

THURSDAY, MARCH 9, 2017



Danica Gelotte works behind the desk at Gilford Hills helping out its visitors.



A line of treadmills in Gilford Hills Tennis and Fitness Center's Tennis players take to Gilford Hills' courts. new cardio room.

GILFORD, N.H. - FREE



Gilford Hills unveils renovations, expanded services

BY ERIN PLUMMER

eplummer@salmonpress.com Gilford Hills Tennis and Fitness Club opened 44 years ago with six tennis courts;

now the club offers a ness facility with exues to evolve.

wide array of fitness tensive offerings rangservices, and contin- ing from tennis and racquetball, basket-Gilford Hills is a ball, weightlifting, car-45,000 square foot fit- dio, personal training,



and much more. Owner Adam Angle said the only facilities it does not have is a swimming pool.

Gilford Hills has been in business for 44 vears.

"We've been here the longest; we've proven we can make it through the tough times," Angle said.

Gilford Hills still has extensive tennis and racquetball facilities, but in recent years they have expanded their fitness programs

and offerings.

Angle said have been able to engage more people. The club has reached out to the public mostly through its Facebook page, and Angle said it has grown around 40 percent in the past two years.

Over the past two and a half years, Gilford Hills has undergone some renovations. Angle said they invested a lot of time and money into improvements.

All the main light-

ing was transferred to LED's, especially on the basketball and tennis courts. They now have a brand new cardio room and redid the locker rooms. There is also a new spin room with new bikes.

Angle said few more updates are in the works with the hopes they will be in place by this summer.

Gilford Hills now has four indoor and three outdoor tennis courts as well as ten-SEE GILFORD HILLS PAGE A10



ERIN PLUMMER

"Slednado" driven by Alex Richardson and "The Tower of Terror" by Faith Benedict, Cain Belanger, and Renee Henderson take off down the hill during the Gilford Parks and Recreation Department's annual Cardboard Box Sled Derby.

Cardboard sleds take off in annual race

BY ERIN PLUMMER

eplummer@salmonpress.com

Children and a few helpers created unique sleds from cardboard boxes, paint, and a lot of duct tape and tested how they worked on a snowy hill for the annual Cardboard Box Sled Derby.

An array of colorful, handmade sleds lined up at the Gilford Outing Club Sled Hill on Wednesday morning.

to the top of the hill and kids rode them down. Ribbons were given for different categories, such as "Fastest," "Best Wipeout," and others.

The sled derby is hosted by the Parks and **Recreation Department** has gone on for around nine years. Parks and Recreation Director Herb Greene said they have had to cancel it a few times because of

The sleds were pulled snow and weather conditions.

> He said while the weather wasn't great this year, it was a good event.

> "Happy that those who made the effort to make sleds could get out here," Greene said.

> He said they had some creative designs this year.

"We get something different every year, SEE SLEDS PAGE A10

ERIN PLUMMER

John Piquado as the Cat in the Hat reads "Green Eggs and Ham" to kids.

Library celebrates Dr. Seuss

BY ERIN PLUMMER

eplummer@salmonpress.com The Gilford Public Library celebrated Dr. Seuss' birthday with cake, games, and a visit buy

a special cat in an event that encouraged kids to read.

Thursday marked the 113th birthday of Theodor Geisel, better known

as Dr. Seuss. The library held a special party in his honor on Read Across America Day.

The party received a special visit from the Cat in the Hat, who read "Green Eggs and Ham" to the kids. Afterward attendees were served carrot cake made by Jake Maxwell and kids did crafts and an array of Dr. Seuss themed games.

Dr. Seuss' birthday party is an annual event at the Gilford Library and celebrated as part of Read Across America Day. Children's Librarian Abi Maxwell said the goal of Read Across America is to encourage kids to read. The children's room set a goal for children to read a total of 100 books on that day.

Maxwell said they always recognize it as Dr. SEE DR.SEUSS PAGE A10

GHS players bringing "A Dollar" to theatre festival

BY ERIN PLUMMER eplummer@salmonpress.com

A troupe of players from Gilford High School will play another troupe of players fighting over a dollar in a unique one-act play they will bring to a regional theater festival this weekend.

On Saturday, students from GHS will perform "A Dollar" at the New Hampshire Educational Theater Guild's regional festival at Newfound Regional High School.

"A Dollar" is a oneact play by David Pinski from around the 1920's. In the play a group of poor actors fight over a dollar bill.

"It's an absurdist piece," said co-director Jack Harding.

Seniors Jack Harding and Dawson Ellis took directing duties for the play, both directing for the first time.

Harding said he asked drama teacher Matt Demko if he could



Gilford High School students rehearse for the coming production of "A Dollar" for the New Hampshire Educational Theater Guild regional festival.

direct and Demko chose him and Ellis for this

production. Harding said the ex- SEE A DOLLAR PAGE A10

perience has had its stressful elements, namely having to watch over other people's actions and not just his own. Overall he said he has enjoyed this a lot.

"The payout is seeing something that I was in charge of being made is the best feeling," Harding said.

Ellis said he has done tech and acting before, but never directing.

A2 THE GILFORD STEAMER



THURSDAY, MARCH 9, 2017

Notes from the Gilford Public Library

BY MARK THOMAS

Library Correspondent from Steam rose Constable Wadsworth's tea. It fogged both his monocle and the glass eye behind it, but he was too deep in thought to notice. He and Cynthia, majestic in her gown with the blood red corset bodice, examined the scene before them. The Lieutenant's body was unmarred, his uniform pristine, but he was certainly dead. Could the Dapper Street Killer have used poison? Witnesses said that the Lieutenant had taken a tincture before the poetry reading. The night was yet young, so if the Dapper Street Killer was loose he would likely strike again, and at a high profile event. Constable Wadsworth and Cynthia knew of one event that evening that the killer wouldn't miss: The Gothic Victorian Tales by Candlelight at the Gilford Public Library on Thursday, March 16 from 6:30-7:30 p.m. It was sponsored by the New Hampshire Humanities Council, after all.

As they entered the Meeting Room, they felt an overwhelming energy of excitement. The famed Rita Parisi of Waterfall Productions was in the front of the room in full

Victorian costume. With the lit fire, several candles, and her practiced, expert voice filling the space between attendees, they knew the Dapper Street Killer would be drawn here. She was reading a collection of "Weird Tales" written by Sarah Orne Jewett, a Maine native who has been described as one of New England's most prolific female writers of the 19th Ccentury.

Having gotten the Gilford Public Library Newsletter and having seen the fliers around town, Cynthia knew they were in for several stories set in the Victorian era with a deep Gothic feel. She knew that they would hear about a stranger who comes to a small town to live in the local haunted house. After that, there would be a tale about a very old woman with a mysterious past. Now, Rita had the audience transfixed with the story of a father and daughter embroiled in a family curse.

The Constable did his best to scan the room for the killer without becoming too immersed in the storytelling. Just then, one of the librarians entered with a look of disbelief.

"Constable Wad-

Gilford Public Library Top Ten Requests

1. "Humans Bow Down" by James Patterson

2. "Heartbreak Hotel" by Jonathan Kellerman

3. "One-Pan Wonders"

paled, "You two are characters from the nonsense I wrote in the weekly article. How ...? What ...? You aren't real. There never was a Colonel, and there is no Dapper Street

In a moment of contrived fourth wall demolishment, they looked at the perplexed librarian and said, "Well, it would be a waste to not hear these Gothic Victorian Tales now that we are here."

Killer."

All three joined the audience, and they couldn't take their eyes off the fire as Rita continued her tales.

Classes & **Special Events** March 9 to March 15

Thursday, March 9 Playgroup, 10:30-

sworth, Cynthia," he 11:30 a.m.

> Homeschool Game Club, 1:15-2:30 p.m. Magic the Gathering Club, 2:30-3:30 p.m.

Conversational French, 3:30-4:30 p.m. Bead-Weaving for

Beginners, 6-7 p.m. Learn the art of

bead-weaving with local jewelry artist Wendy Oellers of Dreamscape Jewelry. You will make a beaded bracelet in this beginner class. Cost is \$15 per person. Sign up required.

Friday, March 10 Baby Storytime, 10-10:30 a.m.

Social Bridge, 10:30 a.m.-12:30 p.m.

Preschool Storytime, 10:45-11:15 a.m.

Knit Wits, 1:30-2:30 p.m.

Conversational Ger-

man, 2:30-3:30 p.m.

Monday, March 13 12:30-3Mahjong, p.m.

Little Builder's Club, 1:30-2:30 p.m. Lego Club, 3:30-4:30

p.m.

Tuesday, March 14 Toddler Storytime, 10-10:45 a.m.

Fiber Friends, 10 a.m.-12:30 p.m.

Preschool Storytime, 10:45-11:30 a.m. Bridge, 10:30 a.m.-

12:30 p.m. Makerspace: Knit-

ting, 3:15-4:30 p.m.

Learn to knit, and if you already know how then come knit with us! All materials provided. Three week program for eight to 11 year olds, sign up required.

p.m.

This month's theme will be "Comfort Food!" Sign up at the front desk. Cost is \$5 at sign up.

Gilford Clickers Photography Club, 6:30-7:30 p.m.

Wednesday, March 15

Line Dancing, 9-10:30 a.m.

Check Out an Expert, 10 a.m.-noon

Early Release Game Day for Teens, 12:30-1:30 p.m.

Let's play some games during early release in the Teen Room!

Elementary Early Release Clay Creations, 1:30-2:30 p.m.

Join us in making Clay Creations with artist Molly Harper.

Book Bites, 5-5:30

Lenten 40 Days of Giving at UMC

The First United Methodist Church of Gilford is doing something different this Lenten season.

"So often, everyone thinks of lent as a time to give up something," explains Lay Leader Kathy Smith. "The missions committee would like to change that and make it a time to give. We are challenging everyone to donate one item everyday for the 40 days of Lent." ed include the following:

Non-perishable Food items: Canned Meat, vegetables, soups, and fruit, macaroni & cheese or rice, baked beans, spaghetti sauce, boxed hot and cold cereals, hot chocolate mix, juice, peanut butter, pasta, tea, coffee, canned milk, etc. Please, no glass jars of any kind.

Personal Care ٠

Items being collect- items: Shampoo, bath nate in this way is welsoap, disposable razors, shaving cream, deodorant, Toilet Paper. etc.

• Baby Care Items: diapers in all sizes, baby shampoo, formula, baby face cloths, baby wipes etc.

The collected items will be sent to local food pantries, Belknap House, and New Beginnings and other chariorganizations. table Anyone wishing to docome to bring in your items each Sunday of Lent. If you can't get here on Sunday you can drop them off during the week from 8:30 a.m. until noon. The church is located at 18 Wesley Way (off Route 11A near the 3/11 bypass), Gilford. If you have any questions, please call the church office at 524-3289.

NH Humane Society to host Spring Rabies Clinic

LACONIA

rabies clinic at the shel-

ter on Meredith Center

Road, Saturday, March

18 from 9 a.m. – noon;

cats from 9 - 10 a.m., and

dogs from 10 a.m. – noon.

The Laconia City Clerk

New Hampshire Hu- 10 a.m. – noon to register older than 12 weeks of mane Society will host a dogs for Laconia city res- age. All cats must be in en on a first-come, firsta carrier, and dogs must be leashed to ensure safety.

— The will also be present from anyone with a cat or dog cost of \$25 per animal.

Vaccines will be giv-

- 4. "Small Great Things" by Jodi Picoult
- 5. "Lincoln in the Bardo" by George Saunders
- 6. "Born a Crime" by Trevor Noah
- 7. "Irena's Children" by Tilar Mazzeo
- 8. "All The Missing Girls" by Megan Miranda
- 9. "The Whole Town's Talking" by Fannie Flagg
- 10. "A Man Called Ove" by Fredrik Backman

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idents.

New Hampshire State law requires all cats and dogs to receive a rabies vaccination and periodic boosters to ensure protection against this debilitating disease.

The rabies clinic, held at the New Hampshire Humane Society shelter at 1305 Meredith Center Rd., Laconia, is open to

The cost per animal is \$15. Rabies vaccinations will be for a one-year period, unless proof of prior vaccination is provided, in which case the shot will cover the pet for three years. Microchipping services will also be available, for a



served basis, no appointment necessary; cash only.

NHHS Executive Director, Marylee Gorham, says, "This is an important community outreach initiative that we provide - a fast, inexpensive vaccine service for pet owners in and around the Lakes Region. We've vaccinated over 500 animals at our clinics and are happy to continue to offer this valuable service to our community."

For more information about the clinic, and to view adoptable pets and learn about other programs offered at the animal welfare organization, call 524-3252 or check nhhumane.org.



Gilford Parks and Recreation news

BY HERB GREENE Director Gilford Parks and Recreation

24th Annual Francoeur/Babcock **Memorial Basketball Tournament!**

Come and see Youth Basketball at its best in Gilford during the 24th Annual Francoeur/Babcock Memorial Basketball Tournament taking place at the Gilford Middle School from Thursday, March 9 to Sunday, March 12. Sponsored by the Gilford Parks and Recreation Department, the tournament will host 12 area teams consisting of boys and girls in grades three through six from Belmont, Gilford, Gilmanton, Laconia and Sanbornton. This invitational tournament is held in memory of Aaron T. Francoeur who was a thirteen year old Gilford Middle/High

School student when he succumbed to cancer in the summer of 1993. Nathan Babcock's name was added in 2006 after he lost his battle with cancer in the fall of 2005. Proceeds from this tournament are awarded through the Aaron T. Francoeur Memorial Scholarship Fund and the Nate Babcock Scholarship Fund to provide deserving students with financial aid while furthering their post high school education. Many former players and scholarship recipients return each year to help at the tournament, be it officiating, scoring, timing, selling tickets and t-shirts, or working at the concession stand.

The tournament this vear will consist of the following divisions and teams:

Junior (Coed) Divi-

sion (Grades 3 and 4)-Gilford, Gilmanton, Lou Athanas and Sanbornton

Senior Girls Division (Grades 5 and 6) - Gilford, Belmont, Lou Athanas and Sanbornton/Pines

Senior Boys Division (Grades 5 and 6) - Gilford, Belmont, Lou Athanas and Sanbornton

The schedule for the opening rounds of play will be:

Thursday, March 9 Junior Division (Coed) Gilford vs. Lou Athanas at 5 p.m.

Junior Division (Coed) Gilmanton vs. Sanbornton at 6:15 p.m. Senior Girls Divi-

sion Gilford vs. Sanbornton at 7:30 p.m.

Friday, March 10 Senior Girls Division Lou Athanas vs. Belmont at 5 p.m.

Senior Boys Divi-

sion Gilford vs. Sanbornton at 6:15 p.m.

Senior Boys Division Lou Athanas vs. Belmont at 7:30 p.m.

On Saturday, March 11, games will begin at 8 a.m., and the last game of the day will be played at 6: p.m. On Sunday, March 12, the Championship round games are scheduled to begin at 9 a.m.

The tournament is open to the public, and everyone, young and old alike, is invited to attend. The admission fee is \$2 for adults and \$1 for children. A Tournament Family Pass (all games) is also available for \$10. Children not of school age, coaches and players are free. Be sure to mark your calendars now and come join us for some great basketball, competition, positive good sportsmanship, and community spirit!

Senior Moment-um Programs

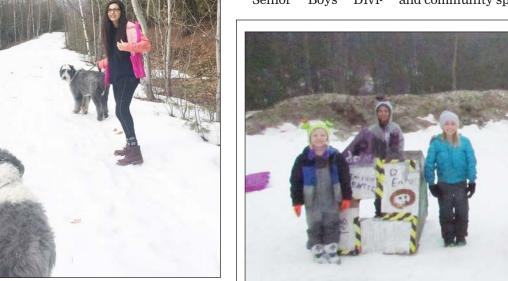
Senior Moment-um Irish Lunch, Music and Trivia - Monday, March 13

The Gilford Parks and Recreation Department will be sponsoring a Senior Moment-um program on Monday, March 12. We will meet in Community Church's Fellowship Hall at 12: noon to enjoy Irish Beef Stew served in a bread bowl. While we eat, we'll enjoy a little Irish music followed by some Irish trivia. Coffee, tea and water will also be provided. The cost of lunch is \$3.00 per person. Participants are asked to RSVP by Thursday, March 2nd and encouraged to wear green!

Senior Moment-um Dinner and Show Night - Wednesday, March 22

Gilford – Gilford Parks and Recreation in conjunction with the GHS Performing Arts, and the GHS Interact Club is sponsoring a Dinner and Show evening for participants of the Senior Moment-um Program. This activity is scheduled for Wednesday, March 22. Participants will meet in the Gilford High School Cafeteria at 5 p.m. to enjoy dinner. Following dinner we will head into the Auditorium to watch the High School's performance of the dark comedy classic, "Little Shop of Horrors." There is no fee for this program, but space is limited and reservations will be accepted on a first come basis. Participants must RSVP by Friday, March 17.

For more information or to RSVP, please call the Parks and Recreation Office at 527-4722.



COURTESY

COURTESY

Cardboard Box Sled Derby

Gilford Parks & Recreation held its annual Cardboard Box Sled Derby last Wednesday morning, March 1. The results of this year's derby were as follows: Most Creative Design: 1. Slednado – Alex Richardson, 2. [endif]The Pokemon Shiny Chargabug – Sarah Piper, 3. Tower of Terror – Rene Henderson, Faith Benedict and Cain Belanger. Best Use of Cardboard: 1. WALL-E – Felix Maxwell, 2. Slednadao – Alex Richardson, 3. The Pokemon Shiny Chargabug – Sarah Piper. Most Spectacular Wipeout: 1. WALL-E - Felix Maxwell. Biggest Dud: 1. Tower of Terror - Rene Henderson, Faith Benedict and Cain Belanger, 2. Slednadao – Alex Richardson. Fastest Sled: 1. WALL-E – Felix Maxwell, 2. The Pokemon Shiny Chargabug – Sarah Piper, 3. Slednadao – Alex Richardson.

Gilford Got Lunch to hold election day food drive

Homeward Bound ous training before she Gilford Got Lunch is for children to provide in more information our Web site at www.gil-

Homeward Bound Professional Animal Care, LLC is excited to

welcome our newest employee, Nikolett Bogdan, to the team!

Homeward Bound

welcomes new

employee

Professional Animal Care, LLC is excited to welcome our newest employee, Nikolett Bogdan, to the team!

Bogdan was born in Hungary, moved to the United States when she was four years old and graduated from Gilford High School. She is, "thrilled that I have the opportunity to make so many new canine and feline friends while working with Homeward Bound!"

"As Homeward Bound continues to grow, we really are very lucky to be finding such amazing employees to help expand our business," says owner, Alix Marcoux DiLorenzo. "The dependability and responsibility to the pets that Niki brings to the team is so important to our clients who are trusting us with their furry family members."

Bogdan will be joining Homeward Bound's other employees for rigorbegins to take on walks and visits on her own. To learn more about Homeward Bound's dog walking programs you can find them at www.hbpets.com or call 998.0954

About Homeward Bound Professional Animal Care, LLC

Homeward Bound specializes in dog walking services for busy pet parents in the Lakes Region. Your dogs will be walked while you are out for long days, giving you the peace of mind to know they are being loved and cared for while you are able to attend to your busy schedule. In addition, Homeward Bound offers vacation cat care to feed, water, and give TLC to your cats while you are away. More information about Homeward Bound can be found at www. hbpets.com. Homeward Bound can be reached at 998.0954.

sponsoring an Election Day Food Drive, March 14 at the Gilford Youth Center, 19 Potter Hill Rd. in Gilford. The Food Drive will provide meals for children in the Gilford School District who benefit from the Gilford Got Lunch program. We ask that everyone bring non-perishable items to the polls when you come to vote. Suggested items include: peanut butter, instant oatmeal packets, canned soups, canned pasta (ravioli/mac-n-cheese), peanut butter cracker packages, granola bars, Ritz or saltine crackers, canned fruit.

The Gilford Got Lunch program provided meals for 53 children this past summer. During the school year, bags are packed weekly

meals for the weekend.

about the Gilford Got If you are interested Lunch Program, visit

fordgotlunch.com.

Police Chief to speak at next Guys' Night Out

munity Church will welcome Chief of Police Anthony Bean Burpee to its next Guys' Night Out event Thursday, March 16 at 5:30 p.m.

law enforcement faces regarding the policing of communities in today's society, and will also talk about the specific concerns in the Lakes Region. This social event

The Gilford Com- cussing the challenges includes a great meal catered by Ellie Murphy. Please make your reservations by March 13 at 524-6057.

> The Gilford Community Church is located at 19 Potter Hill Rd.

Burpee will be dis-

NH Humane Society welcomes Stephen Miller to its Board of Directors

LACONIA - The New Hampshire Humane Society is pleased to welcome Stephen Miller as the newest member of its Board of Directors. Miller has been a volunteering at the New Hampshire Humane Society



in February 2017. He worked for five years at the Newfound Memorial Middle School as a para educator and drama department director. While SEE MILLER PAGE A11

since 2015, and joined

the Board of Directors

Stephen Miller with his dog, Cooper.







THURSDAY, MARCH 9, 2017

A4 THE GILFORD STEAMER

NORTH COUNTRY NOTEBOOK Pet of the Week: Universal questions from a rooftop deck **Bella Luna**



Pensively optimistic that the right home, with the right people is not too far off, Bella Luna, awaits her next adventure at New Hampshire Humane Society.

"Beautiful Moon" in Italian this pretty little dog, with a squishy curled tail like a Boston Terrier, and fetching Brindle markings, like a tiny Boxer, and lanquid brown eyes like a dog that just wants a permanent home, she requires an adults only home and one where she is the one and only dog.

She'll appear shy when you meet her, but she has a big personality actually, once you get to know her.

Vigorous and energetic, lots of exercise and constructive play would be her best wish. Come visit and fall in love.

Check www.nhhumane.org for more details.



Fax: (603) 279-3331 Frank Chilinski, President & Publisher Ryan Corneau, Information Manager **Brendan Berube**, Editor



By JOHN HARRIGAN COLUMNIST

Space exploration and voyages to the moon were the topic on National Public Radio's "1A" show last week, and I hung on every word. From boyhood on I had wondered about the stars, and space, and particularly the Moon-and lo and behold, I was here when we walked on it.

After all, people crouched around fires and the mouths of caves for millennia, gazing up at the moon and wondering. And here I was, alive and on the planet for the answers.

In school, our knowledge of space was confined to the planets in our own little solar system, a mere speck of sand in the never-ending beach of space. Our neighboring planets' moons may have been known to science, but they weren't discussed.



The moon as the ancients could not have imagined it, in orbit over Africa and the world.



The Milky Way, over ridge-top palms.

As for space, I had a lot of questions, some then, some still now.

If space goes on forever, then there is no light is eventually bent,

end. In the physical sense, how can that be? If modern theory is correct, however, all

and thus by reason it must all amount to a giant sort of bubble? If

SEE NOTEBOOK PAGE A11

FROM OUR READERS

The role of the paraprofessional

To the Editor:

A budget cut made to the Gilford School Board's recommended budget directly affected the paraprofessionals and assistant teachers. At the deliberative proven that children with disabilities are more sucsession, the budget was amended to reinstate those cessful when they know the people who work with funds. In asking people to vote for the amended budget, I feel that while many taxpayers know who we are, it is apparent that many people do not know what the we do within the schools. Gilford paraprofessionals are Para II certified with the state licensing board, and like the teachers, participate in professional development to maintain our certification, which is renewed every three years. Several paras are also certified teachers. We supplement the regular education teachers in educating those children who have a legal document, called an IEP, that requires the school to provide assistance to identified students. Our goal is to help them to be successful in their education. Paraprofessionals also help them feel safe via social and emotional support, as well as being advocates for their education. The students know us and we know them, as we are a constant during time in school. Many of us have been with the same students for several years. This means we are often the ones who see the changes that are indicative of issues that need to be addressed, not just educationally, but socially and emotionally. Family dynamics have changed, requirements for education have changed; what was good in the past won't work now. We provide a vital service to those students who

need it the most.

We have many paraprofessionals who have been with the district for upwards of 30 years. It has been them. We take great pride in our work and the work of our students. Financially, we are saving the taxpayer the difference between our salary and the \$100,000 per child it would cost taxpayers if the students were put in outof-district placement. Other important facts that people might not know about the paraprofessionals are how we assist with after-school activities, such as the Unified Team. Our assistant teachers work with those students who are not covered by IEPs, keeping them from falling through the cracks. Test scores would plummet without the added teaching skills they offer. Our assistant teachers work with those students who are not covered by IEPs, keeping them from falling through the cracks. Test scores would plummet without the added teaching skills they offer. They reteach classroom topics, reinforcing the learning material. Without the assistant teachers, this would not be possible. Knowing this information, I am asking taxpayers to please support the amended school district's budget. Thank you.

Erin Plummer, Reporter Josh Spaulding, Sports Editor Jeff Lajoie, Sports Reporter Jim Hinckley, Distribution Manager Email: steamer@salmonpress.com Classifieds: jumbo@salmonpress.com

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FROM THE LAKES REGION TO THE GREAT NORTH WOODS.

- The Baysider
- Meredith News
- Berlin Reporter
- Gilford Steamer
- Granite State News
- Littleton Courier

Record Enterprise

- Winnisquam Echo
- Newfound Landing
- Coös County Democrat

• Carrol County Independent

Salmon

CALL 603-279-4516 TO PLACE YOUR AD TODAY!

Sincerely,

Valerie Chase Gilford

Gender at birth

To the Editor:

There has been a lot of discussion lately about providing special protection for persons who consider themselves to be "transgender." There is pending legislation that has not yet been voted upon by the General Court, and efforts by some school boards in the state to adopt so-called transgender policies.

In a careful review of a proposed school board policy under consideration in my town (apparently

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Our fax number is 279 3331. E-mail us at steamer@salmonpress.com. We're looking forward to hearing from you!

based upon a "model" policy promulgated by who knows who), I was struck and perplexed by some very interesting language in which a person's sex is referred to as "the sex to which they are assigned at birth."

Who "assigns" a person's sex at birth? Is it the doctor who delivers the baby? Is it the nurses who assist with the delivery? Is it the hospital in which the baby is born? Is it the health department officials who complete the birth certificates? The factual answer is "None of the Above."

A person's sex is not "assigned at birth" by anyone. It is determined at conception, when life begins, when the father's sperm, which may carry either an X or Y sex chromosome, fertilizes the mother's ovum, which only carries an X sex chromosome. If an X comes from the sperm, the result is a female, while if a Y comes from the sperm, the result is a male. As scientifically advanced as modern medicine may be, it does not really know which of the sperm cells will fertilize the ovum and why.

So maybe the true answer is that a person's sex is assigned at conception by God. A truly radical thought.

> Norman J. Silber Gilford

Your vote will make a difference

FROM OUR READERS

To the Editor:

I, like many, moved to Gilford because I felt my children would receive the best education possible in this school system.

Gilford has always been a close knit community, a great place to raise a family. The same feeling exists among people today. The students here receive a quality education, and are nurtured by a highly qualified teaching and support staff. All teachers hold a BA, as we know, and 73 percent are at a BA + 36 track, or have ob-

tained a Master's degree. Best practices are ongoing, and it is my belief that the faculty strives to bring out the best in every child. They adapt curriculum to fit the needs of different learning styles and other different ways to test their students' understanding of concepts. At the same time, they offer support to learners who are struggling with the content, their home life, or difficulty with peers.

Our faculty connects with kids. No doubt about it. I have watched elementary, high school, and middle school faculty engage students in the classroom and support the students' efforts during extracurricular activities. The teachers in Gilford teach so much more than curriculum. They inspire, they encourage, and model what it is to be a responsible, respectful, and confident person. Test scores are not the end all of what it takes to succeed in life, nor do they entirely prove the success of a school system.

Many unique opportunities for learning are ongoing in our schools. Advanced Placement classes in the high school. Project Based Learning, Robotics, and STEM, to name a few. Our theatre and arts programs are second to none. Our sports teams prove themselves over and over. These achievements do not come from just performing on the stage, or out in the field; it takes directing and coaching, teaching homework, how to be a team player. Our teachers are applying their knowledge and dedication to learning day in and

day out. The faculty and staff value all of their students and their contributions, even if they have not achieved level four on standardized tests. Our teachers' skills are fine tuned. They are exceptional people doing an exceptional job teaching the children of Gilford.

I ask for parents, guardians and community members' support on Tuesday, March 14 by voting "Yes" in favor of warrant Article II, General Budget Funds presented by the Gilford School District and a favorable "Yes"

vote on warrant Article III, the multi-year agreement negotiated by the Gilford School District and the Gilford Education Association. I urge all voters to vote "No" on warrant Article VIII, the citizen petition regarding the default budget.

Your vote and support are needed in order to maintain a highly qualified faculty who cares about educating the children of our fine community.

Thank you,

Beth DeVivo Gilford

To the Editor:

On Tuesday, March 14, Gilford voters will go to the polls to vote on a town and a school budget. The School Board has worked to develop a fiscally responsible budget that supports the operation and maintenance of our schools and a high-quality educational program for our students. Gilford schools were recently recognized for excel-

lence. Last week, it was announced that Gilford Elementary School made it to the final round of the prestigious "School of the Year" award offered by New Hampshire Excellence in Education Awards board. At the beginning of the year, the Gilford School District was once again named to the Advanced Placement (AP) District Honor Roll because of the high number of stu-

dents taking AP classes and exams and students performing well on these exams. Gilford was one of only five New Hampshire schools to receive this award for multiple years. These awards are a testament to the high quality schools in Gilford, the people who work in them, and community support.

The proposed school budget in Article II for this year is \$26,019,631.

Three reasons to reject Article 8 on school district warrant

To the Editor:

I'm writing to encourage all Gilford taxpayers to vote "No" on Article VIII, a citizens petition warrant article that would allow the Gilford Budget Committee to create the school district default budget.

There are three main reasons why this is not a good idea for Gilford. First, the budget committee is not the offithe school district budget, and they will not have the information or expertise to create the default budget appropriately. Their job is to oversee budgets in the best interest of the town – this doesn't mean creating the budgets themselves. Second, the School Board has successfully developed the default the Budget Committee,

cial governing body for for as long as I can remember, so if this system isn't broken, why fix it? Third, and this is the most important factor: in any financial system, a "checks and balances" approach is always the best way to make sure taxpayer money is being handled appropriately. By putting the default budget under the control of budget without fault the town would lose its

This is \$115,937 (or 1.1 percent) higher than the \$25,725,629 school budget for 2016-17. Last year, schools operated under a default budget because the voters did not approve the School Board's

year, there were separate warrant articles that impacted school appear as separate warrant articles on the ballot so that voters can vote on these items separately and directly. New Hampshire law requires school bonds to be separated from the general school budget so that voters can decide on funding. In 2016-17, a bond to upgrade the electrical, mechanical, and plumbing infrastructure at the Elementary School was passed by the voters. The bond on last year's ballot was for \$2,242,646. Because this bond was passed, this work began last year and will continue this summer.

This year, in addition to the proposed school budget warrant article, there are four separate warrant articles related to our schools. By law, collective bargaining agreements have to be voted on as separate warrant articles. Article III would provide a three-year contract for our teachers at a cost of \$296,819 in 2017-18 and an average increase of \$270,136 for the next three years. This agreement was the result of a collaborative process with the Board and teachers. Teachers will receive a modest increase that puts salaries at a more competitive level with other educators in the region. They will also pay a greater share of their health insurance costs. Having a contract for our teachers is important to retain and attract quality teachers in our schools.

al school maintenance, roofs that will need to be replaced within the next few years, and for technology inftrastructure.

Essentially, these warrant articles establish savings accounts for capital improvements that will need to happen over the next few years. It is important to note that if these funds (totalling \$167,500) are approved by the voters, they will be funded only if there is a budget surplus this year. No new taxes will be raised to fund these accounts.

If you include the general school budget articles with the other warrant articles connected to schools, the 2016-17 total was \$27,968,275. The 2017-18 total is \$26,483,950, which is \$1,484,325 less than was spent last year.

The process to develop a school budget is lengthy and involved. Thank you to all of the people who worked collaboratively with the Board in developing the 2017-18 budget and providing feedback along the way. Our goal was to develop a fiscally responsible budget that supported a quality educational program with consideration for the residents of Gilford and Gilmanton. For more information on this year's School Budget and the ballot that will be issued, please go to www.sau73.org. Sincerely,

funding in Gilford. The cost items associated with the school budget ability to have real, objective oversight of its finances, which is dangerous for any organi-

sponsible for its funds. Please vote "No" on Article 8 on the School District ballot—keep the current system of accounting - and accountability--in place.

zation seeking to be re-

Joe Wernig Gilford

approved budget. Last year and this

School district budget and warrant explained

School Board has been mischaracterized as reckless with taxpayers' money

To the Editor:

Please consider the following facts as you head to the polls on Pi Day (March 14): Between 2011 and 2017, the School Board's (SB's) requested budgets have averaged a conservative 1.01 percent/year increase. The Budget Committee's (BC's) recommended increases during that same seven-year span has been

0.96 mere 0.05 percent trim! lieve the SB has been As of 2015, Gilford's overall tax rate of \$17.97 was in the 83rd percentile (with the 100th percentile being the best/ lowest). The municipal tax rate was in the 65th, while the school's was in the 78th (source: Department of Revenue Administration). Yet year after year,

some members of the tors," and "liars," the

percent/year; a BC would have us bereckless with taxpayer money. The above data show that such claims are more about personality differences than objective facts. Despite certain BC members calling the SB and school officials derogatory terms such "overpaid public as "obfuscaservants,"

SB and administration consistently strike the proper balance of school needs & budgetary constraint. In fact, the SB and the Board of Selectmen both deserve thanks from Gilford's taxpayers, as both have historically exercised fiscal prudence. Please vote "Yes" on town #11 and "No" on school #8.

Fred Butler Gilford

Articles V, VI, and VII will establish capital reserve funds for gener-

Karen Thurston School Board Chair Gilford School District



Maurice Pierre Poudrier, 74

LACONIA — Maurice "Moe" Pierre Poudrier, 74, of White Oaks Road died on Tuesday, Feb. 21, 2017, with his loving family by his side at his daughter's home in Meredith.

Maurice was born on Dec. 6, 1942, in Franklin, the son of Raoul J. and Helene (Drouin) Poudrier. He was a lifelong resident of Laconia.

Moe started working at a very young age in his parents' Lakes Region hotels, The Belknap Hotel, the Weirs Hotel, The White Owl and later at the Huron Hotel in Victoriaville, Quebec. continued work-He ing at Channel Marine Cannon Marine and on Lake Winnipesaukee. He was a 1st class lineman at PSNH for 14 years, a master electrician and held one of the first New Hampshire open-water scubadivercertifications.

His true passions working with were people on and around the lake and running his snowmobile business in the winters. Moe owned and operated Land N' Lake Marine Construction for over 20 years and spent 58 wonderful years on Lake Winnipesaukee and often was referred to as "A Legend on the Lake!"

Moe often told stories about how his experiences and adventures shaped his life. He was a lifetime member of the Laconia Lodge of Elks #876 and the Antique Snowmobile Club of America. He enjoyed snowmobiling across Canada and New Hampshire, four-wheeling, boating, camping, ice NASCAR hockey,



racing and spending time with his family, friends and especially his grandchildren. Moe was loved by everyone, a selfless man, soft-spoken, with a heart of gold! A true family man, loving husband, amazing grandfather, father. brother, uncle and friend. He had a sense of adventure that he instilled in all of us. He was our hero and will always hold a special place in all of our hearts. We will love you forever.

Maurice is survived by the love of his life, Rosemary "Rose" (Sorrell) Poudrier, married 53 years, of Laconia; three daughters (Michelle Poudrier Downs and her husband Adam, Julie Poudrier Plante and Mitch Plante, and Denise Poudrier Normandin and her husband Michael); 10 grandchildren (Stephanie Downs Corts and her husband Alexander, Evan Downs, Amanda Downs, Madison Downs, Kolbi Plante, Taeylor Plante, Julia Normandin, Laurel Normandin, Austin Normandin and Addison Normandin); a great-grandson, Noah Corts; a brother, Henry Poudrier, and his wife Dottie; two sisters, Annette Jalbert and husband Larry, and Louise Greenfield and husband Paul; in-laws Laura Seeley and companion Ronnie, Fred and Mary Sorrell, Deborah and Dr. Joseph Brodbeck, Arthur Sorrell, Greg and Ann Sorrell, and Jayne and Glenn Rudberg; 13 nieces, seven nephews, and several grandnieces and grandnephews. He also leaves behind his beloved Sheltie, Max.

In addition to his parents, he was predeceased by his brother, Phillip Poudrier;,and his father-in-law and mother-in-law, Arthur and Jane Sorrell, who were like parents to him.

Calling hours were held on Friday, Feb. 24, from 4 to 7 p.m. at the Wilkinson-Beane-Simoneau-Paquette Funeral Home, 164 Pleasant St., Laconia, using the Whipple Avenue entrance.

A Mass of Christian burial was held on Saturday, Feb. 25, at 11 a.m., at St. Andre Bessette Parish-St. Joseph Church, 30 Church St., Laconia.

For those who wish, the family suggests memorial donations may be made to the National Wildlife Federation nonorganization, profit Dartmouth-Hitchcock Medical Center or Dana-Farber Cancer Institute in lieu of flowers.

Wilkinson-Beane-Simoneau-Paquette Funeral Home & Cremation Services, 164 Pleasant St., Laconia, is assisting the family with the arrangements. For more information and to view an online memorial, go to www.wilkinsonbeane. com.

Kenneth Francis Haley, 88

LACONIA — Kenneth Francis Haley of 3 Ledgecroft Place in The Taylor Community died on Feb. 16, 2017 at Lakes Region General Hospital.

Ken was born in Boston, Mass. on April 29, 1928. The only child of the late Francis J. and Edith (Abbott) Haley, he grew up and received his education in Milton, Mass. Starting in 1938, he spent his summers working at the family business, Haley's Birchland Cabins and Tea Room, on Weirs Boulevard in Laconia.

Although he first met Irma Palmer when he was 10, in the same baptismal group at the Milton Baptist Church, it wasn't until she came to work for Haley's Birchland in the summer of 1944 that they became close and were married in that same church in 1948. She was the love of his life, and they would remain together for 63 years until she died in 2011, and even then, he remained her loving, devoted husband, and now joins her for eternity.

They moved to Braintree, Mass. in 1951; Ken sold the family business the following year and went to work for Sigma Instruments in Braintree as Quality Control Manager. While at Sigma, he helped to form the Sigma Employees Federal Credit Union, where he remained its Secretary and Director for 14 years. He served as Director and Chairman of Mass CUNA and chaired their National Convention when it was held in Boston in 1959.

In April of 1958, he began working for The John Hancock Mutual Life Insurance Co. in Group Sales & Services at the corporate office in Boston, Mass. He eventually became in charge of managing Properties and Conventions. While employed there, he studied nights and got his business degree from Northeastern University. He also received his CLU distinction. Through the "Hancock," Ken and Irma had the opportunity to travel throughout the world, staying in first class accommodations. He would remain with the "Hancock" for 29 years until his retirement in 1987.



tree, initially spending vacations at Sandy Pond on the Cape where he patiently taught his children to swim. Ken and Irma soon realized the Cape was not for them. They would spend their next 14 years summering north on Berry Bay in Freedom, where he then taught his children how to water ski. But the call of the big lake was always there and so they bought a summer home on Meredith Neck. Upon retirement, they his moved to that home, spending the winters in Hilton Head, S.C.

In 2008, Ken and Irma made their final move to the Taylor Community in Laconia.

Ken always hoped he could make a difference no matter how small, he would always SO get involved in civic and religious activities wherever he lived. He became a Precinct Warden in Braintree for 27 years. He also chaired on several committees for the town (Finance, Personnel, and The Search Committee to replace the retiring police chief.) He was elected Town Meeting Member for the last nine years he lived there. At First Congregational Church in Braintree, he taught Sunday school, and later becoming the Superintendent of Sunday Schools. He was also a Trustee and Chairman. Along with Irma, and other close friends, he helped to build a vibrant

Church in Center Harbor, and when Ken and Irma moved to the First Congregational Church of Meredith in 2003, he also became a Trustee and active member of the budget committee there.

At Taylor Community, he earned and affectionately received the title of "Mayor," as he served on the nominating committee of the Board of Trustees and served two terms as Senior Resident.

Ken was a loving and supportive husband, father, grandfather, great grandfather, uncle, cousin, neighbor and friend.

He is survived by his two daughters and their husbands, Sharon and Richard Shetler of Gilford and Melody and Gary Kohler of Myrtle Beach, S.C.; a son and his wife, Roderick and Lisa (Stitt) Haley of Manchester; a daughter-in-law, Sandra (Boudreau) Haley of Great Barrington, Mass.; his only cousin, Edward Abbott of Providence, R.I.; 10 grandchildren and eight great grandchildren.

In addition to his loving wife, he was predeceased by his son, P. Dennis Haley of Center Harbor.

We will miss his love and guidance.

There are no calling hours, but a celebration of Ken's life will be held Thursday, March 2, 2017 at 11 a.m. at the First Congregational Church of Meredith, Highland Street, Meredith.

In lieu of flowers, donations may be made to the following:

Central NH VNA & Hospice, 780 N Main St., Laconia, NH 03246.

The Sunshine Fund at the Taylor Community, 435 Union Ave., Laconia, NH 03246. The First Congregational Church of Meredith, 4 Highland St., Meredith, NH 03253. Wilkinson-Beane-Simoneau-Paquette Funeral Home & Cremation Services, 164 Pleasant St., Laconia, is assisting the family with arrangements. For information and to view online memorials, go to www.wilkinsonbeane. com.

Paid Advertisement

Plan for Health Care Costs During Retirement

When you retire, some of your expenses may go down – but health care is not likely to be one of them. In fact, your health care costs during retirement may well increase, so you may want to plan for these costs well before you leave the work force. How much can you expect to spend on health care during your retirement years? Consider these statistics:

А 65-year-old couple who retired in 2016 will need about \$288,000 (in today's dollars) during retirement just to pay Medicare Parts B, D and supplemental insurance, according to HealthView Services, a company that provides health care cost projections for financial services firms. If outof-pocket costs such as deductibles, co-pays, hearing, vision and dental are included, the lifetime figure rises to about \$377,000 in today's dollars. • The national average for a private room in a nursing home is more than \$92,000 per year, according to a survey by Genworth, an insurance company. And the services of a home health aide cost more than \$45,000 per year, according to the same

survey. Medicare typically pays very little of these costs. To cope with these expenses, you'll want to integrate them into your overall retirement investing saving and strategies. Knowing the size of a potential health care burden may help motivate you to put as much as you can afford into your 401(k), IRA and other retirement accounts. Even when you're retired, part of your portfolio should be devoted to growth-oriented investments, such as stocks, to help pay for rising health care costs. It's true that stocks will always fluctuate, and you don't want to be forced to sell them when their price is down. However, you can help yourself avoid this problem by also owning a good mix of other investments, such as investment-grade corporate bonds. government securities and certificates of deposit (CDs), whose value may be more stable than that of stocks.

Another way to help defray the costs of health care is to work part-time a few years after you had originally planned to retire. This added income can help you delay tapping into your IRA and 401(k), thus giving these accounts a chance

to potentially grow further. Plus, you may be able to put off taking Social Security, and the longer you wait until you start collecting benefits, the bigger your checks will be, at least until they top out at age 70.

These suggestions may help you meet many of your typical medical costs during retirement, but what about long-term care expenses, such as an extended stay in a nursing home or the need for home health care assistance? As mentioned above, these costs can be enormous. Fortunately, the financial marketplace does provide some cost-effective solutions for long-term care

solutions that may help you avoid "self-insuring." financial professional А can provide you with some recommendations in this area. It's probably unavoidable that your health care costs will rise, and possibly keep rising, when you're retired. But by being aware of these expenses years in advance, and by following a diligent saving and investment strategy - one that may also include a long-term care component - you can improve your "financial fitness" for dealing with health care costs.



This article was written by Edward Jones for use by your local Edward Jones Financial Advisor. For more information or to sign up for their monthly newsletter, contact **Jacqueline Taylor**, Financial Advisor, at **279-3161** or email Jacki at Jacqueline.Taylor@edwardjones.com. Her office is located at 14 Main Street, Downtown Meredith. For more information, see http://www.edwardjones.com/ or "like" her on Facebook www.facebook.com/EJAdvisorJacquelineTaylor. Edward Jones, its employees and financial advisor are not estate planners and cannot provide tax or legal advice. You should consult your estate-planning or qualified tax advisor regarding your situation. Ken was a pillar of strength for his family. He and Irma raised their four children in Brain-





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youth fellowship.

Once in Meredith, he was elected to Trustee of Funds as well as serving on the Zoning Board of Adjustments (his last two years as chairman). He was active in renovating the Interlakes High School Auditorium. He was an active member and Trustee of the First Congregational

LACONIA

old S. Pierce, Jr., 88 of

25 Union Ave., died on

Saturday, Feb. 18, 2017

at the St. Francis Nurs-

ing and Rehabilitation

Harold S. Pierce, Jr., 88

-Har- Center.

Harold was born in Providence, R.I. on Aug. 22, 1928, the son of Evelyn (Clark) and Harold Pierce, Sr. He worked as a laborer for Metal Rucks. Harold had been a resident of Laconia for many years.

Harold was an avid New York Yankees fan, and had made a few trips to New York to watch them play. He was known for his smile and kind heart and will be missed by many, including his friends at the Sunrise Towers.

There will be no calling hours.

A graveside service will be held at later date at the Bayside Cemetery in Laconia.

Wilkinson-Beane-Simoneau-Paquette Funeral Home & Cremation Services, 164 Pleasant St., Laconia is assisting the family with the arrangements. For more information and to view an online memorial, go to www. wilkinsonbeane.com.

Our Local Schools

Gilford Middle School news

BY PETER SAWYER Principal

Gilford Middle School

Los of good news to share from Gilford Middle School. Recently, we were part of the first ever Unified Basketball alumni game. Our middle schoolers joined forces with high school Unified alumni to play the high school Unified team. It was a great event, with the high school squeaking out a victory over the middle school/alumni team. It was great to see GHS grads coming back and playing in this special event. Many thanks to Laurie Belanger, Chris Parker, Dave Pinkham, Terry Wilson, Donna O'Neill, Beth Haddock, Beth Devivo, Tom Carr, Kevin Shaw, Cheryl Bryan, Whitney Belanger, Rick Acquilano, Janet Bonnell, Lisa Hart, Monica Sawyer, Lori Jewett and many other parents and staff that helped make this event great. The game was followed by a pot luck supper where the kids had a chance to get together and talk about the game and the "good ole days."

Congratulations to Jacob Guay for qualifying to compete in the state level of the National Geographic Bee. Jacob was one of about 100 students who were both their respective school champion and scored high enough on the online component to qualify for the state level. He was only one of five students in the Lakes Region to make it this far. The state completion is at Keene State College on March 31.

Congratulations also go to Harry LaFlamme for earning Honorable Mention at the state level of the PTA Reflections program. Harry earned this honor for the photography category.

Also deserving kudos is our seventh and eighth grade Math Team for advancing to the state level of the Math Counts competition at Plymouth State University on March 11. The team finished third in the regional division; members are



Recently, Gilford Middle School students were part of the first ever Unified Basketball alumni game. Our middle schoolers joined forces with high school Unified alumni to play the high school Unified team. It was a great event, with the high school squeaking out a victory over the middle school/alumni team.

Shushu Sawyer, Mae Kenny, Matthew Farah, and Avery Marshall. Sawyer finished second overall in the individual competition thus earning her a spot in that portion of the state competition, as well.

Our sixth graders

recently completed their Winter testing in Language Usage of the Northwest Evaluation Association (NWEA) assessment. In comparison to their Fall testing results, 88 percent of the sixth grade class improved their scores. In the eighth grade, 73 percent of the students improved their score in Science (compared to their Spring testing). Other grades are currently taking their NWEAs, as well.

Retiring Lakes Region Scholarship Foundation trustee recognized for outstanding service

MEREDITH — Retiring board member, Sandra Caulfield, was recently presented with a commemorative clock in appreciation of her dedication to the mission of the Lakes Region Scholarship Foundation, serving on numerous committees and fulfilling the maximum term of nine vears.



COURTEST

PTA, Gilford Together to sponsor screening of "Anonymous People"

The third in a series of drug abuse prevention presentations will feature the film "Anonymous People," which is a "feature documentary film about the 23.5 million Americans living in long-term recovery from addiction to alcohol and other drugs." This eye-opening community activity will be aired on Thursday, March 16, at 6 p.m. at the Gilford Elementary School. This presentation is free of charge, and open to the public. Once again, the sponsors will be the Partnership for Public Health, the Gilford P.T.A., and "Gilford Together." The presentation will start with pizza and a veggie/fruit plate at 6 p.m., and will be followed at 6:30 p.m. by the 88 minute film. A discussion with questions and answers will follow. The theme of the film is that social stigma and discrimination have kept recovery people from publically speaking out. The "vacuum created by this silence has been filled by sensational mass media depictions of people in

active addiction that continue to perpetuate a lurid public fascination with the dysfunctional side of what is a preventable and treatable health condition." The sad reality is that most of the behavior leading to addictions started in the teenage years, generally two years before the problem was apparent. Earlike them."

To learn valuable information about recovery from alcohol and drug addiction, be sure to attend this community presentation at 6 p.m. on Thursday, March 16. On Tuesday, March 21, "Gilford Together" will also be having its monthly meeting at 6:30 p.m. in the conference room on the lower floor of the Gilford Community Church. The next community presentation will be on Thursday, April 20, with Kathy Sullivan, a speaker for alcohol awareness, whose daughter died from alcohol abuse. For further information, please contact Kerri Lowe at klowe@ PPHNH.org or Serene Eastman at serene.eastman@ doc.nh.gov.

Executive Director Joan Cormier and Assistant Director Paulette SEE **CAULFIELD** PAGE A11 Pictured above standing in front of the LRSF office at the DeCamp Financial Center: (from left to right) Lakes Region Scholarship Executive Director: Joan Cormier, retiring Board trustee: Sandra Caufield and Assistant Director: Paulette Loughlin

Rebecca Cook of Laconia named to Dean's List at Lafayette College

EASTON, Pa. — Rebecca Cook of Laconia has been named to the 2016 fall semester Dean's List at Lafayette College for outstanding academic achievement. To qualify for Dean's List, a student must achieve at least a 3.60 semester grade point average on a scale of 4.0.

Lafayette is a top liberal arts college with 2,450 students and 215 full-time faculty that offers a wide variety of undergraduate degree programs includ-

Retired Educators meet March 21

GILFORD — The Lakes Region Retired Educators' Association will hold a meeting on Tuesday, March 21 at Pheasant Ridge Golf Club in Gilford.

The meeting will start at 11 a.m., with check-in starting at 10:30 a.m. A Buffet featuring grilled chicken breast will be served following the Meeting. The cost of the meal is \$16. The Phone Captains will be calling for your reservations. The program will begin at approximately 12:45 p.m. Our Speaker will be Matt Karsten, known for his many travels and hikes. He will be sharing some of his many adventures with us. You won't want to miss this presentation. If you don't get a call from a Phone Captain, you may call Susan Karsten at 254-6050 to make a reservation. All reservations must be called in by March 13. Hope to see many of you there.

LRCS Family Resource Center announces upcoming parenting classes

LACONIA — The Family Resource Center of Central New Hampshire, 719 No. Main St., Laconia, is offering a wide variety of parenting programs this winter for parents of children of all ages. SEE **PARENTING** PAGE A11 ing engineering.

With close proximity to New York City and Philadelphia, Lafayette has one of the highest endowment-per-student rates in the nation. This means ample resources to fuel student research, and provide opportunities for study abroad, internships and field work. It means outstanding facilities, Division I sports, and funding for 250 student groups on one of the most beautiful campuses in the country.

ly identification of this problem is essential.

The positive news is that there is now the emergence of grassroots recovery advocacy and support movements, which are bringing this problem out into the public view. With one out of fifteen people living in recovery, the "anonymous people" are "laying it on the line to save the lives of others just





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Bank of New Hampshire helps upgrade technology at the Lakes Region **Scholarship Foundation**

LACONIA

— The

cost of higher education is continually on the rise and young adults are taking their future finances serious when deciding their best option for college. The Lakes Region Scholarship Foundation is one of many organizations that students turn to for grant assistance which is why Bank of New Hampshire is proud to assist with a donation in the amount of \$7,500 which will be used to update their technology.

"We are grateful to Bank of New Hampshire for their continued support of the Lakes Region Scholarship Foundation since 1982. This money, coupled with

a grant from the New Hampshire Charitable Foundation, will allow us to complete vital technology updates for our organization in order to better and more efficiently serve the young people of the Lakes Region," stated Joan Cormier, Executive Director for the Lakes Region Scholarship Foundation. "It will also allow us to do our work in a more cyber-safe environment. The Bank's generosity certainly lives up to their tagline, New Hampshire's Local Bank."

The Lakes Region Scholarship Foundation promotes and encourages scholarships and opportunities for higher education among residents of the Lakes Region of New Hampshire. Since their inception in 1956, they have provided scholarships to over 4,800 recipients totaling over \$5.5 million.

For more information, visit www.lrscholarship.org.

Bank of New Hampshire, founded in 1831, provides deposit, lending and wealth management products and services to families and businesses throughout New Hampshire. With 24 banking offices throughout New Hampshire and assets exceeding \$1.4 billion, Bank of New Hampshire is the oldest and largest independent bank in the state. Bank of New



Left to right: Vickie Routhier, EVP - Chief Retail Banking and Marketing Officer for Bank of New Hampshire; Barry Leonard, Jr., EVP - Chief Commercial Banking Officer for Bank of New Hampshire; Joan Cormier, Executive Director for the Lakes Region Scholarship Foundation; James Waldron, Treasurer for the Lakes Region Scholarship Foundation; Paulette Loughlin, Assistant Director for the Lakes Region Scholarship Foundation.

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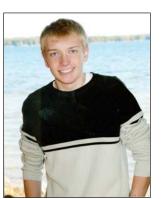
the success of the bank's than stockholders. For www.BankNH.com.

Drew Thomas Rudzinski, 25

LACONIA — Drew Thomas Rudzinski died early Thursday morning, February 23, 2017 from injuries sustained in a car accident. He was 25 years old.

The son of Thomas and Karen Rudzinski, he was born at Lakes Region General Hospital on Oct. 31, 1991.

Drew spent his early years living with his family in Sanbornton, where he attended school through the fourth grade. For the past fifteen years, he lived with his family in Laconia. In 2010, he graduated from Laconia High School, with honors, and later attended Keene State College as a business "the best!" major. Drew made people laugh out loud. He had a big smile and a kind heart and would do anything for his family and friends. He cared deeply about people and animals, often expressing concern about the plight of the homeless. For fun, he enjoyed watching movies the lifeguards that his



and playing the latest online games with his brother and friends. He always played the classic rock stations on the radio, while riding in the car with his Mom. His favorites included music by Aerosmith, David Bowie and the Stones. As far as he was concerned, burgers with bacon and buffalo chicken pizza were His family has lots of funny stories about Drew as a young boy. Once, while at the mall, they lost sight of him for just a few minutes, only to find him deep in conversation with some nice strangers. Another time at Hampton Beach, he wondered off and told

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MARCH 6TH:

6:00-7:30PM

MARCH 8 TH:

6:00-7:30PM

MVCS Lower El. Campus

MARCH 11TH:

6:00-7:30PM

MVCS Lower El Ca

PUBLIC

LOTTERY: Closes: March . 11, 2017

Drawing :Mid March.

SESSIONS

DATES:

parents had left him behind.

Drew is survived by his loving parents, Tom and Karen; his brother Derek and wife, Sarah of Dover. He is also survived by his paternal grandmother, Lorraine Rudzinski of Laconia; maternal grandparents **Richard and Anne Rice** of Manchester; and many aunts, uncles, cousins, extended family and friends.

He was predeceased by his paternal grandfather, John Rudzinski, in 2006.

Calling hours for Drew were held on Thursday, March 2, 2017 from 4 to 7 p.m. at Wilkinson-Beane-Simoneau-Paquette

Bank of NH Pavilion welcomes home "Traveller" Chris Stapleton Friday, Aug. 25!

GILFORD — Multi-Grammy Award winner, Chris Stapleton, returns to the Bank of New Hampshire Pavilion stage with his All American Road Show tour, Friday, Aug. 25! Tickets ranging from \$40.75 to \$80.75 go on sale Friday, Feb. 24 at noon. Get your tickets by calling the Box Office at 293-4700 or log on to www. BankNHPavilion.com.

Hampshire is a mutual

organization, focused on and employees, rather

Chris Stapleton bold-

album, "Traveller."

pearances on "Saturday

Night Live" and "CBS

News Sunday Morning."

ic turn on the CMA

Awards-where Staple-

ton became the first art-

ist to win Album of the

Following a histor-

the Year and New Artist of the Year at the same awards—"Traveller" became the first album to re-enter the Billboard 200 all-genre album chart at No. 1, where it stayed for two straight weeks.

The breakthrough success continued last year at the 58th Annual Grammy Awards, where Stapleton took home two awards for Best Country Album and Best Coun-

Year. Male Vocalist of onds to convince you that you're hearing the arrival of a singular new talent when you hear Margo. "Hands of "Time," the opener on her "Midwest Farmer's Daughter" album is an invitation, a mission statement and a starkly poetic summary of the 32-year old singer's life, all in one knockout, selfpenned punch.

more information, call

1-800-832-0912 or visit

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WHEN:

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WWW.MOUNTAINVILLAGE CHARTER SCHOOL.ORG

Funeral Home, 164 Pleasant St., Laconia, using the Carriage House entrance.

A private service and burial will be held for the immediate family only.

In lieu of flowers, the family suggests that donations be made in Drew's honor to New Life Home, PO BOX 148 , Manchester NH 03105 or to the Wildlife Con-Network servation (WCN) at www.wildnet.org. To sign the online guestbook and leave a note, please visit www.wilkinsonbeane.com.

Wilkinson-Beane-Simoneau-Paquette Funeral Home & Cremation Services, 164 Pleasant St. is assisting the family with the arrangements.



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ly introduced himself try Solo Performance to the public at-large in ("Traveller"). Most re-2015 with the release of cently, Stapleton won six his breakthrough debut awards at the 51st Annual ACM Awards—Album Released in May on of the Year (for Traveller as both artist and pro-Mercury Records Nashville, "Traveller" initialducer), Song of the Year ly debuted at No. 2 on (for "Nobody To Blame" as both artist and songthe Billboard Country Albums chart with more writer), Male Vocalist of the Year and New Male than 27,000 albums sold, Vocalist of the Year. making it one of the bestselling first weeks by a With the six wins, Stapleton ties the record for debut country artist in 2015. The album also remost ACM Awards won ceived extensive critical in a single year (only acclaim and has landed Garth Brooks and Faith him bookings on multi-Hill have previously won ple national TV shows, six in the same year). including recent ap-

Co-produced with Dave Cobb, "Traveller" is comprised of songs written throughout Stapleton's 15-year career and evokes his childhood when country, blues, rock and R&B swirled together to create a distinctive sound that still resonates with modern fans.

Joining Stapleton on stage is Margo Price. It only takes about 28 sec-

ple-bill is Brent Cobb. He didn't set out to write an album that feels and sounds like the place he grew up. But, hailing from southcentral Georgia, this southern boy knows there's no denying the people, the places and the vibe of his Georgia home is infused in almost every song. Carrying something of a Southern Gothic narrative and alternating between dark visions and self-deprecating scenes of black humor that bubble up in laugh-or-cry moments, this is one new artist you won't want to miss!

Spend Friday, Aug. 25 with some of the best live Country music around as Chris Stapleton brings his All American Road Show with Margo Price and Brent Cobb to Gilford! Get your tickets Friday, Feb. 24 at noon by calling the Box Office at 293-4700 or go online to www.BankNHPavilion. com!



GILFORD — Gunstock Mountain Resort, Gilford, is pleased to be host to the Lakes Region Chamber of Commerce 'Meet and greet' on March 22 from 4:30 to 6:30 p.m. in the Main Lodge Powder Keg Pub. A selection of appetizers and cash bar will be provided by Gunstock Food Services/Centerplate along with door prizes.

Located in Gilford and boasting spectacular mountaintop views of Lake Winnipesaukee and the Ossipee Range, Gunstock Mountain Resort is one of the largest winter and summer recreation areas in the state. Affectionately known as "The Area" by longtime locals since 1937. Gunstock will be celebrating its 80th anni-

versary this year. An interesting fact, Gunstock was the first New England ski area to install a chairlift, and it offers 1,400 vertical feet, 227 acres and 55 alpine ski trails, plus 32km of Nordic skiing and snowshoe trails. In summer and fall, Gunstock claims New Hampshire's largest aerial treetop and zip line complex, with 91 challenging elements, more than 1.6 miles of high-adrenaline Zip-Tour[™] zip lines, offroad Segway tours, and the new 4,100 foot Mountain Coaster which General Manager, Greg Goddard of Gunstock Mountain Resort says "This family friendly ride is incredibly fun and we intend to operate it winter, summer and



Gunstock employees are gearing up to host the Lakes Region Chamber's March Meet & Greet at Gunstock Mountain Resort. Networking with this local employer includes a definite fun factor.

Meredith Village Savings Bank sponsors ice at the Merrill Fay Arena

LACONIA — Meredith Village Savings Bank (MVSB) is leaving its mark on the Merrill Fay Ice Arena! This season, hockey players as well as skaters, young and old have, glided over the MVSB logo in the ice at the Arena's rink.

Formerly known as the Laconia Ice Arena, the Merrill Fay Ice Arena took the name of its founder in 2016.

"We are thankful to community partners like Meredith Village Savings Bank who have offered us so much support to us over the years," said



Will Fay, Manager of the Merrill Fay Arena, Becky Reposa, Branch and Business Development Manager, MVSB Gilford Office and Eric Petell, Assistant Vice President, Branch and Business Development Manager, MVSB Laconia Office. fall, giving those who visit or live in New Hampshire's Lakes Region a near year-round opportunity to enjoy the newest attraction at Gunstock."

The Gunstock campground has 271 sites, including tent sites, cozy cabins and RV/ trailer hookups, providing outdoor accommodation for kids of all ages when they stay and play at Gunstock. Gunstock Mountain Resort also plays host to a growing number of signature events, such as three holiday craft fairs, Soulfest, and more to come! Visit GUNSTOCK.COM to learn more about the

new Gunstock Mountain Coaster and all of the fun and adventure to be found at Gunstock's gravity playground.

THE GILFORD STEAMER A9

Lakes Region Chamber of Commerce invites the business community to attend this fun networking event March 22. Meet & Greets provide a casual atmosphere to network to grow your business connections and get a behind the scenes look at a local business. For more information or to register to attend, contact the Lakes Region Chamber of Commerce at 524-5531 or go to LakesRegionChamber.org.



Will Fay, Manager of the Arena.

"We're proud to stand behind local attractions like the Merrill Fav Arena, which is a beloved venue for the local community," said Rick Wyman, President of MVSB. "The Arena has been a favorite for locals and visitors alike, making New Hampshire's long winter months that much easier to enjoy. For instance, local groups like the Lakes Region Lakers Youth Hockey, the Central New Hampshire Figure Skating Academy and the New England Wolves refer to it as home."

Community members can participate in freestyle skating, take lessons, host birthday parties and join adult hockey leagues at the facility.

The Arena began as a small sheet of ice on Lake Winnipesaukee at Fay's Boatyard in the 1970s, and later morphed into the Arthur R. Tilton rink on Varney Point during the 1980s. Eventually, Merrill Fay purchased seven acres of land, helped form the non-profit, Winnipesaukee Skating Club and assisted as the club built the current facility. After years of hard work and countless fundraisers, the Arena opened to the public in 1997, and quickly became a hotspot for hockey players and skaters of all ages.

The Merrill Fay Arena is home to the New England Wolves of the Eastern Hockey League. The facility was renamed in March of 2016 in honor of Merrill P. Fay, who was responsible for the start of Winnipesaukee Skating Club in the Laconia area. For more information about the Merrill Fay Arena, visit laconiaicearena. com.

For nearly 150 years, Meredith Village Savings Bank (MVSB) has been serving the people, non-profbusinesses, its and municipalities of Central New Hampshire. MVSB and its employees are guided by the values of accountability, mutuality, excellence, respect, integrity, teamwork and stewardship. To learn more, visit any of the local branch offices located in Alton, Ashland, Center Harbor, Gilford, North Hampton, Laconia, Meredith, Moultonborough, Plymouth or Wolfeboro, call (800) 922-6872 or visit mvsb. com.



www.graniteuw.org



The Rest of the Story

SLEDS

ERIN PLUMMER

GILFORD HILLS

(Continued from Page A1)

(Continued from Page A1)



New LED lighting over the tennis court was just one of the recent renovations made to Gilford Hills Tennis and Fitness Club.

and racquetball nis pros onsite. People of all ages and abilities can play tennis during open court time or take part in different training sessions and programs. The facility hosts a traveling tennis team and offers intramural team racquetball.

They recently hosted a racquetball clinic and a "Play the Pro" program by six-time world champion Cliff Swain.

In addition to tennis and racquetball, Gilford Hills has 15,000 square feet of fitness facilities including a basketball court, cardio room, a spin room, and ab room, and what Angle said is the largest freeweight room in the area. Angle said there are some facilities that have gotten rid of freeweights, but people who want to use them.

Gilford Hills has a full schedule of fitness classes, which Angle said has tripled in size.

Classes are open to nonmembers for a fee, though Angle said anyone can try anything for free the first time. People can sign up for personal training as well.

Summit Health has a satellite office at Gilford Hills offering physical therapy.

"It's been a pretty synergistic relationship with them," Angle said.

Massage therapy is also available.

There is also onsite childcare for members and participants as they use the facility.

After the workout is done guests can relax in the upstairs lounge,

there are still a lot of which has a full liquor license.

> "It's a nice place for people to socialize after their respective events," Angle said.

> Danica Gelotte of Gilford, who works as a receptionist at Gilford Hills, and has been at the club for a little over a year, said the club has a friendly environment.

> "I love it; it's a very family oriented workspace," Gelotte said. "A lot of members I know feel the same because they've been here for generations.

> Gilford Hills Tennis and Fitness Club is open from 5 a.m.-9 p.m. Monday through Friday and 7 a.m.-4 pm. on Saturday and Sunday. For more information, including on memberships and classes, visit gilfordhills.com.

Saving for retirement is personal.



Kids line up for a photo at the start of the Cardboard Box Sled Derby.

which is nice," Greene said. "You never know what to expect."

The fastest sled was "Wall-E" piloted by fouryear-old Felix Maxwell. His parents helped build the sled, which came with a plow in the front and a snack compartment.

This was Felix's first derby. His dad Jake Maxwell said they came once and Felix decided he wanted to do it.

"Perfect conditions really for the weather," Jake Maxwell said.

Sarah Piper, 10, made her sled the "Pokemon Shiny Charger Bug" during the Makerspace sled making activity at the Gilford Public Library.

"I made it into a shape-changing bug," Sarah said.

She put together a rectangular box and cut holes in the side so she could see out of it.

Coming down the hill was a little tough and she said she had to push it a bit. Overall, she had a lot of fun doing it.

"Usually I'm the last one, but this time I'm not even close to the last

DR.SEUSS

Seuss birthday. "He had so many great first readers," Maxwell said.

Maxwell said kids in recent years have been finding new authors, though Dr. Seuss books



Felix Maxwell's sled "Wall-E" did a little spin, but he would be the first one to cross the finish line.

one," Sarah said.

Alex Richardson, 10, rode down the hill in "Slednado" shaped like a big shark.

"My family loves the movie 'Sharknado,'" Alex said.

He and his dad built the sled with cardboard and a lot of duct tape.

The sled did move a bit slow down the hill an did get the ribbon for "Biggest Dud." Alex said he still had fun doing this.

"I've done it before, and I've loved it," Alex said. "It's always fun just building it."

Faith Benedict, 9; Cain Belanger, 7; and Renee Henderson, 8 worked on the Tower of terror. Faith said they got the idea of a haunted house theme. The sled was a collaborative effort and took a couple days to

build. Cain did the "Caution" tape on the sled.

"It was hard going down because of the rain," Benedict said.

Despite the technical issues, they said they liked designing it.

"Slednado won for Most Creative Design, followed by the "Chargerbug" in second and the "Tower of Terror" in third.

Felix won the ribbon for Best Use of Cardboard, with Alex coming in second and Sarah in third.

Felix was the fastest, Sarah was in second, and Alex in third.

Felix also got The Most Spectacular Wipeout for some spinning on the way to the finish line.

Slednado did get the ribbon for Biggest Dud, followed by the Tower of Terror.

(Continued from Page A1)



So is the service you'll get from MVSB.

Saving for retirement is essential – and it's never too early or too late to start. At Meredith Village Savings Bank, we can provide the guidance, tools and resources you need to plan for the future you want. Contact one of our IRA specialists today at 800.922.6872 or visit us online at mvsb.com.

April 18th is the last day to contribute to a qualified retirement account for the 2016 tax year.



have still been going out.

John Piquado played the Cat in the Hat. Piquado, a veteran of the Winnipesaukee Playhouse, said he was asked on short notice to take on the role.

Piquado said he loves reading to children and has been doing it for a long time. Piquado said kids are a "captivated audience with no inhibitions who love to take books to go."

A DOLLAR

"It's a great thing to see what can I do and what can I teach," Ellis said.

Ellis said teaching is a big part of this experience. He said he has been acting for many years and said he believes all that experience has come together for use in this new role.

"I think this is the best way for me to hone my abilities because teaching you learn again," Ellis said.

The play's main conflicts occur between The Comedian and The Villain.

Luke Harding plays The Comedian, the original leader of the group and described his character as extremely optimistic to an unrealistic level.

"Just kind of seeing everything as something good, not really a problem," Luke said.

Tom Pouliot plays The Villain. Pouliot said is character is one of the

oldest members of the group and is extremely critical of The Comedian.

timeless," Piquado said.

Library

"He's trying to look for a way to get ahead," Pouliot said.

Alexa Dembiec plays The Tragedian, who provides some unintentional comic relief amidst the conflict between The Comedian and The Villain.

"A lot of my lines are so over the top they're comic and hopefully will get a laugh out of the audience," Dembiec said.

She said the part is originally male, but she is playing The Tragedian as a female and a tomboy.

"There's so much pressure on all of us to find who the characters (are) within ourselves because there's not a lot in the script," Dembiec said.

Pouliot and Dembiec said this is different from any other play they have ever done.

"I think it's fun, it's

The Cat in the Hat (John Piguado) blows out the candles on a special cake celebrating Dr. Seuss' birthday.

her children learned to Piquado said it is too bad Dr. Seuss' birthday read through Dr. Seuss is only once a year. books.

"Even though he's 113 "I think it's a wondertoday, he's absolutely ful thing," Vallar said. "Gets the kids involved assistant and inside to read." Becky Vallar said both

(Continued from Page A1)

definitely abstract and different," Luke Harding said. "If done right it can be a really good show."

Pouliot described the play as a hybrid of Shakespeare with modern language.

Dembiec said she is mostly used to doing musicals and this was much different.

"It's really exciting because there's so many new things," Dembiec said.

Luke Harding and Pouliot have done the festival previously: Harding twice and Pouliot three times. This is the first time Dembiec is doing a festival play. She saw the performance at last year's festival and wanted to do it this year.

She said there is normally not many opportunities for performers from other schools to interact and it will be a great opportunity to watch other people's work while putting on their own.



MILLER

heading up the drama department, he completed six shows with no less than 60 children per production! After leaving Newfound Memorial, he launched Miller Coffman Productions; his first rock musical, Siren's Den, debuts in New York City in May 2017.

Growing up in Bridgewater and New York City gave Stephen Miller an inclusive world view, especially given his early years on campus at Plymouth State University, where his father was an academic. Miller's mother was active locally as the Vice-President of the New Hampshire Family Planning Council, instilling in him a commitment to community involvement. Miller has been very involved with the school system in Bristol, as well as the Tapply Thomson Community Center and Bristol Community Services. A dedicated animal lover, he shares his home with his dog, Cooper; cats, Scarlet and Isabel, and; guinea pigs, Lola Squeaker and Oreo. Already a member of the New Hampshire Humane Society's fundraising committee, Miller is very excited

for the bright future that the New Hampshire Humane Society has in store for the animals, fellow volunteers and staff, and is thoroughly supportive of the mission and vision of the organization.

"We are thrilled to welcome Stephen to our Board," says Marylee Gorham, Executive Director of the New Hampshire Humane Society. "Stephen has already been a volunteer and a crucial member of our 'Movers and Shakers' fundraising committee, he brings immense value to the Board. We are lucky to have so many dedicated community members who want to support our mission, and the animals who call our shelter home."

The New Hampshire Humane Society is a 501(c)3 non-profit whose mission is to find responsible and caring forever homes; provide shelter for the lost, abandoned and unwanted animals; advocate and be the voice for the voiceless. The Society works hard to prevent cruelty to animals offers education and and outreach programs, pet therapy, and many community initiatives to help people and their

(Continued from Page A3)

pets. To view adoptable pets or make a donation, visit www.nhhumane. org.

The New Hampshire Humane Society's Board of Directors currently has eight members, but is looking to expand. Currently serving are: Christopher Walkley, commercial banking officer at Bank of New Hampshire, who is the current Board President; Patrick May, PhD, a professor at Plymouth State University and Vice President and Secretary of the Board; Michael Moyer, Belknap County Sheriff; Tim James, entrepreneur and President of the Laconia Country Club; Peter Allen, retired; Tammy Davis, Superintendent of Schools for Winnisquam and owner of Davis Dog Training; Kara LaSalle, Housing Development Project Manager at the Laconia Area Community Land Trust, and; Kelli Kemery, Assistant Director of Facilities Finance at Plymouth State University. Board members have the opportunity to participate in various committees, fundraising and events while sharing the Humane Society's mission with the public.

NOTEBOOK

so, what's beyond the bubble?

In sum of all this, if there is a nothing, what is beyond the nothing?

+++++

The nearest galaxy is often described as about 4.2 light years away. Other stars and galaxies are described as hundreds of millions and sometimes billions of light years away.

A light year is how far light can travel in one year---around six trillion miles, and that's "trillion," with a "t." How far is that? You figure it out. I can barely measure my fencelines.

Okay, so given these almost unfathomable distances, and how long it takes light from one of the more distant stars or galaxies to get here, (a) am I actually looking at 100-million-year old light, and

CAULFIELD

Loughlin agreed that Caulfield personified the "Three T's" philosophy of philanthropy: a willingness to give of one's Time, Talent, and Treasurv. Cormier noted that Caufield will now be an honorary trustee, and she has pledged to continue to help the Board with special projects when needed.

Retiring Board member Caulfield said "As a trustee of the Lakes Region Scholarship Foundation over the past nine years, I have been hon(b) if it took the light I'm looking at that long to reach my eyes, could I be seeing a star that is actually long gone, as in blown up, or sucked into a black hole?

Could I be, in essence, seeing a ghost?

+++++

I have a rooftop deck, where supine guests and I, on a crisp and clear night, can behold the heavens unimpeded by any ambient light whatsoever. To achieve this, I run around and turn off or shield every single source of light in barns, sheds and house, and get back up to the deck by flashlight.

I try to orchestrate these occasions around the times of the most noted meteor showers---the Perseids and the Leonids of August and November. There, recumbent on the deck,

ored to assist this very

special organization in

distributing much need

scholarships to college

bound students from our

community. I have so

many fond memories of

my time spent volunteer-

ing with fellow Board

members. The Annual

Bee, as well as the An-

nalee Thorndike Art

Competition exhibit are

two events in particular

that I will miss greatly.

My very best wishes to

the remaining trustees

and most especially to

Spelling

Community

armed with mere binoculars, we are inevitably blown away by the brightness and vastness of the Milky Way, and the scope of the all-enveloping blackness, pricked by millions of little pinholes of light.

(Continued from Page A4)

Who gets to do this kind of thing any more? How many of us are able to escape the ever-advancing ambient light---the lights of today, and the new lights winking on all over the land, the very symbol of what passes for progress?

(This column runs in papers covering twothirds of New Hampshire and parts of Maine and Vermont. Letters should include town and telephone numbers in case of questions. Write to campguyhooligan@gmail.com or Box 39, Colebrook, NH 03576.)

(Continued from Page A7)

the very hard-working and extremely supportive administrators: Joan Cormier and Paulette Loughlin."

Caulfield hopes that many area students will take advantage of this wonderful resource and file their application with the Foundation before their upcoming deadline of April 1.

Loughlin added that anyone interested could find out more by checking out the LRSF Web site at:lrscholarship.org.

HARRIS family furniture This is not a sofa bed, it's the launch pad for great mer

PARENTING

Daytime and evening classes are offered free of charge, with free lunch/dinner and childcare available on-site for families in attendance. Advance registration is requested for each program as space is limited. Assistance with transportation is available with advance notice and approval.

Parenting classes beginning in March include:

Parenting Journey (12 weeks) this curriculum is designed for parents who want to learn more about themselves, their relationships, and the resources they need to effectively parent their children. In a warm and nurturing environment, parents are supported to care for themselves and each other, while participating in a series of experiential exercises. Participants are encouraged to reflect on their own upbringing in order to make connections to their experiences as parents. Parenting Journey will be held on Tuesday evenings from 5:30-8 p.m. beginning March 7.

and on establishing nurturing family routines. This class will be held on Thursdays beginning March 9 and participants have the choice to enroll in daytime sessions from 11 a.m.-1 p.m., or evening sessions from 6-8 p.m.

Recent parent education participants have reflected: "I liked that it was a welcoming and comfortable environment to learn." "I feel I have the tools to understand and deal with challenging situations. I feel that as my daughter enters kindergarten we will both be ready to face the new challenges and emotions." For more information, or to register for classes, call Tricia Tousignant, Lakes Region Community Services, at 528-0391, or email tricia.tousignant@lrcs.org or visit our Web site at www. lrcs.org and review our Schedule of Current Parent Education Programs at the Family Resource Center page. Attendance certificates will be provided at all parenting programs sponsored by Lakes Region Community Services, Family Resource Center of Central New Hampshire. For hundreds of families living in the Lakes Region each year, the Family Resource Center of Central New Hamp-

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TENNIS

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(Continued from Page A7)

shire, a program of LRCS, offers respectful, non-judgmental education, early intervention, and support to assist families in their efforts to meet needs, make positive connections, and prepare children for success today and tomorrow because the Family Resource Center believes strong families lead to strong communities.

Lakes Region Community Services (LRCS) is a nonprofit, comprehensive family support agency with a primary focus of providing supports to individuals with developmental disabilities and/or acquired brain disorders and their families. A dynamic human services organization, LRCS offers other essential and critical services to individuals in our Greater Lakes Region communities from birth throughout their lifespan. At the core of LRCS' work are inclusion, acceptance, and building strengths and partnerships - whether at the individual, family or community level. LRCS has offices in Laconia and Plymouth which combine to serve families residing throughout Belknap and Southern Grafton Counties. For more information contact Joanne Piper Lang at 524-8811 or visit www. lrcs.org.

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SECTION

THURSDAY

MARCH 9, 2017



THE GILFORD STEAMER NewHampshireLakesAndMountains.com



Alex Muthersbaugh scored four goals for Belmont-Gilford in playoff action against Monadnock on Saturday.



Muthersbaugh "four" the win Sophomore's tallies lead Bulldogs into semifinals

BY JOSHUA SPAULDING Sports Editor

LACONIA — After a week off, the Belmont-Gilford hockey team took a while to get first we had three or going on Saturday.

But once the Bulldogs got their legs under them, they rolled on to the Division III semifinals with a 6-0 win over Monadnock at Merrill Fay Arena.

Leading the way was

the sophomore potted four of Belmont-Gilford's six goals on the day.

"At the end of the four chances, we just didn't put it in like we should've," said coach Dave Saball. "They knew they needed to just do what they were doing."

The Bulldogs led just 1-0 after that first period but came through with

Alex Muthersbaugh, as an early goal in the second and then cruised from there, scoring two more in the second and then adding two in the third for the win.

> "They're goalie played outstanding," Saball said, noting the 34 saves he was credited with probably was on the low side.

The Bulldogs got plenty of early chances, as Hunter Dupuis,

Harrison Parent and Chaz Hacking all had good looks in the offensive zone, while keeper Bailey Defosie made the only save he needed to in the early part of the game.

Dupuis continued his attack with a good look in alone but he was denied by the Monadnock goalie. Parent and Ethan Becker were next in the offensive attack, getting

some more good pressure but they were denied. Hayden Parent also had a shot denied by the Husky goaltender.

The Bulldogs took the game's first penalty with 6:18 to go in the first period and Dupuis was key on the penalty kill, while Muthersbaugh and Becker had good clears and James Buckley played good defense to help kill off the advantage. Becker

also had a shorthanded bid denied.

The hosts were able tog et on the board with 2:46 to go in the first period, as Dupuis got in with a good look that the Monadnock keeper was able to stop, but the rebound came out in front and Muthersbaugh poked it in the net for the 1-0 lead.

Troy Gallagher also had a look for the Bull-SEE HOCKEY PAGE B3





Sports Editor - Joshua Spaulding - 569-3126 (phone) - 569-4743 (fax) - sportsgsn@salmonpress.com

Curling open houses at PSU March 12 and 15

PLYMOUTH — If you are one of the many who have witnessed the nail-biting intensity, unyielding pressure, and the fiery spirit of the sport of curling and wanted the opportunity to deliver a stone down the ice, well now is your chance. With the Pyeongchang 2018 Winter Olympics only one year away, the interest for the sport of curling is at an all-time high and here is your chance to be involved in the coolest sport on ice.

The beauty of curling is that it can be enjoyed by an array of people. There is no running;

there is no jumping; there is technique and strategy. Given that the game is played on ice wearing sneakers, balance is paramount. Luckily, this skill can be improved on by simply playing the sport. The most physical aspect of curling comes from furiously sweeping in front of the stone as it glides down the opposite end.

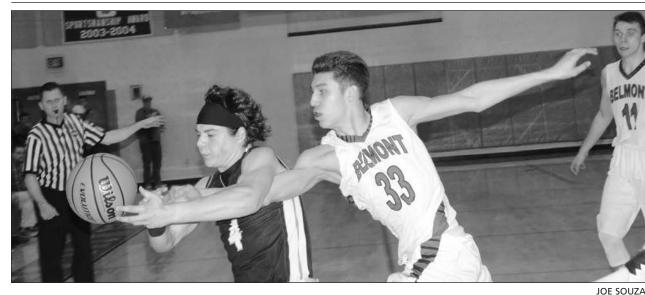
Still not sure if you can curl? The Plymouth State Ice Arena is going to let you try for free so you can find out just how much fun you can have on ice. On Sunday, March 12, from 1 to 3 p.m. and on Wednesday March 15, from 6 to 8 p.m. p.m. the arena will be hosting "learn to curl" open houses. These sessions will teach you the basics of curling and by the end of the night, you will be delivering a curling stone down the ice with the greatest of ease.

All of the equipment will be provided and admission is free (donations are gratefully accepted.) All that is required is that you bring footwear that is clean and free of salt and sand.

More than one session may be attended if desired. Pre-registration is appreciated but walkins will also be accepted. E-mail psu-icearena@ plymouth.edu or call 535-2SK8 (2758) to reserve your spot.

Join in for the spring curling open house to watch, play and even

sign up for a team. See what all the hype is about. Discover the joy and laughter shared amongst teammates and adversaries alike. Curling is an experience that will have people talking, cheering and everyone smiling.



Belmont junior forward Dylan Gansert and St. Thomas Aquinas' Tim Bouchard chase down a loose ball during Division III second round tournament action Thursday.



Belmont senior guard Doug Price, left, and St. Thomas' Sean Kelly battle for the ball in the lane during Thursday's Division III second round tournament contest in Belmont.

Raiders take positive steps

Martin hired as new sports reporter

MEREDITH — Salmon Press Newspapers is announcing the hiring of Bob Martin as the new sports reporter for the Gilford Steamer, Meredith News and Winnisquam Echo.

the Citizen, Martin began with Salmon Press this past Monday, covering the territory formerly covered by Jeff Lajoie.

Martin can be reached at the Meredith office at 279-4516 or by e-mail at A former writer for bob@salmonpress.news.

Register now for spring flag football

REGION The Lakes Region Flag Football League is an NFL Flag youth program and is open to all boys and girls in the Lakes Region area between the ages of 4 and 17. For Spring 2017 the league has expanded to seven age divisions: U6, U8, U10, U12, U14, 15-17 (or high school senior) boys and 15-17 (or high school senior) girls. All divisions except 15-17 are co-ed. Player's age as of June 1.

The registration fee

Credit card payments are accepted online and checks are also accepted. Register online at lrffl.com.

Practices for the U8, U10 and U12 divisions are one hour per week, typically on Wednesday nights, while the U6, U14 and 15-17 divisions will practice on game days one hour before games start. Games are one hour long and are played primarily on Saturday afternoons at the Inter-Lakes High School

covers all expenses for the season, and each player will receive an NFL Flag reversible team jersey and a set of NFL flags to keep.

turf field in Meredith. Like the league on

Facebook at lakesregionflagfootball.

Questions? E-mail lrffl@metrocast.net.

Prospect searching for JV softball coach

ALTON — Prospect Mountain High School in Alton is looking for a JV softball coach for the upcoming spring season.

Anyone interested in the position can contact the high school at 875-3800.

How to

Submit Announcements & Obituaries To Salmon Press Publications

Obituaries and **Announcements** of special events such as weddings, engagements, and anniversaries are published FREE OF CHARGE in any/all Salmon Press newspapers. **Obituaries** can be sent to: obituaries@salmonpress.com Wedding, engagement, and anniversary announcements are welcome at: weddings@salmonpress.com

Photos are also welcome, but must be submitted in jpeg format. Please contact Executive Editor Brendan Berube at (603) 279-4516, ext. 111 with any questions regarding the submission process.

Belmont hoop boys bumped from playoffs in quarterfinals

BY JOE SOUZA Contributing Writer

BELMONT — The season fell short of the major goal, but the Belmont boys' basketball program took another step in the right direction under former Belmont High School standout Jim Cilley.

After recording one of the best season's in program history at 15-3, the sixth seeded Red Raiders took it a step further by knocking off No. 11 St. Thomas 73-59 in the second round of the Division III tournament to earn a spot in the quarterfinal round. It's just the third time the Belmont program has reached the quarterfinals since the 1970s.

"I think the last time we made it to the quarterfinals was back in the 80s," Cilley said. "Three years of hard work has paid off for these seniors. We are heading in a positive direction."

Unfortunately, the Red Raiders would not extend the season a step further. Despite a gritty effort, Belmont fell short in the quarterfinal round – losing to No. 3 Stevens, 72-65, ending its season at 16-4.

The Red Raiders hung tough against Stevens (17-3) before falling short. Belmont trailed just 26-23 at halftime, but saw the host Cardinals come out strong in the third quarter and extend their Belmont – led by seniors Trevor Hunt, Jonny Le-Clair, Doug Price and Hunter Kenney – never gave in and cut the Stevens lead down to five in the final minutes. The Cardinals though put the game away at the line, hitting four key freethrows down the stretch and finishing 19 for 24 at the charity stripe for the game.

Against St. Thomas, it wasn't until late in the third quarter when the Red Raiders - who never trailed in the contest - turned up the intensity on the defensive side of the floor that allowed the hosts to pull away for the win.

Clinging to a 44-40 lead midway through the third quarter, the Red Raiders got the ball inside to Hunt. The senior forward got St. Thomas' Andrew Cavanaugh and Sean Kelly in the air, drew contact while banking in a shot. Hunt capped the conventional three-point play to ignite the Belmont faithful with 3:29 left in the third.

"The key to the game was in the third quarter when we finally got the ball inside to Trevor. That turned the complexion of the game around," Cilley said. "When we finished that tough old fashioned three-point play, it gave us a boost.

"It changed our intensity on the defensive end

lead to 46-36 after three. and on the glass," continued Cilley.

> Hunt's conventional three-point play was followed by a Matt Pluskis three-ball, his third of the night, in a quick 6-0 spurt that gave the Red Raiders their first double digit lead of the night at 50-40.

> Belmont led 56-50 after three, but the defensive intensity had picked up and the hosts carried it into the fourth quarter. The Red Raiders opened the fourth with a 15-4 run, taking a commanding 71-54 lead.

> "We just started doing a better job getting over the top of a couple of their screens because they were shooting behind them... and we did a better job closing out on their shooters and getting our hands high," Cilley pointed out.

> "And we did a better job rebounding," added Cilley. "We were doing a good job boxing out, but our guards weren't going after the ball. After we got the ball inside, Matt Pluskis and Derek Stevens grabbed two big rebounds for us."

> The Red Raiders had five players hit for double figures with Hunt leading the charge with 20 points. The senior forward also pulled down six rebounds and dished out five assists. Pluskis finished with 14 points and seven assists. Price and LeClair both hit for

12, with all of LeClair's coming from behind the three-point arc. Derek Stevens tossed in 11. Tom Pare closed out the Belmont scoring with four points.

For St. Thomas (11-8), Shawn Dekorne poured in 14 points and Cavanaugh netted 12 points to lead the visitors.

Both teams came out firing on the offensive end. Pluskis opened the game with a three-pointer and a Hunt free throw made it 4-0 Belmont quickly. From there, the Saints matched the Belmont offensive outburst and the Red Raiders led 20-18 when LeClair hit a three-quarter court three-pointer before the buzzer sounded to make it 23-18 after one frame.

"I don't think I ever saw two teams shoot that well as they did in the first quarter," said Cilley. "I knew they could shoot the ball and we typically shoot the ball well in our gym, especially in practice. We were able to spread their zone out, get the ball in the paint and back out to our shooters.

"We worked on our zone offensive all week, and we did a nice job executing it," he added.

The offensive fireworks slowed in the second quarter, and the Red Raiders maintained a five to nine-point lead throughout the frame. Belmont led 37-32 at halftime.

Locals compete in alpine **Meet of Champions**

BY JOSHUA SPAULDING Sports Editor

FRANCONIA — Winter made its triumphant return to New Hampshire on Thursday, just in time for the top alpine high school skiers in the state to hit the Taft Training Slope at Mittersill for the Meet of Champions.

The previous night's cold teamed with the

HOCKEY

previous day's warm temperatures made for very icy conditions and at times, the snow falling from the sky teamed with the blustery wind made it tough to see, but the race pushed on as planned.

Belmont had three racers competing on the day and Gilford had just one, though four Golden Eagles had qualified

for the Meet of Champions after top 10 finishes in the Division III State Meet held the previous month.

In the morning giant slalom for the boys, Lars Major of Belmont finished in 22nd place in a combined time of 1:38.38 to lead the way.

Right behind him was teammate Nolan Gag-

(Continued from Page B1)



Keeper Bailey Defosie makes a save in action on Saturday against Monadnock.





Gilford's Jenny Hancock skis in the slalom at Mittersill last week.

non, who finished in 23rd place in 1:39.11.

Major skied to 19th place in the afternoon slalom with a combined time of 1:29.46 and Gagnon did not finish his first run.

Unlike in regular high school races, if a skier loses a ski in the Meet of Champions, they are not allowed to continue, making for a lot of DNFs on the icy slopes on Thursday.

For the girls in the morning giant slalom, Belmont's Katie Gagnon was the top finisher, as she finished in 22nd place in a time of 1:44.24. Gilford's Jenny Han-

cock skied to 32nd place in a time of 1:54.88

In the afternoon slalom, Hancock finished in 23rd place overall with a time of 1:45.21 while Gagnon fell on her first run and did not finish.

Gilford's Bailey Hildreth, Tyler Hanf and Christian Workman all qualified for the Meet of Champions but did not compete.

Joshua Spaulding can be reached at 569-3126 or sportsgsn@salmonpress. com.

Fishing guide to speak at Trout **Unlimited meeting**

PLYMOUTH — Before venturing out on a fishing adventure best to have your gear in proper order, that is having "all your ducks in a row," so to speak. Angus Boezeman will share his experience as a licensed fishing guide in New Hampshire for more than 20 years in preparing you for the start of the upcoming fishing season. His talk will help you take your flyfishing to the next level, so bring your questions and get the answers you've been wondering about. You'll find that a different approach to flyfishing may help build your confidence on the water and add to your fishing enjoyment.



JOSHUA SPAULDING

Harrison Parent chases the puck into the corner in action on Saturday.

dogs in the final minutes, but the period ended with B-G up by a 1-0 score.

After an early bid from Harrison Parent and Becker, the Bulldogs were able to double their lead with 1:13 gone in the frame, as Becker was able to snipe the shot top shelf on the Monadnock keeper for the 2-0 lead.

The pressure continued for B-G, as Becker had a few more chances and Gallagher and Hacking connected on a bid but could not put it in the net. Defosie made a save for the Bulldogs and Buckley also turned in good defense.

Dupuis, Gallagher and Harrison Parent continued to pressure the net and the pressure eventually paid off for the Bulldogs.

With 4:53 to go in the second, Hayden Parent sent a shot on net that was denied by the Monadnock keeper. How-Muthersbaugh ever. pounced on the rebound and put it in the net on an assist from Gallagher for a 3-0 lead.

After Defosie made another save in the B-G net, Dupuis, Muthersbaugh and Becker had chances for the Bulldogs and with 47 seconds to go in the period, Muthersbaugh completed his hat trick, making a nice move on the defense and burying the puck for the 4-0 lead after two periods.

B-G didn't let up in the early moments of the third period, as Harrison Parent just missed Dupuis with a bid and then Muthersbaugh and Hacking had chances as well, both of which were denied.

The Bulldogs got their first power play of the game with 11:01 to go and needed just 29 seconds of advantage to get on the board.

With 10:32 to go in the game, Becker sent a shot on net from the point and Muthersbaugh was able to tip it in for his fourth goal of the game and a 5-0 lead.

Just less than a minute and a half later, Nate Shirley finished off the scoring, as he wrapped the puck around the net and past the Husky goaltender for the 6-0 lead.

The Bulldogs were able to kill off another penalty and Dupuis had a shorthanded bid denied and Belmont-Gilford cruised to the 6-0 win.

"You get a little stale, you need that competition," Saball said of the week layoff between games due to the firstround bye. "As much as you try in practice, it's

still not the same as being in the game.

"But we didn't panic," the Bulldog coach said. "He (the Monadnock goalie) was standing on his head but we knew he couldn't do that all night."

Saball noted that the good thing was the Huskies weren't denying his team chances, just the goaltender was keeping them out of the net.

"The good thing was, we were getting chances," Saball said.

The win propelled the Bulldogs into the Division III semifinals, which took place after deadline on Wednesday at Plymouth State. The Bulldogs were matched up with the division's other B-G, Berlin-Gorham. The two teams split their season series.

"It's easy to get up for a team you know is good," Saball said of his team's anticipation of the Berlin-Gorham game.

The Division III finals are set to be played on Saturday, March 11, at 12:15 p.m. at Southern New Hampshire University Arena in Manchester.

Joshua Spaulding can be reached at 569-3126 or sportsgsn@salmonpress. com.

Come early to the Pemigewasset Chapter of Trout Unlimited, March 21, meeting, 7 p.m. at the Common

COURTESY PHOTO

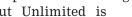
Angus Boezeman will speak at the Trout Unlimited meeting on March 21.

Man Inn in Plymouth and meet Boezeman and fellow fishermen and share some of your experiences. There will be a raffle and a silent auction for a 3-wt fly rod and a few other nice items with the proceeds going toward sending a lucky boy or girl to the Barry Fishing Camp.

Trout Unlimited is

zation with a mission dedicated to conserve, protect and restore North America's cold-water fisheries and their watersheds. Membership is open to all, meetings are free and open to the public. Visit www.pemigewasset.tu.org and like the group on Facebook.

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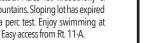
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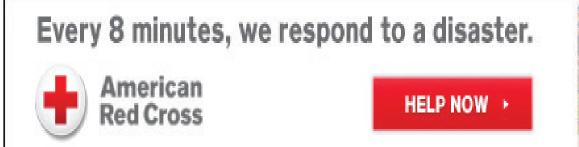




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CARE MANAGER – PER DIEM

Reports to the Director of Nursing. The Care Manager has responsibility for activities and operations associated with the provision of high quality and cost effective patient care in accordance with UCVH's mission and values. The Care Manager is accountable for ensuring efficient and professional social work services for patients and families that are designed to promote and enhance their physical and psychosocial functioning with attention to the social and emotional impact of illness. Responsible for establishing and maintaining productive working relationships with the Medical Staff, the health care team and community agencies and resource providers. Responsible for ensuring appropriate levels of care thru utilization review, chart review and documentation. The care manager is responsible to provide linkage to community resources that support the patients overall well-being. Job Requirements: BSW / MSW - or other human service related field; or NH LPN/RN Licensure, **BSN** Preferred Background in social services or care management.

If interested please apply online: www.ucvh.org Human Resources Upper Connecticut Valley Hospital 181 Corliss Lane Colebrook, NH 03576 603.388.4236 ucvh-hr@ucvh.org EOE



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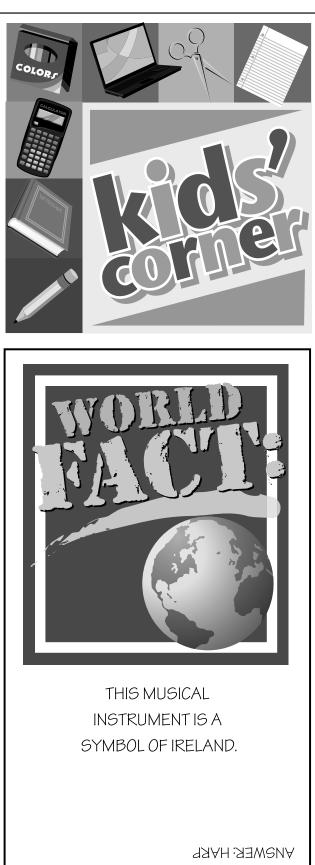




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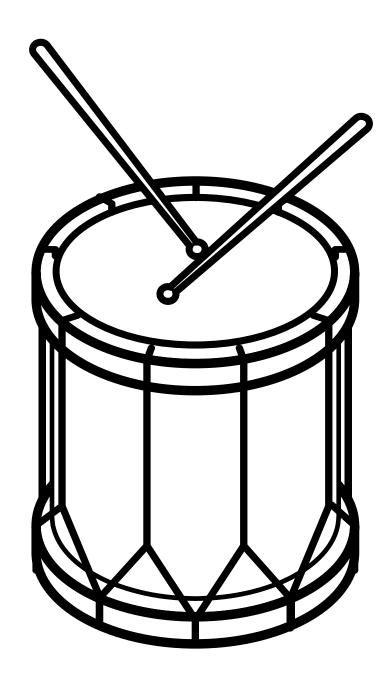
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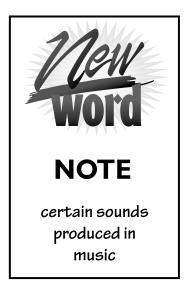


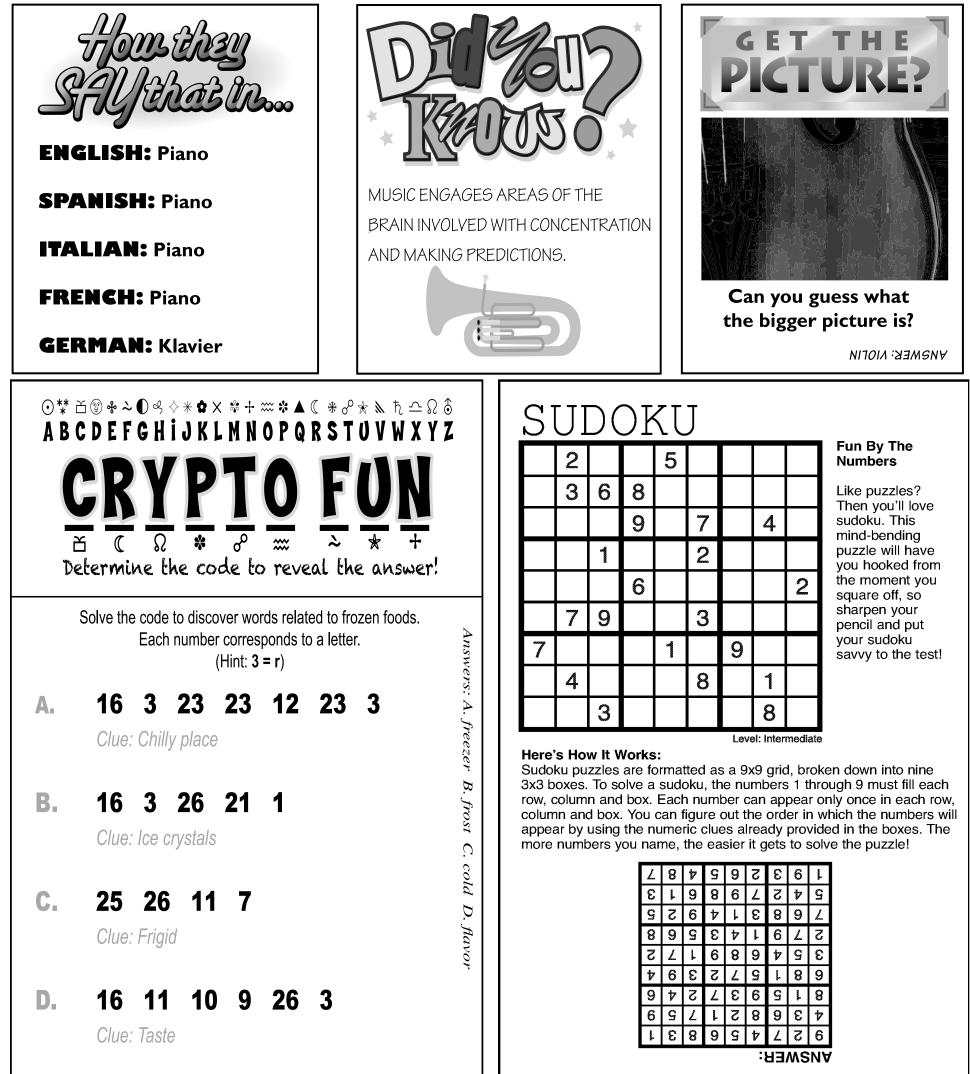


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