

Winnisquam Echo

THURSDAY, OCTOBER 13, 2016

SERVING TILTON, NORTHFIELD, BELMONT & SANBORNTON, N.H.

FREE



DONNA RHODES

Belmont Police Chief Mark Lewandoski congratulated his department's School Resource Officer, Joe Marcello, for his "Every Day Hero" award from McDonald's and the Napoli Group during last week's statewide celebration and fundraiser for law enforcement. Marcello was one of four local officers honored at the event, which raised \$50,000 for state law enforcement training.



DONNA RHODES

Students from Belmont Elementary School gathered at McDonald's in Tilton last Wednesday to take part in a celebration for local police officers and their commitment to the communities they serve. Joining them were officers from Belmont and Tilton who were selected for special recognition, along with their chiefs and representatives of Napoli Group, LLC, which sponsored the fundraising event.

McDonald's honors local officers during fundraiser for Police Chiefs Association

BY DONNA RHODES
dhrhodes@salmonpress.news

TILTON — Napoli Group, LLC, which owns McDonald's Restaurants throughout New Hampshire, hosted a statewide fundraiser for the New Hampshire Chiefs of Police Association on Oct. 5 that raised \$50,000 and paid tribute to officers at

many of 57 of their locations for their community involvement.

Peter Napoli said his father and partner, Sal Napoli, approached him last spring to say he felt there was a lack respect for law enforcement today. He also thought was a lack of funds to properly train police officers

in additional areas that are relevant to today's society and thought they should try to help.

"He just couldn't understand all this recent disrespect for police officers and I agree that we should do something about it," said Peter Napoli.

The pair then reached

out to the New Hampshire Chiefs of Police Association to inform them of their idea to raise money that would benefit law enforcement officers in the state.

Tilton Police Chief Robert Cormier was president of the association at the time and readily agreed with their

proposal. In addition to fundraising for additional training opportunities, he learned they also wanted to boost the moral and honor officers who have served their communities well.

"When we heard that, we sent out a note to all the police departments and many of them sent

in recommendations for officers to be recognized. It was a tough decision for a lot of us though, because they all give more than 110-percent each and every day," said Cormier.

After reviewing the recommendations, among those selected for special recognition by the Napolis and McDonald's were four local officers from Tilton and Belmont.

Officer Evan Belanger, the Master Patrol and K9 Officer for Belmont's Police Department, was presented with an "Every Day Heroes" award for his leadership. Chief Mark Lewandoski said

Public hearing set on safety inspection fees in Sanbornton

BY DONNA RHODES
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SANBORNTON — Residents of Sanbornton are asked to take part in a public hearing on Wednesday, Oct. 26, at 6 p.m. in the Town Offices, where the topic of Life Safety inspection fees will be up for discussion.

Fire Chief Paul Dexter approached selectmen approximately a year ago with a request to charge a fee for safety inspections his de-

partment is routinely asked to perform. Such inspections take personnel away from the fire station, and also incur a cost to the town each time for the added use of the department's vehicles.

Selectmen at that time tabled the request, but with two new members on the Board of Selectmen, Dexter felt it was something they should revisit.

"We're one of the

only towns in the area that doesn't charge for this service," Dexter explained. "It's a cost that contractors and installers work into their fees for building permits that they then get to absorb because we don't charge them for the inspection."

He went on to say it would not be a town wide resident's fee, but a user's fee. Those installing new LP gas tanks, fire alarm systems, wood stoves, furnaces and fire-

places are required to have those installations inspected. Fire officials

check to make certain they are installed accord-

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COURTESY

The Winnisquam FFA Dairy Judging Team competed at the Deerfield Fair on Sept. 30.

Winnisquam FFA chapter goes to the fair

TILTON — Twenty-one members of the Winnisquam FFA Chapter tested their skills at the Deerfield Fair on Friday, Sept. 30. Each year, more than 300 agricultural education students from around New Hampshire converge on the

fairgrounds to compete in horticulture, dairy, forestry and tractor driving. Winnisquam fielded teams in both the dairy cattle judging and woodsman's events this year. Results have not yet been released.

The judging compe-

tion included multiple classes of dairy cows. Each class, consisting of four animals, was of a different breed and students were expected to rank the animals from best to worst. Dr. Drew Conroy of UNH served as

SEE FFA, PAGE A11



COURTESY

As they loaded up their vehicles on Oct. 1, representatives of the Northfield-Tilton Congregational Church Food Pantry were very grateful to all who contributed to the sixth annual Vicy Virgin Feed the Hungry Food Drive at the Tilton Market Basket and Walmart stores. Volunteers of the drive were able to raise \$930 that day and received six shopping carts full of nonperishable goods for both the NTCC and the St. Gabriel's Catholic Church food pantries.

Return to the Rotary's haunted house Oct. 28...if you dare!

BY DONNA RHODES
dhrhodes@salmonpress.news

TILTON—Halloween is fast approaching, and the Tilton-Northfield Rotary members have been busy plotting some fun-filled frights to benefit a good cause through their second annual Haunted House, which will be open during Tilton's traditional Main Street Trick or Treat night on Friday, Oct. 28, from 4-6 p.m.

Rotarian Don Carpenter is chair of this year's Haunted House committee, and he said it prom-

ises to be bigger and better than ever.

"We have a whole building right in the middle of downtown Tilton that we can use this year, so that will be a lot of fun," Carpenter said. "We've been planning this for a couple of months now, and it's really coming together nicely."

Besides Rotary members, students from both Tilton School and members of Winnisquam Regional High School's InterAct Club will once again lend their scares

and dares to the haunted house, too.

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DONNA RHODES

Padraic Moley (standing, far right) was a special guest at a fundraiser for New Hampshire Make-A-Wish Foundation last Sunday where he told everyone how much the wish they granted meant in his fight against Langerhan's Cell Histiocytosis. Joining Padraic were his brothers Kaleb and Brayden, sister Emma, and their parents Michael and Wendy.



DONNA RHODES

Recording artists Batson Haines performed for a Make-A-Wish Foundation fundraiser at the Inn on Newfound Lake last weekend where they also debuted their latest tribute song titled simply "Make A Wish."

Supporters from across central NH gather to support Make-A-Wish Foundation

BY DONNA RHODES
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BRIDGE WATER — Approximately 100 people from all across Central New Hampshire came out to enjoy dinner and live entertainment at the Inn on Newfound Lake in Bridgewater last Sunday as they showed their support for the Make-A-Wish Foundation.

Make-A-Wish is a national nonprofit organization that began in 1980, with a mission to boost the spirits of children with life-threatening illnesses. Children recommended to the organization can have their special wishes granted, whether it be a vacation after weeks and months of treatment and/or chemotherapy, the chance to be a fireman or police officer for a day, or to simply meet their hero. Once that wish is learned, the men and women of Make-A-Wish then set out to make those dreams a reality through the generous donations they receive.

Last Sunday, 18-year-

old Padraic Moley of Plaistow stepped forward to thank supporters at the dinner and let them know how much their contributions to the foundation meant to him personally.

As a small boy, Padraic was diagnosed with Langerhan's Cell Histiocytosis, a white blood cell disease. Initial treatments seemed to have done the job of returning him to good health, but by the time he was 12, a tumor had formed that turned his world around. Padraic spent five months in treatment at Children's Hospital and the Jimmy Fund Clinic.

"When they tell you you have to go to the hospital in Boston, it can be really frightening," he said.

Because he was undergoing chemotherapy his immune system was weakened and he couldn't spend a lot of time around his three younger siblings. They were active in many sports and school activities as well, and that meant that either mom

Wendy or dad Michael would have to be home with the younger children while the other saw Padraic through his medical appointments and treatments.

"When Make A Wish contacted us and asked what my wish would be, I told them I just wanted to be with my family again. I wanted something that brought us back to feeling that love we all used to share to-

gether," said Padraic.

That wish was granted when the foundation shipped Padraic, Kaleb, Brayden, Emma and their parents off to Disney World, Universal Studios and Sea World for the vacation of a lifetime.

"That trip was amazing," Padraic recalled. "We stayed in a special village there with other kids who were facing serious illnesses, too, so

I didn't feel different for once."

More than just that though, it was a place where he felt the love and togetherness his family had enjoyed before he became ill.

"You should see the pictures. We're all just smiling. The whole trip was incredible and it brought us all so much closer together," he said.

Best of all, that family togetherness is some-

thing that continues on in his life.

"I feel like I'm so lucky because with everything we get to do together now, my wish just keeps coming true," Padraic said to thunderous applause.

Gilford resident Julie Baron is the president and CEO of New Hampshire Make-A-Wish and was pleased to see so much support at the lat-

SEE MAKE-A-WISH, PAGE A13

HALL MEMORIAL LIBRARY HAPPENINGS

Tilton/Northfield
Monday, Oct. 17
Monday Morning Makers, 11 a.m.
Craft time for homeschool children - (recommended for ages 8 and up)
Chess Club, 3-6 p.m.
Math Tutoring, 4 p.m.
Trouble with Trig?... Confused with Calc?... Done with Division!... Stop in for free Math Tutoring with Kate.
All ages... all levels.
Trustees Meeting, 5 p.m.
Open to the public
The Bookers, 6:30 p.m.
"The Book of Unknown Americans" by Cristina Henriquez

When fifteen-year-old Maribel Rivera sustains a terrible injury, the Riveras leave behind a comfortable life in Mexico and risk everything to come to the United States so that Maribel can have the care she needs. Once they arrive, it's not long before Maribel attracts the attention of Mayor Toro, the son of one of their new neighbors, who sees a kindred spirit in this beautiful, damaged outsider. Their love story sets in motion events that will have profound repercussions for everyone involved. (Amazon)

Tuesday, Oct. 18
Spanish Club, 10 a.m.

Tech Tuesday, 2-4 p.m.
Project Teen, 3 p.m.

Wednesday, Oct. 19
Story Time, 10:30 a.m.
Arts and Crafts, 3:30 p.m.
Paper Bag Puppet Monsters
Magic the Gathering, 4 p.m.

Thursday, Oct. 20
STEAM series for Kids
Join us for STEAM this fall! We'll cover a new theme each week: Science, Technology, Engineering, Arts and Math! Ages five and up are welcome, no registration necessary.

Friday, Oct. 21
Sit and Knit, 2-5 p.m.

Saturday, Oct. 22
Let's Go Lego, 10 a.m.

New Items
"The Bookshop on the Corner: a novel" by Jenny Colgan
"Daisy in Chains: a novel" by Sharon Bolton
"The Zig Zag Girl: a Magic Men mystery" by Elly Griffiths
"The Wonder: a novel" by Emma Donoghue
"Perfume River: a novel" by Robert Olen Butler
"Lady Cop Makes Trouble: a Kopp Sisters novel" by Amy Stewart

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Photos are also welcome, but must be submitted in jpeg format.

Please contact Executive Editor
Brendan Berube at (603) 279-4516, ext. 111
with any questions regarding the submission process.

Belmont Library selling commemorative ornaments

BY DONNA RHODES
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BELMONT — History lovers and supporters of the Belmont Public Library will be pleased to know that the library

is now selling glass ornaments depicting their historic Colonial Revival brick building, which are similar to previous editions that commemorated the Belmont Mill



COURTESY

Belmont Public Library now has beautiful glass ornaments on sale to commemorate their historic presence in Belmont Village and raise funds for programs held at the library.

and the town's Historic Bandstand situated beside the library in the village.

Money raised through the sales of these latest keepsakes will be used to help bring special presentations by authors, provide materials and supplies for craft groups and children's programs and other activities that have been requested by the public.

The ornaments come in either amber or cobalt blue and sell for \$10 each.

The first run currently has 100 of the ornaments available, and they are being sold on a first come, first served basis. If there is enough demand, additional pieces could possibly be made for those who miss out on the first sale.

To purchase this one-of-a-kind ornament for home or holiday gift giving, please stop by the library during their normal operating hours.

The Belmont Public Library is located on Main Street in downtown Belmont, just across the street from the Town Hall.

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Franklin students explore history in Gilford

BY ERIN PLUMMER

erplummer@salmonpress.com

GILFORD — A bus ride from Franklin was a trip back in time for second graders at the Paul A. Smith School who got a direct view of colonial life from the Thompson-Ames Historical Society last week.

On Tuesday and Wednesday, different classes of the Paul Smith School's second grade came to Gilford to tour the Mt. Belknap Grange and the Benjamin Rowe House to learn more about colonial life from

volunteers.

The students have been learning about the Colonial period. For the past three years members of the second grade classes have come to Gilford for a day of lessons on life in early America from the Thompson-Ames Historical Society.

The students have been making colonial displays for the open house the following week. Each of them had to choose a colonial job to do and research their chosen jobs.

The visit to Gilford provided them some hands-on learning experiences.

"It's a nice little ride over here and they've been so accommodating to us," said second grade teacher Mary Churnley.

At the grange, kids learned about colonial tools, wooden toys, the old printing press, writing with quill pens, colonial bedrooms, and more. At the Rowe House, kids learned about Colonial kitchens and early forms of entertainment.



ERIN PLUMMER

Volunteer Steven Melbourne teaches kids from the Paul Smith School about the printing press during their visit to the Mt. Belknap Grange.

A few classes at a time came each day. Each group would cycle through the different buildings and going to the Gilford Community Church to eat lunch.

Churnley said the students learned that life was much harder than it is now. Churnley said back then the home was more family-based and everyone in the household worked together.

She said the kids loved learning the historical details.

Second grade teacher Beth Farmer said they can show students a photo of the Colonial period, though this way the students can actually see what life was like.

"They like to see in person what we're

talking about in person," Farmer said.

Farmer said it is important for the kids to have this experience and said this is a good local resource for that.

"I think it's important that they preserve the past so the kids can see where they came from, how lucky they are," Farmer said.

Kathy Lacroix, education coordinator for the Thompson Ames Historical Society said without knowing where they came from, "How can you appreciate your life today?"

Lacroix said she was impressed by how well behaved the students were.

Each year the fourth graders at Gilford El-

ementary School will visit the buildings as part of their market day presentations. Lacroix said third graders used to visit as well but that part of their curriculum ended. She said she wishes the third graders still visited and took part in this program.

The Thompson-Ames buildings were free for the groups and the school paid a nominal fee for transportation. The trip was paid for by the Franklin PTO.

Lacroix said the buildings are open for any other school or class to visit. Anyone interested in bringing a school group can contact Kathy Lacroix at xteachkl@metrocast.net.

State, region aiming to draw visitors this fall

BY ERIN PLUMMER

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GILFORD — After a booming summer, travel and tourism representatives are looking to bring more people into the state for the fall season. Travel and tourism principals from the state and the region kicked off the fall season with a presentation at Gunstock on Tuesday morning.

"This is one of my favorite places, and some of my best memories of skiing are here," said Jeff Rose, Commissioner of the Department of Resources and Economic Development.

Gov. Maggie Hassan was unable to be at the event, but submitted a letter that Rose read.

"As fall gets underway, I encourage visitor to experience all that the Granite State has to offer," Hassan wrote.

Hassan said she will continue to work to make sure the state's travel and tourism industry as the resources to keep the economy thriving.

Rose said tourism is the state's second largest industry. This year, there have been 39 million visitors to the state who have spent around \$5.5 billion, which is a seven percent increase from last year. The Division of Travel and Tourism is expecting that 9.5 million visitors will come to the state in the fall, a five percent increase, and spend \$1.4 billion, a six percent increase.

Rose said the state is seeing lower gas prices, low unemployment, and an overall stronger economy. He said they are not only seeing more local visitors but people from around the country and all over the world.

"These visitors they come to the state and they really make an impact," Rose said. "All of this provides critical resources to the state of New Hampshire."

Lorraine Merrill, Commissioner of the states Department of Agriculture, announced the release of a new map indicating farmstands and other farms around the state open for visitors.

Merrill said agritourism has been thriving in the state with 190 farms offering attractions such as "pick your own" fruits and vegetables, farm to table dinners, nature trails,



ERIN PLUMMER

Jeffrey Rose, Commissioner of the Department of Resources and Economic Development, talks about the coming fall tourism season during a presentation at Gunstock.



ERIN PLUMMER

Lorraine Merrill, Commissioner of the Department of Agriculture, talks about agritourism during a presentation at Gunstock.

harvest celebrations, weddings and other events, and many more. Agritourism has been worth \$3.8 million.

"While the weather has posed some serious challenges this year, our farms have worked hard to make sure there's a bounty this year," Merrill said. "There's no better year than this year for people to get out and support our farms."

Victoria Cimino, Director of the Department of Travel and Tourism, said the division's job is to promote the state's diversity and proximity. The department runs three ad campaigns during the year for the winter, summer, and fall. This year's digital campaign is "Make Sweet Memories: Pick Your Own Fall Family Getaway." The campaign will target other states to bring in visitors as well as local markets, focusing specifically on Boston, New York, Montreal, and Toronto.

Promotions will focus on agritourism, festivals and fairs, and people doing fall their way.

The VisitNH.gov website received an update. Communications Manager Kris Nielson will have a "Leaf it to Kris" weekly blog showing fall activities across the state.

"I think she's going

to show people that New Hampshire's the place to be this season," Cimino said.

Amy Landers, Executive Director of the Lakes Region Tourism Association, said fall is the second biggest season in the region.

"Several businesses reported September 2015 was record breaking and it looks like September 2016 will surpass those activities," Landers said.

She said several businesses reported having highly a successful Labor Day Weekend.

"The outlook on fall continues to be strong," Landers said.

They have also been seeing more international visitors to the region and weddings have been up.

"We invite visitors to come and visit some of the Lakes Region's offerings," Landers said.

Landers said one of the businesses that saw big increases this season was Gunstock itself. The Mountain Coaster has been a hugely successful addition. General manager Greg Goddard said the Adventure Park, including the Mountain Coaster, will be open weekends through Nov. 5.

"You recognize that New Hampshire is probably one of the best places you can go to enjoy autumn," Goddard said.

Support Winnepesaukee River Trail at Taste of the Trail event

FRANKLIN — The Winnepesaukee River Trail is holding its annual and popular Taste of the Trail on Thursday, Oct. 13 at Mojalaki Country Club in Franklin. This event has been a great success due to the caring and generous citizens and businesses that have supported the efforts to raise monies to maintain and expand the Winnepesaukee River trail, a pedestrian/biking trail linking Tilton, Northfield and Franklin along the Winnepesaukee River.

This year, the following sponsors have stepped up to the "plate" to kick off the event — Pike Industries, Highland Mountain Bike Park, Beck and Bellucci, Tilton-Northfield Rotary, Franklin Savings Bank, Quantum Construction Consultants, WATTS, Eurasian Autoworks, and Tilton Trailer Rentals.

Food sampling will be the courtesy of these local recognizable names: The Onoin, Pizza Chef, Park Street Tavern and Pub, Subway, Pauli's, Tilton



House of Pizza, Pioneer Catering, Sweet Confections. A full cash bar is offered and coffee and tea are available.

More than 60 auction items will be offered through both a silent and live auction. Tickets are \$20 and can be easily purchased through <https://www.eventbrite.com/e/tastes-of-the-trail-2016-tickets-27227999680> or at the Tilton Town Hall, Northfield Town Hall

SEE TRAIL, PAGE A11

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Opinion

A4 Thursday, October 13, 2016

WINNISQUAM ECHO

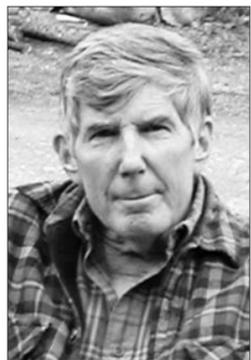
NORTH COUNTRY NOTEBOOK



JOHN HARRIGAN

Bear Notch Road, which is a pleasant and different way to get around North Conway's weekend outlet shopping crunch, offers several pullouts affording great views of Bartlett, the approach to Crawford Notch, and beyond.

Granny, Mom and Sis get their guns; and what about I-93's hidden views?



By JOHN HARRIGAN
COLUMNIST

Hawkeye is a monthly hunting, fishing, trapping and outdoor newspaper published in Milford, where before I got into newspapering I took away from the planing machine (which turns rough lumber into planks and boards) and stuck up green lumber at the Lorden Lumber Company.

To say that Hawkeye is chock-full of stuff about people enjoying their fish and game experiences, photos of same, and articles at once interesting, informative, provocative and baffling is a vast understatement.

Among the many things I liked in the October issue was a column called "Gun-toting Grannies" by Elaine Marze. Hawkeye is big on Second Amendment gun-ownership rights, and so am I.

"Grannies" dwelt on the fact that increasing numbers of women are taking firearms courses and arming themselves, not just as as "empowerment," as the trendy phrase goes, but in line with the reality that it is foolhardy and in a way

self-demeaning to expect somebody else--police or any other person--to be there when the chips are down. Can police respond in enough time? Hardly ever.

There are recurring arguments whenever the subject of ever-more gun control arises. "Enforce the present laws" is always an obvious reply, but then there is this:

What are you going to do about the reality that there are always going to be just plain bad guys out there? That is never going to change.

And in a nation where there are more than 200 million handguns in circulation, how can society shame, shun and make life difficult for law-abiding people who have guns, when the bad guys will always be able to get theirs?

+++++

The media have been full of dire reports of "statewide drought." Not so. The northern section of New Hampshire has had more rain than the south and for the most part has been spared ground-water woes.

The northern tier gets a lot more rain, thanks to our Canadian neighbors, and has wholly different weather patterns and geological substructure than the southern two-thirds of the state.

+++++

Asinine Signs Department: Dump trucks
SEE NOTEBOOK, PAGE A11

PET OF THE WEEK

THOR



One year old and full of fun, that's Thor, a Texas transplant, now living at New Hampshire Humane Society and hoping for a forever home right here in the Granite State.

Thor is dashing handsome, very energetic and would just love a young, vibrant family to call his own. He has natural and well-tune herding skills, loves the water and still enjoys going for a swim in the lake; he's been off campus doing just that lately with one of our staff members.

Thor is up for hiking, trial walks, games and if he's been busy all day will happily cuddle on the sofa with you.

Just look at that Beagle-Pointer-Lab-canine-of-mystery-heritage and see the dedication ready to bestow on humans who will love him always.

Call 524-3252 or check www.nhhumane.org

Share your pet image on social media with the #SNE Loves Pets to support New Hampshire Humane Society

LETTERS TO THE EDITOR

Please attend the TNFD Fire Station Hearing

To the Editor:

To the residents of the Tilton-Northfield Fire District, the facilities committee invites you to attend a hearing on Wednesday Oct. 19 at 7 p.m. at the Winnisquam Regional High School Cafetorium. We will present information about our work thus far, and ask for your input with regard to replacing the Center Street Fire Station.

The committee was established by the board of commissioners shortly after the 2015 Fire District meeting, where the residents authorized \$49,500 for a consultant to be hired to work with the District to develop a plan for our facility needs. Since then the committee has worked diligently and painstakingly with consultant Kyle Barker of Warrenstreet Architects to deliver the best option(s) possible. We define "best" as that option which will provide the district a facility that will suffice for at least 50 years in the most cost effective manner.

When considering the 50 year benchmark, we considered "Call" data most heavily, as it translates to the services received when in need of emergency

services. This data includes call type, location, and response time which obviously affects where we should and need to place a new facility. Other data considered included population demographics and growth rate, current and projected property values, and available properties. Additionally, it is imperative we bring our facilities up to ADA and other codes to make it safe and more user-friendly for both our staff and the general public.

We hope this peaks your interest enough, in both your fire district and valued tax dollars that you will attend. The committee is comprised of an equal number of volunteer residents from Tilton and Northfield who have concerns and opinions as do you. We've worked very hard over the last year and a half for the betterment of the community and we look forward to receiving more input from you moving forward.

Thank you, and sincerely,

Tim Sattler
Chairman
Tilton-Northfield Fire & EMS District Facilities
Committee

Hill and Smith have the financial savvy we need in Concord

To the Editor:

Rep. Greg Hill and Ryan Smith are running for State legislators for Northfield and Franklin Ward 3 to represent us on Nov. 8.

Rep. Hill works tirelessly to find solutions to the state's spending problems. From education funding issues to pension reform, he is a problem solver.

Ryan Smith is an intelligent young man who realizes that his future and that of his fellow young

people require that he volunteer his time to conservative economic issues. Both men have the conservative mindset that taxpayers should keep as much of their hard-earned money as possible.

We need more financial savvy folks in the State House, and less attorneys. These two fit that bill. Please join me in voting on Nov. 8 for Rep. Greg Hill and Ryan Smith.

Kathy Rago
Franklin

Thanks for supporting Laconia MS Walk

To the Editor:

On behalf of the National Multiple Sclerosis Society, Greater New England Chapter, we would like to thank the following local businesses for their generous support of the Laconia MS Walk 2016: Annie's Cafe & Catering, Laconia; Domino's Pizza, Laconia; Hannaford's Supermarket, Gilford; Market Basket, Tilton; Snyder's Lance, Laconia; Sal's Pizza, Laconia; and The 99, Tilton.

These local businesses helped provide food and beverage items for all participants in the Laconia MS Walk 2016.

The Laconia MS Walk 2016 hosted about 75 walkers and raised over \$10,000. Thank you to all of you who walked and/or donated to this event.

Funds from this event will support research into

the cause and cure of Multiple Sclerosis. The money raised will also fund community-based education, support and advocacy within Maine, Massachusetts, New Hampshire and Vermont. The NMSS Greater New England Chapter responds to the needs of the nearly 19,000 individuals and their families who are confronted every day by the many challenges of living with multiple sclerosis, empowering them with the resources to maintain independence and to live their lives as fully as possible.

Thank you for joining the movement to create a world free of MS! We appreciate all of the help that these local businesses have provided.

Thank you,

Colleen Akerman
Laconia MS Walk 2016 Committee Member

Elect Hassan and Shea-Porter

To the Editor:

Recently on the Diane Rehm Show (NHPR / NPR radio), I heard a comment very much on target. The obstructionists in D.C. who've kept the vote from taking place to seat a new U. S. Supreme

Court justice violate our rights. Pres. Obama was elected to serve a second four-year term. It's not a three-year term. It's not that in 2016 he's already out of office. The obstructionists began their plan in spring of 2016, and it will be spring of 2017 before a new president may start the nomination process. They scoff at our election process. They "dis" our U.S. Supreme Court and its needs.

"If the obstructionists can write off one year of a president's term, what's to stop them from writing off two years?" I heard asked on the Diane Rehm Show. With our votes we elect that public servant, our president - any president - to a four-year term of work. Shame on the obstructionists.

Sen. Ayotte and Congressman Giunta must be defeated, obstructionists to our democratic process that they are. We need to seat Maggie Hassan and Carol Shea-Porter, who are good on other issues too, serving the public good. Other states must replace their obstructionists in D.C., to be wise voters

Sincerely,

Lynn Rudmin Chong
Sanbornton

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By Larry Scott

Perspectives on living

God wants you and me to be the very best that we can be.

No matter who you are, no matter what you believe, no matter what you have or haven't done, this I believe to be true: God wants you to be the very best that you can be!

Each of us is who we are as determined by a wide array of factors. Our age, our gender, our intellect, our personality, our up-bringing, our mistakes and our accomplishments ... all have contributed to who and what we are. We may have made mistakes we regret but whatever the case, and within the context of our personality and disposition,

Now I will grant that many are not certain there even is a God ... or that He is properly depicted in the Bible ... but even in light of their non-belief, the Bible portrays a God so loving, so committed to our well-being, a God who is "with us" even though we may have little interest to be "with Him," that He is committed to help us be the very best we can be.

The Apostle Paul once wrote, "God demonstrated His own love for us in this: while we were still sinners, Christ died for us." With no strings attached, without any

assurance that you and I would even care, God gave His very best that you and I might become our very best.

It is here that we begin to understand some of the limitations God puts on our freedom. God wants only what is best for us and knows, because this is the way He made us, that we are quite capable of pushing our freedom to extremes. He made us with a powerful drive to survive, otherwise life's pressures would

have driven many of us to suicide ... He made us with a profound dissatisfaction with the status quo, otherwise we would never fight toward a better tomorrow for our children ... and we could go on. All of these character traits are admirable and, indeed, necessary to our survival. God's limitations, you see, are not because he has no sensitivity to our drives and desires; His limitations are because He doesn't want us to self-destruct!

Rick Warren, writing in "The Purpose Driven Life" (page 25), says, "There is a God who made us for a reason, and your life has profound meaning! We discover that meaning and purpose only when we make God the reference point in our lives."

Now we can see the profound reason God invites us, through Jesus Christ, into a personal relationship with Himself. The more

complete our union with Him the more successful we will be in becoming the best that we can be. Life's very best, in short, begins right here.

But how to discover and know this God, well now, that is the question isn't it? We will explore this concept together over the next few weeks. In the meantime, if you want to talk about it, hit me up at perspectivesonliving@gmail.com.

LETTERS TO THE EDITOR

Does Kelly Ayotte deserve a second term?

To the Editor:

Kelly Ayotte was elected to the Senate for six years. This was plen-

ty of time for her to show her true colors. Type one Kelly arrived in Washington to have her

picture taken repeatedly with John McCain and Lindsey Graham. Her voting record was to follow the Republican line. There was no independent thinking.

Type two Kelly showed up in time for the next election. She tried to broaden her base by taking a few moderate positions. She began emailing you and talking about working for you. Will the real Kelly Ayotte please stand up?

A majority of people from New Hampshire and the nation voted for President Obama not once, but twice. He nominated a candidate for the Supreme Court who

should have been interviewed and voted on in a reasonable amount of time. Kelly supported keeping this on the shelf, and thereby helping the Senate not to do its job.

Recently she supported Donald Trump saying he was a good role model. Even before the latest evidence against Trump, there was a ton of information saying that he is not a good role model.

It is time for a change. Kelly Ayotte puts the Republican Party ahead of the people she represents. Kelly is for Kelly and does not deserve your vote.

Paul Bonneville
Lochmere

Dr. Inga Wilder Robbins establishes the Charles E. and Nancy Wilder Scholarship Fund through LRSF

REGION — Lakes Region Scholarship Foundation is pleased to announce the establishment of a new endowment fund, the Charles E. and Nancy Wilder Scholarship Fund, through a donation made by Dr. Inga Robbins, the daughter of Dr. Charles Wilder.

Dr. Robbins said "Although the gift comes by way of me, I am delighted to see it come to fruition and follow it through. It is really from Dad and Nancy."

The fund, which is held by the New Hampshire Charitable Foundation, was established as an endowment gift by Dr. Robbins following her father's in-

tention, to be used "to support scholarship assistance for post-secondary students from Belknap County studying in a health related field, with a preference for students who will be focusing on the need for population control and their relationship of population growth to social, health and environmental challenges worldwide."

Dr. Charles Wilder was the son of missionary parents. His dad spent his life in India, heading a hospital in Madura serving the local people. Charles obtained his medical degree while in the Navy, serving in Japan, Korea, the Canal Zone

and in the US. Even as a youth, he was always someone who enjoyed the outdoors and hiking, sleeping under the stars, and traveling. Attracted to New Hampshire's hiking, skiing and sailing, he became Laconia's first cardiologist and served the people of Laconia for thirty years. Some years after his divorce from his first wife, Gisela, he married Nancy Eddy, who shared his passion for hiking and skiing. They won several trophies racing their sailboats. Charles also joined Willi Unsoeld, in challenging mountain climbing in the Himalayas. He was a dedicated father and during his retirement enjoyed taking his grandchildren hiking and boating and sharing with them his love of poetry and literature.

Nancy Eddy Wilder, born in Bridgeport, Connecticut and was educated at the University of California-Berkeley and later received a master's degree. She was a special education teach-

er for the Belmont and Laconia School District for 25 years. During the years of her first marriage, she spent most of her time in the Philippines, Hong Kong and Taiwan with different embassy stations where she was involved in many volunteer activities. Nancy first arrived in the Lakes Region 50 years ago and then moved here permanently to the area in 1969.

Executive Director, Joan Cormier, said "The Lakes Region Scholarship Foundation is so grateful for the generosity of the Dr. and Mrs. Wilder as well as the Charles' daughter, Dr. Inga Robbins. It is so wonderful that this very special couple, who have spent their lives serving the Lakes Region community in their respective fields, will continue to serve by giving help to young people of the area to further their education in a way that will impact not only the area, but hopefully the world in general."

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John Ronald Hamilton, 68

FRANKLIN — John “Ron” Hamilton, 68 of Franklin, died Wednesday, Aug. 24, 2016 at the Genesis Mountain Ridge Center following a period of failing health.

Ron was born on May 12, 1948, son of the late John and Jeannette (Emond) Hamilton. He spent his youth in Newmarket, and attended Newmarket High School. He later enlisted in the U.S. Navy, and was honorably discharged.

Ron worked for many years as an auto body master craftsman, restoring classic antique cars. He spent most of his life in the Seacoast area, residing in Newmarket, Exeter and Hampton Beach. He wintered in Davenport, Fla. for many years before moving to Franklin



in 2011. Ron enjoyed traveling in his RV, campfires in the evening, fishing and other outdoor activities. He especially loved his two Yorkies. He will be greatly missed for his wonderful sense of humor.

He is survived by his sister, Pauline Riley of Fallbrook, Calif.; nephew Aiden Riley; niece Allison Riley; and his long-time companion, Diane Viel of Northfield.

The family wishes to extend their sincere

thanks to Jennifer Stevens, Director of Admissions at Mountain Ridge Center, and to Shelly and all of Ron’s caregivers for their loving, compassionate care in his final years.

There are no calling hours.

A graveside service was held on Oct. 8, 2016 at 10:30 a.m. at the family lot in Calvary Cemetery in Newmarket, followed by a reception at the Newmarket Senior Center. Family and friends were invited to attend.

Arrangements are under the care of the William F. Smart Memorial Home of Tilton.

Those wishing may make memorial contributions in Ron’s name to the New Hampshire SPCA.

For more information, go to www.smart-funeralhome.com.

Madeline Mary Linteau, 95

LAKEPORT — Madeline Mary Linteau, 95, of 30 County Drive, formerly of 35 Willow St., Lakeport, died Thursday, Oct. 6, 2016 at Belknap County Nursing Home after a period of failing health.

She was born on March 24, 1921 in Thetford Mines, Canada, the daughter of the late Lucien and Alexcina (Racine) Aubut. Madeline worked as a laborer for Scott & Williams and also for Laconia Needle. She was a member of Our Lady of the Lakes church in Lakeport.

She is survived by her two sons, Robert E. Linteau and his wife Martha of Tampa, Fla. and Michael J. Linteau of Laconia; one daughter, Peggy Guyer, and her husband David of Belmont; six grandchildren (Christine, Jennifer and



Scott Linteau, Paul and Tom Daigneault and Angela Linteau); eight great grandchildren; nieces and nephews.

In addition to her parents, she was predeceased by her husband, Leopold Linteau, in 1993; one brother, Ernest Aubut; and one sister, Helen Boucher.

Calling hours were held from 4 to 7 p.m. on Wednesday, Oct. 12, 2016 at the Wilkinson-Beane-Simoneau-Paquette Funeral Home, 164 Pleasant St., Laconia, using

the Carriage House entrance.

A Mass of Christian Burial will be celebrated at 10 a.m. on Thursday, Oct. 13, 2016 at St. Andre Bessette Parish - Sacred Heart Church, 291 Union Ave., Laconia.

Burial will be held in the family plot at 2 p.m. on Friday, Oct. 14, 2016 at Holy Cross Cemetery in Franklin.

For those who wish, memorial contributions may be made to the New Hampshire Humane Society, PO BOX 572, Laconia, NH 03247.

Wilkinson-Beane-Simoneau-Paquette Funeral Home & Cremation Services, 164 Pleasant St., Laconia, is assisting the family with the arrangements. For more information and to view an online memorial, go to www.wilkinsonbeane.com.

Michael Corey Murphy, 69

LACONIA — Michael Corey Murphy, 69, of 66 Landing Lane, died Wednesday, Oct. 5, 2016.

He was born on March 10, 1947 in Concord, the son of the late D. Edward and Viola D. (Hall) Murphy. He was a graduate of Pittsfield High School, and also graduated from the University of New Hampshire with a BA in economics and the University of Maryland Law School. Michael worked for many years as an attorney, beginning with Nighswander, Martin, Lord & Killkelley, P.A. from 1972 to 1975.

He also worked as Belknap County Probate Judge from 1982 to 1988. Afterwards, he became a partner, forming Murphy, McLaughlin, Hemeon & Lahey, P.A. in Laconia from 1975 until 1993. In 1993, he became sole proprietor of Michael C. Murphy Law Offices in Laconia.

He is survived by his three daughters, Maura B. Murphy and her husband Michael Pike of Hampton, Erin K. Decato and her husband Jamie of Belmont, and Kara E. Murphy of Canterbury; one brother, Dennis E. Murphy, Jr., and his wife Anne

Bailey of Center Harbor; two grandchildren, Emerson and Cullen Decato, both of Belmont; and two nieces.

There will be no calling hours.

A private graveside service will be held at Floral Park Cemetery in Pittsfield.

Wilkinson-Beane-Simoneau-Paquette Funeral Home & Cremation Services, 164 Pleasant St., Laconia, is assisting the family with the arrangements. For more information and to view an online memorial, go to www.wilkinsonbeane.com.

Spencer Alexander Reed, 92

TILTON — Spencer Alexander Reed, 92, of Tilton passed away at home in the presence of family on Oct. 6, 2016.

Spencer was born in Dummerston, Vt. on Sept. 11, 1924 to the late Harold and Rena (Smith) Reed. He proudly served his country with the US Army’s 87th Infantry Division during WWII, and fought in the Battle of the Bulge. After being honorably discharged, Spencer married Marjorie Nelson and began a family. Spencer spent most of his working years in construction as a crane operator. He was very proud of the bridge and building projects he participated in, and enjoyed recounting stories about them in the last few weeks of his life. Spencer was also a strong advocate of hydroponic farming, he enjoyed maple sugaring, and in recent years, took great pleasure in



attending the annual 87th Infantry Division reunions. His love of life was demonstrated when he went sky-diving on his 90th birthday. Described as a no-nonsense man of few words who adored his wife and children, Spencer loved nothing more than being surrounded by family.

Spencer is survived by his children James A. Reed and wife Penny, Robert Reed and wife MaryJo, Randall Reed and significant other Nancy Brooks, Kathleen Lees and husband Richard, Cynthia O’Brien and husband

Fred, Christopher Reed and wife Val, and Pamela Doubleday as well as 13 grandchildren and 10 great-grandchildren. Spencer was predeceased in 2011 by his loving wife of 63 years, Marjorie (Nelson) Reed, and his brother, Stuart Reed.

A graveside committal service with military honors will be held Thursday, Nov. 10 at 3 p.m. at the New Hampshire State Veterans Cemetery, 110 Daniel Webster Highway in Boscawen. A Celebration of Life will be held at a later date. In lieu of flowers, donations in Spencer’s memory may be made to St. Jude Children’s Research Hospital online at www.stjude.org. The Cremation Society of New Hampshire is assisting the family with arrangements. For updated service information, please visit www.csnh.com.

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Guard Against Identity Theft - and Protect Your Finances

In 2015 alone, more than 13 million Americans were victimized by identity theft, according to the U.S. Department of Justice. What can you do to guard your identity and protect yourself from potential financial losses? Here are some ideas to consider:

• Review your statements.

Closely review the monthly statements from your checking and other financial accounts. If you find any unfamiliar charges, contact your bank or other financial services provider immediately.

• Order your credit reports.

The three credit reporting agencies – TransUnion, Equifax and Experian – are each required by law to provide you one free credit report a year. Make sure your name, address and other information are correct on your credit report, and if you find old or inaccurate information, have it removed.

• Place a fraud alert.

If you suspect you have become a victim of Identity theft, place a “fraud alert” on your credit reports by contacting any of the three credit reporting agencies. You can choose a short-term or long-term alert. And if you’re an active member of the military, you can request a special, one-year alert.

• **Feed your shredder.** Shred all old bank and investment statements, applications for new credit cards and any other documents that contain personal information.

• **Destroy digital data.** If you have a variety of financial accounts, you’re not just creating a paper trail – you’re also establishing a digital “footprint.” So, when you sell or otherwise dispose of a computer system or hard drive, you may want to take steps to destroy personal data. You might think that simply deleting it would be sufficient, but tech-savvy identity thieves can “undelete” files or recover information from a formatted drive. However, products are available that allow you to completely wipe out data on hard drives.

• **Change passwords.** It’s a good idea to change your Internet passwords every so often – especially those passwords that provide access to financial accounts.

• **Leave your Social Security card home.** Snagging someone’s Social Security number is a real “catch” for identity thieves, so do everything you can to thwart them. And you can start by leaving your Social Security card safely at home – after all, there’s probably

never a good reason to bring it out, anyway. In fact, be wary of anyone, or any business, that asks for your Social Security number, either in person or online. Except for a few obvious exceptions, such as your tax preparer, most reputable businesses don’t need to know anything about your Social Security information.

• Watch for “phishers.”

If you’ve ever gotten an e-mail, supposedly from your bank, advising you that your account will be “frozen” unless you provide personal details about your account, it’s a good bet that someone is “phishing” for this information – and they’re using the “freezing” threat as bait. What’s particularly alarming is that these “phishers” have gotten quite good at duplicating logos and using official-sounding language. However, a legitimate bank would never threaten you this way with an e-mail, so, if you get such a message, contact the bank’s fraud department.

You can go a long way toward protecting yourself against identity theft by following these suggestions – so put them to work soon.

This article was written by Edward Jones for use by your local Edward Jones Financial Advisor.

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Rodney Peter Stebbins, 76

TILTON — Rodney Peter Stebbins, 76, of Tilton, died Wednesday, Sept. 28, 2016 after failing health, surrounded by his loving family.

Rod was born on March 25, 1940 in Claremont. He spent most of his youth in Burlington, Vt. before moving back to Claremont. He attended St. Mary's High School and then graduated from Steven's High School in Claremont. From there, Rod moved to Nashua where he was a machinist and tool maker at Osrarn Sylvania for 32 years. He worked at Saint Gobain for 7 years, prior to retiring with his wife Jacqueline (Barrette) Stebbins of 54 years and finally moving to their summer home on Lake Winnisquam in Tilton.

Rod was an avid sports enthusiast, whether participating or watching. He loved softball, baseball, football, car racing, hockey and many other sports. He loved sitting in his



big comfy chair watching TV and reading his newspaper with his dog, Bandit by his side. More than anything, Rod loved spending time with his family and friends at the lake.

Rod is survived by his wife, Jacqueline "Jacky" (Barrette) Stebbins, and their three children; his son, Michael R. Stebbins and his wife Maria of Nashua, his daughter, Laura-Lee Cote and her husband Greg of Sanbornton and his son Scot William Stebbins, Sr. of Gilford; five grandchildren (Jessica-Lee Veloski, Nicholas Stebbins, Rebecca Stratton, Ashley Stebbins and Scot Stebbins, Jr.); five

great grandchildren, Jonny Allard, Dylan Allard, Gabby Allard, Bridget-Lee Veloski and Jackson Rodney Allard.

Calling hours will be held from noon at 1 p.m. on Sunday, Oct. 16, 2016 at the Beane Conference Center, 35 Blueberry Lane, Laconia. A Celebration of Life will follow at 1 p.m., also at the Conference Center.

Burial will be private. For those who wish, memorial contributions may be made to the New Hampshire Humane Society, PO Box 572, Laconia, NH 03247 or to St. Jude Children's Research Hospital, Attn: Donor Services, 501 St. Jude Place, Memphis, TN 38105.

Wilkinson-Beane-Simoneau-Paquette Funeral Home & Cremation Services, 164 Pleasant St., Laconia, is assisting the family with the arrangements. For more information and to view an online memorial, go to www.wilkinsonbeane.com.

Arlene Edna (Davis) Tilton, 92

FRANKLIN — Arlene E. Tilton, 92, a resident of Franklin for most of her life, died Monday, Oct. 3, 2016 at the Merrimack County Nursing Home in Boscawen following a short period of failing health.

Arlene was born in Franklin, Jan. 3, 1924, daughter of Irving and Edna (Shepherd) Davis. She attended schools in Franklin, and was a graduate of Franklin High School. Arlene was a loving wife, parent, grandparent, and homemaker. She was a long time volunteer, including working at the polls in Franklin, was involved with the Red Cross blood bank. While traveling with her husband throughout his military career, she was very involved in the officers' wives club. Arlene was a parishioner of St. Paul Church of St. Gabriel Parish in Franklin where she had served as Eucharistic Minis-



ter over the years.

She was predeceased by her husband, Lt. Col. Ralph E. Tilton, Sr., U.S. Air Force, Ret., who died in 1996; her sister, Ruth Lacasse; and her brother, Richard Davis.

Her family includes her son, Ralph E. Tilton, Jr. of Northfield; her daughter, Cheryl A. Emerson, and her husband, Richard of Franklin; grandchildren, Arlene Kendall, Elizabeth Tilton, Katherine Tilton, Craig Emerson, Curtis Emerson and Amie Dodson; great-grandchildren, Andre, Sebastian, Alex, Timmy, Emily, Logan, Ella and Eva;

and nieces and nephews.

Calling hours were held on Thursday, Oct. 6, 2016 from 4 to 7 p.m. at the William F. Smart, Sr. Memorial Home, Franklin-Tilton Road (584 West Main St.) in Tilton.

A Mass of Christian Burial was celebrated on Friday, Oct. 7, 2016 at 11 a.m. at St. Paul Church of St. Gabriel Parish in Franklin. Burial followed the Mass, next to her husband, Ralph in Franklin Cemetery in Franklin.

Those wishing may make memorial contributions in Arlene's name to the Edna C. McKenna Trust Fund, Merrimack County Nursing Home, C/O Mary Heath, 325 Daniel Webster Highway, Boscawen, NH 03303 or to the CRVNA Hospice, 30 Pillsbury St., Concord, NH 03301.

For more information, go to www.smart-funeralhome.com.

Genesis celebrates 50 years with Annual Meeting, fundraising dinner, and auction

MEREDITH — The Board of Directors of Genesis Behavioral Health will hold their Annual Meeting and Fundraising Dinner celebrating 50 years of service to the Lakes Region on Tuesday, Oct. 25, at 5:30 p.m. at Mill Falls at the Lake, Church Landing in Meredith. Dr. Dror Ben-Zeev, Associate Professor of Psychiatry at Dartmouth College, will provide the keynote address. Dr. Ben-Zeev is also the current Director of Dartmouth's mHealth for the Mental Health Program at the Department of Biomedical Data Science, a multidisciplinary effort to apply mobile technology to help support the recovery and improve the outcomes for people with mental illness.

"Mental illness knows no barriers, follows no rules, and impacts families and the community," said Maggie Pritchard, Executive Director of Genesis Behavioral Health, "The reality of the illness is hard to imagine for those who have not lived it. Working within a treatment system that has inherent challenges, including but not limited to access, workforce, transportation, litigation, and the rural nature of our communities, has us looking to technological advances to assist us in providing the highest quality of care. We are delighted to have Dr. Ben-Zeev speak at our Annual Meeting to introduce us to the future of mobile healthcare."

As is tradition, Gen-

esis Behavioral Health will present the 2016 Helen Holbrook Leadership and Service Award and the Dr. George "Pete" Harris Community Service Award at the Annual Meeting. The Holbrook Award is given to an individual who leads by example and gives of themselves to strengthen the cause of mental health in the Lakes Region, while the Harris Award is presented to an individual who promotes increased awareness, sensitivity, understanding and acceptance of mental health issues in the Lakes Region through educating the public.

Genesis Behavioral Health will also showcase its sixth annual fundraising and awareness auction at the

event.

"Our goal is to raise at least \$15,000 to support mental health programs and services for nearly 4,000 Lakes Region residents," said Tina Hayes, Co-chair of the Auction Committee. "Auction items will be on display at the annual meeting and mobile bidding will be available for on-site bids. We are grateful for the support and generosity of our many donors and bidders. This event is not possible without our sponsors, including our Champion Sponsor, Bank of New Hampshire whose support is provided by the Bank of New Hampshire Charitable Fund of the New Hampshire Charitable Foundation, Proforma Piper Printing, 98.3 LNH, WEMJ, 104.9 The Hawk,

Genoa a QoL Healthcare Company, Well Sense Health Plan, Northway Bank, and The Standard."

The auction runs online 24/7 and ends on Oct. 26 at 8 p.m. To view the items, place a bid, make a cash donation, sign up for email updates, or refer a friend, visit www.biddingforgood.com/genesisbh.

Members of the community who wish to attend the Annual Meeting should RSVP to Kim Beardwood Smith at 524-1100, ext. 445 or email kbeardwood-smith@genesisbh.org.

Genesis Behavioral Health is designated by the State of New Hampshire as the community mental health center serving Belknap and southern Grafton Counties. A private, non-profit corporation, Genesis serves nearly 4,000 children, families, adults and older adults each year. For more information or to schedule an appointment, call 524-1100 or visit the Web site at www.genesisbh.org. Find Genesis Behavioral Health on Facebook and follow us on Twitter for updates and information.

LRGH Auxiliary awards 2016 scholarships

LACONIA — The Lakes Region General Hospital Auxiliary recently presented six scholarships, totaling \$9,500 to local residents pursuing careers in the healthcare field.

Scholarships are presented annually to support continuing education and training, promote skill development and career advancement. Local community members were awarded scholarships based on need, merit, citizenship and future goal; this year's recipients:

Renee Delaney is attending Franklin Pierce University in pursuit of a Doctorate in Physical Therapy.

Emily Dionne is attending the University of Rhode Island in pursuit of a Doctorate in Pharmacy.

Jillian Foye is attending the University of New Hampshire. She is majoring in nutrition, with a minor in psychology.

Anne Dionne is attending the University



COURTESY

The Lakes Region General Hospital Auxiliary recently presented six scholarships, totaling \$9,500 to local residents pursuing careers in the healthcare field. Pictured, from left to right: scholarship recipients Jillian and Shannon Foye, LRGH Auxiliary scholarship chairman Colleen Hartigan, scholarship committee member Bob Dalton and auxiliary president Nancy Paterno. Missing from the photo scholarship recipients: Renee Delaney, Jennifer McGonagle, Emily and Anne Dionne.

Rhode Island in pursuit of a Doctorate in Pharmacy.

Jillian Foye is enrolled in the Radiology Technology Program at the New Hampshire Technical Institute.

Jennifer McGonagle is attending Franklin Pierce University in pursuit of a Bachelor's degree in Nursing.

Since 2000, the LRGH Auxiliary has awarded

\$223,000 in scholarship aid to local students. Scholarships are earmarked for LRGHealthcare employees, their immediate families and/or volunteers of Lakes Region General Hospital. Scholarship funding is the direct result of the proceeds earned in the LRGH Auxiliary Gift Shop, located in the atrium at Lakes Region General

Hospital.

LRGHealthcare is a not-for-profit healthcare charitable trust representing Lakes Region General Hospital, Franklin Regional Hospital, and affiliated medical providers. LRGHealthcare's mission is to provide quality, compassionate care and to strengthen the well-being of our community.



Laconia-Gilford Lions Club
Electronic Waste Collection Day

Saturday, October 15

9AM to 1PM

Lowe's Parking Lot

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Join these local businesses in supporting breast cancer awareness this October!

Establishing the pink ribbon symbol

The pink ribbon has been synonymous with breast cancer for years. Nowadays, people rarely think twice when they see pink ribbons, having grown accustomed to the pink ribbon and what it symbolizes. Breast Cancer Awareness Month has been celebrated each year since 1985, and many other breast cancer awareness initiatives have been devised since then. While the pink ribbon may seem like it's been in use for just as long, it was actually established only about 20 years ago. Ribbons have long symbolized something important. For decades, yellow ribbons have been used to alert others to soldiers at war or hostages that hadn't yet come home. People often tie yellow ribbons around trees at home until their service men and women came home safely. During the height of HIV/AIDS activism and awareness, red ribbons were worn to symbolize support for those with the disease.

Although the pink ribbon evolved because pink expresses femininity, calm, health, and youth, the first breast cancer ribbon was actually peach. Charlotte Haley is credited with devising the first breast cancer ribbon in 1992. She was a breast cancer survivor and came from a family of women who also fought the disease. She created peach-colored loops at home and then distributed the ribbons at her local grocery stores. Haley encouraged people to wear the ribbons and contact legislators to demand more funding for breast cancer research. An attached note was distributed with the ribbons stating, "The National Cancer Institute annual budget is \$1.8 billion, only 5 percent goes for cancer prevention. Help us wake up our legislators and America by wearing this ribbon." The same year Evelyn Lauder, senior corporate vice president for the Estee Lauder company, and Self magazine editor Alexandra Penney teamed up to produce a pink ribbon. It was distributed at makeup



for breast cancer research. Although Lauder and Haley reached people on different levels, their goals were the same: To educate the public on the lack of funds allotted to breast cancer research. Pink ribbons are now seen all over and have become the uniting force for millions of women who are facing breast cancer or supporting someone with the disease. In 1996, Nancy Nick created a blue-and-pink ribbon to symbolize male breast cancer ribbons in honor of her late father. The ribbons remind others that breast cancer can affect men as well as women. Although you can see waves of pink every October for Breast Cancer Awareness Month, many people don their ribbons year-round. Great strides have been made with respect to breast cancer, but with about 225,000 new cases popping up each year in the United States alone, there is still work to be done.

counters all across the country. The company collected more than

200,000 pink ribbon petitions asking the U.S. government for increased funding



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October is Breast Cancer Awareness Month

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LRGH-org/mammo



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Did You Know?

Men have a small amount of breast tissue, and that means they can be affected by breast cancer. According to the American Cancer Society, men's breast tissue has ducts, but only few, if any, lobules. That's because men do not have enough female hormones to promote the growth of breast cells. Breast cancer can be separated into several types based on what the cancer cells look like under the microscope. They can be in-situ, meaning non-invasive or pre-invasive. They also may be invasive types that have spread to the ducts in the breast tissue. Breast cancer is about 100 times less common among men than among women. Only about 2,600 new cases of invasive breast cancer will be diagnosed in men this year. But men who feel lumps or other anomalies in the area around the nipple should consult their physicians.



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Think Pink

Join these local businesses in supporting breast cancer awareness this October!

State-of-the-Art 3D Screening Mammography is now at Speare

Thanks to generous donors, Speare was able to raise enough money to purchase Genius™ 3D Mammography™, a breakthrough in the early detection of breast cancer.

"It was stunning to see how swiftly the community rallied around Speare to raise the needed funds," says Dr. Rebecca Zuurbier, MD, Director of Breast Imaging at Speare and Dartmouth-Hitchcock Medical Center. "The strong community support was impressive. They got the technology up and running with great speed."

Early breast cancer detection saves lives for women screened annually, beginning at age 40.

"Advanced 3-D tomosynthesis mammography, like that now available at Speare, is a significant technological leap forward in the screening process because important breast cancers can be found even earlier. This saves lives while helping women avoid disfiguring surgeries and debilitating chemotherapy treatments."

Compared to traditional 2D mammography, the Genius™ 3D

Mammography™ detects 41% more invasive breast cancers. It also results in fewer callbacks for additional views, as Meredith had to go through, in an attempt to see through dense and fatty layers of tissue.

The results are remarkable. Speare already has a 45% reduction in callbacks.

"It is such an advantage not to worry women needlessly," says Linda Nestor, Director of Radiology at Speare.

In conventional 2D mammography, the overlapping tissue is a leading reason why small breast cancers may be missed, and normal tissue may

appear abnormal, leading to unnecessary callbacks. A Genius™ exam at Speare includes a three-dimensional method of imaging that can significantly reduce the tissue overlap effect.

Speare's mammograms now include both 2D images and 3D tomosynthesis scans. During the tomosynthesis dimensional portion of the exam, an X-ray arm sweeps in a slight arc over the breast, taking multiple images. A computer then converts the images into a stack of thin layers, allowing Dr. Zuurbier to review the breast tissue one layer at a time. The exam requires no



Even women who are a picture of health can develop breast cancer, highlighting the importance women must place on recognizing and detecting the symptoms of this often curable disease.

additional compression and takes just a few seconds longer than a conventional 2D breast cancer screening exam.

"Women have been pleased that there is less pressure with this new technology, making the exam more comfortable," says Lynda Stearns, mammography tech at Speare.

Speare Memorial Hospital has a dedicated and experienced team of mammography staff. Appointments can be made from 8 am to 4 pm Monday through Friday. Late afternoon appointments are also available.

October is Breast Cancer Awareness Month!

Mid-State Health Center, Bristol & Plymouth, NH

October is Breast Cancer Awareness Month and reminds us that we should be thinking of breast health all year long! Sometimes breast cells become abnormal and grow faster than normal cells. These extra cells form a mass called a tumor. Some tumors are "benign," or not cancerous. Other tumors are "malignant," meaning they are cancerous and have the ability to spread to other parts of the breast

and body and disrupt normal functions in those areas.

Breast cancer screening means checking a woman's breasts for cancer before there are signs or symptoms of the disease. All women need to be informed by their health care provider about the best screening options for them. When you are told about the benefits and risks and decide with your health care provider what screening test, if any, is right for you, this is called informed and shared

decision-making.

Although breast cancer screening cannot prevent breast cancer, it can help find breast cancer early, when it is easier to treat. Talk to your doctor about which breast cancer screening tests are right for you, and when you should have them.

A mammogram is an X-ray of the breast. Mammograms are the best way to find breast cancer early, when it is easier to treat and before it is big enough to feel or cause symptoms. Early detection can lower the risk of dying from breast cancer.

The United States Preventive Services Task Force recommends that average-risk women who are 50 to 74 years old should have a screening mammogram every two years. Average-risk women who are 40 to 49 years old should talk to their doctor about when to start and how often to get a screening mammogram.

It is very important to have regular breast cancer screenings. When breast cancer starts out, it is too small to feel and does not cause signs and

symptoms. As the tumor grows, however, breast cancer can cause changes in how the breast looks or feels. Different people have different warning signs for breast cancer. Some people do not have any signs or symptoms at all. A person may find out they have breast cancer after a routine mammogram. Some warning signs of breast cancer might include: a new lump in the breast or underarm (armpit); thickening or swelling of part of the breast; irritation or dimpling of breast skin; redness or flaky skin in the nipple area or the breast; pulling in of the nipple or pain in the nipple area; nipple discharge other than breast milk, including blood; any change in the size or the shape of the breast; or pain in any area of the breast. Keep in mind that some of these warning signs can happen with other conditions that are not cancer. If you have any of these symptoms, talk to a health care professional. They may be caused by something other than cancer, but the only way to know is to see a health care professional.

Mammograms are covered by most health insurance programs. You can get a screening mammogram without any out-of-pocket costs. If you are worried about the cost or don't have health insurance, CDC offers free or low-cost mammograms and education about breast cancer.

Where can I find

a free or low-cost mammogram? If you are a woman age 18-64, have a low income, do not have insurance or have insurance that does not pay for screening tests, you may be eligible to receive a free cancer screening through the "Let No Woman Be Overlooked Breast and Cervical Cancer Program" in New Hampshire; to learn more and determine your eligibility call 1-800-852-3345 Ext. 4931 today. For information about National programs call 1-800-CDC-INFO or visit www.cdc.gov/cancer/nbccedp.

For more information about breast cancer you can contact the Centers for Disease Control and Prevention: 1-800-CDC-INFO or visit www.cdc.gov; the National Cancer Institute: 1-800-4-CANCER or visit www.cancer.gov; or the American Cancer Society: 1-800-ACS-2345 or www.cancer.org. This article was adapted from the Centers for Disease Control and Prevention: Breast Cancer page. It can be found in its entirety by visiting: <http://www.cdc.gov/cancer/breast/index.htm>

The information in this article is not intended to be a substitute for professional medical advice, diagnosis or treatment in any manner. Always seek the advice of your physician or other qualified health provider with any questions you may have regarding any medical condition.






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“3D technology better detects whether or not you have breast cancer.

Having 3D mammography at Speare relieves so much stress, I couldn't be happier. “

Speare's 3D mammography is a breakthrough in the early detection of breast cancer.

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NOTEBOOK

CONTINUED FROM PAGE A4

that carry huge signs on their rears, "Construction Vehicle--Do Not Follow."

Obviously, this message is meant for situations where trucks have to veer off the road to go into construction sites. Of course.

But the signs should come off or be covered with a tarp when trucks are traveling back and forth to the site, during which the signs make no sense at all.

This kind of thing is why so many peo-

ple have been conditioned to ignore signs, like "Yield," or maybe "Stop."

+++++

When Interstate 93 was built, its newly cleared right of way offered incredible new views of the landscape. Now, 40 years later, trees have grown up on both sides, and for the most part the views are gone.

A couple of decades ago, a legislator from the mid-part of the state introduced a bill calling for logging alongside the sides of 93, particularly the eastern side,

for the value of the timber and to open up the views.

Does anyone out there remember this public servant? If he's still around we could use him, or at least his idea.

(This column runs in weekly newspapers covering two-thirds of New Hampshire from Concord to Lower Quebec and parts of western Maine and northeastern Vermont. Letters must include the writer's telephone numbers and town. Write to campguy-hooligan@gmail.com or Box 39, Colebrook, NH 03576.)

TRAIL

CONTINUED FROM PAGE A3

or the Franklin Savings Bank.

Funds raised through Taste of the Trail are used for maintenance and expansion of the River Trail. Federal and state funds have been received for the first three sections of the trail covering 80 percent of the costs. The remaining 20 percent cost has been raised by the volunteer group Winnepesaukee

River Trail Association (WRTA) through grants, private donations and fundraising.

The Winni Trail is accessible through Franklin, Tilton or Northfield. The Franklin to Northfield section is 3.1 miles, and starts and finishes at either the train trestle on Central Street in Franklin or behind the Northfield train station on Park Street. After leaving the Northfield train station, the trail weaves through downtown Tilton and picks

up at the Salmon Run Conservation Area. This section is 1.2 miles and ends at Route 140 in Tilton. Future plans include the continuation of the trail from Route 140 to Silver Lake Road where it would meet Belmont's new section and then on to the WOW trail in Laconia.

For questions, contact tasteofthetrail@gmail.com, visit www.winnirivertrail.org and friend us on Facebook at Winnepesaukee River Trail Association.

FEES

CONTINUED FROM PAGE A1

ing to all recommended safety codes and that LP gas tanks, generators and other vented appliances are not placed too close to a home without the proper safety ratings in place.

The fees, he said, would be minimal.

"For example, a wood stove installation would

be something like a \$25 fee. That's really targeted at the installers. I'm not going to be a wood stove cop; we just go out to make sure installers are following the codes and it's done right," said Dexter.

Another inspection service the fire department still provides at no cost is real estate inspections, something Dexter would like to be added to a fee schedule for the

town.

Revenue from inspections he estimates could be anywhere from \$6,000 to \$8,000 annually, money that would then offset other costs for the department.

Selectmen agreed that a public hearing to get feedback from residents was certainly warranted and voted unanimously to conduct one during their last meeting in October.

FFA

CONTINUED FROM PAGE A1

the official judge; his results provided the formal placing for each class. 100-plus students from ten FFA chapters participated.

The woodsmen's competition was made up of a series of challenges including the two-man cross-cut, log rolling, tree identification and bow saw events. Seven schools and more than 100 students competed for trophies in the timed contests.

All 21 Winnisquam participants are enrolled in high school agricultural science classes and are members of the FFA, a national youth leadership organization for stu-

dents of agriculture. Students from the following area high schools take ag classes at Winnisquam: Laconia, Gilford, Belmont, Interlakes, Franklin and Merrimack Valley.

The FFA (formerly Future Farmers of America) is a national organization of more than 629,000 members preparing for leadership and careers in the science, business and technology of agriculture. The organization has 7,757 chapters located throughout

the United States, Puerto Rico and the Virgin Islands. FFA's mission is to make a positive difference in the lives of students by developing their potential for premier leadership, personal growth and career success through agricultural education. Local, state and national activities and award programs provide opportunities for students to apply knowledge and skills learned in the classroom. Visit www.nhffa.org for more information.

ROTARY

CONTINUED FROM PAGE A1

Carpenter didn't want to give away too much information on what people will encounter that night, but he did say they may stumble upon a few zombies and perhaps even a familiar character or two like the Phantom of the Opera as they make their way through the building.

"There's going to be so much going on, some of it outside and a whole lot inside. It'll be a lot of fun," he said.

Admission to this year's Haunted House will be the donation of any amount of non-perishable food items, which the Tilton-Northfield Rotary will then deliver to the Twin Rivers Food Pantry on Central Street in Franklin.

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CHILDFIND CLINIC

Are you concerned about your child's development? Do you suspect that your child may have a disability? We will be holding a "Child Find Clinic" on Tuesday, October 26 at Belmont Elementary School from 1:00 - 3:00 pm for children age birth through 6 years old. Certified staff will screen students for possible learning disabilities, speech and language disabilities, motor skills, and overall developmental functioning. The clinic is open to any resident of Belmont or Canterbury, but **APPOINTMENTS ARE REQUIRED.** Please contact the SAU office at 267-9223 ext. 5306 for additional information or to make an appointment.



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 Food & Craft Court Setup

9 a.m. - noon
 Pancake Breakfast at Holy Trinity School

12:00 PM
 10k/5k Runaway Pumpkin Run/Walk

10:00 a.m.
FESTIVAL OPENS
 The Welcome Centers, the Tower, Lakes Region Refrigeration's Great Goblin Food Court, Craft Court, Punkin CROSSing, PumpCANALLY, Pump-kin EYE View, Midway Amusement Rides officially open!

10 a.m. - 5 p.m.
 Children's Games & Activities at Punkin CROSSing
 The Welcome Centers, the Tower, Lakes Region Refrigeration's Great Goblin Food Court, Craft Court, Punkin CROSSing, PumpCANALLY, Pump-kin EYE View, Midway Amusement Rides officially open!

10 a.m. - noon
 Nascimento's Magic Show, Cartoon Story Time, Caricatures

10 a.m. - 6 p.m.
 Pumpkin Bowling at Bank of NH Square

10 a.m. - 6 p.m.
 Arts, Crafts & Music
 Along Vintage Row & Imagine Gallery Courtyard, Music by Swing Rockets, Face painting, Arts & Crafts, Chalk Art 10 a.

10 a.m. - 6 p.m.
 Children's Games at Bank of NH Square

10 a.m. - 8 p.m.
 Carving by Alex Vieniecki of Baker River Chainsaw Sculptures at Vintage Row

noon - 5 p.m.
 Arts & Crafts, Stories & Movie Time at Laconia Public Library Noon

noon - 5 p.m.
 Children's Pumpkin Block Party Noon

noon - 8 p.m.
 Beer Gardens Open with live music at Laconia Harley-Davidson Hideout at City Hall

1 p.m.
 Grand Parade
 Begins at Water Street & Beacon Street West
 pre-registration encouraged
 Entry deadline October 11, 2016

3 p.m. - 7 p.m.
 Mayhem at the Mill haunted attraction

4 p.m.
 Jack-o'-Lantern Lighting Begins

6:30 p.m.
 Log-in ends, Jack-o'-Lanterns lit

6:50 - 6:55 p.m.
 Guinness World Record Attempt

8 p.m.
 Jack-o'-Lantern Count Announced

8:30 p.m.
 Festival Closes
 See you next year!

8:45 p.m.
 Pumpkin Dump Derby

Halloween Costume Ball



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Children's Auction calling for item donations

LACONIA — The Greater Lakes Region Children's Auction is just two months away and the Board of Directors and volunteers are asking for the communities' help.

Hundreds of items are needed just to get started on day one; 2,000 to get through the week, and each year they start from scratch with little to no items.

Volunteers such as Lisa Cornish and Deb Livernois continue to focus on gathering items by approaching various businesses for item donations and in many cases, purchas-

ing items themselves. Their hard work is much appreciated, but they can't do it alone.

"This organization made a difference in my family's lives so many years ago and I believe strongly in paying it forward," comments Cornish. "It's such a relief for a parent to know that their children will have warm clothing for the winter, healthy meals, and although not necessary, a gift or two under the tree. There are so many children in our communities that are in dire need of life's necessities. People may not be able to give a lot,

but even a little means a lot!"

No item is too big or small and every little bit helps. Gift cards, toys, and tech items are among the most popular, but there is something for everyone!

Auction Co-Chair Shannon Barnes of MetroCast notes, "We are actively accepting items this year as we know the Auction is as successful as it is because we have five days of items ranging from beautifully handmade craft items to the latest electronics. We want to offer our viewers and listeners a variety of



COURTESY

Volunteers set up the back room at a previous year's Auction in preparation to hold items to auction off. This room has to be full in order to get through the Auction's five days on air.

items at different price points so everyone has the opportunity to participate and find something they want to bid on."

Before the craziness of the holidays ensues, the hope is that everyone can make the time to donate at least one item. Anything you

can do will be greatly appreciated not just by the Children's Auction, but especially by the children and families who benefit from it each year.

For your convenience, you may drop items off at locations at any branch of Franklin Savings Bank, Bank of New Hampshire, and Meredith Village Savings bank, as well as Irwin Marine and MetroCast. Short on time and need someone to pick up your donation? Call Lisa at 455-2982. For more information, log on to www.ChildrensAuction.com.

MAKE-A-WISH

CONTINUED FROM PAGE A2

est fundraiser.

In the past year, she said they have been able to grant 87 of the 112 wishes they have received. Almost a quarter of those children, she added, come from Central New Hampshire.

"We've come so far over the years, granting more and more wishes, but we're not there until we can grant ev-

ery single one of them," Baron said. "This is all much more than doing something nice for a sick child. It's doing something that gives them strength, hope for the future and so much joy. That's what we want people to know about Make-A-Wish."

Tilton Police Chief Robert Cormier is one of the volunteers for the state's Make-A-Wish Foundation. Through the New Hampshire Chiefs of Police Associ-

ation he coordinates police escorts for children heading out on vacations, among other added extras for each wish.

For last weekend's fundraiser, he also made arrangements for the use of the Inn on Newfound Lake through its owner Larry Delangis and helped bring in some special entertainment.

Bucky Lewis of Laconia was the first to perform, bringing not only his Yankee humor but his support to the day.

After leading the crowd in a final sing-a-long of "You Are My Sunshine," he closed by encouraging everyone to remember Padraic's words and support other children who deserve a wish.

Rounding out the night were Nashville Country artists Jeff Batson and Eric Haines, who perform under the group name Batson Haines. The two released a tribute song for the victims of the Boston Marathon bomb-

ing and on Sunday they debuted a new tribute to the Make-A-Wish Foundation, titled simply, "Make A Wish."

The duo also had their latest CD and hats on sale during the performance and 50-percent of the proceeds from items purchased that night were donated to the organization.

Enjoying the food and entertainment were many local businesses who filled the large event room in support of the foundation. Among them were employees, representatives, friends

and families from Inn on Newfound Lake, Highland Lake Inn, Tilton AutoServ, Plymouth General Dentistry, Bank of New Hampshire, Franklin Savings Bank and Camaro Heaven.

Also in attendance was State Sen. Jeanie Forrester and representatives of Kelly Ayotte's office, who expressed her support to both the foundation and the children it serves.

For more information on New Hampshire Make-A-Wish, visit their Web site, www.nh.wish.org.

HONOR

CONTINUED FROM PAGE A1

Belanger has excelled in areas such as Field Training Officer, Drug Recognition Expert and K9 handler. In addition, Boulanger assists with fundraising for the community and was chosen by his peers and managers as the 2016 Kier Slater Officer of the Year for the Town of Belmont.

"Evan does an exceptional job for us, and he was my personal pick to be our K9 officer," said Lewandoski. "I couldn't ask for a better officer. He's also taken over for our involvement with Special Olympics and has spearheaded our National Night Out event, which grows bigger every year."

Officer Joe Marcello of Belmont also received numerous accolades from the chief in the same category in his role as a School Resource Officer for all four schools in the Shaker Regional School District. Marcello also serves as their Juvenile Prosecutor.

Throughout his career, Marcello has built strong community relations with both juveniles and adults through what Lewandoski said was his "kindness and sense of accountability."

"Joe took over our Explorer program and has done an exceptional job as well. He's well educated, disciplined and works with kids through Special Olympics, Nascar events, Old Home Day activities and programs all over the state, and they're all so happy to have him as their mentor," said Lewandoski.

Among the many programs he has assisted with, Marcello has also helped in providing equipment and training to keep his fellow officers safe, and hosted events like "Active Shooter Training" to keep everyone on top of protocols and procedures in the event of such an unanticipated occurrence in the area.

Also on hand that

night to celebrate their familiar heroes of the Belmont Police Department were children and administrators from Belmont Elementary School along with Explorers.

Tilton's Chief Cormier was then called upon to acknowledge his two recipients for the "Community Involvement" awards, but only one, Officer Richard Ort, was on hand for the presentation.

"We're also recognizing Officer Bill Patten, but he's in Texas right now to celebrate his son's graduation from the Air Force Academy," he announced to a round of applause.

Ort however, did receive his award that night, where he was thanked for his own role in the leadership of a busy Tilton Police Explorer organization. In just two years since his hire on to Tilton Police Department, Cormier's recommendation said Ort has grown their post to 18 members between the ages of 14 and 20. Those members can be seen throughout the year working in a number of capacities, from assistance in community and fundraising events to traffic control and parking oversight in the downtown sector, to name just a few.

"The Explorer Program is a full time job, 24/7, and Rich lives and breathes for this post," Cormier said. "Whatever the community needs for help, his explorers show up and take care of it."

Celebrating his commitment to the town that night were the Tilton Police Explorers and Selectman Pat Consentino, who said she was also very proud Ort's work in the community.

"His explorers have pitched in and helped with installing and removing air conditioners for the seniors, volunteered at the senior center...the list is just endless. They've been a tremendous asset to our town," she said.

Besides honoring police officers, a "Lifetime

Achievement Award" was presented to Aghbar, the beloved K9 for the Town of Gilford who recently passed away after nine years of dedicated service to not only Gilford, but many of the

surrounding towns who requested his skills.

"This has all just been our way of saying thank you to our public servants and giving back to the communities," Peter Napoli said.

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This exhibition is supported by the Henry Melville Fuller Exhibition Fund, the Kimon S. & Anne C. Zachos Exhibition Fund, the Robert & Dorothy Goldberg Charitable Foundation, Harold Janeway, the Jack & Dorothy Byrne Foundation and the Susan E. Stricker Exhibition Fund. Image credit: John Frederick Kensett (American, 1816-1872), Mount Washington from the Valley of Conway, 1851, Oil on canvas, 40 3/8 x 60 2/8 in., Davis Museum at Wellesley College, Wellesley, MA, Gift of Mr. and Mrs. James B. Munn (Ruth C. Harford, Class of 1909) in the name of the Class of 1909, 1977-77.

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Vintage car show returns to Canterbury Shaker Village Saturday

*White Mountain Region Chapter of MAFCA partners
with historic site to showcase autos from many eras*

CANTERBURY — Canterbury Shaker Village and the White Mountain Region Chapter of the Model A Ford Club of America will host a Vintage Car Show on the Village grounds on Saturday, Oct. 15 from 10 a.m. to 1 p.m. Spectators can admire automobiles from many eras, meet with the owners and other vintage car enthusiasts, shop for local handcrafts at the Museum Store and enjoy Village guided tours and exhibits, including the 2016 installation of Shaker Traditions: Contemporary Translations. Soups, salads, sandwiches and baked goods will be available for lunch at the Shaker Box Lunch & Farm Stand.

"Our longstanding partnership with the White Mountain Region Chapter of the Model A Ford Club of America honors the Shakers legacy of innovation," noted Funi Burdick, Executive Director. "Many do not know the Shakers were among the first in New Hampshire to own an automobile. Ever practical, the Shakers quickly embraced the value in new technologies and were often on the leading edge of change. The Vintage Car Show brings this aspect of the Shaker legacy to life."



COURTESY

Canterbury Shaker Village and the White Mountain Region Chapter of the Model A Ford Club of America will host a Vintage Car Show on the Village grounds on Saturday, Oct. 15 from 10 a.m. to 1 p.m.

The Vintage Car Show is free with the price of regular museum admission. Tickets can be purchased at www.shakers.org.

Canterbury Shaker Village is located at 288 Shaker Road in Canterbury, and is open daily for tours through Oct. 21. Other upcoming events at the Village include Ghost Encounters on Oct. 22 and Christmas at

Canterbury on Dec. 3 and 10. For a complete schedule of special events and workshops, please visit www.shakers.org.

About Canterbury Shaker Village

Canterbury Shaker Village is dedicated to preserving the 200-year Shaker legacy of innovative design, entrepreneurship and simple living by providing a place

for learning, reflection, and renewal of the human spirit. Visitors are encouraged to rethink tradition by learning about the life, ideals, values, and history of the Canterbury Shakers. The National Historic Landmark includes 25 restored original and

four reconstructed Shaker buildings, and 694 acres of forests, fields, gardens, nature trails, and mill ponds under permanent conservation easement. The Village cafe offers simple lunch fare and the Museum Store features unique gifts and wares hand-

made by regional artisans. Canterbury Shaker Village, located at 288 Shaker Road in Canterbury, New Hampshire, will be open daily in 2016 from May 14-Oct. 21 and weekends between Oct. 22 and Nov. 27. For more information, visit www.shakers.org.

Get to know Unitarian Universalism in Laconia this month

LACONIA — "Getting to Know Unitarian Universalism" Orientation Classes to begin on Oct. 16. Rev. Judith Wright will lead two classes this fall for anyone interested in finding out more about Unitarian Universalism and about the

Unitarian Universalist Society of Laconia, located at 172 Pleasant St, Laconia.

Both sessions will be an exploration of our faith, with the other class being held on Nov. 6. Both classes will begin at 11:30 a.m., and

will be held in the Alliance Room, which is the name of a room next to the sanctuary. Worship service begins at 10 a.m., followed by refreshments at 11 a.m., or simply attend the class. Call Rev. Judith Wright for more details, 524-6488.

Art Association announces free art winner for September

TILTON — Linda Fowler of Concord was the winner of the September Lakes Region Art Association (LRAA) Gallery free art drawing. The framed limited edition print, "Dark Red Beauties," was donated by artist and gallery member, Judy Palfrey.

Linda had been by the gallery several times and enjoyed visiting it as well as admiring the artwork in the windows.

She said, "It is nice to see local artists get the opportunity to promote their work in a setting like the mall."

She was glad to be able to stop by the day she signed up for the raffle, and even more pleased to receive a call saying she had won the piece of art donated by a person she knew. Linda and Judy worked for the Concord School District during the same period. Linda was an Administrative Assistant and Judy was a teacher for the Vocational Child Care Program. They have both since retired. They enjoyed being able to visit as well as discuss the gallery when Linda came to receive the artwork from the artist.

Judy Palfrey, the artist, has been painting for thirty years. She started painting in oils and changed to watercolor painting about twelve years ago. Judy's work is on exhibit at the gallery along with approximately 28 other exhibiting artists from



COURTESY

Artist Judy Palfrey, left, and Linda Fowler of Concord stand in front of Judy's exhibit panel at the LRAA Gallery, as she presents Linda with the limited edition print, "Dark Red Beauties," that she won in the September Free Art Drawing held by the Lakes Region Art Association.

the Lakes Region Art Association.

Artwork for the October art drawing has been donated by Marlene Witham of Sanbornton, another accomplished LRAA artist. The painting is an original acrylic titled, "River Pocks." Anyone interested in art, as well as a chance to win free art, should stop by the gallery to view Marlene's free artwork piece which is displayed in the window. Registration slips for the drawing are available at the gallery checkout counter; no purchase is necessary

to register. One registration per person, per drawing.

The Lakes Region Art Association Art Gallery, located in the Tanger Outlets (near the Customer Service office), is open Friday, Saturday and Sunday, 10 a.m. to 6 p.m. The Lakes Region Art Association (LRAA), founded in 1940, is a nonprofit group providing education and support to local artists, both amateur and professional, in the Lakes Region. For more information about the LRAA and the gallery, see www.lraanh.org.

Save the Date for our
50th 10/25/16
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Join Genesis Behavioral Health on Tuesday, October 25, 2016, 5:30pm for a Fundraising Dinner and Celebration at Church Landing, Meredith, NH

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LRPA's After Dark series celebrates Halloween with 1922's "Nosferatu"

LACONIA—Throughout October, join Lakes Region Public Access Television each Friday and Saturday night at 10:30 p.m. for a scary good time! "LRPA After Dark" celebrates Halloween with four

frightening films from Hollywood's past. This weekend (Oct. 14 & 15), we present 1922's silent horror masterpiece "Nosferatu," directed by F.W. Murnau and starring Max Schreck.

A loose adaptation of Bram Stoker's classic novel "Dracula," "Nosferatu" (brilliantly directed by F.W. Murnau and featuring an indelible performance by actor Max Schreck as the repulsive Count Orlok)

is considered a classic of the horror genre and perhaps the definitive example of German expressionist filmmaking, and was the original vampire movie. So grab your candy corn and join LRPA after dark for this chilling silent classic from the past.

Not a subscriber? Then log onto Live Stream through our website (www.lrpa.org) where you can catch all the fun.

About Lakes Region Public Access Television (LRPA)

Lakes Region Public Access Television (LRPA) is a nonprofit, noncommercial public access TV station and community media center located on the Laconia High School campus in Laconia. LRPA cablecasts locally on MetroCast Channel 24 (educational programming and public bulletin board), Channel 25 (information and entertainment) and Channel 26 (government meetings) to nearly 12,000 viewers in our member communities of Belmont, Gilford,

Laconia, Meredith and Northwood. Programming is produced by and for the people of the greater Lakes Region. LRPA's mission is to empower our community members to produce content that

- fosters free speech and the open exchange of ideas,
- encourages artistic and creative expression,
- promotes a well-informed public through governmental transparency, and
- unites our communities through the power of media and technology.

LRPA's slogan: Community empowered by media. Visit us on the Web at www.lrpa.org.

Gilmanton author to speak at GYRL

GILMANTON — Amy Gardner, local author and resident of Gilmanton, will be speaking at the Gilmanton Year-Round Library Oct. 15 at 1 p.m. She will be discussing her book "Disturbing the Universe," a compilation of short stories derived from her travels in Europe.

While attending school in Gilmanton and Gilford, Gardner developed a fascination and love of writing; filling notebooks with poetry, short stories, and novels. After graduating high school, Gardner went on to earn an English Degree from Smith College. While at Smith, she was fortunate to participate in the college's prestigious Junior Year Abroad program in Geneva, Switzerland. This experience fostered a love of travel and she made full use of Europe's convenient and



Amy Gardner

student-friendly transportation system. She immersed herself into as many cultures, languages and historic landmarks as could possibly fit into a year's worth of weekends and vacations. The stories in "Disturbing the Universe" were written shortly after Gardner's travels, and are loosely based on

the experiences of these journeys. She found the stories many years later on an old flash drive and published them, first as an eBook, and then as a paperback anthology. Gardner is now raising her family in Gilmanton and continues to pursue as many adventures as she possibly can.

Mark your calendars for these coming Halloween treats:

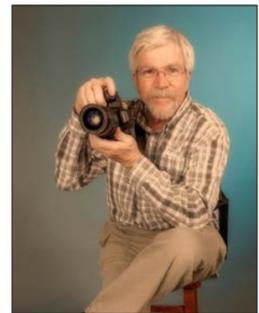
- Oct. 21 & 22: 1965's "Planet of the Vampires"
- Oct. 28 & 29: 1968's "Night of the Living Dead"

And join us for a Halloween marathon starting at 5 p.m. on Oct. 31!

You can't find television like this it anywhere but LRPA TV, MetroCast Channel 25.

Photographer Jay Fitzpatrick to speak at LRAA's October meeting

LACONIA — Every fine artist, whether professional or amateur, needs to look professional to attract the attention of customers. The best way to do this is to show your artwork so that it appears in its very best light through photographs. Whether you are showing your paintings online to a potential buyer or having prints of your best work made, getting the perfect photo with the right lighting takes practice and professional photographic skills.



Jay Fitzpatrick

cell phones, point-and-shoot cameras, and single-lens-reflex camera equipment will be included in the discussion. Fitzpatrick will bring sample prints that show techniques he has used to photograph artwork.

The Lakes Region Art Association's Oct. 17 meeting is held at 7 p.m. at the Woodside Building Conference Center at the Taylor Community, located at 435 Union Ave., Laconia. This event is free and open to the public.

proach, each of which requires different tools and techniques." A demonstration of how to best photograph original artwork using

Photographer and October speaker at the LRAA meeting, Jay Fitzpatrick, will discuss "Photographing Your Artwork." Although Fitzpatrick had an early interest in photography, he gave it up for more than 30 years, pursuing a career in Journalism. Then, six years ago, when he bought his first digital camera, his early love interest returned and he enrolled in classes at NHIA in Manchester with a goal towards creating art with his camera and learning digital processing skills.

At this meeting, Fitzpatrick will talk about "photographing your artwork using a 'good, better, best' ap-

Double headliner comedy night at Pitman's

LACONIA — The monthly comedy nights at Pitman's Freight Room (94 New Salem St.), returns Saturday, Oct. 15 at 8 p.m. with another double headliner event this time starring Mike Donovan and Paul Keenan as the main performers.

Tickets are \$15, and Pitman's, which is a bring your food and drinks venue, regularly fills the room for comedy, frequently pushing the limits of its capacity. The Oct. 15 show which stars Donovan and Keenan is expected to do the same as it has been more than two years since both performers have appeared at Pitman's.

"We look forward to the comedy nights," said Dick Mitchell, who owns and operates Pitman's along with his wife Connie. "We keep getting great responses from the people who attend saying how surprised they are at how good the show was. The comedians we bring in work Las Vegas and headline around New England. These are top comedians. Every month, there



Mike Donovan

are new people coming in who haven't been to a comedy night so even after four years, we are still in the process of putting the word out to the area that there is great comedy right in town."

As for the show, Donovan is a long time Boston comedy legend who is a regular in Las Vegas and Atlantic City, who has been seen on Showtime's "When Stand Up Stood Out," "The NESN Comedy All Stars," and has appeared at the top clubs around the country including Stitches, The Laugh Factory, Carolines, Mohegan Sun, and more.

Keenan is a Boston area headliner who, along with his comedy career, has recently been



Paul Keenan

seen in films and television. He is a regular at the New England Comedy Connections, and Boston area landmark comedy rooms such as Giggles, Kowloon, and Nicks, as well as Catch a Rising Star, the New York Comedy Club, Yuk Yuk's in Toronto and top room across the country.

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Bank of New Hampshire offers nine ways to avoid ransomware attacks

October is National Cybersecurity Awareness Month

LACONIA — Individuals and businesses have become targets to a growing online fraud scheme known as ransomware. Ransomware is a form of malware used by cyber criminals to freeze your computer or mobile device, steal your data and demand a “ransom” — typically anywhere from a couple of hundred to thousands of dollars — be paid. Ransomware poses great risks to individual computers or laptops, enterprise networks and servers used by government agencies, financial institutions and healthcare providers.

In recognition of October as National Cybersecurity Awareness Month, Bank of New Hampshire is highlighting nine tips for consumers and businesses to exercise to thwart ransomware attacks.

Tips for consumers:

Don't click. Visiting unsafe, suspicious or fake websites can lead to the intrusion of malware. Be cautious when opening e-mails or at-

tachments you don't recognize even if the message comes from someone in your contact list.

Always back up your files. By maintaining offline copies of your personal information, ransomware scams will have a limited impact on you. If targeted, you will be less inclined to take heed to threats posed by cyber criminals.

Keep your computers and mobile devices up to date. Having the latest security software, Web browser and operating system are the best defenses against viruses, malware, and other online threats. Turn on automatic updates so you receive the newest fixes as they become available.

Enable popup blockers. To prevent popups, turn on popup blockers to avert unwanted ads, popups or browser malware from constantly appearing on your computer screen.

Tips for businesses:

Educate your employees. Employees can serve as a first line of

defense to combat online threats and can actively help stop malware from infiltrating the organization's system. A strong security program paired with employee education about the warning signs, safe practices, and responses aid tremendously in preventing these threats.

Manage the use of privileged accounts. Restrict users' ability to install and run software applications on network devices, in an effort to limit your networks ex-

posure to malware.

Employ a data backup and recovery plan for all critical information. Backups are essential for lessening the impact of potential malware threats. Store the data in a separate device or offline in order to access it in the event of a ransomware attack.

Make sure all business devices are up to date. Ensure antivirus and anti-malware solutions are set to automatically update and conduct regular scans so that

your operating systems operate efficiently.

Contact your local FBI field office immediately to report a ransomware event and request assistance. Visit <https://www.fbi.gov/contact-us/field> to locate the office nearest you.

For more information on cyber security, visit www.banknh.com/security-center.

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Taylor Community hosting “Discovering New Hampshire” lecture

LACONIA — Elizabeth Dubrulle will present a program on Discovering New Hampshire, an overview of New Hampshire history, at Taylor Community's Woodside Building, Monday,

Oct. 24 at 2 p.m. The event is free and open to the public.

Dubrulle is director of Education and Public Programs for the New Hampshire Historical Society. She is also managing editor

of the society's publication, “Historical New Hampshire.”

Taylor Community is a not-for-profit Continuing Care Retirement Community whose mission is to provide the highest

quality retirement living options to support the independence, health and dignity of community residents. For more information, visit www.taylorcommunity.org.

Bingo fundraiser to benefit Belmont High PTO

BELMONT — The Belmont High School PTO will benefit from a Vendor Bingo fundraising event on Tuesday, Oct. 18 at 6 p.m. at the VFW in Laconia (143 Court St.). This event is hosted by the “Give Back Divas” and open to the public.

The “Give Back Di-

vas” are a group of vendors who host monthly bingo events to benefit local groups such as school PTOs. A \$10 donation at the door will cover your bingo cards for the evening. Funds raised will be used to support programs for students, parents and staff at Belmont High

School. BHS PTO hosts “It Takes a Village” drug awareness events as part of their mission. Doors open at 6 p.m., and games start at 6:30 p.m. Ten different vendors will each host a bingo game with one of their products as the prize. Some vendors will have cash and

carry items and/or you can book a party. Vendors vary each month. Light refreshments will be served. This event can be viewed and shared using the following link:

<https://www.facebook.com/events/146491162477434/>.

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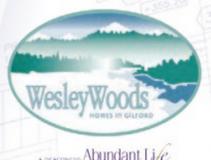
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Left to right: Vinny Benincasa-NHESGR, NH Employer Support of the Guard and Reserve Chair Dave Quinn, Lauren O'Reilly, Dwayne Oothoudt co-owner/administrator, Lori Oothoudt-co-owner/office manager, Connor Brough, Harry Accornero & Bruce Thompson-NHESGR recently held a ribbon cutting with the support of the Lakes Region Chamber of Commerce.

Lakes Region Chamber Announces new business - Generations Therapy and Care Provider Services focusing on veterans

Tilton, NH (10/6/2016)... Generations Therapy and Care Provider Services, a veteran owned company, is having a grand opening celebration on Thursday, Oct. 13 from 1 to 6 p.m. in their new location at Riverfront Place, 322 W. Main St., Suite 151 in Tilton.

Dwayne Oothoudt, a

disabled veteran and a registered occupational therapist, said “Answering the call to assist our veterans has been the foundation of our clinic. Giving back to those who have given so much is what motivates us. The option of a local, veteran owned and operated clinic, builds the bonds necessary for quality therapy and emphasizes the strength of community. Consistency in care and in your care providers is a quality we are very proud of. With the increased need for veteran's services, Generations is answering the call to provide quality therapy and home care services throughout our Lakes

Region communities.” Generations Therapy and Care Provider Services provide quality outpatient therapy services and non-medical care provider services to the members of our community including local veterans who seek to utilize their Veterans Choice (VCP) benefits. The scope of services includes Occupational and Physical Therapy, Community Therapy, Home Care and Alzheimer's/Dementia Training. All services utilize evidenced based approaches for optimal recovery and independence of our patients.

The Open House is an opportunity to meet the team and learn first-

hand how choosing the right therapy team can make the difference in recovery. Learn how occupational therapists assist in bathing/dressing, self-feeding, community mobility and engaging in leisure activities. Our physical therapists are experts on post-surgical recovery, neurological disorders, pain management, and concussion recovery. Refreshments will be provided as well as many hands on opportunities to test out a variety of equipment. For more information about Generations Therapy and Care Provider Services, call 729-0056 or online at <http://generations-therapy.org/>.



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If you have furniture you would like to consign, please send us a photo which clearly shows your pieces: hilltopconsignmentgallery@comcast.net. We are always looking for interesting decorative items which add so much to the warmth of a room.

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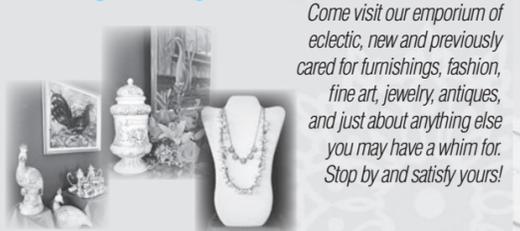


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SPORTS

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JEFF LAJOIE

Winnisquam's Caleb Kuczowski fires a putt from just off the green at Waukegan Golf Club's ninth hole during the NHIAA Division III state championship on Oct. 6.



JEFF LAJOIE

Ethan Bryson of Winnisquam chips onto the green at No. 16 in state championship play last week.

Antonucci, Hunt pace locals at D-III championship

BY JEFF LAJOIE

jjlajoie@salmonpress.com

CENTER HARBOR – For four years, Nicole Antonucci and Trevor Hunt called each other golfing buddies. It was only appropriate that

the Belmont High School duo closed out their careers as the team's representatives at the NHIAA Division III state championship last week.

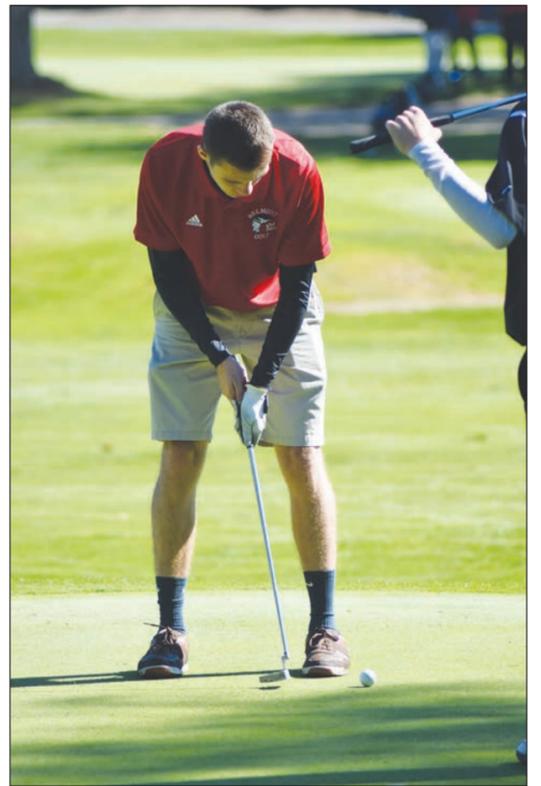
Antonucci paced the locals in competition at

Waukegan Golf Club, where she carded a round of 85 to finish in a tie for 11th place overall on Oct. 6. Fellow senior Hunt fired a 92 to earn a share of 30th place.

"We've been best golf buddies for so long, I'm glad we got to play together one last time," said Hunt, who shot a 45 on the front nine and 47

on the back. He also recorded a birdie on No. 4.

Antonucci actually qualified right on the number for the individual portion of the championship two days later back at Waukegan. But the rules for the individual tournament call for an all boys event, with the girls playing a separate championship earlier



JEFF LAJOIE

Belmont senior Trevor Hunt taps in a putt on the 16th hole at Waukegan Golf Club during D-III state championship action last week.

er this fall.

"I definitely wanted to break 90," said Antonucci of her goal on the day. "My putting was pretty good and I had a few chips that went pretty close to the hole. I mostly played bogey golf, which is usually how I play."

Antonucci had a pair of double bogeys but

played steady throughout her round. She parred the difficult eighth hole, which features a two-tiered green in her final high school appearance.

"It's weird to think about being one-third done with my senior year of sports," said Antonucci, who also plays basketball and softball. "And playing and finishing with Trevor... we've helped each other for four years on the course."

Winnisquam, which finished 2-19 in the regular season, had two players compete at the state meet. Ethan Bryson, who was paired in a group with Hunt, tied for 48th with a round of 101, while Caleb Kuczowski tied for 55th position with a round of 105.

Hunt, who shot an identical round of 92 a year ago as a junior, used his length to get in scoring position on a few holes, though the short course at Waukegan made for some tricky yardages.

"Most of the season, I've had trouble off the tee and success on the greens," explained Hunt.

SEE GOLF, PAGE B5

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JEFF LAJOIE
Winnisquam's Kaylee Tierney controls possession of the ball in the first half of the visiting Bears' 0-0 draw with Gilford last week in Division III action.



JEFF LAJOIE
Sam Wood of Winnisquam looks to clear the ball out of the defensive zone in her team's 0-0 draw with Gilford.

Bears, Eagles settle for 0-0 draw

BY JEFF LAJOIE

jlajoie@salmonpress.com

GILFORD – Seemingly every year, the games between the Gilford High School and Winnisquam Regional High School field hockey teams prove dynamite. That was indeed the case again last week, as the two teams were unable to solve defensive equations en route to a 0-0 draw in a key NHIAA Division III matchup on Oct. 5.

“Over the last three-plus years, these have always been very good games,” said Gilford head coach Dave Rogacki. “It’s two very good teams that play at a fast pace and you come to expect close ones. There were times that both teams controlled the ball and I thought we had plenty of opportunities, especially in overtime, to score. But we just couldn’t convert.”

Winnisquam head coach Cherie Snow said a nip and tuck contest was exactly what she expected from the defending state runner-up Eagles.

“There are certain teams that I always expect good competition from and Gilford is one of them,” she explained. “They definitely stay right on you the whole game and force you to play well if you want to have a chance against them. I’m very pleased with how this team is playing right now.”

The teams played a scoreless 60 minutes, forcing a 15-minute, 7 on 7 overtime session. The Eagles earned the first penalty corner of the frame, and they wound up with a 12-2 edge in the category. But Winnisquam’s defense, buoyed by the play of junior goalkeeper Riley Toupin, held strong, and the Bears used their transition game to nearly win the game at the other end. Speedster Emily Decormier took possession and charged up the left side, looking very



JEFF LAJOIE
Winnisquam's Ema Atherton reaches to get to the ball before a Gilford defender in 0-0 action on Oct. 5.

much like a threat until Gilford freshman defender Randi Byers saved the day at the last minute.

“Toupin is a very, very good goalie and

you have to go to her and change sides to try and get her to move,” said Rogacki. “We weren’t able to do that enough. I think we have the people who under-

stand how to play the field in overtime situations, but we had to do a better job going side to side.”

Rogacki lauded the play of Gilford’s Jillian

Lachapelle and Winnisquam’s Makenzie Snow. The pair were consistently around the ball, battling in many one-on-one situations. The duo are amongst

the most highly-skilled players in Division III.

“It was almost like they were playing each other out there at times,” Rogacki said.

Winnisquam entered on a three-game winning streak, and it was the fourth tilt in a row that the Bears did not allow a goal. Snow said the squad has continued to improve throughout the season despite some difficulties.

“We’ve had a lot of setbacks this year; we’ve been dealing with a lot,” Snow offered. “But we’ve really been pushing communication and support on the field. We just need to continue to improve and build going into the tournament.”

Rogacki said the play of Julie Auld was a boost in the midfield, as she returned to action after sitting out three weeks with a back injury.

“This was her best game of the year,” Rogacki said.

Big weekend for Tilton School

TILTON – It was a wonderful day to play a game of field hockey in front of parents, grandparents, and friends of Ram Nation on Saturday, as the Tilton School field hockey team picked up a 3-1 win over Proctor Academy.

Tilton came out strong and scored two goals within the first eight minutes of the game. Both goals were assisted by Tia Raspante, and they were scored by Kaitlin Bardellini and Kirsten Chandonnet to put the Rams ahead 2-0.

Proctor was able to find the back of the net off of a corner with 2:15 to go in the half, however Tilton was not done, and again Bardellini took a beautiful shot from the right side of the circle to put the Rams up 3-1 going into the half.

During the second half, Tilton’s defense and

midfield stayed strong as Shannon Colbert, Kaitlyn Hess and Morgan LeBaron all had fantastic games for the Rams.

Football

Tilton School 34, Portsmouth Abbey 12

The Rams improved to 3-0 with a 34-12 win over Portsmouth Abbey on Saturday.

Sam Foley threw for 282 yards and three TDs to Brandon Wills (10-yard), Spencer Albright (four-yard) and Darian

Davis (20-yard), and he also scored on a three-yard run. Davis also scored on a two-yard run and had 11 receptions for 122 yards, while Josh Jones had eight catches for 93 yards. Charles Wong kicked four extra points for Tilton.

Boys’ soccer

Tilton School 3, Proctor Academy 2

The Rams hosted Proctor Academy and came away with a 3-2 win on a late header by Tom-

my Wendt on Saturday.

Junior forward Owen McCuin opened the scoring in the 30th minute when he sliced through the Proctor defense and rifled home a shot. Tilton kept the 1-0 lead until the 75th minute when the visitors equalized off a corner kick. Wendt then took a cross from the end line and knocked in his first goal of the game and the Rams regained the lead at 2-1.

Proctor found the Rams’ Achilles’ heel on

the day and scored off another corner a few minutes later, but with the score line at 2-2, the teams went back and forth until Wendt took another cross and planted an accurate header into the back of the net for the 3-2 win.

Defenders Matt Baronas, Ryan Waring, Grayson Goulet and Trevor Frederick held strong in the last few minutes to help Tilton bring home the win.

Raiders split pair

BY JEFF LAJOIE

jlajoie@salmonpress.com

BELMONT – A week-ending loss to old nemesis Sanborn was a disappointment for the Belmont High School boys’ soccer

team, though the Red Raiders picked up 6-0 victory over local foe Winnisquam earlier in the week. Belmont enter this week’s slate of games with a 9-3-1 overall mark.

In the win over the Bears, Logan Wilder

scored two goals and added an assist, as Belmont held Winnisquam without a shot on goal in the win. Colby Brown also added a goal and an assist, while River Mathieu, Cole Contigiani, and Max Schott also tallied. Doug Price

notched a pair of assists while Nolan Gagnon also registered a helper.

Belmont has just one game on the docket this week, but it’s a huge tilt against perennial power Hopkinton (10-2) on Friday afternoon on the road.

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JEFF LAJOIE

Belmont's Alice Riley points to the finish line in encouragement of teammate Betsey Lowe during the annual Belmont 'Jeri Blair' Invitational on Friday afternoon. Riley led the Red Raiders with a third place finish on the day.



JEFF LAJOIE

Aidan Rupp of Belmont moves around the track en route to the final straightaway in Friday's Belmont Invitational.

Riley takes third in annual Belmont Invitational

BY JEFF LAJOIE

jjajoie@salmonpress.com

BELMONT – Some of the top competitors in New Hampshire were on hand for the annual Belmont 'Jeri Blair' Invitational on Friday, as the Lakes Region schools competed with a large field on a seasonably warm day at Belmont High School.

In the boys' race, Monadnock captured the team title with 65 points, ahead of runner-up Kearsarge (79) and third-place Mascenic (107). Moultonborough Academy was the top local side with a fifth place finish (193), while host Belmont took seventh overall with 257 points. Gilford (12th, 269), Inter-Lakes (14th, 311) and Winnisquam (15th, 364) rounded out the local sides.

The girls' race was won by Division II power Hanover, which dominated en route to a first place finish with 34 points. Monadnock was second with 117 points, followed by Kearsarge in third position with 148 points. Moultonborough nabbed sixth place as the top local team (183 points), followed by Belmont (11th, 277) and Inter-Lakes (13th, 296). Neither Gilford or Winnisquam had enough runners to figure into the team standings.

Belmont sophomore Alice Riley was quite impressive in the girls' race, where she finished

behind just two runners – both D-II harriers from Hanover. Riley ran to a third-place finish with a time of 20:40, leading the way for a Red Raiders team that had three runners in the top 40.

Teammates Alexis Day (28th, 23:30) and Makayla Palmer (39th, 24:14) also ran well, while Betsey Lowe (110th, 29:55) and Abby Camire (128th, 32:42) were the other Raider scorers.

Nick Randos joined Riley as top 10 finishers for Belmont, as he ran to a ninth place showing in the boys' race on the strength of a time of 17:58.

Next came Ian Remenar in 23rd position (18:39), followed by fellow scorers Isaiah Knowlton (46th, 19:37), Aidan Rupp (61st, 20:13) and Adam Sojka (156th, 23:15). Winnisquam's Kyle Mann continued his fine season by taking 14th overall (18:08), followed by teammates Nathan Houghton (55th, 20:06), Tyler Mann (81st, 21:06), Jack Richard (109th, 21:46) and John Swain (159th, 23:34).

The girls' team was paced by Jasmine Piper, who ran hard down the home stretch to get past a runner at the tape and earn a 54th place finish in 25:35. Also running for the Bears on the day were Hannah Swain (81st, 26:56) and Cassie Caron (121st, 31:48).

The Golden Eagles



JEFF LAJOIE

Jasmine Piper of Winnisquam sprints past Monadnock's Megan Ouellette as she watches helplessly in the final meters of Friday's Belmont Invitational.

had four runners finish in the top 50 overall, led by Josh Valentine's 32nd place showing with a time of 19:15. Teammate Mark Young was close behind in 35th position, crossing in 19:20.

In the girls' race, twins Madison and Elizabeth Relf also cracked the top 50. Madison was first for Gilford in 34th place overall (23:53), while Elizabeth was next in 40th position (24:18).

Gilford's Eddie Demers was his team's third scorer by taking 64th overall in 20:22, while Michael Wernig

(70th, 20:41) and Matthew McDonough (74th, 20:51) were the team's other scorers.

Behind the Relf twins, Gilford's Chloe Schwartz (60th, 25:45) and Natalie Fraser (76th, 26:46) also competed well on the day.

With high finishers in both races, Moultonborough again showed why it will undoubtedly be in the mix come Division III championship time. In the boys' race, junior Tyler McLaughlin ran to a fifth place finish with a time of 17:47, while older brother Dylan McLaugh-



JEFF LAJOIE

Winnisquam's Kyle Mann runs in the middle of a pack during Friday's Belmont Invitational.

lin, a senior, nabbed 12th overall in 18:06.

Also scoring for the Panthers were Jack Fogarty (48th, 19:49), Seamus Gleeson (54th, 20:05), and Alex Bassett (79th, 21:01).

Not to be outdone, MA was right in the mix on the girls' side thanks to a sixth place finish from top runner Sare Campbell. Her time of 21:32 led the way for a balanced Panther lineup, which also featured Kelsey Mako (27th, 23:30), Erin Hurley (51st, 25:13), Ella Morse (52nd, 25:14) and Becky Velie (53rd, 25:24).

Ian Daly was the top finisher for Inter-Lakes

on Friday, as he cracked the top 20 with a 19th place finish in 18:19. Davis Jollimore was next across the line for the Lakers in 44th place (19:35), while others scorers included Sam Seeley (68th, 20:35), Steven Bean (72nd, 20:48) and Clayton Hornkohl (22:47).

Freshman Maya Weil-Coolley again led the I-L girls' team with a 22nd place finish (22:57), while Willow Strother (65th, 26:13), Juliette Bean (70th, 26:30), Kaitlin Gable (72nd, 26:33) and Bailey Frizzel (92nd, 27:59) were the other scorers in the girls' race.

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RC GREENWOOD

Gilford-Belmont's Dom Troiano tries to maneuver past a pair of Plymouth defenders during the visiting Golden Eagles' 49-18 loss in Division II North Conference action on Saturday. Troiano accounted for 140 receiving yards and hauled in a pair of touchdowns in the loss.



RC GREENWOOD

Nick Sasseville follows the blocking of Pierce Brown for Gilford-Belmont in its 49-18 loss to host Plymouth on Saturday.

Eagles score season-high 18 points in loss to undefeated Plymouth

BY JEFF LAJOIE
jlajoie@salmonpress.com

PLYMOUTH – On the strength of a dominating ground game, the Plymouth Regional High

School football team rushed for 321 yards to power past visiting Gilford-Belmont, 49-18, in Division II action on Saturday afternoon.

Plymouth's Garrett Macomber rushed for 278 yards on 13 carries and scored three touchdowns, while quarterback Brandon Roy added

a touchdown toss for the Bobcats.

Plymouth led 15-0 before Gilford-Belmont got on the board in the first quarter. Joe Bonnell

scampered into the end zone from 23 yards out, cutting the deficit to 15-6.

The Golden Eagles added one more score before halftime, when quarterback Braedon Lacroix connected with Dom Troiano on a 16-yard TD toss, pulling G-B within 36-12 at intermission.

Plymouth (6-0) put the game out of reach in the third quarter, taking a commanding 49-12 advantage before Troiano hauled in his second TD of the game in the fourth,

this one a 32-yard reception from Lacroix to account for the 49-18 final.

Gilford-Belmont (0-6) rushed for 103 yards on the ground in the loss, with Bonnell doing the majority of the work. Lacroix threw for 170 yards and two touchdowns to Troiano, who totaled 140 receiving yards.

The Golden Eagles, who scored a season-high in points in the loss, return home this weekend to host Pembroke (1-5) on Saturday at the Meadows.

WINNISQUAM REGIONAL HIGH SCHOOL SPORTS SCHEDULE

Thursday, October 13

UNIFIED SOCCER
Winnisquam at Inter-Lakes/Moultonborough, 3:30 p.m.

Friday, October 14

BOYS SOCCER
Winnisquam at Masenic, 4 p.m.
FIELD HOCKEY
Pelham at Winnisquam, 4 p.m.

CROSS COUNTRY
Winnisquam, Inter-Lakes, Belmont, Moultonborough at Gilford, Central Lakes Invitational, 4 p.m.
VOLLEYBALL
Winnisquam at Sunapee, 6:30 p.m.

Saturday, October 15
FOOTBALL
Farmington-Nute at Winnisquam, 1:30 p.m.

Monday, October 17
VOLLEYBALL
Stevens at Winnisquam, 6:30 p.m.

Tuesday, October 18
BOYS SOCCER
Gilford at Winnisquam, 3:30 p.m.

Wednesday, October 19
FIELD HOCKEY
Division III preliminary round, 3 p.m.
VOLLEYBALL
Winnisquam at Inter-Lakes, 5:45 p.m.

Thursday, October 20
BOYS SOCCER
Winnisquam at Fall Mountain, 6 p.m.
CROSS COUNTRY
Gilford, Winnisquam, Inter-Lakes, Belmont at Merrimack Valley, Capital Area Championships, 4 p.m.

BELMONT HIGH SCHOOL SPORTS SCHEDULE

Friday, October 14
BOYS SOCCER
Belmont at Hopkinton, 4 p.m.

GIRLS SOCCER
Belmont at Prospect Mountain, 4 p.m.

CROSS COUNTRY
Winnisquam, Inter-Lakes, Belmont, Moultonborough at Gilford, Central Lakes Invitational, 4 p.m.

VOLLEYBALL
Prospect Mountain at Belmont, 6 p.m.

Saturday, October 15
FOOTBALL
Pembroke at Gilford-Belmont, 1:30 p.m.

Monday, October 17
VOLLEYBALL
Trinity at Belmont, 6 p.m.

GIRLS SOCCER
Belmont at Berlin, 3:30 p.m.

Tuesday, October 18
BOYS SOCCER
Inter-Lakes at Belmont, 3:30 p.m.

Wednesday, October 19
VOLLEYBALL
Belmont at Prospect Mountain, 6 p.m.

Thursday, October 20
CROSS COUNTRY
Gilford, Winnisquam, Inter-Lakes, Belmont at Merrimack Valley, Capital Area Championships, 4 p.m.

SEE SCHEDULE, PAGE B5

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Bears drop first match, edged by Moultonborough

BY JEFF LAJOIE

MOULTONBOROUGH – Less than two weeks after suffering its first loss of the season at the hands of Winnisquam, the Moultonborough Academy volleyball team turned the tides in the rematch on Oct. 3. The host Panthers exacted a bit of revenge, ending the Bears' undefeated start to 2016 with a thrilling 25-22, 25-23, 22-25, 20-25, 15-12 victory in NHIAA Division III play.

“Knocking off an undefeated team, a very good team, will hopefully give us some momentum going forward through the rest of the season,” said MA head coach Cori Schult, whose team rebounded from a four set loss in Tilton back in late September.

Winnisquam dropped its first match of the season after a 9-0 start. Head coach Mike Livernois' young team, which features a core of starting sophomores, fought back from a 2-0 deficit before ultimately falling short in the fifth frame.

“We had a lead in game two (22-19) and didn't finish and that's on us,” said Livernois. “We made too many mistakes. And so now you're down 2-0 and you never want to play a game five against a good team. It's too short and one mistake here or there and it's over. This was a good lesson for the girls.”

Moultonborough jumped out to quick leads in both the first and second sets, but Winnisquam battled back for tight finishes. In the first frame, the Panthers scored four of the final five points, with senior Brianna Lear putting down a kill for a 25-22 win. In the second, MA rallied from a 22-19 deficit, using the serving of Jillian Tatro along with



JEFF LAJOIE

Sophomore Shannon Goodwin tries to make a block on a Moultonborough hit in the first set of the Bears' 3-2 loss on Oct. 3.

a kill from Alexa Price and a block from Lear to ultimately snatch a 25-23 win for a commanding 2-0 lead in the match.

“Being able to switch between two different defenses, that gave us some options and a Plan B for when things weren't going well and I think we were able to keep (Winnisquam) off balance a bit,” Schult explained.

The Bears settled in for what would be a long night in the third, as freshman Meghan Harmon came through with some clutch plays at the net. Her block put Winnisquam up 23-17, and the squad eventually held on when Harmon added a kill for a 25-22 win.

Rebecca Persson's strong serving late in the fourth game, combined with a block from Nicole Matcheski and a kill from Aubrey St. Onge were plenty for the Bears to secure back-to-back victories. Winnisquam came all the way back to force the winner-take-all fifth game with a 25-20 triumph.

The final stanza fea-

ured runs from both sides, as MA used a 4-0 spree to take a 6-3 lead before Winnisquam answered with a 5-0 run and an 8-6 advantage.

Trailing 10-8 after a Matcheski kill, Moultonborough added a 4-0 run behind a kill and block from Brianna Lear along with a kill from Jess Lear. With the contested knotted at 12-12, the Panthers dug deep one final time on their home floor. Brianna Lear put down a kill, and Price added back-to-back kills, including a tip kill on match point to secure the 15-12 win.

“They fought through it and showed some growth so I was proud of the girls coming back and getting that win,” Schult said.



JEFF LAJOIE

Winnisquam senior outside hitter Nicole Matcheski fires the ball past Moultonborough's Brianna Lear in the visiting Bears' 3-2 loss on the road last week.

It was the first five set match for the Bears this season, as they'd rarely been tested in the month of September.

“We didn't really have a good passing night and Moultonborough served the ball pretty well which forced us into trouble with our passing and offense,” Livernois admitted. “But let's be honest, one loss for this team doesn't hurt us all that much going forward. We didn't expect to be undefeated this year.”

Moultonborough had three players finish in double figures with kills, as Megan Duddy (13 kills), Price (10) and Brianna Lear (10) all performed well offensively. The back row was powered by junior libero Carlee Morgan (29 digs), while Maddie Perrotti tossed in four aces. Jess Lear had a huge night, as the sophomore setter

dished out 39 assists and added five aces.

“Jess did a wonderful job spreading the ball around,” lauded Schult, whose team finished with 46 kills compared to 22 errors. “One of our goals was to establish the middle and we did a nice job of that.”

Matcheski led the Winnisquam offense with 15 kills to go with 20 digs, while sophomore Shannon Goodwin (11 kills, 18 digs), Harmon (six kills, four blocks) and Madisyn Skeats (six kills, 13 digs, two blocks) were all busy offensively. Talia DeBlasie registered 33 assists and five kills, while St. Onge had 23 digs, five assists and three aces. Kerry Boyle added eight digs out of the back row.

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SCHEDULE

CONTINUED FROM PAGE B4

Friday, October 21

FOOTBALL

Gilford-Belmont at Merrimack Valley, 6 p.m.

GIRLS SOCCER

Somersworth at Belmont, 4 p.m.

BOYS SOCCER

Belmont at Raymond, 6 p.m.

VOLLEYBALL

Franklin at Belmont, 6 p.m.



GOLF

CONTINUED FROM PAGE B1

“Today was actually the opposite. Some of the short par fours, I drove the ball around the greens but I couldn't take advantage. I had a lot of half and three-quarter swing shots and that didn't go all that well for me.”

The Raiders finished 8-18 on the season, good enough for 12th in the D-III standings. The top seven teams qualified

for the state tournament, meaning Belmont was able to just send two players – same as Winnisquam. BHS head coach Kevin Charleston went with his top two scorers from the season, and the senior duo performed up to the task at Waukegan.

“It was a great way to end the year,” Antonucci said.

Bow High School captured its fifth consecutive title on the day, holding off runner-up Lebanon and third-place Derryfield.

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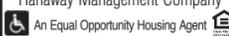
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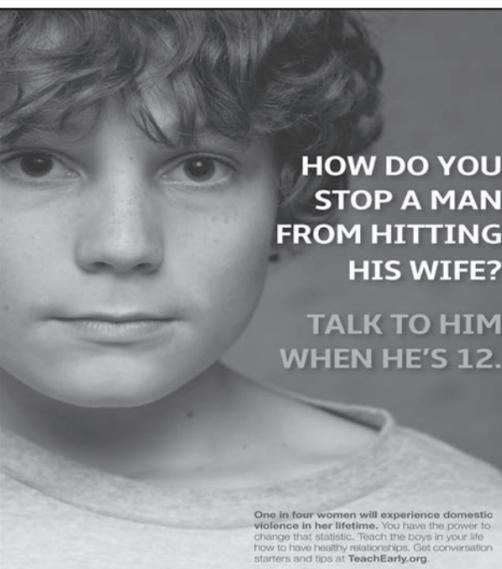
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(3) FORECLOSURE SALES AT PUBLIC AUCTION

(3) Convenience Store/Gas Station/Car Wash Properties in New Hampton, Ashland & Plymouth, NH

TUESDAY, NOVEMBER 1 BEGINNING @ 10:30 AM
— Each property to be sold from its respective address —

■ **Sale #1 @ 10:30 AM - 309 Route 104, New Hampton, NH Convenience Store/Gas Station/Car Wash Just off I-93**
ID #16-290 • New Hampton Convenience is located on a MU, Mixed-Use zoned 2.05± acre lot along heavily traveled Route 104, just .1 mile from I-93 exit 23 • Great visibility & average daily traffic count of 12,000 • 4,032± SF, 1-story wood frame convenience store/fuel sales facility built in 2008 features FHA/gas heat, central AC & ample parking • 2,928± SF canopy with 5 double-sided gas pumps • Detached 864± SF wood frame, 1-tunnel car wash built in 2008 • Prime Lakes Region location! • Tax Map R4, Lot 92. Assessed value: \$1,364,450. 2015 taxes: \$24,819. Mortgage Ref: Belknap County Registry of Deeds Book 2775, Page 408. This is a 3rd mortgage.



■ **Sale #2 @ 1:00 PM - 162 Main St., Rte. US3/NH25, Ashland, NH Convenience Store/Gas Station/Car Wash Just off I-93**
ID #16-291 • Prime Mixed-Use property located on a CM, Commercial zoned 1± acre site along Route US3/NH25, just .1 mile off I-93 exit 24 • Excellent visibility & average daily traffic count of 8,600 • 1,884± SF, 1-story convenience store built in 1970 also used for fuel sales features FHA/gas heat & central AC • 1,040± SF, 1-tunnel touch-free car wash • 42' x 24' canopy (pump island is currently under construction) • Ample parking, public water & sewer • Great retail location along heavily traveled road leading to center of town & Squam Lakes! • Tax Map 4, Lot 2-26. Assessed value: \$885,250. 2015 taxes: \$22,105. Mortgage Ref: Grafton County Registry of Deeds Book 3885, Page 128. This is a 3rd mortgage.



■ **Sale #3 @ 3:00 PM - 374 Tenney Mountain Hwy., Plymouth, NH Convenience Store/Gas Station/Car Wash on Busy Rte. 3A/25**
ID #16-292 • Plymouth Convenience/Tenney Mountain Car Wash are located on 2 lots totaling 9.06± acres along heavily traveled Route 3A/25 in the White Mountains Region • Excellent visibility & average daily traffic count of 12,000 • 1,792± SF, 1-story convenience store built in 2001 features FHA/gas heat, central AC, ample parking, well & septic system • 2 canopies - each with 2 double-sided gas pumps • 3,696± SF car wash built in 2001 features 2 automatic bays, 2 self-service bays, 5 vacuum islands, and town water • Zoning is Agricultural (convenience store) & Commercial Industrial (car wash) • Tax Map 212, Lots 49 & 50. Assessed value: \$1,415,900. 2015 taxes: \$34,605. Mortgage Ref: Grafton County Registry of Deeds Book 3885, Page 128. This is a 3rd mortgage.



Counsel: All sales per order of Mortgagee by its Attorneys: Myers Associates PLLC, Lebanon, NH; Howard B. Myers, Esq. **Terms for each sale:** \$10,000 deposit by cash or certified check to bid. An additional deposit to increase total deposit to 10% of bid price due within 10 business days. Balance of purchase price due within 45 days after the date of the sale. Other terms may be announced at time of sale. All information herein is believed but not warranted to be correct. The Mortgagee does not warrant the condition or existence of any feature described above.

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Resumes accepted no later than 4:00 pm, October 14, 2016. Please direct a cover letter, resume, salary history and requirements and at least five references to: Julie Atwell, Town Administrator, Town of Jackson, P.O. Box 268, Jackson, NH 03846 or Email: townadmin@jackson-nh.org

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Ellen Mulligan 603-387-0369



Moultonboro \$849,900 #4492978
VIEWS, VIEWS, VIEWS! Sunny, open and very cute home on an amazing Black Cat Island lot. Sit on your deck enjoy lake breezes & sunsets yr round with your westerly exposure. Large dock w/boatwater.
Ellen Mulligan 603-387-0369



Gilford, \$599,000 #4494035
Beautiful Colonial style home that has been beautifully updated and maintained on the interior of Governor's Island with access to all the amenities.
Susan Bradley 581-2810



Belmont \$425,000 #4511118
Affordable waterfront property with gradual sandy waterfront, beach and dock on Lake Winnisquam. Great rental potential.
Debbie Cotton 581-2883



Gilford, \$399,000 #4510745
Enjoy the magnificent views of Lake Winnisquam from the wrap around deck of this Chalet style home with private beach rights. Close to Gunstock.
Meagan Bowen 581-2845



Moultonboro, \$395,000 #4460444
Custom home with high ceilings filled with walls of windows and light. Crown molding, wood floors, open sun filled kitchen leading to the 3 season sunroom. Spacious first floor master.
Bob Williams 603-455-0275/Danielle McIntosh 603-393-5838



Sandwich \$389,000 #4601303
This property does not just look at the mountains, it is in the mountains, at the edge of 780,000 acres of the White Mountain National Forest on the side of Diamond Lodge.
Bill Richards 603-253-4345



Belmont \$379,000 #4481580
Waterfront! 2 homes on .76 acres with 229' of waterfront on Silver Lake. Home closest to the water was just built in 2005.
Shelly Brewer 581-2879



Sanbornton \$219,000 #4513980
This charming cape has been completely updated. Set on park like setting with mature landscaping, brook and new shed. Large heated 2 car garage freshly painted floor. Unfinished space above for future expansion possibilities.
Bob Williams 603-455-0275/Danielle McIntosh 603-393-5838



Tamworth \$214,900 #4450905
Well crafted Ranch in private setting. This home has something for everyone! 3-bedrooms, 2-baths, along unfinished basement for storage, easily accessed additionally by a bulk head. Covered front porch.
Linda Fields 603-244-6889



Sanbornton, \$175,000 #4493812
Delightful, cozy and comfortable Cape with seasonal views of Lake Winnisquam. Access to beautiful shared beach just a short walk away!
Robin Dionne 581-2867



North Sandwich, \$139,000 #4494371
This unique property has so much potential! There is a three room camp, a camper, a gazebo and a storage building. A nice level parcel that has trails and 245' of frontage on Cold River.
Kay Huston 603-387-3483



Tilton, \$104,000 #4477682
Updated Condo w/ dock on Lake Winnisquam. Low condo fees and great amenities include swim area, waterside deck and more.
Brenda Rowan 581-2829

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Tuftsboro, \$15,000 #4414972
Wooded Corner lot with access from two points either Aspen Dr. or Ridge Rd.; Beach Rights to Lower Beach Pond. A short walk to two Beaches and Tennis Court.
Adrien Labrie 603-455-5511

www.NewEnglandMoves.com

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- BEFORE YOU EAT ANYTHING
- AFTER SNEEZING, BLOWING YOUR NOSE, COUGHING, OR TOUCHING YOUR FACE
- AFTER PLAYING WITH TOYS USED BY OTHERS

HOW

- USE SOAP AND WARM WATER IF YOUR HANDS LOOK DIRTY
- USE WARM WATER AND SOAP
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New Hampshire Department of Health and Human Services
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OLD NH FISH and Game, ca. 1890, bearing laws, penalties and seasons on moose, caribou, furbearers, fish, etc. measures 12"x18"/ May be seen at the Coos County Democrat, 79 Main St., Lancaster, NH. Price, \$4; if mailed, \$8. Call 603-788-4939 or email lancoffice@salmonpress.com

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24/7

LOST STUFFED ANIMAL: Help! A visiting family has lost a very beloved member of their family! Their 4yr old daughter lost her stuffed puppy snowflake in the parking lot of the Inter-Lakes Junior High School. They were vacationing in Moultonborough and stopped in the parking lot to make sure all of their gear was tied down and he jumped (fell) out of the car! It happened yesterday, 9/21 around 4:30 near the entrance to the junior high. If found please contact the Meredith News at (603) 279-4516 and we will reach out to the family. Thank you!

LOST DOG!!

SHANE- Shetland Sheep Dog Lost on Bobby's Way and Hilliard Rd, Laconia NH on August 27, 2016. 9 year old male, very shy. Prefers women. **Please do not chase!** If sited in the area call 1855-639-5678. Not from the area- he slipped his collar upon arriving.

Thank-You

Thank you

for browsing

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www.RozzieMay.org 603-447-1373

General Help

Wanted

Carpenter- Foreman Wanted. Full time, year round position available for motivated and organized carpenter with experience. Competitive pay and benefits. Canaan, NH 603-523-4392

Office Manager for small plumbing business located in Moultonborough. Approximately 10 flexible hours per week with potential to work from home. If interested call Wendy at 603-393-8245

Part-Time Help Wanted

Sant Bani School seeks temporary (4-6 weeks) Minibus Driver for Franklin route. Start Date 10/31. CDL NOT required. Learn more by calling 934-4240 or on-line at http://www.santbani.org/contact_us/work_at_sant_bani/

The Town of Plymouth Highway Department is currently accepting applications for a highly motivated part-time employee, to work 32 hours per week as a sidewalk tractor operator. This is a supervised position, where you will also be required to do hand shoveling on sidewalks, walkways, and building entrances. This position requires you to work varied and sometimes long hours during adverse weather conditions, especially during snowstorms. This position is seasonal and runs from approximately October thru mid-April. The final candidate must pass a pre-employment drug and alcohol test and is subject to random drug and alcohol testing. Applications are available at either the Plymouth Town Hall (536-1731) from 8:00am until 4:00pm, or the Plymouth Highway Department (536-1623) from 7:30am until 3:30pm, Monday through Friday. To be considered, applicants must submit a completed Town application and resume, addressed to Joe Fagnant, Highway Manager, Town of Plymouth Highway Department, 6 Post Office Square, Plymouth, NH 03264. Applications will be accepted until a suitable candidate is appointed. The Town of Plymouth is an equal opportunity employer.

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Real Estate



Equal Housing Opportunity

All real estate advertising in this newspaper is subject to

The Federal Fair Housing Law which makes it illegal

"to make, print, or published any notice, statement, or advertisement, with respect to the sale, or rental of a dwelling that indicates any preference, limitation, or discrimination based on race, color, religion, sex, handicap, familial status or national origin, or an intention to make any such preference, limitation or discrimination." (The Fair Housing Act of 1968 at 42 U.S.C. 3604(c))

This paper will not knowingly accept any advertising which is in violation of the law. Our readers are hereby informed, that all dwellings advertised in this newspaper are available on an equal opportunity basis.

To complain of discrimination call

HUD toll free at

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For The Washington DC area, please call

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The toll free telephone number for the

hearing impaired is

1-800-927-9275.

You may also call

The New Hampshire

Commission for Human Rights

at 603-271-2767

or write

The Commission at

163 Loudon Road,

Concord, NH 03301

Neither the Publisher nor the advertiser will be liable for misinformation,

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Office space for rent in town Plymouth, Plymouth Professional Place. 4 rooms including large waiting area. Recently remodeled with plenty of parking, close to town Plymouth. \$600 per month. Call Russ 536-1422

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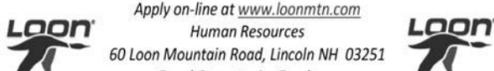
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Guest Services Representative
Full-time, seasonal position. Assist to deliver daily, morning meeting guest service topics. Assist with New Hire Orientations, quality audit walkthroughs and guest service surveys.

Maintenance Center Administrative Assistant:
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Human Resources
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Call for an interview, (603) 744-9111
1030 Mayhew Turnpike, Bridgewater, NH 03222 or email your resume to innonlake@metrocast.net

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Payroll/Accounting Clerk for School Administrative Office
20 Hours Per Week, Year Round

Associates degree in business or related field. Experience in payroll, human resources and general bookkeeping.
Interested parties should send a letter of interest, a resume, three letters of reference, certification status (where applicable), and a transcript to:

Joanne Osgood
Lin-Wood Public School
P.O. Box 846
Lincoln, NH 03251
603-745-2051

Job Applications are available on our website at www.lin-wood.org under the "Employment" section.

Applications will be accepted until position is filled.
The Lincoln-Woodstock Cooperative School District is an equal opportunity employer.

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(603) 228-2224 - www.rymes.com

LITTLETON REGIONAL HEALTHCARE

Assistant Nurse Manager

Littleton Regional Healthcare is seeking a full time Assistant Nurse Manager to join our team.

Under direction of the Clinical Director of Inpatient Services and the Clinical Director of Critical Care, the Assistant Nurse Manager assumes leadership accountability and responsibility for the nursing care team operations while maintaining responsibility as defined in the RN job description.

Essential functions include:

- Staffing and scheduling personnel on all nursing units
- Participating in recruitment, selection, orientation and retention of personnel
- Providing support to staff and functions as a clinical resource, ensures that all shifts are covered, stepping in as needed to provide clinical support, coverage and appropriate staffing in conjunction with Clinical Directors, Clinical Supervisors and the Manager of the Day
- Participating in planning of capital and operational budgets
- Participating in performance appraisal of staff
- Facilitates educational needs of staff
- Participating in the event management process
- Facilitating patient and staff flow in all nursing units
- Participating in policy development and review
- Participating in continuous Quality Improvements
- Providing support to the Case Management Department as needed
- Rotating of administrative and clinical call responsibilities with other members of the Nursing Leadership Team, to include participation in Manager of the Day

This position has clinical responsibilities, including the ability and expectation of taking patient assignments as necessary in all Inpatient and Critical Care Nursing areas, at their level of expertise and provides patient care, subject to the Registered Nurse job description

Viable candidates must be currently licensed as a Registered Nurse in New Hampshire. Graduate from an accredited school of nursing. BSN or related degree required. MSN degree preferred. Three to five years of clinical experience required. Leadership experience preferred. Certification within clinical area(s) of responsibility is preferred. Membership in a professional organization is preferred. ACLS, PALS, NRP, TNCC preferred, required within one year.

Littleton Regional Healthcare, located in the White Mountains of New Hampshire is a desired vacation setting which offers year round recreation including hiking, fishing, golfing, skiing, and snowmobiling, has great schools, and is conveniently located between Boston and Montreal. It's a place to build a life and a future for yourself and your family.

Littleton Regional Healthcare offers competitive compensation and a generous benefits package

Qualified candidates are invited to apply at our website www.lrhcares.org

Littleton Regional Healthcare
Human Resources Department
600 St. Johnsbury Road, Littleton, NH 03561
Phone: 800-464-7731 or 603-444-9331
Fax: 603-444-9087

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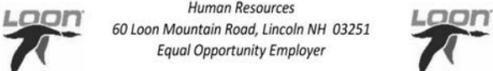


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Lynn Davis, Human Resources
School Administrative Unit #48
47 Old Ward Bridge Road
Plymouth, NH 03264
ldavis@pemibaker.org

TOWN OF SANDWICH EMPLOYMENT OPPORTUNITY

The Town of Sandwich is accepting applications for a **seasonal** Highway Department worker from November 14 - April 14. This is a position which performs work in all areas of construction and other assigned projects to include winter maintenance of roads and sidewalks, and working at the Transfer Station. Applicants must be 18 years of age, and hold a valid driver's license. Plowing experience preferred. The hours for this position are 24-40 hours per week, with weekends possible depending on the needs of the department. Complete job description and application available at the Selectmen's Office, Town Hall, 8 Maple Street. 284-7701 Application and references must be received by Monday, October 31, 2016 at 4:30 P.M.

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Attn: Human Resources
446 Benton Road
North Haverhill, NH 03774
charrington@uvpress.com

Northern Human Services
Changing Lives

Seeking BC/BE Psychiatrist & Psychiatric APRN - FT (35hrs) at The Mental Health Center in Berlin, NH (prefer FT but PT possible for Psych APRN; child/family certification preferred). Integrated multidisciplinary clinical team. 100% outpatient; 90-min evals and 30-min med appts. Optional paid phone-only overnight/weekend call.

Benefits include medical insurance, 403(b) with employer match, 11 paid holidays, generous vacation.

Eligible for National Health Service Corps and State of NH Loan Repayment Programs. Must have current NH License, accredited training, and skills in community psychiatry.

Please send CV and cover letter with salary requirements to Melissa Myers, MD, NHS, 25 W. Main St., Conway, NH 03818 or e-mail to mmyers@northernhs.org.

Positions require a valid driver's license, proof of adequate auto insurance and the completion of driving, criminal and background records checks. This Agency is an Equal Opportunity Employer, and Provider.

Best Western Silver Fox Inn
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Weekend front desk position available. Day and evening shifts on weekends, plus an additional midweek shift. Responsibilities include, answering the phone, making reservations, greeting and checking in hotel guests. Will be trained to be fully knowledgeable of the resort. Outgoing and friendly attitude a must.

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Inquire in person to fill out application

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Must demonstrate excellent customer service skills, establish and maintain a good rapport and cooperative work relationship with all departmental staff, hospital staff, patients, families and hospital visitors. Qualified individual must be ARRT registered. Willing to learn CT and rotate call, including nights, weekends and holidays is a must. This is a part-time position (24 hrs./week) and benefit eligible.

If interested please apply Online

www.ucvh.org
Human Resources
Upper Connecticut Valley Hospital
181 Corliss Lane
Colebrook, NH 03576
603.388.4236
ucvh-hr@ucvh.org
EOE

LITTLETON REGIONAL HEALTHCARE

Registered Sleep Technologist

A Registered Sleep Technologist performs comprehensive polysomnographic testing and analysis, and associated interventions under the general supervision of the practice manager and clinical director (MD, PhD, DO) or designee.

Must have current RPST and or RST credentials, high school graduate or GED, Associate's degree in life science related field preferred. CPR certification is required. Basic knowledge of applicable physiology and pathology must be demonstrated. Judgment capabilities and interpretation skills concerning test preformed must be developed in order to notify primary healthcare providers of documented abnormalities. Typing, office, and basic computer skills are necessary. Good judgment is required to deal appropriately with emergency medical situations. Must be able to work independently or with others and without direct supervision. Must be able to work third shift as assigned and maintain alertness and cognition. Must possess good interpersonal skills

Littleton Regional Healthcare offers generous benefits, competitive salaries and ample opportunity for professional growth and development.

Littleton Regional Healthcare
Human Resources Department
600 St. Johnsbury Road Littleton, NH 03561
Phone: (603) 444-9331 Fax: (603) 444-9087
Apply online at our website
www.lrhcares.org

LITTLETON REGIONAL HEALTHCARE

RN, Endocrinology

Littleton Regional Healthcare has an exciting and challenging opportunity for a full time Registered Nurse to work in our Endocrinology practice.

The Registered Nurse (RN) is accountable for the coordination of nursing care, including direct patient care, patient/family education and transitions of care. The RN supports professional nursing practice across practice settings and across the continuum of care to meet the needs of the patient and family, which includes accountability for planning, implementing, evaluating and communicating all phases of nursing care for assigned patients.

Viable candidate must have a minimum of 1 year of recent clinical experience in acute patient care setting required. Previous IV placement and POC glycemic monitoring experience preferred. We are willing to train the right candidate.

Littleton Regional Healthcare offers competitive compensation and a generous benefits package

Littleton Regional Healthcare
Human Resources Department
600 St. Johnsbury Road, Littleton, NH 03561
Phone: 800-464-7731 or 603-444-9331
Fax: 603-444-9087

BURNDY

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AutoServ -1020

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*Pricing assumes all factory rebates and applicable incentives assigned to dealer and may not be combined with other promo direct mail sale voucher. Payments based on tier 0 (A credit) approval. KIA RETAIL: all 'Buy For' payments require: ZERO down, 3.89% APR for 84mos & include all fees; actual rate and term depend on conditions of credit approval. KIA LEASES: All "Sign & Drive" (S&D) lease payments require NO security deposit, NO money down & include all fees in payment. All advertised lease payments reflect all discounts, manufacture rebates and promotions (not all will qualify). KIA 36 month leases: #KT7050: TOP \$11520 S&D, LEV \$19419; #KC6220: TOP \$7920 S&D, LEV \$8805; #KC6262: TOP \$7740 S&D, LEV \$10312; #KC6228: TOP \$8892 S&D, LEV \$12716; #KT7026: TOP \$9900 S&D, LEV \$16646. Oil change offer limited to maximum value of \$40 per oil change. See dealer for details. All offers end on Oct. 31, 2016.
†The Kia Soul and Sportage received the lowest number of problems per 100 vehicles among compact MPVs and Small SUVs in the J.D. Power 2016 Initial Quality Study, based on 80,157 total responses, evaluating 245 models, and measures the opinions of new 2016 vehicle owners after 90 days of ownership, surveyed in February-May 2016. Your experiences may vary. Visit jdpower.com.