THURSDAY, SEPTEMBER 19, 2019

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**COMPLIMENTARY** 

# Circle Program presents "One Talent, One Night!"

PLYMOUTH — The Circle Program is presenting its first-ever Talent Show at the Flying Monkey Movie House and Performance Center on Thursday, Oct. 10.

The talent show will feature a true variety of local talent -- from musicians to a comedienne, from a juggler to a dog act, from a tap dancer to a circus act and much more. The Circle girls will be up on stage too, reprising some of the acts from their camp talent show. Pat Kelly,known for his high-energy talk show on 107.7 The Pulse radio, will be the master of ceremonies. The audience will be asked vote for their favorite act via smart phone and the most talented act, the winner, will receive a cash prize.

Each act is raising \$250 as an entry fee which will all go to benefit under-resourced New Hampshire girls in the Circle Camp program. The act that raises the



Courtesy (Left) Three of our Circle girls pose at last year's "One Girl, One Day" campaign event on the M/S Mount Washington.

most money will receive an additional 50 votes for their support of the Circle girls! Alex Ray of the Common Man will help auction a few unique items during the show, and some lucky person will also win a 50/50 Raffle drawing of up to \$5,000. Proceeds from ticket sales, auction and raffle will support the mission of the Circle Program, a non-profit organization that provides residential camp and year-round, one-on-one mentoring for girls and teens from low-income families in 33 towns throughout the Lake Region.

"One Talent, One Night!" will kick-off the Circle Program's annual giving campaign, "One Girl, One Day!" - that asks donors to support a girl for a day, a week or a three-week session

of Circle Camp. Girls are fully subsidized for their participation in the Circle Program.

Buy tickets at the Flying Monkey Box Office (39 Main St., Plymouth)

or go on-line: www.flyingmonkevnh.com Find out more about the Circle Program at: www. circleprogram.org or call 536-4244 for more information.

## **Historical Society** seeks help solving a mystery

PLYMOUTH — On spect it further. What a Monday, Aug. 5, Ray Sullivan went diving in the Pemigewasset River. He had started snorkeling in the recent past, but decided to earn his diving certification to stay submerged longer.

When diving in five feet of water, just 200 feet north of the bridge on Cross Road in Thornton, Sullivan saw a dark metal item which was half buried. He pulled it out to infind for one of his first dives! He pulled out what appeared to be a bell-shaped marker with the bottom section broken off. He estimated it to be between 10-15 pounds. Its length and width was 19 inches and 17 and a half inches. respectively. The outer rim spelled out 'SCENIC HUB OF NEW HAMPSHIRE,' while the spokes of the wheel spelled out SEE **MYSTERY**, PAGE A12

## **Tackling** hunger

Newfound Regional High School's football team will be taking part in the New Hampshire Tackles Hunger food drive during Saturday night's game against Winnisquam. Anyone planning to attend the game at Morrison Field, with a kickoff time of 7 p.m., is asked to donate a non-perishable food item for the New Hampshire Food Bank on their way to the stands. The Food Bank has a particular need for peanut butter, jelly, tuna, soups, pasta, tomato sauce, and canned fruits and vegetables. Please note that glass jars cannot be accepted.

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## SLA to host Ridge Race to support Squam Trail network

**HOLDERNESS** On Sunday, Sept. 29, the Squam Lakes Association (SLA) will host the Seventh Annual Squam Ridge Race, a 12.2-mile ridge race which traverses a majority of the Squam Range crossing three summits with amazing views of Squam Lake and the surrounding watershed. All proceeds from the race will go directly to maintaining over 50 miles of SLA maintained trails around the Squam Lakes Watershed.

"As visitation increases in the Squam Range every year, so does the wear and tear on the trails," said SLA Director of Conservation, Rebecca Hanson.

The Old Bridle Path, which is famous for taking hikers up to West and East Rattlesnake, sees thousands of visitors every year and has two scenic peaks that overlook Squam Lake.

Maintenance along all SLA trails from the race includes maintaining water bars to prevent erosion problems, trail reconstruction, clearing brush and downed trees, signage and upkeep in the parking areas.

Registration is \$75 before Sept. 27 and \$85 the day of the race. This race has over 3,000 feet of elevation gain and is mostly single track trails. Anyone is welcome to run

SEE **RACE**, PAGE A11

## Science Center opens new Early Childhood Education Center

HOLDERNESS — On Saturday, Sept. 7, more than 100 supporters came to Squam Lakes Natural Science Center to celebrate the grand opening of the new Early Childhood Education Center. The Early Childhood Education Center will house the expanded Blue Heron School, allow for additional summer programming for young children, and provide a base for teacher training.

Blue Heron School began as a pilot program at the Science Center in the fall of 2010 as the first nature-based Montessori early learning center in New Hampshire. After only a few years, it proved successful with many families wanting to get involved with the school. In 2017, Squam Lakes

Natural Science Center committed to expanding the school and launched a capital campaign to raise funds for the construction of a building specifically designed for the needs of a Montessori nature-based preschool.

The Education Matters campaign launched last year with a goal of raising \$2.8 million for four projects. In addition to the Early Childhood Education Center, there are three other projects: the completion of the Science Center's Lake Education Headquarters, a new Raptor Exhibit, and a Scholarship Fund.

The building was sited carefully to preserve and protect rather than replace or destroy the surrounding natural en-SEE **SCIENCE CENTER**, PAGE A11



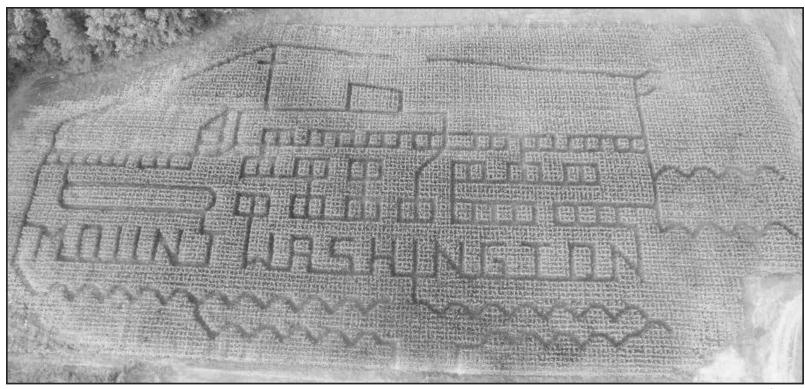
Left to right: Board Chair Justin Van Etten, trustees Ken Evans and Emily Preston, School Director Laura Mammarelli (with scissors), Construction Manager Barry Gaw of Sippican Partners, Architect Rob Turpin of Misiaszek Turpin pllc, Executive Director lain MacLeod, and Honorary Trustee George Carr.

# Moulton Farm corn maze pays tribute to the Mount

MEREDITH — The lake was still frozen and the M/S Washington was wintering in Center Harbor when the team at Moulton Farm started planning their annual corn maze. John Moulton, owner of Moulton Farm in Meredith, recalls few ideas for this year's theme were discussed, but then the idea of celebrating the Mount Washington came up.

"Wes Thomas, who takes on our annual maze as part of his responsibilities at the farm, was quiet for a minute or two and then got this big grin on his face," explains Moulton. "You could almost see him picturing the possibilities of how he could use the ship's features and the name into to get people completely turned around and disorientated in the maze."

"When John asked me if I'd mind having the Mount Washington featured in the maze, I didn't have to even think about it," says Jim Morash, the captain, chief operating officer, and owner of the ship. "I absolutely said yes. Both the farm and the "Mount" have been key attractions in the lakes region for years. I've known John for a long time and really enjoy and respect what he and his team do there.



Moulton Farm's annual corn maze celebrates the M/S Mount Washington this year. The farm's maze opens for the season on Friday, Sept. 20, and will be open seven days a week. More information can be found at moultonfarm.com.

Over the years, our ship has been portrayed on many things, but I'm pretty sure this is the first time it has been maze!"

how he'll do navigating through the maze.

"I've been navigating on Lake Winnipesaukee for years, but getting through the farm's maze? When all you can see is the sky and the corn towering over you? Oh, I'll get lost for sure!" he says with a

Moulton Farm's corn maze opens for the season on Friday, Sept. 20.

It will be open seven days a week starting at 8 am with the last admission is one hour before the farm closes. the subject of a corn Admission costs \$7 per person with a special \$5 Morash isn't sure rate for each child between three years and six years of age. Children under three years old are free.

> In addition to the corn maze and the farm's "pick your own" cated at 18 Quarry Rd.

pumpkin patch there are other reasons to visit the farm including the Cider Bellies Doughnut stand, pies and whoopie pies and other items from the farm's kitchen and bakery, and special events happening at the farm. More information is available at moultonfarm.com.

Moulton Farm is lo-

off Route 25 in Meredith, and is open seven days a week.

The farm practices sustainable agriculture and is dedicated to providing the highest quality fruits and vegetables while preserving its rich soil for future generations. In addition to growing its own produce, the farm offers fall decorating supplies including a full range of fall favorites such as pumpkins and gourds. The farm also offers baked goods, prepared foods, cider doughnuts from Cider Bellies, seafood from Sal's Fresh Seafood, and a quality selection of meats, cheeses and other items from northern New England producers. More information can be found at www.moulton-

## Event aims to address socialism in America

## Plymouth Area Democrats hosting Campaign Fair

PLYMOUTH — On Wednesday, Sept. 25, the Plymouth Area Democrats will be hosting a Campaign Fair in lieu of our usual General Meeting at the Plymouth Senior Center.

This fair will bring Presidential campaigns to you, giving you an opportunity to meet organizers, supporters

and learn more about the candidates you are interested in. All are welcome to attend the meeting, which will start at 5:30 p.m., with a potluck dinner. For more details, find us on Facebook or email Estee at estee@plymouthareademocrats.

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town-hall style events that address the question, "Who is Driving the Socialist Agenda in America?" In the 20th century, 100 to 200 million peotempting Marxist

603 Alliance will host

speakers Trevor Loud-

on and Bishop E.W.

Jackson in a series of

ple were killed by their own governments atto create (Socialist/ Fascist/Communist) utopias. Despite these human sacrifices, every attempt to implement the Marxist ideology failed to improve people's lives. From Nazi Germany, the Soviet Union, the Soviet Satellite Countries, China, many others, and most recently to Venezuela, the results

PLYMOUTH — On are consistent: misery, struggle between Free- Civil War 2017", "Amerept. 24, 25, and 26, the poverty, fear, and de- dom and Communism. ica Under Siege: Soviet

spair. Americans believe, after the Soviet Union collapsed, that Communism and the Marxist ideology behind Communism were defeated...at least in the United States.

That's not the case say author and filmmaker Trevor Loudon and Founder and President of the S.T.A.N.D. Foundation Bishop E.W.

Jackson. Loudon and Jackson are coming to New Hampshire to identifv American Communists/Marxists, threats they pose to America, and their plans to take power by winning the 2020 elections. Loudon and Jackson assert that the 2020 election will be a

This program is free to attend and will be presented in three locations throughout New Hampshire.

- Sept. 24 from 7-9 p.m. at the Plymouth Regional Senior Center, 8 Depot St., Railroad Square, Plymouth, NH 03264

September 25, 2019 from 7-9PM at Toyota of Portsmouth, 150 Greenleaf Ave., Portsmouth, NH 03901

- September 26, 2019 from 7-9PM at the Nackey S. Loeb School of Communications, 749 E. Industrial Park Dr., Manchester, NH 03109

**Audience Questions** and Comments will be addressed.

Please register for this free event at: www.603Alliance.org.

Trevor Loudon is the author of "The Enemies Within"; creator of the documentary, "The Enemies Within"; and he collaborated with Judd Saul on a series of free mini-documentaries on www.youtube.com: "America Under Siege:

Islam", and "America Under Siege: Antifa".

Bishop E. W. Jackson is head pastor of the Exodus Faith Ministries, US Marine, former Republican candidate for US Senate and Lieutenant Governor of Virginia, Founder and President of the S.T.A.N.D. Foundation (www.standamerica. us), and creator of Project AWAKENING, a private sector plan to save America's cities.

This event is sponsored by the 603 Alliance and the S.T.A.N.D. Foundation. For ther information visit www.603alliance.org or call 513-0378. The 603 Alliance is a grassroots organization whose mission is to restore Constitutional principles at all levels of our government by championing the principles of free people and free markets, uniting like-minded citizens in support of candidates who will further these princi-

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Week of 9/20 - 9/26

DOWNTON ABBEY PG Friday & Sat.: 1:00, 4:00, 7:00, 9:40 PM

Sun.-Thurs.: 1:00, 4:00, 7:00 PM

IT CHAPTER TWO Friday: 12:30, 4:00, 7:30, 9:20 PM Sun.-Thurs.: 12:30, 4:00, 7:30 PM

**PG-13** Friday & Sat.: 12:45, 3:45, 6:45 PM Sun.-Thurs.: 12:45, 3:45, 6:45 PM

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# "The Emerald Pool" opens at Edwards Art Gallery

HOLDERNESS — Albert Bierstadt, the German-American painter renowned for his landscapes of the American West, came to the White Mountains to capture its simple yet overwhelming beauty. What came to life through nearly a decade's worth of work was "The Emerald Pool," a massive oil-on-canvas monument to the natural majesty of a hidden swimming hole along the Peabody River in the Pinkham Notch.

Recounting "The Emerald Pool." Bierstadt said, "I never had so difficult a picture to paint, as this White Mountain subject the Emerald Pool; my artist friends think it my best picture and so do I."

America's tionship to nature has changed drastically since Albert Bierstadt elevated a slice of New Hampshire scenery to an icon of pristine natural beauty in his East Coast masterwork, "The Emerald Pool." Christopher Volpe, the featured artist of Holderness School's fall gallery show, wanted this series



to reflect that truth. What does it mean to paint the American landscape today, with our relationship to the natural world one of global degradation, conflict, and uncertainty?

It's a complicated question that drove Volpe to paint the very same spot along the Peabody River that Albert Bierstadt painted in 1870.

"Like Bierstadt," Volpe shared, "I went to nature to make studies at the site and completed the larger work in the studio. But whereas Bierstadt re-invented the scene to convey a sense of peace and grandeur, I focused on the unstable surface of the pool itself and its fluctuating reflections and distortions. My treatment of Bierstadt's motif also reverences natural beauty, even as it strives to emphasize a disconnect between nature and beauty."

Volpe's reinterpretation of "The Emerald Pool" brings Bierstadt's somewhat static, although remarkable, work to life. The colors of his work seem to ripple before your eye and are startlingly reminiscent of the local swimming holes that will soon become too cold for a playful splash.

Volpe said that he "hoped to inscribe into the paintings' surfaces a feeling of something anxious, elusive, or broken. It helped me to think of them at times like shattered stained-glass windows, with that sense of the loss of divinity, and an intuition of the darkness behind beauty."

Christopher Volpe's ability to capture nature with brush and paint didn't begin with his re-creation of The Emerald Pool. An artist, writer, and teacher, he has spent the better part of a decade exhibiting his paintings, which blend -- in his words -- the historical and the contemporary in treating the natural world as a site of introspection and metaphor. Christopher teaches studio and plein air painting and has previously taught at Castle Hill Center for the Arts, Concord Art, Montserrat College of Art, the New Hampshire Art Institute, Chester College of New England, and Franklin Pierce University.

The exhibit opened on Tuesday, Sept. 17, and will run through Oct. 22. Normal operating hours are 9 a.m. - 5 p.m. on Monday, Tuesday, Thursday, and Friday; 9 a.m. - noon on Wednesday and Saturday. The exhibit is closed on Sundays as well as Oct. 14-15.

The Edwards Art Gallery is located on the Holderness School campus. For more information please contact the Joseph Sywenkyj, Director of the Edwards Art Gallery, at 779-5387 or jsywenkyj@ holderness.org.

## Get out and hike with the SLA

HOLDERNESS — Join the Squam Association Lakes (SLA) for a hike at East Rattlesnake and Five Finger Point on Monday, Sept. 23 from 2:30 to 5 p.m. This hike is a great family hike and a perfect way to explore the Squam Lakes Watershed.

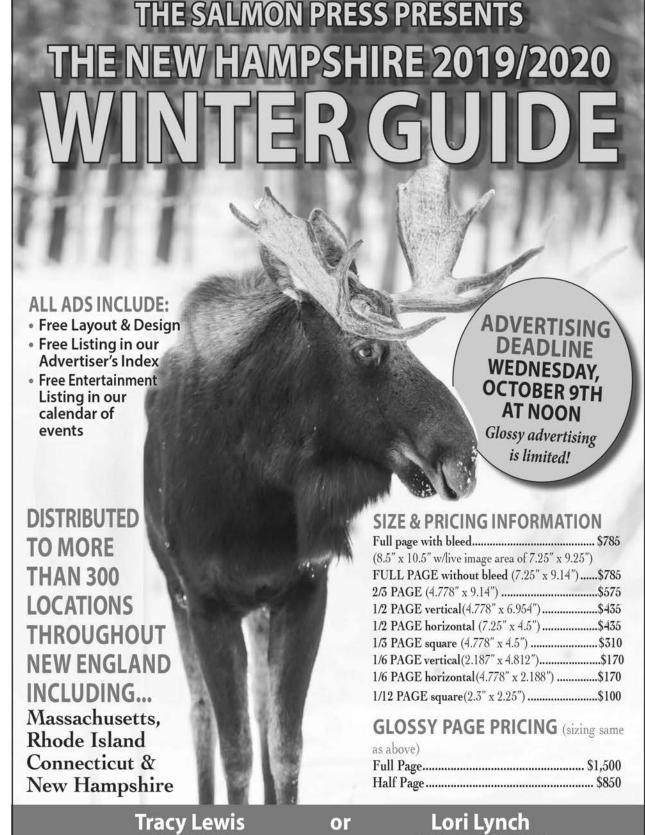
This combination hike is just over four miles with a lovely view of Squam on top East Rattlesnake and then lake side views at Five Finger Point. We will start at the trailhead on Pinehurst Road and head up to East Rattlesnake. After soaking up the views we'll hike back down and take the Five Finger Point trail which is a loop trail that follows the shoreline. Hike as much or as little as you'd like. Timing is hard to predict since it depends on the hikers so we may end a bit earlier or go later. Folks are welcome to hike at there own pace as this is not intended to be a guided hike.

As a Squam Rangers hike, this program is aimed at hikers interested in completing all of trails in the Squam Lakes network. However, we encourage anyone interested to join us on this guided hike, and get the opportunity to experience the natural beauty of the surrounding watershed. Participants will also get to hear about the conservation work being done around Squam Lake, and ways that they can get involved in the coming months as they hike up to the summits. Hikers should come prepared weather-appropriate hiking gear (lots of layers, rain



gear, and extra socks/ shirts/hats/etc.), snacks, and water.

mation, or to sign up for this Ranger hike, visit the SLA Web site (squamlakes.org) or contact the SLA directly (968-7336). The SLA also offers other Squam Ranger hikes and environmental programs throughout the year. These free programs, presented by the Lakes Region Conservation Corps at the SLA, are open to the public and cover a variety of conservation related topics and recreational activities around the lake. The Squam Lakes Association is dedicated to conserving for public benefit the natural beauty, peaceful character and resources of the watershed. In collaboration with local and state partners the SLA promotes the protection, careful use and shared enjoyment of the lakes, mountains, forests, open spaces and wildlife of the Squam Lakes region.





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COURTESY

# Opimion

## CADY Corner

## Marijuana Quiz

BY DEB NARO

Contributor

Almost thing we once knew about marijuana from the 1960's-1970's has changed. That includes laws dealing with legalization for medical and recreational use, drug potency, products and methods of use, risk potential and harmful effects, and youth prevention and treatment strategies. If you want to know the facts on how today's marijuana can affect us, take this brief quiz.

The main chemical giving marijuana its mind-altering and intoxicating effects is THC or delta-9-tetrahydrocannibinol. True. THC is the most common and most psychoactive of the over 100 cannabinoid chemicals found in the cannabis plant. Most THC is found in the bud of the marijuana plant. Marijuana also contains hundreds of other chemicals.

Marijuana has the second highest rate of dependence or abuse among all drugs. True. Marijuana is ranked only behind alcohol in the number of Americans meeting clinical criteria for drug dependence or abuse in the past year. Over four million U.S. citizens are believed to be dependent on or abusing marijuana. This number is twice the dependence/ abuse rate for prescription drugs, and nearly five times that of cocaine.

Marijuana is the most widely used illegal drug in the United States. True. Marijuana is the most widely used illegal drug in America and in the world. Marijuana is also the most widely used illegal drug American among youth. With older adolescents, nearly 35 percent have tried marijuana in the past year, and over 21 percent were current users.

Marijuana can be smoked, vaporized, or consumed as a food, beverage, pill, or tincture. True. Marijuana today can be ingested into the body in many ways to receive its intoxicating or medicinal effects. These

include inhaling it by smoking marijuana in cigarettes (joints), cigars (blunts), or using water pipes (bongs) or vaporizers (vape pen). Marijuana can also be consumed in foods like cookies, brownies or candies, or in cooking oils (cannaoils) or butter (cannabutter), or in pills, capsules or tincture (liquid concentrate), as well as in beverages such as teas or alcoholic spirits.

Today's marijuana is more potent than that found just a few years ago. True. The average THC in marijuana has dramatically increased from 4 to 6 percent to more than 15 percent, and as high as 95 percent in edible products. With regular use of marijuana, youth may start having problems with school work, declining grades, truancy issues, moodiness, be at risk for addiction, and may quit their extracurricular activities and other interests.

Marijuana has not been approved by the FDA for certain medical uses. True. The FDA has not approved marijuana for treating any medical condition.

Marijuana is not harmless. True. Marijuana can and does cause harm, and suffering among adults, families, and particularly Harmful outcomes resulting from marijuana use, especially early, frequent and heavy use, include risks to brain development, physical and mental health, social well-being, and increased likelihood of drugged driving, accidents, other illegal drug use, and addiction.

Youth marijuana use can be effectively prevented or treated. True. There are sevevidence-based programs shown to be effective in preventing and treating marijuana use and abuse. For more information, visit our website at www.cadyinc.org. you, or someone you know, struggles with substance misuse or addiction, please call 2-1-1 or the Doorway at LRGHealthcare (934-8905) for help.





## Scarecrows on the Square

Fall is coming, and so are the scarecrows on the square to stand guard and wait for Halloween. Everyone is invited to participate by entering a unique scarecrow. This year, we will be giving out three prizes, \$100, \$50 and \$25. The scarecrows should be 4 to 6 feet tall and on a solid frame. The ground on the square is very hard so please contact us when you want to put up your entry and we can give you a hand if you need it. Entries should begin arriving Oct. 1. Judging will take place on Saturday, Oct. 26. As in the past, you may also set up your scarecrow in front of your house or business but you must fill out an entry to be eligible for judging. Entry forms will be available at the TTCC and the Minot Sleeper Library and by emailing lucillekeegan1@gmail.com. Be sure to put a tag on your scarecrow with your name and contact information.

## **Letters to the Editor**

## The Governor is listening...just not to the tax-and-spend crowd

To the Editor:

I had to laugh reading State Rep. Weston's letter. The Governor is listening to some of us, and he is the doing his best to slow down the tax and spend crowd like Rep. Weston. Make no mistake about it. No matter how much money you send to Concord, it will never be enough for the tax and spenders.

Sincerely,

Tyler W. Simpson New Hampton

## Our town and school officials are out of touch with their community

To the Editor:

The Newfound Area School District (NASD) and the Town on Bristol's Select board think we taxpayers have not been paying attention when it comes to making decisions and spending our money.

NASD and the School Budget Committee are disregarding our vote of 921 to 625 to require a warrant article for one-time capital expenditures over \$25,000. We would not need this article if NASD understood some basic definitions like "Maintenance, Capital Expense," and "Operating Expense," so let's school them on these definitions.

"Maintenance" is an ongoing cost to keep the school or equipment operating. "Capital Expense" is, "Capital expenditure or capital expense (capex or CAPEX) is the money a company spends to buy, maintain, or improve its fixed assets, such as buildings, vehicles, equipment, or land.[1][2] It is considered a capital expenditure when the asset is newly purchased or when money is used towards extending the useful life of an existing asset, such as repairing the roof. https://en.wikipedia.org/wiki/Capital\_expenditure

An "Operating Expense" is for day to day operations like contracts, salaries, electric, gas, oil, supplies, and so on.

NASD is making up their own rules (they do not have the authority under RSA 40:13) to get past the 2.5 percent tax cap. NASD and the School Budget Committee need to do as the voters directed.

Next, what is going on with allegation of conspiracy that Selectman Rick Alpers wanted to get rid of then Police Chief Lewis, and text messages from our Administrator, Nik Coates, to Lewis? What about officers Woodard and Bean illegally looking at evidence, along with Bean's court testimony concerns? Why is there no response from our Select board? Are these people being cleared or disciplined? What is Bristol's policy when issues like this arise? Is there a policy at all?

Regarding buying a 27-year-old bucket truck for fear of getting electrocuted is ridiculous. Just state that it would make your job easier and move on. Buying a vehicle will create yearly costs like insurance, training, maintenance, fuel and so on. would be much cheaper to rent one. Then there should be a warrant article when adding new equipment, period.

Lastly is recycling. May be best to add a warrant article question for the voters to decide. The additional cost is about \$50,000. Does anyone really know if our recycled stuff goes to a land-fill or gets recycled? I am for recycling if it is truly being recycled? If many containers are needed to separate the glass, plastic, cans, aluminum, paper and so on then space, cost and time become issues. Some of these things must be cleaned which uses electricity and water and maybe hot water. That means energy must be used to produce the electricity and to heat the water. Then we need the containers which must be manufactured, shipped, stock at the stores which we will go and buy using more energy. My guess is our net savings to our environment would be a net loss.

John Sellers Bristol

## Let's hope voters aren't a "giant hindrance" to Newfound's Budget Committee

To the Editor:

Last week, an article was printed in area newspapers that described the Newfound Area School District's policy on formulating its budget. The article stated that "allowing taxpayers to vote on separate capital improvement articles would be a giant hindrance."

The article stated that the replacement of the roof on Newfound High School was part of a maintenance expenditure, and as such, the cost could be carried into the next year's default budget. That would enable the School Board to extort just shy of \$1 million dollars from those "giant hindrance" taxpayers on a yearly basis.

The article also claims that the school board is exploiting a provision of the Official Ballot Act (RSA

40:13) that allows the board to determine what constitutes a one time expenditure. There is no such authority granted in RSA 40:13.

Reading comprehension doesn't seem to be the School Board's strong point; it seems that those "Giant Hindrance" taxpayers went ahead and passed a warrant article at the last election adopting RSA 40:14-b. This RSA gives total responsibility for formulating the "Default" budget to the School Budget Committee, not the school board. Let us "Giant Hindrance" taxpayers hope the Budget Committee will deliver an honest budget to the school district taxpayers.

Paul Simard Bristol

Keep The Heat On

## Our region could lose \$55,000 in fuel assistance

To the Editor:

Losing \$55,000 for fuel assistance means many will not have funds to pay for their heat this winter whether it be oil, propane, kerosene or wood. That is the stark reality if the Keep The Heat On organization (KTHO) of the Plymouth Area Democrats cannot hold their annual January event! Due to many circumstances, like other area groups, our program relies on volunteers – volunteers who retire, move, or must make new decisions. After nearly 15 years we have lost some key committee members, namely the auction, the sponsorship and public relations chair people. By the way, in this 15 years, we have donated nearly \$500,000 to PACC's fuel assistance fund!

At our recent planning meeting, the choices were blunt – either we cancel the event, greatly modify it and/or add some light entertainment along with a very small silent auction, or send out a letter requesting do-

nations to sustain these very needed fuel funds. Please remember that it is the Plymouth Area Community Closet (PACC) that administers and distributes these funds. The KTHO committee donates all the proceeds minus our expenses to PACC.

By sharing our dilemma with you as our citizens throughout the 15 towns PACC covers, we hope to entice new volunteers who are seeking civic engagement to give back to their towns and help their neighbors in need. For further information or questions please contact me at any time at 536-2279 or maplerichards@gmail.com Your inquiry, let alone joining this fun and worthwhile endeavor, would be wonderful!

Thank you! Sincerely,

Martha Richards Chair

## NORTH COUNTRY NOTEBOOK

By JOHN HARRIGAN

## Thoughts while enjoying a little lunch: "Hey, you look like someone I know"

In the business of writing columns, often it's not what you wrote that gets people upset, it's what they think you wrote.

Last week, I reported that while rounding a bend and meeting a truck, I managed a quick look at the ditch (to judge where I was) and caught brief sight of a grey, roundish animal that registered in my admittedly sometimes dimwitted mind as "armadillo."

I didn't say that it was an armadillo, mind you, and didn't follow the incident with any attempt at verification. I simply had too little to go on.

I did, in fact, do a column a year or so ago on creatures that have pushed their range northward during the current warming trend, and the armadillo is one of them. It is now regularly seen in several Massachusetts towns. There is no evidence they've gained a foothold in New Hampshire, but strays have appeared here and there. An armadillo was reported in Berlin, but authorities figure someone brought it there as a pet, or it hitched a ride up in mid-summer on a pallet in a freight truck.

+++++

More errata:

On the subject of your readers' eyesight, just make one.

A couple of weeks ago I waxed poetic about happy times way back when I was doing a lot more radio than I do now, and from time to time was working with someone I identified as "the late Bob Lobel."

Bob is hardly dead, and among those who noticed, and was reader Jack Kurdzionak. He too noticed funeral services for a Bob Lobel in eastern Pennsylvania, who also happened to do radio, but it was the wrong one. Our Bob is still alive and, despite serious health problems, still working---on a show called "Legends with Bob Lobel" on WPME TV on Saturdays at 11, and on WBIN TV at noon Sundays.

The other thing that happened last week, with no time or space to expound on it, was the arrival of a praying mantis through the livingroom door. Not that it came through the door itself---no way, because the screens have wire-mesh screens fine enough to bar midges, or noseeums.

No, the mantis I spotted on the floor by my reading chair had to have been dragged in or had hitched a ride on me or the dog.

Either way, there it was, looking every bit like just another green stick, eerily rotating its head to follow me with its spooky eyes.

It was eating a bumblebee when I spotted it, so after looking it over with a magnifying glass (while it looked me over right back), I went off to do other things, and when I returned in 15 minutes it was gone.

Entomologists often point to the praying mantis as perhaps the best evidence of how cold-blooded Mother Nature truly is. No one who's seen the classic film of two mantises eating each other alive will ever forget it.

"While the praying mantis is found in Vermont and New Hampshire, it isn't found here often," says Northern Woodlands, the magazine I would take above all others on the 350-mile, sometimes 13-hour Quebec North Shore & Labmistakes, if you doubt rador Railroad---to be of Pinnacle Hill Road, ticket seller and sewing read only if the fog rolled in, there was nothing to see, and I'd had enough of playing cards and passing clandestine around containers of whisky or playing with the Indian kids.

> What fun that was, by the way. They were Montagnais, kaupi, and Cree. To the young ones, the railroad represented everything new and wonderful. They had perfect, white teeth. But they had only just then discovered soft drink and candy, readily available in the train's snack bar, and they couldn't get enough of it.

I had two tricks I performed with string (still do), and one of them, called "The Fence," required 11 definitely dexterous moves.

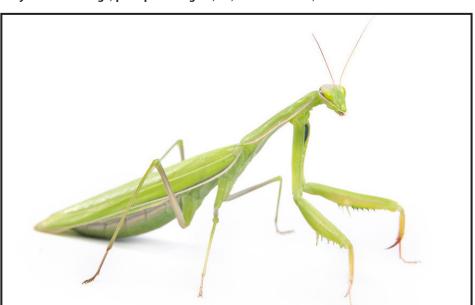
One bright-eyed squirrel of a girl of about 10 watched me do "The Fence" two or three times, her concentration keen as a knife, and then asked me for the string (in French---the Indians

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Somewhere in New Hampshire, a praying mantis (it's the thing that looks like a stick) munches away amid the foliage, perhaps looking for, oh, another mantis, for dessert.



twice, and failed. Proffering the string, she asked me to do it once more. And on her next try,

had no English). She

tried the moves once,

she made it---a perfect, criss-crossed fence. And I wanted to give her something as a reward, but it certainly wasn't going to be soft drink or candy, so I dug into my pack and gave her a picture of house and family back home.

And man oh man, did the questions ever come flying then. A house, all made of wood---she was so used to hides.

(Please address mail, including phone numbers, to campguyhooligan@gmail.com or 386 South Hill Road, Colebrook, NH 03576.)

COURTESY

(Left) A sharper rendition of a praying mantis, without the confusion of a background. If you ever see this thing coming at you, mister man, run like...no, wait, just kidding.

## **Obituary**

## Joan A. Smith Blake, 89

New Hampton, passed away peacefully at home on the farm on Monday, Sept. 9, surrounded by her children.

Joan went to school in Ashland and vocational school in Dover to become a beautician and cosmetologist, after which she worked at the Beauty Box in Plymouth. She then married her husband Sam Blake and resided in New Hampton where she raised her chil-

dren and built her life. Joan was always very involved with all the aspects of working the farm and caring for her children and many others. She was a member of the 4-H, Squam Lake and Lower Intervale Grange for 76 years. She spent many years teaching her children the love of music, and was a seventh

NEW HAMPTON — generation fiddle player Joan A. Smith Blake, 89, herself. Joan was a proud lady for her much loved Royal Eagles Drum and Drill Corp. She would often set you back by rooting for the New York Yankees, but she loved watching the Patriots and yes, the Red Sox too!

> Joan spent years working hard at the local apple orchards, the family farm and making sure that everyone was taken care of, including feeding you and making sure that you were happy. She sold flowers, vegetables and pumpkins to help support her children and the farm. She did everything from haying, planting, weeding, harvesting, canning and even treading the corn in the silo. She also won many baking awards and grange awards over the years. Joan was always giving 'family history lessons'



and traced back many generations of relatives. She really enjoyed helping others learn about the family tree and how everyone was connected.

Joan was predeceased by her parents, Ziba H. and Minnie E. Smith; two brothers, Ziba A. Smith and Kent A. Smith; and her husband of 49 years, Clifton "Sam" Blake.

She is survived by her children, Annette and Harry Lindenberger of Ledyard, Conn., Andy and Edna Blake of New Hampton, Peter and Melanie Blake of New Hampton, and Beth and Eric

Anderson of Belmont; ten plus grandchildren and many great grandchildren. The number always grew because when she loved you, she counted you as her own and you "were family." Joan is also survived by her sisters, June Smith of New Hampton, Nina and Stanley Huckins of Bridgewater, and Juanita and Wayne Gates of Columbia Crossroads, Pa., many nieces, nephews, and cousins.

Services to honor Joan's life and legacy were held at Mayhew's Funeral Home, 204 Daniel Webster Highway, Meredith, Tuesday, Sept. 17 at 11 a.m. Burial followed in the New Hampton Village Cemetery, with a reception afterwards.

To sign Joan's Book of Memories, visit www. mayhewfuineralhomes.

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#### Financial Focus <u> Edward Jones:</u>

Can "AI" Help You Become a Better Investor? In the financial services world, many portfolio. But only a human financial

For the past several years, artificial intelligence - or AI - has increasingly found a place in many walks of life. Almost certainly, you use some form of AI, whether it's your time on social media, your use of mobile banking, the navigation system you rely on for directions, or any of the many other AI-driven applications relevant to your daily life. But AI has also become a significant part of the financial services industry. So, you might wonder if AI can help you become a better

To begin with, what is AI? Essentially, it's the ability of a computer program or machine to think or learn. Using complex algorithms (a set of rules, or steps), computers and machines can mimic many of the thought processes of human beings.

But how can you use AI to invest?

And should you?

ligence - and empathy:

proven investment principles, such as diversification, in making recommendations. Yet, you are more than just the sum of your answers to a robo-advisor's online questionnaire. Investing is a highly personal matter, which means

companies use AI to select invest-

ments for specific funds. On an in-

dividual level, you can work with an AI-powered "robo-advisor" to

build an investment portfolio. These

robo-advisors are typically quite af-fordable, and they generally follow

that, in the following areas, you may well benefit from some human intel-· Understanding of your risk toler-- A robo-advisor will ask you

to identify your tolerance for risk low, medium, high - and will plug in your answers when constructing a

advisor - someone who truly knows you, your personality, your family situation and your hopes for the future - can know how your sensitivity to risk might cause you to react to events such as sudden market declines. Armed with this knowledge, a financial advisor can talk through your options to help keep you on the road toward your goals.

Answers to qualitative questions – A robo-advisor can provide you with many key data points - rates of return, projections of future accumulations But so can a personal financial advisor, who can also go beyond the numbers to help you answer qualita tive, subjective questions: How can I save for college for my children and my own retirement at the same time? If I change jobs, should I leave my 401(k) in my former employer's plan,

move it to my new employer's plan or roll it over to an IRA? What's the best way to guard my financial independence if I ever need some type of long-term care, such as an extended

stay in a nursing home? • Guidance for the "big picture" – Your investments are important, but they're also connected to other areas of your life, including your taxes and your estate plans. And while a financial advisor might not provide you with tax or legal advice, he or she may be able to connect you to other, appropriate professionals, and work with them to help you put together your "big picture." That's not something a typical robo-advisor is equipped to do. Artificial intelligence will support many of your activities throughout your life. But when it comes to investing, a personal touch may never become obsolete.



This article was written by Edward Jones for use by your local Edward Jones Financial Advisor. For more information or to sign up for their monthly newsletter, contact your local Financial Advisor

Member SIPC



Jacqueline Taylor Financial Adviso 14 Main Street Meredith NH 03253 .taylor@edwardjones.co

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PAINTING

## **Bristol**

Al Blakeley adblakeley0@gmail.com

Wow! September more than half over. The moon has helped keep the light on things, despite the sunlight becoming less and less and the first frost is predicted within a few days.

I guess we can put the lid on summer weather and it's time to prepare for 'old man winter!'

On Thursday, Sept. "New England Quilts and the Stories They Tell" will be presented at the Minot Sleeper Library at 7:00pm. You are invited to join the Trustees and Staff of the Minot-Sleeper Library on Thursday, Sept. 26 from 6:30 - 8 p.m. as they celebrate the launch of the MSL Strategic Plan 2019-2022 with guest speaker David Hallenback,-LibraryCorp. how libraries Hear will change in the future and how you can support the important transformations the MSL hopes to achieve in the next three years. In case you haven't had a chance to see 'The Road Not Taken,' a fine art exhibit inspired by the poetry of Robert Frost, is still on display at the MSL until Sept. 27.

The Annual Ron Bucklin/Floyd Colby Golf Tournament will take place on Saturday, Sept. 21 at Den Brae Golf Course in Sanbornton at 1 p.m. All proceeds to benefit the TTCC Newfound Babe Ruth Program. \$300/Team includes golf, cart, buffet dinner, great prizes, raffles and fun! A worthy cause to honor two honorable gentlemen of our community.

This weekend, Sept. 21 & 22, the Lakes Region Tri Festival will take place at Wellington State Park. For details, see: lakesregiontrifestival.com.

Also on Saturday, Sept. 21, the Hawk Watch Festival Event will be taking place at

the Slim Baker Area Roundtop. www. slimbaker.org.

There is so much going on at our schools! I hope you are able to attend some of the myriad of activities going on at the schools in our district. So much effort goes into the planning, preparation and participation for all these events, it would be a shame not to take some time to attend some of them to support our students and their schools.

On a personal note, my wife and I are inundated with the activities of our grandchildren: driving licenses, football, soccer and field hockey games, class officer elections, band concerts and many other activities saturate our calendars and making choices is difficult! Watching performances, reacting to announcements accomplishments and receiving texts and phone calls with news of them is priceless. Pride becomes an understatement! Have a good week!

#### Danbury

Donna Sprague huntoonfarm@myfairpoint.net

#### **South Danbury** Church

The Sunday worship service at the South Danbury Church on September 22 will be at 11:00 a.m., followed by refreshments and conversation. All are welcome! The next Sunday, Sept. 29, Rev. Gail Kinney will lead the service. The church's annual meeting will take place afterward, at 12:00 p.m. Coming up soon is their Fourth Annual Pie and (Gently Used) Cookbooks on Saturday, Oct. 12, from 10 a.m. to 2 p.m. Come and re-stock your pie cupboard for the holidays, and take home cookbooks to try out some new-to-you recipesFor more about the South Danbury Church and its activities, follow "Friends of the South Danbury Christian Church" on Facebook, email southdanburychurch@gmail.com, or

call 491-3196.

The Blazing Star Grange will host the 2019 Seven to Save announcement Tuesday Oct. 1. The announcement is preceded by tours from 3-4:30 p.m. of the South Danbury Church, a stop at the Hall Homestead in Wilmot for details on the Don and Jane Project and a visit to the Grafton church, a previous Seven to Save nominee. announcement event will be from 5-6:15 p.m. with a grange dinner (\$10/person) served at 6:30 p.m. Registration for the entire event is required. The announcement portion of the event is free, but RSVPs are still requested. The grange is honored to be selected as host for this event and for being recognized as a historic building managed by one of most active granges in New Hampshire. Reservations for the event can be made at https://www. eventbrite.com/e/seven-to-save-announcement-2019-registra-

Huntoon Farm will hold their third annual Farm to Fork Fall Fodder on Sunday Sept 29th. Appetizers served at 2 p.m., with dinner served at 3 p.m. The annual tradition features foods from the farm on the farm with the farm family. The price is \$21 each, tax included. Reservations required by calling 768-5579.

## **Groton**

Ruth Millett 603-786-2926 rem1752nh@gmail.com

Just a quickie article this week, as there was no meeting last week and I was away for most of last week.

Conservation The Commission would like to invite all Groton Residents to a road-side clean up. They would appreciate the help of Townspeople on Saturday, Oct. 5. Willing participants should meet at the Town House at 10am. Bring gloves. The DOT will provide vests and bags. Work will be over at 12:30 p.m., and lunch for all will be supplied, as well as water.

There are 2020 calendars for sale at \$5/ each provided by the Groton Historical So-These calendars display photos of the mines in Groton and their workers from the late 1800's to early 1900's. You can purchase one at the Clerk's office.

#### **Scheduled Meetings** and Office Closures:

Select Board Work Sessions -Tuesdays, Oct. 1 and Oct. 15 at 5 p.m. at the Town House.

Select Board Meetings Tuesdays, Oct. 1 and Oct. 15 at 7 p.m. at the Town House

Planning **Board** Meeting at the Town House, Wednesday, Sept. 25 at 7 p.m.

Road Committee Meeting - Tuesday, Sept. 24 at 6 p.m.

**Building Committee** Meeting – Thursday, Sept. 26 at 6 p.m.

Select Board Office will be closed Sept. 19.

#### Hebron

Bob Brooks 744-3597 hebronnhnews@live.com

#### **Hebron Area** Women's Group news

The Hebron Area Women's Group will have its first meeting for the season, on Thursday, Sept. 19 at noon. Our meeting place is in the Hebron Congregational Church meeting room. Jan Connor is our contact for our guess speaker, Bob Martens. Mr. Martens will enlighten us of "The Magic of Newfound." Our hostesses for the day are Kathy Abbene, Robbie Flynn, Ruth Gaffey and our coordinator Barbara Harding. All area residents are welcome to attend. Please bring some non-perishable food items for the Bristol Food Pantry.

#### Town of Hebron **Public Notice**

The Hebron Select Board will be holding a Public Hearing on Thursday, Sept. 19 at 7 p.m. to discuss accepting a boundary easement around the 8 and 10 Church Lane property (Tax Map 17 Lot 026) from Hugh and Nancy Sycamore. The hearing will be held in the upstairsmeeting room of the Town Office Building located at 7 School St. The public is encouraged to attend. Hebron Select Board John W. Dunklee, Chair Paul S. Hazelton, Vice-Chair Patrick Moriarty, Selectman

#### **History Comes Alive** in Hebron Saturday, Oct. 5

History indeed comes alive in Hebron with the program "Hebron Cem-

etery Comes Alive" on Saturday, Octo. 5 from 2 to 4 p.m., co-sponsored by the Hebron Historical Society and the Friends of the Hebron Library. Attendees will start at the Hebron Town Library and be directed to the Village Cemetery behind the Union Congregational Church.

Meet the likes of Stephen Ordway (1771-1863), brother of Sgt. John Ordway, who served as third in Command of the Lewis and Clark Expedition (1804-06), Celia Jewell (1857-1941), a teacher, elected to the Hebron School Board in 1890, Ruben Hobart (1761-1810) former Selectman, Treasurer, Tax Collector, etc., in Hebron, and Samuel Hazelton(1736-1812), who was among the Town's first settlers in 1771, himself a Selectman and 5th great grandfather of Selectman Paul Hazelton, and others.

Members of the Historical Society Ron Collins, Mavis Brittelli and Paul Hazelton will appear in period costume with fascinating stories of the lives and adventures of other town notables interred in the Village Cemetery. This is an event you won't want to miss!

Refreshments will be served.

For additional information, please contact David Brittelli at 744-2634.

## Churches

## **Ashland** Community Church

Real Church. Real People. Real Simple.

Ashland Communitv Church is located at 55 Main St., on Route 3 in Ashland (across from Bob's Shurfine Market). Parking is available next to and behind the church.

Pastor: Ernie Madden Worship Pastor: Aaron Stout

Phone: 968-9464 Email: accernie@hot-

Website: ashlandcommunitychurch.com

mail.com

Sundays: 10 a.m. Worship - Come as you are! Casual, welcoming atmosphere. Coffee and snacks are available in the back of the worship center.

Aug. 18 – September 15 Teaching Series: "I Love My Church!"

Toddler Zone (for infants – five years old) is led by Kara Hamill

and Kid Zone (for K-6th grade) is led by Debbie Madden. Both programs are available during the entire worship service. Our greeters will be glad to direct you to and introduce you to our leaders.

Small groups: We also offer adult small groups that meet in various locations on Sunday, Tuesday, Wednesday, and Thursevenings. Please contact our pastor, Ernie Madden, for more information about our small groups program.

New Women's Ministry: A women's group will be starting this fall the 1st and 3rd Thursday of each month beginning October 2019.

It is our desire to help you understand God's incredible grace, mercy and love. We believe you will love Ashland Community Church. We are a friendly, welcoming, loving, and caring church.

You don't have to dress up. You don't have to be any particular age. And please don't feel the need to pretend about anything. Ashland Community church is a place where God meets seeking people who are far from perfect. That means everyone is welcome, no matter where you are on your spiritual journey. We believe you'll find what you are looking for here. You'll learn how to relate to God. You'll experience a Christian community. And here's the big thing – you will change. Join us each week as we seek God together. Just come as you are! (No perfect people allowed!)

If you have any questions, please don't hesitate to contact our pastor, Ernie Madden, at 968-9464

accernie@hotmail. com.

We look forward to seeing you soon!

#### **Bristol United Church of Christ** ("the Church on the Hill")

We are handicapped accessible!

Our doors are always open wide to all those seeking to find a safe, but invigorating place for spiritual life, growth, fellowship and service. Wherever you are on your spiritual journey, you are welcome here!

Sundays: Pastor: Rev. Andrew MacLeod Intergenerational Service: 10 a.m.

Coffee Fellowship: Following service

Notes: Wheelchair accessibility can accommodate up to 3 wheelchairs in our Sanctuary!

Location: P.O. Box 424, 15 Church St., Bristol, NH 03222

Phone: 744-8132

Office Hours: Main Office – Monday through Friday - 9 a.m. to noon

Pastor's hours: Monday through Thursday - 9 a.m. to noon and other times by appointment.

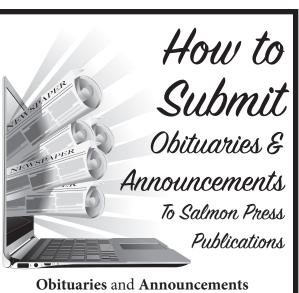
Rev. Andrew's Home Phone: 217-0704

Email: pastorbucc@ myfairpoint.net

Intergenerational services and Sunday services have resumed at 10 a.m.

Weekly Events: Mondays: A.A. Step meeting - 7:30 p.m.

SEE **CHURCHES**, PAGE A7



of special events such as weddings, engagements, and anniversaries are published FREE OF CHARGE in any/all Salmon Press newspapers.

**Obituaries** can be sent to: obituaries@salmonpress.com Wedding, engagement, and anniversary announcements are welcome at:

Please contact Executive Editor

weddings@salmonpress.com Photos are also welcome, but must be submitted in jpeg format. Brendan Berube at (603) 279-4516, ext. 111 with any questions regarding the submission process.





NORTH COUNTRY COINS.

Main St., Plymouth, NH 536-2625.

Extra Uke practice, for those who can make it, from 9:30 to 10:30 a.m. every Monday!

Women's Fellowship Craft Group – 11 a.m.

Bible Study resumes Monday evenings starting Sept. 23 at 7 p.m.

Tuesdays: Bone Builders - 9:30 a.m.

Senior Crafts: 9:30 a.m. Senior Luncheon -

AA Discussion – 8 p.m.

Choir rehearsals will resume on Sunday, Sept. 15 at 9 a.m. and Tuesday evenings, beginning Sept. 17 at 6:30 p.m.

Wednesdays: Morning Reflection is a wonderful spiritual and fulfilling experience that continues every Wednesday morning at 7:30 a.m. in Fellowship Hall. Don Sorrie and/or Rev. Andrew are moderating the sessions with discussion throughout, by a lively and committed group! All are welcome!

Uke practice follows from 8:30 to 9:30 a.m.

Fridays: Bone Builders - 9:30 a.m.

Monthly Events: WIC (Women/Infant/Children) Clinic – 2nd Monday at 8:30 a.m.

Women's Fellowship – Our next meeting will be held on Sept. 12 at 10 a.m. in Room 1.

T.E.A. Meetings are scheduled for every third Tuesday of the month at 4 p.m. Location varies.

**Special Events:** \*\*NOTE:

Sunday school will resume on Sept. 15 at 10 a.m.

Women's Fellowship has created a small library in the church which is up and running with a wonderful collection of spiritual and inspirational books. If you have any in good condition that you would like to donate, please leave them in a marked basket in Fellowship Hall.

Our Women's Fellowship craft group will be meeting in Room 1 of the church every Monday, at 11 a.m. and continuing throughout the summer and fall months, for the purpose of creating small and affordable crafts to be sold at our Christmas Bazaar! All are welcome, and bring your lunch!

Pleast note that the Fall Vesper Service and Pot Luck Supper will be held on Oct. 20 at 5:30 p.m. on Ispiration Point. The pot luck supper will begin at 6 p.m.

first B.U.C.C. Church supper of the year, roast turkey, was a smashing success! It broke a record for attendance! Our next delectable supper will be held on Oct. 12 boasting roast pork and all the trim-

The New Hampshire Conference U.C.C. Annual Meeting is scheduled to take place on Saturday, Oct. 19 at 8 a.m. at the Grappone Center in Con-

Ongoing: Bristol Community Services Food Pantry needs everything! The need is big and supplies move very fast.

The ukelele band continues to grow and become more proficient as the weeks go by! We're having a ball! If you are interested in joining, please contact Debbie Doe.

The band gets together twice a week on Mondays at 9:30 a.m. to 10:30 a.m., and Wednesdays at 8:30 to 9:30 a.m. in Fellowhip Hall for lessons and practice, and perform once a month during services. Their next performance will be announced.

B.U.C.C. cooperates with other churches and community organizations to serve the needs of all people who live near us. Our reach extends around the world through our work with other members of the United Church of Christ!

## **Episcopal Churches Holy Spirit &** St. Mark's, **Plymouth & Ashland**

#### Learning from **London: Generosity** and Growth

On Wednesday, Sept. 25, at 6:30 p.m., in the Community Room at the Pease Library in Plymouth, Rev. Kelly will give a presentation about her January 2019 study trip to the Church of England's Diocese of London. All are welcome to this exploration of how, paradoxically, churchgrow when they "give away." We expect guests from other Episcopal congregations in the region—and the mes-

sage isn't for Episcopalians only. All welcome!

#### **Ashland Community Breakfast**

The next Ashland Community Breakfast will be from 8 to 9 a.m. in Sherrill Hall on Saturday, Sept. 28. Come join us and bring a friend.

National Congregational Leadership Insti-

A team of three from Holy Spirit & St. Mark's has returned from an intensive training program presented by the Episcopal Church Foundation (ECF), in collaboration with the Church Pension Group (CPG). The Congregational Leadership Initiative (part of ECF's Lilly Endowment National Initiative) took place at Camp Allen, in Texas.

The Congregational Initiative Leadership (CLI) provides clergy and their lay leaders with support to help their congregation collaboratively address financial and leadership challenges. Rectors and congregations are nominated by their bishops to apply to ECF for CLI. The yearlong program combines several elements including pre-work, a residential component, the development of a parish project, and eight months of team coaching. Rev. Kelly and Holy Spirit & St. Marks are one of only 25 congregational teams from throughout the Episcopal Church chosen to participate in this program this year.

#### Fall Series on the **Psalms: Faith and** Scripture

Plan to hold Wednesday evenings from Oct. 16 through Nov. 20, for a series of hour-long, prayerful encounters with the psalms, part of our fall focus on faith and scrip-

## **Support Groups**

Guy Tillson, MDiv, MA, Hospice Chaplain and Bereavement Counselor, who facilitates several local support groups, announces the following updates related to bereavement services:

A newly launched program, "Loss Some Grief: of the Basics," started Wednesday, Sept. 11, from 12:30-2 p.m. Location is the Whole Village Family Resource Center, Plymouth. Dates for this group are: Sept. 18 and Oct. 2, 9, 16, 23, and 30.

monthly drop-in

Bereavement Support Group gathers on the last Wednesday of every month, from 5:30-7:30 p.m. at Pemi-Baker Community Health, 101 Boulder Point Dr, Suite 3 (access the conference room by the side door). Upcoming dates: 9/25, 10/30. No meetings on Thanksgiving Eve (11/27) or Christmas Day (12/5). Alternative holiday season gatherings will be announced in October. These will include a "Blue Christmas/Longest Night" service at St. Mark's, Ashland, late in December.

#### Weekly Worship Services

Sundays: 8 a.m. at Griswold Hall, 263 Highland St., Plymouth

9:30 a.m. St. Mark's Church, 18 Highland St., Ashland

Thursdays, 11 a.m., with healing prayers, St Mark's, Ashland

Office Hours at 263 Highland St., Plymouth

Office hours in Plymouth are by appointment . Phone/voicemail: 536-1321. Please email or leave a voicemail and we will return your call.

Email: rectorpb@ gmail.com

## **Plymouth** Congregational

Save the date

Sept. 27 - Coffee House 6:15 p.m.

Oct. 6 - World Communion Sunday

## **Prayer Requests**

Rev. Bret Myers receives prayer requests at revbmyers@yahoo.com.

#### Live-Streamed and More!

Don't miss a thing. Worship services are live streamed on Facebook every Sunday. "Like" the church Facebook page and you will receive notifications when the weekly service goes live! Missed something? You can find it on the Facebook, "Plym-Congregational United Church of Christ Plymouth." Scroll down to the date of the service or program you missed. It is all there! You will also find current information about upcoming church events and a few posts to make you laugh.

#### Feeding Our Children **Together**

We provide 3,000 calories to food insecure children in the Head Start Program and to Plymouth Elementary School during the academic year. Every Friday, grocery bags are delivered to the children so that they will have enough to eat over the weekend. If you would like to find out more on how you can help packing, delivering, or shopping for Feeding Our Children together, email office@uccplymouth.org.

PCUCC is a vibrant community of faith that is welcoming, theologically progressive, social liberal, open and affirming, inclusive and enthused about sharing Christ's love with the world. If you are new to the community and looking for a church home, we invite you to come and experience God's love through worship, study and service.

#### **Support Our Church**

If you shop at any Hannafords, please purchase a pre-paid grocery card from our Finance Committee. The church receives 5 percent of each card purchased. Cards are available on Sunday mornings and come in denominations of \$100, \$200 and \$250.

## **Meals for Many**

Please enjoy a free wonderful dinner prepared by Chef Mike on every Thursday between 5 and 7 p.m. All are welcome!

#### Restoration Church, **Plymouth** (Assemblies of God)

Greetings from Restoration Church Plymouth, located at 319 Highland Street, Plymouth, NH 03264. If you do not have a home church we invite you to come and join our warm and friendly family here at Restoration Church. Please feel free to contact us at hello@ restorationchurch.cc.. Our church phone number is still the same, 536-1966. Our schedule has changed to the following:

Sunday: 10:30 a.m. Morning Service

Monday: First and third Monday of the Month Noon-2 p.m. Helping

Hands Food Pantry

Friday: Second Friday of the month 6 p.m. Food, Fun, Fel-

lowship On Sunday, Nov. 5, 2017, we officially launched as Restoration Church Plymouth. More details about this service will be included in the next article. We also started a new series entitled, Stories. We will be continuing this series this week as well. We have our own worship team during our services in our auditorium and then we watch as a Pastor Nate Gagne preaches via video during our service.

#### **Our Mission Statement:** Just One More!

Everyone is welcome to all of our services. The church is handicapped accessible on the east entrance.

#### Star King Unitarian **Universalist Fellowship**

Starr King Unitarian Universalist Fellowship, 101 Fairground Rd., Plymouth, is a multigenerational, welcoming congregation where different beliefs come together in common covenant. We work together in our fellowship, our community, and our world to nurture justice, respect, and love.

> This week at **Starr King:** Sunday, Sept. 22 **Balancing Expectations** Rev. Dr. Linda Barnes,

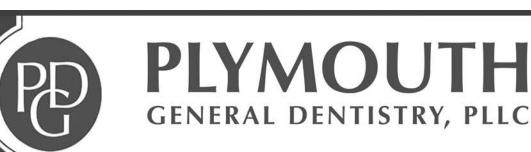
Sarah Dan Jones, Music Director, and Choir

Worship Leader

The Autumnal Equinox is that point when day and night meet briefly, as equals. At this time of balance, let's look to adjust our expectations. Let us together humbly recognize that painful things will happen, that fairness is elusive, and that in spite of all this, we might still reasonably expect joy, compassion, and love.

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A8 NEWFOUND LANDING, THURSDAY, SEPTEMBER 19, 2019



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## **DANBURY:**

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## **PLYMOUTH:**

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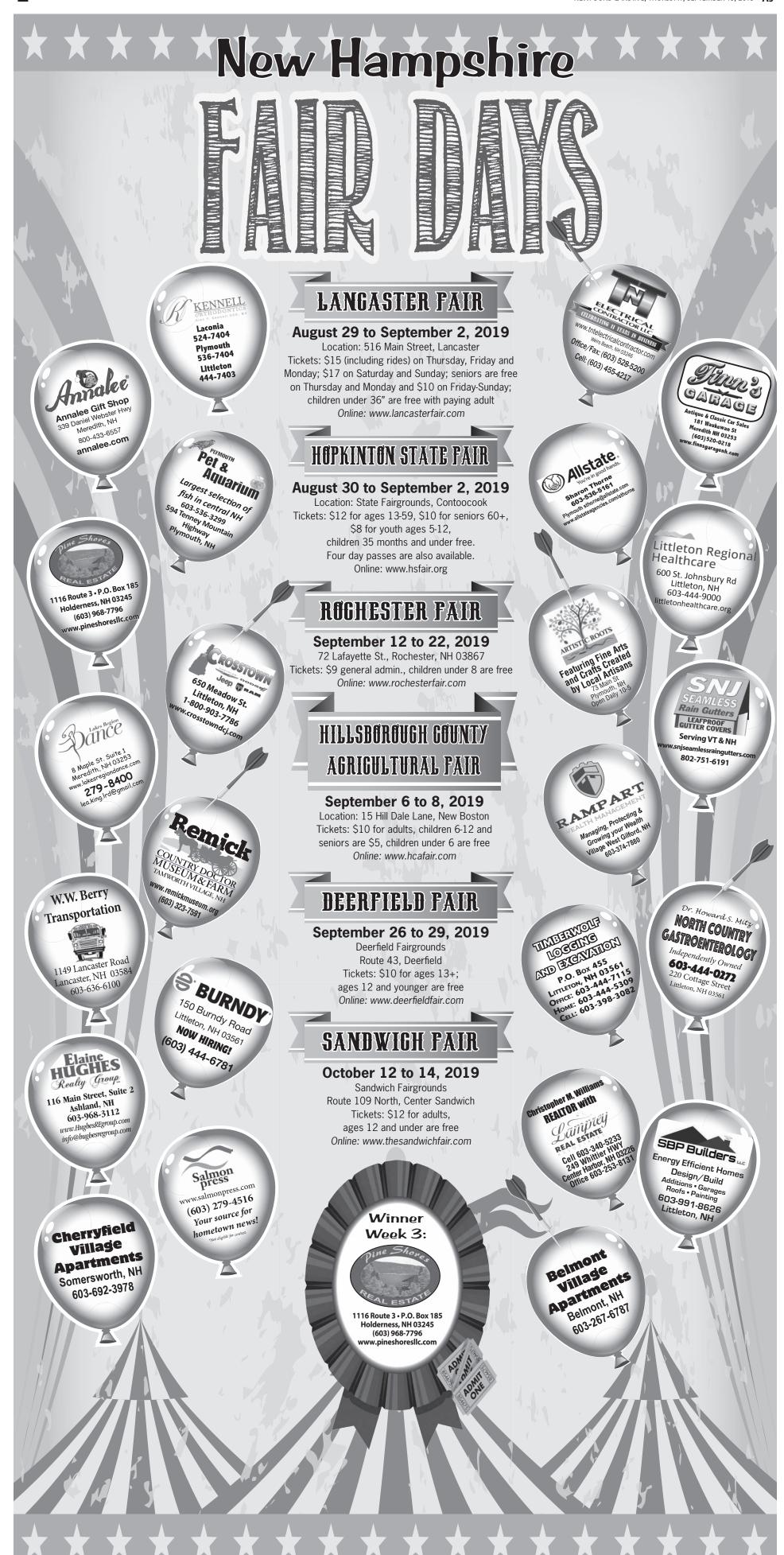
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#### Highland Games & **Festival** Lincoln NH

The New Hampshire Highland Games & Festival (NHHG&F) is one of the largest and most diverse Highland Games held in North America and the largest cultural event. This celebration of Scottish heritage is held the third Friday, Saturday, and Sunday of September each year at

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Tickets are \$12 for adults and under 12 is free. Gates Open at 8 AM all three days and close when all the animals have finished competing and there are not enough people on the grounds for the rides to run!

**Pumpkin Patch** 

#### **Express:** THE PUMPKIN

#### PATCH EXPRESS Fall 2019 - OCTOBER 12th

&13th, 19th & 20th, and 26th & 27th Enjoy a day of Family

Halloween Themed Fun! Get behind a real locomotive and take a Train Ride to adventure to the Pumpkin Patch - select and decorate your own

pumpkin to take home, enjoy Jon and Rachel Music 4 kids on stage, and Mister Twister the balloon guy.

#### 2019 Monadnock **Pumpkin Festival**

Saturday October 12th 1:00pm-8pm Cheshire Fair Grounds 247 Monadnock Highway Swanzev, NH 03446 Gathering of the Jack-O'-Latnerns

Saturday, October 26, 2019 Additional Events Friday & Saturday Littleton, NH

#### Altrusa's Cow Pie Bingo

Saturday, September 24th at 2pm

Moulton Farm, Meredith NH While you are at the farm enjoy our "Pick your own" pumpkin patch, free tractor rides and our corn maze.

#### **NH Kids Marathon**

Saturday, October 5, 2019 Newfound Memorial Middle School, Bristol NH 27th Running of The New Hampshire Marathon! This FREE event is being

offered to all children in

grades K-8 are eligible to participate. Parents are highly encouraged to participate by logging miles with their children.

#### Tanger Fit 5K Run/ Walk

Sunday September 22, 2019 Tilton NH

#### 2019 NH Pumpkin **Festival**

October 18, 2019-October 19th, 2019 A street festival, celebrating artistry and creativity and all things pumpkin!

For festival information including Events & Activities, Participating Vendors & More, go to:

NHPumpkinFestival.com

#### 15<sup>th</sup> Annual Harvest **Festival**

SATURDAY, SEPTEMBER 21, 2019 11AM-3PM RAIN OR SHINE

Join us for a celebration of agricultural life in the heart of New Hampshire! Featuring historical trades.

traditions, and festivities that accompany it, in the heart of New Hampshire.

## Sugar Hill's Autumn Celebration Saturday and Sunday, October 5-6

10 am - 3:00 pm, Rain or Shine

Meetinghouse, Carolina Crapo Building, Historical Museum Free Parking in Meetinghouse Field – Handicapped parking on Grounds **Open Air Market** 

Local Businesses & Attractions, Crafters, Artisans, Non-Profits, Artisan Demos Apples from Windy Ridge & Fresh Cider Donuts

Free Coffee, Lattes, Cappuccinos, Hot Chocolate from White Mountain Gourmet Coffee Mt View Kettle Corn's Cranberry-Apple Compote & Soft Pretzels Brats & More from YM360 Youth

Full Menu from Smiley's Snack Shack of North Woodstock **Speakers & Events** 

Ben Kilham, Kilham Bear Center Rescue, Rehabilitate and Release Michael Maddigan, Author- The Flume Gorge at Franconia Notch Chad Proulx, Ammonoosuc Community Health Services - Cooks Corner Free Concert: Maple Leaf Seven, Jazz - Traditional, Dixieland, Swing

Concert Sponsored by Crosstown Motors For More Information: www.HarmansCheese.com/autumn or Call 603-823-8000

he Quonset Hur

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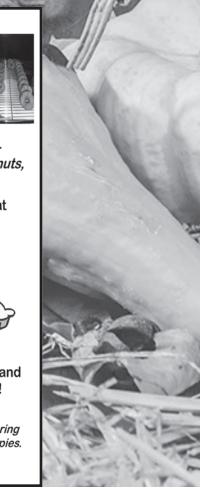


Saturday October 12th 9am - 2pm



Craft Fair in TTCC gymnasium - come by and get some early holiday shopping done! (Craft Table Space still available)

We are looking for help on Friday, October 5th during the hours of 9am - 4pm to cut apples and prepare pies. If you can help, call 744-2713



## THE REAL REPORT

RECENT REAL ESTATE TRANSACTIONS

Town	Address
Alexandria	Crawfords Corner
Alexandria	151 Verrill Rd.
Alexandria	490 Washburn Rd.
Alexandria	N/A
Ashland	River Street, Unit 86
Bridgewater	76 Pine St. N.
Bristol	290 Lake St.
Bristol	197 W. Shore Rd.
Bristol	50 Wellington Village Dr., Unit $25$
Bristol	60 Wellington Village Dr., Unit 2
Bristol	N/A
Campton	61 Alden Dr.
Campton	267 Eastern Corner Rd.
Campton	127 Goose Hollow Rd.
Campton	8 McLaren Dr.
Campton	N/A
Dorchester	River Road
Hebron	N/A
Holderness	NH Route 113
New Hampton	202 Pinnacle Hill Rd.
Plymouth	7 Crescent St.
Plymouth	N/A
Rumney	20 Marie Dr.
Rumney	248 Route 25
Rumney	N/A (Lot 3)
Thornton	Chadwick Place
Thornton	Chadwick Place
Thornton	7 Laurel Circle, Unit 2
Thornton	44 Mountain River Ave., Unit 17
Thornton	24 Pointe of View Dr.
Thornton	Villas Northpointe Condo Unit 1
Thornton	N/A
Thornton	N/A
	Mountain Sun Condo Unit 20
	18 Windsor Hill Way, Unit 62
Wentworth	79 Frescoln Rd.

#### Type Price \$42,933 Single-Family Residence \$226,533 Single-Family Residence \$180,000 N/A \$32,400 Condominium \$165,000 Single-Family Residence \$299,000 Commercial Building \$220,000 Single-Family Residence \$575,000 Condominium \$216,000 Condominium \$210,000 N/A \$57,500 Single-Family Residence \$240,800 Single-Family Residence \$499,000 Single-Family Residence \$199,000 Single-Family Residence \$185,000 N/A \$164,533 Residential Open Land \$107,000 N/A \$360,000 Residential Open Land \$10,000 \$260,000 N/A Single-Family Residence \$187,000 \$15,000 Single-Family Residence \$118,000 N/A \$240,000 \$24,933 N/A N/A \$66,400 N/A\$76,133 Condominium \$130,000 Condominium \$196,000 Single-Family Residence \$377,533 Condominium \$89,000 N/A \$15,000 N/A \$30,000 Condominium \$13,266

Condominium

Mobile Home

#### Seller Buyer William E. Robie Raymond J. and Susan J. Bourque Joseph J. Humphrey RET James L. Gosselin Nhny Marina Development LLC Matthew J. and Leslie Dickey Shih Yu Pao and Tong L. Chen-Pao Mildred A. Rent RET George E. and Virginia A. Gardner Dauber Fiscal Trust and Richard A. Dauber Burton Fiscal Trust 2019 and Fredrick C. Burton Patricia A. Chapman Estate and Besty Schwartz Gunn Fiscal Trust 2007 and Stephen J. Gunn Michael and Channele Wingrove William M. Anthony Trust Bordonaro Fiscal Trust and Michael A. Bordonaro Daniel J. Frechette Emilie E. Capone Pollina RT and Ronald J. Pollina Victoria Schultz Beachwood Properties LLC Christina B. Nova Conale J. Bessey Mark B. and Jennifer W. Green Caroline Rufrano and Arvind Ljunggren Robert E. Cormiea Anthony J. Lamonica Scully Fiscal Trust and Daniel Scully Frank and Linda Korn Frank E. and Linda M. Korn Claude C. and Barbara-Jean Chauvin Mountain River 17-19 RT and Gary L. Dempsey Roger A. & E. St. Laurent IRT Hannah Hill Ralph and Ruth Bradley Ralph E. and Barbara L. Reitsma Carl J. and Jennifer L. Iacopucci

Brett M. Robie and Lesley S. Platts-Robie Robert W. and Erin M. Quimby Jacob Goodrum Zsolt G. Bakos Alexandra M. Daitch LT Michael J. and Pamela L. Demers Very Excellent Immovables Dauber RET and Richard A. Dauber Scott B. and Patricia F. Robinson Christopher C. Samiya and Jamiee S. Goodspeed Nancy and Michael Francis Peggy P. Calle and Gregory Murray Suzanne Cullen and Curtis Ostrander John C. Legg Nicholas A. and Page A. McCoy Richard P. and Florence L. Butler Courtney M. Janelle and Casey D. Keene Cheryl A. Dore Grace Baptist Church Rebecka Mickelboro Timothy J. and Jordan M. Muldoon David M. Moulton Paul J. and Suzanne D. Jortberg Paul J. and Suzanne D. Jortberg Robert J. and Mary E. MacLeod Michael L. Gabriel and Jenise B. Atabek Pointe of View Trust and James Giragosian Drew W. Tanzosh Ricardo L. and Karen E. Navedo Daniel L. and Theresa A. Ludwick AFD RT and Daniel F. Freitas Todd and Megan Kerrigan Mitchell Waterville Valley and Edward p. Mitchell

#### ABOUT THE REAL REPORT

Here are recent real estate transactions in Alton and the surrounding areas. These sales summaries are informational only, not a legal record. Names shown are usually the first listed in the deed. Sales might involve additional parties or locations. Prices are usually based on tax stamps and might be inaccurate for public agency sales. Refer to actual public documents before forming opinions or relying on this information. Additional publicly recorded information on these sales, prior sales and data from Department of Revenue Administration forms is available at www.real-data.com

\$177,000

\$68,533

or 669-3822. Copyright 2011. Real Data Corp. In the column "Type": land= land only; L/B= land and building; MH= mobile home; and COND=condominium. Transactions provided by The Warren Group, Boston Ma., publishers of The Registry Review and Bankers and Tradesman newspapers, Phone: 1-800-356-8805. Website:

Grace Warwick

## **MARK ON THE MARKETS**

BY MARK PATTERSON

I suppose we have all heard the phrase" black swan event", which is a metaphor to describe an event that comes as a surprise and has a major effect. Black Swan is derived from the Latin expression coined in the 16th-century when the thinking was that there were no black swans, only white. But in 1697, Dutch explorers first saw a black swan in western Australia. The sighting opened the door to the theories of statistical outliers happening when it was thought they could not. We tend to remember black Swan events as surprises that are typically negative such as the attacks on the World Trade Center's twin towevent, so is the discovery of the Internet which I think, most people would perceive as very positive.

So how does all this relate to the managemanage or should not manage for black Swan events, but your portfolio of investments should be managed per modern portfolio theory.

Markowitz Harry wrote an essay in 1952 on modern portfolio theory. Markowitz, an economist, wrote about mean-variance analysis. These phrases are straight out of the statistics textbook and I'm sure many of you are familiar with. But it is how they are applied regarding your investment portfolio what makes them significant and extremely relevant. In the event of a black swan event you will likely see world debt and equity markets react

ers in 2001. While this is in an extreme manner. certainly a black swan In 1987, black Monday saw the Dow Jones industrials lose significant amounts of value. Those who were using margin or sold near the bottom did not recover. But if ment of your assets and you remember the bell investments? You cannot curve, as things move away from the statistical mean or average they will in fact revert to the average.

> Markowitz believed having a variety of non-correlated assets you would enhance the yield of your portfolio and reduce the risk. This is very true today if you can obtain real asset diversification.

> Unfortunately, what I see all too often, are mutual funds with different names which would you lead you to believe that they are diversified but often have very similar holdings in very similar asset classes. I personally have not seen an occasion where one family of mutual funds can pro-

## Black Swans

Paul B. and Sharon C. Cardin

cation. In a truly diversified asset mix, not all your in-

vestments will be doing great at the same time and conversely, they will not all do poorly at the same. Bull markets in the equities markets (stocks) often give us a false sense of security and tend to

vide true asset diversifi- make us chase the winners and shun the laggards. Things change and go through their various cycles. Rebalancing a diverse portfolio is necessary otherwise you no longer have properly diversified asset mix. Risk and your portfolios objec- management and can tive will also determine the asset mix. Is growth

your objective? Income? Capital preservation? All these objectives can be managed in a properly diversified mix of low fee, high value investments.

Mark Patterson is an advisor with MHP asset be reached at 447-1979 or Mark@MHP-asset.com.

## **Science Center** FROM PAGE A1

vironment, including the beloved pine grove, where the students play and learn. By keeping this area as natural as possible, the school grounds preserve habitat for existing wildlife while providing an outdoor classroom and playground space for children. Outdoor classrooms are equally as important as indoor spaces to the program, which combines Montessori philosophy and materials with a nature school approach.

Careful selection of building materials, a super-insulated shell, triple-paned windows, energy star certified appliances, low-flow bathroom fixtures, and primary heating from a biomass heating system are only a few aspects of the new operation setting it apart from other schools. Classrooms use low emitting materials and maximize natural daylight to optimize indoor environmental quality. The building was designed by architects Sonya Misiaszek and Rob Turpin of Misiaszek Turpin pllc, with construction management by Barry Gaw and Sippican Partners.

Integration of the outdoors into the school's curriculum further supports the commitment to sustainability. With the ultimate goal of enabling children to develop an affinity for nature and an awareness of the interdependence of all living things, the program is intended to encourage in all students a lifelong environmental ethic, compassion for others, and connection to the community. Outdoor time provides opportunities for independent exploration and discovery. More formal instruction in natural sciences with the guidance of Science Center naturalists, fosters environmental aware-

"We are thrilled to begin our new school year in this beautiful

ness from a young age.

new facility," said Blue Heron School Director Laura Mammarelli. "To have a space designed specifically for young children that combines the indoors and outdoors seamlessly and allows for child growth and independence is the greatest asset to our children. We are so appreciative of all of the support of the Science Center community in helping develop all the future naturalists who will go through this program in this wonderful building."

Blue Heron School is a nature-based Montessori school for ages three to six. Learn more at www. nhnature.org/programs/ blue\_heron\_school.php.

#### Race FROM PAGE A1

or just hike the 12.2-mile route as a participant of the event. You may also decide to get out and enjoy the day with the four mile race which climbs to the top of Mount Livermore and loops back to the start / finish area. All participants will be entered into the prize drawings to be held during the event, and have access to food and beverages donated by local restaurants and businesses at the start finish area. Handmade medals will go to the top finishers in their division and prizes to the top finishers overall. Register for the Ridge Race online at squamlakes.org. Specialthanksgotothe

Webster Family, Webster Land Corp, and Burleigh Land Limited Partnership for providing access to the trails and venue for this race. The SLA would like to thank the following lead sponsors Rockywold-Deephaven, O'Neill Orthopedics, and Meredith Village Savings Bank, along with the dozens of generous sponsors who make this event possible. SLA is still seeking sponsors and in-kind donations for the Ridge Race raffle. If you would like to participate, please contact Development Director Angi Francesco at the SLA office.

Parking (start and finish line) will take place at Burleigh Farm Road off of Route 113 in Holderness. Registration/number pick up opens at 7:30 a.m., and the race will start at 9 a.m. This event is limited to the first 200 registrants.

The Squam Lakes Association is a non-profit organization established in 1904 and for over 100 years has been working to protect and conserve the natural beauty, peaceful character, and resources of the Squam Watershed. In collaboration with local and state partners, the SLA promotes the protection, careful use and shared enjoyment of the lakes, mountains, forests, open spaces and wildlife of the Squam Lakes region. For more information, call the SLA office at 968-7336 or email info@ squamlakes.org.



## SLA to host ecological kayak tour on Squam Lake

HOLDERNESS — Join the Squam Lakes Association (SLA) on Saturday, Sept. 21 from noon to 3 p.m. for a guided kayak tour on Squam Lake. Hosted by SLA Lakes Region Conservation Corps member, Cole Beale, participants will enjoy a fun autumn afternoon kayaking to Cotton Cove while collecting water samples and learning about lake



kayaking tour will start at the SLA Headquarters located at

534 US Route 3 in Holderness, New Hampshire. This program has been created with kids in mind

from the ages eight to 14, but anyone of interest is allowed to join. The program has been designed

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number of miles food

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their own products that

vary weekly. For more in-

formation, visit localfood-

splymouth.org.

to get kids thinking about what things are in the water that we cannot see. It will give them an inside look at what we do at the SLA for water sampling procedures as well as give them an opportunity to learn about microorganisms. No prior knowledge of aquatic ecology is required. All that's needed for the event is a wanting to learn, proper waterproof and quick dry clothing for the day and any snacks or water they may be wanted during the event. Participants should be prepared to kayak for potentially two hours. The programs times and dates are sub-

ject to weather conditions

the day of.

Microscopic organisms in the water play a vital role to health and stability to aquatic ecosystems. Algae has many benefits to native species, providing food and utilizing nutrients in the water. Another huge benefit from algae is that like terrestrial plants, algae produces oxygen through photosynthesis. While algae plays a major part in creating a healthy aquatic ecosystem, it can also lead to many problems in bodies of freshwater. This program will go deeper into the effects of algae and how something

so small can play such a vital role in the stability of a body of water.

For more information or to sign up for this Adventure Ecology, visit our website, squamlakes. org, or contact the SLA via phone at 968-7336. Please register before the event as space is limited. Along with the Adventure Ecology programs, the SLA also offers many other types of programs throughout the year. These programs are always free and open to all. They cover a variety of topics that span across all sides of conservation and nature related themes. The Adventure Ecology programs are presented by our Lakes Region Conservation Corps AmeriCorps members at the SLA who perform important conservation work in support of the SLA's mission.

The Squam Lakes Association is dedicated to conserving for the public benefit the natural beauty, peaceful character and resources of the watershed. In collaboration with local and state partners the SLA promotes the protection, careful use and shared enjoyment of the lakes, mountains, forests, open spaces and wildlife of the Squam Lakes Region.

## Guitarist Mike McDowell to appear at Farmers' Market

PLYMOUTH -Throughout the summer season, local musicians have entertained shoppers at the Plymouth Farmers' Market. The Market on Sept. 19 will feature guitarist Mike McDowell of the Cole Robbie Band. The band's Facebook page describes the band's music as "Free Range Organic Gluten Free Music Jams!" Come and enjoy the music as you try out the foods and flavors of the market.

There are two weeks left to attend the weekly Plymouth Farmers' Market, Thursday, Sept. 19 and Sept. 26. This is a great time of year to stock up on winter squash, garlic, jams, applesauce, elderberry syrup and frozen meats. The market takes place out-



The Plymouth Farmers' Market on Sept. 19 will feature guitarist Mike McDowell of the Cole Robbie Band.

side at the Plymouth Regional Senior Center on Green Street (along the Pemi River) in Plymouth from 3 to 6 p.m.

As the outdoor market comes to a close, market goers are reminded that they can access local farmers and vendors throughout the year by using the Local Foods

Plymouth (LFP) On-Line Market. To receive the weekly buyer reminder, simply send your name and e-mail tolocalfoodsplymouth@gmail.com During the off season buyers pick up their orders at the Plymouth Area Renewable Energy Initiative (PAREI) office, at 79 Highland Street in

Mike McDowell will also be playing along with many other local musicians at the upcoming fundraiser for Voices Against Violence. In collaboration with Tenney Mountain Resort, community members are invited to attend the "Dance to End Domestic Violence" event on Oct. 12 from 4 to 10 p.m. Tickets are available at the

## Mystery

FROM PAGE A1

'PLYMOUTH!' Many area residents know we have been referred to as The Gateway to the White Mountains. Could the phase, Scenic Hub of New Hampshire, have preceded the current description of our town?

Brian Murphy, Director of Land Use and Planning Director of Plymcontacted Rotary International to see if there was a connection between former Rotary emblems and this. Their response was "it was (and remains) common for Rotary clubs to place these [signs] at the entrance to their towns. The Rotary Club of Plymouth, NH, official-



ly started in August 1927. seems unlikely that a new club would've created a local version that varied so greatly from that standard design and didn't include the word Rotary."

If we can decipher the age of the item, we might be able to determine what title slogan came first. Ray will be diving

again in the area. If luck outh, received the artifact By that time, the logo had is on his side, he may find from Ray Sullivan. He been standardized, and it the piece that had broken off and what might it share? If anyone has any information relative to the artifact pictured, please contact Louise McCormack, President of the Plymouth Historical Society at louisem@ plymouth.edu. Can we solve this mystery?



What's Happening at

## Plymouth State University

## Visit Plymouth State this week!

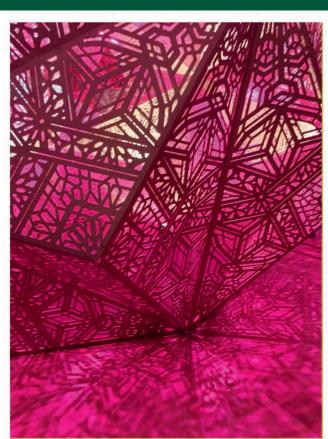
Upcoming events and home games

SATURDAY, 9/21: Women's Tennis vs. UMass Boston, 1 p.m. (@Holderness School) Football vs. Worcester State, 1 p.m. (Currier Field) Information: athletics.plymouth.edu

SUNDAY, 9/22: Faculty Recital-Adam Mayon, piano, 1 p.m. (Smith Recital Hall, Silver Center) Information: plymouth.edu/silver-center

TUESDAY, 9/24: Faculty Exhibition-INSPIRED REFLECTION: Works by Pamela Anneser and Tom Driscoll, Opening Reception 5 p.m., (Museum of the White Mountains) Information: plymouth.edu/mwm

WEDNESDAY, 9/25: Women's Volleyball vs. Fitchburg State, 6 p.m. (Foley Gym) Information: athletics.plymouth.edu



Did you know that the pool in the PE Center has open swim hours for members of the community? To find out about hours and how you can purchase a pool pass, visit plymouth.edu/PECenter.





## Thursday, September 19, 2019

# What's

The local high school sports teams continue the busy season in the coming weeks.

Newfound The soccer boys will host Berlin today, Sept. 19, and will be at Gilford on Tuesday, Sept. 24, both at 4 p.m.

The cross country Bears will be in action at home today, Sept. 19, at 4:30 p.m. and will run in Manchester on Saturday, Sept. 21, at 10 a.m. and at Moultonborough on Thursday, Sept. 26, at 4 p.m.

The Newfound field hockey team will be hosting Bishop Brady on Friday, Sept. 20, at 4 p.m. and will be at Berlin at 4 p.m. on Wednesday, Sept. 25.

The unified soccer Bears will be hosting Gilford at 3:30 p.m. on Friday, Sept. 20, and will be at Gilford on Monday, Sept. 23, also at 3:30 p.m.

leyball team will be hosting Portsmouth

## Bears knock off defending champs

Doan, Pabst pace Newfound field bockey past Mascoma

BY JOSHUA SPAULDING

BRISTOL — The Newfound field hockey team had its first major test of the young season on Friday, as the defending Division III champions from Mascoma came to

The Bears passed the test, as Tiffany Doan scored less than five minutes into the game and the Bears held on the rest of the way, taking the 1-0 win on Nathan Morrison Field.

"That was a big win for us," said coach Kammi Williams. "That's all they've been thinking about all week."

After keeper Hayleigh Pabst had a save in the opening minute and Caroline Marchand got a bid in close that went wide, the Bears struck for the game's first goal.

Cassie Zick sent the ball forward to March-



JOSHUA SPAULDING (Left) Tiffany Doan scored the game's lone goal in the 1-0 win over Mascoma.

Mascoma came back with a couple of chances that went wide of the net. Doan, Marchand and Zick combined on another chance that was turned away by Mascoma's keeper.

The Royals came up with a strong series in front of the Newfound net and Pabst was on her game, as she turned away three different chances, SEE **FIELD HOCKEY** PAGE B3







Avoid Lines, Save Money, Buy Tickets Online at DeerfieldFair.com!

and Sunday 9-7

## Deuso, Comeau lead Bears in Laconia

BY JOSHUA SPAULDING

Sports Editor

LACONIA — The Newfound cross country team took to the hilly course at Robbie Mills Park in Laconia on Saturday and came through with some solid results.

The Bear boys and girls both finished eighth overall on the day in a field that included Trinity, Mo-Gilford, nadnock, Belmont, Inter-Lakes, Moultonborough, Plymouth, Winnisquam and host Laco-

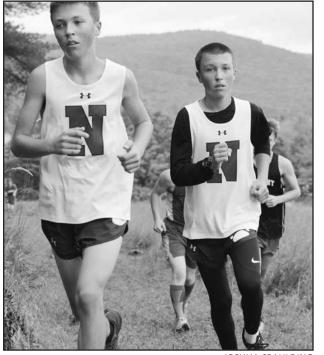
Leah Deuso led the way for the Newfound girls, finishing in 34th place overall with a time of 30:03.

Sophia Pettit was next in for the Bears, finishing in 48th place in a time of 35:29 and Julia Huckins was 54th overall in a time of 37:57.

Gretchen McGowan finished in 55th place with a time of 38:08 and Sadira Dukette rounded out the field of Bear girls, placing 60th overall in 42:20.

Nick Comeau led the way for the Newfound boys, finishing in 20th place overall in

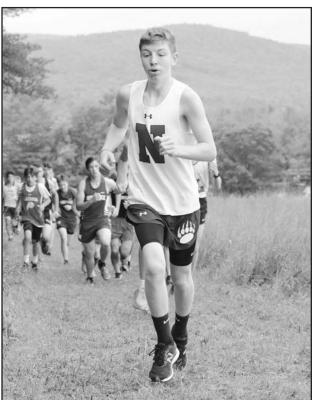
JOSHUA SPAULDING (Right) Sophia Pettit was second among the Newfound girls in Laconia on Saturday.



Ryder (left) and Connor Downs run in the Laconia Invitational







(Left) Leah Deuso led the way for the Newfound girls on Saturday in Laconia.

21:14.

Joe Sullivan was next in for the Bears, finishing in 31st place in 22:06 and Jeff Huckins placed 37th overall in a time of 22:48.

Wyatt Day was the fourth scorer, putting up a time of 22:51 for 39th place and Luke Gordon rounded out the scoring with a time of 23:21 for 48th place.

Connor Downs finished in 23:25 for 49th place, Ryder Downs was 58th in 24:07, Romeo Dokus finished in 62nd place in 24:25, Logan Hinton finished 70th overall in 26:03 and Hunter Pease was 72nd in 26:13 to finish.

The Bears hosted the Newfound Fun Run on Thursday, Sept. 12. Deuso led the way for the girls while Sullivan led the way for the boys. The Bears were joined by Plymouth, LinWood, Berlin, Laconia and Belmont.

The Bears will be back in action today, as they host the Newfound Invitational at 4:30 p.m.

Sports Editor Joshua Spaulding can be reached at 279-4516, ext. 155 or josh@salmonpress.news.

JOSHUA SPAULDING (Left) Wyatt Day runs during the Laconia Invitational on Saturday morning.

## **Bobcats get back on** track, shut out Generals

BY JOSHUA SPAULDING

WEARE — After losing the opening game of the season in Bow, the Plymouth football team took care of business in a big way on Saturday, as they cruised past the John Stark Generals.

The Bobcats got out to a 36-0 lead and then added another eight points in the second half for the 44-0 win.

Joe Cleary had a solid day in the backfield for the Bobcats, as he carried four times for 54 yards and a touchdown. Joe D'Ambruoso was the lead rusher, as he finished with 142

yards and a touchdown added 10 tackles. on nine carries. Robert Oliver also had a good Cale Swanson had four carries for 69 yards Anthony Ciotti had six carries for 28

yards. Cole Johnston had one catch for 29 yards and Cleary had one catch for 53 yards and a touchdown. Cody Bannon was two-for-two on passes for 82 yards

and a touchdown. Cleary led the defense with 13 tackles while Ian Tryder and Sean Griffiths each

Coach Chris Sanborn noted that they day, as he carried six were hurt by a couple times for 85 yards and of fumbles on the first two touchdowns, his two drives of the game, first varsity scores. but they bounced back nicely in the second quarter, when they ran five plays and

scored four times. The Bobcats will be hosting their first home game of the season on Saturday, Sept. 21, with Gilford-Belmont in town for a 2 p.m. game.

Sports Editor Joshua Spaulding can be reached at 279-4516, ext. 155 or josh@salmonpress.news.



## Busy times, not just with the fall sports

It's been a busy start to the fall sports season, with games each night the last few weeks and a few nights where there's been multiple games to cover.

But it's also been a busy few months at the Village Players Theater in Wolfeboro, which is where I spend most of my free time when I'm not working one job or another. I'm thinking of this on this beautiful Friday morning as I write in the theater while some outside contractors are doing their thing both inside and

outside the theater. We wrapped up our summer production of Our Town in early August. It was the right kind of role for me in that I didn't have to memorize lines, but it was also a bit of a challenge, since I had to play a father and that's something that was new to me. Nonetheless, it was a good show and we had good audiences for all five performances.

Shortly after, Oscar winner Estelle Parsons returned to the theater and brought with her a half dozen Actors Studio professionals from New York. Many in the group were in Wolfeboro last summer as they workshopped an idea for a play and they returned this year with the play more fully-formed and worked on it again before giv-



ing a couple of performances for the local community. Like last year, it was a pleasure to watch them work on their craft and we were lucky to have them here in Wolfeboro for the week. And as soon as that

was over, we were into auditions for our fall musical, Once Upon a Mattress, which is a funny retelling of the famous The Princess and the Pea fairytale. I volunteered earlier in the year to serve as stage manager for the show. Stage manager is my favorite job with any production and I hadn't had a chance to do that job since The Music Man in 2017, so I was excited to get back into that role. However, we hadn't found a producer for the show when it came time to start getting things in line, so I volunteered to do that as well. I produced three shows last year and vowed I was taking this year off as a producer. At least I made it to August be-

fore I caved. We held auditions in late August and cast our show and rehearsals began. And as it turned out, there's a

few big dance numbers and there's not enough guys to fill the void, so now I'm in a few of the dance numbers. And then at rehearsal last week they gave me a line. So, I guess I will be on the stage when the curtain opens on Nov. 1. We have a great cast and I'm excited to see how the show

comes together. The reason I'm sitting in the theater today is twofold. We are having our carpets cleaned (thanks Bartlett Carpet and Upholstery Cleaning) and we are also beginning a solar project and the crew from Frase Electric is on the roof preparing the roof for the solar panels.

Needless to say, it's been a busy month on the fields, courts and courses but also inside the theater, with surely more to come.

Finally, have a great day Cate Poole.

Joshua Spaulding is the Sports Editor for the Granite State News, Carroll County Independent, Meredith News, Gilford Steamer, Winnisquam Echo, Plymouth Record-Enterprise, Littleton Courier, Newfound Landing, Coos County Democrat, Berlin Reporter and The Baysider. He can be reached at josh@ salmonpress.news 279-4516, or PO Box 729, Meredith, NH 03253.



Leroy Laflamme carves his way up the field during action on Saturday against Raymond.

Rolando Sylvain pushes his way through the Raymond defense on Saturday.



# Bears can't overcome early mistakes, fall to Rams

BY JOSHUA SPAULDING

Sports Editor

BRISTOL — The Ravmond football team was on the offensive side of the ball for just more than three minutes in the first half against Newfound on Saturday, but the Rams still had 26 points on the board at the break.

In the end, the Rams pulled away in the second half and took a 47-22 win over the Bears.

"One of the things I'm most proud of, the score doesn't reflect it, was the amount of heart we had in this game," coach Ray Kershaw said. "In the first game, we had no heart, but they brought it today.

"We had a lot of stupid mistakes, but we're a young team," the Bear coach said. "What they showed today is a step in the right direction."

The Bears took the ball to start the game and Rolando Sylvain and Leroy Laflamme got the carries as Newfound moved down the field, picking up a couple of first downs, but they were forced to punt away and the Rams returned the punt all the way to the end zone and booted the extra point with 8:06 to go, giving the visitors the 7-0 lead.

got the Newfound ball back and promptly moved the ball. Laflamme started with two carries, including one for a first down and then Brett Pigeon hit Devon Normandin with a pass for another first down. Svlvain then carried three of the next four carries, including a fourth-

Bears then took advantage of a Raymond penalty to get to the 25 and Sylvain raced 11 yards for a first down and then 14 yards into the end zone with 4:41 to go. The twopoint conversion was stopped and Newfound trailed 7-6.

The Rams then returned the ensuing kickoff 75 yards to the end zone and they took the 14-6 lead before the offense had even touched the ball.

The Bears ate up the rest of the first quarter clock with Sylvain getting the bulk of the carries and Laflamme also picking up a couple of yards on the ground as the first quarter drew to a close with Newfound trailing 14-6.

The hosts opened the second quarter with a fourth and four and Pigeon hit Laflamme with a pass that covered 10 yards. Sylvain made the next three carries and then Laflamme had a carry as well. Sylvain got the ball to the three-yard line and then he ran it in on first and goal. Sylvain also carried in the twopoint conversion and the game was tied at 14 with 9:11 to go in the first half.

Raymond's offense took the ball for the first time and made it count, as they marched down the field and scored with 6:46 to go in the first half and took the 20-14 lead. The Bears came back with Sylvain and Laflamme carrying the ball and on fourth and three, Pigeon hit Marin Demeatris with a pass for first down. Sylvain and

down conversion. The Laflamme went back to work and continued to move the ball all the way to the one-yard line. However, they could not get the ball in the end zone and Raymond took over.

Two plays later, the Rams broke free on an 88yard run as time expired and they took the 26-14 lead heading to the halftime break.

Oceanne Skoog got in the backfield on the first play of Raymond's first drive of the third quarter and the Rams went three and out. Newfound quickly came back with Sylvain running five straight times to get the ball inside the 30. Sylvain then broke free for a 28yard touchdown with 7:40 to go and the twopoint conversion made it 26-22.

The Rams continued their quick work, as their next drive lasted three plays, with a 36-yard touchdown run capping things off with 6:31 to go. Kyle Sullivan blocked the extra point and it was 32-22 in favor of the visitors.

Newfound's next drive ended with an interception and the Rams took over and needed just two plays to get to the end zone. The two-point conversion made it 40-22 with 4:19 to go in the third quarter.

Both teams had drives that were stopped on fourth down as the third quarter came to a close with the visitors up 40-22. Newfound's first drive of

the fourth quarter ended with an incomplete pass but the Rams fumbled the ball away on the second play and Demeatris recovered the loose ball to give the Bears another chance.

Sylvain got the carries as the Bears moved the ball down the field but they got stopped on fourth down and the visitors took over again. This time they capitalized with a touchdown pass with 4:09 to go for the 47-22 lead and that score held to the final whistle.

"Oh and two is not where we thought we'd be or where we want to be," said Kershaw. "But they did not give up, from beginning to end."

The Bear coach praised the work of Sylvain, who carried the ball more than 50 times on the day.

"We let him know he'd get a lot of carries and he said he was ready for it," Kershaw said. "And it was nice to have Brett (Pigeon) back from inju-

"If you take away the special teams touchdowns, it's a little different game," the Bear coach noted.

The Bears will be back in action on Saturday, Sept. 21, as they host Winnisquam for a 7 p.m.

Sports Editor Joshua Spaulding can be reached at 279-4516, ext. 155 or josh@salmonpress.news.

## Hockey

FROM PAGE B1

keeping her team in the

Marchand made a good run down the field for another bid for the Bears and then Haley Dukette and Zick teamed up on a bid that went wide of the net. The Royals came back with a chance that went wide of the net, while Mattison Douville helped out with strong defense in front of the net.

Doan sent a ball through the crease toward Marchand, but they just missed connection and as the half drew to a close, Newfound held on to the 1-0 lead.

After neither team had a penalty corner in the first half, both had early corner chances in the second half, with the Royals sending a ball wide and Marchand putting a shot on net that was denied, while Zick and Lindsey Lacasse got in close too.

Hayse Broome sent a nice ball up to Marchand, but the ball was kicked out by the Mascoma keeper. Broome also had a nice centering pass but nobody was able to get a stick on it in front.

The Bears came back with three corners in a row but could not convert. Doan found Marchand on one of those corners but her shot went over the top of the net.

Pabst continued her strong play with a couple of saves in the Newfound net and then Broome and Mackenzie Bohlmann helped out with good defense on a Mascoma corner. Marchand had a bid denied by the defense and then Pabst stopped a shot



JOSHUA SPAULDING

Hayleigh Pabst stood tall in the net as the Bears knocked off Mascoma on Friday.

on a Royal corner and then made another save.

The Royals had another corner but could not put the ball in the net. Doan made a run into the zone at the other end but the defense turned it around.

The visitors had a couple of late corners, including one with no time left on the clock. Alyssa McDonough helped out with a big defensive stop on the first corner and the Bears closed out the 1-0 win.

"We have been pushing them hard at practice," Williams said. "We have a lot of good players, but our defense is really young.

"But today showed a big leap for us," the Bear coach continued. "It's the first time we've been tested and we showed up to it."

Williams praised the play of Doan and Marchand, who she noted are the only two offensive players in the lineup.

"Tiffany played one heck of a game, that's the best hockey I've seen her play," Williams said. "I put a lot on her and Caroline."

She also noted that in the second half, the team went away from its traditional game plan as the Bears tried to kill the clock as much as possible and use the whole field.

"That's a good team," she said, pointing to the Mascoma bench. "That tells me we deserve to be up there this year."

The Bears opened last week with a home game against Littleton on Sept. 10 and they rolled to a 6-0 win. The bread and butter of Newfound's scoring, Doan to Marchand, got the first goal 15 minutes into the game and then they added three more goals in the first half. Broome assisted Zick while Doan and Marchand combined for a second time. Bohlmann wrapped up the first half with a goal off a corner. Broome assisted Marchand and Zick scored the final goal unassisted.

"We didn't give up any shots on goal," Williams said. "The player that doesn't show up in the stats is Haley Dukette. In my opinion, she is the most underrated mid-

fielder in D3. She really keeps our team running.

On Wednesday, Sept. 11, the Bears traveled to Dover and defeated St. Thomas by a 3-0 score.

"We really struggled in our circle and creating any momentum in this game," said Williams. "There were a lot of whistles and we just couldn't get our game on."

The biggest concern for Williams was that the team's minds were on the game with Mascoma looming on the horizon.

Marchand scored the only goal of the first half at the 16:24 mark and then halfway through the second half, she scored again and followed it up with a goal on the corner, assisted by Broome. Pabst had just one save on net.

The Bears will be in action on Friday, Sept. 20, at home against Bishop Brady at 4 p.m. On Wednesday, Sept. 25, the Bears will be at Berlin at 4 p.m.

Joshua Spaulding can be reached at 279-4516, ext. 155 or josh@salmonpress. news.

## On Tap FROM PAGE B1

Christian on Friday, Sept. 20, at 6:15 p.m. and will be at Winnisquam at 6:15 p.m. on Wednesday, Sept. 25.

The football Bears will be hosting Winnisquam at 7 p.m. on Saturday, Sept. 21.

The Plymouth boys' soccer team will be hosting Coe-Brown today, Sept. 19, at 4 p.m., will be at Kennett at 4:30 p.m. on Tuesday, Sept. 24, and will be at Kingswood at 5:30 p.m. on Thursday, Sept. 26.

The Bobcat soccer girls will be hosting Lebanon on Friday, Sept. 20, at 4 p.m. and will be hosting ConVal at 4 p.m. on Tuesday, Sept. 24.

The Plymouth golfers will be in action today, Sept. 19, at Candia Woods

at 3:30 p.m., will be at Angus Lea on Monday, Sept. 23, at 4 p.m. and will be at Campbell's Scottish Highlands on Thursday, Sept. 26, at 4 p.m.

The Bobcat volleyball team will be hosting at Souhegan on Friday, Sept. 20, at 5:45 p.m., will visit Laconia at 5:45 p.m. on Tuesday, Sept. 24, and will be at Kennett on Thursday, Sept. 26, at 6

The football Bobcats will be hosting Gilford-Belmont at 2 p.m. on Saturday, Sept. 21.

The Plymouth cross country team will be at Manchester at 10 a.m. on Saturday, Sept. 21.

The Bobcat field hockey girls will be hosting Souhegan on Friday, Sept. 20, at 4 p.m. and will visit Pelham for a 4:30 p.m. game on Tuesday, Sept. 24.

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QUALIFICATIONS: Applicants should possess an Associates Degree from a recognized, accredited institution in Criminal Justice, and/or Police Administration. Applicants must possess all necessary State Certification as required by the Police Standards and Training Council, a proven track record of progressively responsible experience in law enforcement and crime prevention. CPR trained or NH Licensed EMT is desirable. The applicant should also possess strong leadership, communication and public relation skills.

**SALARY RANGE**: \$65,000 - \$71,000

APPLICATION PROCEDURE: Send a cover letter and resume with three (3) workrelated references on or before Monday, September 23, 2019 by 4:00 pm to:

Denise Vallee, Town Manager Town of Gorham, 20 Park Street, Gorham, NH 03581 Attn: Police Chief Position

The Town of Gorham is an Equal Opportunity Employer.



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> Rick Ash, Hardware Manager 20 West Street, Ashland, NH 03217

classified ad right into the office located nearest to you and drop it off. We'd <u>love</u> to see you! \* \* \* \*

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• 1957: THE UNITED STATES CONDUCTS ITS FIRST UNDERGROUND **NUCLEAR TEST IN** THE NEVADA DESERT.

• 1985: MEXICO CITY IS STRUCK BY THE FIRST OF TWO DEVASTATING

• 1991: OTZI THE ICEMAN IS DISCOVERED IN THE ALPS ALONG THE BORDER OF ITALY AND

EARTHQUAKES.

AUSTRIA.

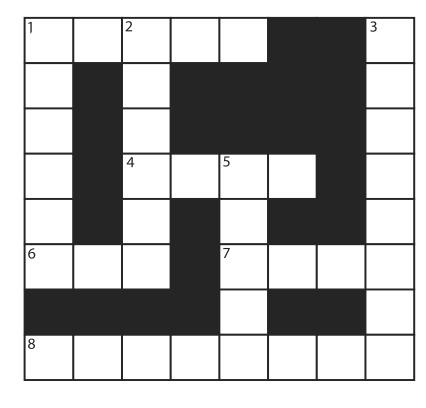




QUEEN VICTORIA WAS ONE OF THE FIRST PEOPLE TO HAVE THIS SUBSTANCE ON CAKE, GIVING IT ITS ROYAL NAME.

ANSWER: ROYAL ICING

## **Crossword Puzzle**



## **ACROSS**

- 1. Leavened dough
- 4. Let dough sit
- 6. Man
- 7. Overexcited
- 8. Make look attractive

#### **DOWN**

- 1. Cooking with dry
- 2. Vitality for activity
- 3. Relish at the sight of
- 5. Sweetener



## **PIPING**

technique of putting icing on a cake

1. Baking 2. Energy 3. Salivate 5. Sugar nwou 1. Bread 4. Rest 6. Guy 7. Gaga 8. Decorate Across :SY9WSUA



**ENGLISH:** Bake

**SPANISH:** Hornear

**ITALIAN:** Cuocere al forno

FRENCH: Cuire

**GERMAN:** Etwas backen

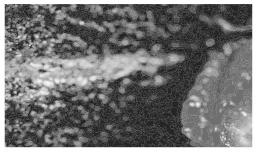


A BIG BREAKTHROUGH IN THE HISTORY OF BAKING CAKE HAPPENED WITH THE USE OF BAKING SODA AND BAKING POWDER AS LEAVENING AGENTS.

Answers: A. foliage B. colors

C. chilly D. fall





Can you guess what the bigger picture is?

**ANSWER: CHOCOLATE LAYER CAKE** 

A B C D E F G H i J K L M N O P Q R S T U V W X Y Z

Determine the code to reveal the answer!

Solve the code to discover words related to autumn. Each number corresponds to a letter. (Hint: 1 = L)

13 22 1 8 7 14 A.

Clue: Plant leaves

B. 6 22 1 22 5 26

Clue: Different hues

C. 6 24 8 1

Clue: Tad cold

13 7 1 1 D.

Clue: Season of the year

## SUDOKU

#### 6 2 6 7 4 4 3 9 5 7 6 dooooo 3 6 2 4 7 8 5 5 8 decession 4 2

Like puzzles?

Fun By The Numbers

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Level: Beginner

## Here's How It Works:

Sudoku puzzles are formatted as a 9x9 grid, broken down into nine 3x3 boxes. To solve a sudoku, the numbers 1 through 9 must fill each row, column and box. Each number can appear only once in each row, column and box. You can figure out the order in which the numbers will appear by using the numeric clues already provided in the boxes. The more numbers you name, the easier it gets to solve the puzzle!

ε	8	7	2	Þ	nesh.	6	9	S
	9							
6	and a	ç	9	8	L	Þ	ε	2
mak	2	8	2	9	Þ	9	6	3
Z	<b>フ</b>	ε	6	k	9	G	2	8
G	6	9	8	5	ε	L	mah.	ャ
8	S	6	3	L	S	mm.	Þ	9
2	L	and	†	9	G	3	8	6
9	3	ħ	L	6	8	2	G	2

**ANSWER:** 

NEWFOUND LANDING, THURSDAY, SEPTEMBER 19, 2019

## Royal attack shuts down soccer Bears

BY JOSHUA SPAULDING

Sports Editor

BRISTOL — The Newfound boys' soccer team was unable to get past an effective Mascoma attack on Friday, Sept. 13, despite a strong showing from Bear keeper Jack Gos-

Gosson made 20 saves in goal, including two full-stretch vertical dives tipped over the bar, four fullstretch horizontal diving saves and one goal line jump and catch surrounded by Royal attackers.

"Jack was commanding between the pipes for a Newfound team that could not possession or hold up the ball in their attacking third," coach Jason Hill said of the 2-0 loss. "Newfound generated zero scoring opportunities and was unable to apply much pressure to Mascoma's defensive unit."

Hill noted that Tuan Nguyen had a strong game for the Bears in the midfield, making tackles and slowing down the Royal attack. He also noted George Belville had a strong



McGowan Willey and Tuan Nguyen go after the ball in action against Mascoma last Friday.

## **Newfound seeking** winter coaches

BRISTOL — Newfound Area School District is looking to fill a number of coaching positions for the winter

At Newfound Regional High School, they are seeking an alpine skiing

At Newfound Memorial Middle School, they are seeking boys' basketball, girls' basketball, skiing and spirit coaches.

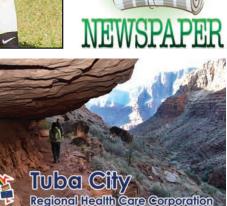
If interested, please send a letter of intent, resume, and names and phone numbers of three references to Stacy Buckley - Superintendent, Newfound Area School District, 20 North Main St., Bristol, NH 03222.

Questions should be directed to Alex Sobolov, Athletic Director at asobolov@sau4. org or 744-6006, x1507.

back in action today, Sept. 19, at home against Berlin and on Tuesday, Sept. 24, the Bears will be at Gilford, both with 4 p.m. starts.

Joshua Spaulding can be reached at 279-4516, ext. 155 or josh@ salmonpress.news.





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WWW.TCHEALTH.ORG

## TangerFIT 5K set for Sunday

effort in the midfield as well, challenging

50-50 balls and making

tackles. Owen Henry

and Logan Glidden

were solid at center

back, clearing the ball,

closing seams and

blocking shots. Matt

Karkheck worked hard

winning wide battles

at outside back and

McGowan Willey was

gritty with some hard

running on the wing,

The Bears will be

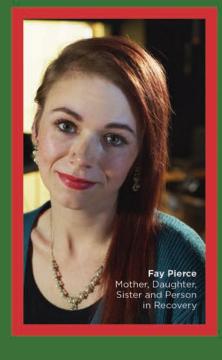
according to Hill.

TILTON — Tanger Outlets in Tilton in conjunction with Mix 94.1FM, Northeast Communications, Belknap Landscape Company, Gunstock Mountain Resort, Laconia Daily Sun and AutoServ, will host the 11th annual TangerFIT 5K Run/Walk to benefit breast cancer patients in the Lakes Region. The first 1,000 registrants to check-in at the race will receive an exclusive race t-shirt and all finishers will receive a commemorative participant medal. Prizes will be awarded to top three male and female winners. There is a discount to register prior to the race.

Businesses and group organizations interested in forming teams of 10 or more can receive a discounted entry rate. For a discounted team rate, contact Tanger Outlets General Manager Eric Proulx at Eric.Proulx@TangerOutlets.com. Team prizes will be awarded for the following categories: Largest team, most spirited and best team t-shirt.

The race takes place Sunday, Sept. 22, at 8:30 a.m. at Tanger Outlets Tilton, 120 Laconia Road, Tilton.

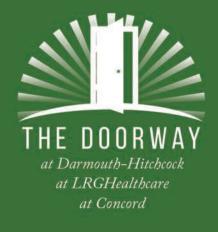
For more information or to register, visit www.tangeroutlets.com/





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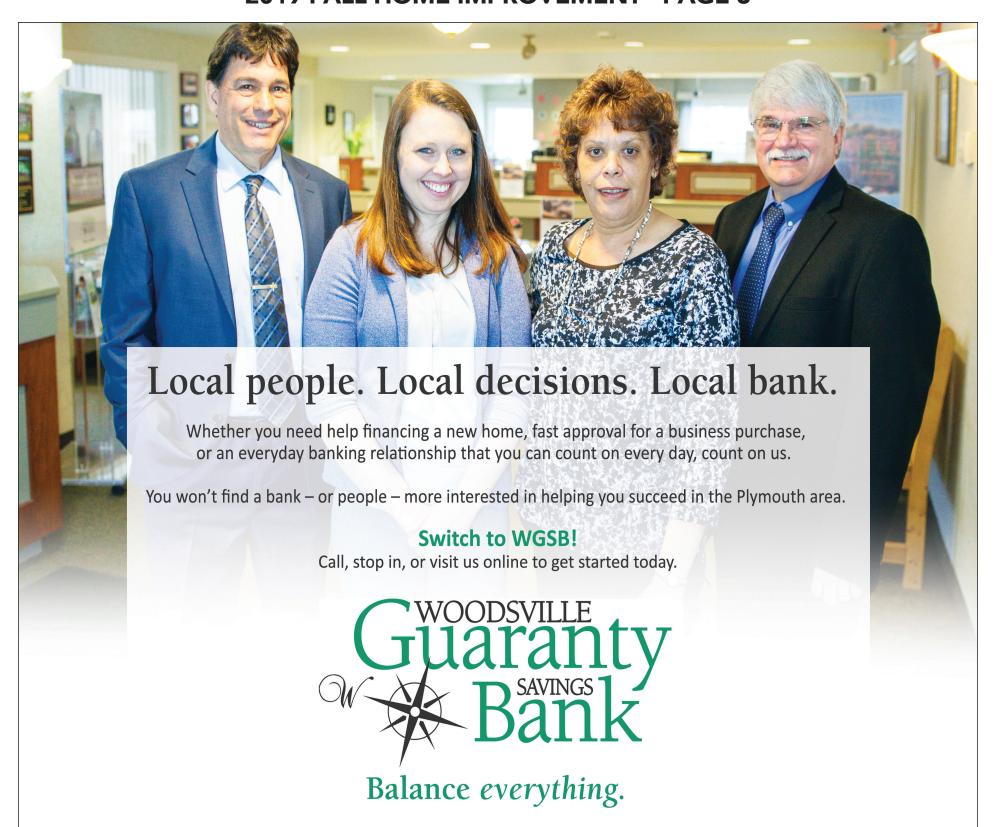
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For help with alcohol and drug related issues, please visit the Doorway. NH. gov OR Call 2-1-1.



## 2019 FALL HOME IMPROVEMENT - PAGE 8

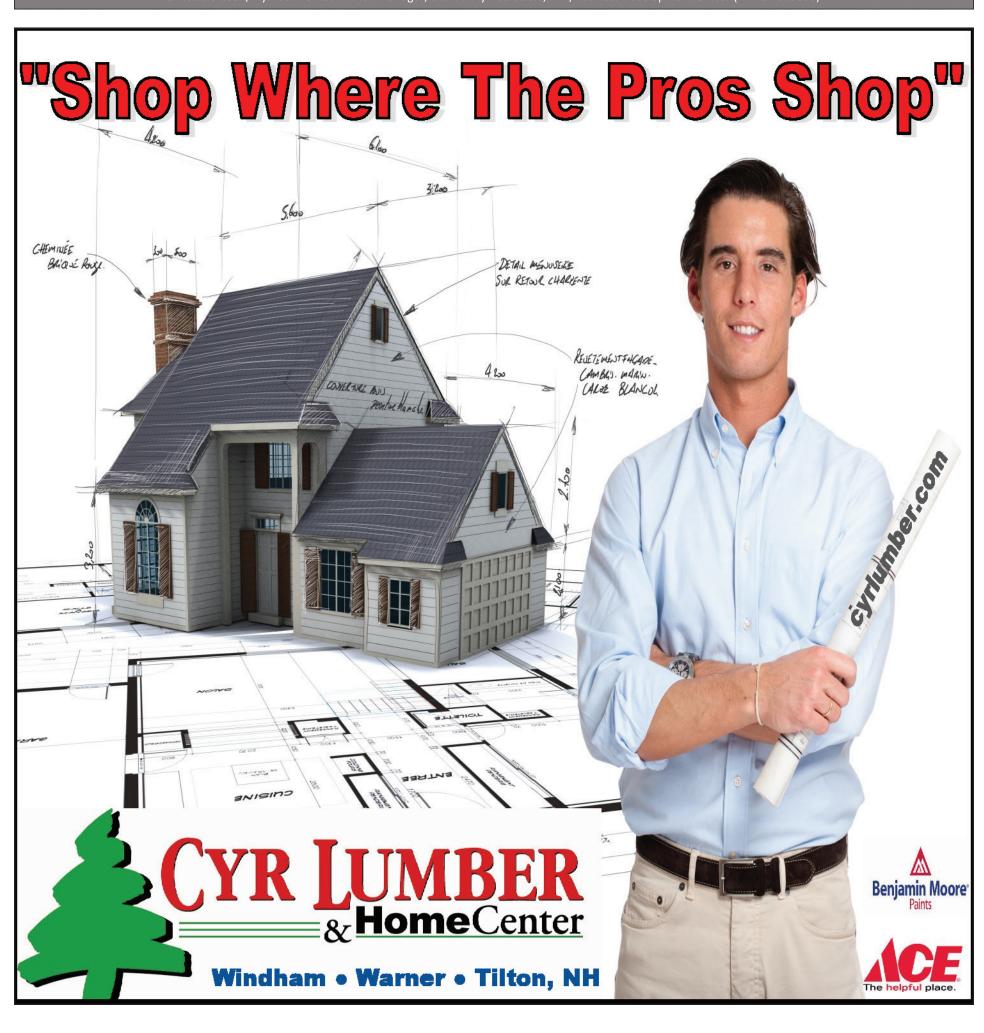


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Pictured L-R: Richard Manzi, VP/Regional Market Manager; Marcie Gowen-Nobley, Residential Loan Officer (NMLS #1484955); Rennetta Oleson, Plymouth Office Branch Manager; and Danny Desrosiers, AVP/Business Development Officer (NMLS #619800).



#### 2019 FALL HOME IMPROVEMENT - PAGE 7

## The threat posed by ice dams

Cold, snowy weather can present various issues for homeowners to contend with. One such problem, ice dams, can cause damage to walls, ceilings and other areas

The University of Minnesota Extension says that an ice dam is a ridge of ice that forms at the edge of the roof and prevents melting snow from draining properly. A complex combination of heat loss from a home, snow cover and outside temperatures can lead the formation of ice dams. An ice dam will be fed by melting snow above it and cause a backup at the edge of the roof.

Dams can cause gutters to tear off and loosen shingles and may lead to water backing up and pouring into the home, advises This Old House. Ice dams also can contribute to soggy insulation, making the

insulation lose its protective R-value an becoming a magnet for mold and mildew.

Homeowners can do a number of things to temporarily prevent the formation of ice dams. Heated cables clipped to the roof's edge in a zigzag pattern can help prevent dams that lift shingles. Pushing snow off the roof can help. Laying an ice melt product in gutters to help melt the ice that forms also can prevent ice dams.

More permanent solutions involve keeping the entire roof the same temperature as the eaves by increasing ventilation, adding insulation and properly sealing air leaks that can warm the underside of the roof. This may involve calling in a professional contractor. Such an investment is well worth it, as it can prevent much more costly damage down the line.

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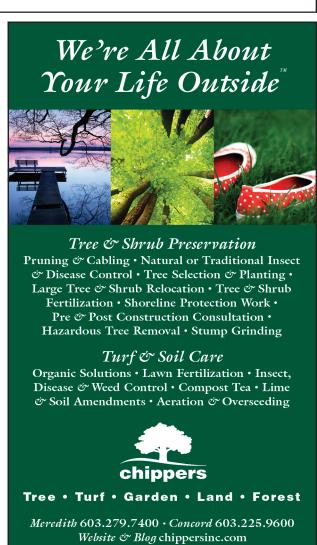




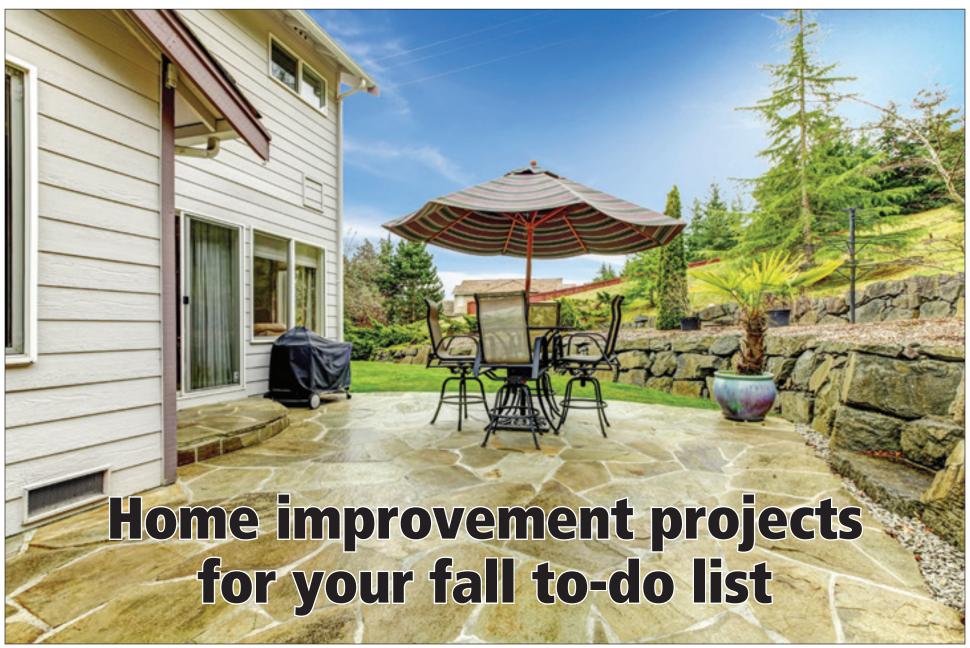
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Autumn is a great time to inspect patios that might have endured some wear and tear during the heavy usage seasons of spring and summer.

Homeowners know that maintaining a home can be a year-round job. No home is immune to wear and tear, and homeowners who want to protect their real estate investments should try to stay two steps ahead to ensure their homes do not succumb to the elements or become outdated and unappealing to prospective buyers.

Fall has become a season that's synonymous with home improvement, but homeowners need not wait until the leaves begin changing colors to start planning their next projects. The following are a few items homeowners can add to their fall home improvement to-do lists.

#### Roof inspection

Less precipitation tends to fall during the warmer months than during the late fall and winter. As a result, homeowners may not be aware of leaky roofs until autumn has come and gone. But waiting until winter to inspect the roof can prove disastrous, as weather conditions will not be

conducive to inspection and increased precipitation may result in potentially costly damage. Leaky roofs can be easily identified by looking for water stains on interior ceilings. Once you see a stain, you can climb onto the roof to identify the location of the leak and fix it before winter rains and snowfall turn the problem into something much larger. Inspect your ceilings for signs of leaking after a strong rainfall, and then address any leaks immediately.

#### Gutter cleaning

While some homeowners prefer to delay their gutter cleaning projects until late fall, those whose homes are surrounded by trees may need to schedule two such projects. Gutters clogged with leaves and other debris can cause serious roof damage, and that damage can extend all the way inside a home. In addition, clogged gutters make great nesting areas for insects or critters. Always stand on a ladder when cleaning gutters, wearing gloves to remove items by hand and dropping leaves and debris into a trash can below. Standing on the roof and leaning over gutters greatly increases your risk of injury. If the gutters are clear when you first examine them in early fall, you can wait until later in the season to give them a complete and thorough cleaning. Once you have finished clearing the gutters, you can use a hose to run water through them and the downspouts to confirm everything is functioning properly.

## Window and doorway inspection

Before temperatures start dropping once again, homeowners will want to inspect their windows and doorways for leaks. Over time, cracks can develop around windows and doorways, and while such cracks are rarely noticeable when the weather outside is warm, they can be quite obvious and very costly if they remain unsealed come the start of winter. Cold air can enter a home through cracks around windows and doorways, and many homeowners who don't

Prepare your deck for winter

suspect leaks may respond by turning up the thermostats in their homes. That can prove quite expensive over a full winter. Choose a windy autumn day to place a hand by windows and external doorways in your home to see if you can feel drafts. If you can, seal these cracks as soon as possible.

#### Patio cleanup

Patios are popular hangouts during spring and summer, and that can result in a lot of wear and tear. Once you store patio furniture for the winter, inspect your entire patio to determine if it needs any refurbishing. While certain patio projects may be best left for spring, you can still clean any stained areas around the grill and look for cracks in the sidewalk that need to be addressed.

Preparing for fall home improvement projects ahead of time can help homeowners complete projects in a timely manner and ensures they won't be forced to brave the winter elements when refurbishing their homes.

# Things to consider before warming up next to your first fire this winter

A warm fire can make even the coldest winter day more enjoyable. Fireplaces may not get much use in spring or summer, but come late fall and throughout the winter, the fireplace can be a great place for families to gather.

Before fireplace season hits full swing, homeowners might want to brush up on a few fireplace facts so they can safely enjoy nights spent sitting by the crackling flames.

The Chimney Safety Institute of America advises homeowners with fireplaces to hire a CSIA-certified chimney sweep to clean their fireplaces. After a lengthly period of non-use, various issues could be affecting the chimney, many of which might not be noticeable to an untrained eye. Professional, certified chimney sweeps have extensive knowledge of fireplaces, making them valuable resources who can let homeowners know if any safety issues developed since fireplaces were last used. The National Protection Agency recommends that chimneys be swept at least once per year.

A full inspection of the chimney might be in order as well. Chimney service technicians will conduct thorough examinations of readily accessible portions of the chimney exterior and interior and accessible portions of the appliance and the chimney connection. The CSIA recommends that homeowners who plan to use their chimneys as they have in the past request a Level 1 inspection, which will examine the soundness of the chimney structure and flue as well as the basic appliance installation and connections. Technicians also will verify if the chimney is free of obstruction and combustible deposits.

Homeowners also should inspect their chimney dampers before lighting their first fires of the season. Dampers should open and close smoothly. If not, a service technician can help fix or replace the damper.

Firewood is another thing homeowners must consider before lighting their first fires of the season. The CSIA says that well-seasoned firewood works best, noting that wood that is not well-seasoned will produce more smoke than heat. In addition, the home improvement resource This Old House recommends using dense wood that's been split and stored in a high and dry place for at least six months. Oak is an example of dense wood that, when stored properly, can make for an enjoyable fireplace experience. Avoid softwoods like pine. Pine can produce a lot of creosote, which is a byproduct of wood combustion. Creosote is highly flammable, and as it builds up in a chimney, the risk for a chimney fire increases. Choosing the right wood, making sure it's well-seasoned and having a chimney professionally cleaned can reduce the risk of a creosote-related chimney fire. A Level 1 inspection should determine if there are potentially dangerous levels of creosote deposits in the chimney.

Before nestling up to a fireplace this winter, homeowners should consider a host of factors and safety measures to ensure their fireplaces are safe and ready for the season ahead.

Homeowners often take steps to winterize the interior of their homes in the weeks before winter's arrival, but such efforts should extend to the outside of a home as well

home as well. Decks make for great gathering places when the weather permits. Decks are where many people spend their free time and eat their meals come spring and summer, when the temperatures climb and the sun sets well into the evening. But as summer turns to fall, homeowners must take measures to protect their decks from potentially harsh winter weather.

• Inspect the deck for problems. Decks tend to be used more often in summer than any other time of year. That makes fall and early winter an ideal time to inspect for wear and tear and any additional issues that may have cropped up throughout the summer. Damaged boards and loose handrails should be fixed before winter arrives, especially for homeowners who plan to use their decks in winter. Fixing such issues in winter and even into spring may be difficult thanks to harsh conditions, so make good use of the relatively calm autumn weather to fix any issues on the deck.

• Clear the deck of potted plants. Even homeowners who intend to use their decks in winter should remove potted plants from the deck in the fall. The home improvement experts at HGTV note that moisture can get trapped between deck boards

and plastic, wood or ceramic containers in cold weather, and that can contribute to mildew, discolaration or decay

discoloration or decay. Store unnecessary furniture. Homeowners who like to sit on their decks in winter will no doubt want to leave some furniture out over the winter. But those with lots of furniture for entertaining guests can likely move the majority of that furniture into a garage or shed for the winter. HGTV notes that doing so will prevent the potential formation of blemishes on the deck that can result from inconsistent weathering.

•Remove snow, but do so carefully. Prolonged contact with snow and ice can damage a deck. As a result, homeowners should clear snow from their decks when accumulation is significant. HGTV recommends using a snow blower on the deck to avoid scarring. If a shovel must be used, push snow with the planks to reduce the risk of damaging the deck.

Homeowners who take steps to protect their decks throughout the winter months can ensure these popular areas are ready once entertaining season returns in the spring.

## **Get your home fall- and winter-ready** with 5 simple projects

(MS) — If boots, a warm hat and a tunedup snow blower are the only items on your winter preparation list, your home maintenance plan may need a makeover. These simple home maintenance projects can help lower your energy bills, prevent more costly repairs and/or increase the lifespan of your home.

1. Heating & Ventilation — Examine your fireplace and chimney system to ensure that no soot or creosote has collected. Any cracks or voids could potentially cause a fire. Before you turn the furnace or boiler on, replace the air filter and hire a professional to inspect the unit more thoroughly. These steps will improve the efficiency and life of your furnace and will ensure



stable indoor air quality.

2. Seal Windows and Doors — If not properly sealed, windows and doors can be a major culprit for heat loss. To keep the warm air inside, inspect the weather-stripping around your home's windows and doors for leaks, rot or

decay. Repair or replace structural framing, and caulk inside and out, if necessary.

3. Insulate well — One of the easiest and most effective defenses against heat loss is proper insulation. Prevent cold drafts from entering and the loss of heated air

through basement headers, which, when left exposed, can make your furnace work harder. Look for a moisture-resistant product offering high thermal performance, such as Roxul Comfortbatt insulation. This type of mineral freezing. Ensure rain or

wool insulation makes installation simple. All that's needed is a serrated blade or bread knife. Cut the batt to fit the cavity and press into place. The insulation will help improve energy efficiency as soon as it's in place and provide savings over the lifetime of your home. Comfortbatt can also be used to top or replace old attic insulation. Aim for an R-50 or a depth of 16 inches.

4. Backyard Care Save your property from potential damage by trimming overgrown trees and shrubs to prevent ice-laden branches from thrashing against electrical wires and your home's exterior. Drain/shut off any exterior faucets and sprinkler systems to prevent snow drains away from the house to avoid foundation problems.

5. Roof and Gutters — Inspect your roof for shingles that are warped, damaged or even missing to prevent a future leak. Use roofing cement and a caulking gun to seal joints where water could penetrate, such as around the chimney, skylights or vent pipes. Make sure that your gutters and downspouts are securely fastened. Downspouts should extend at least five feet away from the home to prevent flooding.

When it comes to preventative maintenance. a little time and effort can save thousands in energy costs and repair bills over the lifetime of your home.

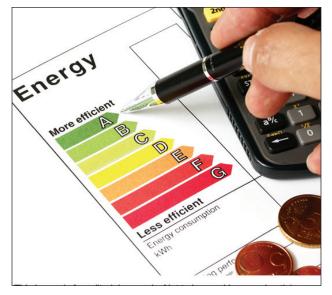
## 5 simple ways to increase energy efficiency and savings

(MS) — Fall and winter can be tough on your home and your wallet. As temperatures drop, chances are your furnace will be working overtime. This results in two things — greater energy consumption and higher heating bills. In fact, costs associated with heating and cooling a home year-round typically comprise twothirds of the average energy bill.

Try these easy DIY projects to help cut down on energy loss and expenses:

Replace worn weather-stripping around doors and windows. Worn weather-stripping can create drafts and let heated air out, stressing your furnace and compromising your comfort. Replacing it takes little time and is a low-cost, high-impact solution.

2. Top up or replace old insulation in your attic. A poorly insulated attic is a primary source of energy loss. Also, over time, some types of insulation can settle and compact, allowing heat to escape through gaps. Experts recommend topping up or replacing attic insulation with a dimensionally stable batt insulation like Roxul Comfortbatt. Aim for an



R-value of at least R-50 or a depth of roughly 16

3. Insulate basement headers and walls. Uninsulated basement headers are common, especially in older homes. They can act as a gateway for heated air to escape. Fixing the problem is fast and easy. Simply cut Comfortbatt mineral wool insulation to fit the cavity and compress into place. Doing this throughout your basement will prevent heat loss and can potentially save hundreds of dollars each year.

4. Caulk around windows. Cracks and crevices are a source of heat loss. They can also be an entry point for water/ moisture, as well as for unwelcome insects. Preventative maintenance, such as caulking, can improve energy efficiency and prevent costly repairs.

nace filter. Make it a point to check your furnace filter monthly, always changing it when it's dirty. This will improve the performance and efficiency of your furnace, saving you money.

## Easy ways to clean up leaves

Autumn is marked by colorful foliage and plummeting temperatures. Once those leaves reach peak color, they fall from the branches and collect on lawns, necessitating cleanup projects. For homeowners with big yards, such a project can be tiring and time-consuming. However, there are ways to make leaf cleanup easier.

One of the easiest ways to clean up leaves is to reach for a lawn mower rather than a rake. The mower will cut leaves down to smaller sizes, creating

an effective mulch that can add nutrients back into the lawn. Davey, a lawn and landscape solutions service, says that mowed leaves also can be collected in a mower bag and added to garden beds or compost piles.

For those who prefer manual raking, select a rake with tines that will not skewer the leaves in the process. Big rakes also can make faster work of gathering leaves into piles.

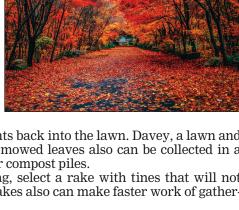
The home improvement resource The Family Handyman advocates for the use of a lawn sweeper. This is a manual device that has a rotating sweeping brush that gathers up lawn debris and leaves into an attached hopper bag. Like mowed leaves, the bag can be emptied into a compost pile or distributed where

Raking leaves onto a large tarp is another option. Once it's full, the tarp can be taken to the curb where many towns will collect the leaves seasonally. Otherwise, the tarp can be used as a funnel to put leaves into a gardening bag or another appropriate receptacle.

Leaf blowers remain a fast option for cleaning up yards, but they require electricity or gas and can be noisy. Still, they are a popular choice for large landscapes or when quick work needs to be made of leaf clean-

Leaves will fall in autumn, but luckily homeowners have various methods at their disposal to tame the mess.











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## The Lakes Region Parade of Homes returns October 12-14, 2019



Builder Shamus Keating of Key Day Builders will be showcasing a project on this year's Parade of Homes for his first time. This beautiful 9,500+ Sq.Ft. shingled-styled / Adirondack structural timber frame located in Tufftonboro includes many highlights: live birch tree walls, four custom fireplaces, indoor water falls, amazing accent lighting, custom iron railings, indoor pizza oven, "gorgeous hammer beam great room truss system", and a sound system that will shake the lake. Perfectly situated home offers impressive views from most every angle. Parade-gpers can expect to see a stunning variety of new and remodeled homes over the 3-day event, Columbus Day Weekend.

The Lakes Region Parade of Homes, the hallmark event hosted by the Lakes Region Builders & Remodelers Association (LRBRA), returns this fall for another incredible showcase of the Lakes Regions newest custom built and remodeled homes.The 2019 tour will feature 11 homes and there will be over 50,000 square feet of space for visitors to explore over the Columbus

12-14, 2019, 10-4 daily.

This year's home tour will showcase eight communities (Alexandria, Bridgewater, Sanbornton, Gilford, Laconia, Meredith, Moultonborough & Tuftonboro.) Of the eleven homes, seven are on the waterfront & four are extensive remodels. The homes range in size from 3,100 SF to 9,500+ Sq. Ft. and offer a variety of styles

Day Weekend, October from Adirondack-Style, classic lake cottage, modern farm house, quintessential home, rustic ranch with contemporary highlights and one-of-a-kind custom timber-frame with features that will 'Wow" the crowds.

The home builders joining the 2019 Parade include:

\*AG STRUCTURES; CARGILL CONSTRUC-TION; PAUL V. FLEM-

ING & SONS; HOME COMFORT RETREAT; INTER-LAKES BUILD-ERS; JC HAYES CON-STRUCTION; K.A. CLASON FINE WOOD-WORKING: \*KEY DAY BUILDERS; LIGHT-HOUSE CONTRACT-ING GROUP & LAUREN MILLIGAN DESIGN; MEREDITH BAY; \*RH STEPHENS BUILDERS CONTRACTING

Indicate New Builders to the tour!

"The Parade of Homes is a longstanding tradition of our building association which shows the great work our builders are providing for today's homeowners," Brenda Richards, Executive Officer of LRBRA. "It also provides an excellent opportunity for those who attend to learn from and interact with industry professionals.' Many of the homes will have volunteers and suppliers to help answer your questions on the products that you are seeing," noted Richards. The event is made possible by our presenting

sponsors: Dead River Co., Meredith Village Savings Bank and Belknap Landscape as well as all of this year's parade partners.

The 3-day self guided home tour offers prospective homebuyers a chance to talk with talented builders about their future building & remodeling plans; plus, for local residence, an opportunity to see the latest in custom homebuilding. This is a very interactive tour where each ticket holder will receive a copy of the official guide book, swag bags, opportunity to comment live on the "Parade Craze APP" and cast a vote for "People's Choice Award" as to which home resonated as their favorite home on the tour. Visitors can also be entered to win some great prizes.

This event is open to the public. Tickets are \$20/pp and can be purchased at the first home visited to begin the tour OR visitors can download the Parade Craze

App and search Lakes Region Parade 2019 and order tickets beginning the week of the event. Ticket proceeds benefit the workforce development initiative - inspiring the next generation of trade professionals. One Ticket, Good All Weekend, Start at any house! Specifics on builders and communities participating are available at lakesregionparadeofhomes.com.

When the Parade is over, you will have a wealth of information about builders and the building industry. The Lakes Region Builders & Remodelers Association (LRBRA) is a non-forprofit trade association made up of companies that include not only builders, but also trade contractors, materials suppliers, mortgage lenders, realtors, interior designers, landscapers and many more! Our members all play a vital role in the construction industry in the Lakes Region and surrounding

## How to protect wood floors from inclement weather

Wood floors are a worthwhile investment that can improve the beauty and function of just about any room in a home. Even though wood floors are durable, and new protective treatments help seal out many of the things that may have damaged floors in the past, homeowners still need to prioritize protecting their hardwood floors.

Certain seasons of the year can be more harsh on wood floors than others. For example, seasons characterized by moisture and precipitation, particularly the early spring, winter and fall, can be hard on wood floors. The experts at ServiceMaster Clean say that cold, snowy days can damage wood floors, and Lumber Liquidators agrees that winter weather can be harsh on flooring.

Homeowners not give up on hardwood if they live in an area that sees all four seasons. They just need to take a few steps to keep floors looking beautiful.

• Clean up the salt. Salt that keeps sidewalks and streets clear of snow and ice inadvertently gets tracked inside a home. Hard chunks of salt can scratch wood floors, and,



if left to sit, that salt can eventually cause white marks and other stains. Routinely vacuuming and sweeping up salt is necessary to protect wood floors.

· Invest in shoe storage. Wet or snowy boots can create puddles around the house. Have a special mat or tray by the front door where wet shoes can be kept. A nice bench in the entryway makes it easy for residents and guests to remove their shoes until it's time to go back out-

 Use water-wicking mats. Homeowners will probably need a few extra mats around to tame errant drips and wipe shoes. Any entrance that might be used by people or pets should be protected. Try to avoid petroleum-based, rubber-backed mats, as they could discolor the wood floor.

· Control humidity indoors. Cold, dry air in a home can be problematic because the moisture in the wood can eventually evaporate into the air. The heat will suck that moisture from the flooring, causing it to shrink, creak and splinter and become more brittle. Think about investing in an in-line humidifier for the home's HVAC system that can keep a moderate amount of humidity in the home. Hardwood floorboards are installed to accommodate minor temperature and humidity fluctuations. This is typically a range of between 60 and 80 degrees F with a relative humidity range of 35 to 55 percent, advises ServiceMaster.

· Use the right cleaning products. Avoid excessive water to clean wood floors, and select soaps that are specially designed for wood flooring. Consult with the flooring manufacturer for a list of detergents that are safe to use.

With proper care, hardwood flooring can survive rain, snow and cold weather.



## **Potential indicators** of roof trouble

With regard to home repairs, homeowners may be able to delay some projects until the weather permits or they find room in their budgets. But other areas, including the roof, may demand immediate action.

Few homeowners give the roots of their homes much thought until a problem arises. But learning to recognize potential indicators of roof trouble can help homeowners prevent potentially drastic situations down the road.

• Light: Homeowners with attics in their homes can inspect the ceilings inside the attic for signs of holes or leaks. Light peering through the top of the house indicates a hole or leak, as does stains or streaks on the ceiling.

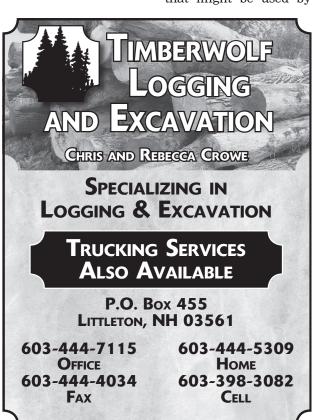
• Worn shingles: Shingles should lie flat against the roof, so any that appear to be buckling or turning up are damaged and in need of repair. A single damaged shingle does not require a full roof replacement, but inspect all the shingles nonetheless. Another indicator of shingle problems can be found when cleaning downspouts or gutters. If the gutters and downspouts contain lots of shingle granules, the roof may soon need to be replaced.

• Moss: Moss on a rooftop may give a home character, but that added character is costly. Shady areas of a roof can be susceptible to the growth of moss and fungi because moisture can be trapped in such areas. If possible, remove moss or fungi from a roof with a stiff brush or hire a professional to do the job instead. Moss may come back even after brushing it off, so homeowners should keep an eye on areas of their roofs that get little sunlight. In addition, trapped moisture can be very harmful to a roof, so it may be wise to exercise caution and have roofs with mold or fungi growths inspected.

• Age: Another indicator of roof trouble may be the age of the roof. Even if there are no visible signs of damage, homeowners whose roofs have some years under their belt may want to consider replacing them. Asphalt shingle roofs typically have life expectancies of 20 to 25 years, while roofs installed over existing layers of shingles may need to be replaced after 20 years.

Recognizing minor roof damage before it escalates into a larger problem can save homeowners substantial amounts of money.









## Simplify fall leaf cleanup

Apple pie, pumpkins and blooming chrysanthemums are symbols of autumn. But nothing signals the arrival of fall more than the millions of leaves that begin to cascade from the trees as the temperatures dip.

Many people feel nothing is more beautiful than the yellow, red, purple, and orange leaves that coat neighborhoods and countrysides each fall. But in spite of their beauty, leaves might be a nuisance to homeowners tasked with removing the growing piles of them from their lawns. Those with large oak and maple trees in front of their homes understand the seemingly endless work of leaf removal.

As the days begin to

er, these changes trigger a hormone release in trees, prompting them to drop their leaves. This chemical message causes the formation of abscission cells where the leaf stem meets the branch, say botanists at the Missouri Botanical Garden. So rather than merely dropping off of trees when the wind blows, the leaves actually fall off deliberately.

Left untouched, fallen leaves can contribute to lawn problems such as poor aeration, mold growth and moisture issues. Leaves also can cause staining on driveways and walkways. Prompt removal can help prevent any problems. To make faster

grow shorter and cold- and easier work of leaf removal, keep these tips in mind.

> · Mow over thin leaf coverage. If only a few leaves have fallen, use a mulching mower to shred the leaves until they are small enough that they won't suffocate the lawn. The small pieces will decompose in the lawn, reintroducing nutrients as a result.

· Use an ergonomic leaf rake. Ergonomic rakes can prevent back and arm pain, much in the way that ergonomic shovels do when shoveling snow.

 Invest in a quality leaf blower. Using a rake is good exercise, but homeowners with large properties might want to use a leaf blower. These



machines can dislodge leaves from bushes and hard-to-reach crevices. and they work faster than rakes.

• Use a tarp. Rake or blow leaves onto a tarp and then drag the tarp to the curbside or to the back of a truck for proper disposal. Special leaf scoopers enable you to grab more leaves if they need to be picked up and transported. Otherwise, you can use the covers from two garbage pails to achieve a similar ef-

 Work with the wind. Rake in the direction the wind is blowing and downhill if your property slopes. This way it will be easier on you, and you won't be working against Mother Na-

· Spread out the job. Do not attempt to remove all fallen leaves in a single day. Schedule a few cleaning days during the season to make lighter work of the job than if you tried to do it all at once. Keep in mind that leaves will continue to fall throughout the season and you may need to spend a few days removing leaves from your yard.

Removing leaves is a large part of fall home maintenance. Employ these tips to make this task less strenuous.

# Mums are perennials When properly plented bloom every autumn

## Autumn is a prime time to tend lawns and gardens

season. That statement may not seem right to those who think of the spring as the peak time to care for lawns and gardens. However, autumn is an ideal time to get into the garden and ensure that flowers, trees and garden beds will over-winter successfully.

A number of things make autumn a prime gardening season. The cooler days of fall enable gardeners to spend ample time outdoors without the threat of blazing heat. In addition, soil harbors a lot of residual warmth in autumn. Also, the colder temperatures haven't yet arrived in autumn, nor have the leaves completely fallen, making fall a prime time to assess what's already in the landscape, what needs pruning back and where to address planting for next year.

Gardening enthusiasts can focus their attention on these areas this fall.

- Pamper perennials. As annuals and perennials start to fall back, mark the spots where perennials are located so they can be easily identified later on. This way, when planning spots for spring bulbs or other spring layouts for next year, perennials won't be overlooked or covered over.
- Prune shrubs. Look at shrubs and trees and cut out dead or diseased wood.
  - Clean up borders.

ders and lawn edging.

- Install pavers or rock wall. Embrace the cooler temperatures to work on labor-intensive projects, such as putting in a garden bed, retaining wall or walkway.
- Remove spent summer veggies. Take out vegetable garden plants that have already bloomed and borne fruit. Tidy up vegetable gardens and start to sow cooler weather plants, such as onions, garlic, beans, and sweet peas.
- · Rake and compost. Rake the leaves and gather grass clippings to add to the compost pile.
- Plant spring bulbs. Get tulips and other spring bulbs ready for planting so they'll burst with color next year.
- · Dig up herbs. Relocate herbs like parsley or basil to indoor gardens. Otherwise, strip all leaves and freeze for storage during winter.
- Consider mums. Chrysanthemum plants are perennials. While they look beautiful in pots, if planted, maintained and winterized, they can bloom every fall.
- Fertilize the lawn. Fertilizing in autumn helps ensure grass will stay healthy throughout the winter.
- Add mulch and compost to the garden. Replenish spent soil with mulch and compost so garden beds will be revitalized for spring plant-
  - Prune hedges. Tidy

Autumn is gardening Weed and tidy up bor- up hedges, as they won't be growing much more this year.

· Clean and store equipment. Clean, sharpen and oil all equipment, storing lawn and garden tools properly so they are ready for spring and not lying out all winter.

Autumn may not seem like gardening season, but there are plenty of lawn and garden tasks to tend to during this time of year.

## Factors to consider when choosing and applying mulch

Homeowners associate mulch with springtime lawn and garden care, but mulching in fall can benefit a lawn as well. According to the Morton Arboretum in Illinois, mulch protects roots against extreme temperatures, and not just those associated with summer heat waves.

Mulch is often connected with its ability to help soil retain moisture during especially warm times of the year, when mulch promotes strong roots that can help lawns and plants survive periods of extreme heat. But when applied in the fall, mulch also inhibits freezing and thawing in winter, reducing the likelihood that plants will be injured.

While applying mulch in fall can be beneficial to lawns, homeowners should first consider a few factors.

• Timing: The Morton

Arboretum notes that mulch being applied as winter protection should not be applied too early in the fall, as doing so may delay the soil freezing process. Homeowners should wait until after a hard frost in the fall to apply winter mulch. In many places, hard frost will not appear until late fall.

• Texture: The Morton Arboretum recommends medium-textured mulch. Fine particles may pack down and retain moisture that will evaporate before it reaches the plant roots. Materials that are too coarse may be incapable of holding sufficient amounts of water to benefit the soil.

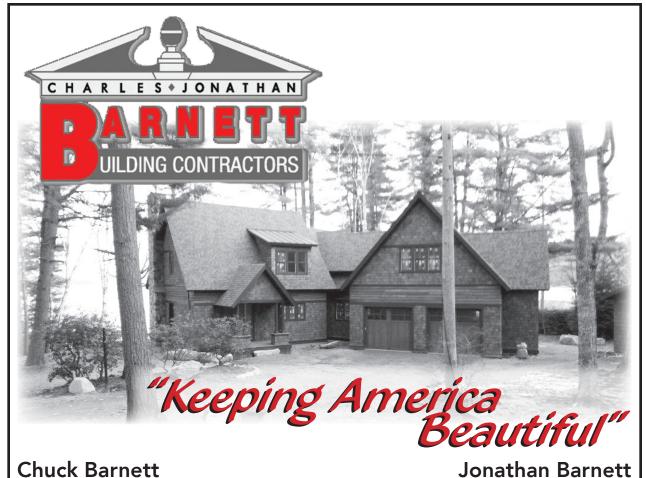
an organic component of soil that forms when leaves and other plant decompose. materials Organic mulches provide humus and decompose over time, adding nutrients into the soil.

• Nutrients: Humus is

The Morton Arboretum recommends that homeowners use organic mulch that was composted or treated prior to application so any weeds, insects or microorganisms are killed.

• Application: Correct application of the mulch is essential. Applying too much mulch can adversely affect lawns, plants and soil. In addition, excessive application can cause decay and make lawns and plants more vulnerable to disease. Homeowners uncertain about when and how to apply mulch in the fall can consult with a lawn care professional to devise a plan that ensures their lawns and gardens hold up against winter weather.

Mulch may be widely associated with spring lawn care, but applying mulch in the fall can benefit lawns and gardens as well.



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TOURING TIPS: What to know Before You Go.

- Download Interactive Parade Craze "App" to view homes and purchase tickets! Or you can go to the website
- Plan your route in advance for the weekend. Visit a few each day as you weave this event into your weekend plans.
- Where comfortable shoes you will be walking a lot. Sox or Booties required as a courtesy to the homeowners.
- Give yourself enough time at each home to take notes & ask questions.
- Parade homes do NOT offer public bathrooms, plan accordingly.
- When you are done with your last home, be sure to vote for your favorite home which will reflect "The 2019 People's Choice Winner"!
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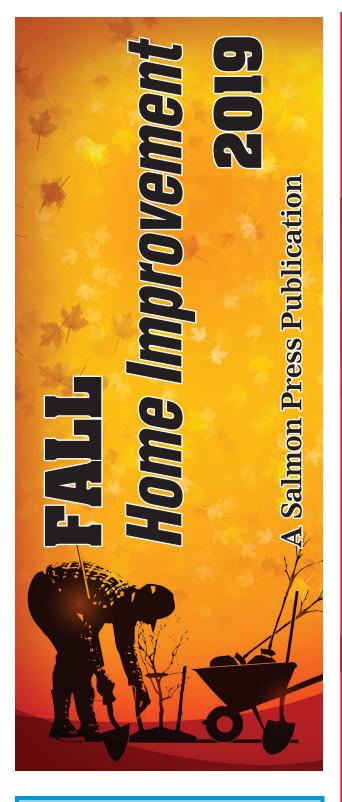
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