

Newfound Landing

THURSDAY, AUGUST 27, 2020

FREE IN PRINT, FREE ON-LINE • WWW.NEWFOUNDLANDING.COM

COMPLIMENTARY

Bears get go-ahead for fall sports

Newfound following all guidelines set forth for return of athletics

BY JOSHUA SPAULDING

Sports Editor

BRISTOL — It's been a busy summer for Newfound Athletics Director Alex Sobolov.

After his first school year on the job was marred by the COVID-19 pandemic that caused the cancellation of the spring sports season back in March and April, Sobolov spent the summer months helping to keep Newfound athletes safe as they slowly returned to the practice fields for unofficial workouts under Governor Chris Sununu's return to play guidelines.

"It's going as good as can be; we're slowly taking steps forward," Sobolov said. "We're sifting through things for sure."

With that in mind, the school board early last week approved the return of sports following the New Hampshire Interscholastic Athletic Association guidelines, giving Newfound athletes the chance to compete in green and white this fall.

The NHIAA set up its three-phase plan to help schools return to action and the board went forward with going to phase three of summer and fall training.

In phase three, someone must be on site to monitor social distancing and compliance with protective actions. Common areas are to remain closed and commonly touched areas must be frequently cleaned and disinfected at the end of each event. In this phase, there should also be six feet of distance between athletes, volunteers, coaches and staff where possible and if not possible, face coverings should be worn. Parents and guardians will have to remain outside of the "in play" areas and group size is limited to 50 percent of the facility capacity.

That someone has been Sobolov, who has been at each practice this summer, making sure everyone is safe.

"Newfound has been doing summer workouts starting at the beginning of July," Sobolov said, noting all practices were in small groups. "I've been at every practice to do the health screenings."

At the end of July and into the beginning of August, things moved to phase two, which allowed practices with full teams, though still just working on skills and drills.

Sobolov noted that all athletes needed to have parental permission to participate and so far, numbers seem to be solid across the school's athletic programs.

"Six of our teams are up and running with practices," Sobolov said. "The kids show up with masks and we do screenings and ask questions."

The Newfound AD also noted that each student must bring his or her own water and students are asked to stay home if they feel ill.

"It's been very well received," Sobolov said of the practice situation. "We had just about 70 kids last night among five teams."

The NHIAA has also set up dates for sports to get back to official preseason practices and the start of game competition.

The NHIAA has set the first day for any sport to practice as Sept. 8 while low risk sports bass fishing and golf can play their first match on Sept. 10.

Moderate risk sports are set to follow with the first day of competition on Sept. 18. This includes cross country, field hockey, soccer and volleyball while high risk sports football and spirit will be able to start on Sept. 25.

Additionally, the NHIAA has set up an open tournament, which will allow flexibility for schools to schedule games and contests against teams in their region whether or not they are in the same division, without penalty.

Sobolov said that the Bears will be taking advantage of the regional scheduling.

"The school board approved all fall sports at the high school moving forward, contingent on regional scheduling," he pointed out.

Sobolov said he has been getting support from the guidelines set forth by the NHIAA, the NH Athletics Directors Association and the National Federation of High School.

"All four of them have been supporting the move for fall sports," Sobolov said.

He also pointed out that it is important for students to get some semblance of normalcy.

"Lots of these athletes have been working hard during their high school careers building up to these seasons," Sobolov said. "With the support we have from the state association and the governor and school district, we're doing our best to get them some semblance of a season and competition as much as we can."

Sports Editor Joshua Spaulding can be reached at 279-4516, ext. 155 or josh@salmonpress.news.



COURTESY

The tradition continues

The tradition continued when the Town of Bridgewater welcomed home 64 residents and friends to its Old Home Day on Saturday, Aug. 15. Strictly following social distancing guidelines and mask wearing in light of the Covid-19 pandemic, Bridgewater continued their 122-year tradition since Governor Rollins established Old Home Day in 1899. Though they did not have the traditional baked beans, kids' games in the field, or the evening square dance, they did manage to pull off the group photo. Taking individual photos from a safe distance, they were able to compile a 'collage' of those attending to make the group photo. Some notables in attendance were Martha (Townsend) Cladwell, who attended her 92nd Bridgewater Old Home Day, the Scouts who celebrated their 75th year of continuous charter, and Terry Murphy, who is celebrating his 45th year as Town Selectman. For 90 minutes this year, Bridgewater kept alive Old Home Day and welcomed home their "...sons and daughters..." Pictured here are our local Scouts just after raising the flag to start the event.

Hebron Yard Sale Day is Sept. 5

HEBRON — In lieu of the white elephant part of the Hebron Fair, yard sales will be held throughout Hebron on Saturday, Sept. 5 between 9 a.m. and 3 p.m. This is a rain-or-shine event.

Below is a list of participating locations, with some including multi families:

416 North Shore Road
439 North Shore Road
20 Cooper Road
8A-8B-8C George Road
431 George Road

155 Groton Road
210 Groton Road
23 Hobart Hill Road
252 Hobart Hill Road

Mask wearing and social distancing is expected. This event is sponsored by Union Congregational Church of Hebron. Visit hebronchurchfair.org for more information, plus other fun activities in lieu of the fair.

Science Center holds Annual Meeting for members

HOLDERNESS — Squam Lakes Natural Science Center held its Annual Meeting for Members on Saturday, Aug. 8. For the first time, it was a virtual business meeting instead of the traditional in-person member gathering.

Board Chair Justin Van Etten welcomed attendees and called the

meeting to order. The theme of the day was gratitude. Van Etten observed that people are finding reassurance in the natural world, which New Hampshire and the Science Center can provide. The Science Center's mission of education helps people connect with nature and its wonders. Justin expressed gratitude for

the dedicated staff and volunteers and the generosity of members and donors.

Treasurer Anne R. Lovett presented a brief overview of the Science Center's finances in 2019. The 2019 Annual Report may be found on the website at nhnature.org/support. Audited Financial Statements and

the Form 990 Tax Return will be available later this year. The audit was delayed as a result of the COVID-19 pandemic.

Justin Van Etten thanked three outgoing Trustees for nine years of service:

Harriet Harris who gave support through her volunteerism and ex-

SEE MEETING PAGE A8

GOT LUNCH! Newfound wraps up fourth year

BRISTOL — On Aug. 17, GOT LUNCH! Newfound wrapped up our fourth successful year.

GOT LUNCH! Newfound is a healthy summer lunch program run by Bristol Community Services. In the past the program was open to, Bristol Elementary

School for the first year, all four of the elementary schools the second and third years and this year, due to the financial burdens brought on by Covid-19, the program was open to any student enrolled in the Newfound School District. Through generous

donations we received, we were able to provide nine weeks of healthy lunches including fresh fruits and vegetables to one hundred and fifty local students. In addition to the items packed in the bags to make lunches with, each family is given a \$5 dairy voucher per child (up to \$20) to be used each week for milk, yogurt or cheese to go with their lunch.

Although, even with the monetary donations we receive, this program would not be possible without the dedicated volunteers that give of their time to help pick up the food, unload it, pack it into the family bags and distribute it and with the heat and humidity this summer this wasn't always a fun task but our band of volunteers was up to the task. SEE GOT LUNCH! PAGE A8



VOTE DAVE DEVOY

State Senate District 2

Promoting a strong economy and your freedoms

www.davedevoy.com

Paid for by Dave DeVoy, fiscal agent, PO Box 280, Sanbornton, NH 03269

LPC reports on loon numbers, plans, and pandemic response

BY ERIN PLUMMER
mnews@salmonpress.news

MOULTONBOROUGH — The year 2020 has had some challenges for the loon population as well as the human population, with the Loon Preservation Committee taking measures to help loons despite limitations from the pandemic.

The LPC held its annual meeting on Thursday via Zoom where LPC Executive Director Harry Vogel gave the annual “State of the Loon” report on loons as well as an update on the organization.

The LPC monitors 375 lakes across the state. He said while not all these lakes have loons, all have the potential to have them.

Work of LPC staff and volunteers has included banding loons and taking blood and feather samples, examining failed eggs, doing necropsies on dead loons, and others.

The LPC also has a number of initiatives to help protect loons and their nests. They have collected over 15,000 pieces of lead tackle in a buyback program. LPC volunteers and biologists have put out nesting rafts to help loons who have lost their nesting sites, floated signs warning boaters of loon nests and chicks and will work with dam owners to make sure water levels remain stable to protect loon nests. Vogel

said nine out of every 10 chicks that hatched this year benefitted from LPC interventions.

Usually the LPC has a number of events and activities over the year to raise awareness of loons and money for the organization but COVID-19 put a stop to many of them this year.

“Most of our talks, our Summer Gala, our Loon Festival, our golf tournament all canceled this year, but we carried on and we changed our tactics to reach people in different ways,” Vogel said.

Volunteer and Outreach Biologist Caroline Hughes worked with volunteer Bill Gassman to redo the organization’s website and volunteers have maintained a social media presence for the LPC.

The LPC’s Thursday night nature talks have also been available online.

The Loon Census still went on this year with 501 people counting 568 loons across the state.

The collected data from over the summer was compiled into a preliminary report on the state of the loon population in the state.

This year, there were 320 pairs, which he said was a record number. The numbers of nests and chicks, however, was slightly down this year. Around two thirds of all territorial pairs nested, which Vogel said was a

little low. On average, 0.9 chicks hatch per pair, which he said is up this year, and is on par with data from the past 10 years.

Vogel said research has indicated that there is a baseline goal of .48 surviving chicks in a year to keep the loon population stable. While that number in 2020 fell below that line, Vogel said the numbers have been on or above for six of the past 10 years.

Overall, 56 percent of nests were successful. Around a third failed for unknown reasons. Vogel said there are a number of reasons for nest failure that have human factors. The presence of humans around the lake can lead to an increase in predators such as racoons and gulls.

With more people boating this year, large wakes can flood nests and potentially wash eggs away.

For the past few years, the LPC has been investigating the reason for low numbers of loons on Squam Lake, including high levels of contaminants. Fortunately, the numbers on Squam were better this year.

“Squam actually had a good year this year, and that’s very gratifying because we’ve been working for almost 15 years to understand and reverse the declines of loons on Squam Lake,” Vogel said.

This year was also a



Loon Preservation Committee Executive Director Harry Vogel reports on activities by the organization in 2020, including the release of a rescued loon.

hot year, meaning loons in parts of the state fared better than others. While loons in the Sunapee and Monadnock Highlands fared well, loons on the Seacoast did not have a good year. Vogel said climate plays a big role in the state of loons. Overall temperatures in New Hampshire were five degrees above average, placing the temperatures closer to southern Massachusetts.

“When you get the temperatures typical of southern Massachusetts loons don’t fare well and that should not come as a surprise to any of us,” Vogel said. “Loons are a northern species, they are close to the southern edge of their breeding grounds in New Hampshire.”

The LPC is now in the beginning of a capital campaign to raise money for an expansion of



The LPC is embarking on a capital campaign to expand the Loon Center and construct an operations building.

the Loon Center and the construction of a secondary building. Since the building was constructed in 1993 the staff, exhibits, and various pieces of equipment have grown exponentially. Vogel showed a photo of a few staff members packed into a small space with equipment and paperwork.

The LPC plans to expand the main building and construct a second building for rafts, boats, signs, and housing and facilities for staff. The

new building will be the Kittie Wilson Field Operations Center named after ardent volunteer Kittie Wilson who passed away in 2018.

The campaign’s goal is \$2 million, so far thanks to a quiet phase of the campaign they have already raised over \$1.75 million. They still have around \$230,000 left to raise and will continue with their campaign.

MARK ON THE MARKETS

Mutual fund expense



BY MARK PATTERSON

On a very regular basis, I will sit down with a potential new client who

brings their account statements into the meeting, which typically are full of managed mutual funds. These mutual funds have an assortment of fees attached to them that we can see, but sometimes they are disguised hidden deep in something called “statement of additional information,” which is a document mutual fund companies make available upon request but don’t generally distribute to investors.

The most obvious fee attached to a mutual fund is the expense ratio. The expense ratio is typically not hard to find and ranges from about .07 to 2.65 percent, which sounds very high, and it is! I did not realize that there were still mutual funds that had that kind of expense ratio, but I witnessed one yesterday in a new client account that his “investment representative” from a local bank brokerage placed in his account. Brokerage and wealth management arrangements inside of banks are a topic for another article, just be aware in many cases the brokers are not bank employees. They often just have commission splitting arrangements with the bank. Selling product is their goal, not

advice delivered in a fiduciary capacity.

So why is it that it seems the client rarely makes money in these mutual funds? Another key statistic to look at regarding your mutual fund is the turnover ratio. The turnover ratio is simply the amount of times that stock, or bonds are bought and sold which leads to increased operating costs and tax ramifications if this fund is not in a tax qualified account. These transaction costs lead to roughly 1.44% additional expense in the typical mutual fund. Cash drag is simply a term used to explain an additional .83% of expense per year in a mutual fund according to Ty Bernicke, CFP. This cash is not used for tactical purposes,

but only for liquidity in funds that must carry adequate cash for investor outflows.

All mutual funds carry these additional hidden expenses to some degree, however low-cost index funds fees are typically much lower.

Broker sold funds may also carry a load or commission that you must consider as well. Usually “A” shares have an upfront commission somewhere around 5 percent, so only 95 percent of your money is invested and is subject to these additional ongoing fees. C shares usually don’t have an upfront commission but have a very high expense ratio of which approximately 1 percent annually goes back to the broker as a trail commission.

I don’t know many circumstances when you would not do better for yourself and your money to use low-cost mutual or exchange traded funds. If you wanted help you can hire an advisor on a fee basis to manage these funds. Make sure that the advisor you hire is working for you with a fiduciary duty and makes their fee structure very transparent.

If you would like to discuss this topic or anything else, give my office a call or send me an email.

Mark Patterson is an advisor with MHP asset management that can be reached at 447-1979 or Mark@MHP-asset.com.

CASS INSURANCE INC.

‘Nanc’ & Michelle
PO Box 406 • Newport, Vermont 05855

**PERSONAL AUTOS, WORKMAN’S COMP.
GENERAL LIABILITY AND EQUIPMENT
HOMEOWNERS, SNOWMOBILES, ATVS**

802.334.6944-Work
802.334.6934-FAX
cassinsurance@myfairpoint.net

Newfound Landing

ADVERTISE WITH US
ADVERTISING EXECUTIVE
TracyLewis
(603) 575-9127
tracy@salmonpress.news

SEND US YOUR NEWS AND PICS
news@SalmonPress.news

TO FAX THE GRANITE STATE NEWS:
CALL (603) 279-3331

TO PRINT AN OBITUARY:
E-MAIL: brendan@salmonpress.news
CALL: (603)-677-9084

TO SUBMIT A LETTER TO THE EDITOR:
E-MAIL: brendan@salmonpress.news

TO SUBMIT CALENDAR ITEMS:
E-MAIL: brendan@salmonpress.news

WWW.SALMONPRESS.COM
(603) 279-4516

A SALMON PRESS PUBLICATION
NEWFOUND LANDING STAFF DIRECTORY

PRESIDENT & PUBLISHER
FRANK G. CHILINSKI
(603) 677-9083
frank@salmonpress.news

BUSINESS MANAGER
RYAN CORNEAU
(603) 677-9082
ryan@salmonpress.news

OPERATIONS DIRECTOR
JIM DiNICOLA
(508) 764-4325

DISTRIBUTION MANAGER
JIM HINCKLEY
(603) 279-4516

EDITOR
BRENDAN BERUBE
(603) 677-9081
brendan@salmonpress.news

SPORTS EDITOR
JOSHUA SPAULDING
(603) 941-9155
josh@salmonpress.news

PRODUCTION MANAGER
JULIE CLARKE
(603) 677-9092
julie@salmonpress.news

Newfound Landing is published every THURSDAY by Salmon Press, P.O. Box 729, 5 Water St., Meredith, NH 03253.

NORTH COUNTRY COINS, LLC
BUYING • SELLING • APPRAISALS
Est. 1989
WWW.NCCNH.COM
TUES • FRI 10 • 5 • SAT 10 • 3

HIGHEST PRICES PAID
All US and foreign silver and gold coins, estate jewelry, scrap gold, diamonds. Free oral appraisals.
NORTH COUNTRY COINS.
Main St., Plymouth, NH 536-2625.

Brake for Moose.
It could save your life!

THE REAL REPORT

RECENT REAL ESTATE TRANSACTIONS

Town	Address	Type	Price	Seller	Buyer
Alexandria	14 Healey Rd.	N/A	\$162,000	Gary M. and Charity A. Patten	Adam T. Huckins
Alexandria	N/A	N/A	\$300,000	Simorg North Forests LLC	Brian & Mike's Timber Harvesting
Ashland	16 Circle Dr., Unit 57	Condominium	\$150,000	Pamela Plummer	Oliver J. Matte and Hannah E. Willcutt
Ashland	7 Drews Landing	Single-Family Residence	\$510,000	Peter L. Worthington and Sara Worthington	Kevin M. and Meghan E. Thompson
Ashland	22 Hill Ave.	Single-Family Residence	\$139,000	J. Dallas and Jennifer E. Wrath	Aaron and Rebekah Stout
Ashland	N. Ashland Road	N/A	\$38,000	Lakes Region Gold Courses	Jane Jesseman
Ashland	N/A	N/A	\$138,000	Ehfar LLC	John C. Reese and Wendy L. Lepore
Bridgewater	N/A (Lot 10)	N/A	\$68,000	Scott Gagne Estate and Kelly Chace	Cyberdyne Trust and Kevin M. Shelton
Bristol	80 Autumn Lane	Single-Family Residence	\$335,000	Brian J. and Jane K. Friolet	Jeffrey E. Jones and Mary-Elizabeth Sabo-Jones
Bristol	45 Lakewood Pines Rd., Unit 8	Condominium	\$130,000	Ryan Fiscal Trust and John J. Ryan	Stephen and Sharon Johnson
Bristol	River Road	N/A	\$1,100,000	R.P. Williams & Sons RE LLC	Colonial Plaza RT and Harold A. Lavalley
Campton	46 Firewood Circle	Mobile Home	\$65,000	Thomas and Donna Bradley	Matthew H. Kelley
Campton	16 Isaac Fox Dr.	Single-Family Residence	\$236,000	Minoo Mostofi and Mark Sturgeon	Alec and Samantha Wall
Campton	Route 175	N/A	\$24,533	Joanne M. Julia	Viola Terry and Christopher Caldwell
Campton	Route 49	N/A	\$50,000	Paula Mingnanelli	Derek and Ashley Agnew
Campton	N/A	N/A	\$30,000	Vicki A. Lheureux	George B. Blanchard
Campton	N/A	N/A	\$196,000	Thomas F. Farrelly, Jr. RET	Peter D. and Matthew T. Cauchon
Groton	N. Groton Road	N/A	\$50,000	Stanley W. Jackson RET	Christopher W. Kidney and Jessica M. Cormiea
Groton	493 Sculptured Rocks Rd.	Single-Family Residence	\$216,000	Edward J. and Martha L. Chase	Colleen R. Schmitt
New Hampton	NH Route 104	N/A	\$206,000	Lucy A. Drake 1997 Trust and Kenneth Drake	NH Route 104 Properties LLC
New Hampton	543 NH Route 132 N.	Mobile Home	\$162,533	M&K Hall Fiscal Trust and Mark J. Hall	Felecia M. Lyford
New Hampton	14 Seminole Ave.	Single-Family Residence	\$580,000	Jay M. Wilson and Terry L. Buchmiller	Ruth Chiasson
New Hampton	Winona Road	N/A	\$56,000	James E. and Cecilia E. Schwartzott	Brian Engelsen and Kateri A. Bean
New Hampton	15 Woodman Lane	Single-Family Residence	\$422,533	Victoria A. Cronin	Amanda E. Perl
Plymouth	Chaddarin Lane	N/A	\$72,533	Stephen J. Curran	Benmont Real Estate Vent
Plymouth	34 Clay Brook Dr.	Single-Family Residence	\$385,800	Riess Fiscal Trust and Robert C. Riess	Christoher D. Spears
Plymouth	20 Daniel Webster Highway	Single-Family Residence	\$87,000	Robert Heath	Side By Side Enterprises
Plymouth	Hawthorne Street	N/A	\$103,000	Weene Realty LLC	Jeffrey D. Boyer
Plymouth	34 Martin Estates Dr.	Single-Family Residence	\$399,933	Robert J. Dragon	Michael F. and Joanne Huff
Rumney	Halls Brook Road	N/A	\$240,000	Edward F. Cote	Shawn T. Lane
Rumney	NH Route 118	N/A	\$120,000	Ronald D. Krauz	Brian LeLaVega and Stephani Marsh
Thornton	N/A	N/A	\$13,533	Daniel Borges and Nelson Almada	Nancy Perlumtter and Joseph Feiner
Thornton	N/A	N/A	\$20,000	David R. and Elizabeth M. Clay	Sara Cushman and Colleen Spindler-Ranta
Thornton	N/A (Lot 2a)	N/A	\$330,000	Casey Caulder	Daniel R. Lacroix Trust
Waterville Valley	23 Black Bear Rd., Unit 502	Condominium	\$100,000	Calvin C. Chau and Lan Zheng	Melissa G. Liazos
Waterville Valley	3 Innsbruck Way, Unit 56	Condominium	\$204,533	Arthur B. and Rita A. Gordon	Peter Day
Waterville Valley	Mountain Sun Condo Unit 19	Condominium	\$17,000	Krystel Pettigrew	Michael and Lisa Meeller
Wentworth	Atwell Hill Road	N/A	\$182,533	Arden Forest LLC	Michael Theriot

ABOUT THE REAL REPORT

Here are recent real estate transactions in Alton and the surrounding areas. These sales summaries are informational only, not a legal record. Names shown are usually the first listed in the deed. Sales might in-

volve additional parties or locations. Prices are usually based on tax stamps and might be inaccurate for public agency sales. Refer to actual public documents before forming opinions or relying on this information. Additional publicly recorded information on these sales, prior sales and data from Department of Revenue Administration forms is available at www.real-data.com

or 669-3822. Copyright 2011. Real Data Corp. In the column "Type": land= land only; L/B= land and building; MH= mobile home; and COND=condominium. Transactions provided by The Warren Group, Boston Ma., publishers of The Registry Review and Bankers and Tradesman newspapers, Phone: 1-800-356-8805. Website: www.thewarrengroup.com

North Country Notebook

Finger-waggers vs. vernacular, as a ghost cat leaves its marks



By JOHN HARRIGAN
COLUMNIST

This week, we're going from fisher (cats) to fishermen, and from mountain lions to catamounts, panthers, painters, cougars, and wildcats, all of which are among the many words used for the same creature.

One of my recurring nightmares could be made into a movie titled "Revenge of the Finger-Waggers." In it, innocent camp-dwell-



This image garnered wide circulation after it was posted by Pittsburg's Lopstick Lodge & Cabins. It was dated June 5, and was said to have come from a trail-cam near Fish Pond Road in Columbia. (Courtesy Gerry Allen)

finger-wagging wildlife experts, scolding them for using "fisher cat" and "partridge," not to

In the dream I would also get a million bucks for every time I've written about non-scientific terms that over the course of history have crept into regional vernacular and local lexicon, and the legend and lore behind them.

When the first European colonists stepped ashore near Cape Cod and the Gulf of Maine, they didn't know how to feed themselves from the land or the sea. Neither did they know much about the many new species of wildlife they encountered. Hence every feline-looking creature--fisher, bobcat, lynx, cougar--was called "wildcat." When naturalists like John Josselyn, Thomas Morton, and William Wood arrived, they began trying to sort it all out. This process continues today (witness "coydog").

For a long time, my book-reading scope of interest was first contact, coming after binge-reading on the Arctic, the conquest of South America, Antarctica, Siberia and the like), and in a way, it still is. When a new book comes out even only partially dealing with accounts of Europeans' first experiences with native people, I'll drop whatever I'm reading in

a hot second to pick it up.

At one point during my wandering reading,

I bumped into an article dealing with the etymology (origins of a word) of "fisher cat."

Now, one of the brickbats the finger-waggers are always throwing at people who use "fisher cats" (okay, just once in a while, just out of tradition) is that fishers don't catch fish.

But according to at least one branch of the Abenaki nation, they do. Early on, soon after the arrival of the first Europeans, an Abenaki hunter--most probably a Penobscot--told of watching the animal in question--the fisher, prized for its thick and glossy coat--trying to trap fish with its big, wide paws in tiny feeder-streams.

I wish I'd preserved the precise information on this little vignette, but at least I have it in my head.

Whatever the reason, "fisher cat" apparently crept into the early settlers' vernacular, or general use. And as more precise terms were affixed to the various animals, the species were gradually sorted out. So now we know that we have the fisher (cat), mink, skunk, martin, and weasel. Only the top dog in the family--the wolverine, which probably was here 14,000 years ago when he last glacier began melting--is missing.

+++++

Earlier this month, a friend sent me an image said to have come from someone's game camera set up along a well-used wildlife trail near Fish Pond Road in the town of Columbia. For the benefit of readers to the

SEE JUMPWORD PAGE A8



On Sunday, Aug. 9, Jackie Alix took this photo near Fish Pond Road in Columbia, as she and husband Albert and daughter Megan, of Fremont, were on the way out sfter fishing Simms' Stream. A cat walks with its claws retracted. The track was the size of a fist, or about four and a half inches wide. But what was it? (Courtesy Albert Alix)



ers would be advanced upon by a phalanx of This image of a rare coincidence---a cougar track (left) next to a black bear track---came from a trail-cam far to the west, in the Rockies. (Courtesy Reddit)

mention "hedgehog" (vs. "porcupine").

TOGETHER STRONG.

Together Strong, we will weather this storm.

ADAMSKY LAW OFFICES Life & Estate Planning ♦ Elder Law

Edward H. Adamsky, Esq.

Assisting Families with
Aging and Disability issues since 1992.

Life & Estate Planning: Wills, Powers of Attorney, Health Care Directives (Proxies), Trusts

Elder Law (Long Term Care Planning): Medicaid Planning, Irrevocable Trusts, Life-Estate Deeds

Special Needs and Disability Law: Special Needs Trusts, Supplemental Needs Trusts, First and Third-party Trusts

Estate Settlement and Trust Management: Probate

1-888-649-6477

www.adamskylaw.com

Offices in Tyngsboro, Mass.
and Ashland, NH



STAY STRONG

CADY Corner

Reducing back-to-school stress during COVID-19

BY DIANA NESBITT
Contributor

The back-to-school season can be a time filled with mixed emotions for both parents and children in any given year – excitement for fresh starts, sadness to reach the end of summer, angst about new schedules, new friends, new experiences. This year, however, there is more uncertainty about school than ever before. Many parents, teachers, and students are trying to process the changes they will find when they return to the classroom. Below are some suggestions to reduce the extra stress and anxiety that these current back-to-school circumstances can induce:

Be encouraging – everyone has had difficult decisions to make during this time, from school leadership determining guidelines for reopening, to parents deciding whether to return to the classroom, utilize remote learning, or choose a hybrid approach. It's important to remember that everyone has different concerns and priorities, so what is best for one child or family will look different from what's best for others. We are all in this together, so let's stay positive and supportive of one another.

Prepare your child for what to expect – if your child will be returning to the classroom, review your school's guidelines with them ahead of time and let them know that things will look different. Do this in a calm and confident way, reassuring them that every precaution is being taken to keep everyone safe.

Stay active – even if your children will be schooling at home, remember to include outdoor activity in their day. The benefits of outdoor play for kids cannot be overemphasized. Young people can also struggle when they experience lack of social interaction, so if they will be learning remotely, find ways to allow your children to engage with their friends in safe ways that both your and their families are comfortable with.

That being said, another key tip is to keep your schedule light – even during regular back-to-school seasons, notes Dr. Rachel Busman, clinical psychologist at the Child Mind Institute, it's important for parents to try to avoid passing on stress to their children. One key to managing your own stress, she says, is to not take on more commitments than the family can handle comfortably.

Stay connected – as schedules resume a sense of normalcy, the closer connection that many parents and their children have experienced during the past months may change. With less parental supervision, youth and teens can be tempted to engage in risky behavior, such as substance misuse. Taking time to stay connected with your child on a regular basis and letting them know your expectations can help the positive influence of strong relationships to remain throughout the school year.

Even though these times present new challenges and difficult decisions, with preparation and consideration, we can equip our children to navigate this school year successfully.

Sustainable Bristol

BY LAUREN THERIAULT

I am sure you are all well versed in the “Reduce, Reuse, Recycle” triad that has been taught since the 1970's. Did you know that three new “R's” have been added since then? Rethink, Refuse and Rot are the new “R's.” Here is a breakdown of each one in descending order of importance and usage.

Rethink: Before you go shopping, click “buy” or get in line at the store, think to yourself, “Do I really need this item?” Usually the answer is no. The pandemic has made me realize that shopping was an outlet for me to be alone and look at new things, I've replaced that with walking or hiking and don't miss shopping.

Refuse: This applies to all the free things that accumulate, free pens at the bank, tote bags at a

conference, notepads at a hotel. Just leave them, trust me you don't need another notepad.

Reduce: Think about reducing the amount of things wrapped in plastic that you purchase. Instead of buying nuts or beans in plastic or cans buy them in bulk from a local bulk store. Instead of individual wrapped bags of chips buy one large bag and separate portions out into reusable containers.

Reuse: Speaking of reusable containers, that sour cream container could be reused for holding leftovers or my personal favorite use, holding homemade playdough. Before you toss something into the garbage, think about if it could be used for another purpose. If I can't think of something to do with it I clean it out and set it next to the sink, pretty soon I find some-

thing that needs containing.

Rot: Anything that can be composted would ideally be placed in a separate area and added to a compost heap. When materials that would break down naturally in the wild, or a compost, are thrown into a landfill it adds not only more waste to the landfill but also more methane. As the organic matter breaks down it fills the area, usually a plastic garbage bag, with methane, which is one of the most harmful chemicals for the environment. All that for something that could be tossed into a heap or container outside and left to turn into soil. Don't have a compost? Ask a neighbor if you can add to theirs, or find a hobby farmer who would take your scraps to feed to their animals or add to their compost pile. I have five

ducks and two chickens that love eating out food scraps.

Recycle: This should be the last option after all other possibilities have been considered and ruled out. As we've all been learning, recycling is nuanced and ever changing. In the case of Bristol, there are not many things accepted at the Transfer Station for recycling so please put an effort into rethinking, refusing, reducing, reusing and rotting all of your items first. Do try to recycle as much as you can or buy things that you know can be recycled at your local municipality.

Lauren's Green Tip of the Week: Pack your lunch when going on trips or to work. Instead of depending on eating out bring your own in reusable containers. It saves materials, and money.

Letters to the Editor

Three reasons to vote Volinsky

To the Editor:
New Hampshire's State Primary Election is on Sept. 8, yet with so much going on in the world, this date is fast approaching with minimal fanfare. However, we have the chance to make history on Sept. 8 by voting for Andru Volinsky for governor. Here are three reasons I'll be voting for Andru this fall:

Strong climate policy: As a young professional, passionate about climate change mitigation, I have been frustrated by Gov. Sununu's lukewarm support of renewable energy in New Hampshire. Now more than ever, we need bold leadership on climate change, including plans for expanding renewable energy, alternative transportation infrastructure, and regenerative agriculture programs. An-

dru Volinsky supports the Green New Deal, and understands that forward-thinking climate policy is good for our ecosystems and for our economy. His support of this important legislation demonstrates his vision, leadership, and capacity to position New Hampshire as a regional leader in climate change policy.

Minimum wage of \$15/hour: In today's day and age, it is becoming increasingly difficult to survive on the current minimum wage. Andru's support of a \$15/hour minimum wage demonstrates his commitment to fighting for working people across the state. It's time we take this step to ensure that our friends and neighbors do not need to choose between eating healthy food and paying bills. An-

dru's support of the \$15/hour minimum wage will help struggling families stay afloat in a time of shrinking safety nets and increasing financial insecurity.

Commitment to social justice: Like much of the country, New Hampshire is changing. We have the choice to embrace this change or to resist it. I want our next governor to help to create a culture of inclusion and support across our state. Earlier this summer, the Black Lives Matter chapters in Manchester and Nashua put forward a list of seven demands that the next governor of New Hampshire should implement to help combat police violence and racial injustice. Andru is the only candidate for governor that has publicly committed to implementing all of these demands

as the next governor of New Hampshire. This is the kind of leadership we need in our state, and it is a reason that I am excited to vote for Andru in September.

Across the country, we have seen underdogs take office and bring new energy and fresh ideas to state government. Andru's rapidly expanding list of endorsements shows that now is the time for that change in New Hampshire. It is time to think big, to dream, and to elect new leadership who can step into the possibility of the moment. I hope you'll join me in voting for Andru Volinsky for governor on Sept. 8, and in ushering in a new era of progressive leadership in our state.

Sincerely,
JAMIE BEMIS
BRISTOL

Volinsky is my choice for Governor

To the Editor:

I am supporting Andru Volinsky in the Democratic primary for governor for the following reasons.

He won't be influenced by lobbyists and big donors. Unlike his opponent, he refuses donations from businesses, corporations or PACs. In spite of this limitation, with the help of 10,000 supporters, he has out-raised his opponent.

He cares about people and treats them all with respect. He opposed the Northern Pass on behalf of people living along the proposed route. He believes in a

\$15 minimum wage and Medicare for all. When I have spoken to him, he has looked me in the eye, listened quietly and then responded.

He is very intelligent and does his homework. He figured out the long-awaited Covid-19 Back to School Guidelines were not prepared by the NH task force that met for ten weeks. The document was a US Department of Education boilerplate filled-in by NH Education Commissioner Edelblute, no friend of public education.

Twenty years ago, as lead lawyer in the historic Claremont case, he

argued that all children should have an education that prepares them for college or a career, regardless of the town they live in. The New Hampshire Supreme Court agreed, and said the State, not school districts, must pay the cost of an adequate education. On September 24, the NH Supreme Court will hear the State's appeal of a 2019 Superior Court ruling that the State is still not paying its share.

Dan Feltes, his opponent, has signed onto the 50-year-old, Republican designed, pledge to veto any new broad-based tax. Andru Volinsky

has not. 50 years ago, most of us, worked and shopped within a few miles of our home. Communities were to a large degree self-sustaining, and property taxes could support schools. It's different now. So, when the Supreme Court tells the State to send more aid to school districts, I want a governor who understands school funding and can consider all options.

If you can vote in the Democratic primary, please vote Andru Volinsky for governor:

REP. SALLIE FELLOWS
HOLDERNESS



How to Submit Obituaries & Announcements To Salmon Press Publications

Obituaries and Announcements of special events such as weddings, engagements, and anniversaries are published **FREE OF CHARGE** in any/all Salmon Press newspapers.

Obituaries can be sent to:
obituaries@salmonpress.com

Wedding, engagement, and anniversary announcements are welcome at:
weddings@salmonpress.com

Photos are also welcome, but must be submitted in jpeg format.

*Please contact Executive Editor
Brendan Berube at (603) 279-4516, ext. 111
with any questions regarding
the submission process.*

Live theatre returns to the Lakes Region

MEREDITH — When the COVID-19 pandemic abruptly shut down operations at the Winnepesaukee Playhouse in March, it was anyone's guess when live performances would return to the Meredith campus. Initially the administrative team was hopeful to postpone spring shows for a few weeks and then resume. Plans for the summer season were still underway. Of course, all that changed quickly and spring and summer seasons were regrettably postponed indefinitely. Now, using the strict guidelines set out by the State of New Hampshire's Reopening Task Force, the Playhouse is excited to announce a small season of three professional productions in September and October.

The first two productions of the season will take place at the Playhouse's outdoor amphitheatre which was constructed along with the Playhouse's mainstage in 2013 but has been underutilized in the past few years.

Producing Artistic Director, Neil Pankhurst says, "in our first few years in Meredith the outdoor stage was used frequently for our summer camp but when we moved our camp off-campus we didn't have as much use for it. Though this isn't the season we initially planned, in some ways it's nice to have an excuse to give the outdoor stage a new lease on life. The technical team is currently hard at work extending the stage and building seating platforms for the audience so nobody will have to sit on the grass like in the old days."

The two productions that will take place outdoors are "Or," by Liz Duffy Adams and "The Mountaintop" by Katori Hall. "Or," was always scheduled to be in the 2020 season. The three-person comedy easily lent itself to an outdoor performance and having two of the three actors, Nicholas Wilder and Rebecca Tucker, as an off-stage couple (they met at the Playhouse in 2014 and, in non-COVID times, would have been married at the Playhouse this summer) made onstage interactions easier. The third performer, Haley Jones, is quarantined with Wilder and Tucker. All Playhouse cast and staff undergo multiple COVID tests and are strictly regulated to avoid any activity considered high risk.

"The Mountaintop" is a new addition to the season. In this Olivier Award-winning play, author Katori Hall imagines what may have taken place in Room 306 of the Lorraine Motel in Memphis, TN on the

eve of Dr. Martin Luther King Jr.'s assassination in 1968. Pankhurst says, "In most years, we choose our show titles well in advance to give plenty of time to plan and advertise them. That does not give us much flexibility to react to current events with our programming. Of course, 2020 is the year when all of that got turned on its head. Suddenly flexibility is the key word and the ever-evolving nature of this year gave us the ability to add in programming to allow us to explore what's on this nation's mind. Obviously, the murder of George Floyd and the Black Lives Matter movement is a topic that people are

interested in exploring and we are grateful we are able to add a production that speaks to that."

The final show of the season, which will take place on the Playhouse's indoor mainstage, will be a new play called "No Wake" by Erica Berman. Set in Moultonborough on the shores of Lake Winnepesaukee, the play explores the burgeoning friendship between a cynical local teenager and an irascible snowbird with a penchant for screaming at the jet skiers who disrupt his treasured loons. Pankhurst says, "I loved the local connection to this show. On top of that, it was practically written for social

distancing! The setting is two neighbors' porches and 99 percent of the play involves them talking to each other from their own porch! That alone seems to sum up summer 2020 on Lake Winnepesaukee!"

All three productions will follow or exceed the CDC and State of New Hampshire guidelines for social distancing, mask wearing, and other pandemic precautions. Patrons are encouraged to visit www.winnepesaukeeplayhouse.org prior to booking tickets to read the COVID-19 protocols for attending. Tickets can then be purchased by calling the box office at 279-0333.

Still hanging around after 80 years

Art Association/Gallery Annual Members show opens Sept. 3

TILTON — This play on words best describes the history of the Lakes Region Art Association, when 80 years ago, a small group of lakes region area artists gathered together and established the Laconia Art Association. Their objective was to find ways for them to display (hang) their art for the public to see and buy, to learn from each other, critique and teach art. The tradition lives on, and today, after 79 years of hosting its Annual Members Show and growing from just a few member artists to now well over 100, Lakes Region Art Association will hold its 80th Annual Members Show at their gallery, 120 Laconia Rd., Tanger Outlets, Suite 132, in Tilton, from Sept. 3 until Sept. 27.

On Saturday, Sept. 5 from 4 to 7 p.m., Lakes Region Art Association will host an ice cream social at the opening reception, free to the public and sponsored by Irwin Motors.

Chairperson for the annual show, artist Pat Edsall reports "We

have a fantastic show planned, and some really great art entered to be judged as the 'best of the best' by three independent and highly respected professional artists. There are 10 different mediums to be judged: oils, pastels, watercolors, acrylics, digital artwork, photography, ink, sculpture, drawing and mixed media with cash prizes awarded in each category. They'll also be a first, second, and third, cash awards for 'Best of Show.' We invite everyone to attend the show any Thursday thru Sunday in September and vote for the

People's Choice Award.' The Gallery requires all who attend to maintain social distancing and wear a mask."

President of the LRAA/Gallery, Thomas Hitchcock, likes to remind people... "All art and

photography on display in the gallery, for sale, is priced well below market value because you are

buying directly from the artist. There are no mark-ups, or any increase in pricing to cov-

er sale

commissions, or fees for framing because all wall art is ready to be hung. We are unlike any other gallery around, in fact, we've just been chosen as the 'Best Art Gallery in the Lakes Region. Another reason we're so unique is, we are a teaching gallery. No matter your age, or what you believe is your level of talent, we offer lessons to anyone who wants to learn to draw, paint and take great photographs. Come to the Gallery and sign-up to take our (low cost) classes and workshops."

The Lakes Region Art Association/Gallery is a non-profit, 501-c3 organization dedicated to promoting the cultural importance of art, giving artists the chance to display and sell their art, and to teach art for a life-long fun and rewarding activity. The LRAA Gallery is open Thursday-Sunday, 11 a.m.- 7 p.m. For information on membership and/or a Business Sponsorship, contact: Tom Hitchcock at 496-6768.

Comfort Keepers

Recommended immunizations for seniors

BY MARTHA SWATS

Owner/Administrator

Comfort Keepers

One of the most important ways that seniors can stay healthy is to make sure they are vaccinated against common, preventable diseases.

Research shows that a number of older adults aren't getting the vaccines they need to help reduce their risk of serious illnesses.

With age, we become much more susceptible to serious illnesses and infections due to a weakened immune system. Many of these diseases can take their toll on younger adults, but the setback is often temporary. For seniors, the complications that arise from these illnesses can be life-threatening.

For example, respiratory diseases, such as pneumonia and influenza, are the eighth leading cause of death among the older population. Seniors with chronic diseases are more likely to suffer complications. Diabetics, for example, are

three times more likely to die from a bout with the flu than a healthy adult. The risk of getting either of these can be reduced with vaccinations.

Vaccines represent the best form of risk reduction for some diseases, and can help make symptoms less severe for those who do come down with the respective illness. Immunizations can make a significant difference in a senior's physical wellbeing. Seniors should discuss their immunization needs with their healthcare team to ensure that they are up-to-date on their vaccinations.

Commonly recommended vaccinations:

Influenza vaccine
Shingles vaccine
Tdap vaccine
Pneumococcal vaccine
Hepatitis B

Comfort Keepers® Can Help

Maintaining senior health and wellbeing is a priority for the team at Comfort Keepers®. Our caregivers can assist in providing seniors

with transportation to and from the doctor's office or clinics to receive their vaccinations. In addition, caregivers can also work to promote a healthy lifestyle by supporting physician-recommended diet and exercise plans, as well as medication reminders. Contact your local Comfort Keepers office today to learn more.

About Comfort Keepers

Comfort Keepers is a leader in providing in-home care consisting of such services as companionship, transportation, housekeeping, meal preparation, bathing, mobility assistance, nursing services, and a host of additional items, all meant to keep seniors living independently worry free in the comfort of their homes. Comfort Keepers have been serving New Hampshire residents since 2005. Let us help you stay independent. Please call 536-6060 or visit our Web site at NHComfortKeepers.com for more information.

LRPC TAC Committee meets Wednesday

REGION — The Lakes Region Planning Commission's Transportation Technical Advisory Committee (TAC) will meet Wednesday, Sept. 2, from 2 to 4 p.m.

The TAC will hold an informal discussion of the transportation projects proposed by LRPC member municipalities for consideration for the state's Ten Year Transportation Plan for 2023-2032. Formal prioritization of project proposals will take place in October.

As a result of the Coronavirus/COVID-19 public health crisis and pursuant to Emergency Order #12 issued by Gov. Sununu on March 23 regarding the state of emergency currently extended until Aug. 28, pursuant to the Governor's Executive Order 2020-016, the Lakes Region Planning Commission has determined that this meeting of its Transportation Advisory Committee will not be held at a physical location, but will be conducted via

Zoom conference.

There are two ways for the public to access the meeting: Online at this link: <https://us02web.zoom.us/j/89189774353> or by telephone: dial

1-929-205-6099 (New York) and enter meeting ID 891 8977 4353. These instructions are also provided on the LRPC Web site at www.LakesRPC.org.

Anyone who has trouble

accessing the meeting can call 279-5334 or email admin@lakesrpc.org for assistance.

The LRPC TAC encourages all members of the public who are

interested in any aspect of transportation to provide input during the meeting. For additional information about this meeting, please contact the LRPC at 279-5340.

JUMBO

will take your message to over 200,000 readers in ELEVEN weekly newspapers!

Paid Advertisement

Paid Advertisement

Paid Advertisement


Paid Advertisement

Paid Advertisement

Edward Jones: Financial Focus

Get the Most from Your 401(k)

You won't see any greeting cards celebrating it, and it's not likely to be on your calendar, but in just a few weeks, National 401(k) Day will be observed. And this type of recognition may be warranted, too, because 401(k) plans have become key building blocks for a big part of people's lives – a comfortable retirement. Are you making the most of your 401(k)? Of course, during the past few months, you may have had mixed feelings about your 401(k). After all, at the beginning of the coronavirus, when the financial markets tumbled, the value of your account probably fell significantly, although it has likely regained some ground since the initial drop. Nonetheless, the recent market volatility and its short-term effects on your 401(k) should not unduly influence your decisions about this important retirement account. After all,



Jacqueline Taylor
Financial Advisor
3 Mill Street
PO Box 176
Meredith, NH 03253
603-279-3161
Fax 866-632-8685
jacqueline.taylor@edwardjones.com

a 401(k) is truly a long-term vehicle, in every sense – you contribute to it for decades while you're working, and you can draw on it, along with other sources of income, for decades during your retirement. Consequently, you'll want to consistently review your account to ensure it is working hard for you. Here are a few suggestions:

- **Get the match.** At a minimum, put enough into your 401(k) to earn your employer's matching contribution, if one is offered. While employers can set their own rules, a typical match is 50% of what you put in, up to 6% of your salary. So, if you don't contribute the amount needed to earn the match, you are essentially "leaving money on the table." (Be aware, though, that some employers have temporarily suspended matching contributions in response to the economic slowdown during the pandemic.)
- **Give yourself regular "raises."** Every time your salary goes up, increase your annual contributions. Most people typically don't come anywhere near hitting the maximum annual 401(k) contribution limit (which, in 2020, is \$19,500, or \$26,000 for those 50 or older), and you might not, either, but try to put in as much as you can afford. Not only will you be building tax-deferred resources for retirement, but you'll be giving yourself a big tax break, because the more you contribute each year, the lower your taxable income (unless you have a Roth 401(k), in which case your contributions aren't deductible, but your earnings can grow tax-free).
- **Invest for growth.** Because your 401(k) is designed to help fund your retirement, which could last 20 years or more, you'll want to build the biggest account possible. That means you'll need to include investments

designed to provide growth within your 401(k), subject to your personal risk tolerance.

- **Be careful about loans.** You can take out loans from your 401(k), but it's not always a good move. You'll have to pay yourself back, and if you leave your job, either voluntarily or involuntarily, the repayment may be due at an inconvenient time. (However, as part of the CARES economic stimulus act, many 401(k) loan repayments are being suspended for up to one year.) Furthermore, by taking out money from your account, even temporarily, you can slow its overall growth potential. So, you may want to look for other sources of income before tapping into your 401(k).

National 401(k) Day is just that – a day. But by taking the appropriate steps, you can help ensure your own 401(k) gives you many years' worth of benefits.

This article was written by Edward Jones for use by your local Edward Jones Financial Advisor. For more information or to sign up for their monthly newsletter, contact your local Financial Advisor.

Member SIPC

Looking for the Newfound Landing?

Covering the Newfound Lake Area & Surrounding Communities



Find it **FREE** Online at:
www.NewfoundLanding.com

Or **FREE** at these
fine local businesses:

BRIDGEWATER:

Newfound Grocery

BRISTOL:

Bristol Post Office (Outside Box)

Bristol Town Hall

Bristol Laundry

Cumberland Farms Bristol

Park & Go Bristol

Shacketts

Rite Aid Bristol

Hannaford

Wizard of Wash

DANBURY:

Danbury Country Store

HEBRON:

Hebron Post Office(Outside Box)

Hebron Town Hall

Hebron Village Store

HILL:

Hill Public Library

NEW HAMPTON:

Mobil Gas Station

Irving Gas Station

Gordon Nash Library

PLYMOUTH:

Tenney Mt. Store

RUMNEY:

Common Café

Stinson Lake Store

**PUBLISHED
EVERY
THURSDAY!**

A new publication full of local news, sports & happenings from the following communities:

Alexandria • Bridgewater • Bristol • Danbury • Groton • Hebron • Hill • New Hampton



www.NewfoundLanding.com

Headquarters: 5 Water Street, P.O. 729 Meredith, New Hampshire • (603) 279-4516

Towns

Alexandria

Merry Ruggirello 744-5383
sunshine_eyes51@yahoo.com

Doesn't seem possible that summer vacation is over, and the children will be returning to school soon. Well, return to school in some way, shape or form. Thank you to those who have devoted so much time and effort into keeping everyone safe! A good lesson for all, is to be flexible and pull together for the good of all!

Town Board of Selectmen Meeting Tuesday, Sept. 1 at 6 p.m. in the Municipal Building.

State Primary Tuesday, Sept. 8. Polls will be open from 8 a.m. until 7 p.m. If you need an Absentee Ballot, please see the Town Clerk during regular business hours, or call 744-3288.

The Alexandria Volunteer Fire Fighters Association Annual Pig Roast has been cancelled for 2020 due to safety and health reasons. We look forward to seeing you at the Pig Roast in 2021!

Alexandria UMC

Sunday, Aug. 30, Outdoor and Zoom services begin at 9 a.m. Should it be raining, Pastor Faith will send out an email cancelling the outdoor portion of the service. The Zoom service will go on, rain or shine.

The Administrative Council/Church meeting for last Sunday was rescheduled to Sunday, Aug. 30 at 6 p.m. We apologize for any inconvenience, and hope you will join us on Aug. 30. A Zoom link for the meeting will be forthcoming. If you wish to join, please contact Pastor Faith at 491-4038 or emailing her at faithgreene83@gmail.com.

Time to make some lunch. Promised my side-kick we'd be having BLT's, made with tomatoes and lettuce fresh from our garden! Then off on a fun afternoon adventure rock picking down by the river, as long as the weather holds. Hope you have a wonderful week ahead, filled with positive and good things!

Bristol

Al Blakeley
adblakeley0@gmail.com

The many obstacles facing the school openings next month are daunting. The plans so carefully constructed by dedicated staffs and the protocols generated by government and health officials to help keep everyone safe may all be for naught if staffing cannot be completed for the many agencies necessary for good educational operations including bus drivers, maintenance personnel, aids, substitutes as well as teachers and administrators. I hope all of these obstacles can be met for our local schools

and that our children can have a chance for a successful school year.

This week will feature two concerts on Kelley Park! Thursday night, Aug. 27 will feature the Michael Vincent Band, while on Saturday night, the 29th, Studio Two - Beatles Tribute will perform. We hope many will be able to come out and enjoy these two concerts. What a great way to wrap up a summer of music and fun! Hope the weather cooperates. Have fun!

The word from TTCC is that eight weeks of summer camp went well. Although many challenges and restrictions faced the incredible and energetic staff, they got the job done successfully! Kudos to the campers for working hard to follow the new rules despite no field trips and the hot and humid days. The staff is grateful to the parents for sharing their devoted campers with them this summer.

The fall will see many of the usual programs with COVID-19 restrictions in place. The After School Program will begin on Sept. 8 with modifications in numbers and activities. More information will be forthcoming as the need for after school care is assessed. A survey has been circulated to gain information needed to guide the opening plan. If you desire one of the surveys, please contact the TTCC.

Soccer and field hockey will be running following the guidelines for youth sports. At the present time, no contests will be played with other communities.

Teen programming will begin in September with seventh and eighth grade Teen Nights on Thursdays and High School Nights on Tuesdays. The Teen Council will be formed under the guidance of Gina Richford with meetings held at the TTCC for the time being.

Specific information on all programs will be posted very soon.

Notice to all Bristol/Newfound alumni! The Blakeley-Mills Newfound Regional Scholarship Foundation will hold it's annual 'Donate Your Age' fundraiser from Sept. 1 until Dec. 31. All alumni and interested parties are encouraged to donate your age to this worthwhile scholarship endowment effort. I am very proud to be associated with this non-profit to bring about scholarships for our graduates. To date, our foundation has awarded over \$11,000 to 16 graduates since its inception in 2017. During this campaign, \$10,000 in matching funds has been made available. You may make a donation by logging on to www.newfoundalumni.com/donations at any time or mail your donation to: Blakeley-Mills Newfound Regional Scholarship Foundation, Inc., PO Box 691, Bristol, NH. 03222.

Don't forget to purchase your copy of "Bus and Wink: Adventures of Youth, Stories Told

Around the Campfire" by Timothy W. Tapply, Wink Tapply's grandson. I've heard the humor is unmatched and worthy of some attention. Proceeds from these book sales will aid the outdoor missions of the Slim Baker Foundation and the TTCC. Information about the book can be found at: https://ttccrec.org/special_programs/bus-and-wink/.

Well, September is on the doorstep. The chill is starting to be felt in the air, telling us that Fall is coming soon. Glad the lakes are still warm so we can enjoy all they can offer. Even the ocean is still warm enough to enjoy for a while longer. Summer jobs will be winding down soon as well, although lasting a bit longer than usual. Enjoy it while you can!

Groton

Ruth Millett 603-786-2926
rem1752nh@gmail.com

Voting in Groton
The polls for the New Hampshire State Primary will be open from 8 a.m. to 7 p.m. at the Groton Town House, 754 N. Groton Rd. on Sept. 8. Please wear masks. Hand sanitizer will be available. If you would prefer not to come to the polls that day, Absentee Voting is available. Please come by the office and you may register to vote, or obtain an absentee ballot from the Clerk. The Clerk will not be able to take registrations after September 8th when the Supervisors meet, but if you are on the checklist you may request an absentee ballot up until election day. You should return

your ballot so that it can be counted on Election day. We are also taking absentee applications for the General election to be held November 3rd. Please request these early so we are able to mail them out in plenty of time. Absentee applications may be obtained and auto filled on the Secretary of State Web site: <https://sos.nh.gov> go to "Voting During COVID," then the forms can be filled and printed from the web site. If you do not have access to a computer with a printer, you may email the form to: townclerk@grotonnh.org or you may come to the office and fill out a form here. We have these forms in the Town Clerk's Office.

The Supervisors of the Checklist will be meeting Tuesday, September 1st from 6 pm to 7 pm in the Community Room at the Town House. This is the last opportunity to register to vote before the elections on Sept. 8. You may not change party affiliation at this meeting. Voters registered as a member of a political party may only vote on that party's ballot at the state primary. Voters registered as undeclared may join a party by requesting that party's ballot when voting in person or by absentee. A voter registered as undeclared who joins a party to vote in the primary, may change back to undeclared by completing the "Election Day Party Affiliation Change Form."

For the protection of the public, Supervisors will be wearing masks and limit the amount of people in the room at any one time.

Groton Conservation Commission

The Groton Conservation Commission will be holding a Roadside Clean up on Saturday, Sept. 19 from 10 a.m.-noon. Please meet in the Town House parking lot at 10 a.m., where trash bags and safety vests will be provided.

Groton representative for the Newfound School District Budget Committee

The Groton resident that was written in as the Groton representative for the Newfound Area School Budget Committee was unable to commit. Therefore, there is a vacancy for this position. The vacancy is a one-year term. If you are interested in filling this vacancy, please contact the Select Board office at 744-9190.

Information from the Hebron Library

Hebron Library is happy to announce that we will be offering zero personal contact porch side pickup each Wednesday!

Pickups will be every Wednesday afternoon. Requests can be made at any time during the week. Requests received by Wednesday at noon will be ready for pickup in the afternoon. We will call you when your materials are ready for pickup. Requests made after noon will be available for pick up the following Wednesday. Available titles can be found on our website catalog, hebronlibrary.org, or patrons can give general directions for us to choose for them. Requests may be submitted either by email or by leaving a message on the library phone.

By email: hebronlibrary@metrocast.net
-Please leave your

first and last name and phone number so we can call you for pickup.

-Include the call number, title, and author for each selection.

-DVDs are available by title.

By phone: 744-7998
-Please leave your first and last name and phone number so we can call you for pickup.

-Include the call number, title, and author for each selection.

-DVDs are available by title.

Patrons are encouraged to return materials promptly. When materials are returned, they will be wiped down with disinfectant and held in quarantine for one week before being checked in and made available for checkout. If you currently have library materials checked out, you may return them. Any person in the library will wear a mask and wear gloves or use hand sanitizer between each patron's order whenever handling books or DVDs. If you do not have a library card and you live in Hebron or Groton please call or email us your name and number and someone will get back to you and get you enrolled. We will check your ID when you pick up your selections. Please be patient as we are not in the library every day.

Let's get reading! Check out the library website! Tracey put the info about porch side pickup on. Please help spread the word by sending this attachment (I made some changes) to the Friends' mailing list. We're going to need some disinfectant wipes and hand sanitizer if you know of any extra available. I'm very excited we can do this, and I

SEE TOWNS, PAGE A15



2020 Salmon Press
Fall Home Improvement
In Central NH




Distributed in the September 17, 2020 issues of...

GRANITE STATE NEWS, CARROLL COUNTY INDEPENDENT, BAYSIDER, MEREDITH NEWS, PLYMOUTH RECORD ENTERPRISE, WINNISQUAM ECHO, GILFORD STEAMER & NEWFOUND LANDING

Copy Deadline: Wednesday, September 3rd at 3PM

To place an ad please contact:

Tracy at (603) 616-7103
email: tracy@salmonpress.news

Notebook

FROM PAGE A3

south, this is a town just south of Colebrook.

The image is fuzzy, but definitely shows a cat-like animal with the other key feature, a very long tail. In fact, a close look can discern what looks like a black tip on the tail, a mountain lion characteristic.

Because the animal doesn't look big enough in comparison to the yellow birch trees in the background, most people voted "housecat."

Then, in early August, Albert Alix of Fremont sent me a photo his wife Jackie took when they and daughter Megan were coming out of the woods after fishing Simms' Stream. The track was in the very same town of Columbia, not far from where the trail-camera was set up.

"My wife, daughter and I stayed in an RV on Jackson Roadd in Columbia for a few days of R&R this past weekend," Albert wrote. "Simms Stream looked good on the topo map, so we made our way there on Sunday morning and parked at the Route 3 bridge. We fished our way upstream for a couple hours and caught a lot of trout. I would guess we traveled half to one mile."

Albert and family found out what many people discover (or already know) when they fish a brook that's seemingly under everybody's nose---that it has fish, and lots of them.

In fact, I'd bet that many readers have similar stories to tell, about wanting to catch a bunch of fish for a late breakfast or supper; disappearing into the swamp grass and alders for a while, and heading home with enough fish to fill a frying pan.

"When we had enough trout for supper, we climbed up to the gravel road and walked back to the truck," Albert wrote. "We spotted the track in a mud puddle in the middle of the gravel road. It was a good print so my wife snapped a picture. I wish I had put a tape measure in the photo, but the print was at least as big as my hand."

When I first saw the photo, I immediately thought "Cougar." But I fully admit my bias. And here is the note I got back from Pat Tate, who's pretty much the clearing house at Fish and Game for all things cougar:

"The track has the heel pad and toe orientation of black bear. I have received pictures in the past where black bear claws did not register."

Readers, please feel free to send in your trail-cam photos. They often have interesting and unusual stories to tell.

(Please address mail, with phone numbers in case of questions, to campguyhooligan@gmail.com or 386 South Hill Rd., Colebrook, NH 03576.)

Meeting

FROM PAGE A1

pertise;

Bill Lee who was instrumental in the Nature Matters Capital Campaign and a wonderful champion of the Naturalist's Legacy Society;

Lea A. Stewart who served both as Secretary and then as Vice Chair, as well as a docent and on the Summer Splash gala committee.

Governance Chair Sarah Brown led elections. Trustee Carl Lehner was re-elected for a three-year term along with Officers Justin Van Etten, Chair; Sarah Brown, Vice Chair; Anne R. Lovett, Treasurer; and Tom Cowie, Secretary for one-year terms. Three new Trustees were elected: Lisa Aulet; Lisa Bennett; and Geoff Stewart, each for three years.

Lisa Aulet, Ed.D. is a longtime summer resident at Squam. She is a former English and History teacher, teacher educator, and current educational consultant.

Prior to her career in education, she was in Marketing with IBM in New York. She is currently a Church Island Trustee and chairs the Board at the Sandwich Children's Center.

Lisa Bennet has deep roots in the Squam area. Her great, great grandfather, Frank G. Webster, was the Science Center's founder: Lisa is a Director and a Trustee on the Webster Land Corporation Board. She is also a member of the Smithsonian National Board, where she is on the Executive Committee and Chair of the Program Committee. Additionally, she is on the Smithsonian UK Charitable Trust Board in London.

Geoff Stewart enjoys exploring the White Mountains and the Squam Lakes.He lives in Center Sandwich and Washington, D.C. For the past 45 years, Geoff has practiced law, handling complex lawsuits, bankruptcy litigation, and, more recently, asylum cases on the Texas/Mexico border. He has served

on the boards of various schools and foundations. He was one of the founding directors of the American India Foundation, which supports schools, public health, and livelihood projects in the Indian subcontinent.

Since 1995, the Science Center has presented the Horizon Award to those who have provided exceptional and extended service. This year, outgoing trustee Lea A. Stewart received the award from Executive Director Iain MacLeod. Lea has been involved with the Science Center since the 1970s and began volunteering in 2004 at Kirkwood Gardens. She soon became a docent and a Certified Interpretive Guide. Lea served on many committees and task forces. She was elected to the Board in 2011, working on the Buildings and Grounds and Human Resources Committees. She was Board Secretary from 2013 to 2016 and then Vice Chair until her retirement in 2020. Later she was on the Educa-

tion and Governance Committees and chaired a strategic planning task force. She served on the Gala committee every year since she joined the Board.

MacLeod then spoke about the past year and plans for 2002 before recognizing eight staff members for their combined 120 years of service.

Facilities Assistant, Bob Donnelly (5 years) Blue Heron School Lead Teacher, Jordy Gifanforte (5 years)

Lead Animal Care Associate, Kevin VanGorden (5 years)

Blue Heron School Lead Teacher Jordan Fitzgerald (10 years)

Blue Heron School Director Laura Mammarello (10 years)

Facilities Assistant Clare Eckert (15 years)

Development and Communications Director Janet Robertson (30 years)

Gardens and Exhibits Assistant Brenda Erler (40 years)

Got Lunch!

FROM PAGE A1

unteers were there without a complaint. We are so very grateful to each

and every one of them!

Just as GOT LUNCH! Newfound wraps up, we jump right into our Backpack Program. Bristol Community Ser-

vices offers new backpacks full of supplies to children of our food pantry clients. If you are in need of assistance with back to school please

call us or stop in any Monday, Wednesday, or Friday between 9 a.m. and 2 p.m.

55 Plus MODEL HOME
OPEN SUNDAY 12 to 2




***169,995** Come and take a look!
Garage, Porch, Appliances
*10% down - 25 years at 6%

Call Kevin - 603-387-7463
Mansfield Woods, 88 North, Rt. 132, New Hampton, NH
Directions: Rt. 93, exit #23. Right for 1/2 miles, left at post office for 800'




REAL ESTATE

RE/MAX
Bayside



Contact us today to discuss
the value of your property!

**WITH YOU
EVERY STEP
OF THE WAY.**



208 Daniel Webster Hwy Meredith, NH 03253 (603) 279-0079
604 Main Street Laconia, NH 03246 (603) 527-8200
www.baysidenh.net

Plymouth State UNIVERSITY
Plymouth State University has the following positions available:

Admissions Officer II

Building Service Worker (Custodian)
First Shift (5:00 AM - 1:30 PM) Monday - Friday
First Shift (5:00 AM - 1:30 PM) Wednesday - Sunday
Third Shift (11:00 PM - 7:30 AM) Friday - Tuesday

To view full descriptions of the positions and to apply, please visit <https://jobs.usnh.edu>

Plymouth State University is an Equal Opportunity/Equal Access/Affirmative Action



CLASSIFIEDS
For Advertising Call (603) 444-3927

YARD SALE

**Saturday
August 29
9:00-2:00**

*No Early Birds
Please*

**91 Beech Street
Bristol**

**DEADLINE NOTICE
CLASSIFIED ADS
AND
YARD SALES**

**DEADLINE IS FRIDAY AT 3PM
FOR THE FOLLOWING WEEK**

NO ADS CAN BE ACCEPTED ON MONDAYS

THANK YOU!

**HEBRON
Supervisors of the Checklist
MEETING NOTICE
SATURDAY, AUGUST 29, 2020**

The Supervisors of the Hebron Checklist will be in session at the Town Office Building, 7 School St., Hebron, NH on Saturday, August 29, 2020 from 10:00 to 10:30 a.m. This is an opportunity to register to vote and/or make any changes or corrections to the checklist before the State Primary which is being held on September 8, 2020 from 11 a.m. to 7 p.m. at the Hebron Town Firehouse. **NOTICE:** Absentee ballot applications will be available.

HEBRON PLANNING BOARD

Notice of Hearing

**APPLICATION FOR LAND SUBDIVISION
APPROVAL
JOHN E. & VALERIE M. FLIEGER**

**APPLICATION FOR MINOR SITE PLAN
REVIEW FOR CAMP PASQUANEY**

You are hereby notified that the following Application for a Land Subdivision and Application for Minor Site Plan Review will be heard at a Public Hearing to be held on Wednesday, September 2, 2020 at 7:00 PM. Meeting to be conducted via ZOOM video conferencing*

Application for Site Plan Review: Camp Pasquaney: Camp Pasquaney located on Pasquaney Lane Map 5 lot 3 would like to construct a building that would enclose the water tanks

Application for Land Subdivision Approval for John E. & Valerie M. Flieger located on Valley View Road Map#18; Lot#18 Sky Line Drive with access to Kill Mtn Road


***INSTRUCTION FOR JOINING THE ZOOM
CONFERENCE:**
Join Zoom Meeting

<https://zoom.us/j/97159335461?pwd=dnITaFk3Wm8vL0c5VXIzZUZmOXlyQT09>
Meeting ID: 971 5933 5461
Passcode: 4SUqPa
Phone: 1-929-436-2866
Meeting ID: 971 5933 5461
Passcode: 598318

For problems logging in call 603-744-9994 or email taxcol@hebronn nh.org

HELP WANTED

Call our toll-free number 1-877-766-6891
and have your help wanted ad in 11 papers next week!



HELP WANTED

Administrative Assistant

Union Congregational Church of Hebron

Our long-time Administrative Assistant recently announced her upcoming retirement. Thus, we at Union Congregational Church in Hebron, are looking for a replacement to join our staff.

Duties include working closely with the pastor to prepare weekly service bulletins and prayer lists, maintaining the church calendar, communicating with local press and the congregation, maintaining the church files and databases, assembling the report for the annual meeting and ordering supplies.

This is a part-time position of approximately 10-15 hours per week. Pay is \$15.00 per hour paid bi-weekly.

If you have questions or wish to submit a resume, you may contact Jill Erickson at erickson,jill@gmail.com



GOOD PAY FOR HARD WORK

SHORT TERM OR LONG TERM AVAILABLE

King Forest Industries, Inc. located in Wentworth, NH, is currently accepting applications for full-time work. Lumber handlers and laborers. Must be able to lift 50 pounds.

As a full-time employee you will qualify for health insurance/dental/Vision/401K retirement plan/paid vacation/paid holidays and production bonuses. King Forest is an equal opportunity employer.

If you wish to apply, complete an employment application, which can be downloaded from our website or picked up in person and mailed to PO Box 230 Wentworth, NH 03282 or drop off in person Monday thru Thursday 7am-4:30pm and Friday until 4pm. No phone calls please.

King Forest is an equal-opportunity employer.

53 East Side Road • Wentworth, NH • www.kingforest.com

NOTICE

ALEXANDRIA RESIDENTS

The Supervisors of the Checklist will be in session at the Alexandria Town Hall on Saturday, August 29, 2020, from 11:00 to 11:30 a.m. for additions and corrections to the checklist. Last day for supervisors to accept voter registration applications. No additions or corrections shall be made to the checklist after this session, until State Primary Election Day on September 8, 2016. No party changes will be accepted at this time.

George Whittaker
Suzanne Cheney
Loretta Brouillard



Steel Erectors, Metal Roof & Siding Installers Foreman, Leadmen And Laborer Positions

Will Train. Valid Driver's License required.

Application available at:

CONSTRUX, INC. 630 Daniel Webster Hwy.
Plymouth, NH 03264
(603) 536-3533

Leading Pre Engineered Metal Building Co.



Division of BELLETETES, INC.

Yard Customer Service

This is a full time position in our Ashland Lumber yard. Duties include assisting customers and contractors locate and load materials, help receive incoming shipments and pick loads for delivery trucks. Fork lift experience preferred. Heavy lifting is required and excellent prior work history a must. Weekend hours required on a rotating schedule.

You may apply in person or download an application from our website. All applications should be submitted to:

Dan Uhlman, General Manager
20 West Street, Ashland, NH 03217
or you may email to duhlman@belletetes.com.

E.O.E.

▶Competitive Wages

▶Paid Vacation

▶Paid Holidays

▶Paid Time Off

▶Health Insurance

▶Profit Sharing

▶Store Discounts

▶Much More!

Framers and Laborers Wanted

Wallace Building Products is a successful and growing manufacturer of building products for the construction industry. We seek full-time Framers and Laborers to join our team in Danbury NH.

This position will work with other employees to build rough-framed walls for the construction industry in a shop environment. Framing experience is a plus, but we will train.

Apply in person at 1525 US Rte 4 in Danbury NH
Or call 768-5900 to set up an appointment



A division of Belletetes, Inc.

Lumber Counter

This is a full time position in our Ashland Lumber store. Duties include assisting customers and contractors with product selection and order entry. Minimum 2 years experience in the building industry. Basic computer skills required. Excellent customer service skills a must. Will be required to work some Saturdays and Sundays. Saturday hours 7:30 - 5:00 pm and Sunday 8:00 am to 2:00 pm.

You may apply in person or download an application from our website. All applications should be submitted to:

Dan Uhlman, General Manager
20 West Street, Ashland, NH 03217
or you may email to duhlman@belletetes.com.

▶Competitive Wages

▶Paid Vacation

▶Paid Holidays

▶Paid Time Off

▶Health Insurance

▶Profit Sharing

▶Store Discounts

▶Much More!

salmonpress.com



WE'RE HIRING



- Part Time
- Full Time
- Flexible Hours
- Incentives
- Competitive Salaries

Never satisfied with the plain or ordinary? Looking for the opportunity to be part of a team that offers the best quality and service the industry has to offer, serving the freshest local ingredients in an award winning restaurant in beautiful Waterville Valley?...

WHEN WE WANT TO TALK TO YOU!

Line Cook Sous Chef Pantry Cook Dishwasher

To apply: wildcoyotegrill.com/careers or Call 603-236-4919

TOWN OF PLYMOUTH, NH

PART-TIME POSITION AVAILABLE


The Town of Plymouth is seeking applications for a part-time clerical position

(16-24 hrs/wk) performing a full range of office duties at the Selectboard's office – hourly range is \$13.00 - \$16.00.

Minimum Qualifications: High school diploma. Computer knowledge and experience in a professional office setting are required. Excellent customer service and teamwork skills are also required. Helpful: Knowledge of municipal operation and familiarity with the Town of Plymouth.

The Town of Plymouth is an EOE/AA employer. Please submit a resume with a cover letter by September 8, 2020 to: Kathryn Lowe, Town Manager, Town of Plymouth, 6 Post Office Square, Plymouth, NH 03264

“Mom is safe at Forestview Manor. Now I can enjoy her without worrying.”





MOVE IN WITH CONFIDENCE. We have remained COVID-19 free and have fine tuned our safety and infection control procedures while not skipping a beat in doing what we do best—keeping residents not just safe but happily engaged.

LIMITED AVAILABILITY!
Call Leigh today at 603-279-3121 to schedule a visit.

Ask about our **MOVE IN SPECIAL** of \$400/mo off for a full year if you sign by September 30!

Not ready for a permanent move? Our special **Respite Rates**, starting at only \$110/day, are a risk-free way to try our community. We know you'll like it!

FORESTVIEW MANOR
153 Parade Road, Meredith, NH
www.ForestviewManor.com

THE SALMON PRESS 2020/2021 NEW HAMPSHIRE

WINTER GUIDE



SIZE & PRICING INFORMATION

Full page with bleed.....\$785
(8.5" x 10.5" w/live image area of 7.25" x 9.25")

FULL PAGE without bleed (7.25" x 9.14")\$785

2/3 PAGE (4.778" x 9.14")\$575

1/2 PAGE vertical (4.778" x 6.954")\$435

1/2 PAGE horizontal (7.25" x 4.5")\$435

1/3 PAGE square (4.778" x 4.5")\$310

1/6 PAGE vertical (2.187" x 4.812")\$170

1/6 PAGE horizontal (4.778" x 2.188")\$170

1/12 PAGE square (2.3" x 2.25")\$100

ALL ADS INCLUDE:

- Free Layout & Design
- Free Listing in our Advertiser's Index
- Free Entertainment Listing in our calendar of events

DISTRIBUTED TO MORE THAN 300 LOCATIONS THROUGHOUT NEW ENGLAND INCLUDING...

Massachusetts, Rhode Island
Connecticut & New Hampshire

ON NEWSSTANDS MID-NOVEMBER

ADVERTISING DEADLINE
WEDNESDAY, OCTOBER 2ND
AT NOON
Glossy advertising is limited!

GLOSSY PAGE PRICING (sizing same as above)

Full Page.....\$1,500

Half Page.....\$850

Lori Lynch at 444-3927 or email: lori@salmonpress.news

Towns

FROM PAGE A7

hope people will use it. Thanks!

Transfer Station permits Effective immediately, Transfer Station Permits will be required in order to use the Groton Transfer Station. We have the stickers for sale at the Town Clerk's Office Monday, Wednesday and Thursday 9 a.m.-4 p.m. and Tuesday noon-7 p.m. They are \$1, and we will ask for the plate number from the vehicle you intend to put the sticker on. Sticker should be mounted inside the windshield upper driver's side out of the line of vision.

Scheduled meetings and closures for the Town of Groton

Select Board Work Session – Tuesday, Sept. 1 and 15, 6 p.m. at the Town House

Select Board Meeting – Tuesday, Sept. 1 and 15, 7 p.m. at the Town House

Select Board Office will be closed Sept. 7 for Labor Day.

The Town Clerk/Tax Collector Office will be open to receive absentee ballots from 9 a.m. to 5 p.m. on Sept. 7.

Election Day – Polling place at 754 N Groton Rd. Polls will be open from 8 a.m. to 7 p.m.

The Conservation Commission will be meeting at the Town House Sept. 10 at 7 p.m.

The Planning Board will be meeting Wednesday, Sept. 23 at the Town House at 7 p.m.

Hebron

Bob Brooks 744-3597
hebronnnews@live.com

Hebron Yard Sale Day Saturday, Sept. 5

In lieu of the white elephant part of the Hebron Fair, yard sales will be held throughout Hebron on Saturday, Sept. 5 between 9 a.m. and 3 p.m. This is a rain-or-shine event.

Below is a list of participating locations, with some including multi families:

416 North Shore Road
439 North Shore Road
20 Cooper Road
8A-8B-8C George Road
431 George Road
155 Groton Road
210 Groton Road
23 Hobart Hill Road
252 Hobart Hill Road

Mask wearing and social distancing is expected.

This event is sponsored by Union Congregational Church of Hebron. Visit hebron-churchfair.org for more information, plus other fun activities in lieu of the fair.

Kayak Tour

On Sunday, Aug. 23, a friend and I kayaked all the way around Newfound Lake. We started at around 8am at Red Fox Village Beach and continued on kayaking mostly along the edges of the lake only stopping at a couple of houses / beaches along the way. We saw quite a bit of wildlife such as loons and a Bald Eagle. A snake was seen at Wellington boat ramp beach where we had a late lunch, but it slithered off before we could invite it on our journey. There was about 5 minutes of rain encountered near Camp Berea but thankfully ended before we got noticeably wet. A great time was had by all and I suggest that if you have six or seven hours to attempt this undertaking that it is certainly well worth the time spent.

Churches

Plymouth Congregational UCC

YOU ARE INVITED to join Pastor Mike Carrier on Sundays at 9:30 a.m. on Facebook Live. The Sunday Bulletin for this service as well as videos and Bulletins from past services can be found on our church's Web site at www.uccplymouth.org.

In order to protect everyone's health and safety, we have made the decision to suspend all gathered worship services and meetings until further notice.

How do I access the church's Facebook Page? You can find our Page by searching for "Plymouth Congregational United Church of Christ Plymouth NH." "Like" the Page and you will receive notifications when the weekly service goes live! Missed something? Scroll down to the date of the service or program you missed. It is all there!

Dates to Remember Sunday, Sept. 13 – Please join us for Rally Sunday as we celebrate the Fifteenth Sunday after Pentecost.

Feeding Our Children Together

Beginning at the start of this school year, we will provide 3,000 calories to feed insecure children in the Head Start Program and to Plymouth Elementary School so they will have enough to eat over the weekend. We are currently working with our partners to support the needs of these children.

PCUCC is a vibrant community of faith that is welcoming, theologically progressive, socially liberal, open and affirming, inclusive and enthused about sharing Christ's love with the world. Please visit our Web site at www.uccplymouth.org.

Starr King Unitarian Universalist Fellowship

Starr King Unitarian Universalist Fellowship, 101 Fairground Rd., Plymouth, is a multi-generational, welcoming congregation where different beliefs come together in common covenant. We work together in our fellowship, our community, and our world to nurture justice, respect, and love.

THIS WEEK AT STARR KING:

Sunday, Aug. 30

Our Summer Services continue with: The Past and the Now

Given the current state of things, how can we best move forward as individuals and as a Congregation?

LIVE STREAMED via ZOOM

For Zoom link and all other information visit our Web site: www.starrkingfellowship.org 536-8908

HOME CLEANOUTS • STORM DAMAGE • ROOFING MATERIALS • SMALL DUMPSTERS • FRONT LOAD DUMPSTERS

DISPOSAL DONE RIGHT FOR YOUR HOME OR BUSINESS.

CALL TODAY FOR PRICING!

THE DUMPSTER DEPOT®
Waste Recycling Services

TOLL FREE 1-866-56-DEPOT
LOCAL 603-783-8050
WWW.DUMPSTERDEPOT.COM

COMMERCIAL & INDUSTRIAL BUSINESS SERVICE • ROLL-OFF OPEN TOP CONTAINERS • COMPACT UNITS

NO HIDDEN FEES
NO FUEL SURCHARGES
NO TRICKY LONG-TERM CONTRACTS TO SIGN





 Like us on Facebook.

Hiring? Reach More Local Applicants

Help Wanted

Rather than go online where you are bound to get applicants from all over the world who click on every open job, why not advertise locally, where you will get qualified, local applicants for your local job.

• The Baysider • Meredith News • Berlin Reporter
• Gilford Steamer • Granite State News • Littleton Courier
• Record Enterprise • Winnisquam Echo • Newfound Landing
• Coös County Democrat • Carrol County Independent

 **Email:** tracy@salmonpress.news
Phone: (603) 616-7103