



As part of a fundraising event for the Day Away program, Katie Spears (left), Nicolette Janelle (center), and Azra Karabegovic (right) modeled some beautiful fall fashions last Sunday that are available from Imagine, a women’s boutique in downtown Bristol.

Fashion show benefits Day Away Program

BY DONNA RHODES
drhodes@salmonpress.news
BRISTOL – The Day Away Community Program in Bristol held a Fall Fashion Show last Sunday afternoon that helped raise funds for their once a week respite

care services, aiding not just their participants who are afflicted with Alzheimer’s disease or related dementias, but their round-the-clock caregivers as well. “We’re a one-on-one social program where

they’re never left alone. While participants are with us each Thursday, their caregivers have some time for themselves to be with friends, go out for lunch or do whatever they want to do for the day without

worrying about their loved one,” said nurse Sandra Coleman, director of Day Away. As a nonprofit organization, Coleman and her board of directors meet with towns in the Newfound Area each budget season, seeking financial support for the program. While much appreciated, that money isn’t always enough to meet their needs how-

ever, so this year they decided to raise more funds through a Fall Fashion Show. Nancy Spears of Imagine, a woman’s boutique in Bristol’s Central Square, hosted last weekend’s show at Marian Hall, which was attended by nearly 100 people. Spears said she has done four other fashion shows since opening her store in 2016 and en-

joys introducing people to the great clothing and accessories available at Imagine while assisting the nonprofits and community organizations at the same time. Helping her exhibit some stylish looks for the fall this time were her models Katie Spears, Nicolette Janelle and Azra Karabegovic. One at a time they strolled SEE FASHION SHOW, PAGE A13

Town reaches amicable agreement with School Board Chair on winter plowing

BY THOMAS P. CALDWELL
Contributing Writer
BRISTOL — Two weeks after deciding to end the town’s role in winter plowing for the Newfound Area School District, the Bristol Board of Selectmen reversed itself on Oct. 25, recognizing that the short notice it gave to the school district would adversely impact the district’s ability to provide safe travel and clear parking lots this winter. The decision leaves the door open to discontinuing the service next year.

way Supervisor Mark Bucklin’s recommendation to end the plowing, he did not know that selectmen Wayne Anderson and Les Dion had reached an agreement with Buckley and School Administrative Unit 4 Business Manager Michael Limanni about how to handle the plowing. Anderson clarified that there was no agreement — that was

a decision the whole board would have to make — but that they listened to what the school district was requesting and brought that request back to the town. The selectmen then discussed the proposal with Bucklin, who said the latest demands were too much and, after years of discussing the matter, it was time to end the maintenance SEE PLOWING, PAGE A13

Danbury Farmers Market brings warmth to winter

DANBURY — When the summer sunshine is replaced by the blustery winds of fall and those biting temperatures of winter, farmers’ market vendors take shelter in the Blazing Star Grange Hall in order to sell their products. The Danbury Winter Market not only offers protections from the elements but it also offers warmth of the season thru friendship

and connections made as you shop. Whether it be sharing moments over breakfast at the Blazing Star Bistro or kibitzing while you choose your favorite chocolates, experiencing the comradery at a farmers market plainly warms the soul. Not to be overlooked is the importance that the market has on the sustainability of our area farms. Farmers brave the

elements to continue their farm work. Hens lay their eggs; baby animals are born; greenhouses grow greens and spring planting preparations begin as soon as the fall harvest ends. A farmer’s work does not end with the last putting away of the market tent. In order for customers to have what they need, when they need it, vendors must produce a plenti- SEE FARMERS MARKET, PAGE A13

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Alexandria Firefighters’ Association welcomes local youngsters to Open House

BY DONNA RHODES
drhodes@salmonpress.news
ALEXANDRIA – Boys and girls had a lot of fun at the Alexandria Volunteer Fire Fighters Association’s Pumpkin Open House last Friday evening, where there was face painting, pumpkin painting, bright pumpkin orange AVFFA tee shirts, fire safety goodie bags and plenty of tasty treats and drinks for all. Laura Plummer, president of the association, said they began holding the festival last year to not only give children in the rural community a fun night out for Halloween celebrations, but to educate them as well. “We want them to not be afraid of a firefighter if they ever have to come to their house. We’re their friends,” she said. To show there were smiling friendly faces beneath the sometimes



(Left) Alexandria Firefighter Paul Sirard, Lori Sirard, Laura Plummer and Police Chief Donald Sullivan were pleased to be part of the Alexandria Volunteer Fire Fighters Association Pumpkin Open House last Friday night.



(Left) Six-year-old Paytyn enjoyed painting a small pumpkin last Friday, one of a just a few of the fun activities for children during the Alexandria Volunteer Fire Fighters Association’s Pumpkin Open House.

frightening look of the safety equipment firefighters have to wear, Firefighter Paul Sirard and other members of the department donned their turnout gear and helmets for the event. They flipped up the face shields to show them who they are and even posed for photos with many of them. Children also had a chance to look over some of their equipment and learn more about fire safety through the goodie bags they all took home. SEE OPEN HOUSE, PAGE A13

New exhibit at New Hampton School spotlights art of handcrafted furniture

NEW HAMPTON — The Art of Handcrafted Furniture will be on display in New Hampton School’s Galletly Gallery from Nov. 1-Dec. 13. (We will be closed the week of Thanksgiving.) The public is cordially invited to a reception for the artists on Friday, Nov. 2, from 5:30-7:30 p.m.

The Art of Handcrafted Furniture celebrates the work of six artisans whose work in wood is elegant, expressive, and dramatic. From beautifully crafted architectural to organic forms, the works represent the potential of fine studio furniture.

Greg Brown specializes in custom woodworking. A carver by trade, he provides a wide variety of carvings for patrons, architects and other woodworkers to be implemented in their work.

“Along with being versatile in a variety of styles, I also create my own signature style of functional sculpture that breathes a sense of motion and my love for flowing water and vegetation in nature,” Brown says.

Brown is a member of the New Hampshire Furniture Masters. He has shown and



The Art of Handcrafted Furniture will be on display in New Hampton School’s Galletly Gallery from Nov. 1-Dec. 13.

won awards throughout New England, and writes for publications including Fine Woodworking, Guild of New Hampshire Woodworkers, Woodworker’s Journal, and NH Home.

Owain Harris writes “I use solid wood as well as natural and dyed veneers to create a sense of drama that is punctured with playful whimsy. I enjoy experimenting with proportion and asymmetry to create pieces that I describe as having ‘approachable elegance.’ I think of it as furniture that is serious, but doesn’t take itself too

seriously.”

Harris is a juried member of the League of New Hampshire Craftsmen and an invited artist with the New Hampshire Furniture Masters Association. He has twice been awarded “Best in Show” at the Providence Fine Furnishings Show, and recently won Best in Furniture at the League’s 2017 “Living

with Craft” exhibition. Harris shares his passion for furniture making and design through writing, and as an instructor at the Center for Furniture Craftsmanship in Rockport, Maine.

Liz Hallen is a custom furniture maker who focuses on traditional methods of joinery and construction. Her style has influences of both Shaker and

Japanese design, with an emphasis on simple, elegant lines, an awareness of negative space and a celebration of form. A developing element in her present work is the use of sterling silver inlay that highlights the interplay of wood and metal. Her work was in the Women’s Caucus for Art National Show, “Force of Nature: Exploring the Power of the Feminine” with the piece “Where Do They All Go?” and has also been displayed in the Lamson Library at Plymouth State University. She is a juried member of the League of New Hampshire Craftsmen, and presents her work at the annual Craftsmen’s Fair in Sunapee.

Terry Moore is a founding member of the New Hampshire Furniture Masters. Moore describes his style as having “strong roots in the past yet incorporating elements that ground my work in modern times and point to the future.” Using exotic woods, he uses mostly hand tools

to achieve his finely detailed work. His museum quality work is on permanent display at the Currier Museum and the League of New Hampshire Craftsmen.

Leah Woods is passionate about the process of designing and building one-of-a-kind pieces of furniture. Although Woods has designed and built a range of furniture, over the last several years she has begun concentrating on the expression of a few specific ideas in her work, in particular concepts relating to surprise, mystery, and expectation. Woods explores the integration of these ideas with the forms and functions of cabinets, desks, and seating to create unexpected, provocative environments. She is an Assistant Professor of Art at the University of New Hampshire.

Jim Zink designs and builds contemporary furniture to emphasize the innate beauty of natural wood grains and markings. Manipulating colors

SEE FURNITURE, PAGE A13

Tree removal begins today on West Shore Road

ALEXANDRIA — The New Hampshire Department of Transportation (NHDOT) announces tree removal work is scheduled to take place at The Ledges on West Shore Road in Alexandria on Monday and Tuesday, Nov. 5 and 6.

This tree removal

work will require the road to be closed at this location, approximately seven tenths of a mile south of the Hebron town line, between the hours of 7 a.m. to 5 p.m. each day. Motorists who use West Shore Road should plan ahead and use alternate routes.

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Pasquaney Garden Club offers centerpiece workshop for the Thanksgiving season

BRISTOL — The November program will feature a hands-on workshop on creating centerpieces for holiday decorating. Melissa Traber, owner of Renaissance Florals, will demonstrate design techniques and arrangement variations and coach participants through their own centerpiece creations. The arrangements will utilize a mix of greens, flowers and dry materials. The objective is to create something for the Thanksgiving season that can be updated with new flowers and colors for Christmastime. There will be a \$10 materials fee, payable at the

time of the workshop. This program is open to anyone interested in making an arrangement or watching the demonstrations.

Traber is always a great supporter for Pasquaney Garden Club projects and programs, and the club is excited to offer this workshop to the community, as well as to club members.

The workshop will take place on Tuesday, Nov. 13 at the Bristol Baptist Church, with refreshments at 9:30 a.m., a short business meeting at 10 a.m., and the program at 10:30. Those wishing to participate are welcome to come at 9:30 a.m. for

the refreshments and stay through for the program.

If you would like to make an arrangement and are not a club member, you will need to register in advance by Nov. 5 by calling 744-9485 and leaving your name with Nancy. This will enable us to order adequate floral materials ahead of time.

For your arrangement, you will need a container, any shape, but no more than six to 10 inches by four to six inches and up to four inches tall. This will hold an arrangement suitable for a table centerpiece.

Please bring scissors or clippers, a few

sheets of newspaper, and a plastic bag for scraps.

Those that have access to greens are asked to bring some, enough to share with a few others if possible. Most greens, with the exception of hemlock, are suitable. You may also bring dry goods, twigs and other favorite arrangement materials. Fresh flowers will be provided by Renaissance Florals.

The Pasquaney Garden Club held a final cleanup day at the Butterfly Garden behind Minot Sleeper Library on Tuesday, Oct. 30. Plants were pruned and prepared for winter, and an assessment of the broken fence along the riverside of the garden was conducted. Projects for spring will include fundraising for replacement fencing materials and for picnic tables to replace the two that had fallen into disrepair and had to be removed. Ideas for programs and projects for the 2019 season are being solicited, and will be discussed at the December meeting.

In November, there will be a bow-making session to prepare bows for the wreaths that will be given to the town buildings around the Newfound area. Wreaths are intended to be in place for Thanksgiving weekend.

The Pasquaney Garden Club includes members from all the towns in the greater Newfound area. We seek to provide opportunities for education, gardening and community service.

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Local crew pivotal in historic covered bridge restoration

BLenheim, N.Y. — Holderness local Stan Graton II recently completed the job of a lifetime, when his 3G Construction crew was called upon to reconstruct the longest single span covered bridge in the U.S. The Blenheim Bridge, which spanned the Schoharie River in a small town in the Catskill Mountains of New York, was built in 1855, reached historic landmark status in 1964, and reduced to rubble by Hurricane Irene in 2011.

Devastated by its loss, the small town of Blenheim, N.Y. (population 400), set about, through state and federal funding, to raise the funds to rebuild its beloved bridge, record-setting at 228 feet long. Sensing a story behind the phoenix-like rising of the bridge, PBS sent a camera crew to capture the



Holderness local Stan Graton II recently completed the job of a lifetime, when his 3G Construction crew was called upon to reconstruct the longest single span covered bridge in the U.S.

process for an episode of NOVA, recently aired and available on demand at PBS.org.

Stan Graton II heads the three generations that currently make up the 3G Construction firm that was established by his grandfather in Holderness in the 1930's. True to its mission of "Specializing in the Difficult," Graton II pulled together a crew that included

"bridgewrights" cousin Arnold (JR), father Stan, son Garrett, and local Plymouth, aspiring bridgewright, William Adams. The decision was made to use a combination of power tools, historically accurate hand tools, and the engineering wizardry of a company called Expert House Movers to pivot the bridge from its position on the river bed onto its concrete embankment.

Sensing a story in the covered bridge reconstruction that was equal parts of ingenious engineering, man vs. Mother Na-

SEE BRIDGE, PAGE A14

NHEC Foundation awards grants to local programs

PLYMOUTH — The New Hampshire Electric Co-op (NHEC) Foundation is excited to announce it has awarded more than \$10,000 in grants this quarter to support community programs and organizations in the Plymouth area.

Following is a summary of grants:

- Circle Program - \$4,500**
Funding will enable the Circle Program to expand its mentor program to support a Circle girl living in the greater Plymouth area.
- Pemi Valley Habitat for Humanity - \$5,000**

This grant will support Pemi Valley Habitat's program, A Brush with Kindness. This program works to help low-income homeowners with home repairs and improvements.

Plymouth Park & Recreation Afterschool Program - \$1,901

This grant will assist the afterschool program with the purchase of healthy snacks for program participants.

Grants awarded this quarter totaled \$60,901 to nine different organizations. For a full listing of foundation

grants, visit <https://www.nhec.com/news-events/>.

The NHEC Foundation, a non-profit organization, is funded by the generosity of NHEC members who round up their monthly electric bills to the next dollar. Since 2006, the foundation has awarded more than \$3 million to support local charitable organizations and programs that improve the quality of life for New Hampshire residents. To learn more about the NHEC Foundation, please visit www.nhec.com or call 1-800-698-2007.

PSU celebrates 100th anniversary of World War I with special exhibit

PLYMOUTH — Plymouth State University is celebrating the 100th anniversary of the end of World War I on Nov. 7 through an exhibit titled "Patriotic Cooperation: The Food Administration Illustrated by the Webster Collection." There will be a reception taking place in Lamson Learning Commons at the Berona Art Wall near room 114 from 3-5 p.m.

"Not only is this

about the end of the war but largely dedicated to Laurence Webster and his family. Laurence was involved in home front activities, selling Liberty Bonds and managing Local Food Administration initiatives. The Webster family owned land in Holderness and Campton beginning in the late 1800s and they saved everything," said Alice Staples, Special Collections Librarian, University Ar-

chivist, and Associate Professor.

The family collection in Spinelli Archives contains 30-40 boxes of papers and photographs from the Webster family of Holderness. This exhibit will include correspondence, pamphlets, posters, recipes, local records, and more from the family's past. You can expect to taste some recipes that were recommended

SEE WWI, PAGE A14

Button Up New Hampshire coming to Squam Lake Association

HOLDERNESS — Button Up New Hampshire, the popular home energy savings workshop series, is coming to Holderness. The Squam Lakes Association and the Holderness Energy Committee are hosting this free workshop for Holderness residents, and anyone interested in learning more about energy efficiency. It will take place at Squam Lakes Association located at 534 US Route 3 in Holderness, on Thursday Nov. 1. Doors will be opening at 6:30 p.m. with the

workshop starting at 7 p.m. The workshop is sponsored by NHSaves and coordinated by the Plymouth Area Renewable Energy Initiative (PAREI).

NH Saves is a collaboration of New Hamp-

shire's electric and natural gas utilities, Eversource, Liberty Utilities, NH Electric Cooperative and Unitil, working with the NH Public Utilities Commission and other

SEE BUTTON UP, PAGE A14

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From the Editor's Desk *On voting*

This is not an editorial about politics. This is not a column written in support of a candidate. This is not even about any particular upcoming election or issue or policy. This is actually an editorial just about voting.

For most of us, voting isn't super exciting. It's not a holiday around which we can theme a cook-out or picnic or party. No one wishes anyone a Happy Election Day and children definitely do not clamor to be taken to the polls to watch the voting process. But wouldn't it be terrific if they did? What if we treated elections the way we treat Super Bowl Sunday? What if we made it the "Big Deal" that it truly is? Why don't all Americans love voting? Does voting need a marketing make-over? Maybe so.

Think about it: your vote is your voice. It is your most powerful way to decisively state your preference. No one can or should influence your vote. Your vote is an actual, documented and counted opinion. It's better than a Facebook "like," or a retweet or a swipe. It means even more than holding a sign, or having a bumper sticker, signing an online petition, or sending an email.

Voting, in our country, is a right. It cannot be taken from you. Throughout American history, it has been fought for, debated, argued, amended and signed into law...for you. What was once a privilege restricted to a single, narrow segment of the population is now a freedom that all Americans are literally born with.

Yet for many, voting is a guilt-driven, exasperating, burdensome task, one that often prompts exclamations like "What's the point?" or "Why do I have to do this?" It's one more thing to do on a busy work day, and inspires inner arguments: "What if the lines are long?" "I can't stand any of these politicians!" "Should I vote for or against Issue whatever?" "I don't want to admit how little I really know about anything on the ballot." In the same spirit of granting Election Day a status equal to major football games, what's needed is just a little pre-game prep. You wouldn't predict your Super Bowl winner without at least knowing the teams' records. Do the same with those candidates and issues! We have so much information at our fingertips today, including right here in the newspaper you are reading. You know more than you think.

Along with voting, we are granted the right to express opinions. Active, engaged citizens can and do discuss issues and situations and very often disagree with one another. Voting is the civilized expression of putting action behind words. Anyone can speak an opinion. Anyone can also vote in matters relating to that opinion. If someone chooses not to vote, their opinion, while no less valid, is nonetheless wasted. Your vote is your choice to use your voice...and to truly make it heard.

On Tuesday, Nov. 6, don't sit this one out. Your vote is real. It is counted. It matters. Vote!

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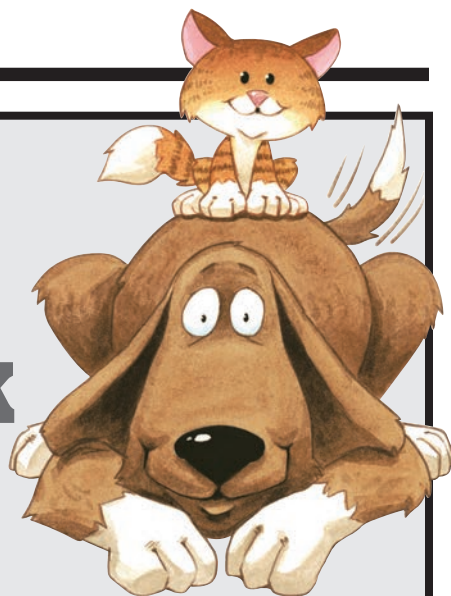
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PET of the Week Bailey



Introducing Bailey. She is a stunningly beautiful silver slate colored medium furred snuggle buddy that has been with us since May. Brought to us due to the health issues with her human caretaker, Bailey has been on the lookout for that special someone who will give her the love and patience of time to allow her to really blossom and reveal her loving personality. Bailey is a very discerning lady who knows what she wants, and at nine years old, it's what she deserves. As with most cats, her eyes

speak volumes and with Bailey as you see when you look into her expressive and mesmerizing moonlight colored eyes, that her tough girl look is an ultra sheer veneer to the sweet lovebug that is her true heart and soul. Content to find those soft and quiet places to nap and soak up the sun, Bailey is a queen and looks forward to being in that forever home where she will be adored and the focal point of her human attention and love. For more information visit, nhhumane.org or call 524-3252.



Letters to the Editor

The midterms could affect the fate of a Community Rights amendment

To the Editor:

With the midterm elections upon us, we are all acutely aware of the party lines that exist, "the blue wave" and the lack of bipartisanship on both sides of the aisle. However, in New Hampshire, there is another wave intensifying as it reaches communities across our state. It is for the benefit of all people. It is about democracy in its purest form. It is about bringing forth a Community Rights Amendment and it has been gaining momentum.

Communities in our state have been targeted by corporations seeking profit over protection of people and the natural environment. Whether it be energy companies wanting to trample across our state, others dumping toxic waste and poisoning our water, water extraction, industrial wind or other harms targeting communities, the people are routinely restricted as to what they are allowed to do. They are often told by lawmakers that "we're beyond their authority" or that "it is a state issue not a local issue." This is unacceptable. This should not be tolerated.

Why do large corporations possess more rights than the communities that they are doing business in?

Communities need to be able to say "No" to harmful projects and "Yes" to sustainability in our state. A Community Rights Amendment would elevate the rights of communities above the claimed "rights" of corporations and the governing structures that sup-

port them. It will secure the right of local self government. It will free communities from legislative ceiling pre-emption that prevents how much you are allowed to protect the health, safety and welfare of your community.

This would not, and is not, intended to limit already protected state and federal rights of individuals. This is democracy that is rooted in equal rights for all and special privileges or advantages for none.

In 2018, the proposed Community Rights Amendment garnered one third House support, and will be back in 2019. I am optimistic that in the coming year, the proposed amendment will gather even more support. I believe that regardless of people's political affiliation we can agree that we live in a flawed democracy which demands that change be made to secure the rights of all people.

If you would like to learn more, I encourage reader's to contact New Hampshire Community Rights Network (NHCRN) by email at info@nhcommunityrights.org or through their Web site at www.nhcommunityrights.org. NHCRN is a statewide, grass roots nonprofit that informs citizens and legislators about the inalienable right we have to local self government.

*Sue Ozkan
NHCRN Board Member
Alexandria*

Thankful hearts at New Hampton Community School

To the Editor:

On behalf of the New Hampton Community School's faculty and staff, I wish to sincerely thank our current and past families, townspeople, businesses, and others for their generous support of our Spaghetti Dinner Fundraiser on Oct. 23.

It was a packed house in support of our teacher Ms. Conway, who is battling breast cancer, and LRGH's Breast Health Program. Our profit of \$1,124 will be split between Ms. Conway and

LRGH. Pink decorations supplied by the NHCS PTO and appearance by Ms. Conway made the night extra special. I also want to express my gratitude for the amazing and dedicated faculty and staff at NHCS who organized and ran this event. Our motto of NHCS CARES was on full display.

*Ann Holloran
Principal
New Hampton Community School*

Join me in voting down ill-conceived town office plan

To the Editor:

On Thursday, Nov. 1, at 7 p.m. at the Bristol Town Hall, a "Special Town Meeting" will be held to see if the taxpayers of Bristol will vote to purchase property for a new Town Office. Two thirds of the people voting must vote in the affirmative to approve the purchase. Please take the time to attend and vote on this important issue, polls must stay open for one hour.

At the regular Bristol Town Meeting, held last March, voters voted to reject the report of the "Space Needs" committee. At that same meeting, the voters voted down funds for architectural and engineering studies for a new Town office, in spite of this the Town Select Board has decided that they should continue spending on this

project. At a recent Town Budget Committee meeting, a town official had the temerity to state that architectural and engineering work was being performed "pro bono." This is not true, as the funds to pay for this work will be included in the Warrant Article being voted on.

I will be voting "no" on the warrant article, not that this project has merit or not, but for the way in which our Select Board is shoving this down our throats. Honesty and transparency do count. We don't need a new Town Office, we need a police station, and this is not the answer. Please join me in voting down this ill-conceived boondoggle.

*Paul Simard
Bristol*

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■ Letters to the Editor

You decide how you want your tax dollars spent

■

To the Editor:
Bristol taxpayers/voters, you really need to come to this special town meeting Thursday, Nov. 1 at 7 p.m. at the Old Town Hall and cast your private ballot vote. This is the final decision to spend \$900,000 on a huge office building that we do not need. This building is so huge they could not design and designate how 1,500 square feet of space should be laid out. Take the time Thursday night and come save some tax money. This meeting is for this one warrant article only and will be voted up or down on that night.

We all only have so much to live on (especially our seniors), and there is more than one tax man (town, school,

county, federal and others) kicking on our door and after our money. Our elected officials need to start finding ways to reduce our taxes, not raise them. If you want to save spending \$900,000, then come to this meeting and cast your vote, otherwise stay home and it will pass.

Some people called you short-sighted thinkers, if you do not agree to spending the \$900,000. Here is the quote that was in last week's paper. "It would be a shame to let short-sighted thinking keep us from adding this building to our efforts to make Bristol the modern, welcoming town it is in so many other ways." If you do not agree with them you are holding Bristol back

from being great; really? We love Bristol, God gave us a mind to think, and we care about our neighbors. This remark was un-called for, and they should be ashamed for calling you a short-sighted thinker.

Shaping a town takes all of us, not one side or the other. We need to have open discussions about all town spending. We need to know all the facts, not just for this project, but all projects that are coming our

way in the next several years (and believe me, there are more projects coming). How can you make an intelligent decision without knowing what is being planned for our town and how much it will cost you?

You voted last March to save \$620,000; do you want to throw in the towel now and let them spend \$900,000? Your vote; you decide.

John Sellers
Bristol

We need a return to common sense in Bristol

To the Editor:
At 7 p.m. on Thursday, Nov. 1, a "Special Town Meeting" will be held at the Old Town Hall to see if the Bristol taxpayers will vote to purchase property for a new Town Office. A two thirds majority of all those voting must vote affirmatively to make the purchase. Please take the time to attend and vote on this important issue; polls must stay open for one

hour.

Three years ago, the Town's Select Board (SB) discussed constructing a new Police Department building. Since then the plan has morphed into constructing a new Town Office as well. For this purpose the Town SB has already spent the following sums: 1. Purchased Smith property adjacent to current Town Office: \$70,000 2. Smith Property clearing costs: \$15,000 3. Architect's fees for the following: 3) Old Town Office jack-up proposal - \$95,000 All totaled, the SB has spent \$180,000 with nothing to show for it but architectural conceptual drawings and a vacant house lot; which by the way is no longer contributing property taxes to our town.

Now the SB is proposing to purchase an old medical building in town for \$430,000 and renovate it for another \$350,000 to adapt it into a Town office building; which, by the way, has an extra 1,500 square feet of unused space. The total proposed amount of \$900,000 for this purchase and renovation is now being

submitted to the taxpayers for their Warrant Article approval in this Special Town Meeting. Bear in mind the "original intent" of this spending spree was to build or modify a space to accommodate the needs of the Police. This means the Select Board will be proposing another \$2 million dollars or more purchase or renovation in upcoming years! This does not include the Fire Department's future construction needs. This is wrong.

The Select Board has already mismanaged \$180,000, and now they want to spend another \$900,000 on purchasing an older building we don't need, not to mention removing it from the property tax roles forever! It currently contributes \$12,000 per year. The Town of Epsom built a new 4,500 square foot combination Town office/Police Department building for \$865,000 last year. That's less than \$200 per square foot. Our Town's Select Board members continue to disregard the fact that our property taxes are among the highest

in New Hampshire and we have little to show for it. Additionally, the SB members continue to ignore these facts. 1) Bristol's population has declined in the last 10 years 2) NH has the 2nd oldest age population in America and Bristol's average age is older than the State's average age 3) Bristol's average household income is \$38,000 vs the State's average household income of \$64,000. With a stagnant aging population, no growth, and below average income; "Whom do the Town's Selectmen expect to continue to pay our increasing Town Taxes?" Yet despite these facts, the Bristol Select Board members continue to raise property taxes every year, and continue to spend and waste taxpayer's money by the millions every year.

I urge the tax payers of Bristol to attend this Special Town Meeting and urge them to vote no on this Warrant Article. We need to restore common sense decision making to this town.

Erik R. Nelson
Bristol

Ahern will ensure that Grafton County is well run

To the Editor:
I write this letter to ask you to consider voting for Omer Ahern, Jr. for Grafton County Commissioner, District 3. While I moved out of Omer's district last year, I am still able to attest to his devotion to his constituents in Grafton County. He believes deeply in giving back to the community as demonstrated through his philanthropic activities and participation in many New Hampshire charitable and

service organizations. Additionally, as a current Grafton County Commissioner, Omer has worked hard to ensure that your tax dollars are put to their best and most efficient use. His years of experience in various positions within the State of New Hampshire give him the necessary experience to ensure that our Grafton County Nursing Home patients receive the best care possible. In addition, Omer has advocated

for programs to further ensure that those individuals who are in the County Correctional Facility receive the proper education and training, which will enable them to become productive members of society.

If you vote for Omer, you will be assured to have someone who has the experience and compassion necessary to ensure Grafton County is well run.

Lee Ann Moulder
Center Harbor

Do what you think is right on Election Day

To the Editor:
I have two requests to all New Hampshire voters. The first is the most important one that all residents will read, I hope. The second is optional because it's more specific and local.

1. American is a democracy — "of the people, by the people, and for the people." Therefore, it is vital that all of us — whatever our political beliefs — make our opinions known to our elected leaders by voting on Nov. 6. It is a right we all have, and a right that should be honored and protected.

Right now in our

state and nation, one party controls both the Executive and Legislative branches of government. That means that ideas acceptable to one party are most often enacted. America is better off, I would argue, when we have more dialogue and compromise — not with party discipline.

2. Now you can stop reading if you wish. But I hope that you will give some thought to Mike Cryans, who is running for the Executive Council in District One. He supports education, Planned Parenthood that provides needed medical and

counseling services (not abortion), and financial responsibility. Additionally, if you meet him, you will like him.

Suzanne Smith most of you know. She has served New Hampshire well in the past, and deserves your vote again.

And don't forget that Northern Pass is still lurking in the woods somewhere waiting.

Please do what you think is best for our state and our country on Nov. 6. Thank you.

Donald B. Hinman
Danbury



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"The Children Act"
Oct 28-11/1
As her marriage crumbles, a judge must decide a case involving a teenage boy who is refusing a blood transfusion on religious principle.
Ian McEwan

"Horn From The Heart"
Nov 2, 4-7, 11-14
Paul Butterfield learned the blues from the original masters on Chicago's South Side. His interracial band added a rock hard edge to the blues and played a key role in introducing the blues to the white, rock audience of the mid-1960s.
PAUL BUTTERFIELD

"Face of Winter"
Nov 23 '2 Showings
Loving the pure joy of winter is something we have in common with the late, great Warren Miller—who helped create and capture the magic of skiing.
Warren Miller

"Beautiful Boy"
Nov 18-22 & 25-28
When Nic's addiction to meth threatens to destroy him, his desperate father does whatever he can to save his son and his family.
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A Series game at Fenway Park, and moments frozen in mind

When I was assigned to photograph a World Series game 43 years ago, the thing that most impressed me (at first) was how easily we found a parking spot at Fenway. But what took the cake was when I came face to face with Tom Yawkey, yellowed shirt and all.

I'd only been to Fenway Park twice, once when I was 10 or so and saw Ted Williams climb the Green Monster to snag a fly, and the second time with kids of my own, which consisted of endless trips for more popcorn and hotdogs.

This time was different. I was a member of what the rest of the world called the Working Press. And my Nikon and three lenses and I were about to go into a rooftop world, and what I'll always remember as First Class, Boston's best.

+++++

Joe McQuaid was the New Hampshire Sunday News editor back then (he's now a sort of retired Grand Lord Pooh-Bah), and I called him up the other day to ask why he assigned me and sports reporter C.J. McCarthy that day back in 1975 to that first game, pitting the Red Sox against the Cincinnati Reds.

"I don't know; we had the resources, and I guess I sent you because we could," Joe recalled. "We just wanted our own guys down there, and you guys were it."

I went down with my old and trusted Nikon frame and three lenses--a 50 mm, a 250 mm and the big, heavy 500 mm, the biggest lens we had.

"You have to have a tripod to use that

NORTH COUNTRY NOTEBOOK

By JOHN HARRIGAN



lens," fellow photographer Chis Goudas had warned me, but in fact, the lens was so heavy that it practically cancelled out any shakes.

After C.J.'s miraculous parking, I headed for the main gate, but he hauled me back.

"We're going that way," he said, pointing to a short stairway, a uniformed guard, and an elevator to the roof.

It was like the first time I emerged from a long hike up through woodlands and scrub to gain my first above-timberline experience ever. I was about to enter a whole new world.

+++++

There are catwalks all over Fenway's first- and third-baseline roofs.

"We're going right," C.J. yelled against the city's background noise, the wind, and the growing roar from the crowd.

And there, standing at the Y's junction, was Tom Yawkey---old guy, close-cropped grey hair, yellowed white shirt, faded khakis, and, of course, those infamous saddle shoes.

"Hello boys, welcome to Fenway!" Mr. Yawkey said as C.J. tried to stammer out introductions. "Of course I remember you," he told C.J. "We're always happy when someone comes down for the Union Leader" (even though we were technically there for the Sunday News--he, like so many people, thought they were one in the same).

Mr. Yawkey asked



COURTESY

Fenway Park, one of the two oldest ballparks remaining from Major League Baseball's days of yore. It has survived out of love by its fierce Red Sox fans. (Fenway Park Wallpaper)

where I was from, and I replied that it was probably somewhere he'd never heard of, but oh no.

"Let's see," he said, gears whirling in his head. "That's just south of Pittsburg. Ted Williams had a lot up there he was thinking of putting a camp on."

Exactly right so far. But wait--there was more. Mr. Yawkey, really into the geographical thing now, was struggling for a name.

"We had a really dedicated fan up there, even got way down here for a game now

and then," he said. "Gordon..." fingers snapping...wait a minute... "...Banfill!"

And indeed, Gordon Banfill, who lived just up from our house in Colebrook, was an ardent fan who, every now and then, made a game.

Mr. Yawkey beckoned to a nearby attendant to show us to our booth, urged us to get a bite to eat at the rooftop restaurant right over there, and said "You boys need something, just raise a hand and wave," which we had reason to do sever-

al times, and someone was there in a flash.

Because I was working, I don't remember much about the game. Boston won it 6-0, but lost the Series 4-3. Luis Tiant chased a teammate back to tag home because he'd missed. The guy in the booth next to us was a photographer from Sports Illustrated. He had three motor-driven cameras all pre-focused for home, first and second, and a big telephoto camera in hand. Everything mounted was electronically driven. All he had to do for



COURTESY CRACKED.COM

Tom Yawkey

most of the game, panel in hand, was push buttons.

As we left the game early to get my photos up to the newsroom via Associated Press, and C.J.'s story written and filed, a familiar face appeared along the catwalk.

"Did you boys lack for anything?" he said, and of course we didn't.

(This column runs in a dozen newspapers covering the northern two-thirds of New Hampshire and parts of Maine and Vermont. Letters, with town and telephone numbers in case of questions, are welcome via campguyhooligan@gmail.com or Box 39, Colebrook, NH 03576.)

CADY Corner

It's high time we took a breath from marijuana commercialization

Reprinted with permission from Bob Troyer, US Attorney, Denver, Colo.

In 2012, we were told Colorado would lead the nation on a grand experiment in commercialized marijuana. Six years later — with two major industry reports just released and the state legislature and Denver City Council about to consider more expansion measures — it's a perfect time to pause and assess some results of that experiment.

Where has our breathless sprint into full-scale marijuana commercialization led Colorado?

Well, recent reports from the Rocky Mountain High Intensity Drug Trafficking Area, from Denver Health, from Energy Associates, from the Colorado Department of Revenue and from the City of Denver should be enough to give everyone in this race pause.

Now Colorado's youth use marijuana at a rate 85 percent higher than the national average. Now marijuana-related traffic fatalities are up by 151 percent. Now 70 percent of 400 licensed pot shops surveyed recommend that pregnant women use marijuana to treat morning sickness. Now an indoor marijuana grow consumes 17 times more power per square foot than an average residence. Now each of the approximately one million adult marijuana plants grown by licensed growers in Colorado consumes over 2.2 liters of water — per day. Now Colorado has issued over 40 little-publicized recalls of retail marijuana laced with

pesticides and mold. And now Colorado has a booming black market exploiting our permissive regulatory system — including Mexican cartel growers for that black market who use nerve-agent pesticides that are contaminating Colorado's soil, waters, and wildlife. Marijuana commercialization has led Colorado to these places. It also has led to Colorado's prominence in other states considering commercialization.

As the U.S. attorney leading other U.S. attorneys on marijuana issues, I have traveled the country and heard what people are saying about Colorado. Do they tout Colorado's tax revenue from commercialized marijuana? No, because there's been no net gain: marijuana tax revenue adds less than one percent to Colorado's coffers, which is more than washed out by the public health, public safety, and regulatory costs of commercialization.

Do they highlight commercialization's elimination of a marijuana black market? No, because Colorado's black market has actually exploded after commercialization: we have become a source-state, a theater of operation for sophisticated international drug trafficking and money laundering organizations from Cuba, China, Mexico, and elsewhere.

Do they promote our success in controlling production or containing marijuana within our borders? No, because last year alone the regulated industry produced 6.4 metric tons of unaccounted-for marijuana,

and over 80,000 black market plants were found on Colorado's federal lands.

Does the industry trumpet its promised decrease in alcohol use? No, because Colorado's alcohol consumption has steadily climbed since marijuana commercialization. How about the industry's claim that marijuana will cure opioid addiction? No, a Lancet study found that heavy marijuana users end up with more pain and are more likely to abuse opioids.

Yet on that last point, the marijuana industry is trying to exploit our nation's opioid tragedy to push its own controlled substance as a panacea. Why? It's a profit opportunity.

Which is also how they see our youth. Which is why in Colorado they now sell marijuana-consumption devices that avoid detection at schools, like vape pens made to look like high-lighters and eye-liner. These are the same marketers who advertise higher and higher potency marijuana gummi candy, marijuana suppositories, and marijuana "intimate creams." This aggressive marketing makes perfect sense in addiction industries like tobacco, alcohol, opioids, and marijuana. These industries make the vast majority of their profits from heavy users, and so they strive to create and maintain this user market, especially when users are young, and their brains are most vulnerable to addiction.

I'm not sure the 55 percent of Coloradans who voted for commercial-


ization in 2012 thought they were voting for all this. These impacts are why you may start seeing U.S. attorneys shift toward criminally charging licensed marijuana businesses and their investors. After all, a U.S. attorney is responsible for public safety.

My office has always looked at marijuana solely through that lens, and that approach has not changed. But the public safety impacts of marijuana in Colorado have. Now that federal enforcement has shot down marijuana grows on federal lands, the crosshairs may appropriately shift to the public harms caused by licensed businesses and their investors, particularly those who are not complying with state law or trying to use purported state compliance as a shield.

We should pause and catch our breath before racing off again at the industry's urging. Let's call it "just say know." Let's educate ourselves about the impacts of commercialization. Let's reclaim our right as citizens to have a say in Colorado's health, safety, and environment. Unfettered commercialization is not inevitable. You have a say.

Bob Troyer became the U.S. attorney for the District of Colorado in 2016 after working as first assistant U.S. attorney for six years. This op-ed first ran in The Denver Post.

For more information on preventing Marijuana Legalization and Commercialization in New Hampshire, visit cadyinc.org or new-futures.org.



How to Submit Obituaries & Announcements To Salmon Press Publications

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Photos are also welcome, but must be submitted in jpeg format.

Please contact Executive Editor
Brendan Berube at (603) 279-4516, ext. 111 with any questions regarding the submission process.



Towns

Alexandria

Merry Ruggirello 744-5383
sunshine_eyes51@yahoo.com

I made it through surgery! After a short hospital stay, I've landed at Golden View for a bit. Follow up visit with surgical team is Monday, and I can't wait to get the bandage off! This has been quite an adventure, and truth be known, I wish I'd done this sooner! Everyone, from the surgical staff, nurses, and other caregivers have been absolutely wonderful. Of course, my favorites still remain the cheering section who have called and visited. Your love and support means a lot, and helps to keep me moving forward in a positive manner.

Town

Tuesday, Nov. 6, Election Day. Polls are open from 8 a.m. to 7 p.m. at the Town Hall, 45 Washburn Rd. Please note that the Town Clerk/Tax Collectors office will be closed this day. Due to the elections, there will be no Board of Selectmen's meeting.

Board of Selectmen Meeting Tuesday, Nov. 13 at 6 p.m. Immediately following the Board of Selectmen's meeting, the Budget Committee will meet with the following Department Heads: Town Clerk/Tax Collector, Cemeteries, Supervisors of the Checklist, Trustees of Trust Funds and the Conservation Commission. These meetings are open to the public, unless otherwise noted.

Alexandria UMC

Office hours Thursday, Nov. 1 from 2 until 6 p.m. Please feel free to stop by or call. Prayer time, based on next Sunday's scripture and prayer shawl ministry will begin at 2:30 p.m.

Sunday, Nov. 4, services begin at 9 a.m. This weeks service is based on John 11:38-44. Sunday School will begin at 10:15 a.m.

We will be holding our Third Annual Free Thanksgiving Dinner on Thursday, Nov. 22 at 1 p.m. If you would like to attend, please call the church at 744-8104, leave your name, telephone number and number of people attending. Donations are accepted, but not expected, with all proceeds going to Secret Santa.

Wednesday, Nov. 28 is our Annual Conference. The Pastor/Parish Relations Committee will meet with the District Superintendent at 6 p.m., and the Conference will begin at 7 p.m.

Wednesday, Nov. 7, Newfound Area Churches (NAC) will meet at the Bristol Baptist Church at 9 a.m.

Gracious, got all the out and about things done just in time. My Occupational Therapist has just arrived, so it's time for me to get out there and really work! Physical Therapy was bright

and early today, which is good. I was told by OT that sometime this week, they'd let me cook something in the kitchen. I chuckled and said...that could be a mistake, because I might not leave the kitchen. I like being "pampered," but am missing kitchen time very much! Have a great week everyone, be kind, gentle with your words and stay positive. There is always a light at the end of the tunnel!

Danbury

Donna Sprague
huntoonfarm@myfairpoint.net

South Danbury Church

The South Danbury Church worship service on Sunday, Nov. 4, will be at 11 a.m., the regular time, with conversation and refreshments afterward. Need a ride, contact them for a ride. They are happy to help.

In two more weeks the church will hold their Holiday Happy Hour on Friday, Nov. 16, from 3:30 to 6:30 p.m. Get treats, crafts, and friendship plus you'll have the opportunity to chat with author Mary Lyn Ray, who will be selling and signing her books for children. All proceeds benefit the Church Preservation Fund.

Danbury Winter Market

This Saturday, Nov. 4 is the first Danbury Winter Market of the season. The market is held at the Blazing Star Grange Hall at 15 North Rd. form 9 a.m.-1 p.m. The market will offer a hot breakfast and lunch along with two floors of locally made products. Local products—hand made and farm grown will be available. For meats, vendors will offer beef, chicken, goat and eggs. Mary Lyn Ray, local children's book author will be resent to sell and sign her books. The next market will be on Nov. 17, followed by one market on the first Saturday of the month December thru April with a drop off day starting on Dec. 20. For the drop off days, you may order directly from vendors or use harvesttomarket.com or localfoodssplymouth.org.

Chicken Pie Supper

Saturday, Nov. 10 is the second chicken pie supper of the year. Sponsored by the Blazing star Grange, chicken pie is accompanied by local squash, rolls, cranberry sauce and homemade apple crisp for dessert. Served from 5 to 6:30 p.m., the price is \$9/adults. Eat in or take it out.

Groton

Ruth Millett 603-786-2926
rem1752nh@gmail.com

The Town conducted a Special Town Meeting on Tuesday, Oct. 23 beginning at 7 p.m. There was quite a large crowd in attendance; many more than what normally attend our regular Town Meetings in March. There were

quite a few thoughtful comments made as well as a few that showed the frustration of the taxpayers in Town. The Town Meeting was to vote on a Warrant Article for Select Board to apply for a \$1.4 million bond in order to begin work on a new Department of Public Works building. After the voting which concluded at 8:20 p.m., the voters soundly defeated the Article with 124 voting "no" and 14 voting "yes." There were a few good suggestions from the floor on what our next steps might be since we do know that the garage needs to be removed from the flood zone it is in. One of those suggestions would be to contract out plowing, though that would not negate the need for a garage since the Highway Department does much more than just plowing. Another was to use the materials from the old building to construct a new building and use local contractors to do the work or construct a metal building and use local contractors for the finishing inside according to code.

It would be good if the interest shown at this meeting will spark interest among residents to be more involved in the decisions that are made in the Town. There is still a building committee and they will be meeting again soon to bring to the table some new ideas, so keep in touch if you would like to participate in this way.

Take advantage of the free library services to Groton residents at the Hebron Public Library. The library hours are Mondays, 4 – 7 p.m., Wednesdays, 1-5 p.m. and Saturdays, 9 a.m. – 1 p.m.

Scheduled meetings and Office Closures:

Select Board Work Sessions –Tuesday, Nov. 6 at 4:30 p.m., 13th & 20th at 5 p.m., and Dec. 4 at 4 p.m. all at the Town House

Select Board Meetings (open to the public) –Nov. 13 and 20 at 7 p.m. at the Town House

Conservation Commission Meeting – Thursday, Nov. 8 at 7 p.m. and the Town House

Town Offices will be closed on Nov. 12, 22 and 23; The Select Board Office will also be closed on Nov. 21.

Total of all taxes due

to the Town as of Oct. 30 are \$128,789.48. We do have a Tax Kiosk on the Town Web site so you may find out your tax balance only and if you would like to pay your taxes online use the Red Button on the Town Clerk/Tax Collector's page. If you should have any trouble with the online payment system, please call the Town Clerk at 744-8849.

Hebron

Bob Brooks 744-3597
hebronnnews@live.com

Community Breakfast

Our next Community Breakfast is Nov. 3 from 7:30 - 8:45 a.m. in Community Hall at the Union Congregational Church. The cost is \$4 and includes Eggs, Bacon, sausage, hash, pancakes, French toast, oatmeal, fruit, pastries, yogurt, juice, and coffee. Everyone is welcome.

Veterans Day Program

The Town of Hebron and the Hebron Historical Society would like to invite everyone to gather on the town common Sunday, Nov. 11, at 10:50 a.m., for our Veterans Day Program. We will be honoring all men and women from our area who have served in the US armed forces. The program this year will have special meaning because it is the 100th anniversary of the final day of WWI. Light refreshments will be available in the church basement following the program. All are welcome!

Churches

Ashland Community Church

Ashland Community Church is located at 55 Main St., on Route 3 in Ashland (across from Shurfine Market). Parking is available next to and behind the church.

Pastor Ernie Madden
Phone: 968-9464
Email: accernie@hotmail.com
Website: ashlandcommunitychurch.com

Sundays:

9 a.m. - Early Worship Service, followed by coffee and fellowship in the church dining room.

10:30 a.m. - Contemporary Worship Service. Coffee and snacks are available in the back of the sanctuary before the service.

Toddler Zone (for infants - five years old) and KidZone (for K-6th grade) are available during the Contemporary Service.

Special Needs Class

- For teens-adults at the Contemporary Service. Participants meet in the sanctuary for singing, and are dismissed to their class at approximately 10:45 a.m.

Kidzone:

Debbie Madden leads the K-sixth grade class. Kids will love the great videos and games that teach age appropriate lessons in a loving atmosphere.

Alcoholics

Anonymous Group: Monday's at 8 p.m. in the church dining room.

It is our desire to help you understand God's incredible grace, mercy and love. We believe that you will love Ashland Community Church. We are a friendly, loving, and caring church that studies and shares the word of our dear Lord and Savior.

Our Vision is to become a church that unchurched people will love to attend.

Our mission is to lead people to live and love like Jesus and to help others to do the same.

If you have any questions please don't hesitate to contact Pastor Ernie Madden at any of the contact information above.

Real Church, Real People, Real Simple

We look forward to seeing you on Sunday, and remember to just come as you are.

No perfect people allowed!

Bristol United Church of Christ ("the Church on the Hill")

We are handicapped accessible!

Our doors are always open wide to all those seeking to find a safe, but invigorating place for spiritual life, growth, fellowship and service. Wherever you are on your spiritual journey, you are welcome here!

Sundays

Pastor: Rev. Andrew MacLeod
Intergenerational Service: 10 a.m.
Coffee Fellowship:

Following service
Sunday School: 10 a.m.

Notes: Wheelchair accessibility can accommodate up to three wheelchairs in our Sanctuary!

Location: P.O. Box 424, 15 Church St., Bristol, NH 03222

Phone: 744-8132

Office Hours:

Main Office – Monday through Friday - 9 a.m. to noon

Pastor's hours: Monday through Thursday - 9 a.m. to noon and other times by appointment

Rev. Andrew's Home Phone: 217-0704

Email: pastorbucc@myfairpoint.net

Weekly Events

Mondays: A.A. Step meeting – 7:30 p.m.

Bible Study – 7 p.m.

Tuesdays: Bone Builders – 9:30 a.m.

Senior Crafts: 9:30 a.m.

Senior Luncheon – Noon

AA Discussion – 8 p.m.

Wednesdays: Morning Reflections, formerly led by Don Sorrie, will continue through the month of November with Rev. Andrew moderating.

We are presently gathering at 7:30 a.m. on Wednesday mornings in Fellowship Hall. Coffee is provided. Come join us!

Fridays: Bone Builders – 9:30 a.m.

Monthly Events

WIC (Women/Infant/Children) Clinic – 2nd Monday at 8:30 a.m.

T.E.A. (Time, Encourage, Accept) – for Women

3rd Tuesday at 4 p.m. They will continue to meet for the months of November and December. Meeting place varies.

Women's Fellowship - Next meeting – Thursday, Nov. 15 in Fellowship Hall at 10
SEE CHURCHES, PAGE A9

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The music of The Band lives on in Plymouth

PLYMOUTH — The Weight Band will perform at The Flying Monkey in Plymouth on Saturday, Nov. 17 at 7:30 p.m. The Weight Band, featuring former members of The Band continue to bring their Woodstock sound to the world with latest release “World Gone Mad.” Tickets for this concert start at \$29.

It’s been four decades since “The Last Waltz” and two decades since The Band officially called it quits, but the spirit of the band and the Woodstock sound it pioneered lives on, thanks, in part, to some of the musicians that were a

part of that latter-day iteration of the legendary group. In 2012, after getting together with drummer/vocalist Levon Helm at Helm’s iconic Woodstock Barn for the Midnight Ramble concerts he would host, Jim Weider, along with fellow former Band member Randy Ciarlante, started up The Weight Band and began playing shows with former members of the Levon Helm Band and the Rick Danko Group.

“What’s nice about this band is that everybody has a reverence for The Band’s material and each of us has a really strong connection to



The Weight Band will perform at The Flying Monkey in Plymouth on Saturday, Nov. 17 at 7:30 p.m.

those guys,” said guitarist Jim Weider.

Weider took the place of Robbie Robertson when The Band reformed in the mid-’80s.

Each member of the current Weight Band has a close tie to original group. Grebb played in bands that Danko and Hudson each led, wrote

tunes with Manuel and contributed songs to The Band’s 1993 album Jericho. Rogers—who replaced Isaacs, who now plays with The Lumineers, Lost Leaders and his own combo—performed with Hudson and Helm, and Mitchell was a member of Levon’s Midnight Ramble Band for years.

Though The Weight Band grew out of a tribute to Helm and his bandmates, with its newly released 11-track album “World Gone Mad,” the ensemble have firmly established themselves as an entity unto their own. They cut 10 of the LP’s songs at The Clubhouse

Studio in Rhinebeck, N.Y., and the album’s final selection is from Daryl Hall’s Daryl’s House club in Pawling, N.Y.

“We’re itching to get out there and play these new tunes,” Weider says. “We want people to hear what this group can do.” Fans can expect an evening of new material that is a throwback to that Woodstock sound, and of course all The Band hits.

Tickets for The Weight Band range from \$39 - \$45. For more information on upcoming shows or to purchase tickets call the box office at 536-2551 or go online at www.flyingmonkeynh.com.

Churches

FROM PAGE A7

Some of our members are continuing with the creation of small crafts that will also be available for sale at the Christmas Bazaar on Saturday, Dec. 1. Next craft meeting will be on Mon., Nov. 19 downstairs in the church at 11:30 a.m. Bring a sandwich and come for craft and/or fellowship!

Choir rehearsal continues at 4 p.m. every Wednesday.

Ongoing

Bristol Community Services is in need of soups, spaghetti sauce, baked beans, canned veggies, Chef-Boyard-ee type meals, jelly, spaghetti, tunafish and canned fruits. Please help if you can!

Events

Our next monthly church supper will be held on Nov. 10 in Fellowship Hall, boasting an awesome pot roast dinner! Be sure not to miss!

Adults \$9. Children \$4. Serving 5:30 to 7 p.m.

Take Out Available: 744-8132

Ukelele players wanted! Christian Ed. And Music Committees have started up a ukelele band. We have several interested brave souls, and are looking for more!

The band is getting together once a week on Wednesdays at 8:30 a.m. in Fellowship Hall for lessons and practice, and once they feel comfortable about playing, they will share their music with the congregation. If you are interested, please contact Debbie Doe.

Rev. Andrew has indicated that several people have approached him with interest in meditation as a self-care practice. Please contact him if you are interested in having a weekday program for meditation.

It’s possible the group could meet and learn and practice a different meditation technique at each session.

Remainder of the hour would be for quiet, individual meditation in whatever style works for you. Based on interest, we will then proceed to scheduling.

B.U.C.C. cooperates with other churches and community organizations to serve the needs of all people who live near us. Our reach extends around the world through our work with other members of the United Church of Christ!

Holy Trinity (Roman Catholic)

Construction on the Holy Trinity Christian Life Center is progressing pretty much on schedule. The basement is finished, but the concrete slab has taken longer because of the rain. The old hall has been demolished. The gates to St. Matthew lot will have to stay closed for the time being because the exterior and interior walls will be stored in the lot until they are installed. The university has generously allowed us to use the lots on both sides of High St. where they intersect with Langdon. It is very important that you don’t park on Langdon on the left hand side (the side across from the church) as you will get ticketed. Parking is still allowed on the right hand side of Langdon, as well as the lot right across from the church.

The Day Away program provides their caregivers a much-needed respite and relief from constant care and responsibility every Thursday from 9 a.m. to 3 p.m. For the participant, activities include games, crafts, sing along, bingo, local entertainment etc.

Volunteers are needed from 8:30 a.m.-

noon or 11:30 a.m.-3 p.m. Contact Sandra Coleman RN, BSN by email sjrhett@roadrunner.com or call at 536-6304 for more information.

We are in the middle of updating our database. If you have had a change of address, phone number, email, or marital status, or if you have children that are no longer living at home, please forward that information to Christine at holytrinitybristol@gmail.com.

Restoration Church, Plymouth (Assemblies of God)

Greetings from Restoration Church Plymouth, located at 319 Highland Street, Plymouth, NH 03264. If you do not have a home church we invite you to come and join our warm and friendly family here at Restoration Church. Please feel free to contact us at hello@restorationchurch.cc. Our church phone number is still the same, 536-1966. Our schedule has changed to the following:

Sunday: 10:30 a.m. Morning Service

Monday: First and third Monday of the Month

Noon-2 p.m. Helping Hands Food Pantry

Friday: Second Friday of the month

6 p.m. Food, Fun, Fellowship

On Sunday, Nov. 5, 2017, we officially launched as Restoration Church Plym-

outh. More details about this service will be included in the next article. We also started a new series entitled, Stories. We will be continuing this series this week as well. We have our own worship team during our services in our auditorium and then we watch as a Pastor Nate Gagne preaches via video during our service.

Our Mission Statement: Just One More!

Everyone is welcome to all of our services. The church is handicapped accessible on the east entrance.

A Shared Ministry of St. Mark’s, Ashland and Church of the Holy Spirit, Plymouth

Services: Sundays – 8 a.m., 263 Highland St., Plymouth

9:30 a.m., 18 Highland St., Ashland

Sunday School - 9:30 a.m., St. Mark’s Ashland

Thursdays - Healing & Eucharist Service 11 a.m. at St. Mark’s Ashland

We were happy to welcome Rev. Kelly back from her much enjoyed vacation with family and friends.

Weld Wednesday, Nov. 7, 5 p.m., Holderness School. Fall Book Group on "Crazy Christians: A Call to

Follow Jesus” by Presiding Bishop Michael Curry.

Updating Church Directory - please fill out a Welcome card with your current address, phone # and email address. Please also include special dates like birthdays and anniversaries if you would like us to honor them.

Request for Cards: Kathy Lennox has requested card donations for the Postcard Ministry. All kinds of cards are welcome such as birthdays, anniversary, congratulations, etc. Cards can be left at CLC.

Need a ride to the Doctor or the store? Call the Whole Village Family Resource Center at 1-855-654-3200 for further information. Volunteer drivers needed.

Food Pantries - There are baskets at the back of both churches for canned or boxed food donations.

Don't forget the dogs and kitties.

Visits: Do you know of anyone who has not been to church recently who may need a pastoral call or visit? A large print newsletter is also available for those who have a problem reading or do not have email. Call the church office at 536-1321 to inquire about these.

Pastoral emergencies: call Rev. Kelly at 667-3297 or Deacon Maryan at 548-7994.

Star King Unitarian Universalist Fellowship

Starr King Unitarian Universalist Fellowship, 101 Fairground Rd., Plymouth, is a multigenerational, welcoming congregation where different beliefs come together in common covenant. We work together in our fellowship, our community, and our world to nurture justice, respect, and love.

This week at Starr King:

Nov. 2 - Vespers Service – 6 p.m.

Nov. 4 - Sunday Worship – A Day of Remembrance

Rev. Dr. Linda Barnes, Worship Leader

Sarah Dan Jones, Music Director and Choir

Bring your bitter-sweet, joyous, sad, humorous, and challenging memories as we remember those unforgettable people and beloved animals, who have passed from our lives. In this service we will piece together a quilt of collective memories. Bring a photo or memento to place on our altar of remembrance to those with whom we’ve had to say good bye.

Religious Education – Children will begin in worship, then go downstairs to class.

Visit our Web site www.starrkingfellowship.org 536-8908



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Buster Keaton double feature at Flying Monkey on Friday, Nov. 16

Classic silent film comedy classics to be screened with live musical accompaniment

PLYMOUTH —He never smiled on camera, earning him the nickname of "the Great Stone Face." But Buster Keaton's comedies rocked Hollywood's silent era with laughter throughout the 1920s.

See for yourself with a screening of "Sherlock Jr." (1924) and "The Cameraman" (1928), two of Keaton's landmark feature films, at the Flying Monkey Moviehouse and Performance Center, 39 South Main St., Plymouth, on Friday, Nov. 16 at 6:30 p.m.

The program will be accompanied by live music performed by silent film composer Jeff Rapsis. Admission is \$10 per person.

In "Sherlock Jr.," Buster plays a small-town movie projectionist who dreams of working as a detective. But then Buster's romantic rival frames him for stealing a watch from his girlfriend's father. Fortunately, the situation mirrors the plot of the movie currently playing at Buster's theater. Inspired by the movie, can Buster find the real thief and win back his girl?

"The Cameraman" tells the story of a young

man (Keaton) who tries to impress the girl of his dreams (Marceline Day) by working as a free-lance newsreel cameraman. His efforts result in spectacular failure, but then a lucky break gives him an unexpected chance to make his mark. Can Buster parlay the scoop of the year into a secure job and successful romance?

Both films focus on exploring the potentials of the motion picture, then a brand-new medium.

In "The Cameraman," Keaton uses the movie business itself to create comedy that plays with the nature of film and reality.

Keaton, along with Charlie Chaplin and Harold Lloyd, stands as one of the three great clowns of the silent screen. Many critics regard Keaton as the best of all; Roger Ebert wrote in 2002 that "in an extraordinary period from 1920 to 1929, (Keaton) worked without interruption on a series of films that make him, arguably, the greatest actor-director in the history of the movies."

As a performer, Keaton was uniquely suited to the demands of silent



Buster Keaton's comedies rocked Hollywood's silent era with laughter throughout the 1920s. See for yourself with a screening of "Sherlock Jr." (1924) and "The Cameraman" (1928), two of Keaton's landmark feature films, at the Flying Monkey Moviehouse and Performance Center, 39 South Main St., Plymouth, on Friday, Nov. 16 at 6:30 p.m.

comedy. Born in 1895, he made his stage debut as a toddler, joining his family's knockabout vaudeville act and learning to take falls and do acrobatic stunts at an early age. He spent his entire childhood and adolescence on stage, attending school for exactly one day.

A remarkable pantomime artist, Keaton nat-

urally used his whole body to communicate emotions ranging from sadness to surprise. In an era when movies had few special effects, Keaton's acrobatic talents meant he performed all his own stunts.

All those talents are on display in "Sherlock Jr." and "The Cameraman," which was selected in 2005 for preservation in the U.S. National Film Registry by the Library of Congress as being "culturally, historically, or aesthetically significant."

"These films are audience favorites, and people continue to be surprised at how engrossing and exhilarating they can be when shown as they were intended: in a theater, and with live music," said Rapsis, who accompanies more than 100 screenings each year

at venues around the nation and abroad.

Rapsis, who lives in Bedford, improvises live scores for silent films using a digital synthesizer to recreate the texture of the full orchestra.

"It's kind of a high wire act," Rapsis said. "But for me, the energy of live performance is an essential part of the silent film experience."

"Sherlock Jr." (1924) and "The Cameraman" (1928) will be shown with live music at the Flying Monkey Moviehouse and Performance Center, 39 South Main St., Plymouth, on Friday, Nov. 16 at 6:30 p.m. Admission is \$10; for more information, call 536-2551 or visit www.flyingmonkeynh.com.

For more information about the music, visit www.jeffrapsis.com.

“Get Together” with Jesse Colin Young at the Flying Monkey

PLYMOUTH — Jesse Colin Young will perform at The Flying Monkey in Plymouth on Thursday, Nov. 8 at 7:30 p.m.

Jesse Colin Young, critically acclaimed solo artist and lead singer of the legendary classic rock band, The Youngbloods, took the nation by storm when the single "Get Together" became a worldwide Top 10 hit and a prominent soundtrack for peace. Tickets for this concert start at \$39.

In life, opinions, lifestyles, and cultures differ, but in spite of it all, music has the ability to brings us together. A universal language, music can convey a message, heal wounds, and unify. In times when the gap between people is as far as ever, American Singer-Songwriter Jesse Colin Young still believes in the mystical power of song.

Famously known as the lead vocalist of The Youngbloods, during the '60s and '70s Young celebrated success as a Folk Rock artist at the hands of his thoughtful songwriting. With the current political climate, Young finds new inspiration to get out and tour once again



Jesse Colin Young will perform at The Flying Monkey in Plymouth on Thursday, Nov. 8 at 7:30 p.m.

as he teams up with a talented young band of Berklee grads to visit cities across the country and promote his new single "Shape Shifters."

"It's a political song. There are a lot of political songs on this upcoming album," he foreshadowed.

"We will also be releasing another single before the election called 'Sisters,' which was a song I wrote because my wife asked me

to," he said.

He continued, "I have this young band. I have seven band members that are all Berklee College of Music graduates. They are young geniuses and they are playing my music wonderfully. I start my shows solo for the first 25 minutes."

After his solo set, Young is joined by his talented young band to play both new songs and Youngbloods' classics such as "Get Together."

Young described The Youngbloods' signature tune "Get Together" as a "beauty." "It's a beauty. Isn't it. We always do it to end the show," he said. "People sing it and that's my favorite part of the show!" "Get Together" has been and always will be an anthem for peace and unity in a time of divide for generations to come.

Tickets for Jesse Colin Young range from \$39 - \$55. For more information on upcoming shows or to purchase tickets call the box office at 536-2551 or go online at www.flyingmonkeyNH.com.

TOWN OF CARROLL INVITATION TO BID

The Town of Carroll is accepting bids on two Town-owned properties (via Tax Collector's Deed).

PARCEL #1:

93 Woodland Acres – Tax Map/Lot 203-009-013-013, which property was tax deeded to the Town on 6/1/2015. This deed is recorded in the Coos County Registry of Deed at Book 1422, Page 210. This is a 2.58-acre land-only parcel.

This property is being sold as is without any warranties included or implied. Minimum Bid on this property is \$16,700 (Sixteen Thousand, Seven Hundred Dollars).

Bids must be delivered in a sealed envelope marked Parcel #1 and must include a bank or certified check deposit of \$5,000 (Five Thousand Dollars) and will be accepted at the Carroll Town Office located at 92 School St. (P O Box 146), Twin Mountain, NH, 03595 until 3:00 p.m. on Friday, November 9, 2018. Sealed bids will be opened at 5:30 p.m. on Tuesday, November 13, 2018. Checks will be returned to the unsuccessful bidders.

The successful bidder will be promptly notified and required to sign a binding Purchase and Sale Agreement within 5 days of notice. Closing will be required within 30 days of notification.

The Town of Carroll reserves the right to refuse or reject any or all bids received.

PARCEL #2:

Twin View Drive – Tax Map/Lot 205-023-001-000, which property was tax deeded to the Town on 8/12/2013. This deed is recorded in the Coos County Registry of Deed at Book 1384, Page 859. This is a 1.19-acre land-only parcel.

This property is being sold as is without any warranties included or implied. Minimum Bid on this property is \$12,500 (Twelve Thousand, Five Hundred Dollars).

Bids must be delivered in a sealed envelope marked Parcel #2 and must include a bank or certified check deposit of \$5,000 (Five Thousand Dollars) and will be accepted at the Carroll Town Office located at 92 School St. (P O Box 146), Twin Mountain, NH, 03595 until 3:00 p.m. on Friday, November 9, 2018. Sealed bids will be opened at 5:30 p.m. on Tuesday, November 13, 2018. Checks will be returned to the unsuccessful bidders.

Successful bidder will be promptly notified and required to sign a binding Purchase and Sale Agreement within 5 days of notice. Closing will be required within 30 days of notification.

The Town of Carroll reserves the right to refuse or reject any or all bids received.

Board of Selectmen
Town of Carroll



HEBRON PLANNING BOARD Notice of Hearing

For Wicosuta Real Estate Co. LLC
West Shore Road

You are hereby notified that the following **Application for Site Plan Review** will be heard at a Public Hearing to be held on Wednesday, November 7, 2018 at 7:00 PM at the Town Clerk's Office, 10 Church Lane, Hebron, NH 03241

Application for Site Plan Review: Wicosuta Real Estate Co. LLC Tax Map 19 Lot 1 would like to construct a bunk house to accommodate 12 Campers and 4 staff members. This will be located at the south end of the ball field area near Bunk 23.

T’N’T Tour brings explosive Blues to Plymouth

PLYMOUTH —The T’N’T Tour: Tinsley Ellis and Tommy Castro & The Painkillers at The Flying Monkey Theatre in Plymouth - Thursday, Nov. 15 at 7:30 p.m. Tinsley and Tommy (TNT) combine forces for a night of rocking blues. Tickets for this concert start at \$35.

Since his debut album, “Georgia Blue,” in 1988, Ellis has been revered as a guitarist’s guitarist. According to Billboard, “nobody has released more consistently excellent blues albums than Atlanta’s Tinsley Ellis. He sings like a man possessed and wields a mean lead guitar.” He approaches his music with rock power and blues feeling, in the same tradition as his Deep South musical heroes Duane Allman and Freddie King and his old friends Derek Trucks and Warren Haynes. Atlanta Magazine declared Ellis “the most significant blues artist to emerge from Atlanta since Blind Willie McTell.”

For Castro, his musical journey started at the young age of



The T’N’T Tour brings Tinsley Ellis and Tommy Castro & The Painkillers at The Flying Monkey Theatre in Plymouth - Thursday, Nov. 15 at 7:30 p.m.

and 3,000 miles away from Tinsley in the San Francisco bay area. He notes that his early inspirations were a mix of Chicago and West coast blues with a mix of ‘60’s rock and soul. With such a wide range of influences it’s clear to see why Tommy has been a sought after blues and soul guitarist and still going strong today. In 2001 and 2002, B.B. King asked Castro to open his Summer concert tours. Each night ended with Castro joining King on stage for a grand finale jam.

When B.B. King was asked about Castro,

he said “I knew when Tommy first came out on tour with me some years back, that he has what it takes.....He’s really done something special!”

So, what made these two blues rockers “band” together to create the T’N’T Tour?

“We’ve been talking about this tour for years, every time we jammed it was memorable” Ellis said.

Castro said “I love to play! This is a lot of fun for me, so I just want to play with people that have a lot of fun too.”

On stage, it’s clear to see that these two



COURTESY

are still having fun. Expect a set each from Tinsley Ellis and Tommy Castro & The Painkillers as well as some on stage magic and jamming between both bands.

Tickets for T’N’T Tour are \$35 - \$45. For more information on upcoming shows or to purchase tickets call the box office at 536-2551 or go online at www.flyingmonkeyNH.com.

Reggae royalty comes to Plymouth

PLYMOUTH — Stephen Marley, son of Reggae legend Bob Marley will perform at The Flying Monkey in Plymouth on Saturday, Nov. 10 at 7:30 p.m. Eight time Grammy-award winning singer, songwriter, musician, producer Stephen Marley will feature an intimate evening of acoustic music with a full band. Tickets for this concert start at \$38.

The second son of Bob and Rita Marley, eight time Grammy winning musician and producer Stephen was



COURTESY PHOTO

Stephen Marley

born on April 20, 1972; he began his career as a precocious six-year old singing, dancing and playing percussion with his siblings in the group The Melody Makers whose first single “Children Playing in The Streets” was produced by their father in 1979 and released on Tuff Gong, the label founded by Bob in the late ‘60s.

While always being a big driving factor in his family’s music careers throughout the years, Stephen’s most significant contribution to date was producing and contributing vocals to Damian’s single “Welcome to Jamrock”, the biggest reggae song of 2005 and still very popular today. The success of “Welcome to Jamrock” increased the anticipa-

tion surrounding the release of Stephen’s first solo effort. “Mind Control” –which won a Grammy for Best Reggae Album in 2007.

Though known for his big bass production, Marley is no stranger to acoustic music. In 2008, Marley released a refreshing version of the hit album with an acoustic version that gained the artist another Grammy for Best Reggae Album.

Marley has created an unprecedented space in music through his remarkable ability to infuse reggae music with hip-hop, electronic and soulful beats, that has developed a loyal following. His robust collection of music offers an organic blend of eclectic elements that defy cat-

SEE MARLEY, PAGE A14

Sweating during exercise – what does it mean?

PLYMOUTH — There are many myths and misconceptions surround sweating and the amount of sweat and what that may mean about a person or their fitness. Common myths are that sweating more means a person is out of shape. Another misconception is that men sweat more than women. This article by RehabFit explores the physiology behind sweating and why amounts and timing may differ from person to person.

Exercise requires energy and the breakdown of calories provides that energy. Calorie burning also produces heat; in fact, burning calories produces up to 75 percent heat energy and only 25 percent fuel for our working muscles. This heat energy raises body temperature and sweating helps prevent

core body temperature from rising to a dangerous level.

The body sweats all day but may go unnoticed because it is a small amount that is evaporated quickly. Sweating increases when our body temperature rises, when the air temperature rises or when certain nerves are stimulated due to emotions like being nervous or scared. Differences in sweat amounts may also vary due to food we eat, diseases and conditions, medications and genetics.

One reason a person could sweat more than the next person is the body’s ability to regulate temperature. A body efficient at cooling itself may produce more sweat compared to a person who is not as efficient. Body temperature regulation tends to be more efficient in regular ex-

ercisers, athletes. This means that a higher fitness level may result in more sweating! People acclimated to their environment may also sweat more. For example, the first 75 degree day of the spring may feel hot to a runner, they may even feel like they are overheating. This is because the runner has not acclimated to the temperature and body temperature is not efficiently being regulated. Come August, the same runner feels that a 75 degree day is a break from the normal 80 to 90 degree temperatures. The runner is able to sweat more and cool themselves efficiently!

A person may also sweat more due to higher environmental humidity. When it is humid, the air is saturated with water. This makes evaporation of water, or sweat, from the skin more dif-

ficult. With less evaporation of sweat from the skin the body temperature is not cooled properly which in turn signals even more sweating. This is why we feel hotter and sweatier when it is humid!

In terms of calories, a person who is less fit will burn more calories while performing the same amount of work as a more fit person. This increase in use of calories contributes to a higher core temperature and higher amounts of sweat. In this case, a less fit, or “out of shape” person would sweat more.

A common myth is men sweat more than women. Women sweat a constant amount throughout the day that evaporates quickly. Men sweat in bursts, meaning they may be sweating a small amount one

SEE SWEAT, PAGE A14

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Edward Jones: Financial Focus

Consolidating Accounts Leads to Clear Financial Strategy

None of us can completely control all the things that happen to us. Yet, when it comes to achieving your long-term financial goals, including a comfortable retirement, you do have a great deal of power – as long as you follow a clear, well-defined financial strategy. And one way to help build and maintain such a strategy is by consolidating your financial accounts.

Over the course of their lives, many people pick up a variety of financial accounts from multiple sources. They might have a few IRAs from different providers, a couple of old 401(k) plans from

past employers, an insurance policy (or two) purchased many years ago, and a scattershot of stocks, bonds, certificates of deposit and other investments.

If this picture describes your situation, you may want to think about consolidating. For one thing, having a variety of accounts can run up a lot of fees. Furthermore, you’ll have lots of paperwork to keep track of all your accounts, including several different tax statements. Plus, just by having so many accounts, you risk forgetting about some of them – and if you don’t think you’d ever forget about your own

money, consider this: Well over \$40 billion in unclaimed cash and property, including 401(k)s, pensions and IRAs, is awaiting return to the rightful owners, according to the National Association of Unclaimed Property Administrators.

But beyond reducing your possible fees, paperwork and potential for lost assets, consolidating your accounts with one provider can give you a centralized, unifying investment strategy, one that can help you in the following ways:

Diversification – If you own several different financial ac-

counts, including IRAs, 401(k)s and online accounts, you might have many similar investments within them. You might even own a cash-value insurance policy containing investments that closely track the ones you have in the other accounts. This type of duplication can be harmful, because if a market downturn primarily affects one type of asset, and your portfolio is dominated by that asset or similar ones, you could take a big hit. But if you have all your investments in the same place, a financial professional can review your holdings and recommend appropriate ways to diversify your

investment dollars. (Be aware, though, that while diversification can reduce the impact of market volatility on your portfolio, it can’t guarantee profits or protect against all losses.

Staying on track – With all your accounts in one place, you’ll find it easier to keep the big picture in mind and make the moves necessary to help you progress toward your financial goals. Two main actions include buying or selling investments and adjusting your portfolio to make it more aggressive or conservative, depending on your situation.

Avoiding mistakes – If you own several separate accounts, you could see a loss in one or more of them and overreact by selling investments that could still be valuable to you. But with a consolidated investment platform, you can see more clearly that the impact of a loss may be small, relative to the rest of your holdings. As we’ve seen, consolidating your investment accounts with a single provider can have several advantages. So think carefully about bringing everything together – you may find that there’s strength in unity.

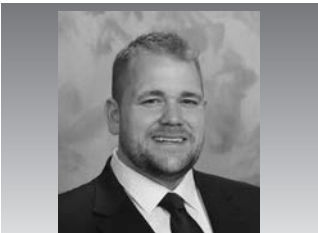
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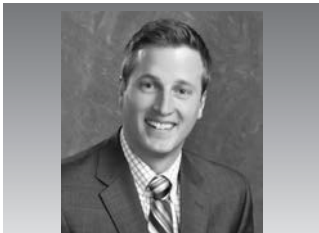
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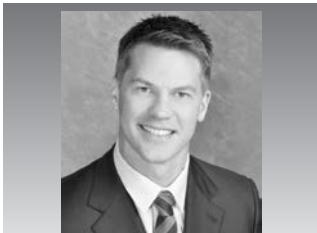
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THE REAL REPORT

RECENT REAL ESTATE TRANSACTIONS

Town	Address	Type	Price	Seller	Buyer
Alexandria	Bailey Road	N/A	\$17,000	Virginia L. and Christopher Duggan	Daniel C. Milligan and Christine Cushman
Alexandria	9 S. Ledge Loop, Unit B	Condominium	\$248,000	James G. and Margaret S. Mead	Wilson and April M. Rey
Alexandria	W. Shore Road	Residential Open Land	\$141,533	Arthur N. and Charlotte P. Barron	Ryan J. and Matthew J. Bourque
Ashland	160 Owl Brook Rd.	Single-Family Residence	\$96,000	Thomas Foley	Bonnie M. Bethune
Ashland	253 River St.	Single-Family Residence	\$349,000	Mark W. and Christine Iverson	Stefan and Susan Schadinger
Bridgewater	1096 Mayhew Turnpike	Multi-Family Residence	\$317,533	Nathan K. and Karen D. Romanek	Nancy J. and Walter F. Osborne
Bristol	95 100 Acre Wood	Single-Family Residence	\$180,000	Mackenzie L. and Brianna T. Kilpatrick	Kristen R. and Evan W. Craig
Bristol	60 Browns Beach Rd.	Single-Family Residence	\$513,000	Vincent and Sheila A. Juliani	Joseph B. Greeley
Bristol	33 Daniels Rd.	Mobile Home	\$95,000	Allen L. Binette and Karen J. Apitz	Adam Eberhardt
Bristol	72 King Arthur Lane	Single-Family Residence	\$196,000	Joseph A. and Stacey Spinale	Debra A. and Jens Thoresen
Bristol	265 Lake St.	Commercial Building	\$93,000	Joseph and Anita Sanville	Speedy Gonzalez Inc.
Bristol	38 Ravine Dr.	Single-Family Residence	\$157,933	Michael S. and Ruthann McMenaman	Rebecca L. Robinson
Bristol	174 Upper Birch Dr.	Single-Family Residence	\$264,000	Mark D. and Karen L. Chevalier	Susan M. and Nichola S. Dematteo
Bristol	31 Winter St.	Single-Family Residence	\$325,000	William R. and Cheryl L. Joseph	Andrew and Katherine M. Hemingway
Campton	49 Alden Dr.	Single-Family Residence	\$159,933	Cecil B. and Judith A. Cooper	Ryan and Lauren Olney
Campton	18 Armsby Circle	Single-Family Residence	\$279,000	Matthew R. Bonner	Ryan D. and Holly L. Timms
Campton	21 Balsam Lane	Single-Family Residence	\$420,533	Pearl D. Infantine (for Infantine Fiscal Trust)	HPN LLC
Campton	20 Cherry Circle	Mobile Home	\$12,500	Edard J. Coury	Patrick J. and Karyn E. Coyle
Campton	Deacon Willey Road (Lot)	Residential Open Land	\$95,000	Ryan L. Horne and Danielle R. Paquette-Horne	Mark and Zorina Pitkin
Campton	24 Southmayd Rd.	Commercial Building	\$540,000	Cetaz LLC	Armand and Ela Halilaj
Dorchester	N/A (Lot 3)	N/A	\$85,000	Leo J. and Young H. Hebert	Scott and Marcelle Paterson
Groton	907 N. Groton Rd.	Single-Family Residence	\$180,000	Scott G. Little (for Little Fiscal Trust)	Joseph Fitzgerald
Groton	405 Sculptured Rocks Rd.	Single-Family Residence	\$30,000	Gary Markland	John I. Cummings
Hebron	164 Hobart Hill Rd.	Single-Family Residence	\$286,000	Martin and Mary O'Hara	Allen D. and Kathleen E. Fisher
Holderness	63 High Country Way	Mobile Home	\$51,333	Richard A. Westergren	Leslie Nicola
Holderness	36 Naughty Pines Rd.	Mobile Home	\$60,000	Robert W. Boyd and Christine Kille	John and Carol McHugh
Holderness	Shepard Hill Rd.	N/A	\$52,000	Advanced Mechanical Devices	Gustaff V. Fish (for Patricia R. Fish Trust)
Holderness	US Route 3, Lot 15	N/A	\$55,000	Paul S. Martins (for Squam Lakes Condo 14 & 15 Trust)	Martin and Jeanine Merchant
New Hampton	1035 NH Route 132 N.	Single-Family Residence	\$175,000	Dennis J. Mudgett (for Dennis & Norma Mudgett Trust)	Paul H. Freitas
New Hampton	Route 3B	N/A	\$247,533	Hannah L. Kingsbury	Anna and Johnny Marshall
New Hampton	N/A	N/A	\$180,000	Jamie D. and Helen G. Difillippe	Adam Difillipee and Devin Humphries
Plymouth	10 Rogers St.	Single-Family Residence	\$232,000	Nelson P. and Elena Marcotte	Christopher and Jaime Whitcher
Plymouth	14 Tamarac Place	Mobile Home	\$39,000	Laura L. Chase	Alzira Araujo
Plymouth	Tenney Mountain Highway (Lot)	Commercial Developed Land	\$175,000	David R. and Susan E. Fletcher	Joseph D. Carter (for Fatherland Fiscal Trust)
Rumney	16 Community House Rd.	Single-Family Residence	\$100,000	Edward R. and Christine M. Healey	Meatballs LLC
Thornton	106 Mountain River East Rd., Unit 27	Condominium	\$155,000	Patrick Harrington	Smaranda and Corneliu A. Bodea
Waterville Valley	Mountain Sun Condo, Unit 13	Condominium	\$18,000	Daniel and Ciarna M. Diplacido	Robert Costantino
Wentworth	795 Mount Moosilauke Highway	Single-Family Residence	\$140,333	Bruce R. and Regina G. Burt	Marina L. and A.M. Reilly-Collette

ABOUT THE REAL REPORT

Here are recent real estate transactions in Alton and the surrounding areas. These sales summaries are informational only, not a legal record. Names shown are

usually the first listed in the deed. Sales might involve additional parties or locations. Prices are usually based on tax stamps and might be inaccurate for public agency sales. Refer to actual public documents before forming opinions or relying on this information. Additional publicly recorded information on these sales, prior sales and

data from Department of Revenue Administration forms is available at www.real-data.com or 669-3822. Copyright 2011. Real Data Corp. In the column "Type": land= land only; L/B= land and building; MH= mobile home; and COND=condominium.

MARK ON THE MARKETS

Principled investing



BY MARK PATTERSON

I first heard it referred to as "socially responsible" investing, then it became impact investing, or green, and several other ways that I want to refer to as principled investing. Speaking with many investors gives me insight as to what their

objectives are when investing their money. Often times they come in my office with some mutual funds that are categorized as growth or income, large-cap, small-cap, international, and a bunch more. Eight or nine years ago I had given some presentations regarding socially responsible or impact investing. Many times, these talks attracted people who are environmentally minded. As the word got out that I was designing portfolios of investments specifically based on people's principles and values,

I found that almost everyone wanted to tailor their portfolio and invest in companies that they felt good about and more importantly, avoid those companies or industries they despised. The "socially responsible" tag was often stuck on those with politically left leanings who did not like companies such as Walmart, Exxon Mobil or a host of other companies whose practices or products they questioned. I have also had clients that sold their mutual funds because they had Internet related companies like Google

a.k.a. alphabet, because these clients were concerned about Internet pornography. In the past, I have had clients tell me they did not want GE in their portfolio because the previous CEO was an economic advisor to the past administration in Washington, D.C. and political crony. I believe most people do have their opinions, likes and dislikes and principles when it comes to investing their money. As an advisor there are certain companies that I would not invest my own money based on my principles. But my principles

are not your principles, you must voice your opinions and principles as to where you want your money invested and where you do not. It's very difficult to eliminate all companies that you may have an issue with, but identifying beliefs based on your principles that are important to you, and then talking to your advisor about it is a great start. There are plenty of great companies whose equity (stock) or debt (bonds) you can buy for your portfolio that can fit your criteria. If you choose to plow your money into mutual funds you must understand that you may have an issue with many of these companies in the fund's portfolio. There are a few "socially responsible" funds but they may not reflect your principles, likes and dis-

likes at all. There are some great advantages to building your personal portfolio with individual stocks and bonds as opposed to mutual funds. I understand that many may be forced into funds because they're in your 401(k) 403B plan, or you may just be getting started and not have enough money to get diversification with individual stocks or bonds. If you have not done so yet go to my website, www.MHP-asset.com, go to tools and risk analysis to obtain your risk number that you can match up to your current portfolio or see what your risk number portfolio mix may appear.

Mark Patterson is an advisor with MHP Asset Management can be reached at 447-1979 or Mark@MHP-asset.com.



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*Republican Candidate for
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Grafton House District 9

Alexandra, Ashland, Bridgewater,
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November 6, 2018

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Local Control

Get out and hike West Rattlesnake Mountain with the SLA

HOLDERNESS — Fall is the perfect time to get out and hike in the Squam Watershed! Located on the southern edge of the White Mountain National Forest, this 50-plus-mile trail network is managed by the Squam Lakes Association (SLA) and contains a variety of summits with outstanding views of Squam Lake and surrounding high peaks. Throughout the fall season the SLA is offering meet up hikes

scheduled each week. There is no cost to attend these hikes and are not intended to be a guided. This allows participants to hike at their own pace and go as far down the trail as they'd like to. This is the perfect opportunity to meet other folks interested in hiking, enjoy a day out on the trail, and to learn more about the SLA trails. The next hike is to West Rattlesnake, scheduled for Friday, SEE **RATTLESNAKE**, PAGE A14

Plowing

FROM PAGE A1

agreement.

Dion said she regretted missing that selectmen’s meeting, because she felt they had reached an agreement they “felt good about” but that they had to work out the details.

In discussions over the past year, the town and school district had agreed that it made sense for the town to take over the plowing of Newfound Road — the private road leading to the high school — and have the school district take on the responsibility of plowing the Bristol Elementary School parking lot, which Bristol had been plowing since the district formed in 1962. Bristol plow trucks already maintain a section of River Road, at the other end of Newfound Road, and officials felt taking that road on would be a reasonable exchange for having the school take over maintenance of the elementary school lot. Highway trucks have a harder time maneuvering in the elementary school parking lot, and scheduling the plowing around the school’s needs conflicted with the ability to keep the town roads open, Bucklin said.

The sticking point came when the school district also asked to use the town’s stockpile of sand and salt and to have the town clear the snowbanks at the school to avoid having to purchase a front-end

loader to do the job.

Selectman J.P. Morrison, who operates a construction company, said he would support the recommendation of the town’s highway crew that has to manage the roads, and asked Bucklin for his thoughts on reconsideration of the decision.

Bucklin said he has been proposing an end to the agreement for 10 years. When the Newfound Area School District formed, he said, the towns had their own elementary schools and maintained the lots at those schools. Over the years, the district closed the elementary schools in Bridgewater, Alexandria, and Hebron, sending those students to other schools, including Bristol Elementary.

“I feel [Bristol Elementary School] is a district school, not a town school like it was when the agreement was made. If [other towns] don’t have the responsibility, I don’t think we should,” Bucklin said.

Morrison said he opposed making a decision and then reversing it two weeks later, after having discussed the parking lot issue for years. He said it would cost the school district only an additional \$7,000-\$8,000 to hire a contractor to keep the parking lot open.

“This is a district that has \$900,000 some-odd dollars for capital improvements for this year and the next 10 years, with what they’re trying to pull through,”

he said. “This little thing, this little bump in the road, is not going to kill anyone. It’s ridiculous to even be talking about this. This is little Bristol against a mammoth school district, and it really makes a big difference to us.”

Alpers and Dion sought to dispel the impression that there is a growing rift between the town and school district. They noted the many areas of cooperation between the two bodies, including economic development, expansion of fiber optic service, and relationships between the school and the Tappley-Thompson Community Center (where Dion is the director) and Freudenberg-NOK.

Reacting to an earlier news article about the winter maintenance rift, Alpers said, “The Town of Bristol and the Newfound Area School District have an amazing working relationship. ... This one decision regarding plowing does not erode or even remotely deteriorate our positive working relationship.”

Alpers initially resisted allowing School Board Chair Jeff Levesque of Groton to address the selectmen, saying it was Bristol’s decision to make. When Anderson asked a second time to have Levesque respond to the idea of swapping the plowing responsibilities as originally discussed — without having Bristol stockpile sand and salt for the

district, but agreeing to push back the snowbanks when the crew could fit it in — Alpers allowed Levesque to speak.

“I understand the difficulty of the timing, and think switching responsibilities is a good compromise,” Levesque said.

He continued that the school board would be happy to discuss terminating the agreement in

the future, when there would be time to prepare for taking over the responsibility.

“If we know in March or April, we can work around it,” he said. “Right now, we have one very old truck.”

Dion made the formal motion to have the town agree to plow, sand, and salt Newfound Road, and to push back the snowbanks when possible, while having the

school district take over the plowing and sanding of the elementary school.

Her motion passed, 3-1, with Morrison voting against it. Selectman Don Milbrand was not present, so did not cast a vote.

“I hope we can start the discussion about next year at the next meeting, and not wait until it’s too late,” Morrison commented.

Fashion Show

FROM PAGE A1

through the audience as Spears described the clothing, jewelry, scarves, handbags, leggings and any other accessories the models wore. She also extolled the versatility of several of the items, like a beautiful reversible coat, and a dress that could be accessorized to fit any occasion, whether it be a formal affair or a casual night out.

“We do have some things that might be a bit expensive but they’re worth it,” Spears said.

Especially, she added, when they can be worn in so many ways.

To make purchases more affordable, each of the nearly 100 people who attended the fashion show received a coupon for 20-percent off any one item available at Imagine.

During the showing there were also refreshments available as well as several raffles.

Located in the lower level of Our Lady of

Grace Chapel at 17 West Shore Rd. in Bristol, Day Away currently has eight participants in early to mid stages of dementia. Coleman said all applicants are interviewed before being accepted into the program so she and her staff can assess each one’s capabilities, learn their likes and dislikes, and become familiar with their diet.

Once they begin attending the program, volunteers take turns working with them for the day. A typical Thursday morning, Coleman explained, begins at 9 a.m. with a prayer followed by coffee and pastries. Together they go through memory boxes the volunteers help them create, discussing things from their past or looking through photos taken at prior Day Away activities.

“It helps to stimulate their memories sometimes and their loved ones can also see what they do while they’re here every week,” said Coleman.

There are then crafts, a few games, lunch and a bit of low impact exercise such as a stroll around the church grounds in nice weather. Coleman said music is also a big part of the program through group sing-alongs or with some live musicians who drop by to entertain the group on occasion.

“It’s great! Our participants really enjoy the music,” she said.

Another popular activity is the pet therapy sessions where specially trained animals visit the men and women from time to time, bringing smiles to all.

Coleman said donations to Day Away’s nondenominational program are always deeply appreciated. Volunteers, whether monthly, bi-monthly or weekly, are also welcomed to join in the care of each participant. To learn more about Day Away or to schedule a visit, please contact her at 536-6304 or email sjrhett@roadrunner.com.

Farmers Market

FROM PAGE A1

ful supply which often means extra product and closed markets. Not wanting to fall short on supply, the winter markets help alleviate any surplus there may be. Winter sales also buffer farms against the financial drought that occurs once markets season

ends, keeping customer vendor connections active and maintaining local buying habits.

The Blazing Star Grange, in support of local farms and businesses, is pleased to provide the warming hut for vendors to sell their local meats, eggs, wool, assorted crafts, honey, bakery items, dairy, soaps and prepared foods. The winter market will run from 9 a.m. to 1 p.m. on

the first and third Saturdays in November followed by one market each month on the first Saturday of December thru April. Breakfast and lunch is offered to help defray market expenses. This season, plan to spread and feel the warmth of the Danbury Winter Market.

For more information, call Donna at 768-5579 or by email at donnardena@gmail.com.

Open House

FROM PAGE A1

Also on hand to greet them were members of the Alexandria

Police Department who enjoyed seeing the children, too.

At the end of the night, each child also got to select a large

pumpkin to take home and carve for Halloween, thanks to Lori Sिरard, Firefighter Paul and their pumpkin patch.

Furniture

FROM PAGE A2

and patterns in wood to complement lines, curves, and surfaces in furniture comes intuitively to him. He takes great interest and pride in finding exceptional lumber for his pieces; he uses the best boards from one tree so that his pieces have consistency. Zink learned his craft at the Center for Furniture Craftsmanship in Rockport, Maine.

The exhibit is free and open to the public. The Galletly Gallery is located on the second floor of New Hampton School’s Moore Center. The gallery is open Monday through Friday from 8 a.m. to 4 p.m., and on Saturdays from 9 a.m. to noon.

Founded in 1821, New Hampton School is an independent, co-educational, college

preparatory secondary school of 315 students who come from more than 28 states and 30 countries. An International Baccalaureate school, New Hampton School cultivates lifelong learners who will

serve as active global citizens. Students benefit from an average class size of 11 and a student-faculty ratio of five to one. For more information, please visit www.newhampton.org.

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Re-elect Joe Kenney for
Executive Councilor District 1
Tuesday November 6th

“If a problem for You, it’s a problem
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Responsibilities

- * Co-Administrate the NH Executive Branch with the Governor
- * Vote on all State contracts over \$10, 000
- * Vote on all State Boards and Commissions
- * Vote on all State Judicial Appointments
- * Vote on all State Civil Commissions
- * Work with State, Local, Civic and Non-profit Leaders

Experience

- 5 years District 1 Executive Councilor
- 100% Attendance at all G & C meetings and Judicial Hearings
- 14-year Legislator (8 in the NH House; 6 in the NH State Senate) – Received numerous awards from the NH Medical Society, NH Association of Counties, National Humane Society, and Veteran Groups as Legislator of the Year.
- 37 year active and reserve Marine

Priorities

- Continue to Fight Opioid Crisis
- Constituent Service
- Community College System to create job training opportunities to develop our new workforce
- Support our Travel and Tourism Industry
- Reduce business regulation to assist small businesses
- Support our natural quality of life in and around the lakes region

Support

- * BIOMASS Industry
- * Hub and Spoke Model for Drug Treatment
- * Contracts for School Safety/Security Infrastructure Grants
- * Rural Community Health Centers funding
- * Bristol fiber optic cable telecommunication infrastructure project
- * Additional Funding for roads and bridges

Bridge

FROM PAGE A3
ture, racing against the clock and destination location, the Nova crew created an episode that is gripping, factual, emotional and inspiring. Where once 15,000 covered bridges dotted the New England landscape, today, 90 percent of them are gone, destroyed by nature or progress. The footage in the episode

includes building a temporary bridge beside the placement of the covered bridge, in order to control its eventual placement, and building the abutments higher than the original, in case of future flooding. All the while, racing against time in order to avoid the spring flood waters that come down from the Catskill Mountains, muddying the riverbank and threat-

ening the success of the new bridge.
The eventual success of this project, so well documented by the film crew, brings a sense of pride, relief and joy to the viewer, realizing that New Hampshire natives had such an important role in contributing to its success. Stan Graton II and his 3G Construction are heroes in the sense that a magnificent covered bridge

has been returned to the landscape, a town's economic and emotional beacon has been reinstated, and with such finesse that old beams and timber, saved from the pile of rubble that once was the Blenheim Bridge, were built into the reconstruction, adding a sense of history and full-circle accomplishment to a beautiful human interest story.

WWI

FROM PAGE A3
ed by the National Food Administration in 1918 to save wheat and other food for the troops and the people of Europe. "Food will win the war—wheat is the test," is a quote from the Food Administration of the United States that gives you a better understanding of what it was like in 1918.
Through internships in the Spinelli Archives, history majors Stephen Chute '18 and Kennedy Mathis '19 processed the WWI material from the Webster Collection. Kennedy then designed the exhibit during her internship with the Museum of the White Mountains. When asked what the most important take away from this process was, she responded, "Sometimes the most interesting artifacts from the past can be found in the bottom of a

re-purposed Christmas box just waiting to be discovered."
About Plymouth State University
Established in 1871, Plymouth State University Serves the state of New Hampshire and the world beyond by transforming our students through advanced practices where engaged learning produces well-educated undergrads and by providing graduate education that deepens and advances knowledge and enhances professional development. With distinction, we connect with community and business partners for economic development, technological advances, healthier living, and cultural enrichment with a special commitment of service to the North Country and Lakes Region of New Hampshire. To learn more about Plymouth State University, visit www.plymouth.edu.

Button Up

FROM PAGE A3
interested parties to provide NH customers with information, incentives, and support designed to save energy, reduce costs, and protect the environment statewide.
The NH Saves Button Up Workshop is a 1.5-hour presentation about how to improve the energy efficiency of your home. It covers basic building science principles as well as examples of whole

house weatherization measures that will button up your home for the heating and cooling seasons. It also covers details about the energy efficiency programs offered by NH utilities to provide energy audits and weatherization, rebates on electric and gas appliances as well as new construction.
NH residents wishing to use energy more efficiently, conserve energy and save money on their heating and cooling bills, will find

the information very useful. The Plymouth Area Renewable Energy Initiative of Plymouth is working with local groups statewide to organize the workshops for the public on behalf of New Hampshire's utilities. Each workshop is sponsored by the utilities through NHSaves and hosted by a local partner.
"We have brought this workshop to our town to inform our community members about the importance of energy efficiency,"

said workshop organizer Melissa Leszek of the Squam Lakes Association. "Learning how to save energy while making our homes more comfortable is a good thing to do, and I hope people will take the time to attend this workshop."
No registration is necessary. For more information on the town NH Saves Button Up workshop visit NHSaves.com/events or call Robbin Adams at PAREI at 536-5030.

Sweat

FROM PAGE A11
minute and then a large amount the next minute. This results in a large amount of perspiration on their skin at one time that is not evaporated efficiently. You may see more men with soaked through cotton shirts exercising than women because their large bursts of sweat do not evaporate quickly.
With all of this talk

about sweating it's important to bring up hydration. Proper hydration allows sweating and body temperature regulation. The average person sweats a little less than one ounce per hour during rest and 27 to 47 ounces per hour during exercise. The average American can determine how many ounces of water to drink per day by dividing bodyweight by two. For example, a 180 pound person should be

drinking about 90 ounces of water per day. An easy way to find out how much you sweat during exercise is to weigh yourself before and after a workout. For every pound of body weight lost during a workout you should drink 68 ounces of water. Electrolytes should be considered when exercising for long periods of time or when a person sweats a large amount.
Do you have more questions about sweat-

ing, hydration and exercise? Are you looking for a place to exercise? RehabFit is a medical fitness center that specializes in health and fitness for people of all ages and ability levels. RehabFit has strength and cardio equipment and group exercise classes for members and non-members in a clean, safe, friendly environment. Give RehabFit a call at 238-2225 or stop in for a tour and more information!

Marley

FROM PAGE A11
egorization. This exclusive tour will give fans a once in a lifetime opportunity to hear several of Marley's melodic hits in their authentic, acoustic origin.
"I am very much looking forward to sharing many of my songs stripped down as they first occurred in their natural form," says Marley.

Tickets for Stephen Marley range from \$38 - \$48. For every ticket that is sold, one dollar will be donated to the Ghetto Youths Foundation, a Miami-based non-profit organization founded by Stephen Marley and his brothers to help underprivileged kids. For more information on upcoming shows or to purchase tickets call the box office at 536-2551 or go online at www.flyingmonkeyNH.com.

Rattlesnake

FROM PAGE A12
Nov. 9 from 2:30 to 5 p.m. Take the trails less traveled to get the amazing view from West Rattlesnake for a hike a little over three miles. The hike will begin by walking along Route 113 for a short distance to get to the Undercut Trail then hike up a steep rock ledge on the Ramsey Trail, down the steep Pasture Trail, back up part of the Col Trail to the Ridge Trail to West Rattlesnake. After soaking up the views we'll head down the well traveled Old Bridle Path. Hike as much or as little as you'd like. Folks are welcome to hike at their own pace as this is not intended to be a guided hike. All of the hikes are part of SLA's Squam Ranger check list, a program that supports the management of the beloved trails. Since 2012, 180 people have joined the Squam Ranger program for \$50 for



COURTESY

Fall is the perfect time to get out and hike in the Squam Watershed! The next hike is to West Rattlesnake, scheduled for Friday, Nov. 9 from 2:30 to 5 p.m.

50 miles, and 34 people have completed all 50 miles. With 25,000 to 30,000 annual hikers on Rattlesnakes' Old Bridle Trail alone, maintenance is a daunting

task. The SLA performs more than 2,500 hours of trail construction and maintenance each year, and the \$50 initiation fee helps offset the cost of maintaining the

trails.
By joining the Squam Rangers program you receive a hiking t-shirt, back pack, Squam Trail Guide, Squam Wildlife Guide, and Trail

Log. Upon completion of hiking all 26 trails you receive a Squam Ranger baseball cap, a Squam Ranger patch, and Squam Ranger Completion Certificate. We hope to see you out on the trails this fall! For more information visit our Web site at www.squam lakes.org or call 968-7336.
The Squam Lakes Association is dedicat-

ed to conserving for public benefit the natural beauty, peaceful character and resources of the watershed. In collaboration with local and state partners the SLA promotes the protection, careful use and shared enjoyment of the lakes, mountains, forests, open spaces and wildlife of the Squam Lakes Region.

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LOVE YOUR COMMUNITY: Spend Locally!

Lakers win intense rematch with Bears

BY JOSHUA SPAULDING

Sports Editor

MEREDITH — After the Newfound volleyball team won the second and third game of the quarterfinal match against Inter-Lakes, Laker coach Randy Mattson submitted her lineup at the table and went back to the team huddle prepared to give a pep talk.

“I didn’t have to say much of anything,” Mattson said. “The team had already taken care of business. They said ‘we got it.’”

And got it they did, as the Lakers won the next two sets and earned a return trip to the Final Four with a 3-2 win over the Bears.

“Clutch situations are just not our strength,” said Newfound coach Amy Fairbank. “We had some calls go not our way and had some issues with two touches.”

The match was eerily similar to last year’s Division III semifinals, when the Lakers won the first match and Newfound came back and won the next two before the Lakers came together and rallied to finish out the 3-2 win.

“It’s a shame these two teams are playing right now,” Mattson said. “This is more of a semifinal game.”

“We had a few too many mistakes,” Fairbank added.

The Lakers came out and dominated the opening game. Laker Emma Wheeler and Newfound’s Ashlee Dukette exchanged points and Megan Stafford had a service ace for the Bears. A good dig from Bailey Fairbank helped keep the two teams even and then a good tip and service ace from Wheeler helped the Lakers open the lead. Morgan White had a kill for the Lakers and they



JOSHUA SPAULDING
Maura Geldermann tips the ball over the net in action against Inter-Lakes on Saturday.

continued to stretch the lead, getting a service ace from Ava Duymazlar and a hit from Delaney Smith. Wheeler had a block to push the lead to 16-7 before Dukette came through with a hit for the Bears. Wheeler had another block and then Dukette followed with another hit. Wheeler came through with yet another hit and Inter-Lakes closed out the 25-11 win for the 1-0 lead.

The two teams exchanged points early on, with Stafford getting an ace for the Bears and Dukette following with a couple of hits and Ka-

sey Basford adding a nice tip at the net. White had a pair of hits for the Lakers and then Bailey Fairbank found a perfect spot for a shot, with Newfound getting a 7-5 lead.

Duymazlar came back with a hit for the Lakers but Stafford and Fairbank answered with hits for Newfound. The Bears continued to up the lead, with a block and hit from Stafford pushed the lead to 13-6. The Lakers got a hit from Hailey Hart to get back on track but Newfound continued to pull ahead. Dukette had a pair of hits and Aryn Prescott also had a hit,



JOSHUA SPAULDING
(Left) Megan Stafford comes up with a big block against Inter-Lakes during quarterfinal action Saturday night.

stretching the lead out to 18-10. After Wheeler had a hit to help the Lakes draw within 19-13, Newfound closed things out with six points in a row, with Fairbank getting a hit and Maura Geldermann getting a service ace to close out the 25-13 win.

Inter-Lakes got out to a 3-1 lead in the third game, with Wheeler getting a big hit for a point. Geldermann came back with a block and then Basford and Dukette came back with hits for the Bears to tie the match at four. Dukette followed with a service ace and Fairbank had a hit to put Newfound up by two points. Wheeler followed with a hit and then tied the match at six.

However, Geldermann took over on the service line and came through with a good run that stretched Newfound’s lead to 11-6. A
SEE VOLLEYBALL PAGE B6

Dukette, Rosendahl lead Bears at State Meet

BY JOSHUA SPAULDING

Sports Editor

MANCHESTER — The Newfound cross country team battled the elements and the course conditions during Saturday’s Division III State Meet at Derryfield Park in Manchester.

With rain and sleet falling throughout the day and the course coated in mud, the Bears took on the rest of the Division III field, with girls finishing in 14th place and the boys in 21st place. The Hopkinton girls and Mascenic boys took top honors on the day.

For the Bear girls, Haley Dukette led the way with a time of 23:47 for 43rd place overall.

Greta Gruss was 105th overall in a time of 28:38 and Sophia Pettit was third for the Bears with a time of 29:10 for 111th place.

Amy Combs finished in 115th place overall in a time of 29:18 and Sadira Dukette finished in a time of 38:02 for 128th place to round out the scoring for the Bears.

Kyle Rosendahl finished in a time of 20:38 for 90th place to lead the way for the Bear boys.

Joe Sullivan was next for Newfound, finishing in a time of 21:00 for 100th place overall and Lue Gordon was the third Bear finisher, crossing with a time of 21:43.

Wyatt Day finished in a time of 21:50 for 122nd

SEE XC PAGE B6

JOSHUA SPAULDING
Right) Joe Sullivan runs in the Division III State Meet on Saturday in Manchester.



JOSHUA SPAULDING
Haley Dukette led the way for the Newfound girls in the Division III State Meet on Saturday.



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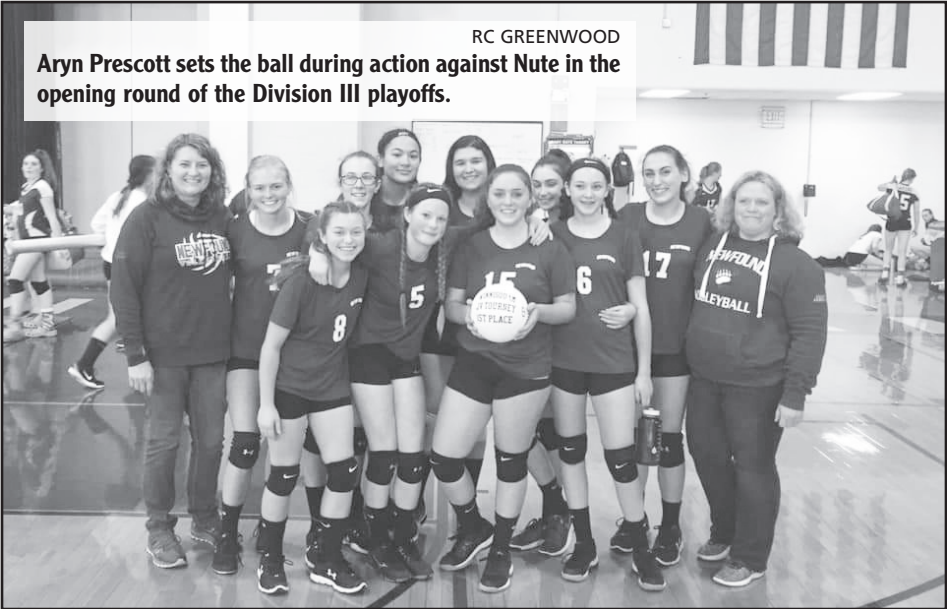
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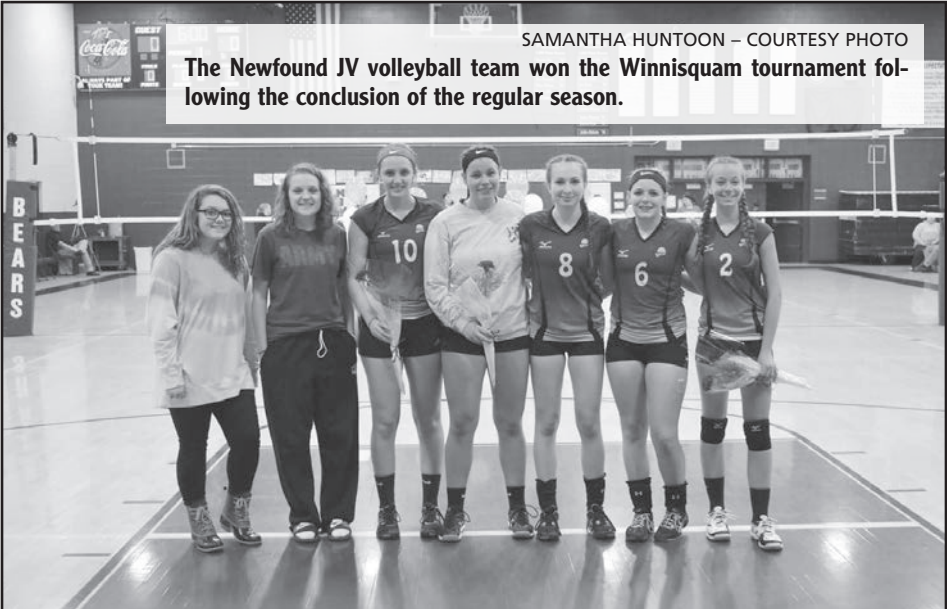
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RC GREENWOOD
Aryn Prescott sets the ball during action against Nute in the opening round of the Division III playoffs.



SAMANTHA HUNTOON – COURTESY PHOTO
The Newfound JV volleyball team won the Winnisquam tournament following the conclusion of the regular season.

Bears roll in regular season finale and earn first round win

BY JOSHUA SPAULDING
Sports Editor

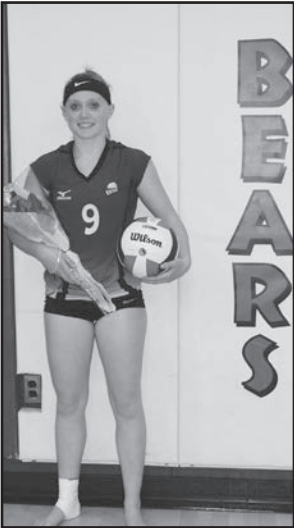
BRISTOL — The Newfound volleyball team finished the regular season with a 3-0 win over Campbell on Friday, Oct. 19, to send the team into the Division III tournament as the sixth seed.

It was a big milestone game across the board for the Bears, who won 25-20, 25-19, 25-15.

First, the team recognized its seniors in Mad-



AMY FAIRBANK – COURTESY PHOTO
Bailey Fairbank recorded her 500th dig during the final regular season game against Campbell.



CATHI CIPRIANI – COURTESY PHOTO
(Left)The Newfound seniors were honored prior to their final home game. Left to right, Madison Paige, Mackenzie Davis, Megan Stafford, Ashlee Dukette, Aryn Prescott, Kasey Basford and Leslie Shattuck.

ison Paige, Mackenzie Davis, Megan Stafford, Ashlee Dukette, Aryn Prescott, Kasey Basford and Leslie Shattuck.

Dukette was also honored for achieving her 500th kill, which took place the previous week and her name was placed on a new board in the gym and she was

presented the game ball.

Sophomore Bailey Fairbank then came through with her 500th dig during the game against the Cougars.

The Newfound JV team came back the next day and won the Winnisquam tournament.

The Bears took on Nute in the first round of the Division III tournament on Thursday night and came through with a 3-1 win over the Rams to send them into the quarterfinals, where they took on Inter-Lakes on Saturday night.

Gervez lead locals at middle school State Meet

BY JOSHUA SPAULDING
Sports Editor

NORTHWOOD — The Newfound and Plymouth middle school cross country teams had solid performances at the Division III State Meet,

held on Oct. 20 at Coe-Brown Northwood Academy.

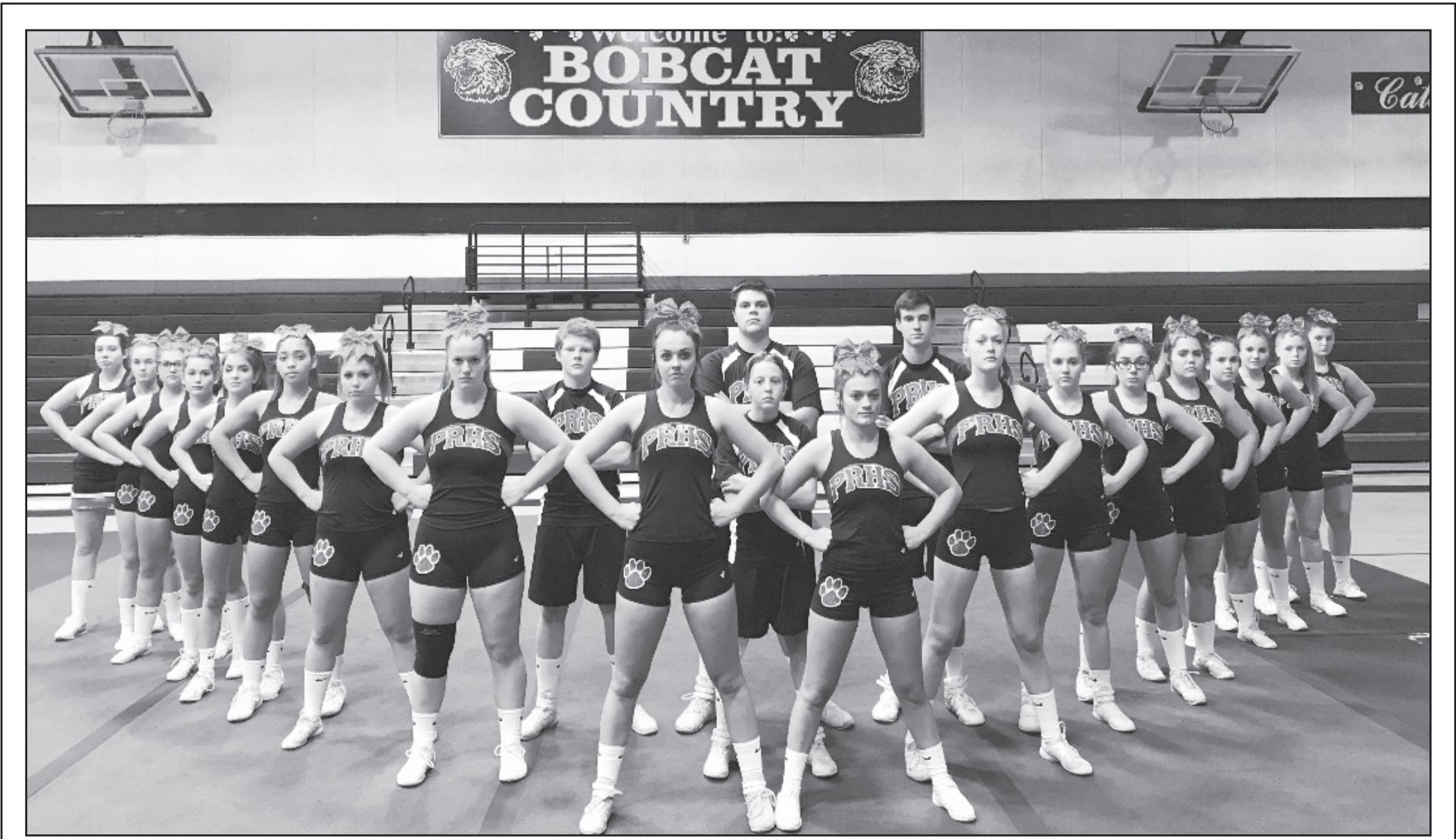
For girls, Zoe North of Newfound finished in sixth place overall with a time of 12:45 over the two-mile course.

Reagan Sutherland of Plymouth finished in 14th place overall in 13:19, while Addison Englund of Plymouth in 30th in 13:50 and Kelsey Maine of Plymouth in 31st in a time of 13:51.

Reece Cutting of Newfound was 53rd in a time of 14:24, Ani Flynn of Plymouth finished in 80th place in 15:00, Ella Ronci of Plymouth was 91st in 15:14 and Newfound's Leah Deuso finished in 94th place with a time of 15:17.

Natalie Boyer of Plymouth was 110th in a time of 15:38, with Lia Bisson of Plymouth in 126th place in 16:01 and SEE MIDDLESCHOOL PAGE B6

Joshua Spaulding can be reached at 279-4516, ext. 155 or josh@salmonpress.news.



COURTESY PHOTO

On to states

The Plymouth Bobcat varsity cheer team is headed to the state championship at Pinkerton Academy Nov. 4.

Bobcats finish undefeated regular season

BY JOSHUA SPAULDING
Sports Editor

HANOVER — The Plymouth football team wrapped up the regular season with a Friday night win over Hanover.

And with the win, the Bobcats assured themselves a rematch with the Marauders in the first round of the playoffs this weekend.

Plymouth rolled to the 27-6 win, with the dagger coming from quarterback Cody Bannon's 20-yard scramble for a touchdown on an

untimed down at the end of the first half.

Patrick Malm had a big day on the ground, getting 179 yards on 18 carries and got into the end zone twice. Owen Brickley carried eight times for 63 yards and a touchdown.

Kenny Maddocks caught one pass for 15 yards and Tony Velez caught one pass for 11 yards.

On the defensive side of things, Malm led the way with 11 tackles Austin Tallman had nine

tackles and Camden MacDonald finished with eight tackles. Jackson Palombo finished with three sacks on the day and Hunter Lessard added one. Nick Qualey had an interception as well.

The Bobcats will now host Hanover at 1 p.m. on Saturday, Nov. 3, in the opening round of the Division II tournament.

Joshua Spaulding can be reached at 279-4516, ext. 155 or josh@salmonpress.news.

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Bobcats run through rain and mud in Manchester

BY JOSHUA SPAULDING
Sports Editor
MANCHESTER — Amidst the rain, sleet and mud of Derryfield Park on Saturday, the Plymouth Bobcats joined the rest of the Division II teams in the State Meet.

The Bobcat girls finished in 13th place overall and the Plymouth boys finished in 18th place overall. Coe-Brown's girls and boys both took top honors on the day.

Ainsley Towers led the way for the Plymouth girls, finishing in 32nd place overall with a time of 21:32.

Libby Van DeMoere was 61st overall and second among the Bobcats with a time of 22:44 and Kaylie Sampson ran to 82nd place overall in a time of 23:40.

Corinna Flynn was 86th overall in a time of 24:09 and Valerie Johnston rounded out the scoring for Plymouth with a time of 24:15.

Kayla Dimick was 89th overall in 24:16 and Brianna Therrien was 118th in a time of 2:44 to close out the



JOSHUA SPAULDING
Ainsley Towers led the way for the Plymouth girls in the Division II State Meet.

field of Bobcats in the race.

Michael Kulig led the way for the Bobcats in the boys' race, finishing in 71st place overall in a time of 19:36.

Cam Donnell was sec-



JOSHUA SPAULDING
Cam Donnell runs through the rain in the Division II State Meet on Saturday.

ond for Plymouth and 96th overall with a time of 20:37 and Luc Bisson finished in 104th place in a time of 20:53.

Nathan Warren ran to 113th place in a time of 21:25 and Hunter Mc-

Leod finished out the scoring with a time of 21:34 for 120th place overall.

Ethan Whitman was 139th in 22:08 and James Philbin finished out the field of Bobcats with a time of 22:19 for 132nd place overall.

Learn to skate at Laconia rink

LACONIA — The 2018-19 Learn to Skate Program at the Merrill Fay Arena in Laconia has been officially announced.

LTS is a "learn to skate" program with an emphasis on skating skills. Each session includes one hour of on-ice instruction per week, games and fun activities including skating skills, stride development, fun-filled drills to encourage the child's love of the ice. Required equipment includes hockey skates with nylon laces, helmet (HECC approved helmet and face mask with side and chin straps). Players seeking equipment, check out the Lakes Region Lakers equipment page.

Program is divided up into two sessions on Saturday mornings. Session 1: Nov. 10 to Dec. 15. Session 2: Jan. 5 to Feb. 9. Program runs for six weeks and will be held on Saturdays from 10:50 to 11:50 a.m. Coaches include members of the Lakes Region Lakers coaching staff, Andrew Trimble of the New England Wolves Junior Program and current New England Wolves hockey players. Costs is \$75 - when signing up for one session or \$100 total for two sessions. For more info, visit The Lakes Region Lakers web site at <https://www.lryha.org>.

Back on the stage for some musical fun

Last summer I stepped out of my comfort zone and auditioned for the Village Players Theater summer show. I got a part and found myself singing and dancing on stage in The 25th Annual Putnam County Spelling Bee. While I was apprehensive about the entire thing, I had a great time and decided maybe I should audition more often.

So, when Spelling Bee wrapped last summer, I auditioned for The Music Man. While I was already serving as the show's stage manager, I also got a small part on stage. After stepping behind the scenes for the spring and summer shows, serving as producer, I decided to audi-



tion for the fall musical again.

The main reason I went back to auditioning was because the show this fall is The Drunkard. While this isn't a terribly popular show around the musical scene, it is a pretty popular show at the Village Players. The group performed it back in the late 1980s and then performed it again in 2003. I had heard tons of stories about how much fun the show was and figured it would be enjoyable to be a part of. And with

director Jay Sydow at the helm, it was bound to be a lot of fun. I really enjoy working with Jay and was hopeful that would continue.

I auditioned for The Drunkard and like in The Music Man, I got a small role, mainly singing and dancing in the ensemble scenes. I'm not on stage a lot, but if you come out to the theater the next two weekends, you will see me dressed in various costumes doing my thing.

The Drunkard experience was definitely a different one. The music is not written like a normal musical, with the words and notes not always matching up. Our musical director, Julie Carbone, has done

a good job of trying to teach us all just what we're supposed to be doing. And slowly it's been coming together.

As I have been for a few years, I also helped out with the set construction for this show, which included cutting a hole in the ceiling of the stage to accommodate a late scene in the show. Russ Ellis, Bob Tuttle and Jay have all been big helps in helping me learn how to "build" things and I've come to really enjoy the process of putting a set together.

If you're in the Wolfeboro area over the next two weekends, you should really stop by the Village Players Theater, located on Glendon Street in Wolfeboro and see what we've been doing. Tickets are available online at vil-

lage-players.com or at Black's in Wolfeboro. The Drunkard involves audience participation in that you are encouraged to boo the villain and cheer for the hero, which is certainly unique in the theater.

And if you do come and see the show, be sure to say hello.

Finally, have a great day Kimmi Adjutant.

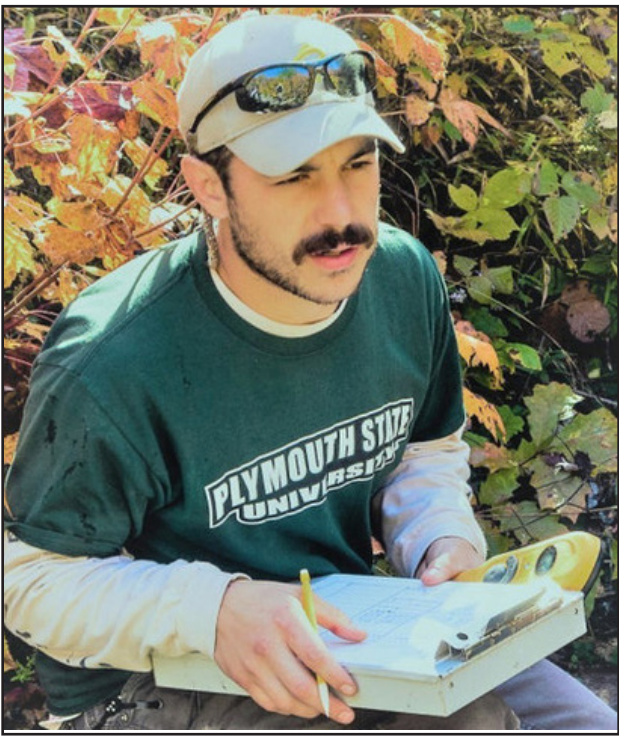
Joshua Spaulding is the Sports Editor for the Granite State News, Carroll County Independent, Meredith News, Gilford Steamer, Winnisquam Echo, Plymouth Record-Enterprise, Littleton Courier, Newfound Landing, Coos County Democrat, Berlin Reporter and The Baysider. He can be reached at josh@salmonpress.news at 279-4516, or PO Box 729, Meredith, NH 03253.

Tyson Morrill to address Trout Unlimited

PLYMOUTH — The Pemigewasset Chapter of Trout Unlimited will present an update on the Beebe River restoration project. Guest speaker is Tyson Morrill, a MS Biology student at Plymouth State University, whose study focused on the movement of brook trout and the influences of undersized road crossings. Five years of work has resulted in trout isolated for several decades now accessing free passage to the entire watershed.

Morrill's work contributed to the Pemigewasset Chapter being awarded the Silver Trout Award by Trout Unlimited.

Come early to the Pemigewasset Chapter of Trout Unlimited, Nov. 13, meeting, 7 p.m. at the Common Man Inn in Plymouth and meet Morrill and see the Silver Trout Award. There will be



COURTESY PHOTO
Tyson Morrill will speak at the next Trout Unlimited meeting.

an auction supporting the chapter and a raffle supporting sending a lucky boy or girl to the Barry Fishing Camp. Meetings are free and open to the public.

Trout Unlimited is a non-profit organization with a mission dedicated to conserve, protect and restore North America's cold-water fisheries and their watersheds. Visit www.pemigewasset.tu.org and like the group on Facebook.

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- RN M/S – 36 hours (Night Shift)

PER DIEM OPPORTUNITIES

- COOK
- CENTRAL STERILE TECHNICIAN
- SURGICAL TECHNICIAN
- RNN

Apply Online at www.ucvh.org
Upper Connecticut Valley Hospital
181 Corliss Lane, Colebrook, NH 03576
Phone: (603)388-4236
ucvh-hr@ucvh.org
EOE

TOWN OF RUMNEY
PART-TIME POSITION AVAILABLE

**DEPUTY TOWN CLERK/
TAX COLLECTOR**

- Must be detail oriented
- Must be proficient in office work
- Must be willing to learn a variety of computer programs, as well as laws and regulations
- Must excel in communication skills
- Approximately 22 Hours/Week

Candidates must be a Rumney resident and able to pass a criminal and motor vehicle record check, credit check and able to be bonded.

Pay will be commensurate with experience.
Rumney is an EOE.

Send resumes to selectmen@rumneynh.org.
Resumes accepted through November 8, 2018

Help Wanted

Town of Rumney, NH

Highway Department Employee

The Rumney Highway Department is accepting applications for a full-time employee. The candidate will have experience with heavy and light construction equipment and have a history of safe operation of this equipment. Knowledge of maintaining town streets, culverts and other public works project is preferred. A clean driving record and current CDL-B endorsement is required. The Town of Rumney is an Equal Opportunity Employer and offers a competitive benefit package. A completed Town of Rumney Employment Application must be submitted to the Office of the Selectmen no later than 2:00 p.m. November 16, 2018.

Applications are available at
Rumney Town Office
79 Depot Street, Rumney
and on the Town of Rumney website.

**WE HAVE AN IMMEDIATE
OPENING IN THE OFFICE**

Full-time position in a fast-paced office environment. Computer experience and organization a must. Full benefits and 401(k). Download application from web site or send resume to: King Forest Ind. PO Box 230, Wentworth, NH 033282

NCH |

Upper Connecticut Valley Hospital

\$3,000 SIGN-ON BONUS
For two years of experience staff RNs

REGISTERED NURSES

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Upper Connecticut Valley Hospital

- RN CHARGE/M-S – 36 hours (Night Shift)
- ULTRASOUND/ECHO TECHNOLOGIST – 40 hours
- OR NURSE SUPERVISOR – 36 hours
- MT/MLT – 40 hours (Day Shift)
- RN CHARGE/E.D. – 36 hours (Night Shift)
- RN M/S – 36 hours (Night Shift)

PER DIEM OPPORTUNITIES

- COOK
- CENTRAL STERILE TECHNICIAN
- SURGICAL TECHNICIAN
- RNN

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Call 603-236-8303
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(A) Go ask your mother.
(B) Because I said so.
(C) We'll see.

There are no perfect answers in parenting.



COURTESY PHOTO
The Newfound Middle School cross country team poses for a photo during the State Meet last week.

Middle School

FROM PAGE B2

Josie Halle of Newfound in 128th place in 16:03. Jordan Edwards of Newfound rounded out the field of local runners with a time of 19:45 for 195th place overall. Overall, Plymouth finished in eighth place and Newfound finished in 12th place.

For the boys, Nathaniel Gervez of Plymouth ran his way to second place overall in a time of 10:37. Leo Ebner finished in 74th place in a time of 13:19, with Grady Marunowski in 82nd place in 13:30 and Carver Grasso in 85th place in a time of 13:33. Paul Mason

finished in 195th place in a time of 16:08 to round out the field of Plymouth runners. Overall, the Bobcat boys finished in 14th place. *Joshua Spaulding can be reached at 279-4516, ext. 155 or josh@salmon-press.news.*



JOSHUA SPAULDING
Leslie Shattuck digs deep to return a hit from the Lakers on Saturday.

Volleyball

FROM PAGE B1

block from Smith got the Lakers back on the board but Fairbank and Dukette continued to lead Newfound with hits. Geldermann added a hit and the Bears went up 19-11. Wheeler added a trio of kills for the Lakers as they fought their way back, cutting the lead to 22-17. However, Dukette followed with a pair

of hits and Newfound closed out the 25-18 win for the 2-1 lead. Behind hits from Dukette, Newfound got out to a 3-1 lead in the fourth game, but Wheeler answered with two hits for the Lakers and a block from Smith put Inter-Lakes up 5-4. Geldermann tied the game with a hit and then Newfound pushed the lead to 9-6. White added a service ace for Inter Lakes but Newfound came back with a couple more points to go up 11-7.

The Lakers got a block from Smith and a hit from Hart to tie the match at 11. Stafford answered with a hit for the Bears and then Basford added an ace to put Newfound up 14-11. Wheeler led Inter-Lakes back to tie the match at 14 and then added another hit as the Lakers surged to the lead. Inter-Lakes went ahead 19-15 and 21-17 before Dukette followed with a hit to get the Bears back on the board. Wheeler followed with a hit for the Lakers but Geldermann and Dukette answered with hits for the Bears, cutting the lead to 23-21. However, Inter-Lakers closed out the match with the next two points and the match was tied at two with a 25-21 win. An ace from Hart and a hit from Wheeler got Inter-Lakes out to a 4-2 lead in the fifth and deciding game and the Lakers upped the lead to 11-4 and then 13-5 before Newfound came back. Leslie Shattuck came back with a big dig and then

Stafford and Dukette had hits to help Newfound rally back and the Bears cut the lead to 14-12. However, Wheeler followed with a hit and the Inter-Lakes crowd celebrated the 3-2 win and the return trip to the Division III semifinals. "I told the girls, that was your game if you wanted it, you could've taken it," Fairbank said. "But don't be upset about how you played them. "It just didn't work out in our favor," the Bear coach said. "It was a good season." "My team was off balance after dominating the first set," Mattson said. "Kudos to Newfound's defense, they played fabulous." She noted that Smith had a strong finish, with three of her six kills coming in the last two sets to help the Bears close out the win. Wheeler had 19 kills, 14 digs and 14 service points, while Hart had 11 service points and 20 digs. The Lakers had 32 team assists on the evening. The win sent Inter-Lakes on to the semifinals against Farmington and Mattson said they were looking forward to the rematch with the Tigers after losing to them earlier in the year. "We faced them early in the season and it was not one of our best games," the Laker coach said. "We're happy to have another shot at them." *Joshua Spaulding can be reached at 279-4516, ext. 155 or josh@salmon-press.news.*



JOSHUA SPAULDING
Greta Gruss runs on Saturday during the Division III State Meet.

XC

FROM PAGE B1

place and Ashlar Dotson

finished in a time of 22:14 for 132nd place overall to finish out the scoring for Newfound. Ryder Downes was



JOSHUA SPAULDING
Wyatt Day (front) and Luke Gordon run in the Division III State Meet on Saturday.

161st overall in a time of 23:16 and Nicholas Co-
meau was 181st overall in a time of 25:27 to finish out the field of Bears.

Joshua Spaulding can be reached at 279-4516, ext. 155 or josh@salmon-press.news.

What's Happening at
Plymouth State University

NOVEMBER

Upcoming Events!

Here are a few of the great events happening next week.

Saturday, November 3:

PSU Football vs. Fitchburg State, Noon, Currier Field
Senior Music and Voice Recitals, 3 and 5 p.m., Silver Center for the Arts
Dracula's Decadent Dinner Party, (comedy/murder mystery dinner theatre) 6 p.m., Heritage Commons

Sunday, November 4:

Senior Music Recital, 5 p.m., Silver Center for the Arts
Dracula's Decadent Dinner Party, 1 p.m., Heritage Commons

Wednesday, November 7:

FRESH: Work by PSU Art Faculty, Opening Reception 4 p.m.,
Museum of the White Mountains

Thursday, November 8:

Eagle Pond Authors Series: Wesley McNair Remembers Donald Hall and Jane Kenyon, 7 p.m., Silver Center for the Arts



Color of the Soul, Annette Mitchell, quilt (detail)

For a complete listing of events please visit plymouth.edu/calendar.

See further up here.