

THURSDAY, DECEMBER 2, 2021

COVERING ALTON, BARNSTEAD, & NEW DURHAM - WWW.SALMONPRESS.COM

FREE

## More than just a bar American Legion highlights charity projects



Kathy Daudistel and Muriel Stinson, who has been with the American Legion Auxiliary since 1951. She celebrates her 70th anniversary with the Legion family.

19, the American Legion dent, Kathy Daudistel, support the objectives Claude R. Batchelder from the Department of of the American Legion

ALTON — On Nov. tional Auxiliary Presi- on charity projects to

ed donations to support friend and not realize this cause.

there is help for you.

a bar for members. Yes, you can go have a drink and some nights there are meals but that is not what the American Legion is about. The American Legion Families in Alton have many projects they donate to, for example, the Auxil-

Post 72 and its Auxiliary Unit, hosted a family dinner to honor the Na-

Kentucky.

National leaders take

*Library, Rec directors team* up to apply for ARPA funding

BY CATHY ALLYN Contributing Writer

NEW DURHAM — What would you do with \$2 million?

If you were the New Hampshire State Library, you'd take the \$2,297,692 allotted you by the Institute of Museum and Library Services from the American Rescue Plan Act (ARPA) and disburse it to libraries in the state through a series of grants.

The funding is intended to be used to help libraries and their communities respond directly and immediately to the pandemic, as well as to related economic and community needs.

So, if you were a small town library, how would

SEE FUNDING, PAGE PB

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You can also email vour resume to Jim@StonebridgePress.news which fall into the categories of Americanism, Children & Youth, National Security, Veterans Affairs, etc. Daudistel's project focuses on "Caregivers," and members in attendance at the dinner contribut-

Auxiliary members raise money, send care packages to deployed soldiers, prepare meals for veterans, drive veterans to appointments and help families pay bills. You could be caring for a family member or a

Feel free to contact 72's Auxiliary Unit should you be a "caregiver" and need help & assistance at PO Box 747, Alton, NH.

Many people think the American Legion is

SEE LEGION, PAGE A15

## **Alton's Josh Flanagan wins Wolfeboro Turkey Trot**

Barnstead's Madelyn Howlett wins kids' race



JOSH FLANAGAN (100) heads out from the starting line on his way to winning Wolfeboro's Turkey Trot on Nov. 20

BY JOSHUA SPAULDING Sports Editor

WOLFEBORO — After a year on the sidelines, runners returned to downtown Wolfeboro for an annual tradition on Saturday morning, Nov. 20, as the Turkey Trot returned.

The race benefits the Wolfeboro Lions Club's Gift of Warmth and is run by the Lions Club and the Wolfeboro Parks and Recreation Department. A short kids' race kicks off the day, with the kids racing out the Bridge Falls Path from the railroad station out to Center Street. They turn around there, come back down the path,

then up Glendon Street and down the hill to the train station finish line. The 5K race heads out the same way, turns left onto Center Street, then

SEE TROT, PAGE A12

## **TUBACHRISTMAS returns to Wolfeboro**



WOLFEBORO — Ring in the holidays by attending the seventeenth TUBACHRISTMAS concert in Wolfeboro on Saturday, Dec. 11 from 2 to 3 p.m. at All Saint's Episcopal Church, 258 South Main St. Bring your family and friends to enjoy a free public concert of holiday music and traditional carols, which will be performed by a low

brass ensemble. All in attendance are required to wear a mask.

The concert features the low brass instruments, such as tubas, baritone horns and euphoniums, usually seen at the back of the band. Donations will be gratefully accepted and will go directly to the L.I.F.E. Ministries Food Pantry to help provide food and other necessities for area residents.

Wolfeboro The TUBACHRISTMAS concert returns to Wolfeboro after an absence in 2020. It is a regional event with players from various community, university, and school bands, as well as professional musicians, both working and retired. Any low brass players interested in performing should contact the local TUBACHRIST-MAS co-coordinator or visit TUBACHRISTMAS at www.tubachristmas.

com.

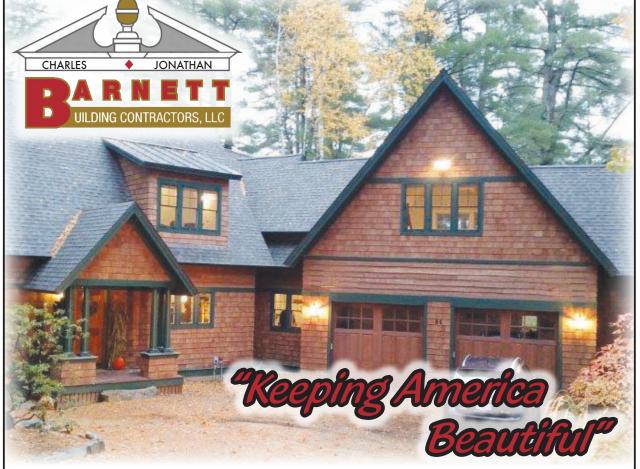
According to the conductor, "The arrangements are wonderful, very fresh and appealing, for they focus upon the melodic capabilities of the instruments and their rich, mellow sound when played together in close harmony. For the audience, it's very much like listening to familiar music being performed in an interesting new way, quite warm and welcoming."

Harvey Phillips, a renowned tuba virtuoso and Distinguished Professor Emeritus at Indiana University, School of Music, founded TUBACHRISTMAS in 1974. He conceived it to honor the great tubist and teacher, William Bell, who was born on Christmas Day in 1902. The famous American composer, Alec Wilder, agreed to arrange a few carols for low brass ensemble, and the very first concert was held on the Ice Rink Stage of New York City's Rockefeller Plaza in December 1974, with more than 300 participants.

Since then, the popularity of TUBACHRISTMAS has grown considerably among performers and audiences alike, and in 2021, concerts are scheduled in cities and towns across America, plus several foreign countries. Nancy Donahue, who studied with Harvey Phillips at Indiana University, is returning for her seventh year as the Conductor of the Wolfeboro TUBACHRISTMAS.

The public is invited to attend the Wolfeboro TUBACHRISTMAS concert, which will begin at 2 p.m. in the sanctuary of All Saints' Episcopal Church on Saturday, Dec. 14. If you have never heard a TUBACHRIST-MAS performance before, you are in for a musical treat, so mark your calendar, bring your family, invite your friends, and wear a mask!

For more information about this concert, contact the local T U B A C H R I S T M A S co-coordinator, Joe Ewing, at 603-569-3861 or visit the TUBACHRISTMAS Web site.



Chuck Barnett Office: 603.293.4646 Cell: 603.340.0685 barnett@metrocast.net Jonathan Barnett Office: 781.585.3655 Cell: 781.706.9257 jbarnettbuilding@gmail.com





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## Compass House opens its door to women with addictions



Director of Horizons Counseling Center Jacqui Abikoff, in association with the Compass House, Laconia, is handed a check by Alton Centennial Rotary Club member E Hunter Taylor to help fund the programs provided by two other services helping women recover from their 'Substance Abuse Disorder,' Navigating Recovery of the Lakes Region and Lakes Region Community Developers. Compass House provides counseling, treatment and family style communal living in a safe, sober and affordable environment for supporting women, most recently released from jail or prison. Since Compass House started two years ago, they have successfully served twenty-five women.



COURTESY PHOTOS

### Helping out

Members of the Kingswood football team helped the Wolfeboro Rotary Club in unloading a delivery of Christmas trees for the club's annual sale at Clark Park last week.



ALTON — "While the opioid crisis has taken the lives of hundreds of young people in New Hampshire in a very sudden and dramatic manner, we cannot lose sight of the fact that alcohol remains the number one killer and methamphetamine is a growing threat to our population. Substance Use Disorder is the problem that needs to be addressed and not just the use of the drugs, itself."

Those somber words were spoken by Jacqui Abikoff, Director of Horizons Counseling Center, to members of the Alton Centennial Rotary Club at its weekly Thursday AM meeting.

The drugs Abikoff was referring to are the opioids like fentanvl and heroin as well as a stimulant that's becoming increasingly prevalent in New Hampshire, methamphetamine. Two years ago, the Compass House, located in Laconia, was established to help deal with the growing issue of drug use among women. It's operated by the Horizons Counseling Center in partnership with Navigating Recovery of the Lakes Region and Lakes Region Community Developers. Their mission is to provide safe, sober and affordable transitional housing, counseling, treatment and recovery support for women struggling with a 'Substance Use Disorder' with a focus on those involved in the criminal justice system.



To date, the Compass House has served 25 women. All have completed residential treatment recovering from their 'Substance Use Disorder,' many of them after their release from jail or prison. The Compass House recovery program provided them with a constructive alternative against their return to the environment from where they fell victim to their addiction. In this new lifestyle environment, they all learn to live together as a 'family' in a community setting with extensive support, counseling, and recovery coaching. But this opportunity must matched by dedibe cation on their part requiring them all to sign a four-page House Rules Contract that each must abide by and are required to contribute thirty percent of their income once they've obtain a job.

Director Abikoff further explained: "Compass House provides all woman with an opportunity to learn individual responsibility, self-determination, and can contribute to the governance of the household and its operations. The women learn, through experience, how to support each other plus hold each other accountable for their responsibilities both to themselves and to Compass House, and to decreasingly depend on the services provided

to them."

addition," she "In explained, "reuniting mothers with their children, in instances where their children have been separated from them as a result of their addiction, mothers are allowed to have their children visit them at the House with the availability of extended time away from the 'campus,' in support of family reunification."

Many women who have come through the program have been able to successfully reunite with their children. Another proof of success is that a number of those who have completed the program make regular visits back to the Compass House to aid in the recovery of their 'sisters' who are

still in the program.

Ms. Abikoff's talk included an expression of appreciation from Compass House for the grant it's receiving from the Alton Centennial Rotary Club and supplemented by several other contributions from individual Rotarians throughout Rotary District 7870's 64 clubs. The grant provides support for several Compass House maintenance projects, transportation for employment interviews, clothing allowance for proper dress for job interviews as well as access to cell phones and data cards in support of their treatment and recovery.









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Opinion

**SECTION A, PAGE 4** 

### THE BAYSIDER, THURSDAY, DECEMBER 2, 2021

## What's your story?

It's holiday party season, and for most of us that, is a good thing. We get together with friends and family, enjoy some eggnog and a plethora of our favorite appetizers. However, we do know that oftentimes, we are invited by our significant others to attend a work soiree or we are attending one ourselves. Being in a room where you only know one or a few people could seem like a daunting task for our introverted readers, but have no fear — we have ways for you to have memorable conversations that you may end up actually enjoying.

Instead of discussing the weather or asking the mundane questions such as 'Where are you from?' why not simply ask, 'What's your story?' Other conversation starters include, 'How do you know the host?' 'What was the highlight of your week?' or 'Are you working on anything exciting?

If you're shy or feeling a bit awkward, you can keep the conversation going by talking about the food being served or the venue where the event is taking place. Asking a person what they have tried so far, and how they liked it is an easy conversation starter. If you research the history of a place, you can always begin with the 'Did you know?' questions. We know everyone loves a good history story and bits of local trivia.

If the person you are speaking with is from the area, ask them what they do for entertainment in town, including where and what their favorite restaurants are. Looking up recent sports standings is never a bad idea, even if you don't particularly care for sports. This way when you nod and smile, you can have some confidence in knowing that you are at least somewhat in the loop. If you've bumped into a fellow skier, discussing snow conditions and ski hills is an easy topic. Look up a recent odd news story that is interesting and humorous, that way during a lull, you can say, 'So, I was reading about a man who appeared before a Dutch court and requested that he legally be made 20 years younger.' (Yes, that actually happened; if we see you at a holiday bash, we will fill you in.)

Most conversations remain on the surface which is appropriate when you don't really know someone. However, if you feel comfortable and are enjoying the conversation don't be afraid to go a bit bolder. Generally, most people like to talk about themselves, not necessarily for selfish reasons, but who doesn't want to be known and appreciated? We all have unique personalities that are worth sharing.

Such questions that go beneath the surface may include, 'What is your biggest fear?' 'When you were growing up, what was your dream job?' 'Have you



### Back to the grind

COURTESY

Visitors to the Meetinghouse Merry Meeting at the New Durham 1772 Meetinghouse on Nov. 21 made their own pemmigan, the original energy bar, via mortar and pestle, and perused an array of Native American artifacts. Inside the Meetinghouse, the Restoration Committee led tours, presented Native American stories, and served up Indian pudding and mulled cider. The next event is scheduled for Saturday, Dec. 11 at 1 p.m.

### NOTES FROM WINDY HOLLOW

# Blossoms in the moonlight they keep working unin a white vase on the During the summer,

BY VIVIAN LEE DION Contributing Writer

Did you notice the full moon in November? It was spectacular; so full, bright, and welcoming. Each month, the full moon carries with it a significant name. As writer, V. Hocken explains "For millennia, people across Europe, as well as Native American tribes, name the months after features they associated with the Northern Hemisphere seasons, and many of these names are very similar or identical." The November full moon is known as the Beaver moon, in honor of those industrious dam building little fellows. Hocken continues, "Beavers build their dams this time of year, in preparation for the cold season. The beaver is mainly nocturnal, so

der the light of the full moon. One special addition to November's full moon, it coincided with a lunar eclipse. I had every intention of waking up early, putting on my coat, hat, gloves, and scarf and going outside to see the eclipse. You know about good intentions, sometimes they never happen. I woke up at 3:15 a.m., and thought it was too early to get up. Well, I fell back asleep, and woke up again at windowsill. It would be nice if they stay vibrant until Thanksgiving but we will have to wait and see about that wish.

Backing up a few months, Eric and I had some lighthearted competition regarding the window boxes. Each box had two deep pink geraniums as the focal point. As explained in Better Homes and Gardens, "Choosing the centerpiece first means that the rest of your plants will fall in place." White petunias offset the deep pink geraniums, and the selection complimented one another. Regretfully, I did not include any coleus or English ivy as spillers. I later learned that these "trail over the side of the container, and these plants add softness and a little romance." I'll be sure to include some next year.

I'd say to Eric, "Look your window box another geranium flower ready to bloom." Or he would say, "Mom, look at your plants, they are growing higher and the petunias have more flowers." The friendly competition gave us something to talk about as we remarked on the progress of the flowers. We provided teamwork by watering or adding crystals of fertilizer once in a while. I know these moments, and blooming flowers will long be remembered. "With freedom, flowers, books, and the moon, who could not be perfectly happy?" — Oscar Wilde

been to any interesting places lately?' 'Have you learned anything this week, that you weren't aware of last week?"

The easiest thing to do while in conversation this month is to ask how a person celebrates the holidays. Asking about traditions and the best holiday a person has ever had brings up fond memories and positive energy.

These questions tend to snowball naturally and voila a solid, meaningful conversation has been had and you could even make a new comrade along the wav.

Letters to the Editor

6:30 a.m. The night before, my son, Eric and I talked about saving some flowers from frost in the window boxes on the shed. With flashlight in hand plus the illumination of the moon, we picked two beautiful blooming geraniums and white petunias. They were the last flowers of the season. Now, they are

Vivian Lee Dion of New Durham is a writer and speaker and can be reached at windyhollow@metrocast.net.

### To the Editor:

The year is 2025; we have a new extremist right-wing, white nationalist supremacist President. It is February; it's very cold throughout most of the nation. The six o'clock news talks about the sudden disap-

pearance of several political people and news anchors. Nancy Pelosi, Liz Chaney, Don Lemon, and Chuck Schumer, along with some not so notable Democrats, have all vanished, and like Peng Shuai, the Chinese tennis player back in the

fall of 2021, disappeared without a trace of what has happened to them. We may never know. Exactly how many political opponents did Hitler get rid of after he came to power? More than one, I can assure you. Suddenly, there's breaking

Careful what you wish for

news: former President Biden has been shot outside his Greenville, Del. home by a mad man who then shot himself. More details at 11. The President did not survive the attack.

Above is a possible story that could happen

### New Durham Selectmen ignore Fire Department

#### To the Editor:

New Durham's emergency medical technicians have served on the front lines of the pandemic for almost two years. As more people age in New Durham, the need increases. New Durham's Fire Department provides life-savefforts for the ing community such as ambulance, rescue, and fire services. There is a real need for new people to train for these services.

New Durham only

pays its Fire Depart-

ment personnel when an emergency arises, inspections, or in training. The starting pay for Fire Department personnel is \$8.00 per hour. The last time I recall pay increases was by promotion for some of the rank-and-file members on Dec. 7, 2015. The Fire Chief is paid \$26.29 per hour. He is part time, and receives no benefits. He and the other Fire Department members did not get a raise last year as opposed to other Town employees. The Police Chief is

full time with benefits and a wage of \$39.04 per hour, and made a budget request of 41.00 per hour this year for himself. The disparity is embarrassing.

At the 2008 Town Meeting, (legislative body) voters passed Article 23: A Fire Chief appointed by the local governing body for a 3-year term with fire fighters being appointed by the Fire Chief.

The three-year term expired in March of 2021. Why would all other appointments be made

but not this one? By the selectmen keeping Fire Department members' pay low, thus discouraging new membership, the selectmen are setting the Fire Chief up to take the blame for low recruitment by playing favorites between Department Heads and their departments. Playing favorites puts our community in serious jeopardy.

> David A. Bickford New Durham

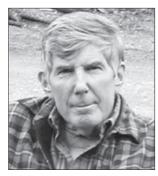
if the justice system continues to allow prejudicial justices to try high profile cases such as the Kyle Rittenhouse case. Poor Kyle; he was such a victim of his own making. What a man (wanna be). #1) no one asked for his help, #2) he was underage to openly carry in public,#3) he crossed state lines to carry out his crime. #4) He taunted the protesters. #5) he lied on the stand. He was man enough to kill, because he was a scared little boy who had to prove 'I'm tough.' Yet he sobs like the wimp he really is, when confronted with he may go to jail for life, I'm sorry I don't buy any of his sick story other than two people are dead because a mother who helped her underage son commit murder.

Now, I do know and understand American justice has been served. So, I'll add it to the list of

grievances which I have with the way we allow our courts to run. All judges should be voted in, not appointed, and should be removed by the same means. There should be term limits on all public service jobs such as is, with the position of president, four years and if you a good president you may get another four. None of this will matter if the first line of this letter comes true, no one will have to worry about voting for a winner, they will all be winners, picked by the last guy to hold the office. Just ask Putin how it works. Good luck to all of you who want that kind of country, which genie is it that warned "Be careful what you wish for!" Respectfully,

John Q. Henderson Barnstead North Country Notebook

### When deer herds "need" thinning, and the most efficient way known



**By JOHN HARRIGAN** COLUMNIST

We are spiraling down toward the darkest day of the winter, Dec. 21. On this long-known day---the Winter Solstice---the Earth will be at its utmost tilt away from the sun.

Why did I use "spiraling down," anyway? Probably because of the negative-positive way the date's always been seen. On the one hand, you knew that Earth's orbit would bring the sun's return. On the other. vou knew that our end of the Earth---the northern climes---would take another four months to warm up again.

No wonder so many prehistoric people found ways to mark the Solstices. They represented plans, like planting crops, and one of those essentials to life, called hope.

+++++

A recent column on the priceless privilege of trespass on private land generated more than the usual mail, and I'll respond in time. But northern New England is truly blessed with this tradition, which is exactly the opposite of what's found in many other states.

In Maine, New Hampshire, and Vermont, it is assumed that you can set foot on someone else's land unless posted otherwise. There are many degrees of "No," and divers varying themes, but one way or another they all whittle away at the presumption of invitation.

I thought about all this (again) as the boys, their hunter-orange hats and vests glowing in the gloaming, vanished into the swamp across the back driveway two mornings after Thanksgiving. Their commute to hunt had been down through shop and shed and right out the barn door.

Never did we post our land, and never have any of our neighbors posted theirs. If I so chose, I liked to say, I could draw a bead on some distant point, throw on a pack, and just go, with nary a tug on my forelock to clergy, gentry, or sheriff.

#### +++++

Every deer season, people new to the idea or bothered by it write letters to their local editors or bring up the subject at the table. What's it all about, and why?

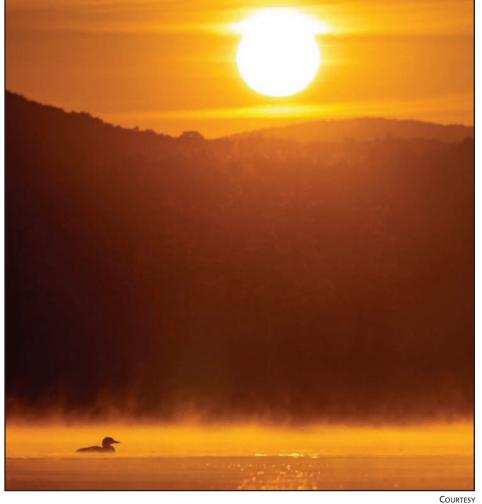
Whether New Hampshire's deer population "needs" to be hunted is a thorny subject, and if you want to get a hefty argument going among even people who know something about the subject, try it. Or you

could bring up whether it's better to hang a deer from its head or it hind legs. Or why, the minute you cross into Maine, the hotdogs have to be wicked red.

It's worth noting, perhaps, that the places where road kills are astronomical and people's fruit trees and lawn shrubberies are being gnawed to the nub are where deer might "need" some thinning. In many such places the deer's natural predators have disappeared, housing developments have burgeoned into habitat, and deer have simply adapted to new circumstances.

Nowhere in New Hampshire are deer scarce, nor are their numbers anywhere threatened by hunting, which is carefully monitored by a Fish and Game Department hunt-





The Loon Preservation Committee runs some great photos in its newsletter. This one by Ray Hennessy reminds us that water now turning to a solid state---thanks to the Solstice, and a lot

she'd been made Queen for a Day. (Note to the younger set: that's an old TV game show.)

even as fast as the give and take can be, even electronic mail can rule your day. As for Facebook, let's double down on that. For the life of me I don't know how people keep up.

But an honest to gosh real letter, with a stamp, right there in your postbox, or even better, delivered by an actual mail carrier---now, there's a real treat in an often unfamiliar and frenzied world.

(Kids: think "cheap," "easy," and "grandparents.")

(Please address mail, including phone numbers for questions, to campguyhooligan@ gmail.com or 386 South Hill Rd., Colebrook, NH

## **STRATEGIES FOR LIVING Thankful beyond words!**

BY LARRY SCOTT

"Thanks be to God!" wrote the Apostle Paul. "He gives us the victory through our Lord Jesus Christ."

The Thanksgiving season is a special time of the year for all of us, but when it comes to being grateful, I take the prize! What an amazing turn of events have brought me to where I am today.

At the outset, I had a leg up on so many of those with whom I have had contact over the years. I was born into a Christian family and that gave me a break on life for which there is no substitute. Undoubtedly thousands of babies were conceived at the very same moment I was. The real me, the eternal part of me, was born into a godly family. Through no choice of my own, I was the beneficiary of a stable, God-honoring childhood that would have a major impact on my life.

sometimes shud-Ι der to think that I could well have been born in a foreign setting, to a family and circumstances the complete reverse of what I have experienced. God's choice? How can I say that when so many others have not been so fortunate. All I can say is that I have been blessed, through no merit of my own, by the example and influence of godly parents ... and I am grateful

beyond words!

Consistent with my upbringing, my wife and I have done our best to pass it on. We had but one daughter, but through her we have three grandsons, their outstanding and well-chosen wives. and five great-grandchildren. All are healthy. walking with God, and living responsibly in every area of their lives.

How could I have been so fortunate? I have often said that "God is no man's debtor; He never takes more than He gives in return." If it is evidence you want, my family is proof.

And, finally, I am thankful for the privilege of living in America, truly "the land of opportunity." Twenty-five years ago, I was recovering from bankruptcy, living on the road driving a long-haul truck, and my future was going to develop. Who could have predicted that within ten years I would be the beneficiary of a loving and stable marriage, own my home and, at 82 years of age, in great health! Who would have thought! God's doing?" Perhaps ... but if so, only because I am, like everyone else, a product of His love and am blessed beyond what I deserve.

without a clue as to how

Grateful? You'd better believe it! What I share in this column is the product of a life that has seen its highs and lows. I have been to hell and back, and the life I now enjoy is one I will never take for granted. God, my family, and America have been good to me.

And it all comes down to this. "Thanks be to God who gives us the victory – through Jesus

### Alton Dance Academy to bost recital Dec. 10

ALTON — The Alton Dance Academy will present their '50's themed winter dance recital Friday, Dec. 10, at 7:30 p.m. The show will be held at Prospect Mountain High School with tickets available online only through the academy's Web site.

The academy is very excited to return to the stage this year after covid put a damper on last years plans. After the winter show portion, members of the dance academy have participated in what Ashley Dowling, the academy's artistic director, is calling a "Showcase of talent". Students have been working hard on their own choreography, costumes and music choices. Please consider coming out to support the local dancers of the community. Tickets available starting Dec. 1 at www.altondanceacademy.com.

Christ our Lord." Our God is no man's debtor; he always gives more than he takes away. I cannot imagine what my life - and that of my familv – would be like were it not for the influence Jesus Christ has had in each of our lives. We have been honored and blessed - and I am thankful.

To say I am thankful just doesn't cut it! What I feel is, indeed, beyond words!

For more thoughts like these, follow me at indefenseoftruth.net.

There's a lesson in this. Emails are fine, but

### Town of New Durham

The Supervisors of the Checklist for New Durham will meet for additions and corrections to the ND checklist. There is also an opening for another Supervisor to fill a term.

> Dec 9 at 1PM New Durham Town Hall Supervisors: Pat Grant Maureen Knepp



03576.)

## Burt, Davey earn All-State recognition



### KINGSWOOD'S Megan Davey earned Division II All-State honors.

BY JOSHUA SPAULDING Sports Editor

REGION — Following the conclusion of the fall soccer season, the

New Hampshire Soccer Coaches Organization has announced the All-State teams and there

girls who earned recognition.

In Division II, one girl from each of the local are a number of local teams earned Honorable Mention, with defenders Megan Davey of Kingswood and Emily Kenny of Kennett joining forward Megan Metivier of

## **Curling league returns for** winter season in January

WOLFEBORO — As curlers worldwide prepare for the start of the Beijing Winter Olympics in February 2022, Lakes Region curlers are making their own plans. Lakes Region Curling Association is now accepting registrations for its Winter 2022 league.

Running from mid-January to mid-March, the Winter season offers eight weekly curling matches at Pop Whalen Ice Arena in Wolfeboro. Matches take

place from 5 to 7 p.m. on Sunday evenings.

A learn-to-curl clinic for new curlers will be held in early January before the Winter league begins.

LRCA matches put a premium on friendly competition, sportsmanship and fun. League play is open to men and women aged 14 or over. No previous experience is required and participants may join as individuals, with a partner, or as part of a complete team. All equipment is provided, and organizers will assist unaffiliated registrants in finding a team.

Curling accommodates a variety of playing styles. While some players prefer to use the traditional crouch and slide delivery for the stone, others employ a walking delivery using a "push stick."

The \$195 registration fee defrays the cost of ice time, equipment, and insurance. Registration

forms as well as waiver forms are available for download from the LRCA web site at lakescurlingnh.org.

The Winter league will accommodate a maximum of eight teams, and registrations will be accepted on a first-come, first-served basis.

Sometimes referred to as "chess on ice," curling originated on the marshes of Scotland in the early 1500s and came to North America with British colonists in the 18th century. First demonstrated at the 1926 Winter Olympics, it became an official Olympic sport in 1998. The coming Olympic compe- In Division III, First tition in Beijing is made more exciting by a 2018 gold medal win by Team USA's men's squad, which is returning to defend its title. For information about the ancient sport of curling in general and Lakes Region Curling Association in particular, visit the remainder of the organization's web site.

Plymouth.

First Team honors for Division II went to goaltender Maggie Crooks of Hollis-Brookline, defenders Kelly Harris of Bow, Brittney Hill of Pembroke, Amanda Robbins of Hollis-Brookline and Ella Longacre Lebanon, midfieldof ers Madison Roberge of Bow, Hannah Picott of Pembroke, Arden Ulmer of John Stark and Mary Rainey of Lebanon and forwards Lyndsey LaPerle of Bow, Greta Caulton of Souhegan and Cierra Hill of Pembroke.

Second Team honors went to goalie Mackenzie McDonald of Merrimack Valley, defenders Brynn Murphy of Stevens, Sam Veilleux of John Stark, Elizabeth Philbrook of Merrimack Valley and Sarah Sawyer of Milford, midfielders Adrienne Dorr of Pembroke, Marissa Sage of Milford, Lindsey Butler of Pelham and Isabella LaPerle of Bow and forwards Ashlvn Walsh of Pelham, Rachel Brackett of Hollis-Brookline and Charlotte Cousins of Oyster River.

Also earning Honorable Mention were defenders Keely Giordano of Milford, Kendall Larson of Con-Val and Mary Joy of Coe-Brown, midfielders Jackie Hayden of Souhegan, Somer Loto of Coe-Brown, Paige Magnuszewski of Hollis-Brookline and Brooke Thompson of Oyster River and forwards Alina St. George of Milford, Delaney Deshane of Lebanon and Sydney O'Toole of Sanborn.

Pelham's Carlos Fuertes was named Division II Coach of the Year and Hollis-Brookline's Mike Vetack was named JV Coach of the Year.

of Hopkinton and Thea Spanos of Kearsarge.

Also earning Honorable Mention were goalies Kayla Sission of Trinity and Abby Rayder of St. Thomas, defenders Ava Houde of Trinity, Nora Dunnigan of Fall Mountain and Lydia Cramer of Raymond, midfielders Jessica Carnev of Hopkinton, Devan Booth of Trinity, Jennah Harvey of Conant, Kimmy Nadeau of Hillsboro-Deering, Amanda Behre of St. Thomas, Lydia Tremblay of Bishop Brady, Eva LaValley of Hillsboro-Deering and Josie Oberto of Campbell.

Michael Martinez of Trinity was named Division III Coach of the Year and Berlin's Holly Munce was named JV Coach of the Year.

For Division IV, First Team honors went to goaltender Gracey Boucher of Moultonborough, defender Emily Farr of Woodsville, midfielders Bre Lemay of Littleton and Sophie Bell of Profile and forward Madison McLaren of Profile.

Second Team honors went to defenders Katie Velie of Moultonborough and Sage Gallant of Gorham, midfielder Lauren McKee of Littleton and forward Leah Krull of Woodsville.

Earning Honorable Mention were defenders Sara Brown of Lisbon and Bri Calaio of Lin-Wood, midfielders Madison Ash of Groveton and Sidney Chapman of Gorham and forwards Haily Cavanaugh of Lisbon, Josie Bryant of Littleton, Mya Brown of Profile and Maddie Roy of Woodsville.

Also earning First Team honors were defenders Mallory Syvertston of Concord



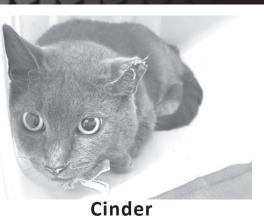
COURTESY PHOTO

THE WINTER curling league begins at Pop Whalen Arena in January.



### Gannon

Meet Gannon! This big doofus loves to play, go for walks and eat treats. He's an inexperienced fella who needs an experienced owner to help him lean his manners! Gannon isn't a big fan of other dogs or cats, so he's seeking to be the only pet in his new home. Because Gannon is inexperienced with petting and handling, and he's still learning to share his things, he will do best in a home without children. Gannon is currently being treated for a skin condition that may or may not resolve with his current treatment plan. His adopters should speak to their veterinarian, and be prepared for the possibility than Gannon will need to take medication or be on a perscription diet for the rest of his life. If you are looking for a mature dog who needs help learning what love is really all about, then ask us about Gannon!



Cinder here, and I have got some stories for you! My background is not like most, making it even harder for you to say no to adopting me. I am quiet around new people, but enjoy petting sessions. I would prefer a quiet home, one where I can warm up at my own pace and be the snuggle bug everyone here at the shelter knows I can be.



Team honors went to defender Jaiden McKenna. midfielder Millie Caldon and forward Geena Cookinham, all of Gilford.

Second Team honors went to defender Courtnev Burke of Belmont and Honorable Mention went to defenders Morgan Doolan of White Mountains, Lillian Karkheck of Newfound, Gracey LeBlanc of Gilford and Julia Pendergast of Inter-Lakes, midfielders Jaden Burt of Prospect Mountain and Allie Kenyon of Gilford and forward Ava Bartoli of Berlin.

Also earning First Team honors were goalie Emily Fleegle of Hopkinton, defenders Kally Murdough of Hopkinton, Sarah Bradley of Trinity and Sophie Nadeau of St. Thomas, midfielders Ashlee Brehio of Hopkinton, Caroline Camp of Kearsarge and Ella Pottle of St. Thomas and forwards Maddie Karasonovich of St. Thomas and Annie Higginbotham of Hopkinton.

Second Team honors also went to keeper Macayla Dutile of Laconia, defenders Bella Skoglund of Trinity, Sophie Rose Riopel of Derryfield and Makenzie La-Flamme of Laconia, midfielders Skyle DePetrillo of Trinity, Morgan Wagner of Campbell, Lilly Losey of Derryfield and Mia Campbell of St. Thomas and forwards Emma Losey of Derryfield, Loren Charron

Christian, Jess Berry of Newmarket and Vanessa Pollari of Sunapee, midfielders Elizabeth Tschudin of Sunapee and Anna Wilerer of Newmarket and forwards Brynn Smith of Sunapee and Maddy Joe of Newmarket.

Second Team recognition also went to keeper Riley Andriski of Newmarket, defenders Isabella Correa of Sunapee and Maggie Moore of Newmarket, midfielders Aubrey Hill of Newmarket, Tatiana Stockbower of Portsmouth Christian and Brooke Pagach of Hinsdale and forwards Emily Dudley of Concord Christian and Lula Wamberg of Portsmouth Christian.

Also earning Honorable Mention were keeper Ella Walsh of Portsmouth Christian, defenders Annabelle Shumway of Epping, Emma McKeage of Colebrook and Isis Young of Pittsfield, midfielders Jade Gagnon of Epping, Riley Skarin of Newport and Anne Marie Sweet of Mount Royal and forward Marianna Vicinanzo of Holy Family.

Newmarket's Andrew Dawson and Annaliese Schmidt were named the Division III Coach of the Year and JV Coach of the Year, respectively.

Sports Editor Joshua Spaulding can be reached at 279-4516, ext. 155 or josh@salmonpress.news.

## THE REAL REPORT RECENT REAL ESTATE TRANSACTIONS

Town	Address	Туре	Price	Seller	Buyer
Alton	15 Downing Dr.	Single-Family Residence	\$248,000	Mary E. Bickerstaffe	Points North Development LLC
Alton	785-791 E. Side Dr.	ResMtl. Bldg.	\$411,000	Thomas R. and Virginia A. Stevenson	Umiya 793 LLC
Alton	793 E. Side Dr.	Department Store	\$411,000	Thomas R. and Virginia A. Stevenson	Umiya 793 LLC
Barnstead	31 Hemlock Rd.	Single-Family Residence	\$235,000	Christine A. Cousin	Sarah Landow
Barnstead	76 Narrows Rd.	Single-Family Residence	\$450,000	Abbotts Flipz LLC	Alice Stavarek and Joshua J. Chiaratti
Barnstead	403 White Oak Rd.	Single-Family Residence	\$582,000	Capone Fiscal Trust and Richard S. Capone	Adam Francoeur
Barnstead	24 Windsor Way	Single-Family Residence	\$325,000	Adam H. Kadel	Christopher U. Coleman
Barnstead	50 Windsor Way	Single-Family Residence	\$151,000	Russell B. Sharpe Estate and Elizabeth Slinger	Tobin Property Solutions Inc.
New Durham	288 Kings Highway	Single-Family Residence	\$730,000	Glidden Fiscal Trust and Donna M. Glidden	Patrick B. and Kathleen A. Lee
New Durham	294 Old Bay Rd.	Single-Family Residence	\$379,000	Cross NT and Anthony C. Eldridge Char	les P. Michaud and Kalee Parker-Michaud
New Durham	66 Quaker Rd.	Mobile Home	\$225,000	Zoel and Rosella M. Leger	Robert J. Fournier
New Durham	S. Shore Road	Residential Undeveloped L	and \$222,000	Jack E. Andrew and Deborah J. Procter	Stephanie and Raymond P. Morneau
ΛΟΛΙΤ		<b>DODT</b> addition	al parties o	r locations. Prices are usually or 669-3822. C	opyright 2011. Real Data Corp. In the col-

### ABUUI INE KEAL KEPUKI

Here are recent real estate transactions in Alton and the surrounding areas. These sales summaries are informational only, not a legal record. Names shown are usually the first listed in the deed. Sales might involve based on tax stamps and might be inaccurate for public umn "Type": land = land only; L/B = land and building; agency sales. Refer to actual public documents before MH= mobile home; and COND=condominium. Transforming opinions or relying on this information. Additional publicly recorded information on these sales, prior sales and data from Department of Revenue Administration forms is available at www.real-data.com site: www.thewarrengroup.com

actions provided by The Warren Group, Boston Ma., publishers of The Registry Review and Bankers and Tradesman newspapers, Phone: 1-800-356-8805. Web-

## **Alton Parks and Recreation Connection**

residents. Classes are

held live through Zoom,

computer and internet

access is required. Par-

ticipants must register

in advance to receive

the class session link.

Weight Training- Adults

of All Ages- Mondays

and Wednesdays from

1:30-2:30 p.m. Yoga for

Fitness- Adults of All

Ages- Fridays from 1-2

p.m. These classes are

great for bone building,

muscle strength and bal-

ance. Contact 603-875-

0109 or parksrec@alton.

### Stockings for Seniors

The Alton Parks and Recreation Department, in partnership with the Alton Senior Center, is collecting stocking stuffer items for Alton seniors in time for Christmas. Our goal is to collect 50 items, which will be hand delivered in stockings to the Seniors in town. If you would like to participate please drop off your cheerful items by Dec. 17 to the Alton Parks and Recreation Department at 328 Main St. Desired items

include: Puzzles with large pieces/300 pieces; adult coloring books and colored pencils; hand written notes; hand lotion, soap, body wash; warm socks; soft throw blankets; chocolates/ assorted nuts. For more information contact Alton Parks and Recreation at parksrec-asst@ alton.nh.gov or 603-875-0109.

### Free Weight Training and Yoga Zoom Classes

The Alton Parks and Recreation Department is offering free Zoom exnh.gov to sign up. ercise classes for local

Cozy Craft

Stay cozy and warm this Winter with your very own homemade blanket. Alton Parks and Recreation is offering a No-Sew Fleece Blanket kit for ages eight to 99! The blanket features a fun snowflake print on one side, and "bright icy blue" plain fleece on the other side. Blankets are 48" wide in a cozy throw size. \$6 each. To reserve your blanket for pickup at the Parks and Recreation office (328



Main St.), please contact parksrec-asst@alton. nh.gov or 603-875-0109.

### Light Up Night

The Town of Alton is celebrating "Light up Night" on Saturday, Dec. 4 in the Alton Village on Main Street. Free events include: 5 p.m.- Santa arriving by Fire Truck outside of Town Hall; photo opportunity with Frosty and the Grinch on Main Street sponsored by the Alton Water Department; Holiday Hayride with Santa sponsored by Alton Home and Lumber; Take Home Craft and Positivi-Tree at Monument Square sponsored by Alton Parks and Recreation; Caroling; 5:30 p.m.- Tree Lighting at Town Hall sponsored by the ABA; 11 a.m.-8 p.m.-Festival of Trees and Gingerbread House Contest at the Gilman Museum sponsored by the ABA.

Light Up Night Events are free and are open to the public. For more information or to add your community event to the Light Up Night celebration, contact the Alton Parks and Recreation Department at www.alton.nh.gov; 603-875-0109, parksrec@alton.nh.gov.

For Residents: The Alton Parks and Recreation Department is sponsoring a Holiday House Decorating Contest. The contest is open to homes within the Alton and Alton Bay zip codes (03809 & 03810). For an Entry Form and Contest Rules go to www.alton.nh.gov or contact Alton Parks and Recreation at 603-875-0109 or parksrec@alton. nh.gov.

FOR BUSINESSES/ Nonprofits: The ABA is sponsoring the Business Decorating Contest. For Business Entries, email your pictures to the ABA info@altonbusinessassociation.com or post on the ABA/Alton Parks & Recreation Facebook Event Page, be sure to include your business name!

Please send photos by Dec. 17. Prizes will be awarded to category winners! Winners will be announced on Dec. 20. Categories for prizes are: People's Choice (Facebook Vote); Most Holiday Spirit; Creative Use of Lights; and Best Main Street Location. Happy decorating Alton and THANK YOU for joining us in bringing festive cheer to our community.



### Fall ball

A group of 17 dedicated, enthusiastic first-fourth grade girls from the Laconia area, all new to the sport of lacrosse, have been practicing this fall to hit the ground running for the spring season. Pictured are (I to r, back to front), Emily Cardinal, Mackenzie Mondok, Aubrey Rushton, Ashleigh Sopinsky, Adrianna Genon, Patience Fleming, Larenne Houston, Addison Smith, Erin Piper, Abigain Rushton, Piper Roberts and Melanie Smith. The non-profit Laconia Lacrosse Club's first-fourth grade girls' teams are full, but spaces are available on the boys' teams, and fifth-eighth grade girls' teams for the spring. Please visit the club's web site for more information about winter clinics and registration.

"Light Up Alton" Event

Holiday House Decorating Contest

& Business Decorating Contest

Let's make the season bright by bringing holiday spirit to Alton.





### **O**BITUARY

### Richard A. Pontbriand, 69



CENTER BARN-STEAD – Richard A. Pontbriand, 69, of Center Barnstead, passed away on Thursday, November 25, 2021.

Richard was born on January 23, 1952 in Georgetown, MA, he was the son of the late Alfred and Carolyn (Bevelacqua) Pontbriand.

Richard was 1 of 10 children. Richie was predeceased in death by his brothers, Mark and Norman Pontbriand as well as a stepson, Matthew Morasse.

Richard will be remembered by many for his laugh and was often it www.stilloaks.com

seen on his little green tractor with a little red wagon of giggling children who lovingly referred to him as Papa Richie.

Richie is survived by his wife, Carol (Watts) Pontbriand of Center Barnstead with whom he shared 22 years with, stepson, Marc Morasse, siblings, Melvin Pontbriand of Rochester, Ernie Pontbriand of Sanford, ME, Carole George of Northwood, Polly Bryant of Sanford, ME, Brenda Wasson of Rochester, Jane Archambalt of Pittsfield and Jeannette Adams of Milton, as well as numerous nieces, nephews, cousins and friends.

A Celebration of Richie's life will be held on Monday, December 6, 2021 from 4PM-6PM at the Still Oaks Funeral & Memorial Home. 1217 Suncook Valley Highway, Epsom. To share a memory or offer a condolence please vis-

ABA to host Festival of Trees & **Gingerbread House Decorating Contest** from Dec. 3-5

ALTON — The Alton Business Association Presents the Third Annual Alton Festival of Trees & Gingerbread House Decorating Contest from Dec. 3-5 at the Gilman Museum!

The event hours are Friday, Dec. 3, from 4-8 p.m.; Saturday, Dec. 4 from 11 a.m. - 8 p.m. (Alton "Light Up Night" is also happening at the same time on Dec. 4 at 5 p.m. across the street at Town Hall!); and Sunday 11 a.m. - 4 p.m.!

This is a very festive and free event to attend this holiday season! There will be nearly 20 trees, beautiful wreaths and decorated gingerbread houses on display! Attendees have the option to purchase raffle tickets (for \$1 each) for a chance to win their favorite tree(s) or wreath(s). Raffle tickets prices are 1 for \$1, 6 for \$5, 12 for \$10 and 25 for \$20. All of the trees/ wreaths and everything on and under them are part of the raffle to be given away! Proceeds from the raffle will benefit the Alton Community Services/Mrs. Santa Fund. Tree winners are announced at the end of the event on Dec. 5 and will be picked up that night or by Dec. 6. We'll also ask our community to vote for a "Community Favorite" tree and favorite Gingerbread House too.

### WOLFEBORO — Utilizing a technique new to Owner and Head Brewer Eddie Michno, Burnt Timber Brewing & Tavern has released Double Shimmy Ya (ABV 7.5 percent), a raw IPA featuring mosaic, el dorado, and columbus hops.

"It's a Norwegian farmhouse style of brewing where you don't boil the beer, but raise it to pasteurization temperatures before fermentation, so it leaves a lot of body in the beer," said Michno.

He said he drew his in-

## Burnt Timber releases Double Shimmy Ya

spiration and knowledge of the beer from Reid Mc-Donald, one of the principals of Odd Man Rush Brewing in Eagle River, Alaska, who recently visited New Hampshire.

"My wife Mara used to work for his family for years at their coffee shop while she was living in Eagle River," he explained. "He sent some of their raw IPA out to us after he got back to Alaska."

He described the experience of drinking their raw IPA as interesting.

rock music of the Unit-

"It finished dry without a ton of residual sugar like many IPAs or higher alcohol beers," he said. "Despite finishing dry, the body/mouth-feel that is left in the residual sugar is richer than most beers that finish dry."

The release of Double Shimmy Ya underscores a busy late fall season for Burnt Timber, which saw the release of several new beers and a new menu.

"We are continuing to experiment and broaden our horizons with our beer and food while

still remaining true to our brand," said Michno. "We look forward to surprising people this winter with our offerings designed to appeal to all ages, including families...Stop on by."

A family-friendly brewpub that features live music and an extensive food and rotating beer menu, Burnt Timber is located at 96 Lehner St., Wolfeboro. To learn more about Burnt Timber, its beers, or new visit burnttimmenu. bertavern.com.

## Great Waters announces 2022 season

MOULTONBOR-OUGH — The Great Waters Music Festival has just announced its 2022 Concerts in the Clouds Performance Series, and you won't want to miss any of it. There will be five shows in the Great Waters performance tent located on the field near Shannon Pond at the Castle in the Clouds in Moultonborough starting on July 16. Season tickets will go on sale, Dec. 6.

More than 50 years ago, four young men from Liverpool, London came to the United States as part of the British Invasion and with them came the pop and

ed Kingdom. During this coming July when you come to see 1964 The Tribute you will experience a Beatles' Concert the way it was performed during those early years. One week later, some of the biggest hits of the 1970's will be heard throughout the tent when The Electric Light Orchestra Experience takes you on a musical journey with brilliant arrangements, flawless musicianship and superlative vocals.

If you were lucky enough to see Classic Albums Live present Eagles "Hotel California" Note for Note Cut

for Cut this past summer then you know how good they are and their Classic Albums Live Fleetwood Mac "Rumours" Note for Note Cut for Cut will be just as spectacular during the month of August. Two weeks later, you will be thrilled with Michael Cavanaugh, star of the hit Broadway show "Movin' Out," when he performs the music of Billy Joel. Handpicked for the part by Joel, Cavanaugh received both Tony and Grammy nominations for his role.

Show number five will find you standing on your feet singing and dancing when One Night of Queen with Gary Mullen and the Works performs those iconic classics we all love.

Music arouses SO many emotions in people. It uplifts and inspires, brings joy, delight, and inspiration. Live music would make a perfect holiday gift with a Great Waters gift certificate. For information regarding the purchase of season tickets or a Great Waters gift certificate, contact Doug Kiley at the Great Waters office at 603-569-7710 or go to the Web site at www.greatwaters.org.

## **Prospect scholar-athlete** award winners announced

**BY JOSHUA SPAULDING** Sports Editor

ALTON — At the fall sports awards ceremony, Prospect Mountain High School traditionally hands out the Scholar-Athlete Awards. However, at this year's ceremony, grades had not closed for the first quarter, so the awards were handed out just before Thanksgiving.

honorees were Ben Gagnon and Derek Hopkins sity girls' soccer team Benjamin Cormier, Kol- Simpson, Deuce Smith included Abigail Breuer, Jaden Burt, Olivia Casale, Piper Flood, Makenzy Holden, Maren Rayno and Juliette West. JV/ varsity players honored included Abigail Argue, Marin Creteau, Lani Demers, Rebecca Hopkins, Madilyn Neathery, Olivia Noyes, Makayla Richard, Ella Smith, Ava Tibbs and Abigail Wittenberg. JV team members honored included Celia Argue and Grace Brooks.

and Wyatt Varney. Unified soccer win-

Charlize Locke, Eve Roberge, Emily Siegler, Honorees for the var- ners were Leslie Brown, Dennis Simpson, Jillian

Thank you to our ABA Members and volunteers, local businesses, local organizations and festive residents who participated in this event to help make this season and our community brighter, all while supporting a great local cause!

This event also includes light refreshments, music, a raffle and more... This event is free to attend and open to the public. For more information, please visit our Web site, www.altonbusinessassociation. com or our Facebook event page @altonbusinessassociation.

For the boys' varsity soccer team, the honorees included Ethan Capsalis, Christopher Cox, Joseph DeJager, Cameron Dore, Brenden Francis, Ayden LaChance and Evan McCracken. For the JV boys' soccer team, the

For the bass fishing team, the award winners were Melody Sylvester

by Dubisz, Jasmine Emerson. Jillian Nason and Kaylee Riel.

For the varsity volleyball team, the honorees were Abigaile Grillo-Moore, Ella Misiaszek and Erin Rawnsley, while the varsity/JV winners were Shannon Kelley and Alexis Wilson.

Cross country team winners included Hannah Capsalis, Veronica Dowd, Chloe Kane,

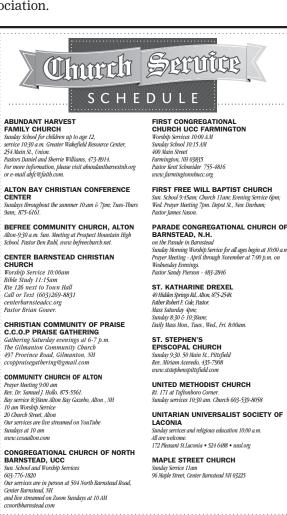
and Liam White.

For the golf team, the winners were Sam Caldwell, Victoria Christie. Aidan Conrad. Asa Guldbrandsen, Jacob Luscomb, Glidden Martin, Grace Simensen and Diondre Thoroughgood.

Sports Editor Joshua Spaulding can be reached at 279-4516, ext. or josh@salmon-155 press.news.



obituaries@salmonpress.news Deadline is Monday at noon



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# December happenings at Oscar Foss Memorial Library

BARNSTEAD Hey, Oscar patrons we have another busy month planned here at the library! Our annual OFML Holiday Workshop will take place the first week of December. Craft supply donations can be dropped off before Dec. 1, then from Dec. 2 through 4, craft supplies, project ideas, and tools will be available in our meeting room for you to create awesome homemade holiday gifts! Light refreshments will be served

Oscar's Elves are back on Dec. 3 from 4-7 p.m. Bring your unwrapped gifts to the library and we will wrap them for you! Donations are welcome.

Family Movie Night at the Library is featuring Home Alone on Dec. 10 at 6 p.m. Light refreshments will be available, and PJs and stuffie

friends are welcome! It's time to let your holiday spirit shine, folks! That's right, registration for our Annual Winter Wonderland Contest has begun! To participate, send the library a clear photo of your home's exterior holiday decorations, along with your name and address. The library will create a Winter Wonderland map of decorated houses, and prizes will be given to the homes with the most votes. Email your information to ofmlstaff@

gmail.com by Dec. 17. Story Time at Oscar Foss Memorial Library is every Wednesday at 10:30 a.m. Join us for stories, songs, dancing, and crafts! A special Santa Storytime will happen Dec. 22 at 10:30 a.m. Please bring a new or gently used wrapped book to exchange!

Li-Yoga at the

Cheryl Giannasca joins New

Hampshire Mutual Bancorp as

Senior Vice President, Human

**Resources Officer** 

brary-All Levels of Yoga happens every Monday at 10:15 a.m., Senior Yoga is every Monday at noon, Beginner Yoga is every Tuesday at 4:15 p.m., and Intermediate Yoga is every Tuesday at 5:30 p.m.

The Teen Advisory Board Meeting happens the fourth Thursday of the month at 4 p.m. For December, that would be the 23rd. All teens ages 14-18 are welcome.

After School Club is held every third Friday at 4 p.m. at the library – Join Miss Jerissa for snacks and a new craft each month!

The Oscar Foss Memorial Library will be closed Dec. 24 and 25, and also Dec. 31 and Jan. 1. The Library staff wishes you all a wondrous holiday season and a happy new year!

## **Greater Lakes Region Children's Auction** ornaments now available



Reed and Sandie Lincoln shopped at Gilford Country Store and learned about the Children's Auction ornament sale from store owner Kathy Tognacci.

LACONIA — 'Tis the season to support the Greater Lakes Region Children's Auction, and local businesses are now selling decorative ornaments for in-store display or to take home. The ornaments cost \$1, \$5 or \$10 and help raise money for the auction, which will be held this year from Tuesday, Dec. 7 through Friday, Dec. 10 at Tanger Outlets in Tilton.

The ornaments are four-inch-round cardstock decorations that customers can write their names on for display at a business or to take home. All proceeds benefit the auction.

Ornaments are avail-

able at: Café Déjà Vu. 311 Court St., Laconia; Crazy Gringo, 306 Lakeside Ave., Laconia; Franklin Savings Bank, 11 Sawmill Rd., Gilford; Gilford Country Store, 1934 Lake Shore Rd., Gilford; Gilford Hills Tennis & Fitness Club, 314 Old Lakeshore Rd., Gilford; H. Salon, 28 Weirs Rd., Gilford; Hermit Woods Winery & Deli, 72 Main St., Meredith; Live Love Lake, 7 North Main St., Wolfeboro; Middleton Building Supply, 157 Main St., Meredith; Nahamsha Gifts, 63 Main St., Meredith; Patrick's Pub & Eatery, 18 Weirs Rd., Gilford; The Wine'ing Butcher, 28 Weirs Rd., Gilford;

The Wine'ing Butcher, 81 Route 25, Meredith; Shooter's Tavern, 190 DW Highway, Belmont; and Winnipesaukee Bay Gulls 2, 18 Weirs Rd., Gilford, and Winnipesaukee Bay Gulls, 118 Whittier Highway Moultonborough; and Laconia Village Bakery, 660 Main St., Laconia.

Gilford Country Store, 1934 Lake Shore Rd., Gilford; Nahamsha Gifts, 63 Main St., Meredith; and Live Love Lake, 7 North Main St., Wolfeboro, offer five percent off non-consignment store purchases if one buys a \$5 ornament and 10 percent off if one buys a \$10 ornament.



Cheryl Giannasca

MEREDITH — New Hampshire Mutual Bancorp (NHMB) is excited to welcome Cheryl GiSenior Professional in Human Resources and SHRM Senior Certified Professional certifications.

Giannasca has more than 25 years of human resources experience. Prior to NHMB, she led the human resources team at Simpson Gumpertz & Heger, a national civil and structural engineering consulting firm. She currently resides in Rumney.

New Hampshire Mu-

Concord and also holds ciencies through their shared service provider, NHMB. NHMB provides risk management, facilities, marketing, human resource, finance, compliance, information technology, deposit operations, loan operations and digital banking services to Meredith Village Savings Bank, Merrimack County Savings Bank, Savings Bank of Walpole and NHTrust. This strategic partnership has positioned the banks to leverage each other's strengths as they work together to advance a shared vision of maintaining and enhancing community banking standards and values. NHMB combined assets total more than \$2.8 billion. For more information, visit nhmutual.com.

annasca as Senior Vice President, Human Resources Officer. In this role, she will work as a strategic business advisor to middle and senior management as well as provide leadership direction and oversight for human resources operations for NHMB and its subsidiary financial institutions, MVSB (Meredith Village Savings Bank),Merrimack County Savings Bank (the Merrimack), Savings Bank of Walpole and NHTrust.

"We are thrilled to welcome Cheryl to the NHMB human resources team," said David Cronin, Executive Vice President, Chief Human Resources Officer. "She brings more than two decades of HR experience and insight that we are eager to implement as our organization continues to grow. Our employees remain a top priority for NHMB and we know that will continue under Cheryl's leadership."

"I am very excited to be a part of NHMB." said Giannasca. "I was drawn to the company's positive culture, strong values and focus on employee development. This role is a great fit with my background in HR management, benefits, compensation and HR technology."

Giannasca has a Bachelor of Science degree in Business Administration from Northeastern University. She is a member of Society for Human Resource Management (SHRM) and Human Resources Association Greater

tual Bancorp (NHMB) was created through a unique alliance between three mutual community banks and a wealth management firm who maintain separate organizations and management. The companies are able to achieve best in class software, services and staffing while providing effi-

An open letter of thanks to the Lakes Region's frontline workforce

### To the Editor:

In the midst of what feels like a never-ending COVID-19 pandemic, today I want to pause and salute the herculean efforts of the Lakes Region's frontline workforce. You continue to impress me with your dedication, skill, and work ethic.

A challenging economy and ever-changing safety protocols are conspiring against us, adding further pressure and stress for employees-both at work and at home. Please know how grateful I am for your hard work and ability to get things done while dealing with these added challenges.

This is difficult stuff.

Local businesses, schools, and all who are providing needed services to the community, are dealing with supply chain issues, increased cost of goods, and staffing issues. So many of you are rising to the occasion, stepping up when another member of your team is struggling or needs a break. This is admirable and important.

We are all in this together.

Thank you to all who have chosen to get vaccinated to help us safely get beyond this pandemic and flu season.

In closing, I want to give a special thank you to the incredible team here at Taylor Community for your commitment to our residents and one another. I could not be more proud to work alongside you.

With appreciation, **Michael Flaherty** President & CEO **Taylor Community**  **GILMAN LIBRARY** 

THE READING

Welcome to December! Are you ready for winter? Do you need a checklist for emergency preparations, readying your vehicle for winter roads, or weatherproofing your home? If you need some help to prepare, consider utilizing the library for your reference needs. You can utilize our interlibrary loan services, our free downloadable books, and our public access computers. Let us be your go-to for your resources.

While you are preparing your surroundings, don't forget to prepare yourself. Need something to get you in the spirit for the Seasonal Festivities? Check out our "Spirit of Christmas" or our "Gooseberry Patch Christmas" book series for creative holiday ideas. Need recipe ideas? We have loads of wonderful specialty cookbooks. If you are short on time, just place your reserve online and pick them up when you are going by.

We have plenty of suggestions for good books that are the perfect complement to a gray day. Are you looking for a cozy mystery? Perhaps something by Joanne Fluke, or local author, Jessie Crockett? Or would you prefer a paperback from our Prime Crime series or Christmas romance collections?

Have you seen all our Christmas movies? Search our catalog and you will find 123 matches under Christmas DVDs. We also have lots of family board games and dozens of jigsaw puzzles ready for you for those stay-at-home and stay-inside days. Whatever you are looking for, let us help you find it. Just a reminder, if there is a school weather-closing, the library will also close. If there is a school vacation day, we may be open. Check our website at gilmanlibrary.org, for current hours and listen to WMUR for cancelations. Remember that when our Main Street location is closed, our virtual library is open 24/7. See you soon!



## Widespread chemical contaminants found in failed Loon eggs



MOULTONBOR-OUGH—The Loon Preservation Committee (LPC) has released a report documenting the widespread presence of chemical contaminants in inviable Common Loon eggs taken from failed loon nests on lakes throughout New Hampshire. As fish-eaters, loons are important sentinels of the health of aquatic ecosystems, especially when measuring contaminants that magnify at higher levels of aquatic food webs.

LPC tested 81 eggs from 24 lakes for perand polyfluoroalkyl substances (PFAS), flame

retardants (polybrominated diphenyl ethers or BDEs), polychlorinated biphenyls (PCBs), and organochlorine pesticides, including DDT and chlordane. The effects of these contaminants on loons are unknown, but up to 60 percent of eggs tested exceeded levels documented to cause negative health or reproductive effects in other bird species in at least one of the contaminant classes.

Lakes with notably elevated levels of contaminants included Arlington Mill Reservoir (PFAS), Canobie Lake (PFAS), Lake Francis

(PCBs), Merrymeeting Lake (PCBs), and Squam Lake (BDEs, PCBs). Where present in fish, effects of these contaminants could, together with other stressors, negatively affect loon health and/or reproductive success and also potentially affect other lake wildlife and human health. After LPC's discovery of elevated contaminant levels in loon eggs on Squam Lake, New Hampshire Department of Environment Services (NHDES) tested fish on Squam and found high levels of PCBs in smallmouth bass and yellow perch, leading to an advisory in March 2020 to limit consumption of fish from the lake due to the presence of this likely carcinogen. LPC's report details

recommendations to address the issue of contaminants in New Hampshire's lakes, including increased testing of fish and wildlife high on the aquatic food

web, inviable loon eggs, or other species known to consume fish. LPC is the only organization systematically testing lake wildlife for many of these contaminants in the state.

Ted Diers, Administrator of the Watershed Management Bureau at New Hampshire Department of Environmental Services, said, "The Loon Preservation Committee has contributed a tremendous service to the state by collecting and publishing these Their diligence data. in following up on the loon egg sampling has opened a number of critical questions about the health of these amazing birds and the humans who recreate on the lakes. Because of LPC's work, NHDES has followed up on a number of lakes to determine if the fish are safe to eat, and has issued fish consumption advisories as a result."

Harry Vogel, Senior

Biologist and Executive Director of LPC, said, "We applaud the efforts of NHDES and New Hampshire Department of Fish & Game (NHF&G) to address the issue of contaminants in New Hampshire. We are all limited in what we can do by limited funding, and we hope that more state agency resources will be made available to identify and mitigate areas of elevated contaminants in the state."

Tiffany Grade, Squam Lakes Biologist for LPC, said, "Our limited testing has already turned up concerning levels of contaminants in several lakes, as well as documenting the presence of these contaminants in lakes throughout New We hope Hampshire. that more can be done to identify additional areas where there may be impacts on wildlife or human health."

LPC will continue to monitor contaminants in loon eggs in New Hampshire and report results to NHDES and NHF&G. LPC biologists will also be conducting further research to investigate potential impacts of contaminants on loon productivity as they continue to work with NHF&G and NHDES for the health of New Hampshire's loons and aquatic ecosystems.

The full report is available at www.loon. org/eggreport.

The Loon Preservation Committee (www. loon.org) works to protect loons throughout the state as part of its mission to restore and maintain a healthy population of loons in New Hampshire; to monitor the health and productivity of loon populations as sentinels of environmental quality; and to promote a greater understanding of loons and the natural world.

Belknap House receives grants to address capital improvement projects, staffing needs

LACONIA — Belknap House is more than grateful to receive a new grant award from the Samuel P. Hunt Foundation. One of the Samuel P. Hunt Foundation's funding interests is to serve economically disadvantaged children and youth and fund capital improvement projects. This generous grant award will support two of our largest capital improvement projects needed to maintain the integrity of the 3,890 square foot Belknap House, which vital in providing safe shelter, education and case management to homeless families from Belknap County. "We are most grateful to the Trustees of the Samuel P. Hunt Foundation for this grant award. Addressing needed capi-

tal improvements on the shelter is essential. For children who are most at-risk during homelessness, entering the shelter provides an environment of safety and comfort, along with family stability," shares Executive Director, Paula Ferenc. "This type of stability allows parents the space they need to work on goals, develop skills and confidence necessary to become self-sufficient, and move forward with their lives." Belknap House is also grateful to receive another grant award from the Bishop's Charitable Assistance Fund to support the critical need for increased staffing. The Bishop's Charitable Assistance Fund, has generously supported Belknap House with varied program needs

over the last three years. The Bishop's Charitable Assistance Fund makes grants to tax-exempt organizations without regard to religious affiliation for projects that help people in New Hampshire meet their basic needs. The Fund is operated by volunteer lay men and women who serve as Directors and who make recommendations to the Bishop of Manchester for grants to organizations. The Fund raises money through solicitation of individuals, businesses, and philanthropic organizations. An annual accounting of funds raised and disbursements is available at www.catholicnh.org/ BCAF. Through their grant award, the Directors of the Bishop's Charitable Assistance Fund recognizes the importance of staffing the shelter 24/7, in order to keep our families safe and to maintain consistency with shelter services. Belknap House staff and families extend

heartfelt gratitude to the Bishop's Charitable Assistance Fund for their on-going support of homeless families in Belknap County.

For more information, or to volunteer at Belknap House, please visit www.belknaphouse.org or call 603-527-8097.

## **Artist Peter Ferber reflects** on a "Life in Watercolors"

TILTON — Award tlety placed secondary year displayed in a local winning and nationally image. known watercolor art-"I spend a fair ist, Peter Ferber, Alton, amount of time, from my was the invited Noveminitial thumbnail sketch ber guest speaker at the to being sure my drawing, perspective, vanish-Lakes Region Art Assoing point, depth of field ciation (LRAA) monthly meeting. His talk includand details of different ed the showing of a numobjects and ambient ber of his watercolor light are correct before paintings. He also works choosing my color with oils and acrylics. palette and then putting But, as he stated, "My paint to paper. This is where the detail work first love is watercolors, really begins," he said. and every time I do a painting, I learn some-The subjects of Ferber's paintings range thing new." Ferber's talk was from landscapes, waterabout the how's and scapes, and boats to lowhy's on the way he cal Lakes Region scenes composes his paintings and buildings. To date, designed to move the he has had more than viewers eye to the main 60 one-man shows, plus subject in his painting, two major one-man exand then for it to continhibitions, featuring his ue on and see the subnewest paintings each

art gallery, Main Street, Wolfeboro. His many successes are no accident, but rather the result of hard work and a dedication to

his talent as a professional artist. Unlike many part-time artists who occasionally do their art and paint, painting is Ferber's fulltime occupation working from his in-home studio.

The LRAA is a non-profit 501-c3 organization dedicated to promoting the arts. The LRAA Gallery is located in the Tanger Outlets. Suite 300, Tilton. Open, Thursday-Sunday 10 a.m.-6 p.m.

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### Judi Taggart — Courtesy Bid now and paddle in style this summer

The high bidder on this kayak package will be paddling in style next season! Tagg Team Captain Judi Taggart, along with Bill Irwin and Kaila Martin of Irwin Marine, encourage others to donate items for the GLR Children's Auction on Dec. 7-10. Let's make 40thChildren's Auction the best it can be for the kids!

## Children's Auction kicks off on Dec. 7

By Erin Plummer mnews@salmonpress. news

REGION-The Greater Lakes Region Children's Auction is returning for its 40th anniversary with a week of auctions and events to raise money for area families.

The 40th annual Greater Lakes Region Children's Auction will kick off on Dec. 7, and will run through Dec. 10, raising money for organizations around the Lakes Region that help children and families.

The auction will run from 10 a.m.-7 p.m., airing on LRPA TV Channel 25 and Channel 12 on Atlantic Broadband. The auction will also be broadcast on the radio at Lakes 101.5 FM and streamed at childrensauction.com. on Facebook at facebook.com/ childrensauction and the Laconia Daily Sun Web site.

People can bid during the auction at 603-527-0999 and at the Children's Auction Web site.

This year's auction has a new location at the

Tanger Outlets in Tilton. The auction is in the middle building in the former Nike store next to Rocky Mountain Chocolate Factory.

The auction will feature some special events and programs.

CycleMania is back for the Children's Auction and "Mad Dog" Mike Gallagher will be back on a spin bike at Gilford Hills Tennis and Fitness club on Dec. 7 from 9 a.m.-9 p.m. People can join in 60-minute intervals for \$20 each.

The Community Challenge is back this year and teams have been hard at work all year raising money. The Community Challenge is an evolution from Pub Mania to an all-year fundraising event. Last year's Community Challenge raised \$249,460 for the Children's Auction.

The Children's Auction is still collecting items for auction. People can fill out a donation form that can be found on the Children's Auction Website and drop off items at any of several



The Greater Lakes Region Children's Auction is back on Dec. 7-10 for its 40th year.

businesses throughout the Lakes Region. People can drop off items at Meredith Village Savings Bank branches in Alton, Ashland, Center Harbor, Gilford, Laconia, Meredith, Moultonborough, and Plymouth. Irwin Marine in Laconia and Alton, Lee's Candy Kitchen in Meredith and Plymouth, and Hiller orthodontics in Laconia and Plymouth are also collection sites.

Other collection locations include Aubuchon Hardware in Franklin and Grevior Furniture in Franklin; Gilford Tennis and Fitness Club and Franklin Savings Bank in Gilford; Body Covers, North Water Marine, and The Wellness Complex in Laconia: Edward Jones. Insurance Meredith Agency, and The Xavier Group in Meredith; and the Tanger Outlets in Tilton at Shopper Services.

Last year, the auction distributed \$561,400 to 75 different organizations to meet the needs of children and families. The auction has different categories of need that it distributes funds for: Category A for immediate needs such as food, shelter, clothing, Christmas gifts, and hygienic needs; Category B for organizations that eliminate and mitigate the need for basic and extended children's services; Category C for capital projects to enhance children's lives or offer better services; and Category D provide recreational and educational services that families might not have bene able to afford otherwise.

The auction will celebrate its 40th with a big party on Dec. 11. Tickets are on sale for the 40th Children's Auction Celebration Party at The Summit Resort in Laconia on Dec. 11 from 6-9 p.m. for \$40 a person. The party will feature music, food, a cash bar, and much more. Tickets are available at childrensauction.com.

FILE PHOTO

For more information on the Children's Auction and for forms and bidding, visit childrensauction.com

## ~ Comfort Keepers ~ Winter health risks for seniors

### **BY MARTHA SWATS** Owner/Administrator Comfort Keepers

Spending time with loved ones, enjoying nature and participating in activities can improve quality of life for seniors. However, cold winter weather can create a barrier to many seniors' regular schedules. And it's not just snow and ice that make winter a difficult season for seniors – additional factors include post-holiday isolation, illness, and the physical effect of cold weather. Knowing what to look for, and creating a strategy for combatting winter health risks, can help seniors maintain positive mental health and physical wellness.

include:

Winter blues - Cold air and gloomy skies can make anyone feel less cheerful during the winter months. However, depression can have an outsized effect on seniors and their longterm mental health. Creating opportunities for socialization and finding joyful moments isn't just for fun – it can help foster critical connection and combat loneliness. There are a variety of uplifting activities that can be enjoyed during the winter months. These include movie nights, reminiscing by the fire, and getting outside on a rare sunny day.

Some factors to consider ically affected by the winter season.

> Pneumonia: Pneumonia is an infection that can be dangerous for seniors due to lung issues that come with age, weakened immune systems and conditions that make pneumonia more severe. Older adults should talk to their doctor about healthy lifestyle changes and vaccines that can help.

Joint pain: Joint pain

Heart issues: Heart attacks and high blood pressure are more common in winter because cold snaps increase blood pressure and strain on the heart. The heart must work harder to maintain body heat, while falling temperatures may cause an unhealthy rise in high blood pressure, especially in seniors.

Winter safety – Being mindful of winter safety can be more common issues is important for seniors and their families. Cold weather can be more dangerous for those with some health conditions, like Parkinson's disease, diabetes or thyroid problems. Seniors should talk to their doctor to learn more. Other types of accidents or injuries can be avoided through education too. Examples include being mindful

of fall risks, monitoring carbon dioxide levels and preventing hypothermia.

Comfort Keepers® can help

Our goal is to provide uplifting in-home care that benefits seniors and their families. The individualized care plans we create for our clients consider physical goals as well as non-physical mental health needs. Our caregivers can provide companionship or transportation to community events, and support physician-prescribed exercise regimens, provide companionship and help to families that want to stay connected through technology. We strive to elevate the human spirit through quality, compassionate, joyful care. To learn more about our in-home care ser-

vices, contact your local Comfort Keepers location today.

About Comfort Keepers Comfort Keepers is a

leader in providing inhome care consisting of such services as companionship, transportation, housekeeping, meal preparation, bathing, mobility assistance, nursing services, and a host of additional items all meant to keep seniors

Winter illness- There are a variety of ways that seniors can be physfor seniors in cold conditions - whether they suffer from arthritis or not. Dressing in layers, regulating the temperature inside and stretching exercises can help. A healthcare professional can also suggest exercise, medication or other coping strategies.

## Funspot gift card promotion to benefit Mix Cash & Cans

LACONIA — Mix 94.1 FM presents its 35th annual Cash-and-Cans money and food drive for the holidays now through Dec. 17. The fundraiser, started by Mix 94.1 FM's Fred Caruso in 1987, raises food and money for a number of central New Hampshire charitable organizations, from food pantries to soup kitchens to toys-for-tots programs.

Sunday, Dec. 5 will be a unique way to benefit Mix Cash & Cans. It's a Funspot Gift Card Fundraiser at Funspot from noon-3 p.m.

"We're very excited to have Funspot and the Lawton Family involved once again with year's Cash & Cans campaign," Caruso said. "For a minimum \$10 donation to Cash & Cans, you'll receive a ten dollar Funspot gift card; donate \$20, get a \$20 gift card; donate \$50, get \$50; donate \$20 in non-perishable food items, get \$20 in gift cards. It really is a win-win for everyone. Funspot gift cards make great gifts and stocking stuffers."

During the Cash & Cans campaign, Caruso and morning co-host Amy Bates will be accepting monetary and non-perishable food donations, with 100 percent of the proceeds right here in our central New Hampshire community.

"We live in a wonderful area, neighbors helping neighbors, friends helping friends, people helping people they've never even met. That's what Cash-and-Cans is all about," said Caruso. "This year, we'd like to dedicate this year's Funspot Cash & Cans Fundraiser in memory of Funspot founder Bob Lawton. Bob was an icon in our community, always helping out different causes through Funspot."

A complete Cash and Cans broadcast schedule is available at www.mix-941fm.com. Donations can also be made through the mail. Please make checks payable to Mix Cash-and-Cans and mail to Mix 94.1 FM, PO Box 941, Franklin, NH 03235. And Venmo, @Mixcashandcans. For more information about the Cash & Cans program email Caruso at fred@mix941fm.com. Mix Cash & Cans is a public service of Mix 94.1 FM, a locally owned and operated Northeast Communications radio station.

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Please call 603-536-6060 or visit our Web site at nhcomfortkeepers. com for more information.

## **Great Waters** announces 2022 season

MOULTONBOR-OUGH — The Great Waters Music Festival has just announced its 2022 Concerts in the Clouds Performance Series, and you won't want to miss any of it. There will be five shows in the Great Waters performance tent located on the field near Shannon Pond at the Castle in the Clouds Moultonborough in starting on July 16. Season tickets will go on sale, Dec. 6.

More than 50 years ago, four young men from Liverpool, London came to the United States as part of the British Invasion and with them came the pop and rock music of the United Kingdom. During this coming July when you come to see 1964 The Tribute you will experience a Beatles' Concert the way it was

performed during those early years. One week later, some of the biggest hits of the 1970's will be heard throughout the tent when The Electric Light Orchestra Experience takes you on a musical journey with brilliant arrangements, flawless musicianship and superlative vocals.

If you were lucky enough to see Classic Albums Live present Eagles "Hotel California" Note for Note Cut for Cut this past summer then you know how good they are and their Classic Albums Live Fleetwood Mac "Rumours" Note for Note Cut for Cut will be just as spectacular during the month of August. Two weeks later, you will be thrilled with Michael Cavanaugh, star of the hit Broadway show "Movin' Out," when he performs

the music of Billy Joel. Handpicked for the part by Joel, Cavanaugh received both Tony and Grammy nominations for his role.

Show number five will find you standing on your feet singing and dancing when One Night of Queen with Gary Mullen and the Works performs those iconic classics we all love.

Music arouses SO many emotions in people. It uplifts and inspires, brings joy, delight, and inspiration. Live music would make a perfect holiday gift with a Great Waters gift certificate. For information regarding the purchase of season tickets or a Great Waters gift certificate, contact Doug Kiley at the Great Waters office at 603-569-7710 or go to the Web site at www.greatwaters.org.

## Kingswood Middle School students earn Pride Awards

**WOLFEBORO** The following seventh grade Kingswood Middle School students received the Pride Award for first quarter of the 2021-2022 school year:

Taylor Allar, Mathew Adelyn Arse-Ames. nault, Haley Arsenault, Lilyana Arsenault, Mila Bahr. Isabella Bailey. Lexi Baker, Isabelle Bean, Madison Bowley, Andrea Brophy, Ellie Brown, Nevaeh Brown, Anelya Caesar, Brady Call, Andrew Cann, Kristin Cooper, Dylan Copenhaver, Jerilyn Cornwell, Elliott Crouse, Taylor Culverhouse, Kelsie Davis, Kilee Davis. Liza Demain. Katie DeVito, Isabella Dickey, Jacob Dubuc, Caleb Duford-Stevens, Joshua Dugas, Sophia Dupell, Ella

Eastman, Tucker Eaton, Laura Fernandes, Matthew Fitzpatrick, Shelby Fontaine, Izabella Forest, Tiana Fowler, Elizabeth Gagne, Logan Gil, Marley Gregory, Saige Griffin, Opal Grupp, Roxie Hale, Brody Hanson, Adelle Harrington, Tavin Herget, Victoria Hicks, Damien Hutchinson, Dylan Ivester, Daniel Jacobs, Anna Johnson, Benjamin Johnson, Evan Kimball, Aaron King, Caroline Kinzlmaier, Kiernan Kolodner, Avery Kunzler, Payton Leclair, Rose Lemieux, Drea Leonard, Emma Lewis, Morgan Lewis, Cassidy Libby, James Ling, Rinnapa Malika, Ava Martin, Caden McAllister, Paisley McInnis, Jayden McMahon, Cohen Mc-Nevich, Nicolas McPhee,

Hayden Merrow, Abigail Morin, Evaline Morrison, Savanna Munroe, Megan Nicol, Ciara Noble, Maya Nolin, Giselle Nunez, Myles O'Keefe, Alexis Olkkola, Emma Ouellette, Allison Peck, Margaret Perkins, Kaylee Pert, Micah Peterson, Rebekah Peterson, Zachary Pickle, Hannah Piper, Gary Dean Porter, Peter Prentice, Ava Randall, Cadance Reilly, Gabriela Reynolds, Sadie Rowe, Jacob Roy, Avery Rudd, Hayden Russell, Ewan Rutherford, Ryan Santerre, Colton Sargent, Jackson Saxby, Acacia Scott, Eva Scott, Rhian Scully, Jeremy Sellers, Olivia Shaw, Alyvia Stevens. Reid Swinerton. Cameron Tuttle, Ariana Vachon, Ava Waldron, Jaylynne Wallace, Kendall West, Carmin White, Hayley White, Paige Woodward

The following eighth grade Kingswood Middle School students received the Pride Award for the first quarter:

Parker Aucoin, Samuel Baca, Brenden Beebe, Thomas Benker, Ayden Bernier, William Blake, Caelynn Blattenberger, Makenzie Boisvert, Ryker Booth, Thomas Bronson, Liam Brown, Ruby Brown, Charlotte Bunnell, Graham Burke, Malcolm Clark, Nathan Cloos, Bradyn Connell, Kempes Corbally, Mackenzie Corbett, Owen Cotton, Alexander Cronin, Samuel Crowder, Andrew Curtis, Soleil Daley, Nathaniel Demain, Brynn Demers, Annissa

Desrochers, Arabella Diamond, Caleb Diamond, Allison Doherty, Jeremiah Dubois, Kaden Duque, Savannah Dusseault, Isabelle Fournier, Isaiah Fraser, Ava Garrett, Brody Ghent, Madelyn Giunco, Danielle Gray, Haylee Hammes, Cullen Haviland, Colby Hewitt, Michael House, Cali Hughes, Andrew Hunt, Allyson Jedrey, Keira Johnson, Vaega Johnson, Kylee King, Julie Kratovil, Avalyn Lambert, Sawyer Linton, Lillyana Lowton, Emma Lyons, Brendan MacPhee, Merrick Maimes, Meagan Mansfield, Jack Marks, Jordyn Martineau, Cooper McCourt, Lillian McKellar, Jacob Moody, Peter Morin, Brady Moulton, Taylor Mullen, Katrina Newell, Adrianna Noel, Benjamin Nuzzelillo, Lillian O'Blenes, Kendal Oliver, Taylor Pelletier, Joy Peterson, Trey Peterson, Anya Pollini, Bryan Purington, Nevaeh Quinn, Dean Richards, Felix Roberts, James Rogers, Bryce Sandlin, Eric Santangelo, Gianna Santangelo, Haley Savley, Lilyana Scott, Natalie Scott, Richard Sevigney, Elijah Seward, Ryder Shannon, Olivia Shea, Alyssa Smith, Peter Smith, Charlotte Soper, Grady Steele, Kiari Taschereau, Evan Thurston, Timothy Twing, Kayden Tyler, Faith VanAuken, Selena Vergato, Alexa Vetanze, Blake Walbridge, Grady Whitcomb, Colvin Williams, Audrey Wood, Benjamin Wright, Julia Young

### in 1:02:49.

For the 40-59 age group, Marion Perry of Ossipee was first in 53:21, Martina Hanna of Wolfeboro was second in 58:26, Kerry Hagen of Wolfeboro was third in 58:26, Denise Hutchins of Wolfeboro was fourth in 58:56, Janice Arinello of Wolfeboro was sixth in 59:01 and Theresa Di-Chiaro of Wolfeboro was seventh in 1:03:51.

Barbara Wilson of Tuftonboro was tops in the 60-69 age group in 41:37, Constance West of Ossipee was second in 48:27, Mary Ellen McCarthy of Wolfeboro was fourth in 53:22, Cheryl Flood of Wolfeboro was fifth in 57:12, Susan Collins of Wolfeboro placed seventh in 1:02:44 and Liza Stevens of Alton was eighth in 1:05:38.

For the 70 and older age group, Nancy Lentz of Wolfeboro was first in 40:47 and Dorie Sterndale of Wolfeboro was second in 44:50.

Adam Fritchy of

TROT (continued from Page A1)

on to 109A and out to Filter Bed Road. The race then cuts through Filter Bed to Varney Road, then turns left on Varnev Road then on to Mill Street and out to Main Street, finishing with a left turn down Railroad Avenue.

The overall winner was Alton's Josh Flanagan, who ran to a time of 19:05, with Graham Philpot of Dover in second place in 19:19, Kingswood cross country, Nordic and track coach Mick Arsenault in third in 20:18, Lance Gouthier of Wolfeboro in fourth in 20:21 and Kevin Dubia of Ashland in fifth in 20:37.

For women. Wolfe-Bridget Kiboro's ley-Hubbard paced the field with a time of 22:07. Elizabeth Bronson of

Wolfeboro was second in 22:25, Elissa Quinatoa of Wolfeboro was third in 22:33, Michelle Philpot of Dover was fourth in 23:42 and Kristina Howlett of Barnstead was fifth in 24:18.

For the women in the 18-39 age group, Quinatoa was first overall, with Cassidy Simpson of Effingham in third in 24:35 and Abbey Tedford of Tuftonboro in fourth place in 25:12. Jacqueline Bristol of Wolfeboro was fifth in 25:33, Katherine Stevens of Wolfeboro was sixth in 27:07, Lori Dawson of Wolfeboro was eighth in 30:07 and Jessica Strauch of Ossipee was 10th in 30:47. Kelsie Martel of Wolfeboro placed 11th in 30:48, Brittany McGuire of Wolfeboro was 13th in 31:05, Megen Pollini of Wolfeboro

placed 14th in 31:38, Chloe Roberts of Ossipee was 15th in 32:14. Annie Scionti Brett of Moultonborough was 16th in 33:33, Jessica Shor of Wolfeboro was 17th in 34:34, Stacie Flanagan of Alton was 18th in 34:54 and Janice Knepp of Wolfeboro was 19th in 36:45.

In the 40-59 age group, Bronson and Howlett took the top two spots, with Jenny Hill of Wolfeboro in third place in 25:38. Valerie Murray of Wolfeboro was fourth in 26:21, Wolfeboro's Amie Edmunds placed fifth in 28:32, Sarah McCarthy of Wolfeboro was sixth in 28:49, Shannon Donovan of Wolfeboro placed eighth in 30:53, Kara Brunetta of Wolfeboro was ninth in 31:24, Wendy Smith of Moultonborough was 10th in 34:00,

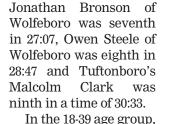
ORT

Patty Tedford of Tuftonboro was 11th in 35:19 and Kim Cutler of Freedom was 12th in 36:52.

Judi Lemaire of Wolfeboro won the 60-69 age group with a time of 27:54, Maureen Knepp of New Durham was second in 29:05 and Kelly Colby-Seavey of Wolfeboro placed third in 32:33.

Jill Duffield of Wolfeboro won the 70 and over age group with a time of 30:35.

For the men in the 17 and under age group, Emerson DeNitto of Wolfeboro was first in 20:56, with Grady Steele of Wolfeboro in second in 23:44 and Thomas Bronson of Wolfeboro was third in 24:57. Nate Demain of Wolfeboro was fourth in 25:00. Curtis Cloos of Wolfeboro was sixth in 26:59,



Gouthier's time put him in second overall, with John Bristol of Wolfeboro in fourth in 21:41 and Michael Brett of Moultonborough in fifth in 21:41. Lou Arinello of Wolfeboro was sixth in 22:35 just ahead of brother Gabe Arinello in 22:36 and Jason Inglis of New Durham was eighth in 23:09. Kingswood graduate Terry Stackhouse was ninth in 24:56, Brian Burt of Wolfeboro placed 10th in 25:15, Chris Soule of Wolfeboro was 11th in 25:31 and Wolfeboro's George Stevens III was 12th in 27:08. Kingswood graduate Parker Shure finished in 13th place in 27:56 and Kirin Kachroo-Levine of Wolfeboro was 17th in 34:35.

In the 40-59 age group, rsenault's time was tops, with Jason Denver of Sanbornville in second place. Ryan McCarthy of Wolfeboro was fifth in 23:00, Bob Tuttle of Wolfeboro was sixth in 23:02, Ryan Dee of Wolfeboro placed seventh in 24:44, Wolfeboro's John Hagen was ninth in 26:00, Jerome Holden of Wolfeboro finished 10th in 26:47, Jeff Cloos of Wolfeboro placed 11th in 26:59, Wolfeboro's Roger DeCato was 11th in 32:05 and Wolfeboro Fire Chief Tom Zotti, running in full turnout gear, finished in 12th place in 39:17. For the 60-69 age group, Wolfeboro's Martin Boucher was tops in 22:29, Bob Mathes of Wolfeboro was third in 25:06, Stan Soby of Wolfeboro was fourth in 26:39, George Stevens Jr. of Alton was fifth in 36:00 and Robert Knepp of New Durham was sixth in 36:52. Bob Lemaire of Wolfeboro was tops in the 70 and over age group in a time of 25:18.



MADELYN HOWLETT of Barnstead won the Wolfeboro Turkey Trot kids' race.

KRIS HOWLETT of Barnstead runs down Wolfeboro's Main Street during the Turkey Trot on Nov. 20.



JASON INGLIS of New Durham runs on Main Street in Wolfeboro during the annual Turkey Trot.

#### Walkers

For walkers in the 18-39 group, Kingswood graduate Emma Gonya led the women in 41:37, Tricia Foss of Ossipee finished in 54:03 for second, Hollie Greene of Wolfeboro was third in 54:04, Danielle Rogers of New Durhnam was fourth in 57:12, Mary Thomas of Tuftonboro was fifth in 57:13 and Marissa Nardello of Wolfeboro was seventh

Wolfeboro was first in the 18-39 age group for men in 1:02:48. In the 40-59 age group, Wolfeboro's Stephen Arinello was first in 58:54 and Darryl Parker of Wolfeboro was second in 1:03:32.

For the 60-69 age group, Richard McCarthy of Wolfeboro was first in 42:37, David Hunter of Ossipee was second in 48:28 and Mark Collins of Wolfeboro placed fourth in 1:02:03.

David Denby was tops in the 70 and over age group in 53:27.

### Kids' race

Madelyn Howlett of Barnstead had the top overall time in the kids' race, finishing in 7:27, while Brinley Tetherly of Wolfeboro was the top boy, finishing in 7:40.

Kate McCarthy of Wolfeboro was second for the girls in 8:14, followed by Stella Friesen of Wolfeboro in 10:36, Arianna Thomas of Tuftonboro in 11:35 and Brooklyn Cain of Wolfeboro in 15:02.

Owen McCarthy of Wolfeboro was second for the boys in 8:32, followed by Myron Thomas of Tuftonboro in 11:16, Michael Strauch, Jr. of Ossipee in 13:57, Boden Tetherly of Wolfeboro in 15:09 and Wyatt DiBiasie of Wolfeboro in 21:05.

Sports Editor Joshua Spaulding can be reached at 279-4516, ext. 155 or josh@salmonpress.news.



GEORGE STEVENS JR. of Alton heads to the finish of the Turkey **Trot in Wolfeboro** 

### FUNDING

(continued from Page A1)

you go about getting a share of that money?

Faced with a minimum requested amount of \$10,000 and a deadline of Oct. 1, newly installed New Durham Public Library Director Caitlin Frost was unsure at first what to do.

"When I started at the library in September, I felt like we needed to take advantage of at least applying for this grant, although I wasn't exactly sure what the library or the town needed," Frost said.

Collaborative projects were to get priority in the awarding process, so she went to Parks and Recreation Director Celeste Chasse to see if she was interested in a mutually beneficial endeavor.

"Luckily, Celeste had grand plans for a musical and literature playscape with exercise equipment," Frost said, "and I was thrilled to come aboard to seek out funds for this project. She had the perfect idea for a space that could be used by residents of all ages."

The library and Recreation Department

have a long history of working together, having held joint events and classes for years. The grant opportunity for ARPA funds was one more way for Town departments to join forces.

Frost and Chasse got to work designing what they would like, in order to serve residents and increase the visibility of both departments.

They decided to promote literacy and family connection in an outdoor setting that residents generally accept as Covid-19 safe, using the space at the Elmer C. Smith ball fields.

Frost submitted the application within deadline and with a total request of \$39,077.50, and then the waiting began.

If they receive the grant, the community can expect an installation at the playground of musical and exercise equipment, a Little Free Library, and a Pop Up Library, and exercise equipment and a Storywalk along the walking trail.

The exercise equipment includes a lateral rock wall; an assisted balance walk, which is essentially a balance beam with handrails,

making it usable by more age groups; an inground Captain's chair for ab workouts; a cardio walker to increase lower body strength and improve aerobic fitness; and an in-ground leg press.

Musical play stations at the playground feature percussive equipment.

Some of this had been a dream for Chasse.

"I have wanted equipment like this, but there was other stuff, like tennis courts and a playground at the beach, I was shooting for first. But then this opportunity came up and I knew it would be great for all ages and a good addition to our park," Chasse said.

It didn't take her long to come up with the equipment she wanted.

"I'd seen them at another park and I thought it would be cool, so I had in mind what I would like," she added.

All ages and fitness abilities would be able to take advantage of the requested apparatus.

Do you prefer reading digital content on a device or holding a book in your hand? The Little Free Library and Pop Up

Library would give residents the best of both worlds.

Most people are familiar with the public bookcase known as Little Free Libraries. Frost indicated residents would be able to swap books there, but the library would maintain it.

"We will freshen it up with some of our own discarded books, and make sure there is always a good mix of fiction and nonfiction, and children's and adult books," she said.

The Pop Up Library, providing easy access to downloadable titles to read on smartphones and tablets, would be located in the same space.

Frost explained, "This is a handheld device that has preloaded books on it, so there is no need for WiFi. Patrons can check out a book on the device, much as they would on their Kindle, and read while their kids play or while they're at the park."

A Storywalk along the trail is another way the project would reach out to families who may not normally visit the library, while offering a chance to enjoy recreational time together.

"It combines reading with the benefits of walking outdoors, and will feature new stories every few weeks so families and community members will be able to return multiple times," Frost said.

There has been quite the process to go through, however, as this round of grants is highly competitive. A review panel made up of librarians around the state has been reviewing all applications and ranking them according to a set of questions and a scale. The awardees will be announced Dec. 1.

It's proven to be the source of some tension for the applicants.

"It's been a back and forth process since we submitted the application in October," Frost said, "of the review panel asking for more detailed information about different aspects of this project. Each time I get the email that we have advanced to the next stage or that the committee is requesting additional information, my heart skips a beat."

The application has made it through two rounds so far, which

Frost is taking as a good sign.

There are solid reasons why it stands a good chance.

Frost said that, with the pandemic, there has been increased focus on physical health, as people have found ways to entertain themselves outdoors.

"This provides a place for an entire family to come and enjoy. Mom and Dad could exercise while the kids play. A whole family can take a hike on the Storywalk trail and read a book together. Grandparents can bring their grandkids to play while they read a book," she said.

She called the project "a true multi-generational play area, which is hard to find. So we are excited and hopeful that this project will see the light of day."

Chasse feels the same, noting "I'm really looking forward to getting this opportunity for the town."

The New Durham applicants, as well as the entire community, don't have much longer to wait to find out. Fingers crossed!



### SHAKER REGIONAL SCHOOL DISTRICT

### BOYS 5/6 BASKETBALL COACH

Shaker Regional School District has an opening for a Boys Grade 5/6 Basketball Coach for the 2021-2022 School Year. Past playing and/or coaching experience preferred. Interested candidates should send a cover letter and resume to Cayman Belyea, Athletic Director, at cbelyea@ sau80.org, or mail to Belmont High School, 255 Seavey Road, Belmont, NH 03220. Successful completion, with satisfactory results, of a post-offer, pre-employment physical and criminal background check, including fingerprinting, is required.

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### TOWN OF BARNSTEAD HIGHWAY DEPARTMENT FULLTIME AND PART-TIME POSITIONS

The Barnstead Highway Department has a position for 1 fulltime year-round truck driver/heavy equipment operator. A valid NH CDL-B, a driver's test and criminal records check required. Skill in the operation and maintenance of heavy-duty trucks, heavy equipment and prior snow-plowing experience preferred. Excavator or Grader experience a plus. Applicants must be flexible during winter months, able to work nights and weekends as needed and must live within a reasonable travel distance of the Barnstead Highway Garage.

The part-time position does not require a CDL-B license but skill in the operation and maintenance of heavy equipment and snowplowing experience preferred.

Pre-employment drug and alcohol screen and physical required. Subject to periodic random drug and alcohol screening. The fulltime position offers a complete benefit package and a competitive wage (commensurate with experience). Professional training opportunities are available for those wishing to have a career with the Barnstead Highway Department.

Applications are available at the Selectmen's Office, and on the Town's website at: www.Barnstead.org. and must be submitted by the close of business Dec. 10, 2021 to:

Board of Selectmen "Highway Dept. Position" P.O. Box 11, Ctr. Barnstead, NH 03225 Or: barntownhall@metrocast.net

### BARNSTEAD ELEMENTARY SCHOOL Barnstead, NH

Barnstead Elementary School is seeking applications for the following positions:

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### Paraprofessionals

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**Custodians - daytime shift** 

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Please visit www.mybes.org for an application that can be sent electronically to spatterson@pmsau.org or dropped off at the school. Please call 603-875-9389 with any questions.

## Installers Assistant

Energysavers Inc, a 46 year old hearth & spa product retailer in the Lakes Region, is looking for a motivated individual that wants to learn the trade of installing hearth products. You must be comfortable working on roofs when necessary and able to work with an installer to move heavy items. Energysavers pays for all educational costs to get and maintain NFI wood, gas and pellet certifications as well as a NH gas fitters license for gas hearth installations and service. LEARN WHILE YOU EARN!

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Energysavers Inc, 163 Daniel Webster Hwy, Meredith NH



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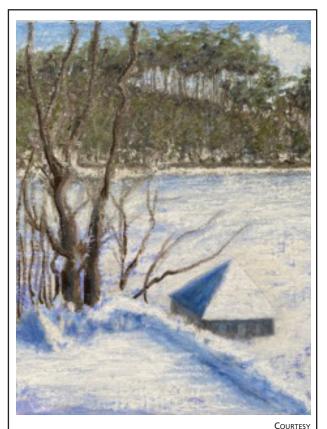
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and have your help wanted ad in 11 papers next week!



### "Impermanence": Landscapes by Betty Flournoy Brown

Landscapes by Betty Flournoy Brown will be exhibited at Meredith Village Savings Bank, 66 North Maine St., Wolfeboro. Sponsored by The Governor Wentworth Arts Counci, I the exhibit runs from Dec. 4 through April 23. While painting on location in New England, Flournoy Brown focuses on the impermanence of the natural world, our connection to it and climate change. Committed to the arts since childhood, Flournoy Brown studied at the University of South Florida, the Museum School of Fine Arts in Boston, and the Art Institute of NH. Exhibits in New Hampshire include Museum of the White Mountains in Plymouth, Rochester Museum of Art, MET Gallery in North Conway, Vynn Art Gallery in Meredith, and Dryup Art Gallery in Plymouth. In Massachusetts, she exhibited at the Kathryn Schultz Gallery in Cambridge and the Addison Gallery in Orleans. She was also a featured guest on the "Inside Out" NH Public Radio, discussing landscape painting. More information can be found at bettybrownfineart.com, governorwentworthartscouncil.org, mwvarts.org and wcanh.org.



### LEGION (continued from Page A1)

iary are currently working on their Childrens Christmas Party which will take place on Dec. 4. They are working to help families in need for the holidays. The Riders, a group of motorcycle riders, had a Car Show in August, with the help of all other Legion Families, where the proceeds went to help a local veteran in need. The Riders are currently working on their annual Coats for Kids and are accepting new coats at their post on Route 28 in Alton. The Sons of the American Legion also

have events like Cornhole tournaments and Queen of Hearts to help veterans. The Legionaries are consistently raising money for veterans and families. Winter is the time for Meat Raffles every Saturday. All monies raised goes to veterans and families. children and scholarships. Each group has so many high school seniors that receive scholarships.

We come together as one and are able to do so much for the community, including helping out with the Senior Center, families in need and veterans. The comradery amongst the four groups at the American Legion in Alton has been a tremendous asset to the Post and the community in recent years. It is due to the members and volunteers coming together and getting the job done. Alton Post 72 also has their very own New Hampshire Woman of the Year. Her name is Julie Connors. This woman does not stop for herself and always gives to others. The Alton post has had three women of the year — Julie Connors, Gail Hoage and Peggy Cuverwell.

We are always looking for new members and volunteers. You must have a member of your family who has or is in the military. The American Legion Auxiliary isn't just for woman anymore. Men who wish can join the Auxiliary. Come and join a great group of people who work together to help the community. Stop by our post or any post you'd like to join and talk to someone about signing up and they will be happy to help you.

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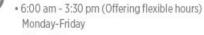


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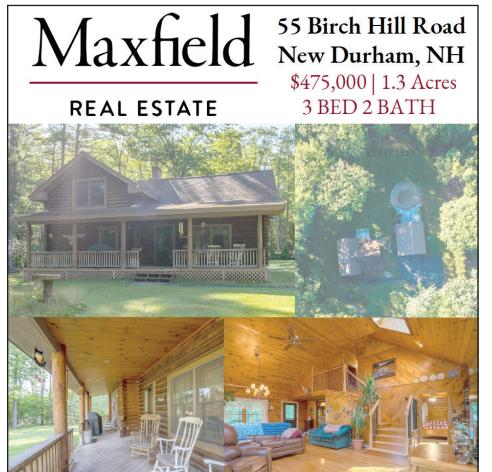
## Rotary turkey basket raffle earns more than \$2,100 for AHC

The Alton Centennial Rotary Club held its drawing for the lucky ticket holder to win its Thanksgiving Harvest Basket raffle, which included a 24 pound turkey locally raised by the Club's President, Richard Leonard, on his turkey farm in New Durham. The winner was Linda Kogut, a teacher at Alton Central School. When contacted by Rotarian David Countway, chairperson for the raffle, she had won, Kogut asked that the Rotary Club donate her prize to a local family in need. When Rotarian Rev. Peter Bolster learned of her request he immediately contacted End 68 Hours of Hunger, they accepted the gift and gave it to a local family that'll now be able to enjoy a Thanksgiving they otherwise could not afford or have. The Harvest Basket included everything needed to enjoy a Thanksgiving

dinner, vegetables, fruit, condiments, beverages and deserts etc. plus gift certificates. One very generous gift certificated was donated by Hanniford. The main purpose of the raffle was and still is, to raise funds to find a cure and/or

treatment for a relatively rare neurological childhood disease: Alternating Hemiplegia, (AHC). It's a disorder in which a child temporarily experiences attacks of paralysis affecting one side of the body or the other, or even both sides at once. One hundred percent of all money raised from the Harvest Basket Raffle was donated to the AHC Foundation, a medical research organization dedicated to finding a cure for AHC.







## Sons of the American Legion offer help to the community

Sons Of American Legion Alton, NH Post #72 are proud of helping local veterans and their community. Pictured here with a donation to the Vouchers for Veterans program are Scott Douglas, SAL Commander; Jeanne Grover, VFV; William Holmes, Finance Officer; Kelly O'Neil, V for V; John Cook, National Alt N.E.C.; and Brad Cardinal Sal, Sgt. Of Arms. Pictured with a donation for End 68 Hours of Hunger are Scott Douglas, SAL Commander; William Holmes, SAL Finance; Heather Brown, Barnstead Coordinator; John Cook, National Alternate NEC; and Brad Cardinal, Sargeant Of Arms SAL





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