

Winnisquam Echo

THURSDAY, MAY 3, 2018

SERVING TILTON, NORTHFIELD, BELMONT & SANBORNTON, N.H.

FREE

Tilton officials honor town's newest Boston Post Cane holder

BY DONNA RHODES

dirhodes@salmonpress.news

TILTON — On Thursday, April 26, officials from the Town of Tilton honored their oldest resident, Rhoda Crowell, by presenting her with the Boston Post Cane Award, a tradition in many New England towns that dates back to 1909.

Tilton's Town Clerk/Tax Collector, Cindy Reinartz, had the pleasure of handing Crowell a replica of the cane then read a special declaration from the town, congratulating her on her longevity and contributions throughout the many years she has resided in Tilton.

"My goodness. This is really something," the 97-year-old said as she looked over the cane. "I didn't realize that I'm



DONNA RHODES

During a presentation of the Boston Post Cane last week, Tilton Town Clerk/Tax Collector Cindy Reinartz read a proclamation to 97-year-old Rhoda Crowell, proclaiming her as the town's oldest citizen.

said Paula Bresinger, a church friend of Rhoda's who was present at the ceremony.

Bresinger promised Rhoda she would hang the cane above the mantel for her so everyone who stops by to visit will have a chance to admire it.

Also on hand for the presentation were other church friends and neighbors, as well as Selectmen Pat Consentino, Katherine Dawson and Peter Fogg, and Officer Elizabeth Murray of the Tilton Police Department.

Consentino and Jane Alden of the Planning Board are also friends of Crowell's and were very pleased to see her honored.

"This is exciting. I've known Rhoda for more than 15 years, and she's a very interesting person," said Consentino.

Alden added that she has been a devoted citizen of the town and certainly deserved the special recognition.

"She's a great lady," said Alden.

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Beloved local veteran celebrates 100th birthday

BY DONNA RHODES

dirhodes@salmonpress.news

TILTON — All the stops were pulled out at the New Hampshire Veterans' Home in Tilton when family, friends, neighbors, fellow parishioners, and NHVH staff members gathered to help WWII veteran Joseph "Joe" Bennett celebrate his 100th birthday on Thursday, April 26.

Bennett was a member of the U.S. Army from 1942 until 1945, and during that time participated in campaigns from North Africa to Berlin, Germany. On June 11, 1944, he and his fellow soldiers landed on Omaha Beach, where, his biography says, his Landing Ship Tank was immediately sunk by a floating land mine. While much was lost on board that ship, Bennett managed to survive.

During his years of service, Bennett was also involved in the Battle of the Bulge, the last major



DONNA RHODES

As WWII Army Veteran Joe Bennett celebrated his 100th birthday at New Hampshire Veterans' Home last Thursday, he was joined by his two great-grandchildren, Daniel and Marya Nine.

German offensive campaign on the Western Front during World War II. He also took part in the march into Berlin behind Russian troops, an event that was a "sore subject" with the Americans.

His wartime experiences haven't been a topic Bennett speaks much about though, son-in-law Tim Byrd said, except perhaps for some humorous moments, like the time he was heading back to his barracks in England on a pitch black night. Hearing a strange sound in front of him, he became startled, reached out his hand and felt something large and furry in front of him. It turned out that the short cut he thought he was taking took him right into the midst of a herd of cattle.

After the war Bennett returned to Manchester where he married his sweetheart Rita Boisvert

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now the oldest person in town."

The presentation was made at the Tilton Senior Center before a large crowd who applauded her on the newly bestowed honor.

"She has been totally charged up about this,"

Weekend blaze prompts reminder from Franklin fire officials to call 911 during emergencies

BY DONNA RHODES

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FRANKLIN — A phone call to the Franklin Fire Department's non-emergency line at 12:43 p.m. last Sunday afternoon alerted them that there was a possible chimney fire at 68 Gile Rd., but upon arrival, crews found there was a much bigger problem and called for a first alarm response through Lakes Region Mutual Fire Aid.

Upon his arrival, Capt. Jason Jenkins of FFD observed "a large volume of smoke" coming from the bulkhead as well as the first floor windows, prompting his call for additional manpower and equipment from Tilton-Northfield and Sanbornton fire departments.

Franklin Fire Chief Kevin LaChapelle said that the first firefighters to the scene made an aggressive attack on the basement and were able to bring the fire under control. While it is believed that the flames initiated there, in the vicinity of the furnace, damage from the fire had begun to spread to other parts of the home, however. In order to battle the blaze, tankers had to shuttle water from a pressurized hydrant

nearly four miles away.

"The lightweight constructed floor (laminated I-joists) were quickly consumed, compromising the integrity of the first floor. Crews overhauled the remaining ceiling in the basement and found that the fire had traveled along the ductwork to an exterior wall," Chappelle said in a written statement.

Occupants of the residence were able to evacuate the building safely and there were no injuries to either they or any of the 21 firefighters who responded.

Besides assistance from Sanbornton and Tilton-Northfield, Andover Fire Department covered the Franklin station and handled all other emergency calls in the city while they battled the blaze.

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Local police report another successful Drug Take-Back Day

BY DONNA RHODES

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FRANKLIN — Last Saturday was National Drug Take-Back Day, and police departments around the state set up collection boxes for anyone who had unwanted or expired medications they needed to safely dispose of.

Locally, Franklin Police Chief David Goldstein and Patrolman Joseph Clewley were outside the CVS Pharmacy on Central Street, near the Tilton-Franklin town line, with Lt. Ryan Martin of the Tilton Police Department as well as representatives from the Franklin Mayor's Drug Task Force to take



DONNA RHODES

The parking lot at CVS on Central Street in Franklin was one of many drop-off locations for unwanted or expired medications during National Drug Take-Back Day last Saturday. From left to right are Patrolman Joseph Clewley and Chief David Goldstein of Franklin Police Department, representatives of the Franklin Mayor's Drug Task Force Barbara Brandano-Olson and Leigh Webb, Christine Lemaître of Franklin High School, and Tilton Police Lt. Ryan Martin.

Jo Ellen Ricard named Employee of the Year at Franklin VNA & Hospice's Triumphant 72nd Annual Meeting

FRANKLIN — April 24 marked the 72nd Annual Meeting of the Franklin VNA & Hospice! Staff members from home health aides to physical therapists and nurses met with the Board of Directors and their Executive Director, Barbara Normandin, to review the accomplishments and challenges of 2017 and to look forward to all the new opportunities 2018 is presenting to them. Such is the strength of the Franklin VNA family that several retirees, including the past Executive Director and Clinical Manager also came out to celebrate the night.

Highlights of the evening included the announcement of the newly elected Board President, Robert Morin, Vice-President, Cheri Caruso, Treasurer, Oscar Gala Grano and Secretary, Susan Kubat.

The award for Employee of the Year, voted on by VNA staff, was bestowed upon to Senior Home Health Aide, Jo Ellen Ricard. This incredible employee was recognized for working tirelessly as a home health aide in the field, as well as coordinating the home health aide and homemaker program.

Ricard has been with



Jo Ellen Ricard, Franklin VNA & Hospice Employee of the Year, on the right and Barbara Normandin, Executive Director, on the left.

the Franklin VNA & Hospice from birth. She was first seen as one of the Franklin VNA & Hospice's Well-Baby visits! Her career at the VNA has extended to over 37 years of helping countless patients achieve better health, as well as providing comfort to hospice patients and their families through difficult and emotional times. She was recognized as exemplifying the cradle to grave philosophy of caring at Franklin VNA & Hospice.

Speaking of the mission and goals of the Agency, Barbara Normandin, Executive Director, declared, "We remain your community VNA, offering home health care, hospice care, skilled nursing, physical, occupational and speech therapies, medical social services, personal care and home making services."

In a recap of some of the Franklin VNA & Hospice's community outreach and care she was rightfully proud of their accomplishments, including \$166,021 of free and unreimbursed care, 14,500 home visits performed and over 2,000 hours of Hospice care.

Normandin also discussed the upcoming Teuscher - Wilson Hospice Garden dedication ceremony scheduled for 11 a.m. on June 9 to which both staff and the public are invited - a project made possible by much volunteered time and efforts, including that of the students of the Winnisquam Regional High School Agricultural Program, as well as a generous \$1,500 grant from the Franklin Benevolent and Protective Order of Elks Lodge #1280 and a substantial \$5,000 donation from Watts

Water Technologies. The garden will be open to anyone looking for a quiet place of contemplation and will be home to a memorial brick patio for which bricks are available on their Web site, www.FranklinVNA.org.

She concluded the evening by noting the VNA's recent perfect CMS home care survey results, CMS probe and educate review and 5-Star patient satisfaction survey results, no small feat for an independent Home Care and Hospice orga-

nization. Moving into its 73rd year Franklin VNA & Hospice has a strong track record for patient care and is a true local provider of health care needs.

As Normandin concluded, "We are here for you.... Let your voice be heard! Say I choose Franklin VNA & Hospice."

You have a choice in your homecare provider. Choose local. Choose Franklin VNA & Hospice. They provide home care (nursing, physical

therapy, occupational therapy, LNA, medical social work and home-making services), Hospice, health clinics and community education services to Andover, Belmont, Boscawen, Canterbury, Franklin, Hill, Laconia, Northfield, Sanbornton, Salisbury, Tilton, Webster and surrounding towns, as requested. For more information, call Franklin VNA & Hospice at 934-3454 or visit www.FranklinVNA.org Your choice, your local VNA.

BELMONT POLICE LOG

BELMONT — The Belmont Police Department responded to 155 calls for service and made the following arrests during the week of April 20-27. Please note that the names of juveniles, and those of individuals taken into protective custody but not formally charged with a crime, have been withheld.

James Steven Hall, age 37, of Laconia was arrested on April 20 for Driving After Revoca-

tion or Suspension and driving an Unregistered Vehicle.

Melissa M. Potter, age 36, of Belmont was arrested on April 20 in connection with a bench warrant issued by Laconia District Court.

Eric D. Griffin, age 35, of Tilton was arrested on April 20 as a Fugitive From Justice in connection with a warrant issued by the Sanford, Maine Police Department.

Jeffery Douillette,

age 36, no known address, was arrested on April 21 for Driving While Intoxicated.

Adam M. Laroche, age 33, of Laconia was arrested on April 21 for Possession of Marijuana.

Stacey L. Converse, age 47, of Laconia was arrested on April 21 for Driving While Intoxicated and Resisting Arrest or Detention.

Shannon B. Carbone, age 37, of Belmont was arrested on April 23 for Resisting Arrest or Detention, in connection with a bench warrant issued by Concord Civil Court, and four counts of Simple Assault.

Randy W.J. Nadeau, age 35, of Belmont was arrested on April 24 for operating a snowmobile without a license.

Christopher Paul Burton, age 28, of Meredith was arrested on April 25 in connection with three bench warrants issued by the Grafton County Sheriff's Department, a fourth warrant issued by the Merrimack County Sheriff's Department, and Possession of Controlled/Narcotic Drugs. Roger A. Champagne, age 31, of Milton was arrested during the same traffic stop in connection with a warrant issued by the Merrimack County Sheriff's Department.

Dwayne P. Long, age 31, of Belmont was arrested on April 25 for Criminal Mischief (Vandalism) and Endangering the Welfare of a Child.

Sarah E. Miles, age 39, of Laconia was arrested on April 26 for Driving After Revocation or Suspension.

TILTON POLICE LOG

TILTON — The Tilton Police Department responded to 1,116 calls for service and made the following arrests from April 16-29. Please note that the names of juveniles, and those of individuals taken into protective custody but not formally charged with a crime, have been withheld from publication.

Arrested during this two-week time period were Dylan Giocannucci (for Aggravated DUI), Nichole Fosher (in connection with a warrant), Laurenda Robinson (for Possession of Drugs), Jilian Rollins (for Possession of Drugs), Kaitlyn Woodbury (for Driving Under the Influence), Matthew Better (for Possession of Drugs),

Marcia Foss (for Willful Concealment), Heather O'Connor (for Driving After Suspension), Eric Russo (for Criminal Mischief), Melissa Bable (for Possession of Drugs), Wayne Smith (for Criminal Trespassing), Jereme Alley (in connection with a warrant), Clifton Joyner (for Receiving Stolen Property), Nicholas Daudelin (in connection with a warrant), Scott Stanley (for Willful Concealment), Brian Bilodeau (for Driving After Suspension), Macario Smith (for Possession of Drugs), Jessica Ewens (for Operatign without a License), Marc Famolare (for Criminal Liability), and James Hickox (in connection with a warrant).

SANBORNTON POLICE LOG

SANBORNTON — The Sanbornton Police Department responded to 102 calls for service during the last two weeks of April. The breakdown was as follows: one alarm, eight animal involved incidents, four requests to assist other departments, one attempt to commit fraud, one bench warrant, one request for citizen assistance, one criminal

mischief complaint, one report of disorderly conduct, one report of driving after revocation, five fire/medical calls, one report of harassment, six house checks, six money relays, four motor vehicle accidents, three motor vehicle summonses issued, 24 motor vehicle warnings, two requests for police information, one individual taken into protective custody

for intoxication, seven road hazard complaints, one service of a court summons, three sex offender registrations, five reports of suspicious vehicles or activity, one V.I.N. verification, two welfare checks, three reports of burglaries or attempted burglaries, one report of fraud, one missing person, one theft, three calls filed in the All Others category.

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Spaulding Youth Center receives generous donations from Children's Auction

NORTHFIELD — Spaulding Youth Center is honored to announce the recent presentation of two donations totaling \$11,000 from the Greater Lakes Region Children's Auction.

The first donation of \$5,000 will be allocated toward necessities vital to Spaulding Youth Center's residential program, including clothing, toiletries and holiday gifts for the students residing at the organiza-

tion's Northfield, New Hampshire campus. The second donation of \$6,000 will be used toward enrichment programs occurring after the school day concludes. Plans are already underway for residential students to participate in karate lessons, art classes and field trips.

"We are honored to accept this donation from the Greater Lakes Region Children's Auction," said Susan C.

Ryan, CEO & President of Spaulding Youth Center. "Spaulding is deeply appreciative to be included amongst many well-respected organizations working diligently to serve children and youth. This generous donation will help us to continue providing the children we serve with clothing and toys, when many come to us without either. It also provides the opportunity to build important social skills



COURTESY

Spaulding Youth Center is honored to announce the recent presentation of two donations totaling \$11,000 from the Greater Lakes Region Children's Auction.

What is Comfort Care?

FRANKLIN — When former First Lady Barbara Bush chose to seek comfort care measures rather than further hospitalizations and curative measures, conversations and questions about what Comfort Care entails arose. What exactly is Comfort Care? How is it different from Palliative Care or Hospice Care? How should individuals and their families approach End of Life care decisions?

To help you make decisions for yourself, or to help you start the conversation with your loved ones, Franklin VNA & Hospice, a certified provider of home hospice services, has provided a brief explanation of different options for care at the End of Life.

Comfort Care refers to a plan of care that is focused on symptom control and stress relief to provide quality to the end of life process. Comfort Care can be provided at home with a care agency or by the staff of a long term care facility. Coverage of services are dependent on individual insurance plans.

Palliative Care is care which is provided either with curative treatment or after treatment has stopped, and is both patient and family-centered and focused on relief of the stress and symptoms of a serious illness to improve quality of life. An example of this is treating the nausea and fatigue for a patient with cancer, while they are continuing to receive chemotherapy in an effort to cure that cancer.

Hospice Care is a benefit an individual is eligible for with Medicare, most private insurances, and Medicaid. Hospice Care focuses on relieving the stress and symptoms of a terminal disease that is at a point when an individual no longer wants to seek treatment. It is provided by a Visiting Nurse Association certified as a Hospice provider or through a for-profit private Hospice care group. It can happen in the home, in a hospice house or in a long term care facility. The Hos-

pice benefit can cover medication costs associated with your illness, equipment such as a hospital bed, or oxygen, and pays for not only the nurse to visit you but also provides emotional, psycho-social and spiritual care delivered by an Interdisciplinary team of professionals that may include a physician, nurse, social worker, allied therapists, counselors, home health aides, spiritual and grief support, and trained volunteers. You can get all these extra support people even if you are living in a long term care facility, in addition to the regular staff, or they will come to your home to help your caregiver at home to provide your care. Because Hospice is intended for those with terminal illnesses, to be eligible to exercise this benefit an individual must have a prognosis of six months or less within the doctor's best estimation. However, hospice can be provided for as long as the individual needs it and is not limited to six months if the doctor certifies the need for it.

Hospice care must be provided by a certified Hospice provider, and includes a dedicated care team focused on helping the person on hospice reach his or her life goals and support for family and loved ones even after the person on hospice has died. For instance, since you do not need to be home-bound to be on Hospice Care, a person on hospice who has a goal to attend her daughter's wedding would have care and symptom relief focused around allowing them to make that trip. Or if perhaps dying at home without pain is a person's goal, then the care for that person would be centered around his pain relief and coordinating support for his caregivers to allow him to remain in his home comfortably. Hospice care is individualized for each person's unique goals and provides the most comprehensive array of covered services.

Lori Bishop, NHPCO (National Hospice and Palliative Care Organi-

zation) Vice President of Palliative and Advanced Care said "One of the biggest misconceptions about hospice is that it's giving up.... Hospice provides high-quality care and support to the whole person and to family caregivers with the goal of quality of life."

National Healthcare Decision Day was April 16th and Barbara Bush chose her End of Life care with those options in mind. She died on April 17th in Houston, Texas with her family at her side.

To learn more about hospice and palliative care options please visit NHPCO's Car-inginfo.org. <http://parenting.blog.austint360.com/2018/04/18/comfort-care-palliative-care-hospice-care-explained-after-barbarabushs-death/>

<https://www.nbcnews.com/better/health/barbara-bush-choosing-comfort-care-what-does-entail-more-yo-ncna866596>

https://www.washingtonpost.com/national/health-science/barbara-bushs-end-of-life-decision-stirs-debate-over-comfort-care/2018/04/16/a230fcf4-4197-11e8-b2dc-b0a403e4720a_story.html?noredirect=on&utm_term=.92efb84a7558

<https://www.usatoday.com/story/news/nation/2018/04/16/barbara-bush-seeking-comfort-care-what-does-mean-stop-fighting-terminal-illness/520811002/>

You have a choice in your home care provider. Choose local. Choose Franklin VNA & Hospice. They provide home care (nursing, physical therapy, occupational therapy, LNA, medical social work and home-making services), Hospice, health clinics and community education services to Andover, Belmont, Boscawen, Canterbury, Franklin, Hill, Laconia, Northfield, Sanbornton, Salisbury, Tilton, Webster and surrounding towns, as requested. For more information, call Franklin VNA & Hospice at 934-3454 or visit www.FranklinVNA.org Your choice, your local VNA.

and participate in fun, memorable events every child should experience during childhood."

Local companies support the Greater Lakes Region Children's Auction by providing cash donations, sponsorships, and staff, allowing employees to serve the community at the event during what would normally be work hours. Spaulding Youth Center is proud to be a chosen recipient of the generous donations made by many contributing local New Hampshire businesses.

About Spaulding Youth Center
Spaulding Youth Center is a leading provider

of services for children and youth with neurological, emotional, behavioral, learning and/or developmental challenges, including Autism Spectrum Disorder. Services include academic, behavioral health, residential, foster care, health and wellness and family support. Spaulding Youth Center is a tax-exempt 501 (c)(3) nonprofit. For information about Spaulding Youth Center, visit www.spauldingyouthcenter.org.

About Greater Lakes Region Charitable Fund and Children's Auction
The Greater Lakes Region Charitable Fund

for Children is a 501(c)(3) non-profit organization that helps community organizations in the Central New Hampshire region. All donations are tax-deductible. The Greater Lakes Region Children's Auction is an annual event held every December in central New Hampshire. Over the 33 years that the community has come together, more than \$4.5 million has been raised for local charities, all through volunteer efforts, community donations and corporate sponsorships. To learn more about the Greater Lakes Region Children's Auction, visit www.childrensauction.com.

Public support sought for playground at Lochmere Meadows

TILTON — Lakes Region Community Developers (LRCD) was recently awarded a \$15,000 grant from Dr. Pepper Snapple Group (DPS) and national non-profit KaBOOM!, which is an organization that helps build play spaces for low-income children across the country. It was also awarded a \$10,000 grant in February 2018 from the Greater Lakes Region Children's Auction to support this project. Lakes Region Community Developers is under the clock with a need to raise \$5,000 by June 30 to match the grant so LRCD can make this playground dream a reality.

In case you aren't familiar with the LRCD organization, we have developed high-quality, affordable rental housing for working families throughout the Lakes

Region for the past 25 years.

The playground will be built at our Lochmere Meadows development in Tilton. Forty-seven families live at Lochmere Meadows, which is just off Route 3 near the Lochmere Country Club. The tenants at Lochmere are mostly working families with young children. They work in retail, food service, health care, early childhood education, and automotive services. We are proud to provide healthy housing for these working families at a price they can afford.

Why does play matter for these families? Only one in four kids in the US are getting the recommended one hour of daily physical activity. Children are not playing at home, they are not playing in schools, and they are not playing in

their communities.

Play is an equity issue, too. For the 14 million kids living in poverty, play is too hard to come. They don't have access to safe play spaces, under-resourced schools cut recess and physical education, and kids spend too much time in front of screens.

There is currently no designated outdoor play-space for the 50 young children who live at Lochmere. This part of Tilton is not pedestrian-friendly, nor does it offer any public play-spaces for kids. A playground is something that Lochmere families have been asking for so they can get outside and be more active.

Please help give 50 young children a safe place to play by making a donation, go to LR-CommunityDeveopers.org today.

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Opinion

A4 Thursday, May 3, 2018

WINNISQUAM ECHO

STRATEGIES FOR LIVING

Open prairies...and no fences!

BY LARRY SCOTT

As best I can remember, I was headed east in my 18-wheeler on a two-lane highway. This trip had me far off the "beaten track," relaxed, intrigued by the open prairies before me, enjoying the ride. I had traveled but a few miles when I spotted a sign, "WATCH FOR CATTLE." Suddenly I realized, no fences! As far as the eye could see, not a one! It felt as though I was looking at early America, the long since forgotten "home on the range."

Wouldn't it be great if life were like that? No fences! Do as you please, ignore the rules, live for all the pleasure you can get out of life. I am well aware there are many who, even now, are attempting to live just that way. We live, after all, in the land of the free; we only go around once. Enjoy!

But can we live without a fence or two? Can life be sustained without restrictions, self-discipline and responsibility? History has shown that unrestrained freedom often leads to chaos, and that we do not want.

Ravi Zacharias, writing in *Deliver Us from Evil*, makes this observation:

"[T]here must be fences in life, else predators, with unrestrained and insatiable passions, will break down every wall of protection and relentlessly plunder everything we treasure.

"For America, in particular, her quest is poignantly defined in the noble but difficult pursuit of reconciling liberty with law. "Confirm thy soul with self-control, thy liberty with law" [America the Beautiful] was not just poetic license. It was the vision. It was the dream. It was the central idea. It is not an accident of American history, therefore, that to this very day the nation is embroiled in debates over rights of privacy versus legislative authority. Morality, freedom, self-determination, happiness, sexuality, and security are all personal in their application. But nationally, they impinge upon the legislative role of government as it makes liberties possible for the protection of each and the benefit of all" (pp. 20, 29).

Perhaps nowhere is the balance between law and liberty more critical than in the home. Some parents, in an effort to teach personal responsibility, raise their children virtually without restraint. No fences! They demand little self-discipline, issuing requests rather than orders, suggestions rather than rules. And what do you get? A spoiled, self-centered, demanding, brat!

Life isn't designed that way; the fences are there and they stand to our benefit. Happiness is not to be found in what we do, but in who we are. Character is priority one!

What is true in the natural realm is also true in the spiritual realm. The Apostle Paul put it this way. Special qualities, known in Christian circles as "the fruit of the Spirit," are "love, joy, peace, patience, kindness, goodness, faithfulness, gentleness and self-control." We call that character. These qualities of life are most generally best developed in times of stress, when the "fences" demand restraint and self-discipline.

We are not alone in this struggle, however. Jesus, well aware of the stresses in life we all face, said, "Come unto me, all you who are weary and burdened, and I will give you rest." The fences still stand, and although the Christian life is not always easy, it is always good!

You want to talk about it? Talk to me at rlarry-scott@gmail.com.



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PET OF THE WEEK

DUKE

Considering Duke has endured much upheaval in his life, it's a wonder he's even interested in the comings and goings of humans, but he still carries himself with noble poise and dignity, exuding a quiet confidence not often seen in a shelter environment. As long as he can carry a soft toy or two in his mouth, he meets each day with optimism, thinking "maybe today I'll find my permanent home?"

He was a 'free dog' on Craig's List who was surrendered to our shelter in August 2017. We placed him in a terrific home but his newest owners had health issues that meant looking after such a big dog was too difficult; So Duke returned to us in February. He was adopted to a lovely fam-

ily in March, truly a match made in heaven, but horrible allergy issues not evident at the shelter meant he had to be returned, again, through nobody's fault: least of all Duke's.

Now he waits again. This big shepherd/massif/malamute mix takes life one day at a time as he navigates the fickle ways of the universe.

Really a large box of soft toys and being the one and only pet in the household is Duke's wish. Stalwart and true, a more refined companion you will not find anywhere else.

Come and visit him and see what we mean

NH Humane Society will host the third Community Rabies & Microchip clinic Saturday May 5-12 noon. Check www.nhumane.org for more details.



LETTERS TO THE EDITOR

Say a thank you to Marla

To the Editor:

At the end of May, Marla Davis, Town Clerk/Tax Collector, will be leaving Sanbornton to embark on life's next journey.

Marla has followed in the footsteps of our former, beloved town clerk and tax collector, Ann Ingemundsen, in achieving the same standard of excellence, dedication, and compassion in serving the town and its residents.

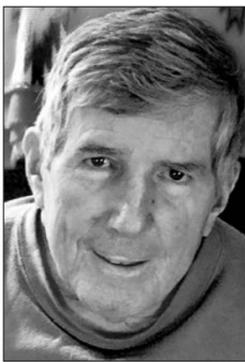
Marla's office has a wide range of complex responsibilities which keep the machinery of government working. And much like our library, has served a valuable resource to us, the citizens.

So, during the month of May, stop by the town office and wish Marla well, along with a big thank you.

Tom Salatiello
Sanbornton

North Country Notebook

Is the long winter finally over, Virginia? In the Upper North Country, not quite



By JOHN HARRIGAN
COLUMNIST



JOHN HARRIGAN
Man and dog, having fun. Glen (left) entices Bailey (right) with a well-worn piece of leather.

The forecast was for warm rain tomorrow, then (yes) snow for the next 24 hours, then a couple of days of relatively balmy 65.

People who I'd never heard utter an off-color word were swearing a blue streak. I even heard words I'd never heard.

People are sick of winter. They don't want to hear about another weekend of making the cash register bells ring

in what has already been a banner year for skiing, snowmobiling, cross-country skiing, ice fishing and any winter-related, outdoor-oriented sport you can name. They want it to end. And yet it was supposed to snow Tuesday.

"I don't know why everybody's griping," an old forester friend thumped his cane and grumped. "I can remember being on snowshoes



JOHN HARRIGAN
Up on the Little Magalloway, the ice is all rotten and ready to move.



JOHN HARRIGAN
Had the Wilderness Ski Areas been open this winter, skiers would have found plenty of snow. The base will hang on well into May.

Send your letters!

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Please include your name, address and phone number.

on May 5th. It's in my journal."

I looked around anxiously to see if anyone had overheard him. Nobody wants to hear about his damned journal. I envisioned a mob with torches.

+++++

There's nothing that'll get an old dg moving like a puppy. Millie is pushing 13, and was comfortably playing the role of old, resident dog

when Bailey showed up. Longtime friends Beth and Glen visit here a lot from Rhode Island, and for sure did a good job of picking the right pup out of the litter, because Bailey's full of it, smart, and fast.

I was out on the lawn and heard a thunder coming up the other side of the hill. It was Bailey's huge feet, coming fast, "Really carrying the mail," as longtime hunting buddy Butch Chase SEE NOTEBOOK, PAGE A9

Ninth Annual Herb & Garden Day at Canterbury Shaker Village

A day of learning, engaging and connecting over the benefits of nature

CONCORD — On Saturday, June 9, herbal educators and seasoned growers from all walks of life will come together to share their unique knowledge and build upon a tapestry of age old wisdom about trees and seeds, herbs and plants, and the power of nature to heal.

The Ninth Annual Herb & Garden Day, presented by New Hampshire Herbal Network (NHHN), will take place among the historic buildings and stunning landscape of Canterbury Shaker Village, featur-

ing twelve workshops on topics such as growing seeds for health, herb allies for fertility and pregnancy, tree medicine, medicinal mushrooms, and more. Children and families can enjoy a hands-on workshop making seed bombs, planting herbs in pots and other activities. Plant identification walks will be lead by clinical herbalists. New this year - guests will enjoy a series of interactive demonstrations in between workshops. Learn about sustainable harvesting of medicinal

mushrooms, the culinary and medicinal uses of seeds, and more.

"The seeds we plant now, if given the right amount of nourishment, can proliferate and flourish for future generations," says NHHN President, Sara Woods Kender, "Teaching our children to be stewards of the land, to respect and honor the gifts we receive, will be the seeds of change we want to see for the longevity of our species and of our world. Teach a child to eat, they will know how to nourish themselves,

teach them how to grow it, they will nourish the world!"

Local food vendors will be on-site selling a wonderful array of palate-pleasing breakfast and lunch items to include vegan, organic and locally sourced ingredients. Between workshops, attendees can shop from local vendors at the Herbal Market and Plant Sale, a unique collection of local herbalists, farmers, crafters, gardeners, artists and environmental and agricultural organizations. The Harvest to

Market website provides the option to pre-order plants, herbs, berries, vegetable starts, and more from local farmers and pick them up at Herb & Garden Day. Pre-ordering is not required - there will be plants available at Herb & Garden Day, but this option allows vendors to know what to plant, and ensures deliverability of desired plants. Pre-orders can be placed by visiting: <https://bit.ly/HarvestToMarket>.

Herb & Garden Day is open to the public. The programming rep-

resents a variety of interests and cater to all skill levels - from the curious seekers and intrepid plant lovers to herbal entrepreneurs and natural health advocates, Herb & Garden Day has something for everyone.

General Admission (all access) is \$35, but the early bird price of \$25 is available until May 9. To register, please visit <https://bit.ly/HerbAndGarden>. Market-only admission is \$5 at the door and offers access to the Herbal Market and Plant Sale.

There are still vendor spaces available for the Herbal Market and Plant Sale, and Sponsorship packages for all levels of support. For more information, please visit: <https://bit.ly/HerbAndGarden> or contact Event Coordinator, Jessica Livingston at 568-5740 or jessica@jlivinspirations.com.

Gift Certificate Gala at Patrick's Pub to benefit GLR Children's Auction

GILFORD — The public is invited to the Fourth Annual Gift Certificate Gala on Sunday, May 6 beginning at 4 pm at Patrick's Pub. Lucky game winners will be awarded prizes with a total value of more than \$3,500. A \$1 donation per game card is requested, with all proceeds to benefit Pub Mania and the Greater Lakes Region Children's Auction. There is no admission fee.

Judi Taggart, Tagg Team Pub Maniacs Co-Captain, would like to thank Patrick's for hosting this community gathering and dozens of local businesses for donating prizes.

"Games move along quickly, as each game card has only three playing cards to cover to win. Numbers are drawn from a deck of 52 playing cards. Prizes will make ideal gifts for Mother's Day, including two chances to win a one-night stay offered by Mill Falls at the Lake and over two dozen gift certificate packages,"



Gift Certificate Gala prizes have been gathered to prepare for the GLR Children's Auction benefit event at Patrick's Pub on May 6. Shown are Tagg Team Pub Maniacs Tammy Emery and Judi Taggart, joined by Patrick's Dining Room Manager Samantha Macdonald (right).

said Taggart.

Game organizers will award gift certificates and prizes from 603 Candy, Adornments & Creative Clothing, Airport Country Store & Deli, Annalee Dolls, Annie's Café & Catering, Art Escape, Bootleggers Footwear, Café Deja Vu, Cascade Spa at Mill Falls, Center for Therapeutic Massage,

Country Carriage, Crazy Gringo, Dairy Queen Laconia, Engraving Awards & Gifts, Fratello's, Funspot, Gilford Cinema 8, Gilford Country Store, Gilford True Value, Giuseppe's Pizzeria, The Green Tangerine Downtown Gifts, Hart's Turkey Farm Restaurant, Heaven Scent Design Flower & Gift Shop, Irwin Ma-

rine, Jerico's Hair & Nail Care, Jordan's Ice Creamery, Kellerhaus, Laconia Car Wash, Laconia Pet Center, Lake Life Fashions, Lee's Candy Kitchen, Looney Bin Bar & Grill, Lyons' Den Restaurant & Tavern, the Margate Resort, Mill Falls at the Lake, M/S Mount Washington Cruises, Myrna's Classic Cui-

sine, New Leaf, O'Du's Hair Salon, O's Steak & Seafood, Our Place Family Restaurant, Patrick's Pub, Sal's Pizza, Sawyer's Dairy Bar, Scentsy by Eileen Burnell, Shaw's, Shooter's Tavern, Soda Shoppe, Spa Girl-NH, Squam Lakes Natural Science Center, Staples, Studio 151 Fitness, T-Bones/CJ's, The Studio, Tranquility Springs Wellness Spa, Trustworthy True Value, Wal-Mart, The Wine'ing Butcher and Winnepesaukee Playhouse.

Game players are encouraged to arrive when the Emerald Room doors open at 3:30 p.m. for the "first come, first served" seating arrangement, with games starting at 4 p.m. Patrick's will offer 25 percent off the meal tab of game players during this fundraising event. A 50/50 cash raffle will be offered to benefit the Children's Auction.

Pub Mania, the world's greatest barstool challenge, has raised over \$1.6 million in the last nine years to benefit children and families in need in the greater Lakes Region. The 10th Annual Pub Mania will be held on December 6-7 at Patrick's Pub. For more information, visit www.patrickspub.com, join "Patrick's Pub Mania" Facebook group page, or contact Judi Taggart at tagtem@metrocast.net or call 493-9524.

MARK ON THE MARKETS

Hope or know



BY MARK PATTERSON

We can hope that our retirement money invested in the stock market or mutual funds will do well when we are ready to retire. We can hope that Social Security will be there for us when we are ready to retire. We can hope that we are working with an investment professional who understands the difference between accumulation of assets and distribution as income. We can also hope that our retirement money is being managed cost efficiently and appropriately for our risk tolerance and age. We can hope that our retirement income plan is sustainable, will provide steady income and has plenty of liquidity. We can also hope that we have the courage to plan for our retirement income and not bury our heads in

the sand hoping that it'll all turn out okay. We can also hope that we do not get ill or die without a will or trust in place.

If you fit the category of people who have put off planning, don't feel bad you are probably in the majority. From 2001 until 2011 the markets went nowhere and had a couple of significant drawdowns. In bad and declining markets. It is human nature to receive your statement from your brokerage and just toss it in a drawer unopened because we really don't want to see the damage. Many people do not have life insurance because they don't want to face the fact that they may actually die someday. People can also justify not having life insurance or disability insurance believing that they do not need it any more when in fact, there passing or disability would create a liquidity issue for their families.

Instead of hoping all these things will be okay, why don't we know that they will be okay? You can find out what your Social Security benefits will be depending on when you take them by going to the Social security government website. If your 401(k), 403B or

IRA are made up primarily of mutual funds that are really designed for accumulation of assets and not for distribution of income, you may want to consult with an advisor that can show you how to get predictable sustainable income from those investments. Make sure that your assets are also liquid. You should mitigate market, credit and interest rate risk with your income plan. The equity markets have been good the last nine years, so it is easy to become complacent and risk your retirement money in the equity markets. Don't rely on the equity markets for your retirement income. The equity markets are more a growth vehicle than an income producing vehicle.

There's a humorous commercial on TV that shows a husband-and-wife doing every conceivable chore in the house or yard to avoid retirement planning. Across the street set their neighbors with an insurance salesman who flips around his laptop saying their retirement plan is all done. Both, in my opinion, are exaggerations. An insurance product alone is not going to

solve your retirement planning needs.

Take the time and muster up the courage to look at a retirement plan that is sustainable, steady and design for income, growth and provides liquidity, just in case!

Mark Patterson is an advisor with MHP asset management and can be reached at 447-1979 or Mark@MHP-asset.com.

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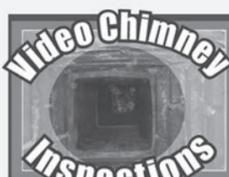
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Edward P. Gagne, 83

LACONIA — Edward P. Gagne, 83, of Laconia passed away on Monday, April 23, 2018 at Lakes Region General Hospital where he received exceptional care.

Ed was born on March 13, 1935 in Berlin to the late Leo and Exilda Gagne.

Ed was a graduate of Notre Dame High in 1957. After graduation, he joined the Army going to Fort Dix where he was honorably discharged due to injury.

Ed moved to Laconia in 1964 looking for work. He met and married the "love of his life," Madelyn, together raising eight children.

Ed enjoyed working in his workshop, camping with family, long rides to the ocean and fixing the home that

he and Madelyn loved, sketching, movies, traveling the back roads with Madelyn, and crossword puzzles. He worked as a machinist at Bergen & Patterson for many years before retiring.

Survivors include his sons, Scott and his wife Kris of Arizona, Dale and his wife, Lisa of Florida, Edward, Jr. of Laconia, and James "Jimmy" of Laconia; daughters, Linda DeCato and her husband, Mike, Jodi Blanchard and her husband Richard, who will feel the loss greatly; and seven grandchildren.

In addition to his parents, Edward was predeceased by his wife, Madelyn (Cummings) Gagne, who died in 2003, taking a large part of Ed with her; a son, Jamie Lavoie,

who died in 2018; and a daughter, Jessica Lockwood, who died in June of 2009.

There will be no calling hours.

A private interment will be held at a later date.

For those who wish the family suggests that memorial donations may be made to the Belknap County Nursing Home, c/o The Activities Department, 30 County Dr., Laconia, NH 03246.

Wilkinson-Beane-Simoneau-Paquette Funeral Home & Cremation Services, 164 Pleasant St., Laconia, is assisting the family with the arrangements. For more information and to view an online memorial, go to www.wilkinson-beane.com.

Linda Mae (Griffin) Shaw, 69

FRANKLIN — Linda Mae Shaw, 69, a resident of Franklin, died Monday, April 30, 2018 at the Genesis Center in Laconia following a period of failing health.

She was born in Franklin Sept. 13, 1948, daughter of the late Ethel Mae Griffin. Linda lived in the Tilton-Northfield area for many years until moving to Grafton in 2000. She moved to the home of her daughter and son in law in Franklin in 2016. She worked for many years at the Belt Shop and Tilton Leather Company for many years and especially enjoyed baby sitting for family and friends. She always enjoyed having



animals at her home.

She was predeceased by her husband of 44 years, Lawrence M. Shaw, Sr., who died in 2014.

She leaves her daughter, Tina M. Clark, and her husband Robert "Bob" of Franklin; sons Lawrence M. Shaw, Jr. of Franklin and Shawn

M. Shaw of Grafton; three grandchildren; brother Charlie Wiggan of Northfield; sisters Laura Shaw of Plymouth, Rosanna Bartlett of Northfield and Emma Shaw of Laconia; nieces and nephews.

A graveside service will be held Friday, May 4, 2018 at 10:30 a.m. at the New Hampshire State Veterans Cemetery in Boscawen. Burial will follow.

Those wishing may make memorial contributions in Linda's name to the Franklin Animal Center, P. O. B. 265, Franklin, NH 03235-0265.

For more information, go to www.smart-funeralhome.com.

Roseamond R. Rayno, 100

TILTON — Mrs. Roseamond R. Rayno, 100, of Tilton, died at Lakes Region General Hospital in Laconia on April 20, 2018 following a brief illness.

She was born in Franklin on Feb. 28, 1918, the daughter of Clifton and Lucy (Montgomery)

Richie.

She was raised in Sanbornton and was a graduate of Franklin High School. She was employed at Arwood Corp. for several years.

She was predeceased her former husbands, Fred Boynton, William

Foster, and Richard Rayno.

She is survived by many friends.

Burial was in Franklin Cemetery.

Thibault-Neun Funeral Home in Franklin was in charge of arrangements.

Lakes Region General Hospital receives an 'A' for patient safety in Spring 2018 Leapfrog Hospital Safety Grade

LACONIA — The Leapfrog Group, a Washington, D.C.-based organization aiming to improve health care quality and safety for consumers and purchasers, today released the new Leapfrog Hospital Safety Grades. Lakes Region General Hospital (LRGH) was one of 750 awarded an 'A' for its efforts in protecting patients from harm and meeting the highest safety standards in the U.S. The Safety Grade assigns an A, B, C, D or F grade to hospitals across the country based on their performance in preventing medical errors, infections and other harms among patients in their care.

"The safety of our patients has always been our number one priority and I'm so proud of our staff for all the work they do every day to ensure the proper care and safety of our patients. This national recognition is an honor that all LRGH staff can take pride in," said LRGHealthcare President and CEO, Kevin W. Donovan.

"This is the only national rating of how

well hospitals protect patients from preventable harm and death, such as medical errors, infections, and injuries," said Leah Binder, president and CEO of The Leapfrog Group. "Receiving an 'A' Safety Grade means a hospital is among the best in the country for preventing these terrible problems and putting their patients first, 24 hours a day."

Developed under the guidance of an Expert Panel, the Leapfrog Hospital Safety Grade uses 27 measures of publicly available hospital safety data to assign grades to approximately 2,500 U.S. hospitals twice per year. It is peer reviewed, fully transparent and free to the public.

To see LRGH's full grade details, and to access patient tips for staying safe in the hospital, visit www.hospitalsafetygrade.org and follow the Leapfrog Hospital Safety Grade on Twitter and Facebook.

About The Leapfrog Group

Founded in 2000 by large employers and other purchasers, The Leap-

frog Group is a national nonprofit organization driving a movement for giant leaps forward in the quality and safety of American health care. The flagship Leapfrog Hospital Survey collects and transparently reports hospital performance, empowering purchasers to find the highest-value care and giving consumers the lifesaving information they need to make informed decisions. The Leapfrog Hospital Safety Grade, Leapfrog's other main initiative, assigns letter grades to hospitals based on their record of patient safety, helping consumers protect themselves and their families from errors, injuries, accidents, and infections.

About LRGHealthcare

LRGHealthcare is a not-for-profit healthcare charitable trust representing Lakes Region General Hospital, Franklin Regional Hospital, and affiliated medical providers. LRGHealthcare's mission is to provide quality, compassionate care and to strengthen the well-being of our community.

Central NH VNA celebrates Occupational Therapy Month

REGION — What is an occupational therapist, you say? Do I need one if I don't work?

Don't let the term fool you. Occupational therapists do amazing work for people young and old, employed or retired, male or female. It is all about managing activities of daily living and helping folks achieve or regain the skill sets that allow them to be independent.

Often, there is confusion between occupational and physical therapy. While there is some crossover, a good adage is that "Physical Therapy gets you where you need to go - Occupational Therapy shows you what to do when you get there." OTs enable people of all ages to live life to its fullest by helping them regain their function or teach them ways to improve their independence and live better with injury, illness or disability. Today, we celebrate our Occupational Therapists and applaud the work they do to improve people's lives every day.

Common occupational therapy interventions include performing on-site assessments of both the home environment and work environment, making recommendations to appropriately adapt those environments, helping children with disabilities to participate fully in school and social situations, training people recovering from injury to regain skills, and providing supports for older adults experiencing physical and cognitive changes. For example, after a total hip replacement an OT would help a person to relearn bathing, dressing and meal prep independently and safely. Or after a stroke, an OT might work with someone who lost the function of one arm to discover new ways to dress or cut up vegetables with only one hand, perhaps with the use of some adaptive equipment. Even a patient who struggles with COPD can learn some coping strategies like to sit while brushing teeth or keep com-

monly used items closer at hand.

Central New Hampshire VNA and Hospice has many qualified and friendly Occupational Therapists who can help you after an accident, injury or illness. If you have experienced any of these or are facing surgery, call 1-800-224-8549 to learn more.

About Central New Hampshire VNA & Hospice:

Central New Hampshire VNA & Hospice knows that people are happier, and do better, at home. They can help you stay there. Birth to bereavement, they have served Lakes Region communities since 1918. Central New Hampshire VNA & Hospice is a not-for-profit, Medicare-certified provider and is licensed by the State of New Hampshire. The agency is governed by a volunteer Board of Trustees from both the Wolfeboro and Laconia regions and is supported by private and corporate donations. www.centralvna.org.

Lakes Region Planning Commission seeks nominations for its Annual Meeting awards

REGION — The Lakes Region Planning Commission (LRPC) is currently seeking nominations for its Annual Meeting Awards. The LRPC needs your help in identifying qualified candidates! Please check out the brief award descriptions then talk with your local community and municipal leaders and spread the word about those individuals and organizations who

have made a significant positive impact in your local/our greater Lakes Region community. The LRPC will hold its Annual Meeting this year on June 25.

What defines the Lakes Region community/area exactly? New Hampshire has nine regional planning commissions (RPCs) covering the state, each with designated boundaries, with most towns and

cities choosing to be members of their designated RPCs. So for the LRPC, the Lakes Region means from the corners of Freedom to Barnstead to Andover and back up to Sandwich, across parts of four counties, and most everything in between, which you can view anytime via the big hyperlinked puzzle-piece map on its Web site.

SEE AWARDS, PAGE A9

2018 MOTHER'S DAY PAGES

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Tilton School walks for change

BY NIKOLAI BOFINGER, OLIVIA PATTERSON, AND BRIGID HOSMER

CONCORD — This past Friday, April 20, students from all around New Hampshire marched for their lives once again to protest gun violence in schools and call on state legislators to pass gun reform laws.

Students around the country participated in this walkout held on the 19th anniversary of the Columbine school shooting in 1999 — the largest school shooting in America at that time. Columbine is now relegated to fifth largest on an ever-growing list of America's deadliest school shootings.

In the wake of the recent mass shooting at Marjory Stoneman Douglas High School in Parkland, Fla., which left 17 people dead and numerous others injured, students have been taking action to make their schools safer places for learning.

"We are done waiting for adults to do what needs to be done to protect our lives and preserve our safety inside our country's schools," said the Student Body President of Tilton School and one of the event coordinators, Izzy Moffroid.

Roughly 50 Tilton students attended the event, beginning their march at St. Paul's



Peter Lowenstein Photography

The scare

BY STEPHANIE NEVERS

I grew up in a household that didn't have guns around the corner of each room. As a kid, I always felt safe in my house with the protection of my dad and by big brother. I never thought that there would be an incident that would involve the need for a gun, until that hot summer day.

We were coming home from a week's vacation at our lake house with the whole family. Leaving my sister and mom up at the lake house, my dad, brother, and I had come home early.

"Oh, well, the stupid girls left the television on all week!" my brother yelled from upstairs at what would become my angered father.

I swore that I had never watched television before our departure, and if so, that we all would have noticed that it was left on. This had confused me but did not prepare me for what was to come. My brother kept walking to his room when suddenly he began to scream.

Running down the stairs, he yelled, "There's someone in our house! There's someone in our house!"

My heart dropped, and blood vigorously flowed throughout my body that began to turn to stone. My dad yelled for me to go hide in a car. I do not recall the time that I had stayed in the car because of the fear that had struck over me. In time, I slowly got out of the car, being careful to listen to what was happening inside, but I

never heard anything.

I quickly opened the door, and instinctually ran to the corner of the room where my Red Ryder BB Gun was left last. I heard screaming coming from the other side of the house. When I arrived, my dad and my brother were standing, holding knives in both hands prepared to defend themselves.

Luckily, the woman did not have any weapons on her, but I always wonder what would have happened if she had? My brother and father would have been shot dead and I, only equipped with a BB Gun, would have had no self defense but a BB bullet that leaves only a tiny bruise.

This story that was once so true has still lingered in my family, especially my brother who had encountered the intruder first. Even at the age of 21, after being left alone in the house until dark, you will come home to a house lit up in each room in hopes that it will scare any burglars away.

The moral of this story is that guns are a weapon that have been abused in our society lately. In my circumstance, though, having a weapon with that strong caliber, unlike the BB Gun, would have eased my mind in knowing my family and I were protected. There is a fine line of protection and misuse and determining how to weed out the people who cannot handle a gun is one of the biggest issues. The gun is not the weapon, he person holding the gun is.

School and traveling approximately two and a half miles to the Concord State House.

Once the students arrived at the State house, there were a series of student speakers. The students then broke off into groups to meet with their local representatives. About 25 students, mainly from Tilton, met with Harold Parker, the Special Assistant to the Governor for governmental affairs, and presented their concerns.

"As students, we won't stop, and we will use the power of numbers, the passion ignited from the anxiety, and the pain felt around

the country. We will rally and march, and some day soon, we'll vote. We won't stop until we affect change. We will march for our lives because we've had enough," said Brigid Hosmer, a student from Tilton School and one of the event coordinators.

"I'm a Tilton School student who marched from St. Paul's School to the Concord State House in hopes to protect our lives against guns in school," recalled Nikolai Bofinger.

"When we initially met up with the other schools who were participating in the march," he continued, "there

were a lot more kids than I expected. The expectation was that tens of kids would do a walk to the State House, but once I was near the beginning of the line, and I looked behind me, I couldn't see the end of the line, it was so long. A lot of students were willing to protest against the government in hopes of creating a safer school environment.

"We crowded the sidewalks; I could barely stay with my friends without being pushed off. The passion within my classmates, as well as other high school students, was very motivating. The chants being

yelled throughout the pack of students highlights this issue.

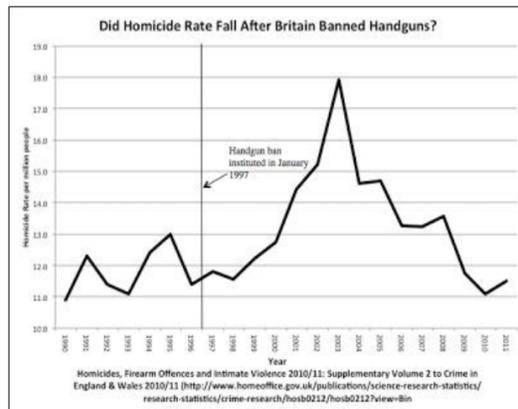
"I've never been a part of anything this powerful before. Kids being able to show that we have a say, we have a voice in government, and this is our lives at stake. This is what democracy looks like. I even talked with some of the other students during the march, to help understand why exactly they were marching. Students of all socioeconomic backgrounds were in this march, banding together to fight against the real threat in our schools."

Firearms

BY JAMES WILLIS

I grew up in a small city in north Georgia where most people have a different view on guns than most of the country. People in my city believe that while guns can be dangerous, guns are not as dangerous as the person who would use it for inexcusable acts such as assault or murder. When I was seven, my dad took me to a taught me the dangers of a firearm and how they could be used. This brings me to my first point.

Firearms are not an issue if a community is supportive and knows how to help people before they misuse a firearm. Take Switzerland where there has only been one mass shooting in the past 18 years. Now for some information, they have the third highest guns per capita behind the US and Yemen. In the past ten years, gun



homicides have only hit 120. Guns ownership does not correlate to gun violence. It is the culture behind the gun and how well the community can educate its members.

Now, something we can all agree on is keeping guns out of criminals' hands. We would like to believe that we can regulate them with laws and background checks. Sadly, they are called criminals for a reason, and it's because

they don't follow the law. In most states, 60 percent of criminals get their guns illegally, meaning new legislation won't affect how easy it is for them to obtain guns. Not only do criminals get their guns illegally, but in most cases mass shootings happen in gun free zones, 98.4 percent from 1950 to July 10, 2016. This not only shows how much good these gun free zones are doing.

The other myth I would like to disprove is that banning assault weapons is the best course of action. The issue with this is the fact that if you want to bring down gun crime the you would have to ban handguns. Handguns are responsible for much more crime than assault rifles.

Some Republicans claim that guns in the hands of the right people. Listed here are just ten times when a none police officer or sheriff stopped a shooting. Not only do civilians help but 86.4 percent of police chiefs believe in nationwide concealed carry permits, and 76 percent believe that "armed citizens help reduce violent crime activity." Not only are police for civilians carrying, but civilians with concealed handgun permits are even more law abiding than the very law abiding police.

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Play Scrabble with a theme... words must per-

tain in some way, shape or form to Spring Time!

Tuesday, May 8
Spanish Club, 10 a.m.
Tech Tuesday, 2-4 p.m.
Teen Time, 3 p.m.

Wednesday, May 9
Story Time, 10:30 a.m.
Scrabble, 1 p.m.
Scrabble in real time... face to face

Thursday, May 10
Teen Time, 3 p.m.

Friday, May 11
Sit and Knit, 2-5 p.m.

Saturday, May 5
Let's Go Lego, 10 a.m.

New Items
"Beneath a Ruthless Sun: A True Story of Violence, Race and Jus-

stice Lost and Found" by Gilbert King

"Then She was Gone" by Lisa Jewell
"The First Family" by Michael Palmer
"Twisted Prey" by John Sanford

"The Girl Who Smiled Beads: A Story of War and What Comes After" by Clemantine Wamariya

"How To Be Safe" by Tom McAllister
Heads Up for Two Great Adult Programs in May:

Thursday, May 17 at 6 p.m.

Declutter Your Life... a how-to evening of tips and inspiration with Mary Kerwin

Are you tired of moving piles from one place to another, unable to find what you need, or worrying about what to do with all your stuff? Join us for an idea-packed evening on decluttering. We will discuss various strategies for clearing out and making way for the life

you want.

Monday, May 21 at 6 p.m.

Medium Carolyn Richardson Returns - Members of the audience receive messages from the beyond through medium Carolyn Richardson. Not everyone will receive a message... there are no guarantees. This program is recommended for adults; there is no need to sign up in advance. Free Event - Open to All

RHODA

CONTINUED FROM PAGE A1

Crowell herself was quite pleased to know she is now the oldest resident but said it was a title she wasn't sure she would ever receive.

"The last time I was at one of these confabs I was in the audience when someone else got the Boston Post Cane. I wondered if I'd ever get one myself and here it is," she said with a smile.

Rhoda will be 98 on Dec. 2, and looks forward to celebrating her special day with the cherished cane by her side at long last.

The tradition of the Boston Post Canes began as part of a campaign devised by newspaper publisher Edwin Grozier. To help advertise his paper in communities outside of Boston, his company distributed specially made mahogany and gold-topped



DONNA RHODES

Congratulating Rhoda Crowell as she received the Boston Post Cane award last Thursday afternoon were Selectman Katherine Dawson, Tilton Town Clerk/Tax Collector Cindy Reinartz, and Selectmen Pat Consentino and Peter Fogg.

canes to more than 400 towns throughout New England. Originally intended for the oldest male in each community, the requirements were eventually changed in 1930 to include any women, should they be older than all the men in town. The only other stipulation is that the person receiving the cane has to have resided in the community for at least 10 years prior and must relinquish the title

if they move to another town. It is then passed on to the next oldest citizen.

To ensure its safekeeping, Tilton's original Boston Post Cane is held on display in a glass case at the Town Hall. Beside it are bronze plaques engraved with the names of each recipient over the years and the name Rhoda Crowell will soon be added to that list of distinguished senior citizens.



DONNA RHODES

Scores of friends, neighbors, family and staff members of New Hampshire Veterans' Home gathered last week to congratulate Army veteran Joe Bennett on his 100th birthday.

BENNETT

CONTINUED FROM PAGE A1

and returned to work as a grocer. Over the years, he was also a coat maker, and he managed movie theaters in Manchester and the former Pine Island Amusement Park during the summer

months.

Upon retirement, Bennett served as a volunteer in his church and enjoyed tending to his large vegetable garden. An avid Red Sox fan, born just months before they won the World Series in 1918, he waited 86 years to watch his favorite team finally win again in 2004.

His wife Rita passed away in 2005, and two years ago, he came to live at NHVH, where he has made many new friends.

Bennett and his wife had two daughters and three grandchildren, and he now enjoys time with two great-grandchildren, five-year-old Daniel and three-year-old Marya, who brought him cards they made for his birthday.

After the overflow crowd sang "Happy Birthday" to Bennett, Commandant Margaret LaBrecque then read well wishes received from Gov. Chris Sununu and U.S. Senators Jeanne Shaheen and Maggie Hassan.

Bennett's grand-

daughter, Christen Nine, was excited to be a part of his centennial birthday celebration.

"As a 32-year-old, I am very fortunate to have been able to touch a little of his generation," she said.

Both Nine and her mom, Bennett's youngest daughter Sue Byrd, lined the walls of the Town Hall that day with a look back at some of the history that has taken place since his birth. Included in the timeline were things such as the introduction of the Model A car, Bing Crosby's recording of the classic song "White Christmas," the launch of the Hubble Telescope, the eradication of polio, the opening of Disneyland, an oil shortage in 1974, the start of Amazon.com and of course a few Red Sox championships along the way.

"It's really incredible when you look back and realize all he has seen and lived through over the past 100 years. This is quite a day," said Byrd.

FIRE

CONTINUED FROM PAGE A1

tled the fire.

Chappelle said lightweight, unprotected construction materials, such as those firefighters encountered in this incident, burn and disintegrate rapidly. It was the sheetrock used in the ceiling of the basement that helped keep the fire

from being "catastrophic," he reported.

The chief also wished to remind everyone that in the case of an emergency, they should always call 911 and not the fire department's direct line.

"It's important to call 911 directly, as staff is often on other calls and no one is at the fire station," he said.

Think When You Drink

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AWARDS

CONTINUED FROM PAGE A6

You know your community best and who's doing what, large or small, for the benefit of all. So help the LRPC recognize your unsung heroes by stirring up some worthy nominations

today! Please consider sending them a nomination for one or more of these awards:

The Kim Ayers Award – The natural environment plays an essential role in our quality of life. Each year the Lakes Region Planning Commission recognizes

someone who, over the years, has made an extraordinary voluntary effort to maintain and improve the environmental quality of the region. This year marks the 30th anniversary of this memorial award and the 29th recipient since 1988, given in

memory of Mr. B. Kimball Ayers, Jr., of Moultonborough.

Award of Excellence – The LRPC is also searching for organizations who have completed exciting and innovative projects in your community over the last year. Is your community doing something different, and better, today because of a new or innovative initiative? The only restriction is that the project must serve a public good and it must be completed.

Community Service Awards – For individu-

als who have made exceptional and sustained contributions to their community and/or the economy of the Lakes Region.

Fillable online nomination forms are posted in multiple places on the Commission's website at <https://www.LakesRPC.org/index.asp>. You can also print the forms then scan to send by email or mail them. Contact information for submitting by email or snail mail is printed on each form.

Deadline for submission: Friday,

May 4. Please submit your nomination form and any backup material by May 4. All nominations must be received by the end of the day on the 4th to be considered.

The Lakes Region Planning Commission's 2018 Annual Meeting will be held on Monday night, June 25, at Chase House at Mill Falls in Meredith. For more information about these awards or its annual meeting, please call the LRPC at 279-5334 or send an email to admin@lakesrpc.org.

NOTEBOOK

CONTINUED FROM PAGE A4

would put it. One reason why she's so loud, no doubt, is that he has feet the size of teacups.

+++++

I was flipping through the current issue of Archaeology Magazine and came upon an ad for tourism and travel in Newfoundland and Labrador, with special attention paid to Lans aux Meadows.

Newfoundland indeed is being pitched as a tourism getaway, which it surely is--with very long drives between getaways, believe me. Still, the island is undergoing a tourism boom, partly because deserving attention is being paid, finally, to Lans Aux Meadows, the only confirmed Norse settlement site in North America. Its rude and rough planked huts were put up in roughly AD 1,000, almost 500 years before Columbus.

When I was traveling the Far North, transportation was mainly by

boat, dog sled, snowmachine and float plane. Now much of Labrador's interior is accessible by road, and they're still building.

+++++

When I first traveled to Labrador to fish the huge and fast-moving Menihek Rapids, the country was reveling in the discovery of major iron ore deposits, some of the best quality in the world. The archaeological discoveries at Lans Aux Meadows were being talked about, but iron ore was king.

Iron Ore Company workers built a heavy-duty railroad straight into the interior, 350 miles from the coast. It featured rails that weighed 72 pounds per foot, the heaviest in the hemisphere. The deal with the government for getting permission for the railroad was that two runs per week had to be made for civilians.

So twice a week, usually on Tuesdays and Fridays, the civilian

train hauled hunters, prospectors, fishermen, scientists, military personnel and adventurers into the interior, some to make an in and out but many to stay months and years, studying this strange and mostly frozen land for knowledge and profit. The iron ore went by virtually non-stop trains to the port of Sept Isles, where it was loaded onto ships bound for ports all over the world.

But then iron ore was discovered in South America--not better ore, but ore that was cheaper to get out. And suddenly, Labrador was once again what it was before, a cold and empty place frequented only by the hunter, fisherman and adventurer.

(This column is syndicated in papers covering two-thirds of New Hampshire and parts of Maine and Vermont. Address letters, with town and telephone numbers in case of questions, to campguyhooligan@gmail.com or to Box 39, Colebrook, NH 03576.)

TAKE-BACK

CONTINUED FROM PAGE A1

collections from the public.

"It's been pretty steady here all day. We'll probably take in about four boxes of medications by the time we're done," Goldstein said.

The Franklin Police Department also has a year-round drug disposal box inside their station and the chief said that has been very successful, too.

"We were the second police department in the state to get an in-station box and it's been excellent," he said. "In fact we have to empty it a couple of times a week."

Each time the box is emptied, a pharmacist from the hospital comes in to work with one of

the detectives from FPD and inventory the types of drugs dropped off, noting how many are prescriptions, narcotic medications or over-the-counter medicines.

As part of the Drug Take-Back Day, people at the Franklin site were also asked to take part in a raffle for a chem-free after prom event for students of Franklin High School. Christina LeMaitre of FHS said the prize is a \$325 Gift Basket filled with all types of great items from local businesses and the winner's name will be drawn on May 12. Tickets, which are \$5 each or three for \$10 are still available and those interested in purchasing one or more is asked to contact her at clemaitre@sau18.org. Sanbornton was also

a drop-off site on Drug Take-Back Day and Chief Stephen Hankard was very pleased with the outcome.

"We filled three boxes this year, one of our biggest collections ever," he said.

He credits the success of the event to all the publicity that has helped remind everyone to go through their medications and bring in anything they are no longer using.

The goal of all law enforcement officers is to get medications out of homes before they end up in the wrong hands and used or sold on the street. People are encouraged to also utilize year-round secured drop boxes, which can now be found at several local police departments.



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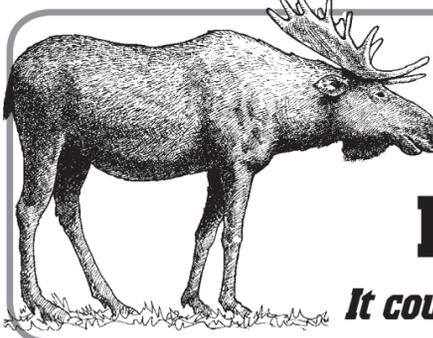


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Edward Jones: Financial Focus

Here's a Checklist for Changing Jobs

A few generations ago, it was not uncommon for workers to stick with a single job for their whole careers. But for many of us today, frequent job changes are a fact of life: The average employee tenure is just over four years, according to the Bureau of Labor Statistics. So, assuming you're going to switch jobs a few times, you'll want to be prepared. Here's a checklist of things you can do to smooth these transitions and help your financial situation:

- Build an emergency fund. Some of your job changes may be involun-

tary, so you'll want to have a cash cushion handy – just in case. One smart move would be to build an emergency fund, containing three to six months' worth of living expenses, with the money kept in a liquid, low-risk account.

- Consider your options for your former employer's 401(k) plan. If you had a 401(k) plan with your former employer, you have three main options: You could leave your money in the plan, if the employer allows it; you could move the money into your new employer's plan, if permitted; or you could roll the funds over

to an IRA. You'll want to weigh the "pros" and "cons" of these choices carefully before making a decision.

- Choose investments from your new retirement plan. If your new employer offers a 401(k) or similar plan, you'll need to choose the investments within the plan that are most appropriate for your goals, risk tolerance and time horizon. Contribute as much as you can afford to the plan, and consider increasing your contributions every time your salary goes up.
- Make sure you've got

health insurance. The health insurance offered by your new employer may not begin the minute you start your job. Given the high costs of medical care, you'll need to make sure you are protected until your coverage kicks in. So, for that interim period, you may need to consider the federal health insurance marketplace, COBRA continuation coverage or private medical insurance. You might also be eligible to be covered under your spouse's health insurance. And you may want to learn what your options are for health savings accounts (HSAs), if available.

- Review your new benefits package – and take steps to fill gaps. Your new benefits package may include life and disability insurance, but these group policies may not be enough to fully protect you and your family. A financial professional can help you quantify your protection and insurance needs and offer guidance on how much coverage you may require.
- Understand your income tax considerations. Getting a new job may involve income tax implications, such as changes in your tax bracket, severance pay, un-

used vacation and unemployment compensation. And if you are thinking of exercising stock options, be aware that this, too, can be a taxable event. Finally, if you have to move to take a new job, you may incur some relocation and job hunting expenses that could be deductible. You will need to discuss all these issues with your tax professional.

Starting a new job can be exciting – and challenging. But you may be able to make your life easier by putting the above suggestions to work.

This article was written by Edward Jones for use by your local Edward Jones Financial Advisor. For more information or to sign up for their monthly newsletter, contact your local Financial Advisor.



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Winni Players present "The Government Inspector"

MEREDITH — The Winni Players Community Theatre continues their season with an all-new adaptation of Nikolai Gogol's "The Government Inspector." Featuring an array of

funny and diverse characters, the play presents a silly satire of small-town corruption. When the crooked leadership of a provincial village discovers that an undercover inspector is com-

ing to root out their commonplace corruption, the town weaves a web of bribery, lies and utter madness.

Since its first performance in 1836, this bustling satire from the pen

of Russian comedian Nikolai Gogol has resonated with audiences all over the world. This all-new adaptation is an imaginative, madcap theatrical event perfect for ages eight to ninety-eight.

"There isn't another company like The Winnepesaukee Playhouse. This theatre chooses plays that we don't know like The Government Inspector, but should

know. Plays that now ring true in a new way. These plays are seemingly ripped from today's headlines. This is why people keep coming back to the Winnepesaukee Playhouse, why artists keep wanting to work with them. I know that's why I do. The Government Inspector is going to be a true delight and I can't wait to share it with audiences," said Jim Gocha, actor in the role of

Anton Antonovich and Winni Players producer of "The Government Inspector."

The Government Inspector runs May 10, 11, 12 and May 13. Tickets are \$12-\$20 and available online at www.winnepesaukeeplayhouse.org or over the phone at 279-0333. Show times are 7:30 p.m. May 10, May 11, May 12; and 2 p.m. May 13.

The Winnepesaukee Playhouse, a year-round theatre, is a 501(c)3 organization supported in part by the New Hampshire State Council on the Arts, New Hampshire Charitable Foundation, the Shubert Foundation, the Steiwachs Family Foundation, and by contributions from members of this community.

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COURTESY

Emily Charleston won the U-14 giant slalom state title this year.



COURTESY

Emily Charleston skies around a gate in the Can-Am race where she was the third overall American finisher.

Emily Charleston earns U14 state title

BY BOB MARTIN

Bob@salmonpress.news

BELMONT — Emily Charleston, the daughter of Belmont High School teacher and coach Kevin Charleston, has been spending the past two winters at the Franconia Winter Term at Cannon Mountain. This season she won the U-14 N.H. state title in the giant slalom and then finished third in GS, as well as sixth in Super G at the U-14 Eastern Regionals.

Charleston was also named "Athlete of the Year" for the Franconia Ski Club, which is

given to one male and one female involved in the club.

The state championship took place at Waterville Valley on March 9 and 10, and the Eastern Regionals were March 15 through 18 at Whiteface Mountain. The event at Whiteface involved skiers from New Hampshire, Maine, Massachusetts, Vermont, Connecticut, New York, Pennsylvania and New Jersey.

After the U-14 Eastern Regionals she qualified for Can-Ams, which involves the top 30 Americans in the

east, five girls from the Rocky Mountain region, and the top 40 Canadian downhill skiers. There, she placed eighth in slalom and GS, as well as sixth in Super G. She was the third overall American finisher. The event took place from March 28 through April 1.

"Three top 10 finishes there is pretty impressive," said Kevin Charleston.

Between December and April, Charleston lives with her grandmother in Lincoln but during the rest of the school year she is a

seventh-grade-student at Belmont Middle School. There is anywhere from 10 to 12 student athletes ranging from U-12 to U-14. According to Kevin Charleston, from Tuesday through Friday the students ski two to three hours in the morning and then go to school in the afternoon. They ski all day Saturday and Sunday and have an off day on Monday.

"There are some local kids but others live with friends and relatives during that time period," Kevin Charleston said, noting that those involved at Cannon Mountain are all from New Hampshire.

With competitions, Kevin Charleston said they are more open than other high school events. At the beginning of the season skiers compete within the state of New Hampshire. There are four divisions and a series of races per division, which includes northern, eastern, western and central. If a skier does well in those races he or she will qualify for state championships.

"Emily won a few races in the qualifiers and finished first in the northern division out of the state meet," said Charleston. "There were about 30 girls who qualified out of our division and the

state meet consisted of about 100 best girls in New Hampshire."

Emily Charleston was proud of the way she skied this past winter and has acknowledged the type of hard work that it takes to put in to get to the top.

"In the middle of the season I made some big changes in my skiing, which was so difficult and frustrating at times, but it really paid off," said Emily Charleston. "At the end of the season I was skiing my best in the biggest races of the year. In the post season each race the girls got better and faster and my skiing stood up against them, which was really

SEE EMILY, PAGE B3

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Devan Glover had a walk off single against Conant last week for a 5-4 win.

BOB MARTIN



Philip Nichols winds and fires for the Winnisquam baseball team.

BOB MARTIN

Winnisquam baseball splits vacation week contests

BY BOB MARTIN
Bob@Salmonpress.news

TILTON — The Winnisquam baseball team went from one end of the spectrum to the other with a thrilling walk off 5-4 win over Conant and a tough 12-1 loss to Bishop Brady.

On April 23, Winnisquam's Devan Glover was the star of the day with a walk-off two-RBI single to center field. The Bears trailed 4-1 entering the seventh inning and Winnisquam took advantage of sloppy defense by Conant, as well as demonstrating great plate vision with a pair of walks and a couple of key hits in an effort to secure the big win.

Nick Snyder and Noah Smith reached on the errors, and that was followed by a walk by Jack Beaulieu to load the bases. Michael Allard walked to bring in a run

and then Matt Ivester reached on a fielder's choice to bring the Bears within one run.

With runners at first and third base with two outs, Ivester stole second and the winning run was in scoring position. In a 1-2 count, Glover ripped a line drive to center field and won the game in dramatic fashion.

Freshman Philip Nichols had an excellent day on the mound, pitching a complete game allowing five hits and only one earned run.

The Bears then traveled to Cooperstown, N.Y. on April 25 and 26 to see the Baseball Hall of Fame and play a game against Bishop Brady at Doubleday Field.

Winnisquam struck first in the first inning when Smith smashed a double to deep left field and was driven in on Ivester's two-out RBI

single. The Bears had the lead until Bishop Brady knocked in five runs in the fourth inning and took control of the game.

Despite losing 12-1, coach Fred Caruso said it was a great experience for his squad.

"Aside from the game, it was a great experience for everyone, something they'll remember for a long time," said Caruso.

The Bears entered this week with a 2-3 record and Caruso has been pleased with the overall play, but knows there is still plenty to work on as the season progresses. The team's leading hitter has been Ivester, a senior who through the first five games is batting .500

with two doubles and five RBIs. Nichols is a freshman but showing he belongs in the varsity level. In four appearances on the mound he is 2-0 with 13 innings pitched and a 1.07 ERA.

"I knew Matt would be a steady player for us, but he's carried us at the plate so far," said Caruso. "Philip, as a freshman, just doesn't get rattled. He pitched a complete game against one of last year's Final Four teams, Conant, and picked up the win. His play at shortstop has been above average. Just a very good athlete."

Despite Ivester's success at the plate, the Bears have had trouble scoring runs. Winnis-

quam has been shut out twice and is being outscored 34-17 on the season.

"We have struggled at the plate," said Caruso. "We've run into some great pitching. We have to get more consistent at the plate. Really, in all phases of the game. Defensively and on the mound as well."

Caruso said the team needs to improve its overall game to be in the hunt this season. In the two wins the team has this season the Bears average 8.5 runs per game, but otherwise the offense has been stagnant and the pitching staff has let up too many runs. He acknowledged that the team faces one

of the toughest schedules in Division 3, and for that reason he knows the team needs to consistently play at a high level.

He commended the team's attitude in the early stages of this spring.

"I like the way that we battle," said Caruso. "We never give up. We play hard until the final out, no matter the score. We've had a couple comeback wins because of this approach."

Winnisquam hosted Franklin on April 30 after deadline and on May 2 the team had a double header against Prospect Mountain. On May 4 Winnisquam hosts White Mountains for a 4 p.m. game.

Belmont softball off to solid start

BY BOB MARTIN
Bob@Salmonpress.news

BELMONT — The Belmont softball team was off last week due to school vacation, but coach Bill Clary said he is very happy with the 3-1 start for his team.

Belmont started off the season with a 12-3 win over Laconia and then fell 3-0 to the always tough Berlin squad. The Red Raiders bounced back with a 3-1 win over Gilford, which is also looking like one of the top teams in Division 3. Before vacation began Belmont blanked Newfound in a convincing 15-0 win.

The team has been anchored by solid pitching by Julianna Estremera, Morgan Hall and Lizzie Fleming.

"It's the first time we have had three different pitchers with a win after just four games," said Clary. "Very happy with the balance."

Hitting has been led by Makenzie Donovan, Estremera and Fleming, who are all batting over 300 and getting on base. However, Clary knows that this is an area that needs work for the team.

He said they need consistent hitters from the returning players, and he knows the freshmen will come along eventually. Clary added that hitting is the toughest area for them to make adjustments.

Defensively, he said, the team is progressing well.

"We need to continue having strong pitching and defense," said Clary. "A balanced work load is going to make us stronger as the season moves along. Our focus is to improve each day and work

on the fundamentals. We often forget some of the basics as we get into the season."

Clary said the drive to win is always there with the Red Raiders and he attributes this to strong leadership from the upperclassmen.

"Jordan Sargent has stepped up in a big way," said Clary. "After Jordyn Lavallee went down with a knee injury, Sargent stepped into that role knowing it was what the team needed. She was looking forward to her second season at second

base, but put the team first. I can't compliment her enough, not only was she willing to play there, she has been outstanding. The younger players can learn from this and hopefully become better teammates when they get older."

Belmont softball is back in action this week. On April 30 the team hosted Somersworth after deadline. On May 2 the team travels to Laconia and on May 3 Belmont travels to rival Gilford. Both games start at 4 p.m.

Women's Gravity Weekend is May 18-20 at Highland Mountain

NORTHFIELD — The fifth annual Women's Gravity Weekend at Highland Mountain (May 18-20) brings together a diverse group of enthusiastic women in a supportive riding environment to help you develop essential mountain biking skills and take your park experiences to the next level. Women of all ages and

riding abilities are invited to start the season right with a weekend dedicated to learning and reinforcing new skills, building relationships, and having a great time. Whether you're new to downhill mountain biking or have been riding for years, this program has something for you!

Riders will spend all

day Saturday receiving focused instruction from Highland's coaching staff. Morning activities center on fundamental techniques, balance, and breaking bad habits so you can ride with control and confidence. In the afternoon, riders will have the opportunity to take on jumping, dropping, and cornering on Highland's dedicated learning features, under the guidance of their excellent coaches. Sunday is an entire day of freeriding where you can take what you learned during clinics on Saturday to ride on your own or with a new group of friends you have made. Instruction is available on Sunday for an additional fee.

The Women's Gravity Weekend package includes park passes and discount rentals for the entire weekend, giving participants plenty of time to reinforce new techniques on the terrain of their choosing.

This year they've partnered with Driftwood Stables of SEE HIGHLAND, PAGE B3

Five Raiders compete in Black Bear Invitational

BY BOB MARTIN
Bob@Salmonpress.news

NORTHWOOD — Belmont High School sent a small number of athletes to the Black Bear Invitational hosted by Coe-Brown Northwood Academy last week.

For the girls' team, Alice Riley had a time of 11:37.23 in the 3,200 meters, which was good for eighth place and a personal record. In the 1,600 meters unseeded, Jessica Hutchinson had a time of 6:08.40 for 15th place. This qualified her for the Wilderness Championship meet.

For the boys' team, Zach Ennis had a personal record time of 10:19.30 for 15th place. In the 1,600-meter unseeded, Connor Jackson finished ninth with a time of 4:55.41. In the 1,600 meters seeded, Nick Randos had a ninth place time of 4:40.62.

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BOB MARTIN

Kyle Minery went three for four with a pair of home runs in the win over Raymond.



BOB MARTIN

Colby Brown slides in safe at home against Raymond last week.

Embree, Minery lead Raiders over Raymond

BY BOB MARTIN
Bob@salmonpress.news

BELMONT — It has been a nice start for the Belmont baseball team, who are 4-1 in the young season and most recently had a big 10-0 mercy rule shortened win over Raymond in a shutout victory for Griffin Embree.

Embree pitched a complete game with four hits, two walks and 12

strikeouts in the win. He is now 2-1 on the season with a 0.778 ERA and 29 strikeouts in 18 innings.

It was a game of deep counts and getting out of tight jams for Embree, who threw 120 pitches in six innings for the Red Raiders. In the second inning with the game tied 0-0, Raymond loaded up the bases but he was able to get out of the jam with a 1-2-3 double play.

The game remained tied going into the third inning and Raymond once again threatened with a man on second after a long double to center field, but Embree came away unscathed with a strikeout to end the inning.

In the bottom of the third inning, the Red Raiders got on the board with two runs. Cam Magerer walked and then Matt Pluskis ripped a double to left. With one out and runners on second and third, Magerer scored on a passed ball. Kyle Minery then slapped an RBI single to right field to make it a 2-0

game. Belmont threatened to score again but base two pickoffs at first base ended the inning.

In the fourth inning, Embree allowed a leadoff double but then struck out the side to silence the Rams and leave the runner stranded. In the bottom half of the inning he helped his own cause with a two-run single to center field, knocking in Kolby Brown and Brett Lima.

Embree found himself in another jam in the top of the fifth inning with one out and the bases loaded. However, he came up big with a strikeout and a fly out to right field to keep it a 4-0 game.

The flood gates opened in the fifth inning, which began with a Minery solo homer to right/center field on the first pitch to make it 5-0. Lima made it a 6-0 game when a run scored on a fielder's choice. After Brown was hit by a pitch, Embree hit another two RBI double to make it 8-0. Magerer followed that up with an RBI double to left field to make it a 9-0 game.

Embree struck out the side in the sixth inning and then in the bottom half of the inning Minery came up and smashed a walk-off solo homerun to centerfield to complete what was a huge day for the Red Raiders.

Minery was the clear offensive star with a three for four showing including two long home runs and three RBIs. Embree was two for three with a double and four RBIs. Nate Sottak was a key offensive con-

tributor as well, with a two for three day, a run and a steal. Pluskis was two for four with a double and Magerer was two for three with a double and an RBI.

Coach Matt Leblanc has been very impressed with the team's play this season and said it was nice to get a win over Raymond, as the team has had Belmont's number in recent years.

He commended the pitching by Embree, who once again came out and showed why he is the team's ace with the shutout win that wasn't always easy. He showed determination and grit to come away with a shutout after fighting through a number of high counts and bases loaded situations.

Having the one-two punch of Embree and Lima has been great for the Red Raiders. Lima has an ERA of 1.00 and is 2-0 to start the season. He also has 16 strikeouts

and 14 innings.

Offensively, Leblanc said when his team hits like this they are tough to beat.

"I couldn't be happier for Kyle (Minery) because he has worked so hard at baseball," said Leblanc. "Those two home runs were shots and there was just no doubt. It was something to see. Any time you walk off with a home run is pretty exciting, whether it is 10 runs or one run."

Leblanc said the team was happy for him and Leblanc said when players hit like this it can be contagious.

"As a whole, Cam Magerer has been hitting all year and playing well," said Leblanc. "Pluskis has been key in that four spot and hitting the ball hard. He is our leader and the one who is getting everyone to follow his direction."

Magerer is hitting .471 with an on base percent-

age of .500 and a slugging percentage of .765. He has three doubles and a triple. Pluskis has three doubles and is batting .412 while slugging .588. Minery is a .400 hitter with a .533 slugging percentage and a pair of home runs. Embree has been a great number two hitter this season with a .400 batting average, .500 on base percentage and a .533 slugging percentage.

After five games Leblanc said he is very pleased. Each time out the Red Raiders have faced a number one pitcher and aside from Gilford's Adrian Siravo, Belmont has had success. He said even against Siravo, Magerer managed to come away with three hits, which are the only hits Siravo has given up all season.

"So far so good," said Leblanc. "A 4-1 record is a good spot for us right now. Hopefully we just keep things rolling in the right direction."

EMILY

CONTINUED FROM PAGE B1

exciting."

She said this year was fun or her because she was able to ski and represent the Franconia Ski Club, as well as the state of New Hampshire, and then eventually the United States.

"Can-A-s was my first time skiing at an international level and representing the USA," she said. "The US girls become good friends and we had a good rivalry with the Canadians."

HIGHLAND

CONTINUED FROM PAGE B2

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Friends of Belmont Football elects new officers

BELMONT — On April 24, Friends of Belmont Football met to elect new board officers. The new president is Sherry Pratt, the vice-president is Tina Dandurand, secretary is Joyce Martin, treasurer is Eric Shirley and at-large members are Julie Partridge, Marc Forgone and Tammy Cozzens.

Friends of Belmont Football is a non-profit organization run by parent volunteers in Belmont and Canterbury. Each year, the team of family members must raise \$15,000 in order for Belmont High School

students to have the opportunity to play cooperative football with their neighbors in Gilford. Currently, the organization does not receive monetary support from the school board or taxpayers. Through the tireless efforts of the board, and all of the parents and athletes, they hope that someday soon this will change. If you have any questions about the organization, or would like to become involved, or make a tax-deductible donation, please reach out to Sherry Pratt at 491-8774 or sherrypratt@yahoo.com.

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\$79,995 30x26, Sunny Chapel	\$125,995 2000 Sq. Ft. 2 Story	\$128,995 56x28 Cape 3 Bed, 2 Bath 1st Floor
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COUNTRY AUCTION

Antiques, Furniture, Carpets, Glass, Toys, Silver/Gold
Sat, May 5, 2018 • 9AM • 3247 Route 302, Lisbon, NH

Join us for a fun sale incl. furniture, lots of glass & interesting smalls from a N. Woodstock, NH home & others. **Furniture:** Open 4-shelf cupboard, old blue paint; 2 Eames swivel arm chairs, olive green, c1960; 4 glass-front display cabinets w/ glass shelves, lights; mahog. sideboard, c1940; cherry swing leg dining table w/6 rush seat ladderback cherry chairs; Salem rocker; Centennial eagle Gesso mirror, c1875; mahog. vanity w/stool, c1940; 2 wooden bowl tables w/glass tops; maple side table w/drawer, c1920; mahog. ball/claw piano stool; pine 4-drawer chest w/bail pulls; blonde walnut 2-door cabinet; needlepoint side chair; dropleaf tables; 4 country Chippendale chairs; lift-top cedar chests; maple drop-front desk, c1940; walnut hall table; red oak bedside table; 2 mahog. twin sleigh beds; walnut coffee table; maple king bed; 2 Eastlake Vict. side tables; walnut 1-drawer bedside table; green painted bookcase; Arts & Crafts style table w/shelf. **Rugs:** old Oriental carpets w/unique decorations in salmon. **China/Glass/Pottery:** Goebel steer figure; tall Marigold Carnival pitcher; LOTS of asst'd milk glass, Ironstone; vaseline, cobalt, opalescent, Depression, crackle, Bristol glass; redware, Bennington, bean pots, crocks, jugs; animal figures; Clark's Trading Post, NH plates; Union Pacific RR glasses; Nippon, Staffordshire, Hull; crystal. **Silver/Gold:** Sterling flatware (approx. 30ozt); 1912 2 1/2 dollar Indian head gold piece (XF); 3 Peace/Morgan dollars. **Misc:** Tiger maple shaving mirror w/Chipp. base; cast iron garden bench; iron/pine goat/dog sled w/farm scene; wicker elephant hamper; pine toy boxes; plant stands; 1920's vintage mesh clutch; needlepoints; mirrors; lithos; Vict. shadowbox; brassware animals, birds; metal/porcelain pig banks; pine tobacco box; iron doll bed; blue/white spongeware; Tonka Toys; Ford tractor; Mountain Special battery-op tin locomotive train; marbles; tin wind-up space ship; Bozo the Clown, Howdy Doody, Mickey Mouse dolls; Silver Streak train photo, Lincoln, NH; MORE! **PREVIEW:** Fri, 5/4: 3-6PM & Sat, 5/5: 8-9AM or by appointment. **TERMS OF SALE:** Now accepting credit cards; 13% BUYERS PREMIUM (10% w/cash or check w/proper ID); all items sold AS IS; all sales final. Refreshments available.

NEXT AUCTION: 5/19 @ 9AM

Ammonoosuc River Auction Company
Auction & Appraisal Services
Michael J. Carver, Auctioneer
NH Lic. # 3081 / VT Lic. # 2371
3247 Route 302, Lisbon, NH 03585
Ph: 603-444-1136

Details & pics @ amriverauction.com

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see you!*

Power Outage Tips

BEFORE

- Follow directions from local officials
- Check flashlight and radio batteries
- Charge mobile devices
- Add warm clothes and blankets to emergency kit
- Keep gas tank full
- Take cash out (ATM's may not work)

DURING

- Conserve energy
- Go to community warming shelters & check on neighbors, family, seniors and homeless
- Only use generators in open areas away from windows and home to prevent carbon monoxide poisoning

AFTER

- Throw out unsafe food

www.Ready.gov/blackouts

Ready

Who to Call → Where to Meet → What to Pack

55 Plus MODEL HOME OPEN SUNDAY 12 to 2

\$107,995 or \$626 per month*	\$149,995 garage, porch, appliances *10% down - 25 years at 6%

Call Kevin - 603-387-7463
Mansfield Woods, 88 North, Rt. 132, New Hampton, NH
Directions: Rt. 93, exit #23. Right for 1/2 miles, left at post office for 800'

To VIEW THESE AND OTHER PROPERTIES, VISIT:

Alpine Lakes Real Estate: www.alpinelakes.com

Bean Group: www.beangroup.com

Century 21 Country Lakes Realty: www.countrylakesrealty.com

Century 21 Twin Rivers Realty: www.nhreal21.com

Coldwell Banker: www.cboldmill.com

Coldwell Banker Residential Brokerage
www.newenglandmoves.com

Dussault Real Estate: www.dussaultrealestate.com

ERA Masiello: www.masiello.com

Granite Group Realty Services:
www.granitegrouprealtyservices.com

Gowen Realty: www.gowenrealty.com

Lakes Region Realty: www.lakesregionrealestate.com

Lamprey & Lamprey Realtors: www.lampreyandlamprey.com

Maxfield Real Estate: www.maxfieldrealestate.com

Michelle Eastman Realty: www.michelleeastmanrealty.com

Old Mill Properties: www.oldmillprops.com

Peabody and Smith: www.peabodysmith.com

Pine Shores Real Estate: www.pineshoresllc.com

Preferred Vacation Rentals: www.preferredrentals.com

Remax Bayside: www.baysidenh.net

Remax Bayside-Steve Banks: www.winnihomes.com

Roche Realty: www.rocherealty.com

Strawberry Lane Real Estate: www.strawberrylane.com

Town & Forest Realty: www.townandforest.com

BERKSHIRE HATHAWAY HomeServices
Verani Realty

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603-744-5411
481 Lake St. Suite 1B
Bristol NH 03222

Meredith:
603-279-6000
290 Daniel Webster Hwy
Meredith NH 03254

Moultonboro:
603-253-7766
60 Whittier Hwy # 3
Moultonboro NH 03254
www.Verani.com

26 Topside Road Condo Unit # 3 Moultonborough NH
MLS # 4687361
List Price \$675,000

Amazing Lake Winnepesaukee & Mountain Views!
Large 4 bedroom Town-home in Beautiful Jonathan's Landing. Updated Kitchen with granite counter tops. Deeded Slip/Dock Included for 25' boat in protected marina and detached 1 car garage. Amenities include 2 heated pools, tennis courts and sandy beach. Close to activities for all seasons from boating, swimming, hiking and fishing in the summer to skiing in the winter!

30 Highland Terrace Road Plymouth NH
MLS # 4687246
List Price \$80,872

New 2 Bedroom, 1 bath Energy Star Certified Manufactured Home. This home is well insulated from top to bottom. Warm and inviting open living room and eat in kitchen. The adorable front porch is just waiting for you to sit back and relax. Laundry hook up next to bedrooms. Located at the quiet end of the road with trees out back.

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MEREDITH OFFICE
97 Daniel Webster Hwy
(603) 279-7046

LACONIA OFFICE
1921 Parade Road
(603) 528-0088

CALL TODAY TO BE FEATURED IN OUR UPCOMING MAGAZINE!

 Lake Winnepesaukee LACONIA: Adorable 4-season cottage w/ outbuilding & boat dock. \$524,900 MLS# 4682787	 GILFORD: 24' boat slip at Mtn. View Yacht Club. Great amenities. \$32,000 MLS# 4685202	 GILFORD: 3-BR, 3 BA Colonial w/ 2-car garage & fine features. \$349,000 # 4687353	 MOULTONBOROUGH: 1 ac. building lot w/ seasonal lake view. \$85,000 #4673279
 111' of waterfront! LACONIA: 4 BR home on Lake Opechee. Boat dock & lakeside patio. \$579,900 MLS# 4676470	 MOULTONBOROUGH: Com/Res building w/ 3 BR. Great location. \$270,000 MLS# 4685465	 LACONIA: Nice home w/ large backyard. Encl. sun porch, deck & more. \$149,900 #4655806	 MEREDITH: Commercially zoned 1.82 ac. lot near Rte 104 & I-93. \$50,000 #4674573

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 Sous Chef
 Kitchen Staff
 Banquet Set-Up Crew
 Banquet Servers
 Building & Grounds Laborer
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To apply and for more information go to www.waterville.com
 WVR is an "at-will" equal opportunity employer

NEED HELP?

PLACE YOUR HELP WANTED Ad THIS WEEK!

Center Harbor Parks & Recreation Employment Opportunities

SEASONAL EMPLOYMENT
 June – July – August 2018

Lifeguards
 16 or older

P/T Boat Launch Attendant
 19 or older

Contact: Sandy Frost
 Director of Parks and Rec
chparksandrec@metrocast.net
 Applications available at centerharbornh.org

Moultonborough Central School – SPED Program Assistant

Immediate opening for a special education program assistant, grades K-4. 35 hours/week. Paraeducator II certification preferred.

Please send cover letter, resume, and three current letters of reference to:

Ryan Marsh, Special Education Director
 PO Box 419
 Moultonborough, NH 03254
 or email all documents to rmarsh@sau45.org
 Equal Opportunity Employer

Moultonborough Central School - Tutor

Immediate opening for a tutor for a 7th grade student. Up to 10 hours/week, up to 5 days/week. Paraeducator II certification preferred. Send cover letter, resume, and three current letters of reference and certification to:

Ryan Marsh, Special Education Director
 PO Box 419
 Moultonborough, NH 03254
 or email all documents to rmarsh@sau45.org



TOWN OF MOULTONBOROUGH CODE, COMPLIANCE & HEALTH OFFICER

A diverse community on beautiful Lake Winnepesaukee, gateway to the White Mountains seeks a Code, Compliance & Health Officer. Responsible for reviewing applications for compliance with zoning and state building codes, inspects for compliance, enforcement of state building codes, site plan and subdivision regulations, sign and zoning ordinances, and flood plain regulations. Under RSA 128 Health Officer is given broad authority to regulate in the areas of public health by the Select Board. Candidate will be (a) knowledgeable in planning, zoning, subdivision, site plan review regulations, environmental issues and other applicable statutes; have sufficient knowledge of the construction, building and health regulatory environment; (b) skilled in written and oral communications; (c) work effectively with local engineers, contractors and citizens. Bachelor's Degree with a major in Construction Management, Engineering, Architecture or related field. Five Years of experience in a directly related field (engineering, construction management, etc.) or broad supervision of all aspects of construction ranging from single family to commercial/industrial and institutional uses. Certification in IBC or obtain within one year of hire. Or any equivalent combination of education, training and experience which demonstrates possession of the required knowledge, skills and ability. Learn more at www.moultonboroughnh.gov (Paid, Volunteer & Contract Openings). Submit 3 copies of application letter, resume and standard town application form to Walter Johnson, Town Administrator, 6 Holland Street, PO Box 139, Moultonborough, NH 03254. Position is open until filled, reviews begin immediately. Competitive salary and excellent benefits DOQ/DOE. EEO Employer.



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Photo: Grant Delin

Your family, friends and neighbors are all counting on you. If you own a firearm and are not using it, please be responsible and be sure that it's stored in a safe place. Visit ncpc.org to determine the best firearms safety solution for you.





Town-to-Town CLASSIFIEDS



www.salmonpress.com | 603.279.4516
Call to place your ad today or visit our website!

Misc. For Sale

OLD NH FISH and Game, ca. 1890, bearing laws, penalties and seasons on moose, caribou, furbearers, fish, etc. measures 12"x18"7/8. May be seen at the Coos County Democrat, 79 Main St., Lancaster, NH. Price, \$4; if mailed, \$8. Call 603-788-4939 or email liz@salmonpress.news

SUMMIT TREE STAND

SPRING SUPER SALE
Save up to \$70 on in stock tree stands and ladders. We buy and trade used guns, fair prices paid. East Central Arms, 30 Depot Rd, New Durham Weds to Sat 9-5, Sun 10-4. 603-701-2112

Barn/Garage/Yard Sale

Cinco de Mayo sale at 43 King Street. May 4, 5 & 6. VW parts air cooled and later some used some new RBLT 1600 engines Factory rebuilt trans for 61-67 type II parts too numerous to mention.

Lost & Found

Found Ads

Are published Free of Charge. 30 words for 1 week.

Lost Ads

Are Charged at our regular classified rates.

Call Toll Free

Mon-Fri 8:00-4:00
1-877-766-6891
or go to www.salmonpress.com 24/7

HAVE YOU SEEN ME?

I AM LOST!

MY NAME IS BUDDY
I am a 5 year old, 16 LB. buff colored male cat. I live on Pinnacle Park Road PLEASE CALL MY FAMILY at 279-7000. Reward if found.

Still Lost!

Shane - Shetland Sheepdog
9 Years old
We are hoping someone may have him or have seen him?
-Lost in Laconia NH-
August 27, 2016
Do not chase.
Old and New Leads appreciated
For more info see www.facebook.com/shaneshetlandsheepdog
Call Owner 603-365-1778 or Granite State Dog Recovery 1-855-639-5678

Thank-You

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\$36 - 4 Weeks

Call Our main Call Center
1-877-766-6891
Mon-Fri 8:00-4:00

or place online 24/7 at www.salmonpress.com

Deadline:
Monday 10:30 am

Fuel/Wood

Firewood for sale: \$200 per cord, green, grapple loads also available. Pelletier and Son Logging and Firewood 603-569-4543.

Pets/Breeders

LOW COST SPAY/NEUTER

Mobile Feline Fix It Wagon, Cats \$70-\$85. Dogs at Conway clinic, starting at \$100. NH and Maine income qualified plans. Military discounts. Rozzie May Animal Alliance, a dedicated spay/neuter nonprofit. Sign up on line www.RozzieMay.org or call 603-447-1373

General Help Wanted

COOK WANTED

Cup & Crumb is looking for a year-round kitchen wizard. If you've got some professional cooking experience, enjoy creative takes on old-favorite sandwiches, salads and soups, and look forward to creating new classics, you're the one. Morning and afternoon hours. Weekend work will be required. Position begins in May. See more details at cupandcrumb.com

Please send a cover letter and resume to kim@cupandcrumb.com.

Great Summer Job!

June 16 thru Labor Day. We are looking for summer staff for private beach. Duties include: monitoring parking, light cleaning, observing that beach rules are adhered to. Staff must be mature, love working with the public and be able to perform light physical labor. Please call or email 603-476-5177 or suissevalestaff@gmail.com

PAINTER WANTED

Interior/exterior
Will pay for skills and experience. Please call Mark (603) 651-8605

Simple By Nature, LLC
Landscape Laborers (Full Time)

Looking for hard working, team-oriented people that take pride in their work.

- Experience preferred but will train the right person.
- Must have valid license and own reliable transportation.
- Must be available to work weekends.
- Drug screening and background checks required.

Please contact us at (603) 968-7300 or e-mail us at: Simplebyntr@gmail.com

SUMMER HELP WANTED

Lions Camp Pride a special needs camp seeks summer kitchen help. 6 weeks 7/15 - 8/24. Lionscamppride44h@gmail.com. Ted 603-986-4982 or Peter 978-479-0454 for more information

SUMMER HELP WANTED

Lions Camp Pride a special needs camp seeks summer kitchen help. 6 weeks 7/15 - 8/24. Lionscamppride44h@gmail.com. Ted 603-986-4982 or Peter 978-479-0454 for more information

Real Estate



Equal Housing Opportunity
All real estate advertising in this newspaper is subject to **The Federal Fair Housing Law** which makes it illegal "to make, print, or published any notice, statement, or advertisement, with respect to the sale, or rental of a dwelling that indicates any preference, limitation, or discrimination based on race, color, religion, sex, handicap, familial status or national origin, or an intention to make any such preference, limitation or discrimination." (The Fair Housing Act of 1968 at 42 U.S.C. 3604(c))

This paper will not knowingly accept any advertising which is in violation of the law. Our readers are hereby informed, that all dwellings advertised in this newspaper are available on an equal opportunity basis.

To complain of discrimination call HUD toll free at 1-800-669-9777

For The Washington DC area, please call HUD at 275-9200. The toll free telephone number for the hearing impaired is 1-800-927-9275. You may also call

The New Hampshire Commission for Human Rights at 603-271-2767 or write The Commission at 163 Loudon Road, Concord, NH 03301

Neither the Publisher nor the advertiser will be liable for misinformation, typographical errors, etc. herein contained. The Publisher reserves the right to refuse any advertising.

Apartments For Rent

Meredith: 2 BR. Private wooded setting. No smoking/pets. Heat, hot water included. One car Garage. \$1100/mo. One year lease. Call David 781-665-8400.

Comm. Space For Rent

PLYMOUTH SPACE FOR RENT:
9 Main Street. Former site of Pemi River Fuels. Approx. 700 sq ft.; 3 to 4 work areas depending upon configuration. \$750 per month including heat, snowplowing and trash removal. Tenant pays separately metered electric. Onsite parking is available. Security deposit required. Available immediately.
Please call Brian at 536-2300.



Looking for New Customers?



FROM THE LAKES REGION TO THE GREAT NORTH WOODS.

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- Meredith News
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MOULTONBOROUGH
Inside Sales/ Lumber Counter

This is a full time position in our Moultonborough store. Duties include assisting customers and contractors with product selection and order entry. Minimum 2 years experience in the building industry. Basic computer skills required. Excellent customer service skills a must. Weekend hours required on a rotating basis.

You may apply in person or download an application from our website. All applications should be submitted to:

Human Resources, c/o Belletetes Inc.
 51 Peterborough Street, Jaffrey, NH 03452
 or you may email to dbelletete@belletetes.com

Competitive Wages Paid Vacation Paid Holidays Paid Time Off
 Health Insurance Profit Sharing Store Discounts Much More!

2018 Fall Season
Pemi-Baker Middle School
Girls Soccer Coach

The combined elementary school districts of SAU #48 are seeking an individual to coach the middle school aged girls soccer team.

The team will practice and play during the months of September and October. Home games will be played at Plymouth Regional High School. Practices will rotate between fields in Plymouth, Holderness and Campton.

Experience coaching soccer and working with middle school aged students preferred. The position will be opened until filled.

Please apply to:
 Lynn Davis
 Human Resources Coordinator
 SAU #48
 47 Old Ward Bridge Road
 Plymouth, NH 03264
ldavis@pemibaker.org

No phone calls, please. Further information will be shared with those individuals who contact the office in writing.

CAMPTON SCHOOL DISTRICT
Campton Elementary School

FULL-TIME FACILITY MANAGER
Competitive pay, excellent benefits
Position to begin July 1, 2018
Job Description available upon request

Contact: Jon Francis
 SAU #48 Facilities Director
 47 Old Ward Bridge Road
 Plymouth, NH 03264
jfrancis@pemibaker.org



Full-Time Position

Energysavers Inc is looking for a self motivated individual to add to its staff. The position would include, but is not limited to, organizing and pulling parts & jobs as well as receiving deliveries. We are a highly recommended 42 yr old Lakes Region retailer of well known hearth & spa products. You can earn while you learn! Potential to move into a "Dedicated Sales Advisor" position is a possibility. No prior experience required. Must have a valid driver's license & be able to lift/carry a 80lb min. Stop in to fill out an application:

Energysavers Inc,
163 Daniel Webster Hwy, Meredith NH

Join Our Team

Part-Time Positions Available:
 Waitstaff
 Bartender
 Busser
 Brunch Chef
 Dishwasher/Prep

Full-Time positions:
 Waitstaff

The Corner House Inn
 Center Sandwich, NH
284-6219
info@cornerhouseinn.com

Steel Erectors,
Metal Roof & Siding Installers
Foreman, Leadmen
And Laborer Positions

Will Train. Valid Driver's License required.
 Application available at:

CONSTRUX, INC. 630 Daniel Webster Hwy.
 Plymouth, NH 03264
 (603) 536-3533

Leading Pre Engineered Metal Building Co.

MOULTONBOROUGH
RECREATION DEPARTMENT
SEASONAL EMPLOYMENT
OPPORTUNITIES

LIFEGUARDS
SWIMMING INSTRUCTORS

Current, appropriate certifications required for waterfront positions. Minimum age 16
 Positions open until filled

Submit application letter and appropriate application form (use forms entitled Recreation Applications) available at www.moultonboroughnh.gov
 Mail to: PO Box 411 Moultonborough, NH 03254; dropped off at 10 Holland St. Moultonborough or contact MRD at 476-8868



Enjoy your Summer in the Lakes Region!
After 2:00pm - the day is YOURS!

Waterfall Cafe Line Cook
Full-Time Year Round
\$14.00 - \$16.00 /hr
Benefited Position
\$500.00 sign on bonus!
 (\$200 immediately/\$300 after 90 days successful employment)

Waterfall Cafe at Mill Falls is seeking a **Full-time Year-round Line Cook** to join the team. Requires 1-3 years prior experience; experience in a cafe/diner setting with fast service orders a plus. Must be personable, friendly and able to work weekends.

Apply online at www.millfalls.com or stop by the Waterfall Cafe. Located on Route 3, Meredith, in the Mill Falls Marketplace.



JOB FAIR!

Saturday, May 5 • 11 a.m.-4 p.m.
 at The Barn on the Pemi
 a Rustic Event Barn in Plymouth, NH

We are seeking honest, experienced, responsible people for the following positions...

- Event-Lead*
- Event Servers*
- Event Bartenders
- Bussers
- Event Cooks
- Dishwashers
- Housekeepers

*See full job descriptions at theCman.com "Work Here"

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 Apply at theCman.com. Click on "Work Here."

We are a drug and tobacco-free workforce.
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Your Community Health Partner Since 1975

RMA/CMA

Registered or Certified Medical Assistants

ACHS is seeking experienced full-time Medical Assistants, registered or certified, at our busy ACHS sites. The CMA/RMA position is responsible for assisting providers in delivering quality health care to patients of all ages. The ideal candidate will have prior experience, possess excellent critical thinking skills and a keen eye for detail, as well as the ability to provide superb customer service and quality care. You must be a team player and take an active role in the core clinical team.

ESSENTIAL SKILLS & ABILITIES

- Confident, self-assured and reliable
- Excellent customer service skills and ability to deal with the public, often in stressful situations
- Excellent spoken and written communication skills
- Good computer skills a must
- Ability to maintain strict patient confidentiality
- Work independently with minimal supervision
- Experience with Centricity EHR platform
- Two years RMA/CMA experience preferred

If you are looking for a rewarding career with the potential for exciting learning opportunities, competitive pay and benefits at an award-winning, active and caring organization please send your resume, cover letter and salary requirements to hr@achs-inc.org.

ACHS

Ammonoosuc Community Health Services
 Littleton • Franconia • Warren • Whitefield • Woodsville www.ammonoosuc.org

ANALYZE THIS:
new Marketing Data Analyst
opportunity in Franconia

Looking for a big job in a small town? Consider this new role, which involves the development, deployment, and analysis of complex marketing reports that provide insight into consumer behavior and campaign performance.

Ours is a veteran marketing team with first-class talent. To be considered, you'll need a BS/BA degree in Business, Marketing, Finance, Economics, Mathematics, or Statistics, or equivalent work experience.

We offer a competitive salary and benefits that include health, dental, an employee discount, on-site fitness rooms, and much more.

The information you need to analyze this further is right here:
garnethill.com/careers
 Hope to meet you soon!



HELP WANTED



3 LAKES LANDSCAPING

Located in Plymouth
Crew Members
 Positions available for landscaping services. Experience a plus.

Crew Leaders
 Hardscape experience and excellent leadership skills, knowledge of stone and paver installation and experience in operating excavators, skid steers and vehicles.

Both positions require valid driver's license.
603-728-8116 or email 3Lakeslandscaping@gmail.com



Loon Mountain
is hiring for Summer Operations

For more info or to apply on-line visit www.loonmtn.com
 Human Resources
 60 Loon Mountain Road, Lincoln NH 03251
 Equal Opportunity Employer

TOWN OF SANDWICH
EMPLOYMENT OPPORTUNITY

The Town of Sandwich is accepting applications for a regular full-time position at our Transfer Station and Highway Department. This position includes overseeing the processing of solid waste and recyclable materials at the Transfer Station and assisting the Highway Department in all areas of construction and road maintenance. Ability to operate backhoe and other maintenance equipment required. Applicants must be 18 years of age and hold a valid driver's and NH CDLA or B license (preferred), and NH DOT medical card. Must be able to safely lift 50 pounds. Must be able to work nights, weekends and holidays when needed. Full job description and application are available at the Selectmen's Office at Town Hall. Applications are due on Monday, May 7, 2018 at 4:30 P.M. For inquiries, please call 284-7701.

Equal Opportunity Employer.
 Sandwich Board of Selectmen

Food & Beverage Manager-Camp III

Loon has an opening for a full-time, year-round position. Manage mid-mountain lodge and oversee daily summer food and beverage operations in base area. Other responsibilities include overseeing staff, and excellent guest service. 3-5 years of food service and supervisory experience required.

For more information and to apply on-line visit www.loonmtn.com
 Human Resources
 60 Loon Mountain Road, Lincoln NH 03251
 Equal Opportunity Employer




THANK YOU FOR READING THE CLASSIFIEDS





White Mountain Country Club is hiring seasonal help for the 2018 season. This maintenance position includes free golf. Contact Joe at 726-1093 or stop by in person.

WHITE MOUNTAIN COUNTRY CLUB
2 COUNTRY CLUB ROAD ASHLAND, NH 03217



MOULTONBOROUGH Non CDL Delivery Driver

A&B Lumber has an immediate opening in our Moultonborough location for a delivery driver. Must have a valid driver's license with a clear driving record. As part of the job requirement, a DOT medical card is required (employer will assist candidate in obtaining medical card). Heavy lifting is required.

You may apply in person or download a driver application from our website. All applications should be submitted to:
Human Resources, c/o Belletetes Inc.
51 Peterborough Street, Jaffrey, NH 03452
or you may email to dbelletete@belletetes.com

EOE

Competitive Wages Paid Vacation Paid Holidays Paid Time Off
Health Insurance Profit Sharing Store Discounts Much More!



Precision Lumber Inc.

IMMEDIATE OPENINGS SAWMILL AND PLANER MILL WORKERS

DAYTIME SHIFT

BENEFITS INCLUDE VACATION, SICK AND HOLIDAY PAY, INSURANCE, CREDIT UNION, 401(k) PLAN, ATTENDANCE BONUS

Apply in Person
or email precisionlumber@lumbemh.com
to request us to email an application



Precision Lumber Inc.
576 BUFFALO ROAD, WENTWORTH NH 03282
WWW.LUMBERNH.COM



Upper Connecticut Valley Hospital

\$3,000 SIGN-ON BONUS
For two years of experience staff RNs

REGISTERED NURSES

Contact Human Resources at
(603)388-4236
Apply On-line at www.ucvh.org
181 Corliss Lane, Colebrook, NH 03576
603-388-4236
EOE



SAU 68 Lin-Wood Public School
Lincoln-Woodstock Cooperative School District
72 Linwood Drive
Lincoln, New Hampshire 03251
Telephone (603) 745-2214

The Lincoln-Woodstock Cooperative School District, recognized as one of the Best Schools in NH, and located in a year round recreational setting in the White Mountains announces the following coaching positions for the 2018-2019 school year:

GIRLS VARSITY BASKETBALL COACH
BOYS VARSITY BASKETBALL COACH

Interested parties should send a letter of interest to:

Frances Bean
Lin-Wood Public School
P.O. Box 846 • Lincoln, NH 03251
603-745-2051 • fbean@lin-wood.org

Applications will be accepted until positions are filled.

The Lincoln-Woodstock Cooperative School District is an equal opportunity employer.

Middle/High School Fax Number (603) 745-6797
Elementary Fax (603) 745-3730
Accredited by New England Association of Schools and Colleges

TOWN OF SANBORNTON EMPLOYMENT OPPORTUNITY

Deputy Town Clerk/Tax Collector

The Town of Sanbornton has a vacancy for a full time (up to 37 hrs.) Deputy Town Clerk/Tax Collector at the Town Office. Applicants must be detail oriented and demonstrate a high degree of proficiency in all aspects of office work including computer skills and verbal communications; ability to handle the public with courtesy; must be trustworthy with confidential matters. Duties and responsibilities may vary.

Candidates must be a resident and a registered voter of the Town of Sanbornton, able to pass a criminal background check, credit check and able to be bonded. Experience is preferred. Applications are available at the Town Office 573 Sanborn Rd or visit our website, www.sanborntonnh.org. A job description is available upon request or on the website.

Applications will be accepted until May 15, 2018.

The Town of Sanbornton is an EOE.



A division of Belletetes, Inc.

Lumber Counter / Millwork Sales

This is a full time position in our Ashland Lumber store. Duties include assisting customers and contractors with product selection and order entry. Minimum 2 years experience in the building industry. Basic computer skills required. Excellent customer service skills a must. Will be required to work some Saturdays and Sundays. Saturday hours 7:30 - 5:00 pm and Sunday 8:00 am to 2:00 pm.

You may apply in person or download an application from our website. All applications should be submitted to:

Dan Uhlman, General Manager
20 West Street, Ashland, NH 03217
or you may email to duhlman@belletetes.com.

Competitive Wages Paid Vacation Paid Holidays Paid Time Off
Health Insurance Profit Sharing Store Discounts Much More!



Village Swim, Tennis & Fitness Club

(Now under new management)
At the Village of Loon Mountain

HELP WANTED

FRONT DESK OPERATIONS ASSISTANT

Summer Positions Available

As part of our friendly and hardworking team, the ideal candidates will assist in all facets of the Club including facility operations, maintenance, desk coverage, and guest services.

If interested in learning more about these positions and the benefits available, please call
Barbara at 603-745-3160



Upper Connecticut Valley Hospital

FULL TIME OPPORTUNITIES

- MT/MLT – 40 hours (day shift)
- RN M-S/CHARGE – 36 hours (night shift)
- RN M-S – 36 hours (night shift)
- RN Charge – 36 hours (night shift)

PART TIME OPPORTUNITIES

- OR NURSE SUPERVISOR

PER DIEM OPPORTUNITIES

- PER DIEM OPPORTUNITIES
- COOK
- CENTRAL STERILE TECHNICIAN
- SURGICAL TECHNICIAN
- RN

Apply Online at www.ucvh.org
Upper Connecticut Valley Hospital
181 Corliss Lane, Colebrook, NH 03576
Phone: (603)388-4236
ucvh-hr@ucvh.org

EOE

Call our toll-free number 1-877-766-6891

and have your help wanted ad in 10 papers next week!

Machine Operators

At Upper Valley Press, Inc., we believe our employees are our greatest assets! As an employee owned company, we are committed to developing our team members and watching our sales and profits grow!

We currently have positions available on all shifts for experienced machine operators. Do you possess the ability to run production machinery, pay close attention to detail and report to work on-time and when scheduled? Then we want to hear from you!

Upper Valley Press, Inc., a 100% employee owned (ESOP) company, provides excellent wages, benefits, 401(k) retirement saving and much more. We offer opportunities in a solid company with an excellent record of stability and growth. Please apply in person to:



UPPER VALLEY PRESS, INC.
Attn: Human Resources
446 Benton Road
North Haverhill, NH 03774
charrington@uvpress.com



HIGHWAY WORKER POSITION
32 HOURS PER WEEK

The Town of Thornton is seeking candidates for a Part Time Permanent Highway Worker position with the Town of Thornton Highway Department.

This position is a Labor Grade 5 with an hourly pay range of \$13.88 to \$19.59 depending on experience. This position is part time and not eligible for benefits.

A full job description and application is available on the Town of Thornton website at www.townofthornton.org or at Town Hall.

Please submit your completed application to:
Town of Thornton
Attn: Debra Shepard, Town Administrator
16 Merrill Access Road
Thornton, NH 03285

The deadline to submit an application is Monday, May 21, 2018 by 4:00 pm.

The Town of Thornton is an equal opportunity employer.



SAU 68 Lin-Wood Public School
Lincoln-Woodstock Cooperative School District
72 Linwood Drive
Lincoln, New Hampshire 03251
Telephone (603) 745-2214

The Lincoln-Woodstock Cooperative School District, recognized as one of the Best Schools in NH, and located in a year round recreational setting in the White Mountains announces the following openings for the 2018-2019 school year:

DIRECTOR OF PUPIL SERVICES
NH Certification as Special Education Administrator

SCHOOL SOCIAL WORKER
NH School Social Worker Certification Required

ELEMENTARY SPECIAL EDUCATION TEACHER
NH General Special Education Certification Required

HIGH SCHOOL SPECIAL EDUCATION TEACHER
NH General Special Education Certification Required

Interested parties should send a letter of interest, a resume, three letters of reference, and a transcript to:

Frances Bean
Lin-Wood Public School
P.O. Box 846 • Lincoln, NH 03251
603-745-2051

Job Applications are available on our website at www.lin-wood.org under the "Employment" section.

Applications will be accepted until position is filled.

The Lincoln-Woodstock Cooperative School District is an equal opportunity employer.

Middle/High School Fax Number (603) 745-6797
Elementary Fax (603) 745-3730
Accredited by New England Association of Schools and Colleges

PLACE YOUR AD, Get Read, GET RESULTS!





0% APR
FOR UP TO
72 MOS*

SIGN AND DRIVE

\$0 DOWN PAYMENT \$0 SECURITY DEPOSIT \$0 DUE AT SIGNING \$0 1st MONTHS PAYMENT

#CT18060
MSRP \$36,590

2018 CHRYSLER PACIFICA

\$6511 OFF **SIGN AND DRIVE \$349***
EVERYONE QUALIFIES! PER MO. FOR 36 MOS.



2018 RAM 1500 EXPRESS QUAD CAB 4X4

#CT18134, MSRP \$39,180
AutoServ -\$3414
Customer Rebate -\$6750
Chrysler Capital Bonus -\$500
Non-Prime Customer Cash -\$1250
Military Appreciation -\$500
Lease Conquest -\$1000

Backup Camera

TOTAL SAVINGS

\$13,414

BUY FOR **\$25,766***

OR LEASE FOR **\$238***

PER MO. FOR 39 MOS.

ZERO DOWN!



2018 RAM 1500 BIG HORN CREW CAB

#SCT18413, MSRP \$48,470
AutoServ -\$3470
Customer Rebate -\$5750
Chrysler Capital Bonus -\$500
Non-Prime Customer Cash -\$1250
Military Appreciation -\$500
Lease Conquest -\$1000

8.4 UConnect

TOTAL SAVINGS

\$12,470

BUY FOR **\$36,000***

OR LEASE FOR **\$389***

PER MO. FOR 39 MOS.

SIGN AND DRIVE ZERO DOWN!



2018 JEEP COMPASS LATITUDE

#CT18174, MSRP \$28,930
AutoServ -\$2130
Customer Rebate -\$2000
Chrysler Capital Bonus -\$250
Non-Prime Customer Cash -\$750
Military Appreciation -\$500
Lease Conquest -\$1000

TOTAL SAVINGS

\$6,630

BUY FOR **\$22,300***

OR LEASE FOR **\$233***

PER MO. FOR 36 MOS.

SIGN AND DRIVE ZERO DOWN!



2019 JEEP CHEROKEE LIMITED

#CT19001, MSRP \$34,815
AutoServ -\$2615
Customer Rebate -\$1250
Chrysler Capital Bonus -\$500
Non-Prime Customer Cash -\$1250
Military Appreciation -\$500
Returning Lessee -\$500

Leather, 8.4 UConnect

TOTAL SAVINGS

\$6,615

BUY FOR **\$28,200***

OR LEASE FOR **\$265***

PER MO. FOR 36 MOS.

SIGN AND DRIVE ZERO DOWN!



2018 JEEP GRAND CHEROKEE LIMITED

#CT8011, MSRP \$44,675
AutoServ -\$3452
Customer Rebate -\$3000
Chrysler Capital Bonus -\$250
Military Appreciation -\$500
Lease Conquest -\$1000

TOTAL SAVINGS

\$8,202

BUY FOR **\$22,300***

OR LEASE FOR **\$279***

PER MO. FOR 36 MOS.

SIGN AND DRIVE ZERO DOWN!

AutoServ
603-286-3141 • 40 East Main Street • Tilton, NH
AutoServ.com



*ALL PRICES AND PAYMENTS PLUS TITLE (\$27) AND ADMINISTRATIVE FEE (\$472), EXCLUDING "SIGN & DRIVE". PRICING ASSUMES ALL FACTORY REBATES AND APPLICABLE INCENTIVES ASSIGNED TO DEALER AND MAY NOT BE COMBINED WITH OTHER PROMO OFFERS OR ANY DIRECT MAIL SALE VOUCHER. NOT RESPONSIBLE FOR MANUFACTURER INCENTIVES/REBATES THAT EXPIRE OR CHANGE. PAYMENTS BASED ON TIER 0 (A CREDIT) APPROVAL. CDJR LEASES: ALL "SIGN & DRIVE" (S&D) LEASE PAYMENTS REQUIRE NO SECURITY DEPOSIT, NO MONEY DOWN & INCLUDE ALL FEES IN PAYMENT. ALL ADVERTISED LEASE PAYMENTS REFLECT ALL DISCOUNTS, MANUFACTURE REBATES AND PROMOTIONS (NOT ALL WILL QUALIFY). CDJR LEASES: #CT18134, TOP \$9282; #CT18060, TOP \$12,564; #SCT18413, TOP \$15,171; #CT19001, TOP \$9540; #CT8011, TOP \$10044; #CT18174, TOP \$8388. 0% APR: ON SELECT VEHICLES ON APPROVED CREDIT. NO DOWN PAYMENT REQUIRED. EXAMPLE: 0% APR MONTHLY PAYMENT FOR EVERY \$1000 FINANCED FOR 72 MONTHS IS \$13.89. NOT ALL CUSTOMERS WILL QUALIFY FOR CREDIT APPROVAL OR ADVERTISED APR. OIL CHANGE OFFER LIMITED TO MAXIMUM VALUE OF \$40 PER OIL CHANGE. NOT RESPONSIBLE FOR MANUFACTURE PROGRAM CHANGES. SEE DEALER FOR DETAILS ON ALL PROGRAMS AND OFFERS. ALL OFFERS END ON MAY 9th, 2018.