

Welding student receives Marsters Scholarship

BY ELISSA PAQUETTE
Contributing Writer

WOLFEBORO — Kingswood alum Kaylee Hooper (2019) returned to the Lakes Region Technology Center on Wednesday, Feb. 11, with her sister Kayla, to represent White Mountain Community College during the College Fair. Both young women are enrolled in the welding program and are enthusiastic about the skills they are learning.

Kaylee was presented with the Marsters Scholarship by the Lakes Region Technology Center (LRTC) Student Services Coordinator Kathy Tetreault at the end of the morning and sat down to talk about life after Kingswood. She and her sister both enrolled in LRTC classes, beginning with metals, and continuing for two years in the precision manufacturing program. Senior year, they both took art classes in the KRHS art department.

They developed programming skills and programmed coordinates to

make parts for their projects, she says. “There aren’t many females in the field,” says Kaylee. Surrounded by mostly males in class, she says she’s found that she and her sister “can do just as much work as they can.” It’s been “empowering” to develop capabilities. “Don’t be afraid of the new,” she says, “The only person who is going to do good for you is you.”

She says she’s entering her second semester with confidence. “I pay attention, do my homework, and work hard in class,” she says, observing that some people let others take over and solve their problems, but that’s not her style. She believes the best way to develop a skill is to practice and work through the difficulties.

“The industry is a little intense,” she says, speaking of the big structures, such as bridges that welders work on. There’s a lot of responsibility, but “the harder the job, the higher the pay” Kaylee says with a smile.



ELISSA PAQUETTE

KINGSWOOD Regional High School alumni (2019) Kayla and Kaylee Hooper (l-r) returned to school to represent White Mountain Community College during the College Fair on Wednesday, Feb. 11. The twins are both studying welding. Lakes Region Technology Center Principal Bruce Farr (left) and Student Services Coordinator Kathy Tetreault welcomed them and also presented a David Marston Scholarship to Kaylee, who recently applied for tuition assistance.

Plenty of events on deck at New Durham Public Library

NEW DURHAM — March has blown in some great events at the New Durham Public Library.

The seed swap program starts in March and will continue through mid-May. Drop off any seeds you don’t need, and pick up some that someone else brought in. The Seed Swap Sack is in the entrance lobby on top of the bookshelves. Help yourself.

Co-Sign, a free program offering baby signs and sign language, runs every Tuesday morning from 10:30 to 11:15 a.m. this month. Although geared toward improving communication between caregivers and

young children, the class is open to anyone with an interest in sign language.

Young children and babies are welcome; play equipment will be set up to keep them occupied.

An Introduction to Signing class is scheduled for Thursday, March 26, from 5:30 to 6:30 p.m. Children are also welcome at this class.

Candidates’ Night is this evening at 7 p.m. Come hear from the people who will be holding Town offices.

Let Magical Lanterns light up your life with the library’s class on Monday, March 30, at 6 p.m. Registration is nec-

essary. Due to necessary preparation work, the deadline to register is Monday, March 23, by 7 p.m.

Each glass jar will come painted with sea glass paint. Participants will add silhouettes, fill materials, and fairy lights to complete the craft.

A variety of silhouettes will be available for the lanterns; when registering, you may request a theme for yours. Dragons, fairies, flowers and animals are among the choices.

All materials will be provided. There is a small supplies fee. The class is open to adults, high school students,

and a parent with one school-aged child.

Regular programming at the library includes Mystery Book Club on the first Wednesday of each month, Book Club on the third Monday, First Steps for toddlers and babies on Thursdays at 10:30 a.m., Storytime for pre-school children on Thursdays at 11 a.m., Mini-Storytime on Fridays at 11 a.m., and Move It! Move It! for children five and under on Fridays at 11:15 a.m.

Call the library at 859-2201 for more information or to register.

Kingswood hosting Arts Knight on March 12

WOLFEBORO — On March 12, the Kingswood Music and Art Departments will present their 20th annual Arts Knight, an evening full of student musical ensemble performances and art exhibits. Beginning at 5:30 p.m. and lasting through 8 p.m., artwork from selected students in grades seven-12 will be displayed throughout the lobby and hallway at the Kingswood Arts Center, while the musical ensembles from the same grade levels will be performing in the auditorium.

Arts Knight takes place in recognition of Art and Music Month, observed in March. It is widely documented that art and music education have the ability to develop self-esteem, cooperation with peers, an appreciation of the work of others, and a sense of pride. While these attributes are celebrated and encouraged daily in the Kingswood classrooms, Arts Knight creates an opportunity for students to share their talents and hard work with parents and community members.

Whether you are able to attend the entire event or only a portion, be sure to mark your calendars for Kingswood’s annual Arts Knight and take in Art and Music month with the students of the Kingswood Regional Middle and High Schools.

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Barnstead Farmers’ Market announces new board members

BARNSTEAD — The Barnstead Farmers’ Market is very excited to announce the following new board members: Erin Stone, owner of the Fox and Crow Farm in Barnstead; Jill Fudala, owner of the Little Red Hen Farm in Pittsfield; and Ashley Martin, owner of Martin Home Décor in Barnstead. The 2020 BACFM Board of Directors includes: Lori Mahar, chair and volunteer market manager; Kim Perkins, Green Apple Resources, treasurer and vendor liaison; Dianna Black, creative consultant; Bob and Cheryl Perkins, Autumnview Farm, CSA coordinator; Britni Lamontagne, advisor to the board; Ashley Martin, social media chair; Erin Stone, Barnstead Farmers’ Co-op

Coordinator; Jill Fudala, Barnstead Farmers’ Co-op, Coordinator. The market is located at the corner of Route 28 and 96 Maple St. in Center Barnstead. They are always seeking volunteers and board members. For more info, please contact Lori at info@BarnsteadFarmersMarket.club.

The Barnstead Area Community Farmers’ Market (BACFM) and its entity Barnstead Farmers’ Co-op is a non-profit 501c3. Their goal is to support local agricultural farms and local craftsmen including wooden crafts, baked goods, jams, jellies and more. The farmers’ market provides a venue for vendors to showcase their craft and expands consumer awareness. It also provides local and

surrounding communities as well as seasonal tourists the opportunity to have a one-stop shopping place for their local based consumables and products. The market focuses on providing opportunities and support for families, local artisans, musicians

and non-profit organizations through events, i.e. farm days, farm to fork festivals, art shows and more. Visit www.BarnsteadFarmersMarket.club and www.Facebook.com/BarnsteadfarmersMarket.

Join the PMHS Rock N Race team

ALTON — Prospect Mountain High is looking for a few more local folks for a PMHS team to walk or run the Payson Center for Cancer Care Rock N Race in Concord at 6 p.m. on May 14. The early registration deadline for the Rock N Race has been extended to March 15. If you register before then, the fee is discounted. The fee gets you a Rock N Race t-shirt, bib, dinner after the race and good karma. All proceeds benefit patients and their families at the Payson Center for Cancer Care. You can register at the Rock N Race site. Click on the little brown box that says “Search for a Participant or Team” and type in Prospect Mountain High to find the link to join the PMHS team or contact Marie Daniels in the counseling office at PMHS at 875-3800 or mdaniels@pmhschool.com.

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Gertrude Romansky presented Boston Post Cane

BARNSTEAD — Gertrude Romansky was presented the Boston Post Cane on March 16 at her home on Parade Road by Selectmen Priscilla Tiede, Rick Duane and Edward Tasker. She and her husband Alexander moved to Barnstead in 1964 purchased the Evergreens Clam Bar, which they operated for four years. Ger-

trude started her career in life at 18 years old by joining the service.

She served her country well. The couple had two children, Marlyn and Richard.

In later years, she was a volunteer for the Pittsfield Senior Center for 12 years.

She also knit hats for Ruthie's Thrift Store. Gertrude loves walking,

reading being with her friends and most of all, her family.

Gertrude celebrated her 97th birthday on Feb. 11.

Town officials wished her well and thanked her for being a special part of the town.



COURTESY PHOTO

GERTRUDE ROMANSKY received Barnstead's Boston Post Cane.

Alton Rec sponsoring bracket challenge

ALTON — The Alton Parks and Recreation Department is sponsoring an online March Madness Bracket Challenge starting March 19. Use the following link now until March 18 to create a free account and play: <http://fantasy.espn.com/tournament-challenge-bracket/2020/en/>. In an effort to streamline the process for families, up to five bracket submissions are allowed per one account.

All ages are welcome, and are eligible to win the grand prize, a \$100 gift card to Dick's Sporting Goods. Challenge rules are on the Alton Rec March Madness

Challenge flier located on the town of Alton web site, www.alton.nh.gov and on the Alton Parks and Recreation Department Facebook Page. Contact the Alton Parks and Recreation Department if you have any questions at parksrec@alton.nh.gov.

Adult volleyball pickup games - ages 18+

The Alton Parks and Recreation Department is sponsoring adult volleyball on Thursdays at the Alton Central School Gym from 7 to 10 p.m. featuring recreational play. Drop in anytime for this free program. All abilities are welcome.

Please use the following link to sign up, <https://www.signupgenius.com/go/10C0F45AFAA2AA5FB6-alton>. For more information, contact the Alton Parks and Recreation Department at 875-0109 or parksrec@alton.nh.gov.

Exercise classes
Zumba classes with Sherry Meyer are Mondays and Wednesdays at the Alton Bay Community Center from 8 to 9 a.m. A fun, cardio workout that will get you moving.
Senior Center Tai Chi is Wednesdays at the Pearson Road Community Center, 7 Pearson Road, from 9 to 10 a.m.

with Marcia Wyman. Improve balance, focus and move with purpose. Sponsored by CAP.

Weight training class with KT is Mondays and Wednesdays at the Alton Bay Community Center from 1:30 to 2:30 p.m. Use light weights to help build strength, muscle and bone density. Try a class for free.

Intermediate Yoga with Sheila Marston is Wednesdays, 7-8 p.m. at the Alton Bay Community Center. Focus is on several breathing techniques, postures and proper alignment.

Suicide prevention training in Barnstead March 7

BARNSTEAD — Connect training on suicide prevention will be offered to professionals and community members on Saturday, March 7, at the Oscar Foss Memorial Library in Barnstead. The session will begin at 9:30 a.m. and go until 12:30 p.m. RSVP to Laurie Raymond at 875-3800 ext. 3160 or lraymond@pmhschool.com.

This program by NAMI NH is offered to adult members of caring communities in New Hampshire to understand how they can prevent suicide. Participants will learn about the impact of suicide; factors that can increase or lower the risk of suicide; the effectiveness of prevention efforts; what people can say or do if they are worried about someone who may be at risk for suicide; connecting someone at risk to key community services and state and national resources.

Please note that people who have had a recent loss to suicide (within two years) find attending a suicide prevention training very difficult. It is important to remember that your own self-care comes first. If you have questions about your participation and/or want information on resources for survivors of suicide loss, please contact Elaine de Mello at edemello@naminth.org.

Rotary Home Show vendor sign-ups ahead of schedule

ALTON — Rotarian Rhys Stucker, chair of the 2020 annual Home, Garden, and Recreational Show, reports more than half of the expected number of vendors have already signed up for this year.

"Our event, since its beginning 12 years ago, keeps growing in size and popularity, attracting hundreds and hundreds of local individuals and families," said Stucker. "Last year, over 1,200 people attended the Home Show and all vendors, both large and small, did very well."

The Alton Rotary Home Show is the only not-for-profit Home Show in New England and all proceeds are donated to local charities in Alton, Barnstead and New Durham, the towns Alton Rotary represents. What makes the Alton Rotary Home unique? It allows vendors to sell their products from their booths, conduct their own raffles, lots of giveaways, and to add to the fun and excitement, Prospect Mountain High School students and members of the 'Future Business

Leaders of America' (FBLA) have arranged for four food trucks to be present offering a wide variety of food to satisfy everyone's culinary tastes. The date for the Home Show is May 2, 9 a.m.-4 p.m. at Prospect Mountain High School. Free entry and parking. To sign-up as a vendor, a sponsor, or both, which offers many perks and benefits, contact Stucker now while space is still available at 805-727-3376, at www.theacrc.org, or e-mail home-show@theacrc.org. Rotary is a non-religious,

non-political, non-profit worldwide service organization dedicated to 'Service Above Self.'

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We Will NOT be Undersold

Do your research and vote

We asked and again local candidates and residents delivered.

We asked candidates to submit letters to the editor to tout their experience and give reasons as to why they believed voters should vote for them on Tuesday.

This week alone we have a number of letters on our pages, pretty much the largest number of letters we've received since last year at this time. While not all of them are from candidates, almost every single one of them is about the election. There are letters from candidates, there are letters endorsing candidates and there are letters asking voters to support certain warrant articles.

We believe that there is no better way to help your community than to get involved with your town, be it at the governmental level or elsewhere and the number of races on the ballot this year shows us that there are some good people looking to get involved in their community.

Obviously, not everyone will win and we are sure that when are papers come out next week there will be some disappointed people, but the good thing is, win or lose, people made a stand and volunteered to help their community and that's always a positive.

We pledged to publish every letter from a candidate that came in at the 550-word limit or less and we are grateful to our paginators and accounting department for making sure we had enough space to do that.

Now, we hope that residents in each community will take a moment and read the letters from candidates in their communities and learn about who is running for what and what each person brings to the table.

Alton and New Durham residents, in addition to the voting on the town and school district positions, will also have a number of warrant articles to choose from.

We've said it before and it's worth saying again, local government is where the regular citizen can make the most difference in his or her community and we hope everyone who has been inspired, one way or another, by the recent national election, will continue to try to be involved in their community.

As local residents head to the polls, we again urge everyone to take time to learn about what they are voting on and take the time to do any research necessary to make sure you are making the right decision. Voting 'no' or 'yes' without reason is not doing anyone any good.

In Alton, voting will take place at the St. Katharine Drexel Church lower level from 7 a.m. to 7 p.m. This is the same location that they moved to last year.

In Barnstead, voting will take place at Town Hall from 7 a.m. to 7 p.m.

In New Durham, voting takes place from 8 a.m. to 7 p.m. at the New Durham School.

Get out and do your part on Tuesday and show you care about your community.



COURTESY PHOTO

Super Knights

The following Kingswood Regional Middle School students received the January Super Knights Award for Honesty. Back row (l to r), Emma Prentice, Garrett Burke, Rowan Donovan-Laviolette, Cole Garland, Kaitlyn Beaulieu, Abigail Hicks, Edward Evans and Brady Clarke. In the front row (l to r), Isabella Garry, Kylie Rapoza, Lilliana Duque.

Letters to the Editor

Vote no on article 36

To the Editor:
The town of Alton's Warrant Article 37, Bay Dock Work, should be rejected by the voters on March 10.

This warrant article will establish the precedent of taking, repairing and refurbishment of private property using taxpayers monies. The selectmen have stated the dock attached to the restaurant (Shibley's on the Pier) in Alton Bay belongs to the town. It does not. One half-hour of research uncovered three public documents, which clearly proves it is not owned by the town but by the restaurant owner, nor is the ownership a "grey area."

The first document shows the current tax card lists the dock as property of the restaurant and the town taxes the dock as belonging to the restaurant.

The second document shows a 2001 state wetlands application made

by the owner, requesting to remove and replace this dock, includes a drawing of the dock and lists the owner as P. Shibley.

The third document shows that in fact, the town only owns the land under the restaurant and structures (building, cooler, dock).

The current lease was renewed, amended and approved by voters in 2012. The paperwork includes a 2008 tax card with the dock drawn in, as part of the structures.

These three legal documents prove this dock is not town property, as was stated at the town Deliberative Session and to the budget committee.

Furthermore, in section five and 20 of the lease agreement between the town and the owner, it states that the lessee shall maintain the property "at its sole cost" and "in a good state of repair." The selectmen have stated that

this dock has "valid safety concerns" and is in "poor condition." Why should the Alton taxpayers pay to rebuild a dock in disrepair that it doesn't own?

Think of the liability to the town of an unsafe dock, on rented town land that was allowed to be used all season long after the select board had discussed its poor condition at its May 6 meeting and later meetings. Shouldn't the owner have been notified and reminded of his responsibilities instead of pursuing the path of taking of private property?

The voters have not been told that the lease will have to be changed upon passage of this article. In the Oct. 21, 2019 minutes, the town administrator noted, "... the lease agreement should be amended to reflect the changes..." and that "the town attorney will do this if the board is in agreement with the

plan to move forward." The voters are being bypassed on lease changes.

If this article passes, there is still no document stating that the town owns this dock. We are being asked to fix it before we may (or may not) own it.

A review of the amount of money the town has raised over the last few years for the bay projects needs to be considered as well. In the last five years, Bay articles have equaled \$440,000 (averaging \$88,000 per year) with this year's request bringing the total to \$525,900.

If you believe this is the last of a spending spree, bad news. At the Sept. 24 selectmen's workshop meeting, minutes revealed the mindset of the board. The need for a seaplane base was discussed.

Please vote no on article 36. Thank you.

ROBERT LORING CARR
ALTON

Support Article 13

To the Editor:
"No Unfair Personal Use of Town Property: No public servant shall use town property, services, or labor personally, or make the same available to others unless such use is available to other residents and taxpayers upon request

on equal terms." This is Article 13 in New Durham's Warrant to be voted on Tuesday, March 10.

The reason for adopting it is because the ethics policies are not binding, and no board (including the board of selectmen) has the au-

thority to enact ethical guidelines to bind members of other boards according to what attorney Christine Fillmore and David R. Connell published for the New Hampshire Municipal Association.

New Durham's policy may be a good guideline

however it is also not enforceable. RSA 31:39-a, the Conflict of Interest Ordinance provides for that. The unfair personal use of town property needs consequences provided in RSA 31:39-a in order to act as a deterrent.

This ordinance could

cause removal from office; actual removal must be by petition to the superior court.

The cost of petitioning the court under an "ordinance" is no different than filing a petition under a "policy" however, a "policy" has no standing in court and

would be dismissed before getting a hearing. Under an ordinance, a neutral judge would decide and not the selectmen.

DAVID BICKFORD
NEW DURHAM

Support Alton's roads

To the Editor:
Alton's 2020 Deliberative Session, held on Feb. 3, was well attended. A total of 44 Warrant Articles were presented, discussed and voted upon. Most were quickly approved without comment. A few prompted some debate, with reasoned arguments presented both for and against. The board of selectmen and the budget committee members

seemed to be well informed on the subjects and provided valuable background information.

By far the issue which received the most public comment was Warrant Article 19, which proposed \$950,000 for a Capital Reserve Fund for reconstruction and upgrade of public roads. Several citizens expressed their concerns about the poor and in

some cases unsafe conditions of certain roads. Some gave examples of specific roads where badly needed repairs have been promised for several years, but not performed.

The town typically includes some funding for highway reconstruction in each year's budget, voted on as a warrant article. Based on the public input, it appears these amounts have been less

than adequate, resulting in a gradual deterioration in the overall condition of town roads. Last year, surprisingly, voters rejected the requested funds altogether, leaving the town with no money at all for this ongoing need.

Just like schools, police, and fire protection, good roads are basic responsibility of local government and must be supported by taxpay-

ers. The board of selectmen held a special meeting on Feb. 10 with the highway manager and agreed on a plan for road work in 2020. The plan seems well thought out but can only be implemented if voters approve the funds.

Please take the time on Tuesday, March 10, to vote in our town election and support Warrant Article 19, the Highway Road Construction Capi-

tal Reserve Fund. Voting is at the Saint Katharine Drexel Church on Route 28. The polls are open from 7 a.m. until 7 p.m. Voting only takes a few minutes and can make a big difference for our town.

DICK SHEA
ALTON

Letters to the Editor



Markland has the right qualities

To the Editor:
Hello, fellow community members. My name is Kelly Sullivan and I'm writing today in support of John Markland for Alton Selectman.
Some of you may recognize my name from my volunteer work in the community or from the small business community, in which my family and I own a two-generation excavation and hardscape company here in Alton.
To date, all of my letters to the editor have been to thank the community, either for its support (of Project Backpack) or for attending an event that one of the groups I am involved with has sponsored (ice skating, dog shows, fifth and sixth grade voices program).
My typical community action is as a behind-the-scenes volunteer, and in the private sector and not in the political arena.

With Sydney Shapleigh stepping down from her position on the board of selectmen after many, greatly appreciated years of service to the town, I feel now could be a very important turning point for our board and community.
I have been to several selectmen's meetings as well as the last deliberative session. Sydney always seemed to come to the table without any personal agenda. She was open-minded to the facts and she would listen to everything involved in a situation before casting her vote. If she had further questions or needed more information, she would look for that before voting.
In my opinion, John Markland holds these same important qualities, and I saw them demonstrated when he was last a selectman. In addition to his prior experience as selectman,

John is currently on the budget committee and has a great deal of experience with budgeting. John is open-minded and consistently listens to everybody in the community, including people with views that differ from his own. These are qualities that are much needed on the board of selectmen, and these are qualities that best reflect the town of Alton, as a whole.
Because John Markland exemplifies these qualities, I will be casting my vote for him on March 10 and ask that you do as well.
On a side note, Reuben Wentworth is a current selectman running for his seat. I do feel that he votes in a way that he thinks is best for our town, as well.
Thank you for your time.

KELLY SULLIVAN
ALTON

Markland, Wentworth the best choices

To the Editor:
In the Alton town election on March 10, the voters will be choosing two selectmen from three announced candidates, Rossiter "Bob" Holt, John Markland and Reuben Wentworth. All three are people dedicated to their community, as shown by their willingness to serve, but two of them have shown better judgment regarding the future of our town. Fiscal responsibility is a vitally important factor. But it is more than just saving taxpayer money in the short run, if the dollar saved today will cost the taxpayers \$5 in the long run, that is far from fiscal responsibility.
Two of the Warrant Articles discussed at the recent Town Deliberative Session illustrated the importance of thinking ahead. Warrant Article 19 would allot \$950,000 (offset by an estimated \$201,000 grant)

for reconstruction of town roadways. Considering the poor conditions of some of our roads (such as those in the Stockbridge Corner and Roberts Cove areas), the costs of repairs and reconstruction will only increase with further delay.
Article 42 provided \$10,000 for Community Action Program ("CAP"), which provides "Meals on Wheels" and senior transportation for seniors in our town. These programs help keep seniors in their homes longer, avoiding much more costly nursing home care. Many of our town residents are not aware that as a result of various state statutes much of the Medicaid funding for nursing home care comes from local property tax. (Last year Alton property owners paid approximately \$700,000, up from approximately \$630,000 in 2014). Consequent-

ly, fiscal responsibility clearly calls for action to allow seniors to remain in their own homes as long as safely possible. CAP is vitally important to that effort and should be supported. That support is beneficial to our seniors and to the taxpayers.
Two of the candidates supported these Warrant Articles. Mr. Wentworth joined the other four selectmen in voting 5-0 to recommend both Article 19 and 42. Mr. Markland voted as a member of the budget committee to recommend both. Mr. Holt was the lone "no" vote on both articles in the budget committee. In my view, John Markland and Reuben Wentworth have both shown the good judgment and foresight that make them the best choices for the Alton Board of Selectmen, and I urge you to vote for both.
HUNTER TAYLOR
ALTON

Holt and Wentworth have their support

To the Editor:
As concerned taxpayers, we'd like to encourage the citizens of Alton to support Bob Holt and Reuben Wentworth for select board in the upcoming town election.
Both gentlemen have vast experience serving as select board members as well as serving on other town boards. They will apply their knowledge in looking out for the taxpayers of Alton.
Anyone who knows Reuben knows of his love for the town he grew up in and for the many ways he has helped the

community throughout the years, both as an elected official and a caring neighbor.
Bob Holt has been a property owner in Alton for many years and was elected to the budget committee in 2019. He feels it's important to research how every tax dollar is spent and will never vote to spend those dollars without knowing exactly how the money will be appropriated. In this regard, Bob believes select board members should be provided with any and all information well

in advance of meetings so as to evaluate whether those tax dollars are spent on actual needs of the town or the wants of a few. Reuben and Bob are both dedicated to preserving the quality of life that's made Alton a great town to live in.
On March 10, please join us in supporting these fine candidates. Vote Bob Holt and Reuben Wentworth for Alton select board.
PHIL AND CHRIS WITTMANN
ALTON

Holt seeking Alton BOS seat

To the Editor:
My name is Rossiter (Bob) Holt and I'm asking for your vote March 10 for board of selectman for the town of Alton.
Some of my past public service in two other New Hampshire towns (Merrimack and Colebrook) includes seven and a half years as selectman, four years on

the budget committee, selectman planning board rep for three years and water commissioner 11 years. In 2019, I was elected to Alton's Budget Committee.
I would like to put my past public service experience to work for the Alton taxpayers and will work hard to maintain Alton's low tax rate, help

develop a detailed road management program, improve accountability, conserve spending and keep Alton the great and beautiful town that it is.
Exercise your right to vote on March 10. Vote Holt (I do my homework).
ROSSITER (BOB) HOLT
ALTON

They support Holt and Wentworth

To the Editor:
This is our version of "Markland running for Alton Selectman" letter to the editor, Feb. 27 edition. Mr. Markland claims he listened to department heads and employees about their concerns trying to adequately perform their duties with the budgets we presented them. The way we saw it was, Hey, I'm on the budget committee What can I do to defend the budget you will be submitting? We don't remember Mr. Markland ever voting for any reduction in any line item of any department's budget when he was a member of the budget committee. As

selectman, Mr. Markland rarely attended his committee assignments unless it was to push his agenda like convincing the planning board to give UNH cooperative extension \$2,500 dollars in an effort to convince the taxpayers there was an interest in a five to seven million dollar community recreation center using a front group 'All in for Alton' that was tasked with creating a community profile project. After he had already convinced the BOS to create a recreation facility committee. Under his term on

the BOS, we had some of the largest tax increases we have seen barring building a new school or renovating an existing one. He lobbied for an increase to the already fair increase of the pay scale for town employees. We see Mr. Markland as an agent of the town employees and special interest groups and not a representative for all the people of this great community. That is why we will be voting for Mr. Holt and Mr. Wentworth for selectman.
RAYMOND AND BARBARA HOWARD
ALTON

Genest running for school board

To the Editor:
Thank you to everyone who voted for me last year. I am running for school board again this year.
I was born in New Hampshire and have lived here all my life. I went to all the schools in Pittsfield, graduating in 1980. I also took classes at NH Technical College in Concord.
I feel saddened when I hear of people in Barnstead who are having a hard time paying their

property taxes; especially the elderly who are forced to sell their vehicle in order to pay their taxes.
Our school board system is a five-person board, which should have at least one or two people with opposing views, not all five members who have the same views and all vote the same. Otherwise we might as well have a one-person type school board; and let one person make all the deci-

sions.
When you vote in March, if you vote for the other candidates, say to yourself, 'I like high taxes,' and check the box with their name. Or, check the box next to my name and say to yourself, 'I want some control over spending and want lower taxes.'
Thank you for your consideration and your vote.
KEVIN GENEST
BARNSTEAD





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Public Notice

TOWN OF NEW DURHAM

The Town of New Durham Election will be held on **Tuesday, March 10, 2020** from 8 a.m. to 7 p.m. at the New Durham Elementary School, 7 Old Bay Road, New Durham.

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Letter to the Editor

Museum continues to move forward

To the Editor:
The Lakes Region Model Railroad Museum (LRMRM) continues to move ahead. We are working with the town to meet the requirements for the town to issue a permit for us to proceed with rehabilitating the Freight Shed near the Railway Station.
There are two requests of you, the voters of Wolfeboro. Firstly, please vote yes on Warrant Article 32 on the ballot on March 10. By doing so, you will confirm that the town's contribution of \$95,000, already set aside in a Capital

Reserve, will be used to help match a \$130,000 grant we have received from the Land and Community Heritage Investment Program. It will also enable the town to pay contractors directly from this Capital Reserve. Approving this Warrant Article will have no impact on the town's tax rate.
Secondly, we have received a \$25,000 donation requiring a 1:1 match from the public. Please help us meet this requirement by making a donation to LRMRM at PO Box 713, Wolfeboro, 03894. We will be

extremely grateful for each and every contribution towards this match, and we will keep you informed of our progress.
If you would like to learn more about the museum, visit the Wolfeboro Bay Hobby Shop next to the Country Bookseller at Durgin Stables, open year-round, and talk to Rob Olive. Did you know we have a new hobby shop in town?
Thank you very much indeed for your ongoing support of your new museum.
JOHN SIMMS
PRESIDENT, LRMRM



COURTESY PHOTO

PERFORM IT! students rehearse a scene from The Tempest.

The Tempest coming to Wolfeboro March 19-22

WOLFEBORO — Perform It! Stage Company, a Lakes Region based high school theater company, is presenting Shakespeare's The Tempest March 19, 20, 21 at 7 p.m. and March 22 at 2 p.m. at Brewster Academy's Anderson Hall in Wolfeboro. Adapted by Christopher Dudley and co-directed with Lachlan Plache, this production incorporates clear and entertaining narrations, which make for an exciting and accessible presentation of one of Shakespeare's most famous plays
Betrayal. Mercy. Revenge. In what is known as one of Shakespeare's last plays, these themes come up again and again. Prospero (played by Axel Plache), is a powerful sorcerer and former Duke of Milan. Obsessed with study, he has neglected his dukedom, and been overthrown by his conniving brother Antonio (played by Riley Chick) with the help of Queen Alonso of Naples (played by Hope Collins) and her brother,

Sebastian (played by Dax Rivera). Stranded at sea with his infant daughter, Miranda (played by Anya Nicoll), he chances upon an island where he can take refuge.
Twelve years have since passed, and in that time Prospero has built a kingdom of four, with the spirit Ariel (played by Ginger Plache), and the deformed creature Caliban (played by Nathan Barcelona), serving his and his daughter's needs. When he finds out that Queen Alonso, Antonio, and Sebastian are all on a ship nearby, he uses a Tempest to strand them on the island, along with the other passengers.
Among those stranded are the faithful and kind servant Gonzala (played by Lily O'Connor), Francisco, (played by Jacob Chick), and Adriana (played by Tava Nicoll). The Queen's son Ferdinand (played by Peter Dudley) is stranded on a different part of the island where he falls in love with Miranda. Providing comic relief

are the Queen's butler Stephano (played by Ellie Caron), and jester Trinculo (played by Maddie Barcelona).
The ship's crew include a Ships Master (played by Nathan Chick), a Boatswain (played by Danielle Caron), and a Mariner (played by Campbell Collins).
The story is narrated by storyteller Balthazar (played by Peter Dudley) and townspeople Elizabeth (played by Ellie Caron).
Rounding out the cast are spirits, villagers, and goddesses (played by Elsa Kantz, Abbey Langlois, Alaina Perkins, Eden Anderson, Campbell Collins, Emily Barcelona, Dominic Barcelona and Meara O'Connor).
Tickets may be purchased from students, at Black's in Wolfeboro, online at www.performit-stagecompany.com or by calling Wendy at 998-7111. Tickets may also be purchased at the door.

Bolduc to address Belknap County Republicans

LACONIA — he Belknap County Republican Committee (BCRC) has scheduled their next monthly meeting to be held on Wednesday, March 11, at 6:30 p.m. The meeting will be held at the Laconia VFW Post 1670, 143 Court St, Laconia.
This month's guest speaker will be US Senate candidate Brigadier General Don Bolduc. General Bolduc served in the US Army for 36 years and led one of the first groups in Afghanistan after the 9/11 attacks, riding on horseback to take control of the southern Afghan region from the Taliban. He was one of the few survivors of both a helicopter crash and a 2,000-pound bomb that inadvertently targeted on his position by friendly fire. His services included assignments as Commander, Combined Joint Special Operations Component Commander in Afghanistan, as Deputy Director for US Africa Command (USAFRICOM) and as Special Operations Command-Africa (COMSOCAFRICA). General Bolduc was raised on the Bolduc Family Farm in Laconia, where his father served as a long time city councilor and Mayor. General Bolduc has three children and three grandchildren, and lives in Stratham with his wife Sharon and his service dog, Victor. General Bolduc will share his reasons for running for US Senate, and his goals, if he wins the US Senate primary in September and then goes on to defeat the current Democrat US Senator Jeanne Shaheen in the November election. He will also take questions after addressing the committee.
Belknap County GOP meetings are open to all Republicans and like-minded Independents.
Once again, the committee strongly encourages its members to continue to bring non-perishable food items for donation to local food pantries.
For more information about the committee, please check the committee's web site at www.BelknapCountyGOP.org or send an e-mail to alan.glassman@gmail.com.



ALTON POLICE LOG



ALTON — The Alton Police Department responded to 129 calls for service during the week of Feb. 23-29, including five arrests.
One male subject was arrested for driving after revocation or suspension.
One male subject was arrested for unlawful possession of alcohol and possession and use of tobacco products by minors.
One female subject was arrested for driv-

ing/operating under influence of alcohol.
One male subject was taken into protective custody.
There was one motor vehicle summons arrest.
There was one motor vehicle accident.
There were two suspicious person/incident reports on Dudley Road and Powder Mill Road.
Police made 61 motor vehicle stops and handled four motor vehicle complaint-incidents.
There were 61 other

calls for services that consisted of the following: Three fraudulent actions, one employment fingerprinting, five assist other agencies, two juvenile incidents, one domestic complaint, two general assistance, two miscellaneous, five alarm activations, two highway/roadway hazard reports, one general information, one vehicle ID check, one untimely, one sex offender registration, one civil matter, two wellness checks, one disabled motor vehicle, 16 directed patrols, two medical assists, nine property checks and three paperwork services.

NHEC announces reduction in electricity supply rate

REGION —New Hampshire Electric Cooperative's (NHEC) Board of Directors approved a 26 percent reduction to its members' electricity supply rate.
The rate reduction applies to the co-op power portion of members' bills, and will result in an overall bill decrease of more than \$11 for the average residential member using 500 kilowatt-hours (kWh) per month.
NHEC typically adjusts its co-op power rate in November and May every year. This rate reflects the cost NHEC pays to purchase electricity from the market

on behalf of its members. The price NHEC pays for this power is directly passed along to its members who do not buy their electricity from a competitive supplier.
Since the winter period co-op power rate was set in November, the market cost of electricity has plummeted. This precipitous drop in market prices, below what was forecast, has allowed NHEC to procure electricity for its members at a lower cost. Recognizing the difference between the current rate and market prices, NHEC has adjusted the co-op power rate outside of the normal cycle, which will provide the benefit of these low market prices back to members as soon as possible.

The lower than expected market prices are due to many factors that have impacted electricity costs over the past few months. Most notably, New England has experienced a very mild winter, which kept the cost of electricity low. Temperature is closely linked to the price of electricity, as it drives the demand for more energy during the cold, dark months of winter, and hot, humid summer months.
As a result of the board of directors' vote, NHEC's co-op power rate will drop from 8.8 cents per kWh to 6.6 cents per kWh. NHEC's members will see the benefits from this rate reduction starting in their March bills.
"I am pleased that we were able to move quickly to reduce our rates and pass along the benefit of the low market prices to our members," said Steve Camerino, president and CEO of NHEC. "NHEC is a non-profit cooperative and we operate at cost, so our rates reflect the expenses we incur to serve our members. We are a member-driven organization so passing along these savings to our members as quickly as possible is a priority for us."

**TOWN OF NEW DURHAM
ZONING BOARD
PUBLIC HEARING NOTICE**

**THURSDAY, MARCH 12, 2020
7:00 PM @ NEW DURHAM TOWN HALL**

Arthur and Challis Krulewitz

You are hereby notified that a Public Hearing will be held by the New Durham Zoning Board on Thursday, March 12, 2020 at 7:00 pm at the New Durham Town Hall case # 2020-004. The hearing is regarding an application and plan submitted by Terrain Planning & Design LLC. on behalf of Arthur and Challis Krulewitz. The applicant is requesting a variances from: Article VI Section C.3: General Provisions Use Regulations for Town of New Durham General Requirements Sewage Disposal and Leach field Setbacks.

The property is located at 228 South Shore Road, Map 112 Lot 001.

**2019-2020
Spring Coaching Position**

Alton Central School, pre-k-8, is seeking qualified applicants to coach the following sport for the 2019 – 2020 season.

Boys' Middle School Baseball

If interested please apply through AppliTrack at: <https://www.applitrack.com/altonk12/onlineapp/>

**Application Deadline:
March 20, 2020 or until filled**

If you have any questions contact
Russ Perrin, ACS Athletic Director
rperrin@sau72.org or 603-875-7500 x 328

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THE REAL REPORT

RECENT REAL ESTATE TRANSACTIONS

Town	Address	Type	Price	Seller	Buyer
Alton	1416 Mount Major Highway	Multi-Unit Apartment building	\$300,000	Eric G. Gustafson RET	Jason D. and Kami Marceau
Alton	Route 28A	N/A	\$395,000	John R. and Paula M. Hughes	Thomas J. and Christine Talbot
Alton	N/A (Lot 125)	N/A	\$42,533	Reed-Conrad NT and Moira D. Reed-Conrad	Johnson Fiscal Trust and Linda K. Johnson
Barnstead	N/A (Lot 1)	N/A	\$83,000	Edward W. and Mary A. Roy	Jeffrey S. Wood and Heidi Burns-Wood
Barnstead	Holly Lane (Lot)	Residential Open Land	\$24,000	Timothy J. and Kathleen M. Lambert	Geraldine M. and Timothy L. Palmer
Barnstead	61 Shaw Rd.	Single-Family Residence	\$429,066	Juvet Fiscal Trust and Davie A. Juvet	Jennifer M. and Michael A. Wood
Barnstead	N/A (Lot 12)	N/A	\$28,000	Nicholina Bischoff RET	Claude C. and Cindy L. Charette
New Durham	N/A (Lot 1)	N/A	\$265,000	Verge Agency Inc.	Maureen and Richard Gibson

ABOUT THE REAL REPORT

Here are recent real estate transactions in Alton and the surrounding areas. These sales summaries are informational only, not a legal record. Names shown are usually the first listed in the deed. Sales might involve

additional parties or locations. Prices are usually based on tax stamps and might be inaccurate for public agency sales. Refer to actual public documents before forming opinions or relying on this information. Additional publicly recorded information on these sales, prior sales and data from Department of Revenue Administration forms is available at www.real-data.com

or 669-3822. Copyright 2011. Real Data Corp. In the column "Type": land= land only; L/B= land and building; MH= mobile home; and COND=condominium. Transactions provided by The Warren Group, Boston Ma., publishers of The Registry Review and Bankers and Tradesman newspapers, Phone: 1-800-356-8805. Website: www.thewarrengroup.com

Build a birdhouse with MMRG on March 21

MILTON — On Saturday morning, March 21, Moose Mountains Regional Greenways (MMRG) will offer a birdhouse building activity for families. This event is part of MMRG's 2020 'MOOSE-ies for Families' program, intended to encourage the next generation of conservationists by offering families ways to have fun together outside while learning about the natural world.

MMRG will provide pre-cut and pre-drilled pieces of wood so that volunteers, parents and other adults can help children assemble the birdhouses, with one for each family to take home. MMRG's Lorrie Drake is enthusiastic about this event, "The houses the kids build are just the first step. We hope to provide information on proper placement of the birdhouses and if time and weath-

er permit, we'll take a walk outside to look at good locations. We want families to be able to put up their houses so that they can watch a pair of birds use the house to raise a family. Kids and adults will love watching birds go in and out of the house, first carrying nesting materials, then food for the babies, and eventually seeing the young birds emerge. It's a wonderful way to create a lifelong interest

in birds and the natural world."

The birdhouse building activity will take place from 10 a.m. to 12 p.m. in Milton Mills, led by MMRG staff and volunteers. Children of all ages with their families are welcome but pre-registration is required. 'MOOSE-ies for Families' events are a membership benefit for MMRG member families, but non-members are encouraged to try

out their first family activity for free. For more information, directions and to pre-register, call MMRG's Educational Outreach Coordinator Kari Lygren at 978-7125 or e-mail mmrgnh@gmail.com. Interested families may join MMRG with an online donation per household per year at www.mmrg.info or inquire about available scholarships by calling 473-2020.

MMRG, a non-prof-

it land trust, works to conserve and connect important water resources, farm and forest lands, wildlife habitats, and recreational land in Brookfield, Farmington, Middleton, Milton, New Durham, Wakefield, and Wolfeboro. For more information, a calendar of upcoming educational events, and the full list of 2020 'MOOSE-ies for Families' activities, visit www.mmrg.info.

Spring nutrition classes offered in Wolfeboro

WOLFEBORO — Patty Walker, local Register Dietitian, is pleased to offer both a sugar detox program and a reclaim your health program to help you with your Spring wellness goals. Choose the one that's right for you and sign up today.

Sugar detox program
Walker recommends her sugar detox program

to anyone ready to crush their sugar addictions while also learning the foundations of a healthy diet. This program eliminates all sugars, processed flours and artificial sugars. More than 300 people have taken this program. Results include weight loss (if desired), less bloating and body aches, improved sleep and energy and better control of

cravings. Attendees get shopping lists and recipes for the program and group classes offer wonderful support. This program meets Wednesday nights, 5:15 - 6:30 p.m., March 18-April 15.

Reclaim your health
This program helps participants learn the most important habits to create a healthy, long life by adopting the lifestyles

of the healthiest populations. Participants learn how to gradually reduce animal products and adopt a more whole food plant-based diet. The goal is trying to reach 80 percent or higher plant-based intake by the end of the five weeks. Other topics including activity, sleep, stress reduction and the importance of purpose and human connection are all dis-

cussed. Walker states, "It may be possible to halt or in some cases reverse chronic diseases with the tools from this course." This class is offered Thursday nights, 5:15-6:30 p.m., March 19-April 16.

All classes meet at Still Waters Health and Wellness Center, 6 Grove St., Wolfeboro. There is an early bird discount for those who

sign up a week or more ahead. Please visit www.pattywalkerrd.com for further information about the programs and to read testimonials. Pre-registration is required and classes fill up quickly. Contact Walker at 520-3176 to register.

Boat Museum turning attention to new facility

WOLFEBORO — With the immediate needs of New Hampshire Boat Museum's existing building on Center Street addressed in 2019, the focus has shifted to planning for the construction of a new year-round building in Wolfeboro.

The campaign and NHBM itself received a boost in 2019, according to Executive Director Martha Cummings, when John Robinson, renowned Lakes Region builder and founder of Wood and Clay in Gilford, joined the site planning committee.

"He has offered his

expertise as project consultant for the planning and construction of the new facility, which will be located on Bay Street," she said. "We are all thrilled to have him on our committee and believe his expertise will be invaluable."

Since its founding in 1979, Wood and Clay has built more than 200 luxury homes throughout the Lakes Region of NH, primarily along the shores of Lake Winnepesaukee.

"His love of the lakes and fine craftsmanship inspired him to incorporate the use of sustainable and green building practices in many

of the homes he built," explained Cummings. "John and his wife Leslie are passionate about our lake life culture and are determined to preserve it for future generations."

Founded in 1992 by antique and classic boating enthusiasts, NHBM is committed to inspire people of all ages with an understanding of, and appreciation for, the boating heritage of New Hampshire's fresh waterways.

To learn more about NHBM, or its Capital Campaign, visit nhbm.org.

Hanson on Hofstra University Dean's List

HEMPSTEAD, N.Y. — Sydni Hanson of New Durham excelled during the Fall 2019 semester, achieving a GPA of at least 3.5 to earn a spot on the Dean's List.

Hofstra University is a nationally ranked and recognized private university in Hempstead, N.Y. that is the only school to ever host three consecutive presidential debates (2008, 2012 and 2016). The campus is a leafy oasis just a quick train ride away from New York City and all its cultural, recreational and professional opportunities. They offer

small classes and personal attention, with the resources, technology and facilities of a large university. Students can choose from more than 160 undergraduate program options and 165 graduate program options in the liberal arts and sciences, education, health professions and human services, the Peter S. Kalikow School of Government, Public Policy and International Affairs, the Fred DeMatteis School of Engineering and Applied Science, the Frank G. Zarb School of Business, the Lawrence Herbert School of Com-

munication, the Maurice A. Deane School of Law, the Hofstra Northwell School of Graduate Nursing and Physician Assistant Studies and the Donald and Barbara Zucker School of Medicine at Hofstra/Northwell. Hofstra University is a dynamic community of more than 11,000 students from around the world who are dedicated to civic engagement, academic excellence and becoming leaders in their communities and their careers.

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MARK ON THE MARKETS

Any excuse



BY MARK PATTERSON
Contributing Writer

The equity markets had gotten ahead of themselves over the last couple of months. What I mean is that while the overall economy was still in good shape, the stock market was trading above its expected average growth. So, picture a left to right ascending line that represents the expected growth of the S and P 500 index that is the benchmark the stock market. The actual performance of the stock market had moved above that line significantly. But as we have

discussed here and, in my workshops, eventually all reverts to the mean or average. This latest market correction may overshoot the average to the downside, however, in time should come back to meet it. Market analyst have blamed the Corona virus, but I have also heard that the prospect of a Bernie Sanders democrat nomination is also affecting the markets, citing that United healthcare is down more than the S and P 500 index itself. Whatever reason or combination of reasons are responsible, the fact remains that we are due for a pull-back in the equity markets. Recently there have been indications that we were going to correct, such as negative convergence, bond yields at historic lows and the uncertainty of US elections thrown together for a good excuse for a correction.

If you have been positioned properly in the equity and debt markets,

using modern portfolio theory, that is using a combination of non to low correlated asset classes to build your portfolios, you need not make drastic changes to your investment mix. If you are in mutual funds from the same fund family or all in stocks, then you will feel some pain. If you don't need this money for 10 years or more, ride it out and make those changes in the future. If you are inside five years of retirement and stuck in limited choice 401ks or 403bs then I suggest you

consider in-service distribution, that allows you to move money from your plan (most plans allow after 59 and a half) to an IRA while still participating in your plan. Once these assets are in the IRA you should have far more options to structure your plan to work for you! If you are going to need this money for retirement income, then you can do this much more effectively in the IRA. Choices for growth will very likely be broader, cost efficient and more abundant than a typical plan with very

limited choices. 401k and 403b plans are good for early accumulation and hopefully some match from employer, but as we approach retirement, the in-service distribution option is, in my opinion, is the most powerful tool you must employ to grow and protect your retirement money. You should also be aware that the "annuity salesmen" are attempting to frighten investors into annuities. While there is a limited use for some annuities, they are not the answer for all your

money. A properly structured portfolio will offer more liquidity, growth and income potentially preserving the principal for your heirs. Annuities are insurance products sometimes mixed with mutual funds (variable annuities), that typically have very high fees. Do your research and vet your advisor.

Mark Patterson is a portfolio manager with MHP Asset Management and can be reached at 447-1979 or mark@mhp-asset.com

Leary field and forest conserved forever

FARMINGTON — Bob and Debbie Leary of Farmington have placed an additional 63 acres of the Leary Farm under conservation easement, expanding the area of their conserved forests and fields to a total of 140 acres. Local land trust Moose Mountains Regional Greenways (MMRG) collaborated with the landowners to complete the project and now holds the easement on the 63-acre portion. The project was completed with grants from the Agricultural Land Easements program of the NH Natural Resources Conservation Service (NRCS), the NH Land and Community Heritage Investment Program (LCHIP), the NH State Conservation Committee (Moose Plate), the Farmington Conservation Commission, the Leary family and private donors.

Bob Leary loves to tell the story of his family's farm and will pull out a map on which he has outlined the different parcels to illustrate its history. His grandfather initially acquired 100 acres for subsistence farming and sugaring in 1927. Bob's father, a dairy farmer by trade, purchased his father's farm and two adjoining farms with better fields for growing hay and corn to feed his cattle. As a teenager, Bob helped his father and older brother in the family dairy business when it was 'retailing 400 quarts per day', but left it behind to become a civil engineer. He and Debbie always loved to visit and



COURTESY PHOTO

BOB AND DEB LEARY are conserving more of their farm's land in Farmington.

they moved back in 2005, fulfilling their dream to build a retirement home on a high corner of the family land.

Although the dairy farm is no longer in operation, the Learys continue to maintain the agricultural value of their land through active management and soil improvement. On the map, Bob points to the hay fields that he has been stewarding for the last decade and a half, a long list of tasks that includes testing the soil, applying soil amendments to maintain soil health, cutting and baling hay, and fighting invasive species. "It's a job," he jokes, "that I didn't apply for." To do otherwise seems unthinkable to him, however.

er. He likes to quote Sue Knight of NRCS, who once told him, "One hundred years from now, people will need a place to grow food."

Debbie is equally attached to the land. She collects sap and manages the website for their 'Forty-to-One' maple sugar business (the name was her idea) and gets local kids to pull out the invasive milkweed. She loves to walk their land, enjoying the views and the plentiful wildlife. Four years ago, she had a memorable experience that she still loves to recount: a fisher streaked across her path, darted up a tree, and clung there looking at her and chittering. "I talked to him for 10 minutes, until I finally decided to keep walking," she says.

In addition to fisher, the Learys' woodlands support roaming bear, bobcat, and moose, all of which they have captured on camera. The fields provide important habitat for grassland-loving species, many of which have been declining in NH in recent years. Bob loves to watch a bird of prey called a Northern Harrier as it soars low over the field to hunt. MMRG's birdwatching group came to watch the breeding Bobolinks

that liven the hayfield in June with their unmistakable bubbly song and fluttering flight. The new conservation easement preserves these wildlife habitats, prime farmland soils, several historic sites, and public access to a couple of miles of woods roads for non-motorized, low-impact recreation and hunting.

Of primary importance to Bob is that the conservation easement preserves the land that his father and older brother cared for their whole lives. He explains, "Dad used to say he could stand it if this land grew up to bushes, but would hate to see it grow houses." Debbie adds, "[Bob's] mom was proud of what we were doing – working to preserve the land. And our son and daughter are absolutely supportive of it. They love to visit, to help with sugaring and go turkey hunting, which they will still be able to do." Underlying his loyalty to family and his conscientious reasons to conserve the property, Bob has an emotional connection to the land, revealed when he exclaims "I love this place. I always have," adding, "And I'll talk to anyone about it anytime."


Church hosting community dinner Sunday

ALTON — The Community Church of Alton is holding a free church supper immediately following its 10 a.m. service on Sunday, March 8. Please join in for the service and stay for fellowship and food. All are welcome to attend. The Community Church of Alton is located at 20 Church St., Alton. For more information, please call the church office at 875-5561.



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Wedding, engagement, and anniversary announcements are welcome at:
weddings@salmonpress.com

Photos are also welcome, but must be submitted in jpeg format.

Please contact Executive Editor
Brendan Berube at (603) 279-4516, ext. 101
with any questions regarding the submission process.

Church Service SCHEDULE

10 am Worship Service
Community Church of Alton
20 Church Street, Alton

ABUNDANT HARVEST FAMILY CHURCH
Sunday School for children up to age 12, service 10:30 a.m. Greater Wakefield Resource Center, 254 Main St., Union. Pastors Daniel and Sherrie Williams, 473-8914. For more information, please visit abundant-harvestnh.org or e-mail abjc@faith.com.

ALTON BAY CHRISTIAN CEFENCE CENTER
Sundays throughout the summer 10am-6pm; Tues-Thurs 9am; 875-6161.

BEFREE COMMUNITY CHURCH, ALTON
Alton-9:30 a.m. Sun. Meeting at Prospect Mountain High School. Pastor Sam Huggard, www.befreechurch.net.

CENTER BARNSTEAD CHRISTIAN CHURCH
Morning Service 10:00 am.
Adult and Teen Bible Study 11:15 am.
Sunday School for all ages 10:00 am.
Rte. 126 next to Town Hall.
Pastor Brian Goeer. 269-8831.

COMMUNITY CHURCH OF ALTON
Prayer Meeting 9:00 am Christian Education for all ages, nursery-adults, 9:00 am.
Rev. Dr. Samuel J. Hodo. 875-5561.
Sunday Worship Service 10:00am
Alton Bay Barnstead July 1-Sept 2
10:00am 20 Church Street

CONGREGATIONAL CHURCH OF NORTH BARNSTEAD UCC
Sun. School and Worship Services, 10:00AM, 504 N. Barnstead Rd., Pastor Nancy Talbot, 776-1820, ccnorthbarnstead.com

FIRST CONGREGATIONAL CHURCH UCC FARMINGTON
Worship Services 10:00 A.M.
Sunday School 10:15 AM
400 Main Street
Farmington, NH 03835
Pastor Kent Schneider 755-4816
www.farmingtonucc.org.

FIRST FREE WILL BAPTIST CHURCH
Sun. School 9-9:45am; Church 11am; Evening Service 6pm; Wed. Prayer Meeting 7pm. Depot St., New Durham; Pastor James Nason.

PARADE CONGREGATIONAL CHURCH OF BARNSTEAD, N.H.
on the Parade in Barnstead
Sunday Morning Worship Service for all ages begin at 10:00 a.m.
Prayer Meeting - April through November at 7:00 p.m. on Wednesday Evenings.
Pastor Sandy Pierson - 483-2846

ST. KATHARINE DREXEL
40 Hidden Springs Rd., Alton, 875-2548.
Father Robert F. Oke, Pastor.
Mass Saturday 4pm;
Sunday 8:30 & 10:30am;
Daily Mass Mon., Tues., Wed., Fri. 8:00am.

ST. STEPHEN'S EPISCOPAL CHURCH
Sunday 9:30, 50 Main St., Pittsfield
Rev. Miriam Acevedo, 435-7908
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UNITARIAN UNIVERSALIST SOCIETY OF LACONIA
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MAPLE STREET CHURCH
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NOTES FROM WINDY HOLLOW

Pausing while hosting overnight guests

BY VIVIAN LEE DION
Contributing Writer

Friends arrived on a Tuesday and left on Thursday, we had fun. I proudly showed them the master bedroom with clean sheets, quilts, and coverlet. The mir-

ror shined in the afternoon sun and not a speck of dust showed on the nightstands. That's when I realized my time, and energy in cleaning the house paid off. Debbie is a retired school paraprofession-

al, and talented Paul heads up his own construction company. We talked around the dining room table with hot coffee and glasses of cold soda, mostly Coca-Cola. Our conversation ran the gamut from family,

friends and medical issues. We grew up in the Eisenhower and Kennedy era and fondly remember the nickel candy bars, watching trains go by, and seeing big dump trucks filled with dark loam from pasture land sliced out of nearby fields. Progress is what our generation has seen with interstate highways, office buildings, and our housing development called Sherwood Forest, which had roads named Friar Tuck Lane, Glen Drive, and Robin Hood Drive. All names synonymous with the legendary Robin Hood.

Something happens when you entertain guests for three days straight especially after thoroughly cleaning the house. There is a big sigh of relief, and then there a gigantic feeling of being tired. So, an important thing to do is take a few minutes to press your pause button while overnight guests are visiting.

According to Houzz. com, there is a way to "take the pressure off." Having guests can feel like hard work. There's the cleaning before they arrive, the catering while they're with you and the sense of being "on" all the time and responsible for their happiness. So, build in a break for yourself and your family. Plan one evening where you eat out or order in – provide them with maps and a set of keys. While they're in the house, grab a few minutes for yourself by taking the dog out or going for a bath or a nap. This will break up the day and give you a chance to clear your mind."

Remember that peace of mind and self-care keeps you happy and healthy. But most of all it brightens your outlook, and helps keep your family on an even keel.

Before leaving, Debbie was nice enough to

strip the bed and put the sheets in the laundry basket. Then put the folded blanket, quilt, and coverlet on top of the bed. A few hours after they left, I did the laundry, and went into the bedroom to make the bed. I was pleasantly surprised to find a thank you card and an enclosed gift card of our favorite restaurant that was tucked between the blankets. I smiled and knew my busy days beforehand were worth it all. I value Debbie and Paul's friendship, and our past history together. I know their friendship will last for many years to come, and that "hospitality is simply an opportunity to show love and care."

Vivian Lee Dion of New Durham is a writer and speaker.

Team trivia tournament wraps up

WOLFEBORO — This year marked the 11th anniversary of the Team Trivia Tournament hosted by the Children's Center in Wolfeboro. The tournament runs for six Wednesdays in January and February and proceeds benefit The Center. Located at The Barn at The Inn on Main, this rustic location provides a perfect setting to beat those winter blues. With the fire blazing and string lights wrapping the overhead wooden beams, trivia opponents gather to mingle and begin the evening. The entry fee affords participants an entrance to the game and dinner. Hot soup and warm bread are paired with your favorite salad and freshly baked cookies and brownies are served for dessert. Bill Huffman is the quiz host and offers a variety of trivia questions to engage his audience and make the evening enjoyable. June Connors, Vice President of the Board of Directors, along with other volunteers make this event the success that it has been

for the past 11 years. This year the weekly trivia winners received a bottle of wine or a gift card to a local establishment per person. 2020 trivia winners included: Week 1 – Annie's Army, Week 2 – No Namés, Week 3 – Bicentennial Bobcats, Week 4 – Still Waters, Week 5 – Washashores, Week 6 – Not So New Newcomers. Also available for purchase at each trivia evening are tickets for a 50/50 raffle. And new this year was a six-week long raffle contest to win a beautiful cornhole game. Generously donated by Jake Dube with Headwall Construction, the boards retailed for \$265 at Live Love Lake in downtown Wolfeboro. In addition, Live Love Lake donated a \$35 gift certificate to their shop, which brought a total value of \$300 in winnings to the raffle contest. The winner of the cornhole drawing was Jane O'Brien. Six weeks of trivia winners. Six weeks of prizes. Six weeks of delicious dinners. Six weeks of friends and fun. Keep

this event in mind next winter. They would love to see you and a team of trivia buffs. The Children's Center has been serving the needs of children from ages six weeks to 12 years old since 1974. Its mission is to enhance the well-being of families and the community by meeting the needs of children through comprehensive, affordable, high quality child and family services, and to collaborate with other agencies serving these needs. By working to provide each child and every family with the resources they need to thrive, The Children's Center remains a pillar in the community for past, present, and future generations. To learn more about The Children's Center or how to support them in their pursuit to provide childcare services to the local community, visit The Center's web site at thechildrenscenternh.org or call the office at 569-1027.

NEW DURHAM

(continued from Page A1)

seats on the planning board, Jarvis and Stephanie Richard are on the ballot for two three-year seats on the zoning board, Ron Cook has signed up for a two-year seat as moderator, Freeman Goodrich is on the ballot for a three-year seat as cemetery trustee, Patrice Mitchell is on the ballot for two years as library trustee, Richard Leonard has signed up for a three-year term as library trustee and Paul Raslavicus has signed up for a one-year seat on the zoning board.

Articles two and three are zoning ordinances put forth by the New Durham Planning Board. The first one amends articles in the zoning ordinance to be consistent with updated land use sustainability map and the second one amends setbacks from water bodies.

Article four is the operating budget of \$3,210,062, recommended unanimously by both the board of selectmen and the budget committee.

Article five raises \$330,000 for the road program, with \$117,000 coming from the highway block grant aid, the rest from general taxation. The selectmen and budget committee both recommend the article unanimously.

Article six raises funds for public works capital reserve funds, including \$25,000 for highway equipment, \$75,000 for highway trucks, \$22,000 for vehicle and equipment maintenance, \$20,000 for solid waste equipment, \$40,000 for road reconstruction and \$15,000 for gravel. The selectmen and budget committee both recommend the article unanimously.

Article seven is for public safety capital reserve funds, with \$15,000 for police cruisers and \$3,000 for fire department ancillary equipment. The selectmen and budget committee both recommend the article unanimously.

Article eight raises \$20,000 for the water quality and milfoil treatment capital reserve fund, recommended unanimously by the selectmen and budget committee.

Article nine is to raise funds for facilities capital reserve funds, with \$5,000 for Smith Ballfield and equipment, \$20,000 for public safety facility and \$25,000 for 1772 Meetinghouse Restoration. The selectmen recommend the article but the budget committee does not.

Article 10 is for expendable trust funds, with \$25,000 for computer systems and office equipment, \$10,000 for

records management and \$20,000 for town buildings and improvements. Both the selectmen and budget committee recommend the article by unanimous votes.


Article 11 it to raise \$7,200 for contributions to health and other agencies, with the funds coming from the JC Shirley Timber Trust with no impact on the tax rate. The selectmen and budget committee both recommend the article unanimously.

Article 12 is to change the purpose of the existing gravel capital reserve fund for the exploration, mining and acquisition of gravel for use by the department of public works. A two-thirds vote is required, there is no tax impact and the selectmen recommend the article unanimously.

Article 13 is a petitioned warrant article to see if the town will adopt a conflict of interest ordinance.

New Durham voters will go to the polls on Tuesday, March 10, from 8 a.m. to 7 p.m. at New Durham Elementary School.

Sports Editor Joshua Spaulding can be reached at 279-4516, ext. 155 or josh@salmonpress.news.



High Time—Celtic Trio

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Brake for Moose.

It could save your life!

Just look down at your feet, please, and pause a moment for snow fleas



By JOHN HARRIGAN
COLUMNIST

This is the time of year when, whenever you go out, you can see snow fleas. Maybe.

Under certain conditions. On the snow. At certain times. In some places. “If you hold your mouth right,” as long-time canoe partner Earl Bunnell liked to say.

But here’s the biggest condition of all: You have to look down. Or, even better, back at your own footsteps. Now there’s a novel thought.

What is it about snow fleas that make some

people think, automatically, that it’s some kind of joke? They look at you twice, the double-take, then with a suspicious squint. “What, are you trying to put something over on me?”

That’s when I want to jump up and down, waving my arms criss-cross above my head in the old international sign of distress, and shout “For Pete’s sake, don’t you ever look down? Or even back at your own trail?”

Because the snow fleas are there for all to see, by the hundreds, no, thousands, no, hundreds of thousands, no, millions. Literally. They are the not-so-short-lived phenomenon of the north.

Near-neighbor, logger, master carpenter and fellow outdoor writer Gerry Allen is (fortunately for me) a kindred soul when it comes to

snow fleas. During a recent bloom of these little insects, he was out and about and I wasn’t, and he took a photo, which is hard to do. Mostly, the photos look like someone upended a pepper-shaker onto a blank sheet of paper.

So, Gerry sent me this picture of a whole bunch of snow fleas he noticed erupting all over the surface of the snow when he was out slogging around near his home the other day. It was a gorgeous, sunny, late-February afternoon, perfect for snow fleas.

Gerry’s photo looked just like (guess what?) someone took a giant pepper shaker and (but you know the rest).

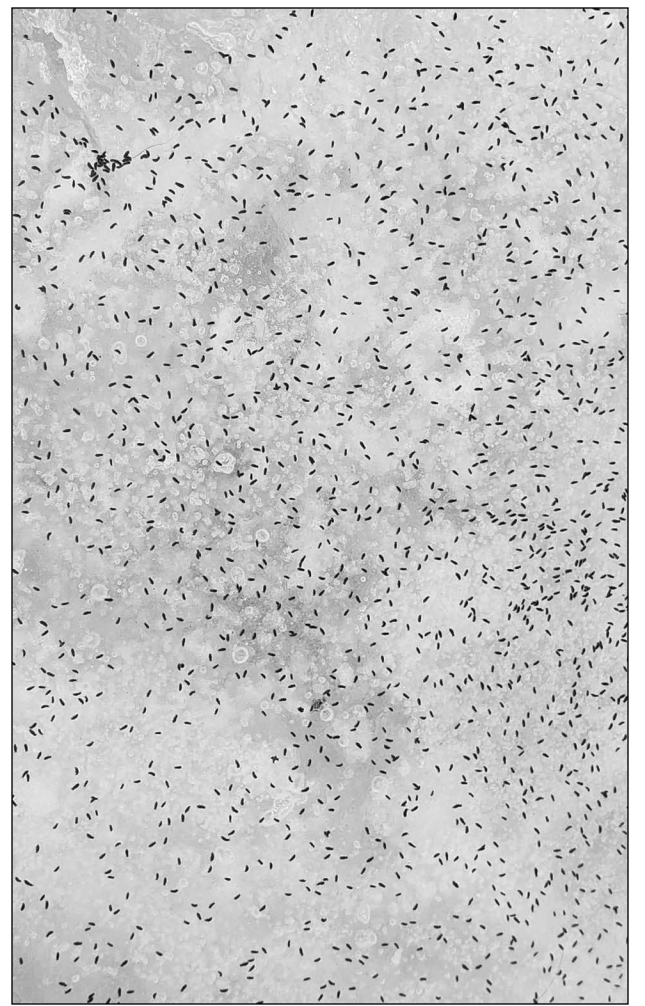
These tiny creatures are not fleas at all, but are members of the springtail family, and exist on the detritus (decaying vegetation)

on the forest floor (or in pastures and fields, just about anywhere there’s something to eat.

When they release their tails, which are normally carried tucked under the body, they catapult themselves for incredible distances. For us, it would be many times the world-record long-jump. Think Armstrong and Aldrin and Shepard and Co., bouncing around on the moon at 16.6 percent of earth’s gravity.

But the moon-shots cost billions. You can see snow fleas for nothing, all you have to do is get out there on a sunny day, make a footprint in the snow, and look down.

Please address mail, with phone numbers in case of questions, to camp-guyhooligan@gmail.com or 386 South Hill Road, Colebrook, NH 03576.



GERRY ALLEN – COURTESY PHOTO

ON A recent sunny day, Gerry Allen took one of the best photos of snow-fleas I’ve ever seen. But you know what? It still looks like someone just held a pepper shaker over a sheet of white paper.

Senior Tai Chi offered Wednesdays in Alton

ALTON — There is a great senior (50+) Tai Chi class offered by Marcia Wyman on Wednesday mornings from 9 to 10 a.m. This class is relaxing and rejuvenating, while at the same time improving your balance, strength and flexibility. Join your neighbors at the Pearson Community Center/Senior Center at 7 Pearson Road, Alton. There is a small fee per session.

Shaw inducted into Honor Society of Phi Kappa Phi

BATON ROUGE, La. — Bethany Shaw of Center Barnstead was recently initiated into The Honor Society of Phi Kappa Phi, the nation’s oldest and most selective all-discipline collegiate honor society. Shaw was initiated at Nova Southeastern University.

Shaw is among approximately 30,000 students, faculty, professional staff and alumni to be initiated into Phi Kappa Phi each year. Membership is by invitation only and requires nomination and approval by a chapter. Only the

top 10 percent of seniors and 7.5 percent of juniors are eligible for membership. Graduate students in the top 10 percent of the number of candidates for graduate degrees may also qualify, as do faculty, professional staff and alumni who have achieved scholarly distinction.

Phi Kappa Phi was founded in 1897 under the leadership of undergraduate student Marcus L. Urann, who had a desire to create a different kind of honor society: one that recognized excellence in all academ-

ic disciplines. Today, the society has chapters on more than 300 campuses in the United States and the Philippines. Its mission is “To recognize and promote academic excellence in all fields of higher education and to engage the community of scholars in service to others.”

Since its founding, more than 1.5 million members have been initiated into Phi Kappa Phi. Some of the organization’s notable members include former President Jimmy Carter, NASA astronaut Wendy

Lawrence, novelist John Grisham and YouTube co-founder Chad Hurley. Each year, Phi Kappa Phi awards nearly \$1 million to outstanding students and members through graduate and dissertation fellowships, undergraduate study abroad grants, funding for post-baccalaureate development, and grants for local, national and international literacy initiatives. For more information about Phi Kappa Phi, visit www.phikappaphi.org.

Barnstead

The Office of the Town Clerk/Tax Collector will be closed on Election Day-
March 10, 2020.

Please plan accordingly.

Alton Town Clerk/Tax Collectors Office Closed

Due to the Town/School Elections held at St. Katharine Drexel Church the Alton Town Clerk/Tax Collectors office will be closed on
Tuesday March 10, 2020.

Road Postings for the Town on Alton

Per order of the Selectmen, there is a **6 Ton Weight Limit on all roads** in the Town of Alton until further notice.

This is strictly enforced

ALTON CENTRAL SCHOOL

2020-2021 Opening Middle School Science Teacher

Science certified educators are encouraged to apply for the full time position of Middle School Science Teacher. The successful candidate will have a solid understanding of NGSS, be able to design engaging and meaningful lessons, generate an excitement for problem solving and the scientific process, and be professional, positive, and collaborative. Candidates must hold a current NH certification (1305); experience in the classroom is preferred. Please consider joining the professional staff of the 2019 NH Elementary School of the Year.

The Alton School District offers attractive wages and a full benefits package for the 185-day contract. Please send your letter of interest, resume, copies of transcripts, certification and three current letters of reference to <https://www.applitrack.com/altonk12/onlineapp/>.

Deadline for Applications: March 13, 2020



Town of New Durham Temporary Weight Limit Restrictions

Per RSA 231:19, beginning Monday, March 2, 2020, **ALL ROADS** will have temporary weight restrictions of SIX (6) tons until further notice.

With the following exceptions:

Contact Road Agent Don Vachon at 603-859-8000 for a written “Hardship Permit.” Truck drivers *must* have the *hardship permit* with them when traveling over weight-restricted roads. Per RSA 231:190-191, a person who violates a restriction may be brought to district court, and penalties and fines could be up to \$1,000.00 or a “conditional discharge” which could include restitution for the damages caused.

The need for restriction will depend on variables such as amount of snowfall, spring rain, actual day- and night-time temperatures, and drainage. There is no fixed date when the weight limit will be lifted.

Bull!

Animal rights activists say hunters threaten species. It's a lie. Thanks to wildlife management programs involving sportsmen, moose and other species are thriving.

Safari Club International Foundation
800-377-5399
www.SafariClubFoundation.org





COURTESY PHOTOS

Saying thanks

Anthony Cusson of Barnstead has been serving in Iraq for the last six months and recently shared this picture of his platoon with packages he received, which included a New Hampshire flag that he hung in his barracks. James Covalucci of Barnstead helped to organize and send the packages to Cusson and his fellow troops and the supplies were dispersed to Cusson's platoon as well as to the chaplain's office to help other soldiers on post.

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HANNAH CAPSALIS puts up a shot in action against Belmont last Wednesday night.



ELLA MISIASZEK looks to the basket in action against Belmont in the opening round of the Division III tournament.

Timber Wolves finish strong in playoff opener

PMHS hoop girls push past Belmont to advance to quarterfinals

BY JOSHUA SPAULDING
Sports Editor

ALTON — In a game that never really found its flow, the Prospect Mountain hoop girls were able to get in a groove late and held on for a 44-36 win over Belmont in the opening round of the Division III tournament on Wednesday, March 26.

The seventh-seeded Timber Wolves outscored the 10th-seeded Red Raiders 12-4 in the

final three minutes to secure the victory.

“Overall, it was a huge team effort,” said coach Rick Burley. “It was a great game for the young kids, we’re a young team.

“The experience they got tonight in playoff atmosphere is good, but we know it’s going to be even tougher at Fall Mountain,” the Timber Wolf coach added.

Belmont scored the first hoop of the game but Ava Misiaszek put



SOPHIA BEAN works hard in the paint in the second quarter in the tournament opener.

a free throw for the 12-6 lead. Belmont got the final basket of the quarter for the 12-8 score after one quarter.

Leavitt knocked down a free throw to start the second quarter but the frame was mostly Belmont. The Red Raiders answered the opening free throw with six points in a row on a three, a hoop and a free throw to take the 14-13 lead with 5:20 to go in the first half.

SEE GIRLS, PAGE B2

WHAT’S ON TAP

The regular season wraps up completely with a few more games and playoffs are in full swing.

The Kennett and Kingswood hoop boys will be meeting up in Wolfeboro at 6 p.m. today, March 5.

The Plymouth hoop boys will be hosting Laco-
nia today, March 5, in their final home game at 6 p.m.

The Division II boys’ basketball tournament begins on Monday, March 9, at the home of the higher seed at 7 p.m.

The Division III boys’ hoop tournament continues with quarterfinal action on Friday, March 6, at the home of the higher seed at 7 p.m. and the semifinals are Monday, March 9, at Keene State College at 6 and 8 p.m.

The Division II girls’ hoop tournament will have quarterfinal action on Friday, March 6, at the home of the higher seed at 7 p.m. and the semifinals are Wednesday, March 11, at 6 and 8 p.m. at a location to be determined.

The Division III girls’ finals are Saturday, March 7, at 4 p.m. at Keene State College.

The unified basketball tournament opens today, March 5 and continues on Monday, March 9, and Thursday, March 12, all at 5 p.m. at the home of the higher seed.

The Division II boys’ hockey tournament quarterfinals are Saturday, March 7, at the home of the higher seed at 4 p.m. and the semifinals are Wednesday, March 11, at the Everett Arena at 5:30 and 7:30 p.m.

The Division III hockey tournament starts on Saturday, March 7, at the home of the higher seed

SEE ON TAP, PAGE B3

PMHS sports awards March 12

ALTON — The Prospect Mountain winter sports awards will be held on Thursday, March 12, from 6 to 8 p.m. in the school auditorium.

PMHS seeking four coaches

ALTON — Prospect Mountain High School in Alton is searching for coaches for girls’ track, JV softball and JV baseball for the spring season and girls’ varsity soccer for the fall season. Anyone seeking more information can call Corey Roux at 875-3800.

Knights start fast, blitz Bobcats

BY JOSHUA SPAULDING

Sports Editor

PLYMOUTH — Kingswood boys' hoop coach Dan Place stresses making the first run of the game and the first run of the second half as a key to winning games.

On Tuesday, Feb. 25, the Knights started their game with Plymouth on a 12-0 run and then started the third quarter on another 12-0 run and cruised to a 65-36 win over the Bobcats.

"First run of the game and first run of the third quarter is a good way to win basketball games," said Place. "In that third, we came out and hit some shots.

"The game is easier when you hit shots," the Knight coach added.

"The biggest difference right now, we're getting the same shots as other teams, but they're making them and we're not," said Plymouth coach Mike Sullivan. "We're doing the right things to get ourselves in position.

"We have to put the time in so we have the ability to knock them down," the Bobcat coach noted.

The Knights got the first five baskets of the game covering more than the first half of the opening frame. Matt Place took the opening tipoff to the hoop for the first two points and then Pat Runnals hit a hoop and consecutive three-pointers to make it 10-0 before Carter Morrissey hit the fifth basket of the game for the 12-0 lead.

Griffin Charland got the first hoop of the game for the Bobcats with 3:25 to go in the quarter and then Quinn Twomey followed with a hoop.



JOSHUA SPAULDING

PLYMOUTH'S Brycen Richardson drives to the hoop as Kingswood's Carter Morrissey defends in action last Tuesday.

Brogan Shannon came back with a three-pointer and then finished off his own steal for Kingswood, stretching the lead to 17-4. Ben Cochrane drilled a hoop for the Knights before Samson DeRuvo worked inside for a basket for the Bobcats.

Morrissey converted a three-point play and Charland got the final basket of the quarter, with Kingswood up by the 22-8 score.

Cochrane opened the second quarter by draining a three-pointer but Plymouth's Jake Crowley answered with a hoop. Shannon drained two free throws and Plymouth's Kolby Cross got a free throw at the other end.

Ethan Arnold hit a hoop for the Knights

and Trevor Arnold followed with a free throw. Shannon then finished off a Place steal and Place himself drilled a three-pointer.

Shannon finished off his own steal for two before Cross closed out the first half with two free throws to make it 37-13 at the halftime break.

Out of the gate in the third quarter, Kingswood hit five hoops in a row along with a free throw for 12 points in a row. Place started things with a three-pointer and Ethan Arnold and Morrissey followed with baskets. After a Runnals free throw, Shannon hit a hoop and then made a great feed to Ethan Arnold for a 49-13 lead for the Knights.

Charland drained a three-pointer to get the



JOSHUA SPAULDING

BEN COCHRANE launches a shot during his team's game in Plymouth last week.

Bobcats on the board but Josh Finneron answered for the Knights with a three-point play.

A Brycen Richardson free throw started a 6-0 run for the Bobcats, with Charland following with a three-pointer and a field goal. Shannon answered at the other end with a three-pointer and Henry Saunders put back a rebound for the Knights.

Cross hit a hoop for the Bobcats and a Mamush Tighe three-pointer at the buzzer cut the lead to 57-27 heading to the final quarter.

Crowley hit a free throw to start the fourth quarter before Trevor Arnold drained a hoop for the Knights. Kyle Joyce sank a three-pointer for the Bobcats before Finneron hit a free throw for the Knights.

Camden Orzechowski hit a hoop and a three-pointer for the Knights to stretch the lead to 65-31 before the Bobcats got the final five points, with Joyce draining a three-pointer and Tighe hitting two free

throws for the 65-36 final.

"If they hit a couple of shots, it's a totally different ballgame," said Place. "You get a little confidence once the ball goes in.

"When the ball goes in the hole, the rim gets a little bit bigger," Place continued. "And then the defense gets a little better."

Place noted that his team hadn't played a game in eight days, so he was pleased with how they showed up.

"We were ready to play a basketball game," the Knight coach said. "We were sick of each other in practice."

The Knights were able to use the entire bench, getting scoring from 10 different players and Place was pleased with how everyone handled themselves.

"Anthony (Cardamone) and Trevor (Arnold), the seniors, they played the game the right way," Place said, noting that when you don't play tons of minutes it can be easy to get too amped up. "They did

the little things and I was glad to see that."

"At halftime we said it was time to perform," Sullivan said. "We're playing hard and executing well but you have to perform and we didn't tonight.

"Give Kingswood credit, they sat back in the zone and that hurt us," the Bobcat coach continued. "We had too many turnovers.

"And it kind of snowballs from there," Sullivan said. "You just have to get yourself out of it."

Sullivan noted that the young kids did a nice job coming off the bench with some quality minutes after getting a hard-fought win in the JV game.

"We want them to be comfortable out there," Sullivan said of the younger kids.

The Knights were led by Shannon's 16 points while Charland's 12 points led the way for the hosts.

Both teams will be wrapping up the regular season today, March 5, with Kingswood hosting Kennett and Plymouth hosting Laconia, both at 6 p.m.

The Division II tournament starts on Monday, March 9, at the home of the higher seed.

KRHS 22-15-20-8-65
PRHS 8-5-14-9-36

Kingswood 65

E. Arnold 3-0-6, Runnals 3-1-9, Place 3-0-8, Saunders 1-0-2, Shannon 6-2-16, Finneron 1-2-4, Morrissey 3-1-7, T. Arnold 1-1-3, Cochrane 2-0-5, Orzechowski 2-0-5, Totals 25-7-65

Plymouth 36

Twomey 1-0-2, Cross 1-3-5, Richardson 0-1-1, Tighe 1-2-5, Deruvo 1-0-2, Joyce 2-0-6, Crowley 1-1-3, Charland 5-0-12, Totals 12-7-36

Sports Editor Joshua Spaulding can be reached at 279-4516, ext. 155 or josh@salmonpress.news.

Back Bay Hockey tryouts this week

WOLFEBORO — Back Bay Youth Hockey tryout dates for the 2020-2021 season have been announced.

Mite and mini mite evaluations are being held on March 7 at 9:10 a.m. This is for birth years 2012-2015.

Tier II tryouts

will be March 9, with squirts (birth years 2010-2011) at 5 p.m. and peewee (birth years 2008-2009) at 6:15 p.m.

Girls' 10U (birth years 2010-2011) and 12U (2008-2009) tryouts will be March 9 at 7:30 p.m.

Tier III and IV tryouts

will be March 10 and 11. Squirts (birth year 2010-2011) will be at 5 p.m., peewees (birth years 2008-2009) will be at 6:15 p.m. and bantams (birth years 2006-2007) will be at 7:30 p.m.

Visit backbayhockey.com to preregister.

Bruins alumni game to benefit Kingswood hockey

WOLFEBORO — The Kingswood hockey teams will be hosting the Boston Bruins alumni for a game on Saturday, March 14, at 1 p.m. at the Pop Whalen Arena.

The game will serve

as a fundraiser for the Kingswood hockey teams.

Bruins alumni will take on friends of Kingswood hockey in the game, with ticket sales and program ad sales go-

ing to benefit the Kingswood hockey program.

Anyone interested in purchasing tickets can see any member of the girls' hockey team or contact coach Peter Kelly at 833-1483.



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pushed Prospect's lead to six but Belmont came back and scored the next six points on a three-point play, a hoop and a free throw to make it 30-30 with 3:50 to go in the game.

Capsalis drained a basket 15 seconds later to give the Timber Wolves the lead but Belmont answered with a basket to tie the score at 32 with three minutes to go.

From there, the Timber Wolves got everything together, even after Leavitt, their most experienced post player, had fouled out.

Kelley put Prospect into the lead with a hoop and then Bean put back a rebound and Racine hit a hoop for a 38-32 lead. Belmont hit a free throw with less than two minutes to go but Capsalis drained a trio of free throws, the third coming with 46 seconds to go for the 41-33 lead.

Belmont hit another hoop, but Capsalis hit another free throw with 17 seconds to go and then Bean put in a rebound for the 44-36 lead. Belmont added the final point on a free throw.

Capsalis finished with 11 points to lead the Timber Wolves, nine of those coming from the free throw line.

"Sophia and Michaela both stepped up," said

Burley. "And Ella hit a big three, so all three of the freshmen stepped up.

"I couldn't be more proud of the way they stepped up," the Timber Wolf coach continued. "Hannah Capsalis was clutch, hitting the free throws and making stuff happen in an ugly game.

"Kassidy had a couple of big steals at the end," Burley added.

With the win, the Timber Wolves moved on to play the second-seeded Fall Mountain Wildcats on Saturday in the Division III quarterfinals.

The Timber Wolves dropped a 62-43 decision to the Wildcats in the quarterfinals.

PMHS 12-3-8-21-44
BHS 8-11-4-13-36

Prospect Mountain 44

Capsalis 1-9-11, E. Misiaszek 2-2-7, Racine 2-0-4, Leavitt 1-3-5, Kelley 1-2-4, A. Misiaszek 1-1-3, Bean 4-0-8, Vernazzaro 1-0-2, Totals 13-17-44

Belmont 36

Perkins 3-3-10, Fleming 1-2-4, Hall 2-0-4, Sotak 1-0-2, Burke 5-4-14, Rodrigues 1-0-2, Totals 13-9-36

Sports Editor Joshua Spaulding can be reached at 279-4516, ext. 155 or josh@salmonpress.news.



JOSHUA SPAULDING
SENIORS GRACE SAUNDERS (left) and Rachel Bonneau were honored prior to their final home game on Friday. Fellow senior Annalise Cataldo was unable to make the game.



JOSHUA SPAULDING
ALLIE DREW brings the ball up the court in action on Friday night.

Kingswood basketball girls wrap up the season

BY JOSHUA SPAULDING
Sports Editor

WOLFEBORO — The Kingswood hoop girls had a tough task in the final game of the regular season on Friday, Feb. 28.

With 13-4 John Stark in town, the Knights, who were coming off their third win of the season just a few days earlier, the Knights found themselves down early and were never able to climb back in, dropping a 52-26 decision to the Generals.

“We’ve struggled all year putting the ball through the hoop,” said coach Marty Garabedian. “Our defense has been better and was tonight at times.

“The second half of the season was much

better,” the Knight coach added.

The Generals hit the first five points of the game with two free throws and a three-pointer before Rachel Bonneau hit a hoop to give Kingswood its first points of the game. The visitors followed with three consecutive baskets, the second resulting in General senior Chelsea Woodsum reaching her 1,000th career point.

Bonneau hit a free throw for Kingswood and John Stark followed with the next six points to stretch the lead to 17-3. Grace Saunders hit a couple from the line to make it 17-5 after one quarter of play.

The Generals scored

the first 10 points of the second quarter to stretch the lead to 27-5 on a three-pointer, two hoops and three free throws.

Bonneau got Kingswood’s only points of the quarter in the final minute and the visitors hit a three-pointer at the buzzer to take a 30-7 lead to the half-time break.

The Knights scored the first four points of the second half. Saunders finished off her own steal for the first basket and Allie Drew followed by putting back a rebound for the second hoop. After two hoops for the Generals, Saunders hit another free throw for the Knights.

John Stark came

back with a three-point play and three more free throws to push the lead to 40-12 before Bonneau hit a free throw to close out the quarter with a 40-13 score.

Bonneau had a very strong final quarter for the Knights and started with a hoop. After a John Stark three, Bonneau connected on a three-point play. John Stark hit four free throws in a row and Bonneau answered with another hoop to make it 47-20.

After a General three-pointer pushed the lead to 50, Ana Ekstrom hit a hoop and Bonneau added another basket. John Stark’s final two points came from the free throw

line and Ekstrom added the final basket of the game for the 52-26 final score.

Bonneau finished with 15 points to lead the way for the Knights.

“They could’ve thrown in the towel but they didn’t, they continued to fight hard,” Garabedian said. “That was a good team we were up against.

“The girls have had a good attitude the last several weeks, I couldn’t ask for anything more,” the Knight coach said. “Hopefully the girls returning work hard in the offseason, that’s what it takes for us to get better.”

Garabedian praised his seniors, Saunders,

Bonneau and Annalise Cataldo for their hard work throughout the last few years.

KRHS 5-2-6-13-26
JSRHS 17-13-10-12-52

Kingswood 26
Ekstrom 2-0-4, Drew 1-0-2, Bonneau 6-3-15, Saunders 1-3-5, Totals 10-6-26

John Stark 52
Stogner 2-0-4, Stenger 3-2-9, Woodsum 6-3-19, Sevigny 1-0-3, Johnson 3-0-6, Mefford 0-2-2, Michaud 0-2-2, Patnaude 1-4-6, Totals 16-13-52

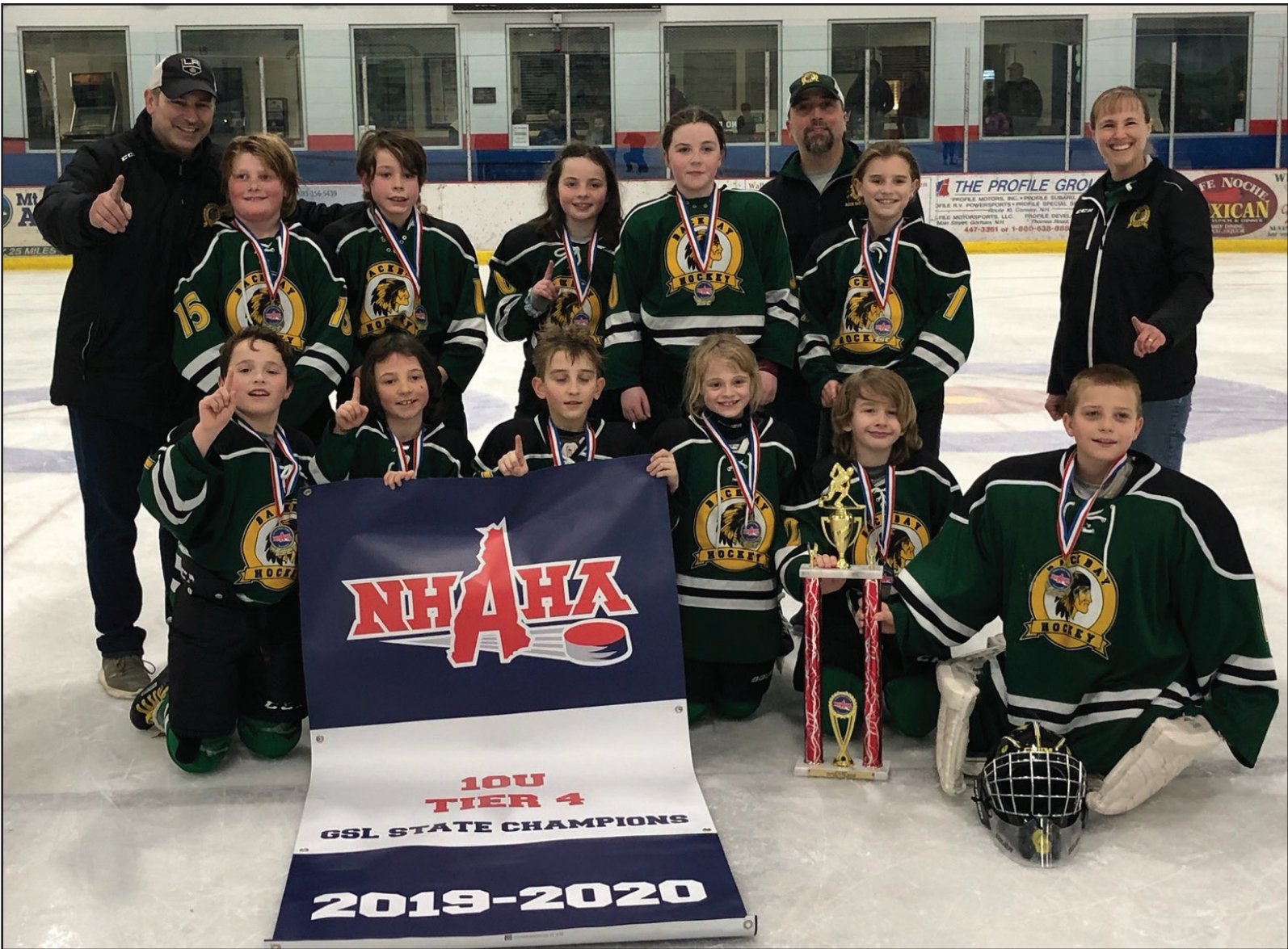
Sports Editor Joshua Spaulding can be reached at 279-4516, ext. 155 or josh@salmonpress.news.

Back Bay Squirts take state title

CONWAY — The Back Bay Indians Squirt 1 team entered the NHAHA Granite State League’s playoff round with an undefeated record of 13 -0-3. The Indians won their first two round robin games against two very tough opponents, Plymouth and Keene. The semifinal game was a tough fight against a skilled Rochester team, however the Indians prevailed again, advancing to the state championship game on Sunday, Feb. 23.

The rematch against Plymouth was a very hard battle during the first two periods. Back Bay’s Liza Demain scored first and the period ended with a Back Bay 1-0 lead. The second period started quickly with a second goal by Demain and Plymouth’s Audra Custance answering with their own goal one minute later. The Indians quickly scored two more unanswered goals by Mylles O’Keefe, ending the second period with a 4-1 lead.

The third period ended with three goals by Chloe McClain, one by Reid Swinerton and one by O’Keefe. Custance



COURTESY PHOTO
THE BACK BAY Squirts 1 finished as the state champions in the Granite State League.

scored late for Plymouth bringing the final score of the game to the Back Bay Indians 9, Plymouth 2.

The Indians end their Granite State League as state champions with a final record of 17-0-3.

“I am so proud of the way the team played and the level of development each player achieved throughout the season.

Every player knew their role, played a two-way game and brought a new level of competition to their game,” said coach John Sikich. “The Backbay Hockey

Association has devoted so much time and effort to changing the way the program develops their players and has shown that they can provide a program where focus is on skill development at a reasonable cost. I can’t thank the organization enough for providing the amount of practice time needed to

be successful. The Back Bay Indians Squirt 1 team will continue their season by playing the Seacoast Hockey League’s Playoff rounds this coming weekend in Rochester. We look forward to some very tough competition and hope we can continue our success.”

Kingswood Cal Ripken League registration is open

WOLFEBORO — Registration for the 2020 baseball and softball seasons of the Kingswood Cal Ripken Baseball League (KCRBL) is now open, including the return of Babe Ruth 13-15.

Baseball registration is for Majors (ages 11-12) and Minors (ages 9-10), and Rookie (ages 7-8) and

T-Ball (ages 4-6).

All levels of softball (8u, 10u, 12u) are also available for registration.

The league is also re-introducing Junior Babe Ruth baseball, for ages 13 to 15, and the fee covers state tournament (July 10-19) fees, uniforms, umpire fees, insurance, equipment and more.

The league accepts all major credit cards for payment through its online registration system at www.kcrbl.com.

Deadlines to register are softball on March 29, Majors/Minors/Rookie on March 21, T-Ball on April 12 and Babe Ruth 13-15 on April 5.

Financial assistance

is available through the Youth Assistance Scholarship Program. Visit <http://thenick.org/yap/> for the application and more information.

Keep visiting the league web site and Facebook page to get the latest news and information, from evaluations to opening day and more.

ON TAP

CONTINUED FROM PAGE B1

at 4 p.m. and the semifinals are Wednesday, March 11, at Plymouth State University at 5:30 and 7:30 p.m.

The girls’ hockey tournament quarterfinals are Friday, March 6, at 4 p.m. at the home of the higher seed, with the semifinals on Tuesday, March 10, at Everett Arena in Concord at 5:30 and 7:30 p.m.



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Town of Gilford

Parks and Recreation Summer Staff

The Gilford Parks and Recreation Department is currently accepting applications for seasonal Lifeguards (American Red Cross Waterfront Lifeguard Certification Required, WSI preferred, but not mandatory) (pay range \$11.50-\$14.00) and Gatekeepers (pay range \$9.25-\$10.75) for summer employment at the Gilford Town Beach. The beach is open mid-June through the end of August. Call the Gilford Parks and Recreation Dept. at 527-4722 for an application. Positions will remain open until qualified applicants are found. EOE

PLACE YOUR AD, Get Read, GET RESULTS!



Help Wanted

Town of Gilford

P/T Recreation Program Assistant

The Gilford Parks and Recreation Department is looking for a year round, part-time (averaging 18-20 h/p/w) Recreation Program Assistant. Position requires some evening and weekend work. Position will assist with the creation, implementation and supervision of recreation programs as well as supervise department facilities and volunteers. Qualified applicant should be energetic, have a positive attitude and a good working knowledge of athletics, recreational activities and facilities. The successful candidate will be required to pass a criminal background check. Starting pay rate of \$12.26-\$13.65 per hour.

Please send resume and cover letter to Gilford Parks and Recreation, 47 Cherry Valley Road, Gilford, NH 03249, or call 527-4722 for an application. Deadline to apply is April 6, 2020. EOE.



MENTAL HEALTH CLINICIAN

Northern Human Services -White
Mountain Mental Health

Come join our talented team at Northern Human Services in lovely Littleton, NH where you can have a direct and positive impact on people's lives. We offer a great work environment, supportive staff, competitive wages, mileage reimbursement and a generous benefits package.

FULL-TIME MENTAL HEALTH CLINICIAN specializing in CHILDREN and/or ADULTS -

Are you a LICENSED CLINICIAN or a GRADUATE OF A MASTERS program leading to licensure? Do you have excellent interpersonal, organizational, and clinical writing skills? Recent graduates encouraged to apply. Supervision is offered to candidates pursuing licensure for LCMHC, LICSW or LADC/MLADC. Dually licensed candidates (LCMHC/LDAC) will find a setting that values both specialties.

Entry Salary \$48,000-\$55,000, depending on
licensure status and experience.

****White Mountain Mental Health is an approved
National Health Service Corps site.
Licensed Clinicians may apply for
generous loan repayment. ****

All positions at NHS require a valid driver's license, proof of adequate auto insurance, and the completion of criminal and background checks. This agency is an Equal Opportunity Employer, and Provider. We look forward to meeting you!

Please send your application to:

Northern Human Services
Attention; Bobbi Lyndes-Langtange, Office Manager
blyndes@northernhs.org
www.northernhs.org

*Northern Human Services is an Equal Opportunity
Provider and Employer.*

BELMONT MIDDLE SCHOOL COACHING POSITIONS

Belmont Middle School has Baseball and Softball Coaching Positions available for the 2019-2020 School Year. Past playing and/or coaching experience preferred. Interested candidates should send a cover letter and resume to Cayman Belyea, Athletic Director, at cbelyea@sau80.org, or mail to Belmont High School, 255 Seavey Road, Belmont, NH 03220. Successful completion, with satisfactory results, of a post-offer, pre-employment physical and criminal background check, including fingerprinting, is required.



COURTESY PHOTO

All-American

Brewster’s Terrence Clarke received his McDonald’s All-American jersey prior to Brewster’s home game on Friday night at the Smith Center. The Bobcats finished their regular season with an 85-65 win at Vermont Academy on Saturday and started the NEPSAC tournament after deadline Wednesday.

Flag football information/demonstration session at Kingswood Saturday

WOLFEBORO — NFL Flag Football is coming to Kingswood. Not sure if flag football is the sport for you? The Lakes Region Flag Football League – Kingswood invites you to come out and try flag football for yourself. A parent information/demonstration session will be held be at the Kingswood Regional High School gymnasium on Saturday, March 7, between 12 and 3 p.m. See how exciting, fun, active and safe this sport is. There is no commitment and there is no cost to participate. Come when you can, leave when you need to. Lakes Region Flag Football League – Kingswood is open to all boys and girls in the Kingswood area between the ages of four and 14, with

five age divisions: ages 6U, 8U, 10U, 12U and 14U. All age divisions are co-ed teams. The LRFFL adheres to the rules set forth by NFL Flag Football, and can be a great introduction to football. The league offers a five-on-five non-contact flag football league and player instructions. Team size of 8-9 players means all play. NFL Flag Football offers great fun and teamwork and all players on offense have the opportunity to touch the ball on any given play. It is the league’s goal to offer the children in and around the Kingswood area with an opportunity to participate in this fun, affordable and instructional youth sports program. The league emphasizes positive coaching and works to foster an environment where all children are given the opportunity to succeed. Register online at lrf-fl.com

The fee covers all expenses for the season and players receive an NFL Flag team jersey and set of NFL Flag belts to keep. For more information, e-mail lrffl@metro-cast.net and follow the league on Facebook at Lakes-Region-Flag-Football-Kingswood.

A long strange trip leads across the pond

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I graduated from the University of New Hampshire in May of 1998. I had played four years in the marching band, pep band and the symphonic band, as well as a few years in jazz band. While I was not a music major, I spent a lot of time in the Paul Creative Arts Center. The next fall, I got a job working at a nursing home in Concord and went back to the dining hall at UNH where I had worked during college

SPORTING CHANCE

By JOSHUA SPAULDING

on a part-time basis. One night, the lights were on at the marching band practice field, so I stopped by to see some old friends. As it turned out, the entire trumpet section was new and a few friends told the new director I was there and before long, I was back in the UNH uniform for a fifth year. I came back for one more year after that before my work schedule kept me from staying with it any longer. However, I did do pep band for a few more years, attending a number of hockey games, including the Frozen Four in Anaheim, Calif. in 1999. In 2001, the band planned a trip to Europe and since I was still part of the pep band, the director asked if I was interested in making the trip with the band and I spent a week or so in Italy, Monaco and France, playing in a parade in Cannes and at the prince’s palace in Monaco on New Year’s Day 2002. I had an absolute blast and was glad I took the opportunity to travel with the band. Last year, the new marching band director, who entered UNH as a freshman when I was a senior, announced that in honor of the band’s 100th anniversary, they were heading to Ireland to march in the St. Patrick’s Day parade and she opened up the trip to any alumni who wanted to go. I figured this was a good chance to see a place I had never seen before and signed myself up. After getting the money all lined up, the next part was getting ready for the trip by learning music and getting in some marching practice. For those that don’t know, I play my trumpet once a week during the summer months in the Cate Park Band, but other than that, I usually don’t play and aside from walking in the Wolfeboro

Fourth of July parade, I certainly don’t march anymore. The first rehearsal was just music and that was not too bad, but the second rehearsal involved both marching and playing, outside at the Whittemore Center. I survived the first day and even went back the next night for a third rehearsal, this time inside the Lundholm Gym. We leave for Ireland in just over a week and I am sure that when all is said and done, I will survive the parade intact. At least that’s the hope. Finally, have a great day, Dan and Lynette Place. Joshua Spaulding is the Sports Editor for the Granite State News, Carroll County Independent, Meredith News, Gilford Steamer, Winnisquam Echo, Plymouth Record-Enterprise, Littleton Courier, Newfound Land-ing, Coos County Democrat, Berlin Reporter and The Baysider. He can be reached at josh@salmonpress.news at 279-4516, or PO Box 729, Meredith, NH 03253.

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Save the Date!

March 28th from 10am-2pm

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