

Newfound Landing

THURSDAY, JULY 27, 2017

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COMPLIMENTARY

New playground will greet students at New Hampton Community School this fall

BY DONNA RHODES

drhodes@salmonpress.news

NEW HAMPTON — After two years of research, grant writing, fundraising and community collaboration, a new playground rose from the dirt at New Hampton Community School this past weekend, providing a safe and engaging place for children to get exercise and have a lot of outdoor fun.

Nora Foster of the school's PTO said after the organization purchased a new sign for the school two years ago, they sought another project and Principal Ann Holloran told them there was a real need for a new playground. Insurance inspectors had two pages filled with deficiencies concerning the 23-year-



DONNA RHODES

A large crew of volunteers gathered at New Hampton Community School last Saturday to erect a new play structure for all to enjoy. The project was headed up by the NHCS PTO and supported by numerous local businesses and private donations.

spending at \$50,000, an amount they felt they could successfully fundraise, they then narrowed the selections down to three options. From there the PTO took it to the kids themselves last spring to give them the final decision.

"Each of the classes were presented with the three choices and voted for the one we're putting together today," said Foster.

Among the features most of the children requested for a new playground were a track ride and a net climb, both of which were incorporated in the winning design.

To raise the money for the project, PTO members applied for as many as 17 grants, finally receiving one through the New England Electric Cooperative.

The group then turned to the residents and area businesses where they were met

SEE PLAYGROUND, PAGE A13

Migliore emerges as the favorite among Republicans in District 9 primary

BY DONNA RHODES

drhodes@salmonpress.news

REGION — On July 18, voters in Grafton County's District 9 for the New Hampshire House of Representatives were summoned to the polls for a Special Primary Election to select candidates seeking to fill a vacancy left when former representative Jeff Shackett moved outside the district earlier this year.

Voter turnout was low, as expected, but at the end of the day, those who did cast a ballot selected Republican candidate Vincent Paul Migliore and Democratic candidate Joshua Adjutant to move onto the ballot for the Sept. 5 General Election.

District 9 is comprised of the towns of Alexandria, Ashland, Bridgewater, Bristol and Grafton.

On the Republican side, Migliore was challenged by Paul Simard and Timothy Sweetsir (Burt Williams had

also thrown his hat into the ring early on in the race, but was later forced to withdraw), and dominated the results in most instances. The closest race for the leading candidate was in Bristol, where Migliore received 69 votes to Simard's 59, with five votes registered for Sweetsir. In all, Migliore had a total of 243 district-wide votes, Simard had 86 and Sweetsir trailed with 28.

For the slightly quieter Democratic turnout, there was no real challenge to Adjutant's write-in can-

SEE PRIMARY, PAGE A13

old playground that was still in place, and the PTO readily agreed that that would be their next mission.

The group hoped to find something more

engaging for children between the ages of five through 12, rather than the previous design focused on preschool-aged boys and girls. They began by

researching other local playgrounds and studying what was available through current manufacturers that would fit their budget.

Capping their

Hebron Fair celebrates 65 years Saturday, July 29

HEBRON — In 1952, when the ladies of the Friendly Circle of the quaint little Hebron Church started a small food and craft sale, they could not have imagined how large the event would become. Sixty-five years later, the annual Hebron Fair is the place to be on the last Saturday of July. It has grown into one of the biggest and most popular summer events in the Newfound Area. Admission is free, rain or shine, with pro-



COURTESY PHOTO

The 65th Annual Hebron Church Fair kicks off this Saturday, July 29, at 9 a.m.

Entertainer Daniel Jolley tickles the funny bones of young readers in Hill

BY DONNA RHODES

drhodes@salmonpress.news

HILL — The young readers of Hill Public Library were recently treated to an hour of laughter and fun when entertainer Daniel Jolley came by to Build a Better World with them through creativity.

Jolley's fast-paced antics and zany props immediately had both children and adults laughing out loud. From a scream machine to origami, a magic coloring book to balloon creations and magic wands, his humor did indeed build a world of fun for all who attended.

Some of the boys and girls even had the



DONNA RHODES

After his performance for the Hill Public Library summer reading program, Daniel Jolley invited the boys and girls to join him for a group photo where they were asked to show off their silliest faces.

chance to assist Jolley. One laughable act had

Liam, Maria and Marcus trying to keep up

with Jolley as he hilariously tried to keep up

SEE JOLLEY, PAGE A14

ceeds benefiting the Union Congregational Church of Hebron.

On Saturday, July 29, the festivities begin at 9 a.m. on the picturesque Hebron Common with the traditional ringing of the church bell. This year, about 100 vendors and non-profit organizations will spread across the green, selling their crafts, foods and specialty items. There will also be home-baked goods, plants and garden vegetables, Hebron Fair t-shirts, old fashioned children's games, the ever-popular dunking booth, horse rides, used books, white elephant with \$5-a-bag bargains, rummage, gift basket raffles, the silent and live auctions, lunch featuring a melting pot of homemade baked beans, plus lots more family fun. Please note there

SEE FAIR, PAGE A13

INDEX

Volume 4 • Number 30

- Opinion..... A4-A5
- Obituaries..... A6
- Towns..... A6,A7
- Churches..... A7,A13
- Arts & Ent..... A10
- Health..... A11
- Business..... A12
- Sports..... B1-B4 & B8
- Classifieds..... B6-B7

20 pages in 2 sections

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Father and son from Alexandria indicted in connection with local burglaries

BY DONNA RHODES

drhodes@salmonpress.news

ALEXANDRIA — On July 17, the Alexandria Police Department received indictments against Richard Davis and his son Darius Davis,

both of Alexandria, on charges stemming from two different local burglaries in the past month.

The men were both charged with the burglary of a residence on Fowler River Road

and Richard Davis was also charged with the burglary of the Alexandria United Methodist Church.

The Fowler River Road residence had a surveillance camera system installed at the time of the incident. Even though the suspects wore masks at the time of the burglary, local officers said they were able to identify the pair, primarily from their voices,

due to multiple contacts with the two men in the past.

With the information from the surveillance camera in hand, Alexandria Police were then able to link that incident to a burglary at the nearby church, which is believed to have occurred the same night.

As a result of the break-ins and evidence gathered from the two scenes, Alexandria Police were able to execute two search warrants at local residences. In those searches they not only recovered additional evidence, but discovered the drug Fentanyl at one home.

Richard Davis was indicted on both charges of burglary and is already incarcerated on other unrelated charges. Darius Davis was indicted on burglary, possession

of drugs and endangering the welfare of a child. Reports indicate he was released on bail as he now awaits trial.

An indictment is not a finding of guilt. It means that a grand jury has found sufficient evidence for the case to proceed to trial.

Anyone who has information related to these crimes is asked to contact the Alexandria Police at 744-6651.

Making It In Bristol event set for Aug. 5

BRISTOL — Central Square in Bristol will be the location for the Fourth Annual Making It In Bristol event sponsored by the Bristol Historical Society on Saturday, Aug. 5.

About 20 Bristol businesses will display

and sell their products. There will be photographers, woodworkers, artists, crafters and more. The event will begin at 9 a.m. and go until 2 p.m. The Historical Society will have items for sale and photos to few and order.

NH Marathon returns for 25th year Sept. 30

BRISTOL — Kathleen's Cottage and Amoskeag Beverages become Silver Spon-

sors of the 25th NH Marathon. We are thrilled to announce that the two businesses will be donating one free beer to each of the NH Marathon participants 21 years or older on the day of the event. The NH Marathon Committee has been working hard over the past 10 months to find ways to make the 25th running of the NH Marathon, Half, 10K and Kids Marathon a special day.

The NH Marathon, first held in 1993 as a single race event run mainly around Newfound Lake, has evolved into four different events: the 26.2 mile marathon, a 13.1

mile half marathon, a 10K race, as well as a kids' marathon run in sections that finishes on race day.

Now, more than 500 hundred runners from New Hampshire and across the U.S., as well as international runners, flock to Bristol each year to compete in these prestigious events. Both the marathon and half marathon have been recognized as superior events by Runners' World and the 100 Half Marathons Club. This year, its 25th anniversary, the event will be held on Saturday, Sept. 30.

Over the years, donors' fees, race entry

fees, and funds from related events have contributed nearly \$250,000 to three local organizations: the Tappley-Thompson Community Center, the Circle Program, and Camp Mayhew. These groups provide important support to area youth through year-round programs.

Registration for the 25th annual NH Marathon, half marathon, 10k and kids' run is now open. Access www.nhmarathon.com to complete the application there. You can also contact race headquarters at race@nhmarathon.com or 744-2713.

65th Annual Bristol Rotary Club Penny Sale set for Aug. 10

BRISTOL — The Bristol Rotary Club will hold its Annual Penny Sale on Thursday, Aug. 10 at 6:30 p.m. at the Newfound Regional High School on Newfound Road in Bristol. Please note the change in venue this year due to the renovations at Newfound Middle School. Now in its 65th year, The Rotary Penny Sale is one of New Hampshire's longest running annual fundraisers. Last year alone, the Bristol Rotary Club raised more than \$9000.00 for their scholarship fund for local youths in the New-

found Area seven-town district.

The Penny Sale works as follows: there are 3 prize rounds throughout the night offering 100 (or more) prizes in each round. Rotarians sell tickets for \$1 each prior to each prize round. If a person's ticket is drawn, they win a prize and their ticket goes back into the raffle drum to be eligible to win again and again. The more tickets a person buys, the better chances they have being a winner. There will also be Grand Prizes at the end of the three rounds, of which anyone that purchased a ticket is eligible to win, including a Kindle Fire Bundle, Picnic Table from RP Wil-

liams, Mountain Bike from Rhino Bike Works, Scratch tickets from Shackett's Store, Bristol Hannaford Super Gift Card, Home Heating Oil from Dead River Company, and cash!

A 50/50 raffle to benefit the Bristol Community Services, 100 sweepstakes tickets to benefit the Tappley-Thompson Community Center Summer Scholarship Fund, and a Silent Auction to benefit Rotary Charities will also be held. Food & refreshments will be on sale, and this has always been a great night of fun for all. For further information, contact Les Dion at the Tappley-Thompson Community Center in Bristol, or any Bristol Rotarian.

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Car Show to benefit NH Humane Society

BRIDGEWATER — Join the New Hampshire Humane Society on Saturday, Aug. 5 from 10 a.m. – 2 p.m. for the Fourth Annual Antique and Classic Car Show. Set on a bucolic 10-acre estate at 305 Whittemore Point Road North in Bridgewater, this is a family-friendly event with live music; demonstrations; a food court; games for the kids; a 50/50 raffle; silent auction, and; of course lots of cool antique and classic cars.

Pre-registration is only \$10 per car at nhhumane.org; or, registration will be \$15

per car at the gate, beginning at 9 a.m. on the day of the event. Show cars arriving between 9 and 10 a.m. will receive a free gift. All vehicles are welcome – specialty, custom, current and traditional collectibles. The show culminates in a drive around the Newfound Lake Loop at 2 p.m.

Visitors can view the vehicles, bid on silent auction items, and play games from 10 a.m. – 2 p.m. for a nominal entrance fee. All proceeds benefit the NH Humane Society.

The NH Humane Society is a local, stand-alone, 501(c)3 non-profit that does not receive funds from national animal welfare agencies – 100 percent of donations assist your local shelter. The NH Humane Society's mission is to provide shelter for the lost, abandoned and unwanted

animals; find responsible and caring forever homes for every animal that enters our shelter, and; advocate and be the voice for the voiceless. The Society works hard to prevent cruelty to animals and offers education and outreach programs, pet therapy, and many community initiatives to help people and their pets.

Car Pre-registration is available online now at www.nhhumane.org. For more information, contact Anne at 744-3632, or Lissa at the NH Humane Society at 524-3252, ext. 309 or Lissa@nhhumane.org; or to view adoptable pets and learn about all of the NHHS upcoming events visit www.nhhumane.org. \$10 pre-registration fee can also be sent by check to: Auto Trends, 215 Lake St., Bristol NH 03222.


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Alexandria police log

ALEXANDRIA — During the month of June, the Alexandria Police Department handled the following calls: two burglaries, two thefts, one DWI, six drug possession offenses, one case of illegal dumping, three court issued warrants

and 34 other misc calls. We also conducted 83 car stops and made seven arrests. Arrests were made for Illegal Dumping, Possession of Drugs (two counts), DWI (drug related), two Bench Warrants, one warrant out of Superior Court for Failure

to Appear, and Endangering the Welfare of a Child and Burglary.

Two search warrants were executed in relation to the burglaries, and one subject was arrested for one of the Burglaries. A second suspected is incarcerated on unrelated

charges and is expected to be indicted shortly for both burglaries.

We also responded to two (non-fatal) overdoses, one of which happened in a vehicle traveling on Route 104 which led to the DWI arrest.



COURTESY

Magician Bob Riordan coming to Gordon-Nash Library

The Gordon-Nash Library will hold its final family event on Tuesday evening, Aug. 1. New Hampshire magician Bob Riordan will astound all family members with his magic and entertain us with his comedy. From his Web site: "With an abundance of lively audience participation, Bob reaches out so that people feel personally involved, creating an atmosphere of intrigue and excitement. And all the while ... the tempo is kept upbeat with humor that ranges from the subtle to outrageous." This program is graciously funded by The Friends of the Gordon-Nash Library. Ice cream will be served starting at 6 p.m., generously donated by The Common Man Restaurants. Families are welcome to bring an ice cream topping to share. If you have questions about the event, please call the Gordon Nash Library at 744-8061. The library is located at 69 Main St. in New Hampton, and is a private non-profit library that is open to all residents, students, and sojourners.

"Cow patty Bingo" comes to Hebron's Family Fun Day Aug. 12

HEBRON — Parts of Hebron's beautiful town common will be converted into a cow corral as part of Cow Patty Bingo. What's that you ask?

As the Highlight of the Annual Family Fun Day celebration, at 4 p.m., two local cows, Daisey and Delilah, courtesy of Tannery Brook Farm in Hebron, will be

turned loose on a fenced in grid with 255 equally sized squares. Each square will have the number of a ticket purchased during the past few weeks and randomly assigned by drawing from a large jar containing ticket stubs.

Whichever cow drops a "Patty" first, will earn the owner of that ticket square, \$1,000 in

cold hard cash. Gordon Matthews, of Tannery Brook Farm, will be the official judge.

With a rain date of Sunday the 13th, Cow Patty Bingo is sponsored by Friends of the Hebron Library. There will also be a silent auction and raffle with many great prizes, including a cottage rental on Newfound Lake!

Tickets are available from the Hebron Library or from any member of the "Friends" Fundraising Committee. For additional information, call 744-3597 or 744-3014.

As you might imagine, tickets are going quickly, so buy yours today! Now's your chance to experience the "Sweet Smell of Success!"

Plymouth comes alive with the sounds of music at annual Make Music event

BY JULIA BLANK
Contributing Writer

PLYMOUTH — Plymouth came alive with sounds of music on Saturday, July 22 at the annual Make Music Plymouth event sponsored by the New Hampshire Music Festival.

Conductor Paul Polivnick lead the New Hampshire Music Festival Orchestra in a 10 a.m. concert for families at the Silver Center for the Arts. This festival orchestra is specially assembled from musicians from all around the country who want to share the gift of music with the community.

The concert program drew on on both popular and unknown pieces. The goal was to keep the audience engaged with old favorites while exposing them to new pieces they may not have heard. The selection ranged from the classical music of Mozart to the wild west fun of Aaron Copland. A particular crowd favorite was Beethoven's Fifth Symphony.

Cassie, age 12, of The Circle Program said, "I liked the Beethoven's fifth symphony because I learned a lot about Beethoven before, so it was familiar to me."

In addition to joyful and energetic pieces like Aaron Copland's Rodeo, the orchestra also played



JULIA BLANK

Valerie Watts of Oklahoma and Andrea Hixon of Wisconsin, members of the NHMF orchestra, play their woodwinds on Main Street. a sadder, more subdued piece from Silvestre Revueltas.

As Conductor Polivnick told the audience, "Music represents everything we experience here on earth.... when we're sad and upset music can help us deal with that."

Following the concert, the Plymouth Town Commons played host to many musical acts and events that attracted families from all over the region. The warm and breezy weather allowed for families to sit in the grassy commons and enjoy the community and the musical talent it had to offer. The New

England Music Festival of performers, including youth violinists and small trios of New Hampshire Music Festival Orchestra participants.

Deb Kosits, director of the NHMF, said this demonstrated the purpose of the day perfectly because it gave kids the chance "to get up close and personal with a real violin, a real piano, and real instruments."

In addition to the Commons, Plymouth opened its ears and storefronts to musical acts up and down Main Street. Families strolled by local shops, stopping to hear many different types of music. Outside SEE MAKE MUSIC, PAGE A13

TTCC announces date of annual lobster & chicken supper

BRISTOL — The Tapley-Thompson Community Center's Annual Lobster & Chicken Supper will be held at Kelley Park in Bristol on Saturday, Aug. 26 from 5:30 - 7 p.m. Don't miss this delicious summer tradition.

Tickets are available at the TTCC or at the door while they last. The cost is \$15 for Chicken, \$17 for Lobster & \$20 for a combo

of a lobster and quarter chicken. We offer kids hot dog plates for \$4.00. The meal includes salad, Walker's Farm corn on the cob, baked potato, cole slaw, fresh rolls, dessert and drinks. Dinner entertainment will be provided by 'Solitary Man.'

In the event of rain, the dinner will be held at the TTCC. For more information, call 744-2713.



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* Rain Date: August 6th
10am-2 pm

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Marijuana — it's not a big deal...or is it?

BY DEB NARO
Contributor

Have you noticed that attitudes are changing about marijuana? I've heard parents say, "He just smokes a little pot...it's not a big deal." Actually, it is a very big deal.

The struggle to keep our children away from marijuana keeps getting more and more difficult. Marijuana use is now legal in several states, New Hampshire has decriminalized marijuana, we have a local medical marijuana dispensary, and the media acts if everyone is getting high—this has created a culture of confusion for our kids about marijuana use. Don't buy into claims that it's just a little pot and they're not really doing it all the time. We need to get serious about marijuana, and if you suspect or catch your child getting high—do something about it immediately.

Today's pot is not the marijuana of the '60s or '70s. In the '70s, it contained 4 percent THC, and today it's over 18 percent, making it much more dangerous to developing bodies and brains.

Here are a few misconceptions debunked with facts. Marijuana use does not lead to other drug use: Long-term studies show that very few young people use other illegal drugs without first trying marijuana. People can still function on marijuana: Marijuana negatively affects memory, judgment, and perception. Marijuana is not addictive: Long-term marijuana use can lead to physical addiction and teens using marijuana frequently suffer from withdrawal symptoms. Effects of marijuana are minimal: studies have proven it can permanently lower a person's IQ up to eight points.

Here are a few warning signs of a problem. Your child may have red/and or blood shot eyes, loss of coordination, act giddy, tired, paranoid or filled with anxiety, and/or have the "munchies" and be hungry for any food they can get their hands on. With regular use of marijuana, your teen may start having problems with school work, declining grades, truancy issues, bad moods, and may quit their extracurricular activities and other hobbies. If their clothes smell like marijuana, you should be concerned and look for drug paraphernalia. These items may be hidden in their rooms, between mattresses, in fake cans, in jackets, backpacks or cars. Look for things like pipes, rolling papers, clips that smell like marijuana, baggies with residue, burn stains, scales, incense, and plant magazines.

If you suspect your child may be using marijuana, sit down and have a talk. It's always a good idea to consult your pediatrician for screening and follow up. You will then know if treatment is in order.

Remember drug use is not inevitable—it's preventable. Youth cite their parents as one of the largest influences in their decision not to use drugs. Your child is far less likely to use pot if you talk at an early age about the risks of drugs and talk about it often. More information on the risks of marijuana use and solutions can be found on our Youth Advisory and Advocacy Council's PSA, "CADY's World 2.0 the Marijuana Edition", on the homepage of the CADY website at cadyinc.org. If you have questions, always feel free to contact the CADY office at 536-9793—we're here to help!

PET of the Week Dodger



YOUNG, inquisitive and born with approximately 220 million olfactory receptors – we humans have a puny 5 million – and are blissfully unaware of the natural world that is a cacophony of scent to this handsome hound.

Hounds have either a HOT NOSE; meaning they can track a fresh trail or a COLD NOSE; able to follow an old or cold trail with no problem.

Needless to say, when you meet Dodger he's a dog on the go, reacting to the bombardment of fresh trail information



at New Hampshire Humane Society!

If you are as energetic as he (there will be no lollygagging on the couch) then it will be a match made in heaven. Dodger will do well in a home with older children, and he craves the company of another, good natured dog, but will prove his worth in a hound-savvy cat free environment.

Join us for the Antique & Classic Car Show in Bridgewater, NH Saturday August 5!

Check www.nhhumane.org for more details.

Letters to the Editor

A Democrat for Migliore

To the Editor:

To all voters who live in Grafton County House District 9 (Alexandria, Ashland, Bridgewater, Bristol, and Grafton), as a moderate Democrat who actively campaigned for Hillary Clinton last November, here's why you should vote for Vincent Paul Migliore on Sept. 5:

Vincent Migliore has consistently listened to his constituents of Bridgewater as he represents the town on the NASD school board. That is unheard of when you think of politicians. While I may disagree with many of his policy positions, he seems to be the only candidate who will speak for the voters of your district. Being the student representative to the school board this past school year, I was fortunate to see firsthand the issues and concerns that the district faces.

Migliore will be an independent congressman who will hear the concerns, issues, and ideas facing HD9. The last school board meeting that I attended, I saw who Migliore really was. A person who cares and will address concerns for his constituents. In the last school

board meeting, he heard the concerns of the lunch workers who were concerned about their benefits and pay under a potential deal with this potentially new food provider. He heard the concerns that the lunch workers addressed, and Migliore wanted to make sure the new deal with the food provider was contingent upon the lunch workers carrying over their sick time into the new contract. Migliore was very firm and upfront with Bus. Admin. Liminani about this issue.

Mr. Migliore, I hope when you get elected by your constituents, that you stay engaged with your constituents and hear them out on important issues both federally and locally. You seemed to do that already as a school board member, and I trust that you'll do that as a legislative member.

Voters of Grafton County District 9, vote for Vincent Paul Migliore on Sept. 5 in the special election against Joshua Adjutant.

Nick Crosby
Groton

Immigration does not lead to assimilation

To the Editor:

This is my 21st update, but this time, it will be a little different. I want to talk about why we should be concerned about immigration, particularly from Muslim countries. Frankly, it's all simple math.

When the majority of the population is different from the original ethnic mix, it changes the focus of the country. Our original majority ethnic mix was Judeo Christian, and this is the mix that enables this country to be the greatest country in the world. We and our constitutional republic cannot survive without a Judeo-Christian majority. It was the same group that originally formed the basis of Europe. We followed the cultural background of our European ancestors, but we took it to the next level to escape the chains of a feudal society. We recognized the origins of our liberty and acknowledged the source. The Europeans, seeing what had we had done, followed with similar actions but not to the same extent. Today they are paying the price. They were also infiltrated by the socialist communist movement coming from their east. They paid a price with their decisions to allow massive immigration and they are now reaping the consequences. We must not fall into the same trap. We must not abandon our source of liberty to follow them down the same path into catastrophe.

Germany and the rest of Europe sealed their fate 70 years or more ago at the end of WWII. They believed that government was the solution to all things, and their personal comfort was more important than the long-term survival of their culture. In fact, I think they took their cultural survival for granted. Two world wars made devastating changes to their conditions, but this was not an excuse to abandon the belief that people were the solution, rather than the government. Demographically, their birth rate is about 1.2-1.6 per female, and it takes 2.3 births per female to maintain a stable population. Germany and the rest of Europe have less than 15-20 years before their ethnic background is outnumbered. In Germany, first Turks were imported as workers, but that was not enough. The rest of the Muslim world was welcomed next.

It is the character of Islam that when they gain control, they remove history. They do not assimilate into the country that welcomes them. Remember all the old churches you visited in Europe? When the Mus-

lims gain control by sheer numbers, they will destroy them and any of the historical representation as well. It will not matter if the US comes to their rescue. It will be too late. Europe will cease to exist as we romantically remember it and as the travel brochures tell us. The failure is inevitable because they are below the replacement level to sustain the next generation. Say goodbye to Europe as we knew it!

By the way... the U.S. birth rate is barely 2.0, and I'm not sure that isn't enhanced by immigration, both illegal and legal. The interesting point is that most immigrants that are prevented come from Christian South American countries. Why are we so opposed to finding a way for them to legally immigrate and so ready to welcome large numbers of Muslims who want to eliminate us. We naively pretend their anti-Christian background will somehow assimilate.

Another interesting observation is that Mexico's birth rate is starting to drop below 2.3. Who is going to do the work that Mexicans won't do in their own country? Will Mexico build a wall? Will Mexico let neighboring countries transit en route to the United States or will they encourage them to stay in their country to supplement their dwindling population?

Please don't take my suggestion as supporting illegal immigration. I am not. People who came here illegally need to go home. If they choose to enter legally, they should meet the criteria and assimilate. But we need to regulate how they enter, and we must also limit the numbers we immigrate on the basis of what we believe is the best mix for the type of society we want to be, based on our history and what has been demonstrated to be effective.

Please contact me via email at Dave@Sanbornhall.net or call me at 320-9524 to share your thoughts or if you have questions.

Cheers!

Dave Testerman
Representative
Hill & Franklin

Editor's note: It is not ordinarily our policy to publish opinion pieces that constitute hate speech, as we believe to be the case with regard to Mr. Testerman's views on immigration, but as he is an elected representative to the state legislature, we felt that it was important for the local electorate to be aware of his position on this issue.

Newfound Landing

Proudly serving Alexandria, Bridgewater, Bristol, Danbury, Groton, Hebron, Hill, New Hampton and the surrounding communities.

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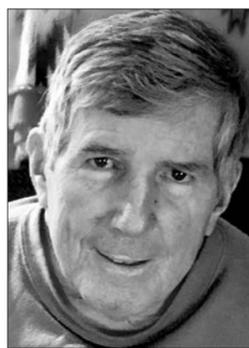
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North Country Notebook

An old road and old ways stand fast, in the face of an international scheme



By JOHN HARRIGAN
COLUMNIST

Route 145, which twists its way along the so-called “back way” from Colebrook to Pittsburg, is one of New Hampshire’s more sought-after roads.

Motorcycle riders and sports car drivers seek it out for the very reasons that it makes highway designers groan. It takes a certain amount of skill with steering wheel, brakes, and gas pedal to drive Route 145, even at the posted speed limit of 40.

Some who have to drive the road every



The replacement of a bridge between Colebrook and Pittsburg means that state decision-makers are getting a look at a slice of North Country life they might otherwise have missed.



(Left) Rod McAllister interrupted his chores to be a gracious barnyard host to a New Republic reporter (center) and a visitor from Yale.

day might be less enthralled. Nonetheless, the road is a designated Scenic Byway, and so far is one of the few New Hampshire roads

spared from the Goddess of Progress.

Route 145 reminds me of Route 113 around the north end of Winnepesaukee, and down into the relative sanity of the eastern shore. Sorry, west shore denizens--blame it on being in reach of 75 million people.

Roads like 145 and 113 exist because (a) they were laid out along Indian trails and cow paths, (b) the highway engineers and safety zealots haven't figured out what to do about them, (c) many people, locals and visitors alike, want them left alone, and (d) there's no money anyway.

+++++

Last week I hosted a Yale PhD candidate whose pursuit is dating ancient rocks

and soil sediments by the shells of mollusks lodged within.

Because I've been fascinated with the upper North Country's geology since boyhood, and because in my time nothing was taught about this in local schools, and because I had to learn from books and experience and just plain trying to figure things out, we had a lot to talk about.

The uncertainty about whether the most recent glacier occurred 14,000 or 15,000 years ago (a thousand years is about one-fourth of our recorded history) remains.

Scientists are still debating the date(s) of rock striations on the summit of Mount Washington, left by a mile-thick ice sheet (or sheets) long ago.

SEE NOTEBOOK, PAGE A13

Building wealth from the ground up

BY CHRISTOPHER LAUX, CFP, FIMA

As the next generation of wealth is busy building startups or running projects for major corporations they are also being confronted with new challenges. Explore several ways in which individuals coming into wealth from low- to middle-income backgrounds can take care of their own financial health and find balance.

During the day, the next generation of wealth is busy building startups or running projects for major corporations. If you are an individual coming into wealth for the first time from a low- to middle-income background, a unique set of challenges presents itself as you attempt to both manage and enjoy your hard earned-wealth.

One of these challenges may be student loan debt. Besides navigating yourself out of debt, it can be tough to navigate relationship dynamics and commitments when you are new to wealth. You may feel an understandable pull to give back to your family and community, but have a hard time balancing these commitments with those of your own self-care and personal investment.

As your financial position improves, it is common to experience guilt and overwhelming feelings as you notice your improved position relative to your family and friends. These feelings can have an impact on how you relate to your family and community and how you understand your role and function in those relationships.

Couple these feelings with others' new perception of you as a “wealthy” person, and it can be easy to fall prey to a perceived responsibility for others that exhausts your emotional

and financial resources.

Here are a few ways to take care of your own financial health as you navigate this exciting but challenging new position of wealth.

Start Saving Now

When we're young, it is easy to feel as if retirement is a lifetime away. We may spend very little time, if any, thinking about practical ways to prepare for our golden years. "I'll take care of that in a decade or two," one might think. But if anything teaches us that the time to start saving is now, it is the importance of compound interest on your retirement contributions.

For an example of how compound interest can make a considerable difference, imagine this example of a 22-year-old who starts contributing 10 percent of his \$60,000 annual salary to his 401(k), with 2 percent added by his employer. By the time of his retirement, he could end up with over a million dollars as his nest egg. In comparison, imagine a 45-year-old who contributes \$1,000 per month, but over just a 20-year period. She will reach retirement with around 50 percent less than the 22-year-old, even though she contributed more monthly and more in total over the life of her contributions.

Compound interest is a perfect reason to start saving now, even if all you can afford at the moment is a modest monthly commitment of less than 10 percent of your monthly salary.

Build a Budget

Scrap the “entitlement gene” mentality that is all too common among millennials. This is a mentality that resists advice, especially when it comes to budgeting. Rather than focusing on near-term pleasures, build a concrete

and coherent five-year plan to hunker down on short-term success.

In addition to the five-year plan, in the immediate term there are certain “rules of thumb” that may help to align you with smarter budgeting. For example, it is suggested not to let your monthly rent exceed 30 percent of your gross monthly income. Relatedly, try not to let your vehicle expenses exceed 10 percent of your income. And while it can be hard to determine how much to spend on your wants unless you have concrete figures, consider working with a 30 percent-and-under after-tax allowance for discretionary expenses.

S.M.A.R.T.1 Investments

There are a number of different ways to invest your wealth for long-term benefit. You might finally make a go at that startup idea or invest in further education. Purchasing your first home is another great way to invest your new wealth and ensure that this wealth supports you in the longer term.

It is understandable and admirable to want to give back to your family and community, but you will be of more service over time if you take care of your own financial health first by investing in yourself.

These three suggestions (saving for retirement, budgeting and investing) can help you to feel more grounded in your financial future, and also help to offset the stresses that come with new wealth.

Editor's note: Christopher Laux is a Financial Advisor, Senior Investment Management Consultant, and Financial Planning Specialist at the Gilford branch of Morgan Stanley Wealth Management. He resides in Hebron.

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Edward Jones: Financial Focus

Financial Moves for “Empty Nesters”

When your children leave home and you become an “empty nester,” you'll probably make several adjustments in your lifestyle. But how will your empty nest status affect your financial situation?

Everyone's story is different, involving a range of variables. But here are a few issues to consider:

• **Insurance** – If your kids are through school, your mortgage is nearly paid off and your spouse has accumulated a reasonable amount of money in an employer-sponsored retirement plan, you may not need life insurance to replace income or pay off debts. However, you might start thinking about other goals, such as ensuring your savings will last your lifetime or leaving a legacy to your loved ones or a charity. Life insurance may be able to help in these areas.

• **Downsizing** – Deciding whether to downsize your living space isn't just a financial decision – it's also a highly personal one. Still, downsizing can offer you some potential economic benefits. For one thing, if you still are paying off your mortgage, a move to a smaller place could free up some of your monthly cash flow, which, again, you could use to boost your retirement accounts. Furthermore, if your home has greatly appreciated in value, you might make a sizable profit by selling. (If you are single, you may be able to exclude \$250,000 of the gain on the sale of your home; married couples may have a \$500,000 exemption. Some restrictions exist on this exemption, though, so you'll need to consult with your tax advisor before selling.)

• **Estate plans** – Years ago, you might have made various arrangements in a will or a living trust that dealt with taking care of your children if something should happen to you and your spouse. For example, you might have established a trust and directed it to make payments to your children at certain times and for certain purposes, such as education. But once your children are grown and have left your home, you may need to review and update your estate plans.

Keep in mind, though, that “empty nester” status is not always permanent. You've no doubt heard about “boomerang” kids who return home after college and stay until they can afford a place of their own.

If your children become “boomerangers,” even for a short while, will it greatly affect your financial situation? Probably not. However, if your children are going to drive your car, you may want to be sure that they are listed on your car insurance. Also, if they are going to bring guests to your home, you might want to consider an “umbrella” insurance policy, which typically provides you with significantly greater liability protection than your regular homeowners policy. (In fact, it may be a good idea to purchase an umbrella policy even if you don't have grown kids at home, as this coverage offers you wide-ranging protection from potentially devastating lawsuits that could arise from injuries on your property or through an auto accident in which you are involved.)

You may have mixed feelings about becoming an empty nester, but, like most people, you will adjust. And by making the right financial moves, you can get off to a good start on this new phase of your life.

This article was written by Edward Jones for use by your local Edward Jones Financial Advisor.

For more information or to sign up for their monthly newsletter, contact your local Financial Advisor.



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Member SIPC

Ann Emerson-Knott, 85



FRANKLIN — Ann Emerson — Knott, age 85 years, was born Ann Louis Emerson on May 28, 1932 in Warwick, R.I., the daughter of Erlon Leslie Emerson and Phyllis Marjorie Emerson. Ann spent many summers with her grandmother, Rhodora Ann, in the home her grandfather, Henry, built alongside the Pemigewasset River, in Woodstock.

In 1950, Ann graduated with honors from Southern High School in Baltimore, Md. and worked as a legal secretary until she married John Delbert Knott in 1952. Their children are Margaret (Knott) Whedon and husband John of Franklin; John Knott, Jr. and wife Lisa of Canaan; Kathleen (Knott) Hitchmoth and husband Allan of Andover; and Harold Knott and fiancé Angie Cummings of Hill; and 10 grandchildren and 16 great grandchildren. After 42 years of marriage, Ann was widowed in 1994.

The oldest of five children, Ann was predeceased by her sister, Barbara (Emerson) DiNitto, and brother Erlon Emerson.

She is survived by her sisters, Claire (Emerson) Kemp of Clearwater, Fla.; Linda (Emerson) Cain and brother-in-law Robert of Glen; brother-in-law, Nick DiNitto of Ogonquit, Maine; and sister-in-law Sandy Emerson of Madison. Ann's family also includes several cousins, nieces and nephews and her Aunt Edna Emerson, who is 100 and a half years old.

Ann, her husband John, and their first two children moved to Danbury in 1956. Ann's contributions to the community began not long after. Ann and John were instrumental in bringing about the replacement of the town's three aging one room school houses with a more modern central school for Grades one through eight. To save the community money, Ann drew up the original plans for the three classroom building.

Ann and her husband John also organized much volunteer labor for the project and the school was built in 1961. Ann served as President of the PTA for several years. Today this school houses grades K - 5. In later years, Ann greatly enjoyed substitute teaching.

Ann became an active member of the Danbury Congregational Church, UCC, singing in the folk choir lead by then minister, the Rev. Donald Towle. She was a driving force in combining the "best of the best" when it was decided that two separate church buildings for one congregation was wasteful. The pews and the steeple bell were moved from the old "summer church" on High Street, down to the year-round church on Route 104. The old church was then renovated and became the Danbury Community Center.

In 1977, Ann trained at the Police Standards and Training Facility in Concord and filled the need for a female officer in the Danbury Police Department. Upon the chief's transfer to another department, she was elected to replace him in March of 1981, making her the first female Chief of Police in the State of New Hampshire. State Troopers and local officers, as well, respected her excellent work with domestic violence and sexual abuse cases and her innovative management of punishment and / or prevention of teen crime. Ann partnered with her two faithful, trained police dogs over the years and remained as Police Chief until 1989. The former Chief returned and Ann continued as an officer until 1991, when it became necessary for her to retire for health reasons.

Realizing that the nearest ambulance was based 10 miles away, Ann recognized the need for better emergency response times to accidents and medical crises. With the help of Debbie Glidden

and Phyllis Wiggin, Ann encouraged other interested citizens to take emergency medical training, and together, they formed the Danbury F.A.S.T. (First Aid Stabilization Team) to provide more immediate medical attention. For this work, she was honored as Danbury's Citizen of the Year in 1983 by the Blazing Star Grange #71, of which she had been a member for many years.

Ann attended theology classes and became a lay minister, while serving as Senior Warden for Trinity Episcopal Church in Tilton and also at St. Jude's Episcopal Church in Franklin.

One of Ann's favorite hobbies has been oil painting. Her portrait of the Old Man of the Mountain, painted before he fell, has been a family favorite along with the Woodstock Covered Bridge. Ann's love of art and of the ocean turned her attention to the many art conferences offered at Star Island, Isles of Shoals. She has enjoyed creating oil paintings of White Island Light, the Chapel on Star Island and especially a self-portrait, standing among the wild roses on Smuttynose Island and looking seaward. In 1990, a small grassroots group of people from these summer conferences decided to do what they could to save the neglected and deteriorating, historic Captain Haley House (circa 1760) on Smuttynose Island. Ann became one of the original volunteer members of the "Smuttynose Rangers" and spent time camping there several days during each summer for many years, doing whatever maintenance work she could to support the restoration project. She promoted this "working vacation opportunity" to family and friends. Her grandchildren and great-grandchildren still participate in this ongoing project today.

In 2001, Ann moved to Franklin, and continued to pursue a lifelong interest in her genealogical research, especially after discovering that she was a direct descendant of one of Franklin's founding fathers and that in 1909 her grandfather, Henry Emerson, had operated a barber shop in nearby Tilton, where Onions Pub is now located in the Tilton Inn.

After a long illness, much of it weathered at home with care from family and the wonderful nurses and nursing assistants from the Concord Visiting Nurses Association, Ann passed away quietly in her sleep at CVNA Hospice House in Concord in the early morning

hours of Sunday, July 23, 2017.

In lieu of flowers, the family asks that you kindly make a tax deductible gift to the Concord Visiting Nurses Association - Hospice House, addressed to: The Slusser Center, Concord Regional VNA, 30 Pillsbury St., Concord, NH 03301 or if you prefer, donations may be made online at www.CRVNA.org in memory of Ann Emerson-Knott. Your gift will support the wonderful ongoing care they give to those

in need.

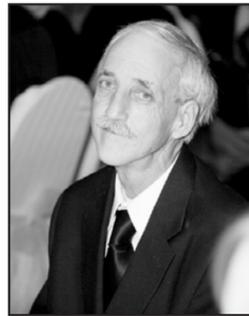
Smart Memorial Funeral Home, 584 West Main St., Tilton, will be in charge of the arrangements. Please visit the Web site www.smartfuneralhome.com to visit Ann's page and sign Ann's guestbook.

Calling hours will be held on Saturday, July 29, 2017 from 2 to 4 p.m., with a short service / remarks taking place at 3 p.m. A reception with refreshments will follow from 5 - 7 p.m. at Danbury Community Center on High Street in Danbury. A grave-

side burial service will take place at 11 a.m. the following morning at the family plot in the village cemetery on Route 3 in Woodstock. Ann will be laid to rest beside her husband, John.

A Celebration of Life / Memorial Service will be held on August (date to be announced) with the Rev. Ruth Martz officiating at Sanbornton Congregational Church, UCC on Meeting House Hill Road in Sanbornton, where Ann became a member in 2007.

Stephen H. Lyford, 64



PLYMOUTH — Stephen H. Lyford, 64, died at Dartmouth Hitchcock Medical Center in Lebanon on July 18, 2017 following an extended illness.

Born in Plymouth on July 17, 1953, he was the son of Norman E. and Thelma M. [Ferrin] Lyford. Steve was raised in Ashland; he attended Ashland schools, and was a 1972 graduate of Ashland High School.

Steve went on to New Hampshire Technical Institute in Manchester; following his school years, he was employed at L.W. Packard Woolen Mills in Ashland, Winston Titus Construction Co., and the Town of Ashland Highway Department for many

years. Steve enjoyed hunting and fishing, wood working, and gardening.

He is survived by his wife of 22 years, Carole [Goodwin] Lyford of Plymouth; his son Josh Lyford of Exeter; his daughter Sally Lyford of Campton; son Elijah Lyford of Plymouth; his father, Norman E. Lyford of Ashland; his brothers, John Lyford of North-

field, Donald Lyford of Northfield, Paul Lyford of Ashland, Mark Lyford of New Hampton, and Alfred Lyford of Camp-ton; his sisters, Jane Lyford Sawyer of Ashland and Sara Miller of Lakeland, Fla.; aunts, uncles, nieces, and nephews.

Calling hours were held at the Dupuis Funeral Home, 11 Hill Ave. in Ashland, on Monday, July 24, 2017 from 6-8 p.m. Donations may be made to the Juvenile Diabetes Foundation of New Hampshire, 175 Ammon Drive, Suite 201, Manchester, NH. 03103.

Dupuis Funeral Home in Ashland is handling arrangements; for more information, go to dupuisfuneralhome.com.

Towns

Alexandria

Judy Kraemer 744-3532
judy7@metrocast.net

From the woods

This intermittent rain and heat has brought a couple of flowers to my garden that I haven't seen for a long time. Pink Malva looking like miniature hollyhocks and a small blue campanula. It has added a bright spot to a very green space. Meadow sweet shrubs have sprouted where large burning bushes were cut last year. It has been said that no bare ground will be barren long in New Hampshire.

So as Bev Patten and Brenda Ackerman have one before me, I will turn this column over to Merry Riggirello for new growth.

From the town

Voter turnout for the primary election last week was 15 percent of registered voters. I hope for more than that in September. It up to each of us to have a voice in our future.

Church Fair

Saturday, Aug. 12 on the church green, the annual town gathering will take place.

Food, music, and white elephant tables under tents. Make that one of your stops
8 a.m. to 2 p.m.

Danbury

Donna Sprague
huntoonfarm@myfairpoint.net

Church Fair

The South Danbury Church Fair is almost here - Saturday, July 29, from 9 a.m. to 2 p.m. at the church (1411 U.S. Route 4 in South Danbury). It begins with

90 minutes of live music featuring eNfolk, a/k/a Paul Hubert and Chicken Willie. Mary Lyn Ray reads from her children's books at 10:30 a.m., and Donald Hall - National Medal of Arts recipient and recent Poet Laureate of the United States - reads from his prose and poetry at 11 a.m. The day includes a Yard Sale - Bake Sale with homemade treats (and baked beans, too) - Homemade Ice Cream - Crafts - Collectibles & Household Treasures - 50/50 Raffle - Kids' Corner - Lunch with hot dogs, burgers, salads and baked beans - and a noontime Auction with the entertaining Doug Windsor.

Our historic church is celebrating its 150th anniversary with a historic preservation project assisted by the NH Land & Community Heritage (LCHIP) program. Learn more about the project at the fair, and see firsthand what's being done. For more information, or to donate items for the Auction or Yard Sale, call or text 491-3196 or southdanburychurch@gmail.com.

Last week, it was mistakenly noted that the proceeds from the annual fair would benefit the preservation project. However, the annual fair proceeds are used every year toward the operating expenses and will be used as usual in that manner. Sorry for any confusion.

South Danbury Sunday Service

During the summer months, the South Danbury Church worship services will be a breakfast potluck at 8:30

a.m. All are welcome and encouraged to attend. If there isn't time or opportunity to bring something, it's OK to come anyway - there is always more than enough food for everyone at the South Danbury Church!

Groton

Ruth Millett 603-786-2926
rem1752nh@gmail.com

There was an open house with the Granite State Power Link on Wednesday, July 19. I was not able to attend. I hope some residents were able to be here for that presentation. We did attend the Select Board meeting some time ago when a representative from GSPL came to give the Town information on the project that will affect the state. There is information on the Town Web Page including the Power Point presentation slides that were presented during the open house is you are interested.

The 2017 Groton Old Home Day will be held on Aug. 5 at the Everett Hobart Memorial Park on Sculptured Rocks Road in Groton. There is a 5 p.m. lineup time for the parade which will start at 5:30 p.m. Cash Prizes will be awarded. 6 p.m. BBQ till all the food is gone. 6:30 - 8:30 p.m., live music from the Stolen Thunder band. There are raffles and games, food and crafters displaying their wares and I believe the Library Committee is having a book sale throughout the evening and then



How to Submit Announcements & Obituaries To Salmon Press Publications

Obituaries and Announcements of special events such as weddings, engagements, and anniversaries are published **FREE OF CHARGE** in any/all Salmon Press newspapers.

Obituaries can be sent to:
obituaries@salmonpress.com

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weddings@salmonpress.com

Photos are also welcome, but must be submitted in jpeg format.

Please contact Executive Editor
Brendan Berube at (603) 279-4516, ext. 111
with any questions regarding the submission process.

Churches

Ashland Community Church

Ashland Community Church is located at 55 Main St., on Route 3 in Ashland (across from Shurfine Market). Parking is available next to and behind the church.

Sundays

9 a.m. — Early Worship Service, followed by coffee/fellowship in the church dining room.

9:25 a.m. — KidZone for K-grade six

Special Needs Ministry-high school-adults

11 a.m. — Contemporary Worship Service

11:15 a.m. — KidZone for K-grade 6

11:15 a.m. — Youth Sunday School

“Toddler Zone” is available at both services for infants to age five. Before the contemporary service, please join us for coffee and healthy snacks.

KidZone

Debbie Madden leads the K-sixth grade class. Kids will love the great videos and games that teach someone age appropriate lessons in a loving atmosphere.

Axyon Youth Ministry, for grades six through 12

Fridays from 6:30-8:30 p.m. at Mill #3 (39 Winter St.), just around the corner from the church. This youth ministry will be meeting every week, and is led by our youth and worship pastor, Aaron Stout, along with our volunteer youth leader staff. This youth group ministry is open to youth not only from Ashland, but surrounding towns as well. Spread the word and bring your friends.

Mondays

8 p.m. — Alcoholics Anonymous Group

meets in the Church dining room.

It is our desire to help you understand God's incredible grace and love. If you have any questions, please call Pastor Ernie Madden at (office phone number) 968-9463. You can also e-mail him at accernie@hotmail.com or visit the church Web site, ashlandcommunity-church.com.

We believe that you will love it at Ashland Community Church. We are a friendly, loving and caring church that studies and shares the word of our dear Lord and Savior. Our vision is to become a church that un-churched people will love to attend. Our mission is to lead people to live and love like Jesus, and to help others do the same.

Real church. Real people. Real simple.

We look forward to seeing you on Sunday. And remember, just come as you are! No perfect people allowed!

Family Worship Center Ply. Assembly of God

Greetings from Family Worship Center Assembly of God church located at 319 Highland St., Plymouth, NH 03264. If you do not have a home church we invite you to come and join our warm and friendly family here at Family Worship Center. Please feel free to contact our Pastor, Rev. Glen Yungmans at 726-0254 or 536-1966. Feel free to check out our Web site as well: assembly-of-godplymouthnh.org (Note: no ‘www.’). Our upcoming schedule is as follows:

Thursday, July 27:

On Thursday, July 27, come out and join us for our family night at church. We offer the fol-

lowing programs from 6:30 to 7:30 p.m.:
Royal Rangers: Boys from Elementary School through High School
MPact: Girls from Preschool through High School
Adult Bible Study: In our fellowship hall, Pastor Glen is currently leading this study.
Please come out to this time of fellowship and training.

Sunday, July 30 Sunday Morning

Come on out and enjoy Bible and Bagels before Bible Study, and get a cup of juice, or coffee and a bagel from 8:30-9 a.m. Following this is our Sunday School classes for all ages from 9-10 a.m. Immediately after Sunday School we head into our regular Sunday Morning Worship Service, which features contemporary music and a Biblical message brought by our Pastor. We offer Children's church and nursery during our services.

Sunday Evening

Sundays at 5 p.m., we have a time of prayer in our sanctuary. No prayer experience needed. All you need to do is come and talk to the Lord and trust the Lord to meet your needs and the needs presented. If you have a prayer request you may put it in the green box in our hall way marked prayer requests.

Looking Ahead:

Sunday, Aug. 6: 6 p.m. Haitian Children's choir will be ministering during this special evening Service.

Friday, Aug. 11: Food, Fun, and Fellowship at the home of Rev. Ray Hahn in Campton.

Sunday, Aug. 13: Monthly Fellowship luncheon, immediately following the morning Service. This will be a pot luck, however, if you cannot bring a dish please feel free to stick around and enjoy the luncheon and fellowship.

Saturday, Sept. 9: Town wide yard sales, please keep posted for more information to come.

Our Schedule:

Sunday:
8:30 a.m. Bible and Bagels
9 a.m. Sunday School
10 a.m. Morning Service
Monday: First and third Monday of the Month
10 a.m.-2 p.m. Helping Hands Food Pantry
Thursday:
6:30-7:30 p.m. Family Night
Friday: Second Friday of the month
6 p.m. Food, Fun, Fellowship
Saturday:
Third Saturday of the month: 10 a.m. Ladies Fellowship
Last Saturday of the month: 10 a.m. Men's Brunch

Our Mission Statement:

Transforming Lives Through God's Word
Please give announcements for Sunday Bulletin to the church office by 4:30 p.m. on Tuesday by email: fwcag@hotmail.com or gyungmans@hotmail.com, or contact the church, 536-1966 or Pastor, 726-0254. Everyone is welcome to all of our

services. The church is handicapped accessible on the east entrance. Please note the church's Web site: assemblyofgodplymouthnh.org.

Hebron Union Congregational Church

All are welcome to join in our worship services on Sundays at 10 a.m., followed by coffee hour. Please come meet our new Interim Minister, Rev. Earl Miller

We gather once a month to make soup for people in our local communities. Our next soup route is in August. While we are making soup for others, we also share a meal of soup, salad, bread and dessert. If you would like more information about Soup Route, would like to volunteer, or would like to receive soup from us, please contact our Church Office using the contact information below.

The 65th Annual Hebron Fair, which is always on the last Saturday in July, is July 29 this year. We are no longer accepting donations, but come and enjoy the fun - Free Admission, About 100 Craftspeople, Pony Rides, Children's Games, Rummage, White Elephant, Delicious Foods, Baked Goods, Plants, Books, Lunch featuring Homemade Baked Beans, Silent Auction 11 a.m.-2 p.m., Live Auction at 1 p.m.

Our church is located in the center of historic Hebron village at the intersections of North Shore Road and West Shore Road. Our church secretary's office hours are Tuesdays from 9:30-11:30 a.m. and Wednesday and Thursday afternoons from 1-3 p.m. and our phone number is 744-5883. Our address is 16 Church Lane, PO Box 67, Hebron, NH 03241. The secretary's email address is staff@hebronchurchnh.org. To find out more about our church, please visit the church website at www.hebronchurchnh.org. Rev. Miller is also available to meet with parishioners and community members. You can call him at 491-8738 or you can make an appointment by contacting the Church Secretary, Linda Kriss using the contact information in this paragraph.

Holy Trinity (Roman Catholic)

Day Away program

Are you caring for a loved one diagnosed with Alzheimer's or Dementia? The Day Away program has openings available and offers a wonderful chance for family members with dementia to experience a day away from home with various activities to do with caring staff and volunteers (with meal included), while also giving the caregiver some much needed time off. Come by and visit between the hours of 9 a.m. and 3 p.m. every Thursday in Simard Hall underneath Our Lady of Grace Chapel. Day Away is a non-de-

nominal program open to all qualified participants in the Lakes Region. Volunteers are always needed. Visit our Web site at www.respiteforcaregiverdayaway.wordpress.com

Summer Mass Schedule Saturday

4 p.m. St. Matthew Church

5:45 p.m. Our Lady of Grace Chapel

Sunday

7:30 a.m. St. Matthew Church

8 a.m. Our Lady of Grace Chapel

9:30 a.m. St. Agnes Church

9:30 a.m. Our Lady of Grace Chapel

11:30 a.m. St. Matthew Church

No matter what your personal history, age, background, race...no matter what your present status in the Catholic Church...no matter what your current family or marital situation...no matter what your own self-image is, you are invited, welcomed, accepted and loved here at Holy Trinity Parish.

Eucharistic Ministers serve our parish in the distribution of Holy Communion at Mass. In addition to assisting the priest once or twice a month, willing members of this ministry may be trained to bring the consecrated host to members of the parish who cannot attend mass. This could include visitation in hospitals, nursing homes and assisted living facilities. Eucharistic ministers also bring Holy Communion to the home-bound and the elderly. Eucharistic ministers, once approved by the bishop, are trained and serve the Mass they most often attend. If you feel called to this ministry or would like further information, please call the Plymouth office at 536-4700.

No matter what your personal history, age, background, race...no matter what your present status in the Catholic Church...no matter what your current family or marital situation...no matter what your own self-image is, you are invited, welcomed, accepted and loved here at Holy Trinity Parish.

Are you or someone you know interested in becoming Catholic? The RCIA program starts this October with an inquiry period where you can come and ask questions and learn more. Please call 536-4700 for more in-

formation.

Bishop Peter A. Libasci invites all couples who are celebrating their 25th, 30th, 35th, 40th, 45th, 50th or beyond wedding anniversary (anytime during the year 2017), to attend a Special Anniversary Mass. This celebration will be held on Oct. 15 at 2 p.m., at St. Joseph Cathedral, Manchester. If you are celebrating your 25th, 30th, 35th, 40th, 45th, 50th or beyond anniversary, please contact the parish office at 536-4700 by Sept. 22. We will need your last names, first names and mailing address. Please also indicate your special anniversary year.

Ushers and Greeters belong to the Holy Trinity Hospitality ministry. If you would like to be of great service to our parish family, please consider Hospitality. Greeters welcome our parishioners and guests to weekend Masses and our other liturgies. Catholics have always been known for their hospitality, and if you like people, this is the ministry for you. In addition to taking up the collections, our ushers make sure that everything runs very smoothly during our liturgies. If you feel called to this ministry, or for more information, talk to one of our greeters or ushers or call the office at 536-4700.

Weekly Meetings

Thursday, July 27

Day Away Program, Simard Hall, 9 a.m.

Men's Group, North American Martyrs Oratory, 10 a.m.

Cub Scout Meeting, St. Matthew Hall, 6 p.m.

Sunday, July 30

Boy Scout Meeting, St. Matthew Hall, 5 p.m.

~AA meeting Monday-Saturday, St. Matthew Hall 11 a.m.~

Star King Unitarian Universalist Fellowship

Starr King Unitarian Universalist Fellowship is a multigenerational, welcoming congregation where different beliefs come together in common covenant. We work together in our fellowship, our community, and our world to nurture justice, respect, and love.

Sunday, July 30, SEE CHURCHES, PAGE A13

Towns

FROM PAGE A6

there will be fireworks at dusk. We hope to see you there. For any further information, please contact the town offices.

As some of you may already know, the Town Clerk's Office is looking for a Deputy Town Clerk/Tax Collector. This is a part-time job one or two afternoons per week. Experience preferred, but there is additional and ongoing training. If you are interested, please call the Town Clerk's office 744-8849.

The North Groton Rd. will be closed for repairs between Hall's Brook Road and Route 118 on Monday and Tuesday, July 24 and 25 from 7 a.m. to 5 p.m.

Meetings and Closures Coming Up:

Select Board Meetings are usually held every first and third Tuesday. The next two meetings will be Aug. 1 and Aug. 15 at 7 p.m. at the Town House. There will be a Select Board Work Session on Aug. 1 at 5 p.m.

The Town Clerk/Tax Collector Office will be closed Aug. 18 through Aug. 23 for vacation. Please plan ac-

ordingly as the Lien/Deed execution date is August 25th. Remember that tax payments may be made through our Town Web site at www.gotonn.org. Lien/Deed notices will go out on July 25.

Planning Board Meeting is scheduled for July 26 at 7 p.m. at the Town House.

There will be a Conservation Committee meeting on Aug. 10 at 7 p.m.

Hebron

Bob Brooks 744-3597
hebronnhnews@live.com

Hebron Fair News

The 65th Annual Hebron Fair, which is always on the last Saturday in July, is July 29 this year. The auction tent is up so we can accept the larger items now. We do not accept Mattresses, Bed Springs, Windows & Screens, Skis, Poles & Boots (unless new), Tires & Wheels, Televisions (unless flat screen), Microwaves, LP Tanks, Dehumidifiers, and Cassette Tape Players. Items that require prior approval are: Stoves, Refrigerators, Computers & Peripherals, Freezers, & Stuffed Furniture. See you at the Fair!

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Parkhurst Plaza

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Rite Aid Bristol

Shop& Save Bristol

Wizard of Wash

DANBURY:

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HILL:

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NEW HAMPTON:

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Irving Gas Station

PLYMOUTH:

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Common Café

Stinson Lake Store

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TENT SALE HOURS:
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 Friday July 28th - 10 to 7pm
 Saturday July 29th - 9 to 5pm
 Sunday July 30th - 10 to 5pm
 Monday July 31st - 10 to 5pm

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|-----------|------------------|
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Sealy Crown
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|-----------|------------------|
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See what classes are being offered during August at Artistic Roots

PLYMOUTH — On Aug. 15, Lynn Faust will offer a Melted Glass Summer Sun Catcher Class from 5-7 p.m. Participants will create beautiful glass designs to place in a window and catch the light. They can also make a nightlight. Students will learn to use stringers, frit and how to cut and place glass.

Cost of the class is \$25 for members and \$35 for non-members

On Aug. 22, Suzan Gannett will offer an Acrylic Painting Class from 5-7 p.m. Participants will make their own 11-by-14-inch painting of a landscape. The painting will be taught step by step and participants will be able to finish the class

with a painting suitable for framing. Cost is \$30 for members, \$35 for non-members.

On Aug. 29 from 5-7 p.m., Suzan Gannett will offer a Zen Doodle Flowers Class. You will learn how to incorporate Zen Doodle Designs into flowers. All materials are included. The cost of the class is \$20 for members and

\$25 for non-members.

Coming on Mondays beginning on Sept. 11 and through Oct. 30 from 6-8 p.m., Annette Mitchell will offer the class, Basic Drawing and Beyond. The weekly themes are as follows: Format and Composition, Sighting and Composition, Volume and Drawing Cylindrical Objects, Value and Shading, Center of Interest, Contour/Gesture/Speed of Delivery, Perspective, and Alternative Tools. The cost for Members

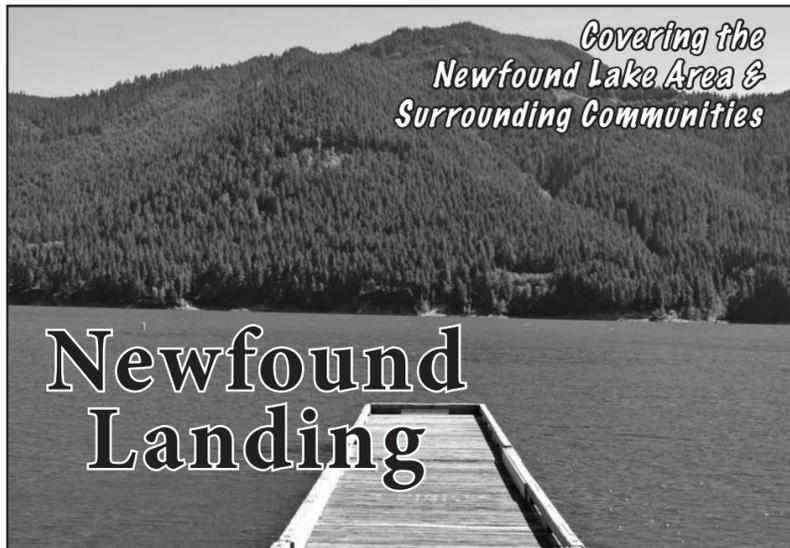
for 1 session \$100, for both \$180, the cost for Non-Members is \$110 for 1 session and \$200 for both sessions. The class is limited to 12 students. Please note that until a class is paid for, you are not officially enrolled. All classes should be paid for at least by the day before the class.

Each month, Artistic Roots also offers an open knitting class held weekly on Sundays from 2-4 p.m., sponsored by fiber artist, Polly Bartlett. This

class is free, and all are welcome to attend.

All classes are offered in our newly renovated studio. Come and see what a great space Artistic Roots has for offering art classes to our communities.

Become a Supporting Member! The cost is \$25 annually and you receive a discount on all classes offered at the gallery. Artistic Roots is on 73 Main St. in Plymouth. You can register for classes by stopping by the gallery or phoning 536-2750.



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Never let your gun get in the wrong hands.

Photo: Grant Delin

Your family, friends and neighbors are all counting on you. If you own a firearm and are not using it, please be responsible and be sure that it's stored in a safe place. Visit nccp.org to determine the best firearms safety solution for you.



NH Fiddle Ensemble at Little Church Theater Aug. 2

A fun, entertaining, feel good acoustic show with guitars, mandolins, banjos, basses and a jam session

HOLDERNESS — Be ready to tap your feet and dance in your seat!

On Aug. 2 at 7 p.m., the NH Fiddle Ensemble, led by Ellen Carlson and Kathy Sommer, will bring their rousing fiddle playing, exhilarating, feel good show to the stage of Little Church Theater.

The NH Fiddle Ensemble is a group of acoustic musicians on guitars, mandolins, banjos, and basses playing a full range of folk, country, pop, swing, rich melodious Irish, classical, Cajun and bluegrass music. The ensemble is as diverse as a group can be, ages 6 to 85, all professions, all instruments, but its members have one thing in common - they love to play together. Tickets are \$10 and can be purchased online at littlechurch-theater.com or by calling 968-2250.

"It's more than just fiddle tunes," according to Ellen Carlson, NH Fiddle Ensemble coach. "There are kids playing fiddles behind their backs and hula-hooping while they play, a 75-year-old woman stepping up to rip up a bluegrass fiddle tune solo, a 50-year-old teetotaler who can belt out a great Irish drinking song, a 60-year-old woman singing the blues, a stone mason who steps up to play an upright bass solo on a swing song, and so much more."

Kathy and Ellen are no strangers to the violin/fiddle. Performing with numerous groups since they were very young, they are known for their double fiddling and improvisational abilities. They are on several recordings with bands such as The Fiddleheads Band, Sweet (Red) Hot and Sassy, The High Range Band, and The Buskers. Both Ellen and Kathy enjoy playing a wide variety of musical styles. Drawing on bluegrass and classical roots, both are adept at swing, western swing, country, old-time, cajun and jazz. They have learned from some of the hottest performers today at various fiddle camps throughout the nation: Mark O'Connor; Buddy Spicher; Jay Unger; Matt Glaser; Barbara Lamb; and the Turtle Island String Quartet. They have also taken their fiddling and teaching expertise into the schools giving fiddle workshops and working with orchestras.

Research shows teens who regularly eat as a family (5-7 times per week) are 33 percent less likely to use alcohol.

Encouraging news:

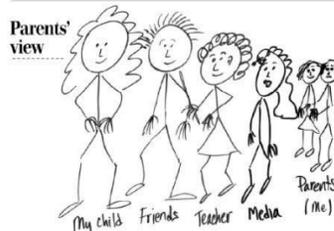
Central to this media campaign to eliminate underage drinking is the encouraging news that studies show parent disapproval is the **No. 1** reason children choose not to drink alcohol. Parents empowered can trump peer pressure.

The most effective parenting techniques are among the most simple, including:

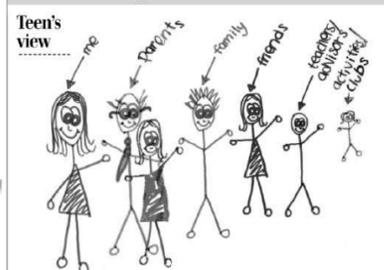
- Set clear rules about no underage drinking
- Know where your children are and whom they are with
- Know your children's friends
- Ensure your children's social environments are alcohol-free
- Have daily, positive communication and interaction with your children
- Eat dinner together

Most parents don't realize they are the No. 1 influence in their children's lives.

When parents were asked to draw the greatest influences on their teens, they placed themselves last.



When teens were asked to draw the major influences in their lives, they placed their parents first, before peers and activities.



Partnership for **drugfreeNH.org**
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Mid-State Health Center welcomes three new providers

Mid-State is pleased to welcome two nurse practitioners and a behavioral health provider to its growing care team

PLYMOUTH — Mid-State Health Center is pleased to announce the addition of Amy McCormack APRN, Megan Sottak APRN, and Kim Spender LICSW to our team of providers offering medical and behavioral health primary care services.

As a Nurse Practitioner in Family Medicine, Amy McCormack

treats patients of all ages. She has a particular interest in providing services in women's health and gynecological care, teen and young adult health, and dermatology. She received her graduate degree from Massachusetts College of Pharmacy and Health Sciences. She is thrilled at being part of the clinical team

here at Mid-State and employing her skills to contribute to the health of the community.

Megan Sottak, also a Family Medicine Nurse Practitioner, advanced her clinical nursing practice at Maryville University in St. Louis, Missouri. Her special areas of interest include pediatrics, women's health,

contraceptive management and family planning, and preventive medicine. She is "delighted to be working at Mid-State" and looks forward to serving patients in her role as a Nurse Practitioner.

Both Ms. Sottak and Ms. McCormack are located at Mid-State's Plymouth office, where they will provide services by scheduled ap-

pointment for routine and acute-illness care. Same day appointments are often available.

Kim Spencer joins Mid-State's Behavioral Health team in Plymouth and Bristol, and accepts new patients that are established medical patients of Mid-State Health Center. Ms. Spencer received her graduate education at University of New Hampshire. She treats adults and children of all ages in areas such as grief and loss, stress management, substance misuse, anxiety and panic disorders. Her comprehensive services include support for family caregivers and parental support. She describes her approach as using treatment methods that "are tailored to meet the individual needs of the people I serve."

With the addition of these dedicated and enthusiastic professionals, Mid-State continues its longtime commitment of service to the community by offering high-quality,

cost-effective primary medical and behavioral health care to all regardless of ability to pay.

Please join us in welcoming Amy, Megan, and Kim to the Mid-State family!

Mid-State is accepting new patients of all ages and encourages anyone interested in learning more about Amy, Megan, Kim, or the entire Mid-State's clinical team and its services, to visit them on the web at midstate-health.org or by calling 536-4000.

About Mid-State Health Center

Mid-State Health Center delivers primary care and supportive services at both its Bristol and Plymouth offices, offering medical services, dental services, behavioral health counseling and care management for the entire family. The mission of Mid-State Health Center is to provide sound primary health care to the community accessible to all regardless of the ability to pay.

Lakes Region Conservation Trust kicks off Guided Excursion program at Newfound Lake

REGION — The Lakes Region Conservation Trust has kicked off its 2017 Guided Excursion Program with a guided paddle on Newfound Lake in partnership with NH Audubon and the Newfound Lake Region Association. This paddling excursion provided participants with the opportunity to view conserved lands

by water and to explore dramatic aquatic landscapes first-hand. They learned about the natural history of this beautiful area and the recent conservation efforts of all three organizations.

The Lakes Region Conservation Trust will be offering many guided excursions throughout the season, including a variety of

hikes and paddles as well as volunteer workdays and land conservation celebrations. Please visit www.lrct.org to view the upcoming events calendar for more information about these events.

The Lakes Region Conservation Trust was founded in 1979 to conserve the natural heritage of New Hampshire's Lakes Region.

To date, LRCT has conserved more than 145 properties totaling over 25,000 acres. LRCT's conservation and stewardship work preserves community character, conserves critical wildlife habitat and diverse ecosystems, protects natural landmarks and scenic landscapes, and provides outdoor recreation opportunities for people of all ages.

SLA to host guided beaver walk in Belknap Woods

HOLDERNESS — Join Squam Lakes Association's Conservation Intern Eric Glover on a guided woodland adventure through Belknap Woods, Friday, July 28 as he dives into the incredible life of beavers. If you have a desire to learn about the largest rodent in North America and the dams that they call home, join this exploratory walk with the SLA.

Despite their large size and pivotal role in the woodland ecosys-

tem, beavers are often overlooked and misunderstood. Their nocturnal nature only adds to their mystery, because the only beaver activity many will ever see is their dams and felled trees, but the beavers do much more. Beaver dams provide valuable services to our ecosystem and the fur trade that stemmed from their pelts, which helped shape the northeast into what it is today.

This nature walk will explore all things

beaver, from diet to environmental impacts, their biology to their historical impact on the northeast. All ages are invited for this morning of fun, with the walk leaving from the trailhead of Belknap Woods off of Route 25B at 10 a.m. and an expected return time of noon.

For more information, or to sign up for this Adventure Ecology Program, visit the SLA Web site (www.squamlakes.org) or contact the SLA directly (603-968-7336).

The SLA also offers other Adventure Ecology trips throughout the summer. Every Friday from June 16 through Aug. 18, these free programs are open to the public and cover a variety of nature and conservation related topics. The Adventure Ecology programs are presented by the Squam Conservation Interns who spend their summers on Squam performing important conservation work in support of the Association's mission.

Learn the fundamentals of aviation with Sherman's Flyers Model Airplane Club

PLYMOUTH — Visitors and residents of New Hampshire alike are still asking, "What shall we do with summer, 2017, now that the snow is gone, the mud has dried, school's out, the no-seesums and mosquitos have almost lost interest, and the oldies and young ones are getting together for some good times?"

Well, the Plymouth area is lucky to have many newsworthy options. Here is one more! Sherman's Flyers Model Airplane Club – it offers you the chance to try your hand at aviation fundamentals, with a simple and low cost way to learn! We also have a new location not far from the southern end of Main Street, Plymouth, on South 3-A, at The Glove Hollow Christmas Tree Farm. Owner, Mike Ahearn,



COURTESY

Sherman's Flyers Model Airplane Club offers you the chance to try your hand at aviation fundamentals, with a simple and low cost way to learn!

has generously offered to revamp a portion of his land for the development of a suitable model runway, with observation and parking areas for authorized visitors.

We are grateful for occasional contributions of energy and materials by the Club's members, friends, and volunteers. With such, this new site will quickly improve as a valued and safe venue for training practice, fly-ins, meetings, and com-

petitions!

It is, and will be, a teaching-by-doing Club! Those age-old aeronautical terms, Lift, Drag, Thrust, and Gravity will be observed, defined, and accommodated to reproduce a fun experience for interested families or individuals. As study and "tinkering in a workshop" worked for the Wright Brothers, it has surely worked for every flying enthusiast!

There is something about building and

one's model aircraft that can lead to other great achievements in life! While watching radio controlled wood and tissue, plastic or Styrofoam models take to the sky, discipline and dreams turn the modeler into people of imagination and character! Friendships form and Club members learn about nature's currents, uplifts and downdrafts, and how to compensate for them. We also learn how to make repairs, something those Wright Brothers also had to do, with great results!

Sherman's Flyers Club is a great way to expand your summer fun in the Plymouth region this year! Make a phone call/appointment, bring your hat and sunscreen lotion, and maybe a folding chair, because things are "looking up, indeed!"



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THE REAL REPORT

RECENT REAL ESTATE TRANSACTIONS

| Town | Address | Type | Price | Seller | Buyer |
|-------------------|-----------------------------|----------------------------|-----------|--|--|
| Alexandria | 56 Mount Cardigan Rd. | Single-Family Residential | \$148,000 | Charles & Lisa Hopkins FT | Elizabeth Raptis |
| Ashland | 1 Amherst Dr. | Single-Family Residential | \$140,000 | Charles and Terry Fouts | Danee D. Morrison |
| Bristol | 280 Lake St. | Multi-Family Residential | \$149,933 | Benton 2008 FT | Benjamin Olding |
| Campton | 48 Meadow Lane | Single-Family Residential | \$264,933 | Brandon J. and Melissa D. Haas | Brooke N. and Michael Sullivan |
| Campton | 38 Millies Circle | Single-Family Residential | \$309,000 | Michael P. Braudis | Brandon J. and Melissa D. Haas |
| Groton | 208 Old Rummy Rd. | Single-Family Residential | \$50,000 | James R. and Sheila P. Psaledas | Stephen C. and Lori A. Swamick |
| Holderness | 248 High Country Way | Mobile Home | \$39,466 | Squam Lakeside Farm Inc. | Richard T. and Beth C. Lind |
| New Hampton | 1135 NH Route 132 North | Residential Developed Land | \$38,000 | Ryan C. Lacey | Benjamin Durack |
| New Hampton | 51 Pine Meadow Rd. | Single-Family Residential | \$172,000 | James M. and Nicole M. Brunt | Moutanna E. Heinlein and Marisa Taylor Zamrock |
| New Hampton | 78 Riverwood Dr. | Single-Family Residential | \$196,000 | Cynthia M. Torsey | Aaron Nelson and Michael W. Duquette |
| Plymouth | 77 Pleasant St. | Single-Family Residential | \$183,800 | Allison E. Browne | Kathryn S. Babin |
| Plymouth | 12 School St. | Single-Family Residential | \$81,533 | Susan E. Alder RET | Stars Investments LLC |
| Plymouth | 31 Tenney Brook Rd., Unit 3 | Condominium | \$112,933 | Catherine M. Thurston | Gerald F. and Joanne Fintonis |
| Thornton | 48 Orris Rd., Unit 1 | Condominium | \$100,000 | Pensco T. Co. | Jeffrey D. and Sarah A. Wharton |
| Thornton | 111 Snowood Dr., Unit A3 | Condominium | \$115,000 | Lisa W. Benoit and Connie W. Tocchio | Antonio A. and Roseanne M. Simeone |
| Waterville Valley | 8 Fletchers Way, Unit 5 | Condominium | \$155,000 | Timothy A. Bayha and Amy McGlashan-Bayha | Amy L. Dill |

ABOUT THE REAL REPORT

Here are recent real estate transactions in Alton and the surrounding areas. These sales summaries are informational only, not a legal record. Names shown are

usually the first listed in the deed. Sales might involve additional parties or locations. Prices are usually based on tax stamps and might be inaccurate for public agency sales. Refer to actual public documents before forming opinions or relying on this information. Additional publicly recorded information on these sales, prior sales and

data from Department of Revenue Administration forms is available at www.real-data.com or 669-3822. Copyright 2011. Real Data Corp. In the column "Type": land= land only; L/B= land and building; MH= mobile home; and COND=condominium.

NHEC Foundation announces scholarship recipients

PLYMOUTH — Seven members of New Hampshire Electric Cooperative (NHEC) were named recipients of the 2017 NHEC Foundation Scholarships.

Nearly 100 candidates applied for the \$1,500 scholarships, which are available to high school seniors, students returning to college, and non-traditional students enrolled in an accredited, undergraduate educational or training institution. One scholarship is reserved for a student entering a vocational or technical institution. All applicants are either Co-op members, or legal dependents of a Co-op member. The scholarships were awarded based on work experience, activities and

leadership contributions, community service, educational/career objectives and overall scholastic achievement.

The following individuals were awarded a \$1,500 NHEC Foundation Scholarship:

Christin Badylak-Reals of Plymouth will be continuing her education at the University of New Hampshire where she studies Mechanical Engineering.

Eric DuBois of Moultonborough is in his second year at Brown University where he is studying Biomedical Engineering.

Emma Hardie of Alton will be attending New Hampshire Technical Institute where she will earn her degree in Dental Hygiene. Meghan Hurley of

Moultonborough is in her second year at Colby College where she is studying Environmental Policy.

Dylan McLaughlin of Moultonborough will be attending the University of New Hampshire where he will study Mechanical Engineering.

Charlotte Pitts of North Woodstock is studying Art History and Archaeology at Wesleyan University in Connecticut.

Caitlin Royer of Fremont will enter her third year at Great Bay Community College where she continues her studies in Veterinary Technology.

NHEC is a member-owned electric distribution cooperative serving 80,000 members

in 115 New Hampshire communities. Scholarship funding is provided by the NHEC Foundation, a non-profit 501(c)(3) fund that re-

ceives contributions from NHEC members who agree to have their monthly electric bill rounded up to the next dollar with the proceeds

benefitting the Foundation. For more information about the Foundation, please visit www.nhec.com/nhec-foundation/.

MARK ON THE MARKETS

Indexed or managed



BY MARK PATTERSON

The heyday of successful mutual fund managers started in the late '70's through the '80's. The great ones really earned the right to manage your money as opposed to using a low-cost index fund that is very popular now, those managers, like Peter Lynch at Fidelity were well worth it. What about current times? Why is it that low-cost index funds have been very difficult to beat in recent times?

Regulation G was enacted March 28, 2003 as part of the Sarbanes-Oxley act. Other than a lot of accounting regulations that I am not knowledgeable enough to speak of, I will give you the layman's terms, and my opinion of how it affected managed mutual funds.

After the fall of Enron, WorldCom and a few other choice company failures, Reg G was enacted so that certain accounting standards and reporting of financial information had to be disseminated in a certain format simultane-

ously to all.

The hard-working, street-smart fund managers had forged working relationships with many company CFOs and CEOs that their fund had invested money.

I imagine a scenario to go something like this; fund manager walks in to a Costco in the early 1980s when there were not a whole lot of Costco's around. The fund manager buy's some freshly ground beef and some organic strawberries, and on his way out, he picks up some Kirkland brand vodka and tequila. He takes these items home, has a cook-out with the neighbors and is showered with compliments on the tastiness of the burgers the berries and the alcohol.

So, this fund manager makes an appointment with the home office and speaks to the CFO regarding investment into the company via a small-cap growth fund that he manages. During that meeting fund manager finds out that the ground beef is sourced from local cattle farmers, the strawberries are sourced from privately owned strawberry farms, the vodka is bottled in the same distillery as Grey goose and the tequila from the same distillery as Patron. Excellent quality, half the price. The CFO obviously is interested in a big investment in the company's stock from this mutual fund company, so he supplies

additional detail about Costco's pro forma numbers.

The fund manager likes what he sees and tastes, he begins to accumulate shares in Costco. The only thing that happened here is that the fund manager recognized the company that had potential, that he personally liked and proceeded with his due diligence on the company's financials. It was successful for the shareholders, the fund manager and the employees of Costco.

As the years go by, this fund manager continues to purchase shares Costco in other funds that he manages, because now Costco is no longer a small-cap company. Now of course other fund managers are buying Costco because they realize it is a good holding for their mutual fund, however they do not get the personal attention that the original fund manager who believed in them and invested in them continues to receive.

Reg G changed all that. The original fund manager received all information at the same time as all the other managers, investment banking firms, and the public. The competitive advantage that the fund managers had in the past because of their hard work and willingness to forge relationships with the company's that their funds invested in, was gone. I'm sure there are situations in the small-cap arena or emerging markets where a good manager can disseminate information better than others, but in the large-cap arena, I do not believe a manager can consistently outperform an index.

Mark Patterson is an advisor with MHP asset management and can be reached at 447-1979 or Mark@MHP-asset.com.

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Playground

FROM PAGE A1

with great support. In March they placed a petitioned article on the 2017 New Hampton Town Warrant where voters agreed to provide \$15,000 to the project. As New Hampton officials cut the check for the PTO however, the state's Department of Revenue Administration advised them that the warrant article was not presented properly, therefore the money could not be appropriated.

Undaunted by the setback, PTO continued to reach out to the public to raise the remaining funds they needed, which, with installation and incidental costs, rose slightly above the \$50,000 they had planned on.

"Sandy Leary of Cru-Con Cruise Outlet in Meredith very generously gave us \$25,000," Foster said. "She told us she's very passion-

ate about giving to the towns where her employees live and likes to make an impact in those communities. That was amazing!"

Preparations for the build began this summer when the facilities department at New Hampton School offered to not only remove the old structure from the elementary school grounds, but brought in grading equipment to prep the area.

"That was huge! It saved us a lot of time and money," said Foster.

Other donations of materials came through businesses like Home Depot, which supplied the concrete, and others who supplied other materials necessary to complete the job.

Last Saturday 25-30 volunteers then worked throughout the day to assemble the new play structure.

"This is the only

place in New Hampton for children to play so our mission was to bring about a resurgence in the community to come here. All these volunteers now will be able to drive by here, see kids having fun and know they helped build that playground," Foster said.

Among the volunteers were parents, NHCS staff and faculty, school board members and representatives from groups such as the Bristol Rotary.

This week crews were scheduled to spread mulch and install a bench for families to relax as the children have fun. Construction was set to be complete by this weekend.

An official dedication and thank you to all who made the playground possible will be held on Thursday, Aug. 24, at 6 p.m. and the community is invited to join in the celebration.

Primary

FROM PAGE A1

didacy in any of the five towns. When all the votes were counted, Adjutant received a district-wide total of 204 votes to challenger Tom Ploszaj's 32, with no close race in any of the six towns.

At the end of the day, Libertarian candidate John Babiarez finished unchallenged in his party with one vote in Bristol and five votes from residents of Grafton.

Migliore said he was pleased to have received not only 66-percent of the Republican Party votes cast, but 40-percent of the total

votes presented for all six candidates, including the six Democratic write-in votes he received.

"I am ready to make the commitment to be the full-time representative of all the people in the district. I am ready to bring to bear my experience and knowledge of the many issues we face, and the willingness to learn from those wiser than me about the things I don't know," Migliore wrote in a recent letter to the editor, where he also thanked his extensive support network in all six communities.

Adjutant was also pleased with the results for the Demo-

cratic primary vote. He told his supporters that he was only one voter, therefore it was those who backed his write-in candidacy who made it possible for him to move on to the state elections in September.

"You voted for issues. It's because of you that I, Joshua Adjutant, officially accept the Democratic nomination for our district's State Representative seat," he said on his social media page. "Running a write-in campaign and winning by a margin of over 70 percent was not going to be easy. But we did it," Migliore wrote.

Make Music

FROM PAGE A3

Cafe Monte Alto, you could hear the blues piano tunes of Little Davey and the Rolling 88's. Just a few doors down, Valerie Watts, of Oklahoma, and Andrea Hixon, of Wisconsin, played their woodwind instruments. The variety of music played was one of the hallmarks of the day.

Hixon said, "There's just so much diversity in the types of music that are being played today. They can find whatever interests them and go listen to it and learn about it."

The festival provided a chance for people of all ages, especially kids, to be exposed to different kinds of music than they might usually hear on the radio.

The event seemed to be a big success in terms of both participation and enjoyment. Children, parents, and grandpar-



Amy McKenney with daughters Sylvie, age four, and Serena, age six, listening to the violinists.

ents were able to hear great music and enjoy the day with their whole family.

Barbara, a spectator, said, "Music is important. We decided to come

because it's something we can all do together, three generations."

Frumie Selchen, director of the New Hampshire Arts Alliance, summarized it well,

Fair

FROM PAGE A1

will be no Chicken BBQ this year.

The silent auction runs from 11 a.m. to 2 p.m. The live auction starts at 1 p.m. and

will be led once again by Rev. "Honest John" Fischer. (Yes, he is retired, but he has agreed to be the guest auctioneer.) The auction includes all sorts of fantastic pre-owned treasures, as well as a

multitude of new items and gift certificates generously donated by local businesses.

In addition, there will be a \$2-a-Bag Sale the following day, Sunday, July 30, from 11:30 a.m. to 1:30 p.m. in the church basement. There are always great items left from the "Hebron Boutique" rummage sale. Come stuff a shopping bag full of clothes for only \$2! Also on Sunday check out what's remaining under the white elephant and book tents.

For more information, visit hebronchurchfair.org or contact the church office at 744-5883.



Hillary and Araiah, age four, of ashland making shakers to play their own music.

commenting "It's great to see musicians on stage in an auditorium, but even better to get close and be able to talk to them.... It's an opportunity to help kids see

that music is actually everywhere, and that they can make it themselves, using simple, everyday objects. I can just picture shaker sounds in houses all around Plymouth!"

Churches

FROM PAGE A7

9:30 a.m. **S t a r r** King Unitarian Universalist Fellowship is a multigenerational, welcoming congregation where different beliefs come together in common covenant. We work together in our fellowship, our community, and our world to nurture justice, respect, and love.

Sunday, July 23, 9:30 a.m. **Nicaragua** Bob and Jane Clay

The Clays will make a presentation about their trip to Nicaragua in April with the Youth group and others. This will be the sixth of our informal discussions. There is no choir, no coffee hour and no RE Program or nursery, though children are always welcome to join

us. Visitors are invited to attend the service as well as all programs at the church.

Social Justice Community Outreach Please bring canned or dry packaged food items for our local Community Closet collection basket in the foyer.

Wise Women in Training will continue during the summer on the second and fourth Wednesdays, 10:30 a.m. - noon, meeting in the

main sanctuary.

The Men's group is continuing to meet during the summer downstairs on the lower level on the first and third Sunday evenings, 6-8 p.m.

Thursday's Bridge players will meet during the summer in the fellowship room 12:30 - 3 p.m.

Check other activities on our website.

Starr King UU Fellowship is located at 101 Fairgrounds Rd., Plymouth. The phone

number is 536-8908.

Summer hours for the office are Tuesday, Wednesday and Thursday mornings. The Web site is www.starrkingfellowship.org, where you can access "Newsletters" to read, or print out, any of several past issues; "Podcast" to enjoy listening to sermons you have missed, or just want to hear again; "Events Calendar" to find out what is going on in our Fellowship and other activities we enjoy together.

Notebook

FROM PAGE A5

+++++

Because the North Country's back way to Pittsburg--Route 145--is currently interrupted by a bridge replacement job, the Site Evaluation Committee stood to get an unusual look at the history and fragility of the landscape when members toured the proposed route for Northern Pass, which includes almost 40 miles of entirely new right of way across the countryside.

We stopped to visit Rod McAllister, a Bear Rock dairy farmer who kissed off a few

million bucks from Hydro Quebec to stand fast, and deny Northern Pass an easy route to lucrative Hartford and New York City markets.

As a result, Rod will go on pressing his cheek against the flank of a cow for as long as he can. "This is where I want to be," he said.

(This column runs in papers covering two-thirds of New Hampshire and parts of Maine and Vermont. Letters should include town and telephone numbers in case of questions. Write to campguyhooligan@gmail.com or Box 39, Colebrook, NH 03576.)

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COURTESY PHOTO

Good sports

The Newfound Regional High School softball team was the recipient of the Division 3 North Sportsmanship banner for its outstanding sportsmanship this past season. The team improved from 6-12 last year to 11-6 this spring. Accepting the banner on behalf of the softball team is Peter Cofran, athletic director (right). Jim Charland, a member of the NHSUA Executive Board, made the presentation.

Fall sports paperwork available for Newfound athletes

BRISTOL — Student athletes at Newfound Regional High School participating in fall sports must fill out the eligibility paperwork on the NRHS web page, before they will be permitted to participate in a tryout/practice. All paperwork should be filled out seven days before the first tryout/practice. The first practice for football will be Wednesday, Aug. 9, with cross country, field hockey, soccer and volleyball beginning on Monday, Aug. 14. Unified soccer will begin once school starts. Any questions should be directed to Pete Cofran, Athletic Director at pcofran@sau4.org or 744-6006, ext. 1507.



COURTESY PHOTO

Refueling stop

July 15 and 16, members of the Newfound Regional football team participated in clean-up efforts at the New Hampshire Motor Speedway. NHMS offers non-profit organizations such as Friends of Newfound Football a wonderful opportunity to raise funds by volunteering at its major events. At the conclusion of the weekend's events, the group stopped at Domino's Pizza to celebrate the weekend's accomplishments. Unfortunately, Rolando Sylvain, on the right side of the photo, managed to slip partially outside of the camera's view.

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COREY MCKEAN/THE COURIER

Cole Donovan hurls a pitch during the Rangers' first game on July 14.

Durand-Haley Rangers drop two games to Keene

BY COREY MCKEAN
couriersports@salmonpress.com

PLYMOUTH — As the summer baseball season winds down, the 5-8 Plymouth Durand-Haley Rangers hosted (0-13) Keene Post 4 on Friday, July 14, in

a doubleheader where Keene would pick up their first two wins of the season. After winning four straight games coming into the month of July, Plymouth has since been in a bit of a slump, dropping six

straight games up until Friday's games, where the Rangers struggles continued.

In game one, it was Keene who struck first as they tallied a run in the top of the second in-

SEE LEGION PAGE B4



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Plymouth Regional High School
86 Old Ward Bridge Road
Plymouth, NH 03264
rprice@pemibaker.org

Town of Tamworth
Chief of Police Position

The Town of Tamworth, NH is seeking a **CHIEF OF POLICE**. We are a community of 2,856 residents with a seasonal population that fluctuates. The Chief of Police is responsible for all Departmental operations in accordance with commonly accepted police practices with adherence to State and Federal laws. In addition the Chief is expected to take an active role in all aspects of police work including patrol, investigation and traffic control. Our Chief needs to be highly visible, active in community functions and possess excellent communication skills. The Chief of Police is also responsible for setting department procedures, evaluating subordinates, preparation of the Police Department's annual budget and will report directly to the Tamworth Board of Selectmen. Salary range is \$65,500 - \$80,000 depending on experience and qualifications.

Refer to the Town of Tamworth Website, www.tamworthnh.org to review the job description and obtain a job application. Forward a job application, cover letter of interest, a resume and three letters of reference pertinent to qualifications and experience.

Submit required paperwork no later than August 4, 2017 to: Town of Tamworth, Attn: Town Administrator, Darlene McWhirter, 84 Main Street, Tamworth, NH 03886.

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U.S. Department of Health and Human Services
Centers for Disease Control and Prevention

Youth football camp is Aug. 7-11

PLYMOUTH — The Plymouth Area no-contact football camp will be taking place from Monday, Aug. 7, through Friday, Aug. 11, from 4 to 7 p.m. each day.

The camp is open to all youth entering third through eighth grade this fall and will be held at the Plymouth Elementary School practice field. The camp is designed to introduce the elements of the game of football and teach the proper techniques before moving on to a full-contact season.

The fee of \$50 will include a camp t-shirt at the end of camp and is payable to Plymouth Elementary School.

The camp will provide individualized instruction covering offensive and defensive techniques, instruction on the proper form of blocking and tackling, specialized quarterback and receiver instruction and drills, punting and placekicking instruction and drills and running back dos and don'ts whether with the ball or without.

Each daily session will end with a scrimmage where skills will be worked on and applied to in-game situations. Each camper should provide their own water bottle, workout clothes and cleats or appropriate footwear.

For more information, contact John Ramsey at jramsey@pembaker.org.

Wanakee Wilderness 5K is Aug. 19

MEREDITH — The fifth annual Wanakee Wilderness 5K will take place on Saturday, Aug. 19, at 9 a.m. at Wanakee, 75 Upper New Hampton Road, Meredith.

The cross country course begins at the farmhouse, then transitions to dirt paths and hiking trails that traverse the hills and fields around Wanakee, ending back in main camp. This is a hilly course

that climbs over 300 feet in elevation, be sure to look around and enjoy the beautiful views.

The registration fee is \$25 for all participants who register until Aug. 18. Race day registration will be \$30. The first 150 participants who register will receive an exclusive race t-shirt. All fitness levels welcome. This event is designed for the whole family to enjoy. Register online or

by downloading a registration form at www.wanakeewilderness5k.com and mail it in with your registration fee.

Race day registration starts at 7:30 a.m. with the race beginning at 9 a.m., rain or shine. All race participants and supporters are invited to join in for the awards ceremony immediately following the finish of the race and Wanakee's annual Homecoming

barbecue starting at 11:30 a.m.

In addition to the 5K, the day's events will include music, family fun, hiking, games, swimming and canoeing at the waterfront (with certified lifeguards on duty), a silent auction, and the annual Homecoming chicken barbecue. The cost of the barbecue is \$10 adults/\$5 12 and under/free for children five and under.

Proceeds from this event go toward the camp's facility major improvements projects and camp scholarships.

Wanakee Wilderness 5K is a USATF sanctioned event and part of the 2017 Meredith Harvest 4-Way Race Series—4 Races, 4 Months, 4 Good Causes. For information on the WW5K and other scheduled races in the series, visit www.harvest4way.com.

The good things about the summer season

When it comes to my schedule, summer is the time when things slow down a bit. But there's still always a conflict or two looming, be it with different sports events or other events in life.

So far this summer, I've had the chance to cover a few Junior Legion games for the Alton team, the Cal Ripken District Eight tournament and a couple of state tournament games, the Granite Kid Triathlon and last week hit my first Home Run Baseball League game in North Conway.

Of course, I also missed out on the Plymouth 14U Babe Ruth team hosting the state tournament, since the 5 p.m. games conflicted with rehearsals and performances for 25th Annual Putnam County Spelling Bee, which has now wrapped production, freeing up a bit more of my time as we head into the final month before high school sports begin.

And I was unable to see the Plymouth Senior Legion team throughout the summer, but thankfully, Corey McKean, our reporter for the Littleton Courier, did a nice job covering the team during the summer and I was able to use his stories. I'm also hoping to see some of

SPORTING CHANCE



By JOSHUA SPAULDING

the Senior Legion tournament with the Rochester team, which is the top seed and features a couple of Kingswood and Prospect Mountain players.

Ahead, there is still the Alton Old Home Day 5K, the New Durham 5K and the Barnstead Firefighters Association 5K and the big event of the summer, the Granite Man Triathlon in Wolfboro. And along the way there will be some interviews to conduct with people and before I know it, fall sports will be here and I'll be knee-deep in high school sports again.

The summer season does allow me the chance to relax a little bit, though performing on stage at the Village Players did take up some of that time. But for the most part, this time of year is when I can breathe. I take a few days off here and there, which is nice, but there's usually something that has to be done. Be it the grocery shopping, which now, much to my chagrin, has to be done weekly, or the food preparation,

or a Wednesday night band concert, there's always something on the schedule.

Summer also gives me a chance to actually watch a Red Sox game or two instead of just listening on the radio, though the absence of Jerry Remy makes me want to listen more than watch nowadays. Here's hoping that Jerry recovers soon and is back on television. One can only take so much Eckersley.

However, as this goes to press, summer is less than a month away from being over. Writing about it here makes me realize that it may be time to take a few more days off to relax before the busy season begins.

Finally, have a great day Beth Tobyne.

Joshua Spaulding is the Sports Editor for the Granite State News, Carroll County Independent, Meredith News, Gilford Steamer, Winnisquam Echo, Plymouth Record-Enterprise, Littleton Courier, Newfound Landing, Coos County Democrat, Berlin Reporter and The Baysider. He can be reached at sportsgsn@salmonpress.com, at 569-3126, or PO Box 250, Wolfboro Falls, NH 03896.

Circle Triathlon scheduled for Sept. 3

ASHLAND — The 10th annual Circle Triathlon will take place on the shore of Little Squam Lake at Riveredge Marina near the covered bridge in Ashland, on Sept. 3. With four great races, this is a fabulous fun-filled family event. Choose from the Chocorua Mt. Tri, which is a traditional sprint triathlon – ¼-mile swim, 12-mile hilly bike, and a nearly 2.7-mile run (begins at 8 a.m.). Not a runner? You can choose the Aquabike option. Or if you just want to try the tri, sign up for the Mt. Morgan Tri – 200-yard swim, three-mile bike, and ½-mile run (begins at 10:15 a.m.). The youngest racers, ages 3-15 can sign up for the Rattlesnake Tri – 50-yard swim, ½-mile bike, and ¼-mile run (begins at 11 a.m.).

Participants and volunteers are encouraged to sign up in advance at www.CircleTriathlon.org, though racer registration will be available at Riveredge Marina on Saturday, Sept. 2 from 4 to 6 p.m. and at 6-7:30 on the morning of the race. Racers who have registered online are encouraged to check in and pick up their race bags on Saturday evening.

As always, the Circle Program is grateful to the triathlon sponsors: The Common Man family of restaurants, Sippican Partners, Riveredge Marina, Speare Memorial Hospital, O'Neill Orthopaedics, D.L. Carlson Investment Group, Inc., Rockywold Deephaven Camps, Meredith Village Savings Bank, Binnie Media, Samyn – D'Elia Architects, P.A., Melcher and Prescott Insurance, M n M Scoops, Dunkin Donuts, Peppercorn Natural Foods, Woodsville Guaranty Bank, E.M. Heath Supermarket, Associated Grocers, Café Monte Alto, Chase Street Market, Bryant Paving, and Pipe Connections LLC.

The Circle Triathlon benefits the Circle Program, a non-profit organization that provides girls from low-income New Hampshire families with new opportunities to learn the skills, courage and confidence they need to handle the challenges in their lives. This is done through a unique combination of adult and peer support delivered through year-round mentoring and residential summer camp programs. Questions? E-mail sally@Circle-Program.org or call the Circle Program office at 536-4244.

Legion

FROM PAGE B1

ning off a single, a sacrifice bunt, a ground out and a passed ball, giving Keene an early 1-0 advantage.

Plymouth responded in the bottom of the fourth as Cole Donovan singled to left center field, moved to second on a passed ball, and Donovan would come around to score off a single to right center field by Ben Olmstead, knotting the score up at 1-1 heading into the fifth inning.

In the fifth, Keene took full advantage of a few timely walks as well as three errors by the Rangers as Keene put up six runs in the top of the fifth inning while recording just one hit to

take a 7-1 lead.

Down six runs, the Rangers continued to battle, as they scored two runs in the bottom of the sixth inning with Donovan drawing a walk, Cam Hoyt hitting a single to left field, Olmstead reaching base off an error, which scored Donovan and Devlin Costa hitting an RBI single to score Hoyt, bringing the score to 7-3 but it wouldn't be enough for the Rangers as Keene held on to earn a 7-3 victory in game one.

In game two, it was Keene once again who jumped on the Rangers first as they tallied three runs in the bottom of the third inning off three straight hits and a sacrifice fly to take a 3-0 lead.

The Keene offense stayed hot heading into the fourth inning where

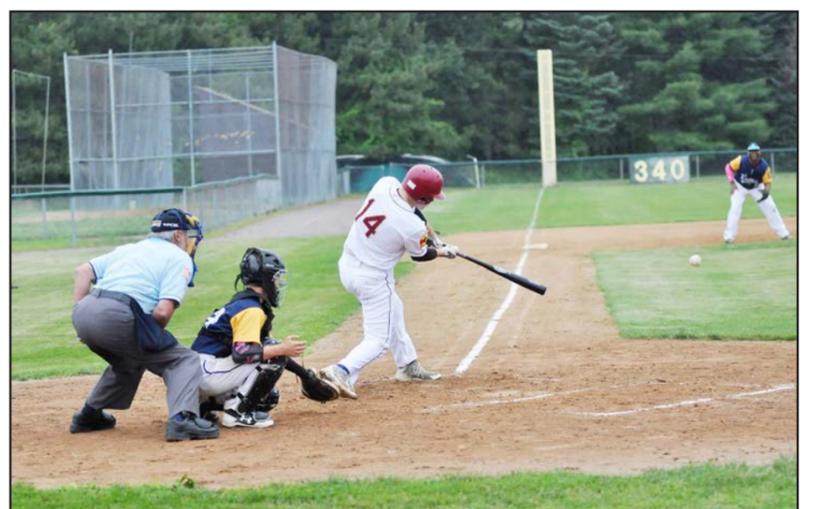
they tacked on two more runs off a walk and a pair of hits to push their advantage to 5-0 heading into the fifth inning.

Plymouth finally found some offense in the top of the fifth as they drew a pair of walks and Michael Hogan came up big with a double to right center field to score one. Brody Fillion would hit an RBI ground out to score Owen Brickley and Hogan came around to score off a fielder's choice, bringing the score to 5-3 going into the sixth inning.

Keene would play shutdown defense in the final two innings, allowing no hits and recording six straight outs to close out the game and to earn a 5-3 victory.

"Keene did a great job putting the ball in play today and we did not play well enough defensively to win either game. Out bats were pretty quiet all day and we just didn't get the timely hits to string some runs together," coach Mik Boyle added.

Keene improves to a record of 2-13 on the season while Plymouth falls to a record of 5-10. The Rangers finished their summer season on Sunday, July 16, as they hosted second-ranked Sweeney. The Rangers missed out on the Senior Legion tournament.



COREY MCKEAN/THE COURIER

Cam Hoyt drives a single up the middle in second inning action of game one.



COREY MCKEAN/THE COURIER

Garrett Demas makes a spectacular leaping catch to help get Plymouth out of a third inning jam in game one.

Trainer sought at Newfound

BRISTOL — Newfound Regional High School is looking to hire a Certified Athletic Trainer for the academic year. Interested individuals should send a letter of intent, resume and two letters of reference to Supt. Stacy Buckley, SAU4 20 N. Main St., Bristol, NH. 03222. Position starts Aug. 9.

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