

# TNS Christmas Fund makes the holidays brighter for those in need



**Members of the Tilton-Northfield-Sanbornton Christmas Fund celebrated when all their food baskets were packed and ready to distribute to local families and elderly residents in need last weekend.**

BY DONNA RHODES  
dhrhodes@salmonpress.news

TILTON – Dozens of people gathered to make the holidays brighter

last weekend through the Tilton-Northfield-Sanbornton Christmas Fund, a nonprofit, all-volunteer organiza-



**The Pemi Girls of Doric Centre Lodge #20 were among the many volunteers who assisted in this year's Tilton-Northfield-Sanbornton Christmas Fund.**

tion that helps local families and seniors in need over the holiday season. Formed in 1987, each year the TNS volunteers provide warm coats, ski pants, hats, mittens and

toys for eligible children. They also assemble food baskets that have everything needed for a Christmas dinner, and place small gifts in them for elderly residents of



**Tilton-Northfield Rotary and the Interact Club of Winnisquam Regional High School helped wrap gifts that were distributed last weekend through the Tilton-Northfield-Sanbornton Christmas Fund.**

the three communities. This year, members of the TNS Christmas Fund said they received some much appreciated donations from many

local organizations, including the WLNH Children's Auction, WFTN's Cash and Cans Drive led by Fred Caruso, and  
SEE **FUND**, PAGE A6

## Main Street Committee tours prospective project sites

BY DONNA RHODES  
dhrhodes@salmonpress.news

TILTON – Volunteers from the First Impressions community group, now officially known as the Tilton Main Street Committee, met before Christmas for a walking tour of Main Street as they examined design plans that were developed in July of 2005 by a former citizen's organization, but were never acted upon.

The new group working to improve the appearance of and number of visits to downtown Tilton began meeting in September through the oversight of First Impressions, a statewide community improvement program developed by the UNH Cooperative Extension.

A few months ago, the committee was able to find the designs made in 2005, and has taken a look at some of the ideas that were included. Led by Planning Board

member Jane Alden, they headed out along Main Street last week to look at the possibilities sketched out in the old plans.

Starting at Pocket Park on the corner of Main and Park Street, Alden explained the former plan to create a river walk between Park Street and Cannon Bridge. The idea was scrapped when the town realized the walk would intrude on some buildings directly on the river.

While later addressing the idea of a bringing back plans for a river walk, Allan Powell pointed out that before they go any further, current property owners would have to be notified.

"If the property owners aren't on board, it's null and void, and we should stop now," Powell said.

Others suggested they continue to think about building an observation

platform off the town-owned Pocket Park though, which would not affect other property. Town Planner Dari Sassan said the first step toward that plan however, would be to contact the Department of Environmental Services for regulations on waterfront construction. He added there could be a liability issue for such a structure that the town would have to address as well.

Moving on, the discussion turned toward traffic issues. Sassan said the town is already in the midst of the permitting process to make improvements along E. Main Street and at the roundabout in front of town hall. With nothing the committee could do to assist in that process they then began to brainstorm ideas for improvements they could make in a more timely manner.

Dennis Gaudet suggested  
SEE **SITES**, PAGE A6



**Evelyn Ellis-Haines in front of the Salvation Army in Laconia after unloading more than 700 items donated by Canterbury Elementary School families. The clothing drive was organized by Ellis-Haines as an effort to protect the homeless this winter season.**

## Belmont girl organizes winter-wear drive for the homeless

*Donates more than 700 items to family shelter*

BELMONT — Belmont resident and fifth grader, Evelyn Ellis-Haines, organized a clothing drive at her school, Canterbury Elementary, with the goal of helping families facing homelessness this

winter. With the support of her classmates and teacher the drive collected more than 700 items.

"We are thrilled at the response," says Ellis-Haines' teacher, Kimberly Wieck. "Our school has just over 100

students and to collect this many winter clothing items is really incredible."

The clothing drive was part of Ellis-Haines' Kid Governor campaign

SEE **DRIVE**, PAGE A6

## Local artist honors those who walk the "Thin Blue Line"



**Sign artist Amanda Cavanaugh recently presented Tilton Police Department with special "Thin Blue Line" signs she made as a tribute to their dedication to public safety. With her are Chief Robert Cormier, Capt. Ryan Martin, and Officers Liz Murray and Chris Rideout.**

BY DONNA RHODES  
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TILTON – Members of the Tilton Police Department received an early Christmas gift last week — handmade signs from artist Amanda Cavanaugh that pay tribute to their careers as part of the "Thin Blue Line" of Law Enforcement.

Cavanaugh said she first started making the special signs when a friend in Oregon asked her for one that said "Home" that she could give to her dad, a career law officer. Wanting to pay tribute to his dedication to public safety, Cavanaugh included a "thin blue line" in the

piece.

Since then, she has begun creating signs that honor all public safety personnel. The word "Home" substitutes an outline of the state for the letter "O" then has either a red line through it for Fire Fighters, a gray line for Corrections Officers and a yellow line for their dispatchers.

A former Franklin resident, now living in southern New Hampshire, Cavanaugh said she recently opened a shop in her new home where she makes her signs. During her time in Franklin, she worked at Spaulding Youth Center and became passionate

about supporting children with autism and other special needs. As a result, she also makes beautiful "Autism Speaks" signs, which

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# Spaulding Youth Center hosts annual Multicultural Celebration

**NORTHFIELD** — Spaulding Youth Center hosted its annual Multicultural Celebration on its Northfield, New Hampshire campus on Friday, Dec. 21. In its 11th year, this annual event celebrates holiday customs from around the world.

Leading up to the celebration, each of the twelve classrooms at the School at Spaulding Youth Center conducted extensive research to explore one specific custom to present at the celebration. The classroom then developed a unique and creative expression to share their findings. This year's presentations included India's Diwali or Festival of Lights, Iceland's Yule Lads and Yule Cat, Bhakti Fest, the Hindu Holi Celebration, Italy's Pärt, Puerto Ri-

can Christmas, Native American customs and United Kingdom World Peace Day.

"The Annual Multicultural Celebration is one of our most anticipated events here on campus," said Susan C. Ryan, President & CEO of Spaulding Youth Center. "Students demonstrate a tremendous amount of effort and dedication while researching and preparing for their presentations. As always, I am so impressed with what our children are able to accomplish with their creative presentations – not only as a classroom but also many students exhibit remarkable individual success during the celebration. Presenting in front of hundreds of audience members is not easy and it is a truly inspirational event."

Family, friends and supporters were invited to attend and all look forward to the Spaulding Multicultural Celebration. Since the Spaulding students select holidays from cultures around the world, everyone has an opportunity to discover and appreciate a wide variety of customs. The event also offers parents the opportunity to watch their child thrive in an integrated educational activity in ways that were not possible before their child enrolled at Spaulding Youth Center.

About Spaulding Youth Center

Spaulding Youth Center is a leading provider of services for children and youth with neurological, emotional, behavioral, learning and/or developmental challenges, including Autism Spectrum Dis-



Spaulding Youth Center hosted its annual Multicultural Celebration on its Northfield, New Hampshire campus on Friday, Dec. 21.

order and those who have experienced significant trauma, abuse or neglect. Services include academic, behav-

ioral health, residential, foster care, health and wellness and family support. Spaulding Youth Center is a tax-exempt 501(c)(3) nonprofit. For information about Spaulding Youth Center, visit [www.spauldingyouthcenter.org](http://www.spauldingyouthcenter.org).

## Hall Memorial Library Happenings Tilton/Northfield

Monday, Jan. 7  
Chess Club, 3-5 p.m.  
Scrabble, 6 p.m.  
Adults Only

Tuesday, Jan. 8  
Spanish Club, 10 a.m.  
Tech Tuesday, 2-4 p.m.

Wednesday, Jan. 9  
Story Time, 10:30  
Scrabble, noon  
Play this word game face to face.

Thursday, Jan. 10  
Cribbage, 2 p.m.  
Adults Only

Friday, Jan. 11  
Sit and Knit, 2-5 p.m.

Saturday, Jan. 12  
Let's Go Lego, 10 a.m.  
New Items by Henri Charriere  
"Factfulness: Ten Reasons We're Wrong About the World – and Why Things are Better than You Think" by Hans Rosling  
"A Carnival of Losses: Notes Nearing Ninety" by Donald Hall  
"Waging Heavy Peace: A Hippie Dream" by Neil Young  
"Pele: A Biography" by Lew Freedman  
"Free-Motion Quilting: Choose & Use Quilting Designs for Modern Quilts" by Angela Walters

## Family Resource Center hosts Family Fun Night

**TILTON** — Photos with Santa Claus; designing ornaments and snow globes guided by Driven by Art; shopping for gifts for family members; a hot turkey dinner. These were a few of the activities families enjoyed on Dec. 19, when the Greater Tilton Area Family Resource Center hosted its first ever Family Fun Night in its new offices at 5 Prospect St. Approximately 60 guests celebrated the holiday season at the resource center.

One of the offices was transformed into a "store," literally overflowing with gifts children between the ages of two and 17 could choose for their brothers, sisters, moms, dads, and caregivers. Elves helped the youngest shoppers make their choices while the older children selected gifts. In the Happy Trails playroom, elves wrapped the gifts so they would be ready for the shoppers to hand out Christmas morning. Each child also received a personalized stocking filled with goodies to take home.

Everyone at the Greater Tilton Area Family Resource Center sincerely thanks the individuals and organizations that donated the food, clothing, and toys which made this special evening possible. The many volunteers, employees, and board members who helped before, during, and after the

Family Fun Night also were key to the evening's success, and deserve an enormous thank you!

Center Director Michelle Lennon commented on the healthy social connections being formed as the result of the interactions taking place throughout the evening.

"Experiencing healthy community," she said with a smile. "That is what this evening is all about."

Everyone is excited to a Family Fun Night again next year.

Lennon and the Greater Tilton Area Family Resource Center staff can be contacted at 286-4255 or [familyresource-centertilton@gmail.com](mailto:familyresource-centertilton@gmail.com).

more detailed information about the services offered. Community members are encouraged to call, e-mail, or stop in for



A family enjoys time with Santa during the Greater Tilton Area Family Resource Center's recent Family Fun Night.

## Salisbury man arrested in connection with Franklin house fire

**FRANKLIN** — New Hampshire State Fire Marshal Paul J. Parisi, Franklin Police Chief David Goldstein, and Franklin Fire Chief Kevin LaChapelle announce that an arrest has been made in connection with a fire that occurred on Dec. 3 at a residence on Rose Lane in Franklin.

As a result of the joint investigation, Guy Wheeler, age 56, currently homeless, last known address in Salisbury, was arrested on Dec. 20 on one felony level charge of Arson. He is currently being held at

the Merrimack County House of Corrections without bail. An arraignment was scheduled for Friday, Dec. 21 at 1 p.m. at the Merrimack County Superior Court.

The investigation remains ongoing by members of the New Hampshire State Fire Marshal's Office and the Franklin Police and Fire Departments.

Fire Marshal Parisi would like to remind our citizens that arson is not a victimless crime, and that any intentionally set fire puts in motion a

series of events that significantly jeopardizes both the public and our First Responders' safety. Nationwide, intentional set fires cause more than 400 deaths, 1,300 injuries, and \$1.3 billion in direct property damage annually.

Anyone with additional information is requested to contact the Franklin Police Department at 934-2535 or the New Hampshire State Fire Marshal's Office – Bureau of Investigations at 223-4289.

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# January Highlights at Hall Memorial Library- Tilton/Northfield

In an effort to encourage a love of reading in youths, continued use of the library and remove any barriers that may be associated with accrued fines, we are; for the months of January, February, March; forgiving fines for library card holders aged 14 and under. We will be forgiving fines associated with book, audio books and graphic novels aimed at children and young adults. In order to have your fines forgiven you must be 14 years old or younger, visit Hall memorial Library and check something out. Additionally, if you attend Southwick School or WRMS talk to the Librarians during Library Llama and they will waive your fines. This will wipe out all current, accrued fines on J and YA books, audiobooks and graphic novels. During this three month reprieve, fines on said items will not accrue and the honor system will be back in place. (Adult items, DVDs and games will still accrue fines. Lost item charges will not be waived, but speak with the Director to work out a payment plan.)

The Library Llama was established in 2018 by the youth librarians at Hall Memorial Library in an effort to get more reading materials into the hands of our community's young peo-

reach at WRMS, Southwick, WRHS and field trips to the library from kids at Union Sanborn School.

Display Case - Brittany's Rainbow Factory Creations... Brittany sews, and sews, and sews! From wallets to purses, baby bags and more, come check out her colorful collection of fabulous work.

Art Display - On Loan from the Fermata Arts Foundation in collaboration with the Kharkiv Regional Library for Children, Kharkiv, Ukraine, Hall Memorial Library Presents: "HOME, FAMILY, MOTHERLAND" through the eyes of children. On the occasion of the celebration of the 10th anniversary of the Fermata Arts Foundation (2008-2018) we are happy to announce a traveling exhibition of children's drawings from Kharkiv, Donetsk and Luhansk (three cities in Eastern Ukraine). On display is a collection of 100-plus drawings from students ranging in age from 5 to 16 years old. The works will be exhibited at Hall Memorial Library during the months of January and February. Call 286-8971 to be sure the display is up and ready for viewing. This exhibition is courtesy of the Kharkiv Regional Library for Children, Kharkiv,

**Children's Programming**  
Story Time, Wednesdays at 10:30 a.m. Stories and rhymes followed by a craft for preschool-age children.  
Let's Go Lego, Saturdays at 10 a.m.

**Weekly Adult Programs**  
Chess Club - Mondays from 3-5 p.m.  
Spanish Club - Tuesdays from 10-11:30 a.m.  
Tech Tuesdays from 2-4 p.m. - Get help from Jenna with your device.  
Sit and Knit - Friday from 2-5 p.m.

**January Calendar of Events**  
Head's Up - Join us on Monday, December 31st from 10-2p.m., the last day of 2018 (hard to believe!), for Patron Appreciation Day. The Staff will provide food, drink, games and chit-chat, as well as checking out movies and books, etc. Please note the library will close at 2 p.m. on the 31st. Have a smashing good time on New Years Eve, but please be smart.

Tuesday the 1st... Happy New Year! We are closed today... see you on the 2nd.

Monday the 7th at 6 p.m. Scrabble - Adults only

Wednesday the 9th at 12 p.m. Scrabble in the Afternoon - A great way to spend a day...

ly game. Adults Only.

Thursday the 10th at 2 p.m. Cribbage - Adults Only... Don't know how to play? Maggie will teach.

Monday the 14th at 5 p.m. Trustees Meeting - Open to the public

Monday the 14th at 6 p.m. The Bookers - "Caleb's Crossing" by Geraldine Brooks - Bethia Mayfield is a restless and curious young woman growing up in Martha's vineyard in the 1660s amid a small band of pioneering English Puritans. At age twelve, she meets Caleb, the young son of a chieftain, and the two forge a secret bond that draws each into the alien world of the other. Bethia's father is a Calvinist minister who seeks to convert the native Wampanoag, and Caleb becomes a prize in the contest between old ways and new, eventually becoming the first Native American graduate of Harvard College. Inspired by a true story and narrated by the irresistible Bethia, "Caleb's Crossing" brilliantly captures the triumphs and turmoil of two brave, openhearted spirits who risk everything in a search for knowledge at a time of superstition and ignorance. (Amazon)

17th at 4 p.m. Studio Ghibli Day - Movie, Crafts and Snacks... come join us for this family event!

Monday the 21st The Library is Closed for Martin Luther King, Jr. Day

Tuesday the 22nd at noon Noon Book Group - "Ghosted: A Novel" by Rosie Walsh - When Sarah meets Eddie, they connect instantly and fall in love. To Sarah, it seems as though her life has finally begun. And it's mutual: It's as though Eddie has been waiting for her, too. Sarah has never been so certain of anything. So, when Eddie leaves for a long-booked vaca-

tion and promises to call from the airport, she has no cause to doubt him. But he doesn't call. Sarah's friends tell her to forget about him, but she can't. She knows something's happened-there must be an explanation. Minutes, days, weeks go by as Sarah becomes increasingly worried. But then she discovers she's right. There is a reason for Eddie's disappearance, and it's the one thing they didn't share with each other: the truth. (Amazon)

Tuesday the 22nd at 4 p.m. Curtiss Rude of the NH Astronomical Society demonstrates how to use our Orion Star-Blast SEE HIGHLIGHTS PAGE A6



## Tilton officer graduates from NH Police Academy

Tilton Police Chief Robert Cormier (left) congratulated the town's newest officer, Noah Michael, on his graduation from the New Hampshire Police Standards and Training Academy last week.

## BELMONT POLICE LOG

ple. Efforts include out-Belmont police log

BELMONT — The Belmont Police Department responded to 145 calls for service and made the following arrests during the week of Dec. 14-21. Please note that the names of juveniles, and those of individuals taken into protective custody but not formally charged with a crime, have been withheld from publication.

Cassandra O'Reilly, age 35, of Laconia was arrested on Dec. 14 in connection with a warrant issued by the Belknap County Sheriff's Department.

Nichole R. Brackett, age 30, of Belmont was arrested on Dec. 14 in connection with a warrant issued by the Rochester Police Department.

Samuel J. Virgin, age 24, of Belmont was arrested on Dec. 14 for

Ukraine. Driving While Intoxicated.

Kevin W. Sweeney, age 19, of Leominster, Mass. was arrested on Dec. 15 for Driving While Intoxicated, Unlawful Possession of Alcohol, and Transportation of Alcoholic Beverages By a Minor.

Justin Mitza, age 22, of Belmont was arrested on Dec. 15 for Driving After Revocation or Suspension and Use of Mobile Electronic Devices While Driving.

Nelly Teresa Roache, age 42, of Northfield was arrested on Dec. 15 for Driving After Revocation or Suspension and operating a vehicle with a Suspended Registration (Operating-Misd.).

Dalton Deroche, age 21, of Northfield was arrested on Dec. 15 for Possession of Marijuana.

Ashley Huckins, age 30, of Belmont was arrested on Dec. 15 in con-

friends and a leisure-nection with a bench warrant issued by Laconia District Court.

Michael Tierney, age 21, no current address, was arrested on Dec. 15 for Possession of Controlled/Narcotic Drugs and a separate count of Possession of Drugs.

Eric Fennell, age 25, of Loudon was arrested during the same traffic stop for Possession of Controlled/Narcotic Drugs and a separate count of Possession of Marijuana.

Miles E. Defosses, age 18, of Belmont was arrested on Dec. 16 for Possession of Marijuana.

Mathew J. Astuccio, age 19, of Malden, Mass. was arrested on Dec. 17 for Criminal Mischief (Vandalism).

Jordan Smith, age 20, of Laconia was arrested on Dec. 18 for Theft From a Building.

Stephen James Wing, age 34, of Gilford was

Thursday the arrested on Dec. 18 for Driving After Revocation or Suspension and in connection with a bench warrant issued by Laconia District Court.

Kristy L. Dame, age 39, of Belmont was arrested on Dec. 18 for Domestic Violence-Assault.

Daemon A. Dorr Smith, age 18, of Center Harbor was arrested on Dec. 18 for Possession of Marijuana.

James A. Machado, Jr., age 20, of New Hampton was arrested on Dec. 20 for Driving While Intoxicated.

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## SANBORNTON POLICE LOG

Sanbornton police log

SANBORNTON — The Sanbornton Police Department responded to 19 calls for service and made the following arrests during the week end Dec. 22.

Katelyn R. Angers, age 27, of Laconia was arrested on Dec. 19 for Driving While Intoxicated, Criminal Trespassing, Criminal Mischief, and Operating an OHRV While Intoxicated. She is scheduled to appear in Franklin District Court

on Jan. 7 at 8:15 a.m.

Franchesca M. Pecoraro, age 33, of Plymouth was arrested on Dec. 19 for Criminal Trespassing. She is scheduled to appear in Franklin District Court on Jan. 28 at 8:15 a.m.

Cain Perham, age 37, of Eliot, Maine was arrested on Dec. 22 for Domestic Violence-Assault. He is scheduled to appear in Franklin District Court on Jan. 7 at 8:15 a.m.

The breakdown of the remaining calls was

as follows: one alarm, two incidents involving animals, one charity delivery, one report of criminal mischief, one D.W.I., one domestic violence assault, one house check, two money relays, three requests for police information, one incident involving an individual taken into protective custody, one runaway juvenile, one report of stolen property, one report of a suspicious vehicle or activity, and one report of theft.

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# Opinion

A4 Thursday, January 3, 2019

WINNISQUAM ECHO

## STRATEGIES FOR LIVING

### A thought for the New Year

BY LARRY SCOTT

At about five feet tall, the smiling, diminutive Gonxha Agnes Bojaxhiu looked to be the model of peace and tranquility. At the pinnacle of her success, the guest of both the powerful and the poor, she was admired around the world. The founder of the Missionaries of Charity, however, fought a personal battle few knew anything about. In “The Private Writings of the ‘Saint of Calcutta,’” better known as Mother Teresa, Brian Kolodiejchuk quotes (page 187) an article she wrote as a prayer and sent to Father Picachy on July 3, 1959:

“The loneliness of the heart that wants love is unbearable. – Where is my faith? – Even deep down, right in, there is nothing but emptiness & darkness. – My God – how painful is this unknown pain. It pains without ceasing. – I have no faith. ... I am told God loves me – and yet the reality of darkness & coldness & emptiness is so great that nothing touches my soul.”

A saint she may have been, but life was no cakewalk for even this dedicated lady of the Church. Like the rest of us, she was human and had her own battles to fight, but she learned from her experiences, held steady amid the pressures, and the world has benefited from the result.

Christianity does not propose a life of ease and tranquility. Jesus Himself forewarned His disciples, “In this world you will have trouble. But take heart! I have overcome the world.” Life, the daily routine of living, is the crucible in which character is developed.


Maturity does not come easy. I know of no way to learn those fundamental qualities of life so necessary for our development such as patience, kindness, honesty, integrity, humility, self-discipline, perseverance ... and I could go on. These important indicators of a stable character are developed only amid the pressures of life. There is no easy out!

I must tell you from personal experience that life can sometimes throw us some very wicked curves. And not always because we have done something stupid, lost our common sense, or indulged in something we knew was wrong. Sometimes, life just hits us between the eyes. Talk to me about bankruptcy, about cancer, about nightmarish days and sleepless nights. Believe me when I tell you I, too, have been there. Life is tough! The question is not whether we have reached depths of despair we cannot even put into words; the question is, what did we do about it?

Fortunately, there is for many of us a light at the end of our tunnel. I take seriously a promise Jesus made when He said, “Come to me, all you who are weary and burdened, and I will give you rest. ... Learn from me, for I am gentle and humble in heart, and you will find rest for your souls.”

There is something real and life-changing that comes with a relationship with Jesus Christ. But Christianity is not something I believe because it’s convenient. To be honest that’s not always the case. When a person, however, is conscious of living under the watchful care of a loving God, there is a peace of mind, a rest amid the tumult, that frankly must be experienced to be appreciated.

For more thoughts like these, please follow me at indefenseoftruth.net.



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## PET OF THE WEEK

## FELDMAN

Staying with us since July, Feldman has been waiting patiently for his human kindreds to come and take him home. Like his namesake, Feldman is not outrageous, not undisciplined, but he is deeply loving, snuggly and an active investigator. He’s a four year old mixed breed and his markings bring forth reminders of Daniel Striped Tiger from Mr. Rogers fame. He is a bit stereotypical when it comes to dogs. Not a fan. Because of his having feline leukemia cannot be in a home with other cats. Come and meet and talk with this gorgeous guy who has a lot to say, many stories to tell and lots of love to give. You won’t regret discovering that he belongs in your home.



## MARK ON THE MARKETS

### Hope or know



BY MARK PATTERSON

We can hope that our retirement money invested in the stock market or mutual funds will do well when we are ready to retire. We can hope that Social Security will be there for us when we were ready to retire. We can hope that we are working with an investment professional who understands the difference between accumulation of assets and distribution as income. We can also hope that our retirement money is being managed cost efficiently and appropriately for our risk tolerance and age. We can hope that our retirement income plan is sustain-

able, will provide steady income and has plenty of liquidity. We can also hope that we have the courage to plan for our retirement income and not bury our heads in the sand hoping that it’ll all turn out okay. We can also hope that we do not get ill or die without a will or trust in place.

If you fit the category of people who have put off planning, don’t feel bad you are probably in the majority. From 2001 until 2011, the markets went nowhere and had a couple of significant draw-downs, (the lost decade). It is human nature to receive your statement from your broker and just toss it in a drawer unopened during bear markets, because we really don’t want to see the damage. Many people do not have life insurance because they don’t want to face the fact that they may actually die someday. People can also justify not having life insurance or disability insurance believing that they do not need it any more when in fact, there passing or

disability would create a liquidity issue for their families.

Instead of hoping all these things will be okay; why don’t we know that they will be okay? You can find out what your Social Security benefits will be depending on when you take them by going to the Social security government website. If your 401(k), 403B or IRA are made up primarily of mutual funds that are really designed for accumulation of assets and not for distribution as steady, sustainable income, you may want to consult with an advisor that can show you how to get predictable sustainable income from those investments. Make sure that your assets are also liquid to the extent that you may need money for emergencies. You should mitigate market, credit and interest rate risk with your income plan. The equity markets have been good the last nine years, so it is easy to become complacent and risk your retirement money in the equity markets. Don’t

rely on the equity markets for your retirement income. The equity markets are more a growth vehicle than an income producing vehicle.

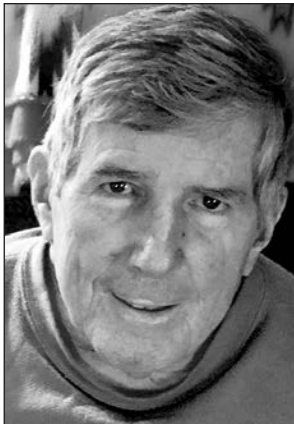
There’s a humorous commercial on TV that shows a husband-and-wife doing every conceivable chore in the house or yard to avoid retirement planning. Across the street set their neighbors with an insurance salesman who flips around his laptop saying they your retirement plan is all done. Both, in my opinion, are exaggerations. An insurance product alone is not going to solve your retirement planning needs.

Take the time and muster up the courage to look at a retirement plan that is sustainable, steady and design for predictable, sustainable income plus growth.

Mark Patterson is an advisor with MHP asset management and can be reached at 447-1979 or [Mark@MHP-asset.com](mailto:Mark@MHP-asset.com).

## North Country Notebook

### A report on a brief tour of the world as I know it



By JOHN HARRIGAN

COLUMNIST

*Editor’s note: Mr. Harrigan was unable to submit a new North Country Notebook column in time to meet our press deadline for this week’s edition. The following column was originally published earlier this year.*

Public Television carried a feature on Theodore Roosevelt this past Sunday. He is my favorite President, chiefly because he became an ardent conservationist

and was largely responsible for what lands in the West we have left.

This generally means lands free of exploitation or development. I’m not sure whether the bargain-basement granting of grazing permits constitutes exploitation. But then, what about long-range hikes and rafting ventures, and pack-horse hunting trips?

If there is a President

history has done a disservice, it is Roosevelt. Most Americans, if they can remember him at all, seem only to remember big game safaris.

Today, it’s hard to imagine a world that would have the room or the patience for a Teddy Roosevelt. Imagine a President taking off for a month for a camping trip in the Rockies, or letting the White House

SEE NOTEBOOK, PAGE A7



JOHN HARRIGAN

Some of these derelicts can be split, others are “junks”—not worth bothering with, but destined for the fire nonetheless.



# NHHEAF network organizations donate winter coats to Spaulding Youth Center

NORTHFIELD — The NHHEAF Network Organizations (NHHEAF) selected Spaulding Youth Center as the recipient charity to receive more than 75 winter coats earlier this month. The coats were quickly distributed on the Northfield campus to day and residential students in need of warm winter clothing.

As a strong advocate for supporting registered New Hampshire nonprofits, NHHEAF organizes a variety of fundraisers to benefit charities which are meaningful to their employees. Throughout the year, the organization chooses a charity monthly to receive either collected need items, such as canned goods or coats, or monetary contributions, which are presented as mini-grants, in exchange for the opportunity to enjoy a casual day.

“We are thrilled to be nominated and selected by the committee to receive this large collection of winter coats which so many of our children so desperately needed,” said Susan C. Ryan, President & CEO of Spaulding Youth Center. “As part of this process, my team was impressed to learn about all the charity-focused activities which were encouraged by the NHHEAF Past President Rene Drouin and continued to receive endorsement from the existing President Christiana Thornton. Generosity from organizations like NHHEAF truly make the difference to the children on our campus and in our community based programs.”

In addition to the monthly casual day collection, NHHEAF organizes a variety of fundraisers, including a Plinko game, penny wars, chili competition, pie baking contest, etc. To have their charity of choice considered, employees complete a form detailing why their selection should be considered.

**About Spaulding Youth Center**

Spaulding Youth Center is a leading provider of services for children and youth with neurological, emotional, behavioral, learning and/or developmental challenges, including Autism Spectrum Disorder and those who have experienced significant trauma, abuse or neglect. Services include academic, behavioral health, residential, foster care, health and wellness and family support. Spaulding Youth Center is a tax-exempt 501(c)(3) nonprofit. For information about Spaulding Youth Center, visit [www.spauldingyouthcenter.org](http://www.spauldingyouthcenter.org).

The NHHEAF Network Organizations (NHHEAF) selected Spaulding Youth Center as the recipient charity to receive more than 75 winter coats earlier this month. The coats were quickly distributed on the Northfield campus to day and residential students in need of warm winter clothing.



COURTESY



COURTESY

Gloria Pickering, Personal Banker & Coordinator of FSB's Toys for Tots Program, is surrounded by an abundance of gifts donated by bank employees for children in the Franklin community.

FRANKLIN — The employees at Franklin Savings Bank sponsored 52 children through Toys for Tots this holiday season. An annual program organized by the Franklin Police Department, the bank has fulfilled the wishes of more than

# Franklin Savings Bank employees fulfill holiday wishes for 52 children

1,200 children since 1992 through its involvement in this holiday tradition. “This is just one of many community initiatives we are proud to support during this time of year,” said Ron Magoon, President & CEO. “The employees look forward to sponsoring children each year through our involvement in this program. It is our hope that every child will receive a gift under their tree this holiday season through the generosity of businesses and individuals who support these types of programs.”

Established in 1869, Franklin Savings Bank is an independent, mutually-owned community bank, offering a full array of commercial lending, personal banking and investment services throughout the Central Lakes Region and southern New Hampshire. Headquartered in Franklin, the Bank has offices in Bristol, Boscawen, Tilton, Gilford and Merrimack, as well as an office in Bedford for business lending. Franklin Savings Bank also offers investment, insurance and financial planning services through its wholly-owned subsidiary, Independence Financial Advisors, from offices in Franklin, Bedford, Gilford, Nashua, Rochester and Merrimack, New Hampshire. As a recognized leader in providing the latest in financial services technology, Franklin Savings Bank remains committed to serving the needs of businesses, families and the communities it serves, through a dedicated team of employees, a diverse line of financial products and services, and continued investment in emerging technology.

You can learn more about Franklin Savings Bank by calling 1-800-372-4445, or visiting [www.fsbnh.bank](http://www.fsbnh.bank), or following the bank on Facebook, LinkedIn, Twitter and YouTube.

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Edward Jones: Financial Focus

Financial Tips for Snowbirds ... Present and Future

Winter is here again – which may make you wish you were somewhere else. You might be thinking how pleasant it would be to become a snowbird and move to a warmer climate for the season. Of course, your stage of life will help determine if you are prepared to be a snowbird now or if you're just hoping to be one in the future. But in either case, you'll need to be financially prepared.

So, let's look at what it would take to be a snowbird – tomorrow and today:

*Snowbird tomorrow* – The further ahead you plan, the more options you're likely to have when you embark on the snowbird life. If you're going to be retired, you'll need to review all your sources of retirement income – Social Security, your 401(k) or other employer-sponsored plan, your IRA, and so on – to determine if you'll have enough money available for your yearly snowbird trips without jeopardizing your retirement lifestyle. Your calculations will depend on what sort of snowbird existence you have in mind. Do you want to buy a second home or just rent?

Will you be gone just a few weeks each year or several months? Clearly, to ensure a successful snowbird experience, you'll need to identify your goals and create a strategy for achieving them.

*Snowbird today* – If you've reached a point where you can indeed make your snowbird dream a reality, and you're ready to pack your bags, you'll need to take action on some practical matters, such as these:

*Secure your home.* If you have a security system, make sure it's armed and working properly. Stop your newspapers and magazines, forward your mail, ask your neighbors to remove any stray papers, flyers and advertisements from your porch or entryway, and arrange to have your snow shoveled.

*Notify your bank.* To fight theft, the fraud departments of many banks are getting more aggressive in spotting and denying unusual charges. That's why it's important to give your bank your temporary address and contact information before you leave. By doing so, you can reduce the risk of your account being frozen temporarily if your financial institution can't reach you with questions about charges from an unexpected location. You also might find it useful to open a bank account at your snowbird site.

*Pay your bills.* If you already pay all your bills automatically through bank authorizations, you may not have to do anything when you leave. But if you still pay some bills the old-fashioned way, with checks and envelopes, look for these bills in your forwarded mail.

*Track your investments.* You can probably track the progress of your investments online, and it's a good idea to do so, just as you would at your permanent address. Even if you're only gone a couple of months, you may need to make some investment moves, so stay on top of your accounts and contact your investment professional, as needed. As always, though, don't overreact to sudden market swings – ideally, you've got long-term strategies in place that can serve your needs in most investment environments.

The life of a snowbird can be a pleasant one. So take the necessary steps before you leave – and enjoy your days in the sun.

This article was written by Edward Jones for use by your local Edward Jones Financial Advisor. For more information or to sign up for their monthly newsletter, contact your local Financial Advisor.



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FUND

CONTINUED FROM PAGE A1  
the Gift of Warmth Program, which partnered with the Tilton-Northfield Fire Department this year. The Tilton Police Department also made a substantial donation of toys they received through their annual Christmas Toy Drive at Walmart.

When it came time to pack and distribute all the food, clothing and gifts, other local organizations also pitched in to help. Among those groups were American Legion Post 49, Doric Lodge #20 and their

Pemi Rainbow Girls, Tilton-Northfield Rotary and their young affiliates from the Interact Club at Winnisquam Regional High School.

“We are very fortunate to have them,” TNS Fund members said.

The TNS Christmas Fund also wished to thank the following “Santa’s Helpers”: Judy Davidson; Emma Davidson; Josh and Angela Carter; Corri and Steve Partridge; Roy Cilley; Malcolm Havalock; Tom Hume; Wes Nichols; Chris Murphy; Lee French; Wayne and Melanie Clark; Donna

Jones; Patti Laliberte; Diane Jordan; Katelyn Poisson; and Aaron, Stephanie, Owen and Steve Jameson.

While final numbers for distributions this year were not yet available, the group reported that in 2017 the TNS Christmas Fund serviced 116 families, totaling 364 individuals. Among those were 147 adults, 162 children and 55 elderly households.

“We are very thankful to have so much help from so many people and we are truly grateful for each and every person involved,” they said.



Volunteers from Whiteman-Davidson American Legion Post 49 were busy filling food baskets for local residents last Saturday as part of the Tilton-Northfield-Sanbornton Christmas Fund.



Donna Rhodes  
Joined by Sue Cagel from the UNH Cooperative’s First Impressions program, members of the Tilton Main Street Committee looked at the possibility of creating a short walkway or viewing platform over the Winnepesaukee River at Pocket Park in downtown Tilton.

SITES

CONTINUED FROM PAGE A1  
gested they pick one big project they could work toward, then come up with smaller improvements that could make a faster difference in the town.

“We should have one big project we can all get behind, then do some smaller things in the meantime,” said Gaudet.

One suggestion he had for a large project would be the construction of a pedestrian bridge at Salmon Run Conservation Area.

“I know there’s grant money for things like that out there that we could apply for,” he said.

Alden also agreed to look into DES regulations so the committee could determine in the

future if a short river walk or viewing platform could become an “all hands on deck” project they could undertake.

Powell felt a smaller project could be the addition of lighting along Main Street. With state road construction coming in the near future along with plans to repave the sidewalks in the works, he felt this could be the best time to have decorative lighting installed. Sassan agreed, saying that lamp posts would do much in the way of improving not only the look of downtown but pedestrian safety as well.

Empty storefronts were another matter discussed, and Juliet Harvey volunteered to contact building owners

to ask permission to decorate their windows. Once approvals are received, she said, Tilton School students have offered to provide artwork to dress them up until they are occupied.

One other idea readily accepted for immediate action came from Brittany Shanahan who suggested the group make maps of downtown Tilton and place them at Tanger Outlet Center and other Exit 20 stops. Included on the map would be a list of businesses and services on Main Street that visitors to the area might not even know exist.

The group also agreed to take a trip to downtown Bristol to look at work along their riverfront, which is making a positive difference in that town.

Anyone interested in being part of the committee can follow them on Facebook at Tilton Main Street Committee where projects and meeting schedules will be posted.

DRIVE

CONTINUED FROM PAGE A1  
to end poverty. The Kid Governor program is a national award-winning civics program for 5th graders led by the New Hampshire Institute for Civics Education and New Hampshire Institute of Politics with support from the New Hampshire State House and

Department of Education.

Although ultimately Ellis-Haines did not win her bid for New Hampshire’s Kid Governor, she is going ahead with her poverty-fighting plans.

“I have a really supportive school and supportive friends,” says Ellis-Haines. “At the candidate forum, Mrs. Sununu said if we [the candidates] didn’t win,

we should do our projects anyway, so I decided I wanted to do it.”

On Christmas Eve, Ellis-Haines delivered her hundreds of winter items to the Salvation Army in Laconia, supplier of the Carey House, which offers shelter to men, women and families in the Lakes Region.

“I’m really glad I could do this, and I want to do more,” says Ellis-Haines. “I want to help people.”

ARTIST

CONTINUED FROM PAGE A1  
are colored puzzle pieces filling the outline of the State of New Hampshire.

“Sales from those signs now benefit Autism Speaks,” she said. “All of my signs are hand painted with lots of love.”

A portion of the proceeds from the sale of those signs she now donates to either the New Hampshire Association of Chiefs of Police, the New Hampshire Association Fire Chiefs or to Special Olympics of New Hampshire.

“Living here in the area, I got to know Bob and all he does for Special Olympics so I wanted to give everyone in the department a sign for Christmas,” Cavanaugh said. “This is the



Tilton Dispatcher Adam Sattler was pleased to receive a custom made sign from artist Amanda Cavanaugh that includes a “Thin Yellow Line,” symbolic of the support service dispatchers provide to public safety officials.

first year of running my business full time so next year, or maybe some time this summer, I’ll pick another police or fire department to donate some to.”

Cormier, his officers and staff were very pleased to receive her generous gifts last week.

“These are so unique. I’ve never seen anything like this. Thank you,” the chief said.

Cavanaugh has a Facebook page with photos of some of her custom designed signs and also sells them online at [www.etsy.com/shop/CavanaughDesigns](http://www.etsy.com/shop/CavanaughDesigns).

HIGHLIGHTS

CONTINUED FROM PAGE A3  
Telescope. The telescope is available for checkout for three days at time with a valid patron ID and a valid driver’s license. You must be 18 or over to check out the telescope.

Monday the 28th at 6 p.m.


Story Swap - Share the “story you love to tell” with appreciative listeners. Hot Chocolate, Eats and treats for the ears. A great way to while away the winter.

Wednesday the 30th at 4 p.m. YAH Book Group – “The Woman in the Window” by A.J. Flinn Anna Fox lives alone—a recluse in her New York City home, unable to venture outside. She spends her day drinking wine (maybe too much), watching old movies, recalling happier times . . . and spying on her neighbors. Then the Russells move into the house across the way: a father, a mother, their teenage son. The perfect family. But when Anna, gazing out

her window one night, sees something she shouldn’t, her world begins to crumble—and its shocking secrets are laid bare.

What is real? What is imagined? Who is in danger? Who is in control? In this diabolically gripping thriller, no one—and nothing—is what it seems. (Amazon)

Thursday the 31st at 2 p.m. Cribbage - Adults Only... Don’t know how to play? Maggie will teach.



## How to Submit Obituaries & Announcements To Salmon Press Publications

Obituaries and Announcements of special events such as weddings, engagements, and anniversaries are published **FREE OF CHARGE** in any/all Salmon Press newspapers.

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*Photos are also welcome, but must be submitted in jpeg format.*

Please contact Executive Editor  
Brendan Berube at (603) 279-4516, ext. 111  
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COURTESY

Kuster brings holiday cheer to Veterans Home

New Hampshire’s Second District Congresswoman Annie Kuster was at the New Hampshire Veterans Home on Tuesday, Dec. 17, for another year of her “Holiday Cards for Heroes” program. Each year, Kuster distributes Christmas cards made by school children from around the district to both residents of NHVH and patients at the Veterans Administration’s medical center in Manchester.



NOTEBOOK

CONTINUED FROM PAGE A4  
lawn be home to ponies and goats.

However, TR was an energetic guy, bouncing and bellowing his way around the White House like a top-hatted Tigger, and the documentary shamed me into getting up out of my living room chair (Command Central, with everything that matters within reach), and going outside for a tour of the immediate premises, my longest trip on crutches yet.

Would-be rescuers, fear not--my trusty guard dog and interference runner Millie was with me every step of the way, scanning for danger. As always, she ranged out front, looking back and wondering why I was so slow, much slower than usual.

Right off, not far into the trip, I determined that the pile of junk wood we left when the snow came down in earnest a few months ago was still right there, waiting. This kind of job doesn't go away when the snow covers it; we just think it does. In this case, out of sight, out of mind doesn't work.

There was that term, just then--junk wood.



For the fun of it, my grandfather and uncle always called them "Daffydils," and I do too. These brave ones were pretty much the forerunners of the flower world. When I was helping Rudy split and haul firewood, a junk was a twisted piece, all knots and gnarls, that wouldn't split. Because of this, it was slowest to burn. Sometimes, just before bed, he'd say "Throw on a junk, Bub," meaning the best piece to hold the fire overnight.

And there was the fence. The thing people tend to forget about a fence is that once you put one up, you've got to take care of it. Deer jump over it, their hooves dragging just a bit here and there, and wind and fallen limbs have their way. Throw in the occasional bear or moose, two species known not to give a fig for a fence, and you've got a fence looking like a prize-fighter about to fall.

But before the season's livestock comes in, the fence will get fixed. We don't want loose animals any more than the neighbors do. The four worst words anyone wants to hear, especially when there's another task at hand, like haying, is "Your \_\_\_\_ are loose" (add animal of choice here).

Out on the front lawn, a scattering of daffodils held their bright yellow colors aloft in the wind, barreling down from Lower Canada's Eastern Townships with the usual abandon.

The front lawn greened up almost overnight, almost right after the last snowbank left, almost right after the last frost, which of course won't be the last. And I'm never surprised to see a snowflake in May.

I consulted with Chief Aid de Camp Baker Bob on lawn strategy. Among many other duties, Bob is in charge of making sure that the lawn mowers actually run. Also, he is Chief in Charge of Not Having the Perfect Lawn. We inform each other on Perfect Lawn commercials to scoff at, paying particular attention to commercials showing the frenzied persecution



Firewood on the porch will wind up in the living room fireplace or, when company's on hand, in the fire pit.

of dandelions, which, in this part of the country at least, we eat.

Here and there on the lawn were the remains of fireworks, set off with great glee on the advent of the New Year, or maybe it was the Equinox. Note to self: Buy more fireworks. The Fourth is not all that far away.

The snow had barely gone away, and here I was thinking about the Fourth. There are still plenty of cold nights until then--a good case for

still having plenty of wood for fireplaces, without and within. And so I ended my patrol at the porch, where there is plenty.

(This column runs in a dozen newspapers covering the northern two-thirds of New Hampshire and parts of Maine and Vermont. Letters, with town and telephone numbers



Fierce guard dog Millie came along on the inspection tour, and wasn't the only one tucked out.

in case of questions, are welcome via campguyhooligan@gmail.com or Box 39, Colebrook, NH 03576.)

Strong showing from healthcare community  
at Franklin VNA & Hospice's Meet Your Representative event

FRANKLIN — "Let the children go first." Those were the words of Franklin VNA & Hospice Executive Director, Tabitha Dowd, as she kicked off the question and answer session of Franklin VNA & Hospice's first Met Your Representative event. New Hampshire State Senators Harold French and Bob Giuda spoke both to the students and to the eager audience about their role in government and some of their plans for the upcoming legislative season.

In addition to the Belmont High School students and other constituents, there were many health care professionals present, including Meg Miller and Cheryl Barnes, Administrator and Director of Nursing for the Peabody Home to Tabitha Dowd and Elaine Cartier, Franklin VNA & Hospice's Executive Director and Hospice Director.

New Hampshire State Sen. French told students, "As you know, healthcare is one of the largest industries in this country for today and it's continually growing. From what we've read, New Hampshire's population is aging and that's where a lot of the healthcare money goes right now."

Dowd is the force behind the events, and said "I wanted to open a door between our health care experience and knowledge and their desire to craft strong healthcare legislation. These events are a beginning of that."

When asked about possible pay rate increases for the Choices For Independence Program, to attract more people willing

to provide in-home care to allow seniors to remain in their own homes and out of Nursing Homes, Rep. Giuda said, "I sponsored a bill last year to try to raise the rates. It's always a constant battle.... I think there's a much better chance of something coming this session." He encouraged attendees to attend hearings and testify.

As they discussed that the high cost of emergency room visits and frequent 911 calls would pay for months of CFI for those same individuals and free up resources for true emergencies, he added, "We have to highlight that and say, look, here's a much better way to spend that money. Now you're seeing an interaction, where someone has identified a problem and a solution so now you're going to see a couple of guys go to work and try to get it fixed."

Speaking about the changes in law requiring Licensed Practical Nurse instructors to have a Master's degree and that effect on the ability to staff instructors for LPN programs because of it, Representative

French added, "That's the hand in hand. We are your representatives in the Senate.... I don't know if this rule is bad for you or not - unless you call me."

The New Hampshire Senators capped off their event by accompanying two Franklin VNA & Hospice nurses to a patient visit where they saw home care in action. Patients are being discharged home with more and more complex health needs, including chest tubes, wound VACS, total nutrition given though

an IV - all being treated in the patient's own homes.

"We wanted to show the NH Senators the real challenges facing home care," says Dowd. "How can they make informed decisions on these issues without really seeing the people affected by them?"

After their visits, so struck by the dedication of RN Cindi Payne, the nurse he accompanied, Rep. Giuda noted, "You love what you do, don't you?"

"To the core," she replied.



COURTESY

New Hampshire State Senators French and Giuda pictured with freshman students from Belmont High School who attended the event to learn about local government and democracy in action. Please contact me with any questions or needs.

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# Canterbury Shaker Village celebrates \$97,300 grant award from LCHIP

CANTERBURY — Canterbury Shaker Village has received a \$97,300 grant from the New Hampshire Land and Community Heritage Investment Program (LCHIP) to support the preservation of Turning Mill Pond. The pond is a prominent feature of the museum’s 700 acre landscape and part of a system of ponds and dams that provided hydropower for the Shakers’ many industries. The Village’s award is one of 42 projects across the state to receive a total of a total of \$3.9 million in matching grants. Sixteen natural resource conservation projects will be supported by \$2 million, while 26 historic resource projects will receive \$1.9 million.

At the peak of Canterbury Shaker Village’s population in the 1840s, there were nine Shaker-built dams and reservoirs east of the Village that provided power for fourteen different mills. The turning mill manufactured lathe-turned wooden components such as chair parts, stairway balusters, handles, and the Shakers’ famous flat brooms—a notable improvement over the common round broom of the era. By 1860, the turning mill annually produced 43,500 flat broom handles. The mill’s lathes also turned or smoothed wooden pails and tubs that the



COURTESY

Turning Mill Pond at Canterbury Shaker Village is one of the important features of the historic landscape at Canterbury Shaker Village and will be preserved thanks to a recent grant of \$97,300 from New Hampshire’s Land and Community Heritage Investment Program (LCHIP)

Shakers’ made and sold. The original 1817 stone dam at Turning Mill Pond was breached in 1980. In response, an earthen dam was built behind it in 1987, thus saving the original structure and preserving the pond. In 2010, this earthen dam was also breached during a severe storm. Upon inspection, the Dam Bureau at the Department of Environmental Services directed the Village to either repair the earthen dam or drain the pond. The LCHIP grant will fund just under half the cost of the \$200,000 dam repair project. The LCHIP grant comes little more than two months

after the New Hampshire Preservation Alliance named the dam to its Seven to Save list. “Repair of the dam on Turning Mill Pond is our highest capital priority,” said Susan Bennett, executive director of Canterbury Shaker Village. “It’s the water source for the Village’s sprinkler and hydrant system as well as for the East Canterbury fire district. It is critical to preserving the Village’s 29 historic and modern buildings. We deeply appreciate LCHIP’s investment and are committed to raising the necessary matching funds from a variety of sources.” Repairing the dam

and preserving the pond also maintains wildlife habitat and provides visitors with scenic enjoyment. A footpath encircles the pond, and picnics can be enjoyed along its shoreline just as they were by the Shakers. Other LCHIP-funded historic resource grants will assist the Kimball Jenkins Mansion in Concord and the Gale School in Belmont. Grant recipients are required to provide at least one matching dollar from another source for every dollar received from the state through LCHIP. This year, they will provide more than \$3.70 for each state dollar.

The 18-member LCHIP Board of Directors selects the grant recipients as the culmination of a rigorous application and review process. LCHIP’s Board Chair, Amanda Merrill of Durham, observes, “The LCHIP Board and staff have the responsibility and privilege of helping to protect natural, cultural and historic resources across New Hampshire. It is a pleasure to work with dedicated colleagues from local government, citizens groups and non-profits to preserve the places that make our state special.”

About Canterbury Shaker Village

Canterbury Shaker Village is dedicated to preserving the 200-year legacy of the Canterbury Shakers and to providing a place for learning, reflection, and renewal of the human spirit. It offers visitors of all ages the opportunity to explore the Village’s natural resources and built environment, collections, and spiritual roots, and to enjoy artistic and educational programming that is derives from the timeless ideals and rich culture of the Shakers. For more information visit shakers.org or call 783-9511.

About New Hampshire’s Land and Community Heritage Investment Program

The New Hampshire Land and Community Heritage Investment Program is an independent state authority that provides matching grants to New Hampshire communities and non-profits to protect and preserve the state’s most important natural, cultural and historic resources. Its legislatively mandated mission is to ensure the perpetual contribution of these resources to the economy, environment, and quality of life in New Hampshire. Prior to this year’s grant awards, since its inception in 2000 the program has provided 425 grants which have helped to conserve more than 280,000 acres of land for food production, water quality, ecological values, timber management and recreation including hunting and fishing, and supported 257 projects to rehabilitate historic structures and sites. Grants have been awarded in all parts of the state and in 157 of New Hampshire’s 234 communities. Forty-three million dollars of state money have led to a total project value of more than \$299 million. LCHIP grants are supported by fees on four documents recorded at the Registry of Deeds in every county of the state. For more information visit lchip.org or call 224-4113.

## Tanger Outlets in Tilton makes generous donation to benefit LRGHealthcare breast health initiatives

LACONIA — Tanger Factory Outlet Centers, Inc. announced today that the company raised a total of \$30,990.04 in the Lakes Region as a result of the 25th annual PinkSTYLE Campaign

and recent TangerFIT 5K Run/Walk, to benefit patients receiving care at the Anderson Ganong Cancer Center at LRGHealthcare. “For the last 25 years, Tanger Outlets has been

partnering locally and nationally to make a difference in the lives of those affected by breast cancer,” said Eric Proulx, General Manager of Tanger Outlets in Tilton. “In 2018, it was our

goal for the campaign to be bigger, bolder and better - and we did just that. We could only do this with the support of our local and national partners, retailers, area businesses and our shoppers. Truly, it takes a village,” added Proulx.

The 2018 PinkSTYLE Campaign was celebrated across 40 Tanger Outlet Centers in the United States and Canada. Beginning in September, customers were able to purchase a Pink Savings Pass to save 25 percent off on a single item at participating stores. Purchases of the unlimited savings pass benefitted breast cancer programs in local communities, such as the Anderson Ganong Cancer Center at LRGHealthcare, as well as nationally through the Breast Cancer Research Foundation (BCRF), the nation’s highest-rated

breast cancer organization. Additionally, the Tanger Outlets in Tilton held their 10th Annual TangerFIT 5K Run/Walk in September which raised a record amount to support the total campaign this year. “On behalf of the providers, staff, and patients at LRGHealthcare I thank everyone at Tanger Outlets in Tilton, the Tanger Family, and the many community supporters who came out to support the PinkSTYLE campaign and the annual 5K this past fall,” states LRGHealthcare President & CEO

Kevin W. Donovan. “The impact Tanger has had on our patients and the LRGHealthcare organization over the years is remarkable, and we are honored to once again be named their local beneficiary.”

LRGHealthcare is a not-for-profit healthcare charitable trust representing Lakes Region General Hospital, Franklin Regional Hospital, and affiliated medical providers. LRGHealthcare’s mission is to provide quality, compassionate care and to strengthen the well-being of our community.



COURTESY

Tanger Outlets in Tilton recently presented a check for more than \$30,000 to LRGHealthcare to benefit patients receiving care in the Anderson Ganong Cancer Center at Lakes Region General Hospital. Pictured left to right: Tanger Outlets Associate Assistant General Manager Chris LaBranche; LRGHealthcare Clinical Nurse Susan Falcinelli; LRGHealthcare Chief Nursing Officer Theresa Champagne; LRGHealthcare President & CEO Kevin W. Donovan; Tanger Outlets General Manager, Eric Proulx; Tanger Outlets Office Administrator Justine Milan; LRGHealthcare Hematology/Oncology Social Worker Karen Rice; and LRGHealthcare Director of Inpatient Services Maureen Cassidy.

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## Raiders and Bears compete in Plymouth

BY BOB MARTIN  
Bob@Salmonpress.news

**PLYMOUTH** – The Gilford and Belmont High School indoor track teams had good showings at the Dec. 23 meet at Plymouth State University, with the Belmont girls' team placing third and Gilford placing fifth out of 12 teams. The Belmont boys' team ranked sixth out of nine teams.

The Winnisquam indoor boys' track team also placed seventh in the meet leading into the holiday break for local high schools.

### Gilford

In the 55-meter dash, Natalie and Brianna Fraser were third and fourth with times of 7.87 and 7.99 respectively.

Skylar Tautkus of Laconia narrowly beat Brianna Fraser in the 300-meter dash, with times of 45.90 and 46.71 respectively.

Natalie Fraser had a time of 1:47.95 in the girls' 600-meter run and placed fourth.

Katiana Gamache was fourth in the girls' shot put with a distance of 24 feet, 10 inches.

### Belmont

For the girls' team, Sana Syed won the 55-meter hurdles with a time of 9.66.

The 4X200-meter relay team of Gabby Day, Syed, Skylar Ruelke and Jada Edgren won with a time of 2:03.12.

In the 55-meter dash, Day was fourth with a time of eight seconds. Edgren was fifth with a time of 8.04. Syed was ninth with a time of 8.24. Becca Fleming was 15th with a time of 8.47. Ella Irving was 29th with a time of 9.75.

In the 300 meters,



BOB MARTIN

Skylar Ruelke of Belmont was second in the high jump last week.



BOB MARTIN

Eddie Mann was eighth in the long jump at the last indoor track meet.

Fleming was 17th with a time of 51.97 and Irvin was 22nd with a time of 51.97.

Aurora Couto was fifth in the 1,500 meters with a time of 6:18.71.

In the high jump, Ruelke was second with a height of four feet, four inches. She was also 11th

in the long jump with a leap of 12 feet, 7.75 inches. Fleming was 15th with a jump of 11 feet,

11.25 inches.

For the boys' team, Kyle Whitcomb was 19th with a time of 7.93 in the

55 meters. In the 1,500 meters, he was fifth with a time of 4:56.33.

Micah Edgren was

fifth in the 300-meter dash with a time of 40.80.

In the 600 meters, Gabriel Fraser was 20th with a time of 1:55.62 and Nick Miles was eighth with a time of 1:37.47.

In the 4X200-meter relay, the team consisting of Eddie Mann, Brandon Robichaud, Edgren and Miles was third with a time of 1:49.24.

Edgren was fourth in the long jump with a leap of 17 feet, 3.75 inches. Mann was eighth overall at 16 feet, 9.5 inches.

In the shot put, Joey Spinale was fourth with a toss of 36 feet, three inches. Zack Duclos was sixth with a throw of 35 feet and Michael Marone was 11th with a toss of 31 feet, two inches.

### Winnisquam

For the boys' team, Cadin Burns was 25th in the 55 meters with a time of 8.58. Mason Ivester was 29th with a time of 9.55. Burns was eighth with a time of 11.85 in the 55 meter hurdles.

In the 600 meters, Evan Griffin was ninth with a time of 1:37.74 and Shamus Dunn was 12th with a time of 1:46.39.

In the 1,500 meters, Dylan Robert was third with a time of 4:29.87 and Riley Mann fourth with a 4:44.93.

In the 4X400-meter relay the boys' team had a time of 4:07.61. It consisted of Dunn, Griffin, Robert and Mann.

For the girls' team, Akasha Pelkey was 33rd with a time of 10.53 in the 55 meters. She was also 14th in the shot put with a toss of 18 feet, 10 inches.

## Bulldogs looking for turnaround in the new year

BY BOB MARTIN  
Bob@Salmonpress.news

**LACONIA** – The Bulldogs had their toughest week of the early hockey season, and the Belmont/Gilford hockey team lost its fourth straight contest, with losses to Berlin/Gorham and Monadnock-Fall Mountain.

On Dec. 19, Belmont/Gilford lost 5-1 to Berlin/Gorham, a rivalry in recent years that has involved two of what are consistently the best of Division 3. The lone goal was scored by Hayden Parent, with an assist by Joey Blake.

"In Berlin, we came



BOB MARTIN

Cam Jarvi shifts around defenders for the Bulldogs.

out of the gates well, playing a scoreless first period, which was one of our team goals for the game," said coach Jason Parent. "The second period we let up four goals and scored one goal. As a young team that first goal is very important and when Berlin scored halfway through the second, it deflated our drive and will to compete."

On Dec. 22, the Bulldogs traveled to Monadnock-Fall Mountain for a difficult young season matchup involving perennial title contenders. Last year the Monad-

SEE HOCKEY, PAGE B10



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# Reid scores five but Wolfpack falls in overtime

BY BOB MARTIN  
Bob@Salmonpress.news

LACONIA – The Laconia/Winnisquam hockey team has sputtered out of the starting gate, but the Wolfpack has begun to find its rhythm as the team enters holiday break, with an 8-7 loss to Sanborn on Saturday.

The Wolfpack was down 3-0 early with three goals let up in the first five minutes, but then Cole Reid scored his first of five goals to bring it to 3-1. The goal was unassisted.

The first three goals against L/W were due to two five-minute major penalties and a tripping call. The majority of the period was five on four and five on three.

The Wolfpack then had a huge second period, outscoring Sanborn 6-4 with four more goals for Reid, along with goals from Connor Johnson and Kam Young.

Both teams were scoreless in the final period and forced the game into overtime. While L/W applied pressure, and had a goal called off when the net was undone, Sanborn's Ethan Paul scored his seventh goal of the game to take home the win.

Wolfpack freshman goalie Evan Rollins continued to play well in goal, with 46 saves. He had just come off a 54-



BOB MARTIN  
Cole Reid had the hot hand last game with five goals in a close 8-7 loss to Sanborn.

save game in a 4-1 loss to Pembroke-Campbell. Sanborn's Aidan Gallant had 51 saves.

“We can play with any team at full strength, with a solid goalie and seasoned seniors and talented freshman it’s only a matter of time until we crack into the win column,” said coach Marc Joyal.

Next up for the Laconia/Winnisquam Wolfpack is a 6:15 p.m. matchup against rival Belmont/Gilford on Jan. 2 at Merrill Fay Arena.

## Laconia Little League hosting winter training camps

LACONIA — The weather may be frightful, but the boys and girls of summer are getting warmed up.

For the first time, Laconia Little League will offer winter training camps for players of all levels in preparation for next season.

“Laconia Little League has a solid group of talented young players coming up through the ranks,” League

President Joe Dee said. “We listened to them and their parents and realized they wanted even more instruction.”

For players 9-12 who plan to compete in the Majors Division next season, the league is offering professionally coached camps on Mondays from 5:30 to 7 p.m. beginning on Jan. 7 at the Concord Sports Center.

For players 8-12 who intend to compete in either the Minors or Majors Division, the league is offering a 10-week program on Sunday afternoons at Laconia Middle School from 3:30 to 5:30 p.m. beginning on Jan. 6. These sessions will be coached by Plymouth State Univer-

sity players and coaches.

The last three sessions of this camp will be open to tee-ballers and instructional pitch athletes to learn more about the game.

Eligible players can attend both camps. Each camp is limited to 20 participants.

Registration for both the camps as well as next season opened on Wednesday, Dec. 19. Those who register early for next season will receive a discount on the registration fee.

Families from Laconia, Gilford, Gilmanton, Belmont, Alton and other surrounding communities can register at the league's newly revamped website, LaconiaLL.org.

The plans build off of a successful 2018 All-Star campaign in which the league's team fared well with a record of 4-4, as well as a recently-concluded fall baseball exhibition season.

“There’s a lot of momentum building behind Laconia baseball right now,” Dee said.

Dee said the league wants to get a handle on registration numbers for next season as early as possible to focus the camps on the players’ needs.

More information can be found on the league's social media channels facebook.com/LaconiaLittleLeague, instagram.com/laconialittleleague, and @LaconiaLittleLeague on Twitter.

## Crashed Ice finals at Loon Mountain Jan. 12

LINCOLN — As the road to Red Bull Crashed Ice Boston continues, 48 male and female skaters will contend for the chance to race shoulder-to-shoulder with professional athletes competing in the Ice Cross Downhill World Championship in February at Fenway Park. The Red Bull Crashed Ice Athlete Search Final will be hosted at Loon Mountain Resort in New Hampshire on Saturday, Jan. 12.

The Red Bull Crashed Ice athlete search challenged male and female skaters to enter the world of ice cross downhill throughout the month of December; starting their journey to racing

down the 2,000-foot ice track under the lights of the iconic ballpark. Skaters participated in pre-qualifiers that showcased their speed and technical skating skills by racing around a series of flat-ice obstacles aiming to record their fastest personal time. Their mission: transferring their flat-ice time to a downhill track at Red Bull Crashed Ice Athlete Search Final at Loon Mountain Resort.

The track at Loon Mountain Resort will feature 600 feet of downhill ice dotted with hairpin turns, switchbacks and drops, positioned in a prime viewing location on the Little Sis-

ter and Seven Brothers ski runs. Skaters will have to adapt to the tough terrain and fast track quickly as each competitor will receive two practice runs before racing in heats with the goal of claiming the top time.

The top male and female skaters with the fastest times will secure wildcard spots at Red Bull Crashed Ice when ice cross downhill makes its stadium debut in Boston, Feb. 8 and 9. The event will feature some of the best and toughest skaters in the world, racing four at a time, shoulder-to-shoulder, all while fighting it out for victory down a steep downhill ice track.

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## PSU softball offering numerous clinics

PLYMOUTH — Plymouth State University head softball coach Bruce Addison announced the dates for the team's annual clinics on Wednesday.

The first clinic is scheduled for Sunday, Jan. 27, with special guest coaches Dick Blood and Harold Sachs.

Blood, a 1975 graduate of then Plymouth State College, recorded 606 wins and five Ivy League titles during his tenure as head coach at Cornell Uni-

versity. He will lead a hitting clinic from 9 to 11 a.m.

Sachs led Salem High School to a record 18 state championships and accumulated nearly 600 wins before moving into a role of pitching coach at Merrimack College. He will direct a pitching clinic from 11:30 a.m. to 1:30 p.m.

Additionally, Plymouth State softball coaches and players will lead four separate three hour-long clinics throughout February.

Clinics will take place from 10 a.m. to 1 p.m. on Feb. 3, 9, 17 and 23.

All clinics take place in the Bank of New Hampshire Field House at ALLWell North on the Plymouth State campus.

For additional information, including individual costs, team discounts and preregistration instructions, please refer to the Plymouth State softball web page (<http://athletics.plymouth.edu/sports/sball/index>).

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# Belmont boys dealt first loss of season

**BY BOB MARTIN**  
Bob@Salmonpress.news

HOPKINTON – The Belmont boys' basketball team went into the holiday break with a 4-1 record, after losing 62-47 on Dec. 21.

The game was close in the first half, with Belmont down 27-22 and it being anyone's game. That changed drastically due to discipline.

"The game came down to a few things. First, they played much harder and much more disciplined than we did," said coach Jim Cilley. "In the second half, they got the ball into the paint and moved the ball well, and we had trouble spacing and stopping dribble penetration. Our rotations were slow and they got some easy baskets on some straight line dribble drives, which is some-

thing that is a big 'no no' in our program."

Cilley said that additionally the Red Raiders were outdone effort-wise in the second half. As the lead stretched to 10 points, the Belmont squad lost its offensive momentum and had some bad shots, leading to easy transition points.

Despite the loss, it was what Cilley called a "breakout game" for Nate Sottak, who had been held scoreless the previous two games. He had 16 points, six boards and five steals in the game. Sottak was the only player in double digits scoring for Belmont. Griffin Embree had nine and Keith Landry had six points off the bench.

"It was the classic game before the break where you don't really show up with the focus and energy needed to win on the road in one

of the better team's home gyms," said Cilley.

The Red Raiders participated in the Gilford holiday bas-

ketball tournament after deadline. The next regular season game

is at Berlin for a 7 p.m. matchup on Jan. 4.

## Wolf Pack takes home another curling championship



COURTESY PHOTO

THE WOLF PACK won the Lakes Region Curling Association's recently-concluded season.

## Amy Annis Tournament is Sunday

GILFORD — The annual Amy Annis Volleyball Tournament is scheduled for Sunday, Jan. 6, starting at 10 a.m. and will take place in both the Gilford Middle School and High School gymnasiums. This fundraising event is a recreational co-ed volleyball tournament for

high school age students through adults. All proceeds go to the American Cancer Society and the Amy Annis Scholarship Fund.

This scholarship is given annually to a graduating senior. The entry fee is \$100. There is a 12-team limit and will be on a first registered

basis. Twelve teams will be playing on three courts and each team will be guaranteed three matches in pool play and one match in the tournament round.

To register a team or find out more information, please contact Joan Forge at [forge@world-path.net](mailto:forge@world-path.net).

WOLFEBORO — The Wolf Pack have topped off the Lakes Region Curling Association's most successful season with a flourish as they took the Fall 2018 league championship with an unblemished 8-0 record. The title was the second for the team over the course of the association's three-and-

a-half-year history. Members are Eileen Neal, Shirley Alessandrone, Sue Bennett, Denise Cogswell and Joan MaGrauth. The quintet emerged from an 11-team field and a roster of 55 players, the largest to date for the curling association.

The LRCA is currently registering players for its winter 2019 season. Curlers can sign up individually, as couples, or as

entire teams of four to six players. The winter season runs from mid-January to mid-March, with matches played Sundays at 5:15 p.m. at Pop Whalen Ice Arena in Wolfeboro. A free and public learn-to-curl session is scheduled for Sunday, Jan. 6, at 5 p.m. No pre-registration is required. For more information about the LRCA, visit the organization's web site at [lakescurlingnh.org](http://lakescurlingnh.org).

## A whole new Olympic experience?

My blog (<https://salmonsportsguy.blogspot.com>) has generally come alive around the Winter Olympics. Or at least when the credential applications and approvals for the Winter Olympics come into play.

However, as we sit in December of 2018, the next Winter Olympics, in Beijing, China in 2022, are a long way away. And the credential process is still more than a year and a half away. However, as of Sunday, there is a new post on the Olympics.

That's because for the first time, I applied for credentials for the Summer Olympics, which will be held in the summer of 2020 in Tokyo, Japan. Having talked to many journalists who've covered multiple Olympics, the summer games not only feature more athletes and more events, but more journalists as well. Going into the process, I was not terribly high on my chances to receive credentials, but I figured just putting my name out there wouldn't be a bad thing and if I didn't get them, that was fine too.

A little more than a month ago I got a call on my phone from Matt Pepin, the Boston Globe Sports Editor. I had the pleasure of meeting Matt in PyeongChang over the course of the Winter Olympics. He was truly



By JOSHUA SPAULDING

one of the nicest guys you could possibly meet and he helped me make a few connections with local athletes that I wasn't even aware of.

Anyway, Matt was calling to conduct my interview for the credential process. Prior to Sochi, my first Olympic experience in 2014, I was interviewed by a journalist from a newspaper in Buffalo. The idea is that experienced journalists do the interviews and pass along recommendations to the US Olympic Committee, which in turn assigns the credentials to members of the media. I spent some time talking to Matt and explained to him my situation and my plans. I was happy that Matt was my interviewer, since he had seen the work and hours I put in while in Korea and surely could convey that to the powers that be.

At the same time, I also made sure to tell him that I completely understood if I didn't get credentials, since weekly newspapers are low on the list of priority for the credentials. He told me I'd hear by the end of the year.

Sure enough, just last week I received an

e-mail from Peggy Manner of the US Olympic Committee, letting me know that the USOC had approved one credential for Salmon Press, meaning if I want it, I can be in Tokyo for the 2020 Summer Olympics.

I am excited for the opportunity, something that's a little bit different. Instead of cold and windy, I have been told to expect hot and humid in Tokyo in July and August. But at the same time, there are a number of differences to deal with, something I learned when I downloaded the media manuals.

The first two Olympics I attended were in relatively "small" cities but this one will be in a huge metropolis. There will be no media village in which we all live, instead media will be housed in regular hotels around Tokyo. There will be the normal media transportation buses, but we will also get transit cards to use on the subway and trains, which from all accounts,

are quite nice.

There is a little trepidation on my part, simply because I know the expense of attending the Olympics can be a bit much. However, I am also eager to see something totally different and to check out the Summer Olympics for once.

And I promise, if all goes as planned and I make the trip to Tokyo in 2020, I will take everyone along with me through stories, columns, blogs and photos.

Finally, have a great day Diane and Frank Sullivan.

*Joshua Spaulding is the Sports Editor for the Granite State News, Carroll County Independent, Meredith News, Gilford Steamer, Winnisquam Echo, Plymouth Record-Enterprise, Littleton Courier, Newfoundland Landing, Coos County Democrat, Berlin Reporter and The Baysider. He can be reached at [josh@salmonpress.news](mailto:josh@salmonpress.news) at 279-4516, or PO Box 729, Meredith, NH 03253.*



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<p><b>SANBORNTON:</b> 3,200sf home on 11+ ac. 3-BR, 3-BA &amp; beautiful features. <b>\$399,900 #4722724</b></p>	<p><b>South Down Shores</b></p> <p><b>LACONIA:</b> Remodeled from top to bottom! 3-BR home w/ every upgrade. <b>\$330,000 #4729545</b></p>	<p><b>MEREDITH:</b> Land w/ 150' of waterfront &amp; beautiful lake &amp; mtn. views. <b>\$249,900 #4724387</b></p>	<p><b>MOULTONBOROUGH:</b> Great commercial location! 28 room hotel on 2+ ac. <b>\$550,000 #4679167</b></p>

## Power Outage Tips

**BEFORE**

- Follow directions from local officials
- Check flashlight and radio batteries
- Charge mobile devices
- Add warm clothes and blankets to emergency kit
- Keep gas tank full
- Take cash out (ATM's may not work)

**DURING**

- Conserve energy
- Go to community warming shelters & check on neighbors, family, seniors and homeless
- Only use generators in open areas away from windows and home to prevent carbon monoxide poisoning

**AFTER**

- Throw out unsafe food

[www.Ready.gov/blackouts](http://www.Ready.gov/blackouts)

Who to Call → Where to Meet → What to Pack

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**BEAUTIFUL** Lake Winnepesaukee contemporary in Alton with 3 levels of luxurious living space, 410 ft. of shore frontage, multiple beaches, lovely views in a tranquil and secluded setting. A great value! **\$1,588,000 (4729334) Call 569-3128**



**MARVELOUS HOME** in Moultonborough for entertaining & enjoying Lake Winnepesaukee! Contemporary styled 4BR on spectacular point of land offers beautiful views & docking galore! Great Inv. w/solid rental history. **\$1,060,000 (4686085) Call 253-9360**



**OUTSTANDING** Country Estate in Tamworth bordering the Lakes Region & White Mountains of New Hampshire. Five bedroom colonial with stunning mountain views, guest house, post & beam barn, all sited on 311 acres. **\$900,000 (4706586) Call 253-9360**



**MOULTONBOROUGH** // Amazing opportunity to live in the sought after Lands End Association that offers a large contemporary 3+BR home, detached 1-car garage w/storage above, a large boat slip, private beach, tennis court & outdoor in-ground pool. **\$549,900 (4722831) Call 253-9360**



**CENTER HARBOR** // 265' frontage on Lake Winona. A charming camp with 2-bedrooms and 2-baths, sleeping porch, deck overlooking lake, wood floors, woodstove, and outbuilding. **\$429,900 (4719472) Call 253-9360**



**ALTON** // Stately Colonial on +/- 8 Acres. 3 Bedrooms/3 Baths with a huge kitchen, living room & bright formal dining room. There's a Master Suite w/full bath. 2660 sq.ft. of living space on 3 levels. **\$320,000 (4719911) Call 875-3128**



**ALTON** // COME LIVE AND WORK IN THE LAKES REGION! Residential/commercially zoned & next door to Hannaford's and on busy Rte 28. Great visibility and opportunity for many uses. **\$289,900 (4710625) Call 875-3128**



**GILFORD** // This 1254 sq. ft. Brookside Crossing Condo has an open concept floor plan with 3 bedrooms, 2 baths and attached 1 car garage. Many upgrades. Community pool. **\$219,900 (4719871) Call 875-3128**



**MOULTONBOROUGH** // 1.6 Acre level wooded lot located in the quaint village district in Comm. zone "A". Driveway permit w/installed culvert, expired permit for office bldg. and garage. Agent interest. **\$159,000 (4504096) Call 253-9360**



**GILMANTON** // A SPECIAL COUNTRY HOME on 2.34 acres. Nice yard with 20x16 outbuilding and attached dog kennel. Updated kitchen with pine cabinets and new wrap around deck. **\$189,000 (4720450) Call 875-3128**

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**MEREDITH** // Prime location building lot in desirable Clover Ridge, one of Meredith's established neighborhoods of finer homes. Well on site, expired 4 bedroom septic design on file. Great Lakes Region location. **\$119,900 (4722264) Call 253-9360**

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**ALTON** // Alton Shores lot with easy walk to the association beaches! Foundation, drilled well and septic still in place from previous home. **\$34,000 (4675813) Call 875-3128**


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**MEREDITH:** A truly special and unique property on 6 park-like acres that features a lovely home, dock, boathouse, breathtaking views & more. Recent updates include a new kitchen, master bath and roof.  
**ADVENT COVE ROAD \$3,750,000**

**WOLFEBORO:** What a property! 3BR main house with smart home technology and 2BR guesthouse, both with high-end finishes, on 35 acres with a four-car garage, deck & frontage on Willey Brook.  
**CENTER STREET \$889,000**

**LAND**

**WOLFEBORO:**  
34 acre parcel with frontage on Rt. 28 & Rt. 109 can be subdivided, offering 4+ lots and has 5 drilled wells & multiple engineering approvals. Imagine the possibilities!  
**CENTER STREET \$249,000**

**WOLFEBORO:**  
A 1.2 acre lot with privacy at the end of the road, yet close to town and a short walk to the beach.  
**APPLEWOOD DRIVE \$59,000**

**TUFTONBORO:** Custom log home in a spectacular setting, designed and built for the most discerning buyer. Located in a protected bay location with an oversized 2 bay boathouse!  
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**TOWN OF THORNTON**



**NOTICE OF PUBLIC HEARING**

The Board of Selectmen for the Town of Thornton will hold a Public Hearing to consider the 2019 Budget in accordance with NH RSA 32:5 on **Wednesday, January 16, 2019** beginning at **7:00 pm** at the Thornton Town Office.

If required, due to a snow cancellation, or the need for a second public hearing it will be held on Wednesday, February 13, 2019 beginning at 7:00 pm at the Thornton Town Office.

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**TOWN OF WOODSTOCK  
PLANNING BOARD**

**THE WOODSTOCK PLANNING BOARD  
WILL HOLD A PUBLIC HEARING ON  
MONDAY, JANUARY 14, 2019 6:30PM**

PROPOSED TELECOMMUNICATION TOWER APPLICATION FOR VERTEX TOWER ASSETS, LLC TO BUILD A NEW PERSONAL WIRELESS SERVICES FACILITY CONSISTING OF A 175' TALL LATTICE TOWER (185' TO TOP OF HIGHEST APPURTENANCE) TO SUPPORT THE ANTENNAS AND ELECTRONIC EQUIPMENT OF MULTIPLE TELECOMMUNICATIONS COMPANIES AND PUBLIC SAFETY AGENCIES, INSIDE A 60'X60' FENCED IN COMPOUND ON 33 HARLEY MOUNTAIN ROAD. LAND OWNED BY HARLEY'S MOUNTAIN, LLC.

MAP 208 LOT 007-000-000-00000

THE HEARING WILL BE HELD IN THE PUBLIC MEETING ROOM AT THE TOWN OFFICE BUILDING, 165 LOST RIVER ROAD, NORTH WOODSTOCK, NEW HAMPSHIRE.

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**Food Service Director** position is open at Brookwoods in Alton. We are the largest Christian camping organization in the Northeast and minister to thousands of folks each year. The position is hands on, requiring quality well balanced meals, instruction, supervision, and routine care of the kitchen and Food Service Staff to ensure a safe and fun experience for campers and staff. Both management and cooking skill required! Please send resume, e-mail [bob@christiancamps.net](mailto:bob@christiancamps.net) or call Bob at 603-875-3600 for additional information.

**FT/YR: Ship Store Lead**  
Lead position for ship store and rentals assistant during season at the premier marina on Lake Winnepesaukee. Administrative duties as assigned. Reservations, customer service, retail inventory, supervision of seasonal staff, and room to grow!

GSIL is seeking compassionate individuals who are looking to make a difference in others lives and help them to live independently. Prior personal care experience is helpful but, we are willing to train the right people. If you would like to become a Personal Care Attendant or looking for more information please contact Recruitment at 603-228-9680.

The pay rate for this position is \$10.25-10.75 per hour. We offer a flexible schedule and paid training.

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Athletic/Activities Director  
[bcontorchick@wrsdsau59.org](mailto:bcontorchick@wrsdsau59.org)



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**Ski Down to the Condo!**  
Plymouth ~ Tenney Mountain Condo **Vacation Rental.** 1-bedroom loft, 1.25 bath, fireplace, washer/dryer, skylight, beautiful views of mountain. \$800 per week. Call 661-1815

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## North Country Home Health & Hospice Agency

### THE EXECUTIVE ASSISTANT

The Executive Assistant serves as the primary point of contact for internal and external constituencies on all matters pertaining to the Office of the President. The Executive Assistant also serves as a liaison to the board of directors and management team; organizes and coordinates executive outreach and external relations efforts; and oversees special projects. The Executive Assistant must be creative and enjoy working within a small, entrepreneurial environment that is mission-driven, results-driven and community oriented. The ideal individual will have the ability to exercise good judgment in a variety of situations, with strong written and verbal communication, administrative, and organizational skills, and the ability to maintain a realistic balance among multiple priorities. The Executive Assistant will have the ability to work independently on projects, and must be able to handle a wide variety of activities and confidential matters with discretion.

**REQUIREMENTS:**

**The qualifications for the Executive Administrative Assistant are:**

- Bachelor's degree preferred
- Strong work tenure: five to 10 years of experience supporting C-Level Executives, preferably in a non-profit organization
- Experience and interest in internal and external communications, partnership development, and improving operational efficiencies
- Proficient in Microsoft Office (Outlook, Word, Excel, and Power Point), Adobe Acrobat, and Social Media web platforms strongly preferred.
- Strong organizational skills that reflect ability to perform and prioritize multiple tasks seamlessly with excellent attention to detail
- Very strong interpersonal skills and the ability to build relationships with stakeholders, including staff, board members, external partners and donors
- Expert level written and verbal communication skills

**For more information, please contact Jennifer Everleth, Human Resources (603) 444-5317 or [jeverleth@nchhha.org](mailto:jeverleth@nchhha.org) • Apply online at [www.nchhha.org](http://www.nchhha.org)**  
North Country Home Health & Hospice Agency is an Equal Opportunity Employer







### Delivery Driver

Belletetes has an immediate opening in our Ashland Lumber location for a full-time delivery driver. The hours are Mon-Fri. and some weekend days required. Must have a valid driver's license with a clear driving record. As part of the job requirement, a DOT medical card is required (employer will assist candidate in obtaining medical card). Heavy lifting is required.

You may apply in person to Dan Uhlman or download a **driver application** from our website. All applications should be submitted to:

Dan Uhlman, Manager, Ashland Lumber  
20 West Street, Ashland, NH 03217  
or you may email to duhlman@belletetes.com

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Division of BELLETETES, INC.

### Boom Truck Driver

You will be a member of a team responsible for delivering and off-loading product at construction and residential sites. Heavy lifting is required and previous boom or other hydraulics experience is necessary. CDL-B License is required along with a safe and clear driving record. Job includes other duties as assigned. Weekend hours required on a rotating basis.

You may apply in person at the Ashland Lumber location or download a **driver application** from our website. All applications should be submitted to:

Dan Uhlman, Manager, Ashland Lumber  
20 West Street, Ashland, NH 03217  
or you may email to duhlman@belletetes.com

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### Lakes Region Water Company Inc.

#### OFFICE PERSONEL WANTED

Job Title: Office Personnel Posting Date: 12/26/2018  
Available: Immediately

Company Profile: Lakes Region Water Company Inc. is a Moultonboro-based business that provides water service to approximately 1,800 customers in select towns throughout the Lakes Region and Mt. Washington Valley.

Full time position: 40 hours per week.  
Hours: Monday through Friday, 8:30am to 4:30pm.

Candidate must be:

- Highly organized.
- Able to multi-task & handle multiple priority projects at one time.
- Must be comfortable answering telephones and must be capable of providing friendly customer service.
- Computer & Internet literate: able to create, save & file documents electronically.
- Must possess intermediate or higher-level skill with Microsoft Outlook, Word, Excel and QuickBooks.
- Exceptional written & verbal communication skills.

Full Job Description/Benefit package can be viewed on our website at [www.lakesregionwater.com](http://www.lakesregionwater.com)

#### Contact Details:

Lakes Region Water Company Inc.  
PO Box 389 | Moultonboro, NH 03254  
Email: [Lrwater@Lakesregionwater.com](mailto:Lrwater@Lakesregionwater.com) Website: [www.Lakesregionwater.com](http://www.Lakesregionwater.com)

PLEASE MAIL, EMAIL OR FAX RESUMES AND APPLICATIONS ONLY. NO PHONE CALLS PLEASE:  
Lakes Region Water Company  
PO Box 389, Moultonborough, NH 03254  
Email: [Lrwater@lakesregionwater.com](mailto:Lrwater@lakesregionwater.com) • Website: [www.lakesregionwater.com](http://www.lakesregionwater.com)



### Sales Manager



Full-time, year-round sales manager to work with businesses, ski groups, schools, hotels and weddings for summer and winter products. Represent Loon at consumer shows and develop new clients for business development. Minimum 2 years of experience in hospitality and excellent organizational skills.

For more info and to apply on-line visit [www.loonmtn.com](http://www.loonmtn.com)  
Equal Opportunity Employer



### Heavy Equipment Mechanic



If you are a skilled Heavy Equipment Mechanic and want to be part of an outstanding team, apply now! This full-time, year-round, benefited position maintains and repairs grooming machines, shuttle buses, trucks, and vehicles. You will need 3-5 years of experience to join our much appreciated group of mechanics. A CDL with air brakes is preferred, or can be obtained.

For more info or to apply on-line visit [www.loonmtn.com](http://www.loonmtn.com)  
Equal Opportunity Employer

### Newfound Regional High School Is seeking an experienced Athletic Director

to lead the District's Sports Programming. NRHS has an enrollment of approximately 400 students and offers 14 sports including 2 unified sports. Experience in all aspects of athletic management required.

The position requires a minimum of a bachelor's degree in a related field – sports management, physical education, athletic administration and recreation management.

Competitive Salary and benefits.

Interested candidate should send a letter of interest, resume, transcripts, job application, and 3 letters of recommendation by January 25, 2019 to:

Stacy Buckley, Superintendent of Schools  
Newfound Area School District, 20 North  
Main Street, Bristol, NH 03222



### A division of Belletetes, Inc. Hardware Sales

We are looking for a full-time hardware sales person who enjoys people and has good customer service skills. Knowledge of paint, plumbing and electrical as well as a basic understanding and knowledge of hardware preferred but not required. Weekend hours required on a rotating basis.

You may apply in person or download an application from our website. All applications should be submitted to:

Rick Ash, Hardware Manager  
20 West Street, Ashland, NH 03217  
or you may email to rash@belletetes.com.

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A division of Belletetes, Inc.

### Yard Customer Service

This is a full time position in our Ashland Lumber yard. Duties include assisting customers and contractors locate and load materials, help receive incoming shipments and pick loads for delivery trucks. Fork lift experience preferred. Heavy lifting is required and excellent prior work history a must.

You may apply in person or download an application from our website. All applications should be submitted to:

Dan Uhlman, General Manager  
20 West Street, Ashland, NH 03217  
or you may email to duhlman@belletetes.com.

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A Casella Company

### TRANSFER STATION

Bethlehem, NH

Minimal 26 hours required;

Transfer Station Attendant maintains and monitors the Transfer Station within defined policies, procedures and guidelines. Essential functions: Direct and assist customers in proper disposal procedures; monitor incoming traffic, inspect and screen loads for prohibited waste. Explain and enforce permit rules and regulations; provide recycle information. Educate customers of alternative disposal or recycling opportunities for unacceptable or prohibited waste at the Transfer Station. Contact vendors for pickup of materials to be processed and maintain records. Maintain cleanliness in disposal area and all paperwork as required by permit. The ideal candidate must be dependable and will enjoy meeting and assisting the public in a positive and helpful manner.

**MINIMUM QUALIFICATIONS:** Applications will receive evaluation based on: Basic knowledge of solid waste disposal practices. Ability to communicate effectively; direct and assist the public with disposal policy and procedure; maintain basic records; interpret and comply with written and oral instructions; remain calm and use good judgment during confrontational or high pressure situations; courteously meet and deal effectively with other employees, contractors and the public. NH DES Solid Waste Certification a plus.

Submit your resume to:

NCES Attn: Kevin Roy P.O. Box 9 Bethlehem, NH 03574 or apply on line at [www.Casella.com](http://www.Casella.com)

### Steel Erectors, Metal Roof & Siding Installers Foreman, Leadmen And Laborer Positions

Will Train. Valid Driver's License required.

Application available at:

**CONSTRUX, INC.** 630 Daniel Webster Hwy.  
Plymouth, NH 03264  
(603) 536-3533

Leading Pre Engineered Metal Building Co.

### Transfer Station Attendant

### Town of Franconia

The Town of Franconia is now accepting applications for a full-time Transfer Station Attendant. High School Diploma or G.E.D. preferred. For an application, and a full job description please visit the town website [www.franconianh.org](http://www.franconianh.org) or pick up at Franconia Town Hall or Tri-Town Transfer Station. The Town of Franconia is an equal opportunity employer.

### To Apply:

Applications can be mailed to Scott Leslie, Public Works Director, P.O. Box 900, Franconia, NH 03580 or dropped off at the Franconia Town Office at 421 Main Street, Franconia, NH 03580. The position will be open until filled.



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to request us to email an application



### Precision Lumber Inc.

576 BUFFALO ROAD, WENTWORTH NH 03282  
[WWW.LUMBERNH.COM](http://WWW.LUMBERNH.COM)

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Valley Hospital

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- RN CHARGE – 36 hours (Night Shift)
- RN CHARGE/M-S – 36 hours (Night Shift)
- ULTRASOUND/ECHO TECHNOLOGIST – 40 hours
- RN CHARGE/E.D. – 36 hours (Night Shift)
- RN M/S – 36 hours (Night Shift)

#### PART TIME OPPORTUNITIES

- MAINTENANCE TECHNICIAN – 20 hours

[ucvh-hr@ucvh.org](mailto:ucvh-hr@ucvh.org)

#### PER DIEM OPPORTUNITIES

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- CENTRAL STERILE TECHNICIAN
- SURGICAL TECHNICIAN
- RN

Apply Online at [www.ucvh.org](http://www.ucvh.org)  
Upper Connecticut Valley Hospital  
181 Corliss Lane, Colebrook, NH 03576  
Phone: (603)388-4236  
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NO PHONE CALLS PLEASE!

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FINS & FEATHERS

Black ice

BY **RAYMOND KUCHARSKI**  
Contributing Writer

The NH Fish and Game department has been warning ice fishermen to be cautious on venturing out on the ice for the first time. The US Army Corp of Engineers' Cold Region Research and Engineering Laboratory recommends six inches of hard ice for foot traffic and 8-10 inches for snow machines or OHRV traffic.

Years ago, my dad, Walter, my uncle, Henry, and I did our own research on the safety of ice. Walt and I were cautious as it came to walking on frozen water. Henry was the adventurous one who pushed the limit of safety. Lakes don't always freeze evenly so Henry was the one who fell through, luckily it was always near shore and he only got wet up to his waist.

Our research on ice developed a vocabulary to differentiate the various types of ice. Skim ice was when lakes and ponds first skimmed over. It was readily apparent that skim ice was only a fraction of an inch thick and wasn't safe to walk on. After a couple of more cold nights our favorite ice is formed, what we called black ice. Black ice was our favorite ice because it was strong and clear. Two to three inches of black ice was strong enough to support us. We could visually track the ice thickness as we walked along by watching the thickness of the expansion cracks. Because the ice was clear, I always had the feeling of waking on water. I especially liked looking at the lakes bottom and being able to see fish swimming below me. Unfortunately, black ice never lasted for a long time.

Bubbles of air would form and snow would fall and melt to weld to the black ice to form snow ice. Four to five inches of snow ice was safe to walk on. But because it was opaque it had to be constantly monitored. As we walked along we would test the ice thickness with our ice-chisels.

When the sun got high in the sky and snow and ice began to melt we got what we called gray ice. Gray ice was safe



COURTESY PHOTO

Black ice is the writer's favorite type of ice.



BOB MARTIN

Hayden Parent handles a puck for Belmont/Gilford.



BOB MARTIN

Troy Gallagher fires a shot for the Bulldogs.

HOCKEY

CONTINUED FROM PAGE B1

nock-Fall Mountain back five starting seniors. Despite a well fought battle by Belmont/Gil-

ford, the Bulldogs lost 4-2 and continued the early season struggles.

"Again, we had a team goal to start quick coming off the bus trip and we did scoring the only goal of the first period - Griffin Tondreau from Troy Gallagher," said coach Parent. "Monadnock/Fall Mountain was bigger and stronger and used that physicality throughout the game but our younger players were resilient and battled all game."

Monadnock-Fall Mountain scored the next two goals early in the second period, but Tondreau scored on an unassisted goal to tie the game 2-2. The Bulldogs let up a power play goal to go down 3-2 and then after battling all third period, the Belmont/Gilford team gave up a late game goal to go down 4-2.

Parent praised Zoltan Stefan for a good night on defense, and said that sophomore Bobbie Bro-

deur kept things close all game with a series of quality saves.

"She kept the game close all night," said Coach Parent.

While it was the fourth straight defeat for a team that has been accustomed to winning in recent years, Parent envisions a turnaround for the Bulldogs after the holiday break.

"We battled the entire third period getting some quality chances and pressing late in the third we gave up the fourth goal with 2:30 left to play," said coach Parent. "The game ended 4-2 but this game could be the turning point for the 2018-19 season. A lot of confidence was built up and then young players are starting to believe."

Belmont/Gilford returned to action at Merrill Fay Arena in Laconia against the Laconia/Winnisquam Wolfpack on Jan. 2.

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