

Jim was a lifelong member of the Mount Sinai Masonic Temple in Barre, VT. He was

EAST CONCORD — Peter Tatro, 91, died Friday, May 31, 2019, at the St. Johnsbury Health and Rehab Center, where he had lived since moving there last year from his longtime home in East Concord.

In his early adult years, Pete served in the U.S. Army, worked in the Gilman Paper Mill, and helped build several of Vermont's State Colleges. For much of his adult life, he worked as an insurance agent for MetLife, eventually owning and operating the Newman Insurance Agency. Upon retiring, Pete worked part-time building homes with Covell Construction Company. His lifelong interest in civic affairs was evidenced by his many years of service on the Gilman Federal Credit Union's Board of Trustees, and his term as the Town Clerk of Concord.

Pete enjoyed hunting, fishing, snowshoeing, playing cards, watching

Peter Tatro, 91



Peter Tatro

NASCAR races, working jigsaw puzzles, grilling out, and supporting his family in many and various ways. He was a 50+ year member of the East Concord United Methodist Church, and the Concord Chapter of the Masonic Lodge. Pete lived by the motto, "Always leave things better than you found them."


Peter is survived by one son, Bradley Tatro and daughter-in-law, Sandi Kennedy of Stark; one daughter and granddaughter from Atlanta, Linda and Katie Herzer; and four siblings (Pat,

Charlie and Virginia Tatro and Jan Hazlett). He is also survived by three sisters-in-law, many nieces and nephews, their children and spouses.

Pete was pre-deceased by his wife, Lillian; his infant daughter, Sharon; parents, Harry and Virginia; and brother, Fred.

Visiting hours were held at Bailey Funeral Home, 210 Main St., Lancaster, NH, 03584, on Tuesday, June 4, from 3-4:30 p.m. A Celebration of Life Service was held there immediately following, from 4:30-5 p.m. Flowers may be sent to Bailey's, or contributions in Pete's honor may be made to the East Concord United Methodist Church, c/o G. Dow, 370 East Concord Road, Lunenburg, VT 05906, or to the Gilman Senior Center, 67 Riverside Ave., Gilman, VT 05906.

Please go to www.baileyfh.net for more information or to send an online condolence.



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All bids due by noon
June 28, 2019

Procession planned for Pentecost Sunday

LANCASTER — Sunday, June 9, is Pentecost Sunday in Christian churches. There will be the annual Pentecost Procession following morning worship services on Sunday, June 9, starting in front of the Lancaster Post Office at 11:15 a.m. The procession will go down Main Street and cross at Simon the Tanners, head back up Main Street to the Lancaster Congregational Church for refreshments and fellowship. Everyone is invited to join in whether you attend church locally, somewhere else, or not at all. God’s purpose at Pentecost was to give the Church the power of the Holy Spirit to guide us in the acceptance of all.

WMRSD launches Blueprint for Tomorrow project

WHITEFIELD — The White Mountains Regional School District is undergoing a study, (the WMRSD Blueprint for Tomorrow), in order to optimize the district and schools’ resources to maximize student success.

The Steering Committee for the project consists of 17 members. These members are a broad representation of community and business leaders, WMRSD parents, school board members, administrators, and teachers. The Steering Committee will vet data and recommendations provided by the Project Team and present the recommendations to the school board. The Steering Committee will also be responsible for creating and implementing a community communications and buy-in plan.

The Project Team is comprised of 12 members. They will design and carry out the data collection process and make recommendations to the Steering Committee concerning their findings. The team will seek guidance and approval for data collection methods and resource expenditures. The team is populated by 11th and 12th grade WMRHS students, teachers, and administrators.

The project is being facilitated by Dr. William Bryan from the Center for Secondary School Redesign (CSSR). This work is funded through our Federal Grants program. The committee work kicked off on Feb. 5 with a full day workshop for both committees.

The Project Team collected and analyzed District data for the study. They completed focus forum interviews with groups of constituents such as the Chamber of Commerce, the Rotary, parents, students, legislatures, and businesses and they reached out to community stakeholders to participate in individual interviews as well. Next, the Steering Committee and the Project Team worked together to gather information gleaned from the focus

groups and individual interviews to craft a survey that has been sent to all WMRSD community members and staff. We are reaching out to the community to complete the survey online using this link: <https://tinyurl.com/wmrdsurvey> or paper copies are available at all schools and town offices in the District. The survey will close June 10.

The aim of the Steering Committee is to give recommendations to the School Board by July. As in any study, it will take time to carefully consider the recommendations in order to make any informed decisions. We do not have an anticipated date for decision making at this time; it is a process!

For more information, please visit the SAU36.org Web site.

Lagasse ~ Frizzell



Kerry (Conroy) and George Morongell, along with Tony Lagasse, are very proud to announce the engagement of their daughter, Katelyn Marie Lagasse of Lisbon, Maine, to Mr. Paul Robert Frizzell, son of Pamela J. (Sullivan) and Robert D. Frizzell of Lancaster.

Miss Lagasse is a 2011 graduate of Lisbon Falls Christian Academy. She is a 2019 graduate of Southern Maine Community College with an Associate’s degree in Nutrition & Dietetics. Kate is continuing her education studying for a Bachelor’s, then Master’s Degree in Nutrition. She will then have a degree of Registered Dietitian. Kate is currently employed as a Pharmacy Tech and Caregiver at an adult day care program.

Mr. Frizzell is a 2012 graduate of Groveton High School. He graduated in 2014 & 2016 from White Mountains Community College in Berlin with two Associates Degrees in Culinary Arts Sciences and Baking and Pastry Sciences. Paul currently is employed at MidCoast Hospital with a chef position, in Brunswick, Maine.

Katelyn’s paternal grandmother is Cecile Duval; her maternal grandmother is the late Susan Conroy.

Paul’s maternal grandparents are the late Paul (Red) and Gloria Sullivan of Lancaster. His paternal grandmother is Adelene Wagner of Whitefield and the late Albert O. Frizzell of Groveton.

A Sept. 28, 2019 wedding ceremony is being planned.

Robert N. Rollins, 72

WEST STEWARTSTOWN — Robert N. Rollins, 72, of West Stewartstown, passed away at his home on Friday evening, May 24, 2019.

He was born on Sept. 15, 1946, in Woodsville, the son of the late Robert and Winona (Burgess) Rollins. He was raised in Newbury, Vt. and graduated from Newbury High School in 1964.

In his early years, he worked for a time at the Cabot Creamery in Vermont, and later for himself as a farmer. Robert later moved to West Stewartstown and worked for a time at the Beecher Falls Division of Ethan Allen from which retired.

Robert was a farmer at heart and loved to tend to his vegetable garden. He enjoyed canning the food that he produced. He was a fan of car racing and loved to watch the NASCAR events. He will be remembered by his family and friends as a quiet man who mostly kept to himself, and he loved his grandchildren.

He is survived by his son, Michael Rollins, and wife Kristen of Colebrook; a daughter, Michelle Cyr of Newport, Vt.; his brother, Warren Rollins of Newbury, Vt., and a sister, Diane Tuttle and husband Skip of Newbury; four grandchildren, Christina Rollins, Henry Cyr, Kamber Marshall, and Allison Elliott; and six great-grandchildren, Chloe, Raylee, Carissa, Ciara, Zander, and Mason.

There are no public calling hours or services scheduled at this time. A private interment will occur at a later date in Newbury, Vt.

Condolences may be offered to the family online by going to www.jenkinsnewman.com.

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The Minor Prophets: Hosea, Joel, Amos, Obadiah, Jonah, Michah, Nahum, Habakkuk, Zephaniah, Haggai, Zechariah, Malachi.

The books of the prophets are also interesting, as they happened during the time covered in the writings of History. Each prophet is appointed by God to deliver messages of hope, judgment, and repentance to people during times of trial and distress.

We invite you to join us every Sunday for Bible study at 10:00 am and for worship at 11:00 am. We are located at 490 Main Street in Lancaster, NH next to the fair grounds.

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Taproot's Rockin' the Park returns for third summer

LANCASTER — This summer, Rockin' the Park, a free weekly concert series that celebrates local music, local food, and community, will return to Lancaster for its third year. It will take place in Centennial Park on four Friday nights— July 12 through Aug. 2. Food vendors begin selling at 5:30 p.m., and music goes from 7 to 8:30 p.m. Anybody who loves great food and rocking music is welcome to bring a lawn chair or blanket to enjoy a summer evening with their friends and neighbors in the heart of town.

July 12 will feature The Trichomes, a funky jam band from the Seacoast with soulful vocals and virtuosic guitar. According to Portsmouth's

The Sound, "The Trichomes craft hip-swinging tunes with melodies and harmonies that weave through one another, one riff fading out as another takes its place." The Trichomes just released their sophomore album, the groovy Jazz Cabbage Soirée. Food that night is TBA.

On July 19, the band is The Welterweights, alt-country-infused rockers from Vermont led by Kelly Ravin (former singer and guitarist of Waylon Speed). Ravin's voice and songwriting style have been likened to Steve Earle, Jason Isbell and Sturgill Simpson. Food will be the creative flavors of Vulgar Display of Poutine.

July 26 brings soul and jazz influenced singer-songwriter Katie Matzell and her band from Portland, Maine. Matzell's "sweet, full, and gorgeous" voice (Maine Today) has been compared with everyone from Aretha Franklin to Norah Jones. That night food will be available from Rockin' the Park favorite Farm to Fire with their wood-fired Neapolitan pizzas topped with locally sourced ingredients.

The final show on Aug. 2 will have the Seacoast's Eastern Sleds returning to the Rtp stage.

Eastern Sleds, fronted by Lancaster native Justin Carloni, plays "indie folk rock with strong mountain music influences." They recently released their fantastic debut album There's No Place Left To Go (available on vinyl) on Portsmouth's Burst & Bloom Records. The food vendor will be Bethel, Maine's Farmstead Flatbreads serving their wood-fired sourdough flatbreads.

Rockin' the Park is generously sponsored by the Arts Alliance of Northern New Hampshire, Dental Herb Company, Garland Mill Timberframes, Passumpsic Savings Bank, and The Polish Princess Bakery. The concert series is hosted by Taproot Farm & Environmental Education Center, a Lancaster non-profit whose initiatives include The Root Seller Marketplace, North Country Gleaners, The Lancaster Community Garden, and a diverse array of education programs, including a nature-based summer camp in July at White Mountains Regional High School. For more information on Taproot and its programs, see their Web site at www.taprootnh.org or follow them on Facebook and Instagram.

Blueprint for Tomorrow survey now available

WHITEFIELD — The White Mountains Regional School District's Blueprint for Tomorrow Steering Committee (SC) and Project Team (PT) have completed the survey, and it is ready for distribution. All staff and family members have been emailed a link to the survey through our District email. We encourage community feedback for the survey! You can find the online, confidential survey by going to: <https://tinyurl.com/wmrdsurvey>.

We also have the survey in paper format available at all of our school's main offices and at the Central Office. The deadline for completing the survey is June 10.

The purpose of the Blueprint for Tomorrow Study is to optimize our collective resources to maximize the success of our students. The Steering Committee will be giving the WMRSD Board recommendations from the survey data by their July School Board meeting. For more information, please refer to the WMRSD website sau36.org under the Blueprint for Tomorrow button!

LES third graders attend recycling conference

WHITEFIELD — On Tuesday, May 21, Lancaster School third graders, Abigail Bovay and Olivia Forest attended the 10th Annual School Recycling Conference in Manchester, along with their chaperones Mrs. Petereit and Mrs. Forest. The girls were able to attend thanks to the generosity of Dennis Patnoe and the Lancaster Transfer Station.

While at the conference, they attended workshops that discussed several problems our planet faces due to pollution and mismanaged waste. They learned that approximately one dump truck of plastic is being dumped into the ocean every minute, which was very alarming to them. They also learned that plastic, even when

disposed of properly, is never biodegrades, but breaks down into tiny microplastics. A surprising fact they learned was that their clothes are made from plastics.

The duo had an opportunity to sift through sand taken from New Hampshire beaches to sort out debris and microplastics. They were surprised to find candy wrappers, foam pieces, and lots of tiny plastic pieces that washed up from the ocean. They also had the opportunity to participate in an activity called "Trash on the Lawn." Here the girls separated a day's worth of trash by placing items in proper recycling bins. This activity contributed towards 19 pounds of waste being sorted, leaving only five pounds of actual trash



A pair of LES Super Recyclers. going to the landfill. The girls are working towards eliminating the use of styrofoam trays at the Lancaster School.

COURTESY

The conference provided them with ideas and motivation to reach their goal.

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Mount Royal Academy welcomes new staff

L A N C A S T E R —Mount Royal Academy North is happy to welcome the following educators.

In charge of our preschool program is Mrs. Mandy Scott. Scott is a certified teacher with seven years experience teaching in public schools in the North Country. After receiving her Bachelor's from the University of New Hampshire, with a Family Studies, Young Childhood Specialization degree, Mrs. Scott returned to Lancaster. She was passionately involved in the development of MRA North, and is thrilled to

bring an authentic Catholic education to many sweet, little souls.

A familiar name and beloved teacher in the North Country; Mrs. Jean Colby is excited to be returning to Mount Royal Academy North. She feels honored to have had the opportunity to have taught grades K-3 throughout her career, and her life's passion is teaching children! Jean considers it an absolute gift to continue this passion and is thrilled to be a part of the Mount Royal team.

The team at Mount Royal is thrilled to welcome Abby McCall to the staff. She is a certified teacher who graduated from Keene State College in May. McCall

holds a Bachelor of Arts in Mathematics Education and a Bachelor of Science in Elementary Education. She grew up in Jefferson, and is looking forward to becoming involved in the school's welcoming community.

Another beloved teacher in the north country, Mike Foster is joining Mount Royal as the fifth/sixth grade teacher. He is already so valued at the school as after-care provider, and to add him to the full time staff is an absolute blessing. After teaching for many years, Foster brings with him a world of knowledge that will serve to be extremely beneficial to the older students.

Jill Colby is beyond honored to be returning as the Head of School at Mount Royal Academy North. It has been a privilege for her to have worked on the development of this school. She is confident that with the education received at MRA North, students will become life-long learners through the rigorous academic curriculum offered; as well as sincere lovers of virtue. It's a priority to ensure that the school's mission and vision are carried-out and fully respected.

Visit: www.mountroyalnorth.com to fill out an application for your child and to learn more about the school.

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Hunter Goodrow earns Spring 2019 Dean's List honors at Roger Williams University

BRISTOL, R.I. — Hunter Goodrow, of Twin Mountain has been named to the Spring 2019 Dean's List at Roger Williams University, in Bristol, R.I. Full-time students who complete 12 or more credits per semester and earn a grade point average of 3.4 or higher are placed on the Dean's List that semester.

About RWU

With campuses on the coast of Bristol and in the heart of Providence, R.I., Roger Williams University is a forward-thinking private university committed to strengthening society through engaged teaching and learning. At RWU, small classes, direct access to faculty and guaranteed opportunity for real-world projects ensure that its nearly 4,000 undergraduates - along with hundreds of law students, graduate students and adult learners - graduate with the ability to think critically along with the practical skills that today's employers demand. Roger Williams is leading the way in American higher education, confronting the most pressing issues facing students and families - increasing costs, rising debt and job readiness.

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North Country Alliance enhances trail system with new signage

COLEBROOK — To improve all-terrain vehicle (ATV) trails and encourage responsible riding practices, six local organizations with a collective membership of nearly 2,000 members have set out to install new signage throughout the Ride the Wilds™ trail system. Supported by a \$100,000 donation from the Polaris Foundation, one thousand new signs are slated for install in preparation for the upcoming 2019 ATV and off-highway vehicle (OHRV) season.

“A partnership with North Country’s Ride the Wilds trail system allows us to help promote a fun, safe and memorable experience for our riders,” said Lucy Clark Dougherty, president of the Polaris Foundation.

As an economic driver for Coos County New Hampshire, these trails provide much-needed tourism and recreation in the area. The funding is part of a larger effort to keep riders safe and ensure nearby communities and private properties are respected. Adding to the \$1.3 million investment collectively made by North Country Alliance members over the years, this new funding will help maintain this iconic, interconnected trail system.

“The success of the

trail system has stimulated a tremendous influx of visitors to our communities. We are encouraged by the support from our communities and are committed to fostering the sport by remaining diligent in responding to the desires of our neighbors and visitors,” said Corrine Rober, owner of Polaris Adventures Certified Outfitter, Bear Rock Adventures and marketing chair for North Country Chamber of Commerce. “Working with local clubs has been a great opportunity to address community-wide interests and this alliance has certainly risen to the occasion.”

The North Country Alliance is made up of six local organizations including Bear Rock Adventures, Great Northwoods Riders ATV Club, Metallak ATV Club, Millsfield ATV Club, The North Country Chamber of Commerce and Umbagog ATV Club.

Local communities can expect to see this new signage in the upcoming months. Communities benefitting from the new signage include Clarksville; Colebrook; Columbia; Dixville Notch; Errol; Millsfield; Pittsburg; West Stewartstown; Averill, Vt.; Beecher Falls, Vt.; Canaan, Vt. and Lemington Vt.

“We are excited to

continue working on this initiative that will enhance the overall quality of the trails and positively impact the OHRV community and North Country residents alike,” said Jodi Gilbert, Executive Director of the North Country Chamber of Commerce.

For more information, visit www.chamberofthenorthcountry.com/riding-towardchange.html.

About North Country Chamber of Commerce

The North Country Chamber of Commerce strives to serve its members by way of business advocacy, promotion of regional attractions and involvement in initiatives to foster economic growth. It promotes northern Coos County, New Hampshire and northeastern Essex County, Vermont. Visitor information and brochures about the area can be found in the State Rest Area and Community Interpretive Center three minutes north of the Chamber on Route 3. The visitor center is open from 8 a.m. to 8 p.m. seven days a week. www.chamberofthenorthcountry.com

About Polaris Industries Inc.

Polaris Industries Inc. (NYSE: PII) is a global powersports leader that has been fueling the pas-

sion of riders, workers and outdoor enthusiasts for more than 60 years. With annual 2018 sales of \$6.1 billion, Polaris’ innovative, high-quality product line-up includes the RANGER®, RZR® and Polaris GENERAL™ side-by-side off-road vehicles; Sportsman® all-terrain off-road vehicles; Indian

Motorcycle® mid-size and heavyweight motorcycles; Slingshot® moto-roadsters; snowmobiles; and pontoon, deck and cruiser boats. Polaris enhances the riding experience with parts, garments and accessories, along with a growing aftermarket portfolio, including Transamerican Auto

Parts. Polaris’ presence in adjacent markets globally includes military and commercial off-road vehicles, quads, and electric vehicles. Proudly headquartered in Minnesota, Polaris serves more than 100 countries across the globe. Visit www.polaris.com for more information.

Lancaster Historical Society hosting flea market Sunday

LANCASTER — The second Lancaster Historical Society Flea Market of the season will take place on Sunday, June 9, on the grounds of the Wilder-Holton House. As some sage has said: “For pennywise shoppers, perhaps nothing can come closer to paradise on earth than a flea market stocked with the secondhand wares you always wanted and never knew you needed.”

The Lancaster Flea Market began in 1967, the same year the Society was founded. Originally started as an antique market with about 14 vendors, it has proven so popular that in recent years it often hosts as many as 50 vendors. The variety of treasures on sale now include not only antiques, but also crafts, home-made jellies and relish, garden produce, books, coins, baseball cards, toys, and knickknacks. The most unusual item offered for sale, according to Diane McFarland, coordinator, was a live snake.

Flea Markets have a long history, beginning in Paris in the 1850’s. Ever wonder why such a fun event has such an unsavory name? It was thought that the old clothes and upholstery brought with them a whole cloud of fleas, hence they became known as the market of the fleas, or flea markets.

For today’s consumers, shopping at a Flea Market is a way to conserve, reduce, reuse, and recycle. For vendors, it is an opportunity to open a business without a huge outlay of funds and a long-term commitment. For browsers, it is a sociable way to spend a summer Sunday afternoon.

The museum House and Barn will be open during the Flea Market with free guided tours. The snack bar will be open as well. For more information, call 788-3004.



White Mountains Regional High School Agriculture Science students Kelsey Graham and Karissa Cole enjoyed planting flowers in barrels on the school grounds in preparation for upcoming graduation festivities. Both are juniors and first year students in the program.



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Morrison team presents at Alzheimer’s conference

WHITEFIELD — Mary Bates, Director of the Memory Care Community at Summit by Morrison and the Morrison Skilled Nursing Facility, led a team from the Morrison Communities in presenting a session at the recent Conference for Alzheimer’s Care Professionals. More than 800 leaders in the dementia care field attended.

The 26th annual conference, hosted by the Alzheimer’s Association, Massachusetts/New Hampshire Chapter, was held May 22 at the DCU Center in Worcester, Mass.

Bates was joined by Pamela Webster, Wendy Bennett, Kelly Mackillop and Chrissy Gooden from the Morrison Communities as they presented “Educating

and Motivating Your Staff: Implementing Person-Centered Habilitation Therapy Training.”

Webster, Bennett and Mackillop are nurses within the Morrison Communities, while Gooden is the Activities Director at the Morrison Skilled Nursing Facility.

Habilitation Therapy is a non-pharmacological person-centered care approach to dementia care. The presentation focused on the benefits of an evidence-informed train-the-trainer program for staff members as well as individuals living with dementia. Strategies on how to get consensus from administration, how to motivate and empower staff and real-life examples were shared to help professionals start a training program in their care setting.



Mary Bates, Director of the Memory Care Community at Summit by Morrison and the Morrison Skilled Nursing Facility, led a team from the Morrison Communities in presenting a session at the recent Conference for Alzheimer’s Care Professionals.

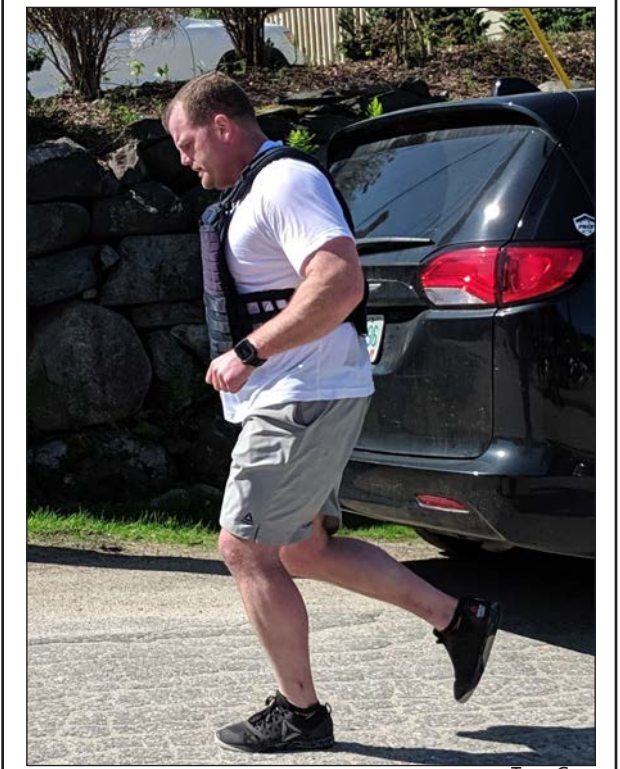
At the Morrison Communities, 94 percent of the entire staff has gone through the training. In addition, the Morrison Communities hosted five Community Dementia Education sessions this spring and had an average of 28 participants at each session, with many attending all five sessions.

“The training provides our entire staff

with the resources to best care for residents with dementia,” Bates says. “And the community education is a wonderful way for families and home caregivers to better understand how to care for people with dementia. We were honored and so happy to share what we are doing with other professionals.”

The Morrison Communities

The Morrison Communities are in Whitefield, in the heart of northern New Hampshire, and include the Morrison Skilled Nursing Facility, Sartwell Place and Summit by Morrison, a senior living community. For more information, go to www.themorrison.org or summitbymorrison.org.



White Mountains Regional High School Principal Mike Berry is pictured here on Memorial Day taking part in the ‘Murph’ challenge at Presidential CrossFit. The challenge honors 29 year old Lieutenant Michael Murphy who was killed in Afghanistan in 2005. Berry completed the challenge which consists of a one mile run, 100 pull-ups, 200 push-ups and 300 squats, followed by another one mile run....all while wearing a 20 pound weighted vest.

Stratford Old Home Day

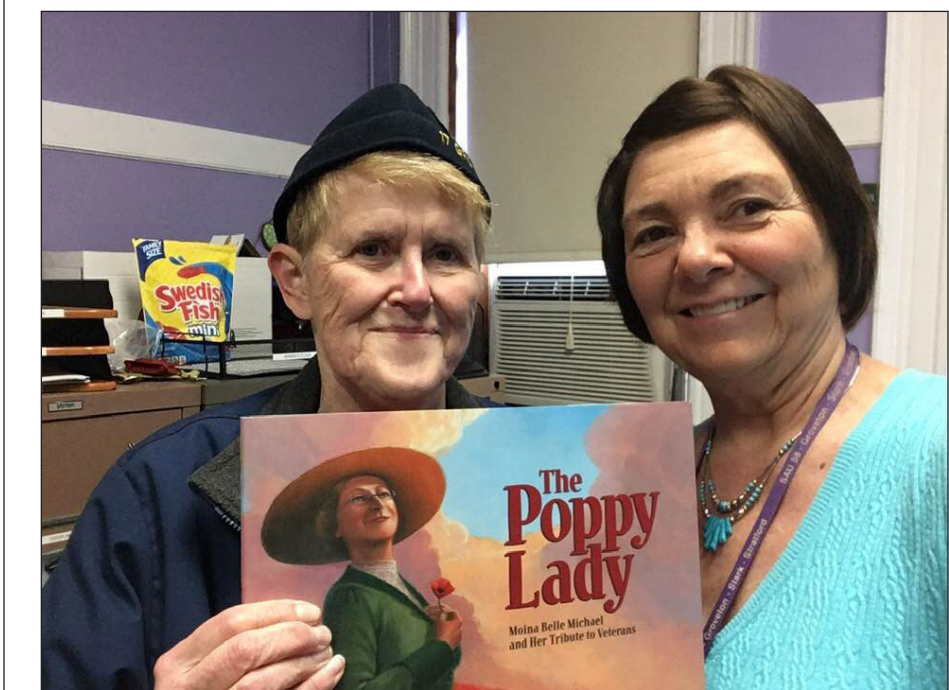
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Enjoy the day with family, friends, and neighbors.





Groveton American Legion Auxiliary Fredonwarell President Sally Frizzell donated a book to Patty Peel, Principal of the Groveton Elementary School, for Memorial Day. The book is titled: “The Poppy Lady Moina Belle Michael and Her Tribute to Veterans.” The story about a young lady who wanted to help Veterans.

CEDC names new Executive Director



Lise Howson

REGION — Coös Economic Development Corporation (CEDC) is very pleased to announce that Lise Howson will be

serving as CEDC’s new Executive Director starting May 13.

Howson comes to CEDC with experience in all aspects of commercial lending including small business, commercial real estate acquisition and construction, SBA and USDA lending, portfolio and relationship management, and business development. Before joining CEDC,

she served as Vice President and Credit and Loan Administration Officer with Woodsville Guaranty Savings Bank. Howson is a seasoned commercial banker who lives in the North Country, is personally invested in the community, and appreciates the importance of local, community initiatives.

Howson has more than 25 years of New

Hampshire banking experience. In addition to her professional experience, she has been involved with many community organizations. She is a member of the Lancaster Rotary, member of GREAT (Groveton Revitalization Economic Action Team), and a board member of The Morrison Hospital Association.

Colby-Sawyer celebrates 2019 graduates

NEW LONDON — Colby-Sawyer celebrated its 181st Commencement on Saturday, May 11, awarding approximately 185 undergraduate degrees and recognizing students and other individuals for academic excellence, outstanding contributions to society, and service to the college and community.

Jessica Kennett of Colebrook earned a B.A. in media and communication. Kennett graduated magna cum laude as a member of the Wesson Honors Program and Lambda Pi Eta Honor

Society in communication studies.

Sierra Malcolm of Colebrook earned a B.S. in biology.

About Colby-Sawyer College

Colby-Sawyer College is a comprehensive college that integrates the liberal arts and sciences with professional preparation. The college’s faculty, staff and students strive for excellence in an engaged teaching and learning community that fosters students’ academic, intellectual, and personal growth. With a strong emphasis on learning outcomes,

including breadth and depth of knowledge, self-growth, creative and critical thinking, and effective communication, Colby-Sawyer prepares students to thrive post-graduation and make a positive impact upon a dynamic, diverse and interdependent world.

Founded in 1837, Colby-Sawyer is located in the scenic Lake Sunapee Region of central New Hampshire. Learn more about the college’s vibrant teaching and learning community at www.colby-sawyer.edu.



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Local 4-H’ers take part in State Activities Day

M A N C H E S T E R — Nine Coös youth traveled to Manchester Community College to participate in New Hampshire 4-H State Activities Day on May 4, 2019. State Activities Day provides an opportunity for youth and teens to build confidence and communication skills. 4-H’ers begin the process by developing a project in their local Club program. Projects may be entered in their county’s 4-H Activities Day, where they are judged through the application of unified criteria based upon presentation type, subject area, and age. Awardees

from each county are then eligible to compete at State Activities Day, a similar process at the statewide level. Top finishers ages 12 and up at State Activities Day are invited to represent New Hampshire at the regional Eastern States Exposition (“The Big E”), where their presentation will be seen by countless fairgoers. Participants in these events gain valuable life skills that will provide an advantage on future applications, interviews, and everyday life. The results for Coos participants in the different categories are as follows.

Diajana Griffin, a member of the Lion Cubs 4-H Club in Stratford finished with a silver medal in the Intermediate (11-13) age group for Animal Science - Small & Companion Animals demonstration category. Shantel Corliss & Ciera Challinor, both members of the Pleasant Valley 4-H Club in Lancaster, also finished with a silver medal in the senior (14 and up) age group for Animal Science - Small & Companion Animals category. Ella Gilbert, member of Early Risers 4-H Club in Colebrook and a Junior (8-10) took home the

bronze medal for her age group in Communication & Expressive Arts demonstration category and a gold medal for her poster promoting 4-H. Aly Hook, also a Junior (8-10) and a member of the Early Risers 4-H Club presented in the Open Class demonstrations and brought home the gold medal. Samantha Kuhn earned a silver medal in the Intermediate (11-13) Horse Demonstrations category. Aviara Challinor of Pleasant Valley 4-H Club and Amie Weagle of Colts & Fillies 4-H Club in Stark, not only earned gold medals for

their top placings in the Senior (14 and up) category for all of NH 4-H, they both qualified to go to Louisville Kentucky in the fall to compete nationally. Avi will go with her demonstration and Amie will travel to Kentucky for the fourth time to compete with her Public Speech. Patience King of the Lion Cubs 4-H Club finished with a bronze medal in the Intermediate (11-13) Fashion Selections contest. The youth qualifying to go to The Big E with their presentations are: Shantel Corliss and Ciera Challinor, Aviara Challinor, Amie Weagle,

Diajana Griffin, and Samantha Kuhn. In all New Hampshire communities, 4-H helps young people acquire knowledge, develop life skills and form attitudes that help them become self-directed, productive, contributing members of society. 4-H leaders guide youth through the fun learning process. If you would like more information about 4-H, contact Chris Whiting, 4-H Program Manager at Christine.whiting@unh.edu or call 788-4961.

Trail

(continued from Page A1)

weeks later. Earlier this year she cycled the 237-mile Katy Trail that stretches across Missouri. When asked about her inspiration for the Adventure Trail, Borowski said, “I had been over to Vermont and liked what they were doing, connecting rail trails and farm roads.” The Adventure Trail utilizes existing back roads, conservation paths, wildlife refuges and rail trails. It picks up where the 91-mile Cross Vermont Trail

ends in Wells River, Vt. “I chatted with the Cross Vermont Trail staff, and they encouraged me to continue the trail across New Hampshire,” said Borowski. “All it took was mapping, a few reconnaissance missions, explorations with friends and preparing a website with all the info.” At present, if cyclists can access the website, download and read cue sheets or download the GPS file to their bike computer, they can follow the Cross New Hampshire Adventure Trail border to border.

Last week, Borowski met with the Friends of the Presidential Rail Trail, the Friends of the Pondicherry Wildlife Refuge and collaborators from the National Park Service, Rivers and Trails Division to review the route connecting Whitefield to Randolph. “We all have the same feeling about this,” she said. “By combining pieces of roads and trails to make a cross-state system like this, it gives a little more importance to each piece along the way. Instead of getting help or funding for a small path, you might

get larger support.” According to Borowski, there are approximately fifty miles of paved roads and thirty-two miles of unpaved surfaces along the span of the Adventure Trail. “You’ll want a bicycle tire that can do well on both road and trail,” she said. “Some of the rail trails are a little rough here and there, and the Ammonoosuc Rail Trail is shared with ATVs.” “Although I am an organization of just one at this point, there are so many people who have been supportive, helpful encouraging and re-

sourceful in getting this cross-state route on the ground,” said Borowski. “I have found that meeting so many interesting people, from cyclists to politicians to advocates, town planners and select board members. These meetings have been an unexpected pleasure in this endeavor.” Last fall, Borowski received an assistance grant from the National Parks Service, Rivers and Trails Division, to help develop the route. In March, she received a \$13,620 Local Grant from the Neil and Louise Tilton Fund at the New

Hampshire Charitable Foundation, which is supporting trail signage, cartography, weather-proof map printing, promotional materials and publicity. According to Borowski, the goal is to spread the word about the trail, entice cyclists to come to explore it and make the path user-friendly with signage and informative maps. The Cross New Hampshire Adventure Trail is the first cross-state bicycle route in the state.

Honors

(continued from Page A1)

team and NH Allstate 1st team in basketball. She is a National Honor Society member, a New Hampshire Scholar, Student Council member and has committed her high school years to community service, academic excellence and setting the bar high. She has aspirations of having a successful and enjoyable career in the medical field along with contributing beyond herself in ways of giving back to her patients and those in the community. We are extremely proud of her accomplishments

and wish her all the best on her future life and career endeavors. The honor of Salutatorian is presented to Khaley Styles. Khaley is the daughter of Daegan and Marlene Styles of Groveton. She will be studying elementary education in the fall at Keene State College. Her passions lie in working with young children and providing them with great foundational learning. Khaley is a member

of the National Honor Society, New Hampshire Scholar, Student Council, as well as a crucial member of Groveton’s Key Club. She has spent countless hours volunteering her time to her school and community in hopes of preserving and bettering the community. We are so enthused and proud of her achievements throughout her high school career. Best of luck in your post-secondary journey!

This year’s Third Honors recipient is Lauryn St. Cyr. Lauryn is the daughter of Ryan and Tonya St. Cyr of Groveton. She is an avid member of the National Honor Society and is their President, a New Hampshire Scholar, a member of her Student Council, a volunteer at Weeks Medical Center and an active member in her community working at the recreation department. Lauryn will be

continuing her education at Plymouth State University studying Biochemistry with a further intent for Dentistry school. For her senior project she worked closely with local Dentists and Dental Assistants to gain a better knowledge and understanding of the dental field. We are so proud of you and know that you will do great things, Lauryn!

ion Anastasia added, “The WMRSD school resource officer program is a collaborative effort with our local law enforcement officers, staff, students, parents, and the community to offer educational programs and support in the schools that contribute to a safe school environment. We are fortunate to have this relationship with the local PD and have high quality officers in our buildings.”

Project

(continued from Page A1)

Manager Ed Samson to sign any and all documents regarding same. A vote was taken and the motion carried. Selectman Leon Rideout said, “I think it’s an important project for a historical building. If something happened to that building it would make a huge hole on our Main Street. I’m very happy that it will be refurbished and will find a new use.” In other business, Samson mentioned the Clean Water State Revolving Fund loan for

the management assessment program with principal forgiveness through the CWSRF. This was voted by Lancaster residents at town meeting, however a vote was needed by the Board to handle funds and signing of the documents needed to push the process along. CWSRF aids in water pollution control, and estuary management projects that contribute to the protection of public health and water quality. The meeting was adjourned but not before the Board reappointed Fire Warden Kevin Whiting.

SRO’s

(continued from Page A1)

spends a lot of time simply being a positive adult in student’s lives. “Often times, these children will only see a police officer as someone who is involved in an unpleasant incident at home,” she said. “I like to show them the positive side of being an officer, in that we are friendly and approachable and are here to help.” Superintendent Mar-

ion Anastasia added, “The WMRSD school resource officer program is a collaborative effort with our local law enforcement officers, staff, students, parents, and the community to offer educational programs and support in the schools that contribute to a safe school environment. We are fortunate to have this relationship with the local PD and have high quality officers in our buildings.”

Times have changed, according to Carr, who said “I am surprised quite often as to what I actually hear, and how different kid’s lives are and what drives them. It’s baffling to me. Today’s world is very different than it was 20 years ago.” Carr summed it up best, saying “It’s all about respect and there’s not enough of it.



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Enroll today in WMCC's STEM Health Career Camp

BERLIN — White Mountains Community College and the North Country Health Consortium are pleased to announce the seventh Science, Technology, Engineering, and Mathematics camp with a Health Careers Twist (STEM - Health). STEM - Health camp, designed for students entering grades 6 through 8, provides hands-on, fun-filled activities that are meant to be introductory, interactive, and project-based in the areas of science, technology, engineering, mathematics, and health professions. Some of the activities planned for this year's camp include Rocket Building, Veterinary Medicine, GPS, Adaptive Sports, Dentistry, and much more.

Students who attended the 2018 STEM camp said, "STEM camp is really fun because you learn and participate in many fields and activities." It's a great experience and you learn a lot." and "I would tell my friends that STEM camp is awesome!" Parents commented, "She has had a fantastic time! Loved everything." and "It has been great. He comes home really excited and has so much to talk about." Students who attended previous camps said, "STEM camp is really fun because you learn and participate in many fields and activities."

STEM-Health camp will run for one week, Monday through Friday, 9 a.m. to 3 p.m. June 24 through June 28.

The WMCC STEM - Health camp is an outreach program supported by the White Mountains Community College, the North Coun-

try Health Consortium along with the Northern New Hampshire Area Health Education Center, The Community Colleges of New Hampshire Foundation, NASA, and the Neil and Louise Tilton Fund of the New Hampshire Charitable Foundation. Camp tuition is \$279 with scholarships available upon request. Acceptance and scholarship will be awarded on a first come basis.

Registration materials and information can be obtained on the White Mountains Community College website at www.wmcc.edu or by contacting Tamara Roberge, Project Manager by email at troberge@ccsnh.edu or by phone 342-3062. We encourage early registration. Consider sponsoring a child!



COURTESY
Macee McGee just completed the 1000 Books Before Kindergarten program at the Weeks Memorial Library. Families are invited to join the 1,000 Books Before Kindergarten program at Weeks Memorial Library. The 1,000 Books Before Kindergarten program is a nationwide challenge that encourages parents and caregivers to regularly read aloud to their children. By reading just one book a night, families can reach the 1,000-book goal in three years and provide their children essential early literacy skills.

Lunenburg's second Open Mic set for Saturday

LUNENBURG, Vt. — Lunenburg's second Open Mic of the season will be held on Saturday, June 8, beginning at 6 p.m. It will be held at the Old Congregational Church building located at the top of the Lunenburg Common off Route 2. This building is accessible with a portable restroom nearby.

Music lovers will find a family friendly, relaxed, small town atmosphere at this gathering. Bring your instruments, voices, and dancing feet or plan to sit and enjoy the evening in the beautiful historical setting. Please bring a finger food to share; beverages will be provided. Adults \$3, free for performers as well as kids accompanied by an adult. A door prize drawing will take place during the evening. Proceeds benefit the restoration project of the Top of the Common Committee.

For more Open Mic information e-mail questions@topofthecommon.org or call Chris 802-892-6654. Other Lunenburg events can be found at www.topofthecommon.org.

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Dalton Ridge: Located on 9.57 acres with outstanding views and wonderful solar exposure, this extraordinary home was designed by architects to blend with the landscape and provide many special features. The living room with fieldstone fireplace includes a library area with refreshment bar, and glass doors open to the private backyard and view. There is a sunroom/den for meditation and reading, an open kitchen/dining area, three bedrooms with a lovely master offering its own exit to the outside and a double bathroom space. There is a family room/study in the lower level with wall-in wine cooler, and an attached 2 car garage connected by a mudroom entrance and a sheltered, rear barbeque area behind the garage. This is an elegant and efficient home, perfect as year round residence or second home use. **\$389,000** (4749004)

Randolph Hill Road: Situated on 2.43 nicely landscaped acres with a pond and spectacular Presidential Views, this charming 5 bedroom, 2 1/2 bath country home, built in 1838, is extraordinary. It includes a big country kitchen with vaulted family room, formal dining and living rooms, a large master suite on the first floor, a small study and an inviting sunroom with natural light and solar warmth. Outbuildings include a one bedroom Guest Cottage with open kitchen/living/dining area; a Bank House; and a 3 car garage. This is a beautiful home in a treasured community. **\$395,000** (4741602)

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Sarah Potter of Lancaster graduates from St. Lawrence University

CANTON, N.Y. — Sarah E. Potter of Lancaster was one of the nearly 615 students who were awarded bachelor degrees from St. Lawrence University during Commencement ceremonies held on May 19 in Canton, N.Y.

Potter is a member of the Class of 2019 and majored in chemistry. Potter attended White Mountains Regional High School. Potter graduated with a bachelor of science magna cum laude degree.

Graduates, faculty, staff and guests heard remarks from honorary degree recipients Trustee Emeritus Jeffery H. Boyd '78, former CEO of Priceline, and Susan L. Washburn, chair of the Board of Trustees at Franklin and Marshall College, as well as North Country Citation recipient and local artist Suzanne Langelier-Lebeda.

About St. Lawrence University

Founded in 1856, St. Lawrence University is a private, independent liberal arts institution of about 2,500 students located in Canton, New York. The educational opportunities at St. Lawrence inspire students and prepare them to be critical and creative thinkers, to find a compass for their lives and careers, and to pursue knowledge and understanding for the benefit of themselves, humanity and the planet. Through its focus on active engagement with ideas in and beyond the classroom, a St. Lawrence education leads students to make connections that transform lives and communities, from the local to the global. Visit www.stlawu.edu.



Groveton American Legion Auxiliary Fredonwarell Unit 17 President Sally Frizzell, is seen here handing Tina Reynolds from W.W. Berry's Transportation Group a check to help cover some of the cost for the refreshments during the annual training for the school bus drivers held at the W.W. Berry's building.

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Lancaster, NH <ul style="list-style-type: none">Contemporary, 3+ bed, 4 bath+/- 4,753 sq. ft., +/- 2.45 acres,Open Concept, Master En-SuiteEnergy Efficient ICF Construction2 Car Garage, Finished Basement \$449,000 (MLS #4763187)		Lancaster, NH <ul style="list-style-type: none">Renovated New Englander2 Bedroom, 2 Bath, HW Floors+/- .29 acres, +/- 1,445 sq. ft.Large Rooms, Pellet StoveUpdated Windows, Vinyl Siding \$127,000 (MLS #4754489)	
Concord, VT <ul style="list-style-type: none">+/- 4.2 acres, Open Bldg AreaDrilled Well, Storage Shed1993 32' Layton CamperTown Road, Direct ATV Access \$32,000 (MLS #4644455)		Guildhall, VT <ul style="list-style-type: none">Log Home, +/- 3,410 sq. ft.4 Bedroom, 4 Bath, Woodstove+/- 10 Acres - Pasture & Fences4 Car Garage Barn, Mtn View \$285,000 (MLS #4724313)	
Lunenburg, VT <ul style="list-style-type: none">Split Level Home, 4 bed, 2 bath+/- 2,193 sq. ft. +/- 11.3 acresFinished Lower Level, PastureVinyl Siding, 2 Car Garage \$169,900 (MLS #4752728)		Lunenburg, VT <ul style="list-style-type: none">Large wooded lot, +/- 22.43 acresPrivate country setting, Power at StreetView potential of CT River ValleyWooded, Located on private road \$29,500 (MLS #4753188)	

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Lancaster: 40 Acres abutting national forest. This is a land-locked parcel without any legal ROW. Any ROW will have to be negotiated with an abutting neighbor. MLS# 4751876 - \$39,000	Lunenburg, VT: 31.85 acres of wooded land that would make a great spot for your vacation or dream home. Secluded setting on a town maintained dead end road. Other lots available. MLS# 4721711 - \$64,900	Stark: PRIME LOCATION with direct ATV/ Snowmobile access! Nestled on the banks of Nash Stream and Upper Ammonoosic river. Located in a beautiful country setting. 2 car garage! Beach on the river! Additional Cabin! 6 tent sites! Meticulous work has been done to the land and home. MLS# 4753091 - \$329,500

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COURTESY

On May 18, the Groveton American Legion Auxiliary Fredonwarell had a road toll that we changed to "Support Your Veterans." Why you might ask not a road toll because we cannot charge money for Poppies. Poppies are donations that are collected and then money given to the veterans. We would like to Thank everyone that stopped to support our Veterans. Pictured here is Jodie Paradis one of our members.



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SPORTS B

Wednesday, June 5, 2019

COÖS COUNTY DEMOCRAT

PAGE B1



TARA GILES

Gunnar Carr makes a great play at first base during round one of the playoffs against Mascenic on May 30.



TARA GILES

Spartan Griffin Crane made it to third base on a hit that reached just beyond first base. Crane was like lightning as he rounded the bases, just making it to third in the nick of time during a home game against Mascenic on May 30.

On to the Final Four

White Mountains baseball beats Mascenic and PMHS

BY TARA GILES

tara@salmonpress.news

WHITEFIELD — The White Mountains Regional High School boys' baseball team is on a roll after winning the first two rounds of the playoffs last week. The first game took place on May 30, against 11th-ranked Mascenic. The Spartans took the win with the final score at 9-2. On June 1, the team faced 14th-ranked Prospect Mountain and came out on top with an easy 17-1 win.

In the top of the first inning against Mascenic, Spartan Gunnar Carr made a nice catch along the first baseline to get the first out. Plays by Tyler Hicks on third and Carr made for the next two outs to sit the side. Leadoff batter Griffin Crane scored one run in the bottom half and was advanced after a nice double by his cousin Hicks. Braxton Brown was walked, and Jack Curtis hit a sacrifice pop to center field to drive in the run.

In the top of the second inning, Brown struck out the first batter, then Connor Bosse and Carr teamed up for two plays to get the next two outs. In the bottom half, the Spartans added three more runs after LaChance, Crane and Hicks touched down on home plate. LaChance reached first on a walk. With two outs on the board, Crane singled to reach first and banked an RBI. Hicks walked then Brown reached on an error in center field. The score was 4-0 heading into the third inning.

In the top of the third inning, Brown sat down the side after striking out the first



TARA GILES

(Left) Connor Bosse makes a nice scoop at second base for the Spartans on May 30 in Whitefield in round one.

The visitors put a runner on first after a base hit in the top of the fifth. Brown, Bosse and Carr quickly stopped the small rally and the Spartans were up to bat again.

Things were quiet until the bottom of the sixth inning when White Mountains added three more runs to the board. Crane reached on an error at third base then was sent home on a Brown single. Corrigan reached after getting hit by the pitch, and a Bosse double brought in two more runs.

Mascenic scored two runs in the top of the seventh inning but it was too little too late.

On Saturday, June 1, the Spartans faced Prospect Mountain where Hicks hit two home runs. Teammates Brown and Crane each added another home run to their record as well as the Spartans won 17-1.



TARA GILES

Jack Curtis of White Mountains made a fantastic catch at shortstop during a win over Mascenic on May 30 in Whitefield.



TARA GILES

(Right) Spartan Tyler Hicks made a great catch on June 1 as the team easily cruised by Prospect Mountain to advance in the playoffs.

three in the lineup. In the bottom half, the Spartans went down for an uneventful half.

Mascenic was sat down again one, two, three in the top of the fourth inning by Brown. Crane reached first after an error in right field followed by Hicks, who was walked. A double by Brown drove Crane home and an error at third base put Riley Corrigan on first.



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Spartan Haile Hicks fires the pitch against Fall Mountain during round one of the playoffs on May 29.



White Mountains' Nicole Gross was strong behind the plate during a home playoff game against Fall Mountain on May 29.

Spartan softball knocked out by Belmont in quarterfinals

BY TARA GILES
tara@salmonpress.news

WHITEFIELD — For the first time in seven years, the White Mountains Regional High School softball team will not make it to Plymouth State's Chase Field to compete in the Division III Final Four. The Spartans were knocked out in game two of the playoffs by sixth-ranked Belmont after a close 2-1 match. Both teams had strong defense, however the Spartans could not connect their bats, causing them to suffer on offense.

In the top of the first inning, starting standout pitcher Haile Hicks struck out the first two batters, walked the third, then a play from Meg Nelson over to Myah Bastian on first was out number three. In the bottom half, Maddy Bean reached first on a walk but was thrown out stealing second.

Hicks struck out two batters in the top of the second inning, then made a nice play over to Bastian at first for out number three to sit the side. In the bottom half, Hicks and Bastian reached first on a walk. Courtesy runner Morgan Doolan reached third and was in scoring position but was left stranded after

(Right) Maddy Bean of WMRHS steps up to the plate during a battle against Belmont on June 1.



Mackenzie Treamer of White Mountains tags the runner out at third base during round two against Belmont on June 1.

to her tally and just at the right moment. Belmont had runners on second and third base when Hicks secured the final out. Pop up hits by the Spartans made for easy outs for Belmont to make the bottom half a quick one.

Belmont lit up the board in the top of the fourth inning after scoring two runs on

(Left) Senior Spartan Myah Bastian makes the play at first during an easy win over Fall Mountain on May 29.

two walks and a single. Hicks made contact in the bottom half but three strikeouts put the Spartans back on defense.

Hicks struck out one in the top of the sixth inning. Belmont had a runner on second when Bastian caught a pop along the first baseline for out number two. The third out was taken care of by Bastian to sit the side. Treamer scored one run for the Spartans in the bottom half after reaching on a single. Avi Challinor advanced Treamer after hitting a single that flew threw second and first base. Hicks was intentionally walked followed by a hit from Bastian.

The Spartan defense held Belmont in the top of the seventh. The bottom half was a nail-biter as Bean reached first on a single with two outs already on the board. Treamer singled to advance Bean to third base. Treamer then ran to second on an overthrow and was thrown out, calling the game in Belmont's favor.

There was a question raised by Coach Forest Hicks as to whether or not Treamer was obstructed by the second baseman, however the umpires did not change the call.

Earlier in the week the Spartans bested Fall Mountain 7-0 in game one.

PASS Super Late Model race postponed until Aug. 10

GROVETON — Speedway 51 powered by the Autosaver Group and Pro Allstars Series President Tom Mayberry have agreed to a makeup date of Saturday, Aug. 10, at 6 p.m. for the NAPA Spectacular 151, which was postponed due to weather on Sunday, May 19. The makeup date was the only one that would fit into both schedules. The featured NAPA stores include Littleton, Plymouth,

Colebrook and Berlin. The Saturday night, Aug. 10, event will feature the PASS Super Late Models racing 151 green flag laps around the high banked quarter-mile bullring in Groveton. Joining the PASS Super Late Models will be Dalton Mountain Motorsports / Caron's Towing Tiger Sportsman, Caron's Fabrication Street Stocks, Claudette and Dean's Place Daredevils, White Mountains Communi-

ty College Bone Stockers, Veteran Chargers and the brand new MOM's North Country Powersports UTV Side by Side Front Stretch Drags. For more information on Speedway 51, please visit www.speedway51int.com, or contact Dick Therrien at 802-274-8823, or by e-mail at dprdrick@gmail.com. Speedway 51 is located in Groveton at 78 Craggy Road.



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Harmony Jones of Groveton made a catch no one will forget during a tough playoff game against Colebrook on May 29.

TARA GILES



Eagle pitcher Jill Laverty fires the pitch against Colebrook in Groveton on May 29.

TARA GILES

Mohawks eliminate Eagles in opening round

Harmony Jones makes catch of the season in Groveton

8BY TARA GILES
tara@salmonpress.news

GROVETON — The Groveton High School girls' softball team had a great season, however were picked off by the Mohawks from Colebrook in round one of the playoffs. Colebrook bested the Eagles 10-3 on May 29th, closing out the season for the team in purple.

The highlight of the game was a right field catch by Harmony Jones, who caught the

ball between her hand and her glove, lost it, then recovered it, as only someone with true determination could do.

Colebrook scored one run in the top of the first inning on a single and a double. In the bottom half, Jill Laverty and Micki Grootenboer made contact but their infield pops gave the team two outs. Lauren Tyler and Katelyn Desilets each had base hits but were left stranded after a



TARA GILES

Groveton's Lauren Tyler is safe at first during a playoff game against Colebrook on May 29.

All about two wheels at NHMS in June

LOUDON — If you'd rather ride on two wheels than four, New Hampshire Motor Speedway is the place to be in June. Highlighted by Motorcycle Week at NHMS, which runs simultaneously with Laconia Motorcycle Week, June 8-16, this month brings a variety of motorcycle and bicycle events to Loudon.

"All of us have been looking forward to June for quite some time now," said David McGrath, executive vice president and general manager of New Hampshire Motor Speedway. "Not only will we be hosting the inaugural event on our brand new Flat Track along with the 96th annual Loudon Classic during Laconia Motorcycle Week, but we also have a variety of other events throughout the month that our fans will enjoy with their families as summer finally kicks off."

Motorcycle Week at NHMS will feature demo rides and vendors (June 10-15), all new camping options, Supermoto East Coast (June 14-15), motorcycle rides and on-track action on both the new 0.25-mile Flat Track and the 1.6-mile road course.

The speedway's newest racing surface, The Flat Track, will host

the inaugural Laconia Short Track presented by Russ Brown Motorcycle Attorneys on June 15, featuring riders from American Flat Track. The 96th annual Loudon Classic, known as the longest-running motorcycle race in America, has moved back to Father's Day, June 16.

For a different type of two-wheeled riding, families are encouraged to ride their bicycles on "The Magic Mile" at Dale Jr. Foundation's Safe Kids 301 on June 5. This event kicks off bike-riding season and celebrates bicycle safety with helmet checks, live entertainment and more. This free event is hosted by Speedway Children's Charities New Hampshire Chapter and the Children's Hospital at Dartmouth-Hitchcock's Injury Prevention Program.

The Sunapee Racing Team will hold cycling events at the speedway every Thursday through Sept. 12 (except July 18). Cyclists from all over New England participate in and promote the sport of competitive cycling with a keen emphasis on its long term viability and growth.

If you're just learning how to ride a motorcycle or want to fine-tune your riding skills, check

out Penguin Roadracing School June 12-13 prior to the Loudon Road Race Series taking on the road course for round three of the 2019 season, June 14-16.

NHMS hosts many other clubs and events throughout the month of June including:

- Sports Car Club of New Hampshire on June 30;
- J&J's Yolk & Co. Oval Series on June 8;
- United States Classic Racing Association on June 8-9;
- North East Drift Co. on June 8-9;
- MOAT Mountain Road Course Series on June 15-16;
- Third annual New England Short Track Showdown on June 22-23;
- New Hampshire Karting Association Racing Series on June 22;
- Boston Chapter of the BMW Car Club of America on June 29.

For ticket information for events at New Hampshire Motor Speedway, including the June 8-16 Motorcycle Week at NHMS, the July 19-21 Monster Energy NASCAR Cup Series Foxwoods Resort Casino 301 race weekend and the Sept. 20-21 Full Throttle Fall Weekend, visit the speedway web site at NHMS.com or call fan relations at 783-4931.

strikeout.

Things took a sour turn for the Eagles in the top of the second inning when the Mohawks pounded out seven more runs to give the team an early comfortable lead. The runs came in after five singles and two walks. The bottom half was a one hitter for Groveton with Katherine Bushey being the only player to reach first.

Colebrook added another run in the top of the third and fourth innings, bumping the score 10-0, leaving Groveton with little hope to answer.

The Eagles were able to drive in one run in the bottom of the fifth inning after Grootenboer was walked to first.

In the bottom of the sixth inning, the Eagles banked two more runs after Grootenboer reached on a walk and Laverty reached on an error at third base.

There was no such luck in the seventh inning, leaving Colebrook to advance. The Mohawks faced number one seed Epping on June 1 and were bumped out of the tournament after suffering a 7-2 loss.

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Spartan Taima Ronish is pictured here competing in the long jump during the Division III State Meet in Durham on May 25. Ronish placed first in the 100-meter hurdles.



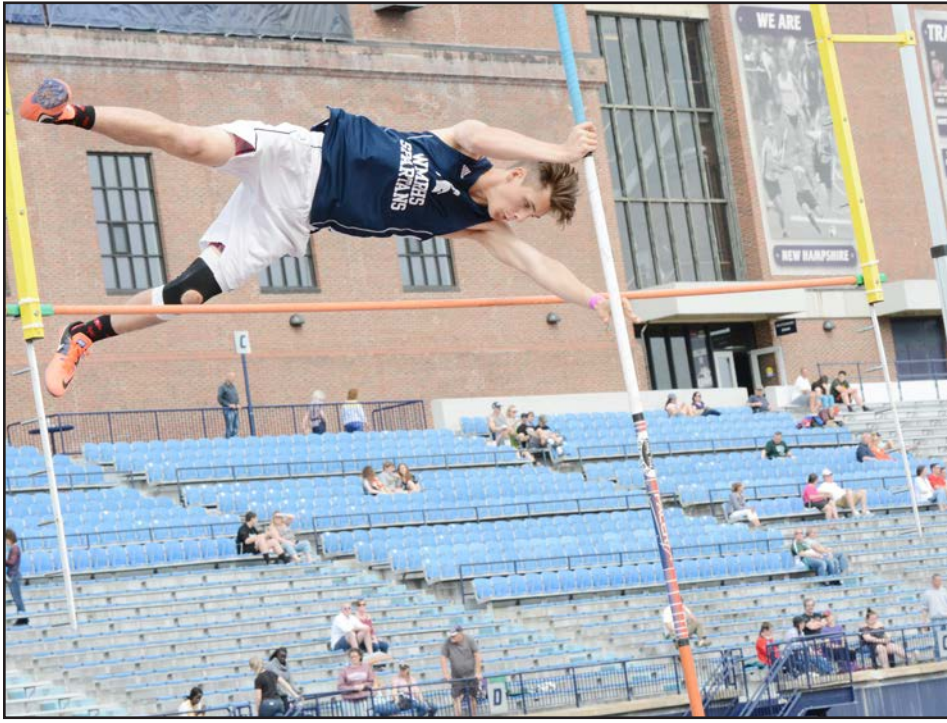
Senior Hunter MacLeod of WMRHS takes the baton from junior Kevin Schanlaber during the 4x100-meter relay during the state meet on May 25 in Durham.

Ronish and Parker win state championships

BY TARA GILES
tara@salmonpress.news

DURHAM — On Saturday, May 25, the Spartan track team headed to the seacoast where they participated in the Division III State Championships at UNH. The boys' team placed fourth overall, the highest in several years. The girls' team took sixth place this year, however the loss of some strong seniors left the team in a rebuilding year after last year's champion-

(Right) Junior Spartan Jack Parker took second place in the pole vault at the D-III state meet in Durham on May 25.



Kevin Schanlaber, of White Mountains is pictured here during the long jump in Durham on May 25. He took third place, advancing himself on to the Meet of Champions.

Mules wanted for 10th annual Anthem Sunrise Ascent

PINKHAM NOTCH — Planning is under way for the 10th annual Anthem Sunrise Ascent on Mt. Washington to be held Aug. 4 at the Mt. Washington Auto Road and ASPNC is seeking various types of volunteers. This unique and inspiring event, sponsored by Anthem Blue Cross and Blue Shield in New Hampshire, raises funds to support Adaptive Sports Partners of the North Country (ASPNC) and its mission to provide year-round opportunities for sports, recreation and wellness for people with disabilities. Before sunrise, adaptive athletes begin their ascent of the 7.6-mile Mt. Washington Auto Road with the goal of reaching the summit of Mt. Washington. Each athlete is supported by a team of “mules” who push, pull, and encourage the athlete to the summit. The physical challenge, coupled with the natural beauty of the sun rising over the Presidential Mountain range, creates an exciting and memorable experience for all involved. This year, 15 athletes have accepted the challenge and ASPNC is seeking volunteers to join in this inspirational journey and help these athletes reach the summit, standing at 6,288 feet. There is a role in this event for people of all ability levels, including non-hikers.

You can get involved in the Sunrise Ascent and support this great cause in the following ways:

Register as a mule. Mules hike alongside an adaptive athlete, help-



Team Charlie (Littleton) makes its way up the Mt. Washington Auto Road for the ninth Sunrise Ascent.

ing as needed to reach the summit. The goal is to have 20-25 mules per team. Mules must attend one training hike and are asked to raise \$355 towards their team goal of \$6,288, which is equal to the height of Mt. Washington. The registration fee for a mule is \$62.88. Registration is open until June 17.

Register as a trail angel. Trail angels are volunteers who are unable to make the climb or attend the event. Their role is to assist a specific team with meeting and exceeding their fundraising goal of \$6,288. There is a special award for the top fundraising team, so trail angels can be a huge help and athletes love the extra support. Registration is open until June 17.

Register as a roadrunner. Roadrunners drive their empty cars up the Auto Road to transport teams back down to the Bottom Side Brunch Celebration following the ascent. After a grueling climb, the teams appreciate their roadrunners greatly. Registration for roadrunners opens July 1.

Register as a brunch volunteer. Bottom Side Brunch volunteers provide support by donating goods for the celebratory brunch after the climb.

Sponsor or donate to a team. You can donate to individual teams to help meet their fundraising goal by visiting www.sunriseascent.org. Businesses and individuals are also invited to take advantage of several sponsorship opportunities for this milestone year. Sponsorship information is available on the web site, or you can call the office at 823-5232 to learn more.

The Anthem Sunrise Ascent on Mt. Washington seeks to raise more than \$62,880 to provide year-round sports, recreation, and wellness programs for people of all ages and abilities. Through ASPNC's mission fulfillment, thousands of participants have been encouraged to maximize their abilities

and experience the benefits of physical activity, skill development and being part of an inclusive community of caring individuals. For additional information, visit www.sunriseascent.org.

Adaptive Sports Partners of the North Country (ASPNC) is a community-based, not for profit 501(c)(3) organization with a mission to enrich the quality of life for people with disabilities. ASPNC accomplishes this through providing year-round opportunities for sport, recreation, and wellness throughout the Franconia area, North Country of New Hampshire and Northeast Kingdom of Vermont. Last year, ASPNC and its dedicated volunteers provided more than 1,650 activity sessions to nearly 200 people with disabilities.

Adaptive Sports Partners of the North Country's office is located at 297 Main St., Franconia. For more information please visit www.AdaptiveSportsPartners.org or call 823-5232.

ship.

Senior Nick Travers scored points in the 100-meter dash, placing sixth in a time of 12.22. Forest Pribbernow was just out of scoring range, taking eighth place in a time of 12.37. Sophomore Logan Rines placed 14th in the 110-meter hurdles in a time of 19.55. Rines placed 13th in the 300-meter hurdles in a time of 50.11.

The boys' 4x100-meter relay team of Travers, Kevin Schanlaber, Hunter MacLeod and Forest Pribbernow took third place in a time of 45.73, earning them a spot at the Meet of Champions. The 4x400-meter relay team of Zeke and Forest Pribbernow, Travers and Sunjay Sood scored more points after placing third in a time of 3:40.

Big points came for the Spartans in the field events after junior Jack Parker took first in the high jump, clearing six feet, two inches. Parker went on to take second in the pole vault, clearing 11 feet, six inches. Parker scored 18 points in just these two events alone.

In the jumping pit, Schanlaber placed third in the long jump with a distance of 20 feet, 1.25 inches. He then took fifth in the triple jump, flying 39 feet, 10 inches. Zeke Pribbernow took fourth in the discus with a launch of 118 feet, six inches. He placed

11th in the javelin with a distance of 123 feet, nine inches.

In the girls' competition, Blayne LaChance had a great day in the 800-meter race, banking a personal best of 2:27.61 for a fourth place finish. Senior Leah Dutkewych placed eighth in the 1,600-meter run in a time of 5:39.05.

Taima Ronish is the state champion in the 100-meter hurdles, crossing in a time of 17.04.

The girls' 4x100-meter relay team of Kadi Bedell, Ronish, Abby Friedman and Lena Dodier took fourth place in a time of 54.11. LaChance, Bella Cronin, Friedman and Dodier teamed up again for the 4x400-meter relay, placing just out of scoring in seventh place in a time of 4:30. Dodier, Dutkewych, Cronin and LaChance took fourth place in the 4x800-meter relay in a time of 10:39.

Friedman took eighth in the high jump, clearing four feet, six inches. Bedell placed 12th, clearing four feet, four inches. Friedman placed second in the pole vault, launching herself seven feet, six inches. LaChance took 10th, clearing six feet.

Ronish took fifth place in the long jump, with a distance of 15 feet, three inches. She then went on to take third in the triple jump with a leap of 33 feet, 1.5 inches.



Send us your listings by 9 a.m. on Friday
democrat@salmonpress.com
Democrat, P.O. Box 29, Lancaster, NH 03584

Ongoing Events:
Grandparent/Caregiver Support Group facilitated by the Gorham Family Resource Center. Second and fourth Thursdays of the month, 5-6:30 p.m. Offering support for grandparents/relative caregivers raising grandchildren/family members. St. Barnabas Episcopal Church, 2 High St., Berlin. FMI 466-5190.

Story Hour at the Whitefield Public Library, every Thursday, 10-11 a.m. (excluding holidays). For children ages three to five and their caregivers.

The Coös County Small and Beginning Farmers meets on the 3rd Thursday of each month. The next monthly meeting will be in the basement of the Colebrook Public Library, from 6:30 to 8 p.m.

Volunteers needed for Colonel Town Recreation Playground Fundraising Committee. Meetings held the second Tuesday of each month at Colonel Town Recreation Center, 16 High St., Lancaster, 788-3321.

LEGO Monday, 3:30-4:30 p.m. A variety of LEGO bricks and Suplos invites children to explore creativity while building sensory-motor skills in a cooperative environment. Gorham Public Library.

Plug-in to the Library, Tuesdays, 3:30-4:30 p.m. An electricity program for school-age kids that enhances academic skills through school-subject relevant toys and crafts. Gorham Public Library.

Who-Who is Reading?, Wednesdays, 3:30-4:30 p.m. School curriculum and routines introduced as fundamental components in the 1000 Books before Kindergarten literacy program for children ages newborn to 5 years of age.

Weeks Diabetes Support Group - The group meets the 3rd Tuesday of every month at 7 p.m. in the Weeks Hospital Board Room. The hospital is located at 173 Middle Street Lancaster, NH. The group is for diabetes patients, as well as friends and family of people with diabetes. Please contact Casey Dowland at 788-5294 for more information. The Diabetes Support Group Newsletter can

be found at weeksmedical.org.

Chronic Disease Self-Management Workshops “Better Choices, Better Health” is a free 2-hour 6 week peer supported workshop held each week for people living with chronic illness or caring for someone with a chronic illness. Connect with others who understand. Topics covered include nutrition, stress-management, exercise, and communication. Offered in Littleton, Haverhill, Berlin, North Conway and Plymouth. Contact Becky at 259-3700 or bmcenany@nchnh.org for dates and locations of classes.

TOPS (Take Off Pounds Sensibly) meets Thursday evenings at the Lancaster Emergency Medical Services (LEMS) Building, 19 Mechanic Street, Lancaster. Weigh - in is 5-6 p.m., followed by a meeting at 6:15 p.m. Parking and entrance at rear of building. Call Bonnie at 802-892-6614 for more information.

Lancaster AA Meetings - Sundays 9:30 a.m. 3rd and 11th Step meeting at Weeks Hospital, 3rd floor conference room. Wednesday's 7 p.m. - 12 & 12 discussion group, Weeks Hospital 3rd Floor conference room; Thursday's 8 p.m. open discussion, at All Saints Catholic Church, Main St., Lancaster. Saturday's 7 p.m. Big Book discussion group, Weeks Hospital, 3rd floor conference room. Ongoing.

The Presidential Gem and Mineral Society meets the 2nd Thursday of the month. There is a program, raffle and refreshments. Jefferson Town Hall 6:30 p.m. Open to all. For more info call Sharon O'Neill at 466-2395 or Dave Tellman at 837-9764.

Randolph Public Library-Open Monday and Wednesday from 3- 8 p.m. and Friday and Saturday from 10 a.m. - noon.

Jefferson Christian Church Sunday Services, 8:30 a.m. at the IOOF Hall, across from the Town Hall. Sunday School offered during these services. Everyone welcome.

Coös County Republicans meet on the third Thursday of each month at the Water Wheel in Jeffer-

son at 7 p.m. For more info regarding topic and speakers: contact Eric, 348-1140.

Addiction Recovery Program - LDS Family Services of The Church of Jesus Christ of Latter-day Saints sponsors weekly Addiction Recovery Meetings. Addictions can include tobacco, alcohol, coffee, tea, drugs (both prescription and illegal), gambling, codependency, self-destructive eating patterns and compulsive spending. The program is based upon the Twelve Steps of Alcoholics Recovery meetings are confidential, free and ongoing, and all discussion is held in strict confidence. Dress is informal and anyone is welcome. Group Leaders: Elder and Sister Putnam, 435-720-2856, gregput@live.com. Colebrook: Wednesday, 6:30 p.m., United Methodist Church, 26 Bridge Street, Colebrook. Starts Wednesday March 11, 2015

Randolph: Tuesday, 6:30 p.m, Randolph Hill #5, US Route 2, Randolph.

The First Baptist Church of North Stratford will again host monthly potluck suppers on the second Saturday of each month starting March 14. A variety of casseroles, salads, baked beans and pies will be served. Suppers are at 5:30 p.m. The price is \$7 adult.

North Country Toastmasters now meets at Bailiwicks Restaurant, 106 Main Street in Littleton. 6:30-7:30 p.m. Practice your communication and leadership skills in an easygoing, no pressure, supportive atmosphere. Meet every 2nd and 4th Thursday at Littleton. Open to the public, ages 18 or older. Please contact e_brisson@yahoo.com or call Elaine at 802-473-0120 to go to

northcountrynh.toastmastersclub.org for more information.

Narcotics Anonymous - Trinity Unity Methodist Church, Lancaster Road, Whitefield. Wed. 7- 8 p.m.

Robots Arrive to Plug-in to the Library!- Every Tuesday from 3:30-4:30pm, the Gorham Public Library runs an electricity program (Plug-in to the Library!) that is designed to teach school-age kids about the different types of energy. In addition to snap circuits; squishy circuits made with home-made play dough; LED lights; and other amazing electronic devices... the library now has two robots available during this program. Recon 6.0 Programmable Rover robots may be programmed to get a snack and come back, patrol and protect one's surroundings, perform spy missions, etc. What a super opportunity for kids to get electrified, through playing with age-specific learning toys and inventing, while advancing core subject knowledge and skills (i.e. science, math, English, history-social studies). Contact Sue @ 466-2525 for more details.

Nessa Platt will be offering beginner's yoga classes at RizFit on Depot Street in Lancaster every Saturday at 9 a.m. The cost will be \$10 per class. Call ahead 603-631-4144 to pre-register and save your spot!

Connecticut Valley Sno-Riders Snowmobile Club meets monthly at the Guildhall, Vt. town building on the third Saturday of each month at 7 p.m. Meetings will be held February 20, March 19 and April 16, 2016.

New members and guests are welcome.

For information, contact John at 802-328-2182.

North Country Survivors of Suicide Loss Support Group, meeting the first Thursday of each month from 6:30-8 p.m. at Weeks Medical Center (hospital) in Lancaster. If attending for the first time or for more information contact Richard Cotter at 603-219-8912 or Sara Cotter at 603-631-5629.

Berlin Material Girls Quilt Guild Meeting. First Monday of the month at 6:30 p.m., St. Kieran Arts Center, 155 Emery St, Berlin. Sew days are on Tuesdays. Come and join us! Like us on Facebook.

Open Mic, the 3rd Saturday of every month, at Christ United Methodist Church, Main St., Lancaster. For more information, call 603-631-4890.

A Notch Above Photography Club meets the 2nd Saturday of each month at 1 PM in the conference room of the Bethlehem Public Library, 2245 Main St., Bethlehem, NH. The club is open to everyone interested in photography regardless of skill level. We meet for informal discussion, tutorials and photo critiques, and we schedule periodic field trips and nature hikes. New members are welcome. Contact doctortim@wildblue.net for more information or find us at Meetup.com. Join us for fun, fellowship and learning.

Messianic gathering, Saturdays, 10:30 a.m., 475 Whitefield Rd., Bethlehem. Join us for teaching and a time of fellowship. For more information, call 444-1230.

The Groveton Fish & Game Club, Inc. on Lost Nation Rd., Groveton has begun

its sporting clays season. Be there by 4:45 p.m. to sign in and begin at 5 p.m. on any Wednesday.’ Bring your own shotgun, eye & ear protection and 50-plus shells. This is open to all but juniors require adult supervision.

This Week's Calendar of Events:

June 5: OWLS Program, 8 a.m., North Country Community Recreation Center, 33 Rec Rd., Colebrook.

FIT-4-EVAH, 9:30-10:30 a.m., North Country Community Recreation Center, 33 Red Rd., Colebrook.

Wind Down Wednesdays, 5-8 p.m., Corner of High Street & Route 26, downtown Colebrook.

North Country ATV Club, 6-8 p.m., Night-hawks Club House, Stratford.

Colebrook Ski-Bees, 7-9 p.m., Colebrook Country Club.

June 6: OWLS Program, 8 a.m., North Country Community Recreation Center, 33 Rec Rd., Colebrook.

Aquacize with Carol Bouchard, 8:30-9:30 a.m., North Country Community Recreation Center, 33 Rec Rd., Colebrook.

June 7: OWLS Program, 8 a.m., North Country Community Recreation Center, 33 Rec Rd., Colebrook.

FIT-4-EVAH, 9:30-10:30 a.m., North Country Community Recreation Center, 33 Red Rd., Colebrook.

Aquacize with Carol Boucahrd, 6 p.m., North Country Community Recreation Center, 33 Rec Rd., Colebrook.

Umbagog Snowmobile Association, 7-8 p.m., Route 26, Errol. *Calendar, PAGE B6*



BY BARBARA R. ROBERTS

Most of our calendars will show tomorrow as D-Day. Technically, according to the encyclopedia a d-day is a secret date on which a military operation is to begin. The most famous D-Day in United States history was June 6, 1944, the date of the largest sea invasion in history when the Allies invaded German held Normandy in northwestern France. Although “Operation Overlord” was a success, it came with a tremendous cost in lives lost. By the end of the day five beaches had been secured, but there were more than 12,000 Allied casualties and 2,000 aircraft lost.

The World Wars I and II are come subjects for today’s writers. Several books of non-fiction recently

Weeks Memorial Library

have highlighted the roles of women in war time as spies, scientists, and survivors. Novels use the same theme. Frances Liardet’s debut novel “We Must Be Brave” is the tale of newly married Ellen Parr who finds a young girl alone in the back of a bus as bombs fall over Southampton, England. Liardet highlights the mother/child relationship that develops and the power of love even when blood relatives let them down. Jennifer Chiaverini’s “Resistance Women” follows an American student who marries a German economist and returns with him to his native land. As Hitler and the Nazi Party strengthen, Mildred becomes part of a resistance network of women determined to resist them. “Lost Roses” by Martha Kelly examines Russian involvement in World War I through the eyes of three women, beginning in St. Petersburg.

There are several novels for readers following the various suspense and mystery series. Janet Evanovich with her son Peter continues their Kate and Nick books with “The Big Kahuna.” Elly Griffiths’ newest entry in the Ruth Galloway mysteries is “The Stone Circle.” Louise Penny calls Galloway a “captivating amateur sleuth—an inspired creation.” Victoria Thompson’s most recent gaslight mystery is “Murder on Trinity Place.” “The Body in the Wake” is Katherine Hall Page’s 25th book in the Faith Fairchild mystery series with recipes included as usual. Other series additions are “On a Summer Tide” by Suzanne Woods Fisher (Three Sisters Island), “Bitter Brew” by G. A. McKevett (a Savannah Reid mystery), “Farmed Robbery,” by Marlene Chase (Amish Inn mysteries). Alison Weir has just

finished the fourth volume in her Six Tudor Queens fiction series with “Anna of Kleve: The Princess in the Portrait.” Princess Anna of Kleve, is chosen from a picture by grief-stricken Henry VIII as his fourth wife, and while Henry is briefly interested in her, he soon becomes infatuated with one of her maids-of-honor. The awkward relationship between Henry and Anna needs to be terminated. Will he accuse her of adultery and have her killed, or will he return her to Germany in disgrace? Alison Weir is also well-known for her numerous historical biographies of English royal figures.

A couple new non-fiction titles are “The Complete Baby and Toddler Cookbook” by America’s Test Kitchen and “The End of Alzheimer’s: the First Program to Prevent and Reverse Cognitive Decline” by Dale Bredesen.

Calendar

(continued from Page B5)

June 8: ALBAN-NACH in Concert, 2-5 p.m., Great North Woods Center for the Arts, 1993 US Route 3, Columbia.

Alpine Garden Exploration, 6 p.m., AMC Lodge, Pinkham Notch, Jackson.

Stratford Night-hawks, 6-7 p.m., Blue-

berry Hill Inn & Café, Stratford.

June 10: Snow Blasters, 4:30-6 p.m., Town Hall, Norton, Vt.

Parent & Child Aquatics, 5:30 p.m., North Country Community Recreation Center, 33 Rec Center Rd., Colebrook.

June 11: OWLS Program, 8 a.m., North

Country Community Recreation Center, 33 Rec Rd., Colebrook.

Parent & Child Aquatics, 5:30 p.m., North Country Community Recreation Center, 33 Rec Center Rd., Colebrook.

Aquacize with Carol Boucahrd, 6 p.m., North Country Community Recreation Center, 33 Rec

Rd., Colebrook.

June 12: OWLS Program, 8 a.m., North Country Community Recreation Center, 33 Rec Rd., Colebrook.

FIT-4-EVAH, 9:30-10:30 a.m., North Country Community Recreation Center, 33 Red Rd., Colebrook.

Northeast Kingdom Snow Blasters, 4-6

p.m., Town Hall, Norton, Vt.

Wind Down Wednesdays, 5-8 p.m., Corner of High Street & Route 26, downtown Colebrook.

Port Cities in Concert, 7-9 p.m., Rialto Theatre, 80 Main St., Lancaster.

PLEASE FORWARD CALENDAR ITEMS

FOR CONSIDERATION FOR THE COÖS COUNTY DEMOCRAT AND BERLIN REPORTER NO LATER THAN ONE WEEK PRIOR TO THE DESIRED PUBLICATION DATE TO BRENDAN@SALMONPRESS.NEWS or call 603-279-4516, EXT. 101.

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then they need flu vaccines.

Flu protection is recommended in sizes 6 months through 18 years.

The flu can be a serious disease for children of all ages, causing them to miss school, activities, or even be hospitalized. CDC, doctors, and other health care professionals recommend flu vaccinations for everyone 6 months and older.

For more information, visit <http://www.cdc.gov/flu>



U.S. Department of Health and Human Services
Centers for Disease Control and Prevention

NOTICE
TOWN OF GUILDHALL
INVITATION TO BID

1. Sealed bids will be received by the Town of Guildhall, Vermont, hereinafter referred to as the "Owner," for performing the work as described as follows: "Exterior Siding Repair and Painting of the Guild Hall", and dated 5/28/2019 as described more fully in the Plans and Specifications, on or before 6:00 o'clock, in the PM, June 19, 2019 at the Guild Hall (Town Office), PO Box 10, 13 Courthouse Dr., Guildhall, VT 05905, at which time said bids will be publicly opened and read.
 2. All bids must be made on the "Bid for Exterior Siding Repair and Painting" form which is available from the Town Clerk by:
 - A. Email: townclerk@guildhallvt.org
 - B. Phone: 802-676-3797 (voice mail when office is closed)
 - C. In Person: Tuesdays 9 am – 3 pm or Thursdays 12 – 6 pm.
 3. A bidder may withdraw any proposal submitted prior to the hour set for the closing of the bids provided the request is signed in a manner identical with the proposal being withdrawn.
 4. The Town of Guildhall will be responsible for payment in accordance with the terms of the contract when the work is completed.
- The Guildhall Selectboard reserves the right to reject any or all bids.

Town of Guildhall, VT.
By: George Blakeslee
Title: Town Clerk

NOTICE
TOWN OF WHITEFIELD

The Whitefield Water Department will be performing town-wide hydrant flushing during the Months of June, July, and August.
Whitefield Board of Selectmen

AVRRDD
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WASTE COLLECTION

Saturday, June 22, 2019
8:00 a.m. -1:00 p.m.

AVRRDD Transfer Station
100 West Milan Road, Route 110, Berlin

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Berlin, Dummer, Errol, Gorham,
Jefferson, Milan, Northumberland,
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in Coos County and Shelburne

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FOR REGULAR BUSINESS

Telephone: 752-3342 for information
Website: www.avrrdd.org

NOTICE
TOWN OF CARROLL

Town Clerk/Tax Collectors office
will be closed
Wednesday, June 12, 2019
for a Workshop.
Sorry for the inconvenience.

INVITATION TO BID
Unused, Surplus Equipment/Furniture

The White Mountains Regional School District's Arthur T. Paradise Career and Technical Education Center, at White Mountains Regional High School, and the White Mountains Regional School District's Maintenance Department are conducting a sealed bid auction of unused, surplus equipment and furniture.

For additional bidding information and to view items included in the auction online, please visit www.sau36.org and click on the link that says "WMRSD Equipment/Furniture Disposal Bids" on the main page or <https://tinyurl.com/ctebids>.

Bids must be submitted on the form provided and in a **sealed** envelope. Envelopes shall be clearly marked "WMRSD EQUIPMENT SEALED BID", followed by the bidder's full name. **Bids must be received by 11:00 AM on Monday, June 10, 2019.** Submit sealed bids to: SAU 36, 14 King Square, Whitefield, NH 03598.

The White Mountains Regional School Board reserves the exclusive right to accept/reject any or all bids as deemed in the best interest of the school district and their decision will be final.

PUBLIC NOTICE
NASH STREAM FOREST
PROJECT FILE # P3-415

Department of Natural and Cultural Resources
Division of Forests and Lands
ODELL, NEW HAMPSHIRE

By authority granted under RSA 227-G:3 and 227-H:2 the New Hampshire Division of Forests and Lands is planning a forest operation that includes the commercial harvest of timber on 404 acres of the Nash Stream Forest in the town of Odell, New Hampshire. This is a public notice to solicit comments or questions as part of the planning process. THIS IS NOT A REQUEST FOR BIDS. The Division carries out timber harvests as part of a multiple use forest and wildlife management program on State owned woodlands. Please address written comments or request for information by June 18, 2019 to Director, Division of Forests and Lands, 172 Pembroke Road, Concord, New Hampshire 03301, ATTN: Forest Management Bureau **P3-415**.

NOTICE TO
THE VOTERS IN THE
TOWN OF WHITEFIELD

THE SUPERVISORS OF THE CHECKLIST
WILL BE HOLDING A SESSION ON
WEDNESDAY, JUNE 19, 2019
FROM 10:00 AM TO 11:00 AM
(LONGER IF NEEDED)
AT THE SUMMIT BY MORRISON LOCATED
AT 56 SUMMIT DRIVE WHITEFIELD, NH
FOR ANY ADDITIONS OR CORRECTIONS
THAT MAY BE NEEDED TO THE VOTER
CHECKLIST. RSA 64:32

SUPERVISORS OF THE CHECKLIST:
KATHY DUNLAP ~ BARBARA JONES ~
ANN-MARIE DEVIN



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Ampersand Gilman Hydro LP ("AGH") hereby publishes notice of its notification of intent to file an application for a new license, of the pre-application document ("PAD"), and of its request to use the traditional licensing ("TLP") process in connection with the Gilman Generating Station project located in located along the Connecticut River, in the Village of Gilman, VT in the Town of Lunenburg, Essex County, VT and in the Town of Dalton, Coos County, NH. These documents were filed with the Federal Energy Commission ("FERC") on March 24, 2019 (NOI) and May 30, 2019 (PAD and TLP request), respectively and are available for review and reproduction at 35 Riverside Ave, Gilman, VT 05904, during regular business hours.

The Gilman generating Station is a 4,950 kW run-of-river hydroelectric station located on the Upper Connecticut River watershed, at river mile 300 on the Connecticut River. AGH intends to continue operating the Project as a run-of-river hydroelectric station, as it has been over the past 40 years. The boundary between the states of Vermont and New Hampshire passes through the Project, which straddles the two states. As a result of previous successful license applications, and ongoing discussion with federal and state agencies, AGH is confident that it will be able to provide a license application in line with the TLP guidelines in a timely manner, with limited controversy.

Pursuant to 18 C.F.R. § 5.5, AGH submitted its intention to file an application for a new license which generally outlines the project and lists all relevant stakeholders identified by AGH. In addition, AGH submitted the pre-application document in accordance with 18 C.F.R. § 5.6. The pre-application document consists of all existing information relevant to the project that is in AGH's possession or could be obtained with the exercise of due diligence. This document has been distributed to FERC and all interested stakeholders to enable these entities to identify issues and related information needs, develop study requests and study plans, and prepare documents analyzing any license application that may be filed with FERC.

The applicant's name and address are as follows:

Ampersand Gilman Hydro, LP
717 Atlantic Avenue
Boston, MA 02111
contact: Greg Cloutier Chief Engineer
Tel.+1-603-443-7610
2 Riverside Ave, Gilman Vt

or

Amit Pinjani, Asset Manager
Tel. + 1-416-643-6621

Please note that comments on AGH's request to use the TLP process should address, as appropriate to the circumstances of the request, (a) the likelihood of timely license issuance, (b) the complexity of the resource issues, (c) the level of anticipated controversy, (d) the relative cost of the TLP compared to the integrated process, (e) the amount of available information and potential for significant disputes over studies, or (f) other factors believed to be pertinent.

Please also note that comments on AGH's request to use the TLP process may be filed with FERC and AGH no later than 30 days following FERC's public notification of the filing. Please reference FERC Project No. P-2392 and the applicant's name and address when submitting comments to FERC. All comments submitted to FERC must be made in accordance with FERC's filing procedures posted on <http://www.ferc.gov>.

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Looking for Applicants from the Berlin, Gorham, and Whitefield areas.

Position:
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\$11.50 per hour starting wage
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Community Services Center, 69 Willard St. Berlin,
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Qualifications:
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Provide support to individuals in volunteer and
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Support individuals to develop meaningful social
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living skills to include cooking, cleaning, grocery
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Documentation and basic computer skills desired.
Full time benefits include:
Health Insurance, opportunity for Dental and
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reimbursement opportunity, mileage reimburse-
ment & retirement contribution.

Interested applicants should
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Fax: 802-748-8770 or e-mail it to: dbaxter@stjdental.com

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gtaillon@ccsnh.edu
EEO



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15 Preble Street, Groveton, NH 03582
Ph: 603-636-1437 • Fax: 603-636-6102
EOE



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EOE



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A couple or individual is needed to provide a home and
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Compensation includes an annual contract with additional
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"Payments made to Home Care Providers for the care of the individual
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payments as defined in IRS code Section 131(c) and may not be
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consult a tax specialist for more details"

This position requires a valid driver's license, proof of adequate auto
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For more information, please contact
Michelle Scherer, Housing Coordinator at 237-5721.



Registered Nurse/Nurse Trainer NHS, Common Ground

NHS Common Ground has a full time opening for a
Registered Nurse with interest in and or background
in Developmental Disabilities and Mental Health. The
successful candidate will work closely with the agency
and the state to oversee medications of clients in ac-
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that you make regular visits to the homes of persons
receiving agency services. Candidate will enjoy a busy,
varied work routine, both inside and outside of the
office. Excellent communication and listening skills are
essential, as is prior experience and comfort working
with individuals with developmental and psychiat-
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required. We offer flexible week-day hours, a sup-
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Please submit a cover letter and resume to:

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Attn: Mark Vincent

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email to mvincent@northernhs.org or fax to 603-837-9061.

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- ▶ A High School diploma or equivalent, and valid driver's license are required.
- ▶ Full-Time positions available.

Coös County's application is located on the web at www.cooscountynh.us. Please mail, email, or fax completed applications to: Superintendent Ben Champagne, Coös County Department of Corrections, PO Box 10, W. Stewartstown, NH 03597. ben.champagne@cooscountynh.us Fax: 603-246-7081

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The Berlin Police Department is accepting applications for the position of Patrol Officer. This is your opportunity to join a progressive agency located in the heart of the White Mountains. Entry level after certification \$52,062 – \$53,934 commensurate with experience. We offer a competitive benefits package including a retirement plan with the NH Retirement System. Applications are available at <https://www.berlinnh.gov/sites/berlinnh/files/uploads/application.pdf> and additional information may be obtained by contacting Deputy Chief Buteau at the Berlin Police Department, 135 Green Street, Berlin, NH 03570; (603) 752-3131 or danbuteau@berlinpolice.org. Applications will be accepted through June 21, 2019.

EOE

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NCD Highlight on Hygienists
Focus: Putting herself in her patient's shoes

About Lori Robichaud: North Country Dental Hygienist since 2018. Started out as childhood patient at NCD. Inspired by Dr. Schoenbeck to become dental professional. Canoes with her cats.

Quotable quote: "The first patient that I observed (during training)...he hadn't had his teeth cleaned in like 40 years. I thought it was the coolest thing seeing the before and after with that patient. I like that I get to know people, as a hygienist, really being able to help them."

Lori on NCD: "One of the things I remember about Dr. Schoenbeck that started it all (becoming a hygienist), he always found a way to make it interesting. The way he explained things, I really admire that about him; the way he goes over things with patients."

The Lori difference: "Patients seem to like the fact that I was a patient because I can relate to both sides. I tend to get a lot of people who are nervous...I like that I get to prove that going to the dentist is not as bad or scary as they think it is. I try to put myself in their shoes. I always felt I was welcome when I was a patient and I try to make them feel that way, too."

The NCD difference: "Patients are always impressed with the technology we have, like getting crowns made right away instead of waiting. They especially like that we're accommodating and they really like how the new office in North Conway looks."

NCD and NCD Hygienists. We give you more to smile about!

Visit us at northcountrydental.com/services

Mountain Lake
Camping Resort

Lancaster, NH

HELP WANTED
POSITIONS:

Campsite Maintenance
Starting at \$10 an hour

Grounds Maintenance
Starting at \$10 an hour

Janitorial Maintenance
Starting at \$10 an hour

Water Slide Attendant
(no lifeguard experience needed)
Starting at \$8 an hour

Call the Office at
603.788.4509
to set up an appointment.

HELP WANTED



Year round employment opportunities
STARTING WAGES
PART TIME: \$11.50/HR
STUDENTS WELCOME
FULL TIME: \$13.00/HR
MUST BE AT LEAST 18
WORKING MANAGERS:

\$18.50/HR
MUST BE ABLE TO RUN ALL DEPARTMENTS

IF YOU ARE RESPONSIBLE AND ORGANIZED
PLEASE PICK UP AN APPLICATION @ 84 Main St, Littleton
WITH OUR CASHIERS or EMAIL JULIEP@MYFAIRPOINT.NET

SAU #58
VACANCIES 2019-2020

Groveton High School
Special Education Teacher
(ID#3053761)

For more information or to apply please go to www.SchoolSpring.com and
reference the above job ID. All applications must go through SchoolSpring.

If you have any questions regarding these positions, please contact:
Carrie Irving, Secretary SAU #58
15 Preble Street, Groveton, NH 03582
Ph: 603-636-1437 • Fax: 603-636-6102
EOE

Assistant Coordinator / Adult Ed Teacher

Adult Learner Services (ALS) of Coos County, a program of North Country Education Services (NCES), is seeking a candidate for a school-year based position to assist with the operation of the ALS office in Berlin, NH, as well as the remote offices in Lancaster and Colebrook. Other responsibilities include assessing/teaching adult students in the subjects of reading, writing, science, and social studies to prepare for the HiSET Exam. Teaching certification is not required; teaching experience preferred. Associates degree in education or human services or equivalent experience is required.

Pay is \$21/hour, 190 days (7 hr/day) between Sept-June. Benefits include: health insurance, sick leave, NH Retirement System, and mileage reimbursement. Send cover letter and resume by June 21, 2019 to: lori@ncedservices.org or Lori Langlois, Executive Director, NCES, 300 Gorham Hill Road, Gorham, NH 03581.
FMI or to apply online: teachnorth.org

A reliable means of transportation is required for this position as well as the successful completion of a criminal records background check. NCES is an Equal Opportunity Employer and Provider.

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SCHOOL ADMINISTRATIVE UNIT #58

Interim Superintendent Vacancy
Part-time or Full-time

SAU#58 in the NH North Country is seeking an interim superintendent, part-time or full-time, to oversee operations of four schools: a K-8 of 64 students in Stratford, a K-5 of 121 students and a 6-12 of 200 students in Groveton, and a K-6 of 26 students in Stark. While small, the schools have up-to-date technology, excellent staff, supportive school boards, and strong academic programs aligned with the state frameworks. The Superintendent will work with three individual school district school boards who each meet once a month, and one SAU school board which meets three times per year.

A multi-year contract and regionally competitive salary/benefits will be offered. Starting date is July 1, 2019. Candidate must be certified or certifiable as Superintendent in NH.

Applicants should send a cover letter, resume, current letters of reference, transcripts and certification prior to June 7, 2019 to:

Superintendent Search Committee
SAU#58
15 Preble Street
Groveton, NH 03582
Tel: (603) 636-1437



We are looking for the perfect candidates to join us for a 3-week nature-based summer camp for 6-9 year olds.

Our camp is located on the grounds of the White Mountains Regional High School, a perfect location to explore nature. Position is for 1-week of training and 3-weeks of camp beginning June 27.

Candidates should be at least 21 years old and be able to pass a background check.

Interested parties should submit a cover letter, resume, and contact information for three references to melissa@taprootnh.org. For more information on our organization, please visit www.taprootnh.org.



DENTAL HERB COMPANY®

Dental Herb Company is a leading provider of natural oral health products, located in Lancaster, NH. Our team is growing! We are looking for an experienced professional who possesses exceptional attention to detail and total commitment to customer satisfaction. Work hours are M - F, 40 hours per week. This position is a customer service role, so the ideal candidate will have phenomenal communication skills, both verbal and written.

Principal responsibilities include taking customer orders over the phone and providing information about our products, setting up and managing customer accounts, obtaining and evaluating all relevant information to handle product and service inquiries, keeping records of customer interactions and transactions, recording details of inquiries, complaints, and comments, contacting customers in order to respond to inquiries, utilizing internal software to enter and process customer orders, and replying to customer emails, among other activities. The perfect candidate will be willing to cross train into other departments.

REQUIREMENTS

- 3+ years customer service experience preferred
- Detail-oriented with good problem solving skills
- Ability to independently prioritize workload
- Team player with a positive attitude
- High school diploma required - Some college preferred
- Valid driver's license
- Excellent computer skills
- Ability to multi-task and adapt as issues arise
- Exceptional verbal and written skills
- Highly committed to quality and customer satisfaction
- Outstanding job references

We offer an excellent benefit package that includes 401K match, health insurance, and vacation. Starting wage will be based on experience. Send cover letter and resume to jobs@dentalherb.com. No phone calls, please.



STATE OF NEW HAMPSHIRE
TRANSPORTATION & EMERGENCY DISPATCHER

40hrs/wk \$32,240.00 - \$37,523.20

Rotating Shift, plus 60¢/hr shift differential

Lancaster

The NH Dept. of Transportation District 1 has a vacancy for a full time **Transportation & Emergency Dispatcher** (#20450) to receive and transmit multi-agency information at a DOT District Office via 2-way multi-channel radio, multi-line telephone, various computerized systems and other communications equipment, to dispatch enforcement and emergency field personnel, to process emergency and traffic management data and reports, and to provide reception services to District 1 visitors.

Minimum Qualifications:

Education: Completion of high school or G.E.D. equivalent. Each additional year of approved formal education may be substituted for one year of required work experience.

Experience: Two years of experience in dispatching, communications, emergency response, information technology, or a related field.

Preferred Qualifications: Experience in a service-oriented position involving a high volume of interactive public contact in a police, fire and/or public emergency and rescue service. Experience with Computer-Aided Dispatch (CAD).

Special Requirements: Selected candidate will undergo a fingerprint-based criminal background check. Must be willing to work nights, weekends, and holidays as scheduled, and during emergencies as required. Must be willing to be on-call 24 hrs/day, seven days/wk. All accountabilities must be performed in accordance with State and Department rules and policies, including risk management, safety and environmental standards, regulations and administrative orders.

Complete an on-line application for Job Id# 14881 at <https://das.nh.gov/jobsearch/>

For more information contact Philip Beaulieu, District Engineer, at 603-788-3541 or at District1@dot.nh.gov.

EOE



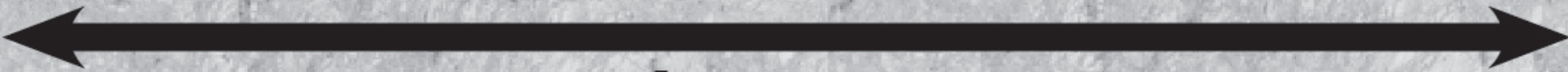
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WHITE MOUNTAINS
REGIONAL SCHOOL DISTRICT

2019-2020 School Year

Professional Staff

Special Education Teacher (LES)

Title I Teachers

Long-Term Substitute Teacher (9/9 to 11/22/19) -
WES

Athletic Trainer (part-time)

Kindergarten Teacher (anticipated opening)

AmeriCorp Vista Volunteer

To Apply: [https://my.americorps.gov/mp/listing/
viewListing.do?id=73351&fromSearch=true](https://my.americorps.gov/mp/listing/viewListing.do?id=73351&fromSearch=true)

Support Staff

Cook

All applicants must apply on [Schoolspring.com](https://www.schoolspring.com)
Paper applications will not be accepted.

Coaching Staff

Alpine Skiing

Varsity Girls' Basketball


JV Boys' Soccer

(Please contact Kerry Brady, AD – 837-2528)

Substitutes Needed for Teachers, Nurses,
Paraprofessionals, Custodians, Cooks


For further information, contact:
Roxanne H. Ball, Adm. Assistant to the Superintendent
of Schools/Human Resources
White Mountains Regional School District
SAU #36
14 King Square
Whitefield, New Hampshire 03598
TEL.: 603-837-9363/FAX: 603-837-2326
Email: rhball@sau36.org

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**For more information, please contact
Jennifer Everleth, Human Resources
(603) 444-5317 or jeverleth@nchhha.org
Apply online at www.nchhha.org**

North Country Home Health & Hospice
Agency is an Equal Opportunity Employer



Employment Opportunities

Hospital Educator/Hospital Coordinator
Part-Time, 32 hours, Rotating shifts/weekends

- Monitors level of compliance with mandatory education for all Hospital staff
- Assists with the Hospital orientation program
- Develops competencies for clinical work areas
- Provides professional educational support and guidance
- Functions in an administrative capacity to ensure quality patient care and efficient Hospital operation.
- NH Registered Nurse license required

Certified Medical Assistant
Part-Time, 32 hours, day shift, Tuesday through Friday

- Under RN or Practitioner supervision, performs quality patient care to practice Pain Clinic patients
- Utilizes the electronic medical record to record vitals, past medical, family and social history, review of systems, medications, allergies and quality measures

Point of Service Representative
Full -Time, 40 hours, day shift, Monday through Friday

- Welcomes patients and visitors
- Checks in and accurately registers patients
- Conducts patient appointment reminder calls
- Collects payments at time of service

Point of Service Representative – Outreach (North Conway area)
Full-Time, 40 hours, Monday through Friday

- Coordinates provider schedules
- Schedules and registers patient appointments
- Communication and organizational skills required
- Prior experience in medical office and knowledge of medical terminology a plus!

***Financial Specialist**
Full -Time, 40 hours – Day shift, Monday through Friday

- Screens and initiates payment options for patients prior to major services or procedures
- Works with attorneys and probate court
- Excellent people skills required

***HELP Desk Technician – Information Technology**
Full -Time, 40 hours - Day shift, Monday through Friday

- Provides prompt, first contact support for end users
- Sets up/supports telephone and voice mail system
- In-depth, hands-on knowledge of IT concepts
- Bachelor of Science or Associates degree and prior experience preferred

Call Center Specialist
Full-Time, 40 hours, day shift, Monday through Friday

- Coordinates provider schedules, incoming calls and faxes
- Registers patient appointments
- Obtains pre-certifications and authorizations for various procedures
- Telephone etiquette, computer, keyboard skills, and customer service experience required

If interested, please apply online to:
Human Resources Department
ANDROSCOGGIN VALLEY HOSPITAL
59 Page Hill Road, Berlin, NH 03570
www.avnhn.org
An EO Employer-M/F/Veteran/Disability/Sexual Orientation/Gender Identity

PITTSBURG POLICE DEPARTMENT

PART-TIME POLICE OFFICERS

OPEN UNTIL ALL POSITIONS ARE FILLED

The Pittsburg Police Department is currently accepting resumes for part-time officers.
Starting salary: \$18.00 per hour (upon NH Certification) NH LATERAL CANDIDATES ARE ELIGIBLE FOR A HIGHER STARTING SALARY BASED UPON PREVIOUS EXPERIENCE. Candidates shall be of good moral character, not have a criminal record or serious motor vehicle record, and must not have any physical, mental, and/or medical impairments which would interfere with their ability to perform the essential functions of a police officer. Successful candidates will pass a physical fitness test, oral board interview(s), physical / medical examination, polygraph examination, and an extensive background investigation. There is no closing date. Applications will be accepted until all open positions are filled.

Send cover letter and resumes to:
Pittsburg Police Department
1526 Main Street
Pittsburg, NH 03592
or
Police@pittsburg-nh.com
(EOE)



Director of Nursing

\$5,000 SIGN ON BONUS OFFERED!

Join our growing team of over 6,000 health professionals nationwide!

At Centurion, our dedication to making a difference and our passionate team of the best and the brightest healthcare employees has made us one of the leaders of the correctional health industry. Whether you are driven by purpose and impact or on a journey of professional growth, our opportunities can offer both. Centurion is proud to be the provider of healthcare services to the Vermont Department of Corrections.


We are currently seeking a full time Director of Nursing at our Northeast Correctional Complex in St. Johnsbury, VT.

Requirements:

- VT RN License; BSN preferred
- Experience in acute care, ambulatory care or correctional
- environment preferred
- 3 years supervisory experience required
- Must be able to pass the VT Department of Corrections
- background investigation and obtain security clearance.


We offer competitive compensation and a comprehensive benefits package including: Health, dental, vision, life and disability insurance, 20 paid days off plus 8 paid holidays, 401(k) retirement plan with employer match, Career development benefit, Flexible spending accounts for health and dependent care and more!

**Interested candidates, please email resumes to kelli@teamcenturion.com
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EOE



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Wood Stove - HearthStone, front loading cast iron, \$1500 or BRO.

Floral Pattern Shabby Chic Sofa, excellent condition, \$300 or BRO

5pc sectional sofa, excellent condition, \$900 or BRO

Call 603-788-8157 or 617-391-8121 anytime.

OLD NH FISH and Game, ca. 1890, bearing laws, penalties and seasons on moose, caribou, furbearers, fish, etc. measures 12"x18" May be seen at the Coos County Democrat, 79 Main St., Lancaster, NH. Price, \$4; if mailed, \$10. Call 603-788-4939 or email lori@salmonpress.news

Barn/Garage/Yard Sale

MOVING SALE Inside garage. Daily except Sundays 9am-4pm. Now through Saturday 7/13. 117 Mountain Meadows Rd., Lyman, NH.

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We are hoping someone may have him or have seen him?
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August 27, 2016
Do not chase. Old and New Leads appreciated.
For more info see www.facebook.com/shaneshetlandsheepdog

Call Owner 603-365-1778 or Granite State Dog Recovery 1-855-639-5678

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Monday 10 am

Auctions/Antiques

On Location Estate Auction Thursday June 20th on Whittier Rd Tamworth NH By Gary Wallace Auctioneers Inc #2735NH-Starts 10AM- viewing at 8AM
Selling Antiques, Auto memorabilia, Vintage tools, Signs, Ephemera, Dolls, Sterling, Shop tools, Vintage car parts, Jewelry, Vintage Gas station collectibles and more - See: www.wallaceauctions.com call 603-539-5276 - terms cash-check- 15% BP

Pets/Breeders

LOW COST SPAY/NEUTER
Mobile Feline Fix It Wagon, Cats \$70-\$85. Dogs at Conway clinic, starting at \$100. NH and Maine income qualified plans. Military discounts. Rozzie May Animal Alliance, a dedicated spay/neuter nonprofit. Sign up on line www.RozzieMay.org or call 603-447-1373

General Help Wanted

Dishwasher/Kitchen Assist.
Female kitchen staff for all-girl residential camp: Prep, Clean, Wash Dishes, Serve approx. 60 people 3 meals per day. Call (603) 536-4244 for application.

Female consumer in Jackson is seeking a personal care attendant, Tuesday-Sunday mornings for flexible 3-4 hour shifts. Assistance is needed for stand by for showering, assist with transfers, light housekeeping, meal prep, laundry, grocery shopping. Must have license and proper insurance. If interested, please contact Ashley at 603-568-4930.

Great Summer Job!
June 22 thru Labor Day. We are looking for summer help at our Beach. Duties include: monitoring parking, light cleaning, observing that beach rules are adhered to. Staff must mature, love working with the public and be able to preform light physical labor. Please call or email 603-476-5177 / Suissevaleom@gmail.com

Help Wanted Sales Associates
Full & Part Time
Apply in Person
Perras Ace / Perras Treasures
Rte 3
Groveton, NH
603-636-1391

Need help cutting large yard in Littleton.
Have riding mower.
Ph. 603-991-2431

Tallmage Plumbing and Heating is seeking a full time Master Plumber and heating tech. Excellent starting pay. Please call Tallmage Plumbing and Heating, Stewartstown, NH (603)246-7173.

DON'T TEXT AND DRIVE

Professional/Technical

PUBLIC WORKS DIRECTOR

The City of Berlin, NH, is accepting applications for the full-time position of Public Works Director. The position includes full benefits including health and retirement. This Department Head position, which reports directly to the City Manager, is responsible for overseeing all the operations and functions of the City's Public Works Department which include streets, solid waste collection, garage, storm drain and wastewater collection. There are four supervisors that oversee operations who report to the Director. Candidates must demonstrate a progressive path of growth and experience leading construction and/or municipal type public works operations. A degree from a college or university with study in public works administration or civil engineering is desirable. Individuals with experience, training and/or education in generally related fields are encouraged to apply. Salary is up to \$75,000 DOE.

Interested applicants should submit a resume and letter of interest to the City Manager's Office, City Hall 168 Main Street, Berlin, NH 03570, (603-752-7532) or e-mail to info@berlinnh.gov Applications will be accepted until the position is filled.

The City of Berlin is an Equal Opportunity Employer

Professional Services

ALL NEW: HERE-4-YOU
Cleaning (businesses & residences), errands, and pet care. Need a ride to an appointment? Grocery store? Pick up lunch/dinner? A pet sitter for the weekend, overnight, or just a few hours? Available beginning May 15.

Call ahead for more info & to schedule! 603-991-3387.

Real Estate



Equal Housing Opportunity
All real estate advertising in this newspaper is subject to **The Federal Fair Housing Law** which makes it illegal "to make, print, or published any notice, statement, or advertisement, with respect to the sale, or rental of a dwelling that indicates any preference, limitation, or discrimination based on race, color, religion, sex, handicap, familial status or national origin, r an intention to make any such preference, limitation or discrimination." (The Fair Housing Act of 1968 at 42 U.S.C, 3604(c))

This paper will not knowingly accept any advertng which is in violation of the law. Our readers are hereby informed, that all dwellings advertised in this newspaper are available on an equal opportunity basis.

To complain of discrimination call **HUD** toll free at 1-800-669-9777
For The Washington DC area, please call **HUD** at 275-9200. The toll free telephone number for the hearing impaired is 1-800-927-9275.

You may also call
The New Hampshire Commission for Human Rights
at 603-271-2767 or write
The Commission at
163 Loudon Road,
Concord, NH 03301

Neither the Publisher nor the advertiser will be liable for misinformation, typographically errors, etc. hereincontained. The Publisher reservesthe right to refuse any advertising.

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BETHLEHEM: EFFICENCY UNITS.
No Smoking, No Pets, Security deposit required. Utilities and cable included. 603-444-2075

Apartments For Rent

Lyndon Meadows – Lyndon Center, VT
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Call EastPoint Properties for an application and information (603)471-3013

WHITEFIELD: Third floor 1 bedroom apartment \$480/mo. Includes heat, hot water, trash removal. Laundry on premises. Security, first month and references required. Call 603-616-8711.

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in Lancaster and Groveton Housing in Groveton

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- Follow directions from local officials
- Check flashlight and radio batteries
- Charge mobile devices
- Add warm clothes and blankets to emergency kit
- Keep gas tank full
- Take cash out (ATM's may not work)

DURING

- Conserve energy
- Go to community warming shelters & check on neighbors, family, seniors and homeless
- Only use generators in open areas away from windows and home to prevent carbon monoxide poisoning

AFTER

- Throw out unsafe food

www.Ready.gov/blackouts

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Please Drive Carefully.
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PSU alumni and friends are invited to meet Nick Vailas '76 and Strength & Conditioning Director John "JT" Thomas to hear about the exciting plans for strength and conditioning at Plymouth State: a new, state-of-the-art facility for human performance students and student athletes inside the PE Center.

Thursday, June 13, 2019, 6-8 p.m.
Human Performance Center in the PE Center
Holderness Campus, Plymouth State University

*Construction Attire Encouraged
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Register at go.plymouth.edu/future

Questions or want more information? psu-advancement@plymouth.edu or 603-535-2589



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\$20.00

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Ask Your Advisor How To Save \$100.00 and Build Rewards Today



Kevin Roy
Service Director



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