THURSDAY, JULY 19, 2018



Students learn about making and recording their own music at the Gilford Public Library's Teen Music Maker Camp. From left to right: Lily O'Connor, Ben Wolpin, Lilia McCann, Colin McCann, and Emily Moynahan.



Lilia McCann and Lily O'Connor work on a computer program during Teen Music Maker Camp.

## Teens learn musical skills at library music maker camp

BY ERIN PLUMMER

mnews@salmonpress.news

Teens learned how to make, record, edit, and promote their own music all in one place during the Gilford Public Library's Teen Music Maker Camp.

Over the course of three days, Library Assistant Mark Thomas worked with children ages 10-17 on ways to make their own music and promote themselves on social media.

was an opportunity for teens to learn about making, recording, and editing music on computer programs as well as video recording and promoting themselves on social media. Thomas said the camp They also talked about

cybersecurity and cyberbullying. Thomas said he did a bunch of research into different resources and applications they could talk about.

> Some of the tools Thomas brought in in-

With three days, they

had plenty of time to

explore as deeply into

these subjects as pos-

"It's a focus on the electronic side of recording," Thomas said.

Aydyn Berube, 13, brought in his own bass guitar to learn how to record. He has been playing bass since he was 11 and has been playing drums since he was around 9.

He said all of them did their own musical part that would be comcluded sound mixers, piled into one piece. analog and digital in- He said the things he learned in this camp

are skills he will use in the future.

"I really liked all of it," Berube said.

Siblings Lilia and Colin McCann, ages 12 and 10 respectively, also took part in the camp. Lilia said she used to play ukulele, Colin said he also sings and has previously used the program Garage Band.

They said they have learned a lot in this SEE MUSIC CAMP PAGE A11

## Town to examine traffic issues on Scenic Drive

BY ERIN PLUMMER

mnews@salmonpress.news

The town will examine traffic calming measures that can be taken on Scenic Drive to protect cyclists and pedestrians following resident concerns and a mass of illegal parking on the road on the Fourth of July.

Wednesday, Scenic Drive resident Adam Hirshan approached the selectmen with some ideas on how to make the road safer for the people who walk and bike there and address issues with traffic on the

Scenic Drive is located off Route 11 along Lake Winnipesaukee and by Ellacoya State Park. Hirshan said the road has become a popular place for people to walk and bike, a fact echoed by members of the board of selectmen.

A number of issues have arisen with traffic in the area, especially from Ellacoya.

On July 4, Hirshan said attendees at Ellacoya were directing traffic down Scenic Drive as the park filled People started parking alongside the road and then they stated parking in the middle of the road.

"There were cars literally in the road blocking traffic," Hirshan said.

The police department was notified, of-

ficers put No Parking signs on the road and issued tickets before having to tow cars.

Scenic Drive scheduled to be worked on in 2020. Hirshan said he has been speaking with town officials on how to make that road safer before the 2020 construction. He also spoke with Mike Izard of the Lakes Region Planning Commission and received information on some no cost and low cost solutions that can be undertaken.

One was to putting a Do Not Enter sign on the eastern entrance of the road. The road would still be two way, though thru traffic would have to enter on the western side. Another option was narrowing the roadway to keep traffic down with signs telling motorists to share the road with pedestrians and cyclists. This could also be done by marking the road with bike lanes on both sides.

Hirshan said these are not formal proposals but suggestions he was making to the

"I did want to invite you to explore ways to enhance safety on the road," Hirshan said. "2020 seems like a long ways away, but if we wanted to do something creative like this I think the planning should start now.

There are options that could be done immediately at no cost and I would volunteer to help with the project based on my research and anything else."

Hirshan said 99 percent of the drivers on the road drive safely and respect the speed limit, but the one percent is causing significant problems.

Board Chair Gus Benavides said he is also concerned about the safety of that road and the traffic desperately needs to be addressed.

He did say that road SEE **SCENIC** PAGE A11

Gilford schools working on safety, technology improvements

BY ERIN PLUMMER

struments.

mnews@salmonpress.news The Gilford School District will be making updates in safety and technology for the coming school year, according to an update to the board of selectmen.

Wednesday, Gilford School District Superintendent Kirk Beitler gave the selectmen a semi-annual update on what is going on in the schools. Board Chair Gus Benavides reminded residents that the school district is a separate entity from the town, with its own board. though many still assume the two are the

Some of the updates included safety training and improvements.

Beitler said the district has done ALICE Training for Active Shooter Response with the staff at all three schools and the SAU office. They also did training with students in all of the schools with age appropriate lessons. For example, at the elementary school, the focus was on ways to escape and barricade in the classroom.

SEE **GSD** PAGE A11

## Middle schoolers perform in Gilford theater camp

BY ERIN PLUMMER

mnews@salmonpress.news For middle schoolage performers the show went on during summer vacation with a two-week theater camp at Gilford Middle School.

Students from Gilford, Gilmanton, and beyond took part in the camp for kids to learn about performing and backstage work leading up to four performances of "Peter Pan, Jr." this weekend.

In its fourth year, the camp is open to any middle school student from anywhere who wants to take part. This year they



ERIN PLUMMER

Student performers rehearse a production of "Peter Pan" at Gilford Middle School's summer theater camp.

had participation from students at Gilford Middle School, upcoming middle school students

from Gilford Elementary School, and eighth graders from Gilmanton School who will be

entering Gilford High School. They also have some students from SEE **THEATER** PAGE A11



## Notes from the Gilford Public Library

BY MARK THOMAS

Library Correspondent

We've been screaming it from the mountaintops — "Libraries Rock!" When we first learned the Summer Reading Program Theme, we knew that we would need to maximize our pun equity. It was not 'hard' to find a down to 'earth' program: A geology hike with Dan Tinkham on Piper Mountain.

Dan Tinkham has led geology hikes before and they rock too. He is a professional hydrogeologist with decades of experience, stories, and a natural enthusiasm. Hiking with Dan is like having a personal narrator describing how the world you are walking on was formed. He goes beyond the describing various surface materials to explain how they came to be, why they are in that shape, and he pauses to explain what the glaciers were up to ages ago so that you can catch your breath. The best part is that he loves talking about geology, so he will gladly

questions — don't hesitate to ask.

Those who have hiked Piper mountain know that it is a gorgeous hike, with a few moderate ascents, but a spectacular view with an open, rocky top. It has the iconic stone bench you may have seen pictured. It is a true hike, so proper footwear and supplies should be used.

Sign up is required, so get in touch with us at the Gilford Public Library to get your name in. We'll meet at the Upper Parking lot on the Carriage Road at 9:30 a.m.

If you can't make the hike but still want to explore geology, hit us up for tons of local geological resources. A book that we recently picked up is "A Wilder Time; notes from a geologist at the edge of the Greenland ice" by William Glassley. Glassley bears witness to plate tectonics and other natural phenomena that rock the mind. You can consider it a staff recommendation for the Summer Reading Program!

Classes & **Special Events** July 19-July 26

Thursday, July 19

Brown Bag Book Discussion, 12:30-1:30

This month's book is Women in the Castle by Jessica Shattuck, described as "... poignant, World War II page-turner." Copies are available at the front desk, and the discussion will be led by Molly Harper.

Conversational French, 4-5 p.m.

Evening Book Discussion, 6-7 p.m.

See 'Brown Bag Book Discussion' above.

Friday, July 20

Volunteer Your Fines, 10 a.m.-

you want to check out books or movies, but are afraid you have too many fines? Volunteer at the library for 1 hour to wipe away up to \$5 in fines, or two hours for \$10. Call the library to sign up for a time slot and more information.

Drop-In Play Group, 10:30-11:30 a.m.

Book Bonanza for Teens, 1-3 p.m.

Play games, read books, and explore the library during these Bonanzas!

Social Bridge, 10:30 a.m.-12:30 p.m.

Knit Wits, 1:30-2:30

Advanced Conversational German, 2:30-3:30 p.m.

Volunteer Away Your Fines, 10 a.m.-

See 'Volunteer Away Fines' above.

Monday, July 23 Fiber Friends, 10

a.m.-12:15 p.m. 12:30-3 Mahjong,

Tuesday, July 24

Bridge, 10:30 a.m.-12:30 p.m.

Rock Candy and Rock Painting, 1:30-2:30 p.m.

GILFORD POLICE LOG

Learn how to make homemade rock candy and paint a rock while you wait! All ages welcome. Sign up at li-

Book Bites Cookbook Club, 6:30-7:30

Sign up at the front desk, cost is \$5.

Wednesday, July 25 Line Dancing, 9-10:30 a.m.

Check Out an Expert, 10 a.m.-noon

Teen Technologies of the Future Camp, 10

a.m.-1 p.m. Learn about, talk

about, and try out some of the most amazing technologies that will shape our future in this three-day camp. Sign up required and space is limited.

Storytime at the Beach, noon-12:30 p.m. Meet us at the beach

for stories and fun! Wednesdays, June 27-Aug. 8 from noon-12:30 p.m. at the Gilford Beach. All ages welThursday, July 26

Geology Hike, 9:30 a.m.-1:30 p.m.

Dan Tinkham will lead us on a geology hike on Piper Mountain. We'll meet at the Upper Parking lot on the Carriage Road at 9:30 a.m. Sign-up required at Gilford Public Library.

Teen Technologies of the Future Camp, 10 a.m.-1 p.m.

See 'Teen Technologies of the Future Camp' above.

Lunchtime Documentary Movie: Decoding the Weather Machine, 12:30-1:30 p.m.

Join us for a showing of the documentary "Decoding the Weather Machine."

Mind Blowing Matter, 2:30-3:30 p.m.

Learn about matter from tiny molecules to exploding volcanoes before making a shrink paper craft that will look like real glass! Ages K-4.

Conversational French, 4-5 p.m.

## Gilford Public Library

1. "The President is Missing" by Bill Clinton &

Top Ten Requests

- James Patterson 2. "Shelter In Place" by Nora Roberts
- 3. "Murder in Paradise" by James Patterson
- 4. "Stay Hidden" by Paul Doiron
- 5. "Before We Were Yours" by Lisa Wingate 6. "The Perfect Couple" by Elin Hilderbrand
- 7. "Educated" by Tara Westover 8. "I'll Be Gone in the Dark" by Michelle McNamara
- 9. "Magnolia Table" by Joanna Gaines
- 10. "Before and Again" by Barbara Delinsky





The Gilford Police Department responded to 326 calls for service and made the following arrests from July 2-9. Please note that the names of juveniles, and those of individuals taken into protective custody but not formally charged with a crime, have been withheld from publi-

Michael E. Schwarz, arrested on July 4 as a Felon in Possession of a Dangerous Weapon, Possession of a Controlled Drug, and in connection with a warrant.

Steven A. Conkey, age 38, of Gilford was arrested on July 4 for Operating after Certification as a Habitual Offender and two counts of Possession of a Controlled Drug.

A 49-year-old female Newburyport, Mass. and a 40-yearold female from Exeter were taken into protective custody for intoxication on July 4.

A 55-year-old woman from Newburyport, Mass. was taken into protective custody for intoxication on July 4.

Douglas Allyn Larson, age 20, of Crookston, Minn. Was arrested on July 5 for the Manufacture or Possession of a False ID.

Two females, ages 28 and 27, respectively, both from Concord, were taken into protective custody for intoxication on July 5.

A 49-year-old female from Hooksett was taken into protective custody for intoxication on July 6.

Margaret A. Cawley, age 19, of Abington, Mass. was arrested on July 6 for Unlawful Possession of Alcohol and the Manufacture age 33, of Concord was or Possession of a Mass. was taken into False ID.

Brianna Lear, age Moultonborof ough; Antonia M. Peretti, age 18, of N. Easton, Mass.; and Kaleigh MacDonald, age 19, of Moultonborough were arrested on July 6 for Unlawful Possession of Alcohol.

A 30-year-old female from Millbury, Mass. was taken into protective custody for intoxication on July 6.

A 25-year-old female from Manchester and a 23-year-old male from Merrimack were taken into protective custody for intoxication on July 6.

Two females, ages 47 and 48, respectively, both from Rutland, Vt., were taken into protective custody for intoxication on July 6.

A 45-year-old male from Grafton and a 33-year-old female from Manchester were taken into protective custody for intoxication on July 6.

A 47-year-old female from St. Johnsbury, Vt. was taken into protective custody for intoxication on July 6.

A 39-year-old female from Grafton and a 32-year-old fmale from Manchester were taken into protective custody for intoxication on July 6.

A 25-year-old male Bridgewater, protective custody for intoxication on July 6.

Sarah J. Morin, age 25, of Clinton, Mass. was taken into protective custody for intoxication on July 6.

A 47-year-old female from Portland, Maine was taken into protective custody for intoxication on July 6.

Kevin M. Mello, age 49, of Dover was taken into protective custody for intoxication on July 6.

Jeffrey A. Grygiel, age 27, of Hudson was arrested on July 6 for Driving While Intoxicated. A 26-year-old female, also from Hudson, was taken into protective custody for intoxication during the same incident.

A 47-year-old female Beaconsfield, Q.C. was taken into protective custody for intoxication on July 7.

A 52-year-old male from Alton and a 57-year-old

from Epping were taken into protective custody for intoxication on July 7.

A 44-year-old female from Beverly, Mass. was taken into protective custody for intoxication on July 7.

A 57-year-old female from Gilford was taken into protective custody for intoxication on July 7.

A 53-year-old female from Rumford, Maine was taken into protective custody for intoxication on July 8.

A 27-year-old from South Royalton, Vt. was taken into protective custody for intoxication on July 8.

A 25-year-old male from New Bedford, Mass. was taken into protective custody for intoxication on July 8.

A 42-year-old female Parsonsfield, Maine and a 52-yearold male from Milton were taken into protective custody for intoxication on July 8.

A 53-year-old female from Amherst and a 50-year-old female from Pittsfield, Mass. were taken into protective custody for intoxication on July 8.

A 54-year-old male from Derry and a 53-year-old female from Derry were taken into protective custody for intoxication on July 6.

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## **Gilford Parks and Recreation News**

Gilford Parks and Recreation **Senior Moment-um Soda Shoppe Lunch** Trip – July 23

The Gilford Parks and Recreation is sponsoring a Senior Moment-um Trip to the Soda Shoppe on Monday, July 23. We will meet at the Soda Shoppe, located at 30 Beacon St. East in Laconia for lunch at 11:30 a.m. We will be ordering off the menu and each participant is responsible for the cost of their own meal. Participants are asked to please RSVP by Thursday, July 19.

For more information or to RSVP, please call the Parks and Recreation Office at 527-4722.

#### **Pre-School Summer Soccer Camp**

The Gilford Parks and Recreation Department is sponsoring a Pre-School Summer Soccer Camp for children ages four and five from Aug. 6 – Aug. 9. This camp will take place from 8:30-9:30 a.m.

It is with great plea-

sure and pride that

Gilford Fire-Rescue an-

nounces that our new

fire engine, "Engine 3,"

2018 E One on a Typhoon chassis will run

as our first-due attack

engine and will be relied

on to carry the majori-

ty of the department's

firefighting workload.

E3 will be replacing En-

gine 4, a 1987 Ranger, which will be taken out

of service and sold, out-

right, as soon as Engine 2, a 2003 KME, receives

a minor overhaul and

is ready to come back to

number of improve-

ments with the new

engine. Some of those,

along with other vital

-1,500 gallon-per-min-

-1,000 gallons of wa-

-30 gallons of Cold

-Medical Equipment

Fire<sup>TM</sup> (a foam-like fire

We will realize a

the fleet.

statistics are:

suppressant).

ute pump.

The custom built,

is now in service!

at the Gilford Village Field. This camp will participants provide with a fun introduction to the basic skills associated with soccer, while at the same time learning teamwork, following directions and developing a true sense of sportsmanship. Some of the skills we will be concentrating on are: Dribbling, Passing and Ball Control. Participants should come prepared to play outdoors. In the event of rain, the program will be held at the Gilford Youth Center. Mouth guards, shin guards and cleats are encouraged but not required. All participants should bring a bottle of water and a snack. Registration is taking place at the Gilford Parks and Recreation Office and forms are also available on-line at www.gilfordrec.com.

Cost: \$40 per partici-

For more information, please contact the Gilford Parks and Recreation Department at 527-4722.

#### Sciensational Workshop for Kids! "Harry Potter Magical **Mystery Tour!**"

The Gilford Parks and Recreation Department is Sponsoring a workshop through Sciensational Workshops for Kids for children ages six to 11, from 9 a.m. -4:30 p.m. on Aug. 13 and 14. Participants will join in the escapades of Harry and his friends. Play quidditch. Make an edible wand. We will brew some fantastic potions to drink. Let's create and watch some amazing chemical reactions. Watch

a mirage appear. You won't believe it! Wonder where the sorting hat will place you? Make cool crystals. Come join us where the magic of science, art, and literature meet. Harry, Ron, and Hermione are waiting for your arrival! Experiment with colored magic sand. See a mysterious glowing ball. Registration is taking place at the Gilford Parks and Recreation Office and forms are also available on-line at www.gilfordrec.com.

Cost: \$140 per partic-

For more information, please contact the Gilford Parks and Recreation Department at 527-4722.

#### Horsemanship camp offered Aug. 20-24!

The Gilford Parks and Recreation Department in partnership with the Lakes Region Riding Academy has added a third session of the popular Horsemanship Camp this summer. This session will be held from 9 a.m. – noon Aug. 20-24 at the Lakes Region Riding academy in Gilford. This camp is an introductory program for participants to be introduced to horsemanship. The program will offer basic horse care knowledge, horse safety and the beginning basics of riding. All participants must wear long pants and a shoe or boot with a heel. Helmets will be available at the barn. Snacks and drinks will be provided. Enrollment in this program is limit-

Cost: \$105 per participant

For more information, please contact the Gilford Parks and Recreation Department at 527-4722.

## Local produce, meats, flowers, and homegrown entertainment at Gilford Farmers' Market

The Gilford Farmers' Market is open every Saturday morning from 9 a.m. until

Noon, and is located on the grounds of the historical 1838 Rowe House at 88 Belknap Mountain Road. There are local farmers selling their fresh pro-

Gilford Fire-Rescue places new engine in service

duce, area bakers, and crafters selling a variety of items.

On July 21, there will be live entertainment. Come and listen to Austin Pratt, a young musician from the Plymouth area, information about him can be found

on his Facebook page. Enjoy his music while you shop or you may want to sit down, linger, and enjoy coffee and a pastry while you listen.

Aaron of Winnipesaukee Woods Farm has a wide variety of fresh produce, thanks to his greenhouses on Hoyt Road in Gilford. He also has a variety of flowers in canning jars, many come back each week with their jar and leave with a new bouquet.

Sara of Foolhardy Farm in Gilford also

sells flowers in a variety of jars, her sunflower bouquets have been a favorite with her customers. Besides food for the body, flowers can lift your spirits.

Another local farmer is Joyce of The Shepherd's Hut in Gilford; she sells lamb, and also has recipes and herbs developed to bring out its special flavor. She also sells eggs, honey, maple syrup, maple sugar, and items made by others in New Hampshire, such as mustards, BBQ sauces,

SEE MARKET PAGE A11



It is with great pleasure and pride that Gilford Fire-Rescue announces that our new fire engine, "Engine 3," is now in service.

Cabinet that is accessible from the ground from the exterior of the fire engine.

-Lighted and Larger foot steps to access the top of the fire engine (side and rear).

-Remote controlled LED Light Tower.

drains, and valves).

-Color-coded Pump (discharges,

-6,000 Watt Hydraulic Generator with 2 cord reels and 2 outlet boxes. -1,600 feet of four-inch

supply hose. -Four 200-foot Preconnects and one 150foot Preconnect of 1.75-

inch attack hose. -A Preconnected pormonitor/deluge table

-Electric Master In-

take valves and internal pressure relief valves.

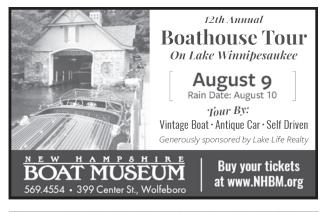
-Dual electronic displays in the cab to monitor all aspects of the vehicle.

-New and improved SCBA brackets in the cab – improving safety.

-Dual mobile radios to improve communication capabilities.

-And, more!

For further information or clarification: or, if you would like to see the new Engine 3, please contact Gilford Fire-Rescue.





## Taylor Community hosting TED Talk: It's OK to Feel Grief and Loss

Rosenthal presents "You May Want to Marry My Husband," a journey through an uncomfortable conversation about death and life after death. While we all know it will happen someday, being able to talk about it can be liberating.

This video presenta-

LACONIA — Jason tion is free, open to the public, and will be held at Taylor's Woodside Theater, Wednesday, Retirement Communi-July 25 at 2 p.m.

TED- Technology, Entertainment, Design – is a media organization which posts talks online for free distribution, under the slogan "ideas worth spreading."

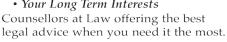
Taylor Community is the premiere not-forprofit Continuing Care ty in the Lakes Region. Keep up with all our events on Facebook. For more information about active senior living, visit our Web site at www.taylorcommunity.org, or call 366-



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## ()PINION

## **Brody**



is granted his one true

Don't be daunted by

wish, a forever family.

his size, he is a big mush

at heart, and while he

of course requires daily

exercise, as all dogs do,

not just being turned out

in the back yard, but a

solid and vigorous walk

and some opportunity

to leap about catching a

ball, he is then ready to

will not find in New

Hampshire – come and

meet him. Perhaps we

can even convince you

Please come and see

www.nhhu-

Brody you may just fall

mane.org or call 524-

to take his friend too!!

A sweeter dog you

nap and cuddle.

Energetic and full of life with a heart bursting to make a true connection with humans that will care for him always, the muscular, trim Brody, has been waiting since May for his forever home.

This handsome, stately dog hails from Texas, and in the usual scheme should already have been adopted-but he had some medical setbacks, long since resolved. He's as good-natured as he can possibly be, those Labrador mixed genes must be the reason why he is such a love, Brody has formed some strong bonds with other dogs here, particularly his firm canine pal, Snick-

It's high time Brody

## Pet of the Week: NORTH COUNTRY NOTEBOOK

## Which witch knows whether weather will wither wheat?



By John Harrigan

**COLUMNIST** 

There is an old rhyme about weather, and people's discontent no matter what transpires:

"As a rule man's a fool,

when it's hot wants it cool,

when it's cool wants it hot,

always wants it what it's not."

When someone complains about a hot day in July, I'm apt to say "This is the kind of weather we dream about in early February," which is true. Still, those four days in the high 80s and 90s this July were a bit much. This is, after all, New Hampshire, and for most readers, the northern half of the state. We're supposed to be more like Labrador than Alabama.

During my abortive college stint in New Mexico. I learned to cope with hot weather by moving more slowly, learning from all with my frequent com- apt to be different SEE NOTEBOOK PAGE A11



of designing and building a replacement bridge on Route 145 between Colebrook and Pittsburg that is actually suited to the road.

the geckos and desert lizards. This was after being dropped off by a bus in Las Cruces only to have a tumbleweed go baling by, and finding a scorpion in my slipper the next morning. Talk about culture shock.

A week or so ago. someone in Concord decreed that we were in a statewide drought, plaint about tarring the entire state with too broad a brush, because while the southern two-thirds of the state was bone dry, the North Country wasn't.

But even where so much of the region acts like a giant sponge, we were lacking those long, slow, soaking rains the region normally gets in June, and the drought eventually caught up north of the notches, and state government and the media often forget.

When we're getting one of those long, slow, soft rains, and the sponge is full and there's no more room for any more water, I like to say that every drop of rain that falls in northern New with us too. Still, there Hampshire is headed and I was ready to is the abiding feeling for Long Island Sound hop onto the soapbox that things are often as fast as it can caper.

in love!

Check

3252 for details.

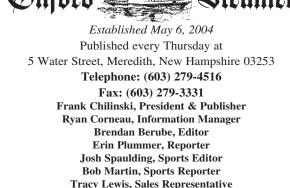
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## STRATEGIES FOR LIVING

As the son of mis-

## The search for significance

BY LARRY SCOTT

It was early afternoon (as I recall) at Rosalia High and along with most of my fellow classmates, we were awaiting the arrival of our director for our next choir practice. It was for me a favorite class, but for this young sophomore, the world suddenly came unglued.

Without warning, a group of the guys wrestled me to the floor, unbuckled my belt, drew my slacks down to my knees, then jumped up and quickly went back to their seats. Leaving me exposed and embarrassed, to say I was humiliated is to put it mildly; even the girls thought it was funny.

sionary parents to Peru, I was more Peruvian than American. Home schooled for most of my grade school years, I was uncomfortable in a classroom setting, clearly a fish out of water. I was the school "goat," the one you messed with when things were slow. You cannot imagine, especially with my desire to be accepted, what this and several similar experiences did to me. It was a lark for them; for me it was traumatic, an experience I cannot recall even now without deep emotional overtones.

It is axiomatic that each of us is in search

of significance, driven to discover purpose and meaning to our lives, anxious to make a difference. The quest to be noticed and respected is a human trait. and the extent to which we will go to achieve it at times drives us to re-

sort to the ridiculous. We carefully craft our public image and yet ignore personal weaknesses that cry for attention; we attempt to impress our friends with homes and automobiles we can't afford, so deeply in debt we can't afford to retire; athletes excel in their sport, develop an enthusiastic following, yet have problems simply growing up. Why is that? It takes only a bit of honesty to realize many of us are in deep trouble. Without any objective standard of right and wrong, we flounder in the dark with no means to find our way.

But it need not be so. Moses, the adopted grandson of one of the most powerful men on earth, spent his first 40 years of life thinking he was somebody. After a run-in with

the Pharaoh of Egypt, he escaped to the Sinai and spent 40 years, isolated and forgotten, shepherding his father-in-law's sheep thinking himself to be a nobody. And then finally, at 80 years of age, God called him to lead his real family, the people of Israel, out of Egyptian bondage, and it was only then that Moses discovered that God can take a nobody and make a somebody out of him!

I am deeply grateful for a God who has my best interests at heart. Even though I still find times when I am out of step with my peers, I have had to remind myself that it is not what others think about me, but what I think about me, and more importantly, what God thinks about me that really counts. Again, don't misunderstand; I am not crying the blues. What I am saying is that with what God is doing in my life, I have every reason to look forward to a great new year.

You want to talk about it? Hit me up at rlarryscott@gmail.

## Send us your letters!

We seek your input! Tax rate got you down? Glendale too congested for your liking? Do you approve of a recent selectmen decision? Hate the paper? Love the paper? Let us know!

Send your letters to:

Gilford Steamer 5 Water Street • Meredith, NH, 03253

Our fax number is 279 3331. E-mail us at brendan@salmonpress.news. We're looking forward to hearing from you!

## FSB hosts Customer Appreciation Day in Gilford

## Event will take place Friday, July 27

Franklin Savings Bank will host a customer appreciation day event on Friday, July 27 from 11 a.m. to 4 p.m. at its Gilford office located at 11 Sawmill Rd.

"We look forward to

hosting our customer appreciation days each summer," said Joseph Thornton, SVP, Retail Banking Officer. "This annual tradition provides us with an opportunity to have meaning-

ful conversations with our customers, so we can learn more about their experience with us. With all the banking choices available today, holding these types of events is another way to

thank our customers for choosing to do business with us."

Customers will enjoy a luau party featuring a delicious BBQ, a chance to win some cool prizes, partake in games, as

well as enter a raffle for a chance to win tickets to a Fisher Cats baseball game at Northeast Delta Dental Stadium.

Established in 1869, Franklin Savings Bank is an independent, mutually-owned community bank, offering a full array of commercial lending, personal bankand investment services throughout the Central Lakes Region and southern New Hampshire. Headquartered in Franklin, the-Bank has offices in Bristol, Boscawen, Tilton, Gilford and Merrimack, as well as an office in Bedford for business lending. Franklin Savings Bankalso offers investment, insurance and financial planning services through its whollv-owned subsidiary,

Independence Financial Advisors, fromoffices in Franklin, Bedford, Gilford, Nashua, Rochester and Merrimack, New Hampshire. As a recognized leader in providing the latest in financial services Franklin technology, Savings Bank remains committed to serving the needs of businesses, families and the communities it serves, through a dedicated team of employees, a diverse line of financial products and services, and continued investment in emerging technology.

You can learn more about Franklin Savings Bank by calling 1-800-372-4445, or visitwww.fsbnh.bank, or following the bank on Facebook, LinkedIn, Twitter and YouTube.

## DiGiorgio Associates & Monitor Builders support LRGHealthcare Golf Classic!

LACONIA — Di-Giorgio Associates & Monitor Builders, LiRo Group Companies have again signed-on as the Gold Sponsor of the LRGHealthcare Golf Classic, to be held on Monday, Aug. 13 at Laconia Country Club.

Over the years, this tournament has raised more than \$1.1 million to benefit patients at LRGHealthcare. Proceeds from the 2018 Golf Classic will be designated for much-needed renovations to the Emergency Department at Lakes Region General Hospital.

"DiGiorgio Associates & Monitor Builders, LiRo Group Companies have been great partners and friends to LRGHealthcare over the years," states LR-**GHealthcare President** & CEO Kevin Donovan.



DiGiorgio Associates & Monitor Builders, LiRo Group Companies have signed-on once again as the Gold Sponsor of the LRGHealthcare Golf Classic, to be held on Aug. 13 at Laconia Country Club. Pictured (left to right): The past DAI/MBI foursome - LRGHealthcare President & CEO Kevin Donovan; Retired LRGHealthcare Senior Vice President Suzanne Stiles; Monitor Builders Inc. President Steve Kovacs; and DiGiorgio Associates Inc. President & Managing Principal John Weaver.

"We appreciate their ongoing support of our events and projects which help to keep our community healthy."

Great sponsorship and golf opportunities are still available. Golfers will participate in a scramble format, choosing to golf in either the morning or afternoon round (shot-SEE GOLF PAGE A12

environment.

undergraduate

In May 2018, more than

and about 750 graduate

degrees were awarded.

The University now has

more than 120,000 alum-

ni worldwide.

timate

## Tour Gilmanton's Beech Grove Cemetery with Gilmanton Historical Society July 24

GILMANTON — On July 24, the Gilmanton Historical Society will lead a walking tour of Beech Grove Cemetery. This beautiful, but little known, cemetery in The Corners is the resting place of many of the early residents of that part of Town. The tour will begin at 6 p.m., and will be led by John Dickey, President of the Society. Please wear good walking shoes as the ground is uneven and walking will be required.

To access the cemetery, use Greeley Farm

New York (SUNY) net-



Tour Gilmanton's historic Beech Grove Cemetery on Tuesday, July 24, beginning at 6 p.m. with the Gilmanton Historical Society.

Road (the first right off ey offers a program of Iron Works from the junction of Routes 107 and 140). Parking will be along Greeley Farm Road. Someone will be there to show folks where to park and how to find the walking path into the cemetery. For information contact John Dickey, 267-6098 or e-mail jdickey@metrocast.net.

This is the third program in the Society's 2018 summer series. On Aug. 28, John Dick-

of Route 140 when head- Gilmanton post cards. ed toward Gilmanton The final program, on Sept. 25, brings Steve Blunt performing as John Hutchinson with Songs and Stories of the Hutchinson Family Singers.

The Society's Museum in Old Town Hall is open every Saturday morning, 10 am to noon, June, July and August.

The programs are free and open to the public. Donations to support the work of the Society are always welcome.

## Cameron J Parent of Laconia graduates from the University of Rhode Island

KINGSTON, R.I. — At the University of Rhode Island's 132nd Commencement on Saturday and Sunday, May 19-20, 2018, about 3,300 undergraduate and 750 graduate students became the University's newest alumni.

Cameron J Parent of Laconia received a Master of Science, Ocean Engineering

Students who received the honor summa cum laude graduated with a cumulative grade point average (GPA) of

CANTON, N.Y.

at least 3.7; students who received the honor of magna cum laude graduated with a GPA of at least 3.50; and students who received the honor of cum laude graduated with a GPA of at least 3.3.

The University of Rhode Island's pioneering research extends the University's influence well beyond its coastal borders, while its unique interdisciplinary courses provide its 16,637 undergraduate and graduate students with global opportunities in an in-

Madison Schumacher of

Laconia named to St. Lawrence

University's Dean's List

### **Demiana Remick graduates** from Purchase College

PURCHASE, N.Y. Demiana Remick of Gilford graduated Summa Cum Laude from Purchase College with a Bachelor of Fine Arts in Dance on May 18.

The graduates were joined by thousands of family members, friends, college faculty, and staff members who came together to celebrate their achievements.

This year's ceremony honored the contributions of two outstanding alumni. Acclaimed actor Jay O. Sanders '76 and New York State Assemblywoman Latrice Walker '01 received the President's Award for Distinguished Alumni.

**About Purchase** College, SUNY Purchase College, part of the State University of work of 64 universities and colleges, was founded in 1967 by Governor Nelson Rockefeller. His aspiration for Purchase was to create a dynamic campus that combined conservatory training in the visual and performing arts with programs in the liberal arts and sciences, in order to inspire an appreciation for both intellectual and artistic talents in all students. Today, Purchase College, SUNY is a community of students, faculty, and friends where open-minded engagement with the creative process leads to a lifetime of intellectual growth and professional opportunity. For more information about the College, visit www.pur-

#### Madison R. Schumacher lives and careers, and to of Laconia has been sepursue knowledge and lected for inclusion on St. understanding for the Lawrence University's benefit of themselves, Dean's List for academic humanity and the planachievement during the et. Through its focus on

active engagement with

ideas in and beyond the

classroom, a St. Law-

rence education leads

students to make connec-

tions that transform lives

and communities, from

the local to the global.

Mass.

Visit www.stlawu.edu.

find a compass for their

ber of the Class of 2020, and is majoring in biology and business in the liberal arts. Schumacher attended New Hampton School.

Schumacher is a mem-

Spring 2018 semester.

To be eligible for the Dean's List, a student must have completed at least four courses and have an academic average of 3.6 based on a 4.0 scale for the semester.

#### About St. Lawrence University

Founded in 1856, St. Lawrence University is a private, independent liberal arts institution of about 2,500 students located in Canton, N.Y. The educational opportunities at St. Lawrence inspire students and prepare them to be critical and creative thinkers, to

 Endicott College is pleased to announce the

BEVERLY,

Dean's List students for spring 2018. In order to qualify for the Dean's List, a student must obtain a minimum grade point average of 3.5, receive no grade below a "C," have no withdrawal grades, and be enrolled in a minimum

mester. Tomlinson,

of 12 credits for the se-

daughter of Derek and Cynthia Tomlinson of Gilford, has met these requirements. She is a junior majoring in Accounting.

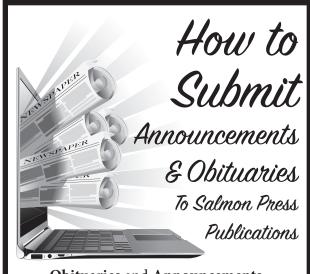
Endicott College announces Dean's List students

#### About **Endicott College**

Located in Beverly, Mass. on 235 acres of oceanfront property, Endicott College offers doctorate, master's and bachelor degree programs in the professional

and liberal arts. Founded in 1939, Endicott provides an education built upon a combination of theory and practice, which is tested through internships and work experience. Studying at the Beverly campus, regionally, and internationally are approximately 2,850 undergraduate and more than 2,400 adult and graduate students. For more information, visit www. endicott.edu.

chase.edu.



**Obituaries** and **Announcements** of special events such as weddings, engagements, and anniversaries are published FREE OF CHARGE in any/all Salmon Press newspapers.

**Obituaries** can be sent to: obituaries@salmonpress.com Wedding, engagement, and anniversary announcements are welcome at: weddings@salmonpress.com

Photos are also welcome, but must be submitted in jpeg format. Please contact Executive Editor Brendan Berube at (603) 279-4516, ext. 111 with any questions regarding the submission process.

## Lake Winnipesaukee Museum hosting program on grand resort hotels

LACONIA Lake Winnipesaukee Museum has received a grant from New Hampshire Humanities to present the program "The Grand Resort Hotels of the White Mountains: Architecture, History and the Preservation Record" on Wednesday, July 25, at 7 p.m. This program is free and open to the public; reservations are recommended.

Architectural historian Bryant Tolles, a longtime summer resident of Sandwich, will speak on the history and architecture of grand resort hotels in the White Mountains New Hampshire from the pre-Civil War era to the present. His primary focus is on the surviving grand resort hotels: The Mount Washington Resort, the Mountain View Grand, the Balsams, the Eagle Mountain House, and Wentworth Hall and Cottages. Extensive illustrations will document these buildings and others that are no longer in existence.

Professor Tolles is recently retired from the University of Dela-



The Lake Winnipesaukee Museum has received a grant from New Hampshire Humanities to present the program "The Grand Resort Hotels of the White Mountains: Architecture, History and the Preservation Record" on Wednesday, July 25, at 7 p.m.

ware, where he taught courses on New England history and on the history of tourism in America. He is the author of numerous books on history and architecture, including "The Grand Resort

Hotels of the White Mountains: A Vanishing Architectural Legacy" (2005), "Summer Cottages in the White Mountains: The Architecture of Leisure and Recreation, 1870-1930" (2000), and "Summer

by the Seaside: The Architecture of New England Coastal Hotels, 1820-1950" (2008).

Programs focusing on Lakes Region and New Hampshire history are held at the Lake Winnipesaukee Museum throughout the summer season. The museum, open to the public Wednesday - Saturday from 10

a.m. to 4 p.m., is located on Route 3 in Weirs Beach, next to Funspot. Seating is limited, so please RSVP to 366-5950 or email info@lwhs.us.

#### Virginia F. Tardy, 83

GILFORD — Virginia "Gay" F. Tardy, 83, of Stark Street, passed away peacefully on Tuesday, July 10, 2018 at Golden View Health Care Center in Mere-

Gay was born on May 28, 1935 in Laconia, to Fournier. She was a graduate of Laconia High School and was a treasurer for the New Covenant Christian Church for many years.

Gay loved knitting and sewing for her family and enjoyed going to the ocean with her family. Gay worked as a phone operator for the New England Telephone Company and as a supervisor for AT&T.

Gay is survived by her three sons (Michael



the late Oscar Harvey E. Tardy and his wife, and Barbara (Boyson) Pamela of Gilford, Stephen L. Tardy of Laconia, and John N. Tardy of Valrico, Fla.); a daughter, Elaine G. Morel, and her husband, Gary of Laconia; two brothers, Dick Fournier and his wife Ramona of Laconia and Lincoln Fournier of Laconia; three sisters, Carol Baldwin of Florida, Gail Mueller and her husband Max of Pittsfield, and Nan Kessler and her husband Kelly of Laconia; ten grandchildren; 11 great grand-

children; and several nieces and nephews.

In addition to her parents, Gay was predeceased by her husband, Elwin H. Tardy, and a brother, Ronald Fourni-

A private service will

In lieu of flowers, the family suggests that memorial donations may be made in Gay's name to the New Covenant Christian Church, 31 Lindsay Court, Laconia, NH 03246.

Wilkinson-Beane-Simoneau-Paquette Funeral Home & Cremation Service, 164 Pleasant St., Laconia, is assisting the family the arrangements. For more information and to view an online memorial, go to www.wilkinsonbeane.com.

## **Healing With Our Hands Central VNA offers Grief** Arts workshop on July 26

feelings, thoughts, and questions in our bodies, minds, and spirits. Our grief can also be so very personal. Even within a caring family, each individual often grieves the death of a loved one quite differently, especially across ages or generations.

Over the past few months, individuals and families of all ages have joined Central New Hampshire VNA & Hospice in a series

LACONIA — Our of workshops we call membering children. bitual ways of talking shops invite individu- their hearts. tivity – forming a clay luminary, creating a handmade book, painting, playful writing, shaping a musical melody and more to remember and celebrate a loved one.

Dipping into wells of creativity, children as young as five and folks "seasoned" beyond 80 have participated. Some came as a family. Others brought a friend or came on their own. Some were re-

grief can leave us at a Arts, Music, Nature, Others held parents, loss for words. Our ha- and Hope. The work- spouses, or friends in may feel like they no als and families to come losses were years ago, longer suit the sea of together in a shared ac- some quite recent. participants spent the entire workshop in one activity. Others got their hands messy in many. There was quietness, experimentation, laughter, and tears.

And some found this path of healing so meaningful, they choose to return as guest artists to share their own creative passions with others. Our next workshop will be

SEE **HEALING** PAGE A12

#### SUMMER 2018

FRIDAY, JULY 27, 7:00PM

#### The Isaacs

The Isaacs, a multi-award winning family group who began singing 35 years ago are based out of Hendersonville, TN. The vocalists are mother Lily Isaacs and siblings Ben Isaacs, Sonya Isaacs Yeary and Rebecca Isaacs Bowman. The Isaacs have a unique style that blends tight family harmony with contemporary acoustic instrumentation. Their musical style includes bluegrass, rhythm and blues, folk, and country, contemporary, acoustic and southern gospel.





#### SATURDAY, AUGUST 25, 7:00PM

#### **David Phelps**

David Phelps is credited among today's most spectacular voices. His seemingly endless vocal range, which extends more than three octaves, coupled with his gift for communicating a song, has brought the house down in the world's most prestigious venues. For more than 15 years, David served as a member of the popular and prestigious Gaither Vocal Band, and during that time received numerous Dove Awards, Grammy Awards, and multiple platinum-selling recording projects.

**Tickets available at itickets.com.** Tickets are \$25.00, \$30.00 at the door.



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Henry Bingham (Bob Rautenberg) is caught between Pamela Peabody (Joyce Wood, left) and Muriel Bingham (Michaela Andruzzi) in a scene from "A Fox on the Fairway," opening July 27 in Wolfeboro.



Louise Heindbedder (Emily Marsh, right) pleas to Pamela Peabody (Joyce Wood) during "A Fox on the Fairway," which opens at the Village Players Theater on July 27.

## Opening night nears for "A Fox on the Fairway"

the month of July draws to a close, the actors in the Village Players production of Ken Ludwig's "A Fox on the Fairway" are

gearing up to bring the ers cast (and one relacomedy to Wolfeboro tive newcomer) with audiences for five per- a director making his formances.

"A Fox on the Fairway" brings together a veteran Village Playsolo directing debut.

Longtime Village Player actor Bob Tuttle, who has been on

in numerous productions over the years, is helming his first show after teaming up with fellow Village Players veteran Russ Ellis to lead the

way in last spring's Biloxi Blues. Tuttle put together a solid cast that has been working hard over the last few months to get the nuances and specifics of this hilarious farce in their heads leading up to the production.

The show takes place in the tap room of the Quail Valley Country Club, where just outside, the annual inter-club tournament is taking place between the Quail Valley crew and their rivals from Crouching Squirrel Country Club.

Thinking he has a secret weapon this year after many years of losing, Quail Valley director Henry Bingham (Bob Rautenberg) makes a rather large bet with Dickie Bell (Russ Ellis), his counterpart at Crouching Squirrel.

But as is often the case in farces, things don't quite go according to plan. Bingham's secret weapon turns out to not be much of a weapon for him, but luckily, Bingham's position and for taking new assistant, Justin Hicks (Paul Stewart) steps up and shows his prowess on the course.

> Quail Valley member Pamela Peabody (Joyce Wood), who certainly has her own attachment to Henrv. gets involved and

things continue to take different turns along the way. Justin's girlfriend, Louise Heindbedder (Emily Marsh) adds her own drama to the mix when she loses something that might have an adverse effect on Justin's golf game.

And if those crazy people aren't enough, add Bingham's wife, Muriel (Michaela Andruzzi) to the mix. She finds out that her husband's bet might just prove problematic to her, but she also finds herself drawn to her husband's rival at the same time.

Ken Ludwig's A Fox on the Fairway is on the Village Players stage on Friday, July 27, Saturday, July 28, Friday, Aug. 3, and Saturday, Aug. 4, all at 8 p.m. and closes with a matinee performance on Sunday, Aug. 5, at 2

The air-conditioned Village Players Theater is located at 51 Glendon St. in downtown Wolfeboro. Tickets are available at Black's Paper and Gifts in Wolfeboro or online at village-players.com. Tickets will also be available at the door while supplies last.

Ken Ludwig's Fox on the Fairway" is sponsored in part by Dr. Richard J. Neal. DMD.

## **Lakes Region Mutual Aid** partners with NH Department of **Safety Information & Analysis Center**

LACONIA — Lakes Region Mutual Fire Aid is a regional Fire and EMS Dispatch center, providing professional Fire, EMS, and All Hazards emergency dispatching and mutual aid coordination to 35 communities in and around the Lakes Region of New Hampshire.

Lakes Region Mutual Fire Aid is proud to announce a collaborative effort with the New Hampshire Information and Analysis Center (NHIAC) which has been made possible through a Homeland Security grant. Lakes Region Mutual Fire Aid has agreed to sponsor the first ever New Hampshire "Fire/EMS Liaison Officer to the NHIAC." Cory Clark, a retired Concord Firefighter, has been recruited by Lakes Region Mutual Fire Aid and has been permanently assigned to the NHIAC.

The NHIAC was established as an allcrimes/all-hazards information and analysis center providing strategic and tactical information directed at the most serious threats to the State of New Hampshire and its people. The center monitors information from a variety of open and classified sources, analyzes that information, and provides an information product that will serve public safety and private sector interests whose mission it is to serve the homeland security, public safety and emermanagement needs of their constituents and the State of New Hampshire. The center assists in the development and use of and efficient deployment of public safety resources.

The training and experience that fire service personnel possess by nature of their profession make them an excellent analytical element and/or subject matter expert resource for contributing to the analysis and production of information regarding man-made and natural disaster incidents. In addition. when fire service personnel embedded in fusion centers are able to view all of the information available to analysts, they can advise

on specific preparedness, response, and recovery requirements and assist fellow analysts in the identification and preparation of information products for all emergency ser-

vices consumers. Chief Jon Goldman, of the Lakes Region Mutual Fire Aid Association said, "I believe this is a great step forward for the New Hampshire Fire Service with analyzing information from many different sources and compiling it in a way meaningful, real-time that the New Hampmetrics in the effective shire Fire and EMS services can use it."

He went on to say "This is a way to take information about concerns from one part of the state and disseminate it to the rest of the state in an

organized and timely manner. LRMFA is appreciative of NH Department of Safety and the Grants Management Unit for the opportunity to collaborate. We are proud to be at the forefront of this project to better serve our Mutual Aid Partners, District Members, and of course the NH Emergency Services Community."

The Director of the NHIAC, State Police Lieutenant Joe Villers, said, "This is a program that we have wanted to incorporate into the NHIAC for some time. We now have the opportunity to move forward with a more robust twoway sharing of information between New Hampshire Fire and EMS Services and the NHIAC. I would like to thank Chief Goldman and the Lakes Region Mutual Fire Aid Association for recognizing the importance of this this program on."

Any questions regarding this release can be directed to Chief Jon Goldman, at 528-9111 or jgoldman@ lrmfa.org or Lt. Joe Villers, NHSP at 223-8744 or joseph.villers@ dos.nh.gov.

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## **Celebrate 40 years of Chanticleer** with the Great Waters Music Festival

ALTON — Celebrating their 40th anniversary, the world-famous Chanticleer will perform at St. Katharine Drexel in Alton on July at 7:30 p.m. The twelve voice all male ensemble will present choral music at the highest level of excellence. This very special concert is brought to you by the partnership of Great Waters Music Festival and the New Hampshire Music Festival.

Chanticleer is committed to using their unique brand, flexibility and experience to adapt to the rapidly changing dynamics of the music industry. Their mission is to encourage worldwide appreciation for the art of ensemble singing through live performances, education, recording and the creation of new choral work. You'll experience their passion through their sound.

Over the years, Chanticleer founder Louis Botto was often asked if, at that first convening of singers around a dining room table in San Francisco, he had any idea it would become what it is today. He would usually answer, "yes," with a broad smile and a twinkle in his eye. As a graduate student in musicology, Louis found it odd that much of the repertoire he studying-vocal music of the medieval and Renaissance periods-was not being performed. He decided to form a group to sing this neglected repertoire, using only male voices, as was the tradition in most churches during the Renaissance. Louis turned to members of choirs in which he sang, the San Francisco Symphony Chorus and the Grace Cathedral Choir of



Celebrating their 40th anniversary, the world-famous Chanticleer will perform at St. Katharine Drexel in Alton on July 24

Men and Boys, asking if they might be interested in this endeavor. Nine members were selected, including Louis (who sang tenor), and rehearsals began for their debut performance.

at 7:30 p.m.

One of the founding members, baritone Charlie Erikson, was in the midst of reading Geoffrey Chaucer's Canterbury To name the group, he suggested Chanticleer, the name of the "clear singing" rooster in The Nun's Priest's Tale. [Chaucer had actually borrowed the name from the ancient French tale, "Renard the Fox." It is a combination of the French words chanter ("to sing") and clair ("clear").] Everyone approved this choice, and Chanticleer debuted on June 27, 1978 before a capacity audience at San Francisco's historic Old Mission Dolores. Buoyed by their success, they agreed to continue rehearsing with the goal of performing a new

the opportunity to sing in some of the most beautiful concert halls and churches in the

world. But the group has also sung in a barn in Canada, a roofless

East Germany, a gymnasium in Sweden, and in Central Park with church in the former the New York Philharmonic. No matter where the group travels, Chanticleer has become a "polished performing machine that ... could fairly be called Botto's miracle" (The Wall Street Journal). Louis should be proud.

**Great Waters Music** Festival is a non-profit organization dedicated to culturally enriching New Hampshire's Lakes Region. The festival encompasses a diversified program designed to appeal to a variety of musical tastes. Its purpose is to promote live musical performances including folk, pops, jazz, Broadway, dance, and renowned vocal and instrumental artists. For more information and tickets please visit: www.greatwaters.org, call 569-7710 or email: info@greatwaters.org

## LRPA's Fabulous '50s series continues with "Panic in the Streets"

LACONIA — Throughout July, Lakes Region Public Access Television will feature four films from the fabulous '50's, a decade known in cinema, for many things, including the end of the Hollywood musical; the "Red Scare" and blacklisting of

screenwriters; film noir standouts; and Cold War/atomic panic. Join us each Friday and Saturday night at 10:30 p.m. as we salute this remarkable de-

This weekend (July 20 & 21), we're proud to present the 1950's action-packed and seldom-seen film noir "Panic in the Streets," directed by Elia Kazan and starring Richard Widmark, Jack Palance (in his film debut), Barbara Bel Geddes and Zero Mostel. "Panic in the Streets" was shot entirely on location in gritty New Orleans, giving the

Rid your household of hazardous waste at upcoming regional collection

ardous products such as oil-based paint and stain, lawn and garden chemicals, kitchen and bathroom cleaners, and automotive products. Residents and residential taxpayers in the 25 participating communities may bring up to 10 gallons or 50 pounds of Household Hazardous Waste (HHW)to any one of the collection sites throughout the region.

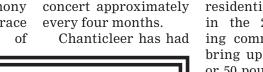
On July 28, bring your hazardous waste to the Belmont Fire Station and Public Garages Franklin, Gilford, & Meredith. On Aug. 4,

REGION — Safely HHW will be collected wich, Tamworth, Tilrid your home of haz- at the NH DOT Garage ton, and Tuftonboro. in Bristol, the Public Works Garage in Laconia on Bisson Avenue, and the Town Highway Garages in Center Ossipee and Moultonborough. The collections will run from 8:30 AM to 12:00 noon. The participating communities for the collection consist of: Alexandria, Andover, Belmont, Bridgewater, Bristol, Center Harbor, Effingham, Franklin, Freedom, Gilford, Gilmanton, Hebron, Hill, Holderness, Laconia, Meredith, Moultonborough, New Hampton, Northfield, Ossipee,

As a reminder: Latex paint and alkaline batteries are not considered HHW, and will not be accepted on the collection days. These products can go in with the household trash (dry out the paint before disposal).

To get maps to the collection sites, learn more information about wastes, or make a donation to the program, visit the Lakes Region HHW Web site http://www.lakesrpc.org/serviceshhw. asp, find us on Facebook (under Lakes Region Planning), or call

movie a gripping sense of realism that other film noirs, often filmed on a set, do not possess. Kazan, having already won the Oscar for "On the Waterfront," made the most of his colorful location. The film's scenes include abandoned lots, train tracks, back alleys, dive bars, flophouses and the like. The director also favored the use of locals, rather than Hollywood extras, to add authenticity to each scene. The film won the Academy Award for Best Screenplay, was chosen by the National Board of Review as one of the Top Ten Films of 1950 and garnered Kazan the International Award at the Venice Film Festival that same year. In its review, The New York Times noted that "... Elia Kazan has directed [it] with a keen sense of appreciation for violence and suspense." If you're a lover of classic movies and of suspenseful noir, you owe it to yourself to see "Panic in the Streets." Garb your popcorn and meet after dark for this thriller from our cinematic past.



Lakes Region Community Services is seeking a part-time Family Managed Employee to support a young man in Alton for 26 hours per week. The schedule would be Tues-Fri for 6-7 hours per day, but can be flexible. Duties include support out in the community and help with seeking employment/ volunteer opportunities. A valid driver's license, reliable vehicle, auto insurance, and the ability to pass background checks are all required. Please visit www.lrcs.org to apply or call 524-8811.

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#### Mark your calendars for our final Fabulous Fifties Film:

July 27 & 28:1957's "Attack of the Crab Monsters"

You can't find television like this it anywhere but LRPA TV, Atlantic Broadband Channel 25. Not a subscriber? Then log onto Live Stream through our Web site (www. lrpa.org) where you can catch all the fun.

#### About Lakes Region **Public Access** Television (LRPA)

Lakes Region Public Access Television (LRPA) is a nonprofit, noncommercial lic access TV station and community media center located on the Laconia High School

SEE **LRPA** PAGE A12

## Leadership Lakes Region applications online

REGION — Applications for the 21st annual Leadership Lakes Region Program are available on-line along with the Program's monthly schedule. With a start date of Oct. 4, the Leadership Board is currently reviewing applications submitted from various individuals representing the banking industry, healthcare, the legal profession, the hospitality/resort



## 14th Annual Golf Tournament announced

Lakes Region Tourism Association Golf Tournament Fundraiser set for July 23

REGION —The Lakes Region Tourism Association (LRTA) will host their 14th annual Hospitality Golf Tournament on Monday, July 23 at Lochmere Golf & Country Club in Tilton. This is one of the LRTA's largest fundraisers of the year, and helps fund local industry education programs, including the Mildred A. Beach Hospitality Scholarship; the Ron Meade "On the Track to Tourism" Scholarship; and the Mel Borrin Family Scholarship. The LRTA's primary mission is to promote and highlight the regions hospitality, service, and

attraction businesses to tourists far and wide.

It's not too late to participate, and you can register your team Registration forms are available at: www.LakesRegion. org/2018-golf-tournament. Team registration is \$550 and includes 18 holes of golf with cart for 4, continental breakfast and award banquet dinner with team awards, gift bags, contests, and prizes. You can also call the LRTA office at 286-8008 or email kobrien@ lakesregion.org.

This year's hole-inone prize is a 24-month car lease donated by Irvin Automotive Group. The event begins at 8:15 a.m. with a shotgun start. An annual favorite during the tournament is T-BONES famous snacks on the grill provided in the gazebo. Winner of the Putting Contest goes home with Red Sox tickets. Award Banquet provided by Greenside Restaurant.

Funspot is the Presenting Sponsor of this tournament. Additional golf tournament sponsors include: Irwin Automotive Group, Irving Energy, Waste Management, The Rowley Agency, Windham Group, Tylergraphics,

Bottling Corp, T-BONES and Cactus Jack's, Gunstock Mountain Resort, LTD Company, The Crazy Gringo, Faro Italian Grille, Mill Falls at the Lake, Laconia Daily Sun and Dow Realty Group. Some sponsorship opportunities may still be available, call for details.

Lakes Region Tourism Signature Sponsors are: New Hampshire Employers Insurance Company, Eastern Propane & Oil, and Clear Choice MD, for more information about this tournament or LRTA, visit www.lakesregion.org.

(Left) Leadership Lakes graduates Willow Furey, third from left, and Gilford Firefighter Nate Hanson, far left, enjoy a moment with guest speaker Tom Raffio, CEO of Northeast Delta Dental and Dr. Leo Sanfacon, a graduate of the first leadership lakes Class in 1998.

industry and several non-profit organizations.

"This year's class is really shaping up nicely," said Program Coordinator Jennifer McLean.

"We look to have a great mix of professionals from throughout the Lakes Region involved as the Class of 2019," she added.

Last year's Class of 2018 brought the Leadership Lakes Region Alumni roster to 360 graduates since the program began in 1997. One recent Alumna

and now serving on the Board of Directors for Leadership Lakes Region, Willow Furey, said this about her Program Year: "It was a life-changing experience. It gave me the opportunity to meet people who work outside my industry, Hospitality, while learning about opportunities for growth in subject areas I value in life. I'm honored now to serve on the Board and can't wait to see what the Class of 2019 will do."

Applications still being accepted to round out the class and anyone interested is urged to visit the Leadership Lakes Web site at www.leadershiplakesregion.org. Additionally, anyone curious to know more about the leadership program may contact McLean at 524-6791.



## Taylor Community hosting program on "Laconia 1916 – Chasing the Road"

LACONIA — K. Peddlar Bridges chronicles the story of the road from Boston to Weirs Beach with exciting side trips and the evolution of the different forms of transportation, which helped write the history of that

The public is invited to join us Wednesday, July 25 at 6:30 p.m. in Taylor Community's Woodside Building, for this free lecture.

Bridges is a long-time New England resident, former editor of New England Power Sports Post and present Laconia Motorcycle Week Poet Laureate and Archivist.



COURTESY PHOTO

Taylor Community is the premiere not-forprofit Continuing Care Retirement Community in the Lakes Region. Keep up with all our events on Facebook. For more information about active senior living, visit our Web site at www. taylorcommunity.org, or call 366-1400.



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## Where You Live as Retiree Can Affect Financial Strategies

#### expensive the housing is likecosts, though you'll still liketax breaks on retirement in-Regarding how you invest ly need to purchase some come, so, if taxes are a major

Upon retiring, many people relocate to enjoy a more favorable climate, or to be closer to grown children, or to live in an area they've visited and enjoyed. If you, too, are thinking of moving someday, you'll want to study possible locations, but you also need to be aware that where you eventually decide to live can greatly affect your savings and investment strategies - both now and during your retirement.

Here are some relocation costs to consider:

Housing - Not surprisingly, the larger the city, the more ly to be. Also, locations near an ocean or the mountains tend to be more costly. But the type of housing you select - house, apartment or condominium – also can affect your financial picture in terms of initial expense, maintenance and possible tax benefits. Plus, you can now find newer types of arrangements, such as senior cooperative housing, in which you own a share of the community and have a voice in how it's run.

**Health care** – If you are 65 or older when you retire, you'll have Medicare to cover some of your health care type of supplemental coverage. However, out-of-pocket health care expenses may vary in different parts of the country, so this is something else you'll want to check out before relocating. Of course, the availability of good medical facilities may be just as important to you as health care costs.

Taxes - You may hear about people moving to a different state to lower their tax burden during retirement. A few states don't have personal state income taxes, and many others offer favorable

concern, you'll want to research the tax situation of prospective retirement locations. You may also want to consult with your

tax advisor. These aren't all the areas you will need to consider when estimating your total cost of living in a retirement destination, but they should give you a good idea of what you can expect. And your choice of where to live as a retiree can affect your financial strategy in at least two ways: how you invest today and how much you can withdraw from your retirement accounts when you're retired.

today, you should evaluate whether your current investment strategy is likely to produce the resources needed to support you adequately in the retirement location you've chosen. So, for example, if you think you're going to live in a fairly expensive place, you may need to reduce your expenses, delay retirement or work part time.

Your choice of a retirement destination also may affect how much money you withdraw each year from your 401(k) and IRA. When choosing an appropriate withdrawal rate, you'll need to consider other variables your age, the amount of money in your retirement accounts, other available assets, etc. - but your cost of living will be a key factor. A financial professional can help you determine the withdrawal rate that's right for you.

When you retire, it can be a great feeling to live where you want, but you'll enjoy it more if you're fully aware of the costs involved – and the financial steps you'll need to

This article was written by Edward Jones for use by your local Edward Jones Financial Advisor. For more information or to sign up for their monthly newsletter, contact your local Financial Advisor.









Edward Jones, its employees and financial advisors are not estate planners and cannot provide tax or legal advice. You should consult your estate-planning or qualified tax advisor regarding your situation. Member SIPC

## **Prescott Farm rolls out new Membership Program offering** access to free public programming

Prescott Farm Environmental Education Center is excited to roll out its new and improved Membership Program, including access to free public programming for all ages, year-round.

Membership levels are available for anywhere from one to up to six people, with additional supporter levels offering some tax-deductible gifts. Memberships at Prescott Farm offer many benefits, including many free public programs (some programs have a materials or guest lecturer fee), free use of Prescott Farm snowshoes during the season, discounts on WildQuest camps,

discounts on Prescott merchandise. Farm and a monthly e-newsletter.

"Prescott strives every day to help people of all ages connections with nature, and we hope that our new and improved Membership program will make it even easier," says Jude Hamel, Executive Director of Prescott Farm. "We've expanded our Membership Program to include many free public programs and we've revised our membership levels to offer more flexibility and even more value for your dollar. As a small nonprofit, we count on our members and supporters to help us carry on



Prescott Farm Environmental Education Center is excited to roll out its new and improved Membership Program, including access to free public programming for all ages, year-round.

our mission of opening

Members are an important part of any nonprofit, and it is no different for Prescott Farm – member support allowing it to offer a full array of enriching public programs, which continue to grow and expand every year. Members of Prescott Farm share and support its mission and values of exploring and preserving the natural world. For more information on Memberships or to sign up, visit www.prescottfarm.

Prescott Farm is a nonprofit 501c3 dedicated to environmental education and preservation. For more than twenty years, Prescott Farm has been a destination for people of all ages to learn about New Hampshire wildlife, ecology, natural history and cultural

history through handson public programs and service learning opportunities in the beautiful Lakes Region of New Hampshire. It is a designated wildlife viewing area with over 160 acres of idyllic farmland, forest and pastures open daily, year-round to the public including more than three miles woodland, pond and field trails, heritage gardens, and a Natural PlayScape, as well as Fledglings Nature-Based school and WildQuest summer and vacation camps. For more information about Prescott Farm and all of its programming and ways to help, please visit www.

prescottfarm.org. Prescott Farm -exploring and preserving the natural world, one adventure at a time.



The Circus Smirkus Big Top Tent and youth performers are coming to Wolfeboro to perform Vaudeville a celebration of the grand American tradition of variety entertainment!

## Circus Smirkus not just for kids

dies and gentlemen, girls and boys, the Circus Smirkus Big Top Tent and youth performers are coming to Wolfeboro to perform Vaudeville a celebration of the grand American tradition of variety entertainment! It is a wonderful show for all ages to enjoy. Four performances will be held at The Nick Recreation Park on Aug. 12 and 13.

tacular lineup of unforgettable acts, with amazing acrobats, mystifying magicians, jaunty jugglers, and wondrous wirewalkers. Awe, delight, and side-splitting laughter awaits! Get your tickets now for a dazzling tribute to the greatest form of family entertainment in history - purchase online at http://www. smirkus.org/about-

WOLFEBORO — La- Join us for a spec- big-top-tour/ or call 1-877-SMIRKUS 764-7587) or at Black's Paper store in Wolfeboro and Innisfree Book Store in Mere-

dith. summer, a Every freshly auditioned company of Smirkus Troupers, ages 10 to 18, hits the road in traditional mud show fashion for a twomonth performance tour of New England. SEE CIRCUS SMIRKUS PAGE A12

the door to the outdoors for all."

## **Cormac McCarthy makes** bandstand debut Saturday night

WOLFEBORO — The second week of the Friends of the Wolfeboro Community Bandstand summer concert series will feature a new act on the bandstand.

Cormac McCarthy, one of New England's preeminent folk singer/ songwriters, was supposed to open last year's concert series but his show was cancelled due to the weather, but he's back this year, taking to the bandstand on Satur-

day, July 21. McCarthy made his singing debut at the age of three on WKRC in Cincinnati, belting out Davy Crockett on his dad's radio show. Some 20 years later he returned to public performance, this time singing his own compositions with a bit more experience.

While he was born in Ohio, McCarthy has



Cormac McCarthy will be performing on July 21 in Cate Park.

been rooted in New England since he was 10 years old, growing up in towns where economies teetered on marginal sustenance from logging and paper and woolen mills. While the area was small, his musical influences were not, as his father's love for jazz

and classical music introduced him to a wide range of music. However, when his sister visited from college with the recordings of Bob Dylan, Joan Baez and others, things clicked for McCarthy and he traded in his clarinet for a guitar.

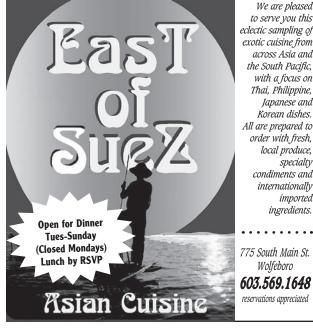
During his college years, he studied literature and music and spent much of his time reading, playing guitar and working in the mills to pay for school. His college roommate encouraged him to make his music public and they shared local gigs and storytelling marathons.

McCarthy was nominated for both Outstanding Folk/Acoustic Act and Outstanding Folk/Acoustic Album by the Boston Music Awards for his album Troubled Sleep. He was SEE McCARTHY PAGE A12









eclectic sampling of exotic cuisine from across Asia and the South Pacific, with a focus on Thai, Philippine, Japanese and Korean dishes. All are prepared to order with fresh, local produce, specialty condiments and internationally imported ingredients.

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**GSD** 

#### MUSIC CAMP

camp, including different resources and sites.

"T like learning

about all the different websites we could use in the future," Lilia said. "There was never a boring moment."

(Continued from Page A1)

Colin said he also said he liked meeting new people.

#### (Continued from Page A1)

"That ALICE Training has been really well received by our staff, well received by our parents as well being proactive as far as safety for our students in our schools," Beitler

Efforts will also be taken to reconfigure the entryway at Gilford Elementary School. Beitler said the mechanical, electrical, and plumbing project at the school was completed last August and they have money left over from the bond. The funds will go toward creating a secured entryway at GES in time for when the students return to school in August.

With the revised entryway visitors will come into a vestibule and buzz into the office. From there, they will request entry into the school or drop something off depending.

The district has also undertaken a program to fingerprint and do background checks on all of its volunteers. Beitler said they have fingerprinted and done

pancake and soup mix-

On Saturday, July

**MARKET** 

es and dips.

background checks on 400 different volun-

"(We) feel pretty good about that process," Beitler said. "There were obviously some kinks, but did some good work with our volunteers to get that to a good place this past year."

The district received several grants in the past year for technolo-

One grant allowed the district to purchase enough Chromebooks for students to do a one-on-one computer program. Students can use Google platforms in the schools to do and submit their work and communicate with their teachers among other educational applications. Students in elementary school have already have own Chrometheir

This past year, high school students were able to take Chromebooks home and a Chromebook went to every student in the middle school. Beitler said by next year they

anticipate all students in grades five to 12 to bring their Chromebooks home with them.

Benavides asked if there will be a time the district will use digital textbooks instead of physical books.

Beitler said they have access to some digital books, namely math books, though it is difficult to say if they will completely replace physical books. He said students in a university setting will do digital research, though they still go to the library and do research from books.

The district also received a grant to increase its robotics program. Now they have Lego Robotics in the elementary and middle schools with two Lego Robotics teams at Gilford Middle School. These programs feed directly into the high school's robotics pro-

The district will also have virtual reality applications in biology and math this coming

(Continued from Page A3)

## for a gift.

21, we will have two potters, both graduates vegetables, of Gilford High School who started by taking ceramic classes while in high school. Molly Harper will be a guest vendor on that day; her "birchbark" mugs and vases are unique, and have been a favorite in the past. This year, she has created her "stump mugs", with the look come to the market. of a stump on the outside and vivid blue,

inside. She also has sets of bowls with leaf designs. We are fortunate that Emily Wernig is a regular every week; she specializes in vases and flowerpots with designs, along with her mugs. The two potters offer a wide variety of

green, purple, and red

either for something special for yourself or

If you want fresh meats, eggs, honey, maple syrup, jams and jellies, soaps, essential oils, flowers, baked goods, come to the market. If you want crafts such as quilts and wall hangings, braided rugs, rag rugs, sports aprons. various types of bags, candles, and soaps,

By coming to the Gilford Farmers' Market, you are both helping local farmers and craftspeople and helping the Gilford Historical Society raise money to renovate the ell of the 1838 Rowe House. Money from the vendor fees and from the coffee and doughnuts table goes for this pur-

Club members have taken the renovation of the ell as their special project for this year. Much work has already been accomplished, thanks to the many volunteers who take prided in our community and in preserving the history of our

With the Rotary and the Historical Society working together, the goal is to turn the ell into an area where there can be special exhibits, more display areas, and perhaps an area where small meetings can be held.

Sponsors of the Market are Belknap Landscape Company, Gilford True Value, Bill and Sally Bickford, MacDonald Veterinary Services, Patrick's Pub and Eatery, and the Woodshed Roasting Company.

The Gilford Rotary

---There are now no pauses whatever between television commercials. Not so long ago there would be at least a second or so to let the viewer shift gears. These days, the commercials run along seamlessly, from soap to cars to flooring, all to save a few seconds for (you guessed it) another commercial.

tional news comes on at 6:30 p.m., right after the local news. At the beginning, announcers often mention forthcoming reports on accidents and tragedies and natural disasters, but are careful not to say just where they oc-SEE **NOTEBOOK** PAGE A12

#### **SCENIC**

is already narrow and he would be concerned to see it narrowed any further.

Selectman Chan Eddy said he has seen these kinds of traffic calming measures used along the shorelines in communities in Massachusetts and Connecticut. He said with the amount of tourists this area gets, it might be a good idea to consider options like this for Scenic Drive and other shoreline roads.

"I'm glad you brought this before us," Eddy said. "I think you can count me as one of the people who will help with this. It is something I'm interested in doing."

Public Works Director Jason Hayden said he is quite familiar with the issues like this posed to back roads, both from his time in Gilford and experiences in Nashua. He said has already fielded a bunch of complaints from road residents on the traffic issues. Hayden said, however, Scenic Drive is already narrow and it would be difficult to put in bike lanes narrow it down further. He also questioned whether using

only one entrance to the road would be enforceable. Hayden did say there were things they could look into.

(Continued from Page A1)

Benavides recommended that Hirshan with Hayden directly about this. Hayden said he has already made it a priority to look at the road and see what might and might not work. He said he could also talk with the LRPC's Transportation Advisory Committee (TAC), on which he sits with Sheldon Morgan as Gilford's representa-

#### THEATER

Massachusetts. Rhode Island, and California who are staying in the area, including the relatives of local students.

GMS theater teacher Matt Demko said the number of students who take part grows every year. The first year they had 20 participants and this year they have closer to 56.

The camp started on July 9 and ran each day from 2-5 p.m. leading up to the performances on July 20 and 21. This year, with the amount of students, the camp was split into two casts, who will each perform two shows.

Demko said "Peter Pan" has a large cast with four different groups in the show: the Lost Boys, the Pirates, the Brave Girls, and the Darling Family. He said he could rotate these groups around during rehearsals.

The theater camp is also getting help from GES music teacher Rachel Auger and choreography by Heidi Noyes-Bourgeois of Broadway North, who has a child in the camp.

Demko said everyone has been working really hard and around 90 percent of the show was done in the first week of the camp.

Demko said with all the different activities kids are involved with over the summer they try to be flexible with

students' schedules.

He said it's exciting that kids are willing to give up three hours a day from their summer to be part of this.

Demko said with numbers steadily increasing every year he might want to do two shows next year depending.

New this year is a Tech Camp led by GMS art teacher and tech director Aaron Witham. Students learned about the basics of tech including building sets and doing sound and lighting.

"It's a lot of different skills you have to do," Witham said.

Witham said "Peter Pan" is great for this program because the set is a good size.

The camp had participation by seven middle school students and and help from four high schoolers.

(Continued from Page A1)

"I have a feeling as he continues to do that, the numbers will grow," Demko said.

Witham said the process has been going great. By a week before the show, they had one set complete. The performers started working onstage for the first time on Monday.

Witham said this is the first time he has worked on a show without GHS Auditorium Director Scott Piddington.

"It's been fun for me to take the lead role on anything," Witham

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#### **NOTEBOOK**

I envision a drop of water with little legs, and a showboat hat and maybe a cane, ready to dance its way down the watershed.

styles to choose from,

I grew up in the upper Connecticut Lakes headwaters, bounded by the Androscoggin watershed to the east and various Vermont drainages to the west. It is about 410 miles the northern tributaries of the Connecticut watershed to where the river debouches into the sea at Old Saybrook, Connecticut.

What fun it would be, I've often thought, to get the two historical societies in Pittsburg, New Hampshire Old Saybrook, Connecticut, together, and arrange reciprovisits---Pittsburg visiting down there one year, and the Saybrook crowd coming

up here the next, with the fire departments and churches helping out with tours, entertainment, and suste-

nance. And I sometimes muse about, say, a beaver stick, a piece of poplar chewed on both ends, that somehow gets caught up in a rivulet in the northernmost reaches of Pittsburg, hard by the Canadian border, and somehow makes it all the way down through the dams and penstocks and turbines and rapids, to drift out into Long Island Sound. And I envision someone fishing for shad way down there where the river meets the sea, and bending over the side of the boat to snatch up the

beaver stick, and won-

dering where its jour-

ney began. If such a

beaver stick could talk.

(Continued from Page A4) what tales it could tell.

Media gripes:

---The nightly na-

#### **NOTEBOOK**

(Continued from Page A11)

curred---in what state, even---until the actual segment. This is a bald-faced tactic to keep viewers hooked to the program for as long as possible, to improve rat-

++++

The Associated Press ran a story last week about a hot air balloon that made a "surprise landing" in a Methuen, homeowner's yard, as if it were a rarity.

But the fact is that it happens all the time. Try as they might to land in ball fields and pastures and the like, balloonists are often at the mercy of the vagary of the winds, including sudden little bursts that can send them into the next township.

On my first balloon flight, we ended up landing in the front yard of a home in East Colebrook. As is the custom, one of the crew ran up to the front door with a bottle of champagne for the occupants. They in turn came out to marvel at the balloon as the crew gathered it up for transport, and all this made the event that much more fun. And wherever balloons fly

(which if you Google it is a whole lot of places), it happens all the time.

Mention of my fondness for thunderstorms and watching lightning drew a nice note from Carol Mitchell of Center Tuftonboro, whose father had the same predilection and as a young man was struck by a bolt that found its way across the screen door he was leaning on.

Evidently, her father and I also shared the trait of obstinance. "He was knocked unconscious and had to carry a very long scar down the left side of his body for the rest of his life," she wrote. "That did not, however, deter him from continuing his practice of storm watching on our front porch."

(This column runs in a dozen newspapers covering the northern two-thirds of New Hampshire and parts of Maine and Vermont. Letters, with town and telephone numbers in case of questions, are welcome via campguyhooligan@gmail.com or Box 39, Colebrook, NH 03576.)

#### **GOLF**

gun starts at 8:30 a.m. and 2 p.m.). Each flight will be followed by a delicious meal, gifts, and prizes for the participants.

Joining DAI/MBI, LiRo Group Companies in supporting the LRG-Healthcare Golf Classic are Presenting Sponsor Bank of New Hampshire.; Silver sor Cross Insurance Agency; Driving Range Sponsor Consolidated Communications; Golf Ball Sponsors Atlantic Broadband, Giguere Electric, Inc., Nixon Peabody LLP, and Co.; Bronze Sponsor Cerner Corporation; and Cart Sponsor Tufts Health Freedom Plan. Corporate Sponsors include: Advanced Orthopaedic

Specialists; All Metals Industries, Inc.; Bay Point Financial, LLC; BerryDunn; Golden View Health Care Center; Gragil Associates, Inc.; HVAC Unlimited; Lacewood Group, Inc.; MB Tractor & Equipment, Melcher & Prescott Insurance, Mercer, Meredith Village Savings Bank, Stanley Elevator; Stewart's Ambulance Service; and WBS/HUB International New England.

Hole-in-One Sponsors include: The Irwin Automotive Group - offering the chance to win a brand new car lease; Fratello's Italian Grille ... a Hole-in-One wins you \$2,500 to Fratello's and anyone who hits the green will get a restaurant gift card. Dr. Paul Racicot & Family will sponsor a Hole-in-One opportunity to win a new tractor, and on another Par 3 golfers will have the chance to win a one-ofa-kind framed Masters wind jacket signed by fourteen celebrity golf-

Want to join us on

Aug. 13? Call now! Limited foursome spots and a range of sponsorship opportunities are still available... don't miss a day of great golf, great networking, great meals & prizes! For more information contact the Office of Philanthropy at LRGHealthcare: 527-7063, rdoherty@lrgh. org- or visit our Web site: www.lrgh.org.

DiGiorgio Associates Inc. (DAI) & Monitor Builders Inc. (MBI) provide integrated healthcare planning, design, and construction management services. They have a long history of providing imaginative solutions with thoughtful consideration to an organization's function and feasibility.

(Continued from Page A5)

LRGHealthcare is a not-for-profit healthcare charitable trust representing Lakes Region General Hospital, Franklin Regional Hospital, and affiliated medical providers. LRGHealthcare's mission is to provide quality, compassionate care and to strengthen the well-being of our community.

#### **HEALING**

Thursday, July 26 from 6 – 8 p.m. in Laconia. Activities will include scrap-booking with April Ellis, beading with Madi Hendrick, fly-tying with Dan Kusch, and creative writing with Page Coulter.

Folks interested in scrap-booking are encouraged to bring 10 photos or mementos to create a 2-page spread. April has papers, cutting tools, adhesives, acid-free pens, templates, and ideas for layout and journaling to help you get start-Madi will have all of the beading materials you need, but you are welcome to bring your own beads to use or share. Page

says just come as you are or bring a favorite pen and writing notebook. Dan will have fish hooks of all sizes, feathers, hairs, furs, and sparkles of all shades and textures to create a sleek mayfly or a gaudy display.

The workshop is free and open to the public and you take home what you create. Children under 18 must be accompanied by an adult. Please call Central New Hampshire VNA & Hospice's Bereavement Care Coordinator, Dan Kusch, at 524-8444 or dkusch@centralvna.org to register, for location details, and with any questions.

(Continued from Page A6)



#### **LRPA**

campus in Laconia, NH. LRPA cablecasts locally on Atlantic Broadband Channel 24 (educational programming and public bulletin board), Chan-25 (information entertainment) and Channel 26 (government meetings) to

nearly 11,000 viewers in our member communities of Belmont, Gilford, Laconia, Meredith and Northwood. Programming is produced by and for the people of the greater Lakes Region. LRPA's mission is to empower our community members to produce content that

- fosters free speech and the open exchange of ideas,
- · encourages artistic and creative expression.
- · promotes a well-informed public through

governmental parency, and

(Continued from Page A8)

· unites our communities through the power of media and technology.

LRPA's slogan: Community empowered by media. Visit us on the Web at www. lrpa.org.



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#### CIRCUS SMIRKUS

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Circus Smirkus Troupers get the full experience of touring

coaches, cooks, tent show. That means shows in just seven a complete immersion in circus life. performers endure rigorous training, daily chores and the loading in and loading out of the Big Top. They revel in the joy of performance and the camaraderie of a common purpose —

the passion of a shared Smith Farm Stand

#### **McCARTHY**

Stage radio show.

(Continued from Page A10)

Get your tickets

(Continued from Page A10)

asked to perform in Boston's WUMB Folk Radio 10th anniversary celebration and has performed on the Newport Folk Festival stage three times and has appeared on NPR's Mountain

Jeff McLaughlin from the Boston Globe said of McCarthy, "A distinctive songwriter with a warm, powerful, inherently melodic baritone, a fine guitarist and a devastating wit ... enormous writing gifts, capable of putting chills into your spine or a silly grin on your face..."

The Friends of the Wolfeboro Community Bandstand summer concert series takes place each Saturday night throughout the summer from 7 to 9 p.m. in Cate Park. The concerts are free of charge, though a passthe-bucket offering is

taken at intermission. In the event of bad weather, a cancelled sign will be posted at the entrance to the park near town docks and there will also be a posting on the Friends of the Wolfeboro Community Bandstand Facebook page.







JULY 19, 2018

## Winnipesaukee Annual Regatta takes place today

BY BOB MARTIN

Bob@Salmonpress.news

GILFORD – Today the Lake Winnipesaukee Sailing Association is holding the Winnipesaukee Annual Regatta (W.A.R.), which organizer Amy Tripp said is a good spot for beginner sailers to learn the ins and outs of racing.

"We have a number of programs here dedicated to those who want the competitiveness of racing," said Tripp. "There are also programs that people can just learn to sail and enjoy the sport, but some people have competitiveness in their blood."

The event is hosted by the Winnipesaukee Yacht Club and involves youths from age eight to 18-years-old. There are sailing clubs from the Sunapee Yacht Club that will bring about a dozen sailors, as well as groups from Cape Cod and Maine.

The regatta begins at 9 a.m. and sailors go until about 3 p.m. At the end there is a barbeque and a raffle at the Winnipesaukee Yacht Club. Tripp said it is a fun



Courtesy

The Winnipesaukee Annual Regatta takes place on July 19 at 9 a.m.

event for all the young sailors involved.

"The kids have a great time out there," said Tripp. "There is a good sense of camaraderie."

The LWSA was founded in 1988 and has a focus on training youths in sailing. Local sailors involved tend to participate in one or more local regattas, but there are some who represent even more frequently around New England

and beyond. When there are youth racers as a group who want to attend a regatta, LWSA often arranges a trailer to send boats and the coaching staff.

Youth regattas typically race in two-person boats and one-person boats. Most of the LWSA

racers use the organization's boats, but others have their own. There are many sailors who begin participating in regattas after their first summer with LWSA, but some choose to just enjoy sailing around the lake and not compete at

Since May the association has had pre-season programs running, and the camps continue throughout the summer. The first full day camp started on June 25.

"Everything is going really great," said Tripp.
"I'm excited about the campers and the instructing team we have this year that has U.S. Sailing certification. They are doing a bang up job and really relate to the kids."

Tripp said there have been small boats and big boats out on the water every day, and the campers have been lucky with the incredible weather this summer. She said not only has there been minimal storms, but the wind has also worked in campers' favors.

There have also been private lessons for adults, and information to sign up can be found on the LWSA web site.

For more information log onto LWSA.org or e-mail amy@lwsa.org.







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## AMERICAN RED CROSS BLOOD DRIVES

## **EMERGENCY BLOOD SHORTAGE: RED CROSS ISSUES URGENT CALL FOR BLOOD DONORS**

### Blood supply dwindles after donations lagged during Fourth of July holiday week

MANCHESTER, NH (July 9, 2018) — An emergency blood shortage is prompting the American Red Cross to issue an urgent call for eligible donors of all blood types - especially type O - to give now and help save lives.

The Red Cross escalated its call for blood and platelet donors after a difficult Independence Day week for donations. More than 550 fewer blood drives were organized by businesses and other community groups last week than during a typical week as individuals across the country celebrated the holiday and enjoyed summer activities. This could equate to as many as 15,000 fewer donations than needed, causing donations to now be distributed to hospitals faster than they come in.

"Each and every day, individuals across the country depend on blood and platelet donations for lifesaving treatments and emergency care, so it's critical that people donate now to meet these needs," said Cliff Numark, senior vice president, Red Cross Blood Services. "Whether you've never donated or give a couple of times a year, you're needed to give as soon as possible to help save patient lives. Yours may be the donation a patient is counting on."

This need is especially critical for type O blood donors. Type O is the most in-demand blood type and often the first be depleted from hospital shelves during a shortage. Type O negative is the universal blood type and what emergency room personnel reach for when there is no time to determine the blood type of patients in the most serious situations. Type O positive is the most common blood type and can be transfused to Rh-positive patients of any blood type.

#### How to help

To schedule an appointment to donate, use the free Red Cross Blood Donor App, visit RedCrossBlood.org or call 1-800-RED CROSS (1-800-733-2767). The Red Cross has added about 6,500 additional appointment slots at donation centers and community blood drives across the country over the next few weeks to accommodate more donors. Donation appointments and completion of a RapidPass online health history questionnaire are encouraged to help reduce the time it takes to donate.

#### **BELKNAP**

## **Center Harbor**

7/27/2018: 12 p.m. - 5 p.m., Center Harbor Congregational Church, **52 Main Street** 

## Gilford

7/21/2018: 9 a.m. - 2 p.m., Gunstock Ski Resort, 719 Cherry Valley Rd

## Laconia

7/26/2018: 12:30 p.m. - 6 p.m., Laconia Community Center, 306 Union Ave

#### **MERRIMACK**

## Boscawen

7/31/2018: 12 p.m. - 5 p.m., **Boscawen Town Hall**, 14 High Street

7/18/2018: 9 a.m. - 2 p.m.,

**IBEW Local 490.** 

48 Airport Road

7/27/2018: 8 a.m. - 2 p.m., NH Health and Human Services,

29 Hazen Drive

## Bow

7/26/2018: 1 p.m. - 6 p.m., Bow Old Town Hall. 91 Bow Center Road

## Concord

7/24/2018: 2 p.m. - 7 p.m., **IBEW Local 490.** 48 Airport Road

Bektash Shriners, 189 Pembroke Road

7/9/2018: 1:30 p.m. - 6:30 p.m.,

#### **About the American Red Cross**

The American Red Cross shelters, feeds and provides emotional support to victims of disasters; supplies about 40 percent of the nation's blood; teaches skills that save lives; provides international humanitarian aid; and supports military members and their families. The Red Cross is a not-for-profit organization that depends on volunteers and the generosity of the American public to perform its mission. For more information, please visit redcross.org or cruzrojaamericana.org, or visit us on Twitter at @RedCross.

## 1-800-RED CROSS

7/27/2018: 1 p.m. - 6 p.m., **Epsom Library.** 1606 Dover Road

7/25/2018: 9 a.m. - 2 p.m., IBEW Local 490. **48 Airport Road** 

#### **LRGHealthcare Blood Drive**



Wednesday, August 1, 2018 Noon - 5:30 PM **LRGH Conference Rooms LL 1-3** 

Call 524.3211, ext. 3226 to make an appointment or for more information.

LRGHealthcare

lrgh.org

## Lachapelle heading to UNE to play field hockey

BY BOB MARTIN

Bob@Salmonpress.news GILFORD- The Golden Eagles made it to the final four of the Division 3 field hockey in each of the past four years, and much of it was thanks All-State midfielder Jillian Lachapelle. Lachapelle graduated this past spring and will be continuing her field hockey career at the collegiate level at University of New England in Biddeford, Maine.

Lachapelle said a number of reasons brought her to the school. Not only does she see herself getting a chance to play a good amount in her freshman season, she was also impressed by the university's pharmacy program. Her sister is a junior at the university as well, making it an even easier choice.

"It was pretty much a no brainer," said Lachapelle.

For the past four years at Gilford High School, Lachapelle has been a standout athlete in both field hockey and softball. While the

decision wasn't easy, as she had plenty of great memories of playing both sports, in the end she went with field

"I had a really good time playing field hockey in high school," Lachapelle. "It just seemed like the right thing for me."

This past season the Golden Eagles were knocked out in the semifinals by a tough Newfound squad, but the team was still considered one of the best in the division. The year before that Gilford won the state title, and Lachapelle said it is one of her most memorable athletic moments.

Having success with All-State honors and also team success with the team being a champion or contender year ter year is something Lachapelle sees helping her at the next level.

"I learned how to be a team player and that is something that I'll be able to bring to my college play," said Lacha-



Jillian Lachapelle won a state title and was an All-Stater during her field hockey career at Gilford. She will be playing next year at University of New England.

Lachapelle has already met the coaches and some of the players, as well as participating in several clinics in preparation for the fall season. She is looking forward to joining a field hockey program that has won several

thing, I can definitely play there too," said Lachapelle. Throughout the summer, Lachapelle has been training hard to keep in shape and stay on top of her fundamentals. She has been

running more than

ever before and while

conference titles. While

she has been a mid-

fielder for the Golden

Eagles, she said she is

ready to play anywhere

field but if they need

me at offense, or some-

"I'll try to play mid-

her coach feels fitting.

the training regiment is difficult, Lachapelle knows the harder she works the better the results will be.

"The coach gave everyone a calendar going from May until we get back," said Lachapelle. "There is a bunch of running, some sprints, lifting and working on skills."

Lachapelle said her goal for the upcoming season is to prove herself and earn a starting role, but most importantly she wants to have fun and help the team succeed.

She is looking forward to taking the next step into college, but Lachapelle said she will always think back on her time at Gilford High School with happiness. The feeling, she said, was bittersweet.

"I'll really miss all the girls, the teammates, and the coaches," said Lachapelle. "I'm used to seeing them and being with them all the time, but I am looking forward meeting new friends and meeting new people in college."

## **New Hampshire Marathon** returns on Sept. 29

BRISTOL — With a generous \$4,000 donation from store manager Joel Lloyd, Hannaford Supermarket in Bristol has become the title sponsor for the second year running in support of the New Hampshire Marathon.

First held in 1993 as a single race event run mainly around Newfound Lake, the NH Marathon has evolved into four different events: the 26.2-mile marathon, a 13.1-mile half marathon, a 10k race, and a kids' marathon run in sections that finishes on

race day. Now, more than 600 runners come not only from New Hampshire and across the U. S. but international runners also flock to Bristol as well to compete in these prestigious events. Both the marathon and half marathon have been recognized as superior events by Runners' World and the 100 Half Marathons Club. This year, the 26th NH Marathon events will be held on Saturday, Sept. 29.

Over the years, donors' fees, race entry fees, and funds from events have contributed more than \$275,000 to three local

FUTURES Ad

organizations: the Tap- in the event must be ply-Thompson Community Center, the Circle Program, and Camp Mayhew. These groups provide important support to area youth through year-round programs touching and enriching the lives of more than 500 children a year. This would not be possible without the support of community partners such as Hannaford Supermarkets and other local businesses. This event also benefits the local economy by bringing in many athletes and their friends and families who support local businesses.

Participants in the 10K run and marathon will begin on Lake Street in front of the Newfound Memorial Middle School while the half marathoners start at Sculptured Rocks in Groton. Downtown Bristol traffic going both ways will be temporarily delayed while runners start out though North Main Street will remain open as a detour. Those participating in the half marathon are reminded that buses will be leaving NMMS at 8 a.m. to take runners over to the starting

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checked in before this time.

Registration for the 26th annual NH Marathon, half marathon, 10k, and kids' run is now open. Access www.nhmarathon.com to complete the application. Check in time on race day will be 7:00-8:45 a.m. in the NMMS cafeteria. Pre-registered runners may also check in on Friday, Sept. 28, from 4:30 to 6:30 p.m. Those interested in the pasta dinner on Friday, Sept. 28, may pre-register for \$8 or at the door for \$10 between 5 and 7:30 p.m. Maps, lodging and sponsor info, entry form, and more may also be found online at www.nhmarathon.com.

Not a runner but want to help the cause? Please use the registration link to sign up to be a volunteer. Jobs include helping with registration, parking cars, directing traffic, manning water stops along the route and assisting at the finish line. Many of these positions require only a few hours on the morning of race day. You can also contact race headquarters race@nhmarathon.

## Host families sought for New England Wolves

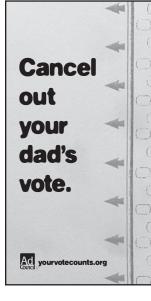
New England Wolves Junior Hockey Program is seeking host families in age from 15-20 years old and are recruited from all over the world, coming to develop as hockey players in the Lakes Region of New Hampshire. This year's team features players from England, Canada,

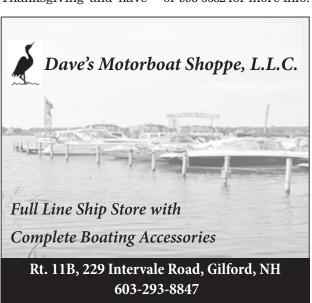
The Florida, Colorado, and many more destinations worldwide. In 2017-18 manitarians of the Year" for their charitable work in their community.

> Players arrive Aug. 25 and 26 and play a 50game schedule over the course of seven months. Players return home at Thanksgiving and have

a two-week break at Christmas.

All host families rethe Wolves program was ceive \$375 per month, for the upcoming sea- awarded by the Eastern per player (can host son. The Wolves range Hockey League as "Hu-more than one) for hosting Wolves. If you have a spare bedroom in your home and interested in hosting a player, please connect through e-mail the Wolves Housing Coordinator, Kerry Mull, at mullkl426@gmail.com or 998-6682 for more info.







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**COURTESY PHOTO** 

NASCAR driver Joey Logano leads Speedway Children's Charities New Hampshire Chapter's Track Walk in July 2017.

## Speedway Children's Charities busy during race weekend

LOUDON — With seven events scheduled over the course of the five days during NA-SCAR race weekend at New Hampshire Motor Speedway, Speedway Children's Charities New Hampshire Chapter will be fundraising to help children in need across New England.

"Race weekend is our busiest time, and we hope that the generous NASCAR fans help us raise money for children who benefit from Speedway Children's Charities," said Hillarie Scott, director of Speedway Children's Charities New Hampshire Chapter. "We are so thankful for the drivers and volunteers who have committed to giving their time during the week-

end to help ensure the success of these events and to make a positive impact on children all over New England."

#### **Event schedule**

Wednesday, 18 - Laps for Charity (5 - 7 p.m.). Experience what it's like to drive "The Magic Mile." This is one of the very few opportunities that fans have to drive on the track. For a \$30 donation, fans can drive their own car, or, for \$30 per shotgun in the official New Hampshire Motor Speedway Toyota Camry Pace Car for three "fast laps" around the speedway just days before the NASCAR race. \*Weather permitting and some restrictions

Thursday, July 19 -Ricky Craven's "One for the Kids" Golf Tournament (7 a.m.). Spend the day on the golf course with NApersonalities SCAR at Canterbury Woods Country Club just minutes from the speedway. Register online for \$150 per person or \$600 per foursome.

Friday, July 20 -

SCAR Cup Series champion Martin Truex Jr. and 2017 NASCAR Xfinity Series champion William Byron headline this annual breakfast that benefits the Children's Hospital Dartmouth-Hitchcock and SCCNH. Tickets are \$40 and can be purchased online or at the entrance of Hospitality Village.

Wicked Good Live Auction (6 - 8 p.m.). Get the chance to bid on Monster Energy NASCAR Cup Series sheet metal, racing gear and once-in-a-lifetime experiences. The auction will be held at the Trackside Live Stage, located next to the entrance of the infield tunnel with special guest Ricky Craven. Admission is free.

Saturday, July 21 -Champions Breakfast Helicopter rides (9 a.m. (8 a.m.). Defending – dusk). Get an aerial (2 – 5 p.m.). Have any person, they can sit Monster Energy NA- view of the speedway spare change? Volunon this scenic helicopter ride. Tickets are \$60 per person and can be purchased at the helipad located outside of Turn 3. Must be 18 years or older. Weather permitting and restrictions apply.

Track Walk presented by PPG (8 p.m.). NASCAR driver Ryan Blaney will lead the way for a walk around the 1.058-mile oval after the checkered flag falls for the NASCAR Xfinity Series race. Register online through 5 p.m. on Thursday, July 19, for \$20 per person. Onsite registration is Friday, July 20, and Saturday, July 21, from 9 a.m. to 5 p.m. in the NHMS FanZone for \$25 per person. Children 16 and under are free with a paid adult.

Sunday, July 22 - Red Bucket Brigade by PPG teers will walk through the stands with the red buckets looking for donations to help children in need across New England.

Each December, Speedway Children's Charities New Hampshire Chapter distributes grants to non-proforganizations in the region. Since its inception in 2009, the

Granite State chapter has raised more than \$1.7 million, which has benefitted more than 667,000 children across New England.

For more mation about other upcoming events for Speedway Children's Charities New Hampshire Chapter, call Hillarie Scott at 513-5738 or visit SpeedwayCharities.org/NewHamp-

For full schedule and ticket information on all 2018 events at New Hampshire Motor Speedway, including the July 20-22 Foxwoods Resort Casino 301 Monster Energy NASCAR Cup Series race weekend and the Sept. 21-22 Full Throttle Fall Weekend, please stop by the ticket office, visit the speedway web site at www.NHMS.com, call Fan Relations at (783-4931.

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# Robin Allen-Burke stat-

ALTON — It's never ed, "we have raised over too early to start planning for a "special event" and the seventh annual 5K/10K sanctioned road races and 5K walk held at St. Katharine Drexel Church in Alton on Saturday, Sept. 15, would be just that. Races begin at 8:30 a.m. sharp with awards and raffle prizes following. the past six race director

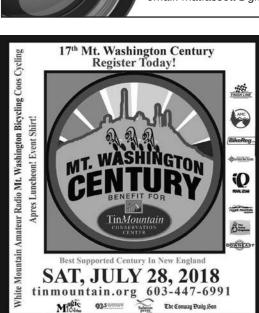
\$11,000 for our charities. This year, as in the past, we will award funds to the James Foley Memorial Scholarship, given annually to a graduating senior from James' alma mater, Kingswood Regional High School in Wolfeboro. We also support the Special Needs Campers program at Camp Fatima in Gilmanton, and we are always thrilled to send financial

support to the remaining Indian mission in New Mexico started by St. Katharine Drexel in 1903."

None of this would be possible, of course, without the many sponsors and local businesses who contribute financially or who provide raffle prizes. Title sponsors this year are Eastern Oil and Propane and also Integrity Earthworks. Longtime support also comes from All Earth/Joe Balboni, Delta Dental/ Northeast Delta Dental, and Weston Auto Body are gold sponsors. Silver sponsors include Big Dave's Bagel and Deli, Wolfeboro Eye Associates, Closet Place LLC and Calico Graphics. Additional bronze sponsors include Sal's Advanced Automotive/Three Sis-

St. Katharine Drexel road race is Sept. 15 ters Gas Station-Wolfeboro, Hannaford's of Alton, Peaslee Funeral Home, Skehan Home Centers, Inc. Rochester Floor/NorthEast Wood Solutions and DiPrizio

GMC Trucks Inc. Male and female runners of all ages and abilities are welcome at the race, as well as those who walk the 5K. The course is an out-and-back from the church parking lot to Route 28A, and up Old Wolfeboro Road, with a turn around to the finish line. For more information or to register, access www.stkrace.com, go to https://2racereg. webconnex.com/drexel5k2018 or make a call to the race director at 569-3996 for more information. Plan to come out for a great day and help support worthy causes.



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## **Bicycle Hillclimb institutes drug testing**

PINKHAM NOTCH Competitive cyclists entered in next month's Mt. Washington Auto Road Bicycle Hillclimb can look forward to a new development in the race: testing for performance-enhancing drugs. Immediately following their ascent of the ultra-steep Auto Road on Aug. 18, the top two male and top two female fin-

ishers will be tested by standards provided by the World Anti-Doping Agency (WADA).

Held independently from the sanctions of the Union Cycliste Internationale (UCI), the world governing body for competitive cycling, the Hillclimb attracts primarily serious amateur cyclists plus a few professional riders. The

race has not previously conducted drug testing. However, with the event now in its 46th year, the Tin Mountain Conservation Center and the Mt. Washington Auto Road, the race's organizers, decided to adopt the policy introduced earlier this summer at the Northeast Delta Dental Mt. Washington Road Race, a footrace on the same 7.6-mile all-uphill course.

Howie Wemyss, general manager of the Auto Road, observed, "We're taking this step, which frankly we should have taken years ago, because unfortunately illegal performance-enhancing drug use has been rampant in professional bike racing as well as amateur racing for years. With this change we intend to maintain and enhance the credibility of winners' performances and the validity of course records."

At Mt. Washington, testing will be of urine samples obtained as soon as possible following the finish, while the riders to be tested are still at the mountain's 6,288-foot summit. In keeping with WADA practice, they will be chaperoned until their urine samples are ready to be tested.

Responses to the new policy have been conspicuously positive. Cameron Cogburn, a former professional rider who won the Hillclimb in 2012 and 2013, commented, "The Mt. Washington Auto Road Bicycle Hillclimb celebrates each rider's ability to push themselves to their physical and mental limits, and doing so, discover that they are stronger than they thought otherwise. Seasoned pro or first-time amateur, all tackle the exact same course and conditions. As such, there is absolutely no justification for drugs or any other form of cheating, which is completely antithetical to the spirit of hillclimbing. I am extremely happy to see the MWARBH take measures to protect the credibility of the event."

"I am 100 percent in favor of drug testing," said Marti Shea, a fourtime winner of the Hillclimb. "It is a step in right direction. Will it completely eradicate the possibility of athletes using performance enhancing drugs and not getting caught? No, because cheats will always find wavs around a simple urine test as proven by Lance Armstrong amongst many others. However, it does begin a conversation and an affirmation that perforenhancement drugs are not only being used by professionals but, sadly, the use of these drugs continues to spread well within the

amateur community." Among the race's past winners are three who at one time or another have failed drug tests. Of these the best known is Tyler Hamilton, who won the Hillclimb in each of his four appearances on the Auto Road and set what stood for some time as a course record, but who eventually admitted to years of performance-enhancing drug use. Another is Genevieve Jeanson, a former star of Canadian cycling who set a seeming course record for women in 2002. Both Hamilton's and Jeanson's records were invalidated in 2011.

American cyclist Tom Danielson, who won the Hillclimb in 2002 and 2003, failed drug tests several years later and is now serving a fouryear suspension from UCI competition. Since no evidence suggests Danielson was using performance-enhancing drugs at the time of his Mt. Washington appearances, his 2002 time of 49:24 continues to be recognized as the course record.

Following the disqualification of Jeanson's times, the women's course record reverted to 58:14. set in 2000 by French cycling legend Jeannie Longo. Longo herself faced periodic allegations of illegal drug use and failed one test in 1987, but in 2011 the French cycling federation cleared her of any charges or sanctions.

Shea, whose best Mt. Washington time of 1:03:12 is the next fastest woman's time after Longo's, is emphatic on the subject. "I am disheartened that my attempts to break an unrealistic record set by a woman who was caught using performance enhancing drugs, then given a pass by her federation, make me feel cheated not only out of monetary compensation but more importantly

out of the joy of knowing that I own a record that I labored to achieve and did so honestly and with integrity," said Shea. "Performance enhancement drugs do what they say. They create athletes that are forever at an advantage. I am all in favor a zero tolerance policy."

The Mt. Washington Auto Road Bicycle Hillclimb is a 7.6-mile ascent to the summit of New Hampshire's Mt. Washington, the highest peak in the northeastern United States. Hardcore amateur cyclists, aspiring professional riders, mountain bikers, triathletes, extreme sports enthusiasts and other cyclists with strong legs and determination annually challenge the Auto Road's steep grade - an average of 12 percent, rising to 22 percent at the finish - and Mt. Washington's unpredictable weather, in what is widely known as one of the toughest bicycle climbs anywhere in the world.

The Hillclimb is the main annual fund-raising event for the Tin Mountain Conservation Center in Albany, which provides environmental and recreational education for children, schools and families in communities in the White Mountains and the Mt. Washington Valley. The entry fee of \$350 includes a substantial (and tax-deductible) donation to the center. Registration for the 2018 Hillclimb is still open. Interested riders can register at www.bikereg.com/mwarbh.

## Tanger Fit 5K is Sept. 30

TILTON — Tanger Outlets Tilton in coniunction with Northeast Communications. Belknap Landscape Company, Planet Fitness. Laconia Daily Sun and AutoServ, will host the 10th annual Tanger Fit 5K Run/ Walk to benefit breast cancer patients in the Region. The first 1,000 registrants to check-in at the race will receive an exclusive race t-shirt. All finishers will receive a commemorative participant medal and a Tanger Outlets coupon book. Prizes will be awarded to top three male and female winners. The registration fee is \$25 for adults and \$15 for children under 17 years of age or \$30

the day of the race.

Businesses group organizations interested in forming teams of 10 or more can receive a discounted entry rate (\$5 off per person). For a discounted team rate, contact the Tanger Outlets General Manager Eric Proulx, at Eric. Proulx@TangerOutlets.com. Team prizes will be awarded for the following categories: Largest team, most spirited and best team t-shirt.

The race is Sunday, Sept. 30, at 8:30 a.m. at Tanger Outlets Tilton, 120 Laconia Road, Tilton.

For more information or to register, visit www.tangeroutlets. com/race.

## Brunnette, Einarsdottir voted Athletes of the Year

Plymouth State names award recipients

Plymouth State University Athletic Department has announced the winners of its major awards for the 2017-18 academic year, honoring eight students for their accomplishments on the field of play, in the classroom and within the Plymouth community.

The awards, presented annually, honor former coaches and educators who were pioneers in the development of physical education and athletics at Plymouth State. The eight recipients represent the best of more than 730 students who were involved with PSU Athletics as a student-athlete or support

PLYMOUTH — The the 2017-18 school year. The award winners, selected following a vote by the head coaches and department administrators, will be honored during the annual PSU Athletic Hall of Fame ceremony on Saturday, Oct. 20.

"These students represent everything that Plymouth State Athletics is about," said Associate Director of Athletics Courtney O'Clair. "To truly be a Panther means being dedicated in the classroom, community, and on the playing surface. We are proud to honor these students as some of the best Plymouth State has to offer."

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Retired Nurse will care for your loved one in their home or yours.

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## OWN-TO-TOWN CLASSIFIE



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Sales & Rentals

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WOLFEBORO: Brand new construction! Offering 3 bedroom, 2 baths, an eat-in kitchen, first floor master with private bath and room to roam on an over 5 acre lot.

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WOLFEBORO: Unique Mirror Lake property with four-2BB condos to keep as is convert to a duplex

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parking, large yard, shared beach and dock too!

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WOLFEBORO: What a property! 3BR main house with smart home technology and 2BR guesthouse, both with high-end finishes on 35 acres with four-car garage, deck & frontage on Willey Brook.

CENTER STREET \$889,000

#### LAND

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Affordable waterfront offers the best of it all with a 1.32 acre lot in a quiet cove with access to the main part of the lake. Basin Road.....

**WOLFEBORO** 

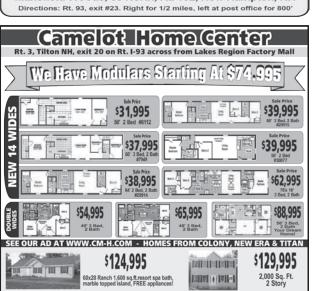
In desirable Robin Acres, .63 acres, gently sloping and wooded near the beach and public boat launch.

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**SANBORNTON:** 3-BR home w/ wrap around porch & huge garage. \$199,900 MLS#4700671



LACONIA: 3-BR cape w/ custom details, lush landscaping & garage \$239.878 MLS# 4703082



MOULTONBOROUGH: .31 acre building lot w/ great amenities \$40,100 MLS#4701623



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PARADISE on Lake Winnipesaukee in Wolfeboro...this 6+ bedroom, 8 bath home is made for entertaining many friends/family and with 242 feet of waterfront, spectacular views and 3.3 acres for privacy.

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Call 875-3128 \$45,299 (4687747)

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\$265,000(4676799) Call 875-3128 \$199,000(4656501) Call 253-9360



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This downtown lot is on .31 acre and has recently been surveyed. Town water & sewer. Bring your ideas!! Call 253-9360 \$74,500 (4640838)

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**NEW DURHAM** // Lovely 3.76 acre building home within walking distance to Main St. stone walls on 3 sides. 11.8 acres of gently lot in nice rural neighborhood. Abuts conservation land and hiking trails. Expired septic plan available.

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## TOWN-TO-TOWN CLASSIFIEDS

#### **FOOD SERVICE WORKER** BELMONT ELEMENTARY SCHOOL

Shaker Regional School District's Food Service Department has an opening for an energetic applicant for a Food Service Worker at Belmont Elementary School. This is a school year position, working 9:30 am – 2 pm. Duties include, but are not limited to, prep work, serving, cleaning, washing dishes and pots/pans, and other tasks directed by the Kitchen Manager. Ability to lift up to 40 pounds. Willingness and ability to learn the point of sale register is necessary. Prior experience in the food service industry is preferred. The successful candidate must be able to work in a fast paced, ever changing environment and perform as a team player.

Applications may be found on the Shaker Regional School District website or can be picked up at the SAU Office at 58 School Street; Belmont, NH 03220.

Please contact Nancy Cate, Director of Food Service at 603-267-6525 ext. 1352, if you have any questions.



#### **FULL TIME OPPORTUNITIES**

- UNIT SECRETARY 36 hours
- OR NURSE SUPERVISOR 36 hours
- MT/MLT 40 hours (Day shift)
- RN M/S 36 hours (Night shift)
- RN CHARGE 36 hours (Night shift)

#### PART TIME OPPORTUNITIES

- COOK 16 hours
- HOUSEKEEPER 20 hours (Weekends)

#### PER DIEM OPPORTUNITIES

- LNA/UNIT SECRETARY/HOSPITAL INFORMATION CLERK (This is a float position)
- COOK
- CENTRAL STERILE TECHNICIAN
- SURGICAL TECHNICIAN
- RN

Apply Online at www.ucvh.org Upper Connecticut Valley Hospital 181 Corliss Lane, Colebrook, NH 03576 Phone: (603)388-4236 ucvh-hr@ucvh.org

**EOE** 

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#### \$3,000 SIGN-ON BONUS

For two years of experience staff RNs

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#### **Positions Available:**

Waitstaff Chef Bartender Busser Dishwasher/Prep

## The Corner House Inn

Center Sandwich, NH 284-6219

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We offer Competitive Salary based on experience Health Insurance Benefits, Paid Vacation and Paid Holidays Must have Valid Driver's License and OSHA 10 Card Pre-Employment Physical and Drug Screen Required Call Us at (603)539-2333

Email Resume to toni@integrityearthworks.com Or find our Application online at integrityearthworks.com

#### Power Outage Tips

Follow directions from local officials Check flashlight and radio batteries

- Charge mobile devices
- Add warm clothes and blankets to emergency kit
- Keep gas tank full
- · Take cash out (ATM's may not work)

- Go to community warming shelters & check on neighbors, family, seniors and homeless Only use generators in open areas away from w prevent carbon monoxide poisoning

Throw out unsafe food

Ready

#### BREWSTER (1) **ACADEMY**



Reporting to the Director of Facilities Management, this hourly position is full-time, with benefits, 40 hours per week, 7:00am to 3:30pm, with rotating weekend schedules and on-call weekend responsibilities. Must be available to work all school events including, but not limited to; Fall Family Weekend, Graduation,

A High School diploma is required, Associates degree preferred, Journeyman Plumbing license required, Gas license preferred, in-depth knowledge of plumbing and maintenance systems required. HVAC experience preferred, basic knowledge of electrical, carpentry, glass replacement, appliance repair, painting, masonry, and grounds work.

Successful candidates must be physically able to perform duties of position, must possess valid driver's license, clear driving record, reliable transportation to cover duties on campus, provide certificate of liability insurance for personal vehicle, and be able to pass criminal background and professional reference checks. Candidates must have reliable work attendance and strong work ethic. Interested candidates should apply online at www.brewsteracademy.org > Human Resources, or email a cover letter and resume to personnel@brewsteracademy.org; or mail to: Personnel Office, Brewster Academy, 80 Academy Drive, Wolfeboro NH 03894.

Brewster Academy is an Equal Opportunity Employer. We welcome applicants whose background and experiences will enrich the diversity of our community.



#### Full-Time Position Warehouse/Counter Person

Energysavers Inc is looking for a self motivated individual to add to its staff. The position would include, but is not limited to, organizing and pulling parts & jobs as well as receiving deliveries. We are a highly recommended 43 yr old Lakes Region retailer of well known hearth & spa products. You can earn while you learn! Potential to move into a "Dedicated Sales Advisor" position is a possibility. No prior experience required. Must have a valid driver's license & be able to lift/carry a 80lb min. Stop in to fill out an application:

**Energysavers Inc,** 163 Daniel Webster Hwy, Meredith NH

#### **SAU #79** GILMANTON SCHOOL DISTRICT **2018-2019 VACANCIES CLASSROOM PARAEDUCATOR**

Please send a letter of intent, resume and three letters of reference to:

Principal Paula Mercier Gilmanton School 1386 NH Rte. 140 Gilmanton Iron Works, NH 03837

July 27, 2018 or until position is filled.

#### **2ND SHIFT CUSTODIAN**

Looking for a custodian with experience, but will train the right person that is selected. The custodian works 2nd shift during the school year and 1st shift during the summer months.

Please send a letter of intent, resume and three letters of reference to:

> Facility Manager David Sykie Gilmanton School 1386 NH Rte. 140 Gilmanton Iron Works, NH 03837 July 27, 2018 or until position if filled.





## TOWN-TO-TOWN CLASSIFIEDS

#### **Marine Parts Associate**

Position available for marine and/or powersports parts expert. Handle parts ordering and inventory while servicing our tech staff and retail customers. Join our team at our Alton Bay Service Center for a full time year-round position with benefits.

> rwin Marine of Alton Bay 🛕

Apply to brucewright@irwinmarine.com

#### BREWSTER (3)



**ACADEMY** 

#### **DINING SERVICES DEPARTMENT**

Brewster Academy, a private boarding/day school in Wolfeboro NH, is now accepting applications for Front of House and Dishwasher/ Utility Staff positions within our Dining Services Department.

#### Front of House:

One full time, non-exempt, hourly, year round position, Wednesday - Sunday, with corresponding benefits. One part time, non-exempt, hourly, year round position with corresponding benefits; Mon., Tues., Wed., Fri., Sat. Must be able to work evenings and weekends. Front Of House staff are responsible for keeping the dining hall and food service areas well stocked, in an orderly fashion, and sanitary. Duties include, but are not limited to, setting up for meal times, keeping servery stocked and clean during meal service to include food, silverware, serving utensils, and beverages, breaking down after meal times.

#### Dishwasher/Utility Staff:

Part time, non-exempt, hourly position with corresponding benefits, 24 hours/week, year round. Schedule to be determined by immediate supervisor. Must be able to cover the duties of the position that include, but are not limited to: ensure cleanliness and organization of the dining hall dish room; stock all plates, cups and utensils; maintain weekly cleaning schedule; empty dining hall trash receptacles; ensure safe condition of dish room area; ability to follow directions and follow all safety rules.

Successful candidates must be physically able to perform duties within these positions and be able to pass criminal background and professional reference checks. Candidates must have reliable work attendance and strong work ethic.

Interested candidates should call Chris Dill, Director of Dining Services.

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To us, it's personal. \$11-\$14.25/hr; Responsible and compassionate CAREGivers needed for non-medical care. A job that nurtures your soul.

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> > or www.homeinstead.com/796

#### **Shaker Regional School District** 2018-2019 School Year **Employment Opportunities**

Middle School Spanish and French Teacher Transition Assistant/Job Coach

1:1 Special Education Assistants

**General Special Education Assistants** 

**Classroom Assistant** 

**Academic Support Facilitator Food Service Worker** 

Custodian

#### **Substitute Teachers**

Please visit the Human Resources page on the District Website, wwwl.sau80.org, for details, or contact Debbie Thompson, Business Administrator, at 267-9223 ext 5303 or via email at dthompson@sau80.org.

PLACE YOUR AD, Get Read, GET RESULTS!

### BREWSTER ( ACADEMY HOUSEKEEPING DEPARTMENT

Brewster Academy, a private boarding/day school in Wolfeboro NH, is now accepting applications for a full time housekeeping position, hourly, 40 hrs/ week, Monday through Friday 6:30 am to 3:00pm, calendar year.

Applicants must be able to cover the duties of the position that include, but are not limited to: Sweep, dust, mop, scrub, and vacuum hallways, stairs, shampoo/spot clean

- carpets, clean windows, office space, dormitories, and other assigned rooms; · Clean, mop, scrub, polish, and disinfect showers, stalls, toilets, sinks, faucets, etc.;
- Follow appropriate and safe chemical use when cleaning;
- · Maintain a sufficient supply of materials (e.g. tissue, soap, etc.) in assigned areas; · Empty trash and garbage containers in assigned areas (driving required); · Complete assigned duties in a timely manner.

Successful candidates must be physically able to perform duties of position, must possess valid driver's license, reliable transportation to cover duties on campus, provide certificate of liability insurance for personal vehicle, be able to pass criminal background and professional reference checks, Be available to work overtime and weekends as needed and have reliable work attendance. Interested candidates should apply online at www.brewsteracademy.org > Human Resources, or email a cover letter and resume to personnel@brewsteracademy.org; or mail to: Human Resources, Brewster Academy, 80 Academy Drive, Wolfeboro NH 03894.

Brewster Academy is an Equal Opportunity Employer. We welcome applicants whose background and experiences will enrich the diversity of our community

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RESPONSE





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Center Harbor | \$409,000 Young Colonial only one mile from historic Center Harbor and all that Lake Winnipesaukee Bob Williams 603.455.0275 Danielle McIntosh 603.393.5938 Search 4697949 on cbhomes.co



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Bill Richards 603.998.7845



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& Beam home with timeless elegance.

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Gilford | \$379,999 tacular mountain views from this sf home on 5 acres with horse



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Cathryn Aitken 603 496 5989



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3/4 bath home with a 3-season bonus room

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Gilford | \$449,000

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& Carly Howie 603.937.0170



Meredith | \$64,000 Large lot on a-cul-de-sac. Community water available to hook up to and association has private sandy beach. Judy McShane 603.387.4509 Search 4704805 on obhomes.com

#### COLDWELLBANKERHOMES.COM

Laconia | 348 Court Street | 603.524.2255 | Center Harbor | 32 Whittier Highway | 603.253.4345 CB Home Protection Plan 866.797.4788

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B10 THE GILFORD STEAMER THURSDAY, JULY 19, 2018

#### **ATHLETES** (Continued from Page B5)

es each year with the Paul E. Arold Male Athlete of the Year and the Janet Nell Female Athlete of the Year Awards. The top scholar-athlete is awarded the Van A. Hartman/Vernon Kelly Award and the top seniors are selected for the John C. Foley Leadership Awards.

Also presented are the Peter S. Cofran recognizing outstanding service and support for PSU Athletics, the Dorothy "Dot" Diehl Award, honoring a female student-athlete who exhibits leadership the advancement of women's equity in sports and physical education, and the Brady Wilby Award for leadership, character and service.

Cross country and track and field star Sam (Newport Brunnette Center, Vt.) was voted the Paul E. Arold Male Athlete of the Year for a second straight year after an historic junior season. The distance runner earned All-America status in cross country, indoor track and field (3,000 meters) and outdoor track and field (3,000-meter steeplechase), just one of five athletes nationally to accomplish the feat, while competing in the NCAA Championship in all three sports.

Junior alpine skier Freydis Einarsdottir (Garðabær, Iceland) was selected as the Janet Nell Female Athlete of the Year for an impressive third consecutive year after representing her home country in the 2018 Pyeongchang Winter Olympics, becoming the first PSU student-athlete to compete in an Olympic Games in school history. She posted a 41st place finish in the slalom in South Korea and served as Iceland's flag bearer during the Parade of Nations at the opening ceremonies, while also qualifying for the



JOSHUA SPAULDING

Freydis Einarsdottir represented her country at the PyeongChang Olympics, becoming the first Plymouth State athlete to compete in the Olympics.

NCAA Skiing Championships for a third time.

Women's volleyball libero Brenna Peruch (Cave Creek, Ariz.) was chosen as the Van

Award winner as PSU's top scholar-athlete. As a senior nursing major, Peruch was able to maintain her high academic standards without sacrificing anything on the volleyball court. She graduated Summa Cum Laude in an especially challenging major, while capping off a record-breaking career with her best season, earning All-LEC Sec-

ond Team honors while

leading the Panthers to

the LEC Tournament

Hartman-Vernon Kelly

semifinal round. Peruch and classmate Cam Cormier (Auburn, Maine) of the men's lacrosse team were named the John C. Foley Leadership Award winners. Cormier embraced the role of captain on and off the field while maintaining an impressive GPA in the classroom as a double major in marketing and digital media; Peruch, a two-year by her teammates as the program's Panther Award winner an astonishing three times and graduates as the program's all-time leader in digs per set.

Senior tight end Elijah Johnson (Windsor, Conn.) and senior field hockey goalie and women's ice hockey forward Alivia Bates (Pennsauken, N.J.) were picked as the recipients of the Brad Wilby Award for leadership, character and service. In addition to playing a role on the Massachusetts State Collegiate Athletic Conference (MASCAC) champion football team, Johnson was a key member for many initiatives for University Advancement and Alumni Relations and was a valued member of the PSU sales program; as a dual-sport athlete Bates played significant roles in the success of two programs, earning Allcaptain, was selected LEC First Team recognition in field hockey and helping the women's ice hockey team

to its first-ever playoff win, while also working in the Athletic department office.

Junior field hockey defender Patty Newhard (South Dennis, Mass.) is the winner of the Dorothy "Dot" Diehl Award for the advancement of women's equity in sports. She has been involved in the university's Turf Field Campaign and serves as a strong facilitator of the Friends of Jaclyn Foundation and the field hockey team's adoptee, Arielle Beaulieu.

Senior sports management major Matt Deignan (North Kingstown, R.I.) was selected as the winner of the Peter S. Cofran Award after serving as an assistant in the Athletic Communications office. He served the department as a statistician and public address announcer for 14 of the university's 24 sports, while also assisting in the office with website maintenance, game program design and record keeping.



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